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IT CAME FROM OUTER SPACE

In our world a triangle is actually a rhomboid, a four-sided configuration comprised of Raleigh, Durham, Chapel Hill — and Cary, the little community that could, and did, and surpassed all expectations. To celebrate the advent of Metro's 10th year, we are commencing with Cary to dig into the identity of the region to see what we were at the eve of the millennium, and where we see ourselves heading by the year 2020 — an almost space-age waypoint in time nearly upon us.

After Cary in January, we move on to Chapel Hill in February, Durham in March, Raleigh in April, and the eastern and coastal region in May. We've mustered our top writers and let them loose to seek the past and, most crucially the future — asking where will we be 10 years hence? And we will not forget the dozens of towns and villages in between that keep us all connected.

Senior Writer Rick Smith is the most respected tech writer in the state, and he knows Cary well from decades of reporting. His anatomy of Cary's past and present will inform and surprise and impress. And to wrap our arms around this award-winning "town," we wanted you to know what it used to look like — and what messages are communicated today by its built environment after 30 years of explosive growth. Design Editor Diane Lea delves into Cary's commitment to its past, and the pride radiating from sparking new edifices connoting a cutting-edge commitment to the future. Indeed, Cary is the "biggest little town in the South."

What to do if an emergency happens at home? Is it best to dial 911, or jump in the car and head to the hospital? Or call an ambulance since you've heard it said you receive better service if you arrive in an emergency vehicle? Or what about the closest "doc in a box" urgent care facility you saw driving home? It's a tough call, and it could be costly if you aren't prepared. That's why Metro called on expert medical journalist Tony Vecchione to investigate what to do and where to go when disaster strikes. The solutions are interesting and useful. I'd clip out this article and keep it taped to the refrigerator door.

What's that thing in the sky? Is it a bird, a plane? No, it's a gigantic comet that hit the Lake Michigan area of North America 13,000 years ago destroying every living creature for thousands of miles. But of interest to us — and to researcher George Howard — is the debris from the huge blast that left its mark across Eastern North Carolina and up and down the Atlantic seaboard. Howard's theory is gaining acceptance as new research vindicates his opinion and opens a new chapter into recent geologic and anthropological theory. Metro has extended hazardous duty pay to our intrepid Senior Writer Liza Roberts for climbing into a single-engine Cessna with Howard and seeing for herself the Carolina Bays created by the big bang. Liza composed herself afterward to add a sidebar on George Howards' day job as a dealer in wetland credits — an intriguing story of modern day "green" bartering.

It's a privilege having famous film critic Godfrey Cheshire in the pages of Metro — and online at www.metronc.com with up-to-date reviews of new films as they open. This first month of the New Year he lists his choices of the best films of 2008. Modestly, Godfrey didn't include his documentary Moving Midway receiving rave reviews nationwide. If you haven't seen it, hang on for the release of the DVD available Feb. 17. Check out Netflix or go to www.movingleway.com to order your copy.

As 2008 stumbles to an end, Arch T. Allen looks back 40 years to the tumultuous '60s, the decade that defined the modern era. Now that enough political water has gone under this generational bridge, it's time to look back with a sharp pencil and correct many of the myths that continue to masquerade as history. And note that Fiction Editor Art Taylor will alter his column to four seasonal in-depth essays in the print version while contributing even more book news online at www.metronc.com.

In an exclusive to Metro, Carroll Leggett talks with Governor-Elect Bev Perdue, who promises the mansion on Blount Street will come alive again during her administration; Jim Leutze draws on his past as a scholar to help define modern events; Louis St. Lewis suggests a federal bailout for artists; Liza Roberts takes in the brave new world envisioned by Raleigh city planners; Mary Ward Boerner finds a new and unusual musical venue in Durham; and Maury Jefferson rounds up the latest fashion events in the region.

And here is good advice from Food Editor Moreton Neal: Don't diet in January! Instead, patronize the area's fine restaurants, new and old. And to wrap up the old year, Wine Editor Barbara Ensrud offers fascinating developments and little-known facts from the world of wine.

Stay with us all year long as we celebrate our 10th year by recognizing you and your community.

After all, Metro is your magazine!

—Bernie Reeves, Editor & Publisher
We have thousands of reasons for building a new children's hospital. These are just two of them.


WakeMed Children's Just for Kids To learn how you can get involved, please visit kids.wakemed.org.
And what is a node? There is something cold and impersonal about the term used by the school board. There are real people involved here that would be adversely affected; this is not some inanimate bunch of objects to play around with and manipulate like a computer game.

*Peter Eckle*
Cary

**DONALD ROSS TRAIL BRINGS SMILES**

"Why Allow Alabama to Outshine North Carolina" put a smile on my face when I read the reprinted article by Jim Hughes from the October 2008 issue of *Metro* in the Retirement Systems of Alabama ADVISOR vol. XXXIV No.6 about the idea of a Donald Ross Trail in North Carolina copying the success of the Robert Trent Jones Trail here in Alabama.

Y'all had better get used to it. Alabama is no longer the Southern whipping boy. Our economy in medicine, technology and manufacturing is stronger than that of the rest of the country; our education system is now rising exponentially; and our sports recreation is the envy of the world.

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Segway to the Past

Tarheel Adventures has announced two narrated guided tours of historic New Bern, NC, while riding a Segway Personal Transporter (PT) operating from the historic Old City Hall building located at 222 Craven St. The one-hour waterfront tour departs from Council Bluff to Union Point and on to Tryon Palace. The two-hour includes everything on the waterfront tour and continues on to encircle the colonial section of the city, including Cedar Grove Cemetery, neighboring historic sites and historic homes along East Front Street.

“We provide every participant with individualized training, a safety briefing, a helmet and a wireless earpiece,” said co-owner Neal Davis. “The earpiece enables the tour guide to be in continuous communication with the group as they learn about local history and listen to interesting stories.

In addition to public tours, customized private and group tours are also available. For more information, go to www.tarheel-adventures.com.

Surprise Crowd for Raleigh Planning Scheme

Several hundred people streamed into Raleigh's new convention center in early December, surprising city planners who hadn't anticipated a big turnout to hear their plan for Raleigh's growth and development over the next 20-odd years.

“I have to say, it's a fairly impressive turnout for the unveiling of a planning document,” said Ken Bowers, deputy director of the city's planning department, to a tightly packed audience. Homeowners, developers and moms with strollers showed up to hear how Raleigh might look in the decades ahead, how their property might be affected, and what they could do about it. They've all got a lot on the line: the potential value of their land and real property.

The draft report, which City Planner Mitchell Silver called a “greenprint for sustainable growth,” aims to avoid urban sprawl, directing the bulk of Raleigh’s anticipated development — 120,000 new households are expected by 2030 — into corridors and clusters. Eight so-called growth centers, including downtown, midtown, Crabtree Valley, West Raleigh, Cameron/University, New Bern/Wake Med, Triangle Town Center and Brier Creek, have been pinpointed as spots for new residential and business development — and for transit hubs.

Planners hope Raleigh will avoid “a center-less and undifferentiated pattern of sprawling development,” as the plan puts it. “Do we want to grow like Atlanta?”

"It all came together for me when I visited the campus."

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JANUARY 2009 METROMAGAZINE
Bust Of William Friday On Display

A group of interested North Carolinians — headed by William A. Johnson, former chairman of the UNC Board of Governors, and Bob Jordan, former lieutenant governor of North Carolina — is placing two duplicate life-sized bronze busts of William C. Friday by Marshville, NC, sculptor Stephen H. Smith on the campuses of NC State University in Raleigh and UNC-Chapel Hill to recognize Friday's role in education in North Carolina as former president of the consolidated system of colleges and universities. Friday, a national figure in education, earned his undergraduate degree at NC State and his law degree from UNC-Chapel Hill.

The NC State bust is now on display outside Nelson Hall at NC State, the former site of the textile school where Friday studied as an undergraduate that now houses NC State's College of Management. The UNC bust will be placed later at Manning Hall, the former law school building.

Other members of the Friday Commemorating Committee that commissioned the busts include Ann Goodnight of Cary, Jim Holshouser of Pinehurst, Betty McCain of Wilson, John Sanders of Chapel Hill, Julius L. Chambers of Charlotte, Art Padilla of Raleigh, Thomas W. Lambeth of Winston-Salem, and Wendell Murphy of Rose Hill.

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SOUND PURE OPENS IN DURHAM

Sound Pure LLC has opened an 8000-square-foot facility with multiple recording studios, lounges, a high-end Guitar Boutique and showroom, and a Pro Audio Sales department at 808 Washington St. in downtown Durham. The redeveloped early 1900s all-brick building was recently awarded “Outstanding Downtown Renovation Project” at Downtown Durham Inc.’s annual meeting. This is the latest expansion for Sound Pure, formed originally in a Duke dorm room 10 years ago. The recent expansion, according to owner and founder Todd Atlas, represents the company’s investment in downtown Durham redevelopment and a commitment to local music. Go to www.soundpure.com for more. 

Silver asked the crowd. A young woman in the crowd, and then a few others, answered: “No!”

Of much interest to the group milling around afterward studying maps on easels was the plan’s “future land use” map — a color-by-numbers smattering that chops the city into categories such as “public parks and open space” (pale green), “general industrial” (purple) and “medium density residential” (orange). Though this map does not change current zoning, it will influence decisions in the future.

Bowers, who spoke to Metro following his speech, believes this land use map will attract a great deal of the public comment anticipated until Jan. 31, when the overall plan will be revised and presented to the City Council.

On his lapel, Bowers wore a pin of a green oak leaf with veins that branched out to mimic a system of highways and roads. “They’re basically here to see some maps,” he said with a smile. “I’m glad to see it. It shows the citizens of Raleigh stake a great deal on the future of their city.” —Liza Roberts

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George Howard is many things. He is the president of the Raleigh-based Restoration Systems mitigation bank and a conservationist; he is a history buff, a science geek, a cartographer. The 42-year-old family man is a talented amateur artist, a dedicated if unprolific fisherman and a politico whose office photos show him chummy with folks including Jesse Helms, Newt Gingrich, Lauch Faircloth and both George Bushes.

But what really gets Howard going — gets him talking a mile a minute, playing hookey from work and waking up at night — is his research into a geographical oddity known as the Carolina Bays.

These elliptical, wetland depressions, often rimmed with white, crystalline sand, are sprinkled along much of the North Carolina coast and parts of the eastern seaboard from Georgia to the District of Columbia. To Howard and those who share both his interest and his theory, these droplet-shaped dents (often choked with bay trees, hence the name) were most likely caused by a life-obliterating comet that landed on earth about 13,000 years ago: in geologic terms, quite recently. Howard wants to prove this, and he wants the world to take note.

He also knows how his theory can sound: nuts. (His word.) But it's not, and he's not. In fact, the theory has some impressive bona fides: The National Academy of Sciences published a paper he and a small group of fellow researchers wrote on their findings. National Geographic has produced a documentary on the subject, and Howard and his research team were recently asked to speak on the subject at the prestigious American Geophysical Union's fall meeting.

But he also knows that real believing requires seeing. His favorite quotation, borrowed from the state motto of North Carolina, is "Esse Quam Videri," — "to be rather than to seem." He wants to show the evidence to prove his case. And so he is delighted for the chance to show an interested party just what he's talking about: these Carolina Bays, from above.

The Grand Tour

"You ready for the Grand Carolina Bays Tour?" Howard grins as the journey begins. The drive from downtown Raleigh to Fayetteville Regional Airport takes about an hour and a half — not nearly enough time for Howard to begin to say all he wants to say about what we're about to see. His primer begins with a basic refresher course on the evolution of the planet, veers into mythology, geology, ancient cultures, climate science, dinosaurs, botany; sidesteps frequently into humor and pop culture — and ends up deadly serious.

Howard would be aghast at the idea that it could be summed up, but here goes: 13,000 years ago, he says, a "cataclysmic event" happened when a comet hit the earth somewhere in the vicinity of the Great Lakes. It hit an ice sheet, acting like a big kid's cannon ball in the shallow end of a pool, throwing off a vast airborne splatter of "flying detritus," including extra-terrestrial particles that landed as far away as North Carolina. It's also possible that it created a shockwave that rippled across the landscape, dimpling it in the process, or that a little bit of both happened. Howard says it is certain that the comet decimated everything in its path, including the mammoths and the Clovis people, a well-documented Paleo-Indian civilization.

It Can Happen Here

Believing that such a thing happened as recently as 13,000 years ago implies that it could happen again, and possibly soon: not something most people are prepared to contemplate. But it's clear that for Howard, zipping down Interstate 95 and half-listening to CNBC's market-meltdown report on the radio, the possibility is neither abstract nor unimaginable. He waves his hand out the window, vaguely northward. "You wonder what came flying from that direction and landed here in these fields. Or what hell storm swept through and left these depressions."

Howard's fascination with that hell storm, these depressions and what it means for the future of our planet began years ago as a staffer for Lauch Faircloth in the US Senate. Studying a US Geological Survey map of Faircloth's farm, he noticed something unusual. "What are all those elliptical dotted lines on your farm, Senator?" he asked. Faircloth's casual reply: "Oh, you know, meteor holes."

Howard's "natural ferocious curiosity" took over, and he quickly became an expert on the subject. These "meteor holes," mostly too shallow to notice at ground-level, are clearly evident from above.
First observed in the 1930s when the agricultural programs of the New Deal mandated county-by-county aerial photographs, they caused a sensation at the time. The number (more than 500,000 is the estimate), the symmetry, the fact that they all point in the same direction (toward Lake Michigan) — all gripped the public imagination, culminating in a 1933 piece in *Harper's Monthly* entitled “The Comet That Hit the Carolinas,” by Edna Muldrow. But the scientific establishment ultimately pooh-poohed the comet theory, arguing that the bays were caused by wind, water and erosion over time, and the subject fell off the public radar.

If Howard has his way, that will change.

**The Bays from Above**

When we arrive at the airport, the fall weather is unseasonably warm. The skies are bright and clear, with a slight breeze, like a day in May. Our chartered plane is miniscule. It’s so small we have to climb over its balsa-thin wings to pop into our seats through a Plexiglas-bubble hatch-top. We barely fit inside. Takeoff feels like racing down an empty street in a Matchbox car, until the thing lifts off — then it’s just like floating.

We meander above the airport before crossing over I-95 and heading south into “Bays Territory.” At first, nothing jumps out. And then it does. Two blurred, white-sand-edged ellipses, about 100-yards long and 30-yards wide, chase each other across a field of soy. Another one nearby forms a visible swamp. A ghostly pair of ovals lurk in a cleared field. Once you know what to look for, they’re impossible to miss.

“They’re everywhere,” Howard says gleefully, snapping away with a long lens camera. The jigsaw of green fields, punctuated here and there by these graceful, sandy shapes, is a beautiful sight, but as we head over the border into South Carolina, Howard points out a less lovely landmark: “Make sure not to miss the big purple lagoons of pig piss!” He’s not kidding. Countless pig farms pepper the horizon, their low-slung, silver-roofed pig houses each accompanied by a large, strangely purple, chemically treated lagoon of waste.

But as our flight path takes us over the Cape Fear River, the Bays are once again quite noticeable. They’ve multiplied, lying side-by-
side now, then in rows, then in clusters. The chalk-white sand that surrounds many of them stands them out in stark relief; others are made distinct by the darker color of vegetation within their borders.

Bays are fertile ground, Howard points out. Blueberries in particular grow well in them. So do carnivorous plants: Venus flytraps, pitcher plants, sundews. "The highest concentration of Venus flytraps in the United States are found in Eastern North Carolina," he says. (According to the International Carnivorous Plant Society, this is in fact the case.) Is he implying that these plants literally ... came from Venus? "Well," he demurs, "that's far into the realm of speculation."

But Howard does not consider it speculation to point out the other extra-terrestrial evidence he says are harbored in the Bays: tiny magnetic spheres, iridium-laced grains and nanodiamonds. The chemical composition of these materials, as the science press has noted, is most similar to lunar rocks and meteorites. Howard describes nanodiamonds as a veritable diamond dust that lines the

Raleigh's Restoration Systems Banks Mitigation Credits For A Cleaner World

By Liza Roberts

In the loft-like spaces of a renovated 1892 textile mill behind Raleigh's Seaboard Station, Restoration Systems is banking on a cleaner world.

For a decade now the firm has been restoring wetlands, streams and other ecosystems — then "banking" that acreage in the form of mitigation credits it can sell to developers, which are required by law to offset projects that adversely impact the environment elsewhere. The firm owns or manages 33 sites comprising more than 6000 acres of wetlands and 25 miles of creeks, streams and rivers.

"In the last 10 years we have planted more than a million trees that will never be cut," says Restoration Systems President George Howard. Most of those trees are in North Carolina, where the firm has concentrated much of its work. But Restoration Systems is looking outside the state to Maryland, Tennessee, Georgia, Texas and Virginia for wetlands and streams to restore. They're also jumping into the emerging mitigation banking areas of water quality and endangered species.

One reason to diversify is the continuing struggle of competing with the state of North Carolina for wetlands mitigation work here. The state has built-in advantages over its private competitors, namely the ability to collect payment from developers (much of the time its own Department of Transportation) before restoring any wetlands. For Restoration Systems, it's the other way around. Not until it has restored a wetland can it sell credits.

"The state has as much business building its own ecosystems as it does growing its own corn," Howard says. He claims the private sector — "someone with skin in the game" — does the work faster, better and more efficiently than the government can manage.

State government headaches aside, Howard says he's bullish about his company's future. He and his partners John Pryor and John Skvarla are planning to grow the company, possibly adding five more "dirt chasers" to the current staff of 15. They're excited about the new terrain they're exploring in places such as the prairie land of Texas. "It's absolutely fascinating for any of us to get into a different state, in a different landscape," he says.

And they're eager to do more in the area of water quality mitigation, where they're reducing phosphorous and nitrogen in the Neuse River and selling credits to developers who put down impervious surfaces from Cary to New Bern. Also new is endangered species mitigation, whereby the red-cockaded woodpecker, for instance, can be protected via credits preserving its habitat of old-growth, longleaf pines in the Sandhills of North Carolina.

"In a new industry like this," Howard says, "we'd be selling ourselves short if we didn't take advantage of opportunities wherever they occurred."
bottoms of the Bays — too minute to have any value except as proof of great carbon impact. He regularly sends Ziploc bags full of the stuff to Arizona geophysicist Allen West and to a lab at UC Berkeley for testing. In the past four years Howard estimates he’s sent off more than a ton of sand from the Bays.

Looking Skyward

But despite his efforts and those of his fellow researchers, including scientists from the University of South Carolina, UC Berkeley, Brown University and UCLA, among others, the endorsement of the broader scientific community remains elusive. “It’s hard for people who are steeped in their own paradigm to accept a radically different way of viewing the past,” he says. He also points to a lack of understanding, knowledge and communication between different areas of the science establishment. As Howard puts it, “the astronomers won’t look down and the geologists won’t look up.”

If Howard’s efforts bear fruit, we’ll all start taking a cautious look skyward, and not a moment too soon. “There should be more attention paid to planetary protection,” he says. “We’re way behind the curve on that. The number of people working on it could staff a McDonald’s.” NASA does provide the global majority of research funding into near-earth-object detection and disaster prevention, but Howard’s not alone in fearing it’s not nearly enough.

“I am a catastrophist,” Howard concedes. “I think that things have happened in the past that were horrible and were recorded for us. We don’t recognize the tune, but it’s all there in myth and fable.” And, he is certain: It’s also recorded in the elliptical, wetland pocks that speckle our coastline; it’s recorded in the magnetic, extra-terrestrial matter he says is embedded in the Mammoth tusk that hangs over his television; it’s recorded in the diamond dust he FedExes across the country. The evidence is all there, he says, you just have to know how to look for it.

Indeed, Howard’s wife kids him that he sees Carolina Bays everywhere he looks, even in the shapes of the raindrops on the windshield of his car. He smiles at the thought, forcing himself to end the day-long tutorial as his Grand Carolina Bays Tour draws to a close. “You ain’t even heard half of it,” he says, and he’s not kidding.
Cary, NC, proves the accuracy of the old real estate adage, "location, location, location." Since its inception in Western Wake County near Raleigh as the site of an 18th century crossroads inn known as Bradford’s Ordinary — a fact noted in Kelly Lally Malloy’s National Register Nomination of the town’s downtown core — Cary’s success has been tied to its fortuitous geographical site. The inn served the Old Raleigh to Hillsborough Road, which we know today as NC Highway 54. By 1854, the inn had passed into the hands of Allison Francis (Frank) and Catherine (Kate) Page along with 300 acres of highly desirable real estate.

Why was this relatively flat scrub real estate so desirable? According to Malloy, the Pages’ holdings were ideally situated to serve the North Carolina Railroad, chartered in 1849 to link the cities of Goldsboro and Charlotte via Raleigh, Hillsborough, Greensboro and Salisbury. “To avoid rough terrain along what would be the most direct passage,” Malloy writes, “the railroad was routed through the Cary area with its relatively level topography, roughly following the Raleigh to Hillsborough Road (present-day NC 54).” The railroad was constructed through the area in 1856, with a ‘turnout’ near the Page property where trains traveling in both directions could pass each other. That same year a post office was established at ‘Cary’ with AF Page its first postmaster.” Talk about being in the right place at the right time.

Rail passenger service from Cary began in 1867. The first depot was built in 1868 when the Chatham Railroad, which became the Seaboard Air Line, was constructed to provide Raleigh access to the Chatham County coalfields. With two railroads intersecting through the Cary depot, the Pages’ lumber and general merchandise businesses flourished. In the late 1860s, the family built a stylish Second Empire-style railroad hotel to serve the passengers and businessmen who plied the rails. The Pages also laid out one-acre lots for residential and commercial building — and the Town of Cary was officially chartered by the North Carolina General Assembly in 1871.

Though the railroad literally put Cary on the map, forward-thinking Pages added...
Gary's Town Hall Campus is a sophisticated blending of two early buildings and a new Concourse.

Gary's luster by setting aside one of their lots for a school. Established in 1870 as Cary Academy, a private boarding school, the academy was incorporated in 1896 as Cary High School. Under the stewardship of Principal EL Middleton, the school developed a statewide reputation for excellence. Cary High School was housed in several different buildings constructed on the present site at 100 Dry Ave., the focal point of Cary's historic Academy Street. In 1907, after the General Assembly, under the leadership of Gov. Charles B. Aycock, passed a bill mandating a system of public high schools in North Carolina, the stockholders of Cary High School offered to sell the campus to the Wake County Board of Education. Cary High School became the first public high school in Wake County and possibly the first state-assisted public high school in North Carolina under the new law. The current building, an elegant Neoclassical Revival structure, was constructed in 1939 as a Works Progress Administration Project. Now known as the Old Cary Elementary School, it is slated to become a community arts center and continues to hold pride of place in the heart of Cary's historic district, side-by-side with several late 19th and early 20th century residents along Academy Street associated with the school.

The circa 1890 James Jones House at 324 S. Academy St., a one-story Queen Anne cottage, said to have been occupied at various times by several high school principals, also served as boarding accommodations for students of Cary Academy. The turn-of-the-century Pasmore House, a triple-A-roofed house at 307 S. Academy St., was also a boarding house for Cary High School students. Of particular importance is the Marcus Baxter Dry House at 400 Faculty Ave. Another turn-of-the-century, triple-A-roofed cottage with a wrap-around porch, the house was occupied by Marcus Baxter Dry, Cary High School's principal from 1908-1942. Under his administration, the high school's curriculum added vocational agriculture, home economics and teacher training. Dry also oversaw construction of the new Cary High School by the Works Progress Administration.

**Boom Town**

Due to its close proximity to Raleigh, Cary enjoyed a post-World War I boom, and by the 1920s was a full-fledged bedroom community for the Capital City. With the return of World War II house-hungry veterans, Cary again experienced a residential building boom that continues to the present day. Described by writer Carl Goerch in a 1947 issue of *The State* magazine as "the biggest little town in the South," Cary was already positioned to take advantage of the region's development in the 1950s, '60s and '70s when nearby Research Triangle Park began to grow in earnest by providing a series of handsome...
large-scale shopping and residential developments, including Kildare Farms, MacGregor Downs, Lochmere and, later, Preston. Local historians Tom Byrd and Jerry Miller, cited in Malloy's National Register nomination, note that over 80 percent of Cary has been built since 1971.

A bellwether institution that marks Cary's progress is Nowell's Furniture that opened in Raleigh in 1905 and moved to Cary in 1957 ahead of the coming boom. As it could read the future, the store predicted the boom around the corner by switching to modern furniture and furnishings and changed its name to Nowell's Contemporary & Scandinavian Furniture in 1968 on the eve of the blossoming of Cary as a major player in the dynamic growth of the Research Triangle region. As owner Jerry Nowell says, "In our own way I feel we contributed to the cosmopolitan atmosphere that made RTP transplants feel comfortable in Cary."

Another example of Cary's global and cosmopolitan identity is the success of the Russian Art Gallery that specializes in original and contemporary Russian art from their gallery on South Academy Street, recently selected for the 2008 Best of Cary Award in the Art Galleries & Dealers category by the US Local Business Association (USLBA). The gallery recently displayed new works by noted Russian painter Anatoly Kostovsky.

Preservation And Growth

As the town has grown, a succession of town officials and concerned residents has worked to preserve the historic heart of Cary, centered on the intersection of the residentially oriented Academy Street and the town's commercial core flanking Chatham Street and the railroad tracks. A key element of the historic plan is the preserved Page-Walker Hotel, the town's original railroad hotel dating from 1868. The effort to preserve was spearheaded by the Friends of the Page-Walker Hotel in concert with Preservation North Carolina and the Cary Town Council. The Friends persuaded the town to purchase the hotel and lease it to them for restoration. $500,000 was raised to restore the main floor of the hotel, which was renovated and adapted as the Page-Walker Arts & History Center and opened...
The Page-Walker Hotel has been adapted as an arts and history center and the Cary Heritage Museum.

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in December 1991. A second phase of the project resulted in the development of the Cary Heritage Museum located on the third floor of the Page-Walker Hotel. The museum, which opened in 2000, provides a permanent exhibit featuring the history of Cary and a series of rotating displays and educational programs.

As the Page-Walker Arts & History Center and Cary Heritage Museum took shape, the town was engaged in the planning for and comprehensive remodeling and enhancement of the Cary Town Hall, housed in two modernist buildings dating from 1970 and 1990. The town’s goal was to create a Town Campus with unified spaces for town hall offices and civic functions in a park-like setting. The Raleigh architectural firm Smith Sinnett Architecture, headed by the design team of John Sinnett, AIA; Bill Lawrence, AIA; and Jamey Glueck, AIA, LEED AP, went to work creating a two-phase plan for the main building. The two existing buildings were gutted and remodeled, and a central concourse was created between them to act as a main thoroughfare for the complex. Glueck describes the new two-and-a-half story glass building as the intersection of the campus. “The concourse serves as a main public space or destination that allows for easy, uncomplicated public access to all areas of the now combined buildings,” says Glueck. “Within the concourse, the public space serves as a main lobby and overflow space for the Council Chambers, which seats 300 with standing space for another 100. Plus, all public services are in the concourse, so a citizen can pay a water bill and attend a civic function without having to search around for one place or another.”

The tasteful combination of exterior materials blends well with the town’s...
basic brick building material and makes use of the pre-cast concrete and mahogany-colored granite used in the earlier buildings. Landscaping by Mark Robinson provides sweeping terraces and walkways set around a semi-circular fountain. The project was completed in 2005, and the campus' location on Academy Street and the inclusion of the Page-Walker Arts & History Center makes it an appropriate extension of the downtown historic district.

SAS Brings Distinctive Creativity To Cary

Though Cary has held on to its historic town center, it may be best known as the home of SAS, an amazing company noted as the world's largest privately owned software developer. Incorporated in 1976 by founder Jim Goodnight, the original SAS software was based on agricultural research data software. Today, SAS is described as the world's leading business intelligence software vendor, and its campus on North Harrison Avenue, just off Interstate 40, is architecturally significant and notable for its environmentally sensitive 300-acre setting. Though software is key to the success of this unique company, Goodnight's business model is based on a strategy to make use of what he and well-known author Richard Florida call "creative capital," a combination of innovation, investment in research and development, and a stellar work environment. The plan has proved so successful that it has allowed Goodnight and his wife Ann to expand their horizons into education, launching the Georgian-style Cary Academy in 1996 drawing on classically derived architecture with the main campus laid out in the traditional academic quadrangle of red brick.

The Umstead Hotel and Spa, a five-star, world-class facility located at 100 Woodland Pond at the entrance to the SAS Institute Campus, is quite its own distinctive creation.

Opened in 2007, situated on a 6000-square-foot lawn overlooking a three-acre lake, the six-story hotel is a member of Leading Hotels of the World and Leading Spas of the World. A 2008 AAA "Five Diamond Award" property, The Umstead is designed as a luxury hotel and spa and as a premier events and meeting venue, featuring Herons, an outstanding signature restaurant. Designed by Three Architecture of Dallas, Texas, the sleekly modern hotel makes use of limestone and glass punctuated by bands of room balconies overlooking the lake. Ann's concept is the blending of art and nature: One of The Umstead's most dramatic elements is an art collection featuring the work of many North Carolina artists. And Ann's daughter Leah — now running the hotel complex — has developed a series of seminars featuring area artists and artisans. Across the street from The Umstead, Ann created An, the area's most prestigious Asian fusion restaurant.

The diversity and quality of the town of Cary are exemplified by a carefully preserved past and a soaring future as a fine venue for new development. Its location off I-40, only six minutes from RDU Airport and central to the nearby communities of Raleigh, Chapel Hill, Durham and Research Triangle Park, is still critical to its success. Next time you take a drive to shop at your favorite Cary shopping center, play golf at one of its premier golf courses, or attend an event at the Koka Booth Amphitheatre, you might remember "location, location, location."
A Perfect Storm Called Cary

The Keystone of the Geometry of the Triangle

by Rick Smith

If a Triangle could have four sides, the town of Cary would be No. 4 — a key piece of the geometry that forms Research Triangle.

"I even hear radio stations now that list Cary first — followed by Raleigh, Durham and Chapel Hill," said Cary Mayor Harold Weinbrecht with a laugh.

With a booming, largely affluent population and an economy anchored by high-tech stalwarts — including software giant SAS, Siemens Medical, communications powerhouse Verizon and emerging companies such as award-winning video game developer Epic Games — Cary wraps up the first decade of a new century with strong momentum for continuing growth in the years ahead. Long overshadowed by urban stalwarts Raleigh, Durham and Chapel Hill, the town of Cary is rapidly raising its own profile as a Triangle community where growth is welcome — but managed. And its future seems bright.

But to understand Cary today, it's helpful to review the community's beginnings. As hard as it may be to comprehend, Cary was just a town in 1970 with a population of 7,640 as RTP was just establishing its collective footing as the economic development powerhouse for the region. As the Park has soared in succeeding decades, so has Cary. Today, it is a "town" in official name only. With a population exceeding 130,000, Cary is the sixth largest city in the state.

Why the growth?

"This is such an interesting place," Weinbrecht said. "It's an environment so well planned and implemented that it's such a pleasant place to live. On top of that there is the beauty. Then there's the employment center.

"A perfect storm came together — and they called the result Cary." Or, in the succinct words of Money Magazine, the town is "blessed."

Cary often ranks highly in "Best" towns and cities lists, such as Money's "Best Small Places to Live." In the 2008 report, Cary ranked 16th. In 2007, the town placed fifth with more than 40 statistical criteria evaluated in the rankings. In education, more than 84 percent of Cary residents had some college education, which topped the 100-city list average of 73.7.

That cumulative education level and access to high-tech jobs at employers such as SAS and in nearby Research Triangle Park helped boost Cary median family income to $104,858. That was more than $11,000 higher than the 100-city average.

Two lower cost figures also gave Cary a boost. Its housing cost of $264,000 was nearly $28,000 less than the Money list average. Property taxes, meanwhile, were $2528 per household, sharply lower than the Money average of $3886.

Cary also scored well in population age with an average of 34.6 years versus the overall list average of 35.9 years. Health, too, is good overall in the town, where hypertension (25.6 percent) was lower than the other Money places (27.2 percent). One slight excess came in diabetes with a rate of 9.9 percent, slightly higher than the Money 9.6 average.

Safe, Affluent And Cosmopolitan

Yet at its collective heart, Cary retains much of what has made it such an appealing place for people to live and companies to do business. Growth is managed. Urban sprawl hasn't overwhelmed the entire countryside where parks and recreational facili-
ties remain high priorities. The town even recycles cooking oil, not just waste water.

Even though a recent murder case has drawn media attention, Cary remains a very safe place to live, ranking third nationally among cities with populations between 100,000 and 500,000 on a list compiled by Congressional Quarterly. Cary ranked 15th overall in safety among the nation’s major metro areas.

Despite its small size, the town is cosmopolitan. “Only 2 percent of the people who live here were born here,” the mayor pointed out.

Adjacent to RTP and its international list of high-tech and life science companies — as well as the region’s universities — Cary attracts job seekers from around the world. Its Asian population, for example, is the town’s second largest according to a 2007 report.

Dr. Michael Walden, an economist at North Carolina State University, said Cary has an international appeal that reaches beyond jobs. “It developed in recent decades as a town of ‘in-migrants’ from other states,” Walden explained, “so it has a homogeneity that Raleigh and Durham don’t, and that is attractive to many newcomers in the region.”

The town’s emphasis on the environment and its support of the arts, such as the Koka Booth Amphitheatre at Regency Park, also bolster its appeal to new residents, Walden noted.

A gap appeared in its downtown this fall, however. The Cary News headquarters, a fixture on Chatham Street for 28 years, was closed and its staff moved to other sites operated by McClatchy Newspapers, the owner of The News & Observer in Raleigh.

But Cary is not just strip malls and a patchwork of residential developments. It retains its character by preserving important landmarks (see accompany story on Cary’s landmarks by Diane Lea).

To SAS Owner Jim Goodnight and Wife Ann, Cary Is “Home”

As its modest beginnings clearly demonstrate, Cary didn’t always have the people or resources it does today. For example, when SAS moved its headquarters to the town in 1980, its population was still shy of 22,000.

SAS owner Jim Goodnight is one of the world's richest men as chief of the world's largest privately held software company with $2 billion a year in revenues. He and his wife Ann could afford to live anywhere. He could move the headquarters of SAS on a whim. Ann could have chosen to build her five-star The Umstead Hotel and Spa anywhere — yet she chose Cary.

Looking across the SAS campus, he grew perplexed at the question about even considering moving himself or his company.

"Why would I ever do that," he said. "This is home."

The town of Cary and SAS have a relationship that in many ways symbolizes both. Each is growing fast. Each is highly focused on technology — with Cary often called a "tech town" and SAS a global leader in sophisticated software data tools. Each has a long history of managed growth and an emphasis on environmental concerns.

Thousands of SAS employees work at a literally green headquarters complex, featuring walking paths and thousands of trees. SAS has become even more environmentally friendly with a just-opened five-acre solar energy "farm" that sells electricity to Progress Energy. The SAS environmental approach certainly fits Cary's image as a leader in water recycling and related environmental issues.

"When SAS moved its 25 employees from rented space in Raleigh to its new permanent home on 2.5 acres in Cary, North Harrison Avenue was a rural, two-lane road running through the sparsely populated countryside," Ann recalled.

Now, Harrison Avenue has multiple lanes, is lined with upscale homes, buis-
esses, shops and restaurants, including An, the region’s top Asian fusion establishment — created by Ann.

“At that time, we had no idea that the town, and for that matter the company, would grow as fast as they have,” Ann added.

“Nearly half of our 11,000 employees work in Cary, and Cary is home to almost 1400 of them. Jim and I chose to make our home here, so our ties to the town are very strong.”

To the Goodnights, Cary and SAS have a mutually beneficial relationship.

“Over the years, as SAS and Cary have grown, our interests certainly have become intertwined,” she said. “By being a great place to live, work and raise a family, Cary helps SAS attract and retain top talent. In return, SAS employees who settle in Cary contribute to a strong local economy, and many volunteer in the community and provide civic leadership.”

SAS and the town also do business with each other. In 2007, Cary signed a multi-year, multi-million dollar contract with SAS for software designed to improve management of municipal services. SAS also gave the town a $1.7 million discount.

Nearby is one of Cary’s crown jewels — Cary Academy, a private school with rigorous academic standards that the Goodnights helped build. Established as a middle school and high school in 1996, the emphasis is on the latest technology, small classroom sizes and cutting-edge facilities. The Academy has won numerous awards and attracts students far from Cary’s borders.

“We have been very fortunate to be in a position to give back to the community,” Ann said.

“Jim and I believe that the top priority should be education. We are concerned about the success of our children, sustaining our competitive edge and maintaining our quality of life. We believe that it is urgently important that we prepare our students for the global, knowledge-based economy. We are pleased with the track record of Cary Academy.

“Through the dedication, innovative work and utilization of technology, the Cary Academy faculty has been extraordinarily successful,” she added. “We believe...
this success can and should be achieved in the public schools, which is why our current focus will be on this effort.”

Planning for the Future

Mayor Weinbrecht, a 15-year SAS employee, is one of the town's best-known direct links between the community and SAS. While a councilman, he ran for mayor on an agenda of achieving balance between development and the community’s common good.

"The town and Cary have a special relationship," he said. "SAS is probably the best corporate citizen we could have. They take care of their employees, and they are really working hard right now on environmental issues, such as saving water. Their solar farm — that's just fantastic. They are trying to be very mindful of our environment, and they really care about what goes on in Cary.”

In many ways, he said, his campaign is a reflection of the Goodnight approach at SAS: grow, be profitable but take care of your employees.

Noting that his predecessors were anti-
growth and pro-growth respectively, Weinbrecht said, "I'm not against growth. A balanced Cary — that's what I'm trying to do." He feels Cary will be best positioned for the future if infrastructure is in place to support a growing population. To that end he is insisting that developers pay more for infrastructure costs.

"What we need to do is keep an eye on development and make sure we are encouraging growth the best way we can," he said in an interview between the end of a workday at SAS and a council meeting that night where he is seeking to develop consensus on issues that are often divisive. For example, the council split 4-3 in voting down a recent town investment in an aquatics center.

Building Up, Not Out

Cary's collective leadership in recent years has no doubt been growth hungry.

In October 2008, the town estimated that its population surge to 132,647 — a 5.7 percent jump in one year — exceeded the 4.4 percent annual rate dating back to 2003.

Annexations have helped drive that growth. Dating back to 1990, the town noted in its annual 2007 report that they have increased their borders by 23 square miles since 1990. Now more than 53 square miles in size, Cary measured only 9.9 square miles in 1980.

In 1960, Cary residents made up a mere 2 percent of the Wake County population. By the 2000 US Census, that figure had skyrocketed to 15 percent. As the following figures show, Cary's population has doubled every decade dating back to the 1940s:

- 1940: 1141
- 1970: 7640
- 1980: 21,958
- 1990: 44,276
- 2000: 95,949
- 2007: 122,643

However, Cary may not double its 2000 total by 2010. The town forecasts growth slowing to 3 percent. And the town will be looking up to support future growth, but not necessarily outward, according to the mayor.

"Cary has developed in a suburban environment and is so spread out," Weinbrecht said. "Right now we have accounted for about 90 percent of available real estate that has been approved [for development] or has been built on. We're at about half the population we can handle for sewer and water. That means we have to be more urban in certain areas."

Cary leaders will discuss development issues at a retreat in January as part of what Weinbrecht calls an ongoing "visioning" project. "One thing we have to decide is how we are going to grow and where are we going to grow in more urban environments," he explained. "We have to decide what's going to be more urban and still protect the suburban that makes Cary great."

A possibility is revitalization of Cary's downtown in the area of Academy and Chatham streets — what Weinbrecht calls
Gary's "old part." He doesn't foresee skyscrapers as an option since the town limits buildings to fewer than 10 stories. But Weinbrecht said a "nice blend" could be mixed-use projects that blend housing and business.

Welcoming And Diverse

As Cary maps its future, Ann said the town continues to offer many benefits to SAS and its employees.

"Cary offers a wonderful environment," she said. "Besides being attractive, safe and well-planned, it is home to a well-educated populace. Major universities are just minutes away." 

"People who move here to work at SAS stay because Cary is a welcoming community. It is enriched by a diverse population of folks from all over the country and the world — very appealing to knowledge workers of a global company."

Indeed, a place to call home.
Emergency rooms are swamped. Nationwide, hospital emergency departments are seeing an increase in patient visits. A death of primary care physicians, coupled with a rise in uninsured patients, is among the contributing factors.

In addition to overcrowded conditions, tension in emergency rooms can reach a boiling point due to long waiting periods. A recent report from health consultants Press Ganey indicates that patients spend on average of four hours in an ER.

Just how serious is the problem? “Very serious, it’s a national epidemic,” said Dr. Nicholas Jouriles, president of the American College of Emergency Physicians. “Emergency physicians believe that this is the number one healthcare problem that we face in this country. It serves as a microcosm of the healthcare system,” said Jouriles.

Urgent care centers, often an alternative choice to emergency rooms for non-life-threatening conditions, are also seeing increased patient census. “Over the past several years we’ve seen significant growth in the number of urgent care facilities opening around the country,” said Harris Fleming, editor of The Journal of Urgent Care Medicine (JUCM). Fleming said that, according to a recent study, there are now more than 8100 urgent care centers in the US.

When it comes to busy emergency rooms, North Carolina is no exception. Hospital ERs in the Triangle and other regions have experienced a rise in patient visits within the past few years.

“Our census is going up, we’re seeing more patients, and we are seeing a shift of patients who don’t have health insurance,” said Dr. Charles Cairns, chairman of the emergency department at UNC Medical Center.

“It varies from day to day and hour to hour,” said Dr. Jim Palombaro, emergency department physician and medical director for the WakeMed Raleigh Campus Emergency Department. “There are times when we have extended wait times, especially in the adult emergency department on the Raleigh Campus.” The Raleigh Campus is a large tertiary care hospital and features a busy trauma center, Heart Center and pediatric services that treat patients from across the region.

At Pitt County Memorial Hospital in Greenville, Barbara Dunn, director of public and customer relations, said that while the emergency department works hard to ensure that the care of patients is efficient, it’s a process that can be challenging due to high volumes of patients, especially during flu season. The Emerg
UNC
- Level one trauma center
- 55,000 patients annually
- 70 beds – expanding by late spring early summer to 103 beds as part of the new hospital it will have a total capacity 110 beds
- 10 pediatric beds
- ER staff are employees, members of faculty of university

WakeMed
Raleigh Campus – 88 treatment areas in two Raleigh Campus Emergency Departments.
- 6 minor emergency care areas, 22 treatment areas in the Children’s Emergency Department, and 60 in the Adult Emergency Department
- 59 observation/holding beds on the Raleigh Campus
- Cary Hospital – 22 treatment areas, 4 minor emergency care treatment areas, 10 observation beds
- North Healthplex – 14 treatment areas (plus 5 fast track)
- Apex Healthplex – 12 treatment areas
Staff: attending physicians, residents, nurses, pharmacists
- Wake Emergency Physicians, the physicians group that staffs WakeMed’s emergency departments, employs 66 attending, 20 mid-level providers and WakeMed/UNC employs 2 fellows and 30 residents each semester to work in the EDs. As of today, WakeMed has 423 employees (nurses, clinicians, etc.) working in the 5 Emergency Departments. The total employee numbers does not include pharmacists, imaging services, etc.

Duke
- 61,277 patient visits to the emergency department in 2008
- EER employees work for Duke
- More than 80 beds
- A tertiary care center and Level I Trauma Center, Duke’s Emergency Department provides medical care to North Carolina and the surrounding area ranging as far as Virginia and South Carolina.

The ED is staffed continuously by attending emergency physicians certified by the American Board of Emergency Medicine to treat adult and pediatric patients.
- Duke’s Emergency Department has been providing care to patients since 1945, and with a new state-of-the-art and expanded facility, which opened in April 2007, the ED is now equipped to treat over 90,000 patients a year.
The new ED includes:
- Pediatric ED — an 18-bed, full-service Pediatric Emergency Department that includes two critical care and isolation rooms for children with infectious diseases.
- Three adult care areas — providing care and services for patients requiring general care, critical care or isolations needs. Each room has its own laboratory space and nursing stations.

Pitt County Memorial Hospital
Emergency Department
- 58 beds in the Emergency Department, with 22 for less acute patients, 33 for those with higher acuity, and 3 trauma resuscitation rooms.
- Pediatric patients are cared for in the department
- Plans underway for new pediatric ED
Staff:
- 24/7 by Emergency Medicine physicians and residents, nurses and behavioral-health triage nurses
- Child Life Specialists, social workers, case managers, pharmacy technicians and pharmacists
Emergency Medicine physicians are employees of the Brody School of Medicine at East Carolina University, and all other staff members are PCMH employees.

North Carolina has some of the best hospitals and health systems in the country. But how does its emergency care stack up?


However, the state could use some improvement in Medical Liability Environment and Access to Emergency Care, which fell below most states. [See chart on pg. 32].

HOW TO PICK AN EMERGENCY ROOM

How do you know when you should go to an emergency room? Should you consider going to an urgent care center? Can your problem wait until you can schedule a visit to your primary care doctor? And if you do decide to go to an ER, which one should you choose: The closest one to your home or a trauma center?

"If it's something you've had before, and it's been treated by your doctor in a clinic or at an urgent care, then it's certainly reasonable to go back to one of those settings for the same problem," said Cairns. An urgent care center visit would be appropriate for things such as a cold, a cut where you've been able to control the bleeding, if you twist your ankle but can still walk, occurrences that would be considered to be a common problem for a certain individual, or where the initial symptoms have been controlled and you want to get another opinion and potentially more definitive care.
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*Goldsboro clinic closed Sundays.
“It’s becoming more and more difficult for primary care physicians, family practitioners and internal medicine doctors to accommodate patients who have what we call episodic illness or injury.” Unscheduled visits, as a result, are becoming increasingly difficult for primary care doctors.

Chest pain and uncontrolled bleeding require a call to 911 and demand immediate attention in an emergency room. A twisted ankle where you can’t take three steps, also requires an ER visit. Cairns said that if you have other diseases or other conditions — for example, diabetes, high blood pressure, and you start to have a headache, that would be a more worrisome symptom that probably requires immediate attention at an ER.

WHAT TO EXPECT WHEN YOU ARRIVE AT AN ER
• A busy place
• Expect to wait
• You won’t be seen in the order you arrive
• Priority patients are seen first

WHAT SHOULD YOU BRING TO THE ER
• List of medications that you’re currently taking
• A copy of your medical records
• Power of attorney

FOR CHILDREN
• Diaper bag
• Snacks
• Favorite toy or pacifier

In children who are less than a year old and pre-verbal children are sometimes very difficult to assess. Cairns said that if they cry right away if they fall, are able to drink liquids and they look like they are doing ok — but you want to get reassurance — it’s probably a good idea to visit a doctor or urgent care center. However, if they don’t start crying and if they aren’t acting as they did before the fall, or are unresponsive or have vomiting, that means an ER visit.

Palombaro said that patients should visit an urgent care center if they have cold symptoms, bruising, stubbed toe, or other minor illnesses or injuries. Patients should
visit an emergency department at a hospital if they have: chest pain accompanied by sweating and shortness of breath; if they are choking, ingested poison; are dehydrated; experience bleeding that does not stop after 15 minutes; have symptoms of a stroke; severe abdominal pain; or a severe wound or burn.

Duke’s department of emergency medicine suggests that if a primary care physician is not available and a patient needs quick medical attention for a non-life-threatening problem, a visit to an urgent care center is recommended. For example, patients should go to an urgent care center when they have an ear infection, a sprain, simple cuts and burns. Duke’s Urgent Care is open seven days a week, including holidays, from 8 a.m.-8 p.m. Patients can just walk in, no appointments are needed.

When should you call 911 versus driving yourself to the ER? For chest pain or stroke symptoms, calling 911 is the best...
Orthopedic Open Urgent Care

Triangle Orthopaedic Associates has opened Urgent Care facilities for the treatment of orthopaedic emergencies to treat broken bones, dislocations and knee injuries. Urgent Care centers claim prompt service with X-rays, injury care, splinting and pain treatment in a manner of minutes at a fraction of the cost of a hospital ER. The billing structure is the same as other urgent care co-pays. Go to www.triangleortho.com for more information.

Veterinary Specialty Hospital of the Carolinas Adds New Medical Oncologist

The Veterinary Specialty Hospital of the Carolinas (VSH) recently hired Dr. Angie Kozicki within the oncology service. Kozicki joins two existing oncologists. Her focus will be the medical management of cancer patients. She will be responsible for seeing cancer patients, performing medical diagnostics on these patients, consulting with the surgical staff to coordinate surgery and overseeing chemotherapy. She will also assist in the care of radiation oncology patients.

Kozicki received her doctorate from Michigan State University College of Veterinary Medicine where she developed a strong interest in oncology. Kozicki dedicated herself to obtaining advanced training by first completing a general internship followed by an oncology internship with two different groups of veterinary specialists in Detroit, MI. A one-year fellowship at the University of Colorado's Health Sciences Center preceded her acceptance to a residency program at the University of Wisconsin School of Veterinary Medicine. Dr. Kozicki is certified as a specialist in medical oncology through the American College of Veterinary Internal Medicine.

"Angie brings a wealth of experience to VSH," said VSH co-founder Dr. Kevin Con cannon. "Her passion for oncology is not only evident in her extensive training, but it is also manifested in the commitment she shows to her patients and their owners. Her ability to work as part of a coordinated effort to help our patients is clearly evident to those of us who work with her."

About Veterinary Specialty Hospitals of the Carolinas

Founded in 1997 and based in Cary, NC, with an additional facility in Raleigh, VSH of the Carolinas is a 24-hour, multi-specialty and emergency hospital dedicated to providing the highest quality medical, surgical, diagnostic and therapeutic services for referring veterinarians, patients and their owners. Orthopedic surgery, Computed Tomography (CT), chemotherapy, radiation therapy, as well as critical care procedures such as nutritional support, oxygen therapy and blood transfusions all are performed routinely at VSH. For more information about VSH, visit www.vshcarolinas.com.

Brody Heart Institute Dedication

East Carolina University and Pitt County Memorial Hospital, the teaching hospital for the Brody School of Medicine, have dedicated the East Carolina Heart Institute, a $220 million facility that includes a six-story patient bed tower at PCMH and a 206,000-square-foot research, education and outpatient care facility at ECU.

The NC General Assembly allocated $60 million to build the East Carolina Heart Institute at ECU in 2004, and PCMH approved a privately funded effort to build the $160 million East Carolina Heart Institute at Pitt County Memorial Hospital.

The Heart Institute at Pitt County Memorial Hospital will open in January 2009. The Heart Institute at ECU opened in September.
choice because these conditions are time sensitive and require treatment as soon as possible, said Palombaro. A good rule to use, according to Palombaro, is to call 911 if a patient believes that they have a medical emergency.

WHAT HAPPENS IF YOU DON'T HAVE HEALTH INSURANCE?

Federal law prohibits any hospital from denying patient care for life threatening conditions. For non-life-threatening ailments, a hospital may ask for confirmation of insurance or for a co-payment up-front. If a patient is on Medicaid, emergency room employees may help patients find a physician or a clinic where they can seek treatment.

WHERE ARE THE DOCTORS?

In North Carolina and most other states, a shortage of primary care doctors is putting a strain on emergency rooms.

Palombaro said that the lack of primary care definitely contributes to overcrowding in emergency departments. "There is a shortage of primary care physicians nationwide, so many patients do not have primary care physicians at all. The primary care physicians that are here typically have very full loads, so patients often are only seen by their primary care physician for maintenance and for chronic problems because there are very few appointments available for acute illnesses. To be seen in a timely manner, we find patients are turning to emergency departments for their acute illness."

EASING THE CRISIS

Palombaro said that WakeMed has taken many steps to help alleviate overcrowding issues, including adding free-standing EDs around the county (currently at North Healthplex and Apex Healthplex), adding observation beds and minor treatment areas.

"WakeMed is also building a new patient tower on the Raleigh Campus that will house 60 new beds and recently opened an additional 42 beds at Cary Hospital. Having these new inpatient beds available will help with patient throughput, as ED beds are often filled by patients needing admission to the hospital," said Palombaro. WakeMed also submitted an application to the state to add 40 new beds to WakeMed North Healthplex, making this location Wake County's fifth hospital.

Cairns said that UNC is expanding the capability of the emergency department and is developing new processes to try and minimize the wait for patients. "We have the capabilities of a large academic hospital and level one trauma center and all the resources that come with that including specialty care."

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Celine Dion performs her biggest hits along with songs from her new album Taking Chances. Directed by Jamie King, this concert event includes elements of fashion, dance and visual effects, Jan. 20 at the RBC Center in Raleigh. [See Preview Pop Music for details.]

The North Carolina Symphony performs a classical music concert in New Bern at The Riverfront Convention Center on Jan. 11. Programs in Raleigh include The Duke Medicine Raleigh Classical Series Events at Meymandi Concert Hall with Guest Conductor Michael Christie and Violinist Midori on Jan. 16 & 17 and a performance with the Raleigh Community Gospel Chorus on Jan. 30 & 31 at the Progress Energy Center for the Performing Arts in Raleigh. [See Preview Classical Music for details.]

The hit female comedy tour Southern Fried Chicks starring Etta May and featuring Trish Suhr, Sonya White and Beth Donahue, bring their clean and clever Southern-style comedy and storytelling to The Clayton Center in downtown Clayton on Jan. 16. [See Preview Stage & Screen for details.]
JUMP INTO THE NEW YEAR, JANUARY IS HERE!

GALLERIES


FOR THE LOVE OF ART AUCTION AND GALA: Hosted by The Visual Art Exchange and includes an evening of networking, refreshments and art auction; Marriott City Center, Raleigh; Feb. 7. Contact 919-828-7834 or www.visualartexchange.org/gala.

EVENTS AT ARTSPACE: Raleigh; Contact 919-821-0383 or www.artspacenc.org.

• NEW MEMBERS: New Members of the Artspace Artists Alliance exhibit work; Upfront Gallery and Lobby; Jan. 2-21 (Opening Reception Jan. 2).

• RESTRICTED — CAMERON JOHNSON: Gallery 2; Thru Jan. 23.

• RECENT ANIMALS — ALLISON HUNTER: Gallery One; Jan. 17-March 6 (Opening Reception Feb. 6).

• STAMMER: Artspace's bi-monthly, multi-art extravaganza; Jan. 9.

CLASSICAL

NORTH CAROLINA WIND ORCHESTRA PRESENTS MADE IN THE USA: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; Jan. 11. Contact 919-599-3111 or www.ncwc.org.

NORTH CAROLINA SYMPHONY: Classical music concert performance by the North Carolina Symphony; New Bern Riverfront Convention Center; Jan. 11. Contact 877-627-6724 or www.ncsymphony.org.


ORCHESTRA OF ST. LUKES WITH ALAN PIERSON, CONDUCTOR — IN THE GRACE OF THE WORLD: A contemporary program focusing around the Latvian composer Peteris Vasks and Alan Pierson conducting; Memorial Hall at UNC, Chapel Hill; Jan. 28. Contact 919-834-3333 or www.carolinaperformingarts.org.


NORTH CAROLINA SYMPHONY DURK MEDICINE RALEIGH CLASSICAL SERIES EVENTS: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; Contact www.ncsymphony.org.

• MICHAEL CHRISTIE, GUEST CONDUCTOR W/ VIOLINIST MIDOBE: Jan. 16-17

• GRANT LLEWELLYN, MUSIC DIRECTOR WITH THE RALEIGH COMMUNITY GOSPEL CHORUS: Jan. 30-31

STAGE & SCREEN


SOUTHERN FRIED CHICKS COMEDY TOUR: Starring Etta May and featuring Trish Suhr, Beth Donahue and Sonya White; The Clayton Center, Clayton; Jan. 16. Contact 919-533-1737 or online at www.southernfriedchicks.net.

MONSTERS AND PRODIGIES, THE HISTORY OF THE CASKATEATRO DE CIERTOS HABITANTES: A comedy from Mexico City exposing the outrageous lifestyles, musical brilliance, decadence and violence surrounding the male sopranos of the Baroque period, in Spanish with English supertitles; Memorial Hall at UNC, Chapel Hill; Jan. 24. Contact 919-834-3333 or online...
Nanci Griffith performs her own brand of “folka-billy” music at Meymandi Concert Hall in Raleigh on Jan. 21.

CAROLINA BALLET PRESENTS BALANCHINE — BY GEORGE: A further look into the works of this great choreographer; Raleigh Memorial Auditorium at the Progress Energy Center for the Performing Arts; Jan. 29-Feb. 1. Contact 919-719-0900 or www.carolinaballet.com.

EVENTS AT PLAYMAKERS REPERTORY COMPANY: Paul Green Theatre Center for the Dramatic Art at UNC, Chapel Hill; Contact 919-962-7529 or www.playmakersrep.org.

* THE YOUNG LADIES OF...: Jan. 7-11
* THE GLASS MENAGERIE: Jan. 25, 27, 30, 31
* WELL: Jan. 24, 28, 29, 31

EVENTS AT THE DURHAM PERFORMING ARTS CENTER: Durham; Contact 919-680-4ARTS or www.dpacnc.com.

* NBC'S LAST COMIC STANDING: Jan. 4
* BROADWAY CAROLINA SERIES PRESENTS FELT: Jan. 20-25

MUSEUMS

RALEIGH 101 FOR KIDS: Presented by The Raleigh City Museum and Cameron Village Regional Library, a fun and educational program teaches basic Raleigh history; Cameron Village Library, Raleigh; Jan. 10. Contact 919-832-3775 or online at www.raleighcitymuseum.org.

EVENTS AT THE RALEIGH CITY MUSEUM: 220 Fayetteville St., Raleigh; Contact 919-832-3775 or online at www.raleighcitymuseum.org.

* MOUNTAIN CAMPS FOR GROWN-UPS: Rediscover the Scholar—and the child—in you! Activities include Golf, Art History, Boating, Language, Fishing, Painting, Floral Design & Much More! Entertainment from Beethoven to Bluegrass! Lectures by Distinguished Scholars

March 8-11 The Inn on Biltmore Estate “The Gilded Age”
May 17-22 Kanuga Conference Center “The American Ascendancy”
August 3-8 Lake Logan Center “Western Ideals of Ethical Life”
August 9-14 Lake Logan Center “Islam and the West”
August 24-28 Lake Logan Center “How did the Founders Think?”

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MUSIC OF THE CAROLINAS — BANGLADESH MUSIC & DANCE: Jan. 11
HISTORY À LA CARTE — EMBELLISHING THE ORDINARY: Jan. 14
EIGHTH ANNUAL AFRICAN AMERICAN CULTURAL CELEBRATION: Jan. 31

EVENTS AT THE ACHLAND MUSEUM OF ART: University of North Carolina at Chapel Hill; Contact 919-966-1400 or www.ackland.org.
• THE COST OF COAL CULTURE — A DEBATE AMONG EXPERTS: Hanes Art Center Auditorium; Jan. 25
• ART AFTER DARK: Jan. 9
• MUSIC IN THE GALLERIES: Jan. 18
• REINVENTING THE FIGURE: Jan. 17-March 22
• CULTURAL POLITICS & CONTEMPORARY ART: Jan. 24-March 29
• FEMININE AND MASCULINE IN OVID’S POETRY AND EARLY MODERN ART: Thru Feb. 1.

EVENTS AT THE ACHLAND MUSEUM OF ART & DESIGN: NC State University, Raleigh; Contact 919-515-1100 or www.ncsu.edu/arts.
• NORM SCHULMAN — A LIFE IN CLAY: Jan. 22-March 29
• THOMAS SAYRE — NEW WORK: Jan. 22-May 10
• ARTIST & OBJECTS LECTURE SERIES — THOMAS SAYRE: Feb. 5

EVENTS AT WILSON LIBRARY: University of North Carolina Chapel Hill; Contact www.lib.unc.edu.

41ST ANNUAL TRYON PALACE DECORATIVE ARTS SYMPOSIUM

“Classic Modes of Coastal Transportation,” an exhibition of wood-grain, hand-painted surfboards and skateboards by Raleigh artist and entrepreneur Clark Hipolito of Artcosurf will be on view at Salon Moxie in Raleigh through January.

EVENTS AT THE CAMERON ART MUSEUM: Wilmington; Contact 910-395-5999 ext. 1005 or www.cameronartmuseum.com.
• GALLERY TALK — DON FURST, PRINTMAKER: Jan. 4
• COLLECTORS ON COLLECTING — JIM & FRANCES NICHOLS: Jan. 8
• MUSIC — GRENOLDO FRAZIER: Jan. 15
• FORWARD MOTION DANCE COMPANY: Jan. 29
• BEARDEN TO RUSCHA — CONTEMPORARY ART FROM THE

NORTH CAROLINA MUSEUM OF ART: Thru May 24
• TOY CRAZY — AN EXHIBITION OF TOYS OF ALL KINDS: Thru Feb. 1.
• BOB DEYOUNG — INSTALLATION (PHANTASM): Thru April 26.
• QUIET SPIRIT, SKILLFUL HAND — THE GRAPHIC WORK OF CLARE LEIGHTON: Thru April 5.

EVENTS AT THE CAPE FEAR MUSEUM OF HISTORY AND SCIENCE: Wilmington; Contact 910-798-4350 or online at www.capefearmuseum.com.
• WINTER JAZZ — SEA PANS: Jan. 2
• LEARNING CENTER — PLAYING WITH MATH: Jan. 3, 10, 17, 31
• CAPE FEAR SKIES — WINTER CONSTELLATIONS: Jan. 18
• MYSTERY AT THE MUSEUM: Jan. 24

EVENTS AT THE NORTH CAROLINA MARITIME MUSEUM: Beaufort; Contact 252-728-7317 or www.ncmaritimemuseum.org.
• PORTS & PILOTS: A guided tour of NC State Port at Morehead City; Jan. 15.
• BEAUFORT’S DOLPHINS: Slides and display about bottlenose dolphins around Beaufort and Cape Lookout; Jan. 22.
• WINTER BIRDING: Jan. 23
• LANDBNG CRAFT VEHICLE & PERSONNEL: Veterans of World War II landing operations talk about their experiences; Jan. 30.

EVENTS AT THE MUSEUM OF LIFE AND SCIENCE: Durham; Contact 919-220-5429 or www.lifescience.org.
• GERBO’S GRAVITY RACER WORKSHOPS WITH ARTIST AND SCULPTOR STEVE GERBERICH: Jan. 4
• AMAZON RAINFOREST WITH BIRDMAN DAVE: Jan. 10
• SOUNDSPACE — HEAR MOTION: Extended through Spring 2009.

POTPOURRI
A WINTER’S TALE GALA TO BENEFIT METHODIST HOME FOR CHILDREN: Evening includes silent and live auction, dinner, dancing and music featuring Laura Ridgeway and Friends; Raleigh Convention Center; Jan. 24. Contact 919-754-3621.

39TH ANNUAL GREATER WILMINGTON ANTIQUE SHOW & SALE: Proceeds benefit area charities supported by the North Carolina Junior Sorosis; Coastline Convention Center, Wilmington; Jan. 30-Feb. 1. Contact 919-686-3029 or www.ncjuniorsorosis.org.

MLK JR. DREAMFEST 2009: The Martin Luther King Jr. task force presents MLK Jr. Dreamfest 2009 with support from the town of Cary; Contact 919-460-4963.
• DREAM OF INSPIRATION MUSICAL CELEBRATION: Herb Young Community Center; Jan. 10.
• DREAM OF KING 80TH LEGACY BIRTHDAY CELEBRATION: Page-Walker Arts & History Center; Jan. 15.
• DREAM OF EXPRESSION ART RECEPTION: Page-Walker Arts & History Center; Jan. 17.
• DREAM OF UNITY ECUENOMICAL OBSERVANCE: Herb Young Community Center; Jan. 18.
• DREAM OF DEMOCRACY UNITY MARCH/RALLY & GREAT DAY OF SERVICE: Downtown Raleigh and Cary; Jan. 19.

Our thanks to Cyndi Harris for her assistance with MetroPreview.

EDITOR’S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Mary Ward Boerner, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or e-mail: marya@mromagazine.net.
On the Town
by Katie Poole

21st Annual PlayMaker's Ball
Nov. 1st, 2008
The Carolina Inn
Chapel Hill, NC

Leadership Triangle's 7th Annual Awards Gala
Dec. 11th, 2008
Bay 7 at the American Tobacco Campus
Durham, NC
WAR BY OTHER MEANS; OUTER BANKS A STRING OF PEARLS

Keeping up with the international security scene is not easy these days with so much going on. However, one very interesting development reminds me that, while some people draw enduring lessons from history, others draw... well, see what you think. It does remind me that when someone says, "history teaches us," you probably are about to know their favorite theory loosely backed up by "history."

When taking military history at Duke University in the mid-1960s, it was my privilege to study under the direction of the brilliant Theodore Ropp. Among other books, Ropp wrote War in the Modern World that quickly became a classic. His recurring concept, and often repeated in class, said that war was much more complicated than you think. "War," I can hear him saying now, "is a complex of politics, economics, psychology and diplomacy." You couldn't be successful in war by just focusing on fighting; you had to deal with these other issues, which sometimes were more important than the conflict itself. He also referred often to Carl von Clausewitz, who wrote in the 19th century that "war is a continuation of state politics by other means." The clear implications being that in this continuum, the peace-making and conflict resolution not carried on by warriors was an important part of a nation's arsenal.

I was reminded of his lectures recently by some of the views expressed by Secretary of Defense Robert Gates. In a speech delivered in July 2008, he said, "In recent years, the lines separating war, peace, diplomacy and development have become more blurred and no longer fit the neat organizational charts of the 20th century." He sees the problems in places like Afghanistan and Iraq arising, at least in part, by failed governance, including corruption, erosion of confidence and failure to fulfill promises. To meet these challenges he wants agencies — such as the State Department or other civilian organizations — to help local citizens insist on responsive governments. President George Bush followed that up with a call for a civilian corps to help rebuild troubled nations. National Security Presidential Directive 44 calls for interagency "coordination, planning and implementation for reconstruction and stabilization assistance for foreign states or regions at risk of; in, or in transition from conflict or civil strife."

This idea of a broadened interpretation needed to pursue a new type of conflict resolution has taken think tanks by storm because of our experience in Iraq and Afghanistan and has been adopted by President-elect Barack Obama. During the campaign he said, "We cannot continue to rely only on our military in order to achieve the national security objectives we've set. We've got to have a civilian national security force that is just as powerful, just as strong, just as well-funded." In other words, he was calling for an expansion of the Foreign Service and other agencies that could help with nation building.

Now, for another example of learning from history. Paul Broun, the purveyor of this goodness, was helpful enough to preface his comments by saying, "It may sound a bit crazy and off base," and, indeed, it does. The Georgia representative maintains that Obama's idea for a civilian force is "exactly what Hitler did in Nazi Germany..." In other words, Obama's idea and Bush's idea and Gates' idea sound like Hitler's idea to Broun. If that's not bad enough, an AOL Web site as of Dec. 2, 2008, shows that 52 percent of viewers thought Broun had a point.

Well, I think Ropp would be pleased; Hitler would be amazed, and all those who like to think the public has good sense would be depressed.

ON THE BEACH FRONT

Dr. Stan Riggs and his colleagues at East Carolina University have just turned out a first-class study and prognosis on North Carolina's coast. Riggs is an internationally known coastal geologist, who for years has been studying constantly changing coastlines and all their dynamic fluctuations. In his most recent piece, North Carolina's Coast in Crisis: A Vision for the Future, he has gone from observing to predicting. But unlike some who look at the coasts and say, in essence, "the coasts are falling, head for the hills," Riggs has arrived at a more sensible lemon/lemonade conclusion.

He believes, as do I, that the seas are rising at an increasingly rapid rate. His conclusion is that sooner or later, and possibly much sooner, the Outer Banks will become a series of islands rather than a narrow barrier island connected by NC Highway 12. He refers to these islands as a "string of pearls," which gives you a clue as to his positive, or at least pragmatic, way of viewing the future. Instead of continuing to keep patching up the beaches in the barrier, he is proposing accepting reality and making the best of it. The islands, each with its own history and culture, could become individual tourist destinations if connected by car ferries similar to those used by the Marine Corps.

Noting the drawing power of Ocracoke Island, he imagines a series of seven unique, picturesque locations people would flock to see. There is a lot of other interesting, and in many cases not very reassuring information in this publication, but it is the string of pearls concept that is the most innovative. My only argument is that it would be a lot cheaper and much more environmentally friendly to leave the cars behind and utilize golf carts on the islands as they do on Bald Head. The report can be accessed on the Web at www.coastal.geology.ecu.edu/NCCOHAZ.
The Year in Film:
THE TOP 10 OF 2008

The annual 10-best list is a ritual for film critics, one that's more than simply a year-end summing up. For me, it's a tool that's useful all year long. From the first new movie I see each January, I'm thinking, "Is this 10-best material or not?"

It's a handy shorthand that actually touches on the critic's essential task: evaluating films not only according their own aims and accomplishments, but against all the competition too.

I've been assembling and publishing these lists for almost 30 years, that is, more than a third of the history of sound movies. Looking back over them I can see various patterns and trends, but I'm also struck by the relative rarity of breakthrough artistry. The past year provides a negative example of that, I'm afraid. Most years, I come out of one, two or even more screenings completely knocked out by what I've seen, knowing that the film will top my list at year's end and, no doubt, head for a secure place in the history books.

In 2008, I didn't encounter any such revelation. The film that tops my 10-best list, Ron Howard's *Frost/Nixon*, is an impressively intelligent Hollywood entertainment, but I wouldn't call it a masterpiece that will redefine cinematic standards.

Putting this more subjectively, it might seem that I saw a lot of films I liked in 2008 but none truly loved. Yet that's not strictly true. There was one: My own film, *Moving Midway*, inspired in me a kind of love, though perhaps less that of critic for movie than parent for offspring. Should I have included it on my list or even considered it eligible? Nah. Not a good idea. The line between critic and filmmaker needs to be maintained.

All the same, going on the road with my film — observing a process that encompasses festivals, publicity, reviewers and audiences — was clarifying in what it revealed about today's changing cinematic landscape. Perhaps that terrain's most disturbing aspect lies in the rapid deterioration of the print media and, with it, the role of film critics.

Critics, after all, are not just about entertainment. In individual markets, they serve to support the alternative and art-house programming that nurtures new artistic visions and connects them with local audiences.

While the critical decline — which accords with a year that saw lots of good films but few great ones — is sure to continue in the present economic downturn, we are left with the kind of cinematic mix that characterizes my 10-best list, which encompasses big-budget Hollywood dramas and comedies, inquisitive documentaries, enterprising US indie and even the lone foreign-language title.

As always, the following list is meant to prompt your own.

**Frost/Nixon.** Adapted by Peter Morgan from his hit play, Ron Howard’s film about the battle of wills between a disgraced ex-president and an ambitious TV interviewer may fudge some of the history, but it’s a shrewd and endlessly thought-provoking look at the meshing of media, personality and politics, distinguished by bravura performances from Frank Langella and Michael Sheen.

**Happy-Go-Lucky.** The great British director Mike Leigh tackles a strangely difficult subject — happiness — in this droll comic portrait of a 30-year-old school teacher whose unquenchable *joie de vivre* seems to reflect a profound contentment. (What — no angst?) The acting hits Leigh’s usual high standards, especially the delightful lead Sally Hawkins.

**Trouble the Water.** Using footage of Hurricane Katrina and its aftermath shot on a camcorder by self-described “street hustler” Kimberly Rivers Roberts, filmmakers Tia Lessin and Carl Deal fashion a startling, innovative and ultimately very moving documentary, a riveting account of a natural and civic disaster that’s also a very humane self-portrait of people rarely seen in American movies.

**Tropic Thunder.** A big-budget Hollywood action movie that’s also a dead-on lampoon of that genre, Ben Stiller’s high-octane, neon-colored jungle combat comedy serves up the sharpest satire of Hollywood mores since Robert Altman’s *The Player*. A trans-racial Robert Downey
Jr. takes the acting honors in a wonderful ensemble that also includes Stiller, Jack Black, Nick Nolte, and in a jaw-dropping supporting turn, Tom Cruise.

**The Edge of Heaven.** Turkish-German director Fateh Akin follows his terrific *Head On* with this novelistic, richly nuanced drama about the intersections and collisions of parents and children, wounded and wounding, Turks and Germans. A fascinating meditation on our increasingly globalized world, the film features a memorable supporting performance by erstwhile Fassbinder star Hanna Schygulla.

**Taxi to the Dark Side.** This year’s Oscar winner for Best Documentary, Alex Gibney’s profoundly disturbing film takes a carefully structured, quietly impassioned look at America’s use of torture in the “war on terror.” Moving from the slaughter of one Afghan innocent up the US chain of command, Gibney’s eloquent investigation suggests a society imperiling its own most cherished values.

**Frozen River.** In her feature debut, writer-director Courtney Hunt ventures to the frigid north for a gripping, based-on-real-life tale of economically pressed women who motor illegal immigrants across the frozen St. Lawrence River. A model of low-budget indie film craft, the movie centers on a knockout performance by actress Melissa Leo, who deserves an Oscar nod.

**Australia.** A splashy, epic romance of the Outback in the 1930s and ‘40s, Baz Luhrman’s three-hour opus is also an extravagant tribute to the Hollywood cinema of the same era. Recalling everything from *Gone with the Wind* to *The Wizard of Oz,* the movie didn’t click with most critics or audiences, but it still strikes me as Luhrman’s most daring, enjoyable and accomplished work to date.

**Snow Angels.** Adapting a novel by Stewart O’Nan, NC School of the Arts grad David Gordon Green ventures north of the Mason-Dixon to dissect the unfolding tragedy in a bleak Pennsylvania town. Made with great precision and delicacy, and featuring fine work by a cast including Sam Rockwell and Michael Angarano, it’s Green’s sharpest, most mature film to date.

**Battle for Haditha.** Normally a documentarian, British director Nick Broomfield brings a strong *verité* feel to this wrenching dramatic investigation of a 2005 massacre committed by American troops in Iraq. Remarkably free of polemics, the film arrived after Iraq movies flattened and so barely got a release. It’s worth seeking out on DVD.

A Short List of Runners-up: Oliver Stone’s *W.*, Margaret Brown’s *The Order of Myths,* Laurent Cantet’s *The Class,* John Patrick Shanley’s *Doubt,* Jacques Rivette’s *The Duchess of Langeais,* Michael Radford’s *Flawless,* Marina Zenovich’s *Roman Polanski: Wanted and Desired,* Clint Eastwood’s *Gran Torino,* Scott Derrickson’s *The Day the Earth Stood Still,* Ed Zwick’s *Defiance,* Guido Santi and Tina Mascara’s *Chris & Don: A Love Story,* Woody Allen’s *Cassandra’s Dream.*

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ARTISTS NEED BAILOUTS TOO; LAME CHOICE FOR MUSEUM OPENING

Well folks, the earth has spun around the sun once again and here we are at the beginning of 2009. In these difficult days, it seems that everyone is cutting back on expenditures and unnecessary flourishes. I've even changed from Champagne to cava on every other Tuesday to show my solidarity. Even her majesty Queen Elizabeth II recently started wearing the same dress twice, something unheard of for the monarch who normally just tosses the garment to one of her attendants like a peanut to a monkey. And just a few weeks ago she had her seamstress drag out some fabric she had been given a few decades ago to make a new gown for a party. I'm sure the fabric was worth a king's ransom, but hey, a girl has to do what a girl has to do. Honestly, when the Queen of England is on a budget and has to scrimp on her glad rags for state events, you know times are tough.

But with all this talking of bailouts for this and bailouts for that, I want to know one thing ... where's my bailout? I can assure you that I am no less competent than the head of General Motors and as greedy as the head of Wachovia, so where's my loot? It's a crying shame we don't have visionary politicians like they did back in the 1930s when the Works Progress Administration and the Federal Art Project lit a fire under the booties of artists the nation over and gave them jobs to beautify this country. Over 5000 artists created over 225,000 works of art that made America more attractive and got the artists out of the bars for a few weeks.

Even the Treasury Department got in on the act with their Special Section of Painting and Sculpture that hired thousands of artists to decorate post offices from sea to shining sea. Can you imagine that happening today? Don't hold your breath, some old grandma would start hollering about a breast being on display somewhere — and somebody would start bitching if the paintings didn't look like Josephine Baker's rainbow tribe of multi-ethnic children. And just think of the row if Andres Serrano made the cut and wound up doing a re-make of Piss Christ. The entire project would be shut down in the blink of an eye.

The National Endowment for the Arts hasn't had teeth in many years, and due to political correctness, innovation is treated as a four-letter word. So instead of hiring artists and making things more attractive, we are stuck with bland sterile and unimaginative buildings that will look cold and useless to future generations, devoid of per-

Mine Rescue, by Fletcher Martin, Treasury Section of Fine Arts, 1939, tempera on panel
Waiting for the Mail, by Grant Wright Christian, Treasury Relief Art Project, 1937, oil on canvas

sonality, temples to tedium. Where is Lorenzo de' Medici when you need him? That's when an art patron was an art patron. Back in his day, he would just plop a great new sculpture in the center of the town square and that was that; no red tape, no discussion and everybody wound up happy.

ROCKWELL BAD CHOICE

While I am on the subject of tedium, I can't express my utter disappointment at the North Carolina Museum of Art for choosing as its first major show in its soon-to-be-completed building an exhibition of the works of Norman Rockwell. Norman Rockwell? One would think that a brand new museum would have a brand new approach, but unfortunately it looks like business as usual for the new space. I guess they had a meeting where someone said let's grab fruit from the very lowest branch of the tree, or just pick up old fruit from the ground. There are so many exciting artists out there and the dull and boring choice of Mr. Rockwell smacks of just trying to please the masses rather than educating them.

Everyone loves puppy dogs and kids flying kites and baby chicks and all that junk, but please put up something that challenges the mind every once in a while. Of course the show right after that is Rembrandt, so it doesn't take too many brain cells to see what the museum is doing — going for the bucks. Perhaps one day they will go for innovation, but if I were you, I wouldn't hold my breath on that one. Somebody needs to pick up a shoe like that Iraqi gentleman who tried to smack President George Bush and sling it at a museum official or two. It would release some stress, and it would definitely be the most interesting thing that has happened in the museum in years.

I do have reason for hope though. Times like these challenge the imagination and often bring out fantastic talents we never knew we had. Artists will do what they have always done — reflect on society and feed it back to us with new and amazing insight. Changes are coming for sure.
When Governor-Elect Bev Perdue was presented with the Raleigh Junior League’s plan for her inaugural weekend, she changed things about a bit. In her words, she wanted to have the public swearing in and then the parade and then throw the doors of the Executive Mansion open in the afternoon and invite everyone to come and visit their house that they are going to let Bob and me live in.” Consequently, the Inaugural Ball and other ticketed events usually held on Saturday night were rescheduled for Friday. Incidentally, she had high praise for the Junior League — who present the Inaugural Ball — as “wonderfully professional and efficient.”

Thousands will show up on Blount Street to get a peek at the 1891 vintage Executive Mansion — one of the finest examples of Queen Anne style, Victorian, “gingerbread” architecture in America. Although plans were still in the making when we talked, the governor assured me there will be treats for kids, and well-wishers will be offered hot cider and cookies to make the inevitable wait more enjoyable.

I was last at the Mansion about a year ago, and it is thrilling to stand where so much history has been made, even if for just a few moments. Portraits of former governors are prominently displayed along with paintings by noted North Carolina artists. An impressive collection of Mansion china and glassware is displayed in cases in the spacious dining room. We owe a continuing debt of gratitude to Mrs. Dan K. Moore for her efforts while First Lady to spruce up the Mansion and furnish it appropriately. She had help from many generous North Carolinians, including her devoted friend Mary Semans of Durham.

It is going to be wonderful to have the lights burning brightly on Blount Street. By the time of the second Hunt administration, First Lady Carolyn Hunt had settled into life on the farm in Rock Ridge, NC, with children and grandchildren and a cattle operation and other family duties. Never particularly gregarious, her heart was there. The Easleys seemingly never warmed up to the Mansion and entertained infrequently.

“Bob and I love the Triangle, and we want to be a part of all it offers,” she said. “And we want to stay involved in Chapel Hill.” Bob Eaves, whom she describes as “a wonderful partner, husband and best friend,” has put his Chapel Hill home, which he owned prior to their marriage, on the market, and the Grand Old Lady of Blount Street will be their primary residence. Collectively, she and Bob have five grandchildren with a sixth on the way. Family gatherings are sure to be spirited events. What fun it would be to ride a tricycle down the hall and play hide-and-seek in the downstairs public rooms.

During the campaign, Perdue promised residents of Western North Carolina that she would spend time at the Western Governor’s Residence in Asheville and conduct business there. She stressed that, although she hails from Down East, she intends to be the governor of all North Carolina. “I also want to take the Council of State up there,” she said. She also plans to open an office in Charlotte.

The Western Governor’s Residence was a gift to the state of North Carolina from residents of the area decades ago. My friend and old lion of Western North Carolina politics, Wallace Hyde — husband of Ambassador Jeannette Hyde — was a member of the group that arranged it. They believed that by having a western residence, the governor would spend more time with them — and they would have more influence in state government circles. The 6000-square-foot stone-and-frame house, which is meticulously maintained by inmates of a state correctional facility, is of modern design, comfortable and has a spectacular view. However, governors have not spent much time there in the past.

Perdue’s house on the Trent River in New Bern will be the family getaway. “It’s on the water, and the kids love it.” She says it doesn’t get any better than sitting in a favorite rocking chair and looking out over the river.

During the campaign, husband Bob spent a lot of time at her side. A successful businessman, his personality and self-confidence will allow him to be North Carolina’s first “First Husband” without being threatened by the notion. He clearly has a great fan in Perdue. “Bob came into our lives at an important time for my boys, who had lost their father. He has been a very stable influence and a role model for them. He is a source of strength for all of us.” Bob loves college sports, so look for the first couple in the chancellor’s box at games. He is a trustee at Meredith — “We have really come to love it,” said the governor — and involved in...
BETWEEN YOU AND ME

other educational projects.

As of this writing, there has been much talk of First Dogs for the White House, but no one has inquired about First Dogs for the Blount Street Mansion. Well, I have the scoop. The new governor will bring with her Dos and Zipper, her Tibetan Terriers. Dos was a gift from Bob after she was elected lieutenant governor. Dos had puppies, and Zipper was the runt of the litter. They kept Zipper. I was briefly introduced to Dos and Zipper a few months ago at the Chapel Hill residence, but my guess is that they do not remember me. By nature, they are a bit boisterous — "watch dogs and barkers," as the governor described them — and already the governor is thinking about how to contain their enthusiasm in their new digs. I wonder how long it will take for them to have the Highway Patrol officers manning the security desk eating from their hands ... uh, paws?

Perdue is passionate about making the Mansion a hub of activity and using the residence to full advantage to promote the state. That's a happy thought. What a grand place to entertain and showcase North Carolina arts, crafts, culture, food and products. I am guessing that on any given day there may be bluegrass on the porch, chamber music in the entrance hall or a chorus on the staircase.

Is that Johnston County sweet potatoes I smell baking in the oven? Is that Junior Johnson's country ham frying on the stove? Pass me some of those Bertie County blistered peanuts please. She wants to support North Carolina farmers by buying locally as much as possible and urging others to do the same.

When we talked, she already knew about the vegetable garden tucked away in the southeast corner of the Mansion grounds I wrote about in this column (Metro, January 2008). There is a scuppernong arbor there too, so if you are trying to wrangle an invitation to the Mansion, you may want to come in the fall when the grapes are ripe — or after there has been a frost on the collards, turning some of that starch to sugar. On a visit to the Executive Mansion during the last days of the Hunt administration, I espied pineapples growing beside the driveway. I was intrigued. They are not exactly native to the Old North State.

Perdue has an easy way with people, reads them well and enjoys listening. She said she particularly enjoyed the public sessions she held across the state as part of the transition process. She is going to be highly visible, and her schedule will be full. As for management style, "I am going to provide leadership and be very involved in decision making. I am going to be hands-on," she added. She is serious about getting the state's house in order. "Expect to see me dropping in unannounced." Between you and me, I would not want to be playing solitaire on my state-owned laptop when the governor stops by.

Sexspionage: Famous Women Spies and the Ancient Art of Seduction

Keynote speaker Nigel West, author of the forthcoming book The Historic Dictionary of Sexspionage

Other speakers include:

BRIAN KELLEY, former CIA counterintelligence officer and intelligence instructor on famous women spies and espionage sex scandals

IC SMITH, former FBI special agent and author of Inside, an account of Chinese espionage in the US on the notorious Parlor Maid story

RON OLIVE, formerly counterintelligence officer for the US Marine Corps, NCIS investigator and author of Capturing Jonathan Pollard on the role of Pollard's wife

SCOTT CARMICHAEL, Defense Intelligence Agency, lead agent in the Ana Montes Cuban spy case and author of the book True Believer

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FASHION NEWS

Benefit Cosmetics introduces BADgal Liner Waterproof Extra Black Eye Pencil and BADgal Waterproof Mascara available in January. Sephora, Belk Department Stores or online at www.benefitcosmetics.com.

A young Durham entrepreneur launches a trendy e-boutique Clothes Hound, which offers the latest in women's clothing at affordable prices. Durham.

The racks at Main & Taylor are out with shoes marked up to 50 percent off and handbags 30 percent off. Raleigh, 919.821.1556.

Fine Feathers invites customers to a Nina McLemore Trunk Show for spring featuring hundreds of sporty to evening jackets with coordinating pieces and a Linda McMillan Trunk Show of beautiful dresses and suits for ladies Jan. 5-6. Chapel Hill, 919.942.3151.

On Jan. 15-16, Cameron Clothing will host a Sara Campbell Trunk Show. Raleigh, 919.829.1511.

Visit Uniquities Jan. 17 from 10 a.m.-7 p.m. for a Uniquities Attic Sale of all your favorite designers and brands. Chapel Hill, 919.933.4007.

Don't miss a 25 percent off Coppley Custom Suit and Sport Coat Special at

Liles Clothing Studio during the month of January. Raleigh, 919.510.5556.

January events at Saks Fifth Avenue, Raleigh, 919.792.9100:

• Tarek Abbas Personal Appearance, Jan. 7, 10 a.m.-6 p.m. Meet Lancôme National Makeup artist Tarek Abbas and have a personal skin care and color update. Call ext. 5371 to reserve an appointment.

• Shape up Make up for the New Year, Jan. 11-18. A week of gifts, facials and expert tips from Saks on stress-free beauty, renewed color and healthful living. Ext. 5371.

• CHANEL Sublimage Spa Events, Jan. 15. From 10 a.m.-5 p.m. join Saks CHANEL specialist for a one-on-one spa event. Ext. 5362.

• Akris Punto Spring 2009 Trunk Show, Jan. 20 from 10 a.m.-5 p.m. Meet Edwin Gierbolini, Akris Punto representative, and have a personal wardrobe consultation while viewing the spring 2009 collection. Call ext. 5393 to reserve an appointment.

• Reserve an appointment now for a Bobbi Brown Spring Color Event on Jan. 29-30 from 10 a.m.-5 p.m. Ext. 5361.

• Reserve an appointment with a Laura Mercier specialist for a Spring Color Event Jan. 30-31 from 10 a.m.-5 p.m. Ext. 5362.

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Don't Diet in January

PATRONIZE GREAT AREA EATERIES — NEW AND OLD

New Year's resolutions feel anticlimactic this year. Most of us have already tightened our belts, responding to all those pesky financial woes affecting almost everyone's mood and spending habits. We don't need a crystal ball to foresee that some of our favorite eateries may disappear in 2009 — a deeply depressing thought. So depressing, in fact, it makes me want to eat.

If ever there were a time to count dining out as a virtue, this is it. Here's a resolution for you: postpone that January diet! Food enthusiasts are aware of how our spending affects the entire food chain, and how miniscule the profit margin is for local chef-owned restaurants, small farmers and culinary artisans. These folks create beautiful, wholesome food, not just for the bottom line, but for love. It's time to return the love. Dining at your favorite eatery is both a help to the business and an investment in quality of life in our area.

Luckily, we can eat out and economize at the same time. Even our most upscale restaurants offer delicious bargain fare ... if you pay close attention to the menu. Looking back on the fabulous dishes I've tasted in '08, the most memorable have been the simplest — and often the least expensive.

Even when called “frites,” French fries are the last item to catch my eye on a menu. But pilfering from my companions' plates lately I've discovered that this humble side dish can be sublime if the potatoes are fresh and fried correctly (once to cook and a second time to crisp — preferably in lard). Carolina CrossRoads, the Raleigh Times, and Vin Rouge all have French fries well worth the vascular hazards.

Soul-soothing soups and chowders usually cost less than the average appetizer and can be filling enough to substitute for a main course. At La Residence, the almost-solid she-crab soup, an enormous bowl of crustaceous decadence, should put a smile on your face. Savoy's cheesy Lyonnaise-style onion soup is a bone-warming meal in itself. Jujube's spicy curried oyster mushroom, enriched with coconut milk, is something I dream about. The Duck & Dumpling's hot and sour soup may be the best of its genre. It's a little light for a whole meal, but add David Mao's luscious “half fried” dumplings for a satisfying inexpensive supper.

For south-of-the-border cravings, you can't go wrong with any of Dos Taquito Centro's generous tacos. MEZ's delectable fish tacos are ocean-fresh, crunchy and a steal for three bucks at the daily happy hour. The Flying Burrito is back in business this year in its original Chapel Hill...
METRO GOURMET

location, reviving its trademark burrito — voluptuous, squishy and invigoratingly spicy. Mellowing out at Carrburritos is easy with a Dos Equis and the freshest guacamole dip around, served with corn-fragrant house made chips. Or skip the cerveza and order the potent and tangy Marguerita Carrburrito to escape your dwindling portfolio.

Francophiles can bliss out at Vin Rouge with a glass of house burgundy and country pâté served simply with mustard, cornichons and crunchy French bread. The kitchen’s roasted beet salad is all that’s needed to make the happiest of meals. At the new Coquette, the house made duck liver pâté and rabbit rillettes are equally magnifique, evoking the illusion of a short hop to Paris. French wines are available there in half liters, a deal for two. Rue Cler’s fresh moules frites, the savory sauce sopped up with a baguette, is a filling and inexpensive delicacy.

True Southerners know that nothing says comfort like fried chicken, unless it’s good barbecue. At The Pit, you can have either — or both. Try “Mama’s fried chicken” and Eastern-style chopped pork, paired with The Pit’s unique blue cheese slaw. Mama Dip’s Country Cooking still serves the best chicken livers in the Triangle. For a bird of a different feather, try the delicately crisp and juicy fried quail at the Carolina Inn, served on the lunch menu with an ample green salad. Mac-and-cheese longings, another symptom of Southern-ness, will find ultimate fulfillment at Poole’s Downtown Diner.

Sweet teeth can be satisfied for a pitance with Thai Palace’s famously huge portion of creamy coconut cake. Besides other attractions at the Nasher Museum, the café’s spiced orange crème brûlée is worth the trip by itself. A well-made crème brûlée is almost impossible to improve upon, but the Nasher’s subtly flavored version is a knockout.

Chocoholics on a budget can get a fix at Heretty’s Heavenly Delicious or at Dolly Mama’s handmade chocolate booth at the Durham Farmers’ Market. At your nearest Locopop store a mere two dollars will transport you to chocolate nirvana via its divine cinnamon-infused Mexican pop.

Now that we have economized on food, we can splurge on dinner at one of the promising new restaurants opening early this year in the Triangle. I predict these four will be with us for the long haul.

**Revolution,** just opened in downtown Durham and a stone’s throw from the new Durham Performing Arts Center, is designated a “VIP” restaurant. The former executive chef of Il Palio, Jim Anile and wife Teresa, have struck out on their own with a new concept located in the renovated old Baldwin’s Department store. Anile describes his style as “contemporary global cuisine” reflecting his experience cooking in luxury hotel and resort kitchens from London to Thailand, as well as his Italian family heritage.

Projected to open this month at 308 W. Franklin St., Chapel Hill, **Cypress on the Hill** will bring another upscale fine dining establishment to the block occupied by Lantern and Elaine’s. Co-owned by Johnny McCallus and Executive Chef Alex Gallis, the venue promises Southern contempo-
rary cuisine with Mediterranean touches. Gallis, a Durham native, trained at Charleston's Johnson and Wales, then apprenticed in the kitchens of Magnolias and Fish before moving back to his hometown. After two years at Acme, he became Chef de Cuisine at Magnolia Grill before leaving this spring to open his own place.

The new Parisian-style brasserie in North Hills, Coquette, is the latest in the stable of the Urban Food Group, owned by Kevin and Stacey Jennings. Rob Bland, a Culinary Institute of America graduate, was recruited as chef de cuisine. "In Bland we found someone whose entire career has been devoted to classic French cooking," says Jennings. The new chef's experience includes cooking at Bistro de L'Etoile Lauriston in Paris and at New York's Brasserie Les Halles. Bland and the Group's Executive Chef Jeremy Sabo have produced a menu of French dishes that are "delicious and have stood the test of time for a reason," according to Jennings. Having tried Coquette's monkfish pot au feu, coq au vin, rabbit rillettes, among other delights, I can vouch for Bland's skill and intuitive esprit de France.

Master Baker Lionel Vatinet, owner of Cary's popular La Farm Bakery, has garnered dozens of international awards for baking over the years, the latest for "best raisin bread in the US." This spring, Vatinet and his wife Missy will fulfill their dream of expanding La Farm with a European-style café. Customers will now be able to sit comfortably and treat themselves to Vatinet's handcrafted breads anytime — croissants for breakfast, tartines at lunch and soups, salads, cheese, charcuterie plates, and pizzas well into the evening — with an appealing French wine list.

NIBBLES

The Umstead Hotel and Spa recently welcomed Paul Kellum as the new chef of Herons, and we look forward to tasting his offerings. A Virginia native, Kellum attended the Culinary Institute of America at Hyde Park and has worked at esteemed eateries including Philadelphia's Morimoto and New York's Restaurant Daniel. A recent sample of Kellum's appetizers showcased the talents of the young chef Herons' menu prices create high expectations, and Kellum may be just the right man to meet them. Former Herons Chef Phil Evans is working on plans to open his own restaurant in the Triangle in 2009. Metro will keep you posted.

Cooking classes at A Southern Season in January will feature local celebrity chefs Andrea Reusing (Lantern), Brian Stapleton (former chef of Carolina CrossRoads) and Fred Thompson (prolific cookbook author and editor-in-chief of the new Edible Piedmont magazine). Check the schedule at www.southernseason.com.

Bloomsbury Bistro joins many Triangle restaurants offering weeknight specials. Dinner for two is available with three courses for only $50 Mondays through Thursdays. According to Chef/Owner John Toler, "It is the same great food you have come to count on over the years at about half the price."

For a sumptuous northern Italian lunch or dinner with attentive service, try the new Posta Tuscan Grille in the Marriott convention center in downtown Raleigh. The new restaurant is owned by Gianni and Marco Betti, former proprietors of Antica Posta, one of Atlanta's most prestigious Italian restaurants. For menus and wine dinners, link to www.postatuscangrille.com.

Jibarra, Raleigh's first upscale Mexican restaurant — formerly located on Six Forks Road, plans to open at its new location in the historic Depot downtown Raleigh at 327 W. Davie St. early this year. Jibarra's new concept will include a menu of small plates for casual grazing. Watch for opening date at www.jibarra.net.

Tickets are available now for the Triangle Wine Experience, the region's premier wine event featuring tastings, dinners, a gala and a fine wine auction. All proceeds go to the Frankie Lemmon Foundation, a nonprofit organization dedicated to the education and support of children with special needs. To find out more, log on to www.trianglewineexperience.org.
RALEIGH/CARY

18 SEABOARD — 18 Seaboard Avenue, Suite 100 Raleigh. 861-4318; www.18seaboard.com. Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff’s warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

42ND STREET OYSTER BAR — 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clam service available. Lunch M-F; Dinner seven nights a week.


THE ANGUS BARN — 9401 Glenwood Avenue, Raleigh. 781-2444. www.angusbarn.com. The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals — hospitality, attractive atmosphere, and value have remained the same.


THE DUCK & DUMPLING — 222 S. Blount St., Raleigh. 838-0086. www.theduckanddumpling.com. Overlooking Moore Square, this contemporary Asian Bistro is home to Chef David Mao’s unique blend of Chinese and Vietnamese cuisine. Open for Lunch: 11:30 a.m.—2:30 p.m.; M-F; Dinner: 5-10 p.m. T-Th; 5-11 p.m. Fri-Sat.

GIANNI GAITANO’S — Towne North Shopping Center, 8311 Creedmoor Rd, Raleigh. 847-8222. Wakefield Shopping Center, 14460 Falls of Neuse, Raleigh. 256-8100. Presented by the Cinelli Family, the unique environment at these three locations offers a choice of family or adult dining and authentic family recipes. Guests can enjoy an inspiring wine list and only the finest and freshest ingredients. Open for Lunch: M-Th 11 a.m.—4 p.m.; Dinner: M-Th 4-10 p.m., F-Sat 4-11 p.m.; Sun Noon-9 p.m.

GLENDOWN GRILL — 2603-151 Glenwood Ave. at Oberlin Rd. 782-3102. glendowngrill.com. Head Chef John Wright continues to add new and exciting offerings to our new Expanded Menu. Open Mon-Fri for Lunch, Mon-Sat for Dinner. Available on Sundays for Private Parties, from stand-up Buffets to sit-down Dinners.

GLOBE — 510 Glenwood Avenue Suite 103, Raleigh. 836-1811. Chefs Heath Holloman (co-owner) and Gray Modlin present a menu influenced by cuisines from all over the GLOBE, with their own twists. Choose a wine from the comprehensive list or have Henry Burgess (co-owner/sommelier) assist in a selection that will pair well with your food. ‘GLOBE...come taste a world of difference!'


MARGAUX'S RESTAURANT — 8111 Creedmoor Rd. Ste. 111, North Raleigh. (919) 846-9846. At Margaux’s, every experience is new. It’s the relentless pursuit of innovation. Chef Andy Pettifer prepares a menu that will pair well with your food. “GLOBE...come taste a world of difference!”

MIDTOWN & BAR 115 — 4421-115 Six Forks Road, Raleigh. 782-WINE. www.midtownandbar115.com. Recognized as one of the “Best Places for a Power Lunch,” by Metro Magazine, Midtown offers the experience of a New York bistro and bar in the heart of Raleigh’s new midtown. Enjoy metropolitan cuisine and distinctive wines served by a professional wait staff. Lunch and Dinner Mon-Sat. Bar 115 open until midnight Thurs-Sat.

THE MINT RESTAURANT — 219 Fayetteville St. Raleigh. 821-0011. www.themintrestaurant.com Tues-Sat. 6 p.m.-10 p.m. The Mint in downtown Raleigh offers contemporary fine southern dining with global influences. Executive Chef Jeremy Clayman presents new and exciting culinary combinations paired with The Mint’s unforgettable service standards.

NINA'S RISTORANTE — 8801 Leadmine Rd., Raleigh. 845-1122. www.ninasristorante.com. Vibrant flowers, paintings and hand-crafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan Cuisine that is heavy on flavor and light on the ingredients, Wine Spectator Award of Excellence 2000-2006. Hours of operation M-Sat. 5-10 p.m.


THE PITT — 328 W. Davie St., Raleigh. 890-4500. www.thepitt-raleigh.com. Country meets city with down-home barbecue offered as a gourmet meal to be savored. Featuring legendary pitmaster Ed Mitchell’s authentic NC pit-cooked barbecue, complemented by creative, seasonal appetizers and sides. Enticing beer and wine selection. Open for Lunch 11:30 a.m.—5 p.m., M-F; Dinner 5-10 p.m., M-Th; 5-11 p.m. Fri - Sat.


SECOND EMPIRE RESTAURANT & TAVERN — 330 Hillsborough St., Raleigh. 829-3643. Visit Web site online at www.second-empire.com. Located in the historic Dodd-Hindsdale House. Offering elegant upstairs dining, as well as the lighter fare menu and casual atmosphere of the tavern. Winner of the DiRoNA Award, AAA four Diamond Award & the Wine Spectator Award.

SHERATON RALEIGH HOTEL — The Grove Café - 421 South Salisbury Street, Raleigh. 834-9900 Located on second floor of the Sheraton Raleigh Hotel, serving Breakfast, Lunch, and Dinner in an open atrium atmosphere. The cuisine is American Continental, serving a daily Breakfast & Lunch Buffet, and a complete menu for all day dining. Also enjoy live entertainment on Wednesday nights in The Bar.
RESTAURANT GUIDE

BEYOND THE TRIANGLE

AQUA — 214 Middle Lane, Beaufort, NC 28516. 252-728-7777. www.aquaexperience.com. "Aqua's urban chic décor whets the appetite for sophisticated, internationally inspired food... On all counts, Aqua was an exceptional dining experience." Moreton Neal in Metro Magazine June 2005. Open for dinner: Thurs.-Thurs. 6 p.m., Fri. & Sat. 5:30 p.m.


BLUE MOON BISTRO — 119 Queen Street, Beaufort. 252-728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues.-Sat.

CAFÉ ZITO — 105 South 11th St., Morehead City. 252-726-6676. www.cafezito.com. Be delighted by the creative cuisine at this neighborhood restaurant. Chef Baptiste Kaven offers a tantalizing menu of local favorites influenced by the Mediterranean. Located in a historic downtown home, enjoy dining inside or on the porch.


Interesting Year For Wines:

RED OUTSELL WHITES; NEW CONTAINERS; SPECIALTY SHOPS EMERGING

What a year! Early in 2008 we were flying high from rising gas prices to the stock market. In the fourth quarter, we plunged into a recession (we hope nothing worse) that will last well into this new year — and undoubtedly will affect the global wine market.

It was an interesting year for wine in many respects.

Several milestones were celebrated in 2008 by some of America's most notable wineries. Trefethen Vineyards in Napa Valley celebrated its 40th anniversary. One of the foremost estates of California's modern era, Trefethen made its name initially with graceful, well-balanced Chardonnays. The 1976 Trefethen Chardonnay won Gault-Millau's top award for its 1976 Chardonnay. Still a producer of sought-after Chardonnays, Trefethen has become increasingly known for deeply concentrated ageworthy red wines, such as the Hillside Cabernet Sauvignon and the excellent red blend HaLo.

Gundlach-Bundschu, one of Sonoma's oldest wineries, celebrated its 150th anniversary in 2008. Still family controlled, with Jeff Bunchschu at the helm, G-B produces solid reds and balanced whites from their large estate in Sonoma Valley, the Rhinefarm Vineyard. Highly recommended: Gundlach-Bundschu Merlot, Cabernet Sauvignon and Pinot Noir, $25-35 a bottle.

Wente Vineyards, another venerable name in California wine, was founded 125 years ago in Livermore Valley east of San Francisco Bay. I have strong and affectionate memories of Karl Wente, the handsome and soft-spoken grandson of the founder; he reminded me of my own father. Wente steadily evolved over its 125 years, from the days when Wente Grey Riesling was perhaps the best-selling white varietal in the US — to today, with the fifth generation in charge producing excellent Merlot, Syrah and Cabernet Sauvignon. A destination if you're in the Bay Area, known for its excellent restaurant and golf club.

TRENDS IN PROGRESS FOR 2009

AND BEYOND...

Red Over White
Red wine sales outpaced whites — 121 million cases to 118 — for the second year in a row. From 1976 to 2006, white wines outsold reds, in some years by a very large margin. The shift back to red is largely due to scientific studies showing the health benefits of drinking red wine. This trend will hold and likely grow this year. And wine drinkers will of course be looking for the best bang for their buck.

Values in red wines for 2009:
Pressures on pricing will undoubtedly lead to something of a wine glut, so be on the lookout for markdowns in all categories and stock up.

Malbec:
Though limited production of reserve-style Malbecs can fetch $45 and more, Argentina's best-known red offers excellent value in the $10 to $15 range. Solid, meaty Malbecs are great for grilled meats. Recommended: Graffigna, Colombé, Gascon, Trapiche, Terrazas.

Spain:
Terrific reds from Spain continue to spill into the US — Garnacha, Tempranillo, Monastrell — from Spain's copious production in Navarra, La Mancha, Ribera del Duero. Not to forget Rioja, which offers some of the most food-friendly wines at affordable prices, such as the 2006 Lorinon, Conde de Valdemar, El Coto, Campo Viejo Reserva 2004.

South of France:
2007 was an outstanding vintage in the southern Rhône, but 2006 had warm friendly flavors too. Look for reds from Côtes-du-Rhône, Côte du Ventoux, Corbières, Costières de Nimes.

EMERGING WHITES:

Austria:
If you haven't tried crisp, piquant Grüner Veltliner, Austria's unique white wine, this may be the year for it as Asian and fusion cuisines continue to gain popularity. Grüner Veltliner (groon-er velt-liner) is drier than Riesling or Pinot Gris, fuller in flavor than Pinot Grigio and a great match with Oriental flavors. Appealing by itself, too. There are many good ones. Specially recommended: Laurenz V 2007 Singing Grüner Veltliner, $13.

Austria also produces outstanding Riesling in styles off-dry to lightly sweet to very sweet.

 OTHER TRENDS:

SPECIALT Y WINE SHOPS ... are popping up in the Triangle. As with such well-established leaders as The Wine Merchant in Raleigh, Chapel Hill Wine Company and Wine Authorities in Durham, the emphasis is on individual service and hand-picked wine selections.

3 Cups (wine, coffee and tea) has attractive new digs in Chapel Hill's Village Gate shopping center between Highways 15-501 and Franklin Street (near Whole
The wine selection is not large, but it is thoughtful and well-focused. Very attractive buys in the $12 to $18 range. Tasting flights are offered daily at varying price levels. Check out Devil's Corner 2006 Pinot Noir from Tasmania, $14.99. Complete inventory is online at www.3cups.net. You can place an order online, and they will have your bottles ready for pickup and payment at your convenience.

Brandy Wine Cellars, Renaissance Center across from Southpoint Mall (www.brandywinecellars.com). Brandy Wine reminds me of Spain's bodegas, as wine bars and wine shops are known there. Attractive recessed stucco niches line the walls, stacked with black metal shelving filled with intriguing wines. A horseshoe-shaped bar in the center and an area of high-table seating proves inviting at the shop's frequent specialty tastings.

In an effort to reduce their “carbon footprint,” more companies are turning to alternative packaging: boxes, plastic bottles, even cans (from Australia, where else?). It's the consumer's call, of course, but I will have none of this! I only drink wines shipped in glass bottles — and only drink them out of genuine glass, whether tumblers or stemmed glasses, since it is my belief that alcohol beverages leach synthetics out of plastic containers and possibly aluminum cans. Though beer is served in cans, wines have more alcohol than beer — by a lot, double or more the amount.

I also find that the taste and aroma is negatively affected, especially aroma, a major aspect of the enjoyment of wine. Granted, those who start out drinking wine from cans or plastics probably won't notice a difference — but they don't know what they're missing!

The advance I do applaud in wine packaging is the move by Fetzer Vineyards' to lighter glass — real glass but thinner, reducing bottle weight by 16 percent for its value line, Valley Oaks Merlot, Pinot Noir, Sauvignon Blanc and other wines. Fetzer has won several eco awards for being a leader in waste reduction, water conservation, recycling and other sustainable practices.

Best wishes for the New Year — may it abound with good bottles and good friends to share them.

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A NEW LOOK AT THE SIXTIES

by Arch T. Allen

"If you remember the sixties, you weren't there." That statement, attributed to godfather-of-the-'60s Timothy Leary, as well as to child-of-the-1960s Robin Williams, refers to the hallucinogenic haze that distorts some memories of the decade. Through that haze, however, many people who were there do remember the decade, although with different memories. With his '60s radical heart still beating to the decade's music, Todd Gitlin recalled it romantically in The Sixties: Years of Hope, Days of Rage (1987). In contrast, former '60s radicals Peter Collier and David Horowitz recalled it with horror in Destructive Generation: Second Thoughts About the '60s (1990). Whatever the memories, impacts of the decade continue. As explained by Roger Kimball in The Long March: How the Cultural Revolution of the 1960s Changed America (2001), the '60s "did not end when the last electric guitar was unplugged at Woodstock."

In The Sixties Unplugged, historian Gerard DeGroot looks at the '60s "unplugged, free of the amplifiers, synthesizers and filters that hide imperfection and distort meaning." Too young to have been plugged-in during the '60s, DeGroot is old enough now to be a detached scholar of the decade. Thus, DeGroot undertook "the history of a decade, not an idea," while for others the idea of the '60s is an ideology defined by faith. Separating facts from that faith, he concludes that the '60s "lacked coherent logic" and that the prevailing narrative of the decade as idealistic ignores many inconvenient facts.

In his "kaleidoscopic history of a disorderly decade," he gives his reinterpretation of the era by, as the book's subtitle suggests, turning his kaleidoscope so that a new pattern emerges. Some examples: DeGroot turns the kaleidoscope from the prevailing pattern that defines the decade through the song "Give Peace a Chance" to a new pattern revealing that "The Ballad of the Green Berets" was a bigger seller. Similarly, in the prevailing pattern the leftist Students for a Democratic Society (SDS) is prominent, but the new pattern shows that SDS was outnumbered by the conservative Young Americans for Freedom. SDS is portrayed in the prevailing pattern as having advocated equal rights for women, but that image is belied by DeGroot's exposure of SDS leader Tom Hayden's arrival at an SDS rally demanding that a young woman wash his dirty laundry. At another rally, when a young woman took the stage to advocate women's rights, the mostly male crowed shouted, "Get her off the stage and f*** her." And DeGroot exposes the hallowed San Francisco "Summer of Love" as a mass rape of young, drugged-out teenage runaways from Middle America.

Even facts we knew before DeGroot turned his kaleidoscope become clearer through his lens. He clarifies how the heroic and nonviolent civil rights movement gave way to the black power movement and the hedonistic and murderous Black Panthers. The student free speech movement morphed into rebellion on campus, where college presidents capitulated to student demands made under the mantra, borrowed from a LeRoi Jones poem, "Up against the wall, motherf***." Peaceful protests of the Vietnam War were usurped by subversive violence at the Chicago Democratic Convention. Soon to follow the '60s "days of rage" were the Weather Underground's terrorist bombings of the Pentagon and the Capitol.

We Americans remember the '60s mainly for the early civil rights movement, Martin Luther King's "I Have a Dream" speech in 1963, the assassination of President John F. Kennedy in 1963, the expanded American involvement in Vietnam beginning in 1965, the assassinations of Martin Luther King and Robert F. Kennedy in 1968, and Woodstock in 1969. But DeGroot, an American who is a professor of modern history in Scotland, reminds us of the international aspects of the '60s. His kaleidoscope refocuses to include worldwide events, including Mao's Communist Cultural Revolution in China, "Rudi the Red's" attempted communist revolution in West Berlin, leftist student riots in Paris, and disaffected communist protesting in Prague for "socialism with a human face." While across America and Western Europe as socialism and rock music inspired many '60s youth to reject capitalism and parental authority, in Prague their counterparts heard not the liberating beat of rock music but the intimidating roar of Soviet troops and tanks sent to save the communist order and suppress any hope of "socialism with a human face."

Sixties youth "worshiped Dylan, Che, Lenin and Lennon," DeGroot explains, and he uses the music of the decade to illustrate his points. He interprets John Lennon's "Revolution" as meaning that Lennon did not want violent emulation of Mao's Cultural Revolution, while he notes that Mick Jagger's "Street Fighting Man" was inspired by Jagger's having thrown stones at a riotous protest. While the '60s music plays on, DeGroot leaves to his readers whether his kaleidoscopic interpretations should be "incorporated into a fresh synthesis or simply ignored."
They should not be ignored. Although he concludes that the decade was "an era of magnificent futility," he adds that there were some significant consequences. Prominent among them, and certainly a consequence unintended by the '60s radicals, was the political rise of Ronald Reagan and Margaret Thatcher. And the '60s cultural revolution, as critic Kimball observes, "lives on especially in our educational and cultural institutions, and in the degraded pop culture that permeates our lives like a corrosive fog." In our higher education institutions, dominated for decades by "tenured radicals" from the '60s, American college students became, in historian Alan Charles Kors' words, "the victims of a generational swindle of truly epic proportions." Helping perpetuate that swindle is tenured radical Bill Ayers, who emerged from his Weather Underground terrorist past as an education professor. Ayers, a self-described "small-c communist," now preaches socialist revolution as "education reform."

As the '60s live on, DeGroot's unplugged and kaleidoscopic history helps us understand the decade. But to unscramble the code of its remaining secrets, another looking glass must be focused on the decade's "movement" for socialist revolution by studying the effects on the "movement" of Soviet "active measures" — insidious efforts to undermine America and other Western countries from within — or as Bill Ayers' wife and fellow terrorist Bernadine Dohrn put it, from within "the belly of the beast."

We know from recent histories that Soviet active measures were extensive. Former Soviet KGB general Oleg Kalugin, who defected and is now an American citizen, has acknowledged (including an appearance at the 2003 Raleigh Spy Conference) that Soviet Communists pumped millions of dollars into active measures to promote socialist revolution in America. In Ayers' memoir, Fugitive Days (2001), he obliquely mentions "mother country radicals here in the heartland" who directed the "movement." Ayers' words are clearly euphemisms for Soviet agents in America. Yet, while much has been written about the '60s, the history of active measures and their effects on the "movement" remains to be written. Fortunately, a former CIA agent is working on such a book. It will likely show the '60s in yet another light.

The '60s and the Vietnam War

The Vietnam War defined the '60s for many, and The Sixties Unplugged looks back upon the war among other events of the decade. But DeGroot earlier published a fuller account of his assessments of the war, A Noble Cause? America and the Vietnam War [1999]. Although DeGroot may be viewed as a revisionist regarding his history of the '60s, he is orthodox in his view that America's massive involvement in Vietnam was a mistake.

In contrast, Mark Moyar reaches provocatively unorthodox conclusions in Triumph Forsaken: The Vietnam War, 1954-1965 [2006]. Drawing on new evidence, including materials from the communist side, Moyar rejects the orthodox view that American involvement was wrong and unjust. Moyar will follow Triumph Forsaken with another volume dealing with post-1965 events in the war. Moyar's history, published by Cambridge University Press, is an expansion of studies he undertook for his dissertation while earning his doctorate at Cambridge.

Briefly Noted

The '60s and the Vietnam War

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Each month of our 10th Anniversary year, Metro will highlight a different "vision" feature along with great content Metro readers have come to expect. We will cover each of the Triangle cities as well as Eastern North Carolina and the coast. Other features include special coverage of our MetroBravo Awards, a Real Estate Guide, Medical "vision", Fashion, Cultural Review, Education and a special Writer's Review Collectors Edition.

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Clancy & Theys Construction Company, a general contractor and construction manager based in Raleigh with offices in Newport News, VA, and Wilmington, NC, has become a partner in Camp Challenge, a project of the North Carolina Bankers Association that teaches low-income children financial literacy; reading, writing and speaking skills; character development; citizenship; conflict resolution; leadership and entrepreneurship. Go to www.ncba.com or www.campsertoma.org for more information.

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The Competitive Enterprise Institute is challenging the tobacco Master Settlement Agreement (MSA) in federal district court on the grounds states failed to obtain Congressional approval for the deal under Article I, Section 10 of the US Constitution. The agreement was signed 10 years ago this month by 46 state attorney generals and major tobacco companies imposing a $250 billion hidden tax on smokers and set up a cartel between the states and big tobacco without any elected official openly taking responsibility. Go to www.cei.org to learn more.

• • •

American League All-Star Josh Hamilton, who returned to baseball after missing four seasons with drug and alcohol addictions, has started Triple Play Ministries. Hamilton will host a series of baseball camps for children ages 12-18, providing tips on batting, fielding and base running, while encouraging young people to make good choices in life through his message about "people, places and things."

The goal for 2009 is to donate up to $80,000 to Arise Africa in Uganda to help complete the second phase of an orphanage to house 50 homeless children. Contact tripleplayministries@yahoo.com for more information.

• • •

The NC Coastal Federation and Emerald Isle Realty are sponsoring "Protecting Our Threatened Landscapes," a photo contest calling for shutterbugs to submit a digital photo of the place they most want to see protected along the North Carolina coast. First prize is $500 for the first-place winner, with finalists published in the 2009 State of the Coast Report. The contest is open to photographers 18 and older. Deadline for submitting photographs is April 15. For more information, rules and an entry form, visit www.nccoast.org.

• • •

Linda Pierce Isley has established LPI Events LLC with offices in Clemmons, NC, and Raleigh providing destination management services including teambuilding activities, tours, ground transportation, themed events, event branding and entertainment.

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Sajith M. Wickramasekara and Andrew Y. Guo, both seniors at the North Carolina School of Science and Mathematics in Durham, won the team category of the National Finals of the 2008 Siemens Competition in Math, Science & Technology. The two will share a $100,000 scholarship for their research that helps easily identify and improve new chemotherapeutic drugs. The team's project combined traditional genomics with computational modeling to streamline the gene discovery process. Their project is titled, "A Functional Genomic Framework for Chemotherapeutic Drug Improvement and Identification."

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The Women's Networking Forum event — "Lipstick, Pantsuits and Politics" — held at the Raleigh City Museum in November included Dr. Barbara True-Weber, professor of history and political science at Meredith College; Laura Leslie, state political reporter at NC Public Radio; Dr. David McLennan, professor of communication and political science at Peace College; and political consultant Gary Pearce. The event was sponsored by the law firm Hunton & William LLP. For more information on the forum, contact jayme.burnett@fleishman.com.
REVERSAL OF FORTUNE

Frankly, I'm furious after paying property taxes with rates and valuations raised during the real estate spike. Now home prices are down significantly as we suffer through an economic collapse you'd expect in a banana republic or an African kleptocracy. It's as if the socialists have come back to win the day riding the wave of grossly unfair tax increases that will make government employees the highest paid middle class workers in America – and on the backs of the productivity of the citizens they allegedly serve. How's that for irony? We now really do work for a government that rarely works for us.

Relatively speaking, Zimbabwe could be faring better economically than our so-called Western democracies in the wake of the big meltdown. But at least in the former British-run Rhodesia there is only one Mugabe. The deranged African crook is mortal and surely will pass away, but in the US our schools are breeding thousands of graduates looking to be care-givers for the government or petty criminals heading for Wall Street. Granted, we haven't suffered a cholera outbreak now inflicting Zimbabweans, but our "provider" society and the cutpurse and their criminal conspiracies in finance continue to infect the common weal as the current economic pandemic continues to wobble searching for a bottom.

Those howling in the wilderness of the coming consequences might as well have been eating locusts and wearing loincloths for all the attention they received. Who was listening were the money-changers in the temple of a medium-sized country to feed the banks. Instead banks haven't been lending to customers and lent it out to other local customers. You are misinformed.

All the king's men and the all the king's horses are trying to put the splat from Humpty-Dumpty's fall back together again, but success is spotty. Hell-bent to save the industry, it makes better sense than dish the corrupt unions who actually control the administration and company in this country.

Even Mugabe who thought he knew how to run things was forbidden to lend money for centuries. As if that wasn't enough, the same crowd - and others - were making illegal bets with other people's money with credit default swaps, basically a gambling operation outlawed 75 years ago in which fast and loose executives make a market out of betting on the demise of stocks, new issues and insurance claims. The icing on the corrupt cake is made of executive salaries in the financial sector that would embarrass even Mugabe who thought he knew how to steal money - until he heard of the obscene amounts burgled by our crowd.

All the king's men and the all the king's horses are trying to put the splat from Humpty-Dumpty's fall back together again, but success is spotty. Hell-bent to save the system first, the Feds have gorged up more cash than the Gross Domestic Product of a medium-sized country to feed the banks who are supposed to feed the system with credit to jump-start the economy. But the banks aren't lending, and they aren't saying what they are doing with our money. Of course banks haven't been lending to customers in the conventional sense in 15 years anyway, a shock I'm sure to federal financial officials and the White House – but not to the majority of Americans who can't land a 90-day note. No, banks have been nabbing deposits and new investor money willy-nilly and then leveraging deposits 30 to 1 and acting like an investment bank – ie. Lehman Brothers (RIP) by trading in global investment interests. And you thought banks took in deposits from local customers and lent it out to other local customers. You are misinformed.

Instead of lift-off to recovery, the "bail-out" has left the rocket on the launch pad all gassed and nowhere to go. Banks are holding dollars our financial grandees proffered (derived from our taxes), the stock market is looking more like a Keno Board than an investment option, interest rates are so low no one can save money (and whatever happened to compound interest anyway?) and the cash you place in a bank is a deteriorating asset eroded by inflation anyway. And underneath any option the dazed citizens chooses there lurks some of the sleaziest and incompetent financial manipulators since the Italian bankers of the Renaissance.

In other words, you can't trust anyone anymore. And now you we see why Christians were forbidden to lend money for centuries. Money made off money – when there is no tangible product created – creates an immoral edifice of greed and unethical behavior. At least the auto makers actually produce something, yet our financial elite stated firmly the "bail-out" was for financial institutions only. While we don't want to save the Detroit 3 just to protect the corrupt unions who actually control the industry, it makes better sense than dish our money to the felons who have disrupted and distressed just about everyone – and person and company in this country.

And as I wrote before, why aren't the Wall Street crooks, the Fannie Mae and Freddie Mac profiteers and the complicit elected government officials hauled up before a televised Congressional hearing like the Kefauver Committee of the 1950s that exposed organized crime to the world? The mafia seems like wayward children compared to the crime syndicate that brought down the greatest economy in history – and kept most of the money for themselves.

NOTES FROM LA-LA LAND

Thanks to the News & Observer for their series on the scandal at the parole division where incompetency served as an accomplice to the death of UNC student body president Eve Carson. Has anyone been fired? (Read commentary by Bernie Reeves in his Between Issues columns at www.metrone.com.)
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Humorous, poignant, probing and suspenseful, Moving Midway follows a real-life family commotion that swirls around one of America’s most contested and controversial icons: the Southern plantation.

New York film critic-turned-filmmaker Godfrey Cheshire returns home to North Carolina and finds that his cousin Charlie Silver proposes to uproot and relocate the family ancestral home - Midway Plantation - to escape urban sprawl. Cheshire also comes across history professor Robert Hinton, who reveals that his grandfather was born a slave at Midway.

As Cheshire and Hinton explore the plantation mythology embodied in our cultural history - from Uncle Tom’s Cabin to Gone with the Wind to Roots - Charlie meanwhile follows through on the Herculean feat of hoisting Midway several miles across a forbidding landscape. But this event’s drama leads to an even more startling surprise: the discovery of 100 African-American cousins that Cheshire and Silver never suspected.

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