

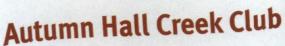




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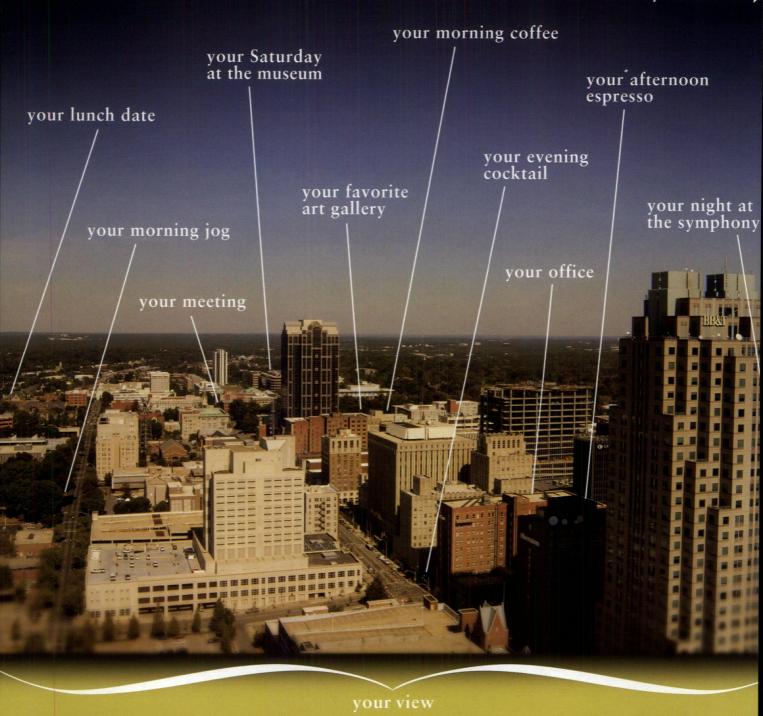
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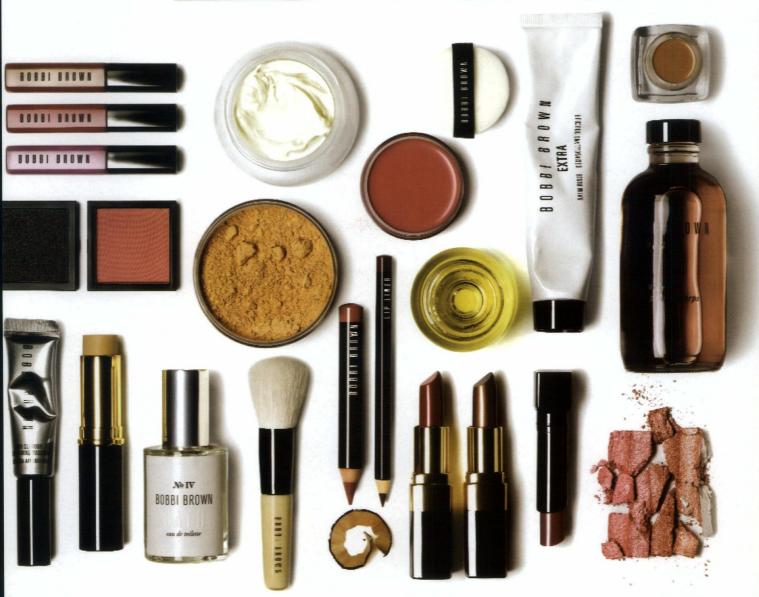
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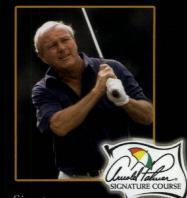
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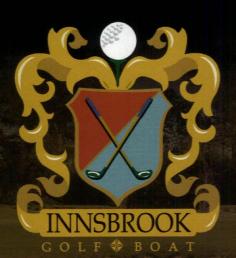
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#### FIELDER'S CHOICE

he content in this May issue covers more ground than Willie Mays in center field chasing a fly ball — once again demonstrating that this region has more going on per square foot than most major markets.

First off, The Woman's Club of Raleigh asked *Metro* to work with them to create the official program for the 2008 ASID Designer Showhouse. Check it out in this issue of *Metro*, and make plans to view the two townhomes in Ramblewood near North Hills where each room is designed and furnished by a member of



Four F-15 Strike Eagles from North Carolina's Pope Air Force Base perform a flyover above Fayetteville Street during the Salute to the Troops parade April 26 in downtown Raleigh sponsored by the NC Bankers Association.

the American Society of Interior Designers. The Showhouse opens May 10 and runs to June 10 with a portion of the proceeds going to Hospice of Wake County. Go to www.asidshowhouse.org for more information.

Summer is coming and that means sunshine — and ticks. In our quarterly medical report Tony Vecchione reminds you to soak up beneficial rays to be sure you receive enough vitamin D to keep your body functioning. Sunscreen is great, but let the light through if you can; if not, take a supplement. And tick season is coming with a vengeance this year say the experts. Note the precautions and act immediately if symptoms appear indicating Rocky Mountain Spotted Fever. And be on the lookout for symptoms of Deep-Vein Thrombosis. There are preventative steps outlined in our report.

Diane Lea covers the AIA Triangle Design Awards to area architects for innovative designs and urges you to tour three classic modern houses on display in Durham; Coastal News and Calendar kicks off this issue laden with stories, events and travel destinations; Jennifer Hadra interviews national fashion designers who came to town offering ideas and looks for the summer season; the Raleigh Hall of Fame names inductees for 2008; and Mary Ward Boerner's Preview is loaded with places to go and people to see.

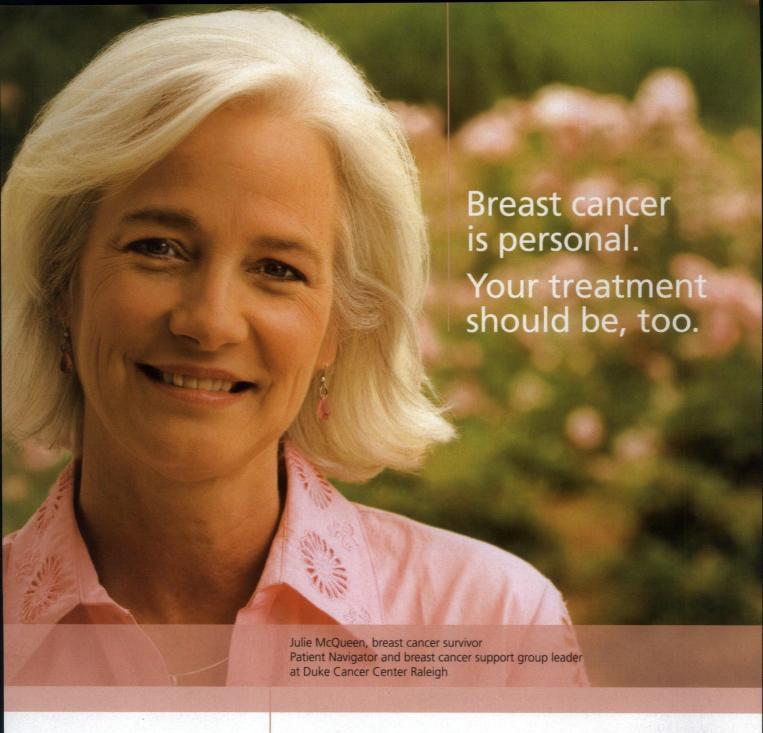
Moreton Neal partakes of Poole's Downtown Diner, the latest culinary creation by Ashley Christensen — housed in the old Poole's Pies space in downtown Raleigh — where the innovative young chef has gone all out to return to the basics; Barbara Ensrud recommends Pinot Gris and Pinot Grigio for spring wining and dining; Carroll Leggett dares to discuss the D-word; Jim Leutze explains the mystery of beach houses on the move; and Philip van Vleck tells the tale of jazz original Gary Brunotte.

Arch T. Allen discusses in depth *The News & Observer* politics writer Rob Christensen's new book on the anatomy of North Carolina political history; fiction editor Art Taylor welcomes the new book by Elizabeth Berg and offers a complete guide to book signings in the area; Rick Smith laments the sudden death at age 27 of espionage novelist Andrew Britton just as his career was taking off; Louis St. Lewis tracks down the real story of the sudden move to Durham by storied art dealer Joe Rowand; and Dan Reeves soaks in authentic Scottish sounds from Emily Smith (and husband) at Long View — a very special place in downtown Raleigh.

Big news! The Puppini Sisters are coming to *Metro Magazine's* third Mannequin Ball Nov. 22 at the new Raleigh Civic Center. We witnessed their American debut direct from London at New York's famous Algonquin Hotel Oak Room this time last year. Since then, the girls and their modern take on the Andrews Sisters have built a huge international following. Go to www.themannequinball.com and reserve your tickets for the greatest party in North Carolina — this edition celebrating the fashion and frenzy of New York City.

Don't forget the deadline to vote in the 2008 MetroBravo! balloting is May 15. See you in June.

—Bernie Reeves, Editor & Publisher



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# Correspondence

#### **CAPTURING JEANNE JOLLY**

We in the Jolly family are so thrilled and pleased with the wonderful article Dan Reeves artfully wrote in the April 2008 issue about our daughter Jeanne's new venture into country music, her old favorite genre. The article truly gets at her purpose and captures what she's about. Dan Reeves did a beautiful job. Not only did he communicate with her, but he really listened too and "got" her music. That is so satisfying to her and to all of us who know her well.

My mother was a painter, and I used to listen to her describe what she was trying to accomplish as she worked on a painting. It was so important to her to communicate it, but she really wanted it communicated through the painting rather than through words. The same is true for Jeanne and the many other musicians I have gotten to know through her career. She wants her music to speak to the listener.

I truly believe that Dan Reeves is an artist in his own right and that is why he can "get it" when he talks to other artists, no matter what the genre.

**Jeanne and Frank Jolly III**Raleigh

# WILDER PIECE A PLEASANT SURPRISE

To Carroll Leggett:

I returned home late Monday night from a nine-day trip to the South Pacific and was pleasantly surprised to find in my mail that a friend had sent me the essay you had written about Roy Wilder in the April 2008 issue of *Metro Magazine*.

Very well done. I have since found your essay on the Internet and have forwarded it along to several friends.

**Bob Auman** Raleigh

# REV. WRIGHT'S AIDS CONSPIRACY DEBUNKED

Among all the commentary on Reverend Jeremiah Wright's controversial comments related to the Barack Obama presidential campaign, I have seen no informed challenge to his statements that the US government caused (or, as he said later, could have caused) the AIDS virus in an effort to kill blacks.

With documentation from KGB archives, British historian Christopher Andrew and former KGB agent Vasili Mitrokhin revealed nearly a decade ago that the AIDS-virus story originated in the 1980s as part of Soviet anti-American disinformation campaigns — called "active measures" by the KGB. The story swept through the Third World and was also reported in some Western media.

After the story was discredited, in 1987 the Kremlin informed US officials in Moscow, wrote Andrew, "that the story was officially disowned" and "Soviet media coverage of it came to an abrupt halt" although "it continued to circulate for several years in the Third World and the more gullible sections of the Western media." The full story is available in Christopher Andrew and Vasili Mitrokhin's *The Sword and the Shield: The Mitrokhin Archive and the Secret History of the KGB* pp.244-45, 428 & 484 (1999).

(Editor's Note: Christopher Andrew was the keynote speaker at the first Raleigh Spy Conference in 2003. Go to www.raleighspyconference.com).

Arch T. Allen Raleigh

#### Bernie Reeves Editor and Publisher

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#### **EDITORIAL**

Rick Smith Senior Writer
Emily Keveryn Copy Editor
Dan Reeves Assistant Editor
Jennifer Hadra Assistant Editor

#### **Contributing Editors**

Arch T. Allen Books
Barbara Ensrud Cork Report
Molly Fulghum Heintz Style
Diane Lea Design
Jim Leutze Editor-at-Large
Carroll Leggett Columnist
Moreton Neal Gourmet
Louis St. Lewis Artist-at-Large
Art Taylor Fiction
Philip van Vleck Music and Video

#### DESIGN

David Gough Art Director
Kathy Johnson Graphics Associate
Sean Byrne Graphics Associate
Kinsley Dey Photographer

#### ADVERTISING

Katie Reeves Vice President of Sales and Marketing Elizabeth M. Richards Regional/National Sales Executive Katie Poole Director of Special Events

#### SALES REPRESENTATIVES

Karla P. Appleby Senior Sales Representative Catherine M. White Sales Representative Mary Ward Boerner Sales Assistant

#### **ADMINISTRATION**

Cyndi Harris Office Manager

#### INTERNS

Lindsey Briggs Meagan O'Daniel

#### Metro Magazine LLC 1033 Oberlin Road, Suite 100

Raleigh, NC 27605 Mailing address P.O. Box 6190, Raleigh, NC 27628 Phone: 919-831-0999 Toll-free: 800-567-184

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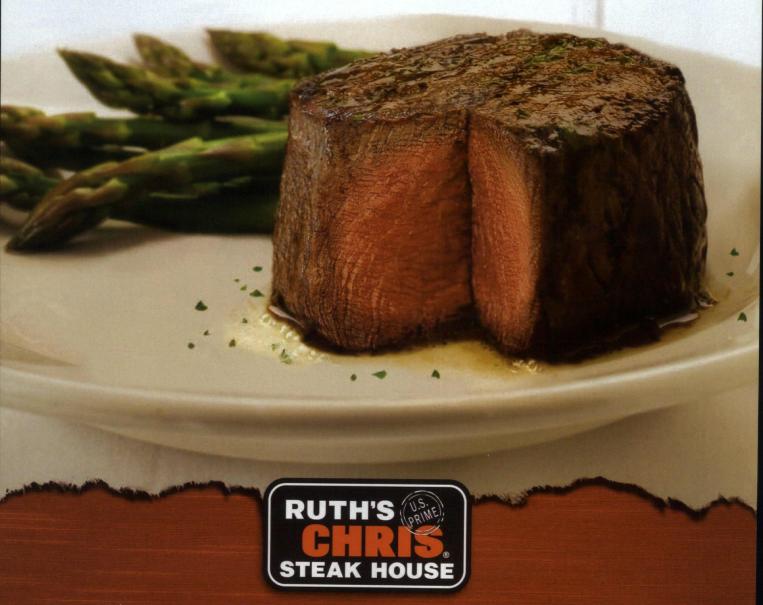
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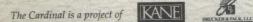


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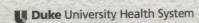


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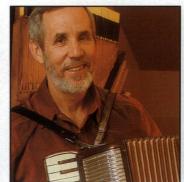
Special Metro Presentation

# **ASID Designer Showhouse**

Woman's Club, North Hills, ASID Team Together To Benefit Hospice of Wake County



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## Best-selling Author Andrew Britton Dead At 27

If Andrew Britton could have written an autobiography, he had a tremendous story to

tell — fame and fortune as a young writer of best-selling espionage thrillers. With three internationally published books to his credit — and a fourth underway — Britton was already a success. On March 18 he was found dead in his Durham apartment from a heart aneurism at age 27.

"He just went to sleep and didn't wake up," said his mother, Annie Nice, who lives in

Raleigh and manages the Tir Na Nog Irish pub. "This is like a horror story. He was just such a great, great son."

Britton's third thriller, *The Invisible*, had just been published and "jumped on the lists,"

his agent said. His second, *The Assassin*, was headed up best seller lists in paperback. The first book, *The American*, continues to sell well in multiple translations around the world. Praised by his critics for his detailed descriptions of espionage, terrorism and believable characters, Britton was fast becoming an established author.

Despite his growing fame, few people in Raleigh really knew him. Britton was born in England, lived in Ireland and moved with his mother to the US in 1988. He graduated from Leesville High School in 1999; after a three-year stint in the US Army, Britton attended The University of North Carolina at Chapel Hill to study economics and psychology. But his desire to write led

him to put education on hold. He wrote *The American* as a secret project, not even telling his mother. But Nice said she always suspected her son would be a writer someday.

"Oh my gosh, he never stopped reading,"

Nice said. "He loved books. His apartment was wall-to-wall books."

Britton's research blended with his polished writing skills, leading two veterans of the New York publishing world — his agent and editor — to believe he would be a star.

"We're still in shock," said Audrey le Farve, his editor at Kensington Publishing. "It's terrible."

Le Farve was convinced Britton would join the ranks of best-selling authors that he read and admired, such as Daniel Silva and Brad Thor.

"He would have been a Daniel Silva," le Farve said. "You're excited when you first start reading, the plot is complicated, the action is there — you know it's the real thing. He created an incredible villain in *The American*, and you wanted to know what would happen.

"I was struck right away by the quality of his writing and just the authority he possessed to write about so many things — world politics, the military, the weapons, the way the CIA works, the political maneuvering in Washington. He reminded me of Tom Clancy



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and The Hunt for Red October."

Nancy Coffey remembered agreeing to represent Britton even though he was an unpublished unknown who sent her an unsolicited query letter.

"He sent me the first chapter, and it was so good I called him and told him to FedEx me the rest of the book," said Coffey, who was a longtime editor working with scores of writers before becoming an agent. "I signed him the next day.

"He was a major storyteller," she added. "He would have been a household word."

When she learned that Britton had died, Coffey couldn't help but think: "Oh, God, someone's gotten to him."

Britton's mother pointed out that no foul play was suspected, adding that his heart condition had affected other family members in the past. But the manner of death provided little solace. "He had a magical life," she said.

The Tir Na Nog is a sadder place these days due to Britton's absence. More than 500 people turned out for a full Irish wake, including his girlfriend Valerie Bullagher.

Randall Gregg, publisher of *The Raleigh Chronicle* Web newspaper, admired Britton as a friend and as a writer: "He was a very quiet, nice young man who always did the right thing and was very dedicated to his family," Gregg recalled. "He felt a great sense of duty on many levels and achieved a lot in a short amount of time."

Nice plans to pick someone to take over Britton's fourth book. But to her, the tale will never truly be finished. "Without Andrew," she said, "it just won't be the same."

#### **Musical Anchorman Bill Leslie**

There is much more to Bill Leslie, the coanchor we see every morning and noon on WRAL-TV5. Behind his poised and inviting countenance lies a talented member of the musical community, who has earned the respect of famous musicians — including the legendary cellist Yo-Yo Ma, who praised Leslie "as one of the greats in Modern Celtic Music."

Growing up in Morganton, NC, Leslie was drawn into the world of music through singing in his local church choir before picking up his first six-string. From that experimental time came his eventual attachment to other instruments in the school band such as the tuba and cornet. But it was his first guitar from Sears that instilled a passion still thriving today.

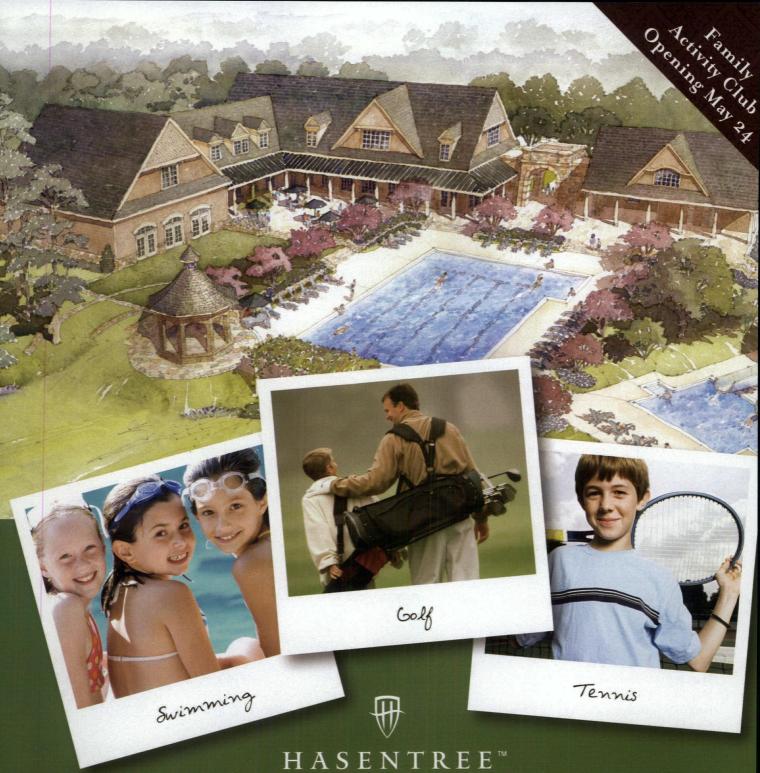
Leslie played guitar and wrote songs for The Beggars and the Cyntriks who enjoyed high success on a regional level. In his college years, under the advice of roommate John Tesh, he packed up his guitar and took his music to Nashville where he published a handful of songs with April Blackwood. Leslie

#### **Bynum Music Series Dates for 2008**

Bynum, in Chatham County, originally a cotton mill village set along the banks of the Haw River, announces the 2008 Bynum Friday Night Music Series kicking off May 2 through August presented by the Bynum Front Porch organization that raises funds to preserve the town's general store and other facilities. Below is the schedule for the Bynum Front Porch Music Series, as well as dates for pickin' jams during the summer:

- April 26 Bynum Front Porch Pickin'
- May 2 Kelley and The Cowboys
- May 9 The Boys from Carolina
- May 16 Tim Lee Band
- May 23 Saludos Compay
- May 24 Bynum Front Porch Pickin'
- May 30 Rootzie
- June 6 Memphis the Band
- June 13 Southpaw
- June 20 Blue Diablo
- June 27 Brenda Linton and Friends
- June 28 Bynum Front Porch Pickin'
- July 11 Sarah Shook
- July 18 Former Squirrel Nut Zipper, Tom Maxwell
- July 25 Original Red Clay Rambler, Bill Hicks with
  - wife, Libby Hicks
- July 26 Bynum Front Porch Pickin'
- August 1 Edsel 500
- August 8 Near Blind James, Harmonica Bob, and the Mighty Gospel Inspirations
- August 15 The Great Big Gone
- August 22 The Straight 8s
- August 23 Bynum Front Porch Pickin'
- August 29 Bruce Egan and Highway 54





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married and found himself leaning more toward writing religious songs and singing in his church choir at Cary Presbyterian. He visited Edinburgh, Scotland where he fell in love with the enchanting and haunting sounds of Celtic music. He was inspired to broaden his musical horizons and taught himself the Scottish whistle by book and trained to blend



Leslie

his own guitar work and piano playing ability to produce his own brand of Celtic music in his homebuilt recording studio. He soon cofounded a Celtic fusion band, Bragh Adair, that made two albums — *Grace in* 

Stone and The Hunt. The group was very popular amongst Celtic music fans and landed Leslie and his band performances at prominent venues, including Raleigh's Meymandi Hall.

These days Leslie is working with Lorica, translated from Latin meaning body armor. He is accompanied by violinist Sherry Lattin, flutist Linda Metz, pianist Marty Long and percussionist Stephen Levitin. Lorica blends to produce a foreign sound — meditative and ethereal — like something you would imagine floating across the breeze along the Scottish countryside. But also contains an orchestral texture, spanning different geographies and different places in time.

Who knew the area's popular anchor was an accomplished musician? Apparently quite a few people: Leslie has placed as "best local musician" in the MetroBravo! Awards on more than one occasion.

For more information, visit www.bill-leslie.com.

—Dan Reeves

#### Metro Columnist Featured in Cornbread Nation 4: The Best of Southern Food Writing

Metro Magazine columnist Carroll Leggett is featured in Cornbread Nation 4: The Best of Southern Food Writing, published by University of Georgia Press in association with the Southern Foodways Alliance. Leggett's article, "Something Special," was published in the June 2002 issue of Metro. The "Something Special" of his article is the cornmeal

dumplings prepared by Down East cooks that he has enjoyed since childhood.

Editors Dale and John Shelton Reed are well-known Triangle residents who have attained an international reputation as authorities on Southern foodways and culture. The husband-and-wife team combed magazines, newspapers, books and journals for what has been described as "a fifty-three-course celebration of southern food, southern cooking, and the people and traditions behind them."

The Triangle, which has a reputation for accomplished foodways writers, is represented also by Fred Thompson, food columnist for *The News & Observer*; Bill and Marcie Ferris of UNC-CH; and columnist Hal Crowther of



Hillsborough. Scott Peacock, executive chef at Watershed restaurant in Decatur, GA, and winner of the James Beard Award for Best Chef Southeast, said, "The writers in Cornbread Nation 4 form a patchwork quilt of voices celebrating the rich and varied heritage that is Southern cooking." Cornbread Nation 4 includes articles by legendary New York Times writer JW "Johnny" Apple; novelist Rick Bragg; culinary icon Edna Lewis, who once cooked at Ferrington House; and Charleston cookbook authors Matt and Ted Lee.

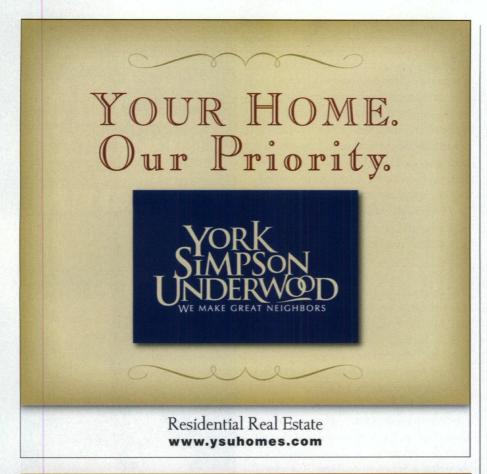
"Something Special' is an all-time favorite Between You and Me column in *Metro*," said Leggett. "When Dale and John asked me to submit something for consideration, I knew immediately what it would be. It was written when my columns were longer, and I wove in a lot of Down East customs and traditions and touched on characters from my childhood.

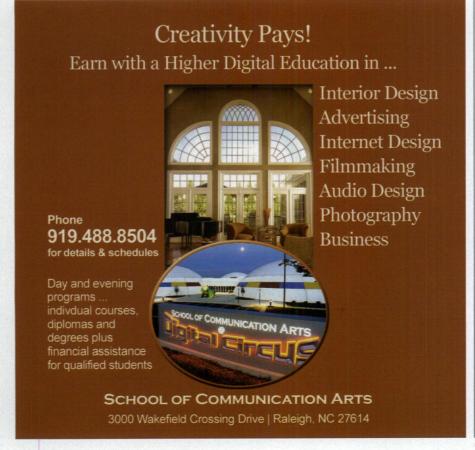
Cornbread Nation 4: The Best of Southern Food Writing can be obtained from University of Georgia Press by your local book dealer and is available on the Internet through Amazon.

Appearances by Dale and John Reed with readings by contributors are scheduled at these Triangle locations:

May 12, 7 p.m. Regulator Bookshop 720 Ninth St.







Durham, NC 27705 919-286-2700

June 25, 7 p.m. Quail Ridge Books & Music 3522 Wade Ave. Raleigh, NC 27607 919-828-1588

July 26, 11 a.m. McIntyre's Fine Books 2000 Fearrington Village Pittsboro, NC 27312 919-542-3030

#### **Emily Smith At Long View Center**

The cloudy southwest corner of Scotland made its way to the south end of Person Street on a mild April evening in Raleigh via the songwriting and storytelling of Scottish siren Emily Smith. Smith, a native of the rural town of Dumfriesshire, performed 16 songs to a group of mostly middle-aged fans of the mysterious and enchanting Celtic music genre.

At 26, Smith is young and quite beautiful. At first glance she could be mistaken for a pop star, but in fact she is quite the opposite. She prides herself on her Scottish heritage and the mysticism of the traditional storytelling culture of her homeland. Armed with an accordion, a thick Scottish brogue and a voice that could make the devil cry, Smith projects her-

self with such grace and genuine vigor the audience is taken exactly where she wants them to be — whether it's last winter or the summer of 1782.

Influences, such as legendary Scottish poet and lyricist Robbie Burns, are deep within Smith's



Smith

inspired song selection, alongside many of her own pieces that possess the same historical resonance. Beginning the performance with a Scottish traditional song, "Caledonia," Smith set the tone for the evening: Celtic music and enthralling storytelling, mostly about love and death. Smith's dry sense of humor played a major roll in the overall mood of the evening, keeping the audience at ease as she sang about

tragedy, true love, spirits, mermaids, pirates and a myriad of other haunting yet beautiful subjects common to the foggy reaches of Southwest Scotland. Her ability as a historian was very impressive. Clearly, Smith grew up not missing a beat in an environment rich with history and tradition.

Smith was awarded the BBC Young Traditional Musician of the Year Award in 2002; Up and Coming Artist of the Year nominee (Scots Trad Music Awards, 2003); and Scots Singer of the Year nominee (Scots Trad Music Awards, 2005). She also gained an honors degree in Scottish music at the Royal Scottish Academy of Music and Drama. Smith has released two studio albums, *A Day Like Today* and *A Different Life* both to critical acclaim. Her third album, *Too Long Away*, is due in June 2008.

#### The Sideman

Due to a medical emergency back home, only one of her bandmates accompanied her on this short tour of the US — her husband, Jamie McClennan, who played guitar, fiddle, penny whistle, some piano and vocals on a few songs. It would be completely inaccurate to say that he was a "back up" musician of any sort. McClennan, a native of Wellington, New Zealand, was a veritable circus of talent. Never before have I seen or heard someone play the penny whistle so well that it actually made the audience want to dance. At the end of each of the two sets, McClennan performed a few solo "tunes" as he called them. Always prefaced with an amusing anecdote about life in Scotland, each instrumental tune was an unexpected journey into just how colorful one can get with a penny whistle. And he was no slouch on the fiddle. The potion of Smith's voice and her accordion fused with McClennan's fiddle create a sound so beautiful it is truly hard to describe.

#### Long View

The final ingredient to the magic of this performance was the venue. Within the Long View Center's 1880 Hall, a red carpeted sanctuary creates a spiritual atmosphere, not of any faith in particular, just a communal setting for all to experience and enjoy. And that is exactly what the folks at the Long View Center are working to create: a place for people to come together for events such as this

performance. Serving as Tabernacle Baptist Church from 1870 to 2001, the facility is now a work in progress, offering an array of services — including rooms for business meetings and seminars, art shows, a concert series, enrichment classes, rehearsal space, and even lodging. The Long View Center is also available for weddings and receptions. Unity Church of the Triangle still offers services to a non-denominational congregation every Sunday at 9 a.m. and 11 a.m. Visit www.long-viewcenter.com to find out more.

To learn more about Smith and to purchase her albums, visit www.emilysmith.org.

—Dan Reeves

#### **Modern Houses To Open For Tour**

Triangle Modernist Houses (TMH), a private, nonprofit, educational resource based in the Research Triangle, presents its first Mini-Tour on May 17 with a tour of three significant houses by Triangle-area architects dating from the late 1950s, early 1960s and 2007. Architects to be featured in the tour include Bill Waddell, Robert Winston "Judge" Carr and Brian Shawcroft. Each architect will be present at their own houses/ works to answer questions from visitors. The event is the first in an ongoing series of tours and other public educational programs to be offered by TMH.

The Saturday, May 17, event starts at 2 p.m. A free shuttle bus will take participants to the houses in sequence. Advance tickets are \$7.50 (\$11 on the day of the program). Proceeds benefit TMH's archival and cataloguing work, now one of the largest modernist Web sites in America. For complete information on the program and to register for advance tickets, visit: www.trianglemodernisthouses.com/register.htm.

#### **About the Architects**

#### Robert Winston "Judge" Carr Miriam and Henry Nicholson House (1958)

Following in his father George Watts Carr's footsteps as an influential Durham architect, Robert Winston Carr earned an architecture degree at the University of Pennsylvania. He spent three years in the Navy during World War II, then entered his father's firm in 1946. His father developed a large tract that became Beverly Drive where Robert



Carr designed a number of modernist homes. In 1962, the firm became Carr, Harrison, Pruden & DePasquale. In 1977 DePasquale left, and in 1981 the firm was renamed Robert W. Carr Architects. Son Edgar Carr practices with Judge Carr at the firm.

#### Brian Shawcroft, AIA Bruce and Nancy Wardropper House (1963)

Brian Shawcroft finished his Master's in Architecture at MIT and Harvard University in 1960. From 1960 until 1968, he was an associate professor of architecture at the NCSU School of Design. In 1968, he joined with Dan MacMillan to form MacMillan, MacMillan, Shawcroft and Thames, which broke up in 1970. With Clay Taylor, he then established the firm Shawcroft-Taylor in 1971. From the 1970s through the late 1990s, he designed many of the modernist house inventory in the Triangle. In 1991, Shawcroft was awarded the Henry Kamphoefner Prize.

#### Bill Waddell Monica Hunter Residence – Three Pavilions (2007)

After earning a Bachelor of Arts in both environmental design and architecture from NC State University, Bill Waddell worked with Jim Smith at Hager Smith Huffman in Raleigh and Arthur Cogswell. He formed Sun Forest Architecture and then launched Distinctive Architecture.

TMH is dedicated to cataloguing, preserving and educating the public about modernist homes in the Research Triangle area of North Carolina. Founded and edited by business consultant, historian and author George Smart, TMH has grown into one of the country's largest online communities of modernist architecture enthusiasts. The organization maintains an active listserv and Web site at www.trianglemodernisthouses.com.

Triangle Modernist Houses' first Architectural Mini-Tour is sponsored by Hamilton Hill International Designer Jewelry, Durham.

#### Raleigh Hall of Fame Honorees Announced

The 2008 inductees into the Raleigh Hall of Fame have been announced by Parker Call,

chair of the Raleigh Hall of Fame selection process. The mission of the Raleigh Hall of Fame is to honor individuals and nonprofit organizations that have made lasting contributions to Raleigh's history.

The Raleigh Hall of Fame reviewed 44 nominations, who were considered on the basis of their contributions to the city, effectiveness, leadership and length of service. The following 13 individuals and one organization have been chosen for the Hall of Fame's fourth year:

Landscape architect, Dick Bell for making Raleigh a friendlier and more beautiful city.

Chancellor John Caldwell for his leadership in transforming North Carolina State University into a world-class university.

Life-long educator Elizabeth Cofield for her leadership as the first black elected to the Raleigh School Board and to the Wake County Board of Commissioners.

Julia and Frank Daniels for their leadership in the Raleigh community. Frank is former publisher of *The News & Observer*.

Alice and Thad Eure Jr. for their establishment of the Foundation of Hope, which has raised more than \$1 million toward mental health research, and for their operation of the Angus Barn, recognized as one of the top 10 restaurants in the country.

Barbara and Jim Goodmon for their commitment to Raleigh through leadership and philanthropy in the area of human service, cultural amenities and for the contributions made by WRAL-TV and their other holdings in the city.

Margie Haywood for her devotion to retaining Raleigh's historic character and as an advocate for historic preservation.

Casper Holroyd for his role as a leader in merging the Raleigh and Wake County school systems.

Ann H. Smith for her leadership in providing cultural opportunities for the citizens of Raleigh, most notably First Night and North Carolina's 400th anniversary.

Wesley Williams, head of the Raleigh Merchants Association for 50 years, for producing the longest-running Christmas parade in the country and for 70 years of community service to Raleigh.

The Raleigh Garden Club for its efforts to beautify our city and provide outreach programs since 1925.

The inductees will be honored Tuesday

evening, Sept. 9, 2008, at Raleigh's new convention center. For more information about the Raleigh Hall of Fame and the 2008 induction ceremony, contact L. Merritt Jones at lmj301@bellsouth.net or visit the organization's Web site at www.raleighhalloffame.org.

#### Success In Business A Laughing Matter

Phil Johnston's Success In Small Business Is A Laughing Matter lays it all out to those who choose to go it alone, but with an appealing difference that separates his offering from the usual advice out there for budding entrepreneurs: humor — mixed with real life experience and catchy analogies that drive home the important points.

Johnston, an economics major at Duke who earned his JD in Law from UNC-Chapel Hill, draws on lessons learned as CEO of 10 venture-backed businesses over a long career, mostly in North Carolina.

The thrust of the book is to avoid starting from scratch, in effect creating a guidebook for turnarounds, a specialized art requiring corporate skills often lacking in those with the fire-in-thebelly desire to strike out



on their own to make a difference in the world. But the skills and outcomes are the same in both, and Johnston's advice is valuable if not downright critical — whether it's choosing a corporate entity, understanding the constant need to leverage capital to grow and learning to attract good people — and keep them. An appendix of useful articles and books rounds out this insider view of small business — the business of America.

The book is available from AuthorHouse publishers. Johnston's blog offers continuing advice: www.Web2ohTV.com.

#### **Tribute to Symphony's Founder**

Maxine Swalin and her late husband, Benjamin, arrived in Chapel Hill in 1935 and kicked off a grassroots effort to resurrect the defunct North Carolina Symphony. With the help of friends, including Pulitzer Prize-winning North Carolina playwright Paul Green, the Swalins took the music of the symphony on the road from 1939-1975, bringing classical music to every nook and cranny of the state. Under Swalin's direction — and Maxine's leadership as executive assistant, education coordinator and keyboard artist — the symphony flourished, paving the way to today's full-time 68-member professional orchestra with a permanent home at the Meymandi Concert Hall at the Progress Energy Center for the Performing Arts in downtown Raleigh.

Maxine Swalin, who turns 105 this month, has a new wish: ensure the completion of the Arts Common on the campus of UNC-Chapel Hill, part of Chancellor James Moeser's vision to draw the fine arts departments together in one place, including an outdoor area that can be approached from Franklin Street through Porthole Alley.

To honor the "Grande Dame" of the North Carolina Symphony and her wish to raise money for the project, a tribute concert was held on April 27 in Memorial Hall on the UNC campus — organized by Betsy Green Moyer, daughter of the late Paul Green — that included performances of Maxine's favorite music, including two sonatas by Rachmaninoff and Franck performed by Nancy Green and Frederick Moyer, two of Paul Green's grandchildren.

#### **Young Author Starts From Scratch**

After graduating from college in 2006, Adam Shephard returned home to Raleigh disillusioned by the lazy, materialistic attitudes that seemed to characterize his generation. Further frustrated by the "victim mentality" that pervaded socio-economic commentaries like Barbara Ehrenreich's *Nickel and Dimed*, Shephard decided to take matters into his own hands.

He set off for Charleston, SC, with only an 8 foot by 10 foot tarp, a sleeping bag, an empty gym bag, \$25 and the clothes on his back. Using neither his education nor his family connections, Shephard's goal was to disprove Ehrenreich's thesis that "working stiffs are doomed to live in disgraceful conditions forever" and better his situation in life within one year by furnishing an apartment, buying a car and saving \$2500.

From his initial thoughts after stepping off the train and onto the streets of Charleston, to his interactions with the men he met while staying at a homeless shelter — and the friendships he formed while working at his first "real" job — Shephard captures his yearlong pursuit of the American Dream in *Scratch Beginnings*, his new book describing his adventure.

"I was a bit anxious throughout the entire year because I didn't know what the next morning would bring. I was in a new land and every day was a new discovery," Shephard says. "I was looking at this with a totally naïve, totally new perspective. There are certain encounters and situations in this book that I didn't have growing up in my middle class family in Raleigh."

Within 10 months of arriving in Charleston, Shephard bought a pick-up truck, rented



and furnished an apartment and saved \$5000. Still, he asserts that his real triumph was not in finding freedom from poverty or contradicting Ehrenreich's claims, but in being able to tell the story of the men he encountered.

"The book was secondary," Shephard says.
"I was trying to immerse myself in a life of poverty for a year, and in the process I met guys who were far more interesting than me. I think we all have these perceptions of the poor and homeless, but some of these guys weren't poor because of drugs or alcohol, they were just down on their luck and fighting as hard as they could to better their situation."

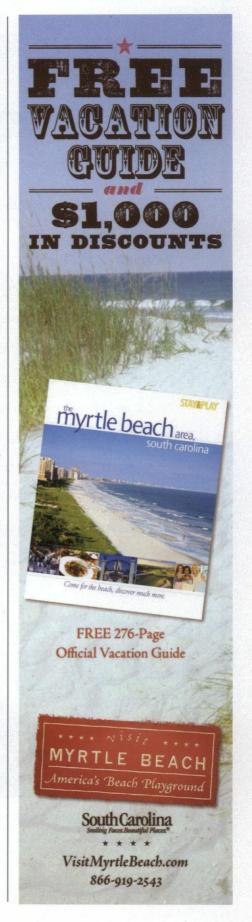
According to Shephard, while the American Dream is still alive, it does not always look like the rags-to-riches stories portrayed by the news media.

"The American Dream is having the freedom to wake up in the morning and do what you want to do with your life," Shephard says. "The goals I set out in this book — buying a car, renting an apartment, saving money — enabled me to do whatever else I wanted to do after I achieved them."

After his year in Charleston, Shephard returned to Raleigh to write. Since publishing *Scratch Beginnings*, Shephard has traveled across the country making appearances on the *Today* show, Fox News and CNN.

More information about Shephard and *Scratch Beginnings* is available at www.scratchbeginnings.com.

continued on page 123



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# TICK-BORNE INFECTIONS ARE ON THE RISE IN NORTH CAROLINA by Anthony Vecchione

his summer and upcoming autumn take extra precautions hiking in woods or strolling through high grassy areas. Wearing long pants and sleeves, light-colored clothes and using insect repellent containing DEET are recommended to protect against rising incidents of potentially dangerous tick-borne infections such as Lyme disease and Rocky Mountain spotted fever (RMSF). And because not all cases are reported to state health authorities, it's hard to tell just how widespread tick-related diseases really are. What is known by state health officials is that tick-borne infections have become a very serious problem in North Carolina.

"In some parts of the state, tick-borne infections are a silent epidemic," said Marcia Herman-Giddens, PA, DrPH, an Adjunct Professor, School of Public Health

#### PROPER TICK REMOVAL

- Do not burn or use any substance on the tick, it may cause the tick to regurgitate infected materials into the wound.
- Do not use bare fingers or squeeze or twist the body.
- Grasp tick with pointed tweezers as close to skin as possible and pull straight out with an even pressure.
- Use alcohol on tweezers and wound.
- · Wash hands thoroughly.
- You may want to save the tick.
   Either tape it on a card and or put it in a container of alcohol. Write down the date and place on your body where it was biting.



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at UNC-Chapel Hill. Current reports of tick-borne diseases are "the tip of the iceberg" she said, adding "they do not reflect the actual number of cases."

It's hard to predict just how much of a tick problem there will be from year to year. Part of the problem is determined by nature's cycle, mice, small animals and the deer population — as well as weather conditions. "If you have an extreme dry summer, the ticks generally go farther down into the grass and are not as active," said Dr. Nolan Newton, section chief of the North Carolina Department of Environment and Natural Resources based in Raleigh.

#### **IDENTIFYING THE CULPRITS**

In North Carolina there are four ticks that are likely to bite humans. The Lone Star Tick that transmits Southern Lyme disease, or STARI (southern tick associated rash illness); American Dog Tick and the Brown Dog Tick that transmit RMSF; and the Deer Tick or Black-Legged Tick that are associated with traditional Lyme

disease. Ehrlichiosis is a less common disease also caused by ticks.

Herman-Giddens, who is president of the Tick-Borne Infections Council of North Carolina, (TIC-NC) Inc., said the state ranks worst in the nation for RMSF. "We have the highest number of cases and the highest number of deaths," said Herman-Giddens. When left untreated, RMSF has a mortality rate of between 20 percent and 30 percent — and 5 percent when treated. Symptoms of RMSF include: sudden onset fever, headache, muscle pain and rash.

Cases of classic Lyme disease, not as common in North Carolina as in Northeastern states, are also on the rise.

But it's the Lone Star Tick that has North Carolina health officials particularly worried. In the past, it was confined to coastal areas of the state, but now its range is more far reaching. "There has been a very definite increase in both the range of Lone Star Tick and also in the population numbers," said Newton.

Lone Star Ticks are very aggressive, yet

#### **NC Ticks Most Likely to Bite Humans**



#### Lone Star Tick

Amblyomma americanum

Transmits ehrlichiosis, Southern Lyme (STARI), tularemia, tick paralysis, and possibly Lyme disease and babesiosis in NC.



#### American Dog Tick

Dermacentor variabilis

Transmits Rocky Mountain Spotted Fever, tick paralysis, tularemia and possibly ehrlichiosis.



#### **Brown Dog Tick**

Rhipicephalus sanguineus

Transmits ehrlichiosis and babesiosis and possibly Rocky Mountain Spotted Fever.



#### Deer Tick or Black-legged Tick

Ixodes scapularis

Transmits Lyme disease, babesiosis, erhlichiosis, bartonella and possibly Powassan encephalitis and tick-borne encephalitis (viral).

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# REPORTED CASES OF LYME DISEASE AND ROCKY MOUNTAIN SPOTTED FEVER IN NORTH CAROLINA

	2003	<u>2004</u>	2005	2006	2007
Lyme Disease	156	123	49	30	53
RMSF	331	535	625	842	664

Source: North Carolina Department of Health and Human Services

little is known about what causes STARI. The Centers for Disease Control and Prevention (CDC) is currently conducting a study on STARI in the eastern part of North Carolina. One explanation for the prevalence of the Lone Star Tick, said Newton, is an increase in the deer population over the past several years. Once a tick is found, prompt and proper removal is essential. The longer an infected tick is attached to the host organism, the greater the chance of the host contracting the illness from the tick (see sidebar on proper tick removal).

The diagnosis of Lyme disease, RMSF and other tick-borne infections must be clinical and based on history, as well as physical signs and symptoms. Common symptoms include: fever, chills, headache,

rash, swollen lymph nodes and fatigue. According to TIC-NC, there are no blood tests that can be used for diagnosis during the acute phase of an infection. "The rule to me is, if it's tick season and a person has a flu-like syndrome and they've had exposure to ticks, a tick-borne infection should be suspected and treated," said Herman-Giddens. Oral antibiotics are commonly used to treat Lyme disease. However, if the disease has progressed, intravenous administration may be recommended.

# HOW TO PREVENT TICK-BORNE INFECTIONS

The North Carolina Lyme Disease Foundation recommends the following preventative measures to safeguard against Lyme disease and other tick-borne infections: perform frequent and thorough tick checks, wear light-colored clothing, tuck pants into socks, and use repellents with DEET.

Lyme disease can also be found in any pets that have access to outdoors, especially if they frequent tall grass, bushes and wooded areas. Many commercial flea and tick products are available, including tick collars. If you find a tick on your pet, remove it promptly as you would remove a tick from humans.

#### **PUBLIC AWARENESS**

This year the North Carolina legislature increased educational funding for tick and tick organizations, appropriating \$142,000 for the first year and \$139,000 over the next three years for tick awareness programs throughout the state. TIC-NC recommends educating the public and the medical and veterinary community about the tick-borne diseases; encouraging state public health agencies to conduct ongoing surveillance of the prevalence of tickborne infections in at-risk populations; to make this information available to the public; and develop and maintain a registry of persons with tick-borne diseases in North Carolina. MM

### **DEEP-VEIN THROMBOSIS AWARENESS KEY TO PREVENTION**

by Jennifer Hadra

he death of NBC correspondent David Bloom while covering the war in Iraq captured headlines in 2003. However, Bloom — the 39-year-old father of three — was not killed by enemy fire, but by a pulmonary embolism (PE) caused by complications from a condition known as deep-vein thrombosis (DVT).

"I understood the risks of my husband's job when he began covering the war, but it was so cruel that it was something in his own body that took his life," said Bloom's wife, Melanie Bloom, during a recent visit to the area.

Complications from DVT kill more people each year in the United States than breast cancer and AIDS combined. Approximately 2 million Americans suffer from DVT annually, with close to 300,000 dying each year from PE, the primary complication of DVT.

Prior to her husband's death, Melanie, like many other Americans, had never heard of DVT. However, the more she learned about the disease, the more certain Melanie became that her husband's death could have been prevented and the lives of countless others could be saved by raising awareness of DVT and its life-threatening complications.

#### WHAT IS DVT?

DVT occurs when a blood clot forms in one of the body's larger veins in the lower limbs. These deep veins are surrounded by muscles that contract to force blood back to the heart and contain one-way valves to prevent backflow of blood

between muscle contractions. When circumstances like illness, injury or inactivity cause the rhythm of circulation to slow down, blood may accumulate, creating an ideal environment for clot formation. In most cases, the clot breaks loose, traveling to the lungs, blocking blood circulation and causing a life-threatening pulmonary embolism.

According to Dr. Victor Tapson, medical director of the Pulmonary Hypertension Center at Duke University, while 95 percent of blood clots in the legs go to the lungs, nearly all DVT-related deaths are preventable.

"Diagnostically, DVT can be a frustrating disease to diagnose, so prevention is the name of the game," Tapson said. "Reduced mobility due to hospitalization or extended travel, injury to a vein and hyper coagulation (thickening of the blood) are three of the main risk factors for DVT, but the reality is that anytime someone is admitted to the hospital, they are automatically at an increased risk of developing DVT."

#### LIFE-SAVING KNOWLEDGE

Tapson said that physicians have made great strides to prevent DVT over the last decade, but there is still more that needs to be done.

"We recently finished a study of about 5000 medically ill patients that showed that DVT can be prevented in many cases by extending prophylaxis for up to 30 days. This is revolutionary information because people usually develop pulmonary embolism about a month after they have been discharged from the hospital. By extending their medication and care, we can save their life."

For Bloom, increasing awareness and educating people about the disease is the key to saving lives.

# Who is at Risk for Deep-Vein Thrombosis?

According to the Coalition to Prevent Deep-Vein Thrombosis, certain individuals may be at increased risk for developing DVT; however, DVT can occur in almost anyone. Risk factors or triggering events include, but are not limited to:

- Congestive heart failure and respiratory failure
- · Restricted mobility
- Cancer
- Infection
- Obesity
- · Age, at over 40 years
- Surgery
- Varicose veins
- · Prior history of DVT or PE
- Chronic lung disease
- · Inflammatory bowel disease
- Smoking

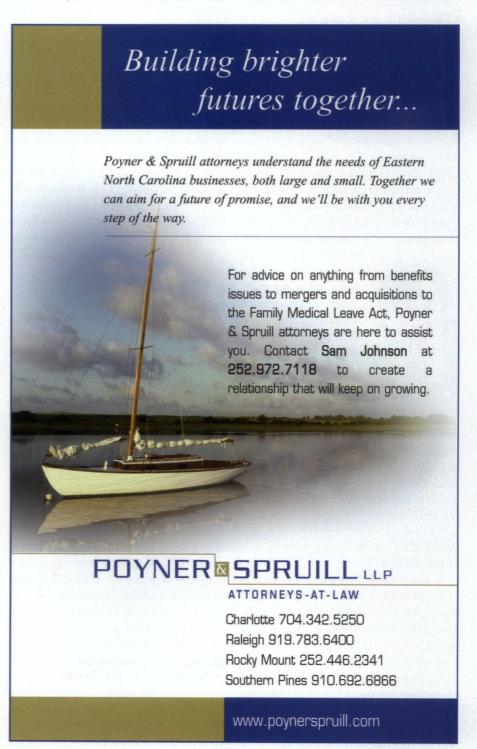
Signs and symptoms of DVT may include: pain, swelling, tenderness, discoloration or redness of the affected area, and skin warm to the touch.

In 2004, Melanie became the national spokeswoman for the Coalition to Prevent DVT.

"I became the spokesperson for the Coalition thinking that if one person lives as a result of raising awareness of this disease, my husband's death will not be in vain," she said. "My goal is to make DVT a common, household name so that when

someone is experiencing leg pain, swelling or another symptom of DVT, they immediately go to the doctor."

In March 2005, the US Senate officially declared March to be DVT Awareness Month. Later that year and in 2006, the Coalition launched a series of public service announcements featuring announcements from celebrities and DVT survivors.



This year, the Coalition launched the DVT Awareness by Design campaign encouraging the public and physicians to engage in dialogue about DVT and demonstrate their support by designing socks to showcase what DVT means to them. The leg wear is sold at hospitals and airports throughout the country, including Raleigh-Durham International Airport.

North Carolina Congressional Repre-

sentative Ty Harrell has motioned to pass legislation making a day in March DVT Awareness Day in North Carolina.

"This isn't a male or female killer," Harrell said. "It's a silent killer that people are wholly unaware of. If we educate the people of North Carolina, we can save lives."

According to Melanie, her efforts to raise awareness about DVT have not only been cathartic, but also effective.

"One survey in 2007 indicated that 40 percent of Americans had recently heard about DVT," she said. "We have made strides in communicating that DVT can and does happen to people from all walks of life. Working together, we can bring attention to the prevailing need for reducing risks and treating DVT."

For more information about DVT and the Coalition to Prevent DVT, visit www.preventdvt.org.

#### NOT ENOUGH VITAMIN D CAN BE HARMFUL TO YOUR HEALTH

ost people who have seen a calcium supplement advertisement on television or in a magazine know that vitamin D is important for bone health. But what they may not realize is that a vitamin D deficiency can have an impact on other diseases, including certain types of cancers and diabetes. According to the Institute of Medicine's (IOM) report

Leslie Gaillard

on dietary consumption for Vitamin D, most Americans, especially younger and older women, aren't getting the recommended amounts.

"I think that by and large the general population is pretty unaware of the link

between vitamin D and overall health," said Leslie Gaillard, a registered dietitian at Duke Diet & and Fitness in Durham, "and with advanced age the skin isn't able to manufacture as much Vitamin D from the sun."

# WHAT IS VITAMIN D, AND WHY IS IT IMPORTANT?

Vitamin D is a fat soluble vitamin that is found in food, and it can also be produced by the body after exposure to Ultraviolet (UV) rays from the sun. The major function of vitamin D is to maintain normal blood levels of calcium and phosphorus. By promoting calcium absorption, vitamin D helps to form and maintain strong bones. Vitamin D may also contribute to a healthy immune system and help regulate cell growth.

According to the National Institutes of Health (NIH), a vitamin D deficiency can occur when the usual intake is below recommended levels, when there is limited exposure to sunlight, when the kidney cannot convert vitamin D to its active hormone form, and when someone cannot adequately absorb vitamin D from the digestive track. Vitamin D deficiency can contribute to osteoporosis by reducing calcium absorption.

While milk and cold water fatty fish — such as salmon and sardines — are some of the natural sources of vitamin D, most people don't eat enough of those foods or drink enough milk to achieve the required levels.

All adults over 50 and postmenopausal women are at a higher risk of developing vitamin D deficiency since with advanced age the skin cannot synthesize vitamin D as efficiently. The NIH reports that as many as 30-40 percent of older adults with hip fractures are vitamin D insufficient. Gaillard recommends that senior adults in particular be screened for vitamin D deficiency.

Dr. Ali Calikoglu, division chief of Endocrinology and Diabetes, Department of Pediatrics, UNC School of Medicine in Chapel Hill, told *Metro Magazine* that the long-term consequences of vitamin D deficiency may be more far reaching than previously appreciated. "Vitamin D regulates the differentiation, growth and function of a broad range of cells with functions beyond that of calcium and phosphorus metabolism, including keratinocytes, islet cells of the pancreas and cells of the immune system." Calikoglu added that based on epidemiology and in vitro and animal experiments, vitamin D deficiency

has been linked to multiple sclerosis, certain cancers (prostate, breast and colorectal), schizophrenia and type I diabetes mellitus.

# WHAT CAN BE DONE TO TREAT VITAMIN D DEFICIENCY?

A simple blood test is performed to determine the levels of vitamin D. If a significant deficiency is discovered, a high-dose vitamin D supplement is usually prescribed. Some multi-vitamins contain enough vitamin D to meet minimum requirements. Calikoglu said that in addition to oral vitamin D supplements, calcium replacement may be necessary for short periods of time.

So how much vitamin D do you need? According to the (IOM), if you're under 50, 200 IU (international units) per day are adequate. For people 51-70, 400 IU are recommended. And if your age 71 and above, you should be getting 600 IU daily.

#### **CAN YOU GET TOO MUCH VITAMIN D?**

Yes. Vitamin D toxicity can cause nausea, vomiting, poor appetite and weight loss. High blood levels of calcium can also cause heart rhythm abnormalities and calcinosis, the deposition of calcium and phosphate in the body's soft tissues, such as the kidneys.

NIH recommends the following dietary sources of vitamin D:

- · vitamin D fortified breakfast cereals
- salmon/mackerel/tuna fish/sardines
- vitamin D fortified milk
- eggs
- liver/beef
- cheese/swiss MM

#### INNOVATIVE MEDICAL NONPROFIT IMPROVES MEDICAL CARE

South East Area Health Education Center (SEAHEC), a local non-profit that works to improve the quality of health care in the Southeast region around Wilmington — including Brunswick, Columbus, Duplin, New Hanover and Pender counties — was established in 1973 as Wilmington Area Health Education Center (AHEC), as one of nine regional centers in the North

Carolina Program. The statewide system provides educational programs in partnership with academic institutions, healthcare agencies and like-minded organizations. SEAHEC funding comes primarily from its own medical practices staffed by SEAHEC faculty. Other sources of funding include the state of North Carolina, New Hanover Regional Medical Center, grants and private contributions.

Dr. Mark Darrow, president and CEO of SEAHEC, said the goal is to create a strong brand identity for an organization with multiple services and numerous audiences.

"We hear the question, 'What the heck is AHEC?' all the time," said Darrow. "We are here to better educate healthcare providers, elected officials and the general public about our role in improving the



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quality of health care in southeastern North Carolina. Many people think of us as a department of New Hanover Regional Medical Center because we are physically located on the hospital campus. However, SEAHEC is a separate non-profit organization that works in partnership with the hospital and many other providers."

According to Darrow, SEAHEC is a multi-faceted educational organization of 125 employees comprised of physicians, nurses, educators and administrators. The organization has four primary functions: education, residency training, clinical care and support services.

- The education function provides continuing education for healthcare professionals, provides clinical experiences for graduate-level students pursuing careers in health care and encourages K-12 students to consider jobs in the medical profession.
- The residency training function administers residency training programs at New Hanover Regional Medical Center in Obstetrics and Gynecology (ObGyn),

Internal Medicine, Surgery, Family Medicine and Pharmacotherapy.

- Clinical care is provided through the residency training programs and specialized services in ObGyn, Trauma, Neonatology, Pediatrics and Surgical Oncology.
- Support services include a medical library, educational technology, information technology and billing/administrative support.

"SEAHEC is a strong and highly successful part of the state's AHEC program, and its eagerness to pioneer this marketing initiative is yet another example of its success," said Dr. Tom Bacon, program director for NC AHEC. "We are watching its progress with great interest in our efforts to create greater awareness of the work of all the AHECs across the state."

The mission of North Carolina's AHEC program has expanded beyond its original goal of attracting and retaining medical professionals into rural areas. While encouraging residents to stay in the area remains an important focus, rapid

population growth has caused SEAHEC to expand its focus to include specialized patient care, medical support services and continuing education.

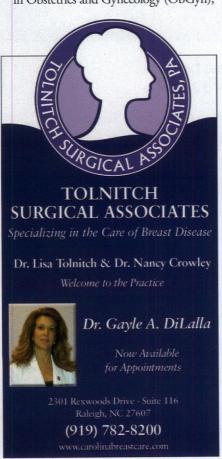
SEAHEC works closely with seven area hospitals, five county health departments and two local management entities in its five-county region that serve as training centers for healthcare students and medical residents, as well as locations for continuing education programs developed by SEAHEC faculty for healthcare providers in the surrounding community.

SEAHEC is in the process of building its own educational center slated to open in 2009. At present, SEAHEC is located on the campus of New Hanover Regional Medical Center at 2131 S. 17th St. in Wilmington, NC.

#### MEDICAL BRIEFS

#### ROC Announces New North Raleigh Office

Raleigh Orthopaedic Clinic has opened its new North Raleigh location at 10880 Durant Road next to WakeMed North to





At Raleigh Radiology, we understand that the procedures we offer affect lives. Comfort and peace of mind are our priority for patients seeking women's imaging services including bone density screenings, ultrasonography, OB evaluations, Uterine Fibroid Embolizations, and of course, digital mammography, the technology proven to be more occurate in breast cancer detection.

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provide complete orthopaedic care, including on-site MRI and digital X-ray service. Physical therapy — unavailable at the old North Raleigh location — is available in the new office. The new office is housed in the newly constructed 60,000 foot. Durant Medical Center building with other medical practices, including Wake Internal Medicine, RX Urgent Care, Raleigh Ophthalmology, Raleigh Neurology Associates and Carolina Back Institute.

#### The Good Health Movement in North Carolina

By Arch T. Allen

Bettering the Health of the People: W. Reece Berryhill, the UNC School of Medicine, and the North Carolina Good Health Movement (2007) details the efforts of a dean of the UNC School of Medicine to expand and improve the School and the health of the people of North Carolina. Dr. Reece Berryhill was dean of the UNC



School of Medicine in the mid-20th century, when it was only a two-year program. With its medical students having to transfer elsewhere to complete their medical education

and training, and with many finishing at Harvard or the University of Pennsylvania, some took their talents to other states.

To help expand the supply of doctors in North Carolina, Berryhill and others led UNC to expand to a four-year medical school and to establish a teaching hospital. From that expansion in the early 1950s, among a cluster of Chapel Hill pine trees, now stands a comprehensive medical center with clinics, laboratories, special treatment hospitals, parking decks and helipads. Adjoining are schools of nursing, pharmacy, dentistry and public health.

Bettering the Health of the People was begun by two emeritus professors of medicine at the School, Floyd W. Denny Jr. and William B. Blythe, both now deceased, and completed by another emeritus professor of medicine there, William W. McLendon. Through their efforts, Bettering the Health of the People provides a history of past successes and a call for continuing efforts to improve the availability and quality of health care in North Carolina.

# A Note To A Teacher:

Good bye mrs, Lee its been fun having you as my reacher.

In the know that everything you been have told me will pay off in my suture. So any way able miss you, Have merry christmas and and happy new year. and alle remember you as my teacher and the for having paith in me.

Sincerly



Gail Lee

This letter was written to my mother, Gail Lee, by one of her students in 2003, her 48th year as a public school teacher. This student was a 6th grader in the inner city of Los Angeles who did not have many people in his life with faith in him. Because of my mother and teachers like her, children can believe in themselves. My husband, Michael Law, MD and everyone at Blue Water Spa would like to thank Gail Lee and all educators for having faith in their students and for all they do.

- Kile Law

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Firefighters, Nurses, Military
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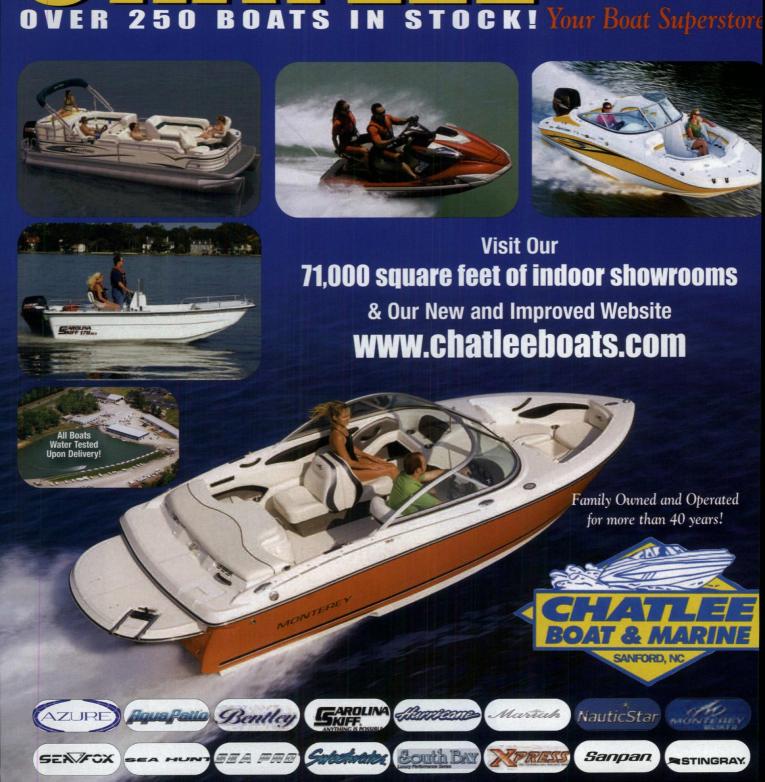
Please visit our community calendar at bluewaterspa.com for details.

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#### **COASTAL NEWS**

# THE VIEW COMING TO WILMINGTON WATERFRONT

The next chapter in the renaissance of the Wilmington Waterfront is about to be written. The old Wachovia building — built with a gray pre-cast concrete façade — will soon be history, replaced by The View on Water Street, a condominium featuring 68 residences priced from under \$400,000 to over \$2 million for penthouse units.





Designed by Andrew latridis of Raleighbased Cline Design, the 11-story View will overlook the Cape Fear River and the historic Downtown District. Crowned by a private rooftop pool with bar, grill and lush gardens, The View will also feature a billiard/media room, a fitness center, private parking and door-to-shore shuttle service to Wrightsville Beach.

The Wachovia Building demolition begins in early May 2008 with completion scheduled for late summer. Construction of The View is expected to begin in late fall, with completion scheduled in 2010. Carolyn Grant of Raleigh heads the development partnership. For information, call 1-866-783-VIEW [8439].

Look for more coastal events in our June calendar.  $\frak{\mbox{\scriptsize MM}}$ 

#### BEAUFORT DESIGNER SHOWCASE SET FOR JUNE

The Beaufort Woman's Club announces its first annual Designer Showcase House June 6-9 and June 13-15, featuring the conversion of the historic c. 1813 William James house and the c. 1836 Davis House into two condominiums at 119 and 123 Front St.



Thirteen Carteret County interior designers will showcase their residential designs. "These teams will fill the rooms and porches with beautiful furnishings and accessories," according to Carol Sadler and Marnie Park, co-chairpersons of the Designer Showcase.

Proceeds from the event are earmarked to purchase the c. 1726 Ward-Hancock House to be donated to the Friends of the North Carolina Maritime Museum for the Olde Beaufort Seaport at the Gallant's Channel site.

Tickets are \$15 in advance and \$20 at the door and may be purchased through Beaufort local merchants and Beaufort Woman's Club members.

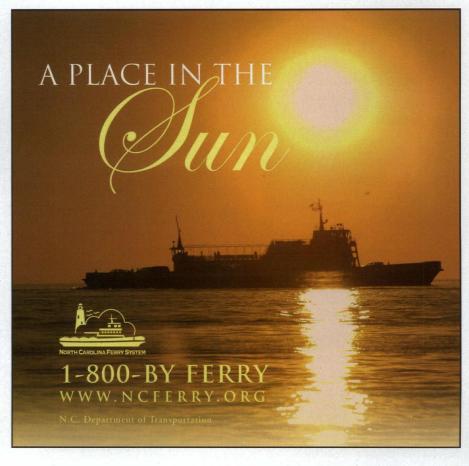
For information, call Marnie Park at 252-728-7571, Carol Sadler 252-728-7365 or email Margaret Brock at mbrock001@ec.rr.com.

## EMERALD ISLE'S 50TH BIRTHDAY

Vista Graphics has published *Celebrating* 50 Years of Emerald Isle: 1957-2007, a pictorial history of Emerald Isle highlighting local landmarks, indigenous recipes, community tales and a pinch of political history. To place an order, call 252-393-6906 or e-mail jwalston@ygnet.com. Emerald Isle Town Hall also has a small supply of books being offered for sale — cost is \$20.

# SAVING NORTH CAROLINA'S WATERFRONTS

According to the Jacksonville Star News, North Carolinians are losing access to public waters at alarming rates as fishing piers and public boat ramps are demolished to make way for large homes with property boat slips. The North Carolina General Assembly has set aside \$20 million to help preserve water access, but growing real estate prices could



mean the government will have to offer much more funding to protect public water accesses.

The newspaper recommends a property tax deferral. Property owners will be charged for current land use rather the potential value if converted into residential real estate. Although this change will not prevent coastal businesses from selling to the highest bidders, it will enable businesses to remain open without having to deal with escalating property taxes.

#### TRANSPORTATION OF OVER-SIZED COMMERCIAL AND RECREATIONAL BOATS

The North Carolina Highway Patrol has had an increase of out-of-state and in-state boat owners being pulled and fined for hauling oversized loads; in this case, fishing boats and trailers. According to the NC Marine TradeWinds, due to North Carolina's fishing tournaments, the number of travelers with boats has increased, causing more fines to be issued. Many coastal residents are concerned with losing out-of-state fishers due to tight enforcement of the restrictions. Another issue: The loss of waterfront options has forced boaters to haul their crafts around the state for fishing, recreation and related events.

#### **COASTAL CALENDAR**

By Lindsey Briggs

Fabulous Fantail Film Festival: Throughout May on Friday evenings, offers "Many Moods of Love" films on the deck of the ship. Tickets are \$1; popcorn and sodas offered for sale. Wilmington. Call 910-251-5797.

Cape Fear Blues Jam: Throughout May, June and July on Tuesday evenings. Novice, accomplished and professional musicians share the stage to present an evening full of enjoyable blues. Wilmington. Visit online at www.capefearblues.org.

10th Annual NC Seafood Festival Scholarship Golfing Extravaganza: May 1. Participate in this fun-filled day at Morehead City Country Club. Reservations are required. Morehead City. Call 252-726-6273 or visit www.ncseafoodfestival.org.

NC Maritime Museum on Roanoke Island: May 1-31. Workshops in the Creef Boathouse focus on maritime skills, boatbuilding and sailing. Roanoke Island. Call 252-475-1750 or visit www.obxmaritime.org.

Family Comedy: May 1-3. The season finale, *Over the River and Through the Woods*, is a comedy about a young man brought up according to the three F's: family,

faith and food. Admission \$10. Elizabeth City. Call 252-338-3382.

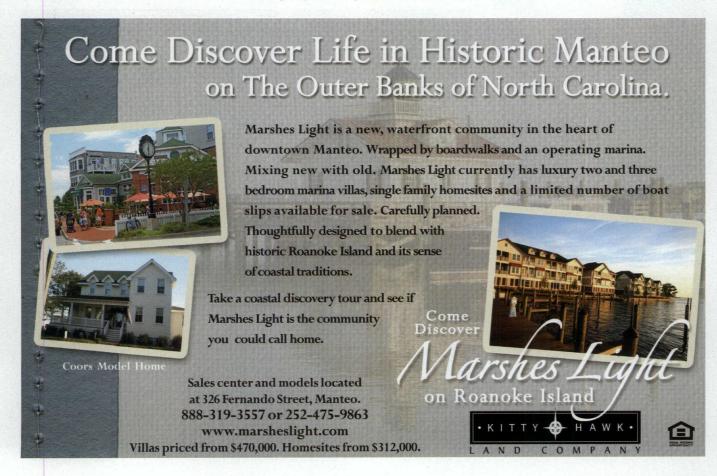
NC Strawberry Festival: May 1-4. Festival includes a parade, dances, live entertainment, bands and strawberry shortcake. Chadbourn. Call 910-640-2818 or visit www.ncfestivals.com.

**Battleship Alive:** May 2. Watch and interact with World War II living history interpreters as they bring the NC ship to life by enacting daily duties and drills. **Wilmington**. Call 910-251-5797.

9th Annual Touch of Class Charity Auction: May 3. Pleasure Island Chamber of Commerce hosts this auction at the Courtyard Marriott in Carolina Beach. Auctioned items include furniture, vacation packages, art and more with proceeds going to The American Heart Association. Carolina Beach. Call 910-458-8434.

**Colonial Day:** May 3. Learn how people lived, worked and played in colonial days with weapons demonstrations, blacksmith, weaving and music. **Currie**. Call 910-283-5591 or visit www.nps.gov/mocr.

**Wooden Boat Show:** May 3. Classic wooden boats on the Beaufort waterfront, with events scheduled at the NC Maritime Museum and the Museum Watercraft Center on the downtown waterfront. **Beaufort**. Call 252-728-7317.



**5th Annual Paddle for the Border:** May 3. Paddle the Historic Dismal Swamp Canal from Chesapeake, VA, to South Mills, NC. **South Mills.** Call 877-771-8333 or visit www.dismalswamp.com.

6th Annual OBX Surf Kayak Competition: May 3. Watch the best sea kayakers compete at Kill Devil Hills. Kitty Hawk Kites will also be on hand to demo the newest kayaks for 2008. Kitty Hawk. Call 877-359-8447 or visit www.kittyhawk.com.

Agricultural Day: May 3. See what life was like on an Albemarle farm with traditional demonstrations. Learn about the different crops and animals that were raised on the farm and see what life was like for farm families when they were not working in the fields. Elizabeth City. Call 252-335-1453 or visit www.museumofthealbemarle.com.

**2nd Annual Hog Fest:** May 3-4. Backyard Barbecue Cook-Off, Arts & Crafts Show and Sale, Sanctioned Lawn Mower Races and kids pedal races. **Edenton**. Visit www.chowanfair.com.

**22nd Annual Parade of Homes:** May 3-4. The event, sponsored by the Wilmington-Cape Fear Home Builders Association, features more than 100 new homes built by some of the most talented local builders. **Wilmington**. Call 910-799-2611 or visit www.wcfhba.com/parade/index.htm.

11th Annual Mollie Fearing Memorial Art Show: May 5-27. Art from community artists including paintings, sculpture, ceramics, photography and jewelry. Monday- Friday, 9 a.m. to 5 p.m. Roanoke Island. Call 252-475-1500 or visit www.roanokeisland.com.

"Music on the Town" Concert Series: May 9. 4th Annual event in Mayfaire, free concert every Friday evening, 6-9 p.m. Wrightsville Beach. Visit www.mayfairetown.com.

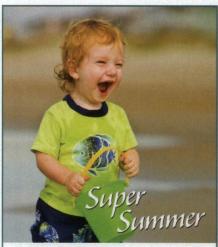
20th Annual Beaufort Music Festival: May 9-10. A family-oriented weekend event with free music and activities for all family members. Concerts will be performed on the Beaufort waterfront, Beaufort Historic Site and in the North Carolina Maritime Museum. Beaufort. Visit www.beaufortmusicfestival.com/map.htm.

**3rd Annual Celebrate Hampstead Festival:** May 10. Arts and crafts, food, entertainment and more. **Hampstead**. Call 910-270-9642 or visit www.hampsteadchamber.com.

4th Annual Wrightsville Beach Challenge: May 10. Six-mile kayak race beginning in the Masonboro Inlet and running to the Crystal Pier and back. Wrightsville Beach. Call 910-509-2989

**25th Annual Yuengling Nags Head Woods 5K Footrace:** May 10. Registration has already begun for this race on dirt trails through one of the best remaining examples of mid-Atlantic maritime forest and





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deciduous hardwoods. Nags Head Woods. Call 252-441-2431 or online at www.outerbanksrunningclub.org.

Creswell May Daze: May 10. A family-friendly event, with a May Pole Dance, parade and street dance. Also offered are crafts, food, music, candle-making and more. Creswell. Call 252-797-4852.

Far Out Shoot Out: May 10-17. Geared toward the small Gulf Stream boater, this tournament provides the opportunity to work with other captains. Includes Yellow-fin Tuna, Wahoo and Dolphin fishing. Ocean Isle Beach. Call 910-575-3474 or visit www.oifc.com.

Mother's Day Luncheon Cruise: May 11. A narrated sightseeing cruise offers views of the harbor, as well as a Riverboat Deli Buffet. Pre-paid tickets, starting at \$26 for adults and \$12 for children, are required. Cape Fear River. Call 910-343-1611.

14th Annual Hatteras Village Offshore Open: May 14-17. Blue Marlin tournament offering four levels of competition and nightly socials. Hatteras. Call 1-800-676-4939 or visit www.jestersportfishing.com.

Beach Jive After Five in Emerald Isle: May 15. Enjoy live music and a tranquil ocean breeze from 5:30-7 p.m. Bring chairs, blankets and even dinner. Beach access features volleyball courts, restrooms and picnic tables. Emerald Isle. Call 252-354-6350.

Music in the Streets: May 16. The 6th annual evening of live music on the waterfront, including a street festival, musicians, performances and fun for the entire family. Washington. Call 252-948-9415 or visit www.visitwashingtonnc.com.

Cape Fear Disabled Sportsman Fishing Tournament: May 16. A free day of fishing, friends, food and fun for anyone with a disability. Kure Beach. Visit www.kurebeachfishingpier.com

**Pig-Out on the Green:** May 16. Enjoy barbecue and music on the courthouse lawn. **Hertford.** Call 252-426-1425.

Homes & Garden Tour: May 16-17. Tour the homes and learn the history of downtown Morehead City. Tickets are \$12 in advance and \$15 the day of the event. Morehead City. Call 252-808-0440 or visit www.downtownmoreheadcity.com.

Crystal Coast Quilters Guild Quilt Show: May 16-17. Held at the Crystal Coast Civic Center where approximately 200 quilts will be on display. \$5 for adults and free for children 12 and under. Morehead City. Call 252-247-2316.

Family Boating and In-Water Boat Show: May 16-18. Exhibits, programs and power boats, in the water and on-shore. Morehead City. Call 910-808-0440.

36th Annual Hang Gliding Spectacular:

May 16–19. Come see talented sport hang gliders from around the world compete on the dunes of Jockey's Ridge State Park. There will be activities for the whole family such as climbing wall, face painting, kitemaking and more. Nags Head. Call 1-888-359-8447 or visit www.kittyhawk.com.

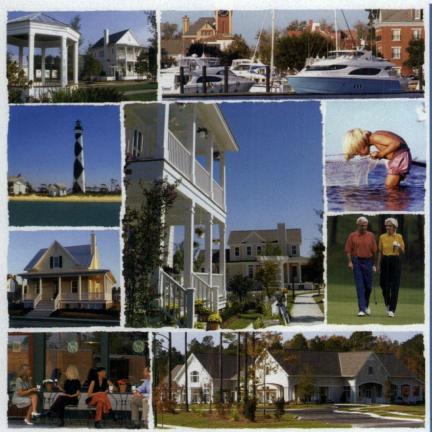
6th Annual Coastal Gardening Festival: May 17. The Outer Banks Arboretum and Teaching Garden hosts vendors, speakers, educational booths and plant sales. Kill Devil Hills. Call 252-473-4290.

21st Annual Engelhard Seafood Festival: May 17. All-you-can-eat seafood, "cooked anyway you want it," as well as children's activities, rides, music, crafts and more. Engelhard. Call 252-796-3008.

Pender County SpringFest: May 17. Pender County's Original Community Festival, featuring only Pender County vendors. Entertainment, arts & crafts, concessions, and much more. Burgaw. Call 910-259-2112.

Traditional Spring Garden Party: May 17. Join ladies and gentlemen, dressed in their spring finery, for this annual event that captures the charm of the South. Guests enjoy a delectable menu. Tickets must be purchased in advance. Proceeds benefit the historic Newbold-White House. Hartford. Call 252-426-7567.

Albemarle Potato Festival: May 17. Cele-





OC SPA

brating North Carolina's potato crop with live music, venders, children's activities, food and drinks. **Elizabeth City**. Call 252-338-4104.

**7th Annual Longboard Classic:** May 17-18. Surfing will convene at Shell Island Resort and compete in many different divisions. The competition is concluded with an evening banquet. **Wrightsville Beach**. Visit www.wblasurf.com.

Carolina Piano Trio: May 18. Chamber Music Wilmington's captivating resident ensemble performs the music of John Corigliano. Wilmington. Visit www.chambermusicwilmington.org.

African American Historic Downtown Walking Tour: May 18. Ninety-minute walking tour of New Bern's historic district explores more than 300 years of African American history. Reservations required. New Bern. Call 252-514-4935.

**Greek Festival:** May 18-19. The Greek community shares its culture with food, music and dancing. **Wilmington**. Call 910-392-4444.

**The Piano Men:** May 23. Thalian Hall presents Jim Witter saluting two popular songwriters of this century, Billy Joel and Elton John. Tickets range from \$20-\$28. **Wilmington**. Call 910-343-3664.

**Annual Aurora Fossil Festival:** May 23-25. History comes to life with fossil digs, exhibits

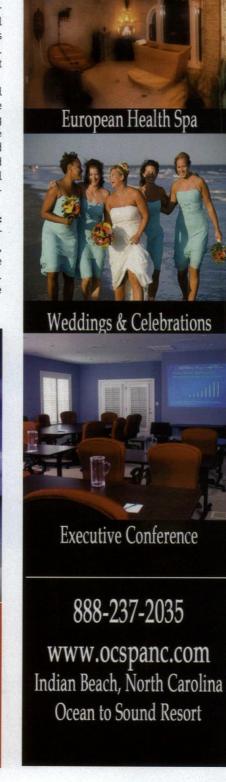
and a classic parade. An event for the whole family. **Washington**. Call 252-322-4238.

A Toast to the Coast Wine Festival: May 24. The 1st Annual event will include 16 wineries, savory local cuisine, silent auction and live musical entertainment featuring Sea Pans and Cosmic Groove Lizards. Wilmington. Visit www.toasttothecoast.com.

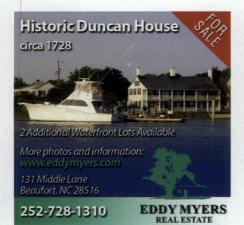
Orange Street Arts Festival: May 24-25. Artists will exhibit everything from watercolor to pottery to jewelry for sale. The festival will have continuous performers, as well as food and drink available. Admission is free. Wilmington. Call 910-251-1788 or visit www.thalian.org.

Beach Music Festival: May 25. An annual festival celebrating beach music and the coming summer season. Music featuring Band of Oz, The Craig Woolard Band, The Coastline Band, and Maurice Williams and the Zodiacs. Tickets are \$20 in advance and \$25 the day of the event. Roanoke Island. Call 252-475-1500 or visit www.outerbanks-beachmusicfestival.com.

**43rd Annual Memorial Day Observance:** May 26. Remember those who gave their lives in service with a military guest speaker, an all-service Color Guard, a 21-gun salute and military band. Free to the public. **Wilmington.** Call 910-251-5797 or visit online at www.battleshipnc.com.









www.carolinacreations.com







The Lost Colony Preview Night: May 29. Witness this final dress rehearsal before the opening night of the production at Waterside Theatre. Tickets sold at a special price for this pre-season opening event. Morehead City. Call 252-473-3414 or visit www.thelostcolony.org.

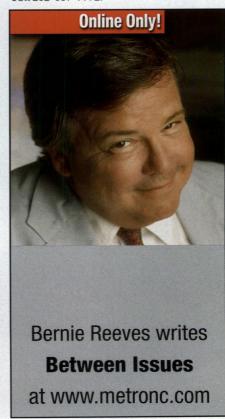
3rd Annual Blue-Water Tuna Roundup: May 29-31. Registration begins May 29 with fishing May 30-31. Manteo. Visit www.pcbgt-

17th Annual Fishing Rodeo: May 29-31. Featuring Wahoo, Dolphin and Tuna fishing. Bald Head Island. Call 910-457-7393 or visit www.baldheadisland.com.

Quilters by the Sea Quilt Show: May 29-June 1. Hosted by Quilters by the Sea Guild of Wilmington; will be held at The University of North Carolina at Wilmington, Admission is free to the public. Wilmington, Visit online at www.quiltersbytheseaguild.com.

Surf-Sun-Sand Volleyball & Bocce Ball Tournament: May 31. Wrightsville Beach Parks and Recreation will be hosting the annual event. Co-ed teams of six or four people must register ahead. Wrightsville Beach. Call 910-256-7925 or visit www.townofwrightsvillebeach.com/recreation.htm.

Neuse River Days: May 31. Canoe and kayak distance and relay races and the Great Twin Rivers Raft race will take place at the Union Point Park. Art, crafts and food will be offered for sale by local vendors. New Bern. Call 252-637-7972.



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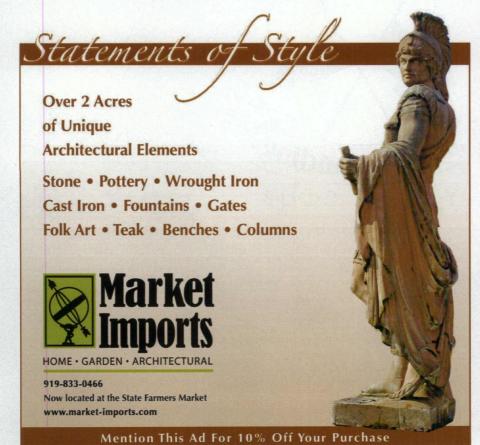
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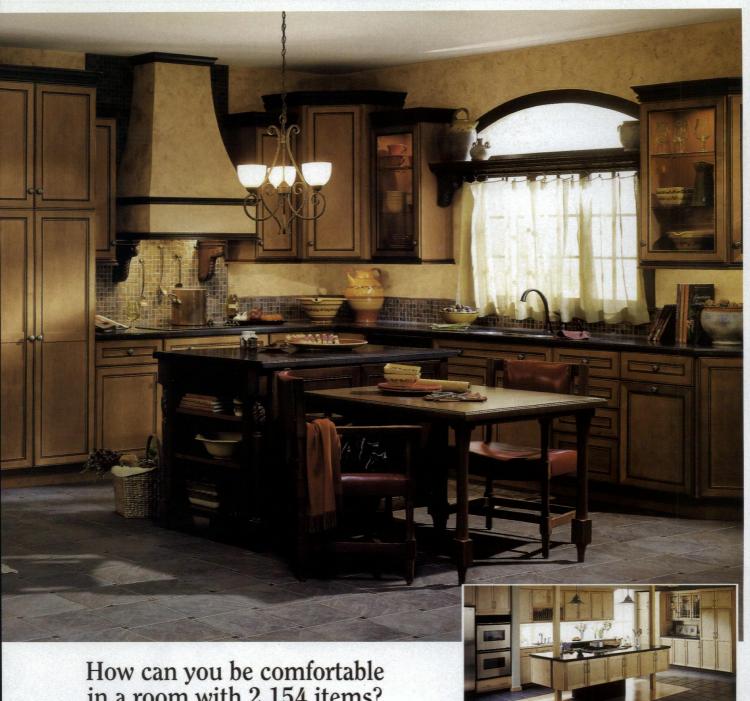








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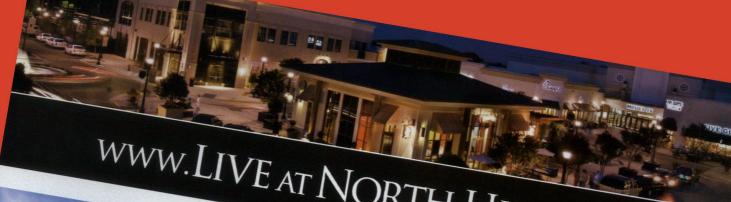
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more information, visit us online or stop by our Sales Center at North Hills, between Firebirds and Charlotte's. Or call **Anne Simons** and **Josie Reeves at 919.833.5263** to learn more about this limited opportunity.

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#### WELCOME TO THE RAMBLEWOOD

Designer Showhouse 2008: Presented by the Woman's Club of Raleigh and American Society of Interior Designers — Carolinas Chapter

estled in the sophisticated neighborhood of North Hills, the classic brick exterior and elegant landscaping of Ramblewood's townhomes and stacked flats evoke a feeling of simplistic luxury. Located in "Raleigh's Midtown," Ramblewood is flanked by the upscale shopping at North Hills and the soon-to-beopened four-star Renaissance Raleigh Hotel.

Once again, the Women's Club of Raleigh has partnered with the Carolinas Chapter of the American Society of Interior Designers to showcase the spacious interiors of one of Raleigh's premier developments.

The rooms of 3611 and 3615 Rolston Drive are thoughtfully decorated with each designer's signature style.

Step inside and let the walls of Ramblewood call you home.

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## Woman's Club, North Hills, ASID Team Together To Benefit Hospice of Wake County

by Diane Lea

t is a perfect storm, but of good works, a fortunate confluence of events that brought together three organizations with good intentions for the community and region to produce the Woman's Club of Raleigh's (WCR) latest project, the WCR 2008 ASID Designer Showhouse. Featuring two energy-efficient townhomes in Ramblewood, a walkable community in North Hills in Midtown Raleigh, the Showhouse will present designs by members of ASID — the American Society of Interior Designers — the organization that sets standards for professional interior design. Part of the proceeds will benefit Hospice of Wake County, a nonprofit agency committed to creating end-of-life comfort.

Cindy Godwin, the WCR 2008 Designer Showhouse chair, recalls WCR's search for another showhouse location after the successful 2005 event featured the Andrews-London House in historic Downtown Raleigh.



"We knew we wanted to do another showhouse to raise money for our special projects, particularly Hospice of Wake County, which has undertaken building a new \$13 million comprehensive facility," says Godwin. "After an extensive search, we realized that the house we had chosen was in need of too much renovation to be cost efficient for our purpose."

As luck would have it, Josie Reeves, a member of the Kane Residential team (the residential arm of Kane Realty Corp that is developing Ramblewood at North Hills) had recently visited the ASID Showhouse in Charlotte that featured two new condominium homes. What a good idea, she said to her colleagues. At almost the same time, ASID designer Beverly Taylor approached her friend Willa Kane, wife of developer John Kane, and suggested a potential collaboration between ASID and Kane Residential. The rest, as they say, is history. Kane Residential contacted the ASID office and

proposed that the group do a designer showhouse in two of the townhomes in the emerging Ramblewood at North Hills. Since ASID Showhouse projects are done in concert with a nonprofit organization to benefit the local community, ASID contacted the WCR who contacted Hospice, and the whirlwind effort to prepare two under construction Ramblewood at North Hills townhomes as the WCR 2008 ASID Designer Showhouse was under way.

#### **SERVICE TO THE COMMUNITY**

The WCR has been committed to improving the community since 1904 when Elvira Evelyna Worth Moffitt invited a group of women to the State Library Reading Room to organize a club for women.

According to WCR President Julene McPhaul, "From its earliest years, the WCR has maintained a commitment to a wide range of community healthcare organizations. In the first two decades of the 20th century, typical club projects included investigation of the local milk supply — leading to the hiring of the first City Milk Inspector — as well as supplying sanitary gowns, tray covers and linens to the new Rex Hospital. During WWI, club activities included support and provision of medical supplies and other necessities, such as baby garments for use in France and Belgium. During the influenza epidemic of 1917, the WCR clubhouse became the headquarters of the local Red Cross. During the Great Depression, the WCR worked to launch a hospital, completed in 1938, for the care and treatment of tuberculosis."

In the 21st century, says McPhaul, the WCR continues its commitment to improving the local community in today's world serving as volunteers at local hospitals, museums, the Capitol, the Governor's Mansion, Salvation Army and other nonprofit groups. Through its community grants program, the club provides financial support to arts, conservation, education, and health and human services organizations. More than a dozen educational scholarships are awarded annually. Local artists display works at the club's head-quarters on Woman's Club Drive. The WCR Antiques Show and Sale and the club's Special Project activities help provide funding for these initiatives.

In keeping with the WCR's long-standing commitment to health services, President McPhaul and the club chose to support Hospice of Wake County as the President's Community Improvement Program (CIP). The WCR initially pledged \$20,000 over two years for the building of the new Hospice Traces and Reflections Center in the Horizons Family Grief Center. The WCR was able to donate \$40,000 in contributions, goods and services, twice the initial pledge.

McPhaul is proud to note that WCR members donated 130



The Woman's Club of Raleigh Showhouse Committee

traditional children's books to the Children's Lending Library at the Traces and Reflections Center, as well as several compassion books to assist Hospice volunteers in grief counseling for children. Many useful items for Hospice families have been provided by WCR members, including simple meals for counselors and young people attending evening therapy sessions and meals for families being helped by Hospice.

"Hospice frequently uses music to assist clients in communicating their emotions and reducing stress," say McPhaul. "The WCR Home Life Department collected 55 instruments for children and members gave 11 CD and DVD players for this purpose."

Other WCR contributions include lap quilts and fleece blankets for wheelchair patients, activity aprons for patients and sturdy notions bags for Hospice volunteer caregivers who carry toothpaste, hand cream, brushes and other personal items to patients and families.

#### **HOSPICE HERE TO SERVE**

WCR has worked for two years to raise financial and volunteer support for Hospice of Wake County's new hospice care center, scheduled to open in December 2009. Michael Blanchard, the organization's vice president of development, says Hospice of Wake County serves the seven-county region that includes Wake, Franklin, Granville, Johnston, Chatham, Harnett and



Woman's Club of Raleigh past presidents and honorary Showhouse chairs (from left to right): Jeanette Bennett, Jeannine Roberts, Pat Davis, Julene McPhaul, Gladys Bullard and Barbara Volk.

Durham counties with medical, counseling and spiritual needs of people living with life-threatening conditions.

"When our new hospice care center near the RBC Center at Trinity Road and Interstate 40 is completed," Blanchard continues, "we will have 20 large home-like rooms (up from the originally planned 14) with views into the landscaped grounds, a 50-seat Spiritual Sanctuary, and clinical, administrative and operational headquarters, all convenient to the 20-room inpatient facility."

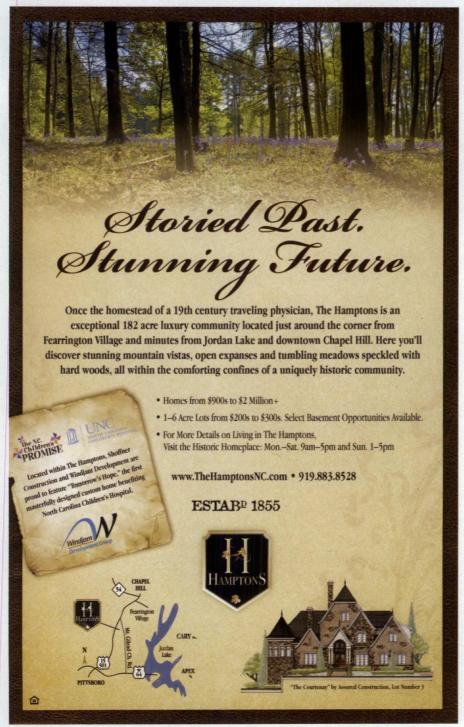
In addition to the Spiritual Sanctuary,

the Horizons Family Grief Center, located in the administrative building and equipped with a lending library and a media center, will provide space for art and play therapy, support groups and individual grief counseling.

Blanchard is quick to point out that hospice is not just for cancer patients.

"Today probably only 50 percent of our hospice patients are cancer patients," he says. "The other life-threatening conditions that we address include heart problems, kidney ailments, neuromuscular diseases, ALS (Lou Gehrig's disease), Alzheimer's dis-





ease and just plain old age."

Hospice targets patients, both those being cared for at home and those receiving inpatient care, with an estimated six months to live. However, should they need care beyond that time, hospice can recertify them for continued care.

The Hospice of Wake County care center was designed by the Raleigh architectural firm of Ramsay GMK and is being constructed by Clancy & Theys. The 8.7 acre site has been leased by the state of North Carolina to the hospice organization for a period of two 25-year terms.

"We pay \$1 for each of the 25-year lease periods," says Blanchard with a smile.

With generous in-kind assistance from the state, \$2 million from Wake County, a



This year's Designer Liaisons for the WCR 2008 ASID Designer Showhouse were Ashley Lane, Allied Member ASID of Design Lines, Ltd. and Caroline Walker, Allied Member ASID of Schelfe and Associates, Inc. As Designer Liaisons, Caroline and Ashley interfaced daily between showhouse designers, Kane Realty, The Woman's Club of Raleigh, and Resolute Construction Company to ensure a smooth process and a beautiful outcome for the project overall. On behalf of ASID Carolinas Chapter, Ashley and Caroline would like to thank The Woman's Club of Raleigh, Kane Realty, and Resolute Construction Company for all of their efforts to make this project a reality, and are proud to be supporting The Woman's Club in their endeavor to provide donations to Hospice of Wake County and other 'special projects".

# Adid to Constitution of the Constitution of th

**MAY 1** The Catalinas

MAY 8 Black and Blue

**MAY 15 Liquid Pleasure** 

MAY 22 The Embers

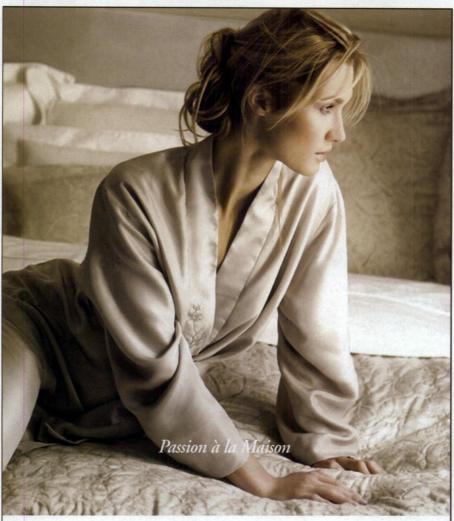
MAY 29 Billy Scott and the Party Prophets

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Hospice of Wake County's new hospice care center.

matching grant of \$1 million from the John William Pope Foundation, as well as substantial private and corporate donations, the nonprofit Hospice of Wake County enjoys great community support. Another source of funding includes the 6th Annual Big Bad Ball sponsored by the Young Executive Board of the Capital City Club (an event which won a Standing Ovation in the MetroBravo! Awards). The event, attended by 450 patrons, raised \$135,000.

As Blanchard reflects on the 2008 WCR ASID Designer Showhouse, he speaks sincerely of the three entities that made it possible.

"The generosity of the WCR, ASID and Kane Residential is phenomenal," says Blanchard. "In addition to all else that is being done, the WCR President's CIP Project for 2008-2010, under the direction of incoming WCR President Barbara Umstead, is to provide volunteers to help design the Chapel Garden at the new center."

It makes one proud.



A craftsman labors putting the finishing touches on decorative wooden elements.

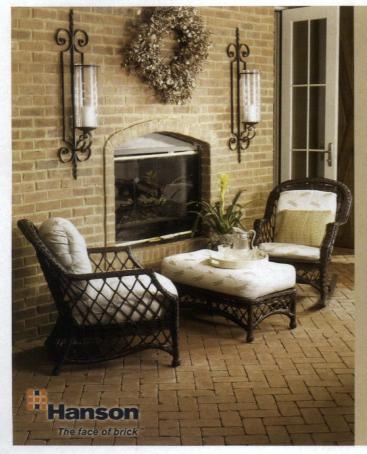
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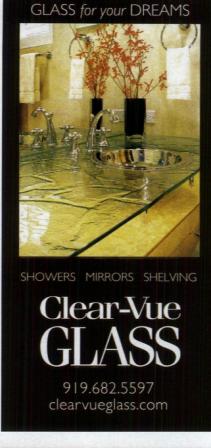
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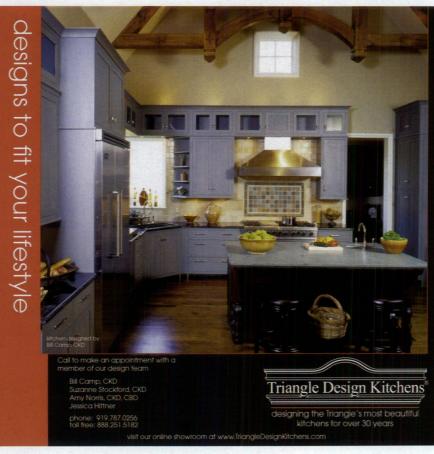
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ASID DESIGNER SHOWHOUSE 13





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#### 2008 SHOWHOUSE CALENDAR

CALLITUAN		
Designer of the Day		
Michael Steiner	May 10	
Tim Schelfe	May 11	
Beverly Taylor	May 12	
Molly Simmons	May 13	
Lauren Bishop	May 14	
Debby Gomulka	May 15	
Vicky Serany	May 16	
Rodolfo Gonzales	May 17	
Angela Pence	May 18	
Monica Gonnatta	May 19	
Marlene Heymer with		
Caroline Walker and		
Sarah Foster	May 20	
Brittany Ruch	May 21	
Amy Schieren	May 22	
Rebekah Lindsey and		
David Thomas	May 23	
Linda Dickerson	May 24	
Warren Kessler	May 25	
Emily Walser	May 26	
Judy Pickett	May 28	

Tuesday, May 13

Gallery Artist Session 1 p.m.-4 p.m. Amy Schieren – Decorative Furniture Painting and Restoration

Thursday, May 15

Gallery Artist Session 3 p.m.-7 p.m. Julia Carpenter – Palate and Oil Brush Techniques on Canvas

Saturday, May 17

Design Seminar – Trends in Decorative Finishes Davide Aguiar and Michelle California-Aguiar CAN Decorative Painting 1 p.m.-2:30 p.m.

Sunday, May 18

Design Seminar – Design Trends in Custom Homebuilding Vicky Serany, Allied Member ASID Southern Studio 2:20 p.m.-3:30 p.m.

Tuesday, May 20

Gallery Artist Session 1 p.m.-4 p.m. Jean Cheely – Handmade Jewelry

Thursday, May 22

Gallery Artist Session 3 p.m.-7 p.m. Gail Peterson – Light & Shadow from abeeseyeview

Thursday, May 29

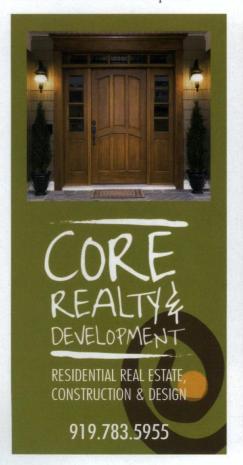
Gallery Artist Session 3 p.m.-7 p.m. Bob Rankin – Award-winning artist, traveler and teacher

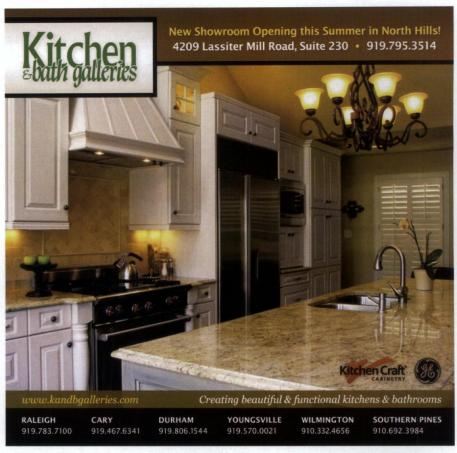
Saturday, May 31

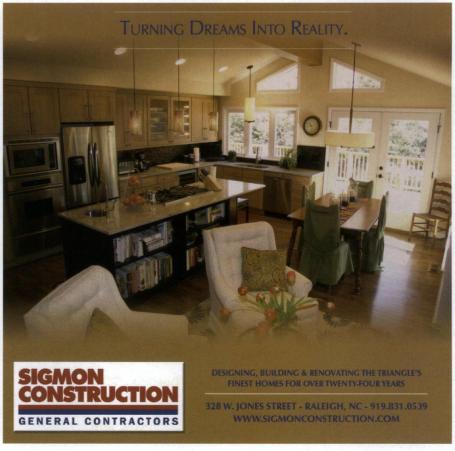
Trends in Tile, Best Tile Dave Kocienda & Paul Kielsmeier 3 p.m.-4:00 p.m.

#### LIFESTYLE CHOICES AT RAMBLEWOOD AT NORTH HILLS

he North Hills South exit from Raleigh's 440 Inner Beltline and a quick turn off Six Forks Road at Ramblewood Drive leads to a handsome privacy wall that borders a new neighborhood - Ramblewood at North Hills, a community of garden homes, townhomes and stacked flats developed by John Kane, the visionary who brought to life the new North Hills development in Midtown Raleigh. The homes standing immediately inside the cream-colored brick wall are reminiscent of the revivalist architecture so much a part of Raleigh's older neighborhoods - Hayes Barton, St. Mary's St., Budleigh and Canterbury Road. All those delightfully named neighborhoods date from early to mid-20th century and form the core of Old Raleigh. However, as the visitor enters this new neighborhood in Raleigh's rapidly developing midtown, it is clear that the charm of Old Raleigh has been infused into a neighborhood with some innovative residential options.







ASID DESIGNER SHOWHOUSE 15

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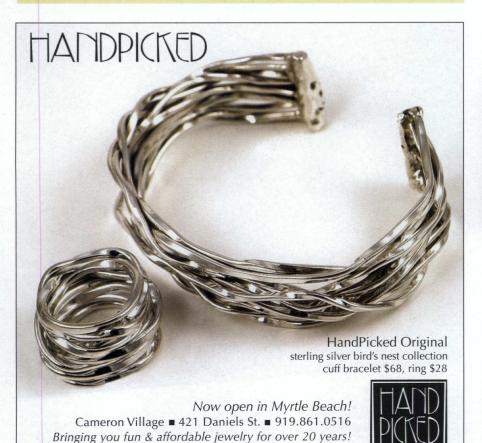


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Rolston Drive, the community's main street, opens with an array of traditional single-family detached homes in styles ranging from a gambrel-roofed country manor to a red tile roofed and stuccoed Tuscan Villa. Then Rolston becomes a boulevard flanked by stylish brick townhomes with elements of Williamsburg detailing. The street narrows as it winds up a gentle slope set with brick condominium residences known as stacked "flats" with pedimented rooflines, recessed terraces, nicely detailed shed-roofed bay windows and discreet lower-level parking. Ramblewood at North Hills is at once delightfully urbane with Old Raleigh character.

Josie Reeves and Anne Simons, members of the Kane Residential team who have witnessed the transformation of the old North Hills Shopping Center into the new North Hills in Midtown, put the evolving North Hills complex in context.

"John Kane began with a visionary idea of a multi-dimensional retail and residential lifestyle center interspersed among professional offices and financial and other



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#### **American Society of** Interior Designers (ASID)

n conjunction with the Woman's Club of Raleigh (WCR), the Carolinas Chapter of the American Society of Interior Designers (ASID) will host the WCR 2008 ASID Designer Showhouse, featuring two townhomes in the neo-traditional Ramblewood at North Hills neighborhood. ASID is the largest national organization for interior designers, with over 34,500 members.

ASID showhouses have been presented in many communities, including Charlotte and Charleston, SC, and Raleigh. Show-



houses provide an opportunity for local designers who have achieved ASID membership to showcase their talent and to promote the appreciation

of quality buildings, both historic and modern. In 2005, the WCR and the Carolinas Chapter ASID presented the Andrews-London House in Downtown Raleigh's revitalizing Blount Street neighborhood. The presentation of 3611 and 3615 Rolston Drive in the newly emerging Ramblewood at North Hills neighborhood follows the 2005 success - the first to be undertaken in Raleigh since 1993.

This year's 25 featured designers were selected by lottery from over 250 ASID members. Each designer works with a specified space or room within the homes. Three designers, Michael Steiner of Steiner Design Interiors, Allied Member ASID Rodolfo Gonzales of Rodolfo Gonzales Interior Design, and David Thomas of David Thomas Associates, have two spaces each. The Meredith College Student Chapter is included for the first time this year.

Established to set standards for design excellence, the ASID promotes health, safety and welfare for residential and commercial interior design. ASID was formed in 1975 with the merger of American Interior Design and the National Society of Interior Designers. Its members work with the latest information on materials, technology, building codes, regulations and design psychology.

ASID accreditation establishes a common identity among design professionals, signifying that members have graduated from an accredited design program, met experience requirements and passed the test administered by the National Council for Interior Design Qualification (NCIDQ). The organization's membership is comprised of interior design practitioners, students, and manufacturers and representatives of design products and services.



#### Has Saved The Best For Last.

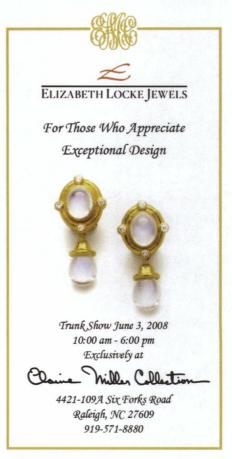
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Redefining Style Since 1905 institutions," says Reeves. "However, the plan was always to add a luxury hotel at North Hills, which we are now doing."

The first residential component was The Lassiter at North Hills, 49 condominium residences overlooking North Hills.



Granite-topped work islands separate the kitchen and adjoining sitting area.

"The Lassiter at North Hills offers 10 different floor plans ranging in size from 1175 square feet to 5800 square feet," says Simons. "The idea is to offer people who are accustomed to gracious living the amenities they are used to in an easy-to-maintain residence within walking distance

of all the North Hills conveniences."

As the Kane team continued to study local and national trends and talk to Raleigh stakeholders and a steady stream of residence seekers, it became clear that there was a strong desire for townhomes and condominiums.

"The 'back to the city center' movement," Simons continues, "is gaining momentum as the children of baby boomers leave home and their parents see the chance to eliminate numerous daily car trips by living close to amenities."

The opportunity to develop a residential component only two minutes from North Hills emerged when Ramblewood Apartments became available for purchase. John Kane was able to purchase the 20-acre setting to develop Phase I of Ramblewood at North Hills. When completed, the project will include 18 customized single-family homes between 3000 square feet and 5000 square feet constructed by Dixon/Kirby & Company. The brick townhomes range between 2300 square feet and 4500 square feet with a choice of three floor plans. The stacked flats, so called because



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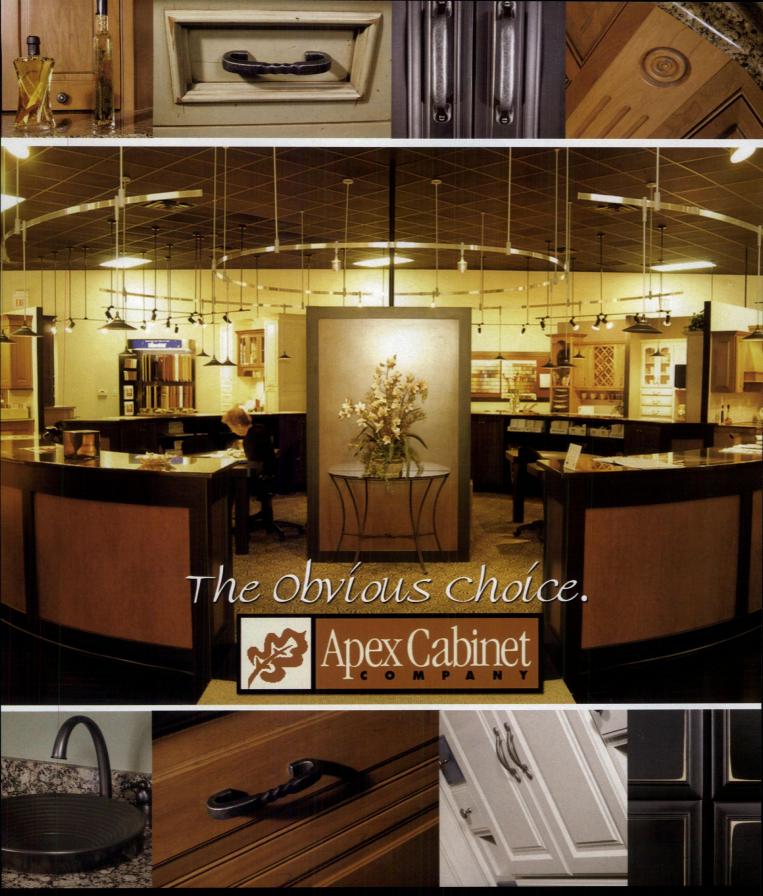
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three levels of residences are stacked one on top of the other, are also brick and have secure lower-level parking.



Customized kitchens feature workable plans and fine cabinetry.

"We were fortunate to have the Woman's Club of Raleigh and the ASID choose two of our newly constructed townhomes for their Designer Showhouse," says Simons. "The homes at 3611 and 3615 Rolston are between 3146 square feet and 3184 square feet. Each has a private double garage and an option of three floor plans."

The plans include options for down-

stairs master suites, a third floor bonus room and an elevator.

Townhome 3615, the first in the row, is entered from a side elevation covered entry and opens to a tall staircase in the wide foyer. To the left, a dining room is distinguished by squared colonettes set on piers. The living room has tall squared columns, a fireplace and a coffered ceiling. Townhome 3611 has an entrance on the façade and a two-story tall foyer. Both 3611 and 3615 have family rooms with fireplaces that adjoin the kitchen and open to enclosed terraces through French doors. Heavy crown molding is used extensively throughout, emphasizing the tall ceilings and large mullioned windows. The kitchen cabinetry is elaborate, and islands and wet bars are placed for entertaining. Master bedrooms and baths are spacious and well appointed and feature garden tubs.

The townhomes at Ramblewood are ideal palettes for the array of talent and skill represented by area ASID designers. That these stylish residences are part of an emerging urban midtown lifestyle make them even more appealing.





ASID DESIGNER SHOWHOUSE

#### **Showhouse Floorplan 3611 Rolston Drive**





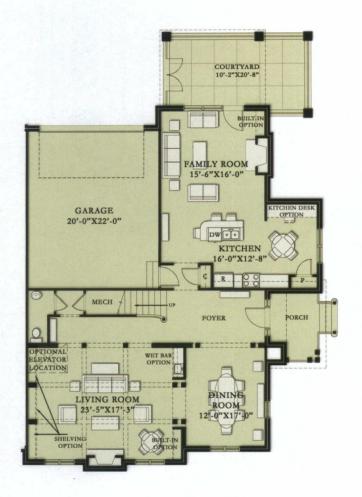
First Level

Second Level
Open Foyer/Walk-up Attic Option

TOTAL	3146	SqF
Exterior	156	
Interior	2990	

976 SqFt Finished attic option available (optional elevator will service attic)

#### **Showhouse Floorplan 3615 Rolston Drive**



OPTIONAL
ELEVATOR
LOCATION

DISTRICT

WIC

BEDROOM 3

22'-0"X12'-6"

BEDROOM 2

11'-6"X16'-0"

BEDROOM 2

First Level

**Second Level** 3 Bedroom Option

TOTAL	3184 SqFt
Exterior	214
Interior	2970

771 SqFt Finished attic option available

ASID DESIGNER SHOWHOUSE 23

#### ASID Designer Showhouse



Michael Steiner, ASID Steiner Design Interiors 6200 Dixon Drive Raleigh, NC 27609 919-782-0307 www.steinerinteriors.com

With a design career spanning 25 years, Michael Steiner, an award-winning designer has honed his creative skills to encompass design styles including classic, eclectic, and contemporary. A graduate of East Carolina University, Steiner earned a Bachelor of Science in Interior Design. Prior to forming Steiner Design Interiors, Steiner worked for several prominent designers in North Carolina and New York City. His projects have been featured in national magazines including: Better Homes and Gardens, Renovation Style and Traditional Home. In 2003, he was chosen as one of the interior designers for the Southern Living Idea House, and NC Classic Design Elements Magazine selected him in 2006 and 2007 as the Editor's Choice Design recipient. His experience has included freelancing as a photo stylist and as a set designer for several television series and movies, including a season of Matlock. Steiner is a professional member of ASID, certified by the National Council for Interior Design Qualification, and is an active member of the Carolinas Chapter of ASID.



#### 3611 — FOYER, STAIRCASE & UPPER LANDING

Upon opening the front door, guests are greeted with an inviting floor plan, perfect for entertaining. The foyer creates a welcoming introduction and creates an easy flow for guests to mingle and enjoy all of the areas on the main floor. Rich wood floors and a warm natural pallet envelope the space and create the gallery setting for unique artwork.

The two story foyer demands a special light fixture, custom-designed by the designer with multi-tiered blown glass baubles. This lighting jewel is framed by the impressive arched second level window and can be appreciated inside and outside the home. A classic Deco granite and iron console table is the perfect stage for hand blown iridescent glass vases.

The upstairs landing is the area where the stress of the day is left behind and relaxation begins. This area is an extension of the gallery space below which creates a quiet space for a moment of reflection as you begin or end your day.

#### RESOURCES

Timberlake's Carpets and Rugs: Stair Runner

Masterloom: Area Rug

Amy Holderby, Upon The Rock: Granite tops

Theodore Alexander: Furniture

Fredrick Cooper: Lamps

Fusion Z: Accessories

Cathy Martin: Artwork
Artsource: Artwork

Steiner Design Interiors: Furniture, Art, and Accessories

Steiner Design Interiors: Lighting Fixtures

Sherwin-Williams: Paint



Michael Steiner, ASID Steiner Design Interiors

#### RESOURCES

Koroseal, Eykon: Wallcovering

Jeff Humphrey: Humphrey Homes: Wallcovering Installation and Painting

Sherwin-Williams: Paint

New River Artisans: Area Rug

Michael Jon Designs, Duralee, and Scott Fabrics: Fabrics

Fiber Services Inc: Fiber Protection

Rainbow Upholstery and Receiving: Upholstery

Amy Holderby, Upon The Rock: Granite tops

Theodore Alexander: Furniture Fredrick Cooper: Lamps

Fusion Z: Accessories

Steiner Design Interiors: Furniture, Art, and Accessories

Cathy Martin: Artwork

Herbert Art 1910 - 1996: Artwork

Artsource: Artwork

John Kelly, Kelly's Interiors: Drapery fabrication

Chris Hart, Triangle Window Treatments: Drapery Install

Steiner Design Interiors: Lighting Fixtures

Jeff Humphrey, Humphrey Homes: Shelving Units

#### 3611 — LIVING ROOM

An eclectic Art Deco feel pervades the living room planned as a multifunctional area for relaxing, reading, intimate conversations and an occasional uptown cocktail soiree.

A custom designed wool area rug blankets the floor with its period design motif. Walls are covered in exotic wood veneer and accented with a Chagrin (sharkskin) border. Due to environmental concerns, these materials are actually rendered in commercial vinyl wall covering. The vintage chandelier centerpiece creates a cascade of sparkling ice. Recessed can lights have been fitted with custom shades that redirect the light and enhance the period design. Furniture was selected with clean lines and fabrics reminiscent of the era. Metallics of silver, copper, bronze, and iron accentuate architectural features. The stylized fountain grill on the bar cabinet is reproduced from the original 1920s Oasis Screen by Edgar Brant. The commissioned painting above the sofa is Cathy Martin's interpretation of the famous Chrysler Building in New York City. Structured iridescent silk draperies frame the bay window with stripes of earthen metals and rich patinas. The sheers filter the sunlight by day, but create a veil of woven coppery metal when the sun goes down.

The adjacent library nook houses a collection of inspirational artifacts and design books. This space is a quiet retreat where the designer enjoys studying the architectural and decorative arts of the period. Creative morsels within these volumes will be incorporated into interior design projects and furniture design.

The master of Art Deco, Ruhlmann, would be proud to share a conversation over coffee in this room created for appeal and comfort.

The rear hall acts as a secret passageway to the other living areas. The back corner is utilized as an art niche, while the extra closet is perfect storage for surplus accessories to be switched-out occasionally to provide a refreshing change in scenery.

#### ASID Designer Showhouse



Debby Gomulka, Allied Member ASID Debby Gomulka Designs 2709 Market St., Ste. 209

Wilmington, NC 28403 919.394.4997 910.352.7339 www.debbygomulkadesigns.com debby@debbygomulkadesigns.com

Debby's innate sense of style has graced many residences and offices throughout North Carolina. Her evolution toward interior design was a natural one—she completed the interior design program at Meredith College in Raleigh, NC. Since then, her firm has participated in several showhouses in North Carolina. Combining this experience with her family background in art and antique collecting gives Debby her comprehensive knowledge of interior design. Gomulka and her staff are sensitive to the diverse needs of their client's projects. Having worked from Wilmington, NC to the Raleigh-Durham area, Debby's greatest pride is her client's happiness in seeing their dreams visualized in their newly designed home. According to Debby, "Good design never compromises excellence in quality. Attention to the details gives a home its character and personality." Currently, Debby is working with the Faison Improvement Group, to help revitalize and redevelop downtown Faison, NC, a historical southern town in eastern North Carolina. Debby will chair the upcoming 2008 Holiday Homes Tour in Faison, NC. She operates her design business out of Wilmington, NC and oversees all design projects with the intent to improve the quality of life through interior design.

#### RESOURCES

Kohler: Fixtures
Sherwin-Williams: Paint
Atlantis Painting, Inc.: Painting services
Debby Gomulka Designs: Mirror and Accessories
Restoration Hardware: Glass Shelf



#### 3611 — POWDER ROOM

"Glamour and Romance: A Nod to a Bygone Era." In keeping with the traditional elements yet modern appeal of the Ramblewood Townhomes, the designer approached the jewel box-like space with important design details: texture, shine and appropriateness. Carefully chosen objects d'art and luxurious materials evoke a timelessness and glamour of a bygone era; this is a pretty place where the owners and their guests escape to romance from the hustle and bustle of city life. Here, in the powder room, the owners and their guests experience a sense of calm and order for a moment. The fixtures are traditionally elegant, while the mirror provides a dramatic impact to the small space. A soothing color palette of soft gray-blues and greens draws attention to the dressy little sconce and the dazzling accessories.



Amy L. Schieren, **Allied Member ASID** The Painted Butterfly

213 Bickett Blvd Raleigh, NC 27608 919-838-0351 thepaintedbutterfly@earthlink.net www.thepaintedbutterfly.net

Amy Schieren is a graduate of Meredith College with a degree in interior design, and a minor in art. Schieren has lived and worked in the Raleigh area for 10 years. She is the owner of The Painted Butterfly; a design and art studio located in the Five Points area. Schieren's main focus is on decorative painting, painted furniture, interior design and teaching children's art classes (ages 3-6). She enjoys creating beautiful and personalized interior spaces for clients' homes in addition to teaching art at The Painted Butterfly studio.



#### 3611 — BEDROOM 3

A guest room should be soothing, inviting and comfortable. This charming bedroom was created to be a relaxing getaway for the guest who likes to unwind after a long day. With a serene palette of pale blue, creamy white, pink, and green, one is immediately captured by its simplicity. This luxurious bedroom has everything a guest could dream of: crisp white linens, goose down duvet, gorgeous pillows, and elegant dressing table. One is sure to have a peaceful rest in this adoring atmosphere.

#### RESOURCES

Thibaut, Duralee, Kravet: Fabrics

The Painted Butterfly: Chandelier

Neiman Marcus Home Collection: Duvet Coverlet

Hickory Manor vanity mirror, bed crown, and drapery acces-

sories: Accessories

Mary Sanford: Fabrications

The Painted Butterfly: Chest

The Painted Butterfly: Headboard Design

Dwight Jeeves Woodworking: Headboard

Sherwin-Williams: Paint

The Painted Butterfly: Other furniture and accessories

Rose Creek Designs: Pillow Fabrication

Home Comfort Furniture: Bed

#### ASID Designer Showhouse



Regina Heubel Meredith College ASID Vice President, 2007-2008

Regina Heubel holds a BFA in Illustration and has attended Meredith College's Interior Design program since 2006. She will complete her interior design degree in fall 2009 and is presently employed as an intern at Cameron House Interiors. Heubel's interests include residential and sustainable design. Heubel is the Meredith College ASID Chapter Chairperson and project lead for this space.



Monica Gannotta Meredith College ASID Publisher, 2007-2008

Monica Gannotta holds a BA in Education and has worked as a special educator for the past 25 years. She will complete her interior design degree in fall 2008 and is presently employed as an intern at Freeman White, Inc. Gannotta's special design interest is in health care and sustainable designs. Gannotta is a team leader for this space.

#### RESOURCES

Gary Booth, BSH Home Appliances; Bosch; Celia Yow, Maharam Sales Representative: Appliances

Sherwin-Williams: Paint



#### 3611 — LAUNDRY ROOM

"Green and Clean" is the mantra for this laundry space. Sustainable fabrics, finishes and design elements create an environment focused on supporting a positive environmental impact. Bosch energy-efficient appliances provide beauty in design, as well as ECO consciousness. Bamboo was selected for its beauty and durability and because it's a renewable resource. The mural is a visual element that opens up the space with light and color. This design puts a whole new spin on doing laundry!

#### **ASID Meredith**

The Meredith College Chapter of ASID strives to educate, encourage and enhance the learning experience of each student. Our chapter provides accessibility to professional mentors and programs giving students a head start in the interior design business. The chapter offers the opportunity of gaining service hours in projects that pertain to our interests in design while providing meaningful aid in our communities. Throughout the year, ASID is available to Meredith's students for support and guidance leading them into successful, creative careers.



#### 3611 — BEDROOM 2 & BATH

This space is meant to evoke the sartorial elegance of a well-cut, Italian suit. The gray tones of the paint and wool draperies are outlined with touches of white and black like a crisp men's dress shirt and well-shined, black leather shoes. For a punch of color, the designer has added sunny yellow. These golden accents give just enough edge to keep your eye moving about the space that also has hints of a world traveler. Adding to the serenity are subtle Asian motifs and accents that are meant to evoke a calm spirit in what can often be a crazy, noisy world.



Warren Kessler, Allied Member ASID Thomas & Warren Interiors

844 Horton Road Unit 32 Durham, NC 27704 919-471-6226 www.thomasandwarren.com

#### RESOURCES

The Farmer's Wife: Accessories

ID Collaborative: Artwork

Tres' Belle Designs: Chest & Bedside Chest

A&E Designs: Desk & Nightstand

1st Choice Upholstery: Bench

Duralee Fabrics; Boone Fabrics; Printer's Alley: Fabrics

Capel Rugs: Area Rug

Sherwin-Williams: Paint

Carolina Custom Draperies: Window Treatments

The allusion to men's fashion in Warren Kessler's interior designs is anything but accidental. Kessler started out in the world of textiles and fashion marketing, eventually graduating from The University of North Carolina at Greensboro with a degree in interior design. Kessler opened Thomas and Warren Interiors after 10 years of working in hospitality, senior living and medical interiors. His work, both commercial and residential, has been published in trade magazines and has been honored with several accolades including an ASID Carolinas Merit Award.

#### ASID Designer Showhouse





Tim Schelfe, ASID Elizabeth Klosterman, Allied Member ASID Schelfe & Associates Inc.

1838 Wake Forest Road Raleigh, NC 27608 919-832-8013 tim@schelfeassociates.com www.schelfeassociates.com

#### Tim Schelfe, Principal & Owner

Tim is a graduate of the University of Maryland, College Park where he earned a Bachelor of Science Degree in Interior Design. He is certified by the NCIDQ and current President of the ASID Carolinas Chapter. His work has been published in *Renovation Style, Better Homes and Gardens*, and featured in the book *Southern Rooms II*. Tim has been awarded a total of 14 Interior Design Specialty Awards from the ASID Carolinas Chapter for his custom residential, retail and commercial design work.

#### Elizabeth W. Klosterman, Assoc. Designer

Elizabeth is a 2005 graduate of The Savannah College of Art and Design with a Master of Arts degree in Interior Design. She has her Bachelor of Fine Arts degree from both Clemson University and Converse College in Studio Art and Interior Design. Elizabeth previously worked in Charlotte, NC for a residential architecture firm where she was the lead interior designer. She is currently working towards NCIDQ certification.



#### 3611 — MASTER SUITE

The design for the master suite starts with a clean palate of white and pale cream, which sets the background tone for the overall space. To add additional detail and break the monotony of a rectangular room, an eclectic wall panel design was created, which introduces a jeweled wallcovering with raised beads in iridescent tones. The wall panels and wallcovering tones are offset by the silver blue metallic ceiling, which is painted and glazed by hand. The bright white carpet provides a foundation for the room's furnishings, and the furniture itself introduces rich warm wood tones selected in a contemporary frame.

To push the envelope of design and create an unexpected whimsy to the room, Schelfe designed an over-scaled custom lambrequin, which adds a strong visual element to the window wall. The curvilinear lambrequin provides an opportunity to layer the window coverings with the shade, panels and lambrequin all working in harmony.

The master bath is a design continuity of the bedroom with clean marble tile in a French vanilla color accented with reflective silver glass mosaic tiles, which provides a basis for the floor design. This silver color is transferred onto the wall surfaces in a contemporary geometric patterned wallcovering. The ceiling continues the silver theme with its hand-painted, glazed, silver leaf-painted finish. Additional design elements for the bath include blue glass mosaic linear tiles laid in a vertical pattern offset by a brushed-metal border.

#### RESOURCES

Can Decorative Painting: Faux Finishing at Ceilings

David Howell & Associates: Carpet

AT Work Interiors: Carpet Installation

Stephenson Millwork: Wood Paneling

Harry Grube: Wood Trim Installation

Madison Fine Art and Bev's Fine Art: Art

Schelfe and Associates, Inc.: Accessories

Cathy Hobbes: Draperies and Softgoods

Best Tile: Floor/Wall and Accent tile

Kravet Fabrics: Fabrics-& Upholstery

Eykon & Seabrook Wallcoverings: Wallcoverings

Statewide Wallcoverings & James Bass: Wallcoverings Installation

Paint Pros Inc.: Painting services

Sherwin-Williams: Paint Innovative Systems: TV

Difasa USA & Distinctive Space: Closet Systems

Stanley Welch Clothiers of South Carolina: Closet Clothing and accessories



Beverly Taylor, ASID Beverly Taylor Design 11004 Holkham Court Raleigh, NC 27614 919-414-4149 919-847-7652 fax www.beverlytaylordesigns.com

Beverly Taylor Design is a full-service interior design firm founded in 1999. The firm focuses on creating elegant, functional and inviting living and working environments that are unique for each client. Beverly Taylor is a graduate of Meredith College, Raleigh where she earned a Bachelor's of Science degree in Interior Design with a minor in Fine Arts. She is a professional member of ASID, certified by the National Council for Interior Design Qualifications and an active member of ASID Carolinas. Taylor believes that interior design is a discipline influenced by observations in travel, art, history and people, and using these observations help to shape her skills and style.



#### 3611 — DINING ROOM

The dining room was created to be used by an active family where the round table serves as the hub for many activities. Whether it is a homework assignment with the children, a shared confidence with a good friend over a cup of tea or a quiet place for the head scratching attempt at solving Sudoku puzzles, this space is meant to be lived in and shared. Combining the elements of antiques, custom-designed lighting using vintage pieces and an original abstract painting completes the concept. With the inspiration of livable, elegant simplicity, this designer invites you to take a seat, have a glass of wine and enjoy.

#### RESOURCES

Curtain Exchange of Raleigh: Curtains

JJ Antiques: Italian chest

Louise Gaskill: Chandelier, floor lamps, mirror, chairs

Jason Craighead: Original oil painting

Sunbrella Fabrics: Bottom and top table cloth

Hemp Traders: Fabric on dining chairs

Sherwin-Williams: Paint

#### ASID Designer Showhouse



Vicky Serany, Allied Member ASID Southern Studio Interior Design 108B North Salem Street Suite 202 Apex, NC 27502 919-362-5143 vicky@southernstudio.com

www.southernstudio.com

Southern Studio Interior Design is an award-winning interior design firm specializing in residential design and new construction. Vicky Serany was educated in interior design and studio art at Meredith College in Raleigh. The mission of Southern Studio is to provide a high level of creativity, integrity and personalized attention to every project. Southern Studio has won numerous design awards, including two consecutive Best in American Living Awards (BALA), which recognizes the nation's best new housing designs and is presented annually by the National Association of Home Builders and *Professional Builder Magazine*.



#### 3611 — KITCHEN & BREAKFAST NOOK

This charming and elegant kitchen focuses on casual entertaining with family and friends. The color palette is a mixture of warm neutrals and varied textures, enhancing the natural beauty of the individual design elements. Beautiful bisque cabinetry with antique glass is stacked to the 10-foot ceiling to maximize storage space. Attention was paid to every detail, including beautiful marble countertops, hand-glazed backsplash tiles and hand-blown glass cabinet hardware. The large custom-designed island with a hand-rubbed finish is a work of art. The accompanying dining table can be tucked into the island to provide enhanced flow and casual comfort. It can also be reoriented and moved away from the island to host a more formal gathering. The seating is both comfortable and durable. A butler's pantry is tucked in the dining alcove and provides the perfect place to house entertaining necessities. A built-in desk was designed to make the chores of daily life a little easier. In our bigger-is-better world, this kitchen proves that great design can be achieved in quaint spaces.

#### RESOURCES

Apex Cabinets: Cabinets
Design Solutions: Island and Table
Majestic Marble and Glass: Countertops
Hinkley, provided by Ferguson Enterprises: Lighting
Kohler, provided by Ferguson Enterprises: Plumbing
Triangle Title & Stone of NC: Title Backsplash
KitchenAid: Appliances
Lee Industries: Chairs
Sunbrella: Upholstery Fabric
Susan B. Hecht: Original Art
Southern Studio Interior Design: Accessories
Out of the Kiln: Pottery
Masland Carpets and Rugs: Area Rug
Sherwin-Williams: Paint



Rodolfo Gonzales, Allied Member ASID Rodolfo Gonzales Interior Design 4381-105 Lassiter at North Hills Avenue Raleigh, NC 27609 919-573-4010 rodolfo@rodolfogonzales.com www.rodolfogonzales.com

The owner and namesake of Rodolfo Gonzales Interior Design Studio & Showroom (RGID), Rodolfo Gonzales, has more than 15 years of experience in interior design. His high-end design firm works with clients in both the Raleigh & Chicago, and has been featured in the Chicago Tribune, Chicago Magazine, and on HGTV's Before and After and New Spaces series. Past projects have included providing complete interior design services for homes ranging in size from 1,500 ft to 18,000 ft. RGID has also designed restaurants as well as corporate apartments. RGID is a full service design firm offering floor planning & elevation analysis, "white-glove" delivery & installation, lighting design, custom millwork and custom cabinetry. Additionally, the firm specializes in custom furniture designs to meet their clients' needs. Each design is custom tailored to the clients' tastes whether those tastes emphasize traditional, transitional or contemporary lines, finishes, textures and materials.

Prior to establishing his own firm several years ago, Gonzales worked as designer at Baker Knapp & Tubbs located in Chicago's famed Merchandise Mart. He was in charge of designing Baker's Trade Showrooms in Dania, Los Angeles, Dallas, New York, San Francisco, Atlanta, Seattle and Chicago. His success as a designer is highlighted by his design of the Saudi Arabian Embassy in Cairo, Egypt as well as numerous interior design projects for both corporate and residential clientele.

His firm's product line consists of distinctive furniture, lighting, carpets, fabrics, wall coverings, window treatments, accessories and fine art from some of the world's leading manufacturers and artists including Bolier & Company, CCB Bronze, Councill, DeGarrio, Fine Art Lamps, GABO, Hancock & Moore, Ironware International, JANUS et Cie, Jessica Charles, Kravet, Libeco Lagae, Niedermaier, R. Jones, Richard Ray, Soicher Marin, Stone Yard, and Woodland. Examples of most of these brands can be viewed in RGID's recently opened 3,000 ft Showroom and Design Studio in North Hills.



#### 3611 — FAMILY ROOM

Ah, the family room--what better room in the home to sit back and relax, enjoy each others' company or cocoon from life's everyday pressures. The theme of the room is "back to the classics" and is appropriately dedicated to the Woman's Club of Raleigh — an organization whose philanthropic, social and civic activities serve to better our community.

As your eyes scan the room, you will notice elements that capture the feel of a bygone era while using the latest in design and state-of-the-art technology to showcase our modern human acheivements. A monochromatic color scheme brings the senses back to the timeless beauty of Hollywood while dark hardwoods are employed as the

#### RESOURCES

Audio Designs of Raleigh: 46" XBR Hi-Definition LCD TV,
Premium In-Ceiling Speakers, Blu-Ray Hi-Definition DVD
Player, ES Audio/Video Processor – All by Sony, & Subwoofer

Baker Knapp & Tubbs: Frazier Étagères - Laura Kirar Collection, Boxer Lamps - Bill Sofield Collection

Colors Unlimited of North Carolina: Custom Trim & Ceiling

Frameworks Gallery: Framing for Photos of the Stars in Larson-Juhl 12K White Gold Frame, Silk Mat & Silver Fillet

Gross Industries: White Birch Logs

Holly Hunt - Chicago: Fabric for Fulton Sofa, Leather for Cube Chairs, Material for Custom Window Shade Panels, Alfred Haus Shade Panel Track System

Jim Krueck Wallcoverings: Wallpaper Installation

Rockin' Teriors: Fireplace Mantel, Hearth & Surround Including Installation

Rodolfo Gonzales Interior Design:

Bolier & Company Cube Chairs - Macassar Ebony

**Bolier & Company** Coffee Table with Polished Stainless Steel Base & Carrera Marble Top

Bolier & Company Stools in Walnut

**Ironware International** Cassiopelia 6 Light Chandelier in Premium Silver Leaf Finish

Niedermaier Fulton Sofa in Custom Leather

Niedermaier Cinema Side Tables in Custom Stain Finish

Photos of the Stars - Collection of Six

Sew What's New: Custom Window Shade Panels

Stark Carpet: Custom Area Rug

York Wallcoverings, Inc.: Handmade Custom Wall covering in Silver Leaf by Ronald Redding Designs

Sherwin-Williams: Paint

contrast to the subtle hues of the walls, fabrics and rug. The size of the room dictates the scale of the furniture as does the need for both comfort and style. The Fulton Sofa by Niedermaier anchors the seating arrangement and is from the same line of modern classic furniture as used on the set of the Oprah Winfrey Show — yet another tribute to the success of the American Woman.

In terms of fabric, complimentary textures such as Merino wool, leather & silk are used to create a luxurious, cohesive look. This room reflects the highest degree of sophistication and aesthetics while creating a comfortable, timeless environment that will be enjoyed for years to come.

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#### ASID Designer Showhouse



Schelfe and Associates, Inc. 1838 Wake Forest Road Raleigh, NC 27608 919-832-8013 www.schelfeassociates.com

#### Marlene R. Heymer, ASID Associate Designer

Marlene Heymer is a Senior Designer and the Design & Drawing Studio Manager for Schelfe and Associates, Inc. in Raleigh, NC. She is a 2000 Kappa Omicron Nu National Honor Society graduate of Meredith College in Raleigh. There Marlene earned a Bachelor of Science degree in Interior Design with a minor in Studio Art. Prior to Meredith College, she earned her Associates in Arts degree in 1997 at Saint Mary's College in Raleigh. Marlene is a professional member of the ASID and is an active member of the Carolinas Chapter of ASID. She also volunteers her time at Meredith College mentoring interior design students.

# Caroline J. Walker, Allied Member ASID Associate Designer

Caroline is a Cum Laude graduate of both North Carolina State University and Meredith College in Raleigh, NC where she earned both a Bachelor of Art degree in Art and Design and a Bachelor of Science degree in Interior Design. As the designer of an array of design projects throughout the country, Caroline enjoys variety and has experience in all aspects of designing. Through her work at Schelfe and Associates where she is an Associate Designer, Caroline makes every effort to ensure that a client's experience with her and Schelfe and Associates as a team is one that produces a lasting association and an end product that exceed expectations. She is an allied member of the ASID working toward NCIDQ certification.

#### Sarah Foster, Allied Member ASID Associate Designer

Sarah is a 2003 Graduate of Samford University in Birmingham, Alabama with a Bachelor of Art degree in Interior Design and a Fine Art minor. After a brief period working in Colorado, she moved to Chicago, Illinois to work for the Holly Hunt Showroom in the Merchandise Mart. Sarah gained exposure to both commercial and residential design through selling textiles to the exclusive designers in and around the city. She assisted designers in selecting fabrics, leathers, and wallcoverings and helped them understand their durability and fibrous content. Prior to moving to North Carolina in April 2006, Sarah was practicing residential interior design in her hometown of Louisville, Kentucky. She is excited to be in the Triangle and working for Schelfe and Associates.



#### 3615 — FOYER & UPPER LANDING

The freshness of a summer garden inspired the foyer and upper landing spaces. The grass green trellis wallpaper and clear blue sky ceiling set the landscape, while turquoise and violet accents throughout offer vivid energy like flowers in a field. The wallpaper has a preppy edge that is distinctly modern, and the foyer has been artistically proportioned by the inclusion of two painted green bands above and below it.

On the upper landing, the repetition of the trellis wallpaper coupled with the continuation of the green walls from the foyer creates a cohesive environment by drawing the inviting feeling of the first floor up to the second floor. The stair balustrades provide an opportunity to introduce another texture and color as well as add visual interest with their undulating circle pattern.

The unique furnishings have eclectic design origins and are unified by color throughout the spaces. The curvaceous lines of the hall tree are balanced by the stark geometrics of the lacquered console, while the tufted settee adds classicism and timelessness to the overall space. The sophisticated, antique Italian glass chandelier and torchieres are one of a kind and are strong contributors to our design intent. Their design brings a feeling of spontaneity that is rich and bold, and is further supported by the subtle metallic gold faux finish within the decorative trim design on the foyer ceiling

and the striking console lamp. Modern art polishes off the spaces with engaging color, motion and depth.

We welcome you to our foyer and invite you to share in our interpretation of a Summer garden.

#### RESOURCES

Beauregard Blue Antiques: Antique Lighting

Jeanne Menefee: Area Rugs

ITC Millwork: Wood Trim, Mouldings & Stair Parts Carolina Custom Millworks: Trim Carpentry

CAN Decorative Painting: Decorative Faux Finish

Madison Fine Art & Bev's Fine Art, Inc.: Artwork

Sherwin Williams: Paint

Paint Pros, Inc.: Painting Services

Schumacher: Wallpaper

Statewide Wallcoverings: Wallpaper Installation

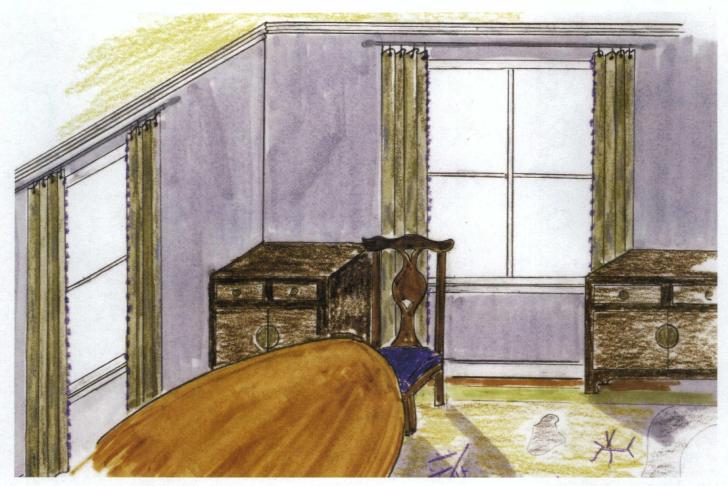
Shine Home: Console Table
Arteriors: Console Lamp

Tomlinson/Erwin-Lambeth: Settee

Hunt & Gather: Hall Tree

Schelfe and Associates, Inc.: Accessories

Special Thanks to: Ray Perkins, James Bass, Tamara Weaver, Davide Aquiar, Wendy Rigenbach & Tim Schelfe!



#### 3615 — DINING ROOM

Pairing vintage with contemporary, traditional with tribal and throwing in splashes of the unusual, the designer created a space where all can feel comfortable contributing to lively dinner parties. In the designer's mind, the owners of this townhome are a well-traveled, sophisticated pair with a sense of playfulness. A vintage Knoll conference table sets a perfect tone, especially when paired with hand-crafted, heirloom Chippendale-style chairs. Panel drapery treatments are modernized through the use of magnetic hardware, and a large colorful contemporary painting adds that needed splash of color. The size of the artwork helps to balance the off center single window. The pair of Asian chests flanking the window not only creates serving surface, but also visually lengthens the space and allows the columns to stand on their own as an architectural element. The floor-length mirror to the right of the entrance creates a diagonal alignment with the single window along with adding sparkle. It works with the painting to create balance on that end of the room.



Emily B. Walser, ASID From Start to Finish Interiors

123 Seaboard Ave Raleigh, NC 27604 919- 833-6500 www.fstfinteriors.com ewalser@fstfinteriors.com

#### RESOURCES

redpin: Accessories

Duralee Fabrics, Kravet Fabrics: Fabrics

Stark Carpet: Carpet

The Finishing Touch: Drapery work

Fred Tharrington: Chairs

Various local artists: Artwork

Heyward T Armstrong Painting: Painting Services

Sherwin-Williams: Paint

Louise Gaskill Company: Lighting

Emily Walser has a Bachelor of Science in Business from The University of North Carolina at Chapel Hill and a Bachelor of Art in Interior Design with a minor in Historic Preservation from Mount Vernon College in Washington, DC. Her personal strengths include looking at the big picture, breaking it down into its component parts and organizing these details to meet the deadlines. She prefers to create classic, clean, uncluttered and timeless interiors that are welcoming and comfortable. She is involved in a number of volunteer endeavors and actively participates in the Carolinas Chapter of ASID.

#### ASID Designer Showhouse



**Judy Pickett, FASID** Design Lines Ltd. 1611 Jones Franklin Road #101 Raleigh, NC 27606 919-852-0570 www.designlines.ltd.com

Judy Pickett founded Design Lines Ltd. 30 years ago with the goal of providing professional interior design services — and a commitment to using her knowledge and expertise to meet both the aesthetic and functional needs of her clients. She has completed projects up and down the East Coast, and her involvement with ASID extends from the local to national level. She has been a professional member of ASID since 1977. Hundreds of projects, a three-page resume, numerous awards, countless volunteer hours and a coveted ASID Fellowship later, she is still going strong and couldn't be happier with where her hard work has taken her.



#### 3615 — LIVING ROOM

"Understated is so overrated" could be the mantra for this living room filled with sumptuous color, bold lines and simple silhouettes. A true example of what happens when old (check out the 2000-year-old petrified wood table) meets new, this room exudes attitude. The ribbon vermicelli sheer at the window screens the outdoors and provides romance for anyone unfortunate enough to be on the outside looking in.

#### RESOURCES

Gabriel Menefee: Area Rug Bey's Fine Art: Art

Hand Prints on the Wall: Specialty Painting M/K Designs Los Angeles: Drapery hardware

Louise Gaskill: Pair of Lamps Currin. Pair of Chests

Bradley Hughes, Atlanta/Anna French: Pair of Chairs

Matt Decell, Charleston: Custom Console

Swaim/Kravet fabric: Sofa

Century/S. Harris fabric: Carved Chair

Century: Oval backed chair

Beacon Hill: Drapery fabric

Louis Mittman/Stroheim fabric: Bench

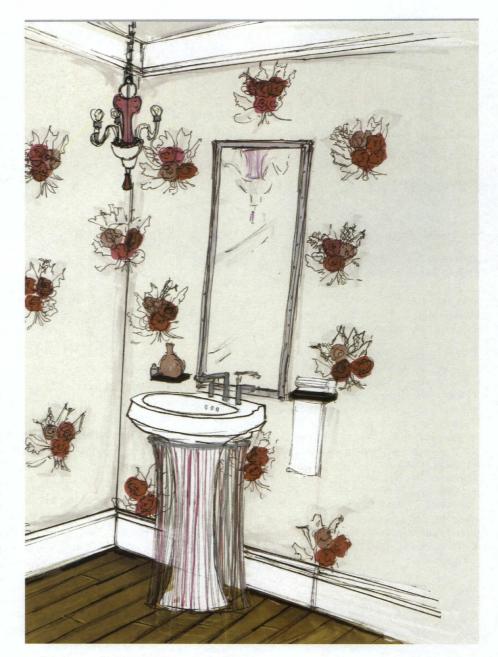
Antiques and Interiors: Petrified wood table

Sherwin-Williams: Paint



Brittany Ruch, Allied Member ASID Design Lines, Ltd. 1611 Jones Franklin Road #101 Raleigh, NC 27606 919-852-0570 www.designlinesltd.com

After graduating from Brigham Young University-Idaho in 2007 with an Interior Design degree, Brittany stepped immediately into her professional career at Design Lines. Having done an internship with the company the previous summer, the culture shock was not too big for the Illinois native. The permanent relocation fully introduced Brittany to her nowbeloved North Carolina, where she pursues her twin loves of sketching and antiquing. She continues to expand her design vocabulary by seeking out-of-the-way sources and immersing herself in the culture of the South. Brittany secretly hopes that designing for the show house will move her one step closer to becoming a Southern Belle.



#### 3615 — POWDER ROOM

A graphic accent rug serves as the perfect entree into a refreshing powder room splashed with the bold colors and gracious scale of the European wallpaper. The stark white fixtures, along with the metal beading around the sink cascading to the floor, extend a clean crispness and emphasize the verticality of the space. A vintage linen towel collection hangs artfully above the water closet, adding a hint of history and a dash of humanity. The custom lighting reflected in the simple, silver-leafed mirror wraps everything together in an envelope of hospitality sure to generate conversation.

#### RESOURCES

Cole & Son; Susan Petrie: Wallcovering and Installation Louise Gaskill Company: Lighting Shimmer Screen from BCM Architectural: Metal Beading ICI Paint: Painting services

Sherwin-Williams: Paint

Felipe Gonzales Paint Co.: Vestibule Painting Services

NIBA Rugs: Vestibule Rug Design Lines, Ltd.: Accessories

#### ASID Designer Showhouse



Angela Pence, ASID Angela Pence Interior Design, LLC. 1420 Unit E Brookside Drive Raleigh, NC 27614

919-413-5699

www.angelapenceinteriordesign.com

Angela Pence is a Cum Laude graduate of Meredith College where she was a member of the Kappa Omicron Nu Honor Society. While at Meredith she earned her Bachelor of Art in Interior Design with a minor in Business Management and Art. Pence is an active chapter member of ASID and is certified by the National Council of Interior Designers, NCIDQ. Angela has over seven years of interior design experience. The goal of every project her company, Angela Pence Interior Design, LLC, undertakes is to create distinct interiors, which improve the experience and quality of life. Each project is unique on its own, and the relationship is tailored to meet the individual goals of the project.



#### 3615 — MASTER BEDROOM

The master bedroom conveys a soft, flowing atmosphere that is pleasing to the eye. It is a retreat intended to sooth and make the problems of everyday life disappear. The soft blush color provides light and interest while keeping the fresh feeling. Neutrals add to the calming ambience, and the draperies and bedding supply a peaceful aspect to the room. The accent wall and faux finishing on the ceiling provide visual interest without being too overwhelming while the lighting keeps the room attractive to the skin tones. A mirrored bed and complimentary wallcovering act as the room's anchor and focal point as the shimmery effect of the materials contrast with the blush paint color. Textured draperies lend a flowing feel similar to a ball gown.

Dramatic abstract paintings and antique pieces are balanced by a serene color palette of sensible and timeless colors. Antique buyer Betsy Hayes, of Peacock Alley in Chapel Hill, selected pieces to balance the room's formalness and transitional aspects. Her attention to detail ensures that the room maintains a sophisticated simplicity and allows the bed and antiques to be center stage.

The modello in the master bath ceiling unites the bedroom and bathroom. The pattern was pulled from the master bedroom wallcovering to visually allow the eye to enlarge the space in the master bath, and incorporate color, scale, balance and function in both rooms.

#### RESOURCES

Peacock Alley, Chapel Hill, NC; Original Mattress Mactory: Bedding

custom oil paintings; Rosthenbam fine art, The Frame Warehouse Strickland Road Raleigh: Artwork

Duralee/Highland Court; Schumacher, Robert Allen, Houles
Trim: Fabrics

Peacock Alley Antiques, Julian Chichester; Duralee Fine Furniture: Furniture

Romo Wallcovering, Parrish's Wallcovering: Wallcoverings Louise Gaskill, Fine Art Lamps, Arteriors: Lamps and Chandliers

Masterlooms: Flooring and Rugs

CRJ Specialties; Curtis Ray: Painting Services

Sherwin-Williams: Paint

Special Thanks: Peacock Alley; Stone and Tile Creations; TC Artworks Design Studio; CRJ Specialties; B&T Expedite and Delivery Service



Lauren Bishop Meredith College ASID Student Member Intern Design Lines, Ltd. 1611 Jones Franklin Road #101 Raleigh, NC 27606 919-852-0570 www.designlines.ltd.com

After graduating with honors from North Carolina State University with a degree in art + design, Lauren Bishop is finishing a second degree at Meredith College in interior design. Since being at Meredith, Bishop has enjoyed being involved with the student chapter of ASID and working on the 2008 Designer Showhouse. She has completed internships in commercial design at Storr Office Environments and in retail at Katherine's Furniture and Interiors. Bishop is currently interning at Design Lines, Ltd. where she will continue working after graduation.

#### **ASID Meredith Statement**

The Meredith College Chapter of ASID strives to educate, encourage and enhance the learning experience of each student. Our chapter provides accessibility to professional mentors and programs giving students a head start in the interior design business. The chapter offers the opportunity of gaining service hours in projects that pertain to our interests in design while providing meaningful aid in our communities. Throughout the year, ASID is available to Meredith's students for support and guidance leading them into successful, creative careers.

#### RESOURCES

The Closet Factory – Suzanne Pail: Cabinets
BSH Home Appliances – Gary Booth: Washer and Dryer
eBay, recovered with Pindler & Pindler fabric: Tulip Chair
Fire Farm Lighting: Retrofit Light Shade
Sherwin-Williams: Paint



#### 3615 — LAUNDRY ROOM

In an effort to create an organized, efficient and pleasant room to work in, the designer tried to liven up the laundry room by creating artwork that used the function of the room itself as inspiration. By distorting the scale and color, ordinary objects like clothespins become fun and playful. Colors like orange and blue (commonly found on detergent containers) help energize the space, while the light-colored walls keep it from feeling cramped. With the work surface and storage, the room goes beyond laundry and becomes an ideal place for sewing, crafting, etc.

#### ASID Designer Showhouse



Linda Dickerson, Allied Member ASID Linda Dickerson Interiors

3401 University Drive Durham, NC 27707 919-403-1433 Linda.Dickerson@verizon.net www.lindadickerson.citysearch.com

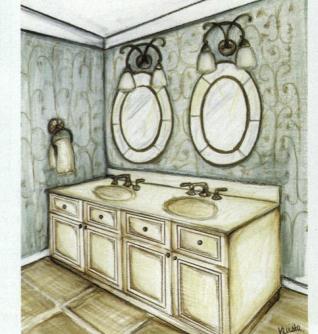
Linda Dickerson is a graduate of the Harrington Institute of Interior Design in Chicago. Her work has been featured in Southern Living, as well as numerous local publications, and she won the Better Living Award for her interior design of the Hope Plantation house in Treyburn. In 2006, Dickerson was voted "Best Interior Designer" by the readers of the Herald Sun and Chapel Hill Herald newspapers. Dickerson is an Allied Member of ASID. She has worked as a designer in the Triangle for 27 years and has been president of her own firm and retail shop since 1991. Dickerson's design philosophy is to listen closely to her clients' needs and desires, then design spaces that are not only beautiful, but also practical, comfortable, classic and unique.



#### 3615 — GUEST ROOM & BATH

Every inch of space was utilized in this small guest room and bath to create a comfortable yet practical room to retreat to at the end of the day. The designer started with a beautiful oriental rug in soft restful colors. Warm creamy-yellows and blue-grays were chosen as the backdrop for the rooms, and creamy-white furnishings were added to keep the spaces from looking too heavy. Wooden furniture pieces were placed to add richness and to ground the room while various fabrics offer a splash of texture, design and color. Window treatments were kept light and airy, and delicate decorative faux finishing was added to the furnishings, as well as the bathroom cabinet. The upholstered headboard invites one to relax and read, and the chandelier adds an elegant touch. French Country design is evident in this space, (with added touches of shabby chic, a

vintage chair and some unexpected contemporary accents) to create a classic, comfortable and cozy room.



#### RESOURCES

Fargo Hanna Oriental Rug Gallery, Durham: Area Rug

Hansell Painting Co., Durham: Painting Services

Sherwin-Williams: Paint

Harmon Wallcovering, Hillsborough: Wallpaper Installation

Wiltshire Jones, Mebane: Decorative Faux Painting

Kravet, Duralee, Highland Court, Silk Loom, Sunsilks, Robert Allen: Fabrics and Trims

Seabrook: Wallpaper

Marianna Imports (through Linda Dickerson Interiors): Bench

Ferguson Bath, Kitchen, and Lighting Gallery, Carrboro: Plumbing Fixtures and Accessories

Pine State Electric, Durham: Chandelier and Bath Lighting

Nix Upholstery, Durham: Upholstery

The Cottage Shop, Chapel Hill: Bedding and Bath Accessories

Linda Dickerson Interiors retail shop and design studio, Durham: Furniture, Art,

Accessories, Window Treatments, Custom Bedding

Thoa Finkelstein and Barbara Heagren: Seamstresses

Lark Home/Apparel, Chapel Hill: Ladies clothing and accessories

Brimar: Drapery Hardware

Special Thanks to: Christine Dingman and Agnes Ragsdale of Linda Dickerson Interiors, and Krista Radspinner, rendering artist



#### 3615 — BEDROOM 3

Work IN – Work OUT is this room's theme. Cool yellows and classic medium grays accent the stark white elements that dress this space for success — and it quickly becomes clear that this is a special retreat where goals can be set and just as easily met. It is a performance-based space, yet it serves equally well as a reward any time of day when you just need to get away. The thinking behind this resourceful room could be adapted to any residence where form and function must work hand in hand. The attached bathroom further enhances the function of the space with heightened color and texture.



## Molly Simmons, ASID Design Lines Ltd.

1611 Jones Franklin Road #101 Raleigh, NC 27606 919-852-0570 www.designlinesltd.com

Molly Simmons is a 1990 graduate of East Carolina University and has been a professional member of ASID since 1995. After working in Atlanta for three years, Simmons returned to her home state of North Carolina and joined the Design Lines team in 1993. Her projects have included new construction and remodels and both commercial and residential designs. She enjoys meeting with clients and researching projects, and she savors the time she spends visiting showrooms, gathering resources and generating her creative brainstorms. She also gladly gives back to her profession and her community, working with the American Cancer Society and the Carolinas Chapter of ASID.

#### RESOURCES

Sherwin-Williams: Paint

red egg; Robert Allen: Daybed and Daybed Fabric

Stanford; Old World Weavers: Upholstered chair and fabric

Schumacher and Sanderson: Drapery

Lundy's: Drapery Rod

Visual Comfort and Robert Abbey: Light Fixtures

Hunter Douglas: Mesh Window Shades

John Richards: Chest
OLY Studio: Etegere

CB2: Lucite Lap Top table

Home Fitness, Inc.: Exercise Equipment

Fibreworks: Sisal Floorcovering

NeuWave systems: Television with DVD

Stray Dog; Antiques & Interiors: Accessories

Design Surfaces: Bathroom Vanity Countertop & Sink

ROMO Designs: Bathroom Wallpaper

Robert Allen: Bathroom Shower Curtain fabric

Visual Comfort: Bathroom Sconce Vivaterra: Bathroom Rock Rug Sherwin-Williams: Bathroom Paint

#### ASID Designer Showhouse



#### 3615 — KITCHEN AND BREAKFAST NOOK

Since the kitchen is the most social room of a home, the correct combination of functionality and aesthetics were key. This European-inspired space incorporates stylized traditional accents into an elegant yet comfortable kitchen and breakfast nook for anyone to enjoy. Custom cabinetry by Dura Supreme featuring beaded inset doors with a paint and glaze application, further emphasizes the European elements. The custom wood hood was faux finished to provide that perfect finishing touch.



#### Rebekah Lindsey, Allied Member ASID Carolina Kitchen Studios

Peachtree Market 7440-16 Six Forks Rd Raleigh, NC 27615 919-870-9202 www.carolinakitchens.com

#### PECULIPCES

Dura Supreme in Antique White Paint Finish with Espresso Glaze: Custom Cabinetry

Botticino Semi-Classico Marble: Perimeter Countertops

Custom Wood Top by J Thompson Tops: Island Countertop

Galleria by Amerock: Hardware

Mosaic Tile Co.: Backsplash Tile

Woodbridge Furniture Co.: Hutch

David Thomas & Associates: Table & Chairs

David Thomas & Associates: Chandelier

David Thomas & Associates: Draperies

Bev's Fine Art: Artwork

Appliance World: Appliances

Byron Boyles Painting and Power Washing: Painting

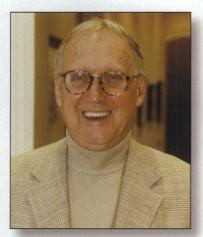
Dermot Corkery: Installation & Carpentry

Rebekah Lindsey is a 2005 graduate of East Carolina University's Interior Design program. Her ability to interpret her clients' needs results in designs that not only suit the home's architecture and clients' personal taste, but also allows for functionality and savvy solutions. Her attention to detail and intuitiveness also sets her apart. Rebekah is a designer with Carolina Kitchen Studios located in Raleigh, NC, and is a member of ASID, the SEN Design Group, and NKBA.



#### 3615 — FAMILY ROOM

The family room was designed to have a comfortable, stylized traditional mood with a European flavor. From the stone mantle to the muslin upholstery, David Thomas has combined classical and current elements to achieve this fresh look. A sense of warmth and depth is created through his layering of fabrics and materials of different textures. The neutral color pallet consisting of soft grays, greens and blues combined with natural wood tones further enhances the soothing and relaxing atmosphere of the space.



David Thomas, ASID
David Thomas & Associates Inc.

Peachtree Market 7440-14 Six Forks Road Raleigh, NC 27615 919-870-5575 www.DTADesignGroup.com

#### RESOURCES

Unique Fireplace Mantles: Fireplace Mantle Currey & Company: Chandelier & Lamps

International Silk: Fabrics

David Thomas & Associates: Upholstery

David Thomas & Associates: Paintings, prints, mirrors and accessories

David Thomas & Associates: Rug Woodbridge: Coffee Table and End Tables

David Thomas & Associates: Console

David Thomas & Associates (custom): Drink Table

David Thomas & Associates: Plant & Planter

NeuWave: Flat screen TV Byron Boyles: Painter

French Market: Fabrics

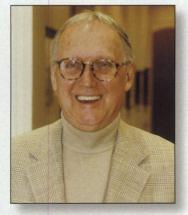
David Thomas is an award-winning, international designer. He graduated from the University of Toronto with separate degrees in Interior Design and Architecture. Formerly based in Toronto, he has been in Raleigh for the last 14 years specializing in residential design.



Rodolfo Gonzales Allied Member ASID Rodolfo Gonzales Interior Design

4381-105 Lassiter at North Hills Avenue Raleigh, NC 27609 919-573-4010 rodolfo@rodolfogonzales.com www.rodolfogonzales.com

See Designer Bio on page 33



David Thomas, ASID
David Thomas & Associates Inc.

Peachtree Market 7440-14 Six Forks Road Raleigh, NC 27615 919-870-5575 www.DTADesignGroup.com

See Designer Bio on page 43

#### **RESOURCES: 3611 COURTYARD**

Sew What's New: Custom sofa ottoman cushions
JANUS et Cie via RGID: Amalfi deep tuxedo sofa
JANUS et Cie via RGID: Amalfi low ottomans
JANUS et Cie via RGID: Pineapple table
JANUS et Cie via RGID: Jackson lounge chair
STONE YARD, INC via RGID: Planters

#### **RESOURCES: 3615 COURTYARD**

Summer Classics: Patio furniture, table, umbrella and outdoor lighting

David Thomas & Associates: Patio fountain, plants and planters



#### 3611 — THE COURTYARD

Sophisticated relaxation is the primary theme driving Rodolfo Gonzales' design of the 3611 courtyard. Today's town home residents use their outdoor spaces as an extension of their home to entertain not only themselves but their guests as well. Furnishings include a more formal yet comfortable Amalfi sofa, two ottomans in stainless steel frames and custom designed cushions in outdoor Sunbrella fabric. Stylish planters are placed around the courtyard to create serenity only achievable with the assistance of Mother Nature. Residents and guests alike transition seamlessly between the Courtyard and the Family Room while enjoying the comfort & unique style offered by both.

#### 3615 — THE COURTYARD

The courtyard, like the family room, was designed to have a blend of European and stylized traditional elements. David Thomas has created a sophisticated yet comfortable space for the outdoors to be enjoyed by calling on the senses of sight, sound and touch. With the restful sound of the fountain, the soft color pallet of taupes and blues and the warmth of natural materials, he set the tone for relaxation. Thomas also wanted to maximize the function and versatility of the space. The stone top table and surrounding comfortable chairs provides the perfect setting for dining, entertaining or reading a book. The design in the courtyard has blurred the division between the indoors and the outside, creating an intimate and enjoyable space for all.



#### **WCR 2008 ASID DESIGNER SHOWHOUSE**

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#### THE 2008 AIA AWARDS FOR DESIGN EXCELLENCE

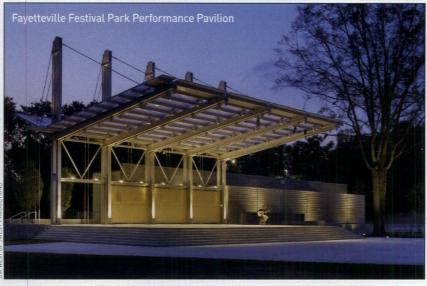
he 2008 American Institute of Architects (AIA) Triangle Design Awards were announced April 29 at the Awards Reception and Lecture held at the Contemporary Art Museum (CAM) at 409 W. Martin St. in Downtown Raleigh. The event featured a lecture by Robert Hull, FAIA, principal in the Seattle-based firm The Miller/Hull Partnership, LLP, a precedent-setting contemporary architecture firm. In 2003, the firm was recognized as AIA Firm of the Year, considered the high-

The AIA Triangle Design Awards ceremony is the culmination of an extensive process of submission and evaluation of architectural projects defined by category: Built, Unbuilt Commissioned, Interior, Preservation/Renovation, and Detail. Not all categories are represented in each year's awards.

The 2008 AIA Triangle Design Awards, both Honor and Merit, recognize an array of projects in diverse settings. This year's award-winning submissions include two Owner or Developer: City of Fayetteville General Contractor/Builder: Ellis Walker Builders

Significant Consultants: Fleming and Associates Consulting Engineers, Sanford White Associates Consulting Engineers Photography: Jim West of JWest Productions

The Fayetteville Festival Park Performance Pavilion is an outdoor multi-use performance space. The Pavilion is a covered, elevated stage designed to appear in its Festival Park setting adjacent to downtown as an architectural folly with a view of existing trees through the stage. Occupying a decontaminated site bordered by a major thoroughfare, an active rail line and a two-lane city street, the Pavilion fulfills the demand for conveniently located outdoor multi-use performance space.



est honor an architectural firm can achieve.

The AIA Triangle Section serves architecture professionals in this area by expressing their commitment to excellence in design and improving the quality and livability of the built environment. The 680strong volunteer organization draws its membership from a 10 county area that includes Wake, Durham, Orange, Lee, Chatham, Franklin, Warren, Vance, Granville and Person Counties. The group seeks to increase the participation and recognition of architects and associate members and to encourage members to become more involved in their professional organization's programs and their individual communities.

Built Honor Awards, the Fayetteville Festival Park Performance Pavilion in Fayetteville, and the Webb Dotti Residence in Chapel Hill. Four Merit Awards include projects in the following categories: the Unbuilt Commissioned District of Columbia Public Library: New Anacostia Neighborhood Library; the Built Beanie + Cecil Children's Store in Downtown Raleigh; the Interior 101 Bistro and Lounge in Downtown Raleigh; and the Preservation/Renovation Halle Cultural Arts Center of Apex in Apex.

#### **HONOR AWARD BUILT**

**Architect or Firm:** Pearce Brinkley Cease + Lee in association with SFL + a Architects

#### **HONOR AWARD BUILT**

Architect or Firm: Gomes + Staub Owner or Developer: Frank Webb & Francesca Dotti

rialicesca Dolli

General Contractor/Builder: LE Meyers

Builders

**Significant Consultants:** Stroud, Pence & Associates/Structural; Capital Engineering/Mechanical

Photography: John M. Hall

The Webb Dotti House in Chapel Hill occupies an infill site in an older suburban neighborhood with a street corridor below on an axis with the slope face of the lot. The house is conceived of in two sections, the eastern house of one level containing the family living spaces and the western house of two levels containing bedrooms. The arrangement of the two houses on a long sloping lot defines the homes' two exterior spaces, the garden terrace to the south and the automobile court on the north. Materials are gray concrete masonry walls, smooth toweled concrete slabs, and pre-cast parking stops where the construction meets the earth. Cypress siding, steel

roofing and copings cap the volumes, while aluminum corner reveals and window frames trace edges.

### MERIT AWARD UNBUILT COMMISSIONED

Architect or Firm: The Freelon Group Architects in association with R. McGhee & Associates

Owner or Developer: District of Columbia Public Library

Significant Consultants: Delon Hampton and Associates, Chartered; John J. Christie and Associates, PC; Lappas and Havener, PA; Peter Liu Associates, Inc.; SC Myers & Associates

The Anacostia Neighborhood Library, a 23,000-square-foot facility in Southeast Washington, DC, is conceived of as a library in a park-like setting. In addition to preserving significant green space in one of the District's oldest historic neighborhoods, the library features a parallelogram footprint that spans the site from south to north. It forms a strong visual link between the neighborhood's main artery, Good Hope Avenue, and the lowrise residential neighborhoods to the north, east and west. The tall one-and-a-half story building features a large veil-like roof intended to provide a shelter and sense of community.

#### **MERIT AWARD BUILT**

**Architect or Firm:** Kenneth E. Hobgood, architects

**Owner or Developer:** Alex Henriquez and Haley Thornhill

**General Contractor/Builder:** Greenlight Productions, Inc.

Photographer: Kenneth E. Hobgood, architects

The Beanie + Cecil Children's Store in Downtown Raleigh is reminiscent of a child's three-dimensional wooden puzzle. The primary architectural element is a 54 foot long by 2.5 foot thick panelized plywood wall that anchors the smaller wooden elements and provides a place for both retail display and concealed back-inventory storage. The office is treated as a built-in desk behind the 'L' shaped slate chalkboard wall.

#### **MERIT AWARD INTERIOR**

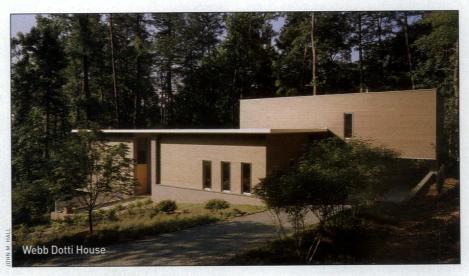
Architect or Firm: Vernacular Studio
Owner or Developer: Team 2 Ventures
General Contractor: Langford Construction
Company

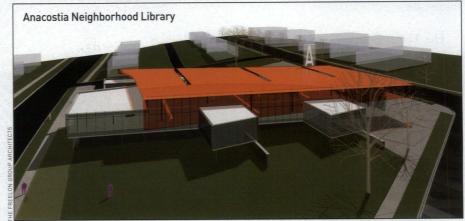
**Structural Engineers:** Kaydos-Daniels Engineers, PLLC

Significant Consultants: Xylem, Inc. (Millwork); Atlantic Engineers, PA/PM&E Photography: Mark Herboth

The 101 Bistro and Lounge in Down-

town Raleigh is a transformed 2000-squarefoot, two-story residential condo shell functioning as a bistro, bar, lounge and even conference space. The lower level of 101 functions primarily to serve the daytime quick







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service breakfast and lunch crowds with an interior aesthetic dominated by clean lines and variations of white tones. The second level of 101 reinvents itself for private night-time clientele. Brazilian cherry millwork elements and earth-toned finishes warm the bar/lounge area, and a variation in millwork planes define and differentiate the lounge area. The upstairs is wrapped in wood planes to conceal the multitude of plumbing and mechanical utilities.

MERIT AWARD
PRESERVATION/RENOVATION

Architect or Firm: Clearscapes

Owner or Developer: Town of Apex

General Contactor/Builder: Progressive
Contracting Company, Inc.

Structural Engineering: Lysaght and Associates Significant Consultants: Sigma Engineered

Solutions P/M/E/FA

**Photography:** Jerry Blow Architectural Photography

The Halle Cultural Arts Center of Apex, constructed in 1915 as the Old Town Hall, has served as a multi-purpose building housing a farmers' market, jail, mayor's office and auditorium. The community's desire to preserve this important building, with its fond associations with sock hops, weekend matinees and town meetings, led to its preservation and expansion. Two modest additions and a series of interventions within the existing structure allow a connection between the Old Town Hall and an adjacent building, creating vertical circulation and egress for the auditorium. A series of stainless steel and glass elements designed, fabricated and installed by the design team highlights the major public spaces. Four incandescent chandeliers in the stair and upper lobby, visible from the street, accentuate the warmth of the building's interior and cast intricate patterns on the ceiling of the space.

#### THE ISOSCELES AWARD

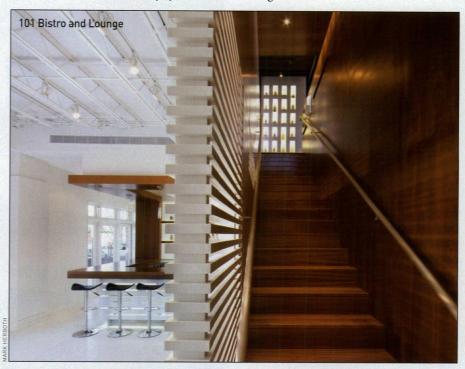
Clancy & Theys Construction Company

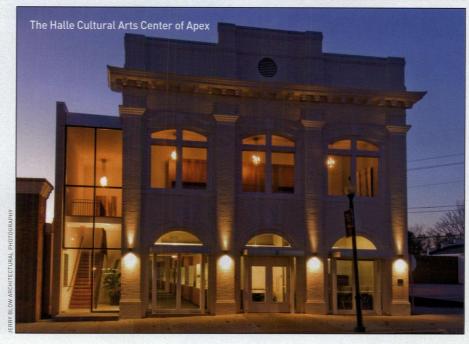
Each year the AIA Triangle honors an individual, association or company that, in collaboration with the AIA Triangle members, has made a significant contribution to the improvement of the built environment or the architectural profession. The winner of the 2008 award is the Raleigh-based construction firm Clancy & Theys. Founded in 1949 by

brothers-in-law EI Clancy and John Theys, the company soon progressed from building post-World War II housing to commercial construction, particularly public projects such as schools, colleges and universities. Work with the Research Triangle Park led the company to a new specialty, the construction of offices and research and development facilities. During the last 10 years, Clancy & Theys has broadened its renovation expertise, honed its skill in team-based delivery systems and

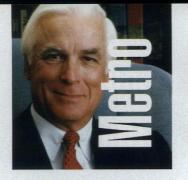
maintained a mix of public and private contracts. The firm is noted for a high standard of fairness, quality workmanship and competitive pricing.

Hurrah for the AIA Triangle 2008 Design Awards for showcasing the talents and capabilities of our region's professional designers and builders, city government and private individuals and their strong commitment to community aesthetics and wellbeing.





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# Editor-at-Large by Jim Leutze

#### **BEACH HOUSES ON THE MOVE: CRC PONDERS NEW REGS**

here is a lot going on, or not going on, at the beach. For months the NC Coastal Resources Commission (CRC) has been discussing ocean setback rules, and for years they have been discussing sandbags. Now it looks like changes are about to come. I serve on the Commission.

Before talking about setback rules, let me say why the CRC cares or has a say about where you build your house. This explanation is necessary since people often express surprise and/or resentment when they are told they must abide by setback rules. In the first place, since 1979 North Carolina has tried to rationalize or bring order to the way in which our beaches are managed. One issue was giving all homeowners equal access and views from their oceanfront homes. If one person puts his home too far in front of his neighbor, it obstructs ocean views and, thereby, gives an unfair advantage. But there are much more substantial reasons for rationalizing beachfront building.

In the first place, it needs to be recognized that our beaches are eroding. Although the rate varies from beach to beach, and even along the

same beach, on average the erosion is 2 feet per year. Therefore, it was decided that the setback should be 60 feet, thus assuming that the house would be safe for 30 years. I've never known why 30 years was chosen, but it may not have been a coincidence that most homeowners at that time had 30-year mortgages. Banks might be less inclined to mortgage homes that were likely to wash away before the mortgage was paid off. In any case, 60 feet was the setback agreed upon.

There are other rationales for putting houses 60 feet from the encroaching ocean other than recognizing that the beaches are eroding at 2 feet per year. One reason is people on beaches buy flood insurance that is underwritten in part (an increasingly small part) by federal dollars, which means that everyone has a stake in them. In other words, if the beachfront homeowner were paying 100 percent of the insurance and, thereby, insuring that the cost of replacement would be shouldered solely by them, the public would have less interest in what happened than they do in the current situation. "Less" interest but not "no" interest since the other major reason why the state has a role to play in these matters is that a house torn apart by a storm becomes a threat to neighboring houses. Boards and beams become battering rams carried by wind and waves. Consequently, the CRC is empowered to make a judgment about safe setback distances.

But 60 feet from what? In trying to find a fair and consistent line to draw in the sand, it was decided that the "static vegetation line" would do. When first decided, in many cases reasonable people could agree on where the static line of vegetation was. However, over time with the results of storms and beach nourishment factored in, it became very hard in many instances to be absolutely sure about where the static line of vegetation actually was. For people owning lots, particularly on renourished beaches, it was very galling to be told they couldn't build because the static vegetation had been pushed far inland by hurricanes.

Needless to say, communities with many of those lots were also unhappy to lose potentially taxable property. Consequently, the Division of Coastal Management decided to "provide relief for towns which have static lines that represent a vegetation line that has been transferred landward (in some cases by hundreds of feet) by recent hurricane or storm events." This decision provided relief for many beachfront lot owners, particularly on Oak Island and Ocean Isle Beach. But the decision angered some conservationists.

When the setback rules were first adopted, beach houses tended to be relatively small, single structures. If they had to be moved back, there were places to site them, and the actual move was a fairly simple matter. Needless to point out, things have changed; beach communities are more built up and houses are larger — much larger in some cases. So it seemed a good idea to adjust to the current situation. The proposed new rules are for a graduated setback, regardless of whether the structure is single-family, multi-family or commercial. All structures of less than 5000 square feet remain at 30 times the erosion rate.

But if the structure is more than 5000 square feet, the setback is 60 times the erosion rate, or 120 feet. The setback increases in increments of five as the total square footage increases until reaching the maximum of 90 times the erosion rate, or 180 feet for structures equal to or greater than 100,000 square feet. These changes go to public hearing shortly.

Now to the sandbags. Beginning in the mid-1980s, the CRC began writing permits for sand-

bags in front of homes threatened by erosion. The permits were for two or five years and were intended to give a short period of time to relocate the house, or until the effects of short-term erosion could be reversed, or to have the beach renourished. Years passed — not two to five years, but 10 or 15 years, and each time the permit expired, the owner would appear before the Commission and we, moved by their plight, would grant an extension. Finally, last year the Commission ruled that we really, really meant it this time; in May 2008, the bags whose permits had expired had to come out.

Sure enough, at our next meeting several owners who owned outof-date sandbags appealed for extensions. One case appeared to have true extenuating circumstances and a permit was issued; the other request was turned down. Nobody feels good about issuing a death warrant for a house, but that's why you pay the Commission the big bucks.

The next day the Commission was advised that several new permits were being issued for threatened homes. Huh!? That's right, the state is still issuing new two-year permits when there is very little realistic chance the beach will be renourished or the house will be moved back. Does this make sense? To some on the Commission, it raised, at the very least, serious concern and the very likely possibility that "temporary" sandbags are going to be with us for a long, long time. Wouldn't it be wiser to begin considering and presenting the General Assembly with some other options? A committee has been formed. Stay tuned.



ASSURED CONSTRUCTION

BENCHMARK HOMES

BETTOM BUILDERS

BLUESTONE BUILDERS

BOCK CONSTRUCTION

COOPER & ROCK

CUSTOM LIVING

SUNDANCE DEVELOPMENT COMPANY

H.J. MORRIS CONSTRUCTION

J. DAVID PAYNE BUILDER

NEW CLASSIC BUILDERS

STEVE GRAY BUILDER

COLLINS & COLLINS

TED KEITH BUILDERS

TRELLIS HOMES

NORTH CAROLINA CONTRACTING COMPANY

# The Relationship We Share With Our Builders Is Built On Our Mutual Admiration For The Environment.

For years, Contentnea Creek Development
Company has been assembling an impressive
team of the area's most respected builders,
designed some of the finest communities
around, and developed a great relationship
with mother nature. We're proud of all these
things, especially the builders who share our
philosophy of environmental responsibility. It
just goes to show, that by working together
for a common goal, we can make a difference.

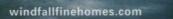


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The annual Taste of Durham Festival offers a unique venue for international and cultural entertainment, including local artists, musicians, area restaurant sampling and activities for children, May 24, Imperial Center surrounding Winchester Place in Durham. (See Preview Potpourri for details.)



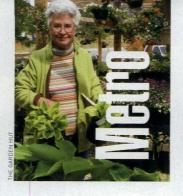
Tony Trischka and Béla Fleck share the stage for a rare performance of twin-banjo bluegrass sponsored by PineCone, Meymandi Concert Hall, Raleigh, May 17. (See Preview Pop Music for details.)

Kickin Back at the Vineyard: Live bluegrass by Kickin Grass, Digger Foot and the Flat Mountain Dulcimers, wine tasting, arts & crafts, food, raffles, games and door prizes; Hinnant Family Vineyards and Winery in Pine Level. (See Preview Potpourri for details.)



# Openings





# Preview

by Mary Ward Boerner

#### MAY WARMS UP WITH SUMMER EVENTS

#### GALLERIES

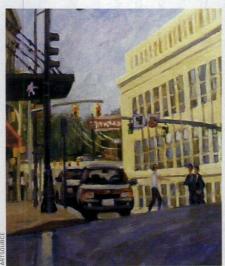
WALK IN THE WOODS — TURNED WOOD BY PAT LLOYD AND PAINTINGS BY JUDE LOBE: The Hillsborough Gallery of the Arts, Hillsborough; Thru May 24. Contact 919-732-5001 or www.hillsboroughgallery.com.

LYNN BOGGESS, NEW PAINTINGS: Tyndall Galleries, Chapel Hill; Thru May 24. Contact 919-942-2290.

RUSSIAN SPIRIT: Traditions & attributes of Russian land in oils by 15 contemporary artists; Russian Art Gallery, Cary; Thru May 31. Contact 919-468-1800 or www.RussianArt.us.com.



Untitled #1 by Rachel Herrick will be on view in the ArtSpace Lobby during "Rescue," an exhibition of new works by the artist, May 2-31 (Opening Reception May 2).



Painting on location around the Five Points area of Raleigh, participants will learn techniques for plein air painting from North Carolina artist Mike Rooney, Artist's Workshop at ArtSource Five Points, May 2 & 3.

GILGAMESH & THE GARDENS: Featuring work by Mary Beth Blackwell-Chapman and Marriott Little depicting and reflecting upon the ancient story of Gilgamesh; Long View Gallery, Raleigh; Thru May 24. Contact 919-828-6500 or www.thecollectorsgallery.com.

THE IMPORTANCE OF PLACE — IMAGES FROM NEAR AND FAR BY RUSSELL GORGA: Miriam Preston Block Art Gallery at the Avery C. Upchurch Government Complex, Raleigh; Thru June 10. Contact 919-890-3610.

**POP1:** New work by gallery artists including Brenda Behr, Jennifer Crowell, Mike Rooney and others; Carolina Creations Fine Art & Contemporary Craft Gallery, New Bern; Thru June 30. Contact 252-633-4369 or www.carolinacreations.com.

WATERCOLOR WORKS BY MARY NORMAN HAMBIDGE: Nature Art Gallery at the NC Museum of Natural Sciences, Raleigh; May 2-June 1. Call 919-733-7450.

PLEIN AIR ARTISTS WORKSHOP WITH MIKE ROONEY: ArtSource Five Points, Raleigh; May 2 & 3. Contact 919-787-9533 or www.artsource-raleigh.com.

CITY BY THE BAY AND OTHER NEW WORKS BY JOAN VAN-DERMEER: Mad Hatter Bake Shop & Café, Durham; May 6- June 15. Contact 919-286-1987.

SMOKE & FIRE II RAKU SHOW: Featuring works by Carolyn Curran, Brian Evans, Chris Moses, Andrew Berends, Candace Young, Brenda Townsend and more; Carolina Creations Fine Art & Contemporary Craft Gallery, New Bern; May 9-June 23 (ArtWalk and Opening Reception May 9). Contact 252-633-4369 or www.carolinacreations.com.

ERIC MCRAY - PASSION FLOWER: Gallery A, Raleigh;

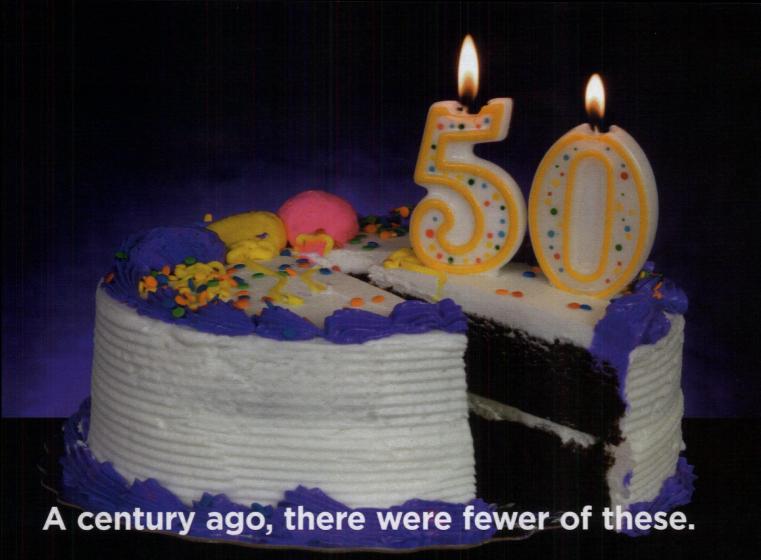


Birdpeck Crabapple Pot, turned wood, by Pat Lloyd is on view at The Hillsborough Gallery of Arts through May 24.



Works by painter and sculptor Vadim Bora will be on view during a one-artist show at The Russian Art Gallery in Cary, May 16-31 (Opening Reception May 16).

MAY 2008 METROMAGAZINE



A century ago, the average life expectancy in eastern North Carolina was 47 years. Today, thanks in part to life-changing advances made in health sciences at East Carolina University, people are living longer, more fulfilling lives.

A century ago, doctors sought new and successful methods of treatment in health care. Today, East Carolina is known for groundbreaking feats in robotic heart surgery, treatments for diabetes and obesity, and state-of-the-art telemedicine.

A century ago, many eastern North Carolina communities had limited access to adequate health care. Today, East Carolina is bridging the gaps in geographic and ethnic health disparities by health-care professionals who choose to work in our communities in expanded facilities and primary care services.

A century ago, there was great excitement about East Carolina.

There still is. Tomorrow starts here.



May 16-June 30 (Opening Reception May 16). Contact 919-546-9011 or www.gallerya-nc.com.

CATHY KIFFNEY — SPRING OPEN STUDIOS SHOW & SALE: Cathy Kiffney hand-built ceramics and tile; Chapel Hill; May 17-18. Contact 919-968-8438 or www.cathykiffney.com for directions.

SUSAN FILLEY — SPRING OPEN STUDIOS SHOW & SALE: Susan Filley contemporary functional porcelain; Chapel Hill; May 17-18. Contact 919-933-9117 or www.susanfilley.com for directions.

**EVENTS AT ARTSPACE:** Raleigh; Contact 919-821-0383 or www.artspacenc.org.

- ARTSPACE SUMMER ARTS PROGRAM INSTRUCTOR EXHI-BITION: Gallery 2; May 14-June 7 (Reception June
- **STAMMER!**: Bi-monthly, multi-art extravaganza; Gallery 2; May 16.
- RACHEL HERRICK RESCUE: Visual Art/Mixed Media; May 2-31 (Opening Reception May 2).

#### CLASSICAL

TRIANGLE BRASS BAND CONCERT: Fletcher Theater at the Progress Energy Center for the Performing Arts, Raleigh; May 2. Contact 919-363-8664 or www.trianglebrass.org.

**SONGS OF INNOCENCE & DREAMS:** Spring Concert by Women's Voices Chorus; University United Methodist Church, Chapel Hill; May 4. Contact 919-684-3855 or www.womensvoiceschorus.org

TRIANGLE YOUTH ORCHESTRA & SYMPHONY SPRING CONCERTS: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; May 4. Contact 919-467-2727 or www.philharmonic-association.org.

TRIANGLE YOUTH PHILHARMONIC SPRING CONCERT: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; May 6. Contact 919-

467-2727 or www.philharmonic-association.org.

HILLYER COMMUNITY CHORUS PERFORMS 19TH CENTURY EUROPEAN LENTEN MUSIC: This free program includes works by Charles Gounod and Robert Schumann; Hillyer Memorial Christian Church, Raleigh; May 18. Contact www.hillyercommunitychorus.org.

AN AMERICAN CELEBRATION: Presented by Triangle Wind Ensemble & Concert Singers of Cary; Koka Booth Amphitheatre, Cary; May 24. Contact www.trianglewind.org or www.concertsingers.org.

TRIANGLE YOUTH BRASS BAND & TRIANGLE YOUTH BRASS ENSEMBLE SPECIAL ALUMNI CONCERT: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; May 25. Contact 919-469-4061.

THE RALEIGH RINGERS IN CONCERT: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; June 1. Contact www.rr.org.



Wayne Martin, Margaret Martin and Craig Johnson will play old-time string band music on May 11 at the NC Museum of History, Raleigh.

#### POP MUSIC

COOL CABANA DECK PARTY: Live entertainment every Friday evening from 5-9 p.m.; Sheraton New Bern Hotel; May 2, 9, 16, 23, 30. Contact 252-638-3585.

JARMAN OPRY THEATER: A classic country, gospel, bluegrass Christmas show; Masonic Theatre, New Bern; May 3. Contact 252-675-7689 or 252-636-6225.

**ERIC KEARNS:** This one-man show includes a variety of musical selections from Sinatra to Cher; Sertoma Amphitheatre at Fred G. Bond Park, Cary; May 4. Contact 919-469-4061.

**JAZZ ON THE TRENT:** Free live jazz concerts every Sunday; Sheraton New Bern Hotel; May 4, 11, 18, 25. Contact 252-638-3585.



PineCone and the Town of Garner present The Wells Family Band in Concert on May 10 at Lake Benson State Park in Garner.

THE WELLS FAMILY BAND PRESENTED BY PINECONE AND THE TOWN OF GARNER: Part of the Garner Family Concert Series; Lake Benson Park, Garner; May 10. Contact 919-990-1902 or www.pinecone.org.

TONY TRISCHKA & BÉLA FLECK PRESENTED BY PINE-CONE: Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; May 17. Contact 919-834-4000 or www.pinecone.org.

MIKE SEEGER: The final concert performance of the inaugural Listening Room Series presented by PineCone and the town of Holly Springs; Holly Springs Cultural Center; May 30. Contact 919-567-4000 or www.pinecone.org.

EVENTS AT THE MIDTOWN MUSIC CONCERT SERIES: Commons Lawn at North Hills, Raleigh; Contact www.northhillsraleigh.com.

- THE CATALINAS: May 1
- BLACK AND BLUE: May 8
- LIQUID PLEASURE: May 15
- THE EMBERS: May 22
- BILLY SCOTT AND THE PARTY PROPHETS: May 29
- THE ENTERTAINERS: June 5

EVENTS AT WALNUT CREEK AMPHITHEATRE: Raleigh; Contact 919-834-4000 or www.livenation.com

 KANYE WEST W/RIHANNA, N.E.R.D., & LUPE FIASCO: May 9



Elmo and friends take the stage and share their love of music in Sesame Street Live — Elmo Makes Music at the RBC Center in Raleigh, May 29-June 1.

# Metro Magazine

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- Style and Fashion trends
- Art news
- Design trends
- · What to read and where to eat



- TIM MCGRAW W/JASON ALDEAN, & HALFWAY TO HAZ-ARD: May 17
- . JAMES TAYLOR & HIS BAND OF LEGENDS: May 28

EVENTS AT THE RBC CENTER: Raleigh; Contact 919-834-4000 or www.rbccenter.com.

• SESAME STREET LIVE — ELMO MAKES MUSIC: May 29-June 1

#### STAGE & SCREEN

**ON GOLDEN POND:** A comedy by Ernest Thompson; New Bern Civic Theatre, New Bern; May 1, 2, 3. Contact 252-633-0567 or www.newberncivictheatre.org.

AS THE CROW FLIES, TALES FROM FOUR DIRECTIONS: Co-produced by Paperhand Puppet Intervention; Louise Stephenson Amphitheatre at Raleigh Little Theatre, Raleigh; May 9-18. Contact www.raleighlittletheatre.org.

**BEAUTY AND THE BEAST:** Presented by Applause! Cary Youth Theatre; Sertoma Amphitheatre, Cary; May 15-17. Contact 919-465-4792 or www.townofcary.org.

RADIO GALS: Book, music and lyrics by Mike Craver and Mark Hardwick; Cantey V. Sutton Theatre at Raleigh Little Theatre, Raleigh; May 30- June 22. Contact www.raleighlittletheatre.org.

EVENTS AT THEATER OF THE AMERICAN SOUTH: May 15-June 1. A festival of plays, food and culture; Wilson; Contact www.theateroftheamericansouth.org for more events and information.

- STEEL MAGNOLIAS: Boykin Cultural Center; May 15, 17, 18
- FAIR AND TENDER LADIES: Boykin Cultural Center; May 16, 17, 18.
- DISCUSSION WITH AUTHOR LEE SMITH: Barton College;
   May 17
- DEREK ALDERMAN KUDZU IN SOUTHERN CULTURE: Barton College; May 24.
- F. TODD LASSEIGNE EXPLORING MAGNOLIAS: Barton College; May 31.
- SOUTHERN COOKING DEMONSTRATION WITH JASON SMITH OF 18 SEABOARD: Imagination Station Science Museum: May 17.
- SOUTHERN COOKING DEMONSTRATION WITH STEPHEN RIBUSTELLO OF TARBORO'S ON THE SQUARE: Imagination Station Science Museum; May 24.
- GARDEN PARTY: Home of Mr. and Mrs. Henry Walston; May 31.

**EVENTS AT THALIAN HALL:** Wilmington; Contact 910-343-3664 or www.thalianhall.com

- THE WIZARD OF OZ: A family-friendly musical; Mainstage; May 8-11.
- **RUBBERS:** A political farce; Studio Theatre; May 7-11.

MADAM BUTTERFLY: Presented by The Opera Company of North Carolina; Raleigh Memorial Auditorium, Progress Energy Center for the Performing Arts, Raleigh. May 30 and June 1. Contact 919-792-3850 or www.operanc.com.

#### MUSEUMS

CELEBRATING 300 YEARS OF NEW BERN HISTORY— LUNCH AND LEARN SERIES: Guest Speaker Susan Moffat-Thomas; The Chelsea Restaurant, New Bern; May 8. Contact 252-638-8558 or www.newbernhistorical.org.

EVENTS AT THE NASHER MUSEUM OF ART: Duke University, Durham; Contact www.nasher.duke.edu.

 TASTE OF THE MODERN — ROTHKO, RAUSCHENBERG, OLDENBURG, KLINE: Thru Sept. 14, 2008

- THE PAST IS PRESENT CLASSICAL ANTIQUITIES AT THE NASHER MUSEUM: Ongoing
- NEW AT THE NASHER: On view thru July 6, 2008
- BARKLEY L. HENDRICKS BIRTH OF THE COOL: Thru July
  13

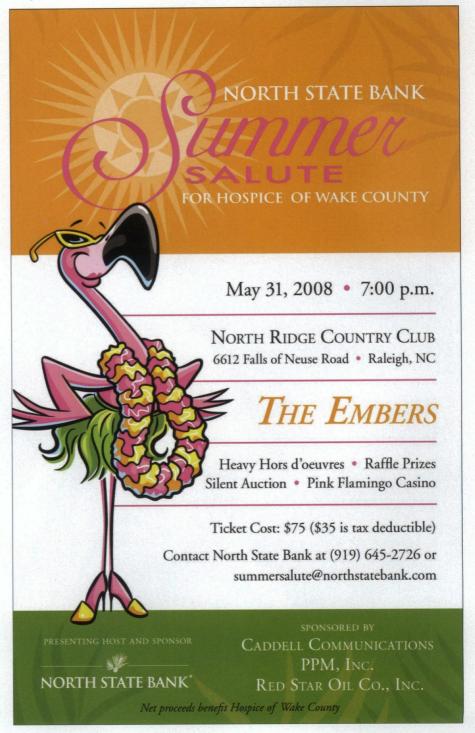
**EVENTS AT THE NC MUSEUM OF ART:** Raleigh; Contact 919-839-6262 or www.ncartmuseum.org.

- FAR FROM HOME: Thru July 13
- MODERN AMERICAN PAINTINGS FROM THE BEQUEST OF FANNIE AND ALAN LESLIE: Thru Fall 2009
- ART IN THE EVENING: May 2, 9, 23
- FAMILY FUN SATURDAY HAIKU, HIKING, AND PAINTING: May 3

- CONTEMPORARIES DERBY DAY PARTY: May 3
- GALLERY CLASS A CEREMONIAL INVITATION: May 8
- FAMILY FUN SATURDAY MAKING AND PLAYING AFRICAN GOURDS: May 17
- LUNCH & LEARN WHAT'S IN A FRAME?: CONTEMPO-RARY ART: May 24
- LUNCH & LEARN TREMENDOUS TREES: May 30, 31

**EVENTS AT THE NC MUSEUM OF HISTORY:** Raleigh; Contact 919-807-7900 or www.ncmuseumofhistory.org.

- BEARING WITNESS CIVIL RIGHTS PHOTOGRAPHS OF ALEXANDER RIVERA: Thru March 1, 2009
- BEADING DEMONSTRATION: May 10



- MUSIC OF THE CAROLINAS MARTIN AND JOHNSON: May 11
- HISTORY À LA CATE WILMINGTON AND RALEIGH STAGE-COACH: May 14
- CURATOR'S TOUR PHOTOGRAPHS BY VIETNAM VETER-ANS: May 17
- THREE CENTURIES OF AMERICAN MILITARY HISTORY: May 26

EVENTS AT THE MUSEUM OF LIFE AND SCIENCE: Durham; Contact 919-220-5429 or www.lifeand-science.org.

- PLAY TO LEARN: New Exhibit Now Open
- . CATCH THE WIND & EXPLORE THE WILD: Ongoing

- BATS, THE TRUE STORY WITH BAT EXPERT ROB MIES: May 10
- BEAR IN MIND NATIONAL BEAR AWARENESS WEEK:
  May 11-18

**EVENTS AT THE GREGG MUSEUM OF ART & DESIGN:** NC State University, Raleigh; Contact 919-515-1100 or www.ncsu.edu/gregg.

- RANDY SHULL CROSSING BOUNDARIES: Thru May 11
- PAMELA & VERNON OWENS, POTTERS OF JUGTOWN: Thru May 11.

**EVENTS AT MARBLES KIDS MUSEUM:** Raleigh; Contact 919-834-4040 or www.marbleskidsmuseum.org.

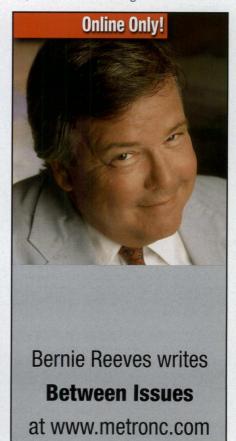
- EXHIBIT FIVE FRIENDS FROM JAPAN: Thru June 29
- MORNING TEACHER WORKDAY CAMP PASSPORT TO EUROPE: May 2
- AFTERNOON TEACHER WORKDAY CAMP CAMP MAR-BLES: May 2 & 19-23
- FIRST FRIDAY KIDS CAMP: May 2
- MORNING TRACK OUT CAMP AGENT DESTINATION: May 12-16

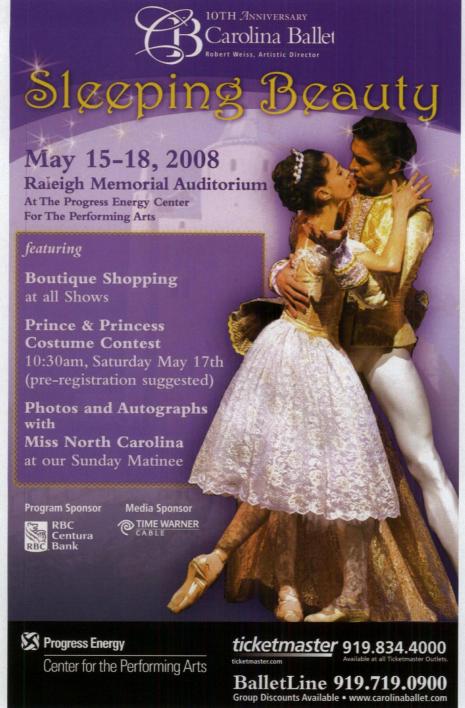


Watch members of the Capital Area Beading Organization demonstrate beading techniques on May 10 at the NC Museum of History in Raleigh.

- KIDS ROCK ARTSPLOSURE @ MARBLES KIDS MUSEUM: May 17 & 18
- TEAM MARBLES MONDAY: May 19
- MORNING TRACK OUT CAMP TOYS & GAMES: May 19-23
- LEARNING JAPANESE THROUGH SONG: May 24

**EVENTS AT THE ACKLAND ART MUSEUM:** UNC-Chapel Hill; Contact www.ackland.org.





- PERSPECTIVES ON PUBLIC JUSTICE: Thru May 4
- THE ART OF LOVE: May 9-Sept. 7
- NEW CURRENTS IN CONTEMPORARY ART UNC-CHAPEL HILL MASTER OF FINE ARTS THESIS EXHIBITION: Thru May 11
- THE PURSUIT OF LEARNING IMAGES OF STUDY, SCHOL-ARSHIP, AND EDUCATION: Thru May 18
- Music in the Galleries Duke ukulele orchestra: May 18
- GLORIFYING PATRONAGE ART IN SERVICE OF FAMILY, FAME, AND FORTUNE: Thru Aug. 16
- IN AND AROUND THE GARDEN PERSPECTIVES EAST AND WEST: May 24-Aug. 31

EVENTS AT THE CAPE FEAR MUSEUM OF HISTORY AND SCIENCE: Wilmington; Contact 910-798-4350 or www.capefearmuseum.com.

- OCEAN: EXPLORE. DISCOVER: An interactive marine science experience where visitors learn about ocean research projects and explore human interaction with the ocean; Thru Jan. 4, 2009.
- CAPE FEAR SEASHELLS: Ongoing Temporary Exhibit
   LEADNING CENTER CROPS & CRITTERS: May 3, 10
- LEARNING CENTER CROPS & CRITTERS: May 3, 10, 17, 24, 31
- RESIDENTS FREE DAY: May 4
- OCEAN PERSPECTIVES RUNNING THE BLOCKADE: May 6
- COMMUNITY CONVERSATION COLONIAL EXPERIENCES: May 13
- CAPE FEAR SKIES: May 18
- TELESCOPE CLINIC: May 18

#### POTPOURRI

NORTH HILLS FARMERS' MARKET: Featuring fresh local produce, homemade goods, local artists and entertainment: Commons Lawn at North Hills, Raleigh; Saturdays 8 a.m until noon thru October. Contact www.northhillsraleigh.com.

CAPITAL CRUSH AT MOORE SQUARE: A series of events with great food, wine, art and shag dancing to raise money for the Frankie Lemmon School and Development Center and the Triangle Chapter of Juvenile Diabetes Research Foundation; Moore Square Art District, Raleigh; May 1-3. Contact www.twenc.org.

WALK MS 2008: Annual fundraiser in its 19th year to support those who are living with Multiple sclerosis; RBC Center, Raleigh; May 3. Contact www.walk-ncp.nationalmssociety.org or 1-800-FIGHT-MS.

**2ND ANNUAL MINT JUBILEE:** A derby day party to support Arts Together, Inc. with food, drinks and Kentucky Derby viewing on big screens; McNair's Country Acres, Raleigh; May 3. Contact 919-829-1988 or www.jonesstreetsociety.com.

TRIANGLE AREA RIDE FOR KIDS: Benefiting the Pediatric Brain Tumor Foundation; White Oak Recreation Area at White Beach Road, Jordan Lake State Park; May 4. Contact 1-800-253-6530 or www.rideforkids.org.

2ND ANNUAL SPRING FLING & 30TH ANNIVERSARY BEN-EFIT FOR HILLEL PRESCHOOL: Vendors, activities, entertainment, concessions, raffle and silent auction; Hillel Preschool, Raleigh; May 4. Contact www.hillelpreschool.org.

WOMAN'S CLUB OF RALEIGH ASID DESIGNER SHOW-HOUSE: Participating designers are responsible for the design and décor of a specific area within two town homes that will be open for public tours and proceeds benefit Hospice of Wake County; Ramblewood at North Hills, Raleigh; May 10-June 1. Contact 919-782-5599 or www.asidshowhouse.org.

KICKIN BACK AT THE VINEYARD WITH MUSIC BY KICKIN GRASS TO BENEFIT THE BEAR CREEK CENTER FOR PEOPLE WITH DISABILITIES IN LAGRANGE: Live bluegrass by Kickin Grass, Digger Foot and the Flat Mountain Dulcimers, wine tasting, arts & crafts, food, raffles, games and door prizes; Hinnant Family Vineyards and Winery in Pine Level; May 10. Contact 919-941-0530 or www.hinnantvineyards.com.



Grower Barbara Cox shows off a few of her favorite hostas at the The Garden Hut in Fuquay-Varina on May 3.

**DOWNEAST LITERARY FORUM:** A two-day event featuring local authors and poets, workshops and discussion panels; Bank of the Arts, New Bern; May 16-17. Contact 252-672-9334.

TASTE OF DURHAM FESTIVAL: Festivals within a festival with something for everyone; Imperial Center surrounding Winchester Place, Durham; May 24. Contact

919-572-6551 or www.tasteofdurham.org.

NORTH STATE BANK ANNUAL SUMMER SALUTE IN SUPPORT OF HOSPICE OF WAKE COUNTY: An evening of beach festivities, heavy hors d'oeuvres, raffles, entertainment by The Embers and a silent auction; North Ridge Country Club, Raleigh; May 31. Contact 919-645-2726.

**EVENTS AT THE GARDEN HUT:** Fuquay-Varina; Contact 919-552-0590 or www.nelsasgardenhut.com.

- HOSTA PARTY W/ BARBARA COX: May 3
- CAROL STEIN'S GARDENERS FORUM: May 10
- PAM BECK LET'S KEEP GARDENING: May 17

EVENTS AT TRYON PALACE HISTORIC SITES & GARDENS: New Bern; Contact 1-800-767-1560 or www.tryon-palace.org.

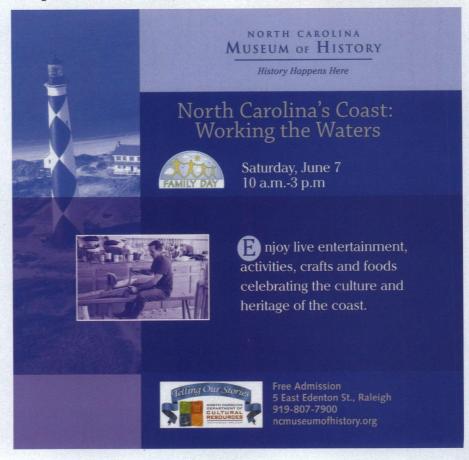
- TRYON PALACE THEATER: May 3, 17
- TRYON PALACE HOME SCHOOL DAY: May 3
- TRYON PALACE AFRICAN AMERICAN LECTURE: Guest speaker William Anderson; May 15
- TRYON PALACE SOUTH LAWN CONCERT SERIES: May 18

**EVENTS AT SPA KORU YOGA:** Hatteras Island; Contact 252-995-3125 or www.spakoru.com.

- BE KIND, LET YOUR MOM UNWIND YOGA WORKSHOP: May 10; 9-11 a.m.; all ability levels.
- YOGA FOR SENIORS WORKSHOP: May 28; 10:15 a.m.; all ability levels.

Our thanks to Cyndi Harris for her assistance with MetroPreview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Mary Ward Boerner, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or e-mail: mary@metromagazine.net.



# On the Town

by Katie Poole

State Capitol Foundation Society Ball Raleigh, NC

April 5th, 2008



Dottie Martin



Kelly & Deborah Webb and Kim & Gary Shope



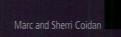


**Crab Ball Gala and Auction** 

Washington Civic Center Washington, NC April 12th, 2008



Beth Wilder, Barbara Hardee



## On the Town

#### Toast to the Tour-JLR in Paris

erguson Enterprises Raleigh, NC April 24th, 2008



Duncan Ray, Diana Browing





Kristen Anderson, John Sander

Jennings Cornwell, Devon Brewer, Samantha Smith



Melissa Peden celebrates her birthday surrounded by friends and family. Pictured are her brother Johr and his wife from New York and her brother Jim and his wife Anne, at the renovated home of architect Richard Hall.



# ALL ROADS LEAD TO RALEIGH FOR NATIONAL DESIGNERS

t's Thursday, April 17, at Gena Chandler, North Hills clothing boutique. The dressing rooms are full, and the store is packed with shoppers. Walking among the customers is women's clothing designer Rachel Pally, who has dressed stars including Cameron Diaz, Jessica Alba, Oprah Winfrey and Sarah Jessica Parker. She is visiting the boutique for the day to assist customers and promote her line of jersey dresses.

Down the road at Belk at Crabtree Valley Mall, *Project Runway* design mentor — and Liz Claiborne chief creative officer — Tim Gunn stands in the middle of a circle of employees, answering questions

and asking for feedback on the clothing line. Later that day, Gunn will host a fashion show and conduct a question and answer session at a private shopping event at the store.

That same day, home couture designer Jay Strongwater greeted customers at Saks Fifth Avenue at Triangle Towne Center, walking the same path tread by women's clothing designer Kay Unger, who visited Saks just seven days prior.

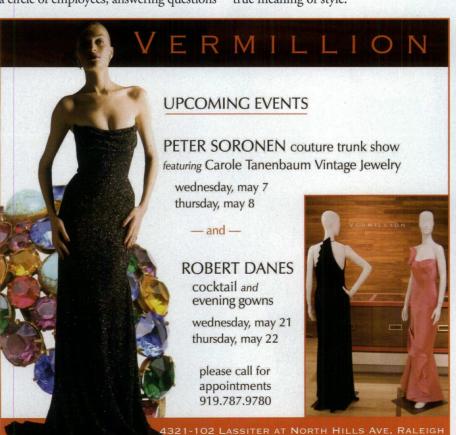
Metro Magazine Special Sections Editor Jennifer Hadra talked with the four designers, seeking their perspective on fashion questions from how to look taller to the true meaning of style.

#### Kay Unger

Women's Clothing Designer www.kayunger.com

Jennifer Hadra (JH): Where do you get inspiration for new designs?

Kay Unger (KU): I get a lot of inspiration from vintage clothing, unique makeup shades and home designs, like the weaves in fabrics. I was a painter before was a designer, so I also go to art shows and try to relate a clothing design to a certain period of art. I am constantly traveling everywhere with a camera. If you are willing to really open your eyes and see you can find some wonderful designs.





JH: What is your goal as a fashion designer?

KU: To be able to capture the customer and keep dressing her throughout her entire life. We make dresses, suits and evening wear that fit the contours of a woman's body and make the most out of continue to meet all her needs with my designs.

JH: Any new projects in the works? KU: We just signed on to make sunglasses and eyeglasses, and I now have three stores in China. Global is probably our next goal because in order to grow, you want to dress the world.

Jay Strongwater Home Couture Designer www.jaystrongwater.com

JH: What are some of the newest colors and pieces you will be introducing into your collection?

Jay Strongwater (JS): The larger furniture pieces we are designing now are very stimulating, but I still love the smaller items too. We are working on a wine stopper with a decorative ball and an elephant on the top. It's such a small piece, but wonderful. We also have a wonderful collection for spring inspired by pottery from Tuscany. There are shades of olive with "fruit-inspired" colors like orange, yellow and blue mixed in.



# JH: What is your favorite part of your job and why?

**JS:** After seeing all the drawings, models and corrections, it's rewarding to see the finished product. At the end of the creation process we apply 10-12 layers of

enamel color. Once the enamel hardens, we put on the crystals. I love color, so I enjoy the last two steps the most.

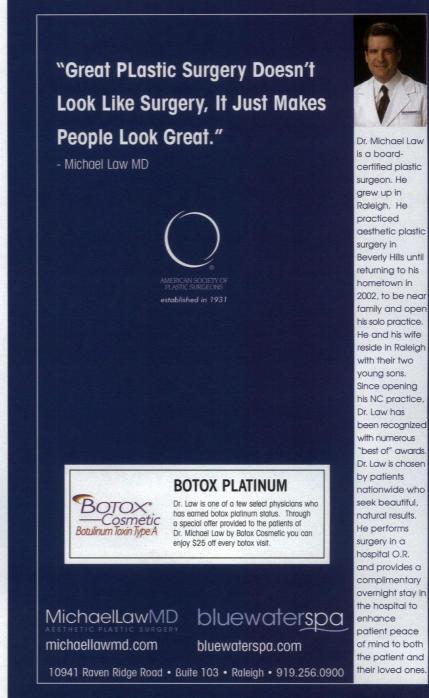
JH: What keeps you going when you hit an obstacle in your career?

JS: You have to follow your passion and love what you are doing. I've had my share of setbacks and disappointment, but when I meet a collector who says, "I love waking up and seeing (your) picture frame; it brings a smile to my face." It's very rewarding.

#### Rachel Pally

Women's Clothing Designer www.rachelpally.com

JH: Many of your designs are long,







# floor-length dresses. Is it okay for shorter women to wear long dresses?

Rachel Pally (RP): Absolutely. What most women don't know is that a long dress creates a silhouette effect and actually elongates them, making them look taller and slimmer. I am not very tall myself, so I usually have to get long dresses hemmed, and I always ask the tailor to hem it about an inch and a half longer than usual. It's okay for the dress to drag the ground a bit if you are wearing flats, and it will be the perfect length if you are wearing heels.

# JH: When did you know you had "made it" in the fashion industry?

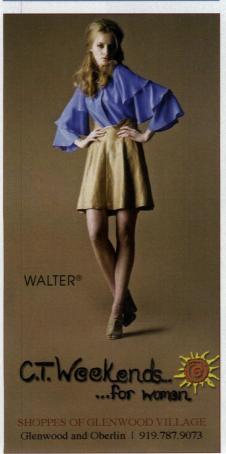
**RP:** I was sitting at dinner with my boyfriend one night a few years ago, and he leaned over to me and pointed and said, "That woman is wearing your dress." I was so excited. I wanted to go up to her and say something, but what do you say in that situation? That feeling never gets old.

JH: What is the difference between



a dress you can wear every day and one that should be reserved for special occasions?

**RP:** The length of the dress doesn't matter anymore. A long dress can be worn

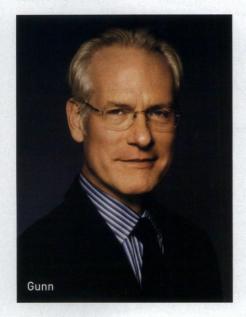




as every day dresses just as easily as a short dress. If you want to make a long dress look less formal, wear a pair of flat sandals or choose a more neutral color. Accessories can dress an outfit up or down as well. Don't be afraid to wear casually funky jewelry with a more formal dress.

#### **Tim Gunn**

Chief Creative Officer, Liz Claiborne; Mentor to designers, *Project Runway*; Host, *Tim Gunn's Guide to Style* www.bravotv.com



# JH: How do you define the word fashionable?

Tim Gunn (TG): To me it's being in the moment and wearing clothes that are relevant to the time. I actually don't like to use the word fashionable. I prefer to use words like sophisticated, elegant, chic or polished. The key is to know the three elements of a great look: silhouette, proportion and fit. If you have those three things in place with an outfit, then you will always be "fashionable."

# JH: What are you looking for in the winning designer each season of *Project Runway*?

TG: A spirit of innovation. There are two easy extremes in designing: the basic white T-shirt and its simple companions — or as I call them, "dumb clothes," and Paris couture, which I like to compare to

a parade float. Anyone can make either of those two genres of clothing. Everything in between is what is hard to design. I didn't want to see Christian Siriano (*Project Runway* Season Four winner) when he auditioned for the show, but when he started showing us his designs, I just knew. When that spirit of innovation comes into the room, you just know.

JH: How can women in Raleigh make the styles they see on the runway

# FASHION

Join Hudson Belk and Bobbi Brown Cosmetics for the opening of **Bobbi Brown "The Studio"** on May 8 at Crabtree Valley Mall. Ten percent of the store's opening-day proceeds will benefit the Raleigh chapter of Loaves and Fishes. Crabtree Valley Mall, Raleigh. For more information, call 919, 782,7010 ext. 227.

Learn to dress for every occasion at **Belk's Priority Male** event on May 1 from 4-9 p.m. The evening includes trunk shows from Hart Schaffner & Marx, Hickey Freeman, Burberry and Austin Reed, live music, refreshments and a golf putt analysis. Belk, Crabtree Valley Mall, Raleigh. For more information, call 919.782.7010.

Stop by **Elaine Miller Collection** on May 1 to view the newest jewelry from **Slane and Slane** and receive advice on updating classic pieces. The store will also hold an **Elizabeth Locke** trunk show on June 3. Elaine Miller Collection, The Lassiter at North Hills, Raleigh. For more information, call 919.571.8888 or visit www.elainemillercollection.com.

Visit **Vermillion** on May 7-8 as Peter Soronen and Ellen Carey bring Soronen's fall collection of evening gowns and cocktail dresses and Carey's vintage jewelry collection to the store. Vermillion, North Hills, Raleigh. Call 919.787.9780 to make an appointment.

Clothing designer **Robert Danes**, who dressed Kristi Yamaguchi at the premiere of Dancing with the Stars, will bring his designs to Vermillion on May 21–22. Call 919.787.9780 to make an appointment.

Join **Skin Sense** for a **gloMinerals Cosmetics** event on May 7. A gloMinerals representative will be there to give tips on spring colors and answer questions about body and skincare. Skin Sense, Brier Creek. Call 919.870.0700 for more details.

Check out the latest fashions and designs from local designs at the **STRUT 08 Fashion**, **Music and** 

## fit with the lifestyle and trends here in the South?

TG: Personally and professionally, I look at couture clothes and disregard it as everyday clothing. Women should take a look at the styles on models at fashion week in New York City. Those are the designs that are more wearable because in America we look at fashion through a lens of commerce. Fashion at large should translate a couture look into the real world.

**Dance show** on May 3 at 9 p.m. at North Hills. A portion of the proceeds benefit Interact. Tickets range from \$25-\$100. Call 919.827.1689 or visit www.strut08.com for more information.

#### MAY EVENTS AT SAKS FIFTH AVENUE:

Shop the **Eileen Fisher Spring 2008 Collection** with a wardrobe specialist from Eileen Fisher on May 4-10 at Saks Fifth Avenue. Receive a special gift with every \$250 full-price Eileen Fisher purchase. To reserve your appointment, call 919.792.9100 ext. 5343.

Team up with **Saks Fifth Avenue** to help support charity: water, a nonprofit organization that builds freshwater wells in developing nations. As little as \$5000, provides entire communities with fresh water for years. Beginning April 21st and running through Mother's Day and Father's Day, Saks customers will be able to become part of the solution by: GETTING THE BRACELET, \$5 each in Saks stores, Saks Fifth Avenue OFF 5TH stores, on saks.com or through 800.871.SAKS; SENDING AN E-CARD, \$20 each at saks.com; SPONSOR-ING A FRESHWATER WELL, \$5000 donation will help an entire community gain access to clean water for drinking, cooking and basic sanitation. Visit saks.com or call 800.871.SAKS.

View the **Roberto Coin Collection** with company representative Susan Burchamn at a Roberto Coin Trunk Show from May 1-11. To book an appointment, call 919.792.9100 ext. 5318.

Have a personalized wardrobe consultation with Zenobia representative **Autumn Foland** while viewing the fall 2008 collection, May 15-16. To reserve your appointment, call 919.792.9100 ext. 5374.

Participate in a Bobbi Brown master class with national makeup artist **Brook Spencer** on May 17. To book a one-hour class, call 919.792.9100 ext. 5361.

# The Studio Opening

hen Bobbi Brown came onto the makeup scene, she worked tirelessly to fight the flashy trends of the 1980s. Feeling strongly that makeup should be natural and women should stay true to themselves, she spent most of her time as a young makeup artist trying to fix and dilute colors into wearable shades.

In 1991, Brown's inaugural line of lipsticks debuted at Bergdorf Goodman, sparking a "beauty revolution" that has made her one of the most successful makeup artists

in the world today.



Brown

"When I see a woman, I don't see what's wrong with her. I see what's right," Brown says. "I encourage women to approach beauty from a positive, realistic perspective and love who they are, not constantly strive for who they think they should be"

This month, Brown will expand the services and product lines offered in the Triangle as she partners with

Hudson Belk to open "Bobbi Brown—The Studio"— the first retail-partnered, freestanding store in Crabtree Valley Mall — on May 8. Created by Brown herself and modeled after her own studio in Montclair, NJ, "The Studio" will offer customers a unique shopping experience and personalized services including "Bridal Beauty" and "Beauty 101" makeup lessons, as well as special events like "Makeup Parties."

"My first studio is in my hometown, but the Raleigh studio is largely due to my friendship with McKay Belk and his enthusiasm as well as his company's enthusiasm for my product," Brown says. "I've included some of my own personal touches in the Raleigh studio, but I also encour-

#### **EXPERT ADVICE**

#### Best tip for a "flawless face":

**BB:** Master under-eye brightening and evening out your skin with the right color and foundation. Basically, get right with the right foundation.

#### Must-have product to pack on vacation:

**BB**: Pot rouge in blushed rose. I could use it on my cheeks and lips and get away with not using concealer.

#### The essentials of "everyday" makeup:

**BB:** Great moisturizer, concealer, eye shadow/liner and really black mascara.

aged them to put their own spin on things and make it true to the south."

As for how Brown, who is currently in the process of finishing her fifth book, due out between Christmas 2008 and spring 2009, maintains her philosophy of balance between her personal and professional life, she says:



"I've learned to be realistic and realize that balancing the personal and professional doesn't always work easily. You have to let go of the things you can't control, stop stressing about some things and have



your priorities right. The things I stress about more have to do with my kids. I'm much more fearful about not getting the brownies to the school bake sale on time than I am about getting on the Today show and saying something stupid."

According to McKay Belk, Brown's life-work balance is the key to her success: "Bobbi Brown the person and the product continue to raise the standard of service, customer experience and innovation. Between Bobbi's leadership and her products, which are almost interchangeable, she continues to win customers over day in and day out."

Both "The Studio" and the Bobbi Brown counter in Belk will offer a curbside pickup service, as well as customized makeup applications for special occasions and makeup parties to customers in groups of six or more. Ten percent of the store's opening-day proceeds will benefit the Raleigh chapter of Loaves and Fishes. To make a personal appointment with a Bobbi Brown makeup artist in either location, please call 919-782-7010, ext. 227.



# Artist-at-Large

#### JOE ROWAND'S BIG MOVE

love living in the Triangle. The artistic community here is small, but supportive. Artists chat with each other over glasses of wine or via the Internet about anything and everything. When there is any new news, it spreads like wildfire. But it still came as a surprise to me when I received two e-mails and a phone call on the same day announcing that Joe Rowand's Somerhill Gallery (www.somerhill.com), a Chapel Hill institution for 18 years, was being booted out of Eastgate Mall unceremoniously with only a matter of days to move to new digs.

What on earth was he going to do with all his stuff? Glass, sculpture, paintings, jewelry, drawings, Christmas ornaments, you name it — all of it had to be packed up and carted off. When I called a friend to inform her of the news, I was already too late. I was told it had been the talk of a recent party in Hillsborough the night before. I was crestfallen. I had missed out on breaking news, the chanticleer had sounded and I was nowhere near to hear the song. NOW I know why all my friends have Blackberries and are constantly text messaging each other day and night — so that they can stay within seconds of artistic alerts.

But what next? People paced back and forth and pondered, soothsayers were brought forth, divining rods were held aloft and sheep entrails were examined for signs of the future. Where would Rowand find refuge? Chapel Hill is filled to the brim with shops and restaurants and very few spaces stay empty long. Raleigh is a harrowing ride down Interstate 40. Hillsborough is Rowand's home, but it just seems too bucolic and laid back for large commercial gallery projects. Just as anxious artists and collectors were at the point of collapse, the mistral swept in with the long-awaited news. Somerhill Gallery is moving to Durham.

The name Durham comes from the Old English "dun-holm" meaning "hill-island," and now Rowand would be building his own art island right there in the middle of downtown Durham. According to a Somerhill employee, the new gallery should be open by the end of May at the Venable Center, located comfortably in the shadow of the very

pretty and very modern Durham County Jail. But don't you worry one bit because as most of you already know, Rowand has those two big black dogs to help watch over things.

If anyone can pull this new venture off, it's Joe Rowand. He has been an integral part of the Triangle art scene for decades, and always seems to land on his feet. Chapel Hill



Transformation, Nancy Tuttle May

METROMAGAZINE MAY 2008

caterer to the stars Mark Day referred to Rowand as "Chapel Hill's own Ralph Lauren." Let's all keep our collective fingers crossed and hope that Rowand doesn't wind up "The Versace of Durham."

#### LANDSCAPES ON A LIMB

Another gallery owner who has been in the game for decades, Charlene Ferrell Newsom, is currently displaying the abstracted landscape paintings of Carl Krabill at Gallery C (www.galleryc.net) through June 17. As y'all know, landscape paintings ain't my thing normally, but the Fauvistic colors and immediacy of his paintings turned my head. There is definitely something that relates to the wild landscape paintings of Wolf Kahn here. I love seeing landscape artists go out on a limb.

#### LOVELY ABSTRACTIONS

All this month and until June 7, new work by June Ball and Nancy Tuttle May will be on display at Raleigh's The Collectors Gallery (www.thecollectorsgallery.com). Ball is an accomplished painter; her coastal scene *Fragile Barrier* is infused with the bright light of a summer day at the beach and made me want to stick my toes right in the water. May



is a North Carolina legend, a favorite of area collectors, for years known for her confident use of intense color. She is also one of the most generous of our area artists. Her works have shown up at countless charities around

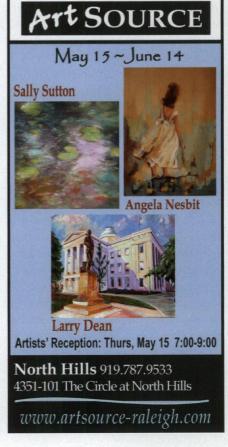
the state. Some of you might think that cre-

ating a lovely abstraction is an easy thing -

Autumn Shadows on Golden Grass, Carl Krabill

after all May makes it look effortless — when in fact it's just the opposite. Go see for yourself.





## Between you and me ...

#### FEAR NOT THE D-WORD

rarely read the obituaries in the Winston-Salem Journal. My roots are elsewhere, and should I live out my life here, I would die an outsider for certain. Almost all the names are meaningless, though I am sure the obituaries (or at least most of them) represent lives well lived. The mere reading that so and so "passed" and was survived by children and grand-children and perhaps a spouse — and was preceded in death by parents often born two centuries back and long since forgotten — however, does little to pique my interest or stir sentiment. Occasionally, however, there is an exception.

It took a phone call from a mutual friend for me to learn that a law school classmate had committed suicide and written his own obituary. John, the deceased, stated that he had died "by his own hand" and recounted in a rather matter-of-fact manner the disappointments of recent years, including the death of close family members and the failure of the law practice he had attempted to establish after years of living and practicing abroad. He left no room to wonder why he took his life "by his own hand."

Reading this reminded me I am amazed at people who say they have no regrets. It seems to me that you would have to go through life wearing blinders not to see opportunities missed or mistakes you could have avoided. While we were not close friends by any stretch of the imagination, I regret not having sensed that things were not right with John. I was clueless, and I think about it.

The names in the obituaries are different here. There are Pfaffs and Pfefferkorns, Tuttles and Truesdales. Lots of Livengoods and Shufords and Shoafs and other folks with names like Bahnson and Vogler that represent the founding families of the Moravian settlers. The names usually provide no clue for me as to what county they were from. There is a huge, proud clan of African-Americans named Hairston. In Harnett County that name might be McNeill or McCoy.

To be sure, there are Johnsons, Matthews, Greens, Currins, Stewarts, Popes, and McNeills and McDonalds but not of the families I knew growing up in Harnett County. I usually can still tell what part of Harnett County someone with one of those names is apt to hail from and on which side of the Cape Fear River a particular Stewart dwells.

"My dear friend and former
Sunday School teacher,
Claxton Hall, was so sensitive
to the fact that people in the
retirement-age class wanted
to avoid the subject of "death"
that he referred to it as the "D
word" when he felt compelled
to bring it up at all."

I check the obituaries in the *Dunn Daily Record* every day for deaths in Harnett County and those in *The N&O* once or twice a week for the Northeast. I know that Castellows are clustered around Bertie County where I was born and that every one of them is my kin. There rarely is a Speller, Outlaw, Gillam, Bond, Urquhart, Bazemore or Hoggard that is not from the general area.

There are two kinds of Leggetts, however, so I have to look closely to see if they are my folks — residents of Bertie and Martin County, primarily — or the ones in the Southeast around Columbus County. There never has been any attempt by the two clans to claim kin, although I suspect that we are. I went to college with two of them — Jim and Donald — and neither was featured like the Leggetts of the Albemarle region. They have intermarried with the Cape Fear region's Scots until the dark hair and complexion of "my" Leggetts have given over to sandy and reddish shades of hair and fairer complexions.

You may have decided this is a subject

that you want no part of. I can understand that. My dear friend and former Sunday School teacher, Claxton Hall, was so sensitive to the fact that people in the retirement-age class wanted to avoid the subject of "death" that he referred to it as the "D word" when he felt compelled to bring it up at all.

I just watched an ad for Allstate life insurance on television. The sponsor was so desperate to avoid the subject of death — while still selling life insurance to deal with the "contingency" — the ad showed a flower-bedecked casket and referred to death as "the unthinkable." This is at a time when television ads deal so openly with various physical phenomena and prescription side effects that I found myself exclaiming aloud recently, "Oh, my God, I can't believe they said that."

After mulling over the myriad ways people dodge the "D word" with expressions like "passed," or "went to be with Jesus," or "lost" a husband, I decided that as for me, people would simply die, and that I would not shirt the "D word" in either conversation or in notes of condolence. It certainly beats fumbling about for some phrase of art that shields us from thoughts of the inevitable.

My all-time favorite bureaucrat, Billy Ray Hall at the North Carolina Center for Rural Economic Development, has made the following observation. It is one more good reason for me to like him. It touches on the rituals of death: "My fear is that, as money and power migrate to the cities, our small towns and rural communities will lose out — and when that happens, we will all lose the values, sense of place, and spirit of caring that is embodied in rural North Carolina."

There are still those among us, like myself, who read the obituaries because we feel part of a given community, county or region and, to put it bluntly, continue to be concerned about who lives and dies. I can speak knowledgeably only about Down East where small towns and rural ways still prevail and where, thank good-

ness, "the values, sense of place and spirit of caring" that Billy Ray spoke of are alive and well.

Before I conclude, I should tell you how I got to thinking about death and obituaries. I was driving Highway 421 from Winston-Salem to Buies Creek for the funeral of Valeria Reardon Lanier, the wife of my stepfather's first cousin — a kinsperson in that convoluted Southern way in

which we have connectivity that we treasure and, over time, cease to try to explain to outsiders.

My brother called me to tell me that she had died before I had time to find the obituary in the Dunn paper. That's how we do things.

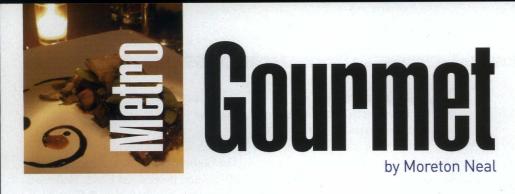
The two-hour drive gave me time for reflection. I remembered Valeria's mother, Ida Stephenson, before she married. She was a little woman who passed on her feistiness to her daughter. Early on, arthritis crippled Mrs. Reardon, twisting her hands cruelly and stiffening her joints, but never conquering her will. I could never understand how she could grasp a hoe to rid her flowers and vegetable garden of weeds, but she chopped with quick, firm licks and a passion — and often in the heat of the noon-day sun.

Seeing the crippling effect of the arthritis on her mother, I think Valeria vowed it would never have its way with her. Sunshine and vitamin D were considered powerful protection, and over her life, she soaked up the sun's rays wherever she could find them — often at Topsail Beach angling for bluefish or flounder — or even spot or croaker. When the minister spoke repeatedly of Valeria's "feistiness," I smiled. "Well, you know who her mother was," I said to myself. Then I realized that, of course, he didn't.

Death, where is thy sting? The celebration of her life made for a good day. And one particular thing gave me special pleasure

The program for the service at Buies Creek Baptist Church where I was baptized listed the Honorary Pallbearers as "Special Bridge Friends." My late Aunt Stella and her contemporaries had to pull the shades and bill their canasta club "The Sewing Circle" to avoid the sharp tongue of Baptist "church ladies" in the 1940s and '50s. They were denied the simple pleasure of the Episcopal women in nearby Erwin who could play cards openly and without fear of the wrath of God. Arrayed boldly before me were the finest ladies of the community — pillars of the church — friends from not one, but two bridge clubs of which Valeria was a member. Between you and me, when they rolled the casket out with those dear ladies following behind, I wished a brass band could have struck up "When the Saints Go Marching In." I wished they could have quickened their pace and with frilly, bright-colored umbrellas swaying above their heads, exited the church taking two steps forward and one step back, spinning occasionally to show that neither the misplaced mores of bygone days or ole arthritis held sway over them or their beloved friend.





#### **Ashley's Excellent Adventure:**

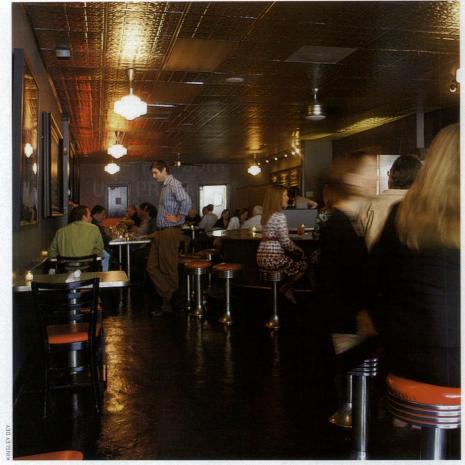
#### POOLE'S DOWNTOWN DINER

hen food enthusiasts talk about the top chefs in the Triangle, Ashley Christensen's name always pops up. She is one of a handful of professional cooks here who, like show biz celebrities, attract the limelight. In her seven years at the helm of Enoteca Vin's kitchen, she has developed a large fan base and a stellar reputation — and like a fine actor, her work always seems simple and effortless. She's a natural.

It was no surprise Christensen caught the eye of that great talent scout/entrepreneur Greg Hatem a few years ago. For the past couple of years, Christensen has been associated with Hatem's restaurant revival in downtown Raleigh, while maintaining her ties to Vin. She was instrumental in opening the Raleigh Times and helped with the concept of the now defunct Nana's Chophouse. There were rumors of an upscale signature restaurant on the horizon.

But Christensen changed courses, left the corporate world of Empire Properties behind and has opened her own eatery in downtown Raleigh. Though she remains executive chef at Vin, Christensen now spends most of her time at her new Poole's Downtown Diner in the original location of Poole's Pies. Opening an eatery here is a bold move, despite the downtown Raleigh revival. The new Poole's currently stands smack in the middle of two major construction sites, yet is already attracting steady patrons from all corners of the Triangle.

The current Poole's is an anomaly reminiscent of Humble Pie a few years back — a pioneering expedition in an unlikely location. The diner's once and future neighborhoods don't even exist at the moment. The old buildings have been demolished and, by the time Empire Properties com-



pletes its shopping and apartment complex surrounding the little diner, the scene will be entirely different. Christensen's unlikely vision comes from her connection to, and affection for, the spot. She cooked there in the pre-Empire era, back when Poole's Luncheonette became Vertigo in the '90s.

Christensen's magic touch extends to the décor — revamped diner-chic with its curved bar and '50s soda shop counter stools. The menu appears on large blackboards on deep gray walls that convey the feeling of a classroom ... but the brazen counterpoint of lipstick-red bar stools reveal that the schoolmarm may well be a floozy. This dissonance evokes a sense of titillation, as if the Fonz might show up at any minute.

That promise of excitement is fulfilled by the food.

Though simplicity is Christensen's trademark, her distinctive sensibility never fails to surprise. Our crab salad appeared casually plunked on top of an upside down sliced avocado, bold in the plate's omission of any greenery or garnish. The crabmeat (she uses a mix of both peekytoe and lump blue) was bound by a classically unctuous aioli with a touch of lemon; the avocado brushed with a fruity olive oil and another

squirt of citrus. The resulting triumph of silky textures was punctuated perfectly by a few capers.

Roasted ruby beets were accented by a horseradish vinaigrette and topped with a



Christensen

sprinkling of bright orange zest. As in most of Christensen's dishes, these flavors were



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perfectly balanced to enhance the fruity sweetness of the beets. Pimento cheese showcased Hook's 3-year-old sharp cheddar, its soft texture complemented by crunchy slices of toasted baguette.

We couldn't pass up Poole's now legendary mac-and-cheese, a portion just right for a large lumberjack or three average humans. Before tasting a single bite, we fell under its spell, enchanted by the sexy aroma of truffles emanating from the dish's Sottocenere cheese (an Italian cow's cheese infused with black truffles). We feasted on the roasted chicken thighs rolled around homemade sausage, and the delectable roast guinea hen - where else can you find this lovely sweet poultry with its subtle gamey edge? Christensen takes great pride in her burger, the "Royale," a 10ounce portion of chuck, ground fresh daily, seared in duck fat and served on a homemade brioche.

Prices here are moderate and portions are large, but do save room for dessert, always a selection of pies in honor of the original Poole's Pies. We couldn't get enough of the decadent bittersweet chocolate cream.

"I think people are moving away from upscale restaurants," Christensen says. "Some of my favorite places both here and in New York are little holes in the wall. I wanted to do something not at all stuffy."

You'll find there's nothing stuffy about Poole's, and it may be a hole in the wall, but an awfully stylish one. Poole's Downtown Diner proves what Triangle diners already know about Ashley Christensen—she's got "it," and luckily for us, she's flaunting it in her own place and on her own terms.

#### **NIBBLES**

Wilmington foodies are raving about The Basics, a new southern regional restaurant downtown in the Cotton Exchange on Front Street, formerly occupied by the Italian Bistro. Owner/Chef Mary Long arrived in Wilmington after opening a Wine Spectator award-winning restaurant in Athens, GA. At the new eatery, Long uses historic recipes passed down from generations and reinvents southern classics such as macaroni and cheese, hoppin' John, and Coca Cola cake. I'm also hearing good reports from other downtown Wilmington

restaurants, Deluxe (114 Market St.) and Big Thai (1001 N. 4th St.).

Glenwood South's newest addition is **The Globe**, created by the owners of Bistro 607, Henry Burgess and Heath Holloman. The menu offers traditional dishes from almost every continent interpreted by Chef de Cuisine Gray Modlin, former chef at 607. For more information and Modlin's tempting menus, check www.globeraleigh.com.

Many of us already know that North Carolina now ranks 10th for wine and grape production in the United States and is home to more than 70 wineries. But not many of us know that the Haw River Wine Trail is right in our backyard just a few miles west of Chapel Hill. For Mother's Day, consider a field trip to Benjamin Vineyards in Saxapahaw. "An Explosion of Flavors" will be offered at the winery Saturday and Sunday, May 10 and 11 from 12-5 p.m. Sample wine paired with chocolates from Matthew's Chocolates of Hillsborough for just \$6 per person. Reserve a table for mom at www.bejaminvineyards.com.

On Wednesday, May 7, Fearrington House hosts a special wine dinner with Michael Keenan from Robert Keenan Winery. Join Keenan for a wine seminar on May 6 and then a tasting dinner on May 7. \$150 per guest. Call 919-542-2121 for reservations.

May is National Salad Month, which gives us reason to celebrate by lunching or dining on salad at your favorite Triangle eateries. Some of the most enticing salads in the area are the traditional salade niçoise at Rue Cler; tenderloin salad with grilled romaine and blue cheese at Maximillian's Grill and Bar; Cobb salad reinterpreted by William D'Auvray at Fins; tequila cured salmon salad with jicama, oranges and local greens at Elaine's; or the duck confit and goat cheese salad at Vin Rouge. Make salads at home with the freshest local greens from your nearest farmers' markets, all in full swing now offering the best of the season — asparagus, arugula, green peas, strawberries and pots of assorted herbs that you can snip until frost.

Ladies, here's a fun excuse to take a cooking class — "Girls' Night Out: Cocktail Party" at **The Stinger Lounge**, located at 1705 Millbrook Road in North Raleigh, inside of 1705Prime Steakhouse on Wednesday, May 14, at 6 p.m. The class will teach tips and tricks of a professional party planner, including how to make the perfect martini and five cocktail party appetizers. For more information, visit www.rockytophospitality.com.

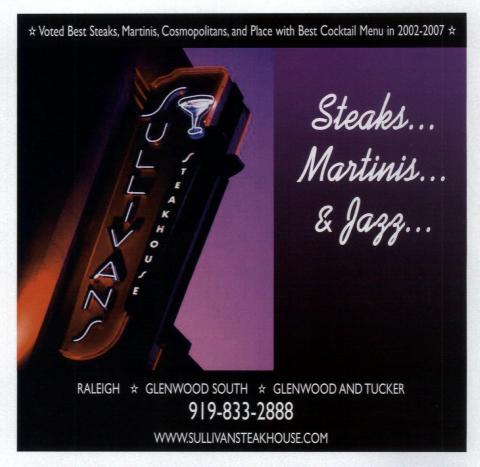
Now is the time for making summer travel plans. For teens, **C'est Si Bon Cooking School** in Chapel Hill offers culinary explorations of three different regions in France — Paris, Provence and the Loire Valley — led by Chef/Director Dorette Snover. Find out more at www.cestsibon.net.

While the kids are in France, mom and pop can go to **John C. Campbell Folk School's** cooking classes offered all summer in the mountains near beautiful Brasstown, NC. Check the schedule at www.folk-school.org.

You can dine under the stars while floating around the Amalfi coast with Susan and Frances Gravely, founders of Vietri, the Italian tabletop import company located in Hillsborough. Join the sisters on the magnificent sailing vessel, *Sea Cloud*, as they celebrate Vietri's 25th anniversary this fall. Learn more about this fabulous trip at www.vietri.com.

Over The Falls Deli, a New York-style delicatessen and pizzeria — featuring a Niagara Falls theme in downtown Wake Forest — was recently purchased by Angela Brickman and Greg Pearce, children of food service guru Doug Pearce of Raleigh. According to Brickman, "We have stepped back in time a bit to slower, small town days. It's such a friendly and quaint location."

Offering Boar's Head meats and chesses, original deli sandwiches, Angus burgers, gourmet pizzas and homemade chips, the eatery — which also offers catering — is open Monday-Saturday from 11 a.m. - 9 p.m. Call 919-570-8588 or go to www.overthefallsdeli.net.





#### RESTAURANT GUIDE

#### RALEIGH/CARY

**18 SEABOARD** – 18 Seaboard Avenue, Suite 100 Raleigh. 919-861-4318. www.18seaboard.com. Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff's warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

**42ND STREET OYSTER BAR** – 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

**THE ANGUS BARN** – 9401 Glenwood Avenue. Raleigh. 781-2444. www.angusbarn.com The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals – hospitality, attractive atmosphere, and value have remained the same.

**BELLA MONICA** — 3121-103 Edwards Mill Rd, Raleigh. 881-9778. www.bellamonica.com. Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch & AOL Cityguide. Wine Spectator* Award of Excellence.

**BENTLEY'S AT CROSSROADS** — 2007 Walnut St., Cary. 854-0644. www.BentleysAtCrossroads.com. Offering aged steaks and fresh seafood in a casually elegant atmosphere. Lunch M-F from \$6. Dinner daily from \$8. Stunning lounge area. AV equipped boardroom available for private events. Look for Bentley's clock tower at Crossroads Plaza.

**BLOOMSBURY BISTRO** – 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living, Gourmet Magazine* and *USA Today.* Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 Metro-Bravo! Awards.

BLUE RIDGE, THE MUSEUM RESTAURANT – 2110 Blue Ridge Rd., Raleigh. 839-6262. www.ncartmuseum.org. Offering renowned visual art and culinary masterpieces at the NC Museum of Art. Eclectic fare ranges from salads, sandwiches and entrées at lunch to sumptuous weekend brunches.

CAFÉ TIRAMISU – 6196-120 Falls of Neuse Rd., Raleigh. 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best. CAROLINA ALE HOUSE – 513 Creekside Dr., 835-2222; 4512 Falls of Neuse Rd., 431-0001; 7981 Skyland Ridge Pkwy., 957-4200; 2240 Walnut St., Cary, 854-9444. Hwy 98 bypass and US1, 11685 Northpark Drive, Wake Forest, 556-8666. www.CarolinaAleHouse.com. A family-friendly sports-themed restaurant consistently awarded top honors for its atmosphere, hand-breaded wings, menu selection, and wide variety of ales. Full menu served 11 am – 2 am. Daily lunch and dinner specials. Kid's menu 99¢ every Tuesday.

**THE DUCK & DUMPLING** – 222 S. Blount St., Raleigh. 919-838-0085. www.theduckanddumpling.com. Overlooking Moore Square, this contemporary Asian Bistro is home to Chef David Mao's unique blend of Chinese and Vietnamese cuisine. Open for Lunch: 11:30am – 2:30pm, M-F; Dinner: 5pm – 10pm T-Th; 5pm – 11 pm Fri-Sat.

**GIANNI & GAITANO'S** – Towne North Shopping Center, 8311 Creedmoor Rd, Raleigh. 847-8223. Presented by the Cinelli Family, the unique environment at these three locations offers a choice of family or adult dining and authentic family recipes. Guests can enjoy an inspiring wine list and only the finest and freshest ingredients. Open for Lunch: M–Sat 11am-4pm; Dinner: M–Th 4-10pm, F–Sat 4-11pm; Sun Noon-9pm.

**GLENWOOD GRILL** – 2603-151 Glenwood Ave., Raleigh. 782-3102. www.glenwoodgrill.com. Head Chef John Wright announces an expanded Dinner Menu with new items, more options. Old favorites remain. Three-time MetroBravo winner for Power Lunch. Glenwood Ave at Oberlin Rd. Available for Private Parties on Sundays.

**HERONS** – 100 Woodland Pond, Cary. 447-4200. www.heronsrestaurant.com. Now open at The Umstead Hotel and Spa offering modern American cuisine with regional influnces and an extensive wine selection. Live music and classic cocktails in the bar.

JIBARRA – 7420 Six Forks Rd. Raleigh 27615. 919.844.6330. www.jibarra.net. Offering some of the most creative and modern dishes in the Triangle. Chef Ricardo Quintero has cooked alongside some of Spain's greatest innovators, thus incorporating avante-garde techniques into his repertoire of traditional Mexican dishes. Lounge showcases premium tequilas, fresh-squeezed margaritas, and distinct wine list rich in Spanish and South American selections. T.-Th.- 5-10pm. Fri.-Sat. 5-11pm. Sun. brunch 11am-2:30.

MARGAUX'S RESTAURANT – 8111 Creedmoor Rd. Ste. 111, North Raleigh. [919] 846-9846. At Margaux's, every experience is new. It's the relentless pursuit of innovation. Chef Andy Pettifer prepares a new menu EVERY night including our 3 Course Prix Fixe menu at \$27.95/pp. Check our website daily. www.margauxsrestaurant.com

**THE MINT RESTAURANT** – 219 Fayetteville St. Raleigh. 919-821-0011. www.themintrestaurant.com Tues-Sat. 6pm-10pm. The Mint in downtown Raleigh offers contemporary fine southern dining with global influences. Executive Chef Jeremy Clayman presents new and exciting culinary combinations paired with The Mint's unflappable service standards.

NINA'S RISTORANTE – 8801 Leadmine Rd., Raleigh. 845-1122. www.ninasristorante.com. Vibrant flowers, paintings and hand-crafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan Cuisine that is heavy on flavor and light on the ingredients, *Wine Spectator* Award of Excellence 2000-2006. Hours of operation M-Sat. 5-10 p.m.

**NOFO MARKET AND CAFE** – 2014 Fairview Road, Raleigh. 821-1240. Cafe, bar and deck seating. Award-winning salads, soups, sandwiches and entrees. "Best Brunch," "Best Eggs Benedict," "Best Bloody Mary," *Metro Magazine*. Lunch M-F, Brunch Sat & Sun, Dinner M-Sat.

**THE PIT** – 328 W. Davie St., Raleigh. 919-890-4500. www.thepit-raleigh.com. Country meets city with down-home barbecue offered as a gourmet meal to be savored. Featuring legendary pitmaster Ed Mitchell's authentic NC pit-cooked barbecue, complemented by creative, seasonal appetizers and sides. Enticing beer and wine selection. Open for Lunch 11:30am – 5pm, M-F; Dinner: 5pm – 10pm, M-Th; 5pm – 11pm Fri – Sat.

**THE RALEIGH TIMES BAR** – 14 E. Hargett St., Raleigh. 833-0999. www.raleightimesbar.com. The beautifully restored 100-year-old *Raleigh Times* building is now home to a timeless local watering hole in Downtown Raleigh. Featuring handcrafted, creative takes on classic bar fare favorites, an inventive drink menu and extensive Belgian beer selection. Open 11:30am – 2am, Mon-Sat; Noon – Midnight Sun.

SAINT-JACQUES - 6112 Falls of Neuse, North Ridge Shopping Center, Raleigh. 862-2770. www.saintjacquesfrenchcuisine.com. Owned and operated by French native, Lil Lacassagne-fine dining at its best. Voted "Best French Food in the Triangle- 2006 by *Citysearch*. Lunch and Dinner server Tues- Sat.

**SECOND EMPIRE RESTAURANT & TAVERN** – 330 Hillsborough St., Raleigh. 829-3663. www.second-empire.com. Located in the historic Dodd-Hinsdale House. Offering elegant upstairs dining, as well as the lighter fare menu and casual atmosphere of the tavern. Winner of the DiRoNA Award, AAA four Diamond Award & the *Wine Spectator* Award.

**SOLOMON'S RESTAURANT** – 7333 Six Forks Rd, Raleigh. 919-844-4977. 4610 N. Capital Blvd,

Raleigh. 919-790-0090. 10410 Moncreiffe Rd, Raleigh. 919-313-1381. 780 W. Williams St, Apex. 919-249-2433. www.solomons-restaurant.com. Offering a combination of the Mediterranean with the sophistication of the city. Enjoy dishes prepared using only the finest, fresh ingredients in an indulgent, casual atmosphere. Wine list and outdoor seating available. Open for Lunch and Dinner.

**SONO JAPANESE RESTAURANT** – 319 Fayetteville Street #101, Raleigh. 919-521-5328. www.sonoraleigh.com. This new and exciting Japanese restaurant is unlike any other in the Triangle area. From the chic/modern decor to exciting new fusion dishes, this restaurant will please any taste buds.

**SULLIVAN'S STEAKHOUSE** – 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

**SUSHI BLUES** – 301 Glenwood Ave., Raleigh. 664-8061. www.sushibluescafe.com. A Glenwood South Original located downtown for ten great years. Featured in *Southern Living Magazine, Esquire, Rachel Ray Magazine, The Independent, News* and *Observer* and *Spectator*. Voted best sushi by readers of *Metro Magazine*, Citysearch, Spectator, and *The Independent*.

TAVERNA AGORA – 6101 Glenwood Ave., Raleigh 919.881.8333. www.TavernaAgora.com. Taverna Agora is the premier restaurant in the Triangle for authentic Greek cuisine. Enjoy the rustic ambiance of our dining room or our beautiful garden patio. Venue may be reserved for special events.

**UNO CHICAGO GRILL** – 8401 Brier Creek Parkway, Raleigh. 544-6700. Enjoy original Chicago-style deep dish pizza along with a wide selection of appetizers, steaks, pastas, burgers and desserts. Kids Menu. Curbside pick-up. Open daily from 11 a.m.

**VINNIE'S STEAKHOUSE AND TAVERN** – 7440 Six Forks Rd, Raleigh. 847-7319. Treat yourself to all the luxuries this classic New York style chophouse has to offer. Certified Angus Beef, the freshest seafood available and an extensive selection of wines from around the world.

**ZEST CAFÉ & HOME ART** – 8831 Six Forks Rd., Raleigh. 848-4792. www.zestcafehomeart.com. Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch Tues.-Sat., Dinner Wed.-Sat. and Sunday Brunch.

#### **DURHAM/APEX**

**CAFÉ PARIZADE** – 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:302:30, Dinner M-Th 5:30-10, F and Sat. 5:30-11, Sun. 5:30-9.

**CAROLINA ALE HOUSE** – 3911 Durham-Chapel Hill Blvd., Durham. 490-2001.

**GEORGE'S GARAGE** – 737 Ninth St., Durham. 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. Afterhour celebration and dancing and a fresh to-go market and bakery.

**GLOFT** – 737 Ninth St., Durham. 286-4131. For meeting friends after work, for after dinner drinks, or exciting late-night entertainment. Also available to host your private event where we can throw a party or a full sit-down dinner for a chosen few or a large gathering.



**GRASSHOPPER** – 2010 Hillsborough Rd., Durham. 286-1600. Experience the essence of pure Asian food – a balance of flavors with Chinese and Vietnamese influences that delight the senses while nourishing the body.

**VIN ROUGE** – 2010 Hillsborough Rd., Durham. 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Dinner Tues.-Sun. 5:30-11, Brunch Sun. 10:30-2

#### CHAPEL HILL/HILLSBOROUGH

**BIN 54** – 1201-M Raleigh Rd., Chapel Hill. 969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

**CROOK'S CORNER** – 610 W. Franklin St., Chapel Hill. 929-7643. www.crookscorner.com. "Sacred ground of Southern foodies," *New York Times*. Patio dining, weather permitting. Acclaimed Sunday brunch. Dinner Tues.-Sun. at 5:30, Sun. Brunch 10:30-2.

**PANCIUTO** – 110 C. Churton St., Hillsborough. 732-6261. www.panciuto.com. Fine dining blending Italian recipes with local ingredients, prepared fresh daily. Pastas, breads, desserts made on-site. Wine, beer, mixed beverages available. Upscale yet comfortable "old world" style dining room. Opens 6p.m. for dinner, Tues- Sat.

**SPICE STREET** – 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining enter-

tainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

#### **BEYOND THE TRIANGLE**

BEAUFORT GROCERY CO – 117 Queen St., Beaufort. (252) 728-3899. www.beaufortgrocery.com Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3; dinner M, W-Sat 5:30-9:30 and Sun brunch at 11:30. Closed Tues

**BLUE MOON BISTRO** – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

**CHEF AND THE FARMER** – 120 W. Gordon St., Kinston. (252) 208-2433. www.chefandthefarmer.com. A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques makes this progressive eatery an epicurean oasis.

**DELUXE** – 114 Market Street, Wilmington. (910) 251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmingon's superior brunches. Open for dinner and Sunday brunch. *Wine Spectator* Award of Excellence, www.deluxenc.com.

FRONT STREET GRILL AT STILLWATER – 300 Front St., Beaufort. (252) 728-4956. www.frontstreetgrillatstillwater.com Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious Wine Spectator Award of Excellence, serving lunch and dinner daily with inside and outside dining. New floating docks and outside waterfront bar.

**SHARPIES GRILL & BAR** – 521 Front St., Beaufort. (252) 838-0101. www.sharpiesgrill.com Coastal Carolina cuisine. Every occasion is a special occasion. Rated four starts by John Batchelor. Serving local seafood, Certified Angus Beef, farm grown local produce, house-maid pastas and desserts. Tableside preparations, outstanding wine list and full har

SHEPARD'S POINT – 913 Arendell St., Morehead City. [252] 727-0815. www.beaufortgrocery.com Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spirits. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10; Sun brunch begins at 11 a.m. Closed Tues.

# Kenort

#### **Pinot Gris And Pinot Grigio:**

#### **GRAY GRAPE CREATES GREAT SPRING WINE**

onfused? Don't be. Whether the wine is called Pinot Gris or Pinot Grigio, the grape is the same. It's just there are two models for it - the French version, which is produced in Alsace as Pinot Gris, or the Italian Pinot Grigio that we all drink so copiously in summer. Related to Pinot Noir, it gets its name from the pinkish blue-gray color (gris

or grigio = gray) of the grape when fully ripe.

Everybody, it seems, is into Gris and Grigio. The grape is increasingly planted in wine regions around the world -California, the Northwest, Argentina, New **Zealand** — and also in our very own state, especially the Yadkin Valley. And at all price levels. Buyer beware though, there is junk

> among the cheapies (under \$8) — a few dollars more will get you better balance and more flavor. At the high end, upward of \$20, the wines may show even more distinctive character and intriguing nuance (though some are simply overpriced in my view). You can drink awfully well for \$11 to \$17.

Though the grape is the same, the styles differ, and winemakers choose which style and name they want to use on the label. Pinot Grigio tends toward

light and zesty, with crisp mineral character: Pinot Gris has softer, rounder flavors and often is off-dry. By either name, it's a great white for spring and summer and the lighter foods we gravitate toward when the weather heats up. But it's helpful to know how they differ.

PINOT GRIGIO. The Italian version is the best known and most widely available in the US. Americans love the crisp, dry fruit and bracing acidity that makes them so refreshing. They originated in some of Italy's coolest northern regions - the

steep slopes of Trentino and the Alto Adige, and the hills of Friuli and the Veneto north and west of Venice.

Today Pinot Grigios come also from other parts of Italy (Tuscany, Umbria, Lombardy). I still think some of the best are from the mountains, where dolomitic limestone in the soil lends appealing mineral notes to the wines, blending with lemon and citrus flavors from the cool climate. These wines are excellent with seafood, shellfish and seafood pastas.

GRIGIOS are best when young and fresh, so look for those from 2006 or 2007. Here are some I've particularly liked:

Alois Lageder 2006 Dolomiti, Trentino \$11-\$13. Consistently bright, fresh, crisp and tasty, this is one of the best values in Pinot Grigio. Lageder makes pricier ones too, also quite good and somewhat richer.

Banfi San Angelo, Tuscany, \$13-\$16. Tangy but refined, good balance, mineral flavors.

Puiatti, Friuli, \$15. Lemon citrus and orange blossom aromas; excellent with shellfish.

Tommasi Le Rosse, Veneto, \$11-\$14. Fuller flavors, dry, bracing acidity.

Other good ones from Italy: Bella Sera, \$11; Borgo, \$11; Ca' Montini, \$16-\$17; Campanile, \$11; Ecco Domani, \$10; Lungarotti, \$14; Ruffino, \$15; Tiefenbrunner, \$12-\$13.

American Grigios to look for: Brassfield (CA), \$15; Blackstone (CA) \$9-\$12; Estancia (CA), \$13; Morgan (CA), \$16, \$14; Swanson, \$17.

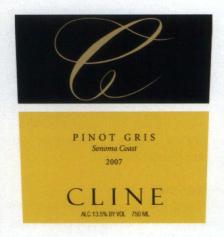
PINOT GRIS. Wines labeled Pinot Gris





tend to be a little richer and broader in flavor, with light floral aromas, and often not quite dry. When the grape is allowed to get riper on the vine, the wine picks up a little more color. Pinot Grigio is pale and light; Pinot Gris usually has a touch of yellow or faint gold.

Riper grapes mean bigger flavor and aroma. Personally, I prefer them dry, but they often have a hint of sweet. In wellmade renditions with good acidity, off-dry comes across more as richness than sweetness. Like Grigio, Pinot Gris also works well with seafood, but it can handle more flavorful dishes - in the Pacific Northwest it is often the choice with wild salmon; it can be excellent with ham or smoked turkey.



When Oregon vintners planted the grape back in the '80s, they opted for the richer Alsace style and labeled the wine Pinot Gris. It has been so successful that plantings of the grape have now surpassed Chardonnay. Oregon Gris has that mellower style, still crisp because of the cool climates in Oregon, whether grown in the Willamette Valley or the Hood, Rogue and Umpqua river valleys, but rounder and smoother than the tangy Grigios.

For some reason, Pinot Gris is perceived as a more "serious" wine - probably because it is modeled on the pricier Alsace style than the simple, fresh Italian style. It is rare to find Pinot Gris under \$14 a bottle, and many are higher. Some wineries make more than one style. King Estate in Oregon makes one labeled Signature (\$14-\$16) and a reserve-style Domaine (\$25),



Graffigna Pinot Grigio Centenario 2007, Argentina, \$12.99. Grown in high altitudes of the Andes, this Grigio has bright and snappy citrus flavors and a brisk spine of acidity that makes it a terrific choice for shellfish and seafood dishes great with oysters or clams, with fried calamari and shrimp with pasta. Fuller-bodied than most Grigios. Good value, too.

which is 100 percent from the estate's organic vineyards and abounds in floral and tropical fruit flavors.

#### PINOT GRIS I'VE ESPECIALLY LIKED

A to Z, OR, \$12-\$14. Pear and citrus aromas and flavors very appealing, dryish, good value.

Adelsheim 2006, OR, \$16. White peach aroma, pear and apple flavors, wellbalanced, off-dry.

Bethel Heights 2006, \$17. Rich and spicy, with a smack of bright citrus.

Chehalem 2006, OR, \$16-\$19. One of the drier Oregon Gris, excellent for shellfish.

Cline 2007, CA, \$12. Great value here; very smooth and drinkable.

Kim Crawford 2007, Marlborough, NZ, \$17. Clearly Pinot Gris has a future in the cool climes of New Zealand. Spicy, zesty and fresh, lovely with seafood pastas.

MacMurray Vineyards 2006, CA, \$17-\$19. Lush fruit from the Russian River Valley, off-dry.

Ponzi 2006, OR, \$16. Consistently appealing for its lively spice and pear fruit flavors.

Zind-Humbrecht 2006, \$22. Classic Alsace style, rich but crisp and complex; a must-try.

North Carolina and Virginia have produced some lovely, flavorful wines from this grape, under both labels. Look for these: Barboursville Pinot Grigio, VA, \$14; Childress Pinot Gris, NC, \$14; McRitchie Pinot Gris, NC, \$14; Raffaldini Pinot Grigio, NC; \$13, Raylen Pinot Grigio, NC, \$14. MM



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#### THE TWISTS AND TURNS OF NORTH CAROLINA POLITICS

by Arch T. Allen

s it a political paradox that at the turn of the 21st century North Carolina's two United States Senators were conservative Republican Jesse Helms and liberal Democrat John Edwards? Or that its first governor elected to two terms was Democrat Jim Hunt and its second Republican Jim Martin? Or that currently it has two Republican senators and another Democrat two-term governor?

In his new book, *The Paradox of Tar Heel Politics*, Rob Christensen, who has served over three decades as political reporter and columnist for *The News & Observer*, addresses this apparent paradox, providing an engaging account of the past that led to the

current state of North Carolina politics.

Our 21st century politics evolved, Christensen explains, from elections over a century ago that began the Democratic Party's dominance for most of the 20th century. The stage for those elections had been set after the Civil War during Reconstruction, when the new Republican Party took control. Comprised of whites with anti-secessionist or Unionist sentiments and emancipated blacks, the Republicans sought to reform the remains of antebellum society. Democrats, mainly white ex-Confederates and their sympathizers, sought to regain some semblance of their lost past. In a battle between new Republican reformers and old-guard conservatives, Democrats gained control through Ku Klux Klan terrorism and the end of the Reconstruction era. Republicans made a comeback in the 1890s, however, by fusing with populists. In 1894, they took control of the legislature from the Democrats. In 1896 they elected Republican Daniel Russell governor. Black Republicans were elected to some offices, including a congressional seat, adding to Democrat resentment.

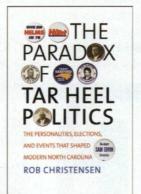
As the 20th century approached, Democrats fought back in an 1898 white-supremacy campaign that Christensen describes as "violent, raw, and corrupt." It was led by the white power structure, then including major newspapers, notably *The News & Observer*. To his credit, Christensen describes his own newspaper of that era as "a Democratic Party mouthpiece" and "the propaganda arm of the white supremacy campaign." He calls its editor, Josephus Daniels, a mixture of "progressive reforms with racist tactics."

White-supremacy campaigning succeeded again in the 1900 elections, when Daniels' candidate, Democrat Charles Aycock, was elected governor. Although progressive about public educa-

tion, Aycock was a white supremacist, prompting Christensen to call him "the poster boy for North Carolina's schizophrenic politics." With a mixture of progressivism and white supremacy, the Democrats brought the Jim Crow era to North Carolina at the turn of the 20th century. Afterward, Christensen explains, "Democrats maintained control through white supremacy that disfranchised black voters."

After the Democrat white-supremacy success in "redemption" of the state from Republicans, a political organization known as the Simmons Machine dominated the state's politics for decades. Its dominance gave way in 1928 with the election of O. Max

Gardner as governor. Gardner, a wealthy Shelby textile mill owner, represented a new generation, one that did not dwell on the Civil War and had not participated in the white-supremacy campaigns. Gardner began the Shelby Dynasty of progressive, pro-business politics, called "progressive plutocracy," that dominated until after World War II.



The Paradox of Tar Heel Politics: The Personalities, Elections, and Events that Shaped Modern North Carolina

by Rob Christensen (University of North Carolina Press, 2008, 351 pp.)

#### THE VESTIGES OF RACE

In 1948, a leader of populist Democrats, Kerr Scott, was elected governor. In one of his more significant acts, Scott appointed the state's leading progressive-liberal — the president of The University of North Carolina, Frank Porter Graham — to fill a United States Senate vacancy. Seeking election to his own term in 1950, Graham was challenged by prominent conservative lawyer Willis Smith in the Democratic Party primary. In a heated run-off — in which some Smith supporters interjected racial politics — Smith defeated Graham in the primary and was elected to the Senate in the general election. Ironically, half a century after Democrat racial poli-

tics had "redeemed" the state from Republicans, their successful strategy stained their own primary. As Christensen notes, the Democrats had "unleashed demons that were difficult to contain."

Those demons continued to haunt them, especially after the Supreme Court's 1954 school desegregation decision, dividing Democrats along lines surviving from the old Simmons Machine and the Shelby Dynasty. In the 1960 Democratic primary for governor, Terry Sanford, representative of what had become the progressive-liberal wing of the Democratic Party, defeated Beverly Lake, a segregationist from its old-guard conservative wing. Even after Sanford was elected governor, because of the lingering demons

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of racial politics, he maintained a moderate stance about school segregation and declined to advocate integration. Meanwhile, North Carolina's Sen. Sam Ervin, whom Christensen includes among the last of the state's conservative Democratic politicians, led Southern Democrat congressional opposition to integration and passage of civil and voting rights acts.

Much has changed since, of course. Of special significance politically, the Voting Rights Act of 1965 provided federal protection for voting rights and more blacks cast ballots. Ironically, they began voting overwhelmingly for Democrats. As new black voters flocked to the Democrats, many whites fled to the Republicans. Even though Democrat white-supremacy campaigns were left behind, both parties sometimes practiced subtle forms of racial politics.

Under these new political dynamics, the state turned somewhat to the Republicans in 1972. It elected Jesse Helms as senator, for the first of five terms. Republican Jim Holshouser was elected governor, but four years later Democrat Jim Hunt was elected. After a constitutional amendment allowing a second term, Hunt was re-elected in 1980; later, he was elected for two more terms.

#### THE HELMS HUNT ERA

Helms and Hunt came to personify the paradox of North Carolina politics, especially during Hunt's 1984 unsuccessful senate campaign against Helms. *The Paradox of Tar Heel Politics* portrays their personalities and their political differences and covers that contentious campaign. Ironically, 15 years after that bitter political battle, Helms and Hunt walked arm-in-arm "like two old friends" when Helms invited Hunt to speak at the groundbreaking for the Jesse Helms Center. Helms called Hunt, then serving his fourth term as governor, "a highly respected representative for North Carolina." Hunt called Helms, then in his fifth term as senator, "one of the greatest men to come along in our state's history."

Christensen chronicles the contrasts and changes and political twists and turns clearly within the historical context. Among the changes, progressive-liberals have been freed from their political party's past dependency for power on white-supremacy politics. They are now more at home in the Democratic Party. And, as North Carolina has moved from an agrarian, rural state to an industrialized, urbanizing identity, old-guard Southern conservatives have given way to modern American conservatives. They are more at home in the Republican Party.

The changes are reflected, and the new politics personified, by the candidates in 2002 for Helms' senate seat, Democrat Erskine Bowles and Republican Elizabeth Dole — and by Bowles' opponent in 2004 for the state's other senate seat, Republican Richard Burr. Although defeated in both elections, Bowles, now president of The University of North Carolina system, brought a new face of business and national experience to the Democrat Party. Sens. Dole and Burr became the new faces of the Republican Party in North Carolina.

Christensen sees the elections of Dole and Burr as "keeping with a long North Carolina tradition of sending fiscal and social conservatives" to Washington while continuing "to elect moderate Democrats to run things in Raleigh." To explain the split and how the state could have elected conservative Jesse Helms as sen-

ator five times and progressive-liberal Jim Hunt as governor four times, Christensen sums it up simply — "North Carolina is a closely divided state." It is divided and competitive politically, but overarching the divide and the partisanship Christensen finds a "business progressivism — a pragmatic centrism that has rarely satisfied either liberals or conservatives."

The Paradox of Tar Heel Politics lays a solid foundation for understanding the state's present politics. Long-time political observers and apolitical newcomers to the state can benefit from reading it. Happily, with its emphasis on political personalities, it reads as easily as a good novel.

#### **BRIEFLY NOTED — MORE ON NORTH CAROLINA POLITICS**

In addition to Christensen's *The Paradox of Tar Heel Politics*, the UNC Press is publishing *The New Politics of North Carolina*. Edited by Christopher Cooper and Gibbs Knotts, political scientists at Western Carolina University, it includes essays analyzing the past and present of North Carolina politics and addresses contemporary public policy issues. In bookends to the essays, the editors compare traditionalism and progressivism and rethink whether North Carolina's reputation as progressive is based on reality or myth. They conclude that "the new politics of North Carolina represents a combination of new and old. New opportunities and challenges have forced the state to change, but the old culture remains a powerful force."

#### **New and Noteworthy**

By Art Taylor

#### ELIZABETH BERG TO APPEAR IN AREA; BUSY SEASON FOR BOOKS

ast fall, I had the opportunity to hear a reading by Elizabeth Berg, best known for her novel *Open House* picked for Oprah's Book Club back in 2000. Berg is also the author of *Durable Goods* 

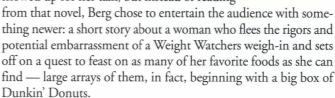
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ELIZABETH BERG

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and Joy School (both named best books of the year by the American Library Association) and a string of other bestsellers, including We Are All Welcome Here, The Year of Pleasures, The Art of Mending, Say When, True to Form, Never Change, and last year's Dream When You're Feeling Blue, about women on the home front during World War II.

That book was her most recent when I showed up for her talk, but instead of reading



There is, of course, a danger in such a story. As humorous as it was in Berg's dry-witted delivery — and the audience laughed out loud throughout — there persists a fear that we (Berg, the audi-

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ence, all of us) might be making fun of this character, laughing not with her but at her. I'll admit, for example, that I felt slightly uncomfortable when I spoke afterward to a pair of largish women, who proceeded to tell me the author simply wasn't for them.

That story is now the title piece of Berg's new collection, *The Day I Ate Whatever I Wanted: And Other Small Acts of Liberation*. The book offers other stories about a wide variety of women — from pre-teens to near nonagenarians — and about their trials, tribulations and triumphs. Many of the stories are published here for the first time, and the book promises to be every bit as fun and provocative to Berg's fans. Berg is only making one stop in the Triangle on her tour at Raleigh's Quail Ridge Books on Thursday evening, May 29.

#### **NEW AND NOTEWORTHY**

In my March column, I reviewed Scott Huler's new book, No-Man's Lands: One Man's Odyssey Through The Odyssey, and included a list of upcoming area readings. Huler unfortunately had to postpone his event at the Country Bookshop in Southern Pines, but that reading has now been rescheduled for Thursday afternoon, May 22. The book covers many genres — memoir, history, travel and literary criticism — and I once again encourage you to attend.

Also, John Kessel (interviewed in last month's *Metro*) continues his local tour with a reading from *The Baum Plan for Financial Independence* at McIntyre's Books in Fearrington Village on Friday afternoon, May 16. Kessel will be joined by fellow sci-fi author

Gregory Frost, whose new novel is Shadowbridge.

Beyond these appearances, May is an extremely busy month for readings and signings in the Triangle and throughout Eastern North

Carolina, so only a selection of highlights is included here. Please check your local bookstore for more complete schedules.

• Nancy Peacock, author of *A Broom of One's Own: Words on Writing, Housecleaning, and Life*, on Thursday evening, May 1, at Durham's Regulator Bookshop, and again on Thursday afternoon, May 15, at the Country Bookshop.

• Joe Camp, creator of *Benji* (and director of the *Benji* movies), with his book *Soul of A Horse*, on Saturday morning, May 3, at McIntyre's Books.

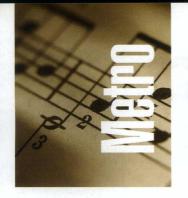
• Local and national favorite Sarah Dessen with *Lock and Key* on Saturday afternoon, May 3, at Raleigh's Quail Ridge Books, and again on Sunday afternoon, May 18, at McIntyre's.

• Diana Kennedy, author of *The Art of Mexican Cooking*, on Sunday afternoon, May 4, at McIntyre's.

• North Carolina young adult authors Louise Hawes, with *Black Pearls: A Faerie Strand*, and Frances O'Roark Dowell, with *Shooting the Moon*, on Tuesday evening, May 6, at the Regulator. Hawes will also be reading alone on Saturday morning, May 10, at McIntyre's.

Go to www.metronc.com for more New and Noteworthy and Bookwatch events.





DWW by Philip van Vleck

#### **GARY BRUNOTTE'S JAZZ ODYSSEY**

n my March column I reviewed an album by Triangle-area jazz artist Gary Brunotte. The disc is titled *Manic Moments* and features Brunotte on keyboards — piano, organ and accordion — and several North Carolina jazz players — including Gregg Gelb, Glen Ingram, Scott Sawyer, Jim Ketch and John Simonetti. Drummer Bill Berg, a long-time friend and collaborator, is based in California.

*Manic Moments* is an excellent jazz outing; it's definitely a disc fans should explore. Brunotte is an accomplished player, as are his compadres, and he even sings convincingly.

Brunotte is a native of Minnesota, and it was in the great white north that he first got into music.

During a recent conversation, Brunotte recalled that: "Back in the '50s, my family was into the traditional polka and fox-trot kind of music. My uncles played — one played accordion and the other played guitar — and my stepfather played guitar as well.

"They started me on accordion lessons at age 9," he said. "I got my first Hammond organ when I was around 20. I was playing in an R&B band. I had a Farfisa organ when I was a teenager and played in some high school rock bands. I started listening to jazz when I was in my later teens."

Brunotte did his time in college at the University of Minnesota, eventually graduating with a degree in business.

"I left U of M for a while when I was

21; I did a brief stint on the road with this band playing Hammond B3," he said. "They called them show bands back then, horns and bells and whistles and such. We did a little bit of jazz, but a lot of it was stuff like 'MacArthur Park.' We got to do some jazz in the warmup sets. My feature was the old Jimmy Smith 'Walk On The Wild Side' number."

Upon graduation, Brunotte determined that he wasn't feeling a desire to buy the suit and plunge into the business environment. Instead, he moved to Boston to attend the Berklee College of Music.

"I went off to Berklee to learn jazz, which was what I really wanted to do. I was 25 at the time, and I remained there for seven years."

Brunotte eventually graduated from Berklee with high honors. "I was getting a lot of writing opportunities through the Herb

Pomeroy Band, so Berklee hired me as a teacher," he noted. "I taught there for about three years, until 1980, and then I left because I really didn't like teaching that much.

"I felt like I needed to go out and learn more and really live it, rather than going right into teaching after just learning how to write big-band stuff," he explained. "I had about four years of big-band

> writing, but my theory was that I had to get out and do more. I really wanted to go to New York and try my luck."

> A lot of people go to New York City to try their luck and that strategy frequently does not produce the desired result. Brunotte's New York sortie ended up benefiting him more in terms of business than music.

> "I actually got a gig at Rodney Dangerfield's Comedy Club," he said. "They had a trio, and you got to play a little bit of jazz up front, and then they'd have a singer each week and you'd back his or her show. Then you'd play up the comedian on stage, and then they'd release you. I did three per night. I did it for a few months. It was late-night stuff, and I was making about \$300 per week and living in New York."

Brunotte decided it might be time to invoke his degree in business.

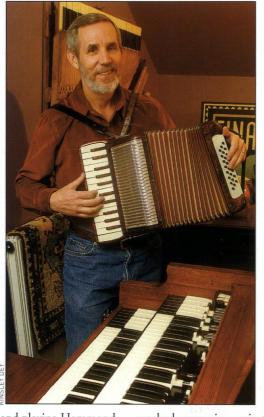
"I was lucky enough to get on as a financial analyst at CBS," he said. "I worked for them for a good five years. My wife and I moved out of the city to a little town called Peekskill, NY, and I

worked some gigs up in that area. There were a few jazz clubs up there, and I met some good players."

During this time, Brunotte also landed a grant from the National Endowment for the Arts that enabled him to put together a big band and write material for the project. This culminated in a concert by the Herb Pomeroy Big Band in New York City. It proved to be another boost to his jazz credibility, but it wasn't enough to keep him in the New York area.

"After about a year-and-a-half we decided to move back to St. Paul, so we sold the house in Peekskill and bought four-times the house in Minnesota.

"While I was at CBS I switched from finance to learning about computers," he explained. "When I got back to Minnesota I actually



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#### DISCOLOGY

#### Counting Crows: Saturday Nights & Sunday Mornings (Geffen)

This album amounts to the resurrection of the promise Counting Crows displayed back on the album *August and Everything After*. The band's career trajectory since then has been anything but consistent. The albums they've released have either been less-than-riveting live recordings or



one-hit wonders such as *Hard Candy*, from which came the single "American Girls." They also wrote the song "Accidentally In Love," a hit single that came

to us via the film Shrek 2. Saturday Nights & Sunday Mornings is all about lead singer-songwriter Adam Duritz remembering how to rock. When Duritz is in his groove, there's no more compelling lyricist in rock today, and he's deep in his groove here. The album opens with a truly killer rock number, "1492" — the sort of furious rock number Counting Crows hasn't nailed in quite a while. A taste of the

same vibe echoes throughout "Cowboys." We get a different, bluesy feel from "Los Angeles," while "Washington Square" and "On Almost Any Sunday Morning" are relatively quiet songs that are nearly folkrock. Of course, Saturday Nights & Sunday Mornings is something of a concept album. The first six tunes constitute the Saturday nights, and they rock, while the remaining eight tracks comprise the Sunday mornings, and they're generally quieter, more pensive numbers. Taken as a whole, the CD is a superb piece of work. Stylistically, the songs embody everything that's right about Counting Crows, and they're also the best collection of lyrics Duritz has authored since August and Everything After.

#### Michael Burks: Iron Man (Alligator)

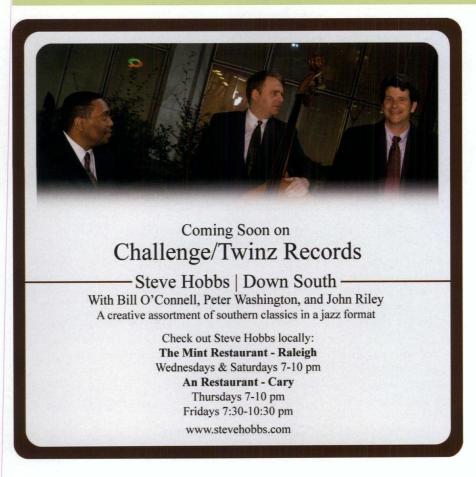
This is the best CD bluesman Michael Burks has ever tracked. He took his road band into the studio for this project, and that made all the difference in terms of the punch these tunes deliver. Burks is a powerhouse vocalist and lead guitarist,

and on *Iron Man* he benefits from the chops of his road guys: Chuck "Popcorn" Louden (drums), Wayne Sharp (organ and piano) and Don Garrett (bass). Cue up the first track, "Love Disease," and fasten your seatbelt. The song delivers a sonic blast that portends things to come. Burks' gui-



tar work is stellar throughout, his vocals are deep, and his rhythm section is in the pocket. For those who fancy the slowburning blues joint,

try "Empty Promises." Some of the most potent tracks on the album are midtempo numbers such as "Salty Tears" and "Hard Come, Easy Go." Burks always works a particularly hard-hitting lead guitar on songs that fall in the mid-tempo range. Also check out "Don't Waste My Time" — a very cool piece very much in the classic soul groove. Blues fans will definitely benefit from a spin through this disc; it's one of the top blues releases of '08.



went to work for a music software company; they put out a high-end product called Finale. I was the R&D director of that for a while, and then I became the manager of the whole business. The owner was getting ready to shut it down, and I said, 'Well, I have a business degree, let me run it.' We turned it around, saved the company and I got a big bonus. I took that opportunity to pursue music full time again, so I took off for three years and put out my first CD in '93 [Yesterday's Dream].

"I'd met a good many musicians through my work with this software company, including Chick Corea. I used one of the guys in his band, Eric Marienthal, as well as some cats from LA, from the group Flim & the BBs."

In 1995 Brunotte went back to work in the day world. Soon, however, he and his wife had had their fill of the great white north. North Carolina beckoned and they headed for a milder climate.

Brunotte has cut four albums and is currently planning an organ trio recording for his fifth CD. All his records are available on the Web at: www.cdbaby.com, and Brunotte has a Web site as well: www.garybrunotte .com.



The NC Bankers Association offers a reward for information resulting in the arrest and indictment of a person or persons who commit the robbery of a bank or savings institution (the reward does not apply to the robbery of credit unions as they are not members of the NCBA). Call toll free 800-209-2293 to provide confidential information about a robbery to law enforcement personnel.

Capel Incorporated has announced the winners of the Capel Rugs design competition at North Carolina State University. The winning designs were created by College of Design students Heather Hardison (1st place), Emily Morrison (2nd place) and Kathleen O'Brien (3rd place).

Students were asked to submit designs geared toward a 20-40-year-old demographic and were encouraged to explore unique, contemporary color balance and composition. The winning designs will be produced and distributed by Capel as featured new introductions in 2009.

Carolina Performing Arts of The University of North Carolina at Chapel Hill announced a varied 2008-2009 season with 31 programs presented in 42 performances, including the regional debut of Russia's Bolshoi Ballet in its only US performance of *Swan Lake* and *Don Quixote*, the Kirov Orchestra and the New York Philharmonic. To purchase subscriptions or tickets to individual performances, go to www.carolinaperformingarts.org or call the Memorial Hall box office at 919-843-3333.

Cary Visual Art has established a scholarship program awarding \$1000 per year for up to four years to each recipient based on artistic merit, volunteer service to the arts and the intention to pursue an art-related college curriculum. Applications are due by May 15, 2008, and are available at www.caryvisualart.org.

The winners of the Chamber Orchestra of the Triangle inaugural Competition for Young String Soloists are Violinist Jing Qiao, Oberlin, Ohio, awarded the first prize of \$10,000 and an opportunity to perform with the orchestra during the 2008-2009 season; Violinist Benjamin Beilman, Philadelphia, PA, who placed second and received \$2500; Cellist Fedor Amosov, East Lansing, MI, finished third and received \$1500; Cellist Alan Toda-Ambaras, Chapel Hill, was awarded the Thomas S. Kenan, III Award honoring the top performer from North Carolina and received \$1000.

Tyco Electronics Ltd. presented a \$25,000 donation to the Fisher House Foundation to support the construction of a new Fisher House<sup>TM</sup> at Womack Army Medical Center at Fort Bragg. The facility — featuring 12 living suites and handicapped accessibility — allows family members of injured and ill service men and women to be close to loved ones during hospitalization. Groundbreaking is scheduled for May 2008.

The Franklin Hotel in downtown Chapel Hill now offers jazz Sundays with Brevan Hampden and Friends every Sunday 7:30-10 p.m. in Roberts — the hotel's lobby bar — in addition to live music and entertainment Thursday, Friday and Saturday evenings.

Artist Jason Craighead's *Travel Park 2*— an 80-inch wide by 80-inch tall mixed media on panel painting — has been purchased by the city of Raleigh. The painting was displayed in "Microcosm/Macrocosm," a recent exhibition in the Municipal Building's Miriam Preston Block Art Gallery. The city also purchased a piece by Tricia McKellar from the show. For the past three years, Craighead has received a MetroBravo! Award for best regional artist from Raleigh's *Metro Magazine*.

Long Leaf Opera celebrates its 10th anniversary season June 11-29 at UNC-Chapel Hill's Memorial Hall and Gerrard Hall and at the Carrboro ArtsCenter. Main

stage performances include an adaptation of Marc Blitzstein's *Regina*, Pulitzer Prize-winning composer William Bolcom's *Medusa*, Gian Carlo Menotti's *The Medium*, and Ricky Ian Gordon's *Orpheus & Euridice*. For more information, visit www.longleafopera.org.

Pianist Mayron Tsong of The University of North Carolina at Chapel Hill will perform for the first time at Carnegie Hall in New York City on May 30 and release a debut CD this fall. An assistant professor of piano at UNC, Tsong will perform works by Ravel, Haydn, Prokofiev, Coulthard, Rachmaninoff and Scriabin at 8 p.m. in Carnegie's Weill Recital Hall. Her self-titled CD (Centaur Records), available this fall, will feature works by Prokofiev, Scriabin and Rachmaninoff.

The North Carolina Heroes Fund announces a fundraising luncheon Thursday, May 8, 2008 featuring General Hugh Shelton 12 noon at The State Club on North Carolina State University's Centennial Campus. Email events@ncheroes.org

#### **APPOINTMENTS**

**Bob Daly**, co-founder of Daly Seven Inc., and Don Camden, Southeast Regional Manager of Cargill Inc., have become members of the board of directors of Passage Home, the nonprofit group that offers transitional housing and placement for women leaving the prison system and homeless families.

**Chris Dawson** of Raleigh is coaching football and teaching English at Gilman School in Baltimore under Coach Joe Ehrmann, the main character in the sports book *A Season of Life* by Jeffrey Marx. Ehrmann founded the organization Building Men & Women for Others.

J. Wesley Andrews, formerly of the global finance firm Lehman Brothers, has joined financial advisers Cardinal Capital Management of Raleigh. Andrews is a graduate of Hampden-Sydney College, Georgetown's McDonough School of Business and holds a JD from the University of Miami School of Law.

# IM TURGOTTE.

## My Usual Charming Self

by Bernie Reeves

LEGAL JUSTICE AND ENVIRONMENTAL LUNACY

he horrifying details are leaking out. Reports indicate that UNC class president Eve Carson was kidnapped and hauled along to ATM machines before attempting an escape. She was shot from behind and then point-blank in the face, blowing three fingers off her right hand—her last act on earth a frantic effort to shield her face.

This description is as accurate as anyone knows because Orange County Superior Court Judge Carl Fox has sealed the indictment against the two perpetrators arrested in the case. And the District Attorney can't decide if he should seek the death penalty. Is it because one or more of the alleged killers is "underage"? Or is it because justice in Orange County is often tempered with politically correct sensitivity? Fox has been known to bend the rules in the past, and I'm sure the DA is receiving heat from the usual suspects who always pop up and blame "society" for the actions of "disadvantaged" groups.

But whatever the reasons for the stone-walling in Hillsborough, why aren't the local mass media beating down the door to find out what's really going on? If the accused parties had misused campaign funds, been involved in a sexual liaison or driven a state-owned vehicle for personal errands, reporters and TV vans would be camped outside the jail 24/7. Pre-trial publicity is certainly involved here, but the public's right to know trumps that canard in the case of Carson. One conclusion is clear. The prophylactic thrown over the accused parties certainly inures to their benefit, allowing time for advocacy groups to concoct their defense.

Over at UNC-Chapel Hill, where Carson was murdered, it's not too late to join in the "year-long discussion of the death penalty." Back in March - the month Carson was killed — The Justice Theater Project presented Still ... Life "to call attention to the needs of the poor, the marginalized and the oppressed" - in other words, the people who commit murders and end up on death row. Or you could have visited an "interactive multimedia installation ... that looks at the death penalty through images and sound." Believe me, the discussions at Carolina did not include pro-death penalty points of view. And rest assured the dozens of other subsidized activist groups hanging around the university will coalesce to undermine bringing Carson's killers to justice. In the end, it will be your fault.

#### NOTES FROM LA-LA LAND

Word is the city of Raleigh drained water out of the Falls Lake reservoir a year ago in response to predictions of an active hurricane season in summer 2007. The severity of the drought was duly exacerbated — but no "named" storms came close to North Carolina. The same meteorological "experts" are relied upon for estimates on climate change. These new lords of the universe can't even predict a thunderstorm tomorrow, yet nations are committing billions of dollars to heed their advice about global warming.

Obviously sanity is not a prerequisite for environmental theory. In a devastating irony, a global famine is under way as activists push to abandon gasoline and pump bio-fuels made from corn to power automobiles. Corn has become scarce and expensive, and people in poor countries are going hungry. Meanwhile, the lunacy continues as the very same activists block access to the world's oil resources. The righteous and deranged environmental Left is far more dangerous to our future well-being than terrorism.

Speaking of nutcases, Bill Ayers has been in the news of late associated with presidential candidate Barack Obama. The problem for Obama is that Ayers was the leader

of the notorious 1960s and '70s domestic terror gang the Weathermen - later changed to the Weather Underground in a politically correct nod to the girls in the group. I made a point to attend a talk by Ayers in 2006 in Washington, DC, to hear what he had to say about his days as a stooge for the Soviets. Many of his antics are discussed in his 2001 book Fugitive Days featured on the cover of The New York Times Arts section on 9/11. Ayers unfortunately opined he missed the heady days of blowing up buildings for fun. But I wanted to ask him a few questions up-close and personal. Go to www.metronc.com and click on "My Usual Charming Self" and scroll to "You Don't Need A Weatherman."

Hats off to Thad Woodard, executive director of the NC Bankers Association, for orchestrating the Salute The Troops parade in downtown Raleigh April 26. Vietnam began the separation of the military from the public domain. Until then it was common to see servicemen and women in uniform out and about. The Christmas parade in Raleigh featured marching bands from Fort Bragg and Camp Lejeune. Soldiers and sailors and Marines took pride in their service to the nation and were treated with grateful respect. Sadly, the anti-war movement went to work on the military presence in society and never let go. ROTC programs were run off campuses or forced to change to kinder, gentler names - for example Navy ROTC became "The Curriculum for Peace, War and Defense" at UNC-Chapel Hill. At Yale the protestors ran the Navy off campus. In the mid-'90s the school asked the Navy if they would like to return. The Navy said no thank you.

Tony Blair hadn't been gone long before the true stripes of his **New Labour Party**— now under Prime Minister Gordon Brown — went on display in a typically inane politically correct piece of legislation. The UK has officially outlawed "wolf whistles," the time-honored tradition by working class stiffs to recognize female pulchritude. Blair kept the Party within the bounds of rationality. Without his personal leadership, the nanny state ninnies are on the move.



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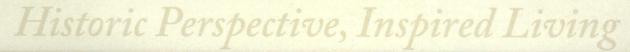
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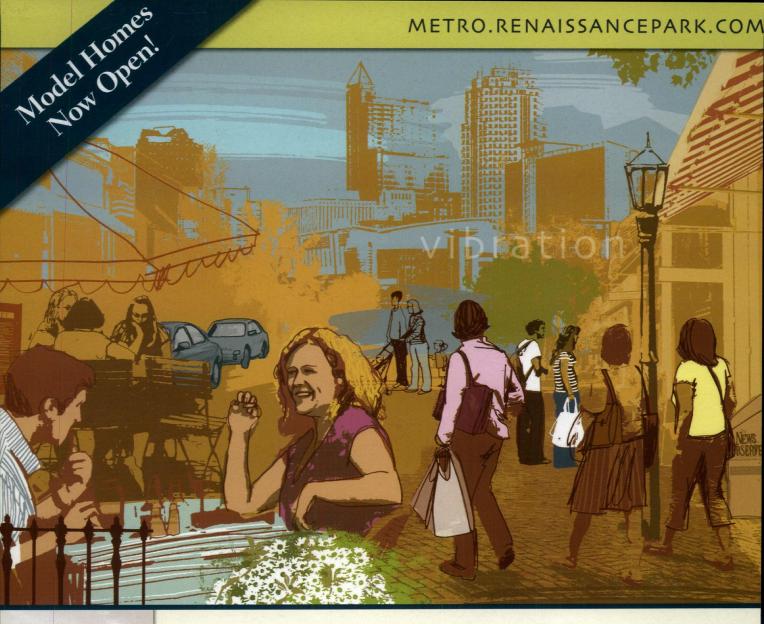
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