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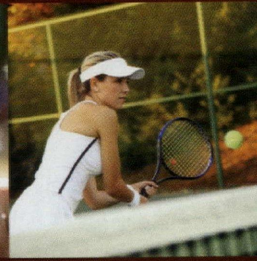
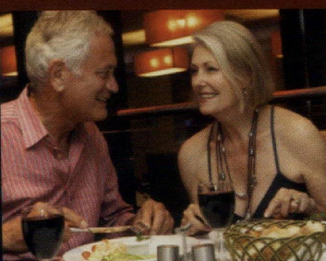
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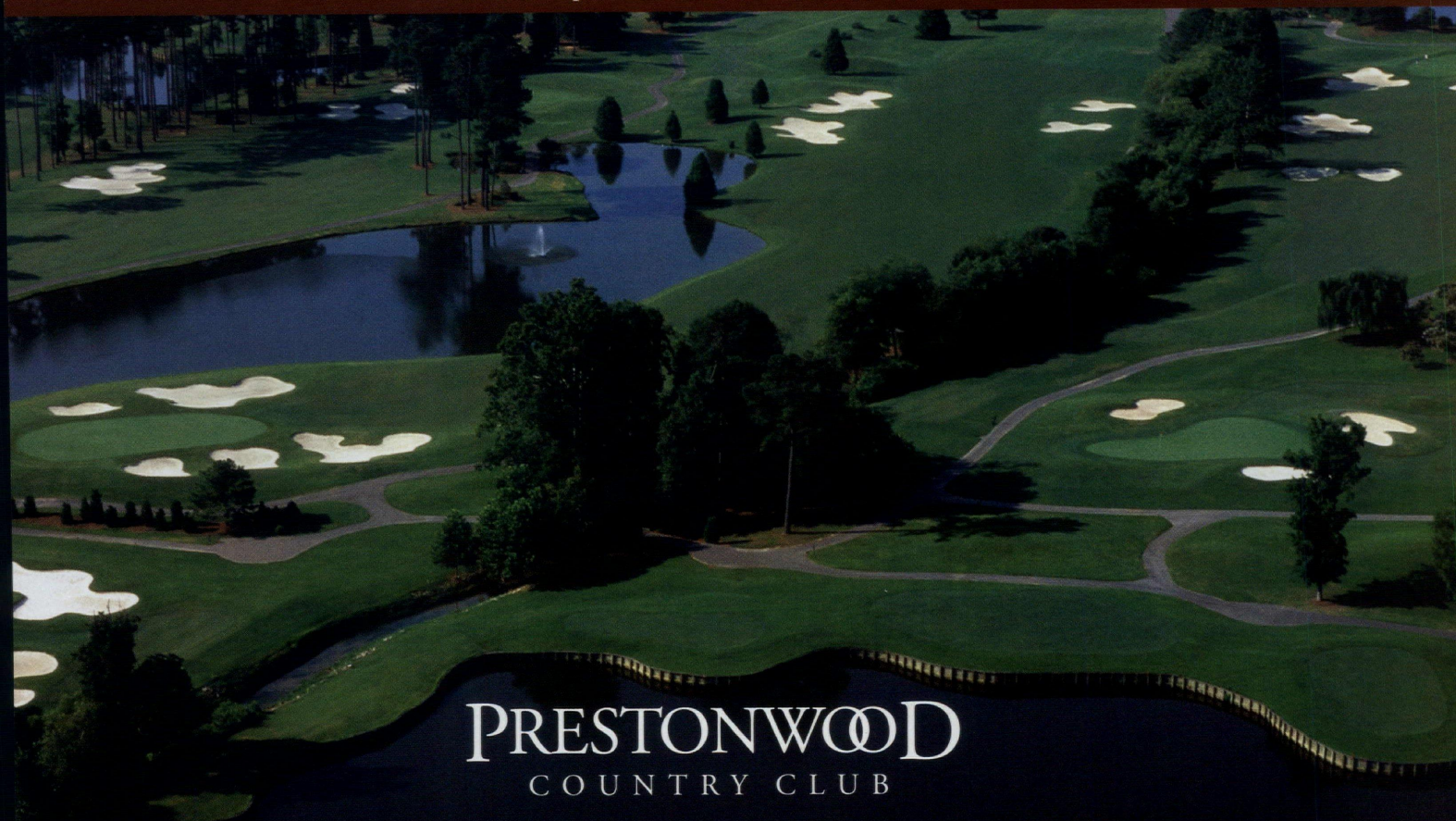


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Author's Roundtable, featuring Douglas Waller to discuss his new hit book *Wild Bill Donovan* about the life of the founder and chief of the OSS, the precursor to the CIA; Kent Clizbe, author of the forthcoming *Willing Accomplices*, an inside look at the impact of Soviet propaganda in America; and David Wise, the dean of intelligence authors to discuss his new book examining Chinese espionage (to be confirmed). Books by all speakers will be available for sale.

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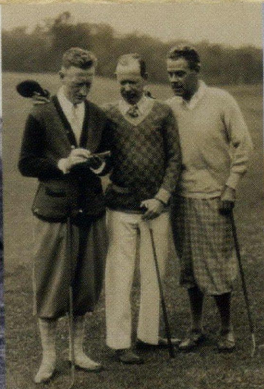
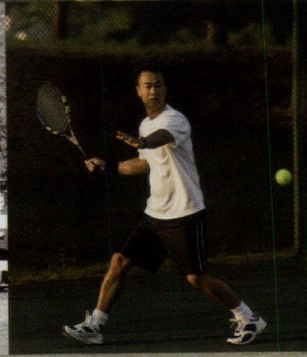
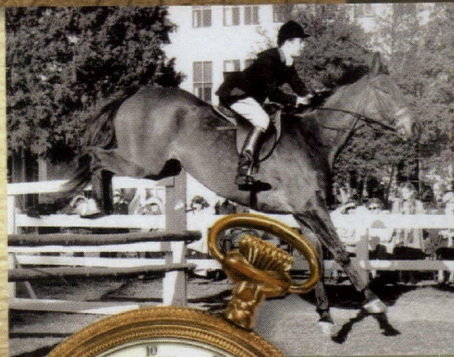
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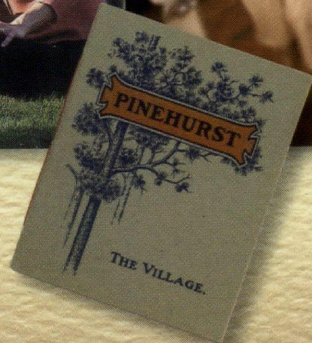
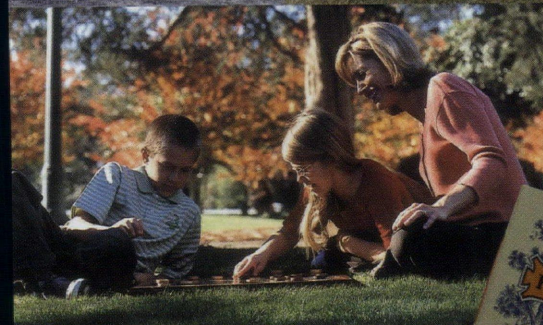
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Raleigh Contemporary Art Museum

## NO SLOWING DOWN FOR SUMMER

**S**enior writer Liza Roberts suggested a column on *Unsung Heroes* and we all agreed it was a good idea. Good people do so much for so many and rarely receive recognition. Check out the debut in this issue and give us your comments and ideas.

Lots of folks have worked for decades to create a museum for contemporary art. Now, after much fanfare and celebration, Raleigh's Contemporary Art Museum is up and running in a creatively adapted older building in the Warehouse District. Diane Lea provides a detailed walking tour and the inside story of this latest addition to the region's ever-expanding art scene. *Metro* also presents our exclusive coverage of the 2011 AIA Triangle Design Awards and Mike Welton's continuing coverage of news from the world of architecture.

Pinch yourself and appreciate the wonders and benefits of living in one of the top medical and medical research centers in the world. Rick Smith investigates the latest in lung cancer research and treatment and *Metro* presents a complete guide to breast cancer awareness and diagnosis from the doctors and staff at Wake Radiology, a major player in the critical field of imaging and testing.

Senior writer Jim Hughes reports from the fairways and greens of the newly renovated Pinehurst #2, one of the most revered and famous golf courses in the world; Cyndi Harris presents *Metro's* complete Coastal Calendar to help you plan jaunts and long sojourns at our unique and beautiful beaches while Jim Leutze sees budget cuts creating storm warnings ahead along the coast.

Godfrey Cheshire reviews the award-winning film *Incendies*; Louis St. Lewis attends the Bal de Chapeaux; Moreton Neal uncovers chef William D'Auvray's superb Thai cuisine in downtown Raleigh while Barbara Ensrud suggests saucy and crisp Asian wines to wash it down with style; Maury Poole recommends ideas to maintain your inner beauty all summer long; and Helen Wallace takes you On The Town with pictures from social events all around the region.

Mark your calendars for the appearance of General Michael Hayden, the keynote speaker for the 7th Raleigh Spy Conference set for August 24-26 at the NC Museum of History. General Hayden served as Director of the National Security Agency from 1999 to 2005; and chief of the CIA from 2006 to 2009 — the only person to serve in both jobs. General Hayden's talk is titled: *Killing Usama Bin Laden: Building A Bridge Pebble By Pebble*. Go to [www.raleighspyconference.com](http://www.raleighspyconference.com) to learn more and register. You don't want to miss meeting the man who served at the epicenter of the war on terrorism.

See you next issue with Part One of the winners of the year's "best of" Metro Bravo reader's poll.

*R. B. Peck III*

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# Correspondence

## LOUIS WRONG ABOUT ROCKWELL

I am taking issue with Louis St. Lewis' comments on the North Carolina Museum of Art's recent exhibit of Norman Rockwell's works. While Mr. St. Lewis may have found the exhibit "mundane and lack-luster," I can assure him that not everyone viewing the Rockwell exhibition shares his lack of interest in an era of patriotic fervor and a gentler, more considerate view of life.

While the job of a museum may be "to inspire, ignite, incite and uplift" those attending, for those of us old enough to have enjoyed Rockwell the first time around, this exhibit was a thoroughly delightful experience. Additionally, while Rockwell is best known for the *Saturday Evening Post* covers, even Mr. St. Lewis must have been impressed a little by the artist's offerings in such a variety of mediums and techniques.

Not all museum patrons are fans of the "edgy, controversial, new and challenging." Some of us revel in the skillful artist's insight into the mundane and familiar, but the Museum of Art's interesting variety of exhibition offerings can inspire and entertain us all.

But incite...? Incite to do what?

**Kaye Mayer**  
Tarboro

## TOO MANY LAWYERS

My view on the need for tort reform — in response to the My Usual Charming Self column by Bernie Reeves in the April 2011 issue — is that the size and number of the attorney ads in the yellow pages represent a huge cancer in our society that I have watched with alarm over the last few years. Too many plaintive lawyers is a leading cause of today's outrageous health-care costs.

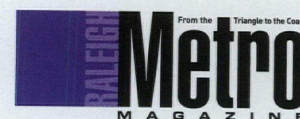
Today the average American believes that anytime any misfortune comes their way that somebody should pay them for it. In fact, a lot of folks go looking for problems.

The average doctor, whether fearful of a lawsuit or whether instructed by his insurance carrier, will conduct numerous tests on patients, that may or may not be needed, to avoid even the slightest appearance of neglect on his part. I have read in studies on the rising cost of health care that these tests are a chief factor in today's medical costs.

Our medical providers need protection from the pack of legal wolves who pursue the slightest act of omission that they may be guilty of.

America's healthcare system needs repair, but the courtroom is not a suitable vehicle. Tort reform is a vital part of the solution.

**Steve Webb**  
Raleigh



## EDITOR AND PUBLISHER

Bernie Reeves

## EDITORIAL

**Senior Writer** Rick Smith  
**Senior Writer** Jim Hughes  
**Senior Writer** Liza Roberts  
**Copy Editor** Emily Keveryn

## CONTRIBUTING EDITORS

Arch T. Allen | Godfrey Cheshire | Barbara Ensrud | Diane Lea | Jim Leutze | Carroll Leggett | Moreton Neal | Louis St. Lewis | Maury Poole | Dan Reeves | Art Taylor | J. Michael Welton

## DESIGN

**Art Director** David Gough  
**Graphics Associate** Kathy Johnson  
**Photographer** Kinsley Dey

## ADVERTISING

**Vice President of Sales and Marketing** Katie Reeves  
**Regional/National Sales Representative** Helen Wallace

## ADMINISTRATION

**Office Manager** Cyndi Harris

## CONTACT INFORMATION

Metro Magazine LLC  
1033 Oberlin Road, Ste. 100  
Raleigh, NC 27605  
Phone: 919.831.0999  
Toll free: 800.567.1841  
Fax: 919.831.0222  
Email: emails@metronc.com  
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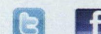
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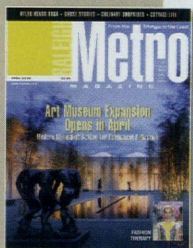
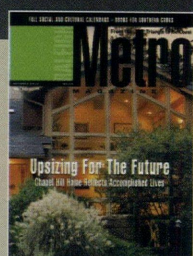
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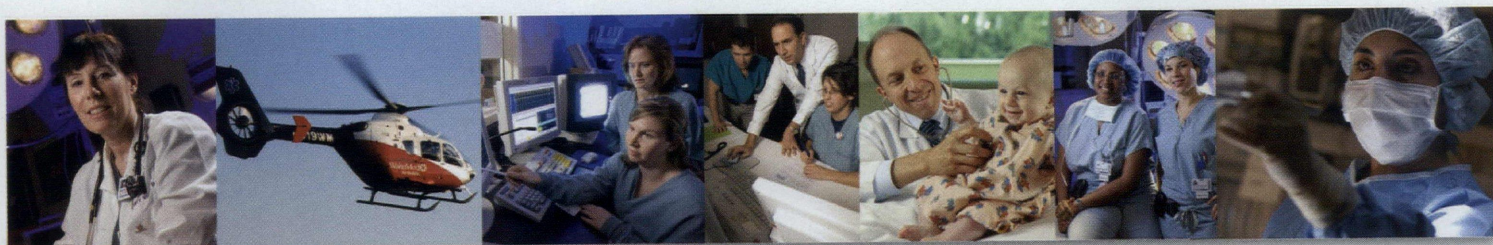
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## FEATURES

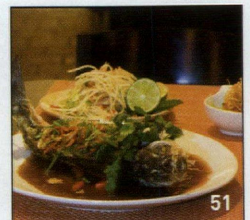
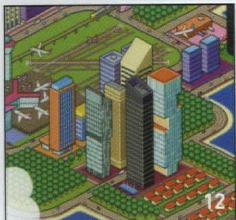
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## New Book On Global Metroplexes Confirms The Future Is Already Here Is There An Aerotropolis Near You?

It only requires a few pages into the new book *Aerotropolis: The Way We'll Live Next* for the Aha! moment to slap you in the face. You thought you knew the world was changing. But when you realize it already has, it suddenly catches you by surprise.

One man emerges as the guru, John Kasarda, the inveterate UNC Kenan-Flagler business professor. Kasarda was the first to understand that airports are evolving into global machines that generate "globally connected and locally disconnected" metroplexes centered around a counter-intuitive reality: the more we are hooked up electronically via the Internet, satellites and tele-conferencing, the more we need to travel to do business face-to-face on the "bleeding edge" of technological commerce. To function in this hyper environment, players must have accessibility to airports.

In essence, says the book's co-author journalist Greg Lindsay, quoting Kasarda: "The aerotropolis is the urban incarnation of this physical

Internet: the primacy of air transport makes airports and their hinterlands the places to see how it functions — and to observe the consequences". And the consequences are monumental, the creation of entire new cities sprawling outward from airports, expressing another counter-intuitive

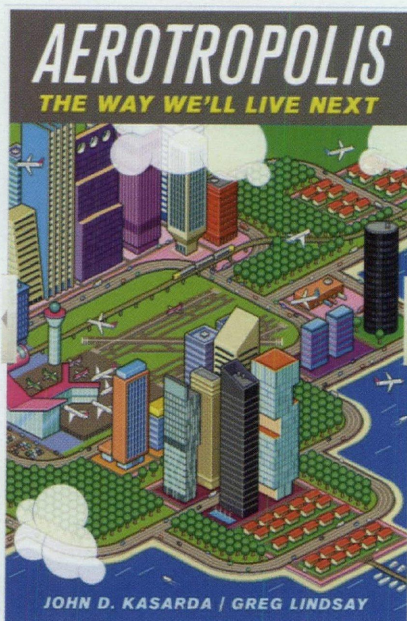
hemmed in by location and NIMBY attitudes that prevent expansion LAX and O'Hare risk becoming flyover airports in the ferocious demand for more and more air connections for people and products. But Dallas-Fort Worth, Dulles and Denver (and other US airports) have seen the future and built facilities that suit the new paradigm, resulting in entire multi-million metroplex communities around airports with global reach. These new cities of the future are mixed use from the planning stages, hosting huge residential communities, warehouses, assembly facilities, meeting hotels, office buildings, entertainment complexes and golf courses. With 320 million people worldwide flying to business meetings each year, these aerotropolises are the Samarkands of the future.

The Obama administration didn't get the memo. Their plan to invest billions and billions in intercity rail is a fool's errand. Expanding airports is the key to the future already here. But long-distance high speed rail does accomplish one thing: air passengers in Europe use high speed rail to access airports to avoid the hassle, delays and hellishness of connecting flights. As the data demonstrate, if a journey is over 500 miles people prefer to fly; if HSR happens, it will increase air travel even more, pushing pre-aerotropolis airports to even higher levels of congestion.

John Kasarda's ideas were first tested in North Carolina in the 1980s with the plan for the Global Transpark near Kinston, a project that continues to be hampered by political, financial and political setbacks. Yet the rest of the world saw that his concepts were not fantasy. Today, Kasarda consults and designs and cajoles cities and nations across the Far East, Europe, South America, the Middle East and the United States to hop aboard the future and get on with the aerotropolis concept if they want to survive. From Dubai to China (building 100 new airports in ten years), from South Korea (constructing a huge "Instant City" aerotropolis on the sea) to Columbia, airports are under construction that boggle the mind.

Designed to create entire new jet-age Gothams overnight following Kasarda's dream, the aerotropolis verifies the future is not only here, it's moving on at high speed. See for yourself. Go to Farrar, Straus and Giroux's website [www.fsg-books.com](http://www.fsg-books.com), or call or email your bookseller. **MM**

— Berne Reeves



axiom. Workers today actually prefer to live near airports.

The authors provide an informative and readable history of air service and airports around the world, explaining how jet travel transformed the perishable goods industry with overnight delivery; the creation of FEDEX and UPS hubs to provide just-in-time parts for assembly around the globe; the pressing need to move people, parts and packages ever faster; and the consequent evolution of companies living in the global fast lane who no longer need corporate headquarters, relying on hotel conference rooms for their road warrior executives and sales people to meet. This time-defying new breed of jet commuters return to their homes near the aerotropolis where they can depart again quickly. For example Lenovo, the Chinese-owned computer maker, with its main plant in Research Triangle Park, NC has no headquarters. Executives live where they please and access jets to do business wherever needed.

In the US, the "old" model for major air complexes are not only outdated, they are

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NC Museum of History

## Art Museum Offers Outdoor Concerts And Films

The 2011 Arts in the Museum Park summer season schedule of outdoor concerts and movies kicks off June 4 and runs through Sept. 17 at the Joseph M. Bryan Jr. Theater.

Acts include **Béla Fleck and the Flecktones**, Cajun band **BeauSoleil**, country singer-songwriter **Iris Dement** (who will perform before the screening of *True Grit* on July 16, for the first of two movie/music combo nights), acoustic guitar legend **Leo Kottke**, Scotland's premier roots-music group **Battlefield Band** (followed by a screening of the film *The Illusionist*), Grammy award-winning **Carolina Chocolate Drops**, the **Paperhand Puppet Intervention** and **Dan Zanes and Friends**.

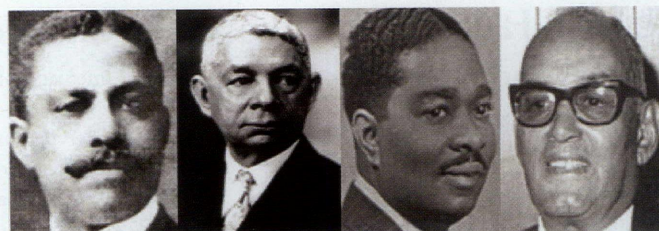


Movies on the lawn this summer include *Inception*, *Michael Jackson's This Is It*, *The Kids Are All Right*, *127 Hours*, *The Ghost Writer*, *How to Train your Dragon*, *The King's Speech*, *Rango* and *The Social Network*. Go to [www.ncartmuseum.org/calendar/type/summer\\_movies](http://www.ncartmuseum.org/calendar/type/summer_movies) for more.

Visitors are welcome to bring picnics or purchase food service from Iris, the Museum Restaurant, offering traditional picnic fare, as well as more eclectic choices. Concessions and beverages are available at movies.

Concerts offer reserved seating, as well as general admission lawn seating. Seating for movies is general admission. A complete concert and film schedule is available at [www.ncartmuseum.org/summer](http://www.ncartmuseum.org/summer).

Tickets are available for purchase online or by phone through the Museum Box Office at 919-715-5923. **MM**



## Black NC Architects Profiled

The architectural web site, Triangle Modernist Houses, was featured in a series on North Carolina's early black architects in the spring 2011 issue of the RPPN Bulletin published online by the Recent Past Preservation Network, a national organization preserving historic buildings and sites from the last 50 years. Entitled "Triangle Modernist Houses Honors Pioneering NC Black Architects," the article discusses how the award-winning nonprofit organization and its founder, George Smart, were inspired to launch the series during Black History Month this past February.

The RPPN article includes a list of 17 architects featured on the Triangle Modernist Houses (TMH) web site and notes prominent black architects practicing in North Carolina today, including Loeb Fellowship winner Phil Freelon, FAIA, founder and principal of The Freelon Group in Durham, and Harvey Gantt, FAIA, principal partner of Gantt Huberman Architects in Charlotte.

To view the article, go to [www.recentpast.org](http://www.recentpast.org) and click on the photo of the Bulletin. To view the TMH archive "Pioneering Black Architects in North Carolina," visit [www.trianglemodernisthouses.com/nblack.htm](http://www.trianglemodernisthouses.com/nblack.htm). **MM**



## Modern Approach To History At Tryon Palace

Tryon Palace in New Bern has opened the North Carolina History Center, providing rotating digital History Navigator tours using portable interactive devices to add new dimension to historic sites.

The Pepsi Family Center in the Regional History Museum takes visitors from the formation of the coastline to the people who shaped the history of Eastern North Carolina. The Duffy Exhibit Gallery, Cullman Performance Hall, Lawson's Landing: A Riverwalk Café, and Museum Store are complementary elements of this new approach to history. **MM**

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## Raleigh Hall Of Fame Names Inductees

Randy Fraser, board chairman of the Raleigh Hall of Fame, and Carter Worthy, chair of the Selection Committee have announced inductees for 2011: **Jud Ammons**, developer, land planner, champion of Raleigh's greenway system and pioneer in planned urban development and senior living; **Ruffin Bailey**, civic leader and champion of judicial reform; **Tom Bradshaw**, former Raleigh mayor and North Carolina secretary of transportation; **George R. Greene**, civil rights attorney and first African American to serve as judge on the Wake County Court bench; and **William and Mary Coker Joslin**, conservationists and donors of a botanical refuge to the city of Raleigh.

**Dr. Hubert Ashley Royster** (Centennial), North Carolina's first general surgeon, co-founder of the American Board of Surgery and American College of Surgeons; **Harold and Lucille Webb**, leaders in education and public health; and **Charles McKimmon Winston** and **Florence Barclay Winston**, civic leaders supporting education, health organizations and the faith community — creative entrepreneurs who co-founded the Angus Barn, Darryl's, Pizza Inn and Winston Hotels.

**Raleigh Alumnae Chapter of Delta Sigma Theta Sorority, Inc.**, the seven-year-old African American Women's service club committed to economic and educational development, international awareness and physical and mental health; and **The Raleigh Cemetery Association**, founded in 1869 to protect and preserve Historic Oakwood Cemetery as an outdoor history museum and public garden.

The mission of the Raleigh Hall of Fame is to induct individuals and nonprofit organizations past and present, who have made significant contributions to the city of Raleigh. The 2011 reception and ceremony will occur on Oct. 17 at the Raleigh Convention Center. Information about the Raleigh Hall of Fame and past inductees is available on the web site, [raleigh-halloffame.org](http://raleigh-halloffame.org). MM

## New Club For RDU Passengers

RDU International Airport has opened a lounge for passengers traveling on any airline in Terminal 1 across from Gate A-24. The Club at RDU requires no membership and features complimentary drinks, full-service bar, free snacks, Wi-Fi and satellite TV, flight information, computer workstations, printers, telephone and fax, newspapers and magazines, meeting rooms, and luggage storage.

Day passes for The Club at RDU are now priced at an introductory price of \$24.95, which includes membership in the Priority Pass family of 600 clubs located around the world. MM

## EYES ONLY

People newly diagnosed with multiple sclerosis in the past two years are welcome to attend a program June 7th at 6:00 p.m. at the Sheraton Raleigh Hotel called **"Moving Forward"**, featuring a reception and presentation by Dr. Mark Sheen, M.D, Associate Professor of Medicine at Duke University, specifically designed for people and their families to learn answers to a variety of questions that typically accompany an MS diagnosis. The event is free and pre-registration is requested. To register, visit [www.nationalMSSociety.org/NCT](http://www.nationalMSSociety.org/NCT) or call 1-800 FIGHT MS.

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**WakeMed Health & Hospitals** stepped up its battle with Rex Healthcare for medical services in Wake County on May 12 by offering to buy Rex from the UNC system for \$750 million. WakeMed has accused Rex of predatory practices in competing for business, especially in recruitment of physicians. "The combination of the two systems would offer significant benefits to patients, physicians, taxpayers, the community-at-large and the State of North Carolina," according to WakeMed. WakeMed is also still waiting for most responses to public records requests made to the UNC system months ago in its bid to explore whether Rex has an unfair competitive advantage since it is owned by the UNC system.

...

**The City of Raleigh Arts Commission**, in partnership with Artspace and Visual Art Exchange, is inviting artists and artist teams from North Carolina, Washington DC, and nine other states to submit work for its third annual temporary sculpture exhibition on City Plaza in downtown Raleigh. The other states are Alabama, Florida, Georgia, Kentucky, Louisiana, Mississippi, South Carolina, Tennessee and Virginia. Three artists will be selected to present sculptures for Art on City Plaza. This year's exhibition will open during the SPARKcon arts and creativity festival sponsored by the Visual Arts Exchange on Sept. 15-18. The application deadline is May 27 at 5 p.m. Applications must be submitted via the CaFÉ web site: [www.callforentry.org](http://www.callforentry.org). Additional information about Art on City Plaza, including submission guidelines, is available at [www.metronc.com/article/?id=354](http://www.metronc.com/article/?id=354).

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**Bryan Cullen**, PhD, of Duke University's Department of Molecular Genetics & Microbiology, has been awarded a \$44,000 research grant by the National Multiple Sclerosis Society. Cullen's Pilot Research Project will focus on the metagenomic characterization of viral infection in multiple sclerosis. Go to [www.nationalmssociety.org/nct](http://www.nationalmssociety.org/nct) or call 800 FIGHT-MS for more.

...

**Ritchie Bros. Auctioneers**, the world's largest industrial auctioneer, is coming to a 107-acre permanent auction site in the Falls Lake Commerce Industrial Park in Butner, NC, set to open in mid-2012. The new site will replace the company's 33+ acre Statesville, NC, permanent auction site outside Charlotte. Established in 1958, Ritchie Bros. Auctioneers is the world's largest industrial auctioneer. Go to [www.rbaction.com](http://www.rbaction.com) for more.

...

**The North Carolina Museum of Art** has launched its first official iPad app with the release of "Rodin," now available on the iTunes App Store. Users can virtually experience the Iris and B. Gerald Cantor Foundation's gift of 30 sculptures by French artist Auguste Rodin.



## Gen. Michael Hayden Keynote Speaker For 7th Raleigh Spy Conference

Gen. Michael Hayden — the only person to serve as director of the National Security Agency (NSA) and as director of the Central Intelligence Agency (CIA) — is the keynote speaker for the 7th Raleigh Spy Conference Aug. 24-26.

Hayden, at one time the highest-ranking military intelligence officer in the United States, oversaw NSA's surveillance of technical communications between foreign and domestic terrorist groups during his tenure from 1999 to 2005, the longest stint of any previous director. While CIA director from 2006 to 2009, he defended intense interrogation of terrorist suspects.

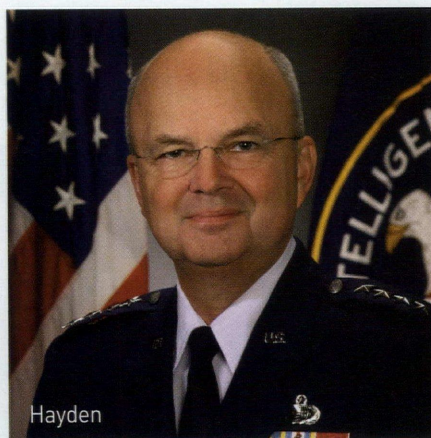
For the 2011 Raleigh Spy Conference, Hayden will join speakers Michael Sulick, former director of CIA's National Clandestine Service — and now a Raleigh-area resident; retired CIA officer Brian Kelley, the "wrong man" in the investigation of FBI traitor Robert Hanssen; British author and intelligence expert Nigel West; and retired Royal Canadian Mounted Police intelligence officer Dan Mulvenna.

The title for the 7th Raleigh Spy Conference is "Spies Among Us: The Secret World Of Espionage Illegals."

Douglas Waller, author of the best-selling biography *Wild Bill Donovan*, about the founder of the Office of Strategic Services — the World War II forerunner of the CIA — will anchor an Authors Roundtable during the conference. Other authors for the Roundtable will be announced later.

New to the conference this year: The Historical Collections Division of the Office of Information Services of the Central Intelligence Agency has selected the Raleigh Spy Conference to provide published works of recently declassified secret documents, ranging from the Korean War, the Warsaw Pact, Air America, martial law in Poland, the Soviet invasion of Czechoslovakia, and the papers of controversial CIA Director

Richard Helms. Officials from CIA's Historical Division will be on hand in Raleigh to discuss their work and answer individual questions.



Hayden

Magazine Publisher Bernie Reeves founded the Raleigh Spy Conference in 2003 to provide a forum for intelligence experts to interpret for the general public the high volume of declassified information available since the collapse of the Soviet Union.

Says Reeves: "No one knows anything until the real story is declassified. Today, history is

being rewritten at a fast clip. Our job is to call on intelligence operatives and scholars to let us know the meaning of this historic flow of information that either confirms or alters our knowledge of events."

*Raleigh Metro Magazine* will host the 2011 Raleigh Spy Conference at the North Carolina Museum of History in downtown Raleigh.

The cost for attending the conference is \$250 per person. Special discounts are available for veterans, members of the military and intelligence community (\$175). Seniors over 62, teachers and students may attend for \$145.

To register and to keep informed of updates — and to view the final schedule — visit [www.raleighspyconference.com](http://www.raleighspyconference.com) or call 919-831-0999.

### About the Raleigh Spy Conference:

The Association of Former Intelligence Officers (AFIO) recognizes the Raleigh Spy Conference as the top intelligence conference specifically for the lay public in the United States. Three of the six conferences have been filmed and aired on C-SPAN. For more details on the history of the conference, go to [www.raleighspyconference.com/about](http://www.raleighspyconference.com/about). **MM**

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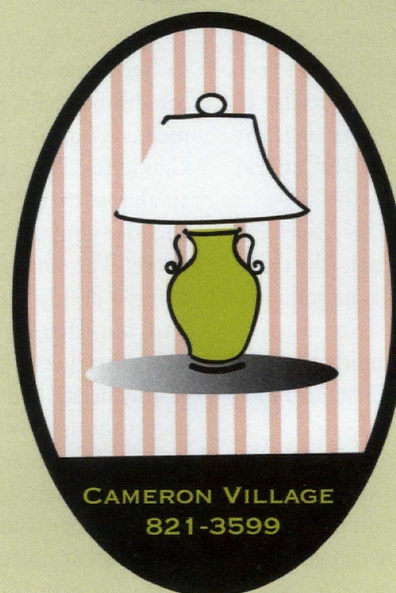
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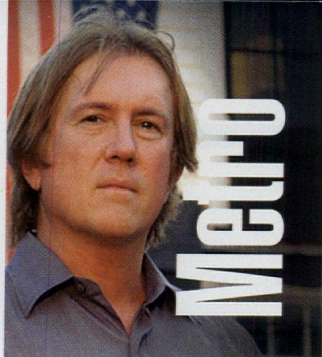
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# Cheshire on Film

by Godfrey Cheshire

## INCENDIES OFFERS MESMERIZING AND FASCINATING SAGA

**I**ncendies, a searing French-Canadian drama nominated for this year's Best Foreign Language Film Oscar, is a movie so unusual — in both in its aims and its impact — it challenges any reviewer to find adequate ways to describe it. I could call it viscerally mesmerizing and extraordinarily fascinating, and note that it haunted both my waking thoughts and my dreams for days after I saw it. But perhaps a better place to start is with a couple of cinematic reference points, to give you an idea of its artistic company.

The film is based on a highly acclaimed play by Wajdi Mouawad. Denis Villeneuve, the movie's screenwriter and director, was asked by an interviewer what was his first impression of the play when he saw it in Montreal: "The same impression that I had when I first saw *Apocalypse Now* — astonished."

The other reference point I owe to a critic who referred to the film's "Kubrickian tracking shots." I decided that adjective was

a suitable one to describe not just some of the film's visual maneuvers, but the film itself. In addition to its elegantly austere stylistic attack, *Incendies* (the title is translated as *Scorched*) also evidences the chilly emotional tone and intel-

lectual density that characterize much of Stanley Kubrick's work, including the martial masterpieces *Paths of Glory* and *Full Metal Jacket*.

The film's story proper does not begin on any battleground, but in a Montreal lawyer's office with the reading of a will. The situation is even more fraught than usual because the deceased woman, Nawal Marwan (played in the film's flashbacks by Lubna Azabal), worked for the lawyer



(Rémy Girard) for 18 years after moving to Canada from the Middle East. Her death was evidently not an easy one, and there's a pall of deep bitterness in the words of her will, where she asks to be buried naked and face down as a final show of contempt for a world that treated her so cruelly.

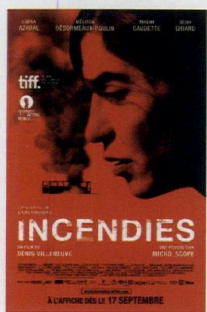
None of this seems much of a surprise to her tense and stricken children, 20-something twins Jeanne (Mélessa Désormeaux-Poulin) and Simon (Maxim Gaudette). What *does* come as a surprise, an almost overwhelming one, is the news and the demand in their dead mother's words. The siblings knew she left behind a tragic, deeply scarring life in the Middle East, but what her will reveals is that they have a brother of whom they'd never previously heard, and that their father, whom they'd thought was dead, is alive. Moreover, their mother has left letters to these two figures that she wants her children to deliver, in her country of origin.

While, as noted, the film's story opens with this grim meeting, the film itself begins with a tantalizingly opaque prologue. We are in a nameless Middle East-

ern country, a region seemingly ravaged by war. In a blasted building, some boys are having their heads shaved, as if in preparation for military training. The camera tracks in on the stoic, determined face of one boy. Who is he? Where are we? What is the year?

*Incendies* is one of those mosaic or puzzle films. We keep having to ask such questions, moving from one tentative supposition to another, like someone feeling along the knots of a rope in a darkened room. Soon after that meeting in the lawyer's office, the scene shifts to the Middle East, a country very much like Lebanon, though we never hear any name of a person or place that's recognizable.

In this possible or fictional Lebanon, the story also fragments into two strands. In the present-day strand, Jeanne goes in search of her mother's cryptic, forbidding past and the two relatives she has just learned about; this quest eventually becomes so difficult and disturbing that her brother must join her. In the past-tense strand, meanwhile, we follow the trajectory that led their mother to flee her native land decades earlier.



As a young woman, Nawal, a Christian Arab living in a small village, falls in love with a Muslim boy, who is killed by her furious brothers. Pregnant, she delivers a boy who is immediately taken from her. Some years later, still covered in the shame she brought on her family, Nawal hears that the child is in an orphanage located in the southern part of the country torn apart by a civil war.

She begins an odyssey toward her son that turns out to be both arduous and horror-filled, and that, rather than bringing her any resolution or peace, merely propels her into years of further trials and traumas, including a brutal stint in a prison where she is known as "The Lady Who Sings," a testament to a resiliency of spirit which her captors, of course, are determined to crush.

When Nawal's story converges with that of her children seeking to find out the hidden truth of her life, it brings a flash of revelation that some viewers inevitably find comparable to the devastating discoveries of Greek myth or tragedy. That's a rare and compelling quality to find in any film these days, to be sure, but it's also where my small complement of reservations about *Incendies* begins.

As much as they share on various levels, theater and film are almost diametrically opposed art forms. One gives the viewer's imagination free rein, where the other tethers it to photographed reality. In movies, we need to believe we are somewhere specific (because this is what film innately gives us) rather than a "nameless Middle Eastern country." Playwright Mouawad was a child in a Lebanon's civil war before emigrating to Montreal in 1983, and while I understand his play's lack of specificity as a theatrical device, I think Villeneuve, who adapted it to the screen, would have been well advised to anchor it in actual Lebanon and its recent sorrows. This would make film's crucial revelation seem less like a literary borrowing and more like an organic outgrowth of a real historical tragedy.

Nonetheless, *Incendies* has many strengths that make it a very distinctive achievement. Villeneuve's way with those "Kubrickian" tracking shots (smoothly integrated with widescreen hand-held) gives the film a galvanizing immediacy, and the performances he draws from his

lead actors are superb throughout. (I don't know that I've ever seen unrelated actors play twins as convincingly as the two young performers here do.) Mysterious and unrelenting, the dream that *Incendies* conjures is one that leaves you pondering its intricate, troubling resonances.

• • • •

At the intersection of film, art and anthropology, Werner Herzog has given us a great gift. Allowed unprecedented access to a cavern full of recently discovered prehistoric cave paintings in southern France, Herzog has come away with *Cave of Forgotten Dreams*, a dazzling 3-D doc-

moths roamed Europe. The hundreds of paintings they left behind include vibrant images of horses, cattle, rhinos, panthers, hyenas and bears.

Amid it all, there's a bright red hand print that, almost exuberantly, declares the presence of the one species that's able to record this fabulous bestiary for posterity.

A giant of the New German Cinema, as well as one of the most prolific and gifted of documentary filmmakers, Herzog gives us a very clear sense of the cave's expansive space and current restrictions (he and his team must film from catwalks), and he talks to a number of the scientists who



umentary that will surely be as close as many of us will ever come to penetrating the minds of humans 30,000 years ago.

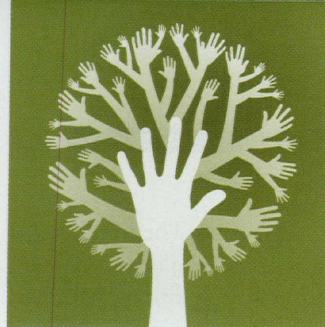
The Chauvet Cave was first entered by three "cavers" in 1994, and since then has been restricted by the French government to a small cadre of scientists who can only work for a few hours a day in spring and fall. Though many filmmakers have asked to film there, it took the indefatigable Herzog appealing directly to Frédéric Mitterand, France's Minister of Culture, to produce the "open sesame" that allowed cinema access to the cave's treasures.

Scientists are still debating whether this stunning artwork is 32,000 or 30,000 or perhaps some slightly smaller number of years old. In any case, it is far older than most similar sites and had been sealed up for 20,000 years. When its Neolithic artists first set to work, lions and woolly mam-

moth were there. They convey an infectious sense of wonder and delight in the images they study. But I couldn't tell you a single piece of information they left me with.

That's because what's really captivating here are the paintings. Their animals are bursting with life and energy, many of them seeming to leap across the walls as they might a field. As images of creatures in motion, they are, Herzog notes, a kind of proto-cinema. And because the walls that contain them are nowhere flat but have all the dimensionality of cavern walls, the film's 3-D gives us a real sense of the drama of their subterranean setting.

They really are breathtaking pictures that will probably stay with you longer than most images the movies will give you this year. Incidentally, the film is being distributed in both 3-D and 2-D. If you have a choice, I definitely advise the former. **MM**



# Unsung Heroes

by Liza Roberts

## WHO ARE THE TRIANGLE'S UNSUNG HEROES?

**S**ome are people finding innovative ways to meet the needs of others. Some are creating beauty and possibility in places where there was none before. All are making this a better, healthier, more cohesive community. By jumping into voids that others don't see, persevering despite the odds and working for the greater good, these heroes are seeking results, not recognition.

### MUSIC FOR PEACE AND PURPOSE

Katie Wyatt's idea that learning to play music can re-wire the brain, and the soul, is not necessarily new. Socrates himself called musical training "a more potent instrument than any other," noting that "rhythm and harmony find their way into the inward places of the soul, on which they mightily fasten, imparting grace, and making the soul of him who is rightly educated graceful."

But if you're Wyatt, a professional violinist and the executive director of one of Durham's newest and most successful nonprofits, this isn't just pretty talk, it's vital, it's life-changing. You believe teaching poor children in Durham to play the violin can create "an affluence of the spirit" that can "provide solace in what can be a violent and unpredictable world ... a well of joy they can go back to in days of great tumult and unpredictability."

You also believe, if you're Wyatt, that learning how to play music can actually end poverty, and you have the statistics, the passion and the program to prove it.

The program is KidZNotes, which 31-year-old Wyatt left a job in community outreach with the North Carolina Symphony to start up here and run. It has its roots in the famed Venezuelan "El Sistema," which Wyatt won a fellowship to study and implement — that has taught that country's poorest children to play orchestral music (producing prodigies like



Katie Wyatt, executive director of KidZNotes, brings El Sistema to Durham.

Gustavo Dudamel, the adored tousle-haired musical director of the LA Philharmonic). It aims to change the trajectories of kids' disadvantaged lives through the rigor, dedication and beauty of music.

A passionate belief that music can do such a thing is a requirement for a woman who spends her days in what seems to be a flat-out sprint: fundraising; guest-lecturing college classes; speaking to rotary clubs and church groups; corralling, coaching and encouraging 60 very young children to play classical violin; and finding local partners to make it all happen.

It's a passion with statistics to back it up, and Wyatt hopes El Sistema's data will predict KidZNotes' results: participants have a 20 percent lower drop-out rate than the general population, 23 percent fewer behavioral problems and a 28 percent greater rate of formal employment.

Like her Venezuelan counterparts, Wyatt's starting them early. KidZNotes' 60

students are in kindergarten through 3rd grade at three elementary schools in East Durham's poorest neighborhoods, where the median per capita income is \$11,184, or 50 percent of the citywide average. Most have never played an instrument. Many have chaotic lives. But since September, they've been spending 10 hours a week in the program — including every Saturday morning — and they are thriving.

"KidZNotes is making my daughter much more responsible," says Trisha Lawrence, whose 8-year-old daughter, Sydney, is one of Wyatt's students. "And I've seen her develop a brighter spirit."

The biggest surprise to Wyatt is how immediate the effects have been: "The kids I thought were going to have the hardest time are doing the best," she says. No fancy tricks were necessary, she says, "just high expectations and instrumental instruction. It's music."

"Katie has a way of talking to the stu-

dents that makes them feel she's really their friend, trying to help them," says Grace Replogle, a 14-year-old KidZNotes volunteer. "She can get them to listen, which is really hard with some kids."

Hard but vital if you've got Wyatt's kind of deadlines in mind, like getting all 60 kids to go from meeting a violin for the first time in September to playing Pachelbel's Canon with the Durham Symphony in March, which she — and they — successfully accomplished.

It costs KidZNotes \$1500 per student to provide this program, which is being partially offset by sponsors, including Duke University, the Durham Arts Council and the Morgan Creek Foundation. But funds are needed to keep it going and growing so Wyatt plans for 100 kids next year. Luckily for the children, the community of Durham has warmly embraced Wyatt and KidZNotes, thanks in no small part to the efforts of local resident and community leader Lucia Peel Powe, who was instrumental in attracting the program, and Wyatt herself to Durham in the first place.

"Katie's an absolutely amazing person," Powe says. "We are lucky to have her."

You can catch Wyatt and her young orchestra at KidZNotes' year-end concert at 10:30 a.m. on May 21 at Durham's Holton Career and Resource Center at 401 N. Driver St. For more information or to volunteer or donate to KidZNotes, go to [www.kidznotes.org](http://www.kidznotes.org).

## A CHAIR IS NOT JUST A CHAIR AT THE GREEN CHAIR PROJECT

It all started in a spare closet, a little more than a year ago where Jackie Craig and Beth Smoot first stashed the hand-me-down toaster, and then the pretty lamp, then another lamp. Soon the closet was crowded, and the spark of an idea began to glow in that cramped space at Edenton Street United Methodist Church, and also in the minds and hearts of two friends who felt a calling to put those simple spare things into the hands of people who needed them.

"Everybody has too much stuff, except the people who are starting over, and they need everything," Smoot says. "People breaking the cycle of homelessness need a dignified way to begin their new lives."

That, it turns out, is easier said than done. Smoot, a realtor, and Craig, a merchandiser, realized that people exiting homeless shelters or programs like StepUp Ministry were too often forced to scrounge for basic necessities, ending up making do with very little, and experiencing a transition to stable housing that was unpleasant and ultimately dehumanizing.



Jackie Craig (l) and Beth Smoot (r) of The Green Chair Project

And so The Green Chair Project was born — a place exclusively for people becoming self-sufficient to furnish their new lives. In eight short months The Green Chair Project was bursting out of the church with donated furnishings, into a nearby space in the Mordecai neighborhood, and finally into its present sprawling location on Capital Boulevard. Here the two friends have created a tranquil, welcoming haven, and surprised even themselves by suddenly becoming full-time, unpaid, nonprofit executive directors. Social entrepreneurs, to use the term of the moment.

One thing led to another, to hear them tell it, and though The Green Chair's growth has been nothing if not organic, its results would seem the product of a well-considered plan.

The showroom itself is a showpiece. Gently-used furniture — much of it remarkably good-looking — has been "staged" into living rooms, dining rooms and kitchen nooks. "Kitchen starter kits"

have been compiled into department-store-worthy gift baskets. The cribs have matching bumpers, the televisions work and the color-matched towels come with pretty soaps. And no, if you haven't been referred by one of The Green Chair's partner agencies, you can't buy any of it. It is a point of pride for Smoot and Craig that they have to shoo more typical "shoppers" away.

With guidance from agencies such as StepUp, The Green Chair offers "a hand up, not a hand-out" to their clients, who pay very low prices (\$30 for a sofa) through a system of points for the furniture they choose. People leave with entire living rooms and kitchens in the back of their U-Hauls. "They go home, and that night, they have 'home' for the first time in a long time," Craig says.

Proceeds go directly to rent, the program's one expense. That's The Green Chair's only cost of doing business because all of it — all of the furnishings, as well as all of the gathering, cleaning, organizing, repairing, staging, and handing-on — is performed by volunteers. Craig and Smoot have both left their paying jobs and have attracted dozens of eager helpers, ranging from school kids to retirees. And everything, from their minimal office furniture to some of their rent is donated.

"It is amazing to me the response we have had from this community," Smoot says, noting that even the legal work they needed to become a tax-exempt 501(c)(3) organization and the construction of their web site have been donated.

The people who are on the receiving end of all this generosity are what make it worthwhile, Craig says, as is the sense that she and Smoot are doing what they've been called to do. "Everyone should live in a house that's peaceful and calm and comforting," Smoot says. Craig agrees: "I came upon a verse from Isaiah that says it," she says. "My people shall dwell in a peaceable habitation, and in sure dwellings, and in quiet resting places."

For more information about The Green Chair Project, or to donate or volunteer, go to [www.thegreenchair.org](http://www.thegreenchair.org) or call 919-809-7982.

Do you know an Unsung Hero? E-mail your suggestions to [liza@lizaroberts.com](mailto:liza@lizaroberts.com).

MM

# Long-Awaited Contemporary Art Museum Opens With A Flourish

by Diane Lea

**A**t the corner of West Martin and Harrington streets in Raleigh's revitalizing Depot Historic District, an unlikely butterfly is emerging from its decades-long cocoon. The historic 1910 two-story brick structure built for Allen Forge & Welding Company and enlarged around 1927 for the Brogden Produce Company — and more recently home to longtime occupant Cal-Tone Paints — has emerged from its asbestos panel sheathing for a new incarnation as the home of Raleigh's Contemporary Art Museum (CAM).

intact, including the original apparatus for the freight elevator visible from the open stair to the museum's main level. There the Main Gallery is revealed as a dramatic space with tall ceilings with the original metal trusses exposed and a row of porthole-like details that are part of the new ventilation and heating and air conditioning system. An original lunette window floods the space with light.

## Creative Spaces

"We have three galleries," says Wyche. "The Main Gallery is our largest and can accommodate 499 people for a variety of events. It will feature one of our two inaugural artists, Dan Steinhilber and his installation 'Hold On, Loosely,' that was inspired by the relationship of our building's past and present functions."

The exhibition features hanging structures created from white paper-covered coat hangers and an inflated sculpture of mulched plastic bags that visitors can enter.

A second gallery, the Street Gallery, appropriately named for its proximity to West Martin Street, is located adjacent to the Main Gallery but separated by an intentional slot cut in the concrete floor to create a deep trench. The Street Gallery is accessible by a glass and metal bridge spanning the trench, providing a view down into the third gallery, the Independent Weekly Gallery, named in honor of the weekly newspaper, whose owner and publisher, Steve Schewel, is among many longtime CAM supporters. The Street Gallery features another element of Steinhilber's 'Hold On, Loosely,' a series of cardboard constructions banded with bright yellow strapping.

The intimate Independent Weekly Gallery hosts the first solo museum exhibition of New York-based artist Naoko Ito as part of the Emerging Artist Series, a program designed to facilitate the interaction of emerging artists with museum visitors. Ito's segmented tree branches are preserved in mason jars, a comment on man's desire to contain nature. It is a spare installation, made beautiful by the artist's selec-



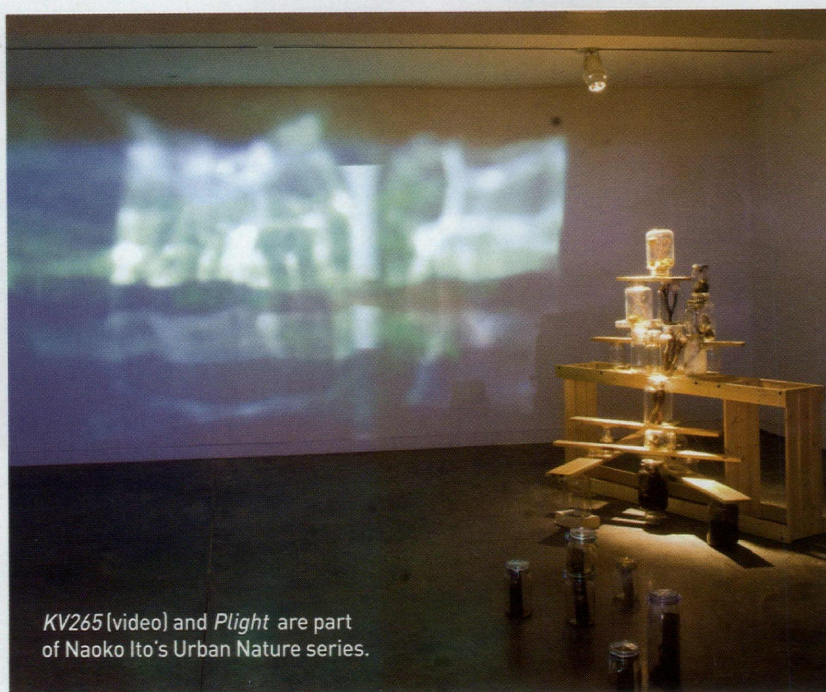
CAM's director of development, Rosemary Wyche, proudly guides her visitor through the dramatic entrance lobby, a glass-enclosed space set beneath a spectacular folded-panel roof that extends over the entry garden to form a kind of welcoming front porch. Wyche points out that much of the original fabric of the building, a produce warehouse with loading bays for trucks and a connection to a railroad spur, is largely



A Dan Steinhilber sculpture created from cardboard boxes dominates the gallery.



Paper-covered hangers create a graceful shape evoking a bird's wing.



KV265 (video) and *Plight* are part of Naoko Ito's Urban Nature series.

tion of delicate wires and crystalline objects to adorn her branches. The gallery's square cast-in-place masonry columns with distinctive flared capitals and sheared caps have a delicacy of their own to complement Ito's work.

The lower level is also home to administrative offices, storage and preparation areas and the catering kitchen. The administrative area is defined by half-walls that give the basement a sense of openness. The space is equipped with ergonomic chairs and a state-of-the-art telephone system donated by Cisco Systems. Another loading dock on the west elevation has been opened up to accommodate catering vans. Wyche says that CAM anticipates renting the facility to private individuals, corporations and other groups to generate income. This level also accommodates one more exhibit space, the Media Lab, or Black Box Room, intended to display digital art and other technology.

## Historic Setting For Modern Art

Carson Holding Brice, chair of CAM's Board of Directors, joined the organization after returning to Raleigh from Washington, DC, and a career in marketing that took her from the Czech Republic to Research Triangle Park. She has spent the past five years helping to raise \$2.5 million to match the \$2.5 million of public agency funding that has gone into the renovation and reuse of the building.

"Because of the historic importance of the building, we were able to use both federal and state tax credits for our renovation," says Brice. "We were also eligible for the New Market Tax Credits designed to help revitalizing areas, and for the enhanced tax credits available for mills and other industrial buildings. However, in times like these, the generosity of the private sector is essential."

Brice is particularly excited that CAM

has merged with NCSU's College of Design to help fulfill the commitment of both groups to arts education in the community. The collaboration includes the College of Design's Design Camp for middle school students, and a virtual web site of the CAM facility set up by College of Design students to encourage interaction with the public during CAM's transition to its new life.

## Productive Partnership

Steve Schuster, a principal in the Raleigh architectural firm Clearscapes, credits College of Design's Dean Marvin Malecha with suggesting the CAM-College of Design partnership. Schuster worked as a consultant to CAM to help find funding, and Clearscapes was one of two architectural firms selected to perform the design work. Schuster recalls that at the time he was consulting with CAM, Malecha was on the Board of Directors.

"We were sitting around wondering how we were going to accomplish the repurposing of this building. CAM had owned it since about 1997 and had been unable to raise the funds for it," says Schuster. "Malecha said that partnering with the College of Design would have a positive impact on the project and lend credibility to it. We just went on from there."

Though CAM recognized that it needed a local firm to retain architectural continuity and a prized sense of place, as well as to shoulder the burden of on-site work and governmental paperwork, the board had long dreamed of having an outside firm to look at the project with fresh eyes. Their choice was Pugh+Scarpa, now Brooks+Scarpa, of Santa Monica, CA. Schuster notes that Pugh+Scarpa was well known for their interesting art museum work, and they were emerging as a nationally recognized design firm.

"While still working on the CAM project, Pugh+Scarpa won the national 2010 AIA Architecture Firm Award," says Schuster. "That's the highest honor AIA bestows on an architecture firm. I think Pugh+Scarpa's design of the new 1200-square-foot entrance lobby addition with its folded-panel roof is a good example of their skill and finesse."



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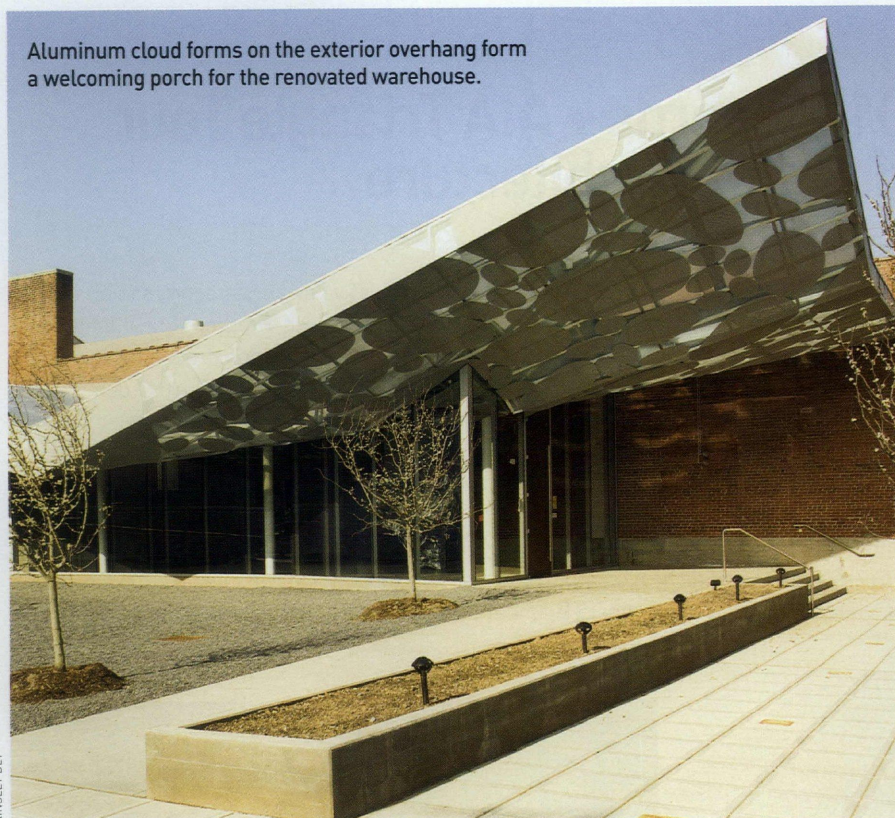
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Aluminum cloud forms on the exterior overhang form a welcoming porch for the renovated warehouse.



KINSLEY DEY

Clearscapes led the team effort to revisit the Brogden Produce Company building that had been deemed a non-contributing structure in the original National Register Nomination of the Depot Historic District.

"The surveyor couldn't get into the building and the exterior was sheathed in asbestos siding," says Schuster. "When we finally got the siding off, we found that the West Martin Street façade, an early addition to the gable-roofed warehouse, was in good condition and there was a nice simple brick cornice and precast coping details.

"The team was able to make a case for including the building in the National Register District, an essential step in obtaining the \$3 million in tax credits that made the project possible," adds Shuster.

Though the exterior bays on the West Martin Street façade had been filled in with masonry, it was possible to open them up and create large metal-framed window walls that bring in northern natural light, enhancing the light from the metal-framed windows on the east elevation of the building.

### Quality Leadership

As CAM opened its doors with a grand

opening, that included a block-party and an after-hours party headed by Honorary Chairs James and Ann Good-night, it also welcomed a new executive director to guide its path. Elysia Borowy-Reeder is a visual arts graduate of Antioch College in Ohio with advanced degrees in art history and art education from Michigan State University. Borowy-Reeder has held senior leadership positions at the School of Art Institute of Chicago, the Museum of Contemporary Art Chicago and the Milwaukee Museum. As a museum professional, Borowy-Reeder is excited by the breaking of boundaries by different art forms, connecting audiences with artists and designers who use street art, design, performance, craft, architecture and other disciplines and mediums to create a message that has to do with the human condition.

The emergence of the Brogden Produce Company, from an anonymous asbestos-covered block to a visually exciting and functional art space in the midst of Raleigh's Depot Historic District, is a remarkable transition. Like the butterfly, CAM is spreading its wings after a long wait. **MM**

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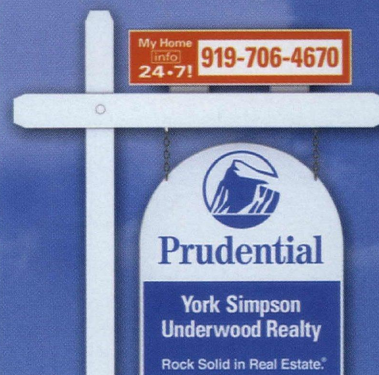
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# AIA Triangle 2011 Awards + AIA Triangle Tour -Residential Architecture

by Diane Lea

It's that time again, and this year the American Institute of Architects Triangle Section showcased five award categories in an elegant reception held in the Isosceles Award-winning West Building of the North Carolina Museum of Art in Raleigh. Program Chair John Reese of Durham's Duda Paine Architects announced the awards: AIA Triangle Design Awards for area architects demonstrating overall design excellence; the Gail Lindsey Sustainable Architectural Award for a built project that promotes a sustainable environment while demonstrating design excellence; AIA Triangle Tour of Residential Architecture that recognizes residential design excellence through selection for a public tour; AIA Student Scholarship Award for an NCSU College of Design architecture student project for design excellence; and the AIA Triangle Isosceles Award that recognizes a non-architect or organization that has collaborated with AIA members to construct and/or preserve a better built environment.

The jury chair for this year's AIA Design Awards is Anne Fougerson, AIA, founder and principal of Fougerson Architecture in San Francisco, CA. Fougerson Architecture is a nationally recognized modernist design firm committed to clarity of thought, design integrity and fine quality architectural detail. Terry Wyllie, the director of architecture at Beyond Ordinary Boundaries in Richmond, VA, served as jury chair for the Residential Architecture Tour.

## Honor Awards

### Built Projects:

DC Public Libraries—Anacostia Neighborhood Library  
Washington, DC

**Architect:** The Freelon Group in association with R. McGhee & Associates  
Durham, NC, and Washington, DC

**General Contractor:** Forrester Construction, Rockville, MD

**Photography:** Mark Herboth Photography

Completed in June 2010, the Anacostia Neighborhood Library is a new 23,000-square-foot General Services Facility located on Good Hope Road and 18th Street in southeast Washington, DC. One of the district's oldest historic neighborhoods, Anacostia is home to the historic Frederick Douglass House, and like the Douglass House, the library enjoys a generous park-like setting. Designed as a series of pavilions within a larger volume, the library is scaled appropriately for the surrounding residential neighborhood. Targeted for a LEED Silver Certification, the project uses underfloor air distribution to aid in high-ceilinged spaces, and there is a solar component for producing hot water. The library makes use of a brownfield site that adds to its sustainability.



Duke, East Campus Steam Plant

## Honor Award and Gail Lindsey Sustainable Architecture Award

### Built: Preservation/Renovation

Duke, East Campus Steam Plant/Owner Duke University, Durham, NC

**Architect:** SmithGroup, Durham, NC

**General Contractor:** Balfour Beatty Construction

**Photography:** Jay Mangum Photography and Jerry Blow  
Architectural Photography

Designed by campus architect Horace Trumbauer in 1928, the East Campus Steam Plant's detailed brickwork, large-arched window openings and 175-foot tall smoke stack had sat vacant for 30 years. In 2010, the historic coal-burning structure was restored and converted to burn natural gas. The plant houses 15 energy-efficient Miura boilers, the largest installation of these boilers in North America. By reusing the boilers and the existing coal chutes, the project retains a significant part of the building's industrial heritage while achieving a LEED Gold Certification from the US Green Building Council.

## Merit Awards

### Built:

Aldridge House, Raleigh, NC

**Architect:** Kenneth Hobgood, architects, Raleigh, NC

**General Contractor:** Bayleaf Builders, Raleigh, NC

**Photography:** N/A

In 2006 John and Betty Aldridge moved from Chicago to care for Betty's mother in her one-level 1955 brick residence. The project was the complete renovation of the existing house to make the house more livable for three people. To accommodate a new bedroom for John on the small lot, the architects created a two-level dormer that extends out and down to the floor below. With this addition, John and Betty's bedrooms were now large enough to include a small work space and extra storage. Virtually invisible from the street, the 500-square-foot addition represents 35 percent of the building footprint.



### Interior:

Architect's Office, Research Triangle Park, NC

**Architect/Owner:** Perkins + Will, Research Triangle Park, NC

**General Contractor:** Duke Realty Construction, Morrisville, NC

**Photography:** Mark Herboth Photography

Completed in 2009, this 7800-square-foot interior up-fit accommodates 30 current staff with growth potential for 45. The office is organized around translucent-faced cubes that serve to refract natural skylight and enlighten surrounding spaces. A spine of translucent ceiling flows through the space. There are no closed offices but several shared closed rooms are provided. The project is LEED Gold Certified.

### Built:

**The Durham Performing Arts Center/Owner:** City of Durham  
Durham, NC

**Architect:** Szostak Design Inc., Chapel Hill, NC

**General Contractor:** Skanska, Durham, NC

**Photography:** Tom Arban Photography

The Durham Performing Arts Center (DPAC) is a 2800-seat, Broadway-style theater. A versatile, multi-use facility, DPAC hosts theatrical companies, concerts, and locally produced stage performances and is now the primary stage for the American Dance Festival. The house features an orchestra and two balconies with optimal sightlines and intimate,



comfortable seating for theater-goers. A full flyloft and grid, a 50-by-120 stage and extensive backstage production facilities make DPAC the center of Durham's vibrant sports and entertainment district. The window-walled structure glows at night, reaching out to the surrounding public spaces.

#### Un-Built/Commissioned:

**Jones 2/Owners:** Lee and Nicole Jones, Raleigh, NC

**Architect:** Kenneth Hobgood, architects, Raleigh, NC

Located on a steep, heavily wooded site just inside the beltline in Raleigh, the 1800-square-foot Jones House is part of an established neighborhood with the feel of a secluded retreat. The house is designed as a three-level tower that minimizes disruption to the site. While all three levels are simple square plans, the middle level has been shifted forward allowing dramatic views of the site and creating outdoor balconies. The house is entered via a bridge on the living/dining level.



#### Built:

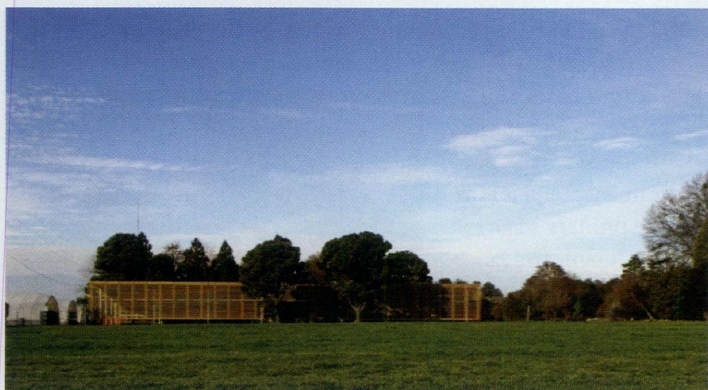
**JC Raulston Arboretum Lath House/Owner:** NCSU JC Raulston Arboretum, Raleigh, NC

**Architect:** Frank Harmon, Architects

**General Contractor:** LT Bennett General Contracting Inc., Raleigh, NC

**Photography:** Courtney Evans

The 8-acre JC Raulston Arboretum is a nationally recognized garden with the most diverse collection of cold-hardy temperate zone plants in the Southeastern United States. Primarily a working research and teaching garden that focuses on the evaluation, selection and display of plant material gathered from around the world. The Lath House was conceived of as an open-air laboratory for experimental horticultural techniques and methods. It is designed as an abstract of a tree spreading its branches to protect the plants beneath it. The light-to-shade ratio created by a wooden screen of two-by-fours will meet the needs of the plants in the spring.



## AIA Residential Architecture Tour Will Preview Monthly In Metro Magazine

The second Triangle Tour of Residential Architecture will take place in October. Each of the six residences selected will be displayed in *Metro* during the months leading up to the six-home tour. The residences are located in Chapel Hill and Raleigh.

**Residence No. 1** — The Abbey House at 735 Gimghoul Road, Chapel Hill. Designer: Weinstein Friedlein Architects, Carrboro. Completed in 2006, the project includes a 2200-square-foot addition rising three stories behind the original house and connecting all the family living quarters by means of a light-filled bridge, which also provides light to the original interior and stairway.

**Residence No. 2** — The Tise Residence at 914 Lystra Road, Chapel Hill. Designer: Tise-Keister Architects, Carrboro. Completed in 2002, the 2800-square-foot residence is sited within a natural clearing to take advantage of splendid forest and creek views. Constructed to insure maximum energy efficiency, the mechanical and insulation components are designed and installed as a single cohesive unit.

**Residence No. 3** — The Goodall Addition at 513 Holden St., Raleigh. Designer: Tina Govan, AIA. Completed in 2007, this 650-square-foot addition to a 1923 bungalow retains the integrity of the original bungalow while adding a second structure, the Tatami House, to provide more living space. Both structures look out on an outdoor plaza.

**Residence No. 4** — The Davis Residence at 3105 Janice Road, Raleigh. Designer: Bizios Architect, Raleigh. Located on a small wooded lot near a lake and public park, the residence is a retreat or in-town escape for the owner. Exterior forms and materials are reminiscent of summer camp structures while the interior features dramatic two-story open spaces and a two-sided fireplace.

**Residence No. 5** — The Cameron Park House, 210 E. Forest Drive, Raleigh. Designer: Michael Stevenson, AIA, Raleigh. Situated on one of the last remaining lots in Raleigh's historic Cameron Park, the residence is a modern expression of the philosophy that guided the Craftsman architecture prevalent in the neighborhood. Energy efficient, the residence qualifies for the highest Energy Star rating of Five Stars Plus.

**Residence No. 6** — The Graham Street Residence, 816 Graham St., Raleigh. Designer: Alphin Design Build, Raleigh. Completed in 2008, this two-story home for a family of four is described as a tree-hugging house. The relationship of the house to a mature oak tree on the south elevation drove the design of the house and added to its energy efficiency.

# Form + Function

by J. Michael Welton

## EMBEDDED INTO THE MOUNTAINSIDE

Raleigh-based **Pearce Brinkley Cease + Lee** is putting the finishing touches on a new Health Sciences building at **Western Carolina University** in **Cullowhee**, about an hour west of **Asheville**.



It's no small undertaking. At 160,000 square feet, it's designed to house the university's school of nursing, as well as facilities for physical and occupational therapy and two anatomy labs.

The architects have pulled off a graceful sleight-of-hand with the four-story structure, embedding it into the side of a mountain site with a 30 percent slope. "It's nested into the mountain so that we didn't have to cut a chunk out," said **Chad Roberson**, project architect. "The building is gigantic, but when you're driving up to it, it looks very small because of the way it's sited."

The teaching facility should be up and running by the end of the year, providing medical services to the community at reduced cost.

## AWARD-WINNING DESIGNS AND PROPERTY FOR SALE

**Kenneth Hobgood** designed a pair of homes for **Lee Jones**, a few years back, on a steep slope at 1425 Granada Drive in **Raleigh**. Neither was ever built, but between them, the two plans won three awards: the 2009 AIA Triangle Design Award, the 2010 North Carolina AIA Design Award and the 2011 AIA Triangle Design Award. Jones now is moving to Texas and has listed the ¾-acre



property for sale, at \$180,000 for the land alone, or \$220,000 with the two sets of plans. Contact Lee Jones at 919-451-3706.

## TWO AWARDS, ONE NIGHT

Raleigh's unofficial dean of the architecture profession, **Frank Harmon**, picked up two separate awards on a late April evening this year. After collecting a **City of Raleigh Environmental Design Award** at the **Marbles Kids Museum** in downtown Raleigh, he dashed over to the **North Carolina Museum of Art** in west Raleigh just in time to pick up a merit award from **AIA Triangle**.

The city praised Harmon's **Walnut Creek Wetland Center** for demonstrating green design concepts and a positive ecological footprint, and AIA Triangle recognized the overall design excellence of his firm's **Lath House for NC State University's JC Raulston Arboretum**. (see Diane Lea's coverage of the AIA awards in this issue).

## TOUR JEFFERSON'S POPLAR FOREST JUNE 18

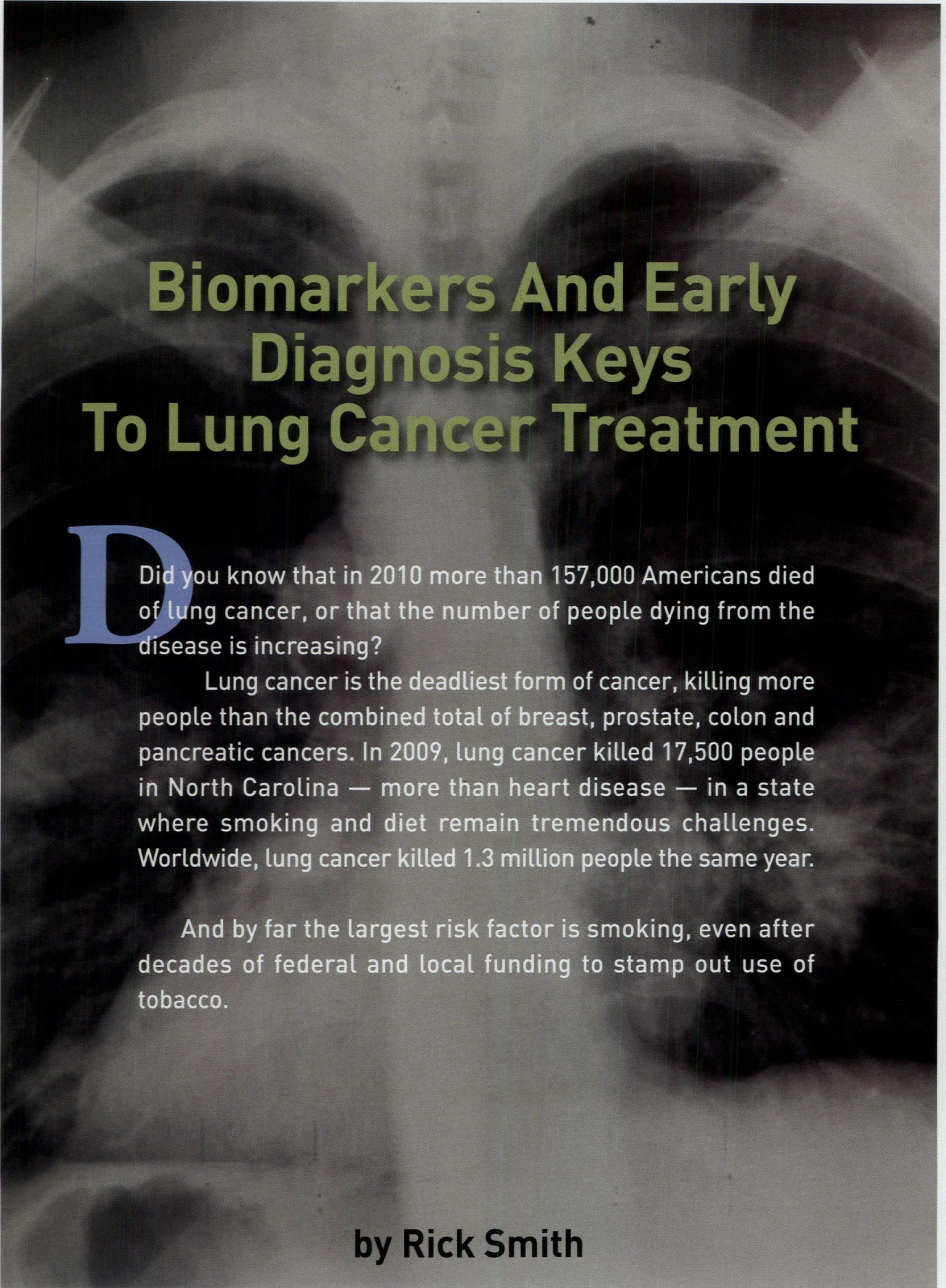
On Saturday, June 18 the online architecture and design magazine **www.architectsandartists.com** (written and edited by the author of this column) is sponsoring a behind-the-scenes tour of **Poplar Forest** near **Lynchburg, VA**, **Thomas Jefferson's** architectural masterpiece and Palladian retreat.

**Travis McDonald**, director of architectural restoration at the estate, will lead a guided, room-by-room commentary of the octagonal-shaped main building, as well as its design and construction and that of surrounding structures. **Jack Gary**, director of archeology and landscape, will lead participants through a tour of excavations and plantings at the Palladian villa.

The one-day motor coach tour will depart from a central location in Raleigh, N.C at 8 a.m. on the 18th, arrive at the estate by 11:30 a.m., and return by 6 p.m. A light breakfast will be served en route, with lunch upon arrival. Cost for transportation, meals and admittance is \$62. Seating is limited. To sign up, click on the "Poplar Forest" box on A+A's front page, send an e-mail to [mike@architectsandartists.com](mailto:mike@architectsandartists.com), or call 919-562-1725.

**George Smart's Triangle Modernist Houses (TMH)** was spotlighted recently by RPPN, a national organization preserving historic buildings and sites from the last 50 years. A feature article focused attention on the TMH series on early North Carolina black architects, with a five-page spread in its spring 2011 online magazine, *RPPN Bulletin*. The RPPN article includes a list of 17 black architects featured on the TMH web site thus far, with photos of those architects' work. (See Secrets of State in this issue). **MM**

*Mike Welton also writes a blog on architecture and the people who make it possible at: [www.architectsandartists.com](http://www.architectsandartists.com).*



# Biomarkers And Early Diagnosis Keys To Lung Cancer Treatment

**D**id you know that in 2010 more than 157,000 Americans died of lung cancer, or that the number of people dying from the disease is increasing?

Lung cancer is the deadliest form of cancer, killing more people than the combined total of breast, prostate, colon and pancreatic cancers. In 2009, lung cancer killed 17,500 people in North Carolina — more than heart disease — in a state where smoking and diet remain tremendous challenges. Worldwide, lung cancer killed 1.3 million people the same year.

And by far the largest risk factor is smoking, even after decades of federal and local funding to stamp out use of tobacco.

**by Rick Smith**

## PERSONALIZED MEDICINE APPLIED TO TREATMENT

Providing a unique overview of the fight against lung cancer is Christopher Ung, vice president of Oncology Therapeutic Strategy at Research Triangle Park-based Quintiles, the world's largest life sciences testing and services firm. Quintiles works with companies worldwide in medical research, conducting many of the clinical trials companies rely on to test and develop new products.

His area of focus is personalized medicine based on biomarkers — genetic data that could indicate an individual's chances of developing cancer. His development team at Targeted Molecular Diagnostics — where Ung worked before the firm was acquired by Quintiles — developed the first test using genetic information to select advanced breast cancer patients for treatment with a targeted oncology drug. Asked why lung cancer remained such a deadly killer, and why a cure remains elusive, Ung stressed the need for earlier diagnosis and more development of targeted treatments similar to those developed by his previous employer.

## Lung Disease Warning Signs

(American Heart Association)

**Chronic Cough** — A cough that you have had for a month is chronic. This is an important early symptom. It tells you something is wrong with your respiratory system.

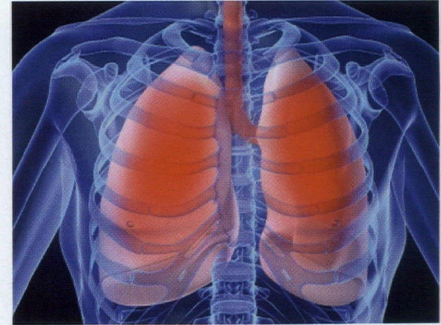
**Shortness of Breath** — Shortness of breath that doesn't go away after exercising, or that you have after little or no exertion, is not normal. Labored or difficult breathing — the feeling that it is hard to breathe in or breathe out — is also a warning sign.

**Chronic Mucus Production** — Mucus, also called sputum or phlegm, is produced by the airways. It is a defense response to infections or irritants. If your mucus production has lasted a month, this could indicate lung disease.

**Wheezing** — Noisy breathing or wheezing is a sign that something unusual is blocking your lungs' airways or making them too narrow.

**Coughing up Blood** — If you are coughing up blood, it may be coming from your lungs or upper respiratory tract. Whatever the source of the blood, it is a sign of a health problem.

**Chronic Chest Pain** — Unexplained chest pain that lasts for a month or more — especially if it gets worse when you breathe in or cough — can also be a warning sign.



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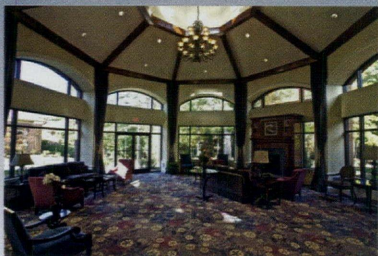


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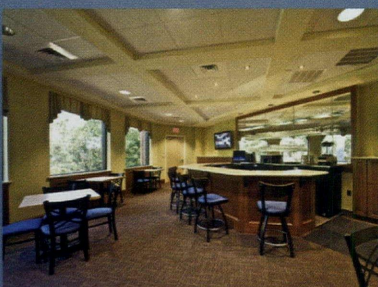
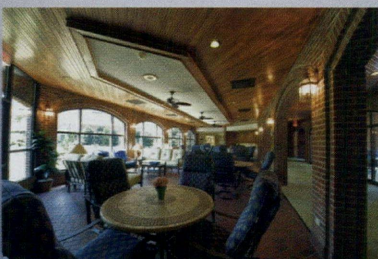


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## Duke Study: Smokers Likely To Develop Deadly Kidney Cancer

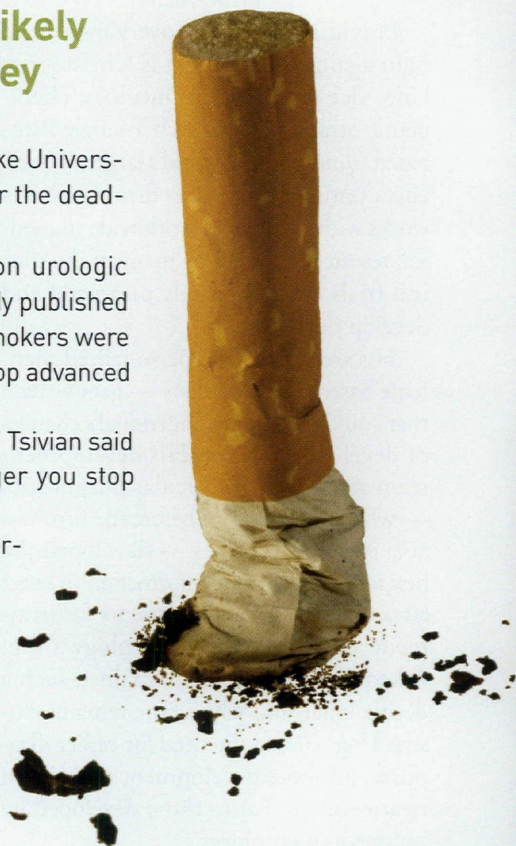
According to new research from Duke University, smoking also is a big risk factor for the deadliest form of kidney cancer.

Dr. Matvey Tsivian, who focuses on urologic oncology, was the lead author on a study published in April that found current or former smokers were more likely than non-smokers to develop advanced renal cancer.

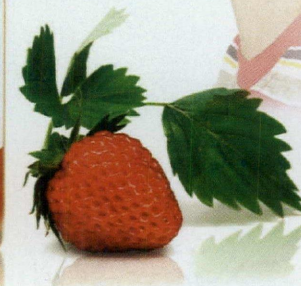
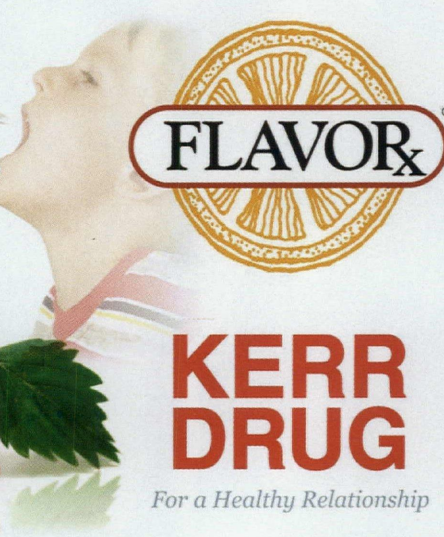
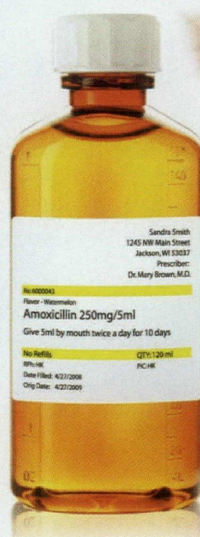
"If you stop smoking, the risk stops," Tsivian said of the study's findings. "And the longer you stop smoking, the better it is."

According to the Duke study, 28.7 percent of current smokers and 29.3 percent of former smokers in the study group developed the advanced form of the disease compared to 20.2 percent of non-smokers.

The study was published in the *Journal of Clinical Oncology*. **MM**



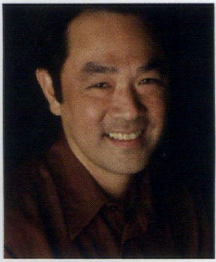
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Twenty-five to 30 percent of lung cancer patients have never smoked or are light smokers. In these patients, the disease is driven by mutations. Understanding the cause of these mutations and shutting down the genetic drivers of the disease is where we are focused now.

— Christopher Ung

“The main challenge with lung cancer is that it is often diagnosed so late,” Ung said. “By the time symptoms surface, the cancer has metastasized and patients are given a Stage 4 diagnosis. The battle is difficult when the cancer is identified so late in the game.

“Until recently, the treatment option for lung cancer patients was platinum-[based] chemotherapy — but a large per-

centage of patients do not respond to chemo. Today, we are starting to see the rise of new, more targeted therapies for lung cancer patients that result in more positive treatment outcomes.”

#### SMOKING NOT ONLY RISK FACTOR

The linkage between smoking and lung cancer is the best-known risk factor, but there are others, Ung warned. “We have

#### Lung Cancer Clinical Trials: Where To Find Them

The National Cancer Institute offers a detailed database about ongoing clinical trials involving lung cancer and other diseases.

Enter the type of cancer and then the specific type of cancer that has been diagnosed in order to find clinical trial information.

The web site: [www.cancer.gov/clinicaltrials/search](http://www.cancer.gov/clinicaltrials/search).

### Inside The Lung Cancer Numbers

According to the LungUSA web site, some statistics about the prevalence of lung cancer:

- Lung cancer remains the deadliest form of cancer for men and women, having surpassed breast cancer in women in 1987.
- Smoking is the biggest risk factor for lung cancer, being involved in 90 percent in the deaths of women and 80 percent in men.
- Among women, those who smoke are 13 times more likely to develop lung cancer.
- Among men, smokers are 23 times more likely to be inflicted with the disease.
- Patients living with the disease have climbed to more than 370,000.
- Of these people, by far the biggest majority are over age 60.
- Last year, an estimated 222,000 people were diagnosed with lung cancer.
- Among men with lung cancer, the death rate is 67 per every 100,000.
- It's 40 per 100,000 among women.
- The death rate among African Americans (56.8 per 100,000) is higher than whites (52.1 per 100,000).

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learned that lung cancer is not a single disease," he added. "Twenty-five to 30 percent of lung cancer patients have never smoked or are light smokers. In these patients, the disease is driven by mutations. Understanding the cause of these mutations and shutting down the genetic drivers of the disease is where we are focused now. Treating non-smokers is very different than treating smokers."

Ung sees in his job just how focused university and private sectors are on finding better ways to combat lung cancer: "The focus on lung cancer is massive these days — especially among never-smokers or light-smokers. There is great interest in identifying the mutations that can cause cancer, such as the EGFR mutation. [EGFR stands for epidermal growth factor receptor]."

"If we can shut down these mutations, we can help manage the disease," he added. "We have a fighting chance to turn cancer into a chronic disease rather than a killer disease."

Ung believes that targeted treatments based on a person's individual profile hold the best chance for containing lung can-

### North Carolina Lung Cancer Partnership

A nonprofit organization in North Carolina is active in the fight against lung cancer, hosting fundraisers and events to help support research funding.

North Carolinians Against Lung Cancer was formed in 2006 and became part of the National Lung Cancer Partnership in 2008.

Members include doctors and healthcare professionals, lung cancer survivors, as well as advocates involved in the fight against the disease.

For more information, visit the group's web site at: [www.nationallungcancerpartnership.org](http://www.nationallungcancerpartnership.org).

cer. "Targeted therapies present new treatment options for lung cancer patients who have progressed down first line chemotherapy with a poor prognosis," he explained. "If we can identify a patient's molecular profile, and the mutations causing the cancer, then we can enroll patients in clinical trials that leverage the relevant targeted therapies."

"For many patients, these targeted therapies can increase quality of life, and in some cases, extend their lives. Furthermore, through clinical trials, we are learning more about how to manage the disease and the mutations that cause cancer."

Asked if there is a realistic hope that lung cancer can be defeated, he again

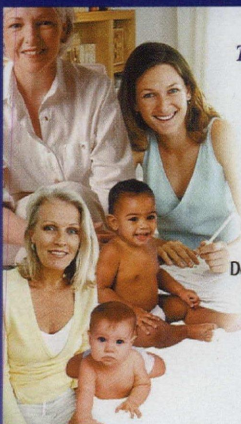
stressed that the disease comes in different forms and therefore presents multiple challenges.

"Lung cancer is not a single disease," he said. "There are two ways to fight lung cancer — through early diagnosis, and by understanding genetic drivers of the various components of lung cancer."

"By understanding a patient's molecular profile and looking at their disease from different time points, we can personalize treatment plans in a targeted way, resulting in the extension of life and better quality of life."


"We are starting to make nice progress on this disease," Ung added, "but there is a lot left for us to learn." **MM**

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# Wake Radiology

## Focused On Early Detection Of Breast Cancer

A woman has about a one in eight chance of developing breast cancer in her lifetime, with the likelihood increasing with age and after menopause. While breast cancer is a very common cancer, the death rates have been steadily decreasing over the past decade. Today, the chance of dying from breast cancer is about one in 35 due to advanced screening, diagnostic imaging and treatment options. Figures show there are more than 2.5 million breast cancer survivors in the United States.

The key to surviving breast cancer is early detection. And the best way to detect early stage breast cancer is by following the simple measures recommended by the American Cancer Society.

Current guidelines, endorsed by the American Cancer Society, Society of Breast Imaging, American College of Radiology and Susan G. Komen for the Cure, include:

- Yearly mammogram from age 40 to 80
- Breast self-exam each month for women over age 20
- A yearly clinical exam by their health care provider

### Screening Mammograms Are The Critical First Step

As director of women's imaging for Wake Radiology, Kerry Chandler, MD, leads a team of radiologists specializing in reading thousands of mammograms performed at Wake Radiology's six breast imaging locations in the Triangle, including Wake Radiology Comprehensive Breast Imaging Services in Cary, the area's first center dedicated exclusively to breast imaging. Almost all mammograms are digital — an advantage over analog films for patients with dense breasts, patients who are younger and patients who are premenopausal.

"Most women don't know the differ-

ence between screening mammograms and diagnostic mammograms, and this difference becomes important in reducing patient anxiety," says Dr. Chandler.

A "screening" mammogram is performed on asymptomatic women and consists of four views of the breasts, the test most women over age 40 have yearly to detect changes. A "diagnostic" mammogram is performed only when a patient presents with a lump, pain, has had an abnormal screening mammogram or a previous cancer. In these cases, a more customized view of the breast can provide more specific information to the physician.

"In screening mammograms, an abnormal finding does not mean that a woman has cancer, it indicates that we simply need additional imaging to be specific about the diagnosis," explains Dr. Chandler. "The majority of patients who have an abnormal finding on their screening mammogram do not have a malignancy."



Britt York, Penni Booth, Catherine Sugar, Jennifer Bizzell and Courtney Cook are a few of Wake Radiology's registered, experienced and caring mammography technologists.



Dr. Kerry Chandler assisted by ultrasonographer Amber Swagger, perform a breast ultrasound and answer questions raised by the patient.



Breast imaging specialist Richard E. Bird, MD, FACR developed a continuing education program for Wake Radiology mammogram technologists.

Wake Radiology has prioritized the importance of screening mammography by consolidating all screening tests at one location to be read daily by a team of radiologists with special expertise in mammography. Wake Radiology implemented a batch reading process to ensure screening mammograms are interpreted separately and carefully. Says Dr Chandler: "Batch reading of screening mammograms improves our ability to find relatively small cancers."

While the radiologists are specialty trained, Wake Radiology also has developed continuing education for technologists who work in women's imaging, under the guidance of breast imaging specialist Richard E. Bird, MD, FACR, one of the nation's leading mammography experts who has been with Wake Radiology since 2004.

#### Diagnostic Mammograms And Breast Ultrasound Aid In Diagnosis And Evaluation

If a woman has an abnormal screening mammogram, diagnostic mammography – which provides more views of the breast – and often breast ultrasound are the next exams recommended for further evaluation. At Wake Radiology, these exams are performed under direct physician supervision. "The results are strongest when the same physician evaluates the patient, takes the history, reads the mammogram, and then performs or supervises the ultrasound," notes Dr. Chandler.

Which type of exam used is based on several factors. For a woman in her 20s with a mass that can be felt, an ultrasound may identify a simple benign breast cyst with no need to proceed to any further imaging. However, an older patient in her 30s is more likely to have a malignancy, so a diagnostic mammogram is the first imaging choice.

Almost all patients who come to Wake Radiology for diagnostic evaluation receive their results before leaving.

"I directly supervise every ultrasound, so I have an opportunity to explain the exam to the patient," said Dr. Chandler. "I often review findings on the diagnostic mammogram with the patient as well. The patients then know my thought process

when I'm looking at their studies.

"It is important to reassure a patient — to explain, for example, that breast calcifications are very common and very likely to be benign. I also want to make sure that I discuss what next steps need to be taken to work up any finding so each patient understands the rationale for what we do and has the opportunity to ask questions.

"My goal is to help solve the problem of what the patient has, and also to mitigate the anxiety that the patient experiences about the evaluation."

Ultrasound is used following an abnormal screening mammogram or if there is

### BREAST IMAGING CENTERS OF EXCELLENCE

Many of Wake Radiology's women's imaging centers have achieved the highest designation by the American College of Radiology (ACR). The Breast Imaging Center of Excellence (BICOE) designation is awarded to centers that have achieved high practice standards in image quality, personnel qualifications, facility equipment, quality control procedures and quality assurance programs.

Wake Radiology North Hills, Wake Radiology Chapel Hill, Wake Radiology Comprehensive Breast Services in Cary, Wake Radiology Wake Forest Digital Mammography, Wake Radiology West Raleigh, and Wake Radiology Garner are BICOE imaging centers. All Wake Radiology women's imaging locations follow the same standards as set forth by the American College of Radiology, providing patients the assurance of the best possible exam at all locations.

The ACR recognizes centers that have earned accreditation in all of the College's voluntary breast-imaging accreditation programs and modules, in addition to their mandatory Mammography Accreditation Program.

American College of Radiology Center of Excellence breast imaging programs are fully accredited in mammography, stereotactic breast biopsy, breast ultrasound and ultrasound-guided biopsy. Peer-review evaluations are conducted in each breast imaging modality by board-certified physicians and medical physicists who are experts in the field.

### USPSTF RECOMMENDATIONS REJECTED

In 2009, the US Preventative Services Task Force (USPSTF)<sup>1</sup> released new screening mammography guidelines. The recommendations call for increasing the interval between screening mammograms to once every two years for women between the ages of 50 to 74 and discontinuing monthly breast exams for all women. The task force also upped the recommended age to start screening to age 50, which is 10 years later than current standards.

These revised guidelines have caused some confusion for physicians who regularly order screening mammograms for their female patients. Women are also unsure when they should have the test.

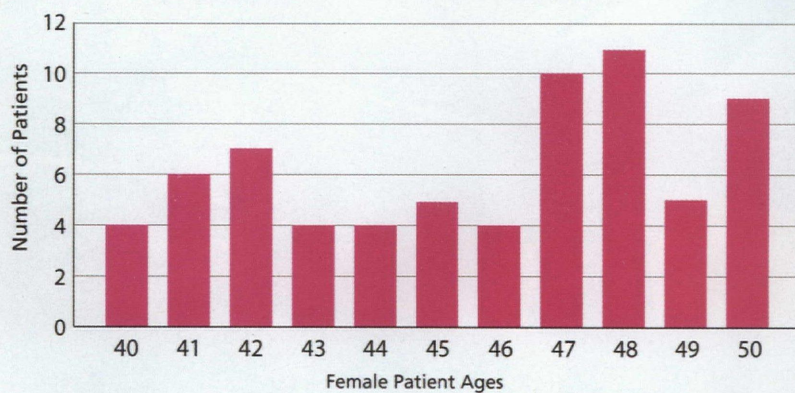
"We need to keep an annual exam in place because we now are able to find smaller cancers," explains Dr. Chandler. "Implementing the USPSTF guidelines will mean waiting an additional year between screening mammograms thereby, allowing a cancer more time to grow. This delay could literally mean the difference between life and death for some patients."

"By my own evaluation, it seems that the task force did not look at all the data." Chandler points to landmark studies in Sweden conducted by radiologist and researcher Lázló Tabár, MD, a randomized trial of breast cancer screening of more than 130,000 women aged 40-74 years with a 13-year follow-up of more than 2,450 cancers<sup>2</sup>. "The data were very clear that mammography performed even in 40- to 50-year-old women brought about a statistically significant decrease in mortality," she says. "Screening mammograms allow us to identify small breast cancers of 15mm or less, and for those patients, the prognosis is very favorable."

"I am confused about the reasons the USPSTF made recommendations that essentially say no screening mammography for women between ages 40 and 50, because it is not unusual for me to find small cancers on screening mammograms on completely asymptomatic women in this age group. The USPSTF recommendations fly in the face of what I see and in the face of the data that I know. (See chart below – Positive breast cancer findings from asymptomatic screening mammogram exams on patients age 40-50.)

The interval between mammograms also is of concern. "The optimal interval between screening mammograms has not been proven to be two years (as the USPSTF recommends). In the best studies that have looked at this parameter, the optimal interval between screening mammograms has been shown to be about 16 months. The current yearly screening protocol was developed since this interval is the closest to the optimal interval that can easily be remembered by the patients and the referring providers."

Positive breast cancer findings from screening mammogram exams



Wake Radiology data from Jan 2008 to December 2009

<sup>1</sup> The USPSTF is an independent panel of non-Federal experts composed of primary care providers (internists, pediatricians, family physicians, gynecologists/obstetricians, nurses, and health behavior specialists). They conduct reviews of preventive health care services and develop recommendations. There are no radiologists or breast surgeons on the panel that made the recent recommendations.

<sup>2</sup> Tabár L., Fagerberg G., et al. Efficacy of breast cancer screening by age. New results from the Swedish Two-County Trial. *Cancer*. 1995 May 15. PubMed PMID: 7736395. <http://www.ncbi.nlm.nih.gov/pubmed/7736395>.

a palpable lump in the breast, according to Dr. Bird. "Improvements in technology have increased the sophistication of this modality, and it plays an integral role in breast imaging. However, it is not a screening tool for cancer. While studies have shown that ultrasound can find cancers not found by mammography, it is not specific enough and results in a large percentage of false-positives."

Ultrasound is also very operator dependent. The quality of an ultrasound

exam is often determined by the experience and expertise of the person performing the exam. At Wake Radiology, a women's imaging radiologist experienced in ultrasound directly supervises each breast ultrasound.

### How MRI Is Beneficial In Detecting New And Recurrent Cancers

While it is not used in screening for breast cancer, magnetic resonance imaging (MRI) of the breast is used to detect

and stage breast cancer for patients at high risk. Used in conjunction with mammography and ultrasound, breast MRI can solve diagnostic dilemmas and often uncovers occult disease.

MRI creates images using magnets and radio waves. To get detailed views of the breast, MRI combines state-of-the-art three-dimensional imaging with computer-aided detection (CAD) to uncover abnormalities.

Breast MRI can be helpful in these situations:

- Imaging dense breast often found in younger women and those with fibrocystic breast changes when mammography and ultrasound fail to detect or characterize a palpable abnormality
- Determining the extent of a known cancer. MRI is the most sensitive and specific method for complete local staging of breast cancer
- Differentiating between surgical scar and recurrent cancer in patients who have already been treated for breast cancer
- Identifying cancer, not detected by mammography, in high-risk patients
- Evaluating response to cancer treatment

Duncan Rougier-Chapman, MD, co-director of breast MRI imaging for Wake Radiology, is one of the practice's four breast MRI specialists. Since introducing breast MRI in 2005, they have performed more than 3,409 exams and approximately 90 MRI-guided breast biopsies.

For certain women at high risk for breast cancer, the American Cancer Society recommends annual breast MRI screenings as an adjunct to mammography. Among them are women who have a greater than 20 percent calculated lifetime risk for developing breast cancer, as defined by a risk calculator such as the Gail Model. Also included are those who have the breast cancer genes BRCA1 and BRCA2 and those with a first-degree relative who carries the gene. "If a patient is genetically positive for the breast cancer gene, he or she should be screened with a breast MRI," notes Dr. Rougier-Chapman.

A breast MRI exam takes 30 to 40 minutes. Patients lie face down on a special breast imaging table and are moved into the MRI machine. They are given an intra-



Dr. Duncan Rougier-Chapman and MRI technologist, Kristin Carver, prepare a patient for her breast MRI.

venous injection that enhances images and causes tumors to “light up”. Images are taken of both breasts simultaneously before and after the contrast agent is administered so the images can be compared.

The exam is sensitive to changes in hormone levels; pre-menopausal patients and women taking hormone replacement therapy (HRT) need to schedule their exam dates based on the radiologist’s recommendations.

**“Our goal is not to go to another study. We want to answer the questions here. The last thing we want to do is create uncertainty.”**

— Dr. Duncan Rougier-Chapman

Dr. Rougier-Chapman stresses that breast MRI does not replace screening mammograms, as recommended by the American College of Radiology and American Society of Breast Surgeons. Women who have breast MRI should continue with a yearly mammogram, or as recommended by their physician. “Mammograms and ultrasound can answer the question in the majority of cases. A mammogram can show precancerous conditions such as abnormal calcifications and often can obviate a need for additional imaging. MRI can show a broad spectrum of disease, but we try to use the most cost-effective and simplest tools first.”

For women with breast cancer, breast MRI is the most accurate means available today for staging. “Current research suggests that in approximately 30 percent of cases staged with breast MRI, the information will in some way change management of that patient. And in 75 percent of those cases, it does so in a manner that benefits the patient,” Dr. Rougier-Chapman explains. “For women who have undergone surgery, breast MRI can distinguish scar tissue from disease recurrence. This can help patients avoid unnec-

essary biopsies. The negative predictive value of breast MRI is 99 percent.”

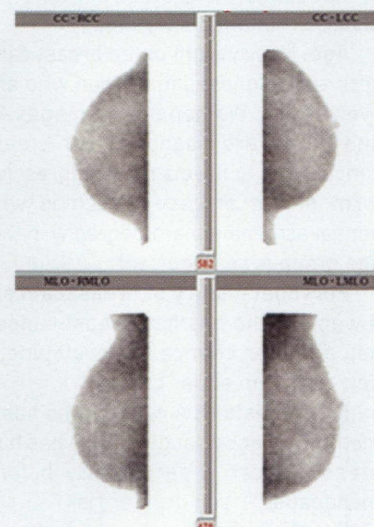
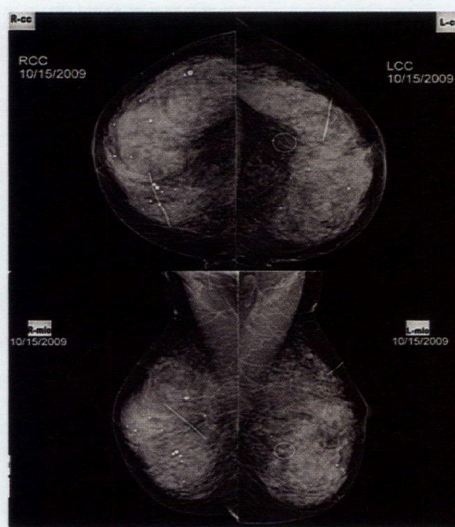
### Breast-Specific Gamma Imaging (BSGI) Provides Detailed Views To Uncover Cancer

In 2007, Wake Radiology introduced breast-specific gamma imaging (BSGI) to the Triangle. BSGI is a nuclear medicine study that has some of the same indications as breast MRI. It is a cost-effective alternative used mainly for screening of women with moderately high risk or women with normal risk, but mammo-

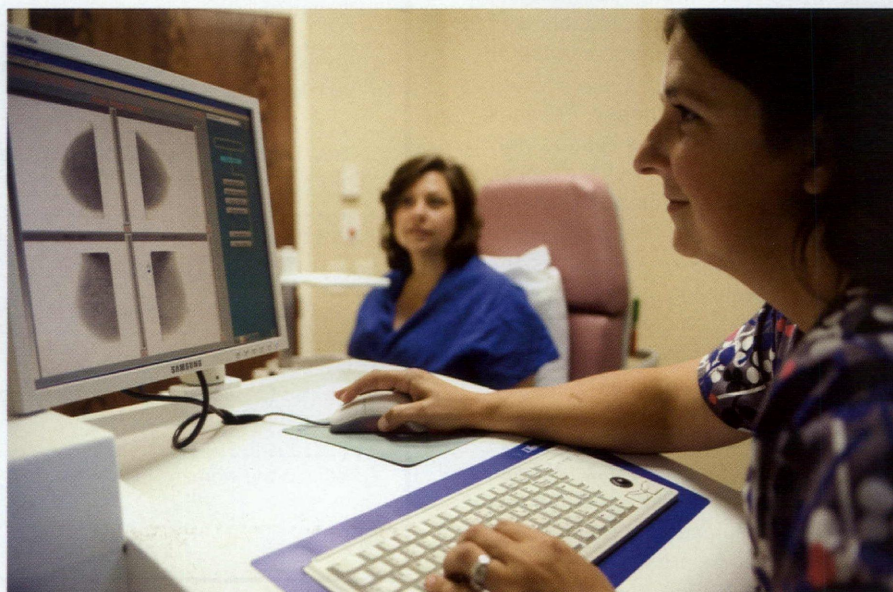
grams that are very difficult to interpret.

With this additional modality, the practice has the most comprehensive approach to the diagnosis of breast cancer in the area. This exam available only at Wake Radiology Comprehensive Breast Services in Cary, is performed with the woman comfortably seated and takes 30 to 45 minutes to complete. The radiation dose is approximately the same as that for an upper gastrointestinal (UGI) series.

“BSGI has essentially the same indications as breast MRI,” said Dr. Bird. “It is almost as sensitive and somewhat more



Mammogram images (left) of a woman with extreme density, multiple calcifications, and numerous previous benign surgical biopsies and the completely normal BSGI exam of the same woman.



Breast Specific Gamma Imaging (BSGI) is a nuclear medicine test performed with the patient sitting comfortably for 30-40 minutes.



## WHAT ARE THE RISK FACTORS FOR DEVELOPING BREAST CANCER?

**Gender:** While men can also develop breast cancer, it is overwhelmingly a disease that affects women.

**Age:** Nearly eight of ten breast cancers are diagnosed in women who are over age 50. Women between ages 40 and 50 who are diagnosed with breast cancer tend to have a more aggressive form of the disease, which is why annual screening mammography in this age group is so important.

**Personal history of breast cancer:** A woman who has had breast cancer has a higher chance of developing a new cancer in either breast.

**Family history:** A woman who has a mother, sister or daughter who has had breast cancer – particularly before menopause – is at greater risk.

**Genetic risks:** Women who test positive for genes named BRCA1 and BRCA2 have up to an 80 percent risk of getting breast cancer during their lives. If a woman has a strong family history of breast cancer, she should talk with her physician or a genetic counselor about genetic testing.

**Abnormal breast biopsy:** Previous abnormal breast biopsy results may also indicate increased risk for cancer.

**Previous chest radiation therapy:** Radiation therapy to the chest, especially at a young age, increases the chance of developing breast cancer.

While some studies have linked postmenopausal hormone therapy (HRT) to breast cancer, data has not been absolutely definitive to date with respect to estrogen replacement therapy and breast cancer risk. Women should discuss the risks and benefits of hormone replacement therapy with their physician before beginning long-term treatment.

Source: American Cancer Society

specific and can be used in place of MRI for women who cannot have MRI because of claustrophobia or incompatible metal implants or devices.”

BSGI is unaffected by scar tissue and implants. It can be used for staging of newly discovered breast cancer and for evaluation of questionable recurrence after breast conserving therapy, although MRI generally is used in those situations. The exam is adversely affected by high estrogen levels and should be done between days three and ten of the menstrual cycle,

when practical.”

## Breast Biopsies — Accuracy Through Imaging Technology

When lumps or abnormalities are found through imaging studies, it often requires another step to confirm or rule out a malignancy. Breast biopsy removes a sample of cells from the area to allow further examination under a microscope. While these biopsies are not used to completely excise the lump, they provide valuable information about the composition

## ASSESS YOUR BREAST CANCER RISK

To calculate your risk for breast cancer, you need answer only seven simple questions. Simplicity and accessibility are at the heart of the National Cancer Institute's (NCI) online Breast Cancer Risk Assessment Tool, known as the Gail Model. It estimates a woman's risk of developing invasive breast cancer over specific periods of time, using data from more than 280,000 women aged 35 to 74 years and NCI's Surveillance, Epidemiology, and End Results (SEER) Program.

(Note: The Breast Cancer Risk Assessment Tool was designed for use by health professionals. You are encouraged to discuss the results and your personal risk of breast cancer with your doctor.)

### Risk Calculator

(Click a question number for a brief explanation or [read all explanations.](#))

1. Does the woman have a medical history of any breast cancer or of ductal carcinoma in situ (DCIS) or lobular carcinoma in situ (LCIS)? Select ▾
2. What is the woman's age?  
*This tool only calculates risk for women 35 years of age or older.* Select ▾
3. What was the woman's age at the time of her first menstrual period? Select ▾
4. What was the woman's age at the time of her first live birth of a child? Select ▾
5. How many of the woman's first-degree relatives – mother, sisters, daughters – have had breast cancer? Select ▾
6. Has the woman ever had a breast biopsy? Select ▾
- 6a. How many breast biopsies (positive or negative) has the woman had? Select ▾
- 6b. Has the woman had at least one breast biopsy with atypical hyperplasia? Select ▾
7. What is the woman's race/ethnicity? Select ▾

**Calculate Risk >**

Breast Cancer Risk Calculator now available at [wakerad.com](http://wakerad.com).

of the lesion. Imaging technology is a valuable tool that helps radiologists pinpoint the location of the abnormality.

Wake Radiology provides breast biopsies guided by ultrasound, mammogram (stereotactic) and MRI. The decision to use one modality over the other is a decision based on which imaging technology best visualizes the abnormality.

Stereotactic breast biopsy uses radiation to help guide instruments. With ultrasound-guided core needle biopsies, images are viewed in real time while the patient lies comfortably. MRI-guided biopsies are an important capability when a breast MRI reveals areas of concern or abnormalities, especially those that cannot be seen on ultrasound or mammogram. These biopsies require specialized instrumentation.

"I urge physicians to send a patient for a breast MRI to a facility that is able to perform an MRI-guided biopsy. Otherwise, if they do find something, they have no means to access it," recommends Dr. Rougier-Chapman.

Having a breast biopsy can produce anxiety, and Wake Radiology strives to make the procedure less stressful by meeting with the patient and explaining why a biopsy is needed. Dr. Chandler notes that patients who undergo biopsy at the practice are negative for cancer 55 to 60 percent of the time.

### PET-CT Provides Added Level Of Imaging Expertise

Wake Radiology opened a Positron Emission Tomography/Computed Tomography (PET-CT) center in late 2008. This integrated unit enables patients to receive a PET scan and contrast CT scan in combination, replacing multiple imaging tests with just one patient visit, resulting in a detailed study.

Holly Burge, MD, director, PET-CT services, Wake Radiology explained that "By using the combined technology, we can identify cancerous cells in many cases at an earlier stage than more traditional modalities such as CT alone or MRI."

PET and CT work together to identify more accurately the location of cancer within the body. CT provides anatomical detail such as the size and location of a tumor or mass, while PET shows the

## MIRIAM SICHEL

### Breast Cancer Survivor Living Proof That Current Screening Guidelines Save Lives

In late 2008, 43-year-old Miriam Sichel discovered a lump in her breast. It was during a self-exam check she performed after learning that a childhood friend had breast cancer.

The Raleigh clinical social worker, wife, and mother of three boys began annual screening mammograms at age 41 based on her doctor's recommendation. Although she was negative for breast cancer genes BRCA1 or BRCA2, her paternal grandmother and paternal great aunt both had died of breast cancer.

She found the lump on a Friday and immediately phoned her physician. She was referred to Wake Radiology for a diagnostic mammogram and ultrasound. "The lump did not show up clearly on the mammogram, but it showed up on the ultrasound," she recalls.

"The way they put it was that this doesn't have typical cancer characteristics, but we can't take a chance. I was referred to Dr. Richard Bird, a woman's imaging radiologist at Wake Radiology Comprehensive Breast Services, for a needle biopsy. Dr. Bird and Wake Radiology were absolutely wonderful. I had the biopsy on Tuesday, and by Thursday, we had the results."

In Sichel's case, Dr. Bird performed breast-specific gamma imaging (BSGI), a nuclear medicine study, which showed that the carcinoma was unifocal and without microscopic disease in the lymph nodes—her other breast was negative. After weighing all of

her treatment options, she underwent chemotherapy and surgeries that included a double mastectomy, and then began breast reconstruction.

Sichel explains that breast reconstruction is an extensive, multiple surgery process. Her friend and breast cancer survivor, Debbie Horwitz, developed a photographic portrait of her own breast reconstruction in the booklet, *Myself: Together Again*.

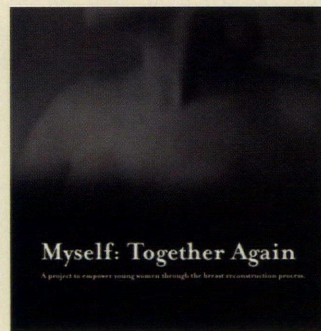
"Debbie's booklet allowed me to wrap my head around the process visually and emotionally. It removed the unknown elements for me because of the straightforward and revealing images," Sichel notes. "Before this, there were no photographs of the step-by-step reconstruction process available. Debbie developed the booklet so women wouldn't be left in the dark and also as an educational tool for physicians to pass along to patients. I felt more in control knowing what to expect of my surgery."

Thanks to successful diagnosis and treatment, Sichel has returned to her active lifestyle. When she heard about the USPSTF recommendation for women to forgo regular breast self-exams and not have screening mammograms until age 50, she says she was speechless. "What would have happened to all of the people I know under 50, including myself, who have been diagnosed with breast cancer? Such a recommendation is life threatening. While I'm not a physician, I know what I have personally experienced and seen around me."

Sichel says that she's encouraged that most physicians continue to use the long-standing guidelines endorsed by the mainstream professional organizations such as the American Cancer Society, National Breast Cancer Foundation, and Komen Foundation. "Why stray from a system of screening that has saved so many lives? I'm living proof that self-exam and imaging before age 50 work."

Myself: Together Again (M:TA) is a Raleigh-based non-profit organization that provides booklets and education about breast reconstruction. M:TA has helped women all over the world by providing a visual guide to reconstruction. In 2011, M:TA will produce a new booklet, which will be placed in doctor's offices nationwide. For more information about the organization or to receive a copy of their booklet (Spanish is also available), visit their Web site at <http://myselftogetheragain.org/>.

Wake Radiology is a sponsor of the M:TA project.



## WAKE RADIOLOGY BREAST IMAGING LOCATIONS

Screening mammography is offered at each of the following outpatient offices. Diagnostic mammography and advanced imaging procedures vary by location.

Call WR Express Scheduling at 919-232-4700 for more information.

### **Comprehensive Breast Services**

300 Ashville Avenue, Ste 260  
Cary, NC 27518

### **Wake Radiology North Hills Breast Imaging Center**

3821 Merton Drive  
Raleigh, NC 27609

### **Wake Radiology Northwest Raleigh American Institute of Healthcare & Fitness**

8300 Health Park, Ste 221  
Raleigh, NC 27615

### **West Raleigh Mammography**

4301 Lake Boone Trail, Ste 104  
Raleigh, NC 27607

### **Wake Radiology Garner**

300 Health Park Drive, Ste 100  
Garner, NC 27529

### **Wake Radiology Chapel Hill**

110 S. Estes Drive  
Chapel Hill, NC 27514

### **Wake Radiology Digital Mammography Wake Forest**

3309 Rogers Road, Ste 209  
Wake Forest, NC 27587

### **WAKE RADIOLOGY BREAST MRI LOCATIONS**

Call WR Express Scheduling at  
919-232-4700 for more information.

### **Wake Radiology Raleigh MRI Center**

3811 Merton Drive  
Raleigh, NC 27609

### **Wake Radiology Chapel Hill**

110 S. Estes Drive  
Chapel Hill, NC 27514

### **WAKE RADIOLOGY PET-CT LOCATIONS**

Wake Radiology PET-CT Services  
300 Ashville Avenue, Ste 180  
Cary, NC 27518

actual cellular activity within the body. The images from the PET and CT are overlaid so that physicians can precisely locate areas of interest and determine if a cancerous process is occurring.

PET-CT also facilitates more precise treatment and planning for patients undergoing radiation therapy, often a standard treatment for breast cancer. Periodic scans

offer physicians the ability to assess patient progress while they are undergoing therapy. As a result, radiation oncologists are able to target more closely affected tissue without delivering radiation to unaffected nearby tissue. This greater precision in treatment can reduce the unnecessary exposure and long-term complications of radiation therapy. **MM**

## WAKE RADIOLOGY BREAST IMAGING PHYSICIANS

Wake Radiology Women's Imaging Services provides accurate, fast answers for patients. The firm's specialty and board-certified radiologists are dedicated to providing patients with the best possible care in a reassuring and compassionate atmosphere. The women's imaging team consists of radiologists with expertise in mammography, ultrasound, MRI, CT, PET-CT and interventional procedures.

Breast imaging specialists work with referring physicians to determine the most appropriate test for patients. There are dedicated hotlines for breast imaging and breast MRI that physicians may call to discuss a patient's case with one of our radiologists.

### **Kerry E. Chandler, MD**

Director of Breast Imaging Services

### **Eithne T. Burke, MD**

Women's Imaging Radiologist

### **Richard J. Max, MD**

Women's Imaging Radiologist

### **Danielle L. Wellman, MD**

Women's Imaging Radiologist  
Breast MRI Specialist

### **Paul A. Haugan, MD**

Body Imaging Radiologist  
PET-CT Imaging Specialist

### **Susan L. Kennedy, MD**

Women's Imaging Radiologist

### **Richard E. Bird, MD, FACR**

Women's Imaging Radiologist

### **David I. Schulz, MD**

Body Imaging Radiologist  
PET-CT Imaging Specialist

### **Holly J. Burge, MD**

Body Imaging Radiologist  
Director of PET-CT Services

### **Bryan M. Peters, MD**

Neuroradiologist  
Women's Imaging Specialist

### **Carmelo Gullotto, MD**

Body Imaging Radiologist  
Breast MRI Specialist

### **Elizabeth A. Rush, MD**

Women's Imaging Radiologist

### **Duncan P. Rougier-Chapman, MD**

Body Imaging Radiologist  
Co-director of Breast MRI Services

### **David Ling, MD**

Body Imaging Radiologist  
PET-CT Imaging Specialist

### **William G. Way Jr, MD**

Body Imaging Radiologist  
Director of Diagnostic Imaging  
PET-CT Imaging Specialist

Watch the online video:

Breast MRI: Beyond the Mammogram  
wakerad.com: Breast MRI Services:  
Videos

### **Claire M. Poyet, MD**

Women's Imaging Radiologist

Wake Radiology's website has more than 300 pages of information on radiology, including six videos on breast and women's imaging at [www.wakerad.com](http://www.wakerad.com).

### **G. Glenn Coates, MS, MD**

Body Imaging Radiologist  
Co-director of Breast MRI Services

# COASTAL PREVIEW

BY CYNDI HARRIS

## COASTAL CALENDAR

**7th Annual Mayfaire "Music on the Town" Concert Series;** Friday evenings in May through Labor Day. Bring lawn chairs, coolers and picnics and enjoy live music. Mayfaire Town Center, **Wilmington**. Visit [www.mayfairetown.com](http://www.mayfairetown.com).

**Airlie Gardens Concert Series;** Fridays in May through October. Enjoy various genres of music, a picnic and favorite beverage on a lawn chair or blanket. Airlie Gardens, **Wilmington**. For musical lineup, call 910-798-7700 or visit [www.airliegarden.org](http://www.airliegarden.org).

**14th Annual Mollie A. Fearing Memorial Art Show;** May 2-31. Held in memory of Mollie A. Fearing, one of the founding members of DCAC, featuring a mix of local art. **The Gallery at Roanoke Island**. Call 252-473-5558 or visit [www.darearts.org](http://www.darearts.org).

**Crystal Coast Boat Show;** May 20-22. Family-friendly activities include a wide variety of boat and marine exhibits, seminars, shopping and entertainment and more. "Mutiny on the Bounty" kick-off party, May 20. Sponsored by the downtown Morehead City Revitalization Association. **Morehead City Waterfront**. Call 252-808-0440 or visit [www.downtownmoreheadcity.com](http://www.downtownmoreheadcity.com).

**39th Annual Hang Gliding Spectacular;** May 20-23. Watch hang gliding professionals from all over the world at the oldest, continuous hang gliding event competition. Jockey's Ridge State Park and Jockey's Ridge Crossing, **Nags Head**. Call 877-FLY-THIS or visit [www.kittyhawkkites.com](http://www.kittyhawkkites.com).



**JWR Gaffer Dolphin Tournament;** May 20-22. Two day event headquartered at Jack's Waterfront Bar, **Morehead City**. Open to the public. Call 919-667-3508 or visit [www.hillsboroughsfsc.com](http://www.hillsboroughsfsc.com).

**2nd Annual "ARTrageous" Art Festival;** May 21-22. In conjunction with the Crystal



Outer Banks Sand Sculpture Festival

Coast Boat Show. Art activities for the whole family, featured art from local and regional artists and more. **Morehead City Waterfront**. Call 252-728-7550 or visit <http://artscouncilcarteret.org>.

**Cape Fear Comedy Festival;** May 18-21. Four-day stand-up, sketch and improv comedy festival that includes comedy showcases, workshops, the finals of Port City's Top Comic and more. This year's Saturday headliner will be Kyle Grooms. Soapbox Laundro Lounge, **Wilmington**. Visit [www.capefearcomedyfestival.com](http://www.capefearcomedyfestival.com).

**18th Annual Seaside Soccer Classic;** May 21-22. Spring soccer tournament for Divisions U-10 to U-18 boys and girls that includes youth teams throughout North Carolina, South Carolina, Tennessee and Virginia. Games played throughout the **Wilmington** area. Call 910-392-0306 or visit [www.capefearsoccer.com](http://www.capefearsoccer.com).

**30th Annual Swansboro Rotary King Mackerel Bluewater Tournament;** May 27-29. Registration on May 27. For information, visit online at [www.swansbororotary.com](http://www.swansbororotary.com) or [www.kingbluewater.com](http://www.kingbluewater.com).

**74th Anniversary Season of The Lost Colony;** May 27-Aug. 20. Experience Pulitzer Prize-winning playwright Paul Green's depiction of the events that led to the disappearance of the English colonists over 400

years ago. Waterside Theatre, **Roanoke Island**. For show dates, call 252-473-3414 or visit [www.thelostcolony.org](http://www.thelostcolony.org).

**Carteret County Arts and Crafts Coalition Spring Show;** May 28. Browse and buy arts and crafts of coastal artists and craftsmen. **Beaufort Historic Site**. Call 252-723-0540.

**The Hatteras Kite/SUP Expo;** May 28-30. First ever East Coast Kite Expo showcasing dozens of kiteboarding and stand up paddleboarding vendors, as well as demos, presentations, live music for and more. Free to the public, Waves Village Resort, **Rodanthe**. Call 252-305-2629 or visit [www.thekitexpo.com](http://www.thekitexpo.com).

**Maritime Day;** May 30. Picnic lunch, activities, tours and boat rides — all free to the public. NC Maritime Museums Gallants Channel Site. **Morehead City**. Call 252-728-7317.

**46th Annual Memorial Day Observance;** May 30. Event includes a military guest speaker, all-service Color Guard, 21-gun salute by Marine Corps Honor Guard and more. Held on the Fantail of the Battleship North Carolina, **Wilmington**. Call 910-251-5797 or visit [www.battleshipnc.com](http://www.battleshipnc.com).

**20th Annual Bald Head Island Fishing Rodeo;** June 2-4. Fish from the home port of Bald Head Island Marina for cash prizes.

Special activities for families and anglers. **Bald Head Island.** Visit [www.bhifishin-grodeo.com](http://www.bhifishin-grodeo.com).

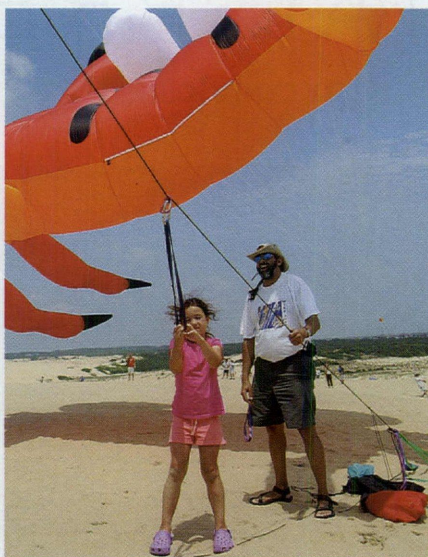
**6th Annual Tuna Round-Up;** June 2-4. Registration on June 2. Pirate's Cove, **Man-teo.** Visit [www.fishpiratescove.com](http://www.fishpiratescove.com).

**Fisherman's Post Spring Inshore Challenge;** June 3-4. Over \$15,000 in cash and prizes for one day of fishing with no checkouts and no boundaries in two divisions: Flounder and Red Drum. Complimentary Captain's Party on Friday and Awards Dinner on Saturday. **Wrightsville Beach Marina.** Call 910-409-8379 or visit [www.fishermanspost.com](http://www.fishermanspost.com).

**Cape Fear Dragon Boat Race;** June 4. 1st Annual race to be held on the Cape Fear River to raise funds for two local charities. **Downtown Wilmington.** To register a team and more information, call 910-431-4536 or visit [www.capefeardragonboat.com](http://www.capefeardragonboat.com).

**25th Annual Pleasure Island Beach Music Festival;** June 4. Billed as "the biggest and only beach music festival actually held on the beach on the North Carolina coast." Beverages provided. On the beach, between Harper and Hamlet Ave.; **Carolina Beach.** Call 910-458-8434.

**26th Annual Lobster Fest;** June 4. Fresh Maine lobsters with two dinner selections



29th Annual Rogallo Kite Festival

to take home or enjoy at the "lobster shak", where experts help open the lobsters. Last day for orders is May 26. Church of the Servant, Episcopal, **Wilmington.** Call 910-409-1313 or visit [www.cosepiscopal.com](http://www.cosepiscopal.com).

**Triple-S Invitational;** June 4-10. The most sought after victory on the professional kiteboarding circuit, this event attracts

kiteboarders from around the world to compete in surf, slicks and slider disciplines and gives spectators an opportunity to meet the pros and learn more about the sport. **Cape Hatteras.** Visit [www.realwatersports.com](http://www.realwatersports.com).

**29th Annual Rogallo Kite Festival;** June 11-12. Two day festival to honor Francis M. Rogallo, NASA scientist and inventor of the Flexible Wing with activities including kite flying, exhibitions, stunt and power kite lessons and more. Jockey's Ridge State Park, **Nags Head.** Call 877-FLY-THIS or visit [www.kittyhawkkites.com](http://www.kittyhawkkites.com).

**Free Summer Concert Series;** June 10. Bring blankets and chairs for the family — no pets or beverages. Beverages will be for sale. Fort Fisher Military Recreation Area, **Kure Beach.** Call 910-458-8434 or visit [www.pleasureislandnc.org](http://www.pleasureislandnc.org).

**Lady Angler Tournament;** June 10. In conjunction with the Big Rock Blue Marlin Tournament; **Morehead City.** Visit online at [www.thebigrock.com](http://www.thebigrock.com).

**"Blackbeard's Queen Anne's Revenge" Exhibit Grand Opening;** June 10. The NC Maritime Museum reveals treasures and mysteries of Blackbeard's flagship, *Queen Anne's Revenge* including artifacts, interactive features and more. **Morehead City.**

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**Bastille Day Celebration;** June 14. Celebrate French "Independence Day" with events including the best Marie Antionette wig contest, dancing, cake potluck and more. Backstreet Pub, **Beaufort**. E-mail [anngo7@ec.rr.com](mailto:anngo7@ec.rr.com).



**53rd Annual Big Rock Blue Marlin Tournament;** June 18. One of the largest sport-fishing tournaments in the country. **Morehead City**. Call 252-247-3575 or visit [www.thebigrock.com](http://www.thebigrock.com).

**Jolly Mon King Mackerel Tournament;** June 17-19. Ocean Isle Fishing Center. Call 910-575-3474 or visit [www.oifc.com](http://www.oifc.com).

**51st Annual Beaufort Old Homes and**

## Metro Magazine

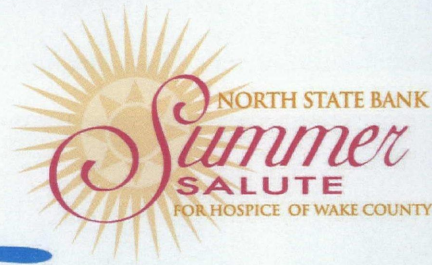
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## LET'S PAINT THE TOWN

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*Raleigh, NC*

**Ticket Cost: \$75**  
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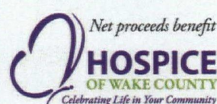
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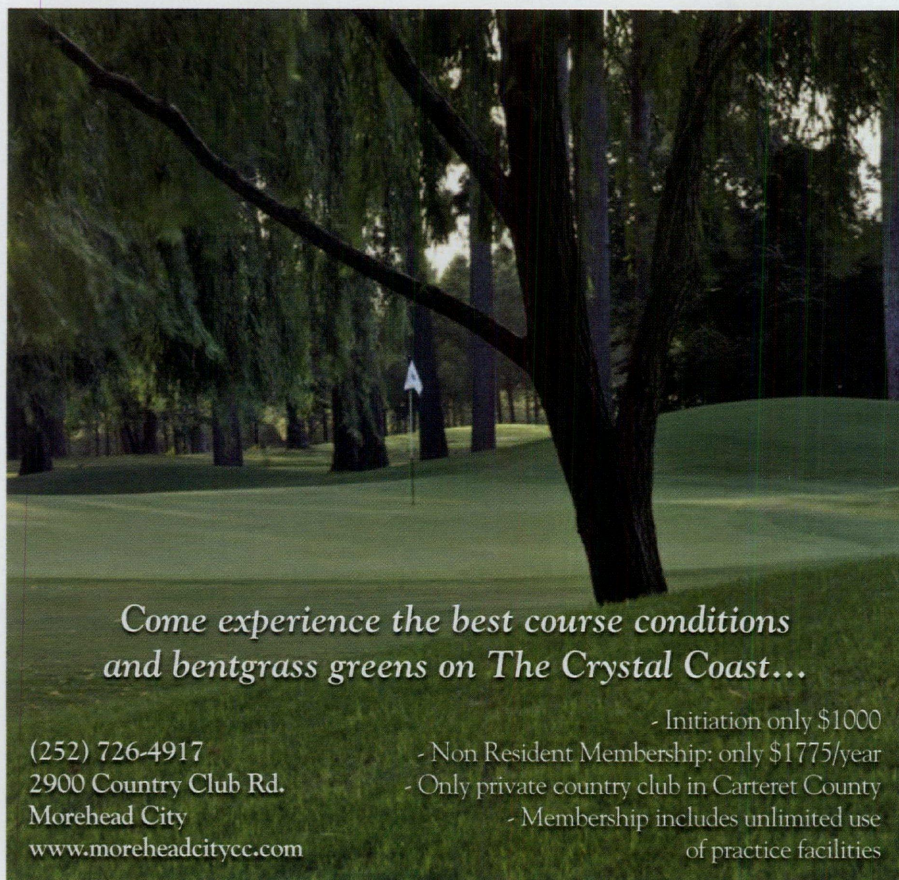


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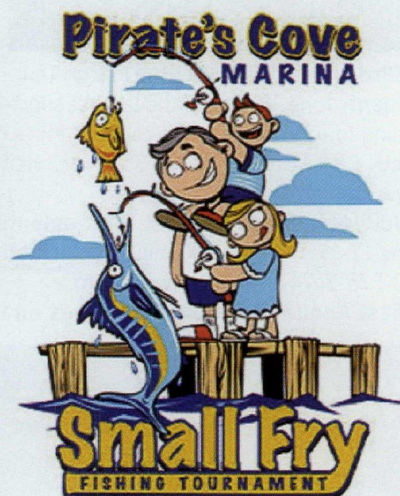
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**Garden Tour;** June 24-25. Walking tours of private homes, gardens, churches and meeting halls with narrated bus tours, music concerts and more. **Beaufort.** Call 252-728-5225 or email [beauforthistoric-site@earthlink.net](mailto:beauforthistoric-site@earthlink.net).

**Youth Fishing Derby;** June 24-25. Free event for kids, ages 5-12. Pre-registration will run from May 2-June 22 until all 100 spots are filled. Bring your rod, bait to be provided. **Emerald Isle Community Center.** Call 252-354-6350.

**OBX Pride Fest;** June 24-26. Three day celebration of family, friendship and music with over 20 entertainers, a sunset cruise, beach events, parties and more. First Colony Inn, **Nags Head.** Visit online at [www.obxpridefest.com](http://www.obxpridefest.com).



**Annual Antiques Show and Sale;** June 24-26. In conjunction with the Beaufort Old Homes and Garden Tour featuring over 40 booths of antiques and collectibles. **Beaufort.** Call 252-728-5225 or visit [www.beauforthistoricsite.org](http://www.beauforthistoricsite.org).

**Outer Banks Sand Sculpture Festival;** June 29-July 1. Sponsored by Kitty Hawk Surf Co, Peace Frogs, Panama Jack Sunscreen, OBX and Outer Banks Hospital, the event includes raffles, entertainment, a professional sand sculpture company creating a huge sand creation and more. Near Jockey's Ridge, **Nags Head.** Call 1-877-FLY-THIS.

**Cape Fear Blue Marlin Tournament;** June 29-July 2. **Wrightsville Beach Marina.** Call 910-575-3474 or visit [www.capefear-blumarlintonournament.com](http://www.capefear-blumarlintonournament.com).

**Small Fry Fishing Tournament;** June 30-July 1. For ages 3-15 years old. **Pirate's Cove, Roanoke Island.** Visit online at [www.fishpiratescove.com](http://www.fishpiratescove.com).

# Unapologetically Traditional

With the US Men's and Women's Open Championships returning in 2014, Crenshaw and Coore channel Donald Ross in their careful restoration of Pinehurst No. 2

by Jim Hughes

**N**ot everyone will like the new No. 2 at Pinehurst. Just those who know about Donald Ross and his place in golf history. Just those who appreciate how he laid out his masterpiece and how he meant for you to play it, before the advent of gravity-proof golf balls and the hand-held rocket launchers they now call drivers.

The new No. 2 is the work of Ben Crenshaw and Bill Coore, long time partners in design who are so righteously traditional you could almost call them radical. In the course of a year long makeover, they went back in time to rediscover the essence of No. 2 and recreated the look and feel and spirit of the place as Ross intended. In that they succeeded beyond measure. Today's No. 2 is a course on which Ross himself might not feel a stranger.

The most striking change is the new natural areas that line the fairways of virtually every hole. Over the years, these sandy strips were gradually removed. Eventually, No. 2 was taken hostage by creeping lab grass (which is what I call the test-tube grasses now dominating American resort course construction). From tree-line to tree-line, the eye beheld a monochromatic ocean of mown and manicured green, a made-for-TV appearance totally out of character with the true nature of the place.

No longer. In all, Crenshaw and Coore restored over 26 acres of natural areas, creating a mixed palette of muted hues — white sands and scuffed black soil and the greenish-brown clumps of native wiregrass, much like it was at Ross's death in 1948. But it's more than a matter of aesthetics. By restoring the natural areas, Crenshaw and Coore have revealed much of the orig-



Hole 12 on Pinehurst Number 2.

inal strategy underlying the course's design.

From the beginning, the Crenshaw/Coore team approached the project with proper reverence — both for Ross and for Pinehurst itself. "Pinehurst is rightly referred to as the St. Andrews of America, and it's been that way since the Tufts family and a young Scot named Donald Ross came here in the 1890s," Crenshaw said. "There's always been an atmosphere here that was different and special. We were always very conscious of that."


The changes were born of hundreds of hours the team spent in the Tufts Archives (named for the founder of the Pinehurst resort), poring over old photographs and documents, searching for the essence of the old No. 2. "We felt like we had to go

back in order to go forward," Crenshaw explained. "It was like reconnaissance work. We found those old aerials to be very revealing. You can see very readily what was here, what the lines were, where the native areas were, where the tees were, what the edges of the bunker looked like."

"The old course was always here," he said. "All we did was uncover it and try to bring it back. Mr. Ross was one of the giants of the game. This was his masterpiece. He deserves nothing less."

That's a sentiment shared by most North Carolinians. Down here we speak of Ross in hushed and reverential tones, preferably with a clipped British accent, like a BBC documentary narrated by Henry Longhurst or the great Ben Wright. If you care nothing for golf, it all might seem a bit overdone, even a little laughable. But this is one case where the hype does not come close to the reality. Ross was to golf course design as Joseph Conrad was to English literature. Very few were ever better, even fewer as good.

Which is why I continue to entreat the state's Travel & Tourism Division to get behind the creation of a Donald Ross Golf Trail, especially considering the return of the US Open to No. 2 in 2014. *Metro* readers might recall I proposed this idea in these pages a few years back, with never the first response from the T&T. I still think it's a good idea. North Carolina was, after all, Ross' adopted home state, and I believe it's true he did more courses here than anywhere else.

If Alabama can rake in upwards of \$50 million a year in direct revenues (not counting the ancillaries) with the Robert Trent Jones Golf Trail, surely we could do the same by honoring one of the greatest golf course architects of all time. 



# Style

by Maury Poole

## ALLOW YOUR INNER BEAUTY TO FLOURISH

Style isn't just about the clothes you wear, but the inspiration that comes from your inner beauty. Here are some suggestions to help you locate your unique self:

Start by keeping your skin glowing with a gentle cleanser using L'Oreal Go 360° Clean with scrubber, or exfoliate with a Caudalie scrub. You can also try Kate Somerville's tinted pads for an extra sun-kissed look, or Jergens Natural Glow Firming body lotion for a full-frame shimmer.

Or check out Guerlain's Orchidee Imperiale Eye and Lip Cream to restore skin vitality, or one of the many age-defying and soothing products by Avène.

And don't forget your sunscreen this spring: Clarins' Wrinkle Control face cream will help reduce wrinkles from sun exposure and contains 50+ SPF.

This season, bold colors weren't just used by designers.

Makeup artists made statements as well, such as Christian Dior models wearing bright colors on eyelids and lips, while Diane Von Furstenberg and Gucci walked the runway with smoky eyes and bright lips. Try this look with one of the many color palettes by Nars, including eyeliner and shadows.

Clinique Chubby Stick will color

La Roche-Posay Hydraphase Intense Riche



Guerlain's 'Orchidee Imperiale' Eye and Lip Cream

Dior Capture Totale One Essential Skin Boosting Super Serum



Jurlique Herbal Recovery Eye Cream



Laura Mercier Hand Creme



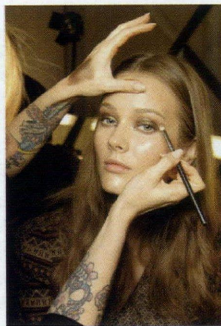
Kate Somerville 360° Tanning Towelettes



Caudalie Fresh Complexion Tinted Moisturizer

## SKIN ESSENTIALS

## MAKEUP ESSENTIALS



MAC Duo Bronzer



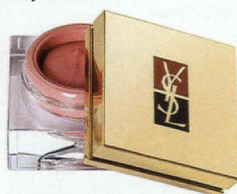
Nars 'Cap Ferrat' Trio Eyeshadow



Clinique Chubby Stick



Cover Girl Lash Blast Fusion



Yves Saint Laurent Creme De Blush

your lips with a crayon-like balm, or make them shine with one of the many Ultra Shine Lip Gloss shades by Benefit. And you can make your eyes pop with a combination of Cover Girl's Lash Blast Fusion and Chanel's Le Crayon Yeux Precision Eye Liner. Neutral shades of gold, copper and blush are also popular for the face this season. You can illuminate your cheek bones with High Beam by Benefit, or create a radiant glimmer with Lancôme bronzer and a rose-colored crème blush by Yves Saint Laurent.

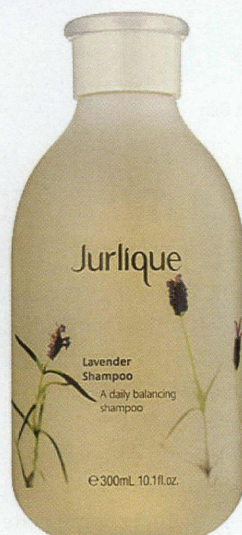


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## HAIR ESSENTIALS



Bumble and Bumble Texture



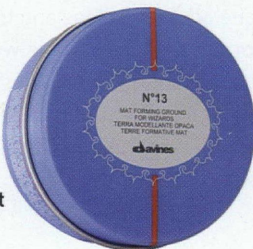
Jurlique Lavender Shampoo



Spin Pins



John Frieda Touch-Up Flyaway Tamer



Davines No. 13 Mat Forming Ground

Straight, wavy, swept up in a pony tail or high bun — these popular runway hairstyles aren't hard to create! Begin with Pantene Ice Shine shampoo and conditioner, or lavender-infused Jurlique products. Or create a textured look using the combination of Davines No. 13 Mat Forming Ground with Bb. texture by Bumble and Bumble— and keep flyaways under control with Aveda Smooth Infusion, or John Frieda Touch-Up Flyaway Tamer. Your hair also needs attention in the sun, so protect it with one of many sun care products by Aveda.

To maintain great hair and flawless skin, fill your makeup bag as carefully as your closet. Your inner beauty will flourish!

## FASHION NEWS

**Varsity Men's Wear's** spring and summer Custom Shirt Sale will continue through June 17. Visit the store for a H. Freeman & Sons Trunk Show May 19. Raleigh, 919-782-2570.

**Palm Avenue**, the premier Lilly Pulitzer Signature store in Raleigh, will be the first store nationwide to offer the fashion designer's new home furnishing collection. The store will open in Cameron Village May 4. Raleigh, 919-828-2980.

**Vermillion** will host a Vintage Jewelry Trunk Show, featuring the personal collection of Carole Tanenbaum, May 18-22. Raleigh, 919-787-9780.

**Fine Feathers** invites customers to an Armani Collezioni fall event June 21 & 22. Chapel Hill, 919-942-3151.

At the end of May, **Main & Taylor** will be relocating their store to North Hills. The new space will have a Stuart Weitzman "ribbon" shop-in shop. Raleigh, 919-821-1556 or [www.mainandtaylorshoes.com](http://www.mainandtaylorshoes.com).

## BEACH ESSENTIALS



Pucci Beach Towel



Telescope Casual Mini-Sun Chaise Beach Chair



Gucci Sunglasses



Sam Edelman Sandals



Neutrogena Wet Skin Sunscreen Spray



Mara Hoffman Swimsuit



Anya Hindmarch Boat Bag



Beach Coverup by Emamo

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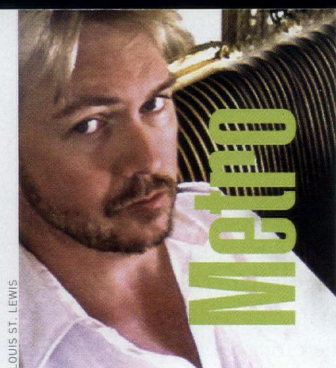
919.782.6565  
919.933.1300

## NEW LILLY PULITZER STORE OFFERS HOME FURNISHINGS

The new Palm Avenue Lilly Pulitzer Lifestyle store has opened in Cameron Village, the first nationwide to offer the fashion designer's new home furnishing collection. "Palm Avenue is investing in a bright future as it opens the nation's first Lilly Pulitzer Lifestyle store", said Janie Schoenborn, Lilly Pulitzer's Fashion Director.

The furnishing collection includes bold fabrics and designs, true to the designer's love for vibrant and eclectic color combinations. The Palm Avenue boutique offers timeless and fresh Lilly fashions, shoes, accessories and gifts for men, women and children as well as the new home collection designed to accommodate each individual's lifestyle.

Ten percent of proceeds from "Grand Opening Party" will benefit Habitat for Humanity in Raleigh. For more information, call 919-828-2980 or go to [www.shop-palmavenue.com](http://www.shop-palmavenue.com).



# Artist-at-Large

by Louis St. Lewis

## BAL DES CHAPEAUX, CAM OPENING HERALD THE SEASON

**H**ats off to the lovely and gracious Lucia Peel Powe for her hugely successful Bal des Chapeaux Gala to benefit KidZNotes of Durham (see *Unsung Heroes* by Liza Roberts in this issue). First, a little background. A few months ago I attended the fifth anniversary gala for Duke's Nasher Museum. I was just standing there minding my own business, chatting it up and swilling martinis with Jennifer Rubell (installation artist extraordinaire of The Rubell Family Collection) when I was accosted by an elegant lady swathed in Blackglama mink who seemed mesmerized by my hat. I know a gentleman should always remove his hat when indoors or in the presence of a lady, but I've never been accused of being a gen-

tleman. And via the wonders of modern medicine, you really can't be too certain who is and who isn't a biological lady nowadays, so I say the gloves are off and the hats are on.

My own hat for the evening was a vintage Victorian gentleman's woven wicker top hat, the color of fallen acorns, to which I had attached a pair of protruding horns of a dik-dik (a small antelope of the Genus *Madoqua* that lives in the bushes of East Africa, which I thought was appropriate for the geography) and a long trailing scarf of the most sheer black silk organza that stopped just short of my Harley Davidson riding boots. "We must have that hat," were the first words I heard emit from the elegant Mrs. Powe, "and we must have you

as a judge," she continued in that soft and cultured Southern drawl far too infrequently heard in our environs these days.

Any of you who know Lucia already understand: what Lucia wants, Lucia gets. And why not? Even though I was ignorant to KidZNotes, I was quickly educated and discovered it began as an organization in the most destitute areas of Venezuela teaching kids self respect and social skills through the power of music. Over 800,000 students in Venezuela alone have emerged from this life-changing program that now finds another home in Durham, which is kinda' like Venezuela without the plantains. Under the direction of enthusiastic director Katie Wyatt, the program is placing violins in the hands of very young children



KidZNotes of Durham

and changing them forever. At this very moment, 60 children, from kindergarten to 3rd grade are sawing away at instruments with feverish enthusiasm, thankfully out of earshot from my own home. The Bal des Chapeaux was a hoot. I have never seen so many outrageous hat creations in my life. Along with my fellow judges, William Ivey Long, Mary B. Regan and John Brown, we had a real challenge choosing the winners from the crowd. But

in the end the children of Durham are the winners, and I consider myself to be a winner having Lucia Peel Powe as a friend.

Hats off as well to the folks over at Raleigh's spanking new Contemporary Art Museum (CAM). Back in the day, before its current embodiment, I remember a wonderful exhibition of black and white prints by Jasper Johns presented there ... simply stunning. In its new location in Raleigh's warehouse district, the

new incarnation should give a vital jolt to our local arts community. I especially want to congratulate Marjorie Hodges, board secretary, for her continual enthusiasm for the project. I never ran into her without her showing genuine excitement and concern for the organization. Of course the board is filled with names and faces well known to art and design lovers: Louis Cherry, Kaola Phoenix, Billy Warden, Allen Thomas Jr. and Leah Goodnight Tyler among others. From the looks of things, expect lots of cutting-edge art and installations with duct tape and plastic gee-haw-whammy-diddles in the beautiful and modern space that gives you a moment to pause and reflect on society, love, loss, the drama of life in the 21st century — and especially make you wonder what the artists do for day jobs!

**“(KidZNotes) ... began as an organization in the most destitute areas of Venezuela teaching kids self respect and social skills through the power of music. Over 800,000 students in Venezuela alone have emerged from this life-changing program that now finds another home in Durham ...”**

Speaking of wicker top hats. Over in Chapel Hill, Cheryle Jernigan-Wicker has revived her company, Toots & Magoo, in lovely University Mall. To celebrate the new digs filled with the finest European antiques and modern art, Jernigan-Wicker hosted a gala wedding reception party to honor Prince William & Princess Catherin, replete with the very punch served to the royal guests and a decadent wedding cake. And just down the hall, Jane Tyndall popped back up to host an exhibition by the always popular Jane Filer, whose art as always went flying out the door faster than you could look at it. Look for Filer's mural the next time you are dragging your Louis Vuitton through RDU airport. All in all a very happy spring for the creative community that we all cherish and hold dear. Go spend for yourself. **MM**

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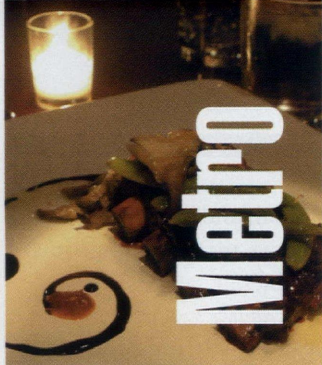
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# Gourmet

by Moreton Neal

## Why Thai?

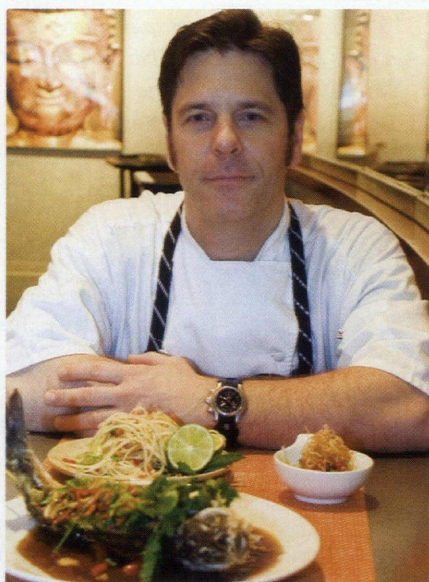
### WILLIAM D'AUVRAY'S NEW INCARNATION ON MOORE SQUARE

In 1997 William D'Auvray opened an extraordinary restaurant called Fins. The cuisine was "creative Asian," each dish executed with the finesse of a veteran French chef. The wine list — weighted toward German whites and light, unoaked reds — had been chosen with extraordinary sensitivity to the menu. Fins was a modest hole in the wall located in an unlikely spot, a small North Raleigh shopping center on Leadmine Road. At night, Greystone Village's shops were closed, the parking lot empty, with the exception of a few cars clustered around one modest storefront. Not the expected SUVs of the surrounding suburbs, these vehicles were shiny Porsches, stretch limousines, occasionally a Rolls Royce. You could tell something unusual was going on here before you walked through the door.

The original restaurant was not much to look at inside, but the food was out-of-this-world, in my opinion the finest dining to be had at that time in Raleigh. Though D'Auvray never advertised, word of mouth drew gastronomes from all over the state and, eventually, the country, to the little dining room. After a few years, D'Auvray remodeled and doubled the size of Fins. The stylish new look complemented the artfulness of the food without losing the coziness of the space.

D'Auvray became a star in spite of his unassuming, quiet demeanor. He carved out a niche, doing "haute Asian" when our area's best chefs were focused on the trendier seasonal Southern style of cooking. Before the turn of the 21st century, few Southerners recognized the compatibility of Asian food and fine dining. But the young chef single-handedly changed that attitude. D'Auvray's experience, having lived in the Philippines as a child, then apprenticing with Japanese Chef Hidemasa

Yamamoto in Los Angeles and Washington, DC, gave him a perspective — along with classic French culinary skills — no one else had. Other chefs flocked to Fins to see what he was up to.



William D'Auvray

Then, bang! Fins moved uptown to an enormous space, expensively tarted up. And it became an entirely different critter. Imagine Alice Waters becoming chef at the Four Seasons.

I ate at the new place only once. D'Auvray's Asian-fusion food was still extraordinary, but the cavernous place had lost its personal feeling. Before I could get back, Fins was no more. The times had changed. Fine dining took a hit along with the economy. Buku, with its casual "street food" menu, replaced its predecessor.

Through the foodie grapevine I heard that D'Auvray had left Buku. We all knew he would be back before long, doing something unexpected and wonderful. And now he has.

Fai Thai opened last month with little fanfare in the Blount Street spot vacated by Duck and Dumpling. The ambiance of this eatery is fitting for the location. Diners sit on tables on the sidewalk facing a lively Moore Square scene. Inside, the simply decorated space has the same casual feel as the original Fins. Décor is minimal but zingy, punctuated by a colorful canopy of paper umbrellas hanging from the ceiling.

We started with choices from the "Tiki cocktail" list, a daiquiri and an enchanting Mai Thai, complete with umbrella, Trader Vic-style. We ordered familiar Thai dishes from the menu — intensely flavorful prawn toast, then everyone's favorite Thai soup, Tom Kaa Gai. This version, enhanced by braised trumpet royales instead of the usual slices of raw button mushrooms, was, by far, the best I've ever tasted. Trigger fish with green curry was accompanied by mouth-watering turnip potato cakes, common in Thailand, I was told, but rare in American Thai restaurants. The pièce de résistance was a whole black bass, sushi-fresh, slow-roasted over charcoal made from coconut shells and accompanied by a large helping of braised shiitakes, leeks and red peppers.

There's not a single dish on the menu I don't want to go back and try, from the pad thai to prawn dumplings to the Massaman curry with pumpkin and shiitakes to the New York strip with waterfall salad. Prices are in line with most Thai restaurants: enormous soup pots at \$12.95, and small plates in the \$8 range. If prices stay as they are, Fai Thai may be the best bang for the buck in town.

Dionysus, be thanked — William D'Auvray has done it again! I talked to him about his third restaurant venture and the journey that led to it.

**MN:** *I thought the original Fins was the*

*perfect restaurant: small space, exquisite food, intimate service, great wine pairings, and accessible from all points of the Triangle. Why did you move downtown?*

**WD:** A year after we renovated, York Properties approached us. The space was bigger than I wanted but after many conversations, they made an offer I couldn't refuse.

**MN:** *Fins closed, Buku opened and then you left Buku. Fill us in.*

**WD:** The recession caught up with us by fall 2009. An upscale dining venue was not going to work. The concept of global street food was something I'd always thought about in years past. We were very successful and had great press, but my partners and I were not compatible. It just didn't work out.

**MN:** *What happened to Duck and Dumpling after David Mao retired?*

**WD:** James Yott Boyle, an excellent chef whose family has Thai restaurants in Miami, took over the kitchen. But I think it was still perceived as upscale dining and maybe a little forgotten.

**MN:** *How did you end up partnering with Greg Hatem?*

**WD:** I've known Greg forever. When we would bump into each other and catch up, we talked about doing something together. The time was right.

**MN:** *Why Thai?*

**WD:** Everyone knows and loves Thai food, and our approach is unique to the Triangle. We are doing something no one else does, roasting our meat and fish over charcoal made from coconut shells imported from Thailand. We make everything in house including our own curry pastes, sausages and cured meats.

**MN:** *Are you a locavore?*

**WD:** I try to buy locally as much as possible, but quality speaks to me more than locale.

**MN:** *Everyone always wants to know what chefs eat at home, so I have to ask.*

**WD:** Well, I try to eat healthy. I work all the time so my meal at home is breakfast. I have a protein shake with flaxseed and wheat bran. In the fridge I keep

Modelo Especial, and I like some of the local microbrews including Big Boss. I enjoy all red wines.

**MN:** *Where do like to dine out?*

**WD:** I eat with friends and all my friends are in the business, so the only way for me to see them and catch up is to eat in their restaurants — Vin Rouge, J. Betski's, Lantern, Poole's Diner. I eat a lot of fish at Waraji and other area sushi bars where my friends work.

**MN:** *So many upscale restaurants are closing. Do you think the kind of fine dining — multi-course dinners with wine pairings — you did at Fins will be popular again in our lifetime? If so, will you do that type of restaurant?*

**WD:** I think I'd do it again in a different format. I'd like to connect and open the kitchen to the dining room, like the robatayaki bar we had at the downtown Fins. But I really think the era of large-scale fine dining is over, at least for now. **MM**

## NIBBLES

Morrisville has been chosen to be the home of the Triangle's first professional cooking school. **The Chef's Academy**, offering a two-year degree program in culinary arts and pastry arts, will open this August. The academy is a division of Harrison College in Indianapolis, IN. Aspiring chefs can find out more at [www.thechefsacademy.com](http://www.thechefsacademy.com).

**Cliff Vogelsberg** has been named chef for Winston's Grille. Vogelsberg has served as Executive Chef for Solas and Sullivan's Steakhouse and was chef/owner of Carley's on Salem and Clifton's after serving an externship at Second Empire.

**The Wilmore Café** has opened at 223 S. Wilmington St. in downtown Raleigh next door to the Busy Bee cafe, opened by Raleigh commercial real estate executives Carter Worthy and husband Tom Hester.

Discerning pizza lovers will enjoy Cary's new **Bella Mia** at Renaissance Park shopping center. Owner Rick Guerra has introduced terrific Neapolitan-style pies, baked in a coal-fired oven, to the Triangle. These chewy, thin-crust pizzas with intense, tangy tomato sauce set a standard for what good pizza ought to be. While there, try the delicious smoky chicken wings served with caramelized onions. [www.bellamiacoalfire.com](http://www.bellamiacoalfire.com).

Raleigh's Oakwood and Mordecai neighborhoods welcome **PieBird Raleigh** now at 618 N. Person St. (the former Conti's Italian Market). Owner Sheila Sabol Duncan and Chef Kristine Ashwood make sweet and savory pies to eat in or take out for lunch and dinner. Call 919-508-7612 or link to [piebirdraleigh.com](http://piebirdraleigh.com).

North Hills will welcome new food and wine venues this summer. **World of Beer** will open near Zoe's Kitchen. The beverage store offers a huge selection including beers from local microbreweries. Total Wine & More will increase its size, moving into the old Harris Teeter spot. And watch for the opening of Which Wich sandwich shop.

Two Triangle culinary icons will be making appearances at local bookstores this month. **Sara Foster**, owner of Foster's Markets in Chapel Hill and Durham, has published her fourth cookbook, *Sara Foster's Southern Kitchen*. **Andrea Reusing**, chef/owner of Lantern in Chapel Hill, and James Beard Award nominee, has written *Cooking in the Moment: A Year of Seasonal Recipes*.

Burger fans are enjoying **Tribeca Tavern's** first Raleigh venue at 6004 Falls of the Neuse Road. The casual eatery, part of the Rocky Top Hospitality Group's stable, is committed to serving the best burgers around. Tribeca's kitchen grinds its own beef from cows raised in Beaufort County, NC. Another Tribeca will open soon at the former Bogart's on Glenwood South.

All plans are now set for the **2011 Epicurious Vino Challenge**, the popular culinary event that will be held this year on June 4 from 6:30 - 10 p.m. at The Hinnant Family Vineyards in Pine Level, NC. Buy tickets now for the festival where professional chefs from Raleigh to Greenville will compete to see who can make the best signature dish using an award-winning Hinnant Family Vineyards wine as a key ingredient. Questions about tickets and sponsorships may be directed to [dvalentine@rha-net.org](mailto:dvalentine@rha-net.org) or call 919-803-2960.

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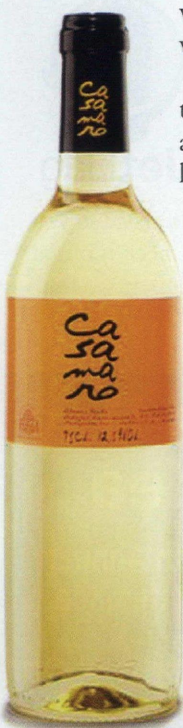
# Cork Report

by Barbara Ensrud

## Saucy and Crisp:

### WINES FOR ASIAN SPICE

**T**he Triangle boasts some exceptional restaurants specializing in Asian-fusion dishes — from Jujube to Lantern to An and the latest in Raleigh, Fai Thai, which has eased into the former home of Duck and Dumpling with a vibrant thrust of color, as vivid as Bangkok itself.

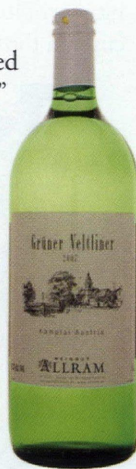


Chefs and restaurateurs have had to be creative in fashioning wine lists geared to foods with Asian accents. In the process they have introduced local wine drinkers to lots of new and less familiar wines. The usual oak-aged Chardonnays or tannic reds, such as Cabernet Sauvignon, mostly don't complement the flavors in these foods.

Over the last few years, we have happily embraced Grüner Veltliner, Alsace and Austrian Rieslings, Grenache Blanc, Albariño, non-oaky Chardonnays and interesting white blends, some virtually unknown in these parts until a few years ago. Asian flavors and spices, often with somewhat sweet undertones, some with chili-laced sauces, are best with crisp, bright whites and fruit-driven reds.

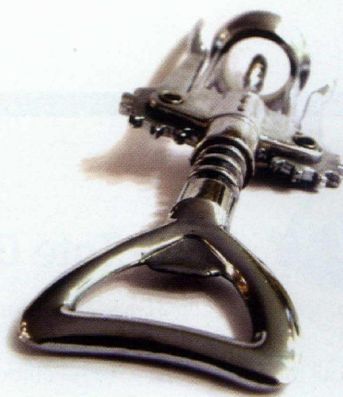
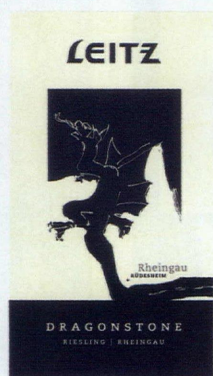
Dishes with a touch of sweetness are often best complemented by a wine with a hint of sweetness — but only if the wine has a bracing acidity that keeps it crisp. People

have long recommended Gewürztraminer ("gewürz" means spicy; traminer is a grape reminiscent of Riesling) with Asian food. I agree that Gewürztraminer can work, but sometimes I feel it either overpowers oriental flavors, especially if they're delicate rather than pungent, or it clashes with them. I usually prefer an Alsace Riesling. Interestingly, Gewürz doesn't show up that often on current wine lists.



Fai Thai has an intriguing selection of wines, including several that are quite dry but work very well with Chef William D'Auvray's food. On a recent visit we picked the 2009 Casamaro Verdejo, a crisp Spanish white with citrus and mineral notes to go with a spectacular soup, Tom Kaa Gai (chicken breast in coconut milk flavored with galanga root and lime leaf) and a platter of delectable prawn toasts (see Gourmet in this issue). Verdejo is a grape grown in the Rueda region of northern Spain, and worked superbly with the dishes we ordered.

But we could have easily gone with the Sicilian white, Casa Ibidini Insolia, a bottle of the Allram Grüner Veltliner or the Leitz Dragonstone Riesling from Germany's Rheingau. We stuck with fish that evening — the very good triggerfish with green curry and the fish special of sea bass. But for Thai-flavored beefsteak, pork loin or beef short ribs, there are good choices in reds as well, including fruity Dolcetto and village Beaujolais such as Fleurie and



Regnié. There are also numerous choices in good beer — ale, wheat, amber and other specialties.

Whatever suits your fancy, and don't worry if some of the wines at Fai Thai aren't familiar; the list is well-chosen, if a bit overpriced in some instances (some of the \$30 wines go for \$25-\$27 at similar restaurants) — so be adventurous and try something new. **MM**

## WINE BUYS OF THE MONTH

### Byron Vineyards 2009 Pinot Noir, \$17

People hit by the slowed economy haven't stopped drinking wine, but they're much more cost-conscious. Top-ranked Pinot Noirs still go for \$40 to \$50 and \$60 a bottle, but some producers have taken a laudably realistic view and put forth more reasonably priced Pinots — less intense and concentrated but eminently drinkable and highly versatile with food. The Byron 2009 Pinot is an excellent buy, with the soft, round, berryish fruit typical of Santa Barbara County Pinots. It's great for pork dishes or grilled sausages.

Inexpensive Pinots are risky — some taste nothing like the variety, but here are some other good buys in Pinot Noir that are worth a search: Estancia 2009 Pinnacles Ranches, \$13-17, depending where you buy; A to Z 2009 Pinot Noir, Oregon, \$18-19; Stoneleigh 2009 Pinot Noir, New Zealand, \$17.





## Wine Tote Gift for College Grads ... and Newlyweds Too

For the 21-and-over group, there are ample opportunities that call for transporting wine — outdoor outings, potlucks, wine tastings, wines for dinner at friends' houses. A very thoughtful gift for the college graduate, or for wedding couples as the high season for nuptials commences, would be a hand-

some wine tote. The Sachi Vino Tote is more than serviceable — it's elegant and durable, something that can be used again and again.

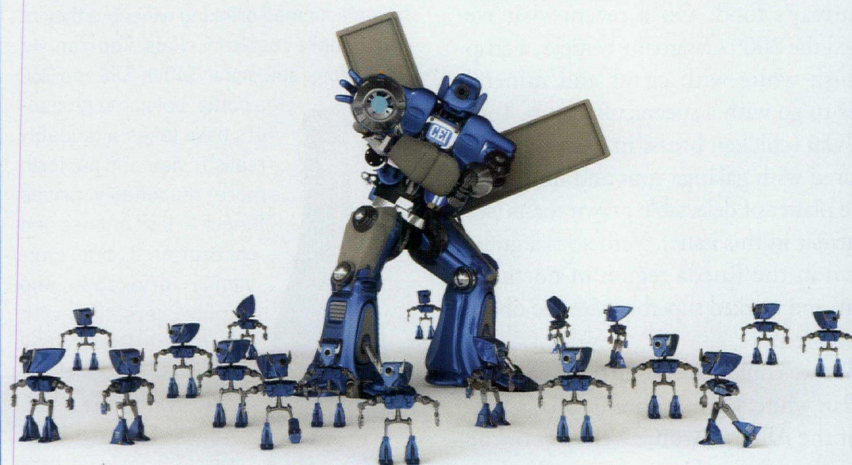
It comes in two-bottle or three-bottle sizes, insulated to keep whites or *rosés* nicely chilled, with felt-padded inserts to cushion the bottles. The Sachi Vino Tote,

which comes in black, tan or brown, has a pair of sturdy handles and an adjustable shoulder strap, as well as a zipper pocket to hold a corkscrew and similar wine accessories. A must-have for winelovers.

Best of all, they're available online: \$23.99 for the two-bottle size, \$26.99 for the three-bottle. Go to [www.sachi-bags.com](http://www.sachi-bags.com).

Another handy item is the reusable Jet Bag, formerly known as the "Wine Diaper" — much better name, I think, don't you agree? It is an airtight, zip-lock plastic bag lined with absorbent cotton (as used in diapers) to insulate a bottle of wine or other liquids in checked luggage.

Good insurance against breakage so you don't ruin your clothes. Check it out at [www.thejetbag.com](http://www.thejetbag.com).



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## Father's Day Gift Idea

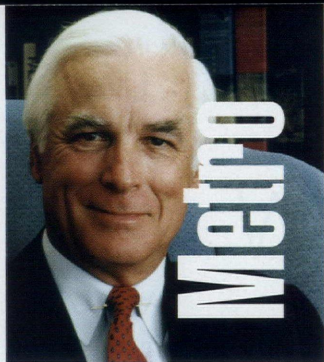
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# Editor-at-Large

by Jim Leutze

## Storm Warnings For NC Coast:

### REDUCED FUNDING THREATENS FUTURE

**T**he predictors, whoever they are, are saying we'll have a "more active than normal" hurricane season. I don't put much store in those predictions, but here is one you can take to the bank — this year, and probably the next years to come are going to be tough ones for coastal North Carolina — hurricanes or not. The reasons are a combination of politics, economics and values sometimes working alone, sometimes in combination.

I should start by saying that, while I don't think the way we have been doing things for roughly the last 40 years was always right, in my view it was more generally right than wrong. I'm dating our enlightened coastal policy from the 1970s, which saw a heightened appreciation for our coastal environment, capped off in 1978 with the Coastal Area Management Act (CAMA). From CAMA grew the Division of Coastal Management and its rule-making body — the Coastal Resources Commission (CRC). As you might imagine, one man's enlightened policy-making is another man's interference with individual property rights.

As I can testify from numerous meetings of the CRC, there are lots of people elected and unelected who don't like "government" commissions telling them where they can build their houses, or how they could protect their property. CRC rules are sometimes rules, and sometimes they are not. When homeowners didn't like being told to remove sandbags when the permit time had run out, they went to the General Assembly to get our orders suspended. When communities didn't like CRC suggesting rules that consider sea level rise in their long range plans, they again went to the General Assembly to get the rules delayed.

But while the General Assembly intervened in those cases, they generally have supported the CRC. This was true in part because some of the most powerful and most senior members of the Senate were from Eastern North Carolina. Let's face it, Marc Basnight, RC Soles, Tony Rand, Charlie Albertson and

several others swung pretty big sticks and could often get or stop whatever they wanted. In the House, there were also strong environmentalists, such as Speaker Joe Hackney and Pricey Harrison. With the powerful senators gone, and the House now in control of the other party, we are likely to see a shift in attention away from the coast and toward the Piedmont. Moreover, Republicans are traditionally more swayed by property rights advocates than Democrats. They also, particularly now, are more likely to be influenced by economic rather than ecological arguments.

What does this all add up to? We will likely see a weakening of our coastal protections and a decline in "government" rules and regulations. This weakening of rule-making will most likely be achieved through the indirect approach of reorganization. Instead of setting a public goal of reduced regulation, we will instead see a process of weakening all environmental rules by breaking up the Division of Environmental and Natural Resources (DENR) under which comes the Division of Coastal Management and CAMA. "Downsizing" is the word being used with the intent of making DENR more "business friendly." Meanwhile, with power shifting to the Republican Party in both Houses, it is likely that more business-oriented people will be appointed to boards and commissions. The buzz is already circulating that the words climate and change have no influence in Raleigh when used in the same sentence.

It is also not good news that funds previously used to support land acquisition intended to protect vital watershed, and estuarine areas will be diverted (or raided) to plug budget holes. The Clean Water Management Trust Fund, which normally has had several hundred million dollars for land acquisition, this year will have \$10 million. Coastal areas affected by these cuts will be Albemarle and Pamlico Sounds and the Green Swamp area in southern Eastern North Carolina.

Next (and sadly there is a next), you probably can say good-bye to much of North Carolina's commercial fishing industry. You

would think that an economically important industry like fishing would be protected by business-oriented Republicans. But here the villain is the federal government and the budget hawks in Congress. For years North Carolina has been trying to obtain funds to keep Oregon Inlet open for the important fishing fleet in and around Wanchese.

Oregon Inlet is the opening to the vastly productive fishing grounds off Cape Hatteras where the Gulf Stream and Labrador Currents meet. To keep the inlet safely at 14 feet costs between \$12-14 million a year. This year it looks like the Corps of Engineers will have \$4.1 million. This will mean that the depth can be kept between 6 and 8 feet. As the channel narrows, the Coast Guard may have to close it to avoid having large fishing boats run into the Bonner Bridge. With the inlet closed, our fleet will be virtually locked in unless it makes the expensive and dangerous run south to Morehead City. Why dangerous? Because there isn't sufficient funding to keep the Intracoastal Waterway at its required minimum depth. Oh yeah, and then there are the commercial fishing guys at Carolina Beach. Here too it is doubtful the funds will be there to keep that inlet open.

Tilapia anyone?

Finally, there is the issue of beach re-nourishment. Those dreaded "earmarks" that everyone hates have provided most of the funds over the years for beach re-nourishment. Now those funds are gone. Or some are gone and some aren't gone, nobody seems quite sure which. But that earmarks will be in shorter supply no one argues, nor can anyone argue that one of the coast's biggest friends in the past — Rep. Mike McIntyre — is in the minority in Washington with much reduced clout.

So, here's what I see: weakened environmental rules, weakened rule-making ability, a dying commercial fishing industry, insufficient funds to keep up infrastructure and beaches at greater risk from storms because of reduced re-nourishment. Let's hope for a break on the gloomy storm predictions. **MM**

# METRO PREVIEW

BY MAURY POOLE

## GALLERIES

**"POTTERS OF THE ROAN":** A guild of professional potters living and working in the presence of Roan Mountain near Bakersville, NC; The Mahler Fine Art, Raleigh; May 6-June 4. Contact 919-828-6500 or [www.thecollectorsgallery.com](http://www.thecollectorsgallery.com).

**"(UN)VEILED":** Art exhibition sponsored by the City of Raleigh Arts Commission featuring mixed-media works by Ann Marie Kennedy and Aditya Shringarpure, fiber art by Ann Roth, ceramics by Marina Bosetti and a Hidden Voice project; Miriam Preston Block Art Gallery and Block2, Raleigh; thru May 23. Contact 996-3610 or [www.raleighnc.gov/arts](http://www.raleighnc.gov/arts).

**CARY ART LOOP:** Gallery opening receptions at various town facilities; May 27 and June 24. Contact 919-460-4963 or [www.townof-cary.org](http://www.townof-cary.org).

**"PLACES WE COME FROM":** Solo exhibition of new work by Melissa Miller; Eno Gallery, Hillsborough; thru May 24. Contact 919-883-1415 or [www.enogallery.net](http://www.enogallery.net).

**LOCAL COLOR GALLERY EVENTS:** Raleigh; Contact 919-754-3887 or [www.localcolorraleigh.com](http://www.localcolorraleigh.com).

- **"CLAY IN MAY":** Exhibit May 5-28
- **"6TH ANNUAL PLEIN AIR PAINT OUT":** Exhibit May 5-28
- **"NORTH CAROLINA — BEYOND VISUAL SENSATION":** By artist Afolayan; Opening June 3 from 6-9 p.m., exhibition June 2-30

**EVENTS AT ARTSOURCE:** Raleigh; Contact 919-787-9533 or online at [www.artsourc Raleigh.com](http://www.artsourc Raleigh.com).

- **"PERSPECTIVES":** The art of Susan Hecht, Jose Jimenez, Katherine and William Bernstein; opening reception May 20 from 7-9 p.m., exhibition May 20-June 19
- **A PAINTING DEMONSTRATION WITH JOSE JIMENEZ:** May 28 from 1-5 p.m.

**EVENTS AT GALLERY C:** Raleigh; Contact 919-828-3165 or [www.galleryc.net](http://www.galleryc.net).

- **HAITI SURVIVES!:** 1st Haitian art exhibition since 2010 earthquake, work of over 60 featured Haitian painters; Exhibition May 6-June 15

**HILLSBOROUGH GALLERY OF ARTS EVENTS:** Hillsborough; Contact 919-732-5001 or [www.hillsboroughgallery.com](http://www.hillsboroughgallery.com).

- **"ELEMENT: METAL, WOODS & WATER":** Exhibit featuring paintings by Kim Wheaton and Ellie Reinhold, and jewelry by Miranda Kossoff; thru May 22.
- **"REFLECTIONS":** Metal sculpture by Renee Levery, Fiber Art by Ali Givens, Paintings and Enamels by Jude Lobe; opening reception May 27 from 6-9 p.m., exhibition May 27-June 19

**HILLSBOROUGH ARTS COUNCIL EVENTS:** Hillsborough; Contact [www.hillsboroughartscouncil.org](http://www.hillsboroughartscouncil.org).

- **SCULPTURE TOUR:** Outdoors; throughout Historic Downtown Hillsborough District; thru Sept. 30

**EVENTS AT NATURE ART GALLERY:** NC Museum of Natural Science, Raleigh; Contact



**MARCHANDE DE VOLAILLES:** Work by Wilson Bigaud featured in a Haiti Survives! Exhibition at Gallery C.

919-733-7450 or [www.naturalsciences.org](http://www.naturalsciences.org).

- **TWEAKS OF NATURES:** Photography by Amy Thomas; Exhibition May 6-29
- **VERTEBRAL VARIATIONS:** Watercolor paintings by Rachel Collins; June 3-26

**VISUAL ART EXCHANGE ASSOCIATION AND GALLERY EVENTS:** Raleigh; Contact 919-828-7834 or [www.visualartexchange.org](http://www.visualartexchange.org)

- **"SYNAPSES — TRENDS IN CONTEMPORARY FIBER":** Visual Art Exchange, Exhibition May 6-26
- **THE WEDGE ROOM BY JEFF BELL:** VAE Annex, Exhibition May 6-26
- **MJH GALLERY FEATURED ARTISTS:** Amanda Kay Wallace and Emily Rubin Malpass, United Arts Council of Raleigh & Wake County, Exhibition May 6-27
- **DUKE RALEIGH HOSPITAL:** Featured artist Susan Stapleton McLaurin; May 15-July 15
- **CAMERON VILLAGE LIBRARY:** Featured artists Lyric Montgomery Kinard; May 15-July 15

## CLASSICAL

**EVENTS AT THE NC SYMPHONY:** Meymandi Concert Hall, Raleigh; Contact 919-733-2750 or [www.ncsymphony.org](http://www.ncsymphony.org).

- **SUMMERTIME, SUMMERTIME!:** Summerfest Series; Koka Booth Amphitheater; May 28 at 7:30 p.m.
- **AROUND THE WORLD IN EIGHTY MINUTES:** Summerfest Series; Koka Booth Amphitheater; June 4 at 7:30 p.m.

- **THE PINES OF ROME:** Summerfest Series; Koka Booth Amphitheater; June 11 at 7:30 p.m.
- **LIVE AND LET DIE:** Music by Paul McCartney, Summerfest Series; Koka Booth; June 18 at 7:30 p.m.
- **SWAN LAKE AT SYMPHONY LAKE:** Summerfest Series; Koka Booth; June 25 at 7:30 p.m.
- **INDEPENDENCE DAY:** Summerfest Series; Koka Booth; July 4 at 7:30 p.m.
- **PIRATES!:** Summerfest Series; Koka Booth; July 9 at 7:30 p.m.
- **THE MUSIC OF QUEEN:** Summerfest Series; Meymandi Concert Hall; July 14 at 7:30 p.m.
- **TIME FOR THREE:** Summerfest Series; July 16 at 7:30 p.m.

**THE RALEIGH CHAMBER MUSIC GUILD EVENTS:** NC Museum of Art East Building Auditorium; Raleigh; Contact 919-821-2030 or <http://rcmg.org>.

- **THE ATLANTIAN PIANO TRIO:** Program titled "Sides of Being Jewish" part of the Sights & Sounds series; May 22 at 3 p.m.

## POP MUSIC

- **SERTOMA SPRING/SUMMER 2011 SERIES:** Pop, jazz and folk concerts for the entire family; Sertoma Amphitheater, Bond Park, Cary; Contact 919-319-4560 or online at [www.townofcary.org](http://www.townofcary.org).
- **TRIANGLE BRASS BAND:** June 3 and July 1

at 7 p.m. [www.trianglebrass.org](http://www.trianglebrass.org)

- **BRIGHT STAR CHILDREN'S THEATER PRESENTS AFRICAN FOLKTALES:** June 4, 3 p.m. [www.brightstartheatre.com](http://www.brightstartheatre.com)
- **THE MONITERS, CO-SPONSORED BY PINECONE:** June 11 at 3 p.m. [www.pinecone.org](http://www.pinecone.org)
- **TRIANGLE WIND ENSEMBLE PRESENTS POPS IN THE PARK:** June 12 at 6 p.m. [www.trianglewind.org](http://www.trianglewind.org)

**EVENTS AT KINGS ROYAL BARCADE:** Raleigh; Contact 919-833-1091 or [www.kingsbarcade.com](http://www.kingsbarcade.com).

- **THE ROSEBUDS:** June 11 at 10 p.m.
- **ANNUALS and LUEGO:** June 18 at 10 p.m.
- **John Lindsay:** June 26th at 9 p.m.

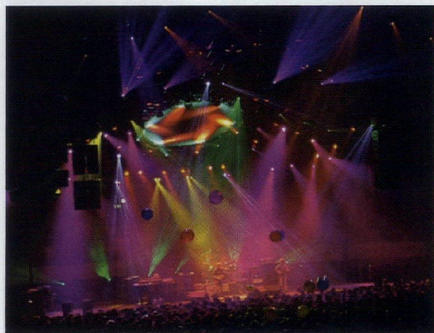
**EVENTS AT LINCOLN THEATRE:** Raleigh; contact 919-821-4111 or [www.lincolntheatre.com](http://www.lincolntheatre.com).

- **GRACE POTTER & THE NOCTURNALS with FUTURE BIRDS, GARY CLARK JR., THE BLACK BOX REVOLUTION AND JULIAN McCULLOUGH:** May 29 at 7:30 p.m.
- **NOAH AND THE WHALE with BAHAMAS:** June 16 at 7:30 p.m.
- **ROBIN TROWER:** June 26 at 7:30 p.m.

**EVENTS AT CAT'S CRADLE:** Carboro; [www.catscradle.com](http://www.catscradle.com).

- **THE OLD CEREMONY with DEX ROMWEBER AND THE NEW ROMANS:** May 21 at 9 p.m.
- **OKKERVIL RIVER with FUTURE ISLANDS**

- and TITUS ANDRONICUS: June 1 at 9 p.m.
- SONDRE LERCHE with NIGHTLANDS and KISHI BASHI: June 9 at 8 p.m.
  - DAVE ALVIN AND THE GUILTY ONES with LOS STRAIGHTJACKETS: June 16 at 8:00 p.m.
  - A NIGHT TO BENEFIT UNC HOSPITAL JAYCEE BURN CENTER WITH THE WILLIE PAINTER BAND, REBECCA AND THE HIGH-TONES AND SOUTH WING: June 25 at 8 p.m.



Phish

EVENTS AT DURHAM PERFORMING ARTS CENTER: Durham; Contact [www.dpacnc.com](http://www.dpacnc.com).

- STEVE MARTIN with THE STEEP CANYON RANGERS: One of America's favorite comedians and master banjo player with bluegrass quintet. May 21 at 7 p.m.
- JOSH SMITH: May 26
- BB KING: Now 90 years old, the king of the blues makes a triumphant return to the Triangle. June 3 at 7 p.m.
- DAVID GRAY: July 3 at 7 p.m.



Steve Martin and The Steep Canyon Rangers

EVENTS AT TIME WARNER CABLE MUSIC PAVILION AT WALNUT CREEK: Raleigh; Contact [www.timewarnermusic-paviliontickets.com](http://www.timewarnermusic-paviliontickets.com).

- PHISH: Jam band juggernauts bring a powerful brew of improvisation driven rock to one of their favorite spots. June 8 at 8 p.m.
- DEF LEOPARD with HEART: June 24 at 8 p.m.

## Metro Magazine

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919-831-0999

[www.metronc.com](http://www.metronc.com)



SEARCH PARTY: By Anthony Goicolea, on display at the North Carolina Museum of Art featured in the Alter Ego exhibition.

EVENTS AT RALEIGH DOWNTOWN AMPHITHEATRE: Raleigh; Contact [www.raleigh-amphitheatre.com](http://www.raleigh-amphitheatre.com).

- MUMFORD AND SONS: June 8 at 7 p.m.
- THE DECEMBERISTS: June 18 at 7:30 p.m.

## STAGE AND SCREEN

EVENTS AT KOKA BOOTH AMPHITHEATRE: Cary; Contact 919-462-2052 or [www.boothamphitheatre.com](http://www.boothamphitheatre.com).

- THE SOCIAL NETWORK: Movies by Moonlight; May 26

- SUMMERTIME, SUMMERTIME: May 28
- AMERICAN CELEBRATION FEATURING THE CONCERT SINGERS AND TRIANGLE WIND ENSEMBLE: May 29
- PRETTY IN PINK: Movies by Moonlight; June 2
- MIRANDA LAMBERT: With special guest Josh Kelley and Ashton Shepherd; June 3
- AROUND THE WORLD IN EIGHTY MINUTES: June 4
- EAT, PRAY, LOVE: Movies by Moonlight; June 9
- THE PINES OF ROME: June 11
- DESPICABLE ME: Movies by Moonlight; June 16
- LIVE AND LET DIE: The music of Paul McCartney; June 18



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## METRO PREVIEW

- **SWAN LAKE AT SYMPHONY LAKE:** June 25
- **FATHER OF THE BRIDE:** 1950, Movies by Moonlight; June 30

**THE PORCH THEATRE EVENTS:** Wilmington; Contact 910-232-6611 or online at [www.porchtheatre.com](http://www.porchtheatre.com).

- **CLUE!** An interactive mystery dinner; June 2, 9, 16 & 23 at 6:30 p.m.
- **A PIRATES REVENGE MYSTERY DINNER:** July 7, 14 and 21 at 6:30 p.m.
- **LIGHTS, CAMERA, ACTION:** A filmmaking camp for ages 9-14; Friends School, Wilmington; June 20-24 from 8:30-12:30 p.m.
- **SPOTLIGHT! THEATRE CAMP:** For ages 7-14; Friends School, Wilmington; June 27-July 1 from 8:30 a.m.-2:30 p.m., July 11-15 from 8:30-2:30 p.m. and July 18-22 from 8:30 a.m.-2:30 p.m.



**MARCHÉ:** Work by Cesar Serge on display at Gallery C featured in a Haiti Survives! Exhibition.

**THEATRE IN THE PARK EVENTS:** Pullen Park, Raleigh; Contact 919-831-6936 or online at [www.theaterinthepark.com](http://www.theaterinthepark.com).

- **NOISES OFF:** By Michael Frayn, a comedy-within-a-comedy capturing a touring theater troupe's production of "Nothing On"; June 10, 11, 16-18, 24 & 25 at 7:30 p.m., June 12, 19 & 26 at 3 p.m.

**PROGRESS ENERGY CENTER FOR THE PERFORMING ARTS EVENTS:** Raleigh; Contact 919-831-6060 or [www.progressenergy-center.com](http://www.progressenergy-center.com).

- **TRIANGLE YOUTH BRASS BAND SEASON FINALE:** May 22 at 7 p.m.
  - **TRIANGLE YOUTH BRASS BAND PARTNERSHIP WITH YOUTH III:** May 27 at 8 p.m.
  - **NOCHE DE COMEDIA:** May 28 at 8 p.m.
  - **PRIMUS — AC ENTERTAINMENT AND BROADWAY SERIES SOUTH:** May 31 at 8 p.m.
  - **RALEIGH RINGERS SPRING CONCERT:** June 5 at 4 p.m.
  - **THE 39 STEPS — HOT SUMMER NIGHTS AT THE KENNEDY:** June 8-11 & 15-18 at 8 p.m., June 12 & 19 at 3 p.m.
  - **A PROCLAMATION OF HOPE:** Featuring "A Sing for the Cure" — Common Woman's Chorus and Triangle Gay Me; June 12 at 7 p.m.
  - **MISS NORTH CAROLINA PAGEANT:** June 21-25
  - **PERFORMANCE EDGE SUMMER SHOWCASE:** June 25
  - **MARVELOUS WONDERETTES:** Hot Summer Nights at The Kennedy; June 29-July 10
- DURHAM PERFORMING ARTS CENTER EVENTS:** Durham, Contact 919-680-2787 or [www.dpacnc.com](http://www.dpacnc.com).
- **AL PACINO:** May 20
  - **IMAGINATION MOVERS:** May 22
  - **MONTY PYTHON'S SPAMALOT:** May 24-25

**EVENTS AT THE RBC CENTER:** Raleigh; Call 919-861-2300 or [www.ticketmaster.com](http://www.ticketmaster.com).

- **SESAME STREET LIVE:** June 3 at 10:30 a.m., 7 p.m.; June 4 at 10:30 a.m., 2 p.m. & 5:30 p.m.; June 5 at 2 p.m.
- **JOSH GROBAN:** June 11 at 8 p.m.
- **KATY PERRY:** June 14 at 7:30 p.m.
- **KEITH URBAN:** June 25 at 7:30 p.m.
- **CIRQUE DU SOLEIL: Alegria production;** July 6-10

**CAROLINA BALLET EVENTS:** Raleigh, Contact [www.carolinaballet.com](http://www.carolinaballet.com).

- **A MIDSUMMER NIGHT'S DREAM:** May 19-22

**DUKE PERFORMANCES EVENTS:** Music in The Gardens Series; Sarah P. Duke Gardens, Durham. Contact 919-660-3348 or online at [www.dukeperformances.org](http://www.dukeperformances.org).

- **STEVE RILEY AND THE MAMOU PLAYBOYS:** June 1 at 7 p.m.
- **FIGHT THE BIG BULL:** June 8 at 7 p.m.
- **THE PARKINGTON SISTERS:** June 15 at 7 p.m.
- **HAMMER NO MORE THE FINGERS:** June 22 at 7 p.m.
- **SHIRLETTE & THE DYNAMITE BROTHERS:** June 29 at 7 p.m.
- **HOLY GHOST TENT REVIVAL:** July 6 at 7 p.m.
- **LOST IN THE TREES:** July 13 at 7 p.m.

### MUSEUMS

**EVENTS AT CAMERON ART MUSEUM:** Wilmington. Contact 910-395-5999 or online at [www.cameronartmuseum.com](http://www.cameronartmuseum.com).

- **THE MYSTERIOUS MADAME X. WITH**



**THE ATLANTIAN TRIO** — Presented by the Raleigh Chamber Music Guild, Sights & Sounds Series program titled "Sides of Being Jewish".

**NAN GRAHAM:** Mini Lecture; May 18 from 1-1:30 p.m., May 23 from 6-6:30 p.m.

- **MUSIC:** Assembled by Fredrick Cooper; June 2 from 7-8 p.m.
- **MUSIC:** Tallis Chamber Orchestra; June 5 from 2-3 p.m.
- **MUSIC:** USAF Langley Winds; June 12 from 3-4 p.m.
- **TIFFANY'S PURSUIT OF VIRTUOUS BEAUTY WITH AMANDA DAVIS:** June 15 from 1-1:30 p.m., June 27 from 6-6:30 p.m.
- **FORWARD MOTION DANCE COMPANY:** June 23 from 7-8 p.m.
- **LIFE DRAWING:** Ongoing class with no instructor; Museum Reception Hall; Tuesdays 6-9 p.m.
- **STATE OF THE ART/ART OF THE STATE:** Hughes Wing exhibition; thru Oct. 30
- **FRITZI HUBER — A CIRCUS LIFE:** Exhibition thru Aug. 21
- **CLYDE CONNELL — SWAMP SONGS:** thru Oct. 2
- **TERRELL JAMES — FIELD STUDY:** thru Oct. 2

**CONTEMPORARY ART MUSEUM EVENTS:** Raleigh, Contact 919-513-0946 or [www.camraleigh.org](http://www.camraleigh.org).

- **URBAN NATURE:** Naoko Ito exhibition; thru July 11.
- **HOLD ON, LOOSELY:** Dan Steinhilber exhibition; thru Aug. 22.

**NC MUSEUM OF ART EVENTS:** Raleigh, Contact 919-839-6262 or visit [www.ncartmuseum.org](http://www.ncartmuseum.org).

- **2011 ARTS IN THE MUSEUM PARK SUMMER SERIES:** Scheduled outdoor concerts and movies, acts include Bela Fleck and The Fleckstones, BeauSoleil, Iris DeMent, Leo

Kottke and many more; Joseph M. Bryan, Jr. Theater; June 4-Sept. 17

- **"30 AMERICANS":** Exhibit thru Sept. 4
- **"ALTER EGO":** A decade of work by Anthony Goicolea exhibit; thru July 24
- **"MIRROR IMAGE":** Women portraying women exhibit; thru Nov. 27
- **ART OF THE AUCTION:** A benefit for the NC Museum of Art Foundation; May 21 at 7 p.m.
- **CARING FOR YOUR COLLECTION:** June 5 at 2 p.m.

**MARBLES KIDS MUSEUM EVENTS:** Raleigh; Contact 919-834-4040 or [www.marbleskidsmuseum.org](http://www.marbleskidsmuseum.org).

- **PIRATES OF THE CARIBBEAN — On Stranger Tides** an IMAX 3D experience; May 20 thru June
- **MUSIC MAKERS WITH NCSKIDS:** May 21 from 10-4 p.m.
- **GADGETS AND GIZMOS:** May 22 1-3 p.m.
- **FAMILY FIT SERIES — NAMASTE:** May 28 from 2-4 p.m.

**RALEIGH CITY MUSEUM EVENTS:** Raleigh; Contact 919-832-3775 or [www.raleighcitymuseum.org](http://www.raleighcitymuseum.org).

- **RALEIGH AND NORTH CAROLINA'S PRESENCE DURING WWII:** Learn about civilian and military life in Raleigh and NC during the 1940s, enjoy speaker Dr. John Duvall, Historian and Author; May 28, speaker at 1 p.m.

**MUSEUM OF NATURAL SCIENCE EVENTS:** Raleigh; Contact 919-733-7450 or [www.naturalsciences.org](http://www.naturalsciences.org).

- **ASTRONOMY DAYS:** May 21 from 9-5 p.m., May 22 from 12-5 p.m.



**NIGHT SITTING:** Work by Anthony Goicolea featured in the Alter Ego exhibition on display at the North Carolina Museum of Art.

- **EDUCATOR TREK — MUSIC ON THE RIVER:** Workshop or trip; May 21, 7 a.m.-May 22, 6 p.m.
- **NASA EDUCATOR TREK — ROCKETRY:** May 21 from 10-5 p.m.
- **SCIENCE SATURDAY:** Wildflowers of the Sandhills Region; June 4 from 11-12 p.m.
- **LIFELONG HIKE — PICTURE CREEK:** June 8 from 7:30-3:30 p.m.
- **SNAKE IDENTIFICATION WORKSHOP:** June 11 from 9-12 p.m.
- **SUMMER CAMP — Young Naturalist:** June 13, Mon-Fri. from 8:30 a.m.-3:30 p.m.
- **SUMMERCAMP — Buggin' Out:** June 13, Mon-Fri. 8:30-4:45 p.m.
- **SUMMER CAMP — Animals on Safari:** June 13, Mon-Fri. 8:45-noon
- **SUMMER CAMP — Lunchtime at the Museum:** June 13, Mon-Fri. 12-1:30 p.m.
- **SUMMER CAMP — Bling! Rocks & Minerals:** June 13, Mon-Fri. 1:30-4:45 p.m.

**EVENTS AT THE NCSU GREGG MUSEUM OF ART AND DESIGN:** Raleigh, Contact 919-513-7244 or [www.ncsu.edu/gregg](http://www.ncsu.edu/gregg).

- **"ROCATERRANIA — THE SECRET WORLD OF RENALDO KUHNER":** Opening reception June 9 from 6-8 p.m., exhibition June 2-Sept 3
- **"THEN...ABSENCE — AFTER KATRINA IN THE LOWER NINTH WARD":** Photography by John Rosenthal; opening reception June 9 from 6-8 p.m., Exhibition June 9-Aug. 13
- **THE MOUSE THAT ROARED:** Matinee screening, direct by Jack Arnold; June 15 at 3:30 p.m.
- **GALLERY TALK:** With John Rosenthal; June 22 at 6 p.m.



**Hen-side The Beltline Tour d'Coop** — Enjoy a one day tour learning about how to incorporate poultry-keeping into an urban farming lifestyle.

## METRO PREVIEW

EVENTS AT CAPE FEAR MUSEUM: Wilmington; Contact 910-798-4350 or [www.capefearmuseum.com](http://www.capefearmuseum.com).

- "B.W. WELLS-PIONEER ECOLOGIST": Exhibit now open
- "CAPE FEAR TREASURES — SEEING": Exhibit now open
- GREATER WILMINGTON SPORTS HALL OF FAME: Temporary exhibition displaying artifacts and memorabilia of this year's inductees, Sheila Boles, Bill Dooley, David Esposito and Willie "Pops" Stargell; open May 1
- NEW HANOVER COUNTY RESIDENTS' DAY: Free admission; June 5
- UNDERSTANDING COMMUNITY: Revolutionary and Civil Wars, 3 part sessions; May 14 at 10 a.m., May 17 at 7 p.m.
- LEARNING CENTER — WONDERS OF LIGHT: May 14 & 28 from 1-4 p.m.
- PIRATES: Special exhibit open; May 14
- CAPE FEAR SKIES — SKY MAPPING: May 15 at 1:30, 2:30 and 3:30 p.m.
- ENERGY QUEST: May 21 from 10-4 p.m.
- LEARNING CENTER — PIRATE INVASION: June 4, 11, 18, 25 from 1-4 p.m.
- SUMMER CAMP — BENEATH YOUR FEET: Ages 5 & 6; June 13-17
- SUMMER SHORTS — Eco Adventures, Star Search, Pirates, Ahoy, and Dino-mite! each Tuesday, Wednesday and Fridays in June; beginning June 14
- CAPE FEAR SKIES — MOON MADNESS: June 19 at 1:30, 2:30 and 3:30 p.m.
- SUMMER CAMP — SCIENCE MASTERS: Ages 7 & 8, June 20-24
- SUMMER CAMP — YOUNG ENGINEERS: Ages 9 & 10, June 27-July 1

### POTPOURRI

BOOKMARKED! 2011: Part of Cary's Lucy's Book Club public outreach, this two-week festival celebrates the special joys of reading with children; Raleigh; May 6-22. Contact 919-677-1400 or [www.lucysbookclub.org](http://www.lucysbookclub.org).

7th ANNUAL GEORGE THANHAUSER BIKE FOR HOPE: Bicycling fundraiser benefitting the Foundation of Hope for Research and Treatment of Mental Illness, varied starting times and

distances; Trek Bicycles, Raleigh; May 14. Contact 919-781-9255 or [www.walkforhope.com](http://www.walkforhope.com).

FIRST CAPITAL CHAPTER AACA ANTIQUE AUTO SHOW: This Antique Automobile Club of America event will include awards and is open to all AACA Classes and Special Interest Autos; New Bern Mall parking lot, New Bern; May 14 from 11-3:30 p.m. Contact [www.ncregionaaca.com/firstcapital/](http://www.ncregionaaca.com/firstcapital/).

2011 HILLSBOROUGH SPRING GARDEN TOUR: Tour numerous public and private gardens throughout Historic Hillsborough; Hillsborough; May 14 from 10-4 p.m. and May 15 from 12-4 p.m. Contact 919-732-7741 or [www.visithillsboroughnc.com](http://www.visithillsboroughnc.com).

29th ANNUAL HILLSBOROUGH HOG DAY: Family events featuring music, games, BBQ cooking contest, beer garden and more; River Park on E. Margaret Lane, Hillsborough; May 20 from 6-9, May 21 from 9 a.m.-6 p.m. Contact 919-732-8156 or [www.hogdays.com](http://www.hogdays.com).

71st ANNUAL CAROLINA COAST HARLEY-DAVIDSON DEALERS ASSOCIATION TWIN RIVERS SPRING RALLY: Enjoy a Ride-In Bike Show and live entertainment, daily rallies and nightly entertainment; New Bern Riverfront Convention Center and the Hilton New Bern/ Riverfront Hotel; May 20 from 10-5 p.m. and 7-12 a.m., May 21 10-5 p.m. Contact 252-633-4060 or [www.chdda.com](http://www.chdda.com).

ANNUAL GREEK FESTIVAL: Enjoy music, folk dancing, food, pastries, art gallery, gifts, jewelry shops and more; East Chapel Hill High School, Chapel Hill; May 20 from 6-9 p.m., May 21 from 11-9 p.m. and May 22 from 11 a.m.-8 p.m. Contact 919-484-1600 or <http://stbarbaranc-greekfestival.org>.

THE HENSIDE THE BELTLINE TOUR D'COOP: Benefiting Urban Ministries and sponsored by Whole Foods Market, this one day garden tour seeks to educate visitors about keeping hens and how to incorporate poultry-keeping into an urban farming lifestyle, visit one of 5 ticket locations listed online for brochure with ticket and location info; Raleigh; May 21 from 10-4 p.m. Contact 919-609-9205 or online at [www.tourcoop.com](http://www.tourcoop.com).

NEW RIVER BANKS PARTY: Enjoy music, the river, the garden, watch artist and craftsman, shop in the market for anything from fresh vegetables & herbs to antiques and taste local seafood at the Seafood Cook Off; waterfront Park, Jacksonville; May 29 from 10-4 p.m. Contact 910-455-3893.

33rd ANNUAL AMERICAN INDIAN CULTURAL ASSOCI-

ATION POWWOW: Enjoy great dance, music and fellowship; Van Hoy Farms Family Campgrounds, Harmony; June 17 from 2-8 p.m. and June 18 from 7 a.m.-7:30 p.m. Call 828-464-5579 or [vanhoyfarms.com](http://vanhoyfarms.com).

NC HUNTER JUMPER ASSOCIATION ANNUAL HORSE SHOW: A hunter and jumper competition with a Pet a Pony Day and a \$10,000 USHJA Hunter Derby, proceeds will benefit the NCSU School of Veterinary Medicine scholarship fund and the Norah Morris memorial scholarship fund; James Hunt Horse Complex, Raleigh; June 29-July 3 from 7:30 a.m. to evening. Contact 919-604-5431.

THRILL OF THE GRILL: Will be providing everything you need for delicious local, sustainably-raised, char-grilled feast and recipes, samples and cooking demos; Eno River Farmers Market; July 2 from 8-12 p.m. Contact online at [www.enoriverfarmers-market.com](http://www.enoriverfarmers-market.com).

EVENTS AT NORTH HILLS: Raleigh; Contact [www.northhillsraleigh.com](http://www.northhillsraleigh.com).

- MIDTOWN FARMERS' MARKET: Saturdays from 8-12 p.m. thru Nov. 19
- MIDTOWN MUSIC CONCERT SERIES: Thursdays from 6-9 p.m. thru Aug. 25
- NORTH HILLS KIDS: Mondays, Tuesdays, Wednesdays, and Fridays from 9 a.m.-1 p.m. thru Sept.
- SPA SHAG COMPETITION: June 18 from 2-6 p.m.
- PLEIN AIR ART COMPETITION: Painting and submissions April and May; Auction and festival June 11
- JULY 4 FAMILY CELEBRATION: July 2
- EMERGING ARTISTS: Friday nights from June 24 thru Aug 26

EVENTS IN WILMINGTON: Wilmington; Contact 866-266-9690 or [www.gocapefearcoast.com](http://www.gocapefearcoast.com).

- WILMINGTON GREEK FESTIVAL: May 20-22
- ORANGE STREET ARTS FESTIVAL: May 28-29
- PLEASURE ISLAND BEACH MUSIC FESTIVAL: Carolina Beach; June 4
- HOBBY GREENHOUSE: Summer plant sale; Forest Hills; June 3-4 from 9-6 p.m. Contact [www.hobbygreenhouseclub.org](http://www.hobbygreenhouseclub.org).
- BATTLESHIP 50th ANNIVERSARY BEACH MUSIC FESTIVAL: June 11
- PLEASURE ISLAND INDEPENDENCE DAY FIREWORKS AND STREET DANCE: July 3
- BATTLESHIP BLAST AND DOWNTOWN CELEBRATION: July 4

WINE TASTINGS AT HILLSBOROUGH WINE COMPANY: Chapel Hill; Contact 919-732-4343 or [www.chapelhillwinecompany.com](http://www.chapelhillwinecompany.com).

- FEATURED WINES FROM ITALY: June 3 from 5-7 p.m.
- FIRST FRIDAY WINE TASTING: New Zealand; June 11 from 1-3 p.m.

EVENTS AT OAKDALE CEMETERY: Wilmington, contact 910-726-5682.

- HORSE-DRAWN WAGON RIDES: Enjoy an afternoon of horse-drawn wagon rides with Mr. Ed Lewis; May 22 at 3 p.m. and 5:30 p.m.
- HISTORICAL SUMMER WALKING TOUR: Guided tour; June 18 and July 16 from 10-12 p.m.

EVENTS AT TRYON PALACE: New Bern; Call 800-767-1560 or [www.tryonpalace.org](http://www.tryonpalace.org).

- AFRICAN-AMERICAN LECTURE SERIES: Guest speaker Mitchell G. Capel presenting "W'en Dey 'Listed Colored"; May 19 at 7 p.m.
- CRAVEN COUNTY CONCERT BAND: South Lawn; May 22 at 6:30 p.m.
- TRYON PALACE THEATER — WOMEN AT WAR: Cullman Performance Hall; June 4 and 18 at 1 p.m.
- TRYON'S TALES FOR TOTS — OH, TO BE KING!: June 8 from 10-11 a.m.

Our thanks to Cyndi Harris for her assistance with MetroPreview.

**EDITOR'S NOTE:** Please send events info and color images, slides or photos 6 weeks before publication date. Send to Maury Poole, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or e-mail: [maurypoole@gmail.com](mailto:maurypoole@gmail.com).

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# RESTAURANT GUIDE

## RALEIGH/CARY

**18 SEABOARD** — 18 Seaboard Avenue, Suite 100 Raleigh. 861-4318. [www.18seaboard.com](http://www.18seaboard.com). Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff's warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

**42ND STREET OYSTER BAR** — 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F. Dinner seven nights a week.

**518 WEST ITALIAN CAFÉ** — 518 West Jones Street. Raleigh. 829-2518. [www.518west.com](http://www.518west.com). Named "Best Italian Restaurant in the Triangle" five years in a row, 518 West serves Italian and Mediterranean cuisine with a modern, healthy twist.

**AN** — 2800 Renaissance Park Place, Cary. 777-9229. [www.ancuisines.com](http://www.ancuisines.com). Chef Michael Chuong showcases his signature 'New World' cuisine, an elegant blend of Southeast Asian flavors and European influences. Voted Best New Restaurant in 2007 by *Metro Magazine* & *Cary Magazine*, Best Appetizers in 2008 by *Metro Magazine*. Lunch Mon-Fri and Dinner Mon-Sat.

**THE ANGUS BARN** — 9401 Glenwood Avenue. Raleigh. 781-2444. [www.angusbarn.com](http://www.angusbarn.com). The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals — hospitality, attractive atmosphere, and value have remained the same.

**BELLA MONICA** — 3121-103 Edwards Mill Rd., Raleigh. 881-9778. [www.bellamonica.com](http://www.bellamonica.com). Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch* & *AOL Cityguide*. Wine Spectator Award of Excellence.

**BLOOMSBURY BISTRO** — 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 MetroBravo! Awards.

**BONEFISH GRILL** — 4421-112 Six Forks Rd., Raleigh. 782-5127. Specializing in market fresh fish and seafood cooked over a wood-burning grill. Eight or more fresh fish selections daily, paired with original toppings. ½ price appetizers from 9 p.m.-10 p.m. every night. Live music Thursday nights from 9 p.m.-11 p.m. Bar and outdoor patio dining available. Located at North Hills. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-10 p.m.

**CAFÉ TIRAMISU** — 6196-120 Falls of Neuse Rd., Raleigh. 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor; will give fine dining at its best.

**COQUETTE BRASSERIE** — 4351-119 The Circle at North Hills, Raleigh. 789-0606. [www.coquetteraleigh.com](http://www.coquetteraleigh.com). Raleigh's first authentic French Brasserie featuring traditional fare, an exclusive French wine list and the best beers and classic French cocktails. Open air restaurant made

## Morning Times



possible by giant doors that open when the weather is just right. Mon-Thurs: 11 a.m.-10 p.m., Fri-Sat: 11 a.m.-11 p.m., Sun: 10 a.m.-10 p.m.

**EL RODEO GRILL** — 7420 Six Forks Rd., Raleigh. 919-844-6330. [www.elrodeogrill.com](http://www.elrodeogrill.com). Inspired by the bold flavors of Tex-Mex fare and the vibrant culture of Mexico, enjoy our favorite fajitas and stuffed Chile Rellenos. Or for a higher degree of authenticity, try our Michoacan-style Carnitas and a Mexico-City style Steak Tacos special. Signature margaritas and refreshing beers make for a perfect compliment to this twist on traditional Mexican dining.

**FAI THAI** — 222 S. Blount St, Raleigh. 919-838-0085. [www.fai-thai-raleigh.com](http://www.fai-thai-raleigh.com). In the heart of downtown Raleigh, Fai Thai is Chef William D'Auvray's inspired take on rustic and traditional Thai comfort food, made with the freshest ingredients and grilled and slow roasted over coconut and mangrove wood.

**FIREBIRDS ROCKY MOUNTAIN GRILL** — 4350-118 Lassiter at North Hills Ave., Raleigh. 788-8778. A unique style of American cuisine that originated in Aspen Colorado. Open-flame grilled steaks, herb roasted prime rib, fresh seafood, hearty pasta, awesome burgers and giant salads served in a cozy, comfortable setting. Bar and outdoor patio seating available. M - Th: 11 a.m. - 10 p.m., F-Sat: 11 a.m. - 11 p.m., Sun: 11 a.m. - 10 p.m.

**THE FLYING BISCUIT CAFÉ** — 2016 Clark Ave., Raleigh. 833-6924. Online at [www.flying-biscuit.com](http://www.flying-biscuit.com) and [www.raleighbiscuit.com](http://www.raleighbiscuit.com). Serving breakfast all day and hearty entrées, sandwiches and salads for lunch and dinner, this Cameron Village restaurant also boasts a full bar. Open 7 a.m. until 10 p.m. daily.

**GLENWOOD GRILL** — Oberlin@Glenwood, Raleigh. 919.782.3102. The longtime favorite in the Triangle, five-time MetroBravo winner for Power Lunch. Head Chef John Wright continues to discover new takes on Contemporary Southern. Now offering even More for Less: \$50 Dinner for Two, Mon-Thurs. Appetizer or salad to share, two entrees, dessert to share and a bot-

tle of wine. For lunch, Monday-Friday: Two for \$12: Choose appetizer or salad with Main Course. Available for private parties on Sundays. Visit us at [glenwoodgrill.com](http://glenwoodgrill.com).

**GLOBE** — 510 Glenwood Avenue Suite 103, Raleigh. 836-1811. Chefs Heath Holloman (co-owner) and Gray Modlin present a menu influenced by cuisines from all over the GLOBE, with their own twists. Choose a wine from the comprehensive list or have Henry Burgess (co-owner/sommelier) assist in a selection that will pair well with your food. "GLOBE...come taste a world of difference!"

**GRAVY** — 135 S. Wilmington St, Raleigh. 919.896.8513. [www.gravyraleigh.com](http://www.gravyraleigh.com). Ask any Italian-American what 'gravy' is, and they'll tell you it's the pasta sauce their mothers and grandmothers cooked fresh every night. At Gravy, we use that beloved gravy to put a modern spin on classic Italian-American dishes.

**HOT POINT CAFÉ** — 4209-136 Lassiter Mill Rd., Raleigh. 788-8240. A contemporary American café known as Midtown Raleigh's "neighborhood café" serving traditional breakfast and Mediterranean-influenced lunch and dinner. Famous for their California-style pizzas, sandwiches and house-baked focaccia. Wine and beer served. Outdoor patio dining available. Located at North Hills. M-Th: 7 a.m.-9 p.m., Fri: 7 a.m.-10 p.m., Sat: 8 a.m.-10 p.m., Sun: 8 a.m.-9 p.m.

**IRREGARDLESS CAFÉ** — 901 West Morgan Street, Raleigh. 833-8898. [www.irregardless.com](http://www.irregardless.com). Authentic Raleigh experience since 1975. Award winning, hand-crafted meals which respect the environment. Live music nightly! Casual fine dining with unique wines & beers. Open Lunch, Dinner, Sun. Brunch. Catering available.

**JIBARRA RESTAURANT** — 327-102 West Davie Street, Raleigh. [www.jibarra.net](http://www.jibarra.net). 755-0556. Housed in historic Depot building in the warehouse district, this upscale Mexican restaurant couples indigenous ingredients with modern techniques and sensibilities elevating timeless recipes. Blending contemporary and Mexican style, the energetic atmosphere is dominated by a sleek

tequila tower showcasing an array of premium, 100 percent blue agave spirits. Creative margaritas and an emphasized Spanish and Latin American wine list available.

**MIDTOWN & BAR 115** — 4421-115 Six Forks Road, Raleigh. 782-WINE. [www.midtownandbar115.com](http://www.midtownandbar115.com). Recognized as one of the "Best Places for a Power Lunch," by *Metro Magazine*, Midtown offers the experience of a New York bistro and bar in the heart of Raleigh's new midtown. Enjoy metropolitan cuisine and distinctive wines served by a professional wait staff. Lunch and Dinner Mon-Sat. Bar 115 open until midnight Thurs-Sat.

**THE MINT RESTAURANT** — 219 Fayetteville St., Raleigh. 821-0011. [www.themintrestaurant.com](http://www.themintrestaurant.com). Mon.-Thurs. 5-9 p.m.; Fri. and Sat. 5-10 p.m. The Mint in downtown Raleigh offers contemporary fine southern dining with global influences. Culinary Director Christopher Hyton presents new and exciting culinary combinations paired with The Mint's unflappable service standards.

**THE MORNING TIMES** — 10 E. Hargett St, Raleigh. 919.836.1204. [www.morningtimes-raleigh.com](http://www.morningtimes-raleigh.com). The first daily stop for many downtown dwellers and commuters serving local Counter Culture brews, along with bagels, biscuit sandwiches, pastries and more.

**NOFO MARKET AND CAFÉ** — 2014 Fairview Road, Raleigh. 821-1240. Café, bar and deck seating. Award-winning salads, soups, sandwiches and entrees. "Best Brunch," "Best Eggs Benedict," "Best Bloody Mary," *Metro Magazine*. Private dining available in the Balcony at the Pig. Lunch M-F; Brunch Sat & Sun, Dinner Tues-Sat.

**THE PIT AUTHENTIC BARBECUE** — 328 W. Davie St, Raleigh. 919.890.4500. [www.thepit-raleigh.com](http://www.thepit-raleigh.com). Proudly serving authentic whole-hog, pit-cooked barbecue in downtown Raleigh's

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/Raleigh-Metro-Magazine



warehouse district, The Pit celebrates the great culinary offerings of the Old North State, making it a destination for the state's signature cuisine.

**THE RALEIGH TIMES BAR** — 14 E. Hargett St., Raleigh. 919.833.0999. [www.raleightimesbar.com](http://www.raleightimesbar.com). This timeless watering hole in the old The Raleigh Times building in downtown is known for its classic bar fare favorites, such as barbecue pork nachos and PBR-battered fish and chips, and an inventive drink menu and extensive beer selection.

**RUTH'S CHRIS STEAK HOUSE** — 4381-100 Lassiter at North Hills Ave., Raleigh. (919) 791-1103. New Orleans-inspired appetizers, aged USDA Prime steaks, fresh seafood, signature side dishes and homemade desserts served with genuine hospitality. Among the most distinctive dining destinations in the area. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-9 p.m.

**SAVOY** — 7713-39 Lead Mine Rd., Raleigh 28355 [www.restaurantsavoy.com](http://www.restaurantsavoy.com). Smoke-free lunch Tu-F dinner Tu-Sat and Sun Brunch. Chef brothers Peter Gibson and Marshall Smith make everything in-house, including breads and desserts. The contemporary menu features farmer's market produce and seasonal entrées. Convenient North Raleigh location for business or pleasure! Classic. Simple. Delicious.

**SECOND EMPIRE RESTAURANT & TAVERN** — 330 Hillsborough St., Raleigh. 829-3663. Visit online at [www.secondempire.com](http://www.secondempire.com). Award winning cuisine in two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs in the Tavern and Atrium enjoy a lighter fare menu and cozy atmosphere. AAA Four Diamond, DiRoNA Award, Wine Spectator Award.

**SHERATON RALEIGH HOTEL** — The Grove Café - 421 South Salisbury Street, Raleigh. 834-9900. Located on second floor of the Sheraton Raleigh Hotel, serving Breakfast, Lunch, and Dinner in an open atrium atmosphere. The cuisine is American Continental, serving a daily Breakfast & Lunch Buffet, and a complete menu for all day dining. Also enjoy live entertainment on Wednesday nights in The Bar.

**SITTI** — 137 S. Wilmington St., Raleigh. 919.239.4070. [www.sitti-raleigh.com](http://www.sitti-raleigh.com). The most beloved figure in any Lebanese family is the grandmother, or sitti. At Sitti, in downtown Raleigh, we honor those ancestors by carrying on the Lebanese tradition of welcoming guests with delicious food and endless hospitality.

**SULLIVAN'S STEAKHOUSE** — 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

**TROPICAL SMOOTHIE CAFÉ** — 1028 Oberlin Rd., Raleigh. 755-2222. [www.tropical-smoothiecafe.com](http://www.tropical-smoothiecafe.com). Tropical Smoothie Café is more than just great tasting smoothies. Keeping in line with the great taste and high quality that Tropical Smoothie is known for, we also offer healthy alternatives to regular fast food. Our gourmet wraps, specialty sandwiches and salads are made with the highest quality Dietz and Watson meats and cheses. Come early to enjoy our breakfast wraps and bagels. Catering is available.

**VINNIE'S STEAKHOUSE AND TAVERN** — 7440 Six Forks Rd., Raleigh. 847-7319. Treat yourself to all the luxuries this classic New York style

chophouse has to offer. Certified Angus Beef, the freshest seafood available and an extensive selection of wines from around the world.

**VIVACE** — 4209-115 Lassiter Mill Rd., Raleigh. 787-7747. [www.vivaceraleigh.com](http://www.vivaceraleigh.com). Tuscan-inspired Italian restaurant featuring Chef Jeremy Sabo's signature style in an upbeat, hip environment. Consecutively voted "Top 20 Best Restaurants" in the Triangle. Italian wines and house-made limoncello. Bar and outdoor patio dining available. Located at North Hills. M-Th: 11 a.m.-10 p.m., F-Sat: 11 a.m.-11 p.m., Sun: 11 a.m.-9 p.m.

**ZEST CAFÉ & HOME ART** — 8831 Six Forks Rd., Raleigh. 848-4792. [www.zestcafehome-art.com](http://www.zestcafehome-art.com). Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch and Dinner T-Sat. and Sun. Brunch.

## DURHAM/APEX/MORRISVILLE

**CAFÉ PARIZADE** — 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30 p.m., Dinner M-Th 5:30-10 p.m., F and Sat. 5:30-11 p.m., Sun. 5:30-9 p.m.

**SAFFRON INDIAN RESTAURANT** — 4121 Davis Drive. Morrisville. 469-5774. [www.saffronnc.com](http://www.saffronnc.com). Offering fine dining in an elegantly modern ambience. Ranked best Indian restaurant and top 20 in RTP irrespective of cuisine by N&O for three years.

**VIN ROUGE** — 2010 Hillsborough Rd., Durham. 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Dinner Tues.-Sun. 5:30-11 p.m., Brunch Sun. 10:30-2 p.m.

**WATTS GROCERY** — 1116 Broad Street, Durham. 919.416.5040. With a distinctive take on North Carolina cuisine, Watts Grocery features favorite seasonal and local foods by the forkful. Our menu changes seasonally so please check our website for new items at [www.wattsgrocery.com](http://www.wattsgrocery.com).

## CHAPEL HILL/HILLSBOROUGH

**BIN 54** — 1201-M Raleigh Rd., Chapel Hill. 969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

**THE CAROLINA CROSSROADS RESTAURANT** — 211 Pittsboro Street, Chapel Hill. 918-2777. Visit Web site online at [www.carolinainn.com](http://www.carolinainn.com). The Four Star and Four Diamond Carolina Crossroads Restaurant combines the graceful traditions of the south with Executive Chef Jimmy Reale's progressive new American cuisine. Fine dining menus change seasonally to highlight the best products from local and regional farms.

**CROOK'S CORNER** — 610 W. Franklin St., Chapel Hill. 929-7643. [www.crookscorner.com](http://www.crookscorner.com). "Sacred ground of Southern foodies." *New York Times*. Patio dining, weather permitting. Acclaimed Sunday brunch. Dinner Tues.-Sun. at 5:30 p.m., Sun. Brunch 10:30-2 p.m.

**MEZ CONTEMPORARY MEXICAN** — 5410 Page Road, Research Triangle Park, Exit 282 off I-40. 941-1630. Visit online at [www.mez-durham.com](http://www.mez-durham.com). MEZ is the latest offering from the

Chapel Hill Restaurant Group, operators of 411 West, 518 West, Squid's, and Spanky's. Featuring traditional Mexican dishes with a lighter, healthier twist, all made with the freshest ingredients. A beautiful private room upstairs overlooks the RTP and can accommodate up to 100. North Carolina's first LEED designed restaurant.

**PENANG - MALAYSIAN, THAI & SUSHI** — 431 W. Franklin St., Chapel Hill. 919-933-2288. Online at [www.penangnc.com](http://www.penangnc.com). Surprising balance of Southeast Asian spices and fruits. Authentic menu based on family recipes, with curries, noo-



dles, soups, and sushi. Attractive, open, atmosphere, vegetarian options and weekly specials. Drink and appetizer specials at the bar. 4 1/2 stars from CitySearch. Open daily."

**SPICE STREET** — 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

## BEYOND THE TRIANGLE

**AQUA** — 214 Middle Lane, Beaufort, NC 28516. 252-728-7777. [www.aquaexperience.com](http://www.aquaexperience.com). "Aqua's urban-chic décor whets the appetite for sophisticated, internationally inspired food... On all counts, Aqua was an exceptional dining experience." *Moreton Neal in Metro Magazine* June 2005. Open for dinner: Tues.-Thurs. 6 p.m., Fri. & Sat. 5:30 p.m.

**BEAUFORT GROCERY CO** — 117 Queen St., Beaufort. 252-728-3899. [www.beaufortgrocery.com](http://www.beaufortgrocery.com). Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3 p.m.; Dinner M, W-Sat 5:30-9:30 p.m. and Sun brunch at 11:30 a.m. Closed Tues.

**BLUE MOON BISTRO** — 119 Queen Street, Beaufort. 252-728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

**CAFÉ ZITO** — 105 South 11th St., Morehead

City. 252-726-6676. [www.cafezito.com](http://www.cafezito.com). Be delighted by the creative cuisine at this neighborhood restaurant. Chef Baptist Knaven offers a tantalizing menu of local favorites influenced by the Mediterranean. Located in a historic downtown home, enjoy dining inside or on the porch.

**CHEF & THE FARMER PROGRESSIVE EATERY & WINE SHOP** — 120 W. Gordon St., Kinston. 252-208-2433. [www.chefandthefarmer.com](http://www.chefandthefarmer.com). A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques

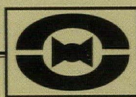
makes this eatery an epicurean oasis. AAA Rating 4 Diamonds, 4.5 Stars N&O, *Wine Spectator* Award of Excellence.

**DELUXE** — 114 Market Street, Wilmington. 910-251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner and Sunday brunch. *Wine Spectator* Award of Excellence, [www.deluxenc.com](http://www.deluxenc.com).

**FISHTALES WATERFRONT RESTAURANT** — 232 W. Beaufort Rd. Beaufort 252-504-7263. Visit Web site online at [www.fishtalesdining.com](http://www.fishtalesdining.com). Have your Holiday Party on the Waterfront this year! FishTales offers the best food selection, service and a great atmosphere for your special event. We can provide the perfect setting no matter what the occasion. Our facility accommodates parties from 10 to 1000. Call today or come by for a personal tour.

**FRONT STREET GRILL AT STILLWATER** — 300 Front St., Beaufort. 252-728-4956. Visit Web site online at [www.frontstreetgrillatstillwater.com](http://www.frontstreetgrillatstillwater.com). Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious *Wine Spectator* Award of Excellence, serving lunch and dinner daily with inside and outside dining. New floating docks and outside waterfront bar.

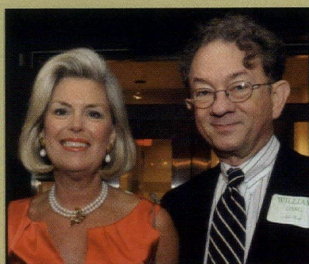
**SHEPARD'S POINT** — 913 Arendell St., Morehead City. 252-727-0815. [www.beaufort-grocery.com](http://www.beaufort-grocery.com). Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spir-its. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10 p.m.; Sun brunch begins at 11 a.m. Closed Tues.



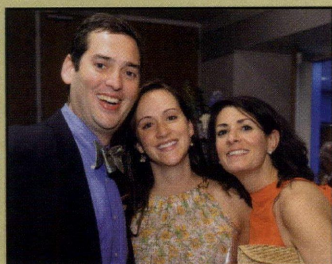
# On the Town

by Helen Wallace

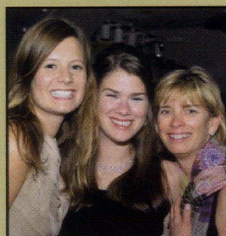
**Annual Spring Frolic Fundraiser**, For: NC Museum of History, April 16th, 2011, NC Museum of History, Raleigh, NC



Laura Raynor and William Ivey Long



Bradley and Morgan Tew, Shanah Black

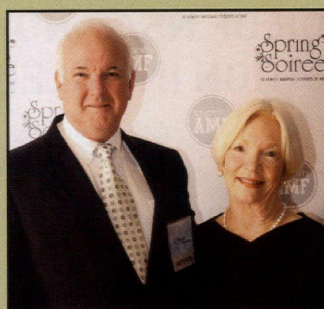


Jackie Merlano, Kimberly Daniels, Julie Graham Daniels



Wes Chesson, Jennie Hayman, Janet Chesson & Wilson Hayman

**2nd Annual Spring Soiree**, For: National Students of AMF, March 26, 2011, The Stockroom, Raleigh, NC



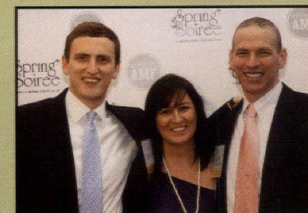
Marian and Richard Taylor



Stephanie and Bradford Sneed



Romy and Player Barefoot & Amber and Wil O'Neal



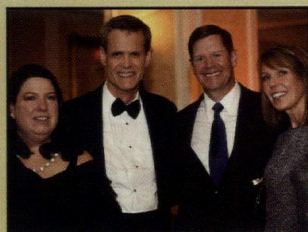
Ben Chesson, Staci Barfield and David Faigenbaum

**Inaugural Mother's Day Ball**, For: The Emily Krzyzewski Center, May 7, 2011, Washington Duke Inn & Golf Club, Durham, NC

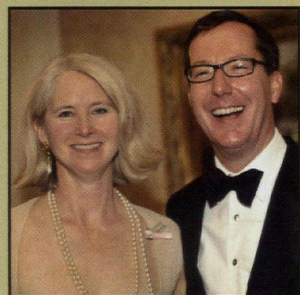
Photography by: Jessi Blakely for Tamara Lackey Photography



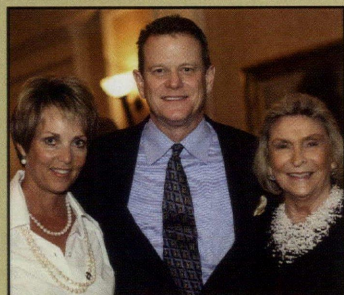
Meredith and Kip Frey, Mickie and Mike Krzyzewski



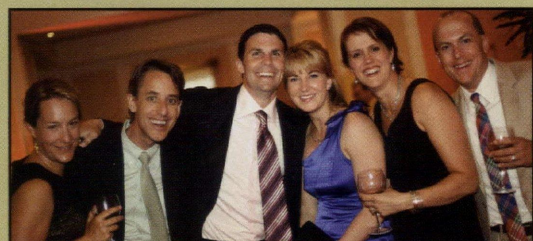
Kay and Jay Peters, Dean and Ann Taylor



Debra and Brad Ives



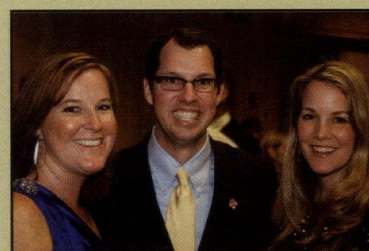
Anne, Jess and Jen Eberdt



Carol and Ken Mahaffey, Chris and Jamie Spatola, Julie and Steve Malloy

**Appetite 4 Art**, For: Boys & Girls Club, April 8, 2011, Marbles Kids Museum, Raleigh, NC

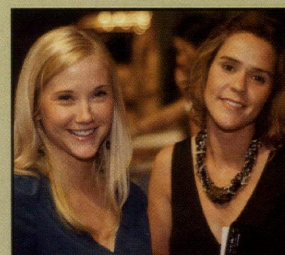
Photography by: Keith Kissel



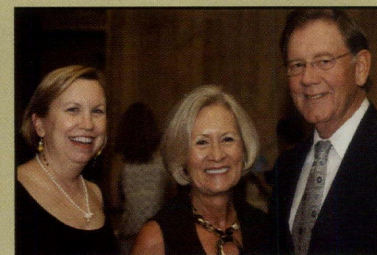
Ellen Williamson, Marshall Wheeler, Cameron Graham



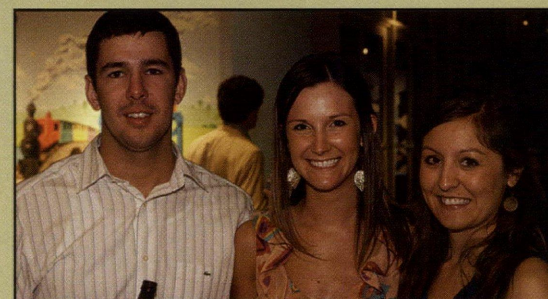
Marie Cordella, Jessica Palmer



Meredith Ward, Jayme Clarke



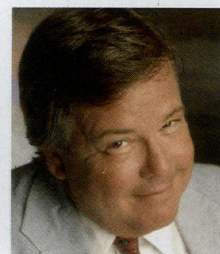
Lucy Daniels, Linda and Ralph Moore



Brian O'Neill, Rebecca Badger, Cristina Anderson

# My Usual Charming Self

by Bernie Reeves



JIM TURCOTTE

## FORMER DIRECTOR OF NSA AND CIA TO ADDRESS BIN LADEN OPERATION IN RALEIGH TALK

One man sat astride America's two leading intelligence agencies during the long war against terrorism — and he is coming to Raleigh to discuss the operation to locate and kill Usama Bin Laden.

General Michael Hayden was director of the National Security Agency from 1999 to 2005, and director of the Central Intelligence Agency from 2005 to 2009. He presided over the NSA program to monitor technological communications among terrorist groups worldwide — an initiative that stirred up emotional reaction from human rights activists. At CIA, he approved the results of extreme interrogation, including “waterboarding”, again facing down extreme criticism from the media and pressure groups. The recent success to track down Bin Laden demonstrates he was correct to stand firm in the maelstrom created by his surveillance and interrogation policies. He was the right man in the right places at the right times, as so often happens at critical junctures in America's unique history.

For good reason Hayden has been the lead go-to guy for the media in the wake of the Bin Laden operation, carried out under the auspices of the Joint Special Operations Command, and implemented by a Navy Sea And Land team (SEAL) in balletic coordination with the CIA and other intelligence agencies and teams. Under Hayden, the infamous “walls” that separated military intelligence and ops, the FBI, the CIA (and later the Department of Homeland Security) were torn down under his leadership, resulting in the nearly seamless op to “find, fix and finish” Bin Laden — the motto of the clandestine joint command.

You can hear the story and ask questions when General Hayden delivers the keynote address the to 7th Raleigh Spy Conference, set for August 24-26 at the NC Museum of History. Entitled *Killing Usama Bin Laden: Building A Bridge Pebble by Pebble*, his talk here offers an exclusive opportunity to learn the story of the hunt for Bin Laden from 9-11 to 2011 by the man in the epicenter of events that culminated in the successful operation to terminate Bin Laden.

Another key figure from the secret world will open the 7th Raleigh Spy Conference, Michael

Sulick — until recently the Director of CIA's National Clandestine Service, the “spy of spies”. In this hyper-sensitive role, Sulick ran the secret ops of the world's most famous spy agency, a task requiring extreme security in an organization that relies on compartmentalization to function. But one man has to know every mission: The Director of The National Clandestine Service, or, as it was called until recently, the Directorate of Operations.

Sulick will be joined by a highly acclaimed roster of speakers to address the theme of the conference, the sensational role of espionage “Illegals”, dramatized recently by the ten Russian “sleeper spies” uncovered last year and deported by the FBI. The role of “Illegals” has a long, sometimes treacherous and often fascinating history that will unfold in sessions featuring returning popular RSC speakers Brian Kelley (retired CIA and the “wrong man” in the Robert Hanssen case); British espionage expert and author Nigel West; and former Royal Canadian Mounted Police intelligence officer Dan Mulvenna.

And there is much more. The RSC launches an Author's Roundtable for the 7th event featuring Douglas Waller. His new book, *Wild Bill Donovan*, relates the saga of the man who founded and ran the Office of Strategic Services during World War II — the precursor of the CIA. Joining him is Kent Clizbe, former CIA field operative, whose new book *Willing Accomplices* is due out this summer; and tentatively scheduled David Wise, the dean of intelligence authors, to discuss his new book *Tiger Trap: America's Spy War With China*.

It gets better: the CIA's Historical Collections Division has selected the Raleigh Spy Conference to distribute free to attendees attractive booklets (with accompanying DVDs) containing recently declassified documents on key subjects, including: Korea; the Warsaw Pact; Poland; Air America and additional hot issues of the past century. The RSC was selected for being the first to communicate intelligence data to the general public. Now the CIA realizes that educated people really want to know what really happened during major events. As I have said since the founding of the RSC: “No one knows what really happened until it is declassified.”

The spy conference is your chance to hear and get to know the top people in the world of intelligence. Go to [www.raleighspyconference.com](http://www.raleighspyconference.com) for information and registration, or call 919-831-0999.

### NOTES FROM LA-LAND

It is astonishing, yet typical, that our Legislators have not considered **casino gambling, horse-racing and sports betting** to produce revenue and create new jobs in the midst of the economic meltdown. We have a Lottery, but the revenue is sliced and diced and poured down the black hole of education where money is Hoovered into non-matter. But worse, lotteries are little better than the numbers racket the mafia used to run to milk the poor. There is no knowledge or research required, unlike the decisions and odds calculations punters call on to play casino games or bet on a horse or a sports team. Casinos and race tracks can be exciting venues. Studies show that seniors are particularly fond of casinos where they can be with younger people, shop, dine, attend events and shows and gamble for a small outlay. But the most important attribute is security. Casinos are safe and secure, and they sure beat taking the mini-van to the mall.

There have been several failed attempts to return the sport of kings to the state. We have horse farms aplenty and our history was filled with the excitement and pageantry of racing before the religious zealots shut them down. Just look at the excitement and sense of occasion at the Kentucky Derby, and the intricacies of breeding and training the aristocratic equines. This means jobs, as do the services required for casinos: food and beverage and cocktail workers; hotel employees; maintenance jobs and dozens of other positions. Suddenly the unemployed are trained and making money and paying taxes.

People gamble, so why not benefit? And provide a big kick to the economy. **MM**

Read commentary by Bernie Reeves in his Between Issues column at [www.metronc.com](http://www.metronc.com) and at the American Thinker at [www.americanthinker.com](http://www.americanthinker.com)

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