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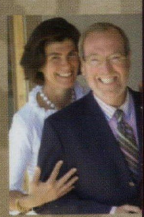

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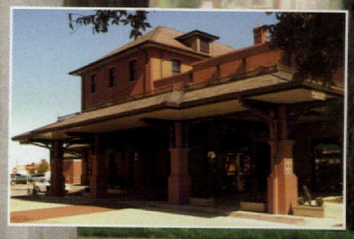

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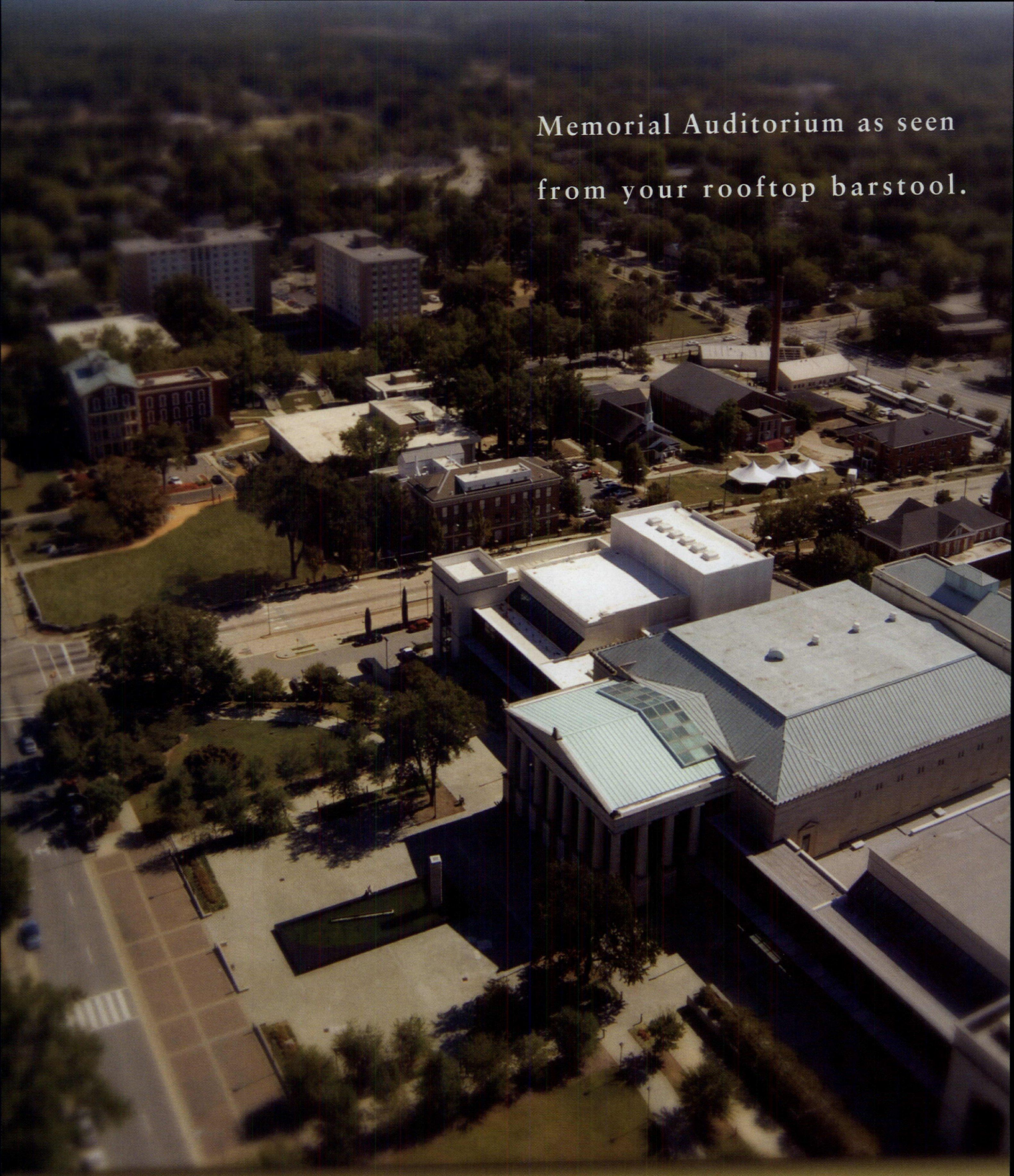

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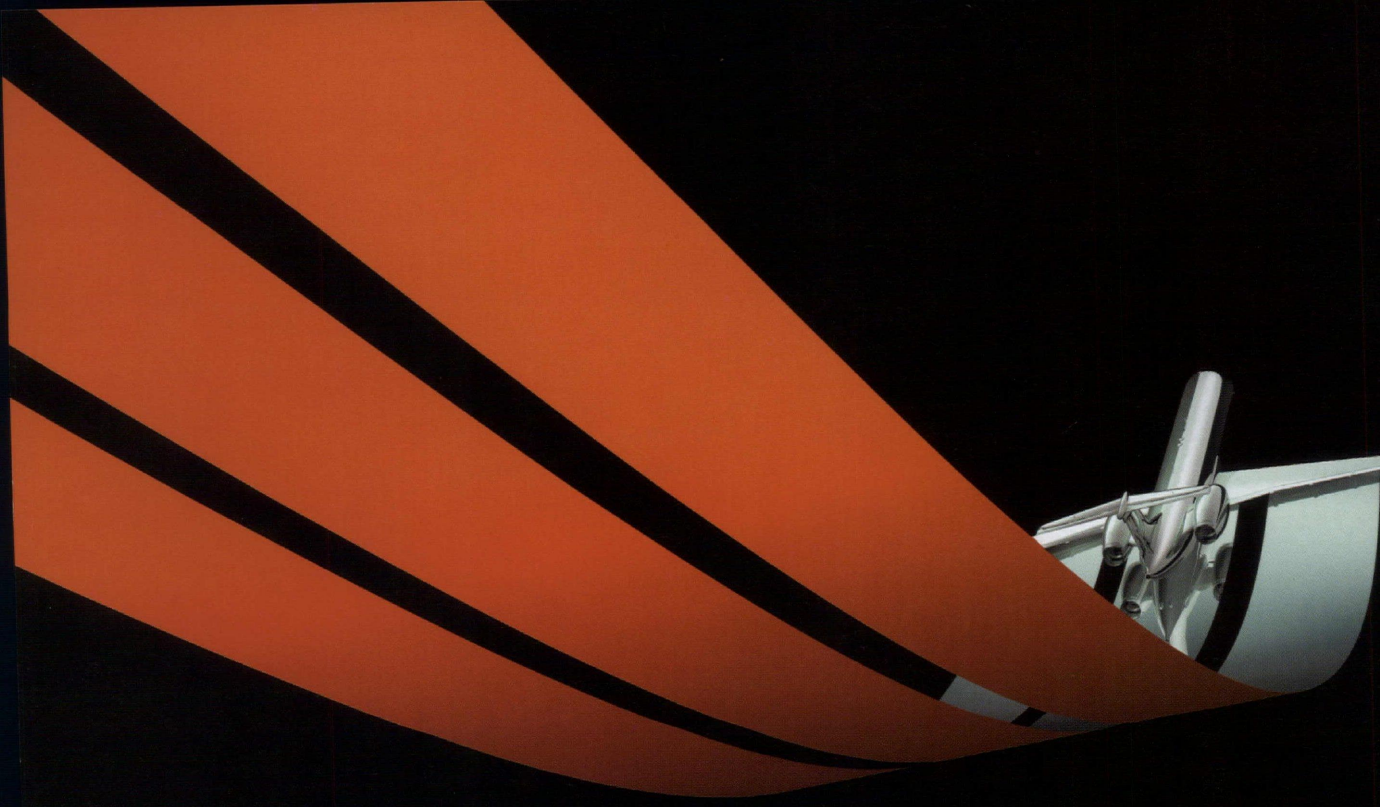

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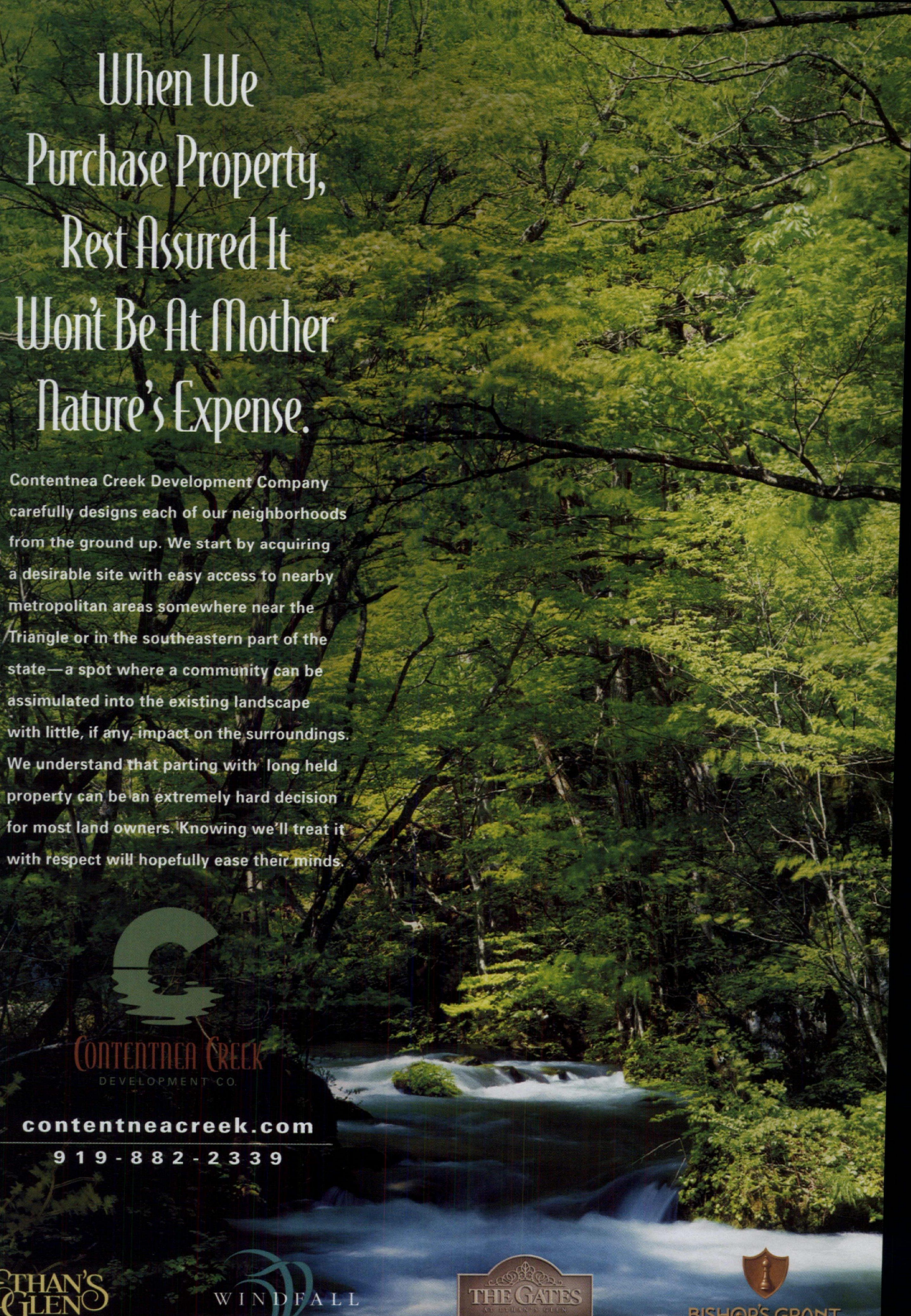
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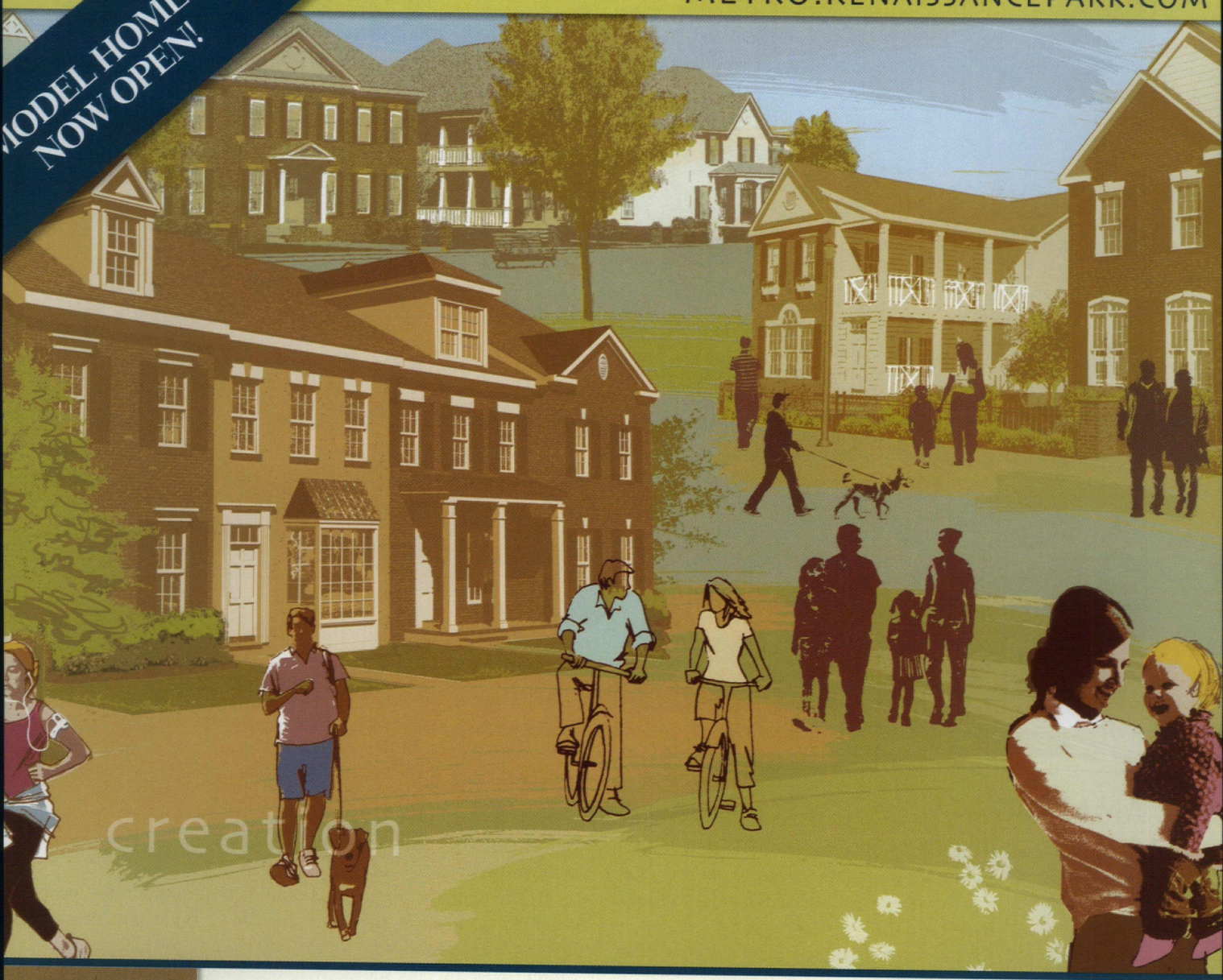

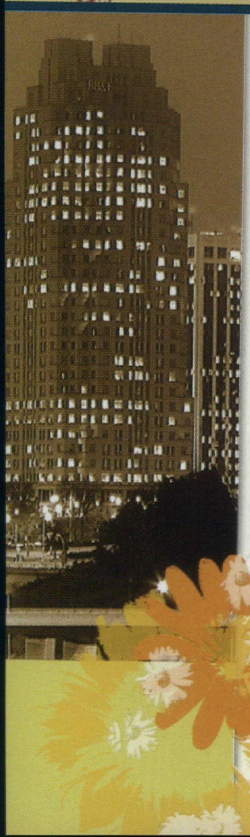

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1934 Packard Standard Eight, Model 1100 Deluxe on display at the Concours de Graylyn auto show (see Between You and Me).

AMAZING

Metro amazes me too. It's all a reader can do to digest the intriguing and interesting articles before another issue wends its way to your doorstep or newsstand — and this November issue is no exception.

We didn't plan to publish two feature pieces about Down East in one issue, but what's a mother to do? East Carolina University is relentless in its march to the future, and with its 100th birthday going on, the folks there have ratcheted up their already potent role in the life of the state with a five-prong strategy that will be felt Down East, across the state and throughout the nation. The new Dental School is one example, but there is much, much more going on, so dig in to *Metro's* special report on the rising star of the East and marvel at the informative features by Jennifer Hadra and Steve Row.

I'm like you when I read new content for the upcoming month, often not knowing what to expect. I must say the piece by Diane Lea on the city of Rocky Mount grabbed my attention from beginning to end. This important town has a history often forgotten and a future to envy. See if you feel the same after you visit Rocky Mount in the pages of *Metro*.

We ought to create a book from our quarterly Medical Special Reports to memorialize what we know — that the Triangle and Eastern North Carolina are right up there in the world rankings when it comes to medical practice, procedures and research. A phone call from a reader told us of the research going on at UNC's Thurston Arthritis Research Center, dedicated to discovering new treatments and cures for this painful and crippling disease that affects one-third of the nation — and 39 percent of North Carolinians. Rick Smith fills us in on their efforts and successes to combat this dreaded illness.

Where to go to college is the omnipresent question for high school kids and their parents. In our annual Education Special Report, Jane Shaw, director of the Pope Center for Higher Education (she knows her subject well) offers invaluable guidance to kids and families on how to go about deciphering the myriad and conflicting reports and sources available on US colleges — and offers some sound common sense advice, as well. Arch T. Allen adds reviews of recent books on the lacrosse crisis at Duke, as well as a look at the new documentary *Indoctrinate U.*

Molly Fulghum Heintz (*Metro's* Raleigh girl in the Big Apple) says beauty goes beyond the beholder; Carroll Leggett attends the stylish Concours de Graylyn auto show; Jim Leutze talks transfer taxes and gay fish; Louis St. Lewis says art is a great gift for Christmas; Philip van Vleck interviews a genuine song and dance man; Art Taylor talks about serious books; George Leef reviews the new revelations about FDR and the Great Depression; Food Editor Moreton Neal enters the fray to define Southern cuisine; and Barbara Ensrud says don't forget wines from Sonoma.

There's more, including the first of *Metro's* two much-anticipated holiday Gift Guides and news items from across the region to keep you in touch with where you live.

Hang on for December: We have another great line-up of content on the horizon, including *Metro's* popular Southern Style quarterly.

—Bernie Reeves, Editor & Publisher

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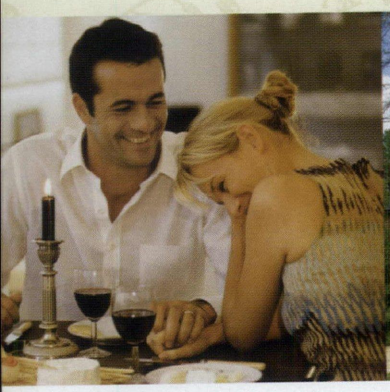

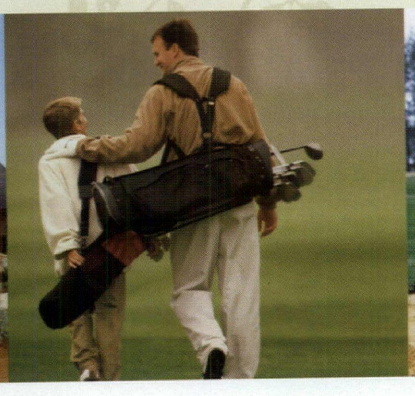

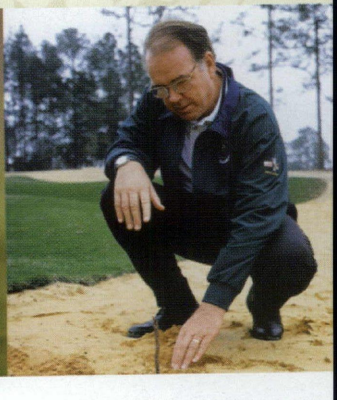

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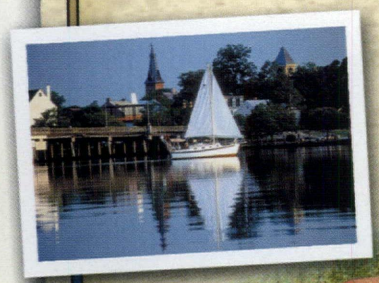

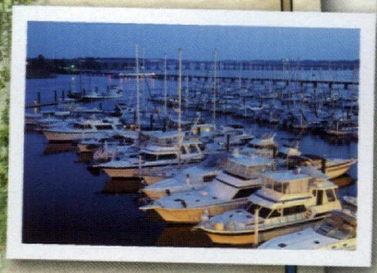

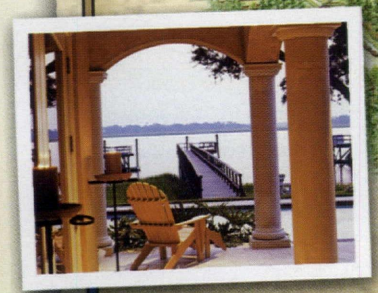

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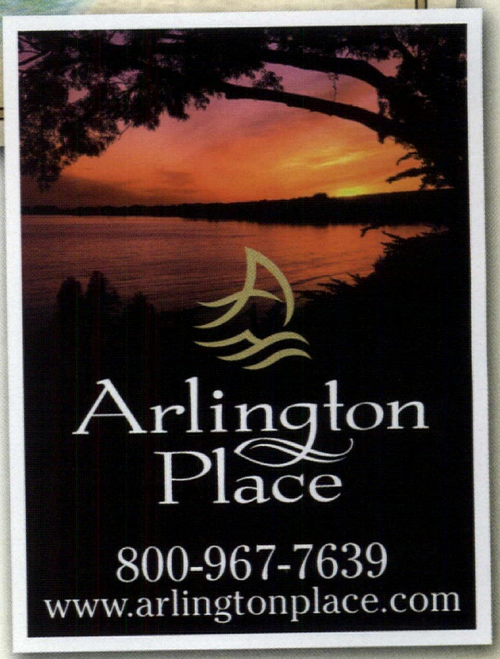

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Correspondence

SAVING EDENTON FROM BIG-BOX INVADERS

Thank you for covering meaningful issues of interest in our state. Down East here in Edenton, quite a few folks take your publication and keep up with what is going on via your online issues. I know that folks from Down East living in other parts of North Carolina want to know what is happening in their little hometowns like Edenton, NC. I am writing to make sure folks know about an issue that will drastically and permanently change the charming downtown soul of Edenton for the worse. Edenton has offered a thriving downtown district for over 300 years, and I want to ask for your readers to help us preserve this jewel for years to come.

The Wheeler Group of Norfolk, VA, has proposed to build a 255,000-square-foot shopping center with a big-box anchor with nearly 1100 parking spaces just blocks from downtown in a community with only 55. Chowan County, where Edenton is located, has a population of only 14,500 people. The county has grown by 100 people per year over the last five years. There are Lowes and Wal-Marts within 30 minutes drive already.

Edenton is one of the last little towns to keep out big-box stores. Other NC towns that have held out against them include Asheville, Manteo and Hickory. They have managed to save the better part of their town's soul while still growing with smart planning. People visit Edenton, and even relocate here, because they don't see what they see everywhere else: strip mall sprawl. They see history, small town entrepreneurs and beautiful surroundings of farmland, game preserves and the Albemarle Sound.

There is an additional concern beyond the soul of the town. Based on extensive research — starting with a Web search called "big box study" — into the impact of large strip centers anchored by big-box stores, this kind of project in Edenton will have a negative fiscal impact. Studies indicate that some of the trade-offs of bringing in large retail malls anchored with big-box stores are fewer retail jobs, lower wages and benefits (they hire more part time), failure of long-time local businesses (where profits used to be spent in town), higher poverty rates, higher infrastructure costs to the municipality and general traffic issues because of the lack of the traditional grid approach that towns used to be built with (think of the traffic issues caused by too much dependency on the main multi-lane roads running in and out of Raleigh).

If you feel a connection with Chowan County and Edenton, please write or call the people you know down here, write to our officials (www.townofedenton.com) and help them understand what this really might mean to our town. Please come and visit us, and tell us if you think we should abandon all of the hard-working entrepreneurs with small local businesses for an outside developer and a big-box corporate giant.

If you want to learn more about a new smart growth group here in Chowan County, please e-mail us at EdentonProgress@yahoo.com.

Julien Mordecai
Edenton

(*Big-Box Swindle: The True Cost of Mega-Retailers and the Fight for America's Independent Businesses* has just been released in paperback, Beacon Press, $15.)

CANTALOUPE FESTIVAL MEMORIES

On behalf of the citizens of the town of Ridgeway and the Ridgeway Historical Society, our thanks to Carroll Leggett for his delightful column in the September 2007 issue ("Ridgeway and the Cantaloupe Festival"). He truly caught the essence of what we have tried to accomplish by staging the annual Cantaloupe Festival. It is our desire to bring together all of the people of our community in a setting where everyone plays a part in the "Slice of Life Celebration." My father, Weldon Daeke, was the original owner of the building, which now houses the Ridgeway Opry that Carroll Leggett mentioned.

I have one correction: Mr. Leggett asked why no politicians were present at the Festival. Unfortunately, he arrived after the opening ceremony. North Carolina House Rep. Michael Wray, North Carolina Sen. Doug Berger and Warren County Commissioner Ernest Fleming were all present shaking hands and saying, "Howdy!"

We are looking forward to the 2008 Cantaloupe Festival on July 19. Y'all come!

Lucy Daeke Holtzmann
President Ridgeway Historical Society
Ridgeway

Bernie Reeves
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CAMPBELL FOOTBALL REQUEST FOR HELP

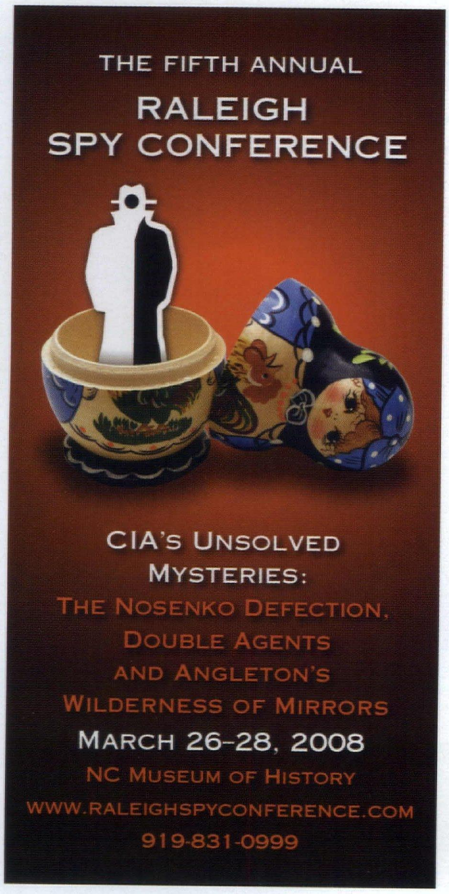
To: Carroll Leggett

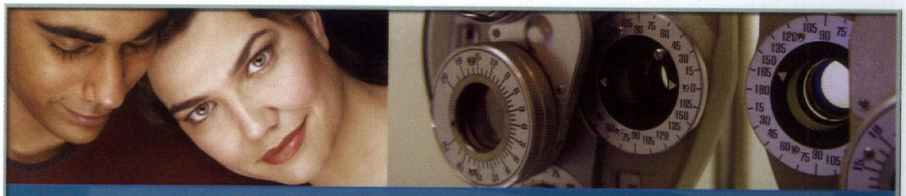
My dad, Edwin Lloyd Rogers (Ed), played half-back (full-back) on the 1946 Campbell Junior College football team under Coach Earl Smith.

Someone told him, someone he apparently did not really know, that he had "made it." He never asked what but has thought it must be Junior College Football All American selection, though he was never told and it was never mentioned again.

I believe throughout his life, at various moments, he has wondered what it was he made. Playing football was so important to him, and he played so well at Campbell after returning home to Rocky Mount from the Marines and the South Pacific, that he wants to know so that he can pass on the complete and accurate story to all of his grandchildren. He has lots of great newspaper clippings of that wonderful season.

Searching the Internet, I found your recent article in the October issue of *Metro Magazine*: "Football Comes To Baptist Hollow ... Again" (www.metronc.com). We





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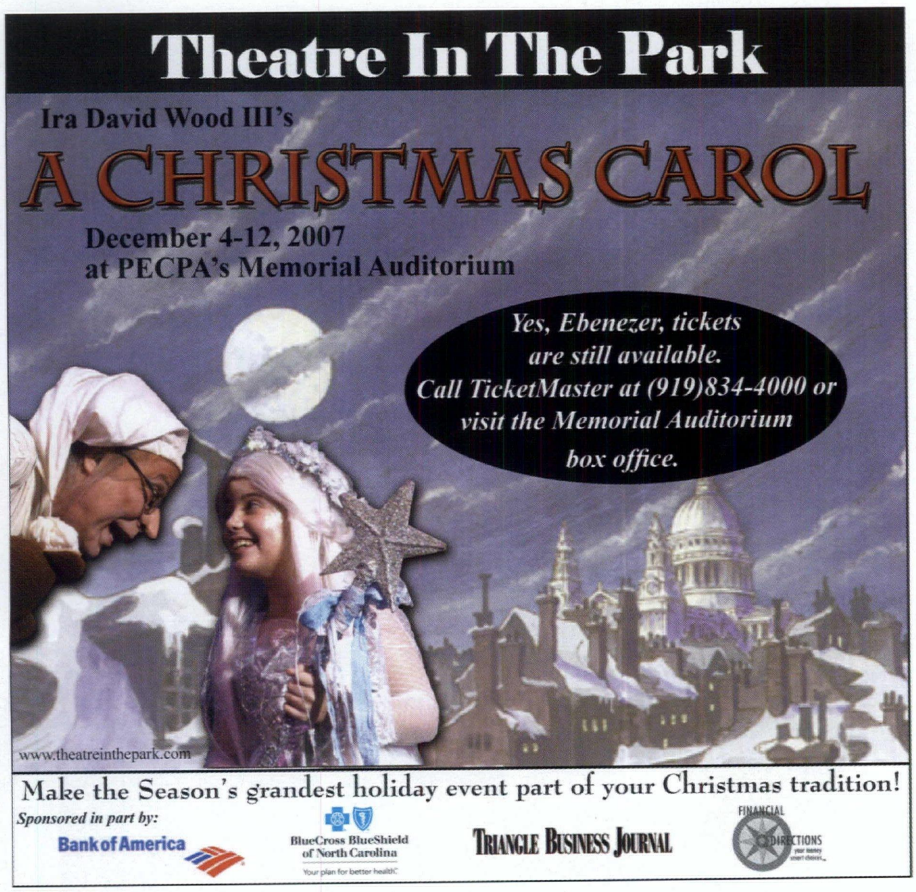
very much enjoyed it. From it I contacted Coach Smith. He surely remembers my dad, and I see that you are his nephew. He asked me to get my dad to visit, call or write. He said that he is now in the North Carolina Sports Hall of Fame and that my dad helped put him there! It was a pleasure to talk with him. He did not know the answer to my question about Junior College All Americans from that team and suggested we contact the NJCAA.

We had contacted the NJCAA sometime in the past only to receive a letter saying they could not locate the information and suggested we contact a particular newspaper. My dad has since lost that letter, so I have no idea who it mentioned to contact.

We have been unsuccessful in obtaining any list of Junior College All American Football players for the year 1946. Can you possibly help us out?

My dad hopes to come to the football homecoming at Campbell next year.

Ted Rogers
Naples, FL



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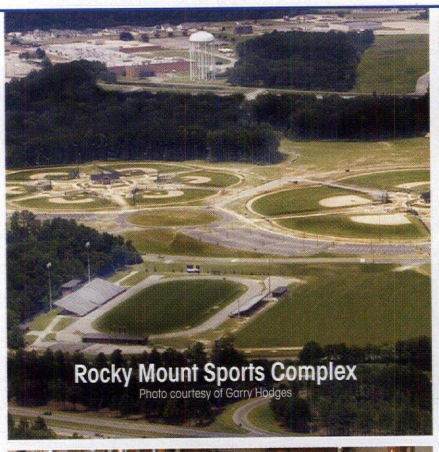
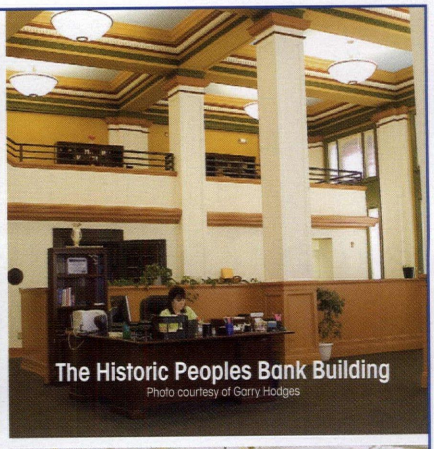
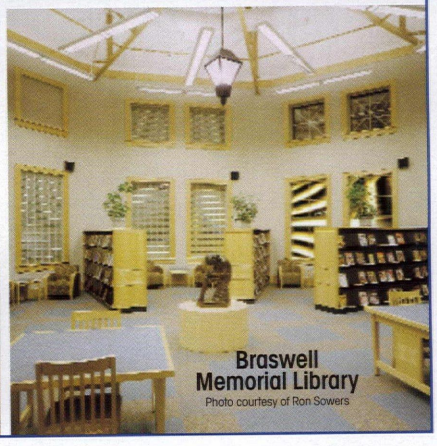
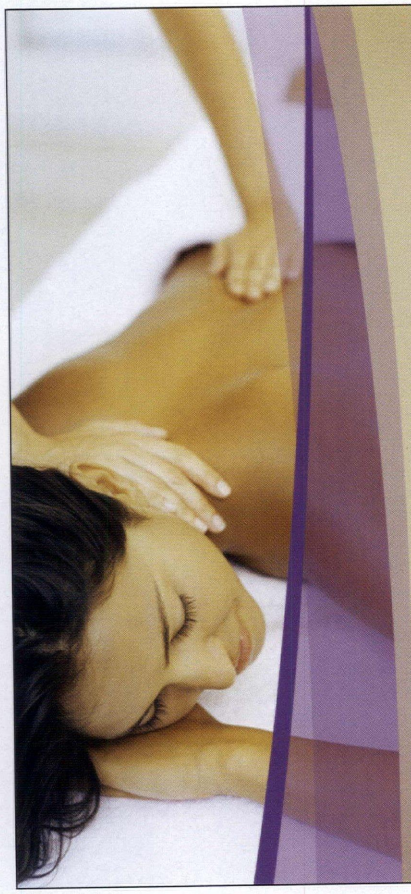

Rocky Mount Sports Complex
Photo courtesy of Garry Hodges


The Historic Peoples Bank Building
Photo courtesy of Garry Hodges

The Imperial Centre
Photo courtesy of Ron Sowers


Braswell Memorial Library
Photo courtesy of Ron Sowers



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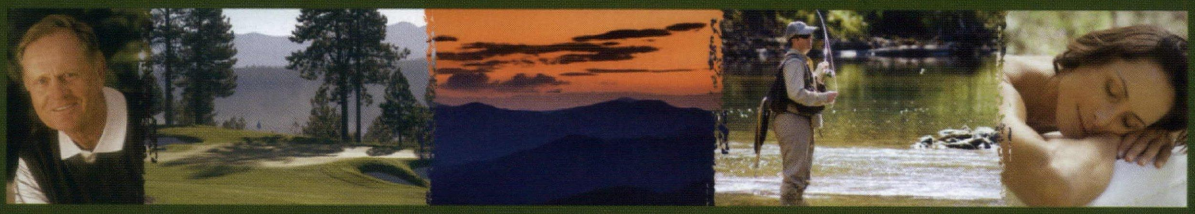

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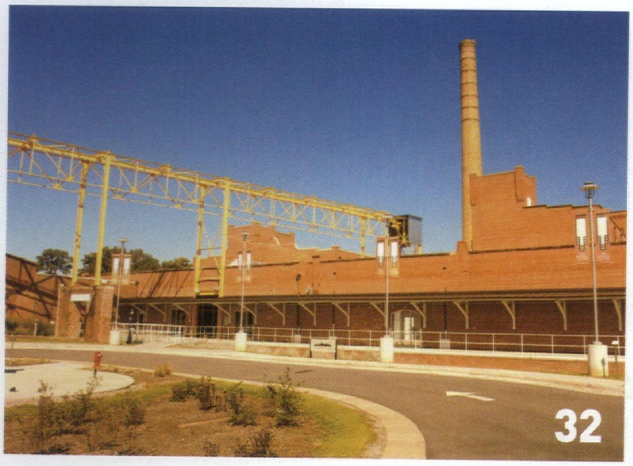

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SECRETS OF STATE

Design Expo at North Hills

Design Expo Raleigh (DXR) '07, a two-week celebration of the applied arts by North Carolina designers, opened at the Alexan Building at North Hills Oct. 19. The exhibits and accompanying series of lectures run through Nov. 3. Event founder Donald Corey, assistant professor of design at Appalachian State University and principal in the design firm, The Other Edge, Inc., described DXR 07 as an opportunity for the general public to "celebrate great design, educate people about what great design is and where it is being done, and to communicate with one another across disciplines and other 'boundaries' such as age, education, culture and experience." Exhibits and discussions include animation/new media, architecture, graphic design, industrial design, interior design and landscape architecture.

Go to www.dxraleigh.com for more information. MM

—Diane Lea

Dick Bell Goes Coastal

Renowned landscape architect Richard C. Bell, a fellow of the American Society of Landscape Architects and a fellow of the American Academy in Rome, who designed highly regarded landmark projects — including Raleigh's Pullen Park — has moved his practice to Atlantic Beach after the sale of his Water Garden office project on Highway 70 West. He and his wife, Mary Jo Bell — founder of the Garden Gallery, one of the first fine art galleries in the state — began developing the wedge-shaped 11 acres along US 70/Glenwood Avenue in Raleigh in 1955. He recently sold the property to Nick Francis and Matt Somner, who plan to redevelop the property into an active senior residential community. Bell's seaside office is located in the Tar Landing Villas he master-planned and landscaped in 1972.

Plott Hound Book

Libby Bagby, a retired educator, is writ-

SOUTHERN RAILWAY

Wallenius Wilhelmsen Logistics, a Swedish- and Norwegian-owned global transport systems firm, and the Swanage Railway Trust of Great Britain are restoring the railway funeral van used to carry Sir Winston Churchill in 1965 to his resting place in Bladon in Oxfordshire near Blenheim Palace, the ancestral home of the Churchill family. The van will be restored in Wiltshire and displayed in its new home in Dorset in the West of England. Built in 1931 as Southern Railway van number S24645, the train car was rescued by the late Darius Johnson of California. MM

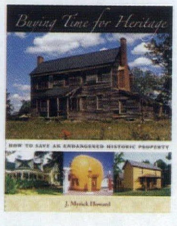
ing *Lucky's Plott*, a children's book about her Plott Hound Lucky to teach Tar Heel children and adults about North Carolina's State Dog, a breed of hunting hound known for its courage that originated in the North Carolina mountains.

Relying on primary source materials collected from the Plott family and Plott fanciers in the United States, the book is intended to explain the history and physical characteristics of the hound and information about the Waynesville, NC, family that began the Plott, including details on how the dog is used today by hunters and breeders around the world. For more information on the book and to schedule presentations, e-mail the author at esbagby @hotmail.com. MM

Plott Hound

Preservation Theme Of New Book

Now here is an interesting and useful book, *Buying Time For Heritage* by Myrick Howard — the long-time executive director of Preservation North Carolina, an innovative organization formed in 1978 during the frontier days of historic preservation in the United States. Howard, friends and associates have been involved in saving and preserving over 500 historic properties in North Carolina, ranging from entire neighborhoods to a tiny Shell gas station in Winston-Salem, from majestic eastern plantations to practical Piedmont manufacturing facilities. Howard and PNC's accomplishments are a homage to the authentic character of North Carolina and of great importance to the quality of life of the state.

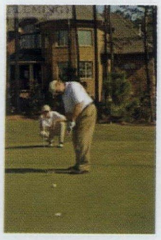


Buying Time for Heritage: How to Save an Endangered Historic Property is very much in character with Howard's business-like style that has contributed significantly to the success of Preservation North Carolina. Readers are reminded right off that successful preservation is all about real estate and tax laws and ordinances and easements and — most importantly — protective covenants. He even includes various required legal forms and agreements in an appendix. And Howard makes clear you don't have to have a lot of money to save and preserve a worthy property, but you better be devoted and prepared to work very hard.

Go to www.uncpress.edu for more information. MM

Fazio Opens Hasentree Course

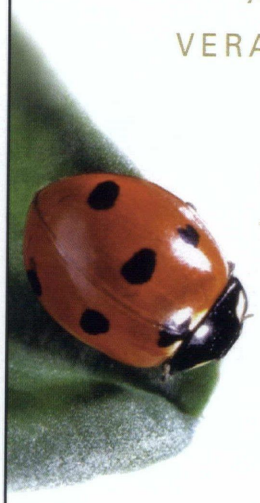
Master golf course architect Tom Fazio drove a ceremonial tee shot Oct. 17 to celebrate the official opening of the Hasentree, the centerpiece of the environmentally designed private club community near Raleigh located between Falls of Neuse Road and Highway 50 North.



After playing the course for the first time, Fazio said he was pleased with how it turned out. "We did a lot of things right," he said in typically understated fashion. Others were a bit more effusive, among them *Metro* Golf Editor Dave Droschak: "It's Fazio at the top of his game, visually striking, challenging but eminently fair."

Fazio paid tribute to community developers and Raleigh natives Carlton Midyette and Henry MacNair. "I always say that the most important thing in creating a great golf course is the people you work with, and Carlton and Henry were the ideal clients. They gave us the commitment and

A STROLL TO THE END OF HER VERANDA CULMINATED WITH A MOST BREATHTAKING VIEW.



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NCMAA

THE NORTH CAROLINA MUSEUM OF ART has received a gift of three sculptures by Spanish artist Jaume Plensa: *Doors of Jerusalem I, II and III*, from Capitol Broadcasting Company. The works of art will be installed in the lobby of the Museum's new building, slated for completion in late 2009. Plensa's plan for a sculpture for the plaza on the newly re-opened Fayetteville Street was rejected by the Raleigh City Council. MM

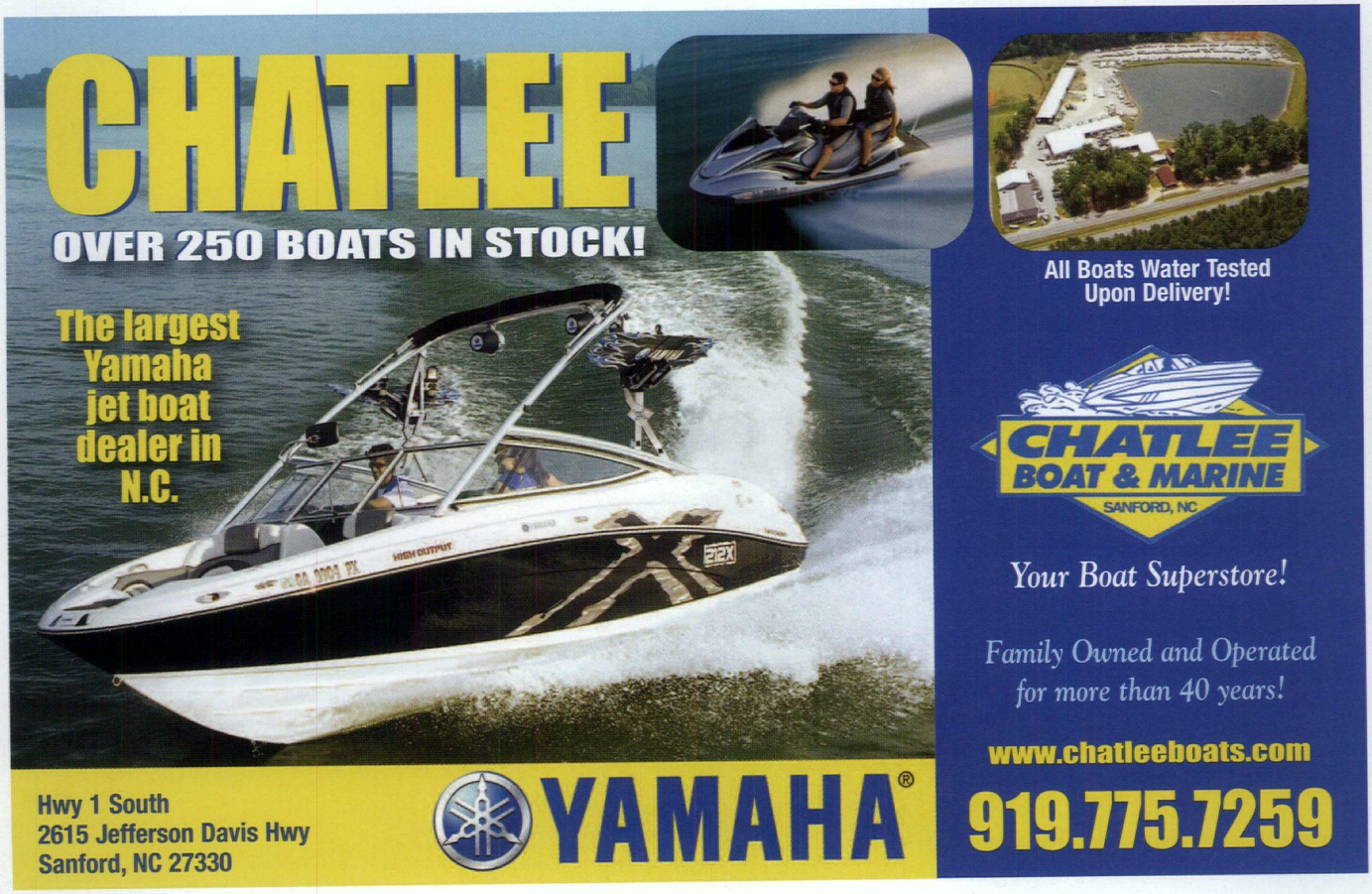
investment to do the very best job we could and never wavered on that vision."

Hasentree also celebrated the opening of the Pro Shop Cottage, a $2.5 million structure designed by Small/Kane Architects of Raleigh. For more information on Hasentree, call 919-229-2070 or go to www.hasentree.com. MM

Collectors Gala Celebrates Creative Class

Artspace in Raleigh will host its annual *Collectors Gala* Nov. 17 to celebrate the contribution of its artists to Raleigh's creative class. The evening will begin with cocktails, a dinner in the artists' studios, and live and silent auctions. The evening will conclude with *Artspace After Dark*, offering dessert, live music and dancing.

All proceeds from the event will benefit Artspace exhibitions, educational programs and community outreach programs for at-risk children and adults. For more information or to purchase tickets or sponsorships, visit www.artspacenc.org/collectors_gala.html. MM



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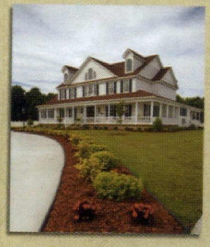

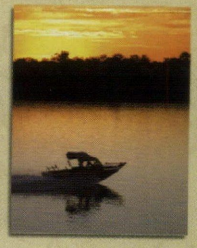

To find out more about Innsbrook Golf & Boating Community, visit our website at www.InnsbrookGolfandBoat.com, or call 800-482-9012 or 252-482-5065.

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Pierre-Auguste Renoir, Les Vignes à Cagnes (The Vineyards at Cagnes), 1905, oil on canvas, 18 ½ x 21 ¼ in., Brooklyn Museum, Gift of Colonel and Mrs. E. W. Garnsey

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Bay of Pigs Tribute

A tribute to honor the Alabama Air National Guard and other air crews, who flew during the Bay of Pigs invasion of Cuba by Cuban exile forces in April 1961, was held October 18, 2007, in Birmingham, AL. The ceremony paid tribute to the four Alabamians and exile Cuban air crews who never returned home. The tribute was sponsored by Compass Bank and the Southern Museum of Flight.

Artist Jeffrey W. Bass unveiled an original oil painting commissioned by Compass Bank commemorating a specific Bay of Pigs close air support mission. The painting will be donated to the Central Intelligence Agency and put on permanent display in the Intelligence Art Gallery at CIA headquarters in McLean, VA.

The fate of the airmen was introduced to this area in August 2006 at the fourth Raleigh Spy Conference entitled "Castro and Cuba: What Next?" The fifth Raleigh Spy Conference is set for March 26-28, 2008. Go to www.raleighspyconference-.com for updates. MM

Bushell Honored

On Nov. 3, the ArtsCenter in Carrboro will celebrate veteran performer of old-time music AC Bushnell, who has turned the darkest moment of his life — a diagnosis of cancer — into a CD/DVD project, *Dancing on Water* and *Following the Road*. For more information or to purchase tickets for the concert, call 919-929-2787 or go to www.artscenterlive.org. MM

AIHF Wins Award

Hoar Construction, LLC of Orlando, FL, was awarded the ABC Excellence In Construction "Eagle Award" for the American Institute of Healthcare & Fitness project in Raleigh in the category of healthcare projects from $20-50 million in value. The ABC EIC program awards projects across the US for outstanding construction. The AIHF facility also won the City of Raleigh's Sir Walter Award for tree preservation. MM

Being Human Subject of Seminar at NHC

Internationally known scientists and hu-

manists will gather at The National Humanities Center in the Research Triangle this month to converse about the contemporary terms of human self-understanding. The series of lectures and panel discussions, entitled "Autonomy, Singularity, Creativity: The Human & The Humanities," will be held at the museum Nov. 8-10.

The conference is designed to challenge traditional notions of being human, focusing on three central concepts: human autonomy, human singularity and human creativity. Thought-leaders will discuss issues related to computers and creativity, as well as the implications of bioengineering decreasing the gap between primates and humans.

Among the list of speakers are Frans BM de Waal of Emory University and the Yerkes National Primate Center, who was listed as one of *Time Magazine's* 100 Most Influential People in the World, and Steven Pinker, the Johnstone Family Professor of Psychology at Harvard University.

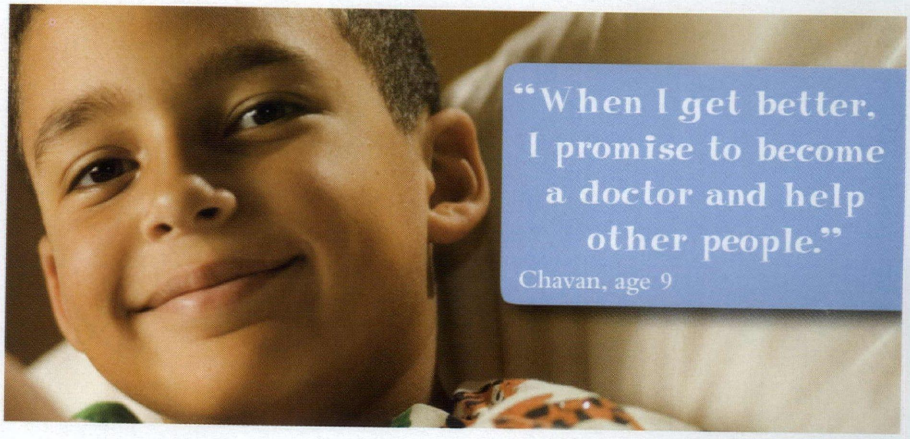
The National Humanities Center is the only major independent American institute for advanced study in all fields of the humanities. The Center encourages excellence in scholarship and seeks to insure the continuing strength of the liberal arts and to affirm the importance of the humanities in American life. More information about the conference or the Center can be found at www.nationalhumanitiescenter.org or by calling 919-549-0661. MM

Julian on Permanent Display

A permanent exhibit to honor award-winning designer and Chapel Hill-native Alexander Julian will open on Nov. 29 at the Chapel Hill Museum. A five-time Coty Award winner and the youngest inductee into the Fashion Hall of Fame, Julian's textile designs are also on permanent display in the Smithsonian National Design Museum. For more information about the exhibit, contact the Chapel Hill Museum at 919-967-1400 or visit www.chapelhillmuseum.org. MM

KINSLEY DEY

Julian's college shop opens in new location.



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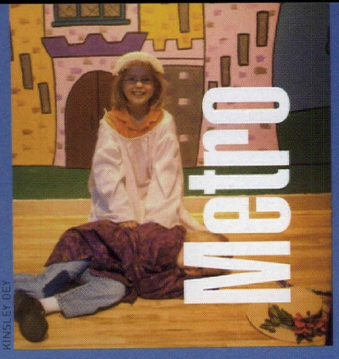


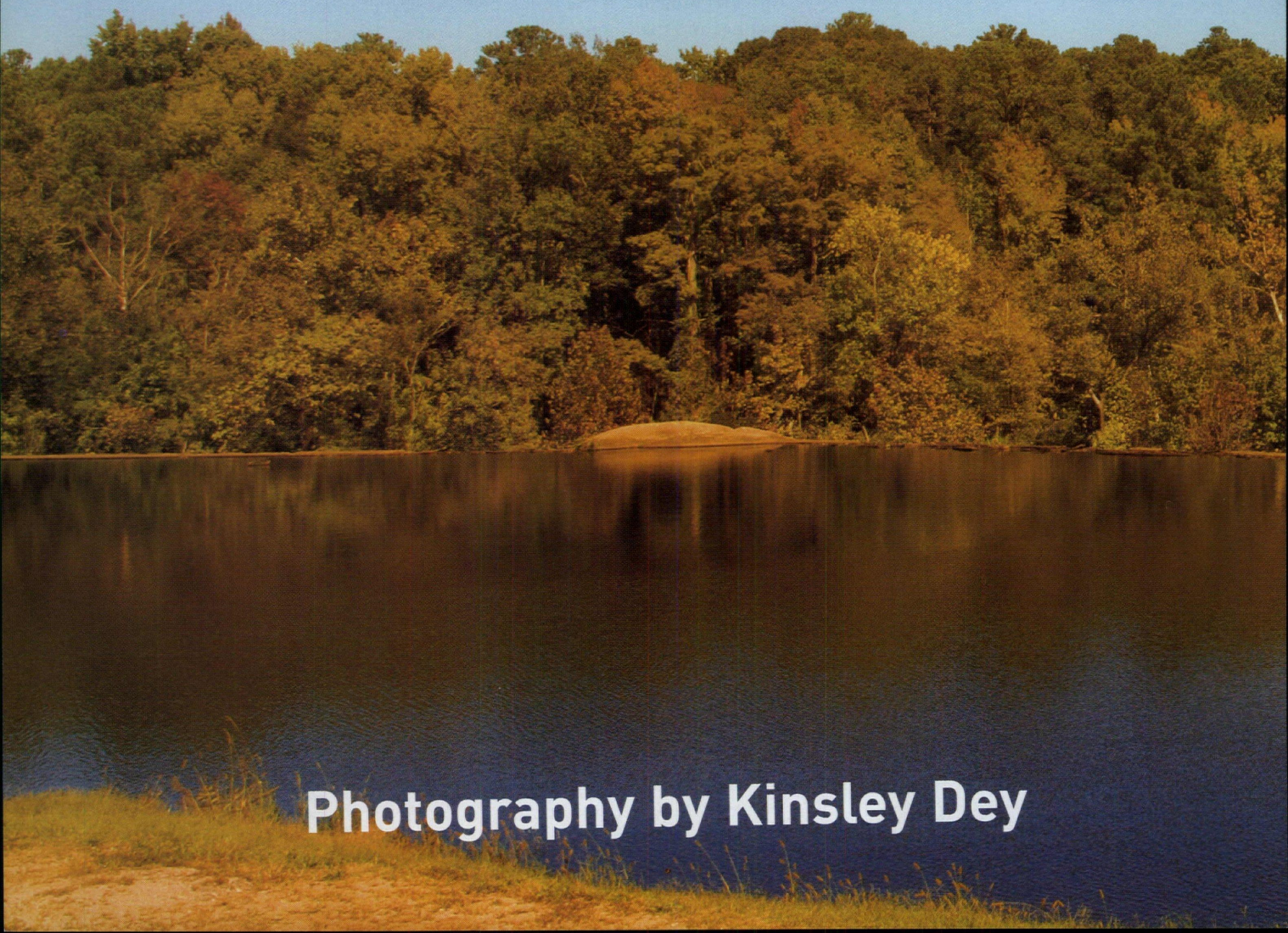
KINSLEY DEY

Design

by Diane Lea

WELCOME TO ROCKY MOUNT — A "CAN DO" CITY OF THE NEW SOUTH

Talk about location, location, location. A city of 60,000 residents, Rocky Mount, in Nash County, is situated at the geographic juncture of North Carolina's Piedmont and Coastal Plain, where temperate climate, scenic beauty and good crop land abound. It is at the intersection of three major highways, US 301, US 64 and Interstate 95, only 45 minutes from Raleigh and mid-way between New York City and Jacksonville, FL. Its list of notable native sons and daughters includes Gov. Mike Easley — and Mayo and Nick Boddie, the brothers who created the nation's largest Hardee's franchise that revolutionized the fast food industry. The town also claims writers Kaye Gibbons, author of the novel and Hallmark TV movie *Ellen Foster*, and Allan Gurganus, whose best-selling novel *Oldest Living Confederate Widow Tells All*, won a Sue Kaufman prize from the American Academy of Arts and Letters and became an Emmy Award-winning CBS mini-series. Another is UNC-Chapel Hill cheerleader



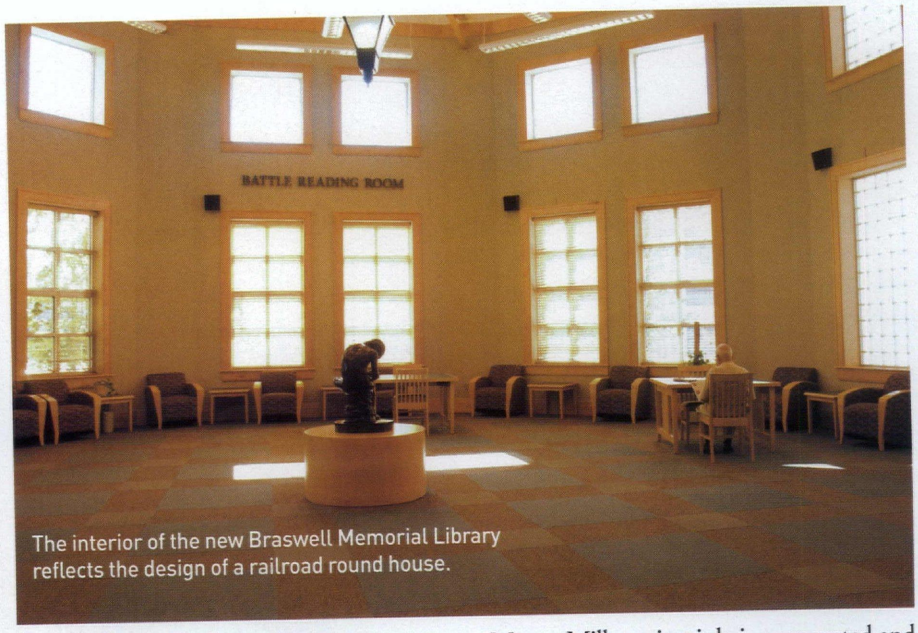
Photography by Kinsley Dey

Kay Kyser, who starred in several Hollywood films, recorded for Columbia Records and showcased his big band sound in his NBC radio show, "The Kollege of Musical Knowledge." Sports notables are plentiful and include All-American basketball player Phil Ford — a member of the North Carolina Sports Hall of Fame and Rookie of the Year for the NBA's Kansas City Kings. Other Rocky Mount members of the North Carolina Sports Hall of Fame include University of Maryland All-American Buck Williams, recognized for his distinguished pro basketball career; Jim Clack, offensive lineman and two-time Super Bowl winner for the Pittsburgh Steelers; and Buck Leonard, known as the "Black Lou Gehrig." There must be something in the water.

SIGNIFICANT ORIGINS

The town derives its name from a massive stone ledge, a rocky mound, in the nearby Tar River. A landmark along well-worn trading paths since earliest times, the stone ledge forms The Great Falls of the Tar River, a natural spillway for cascading river water that provided energy for a grist mill built in 1807. By 1816, a post office had been established nearby at the present day site of Battle Park, a pleasant verdant picnicking and recreational area. By 1818, Rocky Mount Mills, the second oldest cotton mill constructed in North Carolina, had replaced the earlier grist mill, though a few stones of the older mill are still visible in an existing structure.

The story of Rocky Mount Mills, owned and operated for most of its history by the distinguished and extended Battle family, is emblematic of the almost tangible energy and resilience of the town, which shares its name. As a result of the Mill's success converting cotton, formerly an important local agricultural crop, into cotton cloth and textile products, the Wilmington & Weldon Railroad established a train depot in Rocky Mount in the 1840s. At its completion, the train line was the longest in the world. It ensured the quick and secure distribution of the Mill's textiles to markets far beyond the borders of North Carolina. During the Civil War, the Mill was an important Confederate asset, supplying the troops and providing goods for trade with Europe. The Mill was burned by Union troops in 1863, reconstructed in 1865, then burned again and rebuilt again in 1869. Two additional mill buildings were constructed in 1890 and 1895. Rocky Mount Mills remained in operation until 1996, making it the state's longest operating textile mill. The existing mill buildings, including an 1835 Greek Revival residence that served as the mill supervisor's house and administra-



The interior of the new Braswell Memorial Library reflects the design of a railroad round house.

tive offices, have been purchased by a group formed by Capitol Broadcasting Company president, Jim Goodmon, the moving force behind the transformation of Durham's American Tobacco Campus into a major mixed-use development. Envisioned as potential office space with an emphasis on research-oriented businesses, the Rocky Mount Mills project is being renovated and adapted by G. Edwin Belk, the Durham architectural firm responsible for much of the adaptive reuse of the American Tobacco Campus.

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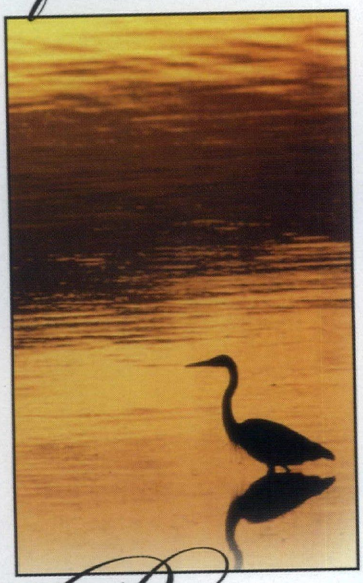

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tory of Rocky Mount and one of its chief industries is compelling, it is the tragedy of the 1999 floods in the aftermath of Hurricane Floyd that underlie the most challenging and transforming reconstruction projects of the past decade. Dale Smith, a 30-year resident of Raleigh and a veteran of that city's Parks and Recreation Department, was recently recruited to head up Rocky Mount's Parks and Recreation Department.

"I was recruited by the former director, Pete Armstrong, to implement what is being called the Rocky Mount Renaissance," says Smith.

The colorful interior paint in the renovated People's Bank Building draws many admiring visitors.

The task includes completing the facilities for a decade-long building campaign that has restored existing parks and walking and biking paths, relocated and expanded several recreational facilities, and consolidated four significant arts and cultural facilities into the recently opened Imperial Centre for the Arts and Sciences.

"When the floods occurred," says Smith, "22 percent of Rocky Mount was under water. In a single day in September, the Children's Museum and the four buildings of the Arts Center were destroyed."

With strong support from private citizens, the business and professional community, and local government, the City Council decided to relocate and consolidate the Museum and the Arts Center to a new site in the historic Downtown core.

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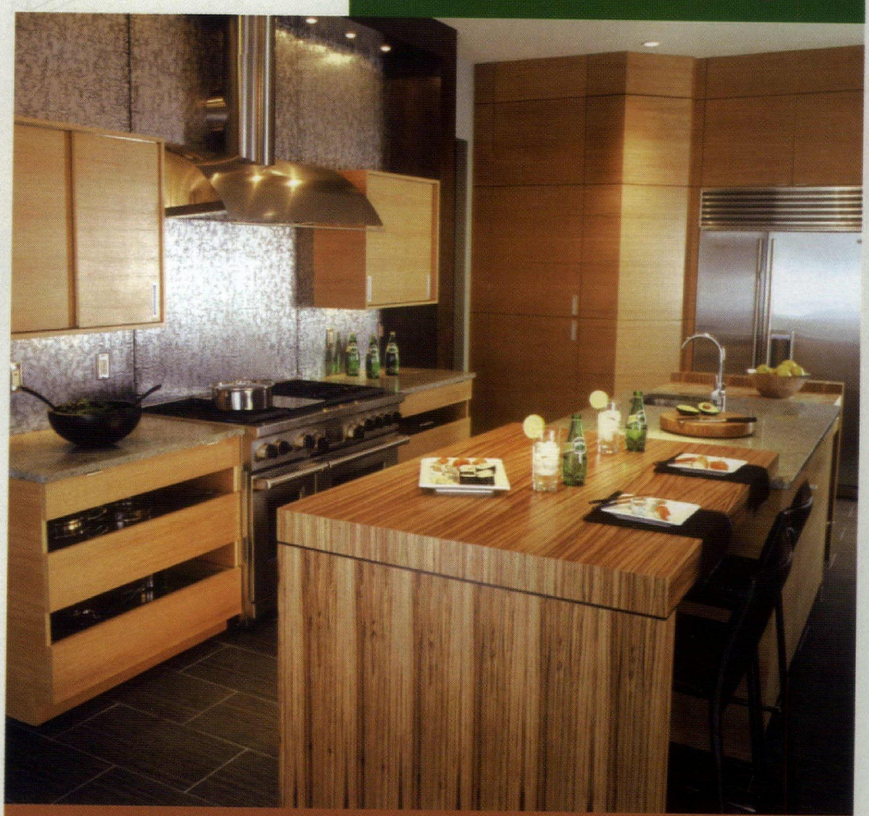

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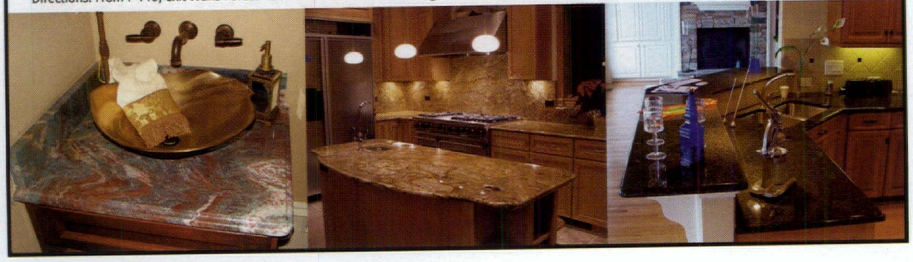

The new building incorporates the former Imperial Tobacco Factory, the old 1914 Braswell Memorial Library and some new construction into a structure that is strikingly contemporary, while respectful of its historic architectural components. The former tobacco factory houses the Arts Center, devoted to the visual arts. The Center includes an education center and six galleries that accommodate the Museum's permanent collection — rotating professional, historical and children's exhibits — and a handsome gift shop. The elegance of the factory's interiors, with their old brick and soaring spaces, is enhanced

Self-Help Credit Union used historic preservation tax credits to renovate the orginal Bank of Rocky Mount.

by choices of complementary new materials, stained concrete floors, decorative wrought ironwork and an extensive use of glass, which delineates use areas while allowing maximum light into the public spaces.

Located in the oldest of the factory buildings, the Rocky Mount Children's Museum is Cummins Planetarium, North Carolina's first digital planetarium. Museum Director Candy L. Madrid proudly displays the Planetarium's state-of-the-art, dome-shaped theater with a spectacular orientation-to-the-stars program that leaves the visitor begging for more. The multifaceted Museum includes permanent and rotating exhibits, a puppet theater, live animal habitats and a "living marsh" showcasing North Carolina's coastal environ-

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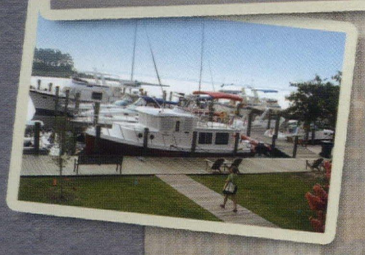

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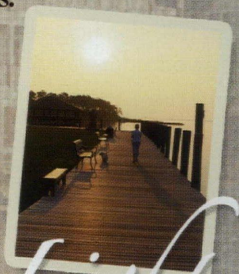

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SMEDES HALL RENOVATION ENHANCES ST. MARY'S CAMPUS

by Diane Lea

Smedes Hall, named for the school's early president Albert Smedes, on the historic campus of Raleigh's Saint Mary's School — an all-girls college preparatory day and boarding school founded in 1842 — has been renovated and reopened after being partially closed for 10 years. The classic antebellum building, a Raleigh Historic Site, is considered the centerpiece of the 23-acre Saint Mary's campus, which is listed on the National Register of Historic Places. Completed in 1837, with East and West wings added in 1909, Smedes Hall long served as a dormitory that also housed student lounges and meeting rooms, as well as administrative offices. The building's elegant parlors were opened regularly for public events and housed the Smedes Parlor Concert Series for more than 25 years.

Now Smedes Hall has been returned to its former glory and all its original uses, but with 21st century improvements. A state-of-the-art student center with a rooftop terrace overlooks the school's back campus quadrangle, and five new apartments have been added for faculty and staff who live with, support and supervise the boarding students. The renovation provides 62 student rooms and a student center that includes a food court and grill. A mail room and student store are among the renovated building's amenities, along with four multi-purpose rooms named in honor of Saint Mary's alumna Dana Borden Lacy.

Theo Coonrod, Head of School, emphasizes that the renovation of Smedes Hall enhances the boarding program, which, she notes, "Helps ensure our mission to be an exemplary learning community able to compete nationally and internationally for students, faculty and staff who epitomize the school's core values and broaden its diversity." The renovation and reopening of Smedes Hall coincides with the 166th session of Saint Mary's School and is part of the first phase of a $25 million campaign to revitalize the downtown campus with the construction of a new athletic field, the renovation of historic East Rock as a technological center and the construction of eight new townhomes for residential faculty and staff. MM

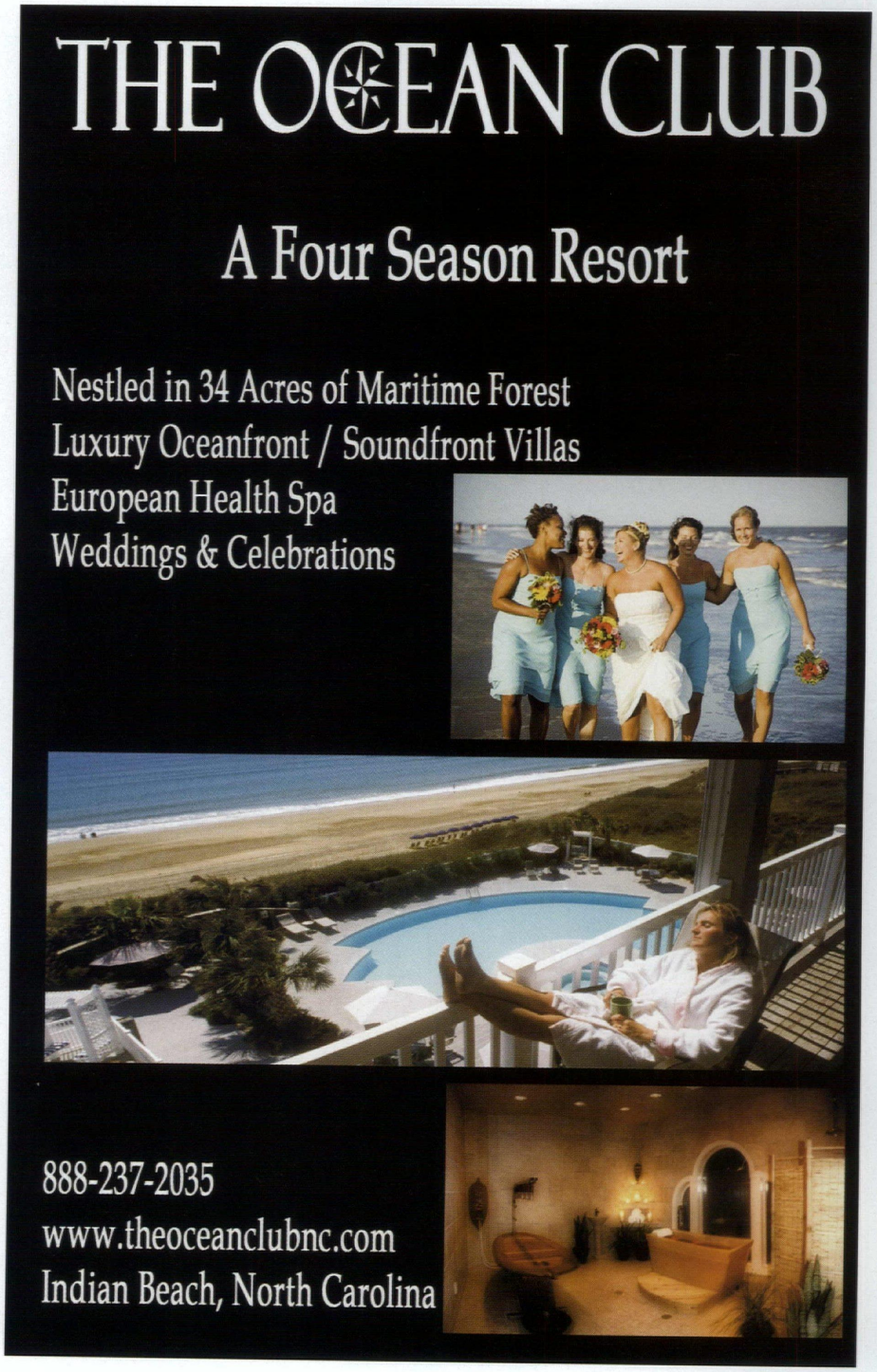
ment. Joined to the adapted tobacco buildings by an outdoor plaza, the Rocky Mount Performing Arts Center — in operation for 40 years — opened a new facility in 2005, offering community theater, film showings, musicals and children's theater. The organization's new 300-seat theater, a clean-limbed modernist building of rectilinear form, horizontal windows and inset entrance, blends well and plays a central role in the historic complex.

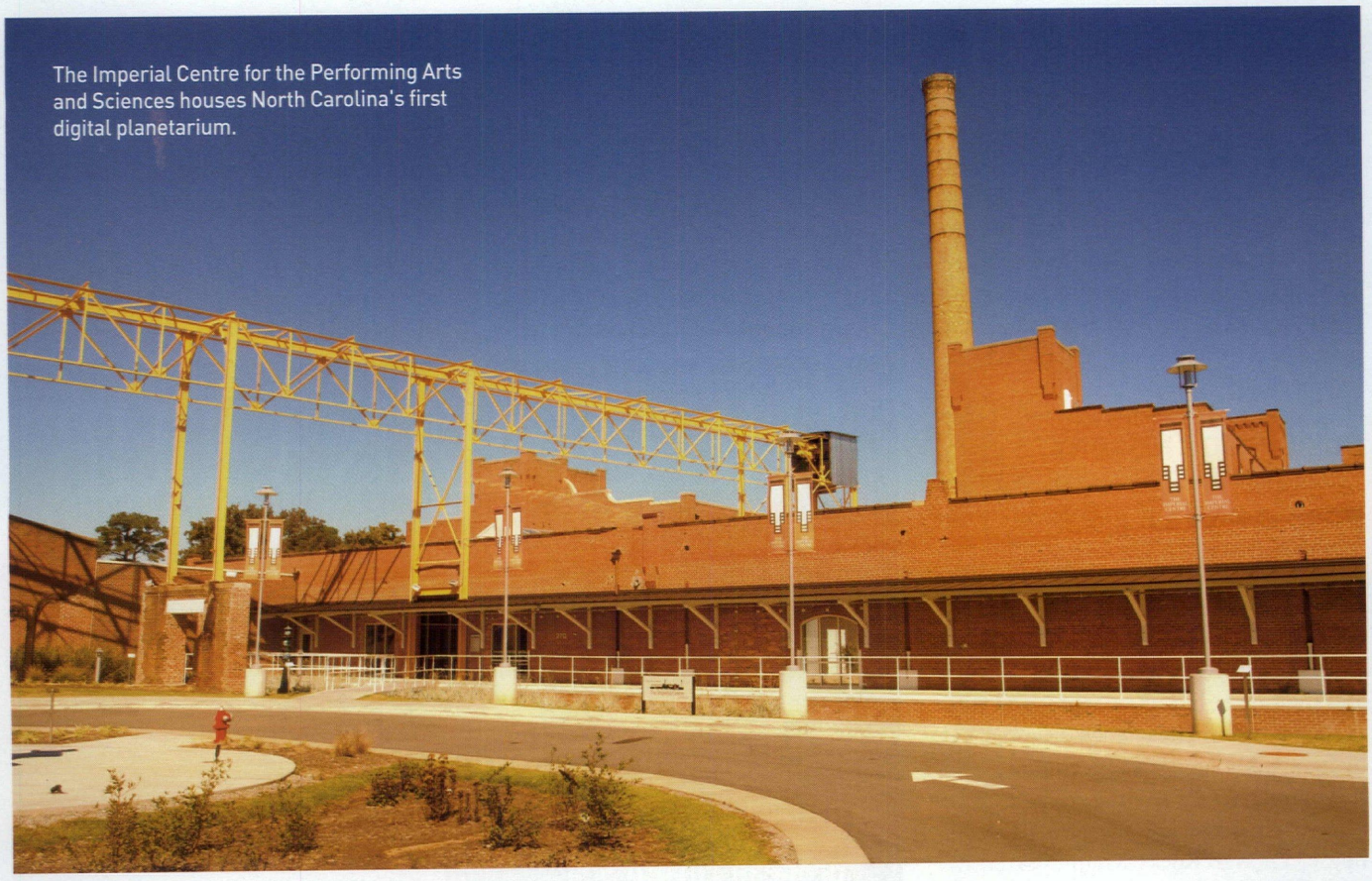
BUILDING ON HISTORY

The Imperial Centre for the Arts and Sciences is joined on Grace Street by the new Braswell Library, which opened five years ago. The library incorporates architectural elements characteristic of early industrial structures, including upper-level windows that give a bricked-in appearance and the suggestion of a parapet and supporting pilasters. The interior is illuminated by light from large tracery windows, and the circular public reading space features an open trussed ceiling suggesting a round house, a nod to Rocky Mount's extensive railroad history.

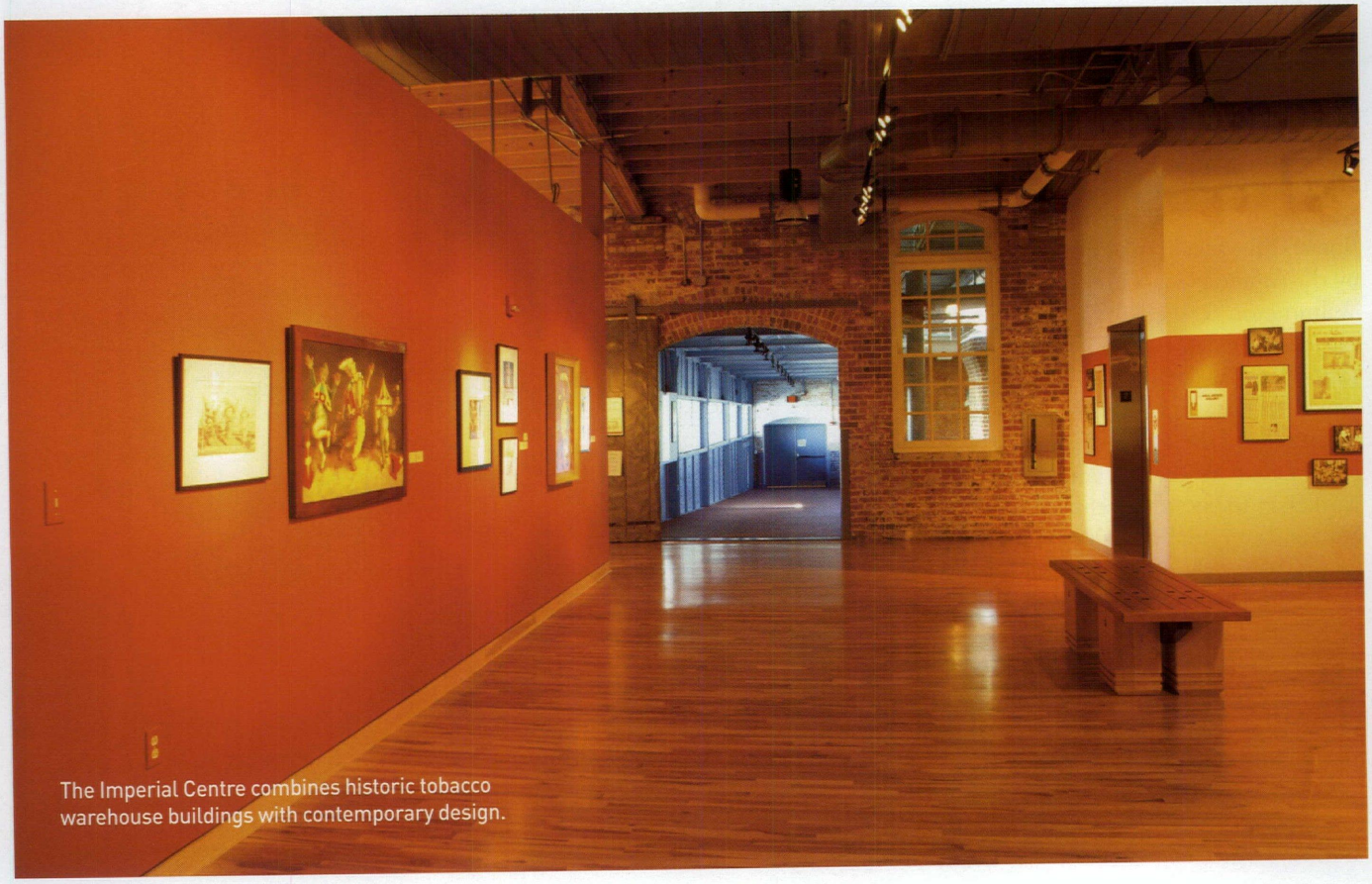
The newly opened Imperial Centre and Braswell Library complement another important Downtown anchor, the restored Rocky Mount Train Station on nearby Coastline Street. Constructed as a passenger station for the Wilmington & Weldon Railroad in 1893, the red brick, two-story Romanesque station was expanded in 1911 by the Atlantic Coast Line Railroad, the Wilmington & Weldon's successor, and expanded again in 1916. This steady architectural expansion coincided with the growth of the railroad industry in Rocky Mount, until the 1970s the largest train repair yard in the country, employing 2000 workers. Today, the renovated Train Station, completed in 2000, continues to flourish with eight Amtrak passenger trains — the third highest in the state — and 50 CSX freight trains moving through each day. The entire second floor of the building is occupied by the Rocky Mount Area Chamber of Commerce with leased offices on the third floor. The adjacent Railway Express Agency (REA) building has been converted to a bus transit center, serving Trailways buses and the local Tar River Transit System.

The Imperial Centre, the new Braswell Library and the Train Station are important elements in the revitalization of Rocky Mount's Downtown. The entire commercial district has been designated the Rocky Mount Central Local Historic District, and a newly appointed Historic District Commission reviews proposed improvements to the buildings to ensure they are compatible with the architecture and character of the specific building and its neighbors. The Beaux Arts People's Bank building, originally the Bank of Rocky Mount, was renovated using state and federal tax credits available for the purpose of historic preservation by Self-Help Credit Union. The colorful interior paint trim and ele-





The Imperial Centre for the Performing Arts and Sciences houses North Carolina's first digital planetarium.



The Imperial Centre combines historic tobacco warehouse buildings with contemporary design.

gantly detailed architectural interiors draw admiring stares from Rocky Mount citizens and visitors who are beginning to filter back into the historic Downtown. Other attractively renovated buildings include Gin-Lily Hair Studio, which opened in 2006 in a former florist shop, and Davis Furniture, a long-time downtown business, which has completed the repair and replacement on both the second and third floors with Chicago-style windows, part of a phased renovation project.

Eddie Baysden, Rocky Mount native and Chamber of Commerce CEO, enthusiastically outlines preliminary plans, which he hopes will lead to the renovation of several buildings in the Douglas Block, a historically African-American business and social area at the corner of Thomas and Albemarle Streets.

"This was the place for African Americans to be and be seen on Saturday afternoon when I was growing up in Rocky Mount," says Baysden.

The renovation of another entire block of commercial buildings, Harambee Square, was undertaken by African-American businesswoman Joyce Dickens. Baysden notes that her success is further evidence that the long-awaited turnaround in Downtown revitalization is underway.

SURROUNDING SUCCESSES

Though much energy and infrastructure of the Rocky Mount Renaissance is in the Downtown area, the Rocky Mount Sports Complex. With Phase I opened in 2006, the facility is well-placed to attract participants, as well as visitors to Rocky Mount from within the surrounding four-county region. Located just off US 64, four miles from Interstate 95, the 143-acre, multi-use facility is a vital driver of community unity and economic and social revitalization. Parks and Recreation Director Smith proudly points to the completed Phase I facility, which includes six youth playing fields, four softball and multipurpose fields, one championship baseball field, two 2000-square-foot concession areas with restrooms, air-conditioned umpire/tournament lounges, and over 600 parking spaces.

"Since the Complex opened in Novem-

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(right) The renovated Train Station serves 8 Amtrak passenger trains a day and as many as 50 CSX freight trains. (top) The interior of the Train Station provides comfortable seating for meeting and greeting.

ber 2006," says Smith, "we've welcomed 75,000 visitors."

Within view of the facility, soon to be one of the largest in the Southeast, is a state-of-the-art YMCA on a site obtained in a swap with the city. In another creative move, the former YMCA building next to the Train Station was converted to a new senior center that includes a public indoor pool.

Rocky Mount is increasingly a destination for energetic retirees seeking warm climates, quality of life and ease of access to friends and family on the East Coast. With cultural and recreational attractions in place, quality housing is key to persuading prospective residents to choose Rocky Mount. Robert Marcus, sales manager for Ford's Colony Rocky Mount, has the answer. A 1400-acre planned community based on a successful signature community in Williamsburg, VA, Ford's Colony features an 80-acre lake, 18-hole championship golf course, a community clubhouse with exercise facility and swimming pool, and paved walking, biking and nature trails. The gated community is located on old Highway 301 in close proximity to North Carolina Wesleyan College and its technologically sophisticated Dunn Center for the Performing Arts. A range of residential choices are available and all reflect the influence of Williamsburg and traditional architectural styles including Federal, Greek Revival and Colonial Revival.

So, welcome to Rocky Mount, a city on the rise. MM

If You're Looking for a College,

Help Is Available

by Jane S. Shaw

Parents and students seeking the "right" college should accept a cardinal rule: Academic preparation and eagerness to attend are far more important than the specific choice of school.

I don't mean that choosing well is an insignificant decision — far from it. But as head of an institute that focuses on higher education, I have learned that there are nearly 2500 four-year colleges in this country, and most of them can open the door to a productive and satisfying life.

By understanding student interests, achievements and personality, you can find schools they can embrace. For some, the array of courses and activities available at a large public university are the "wow" factor they are looking for. For others, small classes, emphasis on teaching and the bucolic environment of many liberal arts colleges are the right approach. The curriculum and social life of a school should feel right for your child.

Now, having given these caveats, can I help you choose a school? Perhaps. My

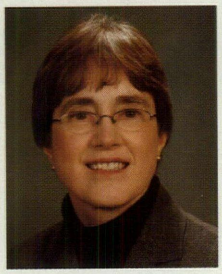
key advice is to seek out objective sources of information, explore what is important to you and consider costs. What the schools claim in those glamorous brochures (where it is always a beautiful fall day) is less important than what actual measurements show.

DISCOVERING A COLLEGE'S TRUE NATURE

Sources of information about specific schools are getting better and more numerous. For instance, this fall over 500 private schools set up a joint Web site that makes a lot of information readily comparable. This "U-CAN" Initiative includes graduation rates, SAT scores, kinds of degrees awarded and other data. Public universities are planning a similar guide. Other sources can be very specific. For instance, *Black Enterprise* produces a list of the best schools for African Americans, while *Kiplinger's Personal Finance* selects the "best values" in higher education.

The annual ranking of "America's Best Colleges" in the August issue of *US News & World Report* is one of the most popular resources for prospective students. Many students and their parents consider acceptance at a prestigious college — such as an Ivy League school — to be of paramount importance, and *US News* is an excellent place for them to begin their search.

Some elite colleges accept fewer than 15 percent of their applicants. To improve the odds, many parents consult advisers, pay for tutoring and have their children repeat the SAT tests. If you are such a parent, keep in mind that acceptance at one of these schools may be a higher priority for you than for your child. Rejection may be more painful for you than for him or her. (So get over it — and welcome the school that your child actually attends!)


Shaw

The *US News* ranking system has received considerable criticism in recent years. Twenty-five percent of each school's score is based on its reputation in the minds of other administrators — a rather circular measure of excellence. Many *US News* factors don't really tell you that much. Consider the ratio of students to faculty. It may be low, but you still don't know if the faculty spends much time teaching or if they are mostly researchers who let graduate students teach. (As you narrow your search to particular schools, it will be valuable to learn the "buzz" about how much time top faculty devote to teaching there.)

Beyond the top-ranked schools, *US News* rankings fade in importance. Is there a meaningful distinction between the "sixth highest baccalaureate level university in the South" (High Point) and the 13th in that category (Lenoir-Rhyne College)?

Fortunately, there's an array of other guides and rankings. I like the *Princeton Review*, published both online and as a book. It evaluates 366 colleges based on student surveys and diverse parameters and offers a much clearer idea of what life on campus is really like.

You can find out at which schools "students pray on a regular basis" (Brigham Young and Thomas Aquinas are at the top) and those where "students ignore God on a regular basis" (Lewis and Clark and Bennington head that list). Other topics include "happiest students" and "least happy students" and "best campus food" and "is it food?"

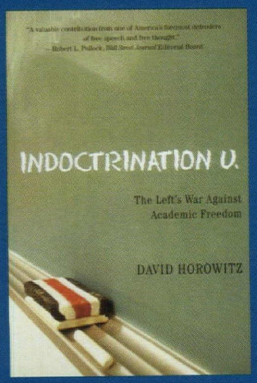
One of the most revealing lists in the *Princeton Review* is for schools that party the hardest. You might have heard about such excesses — alcohol-drenched parties that punctuate life at many schools. Frequent partying is a reality on some campuses, particularly large universities that emphasize athletics. If you think that this lifestyle is too tempting, then you will want to consider other kinds of schools.

While a small liberal arts school may clamp down on partying, small size is no guarantee of a good education. At many schools, faculty members feel comfortable inserting political opinions into their lectures. Indeed, some departments that you may remember as an undergraduate, such as English and history, are unrecognizable today. Your student may be impelled to study English from the perspective of "fem-

THE INDOCTRINATION UNIVERSITY

By Arch T. Allen

Among good teaching at colleges and universities, there are some bad usurpations of professorial platforms for indoctrination. The indoctrination efforts are exposed on anecdotal bases largely, but evidence exists of systemic efforts in some disciplines, such as neo-Marxist humanities and social sciences courses, especially gender, race and ethnic identity studies.



Indoctrination U: The Left's War Against Academic Freedom (2007), by David Horowitz, exposes these efforts and proposes an antidote, an "Academic Bill of Rights." For more information, go to www.studentsforacademicfreedom.org. Whether Horowitz proposes the correct cure for this academic ill remains to be seen, but his diagnosis exposes a cancer within the academy. Its malicious cells are multiplying like so many Ward Churchills, the fraudulent professor recently fired from the University of Colorado, and withstanding Horowitz's proposed cure. Their exaggerations and misrepresentations of his proposal show that he has hit some sensitive nerves.

Indoctrinate U, a documentary film by Evan Maloney, has premiered at a film festival and is being promoted for public distribution. For more information, go to www.indoctrinate-u.com.

inist theory," "Marxist theory" or even "queer" theory.

To avoid severe indoctrination, consult *All-American Colleges*, published by the Intercollegiate Studies Institute. The subtitle explains what you will find: "Top Schools for Conservatives, Old-Fashioned Liberals, and People of Faith."

THE COST QUESTION

You will want to analyze cost — both the official costs and the amount that you have to pay after financial aid, should you receive it. Unfortunately, even to find out if you qualify for financial aid, you must undergo the complex procedure known as the "Free Application for Federal Financial Aid."

Although colleges normally report tuition on their Web sites, to compare costs at many private schools you can consult the "U-CAN" Web site mentioned earlier that gives the average tuition paid by students who receive financial aid. For example, the tuition at Peace College is $21,628 a year. But 99.4 percent of students at Peace receive some kind of scholarship or fee waiver from the school. For those who receive aid, the average cost of tuition is $10,308.

If you earn too much to qualify for need-based financial aid, your child may still be offered a merit scholarship that will reduce the cost. And in North Carolina, a legislative tuition grant cuts tuition at private schools by $1900. Public universities in North Carolina are relatively inexpensive for in-state students. (Of course, this means that the taxpayer is shouldering much of the burden.)

Suppose you don't qualify for financial aid, but your child wants to go to an expensive private school. What do you do?

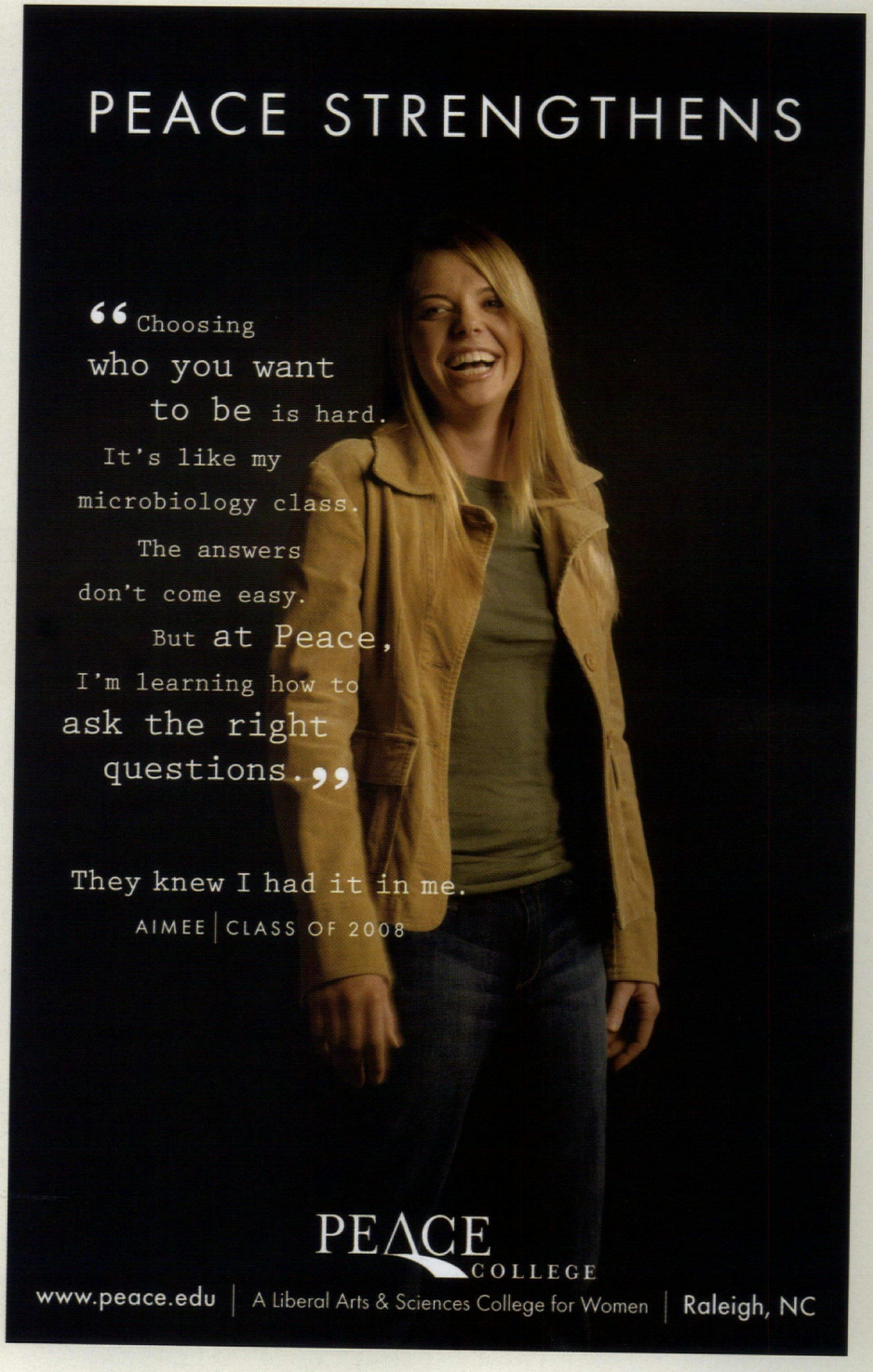
I have one suggestion, from a well-known economist and his wife, who sent four sons to college. The couple told each boy well before he started high school that he would have to pay half the cost of his own college career.

This created an incentive for each boy to consider what really mattered. The sons who wanted an expensive private education got one — after working at many summer jobs. The others took a less expensive route. All four received the kind of education they wanted.

AT THE END OF THE DAY

Realistically, after all your effort, your son or daughter is likely to be most attracted to the schools that are popular with peers. Not your favorite college? Remember that your child's enthusiasm matters most. Students who welcome college — and are academically ready — will thrive anywhere. MM

Jane S. Shaw is executive vice president of the John William Pope Center for Higher Education Policy in Raleigh.



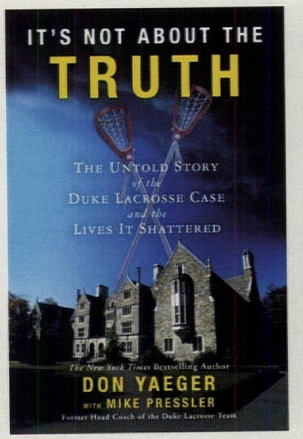
DUKE'S REIGN OF TERROR

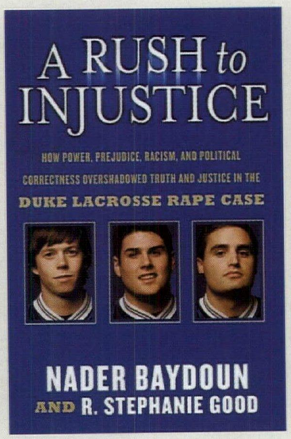
by Arch T. Allen

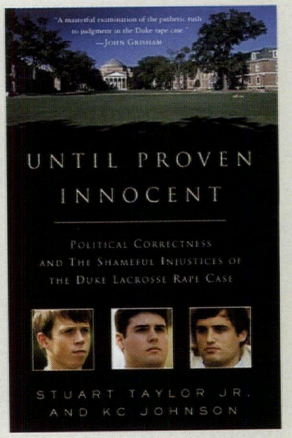
Until Proven Innocent: Political Correctness and the Shameful Injustices of the Duke Lacrosse Rape Case by Stuart Taylor Jr. and KC Johnson (2007, Thomas Dunne Books/St. Martin's Press, 420 pp.)

It's Not About the Truth: The Untold Story of the Duke Lacrosse Case and the Lives It Shattered by Don Yaeger with Mike Pressler (2007, Threshold Editions, 321 pp.)

A Rush To Injustice: How Power, Prejudice, Racism, and Political Correctness Overshadowed Truth and Justice in the Duke Lacrosse Rape Case by Nader Baydoun and R. Stephanie Good (2007, Thomas Nelson, 260 pp.)







For "these professors," it is "a war or a revolution. … In the groves of *their* academy, at the end of every vista, you see nothing but the gallows. …" Those prescient words of Edmund Burke described intellectuals encouraging the French Revolution and foretold the Jacobin Reign of Terror — wrought not with gallows, but with the guillotine, an instrument of the intellectuals. Burke's words, written over two centuries ago, resonate now regarding the Duke University intellectuals who rushed to condemn the Duke lacrosse players accused of gang rape at their infamous 2006 spring-break party.

Neither the gallows nor the guillotine awaited the Duke lacrosse players, but Jacobin-like protesters marched in the street to their house. They shouted threats through bullhorns, banged pots and chanted, "They must be rapists!" They declared: "You can't rape and run," decreed

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the players "wanted" and demanded that they "confess." As punishment to fit the presumed crime, the pot bangers proposed "give them equal measure" and "castrate!"

The pot bangers and their Duke enablers are contemporary equivalents to Jacobins, and "reign of terror" describes their actions better than their own "meta-narrative" about the gang-rape allegations. Under that narrative — derived from their academic theory that all people and events must be viewed through a race/class/gender prism — the accuser, a black female "exotic dancer," presumably poor and paid by white boys to entertain at their party, had to be believed, and the white boys, presumably rich and "privileged" in academic jargon, had to be guilty.

These professors were defined in a *Weekly Standard* cover story as "Duke's Tenured Vigilantes," driven in their rush to judgment by "angry feminism, ethnic victimology" and "upgraded Marxism." Some of the professors, who came to be called the Group of 88, published a full-page proclamation in the student newspaper of a "Social Disaster," claiming they were "listening to our students" who were "shouting and whispering about what happened to this young woman." Published soon after the pot bangers had proclaimed the lacrosse players rapists and proposed their castration, the Group of 88 announced that they were "turning up the volume" and added: "To the students speaking individually and to the protesters making collective noise, thank you for not waiting and for making yourselves heard."

The pot bangers' noise and the professors' proclamation played well in Durham, a former mill town rife with race and class resentments that energized its "progressive" agitators. With its largest employer now Duke University — an elite, highly ranked, largely white university — Durham presented the perfect setting for the race/class/gender narrative to define the white-on-black rape allegations. There, as a leader of the Group of 88 said, the accused lacrosse players with their "privileged" social standing presented "perfectness as offenders."

With the exception of this magazine, the media, well-schooled in the race/class/gender narrative, quickly portrayed the accuser as a poor-black-girl-done-wrong and the accused as guilty-rich-white-boys. Starting with *The News & Observer*, the narrative soon surfaced on the front page of *The New York Times*, on the cover of *Newsweek* and elsewhere. Basking in media coverage, especially by the *Durham Herald-Sun*, the Durham prosecutor, the now-disgraced Mike Nifong, capitalized on the narrative for his election campaign to seek votes from Durham blacks. Nifong assured them that "a rape occurred," the rape combined "gang-like rape activity" with "racial slurs and general hostility," and the lacrosse players were "a bunch of hooligans." At a campaign rally, Nifong assured Durham blacks: "I'm not going to allow Durham's view in the minds of the world to be a bunch of lacrosse players at Duke raping a black girl from Durham."

Despite the narrative's dominance, some skeptics spoke, such as one who recalled the Tawana Brawley false-rape hoax in New York 10 years ago, and called the charges "Tawana Does Duke." More

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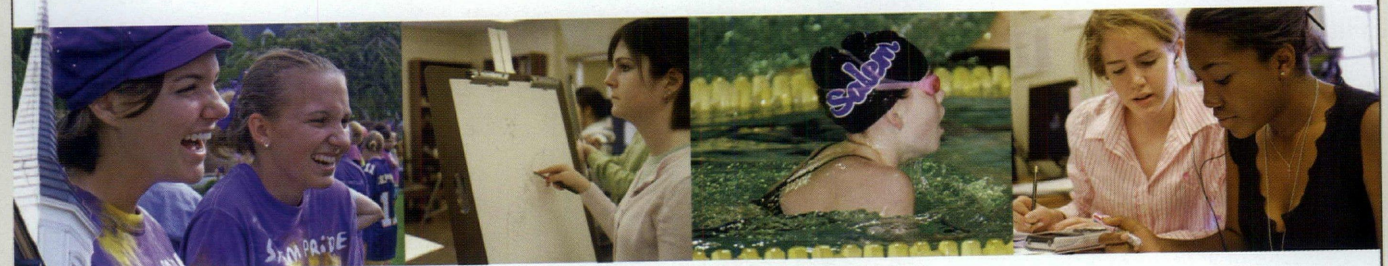

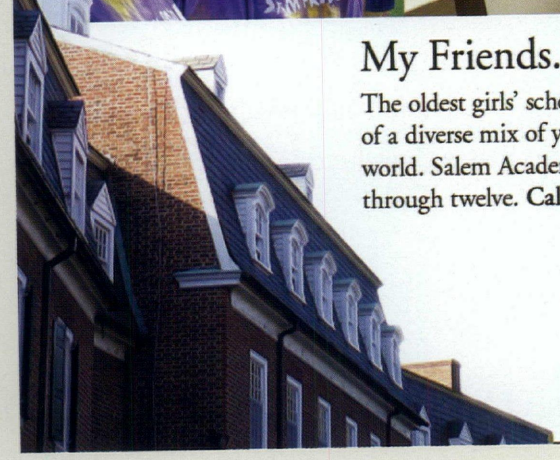

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prominently, the late Ed Bradley of CBS's *60 Minutes* spoke skeptically and cautioned about such niceties as the presumption of innocence. As a result, and as defense lawyers for the three lacrosse players indicted by Nifong began to counter his prejudicial public statements, some media reconsidered. *News & Observer* columnist Ruth Sheehan recanted her earlier rush to judgment, and *News & Observer* reporter Joseph Neff countered the narrative with facts. The facts trumped the narrative, as *New York Times* columnist David Brooks acknowledged, while *Newsweek's* Evan Thomas lamented, "The narrative was right. The facts were wrong."

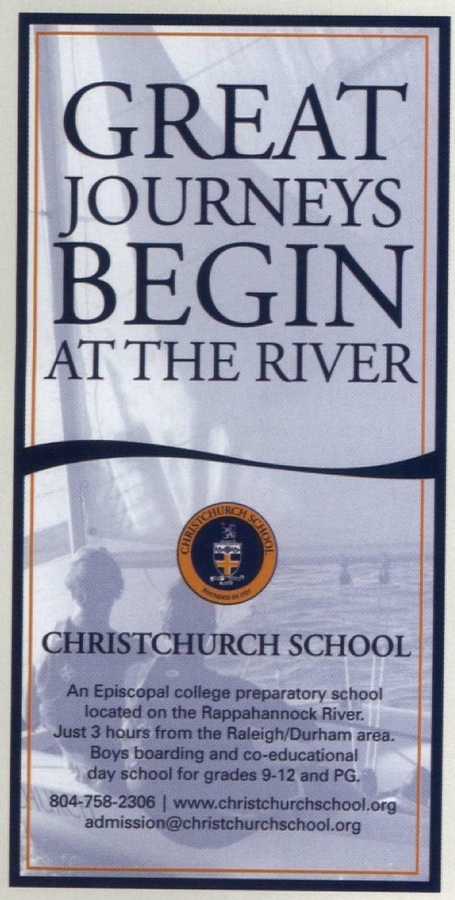
Because of the facts, the case collapsed. In sum: The lacrosse players' lawyers exposed ethical violations by Nifong that forced him to turn the case over to the state attorney general, who after investigating the charges and interviewing the accuser (efforts not undertaken earlier by Nifong), declared not only that there was no credible evidence to support the charges, but that the three indicted players — whose names have been smeared enough and need not be repeated here — were "innocent," as well. The attorney general added that the accuser, Crystal Mangum, had made many inconsistent statements about her allegations and may be delusional. Indeed, she made her first allegation only upon being confronted by police, after she had passed out in a second dancer's car, and facing transport by the police to a mental health facility.

While the legal system has dismissed the wrongful charges against the innocent players and disbarred and jailed Nifong for lying to the court, much remains to be done in Durham. Some of its officials and Nifong now face civil-law claims in federal court alleging violation of the constitutional rights of the three lacrosse players and proposing federal monitoring of Durham police.

Much remains to be done at Duke, as well. The school has settled claims against it by the three players, reportedly paying them millions of dollars to protect not only itself, but also its employees, including the Group of 88. Duke's willingness to protect the Group of 88 is understandable, but it is regrettable that these "tenured vigilantes" will not suffer civil-law consequences for the criminal-law prosecution they willed upon their students. In any event, Duke and its vigilantes are receiving much-deserved scrutiny, including three recent books.

It's Not About the Truth, by Don Yaeger with former Duke lacrosse coach Mike Pressler, provides a poignant account of the case's effects on the players, their families and their friends. The title comes from a retort to Pressler, convinced of his players' innocence and protesting that Duke must stand for the truth, by Duke athletic director Joe Alleva: "It's not about the truth anymore. It's about the faculty, the special interest groups, the protesters, our reputation, the integrity of the University."

The integrity of the University comes up short also in *A Rush To Injustice*, by former Duke football player Nader Baydoun. Now an experienced trial lawyer, he concludes that the Duke leadership was less interested in the truth than politically correct posturing to please the media and the faculty vigilantes.



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The Duke leadership, the media and the vigilantes fare even worse in *Until Proven Innocent*, the authoritative account of the case. Its title comes from a statement by Duke President Richard Brodhead that the accused students must await criminal trial if they were to be "proved innocent." Its co-authors are Stuart Taylor, a writer on legal issues with a Harvard law degree, and KC Johnson, a history professor with a Harvard doctorate. They are not intimidated by the pretensions of the Group of 88 or the prominence of Brodhead. *Until Proven Innocent* chronicles the wrongs of the Group of 88, the Duke leadership and others.

The wrongs were many: the accuser's fabulist allegations; the rush to judgment by the pot bangers, their Group of 88 enablers and their media celebrants; Nifong's political-play prosecution of the three players; and the apparent acceptance of the players' guilt by Duke's leadership, reportedly cowed by the Group of 88. If anyone at Duke looks good, it is not President Brodhead (even after his recent, belated apology to the players), his vice president, John Burness (who reportedly made disparaging off-the-record comments to the media about the players) or Athletic Director Joe Alleva ("it's not about the truth"). Perhaps they can be excused for early reliance on Nifong. But some Duke professors and many Duke students were not taken in by Nifong. Condemned by a significant segment of their own faculty and by much of the media, the accused players, writers for the student newspaper and other Duke students showed better judgment than their tenured tormentors and better journalism than *The New York Times*. If Brodhead, Burness and Alleva cannot be proud of their own performances during the case, they can be proud of many Duke students. But Duke students should not be proud of them nor of the Group of 88.

It's Not About the Truth noted: "College campuses are a breeding ground for radical left-leaning faculty. They are often anti-American, anti-white male and anti any other facet of our society that has enjoyed 'privilege' at one time or another. Duke's campus was no exception." In fact, at least since Stanley Fish's influence in

the 1980s as chairman of its English department, Duke has been a national leader in recruiting radicals to its humanities and some social science disciplines. The radicals displaced the traditional curriculum of great literature and academic history, contending that the canon was no more worthy of study than comics and popular culture texts.

Thus, it should have surprised no one that Duke students are exposed to popular culture idioms like comic Chris Rock's joke thanking black grandparents for cotton shirts and the novel *American Psycho's* story of skinning women alive. But when it was reported that a lacrosse player had used the cotton shirt line and another had used the *American Psycho* scene, critics ignored that Duke professors have assigned *American Psycho* in classes, its film version has been available in the freshman library, and a professor testified at a black rapper's pornography trial that his racist and sexist lyrics were artistic expression. That academic world assigns many culturally degrading works and has become center stage for playing Antonio Gramsci's script calling for destruction of the culture as a precondition to a Marxist revolution.

Leading characters following that script include some members of the Group of 88. One, Mark Anthony Neal, described himself in Duke's alumni magazine as a "thugniggaintellectual" and promised to use his "intellectual persona" to do "'gangster' scholarship . . . just hard, hard-core intellectual thuggery." Amid such thuggery, Group of 88 leader Wahneena Lubiano proclaimed that "sabotage has to be the order of the day." No need to worry about her sabotage, however, as she has assured us that "we'll all get along together after the revolution's over." Revolution is the order of the day for such radicals, as exemplified by another member of the Group of 88, Michael Hardt. A Duke literature professor and self-described "joyful communist," Hardt has called for the end of the capitalist "empire."

The Group of 88 has protested that they have been "misinterpreted," and some of them have accused their critics of "McCarthyism." In rejoinder, *Until Proven Innocent* accuses them of "academic McCarthyism." Read *Until Proven Innocent*, and decide for yourself who are the McCarthyites — or really, who are the revolutionary Jacobins. MM

EDUCATION BRIEFS

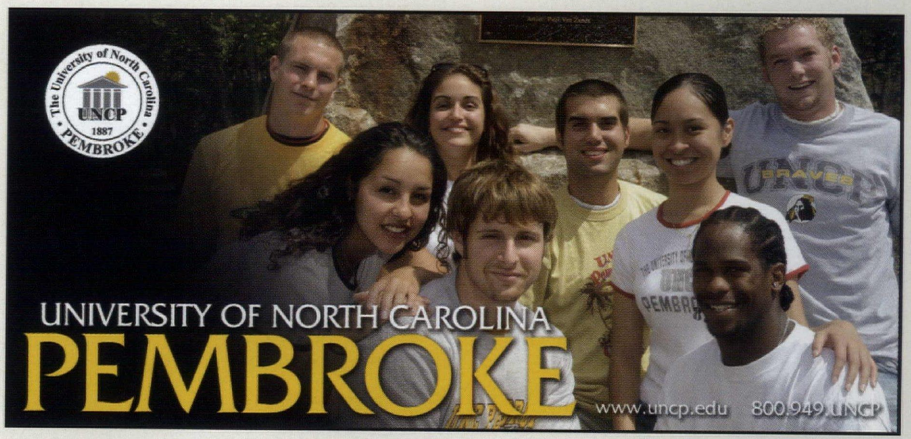
Personalizing Reading For Kids

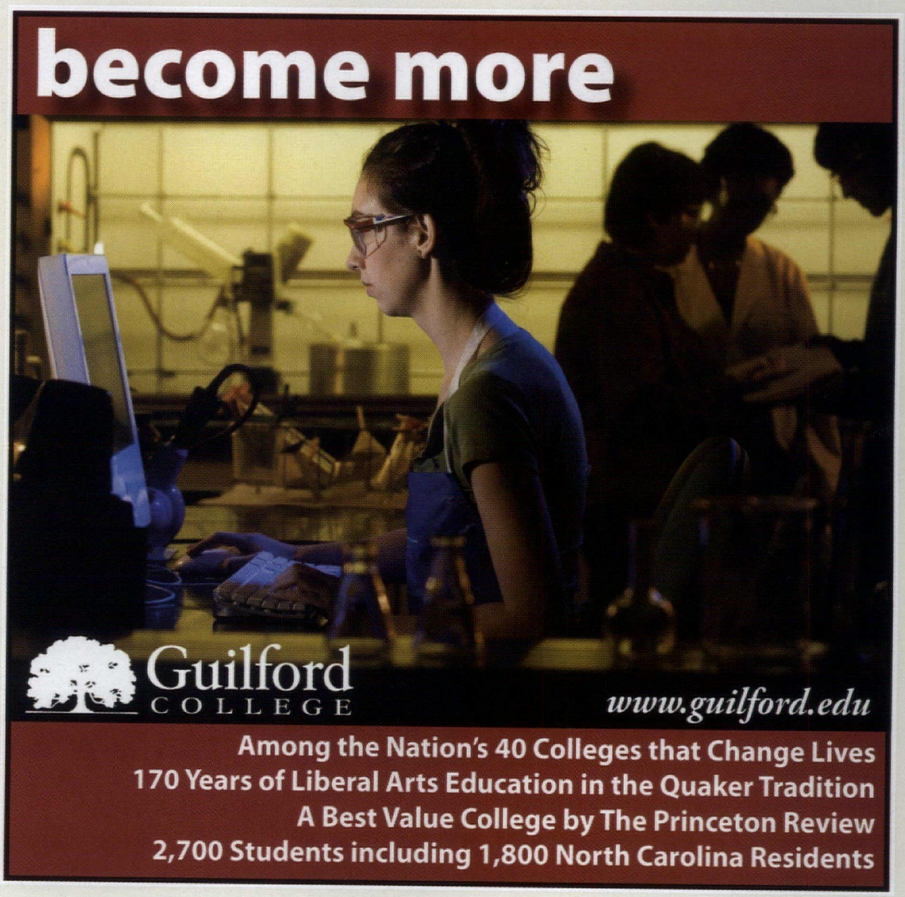
Tiara Ashley's Personalized Children Books, located in Burlington, NC, are designed to help young children develop a love for reading by incorporating the child's name into the story. Children see they are one of the main characters in the book, which builds self-esteem and reading confidence, according to Deloris Seymore-Reyes, company founder.

The books come in a variety of categories, including holiday books, classics, sports and adventure. For more information, visit www.read2children.net. MM

Campbell Law School Moving to Downtown Raleigh

The Campbell University Board of Trustees has announced the University's plans to move the Norman Adrian Wig-





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gins School of Law from the University's main campus in Buies Creek, NC, to downtown Raleigh by the fall of 2009.

"Relocating to Raleigh offers unprecedented opportunities for our students and faculty to access all branches of government and to further utilize Raleigh's concentration of legal experts," said Dean Melissa Essary.

The city of Raleigh is currently the largest state capital in the country without a law school. The school's move to Hillsborough Place at 225 Hillsborough St. in downtown will open up new opportunities for moot court programs, internships and other partnership opportunities for law students and businesses in Wake County, according to Campbell officials.

"North Carolina is one of the fastest growing states in the nation, and Raleigh is leading that charge," said Raleigh Mayor Charles Meeker. "The addition of a premier institution of legal education like Campbell University's Norman Adrian Wiggins School of Law will be a tremendous addition to a powerful collaboration of universities and colleges." MM

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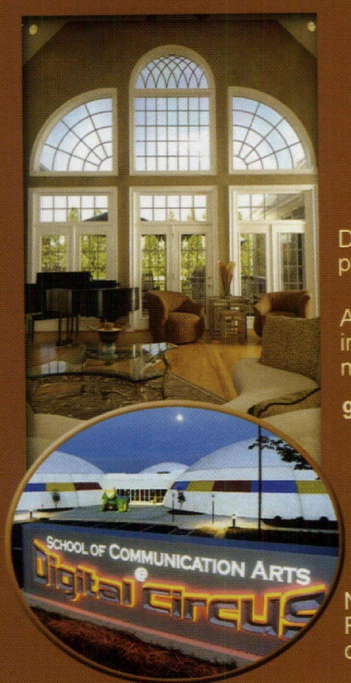

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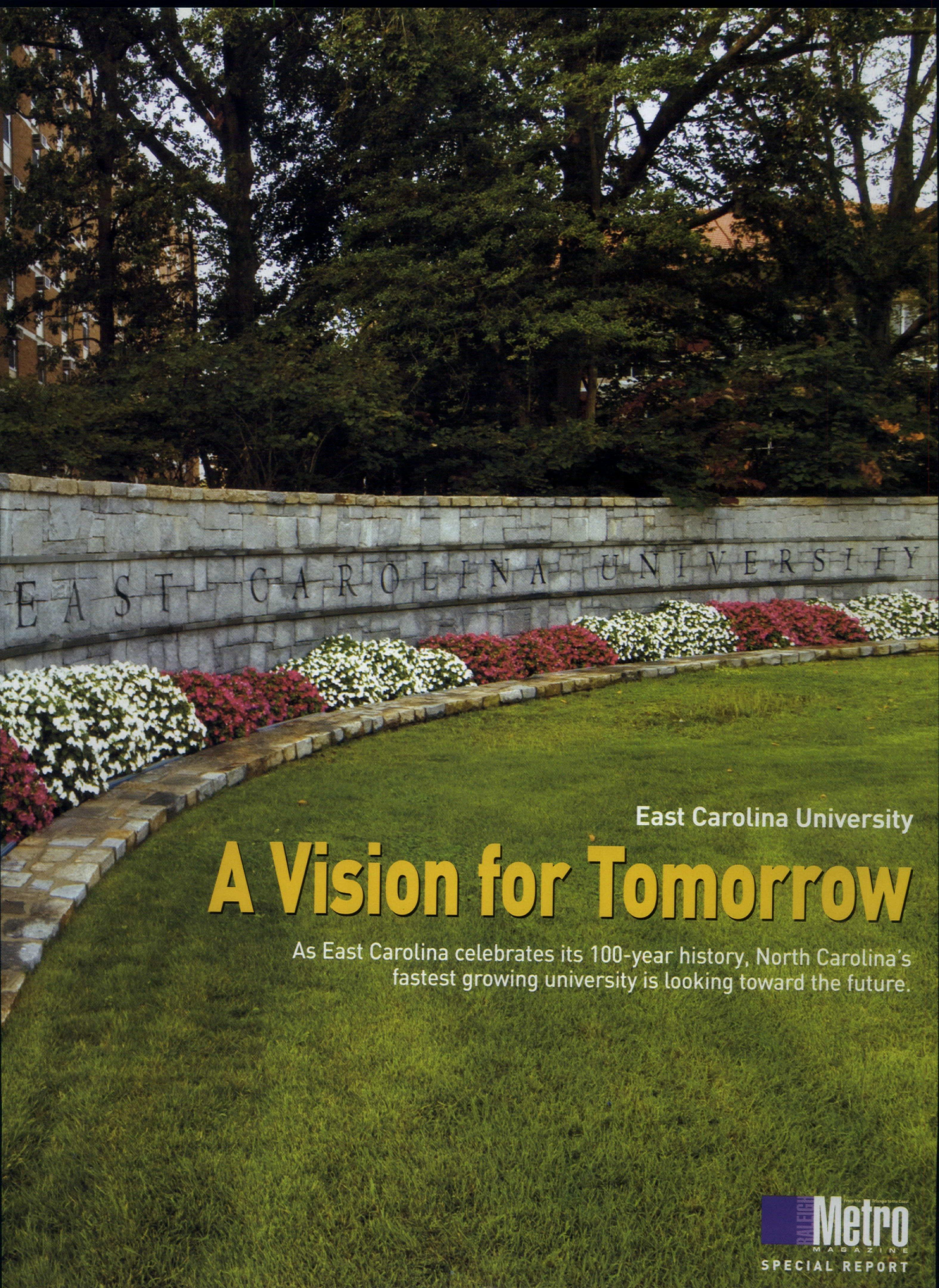


East Carolina University

A Vision for Tomorrow

As East Carolina celebrates its 100-year history, North Carolina's fastest growing university is looking toward the future.

Raleigh Metro Magazine
SPECIAL REPORT

East Carolina University

Catalyst For Change

In the Region, State and Nation

by Jennifer Hadra

With a doctor on the verge of discovering a cure for diabetes, a chamber music guild that has performed at Carnegie Hall, an alumnus who stars on one of the CBS Network's most watched prime-time dramas and a track record of producing the highest number of educators and nurses for the state of North Carolina, East Carolina University is a school you may not realize you know a lot about.

What began as the 174-student East Carolina Teachers Training School has now grown to an internationally recognized institution of higher education. As ECU celebrates its centennial year, the University's Board of Trustees, senior leadership team and Chancellor Steve Ballard, worked together to create a plan for East Carolina in the century to come. Their collaboration produced *ECU Tomorrow: A Vision for Leadership and Service* detailing five strategic directions that the University will focus on in the years to come:

- **Education for a New Century** — ECU will prepare students to compete and succeed in the global, technology-driven economy.
- **The Leadership University** — ECU will distinguish itself by the ability to train and prepare leaders for tomorrow for the eastern region of the state, for North Carolina and for the nation.
- **Economic Prosperity** — ECU will create a strong and sustainable future for Eastern North Carolina through education, innovation, investment and outreach.
- **Health Care and Medical Innovation** — ECU will save lives, cure diseases and transform the quality of health care for the region and the state.
- **The Arts, Culture and the Quality of Life** — ECU will provide world-class entertainment, culture and performing arts to enhance the quality of life of the University, the region and the state.

Ballard

"I don't believe in skinny goals," said Chancellor Ballard, who came to East Carolina in May 2004 and believes in its role as the University **for** North Carolina. "This plan has two elements essential for success: It has focus and it identifies a distinctive role and commitment for East Carolina University. *ECU Tomorrow* was written with a purpose and with input from all segments of the University."

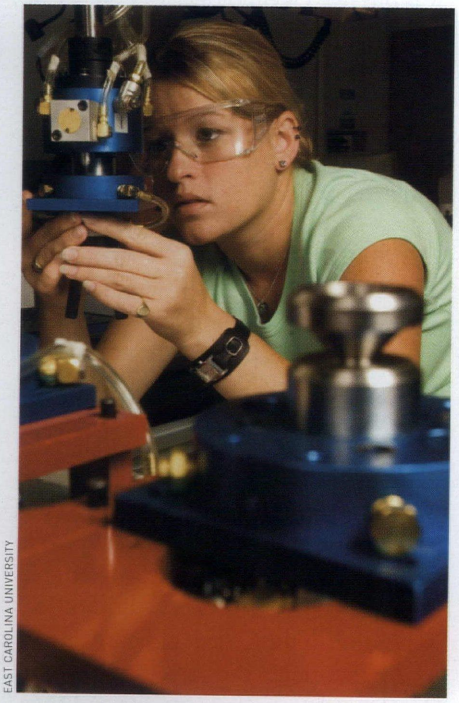
When developing the five strategic directions, university administration considered East Carolina's tradition, resources and national reputation in order to identify opportunities for greater service and distinction in the new century.

The plan utilizes the "80-20 rule": 80 percent of the University's resources will be devoted to the five strategic directions, while 20 percent will be available for other advancement opportunities and the emerging needs of North Carolina. Mickey Dowdy, vice chancellor for university advancement, is spear-heading the University's efforts to raise the money necessary to support the vision.

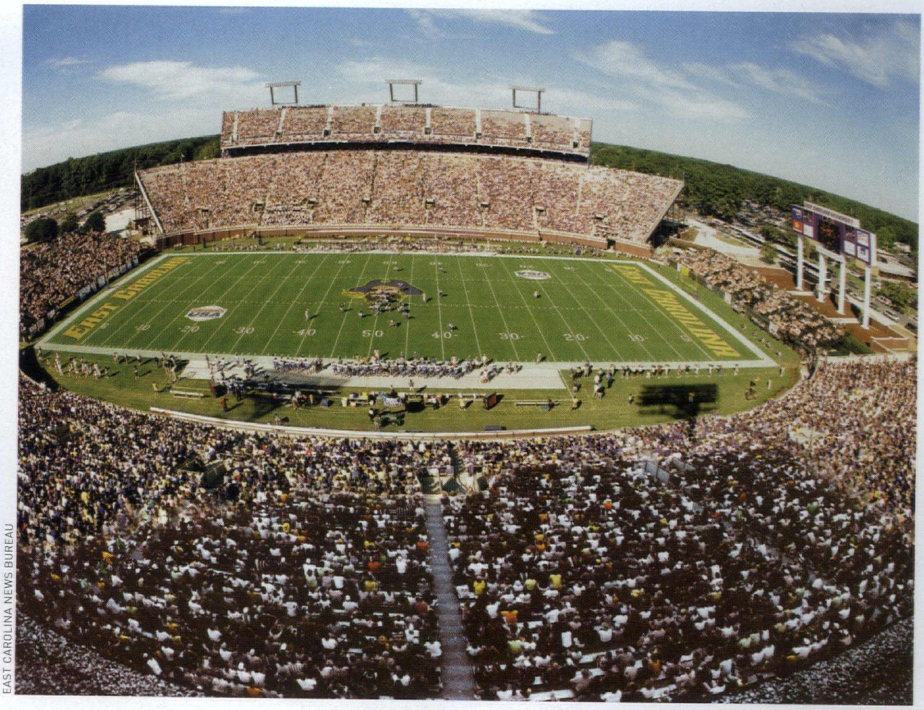
"We are in the process of getting a capital campaign started," said Dowdy. "We hope to go public with the campaign on March 27, 2008, on Founders Day. The goal of the campaign, which will run through Dec. 31, 2011, is to raise $150-160 million."

While this seems a lofty goal for a university with fewer corporate connections than most larger institutions, Dowdy said he believes that the alumni and friends of the University will support the vision.

"I have never been at a university that was so counted on and supported by the community and region that it serves," said Dowdy. "The impact of a dollar here is greater than it is elsewhere. That money is helping to retain or recruit a faculty member, give scholarship help to a student who needs it or contribute to a research program that will directly benefit the economy of Eastern North Carolina."



EAST CAROLINA UNIVERSITY



EAST CAROLINA NEWS BUREAU

EAST CAROLINA NEWS BUREAU

SERVANTS OF THE EAST

Like any university, East Carolina focuses on the three tenets of higher education: research, teaching and service. What sets ECU apart, however, is its emphasis on the latter. The University's motto is *Servire*, or To Serve, and the five strategic directions use ECU's strengths and its growth to achieve its commitment to making a positive contribution to Eastern North Carolina.

"East Carolina University is part of the fabric of the eastern region of the state. The University serves its region so much more than most other universities do," said David Brody, a member of the Board of Trustees and a former chair of the Pitt County Memorial Hospital board of trustees. "If you look at teachers, doctors and nurses in every community in Eastern North Carolina, many of them were trained at ECU. People who are taking courses through the business school or getting their MBAs online are taking that knowledge back into the community. But we have to do more because the need is there. ECU has to take leadership and act as a resource to help people in the region."

In many ways, East Carolina has already established itself as a leader in contributing to the state and regional job market. Last year, East Carolina produced almost double the number of teachers licensed and employed in the state than did UNC-Chapel Hill and nearly four times the number produced by North Carolina State University. In addition, 60 percent of the nearly 1650 doctors who have graduated from the Brody School of Medicine since 1977 practice in North Carolina, a far greater percentage than any other medical school in the state.

Still, the University administration feels that ECU has the potential for an even larger impact on the region's economic development.

"ECU has a 100-year history of outreach to the region. We have made a lot

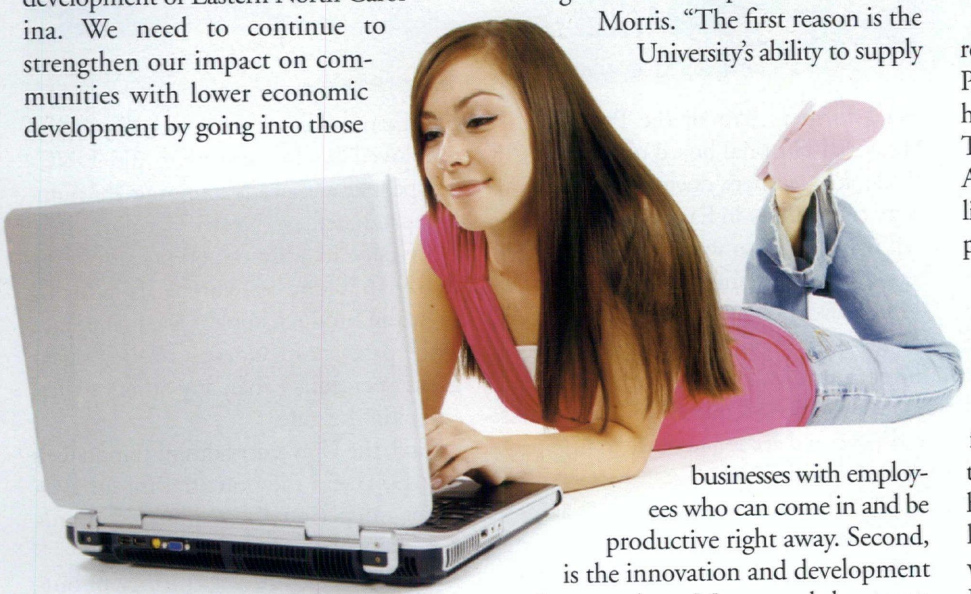
EAST CAROLINA NEWS BUREAU

happen already, but we want to see much greater focus on significant industry clusters that will be created to stay, such as boat building, marine sciences, food processing and health care," said Ted Morris, associate vice chancellor for economic development. "We also want to see an expanded K-12 education system. If you don't start with education, you are starting from the wrong spot."

Bob Greczyn, chairman of the Board of Trustees and CEO of Blue Cross and Blue Shield of North Carolina, agrees with Morris: "ECU has a huge potential to impact health care, as well as the economic development of Eastern North Carolina. We need to continue to strengthen our impact on communities with lower economic development by going into those communities, assessing their strengths and finding out what resources they have that can be turned into jobs and areas of economic growth."

Over the next century, the University will create and strengthen regional partnerships with the business community, elected officials and economic developers. ECU will also increase investment in innovation and applied, externally focused research that emphasizes the economic and physical health of citizens in the community, region and state.

"Business partnerships and research are vital to the economic development of the region for multiple reasons," said Morris. "The first reason is the University's ability to supply businesses with employees who can come in and be productive right away. Second, is the innovation and development of new products. Many people have great ideas but need technological assistance in clearing the hurdles to developing that technology. We do a lot with our small business centers and that delivers tremendous returns. Finally, we hope to recruit and connect companies that are not yet in North Carolina with those that are."



CULTURAL ENRICHMENT

Coinciding with the University's mission of facilitating economic development in the region is ECU's commitment to improving the arts, culture and quality of life in Eastern North Carolina.

"There has been a recent rise of the creative class. Parts of the country, like Silicon Valley or even the Research Triangle, where there is lots of technology and industry, need a creative economy in order to be able to recruit good employees," said Dr. Jeff Elwell, dean of the College of Fine Arts and Communication. "People want good arts. They have their professional life and then afterward they want to have access to other things that round out their life."

Currently, East Carolina's theater and fine arts program boasts an impressive repertoire of famous alumni like Emily Procter, star of the CBS crime drama, *CSI: Miami* and actress Sandra Bullock. Early last year, Ballard and 30 ECU faculty, staff and students traveled to New York City to watch as the University's Four Seasons Chamber Music Festival made its debut in Carnegie Hall.

At a reception after the event, Ballard revealed the plans for an $85 million Performing Arts Theatre, which Elwell hopes will be built in the next five years. The University's current facilities, Wright Auditorium and Fletcher Recital Hall, are limited in space and prohibit a number of performing arts series from visiting ECU.

"Most universities thrive on the Broadway shows they bring in, but we don't have the capacity," said Elwell. "Our fine arts and communications students are thriving, but we have limited spaces for them to work and perform. Building the new Performing Arts Theatre would have a significant impact in providing new learning opportunities to students and world-class entertainment to people from I-95 east."

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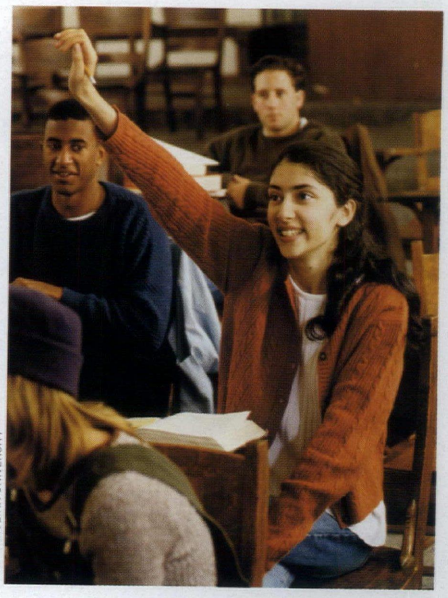

EAST CAROLINA UNIVERSITY

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For those who are not interested in the performing arts — and for those who are — no mention of the culture of East Carolina is complete without a discussion of ECU athletics. The campus of ECU bleeds purple and gold, and Greenville has a long-standing reputation as the heart of the "Pirate Nation." East Carolina athletics fuel an economic impact of approximately $100 million annually, but it is not just the money that makes the athletic department an integral part of the strategic plan.

"At the football stadium, on any given Saturday, there are 40,000 people in purple and gold cheering on our football team. There's a certain loyalty among ECU fans, and that loyalty is what gives us confidence that the community and the region are behind the school and will support us in the new century," said Ballard.

While the athletic department was wrought with turnover in the earlier part of the decade, Ballard is now confident of where the University's athletic programs are headed under the leadership of Terry Holland. At six feet eight inches tall, Holland is both literally and figuratively one of the University's biggest supporters of the strategic plan.

"Our goal is for the athletic department to find new ways to serve the community at large and support the overall mission of the University while becoming more competitive at a national level," said Holland.

Holland agreed to a five-year contract with ECU in 2004, leaving his position as assistant to the president at the University of Virginia. Holland also served as the athletics director at the University of Virginia from 1995 to 2001, before becoming the special assistant to the president. He began his career at Virginia in 1974 as head men's basketball coach, where he was touted as the most successful coach in the university's history with a 326-173 record.

According to Holland, Pirate athletics provides more than 100 entertainment events annually, all of which provide a gathering place for alumni, students and supporters and contribute greatly to the "spirit" of the University and the community. However, Holland and the other coaches in the athletic department know that their

KINSLEY DEY

jobs do not stop after the game. Each athletic program provides hands-on leadership training for hundreds of ECU student-athletes and partners with the University to provide tutoring and other academic support for student-athletes who are juggling heavy course loads, practices, community service and other normal college activities.

LEADING THE WAY

While establishing East Carolina as "the leadership university" is explicitly stated as one of the strategic goals, there seems to be an element of leadership in everything the University has planned for the next century.

Since coming to East Carolina, Ballard has made it his goal to build a leadership culture within the University and ensure that both faculty and students are trained to be competent leaders in the 21st century. The University's Center for Transformational Leadership in Eastern North Carolina and ECU's Center for Student Success will provide programs and resources to develop service-oriented leaders and ensure that all students graduate with leadership experience in their field of study. The BB&T Leadership Center will continue to serve as a model for helping faculty incorporate leadership and service learning components into their programs, while the Chancellor's Leadership Center will aid the professional development of university faculty and staff, with particular emphasis on women and minorities.

"Leadership is always contextual. There isn't one correct model. It depends on who you are, when you are and where you are," said Ballard. "I believe that the way leaders lead and work together is the single most important thing we can do in public institutions. We forget that it's a group of leaders."

According to Ballard, teamwork will play a key role in accomplishing the goals laid out in the strategic directions.

EAST CAROLINA UNIVERSITY

"Getting good people here and then ensuring that they work together and that all the atomistic forces are recognized and not succumbed to is vital to our success because none of our jobs is isolated to one division. They are all about what's best for the students, and they are all about what this institution means to our community, region and state. We can't be successful by ourselves," said Ballard.

Ballard encourages his administration continually to ask themselves three questions: What is best for East Carolina, what is happening with our students and what are we doing for the state of North Carolina? Perhaps it is this intentional questioning that drives East Carolina University to live up to its motto and mission of service.

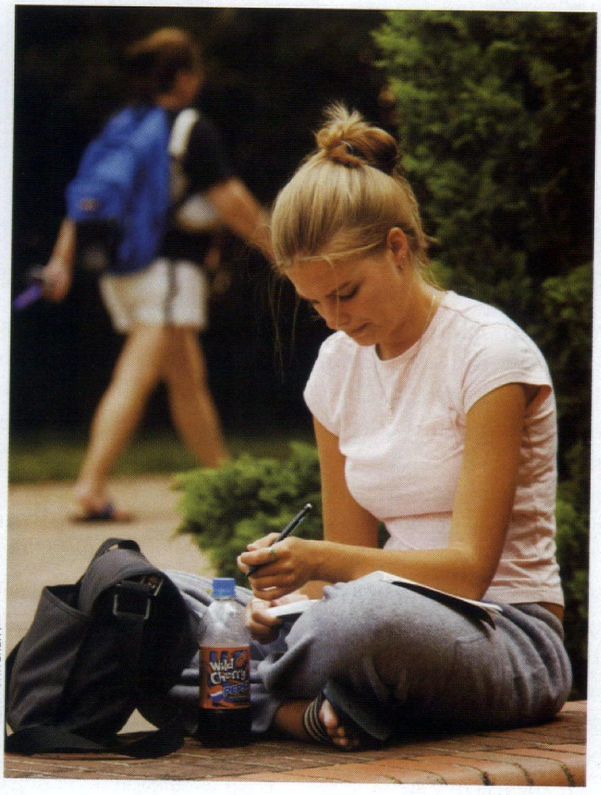
"We are authentic. When we say something is important to us, we mean it," said Ballard. "Major economic transformation will not happen unless there are major educational enterprises that are partners and catalysts to the transition. We want to be the leaders in the economic transformation of Eastern North Carolina. In 10 years when people think about the economy of the east, I want them to think about East Carolina University." MM

All Access: ECU's Academic Programs Leave No Student Behind

by Jennifer Hadra

As the fastest growing school in the 16-school University of North Carolina system, East Carolina University is faced with a big challenge: How to ensure that the University's estimated 4200 incoming freshmen and nearly 26,000 students receive the individualized attention and education necessary to succeed in today's workplace. Where most schools see a problem, ECU sees a tremendous opportunity by making education the top priority in the University's vision of five strategic directions arising from the school's 100th anniversary this year. The promise is on the table to equip students with the tools necessary to succeed in the 21st century.

"Today, an East Carolina graduate is competing for a job with a student from New Bern, New York and New Delhi. You can't just think about being as qualified as the kid next to you, you have to be as competent as the kid in New Delhi. It is our job to prepare our students to compete and succeed in the new global economy," said Chancellor Steve Ballard.



EAST CAROLINA UNIVERSITY

According to Ballard, university administration, faculty and staff are continually asking themselves how to prepare students for the jobs of tomorrow. Many students at ECU are choosing to pursue careers which will directly benefit the community in which they live — a choice that is in line with the University's mission of service. Teaching, nursing, occupational therapy and construction management are among the University's most popular majors, and ECU prides itself on providing the state with more education professionals and nurses than any other university in North Carolina.

With nearly 200 undergraduate, graduate and professional degree programs, East Carolina's administration and faculty place a high priority on ensuring that no student gets lost in the educational shuffle.

"The larger the university, the more it tends to lose students in the crowd," said Marilyn Sheerer, who served as ECU's Dean of Education for eight years before accepting her current position as interim Provost and Vice Chancellor of Academic and Student Affairs. "We have set up a very personalized advisement system at ECU. Students know exactly who their adviser is, so they know who to go to when they have questions or concerns about their major."

Each college has a professional advisement center that connects to a larger general advisement center for undeclared majors. In addition, every faculty member at East Carolina is trained in advisement and equipped to help students with making the right career choice.

"We have students who get to college, take a class or two and realize that they don't want to major in what they came to school to do. Incorporating a socio-emotional component into advisement helps students work through those changes. It's what gives the University a smaller feel and creates a community within a community," said Sheerer.

Another way the University creates a small college atmosphere is through the "Living, Learning Communities" program that integrates academic and student affairs by allowing students of the same academic major to live together in residence halls with extra rooms where faculty advisement, studying and even classes can take place.

Both Ballard and Sheerer say they realize these programs are useless if potential students do not have access to them. To address this potential issue, the University works to ensure that receiving an education at East Carolina is both affordable and accessible.

Additionally, over the last two years, East Carolina has led the UNC school system in the percentage of new tuition dollars recycled back into the system and used as financial aid for incoming students.

"We have a thousand needs for these dollars, but our single most important goal is to ensure that the students who are able to succeed in college — who have an interest and a passion to do it — are getting the money they need to help them be successful. We do everything in our power to keep the cost to the student down, and I think we've demonstrated that we are truly putting our money where our mouth is," said Ballard.

EAST CAROLINA UNIVERSITY

Another integral part of East Carolina's emphasis on education is ensuring students easy access to the University's wide range of academic programs. The University demonstrates this commitment to academic accessibility through its flourishing distance education program. East Carolina is the state leader in these programs and currently boasts an enrollment of over 6000 students — a number that is expected to increase by thousands in the next few years.

While most universities create a separate curriculum and employ different faculty for their distance education program, ECU uses the same curriculum and faculty as their on-campus programs. Faculty members who teach a course on the University's main campus will usually teach that same course in an online format.

According to Sheerer, faculty members who teach online courses are continually thinking of ways to create the feel of a small classroom setting through cyberspace.

"Some of our most forward-thinking faculty members were pioneers in putting together our distance education programs," said Sheerer. "We have two-way audio and two-way video capabilities and offer hybrid courses that meet at an offsite location. One of our professors shows his students how to put their pictures online and then gets on the Internet with his video phone and teaches the class. It's extremely interactive."

In order to ensure that the program adheres to the strictest standards of learning, each faculty member who teaches a distance education course undergoes a rigorous peer and student review process. In addition, department heads can go online during any session to observe the class as it is being taught.

"I think there's a natural skepticism that comes along with distance education. 'Can it really be as good?' After spending time with the students and faculty in the program, I feel confident in answering 'Yes' to that question," said Ballard. "Almost every student in our distance education program, whether they are working toward a full degree or taking a class to increase their competency in a certain discipline, has complete access to the faculty member who is teaching that course."

In the future, both Ballard and Sheerer would like to see the University create new career options and degree programs for on-campus and distance education students. When constructing these programs, however, Sheerer says that the University will not stray from its mission of serving and giving back to the region of Eastern North Carolina and the state.

"We're going to grow. How we grow takes planning and continued focus on the economic opportunities that exist in the region," said Sheerer. "The need is in North Carolina and that drives how we create and realize our educational goals and our potential."

Economic variables aside, one thing remains constant at ECU: Students are the top priority. Improving the quality of education and everyday life for students has been the heart of East Carolina over the past century and will remain at the University's core in the century to come. MM

New Dental School to Enhance Expanded ECU Medical Complex

by Steve Row

For a medical school that many of the state's most powerful tried to block four decades ago, The Brody School of Medicine at East Carolina University is doing quite well, thank you.

Since its founding in 1975, the School has become one of the brightest stars in the skies over Eastern North Carolina, consistently ranking in the top 10 nationwide in family care, primary care and rural medicine. National family medicine groups have recognized Brody as one of the 10 top medical schools nationwide for sending a high percentage of graduates into family residencies.

When the medical school graduated its first class in 1981, perhaps 500 primary care physicians were practicing in Eastern North Carolina. Today, that number has grown to more than 1500, a large percentage of them Brody products.

A total of more than 2000 have graduated from the Brody School of Medicine and residency programs and more than half have stayed in North Carolina. Almost a third practice in Eastern North Carolina and more than half now practice in primary care — with 10 to 14 percent practicing in the most underserved counties.

The medical school is only one of three separate components that make up ECU's Division of Health Sciences. Approximately 200 nurses graduate each year from ECU's recently renamed College of Nursing, and ECU's College of Allied Health Sciences, which marks its 40th anniversary this year, graduates more than 200 students each year.

The division's three programs will be joined by a fourth school — a School of Dentistry that faced some early opposition

EAST CAROLINA UNIVERSITY

but has since received approval and initial state financing.

As she approaches her first anniversary this month as interim vice chancellor for health sciences, Phyllis N. Horns says the growth of East Carolina University's health sciences programs mirrors the expanding need to serve healthcare requirements of the citizens of North Carolina, especially the eastern third of the state. With its alarming incidence of heart disease, hypertension, obesity, diabetes and other critical illnesses — rates that often are higher than in other regions of the state — this part of North Carolina needs as many qualified healthcare professionals as it can get.

"This University has been very responsive to the needs of the citizens in all areas of health care," she says. "I've been astounded at the complexity of what goes on in our health sciences division. We are very pleased with the top quality students and how committed they are in all our disciplines, and we have excellent faculty and outstanding programs across the board."

The Brody School of Medicine's very creation came in the face of strong opposition. Although the North Carolina General Assembly authorized a school of medicine for the region as early as the mid-1960s, getting the school started was a 10-year process.

But the late Leo W. Jenkins, who was chancellor of East Carolina at the time, did-

Brody School of Medicine

KINSLEY DEY

n't stop pushing the important questions for state legislators to consider.

As noted in a 1985 volume of the *ECU Medical Review*, Jenkins asked:

"Should the provision of adequate modern medical care be dependent upon geography? Why should residents of the Piedmont be the beneficiaries of a 20th century healthcare system and Easterners relegated to one more reminiscent of the 19th?"

Jenkins' solution to this problem was to create a state medical school at East Carolina "to act as an incubator for desperately needed primary care physicians and to serve as the hub of a regional network of modern medical care." Despite his proposed solution, opposition to the School still was "widespread and formidable," according to the account in the *Medical Review*. "Opponents included powerful Piedmont politicians, influential businessmen, major urban newspapers, the higher education establishment and the state medical society.

"Though there was a general agreement that healthcare service delivery needed to be upgraded in the East, the idea of a new medical school was rejected as too costly, other measures were considered more effective and ECU was deemed ill-equipped academically to support a medical school."

Jenkins saw the conflict as an attempt to defend and preserve the status quo. Some viewed the controversy as part of the historic dispute between the rural east and the urban Piedmont.

In 1968, after Jenkins asked the state for nearly $2.5 million to start a two-year medical school, the facility actually began operations in 1972, although students who entered concluded their studies at The University of North Carolina at Chapel Hill.

It was not until 1974 that the state legislature appropriated funds to establish a four-year school of medicine at ECU. The school acquired land for its campus in 1976, and the first class of 28 students to enroll in the four-year program came to ECU in 1977.

The Brody School of Medicine building was finished in 1981, with more than 450,000 square feet of space on nine floors, and the first four-year medical school students graduated that year. The School now has nearly 300 students in nine main disciplines — family medicine, surgery, internal medicine, pediatrics, psychiatry, OB-GYN, emergency medicine, rehabilitation and pathology.

Horns knows the history of the Brody

College of Nursing

Year founded: 1960
Current enrollment: 1047
Full-time, part-time faculty: 102
Degrees offered/concentrations: Bachelor of science, master of science, PhD
Dean: Acting Dean Sylvia Brown

Enrollment trends
2007-08: 1047
2011-12: 1100

School of Medicine, but she says most people now associated with the School "have never felt they had anything to prove, though that sense might be out there somewhere. We know we are running top-quality programs that are surpassed by very few. We know that our graduates are serving people throughout the state. They are doing fabulous work."

PARTNERS IN SUCCESS

The goal of filling the needs of underserved communities and populations with critical healthcare shortages is shared by the other two components of the health sciences division. For example, more than 88 percent of last year's graduates of the College of Allied Health Sciences remained to work in North Carolina. In a separate survey of nursing college alumni, 88 percent of bachelor-degree nurses reported living in North Carolina, and 63 percent say they practice in a 41-county region of the eastern part of the state.

The College of Nursing is the oldest of the University's three health sciences programs, and it too faced strong opposition 50 years ago when the idea first surfaced to create the program at what was then East Carolina Teachers College. Support shifted in favor of a nursing school in the region when hospital-affiliated nursing schools began closing in the late 1950s. And though some higher education officials remained opposed to a separate four-year state nursing school at East Carolina, the proposal was finally approved, and a School of Nursing was established in 1960 as the first four-year, degree-granting school in Eastern North Carolina.

The program began with two main goals — to supply nurses as generalists for healthcare agencies in the region and to provide more nurses for the state as a whole. Now the school graduates more nurses than any other program in the state. The nursing college plans to turn out more nurses in the future, up from approximately 200 students each class now to about 260 by 2010.

To respond to the complexity of medicine and medical practice increases, with rising dependency on high-tech diagnostic equipment, the allied healthcare professions are becoming more important to the School's goals. ECU's College of Allied Health Sciences, formed in 1967 as the Life Sciences and Community Health Institute, is the first and only school of its kind in the state.

Students in ECU's allied health sciences programs consist of a slightly older population, and some already are employed in healthcare positions. Some of these students have come from a community college with an associate's degree and now want to complete work on a bachelor's degree. Some are seeking to upgrade their skills through the advanced-skill healthcare education the college provides.

Graduates can move into healthcare professions to provide essential services and fill essential positions in one of nine important allied health specialties — physical therapy, occupational therapy, speech pathology, audiology, health information systems, laboratory clinician, physician assistant and systems management. In all, 15 bachelor's, master's and doctoral degrees are offered, and nearly two-thirds of the School's students are enrolled in graduate programs.

The nursing college and allied health sciences college moved into a new space near the Brody School of Medicine in the summer of 2006. The new building "has created wonderful new space and simulator laboratories for nursing and allied health," Horns says. The Laupus medical library is in the new building, and that has created "joint learning opportunities for all three disciplines."

WORKING TOGETHER

Stephen W. Thomas, dean of the allied health sciences college, said last year one beneficial result of the new building will be to help arrange more coordination of instruction among students in all three Health Sciences Division programs.

"I see more interdisciplinary relationships with the other programs in teaching, research, community service and clinical practice," he said. "I think we can become more integrated, more streamlined, and I think we can focus our collective attention on meeting healthcare needs as a team — working on such problems in this area as obesity, diabetes and hypertension."

Horns agrees: "Our growth in interdisciplinary teaching and service will be significant. We will look for creative ways to partner with other areas on campus, and we will see richer and stronger educational opportunities for students, along with more grant opportunities."

In particular, she sees greater interdisciplinary efforts opening "huge opportunities for translational research," the kind that brings the best science to human reality and helps people manage their health conditions better. We can translate knowledge into functional applications for real-life situations."

The East Carolina Heart Institute, the first of its kind in the state, is set to open in 2008 as a joint effort of East Carolina University, Pitt County Memorial Hospital and private medical professionals to engage in research, treatment and prevention of cardiovascular diseases. The death rate from heart disease is higher in North Carolina than the nation as a whole and higher in

College of Allied Health Sciences

Year founded: 1967 (started as Life Sciences and Community Health Institute)
Current enrollment: 730
Full-time, part-time faculty: 75
Degrees offered/concentrations: Bachelor of science degree in speech and hearing sciences, clinical laboratory science, health services and information management (two concentrations), rehabilitation services; master of science degree in speech-language pathology, speech-language pathology through distance education, occupational therapy, physician assistant studies, rehabilitation counseling, substance abuse and clinical counseling; doctor of physical therapy; PhD in clinical audiology, communication sciences and disorders, rehabilitation counseling and administration
Dean: Stephen W. Thomas

Enrollment trends
2007-08: 730
2008-09: Approximately the same as current

the counties of Eastern North Carolina than in the rest of the state.

Work and research in the East Carolina Metabolic Institute for the Study of Diabetes and Obesity, which started in 2004, could fit in with work planned at the Heart Institute, which will receive its own separate 230,000-square-foot center a few years from now for research in obesity, diabetes and other similar disorders and illnesses.

A family medicine center is set to open in 2009 that will include the Monk Geriatric Medicine Specialty Center. A center for health disparities, just getting under way, is a multi-disciplinary effort involving several programs on campus that will examine how different segments of the population suffer from and are treated for illness and disease.

The University's public health program, which began a master's degree in 2004, could eventually become a separate school, "but that's at least a decade out," Horns says.

And getting the new School of Dentistry operating, with the first students enrolled in 2011, "will be an exciting time for us," she adds.

At some point in the future, the medical school portion of the division might have to expand. Because many physicians are reaching retirement age, one national healthcare organization has suggested that medical schools expand enrollment by 30 percent to offset the current decline in numbers of practicing physicians.

Horns points out that enrollment in the Brody School of Medicine gradually will increase to 80 per class, up from the current 72, but that's about all the school physically can accommodate with current space, "including appropriate clinical learning opportunities at Pitt County Memorial Hospital and University Health Systems."

This means a critical need for more physical space, but "we can't do that now. We would need about $200 million in construction to accommodate that.

"We will continue to grow, though our real issue is managing that growth," she says.

To illustrate whether the effort to create a medical school in Greenville was worth the trouble, the 1985 *ECU Medical Journal* article cited a visit Jenkins made to the School's Neonatal Intensive Care Unit, where he observed six critically ill infants. He asked a neonatologist what their prognosis would have been if the School had not been built.

Two would be dead, two would be severely retarded and two would be borderline, the doctor replied. With the intensive care unit "and a little luck, all of them would grow up without any handicaps," the article noted.

"Does that answer the question, 'Was it worthwhile?'" Jenkins asked. MM

Health Sciences Building

KINSLEY DEY

Brody School of Medicine

Year founded: 1969 (admitted first 20 students to two-year program in 1972, completing their degree at UNC-Chapel Hill; four-year program started in Greenville in 1977)
Current enrollment: 294
Full-time, part-time faculty: 475 (approx.)
Degrees offered/concentrations: Doctor of medicine in family medicine, pediatrics, obstetrics-gynecology, internal medicine, surgery, psychiatry, emergency medicine, rehabilitation, pathology
Dean: Interim Dean Phyllis N. Horns

Enrollment trends
2007-08: 294
2008-09: Incoming first-year class size increases to 76; total projected enrollment 298

Dental School Coming to ECU

by Steve Row

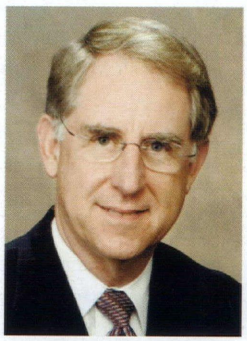
Metro spoke with Dr. Gregory Chadwick, associate vice chancellor for oral health and interim dean of the East Carolina University School of Dentistry, who is leading the effort to develop the new dental school at ECU.

Chadwick earned a bachelor of science degree in business administration from The University of North Carolina at Chapel Hill and earned his doctor of dental science degree and a master's degree in endodontics from the UNC School of Dentistry. He later practiced endodontics in his hometown of Charlotte for almost 30 years. A diplomat of the American Board of Endodontics, he served for 18 years as a part-time clinical professor at UNC and for 14 years as chair of the endodontic section at Carolinas Medical Center, where he was on the faculty for more than 25 years.

Chadwick is a former president of the American Dental Association and the North Carolina Dental Society and now heads the ADA Foundation's $100 million campaign to assist dental education.

What is the current status of the ECU School of Dentistry? How much money still needs to be raised to get the school going?

At this point, we're in the planning and design phase. The legislature approved funding of $25 million in its most recent session. Our total cost is nearly $90 million, with $28 million raised so far, so we will need $62 million from state sources to finish. We have developed a curriculum for the dental school, which had to be done before going through the permission to establish. We've been working with the University of North Carolina system under a joint plan for dentistry for what role ECU should play going forward. When the (UNC) board of governors decided to go ahead with the joint plan, we were given the ability to grant a DDS degree.



Chadwick

Under the best conditions, when will the first students be admitted, and when will the first students graduate? How many will be in each class?

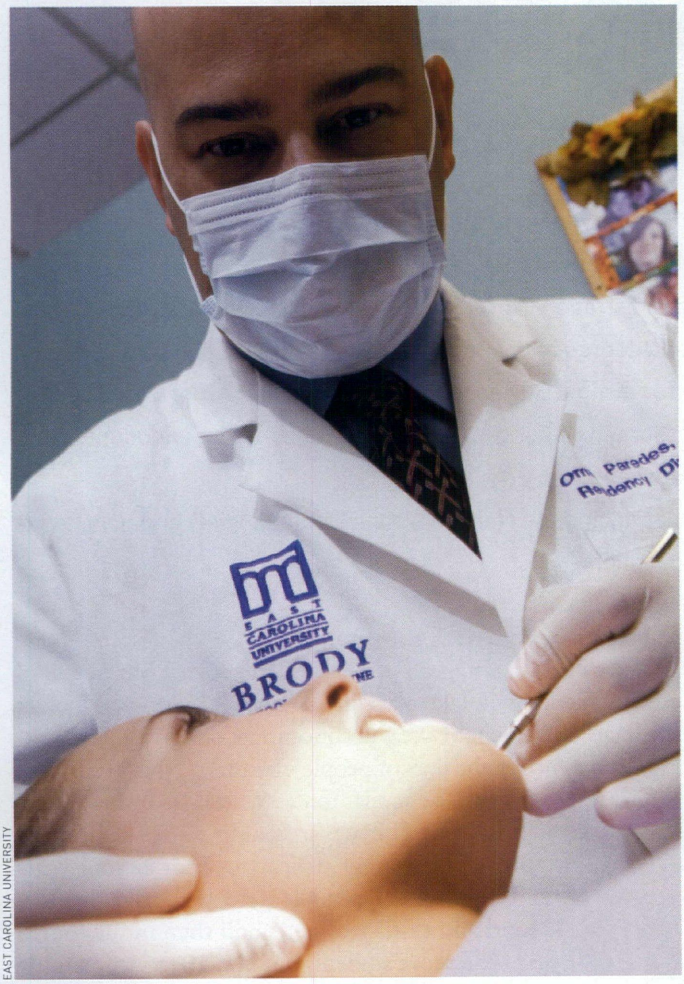
We will have a four-year curriculum, and in the most realistic scenario, our first students will come in 2011. By then, we will have to complete our construction, hire our faculty and administrators, and have our accreditation. The first DDS graduates will be in 2015. We will have up to 50 students in each class, and we will have about 60 faculty members and administrators. We will also have a residency in pediatric dentistry for four or five students a year and in advanced education in general dentistry.

Describe the four-year program.

We will be focusing on primary care dentistry, but not all of our instruction will take place in Greenville. When you look at the focus of the School, we will concentrate on service and making a difference in the lives of people in Eastern North Carolina. In that respect, we will be similar to East Carolina's Brody School of Medicine. But we are going to use a different approach. A student typically spends all four years right in the dental school. Here, we'll have the first, second and third year here, and then in the fourth year, we'll move students out into 10 service learning centers throughout the state. So seniors will not be here during their last year. They could be in the east, but they also could be in a western area where they will experience living in other locales. They will work with our faculty in these areas. We'll have faculty members, residents and students outside Greenville to work with the students. We're in the process of identifying the 10 areas where we will provide education, plus care in those areas. Overall, we want to graduate more primary care dentists, especially for rural and underserved areas of the state. Plus, we want to give students from rural and underserved populations a chance for a dental education.

We will work on the maldistribution of dentists in the state. North Carolina has 15 urban counties and 85 rural counties, yet the population is about split in half. Since 1979, when I started keeping track, distribution figures show that rural areas have (an average of) about three dentists per 10,000 residents, and that has stayed pretty steady. Four counties have none, and 20 coun-

ties have two per 10,000. We think that ECU is a perfect place for this kind of program. We can provide a healthcare infrastructure that will make North Carolina a more attractive place to live. Our focus will be improving oral health and the maldistribution of dentists all across the state.



EAST CAROLINA UNIVERSITY

What kind of building will house the School?

We'll have 112,000 square feet, though I don't know the number of floors yet. The exact site has not been approved yet. First-year students will have more classes, but they will have some labs. In the second year, they will have a significant number of classes, but there will be more clinical experience. In the third year, most of the time will be spent in clinical activities. The building will have three areas — typical classrooms, seminar rooms and labs. We'll be set up to have a lot of interaction electronically with other students and instructors. We could have lectures and clinical seminars taught through electronic courses. And "tele-health" opportunities will be available so the faculty will be able to consult with students in our outlying service learning areas.

What is your background in administering dentistry programs?

The preponderance of my time has been spent as a practicing dentist, but over the last 10 years I've been intimately involved in issues of dental education. In some ways, I've been involved in dental education all of my life. I came to Greenville two years ago. They had initiated the thought process (about creating the school) and asked me to join and begin to lead the effort.

What will the preference be on admissions — NC residents only? Mostly NC residents?

We're modeling after the Brody School of Medicine. We will focus on North Carolina residents for 100 percent of our students. That is so critical, getting the right students into the School, mentoring them, encouraging them, giving them options, getting them back to those areas. It would be a shame to lose them to somewhere out of state, where they would have to pay a lot higher tuition — maybe double ours — which would be a huge hurdle and a detriment to their going to a smaller town, a rural area or an underserved area.

What particular specialties will the School emphasize in training dentists?

Pediatric dentistry will be one of the specialties, the only specialty program for the foreseeable future.

In addition to helping overcome a basic lack of dentists in some areas, what kind of oral health problems will the School's graduates be especially well-trained to encounter and help remedy?

Remember that primary care is our focus. We will place strong emphasis on clinical skills in all areas. If you are in an urban area, you can refer out those treatments you don't like, but you can't do that in rural areas. And an educational component is necessary because parents need to be aware of prevention, of how they can prevent dental disease, plus how they can notice some signs and symptoms of it.

Is there any kind of a feeling that "nobody wanted us to have this, so we'll have to work extra hard to prove ourselves"?

I think that's overplaying the opposition. There's been an awful lot of support for a dental school here. In fact, the support has been tremendous for the School. We are going to have to work hard, but that's because of the needs out there for more dental care and to address the maldistribution. We're going to work hard for that reason — for the mission of the University and for the people of North Carolina — not to prove something to people who are naysayers.

What are your own goals and objectives for the School, for five years out and 10 years out?

Our goals are pretty simple. Looking 10-20 years out, we want to improve the oral health of the people of North Carolina and cure the maldistribution of dentists. We hope five years from now we'll have one or two classes of students from North Carolina looking forward to graduating from this dental school and practicing in rural North Carolina. MM

Combining Strengths Creates Progress In The Battle Against Heart Disease and Diabetes:

ECU's Wayne Cascio and Walter Pories Leading The Charge

by Steve Row

Some of North Carolina's most persistent and severe health problems — heart disease, obesity and diabetes — are fought in the offices, clinics and research laboratories of East Carolina University's Division of Health Sciences.

Including the offices, clinics and research labs of Drs. Wayne E. Cascio and Walter J. Pories.

Cascio is professor of internal medicine at East Carolina University's Brody School of Medicine, chief of cardiology at Pitt County Memorial Hospital and director of research at the new East Carolina Heart Institute. Pories is professor of surgery, biochemistry and exercise and sports science at the Brody School of Medicine, and director of the East Carolina Metabolic Institute for the Study of Diabetes and Obesity.

The Metabolic Institute started operations in 2004 and hopes to have its own location in the next year or two. The University's component of the Heart Institute will begin operating in 2009 in its new building on East Carolina's growing Health Sciences campus.

Together, they are expected to have a considerable impact on the population of North Carolina and beyond.

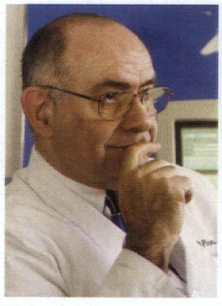
"The Heart Institute could transform the delivery of cardiovascular services in Eastern North Carolina and have an impact on the cardiovascular health of the population that could trickle down into the health and economics of the whole region," says Cascio, who has been in Greenville for four years.

The East Carolina Heart Institute, a partnership involving the University, the hospital and University Health Systems of Eastern Carolina, will consist of a $150 million, 120-bed regional heart care center operated by the hospital and a $60 million cardiac research and treatment center operated by the University. The Institute will consist of state-of-the-art medical technology, education and research and will be the centerpiece of a new department of cardiovascular sciences at the Brody School of Medicine.

Cascio says the new department represents a break from most traditional structures in a medical school by combining elements of cardiology and cardiothoracic surgery.

"This concept is gaining momentum elsewhere, but we are one of a handful of hospitals actually doing it.

"We need to work more collaboratively and train the next generation of cardiovascular physicians as the field becomes more broadly defined. New doctors must be acquainted with all aspects of cardiovascular medicine," he says.



Pories

"The new center is the catalyst that enables this to happen. It serves as a physically visible sign of the commitment of University Health Systems, the School and the state."

A few years down the road, Cascio says the first priority of the Institute will be to address all the clinical needs of the people of the Greenville area and Eastern North Carolina. A "robust" clinical research program should be going strong and expanded use of surgical robotics in the treatment of cardiovascular disease and heart valve replacement should be under way.

"We already are doing funded research in stem cell biology and environmental cardiology," which involves the study of airborne particles that can affect cardiovascular health.

Part of the collaboration might include closer work with the Metabolic Institute, which now is housed in the Brody School of Medicine. The Metabolic Institute is an outgrowth of the bariatric surgery program at the hospital and the Brody School of Medicine, which began in 1978 under Pories' leadership. The Metabolic Institute now houses research efforts including nursing care, sports medicine, endocrinology, sleep disorders, obesity and other metabolic diseases.

Pories already had a reputation for his research in nutrition when he arrived in Greenville in 1977. He and Dr. Adrianus Van Rij developed a standard surgical procedure that became known as the "Greenville Gastric Bypass," a way to reduce the food intake and weight of severely obese patients.

One byproduct of the surgery was that patients who also were diabetic no longer needed insulin. A subsequent 20-year study of the gastric bypass surgery found that about 80 percent of people with pre-existing type 2 diabetes, whether they were using insulin or oral medication, had normal blood glucose without any treatment after this surgery. Most patients could stop taking insulin within a week of the surgery. The other patients with diabetes that did not diminish were generally older and had the illness for more than 20 years.

"We basically changed the plumbing, and when we did that, the diabetes went away," says Pories, a former president of the American Society for Bariatric Surgery and the Association for Program Directors in Surgery.

This led to new research into the cause of diabetes — perhaps a molecule in the intestine — that continues to this day.

Pories says collaboration among scientists and medical professionals can lead to such breakthroughs, and his work with the Metabolic Institute and that of Cascio in the Heart Institute could find common ground in the future. "Diabetes and obesity are closely related ailments associated with heart disease," he says.

"As researchers get friendly, they bring along others, and this leads to a magical coalition of real good people and friendships because we are all studying the same patients," Pories says.

He foresees "collaborative labs" where graduate students will talk with each other and researchers will talk with each other.

"It takes a village to do research," he says. MM

ECU's Four Seasons Chamber Music Festival Makes International Debut

by Jennifer Hadra

Ara Gregorian came to East Carolina with a vision: a chamber music guild that would contribute to the cultural enrichment of university students, as well as members of the state and local community. Years later that dream is now a reality. Gregorian is now the founder and artistic director of the Four Seasons Chamber Music Festival, which began its eighth season of performances this year.

This season, the group will return to New York City to perform at Weill Recital Hall at Carnegie Hall, travel to Israel in May for a five-concert tour and bring concerts and outreach programs to Carteret County, Columbia, NC, and the newly refurbished Turnage Theater in Washington, NC.

Last year marked the first season of the Four Seasons Teachers and Students programs, which provides teachers of all disciplines the opportunity to create an arts-centered mentoring relationship with their students through attendance at Four Seasons concerts. The 2007-2008 season will mark the debut of the first Children's Residency. In addition to offering children's concerts as part of regular residency activities, children at selected elementary and secondary schools in Pitt County and surrounding communities will have the opportunity to participate in master classes and interactive presentations.

"Ara Gregorian and everyone who performs and participates in the Four Seasons Music Festival has a passion for enhancing the arts and quality of life of Eastern North Carolina," said Dr. Jeff Elwell, dean of the College of Fine Arts and Communication.

Residency season performances are held in AJ Fletcher Recital Hall on the East Carolina University Campus. For a full listing of performances and to purchase tickets, call the Central Ticket Office at 252-328-4788 or visit www.ecu-arts.com. MM

EAST CAROLINA UNIVERSITY

UNC's Thurston Center Dedicated To Research And Relief For Arthritis

by Rick Smith

The suffering inflicted by arthritis is staggering.

As many as one-third of adults in the United States suffer from the disability, according to a new study from the Centers for Disease Control and Prevention. And the economic costs are $128 billion a year, the CDC reports — $20 billion higher than in 1997. Of that colossal amount, $81 billion was in direct costs, including medical expenses; another $47 billion was tallied up in lost wages by sufferers unable to work. The numbers are more powerful since the statistics date back only to 2003 — the latest information available.

Dr. Jordan

In North Carolina alone, more than 39 percent of North Carolina adults self-reported arthritis that resulted in work limitations. That's 6 percentage points higher than the national average in the first state-by-state statistical study, according to CDC.

The most common forms of arthritis — pain, stiffness and swelling of the joints — are osteoarthritis (degeneration of the joints) and rheumatoid arthritis (a disease affecting the auto-immune system).

Seeking to understand and to develop improved treatments for arthritis is the goal of the Thurston Arthritis Research Center at The University of North Carolina at Chapel Hill.

"Arthritis is the number one cause of disability in the United States," said Dr. Joanne Jordan, the principal investigator for the Center's Multidisciplinary Clinical

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Rheumatoid arthritis particularly affects the small joints of the hands and feet.

WEB SITES FOR MORE INFORMATION

CDC Arthritis Study
www.cdc.gov/mmwr/preview/mmwrhtml/mm5640a2.htm?s_cid=mm5641a2_e#tab

Thurston Arthritis Research Center
http://tarc.med.unc.edu

Research group. She is also the principal investigator for the Center's Arthritis and Immunology training grant from the National Institutes of Health that trains rheumatologists and other investigators for research careers in arthritis and immunology.

"Arthritis surpasses stroke, heart disease and pulmonary disease," she added. "With the graying of America, that number is going to spike considerably.

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The disease process starts with the inflammation of the lining of the joint and is followed by destruction of the underlying cartilage and then the bone itself.

"What's very frustrating is that arthritis is not part of the public dialogue."

Jordan certainly is aware of the impact of arthritis. She oversees a UNC-funded clinic in Smithfield, NC, in place for 20 years where patients are treated and research data is collected from the community. She is also involved with research in China into a particularly nasty form of arthritis that affects young people.

Exploring the arthritis challenge has appealed to Jordan dating back to her fellowship days at Duke before joining the UNC faculty in 1987.

"I had seen patients as an intern, and I did a rheumatology fellowship at Duke," Jordan explained. "I was looking for a specialty that allowed us to really get to know our patients. Arthritis is a chronic condition, so our patients are very, very special, and we follow them over the years to try to make their lives better.

"There are lots of related diseases, not just those that affect the joints," she added, noting that arthritis exists in more than 100 forms. "The heart, the lungs and the nervous center can be affected. We need to understand the process that affects the whole person. It's very challenging."

Jordan did note that "there has been tremendous progress over the years. Rheumatoid arthritis treatment has been revolutionized over the last 10 years, with different therapies that have provided huge improvements in quality of life. We're looking for that day to come for osteoarthritis. We are still sorely lacking information that will enable us to actually get at the cause of the disease."

Especially effective treatments include physical exercise and occupational therapy even though "they are under-publicized," Jordan added. But when it comes to pain relief, she conceded, "We need a lot more research. We want to stop the process — that's the big thing we would like to be able to do. We're just scratching the surface."

One conclusion has become clear — depression and anxiety "interact" with arthritis and "make the disease worse," Jordan added.

CENTER OF EXCELLENCE

The UNC center is a major data collection point for arthritis research. It has received federal funding continuously for 25 years and now receives $5 million a year in federal and other grants, Jordan explained.

Designated as a "center of excellence" by the National Institutes of Health, the UNC operation has grown to include a staff of 33 and more than 70 researchers across the campus. Work continues on prevention, treatment, potential cures, the effect of genetics, the impact of the environment and continued involvement in the Smithfield/Johnston County project with its focus on osteoarthritis.

EXERCISE CRUCIAL TO TREATMENT

While research continues into prevention and better treatment, Jordan said people with arthritis should pursue a regime of exercise. "That's the most effective non-pharmaceutical treatment," she explained. But, she added, "45 percent of those affected do not exercise."

The Thurston Center offers a variety of exercised-based programs, including PACE, short for "People with Arthritis Can Exercise." Another is ALED: Active Living Every Day. Among the suggestions: take the stairs rather than an elevator, and park a good walking distance from work. The growing obesity rate in the United States could make the need for exercise even more pressing, said Jordan: "Our population is getting bigger with the obesity epidemic, and as people get bigger that mostly affects the knees." MM

KASHIN-BECK RESEARCH

Jordan is actively involved in research related to Kashin-Beck disease, a disorder

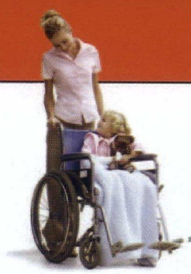
Center in Johnston County Collects Data for Arthritis Research

Johnston County is the site for one of the largest, most comprehensive studies of osteoarthritis. Operated by the Thurston Arthritis Research Center at UNC-Chapel Hill, the program dates back to the 1990s and serves more than 3000 people recruited by door-to-door visits to participate in the study. Information — including X-rays, blood tests and other data — will be gathered for decades to come, according to Dr. Joanne Jordan of the Thurston Center.

"We want to diagnose arthritis earlier," Jordan said. "The sooner we diagnose it, the better we can treat it. We also want to study how arthritis affects people over the years."

Researchers are looking to measure mercury and lead, as well as the mineral selenium in an attempt to understand potential links between the three and osteoarthritis.

"We are looking for things we can modify, things we can try," Jordan explained. "What makes you change from a well person to someone who has the disease? We are going across the gamut, looking at genes and also various aspects of air pollution and other environmental factors, including demographics, psychosocial and dietary factors." MM



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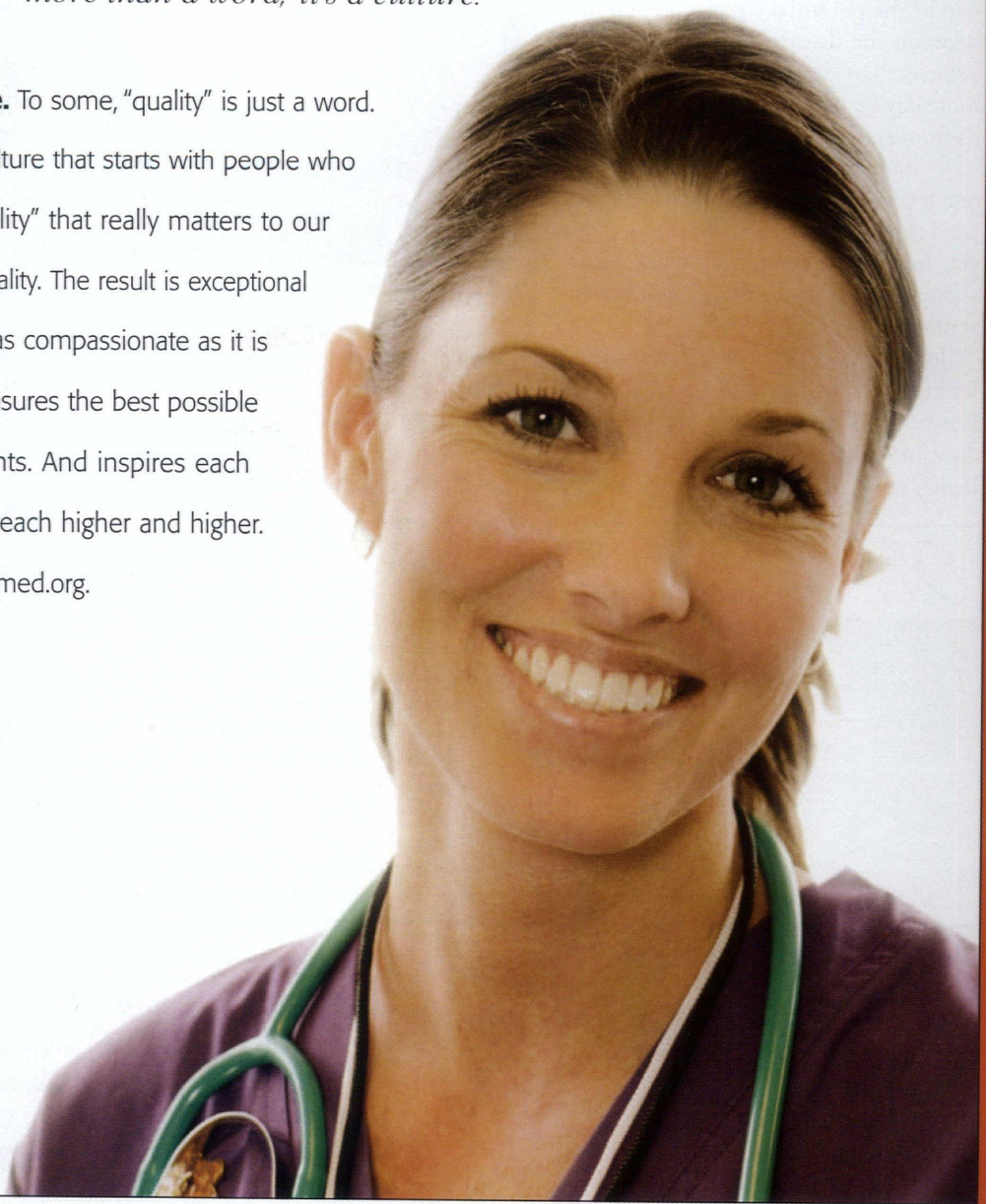

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that affects bones and joints of children and adolescents. Over time, victims develop stiff, deformed joints, shortened limbs and remain very short as growth plates of bone and cartilage die.

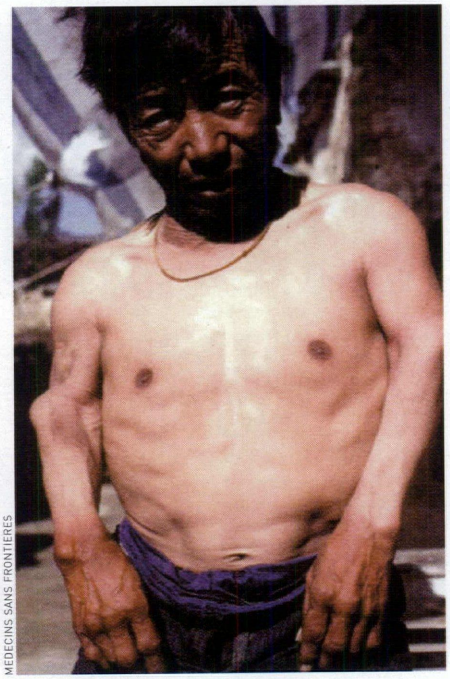
The disease is widely found in parts of the Far East, where Jordan has done considerable work in China. The disease is believed to be related to the lack of the mineral selenium, an antioxidant that helps protect the body's cells.

"This is all brand new stuff," Jordan said of the potential environmental link between the disease and selenium. She believes that a selenium regime could some day be used to prevent osteoarthritis from getting worse.

"The trick with selenium is that too much could be toxic," she explained. "We need clinical trials. The data are not there yet, but we are excited by what we are seeing. It gives us the potential for intervention."

Jordan and UNC researchers are also looking into potential links to arthritis between lead and mercury. "We have some data to support that people who have higher levels of lead and mercury in their blood seem to have more severe osteoarthritis," Jordan said, "but we're just beginning to look at that.

"Thankfully, if we measure people's blood now, compared to measurements in the 1950s, '60s and '70s, there are much smaller amounts of lead and mercury."



MEDECINS SANS FRONTIERES

Kashin-Beck disease

MEDICAL BRIEFS

New UNC Center Improves Clinical Trials

The University of North Carolina at Chapel Hill School of Public Health has established a new Center for Innovative Clinical Trials, the Gillings Innovation Laboratory, made possible by a gift of $50 million by Dennis and Joan Gillings. Faculty and other collaborators will develop new methods of collecting and analyzing data from clinical trials and make advancements available to researchers, practitioners, the biomedical community and the public.

UNC faculty, as well as collaborators from industry and other universities, will engage in methodological and applied research in clinical trials design, analysis and evaluation, according to Dr. Joseph G. Ibrahim, Alumni Distinguished Professor of biostatics in the UNC School of Public Health and director of the biostatics core at the Lineberger Comprehensive Cancer Center. MM

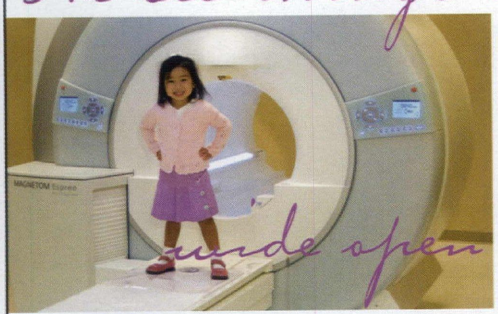
Medical Justice

Medical Justice Services Inc., an organization that assists physicians in defense against medical malpractice cases, has joined the Center for Health Transformation, a national organization dedicated to transforming the current healthcare system, to launch HealthCare 2.0, a pilot project to provide health insurance for 47 million uninsured Americans, fund needed patient safety programs and ensure that patients and their families are cared for financially should they die or become disabled. MM

University Health Systems Breaks Ground

University Health Systems of Eastern Carolina broke ground Oct. 18 for a new inpatient hospice facility, the first of its kind in Pitt County. Hospice provides palliative and comfort care to individuals with a terminal illness. Funding for the facility comes from The Service League of Greenville and University Health Systems and Pitt County Hospital foundations

We see things others don't.



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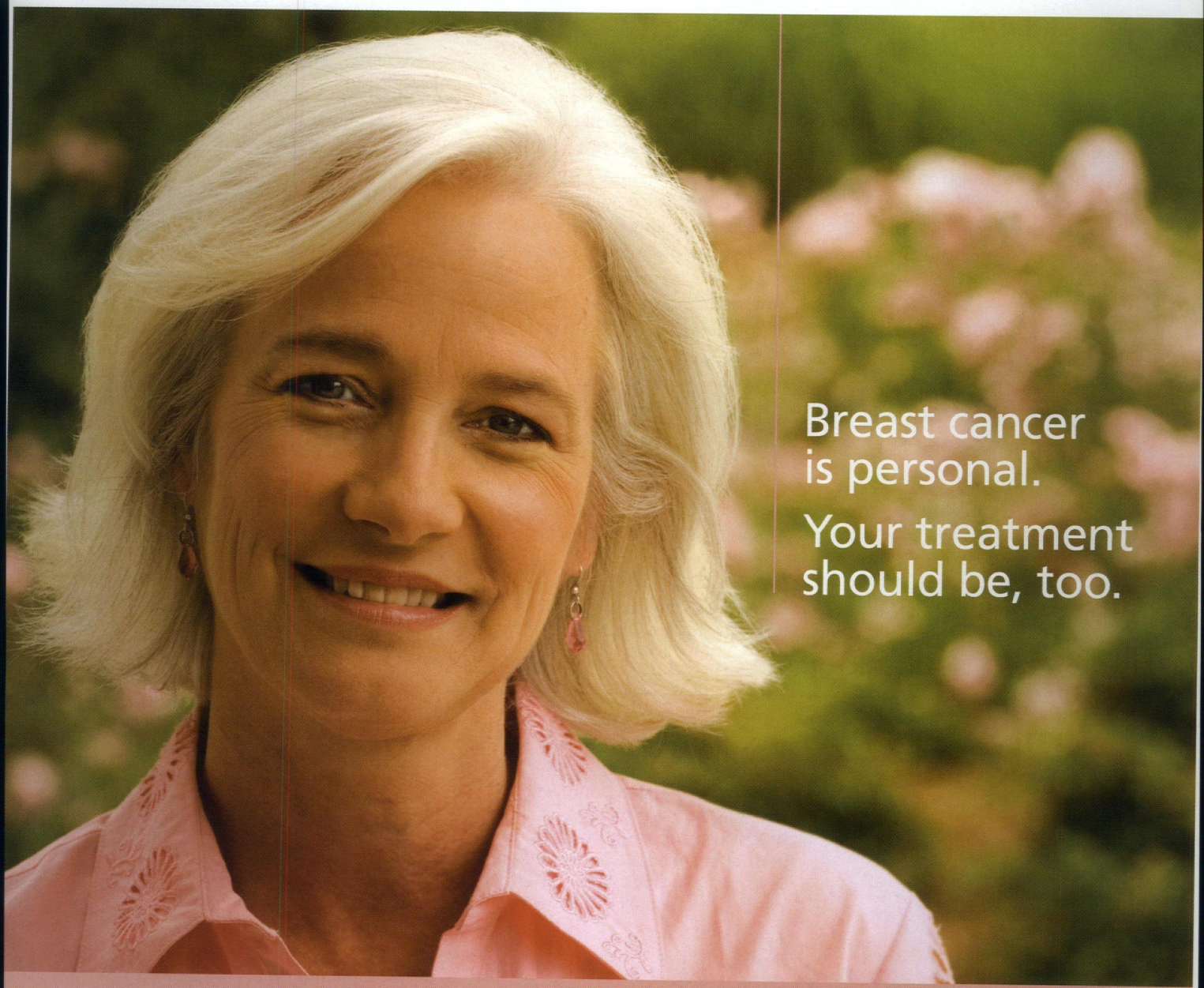

Julie McQueen, breast cancer survivor
Patient Navigator and breast cancer support
group leader at Duke Cancer Center of Raleigh

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who pledged the remaining $2.3 million needed for the project. The 10,000-square-foot facility will include eight beds and is being built on land between the ViQuest Center and Hope Lodge. Officials expect the facility to open in late 2008. It will accommodate nearly 230 patients a year. MM

Dentist Bikes for Cancer Awareness

Raleigh dentist Dr. Steven Andreaus bicycled across North Carolina Oct. 6-11 to call attention to oral cancer. Andreaus' 6-day, 750-mile solo "The Ride for Oral Cancer," took him from the Smokey Mountains, through the Triad, the Triangle and ending on the Outer Banks.

Andreaus was motivated by his friendship with seven-time Tour de France winner and cancer survivor Lance Armstrong, as well as by UNC football coach Butch Davis' fight against oral cancer. During his trek, Andreaus met with fellow dentists to urge them to continue their efforts to detect oral cancer. MM

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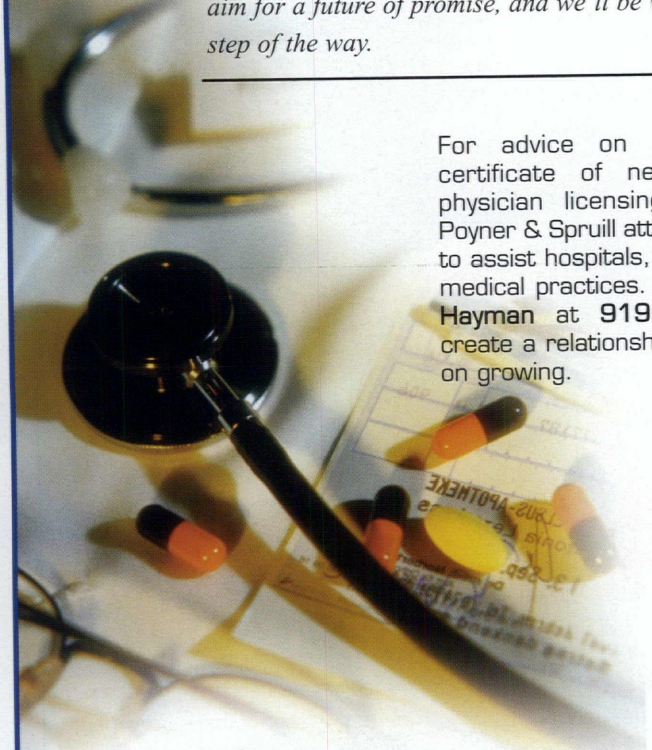

For advice on anything from certificate of need issues to physician licensing and HIPAA, Poyner & Spruill attorneys are here to assist hospitals, physicians, and medical practices. Contact **Wilson Hayman** at **919.783.1140** to create a relationship that will keep on growing.

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Rare Disease Affects Newborns

Gastroschisis, a rare birth defect where the intestines protrude from the abdomen at birth, can keep newborns in the NICU for weeks and can require multiple surgeries. This painful and potentially fatal condition has no known cause and typically occurs in children born to women under 25 during their first pregnancy. For more information about gastroschisis, visit www.rarediseases.org. MM

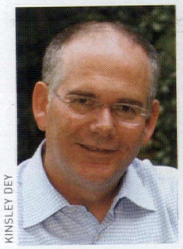
Know Your Number

BioSignia, maker of preventive health solutions located in RTP, has partnered with Park Dansan, a healthcare consulting, research and management firm located in Gastonia, NC, to improve BioSignia's *Know Your Number* solution that predicts an individual's risks of developing chronic, preventable diseases.

"*Know Your Number* provides detailed information, personalized for the patient in a graphic format that is easy to understand," said Dean Jenks, PhD, vice president of healthcare services at Park Dansan. MM

UNC Physician Elected ADA President

Dr. John B. Buse, director of The University of North Carolina Diabetes Care Center, has been elected President of Medicine & Science of the American Diabetes Association. Featured in *Metro's* August Medical Quarterly for his advocacy for improvements in diabetes care, Buse will take over as one of the principal officers of the ADA. He will also serve as the main spokesperson and advocate of the Association on scientific and medical matters.



KINSLEY DEY

Dr. Buse

Before becoming president of the ADA, Buse chaired several ADA committees and task forces, as well as serving as associate editor of ADA journals. He is also an active fundraiser and clinician in the help to find a cure for diabetes. MM

Metro Magazine's

Gift Guide

Ready or not, the holidays are upon us, and *Metro* is here to help! Our holiday elves have been busy compiling listings of the season's most popular items, as well as selections of unique gifts for that special person. Shop and enjoy!

by Jennifer Hadra
Vanessa Finnie and Dan Reeves

GIFTS FOR KIDS

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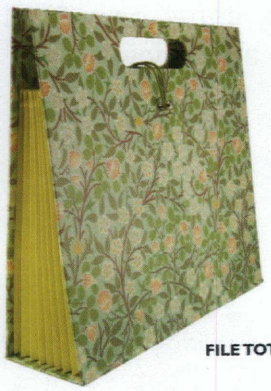
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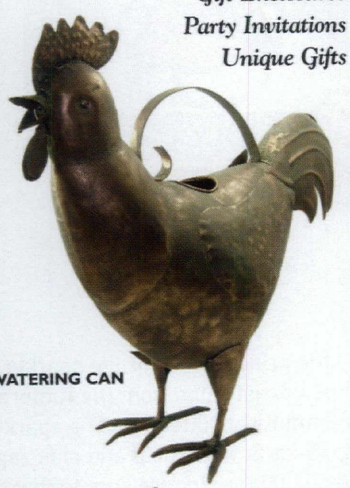
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CIA's Unsolved Mysteries: The Nosenko Defection, Double Agents and Angleton's Wilderness of Mirrors features Pete Bagley as keynote speaker. The former chief of CIA's Soviet bloc counterintelligence division will defend his controversial new book on KGB defector Yuri Nosenko, with its mysterious connections to Lee Harvey Oswald and John F. Kennedy that kicked off 40 years of unresolved internal strife at CIA.

Bagley — whose family is connected to Raleigh — will be joined by Dave Robarge, chief historian for CIA and an expert on infamous counterintelligence Chief James Angleton; Brian Kelley, the wrong man in the Robert Hanssen spy case and former counterintelligence officer for CIA; Jerry Schecter, former correspondent for *Time Magazine* in Moscow during the Cold War and respected expert and author of books on Cold War espionage; and David Ignatius, former foreign editor — now columnist for *The Washington Post* — and author of espionage fiction.

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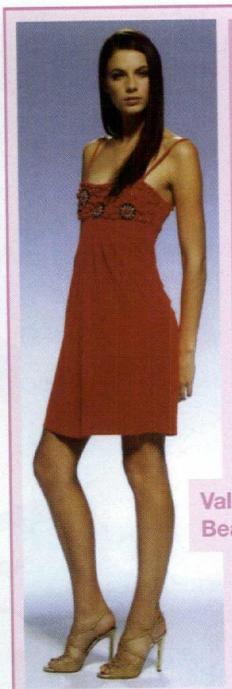
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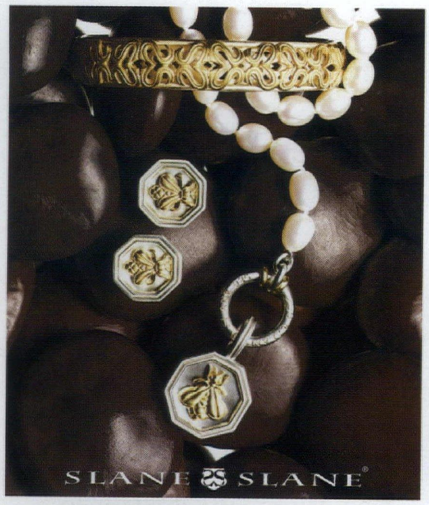

Slane and Slane's 10th Anniversary Collection features the Signature Line and Tortoise Series, as well as updated versions of favorites in the new mixed metal 18-karat yellow gold and sterling silver. Available at Elaine Miller Collection, The Lassiter at North Hills, Raleigh. Call 919.571.8888 for more details.

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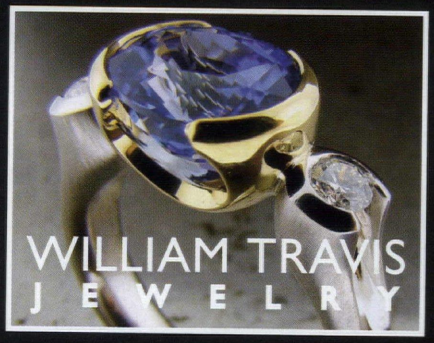

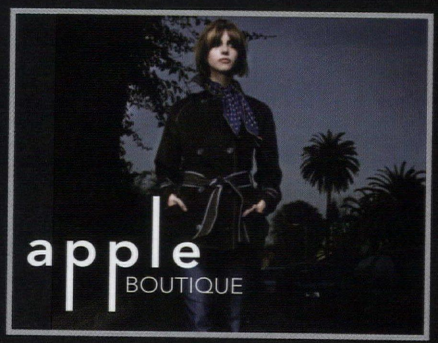

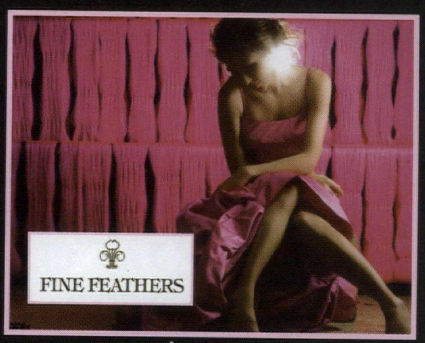

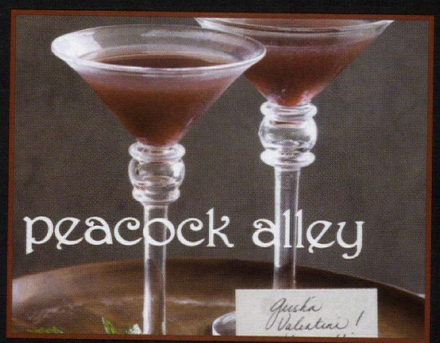

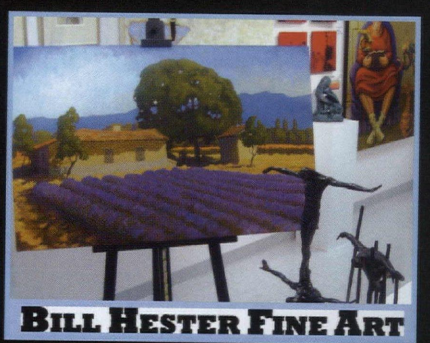

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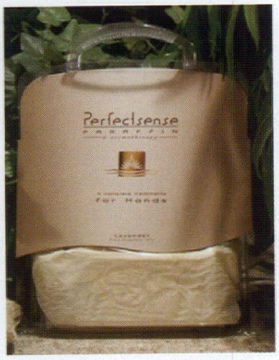

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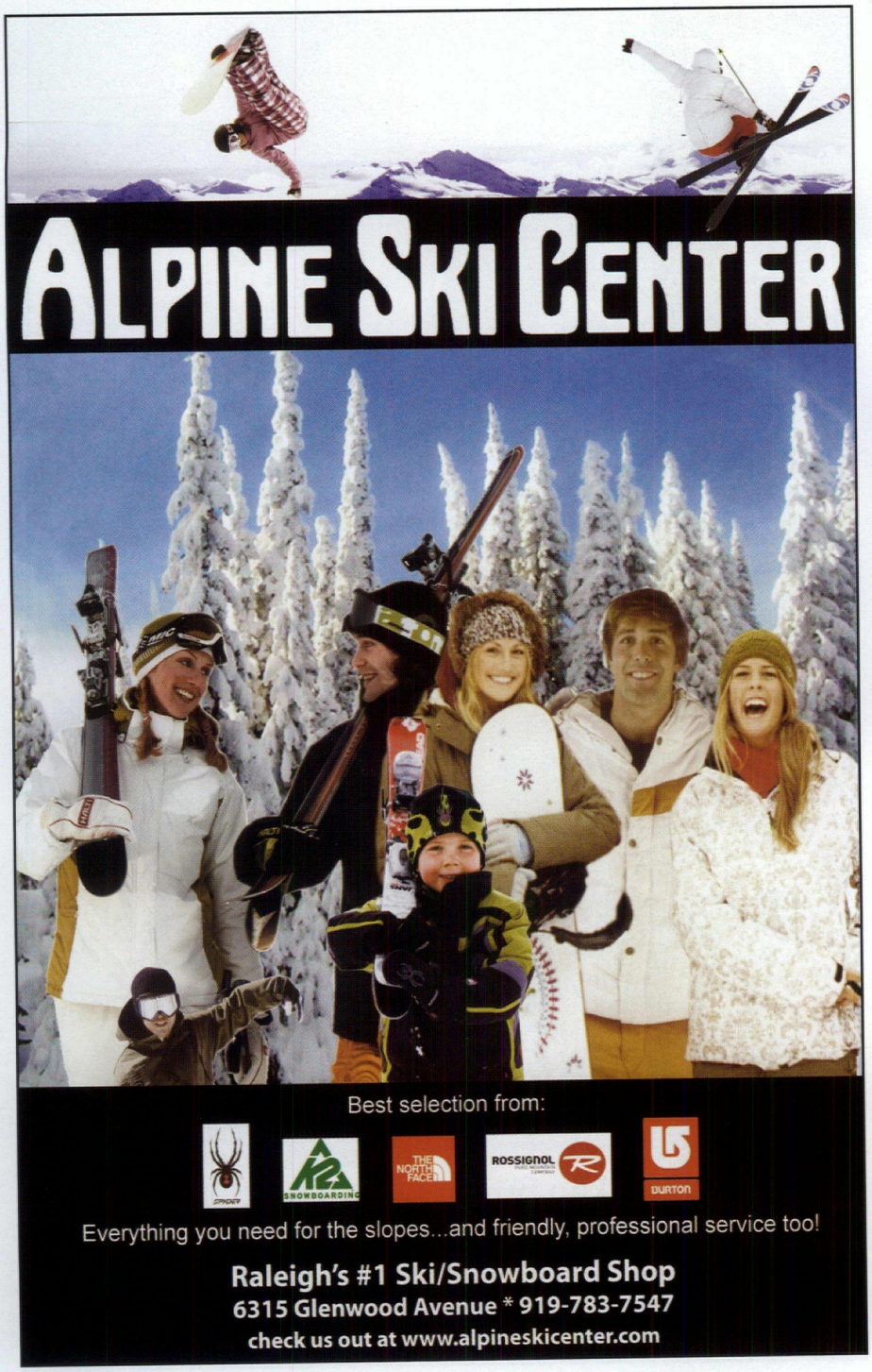

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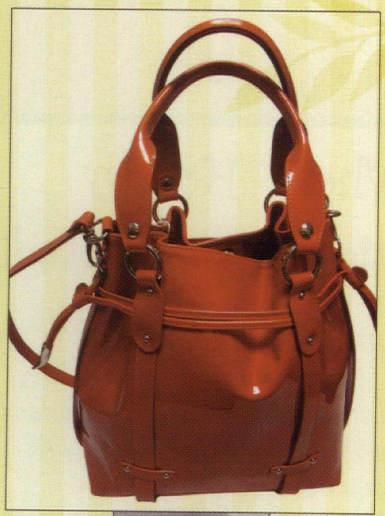

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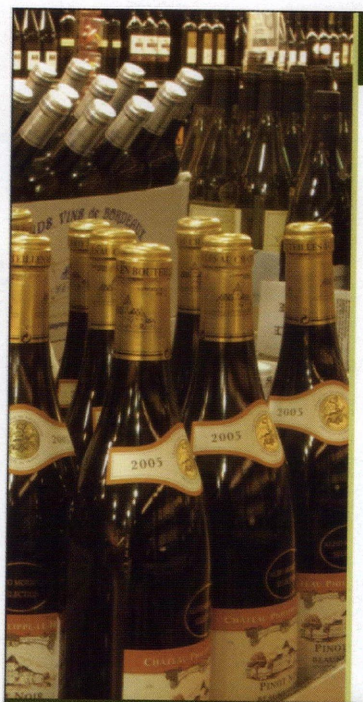

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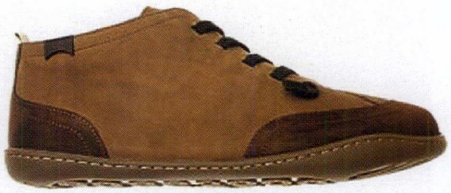

Slip his feet into a pair of cool and comfortable **Campers**. A favorite for many big city residents, these shoes have raised the bar for what is casually appropriate for most occasions. For a full listing of retailers in the Triangle, visit www.shop.camper.com.

Make his high-tech dreams come true with an **indoor movie theater and home entertainment system**. Let the professionals at Audio Advice plan out the perfect media system for your home. Available at Audio Advice, Raleigh. Call 919.889.2005 or visit www.audioadvice.com.

If he's tired of carrying too many electronic devices, the **Apple iPhone** is this year's most popular solution. iPhone functions include a camera phone, MP3 player, visual voicemail, Internet services and more. Available at Apple stores, Triangle-wide. Call 919.334.3400 or visit www.apple.com.

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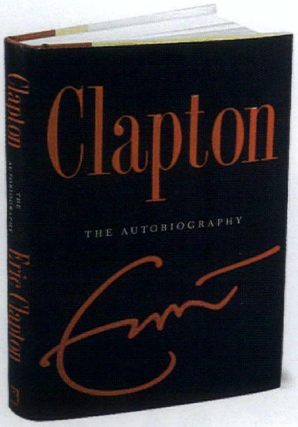

One of the year's most anticipated memoirs for music lovers, ***Clapton: The Autobiography***, has finally arrived. King of British blues and rock, Eric Clapton, gives an inside look into life as one of the world's most famous musicians. The book and accompanying CD are the perfect addition to any library. Available at Barnes & Noble, Triangle-wide. Call 919.782.0030 or visit www.barnesandnoble.com for more details.

For the discerning wine connoisseur, the **Wine Whisk** lets wine breathe without the 20-minute wait. The whisk speeds up the aeration process and sends oxygen directly into the wine, and the end of the whisk doubles as a bottle stopper. Visit www.winewhisk.com for more details.

For the male outdoorsman who is not afraid of big mountains and deep powder, this is a ski trip he will never forget. **Colorado Ski Vacations** offers a variety of options that will have him gliding down the slopes of the Rockies anywhere from Steamboat to Vail. Packages include airfare, lodging, lift tickets and ski rentals. Visit www.skithewest.com for more information.

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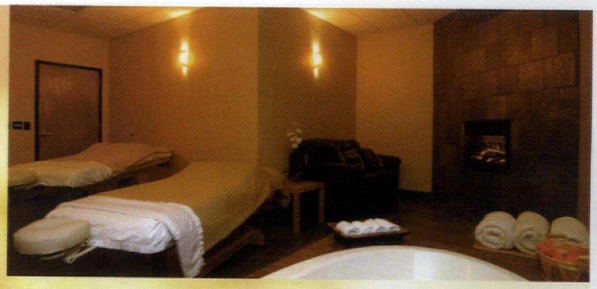

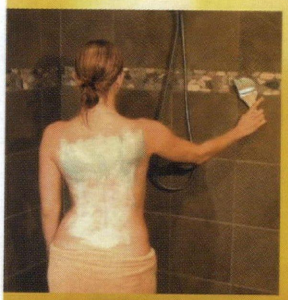

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High in antioxidants, this moisturizing treatment helps dehydrated, dry, chapped skin while soothing skin

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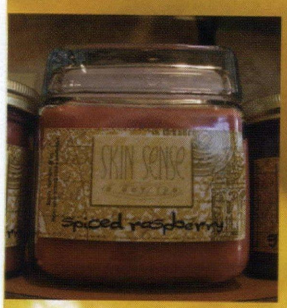

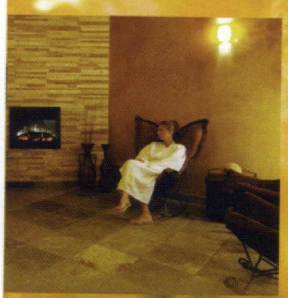

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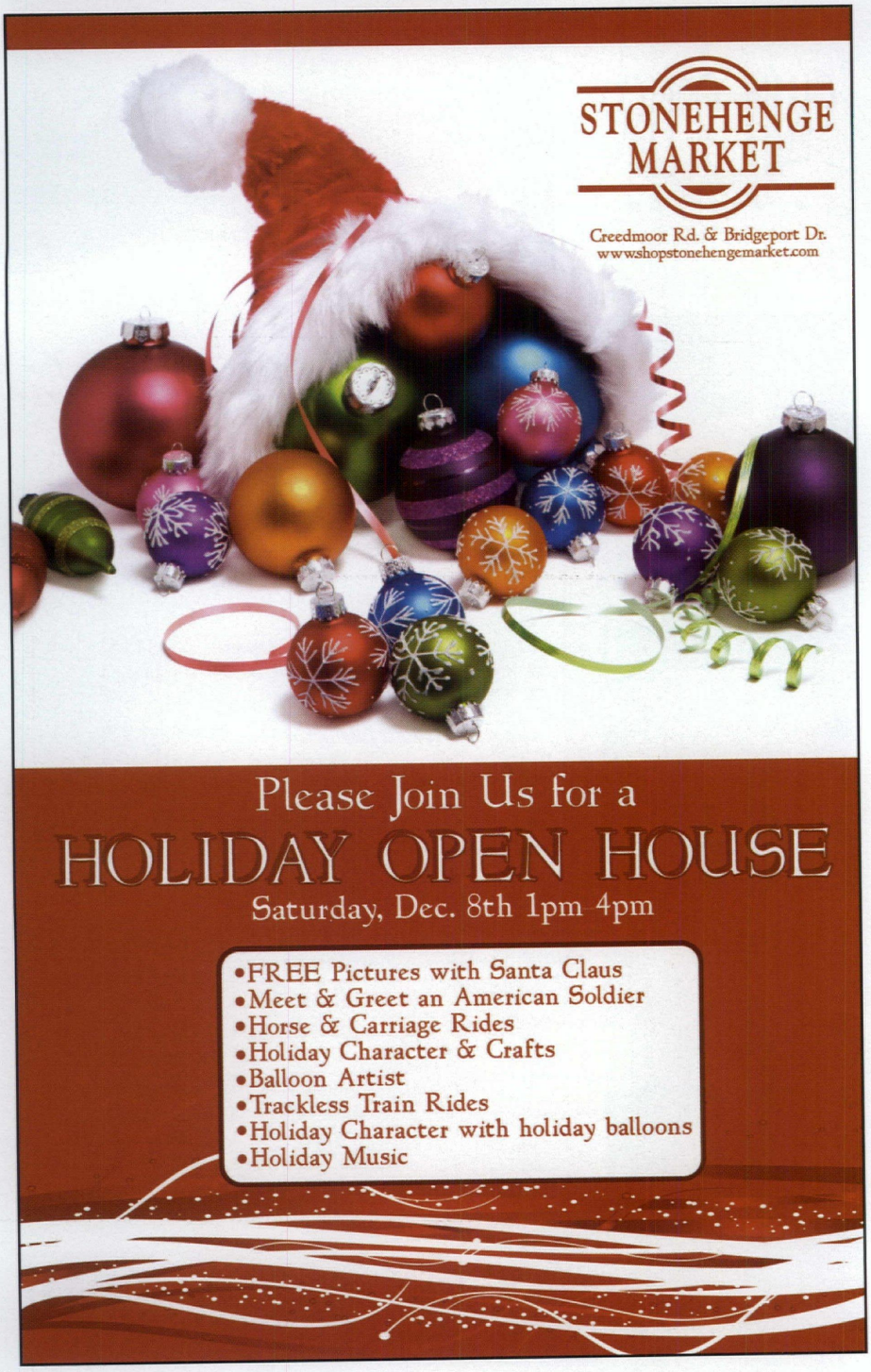

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New York City has never smelled as sweet as Saks Fifth Avenue's exclusive scents for men and women from **Bond No. 9**. Created to honor the iconic store, the fragrances let people in every city enjoy the sophistication of the Big Apple. Available at Saks Fifth Avenue, Raleigh. Call 919.792.9100 or visit www.saksfifthavenue.com for more details.

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Who needs a New Year's resolution? **Gold's Gym** offers exercise equipment, instructors and facilities for people at every level of fitness. Gym locations in Raleigh, Cary, Wilmington, Goldsboro and Morehead City. Visit www.goldsgym.com for pricing on membership packages and a list of services and amenities.

Burberry's famous ladies quilted coat offers her timeless style in the winter weather, while the classic unisex cashmere scarf is a holiday favorite for the man or woman on your shopping list. Available at Nowell's Clothing, Raleigh. Call 919.828.7285 for more details.

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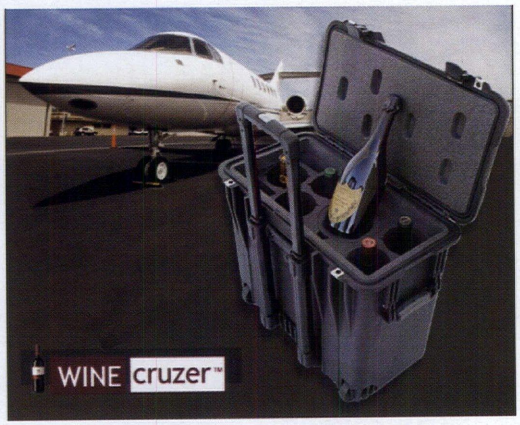

Give wine a first-class ticket with the **TSA-compliant WineCruzer**. The hard-shelled case has a closed-cell, thermally lined interior that secures wines and maintains temperature for six to eight hours at 30,000 feet. Call 1.800.440.9925 or visit www.winecruzer.com for more details.

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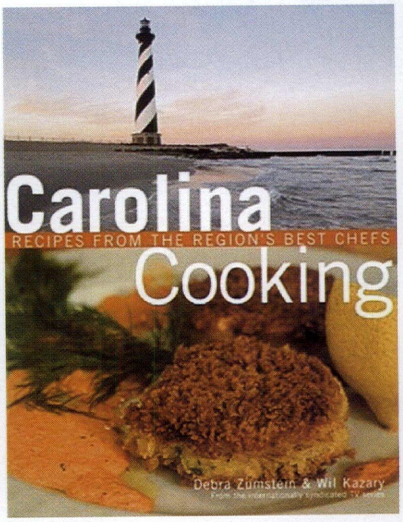

Turn every aspiring cook into a Southern Gourmet with ***Carolina Cooking: Recipes from the Region's Best Chefs***. As the companion to the internationally known TV series, Carolina Cooking features delicious, 30-minute recipes from some of the best chefs in North and South Carolina. Call 919.782.0030 or visit www.barnesandnoble.com for more details.

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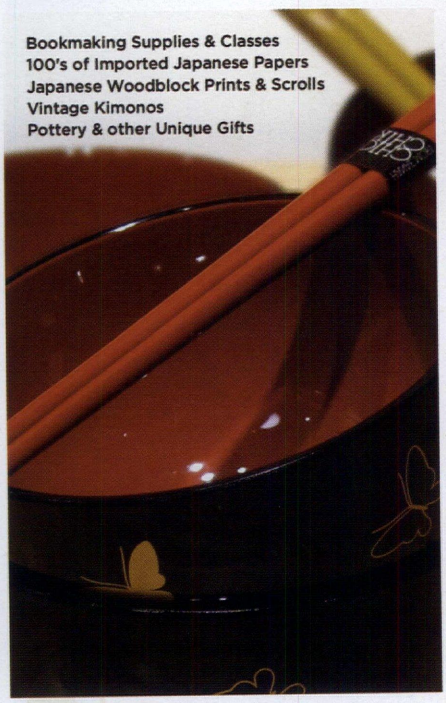

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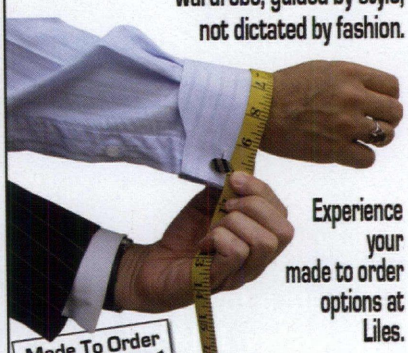

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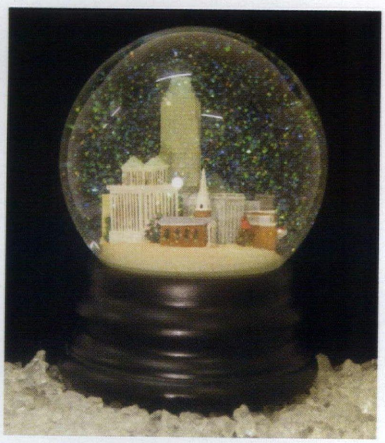
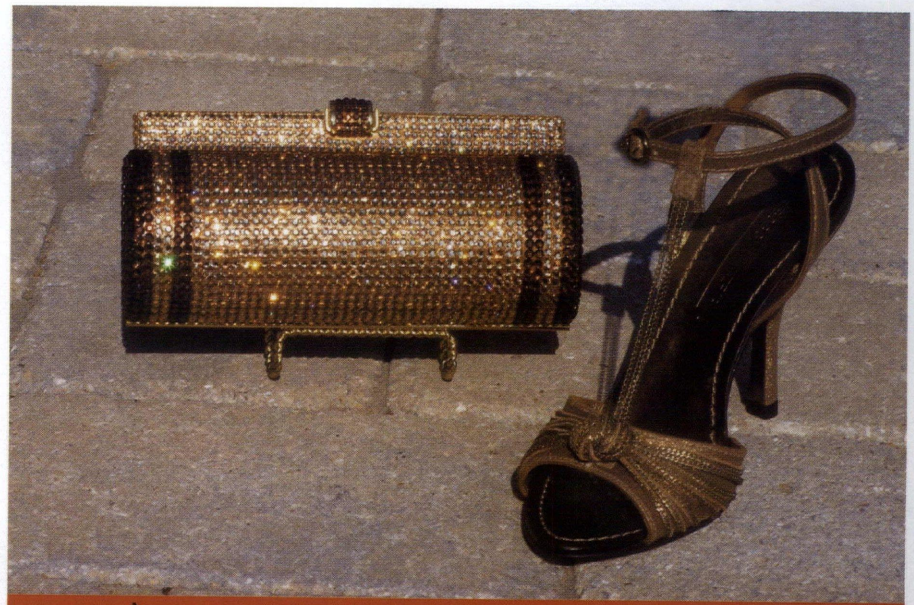
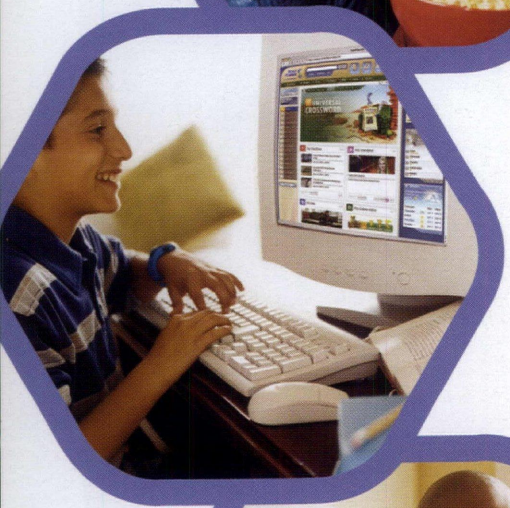


Deck the halls early with **Saks Fifth Avenue's snow globe of Raleigh**. The inside of the globe features some of the city's most famous buildings, a tiny red cardinal and the iconic New Year's Eve acorn. Available at Saks Fifth Avenue, Raleigh. For more information call 919.792.9100.

Give the gift of espionage with tickets to the **5th Annual Raleigh Spy Conference**, March 26-28, 2008, at the NC Museum of History. Early registration available: Contact Jennifer Hadra at 919.831.0999 or jennifer@metromagazine.net.





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The Artspace Artists Association Biennial will feature the works of Artspace member artists Ashlynn Browning, Alice Levinson and Anthony Ulinski. The Three Person Exhibition opens with the unveiling of new works by the artists at the Artspace Collectors Gala on Nov. 17 at Artspace, Raleigh. (See Preview Galleries for details.)

ARTSPACE

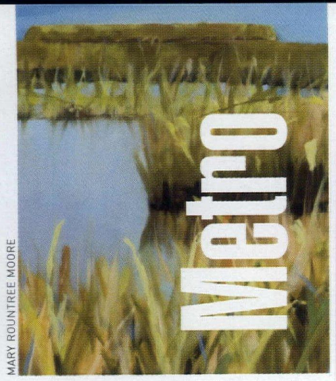
Since 1997, the Grammy-nominated Imani Winds has been enriching the traditional wind quintet repertoire with European, African, Latin American and American music traditions. The Raleigh Chamber Music Guild presents Imani Winds on Nov. 18 at Fletcher Opera Theater, Progress Energy Center for the Performing Arts in Raleigh. (See Preview Classical Music for details.)

RCMG

Openings

"Landscapes from the Age of Impressionism," an exhibition of 40 paintings, includes many examples of mid- and late-19th century French and American landscapes at the NC Museum of Art, Raleigh, through Jan. 13, 2008. (See Preview Museums for details.) Left: John Singer Sargent, *Dolce Far Niente*, about 1907, oil on canvas, 16 x 28 in., Brooklyn Museum, Bequest of A. Augustus Healy

BROOKLYN MUSEUM



MARY ROUNTREE MOORE

Preview

by Mary Ward Younger

LET THE SEASON BEGIN

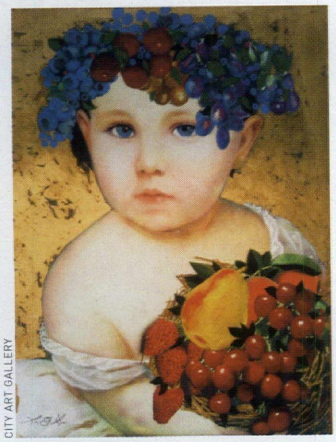
GALLERIES

PAUL JENKINS — *PHENOMENA OF COLOR*: Animation and Fine Art Galleries at University Mall, Chapel Hill; Thru Nov. 8. Call 919-968-8008 or visit online at www.animationandfineart.com.

***NEW WORKS BY NOYES CAPEHART AND GREGORY SMITH*:** The Collectors Gallery, Raleigh; Thru Nov. 10. Call 919-828-6500 or www.thecollectorsgallery.com.

JUDY CRANE & CHRISTINE SCHUB — RECENT PAINTINGS: The Little Art Gallery and Craft Collection, Raleigh; Thru Nov. 10. Contact 919-890-4111.

***THE REALITY OF SUMMER* — PAINTINGS BY RICHARD FENNELL:** City Art Gallery, Greenville; Thru Nov. 10. Contact 252-353-7000 or www.city-art-gallery.com.


CITY ART GALLERY

The Abundance of Summer, 30 X 40, multi-media on canvas by Louis St. Lewis will show at City Art Gallery in Greenville during their Holiday Showcase opening Nov. 15.

RALEIGH ARTS POSTER EXTRAVAGANZA: Featuring Art-On-The-Move winning designs and posters from Raleigh's arts organizations; Miriam Preston Block Gallery, Raleigh; Thru. Nov. 15. Contact 919-890-3610 or visit online at www.raleighnc.gov/arts.

***PATTERNS OF COMMONALITY* — RECENT MIXED MEDIA WORK BY CHARLES JOYNER:** Long View Gallery at The Long View Center, Raleigh; Thru Nov. 24. Contact 919-828-6500 or www.thecollectorsgallery.com.

THE 53RD ANNUAL JURIED ART SHOW AT DURHAM ART GUILD: Durham Art Guild, Durham; Thru Nov. 28. Contact 919-560-2713 or online at www.durhamartguild.org.

***THE FESTIVE SEASON*:** A show of new work in a variety of different media by the gallery's member artists; The Hillsborough Gallery of Arts, Hillsborough; Thru December. Contact 919-732-5001 or www.hillsboroughgallery.com.

RETROSPECTIVE OF THE PAINTINGS OF ANATOLY KOSTOVSKY: Featuring 42 oil paintings representing over 50 years of the artist's creative life; The Russian Art Gallery, Cary; Nov. 2-Dec. 14. Contact 919-468-1800 or www.russianartcary.com.

13TH ANNUAL OPEN STUDIO TOUR: The Orange County Artists Guild presents their annual juried Studio Tour; Nov. 3-4, 10-11. For studio location and more information, contact 919-932-3438 or www.orangecountyartistsguild.com.

FOUNTAINSIDE GALLERY SHOWCASES WORKS BY MARY ROUNTREE MOORE AND MT CLANAHAN: Fountainside Gallery, Wilmington; Nov. 3-30 (Opening Reception Nov. 3). Contact 910-256-9956 or www.fountainsidegallery.com.

JIM WOOD FEATURED ARTIST FOR NOVEMBER AND DECEMBER: Mattie King Davis Art Gallery, Beaufort; Nov.3-Dec. 31 (Opening Reception Nov. 3). Contact www.beauforthistoricsite.org.

***MINIMALISM & BLACK & WHITE*:** Featuring works by Kenneth Noland, Ellsworth Kelly, Richard Serra, Frank Stella, Anges Martin, Louise Nevelson, Donald Sultan and more; Animation and Fine Art Galleries at University Mall, Chapel Hill; Nov. 9-Dec. 13 (Opening Reception Nov. 9). Contact 919-968-8008 or www.animationandfineart.com.

HOLIDAY SHOWCASE — FEATURING NEW WORKS BY GALLERY ARTISTS: Pottery, glass, sculpture and paintings by gallery artists; City Art Gallery, Greenville; Opens Nov. 15. Contact 252-353-7000 or www.city-art-gallery.com.

HOLIDAY CRAFTS FAIR & SALE: 23rd Annual Holiday Crafts Fair & Sale featuring work by the Crafts Center's own artists and craftspeople; NCSU Crafts Center, Raleigh; Nov. 17. Contact 919-515-2457 or www.ncsu.edu/crafts.

NANCY TUTTLE MAY ONGOING STUDIO SHOW: Nancy Tuttle May Studio, Durham; Nov. 4, 10-11, 16-18, 24, and M-F 9:30 a.m.-12:30 p.m.. Call 919-286-2097 or www.nancytuttlemay.com.

EVENTS AT ARTSPACE: Raleigh; Contact 919-821-0383 or online www.artspacenc.org.

- **ARTSPACE ARTISTS ASSOCIATION BIENNIAL THREE PERSON EXHIBITION:** Featuring works of Ashlynn Browning, Alice Levinson and Anthony Ulinski; Gallery 1; Nov. 17 (Opening Reception Dec. 7).
- **ASHLEY LATHE — *IN THE NEIGHBORHOOD*:** Visual Art/Watercolor; Upfront Gallery; Nov. 2-Dec. 1 (Opening Reception Nov. 2).

CLASSICAL

***FRANCE & ROMANCE!*:** UNC's Music on the Hill presents an evening of French Romantic chamber music; Memorial Hall at UNC, Chapel Hill; Nov. 6. Contact 919-843-3333.

SIGHTS AND SOUNDS ON SUNDAYS CONCERT BY SOPRANO SUSAN DUNN: Presented by the Raleigh Chamber Music Guild and the NC Museum of Art; NCMA, Raleigh; Nov. 11. Contact 919-821-2030 or www.rcmg.org.

IMANI WINDS: Raleigh Chamber Music Guild presents Grammy-nominated Imani Winds; Fletcher Opera Theater at the Progress Energy Center for the Performing Arts, Raleigh; Nov. 18. Contact 919-821-2030 or www.rcmg.org.

EVENTS AT THE DUKE UNIVERSITY DEPARTMENT OF MUSIC: Duke University, Durham; Contact 919-660-3333.

- **DUKE WIND SYMPHONY, DUKE SYMPHONY & DUKE CHORALE:** Parents weekend concert; Duke Chapel; Nov. 3.
- **ORGAN RECITAL — *DAVID ARCUS*:** Duke Chapel; Nov. 11.
- **PIANO MASTERCLASS W/ LEON FLEISHER:** Page Auditorium; Nov. 15.
- **DUKE WIND SYMPHONY:** Baldwin Auditorium; Nov. 15.
- **DJEMBE & AFRO-CUBAN ENSEMBLES:** Baldwin Auditorium; Nov. 16.

POP MUSIC

AC BUSHNELL CD/DVD RELEASE PARTY & CONCERT: AC Bushnell celebrates the release of *Dancing On Water*, the new CD, and *Following the Road* a DVD; ArtsCenter, Carrboro; Nov. 3. Contact www.artscenterlive.org.

THE REGINA CARTER QUINTET: Regina Carter, jazz violinist, performs with her band; Stewart Theatre at NCSU, Raleigh; Nov. 3. Contact 919-515-1100 or www.ncsu.edu/arts.

JARMAN OPRY THEATER: A classic country, gospel and bluegrass show; Masonic Theatre, New Bern; Nov. 10 & 30. Contact 252-636-6225 or 252-675-7689.

THE WAILIN' JENNYS: A PineCone Down Home Music Series Concert; Fletcher Opera Theater at the Progress Energy Center for the Performing Arts, Raleigh; Nov. 15. Contact 919-664-8302 or www.pinecone.org.

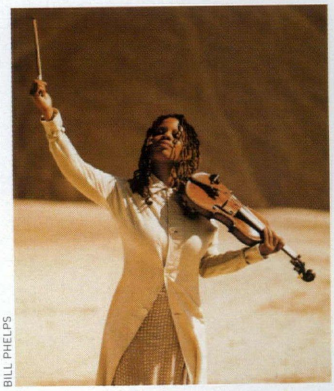
STEEP CANYON RANGERS: Cat's Cradle, Carrboro; Nov. 30. Call 919-967-6303 or www.catscradle.com.

NATIVE VOICES — R. CARLOS NAKAI & KEOLA BEAMER: A PineCone Down Home Music Series Concert; Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; Nov. 30. Contact 919-664-8302 or www.pinecone.org.

STAGE & SCREEN

***CRIMES OF THE HEART* BY BETH HENLEY:** Presented by Playmakers Repertory Company; Paul Green Theatre, Chapel Hill; Thru Nov. 11. Contact 919-962-7529 or www.playmakersrep.org.

***THE RELUCTANT DRAGON*:** Gaddy-Goodwin Teaching Theatre at Raleigh Little Theatre, Raleigh; Nov. 2-18. Contact www.raleighlittletheatre.org.


BILL PHELPS

Jazz Violinist Regina Carter performs songs from her latest album, *I'll Be Seeing You: A Sentimental Journey* at NCSU's Stewart Theatre in Raleigh on Nov. 3.

EMMERICH THEATRE PRESENTS *OH HOLY NIGHT*: Rocky Hock Playhouse, Edenton; Nov. 8-Dec. 20. Contact 252-482-4621.

ECU AND LOESSIN PLAYHOUSE PRESENT *THE UNDERPANTS*: By Carl Sternheim and adapted by Steve Martin; McGinnis Theatre at ECU, Greenville; Nov. 15-20. Contact 1-800-ECU-ARTS or online at www.ecuarts.com.

***SANTALAND DIARIES*:** David Sedaris performs the "anti-holiday" cult clas-

sic; City Stage, Wilmington; Nov. 23-25 & 30. Contact 910-342-0272 or www.citystageatlevel5.com.

DEARLY DEPARTED: Presented by University Theatre at NCSU; Talley Student Center Ballroom; Nov. 29-Dec. 1. Call 919-515-3927 or www.ncsu.edu/arts.

A CHRISTMAS CAROL: 33rd anniversary of the Ira David Wood III adaptation of the Charles Dickens classic; Memorial Auditorium; Dec. 4-12. Contact 919-834-4000.

MUSEUMS

ALEXANDER JULIAN: The Chapel Hill Museum honors the designer Alexander Julian with a permanent exhibit including his Chapel Hill beginnings and numerous career milestones; Chapel Hill Museum, Chapel Hill; Permanent Exhibit Opening Nov.29. Call 919-967-1400 or www.chapelhillmuseum.org.

MUSEUM OF CONTEMPORARY ART, LOS ANGELES

Hamburger with Pickle and Ochre, 1960, by Claes Oldenburg will be on view during *Taste of Modern* at The Nasher Museum of Art, Durham through Sept. 14, 2008.

EVENTS AT THE NASHER MUSEUM OF ART: Duke University, Durham; Contact www.nasher.duke.edu.

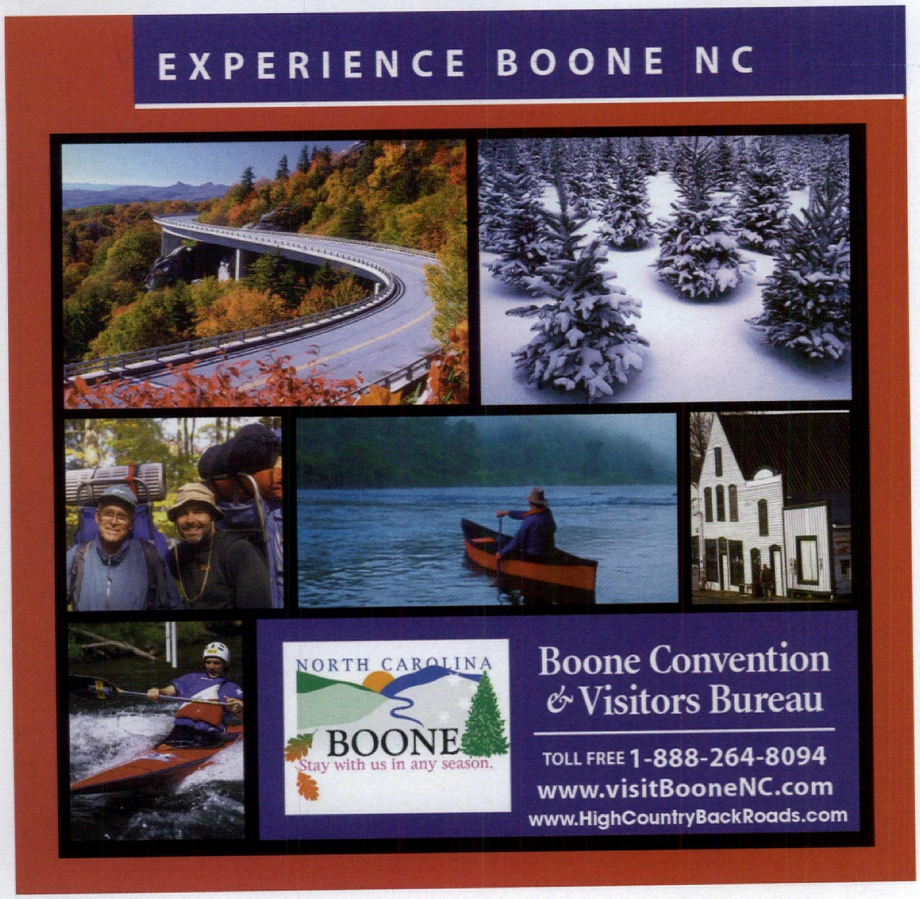
- **NASHER MUSEUM PRESENTS PERJOVSCHI RETROSPECTIVE:** The first retrospective of the work of Romanian artists Dan and Lia Perjovschi; Thru through Jan. 6.
- ***THE PAST IS PRESENT* — CLASSICAL ANTIQUITIES AT THE NASHER MUSEUM:** On view thru Feb. 2008.
- ***TASTE OF THE MODERN — ROTHKO, RAUSCHENBERG, OLDENBURG, KLINE:*** Opening Oct. 11.
- ***NEW AT THE NASHER:*** On view thru July 6, 2008.

EVENTS AT THE NC MUSEUM OF ART: Raleigh; Contact 919-839-6262 or www.ncartmuseum.org.

- ***LANDSCAPES FROM THE AGE OF IMPRESSIONISM:*** Thru Jan. 13, 2008
- **LECTURE — *GATHERING LIGHT, COLLECTING IMPRESSIONISM FOR THE BROOKLYN MUSEUM:*** Nov. 4
- **FILM — *SANCHO THE BAILIFF:*** Nov. 2
- **FILM — *WILD STRAWBERRIES:*** Nov. 9
- **FILM — *LA STRADA:*** Nov. 16

EVENTS AT THE NC MUSEUM OF HISTORY: Raleigh; Contact 919-807-7900 or www.ncmuseumofhistory.org.

- ***MEET THE STATUES:*** Nov. 7
- ***TRIANGLE TAIKO:*** Nov. 11
- **HISTORY Á LA CARTE — *A SOLDIER'S STORY:*** Nov. 14
- **12TH ANNUAL AMERICAN INDIAN HERITAGE CELEBRATION:** Nov. 17
- **ARTIST AT WORK — *RAMONA LOSSIE:*** Nov. 17
- ***PLEASING TO THE EYE — THE DECORATIVE ARTS IN NORTH CAROLINA:*** Permanent exhibit now open.
- ***TRANSFORMATIONS* — CHEROKEE BASKETS IN THE 20TH CENTURY:** Thru March 16, 2008
- **EXHIBITION: *MYSTERIES OF THE LOST COLONY: A NEW WORLD — ENGLAND'S FIRST VIEW OF AMERICA:*** Thru Jan. 13, 2008
- ***A KNIGHT TO REMEMBER — THE LIFE AND LEGACY OF SIR WALTER RALEIGH:*** The North Carolina Collection Gallery at Wilson Library, UNC Chapel Hill; Thru Jan.



31. Contact 919-962-1172.

EVENTS AT THE ACKLAND ART MUSEUM: UNC Chapel Hill; Contact www.ackland.org.

- ***SPIRIT OF THE BRUSH* — CHINESE CALLIGRAPHY AND PAINTING:** Thru Nov. 25
- ***THE HEALING ARTS* — SICKNESS AND SOCIAL IMPACT:** Thru Jan. 13, 2008
- ***ENLIGHTENED PATRONAGE* — ART IN SERVICE TO HUMANITY:** Thru Jan. 13, 2008
- ***THE ART OF LOOKING* — SELECTIONS FROM THE COLLECTIONS OF CHARLES MILLARD:** Thru Dec. 30, 2007

POTPOURRI

SCULPTURE IN THE GARDEN EXHIBIT CELEBRATES 20TH YEAR: The invitational show will highlight sculptures from nearly 30 North Carolina artists; North Carolina Botanical Garden, Chapel Hill; Thru Nov. 16. Contact 919-962-0522 or www.ncbg.unc.edu.

***A BEING MORE INTENSE* — BRITISH ROMANTIC WRITERS IN THE RARE BOOK COLLECTION:** Wilson Library at UNC Chapel Hill; Thru Dec. 31. Contact 919-962-4207.

THE AMERICAN SOLDIER — A PHOTOGRAPHIC TRIBUTE, THE CIVIL WAR TO IRAQ: An exhibition of 116 photographs from the Civil War to Iraq; DH Hill Library at NCSU, Raleigh; Thru Jan. 11 Contact www.lib.ncsu.edu/exhibits/americansoldier.

1ST ANNUAL *FREE TO BREATHE* LUNG CANCER 5K: Sponsored by Duke Cancer Center in Raleigh to raise awareness and funding of lung cancer research for more effective treatments; Ravenscroft School, Raleigh; Nov. 3. Contact 919-271-6055 or www.freetobreathe.org.

13TH ANNUAL CUCALORUS FILM FESTIVAL: A provocative and daring celebration of independent film; Historic Downtown Wilmington; Nov. 7-10. Contact 910-343-5995 or www.cucalorus.org.

SECOND ANNUAL *THE HUMAN AND THE HUMANITIES* CONFERENCE: Duke University Campus & RTP; Nov. 8-10. For more information and event locations, contact Martha Johnson at the National Humanities Center 919-549-0661.

MEDAL ARTS CELEBRATION: Black tie optional, special guests and performances will be part of this City of Raleigh 30th Anniversary event; Progress Energy Center for the Performing Arts, Fletcher Theater, Raleigh; Nov. 14. Contact 919-890-3602.

A HOMETOWN HOLIDAY CELEBRATION: Downtown Mebane's Holiday Open House; Central Downtown Area, Mebane; Nov. 16-17. Contact 919-304-6019 or www.downtownmebane.com.

FESTIVAL OF TREES OPEN HOUSE & GALA WITH SILENT AUCTION: A community holiday fundraising event for the Craven Regional Medical Center Foundation; Jarvis Franklin Mansion, New Bern; Nov. 17. Contact 252-633-8247 or www.ncfestivaloftrees.com.

BEAUFORT HISTORICAL ASSOCIATION JUMBLE SALE: Beaufort Historic Site, 130 Turner St. in Beaufort; Nov. 17. Contact 252-728-5225 or 1-800-575-7483.

FIRST ANNUAL COLLARD GREENS FESTIVAL: Presented by the Warren County Equine Association; Norlina Junction Park, Warren County; Nov. 17. Contact 252-257-1722.

LIGHT UP CELEBRATION AT THE LAKE: Light Up ceremony begins the month-long Island of Lights Festival with lighted displays, luminaries and caroling; Carolina Beach Lake, Carolina Beach; Nov. 23. Contact 910-458-9023 or www.islandoflights.org.

ANNUAL CHRISTMAS TREE LIGHTING ON THE RIVERFRONT: A series of downtown Christmas events kick off with this ceremony; Riverfront Park, Wilmington; Nov. 23. Contact 910-251-0727 or www.dbawilmington.com/events.

38TH ANNUAL CAROLINA DESIGNER CRAFTSMEN FINE

CRAFT AND DESIGN SHOW: Exposition Center at the NC Fairgrounds, Raleigh; Nov. 23-25. Contact www.carolinadesignercraftsmen.com.

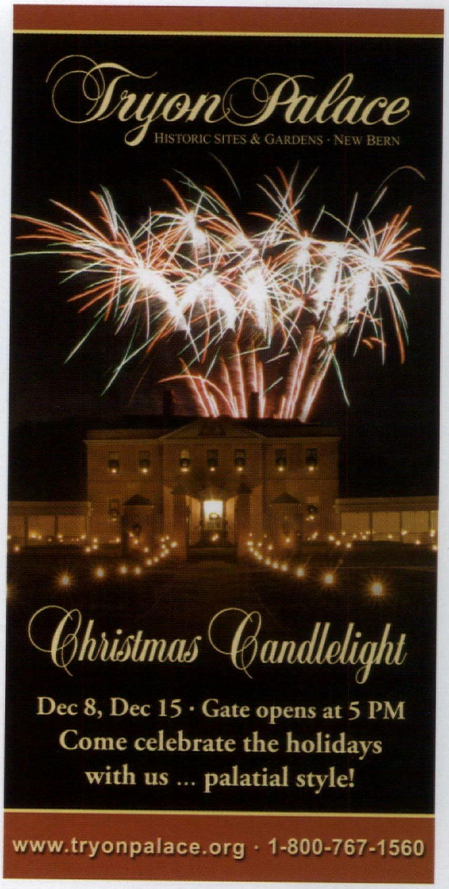
15TH ANNUAL BOYLAN HEIGHTS ART WALK: Historic Boylan Heights Neighborhood, Raleigh; Dec. 2. Contact www.boylanheights.org.

EVENTS AT TRYON PALACE HISTORIC SITES AND GARDENS: New Bern; Contact 800-767-1560 or www.tryonpalace.org.

- ***BOX & COX — A ONE ACT BRITISH FARCE:*** Nov. 3 & 17
- **TRYON PALACE PARLOR TALK — *ON THE TRYON TRAIL:*** Nov. 8
- **TRYON PALACE HISTORICAL PUNCH & JUDY PUPPET SHOW:** Nov. 10 & 24
- **AFRICAN AMERICAN LECTURE — *RECLAIMING FIRST-CLASS CITIZENSHIP, AFRICAN AMERICAN STRUGGLES FOR POLITICAL RIGHTS:*** Nov. 15
- **NEW BERN OCCUPIED:** Travel back to a Union-occupied New Bern and see how soldiers and civilians experienced the Thanksgiving holiday during a period of war and strife; Nov. 23-24.

THE ROANOKE ISLAND PRESERVATION TRUST hosts the annual Christmas Tour of Homes on December 9th, 2007. The weekend begins on the evening of December 7th with the lighting of the Town's Christmas tree and the annual Christmas Parade is on Saturday, December 8th.

THE 7TH ANNUAL HABITAT HOLIDAY HOME TOUR: Celebrating the achievements of the families that have moved into safe, affordable homes through partnerships with volunteers and donors. Event includes a tour of a Habitat neighborhood and party at the new Habitat ReStore with hors d'oeuvres, dinner and desserts by 42nd Street Oyster Bar and music from The Greg Gelb Swing Band. Contact Pam at 833-1999 x242 or events@habitatwake.org



On the Town

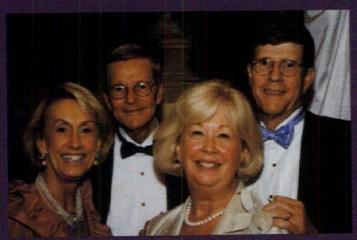
by Katie Poole

Peace College's Sesquicentennial Gala

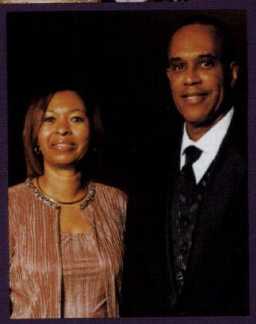
Peace College
Raleigh, NC
October 4th, 2007

Jim Heavner, Emily Biggs, Pam Heavner, Laura Bingham, Emily Johnson

(Front row):Lynne Hornaday, Mary and Jack Clayton, Jennifer Lambeth (Back row): Page Hornaday, Chris and Jamie Mitchell, Jane and Waddell Mitchell and Jane Lambeth



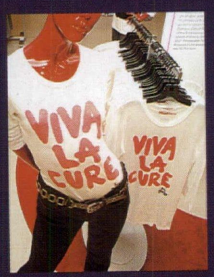
Susan and Jack Davis, Mary Brent, Bob Wright

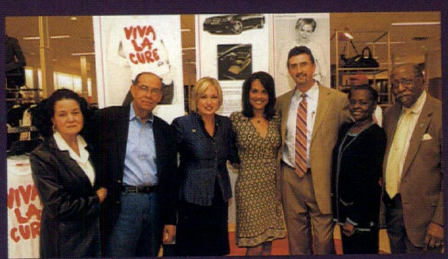


Linda and Orage Quarles

Key to the Cure

Saks Fifth Avenue
Raleigh, NC
October 18th, 2007



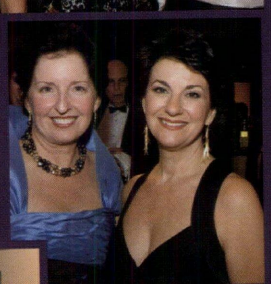


Mrs. Bert Collins, Mr.Bert Collins, Teresa Roberson, Melanie Sanders, Sam Eckardt, Gwynn Swinson, Dr. Fredrick Burroughs

Mysteries of the Lost Colony Gala

North Carolina Museum of History
October 19, 2007
Raleigh, NC

Martha Zaytoun, Carol Lynn Foster, First Lady Mary Easley, Allison Atkinson, and Judy O'Neal

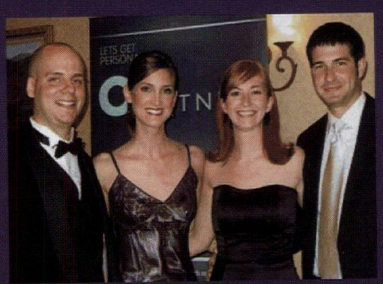


Pam Stocks, First Lady Mary Easley

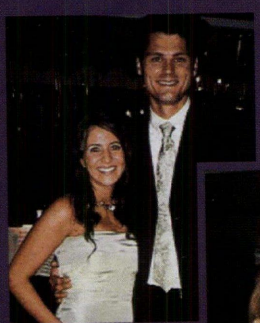
Cece Scott; William Ivey Long, Tony Award-winning costume designer; and Carson Clark

Big Bad Ball

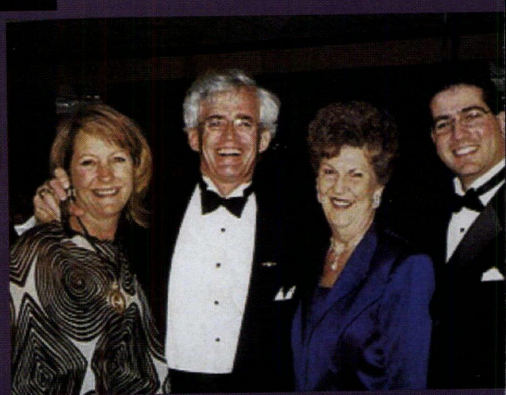
Hospice of Wake County
North Ridge Country Club
Raleigh, NC
October 7th, 2007



Kevin and Nicole Scott, Danette Isenhour and Mitch Chadwick



Micaheal and Jessie Hrivnak



Virgina and Monty Parker, Carolyn Register and Mathew Crumlich

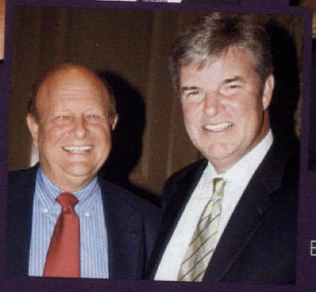
Phil Kirk Testimonial Dinner

National Kidney Foundation of North Carolina
Prestonwood Country Club
Cary, NC
October 18th, 2007

Jan and Thad Woodard, Larry and Diane Barber

Sally Royster, Joe Bastian

Diane Bastian, Jack Hunt

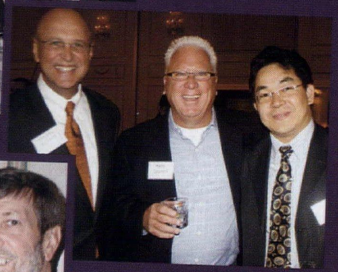


Billy Ray Hall, Mark Fleming

Citizen of World Party

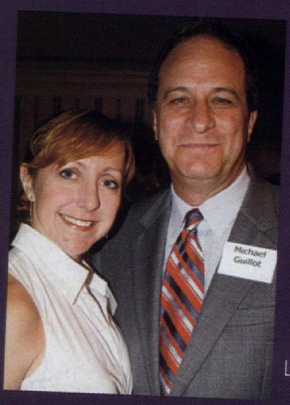
North Ridge Country Club
Raleigh, NC
October 25th, 2007

Zeke Creech, Nancy Hines, Kathy McCee, Beth Arnold, Margarita Leon, Bill Creech



Harvey Schmitt, Herb Council, Jacky Wu

Dmitri Kazanski, John Lawton

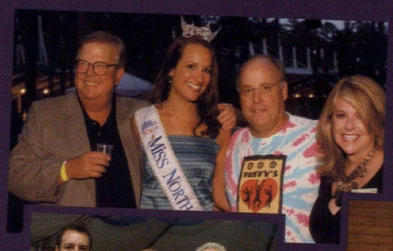


Lisa Gadd and Michael Guillot

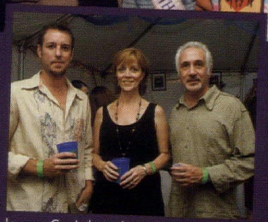
Weizhong Zhang, Li Yuwen

First Annual Metro Bravo Party

Koka Booth Amphitheatre
Cary,NC
September 27th, 2007



Bernie Reeves, Jessica Jacobs, David Stover, Katie Reeves

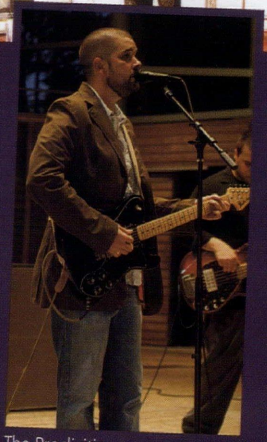


Jason Craighead, Kim and Allen Weiss

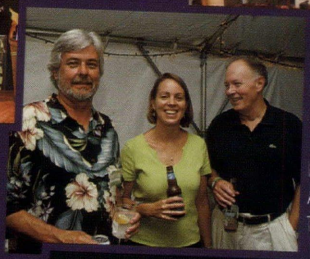
Arrogance

Synergy Spa Staff

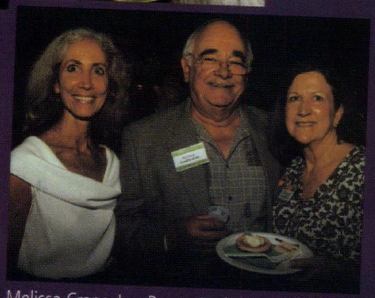
Lilly's Pizza



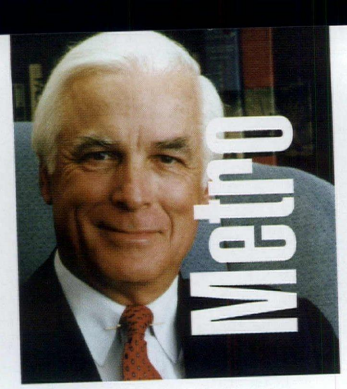
The Proclivities



Louis Rich, Amanda and Thom Williams



Melissa Crane, Lee Payao, Kathy Porter



Editor-at-Large

by Jim Leutze

TRANSFER TAXES, GAY FISH, LIVING GREEN

In my August 2007 *Metro* column — "Shouting Down a Well" — I implied that elected representatives were ignoring important pieces of legislation supported by me and many others. While not responding to all the recommendations of the Waterfront Access Study Committee (WASC), they did appropriate $20 million "to be used to acquire waterfront properties or develop facilities for the purpose of providing public and commercial waterfront access and improving and developing the same." One thing that seemed to impress them was the study by Dr. Barbara Garrity-Blake, a cultural anthropologist, that showed a 33 percent decline in fish houses (read working waterfronts) since 2000. The hero of the day, who pressed for this legislation, was Sen. Charlie Albertson (D-Duplin County) who is co-chair of the Joint Legislative Commission on Seafood and Aquaculture and a member of the WASC. Not surprisingly, he was ably supported by President Pro Tempore Marc Basnight (D-Dare County).

In response to the One North Carolina Naturally Program, the General Assembly provided up to an additional $50 million for the acquisition of state park land and other open space. In addition, another $50 million was added to the Natural Heritage Trust Fund. These monies will allow a slight expansion in the amount of state and national forest land held in trust for all North Carolinians; currently about 10 percent of North Carolina's land is so dedicated.

On the contentious issue of a land transfer tax, despite $600,000 spent by the state's realtors for lobbying, the General Assembly passed legislation allowing counties to put a referendum on the ballot imposing a 0.4 percent (four-tenths of 1 percent) land transfer tax or a 0.25 percent (one-quarter of 1 percent) increase in the sales tax. In response, 17 counties acted to put the land transfer tax on the ballot and 10 more included both options in their referendums. Commissioner May Moore from Brunswick County said, "We need a solution for growth … We need a tax to help growth pay for itself." David Young, President of the North Carolina Association of County Commissioners, added that counties "desperately need additional resources — $10 billion is needed in the next five years for schools and billions more for clean water … We can't keep relying on the property tax to provide all these needs," he said.

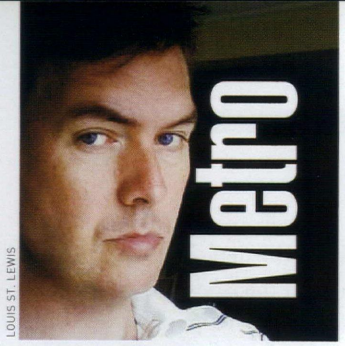
In regards to property taxes versus land transfer taxes, Dare County is an interesting case in point. Dare, along with seven other North Carolina counties, already has a land transfer tax — as do counties in 37 other states. But in Dare, the rate is 1 percent rather than 0.4 percent. With this revenue source, Dare has no school or other infrastructure backlogs, and they even have a surplus for emergencies. Now it may be a coincidence, but their property tax is only 0.26 percent per $100 of the property's assessed value versus the North Carolina average of 0.65 percent. Despite their burdensome land transfer tax, which we are warned will stunt growth, Dare is one of the fastest growing counties in the state.

Regardless of what Dare may have found, you may be sure that there will be a strong effort to defeat the land transfer tax on the November ballot. You may also be sure that in those counties where the land transfer tax fails, you will, consequently, see the property tax on all properties go up. And, no, I am not a radical who has never seen a tax he doesn't like. I prefer to spend my own money, and I am not even sure I qualify as a liberal. My preference would to be characterized as an intelligent, nature-loving, humane — and even charming — moderate.

You know how your mother always told you that you were worrying about the wrong thing? Well, as usual, she was right! Here some people are worrying about gay marriage, gay priests and "wide stances" in airport restrooms, while the real problem is — gay fish. I am not making this up, as Dave Barry used to say. At a recent Marine Fisheries Commission meeting, in a presentation on contaminants in surface waters worldwide, it was pointed out that Endocrine Disrupting Chemicals (EDCs) found in pharmaceuticals and personal care products can "alter endocrine system functions and mimic or block hormones." Substances that mimic hormones can cause "behavioral, physiological and/or reproductive changes." In snails, which are bisexual anyhow, EDCs can cause "reproduction duplication," thus, "imposing another sex on top of the normal sex…" In fish, which is where we started, EDCs can cause "dramatic population and sex ratio shifts." In lay terms, this means, well, you know what it means. In England, which the French have always suspected of being a little, well, you know what I mean, one-third of the male fish in the Thames River also lay eggs. And in West Virginia, 43 percent of the male small mouth bass have eggs in their (excuse me saying so in a family magazine) testes. Doesn't West Virginia have enough problems?

So what should we really be concerned about? Allowing gay and lesbian couples to marry, expecting priests to maintain their vows of celibacy or even conceding the seat in Minneapolis (or Idaho) to the Republicans won't threaten civilization as we know it. But if we don't protect our fish from gender-bending EDCs, we could be in for some real trouble.

Finally, following up on our "Big and Green Coastal Home" article (*Metro*, April 2007), Chris Senior writes: "The first month's bill had me crying … But, I was gently told by the pros — like Bill Hill and Craig Gammarino, professional engineers — to give the electric bill at our new solar home on Bald Eagle Lane a couple of months to settle down (and let the kids quit playing on the elevator like it was a Ferris wheel, and to let the adults figure out which light switches go to what instead of flipping on six to get one). Here's month number two in the house … $341.66 made by the sun versus $301.38 spent!" Now we're talking!!" Since the sun power could be sold back to Progress Energy, Chris made $40.28!! This is what I call doing well while doing good. MM



LOUIS ST. LEWIS

Metro

Artist-at-Large

by Louis St. Lewis

ART FOR UNDER THE TREE

Well folks, here it is November, and the galleries are filled to the brim with great artwork, and they and the artists they represent would just love for you to take some home with you. As much fun as it is being an artist or owning a gallery, I assure you that they are allowed to keep doing what they do only through the generous support of art collectors. The next time you go to any of our fine sales galleries in the area, take into consideration that they are trying to turn a profit, as well as provide you with a great cultural experience. Luckily for all of us, there is a glut of talent on the market, and you can find something for just about anyone if you take the time to look around and check out the local galleries.

Even though I have been a Triangle resident since the early '80s, there are still plenty of discoveries to make. Every single time I have ever been to Cary I have gotten lost, but this time luck was with me, and I stumbled across the Russian Art Gallery at 200 S. Academy St. (www.russianartcary.com). I spent some time traveling in Russia a few years ago, and let me tell you, as soon as I stepped into the gallery, I felt like having a glass of vodka … it was that authentic. The Russian owners have done an excellent job displaying the work of their mother country, and I'm certain that you will be charmed by the offerings. What I like about Russian art is that a lot of it has a time trip quality. During the Cold War as modern art raced forward, Russian artists continued with the subtle realism that is very well represented in this gallery. No shock of the new here, just good-looking, well-crafted paintings that are all amazingly well-priced for the quality. Check out the show opening in November and running through Dec. 2 featuring the Classical Realism of venerated Russian artist Anatoly Kostovsky.

I have known artist Jane Filer for a few decades now, and her confidence and style just gets stronger with each show. I was fortunate enough to be present at her recent opening at Tyndall Galleries in Chapel Hill (www.tyndallgalleries.com), and it was a full house of revelers that Saturday night. Dancers in Jane's exotic masks made especially for the event mingled and boogied to the live band. There were so many people you almost had to stand on a chair to see the artwork, but once you did, you noticed that many of the works were flanked by big red SOLD dots. Jane is a real worker. She gets up, goes to work and produces an enchanting body of work over and over again. But what really sets Ms. Filer apart, just as much as her amazing talent to produce the fantastic and whimsical artwork that she is known for, is her kindness to others. Jane has long been a well-beloved teacher of art to many aspirants, and she was recently honored by having her classroom at Carrboro's ArtsCenter officially named "The Jane Filer Studio."

TYNDALL GALLERIES

Jane Filer, *Rising of the Harvest Moon*

Just around the corner at Somerhill Gallery (www.somerhill.com), I ran across the sophisticated color field paintings of Margaret White. I love her paintings — they are like looking off of a bridge into the mist, filled with subtle colors and delicate shifts of tone. Built up slowly from layer

Ninety-five Artists Under One Roof.

CONSTRUCTION 31 © ASHLEY LATHE

95 artists exhibit and sell art as professional members of the Artspace Artists Association.

34 of these artists have open working studios and galleries.

Open Tues–Sat, 10 am–6 pm.

Painting
Sculpture
Clay
Fiber
Photography
Mixed Media
Jewelry
Printmaking

artspace

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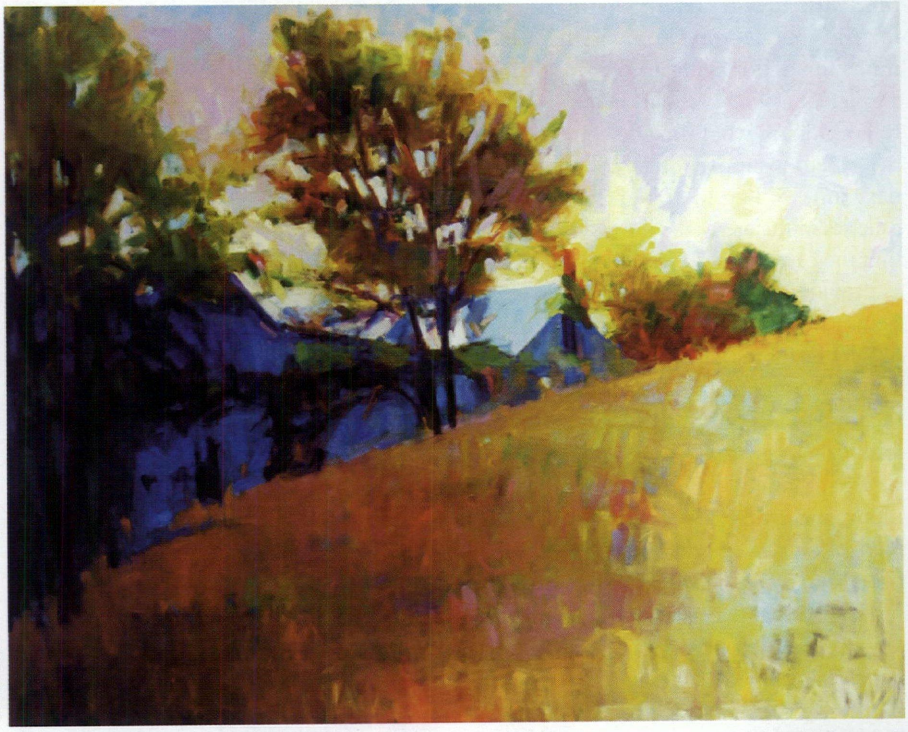
919 821-2787

Join us each month for the First Friday Gallery Walk, 6–10 pm.

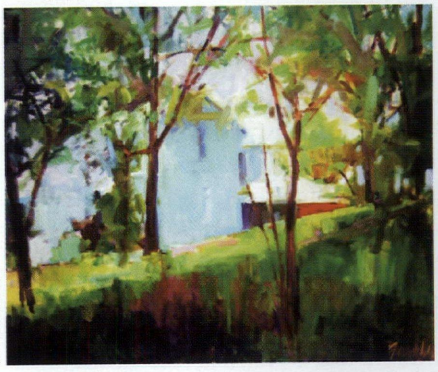
Located in Historic City Market at the corner of Blount and Davie.

inspiring creative energy!

after layer of dry pigment, aluminum and oils, the soft-focus paintings glow with a depth of artistic curiosity that is mesmerizing. I had the pleasure of having tea at Margaret's house a few years ago, where she was the most gracious host, trays brimming with old-fashioned scones, lovely cookies and delicious tea. She lives in a wonderfully quirky old home just south of Chapel Hill right where a road divides. The home, known as Grass Island, is surrounded by oaks and irises, found objects and the scent of honeysuckle. It's easy to see why her paintings are so full of tranquility when she aspires to live such a gracious and tranquil life.



CITY ART GALLERY



CITY ART GALLERY

(above) Richard Fennell, *House at Flat Ridge Late Afternoon I*, (right) Richard Fennell, *House at Flat Ridge I*

As many of you know from reading this column, I am not normally a fan of landscapes. There are too many of them out there, and the majority of them look like crap, so when I see ones that I like, you better take notice that they are exceptional. Painter Richard Fennell, who has long been recognized for his intense and dramatic landscapes of North Carolina, is currently on display at City Art Gallery in Greenville (www.city-art-gallery.com). What I really like about Fennell's work is his boldness of brushstroke and palette, but also the fact that he comes at the landscape with a sense of composition and cropping that lends the scene artistic intelligence. The brushstrokes bristle with energy, and it was a pleasure to come across them on display. Many of the paintings slip into abstraction here and there, which makes viewing them very much like a journey. He obviously has a keen sense of visual curiosity because each and every show is different. I really don't know how some of these painters crank out the same scene over and over and over again. I'd slit my wrists. Part of the joy of being an artist is living a life full of growth and investigation. Thank goodness there are still plenty of artists who ascribe to that same sentiment and lucky for us many of them are right here in our midst. MM

Between you and me...

by Carroll Leggett

GRAND EVENT AT GRAYLYN

Bowman Gray Sr., who served as chairman of the board at RJ Reynolds, built his baronial estate Graylyn in the 1920s on 90 acres of former cornfields and pasture situated on the outskirts of Winston-Salem. Today, the stone mansion, stables, cottages and expansive grounds are in the heart of Winston-Salem, and Graylyn serves as a conference center owned by Wake Forest University — a gift from the Gray family that offers pastoral relief from the surrounding residential and commercial development.

As I walked around the grounds recently, I experienced something of the grandness of the past when masons and artisans were brought in to build one of the South's most important homes. The occasion was the Concours de Graylyn, described by organizers as "A Celebration of Automobiles, Art & Wine in North Carolina's Piedmont Triad." It surely was that, with scores of antique and restored classic autos on display, works of art by noted regional artists and wine from the estate of racing legend Richard Childress. Watch for this event in the *Metro* calendar section next September and come to see me.

Childress has built a stunning winery in the Tuscan style at the intersection of Highways 52 and 64 in Lexington, surrounded by vineyards and its own fledging village. His winery and more than a score of others in the Yadkin Valley are a short day trip from the Triangle and a pleasant adventure. If we aren't careful, we will allow the rest of the nation to discover the Yadkin Valley wine country before us North Carolinians.

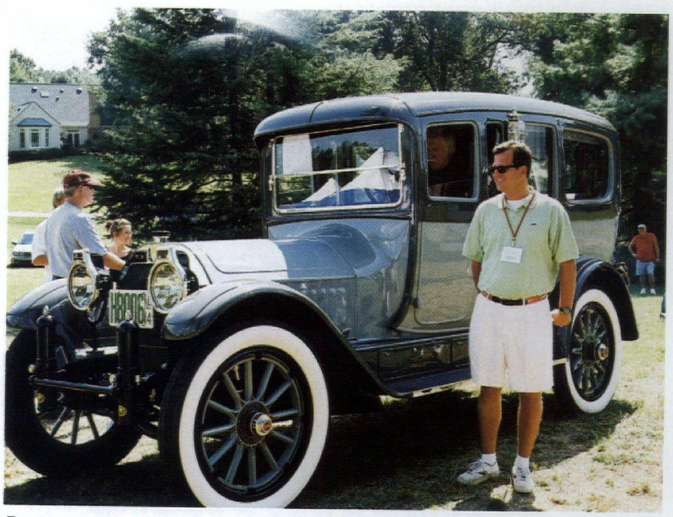
The Shelton winery at Dobson in Surry County is a showplace, featuring one of the largest acreages of spectacular terraced vineyards in the nation. The irrepressible Hobson family of RagApple Lassie winery is a leader in the developing Piedmont wine industry. Their label, a Holstein cow sitting on the new moon, is one of the industry's most instantly recognizable brands. My friends, George and Susan Little, own and operate nearby Round Peak. George is a senior attorney with the Kilpatrick Stockton law firm, and Susan is a talented chamber musician. Their wines were some of the first to come of age, in my opinion.

There is that old saying, "If you want to get something done, ask a busy person to do it." It's true in almost any community, regardless of size. And it certainly was the case with Concours de Graylyn.

Don Flow, of the automobile dealership empire, was a primary mover, and the Flow dealerships a major sponsor. Bowman Gray IV, a successful financier and grandson of Graylyn's original owner, was on site, clipboard in hand, lining up classic cars and taking care of details. My friend and neighbor John Hauser, an attorney and SAAB collector, planted the seeds for this event with a show of Italian-made classic cars in 1996 and is still involved.

Concours de Graylyn is the child of these three and other regional classic car aficionados, who belong to an informal classic car organization with no membership list, that meet once a month, with no agenda and no speaker. Now that is "informal." They put their heart and soul in Concours de Graylyn, which this year benefited the Children's Cancer Support Program of the Brenner Children's Hospital at Baptist Hospital in Winston-Salem. Money raised through admission to the show; a rally based on time, speed and mileage; and the Saturday night gala on the estate grounds, which I attended as the guest of Bill Dymond, chairman and founder of Concours de Graylyn, will help fund the Brenner's Outrageous Courageous Kids program.

(I will be back at Graylyn this weekend for the wedding of my Eastern North Carolina friend Garry Whitaker, from Murfreesboro, who is a prominent attorney and civic and political leader in Winston-Salem. Garry, who is marrying Pam Medlin, is the son of Dr. Bruce Whitaker, former president of Chowan College. Garry and Pam picked an elegant setting for their wedding and the soirée to follow.)



Bowman Gray IV, grandson of Bowman Gray and a founder of Concours de Graylyn with a 1914 Locomobile.

The speaker at the Concours de Graylyn black-tie gala was an auto-world legend, Peter Brock, who developed the original design for the Corvette Stingray. Brock is a racing journalist, and his wife is the famed racing photographer Gayle Brock — lovely people. I thought about my friend Roy Lee Matthews, who has owned Roy Lee's Corvettes in Buies Creek for decades now and restored more Corvettes than most folks can count. Wish he could have been with me and met Peter Brock.

Event chair Bill Dymond is remarkable. In 2003, he was diagnosed with an inoperable spinal tumor and told it was terminal. He sought a second opinion at Baptist Hospital where doctors told him it was not terminal and also was curable. Today, he is cancer-free and a most happy fellow. We all love to hear stories like his.

"During my time of recovery," Bill said, "I discovered the physical and emotional importance of cancer support groups. In addition, I also learned a deep understanding of the emotional and physical impact that comes with a diagnosis of cancer."

Bill had always wanted to help children. He created the Children's Charities Fund, chaired Concours de Graylyn and directed the proceeds from this year's classic car event at Graylyn to the Outrageous Courageous Kids cancer support program at Brenner's. What a great choice. Thanks to the good work of doctors at Brenner's and other childrens' hospitals, the mortality rate for children with cancer continues to drop and about 80 percent survive.

On Sunday, as I wandered about the estate grounds from one group of cars to the other, I looked for folks with Down East connections. It didn't take me long to find a delightful guy from Cary — Jim Grosslight, a partner in the Peak Auto Restoration company. Jim and his colleagues are known for the quality of their work and the ability to accomplish the near impossible. They preserve and restore classic autos, as well as customize new cars. Jim arrived in Winston-Salem driving his black 1954 XK120 Jaguar FHC — a car that would stop traffic almost anywhere.

In the BMW section, I met Richard and Claire Broughton of Morehead City and their son Tanner. The Broughtons are area coordinators for the BMW CCA organization. Richard, who grew up in New Bern, is battling Parkinson's himself and wanted to show his support for the Outrageous Courageous Kids at Baptist Hospital. This brave fellow is participating in an experimental program at Duke that holds promise for a cure. We wish him well.

1934 Packard Standard Eight, Model 1100 Deluxe

What car most intrigued me? It would have to be the 1914 Locomobile. The award-winning entry is the only remaining example of this early automobile, noted for its height and extraordinary amount of head space. Abe Lincoln, had he been around, could have driven about town without removing his hat — with much room to spare.

Aside from this curiosity, I lost my heart to a four-door, dark-green, 1934 Packard Standard Eight, Model 1100 Deluxe. What a classy automobile. It was bought in the middle of the Great Depression for $2250. The rear seat, placed well back from the front seat, had a fold-down foot rest. Velvet straps hung from the sides — I suppose to grip when exiting the car or to seize if the car hit a huge bump — and a matching cord looped from one side of the back of the front seat to the other. Grand adornments.

I was most surprised to find that Chrysler made an Imperial as early as 1931 — simply elegant and outfitted much like the 1934 Packard. My classmate Paul Blake drove an Imperial when we were at Campbell in the early '60s. Paul's grandfather owned a trucking line in Pennsylvania, so he lived substantially higher on the hog than the rest of us. His Imperial had a 45 stack record player installed in the front seat. I understand that it worked better when the car was idling in a romantic spot at Kivett's Pond than when speeding down a Harnett County highway where the slightest bump would send the needle screeching across the record.

One of the largest classic car dealerships in North Carolina is in Lillington at the intersection of Highways 210 and 421. Owned by Billy Ray Brown and operated by his partner Jim Cummings, East Coast Classic Cars has more than 100,000 square feet of showroom space. Car folks do have big hearts. Billy Ray, like Richard Broughton, is battling Parkinson's disease. Two years ago, East Coast auctioned off a 1955 Custom Thunderbird and presented a check for $10,000 to Parkinson's research at Duke. Somehow, we have to beat Parkinson's. It is merciless. We're pulling for Billy Ray, too. MM

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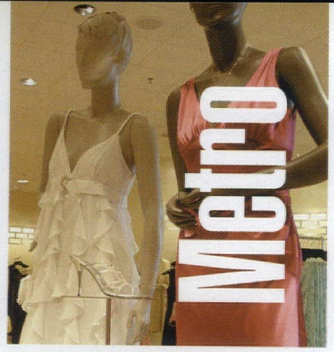


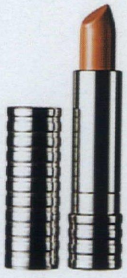
Style

by Molly Fulghum Heintz

SET YOUR COURSE FOR...

COLOR

Brilliant colors are considered attractive throughout the animal kingdom. For those of us who walk upright, color has historically been associated with power and royalty; the more difficult to attain, the more expensive the color. In the Roman world, the color purple was the province of emperors. Made from the Mediterranean shellfish murex, purple dye was worth its weight in gold and the object of strict sumptuary laws. Porphyry, a rare purple-red marble difficult to quarry was considered so precious it was only used for the tombs of nobility.



Clinque

Fortunately, access to purple has become a little more democratic since ancient times. Eye shadow in shades of purple feels right for fall, and **L'Oreal's new "HIP" line** delivers high-intensity pigment straight to your lids. Try HIP's "Brazen" duo of bright pink and plum, or for something softer, **Nars cream eye shadow** in "Maracaibo," a gorgeous dusky purple. Lips are another canvas just waiting for color. For intense hues that are also wearable, try **Clinique's Long Last Soft Shine Lipstick**, a light-weight formula with a perfect, subtle sheen. Korres, the chic Greek skincare company, has added makeup to its array of products, including a range of luscious mango butter-infused lipsticks — all available at the new flagship store in New York or online (www.korres.com). Well aware of the allure of color, beauty companies also use it to create head-turning product packaging. **Ole Henriksen**, a Danish spa owner based in LA, has developed a line of gentle skin treatments experiencing great success, no doubt in part due to its collectible rainbow-colored jars (www.olehenriksen.com).

L'Oreal HIP Makeup

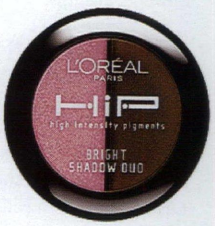
Nars Cream Eye Shadow

Ole Henriksen

L'Oreal HIP Eye Shadow Pigment

L'Oreal HIP Pigment Sticks

L'Oreal HIP Lip Gloss



FASHION NEWS

Join Saks Fifth Avenue for a number of events this month:
Nov. 2- 3; **Jane Gordon Trunk Show**
Nov. 4- 10; **"Evening Event"**- Customers will receive a $50 Gift Card for Evening Shoes or Handbag with a purchase of an evening gown of $400 or more.
Nov. 7- 8; **Laura Mercier Master Class held along with a Zenobia Trunk Show** on the 8th and 9th.
Nov. 9; **Trunk show featuring jewelry designer Oscar Heyman.**
Nov. 14 - Dec. 4; Customers can receive an **Estee Lauder Gift** with purchase
Nov. 28- Dec. 8; Customers can receive a **Clinique Gift** with cosmetic purchase.
Triangle Town Center, Raleigh, 919.792.9100

Nov 2-10 is the annual Lucy's Card week. Shoppers can save 20% at over 250 leading area store by purchasing a discount shopping card. Proceeds of the card benefit the Lucy Daniels Center for Early Childhood. Go to www.LucysCard.org to purchase your card and see a complete list of participating merchants.

Nov. 9-10; **Hamilton Hill** will host a **trunk show featuring jewelry made by Gellner, Ettienne Perret, Somers and Dana David.** Durham; 919.683.1474.

Join **The Elaine Miller Collection** Nov. 13th and 14th from 10am – 6pm for a **trunk show featuring jewelry made by Mazza Company and a personal appearance from the designer, Jeff Mazza.** The Lassiter at North Hills, Raleigh; 919.571.8888.

Vermillion will host a trunk show featuring designer Tory Burch Nov. 15th and 16th. The Lassiter at North Hills, Raleigh; 919.787.9780.

Fine Feathers will host an Ann Pedersen Knit Trunk Show Nov 15- 16. Also, special occasion collections are arriving for the holidays as well as beautiful gifts. University Square, Chapel Hill; 919.942.3151.

The **Crafter's Flea Market** will present a collection of the Triangle's favorite designers and artists from 9am – 3pm on Saturday, Nov. 24th (rain date Saturday, Dec. 1st). 509 N. West Street, Downtown Raleigh.

Join **Hamilton Hill** Nov. 30th – Dec. 2nd for a Bikakis and Johns trunk show, Durham; 919.683.1474.

Scout & Molly's invites shoe lovers to help welcome their sister shoe store, WALK, to The Lassiter at North Hills, Raleigh. WALK opens this December. Call 919.969.8886.

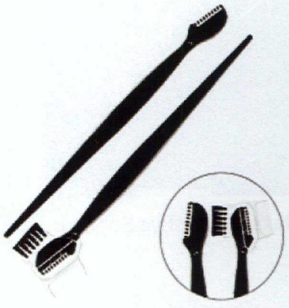
PROPORTION

The effect of harmonious proportions can be achieved with a less than symmetrical face with the savvy use of smoke, mirrors and some of the latest cool tools. The **Zeno Pro Pink Acne Clearing device** uses strategic application of "bacteria-busting" heat to zap blemishes (www.blissworld.com); a simple pair of **Tweezerman's** famous tweezers will go toward arched eyebrows; and **Sephora's nifty eyebrow brush-eyelash comb combo** also includes a "touch up" razor, a tiny safety blade perfect for use anywhere on the face.

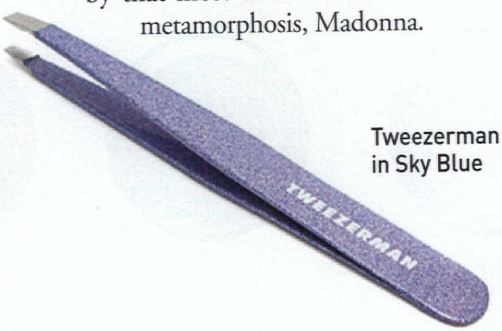
So much for taking things away. How about moving things around? While many product lines promise results, **Fusion Beauty** is one that actually delivers. LipFusion became famous for successfully, though temporarily, plumping lips — and the newer LiftFusion swears to provide a 24-hour eyelift for drooping peepers. But don't forget, aesthetic harmony is not purely visual. Tune up your olfactory sensibility with a new fragrance for fall. The perfume "director/producer" Frederic Malle has just developed a unisex fragrance with perfumer Sophia Grojsman exclusively for Barney's: **"Outrageous!"** is spiked with caipirinha, green apple, orange blossom, amber and cedar (www.barneys.com). And stay tuned … there are rumors of a fragrance in the works by that most brilliant mistress of metamorphosis, Madonna.

Lift Fusion - Face Lift

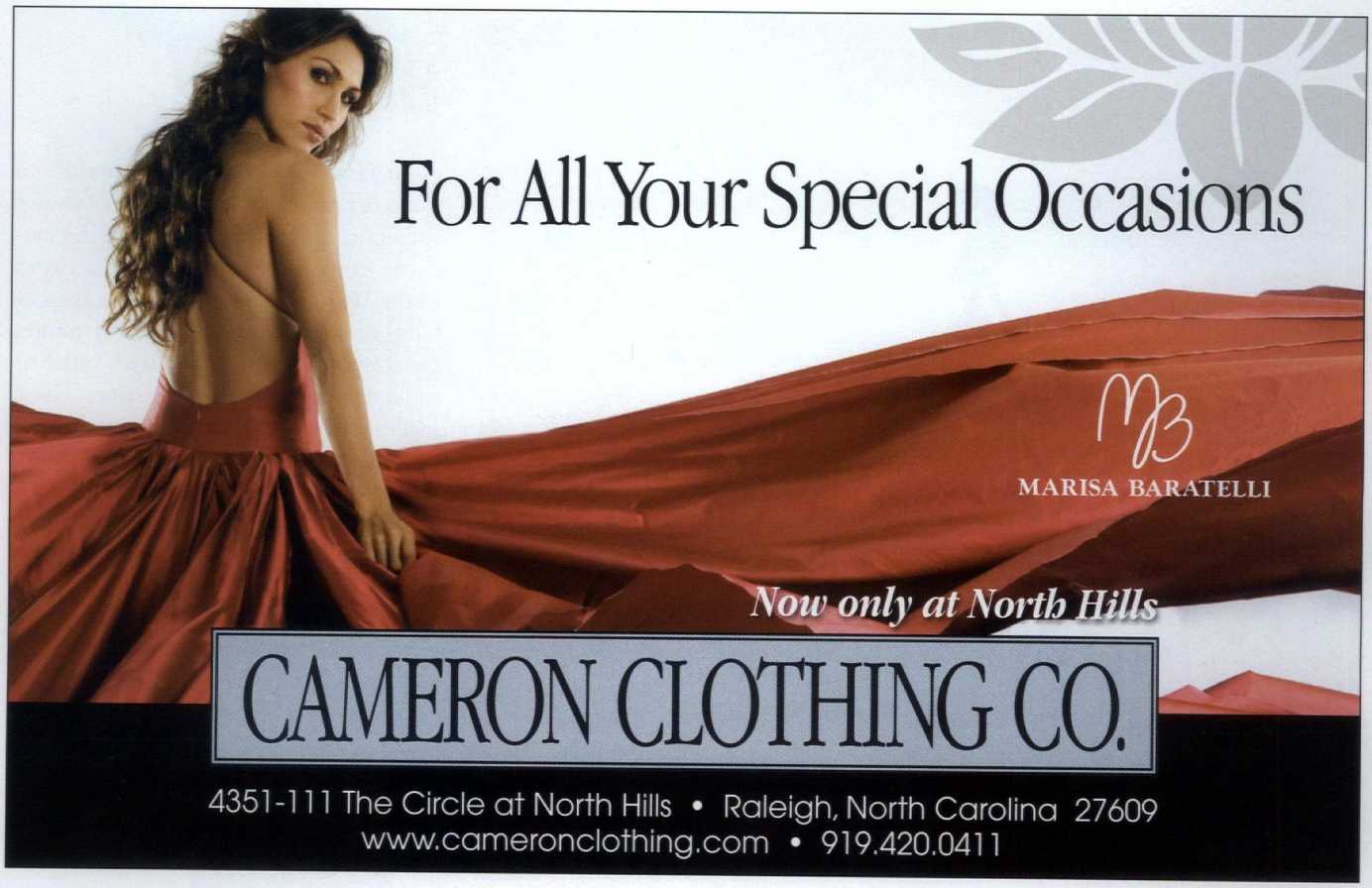
Zeno Pro Pink Acne Clearing Device



Sephora's Eyebrow Brush-Eyelash Comb Combo



Tweezerman Slant in Sky Blue



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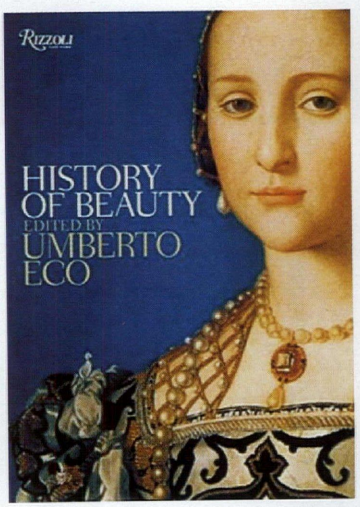
BEAUTY!

In ***History of Beauty***, Umberto Eco traces definitions of his notoriously elusive subject through the ages, gathering evidence from primary sources and artwork of the Western world. From the ancient Greeks to our own time, certain attributes are consistently associated with pulchritude: color, light and proportion. These qualities were also sought after in terms of personal beauty, prompting humans — who often are not so colorful, luminous or proportionate naturally — to achieve them artificially by means of clothing, makeup and (groan) exercise. With today's vast sea of beauty products that target specific problems, it's easy to lose sight of the big picture. Use history's definition of beauty to set a course.



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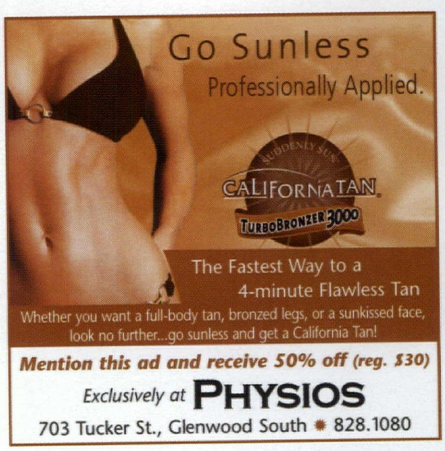


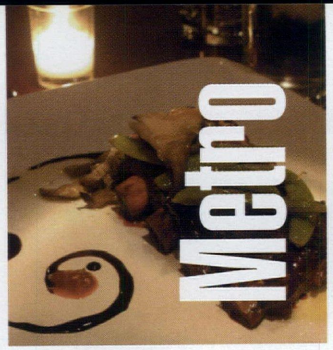
LIGHT

How does one achieve that radiant, enlightened look seen in the faces of angels and saints in Old Master paintings? **Prescriptives Illuminating Potion Foundation Primer**. It's the next best thing to beatification, hands down. Apply to the cheeks, forehead and chin, and someone is sure to ask why you're glowing. Hair is also a built-in source of reflection and shine when you treat it right. Pantene's new **Ice Shine shampoo and conditioner** renews the luster that may be lacking. If you also like a shiny lip, then try the new **Hourglass line of Extreme Sheen High Shine Lip Gloss**, aka gloss on steroids (warning: don't wear on breezy days to avoid a fly paper effect).

Pantene Ice Shine Shampoo and Conditioner

Prescriptives Illuminating Potion Foundation Primer

At the office, at home, or on the go...



Metro Gourmet

by Moreton Neal

The New South:

TWO TRIANGLE RESTAURANTS REINTERPRET SOUTHERN FOOD

"The South shall rise again!"

That's a declaration you don't hear much anymore. The advent of climate control changed the economics of the old Confederacy, giving birth to the "New South" and the end of the expression.

Culinarily speaking, though, the South did rise again in the early '80s when Crook's Corner ushered in the era of Southern Regional Cuisine. Soon after, the late great Edna Lewis brought elegant Southern fare to Fearrington House — and by 1986, Magnolia Grill opened in Durham, proving that a Southern restaurant could be as compelling as its Michelin-starred counterparts in France. Acme, Aleezia's and Carolina CrossRoads are just a few of our area's restaurants representing this new tradition — classic Southern dishes deconstructed and reinterpreted with a focus on fresh, local ingredients.

The staff at Watts Grocery

KINSLEY DEY

(L-R) Kirk W. Brown, Amy Tornquist, Evan McDaniel, David Alworth

And now there is Watts Grocery! Amy Tornquist's long-awaited restaurant just opened its doors this month, but it's already the hottest spot in Durham.

Tornquist, a Durham native, is no stranger to the Triangle culinary scene. You may not recognize her name, but if you have attended a Triangle wedding, dinner party, gallery opening or gala fundraiser in the past decade, chances are good you've sampled her food. Chef/owner of Sage & Swift, she operates one of the area's most successful catering companies. Two years ago, Tornquist began branching out, opening the Nasher Museum's original café and supervising it until last spring when she left to focus on Watts Grocery.

Even before you walk through the door, the glow of Watts' exuberant red ceiling lights announce the cheerful mood of the place. Paintings by Tornquist's husband and a shadow-box counter of Durham memorabilia give a personal touch to the dining room. It's obvious from the colorful décor and cheerful staff that this place is a labor of love: Tornquist grew up just a few blocks away from the restaurant's Broad Street location; the name is a sentimental homage to the old Watts Street Grocery, a mainstay of her childhood neighborhood.

Tornquist trained in France, and her classic technique marries beautifully with Southern American ingredients. She understands the basics of both cuisines and has a finely tuned instinct for combining flavors. Reading the menu, you just know her choices will work. The first bite of food proves it.

Pork porterhouse, succulent as my childhood memories of pre-warehoused pork chops, is served with a subtle apple-fennel pan sauce, and perfectly complemented by a sweet potato gratin and wilted greens. Even the overly complex-sounding beef ribeye with pimento cheese butter and Jim Beam Sauce hits its mark, served simply with smashed potatoes and grilled asparagus.

Fried dishes — hushpuppies, green tomatoes and crab cakes — were especially delightful, each perfectly crunchy on the outside and squashy in the middle. The crisp, acidic tomatoes were complemented by a sweet, soft shrimp remoulade — an inspired pairing. Desserts, though I initially winced at some of the Italian names, were absolutely ethereal, particularly the coconut panna cotta and Carol's pound cake.

Watts Grocery opens up new dimensions in Southern fare, and Tornquist's distinctive sensibility has me hooked. Fortunately, the kitchen is open for breakfast, brunch, dinner and even late night meals (where else could you find a post-movie snack of fried chicken gizzards with garlic mayo!). Now I don't have to go to a party to chow down on Tornquist's fine fare. I can just drop in the Grocery anytime my stomach growls.

COMPASS CHANGE SUGGESTED

North Hills Mall's newest eatery, South, is a whole 'nother story.

After the early demise of its predecessor, Savannah, the highly visible mid-Raleigh space begged for another upscale restaurant. Seizing the opportunity, Kevin and Stacy Jennings, owners of Vivace, Frazier's, and Porter's City Tavern, signed the lease and quickly added another restaurant to their impressive stable.

Savannah had been an experiment that should have worked. By the time it opened, Raleigh was overdue for an upscale regional restaurant. Had it not imploded from management difficulties, Savannah could have filled the bill. The opening of South, with its trendy monosyllabic name, inspired high hopes among Savannah's disappointed constituency, including me. I was convinced that the talented Jennings team would hit the mark that Savannah had missed.

On South's menu, you will find familiar regional staples such as She-Crab soup, fried oysters, deviled eggs, crab cake and cornmeal-battered fried catfish. But the subtitles tell the real story: roasted garlic beurre blanc, fava beans, cipollini onions, beet coulis, herb pan jus and tarragon aioli make up the supporting cast. These European names don't make sense here and provoke too many questions. I kept wondering what was meant by "pan jus" in the shrimp and grits. Does the chef realize that aioli would be called mayonnaise in the South, or that Southerners consider our own homegrown butter beans more of a delicacy than Mediterranean favas?

KINSLEY DEY

Pork porterhouse served with an apple-fennel pan sauce, and a sweet potato gratin and wilted greens.

As for textural choices — barely blanched green beans show up sandwiched between a tower of dry skinless fried chicken and mashed potatoes. Lawsy!

You get the feeling that ingredients of Vivace's kitchen have sneaked into South's, mated with their Southern counterparts and produced a mutant offspring: Euro-Southern fusion.

Not to say that there aren't some good eats here. The fried pimento cheese beignets are inspired, the creamy She-Crab soup (though missing the roe) was enhanced with just the right touch of sherry and the buttermilk mashed potatoes and gravy could have been lifted from Grandma's Sunday dinner.

Yet, the fried green tomatoes were rock hard, the oysters should have been tossed yesterday and the dessert combinations were bizarre. Earl Grey tea ice cream on a dried-out huckleberry upside down cake? Grandma would roll over in her grave.

With the exception of our attentive server, even the essential hallmark of Southerness was missing at South — hospitality. The host was unsmiling and indifferent. A second server argued that the white wine he served me really was the *rosé* I had ordered.

There may be a simple explanation for the restaurant's dissonance: Chef de Cuisine Patrick Laird and Executive Chef Jeremy Sabo both hail from Pennsylvania. There's no

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doubt both men are talented and competent, as we know from the quality of Vivace's food, also under Sabo's watch. But in a Southern kitchen, they are simply out of their element.

I have a suggestion. How about turning the compass 180 degrees? Refocus on Pennsylvania fare, expose Triangle diners to the charms of shoofly pie, soft pretzels and Dutch Country sausages.

Then change the name of the restaurant. Call it "North."

NIBBLES

Speaking of all things southern, **Southern Rail** just opened in the old train cars near Carr Mill Mall in Carrboro. Featuring a bar car, a dining car and outdoor seating on the deck in between, the new eatery's menu will not focus on Southern food. Instead, the menu will be an eclectic mix, modeled on the owner Mike Benson's two popular DC eateries, Café Saint Ex and Bar Pilar. It's good to see the sight of the wonderful old Orient Express resurrected.

And also speaking of second lives, **Poole's Diner**, Ashley Christensen's long-awaited reinvention of the old South McDowell Street landmark of the same name, should open by the time you read this issue.

Wine Authorities opened in September at 2501 University Drive, Durham, owned by Craig Heffley and Seth Gross, formerly of the wine departments at Whole Foods and Fowler's Gourmet. The new shop offers about 500 wines (ranging from $5 to $50 a bottle), classes, daily tastings and "an environment free of snobbery." Information about frequent tastings and events can be found at www.wineauthorities.com.

Bin 54 kicked off its fall wine dinners in October with rare Barolos from Paolo Scavino. For details about Bin's next wine tasting in November, call Douglas Snyder at 919-967-1155 or e-mail dsnyder@ bin54-restaurant.com.

Foodies within the listening area of WCHL in Chapel Hill (AM 1360), can now enjoy "thirty minutes of tasty talk" at 2:00 p.m. every Sunday. **SideDish**, hosted by Deborah Miller, features segments on cooking gadgets, wine and pantry items, and interviews with Triangle chefs, food artisans, farmers and food writers. MM

BUTTERNUT SQUASH AND MASCARPONE RAVIOLI

Just back from France, I have eaten some incredible meals recently. But of all the memorable dishes I've tasted both here and across the pond, Il Palio's Butternut Squash and Mascarpone Ravioli takes the cake. Chef Adam Rose makes this scrumptious pasta using fresh local squash at a farmers' market demonstration in October (which, incidentally, is National Pasta Month) and is happy to share the recipe with *Metro* readers.

KINSLEY DEY

Roast Butternut Squash

2 butternut squash, halved and seeded
2 Tablespoons olive oil
2 small garlic cloves, minced
4 sprigs of fresh thyme
Pinch of dried chili pepper

Mix olive oil, garlic and chili pepper. Rub into squash halves. Place cut side down on baking sheet and roast until soft, 30 to 40 minutes. Scoop out flesh and mash until tender.

Ravioli

Roasted squash
1 cup mascarpone
Pinch of salt
1 teaspoon fresh grated nutmeg
1 Tablespoon olive oil
1 garlic clove, minced
1/2 cup grated parmesan cheese
Pinch of pepper
1 sprig fresh chopped marjoram
1 package of wonton wrappers (Il Palio makes fresh pasta, but this is an acceptable substitute.)
1/2 stick butter
1 cup sliced shiitake mushrooms
2 sliced shallots
1/4 cup chopped chives

Sweat garlic in olive oil until lightly golden. Add in butternut, mascarpone and parmesan. Season with salt, pepper, grated nutmeg and chopped marjoram leaves picked from stem.

Place 1 heaping teaspoon of mixture in middle of wrapper. Fold in half sealing with damp fingertips. Bring a large pot of salted water to a boil. Carefully drop in the ravioli and cook for 5 minutes. Drain, plate and spoon butter vinaigrette over, garnish with sautéed shiitake mushrooms and sliced shallots. Sprinkle with chopped chives.

Brown Butter Vinaigrette

2 sticks of unsalted butter
1/4 cup of sherry vinegar
1/4 cup of aged balsamic
8 sage leaves, chopped

Cook butter, over low heat, until browned. Add sage leaves and let cook 3 minutes. Deglaze pan with sherry and balsamic.

METRO MAGAZINE RESTAURANT GUIDE

RALEIGH/CARY

42ND STREET OYSTER BAR – 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

THE ANGUS BARN – 9401 Glenwood Avenue. Raleigh. 919-781-2444. www.angusbarn.com The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals – hospitality, attractive atmosphere, and value have remained the same.

BELLA MONICA — 3121-103 Edwards Mill Rd, Raleigh. 919-881-9778. www.bellamonica.com. Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch* & *AOL Cityguide*. *Wine Spectator* Award of Excellence.

BENTLEY'S AT CROSSROADS — 2007 Walnut St., Cary 854-0644. www.BentleysAtCrossroads.com. Enjoy aged steaks, fresh seafood and seasonal produce in a casually elegant atmosphere. Lunch M-F from $6. Dinner daily from $14. Stunning bar area. Private A/V equipped Boardroom. Look for Bentley's Clock Tower. An LM Restaurant.

BLOOMSBURY BISTRO – 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 Metro-Bravo Awards.

BLUE RIDGE, THE MUSEUM RESTAURANT – 2110 Blue Ridge Rd., Raleigh. 839-6262. www.ncartmuseum.org. Offering renowned visual art and culinary masterpieces at the NC Museum of Art. Eclectic fare ranges from salads, sandwiches and entrées at lunch to sumptuous weekend brunches.

CAFÉ TIRAMISU – 6196-120 Falls of Neuse Rd., Raleigh, 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best.

CAROLINA ALE HOUSE – 513 Creekside Dr., 835-2222; 4512 Falls of Neuse Rd., 431-0001; 7981 Skyland Ridge Pkwy., 957-4200; 2240 Walnut St., Cary, 854-9444. Hwy 98 bypass and US1, 11685 Northpark Drive, Wake Forest, 556-8666. www.CarolinaAleHouse.com. Award-winning menu served 11am until 2am. Catch all the sports action on 40+TVs. Daily lunch & dinner specials, coldest $2 pints, 99¢ Kid's Tuesdays. An LM Restaurant.

THE DUCK & DUMPLING – 222 South Blount St., Raleigh. (919)838-0085. www.theduckanddumpling.com. Overlooking Moore Square, this contemporary Asian Bistro is home to Chef David Mao's unique blend of Chinese and Vietnamese cuisine. Open for Lunch: M – F; 11:30am – 2:30pm, Dinner: T – Th; 5pm – 10pm, Fri and Sat 5pm – 11pm.

GLENWOOD GRILL – 2603-151 Glenwood Ave., Raleigh. 782-3102. www.glenwoodgrill.com. A Triangle favorite for 16 years has a new look. Popular Chef John Wright returns with new tastes and new ideas. Personable waitstaff and outstanding wine list. Lunch M-F, Dinner M-Sat.

THE GRAPE AT CAMERON VILLAGE – 403 Daniels St., Raleigh. 833-2669. www.yourgrape.com. Enjoy our gourmet menu including steaks and chops, a full bar and 120 handcrafted wines by the glass. Open 7 days, late night dining Thu-Sat. Live entertainment, reservations recommended. Catering, private parties & events.

HERONS – 100 Woodland Pond, Cary. 447-4200. www.heronsrestaurant.com. Now open at The Umstead Hotel and Spa offering modern American cuisine with regional influnces and an extensive wine selection. Live music and classic cocktails in the bar.

JIBARRA RESTAURANT – 7420 Six Forks Rd., Raleigh. 844-6330. www.jibarra.net. The first upscale Mexican restaurant in the area featuring eclectic, flavorful dishes representative of each region of Mexico. Unique wine list and posh tequila lounge. Now offering Sunday brunch and new lunch menu.

JK'S STEAKS & SEAFOOD – 4381 Lassiter Mill Rd. Raleigh. 781-3919. www.jksraleigh.com. Hospitably comfortable in a handsome setting, JK's features aged Western beef and seasonal selections of fish and shellfish, baby back ribs and chicken, plus one of the best not-just-appetizer bar menus in the area.

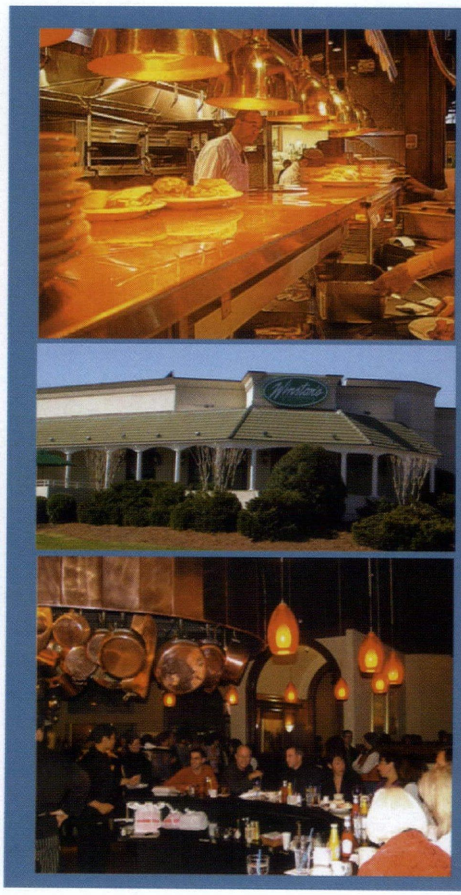
KIN – 7713-39 Lead Mine Rd., Raleigh. 848-3535. www.kinfinedining.com. Charles Meteesatien- the chef/proprietor of Glenwood South's Sushi Blues and who brought big city chic to Raleigh dining with "shabashabu"- now conquers fine dining serving Thai & Japanese cuisine and Sushi at KIN. Private Tatami rooms, chef room, covered patio, extensive wine and martini list. Lunch and dinner.

MARGAUX'S RESTAURANT – 8111 Creedmoor Rd – Ste. 111, North Raleigh, (919) 846-9846. At Margaux's, every experience is new. It's the relentless pursuit of innovation. Chef Andy Pettifer prepares *a new menu EVERY night* including our 3 Course Prix Fixe menu at $27.95/pp. Check our website daily. www.margauxsrestaurant.com

NANA'S CHOPHOUSE – 328 W. Davie St., Raleigh. 829-1212. High energy, contemporary Italian-style chophouse infused with local flavors and ingredients. Complementary valet parking, live music and fresh seafood. Call for reservations.

MYTHOS MEDITERRANEAN BISTRO & LOUNGE – 6490 Tryon Rd. Cary. 233-7555. www.mythos-bistro.net Chef Pete invites you to explore your senses through his eclecticist style of cooking in a homey and cozy ambiance. Offering only the freshest ingredients found (seafood, Aged Beef, poultry). Live your myth through essence.

NINA'S RISTORANTE – 8801 Leadmine Rd., Raleigh. 845-1122. www.ninasristorante.com. Vibrant flowers, paintings and hand-crafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-grow-



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ing area with Tuscan Cuisine that is heavy on flavor and light on the ingredients, *Wine Spectator* Award of Excellence 2000-2006. Hours of operation M-Sat. 5-10 p.m.

NOFO MARKET AND CAFÉ – 2014 Fairview Rd., Raleigh. 821-1240. 1125 Military Cutoff Rd., Wilmington. (910) 256-5565. Café, bar and patio seating. Award-winning salads, soups, sandwiches and entrées. "Best Salads" *Wilmington Magazine*, "Best Bloody Mary" *Metro Magazine*. Brunch Sat. & Sun., Lunch M-F and Dinner M-Sat.

THE RALEIGH TIMES BAR – 14 East Hargett St., Raleigh. (919)833-0999. www.raleightimesbar.com. The beautifully restored, 100-year -old *Raleigh Times* building is now home to a timeless local watering hole in Downtown Raleigh. Featuring hand-crafted, creative takes on classic bar fare favorites, an inventive drink menu and extensive Belgian beer selection. Open: M – Sat 11:30am – 2am; Sun, Noon - Midnight.

SAINT-JACQUES – 6112 Falls of Neuse, North Ridge Shopping Center, Raleigh. (919) 862-2770. www.saintjacquesfrenchcuisine.com. Owned and operated by French native, Lil Lacassagne-fine dining at its best. Voted "Best French Food in the Triangle- 2006 by *Citysearch*. Lunch and Dinner server Tues- Sat.

SECOND EMPIRE RESTAURANT & TAVERN – 330 Hillsborough St., Raleigh. 829-3663. www.second-empire.com. Located in the historic Dodd-Hinsdale House. Offering elegant upstairs dining, as well as the lighter fare menu and casual atmosphere of the tavern. Winner of the DiRoNA Award, AAA four Diamond Award & the *Wine Spectator* Award.

SULLIVAN'S STEAKHOUSE – 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

TAVERNA AGORA – 6101 Glenwood Ave. Raleigh. 881-8333. www.TavernaAgora.com. Taverna Agora absolutely Greek restaurant and bar is your passport to authentic cuisine with slow roasted meats and flavorful seafood dishes. Catering available. M-Sun 5-11p. OPA! An LM Restaurant.

UNO CHICAGO GRILL – 8401 Brier Creek Parkway, Raleigh. 544-6700. Enjoy original Chicago-style deep dish pizza along with a wide selection of appetizers, steaks, pastas, burgers and desserts. Kids Menu. Curbside pick-up. Open daily from 11 a.m.

WINSTON'S GRILLE – 6401 Falls of Neuse Rd., Raleigh. 790-0700. www.winstonsgrille.com. A warm, friendly atmosphere with great food and exceptional service make Winston's Grille the ideal place for any occasion. Specializing in hand-cut steaks, prime rib, fresh fish and baby back ribs.

ZELY & RITZ – 301 Glenwood Ave., Raleigh. 828-0018. Fresh, organic, locally grown dishes served tapas style in an upscale yet hip and smoke-free environment. Named as one of the Top 20 Organic Restaurants in America by *Organic Style Magazine* and offering a *Wine Spectator* Award-Winning boutique wine list.

ZEST CAFÉ & HOME ART – 8831 Six Forks Rd., Raleigh. 848-4792. www.zestcafehomeart.com. Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch Tues.-Sat., Dinner Wed.-Sat. and Sunday Brunch.

DURHAM/APEX

CAFÉ PARIZADE – 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30, Dinner M-Th 5:30-10, F and Sat. 5:30-11, Sun. 5:30-9

CAROLINA ALE HOUSE – 3911 Durham-Chapel Hill Blvd., Durham. 490-2001.

GEORGE'S GARAGE – 737 Ninth St., Durham. 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After-hour celebration and dancing and a fresh to-go market and bakery.

GLOFT – 737 Ninth St., Durham. 286-4131. For meeting friends after work, for after dinner drinks, or exciting late-night entertainment. Also available to host your private event where we can throw a party or a full sit-down dinner for a chosen few or a large gathering.

GRASSHOPPER – 2010 Hillsborough Rd., Durham. 286-1600. Experience the essence of pure Asian food – a balance of flavors with Chinese and Vietnamese influences that delight the senses while nourishing the body.

VERDE – 2200 W. Main St., Durham. 286-9755. New American Cuisine in a sleek and modern atmosphere.

VIN ROUGE – 2010 Hillsborough Rd., Durham. 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Dinner Tues.-Sun. 5:30-11, Brunch Sun. 10:30-2

CHAPEL HILL/HILLSBOROUGH

BIN 54 – 1201-M Raleigh Rd., Chapel Hill. 969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

CROOK'S CORNER – 610 W. Franklin St., Chapel Hill. 929-7643. www.crookscorner.com. "Sacred ground of Southern foodies," *New York Times*. Patio dining, weather permitting. Acclaimed Sunday brunch. Dinner Tues.-Sun. at 5:30, Sun. Brunch 10:30-2.

GLASSHALFULL – 106 S. Greensboro St., Carborro. 794-4107. www.glasshalfull.net. Downtown Carrboro's own optimistic wine bar, wine shop and kitchen serving small plates of the flavorful cuisines of the Mediterranean coast with an intriguing selection of wines from around the world. Wine shop specializes in affordable bottles for everyday drinking. Open for lunch and dinner Mon- Sat.

PANCIUTO – 110 S. Churton St., Hillsborough. 732-6261. www.panciuto.com. Fine dining blending Italian recipes with local North Carolina ingredients. All offerings prepared fresh daily. Pastas, breads, desserts made on-site. Upscale yet comfortable "old world" style dining room. Opens 6 p.m. for dinner, Tuesday through Saturday.

SPICE STREET – 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

BEYOND THE TRIANGLE

BEAUFORT GROCERY CO – 117 Queen St., Beaufort. (252) 728-3899. www.beaufortgrocery.com Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3; dinner M, W-Sat 5:30-9:30 and Sun brunch at 11:30. Closed Tues.

BLUE MOON BISTRO – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

CHEF AND THE FARMER – 120 W. Gordon St., Kinston. (252) 208-2433. www.chefandthefarmer.com. A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques makes this progressive eatery an epicurean oasis.

CHEF WARREN'S – 215 NE Broad St., Southern Pines. (910) 692-5240. Warren and Marianne Lewis invite you to their Bistro offering a variety of delicious specialties from an eclectic menu. "Local touch, international cuisine," *Metro Magazine's* Moreton Neal. Dinner Tues.-Sun.

DELUXE – 114 Market Street, Wilmington. (910) 251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner and Sunday brunch. *Wine Spectator* Award of Excellence, www.deluxenc.com.

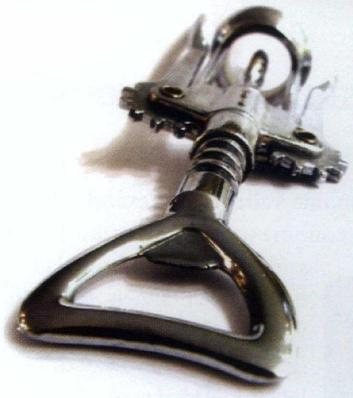
FRONT STREET GRILL AT STILLWATER – 300 Front St., Beaufort. (252) 728-4956. www.frontstreetgrillatstillwater.com Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious Wine Spectator Award of Excellence, serving lunch and dinner daily with Inside and Outside dining. New floating docks and outside waterfront bar.

SHARPIES GRILL & BAR – 521 Front St., Beaufort. (252) 838-0101. www.sharpiesgrill.com. Contemporary Coastal Cuisine served in an intimate setting. Rated four stars by John Batchelor. Enjoy house-made pastas, breads and desserts paired with fresh local seafood and certified Angus Beef. Outstanding wine list and full bar.

SHEPARD'S POINT – 913 Arendell St., Morehead City. (252) 727-0815. www.beaufortgrocery.com Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spirits. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10; Sun brunch begins at 11 a.m. Closed Tues.

Cork Report

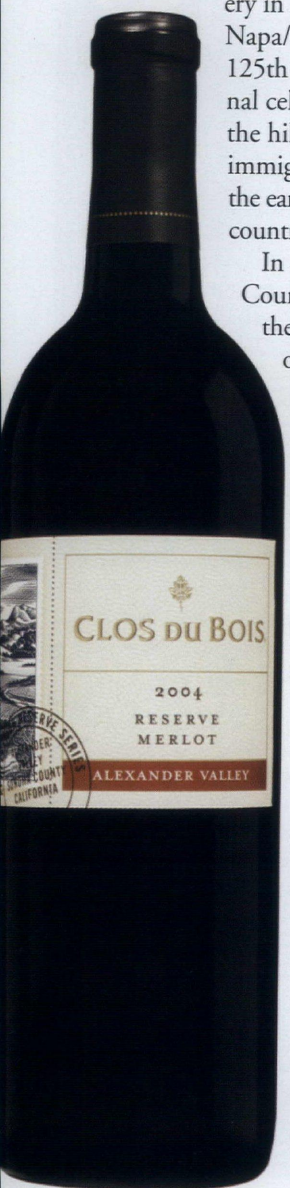
by Barbara Ensrud



Sonoma:

CALIFORNIA'S OTHER WINE VALLEY

It's surprising how often this still happens: Mention California wine and many people immediately think Napa Valley, as if the two were synonymous — much to the aggravation of winegrowers in Sonoma and elsewhere in the Golden State. California wine regions stretch almost to the Mexican border, but **Sonoma County** is one of the oldest and most important. Buena Vista winery in Los Carneros, a district that straddles the Napa/Sonoma county lines, is celebrating its 125th anniversary this year. Buena Vista's original cellar and barrel-aging caves were dug into the hills near the town of Sonoma by Chinese immigrants in the 1860s, colorful reminders of the early days and a popular destination for wine country tourists.

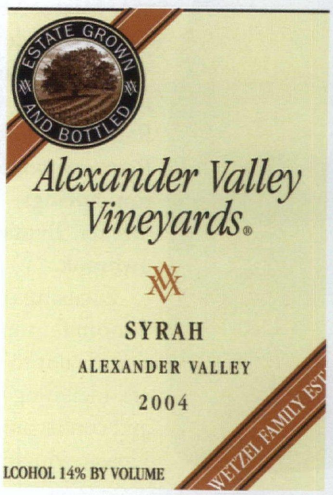


In Sonoma recently to judge in the Sonoma County Harvest Fair wine competition, I had the opportunity for an in-depth exploration of Sonoma wines. The region has a dozen sub-appellations, all of which produce distinctive wines of a particular type. Three, however, stand out in connection with certain varieties: Alexander Valley, Russian River Valley and Dry Creek Valley.

Alexander Valley, a beautiful area of vine-clad hills near Healdsburg, is noted for red wines with vivid flavors of blackberry and black cherry. Dense and richly colored Cabernets, Merlots and Syrahs are produced here, as well as appealing Chardonnays. Recently, I opened a **1990 Chateau Souverain Cabernet Sauvignon**, plucked from my wine cellar, and was astonished at how vibrant in color and fruit the 17-year-old wine was — smooth and absolutely delicious with lamb steak.

Specially recommended from Alex Valley: **Trentadue Meritage 2004, $45; Alexander Valley Vineyards Syrah 2004, $25; Clos du Bois Merlot Reserve 2004, $28; Michael Pozzan 2005 Cabernet, $22; Mazzocco 2005 Chardonnay, $19.**

Russian River Valley is the origin of some of California's juiciest, most dramatically flavored Pinot Noirs. Home to venerable redwood forests, cooled by breezes from the Pacific, the Russian River Valley — named for the river that rushes west to the ocean — has an ideal climate for Pinot Noir and Chardonnay, producing some of the best in the world. The Chardonnays are creamy, the Pinots fat and succulent, hard to resist with the first sip.

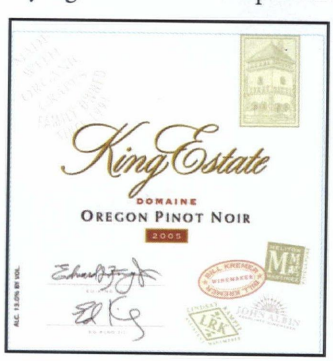


It's beautiful, too. The view from the breeze-swept patio at Russian Hill winery, for instance, offers a sweeping panorama of vineyards and old hop kilns (hops were once a major crop in Sonoma).

Specially recommended PINOTS: **Russian Hill 2005, $28; MacMurray Ranch 2005 (Best of its class at the County Fair judging), $24; Willowbrook 2005, $34; Eric Ross "Saralee's Vineyard," $35; Rodney Strong "Jane's Vineyard" 2004, $35; Hartford Court 2005 Land's Edge, $45.**

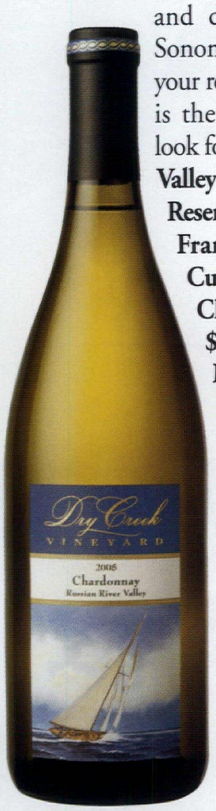
CHARDONNAYS: **Clos du Bois Calcaire 2005 (Sweepstakes Best of Show White Wine, a lovely, graceful Chardonnay), $25; Sonoma-Cutrer 2005 Russian River Ranches, $22-$25; La Crema 2005, Dry Creek Vineyards 2005, $20.**

Dry Creek Valley produces powerful Zinfandel and racy Sauvignon Blanc, each among the most distinctive of its type. If any region can be said to put red Zinfandel on the worldwide map, it is here, where powerhouse Zins, such as **Ridge Lytton Springs, Ravenswood, A. Rafanelli** and **Nalle,** struck gold (as in gold medals) again and again, with their spicy black raspberry flavors with accents of black pepper.

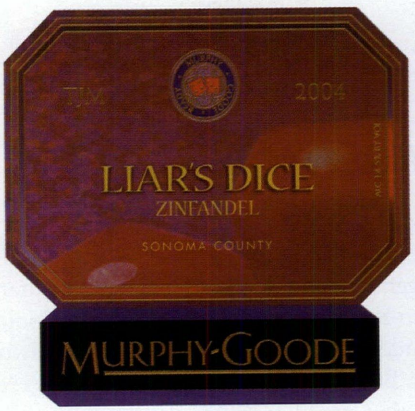


Great Zins are made in many parts of Sonoma today, including **Russian River Val-**

ley, **Sonoma Valley** and **Alexander Valley**. In the Sonoma judging, we gave 40 gold and double gold medals to Sonoma Zinfandels. If you like your reds big and bold, Sonoma is the place. Some names to look for: **Alderbrook, Alexander Valley Vyds Sin Zin, Blackstone Reserve, Dry Creek Vineyards, Francis Coppola Director's Cut, Mazzocco (Best of Class for their '05 Matriz, $45), Mietz, Mill Creek, Murphy-Goode (BOC for '04 Liar's Dice, $20), Pezzi King, Quivira, Rancho Zabaco Reserve, Ravenswood, Ridge Lytton Springs, Seghesio, Stryker, Trentadue, Willowbrook.**

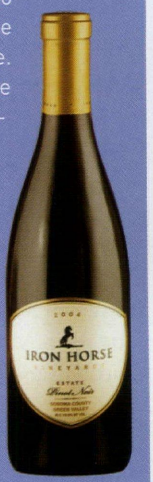


Focusing on three of Sonoma's top appellations is not to slight others, including the newest and coolest area, Sonoma Coast, which produced the gorgeous Sweepstakes Red of the competition: **De La Montagne Pinot Noir 2005, $40**. Here are some other Sonoma wines not to miss: **Buena Vista 2004 Pinot Noir, Carneros, $24; Kunde Estate Barbera 2004 Sonoma Valley, $28; Benziger 2004 Merlot, Sonoma Valley, $19; Russian Hill Syrah 2005, Russian River Valley, $30; Benziger Family Reserve Chardonnay 2006, Carneros, $16; Sebastiani Cabernet 2004, Sonoma County, $18.** MM



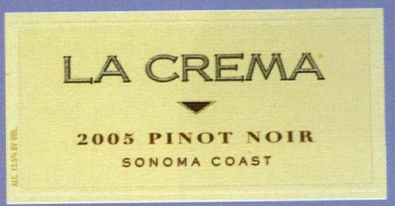
Wines for Thanksgiving

I used to recommend red Zinfandel for the turkey feast with all the spicy trimmings — but today's Zins are so huge they overwhelm anything on the table. There are many different wines that go with turkey, and your favorite wines should be your guide. It's always a good idea to have both red and white if the gathering is sizeable.



If you just want one wine to suit all, consider a dry *rosé* such as **Tavel** or **Rosé of Pinot Noir***, or the 2007 Beaujolais Nouveau. The *nouveau* comes out on the third Thursday of November — this year, Nov. 15 — plenty of time to lay in a few bottles. It's reportedly very good this year and best chilled to accentuate the fruitiness.

Personally, I like Pinot Noir with roast turkey, especially the more balanced, graceful ones that work so well with food, so I will choose one of these 2005s: **Bethel Heights, King Estate, Elk Cove, Sokol Blosser, from Oregon; Gloria Ferrer, Buena Vista, Sinskey, from Carneros;**



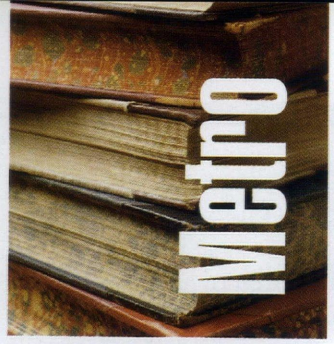
Russian Hill, La Crema, Domaine Laurier, from Sonoma, ranging from $17 to $28.

Pinot Noir *Rosés* 2006: **F. Magnien, Burgundy; Iron Horse, Rubicon Estate Sofia, Saintsbury Vin Gris**, $10-$15 a bottle.

NC Wines

It's fine to drink globally ... but very good to drink locally, too! The North Carolina State Fair Wine Judging has announced results, with gold medals and high accolades for many NC wines. For a full list of results, go to www.ncwines.org.

My picks for Thanksgiving: **Childress Cabernet Franc 2005, Chatham Hill 2005 Merlot, Childress 2006 Viognier, RayLen Carolinius 2005, Shelton Madison Lee Red** ... and don't forget a sweet, spicy Muscadine with the pumpkin pie!



Metro Books

FDR'S GREAT BUNGLE

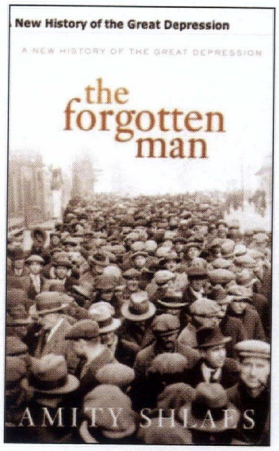
by George Leef

If you ask a random sample of Americans who know (or think they know) something about our history to discuss the twin subjects of the Great Depression and the New Deal, most will say something like this: "The Depression hit the country because capitalism has a tendency to sometimes collapse, but luckily, Roosevelt was elected, and his brilliant New Deal policies got the economy moving again."

That view is not just mistaken — it's a key component of the statist mythology in America. So long as people think that we need a strong, interventionist government to protect us from the instability of capitalism, it will be extremely hard for those who advocate a limited, Jeffersonian-type government to make any headway. People want prosperity, and if they believe that big government is necessary for it, big government we will have.

With her new book *The Forgotten Man*, Amity Shlaes has dealt a shattering blow to that mythology. Her lucid and highly readable book leaves the reader with the understanding that capitalism got a bum rap in the 1930s, and that the New Deal, far from being brilliant, was a nightmare. Shlaes isn't the first writer to try to set the historical record straight and undermine the fawning adulation usually given to Franklin D. Roosevelt, but her book may succeed more than all the others put together because it's a) non-academic and b) published by a major house. Except for die-hard Roosevelt worshippers, this book will at least cause readers to smirk next time they read that FDR was one of our "great" presidents.

Shlaes begins diabolically, telling the heart-wrenching story of a young teenager who killed himself so that the rest of his impoverished family might have a little more to eat. Naturally, the reader starts to think, "That miserable bastard Hoover — why didn't he do something to improve conditions in the country?!" Then Shlaes springs the surprise: the event actually took place in late-1937, after Roosevelt had been president for nearly five years. The little-known truth (although painfully evident at the time) is that economic conditions had improved only slightly during FDR's first term — and took a nose dive in the latter half of 1937, giving the nation a depression within a depression. While the United States had suffered through recessions in the past (always following monetary bungling by the government) not one had lasted more than two years. Instead of hastening the normal recovery, the efforts of Herbert Hoover and Roosevelt had only managed to deepen and lengthen the misery — while transforming the nation in terrible ways.



The Forgotten Man: A New History of the Great Depression
By Amity Shlaes
Harper Collins, 2007, 464 pages

In the United States of 1929, the federal government played a very small role, employed very few people and spent very little money. Most importantly, very few Americans looked to Washington, DC, to solve "social problems." Three years of interventionist policies under Hoover — Shlaes makes it clear that Hoover was anything but the dogmatic *laissez-faire* advocate he is usually said to have been — and five more under Roosevelt had turned America into a country where a nearly omnipotent government was everywhere, controlled by people who admired Stalin and Mussolini as models of forward-looking leaders. It was as if a person with a cold took a medicine that turned the cold into pneumonia and brought on dementia, as well.

As an aside, one can't help wondering what the US would be like today if, instead of turning to coercive, statist "remedies" for the Depression, Americans had drawn the correct conclusions and turned away from the bad policies we already had, especially high tariffs and central banking. We would be a much more free and prosperous country today but for the intellectual blunders of the 1930s.

Shlaes' narrative is driven along by an odd cast of characters. Mostly the book centers on the bad guys. They were all true believers in the notion that the time had come to remake American society along "progressive" lines — which is to say, central planning and bureaucratic control replacing individual liberty and private property. Early on, we are introduced to the leftist pilgrims who went to visit the Soviet Union in 1927 and fell for communism like a teenage boy falls for the first girl who kisses him. Among them was Columbia University economist Rexford G. Tugwell, who would later become one of Roosevelt's closest advisers. He wrote that in contrast to the moribund America, the Soviet Union was "a stirring new life hardly yet come to birth." These people were intellectuals infatuated with the glittering prospect of social perfection brought about by the firm but kindly hand of The State.

The main bad guy role goes to Roosevelt himself, of course. While other writers have previously punctured the myth that

FDR was a visionary mental giant who fortunately was on hand to lead the country in its time of despair, Shlaes reinforces the image of FDR as merely a clever, conniving politician with one big asset — namely his great radio persona. Once he had sweet-talked his way into the White House — not a difficult task given that Hoover was a sourpuss political dud — his approach to policy was utterly clueless. He told the voters that he would be an "experimenter" in the 1932 campaign, but in office his experimenting was much like a child let loose in a chemistry lab who thinks, "Wouldn't it be cool to try mixing some of this and some of this and see what happens?" FDR and his subordinates tinkered and tampered constantly with the liberty and property of Americans. The federal budget grew and grew, regulations on business mushroomed, but the economy remained in the doldrums. It never dawned on them that coercion is counterproductive.

Another group of bad guys is FDR's political buddies. A hallmark of modern politics in America is the use of cronies to shape public opinion by creating good news where there really isn't any and pinning the blame for bad news on scapegoats. Those tactics were perfected in FDR's first term. Shlaes points out, for example, that the federal government hired lots of artists whose job it became to do everything they could to extol the New Deal. The Federal Theatre Project, for example, dramatized the evils of electric power companies, suggesting that governmental ownership along Tennessee Valley Authority lines would be the people's salvation. And photographers were paid to seek out scenes that would cast a favorable light on the New Deal. Bill Clinton didn't invent the "continuing campaign" — FDR did.

To Shlaes, the good guys were people who fought against the collectivization favored by FDR and his "brain trust." She devotes a full chapter to the Schechter brothers, defendants in the most important legal case during Roosevelt's first term. They ran a kosher poultry butchering business in Brooklyn and were put on trial for criminal offenses against regulations enforced by the National Recovery Administration. Shlaes dug deep into the case, and her reporting is filled with illuminating details — details that students who read the case in Constitutional Law classes don't get. For one thing, the NRA rules forbade customers from selecting individual chickens they wanted, demanding that customers select a coop of birds for killing, but not individual birds. Both Jewish tradition and common-sense business practices were to be abandoned to conform to the authoritarian regulations of "The Blue Eagle" — the symbol of the NRA. When the Schechter brothers continued to operate, as they had for years, the government agents, who had been hounding them for weeks, were only too happy to pounce with indictments.

Not only did the NRA regulations conflict with Jewish practices, but, Shlaes writes, "The NRA code did not make sense. The clash came in several areas. The first was prices. The code forbade setting prices too low, in part to combat a general 'low price problem' — deflation. But one could not drive up prices generally by ordering a specific business to charge more." Nevertheless, the Schechters (and many other small businesses across America) were prosecuted for charging too little for their products.

The coverage of the case in the leftist media was repugnant and tinged with anti-Semitism. Writers like Drew Pearson cheered on the government, which after all, stood for enlightened social regulation for the common good, and sneered at the grubby Jewish defendants and their lawyer. The trial court found the Schechters guilty, imposing a fine that would have taken them many years to pay and sentencing them to jail terms of up to three months. They hadn't hurt anyone (despite sensational statements that they had sold diseased chickens, a charge shown to be untrue), and yet were looking at a ruinous penalty and criminal records merely for doing business as they always had. That was the crucial way in which America had changed: It was easy to get into trouble over nothing.

When the Supreme Court heard the case May 2, 1935, the government's lawyer argued that upholding the law was essential to fighting the depression and that the justices shouldn't bother about individual freedom, which was merely "the liberty to starve." Joseph Heller, who had been counsel for the Schechters all along, argued that Congress had exceeded its powers since his clients' business did not involve interstate commerce. Also, Frederick Wood, a lawyer with one of the prominent Wall Street firms, contended that the increase in government power was dangerous and illegal. Shlaes writes, "He argued that it might be all right to go the way of Mussolini or Hitler, but a constitutional amendment was necessary for that, not merely an act of Congress."

The Court's decision was quickly reached and announced on May 27. The NRA was unanimously declared to be unconstitutional. FDR grumbled that the Supreme Court was stuck in "the horse and buggy age," but the stock market staged its biggest rally since 1930.

Another good guy who figures prominently in the history is Wendell Willkie, best known as Roosevelt's opponent in the election of 1940. But few people know much about his background. He was an old-line Democrat (generally favoring free trade and minimal government) who was a top executive in the utility company Commonwealth & Southern. What soured him on FDR was the way he and his minions went after private enterprise and especially the utilities. Roosevelt never came out and said so, but it became clear that his socialistic underlings envisioned an America with nothing but governmentally owned electric companies. Willkie understood Tennessee Valley Authority was just the opening salvo in a war. He was determined not to see the investments of his shareholders destroyed and gradually became more and more of an outspoken critic of the New Deal.

Shlaes recounts a radio debate with Willkie and one of FDR's lawyers, Robert Jackson, later named to the Supreme Court. Willkie had come to see that, as Shlaes writes, "while Roosevelt might call himself a liberal, the inexorable New Deal emphasis on the group over the individual was not liberal in the classic sense." Well prepared to counter Jackson's claim that the depression was lingering due to a "strike by capital" — an instance of the blame-shifting that FDR and his team liked to engage in — Willkie pointed out that the

New Deal had created enormous uncertainty for business and investors. If there was "idle money" in the country, the reason was to be found in the hostility the administration constantly exhibited toward business.

The response to the debate greatly bothered "the brain trust." Raymond Moley wrote that Willkie had utterly outclassed Jackson. Because of his willingness to stick out his neck and criticize New Deal policies, Willkie was noticed by some Republicans and was talked into allowing his name to be placed in nomination at the 1940 convention. He won out over experienced politicians like Thomas Dewey but was defeated in the general election by Roosevelt's superior political gamesmanship and the coalition of special interest groups he had put together to secure his win in 1936.

All in all, Shlaes must be commended for giving an accurate account of the Depression years that completely refutes the conventional wisdom about that period. I have only a few quibbles with the book.

First, she speaks favorably of the Civilian Conservation Corps, many of whose projects can still be found throughout the country. Sure, CCC workers built some nice things, but the program was just another in the procession of unconstitutional "experiments" that took resources away from the private sector and put them to federal use. The fact that some CCC projects weren't complete boondoggles should not cause us to praise it.

Second, I wish that Shlaes had spent a little more time on the causes of the 1929 crash, especially the banking panic in 1930. She leads the reader to understand that the failure of the Bank of the United States had a cataclysmic effect on the banking system, but doesn't clearly explain precisely how the bank collapsed and why it had such widespread repercussions. Some discussion of fractional reserve banking, and America's banking laws that prevented interstate branch banking, would have clarified a point that's a crucial part of the case that government intervention was the real culprit.

Third, the book has no footnotes. Instead, there is a "bibliographic notes" section at the end. I think that specific references at specific points in the text are more valuable to the reader than just having a few paragraphs that mention each chapter's sources.

A few minor blemishes like those don't

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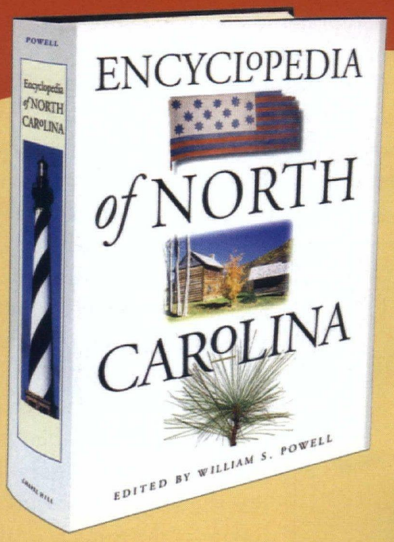

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William S. Powell, Editor

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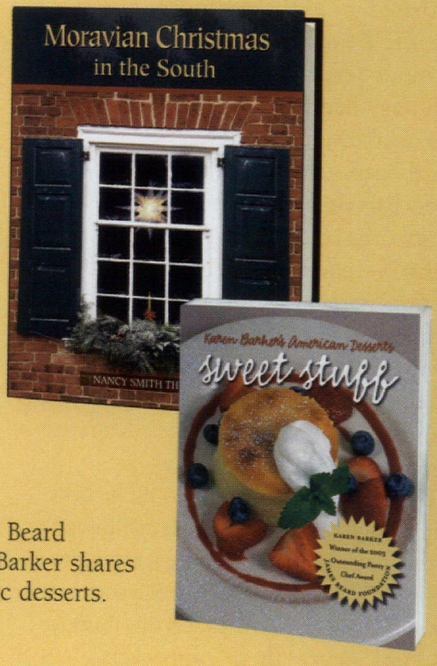

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Nancy Smith Thomas

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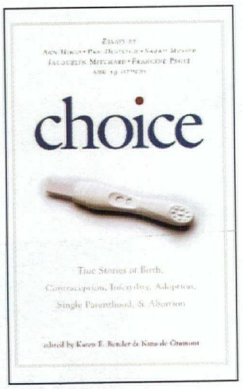
detract much from this very significant book. I recommend reading it and then buying copies for friends and relatives who might be won over to the side of liberty if they understood that the Depression was nothing but governmental bungling piled high. MM

New and Noteworthy

By Art Taylor

CRITICAL ISSUES

In many ways, the title says it all — *Choice: True Stories of Birth, Contraception, Infertility, Adoption, Single Parenthood, and Abortion* — though readers looking for the angle might be too quick to focus solely on one aspect of that list, Abortion, or even to suggest that the title is simply missing a word: Not Choice but *Pro-Choice*?



Choice
By Karen E. Bender and Nina de Gramont
MacAdam Cage, 2007, 350 pages

In each case, such moves would ultimately be mistakes, though the suggestion isn't entirely without warrant. In their introduction, Wilmington-based authors/editors Karen E. Bender and Nina de Gramont explain how the anthology had its genesis in a New Year's Eve 2005 conversation about South Dakota's proposed ban on abortions — a law that the editors label "draconian" — and later, the introduction states without much qualification that "Government should not be involved in a woman's — and her partner's — decision to create a life." Here and elsewhere, the editors are hardly hiding their political beliefs.

But at the same time, it would be belittling to suggest that either the anthology's editors or its contributors are simply promoting a political agenda. On the contrary, this gathering of 24 essays sets out to move past an "us vs. them" approach — a bumper sticker mentality that they dismiss as "glib" on both sides of the coin — and to explore the nuances, not just of the abortion debate, but of a wide variety of issues: "The word 'choice' encompasses much more than abortion," they write. "It includes any of the numerous ways a woman might decide to have or not have a family." For a list of those numerous ways, of course, just look back at the title.

In her own essay here, "Accidents: A Personal History of Choice," Bender gives us the image of her paternal grandmother jumping down the stairs — in a "fit of panic" — when she learns that she's pregnant with another child. That child turns out to be the author's father, in fact, which prompts contemplation about what would have happened if the stairs incident had been successful. Then Bender details the trials of her maternal grandmother caring for a daughter who had suffered a head injury during birth — a daughter who took an emotional toll on the family but who could also be "astoundingly kind and even strangely smart" — and enters a discussion with her own mother about whether anyone wished that aunt had never been born. Ever more personal, the author then explores her own pregnancy scare as a youth, her early decision not to have kids herself, and finally, the events that led up to the two children that she and her husband have today — the miracle of their being here — "each one an accident of some sort, even if they were planned."

In such an essay, simple polemics are avoided in favor of an exploration of something true, surprising and oftentimes even contradictory. Similarly, the essays throughout the book present a number of different perspectives and, importantly, different choices — essays which don't seek to find answers as much as to present "the complexity behind these decisions — and the gray areas evident in all of them."

Several contributors are nationally known names — including Pam Houston, Jacquelyn Mitchard and Francine Prose, two of whom write about Roe v. Wade — but many more of the writers here have ties to North Carolina, including Stephanie Anderson, Janet Mason Ellerby, Kimi Faxon Hemingway, Sarah Messer and Ashley Talley, several of whom either earned degrees from or have taught at UNC-Wilmington.

Events are scheduled throughout the month with readings and discussion by a number of these contributors, as follows: Karen Bender, Nina de Gramont and Sarah Messer, on Tuesday evening, Nov. 13, at Pomegranate Books in Wilmington; Bender, de Gramont and Ashley Talley on Wednesday evening, Nov. 28, at Quail Ridge Books in Raleigh; and de Gramont, Talley and Kimi Faxon Hemingway on Thursday, Nov. 29, at Internationalist Books in Chapel Hill.

NORTH CAROLINA BOOKWATCH

North Carolina Bookwatch concludes its fall 2007 schedule with three great programs, beginning with Joe and Terry Graedon, authors of the very popular (and helpful!) book *The People's Pharmacy* and the syndicated column and radio program under the same name. The Graedons will join *Bookwatch* host DG Martin on Friday, Nov. 2, at 9:30 p.m., with an encore presentation on Sunday, Nov. 4, at 5 p.m. The balance of the month's schedule follows the same pattern (Fridays at 9:30 p.m., Sundays at 5 p.m.).

- Fred Hobson, author of *Off the Rim: Basketball and Other Religions in a Carolina Childhood*, on Friday, Nov. 9, and Sunday, Nov. 11.
- William Powell, editor of the *Encyclopedia of North Carolina*, on Friday, Nov. 16, and Sunday, Nov. 18.

NC WRITERS' NETWORK CONFERENCE

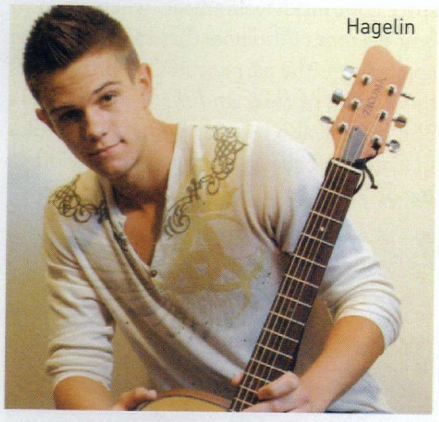
Bestselling authors Jill McCorkle and Robert Morgan headline the North Carolina Writers' Network annual Fall Writing & Publishing Conference on Friday-Sunday, Nov. 16-18, at the Hawthorne Inn in Winston-Salem. The event features classes and workshops with nationally known writers, agents and editors; a Manuscript Mart where aspiring writers can get feedback on their work; and new this year, a Speed Pitching session where writers can pitch their work to at least five agents and editors.

Registration is required for the weekend events, but McCorkle's keynote speech on opening night at 9 p.m. is free and open to the public. For more information, visit www.ncwriters.org or 919-967-9540. MM

Song And Dance Man:

NICK HAGELIN'S MULTIPLE MUSES

Thirteen was a lucky number for singer-songwriter Nick Hagelin: On Oct. 13 he won the North Carolina Songwriters Co-op's Songwriting Contest, topping the field with a pair of superb tunes — "Strawberry" and "Paint My Room." His guitar playing was sharp, his stage presence was a major buzz and his songs were way hip. His vibe put me in mind of Dave Matthews, and that's a potent vibe for a performer to conjure on stage.


Hagelin

Now factor this into the Hagelin equation: Not only is he a super-promising singer-songwriter, but he's also a gifted ballet dancer who is currently a member of the Carolina Ballet. During a recent conversation, I asked Hagelin if it was music or dance that first attracted his attention.

"I was interested in the performing arts from a very young age," he replied. "My parents were musicians — professional church musicians — and my mom was a voice coach. When I was 4 years old, I was in a production of *The Nutcracker*, and I saw the dancing the men were doing and told my mom I thought it was cool."

A few years later, Hagelin asked his parents if he could take karate lessons. His mother suggested ballet lessons instead. Though hardly a typical alternative to karate, Hagelin agreed to take ballet for a year.

"I started in a small studio in Bergen County, NJ, and when I was 10, the director told me there really wasn't much more they could do for me," he remembered. "So I was sent to the School of American Ballet, which is in the Juilliard building near City Ballet's school. I just came up through the ranks from that point."

During his middle school years, Hagelin also became involved in a rock band. Evidently feeling that ballet and rock were not time-consuming enough, he took up acting.

"I was doing musical theater stuff, for instance. I was also in a feature film called *The Emperor's Club* with Kevin Kline. I was in national commercials and did the TV shows *Law and Order* and *Law and Order SVU*.

"I was wearing myself thin," he recalled. "I was going to dozens of auditions monthly for film work, plus trying to make it to ballet every day. On top of that I was, to my parents' chagrin, growing my hair to my shoulders and trying to be a rock star."

At the end of his junior year in high school, Hagelin's workload was insane. "In my senior year of high school I finally made the decision, to my parents' delight but to my band's dismay, to quit everything except ballet," he explained. "I had to refocus on dance. I'd sort of lost my enthusiasm for it. It felt more like something I had to do. But, you know, I'd given up most of my childhood to be at that ballet bar. So I left the band and booked out of my agency and just started going to ballet class.

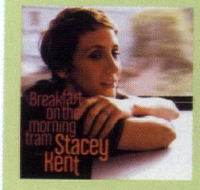
"Sure enough, at the end of my senior year, I was cast in the lead role in my school's workshop. At the end of that performance, the artistic director of the Carolina Ballet, Robert Weiss, came up to me and asked, 'Are you looking for a job?' I was like, 'Sure, I guess.' Three months later, fresh out of high school, I was in Raleigh."

Hagelin arrived in Raleigh in September 2005 and soon established a new relationship with his acoustic guitar. "I started writing music in a whole different way," he said. "I was doing acoustic music by myself, think-

DISCOLOGY

Stacey Kent, *Breakfast on the Morning Tram* (Blue Note/EMI)

Anyone who cops a buzz from a solid jazz vocalist will find this disc a treasure. Stacey Kent — an American based in England — is a veteran singer who had cut several albums prior to *Breakfast on the Morning Tram*, her Blue Note debut. This project is praiseworthy on several levels. First and foremost, Kent's voice is a thing of beauty. She sings with a vivid clarity that lends her voice a bell-like quality. Her phrasing is unfailingly musical, and her intimate handling of her material gives the listener the sense that Kent's singing to them instead of at them. Another remarkable facet of this disc is that novelist Kazuo Ishiguro wrote the lyrics for four of the songs, with music provided by Kent's husband-producer-saxophonist Jim Tomlinson. Ishiguro's lyrics are definitely distinctive; he assays subject matter that's quite uncommon in the jazz repertoire. On the song "I Wish I Could Go Traveling Again," Ishiguro celebrates travel and travel travails: "I want to be awakened by a faulty fire alarm / In an overpriced hotel devoid of charm / Then fall asleep again back in your arms." His song "So Romantic" is a very wry observation highlighting the abyss between pretentious romanticism and sincerity. These are definitely your post-modern jazz tunes. Best of all, Kent sings these songs and several more, including Stevie Nicks' "Landslide," Serge Gainsbourg's "Ces Petits Riens" and the samba gem "Samba Saravah." MM



ing about my lyrics more and more. I had a lot of time to myself for the first time in my life; all I had to do was go to work and come home at night. No homework or anything else. I started slowing down the tempo of my songs and playing open mics all over Raleigh."

Asked why he made the decision to focus on ballet, as opposed to music or acting, Hagelin replied, "I knew that acting and music would be there later, but ballet would not. In comparison to acting or music, the amount of hours I'd put in on dance was so unbelievable," he continued. "I'd been doing ballet since I was 10 years old, and I had to give that the last chance. It was the only option. I had missed all those afternoons after school when all the other kids were skateboarding; I'd missed all the time with my friends in order to go to ballet. I was getting out of school early to go to dance, and I was there from 11 a.m. until 9:30 p.m. six days a week.

"I had to ask myself: Is this something I love or something I've just been doing all this time? I had to commit myself to ballet."

Hagelin also noted that his decision to focus on ballet was a crucial career move.

"The most pivotal years for a male dancer are the late teens," he said. "That's also the hiring time. You're not going to get hired at 22 after being out of dance for four years. At the level of professional ballet that I dance, if you're going to college for ballet, the chances are way slim that you're going to be a professional. You need to come out strong right out of high school with your technique developed."

Hagelin pointed out that once he did pour all his attention and energy into ballet, he discovered, or, perhaps, rediscovered, his passion for it. In his previous everything-all-the-time mode, he was simply spread too thin to appreciate his love of dance. Once he was dancing professionally, his love of music was rekindled as well, and in this revival, he's discovering his voice as a songwriter.

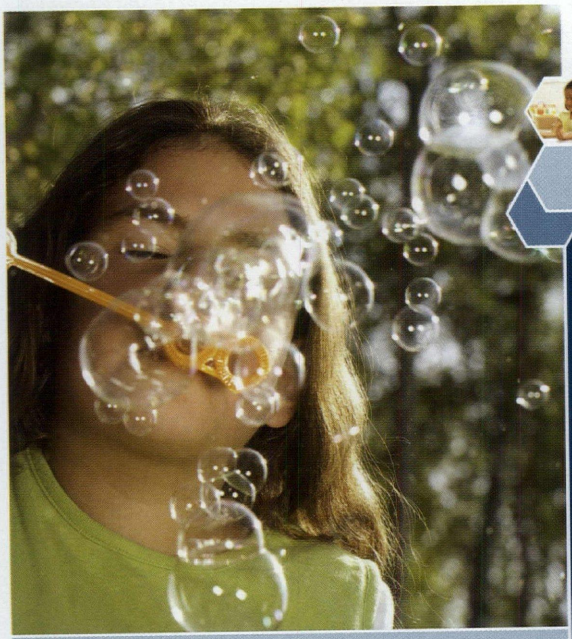
"I think that for the first time in my life I was drawing inspiration from life experience, as opposed to my iPod," he laughed. "I was in this grind of being on the subway, listening to music, loving other people's stuff and trying to create songs that sounded like them. Then all of a sudden I came to Raleigh and found myself in my apartment, newly emancipated from my parents.

"There was all this living to do, and all this beautiful Carolina sky to look at. I'd just never been with myself, so still and so calm, and out of that stillness came this creative blossoming. I never saw it coming, but once it began it continued, and I'm so grateful for it. I've fallen madly in love with my girlfriend, and I'm living with her, and that's an endless source of inspiration."

Asked why the switch to acoustic music, Hagelin explained that, "I think the acoustic guitar thing is partly because I'm playing with myself and without a raucously loud drummer, and partly because my roommate kicked a basketball at the neck of my 1967 Les Paul guitar and snapped the headstock off the thing. That left me with my acoustic guitar."

That's an ugly story about a choice electric guitar, but the outcome has been golden for Hagelin.

Get up with Hahelin at www.myspace.com/nickhagelinmusic, where you can hear his tunes. Also note that Hagelin will be appearing as the narrator in Carolina Ballet's production of *Peter and the Wolf* (Nov. 21-25). He will also be performing several roles in Carolina Ballet's celebrated holiday offering of *The Nutcracker* (Dec. 14-23). MM



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Henry Wurst Inc., headquartered in North Kansas City, MO — with additional locations in Apex, NC, Burlington, NC, and Denver, CO — celebrated its 70th anniversary September 20, 2007. To learn more about Henry Wurst Inc., visit www.henrywurst.com.

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Dina Requena, PhD, of IBM in Raleigh, was awarded The Professional Role Model Award by The Society of Hispanic Professional Engineers (SHPE) at the annual conference held Oct. 31-Nov. 4. The annual SHPE Technical Achievement Recognition (STAR) Awards recognize the year's highest level of Hispanic engineering.

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The North Carolina Museum of Art Foundation received a total of $3 million from The Andrew W. Mellon Foundation and The Ann and Jim Goodnight Fund for Curatorial and Conservation Research and Travel. The endowment funds conservators to take part in advanced training and curators for research on the permanent collection. Special projects, such as scholarly exhibitions and publications, professional presentations, new acquisitions and scientific collaborations will also receive monies. The Museum also received a $150,000 grant from the Henry Luce Foundation in New York to benefit reinstallation and reinterpretation of the Museum's American art collection and a 2007 Conservation Project Support Grant from the federal Institute of Museum and Library Services for textiles in the permanent collection.

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James Arthur Pope presented a $1 million check to Chip Anderson, Hospice of Wake County Board Member, and John Thoma, CEO, Hospice of Wake County, during a recent ceremonial ground-breaking event for a 20-bed inpatient hospice facility. The gift will help the nonprofit organization move forward with plans to build a free-standing hospice facility on a 9-acre site in Cary.

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The Triangle District Council of the Urban Land Institute announced a new slate of officers and executive committee members for its 2007-2008 fiscal year. John J. Healy Jr., principal of Hyde Street Holdings, LLC will head the group as chair; Jon E. Wilson, principal of Kimley Horn & Associates, will serve as assistant chair, leading ULI Triangle with an executive committee comprised of 27 other members, seven young leaders and seven advisory group members. The executive committee will be supported by 10 committees. ULI Triangle serves Eastern North Carolina, including the Research Triangle area of Raleigh, Durham, Cary and Chapel Hill. The District Council schedules educational programs, focusing on North Carolina and national issues in the use of land and its relationship to community development. ULI Triangle grew to 470 members in its 2006-2007 fiscal year. Founded in 1936, ULI has more than 38,000 members worldwide, representing the spectrum of land use and real estate development discipline in private enterprise and public service. For more information, go to www.triangle.uli.org.

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Former UNC faculty members Charles and Shirley Weiss of Chapel Hill have donated $50,000 to The Chamber Orchestra of the Triangle for The Charles and Shirley Weiss Young Soloists Endowment to establish a $100,000 endowment to ensure cultivation of emerging, young international soloists to participate with the orchestra while continuing their musical careers. For more information on the Orchestra, contact David Lindquist at 919-942-3179 or go to www.chamberorchestraofthetriangle.org.

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The American Institute of Architects, AIA, Triangle Section has dedicated a 450 SF Wheelchair Storage Building for the Tammy Lynn Center in Raleigh on Oct. 24. AIA worked on the project for more than two years, designing the building, raising the funds and overseeing the construction. Clancy & Theys Construction Company was the general contractor. The Tammy Lynn Center provides care for clients with developmental disabilities and provides a home-based respite care center. The storage building was requested to repair, customize and store wheelchairs for the children at the Center.

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North Carolina was selected as the first test market for a new collection of premium wine varietals by chef, restaurateur and television personality Lorena Garcia. The light, mildly fruity wine is marketed under the Lorena Garcia brand and distributed by California winery Baywood Cellars. It is currently available for purchase at Amra's and Sullivan's Steakhouse in downtown Raleigh, The Fresh Market in Cameron Village, and Whole Foods Markets throughout the Triangle.

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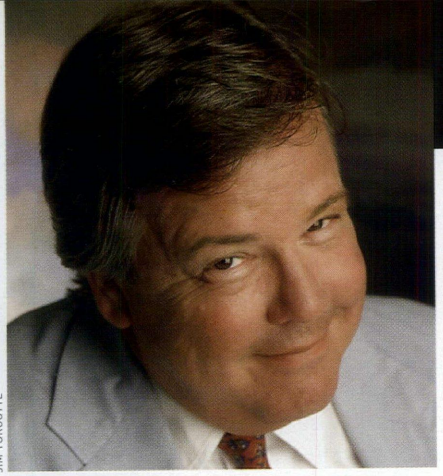
NC State University Board of Trustees has named the conference room in Peele Hall on the University campus for Art Padilla, a professor in the School of Management, who was instrumental in establishing the Park Scholarship program at the school. Padilla, an author of management books and an expert on executive leadership, was formerly a vice president in the UNC system.

My Usual Charming Self

by Bernie Reeves



JIM TURCOTTE

SPIES CREATE FAR BETTER WORLD

A visit to CIA is oddly calming. Entering from the outside world, you leave the incessant cacophony of the voracious media that can't bear dead air, requiring every nanosecond to be laden with doom about the state of the world. Yet, things are perhaps as good as they have ever been in human existence, as reported in *The Wall Street Journal* recently by columnist Stephen Moore, recounting the results of the State of the Future report released by the United Nations. It turns out things are better by every measure: Worldwide illiteracy is down from one-half to 18 percent. The human life-span is 50 percent longer than 30 years ago and more people today live in free countries than ever before. Capitalism and free trade are the engines for this progress — and the results will continue to improve with world poverty estimated to be cut in half between 2000 and 2015. And my favorite: the delusional Paul Ehrlich and his seminal and totally inaccurate 1968 book, *The Population Bomb* — that predicted the US would be out of food, water and fossil fuels by the year 2000 due to overpopulation — is again refuted entirely. The UN report predicts that births worldwide will stabilize in mid-century and then fall.

The CIA should receive the credit for this global good news. By staring down the repressive Soviet regime — and its efforts to spread its doctrine around the world — the irrefutable reality is that the US and the CIA won the Cold War, creating the happy results that the State of the Future looks rosier than ever before in human history.

But, typically, in our stoked-up political and media environment, reality is ignored. The CIA remains the villain in the political passion play, vilified by the New Left in the 1960s with little respite since. ***Legacy of Ashes***, the recent book by Tim Weiner of *The New York Times*, typifies the unrelenting effort of the faux intellectual class in this country to keep the train of history running their way. Weiner's message — that the CIA has done nothing meaningful since its inception in 1947 — and has actually harmed America and its image abroad, is simultaneously ridiculous and scurrilous. Of course the Agency has committed some colossal mistakes, but certainly it has achieved many worthy goals, and in the end scored perhaps the greatest victory of modern times.

The problem with Weiner and his ilk is their reliance on broad brushstrokes of doctrinal definitions of history. Intelligence agencies perform thousands of small tasks to fulfill their mandates. While critics of spy agencies point to large scandals and defeats, they miss the essential point: spy agencies can't divulge what they do or they compromise their mission. CIA officers are rarely recognized for achievements when they are alive, and posthumous recognition is either decades in coming — or not at all. They go about their business knowing only a very few will ever know what they do.

Inside the "old" building at CIA, quite ordinary people scurry about, actually thousands of them, willing to work for their country under a giant politically negative cloud that can spit lightning at any moment. As you walk in the foyer over the Agency seal, on the left and right are memorial tablets with stars representing those who died for their country while performing heroic service that not even their families are allowed to know. Some of the stars have names alongside; most do not. Once through the security turnstiles and up a wide slowly rising staircase, the marble-white corridors take visitors to the room set aside for private CIA ceremonies.

This particular day, the Agency bestowed the Distinguished Service Intelligence Medal to Brian Kelley for his success in the 1990s in tracking down an important Soviet "illegal" in Europe who had eluded the CIA for over 20 years. Of course, no names or details were offered.

But the extra drama at this particular ceremony was the apology to Kelley from the CIA — including the deputy director, the chief of counterintelligence and the former head of the National Counterintelligence Executive — for the horrendous ordeal he suffered at the hands of the FBI. The Bureau became convinced in 1999 that Kelley was the "mole" they knew was working inside CIA for the Soviets.

Somewhat in league with CIA administrators, FBI agents entered CIA's Langley headquarters and informed Kelley he was suspected of being a Soviet spy. They confiscated his credentials and badges and escorted him out of the building in disgrace. Kelley spent the next three years in a nightmarish limbo. He was placed under 24-hour surveillance while FBI operatives sought evidence to prove their theory that Kelley was their mole. FBI agents threatened Kelley's colleagues and family, even interrogating his aging and ailing mother in a rest home, berating her that her son was a traitor.

It's impossible to know Kelley's anguish. Stripped of his career, his dignity and his reputation, he wandered in a maze of resentment and fear, even afraid he could not seek legal representation. He was sworn to secrecy in his job, so how could he divulge his situation to an attorney? One day in frustration, knowing it was a fruitless task, he turned to the Yellow Pages and noticed the name of a lawyer he recognized — James Woolsey, a former director of CIA. Kelley called Woolsey, an attorney was retained but not until the FBI arrested Robert Hanssen did the ordeal end.

Kelley was asked why he didn't sue the FBI and CIA for their mistake. His answer was simple. He did not want to harm the Agency because he believed in its mission. And we should all be thankful that heroes like Kelley ignore the attacks on the CIA — and keep on working to keep us free.

NOTES FROM LA-LA LAND

In the same week, another great figure of 20th century espionage was honored, **Oleg Gordievsky**, the KGB colonel who became a double agent working for the British in 1968. He was caught by the Soviets in 1984 but escaped back to the UK where, in 1990, he and Cambridge scholar Chris Andrew co-wrote the seminal book *KGB: The Inside Story*, recounting KGB activities against the West. For his contributions, Gordievsky was awarded the CMG (Companion of the Order of St. Michael and St. George) at Buckingham Palace, the first time a foreign double agent has been honored.

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Then there is the story of **Tennent "Pete" Bagley**, the former chief of Soviet counterintelligence for CIA. Instead of being honored for his contributions, the retired intelligence officer was insulted last July when a talk he was scheduled to deliver at Langley about his new book was abruptly canceled. Bagley "handled" the KGB defector Yuri Nosenko who came across to the West in 1964 and set off an internal dispute within CIA that simmers today. Bagley is the keynote speaker for the 5th Annual Raleigh International Spy Conference set for March 26-28, 2008, at the NC Museum of History. Go to www.raleighspyconference.com or to www.metronc.com to learn more about Bagley, Nosenko and to register for the conference. MM

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