

NEW RAIL TRANSIT PLANS • METROBRAVO PART 2 • DURHAM RENAISSANCE

From the Triangle to the Coast

Metro

M A G A Z I N E

Raleigh
Research
Triangle
Eastern
North
Carolina

AUGUST 2008

\$3.95

www.metroinc.com



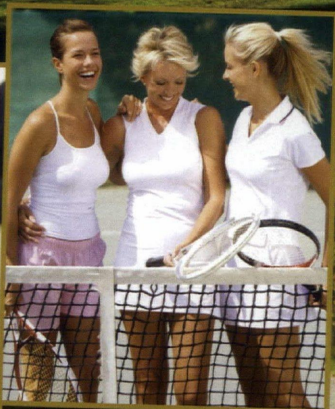
MOVING MIDWAY

A Documentary by
Godfrey Cheshire

A Southern Plantation in Transit:
Raleigh/Triangle Premiere September 19



Five Star Living in the Triangle



HASENTREE®

Featuring a Tom Fazio golf course,
Family Activity Club and
over 6 miles of nature trails,
Hasentree is a destination unto itself.

Custom Homes & Golf Villas
Now Available from the
\$800,000s to over \$5 Million*
Homesites from the
\$350,000s to \$1 Million*

**Ask about our special purchase incentives.*

7213 HASENTREE CLUB DRIVE
WAKE FOREST, NORTH CAROLINA
919.229.2070 • 866.430.7470

www.hasentree-nc.com



CREEDMOOR PARTNERS
Creating A Legacy Of Luxury Neighborhoods



Obtain the Property Report required by Federal Law and read it before signing anything. No Federal agency has judged the merits or value. If any, of this property. This is not intended to be an offer to any state or other jurisdiction where prohibited by law, unless registered in accordance with applicable law.

AUDUBON



When the Moment Means Forever...



Estate Edwardian
Platinum 2.20 ct.



Maija Niemanis Italian Designed
18K Gold approx. 3.00 ct.



Christopher Designs
Crisscut®



Estate Antique Cushion Cut
3.30 ct.



Chad Allison | Designs



Princess Cut
Tension-Set Diamond 1.00 ct.



ELIZABETH LOCKE JEWELS



Estate Victorian Diamond and
Emerald Platinum approx. 1.50 ct.

Elaine Miller Collection

Antique, Contemporary or Custom Design — Let Our Expert Staff Make Your Dreams Come True
Diamonds, Pearls and Fashion Accessories

The Lassiter at North Hills
919.571.8888

4421-109A Six Forks Rd
www.elainemillercollection.com

Raleigh NC 27609
Mon-Sat 10:00 am-6:00 pm

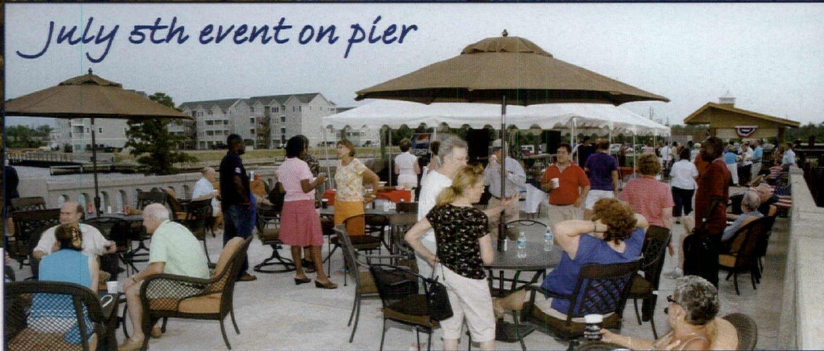
Come and see us at...

Wharf Landing

Waterfront Living & Marina



July 5th event on pier



Photos by Debra Waff

*Join us
for a
Lifetime of fun*

Wharf Landing
Waterfront Living and Marina

1.800.783.8289 + 252.482.1601

www.wharflandingedenton.com



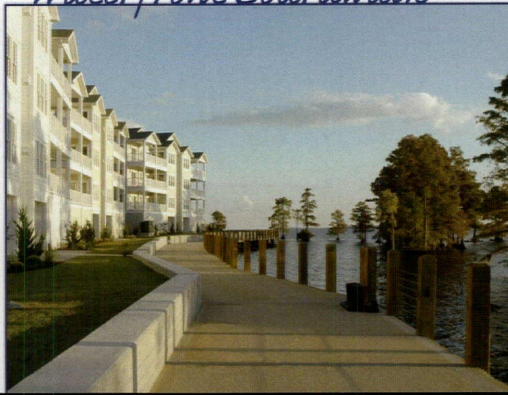
Development & Realty



*Oyster Bar and Grill
Coming Soon*



Waterfront Boardwalk



Deep Water Marina



Cling. Cling. Cling.

*May I have
your attention
please?*

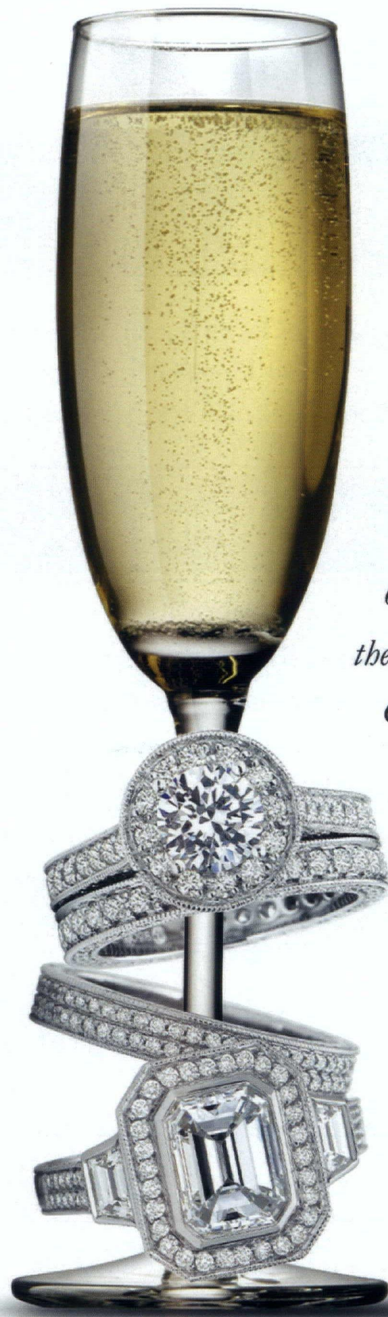
*Thank you Metro readers.
We are very grateful for
all the honors we received
in this year's 2008
METROBRAVO!
AWARDS. For over
60 years, Bailey's has been
the destination for Jewelry and
Gifts. We will always strive to
exceed your expectations....
One Bailey Box at a time.*

FIRST PLACE ~ Wedding Rings

FIRST PLACE ~ Designer Jewelry

FIRST PLACE ~ Watches

FIRST PLACE ~ Pearls



BAILEY'S
FINE JEWELRY

Every Woman Wants A Bailey Box

RALEIGH'S CAMERON VILLAGE . 919-829-7337 . TOLL FREE: 866-725-3111. ROCKY MOUNT & GREENVILLE.



The Official Jeweler of your Carolina Hurricanes

888-868-9653 HAYWOOD COUNTY

WWW.WOLFCREEKRANCHNC.COM



Living in Wolf Creek Ranch reminds you
of the old John Fogerty tune,
"Doo Doo Doo Lookin Out My Back Door."

... GOING SOMEWHERE? ...

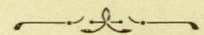
From your back door you can hike the adjacent
Pisgah National Forest; fly fish Hurricane Creek;
ride horseback from the community barn into
the Great Smoky Mountains or easily drive into
Asheville, NC, over to Knoxville, TN,
or stop in quaint Waynesville for dinner.

Or, you can do nothing at all.

For more information or a personal tour,
please contact at 888-868-9653.



*Lace up
your boots and
set off on the
Appalachian Trail.*



*Have peace of mind
that your
favorite spot
will always be there.*



WOLF CREEK RANCH

... START HERE - GO ANYWHERE ...

This is not an offer to sell or a solicitation of an offer to purchase in any state where
prohibited by law or where registration requirements have not been met. WOLF-0872



Belk®

GEM CANDY

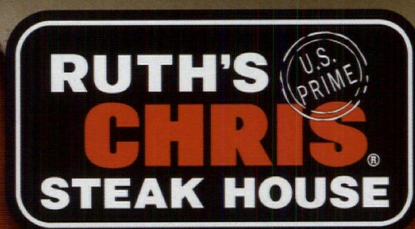
Bright, oversized stones
are gathering delicious
new attention

KENDRA SCOTT

Earrings, 70.00
Necklace, 165.00
Cuff, 175.00

AVAILABLE AT CRABTREE VALLEY MALL

the best rewards ARE
ENJOYED ONE BITE AT A TIME.



CARY | THE ARBORETUM AT WESTON | 919.677.0033

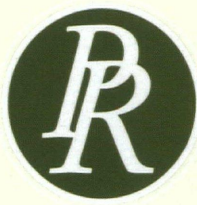
RALEIGH | NORTH HILLS | 919.791.1103

WILMINGTON | HILTON WILMINGTON RIVERSIDE | 910.343.1818

THE SIZZLE BEGINS IN 2008

SOUTHPOINT - DURHAM | RENAISSANCE CENTER AT SOUTHPOINT | OPENING THIS FALL

WWW.SERIOUSSTEAKS.COM | VALET PARKING AVAILABLE



Peete River Farm

luxury lakefront living

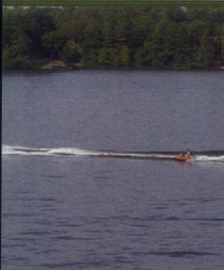


Lake Gaston's newest premier waterfront community.

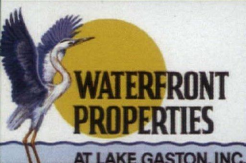
Choose a gentle rolling site on Hawtree Creek or a main lake site offering spectacular views of Lake Gaston.

Great location convenient to either the Triangle area or Richmond via I-85.

Homesites priced from the mid \$300's and over.



www.peeteriverfarm.com



1698 Eaton Ferry Road, Littleton, NC 27850 ■ 888.586.8811 ■ 252.586.7600 ■ wplakeinfo@earthlink.net

Peete River Farm homesites sold through Waterfront Properties. A Clyde Harris and John E. Williams Development.

MORE BITE THAN BARK

The dog days are barking. Sure it's hot some days but there's plenty of rain, no drought and the schedule of events around here hasn't slowed to the usual sweltering crawl.

And traffic, alleviated a bit with school summer recess and high gas prices, continues to increase as the region grows. The answer to the problem is easy: build more roads and improve the main thoroughfares.

STAC is and what it purports to do. You decide if it makes sense, if you can comprehend the interlocking entities involved, and if the benefits outweigh the costs, especially if our roads continue to be neglected in the rush to have a rail system — whether we need it or not.

Raleigh and Durham have drifted apart since the salad days of Triangle identity in the 1980s. Durham has removed itself

building into a creative mixed-use project. Diane Lea sojourned to Durham and comes back impressed with Rothschild's vision and the new excitement for the future she sensed in Durham's burgeoning center city.

With many area residents remaining closer to home to avoid the high price of airfare and gasoline, it's an opportune time to visit and partake of the offerings of the winners of our MetroBravo! Awards. You can refer to last month's Part 1 while perusing the categories in Part 2 in this issue. Be sure to congratulate the winners and get out there and enjoy the offerings right under your nose. And that includes the always interesting coast. Check out the last installment of Coastal Preview and News in this issue, then head on down to get away from the heat and explore and relax and enjoy.

And what is summer without ice cream? Moreton Neal divulges the secret for the perfect treat, while Barbara Ensrud goes wild for wines from Washington State, noting the parallels to our own developing viticulture. Carroll Leggett returns to the art of barbecue, a Tar Heel pastime practiced even more on summer trips Down East. Art Taylor suggests new offerings from Clyde Edgerton and Margaret Maron for pleasurable beach reading when you finally arrive.

Louis St. Lewis takes an interesting angle on the travails of First Lady Mary Easley and her recent trips to Europe and Russia; Philip van Vleck meets a blues singer who earned her spurs; and Jim Leutze recommends renting and cooking for yourself while abroad.

Metro's quarterly Medical Report examines the worry expressed these days about the alleged side effects of vaccines. Rick Smith tracks down the experts who say inoculating children is safe — and necessary.

As the old song goes, see you in September with a an installment of Southern Style and a special feature on one of North Carolina's most famous writers — largely ignored until now.

—Bernie Reeves, Editor & Publisher



The Jewish Heritage Foundation of North Carolina (JHFNC) is telling its story in a multimedia project, "Down Home: Jewish Life in North Carolina."

But planners and political activists block this obvious solution by constantly throwing up obstacles to new highways to push for rail transit. Cars mean neighborhoods, which they label as "sprawl." They are intent on rearranging the aesthetics of the region by replacing shady cul-de-sacs with high-density development along "transit corridors."

The Triangle Transit Authority dropped their rather grandiose rail plan, but sure enough there is another entity ready to go: the Special Transit Advisory Committee (STAC) dedicated to spending hundreds of millions on another transit scheme. Writer John Suddath spent months delving into the labyrinth of rail planning and funding and presents the clearest account I've seen anywhere explaining just what

from the old Raleigh-Durham Metropolitan Statistical Area, leaving Raleigh-Cary on its own. I lamented this briefly, remembering my days founding the weekly *Spectator* and *Triangle Business Journal* as catalysts for regional growth. Back then each city (and Chapel Hill) needed the other to create urban critical mass. Today, Raleigh has grown far past Durham, and the Bull City didn't feel it could thrive in the Capital City's shadow. Now, I think growing apart is helping the Triangle cities grow back together in a healthy and newly defined fashion.

A daring example of the new era for Durham is Andy Rothschild. He is helping to transform downtown Durham with innovate real estate projects, most notably the renovation of the old Golden Belt

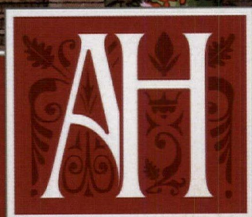


Bière blanche belge originale. Anno 1445.



The Original Belgian White Beer.

Featured
Cape Fear
Heritage Home
by Red Star Construction

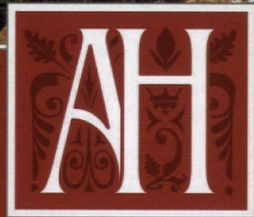


AUTUMN HALLSM

Lot 38 • 5412 Old Garden Road

Red Star's gorgeous home on lot 38 features large bay windows and well appointed porches. This home is just across the street from Edisto Park and is short stroll to Arbor Park, Chapel Park, Dungannon Village and the Autumn Hall trail at The Glen Pond.

For more information, visit AutumnHallWilmington.com or
call 910-799-8755 • 866-799-8755



AUTUMN HALLSM

Wilmington's New Town Center

Where every home is a short bicycle ride to Wrightsville Beach
and a short walk to one of our eleven parks.

AutumnHallWilmington.com

These materials and the features and amenities described and depicted herein are based upon current development plans, which are subject to change without notice. No guarantee is made that the features, amenities and facilities depicted by artists' renderings or otherwise described herein will be provided, or, if provided, will be of the same type, size or nature as depicted or described. The development of this community is expected to take many years and the development plan will likely be modified from time to time to respond to varying market conditions and changes in circumstances. The developer reserves the right to modify or abandon the plans for the development described or depicted herein at any time without notice. This is not intended to be an offer to sell nor a solicitation of offers to buy real estate in Autumn Hall by residents of states where registration is required prior to any offer being made or in any other jurisdiction where prohibited by law. Obtain the Property Report (if and when applicable and required) required by Federal law and read it before signing anything. No Federal agency has judged the merits or value, if any, of this property.



EDITORIAL

Rick Smith *Senior Writer*
Emily Keveryn *Copy Editor*
Dan Reeves *Assistant Editor*

Contributing Editors

Arch T. Allen *Books*
Barbara Ensrud *Cork Report*
Molly Fulghum Heintz *Style*
Diane Lea *Design*
Jim Leutze *Editor-at-Large*
Carroll Leggett *Columnist*
Moreton Neal *Gourmet*
Louis St. Lewis *Artist-at-Large*
Art Taylor *Fiction*
Philip van Vleck *Music and Video*

DESIGN

David Gough *Art Director*
Kathy Johnson *Graphics Associate*
Sean Byrne *Graphics Associate*
Kinsley Dey *Photographer*

ADVERTISING

Katie Reeves *Vice President of Sales and Marketing*
Karla P. Appleby *Senior Sales Representative*
Katie Poole *Director of Special Events*
Maury Jefferson *Special Events Assistant*

SALES REPRESENTATIVES

Catherine M. White *Sales Representative*
Kimberleigh Ward *Sales Representative*

ADMINISTRATION

Cyndi Harris *Office Manager*
Mary Ward Boerner *Events Editor*

INTERN

Emma Keim

Metro Magazine LLC

1033 Oberlin Road, Suite 100
Raleigh, NC 27605

Mailing address

P.O. Box 6190, Raleigh, NC 27628
Phone: 919-831-0999 Toll-free: 800-567-1842

Fax: 919-831-0222

Email: emails@metronc.com

Subscription: \$18 one year

Postmaster send address changes to
Metro Magazine, LLC

P.O. Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC
Published twelve times a year
Audit applications submitted

ARTICLE REPRINTS AVAILABLE

Contact Glenn Benton at
Quick Color Solutions, Inc.,
919-868-8742.

www.metronc.com

©2008 Metro Magazine, LLC
ISSN 1529-4404

METRO MAGAZINE (ISSN # 1529-4404)
is published monthly at \$18 per year by
Metro Magazine, LLC, PO Box 6190, Raleigh NC 27628
POSTMASTER: Send address changes to
METRO MAGAZINE, PO Box 6190,
Raleigh NC 27628.



EXPERT OUTED

Last month there was an Associated Press story never printed in either *The News & Observer* or the *Durham Herald-Sun* about Saami Shaibani, who testified for the prosecution in the Michael Peterson trial. He was exposed by defense attorney David Rudolf as a sham for having falsified information on his résumé.

The big news in the AP story was that the Wisconsin Supreme Court overturned a conviction of a man accused of killing his wife by drowning her in a toilet. He thought she committed suicide as she had lots of drugs in her. The chief expert for the prosecution was Shaibani. When the Supreme Court overturned this conviction, it opened the possibilities for 40 others also serving long sentences based on convictions from testimony from Shaibani, not such an expert after all.

Most convictions were in Virginia, but some were in South Dakota and other states. But in the *Associated Press* article, the Peterson trial was noted by name as being the time Shaibani was outed. For the local papers to say nothing was extraordinarily odd since they both jump at chances to publish news like Peterson being in trouble for having too many stamps.

Joan Miner
Durham

SORRY JACK

Looking through the July 2008 issue of *Metro* containing Part One of the MetroBravo! Awards, I couldn't help but notice that the winner of the bourbon category was, of all things, Jack Daniel's. Come on fellas, you phoning this in or what??

Jack?? Lordy be, we might as well have had the Kickin' Chicken in there as well, maybe some Old Grandad? There are far better bourbons out there my friends, and anyone in any of the finer restaurants you listed would tell you the same.

JE Warren
Raleigh

EDITOR'S NOTE

This happens every year. Readers send in bal-lots listing Jack Daniel's as a bourbon. Sorry.

OBAMA'S EYES

I wonder about the assessment by Bernie Reeves in My Usual Charming Self in the July 2008 issue of Barack Obama's chances for leaving Denver with his party's nomination; nil, he

said. While I don't necessarily disagree with him on this and, in general, agree with the supporting thoughts he offers to back up his prediction, I think, perhaps, that like many, we have just a tendency to underestimate the electorate.

I think the Democratic Party might do the same thing and nominate someone else for just the reasons you've stated, but there's something about this Obama guy ... something intangible that's related, I think, to a sense that the man is not talking out of his hat. Sure, he mouths platitudes and rhetoric pledging to solve problems that won't get solved under his administration (or any other administration for that matter). Sure, he plays dodge ball with the truth sometimes, but what politician doesn't?

The needs and realities of getting elected turn candidates into mechanical dolls, trying to be sure that when someone pulls their voice box strings for a comment they don't say anything that's going to alienate anyone.

I sense in him a native intelligence that fights the bull every day in every way he can. You can see it in his eyes when a question or comment he wants to make is tempered (frustrated) by a realization that at this particular time or that particular place, he'd better keep his mouth shut because the truth would not serve him well.

As president of these United States, however, I can see him as a deeply honorable man, with a sense of what's right on both a personal and political level and a much reduced willingness to put up with things than his candidacy allows him. I haven't experienced this intuitive sense of a "good man" trying to be president in a long time. And it's something, I suspect (hope?), that the electorate senses about him as well. I like to think that a lot of us voters out here are not the dummies that the pundits like to think we are and that we can, in fact, sense intangible things that we bring with us to the voting booth.

Tough being a 59-year-old idealist in the 21st century, but like Obama, I fight the bull every day.

Skip Maloney
Wilmington, NC

LIBBA EVANS STRIKES AGAIN — IN BEAUFORT

It should be of particular interest to *Metro* editor Bernie Reeves as he himself has written an editorial concerning the administrators of the NC Department of Cultural Resources.

Secretary Libba Evans and her henchmen and henchwomen are at it again, and folks in Carteret County aren't happy about what is being done to the North Carolina Maritime Museum, more specifically to the now "former" director, Dr. David Nateman.

The same administrators who were responsible for the ousting of Betsy Buford, former director of the NC Museum of History, are continuing their vendetta. In mid-July, Secretary of Cultural Resources Libba Evans, Deputy Secretary of Archives and History Jeffrey Crowe and Chief Deputy Secretary of

Arts and Libraries Staci Meyer made moves that would suggest a demotion for Director Nateman as he was made curator of special programs and directed to leave his office at the museum in Beaufort for an office in Morehead City.

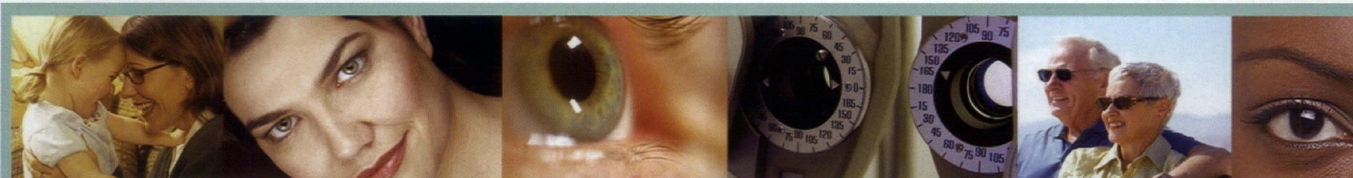
Did Nateman do anything illegal, immoral or unethical? Of course not, had he done so he would have been fired.

During the six years of his tenure, Nateman has done everything possible to operate the NC Maritime Museum as best he can under the circumstances thrust upon him by

these officials. Like everyone, Nateman has a family to support and a reputation to maintain. I wrote the governor (as did many other supporters) on Nateman's behalf in January 2007 when this began, and the governor did nothing. It is my sincere hope that Gov. Easley will look into this matter now before the work and reputation of another dedicated state employee is destroyed.

*Jane Wolff, Retired
Morehead City, NC*

*Public Information/Volunteer Coordinator
North Carolina Maritime Museum*



World class care. Personal service. Just Around The Corner.

The doctors of Eye Care Associates have been
serving North Carolinians for 30 years providing:

Comprehensive Eye Exams • Treatment for Eye Injuries • Distinctive Eyewear • Sunglasses
Contacts • Glaucoma & Cataract Care • Laser Surgery Consultation • Senior & Pediatric Vision Care

 **Eye Care Associates®**
VISIONARY

With offices throughout the Triangle, Sandhills and Wilmington,
we're close to where you live, work and shop.

Call (919) 863-20/20

www.EyeCareAssociatesNC.com

We accept most major vision insurance plans including CIGNA Healthcare,
Blue Cross and Blue Shield of North Carolina, Spectera & Superior Vision.

 **vsp**
Network Doctor

NOW
ACCEPTING
RESERVATIONS

CLOSE TO HOME FAR FROM ORDINARY



COME HOME TO THE CARDINAL

Home is where the heart is. Especially when it comes with all the conveniences you'll find in North Hills. An extraordinary, full-service retirement community, The Cardinal will offer an array of elegant residences, fine restaurants, and a blend of luxury and essential shopping at your doorstep. All this and world-class health and wellness services provided by Duke University Health System.

THE CARDINAL AT NORTH HILLS

To select and reserve your residence at Raleigh's newest luxury retirement community, call our sales center today at 919-781-2021. Be among the first to call The Cardinal home.

Residences starting from the \$300,000s.


Visit www.thecardinalatnorthhills.com to view floor plans.

NORTH  HILLS

LIVE | WORK | SHOP | DINE | PLAY | STAY | RENEW

The Cardinal is a project of



 Duke University Health System



Features

- 22 The Longest-Running Game in Town**
Special Transportation Advisory Committee
Recommends New Rail/Transit Plan for Triangle
- 25 MetroBravo**
Reader favorites for 2008
- 44 Medical Special Report**
Fear of Vaccines Unwarranted
- 51 Design**
Andy Rothschild's Vision for Downtown Durham
- 57 Coastal**
News and Events on our Coast



18



25

DEPARTMENTS

- 8 Introduction** More Bite Than Bark
- 12 Correspondence** Reader Feedback
- 18 Secrets of State** Somerhill Opening, *Moving Midway* Premieres, New Tom Joyner Book, NC Jewish Heritage, MS Dinner, Piedmont Laureate Named, Wake Schools Progress Charted
- 64 MetroPreview** Summer's Grand Finale
- 68 Artist-at-Large** Envious of Easley Trip
- 70 Between You and Me...** Barbecue "Joints" and Homemade Pie
- 72 Gourmet** Frozen Pleasures



JEREMY M. LANGE

51

- 74 Restaurant Guide**
- 76 Style** Fashion News
- 78 On the Town** Social Event Coverage
- 79 Editor-at-Large** Rent Your Way Around Europe
- 81 Cork Report** Great Wines Out Yonder in Washington State
- 83 Books** New Tales from Clyde Edgerton and Margaret Maron
- 85 PvV** Earning the Blues: Robin Rogers
- 88 My Usual Charming Self** Buchanan on Churchill: The Axeman Cometh

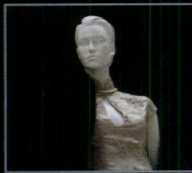


The Third Annual

*Direct from London
via New York City —
the Fabulous Puppini Sisters*



*Stay tuned for
monthly announcements of
additional entertainment
and celebrities!*



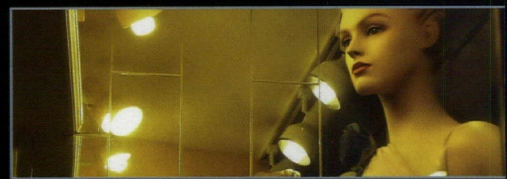
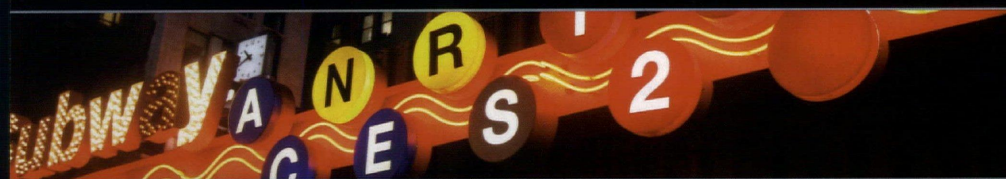
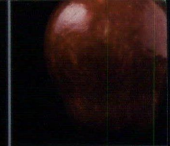
From the Triangle to the Coast
Metro
MAGAZINE

*Saks
Fifth
Avenue*

A portion of the proceeds from this event will benefit The Tisch Brain Tumor Center at Duke Medical Center and The Raleigh Fine Arts Society



Celebrating Fashion and Art



The
MANNEQUIN
BALL

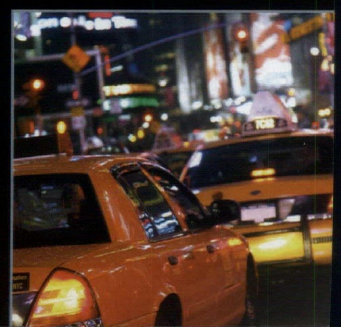
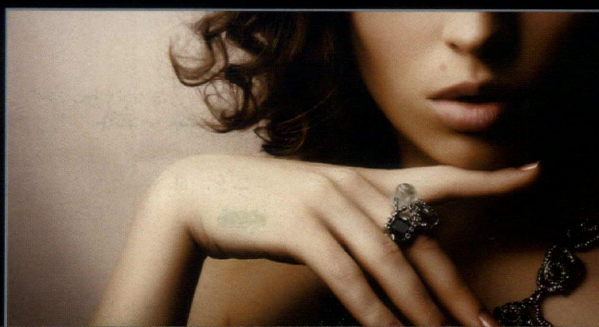


A Twist of the Big Apple.

November 22, 2008
at the new

Raleigh Convention Center

For more info call
Metro Magazine at 919-831-0999.



SECRETS OF STATE

Elegant Opening at Somerhill

The art world was out in force to celebrate the newest reincarnation of Joe Rowand's



Somerhill Gallery in a new space in Durham's Venable Center on Roxboro Road during the weekend of July 11-12. A standing room only crowd filled the sleek new halls on Saturday and chatted over cocktails about the beauty of the space (designed by Phil Szostak) and the tall ceilings.

But the real party was the night before, when Rowand pulled out the stops to entertain the crème de la crème of Triangle society with a glamorous dinner party in the new gallery space. All the right names were there: Reynolds Price, Tom Kenan III, Larry Wheeler, Georgia Kyser, Betty Kenan, Mrs. Bill Burns and of course the grand dame of Durham, philanthropist Mary Duke Biddle Trent Semans, a staunch supporter of the arts who played a key role in the development of the NC School of the Arts.

Somerhill artists were in attendance as well, including featured artist Richard Pratt and gallery favorite Carol Bechtel. All in all a grand weekend to celebrate the new look for one of the Triangle's most venerable galleries. **MM**

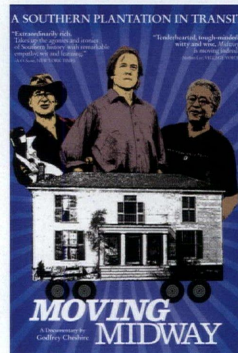
— Louis St. Lewis

Moving Midway Premieres in Raleigh

Following two openings in New York City, Godfrey Cheshire's acclaimed film *Moving Midway* — hailed by *The New York Times* as "an extraordinarily rich documentary, which takes up the agonies and ironies of Southern history with remarkable wit, empathy and learning" — premieres in Raleigh Sept. 19 at

the Rialto Theater in Five Points, with additional screenings in Chapel Hill and Cary.

Moving Midway examines plantation life, race issues, family bonds and the mythic capability of film to define the culture of the South as Cheshire's family's plantation in Eastern Wake County is physically moved to make way for development along the Interstate-540 corridor. As events and discoveries unfold during the making of the film, audiences are captivated by the authenticity and drama of a real life look at the South — with several surprises.



Cheshire, who has become a noted film critic in New York City, has created a unique documentary described as "tenderhearted, tough-minded, witty and wise" by *The Village Voice* — and it all happens right here in Raleigh.

Go to www.movingmidway.com for more on the film and the Raleigh premiere. **MM**



PRESTONWOOD COUNTRY CLUB 54 HOLES OF CHAMPIONSHIP GOLF

300 Prestonwood Parkway
Cary, North Carolina 27513

For Membership or Catering Information:
(919) 467-2566 or www.prestonwoodcc.com

*Private party rooms
available for all occasions*

Residency in Preston not required for membership.

New Payment Plan: Pay your initiation fee over
5, 10, or 15 years with no interest.

Radio Man Tom Joyner Tells It Like It Is In New Book

Tom Joyner is still in the area memory bank from his days in the mid-'90s as the host of his own afternoon call-in program on 680 WPTF-AM. But Joyner's real day job was buying and selling radio stations. His stint at WPTF was between acquisitions, including his last station in this market, Oldies 100.7, now under chain ownership and calling itself The River — adhering to the new programming culture that names stations for hunting dogs or vacation destinations.

Joyner retired for the umpteenth time and decided to write an autobiography called *In Black And White* in reaction, he says, to a book and other fulminations by "the other Tom Joyner," an angry black man who uses the radio to hate whitey and generally trash the United States. But our Tom Joyner addressed race issues anyway many times on his radio show, along with center right and sometimes far right positions on hundreds of issues.

The book makes it clear that Joyner comes by his beliefs the hard way: he earned them. His childhood was a condition to overcome more than an environment for character growth. He establishes his race bona fides via one of his mother's sisters who had a "black child" among her brood of six — all fathered by men other than her sterile husband who agreed to the arrangement. Joyner grew up side by side with his black cousin and learned early on the hurts and slights of racism — and the depressing reality of poverty. He vowed to rise above his status and applied himself doggedly to making money in radio.

The first half of the book is dedicated to his life and career and the second to a few dozen political and social issues that have hardened into a belief system. In between is the harrowing decline of radio that Joyner laments — although he was a fairly big factor in the result as he pounced on FCC rules that opened up opportunities for him to buy and sell stations and flip them to the omnivorous chains that have pretty much ruined radio. He is back in the business today with five stations and a Muzak franchise in Decatur, IL.

You can order copies of *In Black And White* for \$16.95 plus \$3 shipping by writing Tom Joyner, 415 Wayfield Lane, Cary, NC 27518. **MM**

— Bernie Reeves

NC Jewish Heritage Celebrated

For more than 300 years Jews have called North Carolina home. Now the Jewish Heritage Foundation of North Carolina (JHFNC) is telling its story in a multimedia project, "Down Home: Jewish Life in North Carolina." The program will include a documentary film, an illustrated book, a school curriculum and a traveling museum exhibition that will tour the state's metropolitan areas.

Former Gov. James B. Hunt Jr. serves as honorary chairman of the \$1.25 million campaign to create "Down Home."

The state's Jewish story — much of it untold — offers a centuries old example of how an immigrant people can become citizens and neighbors while preserving their identity as a distinct people. It begins with Joachim Gans, who arrived on Roanoke Island in 1585, and includes pioneers such as the Mordecai and

2008 NORTH CAROLINA

Muscadine Festival

Featuring
The Embers, The Drifters
& more than 20 wineries!

Join us in celebrating the heritage of the nation's first cultivated grape at the Duplin Events Center in Kenansville

Saturday, September 27th

10 am: Festival begins with wine tasting and vendors

12 pm: The Embers

3:30 pm: Key Lime Pie

6 pm: Shag Contest

7 pm: The Drifters

Tickets available at Ticketmaster
\$20 in advance, \$25 at the gate
Children 6-20: \$5 - Children 5 & under: Free

Children activities, educational seminars, food and craft vendors, farm implement exhibit, chef cooking demonstrations, amateur wine making contest, and more.



PARTICIPATING WINERIES:

- Amber Crest Winery • Autumn Creek Vineyards • Bannerman Vineyard
- Benny Parson's Rendezvous Ridge Winery • Biltmore Estate Winery • Chateau Laurinda Vineyards
- Chatham Hill Winery • Childress Vineyards • Country Squire Winery • Creek Side Winery
- Cypress Bend Vineyards • Dennis Vineyards • Duplin Winery • Hinnant Family Vineyards
- Lake James Cellars Winery • LuMil Vineyards • Lumina Winery • Old North State Winery
- Rock of Ages Winery • Rocky River Vineyards • A Secret Garden Winery • Stonefield Cellars • Stony Mountain Vineyards • Weathervane Winery • J. Wesley Vineyards... and more!

PO Box 175 • Kenansville, NC 28349

www.muscadineharvestfestival.com • 910-290-1530

Sponsors – Scuppermong, Magnolia, and Carlos Levels









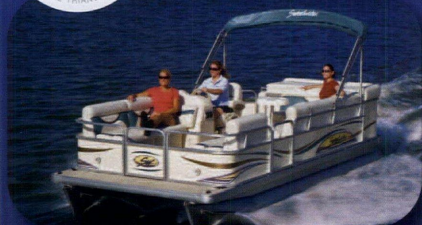


CHATLEE

OVER 250 BOATS IN STOCK!



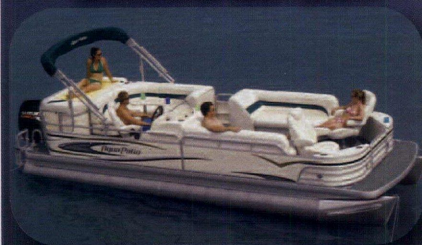
Thank You Metro Readers
for voting us 1st Place:
Best Place to Buy a Boat
- 3 years in a row!



A Boat for Your Lifestyle. SALT, SKI,
PONTON and DECK BOATS IN STOCK!



2008 Clearance Going
on NOW — lowest
prices of the year!



www.chatleeboats.com

919.775.7259

Hwy 1 South | 2615 Jefferson Davis Hwy
Sanford, NC 27330

Powered by



Weil families.

Communities formed in antebellum times included German-Jewish immigrants who arrived to peddle and open stores. Some, like the Cone family of Greensboro, NC, became major industrialists. East European Jewish immigrants arrived in the thousands just as North Carolina was emerging as an industrial leader of the New South. Peddlers spread across the countryside, and merchants opened stores in the downtowns of budding mill and market towns. Jews settled from Manteo to Murphy. Today, Jewish peddlers, storekeepers and industrialists have yielded to Jewish doctors, scientists, professors and entrepreneurs.



The "Down Home" film, produced by Emmy-Award winning filmmaker Steve Channing, will debut on Oct. 12 at the Museum of History in Raleigh. Additional screenings are scheduled for Oct. 19 in Greensboro and Feb. 22, 2009, in Charlotte. Tickets for all events are available by contacting JHFNC Director of Operations Will Grossman (919-668-5839 or wgrossman@jhfncc.org).

The exhibition is scheduled to open in April 2010 and will tour Charlotte, Raleigh, Greensboro, Wilmington and Asheville. The University of North Carolina Press will pub-

lish the "Down Home" book. The school curriculum is estimated to reach 1.5 million children.

For more information on "Down Home", contact the JHFNC Web site at www.jhfncc.org. **MM**

— Leonard Rogoff

GlaxoSmithKline Chief To Host MS Dinner

Christopher Viehbacher, president of North American Pharmaceuticals for GlaxoSmithKline (GSK), will chair the annual Dinner of Champions of The Eastern North Carolina Chapter of the National Multiple Sclerosis Society Sept. 4 at Prestonwood Country Club.

The dinner addresses contributions made by organizations in the health and life sciences and raises money to support the organization's Access to Health Care Fund for people affected by multiple sclerosis in Eastern North Carolina.

Visit www.ms-dinnerofchampions.org or call 919-834-0678 for more information and to make reservations.

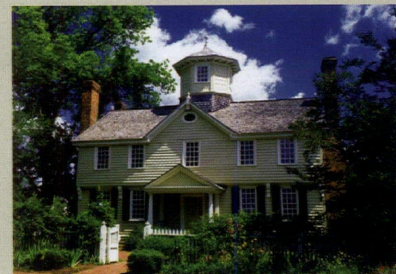
The National MS Society donates \$125 million annually to programs and services for the 1 million people with MS. In 2007, the Society invested more than \$46 million to support 440 research projects around the world. If you or someone you know has MS, contact the National MS Society at www.nationalmssociety.org or 1-800-FIGHT-MS. **MM**

Piedmont Laureate To Be Named

Applications are now being accepted for the Piedmont Laureate program, a new collaboration among four local arts agencies — the City of Raleigh Arts Commission, *continued on page 87*

Edenton's Cupola House To Celebrate 250 Years

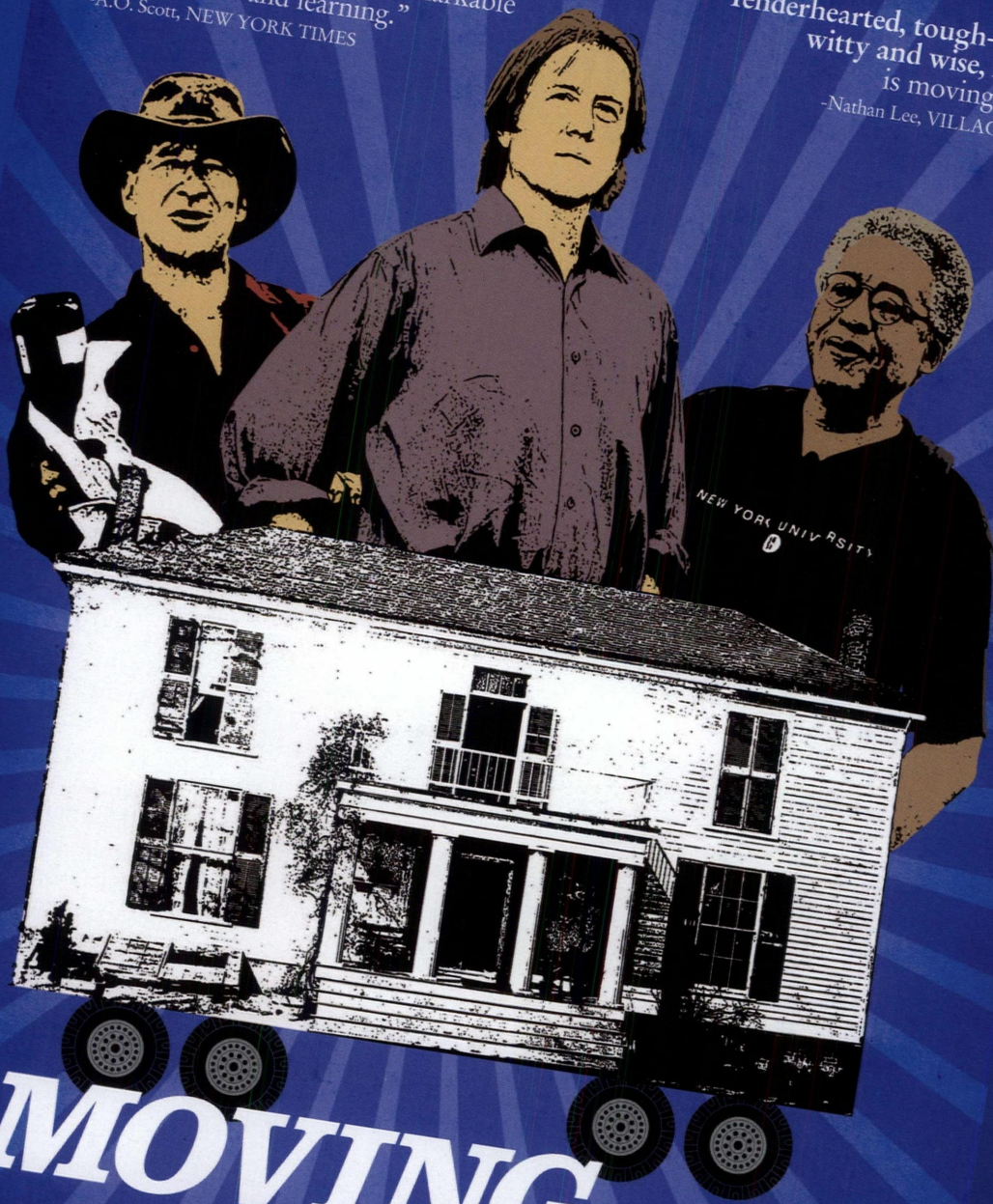
Big doings are in the planning stages in Edenton, NC, for a week-long celebration of the 250th anniversary of the historic Cupola House set for Sept. 27-Oct. 4. Vintage sailing ships will sail into port to kick off a full schedule of activities, including lectures and demonstrations on colonial art, music and maritime history; furniture displays and experts on colonial architecture; tours of historic homes, including a special visit to the Cupola House and gardens; and capped off with a gala dinner and auction. Contact Steve Lane (252-482-0283) or go to www.cupolahouse.org. **MM**



SOUTHERN PLANTATION IN TRANSIT

"Extraordinarily rich.
Takes up the agonies and ironies
of Southern history with remarkable
empathy, wit and learning."
-A.O. Scott, NEW YORK TIMES

"Tenderhearted, tough-minded,
witty and wise, *Midway*
is moving indeed."
-Nathan Lee, VILLAGE VOICE



MOVING MIDWAY

A Documentary by
Godfrey Cheshire

Written and Directed by GODFREY CHESHIRE
A CG FILM, IRON FILMS, WAKE DRIVE PRODUCTIONS presentation
Chief Historian/Associate Producer ROBERT HINTON
Produced by GODFREY CHESHIRE, VINCENT FARRELL, JAY SPAIN
Executive Producer R.B. REEVES
Cinematography JAY SPAIN Editors RAMSEY FENDALL, GREG LOSER
Composer AHRIN MISHAN Blues Songs by ALGIA MAE HINTON
www.movingmidway.com



Raleigh Premiere of Godfrey Cheshire's Highly Praised Film *Moving Midway*
Premieres in Raleigh Sept. 19 at the Rialto Theater, with additional screenings in Chapel Hill and Cary
Go to www.movingmidway.com for more information

THE LONGEST-RUNNING GAME IN TOWN

By John Suddath

Transportation planning is becoming the longest-running game in town. The Transit 2001 Commission submitted its report in February 1997. The Triangle Transit Authority published its proposal for 16 rail stations in January 1997. And nothing has been built yet. Aside from the usual suspects of money and politics, the inaction primarily is the result of the large number of players involved and the numerous uncoordinated plans that each has developed. Recently, the Special Transit Advisory Commission (STAC) issued a report that once again offers a grand plan for a regional multimodal system, but are politicians and the public ready to accept such a costly proposal?

Here are the principal players in the game:

- The Capital Area Metropolitan Planning Organization — sets transportation funding priorities for Wake and parts of Johnson, Franklin and Harnett counties.



- The Durham-Chapel Hill-Carrboro Metropolitan Planning Organization — sets transportation funding priorities for Durham and parts of Orange and Chatham counties.

- Triangle Transit — The Triangle's regional transit service provider, currently operating local and express bus service and van pools.

- Regional Transportation Alliance — Regional business leadership group focused on mobility issues affecting the Triangle, supported by 22 chambers of commerce and over 100 companies.

- North Carolina Department of Transportation, Public Transit Division — The division does not provide any direct services but is involved in planning and setting priorities for transit funding across the state.

- Triangle J Council of Governments — A voluntary organization of municipal and county government that provides planning, mapping, Web page design and administrative services.

- Institute for Transportation Research and Education (ITRE) — An inter-institutional research center administered by NC State University in Raleigh. ITRE conducts research, transportation workforce training programs and technical assistance.

- Special Transit Advisory Commission — A 29-member panel appointed in 2007 by the two MPOs to study transit needs and to submit recommendations.

There also are some other groups not directly related to public transit that are currently studying transportation issues:

- North Carolina Railroad — An independent state agency that owns the railroad rights-of-way from Morehead City to Charlotte and leases trackage to freight and passenger operators. It is conducting an engineering feasibility study of adding commuter rail services in the Triangle.

- 21st Century Transportation Committee — This group was established by the 2007 General Assembly to study a broad range of transportation issues, including infrastructure, funding, organization of state agencies, local options available, and setting goals and priorities for the state.

- NC Go! — A statewide advocacy group that is working to expand Highway Trust Fund flexibility and to end the annual transfers from the Highway Trust Fund to the General Fund.

The six other transit service agencies in the Triangle (in addition to Triangle Transit) are part of the MPO's Transportation

Advisory Committee and Technical Coordinating Committee. They are preparing three plans: a) the Annual Unified Planning Work Program, b) an update to the Long Range Transportation Plan that is being extended from 2030 to 2035, c) and the Transportation Improvement Program that is the actual authorization and funding document approved by the NC Department of Transportation.

If you're not confused enough by now, consider all of the politicians, political action committees, lobbyists and think tanks that are either doing studies or promoting some special interest and you begin to see the complexity of the game and the interaction of the players when there are no rules except for what the bureaucracy dictates.

AND THE DIFFERENCE IS

To cut to the chase, what's the difference in the new STAC recommendations and those of the failed TTA proposals? First, the STAC is a much broader-based constituency that brings in more people at a higher level. A large part of its meetings for the past year have been spent in thrashing out differences of opinions and interests and trying to reach some consensus. Although the basic TTA proposal of heavy rail — from Durant Road in Raleigh to the Multimodal Center in Durham — still remains, using the same corridors. A light rail system has been added from Durham to Chapel Hill following Erwin Road and US 15-501. A much higher priority has been given to expanding and improving bus services in the existing seven transit providers as the first step in providing basic local public transit. That will expand to areas that currently do not have any service, such as Wake Forest and Fuquay-Varina.

The key planning tool is a series of four detailed maps showing the 18 corridors (routes) for connector service (local bus), express bus, rail and the overall regional view including all services. Over time these maps have been marked up like a fourth-grade geography class and serve as a short-hand for the locations and the types and levels of service recommended. This is where the devil is in the details. Some are addressed in the appendices that include a section of answers to 16 frequently asked questions, and a section with a financial model and a proposal for funding the entire

series of projects for the next 25 years.

The total cost of the rail portion is estimated to be \$2.27 billion in 2007 dollars to be completed in five stages. One of the big problems in projecting costs that far out is the rising cost of land and construction materials. The cheaper version would have been to build the system 20 years ago rather than looking 25 years ahead, obviously not an option anymore.

PLAYERS AND REFEREES

So where is the opposing team in all this? The highway lobby likes to portray that spending on public transit detracts from the money available for new highway construction and maintenance. The facts are, at least as far the Feds are concerned, they are from separate funds. The new NC Turnpike Authority also is looking for some seed money to jump-start its two new projects in the Triangle that may conflict with the demands for an increase in the sales tax. One of these will be the construction of the southwestern loop of Interstate 540, which itself is controversial since the northern loop is free. Even though most of its funding will come from bonds, it still will need some up-front money. No one seems to know what the proposed southern loop of I-540 may cost, or where it may specifically go.

The field is full of referees in this game. The first call goes to the two MPOs who will vote up or down on the specific STAC recommendations. The STAC formally presented its final report and recommendations to a joint meeting of the two MPOs on May 21. The Transportation

Advisory Committees of those two organizations will meet monthly starting in June and throughout the summer to review the STAC recommendations and determine which to incorporate into its long-range plans. The meetings are open to the public who will have the opportunity to voice their comments on these recommendations. The deadline for LRTP plans is November 2008. The second call goes to the Public Transit Division of the NC Department of Public Transportation, which may or may not agree with the MPO's plans.

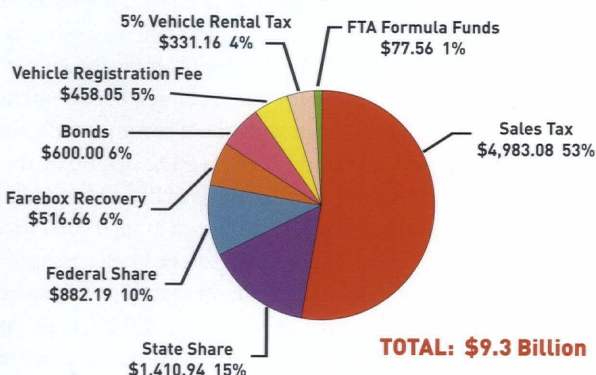
Since the STAC is only projecting for 10 percent federal funds over the lifetime of the projects, the Federal Transit Administration probably will be less of a player (or a blocker) than in the previous proposals. Then there is a whole series of sequential "plans" from all of these entities ranging from annual budget appropriations to multi-year goals that go in effect over a period of years. At least everyone finally seems to be working from the same playbook and agrees that the Triangle needs a "regional" system and not just a hodgepodge of local entities each with its own turf to protect. Judging from the meetings I have attended in recent months, there seems to be more of a genuine feeling of cooperation and less of competition than before. Maybe the Triangle is finally growing up, both literally and politically.

LET THE GAMES BEGIN

So what is the schedule for the "fall season" of these games? First, the 21st Century

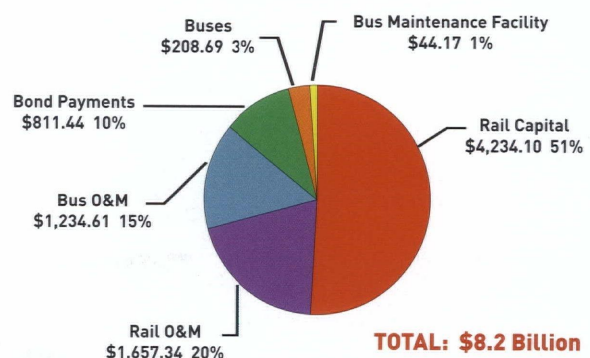
Assumed Amount of Revenues Raised, by Source, Through The Year 2035.

All amounts are inflated to Year of Expenditure. Interest on cash balances not included.
Source: Triangle Transit



Cost Elements of Regional Transit Vision Plan, Through The Year 2035.

All amounts are inflated to Year of Expenditure. No data on current bus service included.
Source: Triangle Transit





Transportation Committee is due to present its report/plan/proposal in December 2008, which will have far more broad-reaching effects both politically and in terms of total dollars statewide. It is studying highway and bridge construction and funding, as well as public transit. The

STAC study is limited only to public transit in the Triangle as assigned by the MPOs. The 21st Century Committee presented some of its recommendations to the short session of the North Carolina General Assembly (primarily a bond issue), but the major action will not occur until the 2009

session. Whoever is elected to begin terms in 2009, both at the state and federal level, also will have a significant impact on what priorities are given to transportation needs and to the Triangle specifically.

So what are the proposals of the STAC plan? They are:

- An enhanced region-wide bus network that adds new routes and improved service on existing routes based on the Mayors' 2006 Bus Expansion Plan.

- Circulators — a term that STAC uses to describe frequent local bus or trolley service in high-density areas (this is the most vague part of the proposals). Local city bus companies would provide this service.

- Rail service that includes heavy rail from Durant Road in North Raleigh to downtown Durham with light rail between downtown Durham and South Chapel Hill. The North Carolina Railroad is investigating the engineering feasibility of operating commuter rail on its rights-of-way, but it would not operate nor fund such service.

- Financing the cost of these proposals over the extended period would be through the continued tax on car rentals; a \$10 increase in vehicle registration fees; a one-half cent increase in the local sales tax; a one-time \$600 million bond issue; a contribution of federal funds to 10 percent of the total cost; a contribution of state funds to 15 percent of the total costs; and a small revenue stream from fare box fees. The systems would have to be fully built before they started producing much in terms of revenue. (See the two charts of assumed revenues and projected costs.)

People may agree or disagree with certain elements of the STAC proposals, but many public officials from all of the communities in the region invested a year of serious study in reaching a consensus and coming up with these recommendations. The public will have the opportunity to express their concerns to their Metropolitan Planning Organizations at its regular meetings. Stay tuned to see if the proposals finally materialize into action. To read the complete report, including maps and appendices, go to: www.transitblueprint.org/stac.shtml. **MM**

Frameworks

Gallery and Frame Design

LARSON · JUHL
CUSTOM FRAME THE BEAUTY OF YOUR HOME

1520 Dixie Trail, Raleigh, NC 27607
919/781-3118 phone • 919/781-6660 fax
www.frameworksonline.com

MetroBravo Awards 2008 Part Two

And the Winners Are...



PART 2 MetroBravo 2008

By Dan Reeves, Emily Keveryn and Emma Keim

FASHION/WHERE TO SHOP

MALL

Standing Ovation

Crabtree Valley Mall, Raleigh

MetroBravo

The Streets at Southpoint, Durham

Honorable Mention

Triangle Town Center, Raleigh

SHOPPING CENTER

Standing Ovation

North Hills, Raleigh

MetroBravo

Cameron Village, Raleigh

Honorable Mention

Brier Creek Commons, Raleigh

DEPARTMENT STORE

Standing Ovation

Belk, Triangle-wide

MetroBravo

Saks Fifth Avenue, Raleigh

Honorable Mention

Nordstrom, Durham



Charlotte's

GIFT STORE

Standing Ovation

Charlotte's, Raleigh

MetroBravo

Quintessentials, Raleigh

Honorable Mention

Swoozie's, Raleigh

MEN'S CLOTHING STORE

Standing Ovation

Nowell's Clothing, Raleigh

MetroBravo

JoS. A. Bank, Triangle-wide

Honorable Mention

Brooks Brothers, Raleigh

MEN'S SUITS

Standing Ovation

Nowell's Clothing, Raleigh



JoS. A. Bank

MetroBravo

JoS. A. Bank, Triangle-wide

Brooks Brothers, Raleigh

Honorable Mention

Varsity Men's Wear, Raleigh

TIES

Standing Ovation

Nowell's Clothing, Raleigh

MetroBravo

Brooks Brothers, Raleigh

JoS. A. Bank, Triangle-wide

Honorable Mention

Saks Fifth Avenue, Morrisville and Raleigh

Liles Clothing Studio, Raleigh



Varsity Men's Wear

MEN'S SHOES

Standing Ovation

Belk, Triangle-wide

MetroBravo

Nordstrom, Durham

Honorable Mention

Johnston & Murphy, Raleigh

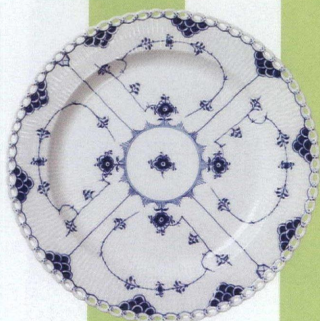
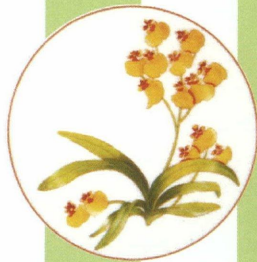
Nowell's Clothing

Growing up in Raleigh, it has always been a no-brainer where to go for proper menswear. Nowell's Clothing has always been a hallmark brand for distinguished and successful men (and later women) in Raleigh. Custom tailoring, designer brands, impeccable service and extensive variety are only a few of the positive characteristics that make Nowell's Nowell's.

Opened in 1921 by Arthur Nowell in downtown Raleigh as the Horton-Nowell Clothing Company, the store prided itself on offering goods and customer service of the highest quality.

Into the 1930s and '40s, the store, with a great deal of help from Florence Nowell, affectionately known as "Granny," the name became and remained Nowell's Clothing Store. After the end of World War II with Florence and Arthur well into their golden years, the store became the responsibility of son Gwynn. As the years went by, the Nowell family grew along with its remarkable reputation as the best clothiers in town.

Eventually moving to a spot at Cameron Village, the success of Nowell's blossomed even further, dressing generations of Raleigh natives, offering each customer professional assistance. Now located on Old Wake Forest Road, Nowell's celebrates its 86th year of business under the direction of Matt Hooper, Gwynn "Schooner" Jr. and LuBet Nowell — and still offering the best in customer service.



Quintessentials

CHINA • CRYSTAL • GIFTS • BRIDAL REGISTRY

4421 SIX FORKS ROAD, SUITE 104 • RALEIGH, NC 27609
919-785-0787 • 888-858-6944



WINNER!

STANDING OVATION
Bridal Registry
METRO BRAVO
Gift Store



KINSLEY DEY

WOMEN'S CLOTHING STORE

Standing Ovation

Vermillion, Raleigh

MetroBravo

Fleur Boutique, Raleigh and Chapel Hill

Scout & Molly's, Raleigh and Chapel Hill

Honorable Mention

Gena Chandler, Raleigh

EVENING/COCKTAIL WEAR

Standing Ovation

Vermillion, Raleigh

MetroBravo

Fleur Boutique, Raleigh and Chapel Hill

Honorable Mention

Saks Fifth Avenue, Raleigh

FUR COAT

Standing Ovation

Hertzberg Furs, Raleigh

MetroBravo

Belk, Triangle-wide

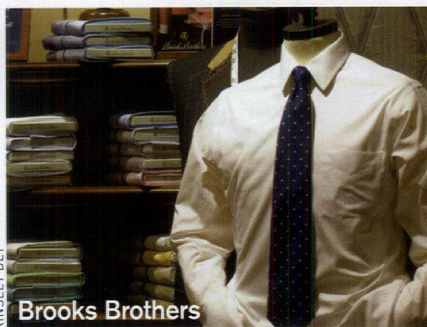
Honorable Mention

Saks Fifth Avenue, Raleigh

WEDDING DRESS

Standing Ovation

Traditions Bridal Shop, Raleigh



KINSLEY DEY

Brooks Brothers



KINSLEY DEY

Alexia's

MetroBravo

Enchanting Moments, Fuquay-Varina

Honorable Mention

Alexia's Bridal Boutique, Cary

Victorian Rose Bridals, Raleigh

WOMEN'S CASUAL CLOTHING

Standing Ovation

Gena Chandler, Raleigh



KINSLEY DEY

Cameron Clothing Co.

Jenny and Marshall Lamb of Cameron Clothing Co. at North Hills Shopping Center have been attracting women from every age group with clothes from fine designers since 1991 with their extensive collection of sportswear, daytime dresses and mother-of-the-bride attire, featuring designers such as Lafayette 148, Marisa Baratelli and Barry Bricken. Metro readers voted them not only the best place to shop for women's casual clothing, but also the best place to shop for your mother — and that includes both the mother of the bride and groom with dresses by Badgley Mischka and Chris Kole. The sales associates even send thank you notes for your purchases — something your mother would appreciate.

Lee's Tailors

Over 30 Years Experience

"Voted Best Tailor in Triangle"

by Spectator and Metro Magazine
since 1985

Alterations

Formal Wear • Bridal Gowns

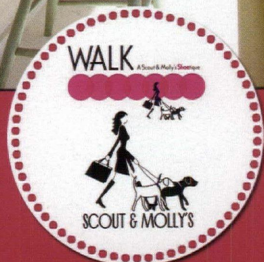
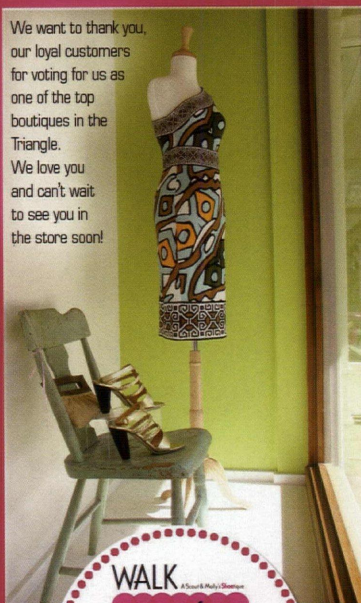
High Quality / Low Prices

Dry Cleaning

Same Day Rush Service

7365 Six Forks Rd.	919-848-0531
Crabtree Valley Mall	919-510-8380
Streets at South Point	919-806-5770
Triangle Town Center	919-792-2108
Liberty Station, Apex	919-367-0226
Plaza West Shopping Center	919-233-0708

We want to thank you, our loyal customers for voting for us as one of the top boutiques in the Triangle. We love you and can't wait to see you in the store soon!



North Hills 4421 Six Forks Road, Raleigh 919-881-0303
www.scoutandmollys.com
Raleigh Chapel Hill Greensboro



KINSLEY DEY

MetroBravo

Vermillion, Raleigh
Honorable Mention
 Fleur Boutique, Raleigh and Chapel Hill
 Cameron Clothing Co., Raleigh

DESIGNER JEANS

Standing Ovation
 Uniquities, Raleigh

MetroBravo

Nordstrom, Durham
Honorable Mention
 Saks Fifth Avenue, Raleigh

WOMEN'S SHOES

Standing Ovation
 Nordstrom, Durham
MetroBravo
 Main & Taylor, Raleigh



*Thank you,
 Metro Readers,
 for consistently voting us
 the Best Place to Buy
 Fine Linens.*



*We have a fabulous
 monogrammer!*

2031 CAMERON STREET
 CAMERON VILLAGE
 RALEIGH, NC 27605
 PH 919.828.6007
 FX 919.828.6053

WWW.LAVENDERANDLACE.NET

gena chandler

Rachel Pally	Juicy Couture
M Missioni	True Religion
Diane Von Furstenberg	Splendid
J Brand	Valentino accessories
Alice + Olivia	and many, many more!

**Bring in this ad and receive
 10% Off your purchase.**

The Alexan at North Hills ■ 919-881-9480
www.genachandler.com

- Furniture
- Accessories
- Area Rugs
- Wall to Wall Carpeting
- Interior Design Consultation

EATMANS CARPETS & INTERIORS
 8101 Glenwood Ave. • Raleigh • 919-782-6010
 M-F 9 am - 6 pm • Saturday 9 am - 5 pm

**Mina's
 STUDIO**

*Thanks Metro readers
 for voting us*

**Best Salon
 in the Triangle**

Metro '08-'07, Indy '06, Citysearch '05, Herald Sun '08,
 Chapel Hill News '08-'06, '04

Aveda • Bumble & bumble • Dermalogica

The Galleria | 400 South Elliott Rd., Ste. K
919.968.8548
www.minasstudio.com



KINSLEY DEY

Honorable Mention

Fleur Boutique, Raleigh and Chapel Hill
Monkee's, Raleigh and Chapel Hill

HANDBAG

Standing Ovation
Vermillion, Raleigh

MetroBravo

Saks Fifth Avenue, Morrisville and Raleigh
Honorable Mention
Nordstrom, Durham

LINGERIE

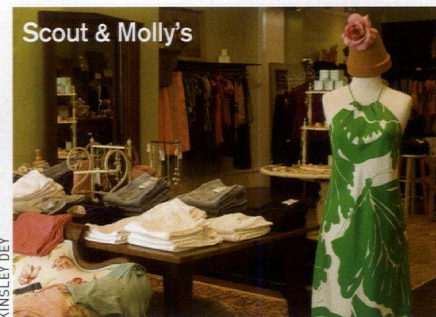
Standing Ovation
Victoria's Secret, Triangle-wide

MetroBravo

J. Alane's Fine Lingerie, Raleigh
Honorable Mention
Belk, Triangle-wide

MATERNITY CLOTHING

Standing Ovation
Cravings – A Maternity Boutique, Raleigh
MetroBravo
A Pea in the Pod, Triangle-wide
Honorable Mention
Belk, Triangle-wide



KINSLEY DEY

BATHING SUIT

Standing Ovation
Belk, Triangle-wide
MetroBravo
Gena Chandler, Raleigh
J. Crew, Triangle-wide

FURNITURE AND RUGS TO BEAUTIFY YOUR HOME.
FROM ALL OVER THE WORLD, FOR EVERY ROOM IN YOUR HOUSE.



Green Front
INTERIORS & RUGS

HICKORY CHAIR • SOUTHWOOD • STANFORD
SHERRILL • HANCOCK & MOORE
HOOKER FURNITURE • JONATHAN CHARLES
MAITLAND-SMITH • THEODORE & ALEXANDER
TAYLOR KING

Over 30,000 Square Feet of
Showroom Delights

2004 Yonkers Road
Raleigh, NC 27604
(919) 754-9754

Mon - Sat: 10 a.m. - 6 p.m.
Sun: 1 p.m. - 5 p.m.
www.greenfront.com

Honorable Mention

Nordstrom, Durham

KIDS' CLOTHING

Standing Ovation

Lamb's Ear, Raleigh

MetroBravo

GapKids, Triangle-wide

Honorable Mention

Shutterbugs, Raleigh

OUTDOOR CLOTHING

Standing Ovation

REI, Triangle-wide

MetroBravo

Great Outdoor Provision Co., Triangle-wide

Honorable Mention

Dick's Sporting Goods, Triangle-wide



Shutterbugs

BURNIE BATCHELOR STUDIO INC.

MetroBravo

Elaine Miller Collection, Raleigh

Honorable Mention

Ora Designers Fine Jewelers, Raleigh

MetroBravo

Bailey's Fine Jewelry, Raleigh and Rocky Mount

Honorable Mention

Jolly's Jewelers, Raleigh

ESTATE JEWELRY

Standing Ovation

Elaine Miller Collection, Raleigh

WEDDING RINGS

Standing Ovation

Bailey's Fine Jewelry, Raleigh and Rocky Mount



Saks Fifth Avenue

KINSLEY DEY

DESIGNER JEWELRY

Standing Ovation

Bailey's Fine Jewelry, Raleigh and Rocky Mount

Quintessentials

'Tis the season to tie the knot, which means wedding registries and wedding gifts. For brides looking for something traditional yet unique, Quintessentials, voted by *Metro* readers as the Triangle's best place for wedding registries and best gift store, has many new china patterns that help add a splash of color to area dinner tables. The newest patterns at Quintessentials include florals and geometric designs in a variety of soft and subtle or bright and bold colors, and you can select from the wide range of crystal, glassware and other giftware.

Charlotte's

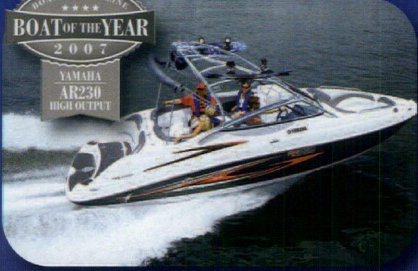
Thank you, Metro Readers for voting Charlotte's the Best Gift Store in this year's MetroBravo! Awards!

Gorgeous Art by Becca


Raleigh: Cameron Village • North Hills Mall Wilmington: The Forum

CHATLEE


OVER 250 BOATS IN STOCK!



A Boat for Your Lifestyle. SALT, SKI, PONTON and DECK BOATS IN STOCK!



2008 Clearance Going on NOW — lowest prices of the year!




CHATLEE BOAT & MARINE
SANFORD, NC

www.chatleeboats.com

919.775.7259

Hwy 1 South | 2615 Jefferson Davis Hwy
Sanford, NC 27330




KINSLEY DEY

MetroBravo
Jolly's Jewelers, Raleigh
Honorable Mention
CMI Jewelry Showroom, Raleigh

PEARLS
Standing Ovation
Bailey's Fine Jewelry, Raleigh and Rocky Mount
MetroBravo
Elaine Miller Collection, Raleigh
Jolly's Jewelers, Raleigh

Honorable Mention
Haydon & Company, Raleigh

WATCHES
Standing Ovation
Bailey's Fine Jewelry, Raleigh and Rocky Mount
MetroBravo
Fink's Jewelers, Triangle-wide
Jolly's Jewelers, Raleigh
Honorable Mention
Johnson's Jewelers of Raleigh, Raleigh

Main & Taylor
shoes bags more

Cameron Village
422 Woodburn Rd.
Raleigh, NC 27605
919.821.1556

◆ DONALD J PLINER ◆
MADE IN THE MOUNTAINS OF ITALY



Lamb's Ear

SUNGLASSES

Standing Ovation

Sunglasses Hut, Triangle-wide

MetroBravo

Saks Fifth Avenue, Raleigh

Honorable Mention

20/20 Eyeworks, Chapel Hill and Raleigh

PERFUME

Standing Ovation

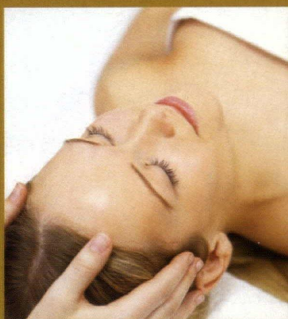
Belk, Triangle-wide

MetroBravo

Sephora, Triangle-wide



Fleur



Thanks!

for voting us one of the
Triangle's Best...

2008 Metro Bravo Awards

SKIN SENSE®

a day spa

BRINGING BALANCE TO LIFE™

Facials • Massage • Spa Boutique • Nails
Microdermabrasion • Gift Cards Available

APPOINTMENTS
919.870.0700

N. Raleigh • Cary • Brier Creek
www.skincare.com



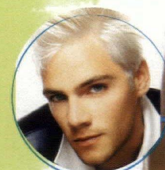
As Seen On

ABC's Extreme Makeover &
Fox's Ambush Makeover

SALON BLU



Thank you, Metro
readers, for your
votes in this year's
MetroBravo! Awards



waxing
Color Bar
Hair Design
Thermal Straightening
Makeup
Signature Treatments
Waxing
Hair Extensions

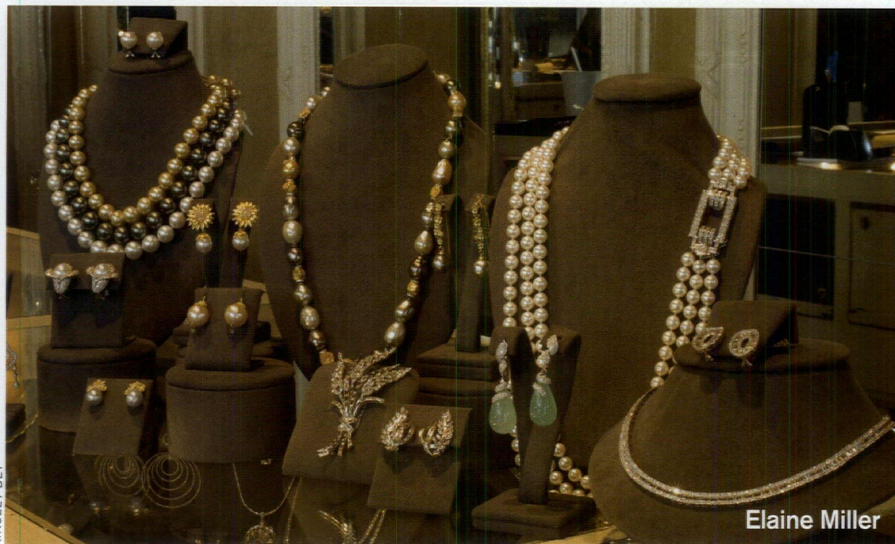
www.SalonBluHair.com

Falls Village Shopping Center
6617-103 Falls of Neuse Rd., Raleigh

919.848.0555

Alexander Place at Brier Creek
7854-115 Alexander Place, Raleigh

919.598.7666



Elaine Miller

Honorable Mention
Saks Fifth Avenue, Raleigh

"TWEEN'S" CLOTHING

Standing Ovation
Belk, Triangle-wide
MetroBravo
Be-Tween, Raleigh
Honorable Mention
Old Navy, Triangle-wide

CONSIGNMENT STORE

Standing Ovation
Revolver Consignment Boutique, Raleigh
MetroBravo
Villa Consegna, Raleigh
Honorable Mention
Stuff Consignment Boutique, Raleigh

MAKE-UP SELECTION

Standing Ovation
Belk, Triangle-wide

MetroBravo

Sephora, Triangle-wide
Honorable Mention
Saks Fifth Avenue, Raleigh

**BEST PLACE TO BUY:
CLOTHES FOR YOUR DAUGHTER**

Standing Ovation
Gena Chandler, Raleigh
MetroBravo
Belk, Triangle-wide
Honorable Mention
Vermillion, Raleigh



Gena Chandler

CLOTHES FOR YOUR MOTHER

Standing Ovation
Talbots, Triangle-wide
MetroBravo
Cameron Clothing Co., Raleigh
Honorable Mention
Tyler House, Raleigh

RETAIL

DRY CLEANER

Standing Ovation
Medlin-Davis, Cary and Raleigh
MetroBravo
Brothers Cleaners, Raleigh
Honorable Mention
Hilker's Cleaners, Raleigh

TAILOR

Standing Ovation
Lee's Tailor Shop, Triangle-wide
MetroBravo
Krystyna's Tailor Shop, Cary
Honorable Mention
Duke's Tailor, Raleigh



*Try our famous
Chicken Salad,
Reuben, Pastrami
and
Homemade Salads.*

Outside Dining Available

Cameron Village Morrisville
919-828-1428 919-462-6191
fax: 919-828-1427 fax: 919-462-6192
Cary Wake Forest
919-466-8040 919-453-1250
fax: 919-466-8020 fax: 919-455-1255

www.villagedeli.net

Save Your Skin.

Go Sunless.

Our Thanks to Metro Readers for making Physios the #1 Sunless Tanning Experience in the Triangle

Flawless Color Professionally Applied.

The Fastest Way to a 4-minute Flawless Tan

Whether you want a full-body tan, bronzed legs, or a sun-kissed face, look no further...go sunless with PHYSIOS!

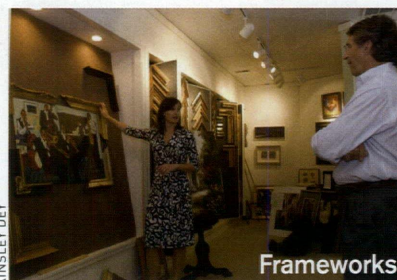
Get \$10 Off!

Mention this ad and try Sunless for only \$20!

Exclusively at

PHYSIOS

703 Tucker St., Glenwood South • 828.1080



Frameworks

DRUG STORE

Standing Ovation

CVS, Triangle-wide

MetroBravo

Rite Aid (formerly Eckerd), Triangle-wide

Honorable Mention

Walgreens, Triangle-wide

PET BOUTIQUE

Standing Ovation

Gourmutt's Bakery, Triangle-wide

MetroBravo

Wag Pet Boutique, Raleigh

La Di Dogs Inc., Raleigh

Honorable Mention

Phydeaux, Carrboro

MARINA

Standing Ovation

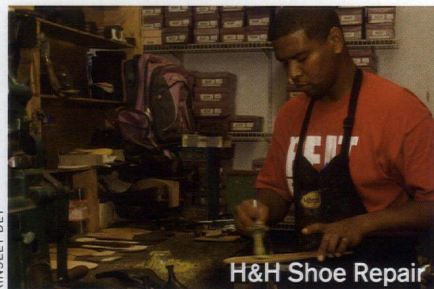
Bradley Creek Marina, Wilmington

MetroBravo

70 West Marina, Atlantic Beach

Honorable Mention

Coral Bay Marina, Morehead City



H&H Shoe Repair

BOOK STORE

Standing Ovation

Barnes & Noble, Triangle-wide

MetroBravo

Quail Ridge Books, Raleigh

Honorable Mention

Borders, Triangle-wide

WINE RETAILER

Standing Ovation

Total Wine & More, Triangle-wide

MetroBravo

The Wine Merchant, Raleigh and Cary

Honorable Mention

Seaboard Wine Warehouse, Raleigh

LINENS

Standing Ovation

Lavender and Lace, Raleigh

MetroBravo

Belk, Triangle-wide

Honorable Mention

Yves Delorme, Raleigh

GOLF EQUIPMENT

Standing Ovation

Carolina Custom Golf, Raleigh

MetroBravo

Dick's Sporting Goods, Triangle-wide

Honorable Mention

REI, Triangle-wide

PICTURE FRAMING

Standing Ovation

Frameworks, Raleigh

MetroBravo

Jill Flink Fine Arts & Framing, Raleigh

Honorable Mention

Michaels, Triangle-wide

PIANO

Standing Ovation

Hopper Piano & Organ Co., Raleigh

MetroBravo

Ruggero Piano, Raleigh

Honorable Mention

Maus Piano & Organ Co., Raleigh

STATIONERY

Standing Ovation

Frances T. King Stationery, Raleigh

18 SEABOARD

The staff and purveyors of 18 Seaboard would like to thank Metro Readers for their support in the 2008 Metro Bravo Awards.

FIRST PLACE Standing Ovation	SECOND PLACE Metro Bravo	THIRD PLACE Honorable Mention
Best Restaurant	Romantic Restaurant	Power Lunch
Best Chef	Restaurant for Special Occasions	Wine

18 Seaboard Avenue, Suite 100 | Raleigh, NC 27604 | 919-861-4318 | www.18seaboard.com



KINSLEY DEY

Kelly Odom Flowers

MetroBravo

Swoozie's, Raleigh

Honorable Mention

Herget/Taylor Fine Paper, Raleigh

CHILDREN'S TOYS

Standing Ovation

Tookie's Toys, Raleigh

MetroBravo

Learning Express Toys, Cary and Raleigh

Honorable Mention

Toys "R" Us, Triangle-wide



KINSLEY DEY

Fallon's Creative Flowers

BOAT

Standing Ovation

Charlee Boat & Marina, Sanford

MetroBravo

Cape Fear Yacht Sales, Wilmington

Honorable Mention

Boater's World, Raleigh

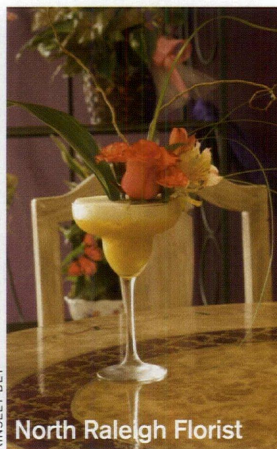
WEDDING REGISTRY

Standing Ovation

Quintessentials, Raleigh

MetroBravo

Belk, Triangle-wide



KINSLEY DEY

North Raleigh Florist

Honorable Mention

Bailey's Fine Jewelry, Raleigh and Rocky Mount

BICYCLES

Standing Ovation

Flythe Cyclery, Raleigh

MetroBravo

Performance Bicycle, Carrboro and Cary

Honorable Mention

All-Star Bike Shop, Raleigh and Cary

SHOE/HANDBAG REPAIR

Standing Ovation

H&H Shoe Repair, Raleigh

MetroBravo

Man Mur Shoe Shop, Raleigh

Honorable Mention

Chung's Tailoring & Shoe Repair, Raleigh

FLORIST

Standing Ovation

Kelly Odom Flowers, Raleigh

Flythe Cyclery

Returning from WWII, Ed Flythe established Raleigh's Flythe Sales and Service, taking over the business from his father-in-law, WC Lewis.



KINSLEY DEY

Originally serving Raleigh as a sporting goods store on Hargett Street, Ed manned the firearm and locksmith services. He later added the lawn mower and bicycle department. By this time the store, now called Flythe Sales and Service, was located on Salisbury Street.

In 1972, Skip Flythe took over the store from his father. The business was soon moved to its present location at 424 W. Peace St. As several years passed, the locksmith and lawn mower services were phased out and the business concentrated solely on bicycles, and the name was officially changed to Flythe Schwinn Cyclery. Keeping Flythe as the dependable, family-operated, go-to bike shop is now in the process of falling into the able hands of Skip's son Winn. For 60 years now, area bikers, from certified racers to kids just taking off their training wheels, have faithfully depended on Flythe Cyclery to provide the best in equipment, knowledge and friendly service.

North Carolina's
First LEED Designed
Restaurant

(Leadership in
Energy and
Environmental
Design)

MEZ
CONTEMPORARY
MEXICAN

Conveniently located
between Raleigh,
Durham, Cary and
Chapel Hill at
Page Road
(Exit 282)
in RTP

- Fresh Local Ingredients
- Contemporary Mexican Cuisine
- Outdoor Patio
- Aged Tequilas
- Private Room for up to 80
- In the Heart of the Triangle

**2007
Sustainable
Business
of the Year**
-Foundation
for a
Sustainable
Community

SPANKY'S
5/8

Squid's
MEZ

411
+ 1000
+ 1000
+ 1000

Lunch Mon-Fri. • Dinner Mon-Sat.
5410 Page Rd., Durham • 941.1630 • MezDurham.com

MetroBravo

Fallon's Creative Flowers, Raleigh

Honorable Mention

North Raleigh Florist, Raleigh

GARDEN CENTER/NURSERY

Standing Ovation

Logan's Trading Company, Raleigh

MetroBravo

Homewood Nursery & Garden Center, Raleigh

Honorable Mention

Atlantic Avenue Orchid & Garden Center, Raleigh

HOME MEDIA SYSTEM

Standing Ovation

Best Buy, Triangle-wide

MetroBravo

Audio Advice, Raleigh

Honorable Mention

Innovative Systems, Raleigh

PLACE TO OWN A SECOND HOME

Standing Ovation

Wrightsville Beach, NC

MetroBravo

Atlantic Beach, NC

Honorable Mention

Blowing Rock, NC

COASTAL DEVELOPMENT

Standing Ovation

Bald Head Island, NC

MetroBravo

Autumn Hall, Wilmington

Honorable Mention

Landfall, Wilmington

CONTEMPORARY FURNITURE

Standing Ovation

Nowell's Contemporary and Scandinavian Furniture, Raleigh

MetroBravo

ECKO International, Triangle-wide

Honorable Mention

Ambiente Furniture, Raleigh

TRADITIONAL FURNITURE

Standing Ovation

Ethan Allen, Triangle-wide

MetroBravo

Whitley Furniture Galleries, Zebulon

Honorable Mention

Boyles Distinctive Furniture, Raleigh

BEACH HOUSE FURNITURE

Standing Ovation

Seaboard Imports, Raleigh

MetroBravo

McQueen's Furniture and Interiors, Morehead City

Honorable Mention

ECKO International, Triangle-wide



The
**PERSIAN
CARPET**



ORIENTAL RUGS

www.persiancarpet.com • (919) 489-8362

5634 Durham Chapel Hill Blvd., Durham, NC 27707

(Corner of I-40 and 15-501, Exit 270)

Mon-Fri 10-6, Sat. 10-5

BEING NAMED
THE BEST
DRIVES US TO
GET EVEN
BETTER.
THANK YOU.



Unbeatable service WITH WACHOVIA

Wachovia would like to thank Metro readers for voting us "Best Bank in the region." As #1 in customer satisfaction seven years and winner of Best Bank, we're proud of the high-quality service we provide to our customers. We strive to make it better every day. Thank you, Metro readers, for your vote of confidence.



WACHOVIA

Based on 4th quarter 2007 American Customer Satisfaction Index results of the largest U.S. retail banks. Wachovia Bank, N.A. and Wachovia Bank of Delaware, N.A. are Members FDIC.

©2008 Wachovia Corporation. 084316



KINSLEY DEY

BEDS

Standing Ovation

Fred's Beds, Morehead City, Raleigh, Rocky Mount and Wilmington

MetroBravo

Havertys, Raleigh, Durham, Fayetteville and Wilmington

Honorable Mention

Green Front Furniture, Raleigh

KITCHEN APPLIANCES

Standing Ovation

Sears, Triangle-wide

MetroBravo

Jeffreys Appliance Center, Raleigh

Honorable Mention

Lowe's Home Improvement, Triangle-wide

LAMPS

Standing Ovation

Thompson-Lynch Co., Raleigh

MetroBravo

Highsmith Home, Raleigh

Honorable Mention

Seaboard Imports, Raleigh

ANTIQUES

Standing Ovation

Acquisitions, Ltd., Raleigh

MetroBravo

Hunt & Gather, Raleigh

Honorable Mention

Whitnee's Antiques, Raleigh

ART

Standing Ovation

ArtSource Fine Art Gallery and Framing, Raleigh

MetroBravo

Somerhill Gallery, Chapel Hill

Honorable Mention

Artspace, Raleigh

Bev's Fine Art, Raleigh

CARPET

Standing Ovation

Eatmans Carpets & Interiors, Raleigh

MetroBravo

Brentwood Carpets & Flooring, Cary and Raleigh

Honorable Mention

Bell's Carpets and Floors, Raleigh

ORIENTAL RUG

Standing Ovation

Persian Carpet, Raleigh

MetroBravo

Green Front Interiors & Rugs, Raleigh

Honorable Mention

Fargo-Hanna Oriental Rugs of Raleigh, Raleigh

HOME SECURITY SYSTEM

Standing Ovation

ADT

MetroBravo

CPI

Honorable Mention

NeuWave Systems

HEALTHCARE/WELLNESS/ BEAUTY

HOSPITAL

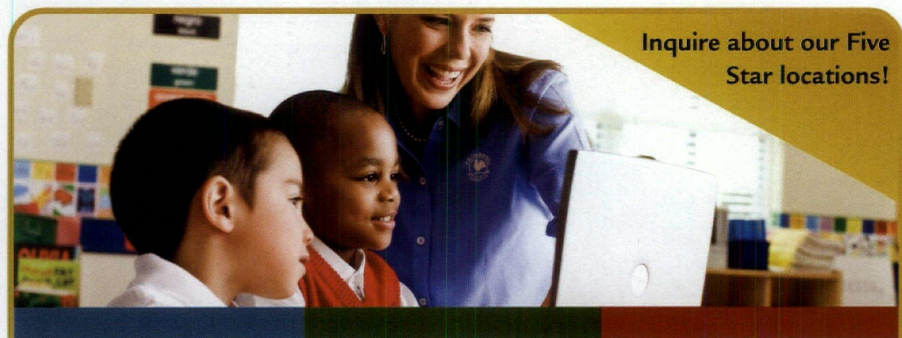
Standing Ovation

Rex Hospital, Raleigh

WakeMed Health & Hospitals, Raleigh

MetroBravo

Duke University Medical Center, Durham



Inquire about our Five
Star locations!

Engage minds and hearts will follow.

At Primrose, you'll discover a childhood education approach unlike any other. Our proprietary, accredited curriculum assures that children are nurtured emotionally, physically and intellectually.

Call 1.800.PRIMROSE or visit www.primroseschools.com to find
your neighborhood Primrose School.

Cary | Durham | Holly Springs
Morrisville | Raleigh | Wake Forest



The Leader in Educational Child Care™
Primrose Schools

www.primroseschools.com

Educational Child Care For Infants through Private Pre-Kindergarten and School Age (Before/After School, Summer
Camp & Trackout)

Each Primrose School is privately owned and operated. Primrose Schools and The Leader in Educational Child Care are
trademarks of Primrose School Franchising Company. ©2008 PSFC. All rights reserved.

Honorable Mention

University of North Carolina Hospitals,
Chapel Hill

EMERGENCY ROOM

Standing Ovation

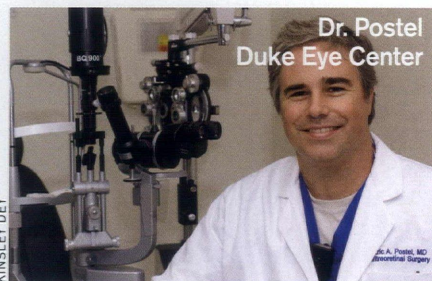
Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

University of North Carolina Hospitals,
Chapel Hill



BIRTHING CENTER

Standing Ovation

Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

University of North Carolina Hospitals,
Chapel Hill

CARDIAC CENTER

Standing Ovation

WakeMed Health & Hospitals, Raleigh

MetroBravo

Duke University Medical Center, Durham

Honorable Mention

Rex Hospital, Raleigh

CANCER CARE CENTER

Standing Ovation

Duke University Medical Center, Durham

MetroBravo

University of North Carolina Hospitals,
Chapel Hill

Honorable Mention

Rex Hospital, Raleigh

EYECARE CENTER

Standing Ovation

Duke Eye Center, Durham

MetroBravo

Eye Care Associates, Triangle-wide

Honorable Mention

LensCrafters, Triangle-wide

PLASTIC SURGERY CENTER

Standing Ovation

Raleigh Plastic Surgery Center, Raleigh

MetroBravo

Duke Aesthetic Center, Durham

Honorable Mention

Davis Plastic Surgery, Raleigh

VEIN CENTER

Standing Ovation

VeinCare of NC, Raleigh

MetroBravo

Vein Care and Aesthetic Center of Raleigh,
Raleigh

Honorable Mention

Carolina Vein Center, Durham

VETERINARIAN

Standing Ovation

Oberlin Animal Hospital, Raleigh

MetroBravo

Hayes Barton Animal Hospital, Raleigh

Honorable Mention

Falls Village Veterinary Hospital, Raleigh

ACUPUNCTURIST

Standing Ovation

Dr. Lei Zheng, Eastern Traditions, Raleigh

MetroBravo

Triangle Acupuncture Clinic, LLP, Chapel Hill
and Cary

Honorable Mention

C. Daerr Reid, L.Ac. MSOM, East Coast
Acupuncture, Wilmington

ASSISTED LIVING CENTER

Standing Ovation

Spring Arbor of Raleigh, Raleigh

Acupuncturist

Many scoff at the healing power of eastern medical practices, equating as absurd as palm reading or voodoo. The truth is available if you are willing to give it a shot. For 3000 years the Chinese have been healing aches, pains and even life-threatening diseases through the ancient practice of acupuncture. The Triangle now boasts one of the best in the business. Dr. Lei Zheng of Eastern Traditions in Cary.

She is a board certified medical doctor from the University of Beijing, but also a master of healing arts — including acupuncture, cupping and a variety of other treatments. Zheng has the ability and technique to help with everything from easing severe back pain to helping frustrated couples conceive. An added bonus to visiting Eastern Traditions is the authenticity and charm of the lady herself. Within the walls of her quaint office in Cary, Zheng provides a truly relaxing and relieving service, usually leaving her patients feeling better and completely refreshed. By the way, the needles don't hurt no matter where she places them — and the results are effective long after they are removed.

MetroBravo

Magnolia Glen, Raleigh

Honorable Mention

Sunrise Senior Living, Raleigh

A collage of two images. The top image shows two young boys in green and white football uniforms running on a field. The bottom image shows a young girl with blonde hair sitting at a table, focused on drawing with a yellow crayon on a piece of paper.

OPEN HOUSE!

Sunday, October 5
All School (Grades PreK-12)
1:45 TO 4PM

1:45 REGISTRATION
2:00 PROGRAM AND TOURS

Wednesday, October 22
Lower School (Grades PreK-5)
8:45 TO 11AM

8:45 REGISTRATION
9:00 PROGRAM AND TOURS

Tuesday, October 28
Middle and Upper School (Grades 6-12)
8:45 TO 11AM

8:45 REGISTRATION
9:00 PROGRAM AND TOURS

AN INSPIRED
LEGACY OF LEARNING,
LEADING, AND SERVING

The logo for Ravenscroft School, featuring a shield with a large letter 'R' inside.

RAVENSCROFT
FOUNDED 1862

FOR MORE INFORMATION,
CALL ADMISSIONS AT
919-847-0900 OR VISIT
www.ravenscroft.org

RAVENSCROFT SCHOOL, 7409 FALLS OF NEUSE RD., RALEIGH, NC 27615

— 1st Place —
METRO BRAVO
AWARD
 — for the —
**Best Plastic
 Surgery Center
 2008**

*Celebrating 34 Years
 of Cosmetic and
 Reconstructive Surgery.*



**Raleigh
 Plastic
 Surgery
 Center**



919.872.2616

Our Experience. Your Peace of Mind.
www.raleighplasticsurgery.com

Member of the American Society of
 Plastic Surgeons, Inc.

Member
 AMERICAN SOCIETY
 OF PLASTIC SURGEONS

Synergy Spa & Iatria

Spa environments are relaxing and comfortable. By combining clinical aesthetics and comprehensive spa therapies, Synergy Spa raises the bar with consistency of experience and training from around the world. The innovative skin care and body treatments make Synergy Spa one of the best in the Triangle.

Iatria, a full-service medically oriented spa, offers traditional day spa amenities - including facials, massages and body treatments. Iatria Medspa offers hair removal, Botox and skin rejuvenation. No matter which treatment you choose, you'll leave feeling relaxed and refreshed.

HEALTH CLUB

Standing Ovation

Gold's Gym, Triangle-wide

MetroBravo

O2 Fitness Clubs, Triangle-wide and Wilmington

Honorable Mention

Peak Fitness, Triangle-wide

SKIN CARE PRODUCTS

Standing Ovation

Natural Body Spa and Shoppe, Raleigh

MetroBravo

Iatria, Raleigh and Cary

Synergy Spa, Raleigh

Honorable Mention

Skin Sense: A Day Spa, Raleigh and Cary

WELLNESS CENTER

Standing Ovation

UNC Wellness Center at Meadowmont, Chapel Hill

MetroBravo

Rex Wellness Centers, Triangle-wide

Honorable Mention

Wellness Center at Duke Raleigh Hospital, Raleigh

DAY SPA

Standing Ovation

Natural Body Spa & Shoppe, Raleigh

MetroBravo

Synergy Spa, Raleigh


Iatria, Raleigh and Cary

Honorable Mention

Skin Sense: A Day Spa, Raleigh and Cary

Skin Sense

Skin Sense, offering a combination of state-of-the-art techniques with a holistic philosophy to promote total body wellness, stands out as one of the best in the Triangle according to Metro readers. The eucalyptus steam room, the popular seaweed treatment and the four-layered facial allows Skin Sense to take good care of your whole body.



ST. DAVID'S SCHOOL

3400 WHITE OAK ROAD, RALEIGH, NC 27609 • 919-782-3331 • WWW.SDSW.ORG

FAITH • VIRTUE • KNOWLEDGE

ST. DAVID'S SCHOOL
 FIDES • VIRTUS • SCIENTIA

Thank you Metro readers for voting St. David's School the Best Private Lower School! To learn more about what St. David's can offer your family, call us today at 782-3331.

HAIR SALON

Standing Ovation

Mina's Studio, Chapel Hill

MetroBravo

Salon Blu, Raleigh

Honorable Mention

Douglas Carroll Salon, Raleigh

Natural Body Spa

There's almost nothing more relaxing than a day at the spa, but a visit to Natural Body Spa will provide you with a nurturing and educational environment in addition to massages, facials and other spa body therapies. With a holistic approach to relaxation and wellness desires, Natural Body Spa is the choice for *Metro* readers for best day spa.

PILATES STUDIO

Standing Ovation

Life Time Fitness, Cary

MetroBravo

Body Balance Movement Therapy, Raleigh

Honorable Mention

Seaboard Fitness & Wellness, Raleigh

YOGA STUDIO

Standing Ovation

Open Door Yoga, Raleigh

MetroBravo

The Body Mechanic, Raleigh

Blue Lotus Yoga & Movement Arts, Raleigh

Honorable Mention

Moving Mantra Yoga Studio, Raleigh

SALON FOR SPRAY TAN

Standing Ovation

Palm Beach Tan, Cary and Raleigh

Physios Salon, Raleigh

MetroBravo

Planet Beach, Triangle-wide

Honorable Mention

Skin Sense: A Day Spa, Cary and Raleigh

EDUCATION

DAYCARE CENTER

Standing Ovation

The Goddard School, Triangle-wide

MetroBravo

Bright Horizons, Triangle-wide

Honorable Mention

Primrose Schools, Triangle-wide

PRIVATE LOWER SCHOOL

Standing Ovation

Ravenscroft School, Raleigh

MetroBravo

Saint Timothy's School, Raleigh

Trinity Academy of Raleigh, Raleigh

Honorable Mention

Saint David's School, Raleigh

PRIVATE HIGH SCHOOL

Standing Ovation

Saint Mary's School, Raleigh

MetroBravo

Ravenscroft School, Raleigh

Honorable Mention

Cary Academy, Cary

PRIVATE COLLEGE

Standing Ovation

Duke University, Durham

MetroBravo

Meredith College, Raleigh

Honorable Mention

Peace College, Raleigh

PUBLIC COLLEGE

Standing Ovation

The University of North Carolina at Chapel Hill

MetroBravo

North Carolina State University, Raleigh

Honorable Mention

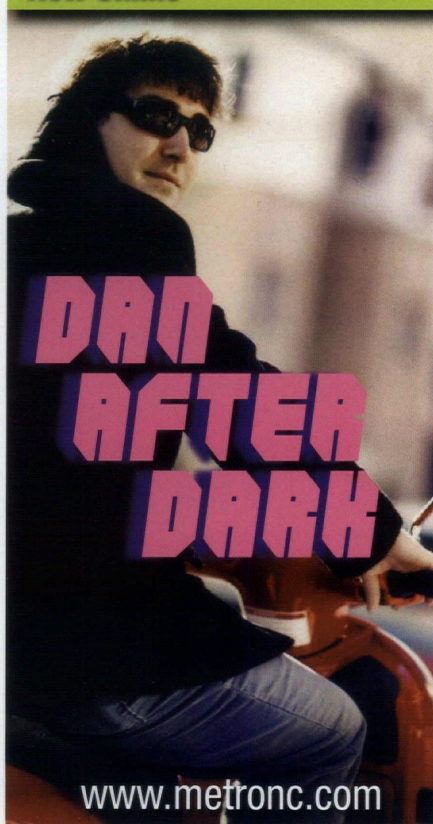
East Carolina University, Greenville

PARTY SCHOOL

Standing Ovation

East Carolina University, Greenville

New Online



YOUR HOME.
Our Priority.

YORK
SIMPSON
UNDERWOOD
WE MAKE GREAT NEIGHBORS

Residential Real Estate
www.ysuhomes.com

Ravenscroft

Named for John Stark Ravenscroft, the first Bishop of the Episcopal Diocese of North Carolina and first Rector of Christ Episcopal Church in Raleigh, Ravenscroft was established in 1862 as a day school under the leadership of Christ Church. In 1966, the school closed and re-opened as nonsectarian in a new facility on Falls of the Neuse Road in 1969. Since its conception, Ravenscroft has been well-known as a top-notch private educational institution in this area. Not only does Ravenscroft lead the state in a variety of sports, but students also go on to some of the top universities in the country. No wonder *Metro* readers chose Ravenscroft for its instructors, coaches and leaders.

MetroBravo

The University of North Carolina at Chapel Hill
Honorable Mention
 North Carolina State University, Raleigh

TECH LIFE

INTERNET SERVICE PROVIDER

Standing Ovation
 RoadRunner, Time Warner Cable
MetroBravo
 AT&T
Honorable Mention
 AOL

CELL PHONE SERVICE*

Standing Ovation
 Verizon Wireless
MetroBravo
 Alltel
Honorable Mention
 AT&T
 * Votes were tallied before news of the Verizon and Alltel merger.

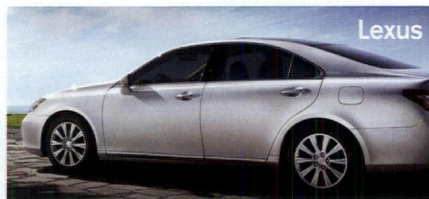
AUTOMOTIVE

CAR DEALERSHIP

Standing Ovation
 Johnson Lexus, Raleigh and Durham
MetroBravo
 Bobby Murray Chevrolet, Raleigh
Honorable Mention
 Fred Anderson Toyota, Raleigh

SPORTS UTILITY VEHICLE

Standing Ovation
 Chevrolet Tahoe
 Lexus RX



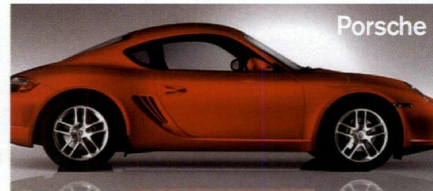
Lexus

MetroBravo

Jeep Grand Cherokee
Honorable Mention
 BMW X5

SPORTS CAR

Standing Ovation
 Porsche
MetroBravo
 Chevrolet Corvette
Honorable Mention
 BMW



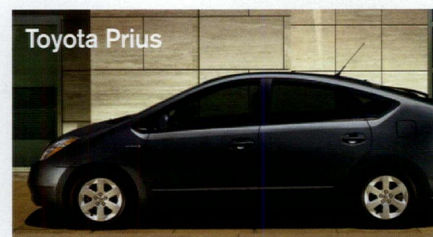
Porsche

SEDAN

Standing Ovation
 Lexus
MetroBravo
 Honda Accord
Honorable Mention
 Toyota Camry
 Volvo

LUXURY CAR

Standing Ovation
 Lexus
MetroBravo
 Mercedes-Benz
Honorable Mention
 Cadillac
 BMW



Toyota Prius

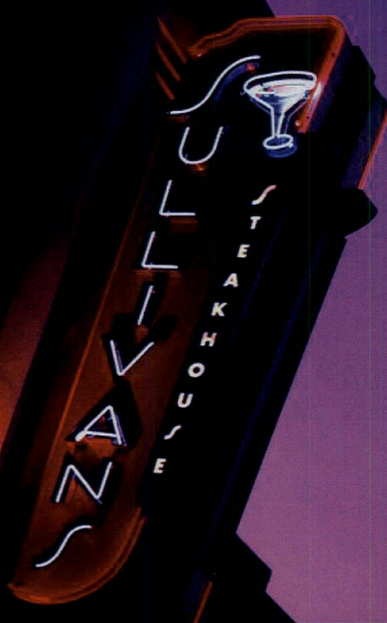
HYBRID CAR

Standing Ovation
 Toyota Prius
MetroBravo
 Lexus RX
Honorable Mention
 Honda Civic Hybrid

DEALERSHIP FOR SERVICE

Standing Ovation
 Johnson Lexus, Raleigh and Durham
MetroBravo
 Bobby Murray Chevrolet, Raleigh
Honorable Mention
 Sir Walter Chevrolet, Raleigh
 Fred Anderson Toyota, Raleigh

☆ Voted Best Steaks, Martinis, Cosmopolitans, and Place with Best Cocktail Menu in 2002-2008 ☆



*Steaks...
 Martinis...
 & Jazz...*

Summer of 69 Special

Dinner for two for \$69.00
 Choice of appetizer, salad,
 entrée, sides and dessert

RALEIGH ☆ GLENWOOD SOUTH ☆ GLENWOOD AND TUCKER

919-833-2888

WWW.SULLIVANSTEAKHOUSE.COM

Rex Scores Top Honors!

Rex Healthcare would like to thank the readers of Metro Magazine for giving us a Standing Ovation and voting us their number one choice for healthcare services in the following categories:

Best Hospital - *first place tie*

Best Emergency Room

Best Birth Center

Rex Healthcare is also proud to receive awards for the following:

Rex Wellness Center - *second place*

Cardiac Center - *honorable mention*

Cancer Center - *honorable mention*

To all of you ... Bravo!



UNC HEALTH CARE

rexhealth.com

FEAR OF VACCINES UNWARRANTED; HEALTH SCARES NOT PROVEN by Rick Smith

Pediatricians seem to encounter skeptical parents almost daily asking the same questions:

"Is it really safe for our child to take all these vaccinations in such a short period of time?"

"Does my child really need these vaccinations since the diseases are so rare?"

Their concerns reflect a genuine fear factor.

"How to deal with parental fears? That's the \$64 question," said Dr. Samuel Katz, 81, a pioneer in the development of vaccines and related research since the days when polio ravaged so many people across the United States. He also is dean emeritus of the pediatric school at Duke University.

His most important response:

"You must have faith and trust in your physician."

Dr. John Rusher of Raleigh Pediatrics who attended medical school at UNC-Chapel Hill agrees.

"That's what I tell parents all the time. We are not here to cause disease. We are looking for ways to prevent disease."

"We think that one of the best things we can do for children is preventive care, and vaccines in my opinion are one of the most unheralded breakthroughs we've had in the last 50 years," said Rusher, who has practiced for 11 years. "We have seen in our practice a decrease and even disappearances of some diseases that we had had to deal with in previous years."

Conversely, the success of virtually eliminating polio and wiping out smallpox has triggered complacency. Rusher counters that attitude by warning about potential risks.

"My answer is: No. 1, the diseases are still there. They could still get whooping cough or chicken pox. No. 2, these infections can re-emerge. They may be dormant now, but as the rates of vaccination go down, they can re-emerge. The third reason is to prevent infections that are common in the rest of the world."

"Because of international travel, we are a hub. Too many people are NIMBYs —

not in my backyard. They say an outbreak is not going to happen here. That's not necessarily true. It can happen here, and in fact it has. Now we are seeing more international scares of some illnesses that have been around for a while. The risk is still there."

Despite assurances and warnings, concerns and complacency among parents continue to challenge pediatricians.



DO VACCINES CAUSE AUTISM OR OTHER DISEASES?

Day after day, year after year stories surface linking vaccines — or ingredients in them, such as mercury — with an increase in autism or other afflictions, even diabetes.

"One thing they have to have is confidence in their physicians, particularly their pediatricians," Katz repeated for emphasis. "We have the results of study after study that have disproven the relationship between autism and vaccines."

"On the other hand, we are still handicapped by the question, 'Well if it's not the vaccine then what causes it?' We don't know."

"We do know from a number of good studies that there are genes that cause autism. What we don't know is what causes them to turn on or to turn off. For example, there are very strong connections between identical twins. If one has autism, there's an 80 percent chance both will. If they are not identical twins, there's a 20 percent chance. At least that gives you

some clue to the genetic aspects."

Reacting to concerns about the mercury preservative known as Thimerosal, pediatricians recommended in 1999 that it be removed, Katz said. By 2001, all of it had been removed with the exception of some adult influenza vaccines. But that move didn't end the autism surge.

"Despite removing the Thimerosal, over the next seven years, autism continued to occur more frequently," Katz said. "We've been very succinct in disproving what causes autism. Unfortunately, we have not been able to determine what causes autism to express itself. Until that happens, lingering doubts will remain."

Rusher encounters similar concerns about autism but said he and his fellow doctors feel confident the Thimerosal and vaccine cocktail questions have been answered.

"There have literally been dozens of studies that refute measles, mumps and rubella vaccines cause autism, both overseas and the US," Rusher said.

"What do we rely on in making our recommendations? We look at the evidence to determine as a practice and as individual doctors," he said. "We certainly believe these claims are worth investigating, and we believe they have been or we wouldn't continue to give these vaccines."

If not the mercury, could autism then perhaps be triggered by the cocktail of vaccines for measles, mumps and other maladies?

No, Katz insisted. Those connections "all have been proved to be fallacious."

VACCINES TO STOP CERVICAL VACCINES, LIVER DISEASE

Questions also continue to be raised about recently developed vaccines to prevent cervical cancer in young girls. The vaccine Gardasil from Merck helps prevent the human papillomavirus, which is linked to cervical cancer. GlaxoSmithKline is also seeking US approval for a similar vaccine called Cervarix.

But Katz said people wanting iron-clad proof that the vaccines work will have to

wait years for such data.

"We don't have absolute proof because it's going to take many years having prevented infections to say that the vaccines prevented cervical cancer," Katz said. "It's going to take 20 to 30 years from now before we can say so absolutely."

"We had the same thing with hepatitis B and liver disease. We couldn't say it prevented cancer of the liver because it didn't occur for another 20 or 30 years. Now, it is possible to show cancer of the liver is not occurring."



Dr. Rusher

"It is sometimes hard to rationalize why their infant should receive a vaccine against diseases they have no perspective about. We have in my opinion been very successful in eliminating or decreasing significantly many of these diseases so they are not at the forefront of anxiety for young parents."

— Dr. Rusher

"Hopefully, we'll have the same thing in 2035 to say about cervical cancer. But until then, all we can say is that the vaccines are very effective at preventing the infection."

IS MANDATING VACCINATIONS THE ANSWER?

Texas Gov. Rick Perry discovered in 2007 that mandating use of vaccines is not the answer to overcoming parental concerns. Perry issued an executive order requiring 11- and 12-year-old girls receive

the cervical cancer vaccine. After howls of public protest, the state's legislature overrode his order.

Katz numbers himself among those who don't believe mandates are the answer.

"Until the vaccine has been used a number of years and we feel comfortable with the total safety of the vaccine and that the immunity generated is persistent and prolonged, I think it's premature to say you have to be vaccinated before you can go to college," Katz said.

However, he also pointed out that rules requiring vaccinations of children before they attend school, such as for measles, have proved effective.

"We used to have several million cases of measles," he said. "Now, it's a rarity. In contrast, there have been so few over the last 15 years, and in almost every one of the cases they occurred in children whose parents elected not to have him or her vaccinated. That's very unfortunate."

Many Americans also have grown complacent about the need for such vaccines, including polio. But Katz warned the diseases have not been eradicated.

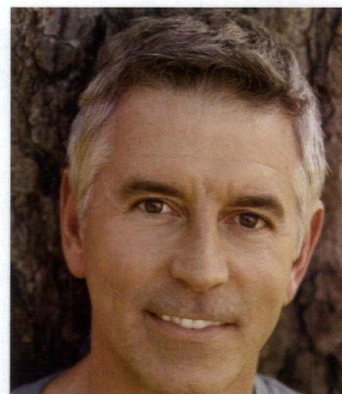
"We still have importations of the diseases," he said. "There are still places where measles exist."

WHY SO MANY VACCINATIONS SO SOON?

Parents who consent to vaccines still may not embrace the schedule as prescribed by physicians. Rusher sees that trend growing among the 25,000 patients seen by the 14 doctors of Raleigh Pediatrics.

"Yes, it's no fun to watch a 2-month-old receive four or five shots, but the amount of exposure to antigens in the shot is miniscule compared to what they already face in the real world," Rusher said. "When kids are born, they are faced with literally thousands of bacteria and viruses. If it's a healthy child, they already have a functioning immune system that has billions of cells working to prevent infections. Giving them vaccines within the first two years of life is like a raindrop in the ocean of bugs already out there bombarding the baby's immune system."

Fears and anxiety run in cycles, Rusher added, and he blamed the media in part.



The average person lives 77.8 years. Who wants to be average?

From the day you join an MDVIP-affiliated practice, you'll be taken care of like never before. You see, unlike the average doctor who has up to 3,000 patients, an MDVIP-affiliated physician has only 600 patients, which allows him to focus on prevention and wellness. The result? You receive the time, attention, and care from an exceptional doctor that you can't get anywhere else. With MDVIP, it's about health, and it's all about you.

Call 866-696-3847 for information, or to schedule an appointment with Jeffrey Furman, MD or G. Patrick Guiteras, MD

120 Conner Drive, Suite 200
Chapel Hill, NC 27514

SUPPORT SERVICES PROVIDED BY
MDVIP

"About every two or four years there will be a show on *Oprah* or an article in a publication in which somebody claims their child was harmed or has developed a delay of some kind because of vaccines," he said. "We are answering more questions and spending more time explaining our opinions and our feelings about the benefits of vaccines."

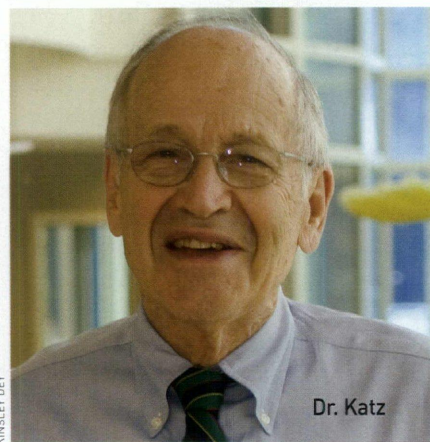
"We are not alone in this. I know pediatricians in the state who are currently dealing with an increased level of fear."

Part of the problem is that young parents today have not had to experience diseases that were common not that many years ago, Rusher added.

"It is sometimes hard to rationalize why their infant should receive a vaccine against diseases they have no perspective about. We have in my opinion been very successful in eliminating or decreasing significantly many of these diseases so they are not at the forefront of anxiety for young parents."

Rusher recalled with passion the vac-

cines he received as a child — and praised Katz who continues to travel the world as an advocate for vaccinations in a continuing bid to eradicate diseases just as smallpox was finally eradicated.



"It's interesting to talk to grandparents today who thought, 'Darn right we've got to get every vaccination we can' for their kids because they knew neighbors or had cousins who suffered with polio or died of diphtheria or had a bad case of the

measles," Rusher said. "Dr. Katz travels all over the world, and he can tell you that outbreaks in poorer countries are still at the forefront of world health concerns."

"The schedule every pediatrician in this state uses is developed by a combination of the Centers for Disease Control and others. The schedule that was developed does have some leeway, but the schedule is there for many reasons. It was developed by people who put a lot of thought into when is the best time to prevent specific illnesses, as well as the best time to get the immunization system geared up to prevent a particular virus."

"We are passionate about vaccines because we think this is one of the best things we can do for our patients — preventive care." **MM**

Where To Go for More Information About Vaccines:

NC INFORMATION

The North Carolina Immunization Branch focuses on increasing immunization rates of children. North Carolina provides vaccines for children from birth to 18 years old.

Go to www.immunizenc.com for more information.

RECOMMENDED READING

Dr. Samuel Katz, dean emeritus of pediatrics at Duke University, recommends a recently published book, *Do Vaccines Cause That?!*, for people seeking answers about questions surrounding vaccines and possible links to other diseases. Dr. Martin Myers and Diego Pineda, the editor and science writer for the National Network for Immunization, co-authored the book. Go to www.dovaccinescausethat.com for more. The immunization group also maintains a Web site: www.immunizationinfo.org.

National Network for Immunization Information

UNIVERSITY RESEARCH

Both Duke University and UNC-Chapel Hill operate institutes that are focused on vaccine research: Duke Human Vaccine Institute, www.humanvaccine.duke.edu, and Carolina Vaccine Institute, www.med.unc.edu/cvi.

We see things others don't

specialized care

Join us as we welcome our three new board certified radiologists to the community.

<p>RALEIGH RADIOLOGY BLUE RIDGE 919.781.1437</p> <p>RALEIGH RADIOLOGY CEDARHURST 919.877.5400</p> <p>RALEIGH RADIOLOGY CARY 919.781.1437</p> <p>RALEIGH RADIOLOGY BREAST CENTER 919.781.1437</p> <p>RALEIGH RADIOLOGY CLAYTON MRI 919.877.5400</p> <p>RALEIGH RADIOLOGY WAKE FOREST MRI 919.877.5400</p> <p>Raleigh Radiology has served Rex Hospital for over 50 years.</p>	<p>raleigh radiology <i>Experience makes good medicine.</i></p> <p>go to raleighrad.com</p> <p>We accept most insurance plans including: United Healthcare, Aetna, Blue Cross Blue Shield, Cigna, Medicare, Medicaid and MedCost.</p>
---	---

Dr. Brevine
Musculoskeletal Radiology

Dr. Hollinghead
Neuroradiology

Dr. Harris
Interventional & Vascular Radiology

Ask your physician for a referral to Raleigh Radiology.

The best of medicine

...delivered in a whole new way.

The Betty H. Cameron Women's and Children's Hospital at New Hanover Regional Medical Center is transforming the way hospital care is delivered in the region.

Featuring the latest medical advances in a setting that focuses on the family, the hospital has all private rooms, healing gardens and a range of services from high-risk obstetrics to pediatric and neonatal intensive care.

Find out what's new at New Hanover Regional Medical Center.

www.nhrmc.org



New Hanover
Regional Medical Center

Bringing the best of medicine home.

MEDICAL BRIEFS

Organ Donor Changes Name

The North Carolina Coalition on Donation has changed its name to Donate Life North Carolina to identify with the national organization, Donate Life. The organization is seeking to add new donors to the DMV and online registries and other outreach to ensure that an organ, eye or tissue transplants are available.

North Carolinians are urged to say yes to donation at their local DMV office or to join the recently created online donor registry. To register or for additional information, log on to www.verybigheart.com. **MM**

Hands of Health Nominations

The John Rex Endowment invites nominations for the fifth annual Hands of



Health Award, established to recognize individuals who demonstrate innovation in efforts to improve the health of children

and youth in Wake County. The deadline for entries is Sept. 5.

The winner will be announced at the annual Hands of Health program, an invitation-only breakfast to be held Oct. 21. A specially commissioned bronze sculpture by artist Ruth Burink will be presented to the winner, and the John Rex Endowment will make a donation of \$10,000 to the winner's charity of choice.

Nomination forms and guidelines are available at www.rexendowment.org/about/hoh.html.

Past winners of the award include: Peter Morris, MD; Don Rosenblitt, MD; Mark Piehl, MD; Yo Sobha; Kathy Higgins and Lillian Berman. **MM**

WakeMed Wins Award For Diabetes Program

The American Hospital Association bestowed its NOVA Award to WakeMed Health & Hospitals for its ENERGIZE! program, a pediatric nutrition and fitness education plan designed to help curb diabetes. The program is one of only five collaborative hospital-led programs in the nation recognized this year for collabora-

tive efforts toward improving community health. The John Rex Endowment, which invests in the development and support of activities, programs and organizations that

ENERGIZE!

improve the health of children in Wake County, has supported WakeMed's ENERGIZE! and other components of the WakeMed Children's Diabetes & Endocrinology Program with over \$1.7 million in grant funds. **MM**

Pitt Trauma Unit Certified

The North Carolina Office of Emergency Medical Services has re-designated Pitt County Memorial Hospital as a Level 1 Trauma Center with verification by The Committee on Trauma of the American College of Surgeons.

PCMH, which admits 2000 trauma patients each year, was designated a Level 1 center in 1985. The American College of Surgeons committee verified certification in 2005. The new certification is effective until August 2013. **MM**

vein therapies

Request your free consultation online at [<wakerad.com>](http://wakerad.com)

Vein Therapy
Consultation

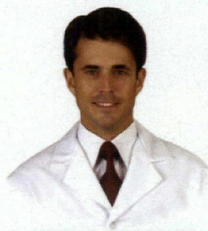
RECLAIM YOUR BEAUTIFUL LEGS.

In addition to their unwanted appearance, varicose veins cause discomfort and pose health risks for both men and women. Fortunately, advances in vein treatments allow us to offer our patients new choices and relief. As well, the advancement in the treatment of varicose veins is significant and favorable as many insurance plans offer coverage.

Wake Radiology's comprehensive approach to vein therapy is unlike any other around. Our skilled interventional radiologists have the training and expertise to treat you with the highest level of care to eliminate any complications that might occur with other practitioners.

So call us or go online for a free consultation and find out how you can get back into your beautiful legs.

Choose Wake Radiology. *The Treatment You Deserve.*



CARROLL C. OVERTON, MD
Vascular and Interventional Radiologist
Director of Interventional Radiology



SUSAN M. WEEKS, MD
Vascular and Interventional Radiologist



The Treatment You Deserve

Request your FREE consultation online at [<wakerad.com>](http://wakerad.com) or call us at 919-854-2180.

WE CAN TREAT OBESITY. THE FIRST STEP IS TAKING THE WEIGHT OFF YOUR SHOULDERS.

Please know that obesity is a disease that can be treated. You have the opportunity to change your life for the better, while improving your overall health. We're a national leader in bariatric surgery, having performed over 2,500 operations, including gastric banding. We'll help you develop a plan that, coupled with lifestyle changes, gives you your life back. Visit www.weightloss.pcmh.com or call 252-847-6752 for more information.

OUR FAMILY. CARING FOR YOURS.




UNIVERSITY HEALTH SYSTEMS
Pitt County Memorial Hospital

www.weightloss.pcmh.com

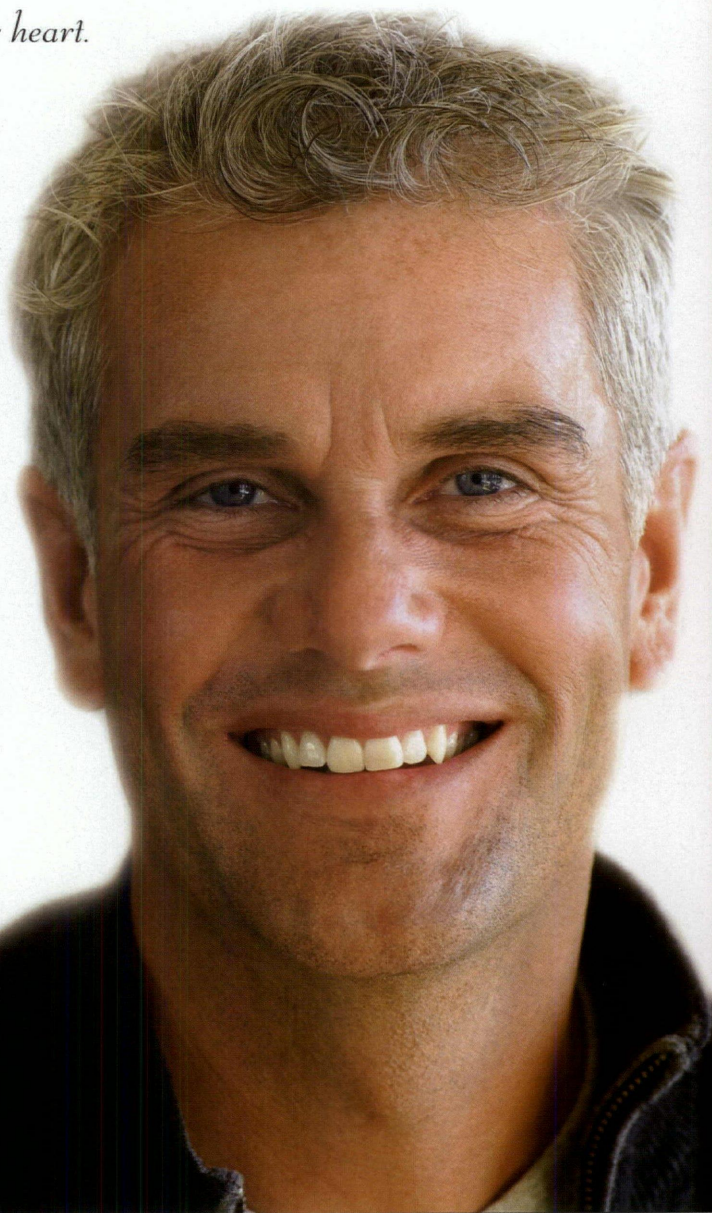
You're not the only one



hearts

whose life depends on your heart.

WakeMed Heart Center. Your heart belongs to everyone who loves having you around. So, at the area's premier heart center, we offer education. Wellness. The very latest diagnostics, interventions and surgeries. Cardiac and vascular care and caring. Cardiac rehabilitation. Two chest pain centers. A primary stroke center. We could go on and on. But, suffice it to say, it's all here to make sure that you go on and on. To learn more, visit wakemed.org.



WakeMed Health & Hospitals Raleigh, NC WakeMed Raleigh Campus • WakeMed Cary Hospital • WakeMed North Healthplex • WakeMed Apex Healthplex • WakeMed Brier Creek Medical Park • WakeMed Clayton Medical Park • WakeMed Fuquay-Varina Outpatient & Skilled Nursing Facility • WakeMed Zebulon/Wendell Outpatient & Skilled Nursing Facility • WakeMed Wake Forest Road Outpatient Rehab Center • WakeMed Home Health • 919-350-8000 • wakemed.org

WakeMed 
THE POWER TO HEAL. A PASSION FOR CARE.

Modern Day Legacy:**ANDY ROTHSCILD'S DOWNTOWN DURHAM REDEVELOPMENT PROJECTS SUCCEED ON SEVERAL LEVELS**

In 2000, physician Andy Rothschild left New York to pursue a second career based on his love of architecture, urban design and real estate development. He and wife Barbra, also a physician, came to Durham because Barbra had grown up and attended both undergraduate and medical schools in the Triangle.

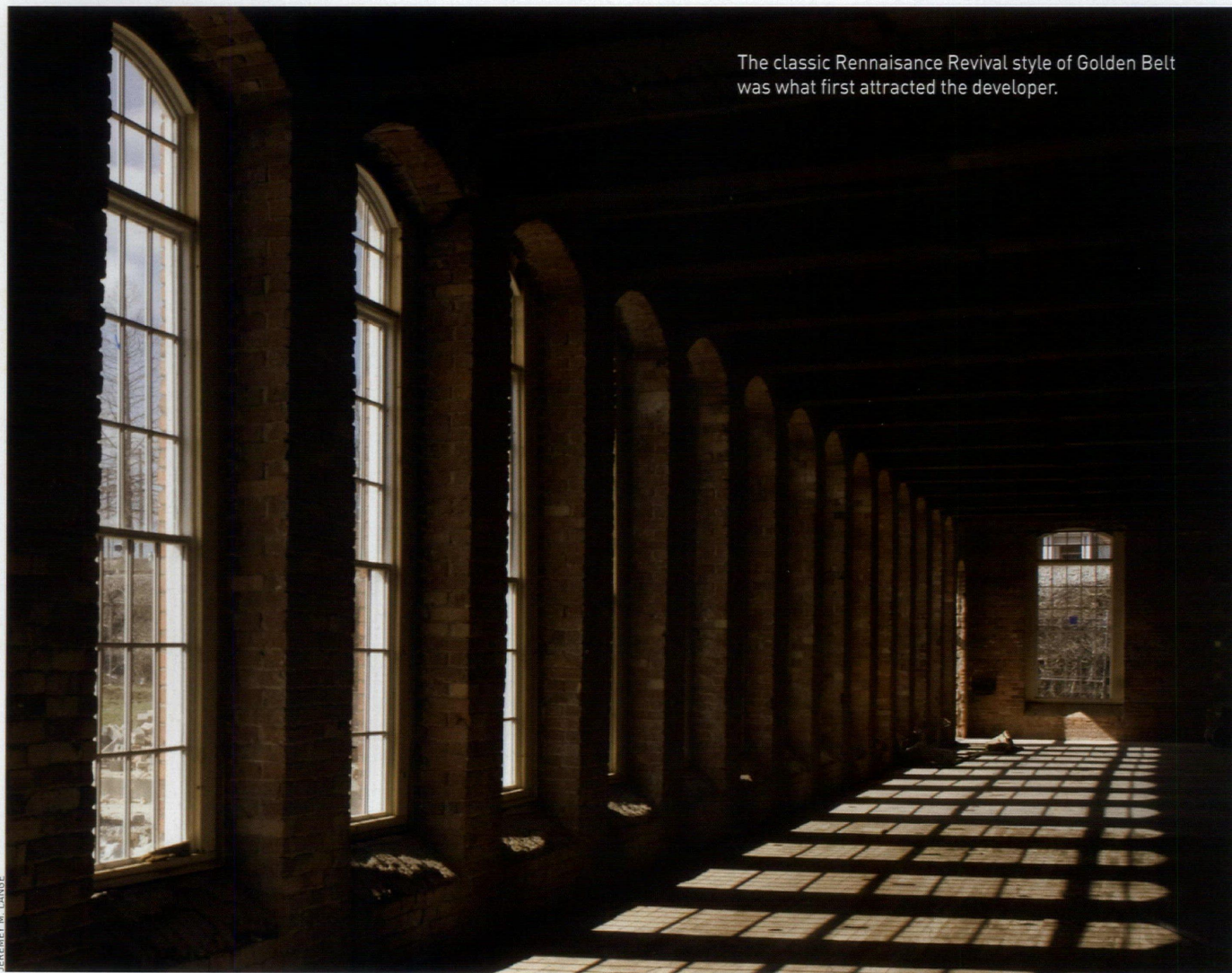
"We thought the area would be a good place to raise our children, as well as to start a business," explains Rothschild.

The couple moved to the centrally located historic Trinity Park neighborhood where they still live with their four children, ages 11 years to 21 months.

As Rothschild looked around at his

adopted city, he asked himself, "What can I do in Downtown Durham that is not being done by anyone else?" He soon hit on the idea to create a development portfolio concentrating on rehabbing properties for science-oriented businesses — hence the name of his company, Scientific Properties. So how did Scientific Properties, headed by Rothschild,

The classic Renaissance Revival style of Golden Belt was what first attracted the developer.





An elegant windowed tower and banks of segmented-arched windows provide the natural light that helps Golden Belt in its quest for a Silver LEEDS certification.

his wife and now a dozen or so employees, become a major developer of strongly arts-related, mixed-use projects? According to Rothschild, it happened quite logically, if somewhat unexpectedly.

"Our first project was the renovation and adaptive reuse of the old 1932 Clark & Sorrell Garage at 323 Foster St., as the Triangle Biotechnology Center" says Rothschild.

The building was the oldest repair garage still in operation in Durham when it closed in 2000. Rothschild adapted the handsome old brick and concrete building to a highly specialized use, a wet lab, to serve the research and development needs of the life sciences companies in the Research Triangle Park. The trick was to create a highly functional facility capable of properly managing acid wastes from a large-capacity sterilizer and lab glassware using a high-tech electrical system backed up by a 175 kW emergency diesel generator. The task was accom-

plished, and the lab is a symphony of primary-colored glass vessels, Scandinavian designed modular casework and handsome laboratory conference furniture provided by Kartell. The view through the building's large glass store front is more like looking into an art gallery than a biotech lab. And the Triangle Biotechnology Center is listed on the National Register of Historic Places.

Unifying The Streetscape

Rothschild soon purchased 401 Foster St., next door to the biotechnology center, to ensure that he would have expansion space for the center should he need it. The simple 9000-square-foot, low-rise structure with dual store fronts was similar in size and scale to the old Clark & Sorrell Garage, and its acquisition meant that Foster Street would retain a unified streetscape.

"We were watching the Central Park neighborhood festival area develop across the

street," says Rothschild, "and now the new Farmers' Market Pavilion has been built just at the end of the block."

Everything is within walking distance, and the events in the park and the excitement of the Wednesday and Saturday Farmers' Market keeps things lively.

As the regeneration of Downtown Durham was picking up momentum, Rothschild and Scientific Properties purchased another historic building, the 1907 Venable Tobacco Company Building at 302-308 East Pettigrew St. Situated just a couple of blocks east of the new Durham Bulls Ball Park and the massive American Tobacco Campus complex — which had been renovated and adapted for office, retail, dining and entertainment by James Goodmon — the Venable was in an ideal location for a diverse mix of tenants needing office space, flex space for artists and artisans, and high-tech spaces for research and development companies.

However, some of the existing artist tenants didn't welcome the new rents they would have to pay when the Venable was upgraded and renovated with "green" standards. They complained to Rothschild that the regeneration of Downtown Durham would soon drive them out. Rothschild suggested they look at 401 Foster St., where he would work with them to keep rents affordable. Today 401 Arts, as the building is known, is home to a cooperative of working artists, the Bull City Arts Collaborative (BCAC), whose members work in a variety of media — including painting, drawing, comics, graphic design and letterpress printing, book design and publishing, bookmaking, documentary filmmaking, video production and editing, music, and song writing. Soon the Branch Gallery, considered one of the Southeast's leading contemporary art galleries, joined 401 Arts, followed shortly thereafter by Piedmont restaurant, a gourmet bistro and wine bar with a stylish décor providing aesthetic appeal along with its gastronomic offerings. This successful arts development would lead Rothschild and Scientific Properties into an even more challenging arts-related project in 2006 when a prize Rothschild had long coveted became available.



JEREMY M. LANGE

Historic wooden decking and clean-limbed pearlescent walls makes Golden Belt a new/old space.

iar with the phenomenon of artists being the first to adopt transitioning locations on the edges of Downtown neighborhoods," says Rothschild. "They, the artists, almost seem biologically determined to drive such proj-

ects, perhaps because they like the creative edge that such 'edgy' places give them, and, of course, because rents are cheaper."

So when Rothschild looked at the classic old industrial buildings with bricked-up windows, he saw a multi-dimensional "green" complex. It would include residential live/work lofts, independent restaurants and retail, a contemporary art gallery with rotating exhibits, a visiting artist program, and studios for artists skilled in all forms of the visual arts — even a live music venue. The complex would also feature an industrial arts building to accommodate artists working in large-scale metal creations and sculpture, office space, and a landscaped parking area that could be easily cordoned off for concerts and festivals.

Golden Belt is entered through the elegant glass-doored central foyer of Building 3, where a reception desk, created by a local artist, and a digital information kiosk will orient visitors to the plan and amenities of the Golden Belt Campus. Beyond the reception desk, a staircase rises to the central tower of the complex. A photograph from below limns the vertical ascent to the still usable tower. However, on the third floor, an open area, lit-

Golden Belt

"I'd always thought that Golden Belt Manufacturing Company, just across the railroad track from Downtown at the intersection of East Main and Fayetteville Streets, was the most architecturally beautiful of all of Durham's turn-of-the-century industrial buildings," says Rothschild.

However, the seven-acre, multi-building complex was just a little bit beyond the American Tobacco Campus and Durham's revitalizing Downtown, dubbed the Center City District. Fortunately, the initial portion of a comprehensive public-private redevelopment effort to provide new, architecturally appealing subsidized housing between Downtown and Golden Belt had recently been successfully completed. Sidewalks and streetlights front the handsome new townhomes and detached houses, creating an easy walk from Golden Belt to the rest of Downtown. Bicyclers and walkers abound.

Rothschild approached the Durham Housing Authority in a second effort to buy the Golden Belt. This time he was successful.

"From my days in New York, I was famil-



MICHAEL ZIRKLE PHOTOGRAPHY

MINTABELL DESIGN GROUP

INTERIORS & FURNISHINGS

502 MEADOWMONT VILLAGE CIRCLE
CHAPEL HILL, NC 27517-7584
PHONE: 919-933-9800 WWW.MINTABELL.COM

Metro Bravo 2008 STANDING OVATION!



"Best Place to Shop
Contemporary Furniture"

Bravo, Metro readers.
We think you're the best.

In appreciation, mention
this ad for 10% off one item.

NOWELL'S
CONTEMPORARY FURNITURE

900 E. Chatham St
Cary, N.C.
919.467.9224
nowellsfurniture.com

Open Daily 10-6
Open Sunday 1-6



Redefining
Style Since
1905



A work/live space enjoys the complex's multi-paned windows.

erally fit for mythical spinners, is destined for office space. How wonderful to see the segmented arched windows ringing the floor, and the plain, slender wooden posts that support the sub-ceiling trusses — and flying above like circus performers the metal joists with wheels that once held the beautiful, now archaic, apparatus of a textile mill that wove fabric pouches for loose tobacco in the glory days of Durham's Industrial Age.

Even more surprising is Building 3 itself, a rectangular wing off the central core, divided into 37 perfectly proportioned work spaces for individual artists. Lit by the elegant paned windows so thematic of the complex, the spaces have sealed concrete floors and industrial sliding doors that complete their utilitarian but stylish appearance. Of course, the piece de resistance is Building 6 and its resi-

dential live/work lofts. These living spaces are accessed through a security door opening to their own entry corridor. Upon entering the residential corridor, there is a nice effect created by pearlescent light reflected from the polished concrete floors and softly off-white walls. Arching windows in the original monitor roof flood the corridor with natural light and rouge red doors provide a staccato accent. Each loft has modern stainless steel kitchen appliances, bamboo tread stairs leading to the skylit loft and a magnificent wall of 12-by-12 windows that is the real design feature of this amazingly modern old complex of buildings.

The Green Effect

Public Relations and Marketing Coordinator Kristin Brewer shows Golden Belt to its best advantage. She's quick to display

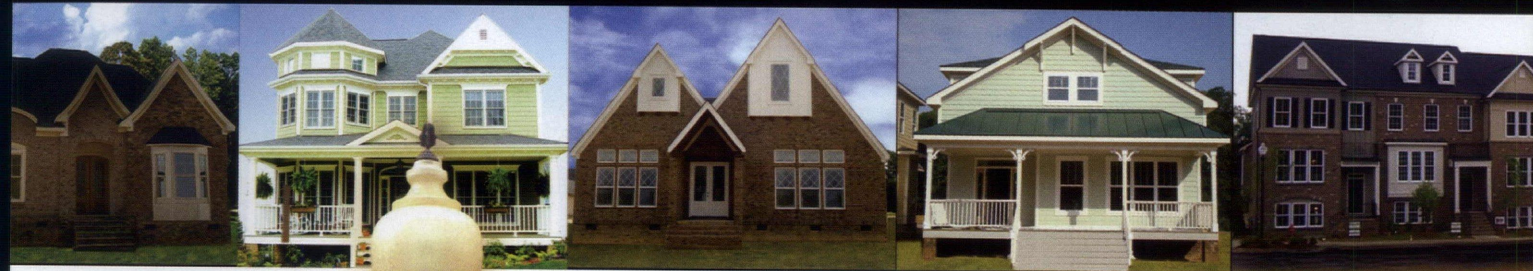
Now is the
time to buy!

*LOCK IN YOUR LOT

PHASE 1 PRICING

Take advantage of this incredible opportunity today.

The Villages of Apex - Walkable. Livable. Incomparable. And Close to Everything.



- » Georgetownes
- » Brownstones
- » Single-Family Homes
- » Carriage Homes
- » Townes over Retail
- » Adult Leasing Options
- » 13 Acre Park, Dog Park
- » Class A Office Space
- » Luxury Urban Condominiums
- » Retail Shops
- » Private School
- » Resort Style Amenities
- » Luxury Patio Villas

**APEX ↑ FIRST
DEVELOPMENT**
A DIVISION OF THE HALLE COMPANIES

Experience Small Town Charm CITY STYLE

We keep hearing "We're ready to downsize."

"We want the lifestyle The Villages of Apex offers."

"We want an office on the first floor because we work from home."

BUT . . . "We have to sell our home."

The custom builder team at The Villages of Apex is offering the opportunity to "**LOCK IN YOUR LOT**" in phase 1 of our single-family homes. Additional incentives are also being offered by our builders and preferred lender.

*Visit our sales center at 1351 US Hwy 64W, Suite 103, Apex, NC 27523 or call 919.363.1997 for complete details.

SALES BY:
THE KING PARTNERSHIP
PROPERTY SALES 919.363.1997
COMMERCIAL LEASING:
YORK PROPERTIES 919.645.2764
THE VILLAS AT OLD MILL VILLAGE
SALES: 919.272.0191

The **VILLAGES**
of **APEX**

Historic. Contemporary. Extraordinary.



THEVILLAGESOFAPEX.COM



Ashley Brodie, jeweler, at work in her studio space.

**LAST
CALL!**



GLENWOOD

**We've Saved The Best For Last
Our Final Release Of Homes**

**Offered from
\$299,900**

Call (919) 755-6000 / www.222glenwood.com

222 Glenwood Avenue, Raleigh, NC 27603



Offered by
Halter Realty Group



ORAL REPRESENTATIONS CANNOT BE RELIED UPON AS CORRECTLY STATING REPRESENTATIONS OF THE SELLER.
FOR CORRECT REPRESENTATIONS, REFERENCE SHOULD BE MADE TO THE GOVERNING DOCUMENTS FOR 222 GLENWOOD
MASTER CONDOMINIUM ASSOCIATION, INC. TO BE FURNISHED BY THE SELLER TO A PURCHASER OF A CONDOMINIUM UNIT.



Golden Belt's window-lit areas, beautifully fitted wood ceilings and gracefully aging corbelled brickwork. Golden Belt's plethora of natural light and recycled historic elements are essential to the LEED, or "green," certification that Scientific Properties intends to achieve for Golden Belt.

"The response to this building, with its many uses and beautiful spaces, has been overwhelming," says Brewer.

There is simply no more satisfying contribution to a community than the renovation and adaptive use of a historic building whose past was integral to the New City of the South. That city arose from the success of hard-driving industrialists who created architecture to serve their needs. To remake such a building to serve the present day needs of the people and the community is a salute and a contribution to our new age of artistic entrepreneurs, an age which attracts, nurtures and retains some very talented and diverse people. It is quite a special feat.

The Rothschilds join a proud group of visionary people who have seen beauty in the work-a-day buildings of the industrial age and made them our modern day legacy. **MM**

COASTAL NEWS

RIVER DUNES TO HOST REGATTA

River Dunes, a waterfront community located on the Intracoastal Waterway and the Pamlico Sound near Oriental, NC, will host the 2008 Etchells Class Atlantic Coast Championship on Oct. 24-26. The 30-foot-6-inch sailing vessels will start the world-class sailing event on the Pamlico Sound at 9 a.m. on Saturday, Oct. 25, with an awards ceremony at Grace Harbor at River Dunes on Sunday, Oct. 26. For more information about River Dunes or the sailing event, visit www.riverdunes.com.

COASTAL CALENDAR

By Maury Jefferson

Mattie King Davis Art Gallery: Aug. 1-31. Charles Sharpe will be the featured artist for the month of August at the Mattie King Davis Art Gallery, the oldest gallery in Carteret County. The gallery is open from 10 a.m.-4 p.m. Monday through Saturday located at the Beaufort Historic Site. **Beaufort.** Call 252-728-5225.



First Friday

First Friday: Aug. 1. This family-oriented street festival is held from 6-8 p.m. on the downtown Manteo waterfront. Enjoy live music by Roots in the Sand, Aquarium, and Sandy Mountain Boys while engaging in activities including rock climbing, magic and chair massages. **Manteo.** Visit www.firstfriday-roanokeisland.com.

NC Ducks Unlimited Band The Billfish Tournament: Aug. 1-2. Headquartered at Big Rock Landing, Morehead City for registration and weigh-ins. Tournament events are located at the Crystal Coast Civic Center. **Morehead City.** Visit www.bandthebillfish.com or call 252-237-3717.

Long Bay Lady Angler King Mackerel Tournament: Aug. 1-3. The largest ladies-only tournament on the East Coast sponsored by Oak Island Fishing Club. Per boat fee charged to enter tournament. **Oak Island.** Call 910-367-3325 or visit www.oakislandfishingclub.org.

Riverfront Farmers' Market: Aug. 2. Open every Saturday from 8 a.m.-12:30 p.m., Wilmington's features a curbside market including local farmers, producers, artists and crafters. **Wilmington.** Visit www.wilmingtonfarmers.com.

ton. Visit www.wilmingtonfarmers.com.

Morehead City Parks and Recreation Summer Concerts: Aug. 2. The Morehead City Parks and Recreation Department and Chair and Equipment Rentals sponsor summer-long concert series through Labor Day weekend. These performances are free and open to the public, scheduled each Saturday evening from 7-8:30 p.m. at Jaycee Park, 9th and Shepard Street. **Morehead City.** Call 252-726-5083.

Outer Banks Wildlife Shelter Sandcastle Contest: Aug. 2. On Atlantic Beach, determined sandcastle teams will craft an authentic vision in sand. Creations are constructed all day where many gather in anticipation to witness the outcome of each castle and determine the winner of the reign of "Best Built Sandcastle." **Atlantic Beach.** Call 252-240-1200.

Friday Night Music Series: Aug. 3-17. Every Friday night from 7-10 p.m., Elizabeth City waterfront comes alive with music by various artists including Chuck Hodges, Jazz & Blues with Cool 21, Deacon Blues, BC of the DreadNecks and Ty Fleming. Admission is free. **Elizabeth City.** Call 252-335-1163.



Riversfront Farmers' Market

The Whalehead Club Wine Festival: Aug. 6. Every Wednesday from 3-7 p.m., come enjoy an afternoon of wine tasting and entertainment under the tents on the north lawn of Currituck Heritage Park. **Corolla.** Visit www.whaleheadclub.org.

Summer Concert Series on the Lawn: Aug. 7. Every Thursday from 7-8:30 p.m., relax on the south lawn of Currituck Heritage Park while enjoying musical talents from local musicians and


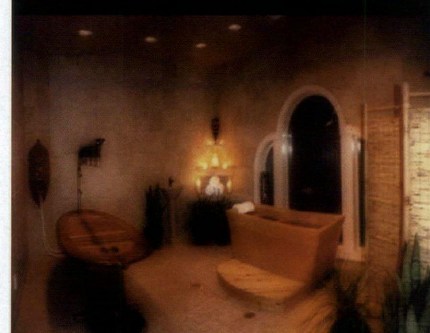


CAROLINA CREATIONS


Fine Art & Contemporary
Craft Gallery featuring
Paintings • Jewelry
Glass • Art Furniture
Pottery • Wood

Named one of the top 25
American Craft Galleries in
the US by Niche Magazine


252-633-4369
Open 7 days a week
317 Pollock St - New Bern
Elite & Round the House
www.carolinacreations.com

European Health Spa



Weddings & Celebrations



Executive Conference

888-237-2035

www.ocspanc.com

Indian Beach, North Carolina

Ocean to Sound Resort

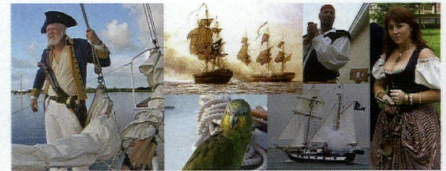
SEE SHELLS
Galore

NORTH CAROLINA FERRY SYSTEM

1-800-BY FERRY
WWW.NCFERRY.ORG
N.C. Department of Transportation

students from NC School of Arts. **Corolla.** Visit www.whalesheadclub.org.

Beaufort Pirate Invasion: Aug. 8-9. The re-enactment will begin at 1:30 p.m. on Aug. 9 from the Beaufort Waterfront. After the invasion, those captured will be marched to the Beaufort Historic Site for a mock trial — entertainment for the entire family. **Beaufort.** Call 252-728-3917 or 252-728-4611.



Beaufort Pirate Invasion

Friday Free Flicks: Aug. 8. Sponsored by Emerald Isle Parks and Recreation. Movies are family-oriented, free and open to the public starting at 7 p.m. Children must be accompanied by an adult. Popcorn and drink for \$1, no outside beverages or snacks allowed. Please bring chairs and blankets. **Emerald Isle.** Call 252-354-6350 for movie titles up to one week prior to showing.

Saturday Market: Aug. 9. Music, food, arts and crafts, antiques and collectibles, and a farmers' market will take place on the Washington waterfront in Harding Square. **Washington.** Call 252-975-6479 or visit www.visitwashingtonnc.com.

9th Annual Kitty Hawks Kites Ocean Games: Aug. 9. Participate in a 5-mile kayak race,

Famous Blockade Runner Breakfast Complimentary Everyday!

br seabreeze

85° SPF 15

sandcastles...

...summer time

as low as **\$155*** also ask about our getaway rendezvous package!

800-541-1161 • blockade-runner.com
wrightsville beach, nc

*Per night with a 3, 5, or 7 night package. Harbor Front rooms. Based on double occupancy. Restrictions apply. Call for details. Offer begins 8/10/08.

Tryon Palace
HISTORIC SITES & GARDENS • NEW BERN

1-800-767-1560
www.tryonpalace.org

sandcastle building contest, kiteboarding demonstrations and more for the whole family. Located on the beach behind the Ramada Inn in Kill Devils Hills, just north of Nags Head. **Kill Devil Hills.** Call 877-359-8447.



Indian Cultural Festival & Powwow

5th Annual Roanoke Island American Indian Cultural Festival & Powwow: Aug. 9-10. American Indian tribes from across the nation will gather in tribal regalia, celebrating traditional music, dance, visual arts, storytelling and more. **Manteo.** Visit www.ncalgonquians.com.

19th Annual Alice Kelly Ladies Only Memorial Billfish Tournament: Aug. 9-10. Registration takes place on Aug. 9 with fishing on Aug. 10. **Manteo.** Visit www.pcbgt.org.

25th Annual Pirate's Cove Billfish Tournament: Aug. 12-15. As part of the NC Governor's Cup Series, this tournament begins with registration on Aug. 11 and fishing from Aug. 12-15. **Manteo.** Visit www.pcbgt.org.

Long Bay Lady Angler King Mackerel Tournament



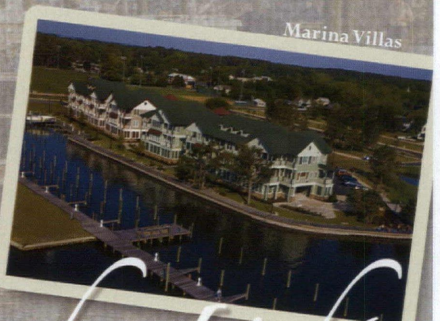
Come Discover Life in Historic Manteo on The Outer Banks of North Carolina.

Downtown Manteo



Marshes Light is a new, waterfront community in the heart of downtown Manteo. Wrapped by boardwalks and an operating marina. Mixing new with old. Marshes Light currently has luxury two and three bedroom marina villas, single family homesites and a limited number of boat slips available for sale. Carefully planned. Thoughtfully designed to blend with historic Roanoke Island and its sense of coastal traditions.

Marina Villas



Come Discover

Marshes Light
on Roanoke Island

Take a coastal discovery tour and see if Marshes Light is the community you could call home.

Sales center and models located at 326 Fernando St., Manteo.

888-319-3557 or 252-475-9863
www.marsheslight.com

Villas, marina boat slips and single family homesites now available for sale.

• KITTY HAWK •
LAND COMPANY



the perfect place...

to be pampered.



For that part of you that wants to be pampered, the Outer Banks' only full-service resort awaits. It's the perfect time of year to experience the luxuries of our oceanfront resort.

Relax in one of our plush, newly renovated rooms. Indulge in our luxurious spa. Or enjoy one of our many packages such as The Epicurean, the perfect weekend escape. Featuring an exquisite dinner of French-inspired contemporary American cuisine at our award winning Four Diamond restaurant, The Left Bank.



The Sanderling
Resort & Spa

The perfect place to be.

The Outer Banks

toll free 877-650-4820

For a complete listing of packages visit

www.thesanderling.com

Meet me by the boardroom...

If you seek the perfect meeting environment surrounded by an endless array of entertainment and dining, plan your stay at the award-winning Wrightsville Beach resort.

**Thank You for Voting Us
Best Beach Resort!**



877.330.5050 | 910.256.2231
www.wrightsville.sunspreeresorts.com



New World Festival of Arts: Aug. 13-14.

Enjoy an exhibition of fine arts and crafts featuring 80 selected artists from Vermont to Florida showcasing and selling their works on the Manteo waterfront from 10 a.m.-6 p.m. on Aug. 13 and 10 a.m.-5:30 p.m. on Aug. 14. **Manteo**. Call 252-473-2838.

Life is Good Watermelon Festival: Aug. 14.

Presented by Kitty Hawks Kites, this outdoor summer bash includes family entertainment, games, activities and of course, watermelon! **Nags Head**. Call 252-411-4124 or visit www.kittyhawk.com.

3rd Annual Pickin' on the Pamlico: Aug. 16.

An all-you-can-eat fresh NC steamed crab and shrimp feast, with musical entertainment. Keyzer's Catering is back for their third year, as well as the 360 Degrees Band. Event to support the revitalization of downtown Washington. **Washington**. Call 800-999-3857 or visit www.visitwashingtonnc.com.

12th Annual East Coast Wahine Championship: Aug. 16-17.

Surf competition open to amateur surfer girls on the East Coast. The contest format features shortboard, longboard and bodyboard divisions. **Wrightsville Beach**. Visit www.eastcoastwahines.com.

Build a Boat in a Day: Aug. 16, 23-24.

The Harvey W. Smith Watercraft Center, located across from the NC Maritime Museum in Beaufort, is open for viewing wooden boat construction and restoration, and ship model building. Boatbuilding Carpentry is a prerequisite for the Boatbuilding classes. Construction is for an adult/child team working from pre-cut kit. **Beaufort**. Contact the museum at 252-728-7317.

Virginia Dare's Birthday: Aug. 18.

Celebrate Virginia Dare's 421st birthday at The Elizabethan Gardens, The Lost Colony and Fort Raleigh National Historic Site join together to present a day full of fun activities for the whole family to enjoy. **Manteo**. Call 252-473-3234.

Shrimp by the Bay: Aug. 21.

Great food and live music. Dinner lasts from 5:30-7 p.m. with music from 6-9 p.m. Advance tickets available. Chowan Golf and Country Club; **Edenton**. Call 252-482-3400 or visit www.visitedenton.com.

Beach Jive After Five Summer Concert:

Aug. 21. From 5:30-7 p.m. at the Western Ocean Regional Access in Emerald Isle. Bring chairs and

Metro Magazine

- News and Events
- Feature stories
- Style and Fashion trends
- Art news
- Design trends

919-831-0999

www.metronc.com

blankets to enjoy live music featuring Big Drink (acoustic originals and covers). This event is free to the public. **Emerald Isle.** For details call 252-354-6350 or visit www.emeraldisle-nc.org.

Free Concert on the Beaufort Waterfront: Aug. 21. Live music on the Beaufort waterfront beside the Dock House by the clock. **Beaufort.** Contact Pat Wesson at 252-504-3396.



Beaufort Offshore Celebrity Classic

Winterville Watermelon Festival: Aug. 21-23. Food, music, games, activities and entertainment for the whole family in downtown Winterville. **Winterville.** Visit www.watermelonfest.com.

8th Annual River City Bull Bash: Aug. 22-23. Come enjoy this yearly rodeo at the Newland Truck & Tractor Pull Track. **Elizabeth City.** Call 252-339-2246.

Flavor of the Past 2008: Boom Times in a

Boom Town: Aug. 23. From 9 a.m.-4 p.m. enjoy food and entertainment from Wilmington's eras of riches, from the affluent antebellum era, to the extravagant Gilded Age, to the prosperous homefront years. **Wilmington.** Visit www.capefearmuseum.com or call 910-798-4362.

The Wilmington Swingin' for Wishes Golf Classic: Aug. 27. Join the Make-A-Wish foundation of Eastern North Carolina in a round of golf at Castle Bay Golf & Country Club in Hampstead to help grant the wishes of children with life-threatening medical conditions in Eastern NC. Shotgun start begins at 1 p.m. **Hampstead.** Call 919-821-7111 ext. 203, or visit www.eastncwish.org.


Beaufort Offshore Celebrity Classic: Aug. 27-30. All ages are welcome to join us in celebrating Labor Day Weekend with the Beaufort Offshore Celebrity Classic (BOCC). This annual holiday fishing tournament is designed to include Billfish, Gamefish and King Mackerel — (SKA Sanctioned). Originally known as Strike it Rich, this newly formatted tournament will kick off with the Captains Meeting and Party on Wednesday evening. Friday will include fireworks and the Awards Ceremony will close the event on Saturday evening. **Beaufort.** Visit www.fishbocc.com or call 252-504-2640 or 1-800-760-7278.

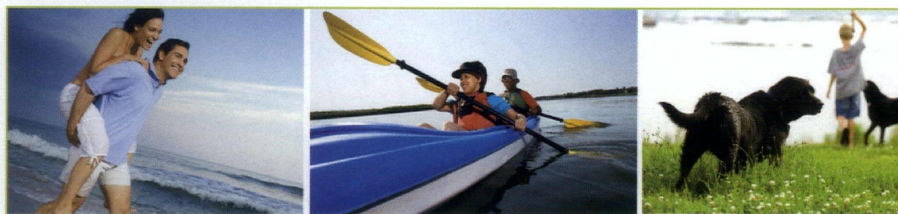
Fall Show, Carteret County Arts & Crafts Coalition: Aug. 30-31. A juried show and sale of arts and crafts of coastal artisans. **Beaufort.** Call 252-729-9311.

Wilmington
DOWNTOWN

FOR SALE - Corporate Penthouse in the heart of downtown Wilmington.
8,000 sq.ft. & open terrace with spectacular views of the Cape Fear.

JIM ROLQUIN
CORPORATE RELOCATION
910.200.1125 • jimrolquin@att.net

 **COMMONWEALTH**
COMMERCIAL PROPERTIES
www.ccprealty.com



Adventure is Calling at the Crystal Coast

Let us help make your next vacation one you'll never forget. Call today!

Check our website for internet specials!
888-677-3535 | bluewatermetro.com

Bluewater **GMAC**
Real Estate

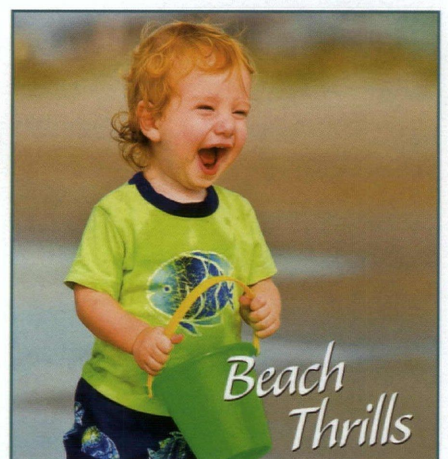
©2008 GMAC Home Services, LLC. Is An Independently Owned and Operated Firm. GMAC is a registered trademark of General Motors Acceptance Corporation. Equal Opportunity Housing Provider.



Kyle Highsmith "Bogue Shore Piers, Morehead City", oil, 36 in. x 30 in.

**VISION
GALLERY**
ORIGINAL PAINTINGS & SCULPTURE

252.247.5550
www.twogalleries.net
407 Atlantic Beach Causeway, Atlantic Beach



*Beach
Thrills*

Salty Air. Rolling Waves. Gorgeous Sunsets...
Stop daydreaming! Call our Vacation Specialists today at 877.274.2614 to book your No Worries getaway and ask about our "In the Nick of Time" specials. Why wait another day to book your dream vacation? Visit our website at EmeraldIsleRealty.com for more information about our extensive selection of classic cottages, condos and elegant beach homes.

*Emerald Isle
Realty*

A Tradition on the North Carolina Coast Since 1962!

Dock in your backyard.

Visit our website and enter to win 2 round trip airline tickets!*



Luxury Living ON THE INTRACOASTAL WATERWAY

34 distinct homesites each with its own boatslip.

- 57 Boat Slip Marina
- Carolina Coast Architecture
- Waterfront Clubhouse & Pool
- Community Nature Park
- Protected Boat Basin with Access at All Tides
- Dock Lights, Power & Water

Call today to learn more about Wilmington's newest prestigious address.

888.437.4184 | www.masonlanding.com

*Rules and Restrictions apply. Tickets based on availability.



Intracoastal
REALTY CORPORATION

Homegrown singer-songwriter Tift Merritt returns to the NC Museum of Art's outdoor concert series to perform hits from her chart-topping third album, *Another Country*, on Aug. 23 in Raleigh. (See Preview Museums for details.)



NCMA

ARTSPACE



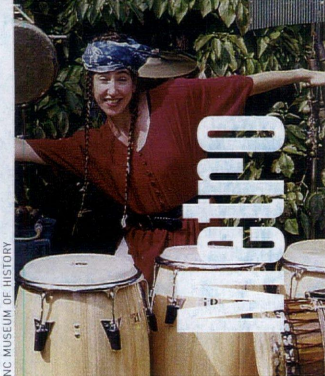
Artspace in Raleigh will host "BRICOLEUR" a comprehensive exhibition of assemblages and paintings by *Metro's* own Louis St. Lewis Aug. 30-Oct. 5. (See Preview Galleries for details.)

Openings

The stars come out to shine on star-crossed lovers as the Carolina Shakespeare Festival celebrates its 10th anniversary with *Romeo and Juliet* Aug. 1-17 at The New Bern Civic Theatre in New Bern. (See Preview Stage & Screen for details.)



NEW BERN CIVIC THEATRE



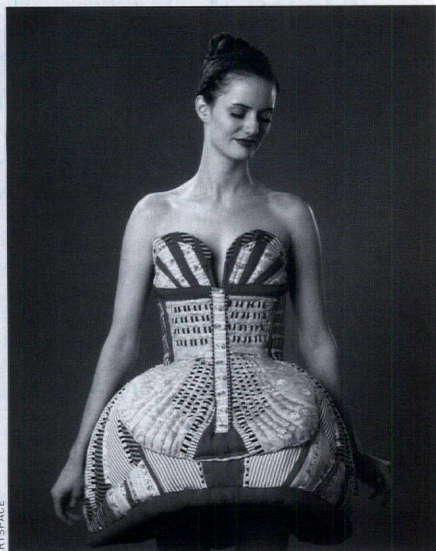
Preview

by Mary Ward Boerner

SUMMER'S GRAND FINALE

GALLERIES

RICHARD GARRISON, NEW PAINTINGS: Tyndall Galleries at University Mall, Chapel Hill; Thru Aug. 16. Contact 919-942-2290 or www.tyndallgalleries.com.



Marie Cordella, Plastic, dress of styrene, cotton solid, print, linen, silk; will be on view during Cordella's residency at Artspace in Studio 106 through January 2009.

ABUNDANCE OF NATURE: Works by Eric Saunders, Lori White and Rachel Souza; Miriam Preston Block Gallery at the Municipal Building, Raleigh; Thru Aug. 5. Contact 919-890-3610 or www.raleighnc.gov/arts.

THREE NEW MEMBER ARTISTS, PAINTINGS BY PEG BACHENHEIMER, LOLETTE GUTHRIE & RICHARD KNOX: Hillsborough Gallery of Arts, Hillsborough; Thru Aug. 23. Contact 919-732-5001 or www.hillsborough-gallery.com.

THE NATURAL WORLD WORKS BY DIANNE T. RODWELL: Original oils on paper and canvas, and wax resist/acrylics on rice paper; Gallery A, Raleigh; Thru Aug. 31 (Opening Reception Aug. 15). Contact 919-546-9011 or www.gallerya-nc.com.

CITY BY THE BAY AND OTHER NEW WORKS BY JOAN VANDERMEER: Mad Hatter Bake Shop & Café, Durham; Thru Sept. 10. Contact 919-286-1987.

SUMMER IN THE CITY: Featuring new paintings by gallery artists; Carolina Creations, New Bern; Thru Sept. 1. Contact 252-633-4369 or www.carolinacreations.com.



A new body of paintings by Richard Garrison will be on view at Tyndall Galleries in Chapel Hill through Aug. 16.

DOUG PRATT/ANN FAUST, BIRD ILLUSTRATIONS: The Nature Art Gallery, Raleigh; Aug. 1-31. Contact 919-733-7450.

HEAD IN THE CLOUDS, NEW WORKS FROM CYNTHIA ROHRER AND THU TRAN: Rebus Works, Raleigh; Aug. 1-Sept. 27 (Opening Reception Aug. 1.) Contact 919-754-8452 or www.rebusworks.us.

MUCHO MUD POTTERY SHOW: Handbuilt and thrown pottery by Brenda Taylor; The Nature of Art Gallery, Holly Springs; Aug. 1-30 (Opening Reception Aug. 8). Contact 919-387-9448 or www.thenatureofart-frameshop.com.

CHUCK CLOSE — A SELF PORTRAIT: Animation & Fine Art Galleries at University Mall, Chapel Hill; Aug. 8-Sept. 11. Contact 919-968-8008 or www.animationandfineart.com.

NEW PAINTINGS BY TED JASLOW: ArtSource North Hills, Raleigh; Aug. 1-Sept. 1. Contact 919-787-9533 or www.artsource-raleigh.com.

NEW PAINTINGS BY DON MERTZ: ArtSource Five Points, Raleigh; Aug. 1-Sept. 1. Contact 919-833-0013 or www.artsource-raleigh.com.

EVENTS AT THE ARTSCENTER: Carrboro; Contact 919-929-2787 or www.artscenterlive.org.

• **PAINTINGS BY JENIFER PADILLA:** Center Gallery; Aug. 1-30 (Opening Reception Aug. 8).

• **WORKS BY AMANDA BARR:** East End Gallery; Aug. 1-30 (Opening Reception Aug. 8).

EVENTS AT ARTSPACE: Raleigh; Contact 919-821-0383 or www.artspacenc.org.

• **BRICOLEUR — LOUIS ST. LEWIS:** Gallery 2; Aug. 30-Oct. 5 (Opening Reception Sept. 5).

• **EILEEN DOKTORSKI — VORTEX, SUMMER ARTIST-IN-RESIDENCE:** Gallery 1; Aug. 1-Sept. 8 (Opening Reception Aug. 1).

• **ARTSPACE SUMMER ARTS PROGRAM YOUTH EXHIBITION:** Gallery 2; Aug. 19-23.

• **FAMILY FUN DAY:** Aug. 23

• **VALARIE JEAN BAILEY — SHRINE OF THE BOTTLE TREE FLOWERS:** Aug. 1-30 (Opening Reception Aug. 1).

• **MARIE CORDELLA — REGIONAL EMERGING ARTIST-IN-RESIDENCE:** Studio 106; July-Jan. 2009.

• **EMILY HOWARD — SUSTAINABLE LINEAGE:** Lobby; Aug. 1-30 (Opening Reception Aug. 1).

POP MUSIC

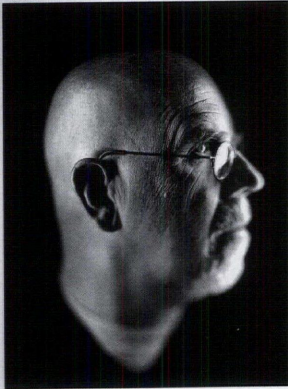
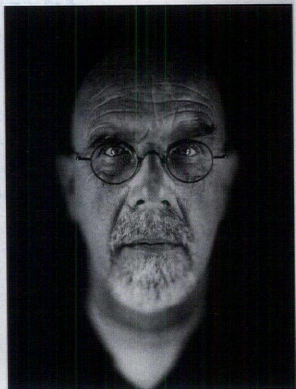
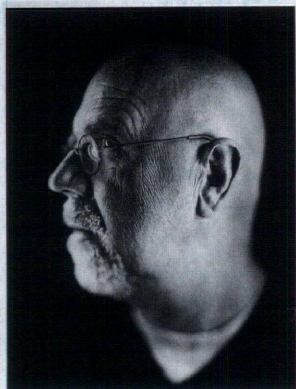
JARMAN OPRY THEATER: A classic country, gospel, bluegrass Christmas show; Masonic Theatre, New Bern; Aug. 2. Contact 252-675-7689 or 252-636-6225.

COOL CABANA DECK PARTY: Live entertainment every Friday evening from 5-9 p.m.; Sheraton New Bern Hotel; Aug. 1, 8, 15, 22, 29. Contact 252-638-3585.

JAZZ ON THE TRENT: Free live jazz concerts every Sunday; Sheraton New Bern Hotel; Aug. 3, 10, 17, 24, 31. Contact 252-638-3585.

2ND FRIDAY OPEN JAZZ JAM AT THE ARTSCENTER: ArtsCenter, Carrboro; Aug. 8. Contact 919-929-2787 or www.artscenterlive.org.

VISITRALEIGH.COM ROCK HALL BENEFIT CONCERT: A Two-day Classic Rock Festival with performances by The Connells, Arrogance, local emerging artists and well-known bands to benefit The Rock and Roll Hall of Fame and Museum and The John Entwistle Foundation; Koka Booth Amphitheatre, Cary; Sept. 19-20. Contact www.ticketmaster.com.



Self Portraits I, III, V, Chuck Close, 2002, Iris Print w/ Serigraph Varnish, will be on view during Chuck Close — "The Self Portrait" at Animation & Fine Art Galleries in Chapel Hill, Aug. 8-Sept. 11.

EVENTS AT KOKA BOOTH AMPITHEATRE: Cary; Contact www.boothamptitheatre.com or www.ticketmater.com.

- **WILCO W/ SPECIAL GUEST BON IVER:** Aug. 8
- **BEER, BOURBON & BBQ FEST:** Aug. 9
- **LIVE/BLUES TRAVELER/COLLECTIVE SOUL:** Aug. 16
- **G. LOVE & SPECIAL SAUCE & THE JOHN BUTLER TRIO:** Aug. 21
- **4TH ANNUAL CAROLINA MUSIC FESTIVAL:** Aug. 23-24
- **REGENERATION TOUR — THE HUMAN LEAGUE, BELINDA CARLISLE, ABC, A FLOCK OF SEAGULLS AND NAKED EYES:** Aug. 27
- **SLIGHTLY STOOPID, PEPPER, SLY & ROBBIE AND THE TAXI GANG:** Aug. 28
- **CAROLINA HOPE FESTIVAL W/ GUEST ARTISTS COLBIE CAILLAT & EDWIN MCCAIN:** Aug. 30
- **POPS IN THE PARK W/ THE NORTH CAROLINA SYMPHONY:** Aug. 31

EVENTS AT THE DOWNTOWN LIVE CONCERT SERIES: Moore Square Park, Raleigh; Contact www.raleigh-downtownlive.com.

- **BAD COMPANY VOCALIST BRIAN HOWE, WILL HOGE, JIM BIANCO:** Aug. 9
- **PUDDLE OF MUD, EVE 6, REV THEORY, SAVING ABEL:** Aug. 23

EVENTS AT THE TIME WARNER CABLE MUSIC PAVILION AT WALNUT CREEK: Raleigh; Contact 919-834-4000 or www.livenation.com.

- **RASCAL FLATTS W/ TAYLOR SWIFT:** Aug. 2
- **JOURNEY, HEART AND CHEAP TRICK:** Aug. 10
- **JACK JOHNSON:** Aug. 12
- **KENNY CHESNEY W/ LEANN RIMES:** Aug. 22
- **JOHN MAYER W/ SPECIAL GUEST ONE REPUBLIC:** Aug. 27

EVENTS AT MUSIC IN THE PARK CONCERT SERIES: Union

Point Park, New Bern; Contact 252-639-2902.

- **SOUTHERN BREEZE BAND:** Aug. 8
- **PICKIN' & GRINNIN':** Aug. 15
- **KARAOKE:** Aug. 22

STAGE & SCREEN

THE ALL NIGHT STRUT! Presented by ECU/Loessin Summer Theatre; Turnage Theater, Washington; Thru Aug. 2. Contact 252-975-1192 or www.turnagetheatre.com.

CAROLINIAN SHAKESPEARE FESTIVAL PRESENTS ROMEO & JULIET: New Bern Civic Theatre, New Bern; Thru Aug. 17. Contact 252-633-0567 or www.newberncivictheatre.org.

GIVE IT UP, TURN IT LOOSE: A world premiere presented by Theatre in the Park; Ira David Wood III Pullen Park Theatre, Raleigh; Aug. 1-3 & 7-10. Contact 919-831-6058 or www.theatreinthepark.com.

HAUNTED EVENING HISTORICAL DRAMA: An evening of history, mystery and shadows; Attmore-Oliver House, New Bern; Aug. 1 & 8. Contact 252-638-8558 or www.newbernhistorical.org.

EVENTS AT HOT SUMMER NIGHTS AT THE KENNEDY: Kennedy Theatre at the Progress Energy Center for the Performing Arts, Raleigh; Contact 919-831-6060 or www.hotsummernightsatthekennedy.org.

• **SKYLIGHT BY DAVID HARE:** Thru Aug. 3

• **PERSONALS:** Aug. 6-17

• **GODS OF AUTUMN — WORLD PREMIERE:** Aug. 20-31

EVENTS AT THE NC MUSEUM OF ART: Raleigh; Contact 919-839-6262 or www.ncartmuseum.org.

• **MUSIC/MOVIE COMBO — CAROLINA CHOCOLATE DROPS/THE GREAT DEBATORS:** Aug. 1

• **OUTDOOR MOVIE — THE BOURNE ULTIMATUM:** Aug. 2

• **OUTDOOR MOVIE — MICHAEL CLAYTON:** Aug. 8

• **OUTDOOR MOVIE — HORTON HEARS A WHO:** Aug. 9

• **OUTDOOR MOVIE — JUNO:** Aug. 16

• **OUTDOOR MOVIE — ACROSS THE UNIVERSE:** Aug. 22

MUSEUMS

DEAD SEA SCROLLS EXHIBIT: Portions of the Dead Sea Scrolls along with more than 100 artifacts from the land and time of the scrolls will be on view; North Carolina Museum of Natural Sciences, Raleigh; Thru Dec. 28. Contact 919-733-7450 or online at www.naturalsciences.org.



A new exhibit, "El Greco to Velázquez" — Art During the Reign of Philip III, opens at The Nasher Museum of Art on Aug. 21 in Durham.

NASHER MUSEUM OF ART

Looking for a Cool Vacation?
just look up.

Discover your own back yard! The mountains of Boone, Blowing Rock and Watauga County are just a short drive away, yet the cool, crisp air, stunning views, and abundant opportunities for outdoor adventure make this area seem worlds apart. Enjoy family attractions including Tweetsie Railroad and the original Mast General Store, downtown shopping and world class restaurants, a range of accommodations, performing arts, festivals and much more.

one cool vacation!
WATAUGA
Boone & Blowing Rock in Watauga County

HIKING | BIKING
SHOPPING
TWEETSIE RAILROAD
MAST GENERAL STORE
GRANDFATHER MOUNTAIN
OUTLETS
FINE DINING
WHITEWATER RAFTING
APPALACHIAN STATE
PERFORMING ARTS
CRAFTS AND ANTIQUES
CABINS
MODERN HOTELS
BED AND BREAKFASTS
WINERIES
ART IN THE PARK
THE TURCHIN CENTER

800-699-5097 (Boone) | 877-750-4636 (Blowing Rock) | www.ExploreBooneArea.com



Using an assortment of gourds, Beverly Botsford creates stirring rhythms blended with folklore, history, humor, science and art she performs Aug. 10 at The NC Museum of History in Raleigh.

EVENTS AT THE NASHER MUSEUM OF ART: Duke University, Durham; Contact www.nasher.duke.edu.

- **EL GRECO TO VELÁZQUEZ — ART DURING THE REIGN OF PHILIP III:** Aug. 21-Nov. 9
- **TASTE OF THE MODERN — ROTHKO, RAUSCHENBERG, OLDENBURG, KLINE:** Thru Sept. 14
- **THE PAST IS PRESENT — CLASSICAL ANTIQUITIES AT THE NASHER MUSEUM:** Ongoing

EVENTS AT THE NC MUSEUM OF ART: Raleigh; Contact 919-839-6262 or www.ncartmuseum.org.

- **MODERN AMERICAN PAINTINGS FROM THE BEQUEST OF**

FANNIE AND ALAN LESLIE: Thru Fall 2009

- **FAMILY FUN SATURDAY:** Aug. 2, 9, 16, 23, 30
- **SPECIAL EXHIBITION — JULIE MEHRETI, CITY SITINGS:** Aug. 17-Nov. 30
- **DROP-IN CRAFTS**
- **WONDERFUL WEDNESDAYS**
- **LUNCH & LEARN — BIRDING BEFORE BREAKFAST:** Aug. 23
- **OUTDOOR CONCERT: JOHN HIATT AND THE AGELESS BEAUTIES:** Aug. 15
- **OUTDOOR CONCERT — TIFT MERRITT:** Aug. 23

Everything old is New again!

What is it about New Bern that captures the imagination? Maybe it's simply the easy, relaxed feeling you have while strolling the charming streets where friendliness is a way of life. Come to New Bern where everything old is new again.

Don't miss:

- ★ Tryon Palace Historic Sites & Gardens
- ★ New Bern Academy Museum
- ★ Firemen's Museum
- ★ Birthplace of Pepsi
- ★ Restored Historic Downtown District

MS Bike Tour - Sept. 13th & 14th

NEW BERN

Everything old is new again!

★★★

CRAVEN COUNTY CONVENTION AND VISITORS CENTER
252-637-9400 or 800-437-5767
www.visitnewbern.com

Don't Miss the MS Bike Tour

EVENTS AT THE NC MUSEUM OF HISTORY: Raleigh; Contact 919-807-7900 or www.ncmuseumofhistory.org.

- **EXHIBIT — EVERYDAY ARTISTRY:** Opening Aug. 22
- **BEARING WITNESS — CIVIL RIGHTS PHOTOGRAPHS OF ALEXANDER RIVERA:** Thru March 1, 2009
- **HISTORY CORNER — I'VE GOT THE BLUES:** Aug. 6
- **PIRATES AHOY:** Aug. 9
- **SUMMER PERFORMANCE SERIES — BEVERLY BOTSFORD:** Aug. 10
- **A CLOSER LOOK — MAKING MUSIC IN NORTH CAROLINA:** Aug. 10
- **HISTORY À LA CARTE — GO FOR THE GOLD:** Aug. 13
- **MAKE IT, TAKE IT — BATHTUB DECOYS:** Aug. 16

EVENTS AT THE MUSEUM OF LIFE AND SCIENCE: Durham; Contact 919-220-5429 or online at www.lifeandscience.org.

- **SEASONAL EXHIBIT — SUMMER WINGS BUTTERFLY PAVILION:** Open thru Sept.
- **CATCH THE WIND & EXPLORE THE WILD:** Ongoing
- **NEW EXHIBIT — SOUNDSPACE, HEAR MOTION:** Now open thru Oct.
- **SEASONAL EXHIBIT — SUMMER WINGS:** Now open.



Portions of the Dead Sea Scrolls, the oldest surviving manuscripts of the Hebrew Bible, highlight an exhibition that also includes more than 100 artifacts from the land and time of the scrolls at The NC Museum of Natural Sciences in Raleigh through Dec. 28.

EVENTS AT MARBLES KIDS MUSEUM: Raleigh; Contact 919-834-4040 or www.marbleskidsmuseum.org.

- **IMAX THEATRE MOVIES:** Call 919-882-IMAX for movies and show times.

EVENTS AT THE ACKLAND ART MUSEUM: UNC-Chapel Hill; Contact www.ackland.org.

- **EXHIBIT — CONTEMPORARY DRAWINGS FROM THE ACKLAND COLLECTION:** Thru Aug. 17
- **EXHIBITION — THE ART OF LOVE:** Thru Sept. 7
- **EXHIBIT: GLORIFYING PATRONAGE — ART IN SERVICE OF FAMILY, FAME, AND FORTUNE:** Thru Aug. 16
- **EXHIBIT — IN AND AROUND THE GARDEN — PERSPECTIVES EAST AND WEST:** Thru Aug. 31
- **EXHIBITION — FLOWING LIKE WATER — THE ART OF LIQUIDITY:** Thru Aug. 31

EVENTS AT WILSON LIBRARY: University of North Carolina-Chapel Hill; Contact www.lib.unc.edu.

- **SATAN IN A BOTTLE — A HISTORY OF THE PRODUCTION AND CONTROL OF ALCOHOL IN NORTH CAROLINA:** North Carolina Collection Gallery; Thru Aug. 31. Contact 919-962-1172.

POTPOURRI

NORTH HILLS FARMERS' MARKET: Featuring fresh local produce, homemade goods, local artists and

entertainment: Commons Lawn at North Hills, Raleigh; Saturdays 8 a.m.-12 p.m. through October. Contact www.northhillsraleigh.com.

THE FRANKLIN HOTEL PRESENTS 2008 WINE DINNER SERIES: A four-course dinner with wine pairings on the grand terrace; The Franklin Hotel, Chapel Hill; Aug. 7. Contact 919-442-4091.

3RD ANNUAL JIMMY V RACQUETS FOR RESEARCH: Tennis tournament for professionals and enthusiasts to benefit local cancer research projects; Cary Tennis Park, Cary; Aug. 9. Contact 919-380-9505 or online at www.jimmyv.org.

3RD ANNUAL JIMMY V RIDE FOR RESEARCH: This year's event will include various road tours, a safety rodeo and family fun rides to benefit local cancer research projects; Koka Booth Amphitheatre at Regency Park, Cary; Aug. 9. Contact 919-380-9505 or www.jimmyv.org.

KIDS MULTICULTURAL FUN DAY: Ten Thousand Villages at Cameron Village, Raleigh; Aug. 16. Contact 919-821-1134 or www.villagesofraleigh.org.

EVENTS AT THE GARDEN HUT: Fuquay-Varina; Contact 919-552-0590 or www.nelsasgardenhut.com.

CAROL STEIN'S GARDENERS FORUM — CRITTERS ARE PEOPLE TOO: Aug. 9

SATURDAY SHINDIG FEATURING MUSIC BY THE ENTER-TAINERS: Concert benefits the Yadkin Food Closet; RagApple Lassie Vineyard, Booneville; Aug. 9. Contact www.ragapplelassie.com.

EVENTS AT THE SENATOR BOB MARTIN EASTERN AGRICULTURAL CENTER: Williamston; Contact online at www.showwithus.com.

VIRGINIA REINING HORSE ASSOCIATION SUMMER SLIDE: Aug. 15-17. Contact www.virginiareininghorse.com.

MADE IN THE SHADE DRESSAGE HORSE SHOW: Aug. 23 & 24. Contact www.sportingservices.net.

T & J BARREL BLAST: Aug. 29-30

NATIONAL CONFERENCE ON COLLEGE STUDENT GRIEF: Conference will provide a national forum for student leaders, bereaved college students, the college mental health community, college administrators, families, patients and other interested parties to discuss current issues and future directions in college student grief support; Meredith College, Raleigh; Aug. 22-23. Contact <http://collegestudentgriefconference.eventbrite.com/> or www.studentsofamf.org.

BOOT CAMP TO BEAT CANCER: The Boot Camp 2 Beat Cancer is an exercise-based fundraiser open to people of all ages; Ravenscroft School, Football Stadium, Raleigh; Aug. 23. Contact www.bootcamp.eventbrite.com or www.studentsofamf.org.

AMF BANQUET: The event is held to honor Anne Marie Fajgenbaum and to celebrate the success of the National Students of AMF Support Network. Pam and Jamie Valvano will receive the AMF Service Award and will offer the keynote address. Proceeds from the event will go towards developing the current chapters of Students of AMF, creating new chapters, and offering new programming to college students coping with the illness or death of a loved one. Vaughn Towers, NC State's Luxury Box, Raleigh, NC; Aug. 24. Contact www.amfbanquet.eventbrite.com or www.studentsofamf.org/_AMF_Banquet-pid-57.html.

Our thanks to Cyndi Harris for her assistance with MetroPreview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Mary Ward Boerner, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or e-mail: mary@metromagazine.net.

More Fun Per Gallon



Highest Peak in the Smokies ▲ National Park ▲ Fontana Lake ▲ Railroad Excursions ▲ Rafting
Motorcycling ▲ Hiking ▲ Mountain Biking ▲ Arts & Crafts ▲ Lodging ▲ Blue Ridge Parkway

base camp for adventure
GreatSmokies.com • 800.867.9246

BRYSON CITY
NORTH CAROLINA

The Junior League of Raleigh presents



October 1-5

Raleigh Convention Center

\$10 for a four-day pass

(919) 787-7480

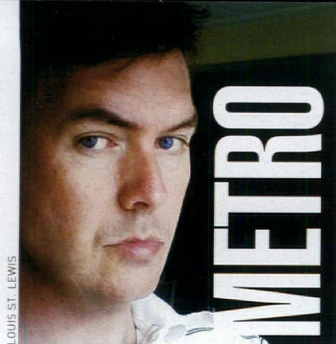
www.ashopping spree.net

Love to shop? Want to help make a difference in our community? Then this event is for you! We've gathered more than 140 of the nation's top vendors, all in our NEW location for you to shop, shop, shop. Jewelry. Home decor. Women's and children's clothing and shoes. Men's gear. Original art. The list goes on.

And, we'll have yummy treats, gourmet coffee, a commemorative shopping bag and special events galore! Don't miss a minute of the fun and excitement. Get your tickets today!

Proceeds from A Shopping SPREE! benefit youth programs and projects sponsored by the Junior League of Raleigh.





LOUIS ST. LEWIS

Artist-at-Large

by Louis St. Lewis

ENVOIOUS OF EASLEY TRIP

I am mad as a hornet over this whole Mary Easley-Libba Evans-Larry Wheeler-Russia-Estonia-Cavalcade. I'm mad because I wasn't invited along! I don't know what all the fuss is about. I assure you that if I could jam my fingers into the state coffers and have a nice trip I would. Listen people, history remembers the Marie Antoinette's of this world, not the peasants,

have even made it across the puddle — and the price would have been comparable to what they spent in Russia anyway.

When I was in the land of sable a few years ago, every place I dined plopped down a glass of Champagne AND a glass of vodka (big glass) as soon as you came to the table. Thank God some folks know how to be civilized at breakfast. Now folks

Fuquay-Varina or the NC Museum of Art. When I have mentioned to people around the globe that I am from North Carolina, they just give a blank, lost look, then their eyes light up and they either start talking about the Durham Rape Trial and the Duke 88 or they start reciting lines from *The Color Purple*, which was filmed right here in the state down around my old stomping grounds in Anson County.

Imagine this in a thick Russian accent, "I want to thank you, Miss Celie, fo' everything you done for me. I 'members that day in the store with Miss Millie — I's feelin' real down. I's feelin' mighty bad. And when I seed you — I know'd there is a God." It always brings a tear to my eye when people across the globe connect, don't you agree?

Larry Wheeler is to be commended for trying to make a link with the Hermitage Museum. I love our state museum, but let's call a spade a spade. We are not even in the same league. What the Hermitage throws in its dumpster could fill up our museum a hundred times over, so I say go for it. Y'all should know by now that it takes money to make money. Do you really think the museum got all those Rodins from Iris Cantor by luring her with Church's Fried Chicken? NO! Serious Champagne was involved. I'm just surprised that on this Russian trip they sprung for Veuve Clicquot. It's a fabulous wine, quite quaffable, and I've had it several times at Mr. Wheeler's house, so I know that he is partial to it ... but in Russia, I would have thought that they would have sprung for the Louis Roederer Cristal, since that was the traditional tipple of the Czar and Czarina.

Who knows? Perhaps all of the nouveau Russian billionaires guzzled it up before they got there that evening. All I know is that next time the powers that be are planning an all expense paid junket to Europe, courtesy of the people of the state, just let



MIA YOON

Mia Yoon, *Inaccessible Space*

and the sooner you get that through your thick skulls the better. What did you expect them to eat while they were over there ... fried lard? I guess they could have had Andrea Reusing of Lantern or Ashley Christensen of Poole's Diner pack up special hampers of food for the trip, but the repast would have been so delicious it wouldn't

have asked me why they had to spend so much money on room and board, 24/7 Mercedes limos etc., etc., etc. Why didn't the government and the museums over there just put them up and treat them like stars, people wonder? I'll tell you why. Most folks in Europe don't have any idea where North Carolina is much less Raleigh,

me know. I don't kiss and tell, and I don't eat much.

MIA YOON MAKES SAATCHI LIST

While some of the populace of the world may not know much about the Tar Heel state, at least one of our artists is making big waves across the puddle. Sydney, Australia-based international critic and art market guru Nicholas Forrest recently chose Mia Yoon's cool and calculated images for his "Top Ten" for the prestigious Saatchi Gallery online magazine. Over 70,000 artists vied for the top honor, and I'm so proud to say that one of Raleigh's own is right up there with the best of the best. Keep your eyes peeled as Mia prepares debuts of her new work this October at Flanders Art Gallery (www.flandersart-gallery.com), rapidly becoming one of my favorite galleries in the area.

CARY VISUAL ART WELCOMES TODD BRYANT

And last but not least, I want to give a big *Metro* welcome to Todd Bryant, recently appointed as the new executive

director of Cary Visual Art (www.cary-visualart.org). Even though I have gotten lost each and every time I have ever traveled to Cary, they had the "meet and greet" for Bryant at the ultra swank Umstead Hotel, and that's always easy to find. Bryant seems like a smart cookie. He immediately complimented me on my Gucci loafers and noticed that my tie was Hermès-inspired, but not Hermès. It takes a keen eye to notice the knockoffs nowadays, and I was duly impressed. The folks at Cary Visual Art have taken on the huge project of making Cary beautiful, so lend them your support. The Cary Art Ball will take place Nov. 8 right there at the Umstead, so dust off that old Christian LaCroix and get ready to boogie down with all the other Yankees in town.

MANNEQUIN BALL SET FOR NOV. 22

And stay tuned in this space for breaking news about the Third Mannequin Ball, set for Saturday, Nov. 22, at the new Raleigh Civic Center. The Mannequin Ball is all about fashion and art, this year centered

on New York City. Expect "the best party in North Carolina" to be bigger and better than ever at the new location — and the Southern debut of the fabulous Puppini Sisters, the retro-glam London girls



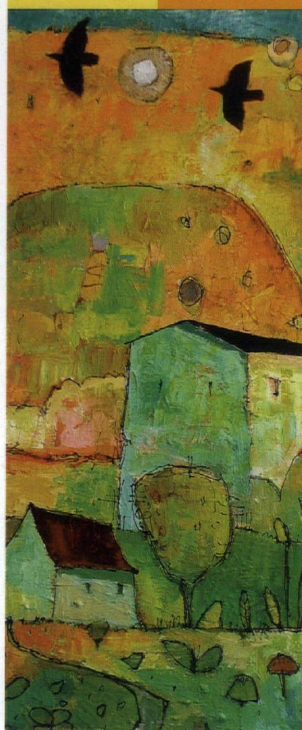
fast becoming one of the hottest acts across the globe. Go to www.thepuppinisisters.com to learn more and to www.themannequinball.com to become a sponsor, buy a table or purchase individual tickets. Or you can call *Metro* for more details: 919-831-0999. **MM**

Online Only!



Bernie Reeves writes
Between Issues
at www.metronc.com

MARK YOUR CALENDARS



THE 18TH ANNUAL WORKS OF HEART

THE TRIANGLE'S ART AUCTION AGAINST AIDS

SATURDAY, OCTOBER 11, 2008

For more info and online galleries, visit
www.worksofheart.org

Proceeds benefit



324 South Harrington Street
Raleigh, NC 27605
919-834-2437 • www.aas-c.org

2008 MEDIA PARTNER



LOCATION



Progress Energy
Center for the Performing Arts
AJ Fletcher Opera Theater

Mauna Luna | Jane Filer | Acrylic on canvas
19.5" x 25.5" | www.janefiler.com
Photographed by Lonnie Keith
keithphotography@nc.rr.com
Works of Heart identity and logo by Tony Burden

BARBECUE “JOINTS” AND HOMEMADE PIE

For as long as I can remember, Down East eating spots have a “pie case” on the counter displaying desserts. I’ve been places where they should have made less of a show of them. Thick, cardboard-like crust on a perfectly uniform lemon meringue pie with near translucent filling is a dead giveaway. Store-bought. Dreadful fare, as I see it, and certainly not destined to make customers jostle each other for the last slice.

Then there are the other places — little dining spots where someone in the back known only to the locals each morning turns out homemade pies, cakes and everybody’s favorite, banana pudding. But with limited hands, you can’t spend all day making desserts. Folks have to be fed. So while the quality is guaranteed, the quantity often is limited — maybe a couple of pies and a chocolate cake. Pudding, enough for the day, they hope. When it’s gone, it’s gone. Sorry.

Grady’s in Wayne County is one of these places. A less respectful sort might call it a “barbecue joint.” I don’t know why writers have the habit of using the word “joint” to describe respected purveyors of the one essential food — barbecue. It bothers me. A joint ain’t a joint in my book unless it has cheap eats, a jukebox, china that could survive a nuclear attack, rowdy clientele and at least one waitress who has no compunction about laying a cussing on them — and can do it without taking the cigarette out of her mouth. As a teenager, I knew one aging waitress who would place a cigarette between her brightly painted lips, light it, carry on a conversation and blow smoke rings without ever removing the cigarette, singeing the stray dark hairs on her upper lip, or causing the ash to break and fall. “Cross my heart and hope to die,” as my friend Larry Stewart used to say. Such a lady. She would always pause before reaching for her lighter to see if you were gentleman enough to light the cigarette for her. At that point in life, she rewarded you with a smile. But those dear old girls are about all gone.

Grady’s Barbecue (pronounced “Graddy’s” as if it had two D’s), owned and operated by the husband and wife team of Gerri and Steve Grady, deserves a better name than “barbecue joint.” Perhaps this plain, concrete block eatery should be dubbed a “maison du ‘cue.” I like the ring of that. If I ever decide to open a barbecue joint, I may go one step further: “LeGette’s Maison du ‘Cue.” Look for the sign.

I visited Grady’s on a Friday afternoon. The only signage is written on the side of the building, so it is easy to miss. Ms. Grady was still serving up barbecue and some other home cooking,

including barbecue chicken, also cooked on the pit. As I was waiting, I noticed something. Local patrons who filtered in did not immediately join me at the service window that separated the no-frills dining area from the kitchen. They came in and headed straight for the glass pie case on the opposite side of the room to claim a dessert. The pickings were getting slim by 1:30 p.m., and while I was there, customers pretty well cleaned it out. I knew there was something good in that case, and I asked Gerri about it later.

Actually, it was hard for me to place an order for barbecue. A pot of cabbage was still giving off its distinctive aroma, and I could smell fried chicken. Mmmmmmm. Barbecue and cabbage? I don’t



think so. And surely I had not driven to the hinterlands of Wayne County (closest town is Dudley) to sample the barbecue only to yield to the smell of boiled cabbage and fried chicken.

The short, polite lady — Gerri Grady — who greeted me at the counter was all business. As she was writing my ticket, she was giving instructions over her left shoulder to the kitchen help. In minutes, I was dining happily on seriously good barbecue, potato salad, cole slaw and hushpuppies — and, of course, sweet tea.

Grady’s makes great barbecue — whole-hog, moist, hand-chopped and delightfully irregular, hickory flavored without the harsh bite of excessive vinegar, and laced with chewy pieces of skin, gristle and enough flecks of bone to attest to its authenticity as true, Eastern-style barbecue. As I removed the tiny bits

of bone, I thought of the boring consistency of the Lexington-style, shoulders-only variation on our nation's original barbecue and thanked God once again that I was born in the East where the men are strong, the women are beautiful, and whole-hog barbecue and vinegar-based sauce are the standard.

From time to time, I swear off writing about barbecue. Then something comes along, and I go back on my word. Obviously, I have done it again.

African-Americans have been a part of our barbecue tradition for centuries. They have dug the pits, split the hickory, made the sauce, basted and turned the pigs, and chopped the barbecue. But, for the most part, they have been behind the scenes. Proportionately, there have been few black-owned-and-operated maisons du 'cue. There are notable exceptions, such as the Scott family — also of Wayne County — and Ed Mitchell of Wilson and Raleigh (The Pit). My friend Ed is the highest profile "pit master" in North Carolina and a national culinary personality as evidenced by his recent appearance on *The Today Show*. His gracious personality, gregarious nature and the ability — with hands tucked in the front of his signature bib overalls — to explain authoritatively the process of cooking a pig Eastern-style so even a *New York Times* reporter can understand, have made him a media favorite.

Finding hardworking folks like Gerri and Steve making a good living in the "industry" far off the beaten path was reason enough for me to forswear my pledge. Steve was not around. It was the middle of the afternoon, and he had been up since midnight when he routinely starts cooking the day's pigs. Mrs. Grady said it took six hours of slow cooking over a combination of wood and charcoal in the pit out back to produce the barbecue I ate.

Gerri and Steve opened Grady's Barbecue on July 4, 1986. Mr. Grady had worked for years as a "saw man," but, on the side, he had mastered the art of making barbecue. Grady's is open Wednesday through Saturday, and its catering business extends well into the Piedmont. Coming from the Triangle, you take 581 South out of Goldsboro and several miles later turn right on Arrington Bridge Road. It's not

the center of the universe, so best call Gerri for directions as I did.

After customers cleared out, I visited with Gerri, who I discovered is responsible for the popularity of the pie case. Her specialties, which she learned at her mother's apron, are chocolate cake, pineapple cake, strawberry shortcake cake, with fresh strawberries between the layers, and banana pudding, which she says moves the fastest.

"Why not coconut cake?" I asked.

"I just can't get coconut cakes right," she confessed. "They are always too dry." We talked about crushed pineapple in the filling to add some moisture. And I had to tell her about Nancie McDermott's book, *Southern Cakes*, which has several killer coconut cake recipes. It already is considered a classic. Applause for Nancie. She's a delight.

So is Gerri. "Fighting grease," as she sometimes refers to her role in the kitchen for 20 years, has not dulled her mischievous personality. As we were chatting, a young fellow entered, saw Mrs. Grady and announced, "Hey, the egg man is here,"

and they both laughed. Seems several years ago his wife told him to stop by Grady's and get some eggs. He didn't know another Grady ran a small grocery up the road. So he walked in Grady's Barbecue and told Mrs. Grady that he needed a dozen eggs. "I had an extra dozen," she said, "so I figured why not let him have them?" When he got home, he discovered his mistake. They have been fast friends since. Applause for Gerri, also.

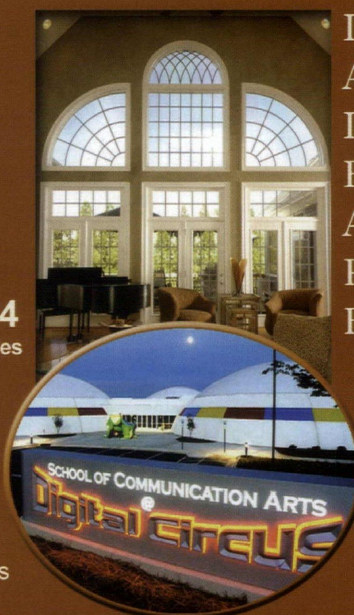
Because I may not get back to the subject of barbecue soon, I want to give you a heads up about *Holy Smoke: The Big Book of North Carolina Barbecue* to be released by UNC Press in November. John Shelton Reed and Dale Reed, along with William McKinney, the barbecue prodigy, have written a book that is sure to be a favorite with folks who love the Tar Heel state and its history and foodways. Between you and me, I found a quote on Eastern-style barbecue from this space in the elaborate promotional materials, and John called a year or so ago for permission to include a cornmeal dumpling recipe from a *Metro* column. I am excited. **MM**

Creativity Pays!

Earn with a Higher Digital Education in ...

Phone
919.488.8504
for details & schedules

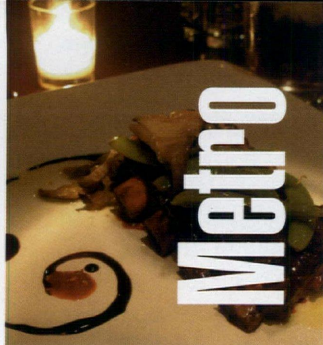
Day and evening
programs ...
individual courses,
diplomas and
degrees plus
financial assistance
for qualified students



Interior Design
Advertising
Internet Design
Filmmaking
Audio Design
Photography
Business

SCHOOL OF COMMUNICATION ARTS

3000 Wakefield Crossing Drive | Raleigh, NC 27614



Gourmet

by Moreton Neal

FROZEN PLEASURES

Ice cream, frozen custard, gelato — whatever the name, whatever the flavor, we all know this: it's cold, it's sweet, it's easy to eat. We all scream for ice cream as the sweltering dog days of August stretch before us. This time of year when cooking, and even the act of chewing, is too much of an effort, I could live on the stuff.

We can thank the Chinese for the delights of ice cream. Marco Polo is usually credited with bringing the concept from Asia to Italy, but another theory traces ice cream's migratory pattern from China through India, Arabia and northward across the Mediterranean to Sicily. The French bourgeoisie first tasted ice cream in the mid-17th century when a Sicilian, Francisco Procopio, began selling it in his Parisian café, though Catherine de Medici's courtiers enjoyed it a century earlier. Parisians quickly developed an addiction to *crème glacée*, and by 1676 there were 250 ice cream shops in Paris.

Thomas Jefferson is said to have introduced ice cream to the New World on his return from a year as minister to France. The recipe had already appeared in Hannah Glasse's *The Art of Cookery*, a cookbook well known in the colonies, published 30 years before Jefferson set foot in Europe. Jefferson, however, popularized the dessert and installed an ice house at Monticello so he could serve it to his guests all year long. His Virginia neighbor, Dolly Madison, created a sensation when she served the novelty at husband James' inaugural dinner in 1809.

The invention of the hand-cranked ice cream freezer in 1846 by American housewife Nancy Johnson opened the way to commercialization. Not long after its patent, Jacob Fussell opened the first ice cream factory in Baltimore; within a few years it was available all over the country.

For a food so easy to make or buy, there's a mythical quality about ice cream. Most of

us have sweet memories of walking downtown to the local creamery for a cone of the season's special flavor — fresh strawberry, peach or blueberry “just churned today.” Or of churning the crank for a summer birthday party, licking the drippy paddle, and then suffering through the interminable wait for the cream to be packed and seasoned in the canister before we could indulge in a bowl full or two.

Ice cream lust can be satisfied all over the Triangle. Francesca's Dessert Café in Durham, Henry's Gelato in Cary, La Vita Dolce in Chapel Hill's Southern Village, Cold Stone Creameries, and Maggie Moo's all make their profusion of flavors in house. At the bucolic Maple View Farm near Hillsborough, you can lick your cone and contemplate the food chain while watching lactating Holsteins graze peacefully in the nearby pasture.

As for my own guilty frozen pleasure, it's impossible for me to drive by a Dairy Queen without yearning for a messy and magical chocolate-dipped cone. If I had my way, there would be more Dairy Queens in the Triangle.

Freezer sections of Triangle grocery stores are chock full of extraordinary ice creams. Try Ciao Bella Gelato's hazelnut, Green and Black's bittersweet chocolate (both at Whole Foods), Maple View black walnut (Whole Foods and Weaver Street), Fresh Market's rich Homemade Brand (peaches and cream is this month's special), and the amazing, peppery REED's Original Ginger Ice Cream from Harmony Farms and Weaver Street. Trader Joe's house brand is noteworthy — its Coffee Bean Blast is literally an eye-opener.

This time of year, most of our favorite upscale dining spots will feature ice cream or sorbet on their dessert menus, made in their own kitchens. Lantern's banana ice cream with caramel sauce and salted peanuts is a marvel, as are Magnolia Grill's cardamom

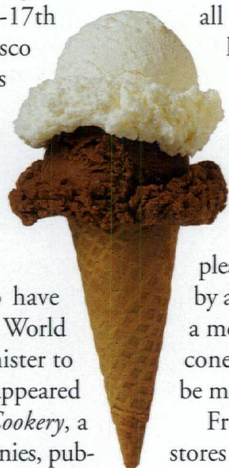
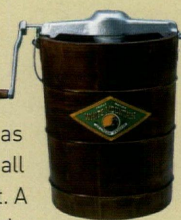
vanilla served on a fruit crisp, Bloomsbury Bistro's margarita sorbet, and Vin's grapefruit/rosemary sorbet.

Yet, nothing beats freshly churned vanilla custard ice cream. Published last fall, *My Last Supper: 50 Great Chefs and Their Final Meals* inspired me to think about my own last bite. The very idea of never eating again would leave me too depressed to chew, so my last meal would probably consist of a single course of the most soul satisfying food imag-

ICE CREAM FREEZERS

Old-timers claim that the effort of churning, preferably in an old White Mountain wooden churn, makes the ice cream taste better, but I've always been perfectly happy with the results of an electric model. Later in life I discovered that the Italian gelatier in my restaurant's kitchen produced just as good a product without all that messy ice and salt. A simple hand-crank version of the iceless gelatier was first introduced by Donvier, and it's still available for under 50 bucks at KitchenWorks in Chapel Hill. Unfortunately, the process requires freezing the canister in a zero degree freezer for 24 hours before using. This takes a bit of planning, but the resulting cream's texture is fairly indistinguishable from that made in more elaborate models.

Other ice cream freezer sources in our area are Williams-Sonoma, which carries Cuisinart's iceless electric model (\$60) and “supreme” ice cream maker (comparable to the professional gelatier for \$299). Ace Hardware stores offer the classic White Mountain wooden bucket hand crank (\$150) and electric models (\$240) and a reliable Rival plastic version (not an heirloom, but competent and a deal at \$35).



inable: my grandmother's custard ice cream topped with a fudgy chocolate sauce. Here is her ice cream recipe, a centerpiece of countless summer celebrations of my childhood — the ultimate cold comfort.

OLD-FASHIONED VANILLA CUSTARD ICE CREAM

3 cups half and half
6 large egg yolks
3/4 cup sugar
1/4 teaspoon salt
1 cup heavy cream
2 teaspoons pure vanilla extract

Heat the half and half in a heavy saucepan until it smokes and forms a skin on top (do not let it boil).

In a large bowl, beat eggs, salt and sugar together with a whisk until well incorporated. Gradually pour the hot half and half into the egg mixture, stirring constantly. Pour the mixture back into the saucepan and cook over low heat, stirring until the liquid thickens enough to coat the spoon.

Immediately remove the pan from heat and pour the cool heavy cream into the custard. Add vanilla. Pour mixture into a bowl and refrigerate until cold.

Then pour the chilled custard into the can of your ice cream maker and freeze according to instructions.

NIBBLES

Responding to the current economic mood, several Raleigh restaurants are advertising bargain dinners. Five Rocky Top restaurants will now offer a dinner for two special on designated weeknights — a bottle of wine and three courses for \$39.95 a couple. Participating restaurants are Bogart's American Grill, The Mash House Restaurant & Brewery, Michael Dean's Seafood Grill & Oyster Bar, The Twisted Fork, and Red Room Tapas Lounge. For more information, visit their Web site at www.rockytophospitality.com. In addition to the dinner special, Bogart's will now offer "hard luck" lunch specials for \$6 Mondays through Fridays.

Glenwood Grill now offers a special three-course dinner with several choices for only \$25, plus beverage and gratuity, in addition to its regular dinner menu.

This fall, watch for the opening of **Eno Restaurant & Market**, the brainstorm of Richard Holcomb and Sarig Agasi of Raleigh's Zely & Ritz and Southern food enthusiast Jamie DeMent. This innovative farm-to-table restaurant will occupy the 1920s-era Fire Station Building in Durham's revitalized downtown.

Multi-talented Chef Scott Howell plans to open **Rockwood Filling Station** at 2512 University Drive this month next to his 15-year-old restaurant, Nana's. The former filling station will house a bar and casual restaurant, featuring a wood-burning oven for Neapolitan-style pizzas. Simple in concept, the menu will include salads and house made ice creams.

The Washington Duke's Fairview Restaurant will host "French Wine at the Fairview: My Dinner with Olivier," a wine dinner celebrating French wines, on Tuesday, Aug. 12. In September, look forward to "El Greco to Velázquez: An Evening of Art and Wine," Fairview's bow to Duke University's Nasher Museum blockbuster art exhibition, "El Greco to Velázquez: Art During the Reign of Philip III." Regional Spanish cuisine and fine Spanish wines set the stage for discussing great works of art in the Fairview's private dining room.

One of the best kept secrets in the Triangle is the monthly wine dinners at the **Franklin Hotel**. In July I had the pleasure of tasting Chef Michael Opdyke's culinary feats spotlighting food of the Pacific Rim. Though the Franklin's lovely restaurant is available for breakfast and special events only, a bistro menu is available downstairs in Roberts Bar every day. On Sunday evenings enjoy live jazz with your supper. For information about the August wine dinner, phone 919-975-5601.

Downtown Wilmington's latest rage is **The Basics Southern Gourmet** that replaced Italian Bistro on Front Street. The Basics offers a new take on Southern regional cuisine, reinventing southern classics for a whole new generation and demographic. Don't miss Chef Mary Long's veggie plate featuring fried okra and hoppin' John.

The upscale contemporary Mexican eatery **Jibarra** will move to the Depot spot in the Warehouse district of downtown Raleigh. The relocated Jibarra will feature tapas and a large selection of fine tequilas, as well as its fine dining menu. A branch of El Rodeo will open in Jibarra's present North

Raleigh location.

Talented Chef Daniel Taylor, whose tapas restaurant Underground closed last year, is alive and well at **Martin Street Pizza** in downtown Raleigh. Taylor is now focusing on artisanal pizzas, sandwiches and salads, but plans to expand the menu to feature Italian fare inspired by Chef Mario Batali.

McCormick & Schmick's, an upscale seafood franchise, is now open for lunch and dinner in the new expansion of Crabtree Valley in Raleigh.

Join the **Chapel Hill Wine Company** and some of Australia and New Zealand's top winemakers for the annual "Corks for Kids" Wine Extravaganza to benefit the North Carolina Children's Hospital. Wine dinners will take place at Pazzo! and Bin 54 in Chapel Hill, and at ACME in Carrboro Friday evening, Sept. 12, culminating in the huge wine tasting and auction event at the William and Ida Friday Center on Saturday, Sept. 13. The Saturday event will feature a tasting of over 65 wines and an auction of collectible wines. Call 919-968-1884 for reservations. **MM**



Taste the Good Life

Vinnie's Steakhouse and Tavern

Banquet Facilities

Corporate Meetings

Open Monday — Saturday

Dinner Only

Reservations (919) 847-7319

7440 Six Forks Rd., Raleigh

RESTAURANT GUIDE

RALEIGH/CARY

18 SEABOARD — 18 Seaboard Avenue, Suite 100 Raleigh. 861-4318. www.18seaboard.com. Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff's warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

42ND STREET OYSTER BAR — 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

THE ANGUS BARN — 9401 Glenwood Avenue. Raleigh. 781-2444. www.angusbarn.com The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals – hospitality, attractive atmosphere, and value have remained the same.

BELLA MONICA — 3121-103 Edwards Mill Rd, Raleigh. 881-9778. www.bellamonica.com. Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch* & *AOL Cityguide*. *Wine Spectator* Award of Excellence.

BENTLEY'S AT CROSSROADS — 2007 Walnut St., Cary. 854-0644. www.BentleysAtCrossroads.com. Offering aged steaks and fresh seafood in a casually elegant atmosphere. Lunch M-F from \$6. Dinner daily from \$8. Stunning lounge area. A/V equipped boardroom available for private events. Look for Bentley's clock tower at Crossroads Plaza.

BLOOMSBURY BISTRO — 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 *MetroBravo!* Awards.

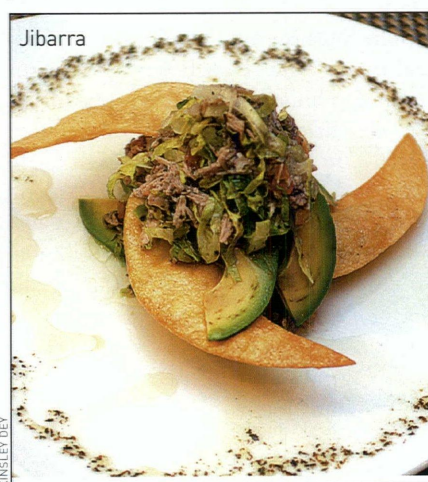
BLUE RIDGE, THE MUSEUM RESTAURANT — 2110 Blue Ridge Rd., Raleigh. 839-6262. www.ncartmuseum.org. Featuring renowned visual art and culinary masterpieces at the NC Museum of Art. Eclectic fare ranges from salads, sandwiches and entrées at lunch to sumptuous weekend brunches.

CAFÉ TIRAMISU — 6196-120 Falls of Neuse Rd., Raleigh. 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best.

CAROLINA ALE HOUSE — 513 Creekside Dr., 835-2222; 4512 Falls of Neuse Rd., 431-0001; 7981 Skyland Ridge Pkwy., 957-4200; 2240 Walnut St., Cary, 854-9444. Hwy 98 bypass and US1, 11685 Northpark Drive, Wake Forest, 556-8666. www.CarolinaAleHouse.com. A family-friendly sports-themed restaurant consistently awarded top honors for its atmosphere, hand-breaded wings, menu selection, and wide variety of ales. Full menu served 11-2 a.m. Daily lunch and dinner specials. Kid's menu 99¢ every Tuesday.

THE DUCK & DUMPLING — 222 S. Blount St., Raleigh. 838-0085. www.theduckanddumpling.com. Over-looking Moore Square, this contemporary Asian Bistro is home to Chef David Mao's unique blend of Chinese and Vietnamese cuisine. Open for Lunch: 11:30 a.m. -2:30 p.m., M-F; Dinner: 5-10 p.m. T-Th; 5-11 p.m. Fri-Sat.

GIANNI & GAITANO'S — Towne North Shopping Center, 8311 Creedmoor Rd, Raleigh. 847-8223. Wakefield Shopping Center, 14460 Falls of Neuse, Raleigh. 256-8100. Presented by the Cinelli Family, the unique environment at these three locations offers a choice of family or adult dining and authentic family recipes. Guests can enjoy an inspiring wine list and only the finest and freshest ingredients. Open for Lunch: M-Sat 11 a.m.-4 p.m.; Dinner: M-Th 4-10 p.m., F-Sat 4-11 p.m.; Sun Noon-9 p.m.



GLENWOOD GRILL — 2603-151 Glenwood Ave. at Oberlin Rd. 782-3102. glenwoodgrill.com. Head Chef John Wright announces The Price Rollback. For only \$25, choice of three appetizers or salads, three entrées, three desserts. Does not include beverage or gratuity. Expanded menu also available. Open Mon-Fri for Lunch, Mon-Sat for Dinner. Available for private parties Sundays.

GLOBE — 510 Glenwood Avenue Suite 103, Raleigh. 836-1811. Chefs Heath Holloman (co-owner) and Gray Modlin present a menu influenced by cuisines from all over the GLOBE, with their own twists. Choose a wine from the comprehensive list or have Henry Burgess (co-owner/sommelier) assist in a selection that will pair well with your food. "GLOBE...come taste a world of difference!"

HERONS — 100 Woodland Pond, Cary. 447-4200. www.heronrestaurant.com. Now open at The Umstead Hotel and Spa offering modern American cuisine with regional influences and an extensive wine selection. Live music and classic cocktails in the bar.

JIBARRA — 7420 Six Forks Rd. Raleigh 27615. 844-6330. www.jibarra.net. Offering some of the most creative and modern dishes in the Triangle. Chef Ricardo Quintero has cooked alongside some of Spain's greatest innovators, thus incorporating avant-garde techniques into his repertoire of traditional Mexican dishes. Lounge showcases premium tequilas, fresh-squeezed margaritas, and distinct wine list rich in Spanish and South American selections. T-Th. 5-10 p.m. Fri-Sat. 5-11 p.m. Sun. brunch 11 a.m.-2:30 p.m.

MARGAUX'S RESTAURANT — 8111 Creedmoor Rd. Ste. 111, North Raleigh. (919) 846-9846. At Margaux's, every experience is new. It's the relentless pursuit of innovation. Chef Andy Pettifer prepares a *new menu EVERY night* including our 3 Course Prix Fixe menu at \$27.95/pp. Check our Web site daily. www.margauxsrestaurant.com

THE MINT RESTAURANT — 219 Fayetteville St. Raleigh. 821-0011. www.themintrestaurant.com Tues-Sat. 6 p.m.-10 p.m. The Mint in downtown Raleigh offers contemporary fine southern dining with global influences. Executive Chef Jeremy Clayman presents new and exciting culinary combinations paired with The Mint's unflappable service standards.

NINA'S RISTORANTE — 8801 Leadmine Rd., Raleigh. 845-1122. www.ninasristorante.com. Vibrant flowers, paintings and hand-crafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan Cuisine that is heavy on flavor and light on the ingredients, *Wine Spectator* Award of Excellence 2000-2006. Hours of operation M-Sat. 5-10 p.m.

NOFO MARKET AND CAFE — 2014 Fairview Road, Raleigh. 821-1240. Cafe, bar and deck seating. Award-winning salads, soups, sandwiches and entrees. "Best Brunch," "Best Eggs Benedict," "Best Bloody Mary," *Metro Magazine*. Lunch M-F, Brunch Sat & Sun, Dinner M-Sat.

THE PIT — 328 W. Davie St., Raleigh. 890-4500. www.thepit-raleigh.com. Country meets city with down-home barbecue offered as a gourmet meal to be savored. Featuring legendary pitmaster Ed Mitchell's authentic NC pit-cooked barbecue, complemented by creative, seasonal appetizers and sides. Enticing beer and wine selection. Open for Lunch 11:30 a.m. - 5 p.m., M-F; Dinner: 5-10 p.m., M-Th; 5-11 p.m. Fri - Sat.

THE RALEIGH TIMES BAR — 14 E. Hargett St., Raleigh. 833-0999. www.raleightimesbar.com. The beautifully restored 100-year-old *Raleigh Times* building is now home to a timeless local watering hole in Downtown Raleigh. Featuring hand-crafted, creative takes on classic bar fare favorites, an inventive drink menu and extensive Belgian beer selection. Open 11:30-2 a.m., Mon-Sat; Noon - Midnight Sun.

SAINT JACQUES — 6112 Falls of Neuse, North Ridge Shopping Center, Raleigh. (919) 862-2770. www.saint-jacquesfrenchcuisine.com. Owned and operated by French native, Lil Lacassagne - fine dining at its best. Voted "Best French Food in the Triangle - 2006 by *Citysearch* and "Best French Restaurant" in *Metro's* Bravo awards. Lunch and Dinner served Tues-Sat.

SAVOY — 7713-39 Lead Mine Rd., Raleigh 848-3535 www.restaurantsavoy.com. Smoke-free lunch M-F and dinner M-Sat. Chef brothers Peter Gibson and Marshall Smith make everything in-house, including breads and desserts. The contemporary menu features farmer's market produce and seasonal entrées. Convenient N. Raleigh location for business or pleasure! Classic. Simple. Delicious.

SECOND EMPIRE RESTAURANT & TAVERN — 330 Hillsborough St., Raleigh. 829-3663. www.second-empire.com. Located in the historic Dodd-Hinsdale House. Offering elegant upstairs dining, as well as the lighter fare menu and casual atmosphere of the tavern.

RESTAURANT GUIDE

Winner of the DiRoNA Award, AAA four Diamond Award & the *Wine Spectator* Award.

SOLOMON'S RESTAURANT — 7333 Six Forks Rd., Raleigh. 844-4977. 4610 N. Capital Blvd., Raleigh. 790-0090. 10410 Moncreiffe Rd., Raleigh. 313-1381. 780 W. Williams St., Apex. 249-2433. www.solomons-restaurant.com. Offering a combination of the Mediterranean with the sophistication of the city. Enjoy dishes prepared using only the finest, fresh ingredients in an indulgent, casual atmosphere. Wine list and outdoor seating available. Open for Lunch and Dinner.

SONO JAPANESE RESTAURANT — 319 Fayetteville Street #101, Raleigh. 521-5328. www.sonoraleigh.com. This new and exciting Japanese restaurant is unlike any other in the Triangle area. From the chic/modern decor to exciting new fusion dishes, this restaurant will please any taste buds.

SULLIVAN'S STEAKHOUSE — 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

SUSHI BLUES — 301 Glenwood Ave., Raleigh. 664-8061. www.sushibluescafe.com. A Glenwood South Original located downtown for 10 great years. Featured in *Southern Living Magazine*, *Esquire*, *Rachel Ray Magazine*, *The Independent*, *News and Observer* and *Spectator*. Voted best sushi by readers of *Metro Magazine*, *Citysearch*, *Spectator*, and *The Independent*.

TAVERNA AGORA — 6101 Glenwood Ave., Raleigh. 881-8333. www.TavernaAgora.com. Taverna Agora is the premier restaurant in the Triangle for authentic Greek cuisine. Enjoy the rustic ambiance of our dining room or our beautiful garden patio. Venue may be reserved for special events.

UNO CHICAGO GRILL — 8401 Brier Creek Parkway, Raleigh. 544-6700. Enjoy original Chicago-style deep dish pizza along with a wide selection of appetizers, steaks, pastas, burgers and desserts. Kids Menu. Curbside pick-up. Open daily from 11 a.m.

VINNIE'S STEAKHOUSE AND TAVERN — 7440 Six Forks Rd., Raleigh. 847-7319. Treat yourself to all the luxuries this classic New York style chophouse has to offer. Certified Angus Beef, the freshest seafood available and an extensive selection of wines from around the world.

ZEST CAFÉ & HOME ART — 8831 Six Forks Rd., Raleigh. 848-4792. www.zestcafehomeart.com. Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch Tues.-Sat., Dinner Wed.-Sat. and Sunday Brunch.

DURHAM/APEX

CAFÉ PARIZADE — 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30 p.m., Dinner M-Th 5:30-10 p.m., F and Sat. 5:30-11 p.m., Sun. 5:30-9 p.m.

CAROLINA ALE HOUSE — 3911 Durham-Chapel Hill

Blvd., Durham. 490-2001.

GEORGE'S GARAGE — 737 Ninth St., Durham. 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After-hour celebration and dancing and a fresh to-go market and bakery.

GLOFT — 737 Ninth St., Durham. 286-4131. For meeting friends after work, for after dinner drinks, or exciting late-night entertainment. Also available to host your private event where we can throw a party or a full sit-down dinner for a chosen few or a large gathering.

VIN ROUGE — 2010 Hillsborough Rd., Durham. 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Dinner Tues.-Sun. 5:30-11 p.m., Brunch Sun. 10:30-2 p.m.



KINSLEY DEY

CHAPEL HILL/HILLSBOROUGH

BIN 54 — 1201-M Raleigh Rd., Chapel Hill. 969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

CROOK'S CORNER — 610 W. Franklin St., Chapel Hill. 929-7643. www.crookscorner.com. "Sacred ground of Southern foodies," *New York Times*. Patio dining, weather permitting. Acclaimed Sunday brunch. Dinner Tues.-Sun. at 5:30 p.m., Sun. Brunch 10:30-2 p.m.

PANCIUTO — 110 C. Churton St., Hillsborough. 732-6261. www.panciuto.com. Fine dining blending Italian recipes with local ingredients, prepared fresh daily. Pastas, breads, desserts made on-site. Wine, beer, mixed beverages available. Upscale yet comfortable "old world" style dining room. Opens 5:30 p.m. for dinner, Wed-Sat.

PENANG - MALAYSIAN, THAI & SUSHI — 431 W. Franklin St., Chapel Hill. 919-933-2288. www.penang-nc.com. Surprising balance of Southeast Asian spices and fruits. Intriguing menu based on family recipes, with curries, noodles, soups and sushi. Attractive, open atmosphere, vegetarian options and weekday lunch specials. "4 ½ Stars" from CitySearch. Open daily.

SPICE STREET — 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

BEYOND THE TRIANGLE

AQUA — 214 Middle Lane, Beaufort, NC 28516. 252-728-7777. www.aquaexperience.com. "Aqua's urban-chic décor whets the appetite for sophisticated, internationally inspired food... On all counts, Aqua was an exceptional dining experience." Moreton Neal in *Metro Magazine* June 2005. Open for dinner: Tues.-Thurs. 6 p.m., Fri. & Sat. 5:30 p.m.

BEAUFORT GROCERY CO — 117 Queen St., Beaufort. 252-728-3899. www.beaufortgrocery.com. Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3 p.m.; Dinner M, W-Sat 5:30-9:30 p.m. and Sun brunch at 11:30 a.m. Closed Tues.

BLUE MOON BISTRO — 119 Queen Street, Beaufort. 252-728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

CAFÉ ZITO — 105 South 11th St., Morehead City. 252-726-6676. www.cafezito.com. Be delighted by the creative cuisine at this neighborhood restaurant. Chef Baptist Knaven offers a tantalizing menu of local favorites influenced by the Mediterranean. Located in a historic downtown home, enjoy dining inside or on the porch.

CHEF AND THE FARMER — 120 W. Gordon St., Kinston. 252-208-2433. www.chefandthefarmer.com. A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques makes this progressive eatery an epicurean oasis.

DELUXE — 114 Market Street, Wilmington. 910-251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner and Sunday brunch. *Wine Spectator* Award of Excellence, www.deluxenc.com.

FRONT STREET GRILL AT STILLWATER — 300 Front St., Beaufort. 252-728-4956. www.frontstreetgrill-atstillwater.com. Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious *Wine Spectator* Award of Excellence, serving lunch and dinner daily with inside and outside dining. New floating docks and outside waterfront bar.

SHARPIES GRILL & BAR — 521 Front St., Beaufort. 252-838-0101. www.sharpiessgrill.com. Coastal Carolina cuisine. Every occasion is a special occasion. Rated four stars by John Batchelor. Serving local seafood, Certified Angus Beef, farm grown local produce, house-made pastas and desserts. Tableside preparations, outstanding wine list and full bar.

SHEPARD'S POINT — 913 Arendell St., Morehead City. 252-727-0815. www.beaufortgrocery.com. Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spirits. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10 p.m.; Sun brunch begins at 11 a.m. Closed Tues.



Style

by Katie Poole

FASHION NEWS

Fine Feathers invites you to a Saint John Day on Aug. 13 featuring knits for fall. On Aug. 21-22 check out a Cici Bianca show featuring ribbon sweaters for all occasions. Chapel Hill, 919.942.3151.

On Aug. 21 between 6-8 p.m., come enjoy live music, food, sales and raffles at the Third Thursday Block Party sponsored by **Spectacle, Von Kekel and Vivace**. This charity event will be held in order to support SPCA, WakeMed Pediatrics and Chrohn's Colitis Foundation of America; Lassiter at North Hills, Raleigh. E-mail wickosa@msn.com for information.

Join **Cameron Clothing** on Aug. 21-22 for a trunk show featuring Lafayette 148. Raleigh, 919.829.1511.

On Aug. 23-25, **Gena Chandler and Charlotte's Jewelry & Gifts** will be participating in the 4th Annual Boot Camp to Beat Cancer and Family Fun Walk selling special tees and tanks. Proceeds of sales will go to the National Students of AMF. Raleigh, 919-881-9480.

Throughout the month of August, join **Ciao Bella** for their summer sale as they bring in new fall arrivals. On Aug. 28, stop by for a trunk show featuring sterling silver bracelets by Maritosa Designs and pocket books by Antepima Nueve. Cary, 919.678.8320.

August events at **Saks Fifth Avenue**, Triangle Town Center, Raleigh, 919.792.9100:

- **Ellen Tracy Week**, Aug. 10-16. Don't miss the newest fall collection by Ellen Tracy. Call ext. 5344.
- **Escada Week**, Aug. 17-23. Stop in for a viewing of the new fall collection of Escada. The collection loves to play with geometric shapes and intense color from daywear to cocktail wear. Call ext. 5374.
- **Back to School Week**, Aug. 17-23. Come view the newest styles for back to school in the children's departments and women's & men's contemporary sportswear. Call ext. 5335.
- **Demin Day**, Aug. 21. Saks invites you to come see their newest fall demin, including 7 for All Mankind, BCBG, Citizens of Humanity, Joe's, Juicy, Paige, Rock & Republic and True Religion. Call ext. 5383.
- **Giuseppe Zanotti**, Aug. 21. Join Saks in viewing the new collection of Giuseppe Zanotti shoes. Call ext. 5351.
- **Roberto Coin Trunk Show**, Aug. 21. Meet Susan Burcham, Roberto Coin representative, while viewing exclusive jewelry pieces from Roberto Coin Trunk. Call ext. 5318.
- **Shoe and Handbag Week**, Aug. 24-30. View the latest designs from shoes and handbags featuring Chloé, Christian Louboutin, Cole Haan, Dolce & Gabbana, Fendi, Giuseppe Zanotti, Jimmy Choo, Juicy, Marc by Marc, Marc Jacobs, Miu Miu, Stuart Weitzman and Tory Burch. Call ext. 5351.

Be sure to check out the summer sale at **Oliver** and their new fall arrivals coming in through the month of August. Wilmington, 910.256.2233.



KINSLEY DEY

Gena Chandler



NATURAL HANDCRAFTED SOAP

Beautifully handcrafted soap from Natural Handcrafted Soap, a Raleigh-based company!

tel 919-274-0919
hours 10 am to 5 pm EST
naturalhandcraftedsoap@gmail.com
www.naturalhandcraftedsoap.com
We offer free shipping within North Carolina!

WHAT DO YOU GET WHEN YOU COMBINE A CHEF AND A NATURALIST?

CAROLINA Silver COMPANY



Falls Village Shopping Center
Raleigh
919-845-9917

◆◆◆

Saltbox Village Shopping Center
Cary
919-465-3235

Don't miss the 70 percent off sale throughout the month of August at **Vermillion**. Raleigh, 919.787.9780.

During the month of August, **Liles Clothing Studio** offers a custom suit special featuring an Economic Stimulus Package event, which includes three custom suits starting at \$1995 per package. Six or more custom shirts up to 20 percent off. Raleigh, 919.510.5556.

Benefit Cosmetics introduces "Love your Look" full-finish lipstick collection with 9 new colors available in August. Sephora and Belk Department Stores or www.benefitcosmetics.com.

Come enjoy drinks and appetizers at **Uniquities Mix** Fall Fashion Evening on Sept. 11 from 6-8 p.m. Co-hosted by Paige Crowther and Lisa Marie Ferrell, check out their new line of designers and learn how easy it is to use a personal shopping service. Raleigh, 919.785.3385. **MM**

COMING IN SEPTEMBER FALL PREVIEW

by
Molly Fulghum Heintz

Metro Magazine

- News and Events
- Feature stories
- Style and Fashion trends
- Art news
- Design trends

919-831-0999
www.metronc.com

CAMERON CLOTHING CO. *presents*

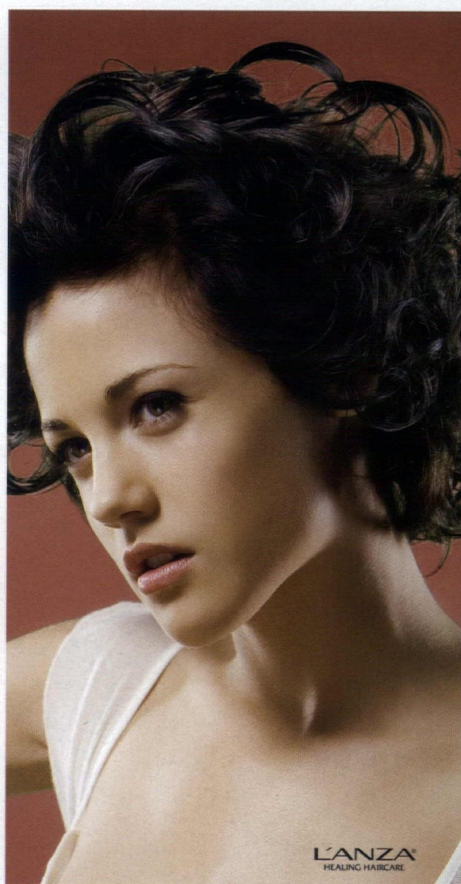
LAFAYETTE 148 NEW YORK

Fall & Winter COLLECTION

TRUNK SHOW
Thursday & Friday,
August 21 & 22
10:00AM - 6:00PM
with Eileen Lover
of Lafayette 148

CAMERON CLOTHING CO.

4351-111 The Circle at North Hills • Raleigh, NC 27609
www.cameronclothing.com • 919.420.0411



Menu of Services

Hair Services

Cut
Color
Highlights
Thermal straightening
"Go out" Blow Out
Conditioning treatment

Nail services

Spa manicure
Spa pedicure

Wax services

Eyebrow wax
Lip wax
Chin wax

LUX
salon

910-109 Spring Forest Road • Raleigh, NC 27609

Call us today for an appointment!
(919) 790-7011

www.luxsalonspa.net

L'ANZA
HEALING HAIRCARE

On the Town

by Katie Poole

Fish Towne Get Down

NC Maritime Museum
Beaufort, NC
June 28th, 2008



(L-R) Carroll Page, George Page, Auction Spotter Jeff Stone, Dana Smith, John Hines and Brenda Chadwick



Mike and Mary Hitchcock

Somerhill Gallery Opening

The Venable Center
Durham, NC
July 11th, 2008

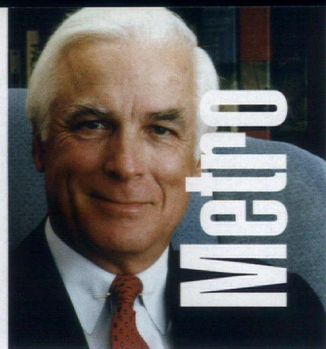


MICHAEL ZIRKLE



(L-R) architect Phil Szostak, Durham Mayor Bill Bell, Gallery Director Joseph Rowand and Scientific Properties president Andy Rothschild

CODY TERRELL



Editor-at-Large

by Jim Leutze

RENT YOUR WAY AROUND EUROPE

Here's an idea for those who want to vacation in Europe and are appalled by the precipitous decline in the value of the dollar: Rent a house. First a disclaimer, nothing is cheap in Europe this year. What I'm proposing is a way to rent a house and save on the traditional costs such as hotel stays and meals out. Now I know to some that might sound like a fanciful idea — "How in the world would I rent a house," — you might say, "and how will that make it cheaper?" Two good questions, so let me take them in order.

Over the last several years, I have been doing what I'm recommending here to others. We started renting in Europe about 10 years ago by joining a "club" that sent a nice color catalog filled with pictures of potential rentals making for a rather easy selection. We followed up with phone calls and letters, thereby avoiding surprises. Using this technique, we located a lovely farm house in Tuscany ideal for four people. It was during this visit that we discovered the answer to the second question — a major advantage of house renting was buying and fixing your own food. Dick Huddleston, an Italian historian who had been a colleague of mine at UNC-Chapel Hill, introduced me to the wonder of Italian markets: meat markets, vegetable markets, cheese markets, wine markets and even pasta markets. He also talked about Marcella Hazen who championed the concept of simple Italian cooking. An idea was born. By buying a few simple ingredients, and combining them with fresh vegetables and some meat or fish, you could put together a first-class meal at a much lower cost than eating out.

As the years have passed, the process of finding a house to rent has become easier, but also harder as the selection is now so wide with the multitude of Web sites. Unfortunately, it has not become cheaper because of the dollar's decline, but it is still



less expensive than renting a hotel room and eating out.

To start with, you need to decide what kind of accommodations you want from the wide range available: apartments in the cities, resort condos and remote farmhouses. A couple of Web sites that I have found to be helpful are: www.visitfrance.co.uk, www.vacationfrance.com, www.cyberrentals.com and www.european-homerentals.com. Most of these sites help you narrow your search by selecting a region — they usually provide maps — number of guests (from two to 10 or more), maximum price per week, and the amenities you seek, such as a swimming pool, washing machine, garden, etc. They then give you pictures and a pretty complete description, for instance:

"27 Avenue De Tourville Paris_7th (arrondissement) Metro: Ecole Militaire, sleeps four. This marvelous 19th cen-

tury stone building is a good starting point for visiting all the tourist sites Paris has to offer ... It is also close to the famous avenue de Saxe street market and Le Norte Bakery ... Accommodations: Living room: double sofa bed, television, dining table. Kitchen: dishwasher, freezer, electric burners, microwave, dishes and cookeries provided ... two bedrooms/double bed two; single bed, bed linens provided..." Cost? \$2200 US or \$310 per night.

Not cheap, but less than a Paris hotel, and if split between couples, it's even better. And note the market and the bakery — more savings.

Here's another:

The house "is in the very heart of France, 250 km south of Paris, between the Loire Valley and Bur-

gundy, so you have the best of all worlds. Situated in the countryside overlooking a valley, just outside the charming village of Le Chatelet, 25 km from Le Chatre, a medieval market town that is simply lovely ... there is a living room with fireplace ... television and sofa bed if needed, a dining room and a fully equipped kitchen, which includes an oven, microwave, dishwasher and washing machine, fridge ... the master bedroom has a king-size bed and a large armoire. Upstairs is a big open space with four handcrafted wooden beds..." Price: May-June 1300-Euros or \$2000 or \$280 per night.

To be sure, you will need a car, which will run approximately \$450 per week. So for two couples, you are looking at \$1200+ per week.

Here's another:

A converted 19th century wine cave in the Minervois (south and east) region with a sun terrace and a lovely

courtyard. Located in a village near the fabulous fortress of Carcassonne, the house is fully renovated to accommodate up to five guests in three bedrooms. The ground floor is an open floor plan with an exposed stone wall, tiled floor and original exposed ceiling beams and includes "a fully equipped contemporary kitchen, an antique wooden dining table to seat six, and in the living area, a sofa and television."

Three bedrooms are upstairs and have two baths. And from the pictures, it looks not at all like a cellar. The price: April-July \$1005 per week. So for two couples sharing a car, it is \$725 per week.

Now to the food. For those who might be afraid of shopping in France or Italy, let me put your fears at rest. I actually have decided not to learn any more French, just so I can have the fun of trying to make myself understood, and they can have the fun of helping me. For example, in a butcher shop in Provence last year I was trying to order a rabbit that I wanted to

return and pick up at 5 p.m. Soon a sultry voice behind me said, "May I helpa you monsieur?" I turned to face a sultry looking French woman who turned out to be an Air France flight attendant. My food arrangements were quickly made with laughter all around, and I can't wait to fly Air France.

Here's a recipe you might put together.

COQ AU VIN

1-750 ml. red wine	2-Euros	\$3.20
2 carrots	1-Euro	\$1.60
2 onions	½-Euro	\$0.80
3 stalks celery	2-Euros	\$3.20
¾ teaspoon thyme		
2 bay leaves		
6 chicken legs/thighs (six pieces are cheaper)		\$8.00
5 Tb butter	2-Euros	\$3.20
12 oz mushrooms	1-Euro	\$1.60
4 oz bacon	1-Euro	\$1.60
Olive oil		
1 1/2 cups Port	3-Euros	\$4.80
(you'll have plenty left)		
Total		\$28.00

Put chicken in glass or plastic bowl overnight to marinate with wine and next five ingredients. Chill.

Fry bacon.

Remove chicken, but save marinade. Dry chicken and season with salt and pepper. Sauté chicken in 1 tablespoon of olive oil and transfer back into marinade. Bring marinade to a boil. Reduce heat and simmer 1 to 1 ½ hours until tender. Remove chicken and strain cooking liquid. Discard vegetables and return liquid to pot and add port and bring to boil. In a small bowl, combine flour and melted butter. Add cooking liquid to bowl and blend. When smooth, add to pot. Cook 15 minutes until thickened. Return chicken, bacon and mushrooms and simmer 15 more minutes.

Serve with bread (2-Euros = \$3.20).

Fresh fruit for dessert or cheese (2-Euros or \$3.20).

All told, less than \$35 or about \$8.50 each.

Moreover, you have port left to finish the evening. **MM**

CEI Commercial Equipment Inc.

THE DIGITAL OFFICE

www.copycei.com

8024 Glenwood Ave. • Raleigh, North Carolina 27612
P: (919) 781-8885 • F: (919) 781-0222

- Digital Copiers
- On-Site Network Support
- Digital Faxes
- Full Color Digital Solutions
- Network Printers
- Supplies

Proud Sponsor of:



Cork Report

by Barbara Ensrud



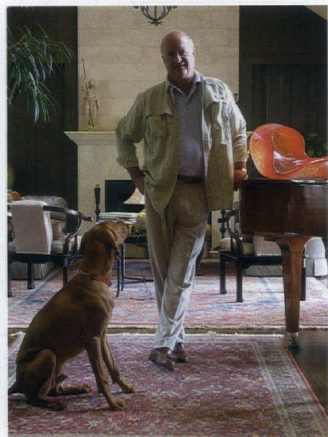
GREAT WINES OUT YONDER IN WASHINGTON STATE

One of the gratifying aspects of several decades of wine writing is tracking the wines of a particular region and watching it grow up. When I first visited Washington State in 1980 and 1982, I was excited by the potential — at that time, however, mostly unrealized. Back then, Washington was best known for white wines — Riesling, Chardonnay, Sauvignon Blanc, the better ones from early-on pioneer wineries that grew steadily bigger (and better) over the years: **Chateau Ste. Michelle**, **Columbia Winery**, **Hogue Cellars**. The reds were uneven, a bit thin, sometimes vegetal in character and tartly acidic.

But there were exceptions, the reds from a few adventurous winemakers: Alex Golitzin of **Quilceda Creek** near Seattle; a couple

of others in a fairly obscure eastern region of the state, Walla Walla, better known for onions than wine; and Rick Small of Woodward Canyon and Gary Figgins at Leonetti.

These guys had vision; they knew Washington could produce reds of the quality and stature of Napa Valley or fine Bordeaux. You got hints of it in their well-structured, intensely concentrated Cabernets and Merlots. They got



Allen Shoup

better with each vintage, too, though not a lot bigger. Today, their wines are so sought after they are strictly allocated, available to avid fans only if they are on the winery's mailing list, and on a few of the country's top wine lists.

More importantly, however, these men inspired a whole generation of young winemakers whose wines have made Washington one of the hot spots on the planet for exceptional reds — not only Cabernet Sauvignon and Merlot, but some of the most sensuous Syrah to be found anywhere.

There are current visionaries, too. On a recent trip to Seattle, I had a chance to visit with one of them, Allen Shoup, who for many years was head honcho at Chateau Ste. Michelle, Washington's largest winery, now producing over a million cases of wine a year. Shoup retired in 2000. Restless and creative soul that he is, he

was to start a new company, Long Shadows Vintners. "My thought," he said over lunch, "was that if we could get some of the world's top winemakers to make wines here, with fruit from some of our best vineyards, it would draw attention to just how great this region is."

It wasn't difficult at all to persuade a few lustrous names to get involved. The result is a handful of spectacular wines, a few of them available in the Triangle at shops such as Taylor's, The Wine Merchant, A Southern Season, Herons at the Umstead and Tar Heel Traders:

Sequel, a Syrah from John Duval, winemaker for Penfolds Grange, Australia's most notable red. Made of 100 percent Syrah, lush and incredibly deep, very long finish.

Saggi, SuperTuscan in style, blended from Sangiovese, Syrah and Cabernet Sauvignon, this impressive red made by Ambrogio and Giovanni Folonari, the family that produced Ruffino's superb Riserva Ducale Gold Chiantis.

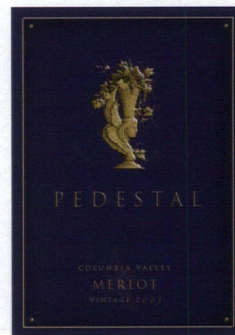
Pedestal Merlot, made by Pomerol master winemaker Michel Rolland, a beautiful Merlot of rich texture, soft tannins and great length.

Feather, a Cabernet Sauvignon made by Randy Dunn of Napa Valley. Very impressive; I found it more elegantly structured and seductive than Dunn's Napa Cabs.

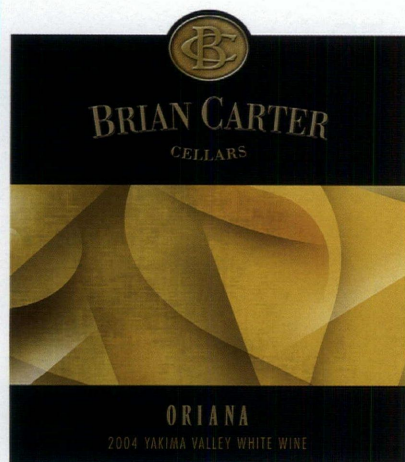
Poet's Leap Riesling, mosel-like crispness that elegantly balances light sweetness.

Look also for these wines on Triangle wine lists, such as The Mint, The Angus Barn, the Umstead Hotel in Cary.

My trip coincided with Taste Washington, which included a huge array of Washington wines. Though I've visited Washington several times over the years, this event was a revelation. The explosive growth in the last decade or so is nothing short of phenomenal.



Over 200 wineries were represented, pouring nearly a thousand different wines — and I was quite blown away by some of them. The state now has its coterie of cult wineries and winemakers, typically small producers whose wines are snapped up quickly.



Betz Family Wines. Bob Betz is having a ball making the kind of wines he dreamed of drinking during his years working at Chateau Ste. Michelle. His

Metro Magazine

Subscribe now to get
the best in:

- News and Events
- Feature stories that affect your life
- Style and Fashion trends
- Art news
- Design trends
- What to read and where to eat



919-831-0999

www.metronc.com

2006 La Serenne is one of the lushest, most beguiling Syrahs I've tasted, plus knockout Bordeaux-style reds such as **Père de Famille** and **Clos de Betz**.

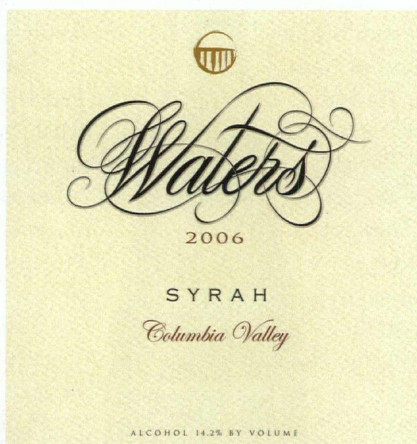
Brian Carter. Creator of Apex and Bridgman labels, Carter now handcrafts a scintillating white, **Oriana**, and alluring reds such as **Byzance** and **Tuttorosso**, a Sangio-Cab blend.

Cayuse Vineyards. Dynamic Frenchman Christophe Baron created his Syrah vineyards on water-worn river rocks to produce intense, concentrated Syrahs and red blends; often two-bottle limit per customer.

DeLille Cellars. Founded in 1992 by a quartet of hip gents whose suave and stylish wines, including **Doyenne** and **Chaleur Estate** labels, disappear quickly on release. Especially impressive: **D2**, a Bordeaux blend, **Chaleur Blanc**, a zesty white, **Grand Ciel Cabernet**.

Leonetti. Second generation Chris Figgin carries on dad Gary's tradition with stunning Merlot and other reds — a little more flamboyant, but not necessarily superior.

Quilceda Creek. Stalwart Cabernets that age for years, gaining in stature and value.



Waters Winery. Another amazing Syrah — stand back, you Aussies!

You'll have to Google these names if you want to find and try them, but it's worth it. All are ageworthy and steadily increase in value as collectors discover them.

Happily, however, a number of excellent Washington wines have found their way into the Triangle — seek them out

and you're in for some exciting tasting.

WHITES

Bridgman Chardonnay, \$10, great value, not over-oaked.

Chateau Ste. Michelle 2006 Pinot Gris, \$14. Lovely floral notes, and drier than most Gris, making it highly versatile with food, especially oriental dishes. **Ste. Michelle '07 Dry Riesling**, \$12, thank goodness they are making this wine again! Dry and brisk, great with food.

Apex II Sauvignon Blanc, \$12-14. Refreshing zing with lime and lemon flavors.

Poet's Leap Riesling, \$24, a touch of sweetness accents floral notes; excellent balance, acidity.

Tsillan Pinot Grigio, \$18, zestier than Pinot Gris, crisp and appealing; can handle barbecue.

DRY ROSÉS

Syncline 2007 Rosé, \$14, lively and fruity; good summer quaff.

Barnard Griffin Rosé of Sangiovese, \$14. Sangio makes a dry, minerally rosé, great with food.

REDS

Bridgman Syrah 2005, \$14, earthy, peppery, very drinkable Syrah.

Columbia Crest Reserve Merlot 2005, \$27-29, consistently fine, well-structured Merlot.

Three Rivers 2005 Merlot, \$19, not easy to find, but a very appealing flavor-some Merlot.

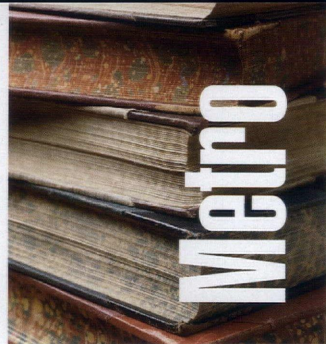
Tamarack Firehouse Red 2005, \$23, a snappy red blend of Cabernet, Syrah, Merlot, Cab Franc.

Chateau Ste. Michelle Cabernet Sauvignon Cold Creek Vyd, \$39, excellent Cab from a top vineyard; **CSM Indian Wells Cabernet**, \$18, also quite good, more drinkable now.

Helix Merlot 2005, \$24, second label of reputable Reininger winery delivers plenty of flavor.

Chester Kidder 2005, \$28, a Cabernet-based blend, well-structured for grilled steak or lamb.

Andrew Will, \$60, whatever reds you can find under this label, grab 'em; all are impressive! **MM**



Books

Summer Surprises:

NEW TALES FROM CLYDE EDGERTON AND MARGARET MARON

by Art Taylor

Just from the synopsis of his new book, you might think that **Clyde Edgerton** was riffing off of Flannery O'Connor.

The Bible Salesman opens in 1950, with 20-year-old Henry Dampier — a Christian gentleman, naïve, virginal, maybe even a little dim-witted — hitchhiking on a dirt road in the North Carolina mountains. Dampier is the bible salesman of the title, and he's picked up by a criminal named Preston Clearwater, a man who's part of a car-theft ring working up and down the Southern coastline. Dampier isn't entirely virtuous himself; not only does he have questions and concerns about the good book's sometimes

contradictory teachings, but he's also getting those bibles for free from Christian organizations, razoring out the page with the word "complimentary" and selling them door-to-door. And Clearwater isn't entirely a bad guy. Yes, he takes advantage of Dampier, claiming that he's with the FBI and that they're going to *break* the car ring, conning Dampier into driving the stolen cars himself while Clearwater rides safely behind. And yes, Clearwater can use a gun when he needs to — more than once, in fact. But there's something appealing about his attitude toward Dampier, trying to get him to comb his hair right or keep his belt in his belt loops. If this is "A Good Man Is Hard to Find" meets "Good Country People," it's certainly a kinder, gentler O'Connor that Edgerton is channeling here.

But of course *The Bible Salesman* is *not* O'Connor; it's Edgerton — more tall tale than dark fable, and all of it infused with the same warm, wise humor that we've come to expect from his works, the same careful depiction of a place and its sometimes zany inhabitants.

Navigating this unlikely pair's car-stealing spree, Edgerton offers his own take on the period crime novel — a whimsical Elmore Leonard, to make another comparison — but he also offers an amusing love story and fond evocation of the past. Much as Dampier is excited about his job as a budding FBI accessory, for example, he's also got some bibles still to sell, and a young woman at a fruit stand quickly goes from prospective customer to prospective girlfriend — and soon the question weighs heavy on his mind about what the Bible says about premarital sex. In addition to the

1950s storyline, Edgerton also steps back in time, exploring key scenes and characters from Dampier's Depression-era childhood and younger adulthood: his father who died in an accident; his mother who abandoned him; the sister who almost drowned him; the cousin he took turns playing Cowboys and Indians with; and the neighbor who lived down the road, whose son had a goiter, and who threw her voice so it seemed like her cats talked.

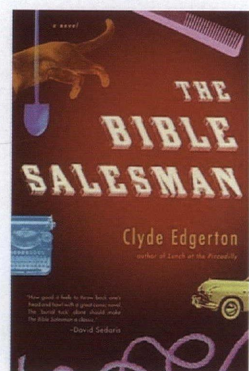
As much as the crime story takes center stage here, it's in these extended flashbacks to Dampier's history that Edgerton shows some of his best writing: quick, nostalgic glimpses of a lost era, told mainly from a child's wide-eyed perspective — but infused with a master storyteller's understanding of the adult world as well. In one of the finest scenes, Dampier's uncle takes the family to Swan Island, NC, to crash a fancy party and watch a movie on the beach. Dampier and his sister watch their uncle and aunt dance in the dunes and witness the full moon rise and marvel at the world around them, until that world crashes in a little on them. It's a tour de force scene, one of the highlights of this warm and winning story.

Edgerton will read from and sign copies of *The Bible Salesman* at several area bookstores in August and September, including McIntyre's Books in Fearington Village on Saturday morning, Aug. 16, and Durham's Regulator Bookshop later that same afternoon; Pomegranate books in Wilmington on Thursday evening, Sept. 4; and Quail Ridge Books in Raleigh on Saturday afternoon, Sept. 6.

NEW AND NOTEWORTHY

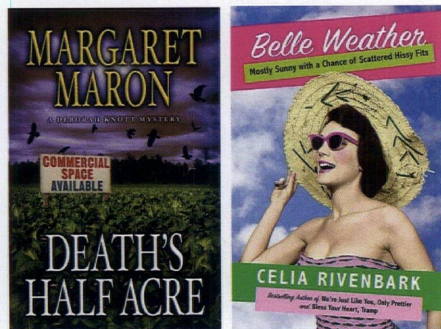
Edgerton's work also appears in another new book this month: the annual *New Stories from the South* anthology, selected and edited this year by acclaimed short story writer ZZ Packer. Edgerton's story "The Great Speckled Bird," originally published by *The Southern Review*, finds wider audiences here, as do stories by several other writers with North Carolina ties, including **Karen E. Bender**, who teaches with Edgerton at UNC-Wilmington; **Daniel Wallace**, who teaches at UNC-Chapel Hill; and **Ron Rash**, who teaches at Western Carolina University. Additionally, the volume features several up-and-coming writers, including my good friend Rob Drummond, whose story "The Unnecessary Man" provides — from my biased point of view — reason enough for anyone to purchase the entire anthology.

And just as Edgerton's new novel deals in part with the Bible and the people who struggle to stay true to it, so too does the new



The Bible Salesman
by Clyde Edgerton
(Little, Brown and Company, 2008, 256 pp.)

novel from another local favorite touch on the church and its power. **Margaret Maron's** latest mystery, *Death's Half Acre*, starts out with a chilling scene as a minister



tests his wife's devotion and obedience in front of the entire congregation. While this latest Deborah Knott mystery ultimately focuses more attention on real estate than religion (or more on development than dogma, to extend the alliteration), that opening scene casts a long shadow over this multi-layered exploration of how power can be misused and abused, whether in the pulpit or in the political arena.

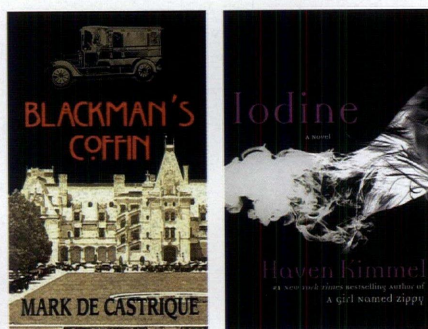
Maron will be reading from her new

Online Only!



Bernie Reeves writes
Between Issues
at www.metronc.com

novel at Raleigh's Quail Ridge Books on Friday evening, Aug. 22, and on Thursday evening, Sept. 4, at the Cary Barnes & Noble, and several other mystery-themed events are also planned for the coming weeks. Bestselling author **JA Jance** reads from her new novel *Damage Control* at McIntyre's Books in Fearington Village on Friday afternoon, Aug. 1, and again later that evening at the Cary Barnes & Noble. **Martin Clark**, author of *The Legal Limit*, appears at Durham's Regulator Bookshop on Friday evening, Aug. 1; at McIntyre's Books on Saturday morning, Aug. 2; and at Quail Ridge Books on Monday evening, Aug. 4. **T. Lynn Ocean** reads from her mystery novel *Southern Fatality* — set in Wilmington! — at Wilmington's own Pomegranate Books on Tuesday evening,



Aug. 5. And each of the Triangle's major independent bookstores is hosting a Southern mystery panel this month. Quail Ridge Books welcomes **Mark de Castrique**, author of *Blackman's Coffin*; **Mary Anna Evans**, author of *Effigies*; **Vicki Lane**, author of *In a Dark Season*; and **Cathy Pickens**, author of *Hush My Mouth*, on Thursday evening, Aug. 14. The panel — without Perkins — also appears on Friday afternoon, Aug. 15, at McIntyre's Books with reviewer **Molly Weston**, and again Friday evening at the Regulator.

Other notable authors on this month's schedule include:

- **John McNally**, co-editor of *Who Can Save Us Now?: Brand-New Superheroes and Their Amazing (Short) Stories*, on Thursday afternoon, Aug. 28, at the Country Bookshop in Southern Pines.

- **Haven Kimmel**, author of *Iodine*, on Tuesday evening, Aug. 5, at the Regulator, and again on Thursday evening, Aug. 7, at

Quail Ridge Books.

- **Ann Wicker**, editor of *Making Notes: Music of the Carolinas*, with contributor David Childers, on Friday evening, Aug. 8, at the Regulator.

- **Charles Price**, author of *Nor the Battle to the Strong: A Novel of the American Revolution in the South*, on Friday afternoon, Aug. 8, at McIntyre's, and again on Wednesday evening, Aug. 13, at Quail Ridge Books.

- **Celia Rivenbark**, author of *Belle Weather: Mostly Sunny with a Chance of Scattered Hissy Fits and Connptions*, on Wednesday evening, Aug. 20, at Quail Ridge Books.

NORTH CAROLINA BOOKWATCH

While some authors are appearing in local bookstores, others are as close as your own living room, thanks to the new season of *North Carolina Bookwatch*, hosted weekly by DG Martin on UNC-TV. On Friday, Aug. 1, at 9:30 p.m. (and again in an encore presentation on Sunday, Aug. 3, at 5 p.m.), *Bookwatch* welcomes children's book author **Eleanora Tate** with her latest publication, *Celeste's Harlem Renaissance*. The rest of the month's schedule follows the same pattern (Fridays at 9:30 p.m., Sundays at 5 p.m.) with the following guests:

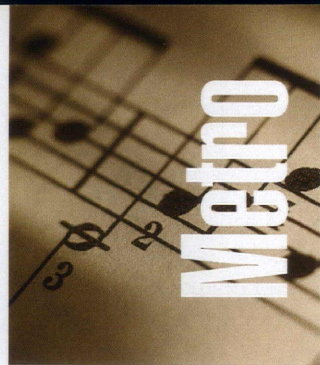
- **Eric Wilson**, a professor of English at Wake Forest University and author of *Against Happiness: In Praise of Melancholy*, on Friday, Aug. 8, and Sunday, Aug. 10.

- **Wayne Caldwell**, author of the novel *Cataloochee*, on Friday, Aug. 15, and Sunday, Aug. 17.

- **Theda Perdue**, a professor of history at UNC-Chapel Hill and co-author, with fellow UNC-CH professor Michael D. Green, of *The Cherokee Nation and the Trail of Tears*, on Friday, Aug. 22, and Sunday, Aug. 24.

- And **Bernie Harberts**, author of the memoir/travelogue *Too Proud to Ride a Cow: By Mule Across America*, on Friday, Aug. 29, and Sunday, Aug. 31.

Turn to *Metro* next month for information on *NC Bookwatch's* September programming. To have your literary event considered for inclusion in this column, please e-mail MetroBooksNC@gmail.com. **MM**



PvV

by Philip van Vleck

EARNING THE BLUES: ROBIN ROGERS DRAWS ON THE REAL THING

Charlotte resident Robin Rogers has a severe case of the blues. It took a very long time to acquire this particularly musical ailment, and she hopes to hold on to it for the rest of her life. After all, like all credible blues artists, she had to pay major dues to earn a spot in the blues world.

Rogers is currently working the Southeast behind her new album — *Treat Me Right* — on the Blind Pig label. The album is a strong effort, particularly notable for the number of excellent original tunes. Rogers and her husband, Tony, penned seven of the 11 tracks on the CD. Tony also handles guitar, dobro and baritone guitar chores in Rogers' band and on the new album.

Treat Me Right also features awfully pleasing performances from Rogers' sidemen. Their playing is uniformly solid, sounding very much at home in arrangements that emphasize ensemble tightness rather than solo pyrotechnics. The arrangements give the album a sophisticated vibe that strikes the listener as polished musical sensibility rather than a sophistication that implies some sort of rarified knowledge of the blues.

Guitarist Tony Rogers, for instance, plays with a wonderful economy. He's a tasty guitarist who's hip enough to know the value of a sweet embellishment. His solo work is incisive and articulate, but you won't catch him over-the-top anywhere on the disc.

This isn't Chicago blues. Indeed, it's not possible to pin down Rogers' blues to a single style. In listening to the tracks, influences come from many directions, including New Orleans, California, Memphis and, yes, Chicago.

Rogers has a sturdy voice, but she's no blues shouter. She has a good vocal range,

and there's an earthy quality to her voice. She obviously knows her limitations and sings very well within those parameters. She never pushes her voice out of shape. Her interpretive gift is one of her strengths; it allows her to slip convincingly into every track on the CD.

ents to send her to Job Corps next, but that didn't solve Rogers' problems either.

"After that I was pretty much on my own," she noted. "I traveled a lot and grew up raising myself. I spent time in Atlanta and New Orleans and New York City. I was doing the gypsy lifestyle thing."



JOHN CLARKE

Rogers grew up in the Newport News-Hampton area in Virginia, but as she noted during our conversation, she didn't remain there for long.

"When I was 13 I was sent to reform school for truancy, and when I got out in 1968 I still didn't go to school," she admitted. "I was acting out. I just didn't want to go to school. There was a lot of dysfunction going on in my home."

Her habitual truancy caused her par-

When a kid in her early teens feels the need to hit the road, it invariably signals something bad has unfolded on the home front. Rogers allowed that: "My home environment simply wasn't conducive to being a good child. I was a great kid when I was younger. I was like junior mom. My parents had their own business — my mom and stepfather. They'd been together since I was 4. I took care of the house and helped raise my five brothers, who were all younger

than me. I went to school and did well.

"When I was about 10 years old, however, my stepfather, who was an alcoholic, began sexually molesting me, and that's when the craziness began. That's when I wanted out of the house. In looking for something to ease the pain, I turned to drugs and, thankfully, music, too.

"Had I had a different home environment, I would probably have had a different childhood story," she said, adding: "Of course, I might not be a blues singer either."

Rogers explained that she has forgiven her stepfather for what he did to her, adding that she has been in recovery herself for nearly 20 years. She also noted, however, that, "When you're a child, however, you think something like that is your fault. I took all that guilt on myself and suppressed it and, well, ran away."

Rogers was on the street, a runaway, when she was 14. This was risky business for a child of that age. The possible outcomes of such a tenuous existence are

mostly bad, if not tragic, and yet Rogers managed to navigate this rough patch while keeping body and soul intact.

"I think because of the times, a lot of older people I hung out with looked after me," she said. "I managed to get up with people who kind of felt sorry for me, maybe because I was the youngest one in the crowd. I was also a budding musician, and I guess they thought that was cool and gave me a little respect for that."

She admitted that things didn't always go smoothly.

"There were times that were hard. I got arrested for shoplifting, for instance. I was shoplifting because I didn't have any shoes and I was freezing. I stole these purple Indian moccasins and found myself in jail. Another time I was hitchhiking and caught a ride with this guy. When I got in his car I noticed the door handle was missing. Luckily I had some teargas, so at the next stoplight I squirted him in the face, jumped in the back seat and got out that door."

Jail time and car rides with sketchy guys were part of the price, yet Rogers believes that she was lucky to have been a runaway in the era of the late '60s-early '70s.

"I know this sounds so back-in-the-day, but it was different back then," she said. "There wasn't as much meanness out there, or as much crime. But, you know, when you're that age you can think it's all just some great adventure. I wasn't at home with my boring parents, and I didn't have to go to school."

When Rogers ran away from home in her early teens, she wasn't alone. She took her guitar with her; it was probably the one legacy from her family that served her well.

"I came from a musical family," she said. "My mother was a beautiful singer, though she sounded like Doris Day. We used to sing Christmas carols, and she taught us how to sing harmonies. I was exposed to music very early and singing seemed to come naturally.

"The first time I remember realizing how valuable and precious my singing voice was, I was in elementary school. I did this play in 4th grade — a Christmas play — and I had a great music teacher who

insisted I sing 'What Child Is This?' a cappella. I was terribly scared, but I did it. When I finished I heard what I thought at the time was thunderous applause and decided right then that this was what I wanted to do."

Rogers' mother also found a way to get Rogers additional stage time.

"My mom had a lot of friends who did country music, so she used to take me around to where they were playing and get me up to sit in with them. I'd get up there and sing Patsy Cline, or something like that, and I'm sure that was really cute.

"I wasn't really into that kind of music, however," she explained. "I wanted to do protest songs and stuff like Crosby, Stills and Nash."

One of Rogers' mother's friends taught Rogers how to play the guitar. As soon as she learned the three chords he initially taught her, she was writing songs.

"They all sounded the same," she laughed, "but they did have different words."

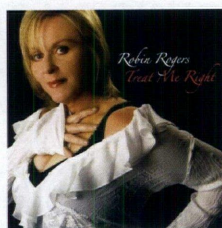
Once she ran away from home, she was able to earn some cash by busking on street corners in Atlanta. It proved to be a decent living for a kid.

"When I was in my 20s and living in New York and New Orleans, I started singing with bands, mainly doing Top 40 stuff," Rogers said. "It was a good living, though it still wasn't what I wanted to sing. I learned a lot from the guys I was playing with, too. It beat living on the street."

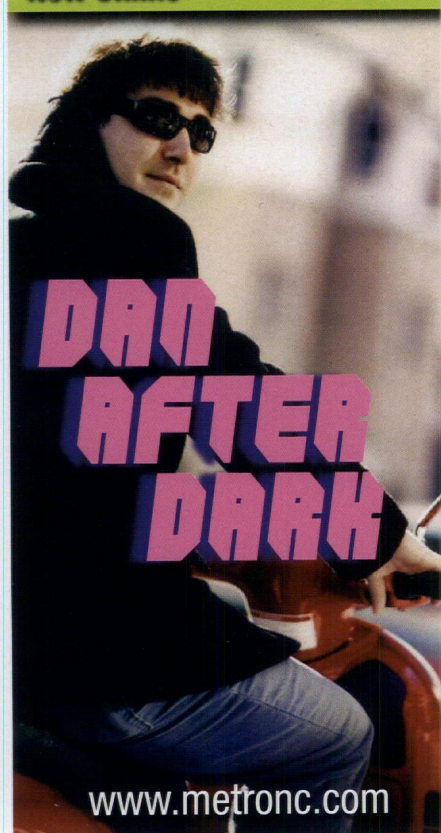
Rogers finally got to the point where she could delve into the blues in a substantial fashion. This point coincided with meeting her future husband a dozen years ago.

"We got on the same page, musically, and set up some goals and started doing it," she said. "We started out doing a lot of regular songs, you know, covers because of the gigs we were doing. I used to feel bad about that, like the blues police were gonna bust me, but then I saw a Memphis Minnie set list in a book, and it had the top hits of the day on it. That convinced me I wasn't doing something; I was just supporting my blues habit."

Dues paid in full, Rogers has landed a three-record deal with a major blues label. Stay tuned, blues fans. **MM**



New Online



continued from page 20

Durham Arts Council, Orange County Arts Commission, and United Arts Council of Raleigh & Wake County — to “heighten appreciation for excellence in the literary arts throughout the Piedmont area,” according to the city of Raleigh.

The Piedmont Laureate will be selected by a committee appointed by the sponsoring agencies and will present public readings and workshops, participate at select public functions, and create at least one original activity to expand appreciation of literature. The Laureate will receive an honorarium of \$5000.

For the 2008-2009 cycle, applications will be accepted only from poets. In future years, other literary artists, such as novelists and playwrights, will be invited to apply.

Additional information on the program, including guidelines and an application form, is available by visiting www.raleigh-nc.gov/arts. The deadline for poets to apply is Aug. 29. **MM**

Wake Schools Progress Charted In New Book

It's not all bad news in the world of public schools. *A School District's Journey to*

Excellence: Lessons From Business and Education, co-authored by Bill McNeal, former Wake County Superintendent of Schools, and former school board member Tom Oxholm, demonstrates how school systems can go from average to outstanding by applying sound business fiscal controls, progressive instructional leadership and strong bonds with the community to improve student performance.

Featuring a foreword by former Gov. Jim Hunt, the book is available from Corwin Press by calling 1-800-223-9936 or go online to www.corwinpress.com. **MM**

Aug. 5 at Pullen Park in Raleigh. The league boasts 275 divisions in 28 states fielding 200 teams nationwide. To register or for more information, call 866-350-1710 or e-mail NCCapital1kickball.com.

Destination Hotels & Resorts has taken over the management of The Carolina Inn and the Rizzo Conference Center in Chapel Hill. The 184-room Carolina Inn, located near the UNC campus in Chapel Hill, opened in 1924. The 120-room Rizzo Conference Center is located on Highway 54 outside of Chapel Hill in the former estate of the DuBose family. Denver-based Destination manages 30 resort, hotel and conference properties.

A new private funding of \$666,000 for the undergraduate creative writing program in the **College of Arts and Sciences at UNC-CH** from alumna Sallie Shuping-Russell of Chapel Hill will be matched with public trust funds established by the NC General Assembly to create a \$1 million endowment starting in the fall of 2009 to underwrite a series of major writers who will hold distinguished visiting professorships in the creative writing program.

Three-time Ryder Cup representative **Chip Beck** and long-time South Carolina golf administrator **Happ Lathrop** will be inducted into the Carolinas Golf Hall of Fame in Pinehurst, NC, on Aug. 25. The duo was elected from a pool of nominations by members of the Carolinas Golf Reporters Association. This year's induction ceremonies come the day after the conclusion of the US Amateur Championship at Pinehurst. The Carolinas Golf Hall of Fame inducted its first members in 1981. This year's inductions take the total membership in the Hall of Fame to 65.

Purple Armchair, an “emerging marketplace in downtown Raleigh,” according to owner Patrick Lawton, offers “art ... vintage ... everything” in a renovated warehouse at 600 N. West Street near

Glenwood South. The membership-driven market and association of artists, craftspeople and vendors is funded by client fees on a month-by-month basis to have the store sell their wares. Mid-century modern furniture, vintage and other handmade clothing, antiques, handmade jewelry, pottery, tableware and fine art are just a portion of the current inventory.

Lawton, a native of Northern Virginia and a software engineer by profession, intends to add a coffee bar and fresh flower and herb vendors in the near future. Go to www.purplearmchair.com for more information.

The Woman's Club of Raleigh presented Hospice of Wake County a check for \$30,000 on July 23 from proceeds generated from the 2008 ASID Designer Showhouse held in May and June 2008 featuring two townhomes at the Ramblewood community in midtown Raleigh developed by Kane Realty. *Metro Magazine* served as program sponsor for the event.

The Core Sound Waterfowl Museum, located in Harkers Island in Carteret County, is honoring Purcell Jones, the former owner of Camp Morehead, for his role in starting the Museum with a golf tournament and home tour at the new North River Club in Beaufort Oct. 25. The event includes a luncheon and a High Tea for sponsors.

For more information, call 252-723-2992 or e-mail adeberry@northriverproperties.com.

APPOINTMENTS

Michael Patterson, executive chairman of CapStone Bank in Raleigh, has been elected to the board of directors of the North Carolina Bankers Association.

Poet and professor of English **Michael McFee** has been named head of the Creating Writing Program at UNC-Chapel Hill, replacing musician and writer Bland Simpson who served for six years.



The National Students of Ailing Mothers and Fathers (AMF) will host a weekend of fundraising events Aug. 22-24 at Meredith College, Ravenscroft School and NC State University with donations dedicated to brain cancer research and to help grieving college students. 2008 MetroBravo! Award-winners Charlotte's and Gena Chandler will team up to promote the events by selling “Charlotte's and Gena Chandler Love AMF” T-shirts. David Fajgenbaum, whose mother passed away from brain cancer four years ago, started AMF as an outlet for his grief. The organization is now on 40 college campuses, including Meredith College, Peace College, UNC-Chapel Hill and East Carolina University. For more information about the weekend events, go to www.studentsofamf.org.

BirdLife International presents the BirdLife Games, an online Olympics for our avian friends, running from Aug. 8-22. Go to www.birdlife.org for more information.

The Brandy Miller Cancer Fund committee has organized two events to raise money to help offset the medical expenses for Brandy Miller, including a barbecue fundraiser Aug. 15 and attendance at the car show set for Aug. 16 at the Time Warner Cable Music Pavilion at Walnut Creek. Go to www.brandymillercancerfund.org for more information.

The World Adult Kickball Association, NC Capital Division is kicking off its season Aug. 12. Registration and a free pick-up game are set for

My Usual Charming Self

by Bernie Reeves



JIM TURCOTTE

BUCHANAN ON CHURCHILL: THE AXEMAN COMETH

The sigh of relief didn't last long watching the far Left radical scholars fade away from universities, think tanks, government agencies and the national mass media in recent months. Some are retiring, some have committed spontaneous human combustion like Ward Churchill at the University of Colorado, but mostly they are discredited.

But here's the shocker. Replacing the post modern, deconstructionist politically correct crowd, who kicked out the pillars of Western culture — claiming it is racist, homophobic and chauvinist and therefore not worthy of existence — is a cadre of far Right pundits and scholars who are grabbing the same cultural pickaxe and flailing away at the edifice of our inherited values just like the tenured radicals. Who would have thunk it?

The highest profile name leading the right-wing Rough Riders up the San Juan Hill of cultural upheaval is the always wrong but never in doubt conservative gadfly Pat Buchanan. Maybe it's because he's Irish that he has penned a book attacking the leadership of British leader Winston Churchill and accusing the Allies in World War II of reprehensible morality in the same league with the Nazis.

The dismemberment of Churchill, voted the greatest figure of the 20th century in 2000 due to his wartime leadership, is curiously based on the loss of the British Empire after the war. That's a specious argument coming from an American since it was the US that demanded the abandonment of the Empire as a condition for our support of Great Britain as she stood alone against Nazi Europe. The title of Buchanan's book sums up his attitude: *How Britain Lost Its Empire and the West Lost the World*. And attitude, it appears, is all Buchanan has.

Churchill came into office after the failure

of appeasement at Munich on the wings of his diligence in identifying German rearmament in the 1930s in violation of the Treaty of Versailles. Churchill knew that Hitler was aiming to capture Europe for imperial reasons before attacking the USSR for political reasons.

Buchanan is saying the Germans rolled across Holland and Belgium into France because the Allies declared war after Hitler's invasion of Poland, an act that could have been avoided. That's the only sense I can make of his thesis. Is he saying Britain ended up isolated from the Continent and in real danger of invasion, or at least starvation — until the US entered the War — because the British and French lived up to their treaty obligations? I doubt that standing up to Hitler over Poland could have stopped the Blitzkrieg or the Battle of Britain — also disparaged by Buchanan.

What must Brits old enough to remember think? They sailed out in their own small boats to rescue their army at Dunkirk, stood alone against Germany's redoubt in Europe, endured incessant bombing of their homeland and suffered the loss of dead and wounded across the globe at war against Germany and Japan. Rationing remained in place in the UK until the early 1960s, a legacy that makes the point of their sacrifice, while repaying the enormous war debt to the US.

Oddly, Buchanan — and his defenders on the Right — and now Niall Ferguson in the recently aired PBS documentary *War of the World*, another revisionist WWII muddle by a conservative, is willing to toss away the pride of our victory to arrive at the point I agree with. Due to the necessity to ally with the USSR, we birthed the vilest killing machine in history. The Soviets in the aftermath of the defeat of Germany were given carte blanche to occupy Eastern Europe and set in motion an international propaganda onslaught that nearly brought down the West. We toughened up finally over Berlin, but stood aside as tanks rolled into Hungary and later against the Czechs and Poles. Not until the Reagan/Thatcher days did we finally stiffen our spines.

As for the loss of the Empire as a result of WWII, this was a condition Churchill traded for US help. The Atlantic Charter mentions this demand specifically. Additionally, after the war, the US State Department and other key figures fell for the propaganda from the Soviets

pushing for the extinction of imperialism. In the UK, the Socialist government that succeeded Churchill — influenced by its political sympathy for the Soviets — devolved the Empire before anyone really noticed.

It's hard to blame Churchill since he strived to save India before partition and the creation of Muslim Pakistan in 1947. And it's a stretch to blame the Allies in WWII for US policy to deploy troops to keep the peace across Europe and the Far East in Korea and Japan — and of course Vietnam and now Iraq. That's the real issue with Buchanan. He's an isolationist in a global environment looking for ways to rewrite history to prove the US could have stayed home and avoided becoming a victim of the treaties and intrigue of our European cousins.

Another point of interest to me is that Buchanan and Ferguson and their colleagues verify the purpose of the Raleigh Spy Conference (www.raleighspyconference.com), convened in 2003 to learn about the latest in the deluge of declassified data suddenly available over the past 15 years since the collapse of the USSR and the revelations of the Venona files. The problem is that scholars and nut cases are rewriting modern history at a rapid rate. Sadly, many of the purveyors of the new information — like Buchanan — either have an agenda to prove or just don't have the intellectual capability to understand what they are reading.

NOTES FROM LA-LA LAND

Democrat members of the US Congress at home on break are supposedly girding their loins for questions from constituents asking why they will not act to allow **drilling for oil and gas**, the logical step to ensure supply and ease the grip on our economy by oil-producing countries that ration supply for negative political motives. But the Democrats are hardly concerned. Due to crafty gerrymandering, Congressmen David Price and Brad Miller, representing the region encompassing the Triangle, have created safe seats for themselves, providing them the luxury to remain hostile to reality and forever in the thrall of the environmental activists — who appear intent on strangling our economy in the name of dodgy science masquerading as global ecology. **MM**

(Read commentary by Bernie Reeves in his online-only *Between Issues* column online at www.metronc.com.)

For women only:
What's new in gynecology



Talk to him

Duke urogynecologist Anthony Visco, MD, is happy to discuss with women a minimally invasive cure for a minimally talked-about problem—pelvic floor prolapse.

What exactly is prolapse?

The word literally means “falling out of place.” Prolapse of a woman’s pelvic floor organs—vagina, uterus, bladder, or rectum—can happen when tissues or muscles in the pelvis weaken. It can result from childbirth, chronic coughing or straining, or just simply from getting older—but it’s not an old person’s disease. It can happen at any age.

Is it common?

It’s pretty common, but most women consider prolapse a private condition and aren’t inclined to talk about it—even though it can have a drastic effect on their day-to-day lives.

What do you want women to know about prolapse?

For one, I think women should know that treatments for prolapse are really improving. In fact, this condition is at the forefront of surgical technology.

How so?

First of all, prolapse can be managed nonsurgically, but this won’t make it go away. There is a surgical treatment called colpopexy which can cure prolapse. Until recently, it required a long abdominal incision, but now robotic surgery is making the cure much easier on patients.

That sounds futuristic.

It does, but we’re using robotics right now. Robotic surgery gives women a gold-standard repair with a minimally invasive approach. Instead of using a long incision, I make a few tiny incisions using the robot’s arms. Women recover quickly and there is a low risk of complications. Most women go home the morning after the procedure. We offer this procedure in both Raleigh and Durham.

So to learn more, just talk to you about it?

That’s a very good start.

Duke OB-GYN offers leading programs in urogynecology, fertility, gynecologic oncology, menopausal medicine, and more. Learn more at dukehealth.org.

To schedule an appointment, call 1-888-ASK-DUKE.



Duke OB-GYN

Duke is ranked #4 in the nation in gynecology
by *U.S. News & World Report*



We Have the Closest Beach to Glenwood South

That would be our beach volleyball court... just one of the casual living activities that you ordinarily wouldn't expect to find within five minutes of Downtown Raleigh. There's more, of course. Like our crystal clear Olympic size swimming pool. Tennis courts. Clubhouse with state-of-the-art fitness center. Not to mention all of the social and cultural activities — from museums and theaters to restaurants and parks — that only Downtown Raleigh can offer.

Choose from a wide selection of Federal, Georgian and Colonial-style townhomes and homes. So, why not live it up downtown? At Renaissance Park. For more information, view Metro.RenaissancePark.com or call 919-779-1277.

DIRECTIONS

Take Dawson St. heading away from Downtown. Continue on S. Saunders St. and merge onto S. Wilmington St. Continue for one mile. Turn right on Tryon Rd., then right on Junction Blvd.



RENAISSANCE
PARK

Signature Communities. Ideal Opportunities. Wakefield Development Company | Search Communities at WakeDev.com/NewHomes

Artist's renderings, photos, amenities and prices are based upon current development plans and are subject to change without notice.