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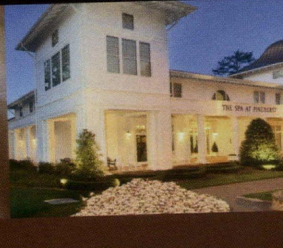
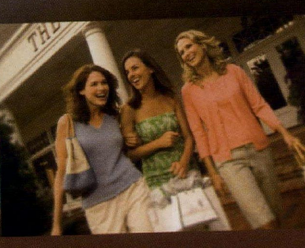
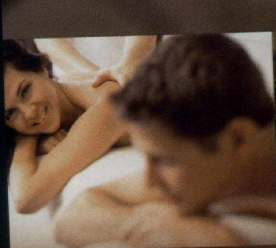
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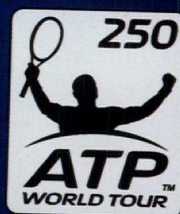
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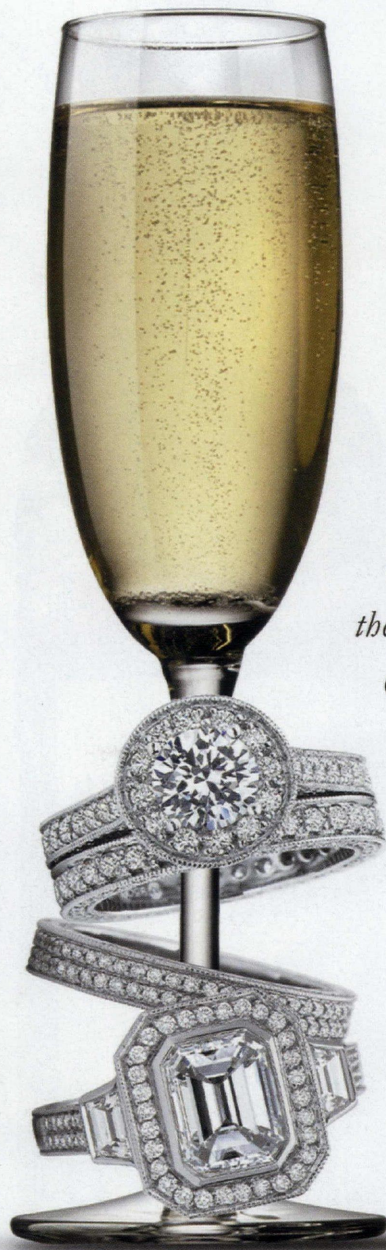
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# THE 8TH RALEIGH SPY CONFERENCE

August 22-24, 2012

North Carolina Museum of History

## DRAMATIC REVELATIONS:

**Castro, J. Edgar Hoover, Deep Throat, CIA Secrets from the Deep and the New Profile of Today's Terrorist**

### SPEAKER LINE-UP:

**Brian Latell**, Keynote Speaker: the CIA Cuba expert says Fidel Castro is the world's greatest spymaster, citing newly declassified information in his new book *Castro's Secrets: The CIA and Cuba's Intelligence Machine*

**John Fox**, FBI Historian to discuss the real J. Edgar Hoover

**Max Holland**, editor of Washington Decoded and author of *Leak: Why Mark Felt Became Deep Throat* reveals the real story

**David Waltrop**, a CIA officer currently serving as a Program Manager in the Agency's Historical Collections Division uncovers CIA secrets deep below the sea

**Albert Grajales**, INTERPOL Director of Public Relations and Assistant Coordinator of anti-Terrorism, Government of Puerto Rico presents the changing profile of the modern terrorist

CIA officials representing the Historical Collections Division of the Office of Information Management on the Agency's program to communicate recently declassified information on key Cold War events and personalities

The Raleigh Spy Conference is known worldwide for its mission to bring to the public new information gleaned from the high volume of declassified information made available since the end of the Cold War.

For more information, go to [www.raleighspyconference.com](http://www.raleighspyconference.com) or call Carlie Sorosiak at *Metro Magazine*: 919-831-0999 or email [carlie@metromagazine.net](mailto:carlie@metromagazine.net).

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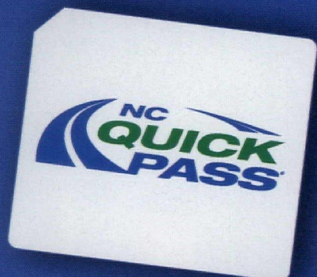
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The Raleigh Spy Conference is sponsored and presented by Bernie Reeves, editor and publisher of *Raleigh Metro Magazine* ([www.metronc.com](http://www.metronc.com)).



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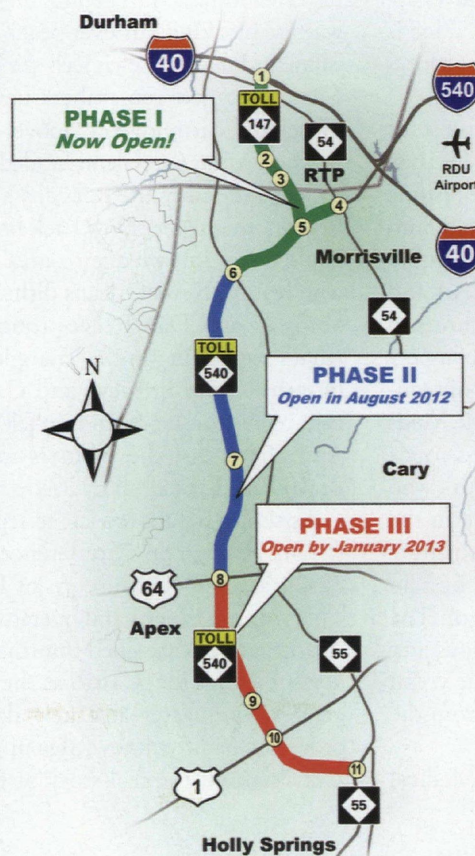


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JACOB REINWAND

**Matsumoto Prize Winner:** The Althea Way House, Wilmington, NC; Designer: Scott Ogden, B+O Studio; Builder: ILM Design Build

## 'PRECIMATE IT

**M**uch has been written on the life of Andy Griffith since he died in July. But the profile by Jim Hughes in this issue captures the soul and essence of the sheriff of Mayberry set at the moment he delivered the University Day Address at UNC in 1978. This is vintage Andy, and includes anecdotes never published before.

Diane Lea has an amazing sense of what's going on in architecture. This issue she explores the conversion of the historic Chancellor's Residence at NC State into the new home for the school's highly respected S. Gregg Museum of Art and Design. And George Smart continues to be the catalyst for recognizing the importance of the region as a repository of modernist houses. His website Triangle Modernist Houses joined with noted modernist architect George Matsumoto - who created well known houses here in the Triangle in the 1950s and 60s - to create a competition to identify the best in today's modern residential design. The awards were decided by a prestigious jury and the public picked their favorite via an online poll. Judge for yourself from the spread in this issue.

It's time for *Metro's* popular Medical

Quarterly, this time with a new name. Medical Rx presents news you need to know about medical breakthroughs, new treatments and the latest from area hospitals and practices. And enjoy our featured columnists: Jim Leutze foresees class warfare breaking out over beach renourishment, Louis St. Lewis feels the heat and Carroll Leggett remembers newspaper owner and curmudgeon Hoover Adams.

Food editor CC Glenn headed to New Orleans to study the port city's famous gastronomic scene. Now back home, she applied her knowledge to area eateries who feature New Orleans dishes. Carlie Sorosiak and Dan Reeves rounded up what's happening in the Triangle in this month's *Metro* Preview, and Catherine Fain reports on new trends in fall fashion. And check out the winners in *Metro* Bravo Part 2 voted on by *Metro* readers.

Sssshhh - It's not too late to register for the 8th Raleigh Spy Conference August 22-24 at the NC Museum of History. This year top experts and operatives present the latest declassified information on key subjects: Fidel Castro as the world's greatest spymaster and new data that proves he had foreknowledge of the JFK assassination; the real story of J. Edgar

Hoover and his role as the nation's domestic security chief; why Mark Felt became Deep Throat and played a key role in bringing down a sitting US president; the amazing story of how the CIA scooped up a satellite from 12,000 feet beneath the sea in an operation so secret it can only be revealed 40 years afterwards; and an issue that affects us every day - the changing profile of the modern terrorist.

There is much more. The CIA's Historic Collections Division returns and will hand out handsome booklets on key Cold War secrets. And, in a rare appearance outside CIA headquarters, the CIA store - a favorite destination limited to Agency employees and VIP guests - will offer a wide selection of gifts and special items, many emblazoned with the logos of America's spy agencies, to registered attendees of the Raleigh Spy Conference.

Go to [www.raleighspyconference.com](http://www.raleighspyconference.com) to learn more and to register - or call Carlie Sorosiak at *Metro*: 919-831-0999.

*RB Reem III*





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# Correspondence

## Y2K PROBLEM WAS REAL

I always enjoy your magazine and the highlight is Bernie's rants on the back page. I find that I usually agree with him, but not the My Usual Charming Self column in the July 2012 issue (The Seas Are Rising, The Seas Are Rising).

Please do not lump the Y2K prediction about major programming problems on computers when the century changed with the others. This was a very real problem that could have caused major disasters.

There were a lot of programs written in the latter half of the 20th century that ignored the "19" of the date because storage was expensive and nothing was saved

that wasn't absolutely required. The date was always assumed to start with "19". I know because I was writing code in those days, and I wrote many programs that would have failed on 1/1/2000 if someone hadn't fixed them.

The reason that Y2K was a non-event was the early predictions of disaster that spurred computer pros to make the necessary changes in time. Their skill allowed for the smooth transition we experienced.

I certainly agree with Bernie's other examples of bad predicting.

**Bob Warner,**  
Cary, NC

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Mailing Address:

PO Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC

Subscriptions: \$18 one year

Published twelve times a year

Audit applications submitted

## ARTICLE REPRINTS AVAILABLE

Contact Glenn Benton at

Quick Color Solutions, Inc., 919-868-8742.

©2012 Metro Magazine, LLC

ISSN 1529-4404

Postmaster send address changes to:

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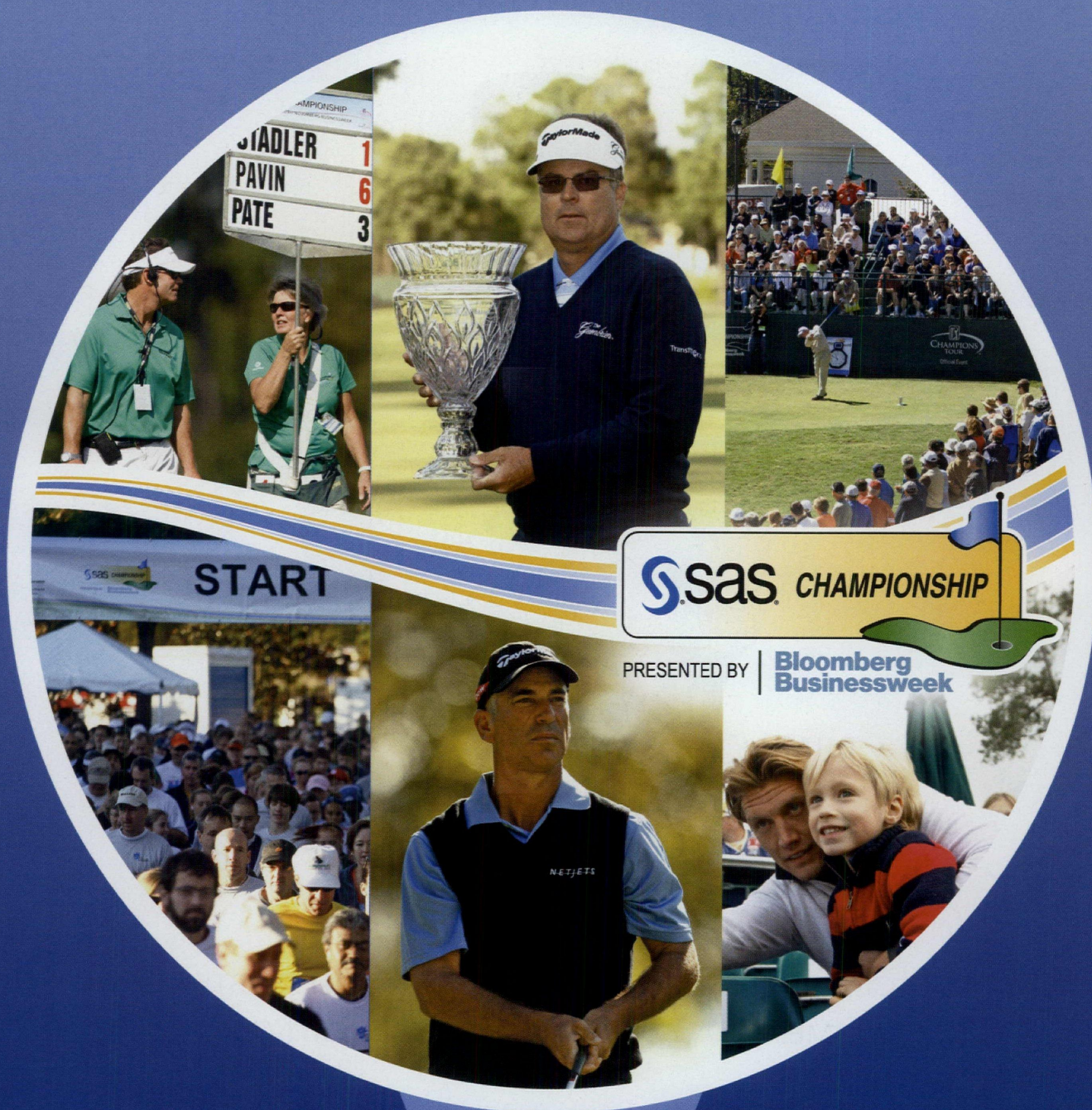
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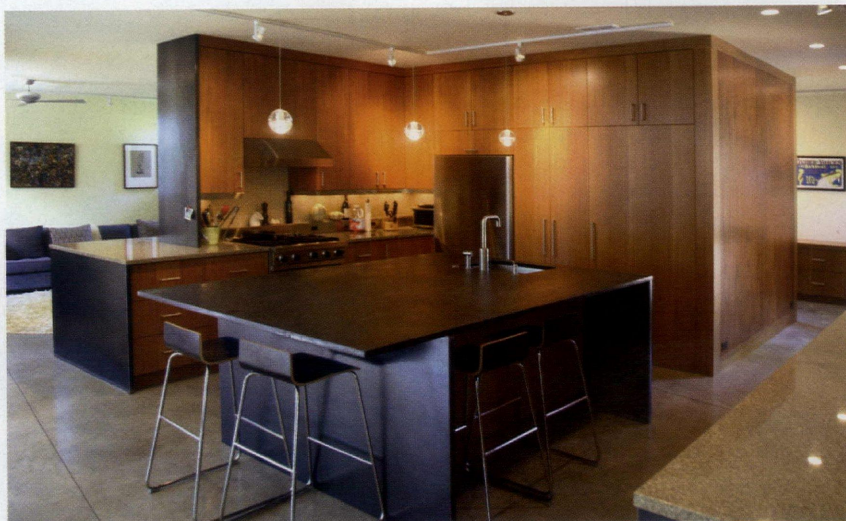
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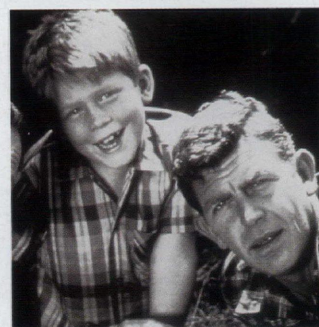
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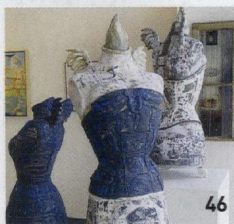


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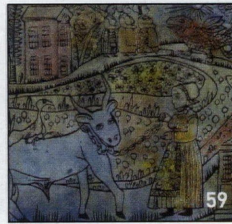
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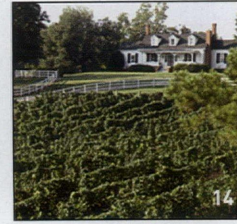
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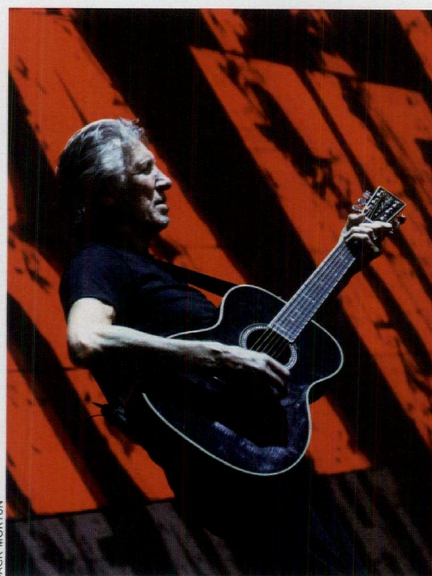


## Roger Waters On Trial: The Wall At PNC Arena

At age 68, Roger Waters - of the now defunct progressive psychedelic rock band Pink Floyd - proved to be energized and in top form for his multi-media extravaganza presentation of his personal masterpiece *The Wall* in Raleigh at PNC Arena July 9th. In 1994, Pink Floyd performed in Raleigh to a packed Carter- Finley Stadium. David Gilmour, Nick Mason and Richard Right went on performing to sold out arenas and stadiums around the world for several years after Waters departed to make *The Wall* the focal point of his career.

Backed by a team of top flight musicians, every track from the original 1977 concept album was performed flawlessly in sync with the visually striking animation and theatrics that comprise the experience of the film and the album. Waters transcended time and space as a tortured child who suffers the loss of his father, takes abuse from his teacher and smothering by his overprotective mother.

A metaphorical wall is built brick by brick in his mind -and on the stage -separating the audience from the band and isolating the artist from reality. By the time the wall is completely con-



JACK MORTON

structed, both figuratively and physically, Waters has transformed into the adult rock star demigod "Pink", donning a Gestapo style uniform, shouting racial epithets and blasting a machine gun at the audience. Theatrically stunning and musi-

cally phenomenal, *The Wall* came to life before the eyes of the audience with memorable animation and sound bites from the famous 1982 live action/animated musical film written by Waters and starring Bob Geldof.

Everyone in attendance knew this was a once in lifetime event since the chances of a performance of this magnitude coming back around were slim. Waters toured *The Wall* during his years after leaving Pink Floyd to smaller audiences with a meager budget on a much smaller scale. For the last three years, he and his crew of hundreds have toured the world mounting the seemingly impossible feat of building and performing a production that is visually, musically and theatrically stunning each time, tearing it down and doing it all over again night after night.

Waters' personal political agenda was by no means kept secret. Ironically, his anti-capitalist message was projected brightly to an audience of die-hard fans who paid upwards of \$150.00 for tickets. But for the true believers in the audience, every element of both the album and the film

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were reproduced in perfect order, including new twists on the changing world climate. Images of dead soldiers from past violent conflicts were scattered everywhere, along with politically provocative symbols such as the dollar sign, the hammer and sickle and headshots of Chairmen Mao, George W. Bush and other "tyrants". Waters' political leanings only reached the point of annoyance with the song "Mother" which he dedicated to a victim of senseless violence somewhere in South America.

In accordance with the film, Waters translated the innocence of childhood and the experimentation of adolescence and undertakes a close probe into the crossed over adult mind of the suffering rock star tuned cultist leader.

The climactic moment, when each attendee regressed and connected on a child-like-level, occurred during "Comfortably Numb", an obvious favorite and defining anthem of Pink Floyd. "Another Brick in the Wall Part 2" also brought out the child in everyone as a group of local children appeared on stage and chorused "we don't need no education", danced and pointed at the unforgettable sadistic schoolmaster re-created in larger than life puppet form. Pink is pilloried for his crimes during "The Trial",

a frightening animated song in which our hero is exposed for all of his sins and labeled insane or "over the rainbow". The monstrous judge's order to tear "down the wall" echoed through PNC Arena as the complete structure on stage came crumbling to the ground, shooting smoke and pyrotechnics in all directions.

Like past productions of *The Wall*, enormous white bricks were stacked slowly by the crew until the band was essentially hidden from view, unless on stage for chosen tracks, atop the mighty structure or through one of the empty spaces. Animation from the film, made famous by the creative mind of Gerald Scarfe, including marching hammers, carnivorous, vaginal flowers and teathed airplanes, were splashed on the white bricks, along with an updated swath of symbols and war photographs dating back to World War I. An enormous pig was flown around the arena providing all in attendance a glimpse of Pink Floyd as they once were 20 years ago.

Though Waters' political agenda was made clear as expected, the fans appreciated *The Wall* for whatever deep meaning it instilled in them when they first gave the album a spin or viewed the film. **MM**

— Dan Reeves

## EYES ONLY

The OSS Society will honor Robert Gates October 27 at its annual dinner at the Ritz-Carlton Hotel in Washington, DC. The Office Of Security Services was established during World War II by William Donovan to engage in strategic intelligence worldwide. OSS is the predecessor agency of the Central Intelligence Agency.

For information, go to: [www.ossociety.org](http://www.ossociety.org) for sponsorship information and a PDF of the invitation.

**Dan Buettner**, world-renowned explorer and Founder of Blue Zones®, will be the guest speaker for Akea's National Hot Spot Experience on August 11, 2012 at the NC Museum of History. Longevity Hot Spots, or Blue Zones, are places in the world where people live healthy, productive lives to 100 years or more with very low rates of chronic disease. Dan Buettner is an internationally recognized American explorer, educator, public speaker and co-producer of an Emmy Award-winning documentary who also

holds three Guinness World Records for endurance bicycling. For more information or to purchase tickets, contact Akea Care at 919.981.6110

**The NC Pottery Center Dinner and Auction** is set for Thursday, Aug. 23rd at Leland Little's Auction House in Hillsborough. The event includes a live auction and a feast prepared by James-Beard nominated chef Ashley Christensen of Pooles, Chucks, Beasleys and Fox Liquor Bar; Andrea Reusing of Lantern; Amy Tornquist of Watts Grocery; Brendan Cox of the recently opened Oakleaf in Pittsboro; and Aaron Vandermark of Pittsboro's Panciuto in Hillsborough.

Tickets are \$75 per person with proceeds benefiting the NC Pottery Center located in Seagrove, just south of Asheboro, that serves as the starting for to a visit to the area's many potteries. Go to [www.joycewatkinsking.30-art.com](http://www.joycewatkinsking.30-art.com) for more.

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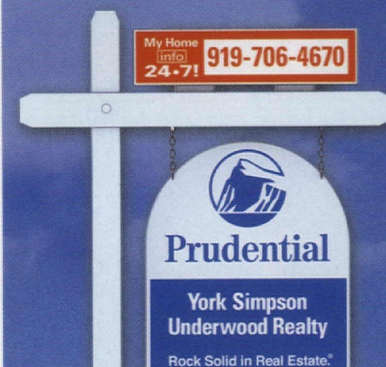


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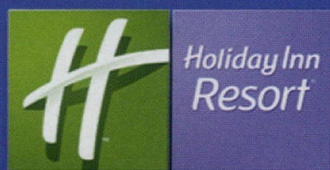


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## 8th Raleigh Spy Conference – August 22-24, NC Museum of History Castro, Hoover and Deep Throat Headline Raleigh Spy Conference

Fidel Castro had foreknowledge of the JFK assassination. Who was the real J Edgar Hoover? Deep Throat's motives were not what the public thought. How did the CIA scoop a satellite 12,000 below the sea? What is the new profile of today's terrorist?

These are the topics for the 8th Raleigh Spy Conference August 22-24 at the NC Museum of History, presented by top experts drawing on the latest in declassified information. And the public is invited to learn and ask question and get to know each speaker personally:

**Brian Latell** – Keynote speaker, formerly a Cuba hand for the CIA, has plowed through newly declassified documents - and interviewed secret Cuban agents who can now talk for the first time - for his new book *Castro's Secrets*, revealing that the Cuban intelligence services were highly sophisticated. Cuban operatives duped the CIA and planted nearly 50 double agents in the US intelligence services. Latell also reveals from secret sources that Castro had prior knowledge of the assassination of John F. Kennedy.

**John Fox** – FBI Historian, on J. Edgar Hoover's role as chief domestic intelligence officer of the United States - and as one of the most significant and controversial figures in American history - while serving as FBI Director from 1924 to his death in 1972. But who was the real Hoover?

**Max Holland**, editor of the insider web site *Washington Decoded* - and a prolific and respected author on key events of the modern era - has dug into newly declassified documents to reveal the true story of the motivation that compelled FBI assistant director Mark Felt to disguise himself as the in-

famous Deep Throat, the source that played a major role in bringing down a presidency and elevating two obscure journalists to super-star status. Watergate remains a watershed event in American history - and Mark Felt was the man who made it happen.

**David Waltrop**, a CIA officer currently serving as a Program Manager in the Agency's Historical Collections Division will share the recently declassified story of one of the most secret operations of the Cold War. Called *An Underwater Ice Station Zebra*, this little known undersea mission was hidden in rumor and speculation - until now.

**Albert Grajales**, INTERPOL Director of Puerto Rico and Coordinator of Intelligence / Antiterrorism Office of the Attorney General (Secretary of Justice) and the Special Investigations Bureau (SIB) of Puerto Rico will present an insider's assessment of the profile of the modern terrorist, beginning with Carlos the Jackal up to today's dangerous operatives.

Between sessions, spy conference attendees can visit with representatives of the **Historical Collections Division of the CIA** who will offer free attractive booklets containing recently declassified information on key Cold War events. The CIA presence at last year's conference offered conference audiences a first-hand opportunity to talk directly with Agency staff and learn more about CIA and its operations.

And in a rare appearance outside the CIA Store inside CIA headquarters in Langley, VA, representatives of the **Employee Activity Association** will be on-site offering dozens of gifts and items ordinarily available only to CIA employees and VIP visitors to the Agency. **MM**



## Shhhhhh.....CIA Gift Shop Coming To Raleigh Spy Conference

CIA's in-house store - the only facility authorized to sell gift items with CIA's official logo and other intelligence community insignia - has chosen the Raleigh Spy Conference to offer registered attendees the chance to purchase from a variety of selections, including many not available to the public.

Offerings include engraved crystal, special coins, key chains, logoed golf & sports apparel, mugs, martini glasses, books, pictures and many children's items.

Named the Employee Activity Association (EAA) the CIA store maintains two locations: one at CIA Headquarters at Langley, which is open to members and special visitors; and a Herndon, VA store and Mail Order Center for Agency retirees and current members worldwide.

Go to [www.raleighspyconference.com](http://www.raleighspyconference.com), or call Carlie Sorosiak at 919-831-0999 for information and to register for the 8th conference August 22-24 at the NC Museum of History. **MM**



# University Day with **Andy Griffith**

Metro senior editor Jim Hughes recalls Griffith's 1978 talk, and Chapel Hill  
Newspaper publisher Orville Campbell's role in launching Andy's career

by Jim Hughes



He dove into a 15 or 20-minute monologue, consisting entirely of old jokes and stories, one right after the other, tired old chestnuts that were already on life support when Old East was new, old cornpone stories he said he'd borrowed from George Lindsay, who played Goober on The Andy Griffith Show and was then a regular on Hee Haw, the country humor TV show.

**F**orgotten in all the coverage of Andy Griffith's passing last month was a performance I consider one of his finest and most unforgettable, when he was just playing himself.

The occasion was University Day, October 12, 1978, and Andy Griffith, class of 1949, had come home to Chapel Hill to receive the Distinguished Alumnus Award and deliver the traditional University Day address. It's safe to say there hasn't been one like it before or since.

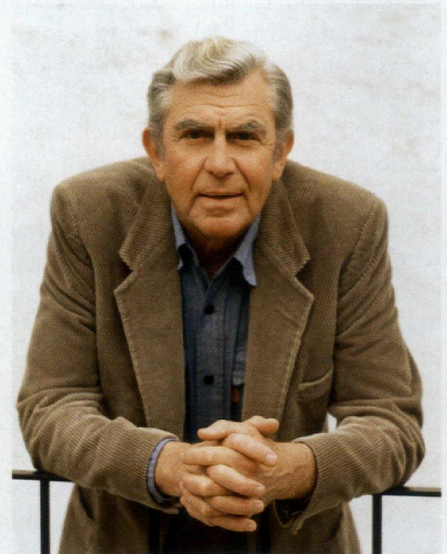
I was in the back row of Memorial Hall, covering the event for the old Chapel Hill Newspaper. It was a little after ten that morning when Andy took the dais, stood there a moment to soak up the applause, beamed that unmistakable Andy Taylor smile and addressed the overflow crowd with his signature Andy Taylor line: "I 'preciate it". The audience roared. "Who says you can't come home again?"

And then he dove into a 15 or 20-minute monologue, consisting entirely of old jokes and stories, one right after the other, tired old chestnuts that were already on life support when Old East was new, old cornpone stories he said he'd borrowed from George Lindsay, who played Goober on The Andy Griffith Show and was then a regular on Hee Haw, the country humor TV show.

He told the one about the Avenging Truck Driver: "There's this truck driver. Out on the highway. Goes into a café and orders the blue-plate special. And these three Hell's Angels come in and eat up his

meal: steak, eggs, coffee, everything. The truck driver doesn't say anything, gets up, pays the check and walks out.

"Hell's Angel says to the waitress: 'That ain't much of a man there is it?' And the waitress says: 'Yeah, and he ain't much of a truck driver either. He just ran over three motorcycles.'"



He told the one about the Half-Bright Watermelon Salesmen: "These two old boys, wanted to make some money, so they bought up a load of watermelons. Paid 50 cents apiece for 'em. Took 'em downtown and sold 'em two for a dollar. And when they got through they was counting up their money and one old boy says, 'We ain't got no more money than we had before.' And the other one says: 'I told you we



weren't gonna make no money until we got ourselves a bigger truck."

He told the one about the Old Lady and the Train Robbery: "This old lady's on a train headed west and bandits stop the train and make everybody climb out. And one of the bandits calls to the old lady: 'Give us your money, lady.' 'Don't have any,' she says. 'C'mon, lady, don't make me search you.' And she says, 'I don't have any money.' And so the bandit frisks her all over, up and down her whole body, and says, 'All right, lady, where'd you hide it?' And she says, 'I told you, I don't have any money, but if you'll do that again, I'll write you a check.'"

He went on in that vein for another few minutes, but I had stopped taking notes and focused on the audience. The hall was packed with professors and deans and doctors and assorted University bigwigs, a group as solemn and serious and loaded-up-with-learning as you'd ever want to meet, decked out in their finest academic regalia — caps and gowns and brightly colored sashes — and after the second or third joke he had them all in the palm of his hand. They were completely out of control, rolling and rollicking and giggling like school kids, slapping their knees and their neighbors' backs, and generally comporting themselves with the same aplomb and sophistication as the front row of the Blue Collar Comedy Tour.

Then, with perfect timing, the jokes stopped and Andy turned serious. "I want to tell you something," he said. The room grew silent. "As we were walking up the lane here to this wonderful hall, I don't know about you, but I was moved. It was all I could do to fight back tears. And the reason was I knew I was going to walk up on this stage, and this is the stage where the first time in my life I was ever in a play.

"I have to tell you something. It's very very moving. This is a special place. I haven't been back here that much. Not much at all." His voice broke but he managed to pull it back together. "I guess the last time was when I did that monologue out on the foot-

ball field, and that was a right good while ago." The big grin came back on his face. "Guess what it was."

He seemed to gather speed, as if to hasten his exit from the stage. He spoke briefly about what the University meant to him and the lessons he'd learned from a few favorite professors, and then remembered and thanked a short list of people who helped

record national. Shortly after that, Andy did "What It Was, Was Football" on the Ed Sullivan Show — the highest rated TV show in the country — and his career took off from there.

Campbell came up to me at my desk the next morning after my story ran. He was in an expansive mood. I wish I'd written the whole conversation down. But I remember



start him on his way. The last of these was my boss, Orville Campbell, owner and publisher of *The Chapel Hill Newspaper*.

Campbell's role in Andy's career has been largely unreported, but I can tell you it was a major one. Campbell was among the first to see the potential of some of Andy's routines, like "What It Was, Was Football" and his countrified version of "Romeo and Juliet". In 1953, he signed Andy to his Chapel Hill-based Colonial Records label and cut an LP. Within a year, Capitol Records bought the rights and took the

he told me the record went gold in less than a year, and his first royalty check was for something like \$200,000 — an immense sum back in the early 1950s.

I'll never forget what he said after that: "I took that check and went down to my banker and everybody else I owed money to and I told 'em all they could kiss my ass."

MM



# Matsumoto Prize

## Winners Announced

**T**he inaugural George Matsumoto Prize for North Carolina Modernist residential architecture – sponsored by Triangle Modernist Houses – is a unique competition featuring significant cash awards (\$6000 total), a blue-ribbon jury of internationally known architects, public voting and an optional video component.

George Matsumoto, FAIA was one of the founding faculty members of the NCSU School of Design, who created some of the state's most well-known Modernist houses. The public was invited to vote for their favorite house from among the Prize submissions. The professional jury – all Fellows of the American Institute of Architects — included: George Matsumoto, FAIA, honorary chair; Frank Harmon, FAIA, Chair; Marlon Blackwell, FAIA; Larry Scarpa, FAIA; David Jameson, FAIA; and Tom Kundig, FAIA

### JURY SELECTIONS

**First Place:** Banbury House, Raleigh, NC

**Architect:** John Reese, AIA, Weinstein Freidlein Architects

**Photographer:** Mark Herboth

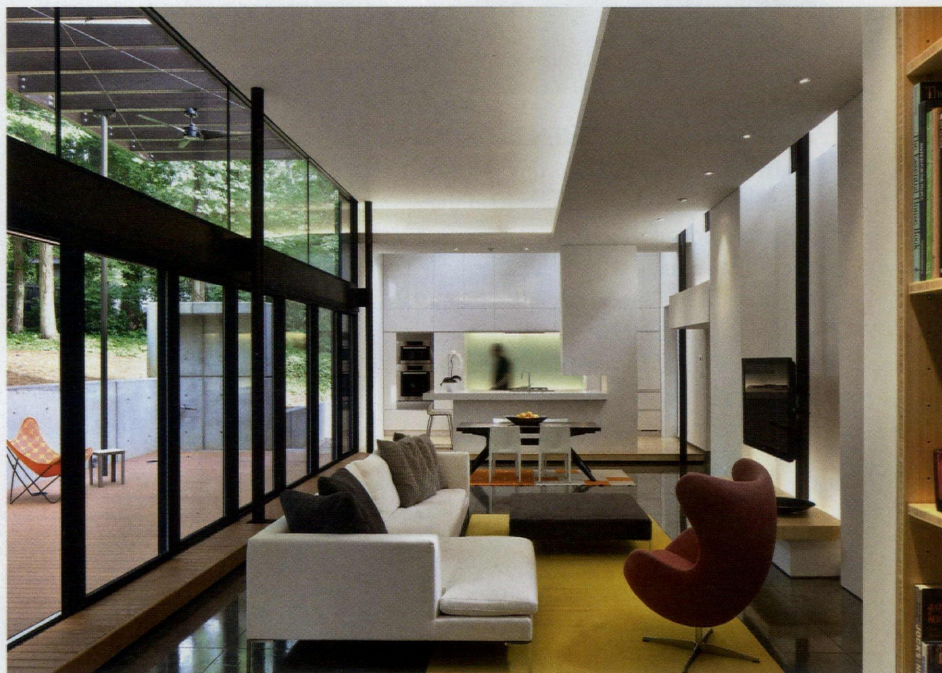
**Builder:** Alphin Design Build

#### ARCHITECT'S STATEMENT:

Old growth pine, undulating earth, and modest mid-century dwellings characterize the site and context and this Southern suburban residence.

The owners sought a minimalist, private, and resilient environment for themselves and their houseguests that integrated modest interior spaces with an open-air exterior, including a private courtyard, lap pool, and cabana/carport.

The design is rigorous and symmetric, yet unexpectedly kinetic in its spatial sequence and genteel use of controlled daylight.



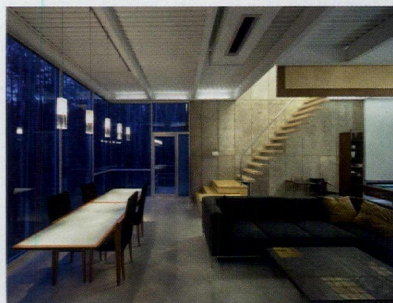


**Second Place:** 1804 Pictou Road,  
Raleigh, NC

**Architect:** Mike Rantilla, AIA, LEED

**Photographer:** Mark Herboth

**Builder:** Mike Rantilla, AIA, LEED



## ARCHITECT'S STATEMENT

The design concept of this private home literally springs upward from the pristine wooded site. Unbuildable as a spec home property, the unique form of the building is a literal response to the significant site challenges. Wedged between zoning setbacks, a stream buffer and a steep slope, the program massing was squeezed vertically into a three-story scheme elevated above the uninterrupted ground plane flowing beneath. Each floor level is expressed as a discrete rectangular volume clad in a different material and spun radially from a 40-foot tall, 18-inch thick solid concrete shear wall. This articulation of the volumes creates a wide variety of habitable outdoor spaces. The lowest level ultimately spills onto a large teak deck beneath the house, which then engages the forest via a stepped concrete pyramid. Fully cantilevered stair treads project from the concrete shear wall and shift from aluminum to maples to ipe, constantly varying the sound and feel of each staircase while allowing light and views to pass through. Vertical circulation always maintains a close connection to the diagrammatic and structural centroid of the building.

As one approach the home, an elevated driveway reaches out from the main central volume to the street. This



roadside public face has little fenestration in contrast to the all-glass private side, which takes advantage of views facing the forest, the stream, and diffused northern light. All major specimen trees, primarily pine and sweet gum, were saved due to the compact vertical building footprint and lack of site re-grading. The height of the mostly transparent upper volume set within the forest canopy evokes the feeling of a tree house, as the swaying

treetops literally brush the structure. Exposed white metal deck ceilings allow both the environmental sounds of rainfall and natural daylight to permeate the house.



**Third Place:** GREENville House,  
Greenville, NC

**Architect:** Vinny Petrarca,  
Tonic Design

**Photographer:** Todd Lanning

**Builder:** Tonic Construction

#### ARCHITECT'S STATEMENT:

The "GREENville House"/Walters Residence is composed of two primary design components: bars and panels. Each acts together to generate an environmentally sensitive response. Narrow bars composed of private space branch out into the landscape to create courtyards, capture natural light, allow cross ventilation, and intersect to form a central volume of double height public space. Open to the kitchen and dining and a balcony and loft above, this central volume aligns with compelling views of the landscape. A structural system holding photovoltaic panels and perforated screens is responsible for creating the home's energy and hot water while shading openings to alleviate unnecessary heat gain. The build-



ing's orientation on the site utilizes the maximum potential of the photovoltaic technology, decreasing the overall load on the geothermal HVAC system.





## PUBLIC VOTE WINNERS

**First Place:** Hole One House, Clemmons, NC

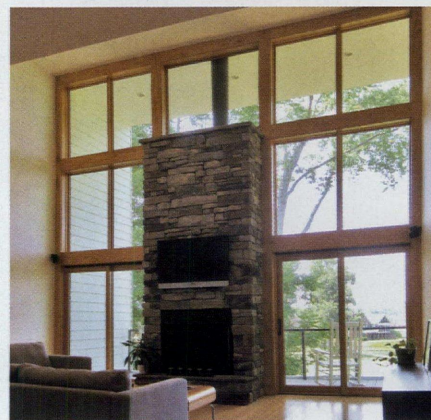
**Designer:** Adam Sebastian

**Photographer:** Adam Sebastian

**Builder:** Ken McDaniel & Adam Sebastian

**DESIGNER'S STATEMENT:**

Located in the Yadkin River Valley near Clemmons, NC, "Hole One Residence" features a passive solar design and is just 20' wide x 67' long. Designed to be as hyper-efficient as the budget would allow, \$85 per square foot, the home features 2x6 and 2x8 wall construction, precast concrete basement/foundation walls, spray foam insulation, highly efficient windows, appliances and mechanical systems. The interior is comprised of all bamboo, concrete and slate flooring. Rain water is harvested and used to irrigate the landscape, and the roof was designed to incorporate a 10kW solar farm someday. The exterior material palette was borrowed from the vernacular of an old farmhouse that sits just to the north-east of the home. Those materials include standing seam metal, white bevel siding, and stone. The home received its name because it's located near a golf course and, more importantly, it's adjacent relationship to the green of hole #1. The home is not within the highly traditional golf course community, but it does receive regular comments from the local golfers, both positive and negative. The strong backwards C-shaped form that the front of the home projects is intentional and serves several functions: (1) to mitigate the summer sun (roof), (2) to shield the ardent golf ball from hitting the south-facing windows (wall,) and (3) to create a cantilevered balcony on the exterior (floor).





**Second Place:** The Althea Way House, Wilmington, NC

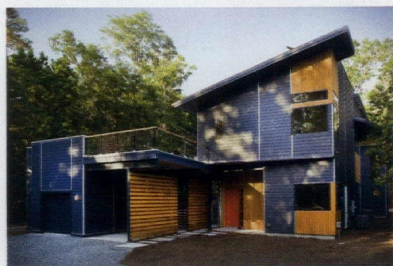
**Designer:** Scott Ogden, B+O Studio

**Photographer:** Jacob Reinwand

**Builder:** ILM Design Build

#### DESIGNER'S STATEMENT:

The clients found a "remnant" site bordered by a greenbelt/bike path and requested a low-maintenance, open house for their family of five to live and grow. The perimeter of the lot is ringed with a mix of beech, oak, hickory and magnolias with a large 50-foot oak at



the enter/west side of the property. B+O chose to break the owners' program into four elements to create an open courtyard in this private, sylvan setting. The large oak anchors a gravel auto-court with covered carport-garage structure and path to the front door. Water, a key concern in a flat context like coastal NC, is treated and stored on the site with a rain garden in the southeast corner of the site, and most runoff is directed to a large cistern and overflow water feature running to the northwest, working with the hydrology of the area.

The owners desired a clean, simple, contemporary design working with the lot in such a way that views of the greenbelt and north terrace are always present within the house. The program consisted of an open, kitchen-great room area, second floor bedrooms, and kids' playroom, and a private master pavilion (bedroom sitting area en suite bath/dressing). The design utilizes a palette of basic, expressive materials. Large slatted doors/panels slide away, opening the rear yard to the west entry. A 15-foot cantilevered canopy and exte-

rior fireplace create a "living room" in the clearing. A 700 SF home office/guesthouse is planned for a later phase on the northeast corner of the lot, which will further create the sense of a central family courtyard.

**Third Place:** Graham Street Residence, Raleigh, NC

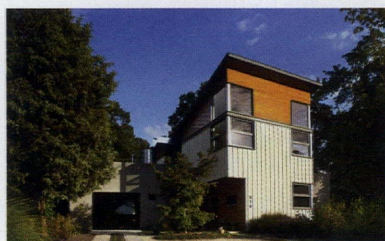
**Designer:** Will Alphin, Alphin Design Build

**Photographer:** Mark Herboth and Alphin Design Build

**Builder:** Alphin Design Build

#### DESIGNER'S STATEMENT:

The two-story, 2600 SF Graham Street residence is a new home in an area of Raleigh that was developed in the 1950s. The project was first approached as a remodel for a modest 50-year-old ranch house that the growing family had lived in the house for several years. After investigating this approach, it was apparent that the existing house was not well built, in need to major repairs, and the layout



and site orientation were not well suited to this modern family's needs and lifestyle. Rather than abandon their beloved neighborhood, the owners elected to design and build a new home. An overarching goal was to have the new home minimize its environmental impact, both during construction and over its planned 100-year lifetime. Sustainability and energy efficient systems were incorporated into every aspect of the house, including the de-



sign, site orientation, mechanical systems, and materials. The design also works within the available standard and conventional construction industry building systems available in Raleigh.

Architecturally, the new home's program was ambitious. The building seeks to simultaneously fit within the context of the 1950s neighborhood, embrace the diverse influences of the Triangle area, utilize vernacular style and strategies appropriate for the Southern climate, and express our modern era of sustainability. Physically and metaphorically, the house carefully "hugs" a mature oak tree on the south side. The deciduous tree creates shade in the summer and allows the winter sun to warm the interior – a passive solar strategy often used in historical houses in the South. The client, a premier woodworker and cabinetmaker, contributed the built-in architectural millwork and cabinetry, inside and out.

The clients wanted their home to be flexible for the changing needs of the family. "Two-story" bedrooms for the kids are located in the front portion of the second story. A bed-sized space gets converted to a study nook and the bed moved to the loft above as the child grows. A den on the ground floor will be easily converted to an extra bedroom or a suite for taking in an elderly family member.





# M E T R O BRAVO

Part Two

by Dan Reeves and Carlie Sorosiak

## FASHION/ WHERE TO SHOP

### MALL

#### *Standing Ovation*

Crabtree Valley Mall, *Raleigh*

#### *MetroBravo*

The Streets at Southpoint, *Durham*

#### *Honorable Mention*

Cary Towne Center, *Cary*

Triangle Town Center & Commons,  
*Raleigh*

### SHOPPING CENTER

#### *Standing Ovation*

The Commons at North Hills, *Raleigh*

#### *MetroBravo*

Cameron Village, *Raleigh*

#### *Honorable Mention*

Lafayette Village, *Raleigh*

Brier Creek Commons, *Raleigh*

### DEPARTMENT STORE

#### *Standing Ovation*

Belk, *Triangle-wide*

#### *MetroBravo*

Nordstrom, *Durham and Charlotte*

Saks Fifth Avenue, *Raleigh*

#### *Honorable Mention*

Macy's, *Triangle-wide*

H&M, *Raleigh and Winston-Salem*

### GIFT STORE

#### *Standing Ovation*

Charlotte's, *Raleigh*

#### *MetroBravo*

A Southern Season, *Chapel Hill*

#### *Honorable Mention*

Quintessentials, *Raleigh*

NOFO @ the Pig, *Raleigh*

### MEN'S CLOTHING STORE

#### *Standing Ovation*

Nowell's Clothing, *Raleigh*

#### *MetroBravo*

Varsity Men's Wear, *Raleigh*

#### *Honorable Mention*

Liles Clothing Studio, *Raleigh*

McKenzie Tribe, *Raleigh*

### MEN'S SUITS

#### *Standing Ovation*

Brooks Brothers, *Triangle-wide*

Nowell's Clothing, *Raleigh*





**MetroBravo**

Varsity Men's Wear, Raleigh  
Saks Fifth Avenue, Raleigh

**Honorable Mention**

JoS. A. Bank, Triangle-wide

**TIES**

**Standing Ovation**

Saks Fifth Avenue, Raleigh

**MetroBravo**

Nowell's Clothing, Raleigh

**Honorable Mention**

Brooks Brothers, Triangle-wide  
Liles Clothing Studio, Raleigh

**MEN'S SHOES**

**Standing Ovation**

Nordstrom, Durham and Charlotte

**MetroBravo**

Belk, Triangle-wide

**Honorable Mention**

Johnston & Murphy, Triangle-wide  
SRI Shoe Warehouse, Raleigh

**WOMEN'S CLOTHING STORE**

**Standing Ovation**

Vermillion, Raleigh  
Scout & Molly's, Triangle-wide

**MetroBravo**

Cameron Clothing Company, Raleigh  
Gena Chandler, Raleigh

**Honorable Mention**

Fleur Boutique, Raleigh

**EVENING/ COCKTAIL WEAR**

**Standing Ovation**

Vermillion, Raleigh

**MetroBravo**

Fine Feathers, Chapel Hill  
Saks Fifth Avenue, Raleigh

**Honorable Mention**

Nordstrom, Durham and Charlotte

**FUR COAT**

**Standing Ovation**

Hertzberg Furs, Raleigh

**MetroBravo**

Serotta's at North Hills, Raleigh

**Honorable Mention**

Belk, Triangle-wide  
Saks Fifth Avenue, Raleigh

**WEDDING DRESS**

**Standing Ovation**

Traditions by Anna, Raleigh

**MetroBravo**

Enchanting Moments, Fuquay-Varina

**Honorable Mention**

Victorian Rose Bridal, Raleigh  
David's Bridal, Raleigh and Durham

**WOMEN'S CASUAL CLOTHING**

**Standing Ovation**

Scout & Molly's, Triangle-wide

**MetroBravo**

Cameron Clothing, Raleigh  
Vermillion, Raleigh

**Honorable Mention**

Anthropologie, Triangle-wide



Lamb's Ear

**DESIGNER JEANS**

**Standing Ovation**

Uniquities, Raleigh

**MetroBravo**

Gena Chandler, Raleigh

**Honorable Mention**

Saks Fifth Avenue, Raleigh  
Raleigh Denim, Raleigh

**WOMEN'S SHOES**

**Standing Ovation**

Main & Taylor, Raleigh and Greensboro

**MetroBravo**

Saks Fifth Avenue, Raleigh  
Kristen's Shoe Boutique, Cary

**Honorable Mention**

Nordstrom, Durham and Charlotte

**HANDBAG**

**Standing Ovation**

Saks Fifth Avenue, Raleigh

**MetroBravo**

Main & Taylor, Raleigh and Greensboro

**Honorable Mention**

Hudson Belk, Triangle-wide  
Vermillion, Raleigh

For many couples, August is wedding season. And last summer's Royal Wedding Fever taught that women love gorgeous gowns, sparkling diamonds and elegant ceremonies. (But didn't we know that already?) Below *Metro* presents the Bravo winners in every woman's blissful wedding dreams.

Every wedding starts with a ring – it tells the world that you're in love. *Metro* readers say custom designed wedding rings are in vogue: your love is one of a kind, so why not your ring? Both **Bailey's Fine Jewelry** and **J.M. Edwards Jewelry** offer custom jewelry, from three-stone settings to classic princess cut diamonds. Try a yellow, canary diamond if you really want to stand out!

What's a wedding without the perfect dress? Showcasing traditional couture, and even eco-friendly designers, **Traditions by Anna** offers a vast selection of stunning gowns. Their personable bridal consultants work to ensure that you and your gown live happily-ever-after. Along with Traditions, **Enchanting Moments** in Fuquay-Varina offers custom-fit couture gowns sure to fulfill all your wedding desires. Still want to shop around? **Victorian Rose Bridals** and **David's Bridal** strive to make all brides feel radiant on their special day.

The cake is the glue of a wedding – guests enjoy it, the fondant looks pretty, and the bride and groom get to stuff it in each other's faces. **Edible Art**, **Sugarland**, and **Sweet Memories** all showcase delicious, scratch-made cakes that look almost too good to eat. For example, Edible Art adds faux seashells to cakes for beach weddings. With expert creative food designers, your wedding cake can be as colorful, vibrant and unique as your relationship!



### LINGERIE

*Standing Ovation*  
Victoria's Secret, Triangle-wide

*MetroBravo*  
Nordstrom, Durham and Charlotte

*Honorable Mention*

Belk, Triangle-wide  
Saks Fifth Avenue, Raleigh

### MATERNITY CLOTHING

*Standing Ovation*  
Love in Bloom, Raleigh

*MetroBravo*  
Lamb's Ear, Raleigh  
*Honorable Mention*  
Target, Triangle-wide

### BATHING SUIT

*Standing Ovation*  
Belk, Triangle-wide

*MetroBravo*  
H&M, Raleigh and Winston-Salem

*Honorable Mention*  
Gena Chandler, Raleigh

### KID'S CLOTHING

*Standing Ovation*  
Lamb's Ear, Raleigh

*MetroBravo*  
Polka Dots, Raleigh

*Honorable Mention*  
Nordstrom, Durham and Charlotte

### TWEEN'S CLOTHING

*Standing Ovation*  
Belk, Triangle-wide

*MetroBravo*  
Gap, Triangle-wide

*Honorable Mention*  
Nordstrom, Durham and Charlotte

### OUTDOOR CLOTHING

*Standing Ovation*  
REI, Triangle-wide

*MetroBravo*  
Great Outdoor Provision Co.,  
Triangle-wide

*Honorable Mention*  
Dick's Sporting Goods, Triangle-wide

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Vermillion



### CONSIGNMENT SHOP

*Standing Ovation*

Dress, Raleigh

*MetroBravo*

Revolver Consignment Shop, Raleigh

*Honorable Mention*

Plato's Closet, Triangle-wide

### MAKE-UP SELECTION

*Standing Ovation*

Sephora, Raleigh

*MetroBravo*

Belk, Raleigh

Saks Fifth Avenue, Raleigh

*Honorable Mention*

Nordstrom, Durham and Charlotte

### DESIGNER JEWELRY

*Standing Ovation*

Elaine Miller Collection, Raleigh

Ora Jewelers, Raleigh

*MetroBravo*

Bailey's Fine Jewelry, Raleigh and Rocky Mount

*Honorable Mention*

Hamilton Hill, Durham


### ESTATE JEWELRY

*Standing Ovation*


Elaine Miller Collection, Raleigh

*MetroBravo*


Joint Venture Estate Jewelers, Cary




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*Honorable Mention*  
Bailey's Fine Jewelry, Triangle-wide

### WEDDING RINGS

*Standing Ovation*  
Bailey's Fine Jewelry, Triangle-wide

*MetroBravo*  
J.M. Edwards Jewelry, Cary

*Honorable Mention*  
Reliable Loan, Raleigh



**The Caroline Engagement Ring,  
JM Edwards**

### PEARLS

*Standing Ovation*  
Bailey's Fine Jewelry, Triangle-wide

*MetroBravo*  
Elaine Miller Collection, Raleigh

*Honorable Mention*  
J.M. Edwards Jewelry, Cary

### WATCHES

*Standing Ovation*  
J.M. Edwards Jewelry, Cary

*MetroBravo*  
Johnson's Jeweler's, Raleigh

*Honorable Mention*  
Bailey's Fine Jewelry, Triangle-wide

### SUNGLASSES

*Standing Ovation*  
Sunglass Hut, Triangle-wide

*MetroBravo*  
The Spectacle, Raleigh

*Honorable Mention*  
20/20 Eyeworks, Triangle-wide

### PERFUME

*Standing Ovation*  
Saks Fifth Avenue, Raleigh

*MetroBravo*  
Belk, Triangle-wide

*Honorable Mention*  
Sephora, Raleigh

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*Standing Ovation*  
Vermillion, Raleigh

*MetroBravo*  
Fleur Boutique, Raleigh



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Fashion Week**

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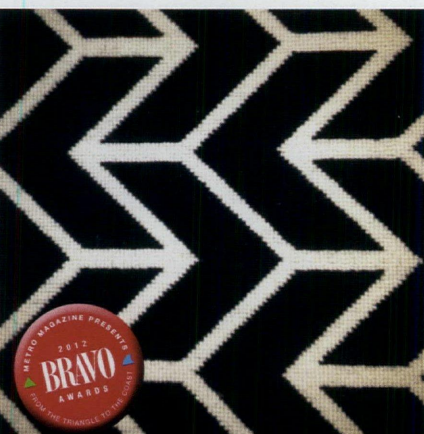
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MENTION

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*Honorable Mention*

Gena Chandler, Raleigh  
Palm Avenue, Raleigh

**CLOTHES FOR YOUR MOTHER**

*Standing Ovation*

Cameron Clothing Co., Raleigh

*MetroBravo*

Saks Fifth Avenue, Raleigh

*Honorable Mention*

Fine Feathers, Chapel Hill

**RETAIL**

**DRY CLEANER**

*Standing Ovation*

Brothers Cleaners, Raleigh

*MetroBravo*

Medlin-Davis Cleaners, Triangle-wide

*Honorable Mention*

Hilker's Cleaners, Raleigh

Pope's Dry Cleaners, Raleigh

**TAILOR**

*Standing Ovation*

Lee's Tailor Shop, Crabtree Valley Mall,  
Raleigh

*MetroBravo*

Kim's Tailor, Raleigh and Wake Forest

*Honorable Mention*

Duke's Tailor, Raleigh and Cary

Shanghai Tailors, Raleigh

**DRUG STORE**

*Standing Ovation*

Walgreens, Triangle-wide

*MetroBravo*

Rite Aid, Triangle-wide

*Honorable Mention*

Kerr Drug, Triangle-wide

Target, Triangle-wide

**PET BOUTIQUE**

*Standing Ovation*

Phydeaux, Raleigh and Chapel Hill

*MetroBravo*

Gourmutt's Bakery, Triangle-wide

*Honorable Mention*

Unleashed, Raleigh and Wilmington

**BOOK STORE**

*Standing Ovation*

Quail Ridge Books, Raleigh

*MetroBravo*

Barnes & Noble, Triangle-wide

*Honorable Mention*

Reader's Corner, Raleigh

**WINE RETAILER**

*Standing Ovation*

Total Wine & More, Triangle-wide

*MetroBravo*

A Southern Season, Chapel Hill



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## Honorable Mention

Seaboard Wine Warehouse, Raleigh

## WEDDING CAKES

### Standing Ovation

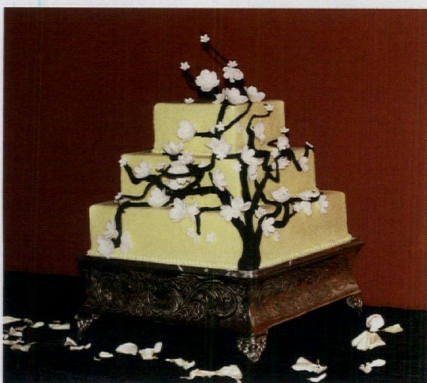
Edible Art, Raleigh

### MetroBravo

Sugarland, Chapel Hill, Raleigh

### Honorable Mention

Sweet Memories Bakery, Apex



Edible Art

## WEDDING REGISTRY

### Standing Ovation

Bailey's Fine Jewelry, Triangle-wide

### MetroBravo

Belk, Triangle-wide

As Raleigh, Durham and Chapel continue to grow, bicycle enthusiasts are everywhere, from the downtown hipster on his rusty Schwinn 10-speed to hard core trail riders. Being green, getting healthy and avoiding high gas prices are crucial to all of us these days, and riding your bike as a mode of transportation is en vogue. Frank's Cyclery, a "true mechanics bike shop", received the highest number of votes. Founded in 2003, Frank's long-standing goal is to share a passion for biking with customers while offering quality mid to high level customized bikes and expert repair service for the cycling community. Performance Bikes tied with Frank's for best bike shop from voters looking for competitive pricing on bicycles, helmets, clothing and gear for riders of any experience level or age. Locally owned and operated for over 60 years, Flythe Cyclery is a Raleigh staple and automatic go-to for those in the community whose first "real" bike came from there. Metro readers vote for Flythe's year after year for their hometown feel and long lasting reputation for quality.

## BIKES



### Honorable Mention

Quintessentials, Raleigh

## BICYCLE SHOP

### Standing Ovation

Frank's Cyclery, Raleigh

Performance Bikes, Raleigh and Cary

### MetroBravo

Trek Bicycles, Triangle-wide

### Honorable Mention

All-Star Bikes, Raleigh and Cary

Flythe Cyclery, Raleigh

## HANDBAG & SHOE REPAIR

### Standing Ovation

H&H, Raleigh

### MetroBravo

Man Mur, Raleigh

### Honorable Mention

Santana Creative, Raleigh

## LINENS

### Standing Ovation

Lavender and Lace, Raleigh

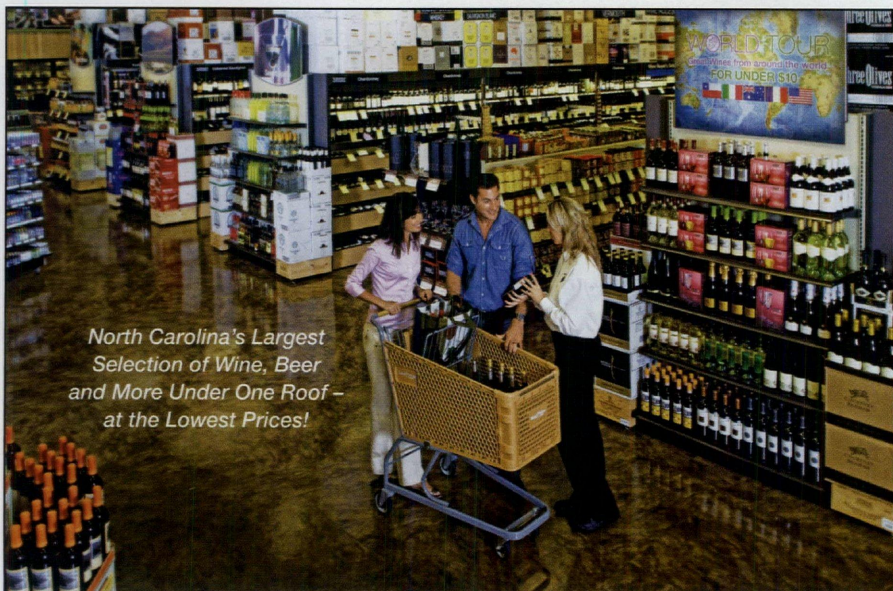
### MetroBravo

Belk, Triangle-wide

### Honorable Mention

Bed Bath & Beyond, Triangle-wide

Macy's, Triangle-wide



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### GOLF EQUIPMENT

*Standing Ovation*  
Falls of the Neuse Golf, Raleigh  
*MetroBravo*  
Golfsmith, Raleigh  
*Honorable Mention*  
Dick's Sporting Goods, Triangle-wide

### PICTURE FRAMING

*Standing Ovation*  
Frameworks, Raleigh  
*MetroBravo*  
Flink's, Raleigh  
*Honorable Mention*  
Jerry's Arterama, Raleigh  
Michaels, Triangle-wide

### PIANO

*Standing Ovation*  
Hopper Piano, Raleigh  
*MetroBravo*  
Maus Piano & Organ Co., Raleigh  
*Honorable Mention*  
Ruggero Piano, Raleigh

### STATIONERY

*Standing Ovation*  
Taylor's of Raleigh, Raleigh  
*MetroBravo*  
PaperBuzz, Raleigh

*Honorable Mention*  
Salutations Fine Stationery and Gifts,  
Chapel Hill

### CHILDREN'S TOYS

*Standing Ovation*  
Learning Express, Triangle-wide  
*MetroBravo*  
Target, Triangle-wide  
*Honorable Mention*  
Toys R Us, Triangle-wide

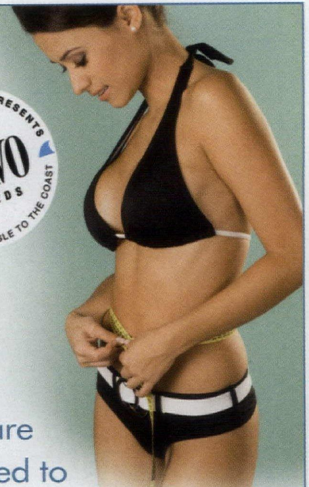
### BOAT

*Standing Ovation*  
Chatlee Boat & Marine, Sanford  
*MetroBravo*  
West Marine, Triangle-wide  
*Honorable Mention*  
Marine Max, Wrightsville Beach and Southport  
Morehead Marine, Morehead City

### HOMELIFE

### FLORIST

*Standing Ovation*  
Kelly Odom Flowers, Raleigh  
North Raleigh Florist, Raleigh  
*MetroBravo*  
Fallon's Creative Flowers, Raleigh  
*Honorable Mention*  
Carlton's Flowers, Raleigh



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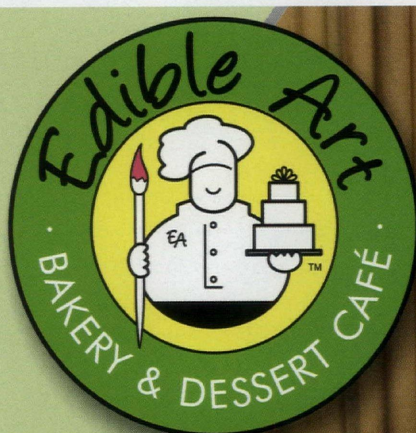
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**GARDEN CENTER/ NURSERY**

*Standing Ovation*

Logan's Trading Company, Raleigh

*MetroBravo*

Homewood Nursery & Garden Center,

Raleigh

Atlantic Avenue Orchid & Garden, Raleigh

*Honorable Mention*

Garden Supply Company, Cary



**Nowell's Furniture**

**HOME MEDIA SYSTEM**

*Standing Ovation*

Audio Advice, Raleigh and Charlotte

*MetroBravo*

Carolina Sound, Burlington

*Honorable Mention*

Look & Listen, Raleigh

**COASTAL DEVELOPMENT**

*Standing Ovation*

Figure Eight Island

*MetroBravo*

Landfall, Wilmington

*Honorable Mention*

Bald Head Island

**PLACE TO OWN A SECOND HOME**

*Standing Ovation*

Bald Head Island

*MetroBravo*

Wrightsville Beach

*Honorable Mention*

Blowing Rock

**CONTEMPORARY FURNITURE**

*Standing Ovation*

Nowell's Contemporary and  
Scandinavian Furniture, Raleigh

*MetroBravo*

Ecko Home Furnishings, Raleigh

*Honorable Mention*

Ambiente Modern Furniture, Raleigh



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### TRADITIONAL FURNITURE

#### *Standing Ovation*

Green Front Furniture, Raleigh

#### *MetroBravo*

Ethan Allen, Triangle-wide

Haverty's, Fayetteville and Wilmington

#### *Honorable Mention*

Whitley Furniture Galleries, Zebulon

### BEACH HOUSE FURNITURE

#### *Standing Ovation*

The Wicker Gallery, Raleigh

#### *MetroBravo*

Kirk Import's, Raleigh

#### *Honorable Mention*

McQueen's Interiors, Morehead City

### BEDS

#### *Standing Ovation*

Fred's Beds, Raleigh

#### *MetroBravo*

Green Front Furniture, Raleigh

#### *Honorable Mention*

Haverty's, Triangle-wide

### KITCHEN APPLIANCES

#### *Standing Ovation*

Kitchen & Bath Galleries, Triangle-wide

#### *MetroBravo*

Ferguson Enterprises, Triangle-wide

#### *Honorable Mention*

Lowe's Home Improvement,  
Triangle-wide

### LAMPS

#### *Standing Ovation*

Thompson-Lynch Co., Raleigh

#### *MetroBravo*

The Shade Tree, Raleigh



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2012  
**BRAVO**  
AWARDS  
FROM THE TRIANGLE TO THE COAST



*Honorable Mention*  
Pottery Barn, Triangle-wide

#### ANTIQUES

*Standing Ovation*  
Acquisitions, Ltd., Raleigh

*MetroBravo*  
Hunt & Gather, Raleigh

*Honorable Mention*  
Posh, Raleigh

#### ART GALLERY

*Standing Ovation*  
ArtSource Fine Art Gallery and  
Framing, Raleigh

*MetroBravo*  
Flander's Gallery, Raleigh

*Honorable Mention*  
The Mahler Gallery, Raleigh

#### CARPET

*Standing Ovation*  
Eatmans Carpets & Interiors, Raleigh

*MetroBravo*  
Terry's Floor Fashion, Raleigh

*Honorable Mention*  
Brentwood Carpets & Flooring, Cary and  
Raleigh

#### ORIENTAL RUG

*Standing Ovation*  
Capel Rug Outlet, Raleigh

*MetroBravo*  
Green Front Interiors & Rugs, Raleigh

*Honorable Mention*  
Caravan Rugs, Raleigh  
Persian Carpet Inc., Durham

#### HOME SECURITY SYSTEM

*Standing Ovation*  
ADT Security Services

*MetroBravo*  
CPI Security

*Honorable Mention*  
Carolina Sound and Security

#### HEALTHCARE/WELLNESS/BEAUTY

##### HOSPITAL

*Standing Ovation*  
Rex Hospital, Raleigh

*MetroBravo*  
Duke University Medical Center,  
Durham  
WakeMed Health & Hospitals, Raleigh

*Honorable Mention*  
University of North Carolina Hospitals,  
Chapel Hill



Rex Hospital

##### EMERGENCY ROOM

*Standing Ovation*  
WakeMed Health & Hospitals, Raleigh

*MetroBravo*  
Rex Hospital, Raleigh

*Honorable Mention*  
Duke University Medical Center, Durham

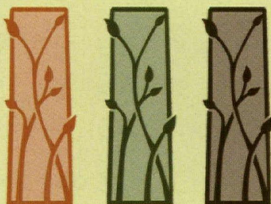
# Thank You

We want to personally thank  
you for voting  
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**Best Hair Salon in the Triangle,**  
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### BIRTHING CENTER

*Standing Ovation*  
Rex Hospital, Raleigh

*MetroBravo*  
WakeMed Health & Hospitals, Raleigh

*Honorable Mention*  
University of North Carolina Hospitals,  
Chapel Hill

### CARDIAC CENTER

*Standing Ovation*  
Rex Hospital, Raleigh

*MetroBravo*  
WakeMed Health & Hospitals, Raleigh  
*Honorable Mention*  
Duke University Medical Center, Durham

### DUKE CANCER CENTER

The newest addition to the Duke medical complex opened its doors in February of this year. The new Cancer Center now provides doctors, patients and researchers the ability to work together in the fight against cancer. Integrated medical attention backed by teams of oncologists and researchers, enhances Duke's reputation as one of the best medical centers in the world.

### CANCER CARE CENTER

*Standing Ovation*  
Duke University Medical Center, Durham

*MetroBravo*  
University of North Carolina Hospitals,  
Chapel Hill

*Honorable Mention*  
Rex Hospital, Raleigh

### EYECARE CENTER

*Standing Ovation*  
Eye Care Associates, Triangle-wide

*MetroBravo*  
Duke Eye Center, Durham and Cary

*Honorable Mention*  
Raleigh Eye Center, Raleigh  
Triangle Eye Institute, Triangle-wide

### PLASTIC SURGERY CENTER

*Standing Ovation*  
Davis Plastic Surgery, Raleigh

*MetroBravo*  
Duke Plastic Surgery & Aesthetics,  
Durham

*Honorable Mention*  
Dr. William Lambeth, Raleigh  
Dr. Cynthia Gregg, Cary

### VEIN CENTER

*Standing Ovation*  
Vein Clinics of America, Raleigh

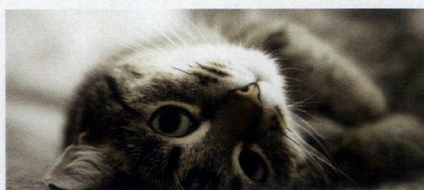
*MetroBravo*  
Raleigh Vein & Laser Center, Raleigh

*Honorable Mention*  
Duke Vein Clinic, Durham  
Carolina Vein Center, Durham

### VETERINARIAN

*Standing Ovation*  
CareFirst Animal Hospital, Raleigh

*MetroBravo*  
Bowman Animal Hospital, Raleigh  
*Honorable Mention*  
Hayes Barton Animal Hospital, Raleigh



Care First Hospital

### FACIAL

*Standing Ovation*  
Skin Sense, A Day Spa, Raleigh  
and Cary

*MetroBravo*  
Synergy Spa, Raleigh

*Honorable Mention*  
The Museum Spa, Raleigh  
The Umstead Hotel & Spa, Cary

### PLACE FOR MANICURE/ PEDICURE

*Standing Ovation*  
Skin Sense, A Day Spa, Raleigh  
and Cary  
Synergy Spa, Raleigh

*MetroBravo*  
The Umstead Spa, Cary

*Honorable Mention*  
Lee Spa Nails, Triangle-wide

### PHYSICAL THERAPY

*Standing Ovation*  
Sports & More Physical Therapy,  
Cary and Raleigh

*MetroBravo*  
Triangle Orthopaedic Associates, Inc.,  
Triangle-wide

*Honorable Mention*  
Raleigh Orthopaedic Clinic,  
Triangle-wide



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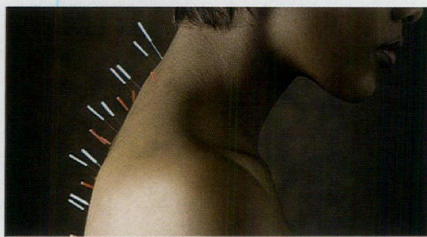


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### ACUPUNCTURE

Exploring holistic treatments and herbal remedies for illness is now a reality in our culture. Our readers submitted the most votes for Triangle Acupuncture Clinic, a large scale healing center boasting six professional therapists each specialized in a particular ailment. Close behind in the balloting was Eastern Traditions, founded by doctor of Chinese medicine Dr. Lei Zheng. C. Daerr Reid, L.Ac., received Honorable Mention. Reid is also an active advocate for alternative medical treatments.

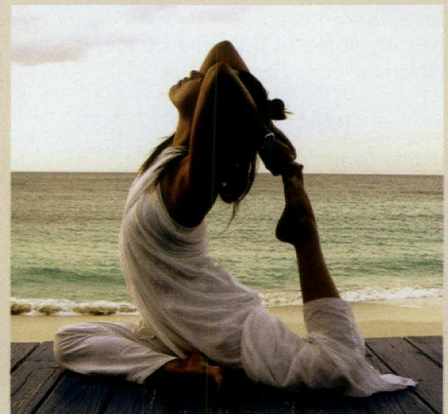
#### ACUPUNCTURIST

*Standing Ovation*  
Triangle Acupuncture Clinic, LLC, Chapel Hill and Raleigh

*MetroBravo*  
Dr. Lei Zheng; Eastern Traditions, Raleigh

### YOGA STUDIO

Yoga studios often offer a bland menu of the same thing, but not Moving Mantra. Like acupuncture, Yoga is a practice we borrowed from the East that fuses effective activity and stretching motions to yield beneficial results, including meditative and spiritual value. Voters awarded Moving Mantra Yoga where the staff teaches from the traditional eight-limbed system that integrates positive attitudes towards the self and others with physical practice including asana (postures), pranayama (breathing techniques), understanding and controlling the chatter of the mind, developing concentration, cultivating relaxation and learning simple meditation techniques. Blue Lotus, winner of the Metro Bravo award, seeks to create a community based on their desire to share. In Eastern traditions, the blue lotus represents the victory of the spirit over the senses and signifies the wisdom of knowledge. Gateway and Open Door tied for honorable mention.



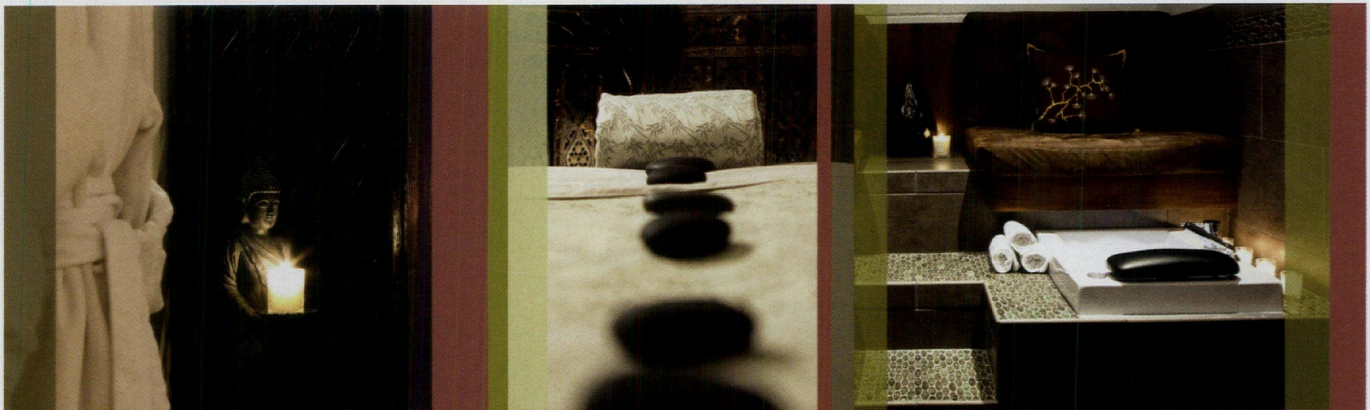
*Honorable Mention*  
C. Daerr Reid, LAC. MSOM, Raleigh

#### SENIOR LIVING COMMUNITIES

*Standing Ovation*  
Magnolia Glen, Raleigh

*MetroBravo*  
The Cypress of Raleigh, Raleigh

*Honorable Mention*  
Carolina Meadows, Chapel Hill  
The Heritage of Raleigh, Raleigh




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**Synergy Spa**

**HEALTH CLUB**

*Standing Ovation*  
02 Fitness, Triangle-wide

*MetroBravo*  
Rapid Fitness, Raleigh

*Honorable Mention*  
YMCA, Triangle-wide

**SKIN CARE PRODUCTS**

*Standing Ovation*  
Synergy Spa, Raleigh

*MetroBravo*  
Skin Sense, A Day Spa, Raleigh  
and Cary

*Honorable Mention*  
Luxe Apothecary, Raleigh

**WELLNESS CENTER**

*Standing Ovation*  
Rex Wellness Center, Triangle-wide

*MetroBravo*  
UNC Wellness Center at Meadowmont,  
Chapel Hill

*Honorable Mention*  
The Center: Natural Health Specialists,  
Raleigh

**DAY SPA**

*Standing Ovation*  
Skin Sense, A Day Spa, Raleigh  
and Cary

*MetroBravo*  
Synergy Spa, Raleigh

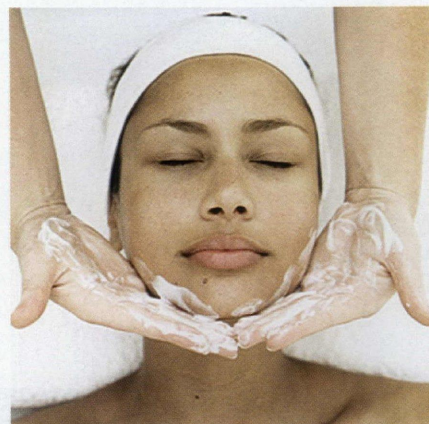
*Honorable Mention*  
The Umstead Spa, Cary

**HAIR SALON**

*Standing Ovation*  
Douglas Carroll Salon, Raleigh  
Salon Blu, Raleigh

*MetroBravo*  
Lux Salon, Raleigh

*Honorable Mention*  
Samuel Cole Salon, Raleigh



**Skin Sense**

**YOGA STUDIO**

*Standing Ovation*  
Moving Mantra Yoga Studio, Raleigh

*MetroBravo*  
Blue Lotus, Raleigh

*Honorable Mention*  
Open Door Yoga, Raleigh

**SALON FOR SPRAY TAN**

*Standing Ovation*  
Physios Salon, Raleigh

*MetroBravo*  
Douglas Carroll Salon, Raleigh



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The Goddard School, Triangle-wide

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*MetroBravo*  
St. David's School, Raleigh  
Trinity Academy, Raleigh  
*Honorable Mention*  
Cary Academy, Cary

### PRIVATE HIGH SCHOOL

*Standing Ovation*  
Ravenscroft, Raleigh

Trinity Academy, Raleigh  
*MetroBravo*  
St. David's School, Raleigh  
*Honorable Mention*  
Cardinal Gibbons High School, Raleigh  
Cary Academy, Cary

### PRIVATE COLLEGE

*Standing Ovation*  
Duke University, Durham  
William Peace University, Raleigh  
*MetroBravo*  
Meredith College, Raleigh  
*Honorable Mention*  
Davidson College, Davidson

### PUBLIC COLLEGE

*Standing Ovation*  
North Carolina State University, Raleigh  
*MetroBravo*  
The University of North Carolina at Chapel Hill, Chapel Hill  
*Honorable Mention*  
East Carolina University, Greenville  
The University of North Carolina Wilmington, Wilmington

### PARTY SCHOOL

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*MetroBravo*

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*Honorable Mention*

North Carolina State University, Raleigh

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**CAR DEALERSHIP**

*Standing Ovation*

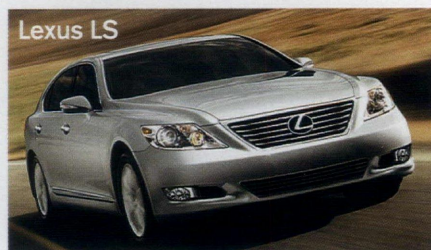
Johnson Lexus, Raleigh and Durham

*MetroBravo*

Leith Porsche, Cary  
Leith Mercedes-Benz, Raleigh

*Honorable Mention*

Fred Anderson Toyota, Raleigh



Lexus LS

**SPORTS UTILITY VEHICLE**

*Standing Ovation*

Porsche Cayenne  
BMW X5

*MetroBravo*

Acura MDX

*Honorable Mention*

Jeep Grand Cherokee

**SPORTS CAR**

*Standing Ovation*

Porsche Panamera

*MetroBravo*

Mercedes SLS AMG

*Honorable Mention*

BMW Z4  
Audi R8

**SEDAN**

*Standing Ovation*

Mercedes-Benz CL-Class

*MetroBravo*

Lexus LS



Porsche Panamera

*Honorable Mention*

Cadillac CTS Sport

**LUXURY CAR**

*Standing Ovation*

BMW 760Li

*MetroBravo*

Mercedes-Benz CL-Class

*Honorable Mention*

Jaguar XK

**HYBRID CAR**

*Standing Ovation*

Lexus LS

*MetroBravo*

Porsche Cayenne

*Honorable Mention*

Infiniti M



Mercedes CL

**DEALERSHIP FOR SERVICE**

*Standing Ovation*

Johnson Lexus, Raleigh and Durham

*MetroBravo*

Leith Mercedes, Triangle-wide

*Honorable Mention*

Thompson Cadillac, Raleigh

**SERVICE STATION**

*Standing Ovation*

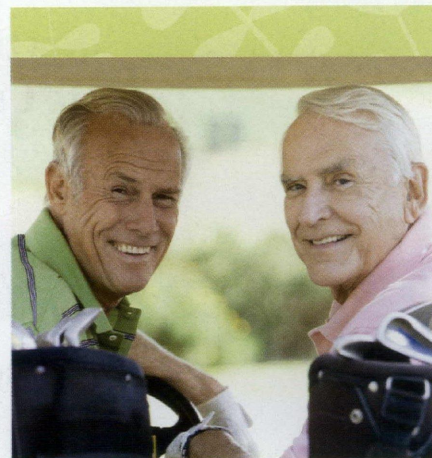
Glenwood Village Exxon, Raleigh

*MetroBravo*

North Hills Exxon, Raleigh

*Honorable Mention*

Mission Valley 66, Raleigh  
White-Wall Auto Repair, Raleigh



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# North Carolina State University's **Newly Envisioned**

## Gregg Museum of Art & Design

by Diane Lea

**I**t is one of those “Ah-ha” moments. What could be more appropriate, functional and beautiful than to reinvent North Carolina State University’s Gregg Museum of Art & Design by adapting one of NC State’s most iconic historic buildings as its home and expanding that home with a new addition designed by one of the country’s leading architectural firms. The architect for the 1928 Georgian style Chancellor’s Residence at 1903 Hillsborough Street in Raleigh was Hobart Upjohn, scion of a famous family of New York-based architects. Though he had completed a

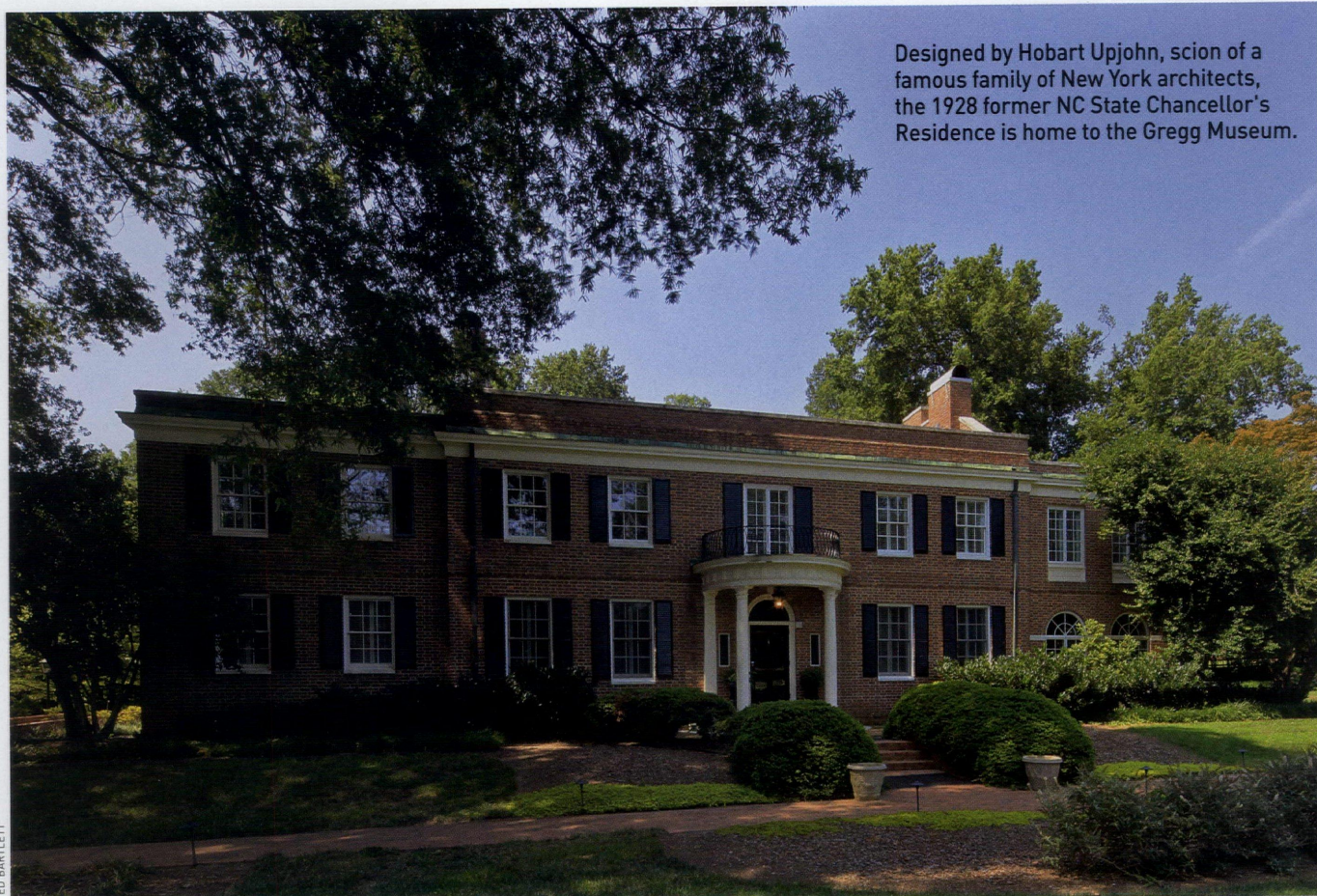
number of projects in New York before working in North Carolina, Hobart Upjohn’s greatest period of productivity is represented by his NC State commissions that include the university’s Brooks Hall (home of the College of Design), Thompson Hall (home of ARTS NC State’s University Theatre and the Crafts Center), and Bagwell, Daniels, Gold, Page, Peele, Polk, and Welch Halls. It is especially appropriate that the nationally recognized firm chosen to design and see to completion the new energy-efficient LEED certified addition is the Freelon Group, a 50-person architectural firm based in Durham. Philip G. Freelon, the firm’s

The Freelon Group, a Durham-based architectural firm, was chosen to design and see to completion the new addition for the Gregg Museum of Art & Design.





Designed by Hobart Upjohn, scion of a famous family of New York architects, the 1928 former NC State Chancellor's Residence is home to the Gregg Museum.



TED BARTLETT

The Gregg's collection of 25,000 items include major holdings in textiles, clothing, ceramics, folk and native American art as well as sculpture.



TED BARTLETT

principal and founder, is a 1975 graduate of the architecture program in NC State's prestigious College of Design. His award-winning firm has been given the commission for the design of the Smithsonian Institution National Museum of African American History and Culture on the National Mall in Washington, D.C.

The history of the Gregg Museum of Art & Design gives testament to NC State's long-standing commitment to the arts as integral to its mission as an educational and cultural institution, both for its students and for the greater North Carolina community. As early as the 1960s, an Art Acquisitions Committee began acquiring art for the campus. When the NC State Student Center (now the Talley Student Center) opened in 1972, the committee saw to it that art was displayed in the



The Point, the new Chancellor's Residence located on NC State's Centennial Campus, was designed by College of Design Dean Marvin Malecha.



ROGER MANLEY

center. Soon thereafter, curator Ben Williams was hired to develop programs and exhibitions and continue building a Visual Arts Program collection. Williams was followed in 1981 by Dr. Charlotte Brown, (now Wainwright), who served as both director and curator of the Visual Arts Program. Brown worked with the supporting group Friends of the Gallery (FOG), now Friends of the Gregg, founded in 1983.

By 1992, the Visual Arts Center, a new addition to the Student Center, became the University's first dedicated gallery and collection facility. With 4,000 square feet of galleries and storage designed to accommodate 5,000 objects, the Center seemed to be well equipped for its future development. In 2006, the Center became the Gregg Museum of Art & Design in recognition of support by John and Nancy Gregg, their friends and family. From those early days, the Gregg's collection has grown to more than 25,000 objects that include major holdings in textiles, clothing, ceramics, folk and Native American art, photography, design, decorative arts, and self-taught art. Its collections are comprehensive and intended to complement the education of every student as well as to promote better understanding of the context that art provides for our state's history and culture.

In 2009, after 27 years as director of the Gregg Museum of Art & Design, Charlotte Brown retired. Her work and the work of FOG are seen as crucial to the development of the Gregg. In 2010, Davidson College graduate, Roger Manley, an artist, photographer, filmmaker and writer, who had served as curator at the Gregg during the 1990s was appointed Director of the Gregg. Following intensive advocacy by Alex Miller, Vice Provost for ARTS NC STATE, and other arts

supporters, in November of 2010, the NC State Board of Trustees voted to move the Gregg into the soon-to-be vacated Chancellor's Residence and to build an adjacent 15,000 square foot addition. Miller has described the setting for the new Gregg as the "perfect location for this 'hidden jewel' on NC State's campus to be shared widely with our campus and community."

**Banks C. Talley, Jr., NC State Vice Chancellor Emeritus, describes the new Gregg project as a perfect blending of historic preservation, landscape conservation, energy efficient design and functional campus planning.**

Banks C. Talley, Jr., NC State Vice Chancellor Emeritus, describes the new Gregg project as a perfect blending of historic preservation, landscape conservation, energy efficient design and functional campus planning. He notes that the construction of the new Chancellor's Residence, The Point, designed by College of Design Dean Marvin Malecha and located on NC State's Centennial Campus, made possible not only a new expanded Gregg Museum and sculpture garden but also a new gateway or "front door" for the main University campus. "The 1928 Chancellor's residence is perfectly situated to the east of the Memorial Bell Tower in proximity to

the City of Raleigh's Theatre in the Park and the Pullen Arts Center, major elements in the city's 66-plus acre Pullen Park," says Talley. "The Freelon Group's design for the 15,000-plus square foot addition includes an extensive redesign of the historic residences' three-acre site to include gardens, public parking, and a pedestrian walkway leading from the new Gregg to the Theatre in the Park (now named The Ira David Wood, III, Pullen Park Theatre) and the Pullen Park Arts Center."

The materials chosen for the low-rise rectilinear addition include narrow horizontal bands of wood seamed to the classical brick residence by a glass walled entry foyer overhung with a louvered screen. The sim-





TED BARTLETT

plicity of the materials and form fits nicely into the natural setting surrounding the residence that features a swath of green lawn framed by towering mature oak trees. An elegant concourse will connect the exteriors of the two buildings and defines the walkway from Hillsborough Street. The front lawn of the museum will feature a sculpture garden as a major landscape element and outdoor gallery. The entry foyer will open to the grand lobby with its lofty ceiling and white walls. Within the addition, a multitude of simple geometric spaces, some with soaring ceilings, some without, some enclosed, some open, will connect and form a patchwork quilt of galleries that resonate with the character of the collections. The Gregg addition is designed for galleries, exhibit space and exhibit support services, including climate control storage on the lower level. The addition's west elevation will overlook the historic residence's formal garden. There will be ease of pedestrian access from the addition to the garden and walkway to the adjacent park buildings.

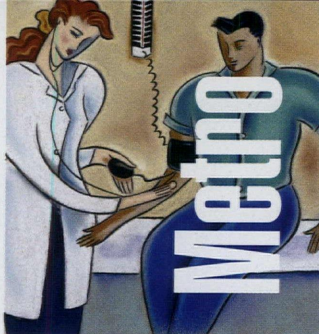
The Freelon Group intentionally separated the functions of each building to allow for sensitive renovation of the historic residence while using the best of modern technology and construction techniques to maintain energy efficiency and minimize construction costs. Whereas the new gallery space is housed in the addition, the residence is reserved for administrative offices and meeting spaces. The handsome detailing of the residence includes a sweeping curvilinear main staircase, tall, imposing mantels, banks of mullioned windows and doors, providing residential comfort as well as a suitable backdrop for selected art objects. The grand hall runs the width of the living area. The garden hall at

The formality of the elegant interiors of the historic 1928 residence provides a lovely foil for the various objects from the museum's collection.

the rear of the structure overlooks the formal garden. This interplay of indoor-outdoor space is further emphasized by the multitude of windows that continue across all rooms on the rear elevation.

Standing in the historic residence's recreation room with architectural renderings of the new Gregg displayed on the conference table and on easels, Banks Talley reflects on the importance of the future Gregg Museum of Art & Design. Talley has been associated with NC State since the 1950s. He has championed historic preservation and the visual and performing arts during his long and successful career. He is gratified that NC State Chancellor W. Randolph Woodson and his wife, artist Susan Woodson, have put the full weight of their combined talents to work to assure the creation of the new Gregg Museum. "Susan Woodson stepped up and took on the task of Honorary Chair for the Gregg Campaign Committee," says Talley. "Without the commitment of the administration, dedicated alumni and members of the City of Raleigh and the greater North Carolina community, it would be impossible to fund the renovation and new construction." To date, \$2.4 million is needed to complete the fund-raising for the \$7.5 million Gregg project and break ground in 2013. Banks Talley concludes, "These projects are dear to me, for they ensure the continued growth of the arts at NC State and the preservation of some of our most historic structures." **MM**





# Medical Rx

## BCBSNC and Wilmington Health Launch ACO

Blue Cross and Blue Shield of North Carolina (BCBSNC) and Wilmington Health, a multi-specialty physician group practice in southeastern North Carolina, are establishing a physician-led Accountable Care Organization (ACO) designed to improve care, efficiencies and costs.

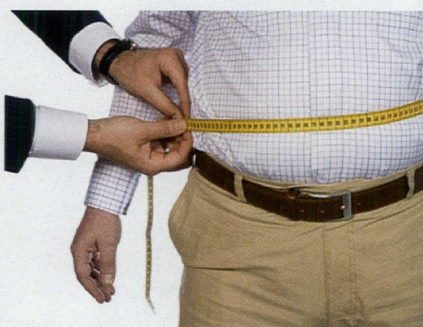
Wilmington Health, that provides 30 specialties, is developing a new oncology program with BCBSNC to improve health outcomes by providing up-to-date evidence-based research treatments. Go to [www.wilmingtonhealth.com](http://www.wilmingtonhealth.com) for more.

## UNC Health Care and Rex Healthcare Unveil UNC Physicians Network

Community physicians affiliated with UNC Health Care are adopting a new name: Triangle Physician Network (2010) has become UNC Physicians Network (UNCNP), reflecting outreach beyond the Triangle area.



UNCNP supports 34 practices and more than 150 providers.



## GSK Could Target New Diet Pill Maker as Next Takeover Target

Arena Pharmaceuticals, makers of Belviq, a prescription obesity medicine approved by the FDA in June 2012, has been targeted for purchase by GlaxoSmithKline, the giant British pharmaceutical firm with U.S. headquarters in Research Triangle Park, NC.

Belviq, the first weight-loss drug to be cleared for sale in the U.S. in 13 years, affects an area of the brain that causes individuals to feel full after consuming less food.

## UNC Hospitals Qualifies for Achievement Award in Heart Attack Care

UNC Hospitals recently qualified for the Gold Level Performance Achievement Award from the American Heart Association's 2012 Mission: Lifeline program by demonstrating for 24 consecutive months that at least 85% of eli-

gible ST Elevation Myocardial Infarction patients are treated within specific time frames upon entering the hospital and discharged following the AHA's recommended treatment guidelines.

## Hormone Preserves Insulin Production and Beta Cell Function in Diabetes

Researchers at Duke University Medical Center have found protective, anti-diabetic functions for a hormone (TLQP-21) that, like insulin, is produced by the islet cells of the pancreas. The discovery could open pathways for further research toward prevention and treatment for type 1 and type 2 diabetes.

## Wake Forest Baptist Develops Comprehensive Weight-Management Program

Wake Forest Baptist Medical Center has hired Jamy D. Ard, M.D. as "associate professor of internal medicine and public health sciences and medical director of its Weight Management Center." He will join the faculty on September 1st.

## New Hanover Develops Electronic Health Record

New Hanover Regional Medical Center transitioned its electronic medical record to a new, Epic-based electronic health record system called NHRMC Connect that allows patients to have a single, shared and secure electronic health record. Physicians can



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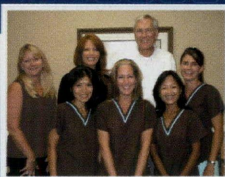
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### Cord Blood Saving Lives

Donations of umbilical cord blood, available since 1993 when Duke University Medical Center's Dr. Joanne Kurtzberg performed the world's first cord blood transplant, can be used years later to transplant to a patient who suffers from cancer or rare genetic disorders. Cord blood helps patients suffering from leukemia, sickle cell anemia, other blood disorders and immune and metabolic disorders – and can help patients injured during childbirth.

### Diagnostic Center Opens Off New Bern Ave.

WakeMed has opened a new Diagnostic Center on the 1st floor of the WakeMed Raleigh Medical Park located near the corner of New Bern Avenue and Sunnybrook Road to offer outpatient imaging, lab services and pre-anesthesia testing in a location adjacent to the WakeMed Raleigh Campus.



The 30,000 square-foot Capital City Surgery Center is scheduled to open at the WakeMed Raleigh Medical Park this summer. Duke Children's and WakeMed Children's Specialty Services will also open offices in the Medical Park this fall.

### Durham Regional Hospital Named a Leader in LGBT Healthcare Equality

Durham Regional Hospital has been recognized as a "Leader in LGBT Healthcare Equality" in the Healthcare Equality Index 2012 report, an annual survey conducted by the Human Rights Campaign Foundation, the educational arm of the country's largest lesbian, gay, bisexual and transgender organization.

### Raleigh Radiology Expands Services

Raleigh Radiology will open a new 14,000-square-foot digital diagnostic facility in Cary on November 15 at 150 Parkway Office Court near the intersection of Tryon Rd and Cary Parkway. Raleigh Radiology will also



expand services at Brier Creek, located at 8851 Ellstree Lane by offering digital mammography, MRI, bone density testing, ultrasound and walk-in X-ray services.

### Primary Care Centers Opening Soon

Morrisville Primary Care, 6102 Grace Park Drive, opens in August and Fuquay-Varina Primary Care, 231 North Judd Parkway, in September.

### New Model of Alzheimer's

Researchers at the Alzheimer's Association International Conference reported the creation of a new model of Alzheimer's derived from the skin cells of people with the disease that were re-programmed into Alzheimer's brain cells.

### ECU Clinical Trial A Success for Trans-Catheter Aortic Valve Replacement

Surgeons and cardiologists at the East Carolina Heart Institute at Vidant Medical Center and ECU inserted a new heart valve through the apex, or tip, of a patient's heart. TAVR (trans-catheter aortic valve replacement) procedures are often performed by inserting the valve through an artery in the leg. Patients with leg arteries too small for the TAVR device can be treated via a trans-apical approach that uses a mini-incision into the tip of the heart through the left chest. TAVR is considered to be less invasive than a traditional valve-replacement operation.

## EVENING AND SATURDAY MAMMOGRAMS

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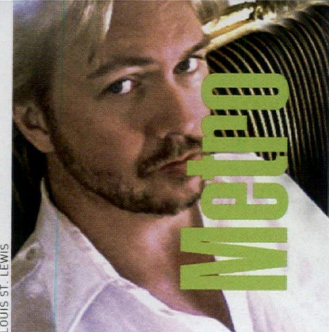
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# Artist-at-Large

by Louis St. Lewis

## SOUTHERN PART OF HELL

Chapel Hill is called "The southern part of heaven". Well, this summer it has felt more like the southern part of hell. Now, don't get me wrong, I'm no shrinking violet when it comes to hot weather. We only had fans to cool us at home when I was growing up, and I can remember lying on the floor with a bowl of ice in front of the fan, pretending it was a cooling arctic blast. And here in Chapel Hill, my air conditioning system gave out one year and I they couldn't repair it for weeks. Every fan was a blowing, every cold glass of wine was glistening I even came up with creative ways to get a very special chill. I'd place my raccoon coat in the fridge for about an hour, then quickly slip it on naked as the day I came into this world. For about 15 minutes at a time I was in Siberian paradise. I'd close my eyes, take a cold shot of icy vodka and pray for winter to come early. This year, however, is truly a scorcher and even though my air conditioner is running full tilt, I have taken to watching *Dr. Zhivago* constantly, especially the scene where they arrive at the summer cottage mid-winter. Chandeliers and furniture crusted with ice, crystals and snow dusting the mantles. But you can only stay safely inside an ice palace so long. Some friends have fled to England for the Olympics, some have headed to Maine, some of us are forgoing vacations and opting for the growing popularity of STAY-cations. I'm happy to say there are plenty of things for cool guys and gals to do this season that are artistically engaging.

### CREATIVE WINGS

Frank Gallery ([www.frankisart.com](http://www.frankisart.com)) is featuring a show called "Give me Wings" that includes a wide selection of artworks that visually stir up a breeze. From moths & butterflies, to airplanes and helicopters, crows and katydids the subjects of this invitational group show will certainly put the wind beneath your own creative wings. Frank Gallery is a collective with a huge stable of



*Flying Fish, by Carroll Lassiter*

members. As you might expect, as a result of the numbers, there are both great artists (Ellen Kong, Caroline Vaughan, Madelyn Smoak, Linwood Hart, etc.) as well as artists who should perhaps look towards careers in plumbing instead. The space is very attractive and well designed as well.

### NASHER CHIEF HEADS FOR SEATTLE

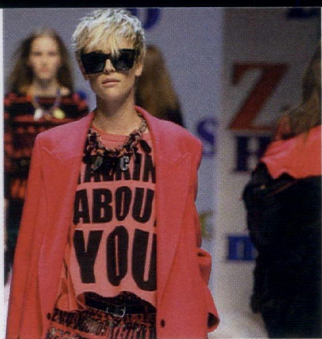
One lady who knows how to beat the heat in style is the lovely Kimerly Rorschach. After ruling the roost as Director of Duke's Nasher Museum ([www.nasher.duke.edu](http://www.nasher.duke.edu)) since its inception, she is making the big jump to head the Seattle Art Museum ([www.seattleartmuseum.org](http://www.seattleartmuseum.org)). Hmm, a sophisticated town triple the size of Durham (with less crime), NO hot days like ours, and a bigger museum as well? I wonder what fraction of a nano-second it took her to make THAT decision? But then Ms. K. has always been a lady on the go. She was Director of Chicago's Smart Museum for a decade, and also worked at the Philadelphia Museum of Art - AND she was a Fulbright scholar. The

lady knows a smart move when she sees one. Do yourself a favor and go to the cool Nasher during these final days of the Rorschach reign. The Nasher may never been the same again. We wish her nothing but great success on her continuing journey.

### ONLINE ART

Sometimes you just want to stay in your own bed with the laptop and a cool glass of wine. In that case, enjoy the new online magazine created to celebrate the arts and artists of the Triangle. *Au Courant Magazine* ([www.aucourantmagazine.com](http://www.aucourantmagazine.com)) has everything you need to know about our local artists. Interviews and reviews by and about writers, artists, dancers, jewelers, actors, bon vivants. You name it, they cover it. Stylish and well designed, the online magazine is something that shows off the enthusiasm of founder Marwen El Hicheri, a fine artist in his own right. Obviously, this is a labor of love, and it shows. Go pour an icy one and see for yourself. **MM**





# Style

by Catherine Fain

## TRENDING FOR FALL

**F**ootwear, from pumps to boots, are featuring two-toned toes. The styles range from metallic to snake skin to contrasting leather toes. The detailing adds a kick to an otherwise basic shoe. Other noteworthy footwear trends to look out for: bright colors, such as fuchsia or cobalt, ankle detailing and new heel shapes.



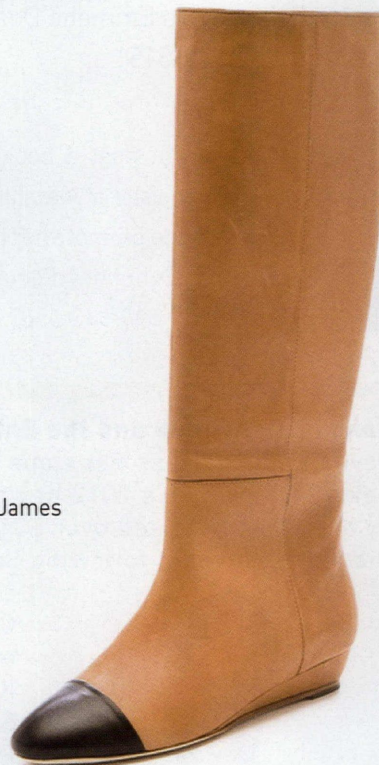
Rebecca Taylor Lola flat



Jeffrey Campbell Flava



Elizabeth and James Sash pump



Loeffler Randall Margeaux  
Cap toe Sliver wedge boot



Vince Camuto Prunella pump



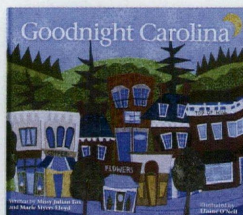
Sigerson Morrison Walda



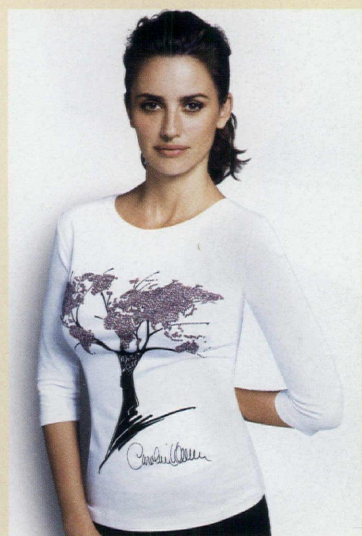


**Fine Feathers** will host two fall trunk showings featuring Alta Moda by Christian Ruperto and Emmelle Designs from August 21 through August 25; Chapel Hill, 919-942-3151

**Julian's** will host a book signing for Missy Julian-Fox, sister of Alexander Julian, on August 19, 1-3pm, to promote her new book *Goodnight Carolina*. Light hors d'oeuvres will be served; Chapel Hill, 919-942-4563.



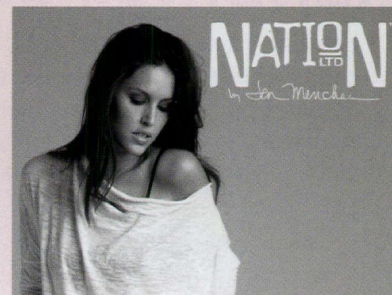
**Saks Fifth Avenue and the Entertainment Industry Foundation** have named actress Penelope Cruz as the EIF ambassador for Saks Fifth Avenue's 2012 Key to the Cure campaign. The company has already raised over \$31 million for cancer research over the fourteen years following Saks Fifth Avenue's first charity shopping weekend.



Designer Carolina Herrera created a limited-edition T-shirt exclusively for Key to the Cure that will retail for \$35 at Saks Fifth Avenue and Saks Fifth Avenue OFF 5TH stores as well as saks.com. The T-shirt will debut on October 1<sup>st</sup>, and one hundred percent of the proceeds will go to EIF's Women's Cancer Research Fund. Saks Fifth Avenue's charity shopping weekend will take place Thursday, October 18 through Sunday, October 21 at all Saks Fifth Avenue and Saks Fifth Avenue OFF 5TH stores nationwide and on saks.com.

## FASHION NEWS

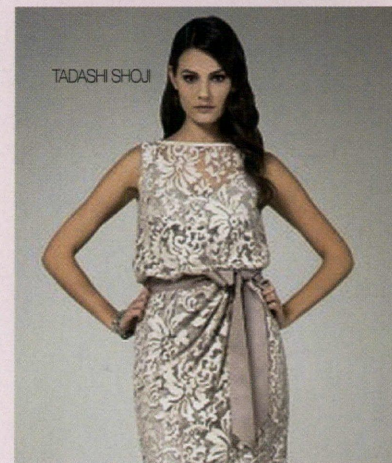
**Gena Chandler** will host a Nation LTD Trunk Show with designer and founder Jen Menchaca on August 9, 10am-7pm. The first 50 customers will receive a free gift with purchase. Gena Chandler will also host a Diane Von Furstenberg Trunk Show with Rep. Kiki with the entire Fall collection on August 23, 10am-7pm; Raleigh, 919-881-9480



**Charlotte's** will host a Bridal Show on September 6, 6-8pm, at the Cameron Village location and will also host an Elizabeth McKay Clothing Show on September 27-28 also at the Cameron Village location; Cameron Village, 919-821-9828

**Saks Fifth Avenue, Raleigh, 919-792-9100**

- David Yurman Trunk Show, August 9-11
- Akris Punto Fall 2012 Trunk Show, August 15
- Roberto Coin Trunk Show, August 17
- Purses, Pumps and Pearls Fashion Show and Silent Auction to Benefit North Raleigh Ministries' Food Pantry and Crisis Center, August 23, 5:30-7:30 pm
- Armani Collezioni Trunk Show, September 14



- Tadashi Shoji Trunk Show hosted by Leon Talbot, September 27
- Fall Beauty Week, September 27-October 6

**Kristen's Shoe Boutique** will host a Chanel Fall Make-up Event with champagne & shopping on August 22, 11 am-7 pm (make-up appointments required); Cary, 919-678-1234.



# Back to School

by Beth Jang



**Zoo Backpack Collection**, \$19.99, The Container Store, Raleigh, [www.containerstore.com](http://www.containerstore.com)



**Campus Classics (UNC)**, \$48, TOMS, Available Online, [www.toms.com](http://www.toms.com)



**Women's Boat Neck Sweater**, \$24.94, Old Navy, Triangle-wide, [www.oldnavy.gap.com](http://www.oldnavy.gap.com)



**Room Essentials Chevron Dinnerware and Matching Tumblers**, \$1.49-\$1.79, Target, Triangle-wide, [www.target.com](http://www.target.com)



**2013 Agenda**, \$25.00, Vera Bradley, Triangle-wide, [www.verabradley.com](http://www.verabradley.com)



**Mini Desk Set**, \$12.00, Vera Bradley, Triangle-wide, [www.verabradley.com](http://www.verabradley.com)



**Nike Boys' Grade School Free Run 3 Running Shoe**, \$77.99, Dick's Sporting Goods, Triangle-wide, [www.dicksportinggoods.com](http://www.dicksportinggoods.com)



**Rococo Cork Board**, \$19.99, The Container Store, Raleigh, [www.containerstore.com](http://www.containerstore.com)





Hover Easy-on Floral Sneaker, \$40, Crocs, Triangle-wide, [www.crocs.com](http://www.crocs.com)

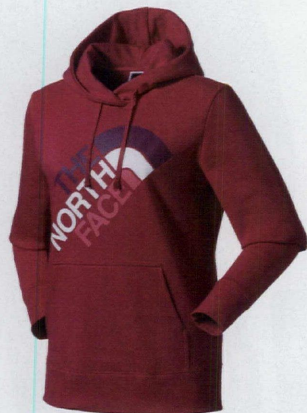
Juicy Couture Viva la Juicy La Fleur Eau de Toilette, \$90.00, Belk, Triangle-wide, [www.belk.com](http://www.belk.com)



Women's Oxford Shirt, \$20.00, Old Navy, Triangle-wide, [www.oldnavy.gap.com](http://www.oldnavy.gap.com)



Little Black Dress, \$19.99, The Container Store, Raleigh, [www.containerstore.com](http://www.containerstore.com)



The North Face Women's Jumbo Logo Hoodie, \$45.00, Dick's Sporting Goods, Triangle-wide, [www.dickssportinggoods.com](http://www.dickssportinggoods.com)



Magnetic Mesh Vanity Bin, \$6.99, The Container Store, Raleigh, [www.containerstore.com](http://www.containerstore.com)



Speck 15" See Thru Case for MacBook Pro, \$49.95, Apple, Triangle-wide, [www.apple.com](http://www.apple.com)



Clothesline Laundry Hamper, \$29.99, The Container Store, Raleigh, [www.containerstore.com](http://www.containerstore.com)



Justin Bieber's Girlfriend Body Lotion, \$25.00, Belk, Triangle-wide, [www.belk.com](http://www.belk.com)



Décor Screen Panels, \$9.99 each, The Container Store, Raleigh, [www.containerstore.com](http://www.containerstore.com)



Room Essentials Storage Futon, \$159.99, Target, Triangle-wide, [www.target.com](http://www.target.com)



Women's Short-Sleeved Sweater, \$19.95, Old Navy, Triangle-wide, [www.oldnavy.gap.com](http://www.oldnavy.gap.com)



## SMALL TOWN EDITOR WAS BIGGER THAN LIFE

**H**oover Adams, the long-time publisher of *The Daily Record* in Dunn, NC died recently at age 92. Dunn is a small town in Harnett County. I remember some ten years or so ago I interviewed Hoover for a feature in the Z. Smith Reynolds Foundation annual report. He was excited the population had just reached 10,000 – an historic event in Hoover's book. It is about that today, so it is amazing that

it exactly as I please."

Everyone understood that was the way it worked. At my house, we rarely referred to *The Daily Record*. We called it simply "Hoover's Paper."

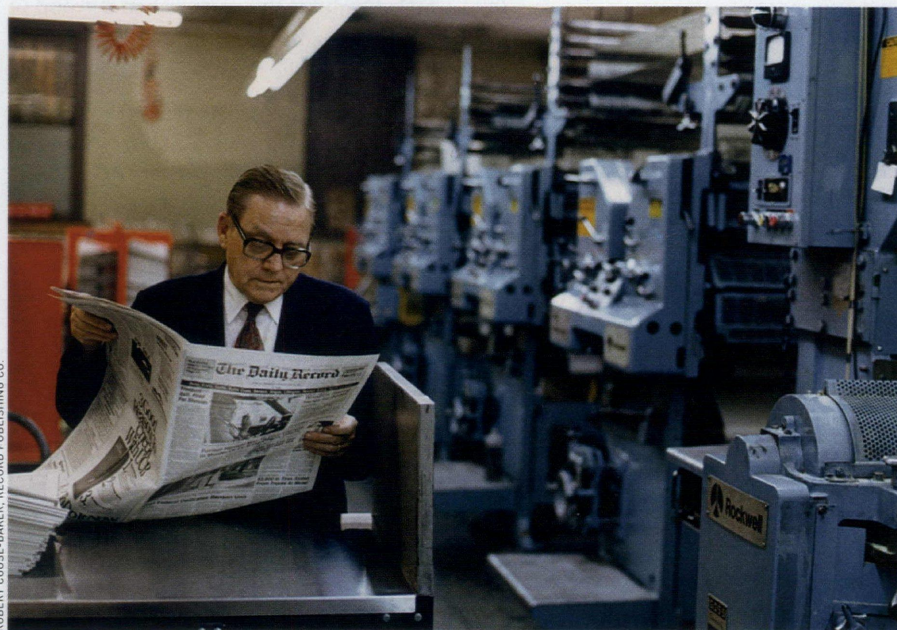
I grew up in Buies Creek some 10 miles from Dunn. But I got to know Hoover personally only after I started working with former Senator Robert Morgan, a Democrat and Hoover's life-long friend whom he

All day, every day, he garnered them, taking notice of facts that most people would not consider newsworthy. In the old days, a long distance phone call from a relative in Alaska was enough to get a mention. Vacations. Births. Hospital stays. Local kids made good. Honors. Christmas pageants. Deaths. Parties.

Hoover loved food and eating well. Strawberries were a favorite, and he bought flats of them in season while heaping praise in his column on the open air market where he shopped. He invited me by the house one day to share some with me. He and his beloved wife Millicent traveled, often on cruises, with his friends Mr. and Mrs. Jesse Alphin. He would report back home on the sumptuous dining on board. When locals gave parties, Hoover would tell the number of shrimp and marvel at their size. He would list everything served, right down to the mints, and was capable of declaring that the Vanderbilts never laid out a spread like it. That was Hoover.

All this did not go unnoticed by me. And when I began writing my column for this magazine more than a decade ago, I confess than I stole a page from Hoover's book. I consciously included names of people and places whenever I had a chance and was generous with compliments. One day a friend looked at me accusingly and said, "You certainly are a big name dropper." I replied simply, "I know." I was flattered that several times when Hoover and Millicent were on vacation, he allowed one of my *Metro* columns about Harnett County to run in the space reserved for "These Little things."

Every conversation with Hoover was an interview. I would drop by his office and he would greet me with a "Hello, Dr. Leggett," which is what he called me. After the formalities would come questions: "What do you think about what the Governor did yesterday?" "Who do you think is going to win the Senate race?" You had to be careful or you could be a headline the next day. Bev Perdue found that out the hard way when she was Lt. Governor. She paid a courtesy call on



Mr. Hoover Adams reviews a copy of *The Daily Record* newspaper in Dunn, N.C., 1989.

the death of the publisher of this small paper prompted an AP article and an op-ed piece with a picture in my own paper, the *Winston-Salem Journal*.

Amazing, perhaps, but not all that surprising. Hoover Adams was bigger than life and a controversial figure from the time he returned from WWII as a captain and settled down to pursue his passion for journalism. He pulled no punches and didn't mind taking sides in political battles. After all, by golly, it was his paper. I always envied him that. When friends asked what I would like to do when I retired, I would say, "have my own newspaper like Hoover Adams and run

boosted shamelessly in his paper. After that, whenever Hoover wrote about me he referred to me most generously as "Carroll Leggett, prominent young Buies Creek attorney and son of Mrs. Worth Lanier of Buies Creek." Mother loved the mentions, of course, and I remember her getting her nose out of joint once when Hoover mentioned me and forgot to give mother her credit. "You would think from reading Hoover's Paper that you don't have a mother," she huffed.

Hoover Adams knew that people liked to see their names in print, and he was a master of it. His column, "These Little Things," was packed with tidbits of local happenings.



Hoover, like hundreds of politicians did over the years, and let her guard down. When he asked her whether she would consider running against sitting Governor Mike Easley, she waffled just a bit instead of giving an emphatic, "No." She had a week or so of political damage control after Hoover declared in the next day's paper that she was considering trying to unseat Easley.

Hoover had another US Senator as a best friend, Republican Jesse Helms. They worked together as young journalists and became friends for life. Helms' former Chief of Staff, Jimmy Broughton, started out working in the Senator's mail room. "We had a short list of mail that went directly to Senator Helms' desk each morning. It included *The Daily Record*. I thought that was a strange and when I asked about it, I found out about their friendship." Over the years Jimmy and Hoover had many conversations. As we stood in the line at Hoover's wake, he told me how he learned to watch his comments or else make news in *The Daily Record* the next day.

Hoover was generous in praise of those he liked. He had no reservations about embellishing accomplishments or estimat-

ing on the high side when numbers were involved. For example, he loved the Harnett Regional Theatre and never missed a performance. "I have seen South Pacific several times in New York and in London," he might say, "and I have never seen a better production than the one we enjoyed here last night." On the other hand, if you tried to praise Hoover, he would duck his hand, get embarrassed and try to give the credit to someone else.

I learned something else from Hoover Adams. One day we were discussing the fact that he had won national recognition, including an article in the *Wall Street Journal*, for the incredibly high readership of his paper. That prompted him to explain his philosophy as owner of a community newspaper. He said to me, "Any reporter worth his salt should be able to go to the phone book, run his finger down the page, stop at any name, and get a story out of that person. Everyone has a story if you just know how to get it out of them." I believe that, and if you have read this column over the years, you have seen evidence of it. Consequently, I never sit quietly in the back seat of a DC cab. I want to hear

the driver's story, or a bit of it, if he will share it. And because I recognize I am gregarious, when I meet new people I try to find a connection that makes them the focus of the conversation. That is pure Hoover.

Hoover was intensely loyal to his friends. That was obvious. But there is one story that somehow I missed until I read it in the outstanding piece about Hoover's life that Brian Haney wrote for *The Greensboro Daily Record* after his death. When Robert Morgan, his great friend, decided to announce as a candidate for the US Senate, the event was held at Campbell University. Former Vice President and US Senator Hubert Humphrey, a friend of Morgan's, was the keynote speaker and the county was buzzing about the event. Then a group of people bought an ad in *The Dunn Dispatch*, then *The Daily Record's* competing paper, and defamed Humphrey and told him he was unwelcome in Harnett County. According to Morgan, when Hoover found out, he said simply, "That's the last time they will ever do that." Shortly thereafter Hoover bought *The Dispatch*, operated it a while, then locked the door.

Hoover could prompt controversy, and it never seemed to bother him when folks were out of sorts with him. In the midst of one of these frays, he looked at me, grinned and said, "What they say doesn't bother me. I have been accused of everything except being a member of the church choir."

One final story. When I was living in DC, a major Harnett County politician who was a mutual friend died. He, like Hoover, had his detractors. I couldn't make it home, so I called Hoover to get a report on the funeral. "Huge crowd," he said. "The church was packed and folks were standing all out in the churchyard. Half of them came because they were sorry he died. The other half came to make sure he had." We laughed.

If I could have talked with Hoover as I stood in the long line of folks waiting to speak to his family at the wake, I would have recalled that conversation and asked, "Now, Hoover, do you think that is happening here today?" In his fashion, he would have turned the question back to me, again giving me that mischievous grin he perfected over the years, and say, "I don't know, Dr. Leggett, what do you think?" I bet he would have been delighted if I answered, "Yes." **MM**



# Shhhhhh.....

## CIA Gift Shop Coming to Raleigh Spy Conference

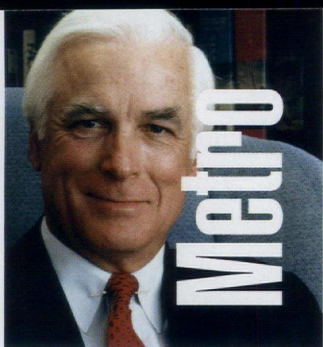
CIA's in-house store - the only facility authorized to sell gift items with CIA's official logo and other intelligence community insignia - has chosen the Raleigh Spy Conference to offer registered attendees the chance to purchase from a variety of selections, including many not available to the public.

Offerings include engraved crystal, special coins, key chains, logoed golf & sports apparel, mugs, martini glasses, books, pictures and many children's items.

Named the Employee Activity Association (EAA) the CIA store maintains two locations: one at CIA Headquarters at Langley, which is open to members and special visitors; and a Herndon, VA store and Mail Order Center for Agency retirees and current members worldwide.

**Go to [www.raleighspyconference.com](http://www.raleighspyconference.com), or call Carlie Sorosiak at 919-831-0999 for information and to register for the 8th conference August 22-24 at the NC Museum of History.**





# Editor-at-Large

by Jim Leutze

## CLASS WAR ON THE BEACHES

**T**he reality is finally sinking in – the federal government is not going to return to the policy of generously subsidizing beach nourishment and shallow draft inlet dredging. Long in the sights of budget hawks – from both Democrats and Republican – aided and abetted by some elements of the environmental movement, sand for the beaches and dredges for inlets have long been on life support. The only thing that kept the inevitable from happening were “earmarks” by coastal legislators; notable among them Mike McIntyre. But now the “Honorable” have gotten religion and banned earmarks, or at least have said they are going to ban most of them – except in extraordinary, dire, likely to be unnoticed cases. To the distress of many in coastal states, sand pumped on beaches is pretty obvious and therefore isn’t likely to slip under the radar.

Now I could point out that getting rid of earmarks and wasteful spending is just what many of the conservative persuasion have been wanting all along. Isn’t this kind of spending just another illustration of government run amok? Funny how government running amok is government doing something for someone else.

But I will not cease dealing with the issue of our beaches and our inlets. As we have known for decades, without re-nourishment and dredging a big part of our tourist industry is going to erode right along with the beaches. So now what has previously been a theoretical question: “If the Feds don’t help, how are we going to pay?” becomes a real immediate question.

Not paying for continued renourishment and dredging is the wrong answer. To hone things down a little further, the question is how much do localities, counties and the state chip in? (See, it isn’t non-government entities paying for the kind

of public good, it is which level of government pays). If only the people who live and own property on the beaches pay, they have every right to claim the beaches as private and keep the public off.

One of the things we received when the Feds were paying a share of beach renourishment was required public access. Those signs you see at Wrightsville, Topsail and elsewhere are not just put there by the towns out of consideration for beach goers, they are required since the town has accepted Federal assistance in maintaining their beach.

Once that money stops coming, the issue of public versus private access raises its ugly head. Want an example, look at Florida. There a number of communities fighting over access to the “dry sand” parts of their beaches. Like many other states, including North Carolina, Florida considers the mean high tide line the boundary between public land and private property. No one questions the right of the public to stand on, sit on, or lie on wet sand or walk in the water – but the nice dry sand areas are a more problematic matter. There have been numerous calls over the past 25 years for the state of Florida to mandate the public’s right to use the dry sand areas of its beaches, but state legislators have failed to act.

New Jersey is another example. Last summer the *New York Times* ran an expose’ on the issue of public access to “private” beaches. In one case, a beach club put up “No Trespassing” signs on its stretch of sand leaving non members to cram together on non-club land. According to the article, many places are tourist friendly “but for generations, some property owners, neighborhoods and towns have tried to stem the tide (of tourists) with scarce or time-limited parking, claims of private ownership, bans on

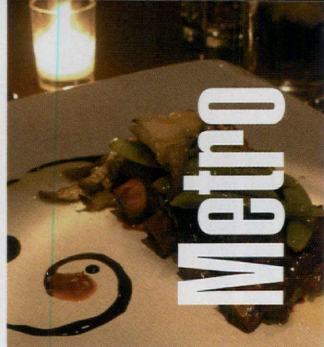
food and drinks, and paths to the sand that are few in number and disguised.”

New Jersey, in the past, had beaches at Sea Bright re-nourished by the Army Corps of Engineers which declared there should be beach access every one half mile. “But in Sea Bright.....there are longer stretches where private properties form an uninterrupted barrier, and even where there is access, restrictive parking rules and questionable signage often keep people away.” Some New York State beaches have used similar tactics to keep the public off the sand. Former Governor Jon S. Corzine of New Jersey required access routes every ¼ mile along with adequate parking, bathrooms and showers, but the State Supreme Court struck down substantial parts of the policy.

These are classic battles over the rights of property owners versus the rights of the public. As our beaches in North Carolina have become more gentrified with bigger homes replacing older beach cottages it could shape up as a class struggle. The owners of the Mac Mansions versus the surfers, fishermen and beach blanket commoners. Without the leverage of beach sand pumped up with public money, the commoners are going to have a much weaker hand; the price I referred to earlier. If the private owners pay for re-nourishment, they can claim they own the sand.

To my mind all this means that concerned citizens and organizations should be beginning now to press the General Assembly to enact legislation guaranteeing public access to the dry sand areas of our beaches. Given the increasing influence of money on our political process, this may not be an easy sell, particularly if beach communities begin buying sand with taxes raised from private landowners. We should start quickly to maintain public access. **MM**





# Gourmet

by CC Glenn

## GOIN' TO NEW ORLEANS

**A**s a native Charlestonian, I presumed I knew how to eat, drink and entertain properly. That was before I spent some time in New Orleans. Down in the Crescent City, eating and drinking is an art form all upstanding citizens aspire to perfect. Whether noshing on a muffaletta at a hole-in-the-wall, or settling in for a prolonged feast at one of the high society establishments scattered throughout the Vieux Carré, a New Orleanian dines with the utmost pride, thoroughly enjoying each mouthwatering morsel of the city's soulful cuisine.

When the opportunity recently arose to visit New Orleans during its 20th anniversary Wine & Food Experience, I couldn't pass. The occasion was marked with elaborate grand tastings, enlightening wine seminars, a foodie stroll through a main drag and several wine dinners at celebrated local restaurants. In Nawlins, you can enjoy its fabulous culinary offerings on any given day.

I and my fellow travelers stopped in Hattiesburg, Mississippi at Peter's Po Boys, a local favorite that serves your standard po-boy selection—shrimp, oyster or roast beef—"dressed" the way you like it (typically with lettuce, tomatoes, pickles and mayonnaise). A derivative of "poor boy," the po-boy is supposedly named after two out-of-work conductors who decided to feed, for free, unemployed streetcar workers for several months during a strike. (Though there are a zillion spots to find a decent po'boy in New Orleans, one favorite is Domilise's near West Tchoupitoulas St. - pronounced chop-a-toolas).

### ROLLING ALONG

After devouring a three-foot long shrimp po-boy, we descended into the Crescent City—it is below sea level, after all. Even early on a week night, Bourbon Street is packed with inebriated dolts, aimlessly staggering in and out of bars.



Shrimp and Grits at Battistella's.

Though most joints on Bourbon Street are loud, unappetizing tourist traps, there remain some classic establishments radiating Old World charm. Jean Lafitte's Old Absinthe House for example, where I decided to kick start the trip with a glass of aromatic Herbsaint, the anise-flavored liquor modeled after Absinthe absent the wormwood.

On mornings in New Orleans, I awake to dreams of biting into hot, heavenly beignets from Café du Monde—there is truly nothing more delightful. Doused in inane amounts of airy powdered sugar, these delectable bites of heaven will inevitably leave you a mess, dotting your face and clothes with smudgy white blemishes. The first time I tried these fried dollops of dough, I fell head over heels. I ate six (one order contains three). For weeks, my dreams were filled with dancing beignets.

Just a short walk down Decatur Street from Café du Monde, you'll find Central Grocery, a spot frequented by locals and tourists. Run by an Italian family, the food-

stuffs store and deli sells dozens of its inimitable muffalettas daily. In between a round loaf of specially baked bread rests a pile of mortadella, cheese and house-made olive tapenade. Step up in line and order a full or a half, and don't expect any substitutions.

Evenings in New Orleans abound with infinite dining options. From longstanding classics - such as Antoine's, Arnaud's, Commander's Palace and Galatoire's - to contemporary favorites, such as August, Bayona, Cochon and GW Fins, no choice will be a mistake.

During the New Orleans Wine & Food Experience, I enjoyed a decadent five-course meal at Arnaud's, open since 1918. Inside the enormous labyrinth-like space, I was unexpectedly seated at the head table with current owner Jane Casbarian and her adult children Katy and Archie. I was nervous to be seated amidst New Orleans royalty. Nonetheless, after our divine meal (lump crabmeat over a fried green tomato, velvety artichoke soup, coquilles St. Jacques, green pepper-corned duck break



topped with duck crackling—celestial!—and baked Alaska), I was completely won over by the family's warm hospitality and genuine interest in sharing a meal with me.

After such a fulfilling meal, there's only one true New Orleans diversion that should ensue. Depending on your fortitude, you may decide to walk, cycle or ride to Frenchman Street in the nearby Faubourg Marigny. Late nights in New Orleans should always be punctuated by evening dancing to live jazz at one of the many authentic joints: Apple Barrel, The Blue Nile, D.B.A and The Spotted Cat are always good bets for quality tunes.

If you have time during the day, a peep into the Creole Country Sausage Factory in the historically African American Tremé neighborhood is a must. As you approach the nondescript house turned factory supplying sausages to area restaurants, you'll begin to smell the rich, savory meats, peppers and onions. Pop your head in and you'll most likely be given a quick tour and a taste of whatever's cooking—in our case, head cheese. Don't leave without purchasing a sample of the gator and green onion sausage!

#### UPSCALE, DOWNSCALE

For a more modern New Orleans dining experience, wander around what locals refer to as the "CBD," the Central Business District, that runs along Canal Street. The wide road—equipped with traditional street cars in the center—is home to most of the city's high-rise hotels. Inside The Ritz Carlton is the very well-appointed and equally delicious M Bistro, a fabulous spot for lunch under its grand glass ceiling, or for cocktails and live music in the evenings. The grilled fresh fish tacos—albeit not a typical New Orleans dish—are impeccable and the succulent jambalaya fritters are an explosion of Cajun cuisine in one simple bite.

Dusk in New Orleans is the right time to sip a cocktail atop one of the city's many rooftop bars. For the most beautiful view of the historic Vieux Carré, head to the Omni Royal's high-rise bar around sunset to enjoy the fleeting moment.

One of the most cherished qualities of New Orleans is how easily you can vacillate from upscale, extravagant spots to downright delicious dives that are equally

as memorable and enchanting. For example, satiate your growing thirst on a sultry summer day by hopping on the ferry across the mighty Mississippi to Algiers for a snow cone.

#### NEW ORLEANS RIGHT HERE IN THE TRIANGLE

If you don't have the opportunity to experience the unique New Orleans culinary landscape in the near future, the



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**WINE**  
FOR THE ULTIMATE  
**DINNER.**

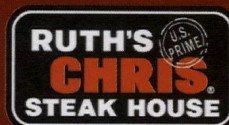


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**Standing Ovation: —**

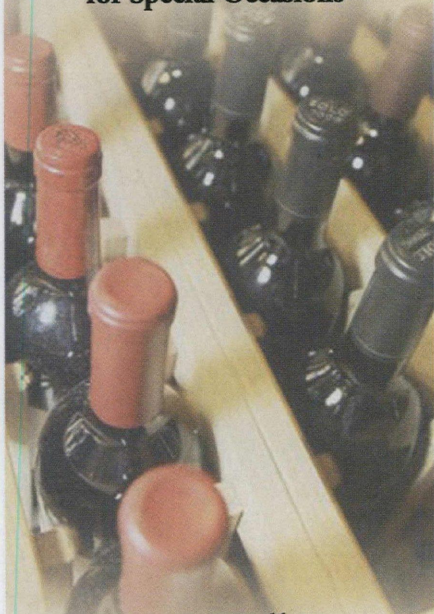
**Best Steaks**  
**Best Wait Staff (tie)**  
**Best Cocktail Menu**

**— MetroBravo: —**

**Best Restaurant**  
**Best Margarita**  
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**BATTISTELLA'S**

For lovers of Creole and elevated Southern cuisine, the closest you'll get to New Orleans without boarding a flight is at the almost one year-old Battistella's in Raleigh's City Market. Enter via the cobblestoned street on the Southwest corner of Moore Square and you truly won't feel far from the Vieux Carré.

New Orleans' native Brian Battistella and his business partner Karl Hudson, have turned a former pizza parlor into a welcoming food-forward joint that never displeases. Although they kept the quaint black-and-white tile flooring, the rest of the space has been simply but sophisticatedly re-designed to feel cozy and hospitable while not overshadowing the quality ingredients and pure loveliness of Chef Battistella's New Orleans and Southern inspired dishes.

Having grown up on Lake Pontchartrain in the family that operated Battistella's Seafood Company, the city's oldest seafood market, Battistella understands the importance of fresh quality ingredients from local and regional sources. Much like his Italian ancestors once immigrated to New Orleans, Battistella ventured to the Triangle in 2008, soon opening his first area

restaurant, Battistella's New Orleans Kitchen, in the former Crabtree Inn. Prior to his Raleigh relocation, Battistella worked for the distinguished Commander's Palace and Dickie Brennan's in New Orleans.

If you visit by yourself after work, on a date or with a larger crowd, you can rest assure you're always welcome. Bartender Jenna Cyr commands the front bar, bantering with the already well-established local scene, furiously mixing drinks for tables and convincing newbies—like myself—to try her favorite dishes and cocktails. I was at first overwhelmed by the incredibly appealing descriptions of each dish. Like Sean Brock's raved-about hot spot in Charleston, Husk, Battistella's updates a massive chalkboard daily with the sources of important ingredients—Gulf Coast shrimp, beef from Rare Earth Farms (Hudson's farm in Zebulon, NC).

While sipping the transcendent Elderflower Eclipse (Hendrick's Gin, St. Germain, lime and Concord grape), I studied the beautifully deep menu. After much contemplation I decided to start with the gumbo of the day with chicken, Andouille sausage and shrimp, as well as the raved-about classic New Orleans BBQ Shrimp. Both were divine, rich and complex, especially the salty shrimp in its thick soup of Abita beer barbeque sauce.

My neighbor's black skillet roasted



Georgia chicken smelled heavenly, but I opted for more shrimp whipped up by Battistella as a unique version of shrimp and grits that includes Prodigal Farms (in North Durham County) goat cheese grits, Andouille sausage and a Holy Trinity Sauce - the New Orleans equivalent to a classical French mirepoix of onions, celery and carrots that substitutes flavorful green bell peppers for carrots. Like mirepoix, the Holy Trinity is used in New Orleans as a base for many soups and roux. Battistella's succulent, velvety shrimp and grits are unforgettable, especially when paired with a crisp rosé from the South of France.

200 E. Martin St. Raleigh ~ Lunch and dinner Tuesday through Saturday, Sunday Brunch

### ZYDECO DOWNTOWN

In the building behind Battistella's is Zydeco, a laid back and very lively New Orleans-inspired restaurant serving comfort food and classics including fried catfish, jambalaya, crawfish etouffée, with live music Wednesday through Saturdays.

208 Wolfe St., Raleigh ~ Dinner nightly and Sunday brunch buffet

### THE BIG EASY

You can transport yourself back to the bayou at The Big Easy. The bar and dining scene here is always dynamic, and oft punctuated with a soulful live music dynamic. With a Cajun menu similar to Zydeco, The Big Easy also serves some mean gator bites and a nice rendition of loaded Oysters Bienville.

222 Fayetteville St., Raleigh & 231 Grande Heights Dr., Cary ~ Lunch and dinner daily

### PAPA MOJO'S ROADHOUSE

Tucked into the corner of a dull strip mall off Highway 55 is the vibrant Papa Mojo's Roadhouse. Offering fun country Cajun not unlike Zydeco or The Big Easy, Papa Mojo's also serves low-key baskets of catfish, crawfish, shrimp and what-not with fries, as well as a selection of po-boys. For a real fun time go on Friday or Saturday where there's live music—if you're lucky, chef/owner Mel Melton will be playing with his band.

5410-Y Highway 55, Durham ~ Lunch Monday through Friday, Dinner Tuesday through Saturday and Sunday Bayou Brunch



Beignets and chicory iced coffee at Cafe du Monde.

## NIBBLES

### EVENTS

On July 31st Ryan Payne from The Weathervane at Southern Season in Chapel Hill competed against John Childers of Heron's at the Umstead Hotel in Cary in the finale of Competition Dining NC's **Fire in the Triangle Competition**. To find out the winner, visit [www.competitiondining.com](http://www.competitiondining.com). The winning chef won \$2,000 and the coveted red chef's jacket.

The Downtown Raleigh Alliance will host **Downtown Raleigh Restaurant Week** from Monday, August 20th to Sunday, August 26th. Downtown area restaurants will offer diners three-course menus for either \$20 or \$30, with the option of adding wine or beer pairings for \$10. Visit [www.godowntownraleigh.com/restaurantweek/index.html](http://www.godowntownraleigh.com/restaurantweek/index.html) for more information on participating restaurants.

Washington, NC hosts its annual **Pickin' on the Pamlico** festival with all-you-can-eat fresh NC blue crabs and shrimp on August 25th. Supper begins at 6 pm on the waterfront next to the NC Estuarium. Tickets, \$45, include dinner and live music. Call the Washington Visitor Center (800.546.0162) for more information and to reserve tickets.

**Pinehurst's 24th Annual Labor Day Food & Wine Festival** will be held from August 31st to Sunday, September 2nd. The weekend includes wine tastings, culinary demonstrations, memorable meals, competitions and the grand gala dinner. Over 40 wineries from around the world will be in attendance and meals and tastings will be prepared by Pinehurst Executive Chef Thierry Debailleul and his team. Event packages, including accommodations, begin at \$280 per person per night. Visit [www.pinehurst.com/pinehurst-food-wine-fest.php](http://www.pinehurst.com/pinehurst-food-wine-fest.php) for more information.

**The Wine Feed**, an online retailer of wine as well as event space that hosts tastings and classes on Raleigh's Glenwood Avenue South, will be highlighting organic wine in August and September. On August 29th and September 26th they will be hosting organic wine tastings from 5 pm to 7:30 pm. Join their organic wine class on September 12th to gain insight into organic and biodynamic viticulture. The Wine Feed is also open for tastings on First Fridays. Visit [www.thewinefeed.com](http://www.thewinefeed.com) for more information.

On September 7th, Top Chef Texas finalist Lindsay Autry will prepare a five-course meal with wine pairings in collaboration with former co-worker Steven Devereaux Greene, recently appointed executive chef at **An New World Cuisine** in Cary. Dinner, \$125 per person, begins at 6 pm. Call 919.677.9229 for reservations.

### OPENINGS

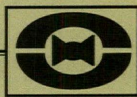
**BurgerFi**, an all-natural burger franchise from Florida, just opened a location in Cary. The burger joint specializes in made-to-order all-natural beef burgers and specialty hot dogs.

### CLOSINGS

The Urban Food Group closed **Frazier's**, its urbane wine bar on Hillsborough St., at the end of June. The brain child of husband and wife team Kevin and Stacey Jennings, the group still owns Chow, Coquette, Porter's (next door to the former Frazier's) and Vivace.

Chef Jeffrey Satterly of the recently closed Frazier's is now the chef de cuisine at **Piedmont in Durham**.

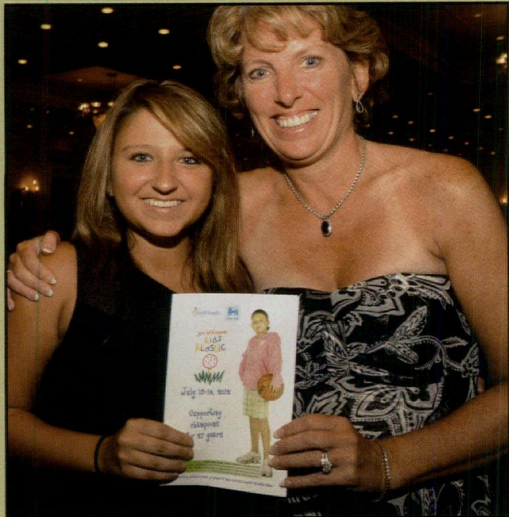




# On the Town

## Jim Valvano Kids Klassic

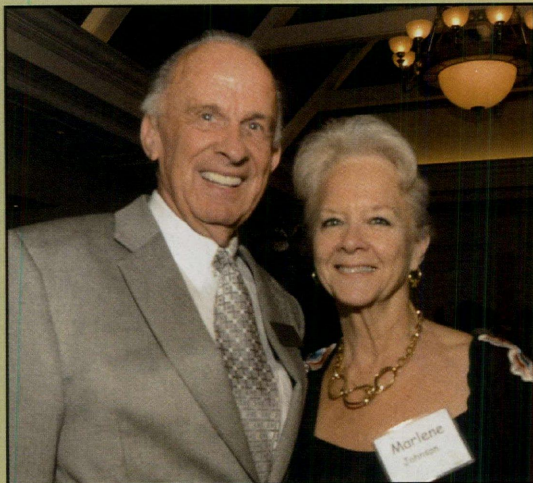
Benefiting the Duke Children's Hospital and Health Center  
July 12-14  
Washington Duke Inn & Golf Club  
Gary D. Knight - Photographer



Cathy Green Burns CEO Food Lion and Leigh A. Martinelli



National Champion Bouncing Bulldogs of Durham-Chapel Hill, NC



JVKK Co-Chairman Don Shea and Marlene Johnson



Jason Cunningham, Executive Chef Washington Duke Inn & Golf Club and Hailey Best Miss NC 2011



Don Shea, Bucky Waters, Ed Sherman and Tommy Baker



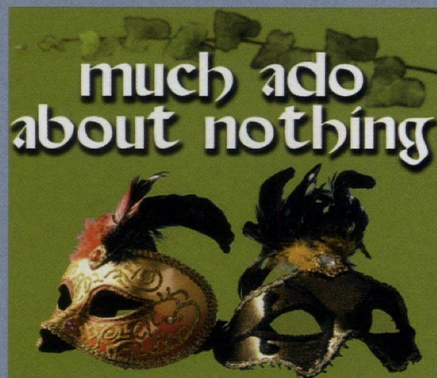
Rufus Edmisten, former  
NC Secretary of State



# Openings

8/5

Stage | **MUCH ADO ABOUT NOTHING, AUG. 2 - 19** / Part of the Carolina Shakespeare Festival. Tryon Palace, New Bern. 252.639.3500. [www.tryonpalace.org](http://www.tryonpalace.org).



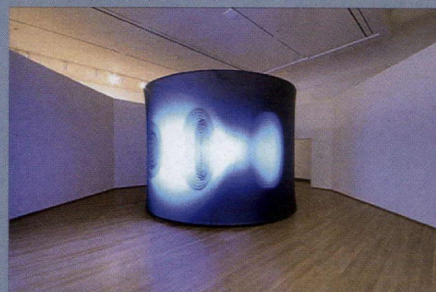
8/18

Music | **OLD CROW MEDICINE SHOW, AUG. 18** / Travel through time with the sound and vision of bluegrass, folk and alternative country troubadours OCMS as they perform their own brand of old timey music and forgotten songs from WWII. Koka Booth Amphitheater, Cary. 919.462.2052. [www.boothamphitheater.org](http://www.boothamphitheater.org).



8/30

Gallery | **FORM SPECIAL: AN EXHIBITION OF SOLAR PROJECTS AND SITE COLLAGES, THROUGH OCT. 8** / Newly commissioned works by Andy Hall. CAM Raleigh. 919.513.0946. [www.camraleigh.org](http://www.camraleigh.org).



8/31

Museum | **OLAFUR ELIASSON: THE UNCERTAIN MUSEUM, THROUGH SEPT. 30** / This large-scale interactive installation explores the relationship between spectator and object. Nasher Museum of Art, Duke University. 919.684.5135. [www.nasher.duke.edu](http://www.nasher.duke.edu).

8/26

Music | **MY MORNING JACKET WITH BAND OF HORSES, AUG. 26** / Kentucky's innovative rock giants My Morning Jacket with Grammy nominated indie pioneers Band of Horses. 6:30 pm. Tickets prices TBA. Raleigh Downtown Amphitheater. 919.996.8530. [raleigh-amphitheater.com](http://raleigh-amphitheater.com).



# METRO PREVIEW

BY CARLIE SOROSIAK AND DAN REEVES

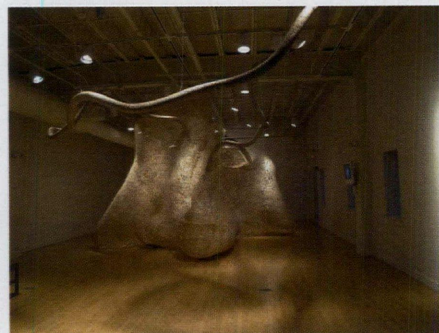
## Galleries

**THE ETIQUETTE OF MIGRATION, OPENING AUG. 2 /** Works by Elizabeth Spotswood Alexander Spencer. Gallery A, Raleigh. [www.spotswoodstudios.com](http://www.spotswoodstudios.com).

**YOUTH EXHIBITION, SUMMER ARTS PROGRAM, AUG. 14 - 18 /** Youth classes for rising 3rd through 10th graders work with a professional artist. Artspace, Raleigh. 919.821.2787. [www.artspacecnc.org](http://www.artspacecnc.org).

**SILENT HOME: ADJUSTMENTS, AUG. 3 - SEPT. 1 /** Alternative family photo album from Mary Shannon Johnston. Artspace, Raleigh. 919.821.2787. [www.artspacecnc.org](http://www.artspacecnc.org).

**JOHNATHAN BRILLIANT, AUG. 3 - SEPT. 5 / 2012 Summer Artist-in-Residence exhibition.** Large scale installations comprised of simple objects. Artspace, Raleigh. 919.821.2787. [www.artspacecnc.org](http://www.artspacecnc.org).



JOHNATHAN BRILLIANT, AUG. 3 - SEPT. 5 / 2012 Summer Artist-in-Residence exhibition.

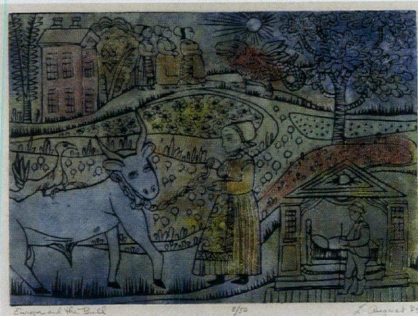
**LANDSCAPES AND FLORALS: JOSEPH CAVE, THROUGH SEPT. 30 /** New oils on canvas at the Betty Ray McCain Gallery. Adam Cave Fine Art, Raleigh. 919.838.6692. [www.adamcavefineart.com](http://www.adamcavefineart.com).

**THE GRAPHIC WORKS OF HENRI MATISSE, THROUGH SEPT. 4 /** Brilliantly colored paintings and experimentation with etching, lithography and linoleum cuts. Gallery C, Raleigh. 919.828.3165. [www.galleryc.net](http://www.galleryc.net).

**DIRECTOR'S CHOICE: ART SINCE 1950 FROM THE ACKLAND ART MUSEUM COLLECTION, THROUGH AUG. 26 /** Selected by Director Emily Kass, the exhibit showcases highlights from the Ackland's permanent collection. Ackland Art Museum, Chapel Hill. 919.962.0216. [www.ackland.org](http://www.ackland.org).

**CONSTANCE PAPPALADRO PAINTINGS, AUG. 24 /** Mixed-media paintings. Joe Rowand Art Gallery, Chapel Hill. 919.360.7975. [www.joerowandart.com](http://www.joerowandart.com).

**UPPER GALLERY: JACOB COOLEY AND DONNA POLSENO, THROUGH AUG. 25 /** Landscape paintings and ceramic



THE GRAPHIC WORKS OF HENRI MATISSE, THROUGH SEPT. 4 / Brilliantly colored paintings and experimentation with etching, lithography and linoleum cuts. Gallery C, Raleigh.

figurative sculpture. Eno Gallery, Hillsborough. 919.883.1415. [www.enogallery.net](http://www.enogallery.net).

**LOWER GALLERY: NICK JOERLING, THROUGH AUG. 25 /** Ceramic pottery with a lyrical sense of movement. Eno Gallery, Hillsborough. 919.883.1415. [www.enogallery.net](http://www.enogallery.net).

**IN RESPONSE, THROUGH SEPT. 6 /** Contemporary weavers Ann Roth and Vita Plume respond to works from the Gregg Museum's permanent collection. Gregg Museum of Art and Design, Raleigh. 919.513.7244. [www.ncsu.edu/gregg](http://www.ncsu.edu/gregg).

**POSSIBILITIES, AUG. 27 - SEPT. 23 /** Three artists take a non-linear path to inspiration: kiln-formed glass by Susan Hope, metal sculpture by Renee Levery, paintings and mixed media by Michele Yellin. Hillsborough Gallery of Arts, Hillsborough. 919.732.5001. [www.hillsboroughgallery.com](http://www.hillsboroughgallery.com).

**NEW WORK BY SALLY SUTTON, AUG. 1 - OCT. 31 /** Oil paintings. Carolina Creations, New Bern. 252.633.4369. [www.carolinacreations.com](http://www.carolinacreations.com).

**EXCHANGE GALLERY FEATURED ARTISTS: MARY ANN ANDERSON, ELKE BRAND, MALO, DONALD MARTINY, MELANIE STOER, AND BRIAN VANLANDINGHAM, AUG. 3 - 30 /** Opening Reception: AUG. 3, 6-9 pm. Visual Art Exchange, Raleigh. 919.828.7834. [www.visualartexchange.org](http://www.visualartexchange.org).



**I'M NOT MUCH, BUT I'M ALL I THINK ABOUT**, a video by Marilyn Minter in conjunction with Girl Talk: Women and Text.

## Museums

**I'M NOT MUCH, BUT I'M ALL I THINK ABOUT, OPENS AUG. 17 /** A video by Marilyn Minter in conjunction with Girl Talk: Women and Text. Exhibit through Feb. 11, 2013. CAM Raleigh. 919.513.0946. [www.camraleigh.org](http://www.camraleigh.org).

**STATE OF WONDER, AUG. 4 - OCT. 7 /** Art installation accompanies the incoming freshmen summer reading book. Nasher Museum of Art, Duke University. 919.684.5135. [www.nasher.duke.edu](http://www.nasher.duke.edu).

**A DISCERNING EYE: JULIAN T. BAKER JR. PHOTOGRAPHY COLLECTION, THROUGH DEC. 2 /** Personal collection of black-and-white photography from 20th century to present day. 919.839.6262. [www.ncartmuseum.org](http://www.ncartmuseum.org).

**ENGINEERS DAY: HOW THINGS WORK, AUG. 11 /** Join professional engineers and engineering students for fun hands-on engineering activities. 10 am - 4 pm. Museum of Life and Science, Durham. 919.220.5429. [www.lifeandscience.org](http://www.lifeandscience.org).

**REAL TO REAL: THE MAKING OF GONE WITH THE WIND, OPENS AUG. 31 /** Exhibit about the production of this iconic 1939 movie. See authentic props, costumes, photographs, screen tests and even Vivien Leigh's Academy Award! NC Museum of History, Raleigh. 919.807.7943. [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org).

**HISTORY A LA CARTE: A CENTURY OF SCOUTS, AUG. 22 /** Discover the history of the Girl Scouts with Tracy Sternberg and Robin Simonton of North Carolina Coastal Pines. 12:10 - 1 pm. NC Museum of History, Raleigh. 919.807.7943. [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org).

**BANGO: SOUTHERN ROOTS, AMERICAN BRANCHES, AUG. 25 /** Symposium with lectures, panel discussion and concert.

Presented by The Southern Folklife Collection at UNC Chapel Hill. [www.lib.unc.edu](http://www.lib.unc.edu).

## Stage & Screen

**HUFFLEPUFFED, AUG. 16 - 26 /** Creative compilation with "Potter" theme. Coproduced by Mon Frere. Burning Coal Theatre Company, Raleigh. 919.832.4001. [burningcoal.org](http://burningcoal.org).

**THE ROCKY HORROR SHOW, AUG. 17 - SEPT. 2 /** Watch a cultural phenomenon live on stage. Book, music and lyrics by Richard O'Brien. Cantey V. Sutton Theatre, Raleigh. 919.821.4759. [raleighlittletheatre.org](http://raleighlittletheatre.org).

**AVENUE Q - HOT SUMMER NIGHTS AT THE KENNEDY, AUG. 15 - 19 /** Hilarious Tony-winning musical about college grad with big dreams in NYC. Fletcher Opera Theater, Raleigh. Presented by Progress Energy Center for the Performing Arts. 919.831.6060. [www.progressenergycenter.com](http://www.progressenergycenter.com).

**IN THE LOOP (2009), SEPT. 9 /** UK film directed by Armando Iannucci. Starring Peter Capaldi, Tom Hollander, Mimi Kennedy. In the Loop is a mordantly funny satire about the political maneuvering behind the run-up to elective war. Rialto Theatre, Raleigh. [www.cinema-inc.org](http://www.cinema-inc.org).

## Music

**TIME WARNER CABLE MUSIC PAVILION AT WALNUT CREEK /** Walnut Creek Amphitheater, 3801 Rock Quarry Road, Raleigh 27610. [timewarnercableamphitheater.org](http://timewarnercableamphitheater.org). 919-831-6300. Convenience fees added to online ticket purchases.

**AUG. 10 /** Farmers Insurance Presents: The American Band Tour with Rascal Flatts and Little Big Horn. 7 pm. \$30-\$80.

**AUG. 19 /** Jason Mraz: Tour is a Four Letter Word. 7:30 pm. Tickets \$15-\$75.

**AUG. 24 /** Brad Paisley with The Band Perry and Easton Corbin. 4:30 pm. \$30-\$80.

**DURHAM PERFORMING ARTS CENTER /** DPAC, 123 Vivian Street, Durham 27701. [dpacnc.com](http://dpacnc.com). 919.688.3722.

**AUG. 9 /** Ted Nugent with Special Guest Laura Wild 8 pm. Tickets \$35-\$60

**AUG. 18 /** George Jones with Special Guest John Howie Jr. 7:30 pm. Tickets \$45-\$80

**AUG. 19 /** Meat Loaf: Mad Mad World Tour with Special Guest Katrina. 7 pm. Tickets \$55-\$115.

**AUG. 21 /** An Evening with Duran Duran. 7:30 pm. Tickets \$65-\$140.

**SEPT. 21 /** Dead Can Dance. 8:00 pm. Tickets \$30-\$110.



Donna Polseno ceramic



**KOKA BOOTH AMPITHEATER** / 8003 Regency Pkwy, Cary 27518. boothamphitheatre.org, 919.462.2052. Buy tickets directly from website to avoid convenience charges.

**AUG. 18** / Old Crow Medicine Show Plus Very Special Guests, The Lumineers. 7:30 pm. Tickets lawn/ general admission \$34.50, reserved tables \$34.50. Day of show prices increase to \$45.50.

**CIOMPI QUARTET PRESENTS MUSIC BY SHOSTAKOVICH, BEETHOVEN AND BRAHMS, AUG. 18** / Ciompi Cellist Fred Raimi presents Shostakovich's Piano Trio Number 2 and works by Brahms and Beethoven. Raimi is joined by Richard Luby, violin and Clara Young, piano. 7:30 pm. Tickets: Regular price \$20.00, Duke Students, \$5, Youth \$5.00, Groups plus 10, \$15.00 Horton Hall Doris Duke Center, Sarah P. Duke Gardens, Durham. tickets.duke.edu.

**MIDTOWN BEACH MUSIC, THROUGH AUG. 9** / Enjoy the best beach music in the state every Thursday at North Hills. Bring a chair and chill out on the grass or shag the night away! Liquid Pleasure, August 2. The Embers, August 9. 6.00 p.m.-9:00 p.m. Admission is free. Northhillsraleigh.com.

**ETHAN BORTNICK WITH SPECIAL GUEST: KIDZ BOP KIDS, AUG. 17** / 11-year-old musical sensation with Billboard's #1 Kids' Artists of 2010 and 2011. Meymandi Concert Hall at Progress Energy Center for the Performing Arts, Raleigh. 919.831.6060. www.progressenergycenter.com.

**LITTLE FEAT, AUG. 9** / Still touring the world to adoring fans old and new, Little Feat defines American Rock and has since 1969. Cat's Cradle, Carrboro. Doors/7:30 pm. Show/9 pm. Tickets \$30. Catscradle.com.

**ZACH DEPUTY, AUG. 23** / Soul singer and balladeer, Deputy describes his music as "Island infused drum and bass, gospel ninja Soul". Catch him in this intimate setting before he moves onward and upward to larger venues. Doors 9 p.m./show 9:30. Tickets: Advance/\$8. Day of/\$10. Raleigh. Southlandballroom.com.

## Potpourri

**JIMMY V CELEBRITY GOLF CLASSIC, AUG. 23-26** / Golf event fundraiser for cancer research. www.golfclassic.org/.

**DURHAM BULLS, THROUGHOUT AUG.** / Baseball games all month long. www.milb.com.

**13TH ANNUAL AUCTION: GOING, GOING, GONE TO POTS, AUG. 23** / Auction of pots donated by NC's finest potters featuring "Fill Your Plate" supper with food prepared by five of the Triangle's Best Chefs! Supper & Auction: \$75. Auction only: \$10.



## FOURTH ANNUAL DOWNTOWN RALEIGH RESTAURANT WEEK

**AUG. 20 - 26**

Enjoy the opportunity to enjoy the Downtown Raleigh experience and sample food from around the world. Three-course prix fixe dinners are offered for \$20 or \$30 per person. Reservations recommended. Go to [www.DineDowntownRaleigh.com](http://www.DineDowntownRaleigh.com) to view participating restaurants.




Minor White, *Devil's Slide*, San Mateo County, California, 1948, gelatin-silver print

North Carolina Potter Center, Leland Little Auction & Estate Sales, Hillsborough. 336.873.8430. www.ncpotterycenter.org.

**TODD BARRY, NEIL HAMBURGER AND BRENDAN WALSH, AUG. 17** / Three comedians, all ferociously funny, irreverent and guaranteed to make you think and make your stomach hurt from laughter. Advance tickets \$17, \$20 day of. First comedian at 9 pm. Kings Barcade, Raleigh. Kingsbarcade.com.

**TO LIST AN EVENT:** Send events info and color images, slides or photos six weeks before publication date to: Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh 27605 or email: [emails@metro.nc.com](mailto:emails@metro.nc.com).



# Shhhhhhh.....

## CIA Gift Shop Coming to Raleigh Spy Conference

CIA's in-house store - the only facility authorized to sell gift items with CIA's official logo and other intelligence community insignia - has chosen the Raleigh Spy Conference to offer registered attendees the chance to purchase from a variety of selections, including many not available to the public.

Offerings include engraved crystal, special coins, key chains, logoed golf & sports apparel, mugs, martini glasses, books, pictures and many children's items.

Named the Employee Activity Association (EAA) the CIA store maintains two locations: one at CIA Headquarters at Langley, which is open to members and special visitors; and a Herndon, VA store and Mail Order Center for Agency retirees and current members worldwide.

**Go to [www.raleighspyconference.com](http://www.raleighspyconference.com), or call Carlie Sorosiak at 919-831-0999 for information and to register for the 8th conference August 22-24 at the NC Museum of History.**



# RESTAURANT GUIDE

## RALEIGH/CARY

**18 SEABOARD** — 18 Seaboard Avenue, Suite 100 Raleigh. 919-861-4318. [www.18seaboard.com](http://www.18seaboard.com). Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff's warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

**42ND STREET OYSTER BAR** — 508 W. Jones St., Raleigh. 919-831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

**518 WEST ITALIAN CAFÉ** — 518 West Jones Street. Raleigh. 919-829-2518. [www.518-west.com](http://www.518-west.com). Named "Best Italian Restaurant in the Triangle" five years in a row, 518 West serves Italian and Mediterranean cuisine with a modern, healthy twist.



**AN** — 2800 Renaissance Park Place, Cary. 919-677-9229. [www.ancuisines.com](http://www.ancuisines.com). Featuring an elegant blend of Southeast Asian flavors and European influences. Voted Best New Restaurant in 2007 by *Metro Magazine* & *Cary Magazine*, Best Appetizers in 2008 by *Metro Magazine*. Lunch Mon-Fri and Dinner Mon-Sat.

**THE ANGUS BARN** — 9401 Glenwood Avenue. Raleigh. 919-781-2444. [www.angusbarn.com](http://www.angusbarn.com). The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals — hospitality, attractive atmosphere, and value have remained the same.

**BELLA MONICA** — 3121-103 Edwards Mill Rd., Raleigh. 919-881-9778. [www.bellamonica.com](http://www.bellamonica.com). Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch* & *AOL Cityguide*. *Wine Spectator* Award of Excellence.

**BLOOMSBURY BISTRO** — 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 919-834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 *MetroBravo!* Awards.

**CAFÉ TIRAMISU** — 6196-120 Falls of Neuse Rd., Raleigh. 919-981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best.

**COQUETTE BRASSERIE** — 4351-119 The Circle at North Hills, Raleigh. 919-789-0606. [www.coquetteraleigh.com](http://www.coquetteraleigh.com). Raleigh's first authentic French Brasserie featuring traditional fare, an exclusive French wine list and the best beers and classic French cocktails. Open air restaurant made possible by giant doors that open when the weather is just right. Mon-Thurs: 11 a.m.-10 p.m., Fri-Sat: 11 a.m.-11 p.m., Sun: 10 a.m.-10 p.m.

**EL RODEO GRILL** — 7420 Six Forks Rd., Raleigh. 919-844-6330. [www.elrodeogrill.com](http://www.elrodeogrill.com). Inspired by the bold flavors of Tex-Mex fare and the vibrant culture of Mexico, enjoy our favorite fajitas and stuffed Chile Rellenos. Or for a higher degree of authenticity, try our Michoacan-style Carnitas and a Mexico-City style Steak Tacos special. Signature margaritas and refreshing beers make for a perfect complement to this twist on traditional Mexican dining.

**FIREBIRDS ROCKY MOUNTAIN GRILL** — 4350-118 Lassiter at North Hills Ave., Raleigh. 919-788-8778. A unique style of American cuisine that originated in Aspen Colorado. Open-flame grilled steaks, herb roasted prime rib, fresh seafood, hearty pasta, awesome burgers and giant salads served in a cozy, comfortable setting. Bar and outdoor patio seating available. M-Th: 11 a.m.-10 p.m., F-Sat: 11 a.m.-11 p.m., Sun: 11 a.m.-10 p.m.

**GLENWOOD GRILL** — Oberlin@Glenwood, Raleigh. 919-782-3102. The longtime favorite in the Triangle, five-time *MetroBravo* winner for

Power Lunch. Head Chef John Wright continues to discover new takes on Contemporary Southern. Now offering even More for Less: \$50 Dinner for Two, Mon-Thurs. Appetizer or salad to share, two entrees, dessert to share and a bottle of wine. For lunch, Monday-Friday: Two for \$12: Choose appetizer or salad with Main Course. Available for private parties on Sundays. Visit us at [glenwoodgrill.com](http://glenwoodgrill.com).

**GRAVY** — 135 S. Wilmington St., Raleigh. 919-896-8513. [www.gravityraleigh.com](http://www.gravityraleigh.com). Ask any Italian-American what "gravy" is, and they'll tell you it's the pasta sauce their mothers and grandmothers cooked fresh every night. At Gravy, we use that beloved gravy to put a modern spin on classic Italian-American dishes.

**IRREGARDLESS CAFÉ** — 901 West Morgan Street, Raleigh. 919-833-8898. [www.irregardless.com](http://www.irregardless.com). Authentic Raleigh experience since 1975. Award winning, hand-crafted meals which respect the environment. Live music nightly! Casual fine dining with unique wines & beers. Open Lunch, Dinner, Sun. Brunch. Catering available.

**JIBARRA RESTAURANT** — 327-102 West Davie Street, Raleigh. [www.jibarra.net](http://www.jibarra.net). 919-755-0556. Housed in historic Depot building in the warehouse district, this upscale Mexican restaurant couples indigenous ingredients with modern techniques and sensibilities elevating timeless recipes. Blending contemporary and Mexican style, the energetic atmosphere is dominated by a sleek tequila tower showcasing an array of premium, 100 percent blue agave spirits. Creative margaritas and an emphasized Spanish and Latin American wine list available.

**MIDTOWN & BAR 115** — 4421-115 Six Forks Road, Raleigh. 919-782-WINE. [www.midtownandbar115.com](http://www.midtownandbar115.com). Recognized as one of the "Best Places for a Power Lunch," by *Metro Magazine*, Midtown offers the experience of a New York bistro and bar in the heart of Raleigh's new midtown. Enjoy metropolitan cuisine and distinctive wines served by a professional wait staff. Lunch and Dinner Mon-Sat. Bar 115 open until midnight Thurs-Sat.

**THE MORNING TIMES** — 10 E. Hargett St., Raleigh. 919-836-1204. [www.morningtimes-raleigh.com](http://www.morningtimes-raleigh.com). The first daily stop for many downtown dwellers and commuters serving local Counter Culture brews, along with bagels, biscuit sandwiches, pastries and more.

**NOFO @ The Pig** — 2014 Fairview Road, Raleigh. 821-1240. Café, bar, and deck seating. Award-winning salads, soups, sandwiches, and entrees. Voted "Best Brunch, Eggs Benedict, and Bloody Mary," *Metro Magazine*. Voted "1 of 50 Best Gift Shops in the South," *Southern Living Magazine*. Private dining available in the Balcony at the Pig. Lunch M-F, Brunch Sat & Sun, Dinner Tues-Sat.

**THE PIT AUTHENTIC BARBECUE** — 328 W. Davie St., Raleigh. 919-890-4500. [www.thepit-raleigh.com](http://www.thepit-raleigh.com). Proudly serving authentic whole-hog, pit-cooked barbecue in downtown Raleigh's warehouse district, The Pit celebrates the great culinary offerings of the Old North State, making it a destination for the state's signature cuisine.

**THE RALEIGH TIMES BAR** — 14 E. Hargett St., Raleigh. 919-833-0999. [www.raleightimes-bar.com](http://www.raleightimes-bar.com). This timeless watering hole in the old The Raleigh Times building in downtown is known for its classic bar fare favorites, such as barbecue pork nachos and PBR-battered fish and

chips, and an inventive drink menu and extensive beer selection.

**RUTH'S CHRIS STEAK HOUSE** — 4381-100 Lassiter at North Hills Ave, Raleigh. 919-791-1103. New Orleans-inspired appetizers, aged USDA Prime steaks, fresh seafood, signature side dishes and homemade desserts served with genuine hospitality. Among the most distinctive dining destinations in the area. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-9 p.m.

**SECOND EMPIRE RESTAURANT & TAVERN** — 330 Hillsborough St., Raleigh. 919-829-3663. Visit online at [www.secondempire.com](http://www.secondempire.com). Award winning cuisine in two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs in the Tavern and Atrium enjoy a lighter fare menu and cozy atmosphere. AAA Four Diamond, DiRoNA Award, *Wine Spectator* Award.

**SHERATON RALEIGH HOTEL** — The Grove Café - 421 South Salisbury Street, Raleigh. 919-834-9900. Located on second floor of the Sheraton Raleigh Hotel, serving Breakfast, Lunch, and Dinner in an open atrium atmosphere. The cuisine is American Continental, serving a daily Breakfast & Lunch Buffet, and a complete menu for all day dining. Also enjoy live entertainment on Wednesday nights in The Bar.

**SITTI** — 137 S. Wilmington St., Raleigh. 919-239-4070. [www.sitti-raleigh.com](http://www.sitti-raleigh.com). The most beloved figure in any Lebanese family is the grandmother, or sitti. At Sitti, in downtown Raleigh, we honor those ancestors by carrying on the Lebanese tradition of welcoming guests with delicious food and endless hospitality.

**SULLIVAN'S STEAKHOUSE** — 414 Glenwood Ave., Raleigh. 919-833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

**TROPICAL SMOOTHIE CAFÉ** — 1028 Oberlin Rd., Raleigh. 919-755-2222. [www.tropical-smoothiecafe.com](http://www.tropical-smoothiecafe.com). Tropical Smoothie Café is more than just great tasting smoothies. Keeping in line with the great taste and high quality that Tropical Smoothie is known for, we also offer healthy alternatives to regular fast food. Our gourmet wraps, specialty sandwiches and salads are made with the highest quality Dietz and Watson meats and cheeses. Come early to enjoy our breakfast wraps and bagels. Catering is available.

**VINNIE'S STEAKHOUSE AND TAVERN** — 7440 Six Forks Rd, Raleigh. 919-847-7319. Classic steakhouse with Southern inspiration featuring Certified Angus Beef, local seafood, farmer's market vegetables, and house-made desserts. Display wine cellar, full bar, private dining, reservations welcome. Dinner only, Monday-Saturday.

**VIVACE** — 4209-115 Lassiter Mill Rd., Raleigh. 919-787-7747. [www.vivaceraleigh.com](http://www.vivaceraleigh.com). Tuscan inspired Italian restaurant featuring Chef Jeremy Sabo's signature style in an upbeat, hip environment. Consecutively voted "Top 20 Best Restaurants" in the Triangle. Italian wines and house-made limoncello. Bar and outdoor patio dining available. Located at North Hills. M-Th: 11 a.m.-10 p.m., F-Sat: 11 a.m.-11 p.m., Sun: 11 a.m.-9 p.m.

**WINSTON'S GRILLE** — 6401 Falls of Neuse Rd., Raleigh. 919-790-0700. Locally owned and oper-



ated for 25 years and counting. Great food and service make us a top choice for steaks, prime rib, Fresh seafood, salads, burgers and more.

**ZEST CAFÉ & HOME ART** — 8831 Six Forks Rd., Raleigh. 919-848-4792. [www.zestcafe-homeart.com](http://www.zestcafe-homeart.com). Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch and Dinner T-Sat. and Sun. Brunch.

## DURHAM/APEX/MORRISVILLE

**CAFÉ PARIZADE** — 2200 W. Main St., Durham. 919-286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30 p.m., Dinner M-Th 5:30-10 p.m., F and Sat. 5:30-11 p.m., Sun. 5:30-9 p.m.

**SAFFRON INDIAN RESTAURANT** — 4121 Davis Drive, Morrisville. 919-469-5774. [www.saffronnc.com](http://www.saffronnc.com). Offering fine dining in an elegantly modern ambience. Ranked best Indian restaurant and top 20 in RTP irrespective of cuisine by N&O for three years.

**WATTS GROCERY** — 1116 Broad Street, Durham. 919-416-5040. With a distinctive take on North Carolina cuisine, Watts Grocery features favorite seasonal and local foods by the forkful. Our menu changes seasonally so please check our website for new items at [www.wattsgrocery.com](http://www.wattsgrocery.com).

## CHAPEL HILL/HILLSBOROUGH

**BIN 54** — 1201-M Raleigh Rd., Chapel Hill. 919-969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

**THE CAROLINA CROSSROADS RESTAURANT** — 211 Pittsboro Street, Chapel Hill. 919-918-2777. Visit Web site online at [www.carolinainn.com](http://www.carolinainn.com). The Four Star and Four Diamond Carolina Crossroads Restaurant combines the graceful traditions of the south with Executive Chef Jimmy Reale's progressive new American cuisine. Fine dining menus change seasonally to highlight the best products from local and regional farms.

**MEZ CONTEMPORARY MEXICAN** — 5410 Page Road, Research Triangle Park, Exit 282 off I-40. 919-941-1630. Visit online at [www.mez-durham.com](http://www.mez-durham.com). MEZ is the latest offering from the Chapel Hill Restaurant Group, operators of 411 West, 518 West, Squid's, and Spanky's. Featuring traditional Mexican dishes with a lighter, healthier twist, all made with the freshest ingredients. A beautiful private room upstairs overlooks the RTP and can accommodate up to 100. North Carolina's first LEED designed restaurant.

**PENANG - MALAYSIAN, THAI & SUSHI** — 431 W. Franklin St., Chapel Hill. 919-933-2288. Online at [www.penangnc.com](http://www.penangnc.com). Surprising balance of Southeast Asian spices and fruits. Authentic menu based on family recipes, with curries, noodles, soups, and sushi. Attractive, open, atmosphere, vegetarian options and weekly specials. Drink and appetizer specials at the bar. 4 ½ stars from CitySearch. Open daily."

**SPICE STREET** — 201 S. Estes Dr., Chapel Hill. 919-928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience

created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

## BEYOND THE TRIANGLE

**AQUA** — 214 Middle Lane, Beaufort, NC 28516. 252-728-7777. [www.aquaexperience.com](http://www.aquaexperience.com). "Aqua's urban-chic décor whets the appetite for sophisticated, internationally inspired food... On all counts, Aqua was an exceptional dining experience." Moreton Neal in *Metro Magazine* June 2005. Open for dinner: Tues.-Thurs. 6 p.m., Fri. & Sat. 5:30 p.m.

**BEAUFORT GROCERY CO** — 117 Queen St., Beaufort. 252-728-3899. [www.beaufortgrocery.com](http://www.beaufortgrocery.com). Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3 p.m.; Dinner M, W-Sat 5:30-9:30 p.m. and Sun brunch at 11:30 a.m. Closed Tues.

**BLUE MOON BISTRO** — 119 Queen Street, Beaufort. 252-728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

**CHEF & THE FARMER PROGRESSIVE EATERY & WINE SHOP** — 120 W. Gordon St., Kinston. 252-208-2433. [www.chefandthefarmer.com](http://www.chefandthefarmer.com). A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques makes this eatery an epicurean oasis. AAA Rating 4 Diamonds, 4.5 Stars N&O, Wine Spectator Award of Excellence.

**DELUXE** — 114 Market Street, Wilmington. 910-251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner and Sunday brunch. Wine Spectator Award of Excellence, [www.deluxenc.com](http://www.deluxenc.com).

**FISHTALES WATERFRONT RESTAURANT** — 232 W. Beaufort Rd. Beaufort 252-504-7263. Visit Web site online at [www.fishtalesdining.com](http://www.fishtalesdining.com). Have your Holiday Party on the Waterfront this year! FishTales offers the best food selection, service and a great atmosphere for your special event. We can provide the perfect setting no matter what the occasion. Our facility accommodates parties from 10 to 1000. Call today or come by for a personal tour.

**FRONT STREET GRILL AT STILLWATER** — 300 Front St., Beaufort. 252-728-4956. Visit Web site online at [www.frontstreetgrillatstillwater.com](http://www.frontstreetgrillatstillwater.com). Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious Wine Spectator Award of Excellence, serving lunch and dinner daily with inside and outside dining. New floating docks and outside waterfront bar.

**SHEPARD'S POINT** — 913 Arendell St., Morehead City. 252-727-0815. [www.beaufortgrocery.com](http://www.beaufortgrocery.com). Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spir-its. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10 p.m.; Sun brunch begins at 11 a.m. Closed Tues.



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by Bernie Reeves

# My Usual Charming Self



JIM TURCOTTE

## POWER GAMES: DUKE/PROGRESS MERGER A SHOCK TO THE SYSTEM

**G**ee, I thought guys who went to work for the power company were on the same level of ambition with state workers and school teachers trading off risk for low to medium salaries, health coverage and a secure retirement. But no, the Duke Energy/Progress Energy merger reveals that the CEO of Progress, dubbed to be chief executive of the newly formed entity, is to be paid \$34 million in deferred compensation and a \$10 million bonus for agreeing to be fired 20 minutes after the deal was approved by the NC Utilities Commission. Oh yeah, and the terminated CEO will be paid an additional three or so million to cover the tax bite on the separation bonus.

Add it all up and it becomes obvious that regulated utilities firms rank right up there with big businesses, big banks and investment bankers when it comes to excessive compensation. At least bloated private sector compensation is for running non-regulated companies. Utility firms, however, are regulated monopolies. They are legally allowed to function as private companies, but under public scrutiny represented by state utilities commissions whose job it is to ensure the public receives power at a reasonable cost. The companies are granted rate increases by the commissions to allow them to guarantee a rate of return that attracts investors to purchase their stocks and bonds.

No one feels power company executives should be denied appropriate compensation. But there is the underlying assumption they are working for us, the people. A regulated monopoly is a very American solution that prevents the government from taking over and leaving us all in the dark. When a utility seeks rate increases to provide services, we agree. But when they seek them to pay executives exorbitant piles of money, the arrangement begins to exude the sour odor of exploitation.

And the Duke/Progress merger creates the nation's largest utility which will translate to even more outrageous executive pay. Of course service and efficiency will decline as the new behemoth is too large to manage effectively, the curse that is afflicting major segments in America: The federal juggernaut; individual states with budgets that have grown out of control; large banks and bank holding companies,

where the right hand doesn't know what the left hand is doing; public universities, where presidents and chancellors are asked to manage huge bureaucracies with little or no business experience; and a host of private and governmental entities just too big to get your arms around.

On the receiving end of this debacle is the public. A Duke Energy lawyer and lobbyist told me that the monies paid out to Johnson, and for upper management pay at Duke and the former Progress, do not come from customers. He said it comes from shareholders. Well, what's the difference? If Duke or Progress goes to the NC Utilities Commission and wins a rate increase, how much is going to executive compensation? The right to make profits does come from customers in the end.

But few really knew the size of the salaries, benefits packages and stock options at Duke and Progress until the merger turned into an episode of Monty Python. It was a shock for sure, but when seen in contrast to the economic hardship suffered by small businesses owners, the unemployed and those with jobs who find themselves exhausted, afraid and underpaid, the issue reaches the level of scandal. The gap between the rest of us and the level of compensation thrown around at regulated utilities makes customers feel used, the object of contempt by yet another class of the avaricious and over rich.

To illustrate this contempt, Duke and Progress management didn't care what the NC Utilities Commission did or did not do. With so much money at stake for them, the executives didn't think twice about risking censure from what they perceive as the underclass serving on the utilities panel. They just weren't rich enough to make any difference.

This is borne out with the metrics of the merger. The companies joined before final approval, as if to say we have the wealth and the power and we are running roughshod over the Utilities Commission to prove it. Progress even moved out of their downtown Raleigh headquarters months before approval of the deal – and Duke canned the Progress CEO even though his job at Duke was a key factor in selling the merger.

Directors of Duke disingenuously suggested

Johnson's ouster as chief of the new Duke company as if they are hands-on in the management of the utility. That is likely a lie. Duke Chairman Jim Rogers either duped the Commission and planned to dump Johnson after official approval, or the Duke executives simply didn't like Johnson after he moved to the company's Charlotte headquarters months before the deal was approved. But remember, board members are paid \$100,000 a year in stock (equities that we dumb-ass customers allow them to maintain at a stable value), \$50,000 a year in retainers and meeting fees of \$2000, augmented substantially if the director is appointed to a committee.

So the board is hardly an objective group. They are pawns of management. And if management wants excessive compensation, they get it. After all, board members don't want to lose their sweetheart pay packages and access to inside information. And as for us customers, we don't appear in the picture at all.

### NOTES FROM LA-LA LAND

Anyone who defends the opening ceremony of the **London Olympic Games** is a co-conspirator in the destruction of our culture. Go to [www.americanthinker.com](http://www.americanthinker.com) and enter Olympic Disaster by Bernie Reeves to read my take on the debacle.

...

"An institution made possible by the credit of the nation has put its own survival before the national interest". Was this written recently? No, it was during the **panic of 1819**. A contemporary from the period added: "The Bank was saved and the people were ruined." Seems nothing has changed since.

...

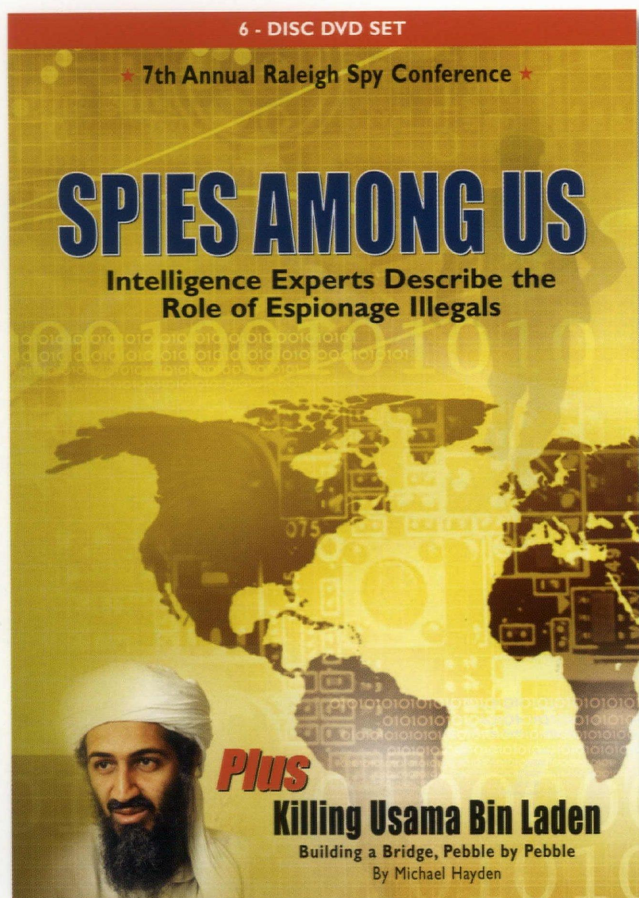
To those who are enthralled with **rail transit**, check out the monumental problems occurring regularly on the DC Metro before you insist on strapping your neighbors with an unwarranted and perpetually costly rail system in the Triangle. **MM**

Read more commentary by Bernie Reeves at [www.the-bernier Reeves.com](http://www.the-bernier Reeves.com) and at the American Thinker ([www.americanthinker.com](http://www.americanthinker.com))



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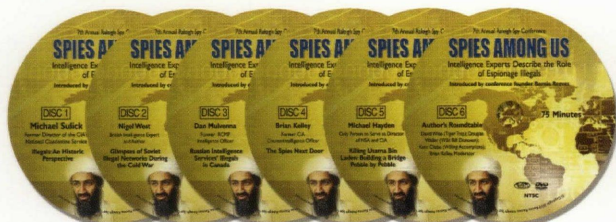
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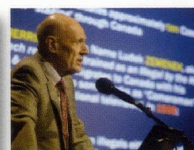
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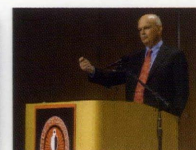
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Author's Roundtable



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This DVD set was produced during the Raleigh Spy Conference created by magazine publisher Bernie Reeves. The conference was founded in 2003 to address changes in the historical record created by the unprecedented flow of newly declassified information since the collapse of the Soviet Union.

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