

THE SPIES ARE COMING • THE PERFECT BURGER • UNSUNG HEROES IN THE ARTS

From the Triangle to the Coast

RALEIGH

Metro

Raleigh
Research
Triangle
Eastern
North
Carolina

AUGUST/SEPTEMBER 2011

\$3.95

www.metroinc.com

COMING HOME: THE RE-BIRTH OF ROSE HILL PLANTATION



METRO MAGAZINE PRESENTS
2011
BRAVO
AWARDS
PART 2
FROM THE TRIANGLE TO THE COAST

NOWELL'S

CONTEMPORARY FURNITURE



WEGNER SHELL CHAIR CIRCA 1963
NOWELL'S SALUTES CONTEMPORARY CLASSICS

NowellsFurniture.com

Defining Style Since 1905 • 919.467.9224 • 900 E. Chatham St. • Cary

Triangle's Largest Selection of Ekornes Stressless

Find Us @ [facebook](#)



**THIS IS THE SALE YOU'VE
BEEN WAITING FOR!**



**ELAINE SAYS ...
"MAKE ME AN OFFER
I CAN'T REFUSE"**

Elaine Miller Collection

**Visit Our Exciting New Website*
www.ElaineMillerCollection.com*

The Lassiter at North Hills
919.571.8888

4421-109A Six Forks Road

Raleigh, NC 27609
Mon-Sat 10:00 am-6:00 pm



The 23rd Annual Food and Wine Festival • Sept. 2nd-4th

2-Day | 1-Night Package | \$280*

- Overnight Accommodations • Daily Wine Seminars and Tastings
- Culinary Demonstrations • Luncheons and Festive Dining Events
- Purchase Tickets to Individual Seminars at ShopPinehurst.com

Village of Pinehurst, NC • 877.685.2516 • www.PinehurstWinefest.com

*Rate is per person, per night based on double occupancy. Subject to tax and resort service fee.



HELPING CELEBRATE LIFE'S SPECIAL MOMENTS SINCE 1948



BAILEY'S
FINE JEWELRY

EVERY WOMAN WANTS A BAILEY BOX

RALEIGH'S CAMERON VILLAGE, 829-7337 & CRABTREE VALLEY MALL, 788-7500. GREENVILLE. ROCKY MOUNT. FAYETTEVILLE

www.BaileyBox.com ~ FOLLOW US  ON  


we know what women want...

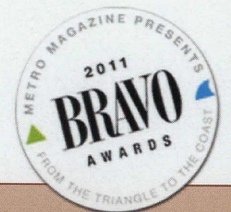


personalized attention | **customized** service | **amazing** results



Follow us on Facebook and be in the know about the latest
spa treatments, advancements in clinical skincare
and our fabulous spa specials.

 synergyspa



Shoppes of Glenwood Village • Glenwood at Oberlin Road • 919 510 5130 • feelsynergy.com



Again!

Once again, **North Carolina Children's Hospital** was ranked among the **top 10** children's hospitals in the country by *U.S. News & World Report*. And for the second year in a row, we are the only children's hospital in North Carolina to receive a **top 10** ranking. In fact, N.C. Children's Hospital ranked in six out of ten *U.S. News & World Report's* "America's Best Children's Hospitals" ranking categories, including a **top 10** ranking in pulmonary and lung disorders. And that is something to cheer about!

Kudos to all of our physicians, researchers, nurses and staff members who are the crucial building blocks of our health care system. Because of your unprecedented Commitment to Caring™, our hospital can be called one of the nation's finest.

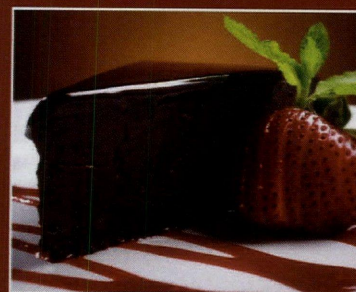
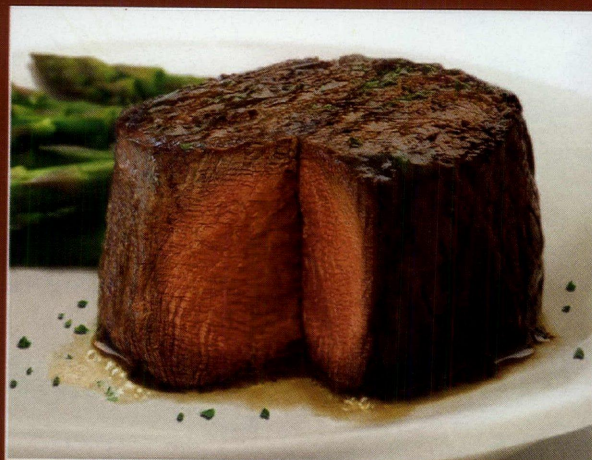
We are certainly proud of how we stack up compared to children's hospitals across the country, but we are most proud of our ability to bring the best care in the nation to the children of North Carolina.

N.C. CHILDREN'S HOSPITAL: *The only children's hospital in North Carolina awarded a top 10 U.S. News & World Report ranking*

ncchildrenshospital.org



UNC
HEALTH CARE

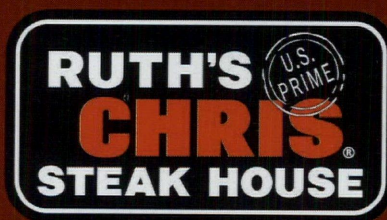


OUR DELICIOUS
3-COURSE
MENU IS ONE EXTRAORDINARY
MEAL.

- Available Sunday & Monday only -

SUMMER SPECIAL \$44.95

A 3-course meal featuring salad, entrée, accompaniment, and dessert.



Cary - The Arboretum at Weston | 919.677.0033

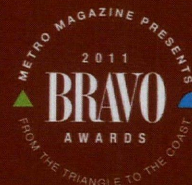
Durham - Renaissance Center at Southpoint | 919.361.0123

Raleigh - North Hills | 919.791.1103

Also Sizzling In

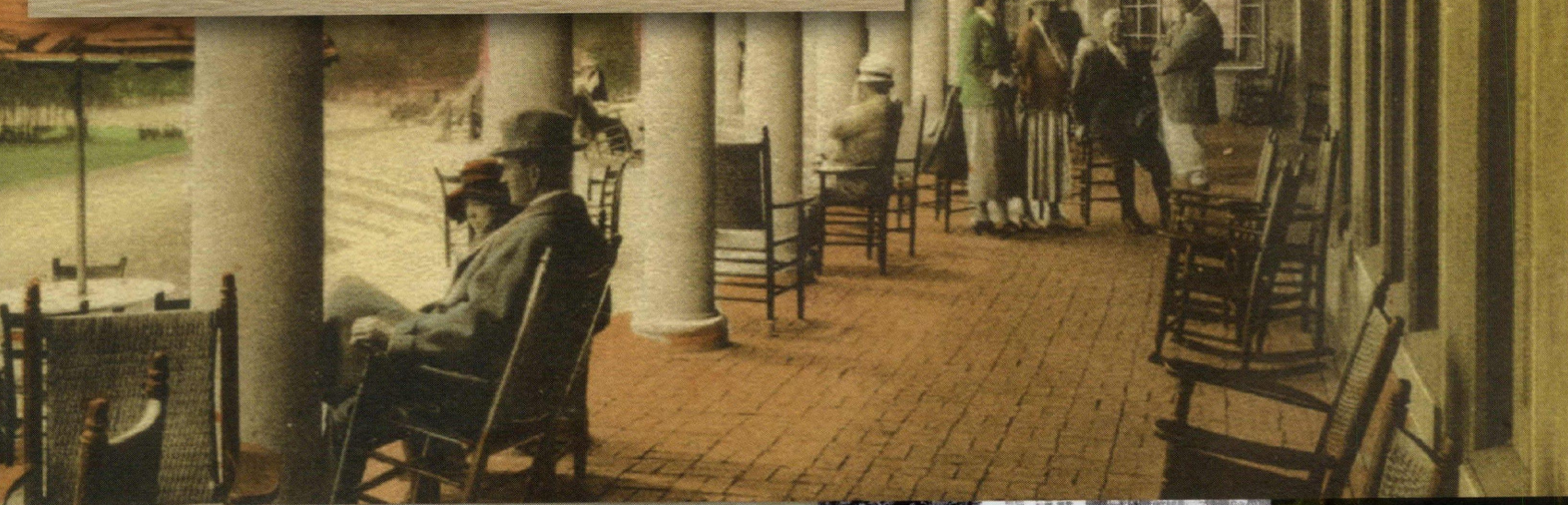
Wilmington - Hilton Wilmington Riverside | 910.343.1818

SeriousSteaks.com | Complimentary Valet Parking

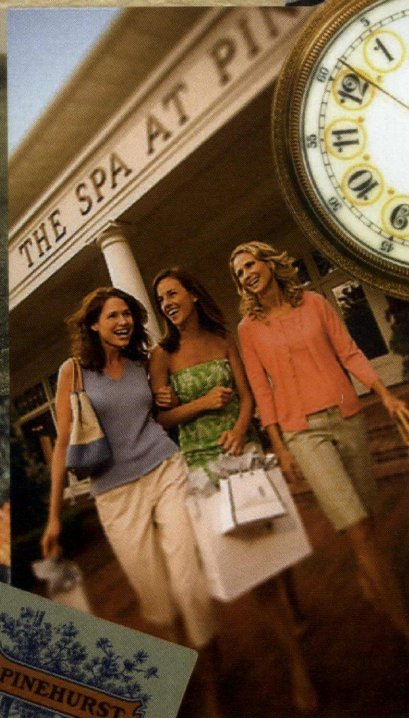
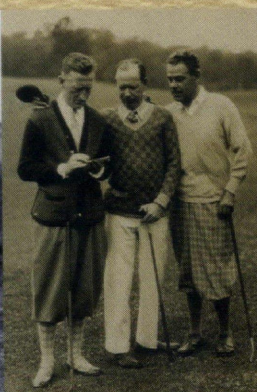
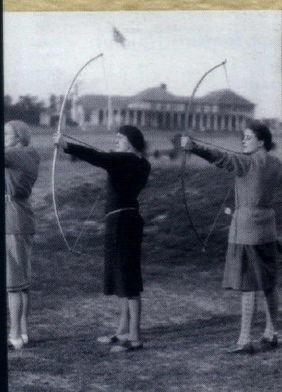
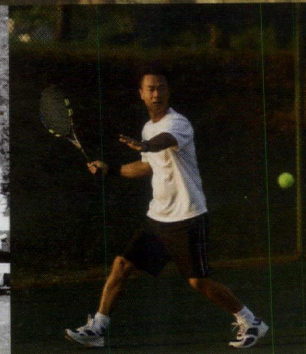
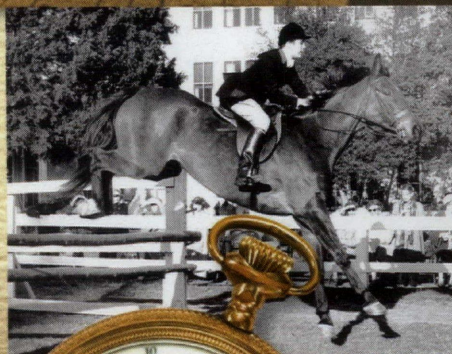




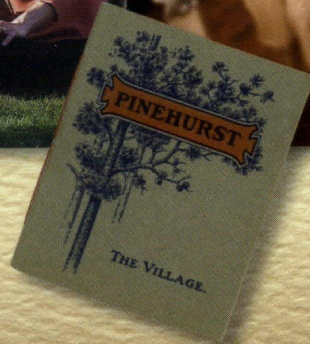
You can't turn back the clock,
but you can pause it for a day or two.



For more than a century, the mild climate, gracious service and unhurried pace have drawn folks to Pinehurst Resort. Whether you prefer to take a leisurely bike ride through our New England-style Village, to indulge yourself at our luxurious spa, or to rock away the afternoon under the ceiling fans on our veranda, you and your family will find much more than a historic retreat. You'll find time for each other.



\$216* Social Package
Accommodations
Breakfast
Dinner



Village of Pinehurst, North Carolina • 877.685.2516 • pinehurst.com

*Rate is per person, per night based on double occupancy at The Manor Inn. Valid 9/7-11/5/11. Subject to tax and resort service fee. Some restrictions apply. ©2011 Pinehurst, LLC

RAISE HIGH THE ROOF BEAMS

Metro raised the content ceiling this August and September issue to include reviews of important new books on intelligence by authors appearing at the 7th Raleigh Spy Conference. Go to www.raleighspyconference.com for a complete run-down and make plans to attend. And note the return of Non-fiction Editor Arch T. Allen to our pages after a sort hiatus.

The topic of the conference is “The Spies Among Us,” an examination by four high-ranking intelligence experts of espionage “illegals” and sleeper cells, a spy tradecraft tradition since the beginning of intelligence gathering — but alive and well today with the expulsion of 10 Russian “illegals” in 2010.



Painting and Works by Melissa Brown from Raleigh have been on display since June 28 concluding Sept. 4 at the Strauss Gallery at Dartmouth College.

Michael Hayden, the only person to serve as director of NSA and CIA, will deliver the keynote address on a different topic due to recent events: the killing of Osama Bin Laden. As director of the nation's two major intelligence agencies, Hayden oversaw the monitoring of technical communications between terrorist groups at NSA — and defended enhanced interrogation methods at CIA. His appearance in Raleigh provides a unique opportunity to learn the story of how the American intelligence community combats terrorism from the very top source.

North Carolina is a state of hidden treasures, such as Rose Hill Plantation and Conference Center near Nashville. Diane Lea brings back the story of fast food tycoon Mayo Boddie's dedication to reclaiming his family's home to create a dramatic restoration.

And another example of hidden treasures are the fine people who help the community quietly with no fanfare. Liza Roberts in her *Unsung Heroes* column profiles Melissa Peden, the First Lady of the arts in Raleigh, and William Lewis, whose PineCone organization has presented and preserved the indigenous music of the state.

Michael Welton informs us of an upcoming major new book on the life and works of Edward Durell Stone, a giant of American architecture from the 1930s into the 1970s, a Howard Roark battling collectivist trends in design by refusing to abandon individual genius in architecture to the “worker housing” minimalism of the Bauhaus. Stone's works grace the planet and include the Kennedy Center and National Geographic Society in Washington, DC; the Museum of Modern Art and Radio City Music Hall in Manhattan; the American pavilion at the 1958 World's Fair in Brussels; famous hotels in exotic locations across the world; the Stanford Medical Center — and three buildings right here in the Triangle in association with Holloway-Reeves Architects of Raleigh: The Legislative Building; the original NC Museum of Art — the handsome and gorgeous original plan truncated and desecrated by nefarious political hacks; and the Duke Music Building.

The definitive book on Stone is coming to book stores in October, written by his architect son, Hicks Stone of New York. The author discovered that the Legislative Building in Raleigh is considered one of his father's finest legacies, and that the same petty innuendoes and back-biting Ed Stone endured in big city architectural circles by jealous competitors was virulent in Raleigh as well, led by Henry Kamphoefner, the longtime dean of NC State's School of Design.

The perfect hamburger is a recurring holy grail for Americans. Moreton Neal suggests superb examples in Triangle eateries; Wine Critic Barbara Ensrud explains the role of sulfites and tannin. Carroll Leggett says there are no ugly ducklings; Jim Leutze suggests there are things we can learn from the Chinese; and Maury Poole brings back news of the latest in fall fashion from the runways of New York City.

Godfrey Cheshire reviews new films, one inspired by tabloid excesses and another that documents citizens who “interrupt” crimes in progress. Louis St. Lewis examines the plight of artists pledged to patrons; Helen Wallace presents area folks supporting charitable groups in her *On The Town* photo essay; Cyndi Harris has compiled an end-of-summer Coastal Preview; and Dan Reeves highlights the second Hopscotch Music Festival in downtown Raleigh sponsored by the *Independent Weekly* that brings together national bands and the best of the local music scene to present over 100 performances in three crazy days.

And to add flourish, *Metro* presents Part II of the coveted MetroBravo Awards. Enjoy. We'll see you in October.

RB Pecum III


GO WILD WITH NC SHRIMP

There's nothing better than
the rich flavor of wild shrimp
harvested from the coastal waters
of North Carolina.

Visit our website at
www.nc-seafood.org
for a listing of wild caught and
farm-raised seafood available
from North Carolina.

BUY LOCAL
BUY AMERICAN

got to be
NC
SEAFOOD



Correspondence

YACHT CLUB MIX-UP

Ligon Flynn did not design the Carolina Yacht Club (CYC), although he was a member. The CYC was founded in 1853 with my uncle, Richard Bradley, as its first commodore. I wrote Carolina Yacht Club Chronicles, a pictorial history, so I know

this. Flynn did design the Figure Eight Island Yacht Club, a much newer structure and a very different kind of club.

Anne Russell
Wilmington

Spies Among Us

7th Raleigh Spy Conference



The Secret World of Espionage Illegals

August 24-26

NC Museum of History
Downtown Raleigh

Opening Speaker – Michael Sulick, recently retired chief of CIA's National Clandestine Service

Guest Speakers: Retired CIA officer Brian Kelley; British intelligence scholar and author Nigel West; and retired Royal Canadian Mounted Police intelligence officer Dan Mulvenna

NEW THIS YEAR!

Author's Roundtable, featuring Douglas Waller to discuss his new hit book *Wild Bill Donovan* about the life of the founder and chief of the OSS, the precursor to the CIA; David Wise, the dean of intelligence authors to discuss his new book, *Tiger Trap: America's Secret Spy War With China*, examining Chinese espionage; and Kent Clizbe, author of the forthcoming *Willing Accomplices*, an inside look at the impact of Soviet propaganda in America. Books by all speakers will be available for sale.

Go to www.raleighspyconference.com or email cyndi@metromagazine.net



EDITOR AND PUBLISHER

Bernie Reeves

CONTRIBUTING EDITORS

Arch T. Allen | Godfrey Cheshire | Barbara Ensrud | Diane Lea | Jim Leutze | Carroll Leggett | Moreton Neal | Louis St. Lewis | Maury Poole | Dan Reeves | Art Taylor | J. Michael Welton |

EDITORIAL

Senior Writer Rick Smith
Senior Writer Jim Hughes
Senior Writer Liza Roberts
Copy Editor Emily Keveryn

DESIGN

Art Director David Gough
Graphics Associate Kathy Johnson
Photographer Kinsley Dey

ADVERTISING

Vice President of Sales and Marketing

Katie Reeves

Regional/National Sales Representative

Helen Wallace

ADMINISTRATION

Office Manager Cyndi Harris
Intern Corinne May

CONTACT INFORMATION

Metro Magazine, LLC
1033 Oberlin Road, Ste. 100, Raleigh, NC 27605
Ph: 919.831.0999
Fax: 919.831.0222
Toll free: 800.567.1841
Email: emails@metronc.com
Visit us on the web: www.metronc.com

Mailing Address:
PO Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC
Subscriptions: \$18 one year
Published twelve times a year
Audit applications submitted

ARTICLE REPRINTS AVAILABLE

Contact Glenn Benton at
Quick Color Solutions, Inc.,
919-868-8742.

©2011 Metro Magazine, LLC
ISSN 1529-4404

Postmaster send address changes to:
Metro Magazine, LLC
PO Box 6190, Raleigh, NC 27628



www.metronc.com

METRO MAGAZINE

SUBSCRIBE NOW!

get 12 issues for just \$18

NAME _____

ADDRESS _____

CITY _____

STATE _____

ZIP _____

I would like

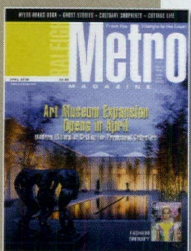
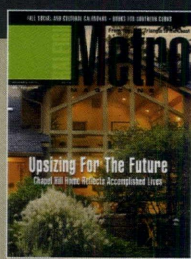
- ☐ One-year subscription for \$18
☐ Two-year subscription for \$29
☐ Three-year subscription for \$36

☐ **Payment is enclosed.**

Please send check to
MetroMagazine
PO Box 6190
Raleigh, NC 27628

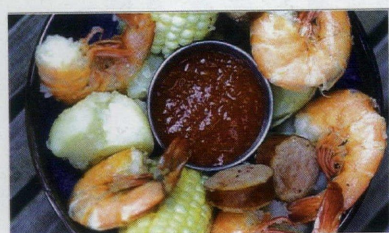
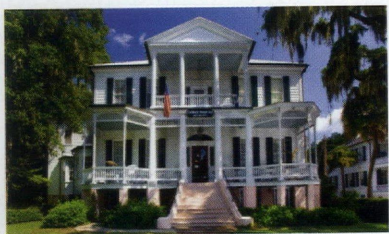
VISA / MASTERCARD / AMERICAN EXPRESS (CIRCLE ONE)

EXP. DATE _____





EVERYTHING'S EXCITING
WHEN YOU GET TO BE OUR AGE



Beaufort is turning 300 years old and in that time we've perfected everything the Lowcountry has to offer; history, southern cuisine, outdoor adventure, beaches, art, romance and more.



From Anywhere in Beaufort, You Can See for 300 Years.

It's Our Birthday, But We're Giving the Gifts.

We're awarding trips daily through September.

Enter online for your chance to WIN 1 of 300 night giveaways.

BEAUFORT
SOUTH CAROLINA
TRICENTENNIAL 1711-2011



Visit BeaufortSC300.org for details.



FEATURES

- 20 Cheshire On Film**
Sad, Sick And Funny *Tabloid* And *The Interrupters* Lead
New Film Openings
- 28 B&B Bunglers**
- 30 MetroBravo Awards**

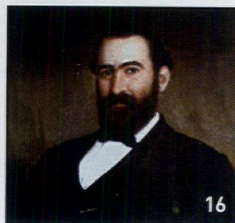


- 46 Design**
An Amazing Story of Family and Fortitude
- 55 Style**
Fall Preview Trends



30 MetroBravo Winners

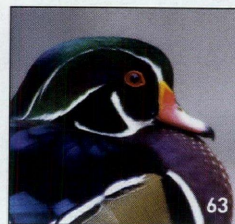
DEPARTMENTS



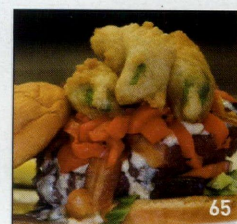
16



54



63



65

- | | | | |
|--|---|---|--|
| <ul style="list-style-type: none"> 8 Introduction
Raise High the Roof Beams 10 Correspondence
Reader Feedback 16 Secrets of State
Key Figures of Intelligence World Coming to Raleigh, Crossword Challenge, Happy B-day Old Chatham, Eyes Only | <ul style="list-style-type: none"> 22 Unsung Heroes
Unsung Heroes ... In the Arts 25 MetroBooks
Review of Books by Featured Authors to Appear at Raleigh Spy Conference 54 Form + Function
Built Environment News | <ul style="list-style-type: none"> 59 Coastal Preview
Events on the Coast 62 Artist-at-Large
To Be An Artist 63 Between You and Me
There are No "Ugly Ducklings" 65 Gourmet
The Burger Quest 68 Cork Report
Sulfites and Tannin | <ul style="list-style-type: none"> 70 Editor-at-Large
Pay Attention to China 71 Preview
Cultural Events 76 Restaurant Guide 78 On the Town
Social Event Coverage 80 My Usual Charming Self
I Come Not to Bury Holden Thorp |
|--|---|---|--|

Charming and
unpredictable
(BOSS BLACK)

Consistently
cool
(MICHAEL
KORS)

RALEIGH 919.792.9100 © SAKS FIFTH AVENUE 2011
ONLINE: SAKS.COM FACEBOOK.COM/SAKS TWITTER.COM/SAKS SAKSPOV.COM

Horizontal
Stripes



*Saks
Fifth
Avenue*

RALEIGH

Thank You for Voting

JOHNSON LEXUS

"Best Dealership for Service" & "Best Car Dealership"



We are honored to be voted by Metro Magazine readers as the 2011 Bravo Award winners for Best Dealership for Service and Best Car Dealership. If you haven't serviced with us yet we ask for the opportunity to show you why our guests look forward to the luxury service experience they receive at competitive prices. Our service team has over 300 combined years of experience servicing Lexus vehicles. We also serve all makes and models! Our complementary amenities include:

Free car wash (inside and out) with every service
Separate reading & television lounges
Private children's play area
Free WIFI and private business offices

Lexus Certified technicians
Starbucks coffee and treats in our cafe
Loaner vehicles for services requiring over two hours
Complementary shuttle service
Night & early bird drop off

JOHNSON LEXUS OF RALEIGH


(919) 877-1800
5839 Capital Blvd.
Raleigh, NC 27616
Across from Triangle Town Center
www.JohnsonLexusRaleigh.com

JOHNSON LEXUS OF DURHAM

(919) 433-8800
1013 Southpoint Auto Park Blvd.
Durham, NC 27713
I-40 Exit 274
www.JohnsonLexusDurham.com

FACE

MEDSPA



• • • • •

FEATURING

RESTYLANE — Buy One,

Get One 1/2 OFF!*

• • • • •

A PHYSICIAN OWNED FACILITY

FACE Wilmington...we have a highly trained team of registered nurses, expert nurse injectors, certified laser nurses and estheticians. Face has the premiere laser in eastern North Carolina for skin rejuvenation, sun damage reversal, skin tightening, wrinkle reduction and tattoo removal.

It has the power of 10 IPL's with only one treatment. No pain, downtime or peeling!

We provide an environment with the greatest degree of comfort and safety possible.

For any stage of the aging process, the latest and greatest technology in the area is available only at Face.

REVLITE®
LASER

RESTYLANE®

DYSPORT®

JANE
IREDALE

FACIALS

WWW.FACEWILMINGTON.COM • 910.256.3201

1127-C MILITARY CUTOFF ROAD
WILMINGTON, NC 28405

facebook

* Some restrictions apply.

Key Figures From Intelligence World Coming To Raleigh

The public has a unique opportunity to meet and mix with the top people in the world of intelligence at the 7th Raleigh Spy Conference Aug. 24-26 held at the NC Museum of History. The conference speakers, authors and special guests remain throughout the event and make themselves available to attendees.

Recent NSA and CIA Director Michael Hayden will discuss how we killed Usama Bin Laden; Michael Sulick, recently director of the CIA's National Clandestine Service (the "spy side" of the agency); Brian Kelley, the CIA counterintelligence officer the FBI mistook to be the mole Robert Hanssen; Nigel West, the former Member of Parliament, intelligence expert and author; and Dan Mulvenna, former security officer for the Royal Canadian Mounted Police will make presentations beginning Thursday Aug. 25 following the opening reception Wednesday evening, Aug. 24.

The theme is "Spies Among Us", how espionage agents are infiltrated into foreign nations under false names with no official cover, a key spy tradecraft strategy that goes back to the earliest espionage efforts up to today — for example the 10 Russian "illegals" who were deported from the United States in 2010.

Hayden agreed to change the topic of his keynote address based on the intervening termination of Usama Bin Laden. As chief of NSA

from 1999-2005, he supervised surveillance of technical communications between terrorist groups worldwide. As director of CIA from 2006 to 2009, Hayden defended information gathered by extreme interrogation. The success of the Bin Laden operation was the result.

There is more. Respected intelligence author David Wise will discuss his new book *Tiger Trap: America's Secret War With China*, a thorough and telling investigation of China's espionage successes against the US, making the People's Republic the nation's number one spy threat.

Veteran journalist Douglas Waller will provide details and revelations from his new book *Wild Bill Donovan*, a complete biography that draws on recently declassified documents revealing new details on the life and times of the "spymaster who created the OSS and modern American Espionage."

Former CIA operative Kent Clizbe will talk about his new book, *Willing Accomplices* that addresses the impact of Soviet cultural propaganda on American institutions — including the media, academia and the entertainment industry.

And journalist Bill Gertz, who pens the Inside The Ring column for the *Washington Times*, will join the Roundtable to discuss his latest books on defense, intelligence and national security.

Books by guest authors and speakers are dis-

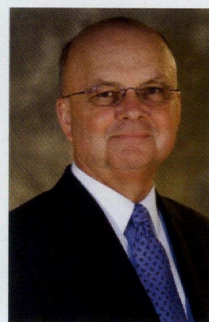
played and space set aside for book inscriptions and one-on-one conversations.

A group of CIA officers representing the agency's Historical Collections Division will attend as special guests of the conference and provide — at no charge — color booklets (some with DVDs) containing recently declassified documents that clarify key Cold War events and operations, including the Korean War, Air America and the Warsaw Pact.

The conference kicks off Wednesday evening Aug. 24 with a reception at a Raleigh restaurant for speakers. On Thursday, Aug. 25 conference speakers present four sessions, followed by a gala that evening at an area club. On Friday, Aug. 26, the day opens with an Author's Roundtable featuring the conference's guest writers followed by the keynote address on the Bin Laden operation by Hayden at 11 a.m.

Go to www.raleighspyconference.com for the complete schedule and to register. You may also call *Raleigh Metro Magazine* at 919-831-0999 or contact cyndi@metromagazine.net.

The Raleigh Spy Conference is presented by Bernie Reeves and *Raleigh Metro Magazine*. MM



Hayden



SAS Champions Tour Event Features Quality Field

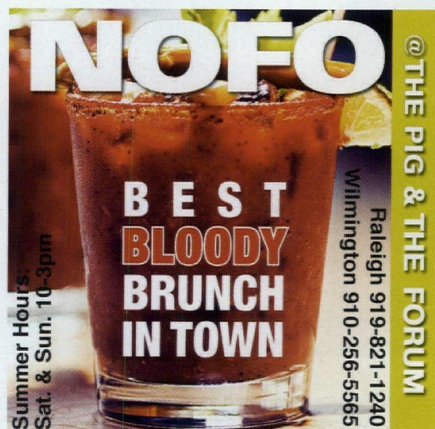
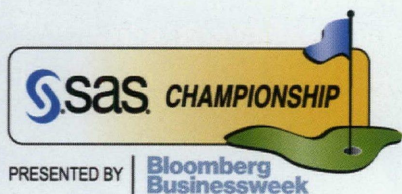
Russ Cochran will defend his 2010 SAS Championship — sponsored by Bloomberg Businessweek — Sept. 26-Oct. 2 against seven other past champions during the \$2.1 million Champions Tour event at Prestonwood Country Club in Cary.

Cochran is playing well this year, winning his first career major title at the 2011 Senior Open Championship at Royal Troon. Cochran shot a 67 on Sunday to edge Mark Calcavecchia by two shots.

Tournament Director Jeff Kleiber noted that: "This tournament is an important stop on the Champions Tour calendar. ... We hope that the

Triangle area takes note of the caliber of players already committed."

Tickets are on sale now offering new options for ticket holders. Go to saschampionship.com for details or check out Twitter and Facebook. MM



Painting and Works by Melissa Brown from Raleigh, who died at age 30 after a six-year battle with breast cancer, have been on display since June 28 concluding Sept. 4 at the Strauss Gallery at Dartmouth College.

In the catalogue for the exhibition, Brown's communicates her feelings before her death: "The limits of my strength have been tested and I have found a center". Says Colleen Gray, professor of Art at Dartmouth, "These sensitive, observant, deeply felt visual images embody an astonishing physical, imaginative and spiritual power."



Brown attended Raleigh's Ravenscroft School and Phillips

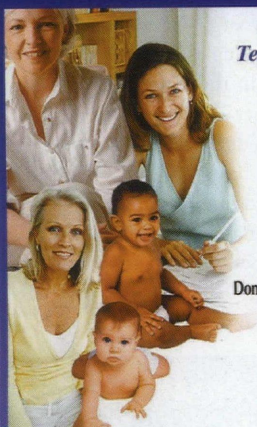
Academy before graduating with honors from Dartmouth College, going on to earn her Masters In Fine Arts from San Francisco Art Institute. Her works have been displayed in San Francisco, Raleigh, New York City, New Hampshire and Washington. She was the signature artist for the City of Raleigh's annual Artsposure celebration in 2001.

For more information on Brown's struggle with breast cancer and her body of work, e-mail pacejohnson@yahoo.com. **MM**



(Left) *Cornered I*, 1999, oil on canvas on wood, 18 x 14 inches
(Above) *Indelicate*, 1998, oil on canvas, 58 x 64 inches

Obstetrics • Gynecology Infertility



*Our Dedicated
Team of Healthcare
Professionals*

Ira L. Gaines, M.D.
Karen W. Corvin, M.D.
A. Dawan Gunter, M.D.
Anyia L. Tatarchuk, M.D.
Jon S. Placide, M.D.
Scott G. Anderson, M.D.
Josie K. Huffman, M.D.
Donna H. Robertson, WHNP
Karen F. Hilbert, WHNP



**BLUE RIDGE OB/GYN
ASSOCIATES**

*We perform Advanced Laparoscopic
& Robotic Surgery (daVinci).
Also offering in-office Surgical Procedures:
Endometrial Ablation (Novasure)
& Tubal Sterilization (Adiana / Essure).*

www.blueridgeobg.com

North Raleigh Location Rex Hospital Area
919.781.2500 919.782.9005
11001 Durant Rd • Suite 100 2605 Blue Ridge Rd • Suite 150

CHIC. UNLEASHED.

NEW TALENT MONDAYS & TUESDAYS*

Cut Men \$19 Women \$29

Cut & Color \$79

AWARDS

**Bravo Award for
Best Hair Salon**
Metro Magazine 2010

**Best Hair Salon
in Wake County**
Independent Weekly 2008

Trendiest Salon
Social Magazine 2008

*Available with selected stylist only.
Cannot be used with any other offer.
Subject to availability.
Certain restrictions may apply.

SALON BLU
www.salonbluhair.com

**MIDTOWN 919.900.8212
BRIER CREEK 919.598.7666
NORTH RALEIGH 919.848.0555**

COLOR BAR HAIR DESIGN STRAIGHTENING MAKEUP TREATMENTS WAXING

Alex B. "Andy" Andrews IV, the namesake and descendant of railroad magnate Col. Alex B. Andrews, one of North Carolina's most significant personages of the 19th century, has commissioned the restoration of a painting of his illustrious ancestor completed in 1880 by artist William Garl Brown Jr., known for his portraits of Robert E. Lee, Stonewall Jackson and other well-known figures from the era. The large oil portrait was restored by David Goist of Raleigh.

Andrews, a real estate developer and former ranked professional tennis player, is donating the restored painting to the NC Museum of History and has arranged for the town of Andrews, NC, named for Col. Andrews, to display the portrait on special occasions. **MM**



Crossword Challenge Benefits Alzheimer's Foundation

The Alzheimer's Foundation of America (AFA) is calling on crossword buffs and novices to participate in its inaugural National Brain Game Challenge designed by well-known crossword puzzle designer Merl Reagle scheduled to go live Sept. 25. The event, in response to research that regular mental workouts may help reduce the risk of Alzheimer's disease, is aimed at boosting awareness of lifestyle choices that promote brain health and raising funds for AFA.

Registration for the National Brain Game Challenge begins Aug. 7 and requires a \$25 registration fee that covers online access to the puzzles on Sept. 25. AFA will determine the grand prize winner, runners-up and additional winners based on accuracy and speed. Up for grabs are a \$5000 grand prize, \$1000 second prize, \$500 third prize, and more than a dozen \$100 prizes to a specific sequence of winners, including the 5000th person with the correct response. The contest is open to individuals age 18 and older, except any finalist or winner in the A and B Division playoffs of the American Crossword Puzzle Tournament and/or any person who ever constructed a playoff puzzle for the American Crossword Puzzle Tournament, as well as AFA employees and their immediate families.

Complementing this online challenge, various AFA member organizations around the country will be hosting their own Brain Game Challenge events in their communities from Sept. 10-24. In general, each local event will involve visual puzzles, math challenges and memory games that can be played by participants of all ages, abilities and interests simultaneously.

For more information about AFA, call 866-AFA-8484 or visit www.alzfdn.org. For specific information about successful aging, visit www.alzprevention.org. **MM**

Spies Among Us

The Secret World of Espionage Illegals

August 24-26

NC Museum of History

7th Raleigh Spy Conference



Go to www.raleighspyconference.com or email cyndi@metromagazine.net

Your Weight...Health...Future.

It doesn't matter if you're 10 pounds overweight or 100 pounds overweight... your weight has an impact on the way you feel.

Bartels Medical Associates, PLLC

Dr. Bartels is a Diplomate of the American Board of Bariatric Medicine. Take control of your health and schedule a free consultation today.



(919) 233-6644

218 Asheville Ave. Suite 10, Cary, NC 27518

www.bartelsmedical.com

ANIMAL DERMATOLOGY & ALLERGY CLINIC

Barbara A. Atlee, DVM, MS
diplomat American College of Veterinary Dermatology

 Specializing in skin & ear diseases of dogs & cats 

Clinic Locations:
Cary • Durham • Wilmington

animaldermatologynyc.com
919-403-9478

Happy Birthday Old Chatham

Old Chatham was conceived as a private golf club — not a country club — to create the optimal environment for golf in the Triangle region. And it has succeeded, despite a roller-coaster economy accompanied by a steep decline in golf-related revenues.



On Sept. 9, the club will commemorate 10 years of dedication to a no-compromise, golf-only facility situated on 400 acres in Chatham County where no homes impede the view over the rolling fairways and greens. Old Chatham members can celebrate with deserved pride the sacrifices they endured to maintain an “old-line, classic play” layout designed for player enjoyment without compromising during hard times to capitulate and evolve into a real estate development.

Ranked in *Golf Digest's* Top 10 new courses when it opened in 2001, Old Chatham is consistently ranked in the upper echelons of North Carolina courses.



The club hosted the NC Amateur in 2009 and three US Amateur qualifiers. The course remains a favorite venue for discerning golfers

across the state, who point to the club's caddie program, expert management from pro John Marino — and the informal yet elegant new clubhouse opened in 2010.

The 7210-yard Old Chatham design by Rees Jones is open but challenging. The fairways are hard and firm, and the greens fast and true — and kept in excellent condition by dedicated greenkeepers, headed by Brian Powell, who know they are nurturing a very special golf experience.

A tip-of-the visor from golfers everywhere who appreciate Old Chatham's accomplishments over 10 years to preserve the traditions of a great game. **MM**

EYES ONLY

The Bike MS: Historic New Bern Ride, a two-day event featuring cyclists riding through rural Eastern North Carolina to raise money to help fight multiple sclerosis, takes place Sept. 10-11. Go to www.msbike.org for more information.

...

Blount Street Commons, the 21-acre historic neighborhood revitalization in downtown Raleigh, is undergoing a “momentum shift”, according to David Welch, Southeast Region President of Blount Street's Development Company, LNR Property LLC. Only two historic homes remain available in this phase of the project after the leasing of the Russ-Edwards and the purchase of the Jordan, Cowper, Bailey-Gallant, and Russ homes. Live Oak Homes announced it intends to break ground on its next row home building later this summer. This expansion will add to the existing 10 units with 14 more to follow. Visit blountstreetcommons.com for more information.

...

Nov. 3-5 artists and writers will gather for 18 intimate dinner parties held in private homes to raise money for United Arts Council of Raleigh. **The Guess Who's Coming To Dinner** events begin with a 7 p.m. cocktail party followed by a seated dinner. Go to <http://guesswho.unitedarts.org/> to learn more and to make a reservation.

...

Slate Pharmaceuticals Inc. will join five corporate tenants that have moved offices to CAPTRUST Tower during 2011: Insight Global, Kilpatrick Townsend & Stockton LLP, NovaQuest Capital Management, PricewaterhouseCoopers (PwC), and Wasserman Media Group. Duke Realty and Kane Realty negotiated the lease with Slate.

...

Prestonwood Country Club in Cary has debuted a new 2500-square-foot Golf Learning Center housing indoor and outdoor bays, 10,000 square feet of grass teaching area and the latest state-of-the-art technology — including a V1 swing analysis video system, indoor putting studio with the SAM PuttLab putting analysis system, SAM Balance Lab, K-VEST and a TrackMan launch monitor. Architect Erich Wilkinson designed the facility, working with Matt Massei, club manager, Larry Conner, director of golf, and Tom Ream, director of instruction. Go to www.prestonwoodcc.com for more on the club and the new teaching facility.

...

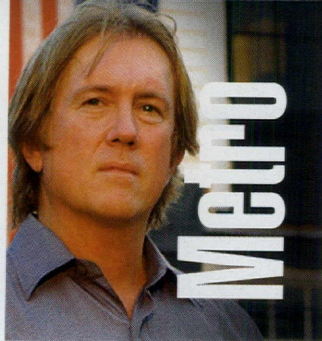
The Raleigh City Council has approved the recommendation of the City of Raleigh Historic Districts Commission (RHDC) to designate the Raleigh Furniture Building, 119 E. Hargett St. and the Paul and Elsie Stahl House, 3017 Granville Drive as Raleigh Historic Landmarks.

...

The United Arts Council of Raleigh and Wake County has added 11 new board members: Robert Azar, Global Medical Technologies; Claudia Corletto-Coleman, writer and visual artist; Kate Day, Cisco Systems; Elizabeth Grimes-Droessler, Wake County Public School System; Adrienne Kelly Lumpkin, Alternate Access; Tiffany A. Neijna, Ernst & Young; Margaret Rosenfeld, Smith Anderson; Steve Schuster, Clearscapes Architects; Sonya Shaw, Town of Garner; Jodi Tata, civic volunteer; and Lizette Cruz Watko, Watko Entertainment Inc.

...

The Frank Lloyd Wright Preservation Trust is offering Frank Lloyd Wright's Chicago, a new bus tour beginning Oct. 29 that spans more than 20 years of the famous architect's career — including downtown Chicago and near south-side and Oak Park, IL — the community with the highest concentration of Wright-designed buildings. Go to www.GoWright.org for more.



Cheshire on Film

by Godfrey Cheshire

SAD, SICK AND FUNNY *TABLOID* AND *THE INTERRUPTERS* LEAD NEW FILM OPENINGS

You can't help notice the North Carolina accent. It's there in her voice as soon as the film begins, and it remains a constant aural signature throughout. I should say a certain kind of North Carolina accent, the sort that pronounces the vowels in "white" or "night" as if they belonged in "tire" or "fine."

Her look is very specific too, culturally speaking. On first glimpse, in some footage from decades ago, she seems like she might have stepped out of a long-bygone Raleigh rock club like the Bear's Den or the Switch, havens of "hair metal" in the days of Poison and Bon Jovi. Her own blonde hair is in a Stevie Nicks perm, and she smiles as if she thinks she's as cute and fetching as any California rock goddess. You're welcome to find the blithe self-admiration either charming or crackers.



Her name is Joyce McKinney, and in front of the interview camera in Errol Morris' fastidiously wacky documentary *Tabloid*, she's now older and plumper, but no less determinedly vivacious than the hippie gamin we glimpse at the film's opening. Thanks to Morris, she finally has the chance to tell her story in full, and it's a doozy.

We don't hear much of the growing-up-in-North Carolina prologue to the episodes that will bring her notoriety. We do learn that she moved out west and won the crown of a beauty queen in Wyoming. But



The Interrupters

her encounter with destiny really begins in the 1970s, once she crosses into that twilight zone of the modern West known as Utah.

There, she's driving down the street one day in her sleek Corvette Sting Ray when she notices a guy driving along in his own 'Vette. They pull over, start to talk and mutual admiration of their good taste in cars soon grows into something more. Or so she says.

His name is Kirk. Other interviewees describe him as large, gangly, a bit awkward. But to Joyce he is a Greek god, a vision of perfection, the man of her dreams. Boundlessly infatuated, she thinks she's headed for the altar, despite clear signs of religiously inspired antipathy from his family. And then, one day, he simply disappears.

She is frantic and confounded. What happened to him? Where could he be? Soon enough, she learns the awful truth: her Mormon heart-throb has been swept out of her grasp by the church, sent off to do missionary work in distant England.

In Los Angeles, she hatches a plot to rescue him and gathers accomplices, one a young man who evidently has an unre-

quited crush on her. (Joyce and the film are very vague about how all this was financed.) Like the *True Romance* version of *Mission: Impossible*, her intrepid team hops over to Blighty, kidnaps white-shirted Kirk and takes him to a remote cottage where she ties him to a bed and has sex with him for three days, hoping to expunge Mormon brainwashing with good old red-blooded American lust.

Needless to say, she is caught and charges are brought. And now you see where the film's title comes from. For in addition to rendering her a criminal, Joyce's English exploits make her a tabloid sensation. In the coming months, her name will be synonymous with "sex in chains" and "the manacled Mormon" and as many other lurid headlines as Fleet Street can dream up.

Though steadily maintaining that her real motives are true love and the liberation of poor Kirk, Joyce does not shy from celebrity. She attends the London premiere of *Saturday Night Fever* and hobnobs with the Bee Gees and Keith Moon. At another premiere, she upstages the film's star, Joan Collins.

Unlike the purveyors of fashionable

cinéma vérité, Morris doesn't eschew interviews. Rather, as evidenced by a résumé that includes *The Thin Blue Line* and *The Fog of War*, he builds his films on them, and the probing incisiveness of his colloquies is legendary. On Charlie Rose recently, he said that in Joyce McKinney he had discovered his greatest interview subject ever.

Sure, he was trying to sell the film, but you can understand the enthusiasm. Like the subjects of delightful Morris films, such as *Vernon*, *Florida* and *Gates of Heaven*, Joyce is a jaw-dropping example of down home American eccentricity. Even if you come from a part of the country where her type of pert audacity is more annoyingly common than exotic, her bulletproof belief in her hyper-romantic crusade and extravagant methods are striking as are her verbal felicities. Scoffing at the idea of male rape, she says that would be like "putting a marshmallow in a parking meter."

To its credit, *Tabloid* avoids the use of the dubious reenactments and fancy special effects that threatened to overwhelm Morris' last film, *Standard Operating Procedure*. It tells its spicy story through the words of Joyce and a handful of other interviewees, plus some well-chosen film and newspaper clips.

As entertaining as it is, it still feels slight, like a short that has been stretched to feature length. Once you get the drift, you simply go with Joyce's account of her daffy adventures. Morris doesn't question or probe in a way that would provide alternative perspectives or revelations, either concerning Joyce or the salacious practices of British tabloid journalism, a timely topic that's broached rather than explored.

After tackling heavy subjects like the Vietnam War and Abu Ghraib, Morris has returned to what he says is his favorite kind of film: "sad, sick and funny." *Tabloid* certainly fits that definition, even if it's ultimately a minor work in his canon.

HUMAN TIME BOMBS PEOPLE GANG DOCUMENTARY

Morris' status as a top documentary auteur means that *Tabloid* is pretty much guaranteed a Triangle play date. I'm less certain about the chances of a far more substantive and revelatory documentary, Steve James' *The Interrupters*, so I hope readers

will urge their local art house to book it. (Failing that, it's also due to screen on PBS' *Frontline* later in 2011.)

Even if James doesn't enjoy Morris' level of doc-world celebrity, he is certainly one of our most accomplished nonfiction filmmakers. His 1995 breakthrough, *Hoop Dreams*, a panoramic, almost Dickensian three-hour account of black Chicago teens striving to escape poverty via basketball, was one of the key films that signaled the increased ambition and artistry of American documentaries in the 1990s.

Though James has made noteworthy films since then, including *The War Tapes*, *The Interrupters* marks his first return to Chicago since *Hoop Dreams*. He made it in collaboration with author and journalist Alex Kotlowitz, who in 2008 published an article in *The New York Times* about the plague of violence in inner-city Chicago and an organization called CeaseFire, which seeks to prevent mayhem by having former criminals — called "violence interrupters" — intervene in potentially volatile situations.



CeaseFire was created by epidemiologist Gary Slutkin. Having fought the spread of AIDS and cholera in Africa, Slutkin, as the film's press notes put it, "believes that the spread of violence mimics that of infectious diseases, and so the treatment should be similar: go after the most infected, and stop the infection at its source."

However it sounds in theory, in practice Slutkin's idea is a constant real-world gamble — and hugely dramatic. And it necessarily involves some truly remarkable

people, including three violence interrupters who are among the most courageous and admirable protagonists I've ever seen in a film.

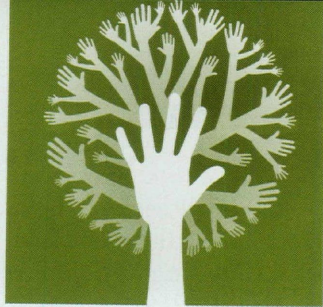
Eddie Bocanegra, who committed a murder at 17, came out of prison determined to keep others from following his path. He seems the gentlest of counselors, having learned to teach art to school kids, yet his work puts him in the middle of one toxic, explosive gang confrontation after another.

Cobe Williams, an ex-con inspired by his family to clean up his act, is an unfailingly good-humored guy who seems like he must have a PhD in psychology, so astute, patient and humane is he in working over long periods to build trust and heal damaged bonds.

But the interrupter who takes the cake, surely, is Ameena Matthews, the daughter of an infamous gang banger who's likened to a ghetto Al Capone, and herself a former drug gang enforcer. Now a convert to Islam and mother of four, she's a charismatic, funny, unbelievably brave woman who, day after day, puts herself in harm's way and faces down even the most damaged and dangerous of street toughs.

Perhaps the most astonishing facet of *The Interrupters* is the level of intimacy that James (working with Kotlowitz and just one other crew member) was able to achieve, including with some of the human time bombs his protagonists confront. There's one guy called "Flamo," who seems like a psycho just about to kill someone when Cobe first meets him. As time goes on, though, Flamo emerges as a really droll and original guy. If he can be pulled back from the brink, you think, anyone can.

Like the best documentaries, *The Interrupters* takes us into a world we don't know and illuminates it in a way we could hardly imagine. Before you see it, the people it depicts are statistics or TV news ciphers. Afterward, they are fully human, complex, and in some cases, genuinely heroic. More than just a great piece of filmmaking, James' latest is a stirring testament to the potency of moral choice even in the direst of social circumstances. **MM**



Unsung Heroes

by Liza Roberts

UNSUNG HEROES ... IN THE ARTS

As the pace of growth in the Triangle quickens, it's not hard to find hand-wringers who lament the inevitable changes to our landscape, population and culture. One place you won't find them, however, is in our arts community. These creative folks are delighting in our broad influx of new people, influences, ideas and artists; they're welcoming newly arrived art lovers to gallery shows, musical performances and readings; they're embracing recently arrived fellow artists and harnessing their energy and enthusiasm to ignite a new electricity into the Triangle arts scene.

And, as in any community, they are and have always been relying on a handful of dynamic individuals to lead the way. Often working under the popular radar, these leaders bring art lovers and artists together, create alliances and help emerging artists gain a foothold.

In many cases, they actually make art possible. And that's what makes them the unsung heroes of our art world.

MELISSA PEDEN, TRAILBLAZER FOR THE ARTS

A thriving arts community like ours doesn't happen overnight. It can't be manufactured or imported, ordered up from an urban planning development kit or wished into being. It has to grow organically, the natural result of creative minds coming together in an environment receptive to their work, and it has to start somewhere.

Melissa Peden is a big part of that somewhere.

Twenty-three years ago, when she opened the Peden Gallery II in downtown Raleigh, on the Moore Square corner of Hargett and Blount in the Montague building that houses Caffé Luna today, she was making a statement as bold as the artists she showcased. Downtown then was shunned by the fast-growing suburbanite segment flowing into the area, unlike the renaissance feel of the center city today.

Art isn't something you visit, she was telling our capital city, in some removed and pristine gallery, shut off from the mess of the world — as it tended to be in Raleigh's few galleries at the time. Art is something you live every day, where you work and walk and mix.

It wasn't her first gallery. She'd run a successful joint venture on Glenwood Avenue for several years already, with a loyal following of artists and clients who followed her to the grittier neighborhood she chose for her new incarnation.

The move influenced more than those existing clients and artists. It made art visible and accessible to anyone, no more so than when she started First Friday shortly thereafter — the monthly open house of art that has thrived across Raleigh ever since — welcoming the world into her gallery for special exhibits, to meet her artists, to share a drink and an ongoing conversation.

"Melissa made a stand in downtown Raleigh," says NC Museum of Art Director Larry Wheeler today, "believing that the arts should be integrated into downtown life. She delivered her artists to a larger audience. She believed in it, and she did it."

As her influence grew, Peden emerged as both a fulcrum and tastemaker of the arts scene. Hers was the first gallery in the region to showcase fine art and sculpture together with craft — like pottery and jewelry. She championed North Carolina artists, such as Sarah Blakeslee and George Bireline, and displayed their works alongside pieces of national renown.

Wheeler points out that Peden, who has served on his museum's board since its inception, is not shy about standing up for what she believes in, and regularly advocates for prominent display of North Carolina artists in the museum. "We're friends, and she knows that she can be brutally honest, and often is." Her honesty flows from a genuine passion for art and the artists who make it, he says. "Melissa embodies the modern spirit of the arts in the community."



KINSLEY DEY

Wheeler isn't alone in his appreciation. In addition to serving on the NCMA board of trustees, Peden has also shared her talents as president of Raleigh Fine Arts Society, and has served on the boards of the Contemporary Art Museum, the Gregg Museum, the Arts Advocates, the Chamber of Commerce Arts Committee, Theater In The Park, and Raleigh Historic Sites. In 1994, the city awarded her its prestigious Medal of Arts.

Peden credits her husband, artist Robert Irwin, with opening her eyes to her talents, as well as giving her the confidence to explore her own eclectic sensibility and the freedom to live a life defined by art. "It was really meeting Bob that made it all crystallize," she says, joking that she's taught herself as she's gone along, "doing it all out of love." The relationships she has formed with the artists she represented has been one of the most satisfying parts of it all, she says: "It magnifies the interest and beauty in it."

Today, in her magic tree house of a home, tucked into the leaves of a hilltop nook in Hayes Barton that feels miles from anywhere,

Peden lives what she loves and knows. There, she is surrounded by carefully tended gardens and the art she has collected over the years. It hangs in every room, on every wall, floor to ceiling and everywhere in between.

"Isn't it bizarre and wonderful?" she asks, pointing to a small Paul Hartley portrait she adores because "he looks like Noel Coward." An enormous Bireline color field painting fills one wall; works by North Carolina luminaries Francis Speight, Horace Farlowe, Maud Gatewood, Blakeslee and, of course, her husband, Robert Irwin, abound.

Sculpture, including a striking Thomas Sayre and North Carolina pottery fill in the scene, and all of it lives in peaceful coexistence with three lively English Bull Terriers and Peden's adoring husband. "Melissa was really ahead of her time," Irwin says, "In terms of the artists she was showing, about 10 years beyond where anyone else was. She cut a swath."

Peden continues to cut a swath at the NC Museum of Art, as a regular juror for art shows, as an art consultant, as a new member of the board of Classical Voices North Carolina, and as a champion and supporter of new artists and the changing art scene. She points to Flanders Gallery and the Contemporary Art Museum as "wonderful" additions to the community and proudly displays an urban landscape by Luke Buchanan, a young artist she's particularly excited about.

But as Peden reflects on her career, her passion for art and her many community involvements over the years, the person she considers her biggest influence is not an artist, museum director, gallery owner or curator. It's her father, James Murchison Peden, the founder of Raleigh's Peden Steel Co. and a leader of countless civic and community organizations.

"My father taught me that if a community supports you, you support it. You have a responsibility to give back to the community."

WILLIAM LEWIS AND PINECONE CELEBRATE DYNAMISM OF NC MUSIC

With his head of curls, youthful smile and well-worn boots, William Lewis looks less like the executive director of a nonprofit than an A&R man of the folk music scene. Actually, he's both.

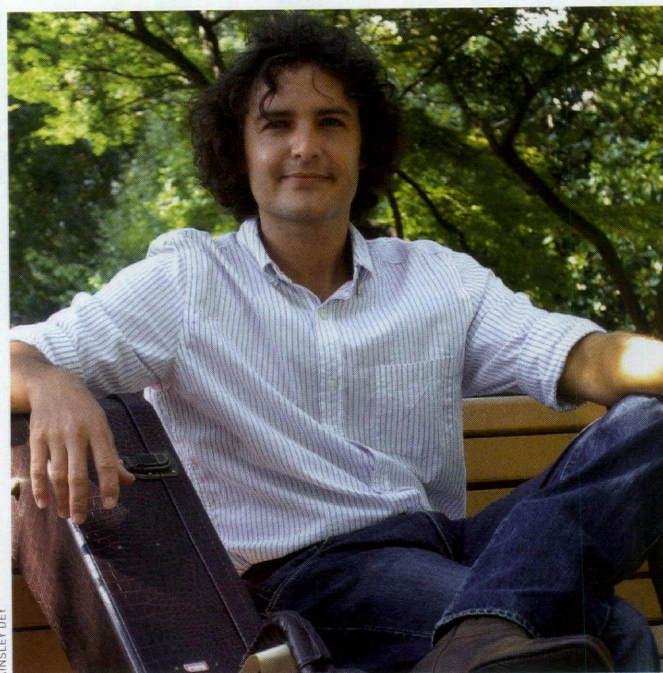
As head of PineCone, the Raleigh-based Piedmont Council of Traditional Music, Lewis oversees an organization that is dedicated — somewhat paradoxically — to preserving, protecting and promoting the region's traditional forms of music (like bluegrass), highlighting its newer variants (like alternative country) and embracing recent grass-roots imports to our region (like Hispanic and Latino music).

To Lewis, there is no paradox in it. Lewis calls his organization's nonsectarian embrace of different regional folk music forms "celebrating the dynamism of the music." He calls the new hybrid styles that constantly emerge "cross-cultural fertilization," likening the process to a musical game of telephone, whereby a piece of "traditional" bluegrass music, for instance, meets an Irish jig on its way to a gospel church — and comes out — what, exactly?

In a word, Lewis says, it comes out as North Carolina folk music, and that's what he's after. "The nature of folk music is human nature. It can't be so specific and controlled. It's music that is passed on from musician to musician, always changing. The music has to change to survive."

It changes to survive, but without a group like PineCone, even the hardest forms might not live long in the glaring commercialized light of day.

"So many of these artists don't have a so-called market value," Lewis says, and can't book a venue, can't reach an audience, can't be widely heard. "Who's going to pay, for instance," he asks, "to see a trombone shout band? If it's free, you might. You might take a chance on it." And then you'd know the exuberant sound of dozens of trombones in a Gospel-style call-and-response that make this little-known form of music. Created in Charlotte's Pentecostal churches in the 1920s, and still surviving in pockets today, trombone shout music is just one of the many forms of music PineCone strives to keep alive.



Lewis does it by seeking out musicians with "depth, diversity and artistic merit" and staging a calendar-busting 160 events a year in venues ranging from park bandstands to Raleigh Memorial Auditorium, most of them free to the public. He does it by airing a three-hour weekly bluegrass radio show that reaches 85,000 listeners; he holds workshops for musicians, camps for kids and weekly jam sessions all over the place. And he does it all with one fellow staffer in a two-room office on a budget of \$385,000.

"PineCone is a great, under-recognized organization in our community," says Michael Lowder, executive director of Artsposure and a longtime leader in the Raleigh arts world. "The amount they do with the staff and budget they have is phenomenal." He lauds Lewis for "making the music really relevant, not just to musicians, but to audiences," instead of "putting a bell jar on top of it and making sure nothing changes."

No purist bell jar is involved when PineCone invites a Hawaiian ukulele player to play at Memorial Auditorium, for instance. Lewis points out that Hawaiian music is alive in North Carolina — in part thanks to Hawaiian soldiers based at Fort Bragg and other military bases — and therefore a part of who we are today. "If you are here now, this is part of your shared cultural history. This little island out there in the Pacific Ocean has a connection here; it's part of what we are all sharing."

"When we put great folk musicians on the same stage as the ballet," Lewis says, "we're saying it should be celebrated in the same manner. What we stage is all great art. And it's all our art." **MM**

Spies Among Us

7th Raleigh Spy Conference



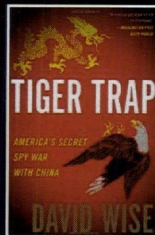
The Secret World of Espionage Illegals August 24-26

Presented by Bernie Reeves, Editor & Publisher,
Raleigh Metro Magazine

Opening Speaker – Michael Sulick, recently retired chief of CIA's National Clandestine Service
Guest Speakers: Retired CIA officer Brian Kelley; British intelligence scholar and author Nigel West; and retired Royal Canadian Mounted Police intelligence officer Dan Mulvenna

NEW THIS YEAR!

Author's Roundtable, featuring Douglas Waller to discuss his new hit book *Wild Bill Donovan* about the life of the founder and chief of the OSS, the precursor to the CIA; David Wise, the dean of intelligence authors to discuss his new book, *Tiger Trap: America's Secret Spy War With China*, examining Chinese espionage; and Kent Clizbe, author of the forthcoming *Willing Accomplices*, an inside look at the impact of Soviet propaganda in America. Books by all speakers will be available for sale.



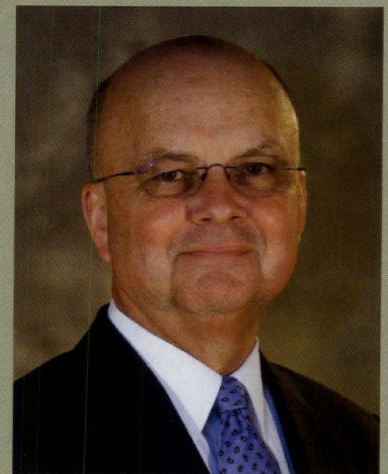
Special Opportunity To Own Intelligence Documents

The CIA's Historical Collections Division will be on hand to provide attendees special booklets and DVDs featuring declassified documents. Included are examinations of secret information on the Korean War; the Warsaw Pact; Air America; the Soviet invasion of Czechoslovakia; and the private papers of controversial former CIA director Richard Helms

Sponsored By: Dr. Robert Schaaf (in memory of his father John R. Schaaf, OSS officer 1943-45),
Rosemary and Smedes York Information Illimited – Internet Consultants

KEYNOTE ADDRESS

Michael Hayden



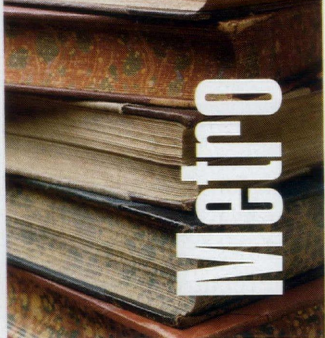
The Killing of Usama Bin Laden: Building a Bridge Pebble by Pebble

By Michael Hayden, Director of NSA (1999-2005) and Director of CIA (2006-2009) who supported technological surveillance of terrorist groups at NSA and defended the results of enhanced interrogation at CIA. Hayden, the only person who has served as Director of NSA and CIA, will present first hand information on the Bin Laden operation.

To Register Go To:

www.raleighspyconference.com,
call 919-831-0999
or email cyndi@metromagazine.net





Books

Wild Bill Donovan; Chinese Espionage; and the Effects of Soviet Cultural Propaganda

REVIEWS OF BOOKS BY FEATURED AUTHORS TO APPEAR DURING 7TH RALEIGH SPY CONFERENCE

Douglas Waller and David Wise have penned the two most significant books on espionage in the last year. Waller's exciting biography *Wild Bill Donovan*, a detailed account of the founder of the era of modern intelligence in the United States, lays the groundwork for American spy agencies. Wise's inside view of spy operations by China against the US in the modern era — *Tiger Trap: America's Secret Spy War With China* — takes us right up to today, and tomorrow, as cyberspying by China emerges as the new frontier of the ancient art of espionage.

Both writers will appear in an Author's Roundtable during the 7th Raleigh Spy Conference Aug. 24-26, joined by first-time author Kent Clizbe. Clizbe's new book, *Willing Accomplices*, is reviewed by Arch T. Allen in this issue. Joining the discussion as a special guest is former FBI counterintelligence special agent Les Wiser — the man who caught Aldrich Ames — who untangled the Parlor Maid case, the centerpiece of Wise's *Tiger Trap*.

THE SPYMASTER WHO CREATED MODERN AMERICAN ESPIONAGE

While intelligence gathering played critical roles from the founding years of the United States, it was not until World War I that organized spying by governments was revealed to rather naïve American military and diplomatic leaders. After the conflict, the US retreated inward back into a pre-war idyllic culture where "gentlemen did not read other people's mail." But entry in World War II transformed the image of espionage from disgust to necessity as Germany and Japan — and the USSR — unleashed horrific human behavior never imagined before. Everything had to be done to stop psychotic criminals who endangered decency worldwide.

By the time the US joined the conflict,

Britain had stood alone for nearly four years, emitting the last beacon of freedom to Nazi-occupied Fortress Europe. And beyond a stiff upper lip and a national penchant for fortitude, it was intelligence gleaned from the Germans that kept the UK breathing. Still regarded as the most significant intelligence coup in history, the Ultra Secret — the code name for the deciphering of messages sent by the allegedly unbreakable German Enigma program — is arguably the single most important reason the British survived until American troops turned the tide of war.

William J. Donovan, born of Irish-Catholic immigrants — became a decorated and public hero during World War I, and after the war a powerful Wall Street attorney. Before Europe fell to Hitler, he became an unofficial envoy for President Franklin Roosevelt, who warmed to the Republican Donovan due to his usefulness and insights as a globe-trotting corporate lawyer. As the storm clouds of war darkened, Donovan was everywhere, including the news. The hard-charging and handsome hero was welcomed by leaders and became a close confidant to Winston Churchill. It was in these heady days that Donovan realized the importance of intelligence and sabotage.

As war broke out, Donovan lobbied for and was successful in creating the Office of Strategic Services (OSS). He was named its director and spent the war moving across the panorama of battlefields, from Operation Torch to the D-Day landings, dropping in on every trouble spot in between, including the Balkans, the Middle East, Italy, Russia, China and North Africa. Donovan organized propaganda, espionage and guerilla warfare teams to such success he stepped on the toes of his British mentors and caused

extreme jealousy back home, most notably the ire of J. Edgar Hoover who worked behind the scenes to run the OSS out of business at war's end.

In his stint with the OSS, grippingly related by Waller, Donovan became a larger than life hero with enormous influence. His

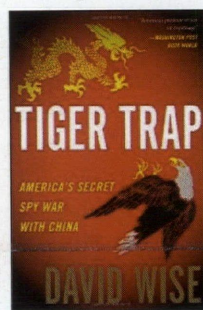
legend lives large today, and his legacy, the Central Intelligence Agency, the successor to Donovan's OSS, is a dramatic reminder that intelligence could no longer be swept under the rug after the cessation of hostilities. The Cold War ushered in a new era predicted and prepared for by Donovan, although he was not

tapped to head the new spy agency he spawned. At CIA headquarters, there is an extensive museum dedicated to Donovan for employees to visit to remind them of their mission. And the NC Museum of History, site of the Raleigh Spy Conference, has on display a collection of OSS paraphernalia donated by the family of Durham banking tycoon George Watts Hill. True to the traditions of the OSS, Hill never divulged his war time exploits. His family learned of his service after he died.

CHINESE ESPIONAGE

Since China holds a huge portion of US debt, and relies on the American market for its exports and imports of key technology, it is unlikely they contemplate war. But that has not prevented full-scale espionage operations that make China America's number one security threat.

Raleigh Spy Conference attendees will recall talks by FBI agent IC Smith detailing the steamy saga of Chinese espionage agent Katrina Leung that dramatizes the threat — and the byzantine complications that arise dealing with an ancient and patient culture. The attractive and wily agent provo-



cateur managed love affairs with JJ Smith and Bill Cleveland, two FBI foreign intelligence investigators who thought they were handling a FBI asset. Instead, Leung (code named Parlor Maid) was actually working for the Ministry of State Security (MSS), China's spy agency.

The Leung saga weaves in and out of Wise's *Tiger Trap: America's Secret Spy War With China*, but there is much more, including Chinese agents obtaining plans for the W88 nuclear warhead atop missiles launched by Trident submarines; the neutron bomb; jet fighter advances; top secret "silent-running" technology for submarines; destroyer technology; and information on the US space shuttle program. In many cases, investigations overlap as the same characters appear, as in *Tiger Trap*, the code name for the investigation of Gwo-Bao Min, the Lawrence Livermore nuclear weapons lab scientist. And Leung was maintaining affairs with the lead investigator in the Gwo-Bao Min case, as well as duping her FBI handler Smith.

Leung's case also dramatizes the overall difficulty in dealing with Chinese-Americans who are divided by the split between the People's Republic of China (PRC, the communist "mainland" regime) and the Republic of China (ROC, or Taiwan) created on the island of Formosa in 1949 after forces of US-backed Chiang Kai-shek were driven out of mainland China in the wake of the victory of Mao Zedong's Soviet-backed communists. The PRC continues

to threaten the ROC today, and loyalties of Chinese-Americans are grounded in the conflict, although some ROC-connected citizens are sympathetic to the PRC communist regime and vice versa. Chinese agents can claim loyalty to the ROC while working for the PRC. Parlor Maid was tasked by her MSS handlers to donate large sums to Republican candidates who usually support the ROC, allowing her to operate behind another layer of false political allegiances.

Adding to the complicated cultural and political puzzle China presents are the myriad of Chinese languages and dialects that can trip up even the ablest agents. And the lure of Chinese culture sometimes draws US agents too deeply inside the mystery of China, often altering their objectivity. Unlike Soviet espionage managers, the Chinese are subtle and very patient and do not peddle world socialist propaganda. But they are committed to parity with the United States in weapons and technology.

Wise's informative and well-crafted inquiry perambulates this labyrinthine maze, providing useful details gleaned from dozens of sources, and includes observations on China's espionage techniques to recruit ethnic Chinese spies and gullible visitors, as explained in Wise's book by former FBI China analyst Paul Moore: "...China doesn't so much try to steal secrets as to try to induce foreign visitors to give them away by manipulating them

into certain situations," for example that "scientific information should recognize no political boundaries." The pitch is that China is a poor country and spying for them is a good cause, getting good people to do things, says Moore.

Wise relates from his sources and examples that direct payment for recruitment in the US is not the usual way to motivate ethnic Chinese spies, the method employed by the KGB, although business opportunities are offered — and an appeal to assist the home country. And US efforts to fight back sometimes create bungled prosecutions and investigations of innocents. What emerges is a first-class success in indentifying the case histories and nuances of what has become America's number one espionage threat.

Wise concludes by identifying the leading threat to US security — attacks on defense computer systems by Chinese "cyberspies," and evidence America's electrical grids are subject to potential cyber attacks. Mutually Assured Disruption is in the cards, according to Wise and his sources.

(Douglas Waller and David Wise will appear with Kent Clizbe Friday morning, Aug. 26, during the Raleigh Spy Conference. Go to www.raleighspyconference.com for more information and to register. Or contact cyndi@metromagazine.net. You can also call *Raleigh Metro Magazine*: 919-831-0999. **MM**)

— Bernie Reeves

Did We Win The Cold War?

BOOK BY FORMER CIA OFFICER EXPLAINS THE UNDERMINING OF AMERICAN VALUES

AUTHOR KENT CLIZBE WILL SPEAK DURING RALEIGH SPY CONFERENCE

Many Americans were surprised last year when 10 Russians posing as ordinary Americans were arrested. They were soon convicted of being illegal, unregistered agents of a foreign power and returned to Russia. Although the media covered the story, most attention was lavished on one of the women than the question of what she and the others were doing here.

What they were doing here was clear to Kent Clizbe, a former CIA counterintelligence officer. One of the Russians had been

a writer for a Spanish-language newspaper with a far Left, anti-American bias, and others were in positions of potential influence, leading Clizbe to conclude that they were covert agents of influence. Although their activities here were minimized by the media, Clizbe viewed them as the tip of an iceberg of covert influence with the mission of subverting our culture.

Clizbe, who grew up in Northeastern North Carolina and attended East Carolina University, is scheduled to appear at this year's Raleigh Spy Conference Aug. 24-26. For him, the 10 Russians are recent exam-

ples of covert influence operations begun soon after the Bolshevik Revolution, when the new communist rulers formed the Communist International and targeted America as the "main adversary" of their planned worldwide revolution. Clizbe has studied the extensiveness and effectiveness of Soviet covert influence operations in his new book *Willing Accomplices*, that Clizbe says is the first book to address covert influence operations and "the ultimate effect that those operations had on our country, the 21st century United States of America."

He hypothesizes that contemporary

“political correctness” and what he calls “PC-Progressivism” resulted from communist covert influence operations begun in the 1920s. To make his case, he applies his knowledge and experience gained as a CIA officer and reviews the publications of leading intelligence scholars, such as former Raleigh Spy Conference speakers Christopher Andrew, Harvey Klehr and John Earl Haynes, about communist covert espionage operations.

Unlike espionage cases, covert influence operations leave behind no known documentary evidence. And unlike some former espionage agents who confessed or defected, known covert influence agents died long ago or mysteriously disappeared during Stalin’s purges. Despite those evidentiary problems, Clizbe extrapolates a convincing case that covert influence operations were extensive and effective.

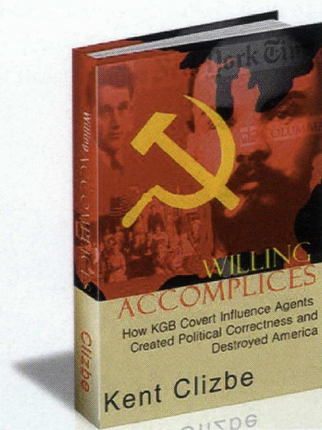
Clizbe explains that covert influence operations implant messages, or “payloads,” in a targeted society through the main transmitters of the culture — academia and education, the media and entertainment. The communist revolutionaries were experts at covert actions and early aimed them at America. Using techniques masterminded by Willi Munzenberg — and effectively implemented by Otto Katz who trained under Munzenberg in Germany in the early 1930s, communist covert influence agents infiltrated the American academy and education, the media and Hollywood.

Through a scholar’s interview with Munzenberg’s widow, the “Munzenberg creed” for covert influence is disclosed: In essence, a covert influence agent should pose as an independent-minded idealist and plant seeds of doubt and distrust in the targeted society and seek to destroy the patriotism of its citizens.

The message to be planted in America in the 1920s, what Clizbe calls the “PC code,” is that the capitalistic and free-market culture of the US is irredeemably bad, racist, sexist, unfair and cruel. Clizbe concludes that the seeds were cultivated underground into the 1950s, bloomed in the late 1960s and spread like wildflowers in the 1980s when political correctness began to dominate academia and education.

The message was also spread through related covert disinformation operations, such as the communist-planted false story

— carried without fact checking by the pliant media — that the CIA developed the AIDS virus to wipe out American blacks (a blatant falsehood still being recycled in 2008 by President Barack Obama’s former pastor, Rev. Jeremiah Wright). Other active measures include infiltrating and co-opting activist groups and movements, a method perfected from the 1920s by anti-fascist groups to create “popular fronts” that



Willing Accomplices: How KGB Covert Influence Agents Created Political Correctness and Destroyed America by Kent Clizbe (2011, Andemca Publishing, 392 pp)

often found themselves eventually taken over completely by the communists. The agents of influence infiltrated unions and organized protests going back to the trials of Sacco and Vanzetti, the Scottsboro Boys, and culminating in the rallies against American involvement in Vietnam.

According to Clizbe, Munzenberg led a far-reaching and ingenious covert influence operation using a vast network of secret communists and their willing accomplices. Under Munzenberg’s creed, participants should always deny being a communist — and under Clizbe’s definition, the accomplices are people who knowingly cooperate with the communists to subvert the country’s social, political or economic foundations.

As exemplars of willing accomplices, Clizbe focuses on three targets: Professor George S. Counts from academia and education, Walter Duranty from the media and Dorothy Parker, *The New Yorker* critic and Hollywood screen writer. Duranty was *The New York Times* correspondent in the Soviet Union in the 1930s, who covered Stalin’s collectivization of farming in glow-

ing terms and minimized the resulting famine that took the lives of millions. He won the Pulitzer Prize for his stories and exerted tremendous influence in portraying Stalin as the benign Uncle Joe who was forced to break eggs to make the communist omelet.

Parker, known for her vicious wit and status in New York literary circles, worked with Katz in establishing many of the Hollywood front groups that influenced American public opinion. Like her Hollywood colleagues, she portrayed communists as just “liberals in a hurry.” Counts, a Columbia University professor in its education school, visited the Soviet Union in the 1920s and returned to Columbia as its Russian “expert” with an assistant and translator whom Clizbe concludes was likely a Soviet agent. Counts infused his extensive and influential publications about education with collectivist and progressive ideas, including using the public schools to build “a new social order.”

For examples of the apparent effectiveness of covert influence operations, look no further than the curricula in schools of education and many of our high schools today. They are long on Counts-like advocacy of “change” and “social justice” and short on actual study of American civics and history. Clizbe illustrates the changes in the high school curriculum by comparing a patriotic, pro-American history text used in 1916, before the communist covert influence operations began, with a propagandistic, anti-American text popular today. The modern text was written by Howard Zinn, frequently described in the media as a “political activist” and recently revealed to have been a secret communist.

One does not have to be an American to reject Zinn’s view of America as unjust. Indeed, British historian Paul Johnson has concluded that America, despite some injustices in its history, has “a passion for justice no nation has ever matched.” Johnson adds: “No other national story holds such tremendous lessons, for the American people themselves and for the rest of mankind.”

Unfortunately, our national story has been undermined by willing accomplices in our schools, media and entertainment. ■■■

— Arch T. Allen

B&B BUNGLERS

by Ann Miller

Friends who swear by them are right. B&Bs do offer more than beds and breakfast — but in our case not what friends had promised. They said we'd meet travelers who would be more informative than Michelin over coffee in the morning, more amusing than Leno over cocktails in the evening. They said nowhere else would we find such homey charm, lovingly tended by couples who turn old houses into inns for the sheer pleasure of serving travelers just like us. They would fuss over us, call us by name and remember all our quirks when we passed that way again.

Based on that pitch last fall my husband booked a two-night stay in a B&B near West Point, NY. We arrived on a Tuesday, upbeat and eager, then fled on Wednesday — leaving behind several hyper-friendly guests and a house that could double as the set from *Psycho*. We had forfeited one pre-paid night, but recovered our autonomy, anonymity *and* our resolve to stay only in big-chain hotels, where the coffee comes unflavored and the guests unlikely to propose whole days of lockstep sightseeing.

A year later our resolve was still in effect, that is, until last weekend. As members of a party that would stay on site for a family wedding, we were automatically booked into a B&B near Pearisburg, VA. If there ever was a B&B that could cure our misgivings about small-inn lodging, this was it. Perched high on a bluff overlooking the New River, this modern facility came with spectacular views and *almost* every amenity we could think of. Every room had a Jacuzzi, WiFi and flat-screen TV, but nothing at all that would creak, hiss or go bump in the night. Better yet, the entire inn would be taken over by family and friends — company of our own choosing. With accommodations like these, we knew nothing could possibly go wrong.

As it turned out, though, *plenty* went wrong, and we suspect the trouble began even before our arrival on Friday. On Thursday, the B&B owner had called our home to ask if we had any special requests. Well, yes, I did have one. As an early riser whose waking wish always involves coffee, I wondered, "Would there be a coffee maker

in our room?" If not, I could pack my travel pot and indulge my fetish without bothering a single soul.

No, I was told, there are no coffee makers in the rooms, but coffee would be served in the great room both mornings by 7 a.m. All I had to do was don the robe I'd find in my closet, round one corner and find fresh-brewed coffee right there on the bar. It was

our room. And finally, I was reminded not to show up robeless in the great room the next morning. The imp in me wanted to say I would cancel plans to streak through the great room naked, but the imp knows when to keep quiet — like now.

Alone at last, we wondered if our hostess thought this was our first time away from home, or that we'd been plotting to



the fire code, not she, that outlawed coffee makers in the rooms, and she hoped I would respect her request to leave my travel pot at home. I would.

When Thursday's friendly sounding owner gave us a chilly reception on Friday, not once did I think she had me pegged as a likely violator of codes — someone to keep an eye on. Rather, we thought the I-mean-business air was simply her way of handling the confusion created by the simultaneous arrival of a half-dozen guests.

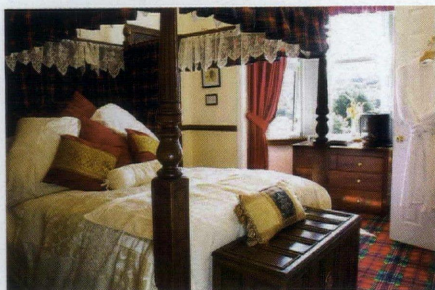
When she showed us to our room, however, we began to think otherwise when cool efficiency gave way to downright frost. During a stern recitation of house rules, we learned the proper use of our Jacuzzi and satellite TV — and learned what would happen if we fell down on the job. We learned why makeup removal wipes were among the toiletries in the bathroom and why coasters had been placed in strategic spots around

tear up our room. We joked it must have something to do with the rap sheet I'd acquired during the coffee-pot inquiry the day before. We decided that I had better watch my step.

Even so, I was caught in another little crime that very same night. Until that night I had thought backrests in bedrooms were for propping up guests who like to read in bed. My error was discovered during room inspection while we were out, and the backrest I'd placed behind my pillow had been relocated on the top shelf of our closet where it would stay, unsullied by any back.

That little infraction wasn't entirely my fault because our orientation had not covered the proper use, or rather the forbidden use, of backrests. Nor had it covered the rules regarding breakfast, and therein lay my gravest error. I knew, of course, that breakfast was included but did not know that I'd eat it — or else. We'd been told to be

at the table by 8:30 a.m. sharp, but at 8:30 a.m. sharp I was still (halfway) propped up in bed, drinking (flavored) coffee and revising a piece I'd been writing for a Monday deadline.



Driving away, we agreed that our best B&B view thus far had come in our rearview mirror. Nurse Ratched's website calls this one her "dream come true," and I left it last Sunday with a dream of my own.

My truancy, which had been a cause for levity around the breakfast table, was no laughing matter in the kitchen — as I discovered around 10 a.m. when I dropped off my cup. In response to my murmured, "thank you," came a sharp, "no problem," but the accompanying gesture said anything but. I stood there agape as an untouched plate of French toast and sausage went sailing into the garbage — along with all my hopes of making friends with our grim-faced hostess.

From that moment on, in private, we called her "Nurse Ratched," and my new plan was simply to stay out of her way. Except for a minor incident involving a

threshold (I tripped — she rushed over to check on the threshold, not me), the new plan worked till we decamped — first thing Sunday morning — and came upon her watering ferns in the foyer. Determined to leave on a friendly note, my husband said, "Nice place you have here." Without looking up, she managed a weak, "Come back," but we bet she'd already entered my name in some national registry of B&B bunglers.

Driving away, we agreed that our best B&B view thus far had come in our rearview mirror. Nurse Ratched's website calls this one her "dream come true," and I left it last Sunday with a dream of my own. My dream is of freewheeling stays in big chain hotels ... where backrests are for resting backs, where eating sausage is always optional, and where the coffee comes strong, hot, unflavored and — best of all — brewed right in my room. **MM**

LARSON · JUHL



CUSTOM FRAME THE BEAUTY OF YOUR HOME

Frameworks

Gallery and Frame Design

*Express your personal style with custom framing
that's all about you.*

1520 Dixie Trail | Raleigh, NC 27607 | 919.781.3118
www.frameworksonline.com

Metro Magazine

- News and Events
- Feature stories
- Style and Fashion trends
- Art news
- Design trends

919-831-0999

www.metronc.com



METRO
BRAVO
WINNERS
PART 2

by Corinne May



Scout and Molly's

JACK MORTON

FASHION/ WHERE TO SHOP

MALL

Standing Ovation
Crabtree Valley Mall, Raleigh
MetroBravo
The Streets at Southpoint, Durham
Honorable Mention
Cary Towne Center, Cary
Triangle Town Center, Raleigh

SHOPPING CENTER

Standing Ovation
Cameron Village, Raleigh
MetroBravo
The Commons at North Hills, Raleigh
Honorable Mention
Brier Creek Commons, Raleigh
Crossroads Plaza, Cary

DEPARTMENT STORE

Standing Ovation
Belk, Triangle-wide
MetroBravo
Nordstrom, Durham
Honorable Mention
Saks Fifth Avenue, Raleigh

GIFT STORE

Standing Ovation
Charlotte's, Raleigh
MetroBravo
A Southern Season, Chapel Hill

Honorable Mention
NOFO Café, Raleigh and Wilmington

MEN'S CLOTHING STORE

Standing Ovation
Nowell's Clothing, Raleigh

MetroBravo
Varsity Men's Wear, Raleigh
Honorable Mention
Belk, Triangle-wide

MEN'S SUITS

Standing Ovation
Brooks Brothers, Triangle-wide
MetroBravo
JoS. A. Bank, Triangle-wide
Honorable Mention
Varsity Men's Wear, Raleigh
Belk, Triangle-wide

TIES

Standing Ovation
Nowell's Clothing, Raleigh
MetroBravo
Varsity Men's Wear, Raleigh
Honorable Mention
Brooks Brothers, Triangle-wide

MEN'S SHOES

Standing Ovation
Belk, Triangle-wide
MetroBravo
SRI Shoe Warehouse, Raleigh
Honorable Mention
Nordstrom, Durham

WOMEN'S CLOTHING STORE

Standing Ovation
Gena Chandler, Raleigh
MetroBravo
Cameron Clothing Co., Raleigh
Honorable Mention
Scout & Molly's, Raleigh and Chapel Hill

EVENING/COCKTAIL WEAR

Standing Ovation
Saks Fifth Avenue, Raleigh
MetroBravo
Cameron Clothing Co., Raleigh

Honorable Mention
Vermillion, Raleigh

FUR COAT

Standing Ovation
Hertzberg Furs, Raleigh
MetroBravo
Saks Fifth Avenue, Raleigh
Honorable Mention
Belk, Triangle-wide

WEDDING DRESS

Standing Ovation
Alexia's Bridal Boutique, Cary
MetroBravo
Traditions by Anna, Raleigh
Honorable Mention
Enchanting Moments, Fuquay-Varina

WOMEN'S CASUAL CLOTHING

Standing Ovation
Cameron Clothing Co., Raleigh
MetroBravo
Gena Chandler, Raleigh
Honorable Mention
Fleur Boutique, Raleigh
Beanie + Cecil, Raleigh

DESIGNER JEANS

Standing Ovation
Uniquities, Raleigh
MetroBravo
Scout & Molly's, Raleigh and Chapel Hill
Honorable Mention
Nordstrom, Durham

WOMEN'S SHOES

Standing Ovation
Main & Taylor, Raleigh
MetroBravo
SRI Shoe Warehouse, Raleigh
Honorable Mention
Nordstrom, Durham

Cameron Village



JACK MORTON



JACK MORTON

Beanie + Cecil



JACK MORTON

Cameron Clothing Co.

HANDBAG

Standing Ovation
Saks Fifth Avenue, Raleigh
MetroBravo
Coach, Durham and Raleigh
Honorable Mention
Belk, Triangle-wide

LINGERIE

Standing Ovation
Victoria's Secret, Triangle-wide
MetroBravo
J. Alane's Fine Lingerie, Cary
Honorable Mention
Belk, Triangle-wide
Saks Fifth Avenue, Raleigh

MATERNITY CLOTHING

Standing Ovation
A Pea in the Pod, Triangle-wide
MetroBravo
Love in Bloom, Raleigh
Honorable Mention
Motherhood, Triangle-wide

BATHING SUIT

Standing Ovation
Belk, Triangle-wide
MetroBravo
J.Crew, Triangle-wide
Honorable Mention
Everything But Water, Raleigh and Durham

WE ARE THE PREMIER
Retail and Dining Destination

BELK, BELK MEN'S STORE, MACY'S, SEARS
Located at Highway 70 and the Beltline,
I-440, exit 7, Raleigh, NC
www.crabtree-valley-mall.com
919.787.8993



THE CRABTREE VALLEY MALL
GIFT CARD IS THE PERFECT GIFT
Accepted at over 220 stores and restaurants

H&M	BANANA REPUBLIC
APPLE	J.CREW
XXI FOREVER	WILLIAMS-SONOMA
POTTERY BARN	COACH
THE NORTH FACE	RESTORATION HARDWARE
LEGO	<i>Opening this Fall</i>
TEAVANA	TOMMY BAHAMA
RED MONKEY	
BRIO TUSCAN GRILLE	
FLEMING'S PRIME STEAKHOUSE AND WINE BAR	
P.F. CHANG'S CHINA BISTRO	
McCORMICK & SCHMICK'S SEAFOOD RESTAURANT	
THE CHEESECAKE FACTORY	
KANKI JAPANESE HOUSE OF STEAKS AND SUSHI	



CRABTREE
VALLEY MALL

Together we are Crabtree Valley Mall

KID'S CLOTHING

Standing Ovation

Belk, Triangle-wide

MetroBravo

Lamb's Ear, Raleigh

Honorable Mention

Target, Triangle-wide

Shutterbugs, Raleigh

TWEEN'S CLOTHING

Standing Ovation

Nordstrom, Durham

MetroBravo

Justice, Triangle-wide

Honorable Mention

Hollister Co., Triangle-wide

OUTDOOR CLOTHING

Standing Ovation

REI, Triangle-wide

MetroBravo

Great Outdoor Provision Co., Triangle-wide

Honorable Mention

Orvis, Raleigh

CONSIGNMENT SHOP

Standing Ovation

Revolver Consignment Boutique, Raleigh


MetroBravo

Villa Consega, Raleigh




JACK MORTON

Fleur




QUALITY CLOTHIERS SINCE 1921



Barbour

1632 North Market Drive 919-876-4115 www.NowellsOnline.com



M Z WALLACE
NEW YORK, NY

Main & Taylor

shoes bags more

North Hills Shopping Center
4421 Six Forks Road
919.821.1556
mainandtaylorshoes.com



Gena Chandler



Vermillion

Honorable Mention

My Secret Closet, Hillsborough, Mebane

MAKE-UP SELECTION

Standing Ovation

Sephora, Triangle-wide

MetroBravo

Belk, Triangle-wide

Honorable Mention

Ulta, Triangle-wide

DESIGNER JEWELRY

Standing Ovation

Elaine Miller Collection, Raleigh

MetroBravo

Bailey's Fine Jewelry, Raleigh and Rocky Mount

Honorable Mention

Ora Jewelers, Raleigh

ESTATE JEWELRY

Standing Ovation

Elaine Miller Collection, Raleigh

MetroBravo

Joint Venture Estate Jewelers, Cary and Raleigh

Honorable Mention

Jolly's Jewelers, Raleigh

WEDDING RINGS

Standing Ovation

Bailey's Fine Jewelry, Raleigh and Rocky Mount

MetroBravo

Jolly's Jewelers, Raleigh

Honorable Mention

Reliable Loan & Jewelry, Raleigh

PEARLS

Standing Ovation

Jolly's Jewelers, Raleigh

REVOLVER

Consignment Boutique > clothing + jewelry + art

Upscale Consignment / Vintage Clothing for Men and Women

Thank You
Metro Readers
for your votes

2011
BRVO
AWARDS
FROM THE TRIANGLE TO THE COAST

Designer
Jeans
J. Brand
Citizens
Rock & Republic
& many more

Dresses by
Milly,
Diane Von
Furstenberg,
Tory Burch,
Nanette Lepore

Original tees
&
jewelry by
local
designers

Hours:
Mon-Sat 10-7
Sun 1-5

revolverboutique.com 124 Glenwood Ave Raleigh | 919-834-3053



Uniquities



KINSLEY DEY

Saks Fifth Avenue

MetroBravo

Bailey's Fine Jewelry, Raleigh and Rocky Mount

Honorable Mention

Elaine Miller Collection, Raleigh

WATCHES

Standing Ovation

JM Edwards Jewelry, Cary

MetroBravo

Johnson's Jewelers of Raleigh, Raleigh

Honorable Mention

Bailey's Fine Jewelry, Raleigh and Rocky Mount

SUNGLASSES

Standing Ovation

The Spectacle, Raleigh

MetroBravo

Sunglass Hut, Triangle-wide

Honorable Mention

Saks Fifth Avenue, Raleigh

PERFUME

Standing Ovation

Saks Fifth Avenue, Raleigh

MetroBravo

Sephora, Triangle-wide

Honorable Mention

Nordstrom, Durham

BEST PLACE TO BUY...

CLOTHES FOR YOUR DAUGHTER

Standing Ovation

Beanie + Cecil, Raleigh

MetroBravo

Uniquities, Raleigh

Honorable Mention

Fleur Boutique, Raleigh

CLOTHES FOR YOUR MOTHER

Standing Ovation

Tyler House, Raleigh



East Coast Acupuncture

C. Daerr Reid, L.Ac.

Master of Science in Oriental Medicine

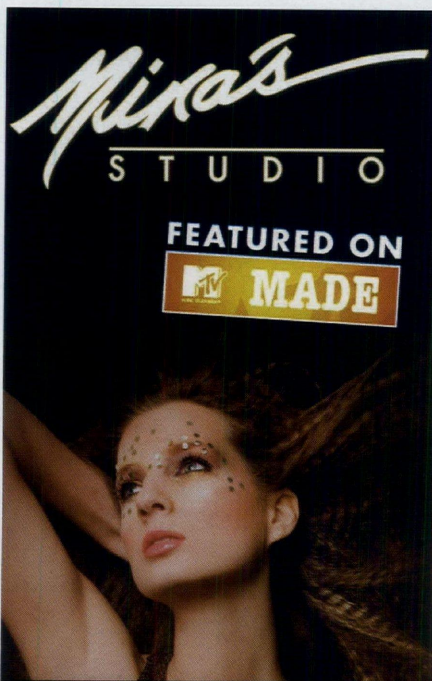
3418 Wrightsville Avenue

Wilmington, NC

910-399-1715

Specializing in

Pain Management and Fertility Issues



Come Celebrate With Us

GRAND RE-OPENING EVENT

October 1, 2011

All proceeds from the event benefit Anna's Angels Foundation for Down syndrome Research

- Discounted Services & Products -
- Raffle for \$300 Bumble & bumble Products -
- Demos & More! -

VOTED BEST SALON!

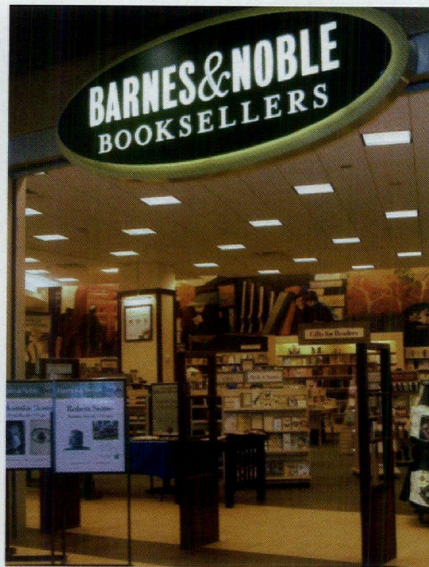


HAIR • BODY • SKIN • NAILS

The Galleria | 400 South Elliott Rd., Ste. K
Chapel Hill, North Carolina

919.968.8548

www.minasstudio.com



MetroBravo
Cameron Clothing Co., Raleigh
Honorable Mention
Saks Fifth Avenue, Raleigh

RETAIL

DRY CLEANER

Standing Ovation
Brothers Cleaners, Raleigh
MetroBravo
Medlin-Davis, Cary and Raleigh
Honorable Mention
Hilker's Cleaners, Raleigh

TAILOR

Standing Ovation
Lee's Tailor Shop, Triangle-wide
MetroBravo
Executive Alterations, Durham
Honorable Mention
Shanghai Tailors, Raleigh

DRUG STORE

Standing Ovation
Kerr Drug, Triangle-wide
MetroBravo
Rite Aid, Triangle-wide

Honorable Mention
Walgreens, Triangle-wide

PET BOUTIQUE

Standing Ovation
Wag Pet Boutique, Raleigh
MetroBravo
La Di Dogs Inc., Raleigh
Honorable Mention
Phydeaux, Carrboro

BOOK STORE

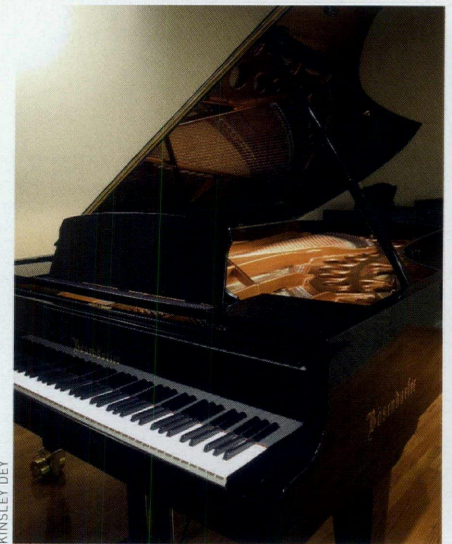
Standing Ovation
Quail Ridge Books, Raleigh
MetroBravo
Barnes & Noble, Triangle-wide
Honorable Mention
Flyleaf Books, Chapel Hill

WINE RETAILER

Standing Ovation
Total Wine & More, Triangle-wide
MetroBravo
A Southern Season, Chapel Hill
Honorable Mention
The Wine Merchant, Raleigh and Cary

WEDDING CAKES

Standing Ovation
Edible Art, Raleigh



Ruggero Piano

Lee's Tailor

Voted BEST Tailor Shop
in the Triangle Since 1985!

5535 Western Blvd., Suite 201, Raleigh
919-233-0708
www.LeesTailor.com
M-F 9:30 am - 6:30 pm • Sat. 9:30 am - 4:00 pm

MetroBravo

Blue Moon Bakery & Café, Cary

Honorable Mention

Cinda's Creative Cakes, Holly Springs

WEDDING REGISTRY

Standing Ovation

Quintessentials, Raleigh

MetroBravo

Belk, Triangle-wide

Honorable Mention

Williams-Sonoma, Raleigh and Durham

LINENS

Standing Ovation

Lavender and Lace, Raleigh

MetroBravo

Bed Bath & Beyond, Cary



KINSLEY DEY

Frameworks

Honorable Mention

Belk, Triangle-wide

GOLF EQUIPMENT

Standing Ovation

Golfsmith, Raleigh and Wake Forest

MetroBravo

Golf Galaxy, Cary and Durham

Honorable Mention

Dick's Sporting Goods, Triangle-wide

PICTURE FRAMING

Standing Ovation

Frameworks, Raleigh

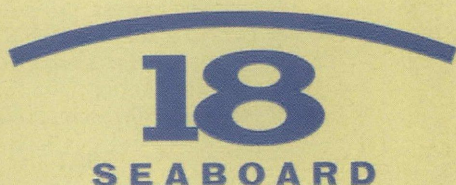
MetroBravo

Michaels, Raleigh

Honorable Mention

ArtSource Fine Art Gallery and Framing,

Raleigh



Cantina 18

The staff of 18 Seaboard and Cantina 18 would like to thank Metro Readers for their support in the 2011 Metro Bravo Awards.

Best Chef

Jason Smith - MetroBravo

Best Restaurant

18 Seaboard - Standing Ovation

Best Restaurant for Power Lunch

18 Seaboard - Standing Ovation

Best Mexican Cuisine

Cantina 18 - Honorable Mention

Best Margarita

Cantina 18 - MetroBravo



18 Seaboard | 18 Seaboard Ave., Suite 100 | Raleigh, NC | 919-861-4318 | www.18seaboard.com

Cantina 18 | 433 Daniels St. | Raleigh, NC | 919-835-9911 | www.cantina18.com

Tyler House



JACK MORTON

PIANO

Standing Ovation

Ruggero Piano, Raleigh

MetroBravo

Hopper Piano & Organ Co., Raleigh

Honorable Mention

Maus Piano & Organ Co., Raleigh

STATIONERY

Standing Ovation

Taylor's of Raleigh, Raleigh

MetroBravo

PaperBuzz (formerly Frances T. King Stationery), Raleigh

Honorable Mention

Salutations Fine Stationery and Gifts, Chapel Hill

CHILDREN'S TOYS

Standing Ovation

The Learning Express, Cary and Raleigh

MetroBravo

Toys "R" Us, Cary and Durham

Honorable Mention

The Play House Toy Store, Durham

BOAT

Standing Ovation

Chatlee Boat & Marine, Sanford

MetroBravo

West Marine, Triangle-wide

Honorable Mention

Marine Max, Wilmington

BICYCLES

Standing Ovation

Flythe Cyclery, Raleigh

MetroBravo

Performance Bicycle, Raleigh and Cary

Honorable Mention

The Bicycle Chain, Triangle-wide

SHOE/HANDBAG REPAIR

Standing Ovation

H&H Shoe Repair, Raleigh

MetroBravo

Man Mur Shoe Shop, Raleigh

Honorable Mention

North Hills Shoe & Luggage Repair, Raleigh

HOMELIFE

FLORIST

Standing Ovation

Fallon's Creative Flowers, Raleigh

MetroBravo

North Raleigh Florist, Raleigh

Honorable Mention

Kelly Odom Flowers, Raleigh

GARDEN CENTER/NURSERY

Standing Ovation

Logan's Trading Company, Raleigh

MetroBravo

Atlantic Avenue Orchid & Garden Center, Raleigh

Honorable Mention

Homewood Nursery & Garden Center, Raleigh

HOME MEDIA SYSTEM

Standing Ovation

Audio Advice, Triangle-wide

MetroBravo

Best Buy, Triangle-wide

Honorable Mention

Neuwave Systems, Triangle-wide

PLACE TO OWN A SECOND HOME

Standing Ovation

Wilmington, NC

MetroBravo

Atlantic Beach, NC

Honorable Mention

Blowing Rock, NC

COASTAL DEVELOPMENT

Standing Ovation

Bald Head Island, NC

MetroBravo

Landfall, Wilmington, NC

Honorable Mention

Beacon's Reach, Salter Path, NC

CONTEMPORARY FURNITURE

Standing Ovation

Nowell's Contemporary and Scandinavian

Furniture, Raleigh

MetroBravo

Ambiente Furniture, Raleigh

Honorable Mention

ECKO International, Triangle-wide

Steve Madden • Nine West • Jessica Simpson • Reaction by Kenneth Cole

Cole Haan • Skechers • BCBG • Sperry

Clarks • Nike • Adidas • New Balance and many more.

Legendary

SHOES. SELECTION. PRICES.



SAVE
UP TO
60%
OFF RETAIL

6031 Oak Forest Drive | Raleigh
919-872-2800 | Mon-Sat 10-9 | Sun 12-6

OPEN 7 DAYS | www.srishoes.com

SRI SHOE WAREHOUSE
MEN • WOMEN • KIDS

EATMAN'S CARPETS & INTERIORS

Since 1957



Thank you Metro readers for voting us
"Best Place to Buy Carpet"
for the 8th year in a row!

Carpeting & Rugs • In Stock Wilton Specials
Custom Runners • Custom Upholstery
Chandeliers • Wall Scones • Accessories
and more!

Visit our showroom to see our full selection!

8101 GLENWOOD AVENUE • RALEIGH
919.782.6010 M-F 9am-6pm Sat 9am-5pm
www.eatmansinc.com
<http://eatmansinspired.blogspot.com>



CELEBRATING
20 years

Standing Ovation
BEST DAY SPA

MetroBravo
BEST SKIN CARE PRODUCTS

FACIALS MANICURES
MASSAGES PEDICURES
BODY TREATMENTS SUNLESS TANNING
WAXING MAKEUP APPLICATION
MICRODERMABRASION *Gift Cards and more!*



Offering NATUROPATHICA
DERMALOGICA SPARITUAL
SKINCEUTICALS CUCCIO
JANE IREDALE SKIN SCENTUALS
EMINENCE and more!

919.870.0700 • www.skinsense.com

Join us for our Anniversary celebration on September 15, 2011 | 5PM - 8PM | 6801 FALLS OF NEUSE RD.
Come into any Skin Sense location to purchase your tickets today!

Nordstrom



KINSLEY DEY

When you're out with us,
you'll want to capture the moment.



A night at Sitti, Authentic Lebanese

★ **Empire Eats** ★
Restaurants!

Meet the Family



www.empireeats.com

TRADITIONAL FURNITURE

Standing Ovation

Green Front Furniture, Raleigh

MetroBravo

Ethan Allen, Raleigh and Cary

Honorable Mention

Whitley Furniture Galleries, Zebulon

BEACH HOUSE FURNITURE

Standing Ovation

Wicker Gallery, Raleigh

MetroBravo

Summer Classics, Raleigh

Honorable Mention

McQueen's Interiors, Morehead City

BEDS

Standing Ovation

Green Front Furniture, Raleigh

MetroBravo

Havertys, Raleigh and Durham

Honorable Mention

Ethan Allen, Raleigh and Cary

KITCHEN APPLIANCES

Standing Ovation

Ferguson Enterprises, Raleigh and Carrboro

MetroBravo

Kitchen & Bath Galleries, Triangle-wide

Honorable Mention

Lowes Home Improvement, Triangle-wide

LAMPS

Standing Ovation

Thompson-Lynch Co., Raleigh

MetroBravo

Pottery Barn, Raleigh and Durham

Honorable Mention

The Shade Tree, Raleigh

ANTIQUES

Standing Ovation

Acquisitions, Ltd., Raleigh

MetroBravo

Hunt & Gather, Raleigh

Honorable Mention

Posh Fine Arts and Antiques, Raleigh

ART GALLERY

Standing Ovation

ArtSource Fine Art Gallery and Framing,

Raleigh

MetroBravo

Bev's Fine Art Inc., Raleigh

Honorable Mention

Gallery C, Raleigh

CARPET

Standing Ovation

Eatman's Carpets & Interiors, Raleigh

MetroBravo

Capel Rug Outlet, Raleigh

Honorable Mention

ProSource Wholesale Flooring, Raleigh and

Charlotte

ORIENTAL RUG

Standing Ovation

Green Front Interiors & Rugs, Raleigh

MetroBravo

Capel Rug Outlet, Raleigh

Honorable Mention

Persian Carpet Inc., Durham

HOME SECURITY SYSTEM

Standing Ovation

CPI

MetroBravo

ADT

Honorable Mention

Priority One

HEALTH CARE/WELLNESS/ BEAUTY

HOSPITAL

Standing Ovation

Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

Duke University Medical Center, Durham

EMERGENCY ROOM

Standing Ovation

WakeMed Health & Hospitals, Raleigh

MetroBravo

Rex Hospital, Raleigh



Rex Hospital

Honorable Mention

Duke University Medical Center, Durham

BIRTHING CENTER

Standing Ovation

Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

University of North Carolina Hospitals,
Chapel Hill

CARDIAC CENTER

Standing Ovation

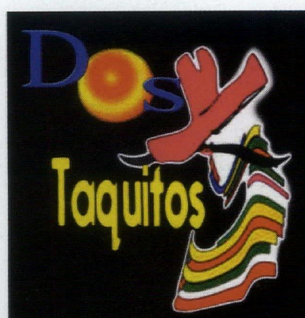
WakeMed Health & Hospitals, Raleigh

MetroBravo

Duke University Medical Center, Durham

Honorable Mention

University of North Carolina Hospitals, Chapel
Hill



5629 Creedmoor Road

Raleigh, NC 27612

(919) 787-3373

dostaquitosnc.com



**THANK YOU FOR VOTING DOS TAQUITOS THE TRIANGLE'S BEST PLACE
FOR MARGARITAS AND MEXICAN CUISINE**



WakeMed Hospital

CANCER CARE CENTER

Standing Ovation

Duke University Medical Center, Durham

MetroBravo

University of North Carolina Hospitals,
Chapel Hill

Honorable Mention

Rex Hospital, Raleigh

EYECARE CENTER

Standing Ovation

Duke Eye Center, Durham

MetroBravo

Eye Care Associates, Triangle-wide

Honorable Mention

Kelly Eye Center, Raleigh

PLASTIC SURGERY CENTER

Standing Ovation

Duke Plastic Surgery, Durham

MetroBravo

Dr. Glenn Davis, Davis Plastic Surgery,
Raleigh

Honorable Mention

Dr. William Lambeth, Raleigh Plastic
Surgery Center, Raleigh

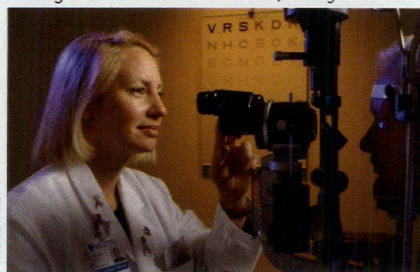
VEIN CENTER

Standing Ovation

Vein Clinics of the Triangle, Raleigh

MetroBravo

Raleigh Vein & Laser Center, Raleigh



Eye Care Associates

Honorable Mention

Duke Vein Center, Durham

UNC Vein Clinic, Chapel Hill

VETERINARIAN

Standing Ovation

Care First Animal Hospital, Raleigh

MetroBravo

Bowman Animal Hospital, Raleigh

Honorable Mention

Hayes Barton Animal Hospital, Raleigh

Quail Corners Animal Hospital, Raleigh

FACIAL

Standing Ovation

Skin Sense: A Day Spa, Raleigh and Cary

MetroBravo

Synergy Spa, Raleigh

Honorable Mention

The Museum Spa & Laser Center, Raleigh

PLACE FOR MANICURE/PEDICURE

Standing Ovation

Synergy Spa, Raleigh

MetroBravo

Skin Sense: A Day Spa, Raleigh and Cary

Honorable Mention

Lee Spa Nails, Triangle-wide

PHYSICAL THERAPY

Standing Ovation

Sports & More Physical Therapy, Cary

MetroBravo

WakeMed Physical Therapy, Raleigh

FINALLY, MAMMOGRAMS ON SATURDAYS!

We know you're busy and it's hard to take time off from work.

Wake Radiology specializes in comprehensive women's imaging by combining advanced technologies, subspecialized expertise and compassion in caring for your body. We realize your time is important and have created efficient workflows and opened convenient out-patient offices close to where you live, work, and shop and now have extended our hours to evenings and Saturdays.

We have the most expansive range of women's imaging services in the area available at convenient, comfortable, out-patient settings dedicated to providing efficient and prompt exams — relieving the anxiety often associated with mammography.

So don't wait any longer. Call or go online now to request your screening mammogram.

Wake Radiology. Your life made easy.



WAKE RADIOLOGY
BREAST IMAGING CENTERS

CALL 1 NUMBER TO SCHEDULE AT THE LOCATION OF YOUR CHOICE | 919-232-4700

ONLINE MAMMOGRAPHY
APPOINTMENT REQUESTS 24/7

Mammo Request

Visit us at wakerad.com



Honorable Mention

Total Motion Physical Therapy, Raleigh

ACUPUNCTURIST

Standing Ovation

Dr. Lei Zheng; Eastern Traditions, Raleigh

MetroBravo

Triangle Acupuncture Clinic, Cary and Chapel Hill

Honorable Mention

C. Daerr Reid, LAc. MSOM; East Coast

Acupuncture, Raleigh

ASSISTED LIVING CENTER

Standing Ovation

Springmoor Life Care Retirement

Community, Raleigh

MetroBravo

The Cypress of Raleigh, Raleigh

Honorable Mention

Carolina Meadows, Chapel Hill

HEALTH CLUB

Standing Ovation

O2 Fitness, Raleigh and Cary

MetroBravo

Lifetime Fitness, Cary

Honorable Mention

Peak Fitness

SKIN CARE PRODUCTS

Standing Ovation

Bodylase Skin Spa, Cary

MetroBravo

Skin Sense: A Day Spa, Raleigh and Cary

Honorable Mention

Sephora, Triangle-wide

WELLNESS CENTER

Standing Ovation

Rex Wellness Center, Raleigh

MetroBravo

Duke Integrative Health Medicine, Durham

Honorable Mention

UNC Wellness Center at Meadowmont,

Chapel Hill

DAY SPA

Standing Ovation

Skin Sense: A Day Spa, Triangle-wide

MetroBravo

Synergy Spa, Raleigh

Honorable Mention

The Umstead Spa, Cary

The Spa by Mitchell's, Raleigh and Cary

HAIR SALON

Standing Ovation

Mina's Studio, Chapel Hill

MetroBravo

Salon Blu, Raleigh

Honorable Mention

Samuel Cole Salon, Raleigh

YOGA STUDIO

Standing Ovation

Moving Mantra Yoga Studio, Raleigh



One Chance

You have one chance to choose an education that will transform your child's life forever. We engage minds, build character, cultivate an appreciation for the arts, and promote physical wellbeing in our students. To learn more, we invite you to visit our campus. We are still accepting applications for the 2011-2012 school year. Come see the Ravenscroft difference.

MetroBravo
Standing Ovation Awards
Best Private Lower School and
Best Private High School!

RAVENS CROFT
FOUNDED 1862

RAVENS CROFT SCHOOL, 7409 FALLS OF NEUSE RD., RALEIGH, NC 27615

{ Full Day Kindergarten! }

FOR MORE INFORMATION,
CONTACT ADMISSIONS AT
919-847-0900 OR
www.ravenscroft.org

Playing This Fall

at the Blockade Runner

boat eco tours scuba diving kayaking fishing
stand up paddle boarding sailing bird watching
bicycling shell seeking surfing holiday flotilla
wine dinners surf to sound swimming

activities on site

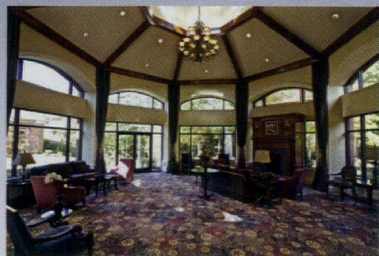
 **blockade-runner**

800.541.1161 | blockade-runner.com

Photography by Joshua McClure

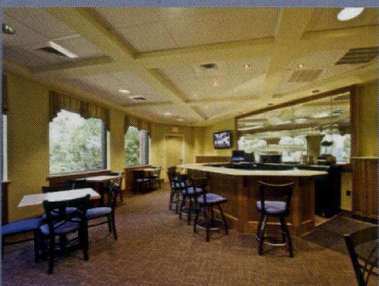
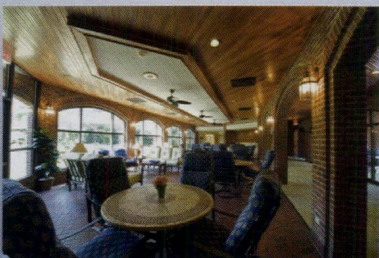
NEW ADDITIONS.

BUILT ON OUR FOUNDATION
OF EXCELLENCE



SPRINGMOOR
LIFE CARE RETIREMENT COMMUNITY

1500 SAWMILL ROAD
RALEIGH, NC 27615
(919) 848.7080
WWW.SPRINGMOOR.ORG



MetroBravo

Gateway Yoga, Raleigh
Honorable Mention
Blue Lotus, Raleigh

SALON FOR SPRAY TAN

Standing Ovation
Toast Airbrush Arts, Raleigh
MetroBravo
Physios Salon, Raleigh
Honorable Mention
Cabana Tans, Triangle-wide

KINSLEY DEY



Samuel Cole Salon

EDUCATION

DAYCARE CENTER

Standing Ovation
Primrose Schools, Triangle-wide
MetroBravo
The Goddard School, Triangle-wide
Honorable Mention
Chesterbrook Academy, Raleigh and Cary,
Charlotte

PRIVATE LOWER SCHOOL

Standing Ovation
Ravenscroft School, Raleigh
MetroBravo
Trinity Academy of Raleigh, Raleigh
Honorable Mention
Saint David's School, Raleigh

PRIVATE HIGH SCHOOL

Standing Ovation
Ravenscroft School, Raleigh
MetroBravo
Saint Mary's School, Raleigh

Honorable Mention

St. David's School, Raleigh

PRIVATE COLLEGE

Standing Ovation
Duke University, Durham
MetroBravo
Meredith College, Raleigh
Peace College, Raleigh
Honorable Mention
Wake Forest University, Winston-Salem

PUBLIC COLLEGE

Standing Ovation
North Carolina State University, Raleigh
MetroBravo
The University of North Carolina at Chapel
Hill, Chapel Hill
Honorable Mention
East Carolina University, Greenville

PARTY SCHOOL

Standing Ovation
East Carolina University, Greenville
MetroBravo
North Carolina State University, Raleigh
Honorable Mention
The University of North Carolina at
Wilmington, Wilmington

AUTOMOTIVE

CAR DEALERSHIP

Standing Ovation
Johnson Lexus, Raleigh and Durham
MetroBravo
Thompson Cadillac, Triangle-wide
Honorable Mention
Capital Ford, Raleigh

SPORT UTILITY VEHICLE

Standing Ovation
BMW X5
MetroBravo
Lexus
Honorable Mention
Jeep Cherokee

Ford Escape Hybrid





Mini Cooper

SPORTS CAR

Standing Ovation
Porsche Boxster
MetroBravo
Mini Cooper
Honorable Mention
Audi

SEDAN

Standing Ovation
BMW 3 series
MetroBravo
Jaguar
Honorable Mention
Lexus
Audi

LUXURY CAR

Standing Ovation
Lexus
MetroBravo
Mercedes
BMW
Maybach
Honorable Mention
Maserati

HYBRID CAR

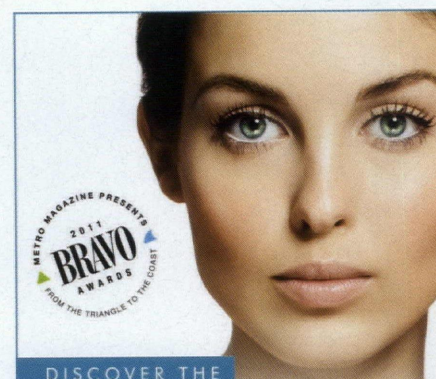
Standing Ovation
Toyota Prius
MetroBravo
Lexus 400
Honorable Mention
Ford Escape

DEALERSHIP FOR SERVICE

Standing Ovation
Johnson Lexus, Raleigh
MetroBravo
Leith Honda, Triangle-wide
Honorable Mention
Fred Anderson Toyota, Raleigh
Thompson Cadillac, Triangle-wide

SERVICE STATION

Standing Ovation
Glenwood Village Exxon, Raleigh
MetroBravo
Exxon at North Hills, Raleigh
Honorable Mention
White-Wall Auto Repair, Raleigh



DISCOVER THE

new you

The expert staff at Davis Plastic Surgery combines professional medical care with an artistry and approach specifically designed so you achieve your goals. We are here to help you with the most up-to-date techniques and treatments.

- Breast Augmentation / Lift
- Abdominoplasty
- Liposuction / Body Sculpting
- Face Lift
- Eye Lid Surgery
- Rhinoplasty
- Injectable therapies - Botox,® Restylane,® Perlane,® Juvederm,™ Dysport,® and Radiesse™
- Laser Vein Treatment
- Laser Skin Rejuvenation - Fraxel®



DAVIS PLASTIC SURGERY

You receive world class care with our qualified staff, AAAA SF Certified facility and MD Anesthesia.

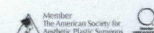


Dr. Glenn Davis, M.D., F.A.C.S.,
Board Certified & recognized for the past 15 years by the exclusive "Best Doctors in America"

Follow us for monthly specials



919.785.1220



www.drgrmdavis.com

It Begins With Caring...



CareFirst Animal Hospital is your local source for exceptional service, client education and quality medicine. Visit a location nearest you.



Oberlin
832-3107

Glenwood
783-7387

www.carefirstanimalhospital.com

Falls Pointe
841-4211

Grace Park
462-1212

Medicine & Wellness Care

Surgery and Diagnostic Imaging

Doctor On-Call 24/7

Boarding/ Petsitting

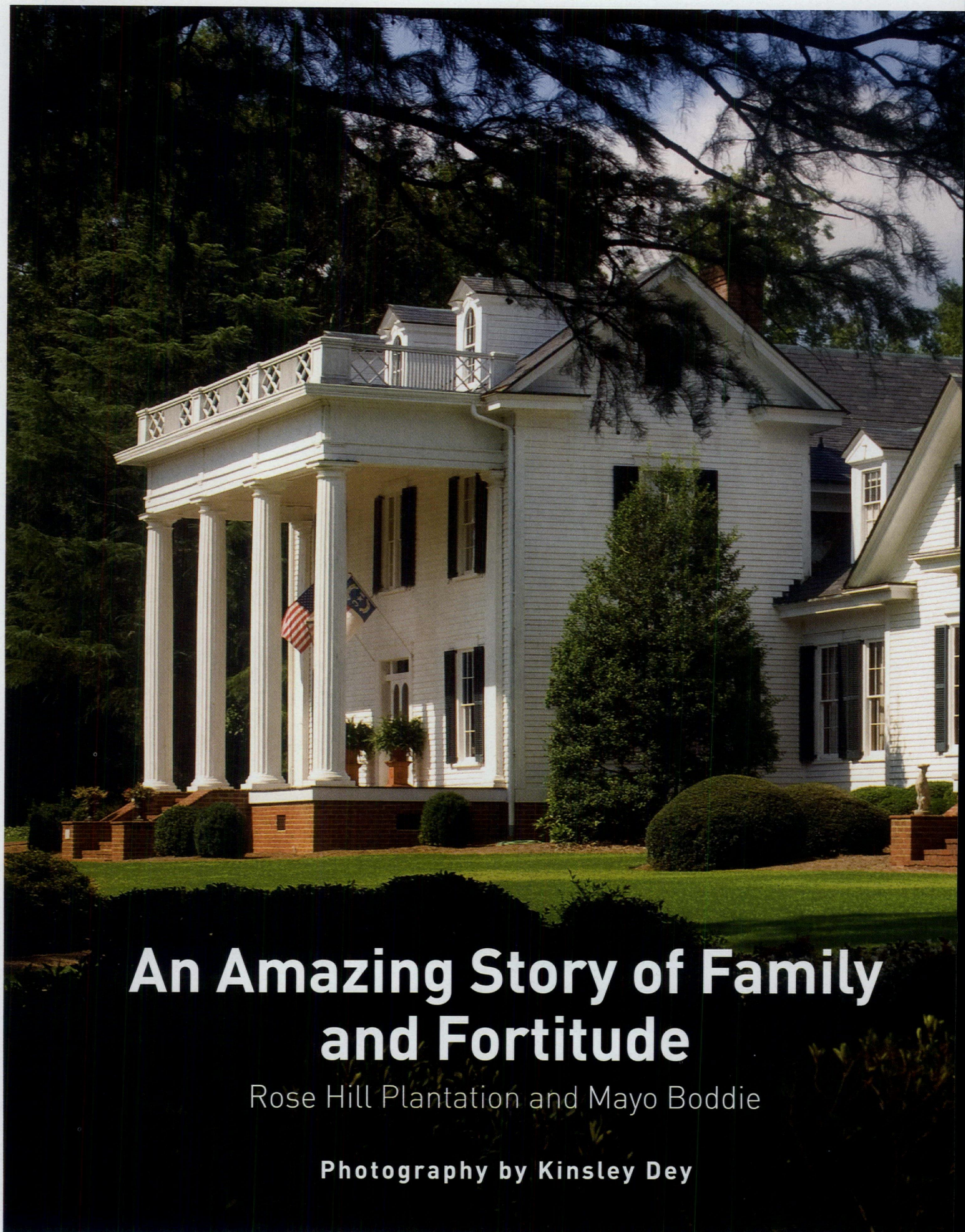
Grooming/ Bathing

Doggie Day Camp

Obedience Training

FIRST PLACE: Veterinarian

-2011 Metro Magazine Bravo Awards



An Amazing Story of Family and Fortitude

Rose Hill Plantation and Mayo Boddie

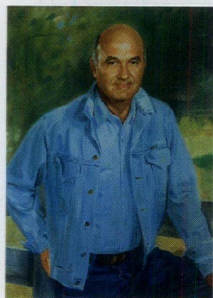
Photography by Kinsley Dey



Drive through the lush farmland of Nash County and exit at Nashville/Castalia off NC Highway 64 East from Raleigh. Turn left, where a handsome granite sign announces Rose Hill Farm and take the country lane surrounded by board-fenced pastures punctuated by an amazing array of blooming crepe myrtle trees. The house that waits at the end of the road is breathtaking. Sited on a rise, and fronted by a circular fountain with cooling waters spraying beads of moisture to the hot summer air, Rose Hill Plantation is both spectacular and welcoming.

by Diane Lea

Owned by Mayo Boddie Sr. and his wife Jean Cockrell Boddie, Rose Hill sits on land first worked by Mayo's ancestor, Nathan Boddie, in 1758. Nathan, who shared his birthday (Feb. 22, 1732) with George Washington, was the eldest son of William Boddie, who, with his brother, John, moved in 1734 from Isle of Wight, VA, to what became Northampton County, NC. The family's fortune in Virginia came



Mayo Boddie, Sr. by artist Tom Donahue

from the production of tobacco and cotton; the move to North Carolina provided new fertile soil for the hungry crops. Soon the family holdings included land in the part of Edgecombe County that is now Nash County. It was to this land, owned by his

maternal grandfather, which Nathan brought his bride, Chloe Crudup, in 1762.

Nathan became a successful farmer, at one time owning more than 9000 acres in Nash and Wake counties. His business acumen was matched by a commitment to civic service. He represented Edgecombe County in the Fourth Provincial Congress that assembled in Halifax, NC, on April 4, 1776. As a member of the First General Assembly of North Carolina in 1777, Nathan sponsored the legislation that created Nash County from a part of Edgecombe. In addition, he was one of five justices charged with finding a location in Johnston, Wake or Chatham counties for the capital of North Carolina. At his death in 1797, Nathan was accorded many accolades, including the title Father of Nash.

"A Place Like No Other"

The house that is now Rose Hill Plantation is a working farm and full-scale conference center and wedding venue, featuring a resident chef, fine wine and bar service, a barbecue smokehouse, hunting preserve and sporting clays, in addition to the usual recreational activities centered

around a pool and gazebo. The centerpiece of this 850-acre complex is the restored and enlarged 1790s plantation house built by Nathan for his son, George, and his first wife, Susanna Parham. Rose Hill, as the house was always called, became the center of an extended Boddie family when George and his second wife, Lucy Williams, parented their own and George's children — and also the children of George's deceased brothers Bennett and Elijah. Rose Hill passed to Nicholas William Boddie, George's son, a state senator. He enlarged and modernized Rose Hill in the latter 1800s hoping the worst of the post-Civil War Reconstruction period was past.

It was in that house that current owner Mayo Boddie Sr. was born, and where he and his siblings lived with his parents and

grandmother, Louisiana (Anna) Crudup Boddie Bunn, until it was lost during the Depression to pay off a debt his widowed grandmother incurred.

"I can recall all too vividly the day we moved away from Rose Hill to occupy a very small home in the county," says Mayo. "It was a heartbreaking experience for the Boddies, severing an unbroken chain of ownership and continuous family occupancy of Rose Hill since 1762."

Though Rose Hill was lost to the Boddie family, it was a temporary loss. In 1979, Mayo and Jean purchased Rose Hill from North Carolina Wesleyan College in Rocky Mount, with encouragement from former owner W. Robert Everett and his wife, Thelma Everett, who had donated it to the school. Then Mayo began a 10-year period



The Great Room at Rose Hill is paneled in Honduras mahogany.

of restoration and development that resulted in the Rose Hill Conference Center with the fitting motto "A Place Like No Other."

"I think of Rose Hill as my yacht," says Mayo. "It is a source of pride and pleasure that has occupied me, Jean, our family and the many people who have worked on it with us and still work to maintain it and run it." And, as he wryly notes, you can always spend more money on it.

Rose Hill Reborn

Coming from a long line of farmers, Mayo found his first task was to restore the land. Clear-cut timbering and years of insufficient attention had brought it to a sorry state. Larry Corbett, Rose Hill's farm manager, started work on Sept. 1, 1979. He worked with the Soil Conservation Service to find the best use for every acre and to develop a plan to rehabilitate the land for agricultural production.

"Larry and I decided that there are at least five different soil types in this transitional area between the Coastal Plain and



Mayo and Jean Boddie worked with Sandra Livermon on every detail of the home's decor.



Comfort and elegance make Rose Hill a perfect conference and event venue.

**Best In The Triangle
10 Years In A Row**



Local expertise. Guaranteed.
That's one knowledgeable rock.

**My Home
info
24-7!**

919-706-4670

Instant Info On **Any Home**,
Listed By **Any Company**,
At **Any Time!**

www.PruYSU.com

My Home
info
24-7! **919-706-4670**



**York Simpson
Underwood Realty**

Rock Solid in Real Estate.®

© 2009. An independently owned and operated member of The Prudential Real Estate Affiliates, Inc.
Prudential is a service mark of The Prudential Insurance Company of America. Equal Housing Opportunity.

the Piedmont," says Mayo. Today Rose Hill is a diversified farming operation yielding broilers, beef cattle, hay and some cropping.

The second order of business was to call Sandra Livermon of Rocky Mount-based Sandra Livermon Builders. Mayo knew Livermon was experienced in the renovation of historic structures, with contacts throughout the construction community. He tasked her to find whatever was needed, from historic materials to a pool contractor. Livermon consulted with Mayo and Jean and started work in 1980 with a two-page plan by colleague Charles Harris showing modifications and additions that

would restore the house (now known as the Manor House) and make it comfortably functional as a conference center.

The house had everything going for it, including a satisfactory blending of architectural styles and great materials. The preferred building material of the 18th century in North Carolina was heart pine, and the beautiful original floors and interior woodwork of the structure were of a colorful variety from 150-year old pine trees. Six fireplaces, original mantels, old glass and later materials — dating from the first renovation — included a slate roof and oak parquet inlaid floors in the living room.



A portrait of Mayo's brother Nick Boddie graces the mantel in the parlor (artist Ann Manry Kenyon of Portraits, Inc.).

Livermon's first challenge was to stabilize the house. It was resting on a foundation of rocks and red clay and had become seriously out of level over the years. Her crew, headed by foreman Dennis Walston, and including his sons Dennis and Junior and stepson Mike and many others, used railroad jacks and hydraulic lifts to jack, level and block the house. The crew had to use child-sized little red wagons to haul out dirt and concrete from beneath the structure. The stabilizing became an engineering job of significant proportions. All the chimneys had to be rebuilt. The chimney that served the living room came from the basement and rose to serve an upstairs bedroom. It was reconfigured to serve another fireplace for Mayo's study. Then it was determined that a fireplace would also be installed in the basement. When the head height of the basement proved too low, the basement floor was lowered. Livermon carefully replicated details, such as the original foundation vents that had to be cast by a foundry, then left in the weather to rust before being oiled and buffed with steel wool to give an aged appearance. The Victorian dining room that had been added was removed, as were back and side porches.

As the foundation and chimney repairs and demolition were completed, Livermon concentrated on putting back and adding on. Five feet were added to the kitchen, and the room behind the parlor was divided to make a study for Mayo and two baths for guests. A new dining room was added where the old porch had been removed, and a new side porch was added. Across the back of the house a splendid covered porch was constructed to allow guests to sit and rock and enjoy the long views of the farm. The porch runs the length of the entire elevation and nicely seams the new dining room, the great room and a 34-foot-wide gentleman's game room to the rest of the house.

The gentleman's room is, indeed, a grand room. A 16-foot steel beam was installed in the ceiling to support the weight of the interior space. The room, including the ceiling, is of Honduras mahogany with a massive fireplace at one end. There are two matching gun cabinets purchased by Jean and Mayo from Bobby Langston

Antiques in Wilson. Another Jean and Mayo find is the antique bar with a gate that shuttles down to close it, leading the visitor to recall the famous London closing pub cry, "Hurry up, please, it's time."

The interior décor and appointments of Rose Hill are largely the work of Jean and Mayo in coordination with Livermon. Jean's good eye and attention to detail can be seen in the cream-colored marble for the facing and flush hearth in the living room (the room where Mayo was born), as well as the furnishings and fabrics that make

Rose Hill a delightful family home, as well as a conference center and wedding venue.

Jean and Livermon created the country kitchen that was used to feed guests and staff before the professional kitchen was installed in the 5000-square-foot Nathan Hall, the building constructed in 2005 adjacent to the Manor House to provide a larger multi-purpose space for conferences, wedding parties and entertainments that can seat up to 300 guests.

The story goes that while Mayo chauffeured the two women back from a mate-

beyondblue
INTERIORS

SAVE 20%
off suggested retail thru Oct 10

**Mitchell Gold
+ Bob Williams**

including custom upholstery!



at Raleigh's North Hills, I-440 exit 8B - Convenient from I-40
919.896.6630 + beyondblueinteriors.com

THOMPSON · LYNCH
C O M P A N Y

*Serving Fine Homes of the South
Since 1925*

LAMPS


LAMP SHADES

FINIALS

PRINTS

MIRRORS

ACCESSORIES



ANTIQUE & VINTAGE LAMPS

LAMP REPAIR

CUSTOM LAMP BUILDING

LAMP DESIGN

CHANDELIER CLEANING & REPAIR

CAMERON VILLAGE
821-3599

Most Lamps Designed and Built on Premises



The property's restored barn reminds us that Rose Hill is a working farm.

Spies Among Us

7th Raleigh Spy Conference



The Secret World of Espionage Illegals

August 24-26

NC Museum of History
Downtown Raleigh

Opening Speaker – Michael Sulick, recently retired chief of CIA's National Clandestine Service
Guest Speakers: Retired CIA officer Brian Kelley; British intelligence scholar and author Nigel West; and retired Royal Canadian Mounted Police intelligence officer Dan Mulvenna

NEW THIS YEAR!

Author's Roundtable, featuring Douglas Waller to discuss his new hit book *Wild Bill Donovan* about the life of the founder and chief of the OSS, the precursor to the CIA; David Wise, the dean of intelligence authors to discuss his new book, *Tiger Trap: America's Secret Spy War With China*, examining Chinese espionage; and Kent Clizbe, author of the forthcoming *Willing Accomplices*, an inside look at the impact of Soviet propaganda in America. Books by all speakers will be available for sale.

Go to www.raleighspyconference.com or email cyndi@metromagazine.net

rials hunting trip, Jean and Livermon sat in the back seat drawing the kitchen on the backs of envelopes. All cabinetry was the work of Walston, with help from his men, and all the countertops are hand-crafted of heart pine. A giant center island of brick and pine features a storage rack that can be hydraulically lifted. The appliances are concealed behind heart pine doors. All doors and cabinets in Rose Hill are fitted with antique or fine reproduction hardware. Thumb latches, rams head hinges, coxcomb thumb latches, strap hinges, HL hinges and fireplace cranes were collected. If restoration pieces, they, like the foundation vents, were carefully weathered to look antique.

The saga of Rose Hill is one of North Carolina's most compelling stories of family, friends, land and love of place: the elements that make the state so unique. Mayo sums it up best: "If I have had any success in my life, it is because I was surrounded by good people." So here's to the good people who founded, farmed, restored and nurture Rose Hill.

For more on Rose Hill, go to www.rose-hillconferencecenter.com. **MM**

A gazebo at the pond's edge is a popular spot for wedding portraits.

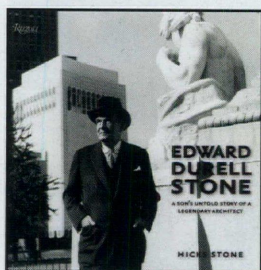


Form + Function

by J. Michael Welton

THE DEFINITIVE BOOK ON EDWARD DURELL STONE

Hicks Stone, youngest son of architect **Edward Durell Stone** and a practicing New York architect himself, will publish the first biography of his father's work in November. "It's very much overdue, since

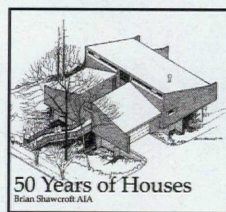


he retired in 1974," Stone said of his father, who designed the Legislative Building in downtown Raleigh in the

early 1960s. The 1984 North Carolina Museum of Art building is attributed to him also. Its design dates to 1973. (Both projects were in association with Holloway-

Reeves Architects of Raleigh.)

Edward Durell Stone: A Son's Untold Story of a Legendary Architect, published by **Rizzoli**, offers unique and revelatory insights into the impact of Edward Durell Stone's personal life on his work. It provides a look at an architect whose work ran counter to prevailing trends in architecture — and who presciently anticipated the demise of the International Style. Stone worked on designs for the Museum of Modern Art, Radio City Music Hall, Rockefeller Center and the Waldorf Astoria, among other well-known New York City landmarks of the 1930s and '40s. He was a peer of **Eero Saarinen** and **Philip Johnson** and was very close to **Frank Lloyd Wright**. "Dad's work shows explicit Wrightian influence," the younger Stone said. "The Legislative Building's ceiling pattern is one example of that." For more on the book, go to www.rizzoliusa.com/book.php?isbn=9780847835683.



50 YEARS OF HOUSES BY BRIAN SHAWCROFT

Raleigh's **Brian Shawcroft, AIA** is also publishing a book. *50 Years of Houses* is due out in August, with a book signing at **Nowell's Contemporary Furniture** on Aug. 25 from 6-8 p.m. The book covers 23 of Shawcroft's designs, spanning from 1961-2007, in 28 pages with more than 100 illustrations and photographs.

"The intent of the book is to show a portfolio of houses designed for comfort, energy and regional use of materials," said Shawcroft, who taught first at **NC State's School of Design** and later at its **College of Design**, from 1961-2003. Included in the book is an essay by **Paul Tesar, PhD**, also a faculty member of the College of Design. The book is available at **Quail Ridge Books**.

The **Triangle Tour of Residential Architecture**, the only **AIA** tour and only juried tour on the East Coast, will take place on Oct. 1 from 10 a.m.-5 p.m. Architects and docents will be on hand at each stop along the self-guided tour. A jury from Richmond, VA — **Terrance P. Wyllie, Chris Rea** and **Lothar Pausewang** — was tasked with choosing homes that exemplified the advantages of working with an architect.

On the tour are residential projects by **Ellen Weinstein, Donald O. Tise, Tina Govan, Georgia Bizios, Michael Stevenson** and **William J. Alphin Jr.** For more information, go to www.aiatriangle-tours.org.

LOW COUNTRY COCKTAILS WITH FLW'S GRANDSON

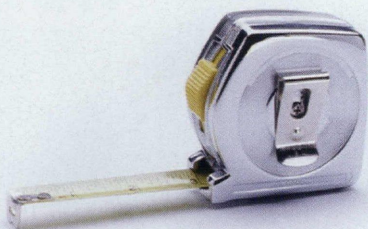
George Smart's Triangle Modernist Houses is organizing a motor coach tour of Auldbress, Frank Lloyd Wright's South Carolina masterpiece on Nov. 5 & 6. The home is open only once every two years. This year Smart's group will not only get a tour, but will also enjoy cocktails with **Eric Lloyd Wright**, Wright's grandson.

As part of the excursion south of the border, Raleigh's **Frank Harmon** will be giving a guided tour of The Low Country Residence, which he designed. For more information, go to www.trianglemodernisthouses.com/auldbress.htm.

Kenneth E. Hobgood Architects of Raleigh recently completed the renovation phase of a mid-century modern house in Durham and is about to begin construction on phase two: a 1200-square-foot addition that will honor the original house designed by architect **Kenneth Scott** in 1958. **MM**

J. Michael Welton writes about architecture, art and design for national and regional publications, and publishes an online design magazine at www.architectsandartisans.com.

**Other Magazines
Just Don't
Measure Up!**



919-831-0999
www.metronc.com

METRO STYLE

FALL PREVIEW TRENDS

by Maury Poole



Rag + Bone



Dries van Noten

Derek Lam

VERMILLION



4321-102 LASSITER AT NORTH HILLS AVE
 RALEIGH | 919.787.9780
 WWW.VERMILLIONSTYLE.COM



Burberry



Lela Rose

FASHION NEWS

Bailey's Fine Jewelry will host their Annual Diamond Event at all locations Aug 11-27. During Aug 18-20, all locations will host Bailey's Gold Buy Event where they will give an extra 20% on top of their payouts for your unwanted gold and silver jewelry. Raleigh, 919-829-7337.

On Aug 25 from 10-7pm, **Gena Chandler** will host a Diane Von Furstenberg 2011 Pre-Fall and Fall Trunk Show. Their rep will be in town to feature the new collection and will be available for personal appointment. Raleigh, 919-881-9480.

Save the date for a Trunk Show event at **Vermillion** featuring MIH Denim and Yarbie Bangles, designed by Raleigh's own Elizabeth Yarborough, August 24-25. Raleigh, 919-787-9780.

Triangle Fashion Week, an annual fashion event, on Sept 16-22 will showcase boutiques, salons, and spas in Raleigh, Durham and Chapel Hill providing a platform for fashionistas to connect with the local fashion communities.

On Sept 16 from 8-9 p.m., visit downtown Raleigh for **fashionSPARK Fashion Show** at SPARKcon. The show will highlight the Triangle's local fashion talent. Raleigh, www.sparkcon.com.

Salon Blu will be participating in this year's fashionSPARK, Sept 16 from 8-9 p.m., doing makeup and hair for two local designers. Raleigh, www.salonbluhair.com

Events at Saks Fifth Avenue, Raleigh, 919-792-9110:

- Armani Collezioni Fall 2011 Preview Day on Aug 18 from 10-4 p.m.; representative David Greenleaf will be available for scheduled appointments
- Designer Fall Fashion Show Sept 1 from 5-7 p.m., see all the latest fall fashion from top designers
- Ippolita Jewelry trunk show Sept 15 from 10-5 p.m.
- Roberto Coin Trunk Show Sept 17 from 11-5 p.m.
- Triangle Fashion Week Fall Fashion Show from 6-8 p.m.

After 20 years in Cameron Village, **Main & Taylor** has moved to North Hills, located in the old Harris Teeter space. Included in their new store will be a Stuart Weitzman shop-in-shop, the only one in North Carolina. Raleigh, 919-821-1556.

Karl Lagerfeld has been set to design the next capsule collection for Macy's "Impulse" Department this fall. Be the first to shop the limited-time collection on Aug 31 at 235 Macy's stores and at Macy.com.

Doron Ofir Casting and Popular Productions, Inc. officially announces the national search for fashion designers of all levels who model or have modeled to start in a new television series, *More Than A Pretty Face*. Contact 323-472-6232 or www.morethancasting.com. **MM**



Chloe



Matthew Williamson



BEANIE + CECIL

FALL 2011

412 Daniels Street

Cameron Village - Raleigh

919.821.5455

www.beanieandcecil.com



Rebecca Taylor



Michael Kors



Derek Lam

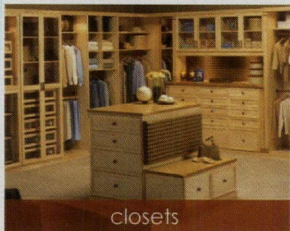
©2011 Closet Factory. All rights reserved.

closetfactory

We can relax.

Everything is finally where
it's supposed to be.

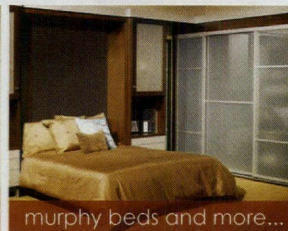
locally owned and operated | on site factory | hundreds of styles, designs and colors



closets



entertainment centers



murphy beds and more...

Call for **FREE** Design Consultation **919-773-8990**
www.closetfactory.com

54

Comfort & Style

COMFORTABLE SOLES

North Hills, Raleigh 919.782.6565
Eastgate, Chapel Hill 919.933.1300

COASTAL PREVIEW

BY CORINNE MAY

COASTAL CALENDAR

Airlie Gardens Concert Series: Fridays all summer through October. Enjoy various genres of music, a picnic and favorite beverage on a lawn chair or blanket. Airlie Gardens, **Wilmington**. For musical lineup, call 910-798-7700 or visit www.airliegarden.org.



Artists on Arendell

1st Annual "Artists on Arendell": Fridays in August. Local talented artists will give art demonstrations in downtown **Morehead City** between 11th and 12th streets. Call 252-723-9516.

Audubon NC Free Birding Tours: April through August. Every Friday from 9-11 a.m. Features a walk along the protected sanctuary that serves as the habitat for beach-nesting birds. Tours are free. Parking is available. **Wrightsville Beach**. Visit www.ncaudubon.org.

"Boardwalk Blast": Tuesdays through Saturdays through Sept. 2. Different daily activities include family night on the boardwalk, bingo, jazz, live music and fireworks. **Carolina Beach**. Visit www.boardwalk-makeover.org.

Carolina Beach Film and Fireworks Series: Sundays and Thursdays until Sept. 4. Weather permitting, the family-friendly movies will play at Carolina Beach Lake Park on Sundays, and a fireworks display will be on the beach near the boardwalk on Thursdays. Both events are free and concessions are available. **Carolina Beach**. Call 910-458-8434 or visit online at www.carolinabeachgetaway.com.

"Clyde Connell: Swamp Songs." All summer long through Oct. 2. Art exhibition, featuring works by Louisiana artist Clyde Connell, as well as works from The Ogden Museum of Southern Art in New Orleans and the National Museum of Women in the

Arts in Washington, DC. **Wilmington**. Visit www.cameronartmuseum.com.

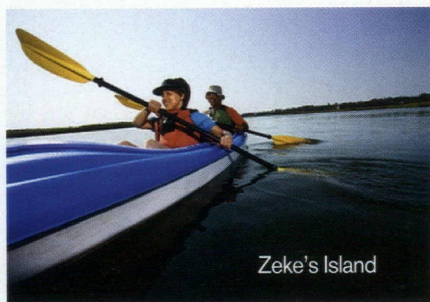
Concert in the Park: Saturdays in August. Free concerts sponsored by Morehead Parks and Recreation to be held at Jaycee Park, **Morehead City**. Visit online at www.townofmorehead.com.

Diving Through History: Month of August through Sept. 18. Go deep with a collection of SCUBA gear from the 1950s through the early 1980s. View regulators, gauges, meters and flotation devices of dives gone by. **Beaufort**. Visit www.ncmaritimemuseum.org.

Downtown Sundown Concert Series: Friday nights through Sept. 2. Free music series in downtown. Each week features a different band. Beer, wine and food will be for sale at each concert. **Wilmington**. For a list of bands, call 910-763-7349 or visit www.downtownsundown.com.

Faire Days Festival: Wednesdays through Aug. 31. Enjoy food, art, imagination, recreation and entertainment for the entire family at Scarborough Faire Shopping Village in **Duck**. Visit www.scarboroughfaireinducknc.com.

Family Adventure Kayak Tour of Zeke's Island: All summer long. This three-hour tour includes swimming holes, edible plants and wildlife. **Wilmington**. Equipment is provided. \$55 per person. Call 910-328-5444 for reservations.



Fireworks By The Sea: Every Thursday, all summer through Sept. 3. Firework show and live gazebo entertainment, featuring bands such as Mojo Collins and Machine Gun, beginning at 6:30 p.m. **Carolina Beach**. Visit www.pleasureislandnc.org.

4th Friday Gallery Walk: Every fourth Friday through September. A self-guided tour through several Wilmington galleries and studios featuring exhibitions of various artistic genres. **Wilmington**. Call 910-343-8997 or visit online at www.wilmington-

fourthfridays.com.

Hatteras Heroes - History and Mystery: Thursdays at 7 p.m. Hatteras Realty Avon office hosts historian Danny Couch with his multimedia storytelling presentation. Reservations recommended. **Hatteras Island**. Call 252-995-5466 or visit www.hatterasreality.com.

Mayfaire's "Music on the Town" Concert Series: Friday evenings through Sept. 2. Bring lawn chairs, coolers and picnics, and enjoy live music. Parking available on site. Chick-Fil-A available for purchase. **Wilmington**. Call 910-256-5131 or visit online at www.mayfairetown.com/index/c/post/id/73/.

Pirates! All summer long through Labor Day. Meet pirates of the New World. Play pirate games, learn to speak like a pirate and uncover buried treasure, among other activities. **Wilmington**. Call 910-798-4350 or visit www.capefearmuseum.com.

Poplar Grove Farmers' Market: Wednesdays. Share in the bounty of North Carolina's freshest foods, unique projects and beautiful crafts. Every second Wednesday of the month features a free plant clinic and every fourth Wednesday a grilling event with guest chefs. **Wilmington**. Call 910-686-9518 or visit online at www.poplargo.com.

Port City Pirates & Ghosts: All summer through Labor Day. Beginning at 8:15 p.m. these pirate-guided tours take visitors through actual haunted locations, while hearing stories of the past. Learn to sword-fight, navigate at sea and fire a cannon while experiencing the pirates' life. **Beaufort**. Visit www.tourbeaufort.com.

Shackleford Wild Horse & Shelling Safari: All summer. Witness one of the last herds of wild horses in the country on this guided safari tour that includes a trip to one of the best shelling beaches in North Carolina. **Beaufort**. Reservations are required. Call 252-772-9925 or visit www.tourbeaufort.com.

State of the Art/Art of the State Exhibit: Through Oct. 30. Exhibit focusing on contemporary art by artists currently living in, or native to North Carolina. Cameron Art Museum, **Wilmington**. Call 910-395-5999 or visit www.cameronartmuseum.com.

Summer Concert Series on the Lawn: Every Thursday evening in July and August. Relax on the south lawn at Currituck Heri-



Big Game

TOURNAMENTS

One of the World's Premier Sportfishing Tournaments

tage Park and enjoy the talents of local musicians. Leashed pets are welcome. Free parking and admission. **Corolla**. Call 252-453-9040 or visit www.whaleheadclub.com.

Whalehead Club Wednesday Wine Festivals: Wednesdays through September. Enjoy wine tasting, local music and food samplings on the North Lawn of the Whalehead Club at Currituck Heritage Park. Children and leashed pets are welcome. \$20. **Corolla**. Call 252-453-9040 or visit www.whaleheadclub.com.

Beat the Heat: Month of August. Learn Colonial strategies for coping with the heat during a guided tour of the Iredell House. **Edenton**. Call 252-482-2637 or visit www.visitedenton.com.

Megalodon? Is Extinction Forever?: Month of August. Get to know this prehistoric marine creature with an exhibit featuring 3-D animations and authentic Megalodon teeth. **Kure Beach**. Visit online

at www.ncaquariums.com/archives/category/Fort-Fisher.

Morehead City Parks and Recreation Concert Series: Month of August. Hosted at Jaycee Park, performances begin each Saturday evening at 7 p.m. **Morehead**. Visit www.crystalcoastnc.org.

74th Anniversary Season of the Lost Colony: Through Aug. 20. Experience Pulitzer Prize-winning playwright Paul Green's depiction of the events that led to the disappearance of these English colonists over 400 years ago. **Manteo**. For show dates, call 252-473-3414 or visit online at www.thelostcolony.org.

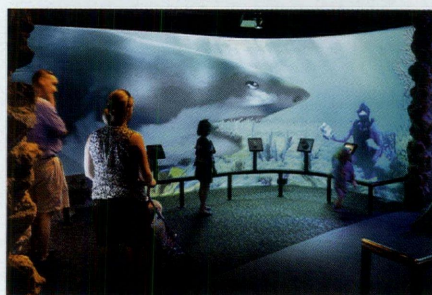
Cape Fear Contra Dancers: Aug. 9 & 23. Participate in the art of contra dancing, an Americanized couples dance with Scottish, Irish and English roots. Open to the public. **Wilmington**. Visit www.wilmingtoncontradance.info.

Friday Free Flicks: Aug. 12 and Sept. 9. On the second Friday of the month, the

Emerald Isle Parks and Recreation Community Center plays family-oriented movies. **Emerald Isle**. Call 252-808-3480 or visit www.emeraldisle-nc.org.

Beaufort Pirate Invasion: Aug. 12-13. Experience a day in the life of a pirate, with sword-fighting demonstrations, pirate magic shows, historical tours, treasure hunts and more. Lunch and dinner are available. **Beaufort**. Call 252-728-3988 or visit www.beaufortpirateinvasion.com.

3rd Annual SENC African American Heritage Festival: Aug. 13-14. Celebrate "Unity in the Community" with African American culture and history. Includes annual teen summit, live entertainment, kids pavilion, food, as well as a "Battle of the Choirs" gospel competition on the 14th. **Wilmington**. Call 910-762-5502.



Megalodon – NC Aquarium Kure Beach

Sounds of Fort Fisher: 19th Century Music and Artillery: Aug. 13. Discover the history behind Fort Fisher while listening to music by the Huckleberry Brothers. Includes costumed tours and rifle demonstrations. **Kure Beach**. Call 910-458-5538 or visit www.nchistoricsites.org/fisher/fisher.htm.

New World Arts Festival: Aug. 17-18. Exhibition featuring 80 selected artists from Vermont to Florida. Art is available for purchase. **Downtown Manteo Waterfront**. Visit www.townofmanteo.com.

Avon Art Show: Aug. 18. Enjoy over 50 local artists showcasing their work on the lawn. **Avon**. Visit www.hatterasreality.com.

Beach Jive After Five: Aug. 18 and Sept. 15. Live music at the Western Ocean Regional Access (WORA). Bring chairs, blankets and dinner. Free admission. **Emerald Isle**. Call 252-354-6350 or visit online at www.emeraldisle-nc.org.

Pirate's Cove Billfish Tournament: Aug. 15-19. Compete in the tournament in its 28th season of fishing, food and friends. Space is limited. **Manteo**. Visit www.pcbig-game.com.

"Illusions of the King": Aug. 20. Keith

For reservations and schedule information, visit
WWW.NCFERRY.ORG
1-800-BY FERRY
 N.C. Department of Transportation

Henderson gives an eye-popping, sound-rocking tribute to Elvis. Held at the Morehead Center. Tickets are \$25 and \$20. **Morehead City**. Call 252-726-1501.

Oakdale Cemetery Historical Tour: Aug. 20 and Sept. 17. Friends of Oakdale Cemetery will offer a Summer Series of Historical Walking Tours of North Carolina's oldest rural cemetery. **Wilmington**. Call 910-762-5682 or visit www.oakdalecemetery.org.

Your National Park Day: Aug. 20. Find out what you can do to help protect national parks through fun and games. Includes role playing and learning about various park jobs. **Harkers Island**. Call 252-728-2250 for more information.

15th Annual East Coast Wahine Surfing Tournament: Aug. 20-21. Enjoy the surf and sun as divisions, including shortboard, longboard, bodyboard and novice, compete for victory. **Wrightsville Beach**. Visit online at www.eastcoastwahines.com.



Surfers Healing: Aug. 22. A unique experience for children with autism, this program exposes the sport of surfing to children with special needs. **Wrightsville Beach**. Visit www.surfershealing.org.

Flags Over Hatteras: Aug. 25-27. Hear three nationally known authors and historians speak at the beach. James McPherson, Ed Bearss and Craig Symonds will speak at the Theaters Building. Living History programs, featuring artillery demonstrations and period music, are also available at the Cape Hatteras Lighthouse grounds. Free to the public. **Hatteras**. Visit flagsoverhatteras.com.

Kitty Hawk Kites Ocean Games and Surf Kayak Competition: Aug. 27. The 12th annual competition features kayak races, a sandcastle competition, and kite and toy demonstrations. **Kitty Hawk**. Visit www.kithawk.com.

Lumina Daze: Aug. 28. Evening featuring shag, jazz, big band music, as well as live and silent auctions. Proceeds benefit Wrightsville Beach Museum. **Wrightsville Beach**. Call 910-256-2569 or visit online at www.wbmuseum.com.

5th Annual Wilmington Epicurean Evening: Sept. 1. Sample exquisite cuisine from top local chefs and bid on live and silent auction items to benefit the Methodist Home for Children. **Wilmington**. Call 910-471-6088 or visit www.wilmingtonee.com.

Fort Macon Cannon Firings: Sept. 3. Cannon-firing demonstrations by the Fort Macon Guards. **Atlantic Beach**. E-mail cleat.buck@ncdenr.gov.

March of Dimes 5K Run for Healthier Babies: Sept. 3. Begins and ends at Try-Sports in Mayfaire Town Center. USAT-Certified. **Wilmington**. Register online at www.wlrun4babies.com.

ARTblast Festival: Sept. 7-11. Downtown venues host an array of musical, theatrical and dance performances, as well as art, literary and film events throughout this five-day extravaganza. **Wilmington**. Call 216-374-8884 or visit online at www.artblast-wilmington.com.

Outer Banks Triathlon: Sept. 10-11. Event includes half, Olympic and sprint distance races through the beautiful Outer Banks. **Manteo**. Visit obxtriathlon.org.

Black River Nature Cruise: Sept. 14 & 28. Treat yourself to a relaxing four-hour cruise down the Black River, which includes a narrated tour and photo opportu-

nities. \$59 for adults. Pre-paid tickets required. **Wilmington**. Visit online at www.cfrboats.com.

Emerald Isle's Sixth Annual Day4Kids: Sept. 17. Adults and children are invited to share in the fun of activities, vendors, games, face-painting and more! **Emerald Isle**. Call 252-354-6350.

33rd Annual YMCA Triathlon: Sept. 17. The biggest race in the NCTS, the race begins with a 1500 meter swim and continues with the bike and running courses. The running course takes the "loop" around Wilmington. **Wilmington**. Visit www.setu-pevents.com.

Wild King Classic Fishing Tournament: Sept. 23-25. Captain's choice format. Over \$24,000 of cash/prizes to be awarded. Complimentary Captain's Dinner on Friday and Awards Dinner on Sunday. **Wrightsville Beach**. For more information, call 910-512-3637 or visit online at www.fishermanspost.com/tournaments/wild-king-classic.

37th Annual NC State Foosball Championships: Sept. 30-Oct. 2. The nation's oldest and largest foosball event, with participants competing for cash and prizes. A portion of proceeds will benefit the Brigade Boys and Girls Club. **Wilmington**. Call 336-325-3183 or visit www.bonziniusa.com.

Award-winning Customer Service • Indoor/Outdoor Pools • Oceanfront Restaurant & Lounge

...imagine exquisite meeting and banquet facilities,

warm breezes, and amazing ocean views...

Minutes from Downtown Wilmington!

Holiday Inn Resort

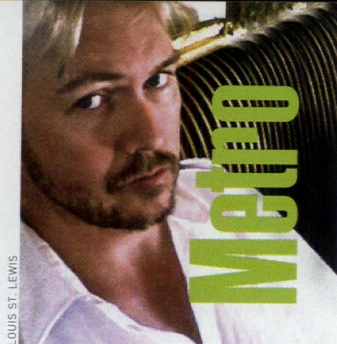
Wrightsville Beach, NC

...venture to a place you'll keep coming back to!

910.256.2231 | 877.330.5050 | www.wrightsville.holidayinnresorts.com

Outstanding Meeting & Banquet Facilities • Oceanfront Restaurant & Lounge • Oceanfront Fitness Center • Award-winning Customer Service

Complimentary Airport & Business Center, and Wireless Internet • Oceanfront



Artist-at-Large

by Louis St. Lewis

TO BE AN ARTIST; ACKLAND GALA REVIVES CAPOTE BALL

E *se quam videri* ("To be, rather than to seem") is the motto of the state of North Carolina. It seems to me we should try to be living up to this on a daily basis. North Carolina didn't even have a state motto until 1893 and was one of very few states without one — and the only one of the 13 original colonies that did not have a motto. In *The Prince*, Niccolo Machiavelli reverses the phrase to *videri quam esse* (To seem, rather than to be) as advice to how rulers should act.

Being an artist seems so black and white on the surface. The artist makes art, the collector purchases the art and both are better for the interaction. But it is not always necessarily so.

"Artists are the elite of the servant class," said artist Jasper Johns, and that seems to be the way it has always been. Leonardo da Vinci invented war machines for Francis I, Michelangelo slaved away for Pope Julius II and Anthony van Dyke made his living immortalizing the beauties of the court of Charles I (whether they were beauties or not is a matter of opinion). Even Andy Warhol discovered he was inexorably tied to a never-ending stream of ego-driven industrialists, demanding to be glamorized by his Pop Art touch.

When a collector gets you, it can be a marriage made in heaven; when they just want a deal it can be a marriage made in hell. Some collectors are driven by ego, the better ones by passion. I'm outrageously happy for the person who purchased one of Warhol's early Marylins for 250 bucks at his first solo show and sold it for over \$15 million (60,000 times its original price). That collector never could have known that the small 16x20 silkscreen would appreciate the way that it did. All they knew is that they loved it. Now some Japanese corporation probably has it jammed in a sealed off boardroom, jostling next to a Van Gogh and a Picasso or three, blue chip assets to be traded without emotion as the market waxes and wanes. Other artists of Warhol's generation with just as much talent fetch far lower prices. Why? In real estate they would say, location, location, location. In art it's names, names, names, and only the most recognized take top dollar. The public has always had an uneasy relationship with creative folks. As Oscar Wilde so succinctly stated, "It is only an auctioneer who can equally and

impartially admire all schools of art."

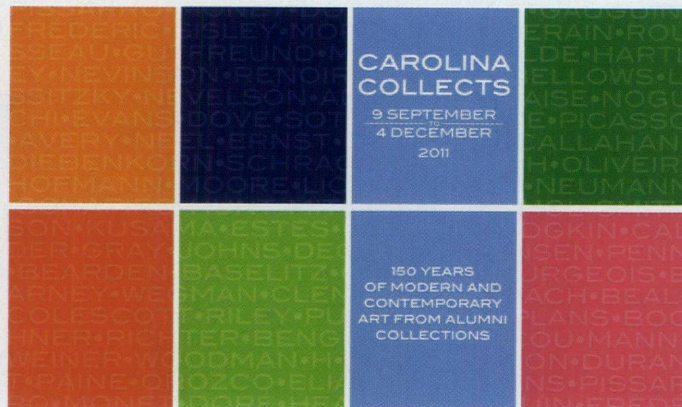
Speaking of being rather than seeming, it seems to me that you will be in the right place at the right time if you venture to the Ackland Art Museum at The University of North Carolina at Chapel Hill, which will be bursting at the seams this fall with the new show, "Carolina Collects: 150 years of Modern and Contemporary Art." The exhibition features over 90 works from the private collections of 45 UNC alumni. And yes, those of you that love names will be thrilled with the who's who of art stars — running the gamut from Pablo Picasso to Marcel Duchamp, Louise Nevelson to Louise Bourgeois. Monet, Calder, Diebenkorn, Noguchi, Lichtenstein, Benglis, all on the walls for you to salivate over and, I hope, see more than dollar signs in your head while viewing them.

And just to make the event more fun than a barrel of millionaires, pull out your best Cruella De Vil outfit ladies because the

museum is holding a glamorous Black & White Gala on Sept. 24 in the manner of Truman Capote's 1966 legendary Black & White masked ball in the Grand Ballroom of New York City's Plaza Hotel. It was not only considered the social event of that season, but it is also still referred to as "The Party of the Century." Capote dangled the prized invitations for months, snubbing early supporters, such as fellow Southern writer Carson

McCullers, as he determined who was "in" and who was "out." But you lucky folks can be part of the beautiful people at our own Black & White Gala with the simple purchase of a ticket. And there you have it — in Black and White.

While you are driving around enjoying the culture of Orange County, you might want to take time to check out the Eno Gallery in Hillsborough (www.enogallery.net) where many of your favorite artists have come to roost. Artists are always playing musical chairs with galleries and its hard to keep up with them, but Eno Gallery seems to be attracting a lot of attention with artists Nancy Tuttle May, Anthony Ulinski, Sally Sutton, Lisa Creed and many more. The gallery is intimate, but well done, and who doesn't love a trip to historic Hillsborough? See you there. **MM**



ACKLAND ART MUSEUM | ACKLAND.ORG | THE UNIVERSITY OF NORTH CAROLINA AT CHAPEL HILL

THERE ARE NO "UGLY DUCKLINGS"

I was in the North Carolina mountains last weekend. I stopped first in Old Fort, just short of Asheville, to visit with my longtime friend and craftsman Max Woody. Max is 80-plus now, but still making marvelous chairs (see my column in the January 2010 issue at www.metronc.com). I met him at Countryside Barbeque in Marion for supper. We had a seat right up front and folks kept stopping by to speak to Max — a local icon known for his big heart and charitable spirit. Owner/host Rob Noyes visited with us awhile then excused himself and came back with packages of country ham as gifts for us. East or west, North Carolinians are great, hospitable people.

I heard NC Secretary of Cultural Resources Linda Carlisle speak recently. What a treasure she is. She got our attention by saying, "Did you know that in addition to being a great musician, Albert Einstein was a scientist?" I thought about that later in the evening when we arrived at the storefront across from Max's shop where there's ole time mountain music every Friday night. Locals pack the house where musicians perform for free, and they raise a little money for the light bill by selling raffle tickets and refreshments.

Max fiddled in the last gig, causing me to smile as I thought about Linda's comment about Einstein. Folks, do you know that in addition to being a great fiddler, Max Woody is a master chair maker? If you are looking for authentic North Carolina mountain culture, make the trip to Old Fort some Friday night. Max's spacious house is sited with a view of Mount Mitchell. On that oppressively hot night, a cool breeze was blowing and I enjoyed it, as well as the cacophony created by katydids in the old growth trees behind the house.

The next day I was off to Madison County to visit the amazingly talented avant garde artist Jimmy O'Neal. He works from a studio in the community of Alexander near Marshall, where we had lunch. I drove a narrow, twisting road alongside the French Broad River, enjoying the scenic waterway punctuated by so many rocks that you could almost skip across. It's a far cry from the narrow but deep and dark Cashie River in Bertie

County where I was born. Marshall is built on the river bank, with an island just across from the main street. The old public school there is now an artists' enclave, and an adjacent amphitheatre hosts concerts that feature major bluegrass musicians who live without fanfare on the mountains and in the hollows. Erich Hubner is a musician who heads the local arts council but slips away from time to

before entering the highway in the sharp bend below.

Guess it's in my genes, but I like seeing the horizon 360 degrees around me. I often find myself staring in awe at the marvelous clouds that fill the sky almost every day in Eastern North Carolina. It was one of those cloud-filled days recently when I left Winston-Salem and headed into the real east —



KATIE GIPPLE



KATIE GIPPLE

time to play with some of the best groups here and abroad.

Great fun. But as I pointed my car east, retraced my steps and started back down the mountain, I seemed to breathe easier. I was headed for the flatlands where I was born and raised and where you never have to worry about what's around the bend or over the ridge. Before leaving Jimmy's studio I was told to turn off my radio, roll my car windows down and listen carefully for traffic

to Scotland Neck in Halifax County. My destination was the Sylvan Heights Waterfowl Park and Eco Center, but I had arranged my schedule so I would be in Tarboro for a quick supper at On the Square, one of the finest dining venues in the state. God blessed this historic Eastern North Carolina town when Inez and Stephen Ribustello left New York and drove their culinary stake in the ground in the heart of the old South. On the Square wins both culinary and wine awards every year.

If Hans Christian Andersen had had a chance to visit Sylvan Heights, he never would have written his children's classic *The Ugly Duckling*. He would have known how beautiful and loveable ducklings really are. I had been to the Park several times before, but never on "Duckling Sunday" when members of the Sylvan Heights Waterfowl Society are invited to tour the breeding center, which is closed to the public, to see the latest hatch-



KATIE GIPPLE

lings. The Park has many devotees. At brunch I sat with Society members from the Research Triangle, some of whom drive down regularly to volunteer.

Sylvan Heights is one of North Carolina's best kept secrets, but more and more people are finding out about it, thanks to the fact the North Carolina Zoological Society operates a visitor center there with programs for both school children and adults. Some 30,000 visitors came to the small Halifax County town last year to see and learn about the more than 1500 ducks, geese, swans and other birds being bred there — some among the rarest in the world. Imagine a flock of flamingos, 6-foot-tall cranes and hundreds of birds from South America, North America, Europe, Africa, Asia and Australia — all sporting colorful and exotic plumage.

The Park, which is open to the public and has a modest admission fee, has been operating for only five years, but the breeding center associated with it came to Scotland Neck more than a decade ago. Ali Lubbock and Mike Lubbock, who is considered by

many avian biologists to be the most intuitive and prolific waterfowl aviculturist in the world, were working in relative obscurity in the North Carolina mountains, known only to waterfowl enthusiasts and professionals, when they were faced with relocating someplace ... someplace in the world. By chance they made the acquaintance of a member of the Kitchin clan — sort of the first family of Scotland Neck, in my mind — who invited them to set up almost in their back yard.

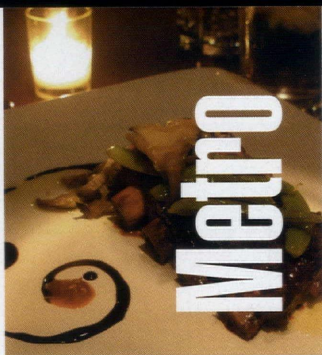
That must have required a great leap of faith for the couple who had no idea how they would be received in rural Eastern North Carolina. When they moved this largest collection of captive waterfowl in the world to Scotland Neck, they were warmly embraced. Last winter, when a snow storm destroyed some of the habitats and killed waterfowl, residents rallied around and were key to the recovery effort. Volunteers prepared the gracious spread that our friends group enjoyed. City officials value the operation so much that they bought land and created a new entrance to the Center.

I am intrigued at the science at work there, including how they remove the eggs from the waterfowl and give them “setting hens” as surrogates in a protected environment. Then the eggs go through a series of incubators until the baby waterfowl chip through their shells and emerge. What a treat it is to see all the “ugly ducklings” before they develop their adult plumage.

I could have never anticipated that in a few short years, through a partnership with the North Carolina Zoological Society, a Golden LEAF Foundation grant, and other public and private money, the Lubbocks would have an 18-acre waterfowl park open to the public and drawing tens of thousands to Scotland Neck each year. School children come by the busload to see the waterfowl and learn about the eco system, standing in a tree house that overlooks a profusion of native plant and animal life. At another location, a sophisticated blind modeled after those used in Britain allows visitors to watch birds and wildlife, such as deer and beaver, without spooking them.

As I was leaving Scotland Neck, I passed a new spot called Abrams that was advertising cheese biscuits on the marquee. I love them — the kind with a huge chunk of cheddar baked inside. I made a U-turn. I am glad I did. There are five Abrams restaurants in Eastern North Carolina with a short buffet line offering some of the best down-home eating imaginable. They made a fresh batch of sumptuous cheese biscuits just for me. I'm nuts about turkey wings, and the barbecued wings at Abrams were a tasty treat. Where else can you find them? The fried chicken was equally good. And the mac-and-cheese.

My friend John T. Edge, head of the Southern Foodways Alliance, allowed some time ago that eventually the only authentic Southern food may be found in filling stations. I have found that in the Deep South, like Mississippi, many service stations/convenience stores have remarkable fried chicken, ribs, sausages and sides. Congratulations to Scotland Neck on landing this new eatery — sure the Waterfowl Park was a factor in its locating there — and congratulations to Gerald Abrams of Pinetops, NC, for his concept. Do we have the makings of another Hardee's-type fast food phenomenon in the making in Eastern North Carolina? **MM**



Gourmet

by Moreton Neal

Where's the beef?

THE QUEST FOR A GOOD BURGER

1993 was a bad year for hamburgers. A health scare at a fast food chain a thousand miles away resulted in North Carolina's Division of Environmental Health enforcing a new rule requiring "ground beef... shall be cooked to an internal temperature of at least 155 degrees."

The luscious, juicy rare burger I had come to expect at my favorite joint had morphed overnight into something resembling gray cardboard. Same chef, same quality of meat, but the obligatory well-done beef patty was now mealy and dry, a mere shadow of its former glory.

From that day on, I gave up on hamburgers served from professional kitchens. Then, years later, I was dragged, kicking and screaming, to Poe's Tavern on Sullivan's Island, SC. My friend claimed that Poe's served the best hamburgers in South Carolina, and it took just one bite for me to agree. There's no secret behind the tavern's success: high-quality beef is ground in house, cooked as little or long as the customer requests and contains enough fat to keep it moist. The juice runs down your arm as you eat it, the way a real burger should. Folks line up around the block to sample these beauties.

I never imagined I'd have this kind of burger pleasure again in my home state until my husband, a hamburger connoisseur, came home raving about Tribeca Tavern. My interest was piqued.

Cary's Tribeca, located in Stone Creek Village, looks like an upscale sports bar, the only wall décor — a shocking number of TV screens. Unless you turn your booth's television to the food channel, this is not the typical foodie scenario, nor is it meant to be. According to owner Dean Ogan, NC Restaurant Association's Restaurateur of the Year 2011, Tribeca's tar-



Tribeca — Better Than Ted Burger

get demographic is families and businessmen who lunch out often. Its "polished casual" ambiance evokes a slick generic franchise, and yet the Tavern has a farm-to-fork philosophy. The kitchen uses produce, cheese and all its meat from local farms and artisans, carefully chosen by Ogan and his chefs.

Choosing among the tantalizing burgers on the menu (modeled on the "crazy burgers we cook at home," says Ogan) is no easy task. We relied on our enthusiastic server's recommendations. The Augusta Burger surpassed her accolades — its juicy ground beef adorned with unctuous house-made pimento cheese, bacon strips and extremely crunchy fried green tomatoes — a triumph of contrasting textures and tastes. The Mystical Mushroom Burger,

with piles of fresh portobella and shiitake slices and tangy Goat Lady cheese, was topped with a spray of whimsically arranged enokis. Better Than Ted Burger, featuring Carolina bison grown in Asheville, was enhanced by bacon, blue cheese and roasted red peppers with the charming addition of batter-fried avocado slices.

The Tavern's Angus beef — grass fed, hormone free and ground in house — comes from Coastal Cattle in Ayden, NC; the sumptuously buttery brioche buns and other breads come from Raleigh's own Neomonde Bakery. Tribeca's burgers are almost perfect, and if our state passes a ruling allowing ground beef to be cooked according to the customer's request, as it is in other states, they will be. Keep your fingers crossed.

Speedy Burgers

My carnivorous husband, Drake Maynard, would be happy to eat a burger every day — regardless of the cooking time of the meat — and may well be acquainted with every hamburger joint in the Triangle. This is his report on the state of the burger in these parts:

You can get a hamburger these days pretty much anywhere you choose to eat in the Triangle. They can be found in French bistros, upscale steak houses, even seafood restaurants. And of course, in the seemingly thousands of locations of national “fast food” chain restaurants. Clowns, playgrounds and oh yes, burgers.

But there are a few places where you can get the old “drive-in” burger experience or at least a “walk-up” experience. Raleigh is blessed with two local “burger heavens” — Char-Grill and Snoopy’s. Both have expanded beyond their original locations and now feature indoor, air-conditioned dining rooms at the newest venues. But at all the Char-Grill locations you can still get the original 8 ounce charcoal flame-grilled rectangular burger. Snoopy’s features more of a complete “grill” menu, but you can still get the double special — double cheeseburger, fries and a drink — at all five locations.

Chapel Hill’s locally owned burger experience, BUNS, is more modern. There’s only the one location on Columbia Street, and like pretty much anything else in downtown Chapel Hill, it’s strictly walk-in. The focus here is on fresh and local, with customers able to put as much or as little in the way of toppings on their Angus beef burgers.

There are chains, and there are chains. A real coup for Triangle burger-lovers several years ago was the arrival of the Five Guys burger chain. There are nine Triangle locations, plus telephone and online ordering. Five Guys features a limited menu — burgers, hot dogs and fries — and features a staggering array of free toppings and fresh ingredients.

If you can’t find a good burger around here, you just aren’t looking. **MM**



Buns — “Build Your Own” burger.



Five Guys

NEW CHOICES FOR BURGERS COOKED AT HOME

Meanwhile, how we cook ground beef in our own kitchens and patios is entirely up to us. The challenge for home cooks is finding meat with enough fat to keep it from drying out and to imbue it with “umami,” the fifth basic taste, described as “meatiness” or “savoriness.” Better meat departments and markets in our area have jazzed up bland, overly lean hamburger meat by creating their own house-made patties, and now offer intriguing substitutes for beef, well worth a try.

At The Fresh Market’s reliable meat

counter you will find a portobello/gouda burger, a zingy Cajun burger, and the sinfully delicious bacon cheddar burger. Ground turkey, both white and dark meat are available, as well as a “garden” turkey patty. Made with ranch dressing, bread crumbs, mushrooms and green pepper, this surprising concoction is more delicious than you would imagine a burger made from a bird could possibly be. One of our favorite Fresh Market items is Mexican-style chorizo. Mixed with ground pork, this makes a fine meal on a bun.

The newest and most ambitious meat vendor in the area, The Meat House (now

with three locations in the Triangle), offers superior ground lamb to make into patties yourself. Seasoned simply with salt and pepper, they are a delight. For a special treat, mix in some minced fresh garlic and chopped raw bacon and grill over charcoal. Pre-made patties at The Meat House include a firecracker burger, its spicy kick calmed down by topping it with sour cream and avocado. We especially enjoyed the portobello/Swiss cheese burger, well seasoned and moist with big chunks of tasty mushrooms.

At Whole Foods Market we veered into the territory of good cholesterol, try-

ing the tequila lime salmon burger and ground bison, celebrated for its health benefits. The salmon burger was flavorful, though not really in the same league as land animals. Bison, on the other hand,

produced the meatiest, most delicious burger of all, reminiscent of hamburgers back in the good old days before anyone ever heard of cholesterol. Bison, which can also be found at The Fresh Market

and The Meat House, leaves plain ground beef in the dust when it comes to flavor. If you want the beefiest tasting burger, bypass the cow and buy bison! **MM**

NIBBLES

Tickets are now available for the second annual **TerraVITA** Food & Wine Event, featuring 35 of the Triangle's best chefs and food artisans. The event, which will include a new feature this year, "the Sustainable Classroom," will take place on Sept. 24 on the square at Southern Village, Chapel Hill. For information, check out www.terravitaevent.com.

Sullivan's Steakhouse in Raleigh offers a new seasonal feature, "Jazz up Your Summer," available every evening until Sept. 5. A specially-priced three-course menu for two is available for \$79. Call 919-833-2888 for reservations.

Foster's Market in Durham hosts a delectable farm-to-fork dinner every Thursday throughout the summer. Call 919-489-3944 for information and reservations.

A launch event for Sandra Gutierrez's *The New Southern-Latino Table: Recipes That Bring Together the Bold and Beloved Flavors of Latin America and the American South* will take place Sept. 22 at The Umstead Hotel and Spa in Cary from

6-8 p.m. The event, hosted by UNC Press, is open to the public and will feature appetizers from the book. Gutierrez's website is www.sandraskitchenstudio.com.

Cantina South, a modern Mexican restaurant, will open this summer in the space formerly occupied by Bogart's in Raleigh's Glenwood South area. Owned by Kevin Summers, a former co-founder of Rocky Top Hospitality, the cantina will serve modern Mexican cuisine by Chef David Peraza and specialty margaritas with a selection of over 50 tequilas.

Durham Spirits Co., a cooking and mixology school, just opened in a historical house at the corner of Trinity Avenue and Elizabeth Street. The owner Katie Coleman, a culinary instructor at The Art Institute of Raleigh-Durham, plans to teach people how to cook in a kitchen similar to their own and focus on using local, seasonal ingredients. For more information or to see a full class schedule, go to www.durhamspiritscompany.com.

Little Hen, a farm-to-table restaurant, will open

this summer at 5160 Sunset Lake Road in Holly Springs. The restaurant is the dream of husband-and-wife team Regan and Dawn Stachler, who met at the French Culinary Institute in New York. In New York, Regan worked at Gramercy Tavern, while Dawn interned at Blue Hill, the farm-to-table mecca that he says is a model for Little Hen. The Stachlers' menus can be viewed at littlehenncc.com.

Other burger stand-outs include the **Bernie Burger**, named for Bernie Hanula, the founder of the venerable Player's Retreat on Oberlin Road at Hillsborough Street — and the more petite Gabby Burger, named for the PR's elfin French waitress in the old days.

Just opened downtown at the merger of Capital and Dawson Street, **Babylon** is Raleigh's first Moroccan restaurant. The new eatery and dance club, owned by Samad Hachby of Mosaic Wine et Lounge, offers spicy tagines, couscous and other North African specialties in a Byzantine-themed dining room and courtyard. Call for reservations: 919-838-8595.



Check out our new menu,
lots of new items and more!
All Natural and Organic Choices



Thank you Metro Readers for
voting us 1st Place: **BEST DELI**
eight years in a row!!

Cameron Village 919-828-1428
Morrisville 919-462-6191

Wake Forest
919-453-1250

Outside Dining Available

www.villagedeli.net



Thank You Metro Readers for
Voting Us 1st Place - Standing Ovation
for Best Fried Chicken

FAMOUS
Bojangles'

★ chicken 'n biscuits ★

Tri-Arc Food
Systems, Inc.

Cork Report

by Barbara Ensrud

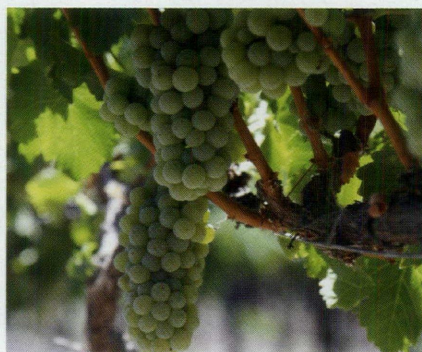


WHAT WINE DRINKERS WANT TO KNOW ABOUT SULFITES AND TANNIN

One of the questions I hear most frequently from consumers is: “Can you recommend wines without sulfites? They give me headaches.” This is a great misconception. Unless you are asthmatic — and rather severely so — sulfites are not the problem — and very unlikely to cause headaches. Here’s the scoop on sulfites:

1. Sulfur dioxide (SO₂, or sulfites) is a naturally occurring organic compound that acts as an antioxidant and anti-microbial to prevent spoilage and oxidation (browning) in fruits and (mostly white) wines.
2. Sulfur dioxide naturally occurs in minute quantities as a by-product of fermentation.
3. The human body itself creates up to 1000 milligrams of SO₂ daily.
4. White wines tend to contain slightly more SO₂ than red wines (which contain compounds such as tannins and quercetin that are naturally antioxidant), but all wines contain far less sulfur dioxide than they did two decades and more ago. Winery hygiene and technology are so much more advanced less is needed.
5. While today’s wines contain far less sulfur dioxide, there are certain wines that have perhaps the fewest: organic wines and the increasing number that are made from organically grown grapes. Among the organic wine brands that contain no added sulfites: Frey Vineyards, Badger Mountain, Cooper Vineyards (see more in box).

So what might be causing those headaches, or the reddening associated with rosacea? It could be several things — an allergy to alcohol or grapes, reaction to



the histamines in wine, especially red wine. There has been, regrettably, no serious research funded to find out. There is speculation about this, but nothing proven or conclusive has appeared that names the culprit.

TIME FOR INGREDIENT LABELING ON WINE?

Cheap wines (many, but certainly not all) may also contain some of the numerous other additives permitted for wine, such as color and flavor agents, stabilizers, preservatives, such as potassium sorbate, oak powder or extract — any of which might trigger an allergic reaction in those susceptible. But we cannot know which wineries make use of which additives because they are not required to disclose it.



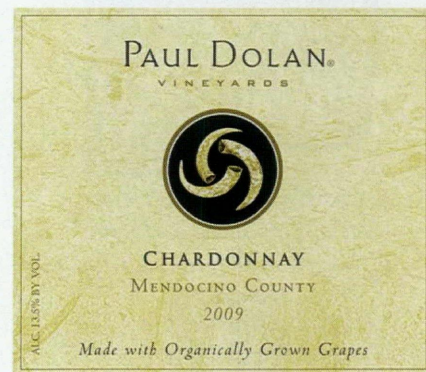
This is why I now believe we should have ingredient labeling for wine as we do for food and juices. I used to be absolutely against it — but that was before there was so much mass production, processing and industrialization of wine.

Traditionally, wine was made from the juice of crushed grapes, with yeast added

to enable the fermentation process. Spent yeasts, excess tannins and protein solids were filtered out or removed with clarifying agents — leaving a clear wine to drink or age. There were no ingredients to list.

There are still many wineries that use few, if any, such additives, notably biodynamic and organically grown wines. And there are plenty of honest winemakers who don’t need or wish to manipulate their wines.

The Bureau of Alcohol, Tobacco and Firearms and Explosives decreed in the 1980s that wine labels include “contains sulfites” — largely because of an SO₂ scare involving fruit and salad bars that were using much larger amounts in order to retard browning. There has been no recorded incident of wine causing such an allergic reaction, even for asthmatics.



Oh ... and the concentrates issue. Fruit juices must state on the label if they are made from concentrate. Wine labels should be required to disclose that as well. There are some wines — no way to know which or how many — made entirely or largely from concentrate — powders dehydrated from grape juice, sort of like wine Kool-Aid. Wouldn’t you like to know if that is the case? Juices made from concentrate still sell — but we have informed

choice about whether we want to buy them. We should have that same choice with wine.

Biodynamic and organically grown wines tend, on principle, to have reliably fewer sulfites than conventional wines. If you are looking for these wines, here are some labels available in the Triangle. Do note that more and more vineyards in the US and abroad are going organic, and it is usually noted on the label:

Benziger Family Wines, Sonoma
Bonterra, Mendocino
Château Bousquette Saint-Chinian,
 Languedoc
CUMA, Argentina
Frog's Leap, Napa Valley
Joseph Drouhin, Burgundy
Nicolas Joly, Loire Valley
Parducci, Mendocino
Paul Dolan, Mendocino
Quivira, Sonoma

WHAT ARE TANNINS — AND WHY ARE THEY IMPORTANT?

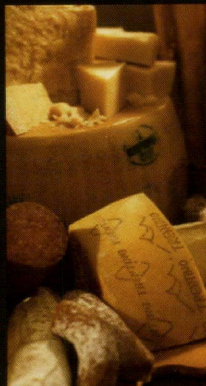
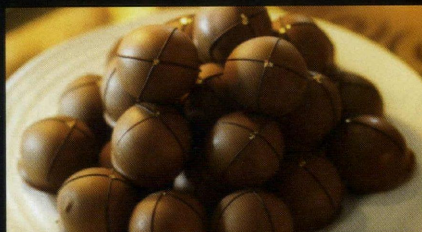
This is another question I frequently get. Tannin is an acid compound found in the skins, seeds and stems of grapes. It has that mouth-puckering effect, like when you get a piece of walnut or pecan shell — a rather intense taste — only to a lesser extent, which ripe fruit masks.

White wines have less of it because the juice is siphoned off the skins to ferment. Red wines are fermented with the seeds, and the skins, which also include the pigments that account for color. Tannin is important to red wines; it gives them structure, provides antioxidant properties — for instance, the potent antioxidant, quercetin.

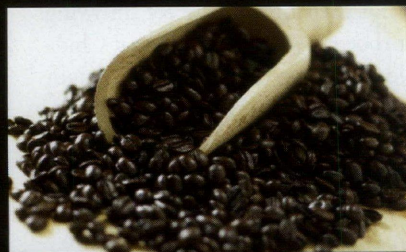
Some red grape varieties have more tannin than others. Cabernet sauvignon, syrah, even merlot contain more than pinot noir, cabernet franc, gamay and sangiovese. Higher tannins give more structure to the wine, supporting the flesh of fruit, providing the capacity for aging. As wines age, the tannins precipitate out as harmless sediment, making the wine softer and smoother. We'll talk more about this in an upcoming article. **MM**



A Southern Season® Locally Owned Since 1975



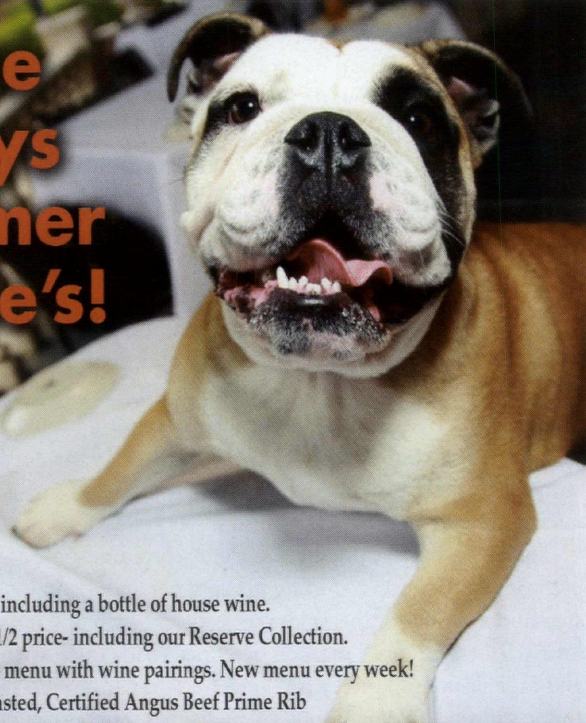
ONE OF THE
25
BEST
STORES IN
AMERICA*



201 S Estes Drive Chapel Hill | southernseason.com | 919-929-7133 | Open: 10-7, Fri 'til 9

*Retail Superstars: Inside The 25 Best Independent Stores in America 2009 by George Whalin

Enjoy the Dog Days of Summer at Vinnie's!



Weekly Features:

MONDAY: \$60 Dinner for two, including a bottle of house wine.

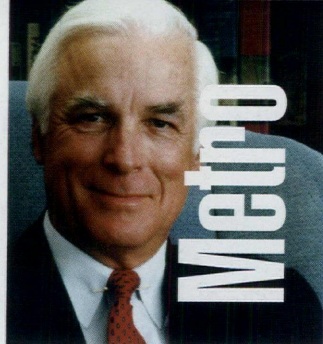
TUESDAY: All bottled wine is 1/2 price- including our Reserve Collection.

WEDNESDAY: \$35 Three-course menu with wine pairings. New menu every week!

FRIDAY & SATURDAY: Slow-Roasted, Certified Angus Beef Prime Rib

Vinnie's
 Steak House & Tavern

7440 Six Forks Rd. | 919-847-7319
www.vinniessteakhouse.com



Editor-at-Large

by Jim Leutze

AMERICA NEEDS TO PAY ATTENTION TO CHINA'S SPIRIT AND ENERGY

The British military historian John Keegan recalls that as a boy in 1944 he heard of stories of Americans coming to England in the thousands in their spiffy uniforms and jaunty jeeps. But then one day a line of lorries (trucks) passed filled with GIs who threw out that rare treat, handfuls of chocolate. It was then he decided that Hitler should be "very, very worried."

I just got back from China, and I think we should be very, very worried. It's not that the Chinese are throwing out chocolates. And it is not that China holds a portion of our debt and might at any time call to be paid (they won't). Nor is it that China is building a modern military — the subject of a later column. It is the spirit and the energy that virtually oozes out of the country and its citizens. This is a new China and anything is possible. You have a city — Shanghai — with a population of 23 million (New York has 8 million) and which covers 2717 square miles (New York covers 469 square miles) — and you need to move millions of them in and out of the city every day. What do you do?

You build roads, high speed rail, subways, a bus network, virtually all within 10 years and you move them in and out without the traffic problems of Paris (population 10 million). Their high-speed railroad link between Shanghai and Beijing opened this month. The distance is 850 miles, about the same distance between New York and Atlanta, but the Chinese train makes it in 5 hours versus the 15 hours for Amtrak. Responding to worries about air pollution and a growing demand for wood, the Chinese government requires everyone over 11 to plant three trees a year and embark on a tree-planting extravaganza planting more trees per year than the rest of the world combined. As for energy consumption, the Chinese are building the world's most advanced alternative energy products industry.

Forget your image of China as a gray communist monolith with everyone in Mao suits, spitting in the street and marching in lockstep under posters of their glorious leaders. Much of China is spotlessly clean with cities marked by parks, roads lined with flowers and capitalistic entrepreneurs selling everything from the latest electronic gadgets to Armani suits. Shanghai has more skyscrapers than any city in the world, many of them garishly outlined in neon. Every empty lot, it seems, is being prepared to house an office complex or apartment building. And since they plan to build 350 million housing units in the next 15 years, the boom has just begun.

What impressed me the most, aside from the dynamism, are

the thinking and planning behind what is going on. Obviously they believe that a modern country needs infrastructure, so they are building roads, high speed rail, airports, pipelines and seaports. Everywhere you look there are cranes and road beds being cleared. And they believe in education; in a recent 10-year period, the number of PhDs increased five-fold. They have more than 2000 insti-

tutions of higher learning with 20 million grads and undergrads. China currently turns out three times the number of engineers each year than the United States.

I don't want to give the impression that everything is rosy in China, and although we traveled thousands of miles there is a lot of China we did not see. There is still plenty of poverty, particularly in the rural parts of the country. There is air and water pollution and some awfully ugly industrial plants. And then there is their centralized command economy. Such economies can get things right and accomplish a lot in a

short time, but they are just as capable at getting things wrong — see Chairman Mao's Cultural Revolution — and the "one child" policy has created the unintended consequence of serious gender imbalance.

But right now I'm concerned that they have focused on a lot of the right things while we find ourselves in the throes of the worst partisan divide in over a century. Too much government can be bad, but the ideological argument that government per se is bad, and that taxes can never go up, is stupid beyond belief. Investment, government investment in job creation, education, infrastructure and environmental protection is vital to a 21st century economy. With the exception of environmental protection, where they need to do a much better job, the Chinese seem to have settled on this formula and are going to ride it to economic dominance. Unless we wake up soon, we won't even be second in 10 years.

I hope readers will be inclined to think about my basic argument: China is addressing how to build a modern economy through education and infrastructure development. Moreover, I mean to imply that we in this country are doing the very opposite — cutting education funding and neglecting our crumbling infrastructure. These are issues worthy of discussion, indeed they must be discussed. But instead the response I'll probably get is that I've been taken in by the "commies" and that I don't understand "American Exceptionalism" that exempts us from following any other country's lead.

Or maybe we are realizing the need to pay attention to China's success. **MM**



Shanghai

METRO PREVIEW

BY MAURY POOLE AND DAN REEVES

GALLERIES

EVENTS AT CAMERON ART MUSEUM: Wilmington. Contact 910-395-5999 or www.cameronartmuseum.com.

- MUSIC IN THE COURTYARD: Lisa and Galen, acoustic; Aug. 4 from 7-8 p.m.
- KIDS AT CAM: Aug. 20 from 12-3 p.m.
- JAZZ @ THE CAM SERIES: In partnership with the Cape Fear Jazz Society; September thru April 2012.
- LIFE DRAWING: Ongoing class with no instructor; Museum Reception Hall; Tuesdays 6-9 p.m.
- STATE OF THE ART/ART OF THE STATE: Hughes Wing exhibition; thru Oct. 30.
- FRITZI HUBER – A CIRCUS LIFE: Exhibition thru Aug. 21.
- CLYDE CONNELL – SWAMP SONGS: Thru Oct. 2
- TERRELL JAMES – FIELD STUDY: Exhibition thru Oct. 2

HILLSBOROUGH ARTS COUNCIL EVENTS: Hillsborough, Contact www.hillsborougharts.org.

- SCULPTURE TOUR: Outdoors; throughout Historic Downtown Hillsborough District; thru Sept. 30.

GALLERY C EVENTS: New location; 540 N. Blount St., Raleigh; Contact 919-828-3165 or www.galleryc.net.

- JAMES AUGUSTUS MCLEAN (1904-1989) A RETROSPECTIVE: Aug. 11-Sept. 21

CARY ART LOOP: Gallery opening receptions at various town facilities; Aug. 26 & Sept. 30. Contact 919-460-4963 or www.townofcary.org.

DURHAM ARTS COUNCIL EVENTS: Durham, Contact 919-560-2719 or online at



FLOWERING DREAMS PERFECTED: Work by Nancy Tuttle May on display at the ENO Gallery.

www.durhamarts.org.

- CIRCUS – COSTUME, PROP AND BAGGAGE: Cheryl Myrbo; Semans Gallery; Aug. 5-Sept. 25
- QUASI-BOTANICS: Charles Geiger; Allenton Gallery; Aug. 5-Sept. 25
- A CULTURAL LANDSCAPE – NC MOUN-



FLOURISH: Work by Charlotte Foust on display in the Natural Forms Exhibitions at Artsource.

TAIN COUNTIES: Artie Dixon; Ella Foundation Pratt Legacy Gallery; Aug. 5-Sept. 25

- LIFE THROUGH QUILTS: Works by the African-American Quilt Circle of Durham; Reception Aug. 20 from 5-7 p.m., exhibition Aug. 6-Oct. 3.
- PEOPLE YOU MAY KNOW: Contemporary Portraits; Oct. 8-Jan. 9.

EVENTS AT ROUNABOUT ART COLLECTIVE: Raleigh, Contact 919-747-9495 or www.roundaboutartcollective.com.

- MARY ANN SCHERR EXHIBITION: Designer, educator, goldsmith and jeweler; thru Aug. 31.
- EARTH, WIND, FIRE: Exhibit featuring artist Dan Dye (silver), Sarah Cawn (glass), Linda Marcuson (pottery), and Randy Marcuson (wood); reception Sept. 2 from 6-9 p.m., exhibition begins at 11 a.m.
- KALEIDOSCOPE: Art In The Eye of The Beholder; featured recent art by Anne Atkinson, Linda Marcuson and Yuko Taylor; enjoy food, drinks and live entertainment by Thomas Taylor Jazz Trio during reception; reception Sept. 23 at 6 p.m., exhibition begins at 11 a.m.

VISUAL ART EXCHANGE ASSOCIATION AND GALLERY EVENTS: Raleigh; Contact 919-828-7834 or www.visualartexchange.org.

- MJH GALLERY (UNITED ARTS COUNCIL) FEATURED ARTISTS: Eliza Campbell Kiser & Gabriella Corter; Aug. 5-26.
- 22ND ANNUAL N.E.W. SHOW: Never Exhibited Works; new location, 309 W. Martin St.; Sept. 2-29.
- EXCHANGE GALLERY FEATURED ARTISTS: Julia Clift, Gabriella Corter, Cat Manolis, Kevin McGoff and Garrett Scales; Sept. 2-29.
- SPARKCON: Celebrating creativity in the Triangle; Sept. 15-18.
- DUKE RALEIGH HOSPITAL FEATURED ARTIST: Lori White; thru Sept. 15.
- CAMERON VILLAGE LIBRARY FEATURED

ARTIST: Yuko Nogami Taylor; thru Sept. 15.

EVENTS AT LOCAL COLOR GALLERY: Raleigh; Contact 919-754-3887 or www.localcolorraleigh.com.

- HUMAN/NATURE: Featuring Fine Art "Hand-Colored Photographs" by Susan Jones and "Photography & Encaustic works" by E. Marie Robertson; Reception Aug. 5 from 6-9 p.m.; Exhibition Aug. 4-27.

EVENTS AT ARTSOURCE: Raleigh; Contact 919-787-9533 or online at www.artsourc Raleigh.com.

- PAINTING DEMONSTRATIONS WITH SUZZANE MORRIS: Aug. 20-21 from 1-5 p.m.
- WATERWAYS TO MY WORLD: Aug. 1-31

- "NATURAL FORMS": Recent work by two prolific NC artists whose works are focused on the use of color and form; Opening reception Sept. 23 from 7-9 p.m.; Exhibition Sept. 23-Oct. 23.

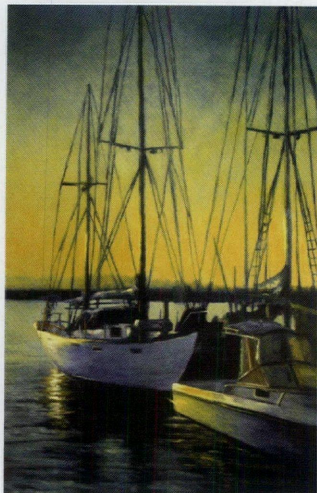
EVENTS AT ENO GALLERY: Hillsborough; Contact 919-883-1415 or www.enogallery.net.

- 35 YEARS OF INSPIRATION: A solo exhibition of new paintings by Nancy Tuttle May; thru Aug. 24.
- BEST IN THE WEST CLAY INVITATIONAL: An exhibition of new ceramic work by Akira Satake; thru Aug. 24.

2011 BACK DOOR KITCHEN TOUR ART UNVEILING: The Residents of Old Wilmington announce the unveiling of an original painting of



HYPNATION: By Charles Geiger on display at the Allenton Gallery during the Durham Arts Council exhibition.



WORK BY LORI WHITE: Hosted by Visual Art Exchange, Artist exhibit on display at Duke Raleigh Hospital.

local artist, Mary Ellen Golden, created especially for the 2011 BDKT; The Golden Gallery, Wilmington; Aug. 26 from 6-8 p.m., on display thru Sept. Contact 910-386-8955 or www.row-illington.com.

HILLSBOROUGH GALLERY OF ARTS EVENTS: Hillsborough, Contact 919-732-5001 or www.hillsboroughgallery.com.

- **FRUITS OF SUMMER:** Metal sculpture by Lynn Wartski, paintings by Marcy Lansman and fiber art by Katherine Nelson; Exhibition thru Aug. 21.

- **"HARMONIES":** Photography by Eric Saunders, furniture by O'Neal Jones, paintings by Eduardo Lapetina; Reception Aug. 26 from 6-9 p.m.; Exhibition thru Sept. 25.

CLASSICAL

EVENTS AT THE NC SYMPHONY: Meymandi Concert Hall, Raleigh; Contact 919-733-2750 or www.ncsymphony.org.

- **POPS IN THE CITY:** Free concert; downtown Raleigh; Sept. 4 at 7:30 p.m.
- **MOZART'S REQUIEM:** For 9/11, three powerful works of reflection; Meymandi Concert Hall; Sept. 8 & 10 at 8 p.m.
- **SCHUBERT'S "GREAT" SYMPHONY:** Southern Pines, Sept. 15 at 8 p.m.; Fayetteville, Sept. 16 at 8 p.m.; UNC-Wilmington, Sept. 17 at 8 p.m.; New Bern, Sept. 18 at 7:30 p.m.
- **BERNSTEIN ON BROADWAY:** West Side Story, Candide, On the Town and more; Meymandi Concert Hall; Sept. 23-24 at 8 p.m.
- **ROGÉ PLAYS POULENC AND MOZART:** Memorial Hall; Oct. 2 at 8 p.m.

RALEIGH CHAMBER MUSIC GUILD EVENTS: Raleigh; Contact 919-821-2030 or www.rcmg.org.

- **HARLEM QUARTET:** Sept. 11

POP MUSIC

EVENTS AT THE RBC CENTER: RALEIGH; <http://centerraleigh.com>.

- **BRITNEY SPEARS:** After years of ups and downs, the crowned princess of pop has returned. RBC Center Aug. 24. For more information visit www.centerraleigh.com.
- **BRUNO MARS:** Aug. 30 at 8 p.m.

EVENTS AT THE DURHAM PERFORMING ARTS CENTER: Durham; www.dpac.com

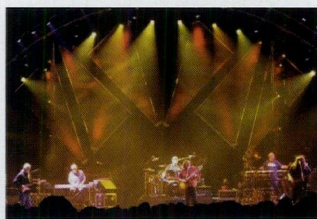
- **THE MONKEES:** Hey! Hey! We're the Monkees! The first band made for TV and merchandising to rival the Beatles have reunited. Sept. 1 at 7 p.m.
- **STEVE EARL:** Sept. 17 at 8 p.m.
- **EARTH WIND AND FIRE:** Sept. 18 at 7 p.m.
- **BLONDIE:** The angelic voice of new wave, Debbie Harry and the band still has the look and sound that kept them in the limelight for decades. September 21 at 8 p.m.
- **ELVIS COSTELLO:** Don't miss this rare opportunity to witness the songwriting genius of the worlds favorite bespectacled Irishman. Sept. 22 at 7 p.m.



Elvis Costello

EVENTS AT RALEIGH DOWNTOWN AMPHITHEATER: Raleigh; www.raleigh-amphitheater.com.

- **WIDESPREAD PANIC:** Southern fried jam band is bringing their 20 year career to a halt, playing more intimate venues for their dedicated fans on this, their alleged final tour. Sept. 23 and 24 at 8 p.m.
- **FLEET FOXES:** After major success from their second album, FF is back for more only a few months after a show in Raleigh. Sept. 21 at 8 p.m.
- **UMPHREY'S MCGEE and TOUBAB KREW:** Jam band beloved by the younger post Phish set sharing the bill with West African influenced rock and rollers. September 1 at 7 p.m.
- **WILCO:** Jeff Tweedy and the gang reach new heights every time they pick up their instruments or open their mouths. Look forward to an evening of truly genuine American rock. Sept. 27.

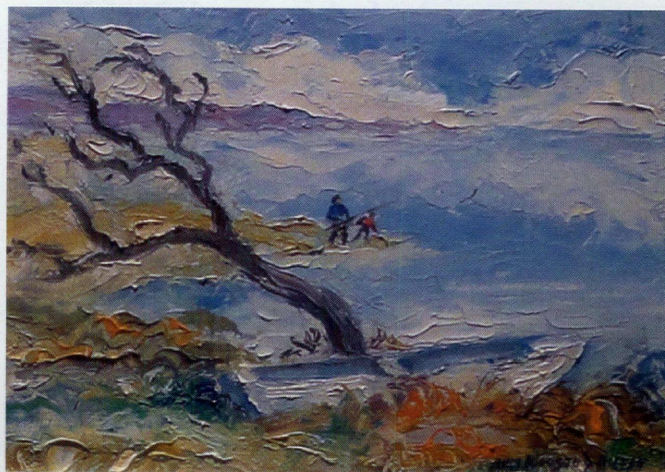


Widespread Panic

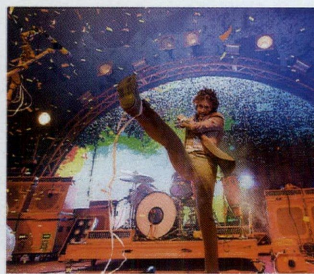
EVENTS AT KOKA BOOTH AMPHITHEATER: Cary; www.boothamphitheatre.com

- **STYX:** Sept. 16 at 7:30 p.m.
- **RAY LAMONTAGNE and THE PARISH DOGS:** Sept. 19 at 8 p.m.

EVENTS AT CATS CRADLE: Carrboro;



FISHERMAN: By James Augustus McLean on display at Gallery C during his Retrospective exhibition.



Flaming Lips

Contact www.catscradle.com

- **THE HOLD STEADY:** Aug. 31 at 9 p.m.
- **GHOSTLAND OBSERVATORY:** Sept. 9 at 8 p.m.
- **GIRLS:** Sept. 17 at 8 p.m.
- **CUT COPY, WASHED OUT and MID-**

NIGHT MAGIC: Sept. 27 at 8 p.m.

- **MEAT PUPPETS:** Sept. 20 at 8 p.m.

- **MEGAFAUN:** Sept. 22 at 9 p.m.

- **PERFORMING AT THE ARTS CENTER:**

Carrboro; <http://www.artscenterlive.org/>

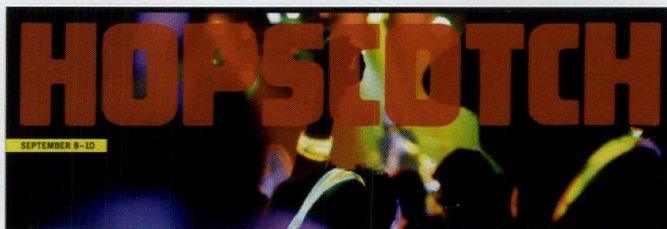
- **ADRIAN BELEW POWER TRIO:** Sept. 20

EVENTS AT KINGS ROYAL BARCADE: Raleigh; www.kingsbarcade.com

- **THE FELICE BROTHERS** Aug. 28
- **PICTURE PLANE** with **MOTOR SKILLS:** Aug. 30
- **KOOLEY HIGH** with **KING MEZ** and **DRIQUE LONDON:** Sept. 2 at 8 p.m.

EVENTS AT THE LINCOLN THEATER: Raleigh; www.lincolntheater.com

- **COREY SMITH** with **AMERICAN AQUARIUM:** Aug. 24 & 25 at 8 p.m.
- **GEORGE CLINTON AND PARLIAMENT FUNKADELIC:** September 2 at 8 p.m.



Hopscotch Returns!

The second annual Hopscotch Music Festival promises once again to turn Raleigh into a national hot spot signifying we take our music seriously around here.

This year's event is set to go off in downtown Raleigh Sept. 8-10, produced by Grayson Currin and Greg Lowenhaggen of the *Independent Weekly*, who have made their dream come true presenting this annual congregation of truly electrifying musical acts from the Triangle — and from around the country.

The festival will present nearly 100 bands — including The Flaming Lips, Guided by Voices, The Drive by Truckers and The Black Lips. All the bands will perform downtown at the Lincoln Theater, The Pour House, Berkley Café, and Fletcher Opera Hall.

Most of the acts are easily labeled as Indie or alternative, but I suggest checking out as many as possible and taking in all the different kinds of sounds being made by this generation of music makers. You will find anything and everything from hip hop, electronic, pop rock, punk, psychedelic and more.

Go to www.hopscotchmusicfest.com for tickets and information.

— Daniel MacQuarrie Reeves

- BUCKETHEAD: Sept. 12 at 8 p.m.
- OKERVIL RIVER: Sept. 13 at 8 p.m.
- THE ARISTOCRATS FEATURING GUTHRIE GOVAN with ANDY WOOD: Sept. 24 at 8 p.m.

LEROY POWELL and the MESSENGERS, KID ROCK, and SHERYLL CROW: Aug. 25 at 7 p.m. Time Warner Cable Music Pavilion at Walnut Creek. Raleigh; www.livenation.com

HOPSCOTCH MUSIC FESTIVAL: Sept. 8-10. Downtown Raleigh, various artists and locations; www.hopscotchmusic-fest.com/bands/ (See sidebar for more information)

BASS NECTAR: Electronica at its finest: Disco Rodeo; Raleigh Sept. 22. 8 p.m.

STAGE & SCREEN

THE PORCH THEATRE EVENTS: Wilmington; Contact 910-232-6611 or www.porchtheatre.com.

- A PIRATES REVENGE DINNER THEATRE: Aug. 11, 18 & Sept. 1 at 6:30 p.m.
- CLUE COMEDY DINNER THEATRE: Sept. 8, 15, 22 & 29 at 6:30 p.m.

CAROLINA BALLET EVENTS: Raleigh, Contact 919-719-0900 or www.carolinaballet.com.

- BLACK AND WHITE SWAN: Sept. 15-Oct. 2
- DRACULA: The Masque of the Red Death; Oct. 13-30

EVENTS AT KOKA BOOTH AMPHITHEATRE: Cary; Contact 919-462-2052 or online at www.boothamphitheatre.com.

- BEER-BOURBON- BBQ FESTIVAL: Aug. 5 & 6
- DEATH CAB FOR CUTIE: Aug. 8
- MOVIES BY MOONLIGHT: *Outsourced*; Aug. 18
- A MIDSUMMER NIGHT'S DREAM: Aug. 25-28
- MOVIES BY MOONLIGHT: *Rebel Without A Cause*; Sept. 1
- MOVIES BY MOONLIGHT: *True Grit*; Sept. 8
- STYX: Sept. 16
- RAY LAMONTAGNE AND THE PARIAS DOGS WITH GUEST BRANDI CARLILE: Sept. 19
- SERENITY GIRLZ: Presenting the Fall Foliage Bonanza Concert; Oct. 2



EQUESTRIAN PORTRAIT: NC Museum of Art exhibition, 30 Americans, highlighting the work of 31 contemporary African-American artists.

PLAYMAKERS REPERTORY COMPANY EVENTS: Chapel Hill, Contact 919-962-7529 or www.playmakersrep.org.

- "IN THE NEXT ROOM (OR THE VIBRATOR PLAY)": By Sarah Ruhl; Sept. 21-Oct. 9.

PROGRESS ENERGY CENTER FOR THE PERFORMING ARTS EVENTS: Raleigh; Contact 919-831-6060 or www.progressenergycenter.com.

- AMERICAN POP LEGENDS: Featuring Ben E. King; Aug. 6 at 8 p.m.
- VIOLET: Hot Summer Nights at the Kennedy; Aug. 18-28
- CHRISTOPHER CROSS: Carolina Entertainment Partners; Aug. 20
- PRESENTING KAREN DEAR AND FRIENDS: A Night in Opera & Sacred Classical; Aug. 27
- OH WHAT A NIGHT!: Hot Summer Nights at the Kennedy; Aug. 31-Sept. 1

- HOPSCOTCH MUSIC FESTIVAL: Sept. 8-11
- CESAR MILLAN: Oct. 1

DURHAM PERFORMING ARTS CENTER EVENTS: Durham, Contact 919-680-2787 or www.dpacnc.com.

- DOLLY PARTON: Aug. 2
- STEELY DAN: Aug. 4
- MAZE FEATURING FRANKIE BEVERLY: Aug. 19
- THE MONKEES: Sept. 1
- RON WHITE: Sept. 10
- STEVE EARLE: Sept. 17
- EARTH, WIND AND FIRE: Sept. 18
- BLONDIE: Sept. 21
- ELVIS COSTELLO AND THE IMPOSTERS: Sept. 22
- COME FLY AWAY: Sept. 27-Oct. 2
- PETER FRAMPTON: Oct. 5

DUKE PERFORMANCES EVENTS: Music in the Gardens Series; Sarah P. Duke Gardens, Durham. Contact 919-660-3348 or online at www.dukeperformances.org.

- JOAN SORIANO: Sept. 23 at 8 p.m.
- CIOMPI QUARTET CONCERT NO. 1: Sept. 24 at 8 p.m.
- CIOMPI QUARTET LUNCHTIME CLASSICS NO. 1: Sept. 27 at 12 p.m.
- ZAKIR HUSSAIN AND RAKESH CHAURASIA: Performing Sept. 30 at 8 p.m.
- ORION STRING QUARTET & WINDSCAPE: Oct. 1 at 8 p.m.

MUSEUMS

CONTEMPORARY ART MUSEUM EVENTS: Raleigh, Contact 919-513-0946 or www.camraleigh.org.

- HOLD ON, LOOSELY: Dan Steinhilber exhibition; showing thru Aug. 22.
- REBECCA WARD: Exhibition; thru Oct. 31.

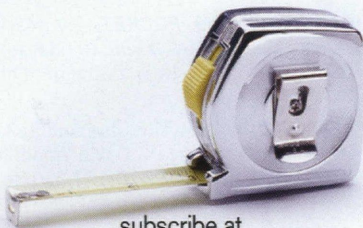
EVENTS OF THE NC MUSEUM OF HISTORY: Raleigh, Contact 919-807-7943 or www.ncmuseumofhistory.org.

- CHEROKEE CARVERS: TRADITION RENEWED; Exhibit open Aug. 5.
- TIME FOR TOTS!: We All Scream For IceCream!; Aug. 9 from

Other magazines just don't measure up!

Metro Magazine is your best source for:

- News and Events
- Feature stories that affect your life
- Style and Fashion trends
- Art news
- Design trends
- What to read and where to eat



subscribe at

919-831-0999
www.metroinc.com

September is
Ovarian Cancer
Awareness Month

9th Annual
Gail Parkins Memorial
**Ovarian Cancer Walk
& 5k Run**

Sept. 17th

5k Run at 8:00am • Walk at 10:30am
Sanderson High School

Register or donate at www.OvarianAwareness.org

Proceeds benefit the GYN
Oncology Programs of the

DUKE CANCER INSTITUTE

A National Cancer Institute-designated Comprehensive Cancer Center

METRO PREVIEW

10-10:45 a.m.

- **HISTORY CORNER:** Beacons of Light; Aug. 10 from 10-11 a.m.
- **HISTORY HUNTERS:** The Story of North Carolina; Aug. 10 from 10-11 a.m.
- **2nd SATURDAYS:** New Salem Pottery; Aug. 13 from 11-3 p.m.
- **MAKE IT, TAKE IT, DECORATE IT!:** Aug. 13 from 11 a.m.-3 p.m.
- **HISTORY À LA CARTE:** The House that Solomon Built; Aug. 17 from 12-10-1 p.m.
- **NC MUSEUM OF ART EVENTS:** Raleigh, Contact 919-839-6262 or visit www.ncartmuseum.org.
- **REMBRANDT IN AMERICA:** Oct. 30-January 2012
- **2011 ARTS IN THE MUSEUM PARK SUMMER SERIES:** Scheduled outdoor concerts and movies, acts include Bela Fleck and The Fleckstones, Beausoleil, Iris Dement, Leo Kottke and many more; Joseph M. Bryan Jr. Theater; thru Sept. 17.
- **30 AMERICANS:** Exhibit thru Sept. 4.
- **LANDSCAPE SUBLIME: CONTEMPORARY PHOTOGRAPHY:** Thru Nov. 13
- **MIRROR IMAGE: WOMEN PORTRAYING WOMEN:** Exhibit thru Nov. 27.
- **JOHN JAMES AUDUBON'S: THE BIRDS OF AMERICA:** Ongoing

MARBLES KIDS MUSEUM EVENTS: Raleigh, Contact 919-834-4040 or visit www.marbleskidsmuseum.org.

- **THE HOME DEPOT KIDS WORKSHOP:** Aug. 13 from 10 a.m.-12 p.m.
- **TARGET \$2 TUESDAY NIGHT:** Aug. 16 from 5-8 p.m.
- **GARDEN GOURMET:** Super Scrumptious Salsa!; Aug. 17 from 10-11 a.m.
- **SING! DANCE! PLAY!:** Aug. 17 from 3:30-4 p.m.
- **KICK-OFF TO KINDERGARTEN:** Aug. 20 from 9 a.m.-5 p.m.
- **HOW DO CHILDREN LEARN AND GROW?:** Duke University Child Learning Lab Study with your child; available select Fridays in August.

RALEIGH CITY MUSEUM EVENTS: Raleigh; Contact 919-832-3775 or www.raleighcitymuseum.org.

- **PIEDMONT, POTTERY AND POWER:** A cultural glance into Native Americans of NC; Aug. 13 from 1-4 p.m.

- **THE CIVIL WAR IN RALEIGH:** Aug. 20 from 1-4 p.m.
- **RALEIGH'S CITY FLAG — LOST AND FOUND:** Opening reception Sept 2 from 6-9 p.m.

MUSEUM OF NATURAL SCIENCE EVENTS: Raleigh; Contact 919-733-7450 or www.naturalsciences.org.

- **OUR EXPANDING OCEANS: THE BLENDING OF ART AND SCIENCE:** Thru Nov. 6.
- **SCIENCE CAFÉ:** Up In Smoke; Aug. 16 from 6:30-8:30 p.m.
- **WALK THROUGH THE SEASONS:** Summer Walk; Aug. 23 from 9-10:30 a.m.
- **PIGEONS:** Portraits and Narratives, work by Matt Zigler; exhibit thru Aug 28
- **SCIENCE SATURDAYS:** Sept. 3 from 11 a.m.-12 p.m.
- **POLLINATORS ON PARADE WORKSHOP:** Sept. 9 from 9 a.m.-1 p.m.
- **LIFELONG HIKE — AMERICAN TOBACCO TRAIL:** Sept. 14 from 8:30 a.m.-4:30 p.m.
- **MOUNTAIN WEEKEND AT PARI:** Sept. 16 at 10 a.m. thru Sept. 18 at 6 p.m.
- **PLANT PROPOGATION:** Fall Woody Stem Cuttings; Sept. 17 session 1, Sept. 24 session 2.
- **SCIENCE SATURDAYS — HUMAN POWER:** The Physiology of Wearable Robotics; Oct. 1 from 11 a.m.-12 p.m.
- **EDUCATOR TREK:** Scuppernong Float; Sept. 30 at 4 p.m. thru Oct. 2 at 6 p.m.

EVENTS AT THE NCSU GREGG MUSEUM OF ART AND DESIGN: Raleigh, Contact 919-513-7244 or online at www.ncsu.edu/gregg.

- **THEN ... ABSENCE: AFTER KATRINA IN THE LOWER NINTH WARD:** Photography; thru Aug. 13.
- **RENALDO IN THE LAND OF ROCATERRANIA:** Thru Sept. 3

CAPE FEAR MUSEUM OF HISTORY AND SCIENCE EVENTS: Wilmington, Contact 910-798-4367 or www.capefear-museum.com.

- **LEARNING CENTER:** Dynamic Dinosaurs; Aug. 6, 13, 20, 27 from 1-4 p.m.
- **STAR LIGHT, STAR BRIGHT:** Cape Fear Skies; Aug. 21 at 1:30, 2:30 & 3:30 p.m.

- **LEARNING CENTER:** Ocean Adventures; Sept. 3, 10, 17 & 24 from 1-4 p.m.
- **MUSEUM CARTS:** Handle artifacts, conduct experiments and play fun game; Sept. 4 from 1-3 p.m.
- **SOLAR SYSTEM:** Cape Fear Skies; Sept. 18 at 1:30, 2:30 & 3:30 p.m.
- **CAPE FEAR 101 — STORIES FROM THE SAVANNAH:** Sept. 20 from 6:30- 8:30 p.m.
- **SCHOOL FIELD TRIPS:** K-12, 10 or more students; Sept. 6 thru May 25, 2012.
- **MUSEUM OUTREACH PROGRAMS:** K-5; year-round
- **MUSEUM KITS:** K-5; year-round

POTPOURRI

SOLEMATES FOUNDATION LAUNCHED: Mark Saad, (Kinder Soles founder), partnered with Chris Bingham, (president of Riley Life Logistics) to launch NC-based SoleMates Foundation, a new nonprofit organizations aimed to increase awareness and raise funds to help the "footwear shortage movement" in the US. Contact <http://solematesfoundation.org>.

DONATE AND DELIVER: Hosted by Kinder Soles, the shoe drive's goal is to collect 2500 pairs of shoes and donations that will go directly to the new SoleMates Foundation to help their cause; Raleigh; Aug. 4-Sept. 1. Call 919-277-1158 or www.kinder-soles.com.

18TH ANNUAL FRANK LISKE PARK POWWOW: Sponsored by The Cabarrus Powwow Association; Frank Liske Park, Concord; Aug. 19-20. Contact 704-786-5705 or online at www.frankliskepowwow.webs.com.

BRIDES AGAINST BREAST CANCER NATIONWIDE TOUR OF GOWNS: Making Memories Breast Cancer Foundation has kicked off this tour and charity wedding gown sale; The Sheraton Raleigh Hotel; Aug. 19-20. Contact online at www.bridesagainstbreastcancer.org.

CHARITY FOR CLARITY: VonZipper Optical and Physicians for Peace will travel to the Philippines to help give the gift of sight



TRANSFORM Your Business

Dedicated to unparalleled service coupled with a diverse product line that continues to evolve as new, state-of-the-art products emerge.

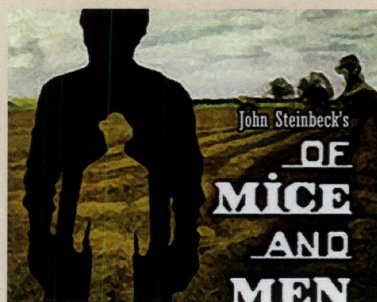
8701 Brickell Ave
Raleigh NC
(919) 781-8885
www.copycei.com

CEI
THE DIGITAL OFFICE
www.copycei.com

THEATER IN THE PARK

THEATRE IN THE PARK EVENTS: Raleigh. Contact 919-831-6936 or online at www.theatreinthepark.com.

OF MICE AND MEN: By John Steinbeck and directed by Jesse R. Gephart; Aug. 19-20, 25-27 and Sept 2-3 at 7:30 p.m., Aug 21, 28 and Sept 4 at 3 p.m.



A CHRISTMAS CAROL: Returning Ira David Wood III; Dec. 3-4 at DPAC, Dec. 8-14 at Memorial Auditorium

STONES IN HIS POCKET: By Maria Jones, directed by David Henderson; Feb. 3-4, 9-11, 17-18 at 7:30 p.m., Feb. 5, 12, and 19 at 3 p.m.

LEAVING IOWA: By Tim Clue and Spike Manton, directed by Ira David Wood III; April 13-14, 19-21, 27-28 at 7:30 p.m., April 15, 22, and 29 at 3 p.m.

CAT ON A HOT TIN ROOF: By Tennessee Williams, directed by Ira David Wood III; June 8-9, 14-16, 22-23 at 7:30 p.m., June 10, 17 and 24 at 3 p.m.

to those struggling with visual impairments and eye disease. As part of VonZipper's Charity for Clarity, this weeklong mission trip will also benefit the Physicians for Peace Seeing Clearly program. Contact www.physiciansforpeace.org.

EVENTS AT NORTH HILLS: Raleigh; Call 919-833-7755 or www.northhillsraleigh.com.

- **MIDTOWN FARMERS' MARKET:** Saturdays from 8 a.m.-12 p.m. thru Nov. 19.
- **MIDTOWN MUSIC CONCERT SERIES:** Thursdays from 6-9 p.m. thru Aug. 25.
- **NORTH HILLS KIDS:** Mondays, Tuesdays, Wednesdays and Fridays from 9 a.m.-1 p.m. thru September.
- **EMERGING ARTISTS:** Friday nights thru Aug. 26.

EVENTS AT TRYON PALACE: New Bern; Call 800-767-1560 or www.tryonpalace.org.

- **PREVIEW - THE CAROLINIAN SHAKESPEARE FESTIVAL:** Preview - Othello; Aug. 4 at 7 p.m.
- **CAROLINIAN SHAKESPEARE FESTIVAL:** Presentation of Othello; Aug. 5, 6, 12, 13, 19, 20 at 8 p.m., Aug. 7, 13, 14, 21 at 2 p.m., Aug. 11, 18 at 7 p.m.
- **TRYON'S TALES FOR TOTS:** Let's Make Music; Aug. 10 from 10-11 a.m.
- **2ND SATURDAYS:** The Bard of Avon; Aug. 13 from 9 a.m.-5 p.m.
- **GARDEN LECTURE SERIES:** "Bringing Bits of Eden to the South"; Aug. 20 at 10 a.m.
- **AFRICAN-AMERICAN HISTORIC DOWNTOWN WALKING TOUR:** Aug. 21 & Sept. 18 at 2 p.m.
- **STANLY-SPAIGHT DUEL:** New Bern Academy Green; Sept. 5 at 4 p.m.
- **TRYON'S TALES FOR TOTS:** Fall Harvest; Sept. 14 from 10-11 a.m.
- **AFRICAN-AMERICAN LECTURE SERIES:** "The Spirit of Fredrick Douglass" with guest Speaker Michael E. Crutcher Sr.; Sept. 15 at 7 p.m.
- **CONSTITUTION DAY:** Sept. 17 from 9:30 a.m.-3:30 p.m.
- **TRYON PALACE THEATER:** WHIT presents "The Monkey's Paw," Oct. 1 at 1 p.m.

EVENTS AT OAKDALE CEMETERY: Wilmington; Contact 910-726-5682.

- **SUMMER HISTORICAL WALKING TOUR:** Aug. 20 & Sept. 17 from 10 a.m.-12 p.m.
- **HOW TO CARE FOR YOUR GRAVESITE MONUMENTS:** Workshop with Eric Kozen, Executive Director of Oakdale Cemetery; Oct. 15.

GHOSTS OF NEW BERN SUMMER TOUR: Walking "ghost" tours of the downtown Historic District; tour begin at Morgan's Tavern & Grill, New Bern; Wednesday-Sunday at 7:30 p.m. and 8:30 p.m. thru August. Contact 252-571-4766 or www.ghostsofnewbern.com.

TOWN OF CARY EVENTS: Cary; Contact 919-496-4000 or www.townofcary.org.

- **RUN FOR LIFE 5K:** WakeMed Soccer Park; Aug. 27
- **LAZY DAZE ART & CRAFTS FESTIVAL:** Streets of Cary; Aug. 27
- **WOLFPACK XC INVITATIONAL:** College and High school races; WakeMed Soccer Park; Sept. 16-17
- **DUKE COLLEGIATE INVITATIONAL:** Cary Tennis Park; Sept. 16-18
- **KIDS TOGETHER FAMILY FUN & FITNESS WALK:** Marla Dorrel Park; Sept. 24
- **3rd ANNUAL CARY CARIBBEAN FESTIVAL:** Sept. 24
- **GREAT AMERICAN CROSS COUNTRY INVITATIONAL:** WakeMed Soccer Park; Sept. 30-Oct. 1

6th ANNUAL BACK DOOR KITCHEN TOUR: Held by the Residents of Old Wilmington during Riverfest Weekend, nine kitchens will be featured in homes within the Historic District; Wilmington; Oct. 8 from 12-5 p.m. Contact 910-386-8955 or www.rowilmington.com.

FCA BASKETBALL CLINIC: Raleigh, St. David's School; Aug. 27. Contact 919-848-4646 or www.triangleFCA.org.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Maury Poole, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or e-mail: maurypoole@gmail.com.

SATURDAY, OCTOBER 1, 2011

North Carolina Museum of Natural Sciences
11 West Jones Street, Downtown Raleigh

THE 2011 PRIMLEY BALL

THE ART of SCIENCE

OPEN BAR, DINNER, DESSERT AND DANCING

Talk with artist Mary Edna Fraser and scientist Orrin Pilkey, creators of the special exhibit *Our Expanding Oceans*.

To purchase tickets or for more information visit naturalsciences.org or call 919.733.7450 x303.

Exhibit open through Nov. 6.

NCS NORTH CAROLINA SYMPHONY

11/12 SEASON HIGHLIGHTS

MOZART'S REQUIEM

SEPT 8-10, 2011

BERNSTEIN ON BROADWAY

SEPT 23-24, 2011

TCHAIKOVSKY'S FIFTH SYMPHONY

OCT 13-15, 2011

HOLIDAY POPS: A CAROLINA CHRISTMAS

NOV 25-26, 2011

ART GARFUNKEL

MAR 2-3, 2012

CARMINA BURANA

MAY 11-12, 2012

and More!

Guarantee Your Seat

Series Subscriptions Available Now

Tickets on Sale NOW

BOLD. EXHILARATING. ROMANTIC. POWERFUL.

ncsymphony.org | 919.733.2750
ticketmaster.com | 800.745.3000

RESTAURANT GUIDE

RALEIGH/CARY

18 SEABOARD — 18 Seaboard Avenue, Suite 100 Raleigh. 861-4318. www.18seaboard.com. Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff's warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

42ND STREET OYSTER BAR — 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

518 WEST ITALIAN CAFÉ — 518 West Jones Street, Raleigh. 829-2518. www.518west.com. Named "Best Italian Restaurant in the Triangle" five years in a row, 518 West serves Italian and Mediterranean cuisine with a modern, healthy twist.

AN — 2800 Renaissance Park Place, Cary. 677-9229. www.ancuisines.com. Chef Michael Chuong showcases his signature "New World" cuisine, an elegant blend of Southeast Asian flavors and European influences. Voted Best New Restaurant in 2007 by *Metro Magazine* & *Cary Magazine*, Best Appetizers in 2008 by *Metro Magazine*. Lunch Mon-Fri and Dinner Mon-Sat.

THE ANGUS BARN — 9401 Glenwood Avenue, Raleigh. 781-2444. www.angusbarn.com. The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals — hospitality, attractive atmosphere, and value have remained the same.

BELLA MONICA — 3121-103 Edwards Mill Rd., Raleigh. 881-9778. www.bellamonica.com. Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch* & *AOL Cityguide*. *Wine Spectator* Award of Excellence.

BLOOMSBURY BISTRO — 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running. Best Chef and Best Waitstaff 2006 *MetroBravo!* Awards.

BONEFISH GRILL — 4421-112 Six Forks Rd., Raleigh. 782-5127. Specializing in market fresh fish and seafood cooked over a wood-burning grill. Eight or more fresh fish selections daily, paired with original toppings. ½ price appetizers from 9 p.m.-10 p.m. every night. Live music Thursday nights from 9 p.m.-11 p.m. Bar and outdoor patio dining available. Located at North Hills. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-10 p.m.

CAFÉ TIRAMISU — 6196-120 Falls of Neuse Rd., Raleigh. 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best.

COQUETTE BRASSERIE — 4351-119 The Circle at North Hills, Raleigh. 789-0606. www.coquetteraleigh.com. Raleigh's first authentic French Brasserie featuring traditional fare, an exclusive French wine list and the best beers and classic French cocktails. Open air restaurant made



possible by giant doors that open when the weather is just right. Mon-Thurs: 11 a.m.-10 p.m., Fri-Sat: 11 a.m.-11 p.m., Sun: 10 a.m.-10 p.m.

EL RODEO GRILL — 7420 Six Forks Rd., Raleigh. 919-844-6330. www.elrodeogrill.com. Inspired by the bold flavors of Tex-Mex fare and the vibrant culture of Mexico, enjoy our favorite fajitas and stuffed Chile Rellenos. Or for a higher degree of authenticity, try our Michoacan-style Carnitas and a Mexico-City style Steak Tacos special. Signature margaritas and refreshing beers make for a perfect compliment to this twist on traditional Mexican dining.

FAI THAI — 222 S. Blount St., Raleigh. 919.838.0085. www.fai-thai-raleigh.com. In the heart of downtown Raleigh, Fai Thai is Chef William D'Auvray's inspired take on rustic and traditional Thai comfort food, made with the freshest ingredients and grilled and slow roasted over coconut and mangrove wood.

FIREBIRDS ROCKY MOUNTAIN GRILL — 4350-118 Lassiter at North Hills Ave., Raleigh. 788-8778. A unique style of american cuisine that originated in Aspen Colorado. Open-flame grilled steaks, herb roasted prime rib, fresh seafood, hearty pasta, awesome burgers and giant salads served in a cozy, comfortable setting. Bar and outdoor patio seating available. M - Th: 11 a.m. - 10 p.m., F-Sat: 11 a.m. - 11 p.m., Sun: 11 a.m. - 10 p.m.

THE FLYING BISCUIT CAFE — 2016 Clark Ave., Raleigh. 833-6924. Online at www.flyingbiscuit.com and www.raleighbiscuit.com. Serving breakfast all day and hearty entrées, sandwiches and salads for lunch and dinner; this Cameron Village restaurant also boasts a full bar. Open 7 a.m. until 10 p.m. daily.

GLENWOOD GRILL — Oberlin@Glenwood, Raleigh. 919.782.3102. The longtime favorite in the Triangle, five-time *MetroBravo* winner for Power Lunch. Head Chef John Wright continues to discover new takes on Contemporary Southern. Now offering even More for Less: \$50 Dinner for Two, Mon-Thurs. Appetizer or salad to share, two entrees, dessert to share and a bottle of wine. For lunch, Monday-Friday: Two for \$12: Choose appetizer or salad with Main Course. Available for private parties on Sundays. Visit us

at glenwoodgrill.com.

GLOBE — 510 Glenwood Avenue Suite 103, Raleigh. 836-1811. Chefs Heath Holloman (co-owner) and Gray Modlin present a menu influenced by cuisines from all over the GLOBE, with their own twists. Choose a wine from the comprehensive list or have Henry Burgess (co-owner/sommelier) assist in a selection that will pair well with your food. "GLOBE...come taste a world of difference!"

GRAVY — 135 S. Wilmington St., Raleigh. 919.896.8513. www.gravyraleigh.com. Ask any Italian-American what 'gravy' is, and they'll tell you it's the pasta sauce their mothers and grandmothers cooked fresh every night. At Gravy, we use that beloved gravy to put a modern spin on classic Italian-American dishes.

HOT POINT CAFE — 4209-136 Lassiter Mill Rd., Raleigh. 788-8240. A contemporary american café known as Midtown Raleigh's "neighborhood café" serving traditional breakfast and Mediterranean-influenced lunch and dinner. Famous for their California-style pizzas, sandwiches and house-baked focaccia. Wine and beer served. Outdoor patio dining available. Located at North Hills. M-Th: 7 a.m.-9 p.m., Fri: 7 a.m.-10 p.m., Sat: 8 a.m.-10 p.m., Sun: 8 a.m.-9 p.m.

IRREGARDLESS CAFÉ — 901 West Morgan Street, Raleigh 833-8898. www.irregardless.com. Authentic Raleigh experience since 1975. Award winning, hand-crafted meals which respect the environment. Live music nightly! Casual fine dining with unique wines & beers. Open Lunch, Dinner, Sun. Brunch. Catering available.

JIBARRA RESTAURANT — 327-102 West Davie Street, Raleigh. www.jibarra.net. 755-0556. Housed in historic Depot building in the warehouse district, this upscale Mexican restaurant couples indigenous ingredients with modern techniques and sensibilities elevating timeless recipes. Blending contemporary and Mexican style, the energetic atmosphere is dominated by a sleek tequila tower showcasing an array of premium, 100 percent blue agave spirits. Creative margaritas and an emphasized Spanish and Latin American wine list available.

MIDTOWN & BAR 115 — 4421-115 Six Forks

Road, Raleigh. 782-WINE. www.midtownandbar115.com. Recognized as one of the "Best Places for a Power Lunch," by *Metro Magazine*, Midtown offers the experience of a New York bistro and bar in the heart of Raleigh's new midtown. Enjoy metropolitan cuisine and distinctive wines served by a professional wait staff. Lunch and Dinner Mon-Sat. Bar 115 open until midnight Thurs-Sat.

THE MINT RESTAURANT — 219 Fayetteville St., Raleigh. 821-0011. www.themintrestaurant.com. Mon-Thurs. 5-9p.m.; Fri. and Sat. 5-10p.m. The Mint in downtown Raleigh offers contemporary fine southern dining with global influences. Culinary Director Christopher Hyton presents new and exciting culinary combinations paired with The Mint's unflappable service standards.

THE MORNING TIMES — 10 E. Hargett St., Raleigh. 919.836.1204. www.morningtimes-raleigh.com. The first daily stop for many downtown dwellers and commuters serving local Counter Culture brews, along with bagels, biscuit sandwiches, pastries and more.

NOFO MARKET AND CAFE — 2014 Fairview Road, Raleigh. 821-1240. Cafe, bar and deck seating. Award-winning salads, soups, sandwiches and entrees. "Best Brunch," "Best Eggs Benedict," "Best Bloody Mary," *Metro Magazine*. Private dining available in the Balcony at the Pig. Lunch M-F, Brunch Sat & Sun, Dinner Tues-Sat.

THE PIT AUTHENTIC BARBECUE — 328 W. Davie St., Raleigh. 919.890.4500. www.thepit-raleigh.com. Proudly serving authentic whole-hog, pit-cooked barbecue in downtown Raleigh's warehouse district, The Pit celebrates the great culinary offerings of the Old North State, making it a destination for the state's signature cuisine.

THE RALEIGH TIMES BAR — 14 E. Hargett St., Raleigh. 919.833.0999. www.raleightimesbar.com. This timeless watering hole in the old Raleigh Times building in downtown is known for its classic bar fare favorites, such as barbecue pork nachos and PBR-battered fish and chips, and an inventive drink menu and extensive beer selection.

RUTH'S CHRIS STEAK HOUSE — 4381-100

Lassiter at North Hills Ave., Raleigh. (919) 791-1103. New Orleans-inspired appetizers, aged USDA Prime steaks, fresh seafood, signature side dishes and homemade desserts served with genuine hospitality. Among the most distinctive dining destinations in the area. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-9 p.m.

SECOND EMPIRE RESTAURANT & TAVERN — 330 Hillsborough St., Raleigh. 829-3663. Visit online at www.seconddempire.com. Award winning cuisine in two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs in the Tavern and Atrium enjoy a lighter fare menu and cozy atmosphere. AAA Four Diamond, DiRoNA Award, Wine Spectator Award.

SHERATON RALEIGH HOTEL — The Grove Café - 421 South Salisbury Street, Raleigh. 834-9900. Located on second floor of the Sheraton Raleigh Hotel, serving Breakfast, Lunch, and Dinner in an open atrium atmosphere. The cuisine is American Continental, serving a daily Breakfast & Lunch Buffet, and a complete menu for all day dining. Also enjoy live entertainment on Wednesday nights in The Bar.

SITTI — 137 S. Wilmington St., Raleigh. 919.239.4070, www.sitti-raleigh.com. The most beloved figure in any Lebanese family is the grandmother, or sitti. At Sitti, in downtown Raleigh, we honor those ancestors by carrying on the Lebanese tradition of welcoming guests with delicious food and endless hospitality.

SULLIVAN'S STEAKHOUSE — 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

TROPICAL SMOOTHIE CAFÉ — 1028 Oberlin Rd., Raleigh. 755-2222. www.tropicalsmoothie-cafe.com. Tropical Smoothie Café is more than just great tasting smoothies. Keeping in line with the great taste and high quality that Tropical Smoothie is known for, we also offer healthy alternatives to regular fast food. Our gourmet wraps, specialty sandwiches and salads are made with the highest quality Dietz and Watson meats and chesnes. Come early to enjoy our breakfast wraps and bagels. Catering is available.

VINNIE'S STEAKHOUSE AND TAVERN — 7440 Six Forks Rd., Raleigh. 847-7319. Treat yourself to all the luxuries this classic New York style chophouse has to offer. Certified Angus Beef, the freshest seafood available and an extensive selection of wines from around the world.

VIVACE — 4209-115 Lassiter Mill Rd., Raleigh. 787-7747. www.vivaceraaleigh.com. Tuscan inspired Italian restaurant featuring Chef Jeremy Sabo's signature style in an upbeat, hip environment. Consecutively voted "Top 20 Best Restaurants" in the Triangle. Italian wines and house-made limoncello. Bar and outdoor patio dining available. Located at North Hills. M-Th: 11 a.m.-10 p.m., F-Sat: 11 a.m.-11 p.m., Sun: 11 a.m.-9 p.m.

ZEST CAFÉ & HOME ART — 8831 Six Forks Rd., Raleigh. 848-4792. www.zestcafehome-art.com. Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch and Dinner T-Sat. and Sun. Brunch.

DURHAM/APEX/MORRISVILLE

CAFÉ PARIZADE — 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30 p.m., Dinner M-Th 5:30-10 p.m., F and Sat 5:30-11 p.m., Sun 5:30-9 p.m.

SAFFRON INDIAN RESTAURANT — 4121 Davis Drive, Morrisville. 469-5774. www.saffronnc.com. Offering fine dining in an elegantly modern ambience. Ranked best Indian restaurant and top 20 in RTP irrespective of cuisine by N&O for three years.



VIN ROUGE — 2010 Hillsborough Rd., Durham. 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Dinner Tues.-Sun. 5:30-11 p.m., Brunch Sun. 10:30-2 p.m.

WATTS GROCERY — 1116 Broad Street, Durham. 919.416.5040. With a distinctive take on North Carolina cuisine, Watts Grocery features favorite seasonal and local foods by the forkful. Our menu changes seasonally so please check our website for new items at www.wattsgrocery.com.

CHAPEL HILL/HILLSBOROUGH

BIN 54 — 1201-M Raleigh Rd., Chapel Hill. 969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

THE CAROLINA CROSSROADS RESTAURANT — 211 Pittsboro Street, Chapel Hill. 918-2777. Visit Web site online at www.carolinainn.com. The Four Star and Four Diamond Carolina Crossroads Restaurant combines the graceful traditions of the south with Executive Chef Jimmy Reale's progressive new American cuisine. Fine dining menus change seasonally to highlight the best products from local and regional farms.

CROOK'S CORNER — 610 W. Franklin St., Chapel Hill. 929-7643. www.crookscorner.com. "Sacred ground of Southern foodies," *New York Times*. Patio dining, weather permitting. Acclaimed Sunday brunch. Dinner Tues.-Sun. at 5:30 p.m., Sun. Brunch 10:30-2 p.m.

MEZ CONTEMPORARY MEXICAN — 5410 Page Road, Research Triangle Park, Exit 282 off I-40. 941-1630. Visit online at www.mez-durham.com.

MEZ is the latest offering from the Chapel Hill Restaurant Group, operators of 411 West, 518 West, Squid's, and Sparky's. Featuring traditional Mexican dishes with a lighter, healthier twist, all made with the freshest ingredients. A beautiful private room upstairs overlooks the RTP and can accommodate up to 100. North Carolina's first LEED designed restaurant.

PENANG - MALAYSIAN, THAI & SUSHI — 431 W. Franklin St., Chapel Hill. 919-933-2288. Online at www.penangnc.com. Surprising balance of Southeast Asian spices and fruits. Authentic menu based on family recipes, with curries, noodles, soups, and sushi. Attractive, open, atmos-

phere, vegetarian options and weekly specials. Drink and appetizer specials at the bar. 4 1/2 stars from CitySearch. Open daily."

SPICE STREET — 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

BEYOND THE TRIANGLE

AQUA — 214 Middle Lane, Beaufort, NC 28516. 252-728-7777. www.aquaexperience.com. "Aqua's urban-chic décor whets the appetite for sophisticated, internationally inspired food... On all counts, Aqua was an exceptional dining experience." Moreton Neal in *Metro Magazine* June 2005. Open for dinner: Tues.-Thurs. 6 p.m., Fri. & Sat. 5:30 p.m.

BEAUFORT GROCERY CO — 117 Queen St., Beaufort. 252-728-3899. www.beaufortgrocery.com. Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3 p.m.; Dinner M, W-Sat 5:30-9:30 p.m. and Sun brunch at 11:30 a.m. Closed Tues.

BLUE MOON BISTRO — 119 Queen Street, Beaufort. 252-728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

CAFÉ ZITO — 105 South 11th St., Morehead City. 252-726-6676. www.cafezito.com. Be delighted by the creative cuisine at this neighborhood restaurant. Chef Baptist Knaven offers a tantalizing menu of local favorites influenced by the Mediterranean. Located in a historic downtown home, enjoy dining inside or on the porch.

CHEF & THE FARMER PROGRESSIVE EATERY & WINE SHOP — 120 W. Gordon St., Kinston. 252-208-2433. www.chefandthefarmer.com. A converted mule stable never looked so good. Blending old architecture and contemporary dining with local ingredients and urban techniques makes this eatery an epicurean oasis. AAA Rating

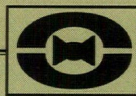
4 Diamonds, 4.5 Stars N&O, Wine Spectator Award of Excellence.

DELUXE — 114 Market Street, Wilmington. 910-251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner and Sunday brunch. Wine Spectator Award of Excellence, www.deluxenc.com.

FISHTALES WATERFRONT RESTAURANT — 232 W. Beaufort Rd. Beaufort 252-504-7263. Visit Web site online at www.fishtalessdining.com. Have your Holiday Party on the Waterfront this year! FishTales offers the best food selection, service and a great atmosphere for your special event. We can provide the perfect setting no matter what the occasion. Our facility accommodates parties from 10 to 1000. Call today or come by for a personal tour.

FRONT STREET GRILL AT STILLWATER — 300 Front St., Beaufort. 252-728-4956. Visit Web site online at www.frontstreetgrillatstillwater.com. Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious Wine Spectator Award of Excellence, serving lunch and dinner daily with inside and outside dining. New floating docks and outside waterfront bar.

SHEPARD'S POINT — 913 Arendell St., Morehead City. 252-727-0815. www.beaufortgrocery.com. Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spir-its. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10 p.m.; Sun brunch begins at 11 a.m. Closed Tues.



On the Town

by Helen Wallace

26th Annual Jim Valvano Kids Klassic

July 8 & 9, 2011

Duke Children's Hospital & Health Center - Pediatric Cancer Research
Washington Duke Inn & Golf Club
Durham, NC

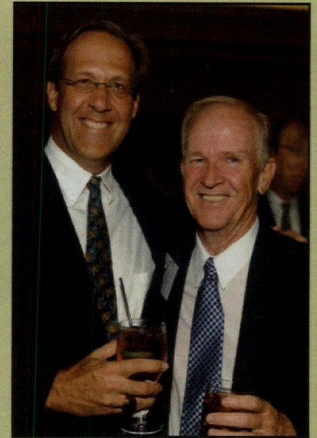
Photos by Gary Knight Photography



Don Shea, Wooten "Dog" Lamm, William Branson III



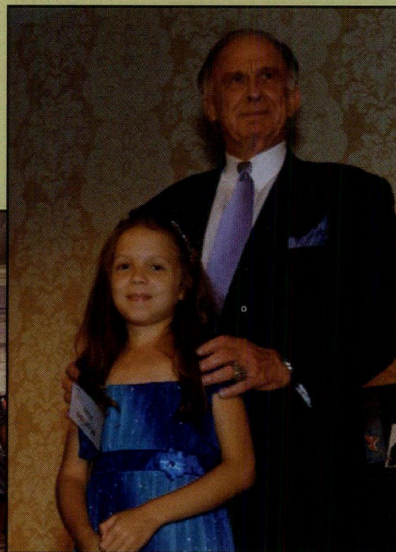
Barb Menseck, Kim DeSarno, Cindi LeMaster, Sally Powell, Joanne Watson



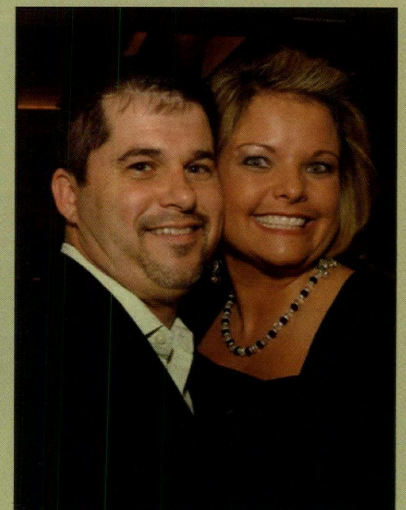
Mike Sobb, Joe Curtis



Little River Cloggers, Durham, NC



Don Shea and Marisa Rosa



Brian and Allison King

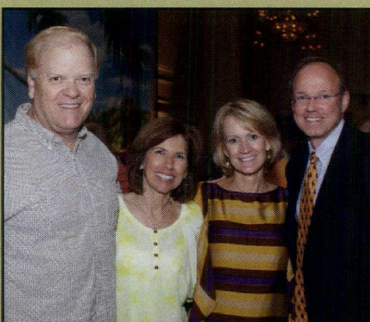
North State Bank Summer Salute

For: Hospice of Wake County

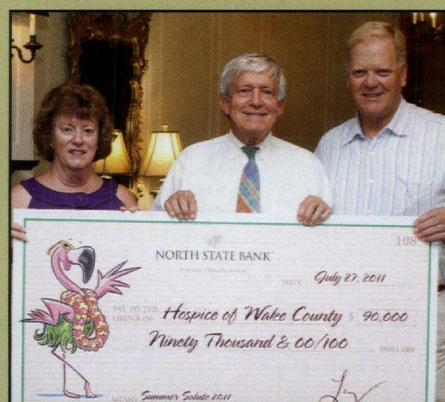
May 21, 2011

North Ridge Country Club

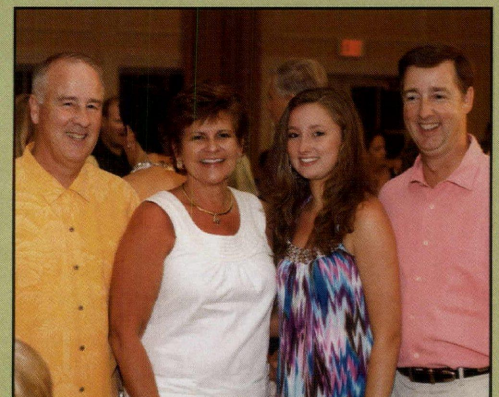
Raleigh, NC



Summer Salute Co-Chair, Jim Branch and wife, Liz, with Tracy and Robin Vinson.



North State Bank's Summer Salute presents Hospice of Wake County with \$90,000 donation. (L to R) Sandra Temple, Summer Salute co-chair; Dr. William Dunlap, Hospice of Wake County; and Jim Branch, Summer Salute co-chair.



The Woodlief family: Glenn, Robin, Megan and Gary.



Again!

Once again, **North Carolina Children's Hospital** was ranked among the **top 10** children's hospitals in the country by *U.S. News & World Report*. And for the second year in a row, we are the only children's hospital in North Carolina to receive a **top 10** ranking. In fact, N.C. Children's Hospital ranked in six out of ten *U.S. News & World Report's* "America's Best Children's Hospitals" ranking categories, including a **top 10** ranking in pulmonary and lung disorders. And that is something to cheer about!

Kudos to all of our physicians, researchers, nurses and staff members who are the crucial building blocks of our health care system. Because of your unprecedented Commitment to Caring™, our hospital can be called one of the nation's finest.

We are certainly proud of how we stack up compared to children's hospitals across the country, but we are most proud of our ability to bring the best care in the nation to the children of North Carolina.

N.C. CHILDREN'S HOSPITAL: *The only children's hospital in North Carolina awarded a top 10 U.S. News & World Report ranking*

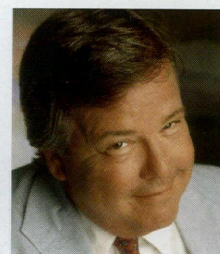
ncchildrenshospital.org



UNC
HEALTH CARE

My Usual Charming Self

by Bernie Reeves



JIM TURCOTTE

I COME NOT TO BURY HOLDEN THORP

Come on refs, how about a flag for piling on and unnecessary roughness? UNC chancellor Holden Thorp left the field on a stretcher nursing injuries from the media, who jumped on his firing of football coach Butch Davis with a vigor ordinarily reserved for serial killers. Tar Heel football fanatics cleared the bench going for Holden's jugular like NFL linebackers on steroids. And although there is no existing penalty for it, the "academics at any cost" critics attacked their own quarterback. There is even a "fireholden.com" web site and a freedom of information suit threatened against the school by its own Rams Club members.

As blood spilled on the gridiron, spectators leaped out of their seats and rushed on the field to engage in the melee. Sports pundits, radio talk show hosts — even a former NC Supreme Court judge — have attacked the wonder boy chancellor like hyenas with hydrophobia. The rabid pack is gnawing on Thorp so intently, the prey that deserves to be devoured — football coach Butch Davis — has furtively scurried to safety clutching the millions of dollars he was paid on his remaining contract.

Looking back to the days before the opening of the 2010 season, a cosmic irony appears in retrospect. This was the season Davis was ready to field the team that would take Carolina to the top. Rams Club supporters were in the middle of a fund drive for a \$70 million addition to the venerable Kenan Stadium designed to commemorate the return of big-time football. Then lightning struck. Thorp suspended key players on the eve of the nationally televised opening game with LSU. In all 21 players were benched, and 14 re-instated as the season wore on, based on allegations of academic infractions and receiving disallowed monetary benefits.

It was an Ozymandias moment as fans looked upon Butch's work and despaired. But Chancellor Thorp was standing in the breach under withering fire from the Kremlin-like NCAA who gave him the option to act as their representative on campus and investigate the allegations. Thorp acted, but did not call for the coach's head, stating he could find no evidence Davis had knowledge of the shenanigans of associate coach John Blake, who was fired for cavorting with pro football agents and runners. And Thorp did not turn up evidence Davis was connected to the academic irregu-

larities contained in the potential charges against the football program.

But, cried the mob, Davis should have been fired anyway. He was the captain of the ship. But Thorp had only to look 15 miles down the road to Duke University that summarily fired the school's lacrosse coach before verifying the truth behind allegations three players sexually assaulted a black prostitute. As the world discovered, the boys were innocent, and Duke paid the lacrosse coach a hefty settlement and bled gallons of credibility. If Thorp had terminated Davis in the early going, a lawsuit would be adding to the continuing pain and suffering. And Davis would be outside the field house throwing rocks.

Carolina went on in the 2010-11 season under Davis to a decent record and a bowl game. But the brush fire ignited by the NCAA inquiry could not be contained. Football Player William McAdoo filed a lawsuit against the NCAA after they declared him ineligible to attend any university as a player. McAdoo enjoined UNC in the suit, igniting criticism the academic tutoring program for athletes did not provide the help McAdoo said he needed, causing him to plagiarize a paper. Others claimed McAdoo got off too easily, although it turns out the UNC honor court punished him just shy of the maximum sentence reserved for repeat offenders: an F in the course and suspension for a semester. Yet this red herring incited another round of inquisition against Thorp, the school and the football program.

As 2011 wore on, Thorp could look back and say he had done all he could do. He did not allow the original NCAA allegations to linger. He stepped up and suspended players and fired John Blake when most schools would have waited out the investigation and recorded a great football season. Thorp put academics and the reputation of the school first over football. He was encouraged to show support for the decimated program and made public appearances with Coach Davis and athletic director Dick Baddour motivated by his belief that athletics and education were a unified entity. In retrospect this turned out to be a unwise move now that he has fired Davis. But Thorp's only crime here was loving his school too much.

But he came to realize in August that his idealistic construct defied reality — that hiring a coach to field a nationally ranked football team

undermines the values he holds so dear. He fired the coach on the advent of summer practice because he realized he could not manage the ever-increasing problems created under Davis and maintain the school's academic reputation.

Thorp was caught up in a larger conflict. Big-time college sports programs are separate creatures from the university. The coaches are highly paid media personalities, the bulk of their multi-million contracts provided by booster clubs. And while they are adroit at acting as if they care about the school's academic reputation, they just don't get it. What they do get is the fierce need to win to attract more and more TV money. If rules have to be bent and broken, that's the price many coaches are willing to pay for a nationally ranked team. At some point the pursuit of sports treasure undermines the reputation of the school.

Underlying this contradictory reality is the sheer size of public universities. At UNC the chancellor is the titular boss of 45,000 people and is held responsible for athletic programs out of his line of management more sensitive to boosters than the academic boss. Thorp's background is chemistry and scientific venture capital funds with only a smattering of administration learned within the university. And under the structure of the UNC system of colleges and universities, the Boards of Trustees do not function like corporate directors elected by shareholders to serve as the final authority for company policy. Thorp, and the chancellors in the UNC system, are essentially free agents not required to seek Board clearance for their decisions.

Had Thorp been advised by a Board of Trustees with authority, they would be taking the heat with the chancellor instead of leaving him swinging in the wind. But repairing the over-arching governance issue may not be enough to solve the problem of handling star athletes who often cannot meet academic requirements. UNC aggressively recruits non-athlete minority students who do not possess the grades needed for admission. Yet these students are not required to practice incessantly, win games and survive the glare of media scrutiny.

Sooner or later something has to give. **MM**

Read more commentary by Bernie Reeves at www.the-berniereeves.com and at the American Thinker (www.americanthinker.com)

FIRST CLASS HOSPITALITY & LEGENDARY GOLF MEETS AFFORDABLE ENTERTAINMENT.



PRESENTED BY | **Bloomberg Businessweek**

Sept 30 - Oct 2, 2011

Prestonwood Country Club | Cary, NC

Limited
Quantities of
**Premium
Seating**
Available



DECK

Harrah's Cherokee Casino Deck | \$89 daily

Open-air skybox overlooking the 17th Green, a 505-yard reachable par 5 that has been a pivotal hole in determining the fate of SAS Championship competitors. Your ticket includes complimentary catered lunch and open bar. Limited quantities available.

18th Green Reserved Seating | \$50 daily

Take in one of the tour's best events in the comfort of our new stadium-style reserved seating with a la carte concession wait staff and full cash bar. BUY NOW to ensure the best seat in the house at the SAS Championship. Limited quantities available.



For more information

SASChampionship.com





SYLVIE

THE BRIDAL COLLECTION

together as one™



www.sylviecollection.com

Diamonds Direct



C R A B T R E E

4401 Glenwood Avenue, Raleigh NC 27612 • 919-571-2881
(Outside Crabtree Mall on Glenwood, Next to Bank of America)

Hours: Monday-Friday 10:00-7:00, Saturday 10:00-6:00

www.Diamonds-Direct.com

Diamonds Direct Southpark | Charlotte, NC | 704-532-9041 • Diamonds Direct Birmingham | Mountain Brook, AL | 205-201-7400