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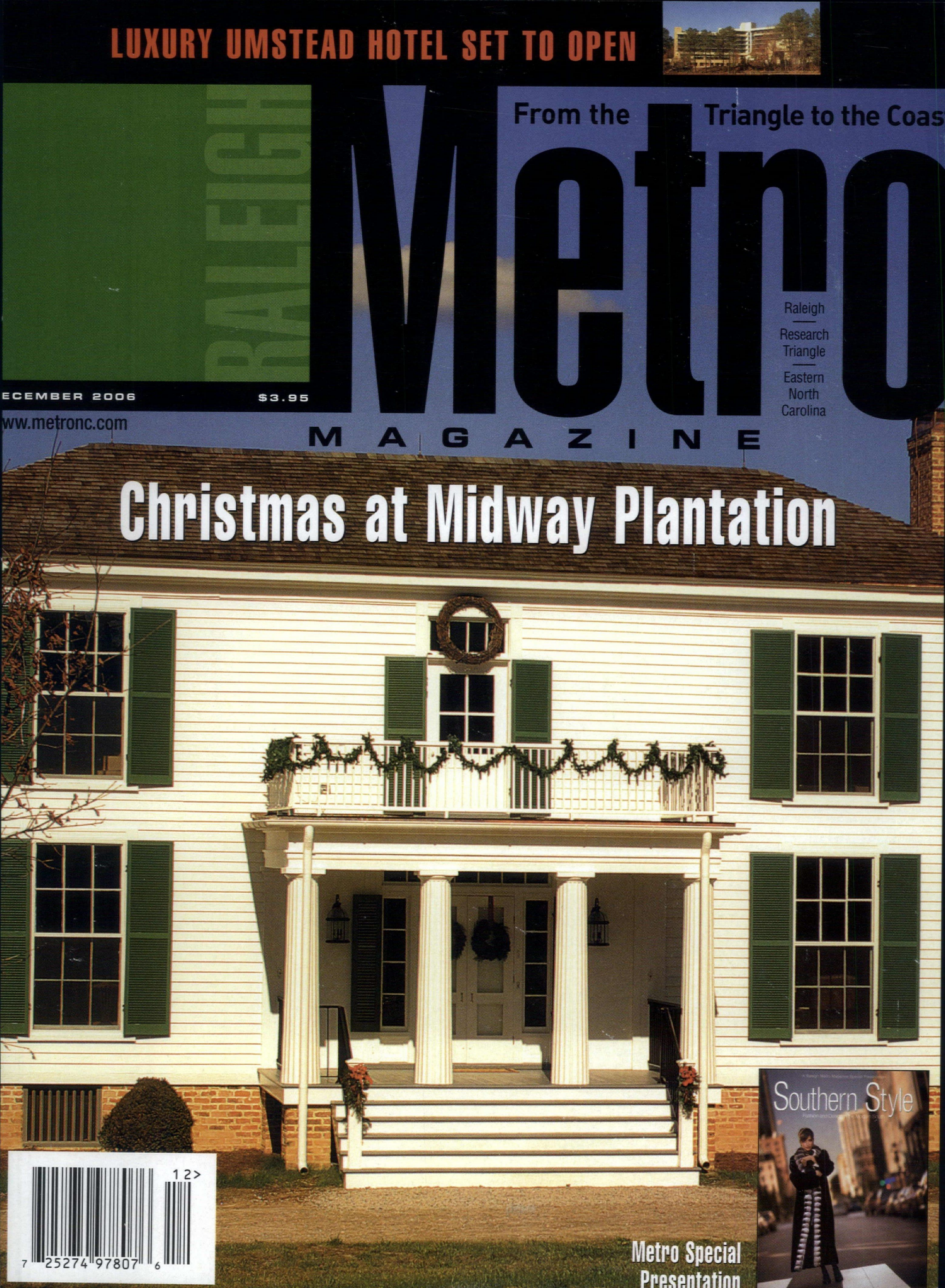

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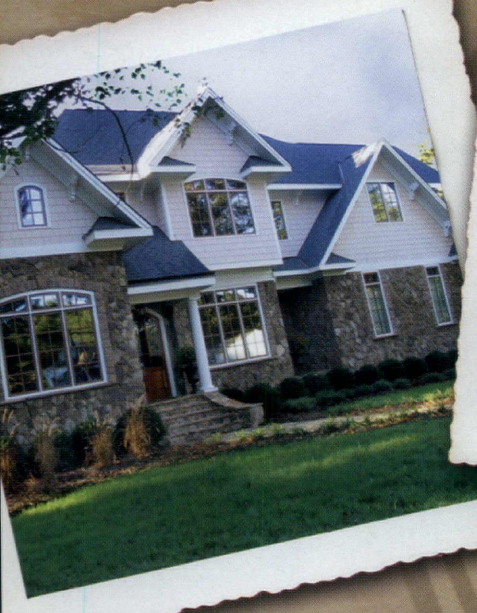

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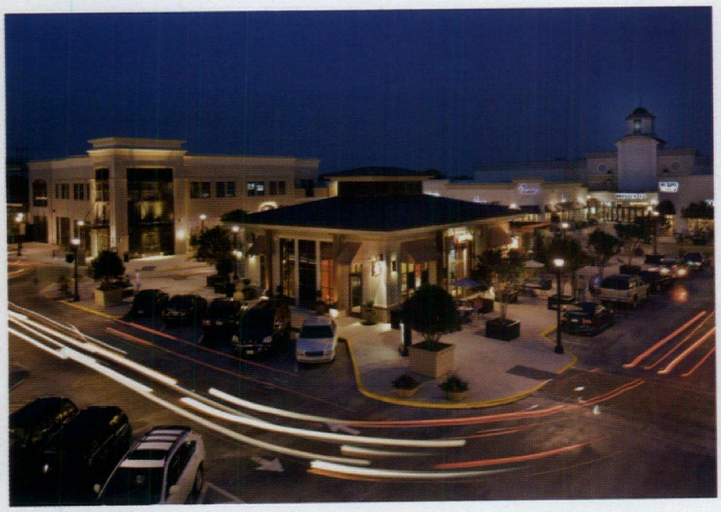

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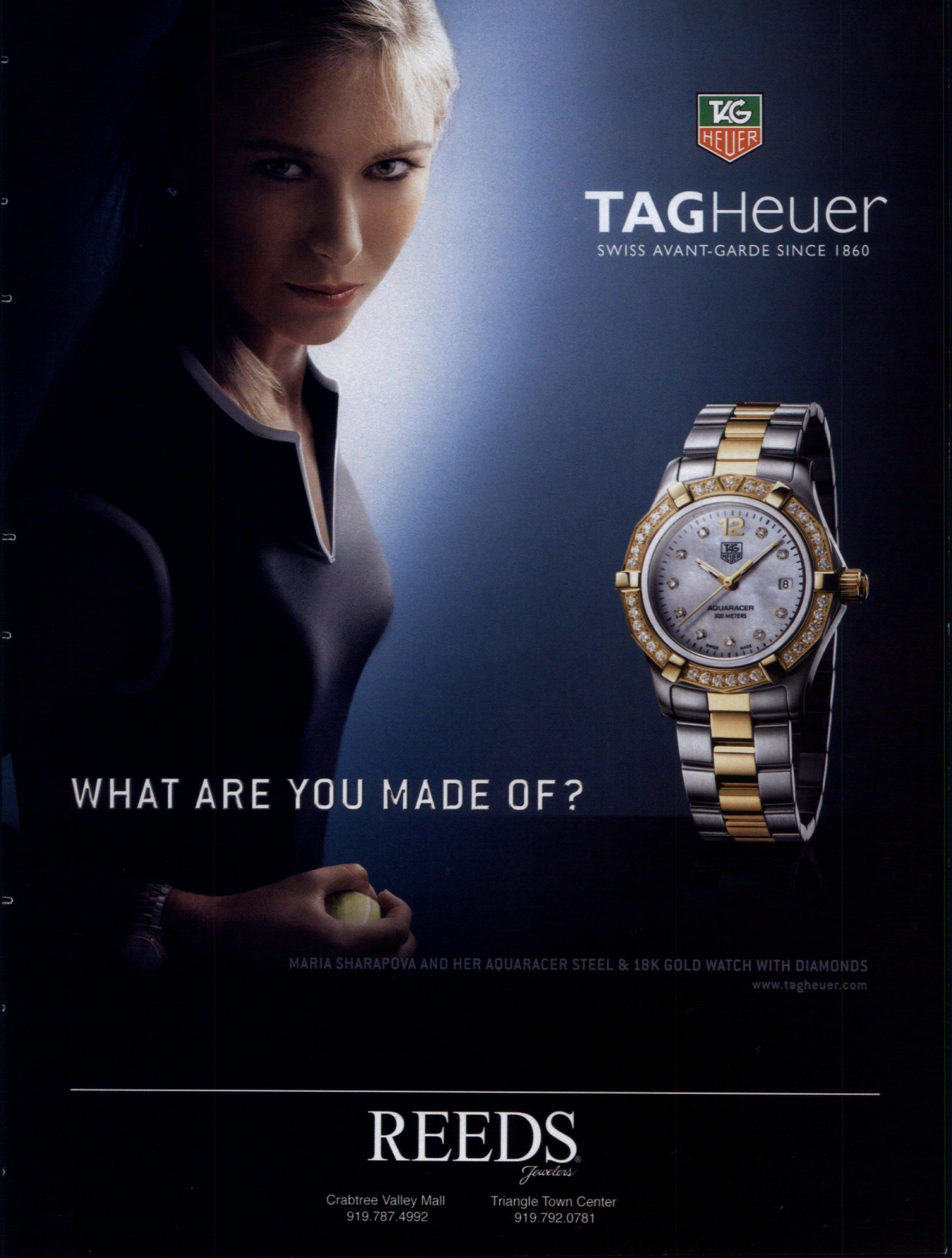
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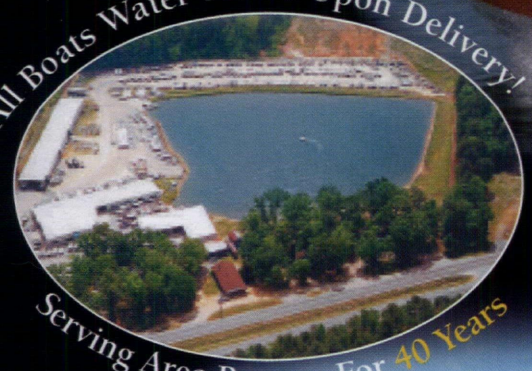

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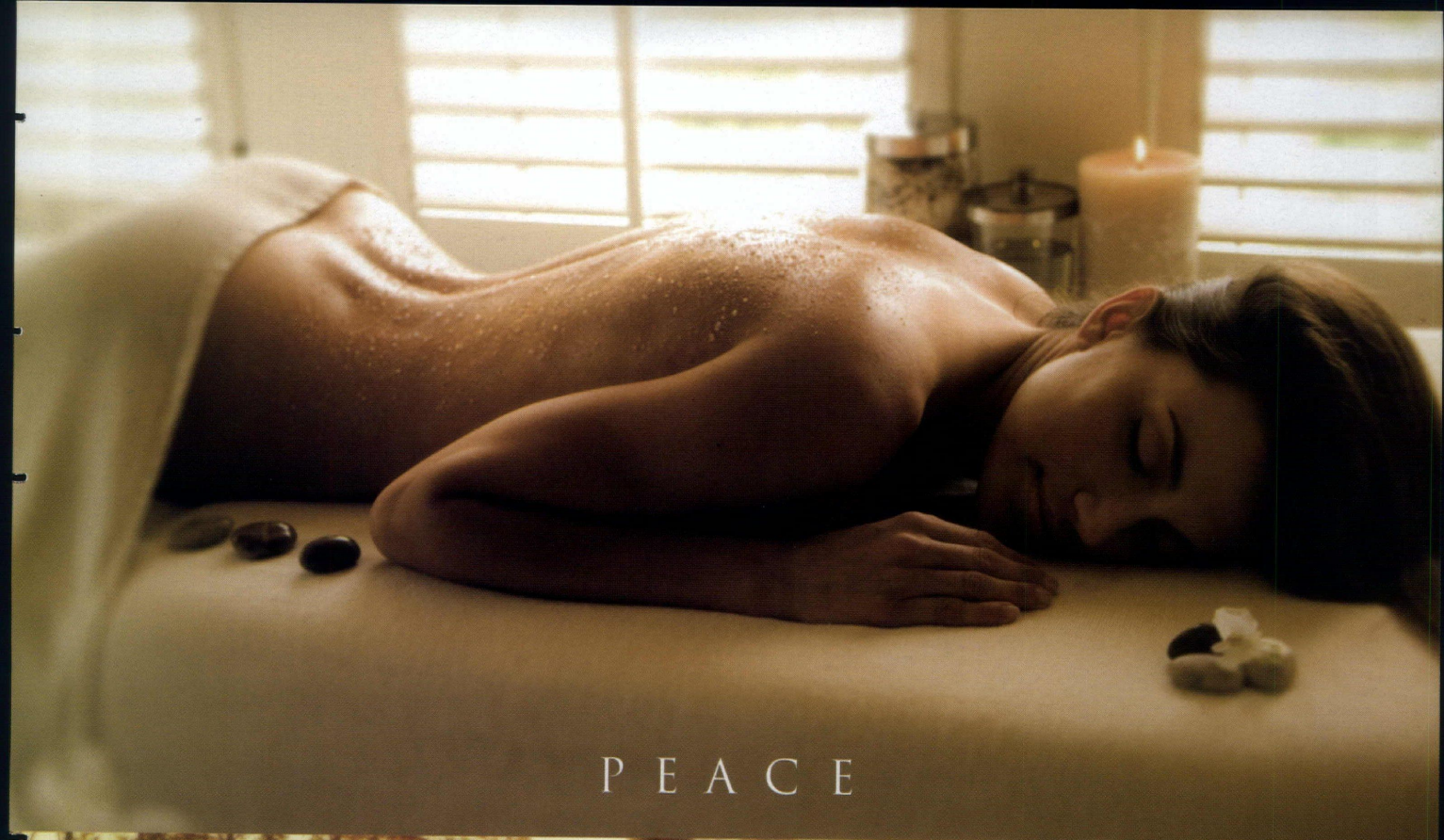

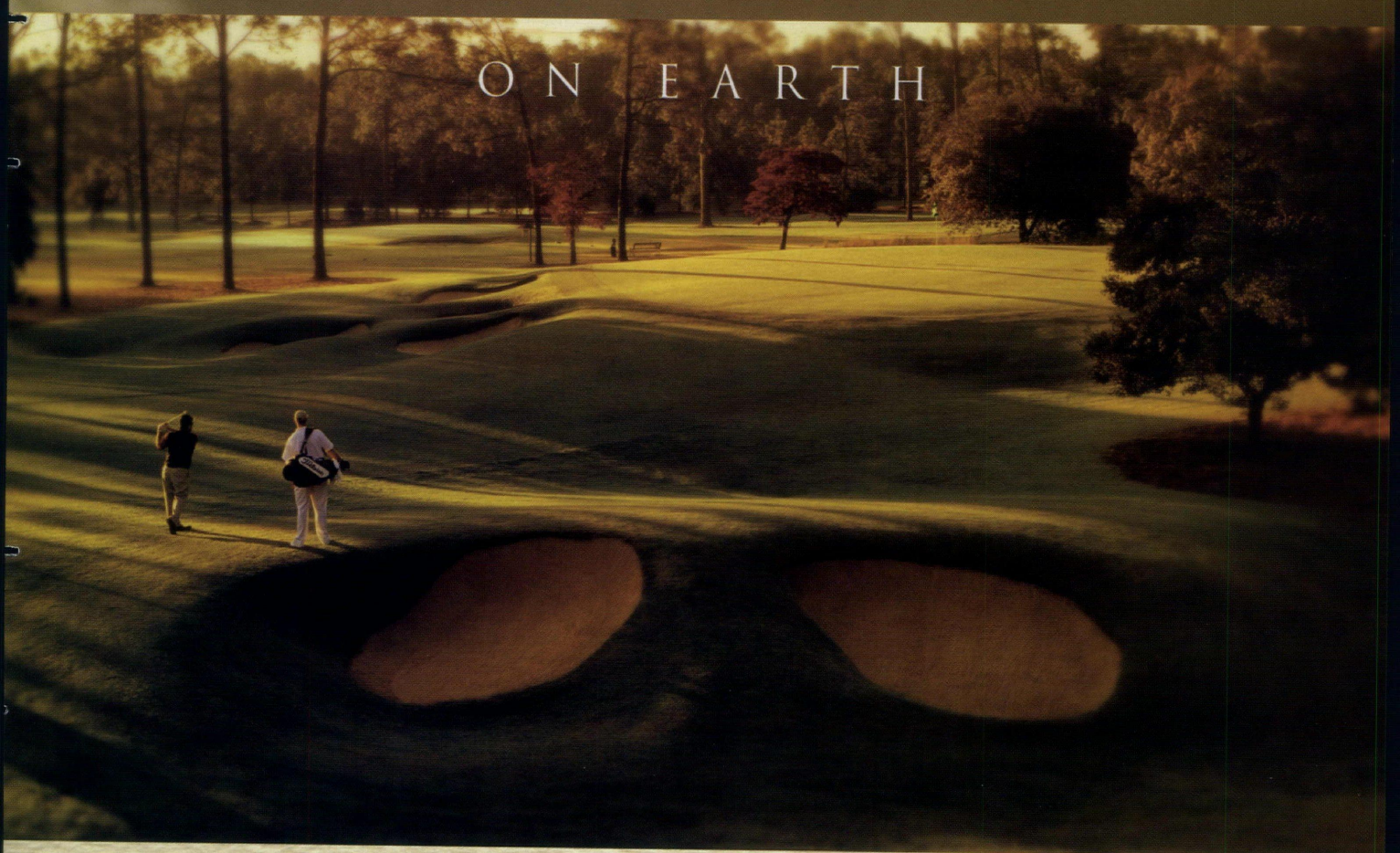

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Midway Plantation

ALL I WANT FOR CHRISTMAS IS STYLE

Celebrate this holiday season in *Metro* with something old and something new — and something stylish — in our second special section on Southern Style, that unique manner of quality living exclusive to our region.

Midway Plantation is nestled in a new location just behind its former location facing Highway 64 East near Knightdale after a masterful move by owner Charlie Silver and his wife Dena. The entire drama, including family reaction to moving the homeplace since 1760 — and the surprising story of family members descended from slaves — is captured in the documentary film *Moving Midway: Portrait of a Southern Plantation in Transit* by Silver's cousin Godfrey Cheshire who launched a glittering career as a film critic writing for the *Spectator Weekly* from the late '70s until 1997. As Midway graced the Christmas 2000 issue of *Metro*, it seems fitting to re-visit this fine, old home during the holidays in its new location.

Way on the other side of town, in Cary actually, Ann Goodnight unveils her masterpiece, a luxury hotel and spa designed to accommodate every need of the discriminating guest. Beautifully sited, The Umstead Hotel and Spa is accessible from just about everywhere and offers the latest in room and banqueting design. The 8000-square-foot deluxe spa will draw guests from the region and around the world. Diane Lea visits Midway and The Umstead to for an exclusive report.

And check out the preview information about the Second Mannequin Ball set for January 19, 2007, at the NC Museum of History, presented by *Metro*, Saks Fifth Avenue and American Airlines. The theme is "Milan After Midnight," and if last year is any indication, the Second Mannequin Ball will continue its status as the most elegant social fund-raising event in North Carolina. Go to www.themannequinball.com or call us at *Metro* for information and ticket reservations: 919-831-0999.

Louis St. Lewis talks about the artists selected to contribute work for auction at the Mannequin Ball and fashion czarina Molly Fulghum Heintz rounds out our special report with the latest trends, including a special photo spread shot in the burgeoning Raleigh center city.

As you can see, it's the season to be merry at *Metro*. Gourmet editor Moreton Neal suggests cookbooks for the discriminating foodie; Barbara Ensrud recommends the right wines for holiday feasting; Art Taylor discovers the joy of pop-up books to bring back the meaning of the season; our elves worked hard to bring Gift Guide Part 2 and a complete Spa Guide to help you plan your recovery from holiday merry-making.

Carroll Leggett wants overalls under the tree; Arch T. Allen suggests books about Milton Friedman, who passed away last month; and Jim Leutze discovers worrisome data about the future of fishing off the NC coast.

In January. *Metro* presents Bridal Preview with all the new bride needs to know and our annual Who's Who, featuring the effective people who make our region happen.

Merry Christmas and Happy New Year!

—Bernie Reeves, Editor & Publisher

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THE FUTURE IS UP

Correspondence

TOP WINERY NEGLECTED

My wife and I enjoy reading *Metro Magazine* as each issue contains many fine articles and event happenings in this area. In reading the article entitled, "The Cork Report," by Barbara Ensrud (November 2006 issue), I was struck by what I consider to be a glaring omission from Ms. Ensrud's otherwise insightful writing — the absence of any reference to Chatham Hill Winery, located in Morrisville, near the Raleigh-Durham International Airport. This small, but growing winery was just recently voted by your readers to be the Best Winery in the Triangle, truly a tribute to the quality of the award-winning wines produced by Chatham Hill's owner and winemaker, Marek Wojciechowski. I found the omission of any mention of this winery to be disturbing and unfortunate for your readers.

Like Ms. Ensrud, my wife and I enjoy visiting the growing number of wineries in North Carolina and our neighboring states and comparing the quality of their wines with those from California, Oregon and other states, as well as an array of international wines. We share Ms. Ensrud's enthusiasm for the pursuit of excellence in North Carolina wine and we are equally pleased with the increasing quality and stylish appeal of wines produced in our state.

We have discovered that few wineries can match the commitment to quality winemaking and the achievement of excellence found in the wines produced by Chatham Hill. *Metro's* readers must share in this opinion or they would not have voted Chatham Hill to be the Best Winery. Whether it is their Syrah, Pinot Noir, Cabernet Sauvignon, Merlot, Chardonnay, Viognier, Riesling, Pinot Grigio or their Sweet Carolina wines (Peach, Blackberry, Strawberry, Raspberry, Blueberry, etc.), we discover a commitment to high quality and excellent taste in each bottle of wine purchased from Chatham Hill.

We hope future articles in *Metro* will alert readers to the availability of truly excellent wines from this local winery, where readers have the opportunity to visit Chatham Hill, taste their wines, tour the winery and meet the winemaker and the winery's friendly staff.

Tastefully yours,

Jeffrey H. Price
Zebulon

RED CROSS CONNECTIONS

What a wonderful detailed history of the Red Cross and its important work in the November 2006 issue of *Metro*. I am sending you a copy of an article that appeared in *The Bellefontaine Examiner* (Ohio) on Thursday, March 10, 1955, which is marked important in my late mother's handwriting.

You might find it interesting to know that Clara Barton, regarding my great-great-grandfather, Judge William Lawrence, congressman and first comptroller of the US Treasury, held him "as the pioneer of the Red Cross in America." He was also credited with starting the Republican Party in Ohio.

Three sisters — great-great-granddaughters of William Lawrence — two of us St. Mary's College graduates, reside in the Triangle area. Jane Lawrence Augustine Rabon, retired Wake Tech director of development —

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widow of the late Roy Rabon, former chief deputy insurance commissioner and editor of *The (RTP) Leader*, is in possession of an original letter written by Ms. Barton. Others residing in the Triangle are great-great-granddaughters, Kristin Augustine Christensen, retired Wake County Public School teacher; and Cynthia Augustine Townley; and great-great-great-grandson Andrew Townley, a Broughton High School graduate, who is presently a student at the Savannah College of Art and Design. My late mother, Eleanor Inskeep Augustine, granddaughter of William Lawrence, was an honored attendee of the Red Cross Ball in the Raleigh area shortly before she died in 2002.

Sincerely yours,

Kristin Christensen
Wrightsville Beach, NC

ST. ANDREWS WINS LECTURESHIP

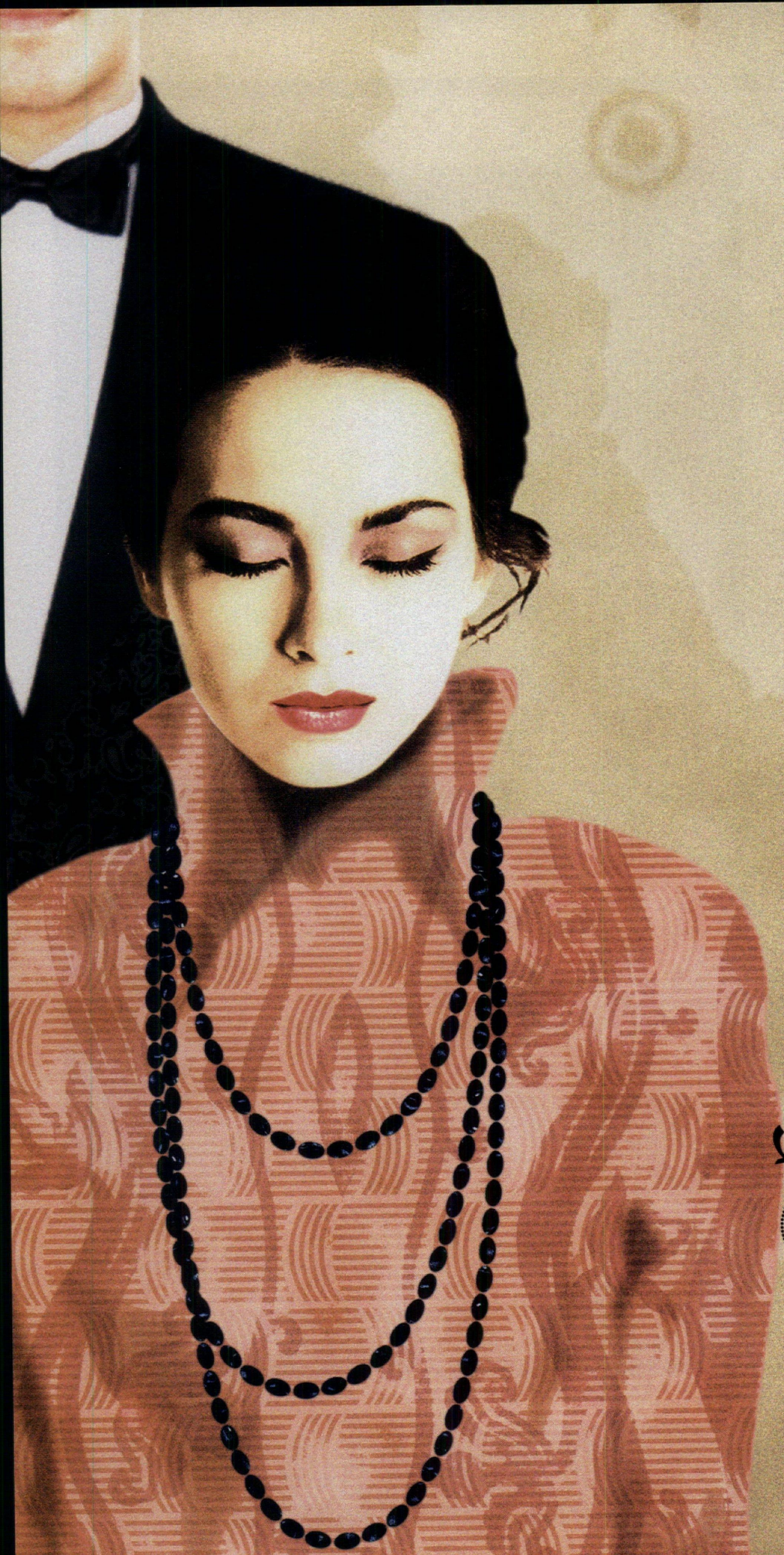
I continue to receive your magazine because of your column on the back page (My Usual Charming Self). Your comments are always right on the nose.

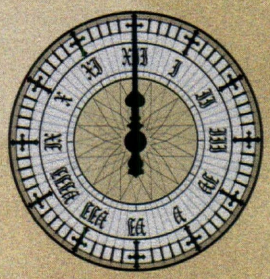
I thought you and your readers would enjoy knowing about the Calvin McNair Lectures on Science and Technology. Since the University of North Carolina at Chapel Hill can no longer stomach such discussion, we in Laurinburg, NC, are grateful to now have the lectureship at St. Andrews Presbyterian College. (Editor's Note: The lecture series was funded by the will of John Calvin McNair to UNC. For over 100 years — beginning in 1908 — 52 lectures were delivered. In 1995, McNair's heirs objected that the original intent of the lectureship was not being observed. In 2005, the $300,000 endowment was transferred to the Presbyterian Church (USA) which, after lobbying by the McNair family, transferred the lectureship to St. Andrews College.)

The inaugural lecture at St. Andrews was held October 26, 2006 featuring Owen Gingrich — author of *God's Universe and The Language of God*. The program notes state the mission of the endowment: "The object of the lectures shall be to show the mutual bearing of science and technology upon each other and to prove the existence and attributes, as far as may be, of God from nature."

Keep up the good work at *Metro*.

Fred H. Mabry, MD





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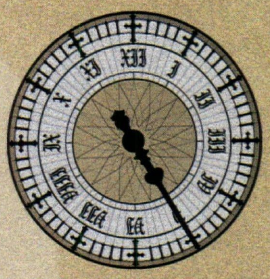

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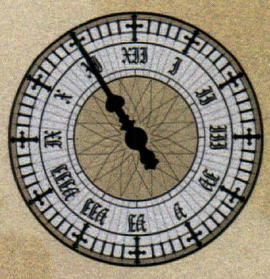

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Contents

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Features

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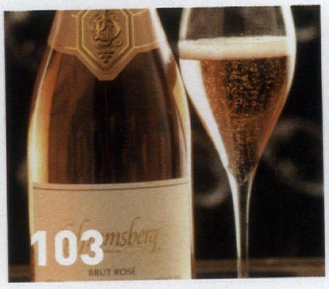

33 Special Metro Presentation
Southern Style

Departments

10 Introduction All I Want for Christmas is Style

14 Correspondence Reader Feedback

21 Secrets of State Saint Saviour's Comes Full Circle, Edenton Civil War Cannon, More Charming, *Shakespeare Chronicles*, Rex Award Honors, Lawrence in Arabia, Mountain Biking Trail

92 MetroPreview 'Tis the Season

96 Editor-at-Large Troubled Waters

97 Between You and Me... Overalls for Ole Man Leggett

99 Gourmet A Feast for Your Bookshelves

102 Restaurant Guide

103 Cork Report Wines for the Wine Lover

105 Books New and Noteworthy

109 PvV Sally Spring Returns

112 My Usual Charming Self Christmas with a Vengeance

HOLIDAY GIFT GUIDE

Xbox 360 Premium System

81

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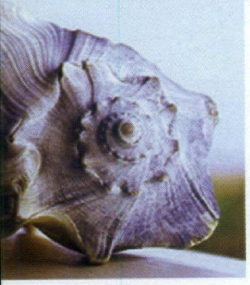

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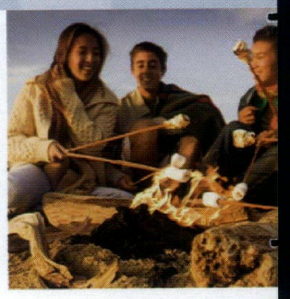

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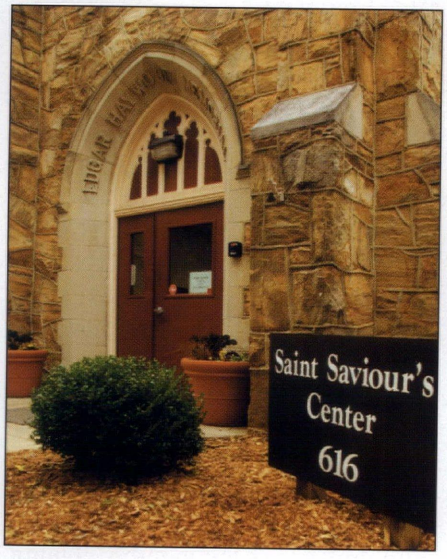
Saint Saviour's Comes Full Circle

Everything that goes around comes around. The old saying certainly applies to Saint Saviour's on Raleigh's Tucker Street between Boylan and Glenwood Avenues where Christ Chris Episcopal Church (located on Edenton Street across from the State Capitol building) in the 1890s established a "mission" to the Smokey Hollow neighborhood, then populated by mill and railway workers.

The original wooden mission structure was replaced with a stone building in 1927, housing a chapel and classroom, followed by the establishment of a permanent congregation that eventually migrated to North Raleigh from St. Timothy's Episcopal Church. In 1937, Christ Church founded Ravenscroft School on the property — named for the first bishop of the Episcopal Diocese of North Carolina — serving kindergarten through sixth grade until the late 1960s. The name, if not the spirit, of the much-loved school lives on in North Raleigh.



Today, sitting alongside the tenants of Glenwood Towers, a high-rise public housing facility, the re-modeled Saint Saviour's Center hearkens back to its origins, again serving as a care-giving facility to area residents in need. Programs range from the educational to the nutritional and include English as a second language. To complete

Saint Saviour's

the circle, Christ Church, although it no longer owns the property, remains actively involved.

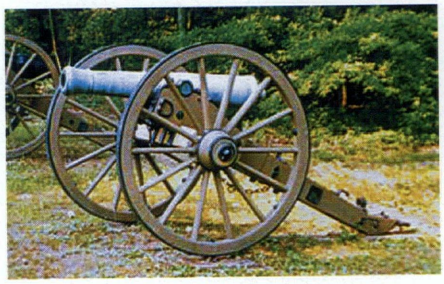
For information on how to help out with donations or to volunteer, call 919-833-6400. MM

Civil War Cannon Returned to Edenton

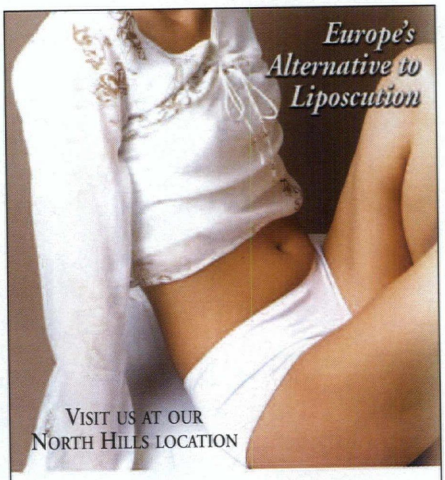
The Civil War cannon made in 1862 from the bell of the oldest public building in North Carolina has returned home 141 years after its surrender. The cannon, named the "Edenton" by the men of the Edenton Bell Battery, is one of four bronze cannons cast from bells donated by institutions and individuals in Edenton during the spring of 1862.

The "Edenton" is a rare 6-pound caliber gun made from the bell of the 1767 Chowan County Courthouse. The Edenton Bell Battery saw action with the Army of Northern Virginia in Southeastern North Carolina, and at the Battle of Bentonville — the largest land battle fought in North Carolina during the Civil War. Since its surrender on April 28, 1865, the cannon has been in federal possession. For more than 100 years, it has been displayed at Shiloh National Military Park in Shiloh, TN.

"This cannon represents a thrilling part of the history of the War Between the States — the actual heritage of the small units that participated," said Peter Rascoe,



who researched and arranged for its return. Descendants of the men of the Edenton Bell Battery unveiled the cannon, which is now displayed beside the "St. Paul" cannon in Edenton's Colonial Park on Edenton Bay. MM



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More Charming

Not getting enough of his Usual Charming Self once a month in *Metro*? Then be sure to check out "Between Issues," the new blog/column on the *Metro* Web site (www.metronc.com) where Bernie Reeves offers up short takes on the current scene alongside "My Usual Charming Self," his regular monthly column.

When asked why he is doing this, Reeves said he would like to say it was due to popular demand, but actually it's because "too much happens between my monthly columns, forcing me to leave out tidbits and outrages in 'My Usual Charming Self.' For example, I would have had to wait three weeks to comment on the recent elections in my monthly column. Now, with 'Between Issues,' I posted my opinion two days afterward."

Reeves added: "I was also amazed at the number of hits on the *Metro* Web site — 450,000 or so a month. Now Web readers have something extra to read. And the 'Between Issues' entries are mercifully short." MM

Town and Gown Captured in New Book

The Town and Gown Architecture of Chapel Hill, North Carolina, 1795-1975, by noted architectural historian Ruth

Little, has received great reviews from professional historians and a warm welcome from Chapel Hill residents and the statewide network of devoted UNC-Chapel Hill fans. Funded in part by matching grants from the Survey and Planning Branch of the North Carolina Division of Archives and History, the Town of Chapel Hill and the Preservation Society, the book covers the architectural and historical development of Chapel Hill and the University from their earliest days through the 1970s.

Little, an author and teacher who received her Ph.D. in art history from UNC-Chapel Hill, has worked with Durham-based book designers BW&A Books to create a beautiful and readable book. Intended as a user-friendly guide to the campus and neighborhoods of Chapel Hill, *Town and Gown* sports a gorgeous color cover by artist Michael Brown and is filled with 320 black and white photographs and illustrations, an eight-page insert of color photographs, neighborhood and campus maps by historic cartographer Michael Southern, a glossary, bibliography, notes and index.

Southern, also a UNC alumnus, finds that *Town and Gown* captures the charm and heritage of the home of America's first state university. His praise is echoed by

The Town and Gown Architecture of Chapel Hill, North Carolina, 1795–1975

Catherine Bishir, author of *North Carolina Architecture*, who credits Little with engaging "both heart and head to illuminate our understanding of the complex and beloved ensemble that is Chapel Hill."

The book is available for $50 from The Preservation Society of Chapel Hill and UNC Press and area bookstores. MM

The Shakespeare Chronicles

Inspired by his defense of Shakespeare in court, professor James Boyle has penned a literary thriller that began 19 years ago, and 370 years after his death, when "The Bard" was on trial for literary fraud in front of three Supreme Court Justices. The trial was not real of course, but it was public. Before a panel made up of Justices William H. Brennan Jr., Harry A. Blackmun and John Paul Stevens, 900 observers in a Washington, DC church and a national television audience, Boyle, now the William Neal Reynolds Professor of Law at Duke, successfully argued that Shakespeare, not Edward de Vere, the 17th Earl of Oxford, was the true author of the Shakespearean canon. The mock trial was covered on the front page of *The New York Times* and sparked a New *Yorker* feature article. Boyle says he received mail from Shakespearean "sleuths" for years afterward.

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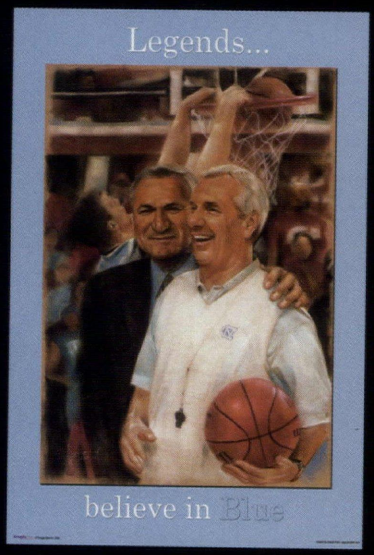

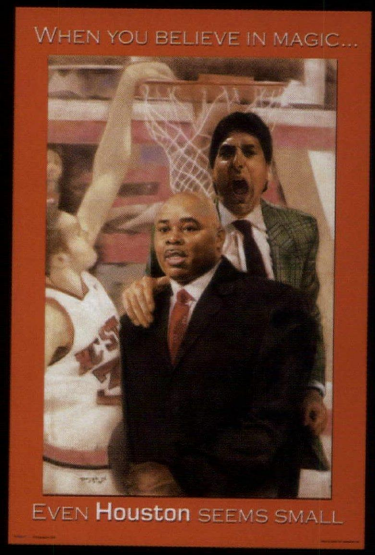

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terest in the event, as well as the nature of the conspiracy theories he unearthed in preparing his — and the vehemence with which they were put forth by their proponents — Boyle, in a departure from his specialty in intellectual property, has published *The Shakespeare Chronicles: A Novel*, a literary mystery about one man's obsessive search for the true author of Shakespeare's works.

Boyle's research revealed a cast of 56 historical characters named as possible authors, from courtier de Vere to Elizabethan-era dramatist and possible secret agent Christopher Marlowe, to Montaigne, Bacon and even Queen Elizabeth herself. Some noted thinkers have been heretics and, in fact, two of the Justices before whom Boyle argued — Stevens and Blackmun — later expressed skepticism about Shakespeare's authorship. "It appears that my arguments had a short half-life," he observes.

The Shakespeare Chronicles is available in hardcover, paperback and as an E-Book. Ordering details and a sample chapter can be found at the book's Web site, www.shakespearechronicles.com. MM

Rex Award Honors Two

The John Rex Endowment announced the selection of Dr. Mark Piehl, WakeMed Faculty Physicians pediatrician, and Yo Sobha, associate branch director at A.E Finley YMCA, as recipients of the Hands of Health 2006 Award.

Piehl was selected for his work in creating the Pediatric Diabetes and Energize! programs to educate children, families and the community about the disease. Sobha was selected for developing the YMCA Camp GRACE for children with autism.

David Boerner, M.D., board chair of the John Rex Endowment, presented the 2006 Hands of Health Awards to Piehl and Sobha. The annual award honors individuals whose innovative work helps improve the health of underserved children in Wake County. The Endowment will contribute $10,000 to the charity of choice on behalf of each recipient.

For more information, go to www.rexendowment.org. MM

Golf Product Holds The Bag

To solve the problem of top-heavy golf bags falling over, The Other Edge, Inc., a product design studio in Raleigh, has released its first self-generated product, the Hold-N-One® golf bag holder.

According to designer Donald Corey, 90 percent of the weight of golf bags is located above the center of gravity, which is why they tend to fall over so easily. He decided to design his own, a wall-mounted device that attaches to the mouth of the bag through a spring-action motion to keep the bag firmly upright. (Screws and anchors are included in the packaging.)

Corey, a native of Australia, debuted his product in Sydney in August during "Workshopped '06," an Australian design festival. The Other Edge, Inc. is seeking to distribute the Hold-N-One® in the US and Canada.

Corey, president of The Other Edge, Inc. is assistant professor of industrial de-

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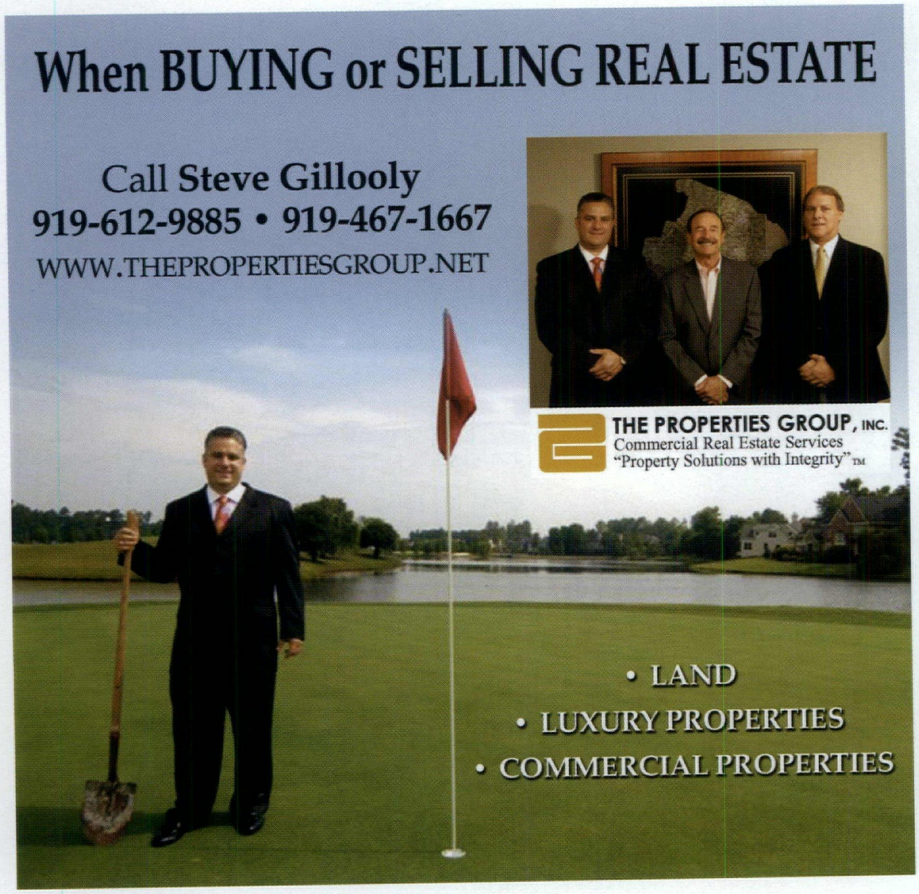


Spa Guide

by Jennifer Hadra and Dan Reeves

If the holiday season leaves you longing for a break, *Metro's* Spa Guide has everything you need to escape the hustle and bustle. You can rest and rejuvenate before the New Year with deep tissue massages and brown sugar scrubs at the four spas featured in this year's Spa Guide. They offer the perfect packages to take care of one of the most important people in your life ... you!

SPA LOCATIONS IN YOUR AREA

APEX

Cary Skin Center
200 Wellesley Trade Lane
919-363-7546
www.caryskincenter.com
Services: body sculpting, facials, chemical peels, microdermabrasion and waxing

Life's Little Pleasures
134 Salem Towne Court
919-362-6311
www.llpleasures.com
Services: massages, facials, body wraps, nails, microdermabrasion, photo facials, cellulite reduction

Natural Marvel's Spa
912 W. Williams St.
919-367-9880
www.naturalmarvelspa.com
Services: massage therapy, skin therapy, skin resurfacing, hair removal, spa treatments.

Tanas Hair Designs and Day Spa
105 Baines Court
919-380-0221
www.tanashairdesigns.com
Services: hair, nail artistry, skin care, body wraps, lash and brow services, massage therapy, body treatments, hair removal

CARY

B. Roman Skin & Body Therapy
2425 Kildaire Farm Road
919-851-2255
www.b-romandayspa.com
Services: Vichy shower, salt polishes, wraps, bronzing treatments, gentlemen specials, sports massage, reflexology, aromatherapy massage, La Stone therapy, skin peels, nails, makeup artistry, waxing

BodyLase Skin Spa
501 Keisler Drive
919-851-8989
www.getbodylase.com
Services: Laser hair removal, skin rejuvenation, Botox, wrinkle fillers, lip augmentation, laser vein care, waxing, facials

Cary Massage Therapy Center
1330 SE Maynard Road
Suite 203
919-319-4911
www.carymassagetherapy.com
Services: facials, massage, reflexology, acupuncture

La Thérapie Day Spa
1000 Darrington Drive
919-380-0041
www.ltdayspa.com
Services: acupuncture, facial treatments, massage, body treatments, nail services, waxing

My Day Spa
2056 Kildaire Farm Road
919-816-8228
www.mydayspa.com
Services: nail services, Swedish and deep tissue massage, pregnancy massage and waxing.

Nippon Spa & Nails
6448 Tryon Road
919-851-0101
www.nipponspa.com
Services: massage, body treatment, facials, waxing and nail care

Skin Sense, A Day Spa
1269 Kildaire Farm Road
919-468-1230
www.skinsense.com
Services: nails, body treatments, salt rubs, seaweed treatments, body wraps, facial treatments, Ayurveda massage, microdermabrasion, hair removal, La Stone therapy, hydrotherapy

The Ocean Club

From the sea air that blows off the Atlantic Ocean and Bogue Sound to the blend of Eastern and Western treatment styles offered, spa owners J.R. Sweet and Jerry Delu's commitment to helping their clients' rest and rejuvenate is evident throughout the facility.

Upon arriving at the resort spa, guests meet with heath and wellness professionals to tailor their treatment program to their individual needs. Visitors can melt away the stresses of everyday life with pampering services including facials, wraps, massages, soaks or the Spa's signature treatment, thalassotherapy — a treatment involving a warm rain shower, crystal Japanese soak, warm-water massage on an aqua table and a quiet rest period.

Guests can also achieve personal weight loss goals with help from the Spa's Health and Wellness program, which includes gourmet vegetarian meals, health and fitness classes, and nutrition and disease prevention education programs. For anyone wanting to bring the serenity of the spa experience to work, the Spa's Executive Health Retreats can help build corporate culture and increase productivity by helping executive teams maintain a healthy mind and body.

Tanas Hair Designs and Day Spa
1398 Kildaire Farm Road
919-380-0221
www.tanashairdesigns.com
Services: hair services, nail artistry, skin care, body wraps, lash and brow services, massage therapy, body treatments, hair removal

The Spa by Mitchells
1105 Walnut Street
Unit F-160
919-467-9642
www.mitchellspas.com
Services: healing massage, cleansing facial, body treatment, manicure or pedicure

Von Kekel Salon Spa
2230 Walnut St.
919-859-0888
www.vonkekel.com
Services: facials, peels, massages, eye treatments, glycolic treatments, baths, hair, nails, waxing

The Umstead Spa
100 Woodland Pond
919-447-4000
www.theumstead.com
This luxurious spa will open in 2007.

CHAPEL HILL

Aveda Institute Salon & Spa
200 W. Franklin St.
919-960-4769
www.avedachapelhill.com

Day Spa 255
255 S. Elliott Road
919-968-1066
Services: hair, makeup, facials, nails, massages, waxing

Forever Young Spa
400 Market St. Suite 100
919-928-9490
www.foreveryoungspa.com
Services: hair, nails, skin care, waxing, coloring, massages

Krisztina Kozmetika
304 W. Weaver St.
919-933-2400
www.krisztina-kozmetika.com
Services: specialty facial treatments, waxing, makeup application, eyebrow and lash tinting, massage

Mina's Studio
400 S. Elliott Road
919-968-8548
www.minasstudio.com
Services: nails, facials, ear candling, massages, sunless tan treatments, waxing, tinting

Serenity Day Spa
161 Rams Plaza
919-932-6800
www.serenity-day-spa.com
Services: hair, nails, pedicure, facials, body wraps, mud and seaweed treatments, sea salt body scrub, foot reflexology, waxing, massage

CLAYTON

Botanicals II Laser Center & Day Spa
11690 US 70 West
919-553-1293
Services: massages, facials, nails, laser treatments

COROLLA

Spa at Corolla
515 Old Stoney Road
252-453-9799
Please call for more information.

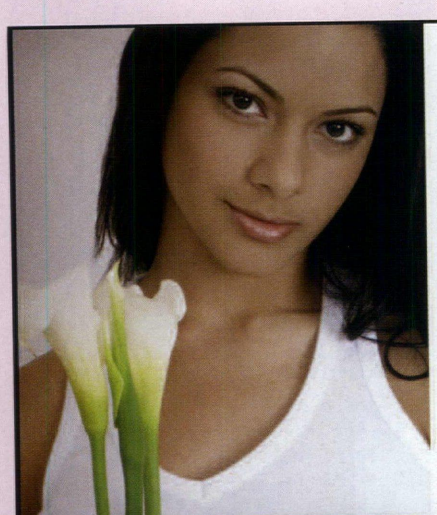
DUCK

The Sanderling
1461 Duck Road
800-701-4111
www.thesanderling.com
Services: hair services, waxing, massage, makeup design and lessons, facials

DURHAM

Bella Trio Day Spa
5826 Fayetteville Road
Suite 103
919-484-1221
www.bellatrio.com
Services: hair, acupuncture, nails, facials, body treatments, wet/dry sauna, massages, plastic surgury, microdermabrasion

Healing Waters Day Spa
6813 Fayetville Road
Suite 101
www.hwmedspa.com
919-572-1710
Services: massage treatments, aquatherapy body treatments, body cocoons, spa facial treatments, intensive facial treatments, clinical skin care, makeup and image services, natural nail serices.



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Suite A-10
919-493-7900
www.thebodycafe.com
Services: nail care, massages, reflexology, waxing, facials, hair

FAYETTEVILLE

Day Spa Salon and Skin Care
5407-B Ramsey St.
910-488-4247
Services: massage, hair, nails, body treatments, facials

Ravenhill Dermatology Medical Day Spa and Salon
1534 Purdue Drive
910-323-3131
Dr. Sidney E. Thompson, Medical Director
Services: specializing in the repair of skin, hair, nails and wellness from damage

828-697-2770
Services: nail, skin care, massage and body services, makeup

Fountain of Youth Day Spa and Salon
516 Kanuga Road
828-698-2954
www.fountainofyouth-dayspa.com
Services: facials, massages, nails

Friends Salon & Day Spa
1538 Haywood Road
828-693-9116
Services: hair, nails, massage and esthetician

Peace At Hand Therapeutic Massage
1141-B Greenville Hwy
828-692-3003
Please call for more information.

The Escape Day Spa
323 N. Washington St.
828-696-3030
www.theescapespa.com
Services: massages, facials, waxing, nails, body wraps

The Finishing Touch
45 Treemont Lane
828-685-0994
Services: therapeutic massages

Renaissance European Day Spa
860 Elm St.
910-484-9922
www.therenaissanceday-spa.com
Services: facials, massages, hair, nail, body treatments, waxing, custom makeup

HENDERSONVILLE

Adp Massage Therapy
755 N. Main St
828-699-0192
Services: massage therapy, including hot stone massage and reflexology

Creekside Spa
100 Erkwood Drive

HILLSBOROUGH

The Spa Center
437 Dimmocks Mill Road
919-732-1164
www.thespacenter.com
Services: scrubs, aromatherapy oils, body polishes

JACKSONVILLE

Hairtage Salon and Day Spa
2420 Henderson Drive
910-455-5822
www.hairtage.com
Services: hair, nails, waxing, massage therapy, facials, body therapy

KITTY HAWK

Eden Spa and Salon
1245 Duck Road
252-255-0711
Please call for more information.

KNIGHTDALE

Appearance Salon and Day Spa
3009-D Village Park Drive
919-217-7006
Services: hair care, waxing, nails, permanent makeup, facials, massage

PINEHURST

Blis Salon & Day Spa
136 Main St.
704-889-2547
Services: massage, coloring and haircuts, facials, nails, waxing

The Spa at Pinehurst
1 Carolina Vista Drive
910-487-4653
www.pinehurst.com
Services: treatment for nails, feet, scalp and hands, facials, massage, sauna, body and hydrotherapy treatments, whirlpool relaxation, stress relief

Spa Carolina Skin Care
125 Fox Howl
910-235-7721
Services: dermatologist clinic, microdermabrasion, laser hair removal, massage therapy

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2304 Wesvill Court
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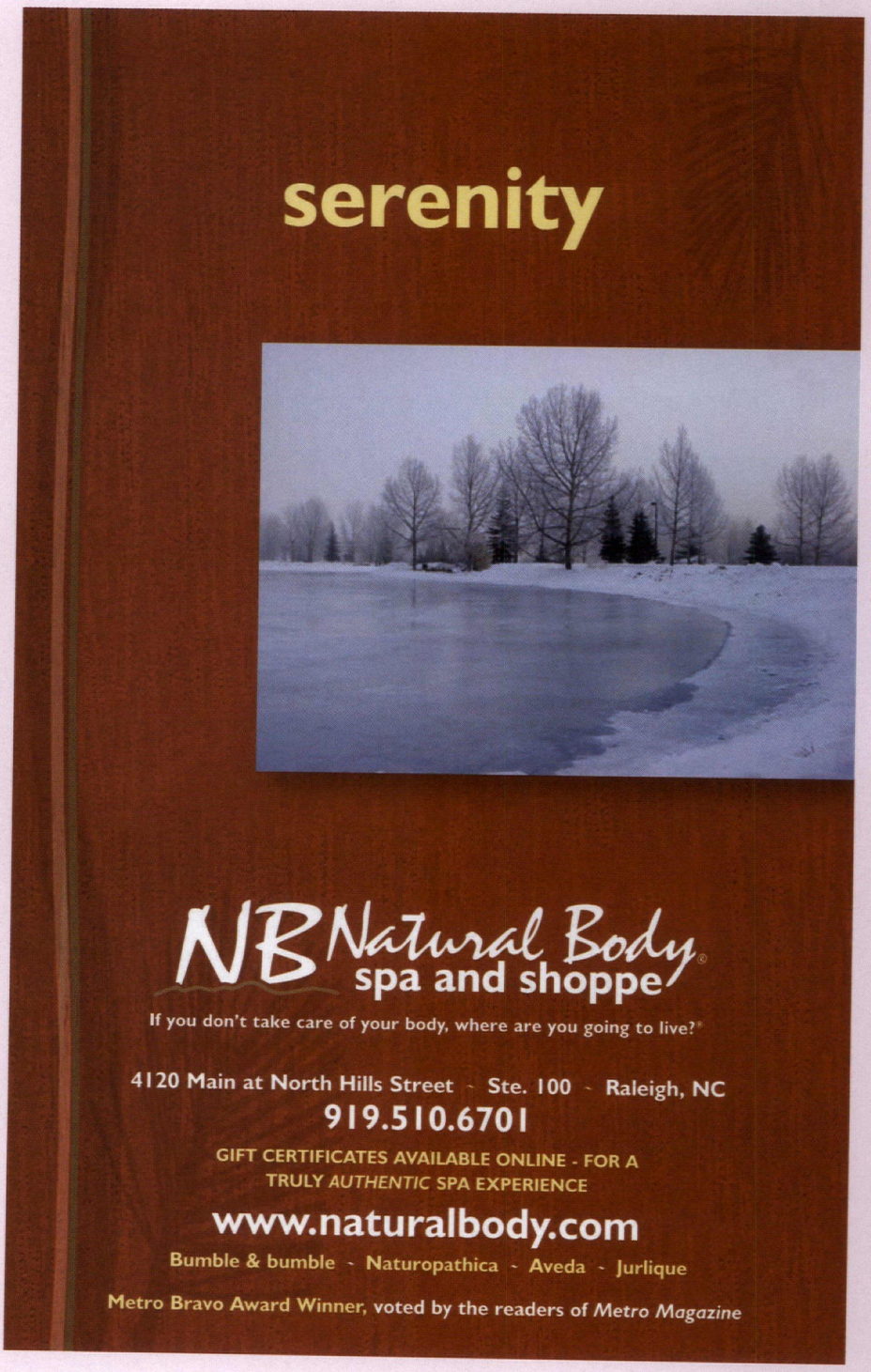
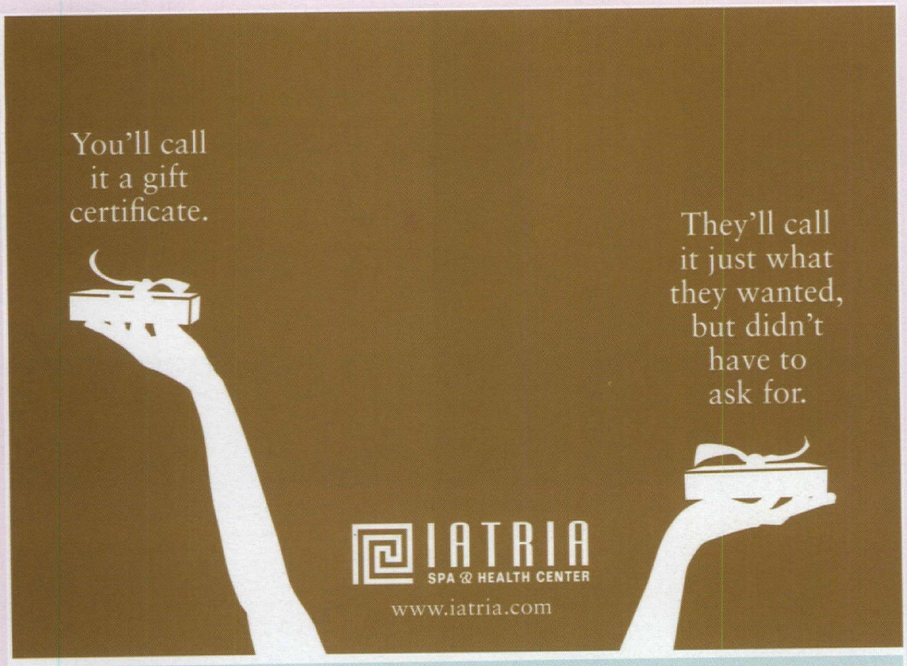
Services: non-invasive anti-aging skin treatments, injectable procedures, hair and vein laser treatments, anti-aging therapies





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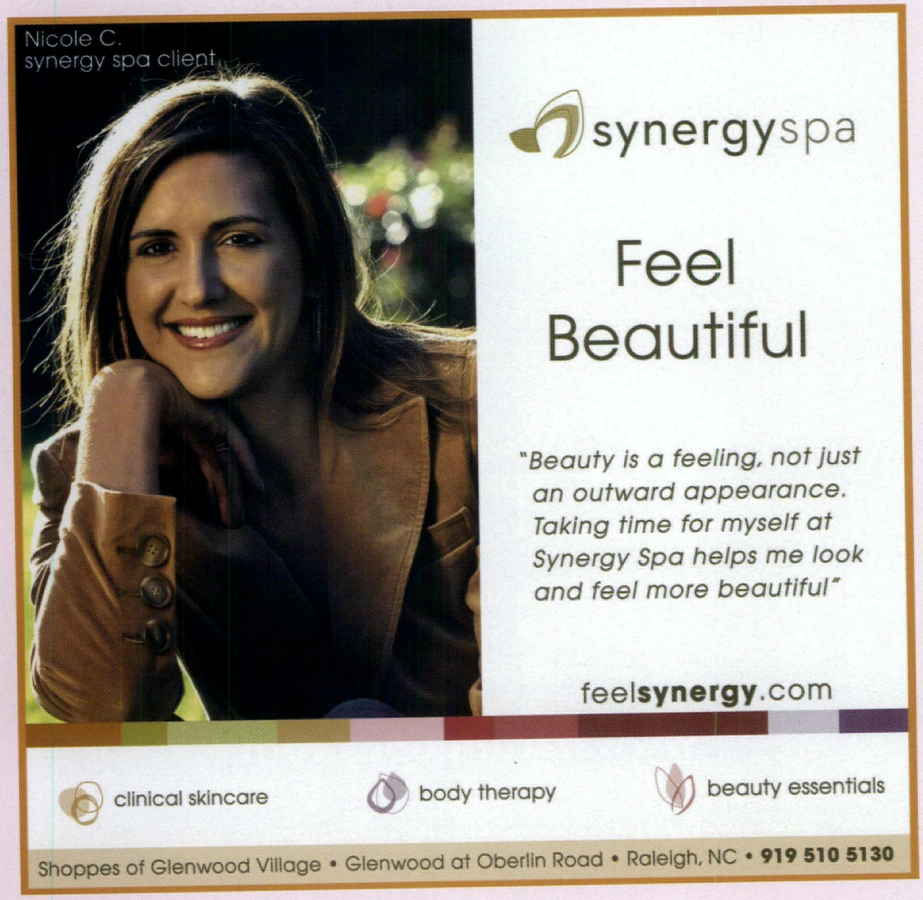

Audrey's Hair and Body Salon
4404 Craftsman Drive
919-872-7844
Services: hair, skin care, facials, waxing, massage, nails, polymer and acrylic nails

Bella Voi
2709 Blue Ridge Road
Suite 220
Raleigh, NC 27607
919-791-2791
www.bellavoispa.com
Services: facials, laser hair removal, waxing, microdermabrasion, Botox, salon services, and IPL Photorejuvenation.

Bluewater Spa
10941 Raven Ridge Road
919-870-6066
www.bluewaterspa.com
Services: laser hair removal, microdermabrasion, aesthetic surgery, therapeutic massages, facials and specials for men

Body Chic
4421 - 102A Six Forks Road
800-738-4617
www.bodychic.net
Services: Vacu-step therapy, cellulite reduction programs.

BodyLase Skin Spa
6531 Creedmoor Road
919-954-2288
www.getbodylase.com
Services: Laser hair removal, skin rejuvenation, Botox, Wrinkle Fillers, Lip Augmentation, Laser Vein Care, Waxing, Facials

D'Elegance Day Spa & Salon
8801-113 Lead Mine Road
919-844-6737
Services: massage, facials, waxing, nails, body treatments, hair

Devine Salon Spa & Wellness
6400 Falls of Neuse Rd.

The Sanderling

Inspired by the peaceful waters of the Currituck Sound, The Sanderling Spa offers guests a tranquil place to renew their mind. The Spa's menu of facials, massages, and skin and nail care treatments are perfect for refreshing the body. According to Spa Director Mark Amoriello, however, it's the emphasis placed on treating couples that sets The Sanderling Spa apart.

"We're very couples-oriented," Amoriello says. "The first experience for a man at a spa is usually with his wife or girlfriend, so one of our three suites has dual treatment tables that overlook the sound where couples can receive massages or use the two-person Jacuzzi tub for an aromatherapy soak."

The Sanderling also offers couples a coed whisper zone and solarium lounge known collectively as the "Soul Mate Sanctuary."

Both couples and individuals can customize their spa experience for themselves by meeting with a therapist prior to their appointment and establishing their treatment goals. According to Amoriello, every service from the Spa's signature brown sugar scrub to the paraffin treatments for hands and feet use the products and modalities necessary to meet the needs of the guest.

Suite 100
919-850-9616
www.devinelines.com
Services: treatments for nails, feet, scalp and hands, facials, massage, sauna, body and hydratherapy treatments, stress relief, professional makeup artistry, full service salon, day packages, couple packages and packages for men

English Spa of Hair and Beauty
181-102 Wind Chime Court
919-870-6122
Services: manicures, facials, waxing, hair styling and coloring

Generations
Lynwood Shopping Center
6300-118 Creedmoor Road
Raleigh, NC 27612
919-844-9422
Brierdale Shopping Center
10370-101 Moncreiffe Road
Raleigh, NC 27617
919-844-9422
www.gensalon.com
Services: hair care, waxing, hand and foot relief, restore balance, spa lunch, body massage, facial treatment and body wraps.

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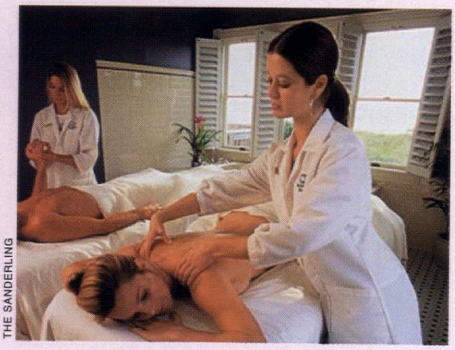

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www.joliethedayspa.com
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www.luxeapothecary.com
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8441 Brier Creek Parkway
919-870-0700
www.skinsense.com

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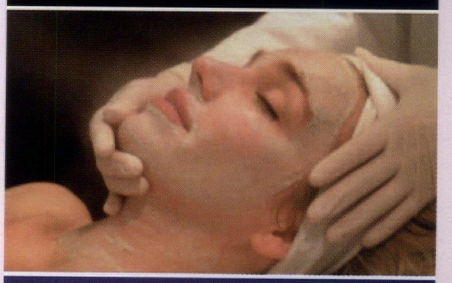

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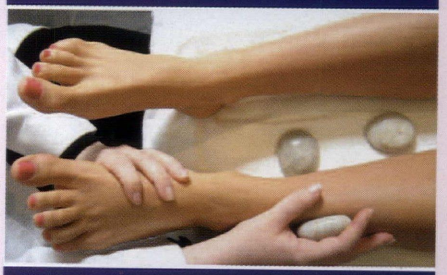
Skin Inc,. Magazine, December 2006



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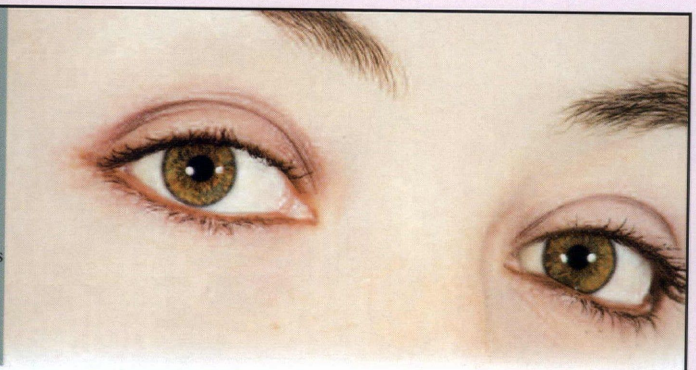

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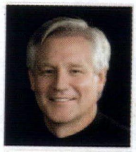

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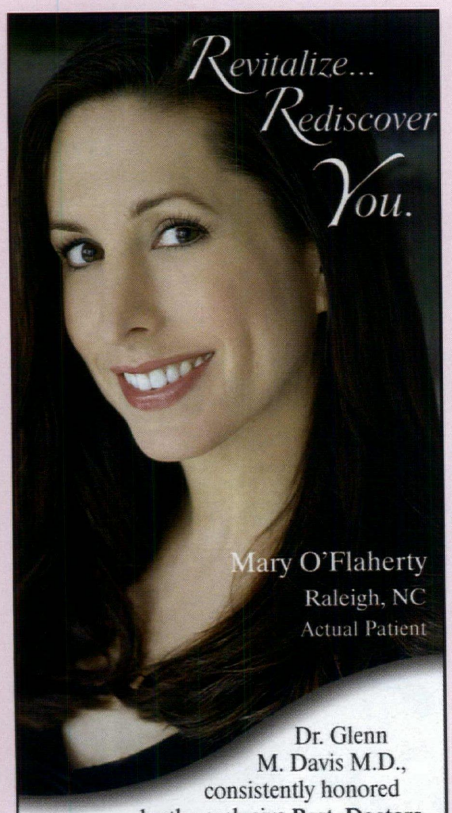

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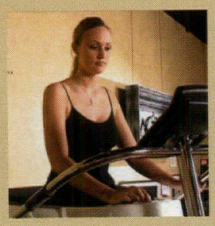

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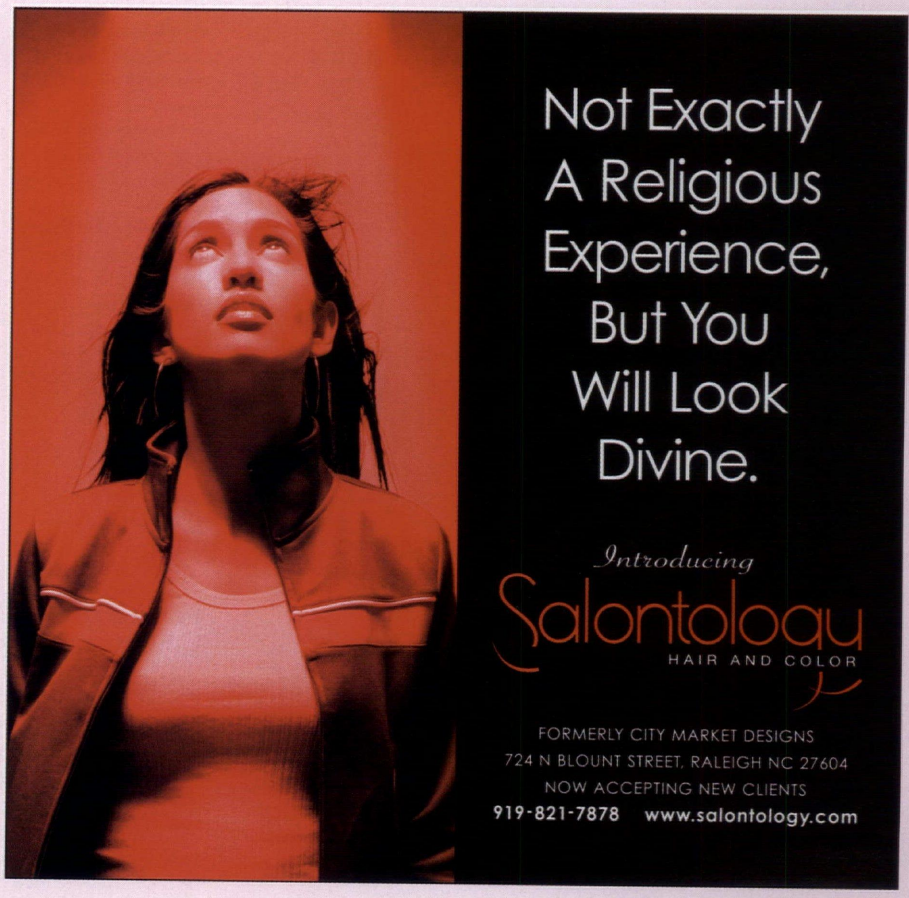
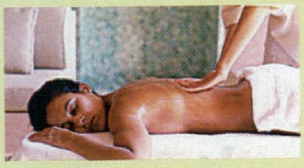


BELLA VOI SPA & SALON is owned and operated by co-owners Dr. Jack Inge and Debra Pegg. Dr. Inge is an ob-gyn with Women's Healthcare of Raleigh, located in the Suite next door to Bella Voi.. Ms. Pegg brings with her over 14 years in the salon industry as a hair stylist and salon owner. Their intent is to provide a facility that offers everything a woman needs under one roof and at the same time meets their individual needs and concerns in a very calming, friendly atmosphere. Services include: facials, laser hair removal, microdermabrasion, botox, massage, and IPLphotrejuvenation. Experience the Bella Voi difference!



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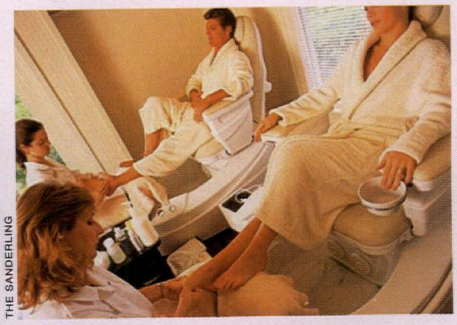

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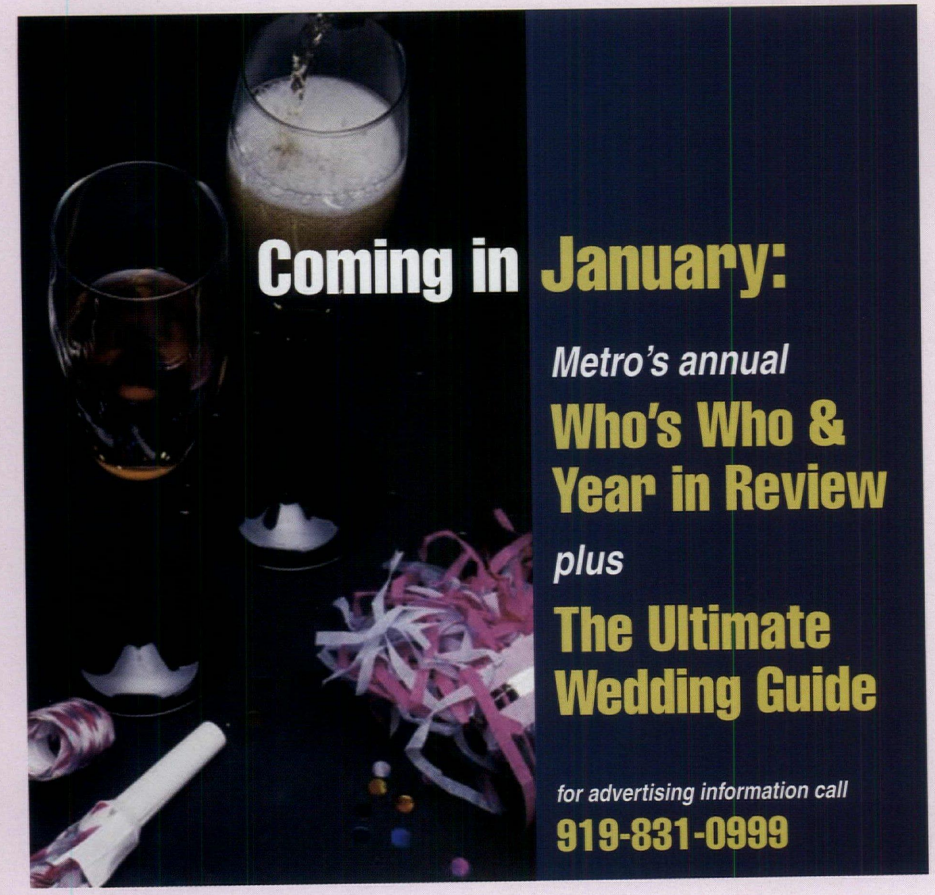

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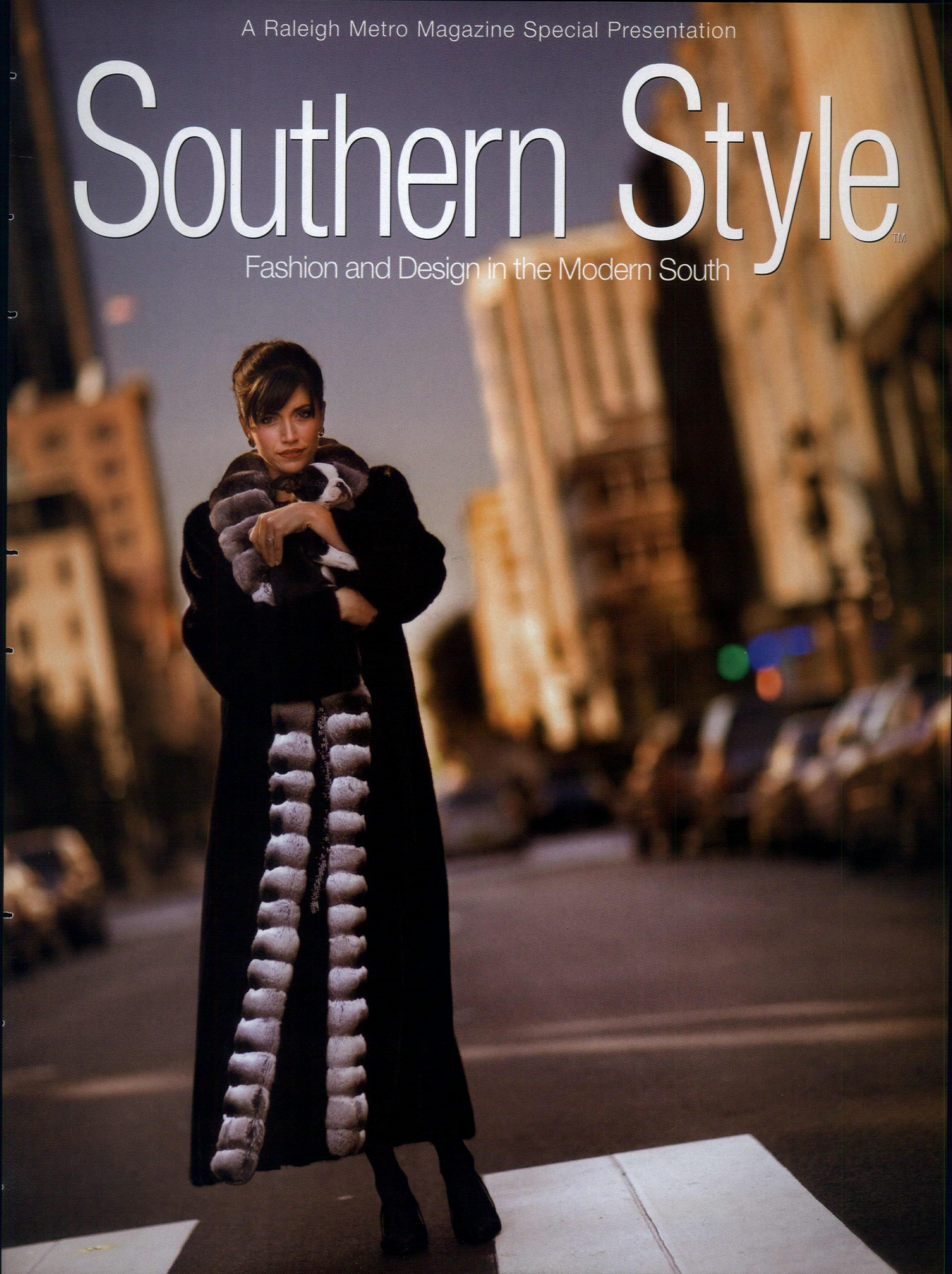

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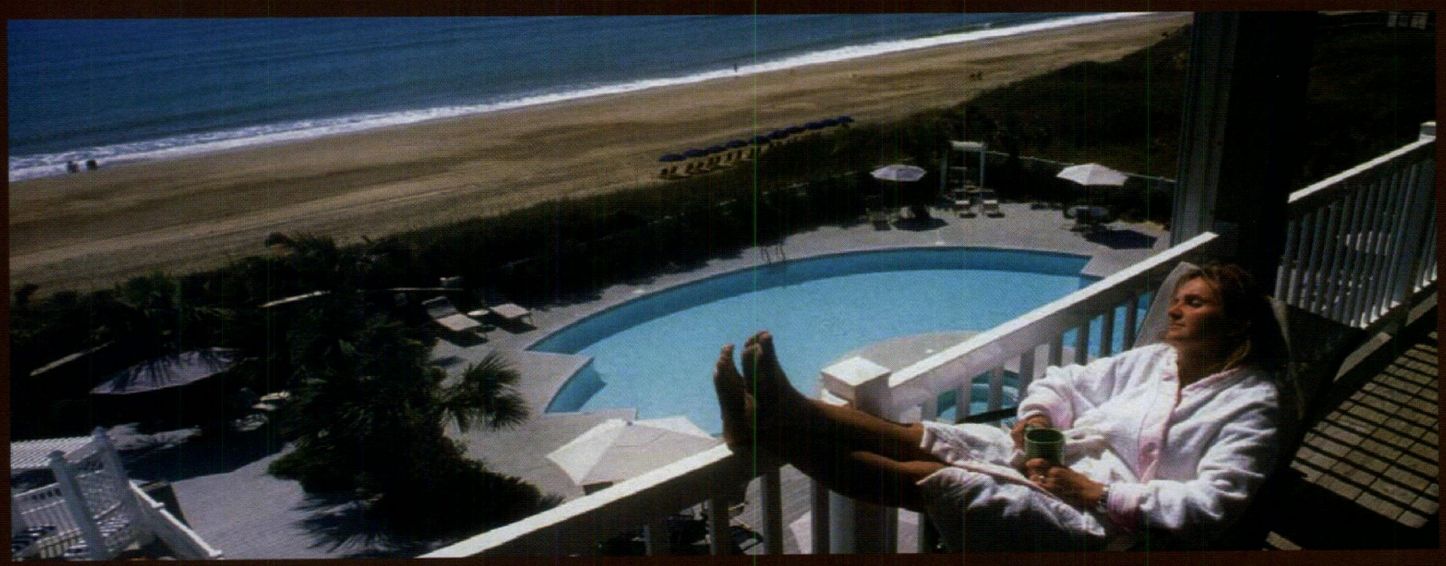

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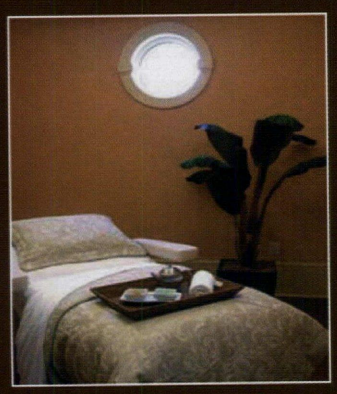

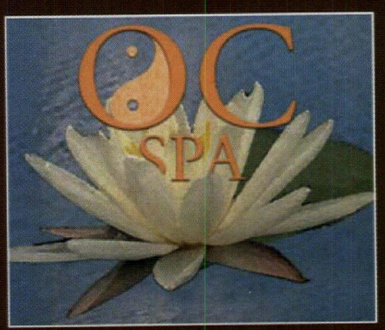

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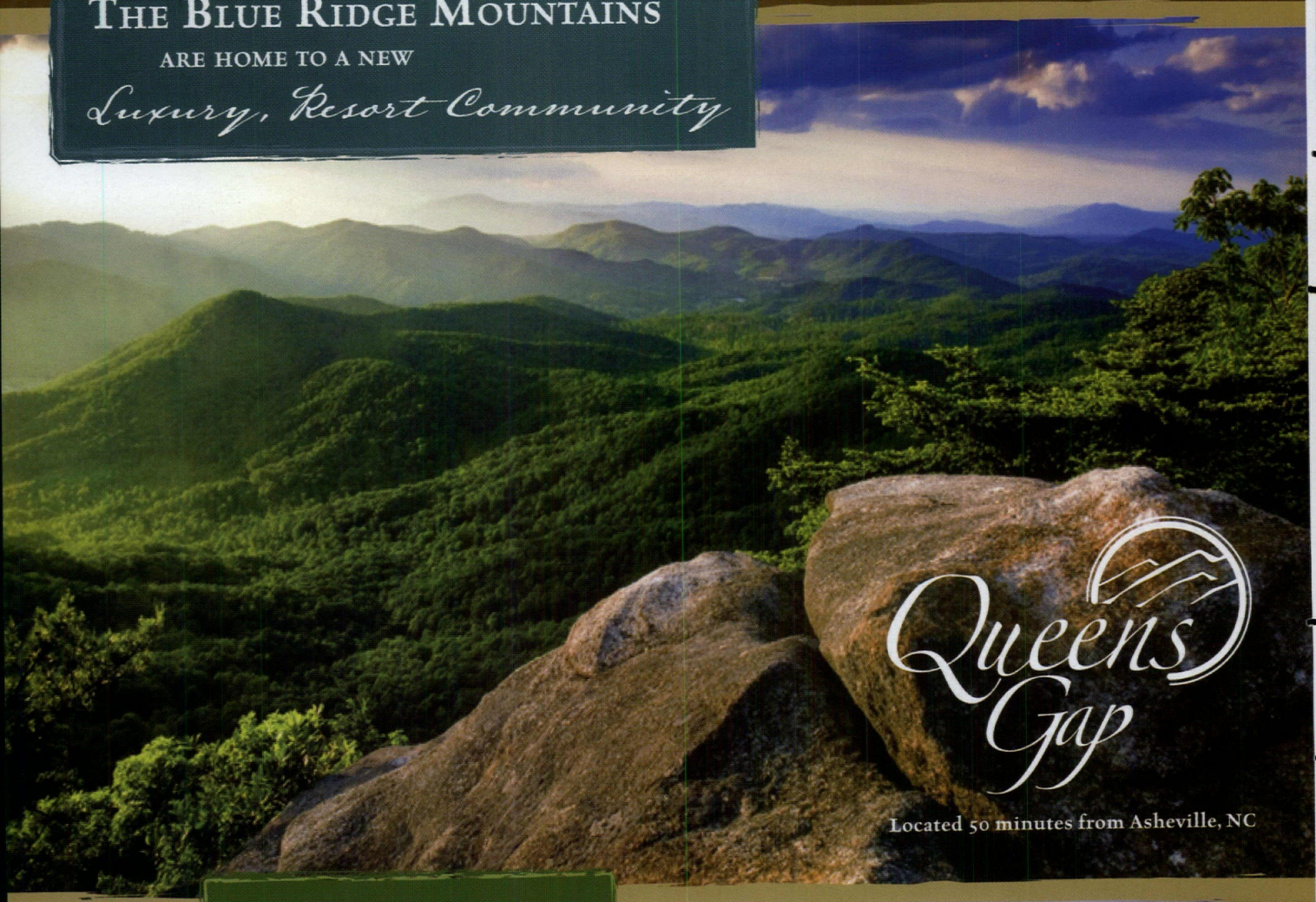

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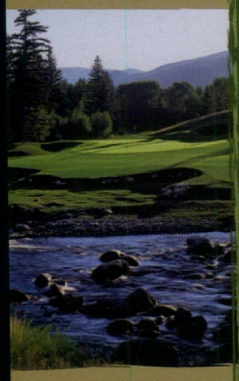

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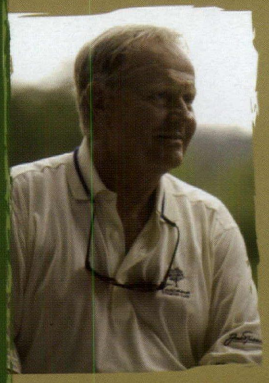

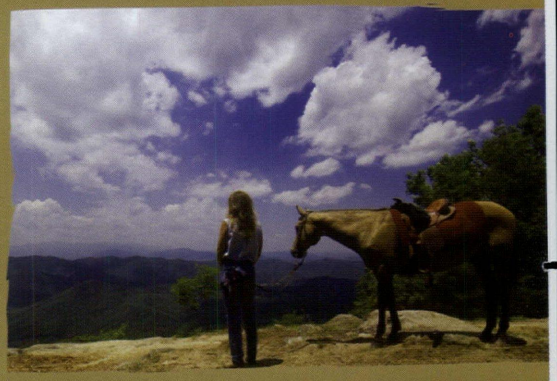

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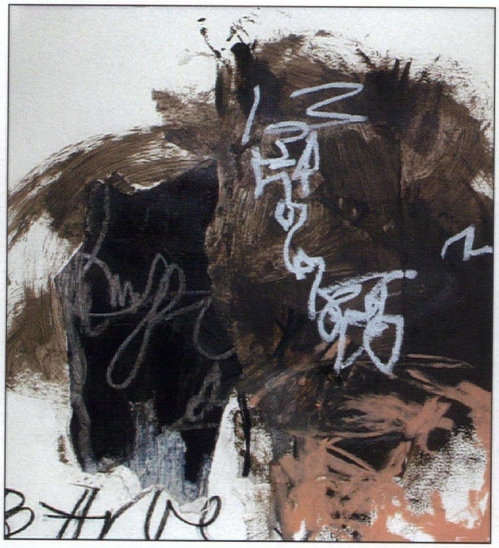
Contents

KINSLEY DEY

37



8

KINSLEY DEY

28

4 **Capes Say Confidence In Style**

8 **Midnight in Milan**
Area Artists Create Italian Themes for Second Mannequin Ball

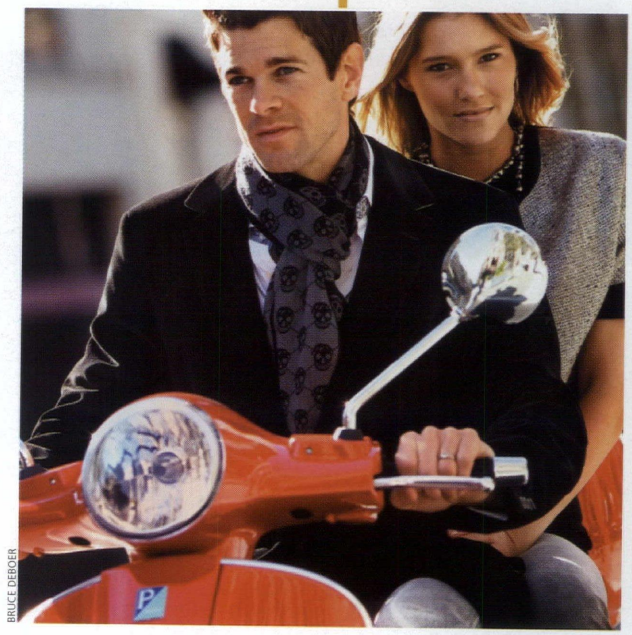
12 **Mannequin Ball Sponsors**

26 **Allow a Little Style in Your Life**

28 **Midway Plantation**
Historic homestead has made the move to a new-old rural location

37 **The Umstead Hotel and Spa**
Ultimate Hotel Opens Its Doors

Fashion Capital


BRUCE DEBOER

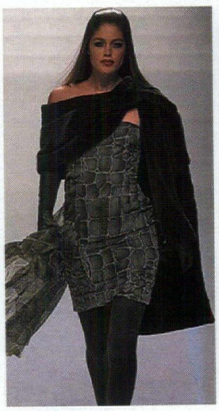
14

Capes Say Confidence In Style

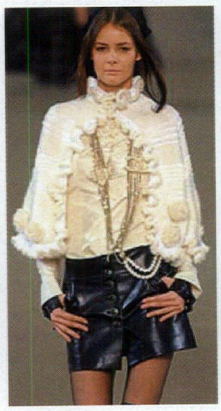
by Molly Fulghum Heintz

Southerners are remarkably confident in their sense of style. Always choosing the exuberant over the sedate, the bold over the demure, Southern Style reflects not only optimism, but also a certain romanticism wrapped up in tradition, nostalgia and plain old imagination. That's why anytime I see a cape, one of the season's sleeper trends, I envision it on one of the many Southern women I know, who would undoubtedly wear it with finesse. Nothing surpasses a cape when the goal is a cinematic silhouette. Just think of Scarlett O'Hara's green velvet curtain dress: She added a decadent semi-cape to the left shoulder when she had to look like "a queen" to get a loan from Rhett. Capes are just the thing for mild Southern climates, protection against a damp chill but never too heavy. Capes also work well as outerwear for evening, particularly with this season's popular short skirts.

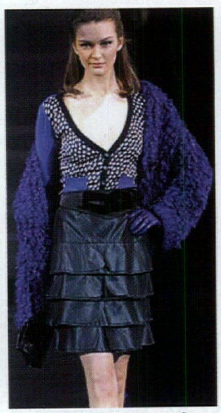
Marc Jacobs



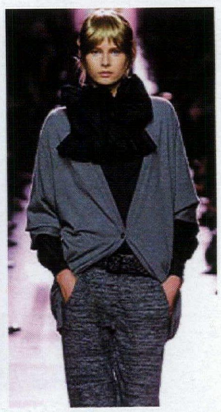
Valentino



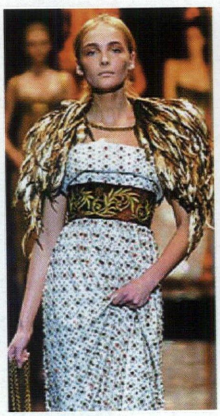
Chanel



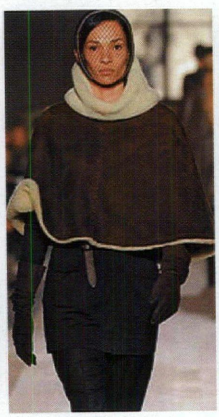
Emporio Armani



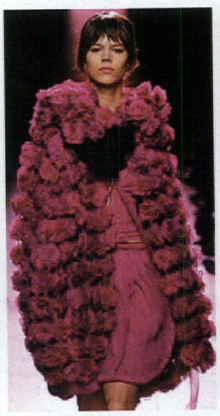
Yves Saint Laurent



Dolce & Gabbana



Hermès



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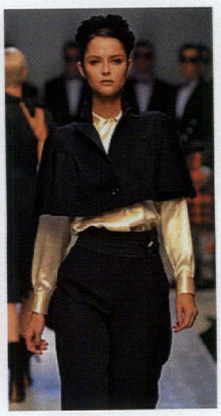
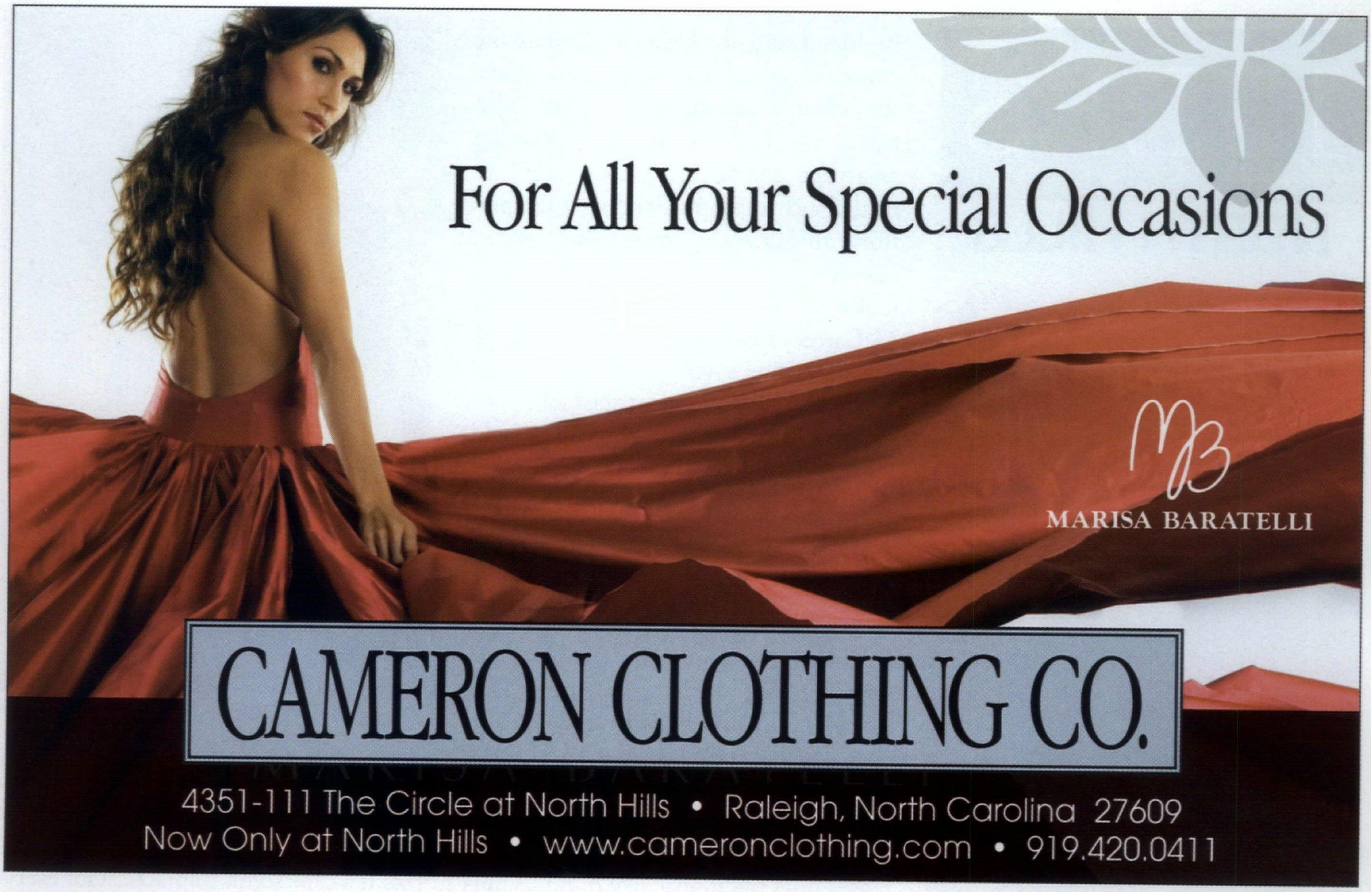


Moschino

I recently passed a storefront with a sign that touted "Fully Serviced Capery." Intrigued and hoping to see the latest looks, I investigated and found myself immersed not in a fashion boutique but amongst shelves stocked with cans of Anti-Matter and grappling hooks. There was indeed a stocked capery, as well as a cape-testing platform with an upward blowing fan to test a cape's billow factor. I had stumbled upon the Superhero Supply Co., a kind of hardware store for budding Supergirls and Batmen. The brain child of writer Dave Eggers, the shop is actually a front for a kids' tutoring center located in the back (behind a sliding bookcase). Eggers has launched a series of such tutoring centers across the country, the first one in the guise of a Pirate Supply Store in San Francisco (www.826national.org and www.superherosupplies.com). Talk about imagination.

I was seeking a cape with the defining traits of warmth and style rather than an impressive flutter, so I called a fashion styl-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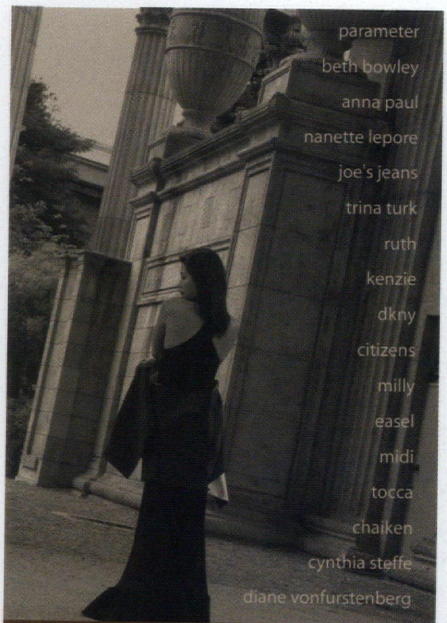
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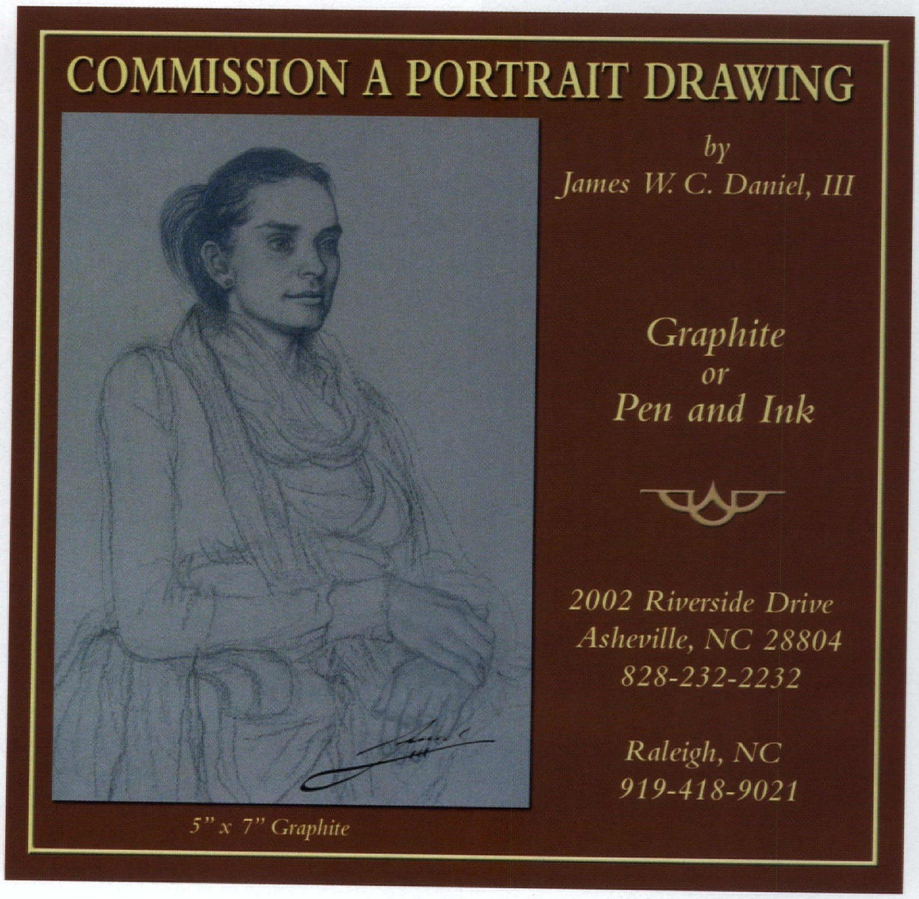
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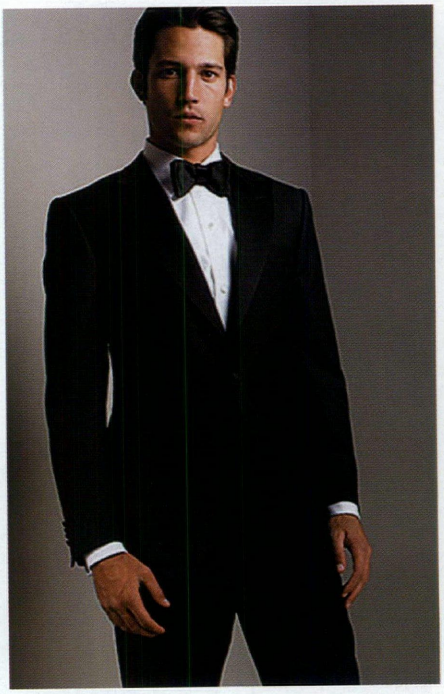
ist friend and we began to pound the pavement. After an amusing incident in a secondhand clothing store (where a vintage suede Fendi skirt was masquerading as a cape on the men's coat rack), we turned up some outstanding examples from this seasons' collections. Ralph Lauren's woolen cape falls to the hip and looks great with high boots; Stella McCartney's soft gray knit and wool cape can double as a voluminous dress; and Diane von Furstenberg's striped knit poncho-style cape makes any outfit a bold statement. Note: a poncho is simply a square piece of fabric or a blanket with a cut-out for the head, but a cape is a tailored garment, usually even at the bottom and fastening in front.

Another popular shape this winter is a pullover capelet, a shorter version of the cape that falls only to the elbow. This length works particularly well on fabric extremes, from heavyweights, like Hermès shearling cape, or lightweights, like Oscar de la Renta's ethereal evening capelet, perfect over a strapless party dress. Detailing ranges from traditional, like A. P. C.'s military-style wool cape with frog closures, to unexpected, like Imitation of Christ's capelet of faded cotton sweatshirt material. If a cape seems impractical for every-



Zegna

CSI: Miami Star Headlines Mannequin Ball

RALEIGH-BORN ACTRESS EMILY PROCTER is a television mega-star familiar to global television audiences in her leading part as ballistics expert Calleigh Duquesne on CBS's hit drama *CSI: Miami*, the most watched program in the world.

Emily's career began at East Carolina University after her graduation from Raleigh's Ravenscroft School. The striking blonde studied journalism and dance and worked as a weather reporter on WNCT-TV in Greenville.

Emily Procter

She impressed audiences and producers in her first recurring television role as southern conservative Ainsley Haynes on the Emmy and Golden Globe winning program *The West Wing*. Her hit television role is a steady companion to her work on the big screen, including big budget blockbuster *Big Mama's House 2* starring Martin Lawrence, and a performance early in her career in the critically acclaimed HBO movie *Breast Men* starring David Schwimmer and Oscar winner Chris Cooper. Emily also played a role in Cameron Crowe's hit film *Jerry Maguire* starring Tom Cruise. Also on her resume is a part in the acclaimed film *Leaving Las Vegas* starring Nicholas Cage and Elisabeth Shue.

Emily Procter is a shining star in the constellation of North Carolinians in Hollywood. Meet Emily at the second Mannequin Ball by calling 919-831-0999 or go to www.themannequinball.com .

day wear, the new voluminous cardigans can give the same effect but with the convenience of sleeves. Check out versions from Missoni, Y & Kei and Emporio Armani.

MEMORABLE FRAGRANCES

The perfect partner to a dramatic look is a memorable fragrance. The latest revival by Robert Piguet — (in)famous for the scents Fracas and Bandit — is Baghari, a soft floral first created in 1950. The updated version blends notes of bergamot, violet, neroli, jasmine, Bulgarian rose, rose, iris, vetiver, amber, vanilla and musk, presented in Piguet's signature sleek, black bottle. At the other end of the spectrum is the latest Calvin Klein fragrance, the futuristic CK One Electric, a neon green concoction that is super fresh, a citrusy-woody scent with warm undertones.

SURE-FIRE STYLE FOR MEN

Men, is there any style territory to call your own? Probably not, but there are some things that will always look better on you. Fishermen's sweaters, for example. Trovata (a quartet of Southern boys who have risen to fashion fame in the last year) has a heavy cable knit version with leather-covered buttons. The New Zealand-based Ibex has a navy zip-up cable knit sweater perfect for a winter walk on the beach. But a gentleman's sole province may be the tuxedo. Despite all the complaining, you're probably aware of the magic of the dinner jacket and that — with apologies to Yves Saint Laurent and his "le smoking" — you look a lot better in it than we do. As the holiday party season approaches, take a cue from the new James Bond, played by the ruggedly handsome Daniel Craig, who graciously accepts a custom-made tuxedo from the woman in his life and looks all the more dashing for it. Custom tailoring is not a thing of the past, as travelers frequenting Asia know. It's a booming business and surprisingly affordable. But if you need a quicker fix, check out a classic tuxedo from Ermenegildo Zegna with a one-button front and double-pleated front pants with straight legs (www.neimanmarcus.com). For less of an investment and a slimmer cut, try Joseph Abboud's take on the tuxedo (www.nordstrom.com), or truly channel 007 in a mod cut from Paul Smith. Even if none of your holiday celebrations call for black tie, a Southern gentleman will undoubtedly need a tux in his closet six months from now, when 'tis the season of that other Southern institution: the formal wedding.

New Exhibit Blends Fashion and History

More than 200 years of clothing history come together in a new exhibit, *What We Wore in North Carolina*, at the NC Museum of History. The chronological exhibit showcases elegant and everyday trends from the colonial period to the 1990s and gives a glimpse of how changes within the state have influenced styles.

On view until February 2007 and reopening later in the year, *What We Wore in North Carolina* is perfectly timed to coincide with *Metro's* Second Annual Mannequin Ball at NCMH on Jan. 19, 2007.

"We are thrilled that The Mannequin Ball is going to take place while the exhibit is at the museum," says museum director Betsy Buford. "The exhibit and the ball will truly bring fashion and history together."

NC MUSEUM OF HISTORY

A brilliant, colorfast purple dye developed in the mid-19th century was used in this 1868 taffeta dress.

The variety of items in the exhibit ranges from an 18th century woman's jacket to 20th century men's colorful "preppy" plaid slacks. Hand-woven, homespun outfits showcase the fabric shortages of the Civil War era, while a blue velvet evening gown illustrates Hollywood's influence in the 1930s, and an Oscar de la Renta minidress highlights the style of the 1960s. An array of hats, purses and shoes rounds out the exhibit.

The NC Museum of History is open to the public Tuesday through Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 5 p.m. Admission to the museum and the exhibit are free. For more information, visit www.ncculture.com.

NC MUSEUM OF HISTORY

This mini-skirted dress trimmed with vinyl buckles was worn in Raleigh in the late 1960s.

Midnight in Milan:

Area Artists Create Italian Themes for Second Mannequin Ball

by Louis St. Lewis

Oh Italy! Chianti! Prosecco! Versace! Gucci! Ferrari! The names of elegant design and good living fall off the tongue in torrents at the mere thought of the boot-shaped nation. Lucky for us back here in North Carolina, we don't have to jump a plane to experience an evening of Italian glamour. It will soon be right here in our own back yard on January 19, 2007, when the first floor of the North Carolina Museum of History in downtown Raleigh will be magically transformed into a swank Milan nightclub for the 2nd Annual Mannequin Ball to benefit the Museum's extensive textile collection.

ANN STEWART FINE ART

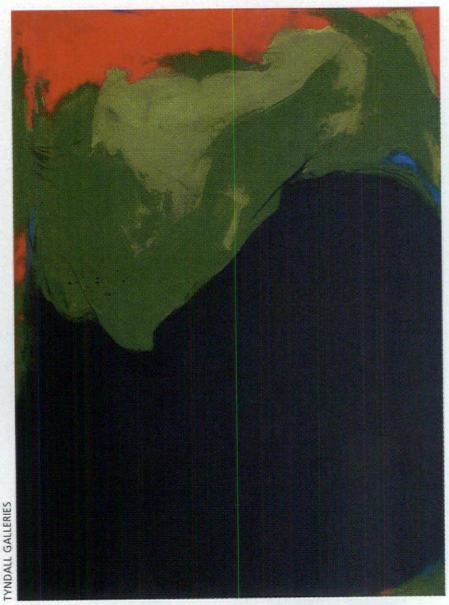
Peggy's Cake Shop, West Monroe, LA, April 1985, Alex Harris

With the theme "La Dolce Vita" in the back of my mind, I contacted some of the area's most fabulous artists who graciously agreed to donate a special work of art to be auctioned off the night of the event:

• The Mannequin Ball is truly fortunate to have a work donated by internationally recognized photographer Alex Harris (www.annstewartfineart.com). Harris is the consummate professional. His works are everywhere from the Getty Museum to our own NC Museum of Art. He is written about, talked about and collected more than any other North Carolina photographer. Anyone who has ever stood in front of one of his elegant large-scale photos is immediately intoxicated by his talent.

NANNY STUDIOS

The Last Tupperware Party, Nanny Studios



TYNDALL GALLERIES

The Edge of Desire, Nancy Tuttle May

DAVID BIBB

The Cycle Will Continue, Ashlyn Browning

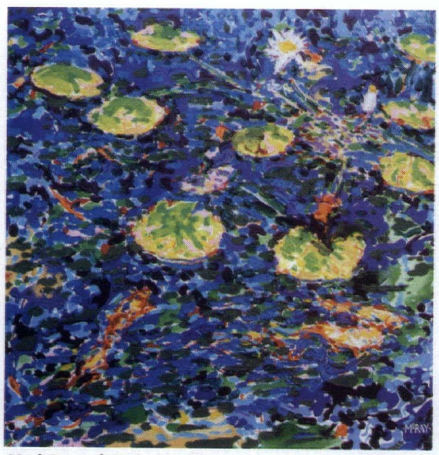
• The always elegant abstract paintings by noted NC artist Nancy Tuttle May (www.nancytuttlemay.com) will be on display. Since May studied at the University per Stranieri in Perugia, Italy during the '70s, I have no doubt her Italian experience will be pouring forth.

• Kaola Allen Phoenix has been using technology in her creations for decades, and the effect is always stunning. I first learned of her artwork back in the '80s when we were both in shows at the Southeastern Center for Contemporary Art over in Winston- Salem. I have been a fan ever since!

• Ashlyn Browning is a young artist on the rise with a dedication to her craft and a sensitivity to line that rivals the early

DIANE T. RODWELL

The Fragile, Dianne T. Rodwell


ERIC MCRAY

Koi Pond, Eric McRay

work of Cy Twombly. I never tire of her creations and you will surely fall in love with them, as well.

• Dianne Rodwell is as much a magician as an artist. One visit to her Web site (www.diannerodwell.com) shows off a myriad of styles and techniques: city-scapes, encaustic-layered glass and abstract. Rodwell has the alchemist's touch and is well respected by her peers as a true professional. Rodwell maintains a great studio space at Raleigh's downtown Artspace. You should drop by and see what she's up to when you get the chance.

• Also at Artspace, make sure to visit another of our great Mannequin Ball artists, Eric McRay (mcraystudios.com). If anybody personifies "La Dolce Vita" in their art it's McRay. His jazz paintings have been a hit around our area for years,

Ciao Baby! by Louis St. Lewis

The Triangle is mourning the very recent passing of artist Lloyd Skidmore III. I had spoken to Lloyd just a few weeks ago. He was enthusiastic to be one of this year's Mannequin Ball artists. The first thing you notice when you go to Lloyd's Web site (www.lloydskidmore.com) is a definition of the word MAVERICK. It's the perfect word to describe his life. He was an energetic force unto himself, a talented artist, a creator, a businessman, and he did everything in a style that left men half his age weak in the knees. Of all the artists I have spoken to, none took the theme, "La Dolce Vita," to heart with as much gusto.

LLOYD SKIDMORE III

Countryside Villa, Lloyd Skidmore III

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and his artwork has found its way into all the right collections. I have no doubt that McRay will bring in high bids to benefit the museum on party night.

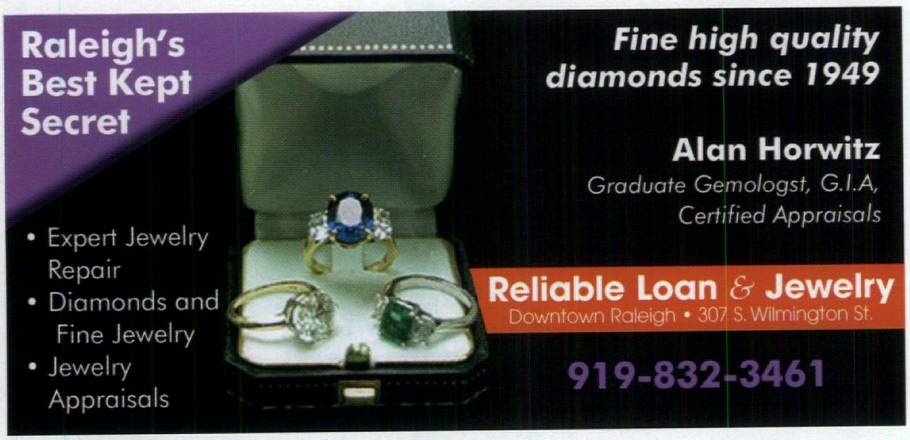
• The very first artist I thought of when I was told of the Italian theme was artist Nicole Kennedy (www.nicolestudio.com). Anyone who has ever been to Luna in Raleigh has seen her colorful Italian landscapes. Kennedy has long been a major presence in the downtown Raleigh art scene, both as artist and catalyst for other creative souls. I can assure you that Kennedy will be treating your eyes with a more than a little bit of Italian style for the Ball.

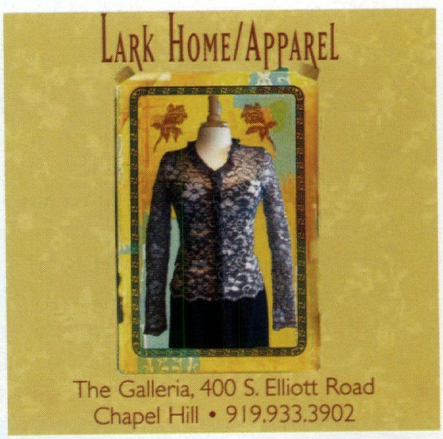
• With all the buzz recently about photography, I knew I had to go out and find some of the best. My good friend, Diane Amato, (www.dianeamato.com) has been building up a solid and diverse body of work for decades. Her floral images are iconic, pure and clean with bold colors and cropping that only comes from a seasoned eye. Equally impressive are her beachscapes and intimate images

NICHOLE WHITE KENNEDY

Piesa Alta/Hilltop Village, Nichole White Kennedy

of dogs. With plenty of critical acclaim under her belt, Amato is the real deal. Amato gets another grazi. She has also agreed to donate a collaborative photo created with her friend and fellow photographer Lisa Morton. Together, the ladies form Nanny Studios, and the wit and biting social satire they display is a treasure to behold. Nothing is sacred to these ladies, and they skewer social icons with a rapier-like wit in dioramas featuring Barbie and





GI Joe in elaborate tableaux. I can't wait to see what these two come up with.

As you can see, this is going to be a Ball to remember … buy your tickets now at www.themannequinball.com or call 919-831-0999.

Ciao baby.

DIANE AMATO

Montmartre, Diane Amato

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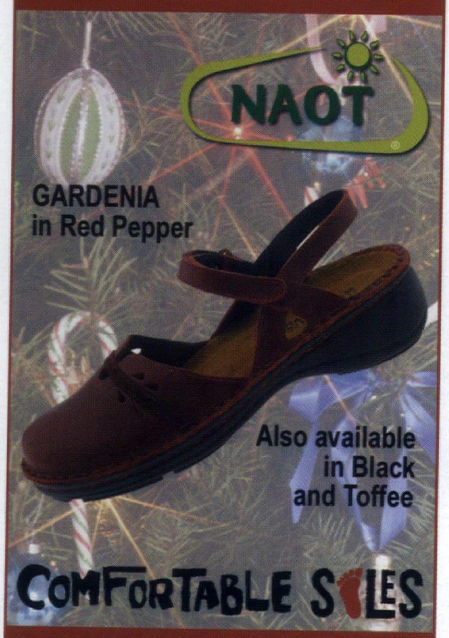

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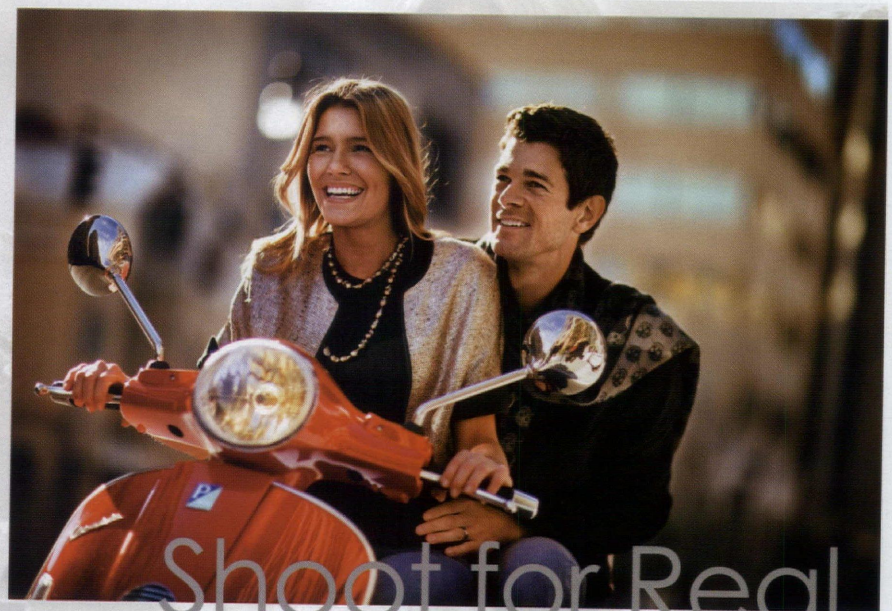

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ELAINE MILLER

With over 40 years of experience in the business, Elaine Miller's background includes studying at Parsons School of Design, training with some of New York's finest jewelry designers, and first hand experience with the best international auction houses. Her store, Elaine Miller Collection, in Raleigh's North Hills offers customers selection and value in both estate and new designer jewelry. Jewelry lines include Elizabeth Locke Jewels, Slane & Slane Designs, and Designs by Konstantino, as well as estate designers Buccellati, Cartier and more. 919.571.8888

KINSLEY DEY

Elaine Miller

VERMILLION

Owner Ashley Vermillion Harris combined an entertaining shopping experience with quality clothing lines to create the concept behind her women's clothing boutique, Vermillion. Harris and her style consultants strive to provide women with friendly, knowledgeable service. The store carries a wide range of clothing items from cutting-edge designers like Zac Posen, Balenciaga, Proenza Schouler, Stella McCartney and Michael Kors. 919.787.9780

FANTASIA

Boutique owner Christy Tyre says she opened Fantasia in 1987 because of a love for fashion and social interaction. Nineteen years later, Tyre and store manager Pam Cooper still pride themselves on the clothing lines and customer service they provide for women who visit the North Hills store. Fantasia offers clothes by designers Nelli K, Coursey, Nicole Miller, Trina Turk and Cynthia Steffe. 919.787.0688

KINSLEY DEY

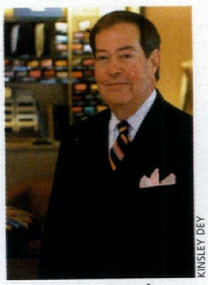
Fantasia

KINSLEY DEY

Vermillion

NORMAN STOCKTON

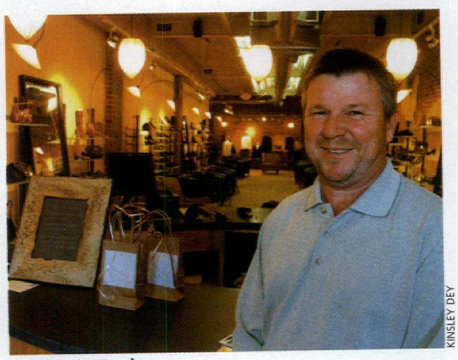
Since opening its doors in Winston-Salem in 1909, Norman Stockton's mission has been to offer men quality customer service and quality products at a reasonable price. In November 2001, Norman Stockton opened its Chapel Hill location in Meadowmont Village. The store offers clothing and sportswear that cannot be found at most men's clothing stores such as Canali, Hickey-Freeman, Oxxford, Burberry and Robert Talbott, Peter Millar. 919.945.0800


KINSLEY DEY

Norman Stockton

MAIN & TAYLOR

After Archie and Diane Chinnis bought Main & Taylor in 1993, the store quickly became one of Raleigh's premiere places to buy handbags, shoes and accessories. The husband and wife team opened another store in 1997 in Greensboro and both locations carry quality shoe lines from designers like Stuart Weitzman, Cole Haan, Salvatore Ferragamo and Donald Pliner. Handbag lines include Francesco Biasia, Longchamp and Cole Haan, and the store also carries unique accessories like SCOJO glasses and locally made jewelry. 919.821.1556


KINSLEY DEY

Main & Taylor

SCOUT AND MOLLY'S

Since opening her first store in 2002, Scout and Molly's owner Lisa Disbrow has

made it her goal to give customers a personalized shopping experience. With two locations in Raleigh's North Hills and Chapel Hill's Meadowmont Village, Scout and Molly's caters to women of all ages and sizes, carrying lines from designers like BCBG, Trina Turk, Nanette Lepore, Tibi and Joe's Jeans. 919.881.0303

KINSLEY DEY

Scout and Molly's

HERTZBERG FURS

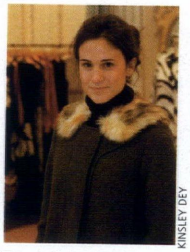
Hertzberg Furs has been one of the premiere places to buy furs in North Carolina since 1946. Since opening in Raleigh in 1981, the store's consistent prices, knowledgeable staff and furs from all over the world have made Hertzberg one of North Carolina's most trusted furriers. The store's professional staff has over 200 years of combined experience in the industry and is willing to share their knowledge to help with any fur needs. 919.782.2165

KINSLEY DEY

Hertzberg Furs

BEANIE+CECIL

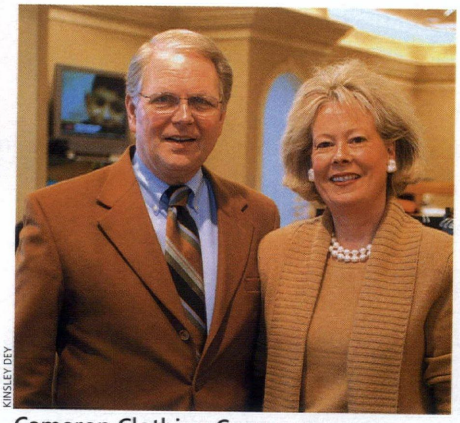
One of the first boutiques of its kind in Raleigh, Beanie+ Cecil has been keeping women in the Triangle in style for over 14 years. Owner and buyer Alexandra Henriquez creates an amazing shopping experience for her customers, providing them with the latest fashions from designers like Tevrow + Chase, Catherine Malandrino, Tracy Reese, Diane von Furstenberg, Milly and Botkier. 919.821.5455


KINSLEY DEY

Beanie+Cecil

CAMERON CLOTHING COMPANY

With over 70 years combined experience in the industry, owners Marshall and Jenny Lamb say they look forward to coming to work at Cameron Clothing Company every day. Since opening its doors in 1991, Cameron Clothing has brought designers like Lafayette 148, Zanella, Bernard Zins, Barry Bricken, Ellen Tracy and Marisa Baratelli to women of all ages in the Raleigh area. 919.420.0411


KINSLEY DEY

Cameron Clothing Company

SAKS

Since opening its doors at Triangle Town Center in September 2004, Saks Fifth Avenue has offered Triangle residents superlative American and international designer collections. Store manager Teresa Roberson and her team of associates help customers dress from head to toe in lines from designers locally exclusive to Saks such as Valentino, Lida Baday and Jimmy Choo. "Our customers can count on us as a consistent source of fashion, style and quality," says Saks Incorporated CEO Steve Sadove. An icon in the industry since the 1920s, Saks brings runway trends from the fashion capitals of Milan, Paris and New York to Raleigh. 919.792.9100

KINSLEY DEY

Saks

Fashion Capital

My grandmother was an elegant lady, always put together. Everything matched, everything was manicured and everything was blue — her favorite color: The perfect southern lady draped in jewels.

Jump forward to today and the southern lady has turned into a southern hot mama, wearing couture dresses, 3-inch heels and talking about seasons — meaning fashion seasons — quite different from weather seasons.

Stella McCartney black accordion sweater – **Vermillion**; Reyes black herringbone skirt – **Vermillion**; Bottega Veneta orange woven hobo – **Vermillion**; Estate multi strand coral necklace with 14K gold bead stations – **Elaine Miller Collection**; Cole Haan black suede Carma Air pump – **Main and Taylor**

Down the demographic ladder, tweens are accessorizing like never before, with moms asking coeds what jeans to buy. Meanwhile, thirtysomethings are going to benefits in furs and diamonds, and all women are setting men straight — which of course is a great southern tradition. (It is so nice to see men looking like men again.)

Age does not matter — from grandmothers to young mothers, to teens and tots — everyone is striking a pose and taking advantage of the top designers showing up all over the Triangle with Raleigh setting the pace with upscale clothiers, trunk shows and personal stylists.

Downtown Raleigh then is the perfect urban setting for *Metro's* first fashion photo shoot. Now that our center city has gone through a makeover herself — who says Raleigh can't be the fashion capital of the Southeast?

Katie Reeves

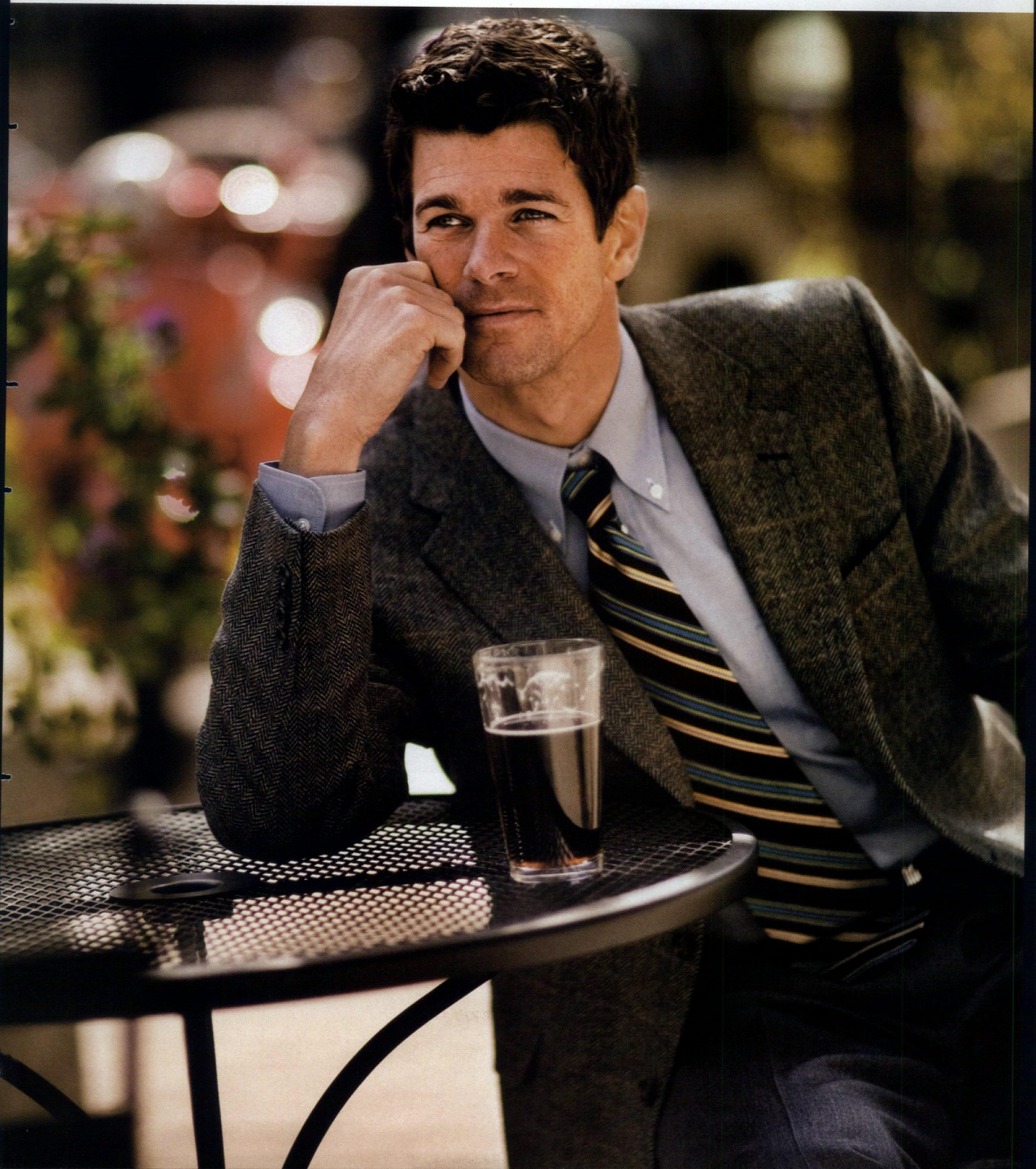
Photography by Bruce Deboer
Styled by Alison Lukes Teer

Makeup by Shawn Towne for Saks Fifth Avenue
Hair by Dawn Bender

Facing Page:
Eileen Fisher red maple sweater set - **Cameron Clothing**
Multi-colored lambswool scarf - **Cameron Clothing**
Bernard Zins grey stretch wool pant - **Cameron Clothing**
Francesco Biasia black suede In The Moment bag - **Main & Taylor**
Jessica Bennett bronze Dwayne sling back - **Main & Taylor**

Facing Page:
Eva Franco evergreen short-sleeved turtleneck – **Fantasia**
Trina Turk tweed-cuffed short – **Fantasia**
Bottega Veneta green and purple chain bag – **Vermillion**
Cassin brown croc belt – **Vermillion**

Hickey Freeman herringbone tweed jacket – **Norman Stockton**
Zanella grey wool trouser – **Norman Stockton**
Gitman Brothers blue pinpoint dress shirt – **Norman Stockton**
Robert Talbot silk super twill stripe tie – **Norman Stockton**
Trafalgar brown leather belt with silver buckle – **Norman Stockton**



Carmen Ho brown fur-trimmed ankle boots – **Vermillion**
Multi-color cabochon tourmaline and 14K gold bracelet – **Elaine Miller Collection**
18K yellow gold large hoop earrings – **Elaine Miller Collection**

Above:
Hickey Freeman herringbone tweed jacket – **Norman Stockton**
Zanella grey wool trouser – **Norman Stockton**
Gitman Brothers blue pinpoint dress shirt – **Norman Stockton**
Robert Talbot silk super twill stripe tie – **Norman Stockton**
Trafalgar brown leather belt with silver buckle – **Norman Stockton**

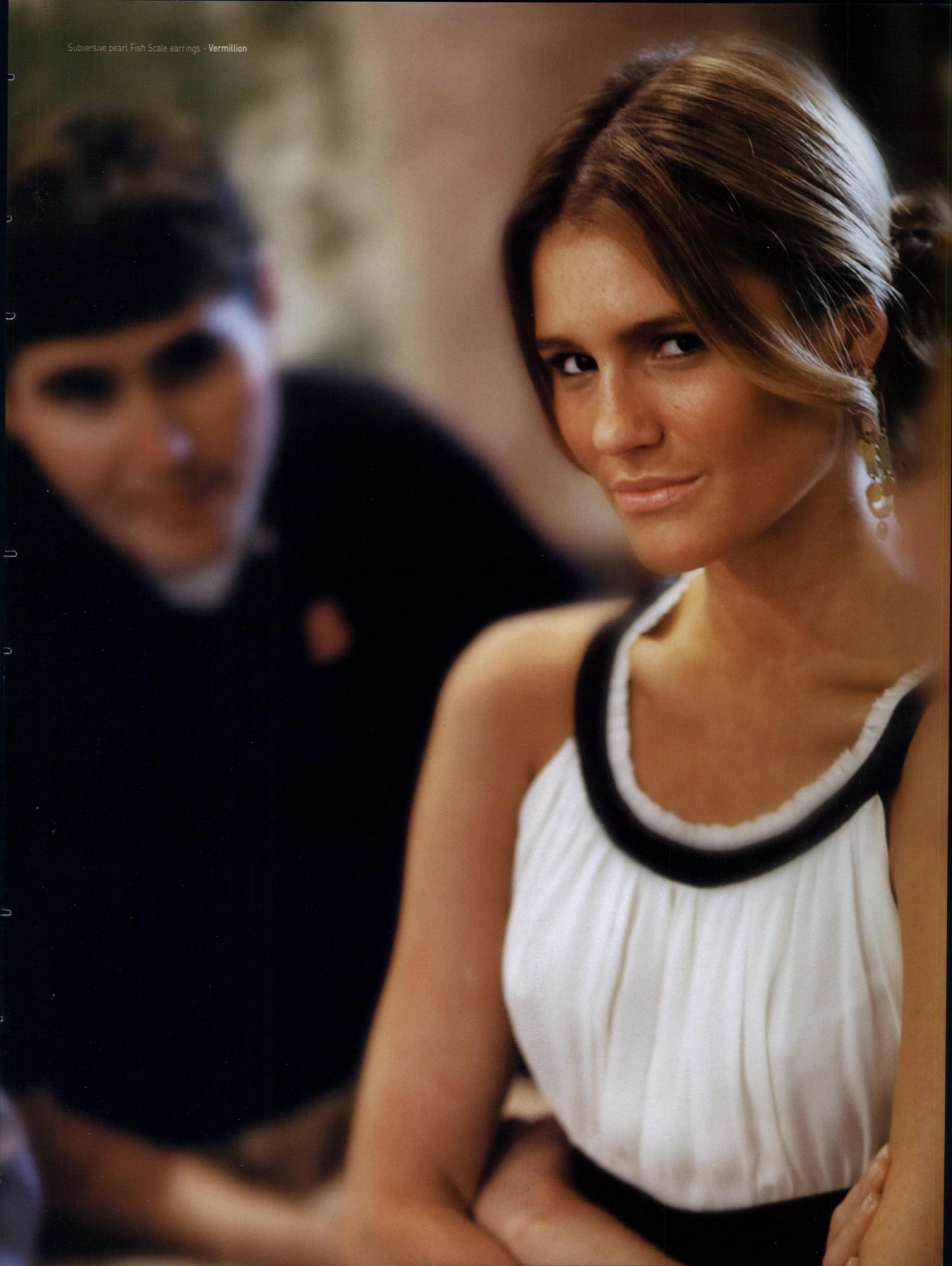
Left:
Tracey Reese silk tie neck blouse – **Beanie+Cecil**
Wyeth oatmeal wool coat with sash – **Beanie+Cecil**
Odyn skinny jean – **Beanie+Cecil**
Gryson burgundy Sophie tote bag – **Beanie+Cecil**
Joan and David black leather Briggs boot – **Main & Taylor**

Facing Page:
Scott Barber pink cotton twill sport shirt
Zanella black and white wool donegal tweed trouser
Trafalgar brown leather woven belt
All items by **Norman Stockton**

Facing Page:
Carmen Ho black satin heels – **Vermillion**
Natural black glama female mink fur length coat with natural chinchilla tuxedo front and turn back cuffs – **Hertzberg Furs**

Adam plus Eve silver bolero - **Vermillion**
Derek Lam black cashmere tank – **Vermillion**
Stella McCartney grey straight leg jean – **Vermillion**
Cultured fresh water bronze baroque pearls with 18K gold clasp – **Elaine Miller Collection**

Tory Burch black three quarter sleeve sequin dress - **Vermillion**
Pear shaped citrine with yellow sapphire earrings - **Elaine Miller Collection**


Subversive pearl Fish Scale earrings - **Vermillion**

Facing Page:
Trina Turk pink patterned coat – **Fantasia**
Trina Turk pink cabled turtleneck – **Fantasia**
Kenneth Jay Lane copper coin bracelet - **Vermillion**

Below:
Tory Burch black mock turtleneck – **Vermillion**
Trina Turk black and white Bette houndstooth satin skirt – **Scout and Molly's**
Molly Barth gold cluster earring – **Scout and Molly's**

Above:
Mint white and black Grecian mini dress
– **Beanie+Cecil**

Left:
Tibi black and white bubble chiffon top
with buttons – **Scout and Molly's**
Onyx and ivory estate bracelets
– **Elaine Miller Collection**

Special Thanks To:
George PR, The Raleigh Times and Vespa of Raleigh

Allow a Little Style in Your Life

by Louis St. Lewis

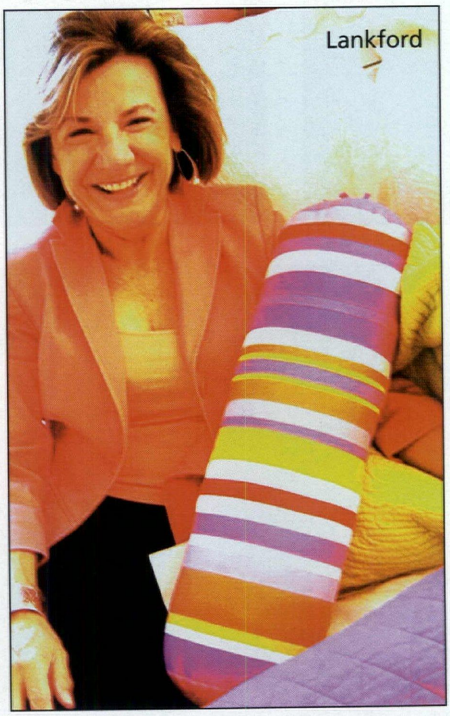
Style. Where does it come from? Who knows? But once you have the bug you are good to go.

I grew up on the NC/SC border in a small town in Anson County with about 3000 souls. I was brought up Southern Baptist and strict. Church every Sunday, Sunday night and Wednesday night, as well. In the spring and in the fall I was allowed to pick out three pairs of pants and three shirts from the Sears and Roebuck catalogue, but my mother could edit for content. I remember sitting in the front yard, watching all the cars zooming up and down the road and imagining the exotic places and exotic lives they were leading. The very first day I showed up for my freshman year in college, I went directly to the local Goodwill store where I bought the funkiest outfits I could find: leather, paisley, pleather and feather, leaving my old boring church clothes on the floor of the dressing room as I strutted out the door. I never looked back.

My first major purchase was a pair of Vivienne Westwood plaid bondage pants, soon followed by Hermès boots and black cashmere sweaters. I started reading *Architectural Digest*, *The New Yorker* and, of course, Andy Warhol's *Interview*. I bought mismatched sterling flatware, old Chinese export dinner plates, ancient darned damask tablecloths, fresh lilies for the house, incense for the bath. Where did these ideas come from? Who knows? My siblings still look at me with an air of suspicion when I arrive for the yearly feast cloaked in fur, top down on the convertible … to them I am an alien from afar, a black sheep, someone who deviated from the way we had been taught. As for me, I can't imagine another way of life.

FINE FURS ARE ALWAYS IN STYLE

FUR! I love it. It always make me think of *Dr. Zhivago*, sleds and vodka, limousines and champagne. The first one I bought was a floor-length beaver back in the mid-'80s. I still wear it out and it still looks fantastic, long, lush, heavy, silky and seductive on all levels. PLEASE don't start sending in your anti-fur letters. I love animals as much as anyone on this planet. I feed a hot spaghetti dinner each and every night to a family of foxes that has adopted me, along with two possums and a raccoon. Over the years I have cared for squirrel and crow, hawk and deer, so I do truly appreciate life in all its forms. At the same time I love the luxury, the warmth and the look of fur.



If I am looking for a new piece, I always trot right down to Hertzberg furs (www.hertzbergfurs.com) to see what's up. These folks know their stuff and they educate me every time I walk in the place. Did you know furs are traditionally cleaned by rubbing them with ground walnut shells? AMAZING! Did you know that the worst thing you can do to a fur is NOT wear it? Think of a pair of leather gloves. If you don't wear them they become stiff and brittle. With fur it's the same concept. So if you think you are saving your fur by leaving it in storage, or only wearing it once in a blue moon, get over it: You need to walk that coat on a frequent basis to keep it in excellent supple shape.

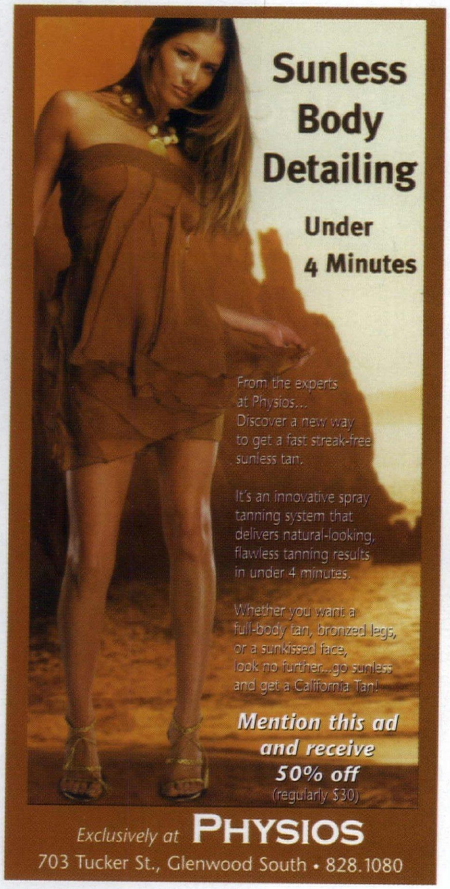
I was snooping around the store the other day and the word was out that Lynx is the new hot fur, and Hertzberg had a great selection of the spotted coats — along with the always elegant mink and fox coats they offer. Generous as always, the store is giving away a beautiful fur for the Mannequin Ball, so ladies get ready. If you have wanted a serious fur, this might just be your chance. And just so you know, the folks at Hertzberg's can take your older fur and work that thing back into a new wrap in a wink of an eye … being frugal can be stylish, as well.

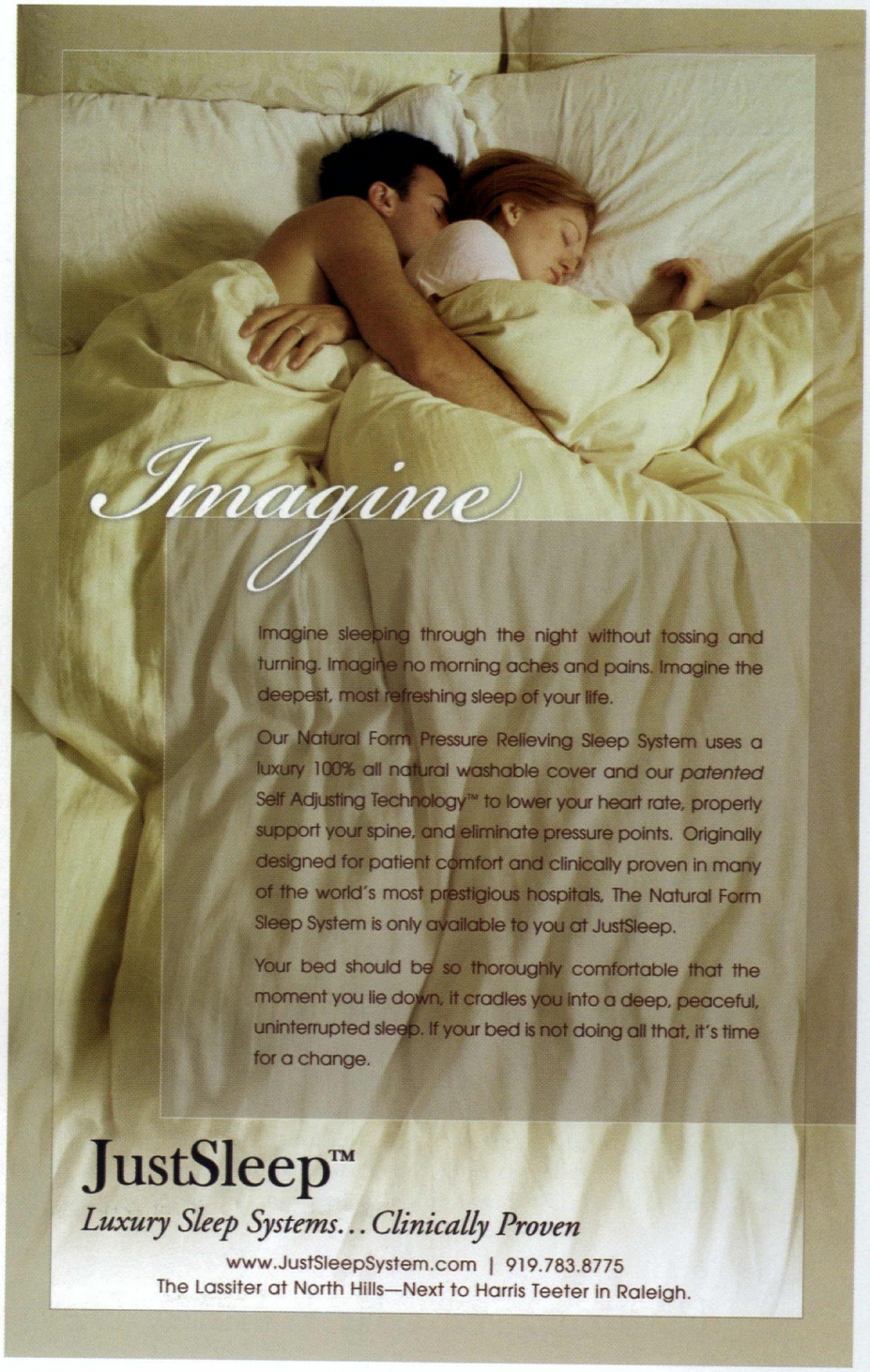
FINDING STYLE UNDER YOUR NOSE

Speaking of frugal, and speaking of style, I know that sometimes our home environments start showing some age and perhaps looking a little drab. You wish you could make over the room, but you really don't want to start from scratch or get involved in a major project; you just want your home to have a little rejuvenation. Well ladies and gents, I know of the perfect solution. I immediately think of my good friend Lynda Lankford (www.lankforddesigns.com) who can come to the rescue and save you a bundle of cash at the same time. In a process she refers to as "Room Service," Lankford will come to your home and use what you have to create a dramatic new interior. With a great eye that comes from natural intuitive style, Lankford will edit your existing furnishings, re-arrange, and perhaps have the walls painted a new color. Sometimes our eyes are just too jaded from living in our houses day in day out to consider the amazing results that a fresh perspective can have in our home

décor. Now one thing I can tell you is that you have to give Lankford free reign. You get out of the house, go to work, whatever, but leave her alone to do her magic because she's not going to put up with someone watching over her shoulder the entire time. The fact of the matter is that if you knew what to do, you would have already done it, so leave the artist alone and let her do her thing! You will be truly amazed with the results. Take a look at the before-and-after shots on her Web page to see what I mean. Lankford recently returned from a glam trip to Paris, so I'm certain she brought back lots of chic French design ideas to spruce up our abodes.

While Lankford is giving your décor a lift, do yourself a favor and drop by Iatria Day Spa (www.iatria.com) and indulge in a facial, a massage, a manicure, a little botox … the works. The environment is soothing and quiet, low lights and exotic aromas are everywhere. As soon as I walked in I was given a plush robe and slippers to change into, and my blood pressure immediately dropped several digits. Healthy snacks were provided, and I relaxed in the lounge drinking herbal tea and reading the latest magazines while waiting for my treatment. After a hard day of living the good life, there is nothing better than a relaxing facial and massage, and the qualified staff at Iatria really knows their stuff. I was so relaxed by the end of my massage I didn't want to move, I just wanted to stay there in the hedonistic afterglow for as long as humanly possible. When I finally emerged into the daylight, I felt fantastic and my skin looked and felt the best it had in years. Iatria has gift certificates available, and I know you all have a special someone out there you wish to spoil, a spouse, a friend, a talented magazine writer, all will appreciate your largesse.





Tradition Continues:

Midway Plantation Completes Historic

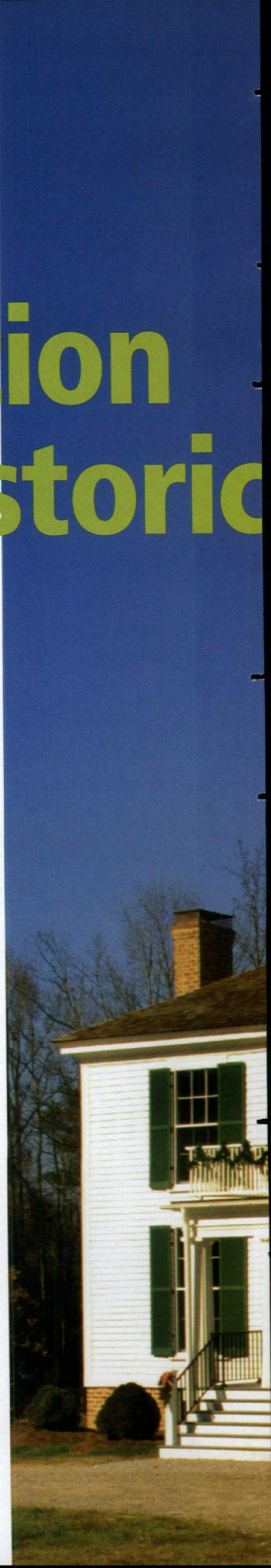
by Diane Lea

The proud tradition of preserving the home-place as a tangible reminder of the generations of intrepid and enterprising pioneers who contributed to the formation of North Carolina is no more enthusiastically practiced than by the scions of the extended Hinton family, whose nine 18th and 19th century plantations were strategically sited to take maximum advantage of the Piedmont's good agricultural land and navigable rivers.

Hinton descendant Charlie Silver, who with wife Dena owns Midway Plantation in Knightdale, notes that the 1848 house was built by Charles Lewis Hinton for his son David Hinton II, upon David's marriage to Mary Boddie Carr Hinton, sister of Elias Carr, North Carolina's governor from 1893-1897. "When Dena and I returned to live in Midway Plantation, where I grew up, we were determined to keep it as the gathering place of the Hinton family that has celebrated Christmas and other occasions there for generations," says Charlie.

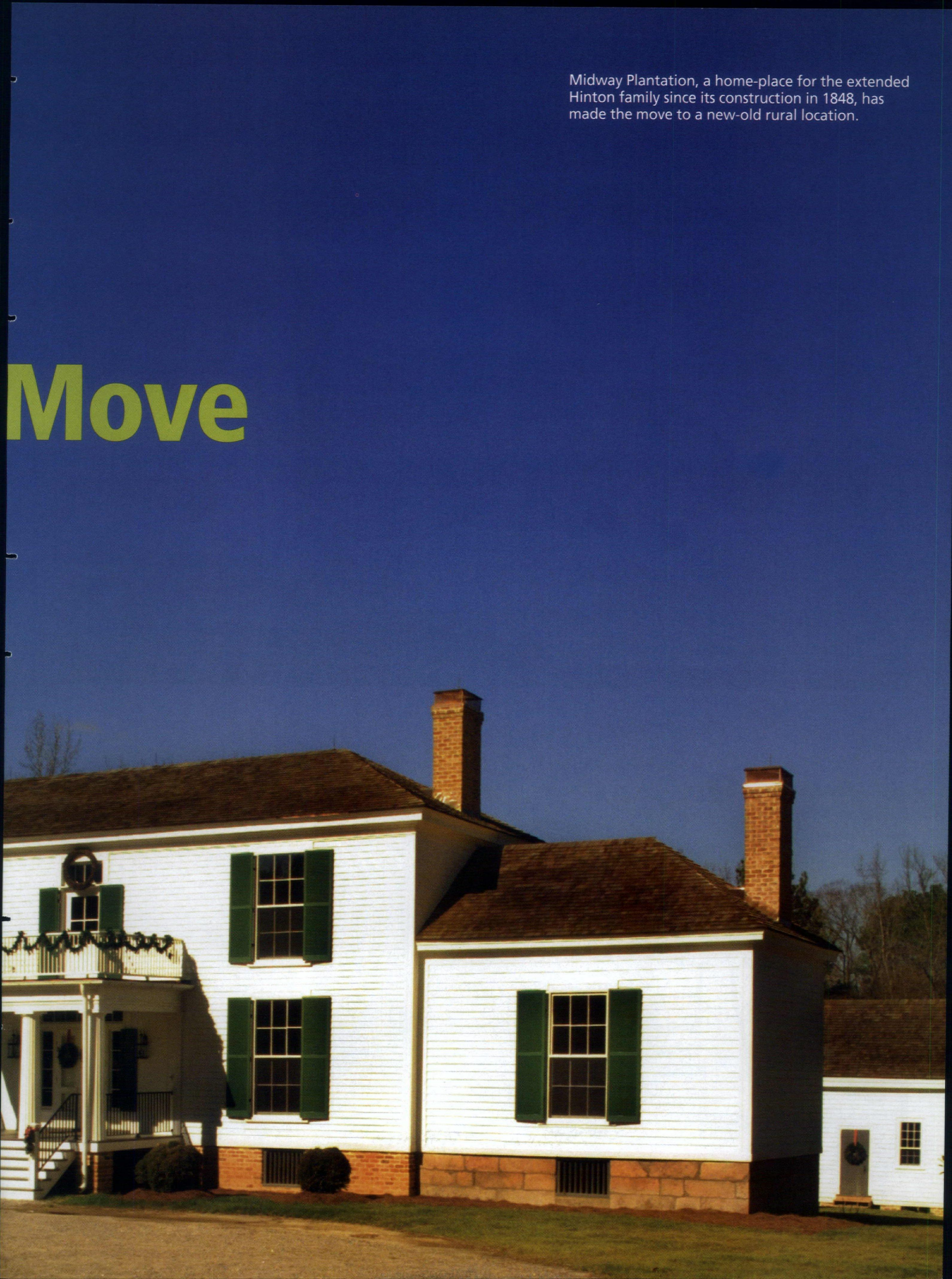
As good stewards, Charlie and Dena are also conservators of family memorabilia and of the home and its five original outbuildings. Unfortunately, Midway's historic location on what is now the mega-laned US Highway 64 undermined the family's ability to enjoy the house, or even have safe access to it across traffic lanes. Dust, oil and vibration were also taking their toll on the outbuildings and largely intact plantation house — only minor architectural additions and rather elaborate decorative embellishments were done, circa 1855 and again around 1860.

A new location was called for, and Charlie and Dena seized an opportunity to sell the original site and obtain a nearby rural 10-acre parcel, which, according to Charlie, was part of the same historic land grant where the original house was built. "To move the house and outbuildings was challenging enough," Charlie says, "but we wanted to replicate the original setting and landscape as much as possible in hopes of regaining Midway's designation as a property listed on the National Register of Historic Places." When a property is moved, it automatically comes off the Register because the setting, which shows how a house and out-



Photography by Kinsley Dey

Move



Midway Plantation, a home-place for the extended Hinton family since its construction in 1848, has made the move to a new-old rural location.

The five outbuildings, circa 1810-1825, have been sited in relation to the main house as they were in the original location.

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buildings lived, is considered key to the property's significance.

The Silvers planned to keep the southern orientation of the house on the new site. They also incorporated a recommendation from North Carolina Office of Archives and History staff member Michael Southern, an architectural historian and historic cartographer. "Michael suggested that we create a horizontal landscape element that would be reminiscent of the main-traveled road that once ran in front of the house," says Charlie. "We ran an unpaved approach road in front of Midway to approximate that important feature." The outbuildings were then placed in exact relation to the house as they were in the original location, as were the same varieties of trees and plants, including red oaks, white oaks, magnolias, crepe myrtle and some large boxwoods provided by Tommy Massey of Wakefield Nursery in Zebulon.

With continued guidance from the State Historic Preservation Office of the Department of Cultural Resources, and from Joel Williams of Williams Realty & Building, the Midway project was underway under the capable hands of Mike Blake of Blake Moving Company. The task has been dramatically recorded in *Moving Midway*, a documentary movie written and directed by Godfrey Cheshire, a member of the Hinton clan whose mother, Sis Cheshire, was reared at Midway. (See the accompanying sidebar on the film and go to www.movingmidway.com.)

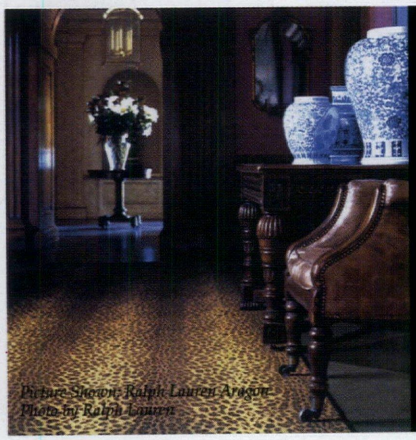
The barn, set back from the house, provides a perfect country backdrop to this exceptional historic homestead.

Once the home's dining room, this room served as a bedroom for many years. The Silvers chose to keep it as a sentimental reminder of a beloved relative.

HISTORY ON THE MOVE

One of the first challenges the crew confronted was squaring up the old school house, which had been pulled out of alignment by a leaning chimney. Sub-contractor Jeff Brown's lead carpenter Craig Evans criss-crossed the chimney with lattice-work and leveraged it with two braces to straighten it. Charlie remembers that Evans described the solution as "red-neck engineering" and a lot of that was needed to complete the move and renovation. In addition to the school house, Midway is surrounded by an unusually large three-bay smokehouse, a kitchen, a barn and a doll house, all circa 1810-1825. In the course of rebuilding the kitchen fireplace, masons Eddie and Donnie Green discovered that the original opening had been 10 feet wide. The kitchen has been adapted as a billiard room and club house, and the widened kitchen firebox now accommodates an outdoor chimney perfect for oyster roasts. "The masons spent a month just experimenting with the right color and consistency of mortar for facing the new concrete block foundation with the original sun-cured brick," says Charlie.

The authentic re-creation of the complex's interior finishes proved no less challenging than the reconstruction of the infrastructure. Charlie and Dena relied heavily on architectural conservator George Fore's book *Historic Finishes Analysis* for guidance. Fore, nationally recog-


Picture Shown: Ralph Lauren Avalon
Photo by Ralph Lauren

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nized for his analysis of historic paint and finishes, produced a detailed textbook showing the evolution of the home's exceptional interior finishes — which include many choices of marbleizing and decorative painting taken from the 1841 London publication *The House Painter; or, Decorator's Companion* by W. Mullingar Higgins.

Fore chronicles the historic finishes beginning in 1850, featuring imitation maple graining on the south entry — or main doors — with tiger or curly maple stiles and rails. The blinds framing the entry doors' sidelights were painted the original yellow-green, which had been a different color for years. The four porch columns, including shafts and capitals, were treated with a faux granite finish. (The re-creation of the original columns, each made up of 39 pieces, was created by Zebulon craftsman Roger Barrow, who was recommended by the Silvers' furniture restorer, Keith Barnett.) Within the residence, birdseye maple appeared in door panels, further enhancing the curly

Moving Midway: The Movie

The drama of moving this historic house has a parallel in film: The process is captured in a full-length documentary movie by Godfrey Cheshire, Midway owner Charlie Silver's cousin. Cheshire's mother, Sis Hinton Cheshire, was reared at Midway and Cheshire and his brother and sister spent their youth visiting their cousins at the old plantation. When Cheshire heard that Silver was planning to move the house — and its memories and ghosts — the noted film critic figured this would make a great movie.

And so it has. *Moving Midway,* the film, is set for screening at film festivals in 2007, with the final scenes shot at the new location right at deadline. But the subtitle of the film, "Portrait of a Southern Plantation in Transit," tells the story beneath the physical moving of the house, uncovering layers of emotions and some exciting surprises, including the discovery that the family has a set of black cousins.

It turns out the move disturbed more than just the foundations of the house: family relationships, Southern myths and the enduring impact of slavery swirled in the film's beautifully filmed narrative.

For more on the film, *Moving Midway,* go to www.movingmidway.com.

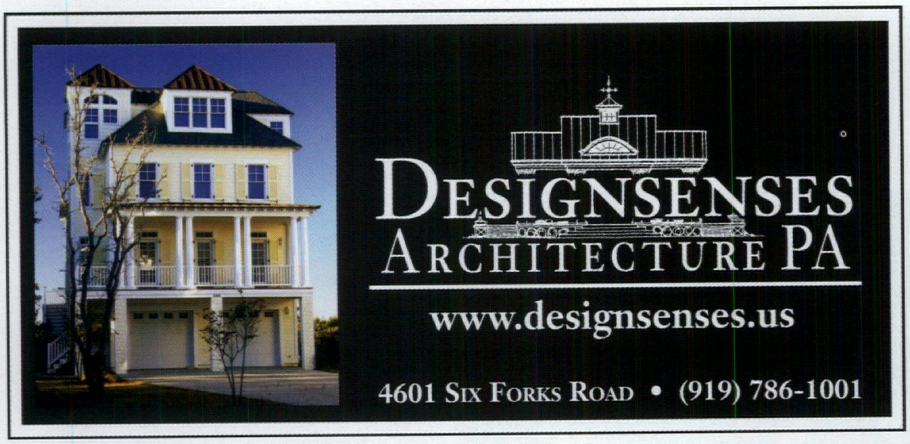
This former parlor serves as the dining room, the heart of the house for family gatherings.

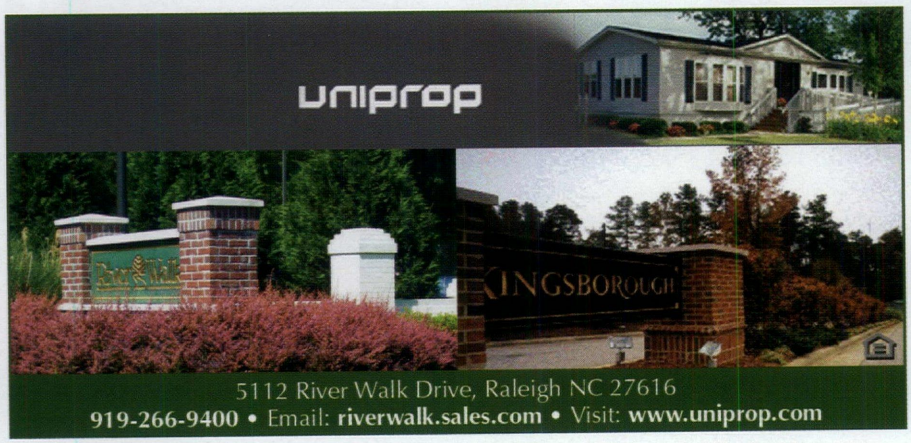
maple stiles and rails; the tall baseboards in the two west parlors were marbled to look like colorful jasper stone. The parlor mantels were painted to resemble black marble with veining on the shelves, pilasters, base plinth and frieze.

The next period of construction occurred between 1855 and 1860, when a window was added to the northwest parlor, now the dining room, and the second floor hall was divided to create a storage room. At that time, figured oak graining was applied to all first floor doors, and a marbling reminiscent of sienna marble was added to the stair risers and all baseboards in the hall, the west parlors and the southeast room, which is now a library. "Kay Hutchison of Raleigh did all the faux painting in the house," says Dena. "It was a formidable task, which she executed to perfection." Dena and Charlie are also indebted to West Virginian Sue Nash who removed the original wallpaper from Midway's southwest parlor and re-backed and repainted it, and then re-leafed the gold touches in the design of grape clusters and hummingbirds. "She even recreated the scrolled maroon-colored border using Xeroxed panels she took from the original pieces," says Dena. Charlie adds, "We know that the wallpaper is French because only the French used a 19-inch repeat at that time." Key also to the recreation of the interior finishes is the expert re-plastering of all of Midway's walls by Hearts of Christ, a Durham firm.

PERSONAL TOUCHES

The Silvers have been faithful to each aspect of Midway's restoration, but they





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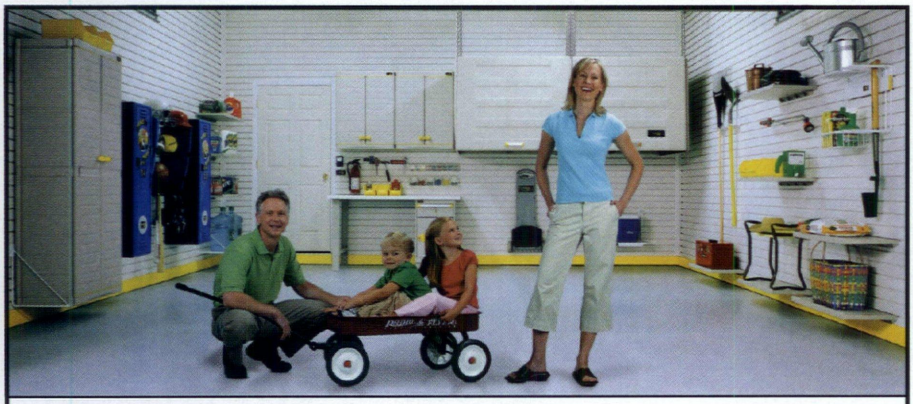

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The view through Midway's central hall is the Christmas tree standing in the new breezeway.

chose to add their own special touches in the design of a new kitchen and a breezeway, which runs the full-length of the rear elevation. With the help of Raleigh designer Richard Hall and Jackson Hodges of Charlotte, the kitchen and breezeway were seamed perfectly to the original double-pile structure, requiring only that the 1860s butler's pantry be stepped back a few feet while retaining its original elevation. Again, all materials were carefully chosen for compatibility with the existing fabric. The oak floor of the breezeway is the work of Mike Robbins of Apex and Steve Sherwood of Mullis Millwork in Louisburg. (A contemporary table made from one of the oaks removed from the original site to accommodate the house move is also a Robbins creation.) The kitchen island/dining counter was made by cabinet maker David Knight, who used Osage-orange wood brought from Midway's old location. "We were able to use the heart pine cabinets my father installed when he remodeled Midway's earlier kitchen around 1961," says Charlie.

It's a grand story, matching a family's love for its home-place with the considerable talent and ingenuity of scholars, artists and craftsmen to achieve something of lasting value.

The Umstead Hotel and Spa:

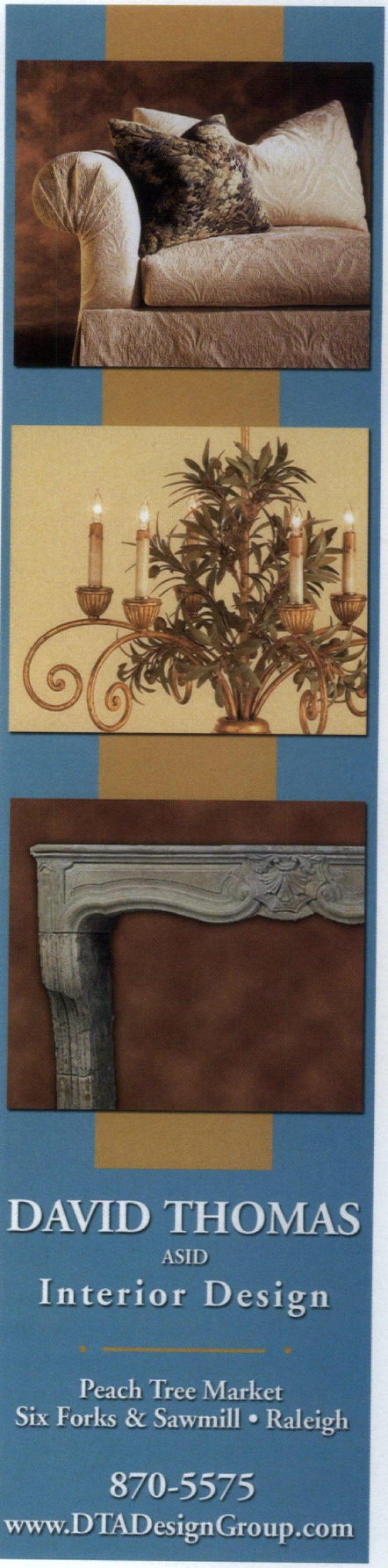
Ultimate Hotel Opens Doors

by Diane Lea

Ann Goodnight, wife of SAS Institute founder Jim Goodnight, has assembled nationally prominent construction, design firms, experienced management and operational specialists to carry out her vision for The Umstead Hotel and Spa. Sited on 12 romantically landscaped and sensitively developed acres located at 100 Woodland Pond on the edge of the SAS campus, The Umstead is slated to become the Triangle's first landmark hotel when it opens in January 2007. It has already been accepted as a member of the prestigious "Leading Hotels of the World," says Managing Director Bob Schofield, a veteran of international luxury hotels in Europe, Africa, South America and the Caribbean, and hotels in Washington, DC and Beverly Hills.

Schofield sees his charge as helping to fulfill Goodnight's goal of developing a world-class luxury facility. "We think the time is right for a destination hotel in the Triangle, one where business people can work, live and entertain during the week, and sophisticated travelers from near and far can come to be wined, dined, accommodated and pampered on the weekends," he says. Schofield describes the theme for The Umstead as combining nature and art. "Ann Goodnight allocated significant resources to ensure the beauty of the natural setting and to acquire a seri-

Photography by Kinsley Dey



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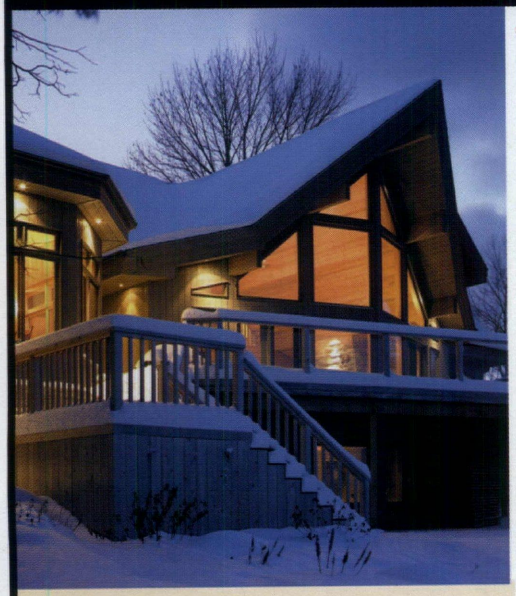

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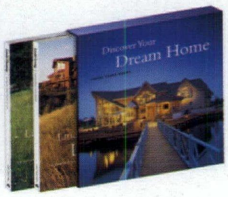

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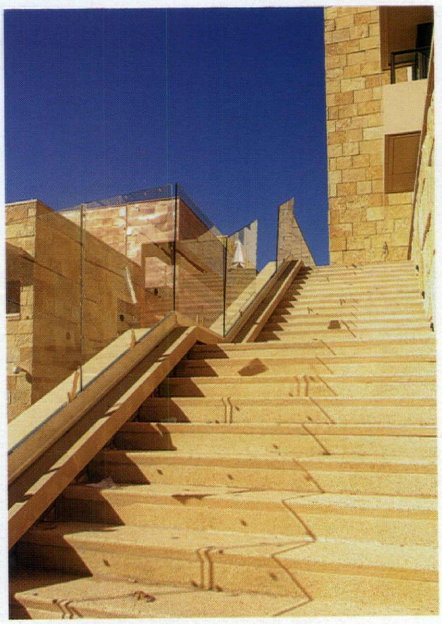
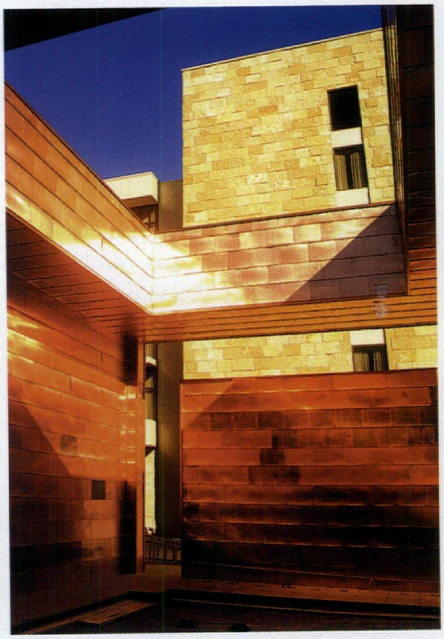


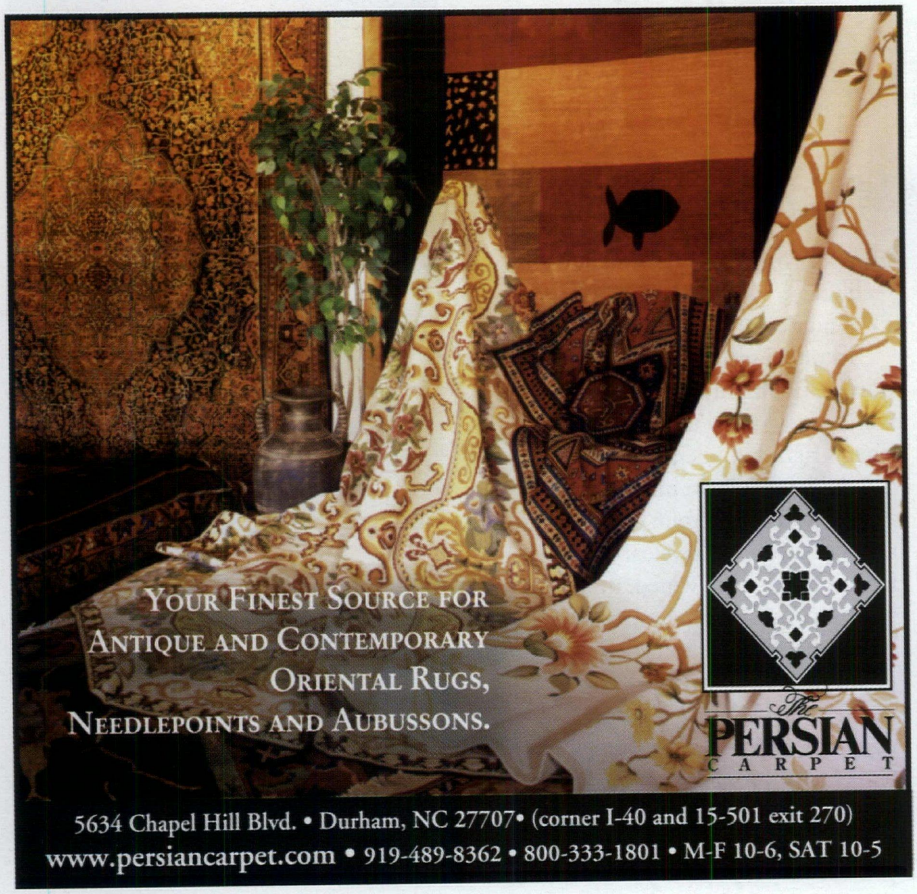
Limestone and glass are used extensively.

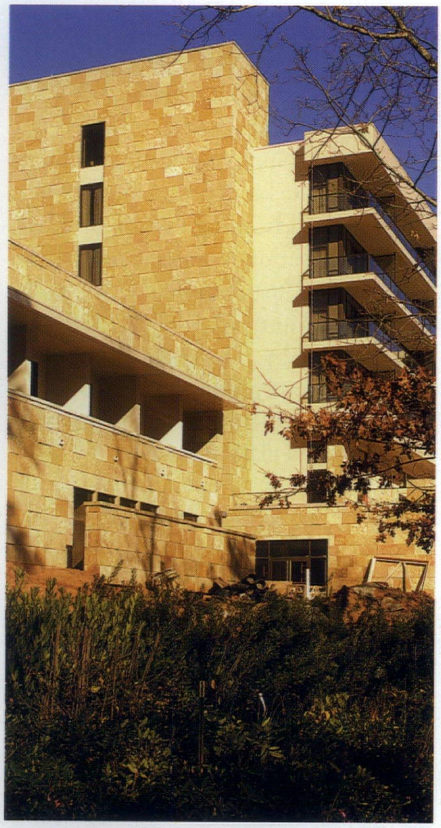
ous art collection for the facility." North Carolinians represented in the collection include Chatham County potters Mark Hewitt and Ben Owen and artist Lynn Boggess.

Situated on a 6000-square-foot lawn overlooking a 3-acre lake with fountains and surrounded by woodlands, the 6-story hotel features 150 oversized and elegantly appointed guest rooms, including



Fine woods lend distinctive touches to both the exterior and interior appointments of The Umstead.





Luxurious rooms enjoy balconies with views of the lake and woods.

MICHAEL ZIRKLE PHOTOGRAPHY

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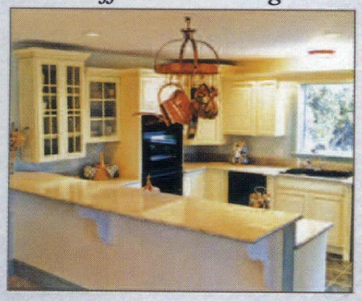

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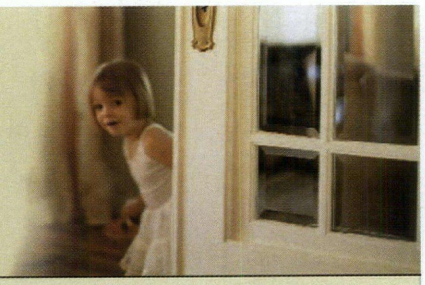

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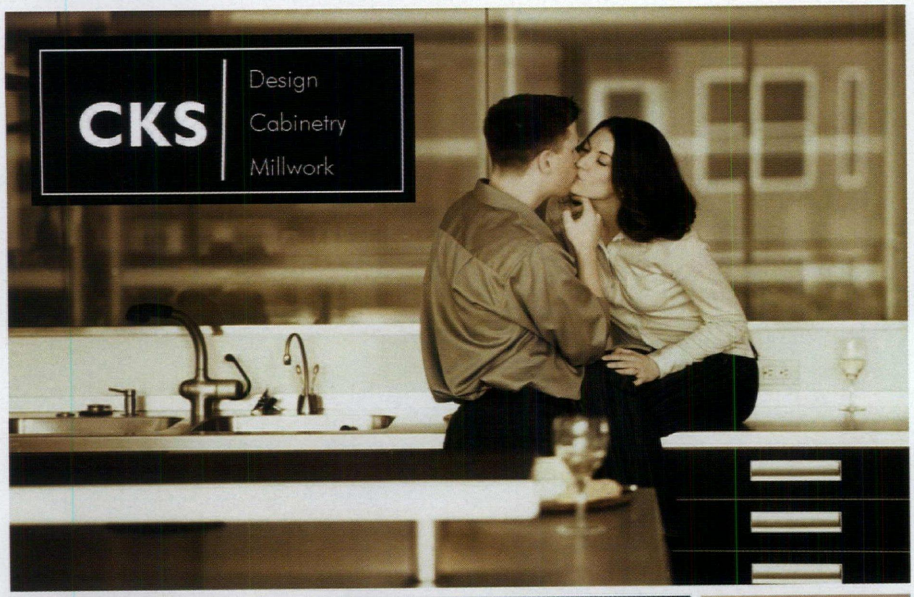

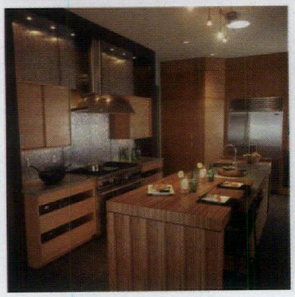

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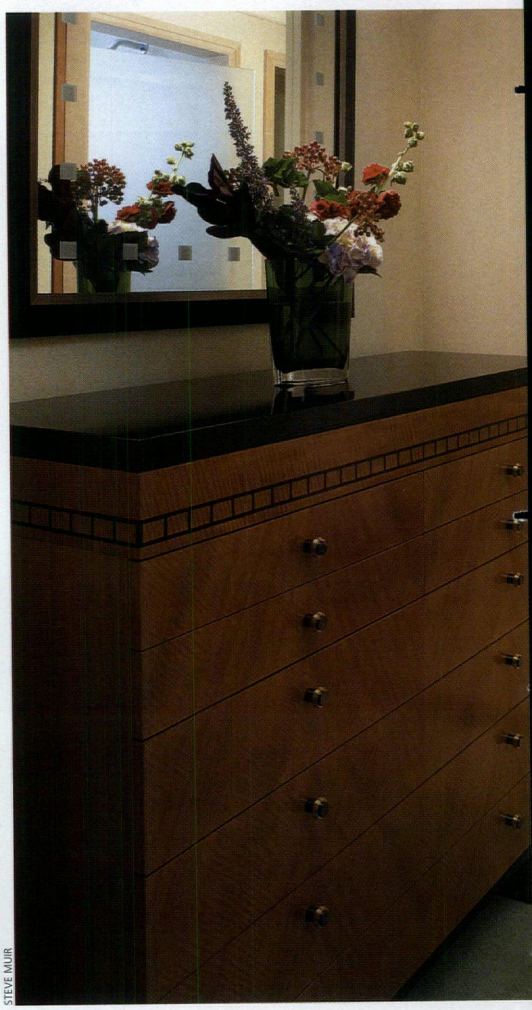
27 suites, and an adjoining two-story 14,000-square-foot spa. The Umstead Spa is a day-spa featuring massage, body and bath treatments, skin care, manicure and pedicure and offers separate ladies' and gentlemen's locker rooms, a steam room, sauna and a cascading whirlpool. There are also relaxation lounges, private treatment rooms, spa treatment suites and a meditation courtyard.

Designed by Three Architecture of Dallas, the contemporary-styled Umstead is characterized by the extensive use of limestone and glass punctuated by bands of projecting balconies overlooking the lake. The interiors are by Frank Nicholson, Inc. of Boston, who was charged to execute every indulgent detail. Of special note is the spectacularly appointed lobby, which pairs art by Seattle-based glass artist Dale Chihuly with striking and environmentally friendly-figured Anegre wood. Pairs of guest rooms, each 540 square feet,



STEVE MUIR

share a vestibule, and the palette of soft blues and greens complement the panoramic views of the lake. The textured carpets are by Axminster and the furniture is Italian.

LOCATION LOCATION

The Umstead Hotel and Spa is just six minutes from RDU International Airport and 12 minutes from Downtown Raleigh, an ideal location for guests seeking to enjoy the cultural and sports events of the Triangle. Town cars are available to chauffer guests to nearby shopping venues, restaurants and golf courses. In addition to its sybaritic surroundings and pampering services, The Umstead devotes considerable attention to its events and business spaces. Schofield emphasizes that there is 10,500 square feet of meeting space with a 4000-square-foot ballroom, a 1600-square-foot salon and a boardroom with breakout rooms.

Service and the pampering of guests are goals of The Umstead.

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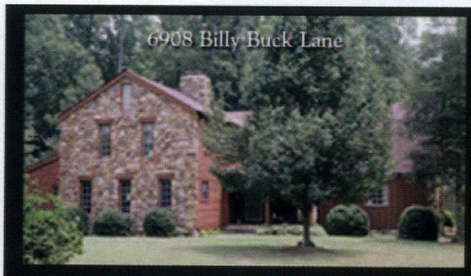

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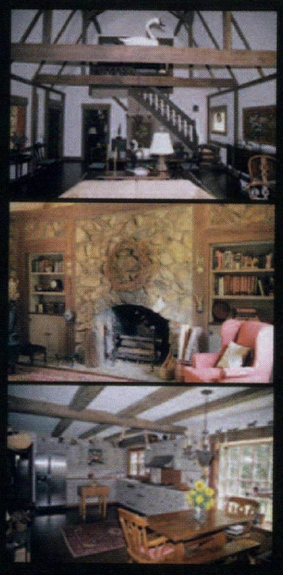

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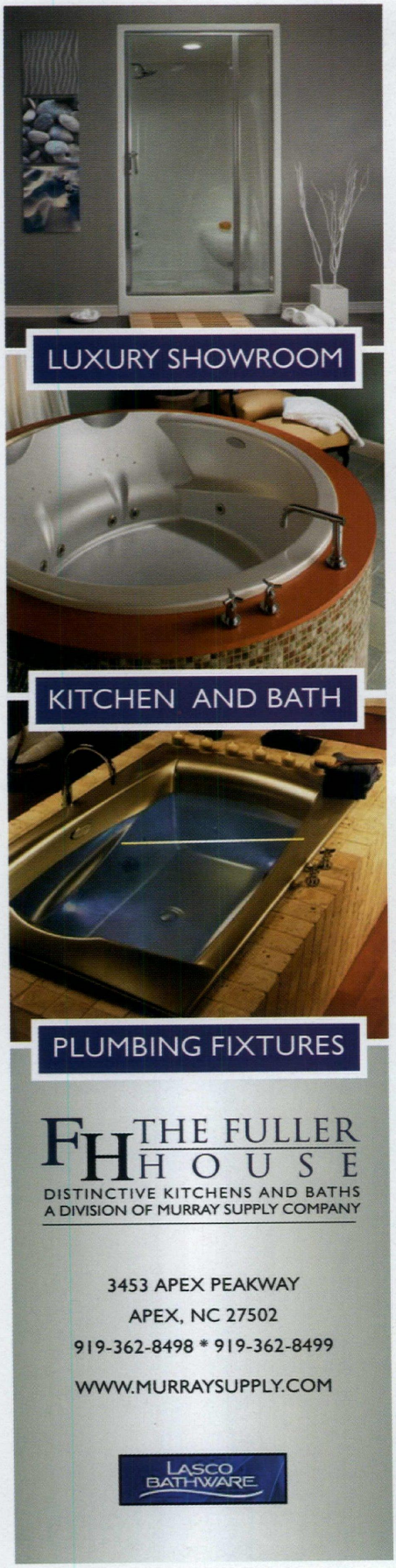
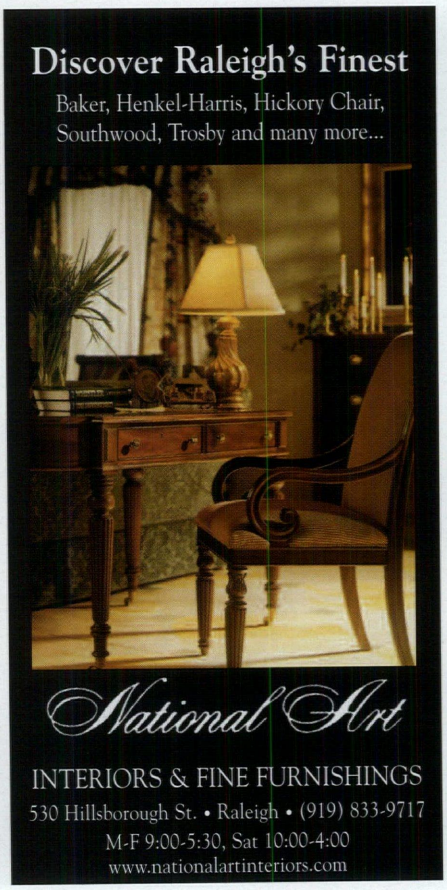
home SEARCH

STEVE MUIR

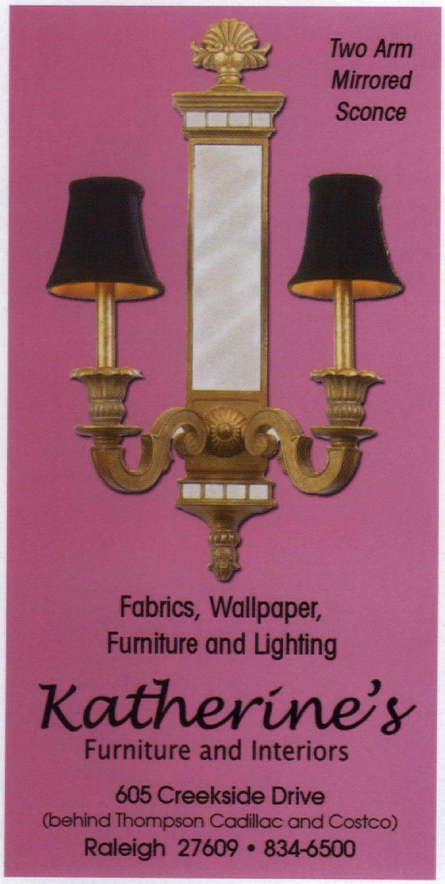
A soothing palette of blues and greens adds to each room's tranquility.





Though world-class in all aspects, The Umstead expects to excel in two areas of hospitality services — as a fine dining destination and as a comprehensive wedding venue. Executive Chef Phil Evans, recently of Aspen's St. Regis, will preside over the 98-seat Herons Restaurant, with its innovative culinary theatre and personalized service and murals by Kay Hutchison. A separate environment is created for each service with subtle changes in table tops, lighting and sound. Tea will be served from 2:30 p.m. to 4:30 p.m. Alfresco dining is offered on the terrace with outdoor fireplaces and lake vistas. The Wedding Room offers brides alternative wedding accessories, such as fine china and linens and a variety of décor, all of which are part of the establishment's elegant and stylish wedding services.

To complete her planning of The Umstead Hotel and Spa, Goodnight commissioned two model rooms in order to experience firsthand how the choices of design and décor will appear to guests. As Schofield puts it, "She has created a beautiful stage and we are ready to perform."



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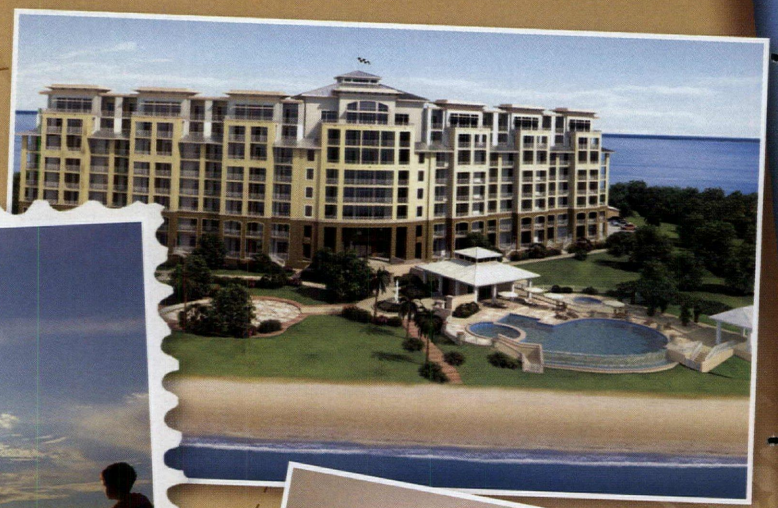

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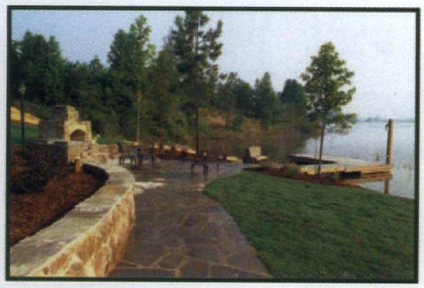

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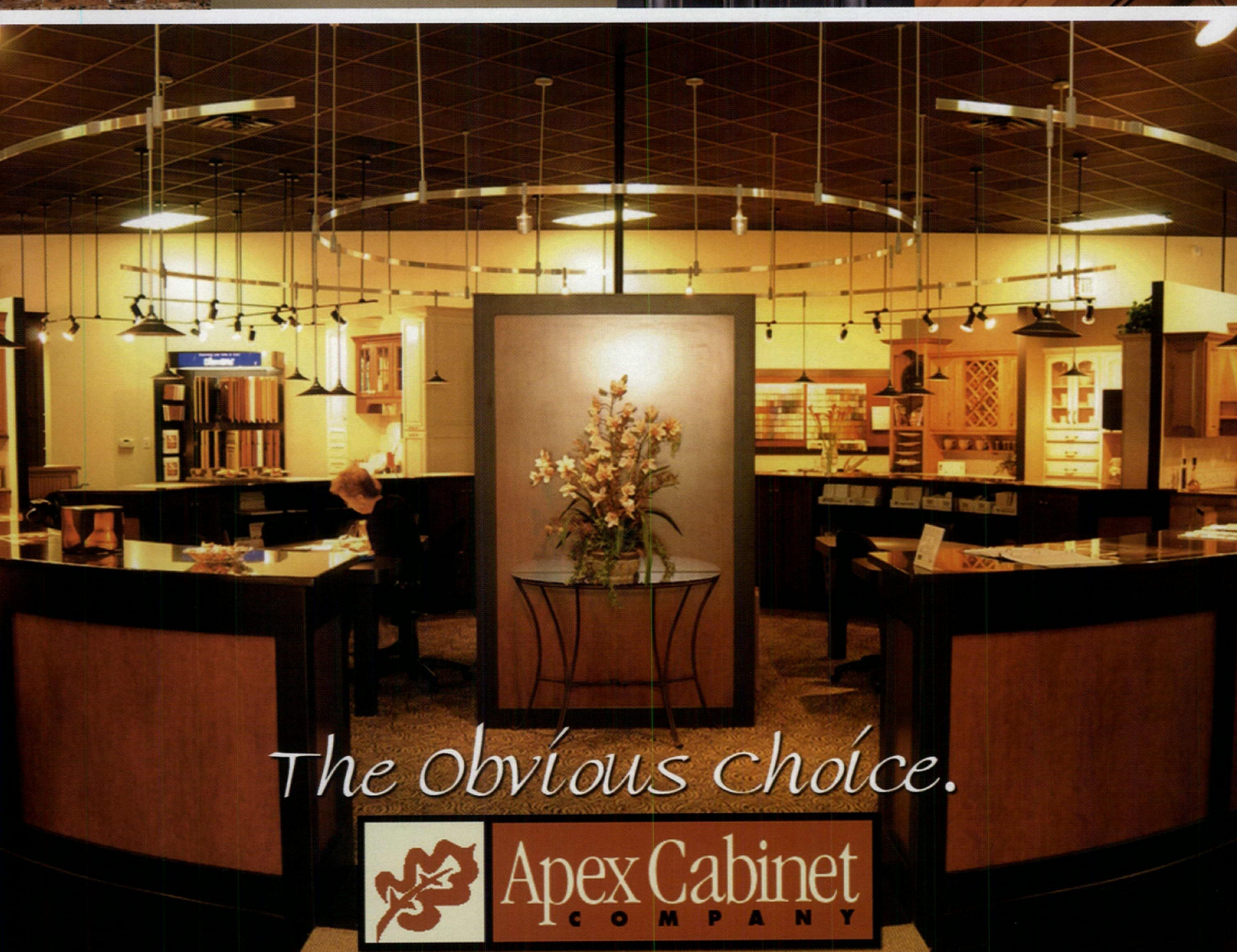

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Gift Guide

PART 2

You've sent the last invitation, planned the menu and purchased the place settings for your family's holiday dinner, but you're still at a loss for what to give your cousin in the annual gift exchange. Stress no more. Whether you're searching for that perfect present to give a relative, child or significant other, Part 2 of *Metro's* Holiday Gift Guide is guaranteed to help you find the right item.

While it's part of the fun of the season to shop at boutiques and department stores during the holidays, online shopping can help you browse the aisles from the comfort of your home. Or maybe you're still trying to figure out what to do with that lime green candle holder you received in last year's gift exchange. Let our suggestions for re-gifting help you put those unused items to good use. So sit back, relax and get ready to do some serious shopping ...

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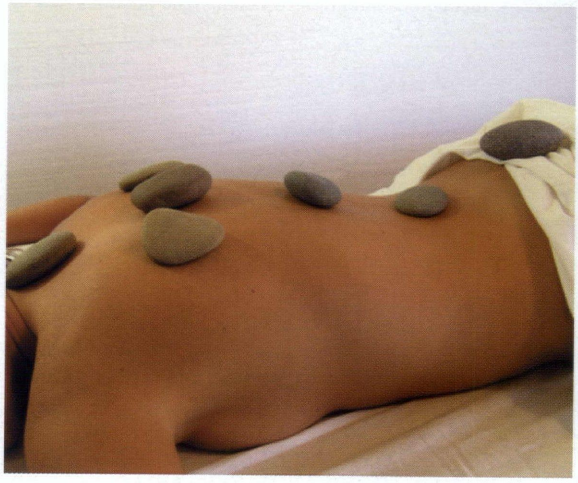
Capture her heart with **beautiful golden sapphires or a diamond cuff bracelet** by Chad Allison. Available at Elaine Miller Collection, North Hills, Raleigh; visit www.elainemillercollection.com or call 919.571.8888 for more details.



Rejuvenate her mind and body with a relaxing massage or a non-surgical facelift from Aesthetic Medispa. Gift certificates available from $75-$1000. Call 919.785.1220 for more details.

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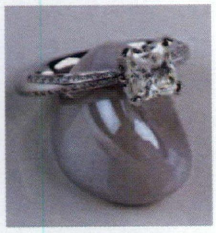

- **Design.** First inspiration, then a vision. Form and shape emerge and begin to tell a story.
- **Material.** Uniqueness is often found in the materials. Hand-selection of gemstones and precious metals can breathe life into the evolution of an unusual or more traditional design.
- **Technique.** The skillful, knowledgeable use of tools and materials is complex; perfected over years of dedication and discipline.
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1. Do keep track of who you gave it to first.
2. Don't mention that you had no use for the item.
3. Do update the wrapping.
4. Don't give products from defunct companies.
5. Do clean up your items before giving them.

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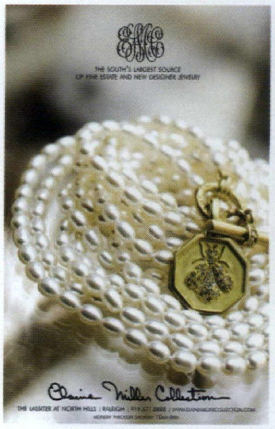
Deck the halls and the dining room table with a **holiday serving piece** from Carolina Silver Company; Saltbox Village, Cary and Falls Village, Raleigh. Call 919.465.3235 or visit www.carolinasilver.com for more details.



Lavish her with 96-inches of **Slane & Slane pearls with diamond toggle and pave diamond bee**. Available at Elaine Miller Collection, North Hills, Raleigh; visit www.elainemillercollection.com or call 919.571.8888 for more details.

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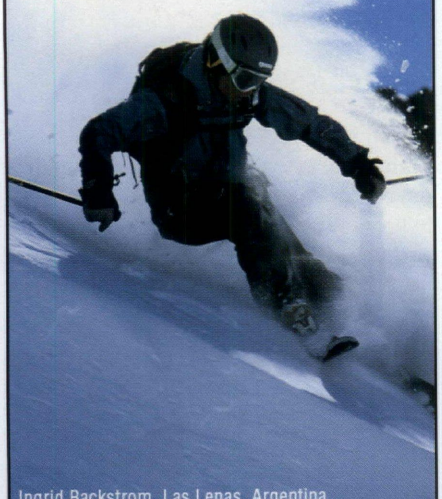

Ingrid Backstrom. Las Lenas, Argentina.
Photo: Adam Clarkson ©

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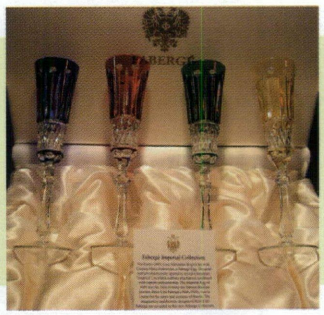
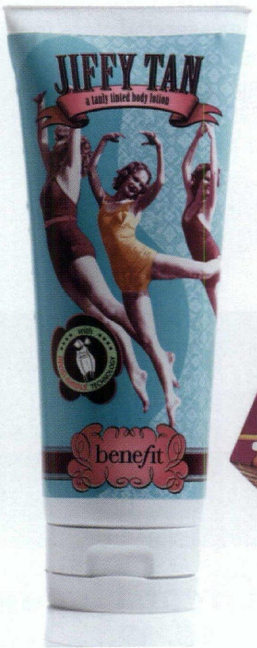


Great for entertaining, these **Faberge champagne flutes** make the perfect gift for any hostess to use all year long; set of four: $350. Available at The Grape, Cameron Village, Raleigh. Call 919.833.2669 for more details.

Give her healthier, more radiant skin with the **Clarisonic face brush**, the first ultra-sonic oscillation face brush that deeply cleanses, stimulates and clarifies skin; $195. Available at Synergy Spa, Raleigh. Call 919.510.5130 or visit www.feelsynergy.com for more details.



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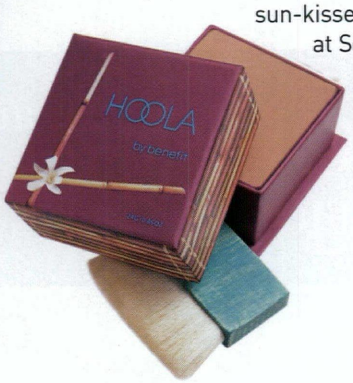
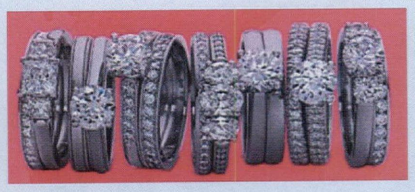
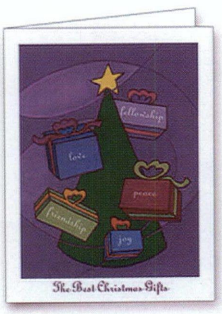
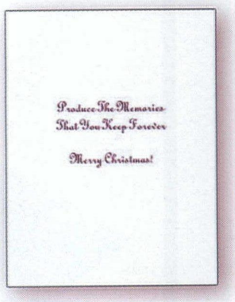




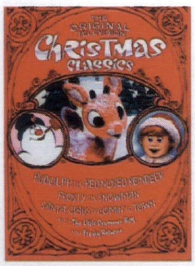
Some things are meant to fit close and stay close. The **FlushFit Engagement Ring** is inseparable by design and incomparable by name. Available at Johnson's Jewelers, Raleigh. Call 919.783.9504 for more details.



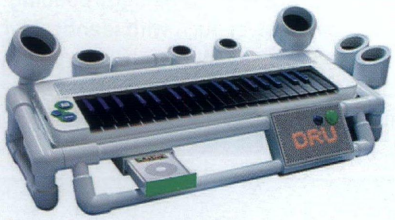


Say hello in style with tikilynn cards and notes. The Raleigh-based stationary company gives you a reason to keep in touch all year long. Available at www.tikilynn.com, or call 919.649.8002 for more details.

GIFTS FOR KIDS

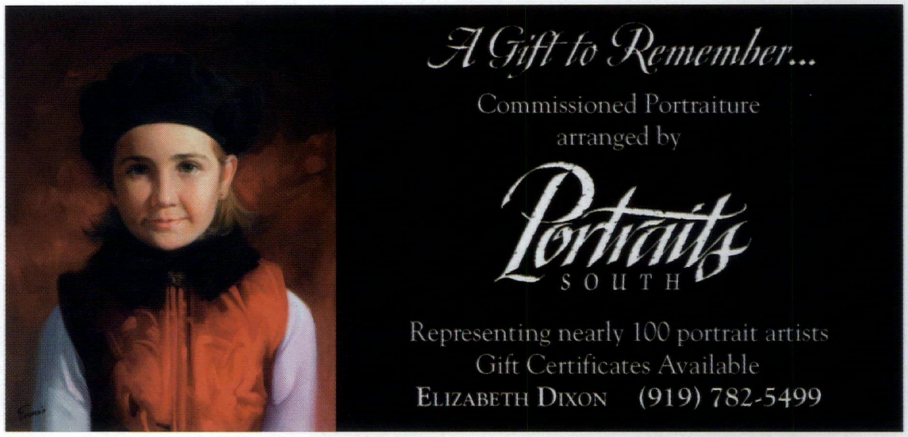


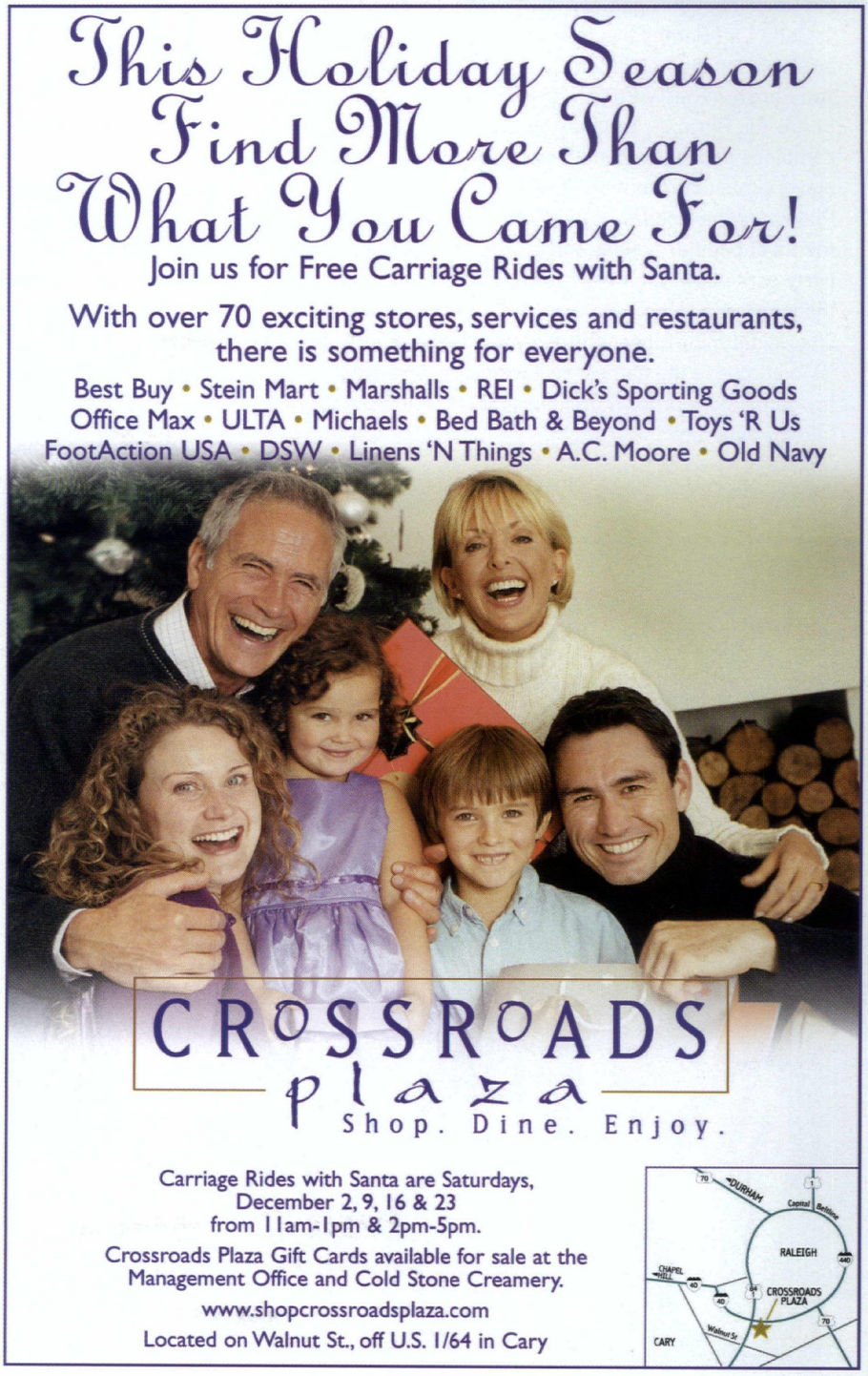
The original Television Christmas Classics:
Start a tradition this year by introducing your family to the beloved holiday classics we all love to watch every Christmas. The DVD set includes; Rudolph the Red Nose Reindeer, Frosty the Snowman, Santa Claus is Comin' to Town, and Cricket on the Hearth. Also included is a special music video of Destiny's Child singing "Rudolph the Red Nose Reindeer", and Mariah Cary performing "Santa Claus is Comin' to Town". $30.00 ; www.amazon.com



Blue Man Group Keyboard
Harness the energy and excitement of Blue Man Group! This complete music station lets you mix and fade music, play the drums and keyboard, or jam along with your IPod or MP3 player. $79.95 , The Discovery Channel Store, Crabtree Valley Mall, Raleigh.

iPulse Bear Speaker System and Light Show for iPod & MP3.
The ipulse bear will serve as a multifunctional playmate for your children, teaching them through reading and music while keeping them interested with light and movement. $40.00 at Sharper Image, Crabtree Valley Mall, Raleigh.





Holiday Laffs

North Carolina game publisher Gotta Laff Games offers products designed to bring kids and adults together to start the laughter during the holidays.

Company founder Dave Rockenbaugh was 8 years old when he created his first game out of a piece of cardboard from one of his father's new shirts. A cross between Stratego and Mystery Date, it wasn't a huge hit. But years later, families everywhere would be playing Rockenbaugh's games.

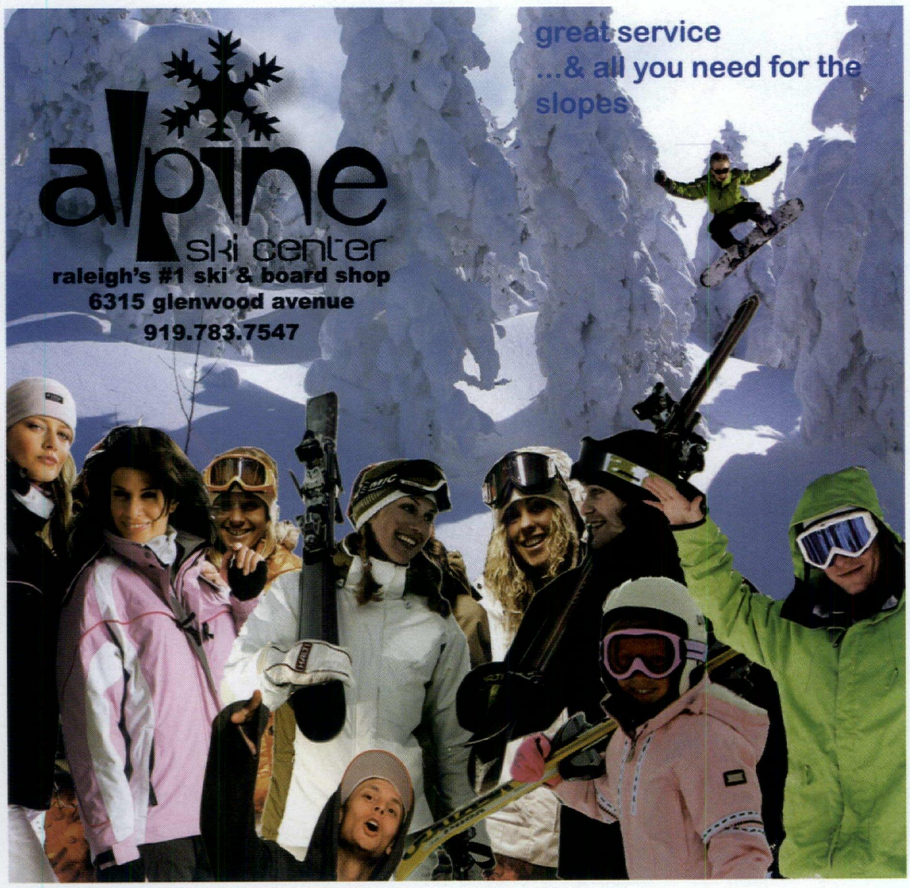
Gotta Laff Games has four award-winning games available for the holiday season: Are You Phrazy?; Are You Phrazy? The TV Edition; the Holiday Carols Edition of Are You Phrazy?; and Flail and Wail. Are You Phrazy? combines pop culture and famous TV phrases. To win, players must blurt out and butt in as fast as they can. Players of the Holiday Carols Edition must sing fragments of popular holiday songs. Flail and Wail is a new party game that requires rhythm and timing. It includes the innovative "Magic Maraca" dice shaker and a CD of 50 original mini-tunes written by Rockenbaugh.

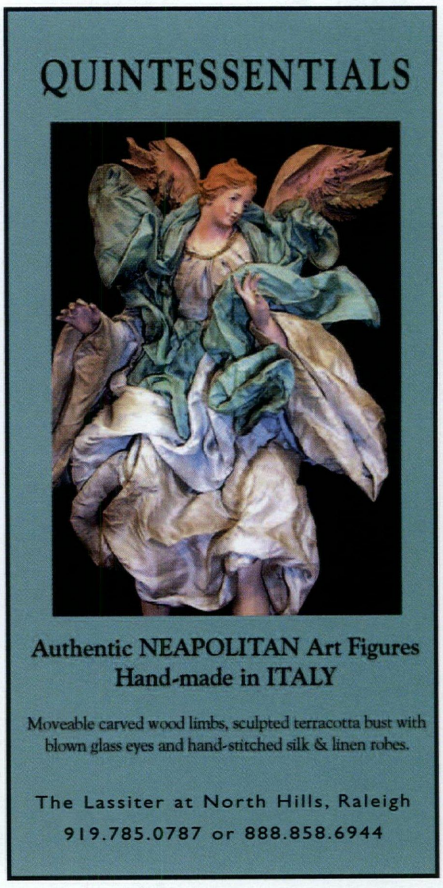
To purchase the games, visit your local specialty toy/game store or for more information, visit www.gottalaffgames.com.

Xbox 360 Premium System

Microsoft Xbox 360 Core System
by Microsoft
Let's just say that any kid who likes to play video games is dying to get the latest Xbox 360 Core System. Go ahead; you know they've been begging for it. $399.99, Best Buy, Raleigh.

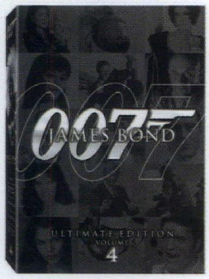
Holiday Carols Edition of Are You Phrazy?
Sing out, butt in, and win, with the only game that lets you sing clips of famous holiday songs as fast as you can, while you try to get rid of your cards first. You'll be singing lines like "Feliz Navidad", "Thumpety thump thump" and "Now bring us some figgy pudding!" 3. To win, you need to butt in and sing out-of-turn with identical lyrics to what's just been sung. But everyone else will be trying to butt in and that's when it becomes unseasonably warm around the game table. Visit www.gottalaffgames.com for details.



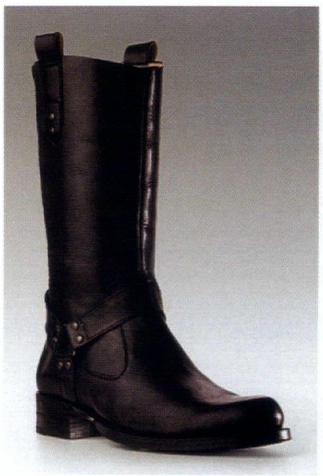


GIFTS FOR MEN

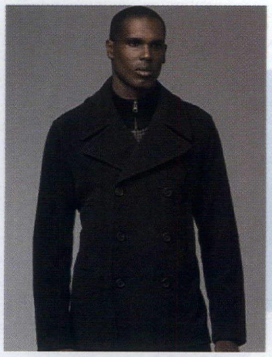
The James Bond Collection – Special Edition 007 DVD Collection Volume 4



The perfect gift for the James Bond buff on your list this holiday season. Set features behind the scenes and making of footage, archival documentaries, biographies, and commentary on every feature. Full features include : Dr. Know, From Russia With Love, Moonraker, Octopussy, and Tomorrow Never Dies. $60.00 www.amazon.com

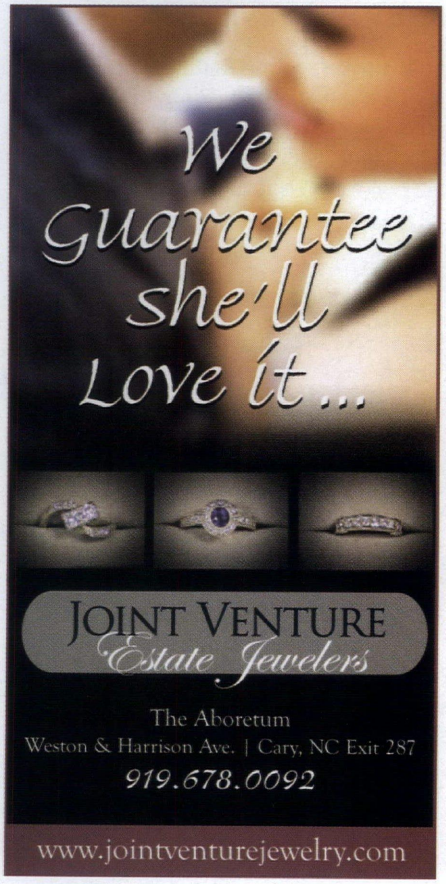


Cole Hann Collection Sport Boot
Give him something stylish to kick around in, dressed up or down. He will love their laces, grommets, buckles, and rugged good looks. - $475 Saks. Sak's Fifth Avenue, Triangle Town Center, Raleigh; visit www.saks.com



Theory Pea Coat –
Doubling as both a blazer and a coat, the Theory Pea Coat is all he'll need this winter for comfort and style. $575.00 . Saks, Trianlge Town Center, Raleigh ; visit www.saks.com

Logitech Z-10 speakers
With built-in touch-sensitive multimedia controls and a back lighted display that shows digital-music track information, a clock, volume and more, these trophy speakers are meant to be touched and seen. $149.99; www.logitech.com



Holiday Dreams
Fulfill holiday dreams this season with fairly traded, handcrafted gifts in rich shades of carmine, lavender and plum.
Handcrafted in Bolivia, Indonesia and Vietnam. $28–$230

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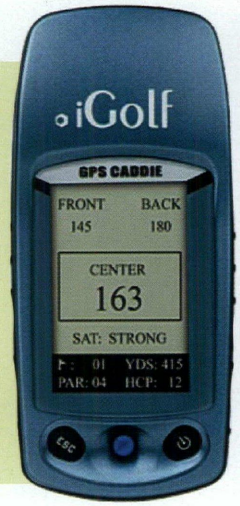
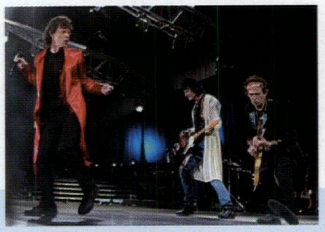
- Shot distance feature shows how far you hit each club
- Golf course files can be downloaded from iGolf.com or www.carolinagolf.com/igolf.

$199.00 Carolina Custom Golf, Raleigh.



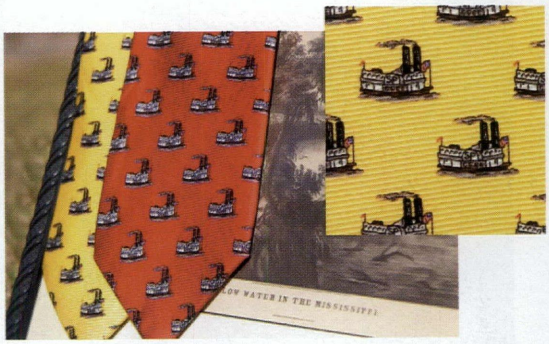
The **Perfect Flame 4 burner Split-Lid Gas Grill** offers the ultimate outdoor cooking experience. With a split lid forming two distinct cooking areas, a rotisserie burner and a side burner, this grill will keep him cooking and entertaining all year long. $569. Lowes, Raleigh.

Gift of the Month
Having a tough time picking something out for him? Offer up some variety with a membership to one of many Gift of the Month Clubs that include: beer, wine, cigars and more. www.greatclubs.com.



Front row tickets to the Rolling Stones? Box seats at a New York Yankees game? **Anything is possible** at www.wehaveseats.com. Make his dream come true this Christmas with premium seats to nearly any event. Visit www.wehaveseats.com.

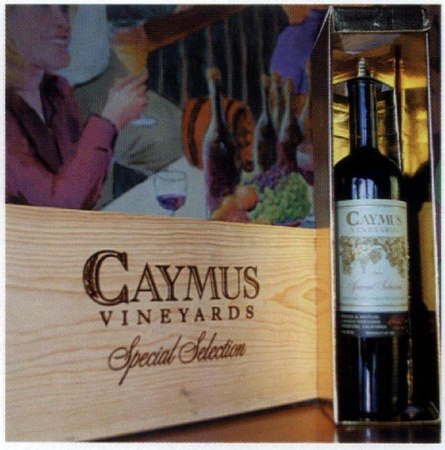
Sennheiser RS140 Wireless Headphones
The audiophile on your list will be delighted to own a pair of Senn's, known worldwide as the premium manufacturer of headphones. $149.99 Circuit City, Triangle-wide.



For the southern gentleman in your life this holiday season; Choose from a variety of patterns and designs on **beautiful elegant ties** from Southern Proper; www.southernproper.com; available at Varsity Menswear, Crabtree Valley Mall, Raleigh.

GIFTS FOR THEM

Martin Dingman Belts
Exotic leathers and hand-finished buckles, the "Made to Measure" program was developed with a custom sizing system to perfectly fit anyone up to 44". Each belt includes easy to follow instructions for an exact fit. Makes a perfect corporate or special occasion gift! Available at Liles Clothing Studio, North Hills Shopping Center, Raleigh; visit www.lilesclothingstudio.com for prices.



Treat their taste buds to a blend of rich berries, spices and coffee beans with **Caymus Vineyards 2003 Special Selection Cabernet Sauvignon**, Napa Valley, available exclusively at The Grape, Cameron Village, Raleigh; $150 per bottle. Call 919.833.2669 for more details.

Burberry's famous **ladies quilted coat** offers her timeless style in the winter weather, while the classic unisex cashmere scarf is a holiday favorite for the man or woman on your shopping list. Available at Nowell's Clothing, Raleigh. Call 919.828.7285 for more details.

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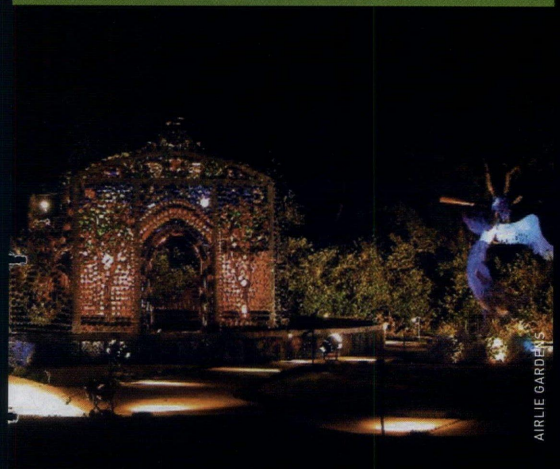
Openings

Now in it's 32nd year, Theatre in the Park will present *A Christmas Carol*, opening Dec. 5. (See Preview Holiday for more details)

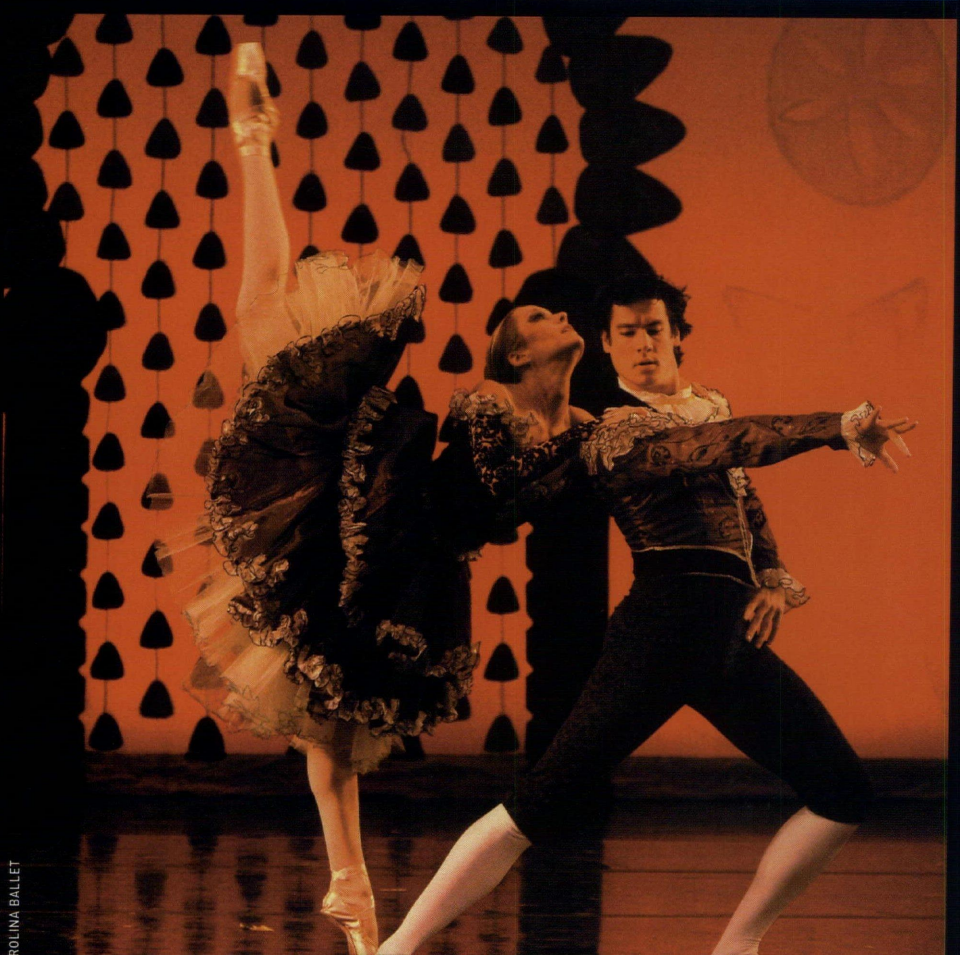
THEATRE IN THE PARK



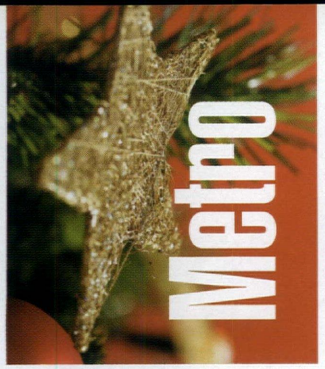
AIRLIE GARDENS

Enchanted Airlie, the illuminated wonderland at Airlie Gardens, is open every Thursday, Friday and Saturday through Dec. 23. (See Preview Holiday for more details)

Carolina Ballet will hold 18 performances of the *Nutcracker*, including the company's 100th presentation of the holiday classic on Dec. 19, during the month of December at Raleigh Memorial Auditorium. (See Preview Stage and Screen for more details)



ROLINA BALLET



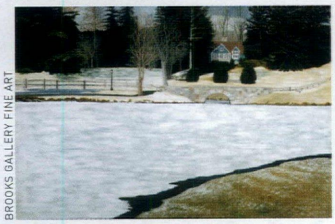
Metro Preview

by Jennifer Hadra

'TIS THE SEASON

GALLERIES

***CASTINGS FOR A CAUSE* — AN EXHIBIT TO SUPPORT THE EDUCATION OF GHANAIAN GIRLS:** Bronzes are for sale and on display with funds raised from the sale of the sculptures go to scholarships for young Ghanaian girls; Liberty Arts, 538 Foster Street, Durham; Thru Dec. 22. Contact 919-682-2673 or www.libertyartscasting.org.

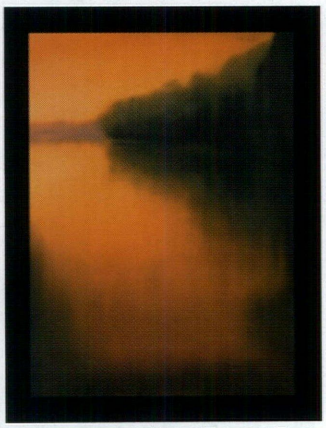


BROOKS GALLERY FINE ART

Appalachian Resort, oil on canvas, 49 x 31, is one of the featured pieces at Brooks Gallery Fine Art this month.

MICHAEL LECHER GALLERY HOLIDAY ART SHOW: Featuring paintings, pottery, sculpture and more by local artists; Michael LeCher Gallery, Cary; Thru Dec 31. Contact 919-481-2939.

SEASONS: Works by Bonnie Brooks at Brooks Art Gallery; Raleigh; Thru Dec. 31. Contact 919-278-6507 or www.brooksgallery.com.



Melissa Bonin's *Water Takes a Turn*, oil, 30 x 40, is one of the pieces available for purchase at Vision Gallery this month.

HOLIDAY ART: Recent works from selected gallery artists; Vision Gallery, Atlantic Beach; Contact 252-247-5550.

ANNUAL HOLIDAY EXHIBITION FEATURING WORKS BY ALL THE ARTISTS OF TYNDALL GALLERIES: Tyndall Galleries at University Mall, Chapel Hill; Thru Jan. 6. Contact 919-942-2290 or www.tyndallgalleries.com.

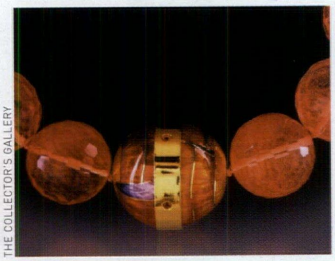
TYNDALL GALLERIES

Serenade, 40 x 40, oil on canvas by *Metro's* own Louis St. Lewis is one of the featured works in Tyndall Galleries' Holiday Exhibition.

FINDING THE ETHEREAL IN THE REAL: Photography including abstractions, architecture, historical, landscapes, nature, people, the surreal and water; Points of View Gallery, Raleigh; Thru Jan. 14. Call 919-829-1000 or online at www.povgallery.com.

***WORKS BY JODY WRIGHT*:** December featured artist featuring portraits of companion animals as interpreted by Wright; Artsource Fine Art Gallery at Five Points, Raleigh; Dec. 1-30. Contact 919-787-9533 or www.artsource-raleigh.com.

HOLIDAY EXHIBITION AT THE COLLECTORS GALLERY: Featuring new works by artists represented by the gallery including paintings, sculpture, glass, pottery and jewelry; The Collectors Gallery, Raleigh; Dec. 1-31 (Men's Night Out Dec. 6). Contact 919-828-6500 or www.thecollectorsgallery.com.



THE COLLECTOR'S GALLERY

Custom designed, hand-enameled jewelry in 18K gold by Sydney Scherr will be available for purchase at The Collector's Gallery this month.

THE POTTER'S HAND AUCTION: Over 200 pieces of pottery including North Carolina Pottery and treasures from around the world will be auctioned in a live and silent auction; River of Life Church, Raleigh; Dec. 9. Contact 919-781-8731 or www.riverisflowing.com.

8TH ANNUAL OPEN STUDIO — EMILY EVE WEINSTEIN: Magic Places to Saving Magic Places; 8 Blue Bottle Lane, Durham; Dec. 9-10 & 16-17. Call 919-402-0160 or www.weinsteinart.com.

EVENTS AT THE DURHAM ARTS COUNCIL: Durham Arts Council, Durham; Contact 919-560-2787 or visit online at www.durhamarts.org.

- **TRAVELOGUE — ONE ARTIST'S JOURNEY:** Assemblages by Lisa Nostrand; Allenton Gallery; Dec. 17- Feb. 11 (Opening Reception Jan. 12).
- **NURTURED GROUND:** Paintings by Lauren Scharling; Semans Gallery; Dec. 17- Feb. 11 (Opening Reception Jan. 12).

EVENTS AT ARTSPACE: Raleigh; Call 919-821-2787 or online at www.artspacenc.org.

- **FINE CONTEMPORARY CRAFTS:** Gallery 1; Thru Jan. 13.
- **SETH ROUSER, RACHEL SAWAN WHITE, & MICHAEL WILLE — *REVEAL/CONCEAL*:** Gallery 2; Thru Jan. 27.
- **TRICIA MCKELLAR — *DIGITAL SHIBORI, PATTERN & STITCH*:** Upfront Gallery; Dec. 1-30.
- **MARRIOTT PROCTER LITTLE — *FAIR VIEW, MY GARDEN ABSTRACT*:** Lobby; Thru Dec. 30.
- **ARTSPACE HOLIDAY HALLWAY EXHIBITION:** Hallways and studios will be filled with most recent works and unique holiday gifts; Thru Jan. 17.

CLASSICAL

CRAVEN COMMUNITY COLLEGE CHORUS CHRISTMAS CONCERT *VOICE OF THE WORLD*: Featuring Holiday Music from around the world; New Bern; Dec. 2 & 3. Contact 252-635-6810.

***HANDEL'S MESSIAH*:** This is New Bern's 24th performance of *Handel's Messiah*, conducted by James Ogle with members of the NC Symphony and featuring local choral directors; Centenary United Methodist Church; New Bern; Dec. 3. Call 866-292-4192.

CAPITAL CITY GIRLS CHOIR CHRISTMAS CONCERT: Jones Auditorium at Meredith College, Raleigh; Dec. 9. Contact www.meredith.edu/calendar.

THE CIOMPI QUARTET WITH JANE HAWKINS — CONCERT IN MEMORY OF NC COMPOSER ROGER HANNAY: A *Sights & Sounds on Sundays* series event presented by The Raleigh Chamber Music Guild and the NC Museum of Art; NC Museum of Art, Raleigh; Dec. 10. Call 919-715-5923 or 919-821-2030.

NORTH CAROLINA MASTER CHORALE PRESENTS *JOY OF THE SEASON*: Meymandi Concert Hall at Progress Energy Center for the Performing Arts, Raleigh; Dec. 9. Contact 919-856-9700.

THE 37TH ANNUAL RALEIGH BOYCHOIR CAROLS OF CHRISTMAS: Edenton Street United Methodist Church, Raleigh; Dec. 19. Contact 919-881-9259 or www.raleighboychoir.org.

EVENTS AT DUKE UNIVERSITY DEPARTMENT OF MUSIC: Duke University, Dur-

ham; Call 919-660-3300 or www.music.duke.edu.

- **DUKE CHORALE:** Admission cost is one non-perishable food item for needy families in Durham; Duke Chapel; Dec. 5.
- **DUKE SYMPHONY ORCHESTRA:** Baldwin Auditorium; Dec. 6.
- **DUMIC EVENT — THE FOUR VOICES OF THE STRING QUARTET W/ THE CIOMPI QUARTET:** Perkins Library Rare Book Room; Dec. 8.

POP MUSIC

DUKE JAZZ ENSEMBLE: With Guest Artist Louie Bellson; Baldwin Auditorium at Duke University, Durham; Dec. 8. Call 919-660-3301 or www.music.duke.edu.

NORTH CAROLINA SYMPHONY HOLIDAYS POPS CONCERT: This event is geared toward families so bring the kids, beginning at 7 p.m., the Orchestra will perform favorite Christmas selections; New Bern; Dec. 14. Contact 877-627-6724 or www.ncsymphony.org.

THE RALEIGH RINGERS PRESENT ANNUAL HOLIDAY CONCERTS: The internationally-acclaimed handbell ensemble performs their 17th Annual Holiday Concert; Meymandi Concert Hall at the Progress Energy Center for the Performing Arts, Raleigh; Dec. 16-17. Contact 919-834-4000 or www.rr.org.

THE AVETT BROTHERS: Lincoln Theatre, Raleigh; Dec. 29. Contact www.ramseurrecords.net.

EVENTS AT THE ARTSCENTER: Carrboro; Contact 919-929-2787 or www.artscenterlive.org.

- **LURA:** Part of the 5th Annual World Arts Festival's Island music and culture focus; Dec. 2.
- **KELLY WILLIS & BRUCE ROBISON WITH SETH WALKER:** Dec. 15.
- **ROCK FOR REPRODUCTIVE RIGHTS FEATURING KATHERINE WHALEN AND MAMADOU DIABATE ENSEMBLE:** Dec. 16.

STAGE & SCREEN

LONG LEAF OPERA PRESENTS *AMAHL AND THE NIGHT VISITORS*: Durham Arts Council, Durham; Dec. 1 & 2; and East Chapel Hill High School, Chapel Hill; Dec. 8-9. Contact 919-843-3333 or www.carolinaperformingarts.org.

NEW BERN THEATRE PRESENTS *AMAHL AND THE NIGHT VISITORS*: A short Christmas opera written in English by Gian Carlo Menotti; New Bern Civic Theatre, New Bern; Dec. 7-10. Contact 252-633-0567 or www.newberncivictheatre.org.

ACTORS COMEDY LAB PRESENTS *JACOB MARLEY'S CHRISTMAS CAROL:* Main Stage at Thompson Theatre at NCSU, Raleigh; Dec. 3, 10 & 17. Contact 919-515-1100.

A PETER WHITE CHRISTMAS: It's a triple treat of contemporary jazz greats; Carolina Theatre, Durham; Dec. 4. Contact 919-560-3030 or www.carolinatheatre.org.

PLAYMAKERS REPERTORY COMPANY PRESENTS *MITCH ALBOM'S TUESDAYS WITH MORRIE*: Paul Green Theatre at the Center for Dramatic Art, UNC-Chapel Hill; Thru Dec. 10. Contact 919-962-PLAY or www.playmakersrep.org.

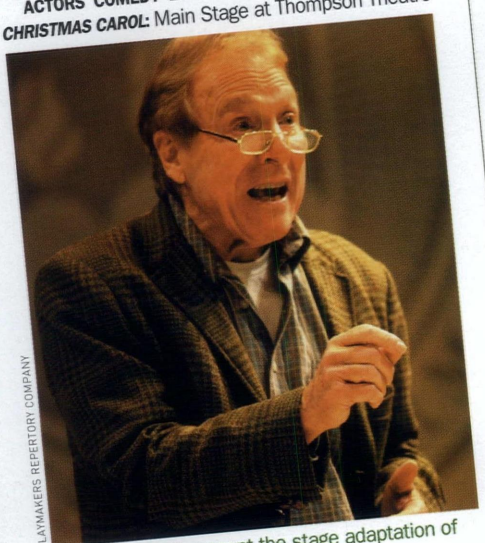
CAROLINA BALLET PRESENTS THE COMPANY'S SIXTH ANNUAL PRODUCTION OF *NUTCRACKER*: Memorial Auditorium at the Progress Energy Center for the Performing Arts, Raleigh; Dec. 15-17 & 19-23. Contact 919-719-0900 or 919-834-4000.

EVENTS AT THE ARTSCENTER: Carrboro; Contact 919-929-2787 or www.artscenterlive.org.

- **RHYTHM IN TIME — A TAP DANCE CONCERT:** Footnotes Tap Ensemble joins with the North Carolina Youth Tap Ensemble, a portion of the proceeds will be donated to the Student Health Alliance Coalition; Dec 10.
- **AIR BORNE DANCE THEATER WITH GUEST ARTIST KAROLA LÜTTRINGHAUS:** An aerial dance performance including dancers with and without disabilities, challenging audiences to reevaluate their assumptions about disabilities and limitations; Dec. 17.

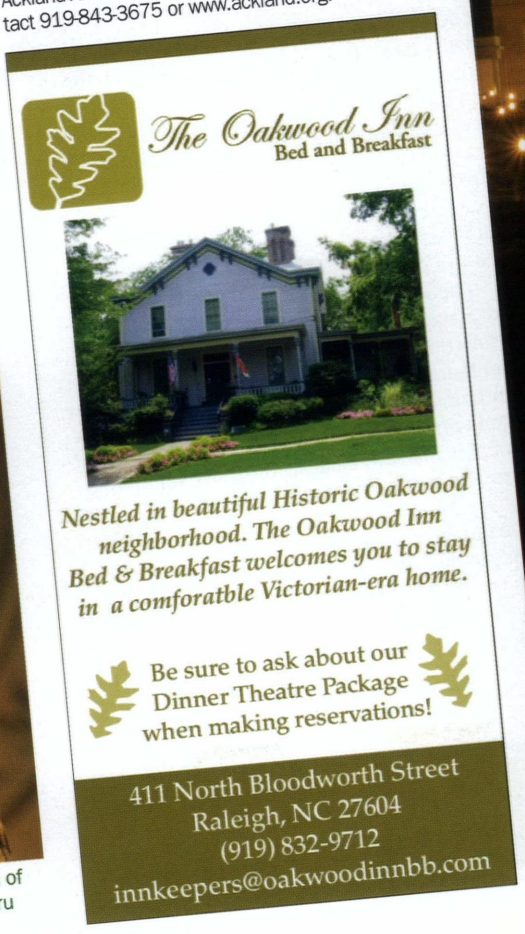
MUSEUMS

DEPTH OF FIELD — *EXPANDING PERSPECTIVES IN 20TH CENTURY AND CONTEMPORARY PHOTOGRAPHY*: Exhibition examines the work of eight American photographers who made important contributions to the art of photography in the middle years of the 20th century; Ackland Art Museum, Chapel Hill; Thru Dec. 31. Contact 919-843-3675 or www.ackland.org.



PLAYMAKERS REPERTORY COMPANY

Playmakers will present the stage adaptation of Mitch Albom's book *Tuesdays with Morrie* thru Dec. 10.



BETWEEN PAST AND FUTURE — NEW PHOTOGRAPHY AND VIDEO FROM CHINA: Photo and video art from China produced since the mid-1990s; Nasher Museum of Art at Duke University, Durham; Thru Feb. 18. Contact www.nasher.duke.edu.

SOLO EXHIBITION OF WORK BY EMILY MILLS REED: Presented by the Preservation Society of Chapel Hill; Horace Williams House, Chapel Hill; Dec. 3-22 (Opening Reception Dec. 3). Contact 919-942-7818 or www.chapelhillpreservation.com.

JUDAIC ART SURPRISES AND INFORMS

MUSEUMS SHOULD ALWAYS SURPRISE. And one of the most pleasant surprises for the visitor to the North Carolina Museum of Art is the small gallery devoted to Jewish ceremonial art. Who would expect the art museum of a state with a small Jewish population to have such a treasure? And who would guess that we are only one of two art museums in the nation with a permanent display of Judaica? Like so many good things, the Judaic Art Gallery is solely one man's vision.

Dr. Abram Kanof retired to Raleigh in the late 1960s after a distinguished career as a physician and professor in New York. Retirement, however, was not his plan. Instead, he traded one vocation for another. Long a student of Jewish art and symbolism, he devoted the final third of his life to the creation of a collection of Judaica at the art museum of his adopted state. His stated intention was to illuminate through works of art the religious and cultural experience of the Jewish people for the benefit of Jews and non-Jews alike. For Kanof, art offered more than aesthetic pleasure. It gave opportunity for understanding.

The Judaic Art Gallery opened in 1983, winning an immediate following throughout the state — with Kanof ever on-call as a tour guide for school and adult groups. (He once told me that he especially enjoyed church groups because they knew their Bible.) The collection he created covers the full range of Jewish religious observance, from ornaments for the synagogue and home to objects special to the holy days or associated with the life cycle: birth, marriage and death. The collection highlights the artistic diversity of the Jewish Diaspora with objects from communities in North America, Europe, the Middle East and Asia. Contemporary design is also well-represented.

Since Kanof's death in 1999, his legacy has continued in the work of the Friends of the Judaic Art Gallery, a statewide volunteer group affiliated with the Museum and dedicated to supporting the Gallery with funds for new acquisitions and educational programs. Thanks to the work of the Friends, the Museum has been able to add a number of exceptional new pieces to the collection.

Among the most important recent acquisitions is a large standing Hanukkah lamp in the form of the menorah, the seven-branched lamp stand of the ancient Temple in Jerusalem. (Here two additional branches have been added for the eight candles, plus a server light required for Hanukkah.) Marvelously wrought in chased and filigreed silver — the specialty of Yemenite craftsmen — this lamp is one of the masterpieces of Jerusalem's Bezalel Workshop. Dating from about 1930, this lamp asserts Jewish national aspirations by adopting a self-consciously "Hebrew Style," founded on the romantic belief that the art traditions of the Palestinian Arabs and Jews closely approximated the art of the ancient Jewish people.

Equally opulent and even more exotic is a beautifully worked silver Torah case created in 1888 for the principal synagogue of Baghdadi Jews in Bombay (now Mumbai), India. Such cases were intended to enshrine the sacred scroll of Torah, the first five books of the Hebrew Bible (the Old Testament) and the central text of Judaism. The case is exceptionally rare, made in China and combining Chinese decorative motifs with the traditional domed cylinder form associated with Torah cases of Iraqi origin. The gilt finials topped by "British crowns" were probably made in India. Thus, three widely separate and diverse cultures are brought together in one magnificent object.

Honoring Kanof's interest in contemporary design, the Museum recently commissioned the Israeli artist Moshe Zabari to design a Torah shield and pointer to complement Zabari's stunning Torah crown already in the Museum's collection. The crown of looping silver and pendant pearls was designed in 1959 and inspired by the early space race. Continuing the cosmic theme, Zabari notes that the design of the shield was "based on the Hebrew letter ש (shin), for God's name, thus emphasizing the fact that God controls the universe."

The Hanukkah lamp, Torah case and Zabari's Torah ensemble are all prominently featured in the new installation of the Judaic Art Gallery. Enriched by new acquisitions, the Gallery continues to offer visitors objects of wonder and celebration — and surprise.

John W. Coffey
Deputy Director for Art
Curator of American and Modern Art
North Carolina Museum of Art

EVENTS AT THE CAMERON ART MUSEUM: Wilmington; Contact 910-395-5999 or online at www.cameronartmuseum.com.

- **WEAVE!:** Traditional weaving materials and techniques are examined alongside new mediums and forms by contemporary installation artists; Thru Jan. 8.
- **TRANSFORMATION: CHEROKEE BASKETS OF THE 20TH CENTURY:** Thru Jan. 8.
- **PRINTED IN BEAUTY:** Major exhibition of over 200 individual prints includes a wide variety of techniques and artists including works by nationally and internationally recognized artists; Thru April 1.

NORMAN ROCKWELL'S TOM SAWYER AND HUCKLEBERRY FINN: Sixteen lithographs and collotypes on loan from the Norman Rockwell Museum in Massachusetts; Greenville Museum of Art, Greenville; Dec. 7-Feb. 25. Contact 252-758-1946 or www.gmoa.org.

HISTORIC EDENTON

Edenton will showcase its small-town charm with festively decorated homes in the Christmas Candlelight Tour weekend, Dec. 8-9.

EVENTS AT THE NORTH CAROLINA MUSEUM OF ART: Raleigh; Contact 919-664-6772 or www.ncartmuseum.org.

- **FRENCH SCULPTURE FROM THE COLLECTION OF LYNNE & MARK HAMMERSCHLAG:** Ongoing.
- **REVOLUTION IN PAINT:** Exhibition explores the innovations of the impressionists; Thru Feb. 11.
- **MONET IN NORMANDY:** Showcases 50 paintings by impressionist Claude Monet; Thru Jan. 14.
- **CONTEMPORARY NORTH CAROLINA PHOTOGRAPHY FROM THE MUSEUM'S COLLECTION:** Thru Feb. 11.
- **RALEIGH FLUTE CHOIR HOLIDAY CONCERT:** Museum Auditorium; Dec. 17.

EVENTS AT THE NC MUSEUM OF HISTORY: Raleigh; Contact 919-807-7900 or www.ncmuseumofhistory.org.

- **WRITER'S BLOCK — *ON EARTH'S FURROWED BROW*:** Through images and oral history, photographer Tim Barnwell will highlight the people and natural beauty of North Carolina's mountains; Dec. 2.
- **CAPITOL TREE LIGHTING:** Bring the family to see the ceremonial tree lighting; Dec. 5.
- **MUSIC OF THE CAROLINAS — *A VICTORIAN CHRISTMAS*:** Enjoy holiday music in the Victorian tradition with Suzanne Jaroszynski and Jim Hale in a concert cosponsored by Pinecone; Dec. 10.
- **HISTORY À LA CARTE — *RALEIGH'S PREMIER DRESSMAKER*:** Ralph Campbell Jr., former state auditor, relates the stories of his grandmother Willie Otey Kay; Dec. 13.
- **FIRST NIGHT RALEIGH 2007:** The Museum of History will be the heart of the children's celebration (3-6 p.m.); Dec. 31. Contact Artsplosure at 919-990-1158 or www.artsplosure.org.
- **THE COLUMBUS CODE:** Thru Jan. 7.

EVENTS AT THE NORTH CAROLINA MUSEUM OF LIFE AND SCIENCE: Durham; Contact 919-220-5429 or www.lifeandscience.org.

- **HOLIDAY SPRINGS & SPROCKETS:** With Steve Gerberich presenting five large-scale holiday-themed sculptures; Thru Jan. 7.
- **29TH ANNUAL SANTA TRAIN:** Thru Dec. 25.
- **EXPLORE THE WILD:** A six-acre interactive science park to explore wildlife and wetlands and experience the adventurous world of wildlife biologists; Ongoing.

HOLIDAY EVENTS

ENCHANTED AIRLIE: Thirty acres of Airlie Gardens decorated with holiday lights, live entertainment, refreshments and holiday gifts; Airlie Gardens, Wilmington; Each Thursday, Friday and Saturday Thru Dec. 23. Contact 910-798-7700 or www.airliegardens.org.

THE SANTA HOUSE: Visit Santa at the Santa House located across the street from The Chelsea Restaurant; New Bern; Thru Dec. 24. Contact 252-637-9400 or www.visitnewbern.com.

NEW BERN CHRISTMAS PARADE: Historic Downtown New Bern; Dec. 2. Call 252-636-0303.

22ND ANNUAL COASTAL CHRISTMAS FLOTILLA: Watch beautifully decorated boats parade down river and compete for prizes with music by the 2D Marine Aircraft Wing Band; New Bern; Dec. 2. Contact 252-639-2902.

9TH ANNUAL TWELVE DAYS OF CHRISTMAS: The Carolina Inn will be festively adorned for the holidays with decorations based on the traditional song *The Twelve Days of Christmas*; Dec. 3- Jan. 6. Contact 919-913-1010 or www.carolinainn.com.

A CHRISTMAS CAROL: 32nd annual production of Ira David Wood III's adaptation of Charles Dickens' holiday classic; Theatre in the Park, Raleigh; Dec. 5-13. Call 919-831-6936 or www.theatreinthepark.com.

CHRISTMAS WITH BARBARA MARTIN & MAC WALTER: Special Sounds of the season with a touch of blues and jazz; Film Theatre at Roanoke Island Festival Park, Manteo; Dec. 7. Contact 252-475-1500 or www.roanokeisland.com.

CAROLING ON THE GREEN: 1767 Chowan County Green, Historic Edenton State Historic Site; Dec. 8. Call 252-482-2637.

CONFECTION PERFECTION: Chowan Arts Council, Edenton; Dec. 8-9. Call 252-482-8005.

HISTORIC EDENTON CHRISTMAS CANDLELIGHT TOUR WEEKEND: Private homes decorated for the season sponsored by the Edenton Historical Commission; headquarters located at The Barker House, Edenton; Dec. 8-9. Contact 1-800-775-0111 or www.visitedention.com

THE BLUEGRASS FAMILY CHRISTMAS SHOW: Featuring Cherryholmes and The Lovell Sisters Band offer a thrilling blend of bluegrass-tinted holiday favorites, original songs and bluegrass classics; Meymandi Concert Hall at the Progress Energy Center for the performing Arts, Raleigh; Dec. 8. Contact 919-664-8302 or www.ticketmaster.com.

DOWNTOWN WASHINGTON ON THE WATERFRONT PRESENTS 4TH ANNUAL CHRISTMAS FLOTILLA: Proceeds benefit Patrick Cochran Memorial Skate Park; Waterfront at Stewart Parkway, Washington; Dec. 8. Contact 252-946-3969.

MORDECAI HOLIDAY EVENT: Events include an Open House, Lantern Tours and the Holiday Lights Trolley; Mordecai Historic Park, Raleigh; Dec. 9. Contact 919-831-6640 or www.parks.raleighnc.gov.

EDENTON — CHOWAN CHRISTMAS PARADE: Edenton; 11 a.m. North and South Broad Streets; Dec. 9. Call 252-482-3400.

TOWN OF MANTEO CHRISTMAS PARADE: Downtown Manteo; 11 a.m., Dec. 9. Contact 252-473-2133.

HOLIDAY TOUR OF HOMES: Tour of historic Manteo including homes, the Elizabethan Gardens and The Island Farm; Historic Manteo; Dec. 10. Contact 252-473-5548.

TRYON PALACE

Visitors can enjoy the beautiful lights and fireworks at the Tryon Palace Christmas Candlelight tour on Dec. 9 & 16.

ISLAND OF LIGHTS NEW YEAR'S EVE COUNTDOWN PARTY/FIREWORKS: Family fun event features fireworks, music and a New Year's Eve countdown with the lowering of a giant lighted beach ball; Boardwalk, Carolina Beach; Dec. 31. Contact 1-800-351-5102 or www.carolinabeachgetaway.com.

EVENTS AT TRYON PALACE HISTORIC SITES & GARDENS: New Bern; Contact 1-800-767-1560 or www.tryonpalace.org.

- **CENTURIES OF CELEBRATIONS AT TRYON PALACE:** Daily tours and festivities are accented by holiday decorations in the palace and four historic homes; Tryon Palace, New Bern; Dec. 1-31.
- ***DICKENS IN AMERICA:*** Historic holiday fun for the entire family; Dec. 2
- **HOLIDAY GARDEN WALKING TOUR:** Enjoy a guided tour of the exterior decorations and historic homes lead by gardener Eva O'Steen; Dec. 9.
- **CHRISTMAS CANDLELIGHT TOUR & FIREWORKS:** Dec. 9 & 16.
- **JONKONNU:** Costumed singers, dancers and musicians re-create Jonkonnu, a west African, Caribbean Yuletide tradition; Dec. 9 & 16.

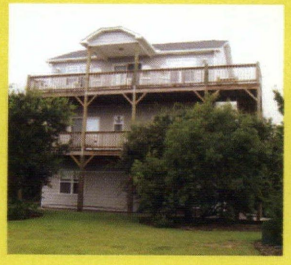
THE PRESERVATION SOCIETY OF CHAPEL HILL PRESENTS THE 2006 HOLIDAY HOUSE TOUR: "A Stroll Through History" featuring East Rosemary, North Streets and Tenney Circle; Horace Williams House, Chapel Hill; Dec. 9-10. Contact 919-942-7818 or www.chapelhillpreservation.com.

EVENTS AT THE GREENVILLE MUSEUM OF ART: Greenville; Contact 252-758-1946 or www.gmoa.org.

- **COCKTAILS FOR A CLAUS:** Party with carolers from Greenville Choral Society, hors d'oeuvres and holiday libations; Dec. 15.
- **BREAKFAST WITH SANTA:** Kids of all ages are welcome to join Santa for breakfast, crafts and a photo op; Dec. 16.

Our thanks to Cyndi Harris and Mary Younger for their assistance with MetroPreview.

EDITOR'S NOTE: *Please send events info and color images, slides or photos 6 weeks before publication date. Send to Jennifer Hadra,* Metro Magazine, *1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: jennifer@metromagazine.net.*



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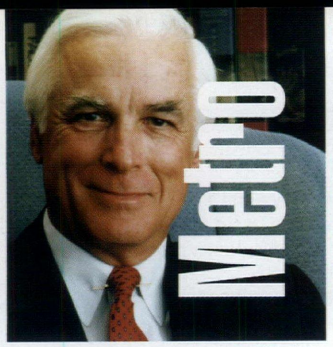


Editor-at-Large

by Jim Leutze

TROUBLED WATERS

My intent had been to profile two approaches to aquaculture this month, but several developments have prompted me to postpone that until the next issue.

The current issue of *Science Magazine* carries a disturbing article regarding the world's fish stocks. A four-year study of catch data shows that almost a third of fish stocks were 90 percent below the maximum historical catch level. The ecologists and economists who conducted the research predicted that unless things changed dramatically by the mid-2000s, we would reach "the end of the line" as far as fish stocks. Not only would this be devastating for the 200 million people worldwide, who depend on seafood for their income, but it also would have dire consequences for the one billion people who depend on fish as a primary food source. And finally, the impact on salt water ecosystems would be unpredictable but serious. Cited as an example was the fact that in the 1880s there were enough oysters in the Chesapeake Bay to filter the Bay's water in three days; today, because of the decline in oyster populations, it would take more than a year. When you lose one species in an ecosystem, the consequences reverberate up and down the food chain.

Some think that this report may be unnecessarily gloomy, that the United States, New Zealand and some other developed countries are already doing things to mitigate the declines, but no one is saying the situation is good, or even sustainable, without significant changes in the amount of fish we are taking. This summer the Lenfest Ocean Program suggested that there had been little change in the last 10 years — stocks continued to decline with little hope for improvement without "congressional action and stronger enforcement."

Hmm — "stronger enforcement." The bedrock of national enforcement is the Magnuson-Stevens Act, first passed in 1976, which established fishery councils along our coasts to set rules and regulations. The intent of the act is to use these councils to manage fishery resources and fishing activities in federal waters, which extend from the edge of state waters out 200 miles. The primary goal of the Act was to conserve and manage the US fishery resources while at the same time limiting foreign fishing within the 200-mile zone off the US coast. This latter aspect of the program has worked extremely well and we have seen a decline from 1977 — when the foreign percentage of total catch was 71 percent — to 1992 when it was nearly zero.

The goal of protecting and rebuilding fish stocks has been much less successful. Only in our region, the Southeastern Atlantic, has there been any progress at all

In order to meet their goal of protecting and rebuilding our fish stocks, the regional councils are charged with allocating the resources among users who are often in competition. Those users are not only the commercial and recreational fishermen, but also the various states that jealously safeguard their rights and are quick to take offense if they think another state is getting an advantageous ruling. By virtually any objective analysis, the councils are doing a good job and have undoubtedly slowed the overall decline. To be sure, their data is sometimes not as complete or accurate as it could be, and there is much argument surrounding the accuracy of the models they use when making rules or predictions. One can always argue with data one doesn't like.

The real issue, however, is that Magnuson-Stevens is all we've got standing between us and rampant exploitation of this vital resource detailed in the *Science* article. Its re-authorization is hung up in Congress. Hearings have been going on since 2001 and there certainly are many thorny issues to be debated, but it is now 2006 and well past time to move forward. The current House proposal would actually weaken the rebuilding efforts. Let's hope that the new House is more visionary.

Two other interesting developments that have long-range consequences have just surfaced here in Southeastern North Carolina. In North Topsail Beach, voters soundly defeated a $3.4 million beach renourishment bond. The vote wasn't even close — 277 to 73. The bond issue, had it passed, was slated to pay 80 percent of the cost for pumping sand onto the 11-mile stretch of beach. Homeowners said that was "just too much money." What this means is that there is no money and no plan for protecting homes on eroding beaches. One of the supporters of renourishment said this clearly indicates that "people don't want to spend their tax dollars for sand." Understandable, but what's the alternative? The Feds aren't enthusiastic about the prospect either, and if local folks don't want to pay, what is the chance that other North Carolinians will?

The other issue was the announcement that New Hanover County and Carolina Beach were considering putting up $781,000 to dredge Carolina Beach Inlet. There is not enough federal money available to ensure the inlet can be kept open: Using occupancy tax dollars, the county may come to the rescue. Although not totally satisfactory, this seems to me a far more reasonable way to respond to a crisis than that taken at North Topsail; but from my view we shouldn't let the federal government off the hook. Unfortunately, the Wilmington *Star-News*, in an editorial, opposed spending occupancy tax money, saying that boaters and boat-related businesses should pay the major part of the cost.

What both of these cases show, however, is that in the face of federal cutbacks, local communities are going to have to — temporarily at least — come up with their own solutions, or not. MM

by Carroll Leggett

OVERALLS FOR OLE MAN LEGGETT

Between you and me, Virginia, I'm not sure there is a Santa Claus. If there is, why didn't I get the new tux shirt I asked for last Christmas? I made my request right here in this space. But when it came time for the fancy-dress Hope Ball last month, I had to buy a new shirt myself. I've been thinking about it, and this year I want a pair of bib overalls. But since Santa was a no-show on the tux shirt in 2005, yesterday I decided to buy myself a pair for Christmas 2006 — 36-inch waist, 29-inch inseam. That's the way they are sold. Just like gentlemen's trousers. I've checked.

I was discussing this notion over coffee at Panera Bread with my Saturday morning clique when a man younger than me wearing overalls came in with his wife and took a place in line. He had on a ball cap and flannel shirt, and he looked perfectly in character — no costuming, no affectation, no city slicker trying for a country look. The overalls were slightly worn and faded. Many washings had banished the stiffness and softened the fabric, allowing the generous fit to accommodate his somewhat portly frame without drawing undue attention to the extra pounds he was carrying. I thought about how liberating it must feel the first time you step into overalls.

The gallus crossed and intertwined intricately on his back. Obviously, the maker tolerated no short cuts in either the design or the sewing of these overalls. I had to check the brand. I took my cup over for a refill, and as I passed I peered intently — and perhaps a bit conspicuously — at the center of the gentleman's back where the gallus crossed. A discreet label read "Pointer Brand." Yes. "Pointer" overalls would be a good choice for me, although another brand might do.

I ran back by the house to check the Pointer Brand Web site. To my delight, I was greeted by a barking bird dog, the same one, I assume, that is pictured on the Pointer Brand logo. I quickly learned some subtleties about bib overalls, including the fact that the "highback" variety comes almost to the shoulders and is sewn to create "the traditional arrowhead design," while the pair I had admired boosted "suspender back straps," attached at the waist to provide "maximum movement."

I definitely concluded I wanted the "zipper pocket" feature that runs across the upper chest. The overalls farmers and others wore when I was growing up had lots of little bib pockets, including several with zippers. They kept precious things there, and removing something from one of those tidy compartments was a very conscious process, slow and deliberate — almost ceremonial. Unlike reaching in your pants pocket for keys or change, it took two hands to manipulate the zippers.

I will wear bib overalls
of faded denim
and a flannel shirt and an old suit coat
too large for me
and dress brogans
neatly laced
and a rumpled felt hat
like Dougald McRae's
with a sweat ring.
I will sit
in a straight chair
and swap stories with friends
and smile when I hear
the young folks
call me
ole man Leggett.

Most men kept their wallets in the long, zippered pocket that runs from side to side. Many had small pen knives tucked away — sometimes to cut a "chew" from the plug of Brown Mule they carried in another of the small pockets; sometimes to clean under fingernails with the smallest blade; sometimes to sharpen a pencil. There were always pencils, often the flat kind with big lead that carpenters used to mark lumber. Often there was a small pad, attached with a wire ring across the top, compliments of the fertilizer company. Keys were carried in the pants pockets — deep pockets that never gave up their contents by accident while you were working.

Besides being a repository for necessary and sometimes curious objects, the bibs served another functional purpose. Men tucked their hands between the bib and the chest to keep them warm as they sat around stoves at country stores and swapped stories. If the pace of a tale picked up substantially, a hand might come out briefly to help make a point.

It was ok to sit in conversation with thumbs tucked behind the gallus and hands gently wrapped around them. But walking about pridefully with shoulders thrown back and hands in the same position was not. That was strutting.

My stepfather was a carpenter, and his overalls of choice were the striped variety, often worn by railroad employees, and the white ones, usually identified with painters. Each Saturday, he and Mother did their weekly grocery shopping at the Piggly Wiggly a few miles away in Erwin. Saturday was Mother's day to "dress up and go to town," long a Down East tradition. She also traded next door at Joseph's Department Store where members of that local family always treated you like an old friend. I was saddened to hear recently that after decades of service to the area, Joseph's has closed — a victim of the "big box" stores.

My stepfather was perfectly happy to put on a clean pair of the white painter's overalls to go to town. Mother would insist that he "dress up." He felt he was sufficiently dressed up if he added a suit coat. It was a weekly battle, and I think he usually won.

After a minimal amount of education via the Internet, I set out to find me a pair of bib overalls, hoping I could find some "previously owned" that would immediately appear to be a part of my persona. There was one logical place to look — Goodwill.

I searched the men's section to no avail.

Finally, I asked the young fellow stocking shelves if the store had any overalls. He pointed to the far corner of the women's section. Strange, I thought, but I made my way over there and, to my amazement, found lots of overalls — all for women. There were overalls for pregnant women with cute little animals embroidered on the bib, Old Navy brand cutoffs lined with floral prints, overalls by Mickey's Company with Mickey Mouse buttons, "Carolina Blue" overalls by Carolina Colours, House of Blues overalls emblazoned with the words "In Blues We Trust," and overalls by Jordache with corduroy accents.

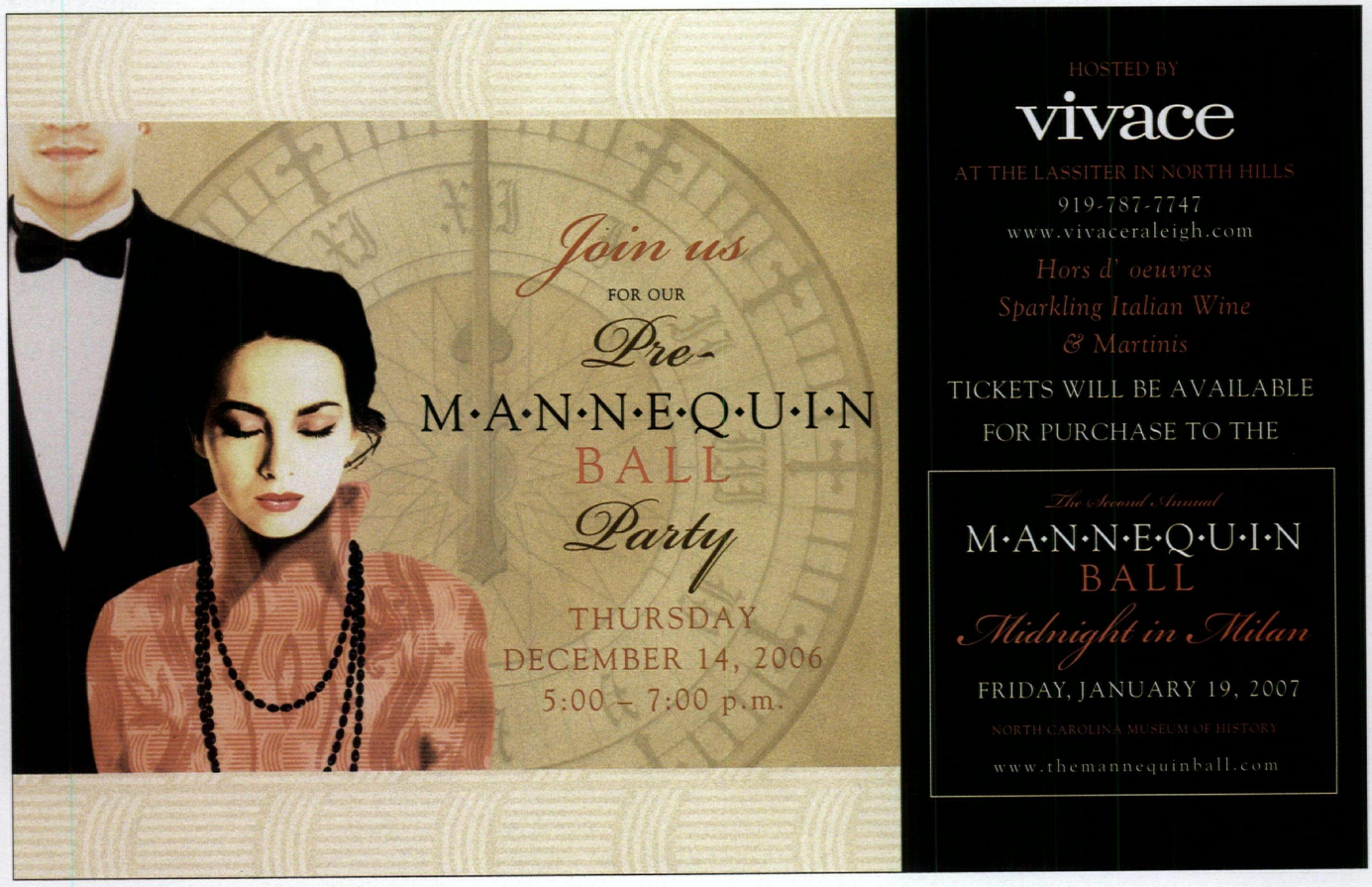
But nary a pair of overalls for men. What luck.

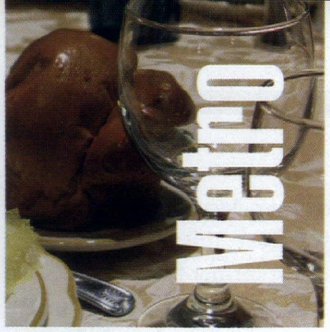
I had been told that one of the "big box" stores carried several lines, so with trepidation and against my principles, I made my way there. My source was correct. Better still, I struck up a conversation with a fellow buying overalls who was a virtual treasure trove of overall facts and lore. The big box carried a brand with little appeal — no zippers on the bib and, oh, so stiff and new looking. Wearing those, I would look like I had costumed for Farmers' Day at the county seat. My friend gave his personal testimony for Sears' brand, Craftsman overalls, and said nice things about Pointer Brand and OshKosh. His favorites clearly were the white Craftsman overalls, which he quietly noted have a zippered fly rather than buttons — a matter I had not contemplated. He recommended that I visit the nearby Tractor Supply Store that he thought had a good selection of overalls.

My friend agreed that zippered compartments are important and remind me that the old fellows used to keep their tobacco pouch and rolling paper in the bib. He wondered aloud why the hammer loop (It's always twisted, he said, so the hammer won't slip out.) and the rule pocket are always on the left leg, since most folks are right-handed. He allowed that he was buying overalls for his left-handed grandson who revels in the one thing in this world made convenient for him.

At this point my enthusiasm and energy were both waning, and I wished I had yielded to my urge to buy a pair of overalls at Martin Supply in Williamston a year or so ago. However, I did check out Tractor Supply, but it had only specialty overalls — the high-end, insulated type.

Virginia, my dear, I give up. The overalls are Santa's responsibility now. I'm not asking him for help with the hat, coat or flannel shirt. And I know just where to find the shoes. A year ago, I spotted the high-top, black dress Brogans in Goldberg's, a locally-owned store in Greenwood, MS — much like Joseph's, I just called down there — couldn't remember the name of the store, so I called the Greenwood Police Department and the gracious dispatcher gave me the name and the number. Goldberg's has them in stock. They're described as the "Men's Madison Cap-Toe Boot," and are made by the Stacy Adams company. They are just like the ones Papa wore and retail for $99.99. I can handle that. MM





Gourmet

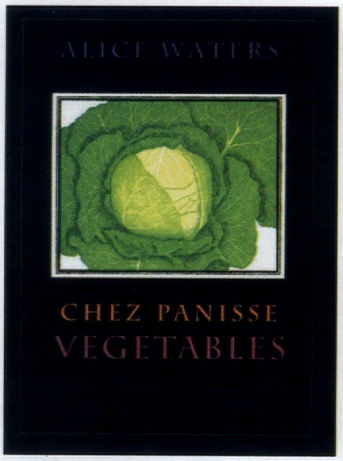
by Moreton Neal

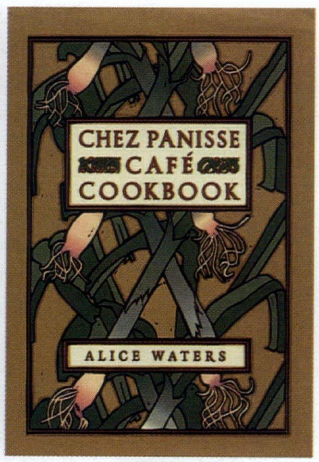
Gourmet Gifts:

A FEAST FOR YOUR BOOKSHELVES

My Christmas present arrived early this year and it was a doozy. Santa swooped me up in his sleigh (which looked amazingly similar to a Continental Airlines jet), and flew me to Napa Valley for a 10-course dégustation at the most highly touted restaurant in the Western Hemisphere, The French Laundry.

Did the Laundry live up to its reputation? I expect that serious foodies will be swept away, as we were, with a truly grand epicurean experience. The key word here is serious. Our dinner companions, Sonoma County winemakers, were disgruntled over the unexpected tab for water ("from Wales — the best in the world," according to the waiter). They were serious enough about food and wine to spend several hundred dollars on an impeccable dinner, but not quite serious enough about water to justify the $66 surcharge.



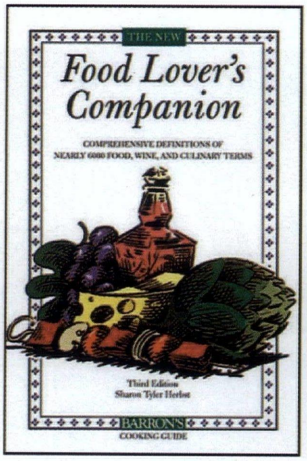


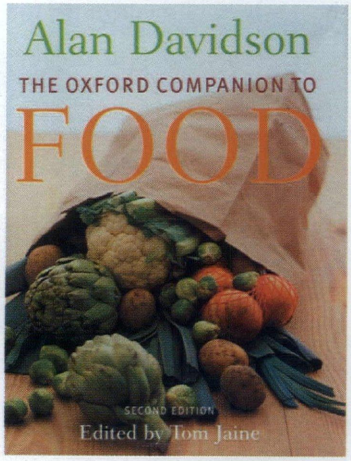
As if Thomas Keller's cooking weren't enough to keep this foodie happy until next Christmas, Santa and I also tried another top-ranked gourmet destination, Alice Waters' legendary Chez Panisse.

Both restaurants exceeded expectations. "Died and gone to heaven" was my reaction to the ethereal Laundry — one incredible dinner may satisfy me for a lifetime. On the other hand, as soon as we walked out of the dining room at Chez Panisse, I couldn't wait to get back.

Fortunately, not only can I return — vicariously, but I can share the experience through cookbooks by Waters and her former chef Paul Bertolli. There is something for everybody's taste in this seven-book series, which includes *Chez Panisse Vegetables*, *Chez Panisse Desserts* and the latest, *Chez Panisse Café Cookbook*. All reflect Waters' distinctive sensibility; they are produce-oriented, unfussy and reflect the simple elegance of her classic craftsman-style eatery.

Not many of us are able to give, or are lucky enough to receive, an extravagant gastro-tour for Christmas. But Thomas Keller's *The French Laundry Cookbook* should please the dedicated epicure on your list, whether he/she has experienced Keller's cooking personally or by word of mouth — so to speak. Like the Laundry itself, it ain't cheap. But for less than the cost of Welsh water or Keller's perfect white truffle risotto, this gorgeous coffee table cookbook will keep the lucky recipient drooling for years.



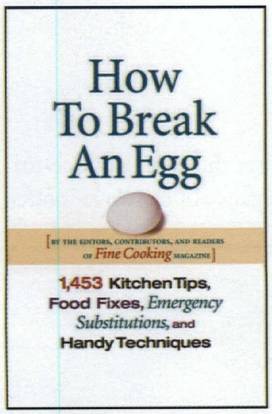


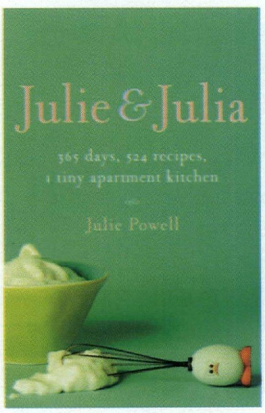
Serious connoisseurs can always use a good food dictionary. I couldn't live, much less write, without my Barron's *Food Lover's Companion* or *Larousse Gastronomique*. The English answer to Larousse, *The Oxford Companion to Food* will entertain and educate for a lifetime, as will the voluptuous two-volume *Cambridge World History of Food.*

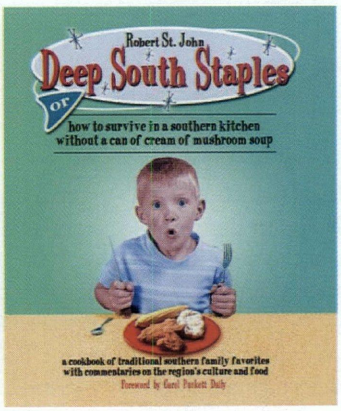
But you don't need to be a scholar to appreciate good food. "I don't want to have to get a Ph.D. to cook a meal," a hungry friend once told me. In her case, *Fine Cooking* magazine's handy *How to Break an Egg*, or Rachael Ray's *2,4,6,8* should be helpful. Both novices and experienced cooks will enjoy Bob and Melinda Blanchard's *Cook What You Love.*

Southern food lovers can have fun this season with Paula Deen (her latest is *Paula Deen Seasonings*) or with rising stars Matt and

Ted Lee (*The Lee Bros. Southern Cookbook*). Robert St. John's recipes throw in a large measure of laughter in *Deep South Staples: How to Survive in a Southern Kitchen without a Can of Cream of Mushroom Soup*.







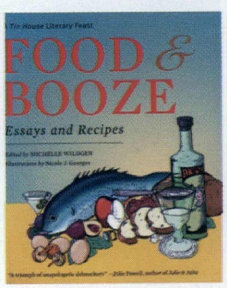
As much as I love to give and receive cookbooks, the most tempting treat in the bookstore is "food lit." Like so many others, my addiction began years ago with books by the late M.F.K. Fisher. Fisher devotees will delight in *A Stew or a Story*, the newly published compilation of her short works from *The New Yorker, Gourmet* and other magazines. One of many writers inspired by Fisher, *Gourmet* Editor Ruth Reichl devotes a chapter on her muse in *Comfort Me with Apples*. Reichl's charming books on tape are a foodie traveler's best friends. Her latest, *Garlic and Sapphires*, had me alternately laughing, crying and salivating along what used to be a long boring Interstate drive.

Food and sex always make a spicy combination. For a bit of decadent fun, try Gael Greene's *Insatiable: Tales from a Life of Delicious Excess*. According to Tim Zagat of the *Zagat Guide*, this memoir by *New York* magazine's former food editor is "an orgasmic good read." Another lusty writer, Tony Bourdain, is always good for some raunchy chuckles. His followers will delight in his latest book, *The Nasty Bits*. In *The United States of Arugula: How We Became a Gourmet Nation*, David Kamp reveals that some of our most famous chefs' passions aren't confined to vegetables.

Humor mixes well with alcohol in *Red, White and Drunk All Over: A Wine-Soaked Journey from Grape to Glass* by Natalie MacLean, and *Bacchus and Me* by novelist/ wine columnist Jay McInerney. Julie Powell mixes vodka gimlets and cooking with hilarity in *Julie and Julia: 365 Days, 524 Recipes, 1 Tiny Apartment Kitchen*.

Since food and wine are now national obsessions, it's not surprising that chefs and cookbook writers have achieved the status of movie stars. Julia Child fans will eagerly devoir her posthumous memoir, *My Life in France*. You can peak behind the kitchen doors of Thomas Keller, Bobby Flay, Rick Bayliss and other restaurant luminaries in Dawn Davis' *If You Can Stand the Heat: Tales from Chefs and Restaurateurs*. Discover that even the greatest culinary stars screw up in *Don't Try This at Home: Culinary Catastrophes from the World's Greatest Chefs*.

Like the American restaurant scene, food writing has never been better. With so many juicy enticements, it's hard to decide which books to give. But if I had to pick just one this year, it would have to be a delightful collection of essays and recipes from *Tin House* magazine's *A Readable Feast*. Its title, *Food & Booze*, says it all ... except my wish for you, *Metro* readers: Have a happy and delicious holiday season!



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NIBBLES

The hottest New Year's Eve destination in the Triangle is sure to be **Herons** in the brand new Umstead Hotel and Spa. For holiday gifts, the hotel is currently offer-

ing gift cards and overnight guest room packages including dinner and spa treatments. To learn more, visit www.theumstead.com or call 866-877-4141.

Piedmont has just opened for breakfast, lunch and dinner at 401 Foster St. in downtown Durham. Co-chefs Andy Magowan and Drew Brown marry the cooking techniques of Italy's Piedmont with the ingredients of North Carolina's Piedmont.

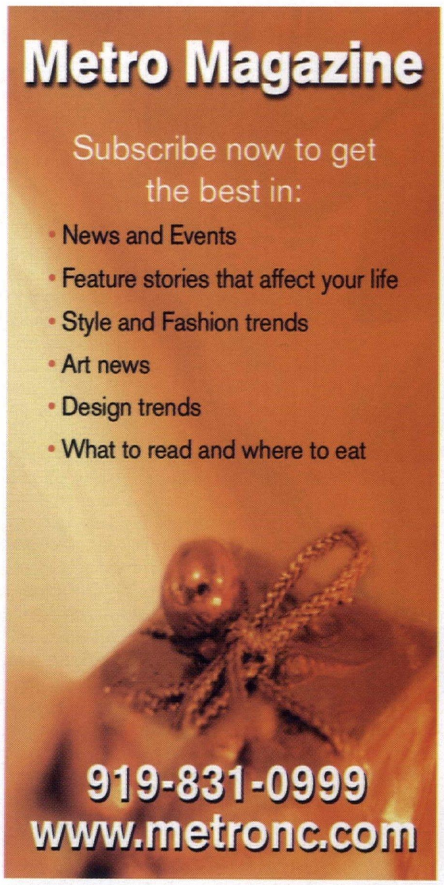
Seaboard Station is becoming a dining destination. Joining Seaboard Station, is the first German/Polish restaurant in the Triangle, **J. Betski's** at 10-120 W. Franklin St. in Raleigh.

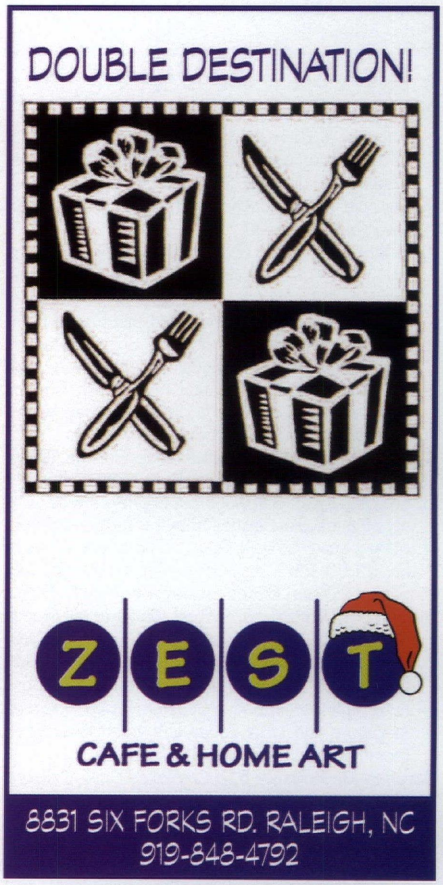
The **Franklin Hotel** should be ready for business by the time you read this column. The new downtown Chapel Hill inn has no full service restaurant, but its bar, **Robert's**, will offer light fare to accompany drinks by its cozy fireplace, and breakfast will be available at their Windows room.

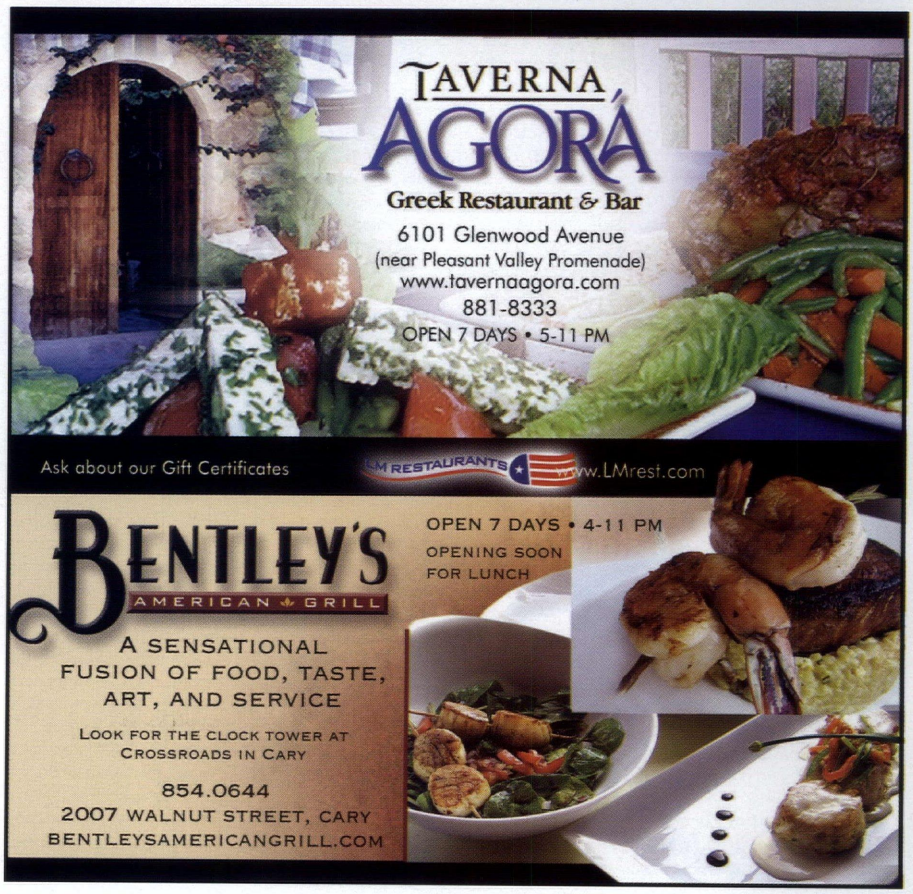
Also in Chapel Hill, two brand new eateries will open their doors in December. **Dream Catcher Café** at Timberline will serve creative French and American fare. **Boleros Café**, owned by the same folks who brought Cuban food to Wilmington, will open on the corner of East Franklin Street and Estes Drive.

The prestigious *Mobil Travel Guide* has just announced its 2007 four-star restaurants. Congratulations to **Carolina Cross-Roads** in Chapel Hill and the **Fearrington House Restaurant** in Pittsboro for maintaining their high standing in the guide once again.

Chef Dorette Snover, owner of **C'est si Bon! Cooking School** in Chapel Hill, has organized a weekend culinary extravaganza in "The Big Easy." The trip includes a guided culinary history walking tour and meals at classic New Orleans restaurants. By the time you read this, the early December jaunt may be too late for a Christmas gift, but for information about next year's gastro-tours, contact Chef Snover at dorette@cestsibon.net or (919) 942-6550. MM







Metro Magazine's Premiere

RESTAURANT GUIDE

RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh. (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Mon. through Fri. and dinner seven nights a week.

Bella Monica – 3121-103 Edwards Mill Rd., Raleigh. (919) 881-9778. A family-run trattoria with recipes handed down from our grandparents. Authentic Neapolitan entrées featuring crisp, thin crusted pizza called FlatBread, Pork Piccatta, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood wine bar with all-Italian list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. Voted "Best Italian" by AOL cityguide & citysearch.

Bistro 607 – 607 Glenwood Avenue, Raleigh. (919) 828-0840. This cozy house turned restaurant located at the top of Glenwood South offers a wide variety of immaculate dishes from this region and afar. Market fresh fish daily. Open for lunch Mon. through Fri. 11:30–2:00 pm. Dinner Mon. through Sat. 5:30–10:00 pm. Closed Sunday, www.bistro607.com.

Bloomsbury Bistro – 509 West Whitaker Mill Road, Ste 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today* and voted Best Restaurant in the 2005 MetroBravo Awards.

Carolina Ale House – 513 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. 3911 Durham-Chapel Hill Blvd, Durham. (919) 490-2001. 7981 Skyland Ridge Parkway, Raleigh. (919) 957-4200. Something for everyone - we offer our award-winning menu 7 days a week from 11am until 2am and serve up all the sports action on over 40 TVs. Daily lunch and dinner specials, the coldest $2 pints in town, 99 cent Kid's Tuesdays, we've got your family covered.

Glenwood Grill – 2603-151 Glenwood Ave., Glenwood Village Shopping. Ctr., Raleigh. (919) 782-3102. Triangle favorite for 16 years now has new look. Popular Chef John Wright returns with new tastes and new ideas. Standards, plus menu changes every few weeks. Voted No. 1 Power Lunch by *Metro* readers. Personable waitstaff. Outstanding wine list. Lunch/Dinner Mon.-Fri., Dinner Sat. Available for Private Parties on Sundays. Please call for reservations. www.glenwoodgrill.com.

The Grape at Cameron Village – 403 Daniels Street, Raleigh. (919) 833-2669. The Grape is the ultimate destination for great tasting wine and food in a relaxed, entertaining atmosphere where "Taste is All that Counts." Taste and enjoy over 120 unique wines and delicious gourmet fare in the Wine Bar before purchasing wines in the retail Wine Shop. Services include wine tastings, wine dinners, catering and live entertainment. Retail Store Hours: Mon. - Sat. 10:00 am to 9:00 pm; Sun. 12:00 pm to 6:00 pm. Wine Bar Hours: Mon. - Thurs. 11:00 am – 11:00 pm, Fri. - Sat. 11:00 am to 12:00 am, Sun. 12:00 pm to 9 pm; Sunday Brunch begins at Noon.

Jibarra Restaurant – 7420 Six Forks Road, Raleigh (919) 844-6330. The first upscale Mexican restaurant in the area featuring eclectic, flavorful dishes representative of each region of Mexico. To complement our dishes, we feature a posh Tequila Lounge offering premium cocktails made with fresh-squeezed citrus, and distinguish ourselves with a unique wine list featuring exquisite wines from Spain and Latin America. Now offering Sun. brunch and new lunch menu, www.jibarra.net.

Margaux's Restaurant – 8111 Creedmoor Road - Ste. 111, North Raleigh. (919) 846-9846. Celebrating 14 Years of Culinary Evolution ... Margaux's combine's an ever-changing menu, a flare for impeccable service and an energetic ambience with a progressive décor. One of Raleigh's landmark restaurants. www.margauxsrestaurant.com.

Nana's Chophouse – 328 West Davie Street , Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live music, and fresh seafood. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Mon.-Thurs. 5:30-10:00 pm. Fri. and Sat. 5:30-11:00 pm; late night menu until midnight. Call for reservations.

Nina's Ristorante – 8801 Leadmine Road, Raleigh. (919) 845-1122. Vibrant flowers, paintings and handcrafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan cuisine that is heavy on flavor and light on the ingredients. Hours of operation are Mon.–Sat. from 5:00-10:00 pm.

NoFo Market and Café – 2014 Fairview Road, Raleigh. (919) 821-1240. 1125 Military Cutoff Road, Wilmington. (910) 256-5565 1609 Elizabeth Ave, Charlotte. Open for brunch Sat. & Sun., lunch Mon.-Fri. and dinner Mon.-Sat. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrées. Don't miss the daily specials. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," citysearch.com.

Second Empire Restaurant and Tavern – 330 Hillsborough St., Raleigh. (919) 829-3663. Located in downtown Raleigh's historic Dodd-Hinsdale House (circa 1879), Second Empire offers two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs, enjoy a lighter fare menu and casual atmosphere. Winner of the DiRoNA Award, the AAA Four Diamond Award and the *Wine Spectator* Award. www.secondempire.com.

Sullivan's Steakhouse – 414 Glenwood Avenue, Raleigh. (919) 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played in the wood-paneled lounge seven nights a week.

Taverna Agora – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. An Absolutely Greek restaurant and bar, Taverna Agora brings all the fresh flavors of the Old Country directly to you. Our authentic menu of slow roasted meats and flavorful seafood complements the festive mood of this rustic experience. Open nightly for dinner and catering available. Love life through food- OPA!

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh. (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York-Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Winston's Grille – 6401 Falls of Neuse Road, Raleigh. (919) 790-0700. A Raleigh tradition for over 19 years. A warm, friendly atmosphere with great food and exceptional service make Winston's Grille the ideal place for any occasion. We specialize in hand cut steaks, prime rib, fresh fish, and our famous baby back ribs. Make reservations for your next business lunch or business dinner, romantic dinner, anniversary celebration, or casual get together, www.winstonsgrille.com.

Zely & Ritz – 301 Glenwood Avenue, Raleigh. (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates in an upscale, casual, yet hip and smoke-free environment. Named as one of the Top 20 Organic Restaurants in America by *Organic Style Magazine*, Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with a *Wine Spectator* Award Winning boutique wine list.

Zest Café & Home Art – 8831 Six Forks Road, Raleigh. (919) 848-4792. Located in North Raleigh, Zest has been offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio for Lunch, Tues.-Sat. 11:00am-2:45pm; Dinner, Wed.-Sat. 5:30pm-8:30pm; and Brunch, Sun. 10:00am-2:00pm. Also, enjoy our Home Art selection of fun and whimsical home accessories, furnishings and gifts.

DURHAM/APEX

Daniel's Restaurant – 1430 NC 55, Apex. (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Serving lunch Sun.- Fri.; 11am- 4pm and dinner; Sun.-Mon., 5pm until 9pm and Tues.- Sat, 5pm until 10pm. www.danielson55.net

George's Garage – 737 Ninth Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tues.-Sun., 5:30-11:00 pm and Sun. brunch 10:30 am-2:00 pm.

CHAPEL HILL/CARRBORO

Carolina CrossRoad's Restaurant & Bar – 211 Pittsboro Street, Chapel Hill. 919-918-2777. One of only two restaurants in NC to earn the coveted *Mobil Travel Guide* Four Star Rating. The historic Carolina Inn, provides the ideal environment for Chef Brian Stapleton's creative interpretations of classic Southern and American cuisine. Open daily for breakfast, lunch and dinner; 6:30am-10pm also offering a sumptuous Sunday Brunch. Voted Chapel Hill's "Best Brunch". Patio Dining, weather permitting. Complimentary Valet Parking: 6:00am-midnight, www.carolinainn.com.

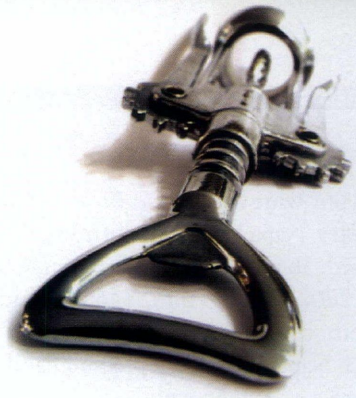
Crook's Corner – 610 West Franklin Street, Chapel Hill. (919) 929-7643. "Sacred ground of Southern foodies." —*New York Times*. "The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner." —*Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tues.-Sun. at 5:30 pm, Sun. Brunch 10:30 am-2:00 pm, www.crookscorner.com.

BEYOND THE TRIANGLE

Blue Moon Bistro – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tues.-Sat.

Cork Report

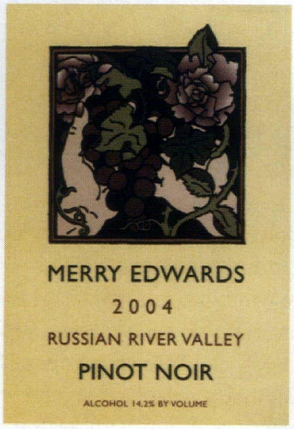
by Barbara Ensrud

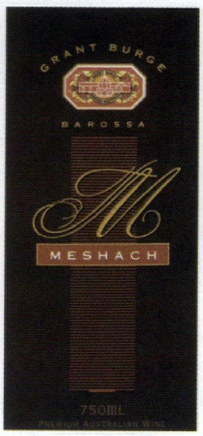


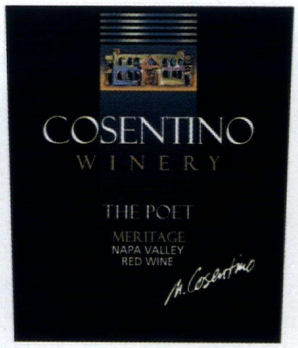
WINES FOR THE WINE LOVER

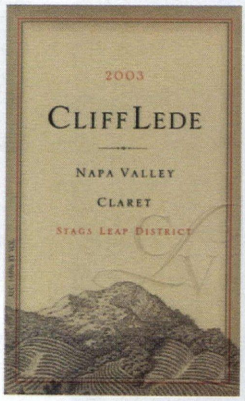
Let's splurge! Now is the moment to make a gift of wine — even to the wine lover or collector who has everything — or does (s)he? Has the wine buff in your life tasted the super Brunello from Banfi? Exciting Russian River Pinot Noir? A gutsy Shiraz from Barossa? Some dynamite Vintage Port? No risk of disappointment in these wines:

- **1998 Poggio Alla Mura from Banfi** — a reserve-style Brunello di Montalcino from Tuscany, made only in exceptional vintages. $59.
- **Hartford Court Arrendell Pinot Noir 2003**, a rich and luscious red from Sonoma's hot Russian River Valley ($65), or the formidable Pinots of Merry Edwards, especially the very drinkable 2004 Russian River Pinot, $36, with its ripe berry flavors — great with wild mushrooms or duck confit. Get a magnum for $96. Nice if there are eight at the table.
- **Grant Burge 2002 Meshach Shiraz**, $72-80. Named for Aussie winemaker Grant Burge's great-grandfather, Meshach William, the Meshach '02 is a flamboyant mingle of ripe dark-fruit flavors that fairly coat the palate. Burge's less expensive Shiraz are also knockouts.
- California Syrah: the new **Michael David Earthquake 2004 Syrah** from Lodi. Partner Michael Phillips claims, "It will rock your world!" At 15 percent alcohol, well it might. $28.
- Rather go for soft and silky? Look no further than a lovely Beaune red from Burgundy's Côte d'Or. Why do I love Beaunes? Because they give you that unique taste of *terroir* from Burgundy's royal "golden slope." The premier cru vineyards here are among the most elegant of pinot noirs, drinking well in youth but developing complex aromas and flavors with five or six years aging — give two bottles so one can await apotheosis. Can't miss with one of these.
- **Louis Jadot 2003 Clos des Ursules**, $55, **Bouchard Greves Vigne de l'Enfant Jesus or Joseph Drouhin Clos des Mouches 2003**, $75.
- **Paul Jaboulet Saint-Joseph 2003** Le Grand Poupée, $30. This terrific red, all syrah from the northern Rhône, is a must for certain holiday dinners — great for game birds (duck, goose, pheasant) or a splendid crown roast of beef or lamb.
- Meritage reds. These blends of such Bordeaux grapes as cabernet sauvignon, merlot, cabernet franc, petit verdot and malbec, are often impressive wines. Some I've recently tasted are worth a search



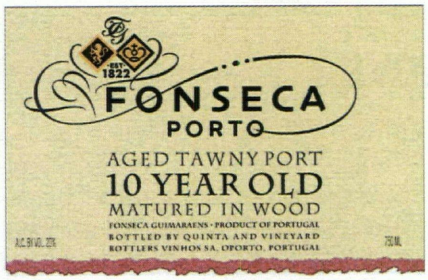






for your wine enthusiast: **Girard 2003 Artistry**, Napa Valley, $40, rich and full-bodied, 56 percent cabernet; **St. Supéry Élu 2002**, Napa Valley, $45, with its superb structure; **Cosentino "the Poet" 2003**, Napa Valley, $65, predominantly cabernet sauvignon with 26 percent cab franc that gives it nice punch. Both will improve with age, a good 10 years or more. Again, great choices for lamb and beef, roasted or grilled.

- Claret. Among my favorite reds because the good ones have structure but are usually ready to drink. Claret is the British term for red Bordeaux. American clarets are Bordeaux-style blends, supple and drinkable now. Two really fine ones: **Cliff Lede 2003**, $27; **Murphy-Goode Wild Card Claret 2002**, $20. I also liked the somewhat lighter **Francis Coppola Claret**, $16.
- **Vintage Port 2000**. Some Ports may be better than others and certainly stylistically different, but there's no such thing as bad Vintage Port. Representing only 2 percent of Port production (the top wines of an exceptional vintage) all the leading Port houses — Dow, Fonseca, Graham, Quinta de Roriz, Taylor, Warre and others — produce bold, rich and



spicy wines, worth the wait (must age a minimum of 10 years!). One of the youngest Port houses is **Churchill's**, founded in 1981 and a century or so younger than the more venerable names. The 2000 is their first vintage of estate-grown wines, and a handsome entry into Port's illustrious ranks. VP 2000 goes for $60-90 a bottle.

- If your wine lover just can't wait a decade, consider a wood port-aged in wood and ready to drink when you buy it — such as a Ten Year Old Tawny — or even a Twenty Year Old, $30-60.

CHAMPAGNE

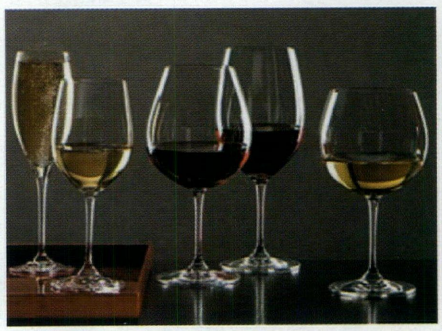
You undoubtedly have your favorites — if not, catch one of the seasonal bubbly tastings at Triangle wine shops to help you decide. Champagne and sparkling wines come in a broad range of prices, from eight bucks for the nifty **Cristalino** from Spain to the prestige cuvées such as **Dom Pérignon**, **La Grande Dame**, **Fleur de Champagne**, **Cuvée Sir Winston Churchill**, $110 to $200 a bottle. On the home stage, my first pick is Schramsberg, whose wines are their best ever in recent years. This Napa Valley estate, founded by Jacob Schramm in 1862 and revived by the Davies family in the 1960s, has weighed in with a Brut Rosé sparkler aimed at vying with French pink Champagnes. The **J. Schramm Rosé** is $120 a bottle, and limited in quantity.

I drink a lot of Champagne, so it delights me to keep in stock a little four-pack of non-vintage Pommery Brut in splits — just right when I want a sparkling sip before dinner. Neat idea and a great little gift for anyone who likes bubbly. Four 187-milliliter bottles in a carrying pack: about $36-38.

Don't hesitate to open a full bottle, though. Champagne will keep in the fridge a good three or four days, especially if you use those specially designed Champagne stoppers — great stocking stuffers!

THE RIGHT GLASS

Special wines do taste better in fine, thin crystal glasses. The Austrian company Riedel has demonstrated this countless times to wine lovers and wine experts all over the world. They prove it by pouring a good Bordeaux or Cabernet into an ordinary glass and the same wine into a **Riedel Bordeaux glass**. Try it yourself if you don't believe it. Or watch for the annual tasting

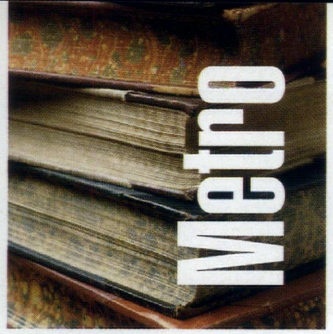


with Riedel glasses held by The Wine Merchant in Raleigh.

If you're willing to take my word for it, invest in at least two such glasses, so you and your S.O. can taste for yourselves. Riedel glasses are available at several wine shops, as well as at A Southern Season and online.

While we use quite decent glasses for my wine classes at Duke, one student brings his Riedel glasses when he knows we're going to taste something special, especially well-aged Bordeaux or Cabernet. Riedel glasses come in varying sizes, each designed to enhance a particular type of wine, be it Burgundy, Bordeaux, Cabernet or Riesling. There's a glass for every type of wine, including Champagne flutes and Port. Prices vary, and other glass producers have now begun to produce better wine glasses, including Spiegelau. These are also quite good.

Have a very merry holiday … and Cheers! MM



Books

POP-UP BOOKS MAKE A COMEBACK by Art Taylor

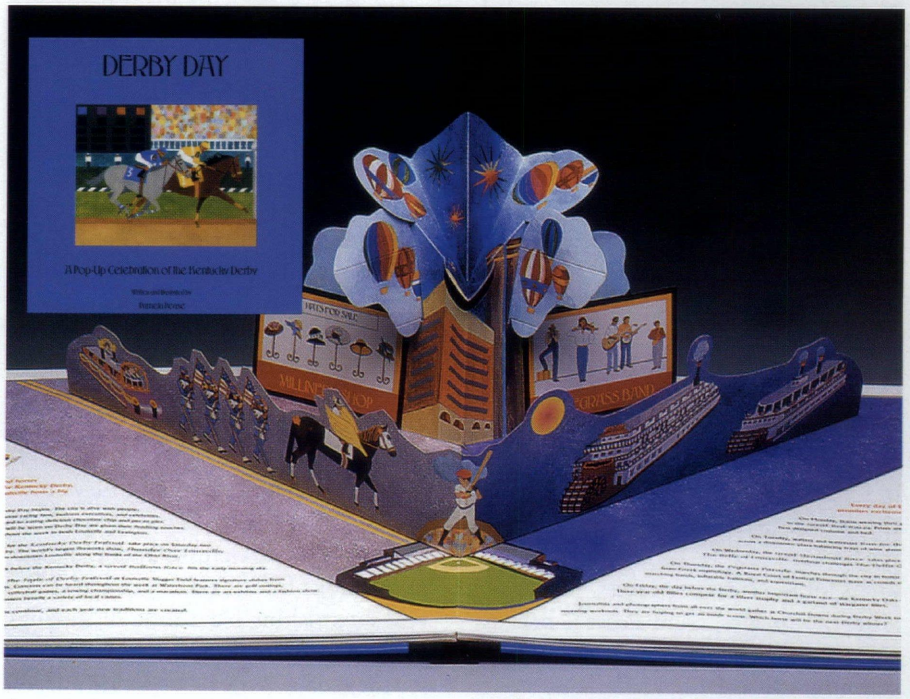
The phrase "pop-up book" is likely to conjure up images of children's books. But originally, pop-ups weren't geared toward kids at all.

"Pop-ups have an interesting history, dating back to the 14th century," explains author and illustrator Pamela Pease, the owner of Chapel Hill's Paintbox Press. "They were used then for communicating ideas about astronomy or about the human body that were difficult to communicate in words alone. It wasn't until much more recently that they were considered as anything fun."

With her own pop-up books — *The Garden is Open, Macy's On Parade* and *Derby Day* — Pease may not entirely have returned to the genre's earliest missions (no dense scientific material here), but she certainly uses the pop-up medium to present a wealth of information in an entertaining format. In addition to tiers of marching bands strutting across the page, Rockettes high-kicking in sync, and Santa and his reindeer wishing Happy Holidays in 3-D, *Macy's On Parade* also takes readers behind-the-scenes of the famous Thanksgiving Day parade with a chronological walk-through of the event and a generous sprinkling of information: Bands are only eligible to perform in the parade once every five years, for example, or the amount of confetti released each year during the festivities totals "over 1,000 pounds or 1,200,000 cubic inches." (The book even includes a bag of confetti, as well as a map of the parade route.)

Likewise, in *Derby Day*, both the text and the pop-ups take readers into the backside at Churchill Downs, where a series of doors open up the duties of a trainer, a groom and a hot walker — among others — and later, readers follow the horses out of the gate and "down the stretch, past the grandstand and around the clubhouse turn." Through a flip-book, readers learn how a horse gallops; a mini-CD features the Derby's Official Bugler making the "Call to the Post"; and throughout the book, text and photos explore the history and customs of the 132-year-old event.

"After my contact at the Derby read the manuscript, he said, 'Gee, I've learned a few things myself from reading your book,'" said Pease. "And that's a great compliment."



Pease started her career in the fashion industry. While a student at the Cincinnati College of Design, Architecture, Art, and Planning, she faced a dilemma about which route to follow — graphics or fashion. She chose fashion, which led to a 20-year career path in the swimwear and sportswear market in Los Angeles. But when a family move led her first to Buffalo, NY, and then to Chapel Hill, she had a second chance to follow the other route.

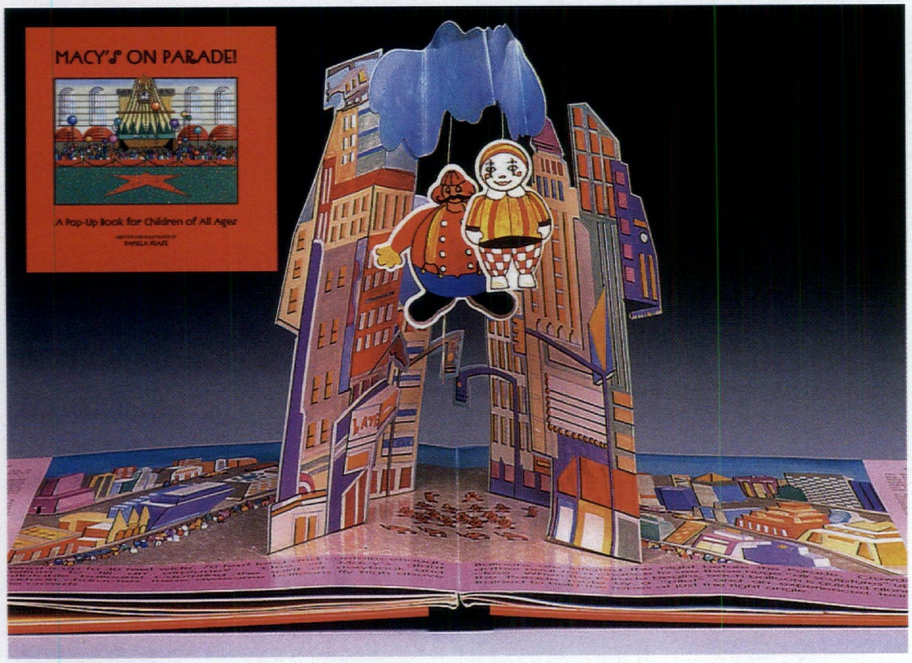
"If we were still in Los Angeles, I would still be actively in the fashion industry," she explained. "But moving here gave me the opportunity to explore the path I hadn't taken."

Her first pop-up book began as a project for her master's program at Syracuse University; *The Garden Is Open* presented her Chapel Hill neighbors, twins Bernice Wade and Barbara Stiles, and the 60-year-old garden they tend and open to the public each April. Pease produced the book and printed 50 copies — hardly enough supply for the demand that followed her debut of the book at the twins' annual celebration. When she couldn't produce more copies quickly enough, she turned to a professional printer. And thus was born Paintbox Press.

Each of the subsequent books has been a two-year process, arising from personal interests and then capturing regional and national attention. *Macy's On Parade* grew from her own family's tradition of watching the parade on TV, and her involvement with the Kentucky Derby dates back

to 1973 when Pease was in the infield during Secretariat's big win.

With each book, Pease has contacted official representatives of the organizations portrayed, and they have been eager to invite Pease behind-the-scenes, provide access to archives or to help facilitate permission for certain images. For example, the Snoopy "balloon" that dangles between the buildings in one spread of the Macy's book required permission from the estate



of Charles M. Schulz. These representatives also help to fact-check the content of the books.

As for the creative process, "I start out with the images," said Pease. "Because there are only seven or eight spreads in a pop-up, you really have to focus on the key things you want to show."

A white cardstock dummy is the next step, with illustrations done by hand and precise diagrams for the construction of the pages. "You may not think at first glance that a lot goes into each page, but there's about a hundred pieces in each of these books, and each of them has to be die-cut," she explained. "I make diagrams about where the glue should go and what the shape needs to be and how it needs to affix to the base page."

Because her printing house is in China, Pease deals with an additional challenge: "I don't have the benefit of a face-to-face discussion. The visual information [I send to the printer] and the graphic files have to be able to tell the story." The production process itself takes three to six months, including both active work and shipping. A first-run of books usually numbers around 10,000 copies.

Sales are inevitably both regional and seasonal. The Derby book sells more briskly in Kentucky during the spring, while the parade book sees greater success from September through December — with large quantities sold in New York. Pease has traveled to Kentucky for book signings on both Derby Day and the Day of the Oaks for the past two years. This year she's visiting New York for signings, and this Thanksgiving Day, she serves — for the second time — as a clown in the parade.

Pease has also enjoyed success throughout North Carolina, as well, and her acclaim as an author has led to teaching opportunities at UNC-Chapel Hill, where she has already taught one course on the art of the picture book, and where she'll teach a spring 2007 course on international children's literature.

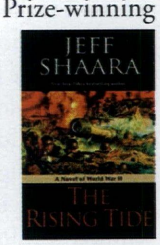
In the midst of all this, Pease also continues to look ahead to future books. "I have a laundry list of things that I think would be fun projects," she said, and three specific ideas are currently in the planning and negotiating stages — still too early to discuss in detail.

But with three strong books behind her, there's plenty for Pease to appreciate, and plenty for readers, as well in these projects that hearken back to the earliest days of pop-ups — especially in these technologically over-rich times.

"One of the fun things about pop-ups now is that everything is electronic and by remote control," said Pease. "So much of what kids do is in front of the computer screen, but there's something really engaging about opening up a book that could have been produced a hundred years ago, where you make things work yourself, where there's a tactile sensation of reading a book and manipulating the parts. Kids today don't do that quite as much, and maybe that's why pop-ups are having a resurgence, because it provides that alternative to the other forms of entertainment or learning today."

NEW AND NOTEWORTHY

The much-admired Jeff Shaara is among the authors offering readings in the Triangle this month. The son of Michael Shaara — the Pulitzer Prize-winning author best known for the Civil War masterpiece *The Killer Angels* — Jeff crafted his own highly praised novel of the Civil War, *Gods and Generals*, and has continued to write historical novels set in both the American Revolution and World War I. Last month, he debuted the first in a projected trilogy of books devoted to World War II: *The Rising Tide* covers events in North Africa and throughout Southern Europe from spring 1942 through early 1944.



Jeff will be reading from and discussing the new book on Tuesday evening, Dec. 5, at McIntyre's Books in Fearrington Village. Expect a crowd for this best-selling, much-loved author.

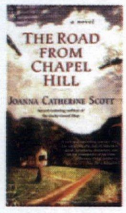
Also of note this month, Barnes & Noble stores host their annual holiday book drive, encouraging patrons to donate books for distribution to specific charities chosen by each store: in the Greenville store, for example, the Boys & Girls Club of Pitt County, and at Streets of Southpoint, the Durham's Partnership for Children. To borrow a well-used phrase: Give

the gift of reading.

And the Regulator Bookshop in Durham celebrates its 30th Anniversary with a special event — authors, music and refreshments — on Saturday evening, Dec. 2. A party not to be missed!

Other notable events this month include:

• Joanna Catherine Scott, with more tour stops for her new novel, *The Road from Chapel Hill*, at McIntyre's Books on Saturday morning, Dec. 2; and at Barnes & Noble, Streets at Southpoint, on Saturday evening, Dec. 16.



• Pulitzer Prize-winning journalist Mark Ethridge, continuing to tour with his debut novel, *Grievances*, at Raleigh's Quail Ridge Books on Wednesday evening, Dec. 6.

• Charles Thompson, director of undergraduate studies at Duke's Center for Documentary Studies, with his new book, *The Old German Baptist Brethren: Faith Farming, and Change in the Virginia Blue Ridge*, at the Regulator Bookshop on Wednesday evening, Dec. 6.

• North Carolina historian William Powell, whose *Encyclopedia of North Carolina* was reviewed in the last issue of *Metro*, at two locations: McIntyre's Books on Saturday morning, Dec. 9; and Quail Ridge Books on Saturday afternoon, Dec. 9.

• Bland Simpson, with his book *The Inner Islands: A Carolinian's Sound Country Chronicle*, also reviewed in last month's issue, at several locations: Dee Gee's Books in Morehead City on Friday afternoon, Dec. 1; Scuttlebutt in Beaufort on Saturday afternoon, Dec. 2; Waldenbooks in New Bern on Monday *morning*, Dec. 4; Sunflower Books in Little Washington on Monday *afternoon*, Dec. 4; the Currituck Public Library in Barco on Monday *evening*, Dec. 4; and McIntyre's Books on Sunday afternoon, Dec. 10.

• Karen Dodd, author of *Carolina Comfort I & II* and *Down East on Nelson Island*, at Dee Gee's Books on Saturday afternoon, Dec. 23. MM

In Memoriam — A Milton Friedman Reader

By Arch T. Allen

Milton Friedman passed away last month. Born in 1912, he was a participant in the dramatic economic events of the 20th century. He was the winner of the Nobel Prize in economics in 1976 and recipient of the Presidential Medal of Freedom in 1988. In memoriam, here are brief notes about his better-known books.

Capitalism and Freedom (1962) attracted public attention to the scholarly Friedman and his advocacy of economic and political freedom under limited government. Published during a wave of big-government ambition that ascended with the New Deal, the book preceded the crest of New Society economic policies in the mid-1960s that included the War on Poverty and a myriad of other state-sponsored welfare programs. Friedman's limited-government, free-market message was anathema to big-government advocates, the media, academia and public policy studies. But his observations resonated with a minority of scholars and the public. Indeed, when the crest of big-government ambition crashed in the 1970s on the shoals of "stagflation" — high inflation, high unemployment and slow growth — Friedman's ideas influenced Ronald Reagan and Margaret Thatcher during the 1980s. They turned to limited government and free markets, making Friedman's policies more widely accepted by scholars and the public.

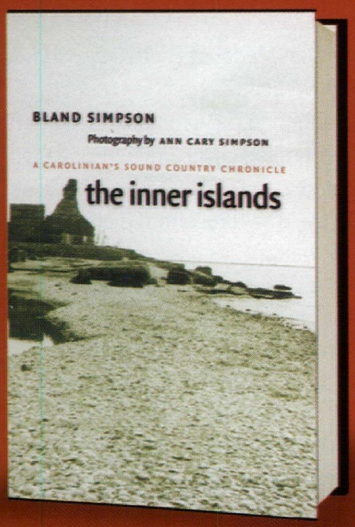
Aside from an ability to popularize his ideas, Friedman, an economics professor at the University of Chicago at the time, excelled in scholarship, especially regarding monetary policy. His ***A Monetary History of the United States, 1867-1960*** (1963), co-authored with Anna Schwartz, established his scholarly reputation, even if his ideas on monetary policy were controversial with the reigning Keynesian economists and their emphasis on fiscal policy. Contrary to the Keynesian view that market failure caused the Great Depression, Friedman concluded that government failure in the form of the Federal Reserve's contraction of the money supply had converted the 1929 stock market crash into a 1930s economic catastrophe. For Friedman, stable monetary policy and steady growth of the money supply were required to prevent inflation and avoid economic disruptions; Keynesian reliance on fiscal policy through taxes and government spending to fine-tune the economy was futile. He made his scholarly conclusions assessable to the general public in ***Dollars and Deficit: Living with America's Economic Problems*** (1968), a collection of essays explaining that economic fluctuations result largely from changes in the quantity of money in supply, not from changes in government taxing and spending.

In ***Free To Choose*** (1980), co-authored with his economist wife, Rose Director Friedman, he continued his criticism of big government and his advocacy of limited government. Lamenting the intrusion of much of early 20th century socialist Norman Thomas' political platform into modern, mainstream politics and public policy, they explained that our political liberties are interdependent with our economic liberties — that to maintain either we must be "free to choose" in both arenas. Their ability to explain these ideas to the general public expanded with a 10-part PBS television series based on *Free To Choose*.

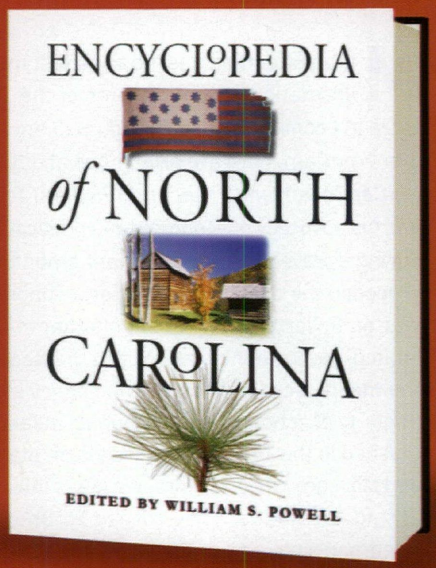
An independent scholar to the utmost degree, Friedman's ideas nevertheless remind us of the warnings of F.A. Hayek in his classic ***The Road to Serfdom*** (1944): Any centrally planned economy, even one under democratic auspices, threatens not only our economic liberties but our political liberties, as well. Fittingly, Friedman was selected to write the introduction to the 50th Anniversary Edition of *The Road to Serfdom* in 1994.

The son of immigrants, Friedman and his wife — an immigrant herself — enjoyed the blessings of freedom they found in their beloved America, as expressed in their memoir, ***Two Lucky People*** (1998). By 1977, after his success in establishing the "the Chicago school of economics," Friedman spent his career as a senior research fellow at the Hoover Institution at Stanford University, where he continued to expound his ideas on economic and political freedom until his death at age 94.

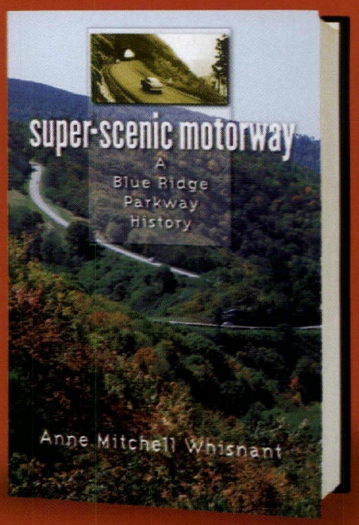
Books make the best gifts



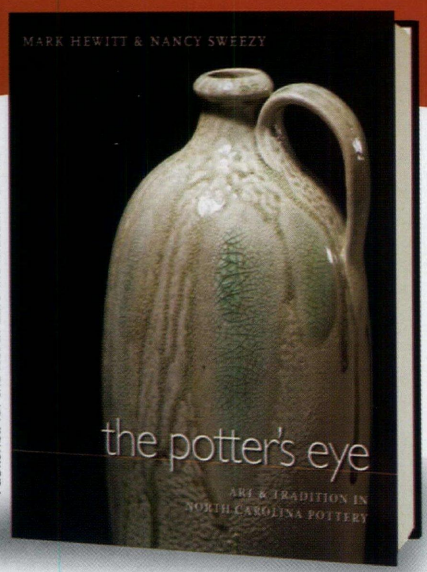
For anyone who loves the North Carolina coast, a personal, illustrated chronicle of some of its least-known special places.



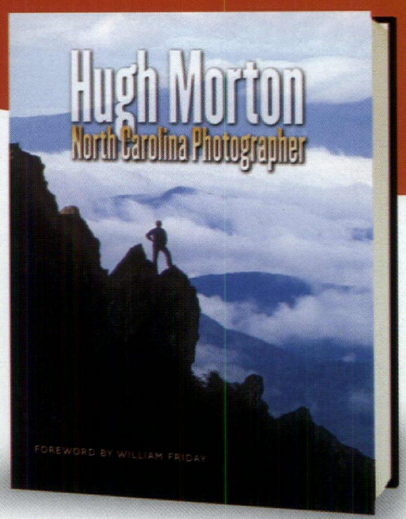
From banking to bluegrass, the essential reference for everything North Carolina. More than 2,000 entries! More at www.ncencyclopedia.org



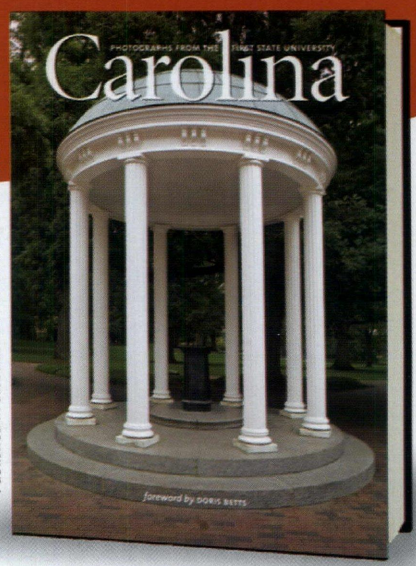
The real story behind the making of the most visited site in the National Park system.



The North Carolina stoneware tradition through breathtaking photographs and profiles of master potters.



A new collection of stunning photographs from the state's favorite photographer.



Colorful photographs capture campus life. "The Carolina I know and love." —Dean Smith

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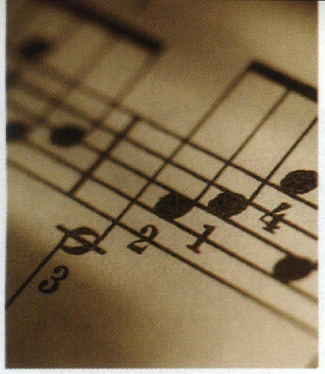


PvV

by Philip van Vleck

SALLY SPRING RETURNS

Singer-songwriter Sally Spring has been well beneath the radar the past decade, doing most of her playing in the Winston-Salem area — her home turf. This year, however, she released a superb album of tunes that falls quite readily into the Americana category.

Mockingbird is Spring's first album in a decade. It consists of a dozen tracks, with nine original tunes. She enjoyed a good bit of help from her friends on the project — Gene Parsons (Byrds), Tift Merritt, Caitlin Cary, Marshall Crenshaw, Thad Cockrell, John Teer (Chatham County Line), Graham Maby (Joe Jackson) and Faye Hunter (Let's Active). The album was produced by Chris Stamey and Spring's husband, Ted Lyons.

Given all that talented input, Spring's poignant songwriting and gorgeous voice remain the keys to this record's wonderfulness. She's been a significant songwriting talent for a long time, and her voice, well, her voice is memorable.

During a recent phone conversation, Spring commented on her prolonged absence from the recording studio.

"At the point where I was doing the last album, which was about 10 years ago, I left the stage, so to speak, and got more integrated into playing bluegrass on the local level," she said. "This is really nice, too. It includes so many parts of life. We play for funerals and weddings and cakewalks and festivals. My husband, Ted Lyons, also plays music, so we'd have people over to visit and just do music for fun. This is a great area for bluegrass, of course. I play in two bluegrass bands. One is under my name and the other is Hard Times Band.

"We still played in New York, off and on, at places like the Fez. Around here, however, you can play five times in one day."

She went on to explain that while going through songs she'd written, but never recorded, she realized that she had a good number of Americana-esque tunes.

"My husband and I started talking about it, and we decided to go ahead and record an album," she said. "And then there were friends I'd known for many, many years who I wanted to be involved in the project. We ended up with *Mockingbird*."

When asked about the solemn tone of some of the songs on *Mockingbird*, Spring replied that: "In some ways it is somber, though I find some songs uplifting, as well. 'Old Man As He Walks Out The Door,' for instance, inspires something bigger than life on an everyday level. A couple of songs instill hopefulness, like 'Going to California,' which was written as if we were back in the 1930s. The song allows you to peek into a life — a relationship, really — and see how people can overcome obstacles just through their relationship. 'Blue, Blue Heaven' is just a sweet song."

Spring allowed that some of the tunes were a bit heavier.

"'I Can't Understand Why' is about someone who blames God for all their pain," she noted. "People do that."

All Spring's original songs on *Mockingbird* share a story quality and an emotional pitch that command the listener's attention. She's another great North Carolina songwriter, but she might well have been another great California songwriter.

Spring and her family moved to Goldsboro from Palo Alto, CA, when she was 11 years old, following the death of her maternal grandmother.

"My dad went to Stanford University, where he got his MBA," she said. "He was classmates with Hewlett and Packard. When he came to Goldsboro, he was hired by DuPont and basically told to do whatever he wanted to do. Back then there weren't a lot of people with MBAs, especially from Stanford, who also knew computers.

"He was the person who turned on

DuPont to computers."

Spring noted that there was some resistance to the advent of the computer age at DuPont.

"I remember there was this lady at DuPont who was all upset because she didn't want to give up her electric typewriter," she explained. "She thought it was much better than a computer would ever be. My dad reassured her that the computers would be OK. Then one day the electricity went out where she worked. She called

my dad and said, 'See, I told you they weren't gonna last.' My dad asked her, 'So, is your electric typewriter working?'"

Soon after her family relocated to Goldsboro, Spring discovered a guitar in a corner at a party and had a girl-meets-her-future experience.

"I gravitated over to the guitar and pretty soon figured out that if I tuned it to a chord, I could play it," she recalled. "I just did it on my own by ear. The first chord I used was a G chord. That's still my main tuning. Now I have over 100 different tunings, but the ones I use the most are the G chord and a D tuning, which is a great blues tuning. What I found was that during a set, say 45-minutes, that I didn't want to use more than three or four tunings, otherwise the people started wiggling around in their seats."

Spring's encounter with the guitar at age 11 is quite extraordinary, and her open-tuning solution was a thoroughly inspired answer to the minor inconvenience of having no left hand.

"My approach to the guitar was slightly different than anybody else's," she said, "which was good because that made it difficult to copy anybody. I could never sound like anybody else, so I didn't bother to try. I don't think I necessarily saw that as a plus back then, but it was."

"I did this way before anyone I knew was tuning like this," she added. "I finally met a guy who did this kind of tuning, Guitar Shorty in Morehead City, and he played just like me. I was so excited. Then I found out that other players, like Joanie Mitchell, tuned like I do."

Spring eventually went to Governor's School in Winston-Salem as a music student. At the time the school was located solely at Salem College.

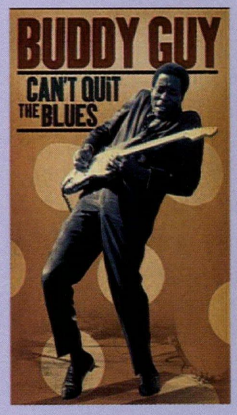
"It was a wonderful experience because you had all these talented people in one place," she said. "After that time, Winston-Salem always attracted me. It's small enough that if I needed to recover from a big city I could do that, and yet there's a lot going on. Plus, living here puts you close to a lot of bluegrass festivals."

After Governor's School, Spring's musical path eventually led her back to California — this time to Los Angeles — where she played Barney's Beanery and The Troubadour in the late '70s and early '80s. That same path led her back to North Carolina and now to *Mockingbird*.

"Music has been a career," Spring observed, "but it's so integrated into my life that it's always been a part of me." MM

Discography

It's the Christmas season, and there's no better time to contemplate a treat for the music lover in your life. If that certain someone happens to be into the blues or ol' blue eyes, there are tempting boxed sets worth consideration.



From Silvertone/Legacy there is ***Buddy Guy: Can't Quit the Blues***. Three CDs and a DVD provide a total of 47 songs and a 90-minute documentary covering the career of this legendary blues artist. This boxed set basically covers Guy's 50-year run, from a 1957 demo track to tunes cut in 2005. This is killer stuff. Guy is a superb guitarist and a powerful vocalist, and you'll find some pretty decent sidemen on these tracks, as well — Eric Clapton, Jeff Beck, Junior Wells, Bill Wyman, Otis Spann, Dr. John, A.C. Reed, Otis Rush, Reese Wynans, Pinetop Perkins and Jimbo Mathus, among a host of others.

And then there's the Frank Sinatra boxed set from Reprise Records. Titled ***Vegas***, this package features four CDs and a DVD. As the title indicates, this is Sinatra at the Sands (1961, 1966), Caesar's Palace (1982), and the Golden Nugget (1987). Disc 2 — Sands 1966 – is Sinatra with Count Basie and his Orchestra, which is extra wonderful.

Anyone who's hip to Sinatra will love this boxed set. Many of Sinatra's memorable tunes are here, from "Witchcraft" to "The Lady Is A Tramp" to "The Second Time Around." And, of course, from 1961 to 1987 you've got Sinatra in his prime.

Disc 5, the DVD, is a video of Sinatra's May 1978 show at Caesar's Palace, with Bill Miller conducting.

continued from page 24

sign at Appalachian State University.

For more information on Hold-N-One®, visit www.hold-n-one.com. MM

Lawrence In Arabia

Raleigh's Theater-In-The Park is holding auditions December 11 and 12 for *Man in the Desert*, a play set in Basrah, Iraq in the early 1930's when the British mantained military dominance in the region. The play is based on an actual meeting between the playwright's father and T.E. Lawrence (Lawrence of Arabia) who had re-enlisted in the RAF at a low rank to return to the Middle East to live out his life in obscurity. Peter Colley's play relates to the current situation in the region, drawing upon his father's journals, letters between Lawrence and Charlotte Shaw, George Bernard's wife, and the many historical (acurate and inacurate) accounts of Lawrence's deeds to craft a suspenseful new work. Contact TIP or Guest Director Michael Lilly: occasionaltheatr@aol.com. MM

Mountain Biking Trail On Go

The International Mountain Bicycling Association (IMBA) Trail Care Crew, creators of mountain biking trails, is partnering with the Triangle Off-Road Cyclists (TORC) club to create new trails in the Triangle — specifically designed for mountain bikers.

With a donation of $25,000 from Newland Communities, a developer of master-planned communities, TORC will purchase equipment to build mountain biking trails across the Triangle. A groundbreaking at the new Briar Chapel development area in Chapel Hill brought together IMBA trail care experts with TORC members to begin building the new trail.

The trail's first 5-mile phase is aimed to be completed in November 2007. Ten to 15 additional trail miles will be added in additional years as the new Briar Chapel development is completed. TORC's goal is to have a finished trail of about 15-20 miles within the next 10 years. MM

The **Nicholas School of the Environment and Earth Sciences** at Duke University dedicated its new 5600-square-foot Marguerite Kent Repass Ocean Conservation Center on Nov. 11, at the Duke Marine Laboratory campus in Beaufort, NC. The Repass Center is the first new academic building constructed at the Marine Lab in 30 years, using geothermal pumps for heating and cooling, solar panels for hot water and photovoltaic rooftop panels to convert sunlight into electricity.

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Duke University basketball coach Mike Krzyzewski, chairman of the **Duke Children's Holiday Card Program**, unveiled the 2006 Holiday Card collection last month. The cards feature five different designs by local art students, with proceeds benefiting pediatric programs at Duke Children's Hospital and Health Center. They are sold in packs of 20 for $15 at various local retailers or online at www.dukechildrens.org.

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Citizen Potawatomi Community Development Corporation (CPCDC) and Four Directions Development Corporation were honored last month for their outstanding work as Native Community Development Financial Institutions (NCDFIs). The awards were presented during the Opportunity Financial Network's 22nd annual conference in Washington DC where Native economic development practitioners and tribal representatives from across the US gathered to share ideas about ways to promote development and economic growth among Native Americans.

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Duke University received a **$2.5 million grant** from The Andrew W. Mellon Foundation to create a Visual Studies Initiative to improve how visual images are understood and foster research and teaching in this area. The initiative will use the resources of the Nasher Museum, the Center for Documentary Studies and the Franklin Humanities Institute.

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Raleigh's Contemporary Art Foundation and Grubb Properties announced the selection of Clearscapes and Pugh+Scarpa as the architecture team for the Foundation's one-block, museum-anchored, mixed-use site on West Martin Street. As previously announced, the warehouse district site is slated to become the permanent home for CAM (Contemporary Art Museum), as well as a collection of arts-oriented retail shops, offices and condominium residences.

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The **Cary Community Foundation (CCF)** has announced its formation and board of director appointments. The Foundation will enable citizens and businesses to contribute to their community while avoiding the undertaking of creating and maintaining a private or corporate foundation. The board will distribute unrestricted assets through a grant-making process to address needs of the community. For more information, visit www.carycf.org.

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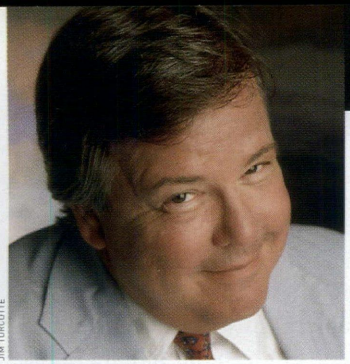
The **Alice Aycock Poe Center for Health Education** delivered the first health education programs from its new Spanish curriculum to high school students from Lee County last month. The bilingual programs are a result of a **27.5 percent growth in Hispanic students** in the NC public school system in the last five years. Programs are offered in Spanish and English for youth in preschool through 12th grade at the Poe Center and schools and facilities across the state. For more information, visit www.poehealth.org or call 866-402-4799.

APPOINTMENTS

Ralph C. Moore, president of Commercial Printing Company in Raleigh, has been inducted into the **Ben Franklin Society**, the honor society of Printing Industries of America/Graphic Arts Technical Foundation (PIA/GATF).


JIM TURCOTTE

My Usual Charming Self

by Bernie Reeves

CHRISTMAS WITH A VENGEANCE

This yuletide we have a lot to pray over. Over 90 percent of Americans profess to be Christians in varying modes, but heaven doesn't seem to be hearing from us. Islam is grabbing all the headlines and converting adherents faster than you can say Allah. Catholics and Protestants — and even Jews — are more concerned with being sensitive than they are their own preservation. And Europe, from where 78 percent of us claim our Christian origins, is de facto Eurabia. As the observant columnist Mark Steyn puts in it in his new book *America Alone*, more babies are named Mohammed than William in the big cities of Europe.

Perhaps Christmas with a vengeance in America is a proper theme for 2006 as it will be clear quite soon that we are the last stronghold against the rising tide of Islam in what we used to call the "civilized world." The reason, as stated in this column ad seriatim, is the big lie that we are over-populated. Western Europe, basking since 1945 in a moronic state of political self-indulgence — security provided by the US via NATO and the "atomic shield" — is slated for extinction.

The replacement birth rate is fixed at 2.1 births per couple. In each Western European country, the rate is far below, with Italy looking like the first to go to the trash bin of history. Simply stated, the bloated welfare economies and employee-centered business sector cannot sustain itself without new births to pay the cost. Already, most of the large cities are creeping up to a Muslim majority as these desperate nations import workers to pay the taxes to keep the aging boomers in the style they were promised.

Be thankful most Americans didn't fall for the blather of Paul Ehrlich, author of the infamous book *The Population Bomb*. Written in 1968, it became the founding document of the environmental movement by predicting Armageddon by the year 2000 if we did not drastically reduce our birth rates. This fabricated tripe shows up today in public school textbooks and the mass media disguised as fact. The actual truth is, had America reduced its birth rates since 1968 — and had we not absorbed millions of legal and illegal Latino workers, we would be joining Europe in demographic apocalypse. And Europe is not alone. Japan will not be Japanese soon, Russia is committing societal suicide (a dangerous condition in an already dangerous country) and even China will begin its decline in the next 50 years.

And be thankful this Christmas the demographic clock is not ticking downward in the US. With a 2.1 birth rate, we're OK until 2050. However, the world we live in will be drastically different. Our old sometimes friends and genetic cousins, the Europeans, will be withering away and learning to live under *sharia*. Steyn predicts that Russia will be selling or giving up under force huge swaths of its immense territory to China, while the occupants of our neighbor to the north will shrink into the wilderness. America will be alive but quite alone.

NOTES FROM LA-LA LAND

Marriott hotels demonstrate the new cultural politics of official sensitivity to anything and anyone while wielding a blunt instrument against others without a thought. If you are caught smoking in their lodgings, you are hit with a $250 fine that is applied to your credit card, conveniently on file at the front desk. In the name of sensitivity to an alleged constituency of "others," certain groups are somehow open game to the cultural Nazis. Hitler banned smoking by the way.

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Porter Goss, former CIA director before the "re-engineering" that created the new Office of National Intelligence — headed by former State Department rising star John Negroponte — said that recently murdered Russian writer **Anna Politkovskaya** was the 211th journalist to be killed since Putin took over the country. Now it appears that Alexander Litvenenko, formerly of the Federal Security Bureau (FSB) — which replaced the KGB, was investigating her murder when he was poisoned in a London sushi bar recently.

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This is no surprise to the attendees of the first Raleigh Spy Conference (www.raleighspyconference.com) held in 2003 where former **KGB Maj. Gen. Oleg Kalugin** told us that Putin was a very dangerous character. Kalugin certainly can testify to the environment of corruption and murder in Moscow. He had to flee to the US to escape retribution from Putin in 2001. Now an American citizen, Kalugin watches what he eats while he speaks out against his former underling in the old KGB.

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I.F. Stone, the pro-communist writer adored by the intellectual and journalistic community in the '50s, '60s and '70s, is the subject of two new books, one a slanted hagiography, the other a selection of his "work," which was actually Soviet propaganda. Via the Venona files, (recently declassified decrypts from Moscow to their American agents between 1942 and 1964) it is now demonstrated that Izzy worked for pay for the KGB and the GRU — although he did complain and quit once or twice: But not before regaling the association of urban newsweeklies in their first national meeting in Boston in 1979. Stone, it appears, was sent on a mission by his bosses in Moscow to propagandize the nascent publishers away from magazine content to advocacy journalism dedicated to bringing down America for its fascism, imperialism, racism and chauvinism. The useful idiots complied and changed their name to the **Association of Alternative Newsweeklies**. You can see the result in the larger cities and right here in the Triangle.

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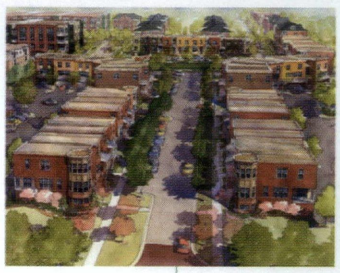
Note that I have started a **"blog"** — of sorts. The idea is to provide commentary "Between Issues" since so much happens from one *Metro* to the next. As one of my sons pointed out: "It's mercifully short." I've weighed in on the recent elections and noted cultural cues from two new movies. If you have comments, send them to email@metronc.com. MM

CLOSE TO WORK. CLOSE TO PLAY. FAR FROM ORDINARY.



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