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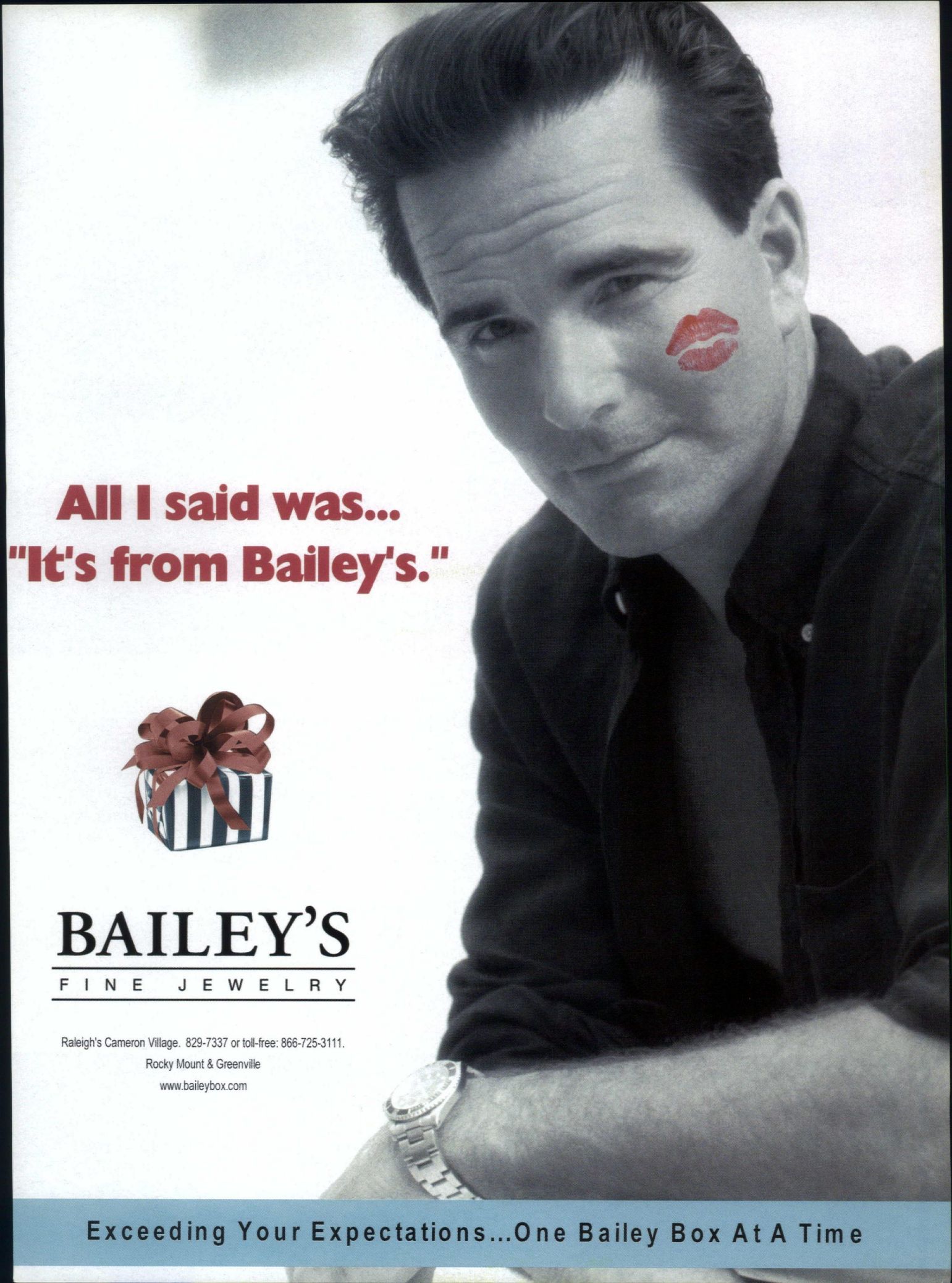
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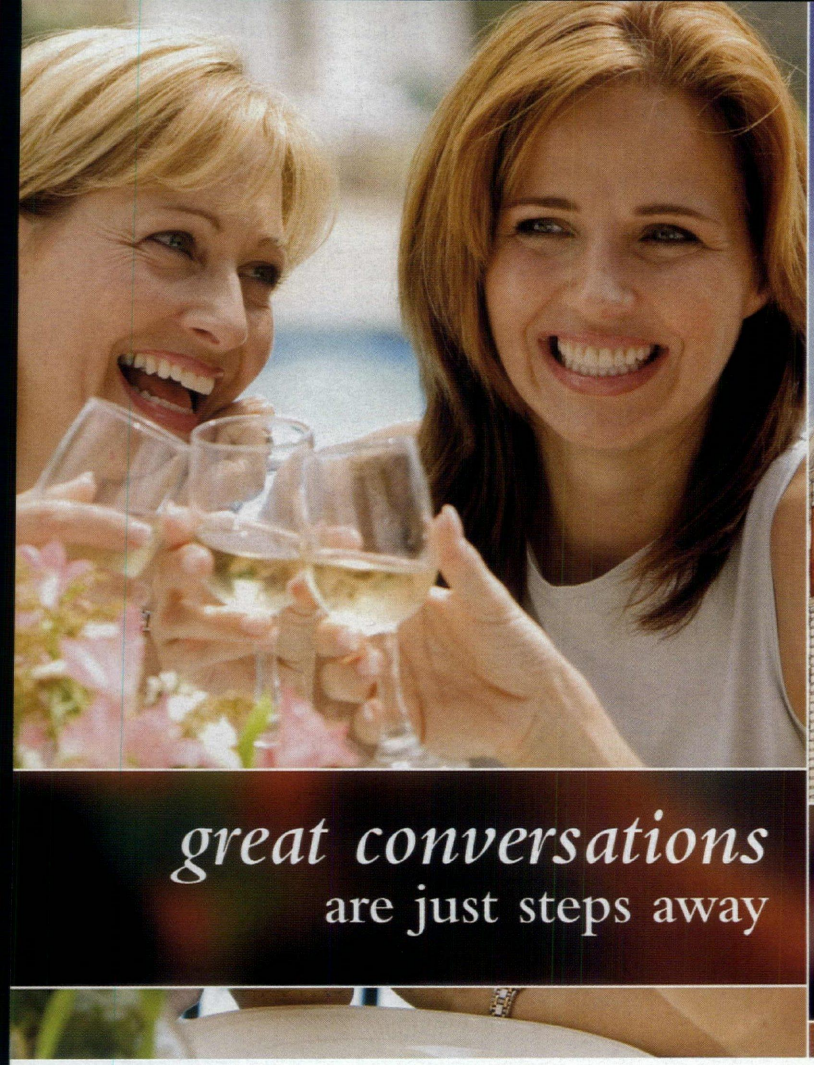

*great conversations*
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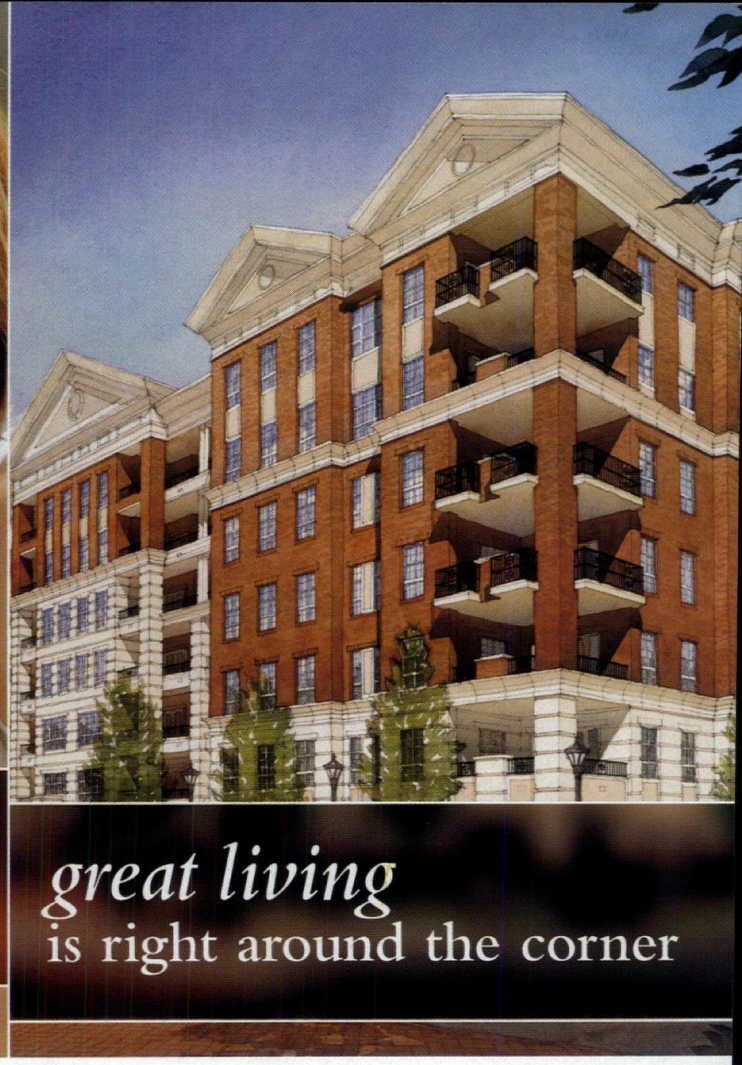

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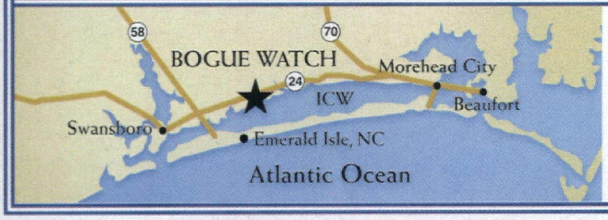


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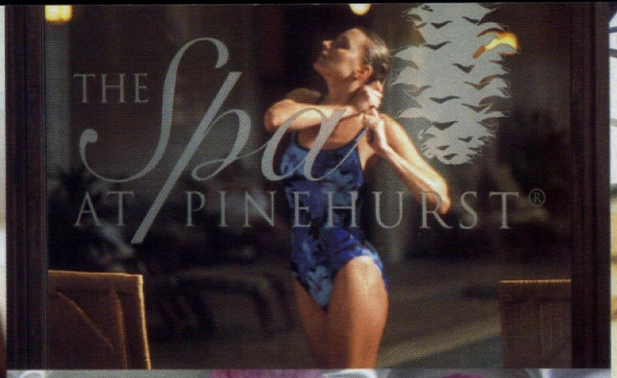


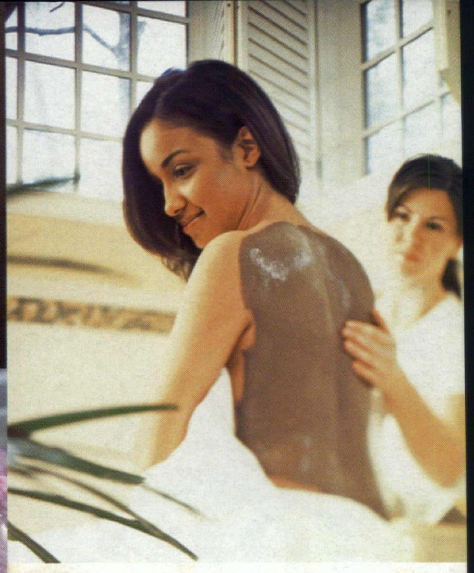

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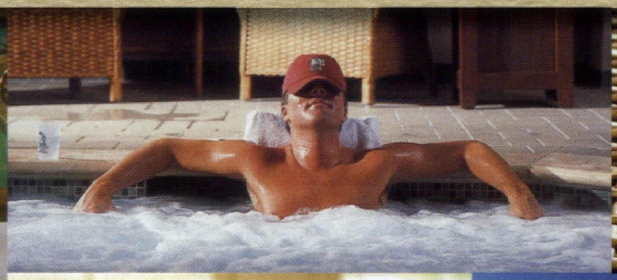
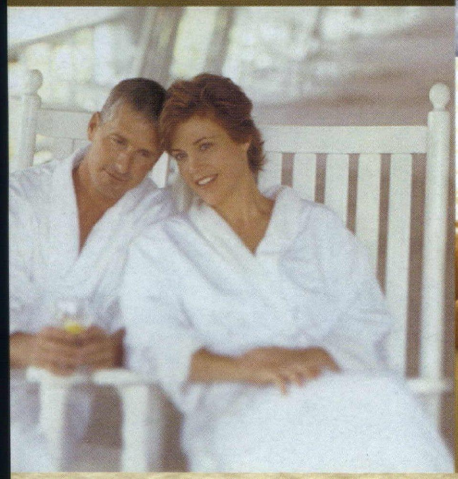
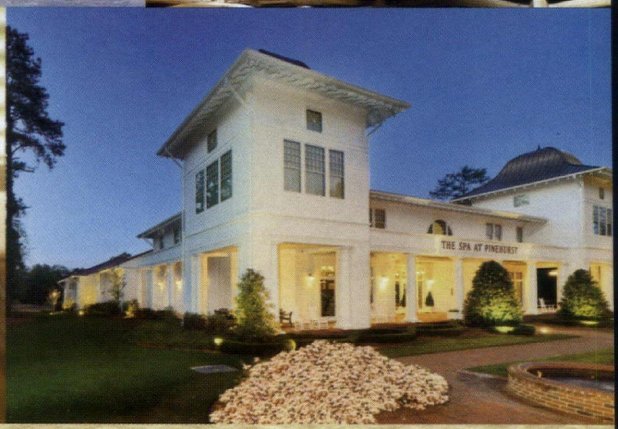
*others just make an appointment.*





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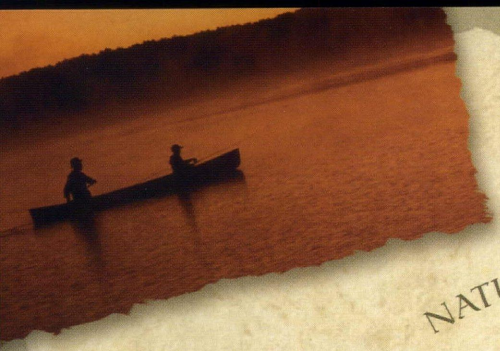

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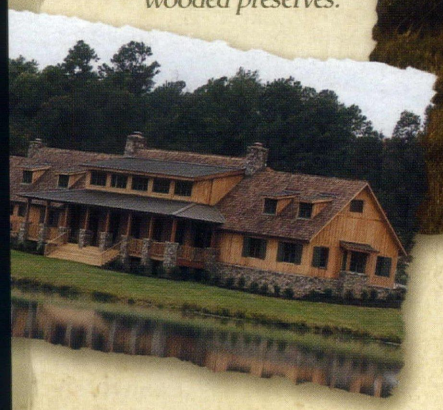

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## AN ISSUE TO REMEMBER

I'll never forget learning, while researching for the launch of *Triangle Business Journal* in 1984, that 90 percent of businesses in the US do less than $1 million in sales. The mass media focus on big business obscures the reality that small business is the business of America. And that point is dramatically obvious in the homebuilding industry. In this issue, *Metro* launches a new special section on real estate in the region — ably written by Patricia Staino — that includes an illustration by artist Cullum Rogers demonstrating that homebuilding and the real estate industry make America — and the Triangle — go around.

The balloting is over and the tallies are in announcing the winners of *Metro's* 2007 MetroBravo! "best of" reader poll. It's a wild and crazy time as thousands of ballots flow in by snail-mail and online voting. Security is tight and the results closely guarded, until now. See if your favorites won and hold on until next month for Part 2.

And mark your calendars for the first MetroBravo! gala Thursday evening, Sept. 27, at the Koka Booth Amphitheatre where you can meet the winners, visit their booths and hear some great music. Corporate tables are available, so call Katie Poole to reserve a booth or a table or to find out how to purchase tickets. This is going to be fun. You can check online later for updates: www.metronc.com.

You are going to love meeting Robert Hinton. He grew up black in Raleigh's projects but went on to a PhD at Yale and is now head of the Africana Studies program at New York University. Robert maintains that he had no intention of visiting or caring about Raleigh ever again — until a strange series of events found him a star in the marvelous new documentary *Moving Midway* — written and directed by Raleigh's Godfrey Cheshire — that tells the story of the plantation near Knightdale where Robert's ancestors lived as slaves. Robert's unique perspective on Raleigh, race relations and life in general will serve as a revelation to many and a good read for all. For more on the movie, go to www.movingmidway.com and look for the release in theaters this fall.

We don't generally cover cemeteries, but peaceful and beautiful Oakwood in downtown Raleigh is indeed a special place. Diane Lea toured the grounds and discovered haunting stories of love and loss in the midst of tombstones marking the final resting place of illustrious figures that cut a swathe through the history of the state and our capital city.

Summer really starts July 4th, the celebration of the birth of our nation. Arch T. Allen offers a review of who we are as English-speaking people, a tradition often forgotten in this age of globalization, multiculturalism and "press one" for Español. Art Taylor suggests the new book by Daniel Wallace and the final Harry Potter for beach reading; Jim Leutze spent his summer vacation in Tunisia with no Americans in sight; Louis St. Lewis headed for the beach and made a call in Wilmington on the heralded display of Tony award-winning costumes by North Carolina's own William Ivey Long; Carroll Leggett mourns the passing of a Tar Heel character and celebrates the best sausage to take to the beach; and Philip van Vleck catches up with Americana songwriter David Glenn Dyer.

On the way to the coast, Moreton Neal recommends you dine at Chef and the Farmer in Kinston; Barbara Ensrud suggests refreshing summer cocktails to get you in the "spirit" of summer; Katie Poole reminds men that dressing well for hot weather is easy if you stick to the classics; and *Metro's* Coastal section offers a full menu of summer activities and interesting stories — ranging from saving a famous "fish house" to the relocation of a historic lighthouse to Edenton. Of course Mary Ward Younger has compiled a long list of summer activities to keep you out and about in the warm Carolina air.

Avoid the summertime blues: Keep your *Metro* with you at all times!

—Bernie Reeves, Editor & Publisher

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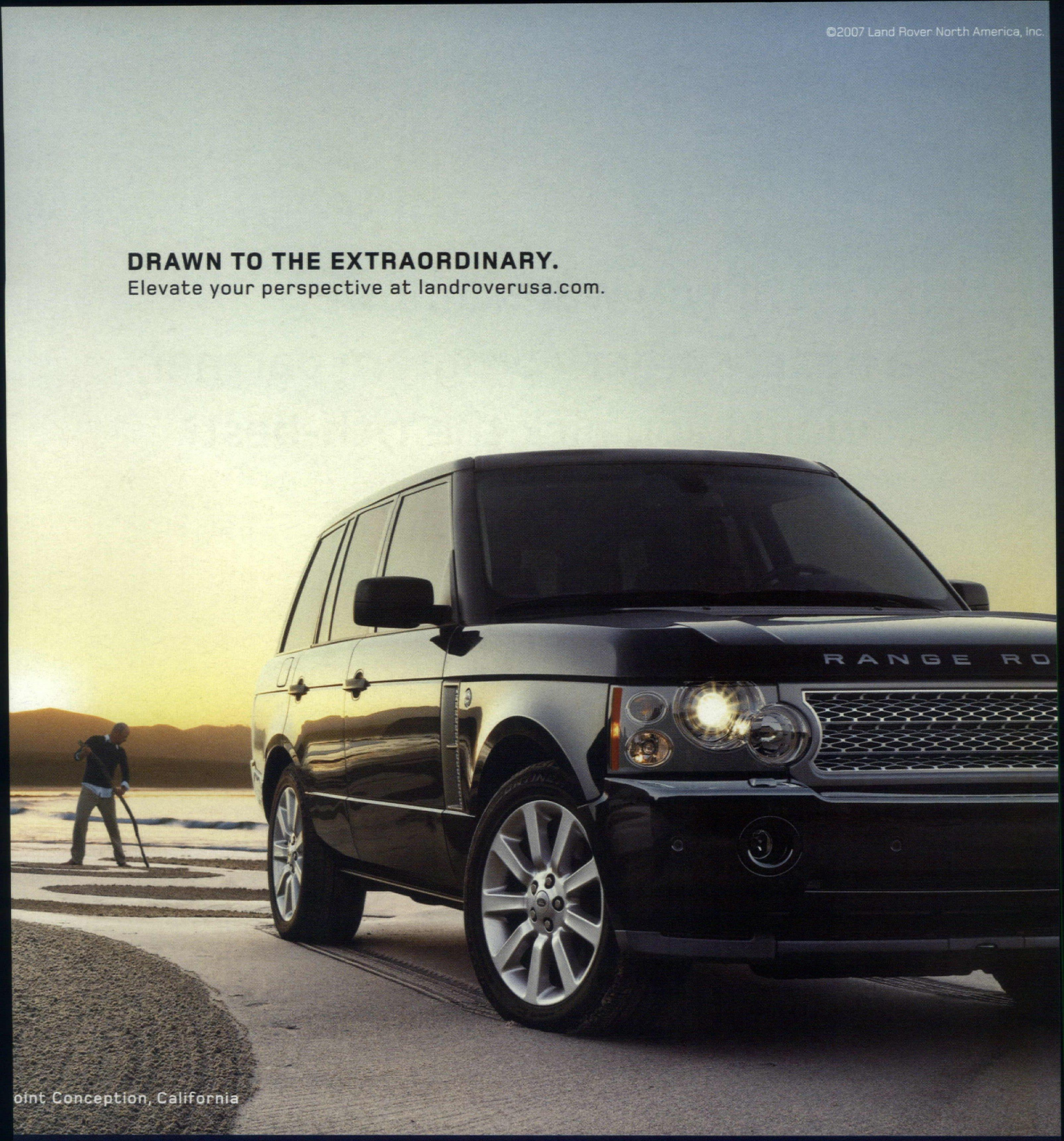


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# Correspondence

## GROWTH REQUIRES ENERGY CONSERVATION

Next time you're in a room full of people, take a look to the left and right. Then pause for a moment and consider that for every two North Carolinians you see today, within 25 years, there will be a third.

Between 2000 and 2030, North Carolina's population will increase by half, to more than 12 million people, making it the seventh most populous state in the country.

Not only are there more of us each year, but statistics also show our new homes are bigger than ever — and individually we're depending more and more on electricity to power our lives. That electricity must come from somewhere, and through the years that has meant increased production from power plants.

Meanwhile, our world has become much more aware of global climate issues and the factors that affect climate change, including the implications of growth for our environment.

Thus, in North Carolina, we find ourselves at an energy crossroads.

As a utility, Progress Energy Carolinas is committed to making sure electricity remains available, reliable and affordable and that it is produced in an environmentally sound manner. We believe we must move forward with a balanced solution to meeting future energy needs. That balance includes a strong commitment to energy efficiency, investments in renewables and emerging energy technologies, and investments in state-of-the art power plants — both current plants and those that might be needed in the future. We can't rely exclusively on one component or another. The balance is critical.

In late May, Progress Energy announced a goal of aggressively implementing energy-efficiency programs to double the 1000 megawatts currently being saved with existing programs. Over the next two years, we will put into effect new conservation and demand-side management programs. We will evaluate their effectiveness and participation rates to determine their viability in reducing electricity demand further.

Many of our customers are already participating in efficiency programs. Since 1980, our Carolinas customers have saved 16 billion kilowatt-hours of electricity, deferring the need for building new power plants. Additional reductions in future electricity demand growth through energy efficiency could push the need for new power plants farther into the future.

Related to this efficiency initiative, we've announced a commitment that we will not propose any new coal plants during this two-year evaluation period. And we have notified the Nuclear Regulatory Commission that if we move forward with plans for a new nuclear plant at the Harris site in Wake County (a decision that has not yet been made), the new facility would be online in 2018 or beyond, at least two years later than initial energy demand forecasts indicated.

Progress Energy is serious about this effort. We have set an ambitious goal —


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**Metro Magazine LLC**
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Raleigh, NC 27605
**Mailing address**
P.O. Box 6190, Raleigh, NC 27628
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We're not talking about a return to the Stone Age. Many real efficiency opportunities cost neither money nor convenience. Start with the low-hanging fruit: Replace incandescent bulbs with compact fluorescents, and turn off those lights, TVs, computers and other appliances when not in use. Keep your thermostat on the highest comfortable setting in summer and lowest in winter. Fix leaky ducts, windows and doorways. Go to our Web site, www.progress-energy.com, to learn more about the things you can do at little or no cost to use energy more wisely.

Our state will continue to grow. The same things that brought us and our families here are bringing others every day. How we meet the needs of that growth a decade from now depends largely on whether North Carolina is truly ready to become a national leader on energy efficiency.

*Bob McGehee*
*Chairman & Chief Executive Officer*
*Progress Energy Carolinas*

**WHAT IF?**

As usual, the "My Usual Charming Self" column in the June *Metro* was 20/20 perfect vision. But there are some other issues important to me that have been neglected. Each begs the question — What would be the consequence?

1. If we pull out of the Middle East
2. If Iran ruled the Middle East
3. If we fail to enforce control of immigration
4. If we fail to make English the official national language
5. If Democrats gain the presidency
6. If we continue the exodus overseas of US manufacturing capability

As to politics, the American voter, at least as viewed via the media, appears to be caught up in emotional issues like abortion and same-sex marriage. These moral issues, no matter the outcome, will have little effect on the more consequential issues. Democrats harp on these issues to avoid taking positions on more important matters.

Keep up the good work. We look forward to every *Metro*.

*Judge Carr*
*Durham*

# Two More Reasons to *Talk to Tate*

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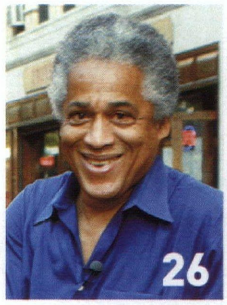


**Homeboy:**
Robert Hinton

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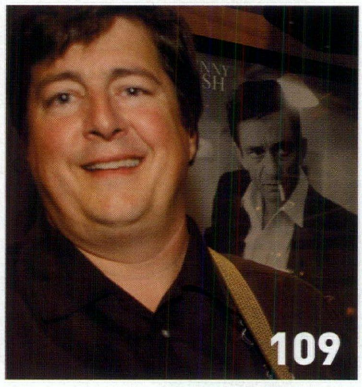


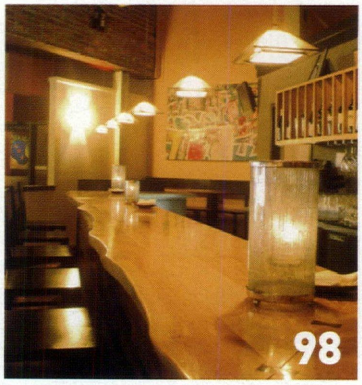



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# Now You Can Have it Like That

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# SECRETS OF STATE

## Montagnard Music: Vestige of a Vanishing Culture

As two dozen Montagnard musicians took their places before a standing-room-only crowd in Raleigh in early June, their traditional ribboned tunics and enormous instruments gleamed. Soon the room was overtaken with loud, ryhthmic music and dancing as the performers — refugees from Vietnam's Central Highlands — gave the crowd at Quail Ridge Books a glimpse into a vanishing culture.

The Montagnards are an indigenous people who fought alongside US Special Forces in the Vietnam War. Those remaining in the homeland are viciously persecuted by the Vietnamese government for their historic alliance with the US, their Christianity and their claim to ancestral lands. They are forbidden from playing their music or governing themselves, and their numbers are dwindling, from a high of 2 million to about 800,000 today.

"It's basically ethnic cleansing that's going on there right now," said Raleigh's Dr. Surry Roberts, an organizer of the event. Roberts served as a doctor with the US Army 5th Special Forces Group during the Vietnam War and came to know and respect the Montagnard people. Now retired from medicine — and virtually blind due to a rare disease — he serves as an adviser to the Montagnard community in Raleigh and is a major supporter of the Montagnard Human Rights Organization here.

He and several other former Special Forces soldiers in North Carolina were instrumental in helping to gain political refugee status for the Montagnards and bringing them to the state in the late

COURTESY TULSA WORLD AND TRIBUNE MEDIA SERVICES

Pulitzer Prize-winning cartoonist Doug Marlette understands all too well the crimes of academic and literary lynch mobs like the Duke 88. He experienced an organized campaign to block publication of his first novel *The Bridge* (2001) by a cadre of activists in Hillsborough and Chapel Hill. Marlette's latest, *Magic Time*, tells the story of a Mississippi writer drawn home from New York City when a case from the 1960's civil rights era resurfaces. Marlette's political cartoons can be accessed at www.dougmarlette.com. Marlette also draws the cartoon strip Kudzu.

THE BLUE RIDGE MOUNTAINS
ARE HOME TO A NEW
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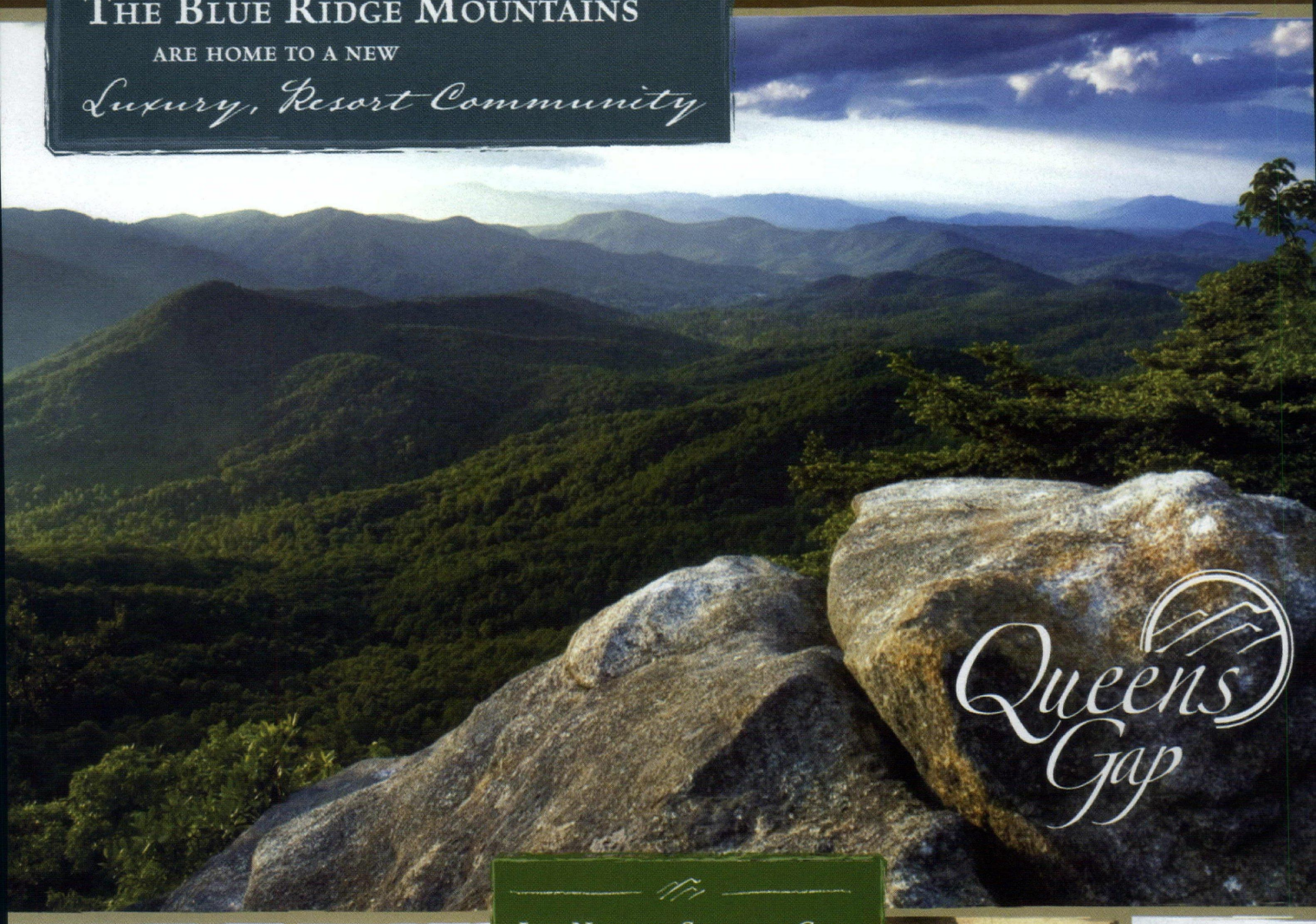


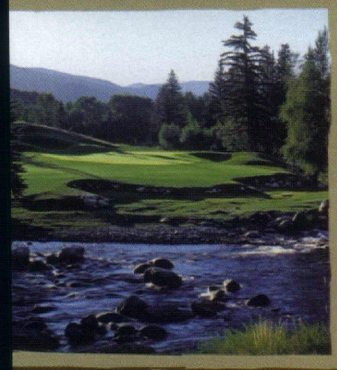

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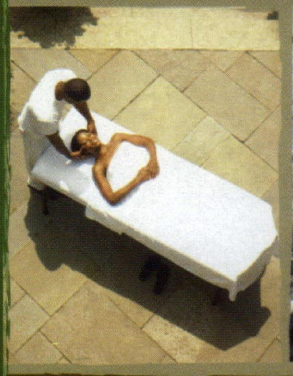

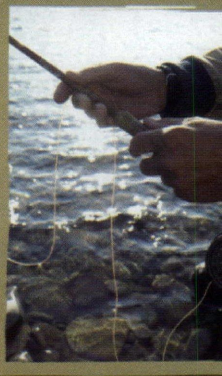

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1980s. Today, North Carolina's Montagnard population tops 6000, more than live anywhere outside their homeland. Many of them risked their lives to get here, leaving home in the dark of night, walking through the jungle to Cambodia with limited resources and ultimately seeking visas to the US.

While some of the Montagnard music is loud — cacophonous, actually, involving the clanging of as many as 15 brass gongs dangled from arm-thick bamboo poles — other pieces are quiet and considered. Y Pritnie, an 84-year-old refugee who spent a decade as a political prisoner in a Hanoi jail, stole the show with his poignant "song of homesickness" played on a primitive flute. With impeccable posture and a dapper mien, Pritnie's dignity was uncompromised by the rustle of bookstore purchases or the ring of an errant cell phone.

Carol Dukes, a teacher of English as a Second Language at Broughton High School, was in the audience to support her students, two of whom performed with the group. She currently teaches 15 Montagnards and knows a handful of their community's adult men who work as custodians at the school.

"Every year, I ask my students what they like best about America," she said. "The Montagnards always say the same thing: freedom of religion."

Soon they will have a place of their own to worship: Roberts is part of a group planning to build the Montagnards a church on Poole Road in Raleigh later in the year. He hopes the group's music will perform an instrumental role in raising funds for its construction. MM

—Liza Roberts

## Wounded Warriors

Members of the President's Commission on Care for America's Returning Wounded Warriors held brief media appearances June 19 following their day tour of Fort Bragg and Camp Lejeune. Since mid-April, the Commission has traveled to more than a dozen military and VA facilities to hear firsthand how injured and wounded service members are navigating the healthcare system. The visit was arranged to provide Commissioners with a look at the types of programs and services available for servicemen and women recovering from wounds and injures and how they transition back to active duty service or civilian life. The nine-member Commission was established by President Bush to "conduct a comprehensive review of the care America is providing our wounded servicemen and women returning from the battlefield." For more information, go to www.pccww.gov. MM

## Long Lost Document Returns To Raleigh

North Carolina's original copy of the Bill of Rights of the Constitution of the United States was stolen by Federal forces from the State Capitol in 1865 and recently recovered in an undercover operation in 2003 (go to the *Metro Magazine* Web site and click archives for the full story online at www.metronc.com). The famous and well-traveled document will be on display at the North Carolina Mus-


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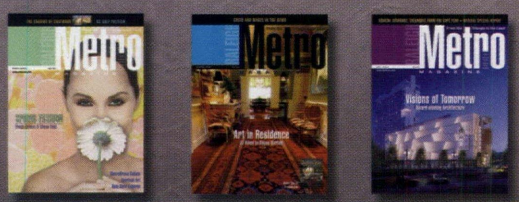

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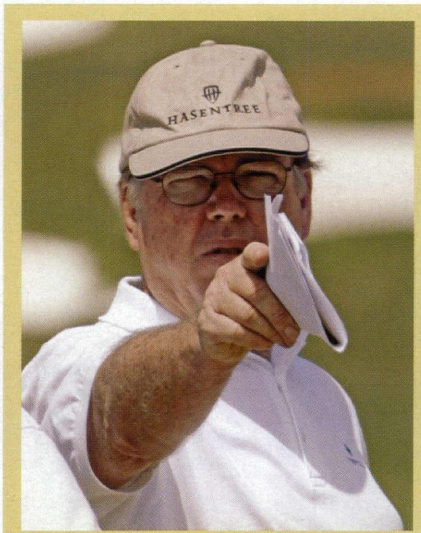



**Renowned golf course architect** Tom Fazio met with the golf press in June to introduce his new course set to open in the fall at the posh and environmentally engineered Hasentree community near Wakefield in Northern Wake County. Said Fazio: "Who wouldn't want to live in North Carolina, and especially here in the Research Triangle area?"

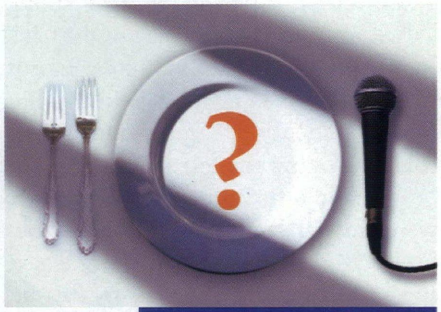
eum of History in Raleigh Sept. 17-23 as part of "Liberty and Freedom: North Carolina's Tour of the Bill of Rights," a statewide traveling display that runs through the fall, featuring speakers who discuss the exhibition and a particular amendment.

The fragile document, made of parchment and measuring approximately 31 3/8 inches by 26 1/2 inches, was conserved and framed after its recovery in 2003. Signatures on the North Carolina copy include Frederick Augustus Muhlenberg as speaker of the House of Representatives and John Adams as US vice president and president of the Senate. The document also has the signatures of John Beckley, clerk of the House of Representatives and Samuel A. Otis, secretary of the Senate. MM

### Broughton Band Marching For The Roses

Raleigh's Needham B. Broughton High School Marching Band has been invited to perform in the 119th Tournament of Roses Parade in Pasadena, CA, New Year's Day 2008. The band, the first from Raleigh to participate in the parade, will march five miles in front of one million spectators and a television audience of 400 million. The 185 band members and their friends and supporters need to raise $400,000 for travel expenses, trucking charges and band equipment.

Checks are payable to Broughton Band Boosters, Inc. Please mail to: Jeffrey Richardson, Broughton High School, 723 St. Mary's St., Raleigh, NC 27605. MM

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# HOMEBOY

*Raleigh-born Robert Hinton grew up black in Raleigh's "projects." Today, he teaches Africana Studies at New York University. In 2003, he was drawn back to his early life in Raleigh after he met New York City-based film critic Godfrey Cheshire. Cheshire contacted Hinton in response to a letter Hinton wrote to* The New York Times *about Southern blacks moving from the plantation to the farm. Cheshire, also from Raleigh — but from the white affluent suburbs — was intrigued that Hinton's name was the same as his mother's maiden name — and the family name of the owners of Midway Plantation near Knightdale, NC, where Hinton's ancestors worked as slaves.*

*Cheshire informed Hinton that the owner of Midway — Cheshire's cousin Charlie Silver — was planning to move the house. What happened next is now the highly acclaimed documentary film* Moving Midway *(www.movingmidway.com).*

*In this special personal essay, Hinton remembers Raleigh from a unique perspective: Southeast by Northwest.*

I was 12 years old when the Supreme Court handed down the decision in *Brown v. Board of Education*. Once I accepted the fact that it was not a joke, I began to question my life and my circumstances. I became obsessed with the question: "Why did God choose me to be a colored boy in North Carolina?"

It was "revealed" to me that I was actually an Ethiopian prince and that I had been sent to North Carolina to make sure that I would be tough enough to be king. I began to prepare myself for my responsibilities.

When I was growing up, each Sunday *The News & Observer* ran a drawing and floor plan for a new house. Living in the projects, one of my most sustaining fantasies was that somehow, someday, my father would pull it together and build us a house. By my junior year, I had decided to become an architect so I could build my own.

In 1958, when I was a junior at Ligon, the "colored" high school, I caddied at Carolina Country Club. I had two regular clients who always played together. I was going through a religious crisis that led me to read everything I could find about religion in the Richard B. Harrison Library — Raleigh's "colored" library. I decided that one of my regulars was Jewish and the other Greek Orthodox. They stuck in my mind because they were the only white people I knew who didn't seem to notice that I was "colored."

I must have told the men that I wanted to be an architect. The "Jewish" guy informed me that he was the dean of the School of Design at NC State. He told me to come out to see him so that we could talk about my future. At that point in my life I didn't know about making appointments, so I just showed up one day, but he was out of town.

The dean's receptionist gave me a copy of the catalog and all the application materials. The catalog listed the courses students needed to take in high school to qualify for admission to the School of Design. I was on track to meet all the requirements, but I needed a one-semester course in Solid Geometry and Trigonometry. I signed up for the course in the fall of my senior year, but I was the only student and it was not offered. I thought this was the end of my dream. About this time, we got kicked out of the projects, my family fell apart and college became a moot question.

## Old White Guys In Golf Shoes

One day at Carolina Country Club, I was caddying for two of a foursome. One of my golfers made a reasonably good drive from the 10th tee. He asked my advice on the club to use to reach the green but rejected my recommendation and proceeded to drive his ball deep into a clump of woods to the right. As soon as he saw where the ball was headed, he cursed and flung his club across the fairway. There was a thunderous five seconds of silence before he noticed that I was still standing a respectful distance behind him.

"Go get it," he said.

"Shheee," I replied. "You threw it. You go get it."

He called me names and said that he would see to it that I never caddied at the county club again. I informed him that I had been fired from better places.

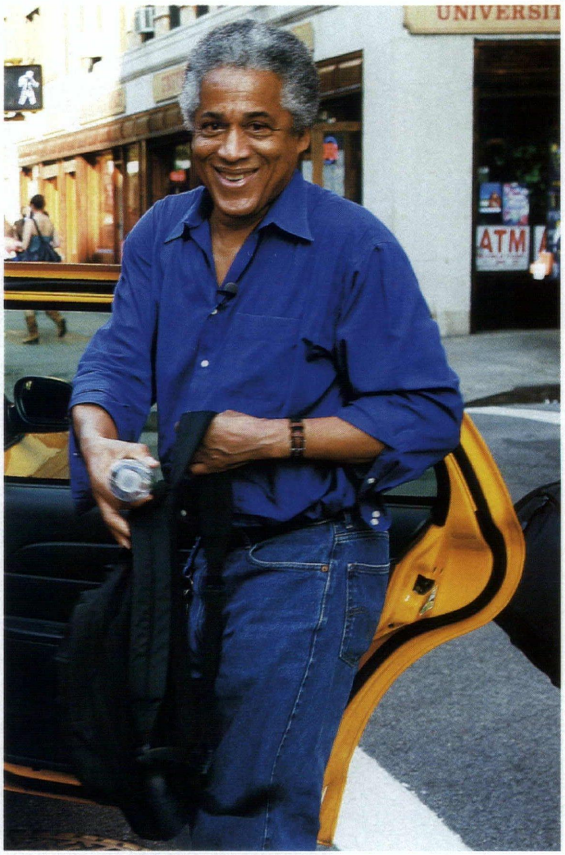
The instant the club left his hand I knew how the whole scenario would play itself out. I knew what he had to do as a "white" man in front of his friends. And I knew what I had to do as a young "black" man in the early days of the Civil Rights Movement. My only concern was that the four men might get violent. But I was confident that I could outrun four "old white guys" in golf shoes.

Much to my surprise, the other golfers were embarrassed by their friend's behavior. My other client paid me and gave me a generous tip. This was my first indication that even Southern white folk were more complicated than I had been led to believe. As soon as I graduated from high school in 1959, I joined the

Army to get out of North Carolina. I planned never to return.

I was reminded of my experiences at Carolina Country Club a couple of years ago when Katie and Bernie Reeves invited me to their home — on the golf course — for bourbon and vigorous debate. (Bernie is almost as charming as he thinks he is).

I met Bernie and Katie after I was contacted by Godfrey Cheshire, who worked with Bernie at the old *Spectator*. Now the film critic for *The Independent*, Cheshire asked me to work with him on a documentary film about Midway Plantation near Knightdale where his great-grandfather, David Hinton, was the last slave master of my father's family, and where my grandfather, Dempsey, was born — a slave — about 1860. The film, *Moving Midway*, had its world premiere at the 2007 Full Frame Documentary Film Festival April 14 and was well received.




## Southeast By Northwest

I grew up in the '40s and '50s, looking up at Raleigh from the Southeast. In the past three years, through Cheshire and his friends from the planter class, I have been re-introduced to Raleigh, looking down, from the Northwest.

I now approach Raleigh with a weird form of cultural and historical schizophrenia — and I mean schizophrenia in its clinical sense. My feelings about Raleigh are "inappropriate" and almost "delusional." I avoid all the people and places that are connected to my childhood, for reasons that have little to do with white folks and everything to do with the way I was treated by my family. You will have to buy my book, *Mingo Creek*, in a few years if you want the details. At the same time, I find myself unreasonably comfortable with the descendants of the people who enslaved my ancestors. I shouldn't care about these people, but I do.

But then again, I am psychologically predisposed toward an elitist, conservative way of looking at the world. I am as much of a male chauvinist as my wife and daughter will let me get away with. I am an arrogant cultural and intellectual snob. Even black people think I'm uppity. Had the post-bellum ruling class had the good sense to de-emphasize race and set up a truly meritocratic elite, as some old Whigs recommended, they could very easily have co-opted me. But my life experience in Jim Crow North Carolina did not allow me the degree of denial necessary to become an ideological conservative. Instead, in the 1960s, I became "an angry black militant." I returned to Raleigh, after the Army, with plans to start a revolution on the Algerian model. All white folks would be encouraged to go back to Europe. Luckily, my friends all laughed. One said, "Rabbit, you still crazy," and walked away.

## Angry Black Men

Over the years, I have mellowed into a secular Marxist with Surrealist tendencies. But I'm still angry. Any black man of my generation who is not angry is crazy. Colin Powell is angry. Clarence Thomas is angrier than Louis Farrakhan.

Among other things, I am angry that my family spent 150 years enriching the Hinton family because they were "white" and we were "black." I am angry that the Hintons haven't made very good use of the economic and social privileges that my family's labor created for them. One reason I enjoyed working with Cheshire was that he has made the most of the advantages into which he was born. His intellect and the quality of his cultural work appeal to the snob in me.

Some conservatives say that I shouldn't still be angry about things that happened so long ago. But, to misappropriate William Faulkner, slavery and segregation are not in the past. I live every day with the consequences of the narrow world in which I was forced to grow up. Slavery and segregation still affect both my mental and physical health. For example, I don't remember seeing a doctor until I was in the Army. Perhaps, if I had seen a doctor during my adolescence, I might not have to walk with a cane today.

Because of slavery and segregation, my father never learned to read or write. Because segregation isolated me from mainstream culture, I was 40 years old before I understood I was a strong candidate for graduate school. And at Yale University I learned that I could hold my own with the smartest people on the face of the earth.

I earned my doctorate at the age of 51. Slavery and segregation robbed me of at least 10, if not 20, years. I had to leave North Carolina to become myself. It makes me wonder how much brain power North Carolina is wasting today because the brains are in the wrong bodies. MM

Robert Hinton teaches Africana Studies in the Department of Social and Cultural Analysis at New York University. He lives in Williamsburg, Brooklyn with his wife, the artist and choreographer Annie Sailer. Their daughter, Phoebe, will be a member of the Class of 2011 at Yale College.

Presenting the Eighth Annual

# MetroBravo Awards

## Part I

The ballots are counted and the results are in for the 2007 MetroBravo! Awards and, as usual, there are some surprises, repeat winners and some new faces garnering your favor as the best in the region. We thank you for voting, and we marvel at your creativity in choosing this year's bumper crop of winners.

Following are the winners for several categories — restaurants, auto, people and places, media personalities, political leaders (including for the first time your picks for who will win the big races for governor and president), professional services, banks, realtors, buildings, sports figures (look for a big surprise in this category), music, books, golf courses, hotels — big new winner here — among other categories. Next month, we publish the winners in retail, home life, health care, tech life and other areas of reader interest. Study this issue, save it for future reference and get ready for more winners in August.

Be sure to congratulate the winners in person Thursday evening, Sept. 27, at the Koka Booth Amphitheatre in Cary at the first annual MetroBravo! gala. There will be music, food, personalities and a reserved area for corporate tables. You winners, be sure to call Katie Poole (919-831-0999) to reserve your booth or table.

— Bernie Reeves

# The Best of the Best

by Dan Reeves
with Vanessa Finnie and Mary Constangy

## FOOD AND DRINK

### RESTAURANT

**Standing Ovation**
Vivace, Raleigh

**MetroBravo**
Bloomsbury Bistro, Raleigh

**Honorable Mention**
The Angus Barn, Raleigh

### NEW RESTAURANT

**Standing Ovation**
South, Raleigh

**MetroBravo**
An, Cary

**Honorable Mention**
18 Seaboard, Raleigh

### ROMANTIC RESTAURANT

**Standing Ovation**
Second Empire Restaurant & Tavern, Raleigh

**18 Seaboard**
Southern dining in an upscale atmosphere has found a happy home at Chef Jason Smith's 18 Seaboard. Perfect for a special occasion or simply a pleasant dinner any night of the week, Smith's menu is down home and dazzling to the palate. Dine outside, at the bar or in the sleek, sophisticated dining room. 18 Seaboard is an American restaurant, with a heart that is all Carolina.

**MetroBravo**
The Fearrington House Restaurant, Pittsboro

**Honorable Mention**
Bloomsbury Bistro, Raleigh

### RESTAURANT FOR TAKE-OUT

**Standing Ovation**
Red Dragon Chinese Restaurant, Raleigh

**MetroBravo**
Pharaoh's American Grill, Raleigh

**Honorable Mention**
Neomonde Baking Company, Raleigh

### RESTAURANT FOR POWER LUNCH

**Standing Ovation**
Glenwood Grill, Raleigh

**MetroBravo**
Winston's Grille, Raleigh

**Honorable Mention**
115 Midtowne, Raleigh

### RESTAURANT FOR SPECIAL OCCASIONS

**Standing Ovation**
The Angus Barn, Raleigh

**MetroBravo**
Second Empire Restaurant & Tavern, Raleigh

**Honorable Mention**
Bloomsbury Bistro, Raleigh

### COASTAL RESTAURANT

**Standing Ovation**
Blue Moon Bistro, Beaufort

KINSLEY DEY

Vinnie's Waitstaff

KINSLEY DEY

Chef Fox

KINSLEY DEY

**MetroBravo**
Jerry's Food, Wine & Spirits, Wilmington

**Honorable Mention**
Beaufort Grocery Co., Beaufort

## OUTDOOR DINING

**Standing Ovation**
Mellow Mushroom, Triangle-wide

**MetroBravo**
Vivace, Raleigh

**Honorable Mention**
Winston's Grille, Raleigh

## DELI

**Standing Ovation**
Village Deli, Triangle-wide

**MetroBravo**
Jason's Deli, Triangle-wide

**Honorable Mention**
McAlister's Deli, Triangle-wide

## COFFEEHOUSE

**Standing Ovation**
Starbucks, Triangle-wide

**MetroBravo**
Third Place Coffeehouse, Raleigh

**Honorable Mention**
Caribou Coffee, Triangle-wide

## SPORTS BAR

**Standing Ovation**
Carolina Ale House, Triangle-wide

### Carolina Ale House

Few things taste better than ice-cold ale during the hot Carolina summers. Whether you prefer a pilsner or wheat beer, Hefeweizen or cider, when it comes to variety and originality, *Metro* readers voted Carolina Ale House as one of the best locations for beer lovers in the Triangle. This restaurant and sports bar has seven different locations with five in the Triangle area, offering classic American cuisine including sandwiches, burgers, salads and pastas. But no meal here would be complete without a selection from the extensive "beer lineup" from Carolina Ale House, offering more than 30 different draft beers including their own signature Ale House Summer Ale. And don't forget the selection of NC brands and over 40 different types of bottled beer.

**MetroBravo**
Fox and Hound Pub & Grille, Triangle-wide

**Honorable Mention**
Hi5, Raleigh

## PLACE WITH BEST COCKTAIL MENU

**Standing Ovation**
Sullivan's Steakhouse, Raleigh

**MetroBravo**
Vivace, Raleigh

**Honorable Mention**
Blue Martini Bar and Lounge, Raleigh

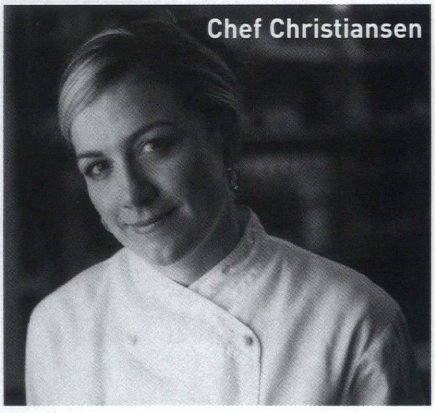
Bogart's American Grill, Raleigh

### LadyFingers

LadyFingers wins again! We can't honestly say we are surprised — for over 20 years Kathie Walton and her staff of professionals have been providing the absolute best in cuisine, service and quality to the Triangle. Stop by the storefront kitchen at the newly refurbished High Park Shopping Center for a quart of LadyFingers famous chicken salad or to plan your daughter's wedding reception. Either will be prepared perfectly.

## CATERER

**Standing Ovation**
LadyFingers Caterers, Raleigh


Chef Christiansen

**MetroBravo**
The Catering Company of Chapel Hill, Chapel Hill

**Honorable Mention**
Catering Works, Raleigh

## CHEF

**Standing Ovation**
Ashley Christiansen, Enoteca Vin, Raleigh

**MetroBravo**
John Toler, Bloomsbury Bistro, Raleigh

**Honorable Mention**
Graham Fox, The Fearrington House Restaurant, Pittsboro

Jason Smith, 18 Seaboard, Raleigh

## WAITSTAFF

**Standing Ovation**
Vinnie's Steakhouse and Tavern, Raleigh

**MetroBravo**
The Angus Barn, Raleigh

**Honorable Mention**
Bloomsbury Bistro, Raleigh

## FRENCH CUISINE

**Standing Ovation**
Saint-Jacques French Cuisine, Raleigh

**MetroBravo**
Bonne Soirée, Raleigh

### Casa Carbone Ristorante

Casa Carbone Ristorante is a hot spot for authentic Italian cuisine, perhaps because the owners are Italain. John and Jean Carbone partnered with their daughter Maria and her husband Michael House to create an authentic menu. Since opening in 1984, the restaurant has lured diners with classic Italian, vegetarian and fresh fish specials. Despite the arrival of dozens of new restaurants in the Triangle area, this traditional, family-run restaurant won your vote in the 2007 MetroBravo! balloting.

**Honorable Mention**
Vin Rouge, Durham

## ITALIAN CUISINE

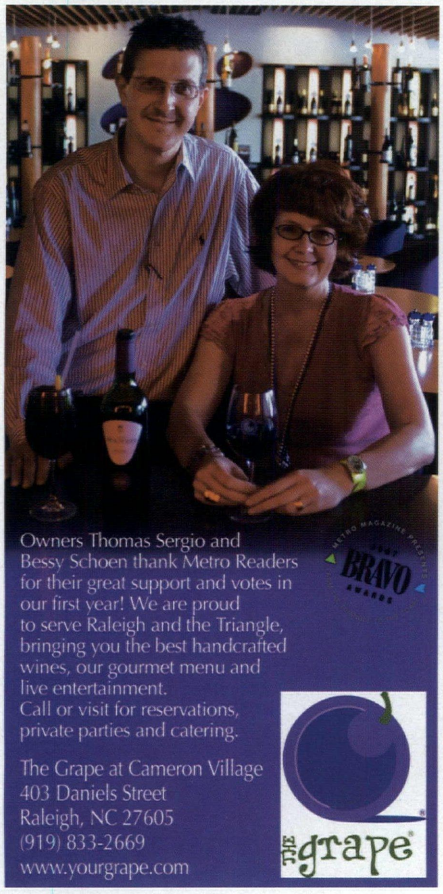
**Standing Ovation**
Vivace, Raleigh

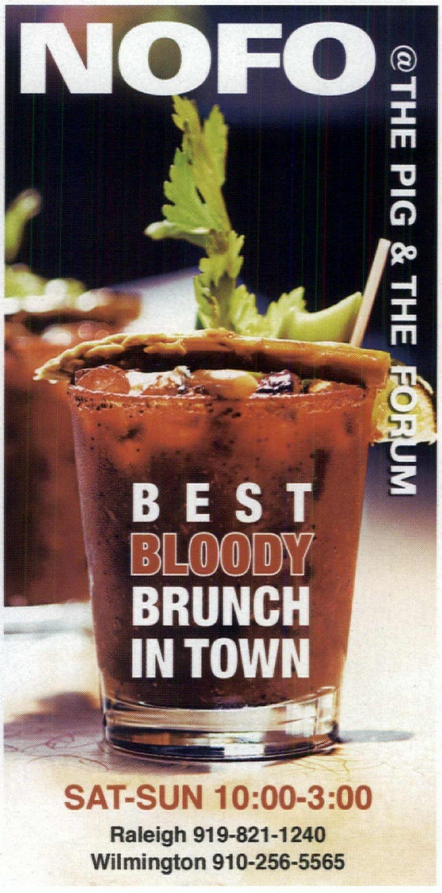
**MetroBravo**
Casa Carbone Ristorante, Raleigh

**Honorable Mention**
Bella Monica, Raleigh

Chef Toler

KINSLEY DEY

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## MEXICAN CUISINE

**Standing Ovation**
El Rodeo Mexican Restaurant, Triangle-wide

**MetroBravo**
Dos Taquitos Mexican Restaurant, Raleigh

**Honorable Mention**
Jibarra Modern Mexican Tequila Lounge, Raleigh

## CHINESE CUISINE

**Standing Ovation**
PF Chang's China Bistro, Triangle-wide

**MetroBravo**
Red Dragon Chinese Restaurant, Raleigh

**Honorable Mention**
Neo-China Restaurant, Triangle-wide

## TAPAS/SMALL PLATES

**Standing Ovation**
The Red Room Tapas Lounge, Raleigh

**MetroBravo**
Humble Pie, Raleigh

**Honorable Mention**
Zely & Ritz Tapas Restaurant and Wine Bar, Raleigh

## SUSHI

**Standing Ovation**
Waraji Japanese Restaurant, Raleigh

Sushi Blues Café, Raleigh

**MetroBravo**
Sushi-Thai, Raleigh

**Honorable Mention**
Mura Japanese Restaurant, Raleigh

## APPETIZERS

**Standing Ovation**
Vinnie's Steakhouse and Tavern, Raleigh

**MetroBravo**
The Raleigh Times Bar, Raleigh

**Honorable Mention**
Lantern, Chapel Hill

## BARBECUE/RIBS

**Standing Ovation**
Red Hot & Blue, Cary and Raleigh

**MetroBravo**
Smithfield's Chicken 'n Bar-B-Q, Triangle-wide and Wilmington

**Honorable Mention**
The Q Shack, Raleigh

## HOT DOG

**Standing Ovation**
Snoopy's Hot Dogs, Raleigh

**MetroBravo**
Pharaoh's American Grill, Raleigh

**Honorable Mention**
The Roast Grill, Raleigh


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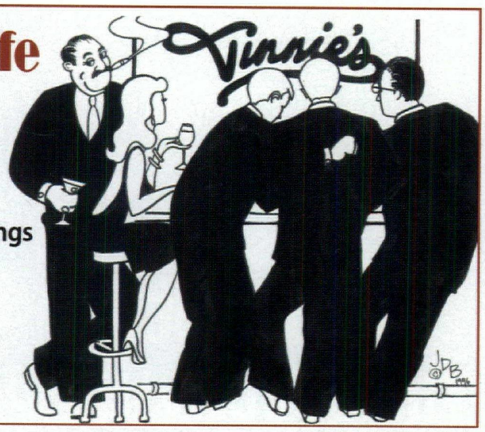



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## HAMBURGER

**Standing Ovation**
Char-Grill, Raleigh

**MetroBravo**
Five Guys Famous Burgers and Fries, Raleigh

**Honorable Mention**
Pharaoh's American Grill, Raleigh

## FRENCH FRIES

**Standing Ovation**
McDonald's, Triangle-wide

**MetroBravo**
Five Guys Famous Burgers and Fries, Raleigh

**Honorable Mention**
Bojangles' Famous Chicken 'n Biscuits, Triangle-wide

## BISCUITS

**Standing Ovation**
Bojangles' Famous Chicken 'n Biscuits, Triangle-wide

**MetroBravo**
Biscuitville, Triangle-wide

**Honorable Mention**
Sunrise Biscuit Kitchen, Chapel Hill


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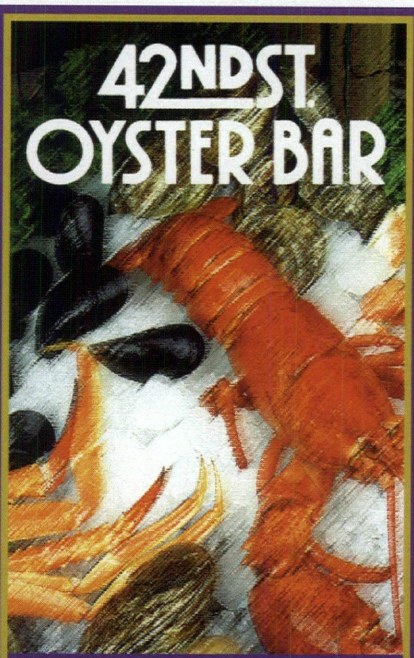

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## PIZZA
**Standing Ovation**
Capital Creations Gourmet Pizza, Raleigh

**MetroBravo**
Lilly's Pizza, Raleigh

**Honorable Mention**
Mellow Mushroom, Triangle-wide

## STEAKS
**Standing Ovation**
The Angus Barn, Raleigh

**MetroBravo**
Sullivan's Steakhouse, Raleigh

**Honorable Mention**
Ruth's Chris, Cary

### Jerry's Food, Wine and Spirits
*Metro* readers who head for Wrightsville Beach each summer seek out the fine coastal dining at Jerry's Food, Wine and Spirits. Executive Chef Jason Godwin and Sous-Chef Steven Powell have teamed up to create a menu that keeps Jerry's hopping. Offering dishes from lobster tail to scallops to Chateaubriand, Jerry's is a winner.

## SEAFOOD
**Standing Ovation**
42nd Street Oyster Bar, Raleigh

**MetroBravo**
Squid's, Chapel Hill

**Honorable Mention**
Fins Restaurant, Raleigh

## OYSTERS
**Standing Ovation**
42nd Street Oyster Bar, Raleigh

**MetroBravo**
Nelson's Restaurant, Raleigh

**Honorable Mention**
Sunny Side Oyster Bar, Williamston

## DESSERT
**Standing Ovation**
Hayes Barton Dessertery & Café, Raleigh

**MetroBravo**
Hereghty Heavenly Delicious, Raleigh

KINSLEY DEY
18 Seaboard

**Honorable Mention**
Francesca's Dessert Caffe, Durham

## BRUNCH
**Standing Ovation**
NOFO Café, Raleigh

**MetroBravo**
Enoteca Vin Restaurant and Wine Bar, Raleigh

**Honorable Mention**
Acme Food & Beverage Co., Carrboro

## SMOOTHIES
**Standing Ovation**
Planet Smoothie, Triangle-wide

**MetroBravo**
Smoothie King Franchises, Inc., Triangle-wide

**Honorable Mention**
Foster's Market, Chapel Hill and Durham

## EGGS BENEDICT
**Standing Ovation**
NOFO Café, Raleigh and Wilmington

Enoteca Vin Restaurant and Wine Bar, Raleigh

**MetroBravo**
Brigs Restaurants, Triangle-wide

**Honorable Mention**
Courtney's Restaurant, Raleigh

Bojangles'
Famous Chicken 'n Biscuits

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Bojangles' Famous Chicken 'n Biscuits, Triangle-wide

**MetroBravo**
Kentucky Fried Chicken, Triangle-wide

**Honorable Mention**
Smithfield's Chicken 'n Bar-B-Q, Triangle-wide and Wilmington

### MARGARITA
**Standing Ovation**
Dos Taquitos Mexican Restaurant, Raleigh

**MetroBravo**
El Rodeo Mexican Restaurant, Raleigh

**Honorable Mention**
Mellow Mushroom, Raleigh

### MARTINI
**Standing Ovation**
Sullivan's Steakhouse, Raleigh

**MetroBravo**
Blue Martini Bar and Lounge, Raleigh

**Honorable Mention**
Bogart's American Grill, Raleigh

### BLOODY MARY
**Standing Ovation**
NOFO Café, Raleigh and Wilmington

**MetroBravo**
Winston's Grille, Raleigh

**Honorable Mention**
Enoteca Vin Restaurant and Wine Bar, Raleigh

### COSMOPOLITAN
**Standing Ovation**
Blue Martini Bar and Lounge, Raleigh

**MetroBravo**
Vinnie's Steakhouse and Tavern, Raleigh

**Honorable Mention**
Bogart's American Grill, Raleigh

### BEER
**Standing Ovation**
Flying Saucer Draught Emporium, Raleigh

**MetroBravo**
Carolina Ale House, Triangle-wide

**Honorable Mention**
Village Draft House, Raleigh

### WINE
**Standing Ovation**
The Angus Barn, Raleigh

**MetroBravo**
The Grape, Raleigh

**Honorable Mention**
Bloomsbury Bistro, Raleigh

### NC VINEYARD/WINERY
**Standing Ovation**
Chatham Hill Winery, Morrisville

**MetroBravo**
Duplin Winery, Rose Hill

**Honorable Mention**
Biltmore Estate, Asheville

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Le Bleu

**Honorable Mention**
Fiji

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Miller Light

**MetroBravo**
Corona

**Honorable Mention**
Blue Moon

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Absolut

**Honorable Mention**
Stoli

### BOURBON/WHISKEY

**Standing Ovation**
Jack Daniel's

**MetroBravo**
Maker's Mark

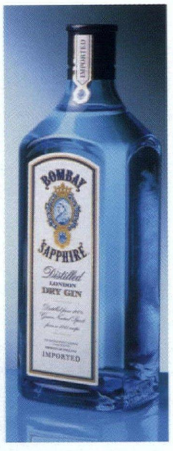
**Honorable Mention**
Crown Royal

### GIN

**Standing Ovation**
Bombay Sapphire

**MetroBravo**
Tanqueray

**Honorable Mention**
Beefeater




### SCOTCH

**Standing Ovation**
Dewar's

**MetroBravo**
The Macallan

**Honorable Mention**
The Famous Grouse

### RUM

**Standing Ovation**
Bacardi

**MetroBravo**
Captain Morgan

**Honorable Mention**
Mount Gay

## PROFESSIONAL SERVICES

### RESIDENTIAL REAL ESTATE CO.

**Standing Ovation**
York Simpson Underwood, Triangle-wide

**MetroBravo**
Coldwell Banker Howard Perry and Walston, Triangle-wide

**Honorable Mention**
Allen Tate Realtors, Triangle-wide

### COMMERCIAL REAL ESTATE CO.

**Standing Ovation**
York Properties, Triangle-wide

**MetroBravo**
Coldwell Banker Commercial, Triangle-wide

**Honorable Mention**
Empire Properties, Raleigh

### COASTAL REAL ESTATE CO.

**Standing Ovation**
Intracoastal Realty Corporation, Wilmington, Wrightsville Beach, Carolina Beach, Southport, Surf City and Topsail Beach

**MetroBravo**
Al Williams Properties, Atlantic Beach

**Honorable Mention**
Cannon & Gruber Realtors, Atlantic Beach

### BANK

**Standing Ovation**
Wachovia, Triangle-wide

**MetroBravo**
BB&T, Triangle-wide

**Honorable Mention**
First Citizens Bank, Triangle-wide

Bank of America, Triangle-wide

### BANK FOR A LOAN

**Standing Ovation**
Wachovia, Triangle-wide

**MetroBravo**
BB&T, Triangle-wide

**Honorable Mention**
Bank of America, Triangle-wide

### INSURANCE COMPANY

**Standing Ovation**
State Farm Insurance, Triangle-wide

**MetroBravo**
Nationwide, Triangle-wide

**Honorable Mention**
USAA, Triangle-wide

### EVENT PLANNING FIRM

**Standing Ovation**
Celebrations: Raphael Lopez-Barrantes, Durham

**MetroBravo**
Black Dog Event Company, Raleigh & Charlotte

**Honorable Mention**
A Southern Soiree, Raleigh

### MORTGAGE FIRM

**Standing Ovation**
Countrywide Financial, Triangle-wide

**MetroBravo**
Capital Bank, Raleigh

**Honorable Mention**
Great Southern Mortgage Corporation, Raleigh

Wells Fargo, Triangle-wide

### BROKERAGE FIRM

**Standing Ovation**
Edward Jones Investments, Triangle-wide

**MetroBravo**
Scott & Stringfellow, Inc., Cary, Raleigh & Wilmington

**Honorable Mention**
Wachovia Securities, Triangle-wide

### ACCOUNTING FIRM

**Standing Ovation**
CD Anderson, P.A., Raleigh

**MetroBravo**
Cherry Bekaert & Holland, Raleigh

**Honorable Mention**
Hughes Pittman & Gupton, L.L.P., Raleigh

Lynch & Howard, P.A., Raleigh

### Celebrations: Raphael Lopez-Barrantes

Celebrations emphasizes "enhancing events through the arts and design," by creating elaborate, highly theatrical settings for the numerous galas and balls managed by the long-time Durham-based company. Founded by Raphael Lopez-Barrantes, Celebrations prides itself on combining the culinary, performing and visual arts with an array of color, sound, movement, fragrance and taste. Lopez-Barrantes has a background in theater production and is currently on faculty in the Theater Studies Department at Duke University. The unique creations of the 2007 Standing Ovation winner for the Best Event Planning Firm in the Triangle have been displayed throughout the area, including the Jubilee Gala and the Monet Gala at the NC Museum of Art, the First Anniversary Gala for the Michael Jordan Institute for Families and the SAS 25th Anniversary Celebration.

### GENERAL LAW FIRM

**Standing Ovation**
Poyner & Spruill, L.L.P., Raleigh

**MetroBravo**
Ragsdale Liggett P.L.L.C., Raleigh

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Manning Fulton & Skinner, P.A., Raleigh & Wilmington

### REAL ESTATE LAW FIRM

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Smith, Anderson, Blount, Dorsett, Mitchell & Jernigan, L.L.P., Raleigh

## DIVORCE LAW FIRM

**Standing Ovation**
Wyrick Robbins, Yates & Ponton, L.L.P., Raleigh

**MetroBravo**
Tharrington Smith, L.L.P., Raleigh

**Honorable Mention**
Hedspeth Law Firm, P.L.L.C., Raleigh

## CORPORATE LAW FIRM

**Standing Ovation**
Williams Mullen Maupin Taylor, P.A., Raleigh & Wilmington

**MetroBravo**
Poyner & Spruill, L.L.P., Raleigh

**Honorable Mention**
Hunton & Williams, L.L.P., Raleigh

## CRIMINAL LAW FIRM

**Standing Ovation**
Cheshire Parker Schneider Bryan & Vitale, L.L.P., Raleigh

**MetroBravo**
Tharrington Smith, L.L.P., Raleigh

**Honorable Mention**
Smith, Anderson, Blount, Dorsett, Mitchell & Jernigan, L.L.P., Raleigh

## TAX LAW FIRM

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Bailey & Dixon, L.L.P., Raleigh

**MetroBravo**
Williams Mullen Maupin Taylor, P.A., Raleigh & Wilmington

**Honorable Mention**
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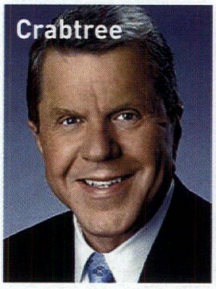
## PEOPLE AND PLACES

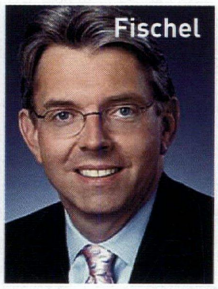
## REGIONAL TV PERSONALITY

**Standing Ovation**
David Crabtree, WRAL-TV5

**MetroBravo**
Steve Daniels, WTVD

**Honorable Mention**
Pam Saulsby, WRAL-TV5



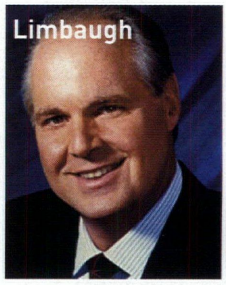



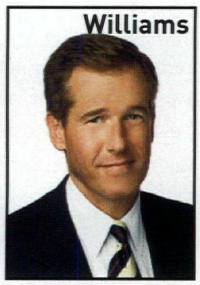

## NATIONAL TV PERSONALITY

**Standing Ovation**
Charlie Gibson, *ABC World News*

**MetroBravo**
Katie Couric, *CBS Evening News*

**Honorable Mention**
Matt Lauer, *NBC Today Show*
Brian Williams, *NBC Nightly News*




## RADIO PERSONALITY

**Standing Ovation**
Bob and the Showgram, WDCG-FM

**MetroBravo**
Bill & Sherri, Mix 101.5 WRAL-FM

# BLOCKADE RUNNER

*Wrightsville Beach*

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No wonder so many North Carolinians have historically looked upon Wrightsville Beach as the ultimate oceanfront retreat from hectic city life. But over the years, the idea of owning a piece of it has become an impossible dream except for a fortunate few. Available lots are all but a thing of the past. At the present time, only a half dozen or so purchasable homesites exist on the entire island. And if you've been keeping up with the real estate values lately, you know just how expensive these properties have become. (Figure on spending up to 3 million dollars for an oceanfront lot.)

The Blockade Runner is a North Carolina landmark, rich with history and uniquely located on gorgeous Wrightsville Beach for breathtaking ocean sunrises, as well as dramatic sunsets over the Intracoastal Waterway. Nestled in a community of multi-million dollar homes, the Blockade Runner Beach Resort Hotel combines nostalgic elegance with the kind of luxurious amenities you won't find elsewhere at any price: pool and Seascape Bar, fitness center, soundside water activity center, grand oceanfront dining room, business center, and year round social activities.

Our prices start at just $362,500. Each hotel room is being refurbished and decorator furnished with a flat screen TV, luxury linen package and all new furniture. Only a limited number of rooms in this revered building are now available for purchase as condominiums, offering you the rare opportunity to own a spectacular place of your own on Wrightsville Beach at a fraction of the price of a beachfront home.

***Call or email us today.***
***But whatever you do, do it quickly. They stopped making oceanfront property a long time ago.***

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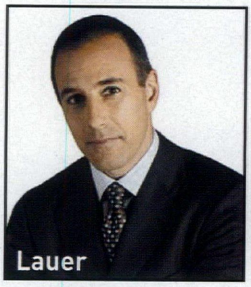
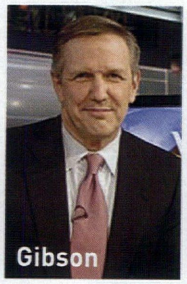



**Honorable Mention**
Rush Limbaugh

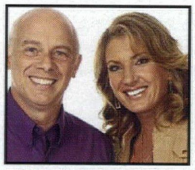
Jack Boston, Star FM 102.9

## WEATHER PERSONALITY

**Standing Ovation**
Greg Fischel, WRAL-TV5

**MetroBravo**
Elizabeth Gardner, WRAL-TV5

**Honorable Mention**
Joanne Feldman, ABC11 Eyewitness News



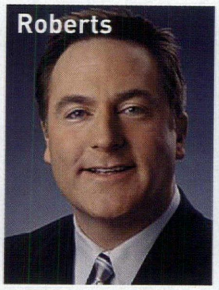
**Bill & Sherri**

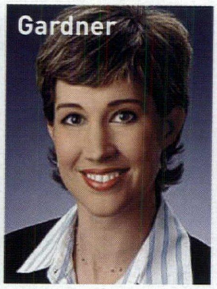
## TRAFFIC PERSONALITY

**Standing Ovation**
Mark Roberts, WRAL-TV5

**MetroBravo**
Steve Forgy, WTVD

**Honorable Mention**
Beverly Pigford, WNCN

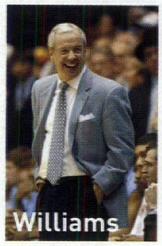



## COLLEGE COACH

**Standing Ovation**
Roy Williams, UNC Men's Basketball

**MetroBravo**
Sidney Lowe, NCSU Men's Basketball




**Honorable Mention**
Mike Krzyzewski, Duke University Men's Basketball

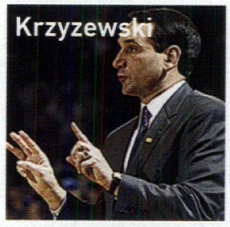
## LOCAL AUTHOR

**Standing Ovation**
Nicholas Sparks

**MetroBravo**
Kaye Gibbons

**Honorable Mention**
David Sedaris

Lee Smith




## LOCAL ARTIST

**Standing Ovation**
Kyle Highsmith

### Sidney Lowe

As point guard for the Wolfpack's 1983 NCAA Championship team heralded for its Cinderella run under legendary head coach Jim Valvano, Sidney Lowe cut his teeth under one of the best. Now, after showing Pack fans his skills as a head coach, he is honored as one of the best coaches by our readers. Going down in history as victor over all three Big Four Tobacco Road teams (UNC, Duke and Wake Forest) within his first season — we love Lowe for bringing the Wolfpack to great heights and for sporting the red blazer in honor of his mentor, the late great Jim Valvano.

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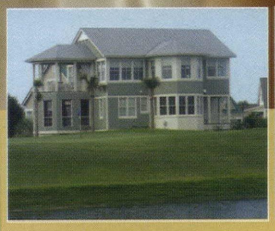
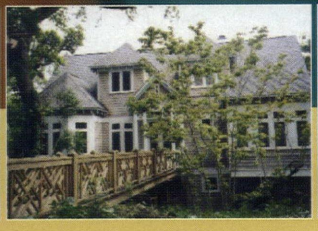
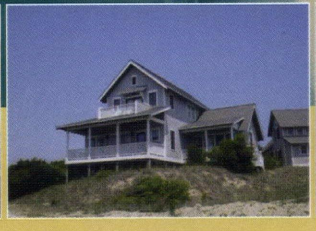


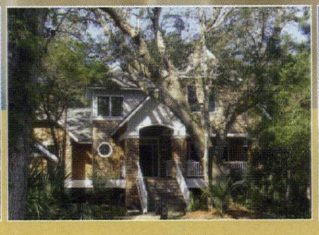
**Oceanview/Golf Course**
*332 Stede Bonnet Wynd* ***$2,200,000***



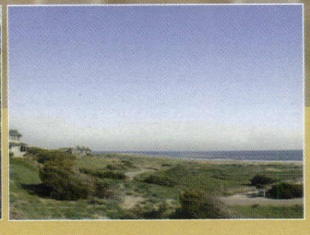
**Maritime Forest**
*6 Cedar Court $1,575,000*



**Oceanview/High Dunes**
*3 Skye Crescent $1,499,000*



**Maritime Forest**
*8 Spanish Needles* ***$1,295,000***



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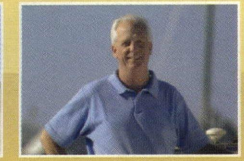
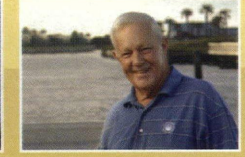
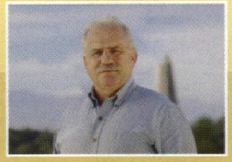
*ginger@wendywilmotproperties.com*
*cell (910) 540-7369*



**Doug Oakley**
*doug@wendywilmotproperties.com*
*cell (910) 471-7710*



**Dave Shadday**
*dave@wendywilmotproperties.com*
*cell (910) 470-0026*



**Jeff Turner**
*jeff@wendywilmotproperties.com*
*cell (910) 279-0359*

**Wendy Wilmot**
*wendy@wendywilmotproperties.com*
*cell (910) 448-0688*

**Jean Wood**
*jean@wendywilmotproperties.com*
*cell (336) 207-1872*

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**MetroBravo**
Jason Craighead

**Honorable Mention**
Bob Rankin

Eric McRay

## LOCAL POLITICIAN

**Standing Ovation**
Beverly Perdue, Lieutenant Governor of NC

**MetroBravo**
John Edwards, 2008 Presidential Candidate

**Honorable Mention**
Charles Meeker, Mayor of Raleigh

## CHOICE FOR PRESIDENT '08

Barack Obama (D) – 27%

John Edwards (D) – 16%

Hillary Rodham Clinton (D) – 14%

Rudolph W. Giuliani (R) – 12%

John McCain (R) – 8%

Willard Mitt Romney (R) – 8%

Bill Richardson (D) – 6%

Fred Thompson (R) – 4%

Undecided – 3%

Other* – 2%

*Mike Bloomberg, Newt Gingrich, Ralph Nader

## CHOICE FOR GOVERNOR '08

Beverly Purdue (D) – 60%

Richard Moore (D) – 16%

Fred Smith (R) – 9%

Bob Orr (R) – 7%

Roy Cooper (D) – 5%

Other* – 3%

*Bill Graham (R), Cherie Berry (R), Ferrell Blount (R) , Elaine Marshall (D)

## FAVORITE SPORTS TEAMS

**Standing Ovation**
UNC Tar Heels

**MetroBravo**
NC State Wolfpack

**Honorable Mention**
Duke Blue Devils

Carolina Hurricanes

## PUBLIC MUSEUM

**Standing Ovation**
NC Museum of Art, Raleigh

**MetroBravo**
NC Museum of Life and Science, Durham

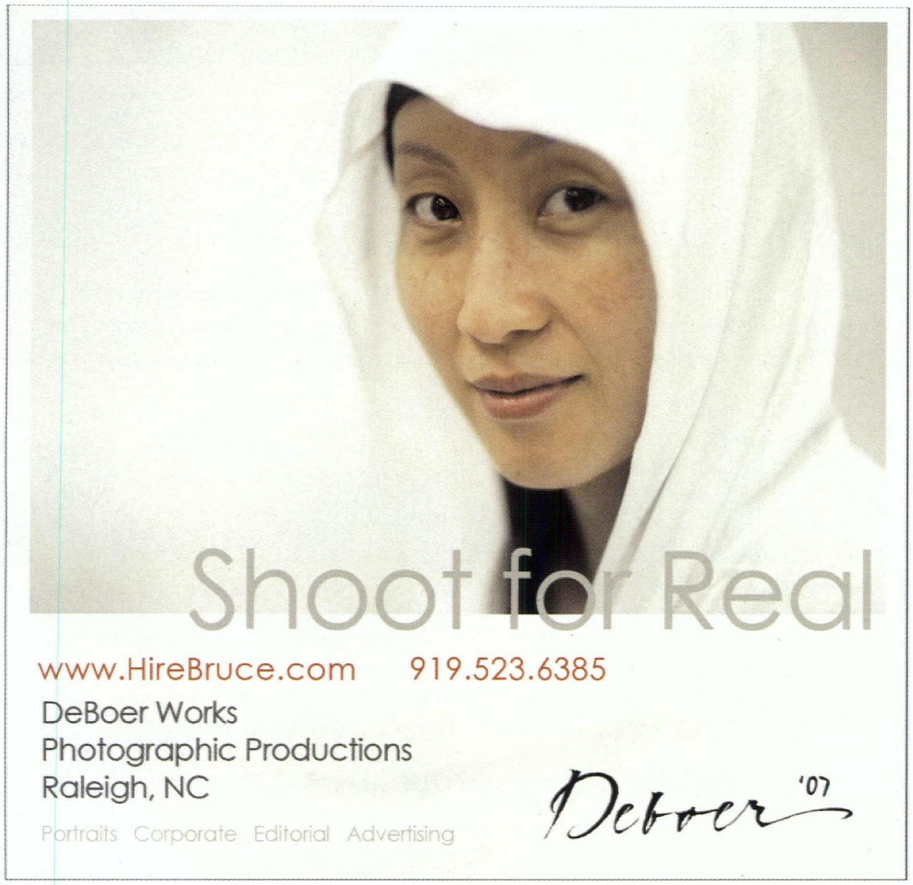
**Honorable Mention**
NC Museum of History, Raleigh

## HISTORIC SITE

**Standing Ovation**
Tryon Palace, New Bern

**MetroBravo**
Biltmore Estate, Asheville

**Honorable Mention**
NC Capitol Building, Raleigh




## CHARITY EVENT

**Standing Ovation**
The Big Bad Ball, Raleigh

**MetroBravo**
The Mannequin Ball, Raleigh

**Honorable Mention**
Junior League of Raleigh, A Shopping SPREE!, Raleigh

## CULTURAL EVENT

**Standing Ovation**
"Monet in Normandy" Exhibit, NC Museum of Art, Raleigh

**MetroBravo**
Artsplosure, Raleigh

**Honorable Mention**
First Fridays at NC Museum of Natural Sciences, Raleigh

### Durham Bulls

Talk about coming a long way. In the 1980s, the Durham Bulls were 1-A and played in the old Durham Athletic Park to a small but dedicated cadre of baseball fans. Things changed when owner Miles Wolf stuck it to the Raleigh City Council when they tried to field a 2-A team in his territory. That's why Raleigh's team is in Zebulon, exactly 35 miles from the Bulls' home plate. Jim Goodmon of Capitol Broadcasting later bought the Bulls, and the franchise qualified for Triple-A status by building a state-of-the-art ball park. Today, the Bulls are one of the most successful minor league teams in the US and *Metro* readers support them all the way.

## DANCE CLUB

**Standing Ovation**
Mosquito, Raleigh

**MetroBravo**
Hi5, Raleigh

**Honorable Mention**
The Longbranch Entertainment Complex, Raleigh

## DANCE STUDIO

**Standing Ovation**
Fred Astaire Dance Studio, Raleigh

**MetroBravo**
Arthur Murray Dance Studio, Raleigh

**Honorable Mention**
Premier School of Dance, Cary

## CLUB TO HEAR LIVE MUSIC

**Standing Ovation**
Cat's Cradle, Chapel Hill

**MetroBravo**
Lincoln Theatre, Raleigh

**Honorable Mention**
The Pour House, Raleigh

## GOLF COURSE

**Standing Ovation**
Pinehurst No. 2, Pinehurst

**MetroBravo**
Prestonwood Country Club, Cary

**Honorable Mention**
Falls Village Golf Club, Durham

Carolina Country Club, Raleigh

### MOVIE THEATER
**Standing Ovation**
Rialto Theatre, Raleigh

**MetroBravo**
Regal North Hills Stadium 14, Raleigh

**Honorable Mention**
Crossroads 20, Cary

### PLACE TO HEAR JAZZ
**Standing Ovation**
Yancey's Juke Joint, Raleigh

**MetroBravo**
Cat's Cradle, Chapel Hill

**Honorable Mention**
Sullivan's Steakhouse, Raleigh

### PLACE TO HEAR ROCK
**Standing Ovation**
Cat's Cradle, Chapel Hill

**MetroBravo**
Lincoln Theatre, Raleigh

**Honorable Mention**
The Pour House, Raleigh

### SPORTING EVENT
**Standing Ovation**
The Durham Bulls, Durham

**MetroBravo**
Carolina Hurricanes, Raleigh

**Honorable Mention**
Atlantic Coast Conference Basketball

### LOCAL BAND
**Standing Ovation**
The Proclivities

**MetroBravo**
The Dune Dogs

**Honorable Mention**
Bill Leslie & Lorica

### LOCAL MUSICIAN
**Standing Ovation**
Chris Boerner

**MetroBravo**
Matt Douglas

**Honorable Mention**
Bill Leslie

## BUILT ENVIRONMENT

### THEATER BUILDING
**Standing Ovation**
Progress Energy Center for the Performing Arts, Raleigh

**MetroBravo**
The Carolina Theatre, Durham

**Honorable Mention**
Memorial Hall, University of North Carolina at Chapel Hill

### COMMERCIAL BUILDING
**Standing Ovation**
American Tobacco Building, Durham

**MetroBravo**
RBC Center, Raleigh

**Honorable Mention**
Coldwell Banker Building, Raleigh

### CAMPUS BUILDING
**Standing Ovation**
Duke Chapel, Duke University, Durham

**MetroBravo**
Old East Dorm, UNC, Chapel Hill

**Honorable Mention**
Memorial Hall, UNC, Chapel Hill

### CORPORATE BUILDING
**Standing Ovation**
Coldwell Banker Building, Raleigh

**MetroBravo**
SAS Campus, Cary

**Honorable Mention**
Blue Cross and Blue Shield of NC, Durham

### OUTDOOR CONCERT VENUE
**Standing Ovation**
Koka Booth Amphitheatre at Regency Park, Cary

**MetroBravo**
Alltel Pavilion at Walnut Creek, Raleigh

**Honorable Mention**
NC Museum of Art Outdoor Amphitheatre, Raleigh

The Proclivities

## MEDIA

### FICTION BOOK
**Standing Ovation**
*The Kite Runner*, Khaled Hosseini

**MetroBravo**
*My Sister's Keeper*, Jodi Picoult

**Honorable Mention**
*The Time Traveler's Wife*, Audrey Niffenegger

### NON-FICTION BOOK
**Standing Ovation**
*The Glass Castle*, Jeannette Walls

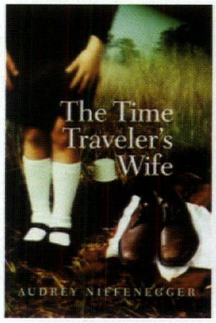
**MetroBravo**
*Wisdom and Eloquence*, Robert Littlejohn

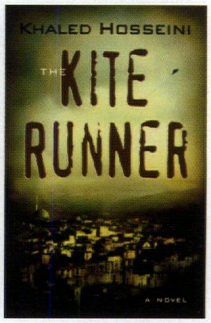
**Honorable Mention**
*America Alone*, Mark Steyn

### ONLINE NEWS
**Standing Ovation**
WRAL.com

**MetroBravo**
CNN.com

**Honorable Mention**
MSNBC.com




### ONLINE WEATHER
**Standing Ovation**
weather.com

**MetroBravo**
WRAL.com

**Honorable Mention**
wunderground.com

### ONLINE SPORTS
**Standing Ovation**
ESPN.com

**MetroBravo**
WRAL.com

**Honorable Mention**
SI.com

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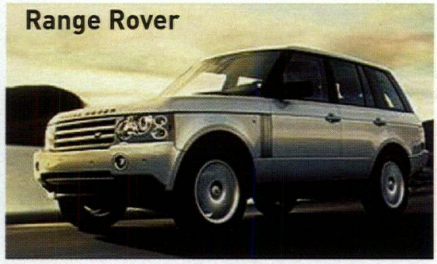
## AUTOMOTIVE

### CAR DEALERSHIP
**Standing Ovation**
Johnson Lexus of Raleigh, Raleigh

**MetroBravo**
Leith BMW, Raleigh

**Honorable Mention**
Crown Volvo, Chapel Hill




### SPORTS UTILITY VEHICLE
**Standing Ovation**
Range Rover

**MetroBravo**
BMW X5

**Honorable Mention**
Lexus RX

### SPORTS CAR
**Standing Ovation**
Porsche

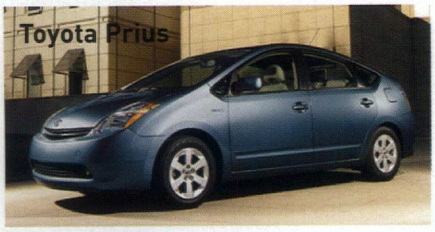
**MetroBravo**
BMW

**Honorable Mention**
Jaguar

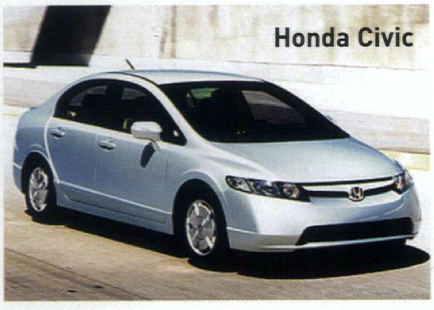
Porsche

**SEDAN**
**Standing Ovation**
Lexus
**MetroBravo**
BMW
**Honorable Mention**
Mercedes

**LUXURY CAR**
**Standing Ovation**
Lexus
**MetroBravo**
Mercedes
**Honorable Mention**
BMW


Toyota Prius

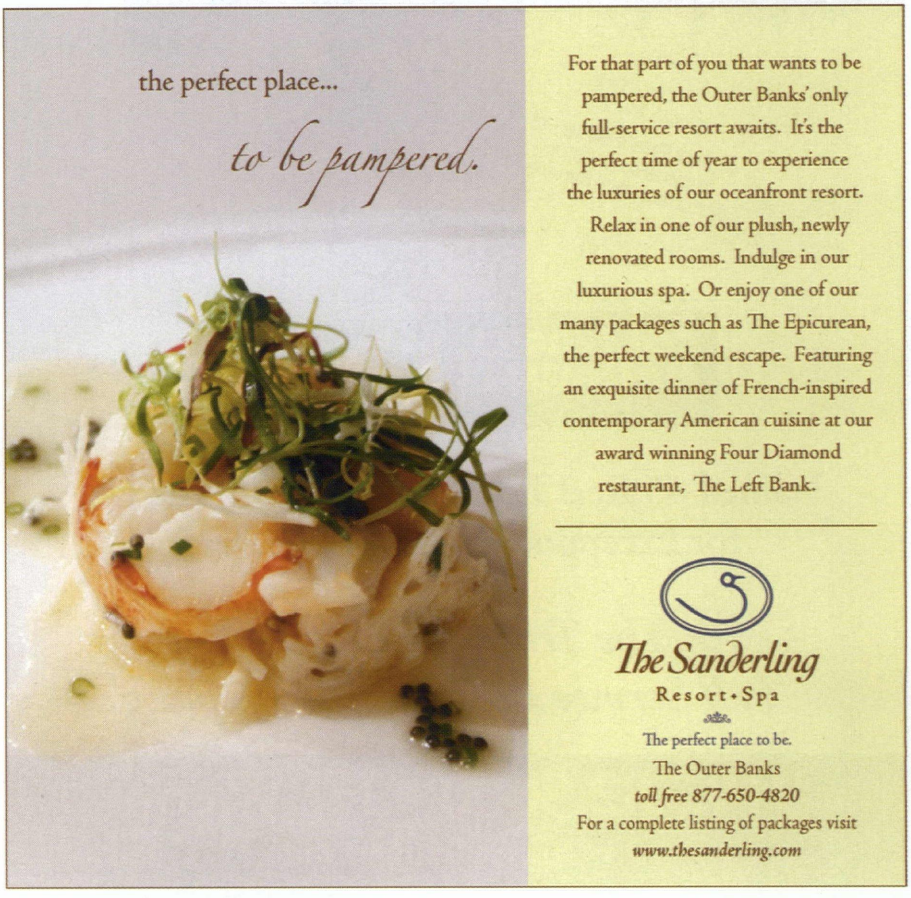
**HYBRID CAR**
**Standing Ovation**
Toyota Prius
**MetroBravo**
Honda Civic Hybrid
**Honorable Mention**
Lexus GS


Honda Civic

**DEALERSHIP FOR SERVICE**
**Standing Ovation**
Johnson Lexus of Raleigh, Raleigh
**MetroBravo**
Fred Anderson Toyota, Raleigh
**Honorable Mention**
Crown Honda of Southpoint, Durham

## RESORT/TRAVEL/HOTEL

**AIRLINE**
**Standing Ovation**
American Airlines



**MetroBravo**
Southwest Airlines

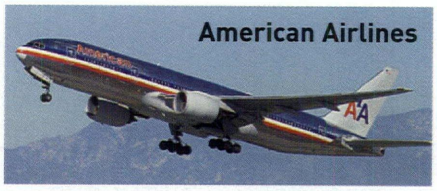
**Honorable Mention**
Delta Airlines

### CAR RENTAL FIRM

**Standing Ovation**
Hertz Rent-A-Car, Triangle-wide

**MetroBravo**
Enterprise Rent-A-Car, Triangle-wide

**Honorable Mention**
Avis Rent-A-Car, Triangle-wide




### LIMOUSINE/CAR SERVICE

**Standing Ovation**
White Horse Transportation, Raleigh

**MetroBravo**
Capital Style Luxury Transportation, Cary

**Honorable Mention**
Top of the Line Limousine & Transportation, Louisburg

### CITY HOTEL

**Standing Ovation**
The Umstead Hotel and Spa, Cary

**MetroBravo**
The Franklin Hotel, Chapel Hill

**Honorable Mention**
The Siena Hotel, Chapel Hill

### COASTAL HOTEL

**Standing Ovation**
Holiday Inn SunSpree Resort, Wrightsville Beach

**MetroBravo**
Blockade Runner, Wrightsville Beach

**Honorable Mention**
The Sanderling Resort & Spa, Duck

KINSLEY DEY

### HOTEL FOR OUT OF TOWN GUESTS

**Standing Ovation**
The Umstead Hotel and Spa, Cary

**MetroBravo**
Raleigh Marriott Crabtree Valley, Raleigh

**Honorable Mention**
The Carolina Inn, Chapel Hill

### HOTEL FOR MEETINGS/CONVENTIONS

**Standing Ovation**
Hilton North Raleigh, Raleigh

**MetroBravo**
Embassy Suites Hotel Raleigh – Crabtree, Raleigh

**Honorable Mention**
Sheraton Imperial, Durham

### NC BEACH RESORT

**Standing Ovation**
Bald Head Island

**MetroBravo**
Figure Eight Island

**Honorable Mention**
The Ocean Club, Salter Path

### NC MOUNTAIN RESORT

**Standing Ovation**
Grove Park Inn Resort and Spa, Asheville

**MetroBravo**
Chetola Mountain Resort, Blowing Rock

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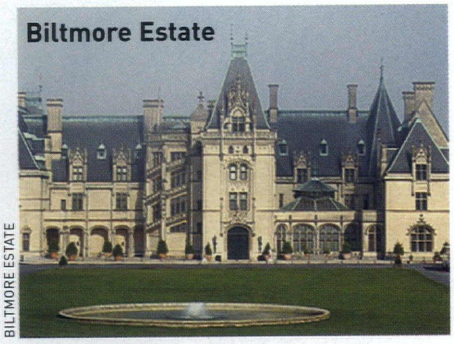
**Honorable Mention**
Inn on Biltmore Estate, Asheville

## GOLF RESORT

**Standing Ovation**
Pinehurst Resort, Pinehurst

**MetroBravo**
Bald Head Island, Southport

**Honorable Mention**
Kiawah Island Golf Resort, Kiawah Island




BILTMORE ESTATE

## RESORT SPA

**Standing Ovation**
Pinehurst Resort, Pinehurst

**MetroBravo**
Grove Park Inn Resort and Spa, Asheville

**Honorable Mention**
Westglow Resort & Spa, Blowing Rock

The Ocean Club, Salter Path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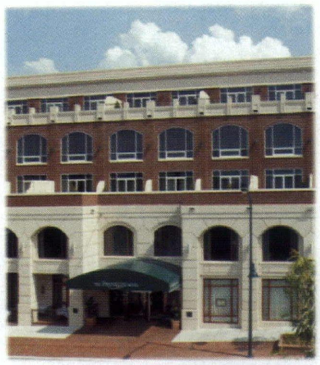

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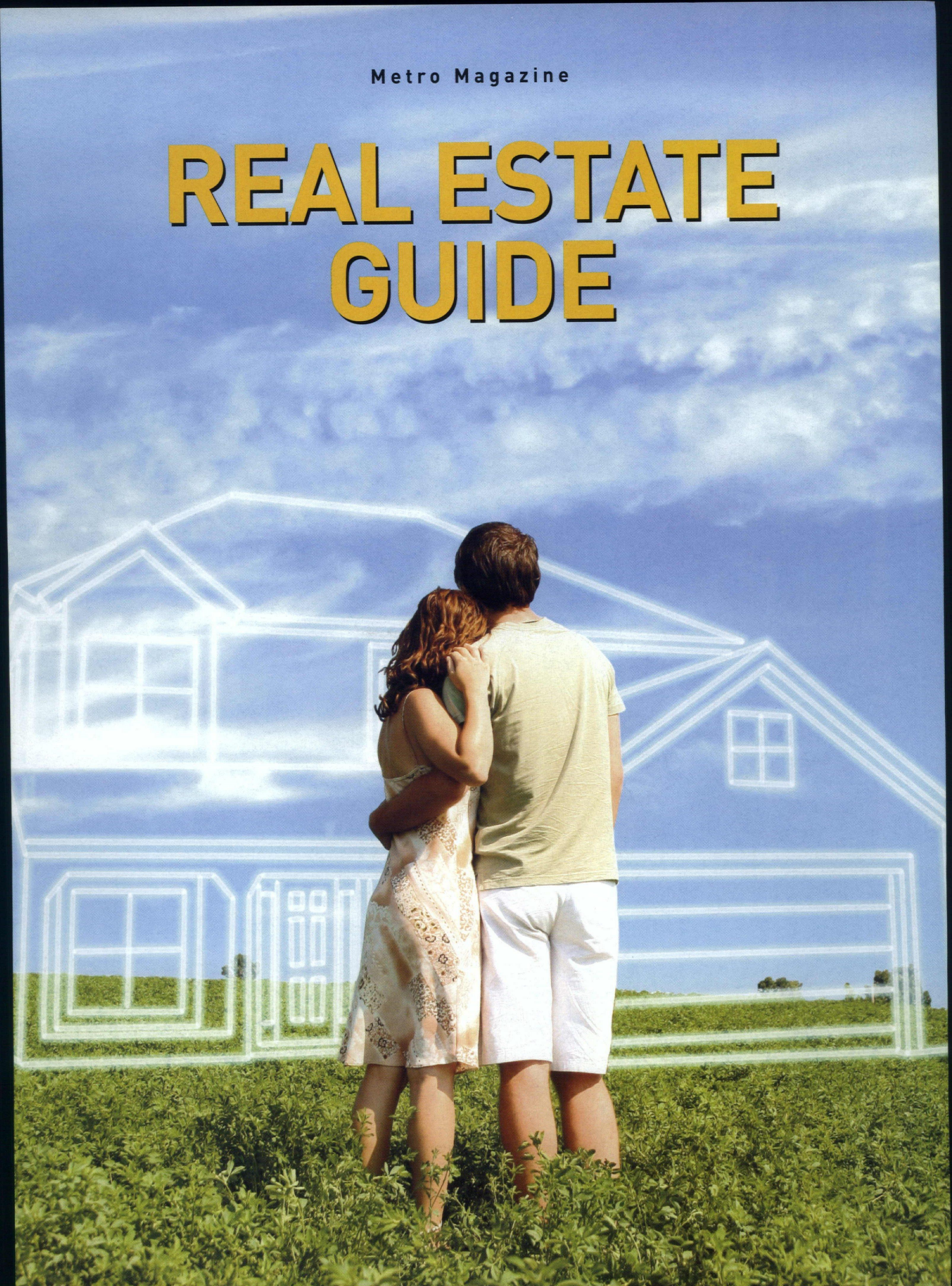
# REAL ESTATE GUIDE



Triangle Sweet Triangle

# Building And Buying A Home In A Unique Market

By Patricia Staino

Ilustration by Collum Rogers

For 10 years, Helen Amalia has rented a two-bedroom apartment in the Triangle. Single, with a good income and no dependants, she was perfectly situated to own her own home. Friends and family began to wonder aloud what she was waiting for.

"I don't know what to say; it seemed stressful, confusing, distracting," she sighed. "To be blunt, the thought of the effort and responsibility made me queasy."

## TO BUY OR NOT?

For many, especially first-time homeowners, the house-buying process can be intimidating and overwhelming. And in today's market, confusion reigns. You hear it's a buyer's market, but then you hear, with business booming in the Triangle, it's a seller's market. Is now the time to buy or build a house in Raleigh or Durham?

METRO MAGAZINE PRESENTS
2007
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AWARDS
FROM THE TRIANGLE TO THE COAST

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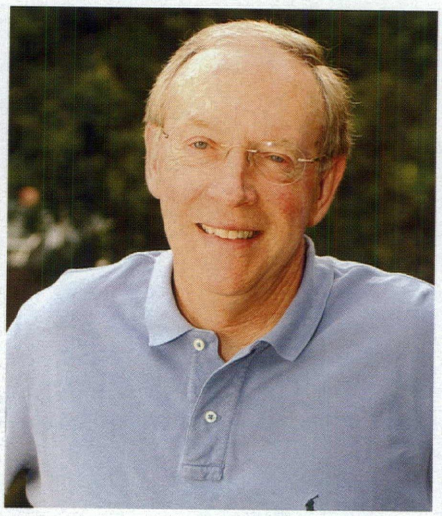
In the last six to 12 months, the Triangle area has experienced a slow-down in new construction, and the resale market, which realtors say surges in activity around March of each year, has been sluggish through spring and into the start of summer — although it seemed to pick up in mid-June.

"We waited through March, then through April and then through May, and I was sitting there going, 'What is going on?'" said Laura Bromhal, executive sales vice president, York Simpson Underwood Realty in Raleigh. "I've been in business a long, long time, and I've never seen it this slow in the spring."

Before now, Bromhal says, the only bad times she's seen in the Triangle real estate market followed significant tragedies, such as Hurricane Fran or Sept. 11. Additionally, new players are entering the Triangle real estate brokerage market, such as Allen Tate Realtors, a Charlotte-based firm with offices throughout the Southeast who are making a good first impression in the community. Also, established firms such as, Howard Perry and Walston plus Fonville Morisey Realty continue to add agents and expand their presence in the market.



**"I think right now Raleigh is one of the top five areas in the United States for building."**

**— Brooks Gulledge**

"I think right now Raleigh is one of the top five areas in the United States for building," said Brooks Gulledge of Gulledge Building Company, Inc. "Having said that, I don't think Raleigh is growing as fast as it has in more recent years. We are affected by people wanting to move to Raleigh for work, but they can't sell their houses in the markets they are moving from. We're in cautionary mode right now, but we're happy to be in Raleigh compared to the rest of the United States."

Many buyers are hesitant, hedging their bets on whether or not interest rates will rise or stay steady, but the most important factor currently affecting home-buying and building decisions in this area is other real estate markets around the country. The Triangle is a huge relocation market caused by personnel transfers to the area by RTP-based employers. Right now, many of them are unable to sell the homes they are leaving behind, hindering them from building or buying in their new hometown. One collateral effect has been to provide a boost to the Triangle's rental market, giving landlords leverage over the renter, which happened here a few years ago.

Bromhal's team at York Simpson Underwood recently sold a house for more than a million dollars to a family from New

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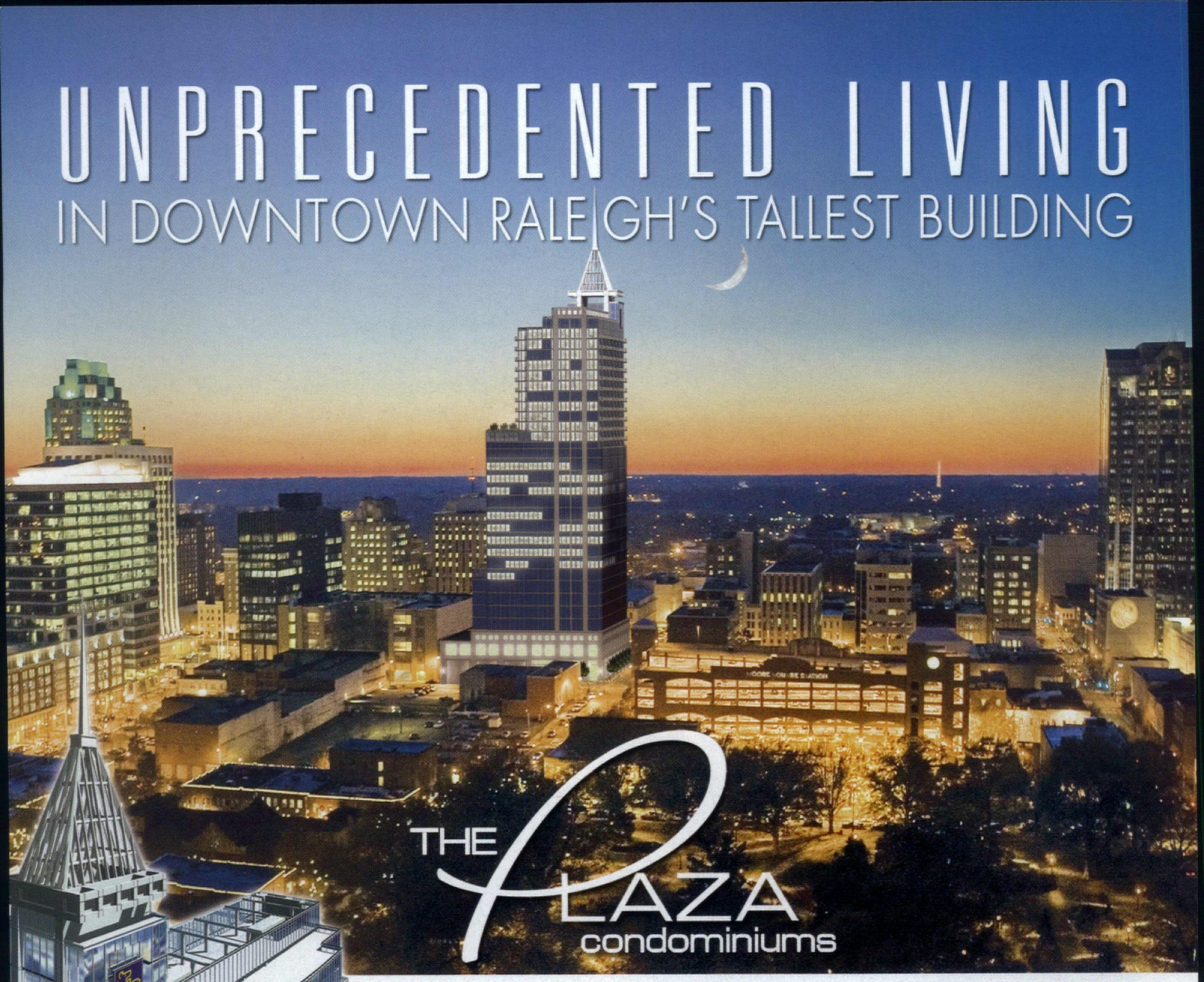


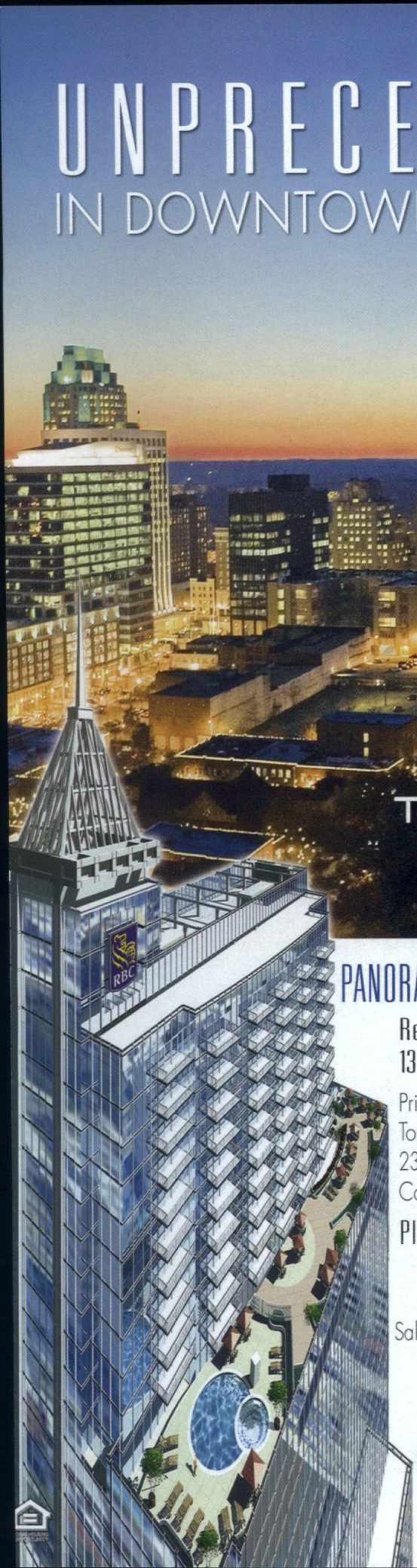


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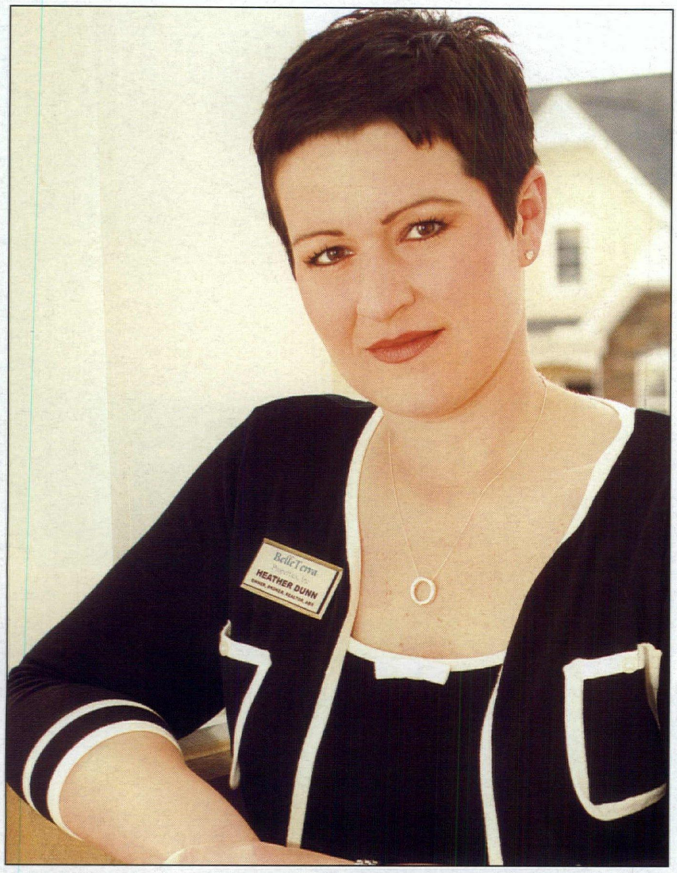


**"So many people had the idea that Southern Wake County, like the Fuquay-Varina area, was just so far out. The truth is you can get anywhere you need to be in about 30 minutes."**

**— Heather Dunn**

Orleans that has been trying to move to this area for the last three years. Their attempt to sell their house was sidetracked by Hurricane Katrina, preventing their move to the Triangle. The family rebuilt the house and finally sold it earlier this year.

"The [home-buying] market is horrible everywhere but here — and our market isn't fabulous, but it is average, except it didn't start showing activity in the spring as early as it should have," said Bromhal. "The rental market, however, is probably doing better than it ever has here."

Bromhal thinks the sales situation in the Triangle will improve in the next six to 12 months. She believes interest rates are going to increase, and "it's going to scare the heck out of everybody that has been sitting on the fence about what they're going to do."

## CHOOSING AN AGENT

Once the decision is made to buy or sell a home, one of the first things the buyer or seller will do is consult a real estate agent. Normally, sellers retain a real estate agent to list their property, but today many potential buyers retain an agent to help them look.

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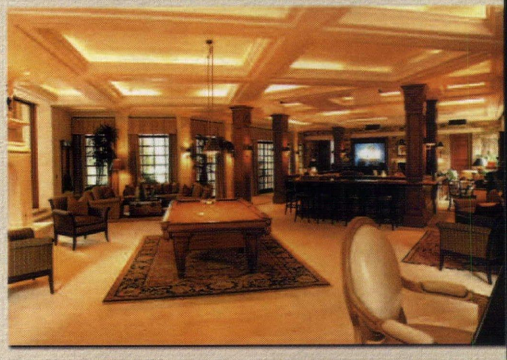

***This luxurious estate in Raleigh is like no other*** ~ Featuring 8 bedrooms, 8 baths, two laundry rooms and 5 powder rooms this home is designed for entertaining the most discerning guests. Enjoy 2,900 sq. ft. of covered deck and verandas plus 3,100 sq. ft. of uncovered patio space, and many interior and exterior fire places (9 total). Home includes a gardeners house with individual toilet facilities and 4-car garage. The 2,300 sq. ft. den offers a pool table, commercial bar, and home theatre all in one room. The indoor health spa with a work out room, massage room, sauna and steam room await you. Home also features: a commercial kitchen and a separate family kitchen with shared dumbwaiter, 2 elevators which go to all 3 floors, cherry doors and cherry interior trim, complete wine tasting room and wine cellar. State of the art security system, included a fire proof and bullet proof safe room off master bedroom, entire house lighting control system, commercial generator to power house in case of power failures. The back of the estate consists of tiered balconies with generous patios, an aquamarine swimming pool with Jacuzzi surrounded by manicured grounds and a beautiful rose garden. Construction completed in 2000. ***List price: $23,000,000***

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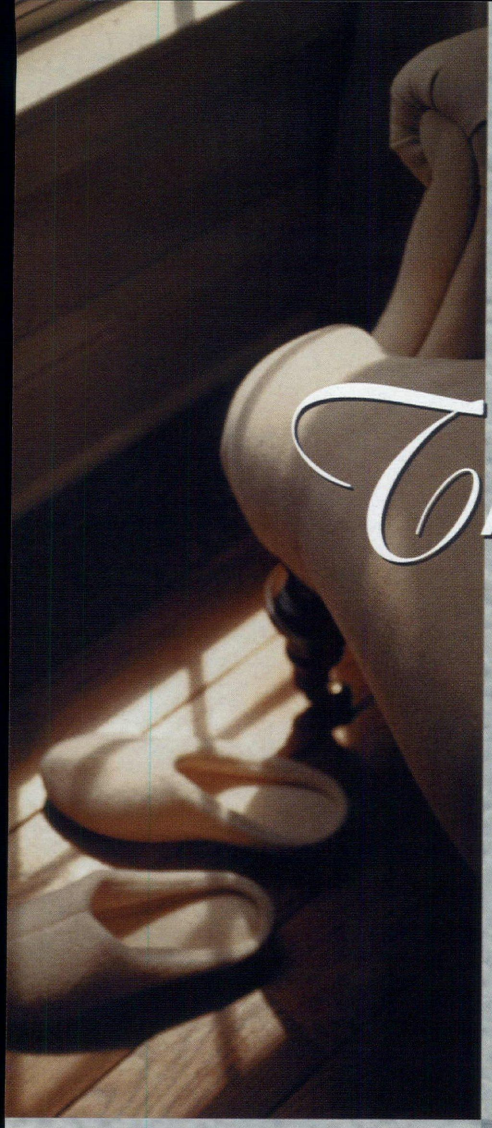
1. Surveyor
2. Architect
3. Client
4. Landscaper
5. Cable installer
6. Garage door hanger
7. Furniture delivery truck
8. Concrete walkway installer
9. Brick mason
10. Hod carrier
11. Roofer
12. Gutter installer
13. Decorator
14. Trim carpenter
15. Painter
16. Window installer

17. Cabinet makers
18. Sheet-rock hanger
19. Security system installer
20. Insulation installer
21. Ceramic tile layer
22. Plumber
23. Wallpaperer
24. Electrician
25. Building inspector
26. Exterminator
27. HVAC installer
28. Lumber supplier
29. Deck carpenter
30. Septic tank installer
31. Grading contractor
32. Banker



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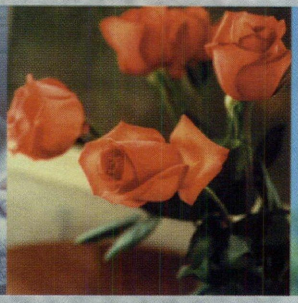

WEYCROFT

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*Sales by Coldwell Banker Howard Perry and Walston Builder Services*

*Directions: From Highway 55, west on Carpenter Fire Station Road, right on Green Level to Durham Road, Weycroft is on the left*

**"Keep with the basics — hardwood floors never go out of style, carpet in bedrooms never goes out of style. You want everything as neutral as you can make it if you know you are ultimately planning to sell the house. Don't do trendy *ever*."**

**— Laura Bromhal**

Finding the right agent is often a matter of simply matching up with a personality that fits with yours, although some agents may specialize in certain communities.

"Most people feel it's important that their agent specializes in the area in which they are looking, and some think it's also important to find out how long they've been in the business," said Heather Dunn, broker-in-charge and co-owner of BelleTerra Properties, Inc. in Southern Wake County.

According to Dunn, these same criteria are important to the seller, who may also wish to ask the potential real estate agent how he or she plans to advertise the home.

"The one mistake that most sellers make when finding an agent is interviewing several and choosing the one that is willing to list their house at the highest price," Dunn said. "Any agent can say they're going to list your home at a high price just to get the listing, but if the home isn't worth that price, it's just going to sit on the market and not sell because it won't get any showings. If it's in the

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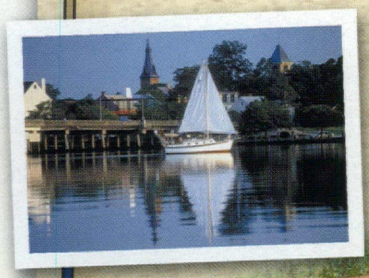
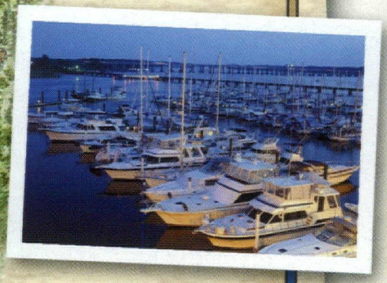
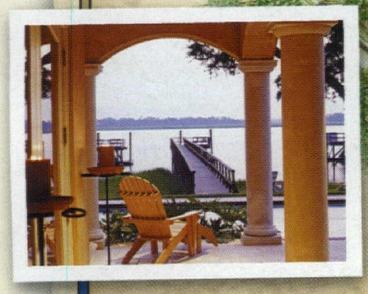
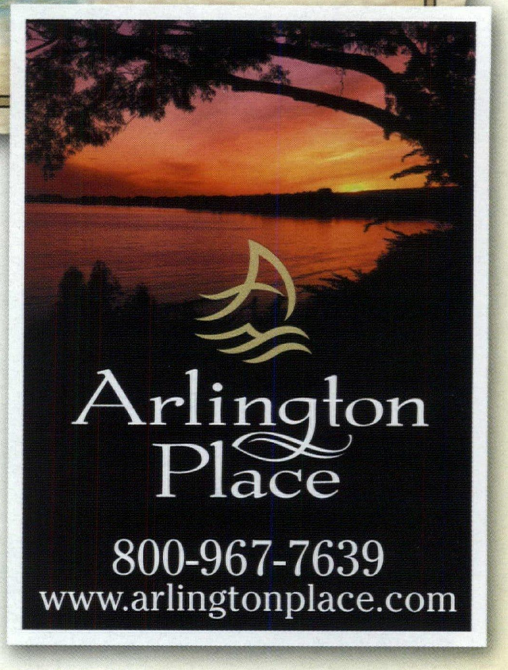






For illustration purposes only, proposed marina plans subject to change

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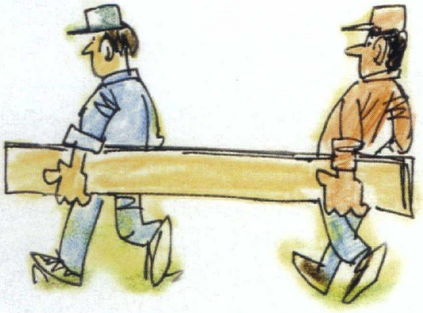
wrong price range, it can't compete with homes that really do belong in that range."

A good real estate agent will also guide the buyer, particularly first-timers, through the steps of finding a lender and attorney, as well as arranging inspections, financial documentation, walkthroughs and closings.

## WHERE TO BUY?

Inside the Beltline "is always hot, it's the hottest market anywhere," according to Bromhal. As there is very little unoccupied land available for new construction, a



growing trend in the home-building market is razing existing homes and building newer, bigger houses on these choice lots. "People are tearing things down left and right," said Bromhal.

On the other hand, out-of-towners relocating to the area aren't usually interested in older houses inside the Beltline; they want new construction. For many of these new residents, accustomed to one- or two-hour commutes, living a little farther out from downtown Raleigh or Durham or RTP is not a problem. The result is tremendous growth in exurban residential developments, often near outlying small towns in Wake County, such as Wakefield Plantation or Preston in Cary. However, dozens of new upscale residential communities are popping up all over the region, often including golf amenities such as the environmentally friendly and plush Hasentree project that features a new Tom Fazio-designed golf course.

"So many people had the idea that Southern Wake County, like the Fuquay-Varina area, was just so far out," said Dunn.

**Q. If I buy a lot in a new sub-division, can I choose my own builder?**

**A.** A subdivision could have 10 builders owning lots within, and sometimes the lots themselves will dictate which builders the homeowner will use. If you are interested in a particular lot and it is owned by a builder, you will have to use that builder if you want to build a home there.

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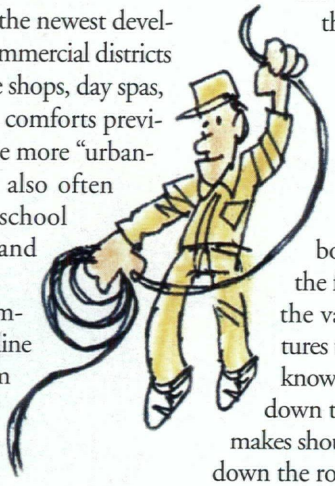
"The truth is you can get anywhere you need to be in about 30 minutes. And now those communities out there are being connected via fiber optics, so telecommuting is a reality more than ever before."

In addition, many of the newest developments include small commercial districts with grocery stores, coffee shops, day spas, delis and cafés providing comforts previously only available in the more "urbanized" areas. Developers also often provide access roads, school buildings, and sewage and water facilities.



The New Orleans family did buy inside the Beltline because it reminded them of the charm and gentility of homes in their native city. "But that's unusual, for someone from out-of-town to move inside the Beltline," said Bromhal. "Normally, they want what they're used to, and if they're going to spend a million dollars, they want it to look like a million dollars — they don't want a charming cottage, they want stately Wayne Manor!"

But young, upwardly mobile singles and couples, some with young children, are moving inside the Beltline in droves. They are looking for good schools for their children to attend, amenities within walking distance and they want to live near their friends.

## WHAT'S IT WORTH?

When buying a home, both Dunn and Bromhal advise the future homeowner to consider the value of the upgrades and features they choose, particularly if they know they will be reselling the house down the line. The choices the buyer makes shouldn't look dated, even 10 years down the road.

"A three-car garage sets the men on fire, especially if a one-car garage is what's in their price point," laughed Bromhal. "Men love basements; when they buy a house, all they're interested in is the basement and the garage."

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Women, on the other hand, tend to be more interested in tricked-out kitchens and floorplans, perhaps proving they are the real decision-makers when buying a home. According to Dunn, the two features that most impact a house sale are the kitchen and the bathroom. If they have small children, women usually prefer a more casual layout where the kitchen opens up into a family room. Those with older children and empty-nesters tend to prefer more formal kitchen, dining and living areas. Few families, however, should go to the expense of upgrading to restaurant-quality kitchen appliances such as Viking stoves in hopes of making a future sale easier, said Bromhal. Unless the potential owner is a chef by profession or an avid hobbyist, there are more practical ways to spend thousands of dollars in a new home.

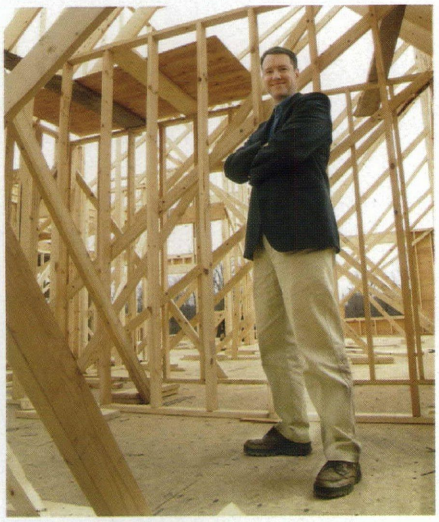
Other features that are worth the extra expense are a good quality carpet and pad and neutral wall treatments that are not trendy. "It costs more to take horrible wallpaper down than it costs to paint," said Bromhal. "Keep with the basics — hardwood floors never go out of style, carpet in bedrooms never goes out of style. You want everything as neutral as you can make it if you know you are ultimately planning to sell the house. Don't do trendy *ever*."

## SELLER'S REMORSE

In a buyer's market, the most common mistake made by sellers is pricing the house too high to start. If the seller overprices the house, it's not going to appraise

and everyone loses: Buyers can't buy the house because they can't get approved for the loan, and the seller loses the sale. Right now, sellers may even select a price range that matches their home's appraisal — which is mainly based on "comparables" in the same neighborhood. But that doesn't mean the market will support that price if similar homes are on the market at lower prices.

But sellers can also position their homes better in this market by properly preparing

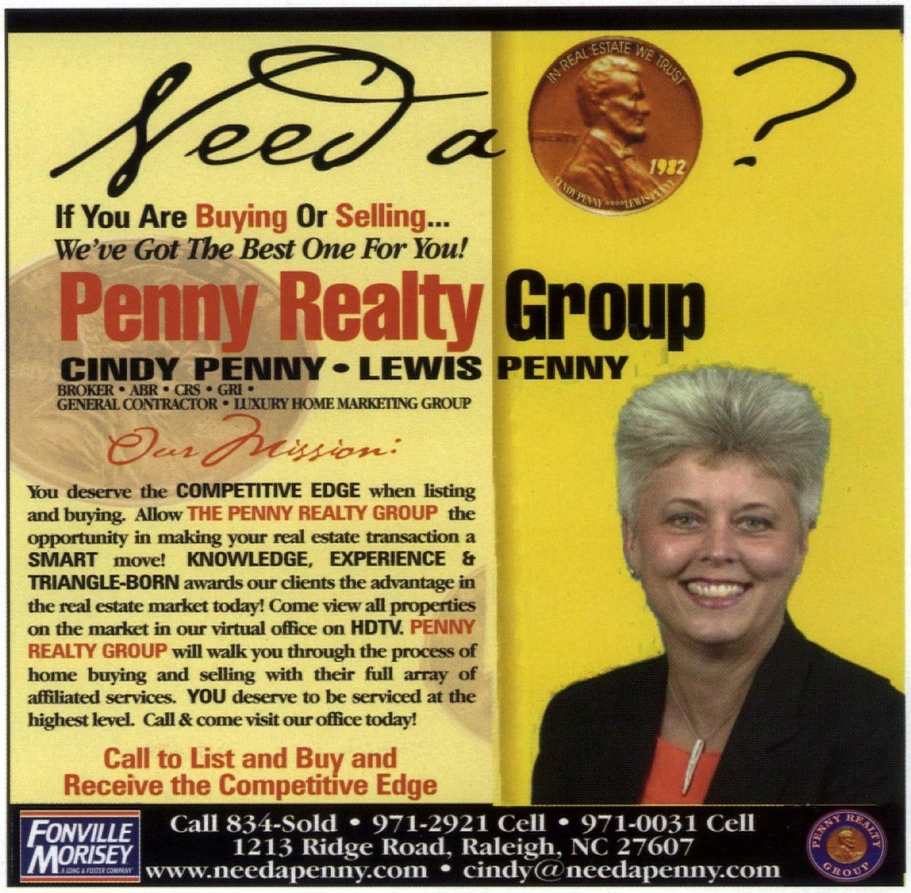


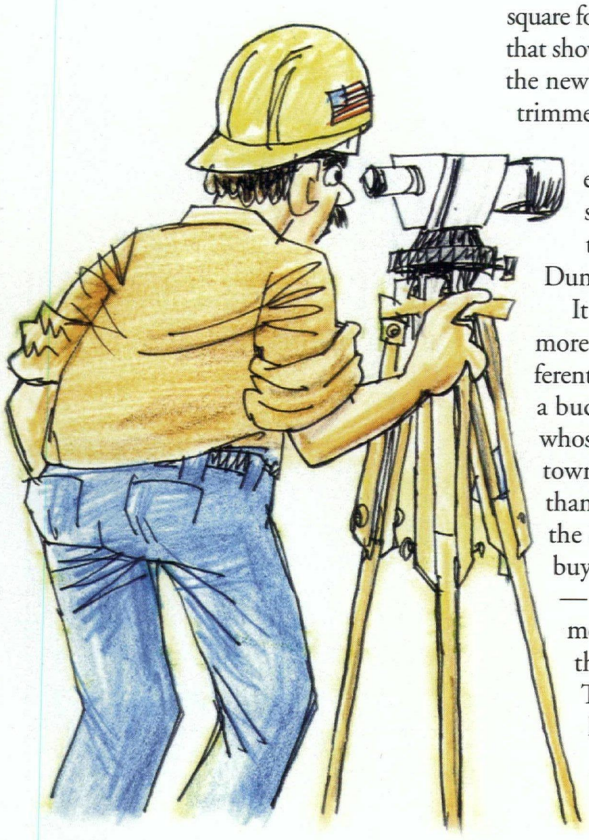
the house to be shown. A good real estate agent will visit the home and advise the seller on everything they need to do to put the house on the market.

According to Bromhal, sellers should take care of the yard and landscaping. "If you can't get them to your front door, they're not going to buy because they're not coming in. Yard and street appeal are important. You want to make sure the outside is clean and freshly painted, that the yard is spruced up and the grass is cut, if you want to set the stage to get them in the front door."

Some sellers will just dig their heels in, though. "Where they might be able to make an extra $10,000 to $15,000 if they would just get new carpet, or paint the whole house a neutral color, they won't do it. You have to spend money to make money when you're selling your house."

But with the market in its current state, buyers have much from which to choose. If they have 100 houses in their price range with the same number of bedrooms and





square footage, they're going to buy the one that shows the best, meaning the one with the new carpet, freshly painted walls and trimmed landscape.

"There's an old saying in real estate that if it's priced right and smells good and it's in a good location, it's going to sell fast," laughed Dunn.

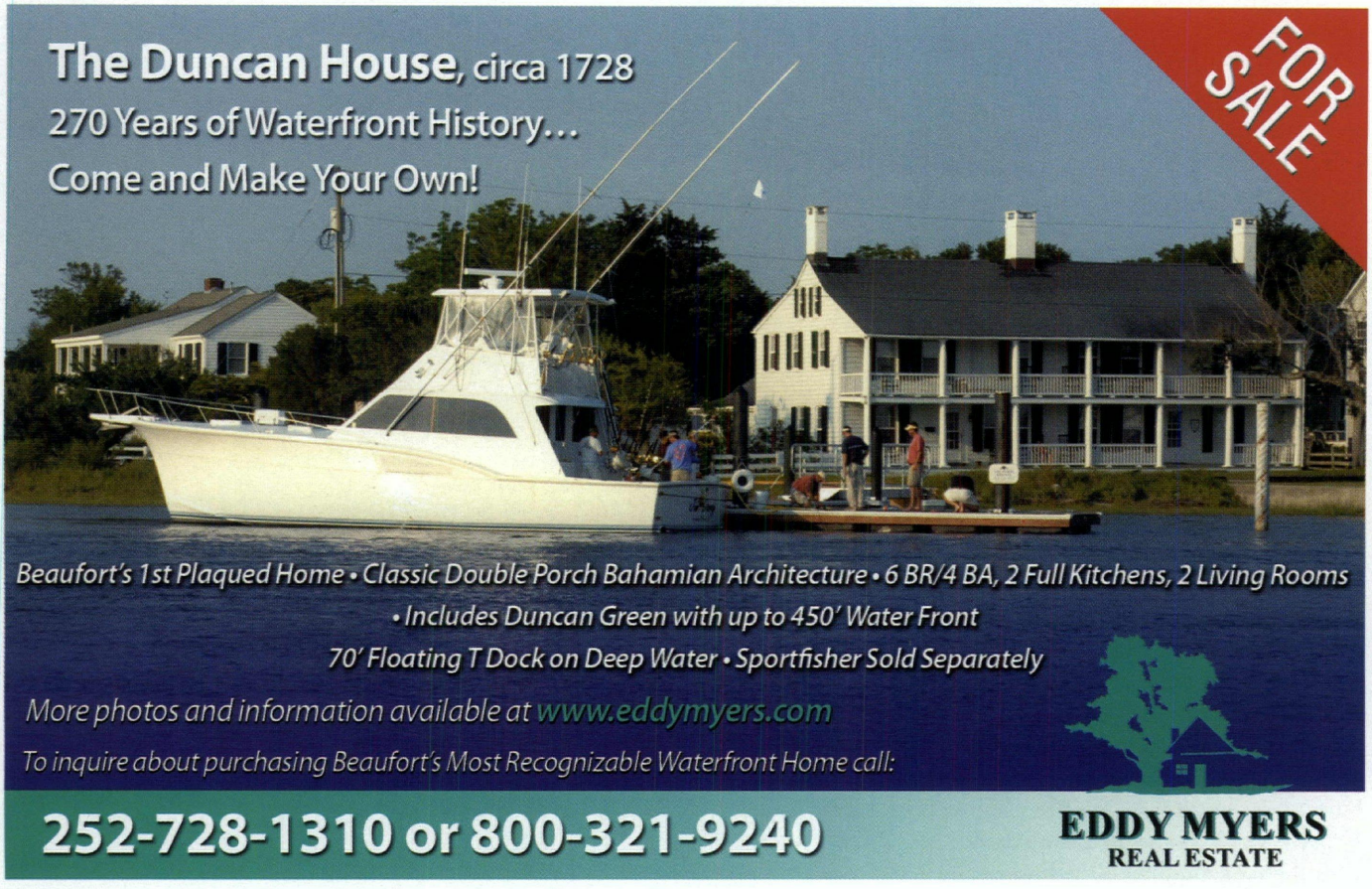
It might seem a buyer looking for a more expensive home would have different considerations from someone on a budget, but according to Bromhal, whose listings range from an $89,000 townhouse to homes costing more than a million dollars, that's just not the case: "The little buyers, the big buyers, they all want the same thing — they all want the most for their money, the best condition possible, the best location for their needs. They're so much alike it's unbelievable."

Amalia is finally taking the leap. She found a good agent, a good lender and a good builder. At the end of the summer, she'll be moving into her new North Raleigh townhouse.

"Luckily, I found professionals who were honest, experienced and knew what they were doing," she said. "The best part was they led me through the process, gave me good advice and made sure that nothing fell through the cracks. Oh, it still made me a little nauseous, but in between, buying my first house was very exciting and even a little bit fun!" MM

## TIPS FROM A BUILDER

Brooks Gulledge, of Gulledge Building Company Inc., has been building homes since 1968 as a small custom builder who constructs six to eight homes each year in the $400,000 to $1.5 million price range. He purchases lots from land developers and either builds a house on spec to sell later or works with a home-buyer's plans to build a specific house design. He offers the following tips and advice to potential homebuyers and builders.

**What's Hot Now?**

In the kitchen, granite countertops are hot because they are durable and come in colors you can decorate with. Some people are looking for "keeping rooms" — rooms off the kitchen or breakfast nook, which provide a sitting area with fireplace or TV. It ties together with the kitchen into one space but has its own identity.

In the living area, it's trendy to use the living room as an office or a library-type space, and hardwood floors continue to be very popular in the first-floor living area.

Two-story homes are most popular now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GRACIOUS LIVING INSIDE THE BELTLINE

It's that time of day. It's dusk, and the kids are bathed and tucked in. The sprinkler is clicking across the lawn, and the air smells so clean. I find myself here on my porch most nights. I love my home. Everything is so convenient. The pharmacy, the dry cleaners, the post office . . . what used to take me hours now takes minutes, and the kids love being able to ride their bikes to the neighborhood pool. I always wanted an "older home" because of the charm but shied away from the cost of renovation. Here, I have the ambience of the architecture I longed for, within a revered historic area, but it's all new. We even have alleyways. Yes, I'm happy here. It's really just become our home.

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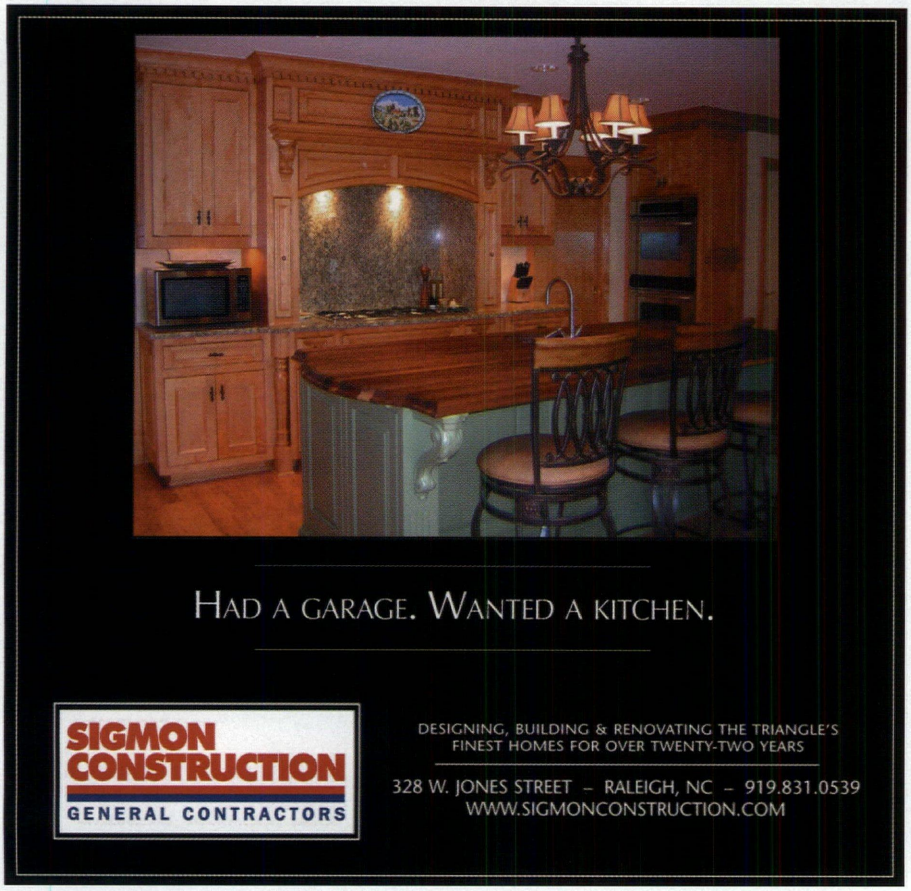



— they're cheaper to build for the square footage you want rather than trying to do it on one level. The size of the lots available right now makes it harder to build one-story homes.

### How Do You Choose A Lot?

The first thing I always think about is location — is the area appreciating in value? Will this area have homes in the price range in which I want to build? If you want to build an $800,000 home, then you want to build in an area that will support that kind of price range in the future.

### How Long Does It Take To Build A House?

It usually takes eight months to a year for the whole process.

### If You Were The Buyer, What Questions Would You Ask?

Where has the builder been building, and can I get references?

What kind of workmanship and materials can I expect from you?

What will you use for flooring, trimwork, windows?

What are the meanings of terms you're using with which I'm not familiar?

### How Do I Know If I've Chosen A Good Builder?

Get recommendations, check references and look at the houses the company has

already built. Aside from that, if you get a good builder, they will ask all the questions so you don't have any problems. We don't let you just tell us what you want to do; we interview you and find out about your lifestyle so we can build a home that will work for you.

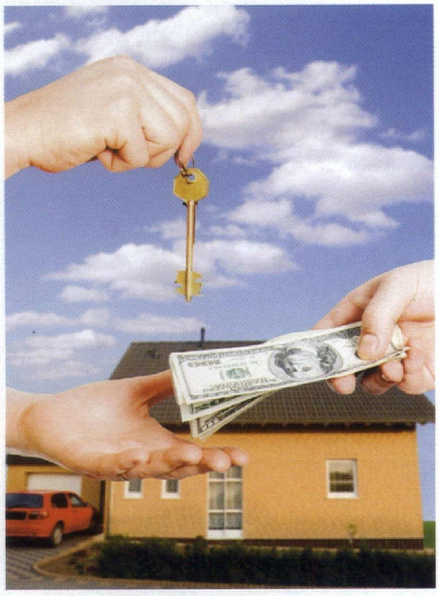
### What Is The Infill Teardown Phenomenon?

People go into central Raleigh, buy houses, tear them down and whatever they paid for the house is what the lot cost them. If you're in a good location, you build back a house that is more expensive than what was there. People like existing neighborhoods, but they don't have an opportunity to buy a new house because all the lots have been built on. MM

## REAL ESTATE FAQ

**Q. What is 80/20 financing?**

**A.** 80/20 programs are essentially a first and second mortgage, the first for 80 percent of the value of the home and the



second for 20 percent. By financing with this method, the buyer gets 100 percent financing without paying PMI (private mortgage insurance), which is waived if the buyer puts 20 percent down at the time of the closing.

**Q. Do you always need a lawyer representing you to close on a house?**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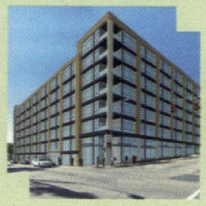

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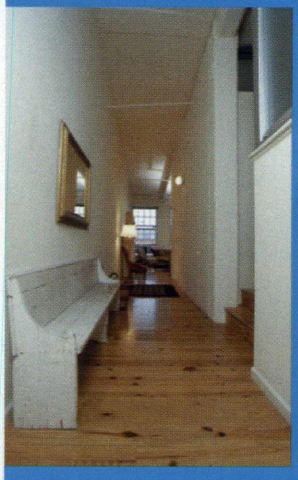

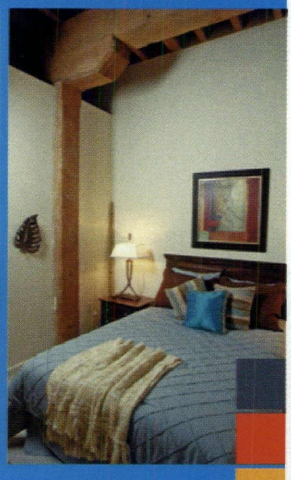

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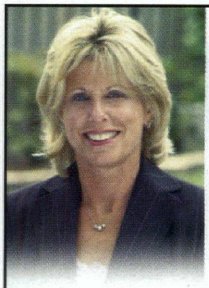
**A.** In North Carolina, yes. If you do not have an attorney, your builder or realtor will probably have preferred attorneys they work with often that they can recommend. The most important consideration is that you use a real-estate attorney who is familiar with the state's laws and handles these types of transactions on a daily basis.

**Q. Are Internet lenders reliable?**

**A.** According to a number of real estate agents and mortgage brokers that *Metro* spoke with, while there are probably some good online lenders out there, in their general experience, buyers tend to find the online loan experience frustrating. The main hurdle is lack of access — a buyer in Raleigh is dealing with a faceless name somewhere out of state. Most agents recommend using a reliable lender that has been recommended by people you trust, and who is local. Nothing compares to being able to talk in the same time zone, meet face-to-face and, if necessary, be able to drop off documentation and paperwork at the last minute to an office that is within driving distance of the new home, the old home and the attorney's office.

**Q. Are "in-house" or "preferred" lenders reliable?**

**A.** Some builders and realtors (such as York Simpson Underwood in Raleigh) have in-house lenders that their customers can go to for financing. Sometimes using the in-house lender is negotiable and sometimes it's not. If the buyer knows his realtor and/or builder are trustworthy, reliable and comes highly recommended, it stands to



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reason that the in-house lender will be, as well. In addition, there are usually hefty incentives that are conditional on using that lender that significantly benefit the buyer's bottom line. "Most times, that group would not be the preferred lender if they didn't have a proven track record with that builder or realtor," said Heather Dunn, whose BelleTerra Properties, Inc. does not have an in-house lender.

Every buyer needs to ask this question: Can this lender find a program that will allow me to buy the house I need/want with financial terms that will fit my budget? If the answer is yes, then the lender is right for you. If an in-house lender cannot meet your financial needs and using an outside organization is unacceptable, then you still haven't found the home that is right for you, and it's time to continue the house hunt.

**Q. Who do real estate agents actually work for?**

**A.** Real estate agents can represent either the buyer or the seller, it just depends on what the transaction is and how they want to be represented.

As a buyer, if you sign a buyer's agency agreement with a real estate agent, the agent represents the buyer and the buyer's

best interests. If there is no buyer's agency agreement, the real estate agent automatically acts as a sub-agent of that seller. The agent can still assist the buyer in finding the right home, and they are still committed to being fair and ethical to all parties involved, but they are not solely representing the buyer's best interest. For the buyer, signing the agreement doesn't limit which houses they can see, but once the buyer signs, he is promising to not use any other agent to buy a home. But the agreement can be cancelled at any time.

If a house is listed for sale with and is represented by a particular agent, that agent is acting on behalf of the seller.

A real estate agent can represent both the buyer and seller in a sale. For instance, if an agent has a home listed, and their sign is in front of the home with their name and phone number, and a buyer sees that sign and calls that number, then signs a buyer's agency agreement before the agent shows the buyer that home, then the agent is representing both the buyer and seller. That is a dual-agency situation in which the agent is committed to being fair and honest to both buyer and seller, and he or she cannot disclose any information to either party that may negatively affect the other in the deal. MM

*Thanks to Heather Dunn, broker-in-charge and co-owner of BelleTerra Properties Inc. in Southern Wake County, for her assistance in preparing this Q&A.*

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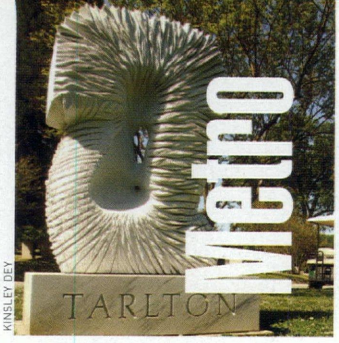


KINSLEY DEY

# Metro Design

by Diane Lea

## Raleigh's Serene And Scenic Oakwood Cemetery:

## HISTORY ALWAYS IN THE MAKING

Nestled in the heart of Raleigh's Historic Oakwood, the city's revitalized Victorian neighborhood bordering on the elaborate Queen Anne Cottage-style Governor's Mansion, Historic Oakwood Cemetery and Mausoleum quietly preserves Raleigh's heritage. Established in 1867 on a 2 ¼-acre parcel donated by Raleigh plantation owner and businessman Henry Mordecai, today the 102-acre, private, not-for-profit Oakwood Cemetery is more than a serene and scenic final earthly resting place.

The splendid natural setting, with paths winding among mature oak and cedar trees and ornamental shrubs, is also an outdoor history museum, art gallery, sculpture garden, a resource for historical research, botanical garden and arboretum, event setting, as well as a beautiful place to commune with nature and your own spirituality. Oakwood hosts a range of activities, including genealogy classes, star gazing expeditions, nature walks, book readings, photographic competitions, lectures on history and preservation, and even theatrical performances by Burning Coal Theatre Company and other arts and performing groups. But Historic Oakwood Cemetery's current vibrancy belies the heart-rending story of its origins — and owes much to the dedication and hard work of its staff and Board of Directors.

### CONFEDERATE DEAD

During the painful period of post-Civil War Reconstruction when North Carolina's Capitol City was occupied by Union forces, Confederate dead were buried in a local cemetery on Rock Quarry Road. In 1866, a group of Raleigh women decided to establish a permanent burial place and formed the Wake County Ladies' Memorial Association to begin the preparation of a graveyard on the land donated by Mordecai. The project received unexpected impetus in 1867 with the arrival of a federal agent sent to Raleigh to find a burial site for Union soldiers. The agent chose the Rock Quarry Road location and gave the local families three days to move the Confederate dead, or, as the story goes, the bodies would to be placed on the side of the road. More than 400 were hurriedly removed to the Mordecai site. The nonprofit Raleigh Cemetery Association, established in 1869, continued to increase the Oakwood Cemetery site to its present size, assisted in part by the city and private donors in acquiring adjoining land for expansion.

Today, Joseph Freed, Oakwood's general manager, begins his discussion of historic Oakwood by pointing out the neat rows of simple white headstones with pointed tops that characterize the old Confederate Cemetery.

"The legend is that the tops of the stones were pointed so that no Yankee could sit on a Confederate tombstone," says Freed. "We have 1500 Confederate soldiers and sailors and four Confederate generals buried here," he added. According to William S. Powell's *Encyclopedia of North Carolina*, the citizens of Wake County secretly made their way to Oakwood Cemetery on May 10, 1867 — Confederate Memorial Day — to honor their dead, although they had been prohibited by the Reconstruction military governor. Today, the Sons of the Confederacy host a Lantern Walk in the Confederate Cemetery the weekend before Halloween. The event includes re-enactors in various vignettes portraying life during the Civil War. Oakwood Marketing Director Michelle Pacofsky notes that the popular re-enactment attracts between 300 and 500 visitors.

### THOSE WHO SERVED

Not far from the Confederate Cemetery is the House of Memory, built in 1936 to honor the men and women of the state who served the nation through military service. The Gothic-inspired structure was conceived by Raleigh native Mrs. Alfred Williams in 1917 as a memorial for Confederate soldiers and sailors. The daughter of Confederate Maj. Gen. Bryan Grimes, Williams repeatedly lobbied the North Carolina General Assembly to allocate funds for the monument. Due to her efforts, the Assembly did vote a budget for the project and, with the help of private funding from the Daughters of the Confederacy, the cornerstone of the small solemn building was placed on May 10, 1935. Frank Porter Graham, then president of the University of North Carolina, dedicated the House of Memory to all the soldiers and sailors of North

**Photography by Kinsley Dey**

Carolina who served in time of war. The 22 feet by 38 feet structure, with open sides is constructed of rusticated Wake County stone and detailed with limestone windows and traceries. Overlooking the Confederate Cemetery, it houses 15 bronze memorial plaques honoring North Carolinians from all the nation's wars.

## THE POWER OF LOVE

Cemeteries are intrinsically sacred and romantic places where the beauty of the monuments and grounds stand as important reminders of the endurance of love and memory. Oakwood is no exception. Many tender love stories are rendered in the choices of memorials and sculpture. One of the most tragic is reflected in the small Grecian Temple of Diana that Philadelphia architect AG Bauer built by hand to honor the memory of his young wife, Rachel Blythe. Bauer was the right-hand man to Governor's Mansion architect Samuel Sloan of Philadelphia and even took over the completion of the project in 1885 when Sloan died two years after construction began. Bauer had met Blythe at a Raleigh boarding house. She was of Cherokee heritage, and the local citizenry, considering her of "mixed blood," refused to accept her into society after she and Bauer married. The Governor's Mansion was completed in 1891, and Blythe died in 1898 at a relatively young age. Perhaps, speculates Freed, her death was hastened by her imposed social isolation. Freed cites a letter sent by Bauer to a friend in which the broken-hearted widower refers to his work at Oakwood as being finished. Shortly thereafter, he committed suicide.

Another, somewhat happier, but none-the-less mysterious love story is commemorated by a magnificent bronze and granite memorial occupying a premier knoll in the lush Forrest Section of Oakwood. The memorial was commissioned by Michigan real estate entrepreneur Franklin Stanley Prikryl for his long-time friend and companion Ouida Estelle Emery Hood. The couple met in Raleigh, where Ouida was born and lived and eventually married successful automobile designer Wallace Hood. Wallace commuted back and forth to Michigan.

World War I and the opening of an army training camp nearby brought Prikryl to Raleigh where he met Wallace. A friendship bloomed among the three, and Prikryl offered Wallace a job after the War, specifying that they would all have to move back to Michigan. They did and soon the Hoods established themselves in the small farming community of Frenchtown, about 30 miles from Detroit. Prikryl moved in with the Hoods, and the three continued to live together while the gentlemen pursued their individual business interests and Ouida devoted herself to charitable causes. At some point, Wallace left Frenchtown but Prikryl stayed on, paying Ouida for his room and board. Sadly, Ouida died of a hemorrhage in 1930, and Prikryl took her body back to Raleigh, where he purchased two adjoining lots in Oakwood. Though she was buried in her beloved City of Oaks, the soil beneath which she lay was brought by Prikryl from Michigan.

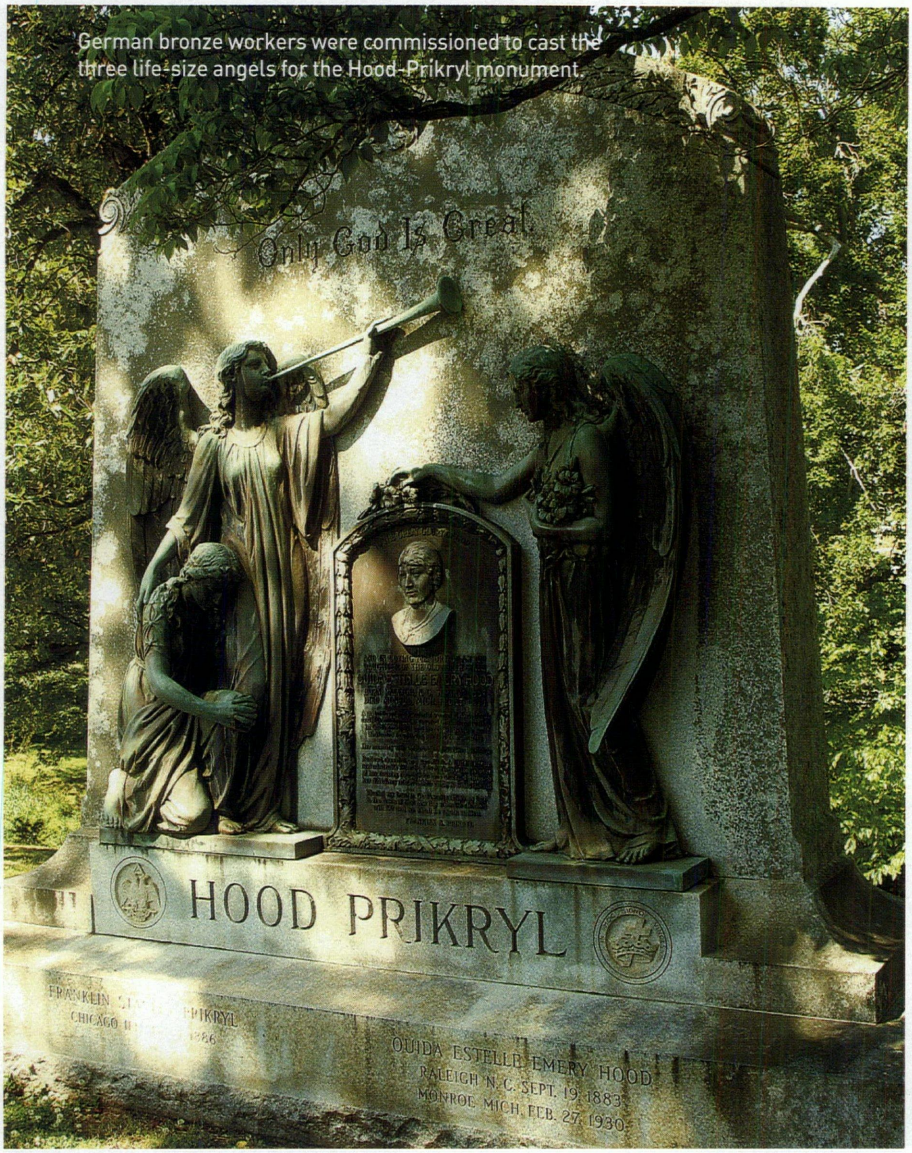
Prikryl turned to a group of bronze

Oakwood's Confederate Cemetery is the final resting place for 1500 Confederate soldiers and sailors.

workers in Germany to cast the three life-size angelic figures and a center bust plaque for the memorial. Though he had declared his intention of being buried in the Hood-Prikryl memorial with Ouida, Prikryl's life changed for the worse, and he died in Los Angeles while living with his sister. He is buried there in Forest Lawn Cemetery.

Angels are often selected to commemorate deceased loved ones. Their celestial connections and aesthetically pleasing appearance seem to give comfort to those left behind. One angel has acquired the title, the Guardian of Oakwood, and her story is the stuff of loss and redemption. Commissioned as a monument to his wife, Etta Rebecca White (1880-1918), by Raleigh businessman WE Ratcliffe, the angel was carved of Carrera marble in Italy. It was lost at sea off the coast of Wilmington, the port of entry most convenient to Raleigh. Happily, divers were able to find the angel and retrieve her undamaged. Her beautiful face, with its classical profile and wide-set, tranquil eyes, has made her a favorite of cemetery neighbors, staff, supporters and visitors.

As in all these Oakwood stories of love and tragedy, the artistry of the memorial seems to soothe the spirits of families and friends. One particularly touching memorial was commissioned by Sen. John Edwards' family to commemorate the death of their young son, Wade. Carved on the grounds of Meredith College by North Carolina sculptor Robert Mahaly, the marble statue depicts an angel enfolding a child in its flowing garments.



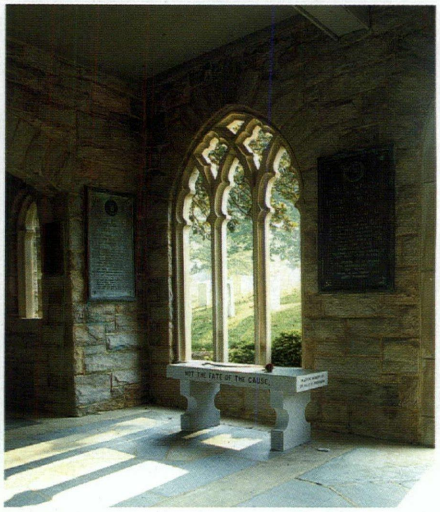

German bronze workers were commissioned to cast the three life-size angels for the Hood-Prikryl monument.

## RALEIGH OLD AND NEW

Many old and new Raleigh and North Carolina names appear on Oakwood's various stones and monuments, including six United States Senators. Being a Raleigh resident is not a prerequisite. It is open to all people, near and far in both geography and time. In fact, entire graveyards have been transported to the cemetery and recreated. Freed proudly points out that a graveyard associated with the Hinton family has recently been brought to Oakwood and re-interred.

"The Hintons, whose ancestors fought in the Revolutionary War and owned plantations in Eastern Wake and adjoining counties, were committed to saving their history," says Freed. "It's a worthwhile preservation project, and we have the room to place them all together in their order in the old family cemetery."

Freed proudly points out another important element in the Oakwood landscape, a special *Field of Honor*. "Due to the lack of space in National Cemeteries all over the country and here in North Carolina, Oakwood has responded to the need by designating a *Field of Honor* patterned exactly after Arlington National Cemetery," says Freed. "Many cemeteries have a Veteran's section, but they may not be so different from the civilian sections. It is very moving to see our rows of white marble markers replicating those in Arlington." A Veteran's Day Ceremony is held in the



The 1936 House of Memory honors North Carolinians who served the nation through military service.

*Field of Honor* every year.

Another important component in Oakwood is the modernist style mausoleum as a memorial choice, providing both crypt space and cremation niches. A beautiful Cremation Garden is nestled under Yoshino cherry trees that add to the glorious springtime display of blooming shrubs which makes Oakwood particularly beautiful in the spring.

So what are the issues being faced by this most personally significant, yet public facility? While good planning has provided space for 4000 available cemetery sites on 26 undeveloped acres — enough to serve the Raleigh community for another 200 years — Freed and superintendent Chuck Gooch, office manager Sharon Freed, grounds foreman Charles Batts and Pacofsky, say there are many issues to address.

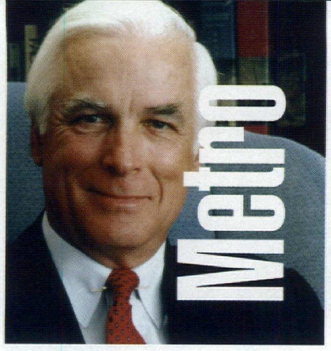
## FUTURE PLANS

"We had massive damage from Hurricane Fran," Freed says. "Our costs for tree removal, pruning and the restoration of stones, roads and plantings were astronomical. Without the help of the endowment fund, part of which is dedicated to the maintenance of each grave in Oakwood, and many significant private donations, we couldn't have done what we had to do in the relatively short time we had."

To address unforeseen events and expenses and to continue the tradition of quality maintenance, a new group called Friends of Oakwood Cemetery has been formed to assist the Board of Directors and the staff and, particularly, to assist in sponsoring and facilitating events, research and promoting public awareness of Oakwood's historical and cultural significance.

Quiet evenings are especially evocative in Oakwood Cemetery, but at almost any time of day there is a sense of Raleigh's history and the community's commitment to honoring and preserving the men and women of all pursuits, stations and faiths who lie here — and of peacefulness. Perhaps mostly peacefulness. MM

(top right) The modernist-style mausoleum provides both crypt space and cremation niches.
(below right) The Guardian Angel of Oakwood was retrieved from a sunken ship.




# Editor-at-Large

by Jim Leutze

## "I *VANT* TO BE ALONE"

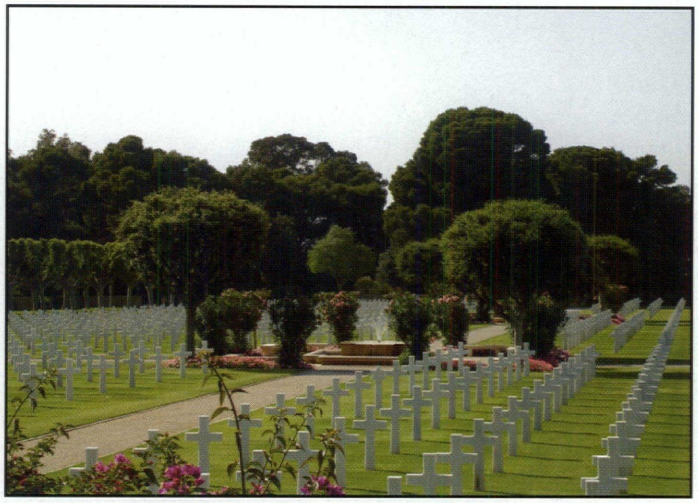
If you are an American and you want to be alone — sort of — go to Tunisia.

It has been said that war is God's way of teaching Americans geography and maybe history, but apparently, God also helps us forget wars. I say this because in the winter and spring of 1942-43, America's attention was focused on Tunisia, where Gen. George Patton was dueling with German Gen. Erwin Rommel in America's baptism of fire in World War II. Today, I bet only one in 10 can come within 1000 miles of locating it on a map or tell you what continent it's on.

So why in the world did my wife and I want to go to Tunisia? Well, to start with, it is a very historic place — not because of what happened there in 1943, but because of what happened there between 300 BC and 800 AD. Tunisia is the site of the ancient city of Carthage, the epicenter of the Punic Wars. Yes, there were Punes, which is what the Romans called the Phoenicians — and the Phoenicians or the Punes or the Carthaginians fought a series of three wars against Rome between 264 BC and 146 BC for control of the Mediterranean world. Hannibal was a Carthaginian, and he did take 50,000 men and a corps of war elephants to Spain and then across the snow-clogged passes of the Pyrenees to attack Italy. Although winning a lot of battles, such as Cannae, he lost the war and ultimately Rome triumphed.

Rome ruled Tunisia for 500 years, building temples, cities, coliseums (one that would hold almost as many as UNC's Kenan Stadium), roads and trading centers. It was via Rome that the Christians came to Tunis after Emperor Constantine embraced Christianity in 312 AD. Then in 632 AD, a new prophet was heard from, Mohammed. The Muslim religion swept the Middle East and forces from Tunisia joined the Moors in the invasion and conquest of Spain in 711. The Moors brought with them mathematics, medicine, astronomy and architecture. Some of their buildings, such as the Alhambra in Granada and the great mosque at Cordoba, remain to dazzle the senses.

While your senses may be glazing over, don't let them because it is memories of that Muslim glory that motivates some of Osama bin Laden's fundamentalists. I didn't know much about it until I taught a course comparing the war in Vietnam with the war in Iraq. To understand Muslim fundamentalists, you have to go back to these triumphs that lead many Muslims to ask, "What went wrong?" Why were we once such leaders and now seem left behind in the 21st century? So common is this question that they have abbreviated it to "WWW?"



American military cemetery outside Tunis.

OK, so I'm a historian and a security wonk, and I wanted to see a bit about what makes Muslims tick and where they came from. So, why *not* go to Tunisia?

Although a quasi-democratic, peaceful, relatively prosperous country, it is located in a bad neighborhood. Algeria is on one side (that border is closed) and Libya (that's where Omar Gaddafi hangs out) is on the other. It's 1436 miles to the next country in the Middle East where we are really welcome, and Israel is hardly an oasis of tranquility right now.

I balanced my sense of history against my sense of security — security was winning until my wife weighed in. Her sense of adventure trumps almost anything and certainly me. That's how we ended up alone in Tunisia. Let me qualify that we weren't alone; there just weren't any Americans. Every once in a while, at a clean restaurant, say, or a historic site, a whole school or flock of palefaces (Germans, French and other Europeans) would show up. Although we had our own guide, we and our new friends ate together, rode trains together, gathered around pools in beautiful hotels together, watched cultural events together and pretty much made up a society all our own. It occurred to me that an attack on this cluster of infidels could be carried off without hurting many Tunisians. There usually wasn't a native in sight, except for those few carrying trays of drinks.

It's a country of dramatic landscapes, deserts, palm trees and beaches to die for. The people are a little shy, which is understandable. Since Luke Skywalker filmed *Star Wars* there 30 years ago, they haven't seen many Americans, and since 9/11, they haven't even seen adventurers like Harrison Ford. It's a shame because it's a fascinating historical place filled with people trying to make a democracy.

There are Americans in Tunisia. We visited 2841 of them at the American military cemetery outside Tunis on Memorial Day. The US Marine who oversees this beautiful, well-maintained, sad site said his charges would be pleased we had come to pay our respects. MM

# COASTAL NEWS

By Mary Constangy

## GLOBAL FISHING CONTEST

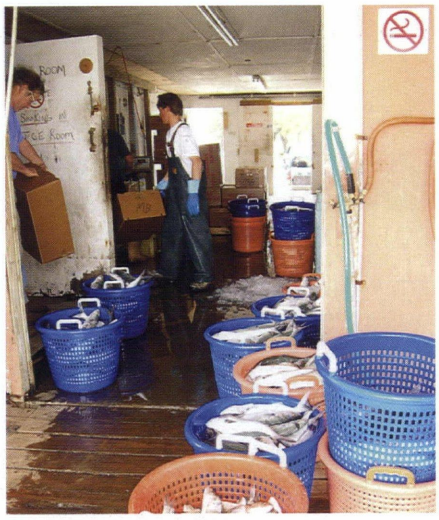
BountyFishing.com now offers a worldwide weekly fishing tournament. Members select from one to all 18 different species of fish, pay a $7 entrance fee and hit the water. After they haul in their catch, the competitor must take a digital image of the fish being held up in front of the person who caught the fish, as well as an image of the fish next to a tape measure. BountyFishing's revolutionary forensics protocol analyzes the catch and determines if the image and length are valid and not altered. Each week winners will be awarded a check and homepage coverage on BountyFishing.com.

BountyFishing.com also provides a fishing portal online where members can chat, compare photos, fishing reports and discuss the one that got away!

To speak with BountyFishing.com's CEO and learn more, contact Barry Roesler at 212-999-5585 or by e-mail: broesler@5wpr.com. MM

## OCRACOKE FISH HOUSE RESCUED

The Hyde County Commissioners voted to use its Revolving Loan Fund to issue a short-term loan to the Ocracoke Fish House to secure its lease in an effort to maintain the maritime history of the region.



Located in Ocracoke's historic village on Highway 12, the Fish House is the last facility of its type on the island and provides over 30 commercial fishermen and watermen with a location to provide fresh seafood to local restaurants, tourists and off-island wholesale distributors.

Managed by the Ocracoke Working Watermen's Association, the Fish House maintains traditional workplace jobs, serves as a hands-on educational and research center, and provides access to public waters for local watermen.

To learn more, visit www.ocracokewatermen.org. MM

## BEAUFORT ARTISTS' WEB SITE

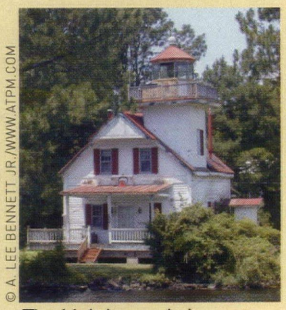
Beaufort's artists have come together to create the Beaufort Artists' Blog, a Web site providing information on local artists.

Created by artist Mary Warshaw, the site was launched during Beaufort's first official ArtWalk, June 22-23, as a part of the 47th Annual Beaufort Old Homes and Gardens Tour. The 11 participating artists are featured on the Beaufort Artists' Blog: Willie Baucom, Jennifer Crowell, Pene DiMaio, Al Goellner, Paul Hee, Mary Cotter Hurst, Keith Lambert, Trish Sheppard, Scott Taylor, Mary Warshaw and Pat Wesson.

To learn more about Beaufort artists, go to http://beaufortartists.blogspot.com. MM

# LIGHTHOUSE FINDS NEW HOME

The 1886 Roanoke River Lighthouse was moved to the shore of Edenton Bay in Colonial Park in May under the leadership of Paul Waff of Waff Contracting, Inc. and Worth Hare Jr. of Worth H. Hare & Son House Movers, Inc. The lighthouse will be restored as an attraction for visitors and residents.



© A. LEE BENNETT JR./WWW.ATPM.COM

The Lighthouse in its original location before the move.

The lighthouse, one of the few screw-pile lights left in the world — and the only screw-pile lighthouse left in the US — marked the entrance to the Roanoke River near Plymouth on the Albemarle Sound until abandoned in 1940. It was vacant for about 15 years until purchased by Elijah Tate. Emmett Wiggins, a World War II Navy engineer captain and underwater salvager, bought the lighthouse and transported it to Edenton and lived in it until 1995.

The lighthouse remained in the Wiggins family after his death until May 15 when it officially became the property of the Edenton Historical Commission. Since moving to Edenton Bay, it has become a part of the Heritage Tourism efforts for many years to come.

For more information, go to www.obxtv .com/n&w.htm. MM

CHRIS CURRY/THE VIRGIAN-PILOT

The 1886 Roanoke River Lighthouse is moved onto a barge to be moved to Colonial Park Wednesday, May 23, 2007, in Edenton.

# COASTAL CALENDAR

By Vanessa Finnie

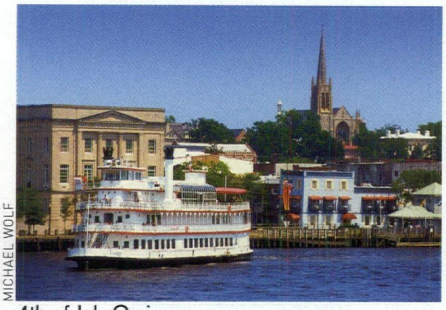
**Wine Festival on the Lawn:** July. Every Wednesday evening in July, enjoy a wine tasting hosted by the Whalehead Club on the North Lawn. Includes live music and food concessions. Admission is $20. **Corolla**. Visit www.whaleheadclub.org.

CAPE FEAR COAST CVB

*The Lost Colony*

**Beach Day:** July 1. This day-long family festival includes bocce ball, volleyball and horseshoe tournaments, as well as sand-creation and shag contests. Middleton Park, **Oak Island**. Call 910-278-5518 or visit online at www.oak-island.com.

**The Kinnakeet Sound Safari:** July 1 – 31. Take a trailer ride to a secret beach located on the Pamlico Sound and explore the unique marine environment of this estuary system. Every Tuesday, **Avon**. Call 252-995-5466 or visit www.hatterasrealty.com.



MICHAEL WOLF

4th of July Cruise

***The Lost Colony* 70th Anniversary Commemorative Show:** July 2 – 27. View memorabilia from this long-running show and enjoy a reception held on July 6. **Manteo**. Call 252-475-1500 or visit online at www.roanokeisland.com.

**38th Annual Twilight Hour Art Show and Sale:** July 3. Kick off 4th of July celebrations with art, hors d'oeurves and punch in historic Belhaven. Admission is free. **Belhaven**. Call 252-943-2566.

**4th of July Cruise:** July 4. Celebrate aboard North Carolina's largest riverboat with fireworks, food and drinks. Boarding time is 30 minutes prior to cruise. Reservations are required and tickets must be paid for in advance. **Wilmington**. Call 910-343-1611 or visit www.cfrboats.com.

**4th of July Fireworks & Concerts:** Morehead City, Atlantic Beach & Emerald Isle: July 4. This celebration on the Crystal Coast includes evening concerts and fireworks at 9:00 p.m. in all three locations. **Morehead City**. Call 252-726-8148 or visit www.crystalcoastnc.org.

**4th of July Parade & Community Picnic:** July 4. The day includes a parade on the downtown waterfront. Pets are welcome. **Beaufort**. Call 252-728-3917.

**Battleship Blast — 4th of July Celebration and Fireworks:** July 4. The largest choreographed fireworks display in the state takes place over the Battleship at 9:05 p.m. The night will begin at 5:00 p.m. with live music on the riverfront. **Wilmington**. Call 910-251-5797 or visit www.battleshipnc.com.

**Annual 4th of July Celebration:** July 4. Edenton celebrates with food, entertainment, arts and crafts, ending in a fireworks display over the water at 9:00 p.m. **Edenton**. Visit www.visitedenton.com.

**2nd Annual Harbor Nights Goes Fourth:** July 4. A fireworks display, live music and a street party on the Elizabeth City waterfront. **Elizabeth City**. Call 252-338-6455.

**65th Annual 4th of July Parade and Celebration:** July 4. One of the largest Independence Day events in Eastern NC includes a street dance and fireworks. **Belhaven**. Call 252-943-3770 or visit www.belhavenchamber.com.

**Beach Run Series:** July 5. A Carteret County summer tradition, enjoy running the Mile, 5K or 10K races on the beach strand during low tide. Registration starts at 5:30 p.m. at the Atlantic Beach Circle. $2 entry fee. **Atlantic Beach**. Call 252-808-3480 or visit www.ccparksrec.com.

**34th Cape Fear Blue Marlin Tournament:** July 5 – 8. Headquarters for the weekend-long tournament will be at Wrightsville Beach Marina, however all events will take place at Blue Water Grill. **Wrightsville Beach**.

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**Croaker Festival:** July 6 – 8. Festival includes a parade, street dances on Friday and Saturday night, kids' entertainment, arts and crafts, music, food, and more. Enjoy a fireworks display on Saturday night. **Oriental**. Visit www.croakerfestival .com.

**Fourth of July Offshore Tournament:** July 6 – 8. Registration begins on July 6 with fishing on July 7 or July 8. **Manteo**. Call 800-422-3610 or visit www.fishpiratescove.com.

**Classy-Chassis Car Show & Country Flea Market:** July 7. View antique cars and motorcycles on the grounds of Poplar Grove. Trophies will be awarded; raffles and food & beverages will be offered for sale. **Wilmington**. Visit www.poplargrove.com.

© BATTLESHIP NORTH CAROLINA

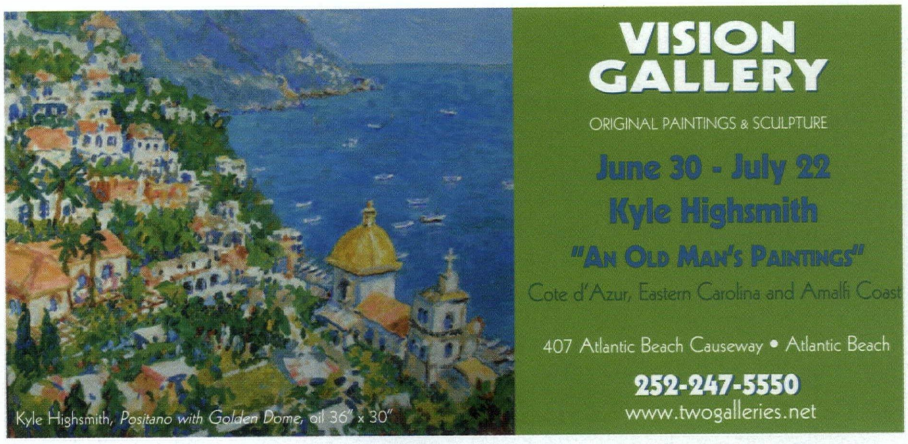
Battleship Blast

**Summer Show: Carteret County Arts & Crafts Coalition:** July 7 – 8. Show and sale of arts and crafts of coastal artisans will take place at the Beaufort Historic Site. **Beaufort**. Call 252-729-9311.

**2007 Wild Horse Days:** July 8 – 13. Come enjoy food, music, entertainment, auctions and a gentled Spanish mustang in coastal **Corolla**. Call 252-453-9040 or visit online at www.whaleheadclub.com.

**28th Annual Wright Kite Festival:** July 13 – 15. Enjoy flying kites at the base of the Kitty Hawk memorial, the site of the Wright Brothers' first flight. The day also includes competitions in kite making and stunts for kids and adults. **Nags Head**. Call 877-359-8447 or visit www.kittyhawk.com.

**African American Historic Downtown Walking Tour:** July 15. Learn about African American heritage in New Bern on a 90-



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minute walking tour which covers nearly 300 years of history. Tickets are $4 for adults, $2 for students at Tryon Palace. **New Bern**. Call 252-514-4900 or visit www.tryonpalace.org.

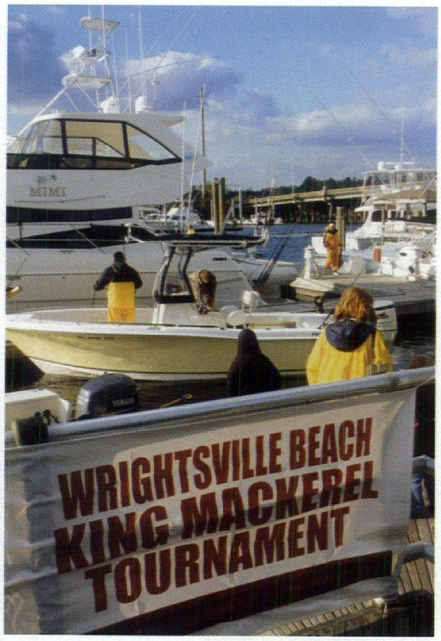
**Windmill National Sailing Regatta:** July 16 – 18. The 2007 Nationals for the Windmill Class of Sailboats will be held on the Albemarle Sound in **Edenton**. Visit www.visitedenton.com.

**Emerald Isle Family Fun Day/Special Beach Jive after Five:** July 19. This day-long event includes horseshoes, bocce ball, hula hoop contests, beach blanket bingo and more. Refreshments will be available for purchase and the Beach Jive begins at 4:00 p.m. with a free concert featuring Spare Change. **Emerald Isle**. Call 252-354-6350.

**NC Ducks Unlimited Billfish T&R Tournament:** July 19 – 21. The tournament will run out of Anchorage Marina. Events will take place at the Crystal Coast Civic Center in Morehead City. **Atlantic Beach**. Call 252-726-4423 or visit www.anchoragemarina.net.

**Barta Boys & Girls Club Billfish Tournament:** July 19 – 21. Events for the annual billfish tournament will take place on the Beaufort Town Docks. The tournament will conclude with awards and an art auction. **Beaufort**. Call 252-808-2286 or visit www.bartaboysandgirlsclubbillfish.com.

**Music in the Streets:** July 20. In its 5th season, this event includes live music on the



KING MACKEREL TOURNAMENT

Pamlico waterfront, a street festival, food and more. **Downtown Washington**. Call 252-948-9415 or visit www.visitwashingtonnc.com.

**Free Summer Concert Series:** July 20. A free concert held at Fort Fisher Military Recreation Area. Bring your own chairs, blankets or picnic. **Kure Beach**. Call 910-458-8434 or visit www.pleasureislandnc.org.

**4th Annual Dare County Boat Builders Challenge:** July 20 – 22. Registration opens on July 20 with fishing on July 21 and 22. **Manteo**. Call 800-422-3610 or visit www.fishpiratescove.com.

**Greater Wilmington King Mackerel Tournament:** July 27 – 28. Registration and all events will be at Dockside Restaurant and Marina on the waterway at Wrightsville Beach. Awards will follow weigh-in with first place winning $25,000. **Wilmington**. Call 910-409-5232 or visit www.gwkmt.com.

**Cape Fear Blues Festival:** July 27 – 29. This year's festival includes a Blues Cruise, an all-day blues jam in the park, live club shows, outdoor concerts, workshops and more. Events will take place between the beaches of the Cape Fear Coast and the historic riverfront of downtown **Wilmington**. Call 910-350-8822 or visit online at www.capefearblues.org.

**"Get Loose by the Neuse" Concert Series:** July 28. Enjoy relaxing on the banks of the Neuse River during a free concert in Lou Mac Park. **Oriental**. Call 252-249-3655 or visit www.visitoriental.com.

**Baskets of Summer:** July 28. Come for a day at Poplar Grove Plantation, complete with basket-making workshops and all-day classes with art instructors. **Wilmington**. Visit www.poplargrove.com.

**Wooden Boat Festival:** July 28. Cape Fear Community College presents their wooden boat festival, a celebration of the craft of boat building which features over 50 wooden boats, including skiffs, kayaks and more. **Wilmington**. Call 910-362-7151 or visit online at http://cfcc.edu/news/stories/boatfest/boatfest.htm.

CAPE FEAR COMMUNITY COLLEGE

Wooden Boat Festival

**18th Annual Knotts Island Peach & Wildlife Festival:** July 28 – 29. A morning parade is followed by live entertainment, children's activities and more in Knotts Island Ruritan Park. **Knotts Island**. Call 252-429-3002 or visit www.knottsislandonline.com.

**Southeastern North Carolina Watermelon Festival:** July 28 – 29. This coastal tradition offers crafts, food, entertainment, a parade and more. **Fair Bluff**. Call 910-207-

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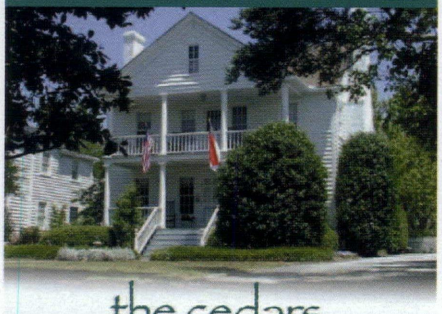

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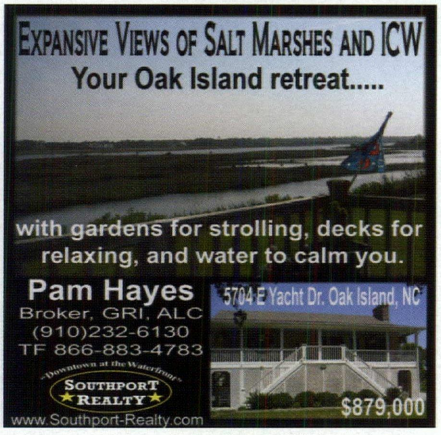

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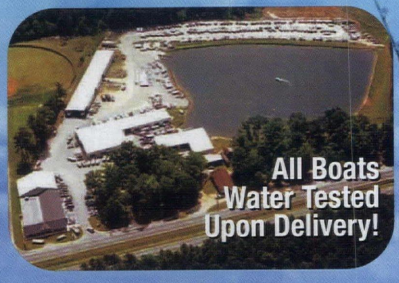


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Cape Fear Blues Festival

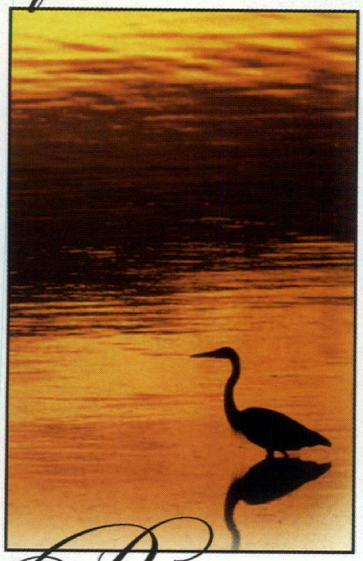
1696 or visit www.ncwatermelonfestival.com.

**Buddy Pelletier Longboard Memorial Contest:** July 28 – 29. Come out to watch this surfing competition, which attracts a number of amateurs and professionals to the shores of Atlantic Beach every year. **Atlantic Beach**. Call 252-726-2341.

**"An Old Man's Paintings — Cote d'Azur, Eastern Carolina and Amalfi Coast":** June 30 – July 22. Vision Gallery hosts an exhibition by Kyle Highsmith. The opening reception will be held on June 30. **Atlantic Beach**. Call 252-247-5550 or visit www.twogalleries.net.

Look for more coastal events in our August calendar.


Masons Pointe – before it's too late.



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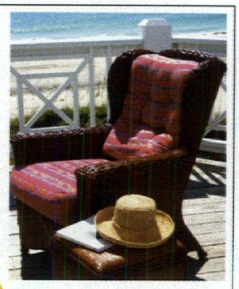

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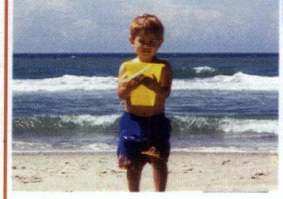

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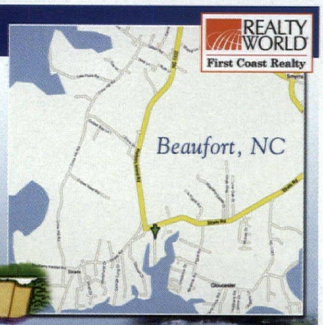
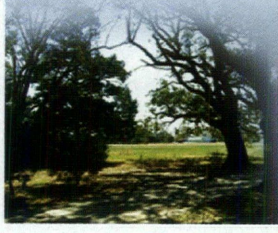
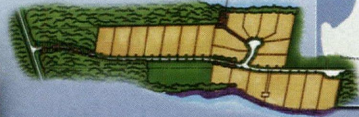
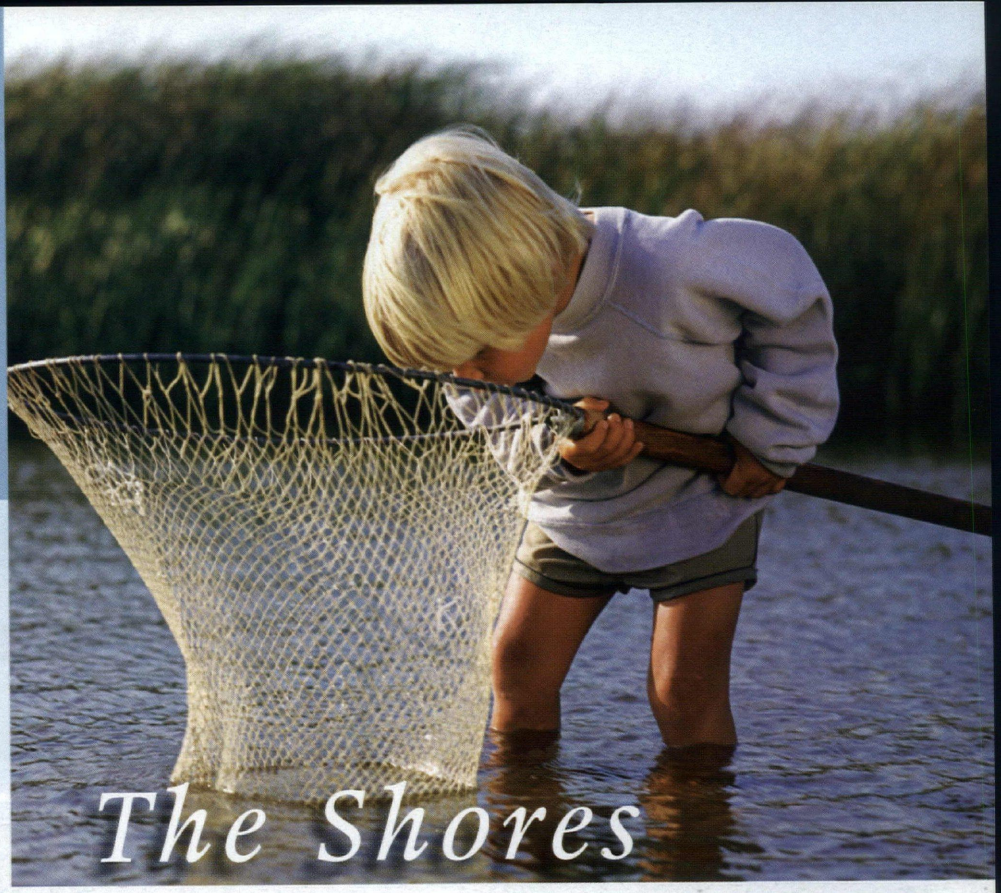




For more information, contact Bandy Herman (252) 241-1638

# You won't *Believe* What you will Find

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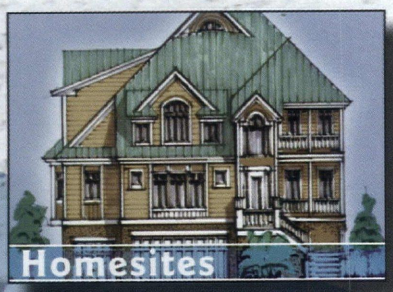
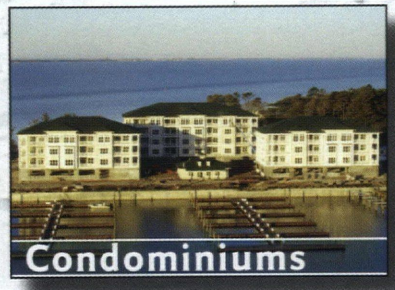
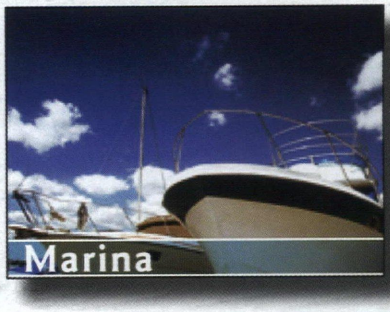
Typical mornings here are made for quiet walks where nature lives in marsh grasses with snowy white egrets, blue herons, crabs, tiny minnows and gentle waters. Afternoons are for boating, fishing or a cool swim at the pool. Evenings are for sunsets, socializing with friends at the clubhouse, and watching luxury yachts ply the Intracoastal waterway. Other days offer strolls on a nearby beach, picnics, morning meditations, a good book, music to heal the soul, a pleasant conversation, or just silence. Here you can do it all or do nothing at all.

You are invited to come live where life is gentle and more relaxed than you ever thought possible.

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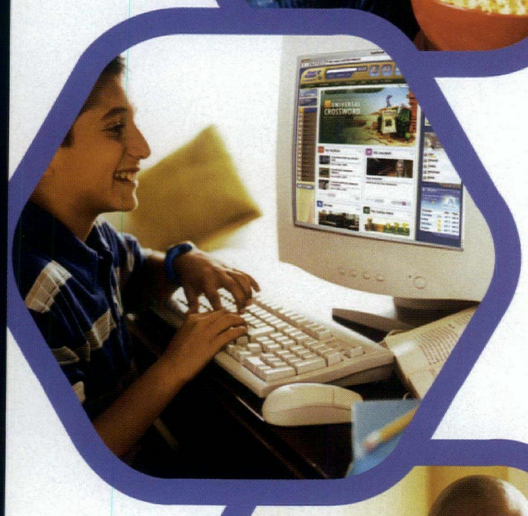

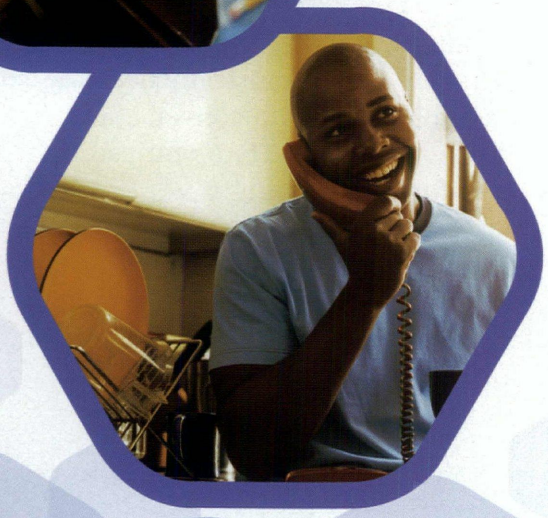

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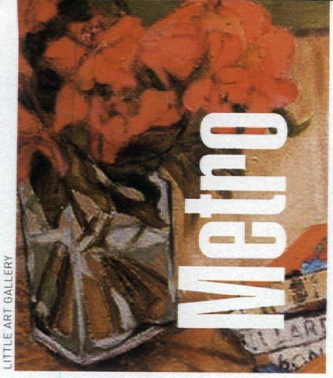
*Positano with Golden Dome*, Oil on Canvas, by Kyle Highsmith is on view during the exhibition "An Old Man's Paintings — Cote d'Azur, Eastern Carolina and Amalfi Coast" at Vision Gallery, Atlantic Beach through July 22. (See Coastal Preview for details.)

# Openings

Los Lobos, the celebrated band from East Los Angeles, performs new music from their critically acclaimed CD, *The Town And The City*, July 14 at The North Carolina Museum of Art, Joseph M. Bryan Jr. Theater in Raleigh. (See Preview Museums for details)

The Museum of Life and Science in Durham opens "Catch the Wind," a new 4-acre outdoor exhibit featuring open-air activities and exploring the friendly and potent nature of the wind in our environment. (See Preview Museums for details.)



LITTLE ART GALLERY

# Preview

by Mary Ward Younger

## CELEBRATE SUMMERTIME — THE HEAT IS ON!

### GALLERIES

**SUSAN ESPIN FEATURED ARTIST FOR JULY:** The Cotton Company, Downtown Wake Forest; Thru July (Opening Reception July 13). Contact 919-570-0087 or www.thecottoncompany.net.

ARTSOURCE FINE ART GALLERY

ArtSource Fine Art Gallery at North Hills will be featuring artwork by artist Ted Jaslow through the month of July including, *Midsummer's Eve*, Acrylic on Canvas; 48x60.

**SUMMER IN COLORS:** Vibrant flower arrangements in oil paintings by known Russian impressionists and realists; Russian Art Gallery, Cary; Thru Aug. 4. Contact 919-468-1800 or www.russia-nartcary.com.

**ARTSOURCE FINE ART GALLERY FEATURED ARTISTS TED JASLOW AND SCOTT HARRIS:** ArtSource Fine Art Gallery, Raleigh; Thru July. Contact 919-787-9533.

***PAINT IT PURPLE* — ART SHOW AND SALE TO BENEFIT ALZHEIMER'S ASSOCIATION:** A portion of the proceeds will benefit the Alzheimer's Association; Frameworks Gallery, Raleigh; Thru July 7 (Opening Reception and Meet the Artists June 7). Contact 919-781-3118 or www.frameworksonline.com.

**K-12 WORKS BY PITT COUNTY SCHOOLS ART STUDENTS:** Greenville Museum of Art, Greenville; Thru July 15. Contact 252-758-1946 or www.gmoa.org.

**RICHARD MARSHALL AND KEITH NORVAL — *CHANCES ARE, CREATURES THAT*:** Miriam Preston Block Gallery at the Municipal Building, Raleigh; July 6-Aug. 29. Contact 919-890-3610.

LITTLE ART GALLERY

*Waiting to be Read*, Oil on Canvas, by Mari, will be on display at The Little Art Gallery and Craft Collection in Raleigh during *Art Lovers Love Books... and Book Lovers Love Art*, Through Aug. 31.

***ART LOVERS LOVE BOOKS ... AND BOOK LOVERS LOVE ART*:** Art with a book/reading theme by over 30 artists and art books from Quail Ridge Books; The Little Art Gallery and Craft Collection, Raleigh; July 14-Aug. 31 (Opening Reception July 14). Contact 919-890-4111.

***GOOD INTENTIONS — DORTHEA DIX HOSPITAL*:** Art by Rachel Herrick addressing the past, present and future of North Carolina's Mental Health System and a portion of the proceeds benefit NAMI-Wake; Crocker's Mark Gallery, Raleigh; Thru July 20. Contact 919-612-7277 or 919-834-4961.

**EVENTS AT THE DURHAM ARTS COUNCIL:** Durham Arts Council, Durham; Contact 919-560-2787 or online at www.durhamarts.org.

- ***IMAGES OF UMSTEAD* — PAINTINGS BY L.D. WHITE:** Thru July 29
- ***RECENT PAINTINGS* — BY MICHAEL MEWBORN:** Thru July 29

RUSSIAN ART GALLERY

*Pancies*, by Olga Kalashnikova, Oil on Canvas, will be on display at The Russian Art Gallery, Cary through Aug. 4.

### CLASSICAL

**EVENTS AT THE NC SYMPHONY SUMMERFEST SERIES:** Koka Booth Amphitheatre, Cary; All shows begin at 7:30 p.m.; Contact www.ncsymphony.org.

- **INDEPENDENCE DAY:** Grant Llewellyn, Musical Director; July 4

- **WYNONNA JUDD:** William Henry Curry, Resident Conductor; July 7
- ***CARNIVAL OF THE ANIMALS FAMILY FUN*, MILTON LAUFER AND MAYRON TSONG, DUO PIANOS:** Joan Landry, Assistant Conductor; July 14
- **DOVID FRIEDLANDER, VIOLIN AND VIVALDI'S *WINTER* — CHRISTMAS IN JULY!:** William Henry Curry, Resident Conductor; July 21

NC SYMPHONY

Wynonna Judd performs with The North Carolina Symphony and Resident Conductor William Henry Curry at Koka Booth Amphitheatre in Cary on July 7.

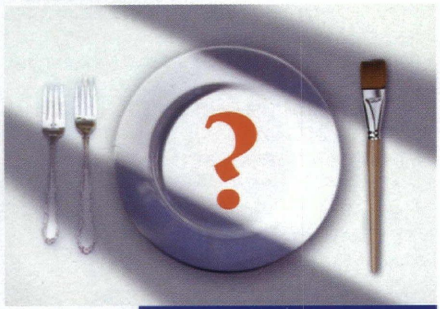
## POP MUSIC

**THE TOWN OF GARNER AND PINECONE PRESENT *EDSEL 500*:** Lake Benson Park, Garner; July 21. Contact www.pinecone.org.

**BEYONCE — IN CONCERT:** RBC Center, Raleigh; July 28. Contact 919-834-4000 or www.livenation.com.

**EVENTS AT THE BUD LIGHT DOWNTOWN LIVE CONCERT SERIES:**

- **THE ROMANTICS, WILL HOGE, ROYAL AMERICAN, THE BLEEDING HEARTS, & SNMNMNM:** July 14
- **NIGHT RANGER, THE BACKSLIDERS, FIVE STAR IRIS, KEPTECLECTIC, & BIG FAT GAP:** July 28
- **SOUL ASYLUM, YO MAMA'S BIG FAT BOOTY BAND, TERRY ANDERSON & THE OLYMPIC ASS KICKIN TEAM, BRITE BOY, & J-RODDY WALSTON AND THE BUSINESS:** Aug. 11




**LIVE MUSIC AT THE GRAPE:** The Grape at Cameron Village, Raleigh. Contact 919-833-2669.

- **LAURA RIDGEWAY — *JAZZ VOCALS, PIANO*:** July 6
- **STEVE HOBBS TRIO:** July 7, 14, 21 & 28
- **SUSAN REEVES DUO — *JAZZ VOCALS, PIANO*:** July 13
- **BLUE T:** July 20

MS. D PRODUCTIONS

The Rex Richardson Group will perform in their signature blues crossover style on July 6 at Berry Hill Plantation in South Boston, VA.

- **CAROL INGBRETSEN DUO — *JAZZ VOCALS, PIANO*:** July 27

**SUMMER JAZZ CONCERT SERIES AT BERRY HILL PLANTATION:** South Boston, VA. Contact 919-434-517-7000 or www.berryhillinn.com.

- **REX RICHARDSON GROUP:** July 6
- **STEPHANIE NAKASIAN AND HOD O'BRIEN QUARTET:** July 13
- **FREEMAN LEDBETTER QUARTET — FEATURING BROTHER YUSEF SALIM :** July 20

## STAGE AND SCREEN

***OLIVER!*:** PlayMakers and The ArtsCenter's collaborative program, The Summer Youth Conservatory, performs; Paul Green Theatre, Chapel Hill; July 13, 14 & 15. Contact 919-962-PLAY or online at www.playmakersrep.org.

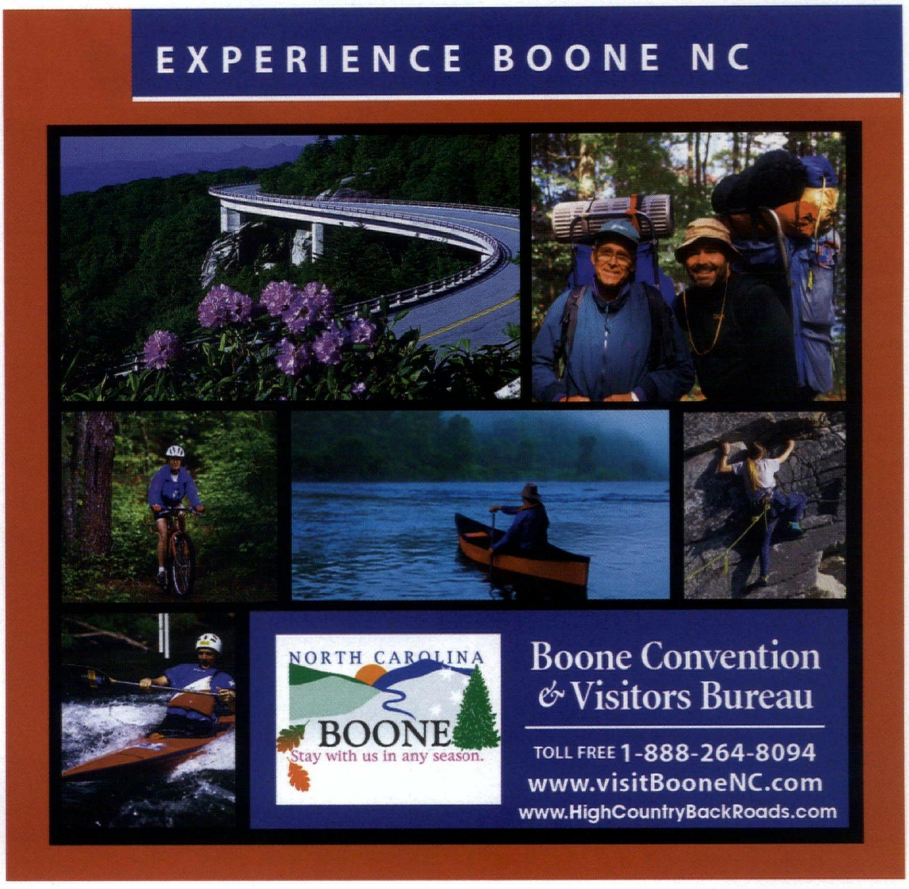
***THE NERD* BY LARRY SHUE:** Presented by Actors Comedy Lab; Cardinal Gibbons High School Theatre, Raleigh; July 13-14, 19-22 and 26-29. Contact 1-800-838-3006 or www.actorscomedylab.com.

**HOT SUMMER NIGHTS AT THE KENNEDY:** Kennedy Theatre at the Progress Energy Center for the Performing Arts, Raleigh; Contact 919-831-6060 or www.hotsummernightsatthekennedy.org.

- ***WAIT UNTIL DARK*:** July 25-Aug. 5
- ***5 WOMEN WEARING THE SAME DRESS*:** Aug. 8-19

**EVENTS AT THE DSI COMEDY THEATER:** Chapel Hill; Contact 919.338-8150 or online at www.dsicomedytheater.com.

- ***STANDUP COMEDY*:** DSI Company members and special guests make you laugh; July 5.
- ***CAGEMATCH*:** Competitive long-form improv comedy with all the drama of pro-wrestling; July 12 & 26.
- ***IMPROV JAM*:** Jump onstage and play games made popular by ABC's *Who's Line Is It Anyway*; July 19.



NCMA

Doc Watson performs music from the Blue Ridge Mountains with special guests Riley Baugus and Kirk Sutphin, July 28 at The Joseph M. Bryan Jr. Theater, NC Museum of Art, Raleigh.

## MUSEUMS

***THE NATURAL AND NOT — SO-NATURAL* BY BRYDIE PALMORE:** Orange County Historical Museum, Hillsborough; July 1-29 (Opening Reception July 8). Contact 919-732-2201 or online at www.orangecountymuseum.org/events.

**"CATCH THE WIND":** A series of outdoor interactive exhibits exploring how wind influences the environment around us; The Museum of Life and Science, Durham; Ongoing. Contact 919-220-5429 or www.lifeandscience.org.

Metro Magazine
- News and Events
- Feature stories
- Style and Fashion trends
- Art news
- Design trends

919-831-0999
www.metronc.com

**EVENTS AT THE NC MUSEUM OF ART:** Raleigh; Contact 919-839-6262 or www.ncartmuseum.org.

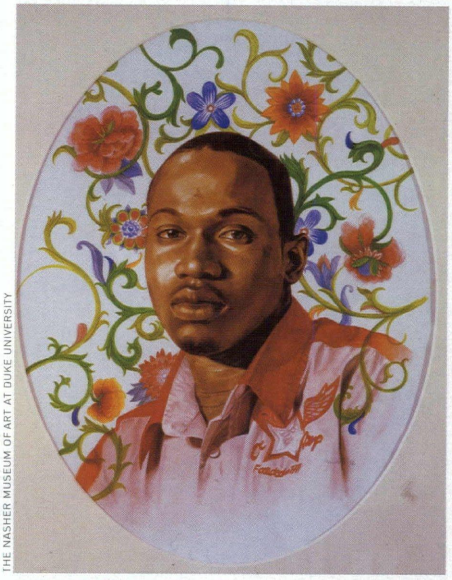
- **EXHIBITION — *THE BIG PICTURE*:** Thru September 2
- **MOVIE — *LETTERS FROM IWO JIMA*:** July 7
- **MOVIE — *VOLVER*:** July 13
- **CONCERT — *LOS LOBOS*:** July 14
- **MOVIE — *THE DEPARTED*:** July 20
- **MOVIE — *HAPPY FEET*:** July 21
- **MOVIE — *NIGHT AT THE MUSEUM*:** July 27
- **CONCERT — *DOC WATSON W/ RILEY BAUGUS & KIRK SUTPHIN*:** July 28

**EVENTS AT THE NC MUSEUM OF HISTORY:** Raleigh; Contact 919-807-7900 or www.ncmuseumofhistory.org.

- **HISTORY CORNER — *BLUEGRASS MUSIC*:** To register, call 919-807-7992; July 11.
- **HISTORY À LA CARTE: *CONTINUING THE LEGACY OF DR. CHARLOTTE HAWKINS BROWN*:** July 11
- **MAKE IT TAKE IT — *MOUNTAIN LIFE*:** July 14
- ***PIRATES AHOY!*:** To register call 919-807-7992; July 21
- **SUMMER PERFORMANCE SERIES — *CHARLES PETTEE*:** July 22

**EVENTS AT THE NASHER MUSEUM OF ART:** Duke University, Durham; Contact www.nasher.duke.edu.

- ***STREET LEVEL* — MARK BRADFORD, WILLIAM CORDOVA AND ROBIN RHODE:** An exhibition of recent work by three urban-focused artists who are exhibiting together for the first time; Thru July 29.
- ***THE PAST IS PRESENT* — CLASSICAL ANTIQUES:** Sixty works of art from the ancient Mediterranean world ranging in date from about 2800 BCE to 300 CE will be on view in this new exhibition; Ongoing.
- ***COLLECTED IDENTITIES* — GIFTS FROM THE BLAKE BYRNE COLLECTION:** On view through Sept. 30.



THE NASHER MUSEUM OF ART AT DUKE UNIVERSITY

*Ivelaw III (Study)*, Oil on Paper by Kehinde Wiley and other gifts from the Blake Byrne Collection are on view during *Collected Identities* at The Nasher Museum of Art at Duke University in Durham through Sept. 30.

## POTPOURII

**RALEIGH SUMMER READING SERIES:** The City of Raleigh in collaboration with the North Carolina Writers' Network host this event featuring well-known authors Betty Adcock and Bridgette A. Lacy; Peace College Main Hall, Raleigh; July 9 & 11. Contact 919-890-3610.

**TENNIS LEGENDS PETE SAMPRAS AND JOHN MCENROE *SERVING UP ACES*:** RBC Center, Raleigh; July 21. Contact 919-834-4000 or www.ticketmaster.com.

**"BODIES ... THE EXHIBITION":** Exhibition provides an up-close look inside the systems of the human body; The Streets at Southpoint, Durham; Thru Aug. 5. Contact 1-866-866-8265 or www.bodiestickets.com.

**EVENTS AT THE SENATOR BOB MARTIN EASTERN AGRICULTURAL CENTER:** Williamston; Contact 252-792-5111.

- **FIRECRACKER JUBILEE & LIBERTY BELL CLASSIC GAITED HORSE SHOW:** July 6 & 7
- **DOUBLE RUN FARM FUTURITY & SERHA MAIN EVENT:** July 11-15
- **ROANOKE RENTALS/SOUTHERN STATES OPEN HORSE SHOW:** July 21 & 22
- **NCDCTA YOUTH CAMP & CLINIC:** July 26 & 27
- **SUMMERTIME BLUES DRESSAGE HORSE SHOW:** July 26 & 27

Our thanks to Cyndi Harris for her assistance with MetroPreview.

***EDITOR'S NOTE:*** *Please send events info and color images, slides or photos 6 weeks before publication date. Send to Mary Ward Younger,* Metro Magazine, *1033 Oberlin Rd. Suite 100, Raleigh, 27605 or e-mail: mary@metromagazine.net.*

# On the Town

by Katie Poole

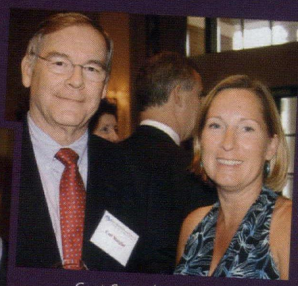
## Wake Education Event 2007

June 6, 2007
Prestonwood Country Club

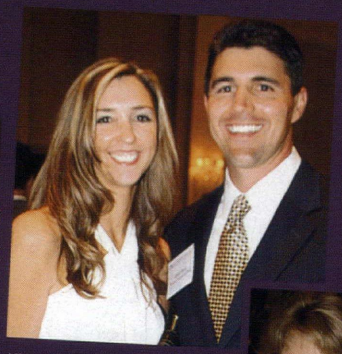
Jim and Ann Goodnight

Charles Royle, John Ward

Dargan and Blount Williams, Leah Goodnight Tyler and Runyon Tyler

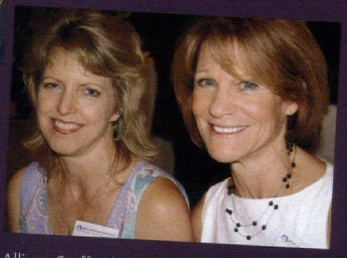


Curt Stangler and Patrice Lee



Kim Raynor, Brian Reid

Mike Hartel, Oliver Spencer



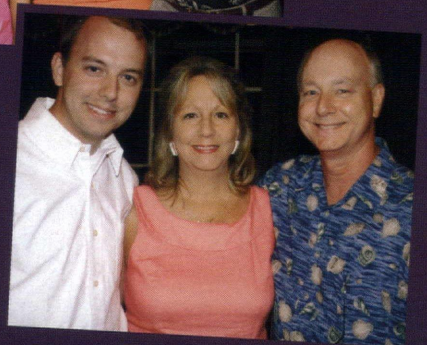
Allison Stafford, Fran Carruther

Scoop Green, Suzanne Adams

## Hospice Summer Salute:

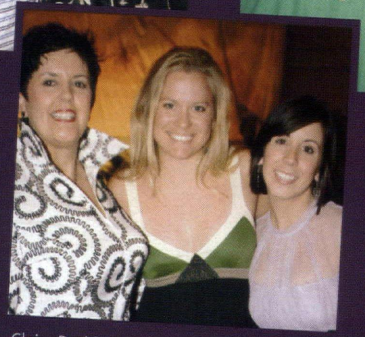
June 2, 2007
North Ridge Country Club

David and Jean Boerner, Kathy Oshwalt and Keith Keener

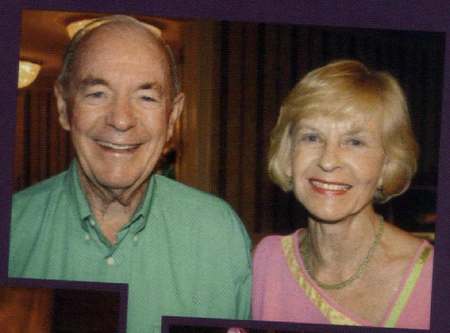


Jonathan, Sherry and Mack Weddle

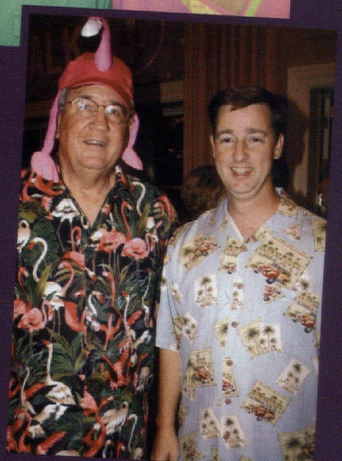
Larry Barbour and David Crabtree



Claire Dodd, Amber Rogers, Elizabeth Byrd



David and Mary Kee White



Steve Salisbury, Gary Woodleif

## Triangle Tea Society

Thursday June 14, 2007
The Umstead Hotel, Cary NC

Arlene Diosegy, Patty Briguglio, Joan Myers, Elizabeth Scott

Lisa Cunningham, Denise Rotondo, Bridget Roberts

Robin Costello, Virginia Parker

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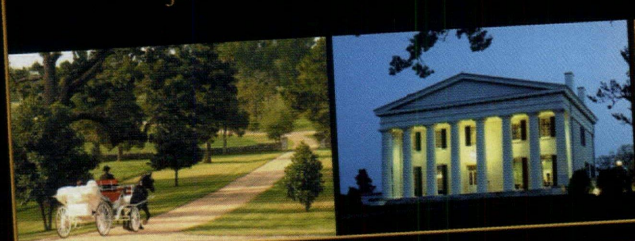
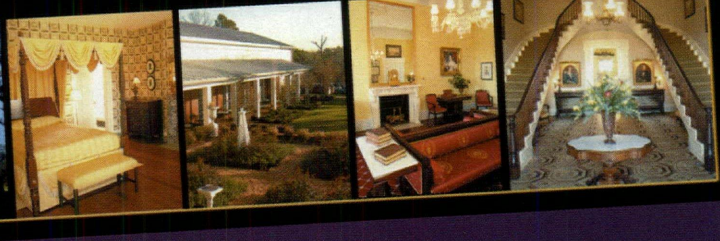
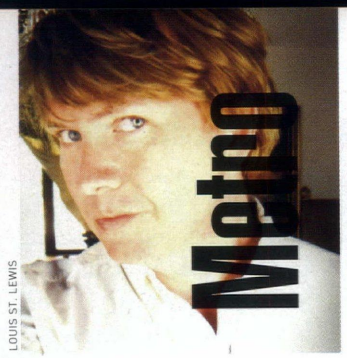






LOUIS ST. LEWIS

# Artist-at-Large

by Louis St. Lewis

## TAR HEEL TONY-WINNER'S COSTUMES KEEP AMERICA BEAUTIFUL

Now I don't know about y'all, but when I was a young boy I was kept on a very tight leash. Not only was I not allowed to run wild, but even my choices in clothes were restricted. Every summer my mother would bring out the Sears, Roebuck & Company catalog, and I was instructed to pick out three pairs of dark trousers and three light-colored long-sleeved dress shirts for school that fall. It was so embarrassing. All the other kids were running around in bell-bottom jeans and paisley shirts, and I looked like I just fell off a missionary truck. It therefore should come as no surprise to those reading this that when I finally arrived at North Carolina School of the Arts in Winston-Salem, my very first stop was the local thrift store where I threw my dowdy duds into the dumpster and walked out in a pair of gold leather hot pants and an electric blue poet's shirt.

I felt so free at last, and I could tell by the way that folks honked their horns at me while I was walking down the street that they all approved of my new sartorial style, as well. Ah, the difference the right look makes!! Back at school on the first day of my costume design class, our teacher bellowed out: "We make LOTS of peasant costumes; you are not here to come up with designs for Diana Ross & The Supremes." As you can imagine, from that day on, my sketchbook was filled with designs for Diana Ross & The Supremes, and all my peasant designs had rhinestone trim and frayed sequins. This did not endear me to the teacher, and when I created a footman's uniform out of #2 pencils and someone wound up punctured by the sharpened lead, I found myself thrown out of the class and relegated to a fine art curriculum.

Even though my costume designing career was over even before it started, the experience gave me an appreciation of the importance of a look, an image, a presence — whether on the theatrical stage or the stage of life. It was therefore such a thrill to visit the current show at Wilmington's Cameron Art Museum: "Between Taste and Travesty: Costume Design by William Ivey Long." The first time I met Long was at last year's glamorous Mannequin Ball, and he was being catty, talking trash about someone's shoes just as I was thinking the same damn thing, so I immediately felt enormous respect for the man.

And what is there not to respect? Long has won the Tony Award for best costume designer FIVE TIMES for huge hits such as *The Producers, Hairspray, Nine, Crazy for You* and *Grey Gardens*. He

(top) Costumes from *Hairspray*, for which Long captured one of his four Tony Awards; (bottom) The Pearl Babes from *The Producers*

also has been picked as designer for the new *Young Frankenstein*, and there is not a person in the costume design world that doesn't admire him or flat out hate him due to jealousy. He started early as a designer, creating an Elizabethan ruff for his dog when he was just a child and never looked back. He is definitely the man I would want to have living near me after a natural disaster or post-apocalyptic crisis because you know full well that he could take an old shower curtain and a roll of duct tape and twirl out an outfit that would make you look like a million bucks in no time flat.

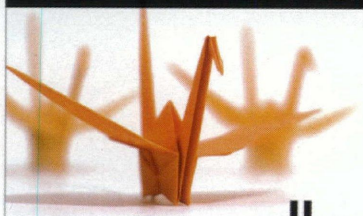
The Cameron Art Museum has several of his spectacular designs on display, but I must give you fair warning. The show is open for guided tours ONLY and just between the hours of 11:30 a.m. to 2:00 p.m. Tuesday through Sunday, and at 6:30 p.m. every fourth Friday evening. Why, you may ask? I'll tell you why, because the folks at the Cameron Art Museum are smart enough to know that if they just let people run around the museum and get up close and personal with the costumes on display, some of you would be snatching

This is the costume that Lynette Chapel wore as the "Snake Charmer" in Siegfried & Roy at the Mirage Hotel. One entire wing of Cameron Art Museum is devoted to the show.

hats off the mannequins in the blink of an eye. Also, most of the items are from Long's private costume collection, and he knows better than any of us the high cost of dry cleaning. He really doesn't want you fingering the garments like you are at T.J.Maxx. From what I know, Long has no children to speak of, but I would really like to encourage him to think about donating to the local sperm banks. After all, they encourage doctors and scientists, Nobel Prize winners and geniuses, so I see no reason why Long's inimitable style and flair for the dramatic should not be shared with others through his DNA bequest. Just think how much more attractive the world could be in just a few short generations. Now that's what I call keeping America beautiful.

CORRECTION: Last month I mentioned going over to The Streets at Southpoint and checking out "BODIES … The Exhibition." I erroneously stated that the works were by one of my favorite artists/mad scientists Gunther von Hagens. While von Hagens is the inventor of the process, and the most imaginative and creative person in the world working with this process of preserving and displaying bodies in this way, he is not related in any way to this exhibition, other than by obvious inspiration. Who would have known there were so many companies out there wanting to stick dead folks behind glass and take the show on the road? MM

SUMMER CLASSES



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by Carroll Leggett

# EARL SLICK AND SMITH'S RED & WHITE

Earl Slick died just a few weeks ago. No. Not Earl Slick, David Bowie's guitarist and founder of The Earl Slick Band. Earl Slick, the Winston-Salem entrepreneur who built the city's first shopping center, Thruway (the second in the state), and whose name has been synonymous with big money since he founded his own air-freight company — Slick Airways — in his 20s.

Slick, who died at age 86, flew below the radar. To show you what I mean, he died on Sunday, was buried on Tuesday and the newspaper found out on Friday.

Thousands of Wake Forest law graduates like me had a certain fascination with Slick because legendary Wake professor, Dr. Robert E. Lee, used his name when he needed a rich man for his hypotheticals. Lee would say, "Now suppose Earl Slick..." It saved him time. He didn't have to explain that he was talking about a man of wealth and standing. I have a neighbor whose former husband is a Wake law grad. They separated decades ago. But when she read Slick's obituary, she had to e-mail him the news.

Slick flew so far below the radar, in fact, that few people know of his substantial connections Down East — way east, in fact, on the northern most Outer Banks. Until the '80s, the area north of the Dare County line was just sand dunes. I took a trip to Corolla in the '70s in a pickup truck, and, thanks to Slick, we had to drive on the beach.

Slick was ahead of the rest of us and saw potential in the area. In 1973, for $2 million (it probably would be worth $2 billion now), he purchased 636 acres from Walter B. Davis, the Texas oil tycoon. That is the same Walter B. Davis who has mentored State Sen. Marc Basnight and helped him create his political dynasty.

Slick immediately caused a row and a lawsuit that went all the way to the Supreme Court.

According to the *Insider's Guide to North Carolina's Outer Banks*, "In 1975, Slick erected a wooden guardhouse at the southern tip of his property, barring all but residents or landowners from entering Currituck beaches. Impassioned protests, which at times came to blows, eventually put the matter in the hands of the North Carolina Supreme Court. Finally on November 1, 1984, the state took over the road that stretched from the Dare County line north. As security guards watched, bulldozers toppled the guard post, opening free passage all the way to Corolla and clearing a path for widespread development."

Slick developed the Pine Island Club and the Sanderling Resort & Spa, one of the Outer Banks' most exclusive vacation destinations. Among many extraordinary features, such as stretching from the Atlantic Ocean to the Currituck Sound, the Sanderling Resort has excellent chefs and food worth the drive — it's a long hike to the Sanderling from almost anywhere.

Although Slick made our trip to Corolla a tad inconvenient because of his guard house, he, indirectly and unbeknownst to him, did do me a small favor by helping me find one of North Carolina's most unique grocery stores and some of the state's tastiest air-dried country sausage. I hope St. Peter gave him credit for this good deed at check-in, along with points for deeding to the Audubon Society the land that now comprises the Pine Island Audubon Sanctuary.

I was telling the late Sen. Ham Horton that I was headed Down East for an event in Rocky Mount. "Have you ever been to the Red & White in Dortches?" he asked. "They carry the finest country sausage I have ever eaten. Earl Slick told me about it. He won't let them serve anything else at The Sanderling Inn."

Horton knew about good eating, so I made the five-minute jog off Highway 64 (it's also right off Interstate 95 between the two highways) and found myself in Dortches, just outside the Rocky Mount city limits. It was Christmas, and buggies were bumping in Smith's Red & White as customers filled carts with holiday fixings, including old-fashioned candies from the largest selection I have ever seen. Smith's often sells two tractor-trailer loads of candy between October and January.

I saw corned hams in the meat section — a rarity even in Eastern North Carolina where they are something of a holiday tradition — and there was a long line at the counter where two employees were dedicated just to selling sausage. Anne O'Conney and Eunice Greene can weigh and wrap sausage so quickly that it is almost impossible to photograph them. During an average week, the Red & White in Dortches sells 6000-7000 pounds of air-dried sausage and around

Christmas 30,000 pounds a week — all made on premises.

What Horton said is true — the sausage is some of the best made anywhere. There is a reason for it. The Red & White has the right balance of spices — primarily sage and red pepper — and it also uses choice cuts from pigs slaughtered at their own facility at an optimum weight of about 250 pounds. Some sausage makers purchase scraps from pork processors or use meat from hogs well past the size and age of peak flavor.

I chatted with an elderly African-American woman from Philadelphia who was taking home five huge packages of sausage for friends. "Those folk up there think they have eaten sausage. I'm going to prove to them they didn't eat 'real' sausage until they tasted some of this," she said. I got a similar story from a woman from Atlanta shopping with her mother, a local patron. She also was stocking up on Eastern North Carolina stone-ground cornmeal — surely the world's best. Smith's Red & White carries two of my favorite brands — Abbitts, made in Williamston, and Atkinson's, made in Selma. I was intrigued by Atkinson's "Cattail" cornmeal, something I had never seen before. It took a call to the company and a conversation with a kind lady named Cindy Bass for me to learn that "Cattail" was a brand that

Atkinson's bought out. It is now the finest grind on the market.

On my first visit, I bought sausage, spiced pickles for our family's Christmas dinner, dilled string beans and pickled okra as appetizers for my Wednesday night dinner group, fig preserves and Chowan's Best canned herring roe, which folks Down East consider a delicacy. It is available each year in limited quantity, and seldom seen farther west than Dortches. The Red & White tries to order enough at one time to last until the next season.

I didn't have a cooler, so I couldn't take home Red & White's signature pimento cheese or chicken salad touted by several customers. The chicken salad has all the ingredients I include in mine — chicken breast, mayonnaise, sweet pickles and celery — plus boiled eggs. I learned later that people drive for miles to buy lemon chess pies, caramel cakes (loads of icing) and chocolate fudge cakes made by in-house baker Hazel Armstrong, whose catering is well-known in the region.

I was awed by the tremendous assortment of "Smith's of Dortches" branded items, including steak seasoning (very good), relishes, pickles and specialty items such as whole preserved figs, sweet potato butter and watermelon rind pickles. In my next life I will be a spiced peaches tycoon. Few stores carry them and those that do run out before Christmas. Each year I panic before finding some for my sister-in-law Nancy's groaning board. Those at Smith's are peach halves, which I prefer, because usually whole spiced peaches are hard and difficult to eat. Then what do you do with the stone?

I have made two more visits to Smith's Red & White. I met and visited with the owner, Bruce Smith, a gracious and gentle fellow, and also a shrewd businessman who appreciates his clientele and his niche in the marketplace. The next trip I spent several hours with Derrick, his son and heir apparent. The acorn did not fall far from the tree. Derrick is a prince of a fellow and loves the business.

Between you and me, Smith's Red & White is now one of my regular spots. I was thinking that folks headed to the Outer Banks from the Triangle could make a stop in Dortches and stock up with doggone nearly everything they would need to feed a crowd for a week or two, including country ham that the Smiths cure themselves. Pigs come into their slaughter house oinking and months later have been transformed into "salt and pepper" cured ham available by the pound in the deli. Mighty good, too. Derrick sliced me some. MM

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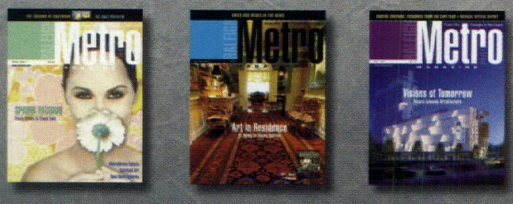

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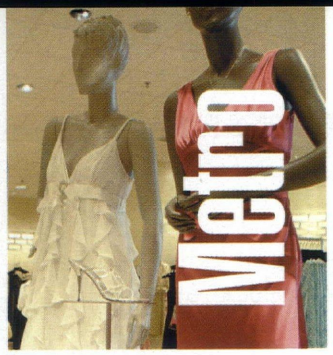



# Style

by Katie Poole

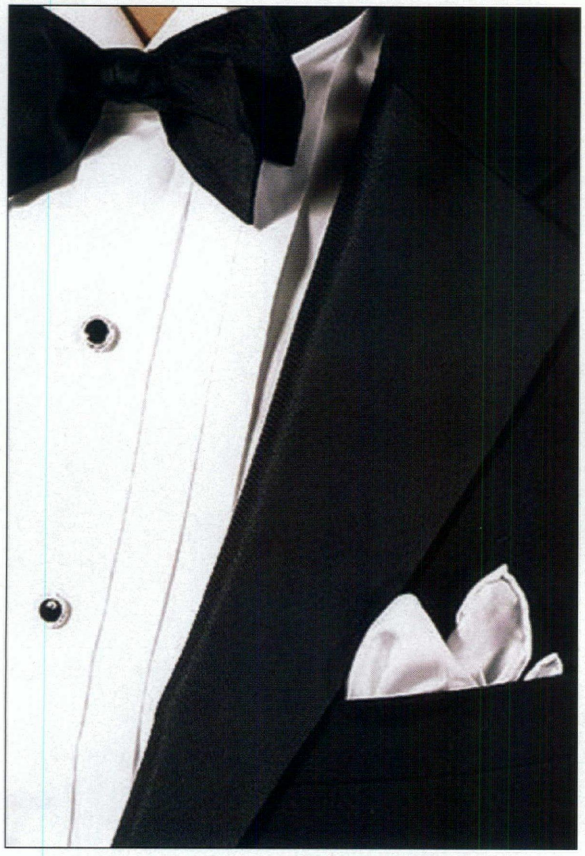
## Summer Style For Men:
## THE SIMPLE CLASSICS

Men, just because it's warm outside, suitable attire is not pleated shorts and a Hawaiian button-down: Warm weather is not an excuse to dress poorly. Instead, think back to the days of Cary Grant and Fred Astaire and realize that many elements of style are timeless. Here are seven suggestions to ensure that your summer aesthetic never annoys.

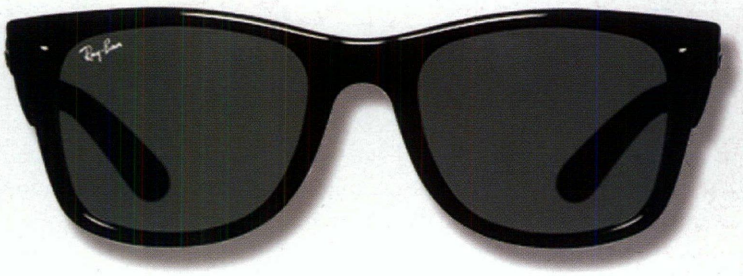
**Khaki Pant** — While his British regiment was stationed in India, Sir Harry Lumsden needed a way to hide the stains on the pants of his pure white men's uniform. He mixed mud, curry powder and mulberry juice and applied them to the cloth. The Indians referred to the resulting color as "khaki" or "earth-colored." Ralph Lauren integrated the khaki pant with the Brooks Brother shirt, the single-breasted blazer and striped necktie to create the "all-American look." A summer classic indeed.

**American Saddle Shoe** — This American classic was popular with Ivy League and East Coast university students and professors in the 1950s. Today, this weekend shoe looks great paired with a pair of chinos and a polo shirt.

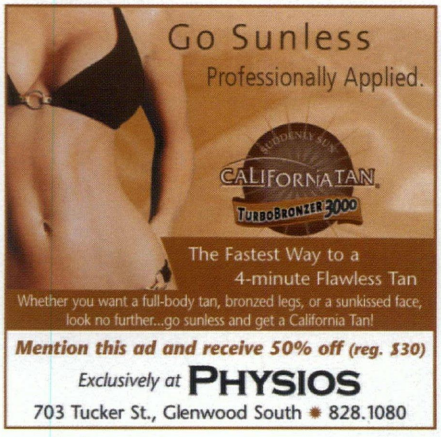
**The Summer Suit** — A light, half-lined Italian summer suit is an essential garment for a gentleman's wardrobe. It's almost hard to believe that a lightweight fabric can hang so brilliantly. The most popular are designed in a variety of fabrics: cashmere, lightweight wool, silk, linen and cotton. All of these fabrics can be worn in a summer suit, but a tropical weight pure wool suit retains its shape and hangs the best.



**Pocket Square** — It is always appropriate and very stylish to wear a pocket square with either a sports coat or a suit jacket. Even with chinos or jeans and without a tie, a colorful pocket square can add a touch of elegance to any outfit, turning a drab outfit into a uniquely harmonized ensemble.



**Ray-Bans** — Finally, in the 1980s, people began to consider sunglasses as an everyday element of style, and today, Ray-Ban sunglasses by Bausch & Lomb have achieved a cult status in both America and Europe. Because of their fine craftsmanship and impeccable style, Ray-Bans have been the choice of the well-dressed man since.

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**The Panama Hat** — Originating in Ecuador and woven from the leaves of the Panama palm, it is the epitome of a summer classic. Designed with an "optimo crown," the top of the hat forms a crest that endures folding. It's possible to roll the hat up and put it in your pocket. Due to the elastic fibers of the jipijapa plant, the hat snaps back into place repeatedly despite harsh treatment.

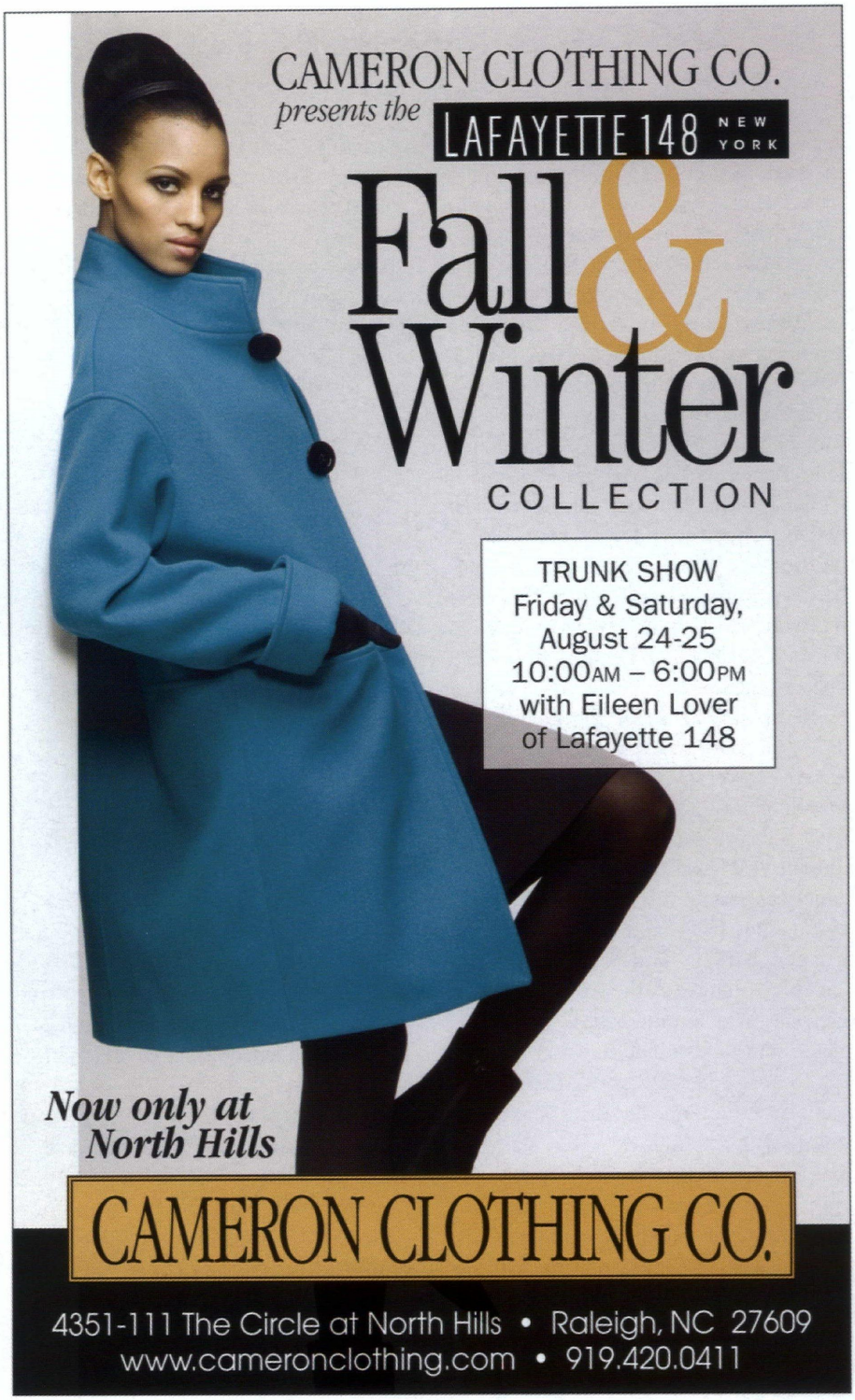
**Lacoste** — In 1933, René Lacoste designed his shirt for golf and tennis. Out of necessity for freedom of movement, all Lacoste polos are created in 100 percent cotton piqué. As soon as 1939, tennis players preferred his design to the traditional long-sleeved overshirt. Lacoste's nickname in tennis was "le crocodile." The iconic reptile has come to symbolize the success of this design classic.

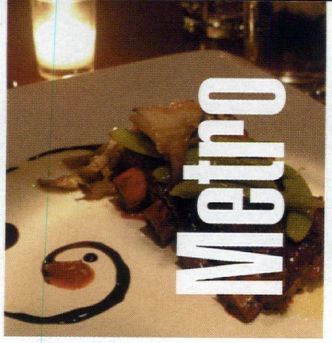
# FASHION NEWS

**Saks Fifth Avenue** will have a Final Cut Sale July 12-15. 50% will be taken off already reduced prices of merchandise, for a total of 60%-70% off. Also, starting July 29, customers will receive a free gift with the purchase of a Lancome product. Triangle Town Center, Raleigh, 919.792.9100

July 27th, the Vera Wang Salon at **Alexia's Bridal Boutique** will host a "Truly Pink" event to launch Vera Wang's newest fragrance. The event will be a "pink affair" from the flowers to the bubbly. Cary, NC, 919.481.6633.

**Benefit Cosmetics introduces new "D'finer D'liner" clear lip liner** available in July. The soft wax lining pencil creates a line around the lips to reduce lipstick feathering and keeps lipstick in place. Available at Sephora and Belk Department Stores.





# Metro Gourmet

by Moreton Neal

## Special Dining Experience In Kinston

## CHEF AND THE FARMER WORTH A SPECIAL TRIP

"I can't believe I'm in Kinston!"

This is the reaction of nearly everyone who walks in the door of Chef and the Farmer, according to the restaurant's owner/chef Vivian Howard. To tell the truth, she and her partner Benjamin Knight can hardly believe they're in Kinston either.

Just two years ago, she and Knight, an aspiring artist, were living in a tiny Harlem walk-up serving soup out of their bathtub. Their catering business, Soup's On, boasted such high-profile clients as designer Ralph Lauren, actress Liv Tyler and the staff at Condé Nast publishing house. Encouraged by her devoted soup lovers, Howard was on the verge of signing a lease on a Manhattan storefront establishment when she received "an offer she couldn't refuse" to return to her roots in Lenoir County and open a restaurant.

Rethinking her life in the aftermath of 9/11, Howard had walked away from a lucrative career in international advertising to wait tables at Voyage, an upscale Greenwich Village bistro. As hoped, a new path unfolded for her at this primarily Southern American restaurant: She met an important mentor, Chef Scott Barton, her future partner, Knight, and her true calling. "Scott's brilliance at the stove impressed me," she says, "but it was really his knowledge about food and culture that inspired me to enroll in New York's Institute of Culinary Education, and that's where I fell in love with cooking."

Howard's irrefutable offer happened to come from her father, a hog farmer from Deep Run, just a half hour's drive from Kinston. The close-knit family missed their girl. To lure her home, they pitched in to buy a crumbling old mule stable downtown, just off Queen Street. With Howard and Knight's design input, they transformed the wreck into a contemporary space with an open semi-circular kitchen extruding boldly into the brick-walled dining room. They even included a large loft space upstairs for Knight to use as a studio. But downstairs, lights are low, bold, abstract paintings (by Knight) line the walls, and the soulful sounds of Billie Holiday waft through the room. The mood is urban, sophisticated … in fact, it feels just like New York.

KINSLEY DEY

So, without a hint of a haystack or pitchfork anywhere, just where does the farm come in?

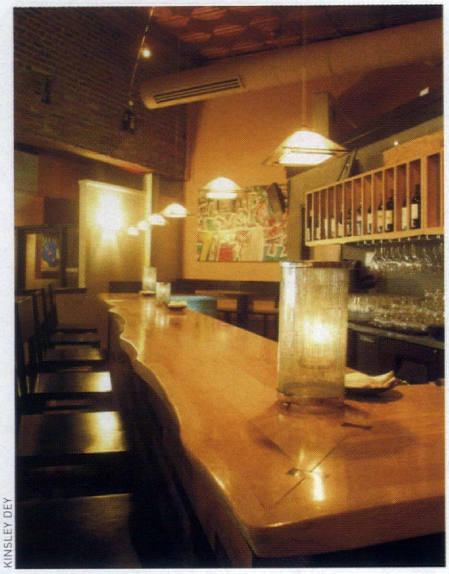
On every plate! Goat cheese is made nearby at In the Red Farm in Chinquapin. Lamb, chickens and Berkshire pork come from Rainbow Meadow Farms in Snow Hill. And Howard finds plenty of fresh produce from both Kinston's and New Bern's farmers' markets. From these ingredients she concocts dishes that include espresso-crusted hanger steak with goat cheese and arugula smashed potatoes, a delicate fruity white gazpacho and pan roasted chicken with braised Sharp Head cabbage.

My companions and I were delighted with each course and wine pairing on the tasting menu. Porcini mushroom pâté, Carteret County red snapper with tapenade and slow-roasted tomatoes, shrimp and grits with the inspired addition of Berkshire Farm sausage — these dishes were just a fraction of the evening's delectable samplings. Howard's creations are subtle, never overwrought. Like the best of cooks, she allows the quality of her ingredients to shine without drawing attention to technique, elaborate garniture or shocking flavor combinations.

Her desserts (strawberry-rhubarb panna cotta, mocha crème brûlée, caramel-frosted *tres leches* cake) were all extraordinary. One of them epitomizes the simple elegance of Howard's style: molten lava cake with a scoop of roasted banana ice cream with a single garnish — a crescent-shaped slice of crisp, roasted banana perched on top. It's worth a two hour drive from the Triangle just to taste this one perfect dish.

Discriminating diners in small towns dream of operating a great restaurant in their own neighborhood. But unless that small town is a tourist destination or close to a metropolitan area, it rarely happens. When it does, the attempt usually fizzles for lack of a critical mass of regulars. Kinston is just far enough from both the Triangle and the coast to discourage a visit just for dinner, but the town's enthusiastic gourmets, and those from neighboring New Bern, Greenville and Goldsboro, are keeping Chef and her entourage of local farmers busy. By popular demand, the eatery will open for lunch this summer — excellent news for beachgoers en route to their sandy destinations.

KINSLEY DEY



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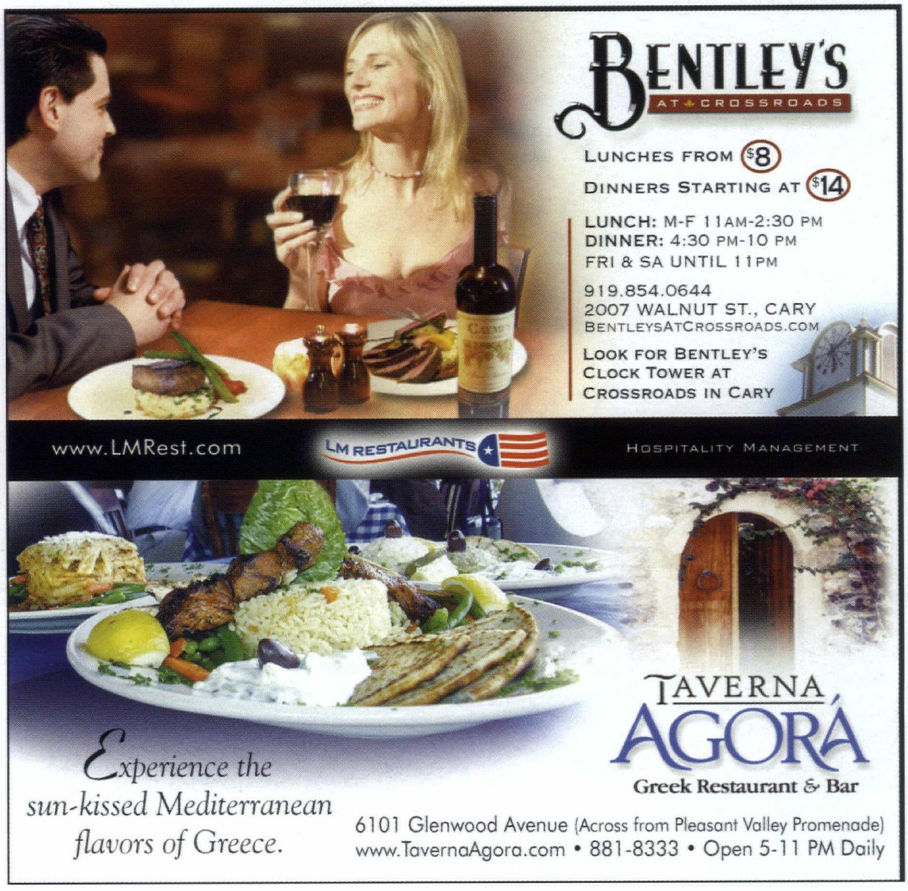



Metropolitan Triangle diners should do themselves a favor and make the trek out to pretty downtown Kinston for a very special dining experience.

## NIBBLES

North Carolina Piedmont farmers and chefs united last month to welcome Slow Food's founder, Carlo Petrini, to the Tri-

angle area. The event, "From Farm to Fork," paired many of our best chefs with local farmers' produce. Ben and Karen Barker (Magnolia Grill), Andrea Reusing (Lantern), Ashley Christensen (Enoteca Vin), Jeremy Blankenship (Carolina Inn) and Amy Tornquist (Watts Grocery) among many others, cooked up seasonal creations (turnip green ravioli, white sweet potato soup with leek oil) and carnivorous delights (whey-fed pork barbecue, roasted baby goat) to celebrate the rich food heritage of our area.

The following evening, almost a thousand passionate foodies gathered at NC State's McKimmon Center to hear Petrini's riveting speech about the movement's mission. Petrini's book, ***Slow Food Nation***, will be published this fall and is certain to make an important impact in the US. Learn about his philosophy and the organization at www.slowfoodtriangle.org.

Downtown Raleigh's old **Poole's Diner**, will reopen its original McDowell Street location this summer, reinvented by Chef Ashley Christensen of Enoteca Vin.

Congratulations to Chef Chip Smith of Chapel Hill eatery **Bonne Soirée** for his recognition in June *Gourmet* magazine's "Restaurant Roundup."

North Carolinians are proud of barbecue pit master **Ed Mitchell** from Wilson, invited to cook his eastern-style barbeque for the crowd of 120,000 New Yorkers attending The Big Apple BBQ Block Party this summer.

Morgan Murphy, the author of *Southern Living* magazine's "Food Finds" column, discovered some delicious reasons to get excited about the Triangle dining scene on his recent swing through Raleigh: maple-glazed sea bass at **An**, crisp calamari at **Vivace**, cochinita pibil (shredded pork) at **Jibarra**, and **Frazier's** foie gras with Sauternes.

**Starlu** restaurant recently opened an indoor/outdoor lounge called Porter's Parlor just outside the present Shannon Road location in Durham. Porter's will offer a tapas menu with its frosty summer libations.

Brightleaf Square's anchor restaurant **Taverna Nikos** has closed in Durham after over two decades in its present location. Durham's loss is Morrisville's gain — Nikos' owner Bill Bakis recently opened **Nikos Taverna** there.

Chapel Hill's **Nancie McDermott**, cooking teacher and author of at least a half dozen Asian cookbooks, has shifted gears this summer with her latest — *Southern Cakes: Sweet and Irresistible Recipes for Everyday Celebrations*. If you grew up in the South, this book — with its mouthwatering photographs — will take you back to your grandmother's kitchen. Old-fashioned favorites such as blackberry jam cake, caramel cake and coconut cake are here (there are seven recipes for coconut cake alone, including the divine lemon-filled). There is also a helpful section on baking basics for those of us who may have forgotten Grandma's techniques. MM

KINSLEY DEY

# METRO MAGAZINE RESTAURANT GUIDE

## RALEIGH/CARY

**42ND STREET OYSTER BAR** – 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

**THE ANGUS BARN** – 9401 Glenwood Avenue. Raleigh. 919-781-2444. www.angusbarn.com The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals – hospitality, attractive atmosphere, and value have remained the same.

**BELLA MONICA** – 3121-103 Edwards Mill Rd, Raleigh. 881-9778. www.bellamonica.com. Authentic Neoploitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *CitySearch* & *AOLCityguide*.

**BENTLEY'S AT CROSSROADS** – 2007 Walnut St., Cary 854-0644. www.BentleysAmerican Grill .com. Our chef has been cooking up delicious new combinations. Dinners from $14, Lunch from $8. Superior food - classic, yet casual atmosphere. Private AV equipped Boardroom. Look for Bentley's Clock Tower. An LM Restaurant.

**BLOOMSBURY BISTRO** – 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 MetroBravo Awards.

**BLUE RIDGE, THE MUSEUM RESTAURANT** – 2110 Blue Ridge Rd., Raleigh. 839-6262. www.ncartmuseum.org. Offering renowned visual art and culinary masterpieces at the NC Museum of Art. Eclectic fare ranges from salads, sandwiches and entrées at lunch to sumptuous weekend brunches.

**CAFÉ TIRAMISU** – 6196-120 Falls of Neuse Rd., Raleigh, 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best.

**CAROLINA ALE HOUSE** – 513 Creekside Dr., 835-2222; 4512 Falls of Neuse Rd., 431-0001; 7981 Skyland Ridge Pkwy., 957-4200; 2240 Walnut St., Cary, 854-9444. Wake Forest opening Summer 2007 (US1/98). www.CarolinaAleHouse.com. Award-winning menu served 11am until 2am. Catch all the sports action on 40+TVs. Daily lunch & dinner specials, coldest $2 pints, 99¢ Kid's Tuesdays. An LM Restaurant.

**GLENWOOD GRILL** – 2603-151 Glenwood Ave., Raleigh. 782-3102. www.glenwoodgrill.com. A Triangle favorite for 16 years has a new look. Popular Chef John Wright returns with new tastes and new ideas. Personable waitstaff and outstanding wine list. Lunch M-F, Dinner M-Sat.

**THE GRAPE AT CAMERON VILLAGE** – 403 Daniels St., Raleigh. 833-2669. www.yourgrape.com. Enjoy our gourmet menu including steaks and chops, a full bar and 120 handcrafted wines by the glass. Open 7 days, late night dining Thu-Sat. Live entertainment, reservations recommended. Catering, private parties & events.

**HERONS** – 100 Woodland Pond, Cary. 447-4200. www.heronsrestaurant.com. Now open at The Umstead Hotel and Spa offering modern American cuisine with regional influnces and an extensive wine selection. Live music and classic cocktails in the bar.

**JIBARRA RESTAURANT** – 7420 Six Forks Rd., Raleigh. 844-6330. www.jibarra.net. The first upscale Mexican restaurant in the area featuring eclectic, flavorful dishes representative of each region of Mexico. Unique wine list and posh tequila lounge. Now offering Sunday brunch and new lunch menu.

KINSLEY DEY

**JK'S STEAKS & SEAFOOD** – 4381 Lassiter Mill Rd. Raleigh. 781-3919. www.jksraleigh.com. Hospitably comfortable in a handsome setting, JK's features aged Western beef and seasonal selections of fish and shellfish, baby back ribs and chicken, plus one of the best not-just-appetizer bar menus in the area.

**KIN** – 7713-39 Lead Mine Rd., Raleigh. 848-3535. www.kinfinedining.com. Charles Meteesatien- the chef/proprietor of Glenwood South's Sushi Blues and who brought big city chic to Raleigh dining with "shabashabu"- now conquers fine dining serving Thai & Japanese cuisine and Sushi at KIN. Private Tatami rooms, chef room, covered patio, extensive wine and martini list. Lunch and dinner.

**MARGAUX'S RESTAURANT** – 8111 Creedmoor Rd., Ste. 111, Raleigh. 846-9846. www.margauxsrestaurant.com. Consider us for your next event, party or private dining experience. Two beautiful, separate dining rooms to accommodate any event perfectly.

**NANA'S CHOPHOUSE** – 328 W. Davie St., Raleigh. 829-1212. High energy, contemporary Italian-style chophouse infused with local flavors and ingredients. Complementary valet parking, live music and fresh seafood. Call for reservations.

**MYTHOS MEDITERRANEAN BISTRO & LOUNGE** – 6490 Tryon Rd. Cary. 233-7555. www.mythosbistro.net Chef Pete invites you to explore your senses through his eclecticist style of cooking in a homey and cozy ambiance. Offering only the freshest ingredients found (seafood, Aged Beef, poultry). Live your myth through essence.

**NINA'S RISTORANTE** – 8801 Leadmine Rd., Raleigh. 845-1122. www.ninasristorante.com. Vibrant flowers, paintings and hand-crafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan Cuisine that is heavy on flavor and light on the ingredients, *Wine Spectator* Award of Excellence 2000-2006. Hours of operation M-Sat. 5-10 p.m.

**NOFO MARKET AND CAFÉ** – 2014 Fairview Rd., Raleigh. 821-1240. 1125 Military Cutoff Rd., Wilmington. (910) 256-5565. Café, bar and patio seating. Award-winning salads, soups, sandwiches and entrées. "Best Salads" *Wilmington Magazine*, "Best Bloody Mary" *Metro Magazine*. Brunch Sat. & Sun., Lunch M-F and Dinner M-Sat.

**SAINT-JACQUES** – 6112 Falls of Neuse, North Ridge Shopping Center, Raleigh. (919) 862-2770. www.saintjacquesfrenchcuisine.com. Owned and operated by French native, Lil Lacassagne-fine dining at its best. Voted "Best French Food in the Triangle- 2006 by *Citysearch*. Lunch and Dinner server Tues- Sat.

**SECOND EMPIRE RESTAURANT & TAVERN** – 330 Hillsborough St., Raleigh. 829-3663. www.second-empire.com. Located in the historic Dodd-Hinsdale House. Offering elegant upstairs dining, as well as the lighter fare menu and casual atmosphere of the tavern. Winner of the DiRoNA Award, AAA four Diamond Award & the *Wine Spectator* Award.

**SULLIVAN'S STEAKHOUSE** – 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

**TAVERNA AGORA** – 6101 Glenwood Ave. Raleigh. 881-8333. www.TavernaAgora.com. Taverna Agora absolutely Greek restaurant and bar is your passport to authentic cuisine with slow roasted meats and flavorful seafood dishes. Catering available. M-Sun 5-11p. OPA! An LM Restaurant.

**UNO CHICAGO GRILL** – 8401 Brier Creek Parkway, Raleigh. 544-6700. Enjoy original Chicago-style deep dish pizza along with a wide selection of appetizers, steaks, pastas, burgers and desserts. Kids Menu. Curbside pick-up. Open daily from 11 a.m.

**WINSTON'S GRILLE** – 6401 Falls of Neuse Rd., Raleigh. 790-0700. www.winstonsgrille.com. A warm, friendly atmosphere with great food and exceptional service make Winston's Grille the ideal place for any occasion. Specializing in hand-cut steaks, prime rib, fresh fish and baby back ribs.

**ZELY & RITZ** – 301 Glenwood Ave., Raleigh. 828-0018. Fresh, organic, locally grown dishes served tapas style in an upscale yet hip and smoke-free environment. Named as one of the Top 20 Organic Restaurants in America by *Organic Style Magazine* and offering a *Wine Spectator* Award-Winning boutique wine list.

**ZEST CAFÉ & HOME ART** – 8831 Six Forks Rd., Raleigh. 848-4792. www.zestcafehomeart.com. Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch Tues.-Sat., Dinner Wed.-Sat. and Sunday Brunch.

## DURHAM/APEX

**CAFÉ PARIZADE** – 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30, Dinner M-Th 5:30-10, F and Sat. 5:30-11, Sun. 5:30-9

**CAROLINA ALE HOUSE** – 3911 Durham-Chapel Hill Blvd., Durham. 490-2001.

**GEORGE'S GARAGE** – 737 Ninth St., Durham. 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After-hour celebration and dancing and a fresh to-go market and bakery.

**GLOFT** – 737 Ninth St., Durham. 286-4131. For meeting friends after work, for after dinner drinks, or exciting late-night entertainment. Also available to host your private event where we can throw a party or a full sit-down dinner for a chosen few or a large gathering.

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**GLASSHALFULL** – 106 S. Greensboro St., Carborro. 794-4107. www.glasshalfull.net. Downtown Carrboro's own optimistic wine bar, wine shop and kitchen serving small plates of the flavorful cuisines of the Mediterranean coast with an intriguing selection of wines from around the world. Wine shop specializes in affordable bottles for everyday drinking. Open for lunch and dinner Mon- Sat.

**PANCIUTO** – 110 S. Churton St., Hillsborough. 732-6261. www.panciuto.com. Fine dining blending Italian recipes with local North Carolina ingredients. All offerings prepared fresh daily. Pastas, breads, desserts made on-site. Upscale yet comfortable "old world" style dining room. Opens 6 p.m. for dinner, Tuesday through Saturday.

**SPICE STREET** – 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

## BEYOND THE TRIANGLE

**BEAUFORT GROCERY CO** – 117 Queen St., Beaufort. (252) 728-3899. www.beaufortgrocery.com Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3; dinner M, W-Sat 5:30-9:30 and Sun brunch at 11:30. Closed Tues.

**BLUE MOON BISTRO** – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

**CHEF AND THE FARMER** – 120 W. Gordon St., Kinston. (252) 208-2433. www.chefandthefarmer.com. A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques makes this progressive eatery an epicurean oasis.

**CHEF WARREN'S** – 215 NE Broad St., Southern Pines. (910) 692-5240. Warren and Marianne Lewis invite you to their Bistro offering a variety of delicious specialties from an eclectic menu. "Local touch, international cuisine," *Metro Magazine's* Moreton Neal. Dinner Tues.-Sun.

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# Cork Report

by Barbara Ensrud

## An American Original

## COCKTAIL CRAZE OFFERS FUN SUMMER SPIRITS

2007 marks the 201st anniversary of the cocktail. Who knew? According to the Museum of the American Cocktail, whatever else the year 1806 may be notable for, it was the first time a definition of the term appeared in print. Responding to a reader's query as to the meaning of the term, the editor of *Balance*, a newspaper in Claverack, NY, wrote:

> Cocktail, then is a stimulating liquor, composed of spirits of any kind, sugar, water, and bitters — it is vulgarly called a bittered sling and is supposed to be an excellent electioneering potion, inasmuch as it renders the heart stout and bold, at the same time that it fuddles the head. It is said, also to be of great use to a Democratic candidate: because a person, having swallowed a glass of it, is ready to swallow anything else.

Perhaps. There are so many tales concerning the origin of the cocktail. For example, *le coque-tel* originated in a tavern in upstate New York during the American Revolution when the tails of stolen chickens — cockerels, presumably — were used to garnish French soldiers' drinks; or in another tavern, remains of various drinks — gin, rum, brandy, were poured into a ceramic rooster set on the bar — poorer customers could lift the cock's tail to dispense a cheaper "mixed drink"; or, Coctl was the daughter of a Mexican king who concocted a celebratory drink during peace negotiations with an American general in the early 1800s.

Dubious tales all. Indisputable, however, is the enormous popularity of the cocktail, pretty much an American original. The cocktail has morphed into a thousand or more versions, none more famous than the Martini, specifically the Gin Martini. James Bond may prefer vodka for his "shaken, not stirred" version, but for most of us the Martini is synonymous with gin.

Gin, which dates to the 16th century, has a checkered history of its own. It's been known as Mother's Milk, and only a short time later, as Mother's Ruin. Originally, it was concocted in Holland as a medicinal; it was actually sold as a palliative for maladies such as gout, stomach ailments and, of all things, gallstones. British troops during the Thirty Years' War (between England and France 1618-1648) actually made gin famous — a shot of Dutch gin before battle gave them what came to be known as "Dutch courage."

Jump ahead two centuries and spirit-based cocktails had become headliners on transatlantic liners. Then came Prohibition. Far from killing off the cocktail, it actually encouraged the innovative mix of juices, herbs and other flavorings to make bathtub gin more palatable. The Roaring Twenties ushered in the "cocktail age"; after Repeal in 1933, the Thirties became the era of the cocktail at famous watering holes such as the Stork Club, El Morocco and other sophisticated spots, and featured prominently in movies of the day such as *The Thin Man* series. Nick and Nora Charles did love their Martinis, didn't they?

Do we know what gin they used? Everyone seems to have their favorite for Martinis. My personal favorite is Beefeater — it has that herbal edge I like, when it's made right. But many like a smoother style. At the recent 2007 World Spirit Competition in San Francisco, the gold medal in gin was awarded to **Plymouth Gin**, considered one of the smoother brands. Plymouth claims the distinction of being the first *dry* gin — Plymouth Dry Gin — created by distillers from the Black Friars in Plymouth, England, in 1793.

In celebration of its award, as well as the 201st anniversary of the cocktail, Plymouth has created some delectable gin drinks for hot July evenings. [see box]

If enthusiasm for cocktails seemed to wane a couple of decades ago, it has surged back with a vengeance in recent years. The craze for cocktails is bigger than ever. Clever bartenders — or Masters of Mixology, as they are now known, including an increasing number of women at the helm — have become as celebrated as sommeliers. This month in New Orleans, the fifth annual Tales of the Cocktail, professional bartenders and devoted consumers convene for a four-day seminar July 18-22 at The Hotel Monteleone in the French Quarter. Sessions include the lore and history of the cocktail, trends and techniques in mixed drinks, and a contest for the best "new" cocktail.

### GO EAST FOR GASTRONOMIC ADVENTURE

Headed to NC's Crystal Coast? Include a stop in Kinston for dinner (or lunch) at Chef and the Farmer, one of NC's new and exciting culinary out-

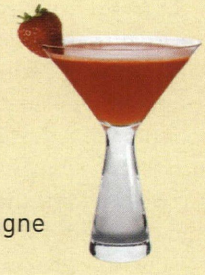
# Favorite Gin Recipes

**Devon Lemonade**

1 ounce Plymouth Gin
2 ½ ounces sparkling water
½ ounce Elderflower cordial

To a high ball glass filled with ice, add Plymouth Gin, Elderflower cordial and sparkling water. Garnish with a lemon and sprig of mint.

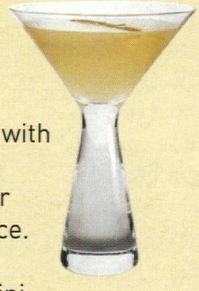
**Fraise Sauvage**



1 ounce Plymouth Gin
½ ounce fresh lemon juice
1 dash of simple syrup
2 strawberries
2 ounces Champagne

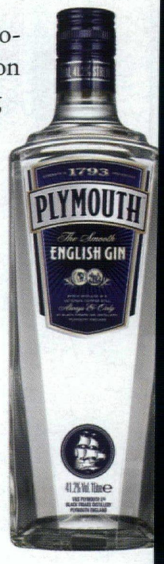
Add the strawberries to a mixing glass and muddle, then add Plymouth Gin, fresh lemon juice and simple syrup. Shake and strain into a martini glass and top with Champagne. Garnish with a strawberry.

**Plymouth Navigator**



1 ounce Plymouth Gin
½ ounce lemon liqueur (Limoncello)
¼ ounce fresh pink grapefruit juice

To a shaker filled with ice, add Plymouth Gin, lemon liqueur and grapefruit juice. Shake well and strain into a martini glass. Garnish with a lemon zest.




posts. Talented chef and co-owner Vivian Howard, a Kinston native back from The Big Apple, creates some stunning dishes. At a recent dinner there with Moreton Neal (see her review in this issue of *Metro*), we found many things to savor, such as a sublime appetizer flan of garlic and porcini with asparagus, or her own tasty version of shrimp and grits.

Howard's husband and partner Ben Knight has put together a very thoughtful and intriguing wine list to pair with the menu, including good choices by the glass. Don't miss, for instance, the dry Donkey & Goat Rose — excellent with the spicy shrimp and grits. Chef Howard offers a Tasting Menu that gives a wonderful overview of her capabilities — but be prepared for richness.

Lighten up the finish with a cool glass of St. Supéry Moscato, a delectable lightly sweet Muscat. MM

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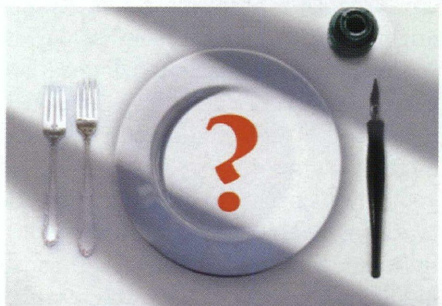


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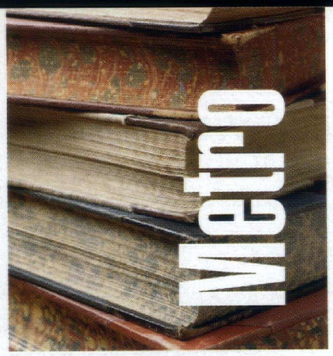



# Books

## The Last Best Hope for Mankind:

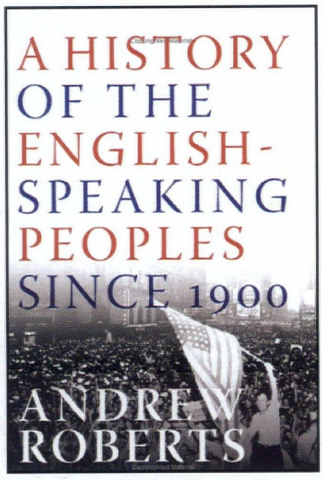
## THE ASCENT OF THE ENGLISH-SPEAKING PEOPLES

by Arch T. Allen

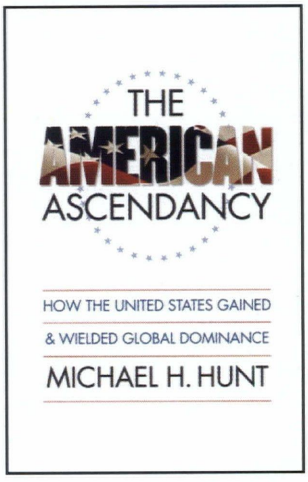
When the sun arose above England on the first day of the 20th century, its light had already crossed the eastern expanses of the British Empire. As the sun's light continued westward and crossed over America, few foresaw that in the course of the new century, the former colony would surpass Britain in world dominance. By 1950, after two world wars and the beginning of the Cold War, the sun finally set on the British Empire and the sun shone on the "American Century."

Winston Churchill had a broader vision. Due to the commonalities at the core of the Anglo-American relationship, he foresaw the new era becoming "the English-speaking century." As he explained at a Harvard commencement during World War II: "Law, language, literature ... a marked regard for fair play ... a stern sentiment of impartial justice, and above all a love of personal freedom ... are the common conceptions on both sides of the ocean among the English-speaking peoples. ..." Through that commonality, Churchill later explained, "The English-speaking nations ... almost alone, keep alight the torch of Freedom."

Beginning where Churchill ended his four-volume *A History of the English-Speaking Peoples* (1956-58), British historian Andrew Roberts continues Churchill's themes in *A History of the English-Speaking Peoples Since 1900*. First published last year in Britain and this year in America, Roberts' history is attracting readers and attention. President George W. Bush read the book, hosted Roberts for a White House discussion of it and presented a copy to Prime Minister Tony Blair. *Commentary*, *National Review*, and *The Weekly Standard* have reviewed it favorably. *The New Republic*, however, published a harsh attack marked by ad hominem hostility and dismissal of Roberts' interpretations as "skewed and surreal misreadings of history." Roberts himself, they said, is "mocked by almost all serious historians."




***A History of the English-Speaking Peoples Since 1900***
by Andrew Roberts (2007, US edition, HarperCollins, 736 pp.)




***The American Ascendancy: How the United States Gained & Wielded Global Dominance***
by Michael H. Hunt (2007, UNC Press, 404 pp.)

Meanwhile, one serious historian, Australian Keith Windschuttle, writing in *The New Criterion*, praised Roberts' history as "exhilarating" and "one of the great interventions in the culture wars of the past three decades." Windschuttle explains that "Roberts' assessments overturn prevailing liberal attitudes about so many contentious issues that the work amounts to a seismic shift in historical interpretation." Asked whether that shift is revisionist, Roberts, who earned a "first" in history at Cambridge, explained that any history "that doesn't conform to the dictates of political correctness as adumbrated by left-liberalism was now 'revisionist.'"

*A History of the English-Speaking Peoples Since 1900* begins with two quotations: Churchill's prediction that the 20th century "will be the English-speaking century"; and Indian-born, English-speaking scholar Deepak Lal's assessment that among the important events of the last millennium, "the ascent of the English-speaking peoples to predominance in the world surely ranked highest." Those are bold words indeed, and Roberts makes a convincing case they are true.

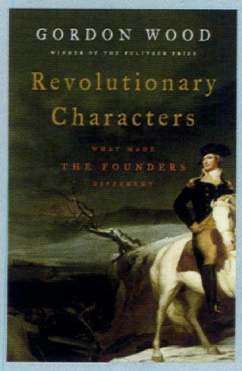
At the turn of the 20th century, the world benefited from global economic activity created largely by the British and constituting, in Lal's words — adopted by Roberts — a "Liberal International Economic Order." The word *liberal* meant then, before it was appropriated by American New Dealers to promote government intervention in the economy, the classical liberalism of economic liberty: free trade, free mobility of capital, sound money and protected property rights — in a word, capitalism.

That economic order and the political system underlying it were shattered by World War I. The Great War was the first of three assaults during the 20th century against the English-speaking and other peoples of the world. As described by Roberts, they were: First Assault — German militarism during World War I; Second Assault — German Fascist and Japanese Imperialist aggression that led to World War II; and Third Assault — Soviet Communism in the post-World War II era. Roberts analyzes the assaults and the victorious response by the English-speaking people. Interspersed are his interpreta-

# A Fourth of July Celebration

By Arch T. Allen

Celebrate the Fourth of July by reading *Revolutionary Characters: What Made the Founders Different* (2006). Author Gordon S. Wood, a distinguished historian of the American Revolution, spoke in Raleigh earlier this year about his collection of clear and concise essays. A history professor at Brown University, Wood has an earlier tie to the Research Triangle region. His award-winning *The Creation of the American Republic, 1776-1787* (1969, paper 1998) was published by The UNC Press.




In *Revolutionary Characters*, Wood explains how the Enlightenment affected the Founders and, in the terms of the subtitle, made them different. He then describes "the greatness" of George Washington, the "invention" of Benjamin Franklin, the "trials and tribulations" of Thomas Jefferson, the "fiscal-military state" made by Alexander Hamilton, the "problem" of James Madison, and the "relevance and irrelevance" of John Adams. He adds essays on Thomas Paine as our "first public intellectual," Aaron Burr's "real treason," and the "making of modern public opinion" by the Founders. Although written by an academic scholar, *Revolutionary Characters* is a lively, readable and enjoyable book that inspires admiration for the remarkable founders of the United States.

tions of other 20th century events and developments, including the challenges to capitalism of the Great Depression, the emergence of American economic dominance after World War II, and Cold War conflicts such as the Korean War, the Cuban Missile Crisis and the Vietnam War. Overarching the historical details, Roberts commends Churchill and Franklin D. Roosevelt for their World War II leadership and enhancement of the Anglo-American "Special Relationship." He defends the Allies' bombing of Dresden, the American atomic-bombing of Hiroshima and Nagasaki, and the Truman Doctrine of containment of communism.

A self-described "Thatcherite Tory," Roberts credits Margaret Thatcher and Ronald Reagan for restoring confidence to the English-speaking peoples, making their economies more free-market and capitalistic, and helping end the Cold War. Along with such praise, Roberts criticizes the follies and failures of some English-speaking peoples, including the "fellow travelers" who encouraged communism and the "useful idiots" who enabled it. And he criticizes the self-hatred and anti-Americanism of some English-speaking people.

Such assessments will anger some academics, especially Marxists and other leftists, and other academics will find points of disagreement. Nevertheless, Roberts has written an inspiring history of the victories of English-speaking people in a century bloodied in its first half and threatened in its second half by totalitarian ideologies. Whether or not Roberts' tone is perceived as "triumphal," we should thank him for reinforcing Churchill's recognition that it has been largely the English-speaking peoples who have defended freedom.

## AMERICA ASCENDANCY

With a non-triumphal tone in *The American Ascendancy: How the United States Gained & Wielded Global Dominance*, UNC-Chapel Hill historian Michael H. Hunt covers some of the same history from another perspective. Yale educated, Hunt is a serious scholar, and there is much to learn from and about his explanation of America's ascendancy. He begins his analysis with acknowledgment of the earlier era of liberal trade policies, and throughout he uses trade and economic information to complement his thematic interpretation of America's achievement. For example, he explains American leadership after World War II in expanding trade among nations and encouraging freer markets — leadership that enabled economies to grow around the globe. He credits Reagan and Thatcher for their 1980s "broad free-market push" and recognizes that Bill Clinton continued efforts to liberalize trade policies.

Indeed, Hunt proclaims "the neoliberal triumph" of free-market economics at the end of the 20th century. He uses the term *neoliberal* to describe the restoration of classical liberalism and its emphasis on free markets, as distinguished from the American use of liberal since the New Deal to describe government intervention in the marketplace. Among his historical conclusions, Hunt acknowledges the failure of interventionist economic policies to solve the "stagflation" of the 1970s and the corrective free-market influence of Nobel laureates FA Hayek and Milton Friedman that turned the tide in the 1980s. Hunt recognizes that "the socialist collapse between 1989 and 1991 signaled the failure of the centralized, planned economic model as an alternative to the market model." Nevertheless, Hunt's proclamation of "the triumph of neoliberalism" lacks enthusiasm, much like Robert Heilbroner's proclamation of "The Triumph of Capitalism," perhaps explaining Hunt's avoidance of the word *capitalism*.

Hunt supports his interpretation of the 20th century with scholarly notes, conveniently collecting and summarizing major sources. In an otherwise sound study, some shortcomings exist, especially regarding the Cold War. For example, he includes among his sources about the Cold War, the revisionist historian Ellen Schrecker but not traditionalist historians like Harvey Klehr, John Earl Haynes, Allen Weinstein and Ronald Radosh. In his text, Hunt writes that "Roosevelt had kept Stalin in the dark" about American development of the atomic bomb, but he adds only that "the Soviet leader nonetheless knew about it and launched his own bomb-testing program in 1942." Inexplicably, Hunt omits mention of the extensive Soviet spying on our atomic program, now well-chronicled by traditionalist Cold War historians. Similarly, when Hunt mentions subsequent Soviet matching of other new American weapons, he fails to acknowledge that Soviet success depended on stealing American secrets.

Regarding the Truman administration's late-1940s internal security program, Hunt does not mention the accusations by Elizabeth Bentley, Whittaker Chambers and other former Communist agents of penetration and espionage at high levels of our government, accusations since shown to have

been true. Rather than analyzing the need for the program, Hunt dismisses it as an institutional "chill" and part of "the winds of anti-communist crusading" that peaked with the 1950s Red Scare. He omits mention of the Communist espionage exposed in the Rosenberg and Alger Hiss convictions, omissions consistent with his leaving unexplained how Stalin "nonetheless knew" American atomic secrets.

Of course, Hunt is entitled to his own attitudes about the Cold War. He is entitled also to his own assessment of Reagan's role in ending it. At least, however, Hunt should have acknowledged, if only in his extensive notes, the assessment of leading Cold War scholar John Lewis Gaddis that Reagan was not only "as skillful a politician as the nation had seen for many years," but also "one of its sharpest grand strategists ever."

Both Hunt and Roberts extend their histories into the 21st century and discuss 9/11, terrorism and the American- and British-led responses in Afghanistan and Iraq. In sum, Hunt examines problems and pitfalls arising from an overambitious neoliberalism; Roberts explains "The Fourth Assault: Islamicist Terrorism and its *De Facto Allies*" and the need for continuing commitment by the English-speaking peoples to defend and extend freedom.

Roberts concludes with another quotation from Churchill. During World War II, he emphasized the importance of "the united effort of the British and American people," and added: "If we are together nothing is impossible. If we are divided all will fail. I therefore preach continually the doctrine of fraternal association of our two peoples ... for the sake of service to Mankind and for the honour that comes to those who faithfully serve great causes." To those words, spoken during the past Second Assault, Roberts adds that in the pending Fourth Assault, the English-speaking peoples "are the last, best hope for Mankind." MM

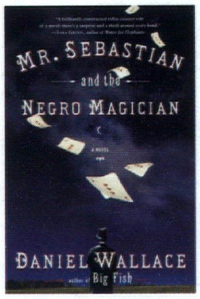
## New and Noteworthy

By Art Taylor

### NEW DANIEL WALLACE, FINAL HARRY POTTER HIGHLIGHT JULY

For the rest of his career, Daniel Wallace will likely be billed as "Author of *Big Fish*." The success of both that debut novel and the subsequent film adaptation by Tim Burton — each of them quirky, clever and ultimately heart-warming — has all but assured that *Big Fish* will remain the biggest name in the local author's four-novel bibliography. But Wallace's new novel, *Mr. Sebastian and the Negro Magician*, may well be his most ambitious and most unsettling book to date.

The novel's central character is Henry Walker, the Negro Magician of the title, though as readers learn pretty quickly, he's not much of a magician as the story opens — and not exactly a Negro either. On May 20, 1954, Henry is confronted by a trio of teen boys disappointed in his latest magic show for Jeremiah Mosgrove's Chinese Circus. The confrontation is interrupted by Rudy the Strongest Man in the Entire World, who tells the young thugs the sad story of Henry's life, in hopes of mollifying their anger. When they return the next day to abduct him anyway, more surprises await — and more stories, too, with snippets of Henry's life related by a series of narrators: JJ the Barker; Jeremiah Mosgrove, himself; Jenny the Ossified Girl; Henry's dead mother; and a private detective named Carson Mulvaney. Not only does each new narrator add another layer to the evolving story — Henry's harsh childhood in the Great Depression, the rapid loss of his mother, sister and father, his graced stint during World War II, his postwar debut with one of the most shocking and disturbing magic shows ever — but these stories also clarify and correct misinformation, with shifting perspectives delivering readers a seemingly unending string of stark twists and unexpected turns.




As usual in Wallace's world, father-son relations provide a central conflict here: Henry's dealings not only with his real father, but also with a father figure in Mr. Sebastian, the man who first indoctrinates young Henry into the Dark Arts and whom Henry believes to be the devil himself. As much as Mr. Sebastian's lessons offer Henry a brighter future, those gifts come at a cost — Henry's sister, Hannah — and it's that cost, her loss, which haunts (in JJ the Barker's words) "everything that was to follow, the lifelong rivalry, the Biblical antagonism, the single-minded hatred."

Passions and problems of such rawness and magnitude — love, loss, revenge — almost guarantee an eventful and dramatic read, and the circus characters provide a great backdrop, magical and mysterious in their own way. But amidst the flash and sparkle, readers and critics might easily launch any number of complaints about the book — perhaps chief among them is how little Wallace does with the prospect of a white man passing himself off as black in the South during the heat of the Civil Rights Movement. Though never mentioned in the text, the novel's events take place just days after the Supreme Court's ruling on *Brown v. Board of Education*, but while one scene explores the aspect of "passing" and another set of scenes pivots around the racially motivated violence, race never emerges as the book's primary subject. *Autobiography of an Ex-White Man* this is not.

But if Wallace fails to meet expectations that might be inevitable in the tale of a "Negro magician" in 1954, he succeeds in pursuing what strikes me as this novel's true subject: the power of storytelling itself. What are the stories we tell one another? What are the stories we tell ourselves? What do they tell us *about* ourselves? How do they define us? Sustain us?

Wallace will read from and sign copies of *Mr. Sebastian and the Negro Magician* at several area bookstores, including Quail Ridge Books on Monday evening, July 16; Durham's Regulator Bookshop on Thursday evening, July 26; and McIntyre's Books in Fearrington Village on Saturday morning, July 28.

### FROM BOY MAGICIAN TO BOY WIZARD

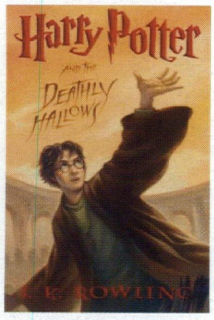
Are you ready for the final showdown between Harry Potter and He-Who-Must-Not-Be-Named? Ready to discover the truth about Snape — a cowardly traitor or a tragic hero? Ready to find out the fate of Ron and Hermione? Of Neville Longbottom? Of the Boy Who Lived?

Who will survive this latest adventure? Who will die? And more to the point, who will wait in line hours and hours to be among the first to read *Harry Potter and the Deathly Hallows*?

The release of the final Harry Potter book at the stroke of midnight on Friday, July 20, is not just the literary event of the year (preorders have put the book atop best-seller lists for months in advance of its publication), it

marks an all-time record with the largest first print run in the history of publishing.

Bookstores throughout *Metro's* circulation area will be keeping extended hours — and dealing with massive crowds — on the Friday leading up to the book's release, many of them jockeying to see who can throw the best party or offer the biggest discount on the $34.99, 784-page book. The Cary Barnes & Noble, for example, boasts "live potions and live owls, sorting hats, games, activities and crafts" at their event. In addition to similar parties throughout the B&N and Borders chains, independent booksellers from Raleigh's Quail Ridge Books to the Country Bookshop in Southern Pines to Manteo Booksellers at the coast will be tailoring their own events to commemorate this milestone — the end of an era.




**OTHER NEW AND NOTEWORTHY**

While the final Harry Potter extravaganza may be the biggest thing on most booksellers' calendars this month, several other authors and events are worthy of note:

- Jon Elliston and Kent Priestley with their new book *North Carolina Curiosities*, on Sunday afternoon, July 1, at Barnes & Noble at The Streets at Southpoint, and again on Thursday afternoon, July 12, at Manteo Booksellers.
- Durham native Sandi Huddleston-Edwards with her novel *Richard's Key*, on Friday evening, July 6, at Durham's Regulator Bookshop.
- Local mystery novelist Ellen Elizabeth Hunter with *Murder on the Cape Fear*, on Tuesday evening, July 10, at the Cary Barnes & Noble.
- North Carolina native Kate Blackwell with her debut story collection, *You Won't Remember This*, on Wednesday evening, July 11, at Raleigh's Quail Ridge Books.
- Clint Johnson with *The Politically Incorrect Guide to the South (and Why It Will Rise Again)*, on Sunday afternoon, July 15, at Manteo Booksellers.
- Bestselling novelist Matthew Pearl with the paperback release of *The Poe Shadow*, on Saturday morning, July 21, at McIntyre's Books in Fearrington Village, and later that evening at the Regulator.
- Eight-year-old author Sam Frender with *Brotherly Feelings: Me, My Emotions, and My Brother with Asperger's Syndrome*, and Anne Clinard Barnhill with *At Home in The Land of Oz: My Sister, Autism, and Me*, on Sunday afternoon, July 22, at McIntyre's.
- NC State University professor Carmine Prioli with *The Wild Horses of Shackleford Banks*, on Tuesday evening, July 24, at the Cary Barnes & Noble.
- Dusty Wescott and Kenneth Peters with *Historic Photos of Raleigh-Durham*, on Wednesday evening, July 25, at Quail Ridge Books.
- UNC-Chapel Hill professor of history John Semonche with *Censoring Sex: A Historical Journey Through American Media*, on Sunday afternoon, July 29, at Quail Ridge Books.
- Tom Poland, author of *Forbidden Island*, on Sunday afternoon, July 29, at McIntyre's Books.
- Randall Kenan with *The Fire This Time*, a follow-up to James Baldwin's classic *The Fire Next Time*, on Monday evening, July 30, at Quail Ridge Books. MM

by Philip van Vleck

## DAVID GLENN DYER:
# WRITING SONGS, MAKING MUSIC

David Glenn Dyer has definitely found his musical niche. He's a singer-songwriter who's quite comfy in the burgeoning Americana genre.

Dyer isn't flying solo, however. He's been working with his band — The Crooked Smile Band — for several years, and he's been working his last album, *Crossroads Grocery*, since 2004.

Dyer's an accomplished songwriter and a good vocalist, and those attributes have no doubt aided in pulling together an outstanding band. He's attracted the formidable talents of keyboard wiz Jim Crew, guitarist Bernie Petteway, pedal steel player Allyn Love, drummer Fran Dyer (no relation) and bassist/vocalist Ken Weigand.

*Crossroads Grocery* is a nice piece of work. Produced by Scott Matthews, the tracks are tight, the musicianship is top-notch and Dyer's songs are winners. As a songwriter, Dyer rides herd on several notable influences. He has a keen feel for traditional country and southern rock — a combination that has served several bands very well, including Drive-By Truckers and Chip Robinson's gone-but-never-forgotten Backsliders.

Dyer rocks convincingly — "You Don't Shake Me" — and he knows his way around a ballad, as we hear on "Cross-roads." He can make you believe a love song — "Beautiful Girl" — and "Usta-could" is rough-and-tumble boogie.

KINSLEY DEY

David Glenn Dyer

Best of all, Dyer's songwriting is lucid, lyrical and catchy. He's got the literate chops of a modern folk writer and the mentality of an intelligent guy who learned his music in the South. That's basically the marriage that created Americana.

Asked how he got up with Matthews, Dyer cited his wife, Cheryl.

"She read a book that he wrote and liked his view on things. She's the one who made contact with him.

"Scott's pretty well known on the West Coast," he said. "His thing is producing. He takes singer-songwriters and comes up with concepts for recordings."

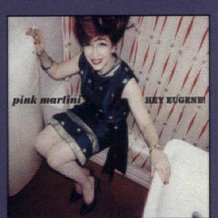
Dyer caught a flight to the left coast and had a talk with Matthews.

"I liked what he was thinking about doing with my songs, so we set up the sessions, and he did the rhythm tracks with his engineer, Tom Luekens, and then I went in and did guitar and vocals. We came back here and did the piano and pedal steel at Overdub Lane in Durham. We were sending CDs back and forth on the mix.

"I was in California for a week, plus the time spent on the overdubs. While I was out there, I stayed on Van Morrison's boat in Sausalito. He owns half the studio — TikiTown Studios — where I recorded the

**QUICK FIX**

Pink Martini: ***Hey Eugene!*** (Heinz Records)
Fourteen-piece orchestra, China Forbes on vocals, killer arrangements and a way cool cover of "Tea For Two."



album. That connection is how his daughter, Shana, came to sing on the album."

Dyer allowed that he was very pleased with the job Matthews did on *Crossroads Grocery*.

"He's a master," he said. "I learned a lot watching him work, plus Tom Luekens is a wizard on Pro Tools. Having done some recording since then, I realize just how good he is."

Though *Crossroads Grocery* was released in 2004, Dyer is still working the album. His only help is his wife.

"We've had four songs that placed in the International Songwriting Contest," he noted. "We've had three other songs that have done decent over in Europe. And we had a song — 'You Don't Shake Me' — picked up by ABC Network News. They're using it as a segue into news segments on *World News Tonight*. That one paid the most. I have no idea how they found the song."

**"I've always enjoyed songwriting. As I've matured, it's become a craft and therapy and an obsession."**

**— Dyer**

Dyer lives in Raleigh with Cheryl and daughters Cammie and Ella, though he considers South Carolina home.

"I spent most of my formative years in the South Carolina Low Country," Dyer said. "My step-father actually worked for *The News & Observer*. My real dad was one of the first North Carolinians killed in Vietnam. He was a fighter pilot. He was killed when I was 3 years old.

"We went back and forth between the Carolinas until my family moved to Bluffton, SC, where they're still living. I feel like my roots are in the Low Country."

Dyer got into music at age 12, learning guitar and harmonica. He was playing in bluegrass bands in high school and writing songs, as well.

"Once I hooked up with the guys I play with in The Crooked Smile Band, I've started working really hard on my songwriting again," he noted. "I used to just pretty much write whatever came to me, and I still think those are the best songs, but I try to get out a certain number of tunes each year.

"I've always enjoyed songwriting," he said. "As I've matured, it's become a craft and therapy and an obsession. In recent years I've really been working at it, looking at how other people approach songwriting, talking to guys like Terry Anderson and Kenny Roby.

"I'm always looking at song styles and trying to improve my songs. That's one place where Jim Crew has helped me a lot," he added. "I'll bring a song to him with my basic three-chord structure and he'll suggest things that open up the song."

Asked when the emerging Americana genre began to make sense in terms of his own musical inclinations, Dyer recalled that: "Six or seven years ago I went down to Nashville and saw two shows. One was with Buddy and Julie Miller. I saw what they were doing and I was like, 'man, that sounds a whole lot like what I do.' Of course, they do it fantastically well.

"And then I saw a show with Will Kimbrough and Rodney Crowell, and that was like a religious experience. I felt like they were writing about the sort of things I write about, and this was obviously a group of people who like what they're doing. It made me work a lot harder on my music. The experience was kind of a validation for me. It was like, 'oh, so this is where I can go with my songs.'"

Dyer's been playing with most of the members of The Crooked Smile Band for several years. He explained that the band did an opening gig for the band Pinmonkey at the Lincoln Theatre in Raleigh in 2002.

"That was one of the first gigs Allyn Love did with us," he noted. "So at that time we had Fran Dyer (drums, percussion), Ken Weigand (bass, vocals), Jim Crew (keyboards, vocals) and Allyn Love (pedal steel). Later we brought in Bernie Petteway on guitar."

Dyer and The Crooked Smile Band will be playing a First Friday show in Raleigh's Moore Square on July 6. They'll also be appearing during Cary's Lazy Days festival on Aug. 25. On Sept. 22 they'll be in Nashville, NC, for a Nash County Arts Council concert.

Dyer's album *Crossroads Grocery* is available at: www.cdbaby.com. Also check out The Crooked Smile Band Web site: www.crookedsmileband.com. MM

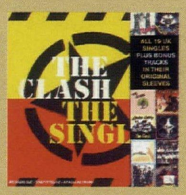
## DISCOLOGY

**Waters, Winter & Cotton: *Breakin' It Up, Breakin' It Down*** (Epic/Legacy)

This live monster was recorded during the 1977 tour that followed the release of Muddy Waters' superb album *Hard Again*. The deal was Muddy with James Cotton, Johnny Winter and Muddy's band (Bob Margolin, Pine Top Perkins, Willie "Big Eyes" Smith and Charles Calmese). This is not a re-issue but archeology. These tracks have been resurrected by producer Bob Margolin and co-producers Al Quaglieri and Steve Berkowitz. The album is a major thrill; that much should be obvious to any serious blues fan. You've got Muddy Waters with one of his top band configurations, plus harmonica virtuoso Cotton and Winter at the front end of his legendary blues career. Choice cuts include "Can't Be Satisfied," "Dealin' With The Devil," "Trouble No More" and "Got My Mojo Workin'."

**The Clash: *The Singles*** (Epic/Legacy)

Epic/Legacy delivers 20 tunes by one of England's great rock bands. As alarming as this sounds, The Clash signed to CBS Records 30 years ago. I realize that the implied chronology makes those of us who were rabid Clash fans semi-geezers, but take heart in the fact that The Clash rocked like hell, and so did we. Best take possession of this gem, which includes "London Calling," "Train In Vain," "This Is Radio Clash," "Know Your Rights," "White Riot," "The Magnificent Seven" and "Rock The Casbah." A good deal of the rock we're hearing today seems tame and parochial by comparison.



**Ball Horticultural Company** has introduced Circle of Life that utilizes a biodegradable pot made from rice hulls. Offered in four sizes, the containers can be tossed into compost piles to decompose instead of plastic containers. Circle of Life pots can be found in the Triangle at J&B Herb & Plant Farms, area Whole Foods stores, Homewood Nursery, Logan's Trading Company, and Campbell Road Nursery. Starting retail pricing for Circle of Life plants is $3; pricing varies among plant type. For more information, contact Allison Beale at 919-755-3625, or go to www.circleoflifeplants.com.

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**Best Buy has joined with** UK mobile retailer Carphone Warehouse to create Best Buy Mobile, a mobile store concept offering customers choices for their phone carrier, calling plan and accessories. After a pilot program in New York City, Best Buy announced that the concept will become available in 190 US locations in eight markets starting in July. Raleigh and Durham have been chosen as one of the first markets, with stores opening by October 2007. Best Buy Mobile says it will offer more than 90 handsets, eight different network carriers and over 100 accessories; impartial non-commissioned sales associates; straightforward pricing and post-purchase support in one location.

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**The Cypress of Raleigh**, featuring resort-style amenities and on-site healthcare services, has broken ground on a $185 million, 48-acre development in Raleigh. The continuing care retirement community — the first to be developed in Raleigh since 1984 and the third continuing care retirement community in North Carolina to offer equity ownership opportunities — is scheduled to open in fall 2008. More than 140 homes — roughly two-thirds of the 202 available homes — have been sold centered around a 42,000-square-foot clubhouse that features private dining rooms, a library, game room, fitness center, art studio, business center, a heated indoor swimming pool and a full-time concierge and activities director. The Cypress also offers to take care of household chores, including housekeeping, cooking, yard work and home repair. The Cypress of Raleigh is located at the intersection of Lead Mine and Strickland Roads in North Raleigh. For more information, visit www.thecypressofraleigh.com or call 919-870-9007.

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**Carrboro's DSI Comedy Theater** offers 15-hour week-long youth summer camps in improvisation techniques and comedy scene work to help students develop the ability to tell stories collaboratively and work in the moment. At the end of each week, the students will present a showcase for family and friends. For more information or to register online, go to www.dsicomedytheater.com or call 919-338-8150.

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**Home remodeling expert Dan Fritschen's** Web site www.remodelestimates.com offers free access to an online calculator that provides reliable cost estimates for quick home projects, remodeling a room or an entire house. The site also provides a formula for estimating the increased value after remodeling and a program to assess the impact of different approaches to a remodel.

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Raleigh-born **Lee Hennessee** has been selected by the *New York Post* as one of the Big Apple's most powerful women. Hennessee joins Sen. Hillary Rodham Clinton, Diane Sawyer, Anna Wintour, Judi Giuliani, Diane von Furstenberg, Tory Burch, Amy Sacco and other "powerful dames" on the list. Her entry reads: "#47. E. Lee Hennessee, 50, managing principal, Hennessee Group. A veteran of selecting hedge funds, this former North Carolina debutante tells big institutions where to invest their dough. Now she's making history in opening up new channels of business diplomacy in Saudi Arabia."

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TNT is launching ***The Company***, a six-hour miniseries, in August that follows the agency from its early years to the fall of the Soviet Union in 1991. In two-hour installments on three consecutive Sundays, *The Company* will move from early CIA-KGB chess games in Berlin to the 1956 Hungarian Revolution and 1961's Bay of Pigs fiasco to the search for a KGB mole. Each will take a different form: espionage, action and psychological thriller.

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**USPublicRecords.com** has announced a new technology to find public records using the Web. More information about public records access is available at www.USPublicRecords.com.

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**"Catch the Wind,"** a 4-acre outdoor exhibition, opened at the Museum of Life and Science in Durham June 16, the second of a three-phase major outdoor expansion. The large-scale, interactive, environmental presentation is designed to express the influences of wind on the environment as part of the Museum's program for outdoor science education.

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**Allan Friedman was selected** as the new director of the Women's Voices Chorus (WVC), the Triangle's only community-based classical chorus, following the retirement of founding director Mary Lycan in January 2007. WVC President Susan Gidwitz says of Friedman, "We look forward to the growth and change a new director will bring, especially one as talented as Allan Friedman." Friedman serves as assistant conductor of the Duke Chapel Choir and directs the Duke Vespers Ensemble and the Duke Divinity School Choir, as well.

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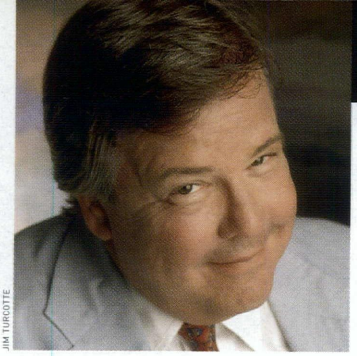
**The City of Raleigh Arts Commission**, in collaboration with the North Carolina Writers' Network will host the Raleigh Summer Reading Series on July 9 at Peace College's Main Hall. Betty Adcock, author of six books, and Bridgette A. Lacy, a features writer at *The News & Observer*, along with their respective mentees, emerging writer Nora Hutton Shepard and Kelly Starling Lyons, a journalist and children's book author, will be appearing at the series. For more information on the reading event, contact June Guralnick at june.guralnick@ci.raleigh.nc.us or 919-890-3610.



JIM TURCOTTE

# My Usual Charming Self

by Bernie Reeves

## SHAME ON DUKE

The settlement paid by Duke University to the three families of the falsely accused lacrosse team members — estimated to be around $18 million — follows on the heels of similar deals, one with the student whose teacher gave him a failing grade because he simply played the game, and the other with the former lacrosse coach who was summarily fired without so much as a how-do-you-do. The Washington, DC-based Williams & Connelly law firm took on the civil matter for the families pro bono, demonstrating the outrage felt worldwide about the case. Duke paid up because the school could be vulnerable to civil suits by the players for harming their reputations by dismissing them summarily before the facts were known.

Yet, Duke did not do its duty. The settlement also holds harmless from future litigation the so-called Group of 88, the professors and fellow travelers who represent the root cause of the lacrosse players' drama. These professors and their cohorts created the environment at Duke — and the extended Durham community — that allowed Durham County District Attorney Mike Nifong to consider breaking every rule of procedure and decency to try to ruin these boys. Had Raleigh attorney Joe Cheshire not been called into the action on behalf of one of the accused lacrosse players, Nifong and his band of Duke activists would have more than likely won their case, at least in the court of public opinion where Nifong chose to stage the attack. Even if the cases had been settled early on, without Cheshire leading the charge, the boys would be ruined — the whole point to Nifong and his supporters. After all, that is the usual strategy by campus radicals: to smear their enemies with innuendo on the permanent record created by a compliant media. It was a close thing.

Cheshire knew he had to fight Nifong in the same arena to win the case and save the reputations of his client David Evans and the two other players. He hammered Nifong on the news, where typically gullible and badly trained journalists joined the mob screaming for the heads of the accused. Let me immodestly add that this publication did not fall for any of the early stage dementia that afflicted the media. I have been in hand-to-hand combat with the Duke politically correct activists — revered as national leaders in radical circles — since the early days of the *Spectator* weekly in the '80s when the radical scholars took over liberal arts curricula across the country.

I can detect their fingerprints earlier than most, and they were all over this case from the beginning. I wrote in this space in May 2006 that "trial by candlelight vigil," referring to the Buchanan Street protests at the time of the accusations by Nifong, meant the same nasty "tenured radicals" and their groupies were declaring class warfare against the lacrosse players without regard to evidence or fairness.

This campus cadre cut its teeth destroying reputations on campus by organizing anonymous whisper campaigns to prevent the hiring of new teachers and preventing the ascent to tenure of qualified professors who did not goose step to their party line. A potential hire or a member of the professorial ranks had to agree that the culture of America and the West was invalid due to racism, chauvinism and homophobia — and that this noble edifice of learning and achievement needed to be torn down and replaced. For those teachers who dared take an objective and scholarly view, no job or no tenure. In the battle between "traditional" and "radical" scholars, the radicals are winning at Duke.

Thus, the army of fanatics who gathered forces to ruin the lacrosse players was confident of victory. Those who would disagree were never hired or drummed out of the University corps. Relying on their typical arsenal of righteous indignation, it was damn the torpedoes of truth and legal procedure. The boys were the enemy simply for being affluent white male lacrosse players. And the victim was wholesome and truthful simply because she was a black female. Nothing else mattered. With this cast of characters, no wonder the Group of 88 never worried that their newspaper ads and media statements would come back to haunt them. Nifong was one of them, he too spouting the party line that Duke was "inhospitable to women and people of color," as the mantra still goes from the campus activists. And none of them cared about the effect on the boys or their families. (To make this point, *Metro* published an exclusive interview with the Finnerty family, by Sharon Swanson in the January 2007 issue, well before the so-called "first" interview claimed by CBS *60 Minutes*.)

Thank God the boys, their families and their lawyers didn't stand for the outrageous charges. They possessed the rage and the means to set the record straight, and they weren't college professors whose lives are made a living hell by the radical scholars. These poor souls risked what was left of their careers if they fought back. Fortunately, this time the campus activists went too far, exposing to the public the putrid state of academic politics. But they have gotten away with it again because Duke's administration has protected them with the settlement to the lacrosse families. As is the case at most of the heads of our top liberal arts schools and universities, Duke President Richard Brodhead is either in sympathy with the radicals, afraid of them or simply a coward.

It's probably a little bit of all that, but this time you would think Duke would take the opportunity — with the entire world watching — to face down the radicals. Instead, as all campus presidents do, he backed down and covered up the abuses of the treacherous class warriors. I believe this action will come back to harm Duke in the future. For sure the public, for years unaware of the unsavory types teaching their children, has learned a lot very quickly following the case. I hear it over and over, when before few cared or even knew about the scandals occurring on campus: We don't like Duke protecting the Group of 88 now that we know their true character. I already predicted that Nifong will never let down in his belief that he had a case against the boys because he is consumed with class warfare rhetoric. Now, the other culprits will get off free and never admit their guilt. Look for them to continue their nefarious campaign to smear those they don't approve of, who don't alter their personal and professional lives to their agenda.

Nifong was just a pawn — a useful idiot, as Lenin put it — in this battle royale. But at least he is receiving punishment for his crimes. But the key players are free to continue to radicalize scholarship and wage class warfare unscathed, to pounce again on those who don't agree with their radical point of view. A vigorous house-cleaning at Duke could have gone a long way to repairing the sorry state of liberal arts and social politics in America. Shame on Duke. MM

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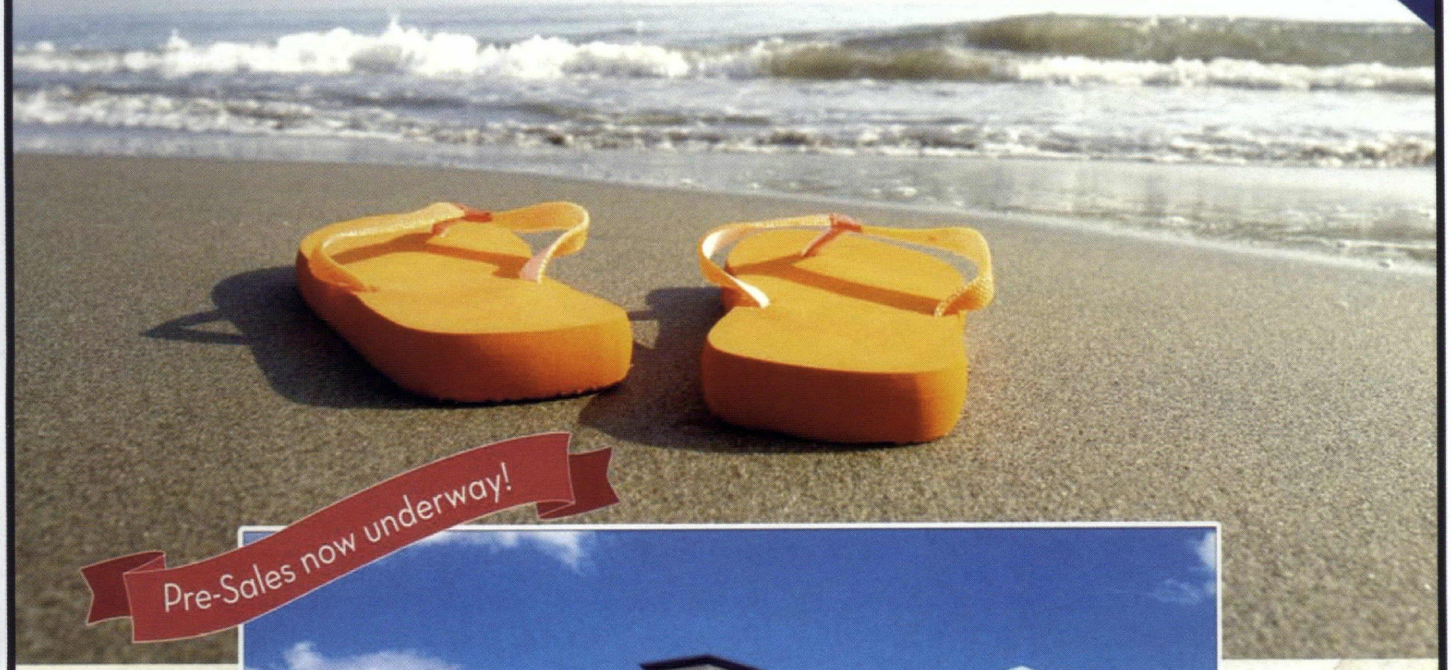

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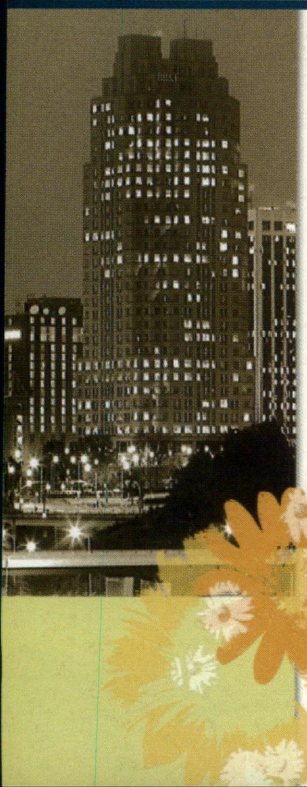

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