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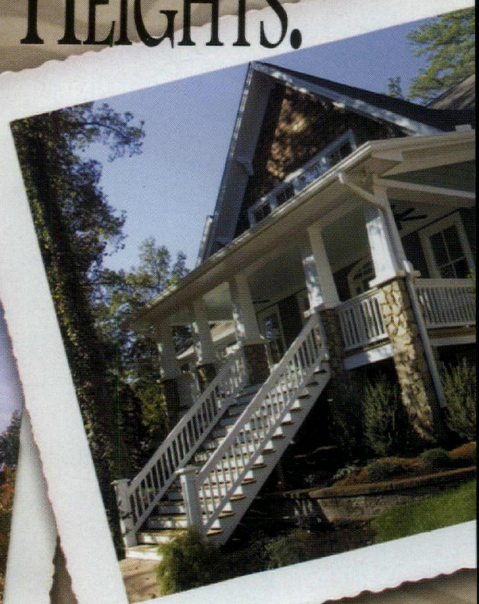
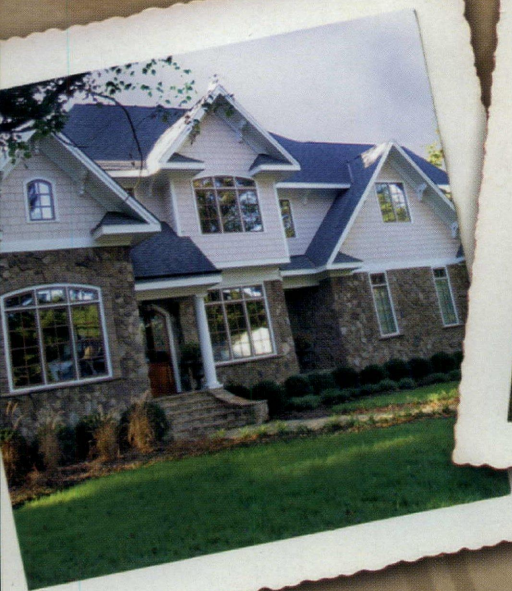


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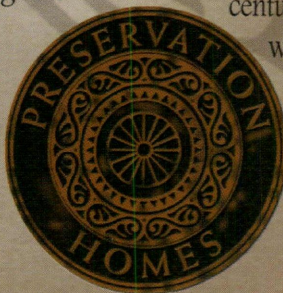


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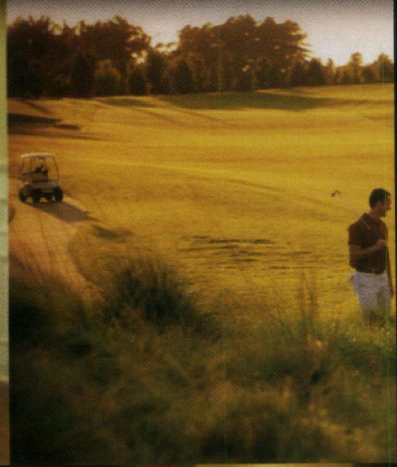


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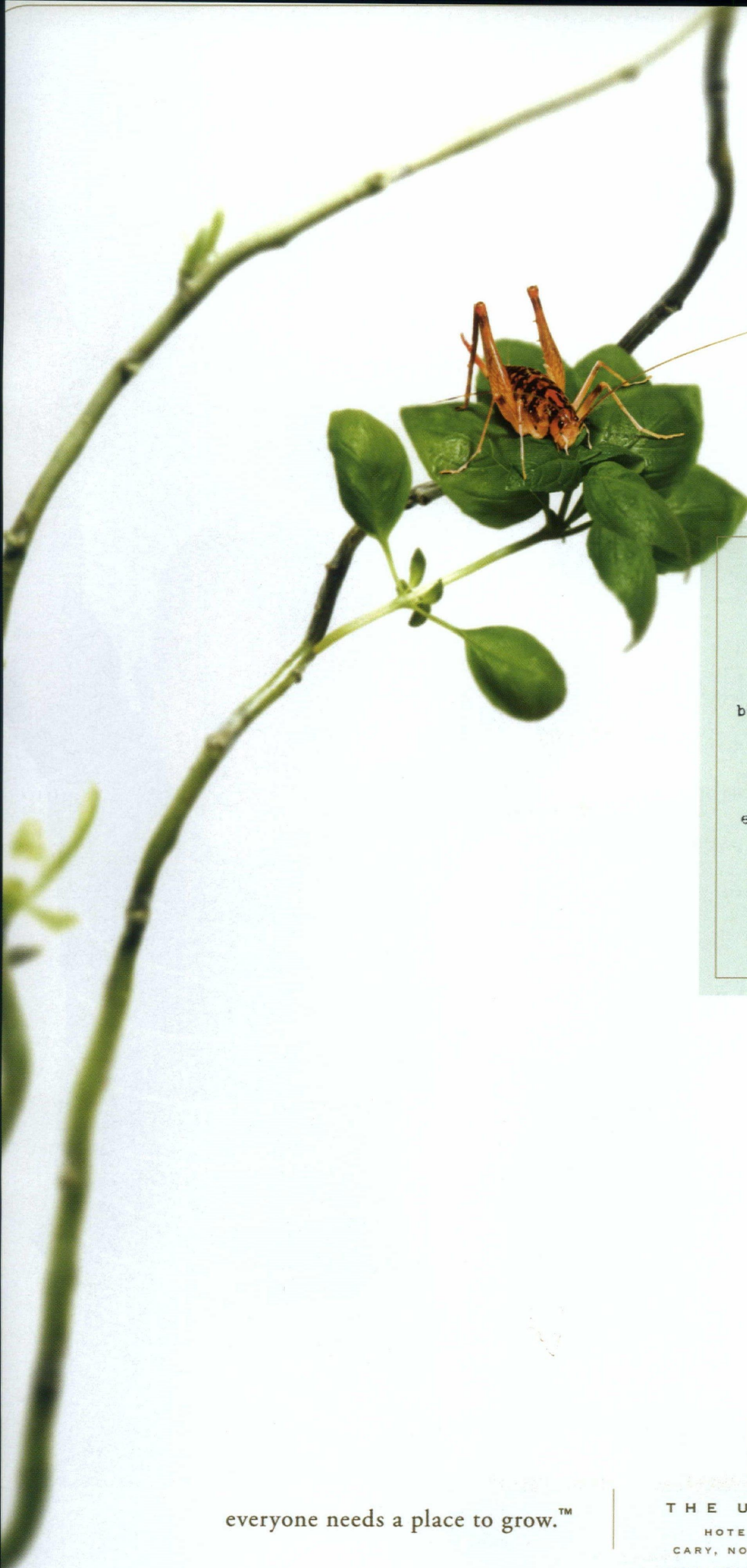
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# More Great News about North Carolina's National College Savings Program

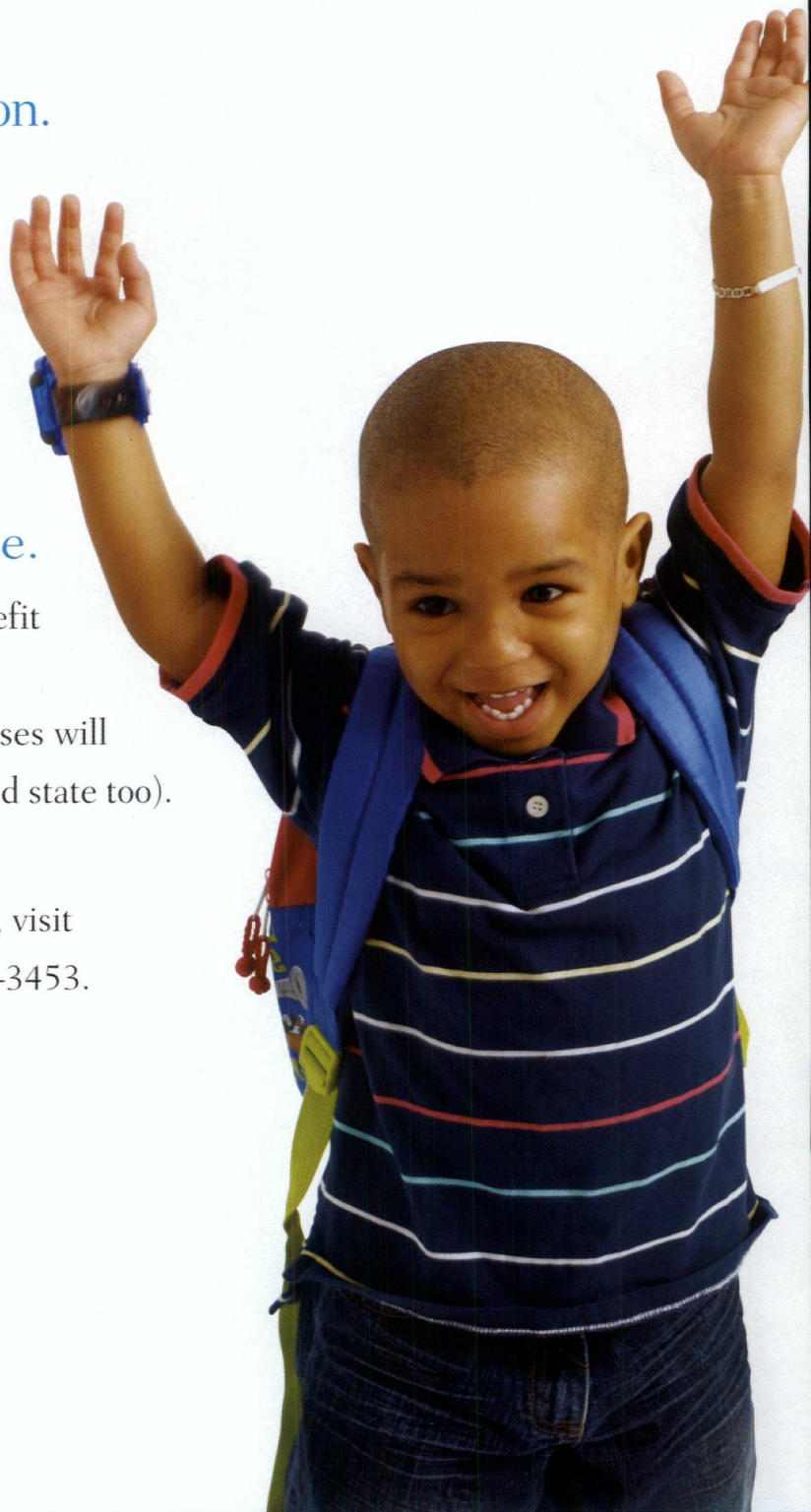
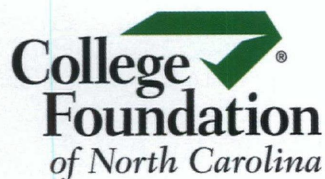
## A State Income Tax Deduction.

Beginning in 2006, qualified taxpayers may deduct a portion of their contributions to North Carolina's 529 plan. In 2007, the deduction allowed will more than double.

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Congress has made a short-term tax benefit for 529 plans permanent. Your account earnings used for qualified college expenses will remain free from federal income taxes (and state too).

For details on North Carolina's 529 plan, visit [CFNC.org/Savings](http://CFNC.org/Savings) or call 800-600-3453.



To learn more about North Carolina's National College Savings Program, its investment objectives, risks, and costs, read the Program Description available from [CFNC.org](http://CFNC.org).

The availability of tax benefits may be conditioned on meeting certain requirements. If you are not a North Carolina taxpayer, consider before investing whether your or the beneficiary's home state offers any state tax or other benefits associated with investing in that state's qualified tuition program.

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A fiery branch of color falls over the flowing Linville River near Highway 221 on Oct. 10.

## FEAST ON THIS

was chairman of the first Downtown Advisory Committee for the city of Raleigh way back in 1982 when the center city was languishing while the newly realized Triangle region was flourishing. The extremities were growing lustily, but the heart was barely beating.

Fayetteville Street, suffering from urban arterial sclerosis caused by the concrete mall installed in the mid-'70s, has just received bypass surgery, opening up the city's main artery and returning the thoroughfare to robust health. And the people love it, as evidenced by the huge turn-out when the ribbon was cut to open the street.

Now we can see the efforts of many individuals, businesses and organizations that had been toiling away inch by inch to restore significant old buildings that no one noticed much. Now they are joined by exciting new plans for dramatic structures that will transform the center city into the symbol of our dynamic growth as a world capital.

Greg Hatem saw the writing on the wall ahead of most and now controls 41 properties downtown with more in the planning stage, including a new hotel to accompany the Marriott under construction as part of the new Raleigh civic center. Diane Lea visited with Hatem and brings you the inside story of this modern-day urban pioneer.

Our annual Education Special Report is especially appropriate as the debate over the definition of quality of education rages around the state: Nan Miller's firsthand account of teaching college composition is funny but sad in its conclusions; Rick Smith meets the Duke professor behind Founders College, a new yet old concept that defies radical trends in colleges today by bringing tra-

ditional liberal arts back to the campus; and coverage of the annual Pope Center conference on education, where an impressive lineup of experts discussed the pros and cons of diversity.

On the book scene, Arch T. Allen reviews a new history of the state and the celebrated new installment of William Powell's *Encyclopedia of North Carolina* biography while Art Taylor offers up new tomes from area stalwarts Michael McFee and Bland Simpson.

Jim Leutze discusses fish farming and its impact on our coast. Carroll Leggett socializes at the Hope Ball; Philip van Vleck offers the fascinating saga of a refugee violinist from China; Louis St. Lewis is impressed with the volume of cultural activity in the region; and Molly Fulghum Heintz and Tricia Horatio suggest black is back and denim never wears out its welcome.

And for the season, we present the first of our two holiday gift guides and Gourmet editor Moreton Neal and Wine editor Barbara Ensrud offer top tips on holiday feasting with recipes and recommendations to add flair to your Thanksgiving celebration.

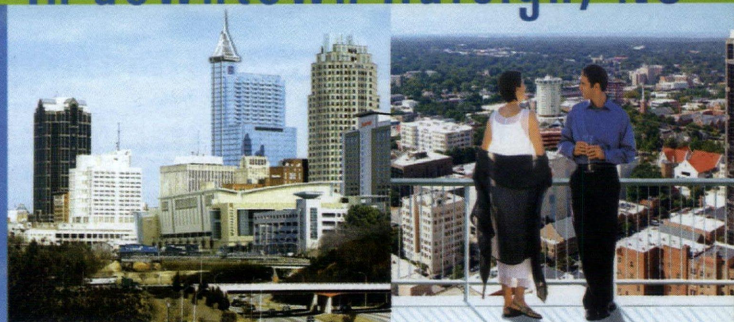
After all this fun it is important to remember those less fortunate. The American Red Cross in our region works every minute of every day to help those in need: fire and storm victims, servicemen, accident victims ... the list is long and the need is great. In a 16-page special report in this issue, *Metro* is proud to focus the spotlight on the magnificent job they do, often unheralded but always appreciated. Their crucial work needs your support. After reading our special report, make your holiday meaningful with a gift to your local Red Cross.

—Bernie Reeves, Editor & Publisher



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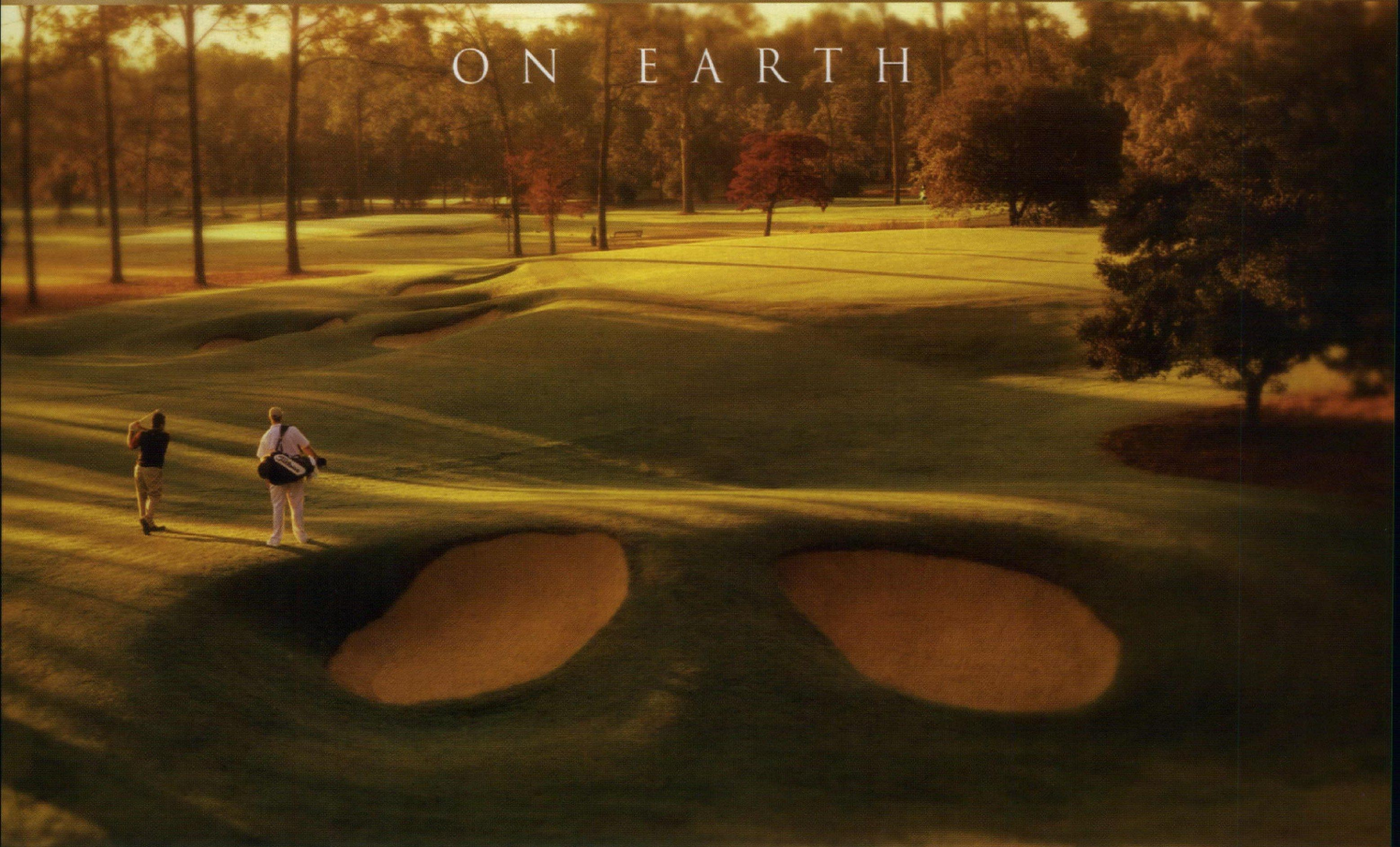
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## CRITICAL ELECTIONS IN THE ISTHMUS

*Metro* readers may not realize that in the next few weeks Central Americans will make important electoral choices. The slender isthmus with its six nations, scarred by human and natural violence, is home to 40 million people. Central Americans make up a major part of the Hispanic surge into the US. Yet, recently, Central America has fallen off the media radar.

Fifteen years ago Operation Just Cause removed narco-tyrant Manuel Noriega from power and opened the way for the US to return to the Panama Canal in 2000. By late October, Panamanians will have approved a referendum to expand the Canal. The expensive project will add new locks, boost traffic by 70 to 100 percent, create jobs and reduce poverty. Successful completion by 2014, the centennial of the Canal's initial opening, would mark a proud accomplishment.

In Costa Rica, President Oscar Arias Sánchez battles for approval of CAFTA, the free trade pact between the US and Central America. Rocked by corruption scandals and by a loss of confidence in the two-party system, disenchanted Costa Rican voters gave Sánchez, a former Nobel Peace Prize winner, a razor-thin margin of victory in February 2006.

Sánchez argues that failing to join CAFTA risks economic suicide for a nation of 4 million people. He hopes to deliver legislative approval by the end of the year. Opponents fear the economic opening will gut central state institutions, open the floodgates of unrestrained competition, and foster social inequality, making Costa Rica more like its neighbors and less a beacon of social democracy. They call for popular protest and a rejection by "the street." Finally, elections in Nicaragua will take place on Nov. 5. Fifteen years after the first free elections, Nicaragua remains one of the poorest nations in the

Americas. Hopelessness and poverty leave voters grasping at political straws and vulnerable to populism. Today, the candidate of the Sandinista Front (FSLN) rides high in pre-election polls.

Comandante Daniel Ortega symbolizes the Marxist-Leninist nationalism of the 1980s. Since losing power in 1990, Ortega has consolidated his grasp over a political machine, forced out dissidents, and converted Sandinistas into Danielistas. He entered a cynical pact with former archrival Arnoldo Alemán, the corrupt ex-president, to gain control over the courts and the electoral council. The 62-year-old Ortega woos old enemies, married his common law wife in the Catholic Church, and roundly denied sexually abusing his stepdaughter. He demands greater social equality and a brake on "savage capitalism."

Official Washington is concerned that Ortega is at very best an election-day democrat. Ortega's divided rivals share these fears. They warn that Ortega is allied with Venezuelan President Hugo Chávez. Opposition hopes to stop Ortega from garnering 35 percent and a 5 percent margin of separation from his nearest rival, opening the way for a run-off and Ortega's fourth consecutive defeat. Despite declining international attention, Central Americans have turned to peace and democracy. Ballots triumphed over bullets. Ironically, the hard-line of Jesse Helms and the moderate strategy of Terry Sanford were partially vindicated. Yet, the democratic payback has proven elusive.

Violent gangs, like Mara Salvatrucha 13, and drug traffickers trouble the isthmus. Partisan politics, weak institutions and corruption combined with economic inequality and lack of opportunity send thousands of Central American migrants to the US for jobs and a better life.

New locks in the Panama Canal, passage of CAFTA in Costa Rica, and the defeat of Comandante Ortega in Nicaragua will not solve Central America's multiple problems. They will,

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Cyndi Harris *Office Manager*

## Metro Acquisition LLC

1033 Oberlin Road, Suite 100  
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## Mailing address

P.O. Box 6190, Raleigh, NC 27628  
Phone: 919-831-0999 Toll-free: 800-567-1842  
Fax: 919-831-0222  
email@metronc.com  
Subscription: \$18 one year

Postmaster send address changes to

Metro Acquisition LLC

P.O. Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC  
Published twelve times a year  
Audit applications submitted

## ARTICLE REPRINTS AVAILABLE

Contact Glenn Benton at Cooper Thomas & Benton Printing Company, 919-868-8742.

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ISSN 1529-4404

METRO MAGAZINE AT HOME (ISSN # 1529-4404) is published monthly at \$18 per year by Metro Magazine, LLC, PO Box 6190, Raleigh NC 27628. Application to mail at Periodicals Postage Rates is pending at Raleigh NC and at additional mailing offices. POSTMASTER: Send address changes to METRO MAGAZINE AT HOME, PO Box 6190, Raleigh NC 27628.



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however, strengthen those seeking to integrate the isthmus into the 21st century global economy.

Ray Walser  
Washington, DC

*Ray Walser, a Raleigh native and Metro reader, has lived in Nicaragua and Costa Rica.*

### GOOD TIMING

I thought your annual Spy Conference (Aug. 23-25) on the subject of Castro and Cuba was outstanding. The timing could not have been better. All of you were at your best and certainly C-SPAN thought so, too.

The Museum of History also did a fine job throughout the three-day conference.

Again, many thanks to Bernie Reeves, *Metro Magazine* and the Museum of History for hosting this special event in Raleigh.

Charles Winston  
Raleigh

**Editor's Note:** C-SPAN broadcasted two sessions of the Fourth Annual Raleigh International Spy Conference: the panel discussion with all six speakers and the keynote address by Brian Latell, former CIA officer and author of the book, *After Fidel: The Inside Story of Castro's Regime and Cuba's Next Leader*. Go to [www.c-span.org](http://www.c-span.org) to order copies.

Other speakers were: Timothy Naftali, Don Bohning, Gene Poteat, Humberto Fontova and Art Padilla. Go to [www.raleigh-spyconference.com](http://www.raleigh-spyconference.com) for more information on the conference.

### ALL THINGS FRENCH

Just happened to see your review on your Web site of what I think is the best restaurant in Chapel Hill. In case I am not the 1000th France lover (I am writing from France) to tell you, you misspelled the name of the restaurant. It is Bonne Soirée. I realize your magazine has contempt for things French, but at least do it the courtesy of spelling it right.

In order to spell the restaurant's name correctly, you need to include an accent on the first e in Soirée, as well. I know, the French make our lives so complicated, don't they?

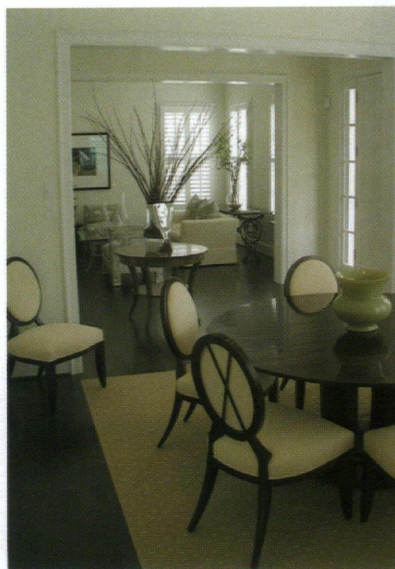
Terry Maguire  
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**Editor's Note:** The restaurant name was spelled correctly in the October 2006 issue of *Metro Magazine*. We apologize that the transition to the Web site created the mistake. Viva la France!

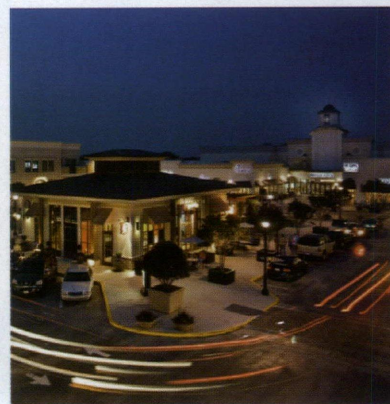
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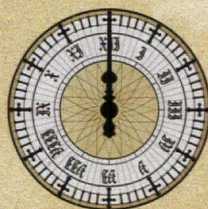


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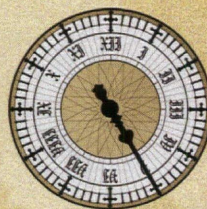
*The Second Annual*

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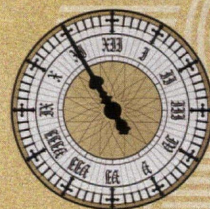
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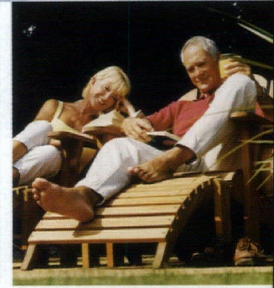
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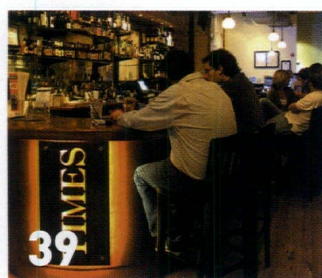
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**106 Books** New NC History; New and Noteworthy

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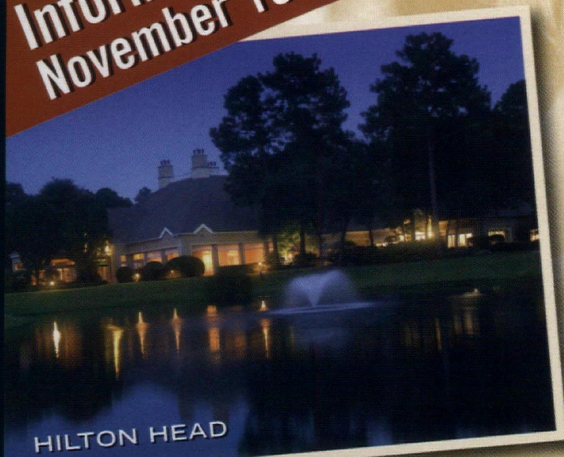
**112 My Usual Charming Self** I Saw it on Television

## 65 HOLIDAY GIFT GUIDE



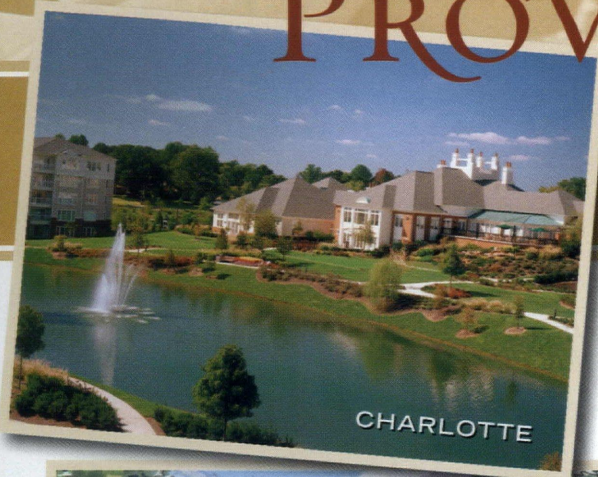


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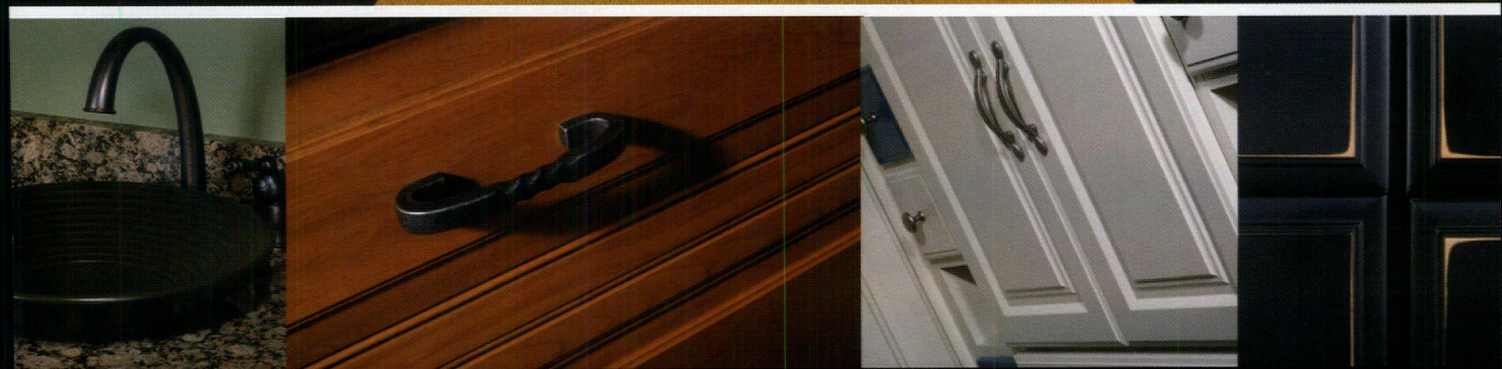
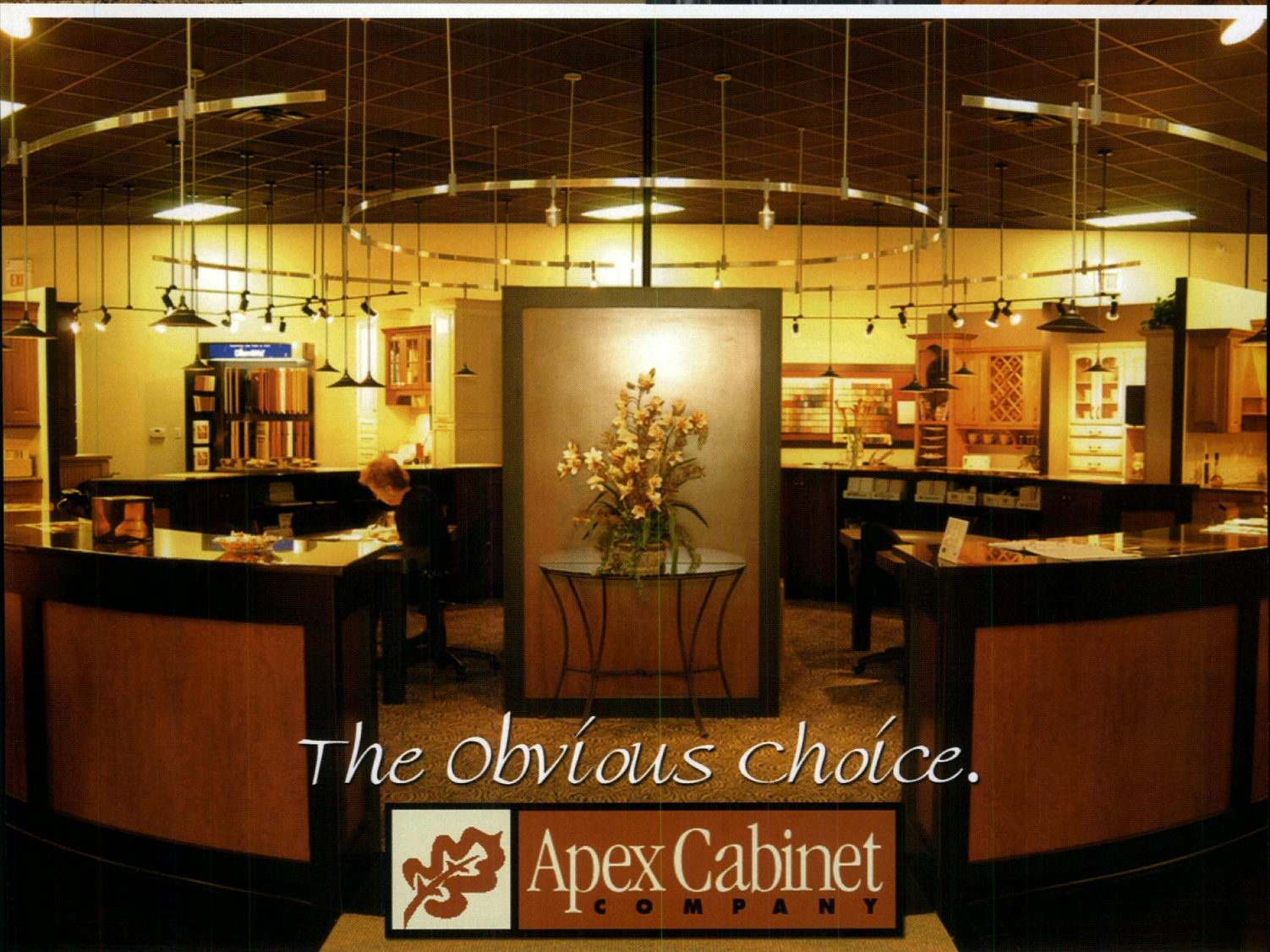
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## Reluctant First Lady of the Confederacy

In *First Lady of the Confederacy*, Civil War Historian Joan Cashin describes the incredible life of Varina Howell Davis, wife of Jefferson Davis, the President of the Confederate States of America, and her struggle to reconcile her societal duties to her personal beliefs.

Educated in Philadelphia and a longtime resident of Washington DC, Mrs. Davis, a reluctant First Lady, never felt at ease in Richmond, the capital of the Confederacy. During the war, she nursed Union prisoners and secretly corresponded with friends in the North, spawning rumors of her disaffection.

After the war, the Davis family endured financial difficulty and the death of several children. Following her husband's death in 1889, Mrs. Davis moved to New York City where she worked as a journalist, advocated reconciliation between the North and South, and formed an unlikely friendship with Julia Grant, the widow of Ulysses S. Grant.

Cashin's book chronicles the "sacrifices (Mrs. Davis) made for a cause she did not fully support and for a husband who did not fully return her love," in what is hailed by *Publishers Weekly* as a "masterly work and the first definitive biography of this truly modern, but deeply conflicted woman."

The book is available for purchase in hard cover for \$29.95. To order, visit the Harvard University Press Web site at [www.hup.harvard.edu](http://www.hup.harvard.edu). **MM**

## Lutyens Drawings Donated

British Ambassador to the United States Sir David Manning hosted a reception and dinner last month to celebrate the 75th anniversary of the Sir Edwin Lutyens – designed British Embassy Residence on Massachusetts Avenue in Washington DC.

The event was held at the British

Embassy where Manning paid tribute to Lutyens, describing the revered architect as "arguably the greatest British Architect of the 20th century" and his design of the Embassy Residence as "an architectural jewel, and one of the most striking diplomatic buildings in the world."

Lutyens was commissioned by Her Majesty's Government Office of Works to begin work on the design of the British Embassy Residence in 1925. He created the drawings the following year with construction starting on site in 1928. The

buildings were occupied in 1931.

A number of Lutyens' original working drawings were also on display in the residence during the event. Manning took the opportunity to announce that the Foreign & Commonwealth Office (FCO) was donating the complete set of drawings to the British Architectural Library's (BAL) Drawings Collection in London for conservation and accessibility.

Jack Pringle, the president of the Royal Institute of British Architects, was present to take delivery of the drawings and



LISA C. MILLER/SIMPLY SOUTHERN PHOTOGRAPHY

## Walnut Hill Cotton Gin Site for Fund-raiser

Pam Troutman and Jim Smith, owners and residents of Walnut Hill Plantation Cotton Gin, recently opened their unique home to members of the Triangle Land Conservancy's River Society for a donor recognition soirée. Triangle Land Conservancy is a nonprofit group established in 1983 to protect stream corridors, forests, wildlife habitats, farmland and natural areas in Chatham, Durham, Johnston, Lee, Orange and Wake Counties. The Conservancy derives as much as 50 percent of its operating budget from River Society donors. The Walnut Hill Cotton Gin in Eastern Wake County – listed on the National Register of Historic Places – is one of only a handful of intact antebellum gin houses surviving in North Carolina. Built circa 1840 by prosperous Wake County planter and commission merchant Alonzo T. Mial, the gin is a rectangular gable-roofed two and one-half-story frame and stone masonry building. As principal with HagerSmith Design, PA, a Raleigh-based multi-disciplinary design firm specializing in historic preservation projects, Smith brought his experience to the adaptive reuse preservation project that converted the gin into his and Troutman's residence. Troutman and Smith are 2006-07 co-chairs of the River Society, TLC's \$1000 + donor group. **MM**

– Diane Lea



thanked the Ambassador on behalf of the BAL. **MM**

### Litigation Going Global

The results from the latest edition of Fulbright & Jaworski's annual survey of US Litigation Trends show that US companies face an average of 305 pending lawsuits internationally each year. The third annual survey of corporate litigation trends pulled data from 422 in-house law departments worldwide, finding that the number of lawsuits soared to 556 cases each year for large US companies – those with \$1 billion or more in annual gross revenue.

Although the majority of those cases are in US courts, the tide of international disputes is rising with more than one-third of companies reporting that up to 20 percent of their dockets originate in foreign venues, proof that US-style litigation is going global.

The undisputed champion of disputes was the insurance industry, where companies face an average of 1696 lawsuits, span-

ning product liability and environmental class actions to directors and officers claims and even coverage fights over hurricanes and terrorist attacks. Retailers and energy firms were also targeted heavily – both sectors reporting average caseloads north of 330 per company.

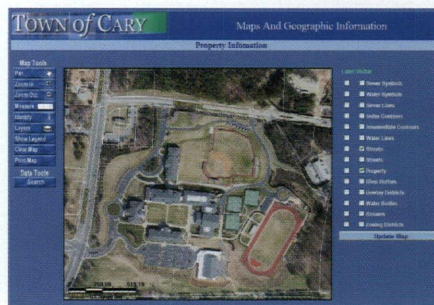
With big litigation comes a big price tag. US companies report spending 71 percent of their overall estimated legal budgets on disputes. Nearly 40 percent of Fulbright's US respondents reported at least one \$20 million suit commenced against them in the past year. Two percent faced 50 new suits or more involving at least \$20 million in claims, or more than \$1 billion worth of new disputes on the table for some large companies.

Nor are businesses expecting these trends to let-up. One third of all companies and nearly 40 percent of \$1 billion-plus firms project the amount of litigation to increase next year. **MM**

### Intelligent Place

The Town of Cary is using MapInfo

Corporation's location intelligence solutions on Maps Online, the town's location intelligent Web site, enabling current and prospective residents and town officials to access instantaneous and visual data about new developments, seasonal town services and special projects.



The interactive Web site connects Cary residents and town employees. Residents can conduct searches based on specific locations to secure answers for queries such as finding out their voting district or the location of the park nearest their home. The site also allows users to search for specific properties and provides up-to-date information regarding zoning, elevation and

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To access Cary's Maps Online Web site, visit [www.townofcary.org](http://www.townofcary.org). For more information about MapInfo Corporation, visit [www.mapinfo.com](http://www.mapinfo.com). **MM**

### Warmer Winters

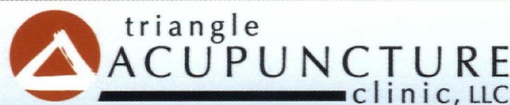
Warmth for Wake, the annual energy assistance program sponsored by Wake County Human Services and the North Carolina Bankers' Association, kicked off its 29th year of helping the needy withstand winter cold. Warmth for Wake has provided fuel assistance for thousands of individuals from low-income households in Wake County. Because administrative costs are not taken from contributions, every penny raised goes directly to those in need. During last year's campaign, contributions from individuals, groups and companies totaled \$61,000 that assisted 171 households throughout the County.

Warmth for Wake is funded entirely through voluntary, tax-deductible contributions from citizens, churches, civic and fraternal organizations and businesses. Contributions are accepted at any Wake County bank or may be mailed to Warmth for Wake, PO Box 46833, Raleigh, NC 27620. **MM**

### Marvelous Gift of Jazz

*The Reach of Memory* is North Carolina jazz pianist and composer Elmer Gibson's latest contribution and most reflective and personal work to date. Working alongside jazz greats Sonny Stitt, Gary Bartz and Eddie Henderson, he has fashioned a lifetime of adventures and developed into a local legend and a worldwide presence in the jazz and musical community.

Within the colorful walls of *The Reach Of Memory* lies the fabric of Gibson's journey through life, reflecting on his experiences, memories and influences. The upbeat opening track "Changes" reflects a darker time in Gibson's life when he was faced with negative circumstances and adverse situations, all of which he rose above while taking each experience to heart. Gibson calls upon the odd rhythms and signature off-key phrasing of Thelonious Monk in his homage to the legend in "In a Monkish Mood," respectfully tipping his hat with profound appreciation. The clos-



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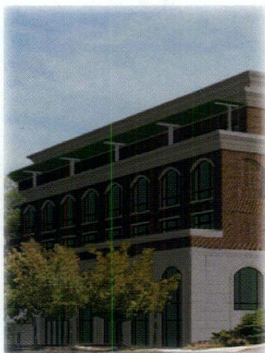


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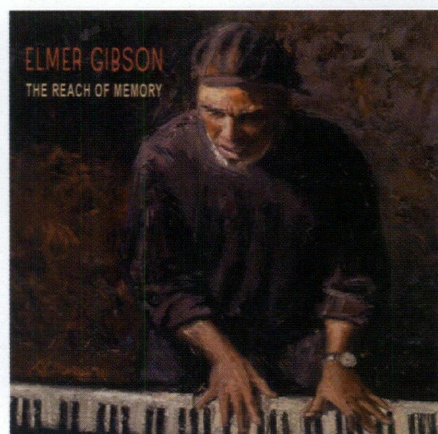
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ing track embodies a quality of Gibson that shines through his music and his being, showing great respect for his parents, particularly his mother. "Song for Melnese," Gibson's tribute to the woman who taught him everything about life and music (his mother produced his first album and was key in introducing him to the technological side of things), is the perfect conclusion for Gibson's personal gift to the world. *The Reach of Memory* is a marvelous reflection from one of North Carolina's most gifted jazz musicians.



Five dollars of every \$15.00 from an allotted number of albums will go to benefit the Alzheimer's Association-Eastern NC Chapter. *The Reach of Memory* can be purchased at Quail Ridge Books & Music, Borders and [www.cdbaby.com](http://www.cdbaby.com). **MM**

—Dan Reeves

*continued on page 111*

## Metro Magazine

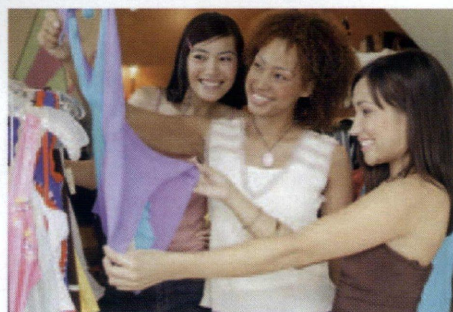
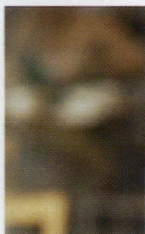
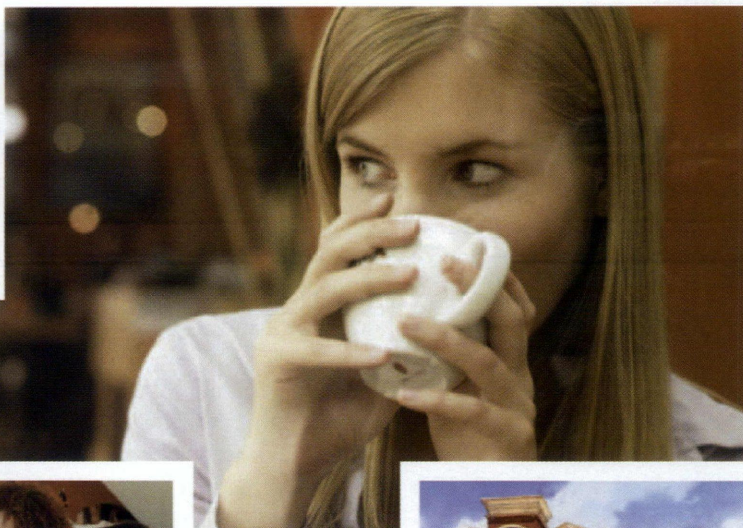
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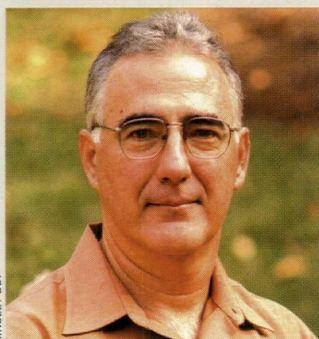
# EDUCATION REVOLUTION AT FOUNDERS COLLEGE

by Rick Smith

**G**ary Hull has taught at universities for more than 20 years and he is appalled by the damage inflicted in classrooms around the country.

It's Hull's belief that the time has come to get back to the basics of providing a good education built on a solid curriculum. And he plans to do something about it by launching Founders College, a new institution of higher learning.

"This is something that is very needed," said Hull, who is director of the Program on Values and Ethics in the Marketplace at Duke University. "I've been teaching in colleges for 20 years, 10 of those at Duke. In my view, colleges are just not doing their job, especially in liberal arts, which are the core of an education."



KINSLEY DEY

The title, Founders College, has nothing to do with conservatism or religious issues, Hull added.

"It's a tribute to the revolutionary approach and what we regard as the proper approach to liberal arts education," he explained. "This is not about the founders of our country or religion."

"A number of us want to escape being swamped by propagandists of both sides," said Hull. "That's just not the point of education. Personal biases will be left at the door — left at the door," he added, repeating the point for emphasis.

Hull, who previously taught philosophy and business ethics at The Claremont Graduate School, Whittier College, and The Fuqua School of Business at Duke,

has also worked as an adviser for businesses, written about business and lectured business groups. Like any entrepreneur, he sees an opportunity to fill a need. Hull wants to build a college where education is about helping students gain knowledge and develop proper skills, such as critical thinking, without an environment of political propaganda.

"We think we have a better way of doing it," he said. "We are about content and training student minds. In other words, students in traditional areas are simply not being taught what they need to know."

"A study, 'The Coming Crisis in Citizenship: Higher Education's Failure To Teach America's History and Institutions,' recently demonstrated that many students

America is headed in the right direction or not. If you don't know what made this country what it is, then you don't know what is needed to maintain its direction."

## STUDY FINDS MINIMAL LEARNING

The study found, according to Hull, that graduating seniors score a mere 1.5 percent higher than freshman counterparts at 50 universities that participated. Some 14,000 students took a 60-question multiple-choice exam about history and civics as part of the study. It was conducted by the Intercollegiate Studies Institute.

But minimal learning was not even found at Duke, where seniors scored 2.3 percent lower on average than freshmen. Duke ranked 46th among the 50 institutions. North Carolina Central scored the

**"I've been teaching in colleges for 20 years, 10 of those at Duke. In my view, colleges are just not doing their job, especially in liberal arts, which are the core of an education."**

— Gary Hull

are graduating with less knowledge than they had in high school," Hull said. "A college degree should mean you gain critical knowledge in important subjects such as history, economics and geography."

"Many students today are ignorant of American history. They often don't know what the founding was all about, whom the founders were, and they don't know the epochal events of history. The obvious consequence of that is they don't have the ability to understand what's going on today."

"People say, 'Well, what's the big deal if you don't know history?' You can't understand why there is fighting in the Middle East unless you understand history. You also can't have any sense as to whether

best (4.8 percent higher) of the four North Carolina schools that participated. Seniors at the University of North Carolina at Chapel Hill scored 1.6 percent higher than freshmen. Seniors at Appalachian State did better — 1.7 percent.

At many universities, requirements for history have been diluted to the point of virtual meaninglessness. Said Hull: "If students are required to take a history class, it can be silly and inane, such as the history of cars or whaling. That is not going to get students an understanding of history — and that's just one subject."

Using an analogy about golf, Hull said students would pay hundreds of dollars for golf lessons and expect to spend time on more than learning how to hit a wedge out



of deep rough.

Hull also is firm in his belief that good teaching combines facts with thinking skills.

"A college education should be the systematic training of the student mind that includes content, thinking and communicating skills," he explained. "Students need to be taught how to think objectively and clearly, how to string together a series of premises and debate arguments.

"They can't," he said. "They can't wend their way through an argument that is more complex than two arguments and a conclusion."

Hull said he has often heard from employers who complain that "they simply cannot find people who can think, people you can give a problem and say 'solve it' or can think outside of the box."

## EDUCATION, NOT PROPAGANDA

Another recent study documents Hull's contention that many college professors are using the classroom to espouse personal views.

A whopping 68 percent of 658 students surveyed at 25 liberal arts colleges and the top 25 universities, according to *US News & World Report*, said that professors made negative comments about President Bush in the 2004 presidential campaign. Only 17 percent said professors were critical of Bush's opponent Democrat John Kerry.

The survey, conducted by the American Council of Trustees & Alumni (see the article on the Pope Conference in this section) also reported that nearly half the students said some presentations and panel discussions on campus were "totally one-sided." Forty-six percent said some professors used class time to present personal political views, and 49 percent said professors frequently comment on politics that had nothing to do with the course.

Nearly half the students said professors made critical comments about conservatives compared to 15 percent who said professors criticized liberals.

To Hull, many professors use their job as a "propaganda vehicle" and turn writing programs into "an opportunity to push a cultural position while placing very little emphasis on writing." A result, he said, is

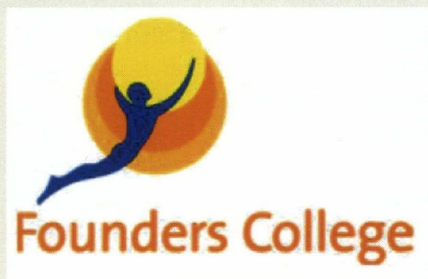
that "we have students graduating who are not able to write, which is the second biggest complaint among employers."

## NO TENURE

At Founders College, Hull will set forth different requirements. Although he has yet to decide whether he will leave his position at Duke, Hull said the institution would address problems in requirements and instruction that he wants to solve.

For example, Founders College will not offer tenure – something Hull has not sought in his own career.

"Founders College does not offer tenure; it offers to reward professors on the basis of teaching ability, which is a radical approach," he said. In his opinion, tenure "bankrupts" the teaching profession. "You should stay with a university or a school because you are good and you are productive. Your job should be based on your ability."



Hull also doesn't have a litmus test of opinions for faculty members. But he doesn't want those opinions affecting how classes are taught.

"Expressing opinions on your own time is fine – like writing a book," Hull said. "A teacher should be a salesman for the subject and should be in love with the subject – and students should be in love with the subject. But that doesn't mean selling them on the teacher's political view," he said. "There are propagandists on both sides, and that's just not the point of education."

In requirements for one of his classes, Hull instructs students to read two books with very different views of capitalism: *Atlas Shrugged* by Ayn Rand and *The Jungle* by Upton Sinclair.

"That's a good indication of how I think education should be done," Hull said. "You focus on the important ideas,

the important events and then you explain clearly the different views, the different schools of thought, and then you talk about it."

Hull also wants Founders College to restore the excitement of learning to students.

"The dirty little secret today is that students are bored," he said. "It's such a tragedy. There's something very wrong with an industry when the dominant response is 'I'm bored.'"


Hull has his own views about business and issues such as the war on terror. For example, Duke shut down a Web site containing an opinion Hull wrote about the dangers of appeasement after the terrorist attacks of Sept. 11, 2001. After protests, the site was restored. Hull, a fan of Rand, is outspoken about the virtues of capitalism. His writings include:

- "The Problem of Universals: Failed Attempts and Ayn Rand's Solution"
- "Twin Towers Destroyed By the Ivory Tower: How America's Universities Harbor the Ideas that Spread Terrorism"
- "The Virtue of Profit: Why Businessmen Need Ayn Rand's Morality of Rational Selfishness"
- "The Neo-Puritan Assault on Sex and Pleasure"
- "Your Professors' War Against the Mind: The Black Hole of Post-Modernism and Multiculturalism"
- "An Introduction to Ayn Rand's Philosophy: Objectivism"

However, Hull stressed that his opinions will not influence what is taught in Founders College classes. His Web site advertises for students and teachers who are independent thinkers who also want to "join the revolution" of changing education.

Founders College will be launched in Campbell County, VA, between Roanoke and Lynchburg. Hull considered locating the college in Oxford, NC, but said a lack of existing facilities led to his decision to launch in Virginia.

Hull hopes to have between 100-150 students when the college opens.

For more on Founders College, see its Web site: [www.founderscollege.com](http://www.founderscollege.com). 



## Pope Center Conference:

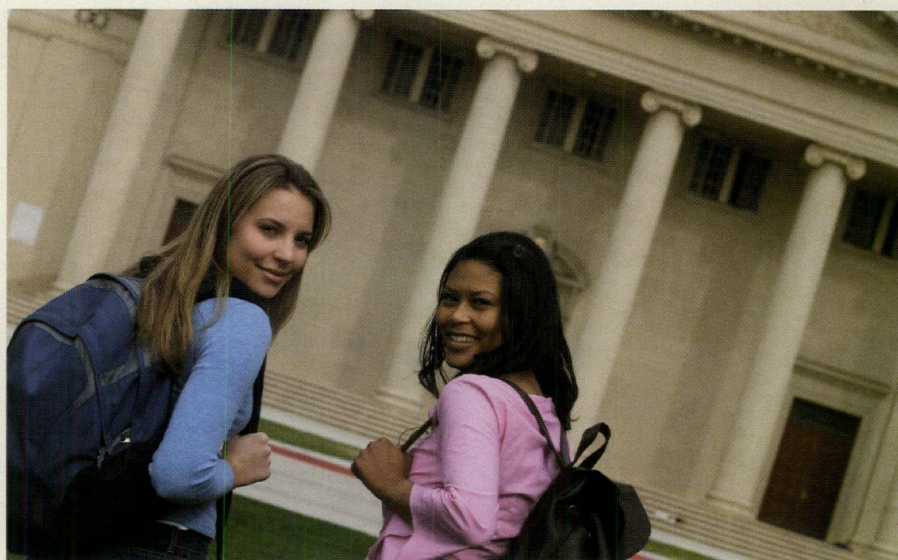
# DIVERSITY ON CAMPUS: IT'S MORE THAN JUST RACE

by Rick Smith

**T**he discussion about diversity on college and university campuses usually means race issues and the never-ending legal argument about preferences for minorities.

But another hot-button issue – intellectual diversity among faculty – was a major topic at the recent Pope Center for Higher Education Policy's annual conference entitled "Diversity: How Much and What Kinds Do Universities Need?"

Ann Neal, a graduate of Harvard Law School and president of the American Council of Trustees & Alumni, said the intellectual diversity question went to "the very heart of education." She decried the dominance of liberal thought among professors, calling it "hostile," "overwhelming" and "immensely unbalanced" to describe the environment encountered by more conservative staff and students – or those seeking what she called "intellectual pluralism."



A study published in 2005 by *The Forum: A Journal of Applied Research in Contemporary Politics* found that 72 percent of those teaching at US colleges and universities considered themselves liberals; only 15 percent said they were conservative.

The Council that Neal leads surveyed students at the top 25 liberal arts and 25 universities as cited by *US News & World Report*. It discovered that 74 percent said their instructors made positive in-class remarks about liberals. Only 15 percent reported positive remarks about conservatives. The survey results were based on 51 percent of students who said they were far-left or liberal.

Neal said many liberal professors were often "indoctrinating" students rather than teaching them: "There is overwhelming evidence there is a problem," she added. "This state of denial must be addressed. The lack of educational diversity is undermining education."

John Staddon, a psychology professor at Duke University, said the diversity debate is not new. "It's like the bird flu or something," he explained. "It's been around for 25 years ... There is a huge imbalance." But he warned that the liberal bent is the dominant "activist" trend among faculty, and he recalled that former Duke colleague Stanley Fish, an outspo-

ken liberal advocate, once told him that "all teaching is seduction."

Staddon warned that adding more conservative instructors wasn't necessarily the solution, however. Instead, he would prefer to see professors teaching rather than "propagandizing."

The worst could be yet to come, added K.C. Johnson, a history professor at Brooklyn College and the City University of New York's Graduate Center. He said defenders of political correctness, speech codes and political litmus tests for students are adopting different tactics since groups such as FIRE (Foundation for Individual Rights in Education) are winning on-campus victories.

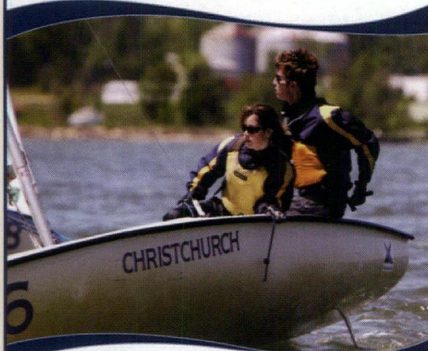
Citing the University of Michigan as an example of leftist course bias, Johnson noted that there are two history approaches with one professor from the law school teaching the role of law in history, while eight professors teach women's history and another eight teach African American studies. In other words, he said, the diversity debate has become a pedagogical one: Who controls the faculty and what is being taught?

## DEBATING THE RACE CARD

Ward Connerly, the black American who fights racial preferences, spoke at length in the keynote address about what

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he called "one of the burning issues in American life."

He used the words of Martin Luther King Jr. ("Free at last, free at last") to describe his retirement from the University of California Board of Regents 18 months ago where he became a lightning rod for criticism of racial preferences. What he wants is a society of free and fair competition.

"What is fair? How do we provide access? We want to arrive at the same point," he said in his talk, titled "America's Promise Realized: Getting Beyond Race."

"The right to compete is a civil right for everyone," Connerly said. "The consensus for that right should be as alive and burning as bright as it was in the 1960s. No one, I mean no one, should be repressed, by race, by sexual preference or by ethnicity," he added.

Connerly, who grew up in Louisiana, stressed that in terms of racial prejudice America has changed. "It is now etched in our culture that discrimination is wrong," he said. "Diversity is an assault on treating

people as equals."

Connerly led the fight against racial preferences in the California Civil Rights Initiative – otherwise known as Proposition 209 – in 1996. The statewide ballot initiative passed by a 55 percent to 45 percent margin. He also is author of the book *Creating Equal: My Fight Against Race Preferences*.

Efforts are underway to study the impact of diversity on campus, such as an in-depth, multi-year survey – named the Education Diversity Project conducted at the University of North Carolina School of Law and 74 other law schools. Among its leaders are law professor Charles Daye and Abigail Panter, an associate professor of psychology, who spoke at the Pope event.

"Diversity," said Daye, who is black, "is fundamentally about justice." But he noted that the study would focus on whether race contributes to educational diversity. "We have to go where the data leads us," he added.

The survey was launched in 2004

among first-year law students and won't conclude until the spring of 2007.

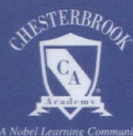
"The test is – is there a good reason for this," Daye said of diversity.

The diversity question is not one that consumes everyone, however. Raymond Pierce, the dean of the North Carolina Central University law school, said he or other deans face other pressing issues.

"What is concerning deans of law schools most is the cost of a law school education," said Pierce, who is black. Pierce pointed out that NCCU's law school student body is already diverse – 45 percent blacks and 35 percent whites.

Racial diversity works at NCCU, he said, because blacks and whites already are "learning together," not just in the classroom but also "in the hallways." He acknowledged that other deans "want more blacks" on their campuses, but he insisted "affirmative action is no cure-all," and collaboration rather than raw numbers is vitally important.

"If we can't work together," Pierce said, "then God save us." **MM**

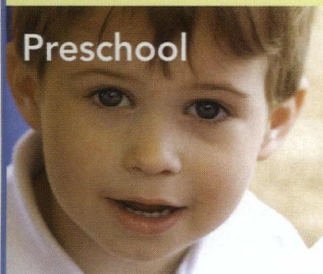


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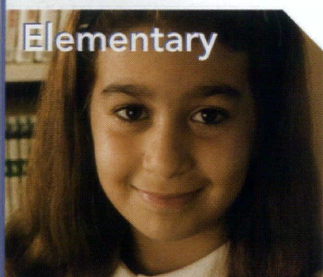
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# JANE S. SHAW NAMED TO HEAD POPE EDUCATION CENTER

by Rick Smith

**T**he Raleigh-based J.W. Pope Center for Higher Education Policy has named Jane S. Shaw as executive vice-president of the nonprofit organization dedicated to improving higher education in North Carolina and the nation. The center is named for the late John William Pope, who was a trustee of the University of North Carolina at Chapel Hill. Raleigh attorney Arch T. Allen serves as chairman of the Center.

Shaw comes to the Pope Center from the Property and Environment Research Center (PERC) in Bozeman, MT, where she was a senior fellow and director of outreach for over 20 years. PERC is a nonprofit institute that applies economics to understanding and solving environmental problems. Before joining PERC, Shaw was a journalist. She moved to Montana from New York City, where she was an associate economics editor for *BusinessWeek*. Shaw has a bachelor's degree from Wellesley College.



Shaw

Shaw is perhaps best known for her writing about the environment. With Michael Sanera (a resident of Raleigh) she co-authored *Facts, Not Fear: Teaching Children about the Environment* (Regnery, 1999). This book points out the exaggeration and pessimism typical of middle school and high school textbooks and offers more balanced discussions of environmental issues from acid rain to global warming. She also edited a series of young people's books on environmental topics published by Greenhaven Press and co-edited a book on land use, *A Guide to Smart Growth* (2000).

Her goal at the Pope Center is to strengthen its contribution to reform of postsecondary education. "There's a growing consensus," says Shaw, "that students in college are not getting a satisfactory education. Many graduate with poor skills, inability to think critically and logically, and without an understanding of the historical background that fostered a country that favors personal freedom and limited government."

"We will join with other reform groups, as well as those directly involved in higher education – faculty, administrators, and trustees – to bring about appropriate changes. We will criticize in some cases and, in others, showcase good examples worth building on."

During the past few years, the Center has published reports critical of North Carolina universities. It has identified weak and biased curricula and recommended changes in the method of selecting the University of North Carolina Board of Governors.

Shaw will work with George Leef, who has been named vice president for research. Leef, who has been with the Center since it became an independent organization in 2003, is a widely published writer on educational and economic topics. He edited *Educating Teachers: The Best Minds Speak Out*, published in 2002, and wrote *Free Choice for Workers: A History of the Right to Work Movement* (2006). A recent paper, "The Overselling of Higher Education," has received national attention.

Shaw, who lives in Raleigh, is married to Richard L. Stroup, currently a professor of economics at Montana State University. Their son attends Duke University. **MM**

## EIGHT SIMPLE RULES FOR FLUNKING MY CLASS

by Nan Miller

**D**uring the 26 years I taught college composition and literature, I observed an accelerating trend – excuse mongering by students who would earn good grades without much effort. Here I expose eight classic types, who have in common the notion that professors will cook the books for students who know how to wheedle – sometimes for only a passing grade. With my appraisal of this wily bunch, I address all would-be dawdlers and the parents who sometimes abet them.

It has come at last – your first semester of college. You belong here, having aced high school with a 3.8 GPA and scored 1290 on the SAT. These stats, you decide, are your passport to freedom from teachers, preachers and, of course, Mom and Dad, whose nonstop chatter about your brilliant future is beginning to grate. You can hardly say, "Back off, folks. I've done *my* job. I've qualified for college-level work and am entitled now to some college-level FUN!" I know you well. To succeed in your plan, you must think up excuses to duck out of work. I have heard them all. They comprise the eight simple rules for flunking my class.

**1. Plead a "weak background" in English.** Come by during my office hours – docile, abashed – even before you write your first assigned essay. Hover and hesitate outside my door; then tap softly. Perch awkwardly on the straight-back chair, reluctant, at first, to

confess that you are "soooo not ready for English 101." Describe, in short little puffs, the appalling deficiencies in your high school preparation, the busy work, the slapdash instruction in composition and grammar. Murmur that you have heard about my reputation for fairness and hope I'll consider this weak background when I grade your papers. When I promise, instead, to work with you one-on-one and read all your drafts, you seem relieved, even though weekly meetings with me are not what you had in mind.

Show up once, empty-handed, but ready to "brainstorm" ideas for the upcoming essay. Then go gently into this strange, new background. At semester's end, when the grade comes to your home address, tell the folks that the professor with a reputation for fairness turned out to be "soooo not fair!"

**2. Rant.** But do not let me see it coming, that is, until you have in hand your first graded essay. You have tuned out my little soften-the-blow preface to the handing back of papers and have overlooked the encouraging comment on page one of your own paper. All you see is a D, wrongfully affixed to your very first essay – but not for long. So says the body language – the slump, the glare, the loud rustling of papers. The minute class is over you rush up to warn, "I'll be by later to talk about my grade!"

I hear you approach. Your footsteps convey urgency; your knock



means business. Scarcely have I called out, "Come in," when you are standing before me, full of sound and fury, signifying plenty. You are shocked, *shocked!* by this grade, for no paper of yours has ever made a D! Yes, you have read my comment but consider my suggestion that you organize ideas, an insult to your personal style. I learn that words gush from you in torrents and that arranging them to fit some model – just to please me – would wreck your creative flair. And if I can't see what I've done to the flair, the self-esteem, to your opinion of English in general, you bet my department head will. She won't.

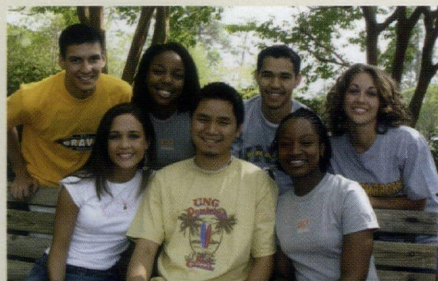
Exhausted from your efforts to set me straight, you skip class, then stop coming altogether. You huddle with your folks and question your very enrollment in a college where such injustice can prevail. You impugn each of the players in this irksome little drama – except the writer with the torrent of words that sense not make.

**3. Take full blame for your poor showing – sort of.** Let's say you have squeaked by with C's in two semesters of composition but have put off taking your Lit. survey till second semester of your senior year. You'd rather not because, where

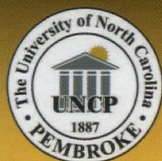
English is concerned, you've always suspected that a little dab'll do you. But here you are, sitting in my class, wondering why so-called great writers say, "shuffled off this mortal coil," when they simply mean "died" and wondering what words like "juxtapose," "octave" and "hubris" have to do with your career goals. You dash off a paper or two, then wonder why I won't give a little dab of writing a passing grade.

Your one chance to pass, you think, is to come by my office and beg for clem-

ency, what with graduation looming. Say, "*English is just not my subject!*" and hint that such a fate is as inescapable as myopia or flat feet. When I show you how to overcome this handicap by revising your essays, you say you will. You really will. Add a comma here, a transition there and resubmit all six essays on the last day of class. When your final grade comes, tell the folks you read somewhere that employers these days favor "well-rounded" applicants over those with the stellar transcripts. Register



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#### 4. Put Bulwer-Lytton in the shade.

You may not have heard of the grandiloquent Victorian novelist, but you have mastered his style by reaching dizzying heights of eloquence in your own compositions. An essay, you think, is like a diamond – the more carats, the more brilliance – and there are carats aplenty in your trusty thesaurus. You write, “Mendacious, malevolent Iago utilizes ersatz ‘honesty’ to perpetrate evilness” and think, “Now there’s a sentence!” When it comes back marked, “Let’s get together and talk about your style,” you hope I meant to modify “style” with “scintillating.”

Face-to-face, I praise your resourcefulness but suggest that more matter with less art might improve your writing. “Professor Sharp loves my writing!” you protest, forgetting that in this age of hyper-connectivity, what professor Sharp calls for in student writing (clarity, conciseness) is posted on his Web site. Mutter something about professors who prefer a see-Spot-run approach to writing; then drop my class.

Tell the folks you’ll retake it under someone who knows talent when she sees it.

5. Have “issues.” The word “problem” has, of course, been stricken from the lexicon – and for good reason. “Issues” sounds more ominous, more deserving of concessions from me. When writing a paper is inconvenient, your mind becomes a Rolodex of issues that might buy time for the truant. You’d never actually lie, but when a research paper is due, the distance between mom’s migraine and life-threatening issue becomes one short step. I do not double check these accounts because fabulation will out, sometimes at Parents’ Weekend when I spot the fit, smiling mom who only days before had been at death’s door, sometimes in class when you show up paperless, having been up all night with “stomach issues” – but still bear the hand-stamp of a local nightspot. “BUS-TED!” your classmates cry, and we all have a good laugh.

Later, you drop by to explain that yesterday was your 21st birthday and to ask if there is *any* way you can “make up the

work.” “Of course,” I say, and prescribe a fail-safe treatment for this overdose of fun. At semester’s end, however, your prescription for hard work has gone unfilled. When the grade comes, tell the folks your roommate’s issues have interfered with your schoolwork all semester. Tell the roommate your folks insist that you move off campus – to study.

#### 6. Work, work, work – off campus.

Be a shop girl, a sous chef, a table-top dancer. Be all three if it takes all three to “work your way through” – or at least make me think that is the case. Stop by my office, early in the semester, but linger outside, talking on your cell phone to boss No. 1, saying you’ll be late for work “just this once.” Then enter, beaming the dither and pluck of the student/Girl Friday – who aims to beguile a hard-line professor. Collapse in a chair, put the cell phone on vibrate and begin. Say that you love my class. It’s your favorite. And you would give *anything* if you could hand papers in on time, but the fact is, to stay in school you must work three jobs. *Three!* You recount

## Education News

**Cary Academy** will begin special events in the coming months through May 2007 in celebration of their 10-year anniversary. Events include:

Friday, Nov. 3: **Grandparents’ Day.**

Tuesday, Dec. 19: **Homecoming**

Saturday, Feb. 24: **PTAA Auction**

Wednesday, April 11: **Charger Stampede & Picnic**

Saturday, May 19: **10-Year Anniversary Celebration at Regency Park**

**Cary Academy’s Annual Holiday Shoppe 2006** will be held from Nov. 30-Dec. 2 at the Sports and Education Annex on the Cary Academy campus. Over 100 vendors will put their wares up for sale as potential gift purchases. Proceeds from the event will benefit community outreach and need-based scholarships. The hours for the Holiday Shoppe are: Thursday, Nov. 30, 10 a.m. to 5 p.m.; Friday, Dec. 1, 10 a.m. to 9 p.m.; and Saturday, Dec. 2, 10 a.m. to 4 p.m.

**Saint Mary’s School** will hold an **Overnight/Visitation Day** on Nov. 9-10 for prospective boarding and day school girls in grades 9-12 and their parents. Prospective students arrive at 5:30 p.m. on Nov. 9 for the overnight event. Boarding and day students will attend a class, meet students and faculty and eat lunch in the dining hall on Visitation Day on Nov. 10 from 8:30 a.m. to 1 p.m. For more information or reservations, call 919-424-4100 or e-mail [admissions@saint-marys.edu](mailto:admissions@saint-marys.edu)

In honor of **American Education Week, Nov. 12-18**, the National Education Association will celebrate public education and honor people who are making a difference in the public school system with events that convey the message: “**Great Public Schools: A Basic Right and Our Responsibility**”:

Sunday, Nov. 12: **Student Leaders Day.** Hundreds of future teachers will convene in Denver, CO, to participate in a kick-off event with NEA President Reg Weaver.

Monday, Nov. 13: **National Kick-Off Celebration.** From national to local events, Americans will celebrate public education across the country.

Tuesday, Nov. 14: **Invite Parents to School Day.** Schools will invite parents into classrooms for a firsthand look at what the school day is like for their children.

Wednesday, Nov. 15: **Education Support Professionals Day.** From the bus driver to the custodian, the people who provide invaluable services to schools are recognized for their dedication.

Thursday, Nov. 16: **Educator for a Day.** Community leaders will be invited into schools to experience the rewards and challenges of educators and the needs of students.

Friday, Nov. 17: **Substitute Educators Day.** Set up to honor educators who step in at a moment’s notice to continue education in the classroom when regularly employed teachers are out.

For more information about American Education Week visit [www.nea.org/aew](http://www.nea.org/aew).



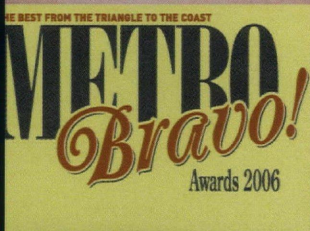
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a need so dire, so Dickensian, I find myself extending due dates for essays, then shooing you out of my office so you can "Get to work!"

We part – you, savoring your sweet deal – me, my good deed, which holds firm till the day Spring Break begins. When I ask in class, "Is anyone going someplace exotic over the break?" you forget for a moment and sing out CANCUN! If I suddenly have doubts about your Little-Nell image, they are confirmed later that day when I happen upon you loading the Louis Vuitton luggage into your Range Rover. Your sweet deal is off.

When the grades come to your home address, tuck them away and tell the folks they were sent to Houlihan's by mistake. Remove the CANCUN RULES! bumper sticker. Load the Range Rover after dark.

7. Shop online at "The Evil House of Cheat." And if you can't find just the right paper there, try another site providing urgent care for dawdlers. Try "Screw School," "Paper Pimp" or "School Sucks," the site that pioneered the concept "DOWN-LOAD YOUR WORKLOAD!" But do not expect to tarry long in the house of cheat because, after hours, I double as a pretty good sleuth – and I shall track you there.

Perhaps your little game of word theft began when you smuggled into an essay just one pithy phrase – apt and untraceable. Then one thing led to another, and suddenly you are lifting whole chunks of this or that, calling the imagery in *Othello* "monstrous and diabolical," calling the characters "jealousy-crazed, not simply as brutish, but as grotesque and demonic." I am on the case and five clicks later have

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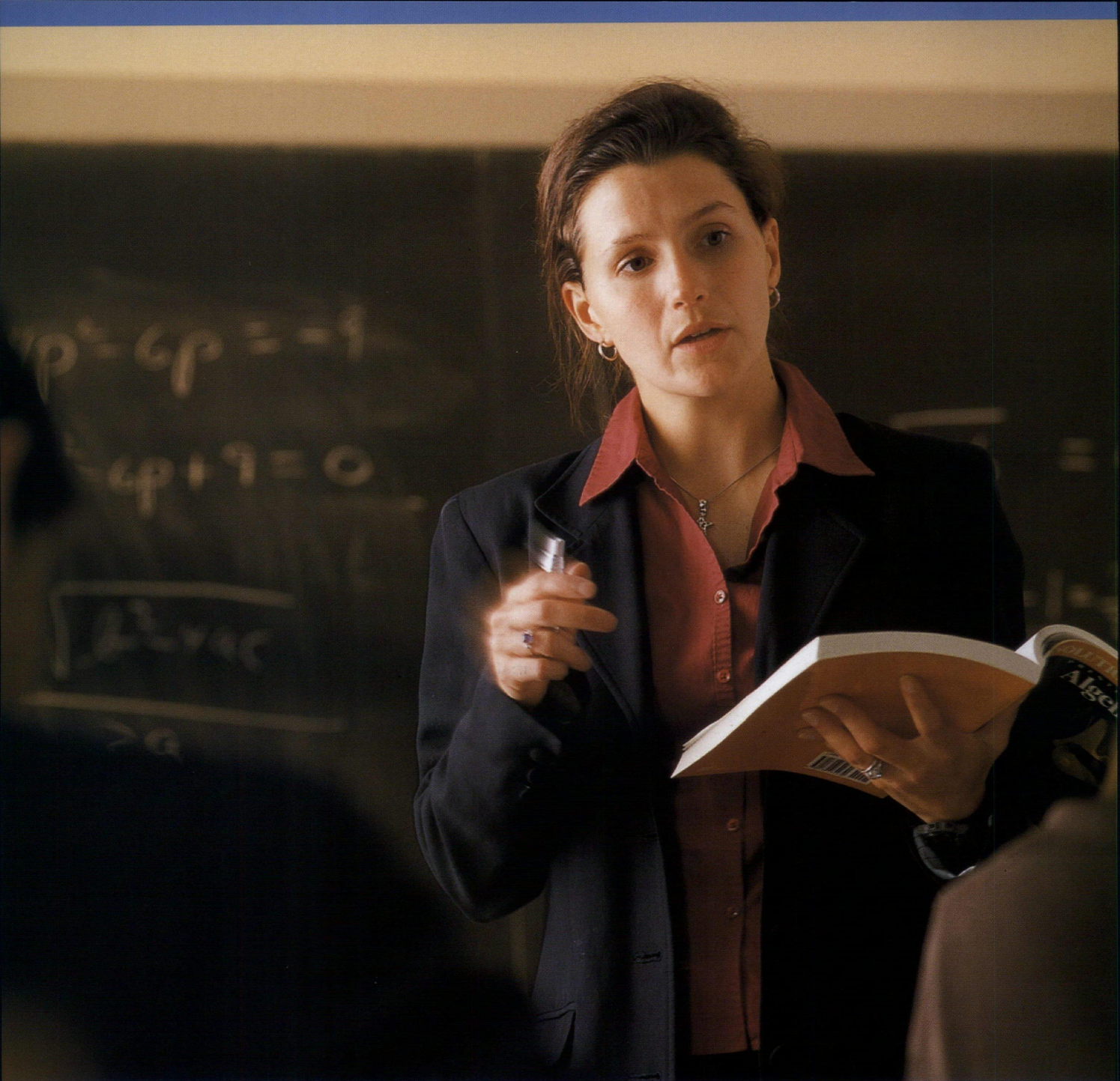
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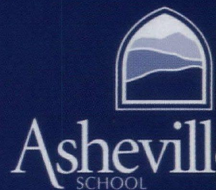


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found your source – even without the help of a web stalking service. When your essay comes back marked “See me!” you can guess what’s up and prepare your defense. Most students dissolve in a puddle of remorse. Not you.

Faced with a printout from *Spark Notes*, you insist that your paper’s identical phrasing is an odd coincidence. Central casting could not have sent one more skilled at playing bewildered innocence – even in an Honor Court hearing. When Mom and Dad get wind of the hearing, the verdict,

and the upcoming F, swear up and down that you had turned in your study notes by mistake but *no one believes you!* Admit only to yourself that you wrote not wisely, but too well.

**8. Use a laptop that malfunctions (or disappears) – reliably.** Not that I have actually seen it malfunction. In class, it responds on cue – delighted, it seems, to be commanded by so deft a mistress. The minute class is over, however, this brand new ThinkPad becomes Bizarro Laptop, utterly refusing to save, print or send doc-

uments on the dates they are due. And too much coaxing the little demon can spark such fits of defiance and it simply crashes, taking with it one perfectly good analysis of a Wordsworth poem. You know what to do. Leave me a voicemail at 3:00 a.m., bewail this catastrophe, and plead for one extra day to “rewrite” your essay. Then hop back into bed – confident that you have read me right. You know I say I’ll not accept the dog-deleted-my-homework excuse (what teacher doesn’t say that), but you bet I’ll wink at one late paper – if it’s not *too* late. I will.

Some dogs, however, do not stop at merely deleting homework. Just last week one very determined dog of a brother sneaked on campus and drove off in the very car that held the laptop that held the research paper titled “How Technology Enhances Higher Education” – which was due that day. And what’s worse, the whereabouts of said dog remain a mystery for three whole days! Desperation has made you bold and bestowed such powers of invention I am dumbstruck just contemplating the wily brother, the heist and the purloined paper – which is recovered too late to forestall your F.

E-mail Mom and Dad and prepare them for the upcoming F. Say it’ll be on your transcript only until the Registrar can straighten out the mess made by some prankster who hacked into his database and changed a bunch of grades. Sign off with a cute P.S. like “Reality bytes!”

That cute P.S. could be the postscript for each of my rules. Make it your mantra. Summon it when you feel like dodging the great books, the heady notions, the tiresome fixation *on all that writing!* I know, I know, you are young only once, and the oats are out there, just waiting to be sown. Have a bit of fun. Have a whole lot of fun! I’m for it. But do not squander money *or* talent on a college education. Be the one who decides – the moment you set foot on campus – *not* to play by the eight simple rules for flunking my class. **MM**

*Nan Miller was interviewed by Education News magazine on the issues confronting the proper teaching of writing; go to [www.educationnews.org/writers/michaell/An\\_Interview\\_with\\_Nan\\_Miller\\_About\\_Writing\\_and\\_Writing\\_Skills.htm](http://www.educationnews.org/writers/michaell/An_Interview_with_Nan_Miller_About_Writing_and_Writing_Skills.htm)*



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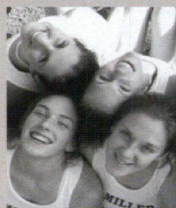


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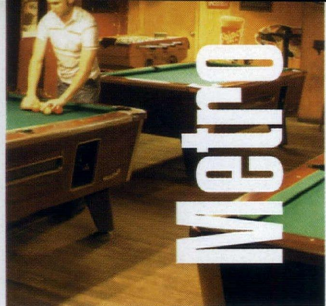
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# Design

by Diane Lea

Photography by Kinsley Dey

## GREG HATEM SEES GOOD TIMES IN DOWNTOWN RALEIGH

**T**ake a walk in Downtown Raleigh on newly reopened Fayetteville Street and enjoy the sense of being in a big city with small town manners.

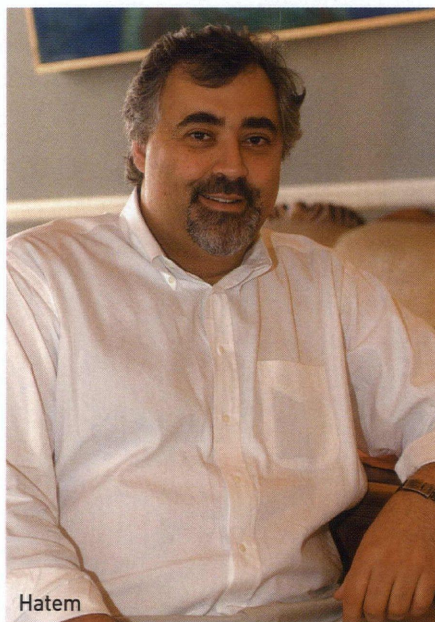
The architecture is an appealing mix of periods and scale: the 1870s Briggs Hardware Building with its Victorian-Gothic façade; the mansard-roofed late 19th century French Second Empire Post Office; One Progress Plaza, a soaring pier-walled modern structure; the 1990s-style, 28-story skyscraper now called Wachovia Capital Center; newer high-rises and several older buildings that have been rehabilitated over the past 20 years.

Downtown also offers activity. Residents and workers – many living in the stylish new condominium projects in the downtown area – suburban shoppers, new and long-time merchants and service people, local and international business professionals, teachers, students, artists and musicians are walking briskly, or window-shopping, or setting up their wares. They are also pausing to view WTVD's live on-the-air television shows broadcast from their offices facing Fayetteville Street underneath breaking news from a neon ticker tape.

And now there is a new-old vista. For the first time since 1976, it is possible to stand on Fayetteville Street where the old mall used to be and turn to the north and see William Nichols' magnificent North Carolina State Capitol, and then turn to the south and see the classical columns of Atwood & Weeks' 1932 Memorial Hall, now the centerpiece of the Progress Energy Center for the Performing Arts. And people

still smile, still say, "Hello," and open doors for each other.

Another pleasant surprise in Downtown Raleigh is the food. Olfactory senses are saluted by the pungent aromas of sidewalk vendors selling sausages and pretzels, or by



Hatem

the invigorating fragrance of fresh coffee and bakery goods served at sidewalk tables – and even the unmistakable tangy smell of a schooner of celebratory ale from the open doors of a dimly lit pub. The array of colorful, flavorful and visually appealing food in the heart of the historic grid of streets – laid out in 1792 by surveyor Will-

iam Christmas – puts an end forever to the old lament there is no place to dine Downtown.

### DOWNTOWN MAN

Greg Hatem, Raleigh developer, entrepreneur and Downtown resident is managing partner of Empire Properties. He counts both food and historic preservation as key elements in his successful renovation and adaptive reuse of over 41 Downtown buildings. Hatem, a native of Roanoke Rapids, acquired his love of old buildings while growing up in his father's men's clothing store, located in what had been the town's 1930s-era movie theatre. "My father bought the building in the 1950s," says Hatem, "and revitalized it within the original 1930s envelope." In 1997 after living and working for a year in China, where his physician uncle worked from 1933 until his death in the 1980s, Hatem returned to Raleigh. "I received my degree in chemical engineering from North Carolina State University," he says. "But even before coming here to go to school, I felt it was a special place. In the fourth grade, we studied North Carolina history, and when my class visited Raleigh on a field trip, I thought, 'This is our capital city, and that's a big deal.' Years later, when I returned to NC State and saw Downtown, I wondered, 'Why aren't people doing more to preserve Downtown?'"



Fayetteville Street is now a street again, with views of the State Capitol and of Memorial Hall, centerpiece of the Progress Energy Center for the Performing Arts.





After helping a friend renovate an old building, Hatem began his own redevelopment of a 1950s open-truss warehouse at 117 S. West Street. Though he was initially turned down by two lenders skeptical about the project's viability, Hatem contends that old warehouses are great places for historic restoration and adaptive reuse. "The buildings are well built, straightforward, and their large open spaces are easier to renovate," he adds. "The one I redeveloped was known as the Coca-Cola Warehouse, and it had truss spans stretching 100 feet in two directions with no columns. We recruited Jillian's (a sports and entertainment bar) as the tenant," Hatem recalls, "and that active use of space had a



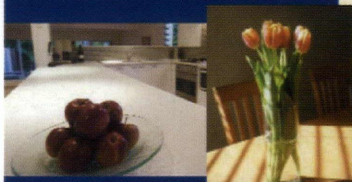
Fine dining in a chic urban décor is part of the new Downtown scene.

huge impact on the warehouse district." For his next project, Hatem took on the redevelopment of a four-building complex in Raleigh's historic depot section between Martin and Davie Streets and called it Commerce Place for the narrow street that connected the two. Designed to appeal to a mixed-use tenant base, the complex houses a popular restaurant, Nana's chop-house, and offers warehouse space adapted for office and retail. "When we bought the buildings and started the project, Anthony Ulinski, an artist and craftsman and owner of Dovetail Woodworks, was already a tenant," says Hatem. "We wanted to encourage that clientele in the area and asked him to stay on. Dovetail is still at 24 Commerce Place as our anchor tenant."

Food was still in the mix for Empire's

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next Downtown renovation at 222 S. Blount Street, but this time Hatem was testing a new venue. His friend David Mao wanted to open a high-end Asian bistro to offer Raleighites the kind of sophisticated food and restaurant design they would experience in New York or Chicago. Hatem, who often partners with the businesses that occupy his buildings, worked with Mao to complete the Duck and Dumpling. "When we purchased the building, *The News & Observer* commented that Empire saw potential in developing in East Raleigh and adjacent to Moore Square, Hatem says. "Some thought that was the wrong side of Fayetteville Street for what we were trying to do, but Moore Square is still at the heart of the city and the people got it."

Ask around Downtown about the new best thing and you will hear *The Raleigh Times* touted. No, the venerable newspaper of that name has not resurrected itself at 14 E. Hargett Street, its old location, but its namesake is Hatem's latest renovation venture and most recent food emporium. Hatem is enthusiastic about the architecture and history of the 1906 building that



MICHAEL ZINKLE PHOTOGRAPHY

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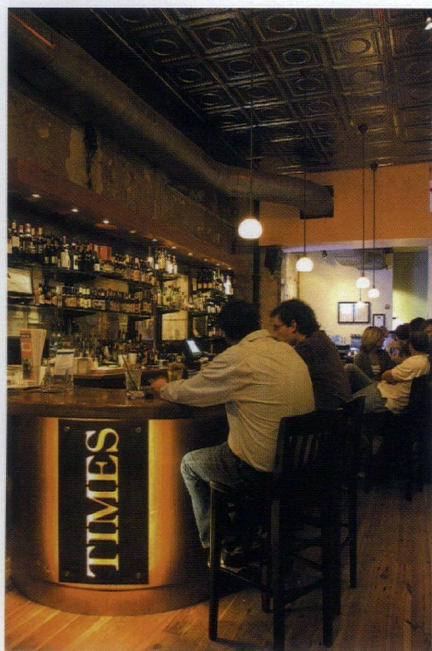
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*The Morning Times* (top and above), offering coffees, bakery goods and take-out foods opens at 6:30 am.





The Raleigh Times Bar (top and above), is a popular spot for outdoor dining and its lively bar.

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The Duck and Dumpling features high-end Asian cuisine in its location adjacent to Moore Square.


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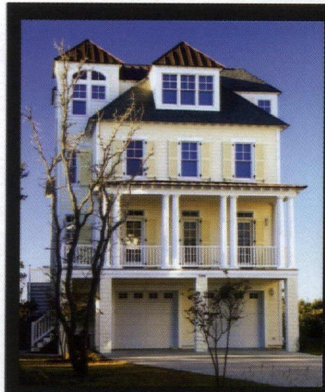
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features intricate masonry and a turn-of-the-century, mixed-use plan with two street level storefronts and a staircase between to access the upstairs office originally occupied by the *Raleigh Evening Times* newspaper. The *Raleigh Times* eventually bought the *Raleigh Evening Times* and moved their offices to the building and rented the storefronts to The Office Supply Store and the Electric Shoe Shop. "The building has wonderful architecture and *The Times* was such an important piece of the community," says Hatem. So many historic artifacts were found in the building during Hatem's certified historic renovation, he decided to turn the main level into a restaur-




The Pour House, a Duck and Dumpling neighbor.




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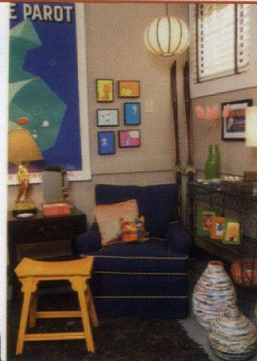
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NANA'S

Chophouse



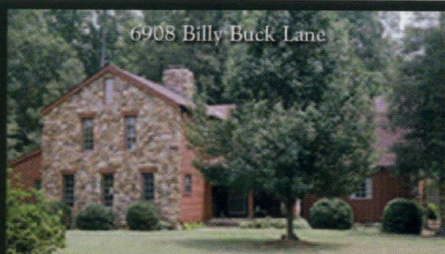
Trendy Nana's Chophouse is part of a four-building mixed-used development in the warehouse district.

rant and bar and display the old bottles, bibles, journals and pieces of lead type as part of the décor. "Renovating old buildings into restaurants is a revitalization tool and an economic engine for Downtown," Hatem explains. "They provide jobs, generate tax revenue, and at the same time, bring people to Downtown after normal business hours. Historic buildings are often human scale, and restaurants provide an active use at street level. People can take in the historic character of a building while they wait for a table. In most cultures, food is an integral part of celebration and that's why downtown restaurants have such an impact: in effect, diners are celebrating the downtown." Fate cooperated with Hatem's plan to integrate history and food when he was able to purchase bound volumes of *The Raleigh Times* from an antiques dealer who knew he owned the Times Building. Reprinted articles and photographs now hang on the wall in *The Raleigh Times Bar*.

With the reopening of Fayetteville Street, an occasion celebrated with speeches, parades and general enthusiastic fanfare at the official ribbon cutting on July 29, 2006, Hatem wanted to do his part to stimulate activity Downtown 24 hours a day, seven days a week. To this end he renovated the building next door to *The Raleigh Times Bar* and opened a coffee bar, *The Morning Times*, with baked goods and take out food. "Both restaurants are open seven days a week," says Hatem. "We almost have the 24 hours covered, but there is a lull between 2:30 a.m., when *The Raleigh Times* closes, and 6:30 a.m. when *The Morning Times* opens."

### HOTEL LAFAYETTE

Empire Properties has grown from a one-man operation to a multi-faceted company managing development, marketing and design, leasing, construction, property management and a restaurant group. It is not surprising that the next venture on Hatem's list is the construction of a new boutique hotel, *The Lafayette*, set to open in 2009. Proposed by Craig Spitzer, now head of Empire's new restaurant division,



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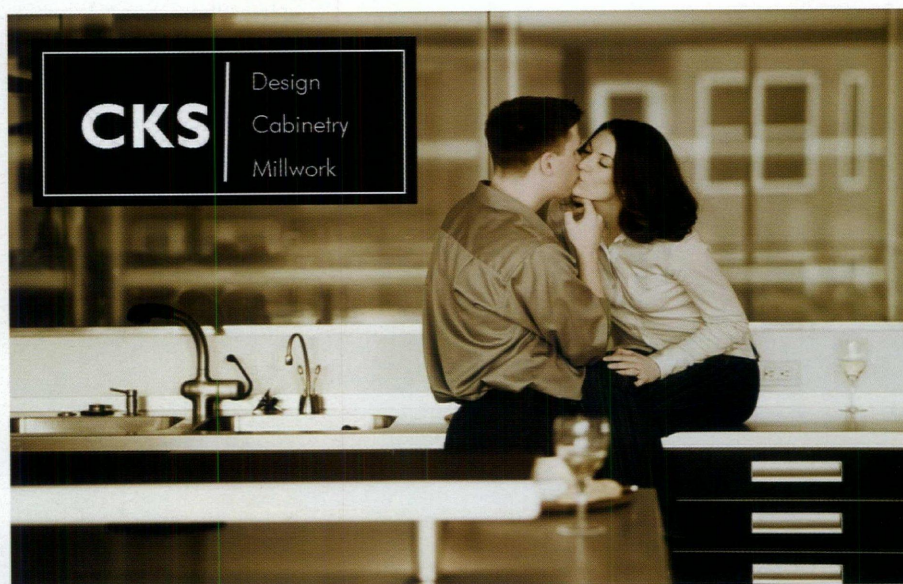
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Empire Eats, and designed by New York City architect Steven Jacobs of SBJ Group, *The Lafayette* is modeled after *The Library*, a New York hotel renovation project. Adhering to Empire's successful formula of mixed-use development, the 21-story Lafayette will have retail space and a signature 200-seat restaurant by *Enoteca Vin's* Ashley Christensen on the street level, and an 150-guest room boutique hotel above the restaurant and retail stores. *The Lafayette* will be topped off by 80 residential condos on the upper levels and will feature numerous amenities, including high technology rooms with plasma televisions, large suites to accommodate up to 35-person cocktail parties, a fitness center, and a rooftop bar and swimming pool.

Located just steps away from the new 500,000-square-foot Raleigh Convention Center set to open in 2008, *The Lafayette* is one of several new developments underway that will complement the revitalization of Downtown and its magnificent modernist convention center. The Center, currently under construction, will feature a grand lobby with floor-to-ceiling win-

dows, a spectacular exhibit hall, and a 4100-square-foot mezzanine at street level. It is attached to a new four-star Marriott Hotel. *The Lafayette* site is diagonally across from the complex. "A few years ago, 21 stories looked like a tall building for Downtown," says Hatem. "Now Downtown is embracing development like the 33-story RBC Centura Plaza, a mixed-use office and residential tower designed as corporate headquarters for RBC Centura with retail space. The best thing about it is there will be 139 residential condos sitting on top of an office building all on less than an acre of land."

Hatem welcomes the increased density of new Downtown development and sees it as the key to encouraging enough residents, workers and visitors to keep Fayetteville Street and Downtown thriving. Meanwhile, as Empire Properties launches *The Lafayette*, its first new construction project to add to the firm's portfolio of older buildings, Hatem and his colleagues can take pride in their success as major players in a new era for Downtown Raleigh. **MM**



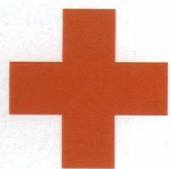
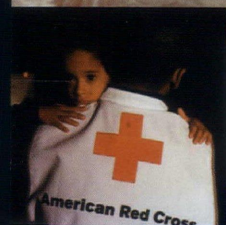
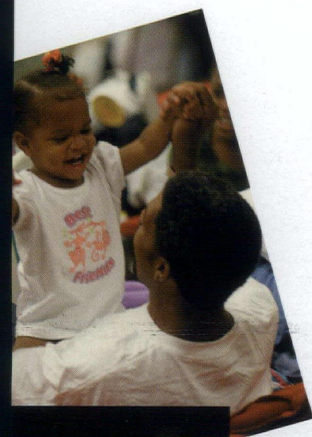
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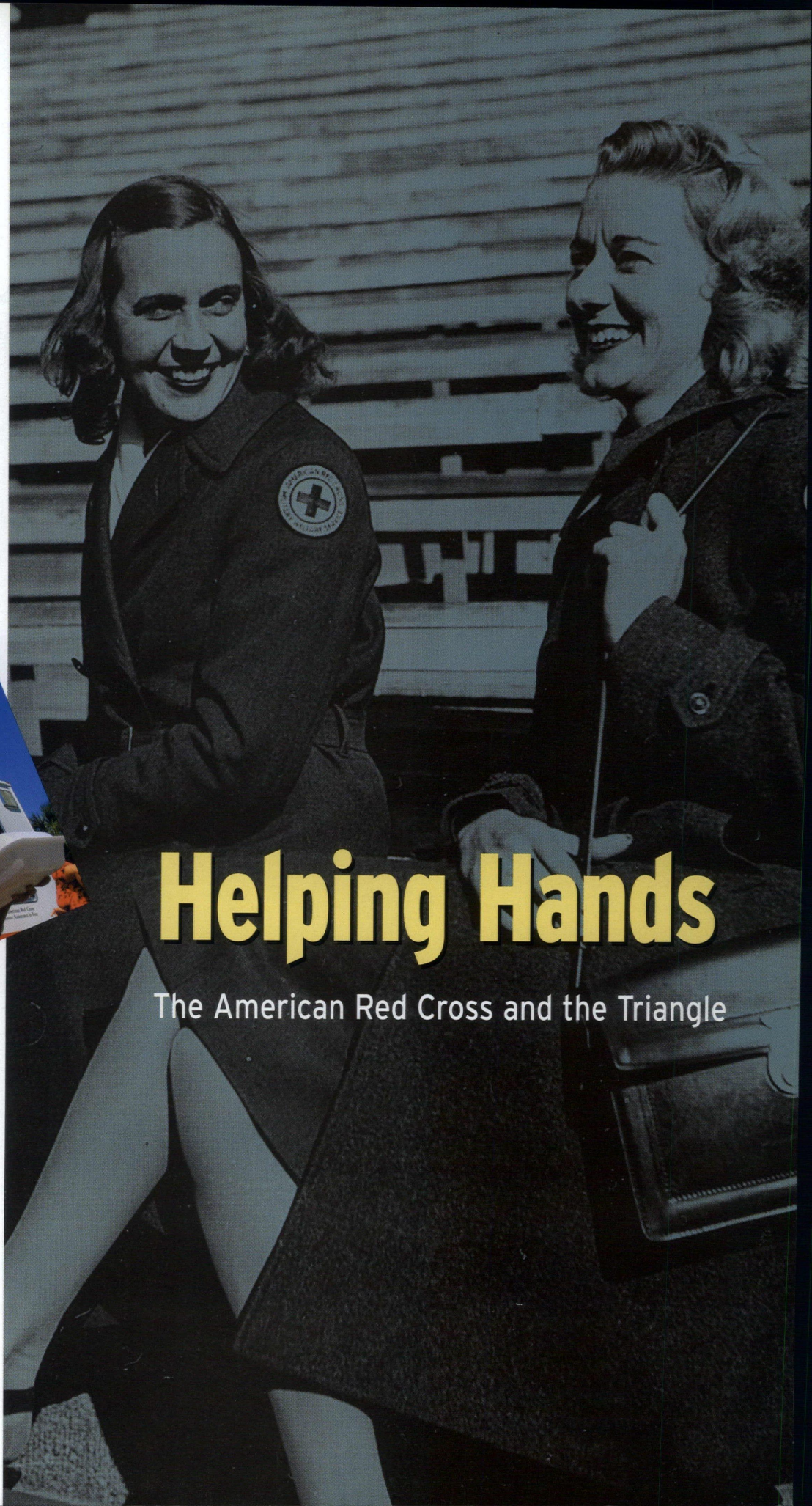
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# Helping Hands

The American Red Cross and the Triangle



# Understanding The Mission

## Red Cross in Your Community

by Patricia Staino

**T**he Red Cross was born on the battlefields of Europe, but most of today's volunteers serve the local organizations at work in the communities where they live. Although the public most readily recognizes the group for its blood drives and CPR/First Aid classes, the mission of the Red Cross is to provide disaster relief, and not just in distant lands. Local Red Cross chapters are at work in communities across the nation helping their neighbors in need, no matter what their social or financial status.

In the Triangle, three chapters are joining together to offer more to the community: the Triangle Area Chapter (which includes Wake, Johnston, Franklin and Warren Counties), the Central North Carolina Chapter (serving Durham, Granville, Person and Vance Counties), and the Orange County Chapter. By consolidating to offer joint support and assistance in the organization's core services of disaster relief, military services, CPR and first aid instruction, and blood collection, the chapters can more readily communicate to residents the resources available to them on a local level.

"People may not realize there are chapters serving every community," says Rosetta Wash, executive director of the Orange County Chapter. "They know there's a Red Cross, but often they think of the national organization."

### LOCAL VOLUNTEER SERVICES

Local chapters are often confused with the national organization of the Red Cross, which is most visible in times of significant national and international disasters, such as the 9/11 attacks, the December 2004 tsunami and more recently, Hurricane Katrina. While the missions of the local chapters are to provide disaster relief primarily in their local communities, they are also committed to mobilizing local volunteers to serve wherever help may be needed.

"The Red Cross is a grassroots organi-



HECTOR EMANUEL/AMERICAN RED CROSS

zation," says Barry Porter, executive director of the Triangle Area Chapter. "Volunteers in the community give selflessly of themselves to others through all lines of Red Cross services."

In that spirit, local Red Cross volunteers quickly organized to offer support to Hurricane Katrina victims and evacuees: Almost 2800 victims and their families evacuated to the Triangle area and had case files opened in local chapters. The Triangle sent nearly 300 Red Cross volunteers to the ravaged Gulf area to assist with cleanup

and victim assistance.

"When you see something like this," said Porter, as he drove through a destitute and deserted area of Mississippi, "you realize why the Red Cross is needed."

The local Red Cross was instrumental in reaching out to Katrina's victims right here in the Triangle, and Fleecia Allen is grateful. After losing everything in the disaster, Allen and her children (now ages 1 and 3) were relocated to Raleigh from Gulfport, MS. The family received aid from the Red Cross immediately following



**"While the wind and the water of Katrina didn't come our way,  
more than 3500 people blew our way needing assistance."**

—Patricia LeRoy, director of Emergency Services, Red Cross Triangle Area Chapter

the disaster, and the assistance continued once they arrived in North Carolina.

"If it wasn't for the Red Cross, I would be in Mississippi sleeping in a tent right now," Allen says. "It really has changed my life. It's a hurting feeling when you don't know what you're going to do, and for someone to be there to give you a little direction, it makes you believe there is hope for another day."

Now Allen works, through a job training program, as a staff assistant for a local Red Cross chapter, assisting victims of disasters in opening case files, making claims

for assistance and getting back on their feet when the crisis has passed.

"Being able to come up here and work for the Red Cross has allowed me to give back to other people who have lost their homes, too," she says. "I can give them a feeling that it's all going to work out for the better. Something fulfilling happens every day."

Often the real need for volunteers hits much closer to home.

"More than 300 times last year we responded to single-family home fires in the Triangle," Porter says. "We need peo-

ple who are concerned on a national level to also realize what we do just down the street." For this reason, the Triangle chapters continue to focus on the core services of the Red Cross and have set a goal of expanding their ability to respond to local disasters by raising funds for more equipment, vehicles and services.

#### **DISASTER SERVICES**

Home fires are the most common disaster to which the local chapters are called to respond. Disaster Action Team members are on call 24 hours a day, weekends











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and holidays, and are on the scene immediately to offer assistance to the victims. While families can be in shock at the realization that they've lost their homes, local Red Cross volunteers do the thinking for them, organizing the logistics: Do they have a place to stay? Do they need food or clothing? Do they need money? — know-

ing that they may be unable to fend for themselves.

"I have lost everything; I came [to the Triangle] with nothing," says Allen. "I know what these people are going through. Just being able to give them comfort and support them — it's great to let them know that we are here to offer this kind of assis-



## "It's not about 'abroad' and 'international.' The Red Cross is here for you."

—Fleecia Allen, Hurricane Katrina evacuee

tance to them."

"The Red Cross came to me, I didn't go to them. They brought me food, ice, water. I didn't know where to go, but they found me."

The local Disaster Action Team volunteers go to the scene of local disasters such as home and apartment fires, tornadoes and transportation accidents. They serve food to victims and rescue workers, if needed, and help those affected obtain what they need most, such as temporary

shelter, food, clothing, medications and basic household furnishings. In case of a large disaster affecting hundreds or thousands of people, like a hurricane, winter storm or flood, the Red Cross can mobilize trained disaster workers from around the country on very short notice to help the local chapters assist people in need.

"Most house fires are silent disasters, unless one of them is so terrible it attracts the media because of loss of life or because it happened during the holidays," said Toby

Barfield, interim executive director of the Central North Carolina Chapter. "Our community doesn't realize destructive fires are happening in their county three times a week."

He emphasizes how important this help is to local victims. "We can prevent a family who has lost everything from possible homelessness for as little as \$500. In this day and age, what better way can there be to spend \$500 than keeping a family out of the ranks of the homeless."

### MILITARY SERVICES

The local Red Cross chapters make significant impact on a large-scale by reaching out, one-by-one, individual-to-individual. This is especially evident in the work they do through the Military Services program. In the early years, local Red Cross organizations across the country were busy rolling bandages and engaging in activities that supported United States servicemen in winning the war. Today, Military Services remains one of the core programs of focus at the Triangle chapters.

"Who is going to be there for military families during times of separation? That's the American Red Cross," said Patricia K. LeRoy, director of Emergency Services, Red Cross Triangle Area Chapter.

In today's foreign conflicts, the local Red Cross chapters are providing the same services they offered to the military and its families during two world wars. They



AMERICAN RED CROSS

deliver emergency messages between soldiers and their North Carolina-based families, provide information and referrals, offer financial support and planning to help families with counseling, child care

Fleecia Allen and family



KINSELEY DEY



and crisis intervention.

"I've been recalled twice," said Greg Carr, former Raleigh market president for Wachovia Bank and a US Navy Reservist, who is married and has three sons all under the age of four. "You get a call, you are told you will be leading a group in Iraq, and four weeks later you are there. You don't have a lot of time for family preparedness. The reality is you don't have time to focus on your family as you should. That's where the Red Cross comes in."

### BLOOD SERVICES

One of the most recognized Red Cross programs across the country and around the world, blood services, is likewise a focal point for the Triangle chapters. A partner with the American Red Cross Carolinas Blood Services, the Triangle chapters support the collection of one out of every six units of blood collected in the region. Hospitals in our region use almost 1600 blood products each day, yet only 5 percent of the eligible population actually gives blood. Since the various parts of blood have a shelf life of 5 to 42 days, the need for blood is ongoing.

The blood donor program has been a particular badge of honor featuring the annual summer UNC Blood Drive at the Dean Smith Center.

"We agree with the national Red Cross that donating blood is a community responsibility," says Wash. The Dean Dome event has grown to be one of the largest



Jodie Weiner and daughter credit Jodie's Red Cross CPR training with saving her father's life.

work so hard to make the Red Cross visible in this community.

Dr. Theodore R. Parrish, a professor at North Carolina Central University's Department of Health Education, has been a volunteer for the Central North Carolina Chapter for several years. Having served on the local chapter's board of directors for six years, he now serves at the national level

on the Board of Governors for the American Red Cross in Washington, DC. He continues to be very involved with the chapter's Blood Services recruitment of African American blood donors, perhaps the most instrumental of all his volunteer work. Under his leadership the North Carolina Central University Eagle Pride Blood Drive is considered the national



single day, single location blood drives on the East Coast. People come every year, some from out of state, to donate. At this summer's event, almost 900 units were collected.

According to Wash, donors and volunteers are what make all local chapters a success, which is why the Triangle chapters

## Did You Know?

- The American Red Cross is not funded by the federal government. While mandated by Congress to provide some of the programs offered to communities, there is no appropriation from the government to provide funding for these services.
- Chapters raise local dollars for local needs and in addition support the national office for larger scale events.
- In keeping with its promise of diligence in donor intent, all funds that are specified by the donor as specific disaster relief are placed in the National Disaster Relief fund. The local chapter is supported through the generosity of the community it serves.



## "When no one's offering you any help, to see that big red cross come by, it's life-changing."

—Fleecia Allen, Hurricane Katrina evacuee

model program for over 104 Historically Black Colleges and Universities (HBCU), around the nation.

A decade ago, the local Red Cross was collecting so few pints from NCCU that they were considering dropping the school as a blood collection site, but now the university ranks among the top 10 donor sites in Durham County, due in large part to the leadership and dedication of Parrish.

"The purpose of the blood drive is to inform faculty, staff, students and the community of the importance of blood donations and to encourage them to become regular blood donors," said Parrish. "North Carolina Central University has out-performed all other HBCUs combined in collecting blood for the fifth year in a row."

Parrish and his commitment to growing the blood donor program at NCCU is just one example of how local Red Cross actions can affect not just the local community, but the nationwide community, as well.

### CPR & FIRST AID

In its mission to serve its neighbors in crisis, the Red Cross also works to arm community members with the skills they need to help themselves, offering classes in CPR, first aid, water safety and babysitting.

When Jodie Weiner, a nurse, took a refresher course in CPR prior to working as a camp nurse, she never expected to make use of the skills so

soon, or in such a personal way.

This past summer, as she and her family waited to board a plane back to RDU, Weiner was frightened by her sister's sudden screams. When she ran over to see



what was wrong, she found her 72-year-old father on the ground, not breathing.

Having completed her Red Cross CPR course at the Orange County Chapter just a couple of weeks before, Weiner confidently began alternating compression and mouth-to-mouth with the assistance of another woman, a stranger, in the airport. As they worked, a second woman approached with an AED (automated external defibrillator) and quickly administered a shock.

Weiner's father immediately had a pulse and was breathing within two seconds. In the ambulance on the way to the hospital, he was chatting as if nothing had happened.

"Due to the course, teaching materials, and the wonderful teacher, I was comfortable taking action," she says. "The doctors and the nurses at the hospital were amazed — they said they rarely get to see things go so well; my father had no heart or brain damage due to the fast response. We are pretty indebted to the Red Cross."

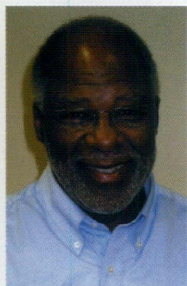


### CONCLUSION

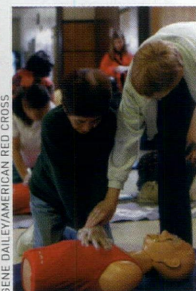
"Working for the Red Cross has shown me that there's more to it than hurricanes and floods and disasters," says Allen. "It's about people."

Today's Triangle Red Cross chapters remain committed to the goals shared by its founders nearly a century ago.

"We all focus on the same mission — aid in the time of emergency," says Porter. "The most important thing for people to remember is that the Red Cross is a local organization with local volunteers working in your local community every day."



Dr. Parrish





**American  
Red Cross**

Disaster  
Relief





# Timeline

by Patrica Staino

## The Red Cross and the Triangle



### 1863

The International Committee of the Red Cross (ICRC) is founded in Switzerland.

### 1881

Clara Barton establishes the American Association of the Red Cross.

### 1893

Clara Barton and Red Cross workers aid 30,000 homeless victims of a hurricane on the Sea Islands of South Carolina.

### 1916

Mrs. W.B. Grimes organizes the Wake County Chapter in her home in Raleigh.

### 1916

First "Bandage Rolling" unit set up at Christ Church. Later that year, the chapter moves to the Woman's Club and then to a space provided by the State Department of Agriculture.

### March 1917

Mrs. John Sprunt Hill of Durham, N.C., and friends form a committee to launch a local Red Cross chapter.

### March 12, 1917

Charter granted to the Wake County Chapter of the American Red Cross signed by President Woodrow Wilson. Volunteers roll bandages, make bed shirts for hospitalized soldiers at Camp Polk and provide canteen service for troop trains, sheltered feeding stations and soldiers' Bath House near the railroad station in Raleigh.

### April 28, 1917

The Durham County Chapter's charter is issued.

### June 18, 1917

The Chapel Hill Chapter is granted a charter in Orange County.

### December 1917

The Durham chapter begins a civilian-relief program for needy persons affected by the war.



### 1917-1918

The Durham Chapter exceeds its goal of \$25,000 for the American Red Cross war fund by raising \$38,000.

### 1918

The Durham County Chapter establishes a canteen service for military personnel who pass through on troop trains to military bases in North Carolina.



### 1922

The Wake County Chapter begins teaching first aid to the general public.

### 1927

The Wake County Chapter mans the original first aid station at the North Carolina State Fair.



### 1941

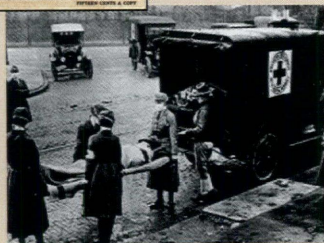
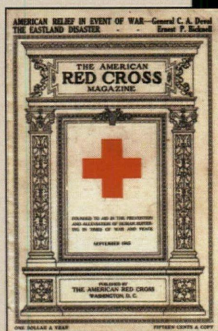
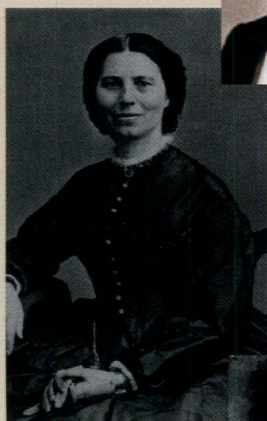
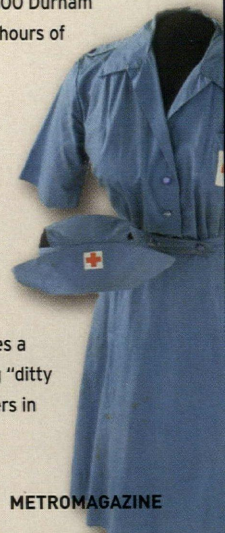
Almost overnight, the demand for local services from the Durham Chapter explodes with the establishment of Camp Butner. During the war, 800 Durham volunteers give a total of 109,154 hours of service.

### March 1, 1943

The Gray Ladies Corps is established by the Durham Chapter to perform volunteer work at the Camp Butner Hospital.

### 1968

The Wake County Chapter provides a full program of services, including "ditty bags," a kit of toiletries, for soldiers in Vietnam.





**1969**

The formal Blood Services Program is started, and the Wake County Chapter joins the Piedmont Regional Blood Program.

**1973**

Wake County Red Cross serves as sponsoring agency for Meals on Wheels with meals transported in Red Cross vans from Wake Hospital to Hillyer Memorial Christian Church.

**1982**

Wake County Chapter changes its name to Triangle Area Chapter upon the merger of Johnston, Franklin and Warren Counties.

**April 10, 1988**

The Triangle's new Blood Center is dedicated as part of the new chapter addition.

**Nov. 28, 1988**

The local Disaster Services respond to the most devastating tornado ever to hit Raleigh and surrounding areas.

**1988**

The Orange County Chapter coordinates its first UNC Summer Blood Drive at the Dean Smith Center.

**1989**

The Hillsborough Chapter of the Red Cross merges with the Chapel Hill Chapter to create the Orange County Chapter.

**1989**

The Durham Chapter merges with the Granville County Red Cross to form the Central North Carolina Chapter.

**May 1989**

A tornado strikes East Durham, destroying 62 homes and damaging 175 others. Durham Chapter volunteers turn out in record numbers.

**1991**

American National Red Cross assigns the Disaster Services Emergency Response Vehicle (ERV) to the

Triangle Area Chapter for mass feeding during local and national disasters.

**1991**

The Triangle's Military Services volunteers work with the Disaster Team to receive and welcome home 706 evacuees from the Persian Gulf War, repatriated from Kuwait.

**1992**

The Carolinas Region of the American Red Cross becomes the largest platelet donor and distribution center in the United States.



GENE DAILEY/AMERICAN RED CROSS

**1996**

Hurricane Fran takes a direct hit on the Raleigh area; Chapter's Disaster Team opens shelters, serves meals, and provide financial assistance to help families recover.



DANIEL CHIA

**1999**

National disaster relief efforts following Hurricane Floyd are initially coordinated from the Triangle Area Chapter and continue for the next two years.

**December 2002**

While operating on generator power, the Triangle Area Chapter opens shelters for hundreds left without power during freezing weather.

**2005**

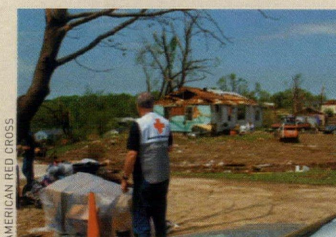
The Orange County Chapter is honored for collecting 112 percent of its goal for blood donations during the previous year, a total of 7296 units.

**October 2005**

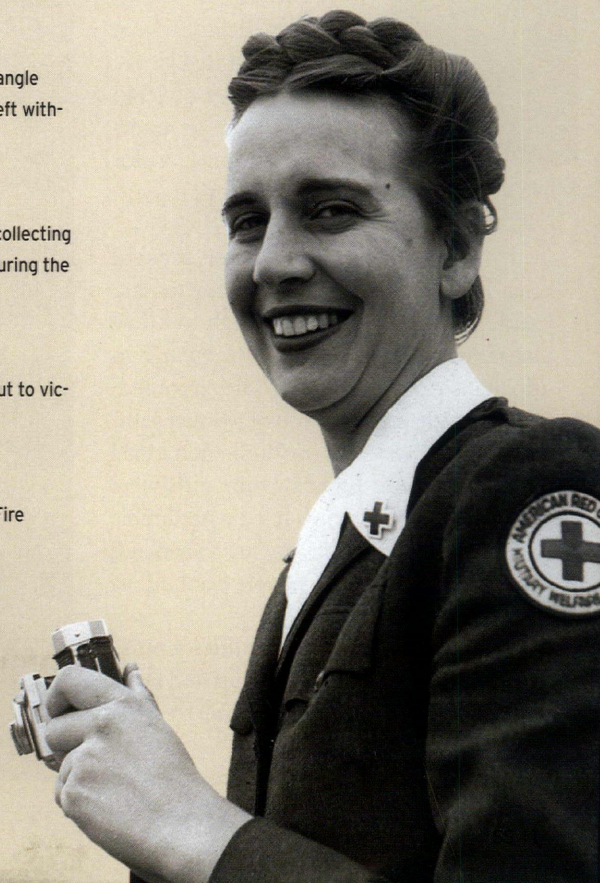
The local chapters of the Red Cross reach out to victims of Hurricane Katrina.

**October 2006**

Red Cross responds to Apex N.C. Chemical Fire



AMERICAN RED CROSS





# Red Cross Women First to Break the Veil

by Jennifer Hadra

**M**argaret Gulley's knowledge of war in Europe consisted of the tales of military service told by her brothers and the stories she read in books and newspapers. After reading the memoirs of Bumpy Stevenson, *I Knew Your Boy*, about her service in World War I, Gulley began searching for a way to serve her country.

Gulley, who lives in Chapel Hill, remembers that, "For a woman in the 1940s, being a teacher was your highest hope, and I think a lot of women were frustrated by that. Stevenson's book captured the climate of the times and I knew

that knitting or serving on ration boards wasn't enough for me. I wanted to go overseas."

Gulley decided to join the American Red Cross. By the summer of 1945 she had orders to report to Washington D.C. for orientation for an overseas program.

"My brothers thought that I had lost my buttons, but my mother said, 'Marge, you're old enough to know what you want to do and young enough to do it,' so off I went," Gulley recalled. "There were oodles of young women gathered at what was then the Burlington Hotel in Washington. Eight or nine girls were assigned to small rooms filled with double and triple bunks. It was my first experience being around so many people from different places."

The girls learned about military ranks and protocol, how to make crafts and sandwiches, to speak in public and to wash dishes without dish cloths.

"I'd say only about half of the training



Gulley



Margaret and Marlyn Jameson (r) in the Olympic Stadium, Berlin Germany, 1946



we received really prepared us for what we actually had to do," Gulley said. "What we really did over there required more than knowledge about how to make sandwiches."

Gulley's first assignment was Camp Herbert Tareyton, a replacement camp in Le Havre, France: "I wanted to go to the Far East, but I was assigned there. It was a terribly bombed out area where soldiers stayed while they were waiting to go home. Everything was khaki-colored and it was terribly depressing."

Gulley and the other Red Cross workers, who named themselves Noah's A.R.C., found the most difficult task in their billet keeping the soldiers in good spirits. This task became particularly difficult as the holidays drew closer.

"We got very creative, holding contests for things like who had the prettiest sweet-heart waiting for them back home," Gulley said. "We figured out a way to string lighted cords together with ping pong balls and make Christmas lights; and we wrapped packages full of toothpaste and cigarettes to pass out to the soldiers. I think we wrapped close to 3000 packages that first year."

Gulley believes it was the little distractions that kept the soldiers' minds off of the war and being away from home that saved their sanity, their friendships and their lives.

"We had to be very observant of the GIs to make sure they didn't harm the POWs in the camp, or even one another. The more restless they got, the more they got into scuffles with one another."

#### POST WAR SERVICE

After serving in France, Gulley was reassigned to the Red Cross office in Nuremberg, Germany, and later Munich. Gulley was responsible for recreation, but she also worked to aid townspeople displaced by war.

In Nuremberg, Gulley and her colleagues worked with a group of displaced persons from Latvia, collecting cigarettes, toys, food and chocolate to take to their makeshift camp.

"When we took them the supplies, they kept asking us to bring them sheets," Gulley recalled. "We thought they wanted

to use them for warmth, but a few months later a few of the women from the camp showed up at our office with beautiful hand-stitched table cloths made from those sheets for all of the workers in our club to thank us for being so kind to them. But really, we were just doing our job."



Lucille Blake and Margaret (far right) help Bill Chance, Jr. blow out candles, 1953; (right) Parade in Nuremberg, 1947

In 1948, Gulley returned to the US and a teaching position in California. She quickly became restless. After learning that service was needed in hospitals in the Far East, she returned to work for the Red Cross. But shortly after her arrival in Okinawa, what began as peacetime service turned into wartime duty.

"I remember watching the planes fly over Okinawa after I heard Truman's announcement of military action in Korea. Days later, Gulley received orders to report for duty in a hospital in South Korea.

"In Korea, my colleagues and I worked at hospitals for wounded soldiers established by the Swedish Red Cross. Some of the men had been severely injured and were in full body casts that became very smelly. They became very depressed and you had to watch them for fear that they would harm themselves. We monitored the

patients and told the doctors and nurses if we saw anything suspicious. I think that just by keeping them entertained and distracted, we were saving their lives."

Gulley was a field director in Guam and in 1953, she returned to the US. She has remained a member of the Red Cross and



has returned to Europe twice since retiring from active duty overseas - once on a trip with other former Red Cross workers.

According to Gulley, it was the women of the Red Cross who "broke the veil" surrounding the abilities of women in her generation.

"We showed that we could be plumbers and engineers, women who could think on their feet," Gulley said. "So many women came from so many different places and backgrounds. We had models, princesses, and teachers, girls who were pampered and girls who were commoners, but when we put on that uniform, it reduced everyone to a common denominator—women who were willing to put our lives on the line for the good of their country and their cause."



# Red Cross Responds to North Carolina Chemical Fires

by Katie Lawson, staff writer, redcross.org

**FRIDAY, OCTOBER 06, 2006** – Thousands were forced to evacuate the small town of Apex, N.C., early Friday morning after a fire broke out late Thursday evening at a nearby hazardous materials plant. More than 17,000 residents received evacuation orders in fear of noxious fumes.

By late Friday morning, rain had fallen over the Raleigh suburb as a cloud of smoke lingered from the blaze.

The American Red Cross responded in the early hours of Friday morning as the Triangle Area Chapter opened two shelters and welcomed more than 300 overnight

guests. As the night wore on, the Red Cross consolidated the two shelters into one at Green Hope High School. Oversight of the community response was shifted to Wake County officials and the chapter remains on standby throughout the day.

“Although the disaster took place in an area served by the Triangle Area Chapter, many other North Carolina chapters have taken the initiative and pitched in to help,” said Jana Zehner, a spokesperson for the American Red Cross.

Several Emergency Response Vehicles (ERVs) were in the area Friday morning

and remained to serve snacks and beverages to response workers and firefighters working to extinguish the flames. A few residents who had not been evacuated even came to the shelter to see what they could do to help.

“There was a real sense of community among those in the shelters,” observed Zehner. “Neighbors were looking out for one another and everyone remained positive and calm.”

## SHELTERING-IN-PLACE

One of the instructions that may be given in an emergency where hazardous materials have been released into the atmosphere is to shelter-in-place. Sheltering-in-place, or sealing the room, is a precaution to minimize exposure to hazardous materials outside by remaining indoors. This does not necessarily mean going to a shelter in case of an emergency, or staying at home during a natural disaster such as a winter storm. Follow these steps if instructed by officials to shelter-in-place at home:

- Close and lock all windows and exterior doors.
- If you are told there is danger of explosion, close the window shades, blinds, or curtains.
- Turn off all fans, heating and air conditioning systems.
- Close the fireplace damper.
- Get your disaster supplies kit and make sure the radio is working.
- Go to an interior room without windows that is above ground level. In the case of a chemical threat, an above-ground location is preferable because some chemicals are heavier than air, and may seep into basements even if the windows are closed.

## Strength in Numbers

The Red Cross in the Triangle\*

Number of Paid Staff:.....	44
Number of Volunteers:.....	4,174
CPR & First Aid Certifications: .....	34,342
Aquatics & Water Safety Certifications:.....	13,732
Babysitter Training Certifications: .....	1,438
HIV/Aids Education Participants:.....	1,418
Local Disasters Responded to:.....	301
Families Assisted due to Disaster:.....	384
Units of Blood Collected: .....	69,817
Blood Drives:.....	2,023
Armed Forces Emergency Services Cases:.....	1,701
International Tracing & Social Services: .....	35
<b>LIVES TOUCHED</b> .....	<b>129,409</b>
Potential Lives Saved from Blood Donations: .....	209,451

\* FY2006 Statistics



## "Disasters happen locally just about every day."

—Patricia LeRoy, Director of Emergency Services, Red Cross Triangle Area Chapter

- Bring your pets with you, and be sure to bring additional food and water supplies for them.
- It is ideal to have a hard-wired telephone in the room you select. Call your emergency contact and have the phone available if you need to report a life-threatening condition. Cellular telephone equipment may be overwhelmed or damaged during an emergency.
- Use duct tape and plastic sheeting (heavier than food wrap) to seal all cracks around the door and any vents into the room.
- Keep listening to your radio or television until you are told all is safe or you are told to evacuate. Local officials may call for evacuation in specific areas at greatest risk in your community.

If you think that you or someone you know has been exposed to a toxic chemical, call 9-1-1, a poison control center or EMS. Follow their instructions precisely, as your life may depend on it.

The American Red Cross urges everyone to take steps now to be prepared for the unexpected. For more information on chemical emergencies, contact your local Red Cross chapter or visit the "Get Prepared" section of the American Red Cross public Web site, [Redcross.org](http://Redcross.org).

The American Red Cross has helped people mobilize to help their neighbors for 125 years. Last year, victims of a record 72,883 disasters, most of them fires, turned to the nearly 1 million volunteers and 35,000 employees of the Red Cross for help and hope. Through more than 800 locally supported chapters, more than 15 million people each year gain the skills they need to prepare for and respond to emergencies in their homes, communities and world. Almost 4 million people give blood—the gift of life—through the Red

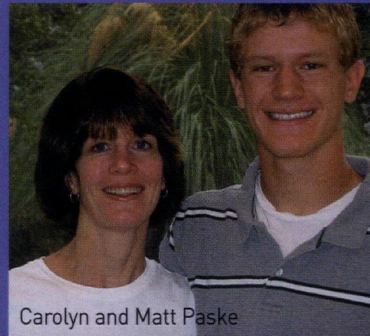
Cross, making it the largest supplier of blood and blood products in the United States. The Red Cross helps thousands of U.S. service members separated from their families by military duty stay connected. As part of the International Red Cross and Red Crescent Movement, a global network of more than 180 national societies, the

Red Cross helps restore hope and dignity to the world's most vulnerable people. An average of 91 cents of every dollar the Red Cross spends is invested in humanitarian services and programs. The Red Cross is not a government agency; it relies on donations of time, money, and blood to do its work.

## Prepared to Save a Life

**O**n March 20, 2006, the Paske family of Cary was having a steak dinner and laughing over what had happened during the day. Suddenly a piece of meat became lodged in Carolyn Paske's throat. Immediately she knew she was in trouble.

She jumped up from the table, walking frantically, but didn't really know where she was going. Her husband could tell by the look on her face that something was wrong. He yelled to their son, Matt, 15, "Grab her!"



Carolyn and Matt Paske

Matt, trained and certified as a lifeguard by American Red Cross, grabbed his mother from behind and immediately performed abdominal thrusts, hoping to dislodge the food.

Almost instantly, Carolyn felt the food move a bit, and instinctively gasped for air, whispering, "Call," to urge her family to call 911.

The food became caught in her throat again when she inhaled. Carolyn felt her legs buckling as she began to pass out. Matt resumed the abdominal thrusts and finally, the food was dislodged.

Both of Matt's parents felt confident their son would know what to do. And he did. I don't think anyone ever thought he would use his training to one day save his mom's life.

Matt's actions exemplify the highest degree of concern of one human being for another.

— Mira L. Batchelor, Health and Safety Director, American Red Cross, Triangle Area Chapter, awarded the certificate of merit to Matt Paske. The Certificate of Merit is the highest award given by the American Red Cross to someone who saves or sustains a life by using skills and knowledge learned in an American Red Cross course. The certificate bears the signature of the President of the United States and the chairman of the American Red Cross.



# From War Zones to Disasters at Home, Red Cross is There

by Rick Smith

**G**reg Carr, former Raleigh Market President for Wachovia Bank, knows better than most how far the American Red Cross goes to offer services to those in need.

"There are so many organizations in the community that do so much good, and the Red Cross is one of those," Carr said, adding that the Red Cross contributes so much in so many ways that people should recognize—and support—the organization.

"They provide a unique collective service," Carr explained. "It recently struck me that they help so many families in the Triangle impacted by disaster. But the Red Cross also helped more than 1,700 military families through its

Armed Forces Emergency Services Group. A lot of people are not familiar with that program and how valuable it is in getting information to and from military service men and women and their families. It's a need that only the Red Cross fills."



Carr

Carr saw the Red Cross service in action time after time in Iraq where he recently completed a second tour of duty as a lieutenant commander in the US Navy Reserve. He commanded the most forward-deployed logistics unit in Iraq and was awarded a Bronze Star for leadership.

Soldiers and sailors separated from home by thousands of miles were able to stay in touch with families through the Red Cross service. The Red Cross also offered grants and loans to service person-

nel who needed funds for emergency travel home.

The Red Cross support program is especially helpful for families from non-military cities such as Raleigh and Durham. Fayetteville and Norfolk are much more accustomed to military deployments, Carr said.

"When I was in Iraq, 50 percent of the boots on the ground were National Guard and Reserve," he recalled. "They were not from military towns. The Red Cross provides a support net to those families and serves as a conduit to other organizations. These families can go to the Red Cross to get messages and information to their loved ones overseas.

"Now, more than ever, with the natural disasters that have impacted our country and the fact that we are at war, the demands on the Red Cross are greater than ever," said Carr, who supports the Red Cross through activities in his workplace. "We are all incredibly blessed to live in the United States and even more so to live and raise our families in the Triangle. I think it is important to give back to our community and organizations that help make this community so great."



**American  
Red Cross**

The Greater Triangle Area Chapters of the American Red Cross are committed to making a difference in your community—and they need your help. Good companies and individuals give where their neighbors live.

Do a great thing.

Lend your hand to those in the Triangle and your support will truly make a difference.

Please send gifts to:

P.O. Box 14782

Research Triangle Park, NC 27709

For more information, contact:

Ruth Turner Camp

Triangle Major Gifts

(919) 622-8191

redcross@mindspring.com

**"The services of the Red Cross demonstrate our nation's tradition of neighbor helping neighbor."**

—President Dwight D. Eisenhower, 1959

## Local Red Cross Chapters

**Central North Carolina Chapter-Durham, Granville, Person & Vance Counties**

4737 University Drive # 3, Durham, NC 27707

Phone: 919.489.6541

E-mail: [cnccdurham@usa.redcross.org](mailto:cnccdurham@usa.redcross.org)

<http://centralnorthcarolina.redcross.org>

**Orange County Chapter**

101 Ephesus Church Road, Chapel Hill, NC 27517

Phone: 919.942.4862

E-mail: [occhapnc@intrex.net](mailto:occhapnc@intrex.net)

[www.informatics.org/redcross](http://www.informatics.org/redcross)

**Triangle Area Chapter-Wake, Johnston, Franklin, & Warren Counties**

100 N. Peartree Lane, Raleigh, NC 27610

Phone: 919.231.1602

E-mail: [tacarcnc@trianglearc.org](mailto:tacarcnc@trianglearc.org)

[www.trianglearc.org](http://www.trianglearc.org)



# Gift Guide

## PART 1

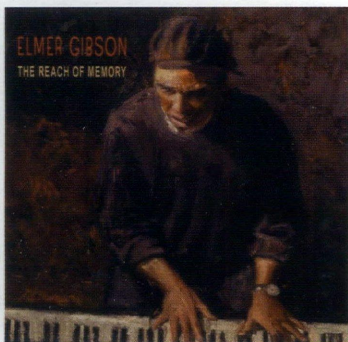
**Ready or not,** the holidays are here! Relax; take a deep breath and see this as a present from us. We did the legwork and found the hottest gifts for everyone on your list this holiday season. Electronics, books, music .... we've got you covered. So approach the holidays with calm and ease and let us point you in the right direction. Happy hunting and happy holidays!

### STOCKING STUFFERS

According to legend, a kindly nobleman grew distraught over the death of his beloved wife and foolishly squandered his fortune, leaving his three young daughters without dowries to face a life of spinsterhood.

The generous St. Nicolas, hearing of the girls' plight, set forth to help. Wishing to remain anonymous, he rode his white horse by the nobleman's house and threw three small pouches of gold coins down the chimney. They were captured by the stockings the young women had hung by the fireplace to dry.

While it might not be filled with gold coins, the following items are guaranteed to stuff any stocking with holiday cheer. Who says good things don't come in small packages?

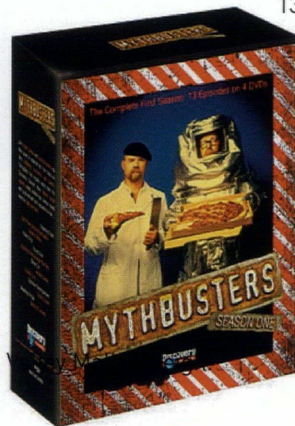


#### Elmer Gibson "The Reach of Memory"

North Carolina pianist and composer Elmer Gibson's first solo project "The Reach of Memory" will make the perfect stocking stuffer for the jazz lover on your list. \$5.00 of every \$15.00 sale from an allotted amount of CD's will go to benefit The Alzheimer's Association Eastern NC Chapter. Available at Quail Ridge Books and Music, Borders Books and Music, Raleigh or on the web at [www.cdbaby.com](http://www.cdbaby.com)

#### Mythbusters Season 1 DVD

Join Jamie Hyneman and Adam Savage as they debunk, decode and demystify some of the most popular urban myths and legends in this complete,



13-episode, four-DVD set – everything from killer pennies to cooking with cola. Using modern-day science, they put each myth to the test, separating the real from the really out there. \$49.95  
Discovery Channel Store; Crabtree

Keep your kids connected with a **Firefly mobile phone**. Parents can control their incoming and outgoing calls and purchase minutes on an as-needed basis. Cool colors and easy touch buttons make the phone a great gift for children of all ages. \$79.99. Available at [www.fireflymobile.com](http://www.fireflymobile.com).



#### Cuff Links from Liles Clothing Studio

Sterling Silver Cuff links from King Baby and Robin Rotenier and 950 Silver cuff links from Tracy Mayer adorn the well dressed wrist. Express your sport or hobby or hearken to ancient mysticism with these unique creations. Liles Clothing Studio; North Hills Shopping Center, Raleigh.



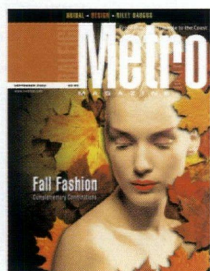




Satisfy her sweet tooth with the new **Godiva Gold Collection**. These irresistible indulgences are available in an assortment of flavors including creamy caramels, white chocolate ganaches or hazelnut pralines. Box sizes range from two to 140 pieces. Prices start at \$3.25 per box. Available at Godiva stores, Crabtree Valley Mall, Raleigh; The Streets at Southpoint, Durham; or [www.godiva.com](http://www.godiva.com).

#### La Cense Grass Fed Beef

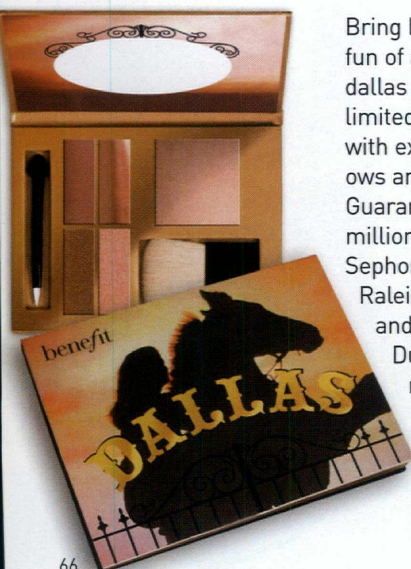
Just as fine wine is distinguished by grape variety and growth locale, beef is measured by breed and the skill and experience of a master rancher. La Cense Grass Fed Beef provides a genuine and authentic flavor reminiscent of the time before agriculture was mass produced. Give them any and every possible cut of beef from rib eyes (\$18.75) to filets (\$21.75). [www.lacensebeef.com](http://www.lacensebeef.com).



#### Subscription to Metro Magazine

Give them a chance to enjoy the South's premier city/regional magazine. This is truly the gift that keeps on giving all year long. One year, \$18.00, two years \$29.00, three years \$36.00. 800.567.1841. [www.metroinc.com](http://www.metroinc.com).

Bring back the glitz, glamour and fun of applying makeup with the dallas palette, **Benefit's** new, limited-edition makeup kit complete with exquisite lip creams, eye shadows and the radiant Dallas powder. Guaranteed to make her feel like a million bucks! \$28. Available at Sephora, Crabtree Valley Mall, Raleigh; Belk, Crabtree Valley Mall and The Streets at Southpoint, Durham or [www.benefitcosmetics.com](http://www.benefitcosmetics.com).



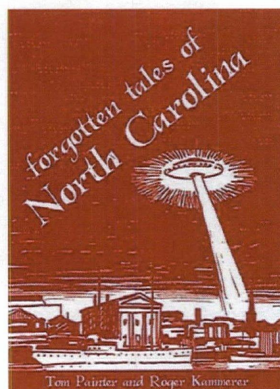
No time for a pedicure? Help pamper her feet from the comfort of home with i-bella's new **PEDI-Scrub Exfoliating Foot Buffer**. The foam-release sponge is blended with glycerin, olive oil, Shea butter and tea tree extract and infused with i-bella's exclusive fragrance to nourish and revitalize her tired treads. \$16. Available at [www.i-bella.com](http://www.i-bella.com) or call 888.642.3442 for more details.



Whether celebrating a lifetime of love or looking forward to a future together, this **3-stone diamond ring** from Joint Ventures Jewelry is the perfect way to say "I love you, now and always." \$1500. Available at Joint Venture Estate Jewelry, Cary. Call 919.678.0092 for more details.

#### The New York Times Crossword Puzzle Baseball

You can't spit on a ball if you're a pitcher, but you can write on one if it's The New York Times Crossword Puzzle Baseball. This one of a kind gift will make the perfect stocking stuffer: \$20.00. [www.uncommongoods.com](http://www.uncommongoods.com).



#### Forgotten Tales of North Carolina

Did you ever hear of the clay-eaters of Edgecombe County? What about the Muskrat War of 1883? These and many more Forgotten Tales of North Carolina are sure to amuse and fascinate any reader: \$14.99. The History Press, Inc. 843-577-5971. [www.historypress.net](http://www.historypress.net).



## GIFTS FOR KIDS



Give little ones the gift of laughter with **T.M.X. Elmo**. The 10th anniversary edition of the Fisher Price toy falls to the floor, flaps his arms and laughs hysterically the moment he is "tickled." Prices and availability vary on this wildly popular toy. Visit [www.amazon.com](http://www.amazon.com) to catch T.M.X. Elmo if you can.



Revolutionize the way your baby learns to walk with **Walking Wings** designed to provide comfort, security and freedom of movement while babies take those first steps: \$24.99. Available at Babies 'R' Us, Raleigh or [www.walkingwings.com](http://www.walkingwings.com).



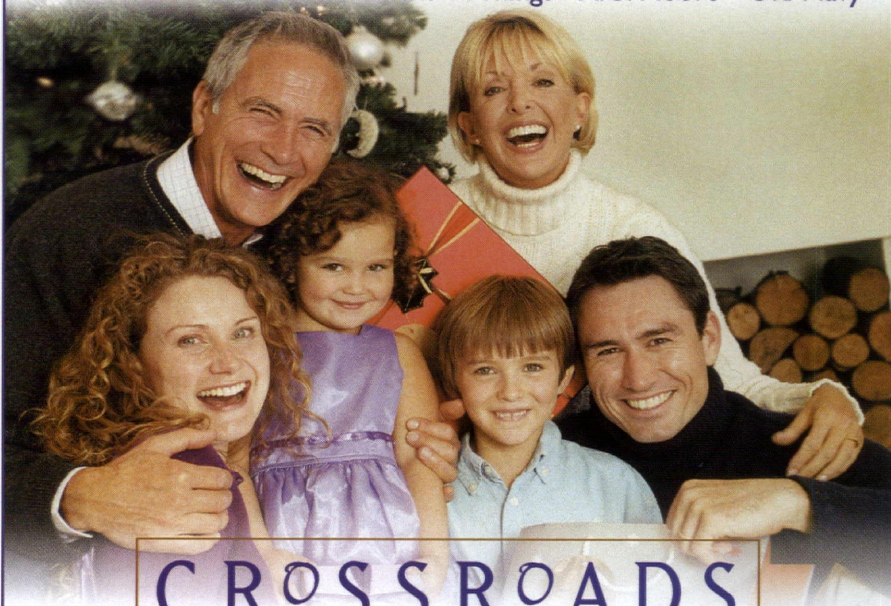
Designed by pop music icon Gwen Stefani, the **L.A.M.B Footwear** slip-on sneakers have a rubber sole, a cashmere lining and a lot of style. A variety of colors make this a great way for your fashion-forward babe to rock-out: \$60- \$70. Available at [www.lambshoes.com](http://www.lambshoes.com).

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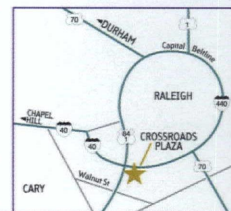
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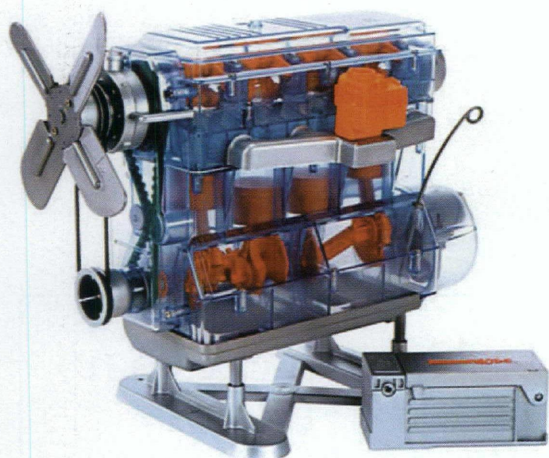
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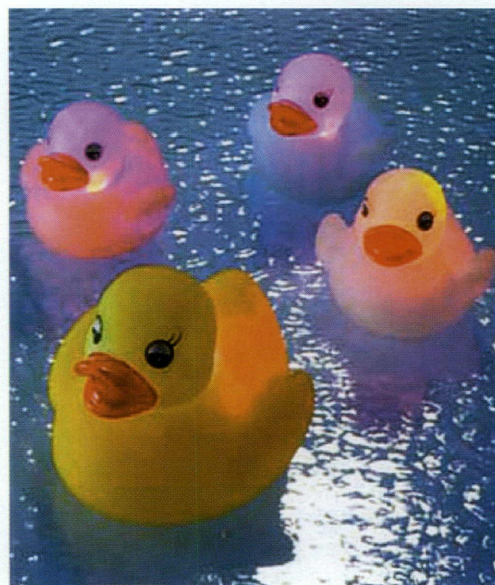






Keep the little auto mechanic in your house busy for hours with the The Discovery Channel store's **Model Works Model Engine**. With over 100 workable parts, the engine has valves that rock, spark plugs that fire and pistons that drive the crankshaft: \$29.95. Available at The Discovery Channel store, Crabtree Valley Mall, Raleigh or <http://shopping.discovery.com>.

Re-invent the rubber ducky with the **Flashy Quackers Family**. Momma duck and her three ducklings light up and blink as they float in the bathwater. Set of four: \$14.95. Available at Sharper Image, Crabtree Valley Mall, Raleigh and [www.sharperimage.com](http://www.sharperimage.com).



Give your child a bear hug with a customized stuffed animal from **Build-A-Bear Workshop**. Pick out a furry friend, stuff, fluff, dress and accessorize to fit your child's personality. In-Tune Teddy pictured: \$43. Prices vary depending on personalization. Available at Build-A-Bear Workshop, Crabtree Valley Mall, Raleigh; The Streets at Southpoint, Durham or [www.buildabear.com](http://www.buildabear.com).

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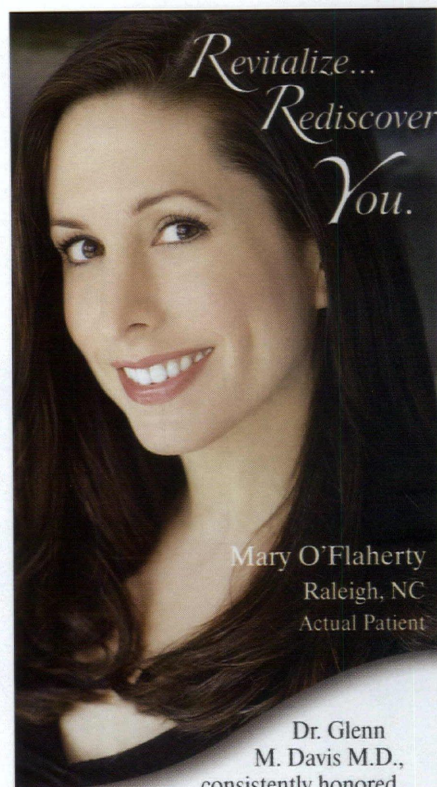
**GIFTS FOR HER**

Time stands still with the **Coach Legacy collection**, celebrating the iconic leather goods store's 65th anniversary. The classic line of handbags incorporates past and present designs to create timeless pieces such as this Ali Shoulder Flap in whiskey: \$498. Available at Coach stores, Crabtree Valley Mall, Raleigh; The Streets at Southpoint, Durham or [www.coach.com](http://www.coach.com).

Capture the scent of royalty with, **Princess**, Vera Wang's newest eau de toilette spray. The fragrant blend of water lily, apple and Mandarin meringue scents is perfect for everyday wear or a night on the town: 1.7 oz., \$52; 3.4 oz. \$64. Available at Belk stores, Crabtree Valley Mall, Raleigh; Belk Express, Cameron Village.



Make mealtime more fun with the **LG SXS Titanium Side-by-Side TV Refrigerator**. An integrated touch screen stores recipes and photos and displays the day's weather; and a 15-inch, remote-controlled LCD display with TV, DVD, cable and radio connectivity means you can take your time in the kitchen and relax with a movie or music after dinner is served, \$3449. Available at [www.ajmadison.com](http://www.ajmadison.com).



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Help the detail-oriented lady in your life keep things in order with **Life Library's** organizational notebooks. Seasonal favorite Keeping Christmas will help her keep track of holiday plans year-after-year: \$29.95 per notebook. Available at Nofo, Raleigh; Nofo, Wilmington or [www.nofo.com](http://www.nofo.com).

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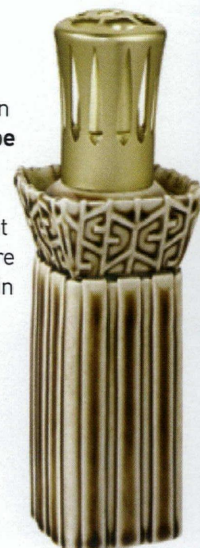
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Create the right ambiance in any environment with **Lampe Berger's Lamps and Fuels interior perfume**. Choose from 40 different scents that purify the atmosphere before dispersing scent. Available in 150 decorative bottles to match her lifestyle. Find them at Atlantic Avenue Orchid & Garden Center, Raleigh or [www.atlanticavenuegarden.com](http://www.atlanticavenuegarden.com).

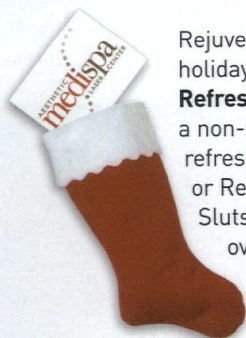




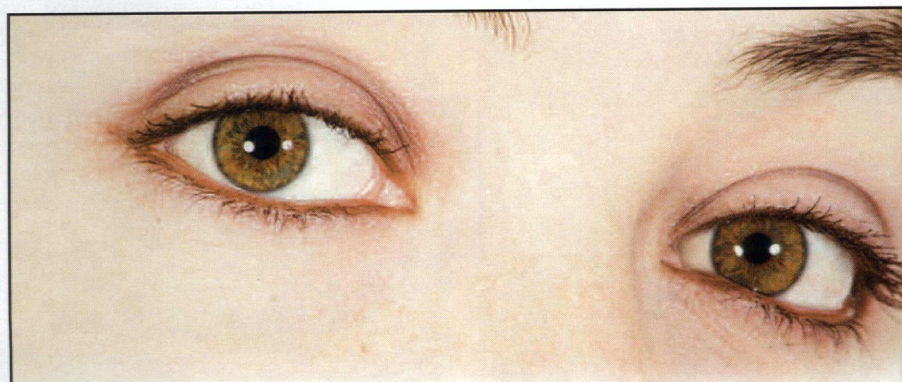


Ditch those heels and get in step with this season's latest trend – the flat boot. These versatile Italian leather boots from **J. Crew** pair well with skinny jeans or a stylish skirt: \$278. Available at J.Crew stores, Crabtree Valley Mall, Raleigh; The Streets at Southpoint, Durham or [www.jcrew.com](http://www.jcrew.com).

With so many to choose from, a pair of these **beautiful diamond earrings** are just the thing to make her sparkle and shine; Available at Elaine Miller Collection, North Hills, Raleigh; Visit [www.elainemillercollection.com](http://www.elainemillercollection.com) or call 919.571.8888.



Rejuvenate her mind and body after the busy holiday season with **Aesthetic Medispa's Holiday Refresher Gift Certificate**. A relaxing massage or a non-surgical facelift is sure to make her feel refreshed. Aesthetic Medispa also offers Botox or Restalyne Cosmetic treatments, by Eileen M. Slutsky, R.N., B.S.N, a trained professional with over 10 years of procedural experience; Certificates available from \$75-\$1000. Call 919.785.1220 for more details.



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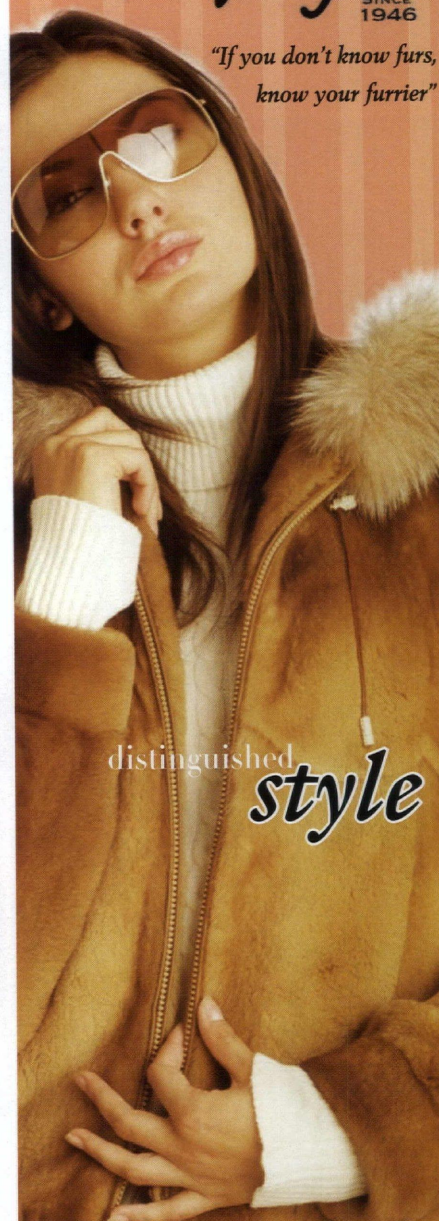
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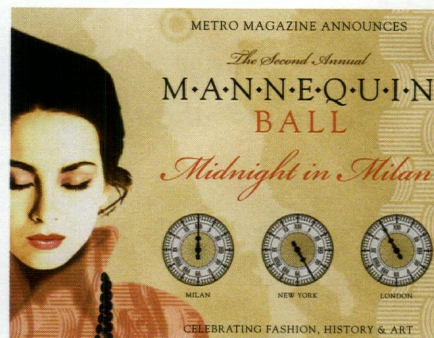
Great for entertaining, these **Faberge champagne flutes** make the perfect gift for any hostess to use all year long; the velvet lined case makes a beautiful presentation. Set of four: \$200. Available at The Grape, Cameron Village. Call 919.833.2669 for more details.



The '**en Familia**' Blessing Cross collection, designed by **Jan Barboglio** in honor of the Mexican tradition of collecting a cross for each family member, is hand-cut, fashioned, forged, and finished to a tanned-leather luster. An embossed, etched signature is stamped and accompanied by a sentiment with each piece. Available at Haven, North Hills, Raleigh. Call 919.881.2440 for more details.



Pick a piece to match her personality with the classic or trendy stylings from jewelry designer **Slane and Slane**. Choose from styles in sterling silver or 18K gold; Available at Elaine Miller Collection, North Hills, Raleigh; Visit [www.elainemillercollection.com](http://www.elainemillercollection.com) or call 919.571.8888 for more details.



Treat her to an evening in Milan with tickets to **Metro Magazine's Mannequin Ball**. The second annual charity event at the North Carolina Museum of History on Jan. 19 2007 is the perfect way to celebrate art, history and fashion and support a good cause: \$250 per ticket. Visit [www.themannequinball.com](http://www.themannequinball.com) for more details.

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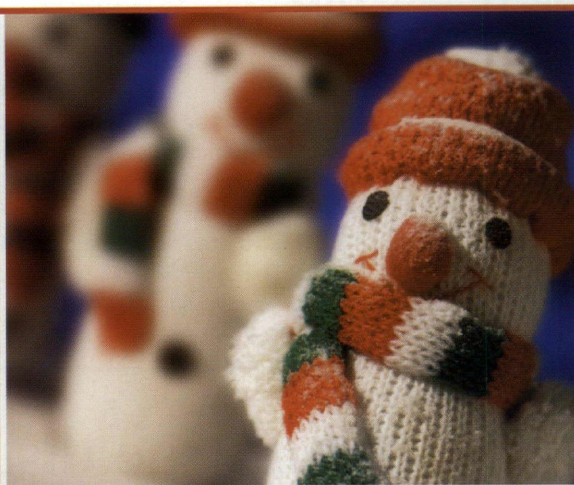


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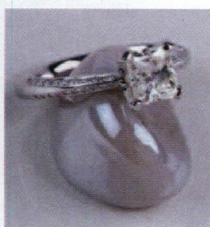


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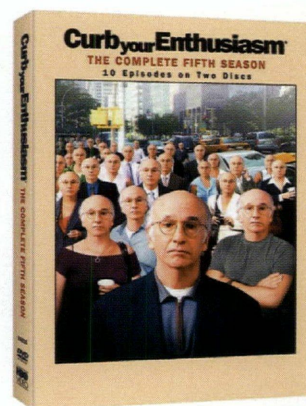
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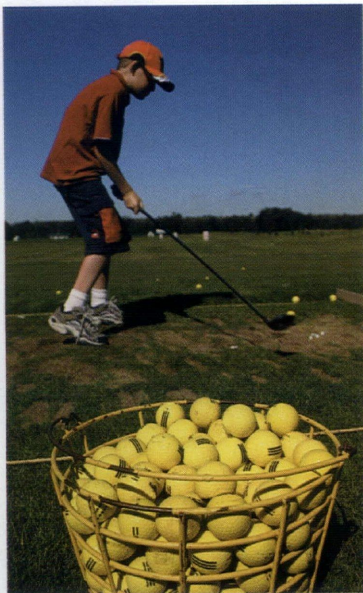
Treat his eyes to the 1080p high-definition image resolution on this mammoth 70" HDTV that features a built-in CableCARD slot for receiving high-definition programming without a cable box (subscription required). Watching the game with the guys will take on a whole new meaning: \$5999.99. Available at Best Buy stores Triangle-wide.



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See what kind of trouble the always precarious Larry David gets himself into with the complete fifth season of HBO's hit comedy series *Curb Your Enthusiasm*: \$39.99. Available at Barnes & Nobles Booksellers, Triangle-wide.





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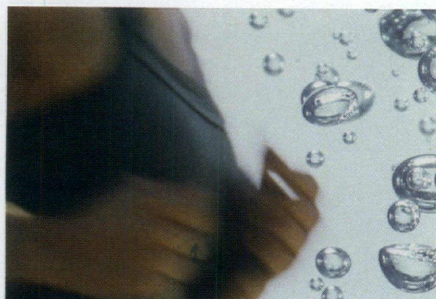
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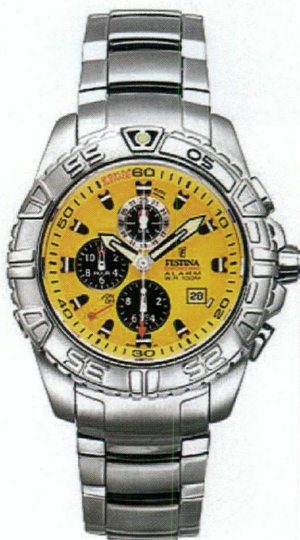
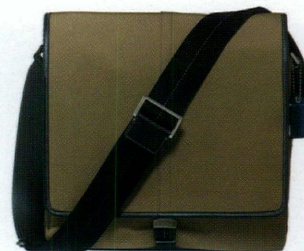
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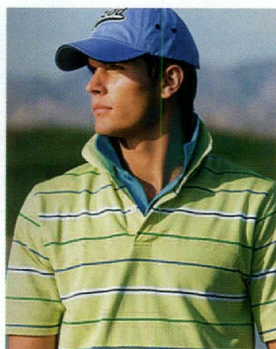
### Coach Legacy Nylon Map Bag

Either slung across the body or worn on the shoulder, this stylish and versatile map bag is perfect for work or weekends. Available in gunmetal, black and gunmetal, khaki: \$398. Available at [www.coach.com](http://www.coach.com).

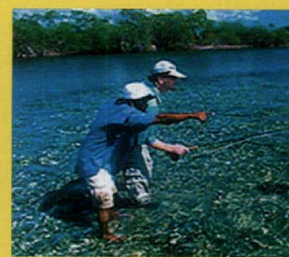


### Festina Tour de France Special Edition Men's Watch

A bold statement anywhere he goes, this Tour de France Special Edition chronograph has a bright yellow dial, alarm and high-contrast sub-dials. Mineral crystal with a stainless steel case and bracelet: \$299. Available at [www.bluenile.com](http://www.bluenile.com).



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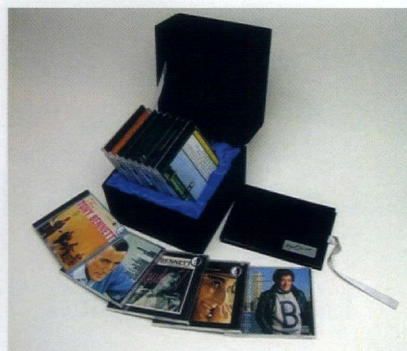


### Nikon D50

Compact, lightweight and easy to use, the Nikon D50 is the most desirable digital camera to come out this year. Providing superb color reproduction, razor-sharp image clarity and fast and accurate autofocus performance: \$599. Available at Ritz Camera, Raleigh.




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### Tony Bennett: The Classic Collection

This 13 disc box set is packed with remastered hits including "I Left My Heart in San Francisco," dozens of bonus tracks, b-sides, never before seen artwork and unreleased versions of many of Tony Bennett's finest works. Pick this up for the music connoisseur on your list who fancies all of the extras: \$135.97. Available at Barnes & Noble Booksellers, Triangle-wide.



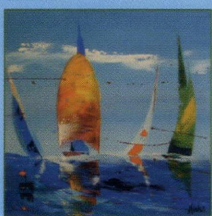
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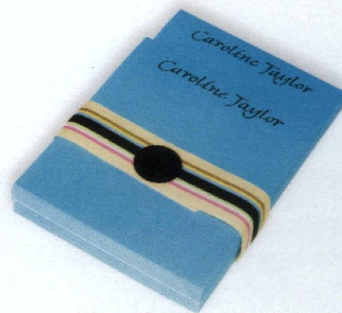
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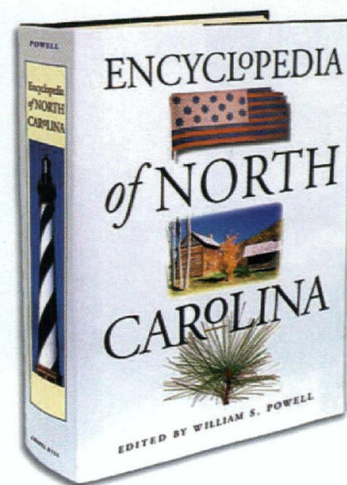
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### William Powell, *Encyclopedia of North Carolina*

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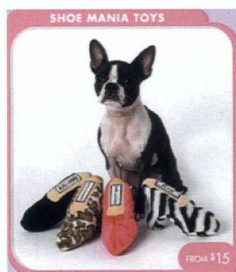
### Photo Coasters

They can bring their coasters to life with photographs of friends and family: \$19.95 Crate & Barrel, Crabtree Valley Mall, Raleigh.



### Haute Diggity Dog Plush Toys

Spoil your dog with only the finest accessories from Haute Diggity Dog Plush Toys featuring top-dog designers Chewy Vuitton, Bark Jacobs, Dolce and Grrrbana, Kate Spayed and Minola Barknik: From \$15; available at Atlantic Avenue Orchid & Garden Center, Raleigh.



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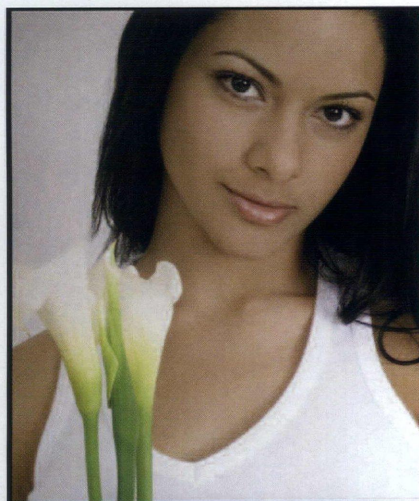
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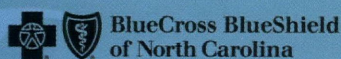
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*Untitled*, An Hong's chromogenic print, 1998, is one of many photographs featured in *Between Past and Future: New Photography and Video from China*, on display at the Nasher Museum of Art at Duke University this month. (See Preview Museums for details.)



CUCALORUS

North Carolina, Grammy nominated artist Tift Merritt will co-host the Kick-Off celebration at the 12th annual Cucalorus Film Festival on Nov. 8, complete with surf and silent films, sketch comedy and live music. Merritt and her band will give a memorable live performance once the films have wrapped for the evening. (See Preview Potpourri for details.)

Members of all eight state-recognized Indian tribes will share their heritage and culture with dance, music, storytelling, and more at the 11th Annual American Indian Heritage Celebration on Nov. 18 at the North Carolina Museum of History. (See Preview Museums for details.)



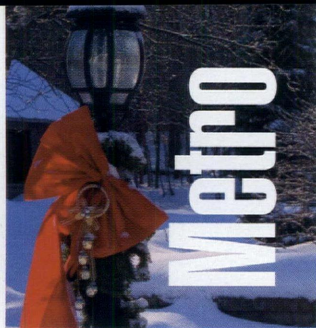
NASHER MUSEUM

# Openings



NC MUSEUM OF HISTORY





# Preview

by Jennifer Hadra

## HERE COME THE HOLIDAYS

### GALLERIES

**NEW WORKS BY AMY DIXON & DAVID HARLAN:** City Art Gallery, Greenville; thru Nov. 15. Contact 252-353-7000.



*Zebra Study*, along with other new works by Amy Dixon will be on display at City Art Gallery in Greenville thru Nov. 15.

**WORKS BY MARGO BALCEREK:** Featured Artist Exhibit; Artsource at North Hills, Raleigh; thru Nov. 18. Contact 919-787-9533 or [www.artsource-raleigh.com](http://www.artsource-raleigh.com).

**THREE GENERATION RUSSIAN REALISM EXHIBITION:** Russian Art Gallery, Cary; thru Dec. 1. Contact 919-468-1800 or [www.russianartcary.com](http://www.russianartcary.com).

**RADIANCE WORKS, GRACE LI WANG:** Grace Li Wang Art Gallery, Raleigh; thru Dec. 31. Contact 919-412-6803 or [GraceLiWang.com](http://GraceLiWang.com).

**DURHAM ARTS COUNCIL FEATURED ARTISTS SCOTT HAZARD & CHRIS OGDEN:** Allenton and Semans Galleries, Durham Arts Council; thru Dec. 10 (Opening Reception Nov. 11). Contact 919-560-2787 or online at [www.durhamarts.org](http://www.durhamarts.org).

**MISSIE DICKENS & CECILIA ANNE HILL WATERCOLOR AND MIXED MEDIA SHOW:** Roanoke Island Festival Park-Art Gallery, Manteo; Nov. 1-28. Contact 252-475-1500 or [www.roanokeisland.com](http://www.roanokeisland.com).

**WORKS BY CONNIE WINTERS AND DARREN YOUNG:** Artsource at Five Points, Raleigh; Nov. 1-31. Contact 919-833-0013 or [www.artsourc Raleigh.com](http://www.artsourc Raleigh.com).

**SMOKE & FIRE:** Featuring raku, pit and saggar fired pottery by 10 artists; Carolina Creations Fine Art & Contemporary Craft Gallery, New Bern; Nov. 1-30. Call 252-633-4369 or [www.carolinacreations.com](http://www.carolinacreations.com).

**CRAVEN ARTS COUNCIL & GALLERY FIRST ANNUAL SCULPTURE SHOW:** The juried exhibition will include sculptures from across the United States and will be juried by Linda Dougherty, curator of Contemporary Art NC Museum of Art; Craven Arts Council & Gallery's Bank of the Arts, New Bern; Nov. 3-Dec. 29. Contact 252-638-2577.



*Birch Trees in Winter*, and other original oil paintings by Olga Kalashnikova, her father and her son will be on display thru Dec. 1 at Russian Art Gallery in Cary.

**12TH ANNUAL OPEN STUDIO TOUR:** Orange County Artists open studio doors for two weekends in November; Various Sites maps available at The ArtsCenter in Carrboro, Orange County; Nov. 4-5 & 11-12. Contact 919-932-3438 or [www.orangecountyartists-guild.com](http://www.orangecountyartists-guild.com).



Celebrate the *Art of Adornment* with a collection of fine jewelry like this "Blue Moonstone & Sapphire Ring in 18k Gold" by Connie Mainne and other celebrated American designers, on display at Spectrum Gallery in Wilmington this month.

**SECOND FRIDAY OPEN HOUSE & WINE TASTING—THE ART OF ADORNMENT:** Exceptional collection of fine jewelry by American designers; Spectrum Gallery, Wilmington; Nov. 10-Dec. 10 (Opening Reception Nov. 10). Contact 910-256-2323 or [www.spectrumartgallery.com](http://www.spectrumartgallery.com).

**DURHAM ART GUILD 52ND ANNUAL**

**JURIED ART SHOW:** Petah Coyne, an internationally exhibited artist, will be the juror; Durham Art Guild, Durham; Nov. 10-Dec. 17. Contact 919-560-2713 or [www.durhamartguild.org](http://www.durhamartguild.org).

**DOC ART — A WINE AND ART AFFAIR:** Art Auction will feature the works of notable physicians and benefits local charities; Arts & Things Gallery, Morehead City; Nov. 10. Contact 1-877-848-4976.

**PICASSO CERAMICS:** A wonderful representative selection of Picasso's ceramic works will be on view for sale; Animation & Fine Art Galleries, University Mall, Chapel Hill; Nov. 10-Dec. 7 (Opening Reception Nov. 10). Contact 919-968-8008 or [www.animationand-fineart.com](http://www.animationand-fineart.com).

**THE PASSAGE TO CIVILIZED LIVING TO BENEFIT HABITAT FOR HUMANITY OF WAKE COUNTY:** Artists create artworks from recycled doors that translate into the theme, *The Passage to Civilized Living*, artists' doors will be auctioned and proceeds will benefit Habitat for Humanity; Gala Auction held at Porto, Raleigh; Nov. 11. Contact 919-272-8615.

**HOLIDAY SHOWCASE AT CITY ART GALLERY:** Special works by Gallery artists including paintings, photography, blown glass and ceramics for gift giving; City Art Gallery, Greenville; begins Nov. 15. Contact 252-353-7000.



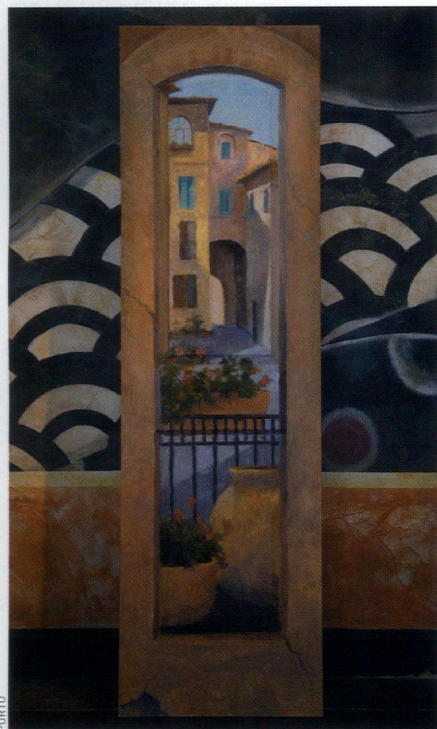
Selections of Picasso's rendezvous in the 1940s with ceramics will be on view for sale at Animation & Fine Arts Galleries in Chapel Hill thru Dec. 7.



**A CELEBRATION OF THE HOLIDAY:** Artwork by Gallery Artists; Tyndall Galleries, University Mall, Chapel Hill; Nov. 20-Jan. 13. Contact 919-942-2290 or [www.tyndallgalleries.com](http://www.tyndallgalleries.com).

**ARTSPACE COLLECTORS GALA SPECIAL 20TH ANNIVERSARY CELEBRATION:** Featuring dinner, silent & live auctions and an after party with music and dancing; Artspace, Raleigh; Nov. 18. Contact 919-821-2787.

**THANKSGIVING SHOW:** New works by many gallery artists; Carteret Contemporary Art, Morehead City; begins Nov. 24. Contact 252-726-4071 or online at [www.twogalleries.net](http://www.twogalleries.net).



Judy Crane's "A door with a view" is just one of the artistically created doors that will be auctioned off to benefit Habitat for Humanity at Porto on Nov. 11.

**WORKS BY WAYNE MCDOWELL & JEFF CHASE:** Three Hounds Gallery; Wilmington; thru Nov. 26. Contact 910-815-3330 or visit [www.threehoundsgallery.com](http://www.threehoundsgallery.com)

**HOLIDAY EXHIBITION:** Featuring new works by artists including paintings, sculpture, glass, pottery and jewelry; The Collectors Gallery, Raleigh; (Holiday Opening Party Dec. 3) Dec. 1-31. Contact 919-828-6500 or [www.thecollectorsgallery.com](http://www.thecollectorsgallery.com).

**EVENTS AT ARTSPACE:** Raleigh; Contact 919-821-2787 or [www.artspacenc.org](http://www.artspacenc.org).

• **FINE CONTEMPORARY CRAFTS:** A juried exhibition with works selected by Susan Brandeis; Gallery 1; Nov. 18-Jan. 13.

• **MARRIOTT LITTLE, ACRYLICS ON CANVAS:** Artspace Lobby Exhibition; Nov. 23-Dec 31. Contact 782-1636.

#### CLASSICAL

**PETER SERKIN, PIANO:** Presented by Carolina Performing Arts; Memorial Hall at UNC, Chapel Hill; Nov. 10. Contact 919-843-3333 or [www.carolinaperformingarts.org](http://www.carolinaperformingarts.org).

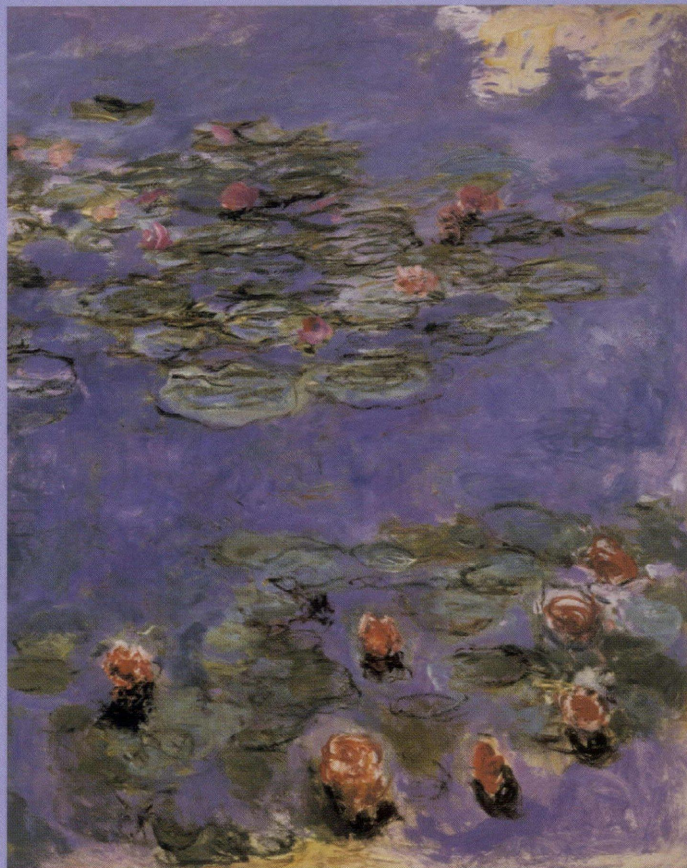
**SOLZHENITSYN-KIM-SHAO PIANO TRIO:** Presented by the Raleigh Chamber Music Guild; Fletcher Opera Theater, Progress Energy Center for the Performing Arts, Raleigh; Nov. 12. Contact 919-821-2030 or [www.rcmg.org](http://www.rcmg.org).

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Claude Monet, *Water Lilies*, 1914-17, Fine Arts Museums of San Francisco  
*Monet in Normandy* is organized by the North Carolina Museum of Art, the Fine Arts Museums of San Francisco, and the Cleveland Museum of Art. This exhibition is supported by an indemnity from the Federal Council on the Arts and the Humanities. This exhibition is also made possible, in part, by the North Carolina Department of Cultural Resources and the North Carolina Museum of Art Foundation, Inc.

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**AMAH! AND THE NIGHT VISITORS:** Presented by Long Leaf Opera; Durham Arts Council, Durham; Dec. 1 & 2. Contact 919-338-2642 or [www.longleafopera.org](http://www.longleafopera.org).

**HOLIDAY POPS CONCERT:** Presented by The Durham Symphony; Downtown Armory, Durham; Dec. 3. Contact 919-560-2736 or [www.durhamsymphony.org](http://www.durhamsymphony.org).

**EVENTS AT THE DUKE UNIVERSITY DEPARTMENT OF MUSIC:** Duke University, Durham. Contact 919-660-3333 or [www.duke.edu/music](http://www.duke.edu/music).

- **DJEMBE ENSEMBLE & AFRO-CUBAN ENSEMBLE:** Guest artist Steve Kroon; Baldwin Auditorium; Nov. 3
- **MALLARME CHAMBER ENSEMBLE:** Nelson Music Room; Nov. 5
- **CELLO MASTERCLASS W/BONNIE THRON:** Baldwin Auditorium; Nov. 7
- **DUKE WIND SYMPHONY:** Baldwin Auditorium; Nov. 9
- **DAVID ARCUS, ORGAN RECITALE:** Duke Chapel; Nov. 12
- **VOCAL MASTERCLASS W/GUESTS FROM ST. PETERSBURG OPERA:** Biddle Music Building; Nov. 14
- **STUDENT CHAMBER MUSIC RECITALE:** Nelson Music Room; Nov. 28

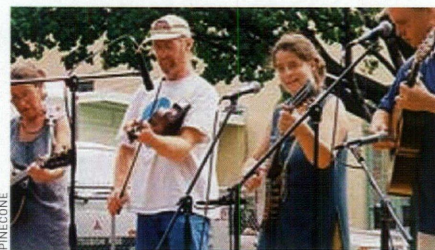
## POP MUSIC

**THE HUSHPUPIES:** Music of the Carolinas Series; Daniel's Auditorium, NC Museum of History, Raleigh; Nov. 12. Call 919-807-7900 or online at [www.pinecone.org](http://www.pinecone.org).

**KURT ELLING:** Grammy-nominated Jazz Artist; Stewart Theatre at NCSU, Raleigh; Nov. 9. Contact 919-515-1100 or [www.ncsu.edu/arts](http://www.ncsu.edu/arts).

**NIGHT OF DREAMS—EXPRESS YOURSELF:** Special Guest Jeff Timmons of 98 Degrees will perform along with a regional blend of new and returning original singers/songwriters, musical groups and dancers; Progress Energy Center for the Performing Arts, Raleigh; Nov. 10-11. Contact 919-363-1530 or [www.nightofdreams.org](http://www.nightofdreams.org).

**ANONYMOUS 4 W/SPECIAL GUEST DAROL ANGER & SCOTT NYGAARD:** Lyric folk songs and religious ballads from the 19th century; Meymandi Concert Hall, Raleigh; Nov. 16. Contact 919-515-1100 or online at [www.ncsu.edu/arts](http://www.ncsu.edu/arts).



Vocal and instrumental quartet The Hushpuppies integrate old-time, string-band music with their natural style on Nov. 12 at the NC Museum of History.

**TIERRA TANGO FEATURING KATIE VIQUEIRA:** Argentinian Music and Champion Tango Dancers perform; Historic Thalian Hall, Wilmington; Nov. 18. Contact 910-343-3664 or [www.onstageinn.com](http://www.onstageinn.com).

**EVENTS AT THE CAROLINA THEATRE OF DURHAM:** Durham; Contact 919-560-3030 or [www.carolinatheatre.org](http://www.carolinatheatre.org).

- **WILL DOWNING & MIKE PHILLIPS:** Nov. 4
- **THE MACHINE:** Nov. 16
- **JOHN BERRY'S CHRISTMAS:** Nov. 26

**EVENTS AT THE ARTSCENTER:** Carrboro; Contact 919-929-2787 or [www.artscenterlive.org](http://www.artscenterlive.org).

- **STEPPIN' IN IT:** Nov. 3
- **BO LOZOFF & FRIENDS ANNUAL BENEFIT CONCERT:** Nov. 4

- **BENEFIT FOR CAROLINA OUTREACH FOUNDATION:** Featuring Two Dollars Pistols, Barefoot Manner, Danny Gotham and Armand Lenchek; Nov. 5
- **FRANKIE & SEAN GAVIN:** Nov. 10
- **9TH ANNUAL NC SONGWRITERS COMPETITION:** Nov. 11
- **CLUMSY LOVERS:** Nov. 17
- **AN EVENING WITH MAURA O'CONNELL – A BENEFIT FOR NORTH CAROLINIANS AGAINST GUN VIOLENCE:** Nov. 18

## STAGE & SCREEN

**SOUTH PACIFIC:** Presented by New Bern Civic Theatre; New Bern Civic Theatre, New Bern; Nov. 3-5 & 9-11. Contact 252-633-0567 or [www.newberncivictheatre.org](http://www.newberncivictheatre.org).

**HEAVEN CAME DOWN:** Presented by Emmerich Theatre; Rocky Hock Playhouse, Edenton; Nov. 9-Dec. 16. Contact 252-482-4621.

**FIDDLER ON THE ROOF:** Presented by the RiverTowne Repertory Players; Sudan Shrine Center, New Bern; Nov. 2-5 & 9-12. Contact 252-637-2662.

**CARLOS MENCIA, THE PUNISHER TOUR:** Presented by Comedy Central Live; Meymandi Concert Hall, Raleigh; Nov. 12. Contact 919-834-4000 or [www.livenation.com](http://www.livenation.com).

**HEDDA GABLER:** McGinnis Theatre at ECU, Greenville; Nov. 16-21. Contact 1-800-ECU-ARTS or online at [www.ecuarts.com](http://www.ecuarts.com).

**BALANCHINE & MOZART:** Performance by The Carolina Ballet, directed by Robert Weiss; Memorial Auditorium, Raleigh; Nov. 16-19. Contact 919-719-0900 or [www.carolinaballet.com](http://www.carolinaballet.com).

**ONCE ON THIS ISLAND JR.:** Presented by Cary Youth Theatre based upon the novel by Rosa Guy, *My Love My Love*; Cary Academy Fine & Performing Arts Center, Cary; Nov. 17-19. Contact 919-465-4792.

**MOONIE & BROON CHARITY SHOW:** Funds will benefit

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Carlos Mencia, star of Comedy Central's *Mind of Mencia*, will address ethnic stereotypes and racism from a comedic perspective during two performances in Raleigh this month.

the Historical Enrichment Society; Kenan Hall at Peace College, Raleigh; two shows Nov. 18. Contact 919-755-8004 or [www.ncenfaire.com](http://www.ncenfaire.com).

**GARRY KRINSKY'S TOYING WITH SCIENCE:** Explore the basic principles of science while enjoying a circus-like performance with music and laughs; Historic Thalian Hall, Wilmington; Nov. 19. Contact 910-343-3664 or [www.thalianhall.com](http://www.thalianhall.com).

**BROADWAY AT DUKE PRESENTS WONDERFUL TOWN:** Page Auditorium at Duke University, Durham; Nov. 29. Contact 919-684-4444.

#### MUSEUMS

**ELEVENTH ANNUAL AMERICAN INDIAN HERITAGE CELEBRATION:** During this popular family event, members of all eight state-recognized tribes will share their heritage and culture; NC Museum of History, Raleigh; Nov. 18. Contact 919-807-7900 or [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org).

**FINE ARTS BALL:** This year's event is in memory of

Rachel Maxwell Moore; Greenville Museum of Arts, Rock Springs Center in Greenville; Nov. 18. Contact 252-758-1946.

**PAINTINGS BY DICK ROBINSON:** Preservation Society of Chapel Hill, Horace Williams House, Chapel Hill; thru Nov. 22. Contact 919-942-7818.

**BETWEEN PAST AND FUTURE — NEW PHOTOGRAPHY AND VIDEO FROM CHINA:** Photo and video art from China produced since the mid-1990s; Nasher Museum of Art at Duke University, Durham; thru Feb 18. Contact [www.nasher.duke.edu](http://www.nasher.duke.edu).

**EVENTS AT THE NC MARITIME MUSEUM:** Beaufort; Contact 252-728-7317 or [www.ncmm-friends.org](http://www.ncmm-friends.org).

- **BOATSHOP BASH:** Fund-raiser for NC Maritime Museum with food, music and fun; Boatshop; Nov. 4.
- **5TH ANNUAL WATERCOLOR WORKSHOP:** Nov. 6-10; Opening Reception Nov. 5.
- **SEA TURTLES:** Slides and display about sea turtle biology and conservation; Nov. 14.
- **A BAREBOAT GREEK ODYSSEY:** Lecture by Norton &

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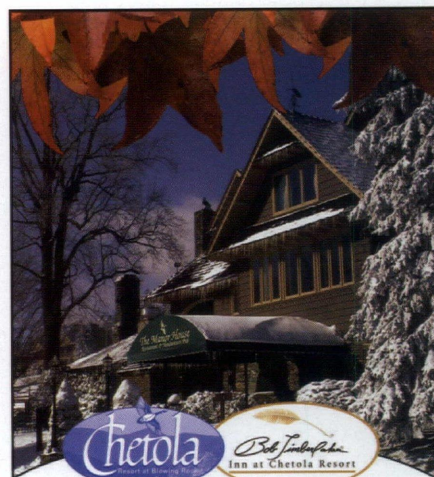


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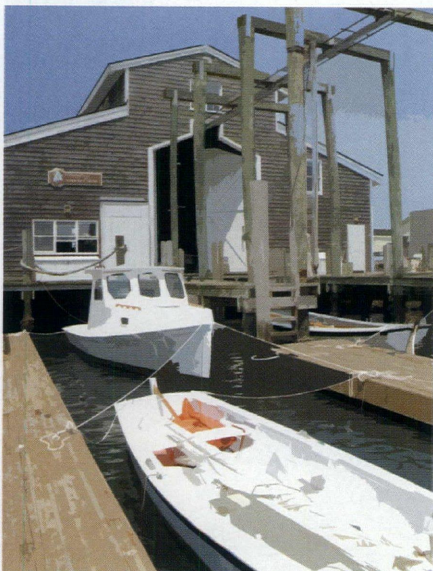
Prices start at just \$365 for 3 nights in condos, \$293 for two nights in Chetola Lodge and \$401 for two nights in the Bob Timberlake Inn. All prices are per room.

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Kay Howe focused on their travels around the Aegean Sea; Nov. 17.

**EVENTS AT THE NC MUSEUM OF LIFE AND SCIENCE:** Durham; Contact 919-220-5429 or online at [www.lifeandscience.org](http://www.lifeandscience.org).



Enjoy an evening of good food, drinks, music and silent and live auction at the NC Maritime Museum's Boatshop Bash fund-raiser.

- **HOLIDAY SPRINGS & SPOCKETS W/ STEVE GERBERICH:** thru Jan. 7
- **OPERATING ROOM NURSE DAY:** Nov. 18
- **TABLE TOP KAPLA BLOCK CONTEST:** Nov. 19

**EVENTS AT THE NC MUSEUM OF HISTORY:** Raleigh; Contact 919-807-7900 or online at [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org).

- **A PROUD PEOPLE:** Learn about American Indians of yesterday and today; Nov. 1.
- **THE COLUMBUS CODE:** Shipwreck artifacts and interactive exhibit; thru Jan. 7.
- **NC CONNECTIONS CONCERT W/GREGORY MCCALLUM:** Nov. 4.
- **PRESERVE YOUR FAMILY TEXTILES:** Nov. 5.
- **READY & RELIABLE:** Members of the NC National Guard recount their experiences in Iraq; Nov. 8.
- **ARTIST AT WORK MICKEY PATRICK:** Talk with Patrick, a Waccamaw-Siouan as she paints scenes from NC Indian communities; Nov. 18 & 19.
- **SPIRAL OF FIRE:** Part of the PBS series *Indian Country Diaries*, a discussion follows film; Nov. 18.

#### POTPPOURRI

**FIRST ANNUAL NATIONAL JURIED SCULPTURE SHOW:** Sculptures accepted to the juried event will be on display, one winning sculpture to remain permanently each year at the Sculpture Park; Indoor venue Bank of the Arts and Outdoor venue New Sculpture Park, Downtown New Bern; thru December.

**TIDEWATER CAMELLIA CLUB & AIRLIE GARDENS 1ST ANNUAL BULB SALE:** Airlie Gardens, Wilmington; Nov. 4. Contact 910-798-7700 or [www.airliegarden.org](http://www.airliegarden.org).

**AMERICAN MUSIC JUBILEE CHRISTMAS SHOW:** Rudy Theatre, Selma; Nov. 4, 10-11, 16-18, 24-25. Contact 1-877-843-7839.

**12TH ANNUAL CUCALORUS FILM FESTIVAL:** Showcasing the finest independent cinema with hosts Tift Merritt & Zach Hanner; Wilmington; Nov. 8-11. Contact 910-343-5995 or [www.cucalorus.org](http://www.cucalorus.org).

**RALEIGH ROUNDUP — ON THE STAMPEDE TO FIGHT CANCER:** Gala to benefit the American Cancer Society; Kerr Scott Building at the NC State Fairgrounds, Raleigh; Nov. 10. Contact 919-834-8463 or [www.raleighroundup.com](http://www.raleighroundup.com).

**NC WRITERS NETWORK 2006 FALL CONFERENCE:** Armchair discussions with authors, over 20 writing workshops and panels, and numerous book signings and readings; Sheraton Imperial Hotel, RTP; Nov. 10-12. Contact 919-967-9540 or [www.ncwriters.org](http://www.ncwriters.org).

**VETERANS' DAY CELEBRATION & PARADE:** Pitt County Veteran Council, Greenville; Nov. 11. Contact 252-258-2242.

**TRIANGLE FAMILY SERVICES 4TH ANNUAL GINGERBREAD HOUSE GALA & AUCTION:** Sisters' Garden, Raleigh; Nov. 15. Contact 919-839-2286 or [www.trianglefamilyservices.org](http://www.trianglefamilyservices.org).

**FESTIVAL OF TREES:** Three floors of trees and a gift shop benefiting Craven Regional Medical Center Foundation; Jarvis Mansion, New Bern; Nov. 18. Call 252-633-8247 or [www.ncfestivaloftrees.com](http://www.ncfestivaloftrees.com).

**CHRISTMAS GIFT-A-RAMA:** Pasquotank Arts Council Gallery, Elizabeth City; Nov. 19-Dec 31. Contact 252-338-6455.

**HABITAT FOR HUMANITY HOLIDAY HOME TOUR:** Home tour allows guests to see firsthand how contributions



Airlie's "Dirty Dozen" gardening volunteers will be on-hand to answer questions and sell pre-chilled tulips from Holland at Airlie Gardens' 1st annual bulb sale on Nov. 4 in Wilmington.



of time and money are invested; Habitat Reuse Center at 2400 Alwin Court, Raleigh; Nov. 19. Contact [www.habitatwake.org](http://www.habitatwake.org).

**HOLIDAY CELEBRATION & LIGHTED BOAT PARADE:** Downtown Elizabeth City; Nov. 24. Contact 252-338-4104.

**CARY'S HEART OF THE HOLIDAYS CELEBRATION:** Historic Downtown Cary offers a number of holiday-themed events and entertaining activities for the entire family including the lighting of Cary Town Tree; historic Downtown Cary; Dec. 2. Contact 919-469-4061.

**OLD WILMINGTON BY CANDLELIGHT & CANDLELIGHT JUBILEE:** A historical home and site tour & 50th anniversary celebration; Dec. 2 & 3. Contact 910-762-0492 or [www.latimerhouse.org](http://www.latimerhouse.org).



*Slumming*, directed by Michael Glawogger, is one of 13 dramatic, independent films that will be featured at the 12th Annual Cucalorus Film Festival in Wilmington.

**A CAMELOT CHRISTMAS—A WINTER FESTIVAL & THE MOST UNIQUE GIFTS OF THE SEASON:** Presented by the Historical Enrichment Society; Kerr Scott Building, North Carolina State Fairgrounds in Raleigh; Dec. 2 & 3. Contact 919-755-8004 or [www.ncnfaire.com](http://www.ncnfaire.com).

**DISNEY ON ICE—PRINCESS WISHES:** RBC Center, Raleigh; Dec. 6-10. Contact 919-834-4000.

**13TH ANNUAL JINGLE BALL:** Celebrate the season and support the Salvation Army Christmas Cheer Program for Wake County children. Each guest is asked to bring an unwrapped holiday gift valued at \$20 or more, or pay \$30 admission fee; Exploris, Raleigh; Dec. 7. Contact [www.jingleball.org](http://www.jingleball.org).

**4TH ANNUAL CHRISTMAS FLOTILLA:** Presented by Downtown Washington On the Waterfront; Waterfront at Stewart Parkway, Downtown Washington; Dec. 8. Contact 252-946-3969.

**EVENTS AT TRYON PALACE HISTORIC SITES & GARDENS:** New Bern; Contact 1-800-767-1560 or [www.tryonpalace.org](http://www.tryonpalace.org).

• **PARLOR TALK – HATS OFF A TRIBUTE TO THE INDOMITABLE LADIES WHO REBUILT A PALACE AND LAUNCHED A MOVEMENT:** Attendees encouraged to wear hats; Nov. 9.

• **AFRICAN AMERICAN LECTURE:** Dr. Emily Seelbinder explores the era of the Harlem Renaissance; Nov. 16.

• **AFRICAN AMERICAN WALKING TOUR:** 90-minute historical tour of Downtown New Bern; reservations required; Nov. 19.

**5TH ANNUAL FALL ART & WINE FESTIVAL:** Weekend includes a juried art show, entertainment and over 200 wines to sample; Hugh MacRae Park, Wilmington; Nov. 11-12. Contact [www.celebratetheartsnc.org](http://www.celebratetheartsnc.org).

Our thanks to Cyndi Harris and Mary Younger for their assistance with MetroPreview.

**EDITOR'S NOTE:** Please send events info and color images, slides or photos 6 weeks before publication date. Send to Jennifer Hadra, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: [jennifer@metromagazine.net](mailto:jennifer@metromagazine.net).



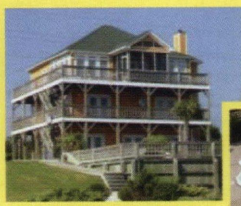
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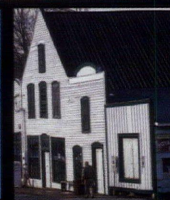
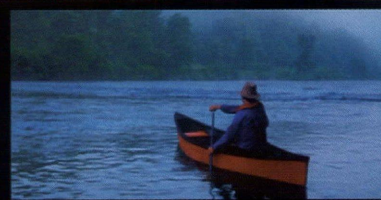
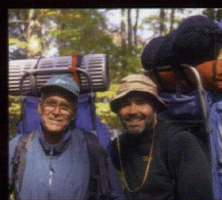
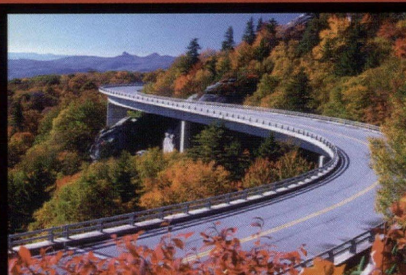
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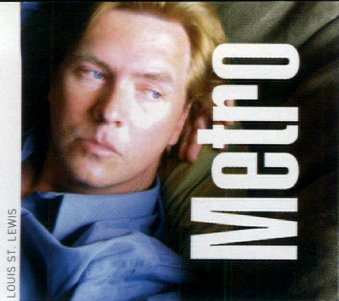
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LOUIS ST. LEWIS

# Artist-at-Large

by Louis St. Lewis

## SO LITTLE TIME, SO MUCH TO DO

I love being an artist. The only problem is that there is just too much to do and too little time to do it in. I wish I had a twin. One of us could stay home and make art while the other went to parties and art openings, caught up on the gossip of who's doing whom, and who's having a nervous breakdown ... all the good stuff. It would be fun if there was one good twin and one bad twin. The good one could write all of the socially acceptable stuff, and the bad one could tell you what REALLY goes on behind the scenes — the morsels of life everybody talks about at black tie parties but nobody prints.

There are just too many distractions in our world and too many choices. Which opening do I go to? Which museum show can I see? Which lecture to take in? It can all become a blur when working to bring *Metro* readers a true sense of the art scene. Now I am leaning toward the Luddite view more and more. I called up the cable company and had them yank out the line because all of those talk shows had me hypnotized. I threw my cell phone out of my window because I was tired of constant interruptions during my drives. Since your time is equally valuable, I am getting down to basics so I can distill the world of culture and art into information that you will find both informative and entertaining.

### BOLD COLORS

I recently had the pleasure of visiting with artist Paul Hrusovsky at his studio, nestled in the trees just north of Chapel Hill. Hrusovsky was working on a series of paintings for his upcoming show this month at Craven Allen Gallery on Broad Street near Duke's East Campus in Durham ([www.cravenallengallery.com](http://www.cravenallengallery.com)). Hrusovsky has always been the most gracious artist. I never see him throwing fits the way some artists do, and he is a polite and congenial host, as well. Hrusovsky was



Paul Hrusovsky

working on a series of colorful paintings with avian themes. Crows on the wing, parrots at play, the felicitation of finches ... flight was everywhere. Hrusovsky has long been a painter intrigued by bold line and color, but in the past few years, texture has taken on even more of a starring role. The embossed imprint of a leaf embellishes a wing. Graphic embellishments are painted, rubbed, repainted and glazed until they form layers of texture that inform the surface of the paintings

with new meaning.

### ORIENTAL AESTHETIC

Showing along with Hrusovsky is Jim Lux, whose sensuous pit-fired pots are always popular and always in demand. With names like "Beautiful Mess," "Hard to Say" and "Never Surrender." The vessels for this round show more color than earlier collections, pulled from the pit before the colors become subordinate to smoke and fume. To me, the works have an ori-



ental aesthetic, forming stylized over-ripe pomegranates, figs or pears just waiting to be plucked for your collection.

#### TRIANGLE TROUPER

Congratulations to Nancy Tuttle May for her stellar performance recently in Chapel Hill at Tyndall Galleries ([www.tyndallgalleries.com](http://www.tyndallgalleries.com)). May is the original artist trouper of the Triangle. She was selling art around here before there really was any developed art scene. She has painted everything from beachscapes to large scale abstracts, and her style is as confident and colorful as ever. If you are considering making a living as an artist with all of its ups and downs, look no further for advice than Nancy Tuttle May, who has been doing it in style for decades.

#### CLASS ACT

I don't know what's up at the Durham Art Guild ([www.durhamartguild.org](http://www.durhamartguild.org)), but I like it. There seems to be a lot of energy over there now. I do know that Lisa Morton has been a true godsend to the place. She is a class act and handles the pressure with grace and style. Last year the DAG had the largest number of submissions ever for the juried competition when internationally recognized artist Judy Chicago came to town as guest juror. This year's juror is the amazingly talented Petah Coyne, who's lush and lyrical assemblages of wax and feather, fabric and flower are fantastic images of spirituality and transformation. Coyne is in all the right places and museums, including a new work for our very own Nasher Museum of Art. Will the artists turn out in even greater numbers this year for a chance to be chosen by such a radiant art luminary? To see more of Coyne's work go to [www.galerieie-long.com](http://www.galerieie-long.com).

Let me add that a good portion of The Durham Art Guild's good fortune comes from the enthusiastic patronage of board member Lori Leachman, who seems to have all the right contacts when it comes to procuring only the best guest artists as jurors. An avant-garde such as Coyne giving the thumbs up and thumbs down this year, the show should have tongues wagging all over the state. Go see for yourself. **MM**

Jim Lux



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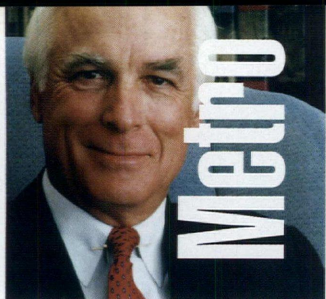
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# Editor-at-Large

by Jim Leutze

## FISH FARMING: PROS AND CONS

In a recent *Metro* article I discussed an issue involving my wild fishy friends. This time let's consider the lives and times of their more, shall I say, cultivated cousins.

The issue of declining fish stocks is international. Many populations, especially in some of the world's poorest regions, are highly dependent on marine species as a food source. One potential partial solution is fish farming, be it fresh water (aquaculture) or salt water (mariculture). Flying into most sea coast Asian cities, you will see acre after acre of fish pens along the shoreline. Shrimp, farm raised probably in Ecuador or Thailand, jam the frozen food shelves in our supermarkets where they compete for customers with our wild caught product. The same is true with the Vietnamese catfish industry, which, ironically, received American development aid. The Vietnamese contend that their catfish is "Asian," but the American catfish industry contends that if it looks like a catfish and tastes like a catfish — it's a catfish and, more importantly, it's a catfish that is driving down the price of catfish.



Tellico Trout Farm, Franklin, NC

Financial issues aside, fish farming has faced a wide array of challenges. For one thing, when you put a lot of fish in a concentrated area, you run into a waste disposal problem. It is the piscatorial equivalent of the hog lagoon problem. When fish are dispersed, so is their elimination; if they are concentrated, their waste product can contaminate a whole section of water. This is

especially true when the fish are provided with unnaturally large amounts of food to accelerate growth. Another problem that arises when fish or shrimp are concentrated is disease. The solution is antibiotics or other additives which, in concentrated amounts, can pollute the water. In Thailand I have seen mile after mile of polluted and abandoned shrimp farms. I have seen miles of degraded waterfront in Ecuador where the mangroves have been stripped out to make room for shrimp farms. But after all this is said and done, fish farming is providing a growing amount of the fish we eat. One estimate is that 40 percent of the fish we consume are farm-raised — most of it in foreign countries.



Coastal USA Fish Company, Cedar Island, NC

The US has lagged far behind in the area of aquaculture, but that may be about to change. One recommendation of the US Commission on Ocean Policy was to experiment with ocean farming. As a result, in 2005 Congress passed a National Offshore Aquaculture Act, authorizing fish farming in waters from three to 200 miles off the US coast. The plan is to anchor huge nets as pens in 100 feet of water and fill them with 50-100,000 fish. These deeper waters with their stronger ocean currents will mitigate the problem of fish waste. But problems with disease and antibiotics, as well as with escapees, will remain. In the Pacific, where there are a number of salmon farms, problems have occurred with fish escaping into

the wild, thus raising the fear of interbreeding — with unknown consequences if the genetics of the farmed fish have been altered in any way.

American government agencies take these environmental issues much more seriously than many foreign governments. Indeed, people working in the field of aquaculture will quickly point to the myriad of rules and regulations that make their lives more complicated. It is not that they want to pollute the land or sea, but they feel that regulators have gone a bit overboard — if you'll forgive the pun. I don't know the whole story, but it really will be unfortunate if unnecessarily strict rules make US aquaculture so unprofitable that we'll all end up eating fish raised by foreign farmers, who are obeying no rules.

Clearly there are many challenges to be solved before aquaculture becomes as common as other types of farming. Beyond the environmental impact, what scale operation do you have to have to compete with a wild caught product? Where is the market for farm-raised fish? We are a long way from repopulating the oceans, we haven't solved all the problems, but at the same time this method of augmenting the world's food supply deserves, and is receiving, serious study.

What is going on here in North Carolina, where we have both the need to augment our declining fish catches and the geographic opportunity to grow some species? North Carolina is already successfully raising trout, catfish and tilapia (all fresh water species); it's the salt water species that present the more complex problems. But here, too, strides are being made. Oysters are being raised in floating nets that help keep them from pollution on the bottom, and institutions and entrepreneurs are beginning to make money on fish and crabs. In next month's article, I'll talk about work going on at UNC-Wilmington with black sea bass and flounder and examine the soft crab business of Jeff Wolfe. **MM**





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## HOPE BALL CONTINUES DOWN EAST TRADITION

I have just returned from Bertie County and the Hope Ball — this year officially called The Governors' Ball at Hope Plantation. Last fall I told you that planning was underway, and it was sure to be a major 2006 Down East event. The Ball, chaired by long-time Hope benefactor Sarah Gayle Hunter Randolph of Irvington, VA, exceeded expectations with artful decorations, fine food, lively beach

music and — best of all — good company.

Sarah is the cousin of John C.P. Tyler, Clerk of Court in Bertie County. She and Historic Hope Foundation President, Dr. Ben Speller of Durham and Edenton, greeted guests and directed them to the massive tent on the front lawn.

As the countdown to Oct. 14 began, word filtered out that Lynda Byrd Robb would be attending. The oldest daughter

charm and grace of her mother, Lady Byrd Johnson, and her father's political acumen. Though she has been out of the public eye for a few years, she still has the touch. She made the ball especially memorable for the many guests who visited with her. It is obvious why she continues to be enormously popular.

Sarah Barbee Hanner of Raleigh (I have to work at keeping these Sarahs straight) and I were the weekend guests of Raleigh's Molly Urquhart and husband Bill Mears at Molly's family home, a beautifully maintained antebellum plantation house in Lewiston Woodville. Sarah Hanner knows almost as much about folks in Eastern North Carolina as the Good Lord Himself. Sarah and I were one of the first couples on the floor when The Entertainers cranked up the beach music. Between you and me, we laid down some good steps.

The supper, catered by Southern Delights of Ahoskie, featured Down East fare that included a raw bar and other examples of regional cuisine. The "Country Big Mac" stole the show, however — small, thin squares of baked cornbread with collards and country ham. The tomato pudding served in martini glasses was a dead ringer for my mother's stewed tomatoes.

Regional artists with connections to Hope donated paintings for the silent auction. The art was impressive and, averaging about \$500 a piece, it boosted substantially the amount raised for the operations and programs of Historic Hope — in my opinion, the crown jewel of house museums in North Carolina. Let's say "thank you" now to the artists: Margaret Attkinson, Blair R. Beasley, Tracey Bell, Peggy Brinkley, Jenny Jenkins, Lyn Jenkins, Lib Nelson, Jane Perry, Jaquelin Parry, Dr. Fred Saunders, John Silver and Nancy G. Spruill.

This year's Hope Ball was the 17th since the tradition began in 1968. I think I may have attended that very first one held in the National Guard Armory in Windsor. Beginning that year, and until she died a few years ago, Fannye Marks, the leg-



Above: Clara Bond Bell, Windsor; Dr. Ben Speller, Durham, Hope Foundation President; Sarah Gayle Hunter Randolph, Irvington, VA, Ball Chair; and Lynda Byrd Johnson



Left: Lucia Peel Powe and E. K. Powe of The Cedars in Chapel Hill

of our 36th president, Lyndon Baines Johnson, married Charles S. "Chuck" Robb — the dashing Marine who served as a White House military social aide when she was living there with her parents. Sarah Randolph is the godmother of their third daughter Jennifer. Lynda Byrd became First Lady of Virginia when Chuck was elected governor in 1982. Later, in 1988, he was elected to the United States Senate from Virginia and served two terms.

It was been said that Lynda has the



endary Roanoke Rapids couturière, outfitted scores of women who attended. Marian Castellow Perry introduced me to Fannye's former business associates, Bob and Marcela Liverman. Although the irrepressible Fannye got the spotlight over the years, they were there in the wings.

Lucia Peel Powe, the author and conservationist, was at the Ball with her husband, retired Durham attorney E. K. Powe. Lucia included Fannye in her novel, *Roanoke Rock Muddle*. If you haven't read it, you must. She's a great storyteller. Lucia is donating all the proceeds to the non-profit Roanoke River Partners that I mentioned in last month's column.

Fannye appears in *Roanoke Rock Muddle* as Golda, who is described as "the doyenne of fashion" for a wide area of Eastern North Carolina and Southern Virginia.



Newlyweds Brimage Spruill Silver and Beau Silver of Wanchese

"As sure as the seasons changed and the wild ducks flew South," Lucia wrote, "Sirena and other birds of her feather drove two counties northwest in the fall and back again in the spring to Roanoke Rapids to Golda's. They would select and purchase a special outfit for college football games in the fall and Easter in the spring. Some of these Eastern North Carolina women also went in early summer and winter, four times a year, to buy the newest fashions for summer at the beach and for winter parties." But "deb time," Lucia writes, "was easily Golda's most lucrative season."

There will never be another Fannye Marks.

I have to tell you about the newlyweds everyone was doting over. In what may

have been the wedding of the century Down East (even though there are 94 more years to go), Nancy Brimage Gillam Spruill, daughter of Hunter Wayland "Scookie" Spruill and Nancy Brimage Gillam Spruill (that's right, folks, the bride was named for her momma) married Winston Sprague Beau Silver on the beach at Nags Head, milepost 13.5, in front of the historic Outlaw cottage. Brimage walked down a 100-foot aisle of specially laid turf to the sounds of a 14-piece orches-

tra. A 12,000-square-foot tent was required for the reception and the luncheon for guests who came from far and wide. Old Eastern North Carolina, of course, was heavily represented.

After visiting with Brimage and Beau at the Ball, I concluded they are going to be a lively addition to the Eastern North Carolina social scene. Their folks are devoted to Historic Hope, and I know they will do their part too in years to come. **MM**

### THREE GENERATIONS OF RUSSIAN REALISM

## Olga Kalashnikova

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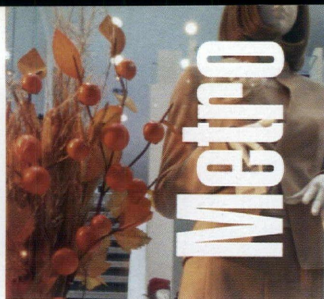
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# Style

by Molly Fulghum Heintz

## BLACK NAILS AND TWEED OUTINGS HIGHLIGHT WINTER COUTURE

In New York, Halloween seemed to come early this year: black is everywhere. While it's not unusual for NYC fashionistas to be clad in black year-round, it is highly irregular for everyone from hair stylists to office workers to have shiny black fingernails. *Quelle horreur!* Though it may sound scary, when not worn by someone in full Goth regalia or sporting a nose-ring, black nail lacquer can look surprisingly chic. Chanel's limited edition



"Black Satin" (\$18) has become a hot commodity, giving new meaning to the words "black market." "I'm going to buy it when I go to Paris, and then sell it on eBay!" said one entrepreneurial friend, who shall remain nameless. If you don't have shady friends or an "in" with someone at Chanel,

popular alternatives to the elusive "Black Satin" are Essie's "Wicked" and OPI's "Black Onyx."

The daily uniform of many New Yorkers, black has extra potency when taken out of its concrete and steel context. I always felt a bit out of place when transporting my largely dark wardrobe to my native North Carolina. A concerned relative once asked me if I was depressed because I was wearing black at Christmastime. I suddenly realized that to eyes having more contact with nature than the mean streets, I was coming across not as stylish, but as the figure of Death in a Bergman film. I now try to have some floral prints or at least some primary colors on hand for visits. Point being that the black nail varnish trend may be a bit severe depending on your context, so use your best judgment. Rather than go all the way, you might try alternatives that offer

a similar effect. OPI's "Lincoln Park After Dark" is a beautiful deep purple, one shade shy of ominous.

### GENTLEMEN PREFER TWEED

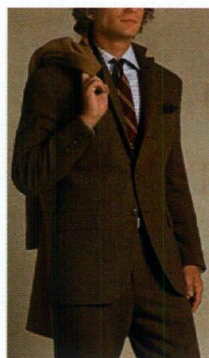
For a Thanksgiving jaunt into the NC countryside, what does seem quite appropriate this season is tweed. A fall fashion trend given an extra boost by the movie *The Queen* (which features many scenes at Balmoral Castle in Scotland), tweed has a unisex appeal but is particularly becoming to gentlemen. For hunting, fishing or general rambling around the countryside, higher-tech and more functional clothing options admittedly exist. As A.A. Gill writes in a recent *Men's Vogue*, "A decent



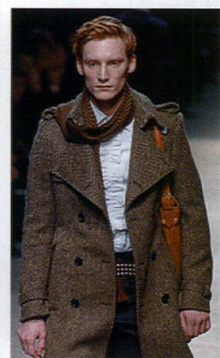
Hickey Freeman

tweed jacket can suck up to three times its own weight in liquid and then retain it like a miserly camel. It will also smell like a miserly camel." But the allure of tweed is not its practicality but rather its patina and aura of respectability. In Britain, woolen tweeds, the staple of hunting and

riding costume or "kits," were often handed down through generations. Such a classic is always a wise investment, and fortunately, today's tweeds can go to the



Ralph Lauren

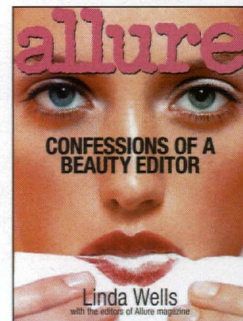


Burberry

dry cleaner. One needn't be landed gentry to wear Burberry Prorsum's herringbone wool trench (\$2500) or a bespoke brown plaid sport coat by Hickey Freeman (\$1095). Polo by Ralph Lauren's three-piece tweed suit (\$1550) evokes an Oxford University student right out of Evelyn Waugh's *Brideshead Revisited*.

### TRUE CONFESSIONS

As every reader of British novels knows, where there is an aura of respectability, there is almost always a skeleton in the closet, or at least a closely guarded secret. And secrets are the subject of several new books in which beauty editors spill the beans. In *Allure: Confessions of a Beauty Editor* (Bulfinch, \$24.99), Linda Wells, editor in chief of *Allure*, the number one beauty magazine, gives up tips she's gleaned on the job. Nada Manley's *Secrets of the*





# FASHION NEWS

In collaboration with the **Monet in Normandy** exhibit at the North Carolina Museum of Art, **fleur** will hold a Fashion Tasting on Nov. 9 from 5-8 p.m. Join wine sommelier **Inez Rubistello**, formerly of the World Trade Center restaurant, Windows on the World, for a showcase of red wine from Normandy. Between tastings, guests can shop the latest contemporary European looks from designers like Philosophy di Alberta Ferretti, See by Chloe and Paul & Joe. Bring your NCMA exhibit ticket and receive **10% off of store purchases**; Cameron Village, Raleigh, 919.828.0602.

In addition, **Vermillion** is inviting Triangle women to **A Day of Monet**, complete with the latest fashions from the store's up-and-coming designers and French inspired food and wine refreshments from North Hills' neighbor, **Bistro 607**, on Nov. 18 from 4-8 p.m. **Vermillion** will also host a **Lela Rose** trunk show on Nov. 2-3 and a **Tory Burch** trunk show on Nov. 15-16; North Hills, Raleigh, 919.787.9780.

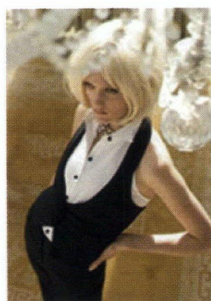
**Glam Lounge**, Raleigh's newest upscale hair salon, will offer clients the chance to recreate that freshly blown look long after they've left the salon with **Glam Lounge's GlamUP 101 styling tutorials**. The start-to-finish classes cover brush techniques, hot irons and simple up-do's. Fees are \$100 per class or \$250 for a package of all three. Clients enjoy a 15% product discount on the day of service; Raleigh, 919.832.0095.

Join Elaine Miller Collection for a number of exciting events this month, including an **Elizabeth Locke Trunk Show** on Nov. 6-7; **The Mazza Company Trunk Show** on Nov. 16; and a **SeidenGang Trunk Show** on Nov. 28-29. Customers are also invited to **A Pearl Event** detailing everything you always wanted to know about pearls from selection to care on Nov. 17-18; North Hills, Raleigh, 919.571.8888.

Celebrate the opening of **Alexia's Bridal Boutique's Vera Wang Salon** with a cocktail reception at Alexia's on Nov. 2 from 6-9 p.m. The posh Vera Wang Salon will be the only other salon of its kind in the South, other than in Florida; 1051 Darrington Drive, Cary, 919.481.6633.

Join **Fine Feathers** for an **Anne Pederson knit trunk show** on Nov. 9 & 10. Chapel Hill, 919.942.3151.

Visit **Hamilton Hill Jewelers** for a trunk show on Nov. 3-4 featuring **Gellner: The Spirit of Pearls & Herbstrith: The Finest Chains in the World**. Return to the store on Nov. 10-11 for **A Diamond Extravaganza** with the Original Radiant Cut Diamond Corporation & Dec. 1-3 for a **Bikakis & Johns trunk show**, featuring jewels and 22 karat gold; Durham, 919.683.1474.



TRINA  
TURK

## It's Time to Party

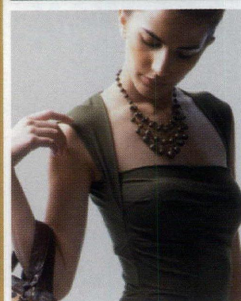
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## Holiday Open House

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- ❖ Donate a toy to Toys for Tots and Receive a **free** photo with Santa
- ❖ Free Balloon Making, craft table, and horse drawn carriage rides
- ❖ Free Holiday Bears\*

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ABC Store	848-9547	Harris Teeter	848-1464
Aly's	676-2667	Hilker's Cleaners	846-1102
Angel Hair Wig Gallery	841-9447	Humming Shoe Repair	848-4662
Ben & Jerry's	417-8931	Ladies Workout Express	846-6713
Ben Craig Designers		Luyen Tailor Shop	847-8966
& Fine Jewelers	676-3772	Mitchell's Hairstyling	846-9214
Bruegger's Bagel Bakery	870-5993	Mobley's Children's Shoes	518-1640
Buffalo's Southwest Café	676-0332	Nail Castle	844-7344
Burger King	846-9002	Outback Steakhouse	846-3848
Cardinal Art Gallery	847-4747	Outdoor Bird Company	846-BIRD (2473)
Cozumel Mexican Grille	847-8983	Palm Beach Tan	518-2995
Crowley's	676-3431	Radio Shack	847-9526
Custom Postal	847-8386	RTP Federal Credit Union	844-1730
Danielle's Hallmark Shop	848-9700	Starbucks	846-0633
Daylight Donuts Raleigh	676-7442	Stein Mart	846-5558
DeLaRosa Photography Studio	846-5655	Subway	846-8161
Eckerd Drug	846-7278	Sun Trust Bank	571-6340
Gingerbread House Florist	870-1894	Wag Pet Boutique	841-5093
GNC Live Well	848-0980	Wildflower Pizza & Grille	847-8982
Gourmutt's Bakery	870-8220	Wine 'n Things	847-4986

\*If you purchase \$100 or more worth of merchandise from Stonehenge Market between Nov. 25-Dec. 9, remember to bring your receipts to the event to receive a FREE Holiday Bear. While supplies last.

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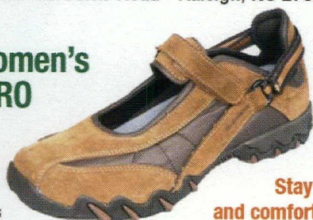


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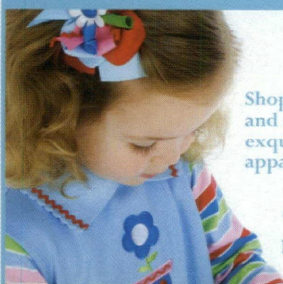
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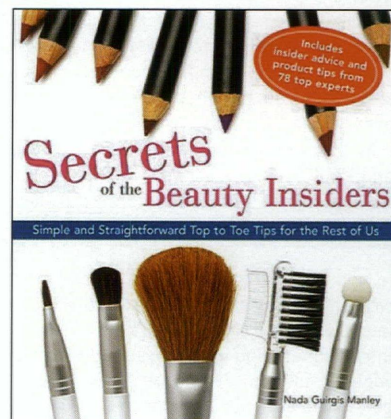
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*Beauty Insiders: Simple and Straightforward Top to Toe Tips for the Rest of Us* (Sourcebooks, Inc., \$14.95) is a new and sure-to-be-indispensable resource that features firsthand know-how from beauty gurus around the globe. (Full disclosure: Nada and I were co-editors of a magazine in Boston, and I can attest that she approaches aesthetic well-being with the rigor of a scientist.) *Lucky* beauty editor Jean Godfrey-June's *Free Gift with Purchase: My Improbable Career in Magazines and Makeup* (Harmony, \$21) chronicles her crazy days as a tester of fragrance and lipsticks and the personalities she meets along the way. It's a tough job, but someone has to do it. Stiff (and well-waxed) upper lip! **MM**



## THE SKINNY ON FALL DENIM

BY TRICIA HORATIO

**Y**ou can try to ignore the return of the skinny jean. After all, '80s fashion trends were hard enough to get through the first time. But there is no denying that this sexy, tight-fitting style is back and in favor with skinny and not-so-skinny fashionistas.

After much searching, stretching and squeezing, we identified three variations of the skinny jean for you to choose from: the slim skinny, the cigarette and the super skinny.

### THE SLIM SKINNY

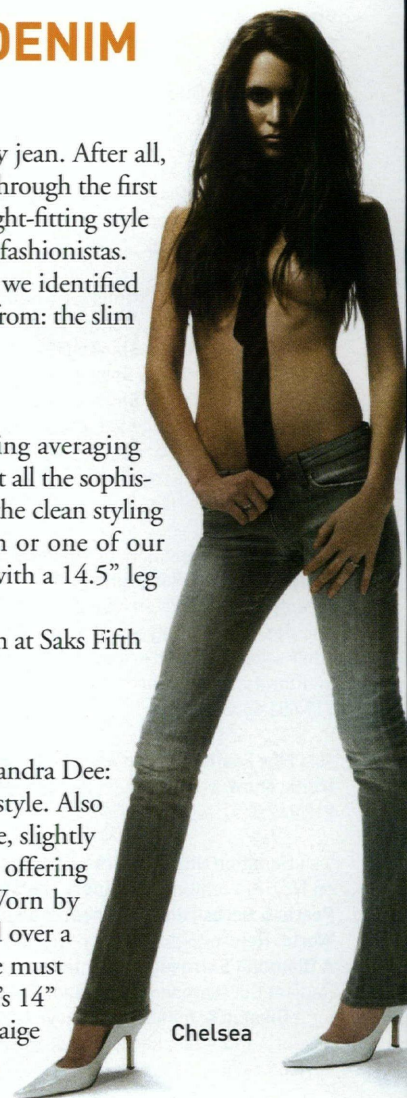
A straight leg jean with a slightly tapered opening averaging 14.5" or greater – this style is ideal for those who want all the sophistication of the look without the commitment. Try the clean styling of True Religion's Johnny stretch straight-leg jean or one of our favorites, Radcliffe Denim's NW1 skinny leg jean with a 14.5" leg opening.

Radcliffe at Uniquities, Chapel Hill; True Religion at Saks Fifth Avenue, Raleigh.

### THE CIGARETTE

Think Marilyn Monroe, Audrey Hepburn and Sandra Dee: These are the icons you will evoke in the cigarette style. Also known as the stovepipe and the peg leg, the cigarette, slightly narrower than the slim, ramps the look up a notch, offering a 14" leg opening and much more sex appeal. Worn by Sienna Miller and Kate Moss, these jeans look good over a fabulous pump or tucked into a great boot. Try the must have Sass & Bide Frayed Misfits Stove Pipe; JBrand's 14" cigarette leg; Adriano Goldschmied's Casablanca; Paige Denim's skinny stretch; and Joe's Jeans cigarette leg.

JBrand at Gena Chandler, Raleigh; JBrand and



Chelsea



Paige Denim at Uniquities, Chapel Hill; AG at Saks Fifth Avenue, Raleigh; Joe's Jeans at Beanie + Cecil, Raleigh.

### THE SUPER SKINNY

Created for true fashion mavens, the



Joe's Jeans

In *Spectacle* (Phaidon, \$49.95), the architect David Rockwell, in collaboration with designer Bruce Mau, explores the allure of larger-than-life events that take place around the globe. From the running of the bulls in Pamplona to the Holi Festival in India to deafening - and dangerous - NASCAR races, *Spectacle* considers what it is about these "shared, live experiences" that transforms not only the way we see the world, but also how we connect with each other. *Spectacle* was edited by Molly Fulghum Heintz, *Metro*'s own style editor, who also serves as Research Director at Rockwell Group Architecture, Planning and Design in New York.

## SPECTACLE

An unprecedented tour of over 60 far-flung and fleeting, beautiful and bizarre manmade events around the world, the dynamic visual essay highlights the power of real-time, real-space events in today's highly mediated world. *Spectacle* is illustrated with over 200 color photographs and features interviews with award-winning authors, producers, directors and performers including: Muhammad Ali, champion boxer; Kurt Anderson, novelist and essayist; Simon Doonan, author and creative director; Dave Hickey, art critic; Quincy Jones, legendary music and event producer; Guy Laliberté, founder of Cirque du Soleil; Julie Taymor, film and theater director; Robert Venturi and Denise Scott Brown, architects; John Waters, filmmaker; and Steve Wynn, Las Vegas mega-developer, with a concluding essay by critic Herbert Muschamp. The book offers statistics and sidebars on the history of featured events, providing layers of information that add depth and context. A thought-provoking journey into the world of events on a grand scale, *Spectacle* is bound to encourage not only conversation but also participation. **MM**

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super skinny is just what the name implies. With leg openings ranging from 11" to 13", the super skinny has a punk vibe that is the ultimate in skinny jean perfection. Try Siwy's Rose 11", True Religion's Stella 12", Juicy's Penelope 12", Diesel's Matic 12", Rock & Republic's Berlin 12", Joe's Jeans Chelsea 13".

Siwy, True Religion, Juicy, Rock &

Republic at Saks Fifth Avenue, Raleigh; Diesel at Wardrobe, Raleigh; Joe's Jeans at Beanie + Cecil, Raleigh.

Worried that you have to be skinny to partake? Not true. The skinny jean works for a variety of body types, but when donning this style, think proportions – full over slim. Grandfather sweaters, slouchy tops or tunics will help balance the look.

As for shoes, skinny jeans pair well with rounded-toe heels, flats, and of course, boots. So rather than buck the trend, embrace your inner rock star. **MM**

JBrand



## SIX FORKS STATION SHOPPING CENTER

### *Holiday Open House*

November 10, 2006 from 4 pm until 7 pm

❖ Come out & support your local Lead Mine Elementary - Jumping Machines, Jump Roping Team.

Performance will start at 6 pm.

❖ Six Forks Station Cinema — FREE showing of Dr. Seuss' *HOW THE GRINCH STOLE CHRISTMAS* (PG), starring Jim Carrey at 1pm on November 10th. Tickets are going fast and are good for capacity only! Come pick up a ticket from any

store in our center! \*\* Being a drop-off point, Six Forks Cinema is giving away a FREE Kiddie Popcorn to anyone donating a toy starting Nov. 3rd!

❖ Donate a toy to Toys for Tots and Receive a Free photo with Santa.

❖ FREE Balloon Artist ❖ FREE Fire Truck Rides

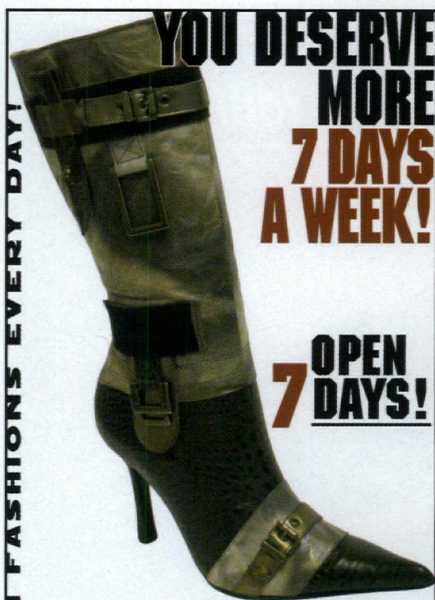


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Exxon at Six Forks Station	848-1550	Priceless Framing	841-4511
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Home Depot	844-7418	Six Forks Station Cinema	846-3904
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Kentucky Fried Chicken	848-3397	Suzio's Boutique	846-1621
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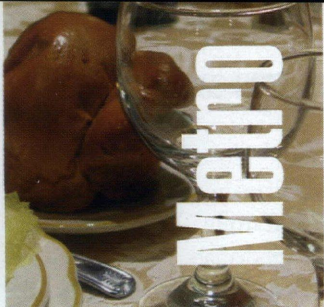
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# Gourmet

by Moreton Neal

## COUNTING OUR BLESSINGS

It goes without saying that for foodies the most beloved and anticipated holiday of the year is Thanksgiving. No egg hunts, no gift opening, no card sending: The focus is all on the meal. Some of us celebrate the day by cooking familiar family favorites; others comb food magazines for new recipes that feature the wonderful produce of the fall season. Many honor the holiday by sharing their cooking with friends and family at home, or with strangers in homeless shelters. And some of us leave the kitchen behind for the luxury of feasting in one of the metro area's "four diamond" hotel dining rooms.

A lavish Thanksgiving meal is both a celebration and a symbol of America's abundance, as well as its fusion of cultures. As we eat, drink and make merry on Nov. 23, let's not forget why we observe this joyous holiday — to appreciate how blessed we are to live in a country where most of us have plenty to eat.

And when it comes to eating, we have a lot to be thankful for here in the Triangle area. Just this past month, many of our chefs and restaurants have been in the national spotlight. Carolina CrossRoads' Brian Stapleton was featured as guest chef in October's *Traditional Home* magazine. Sarah Foster (Foster's Markets in Chapel Hill and Durham) now appears regularly as food editor of *Cottage Living*. *Gourmet*, the mother of all food magazines, includes Durham's Magnolia Grill and Chapel Hill's Lantern in its list of the country's top 50 restaurants in the recent restaurant issue.

And, according to the October issue of *Saveur* magazine, one of the five best food towns in America is Chapel Hill. The criteria included a population of less than 100,000 and "a thriving food culture, locally supported markets, great restaurants ... and passionate producers." The article credits the Carrboro Farmers' Market, Allen & Son Barbecue, Lantern, Crook's Corner and Fiesta Grill for making the

town a magnet for food lovers.

With all this attention, it's impossible not to appreciate what a special place we live in. Let's not forget to be thankful for, and to show our appreciation to, the independent farmers, food artisans, chefs, servers and restaurateurs who make such a valuable contribution to our quality of life here in the metro area.

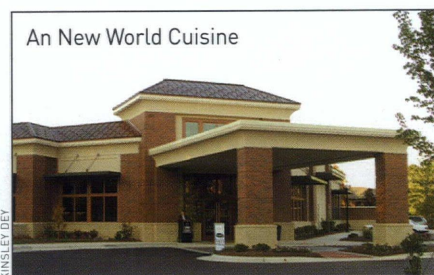
### NIBBLES

This month I dined in two new restaurants attracting plenty of local buzz. Long-awaited An New World Cuisine has just opened in a stunning building behind Cary's Renaissance Park in the Arboretum shopping center. Chef Michael Chuong has teamed with Ann Goodnight to create

a big, bold, sleek and sassy space serving a unique take on French/Vietnamese cuisine. Goodnight, owner of Prestonwood Country Club, encouraged the talented Chuong, the club's executive chef, to envision his dream restaurant. Together they have made the dream come true. The result is one of the most fascinating and delicious dinner destinations in the state. Call for reservations: 919-677-9229.

The North Carolina Art Museum's *Monet in Normandy* exhibition has inspired several Raleigh restaurants to offer special events honoring the food-loving artist. Link to [www.visitraleigh.com/monet](http://www.visitraleigh.com/monet) for descriptions and dates at the Museum's own Blue Ridge Restaurant, as well as Bloomsbury Bistro, Frazier's, Second Empire, Enoteca Vin, and Vivace

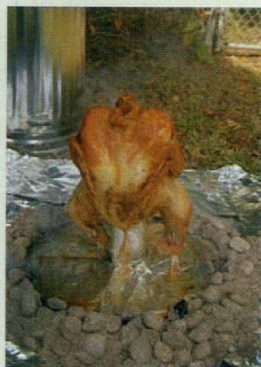
Hillsborough food lovers can't stop talking about Panciuto, a tiny dining room downtown in a lovingly restored South Churton Street building. The compact menu reflects the less-is-more mindset of chef/owner Aaron Vandemark. The cuisine





## GARBAGE CAN TURKEY

My husband Drake and I celebrate Thanksgiving at our house with four grown children, their spouses, significant others, in-laws and friends. With a blended family, we have different food traditions. Some of them reappear each year (my daughter-in-law's mother's anachronistic but crowd pleasing strawberry salad). Others are shunned by the rest of the group (Drake's sweet potato casserole, featuring the unpopular raisin has been outlawed by majority vote).



We also like to experiment. Last year a new tradition was born, inspired by a newspaper article. Drake added a shiny metal trash can to his grilling equipment and followed instructions for — you guessed it — garbage can turkey. To my utter astonishment, the bird was as succulent, brown and delicious as the clipping promised. The can is now ready for action on the 23rd. Last Thanksgiving we became a trashy family, and there's just no turning back now.

The recipe does present one problem. The breast cavity is now used for the contraption that suspends the bird above hot coals. But I'm not giving up my own traditional dressing, culled from a food magazine years ago, and a far cry from the squishy cornbread stuffing recipe of my childhood. This recipe is better when cooked inside the bird, but even baked separately in the oven, it's still a keeper.

### ITALIAN SAUSAGE DRESSING

- 8-12 cups ciabatta or other coarse bread, cut into 3/4 inch cubes
- 4 tablespoons (or more) olive oil
- 2 pounds sweet Italian sausage
- 2 large yellow onions, chopped
- 5 large ribs celery, chopped
- 8 cloves garlic, minced
- 1 1/2 teaspoons dried thyme
- 1 tablespoon dried sage
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 1 cup Marsala wine
- Chicken or turkey broth

Sauté the sausage in olive oil until brown. Set the meat aside. In the fat remaining in the pan, sauté the vegetables until soft. Add herbs and salt and pepper during the last minute of cooking. Pour the vegetables into 8 cups of the bread and stir to mix. If the dressing seems too greasy, add more bread. The mixture should not be too dry.

Add Marsala to the hot pan, stir and heat two minutes. Pour wine into bread mixture, stirring to distribute evenly.

Spoon dressing into the cavity of turkey (unless it will be cooked in a garbage can) and roast the bird in your usual way. Or put the stuffing in a greased casserole dish, cover with foil, and bake for a half hour or more (depending on the thickness of the casserole dish) until thoroughly heated. Check the dressing after several minutes. To compensate for the natural juices of the turkey, you may need to add chicken broth and a little melted butter to keep it from becoming too dry.

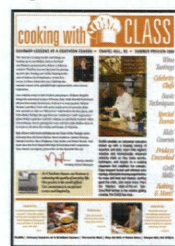
is Northern Italian, but the ingredients are strictly North Carolina Piedmont. In the deft hands of Vandemark, a protégée of former Il Palio Chef Gennaro Vilella, the combination is pure magic. Reserve a table by calling 919-732-6261.



Panciuto

For home cooks who need a little extra help this Thanksgiving, Amy Tornquist, chef of the Nasher Museum Café and Sage & Swift Gourmet Catering will have specialty items available for sale and pickup at their Durham office, or available for delivery the Wednesday prior to the holiday. Goodies, such as apple pie, chocolate-pecan pie, pumpkin pie, smoked fresh local hams with honey glaze and scalloped oysters, will be offered. To place an order, contact Sage & Swift at 919-957-7889.

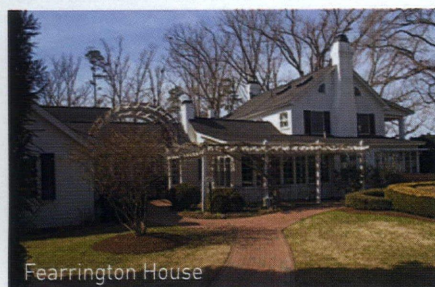
There is no shortage of holiday inspiration and instruction for cooks at A Southern Season's Cooking School. Log on to [www.southernseason.com](http://www.southernseason.com) for a list of November classes: "Beginning Thanksgiving" with Sheri Castle; "Holiday Desserts"



with Phoebe Lawless; and "Elegant Holiday Parties" with Marilyn Markel. Aspiring food stylists of all ages can find guidance in gingerbread house making classes. Oenophiles will enjoy "Pair [Wine] with Your Thanksgiving Feast" or, most important of all, "Holiday Stress Relief!" (always easier with a good bottle of wine).

If you don't plan to cook at home this Thanksgiving, let the Farrington chefs take care of your holiday dinner. Celebrate over an elegant dinner at The Farrington House Restaurant or create a new tradition with a meal at Farrington's recent addi-





Fearrington House

tion, The Old Granary Restaurant & Bar. Other *Mobil Travel Guide* "four diamond" restaurants open on the 23rd are Carolina CrossRoads, Fairview and Il Palio. All three hotel dining rooms will offer elaborate Thanksgiving buffets.

Last month's *Metro* column omitted vital statistics for our featured restaurant, Bonne Soirée. This charming eatery is located at Suite 10 in the Courtyard at 431 W. Franklin St., Chapel Hill. The intimate dining room holds just 10 tables, so reservations are encouraged. Bonne Soirée is open at 5:45 p.m. Tuesday through Sunday. Phone 919-928-8388 for reservations. **MM**

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# RESTAURANT GUIDE

## RALEIGH/CARY

**42nd Street Oyster Bar** – 508 West Jones Street, Raleigh. (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Mon. through Fri. and dinner seven nights a week.

**Bella Monica** – 3121-103 Edwards Mill Rd., Raleigh. (919) 881-9778. A family-run trattoria with recipes handed down from our grandparents. Authentic Neapolitan entrées featuring crisp, thin crusted pizza called FlatBread, Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood wine bar with all-Italian list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. Voted "Best Italian" by AOL cityguide & citysearch.

**Bistro 607** – 607 Glenwood Avenue, Raleigh. (919) 828-0840. This cozy house turned restaurant located at the top of Glenwood South offers a wide variety of immaculate dishes from this region and afar. Market fresh fish daily. Open for lunch Mon. through Fri. 11:30-2:00 pm. Dinner Mon. through Sat. 5:30-10:00 pm. Closed Sunday. [www.bistro607.com](http://www.bistro607.com).

**Bloomsbury Bistro** – 509 West Whitaker Mill Road, Ste 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today* and voted Best Restaurant in the 2005 MetroBravo Awards.

**Carolina Ale House** – 513 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. 3911 Durham-Chapel Hill Blvd, Durham. (919) 490-2001. 7981 Skyland Ridge Parkway, Raleigh. (919) 957-4200. Something for everyone – we offer our award-winning menu 7 days a week from 11am until 2am and serve up all the sports action on over 40 TVs. Daily lunch and dinner specials, the coldest \$2 pints in town, 99 cent Kid's Tuesdays, we've got your family covered.

**Glenwood Grill** – 2603-151 Glenwood Ave., Glenwood Village Shopping Ctr., Raleigh. (919) 782-3102. Triangle favorite for 16 years. Popular Chef John Wright returns with new tastes and new ideas. Old favorites, plus menus changes every few weeks, brand new Bar Menu. Voted No. 1 Power Lunch again by *Metro* readers. Personable waitstaff. Outstanding wine list. Lunch/Dinner, Mon.-Fri., Dinner – Sat. Closed Sun. for the summer. Call for reservations. [www.glenwoodgrill.com](http://www.glenwoodgrill.com).

**The Grape at Cameron Village** – 403 Daniels Street, Raleigh. (919) 833-2669. The Grape is the ultimate destination for great tasting wine and food in a relaxed, entertaining atmosphere where "Taste is All that Counts." Taste and enjoy over 120 unique wines and delicious gourmet fare in the Wine Bar before purchasing wines in the retail Wine Shop. Services include wine tastings, wine dinners, catering and live entertainment. Retail Store Hours: Mon. - Sat. 10:00 am to 9:00 pm; Sun. 12:00 pm to 6:00 pm. Wine Bar Hours: Mon. - Thurs. 11:00 am – 11:00 pm, Fri. - Sat. 11:00 am to 12:00 am, Sun. 12:00 pm to 9 pm; Sunday Brunch begins at Noon.

**Jibarra Restaurant** – 7420 Six Forks Road, Raleigh. (919) 844-6330. The first upscale Mexican restaurant in the area featuring eclectic, flavorful dishes representative of each region of Mexico. To complement our dishes, we feature a posh Tequila Lounge offering premium cocktails made with fresh-squeezed citrus, and distinguish ourselves with a unique wine list featuring exquisite wines from Spain and Latin America. Now offering Sun. brunch and new lunch menu. [www.jibarra.net](http://www.jibarra.net).

**Margaux's Restaurant** – 8111 Creedmoor Road - Ste. 111, North Raleigh. (919) 846-9846. Consider Margaux's for your next event, party of private dining experience. Two beautiful, separate dining rooms to accommodate your event perfectly. Call us or visit our Web site for more info and photos. [www.margauxsrestaurant.com](http://www.margauxsrestaurant.com).

**Nana's Chophouse** – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live music, and fresh seafood. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Mon.-Thurs. 5:30-10:00 pm. Fri. and Sat. 5:30-11:00 pm; late night menu until midnight. Call for reservations.

**Nina's Ristorante** – 8801 Leadmine Road, Raleigh. (919) 845-1122. Vibrant flowers, paintings and handcrafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan cuisine that is heavy on flavor and light on the ingredients. Hours of operation are Mon.-Sat. from 5:00-10:00 pm.

**NoFo Market and Café** – 2014 Fairview Road, Raleigh. (919) 821-1240. 1125 Military Cutoff Road, Wilmington. (910) 256-5565. 1609 Elizabeth Ave, Charlotte. Open for brunch Sat. & Sun., lunch Mon.-Fri. and dinner Mon.-Sat. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrées. Don't miss the daily specials. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," *citysearch.com*.

**Second Empire Restaurant and Tavern** – 330 Hillsborough St., Raleigh. (919) 829-3663. Located in downtown Raleigh's historic Dodd-Hinsdale House (circa 1879), Second Empire offers two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs, enjoy a lighter fare menu and casual atmosphere. Winner of the DiRoNA Award, the AAA Four Diamond Award and the *Wine Spectator* Award. [www.secondempire.com](http://www.secondempire.com).

**Sullivan's Steakhouse** – 414 Glenwood Avenue, Raleigh. (919) 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played in the wood-paneled lounge seven nights a week.

**Taverna Agora** – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. An Absolutely Greek restaurant and bar, Taverna Agora brings all the fresh flavors of the Old Country directly to you. Our authentic menu of slow roasted meats and flavorful seafood complements the festive mood of this rustic experience. Open nightly for dinner and catering available. Love life through food- OPA!

**Vinnie's Steakhouse and Tavern** – 7440 Six Forks Road, Raleigh. (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York-Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

**Winston's Grille** – 6401 Falls of Neuse Road, Raleigh. (919) 790-0700. A Raleigh tradition for over 19 years. A warm, friendly atmosphere with great food and exceptional service make Winston's Grille the ideal place for any occasion. We specialize in hand cut steaks, prime rib, fresh fish, and our famous baby back ribs. Make reservations for your next business lunch or business dinner, romantic dinner, anniversary celebration, or casual get together. [www.winstonsgrille.com](http://www.winstonsgrille.com).

**Zely & Ritz** – 301 Glenwood Avenue, Raleigh. (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates in an upscale, casual, yet hip and smoke-free environment. Named as one of the Top 20 Organic Restaurants in America by *Organic Style Magazine*, Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with a *Wine Spectator* Award Winning boutique wine list.

**Zest Café & Home Art** – 8831 Six Forks Road, Raleigh. (919) 848-4792. Located in North Raleigh, Zest has been offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio for Lunch, Tues.-Sat. 11:00am-2:45pm; Dinner, Wed.-Sat. 5:30pm-8:30pm; and Brunch, Sun. 10:00am-2:00pm. Also, enjoy our Home Art selection of fun and whimsical home accessories, furnishings and gifts.

## DURHAM/APEX

**Daniel's Restaurant** – 1430 NC 55, Apex. (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Serving lunch Sun.-Fri.; 11am-4pm and dinner; Sun.-Mon., 5pm until 9pm and Tues.-Sat., 5pm until 10pm. [www.danielson55.net](http://www.danielson55.net)

**George's Garage** – 737 Ninth Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

**Vin Rouge** – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tues.-Sun., 5:30-11:00 pm and Sun. brunch 10:30 am-2:00 pm.

## CHAPEL HILL/CARRBORO

**Carolina CrossRoad's Restaurant & Bar** – 211 Pittsboro Street, Chapel Hill. 919-918-2777. One of only two restaurants in NC to earn the coveted *Mobil Travel Guide* Four Star Rating. The historic Carolina Inn, provides the ideal environment for Chef Brian Stapleton's creative interpretations of classic Southern and American cuisine. Open daily for breakfast, lunch and dinner; 6:30am-10pm also offering a sumptuous Sunday Brunch. Voted Chapel Hill's "Best Brunch." Patio Dining, weather permitting. Complimentary Valet Parking: 6:00am-midnight, [www.carolinainn.com](http://www.carolinainn.com).

**Crook's Corner** – 610 West Franklin Street, Chapel Hill. (919) 929-7643. "Sacred ground of Southern foodies." – *New York Times*. "The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner." – *Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tues.-Sun. at 5:30 pm, Sun. Brunch 10:30 am-2:00 pm, [www.crooks-corner.com](http://www.crooks-corner.com).

## BEYOND THE TRIANGLE

**Blue Moon Bistro** – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tues.-Sat.



# Cork Report

by Barbara Ensrud



## AMERICAN WINES FOR AN AMERICAN FEAST

**A**re you ready for turkey and trimmings along with football on Thanksgiving?

November is the month we launch the holiday season with that all-American feast. At tables laden with all-American food, it's the perfect time to focus on American wines — and not just from California. Every state in the US makes wine now, some of it much better than others, but plenty that is very good indeed.

I make it a point to taste regional American wines whenever I can, and I am always delighted to discover good ones. Most regional American wineries are family-owned and small, so their wines are mostly available locally; many, however, are available through the Internet. Most recently I was in Colorado, where a young wine industry is thriving and growing on a vast plateau stretched between ridges of the Rocky Mountains west of Denver. It's a pretty dramatic country, and home to 66 wineries producing some lovely, graceful wines — well-balanced, flavorful Merlot, Cabernet Sauvignon, Chardonnay, Riesling and Pinot Noir. Try these wines when you are in Colorado, from **Plum Creek, Carlson Vineyards, Boulder Creek, Balisteri, Canyon Winds, Garfield Estate, Two Rivers** and **Alfred Eames**.

Headed to Santa Fe or Albuquerque? Vineyards were first established in New Mexico by Spanish settlers over 400 years ago. This summer I had the opportunity to taste wines from New Mexico (once — before Prohibition — the fifth largest producer of American wine). When I tasted a big, rich **DH Lescombes Syrah** from Blue Teal winery I was impressed. If you're out yonder, look for **Blue Teal** (and **DH Lescombes**), **La Chiripada** and **St. Clair**.

The International Eastern Wine Competition, coordinated by Richard Leahy, includes wines from all over the US, as well

as some imports. Among the medal winners this year were wines from **Virginia, North Carolina** and **Georgia** — three of the country's most dynamic young wine regions right in our own back yard, so to speak.

Virginia's amazing growth over the last

two decades (122 wineries) has been an inspiration to East Coast winegrowers. Virginia's premiere winery is also one of its modern-day pioneers, **Barboursville Vineyards**, near Charlottesville, founded by the Zonin family of Italy, and celebrating its 30th anniversary in 2006 with a series of

Luca Paschina (left) & Gianni Zonin (right) of Barboursville Winery





dinners showcasing some of its best wines. The 830-acre estate, adjacent to the picturesque ruins of early Virginia governor James Barbour's mansion, has evolved into quite a showplace. It's worth a detour to visit the handsome stone and Italian tile structure, with its large tasting room,

Palladio Restaurant and the elegantly renovated 1804 Inn, which overlooks the ruins. At one of the glittering dinners in August, Gianni Zonin and his dashing wife, Francesca, welcomed various Virginia notables, including Daniel Jourdan, president of The Monticello Foundation, lead-

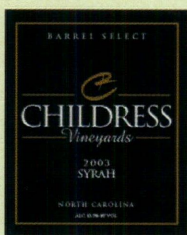
ing Charlottesville vintners Felicia Warburg Rogan of **Oakencroft** and Patricia Kluge of **Kluge Estate Vineyards**, as well as dignitaries from the Italian government.

The latter seemed quite impressed with the Old World ambience, so well-established in the New, but the Italian connection in Virginia wine is not new. When Thomas Jefferson dreamed of producing wine at Monticello, he collaborated with Filippo Mazzei from one of the leading Chianti families in Tuscany. Mazzei oversaw the planting of Jefferson's first vineyard, as well as planting on his own land given to him by Jefferson (later destroyed by Hessian troops during the Revolution). Mazzei even became involved in Revolutionary activities.

Here are the Gold and Double Gold medal winners for 2006. Please note that the Biltmore wines were not made from North Carolina grapes due to the spring frost in 2005 that ruined the crop. These wines are from Biltmore's much-improved American line, using grapes from California and Washington, and clearly worth trying.

#### DOUBLE GOLD

Biltmore Estate Reserve Cabernet Franc  
Biltmore Estate Syrah  
Childress Vyds Syrah 2004  
Dennis Vyds 2005 Noble  
Duplin Beaufort Bay  
Duplin Hatteras Red  
Duplin Magnolia  
Hinnant Vyds Strawberry  
Old Stone Vineyard Blackberry  
Silver Coast American Oak Chardonnay (Georgia grapes)



#### GOLD

Biltmore Estate Cabernet Sauvignon  
Biltmore Estate Sauvignon Blanc  
Buck Shoals Vyd Viognier 2005  
Grassy Creek Vyd Merlot 2005  
Iron Gate Flue Fire Red  
RayLen Cabernet Franc 2004  
Rockhouse Vyds Chardonnay 2005 Native Yeast  
Shelton Vyds Salem Fork Blush  
Shelton Vyds Salem Fork Snow Hill White  
Silver Coast 2004 Chardonnay  
Westbend Vyds 2005 Viognier



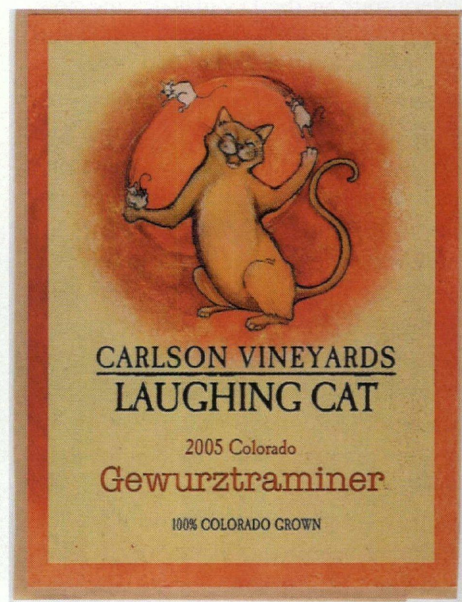
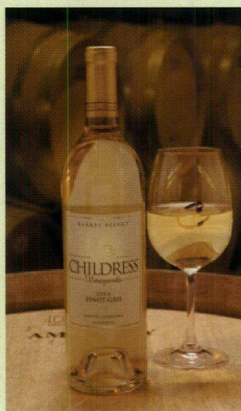
Based on recent tastings, I also recommend these NC wines for Thanksgiving:

#### Whites:

Childress Pinot Gris  
Hanover Park Viognier  
RayLen Pinot Grigio  
Raffaldini Vermentino  
Silk Hope Circle City Chambourcin (sparkling dry blush)  
Westbend Yadkin Fumé

#### Reds:

Buck Shoals Rocco Red  
Childress Cabernet Franc  
Childress Pinnacle (blend)  
RagApple Lassie Cabernet Sauvignon  
RayLen Carolinius (blend)  
Round Peak Cabernet Sauvignon  
Shelton Merlot Reserve



Italian-born winemaker Luca Paschina has been at Barbourville for 15 years now, producing increasingly stylish, flavorful wines that have attracted national attention — Cabernet Franc, Merlot, Chardonnay, Pinot Grigio, Nebbiolo, Barbera and the superb flagship red, **Octagon**. Named for the octagon-shaped foyer designed by Thomas Jefferson for the Barbour mansion, Octagon is a Meritage-style blend of merlot, cabernet sauvignon and cabernet franc that ages beautifully — as the **2001 Octagon** that evening demonstrated. I especially like **Barbourville Cabernet Franc**, with its wonderfully tasty red currant fruit — an excellent choice for the Thanksgiving feast, by the way.



There are dozens of terrific Virginia wines, some available here in North Carolina (if wine shops don't have them in stock, they can get them from local distributors—so ask!) Here are some to look for: **Oaken-croft 2005 Chambourcin** — don't know chambourcin? This French hybrid red rivals cabernet franc for lively, juicy red-fruit flavors; the '05 Oakencroft is the best I've tasted — great choice with roast turkey. Also look for Meritage blends (cabernets, merlot) from **Autumn Hill, Barboursville, Jefferson Vineyards, Keswick, King Family**; Cabernet Franc from **Barboursville, Chateau Morisette, Ingleside, Rappahannock** and **White Hall**; Merlot from **AmRhein, Lake Anna, Oakencroft** and **White Hall**.

**Georgia** produces appealing wines too, especially from the mountains in the northern region. Wineries and vineyards such as **Tiger Mountain, Habersham, Blackstock** and others produce fine Merlot, Cabernet Franc, Viognier, Tannat and Touriga, any of which could handle the turkey feast. Blackstock Vineyard also sells grapes to NC wineries.



*Metro* readers know my enthusiasm for the pursuit of excellence in **North Carolina** wine. It pleases me to no end to see increasing quality and stylish appeal in the wines of our state. This is still such a

young industry, pioneering new territory for growing grapes, trying to discover how to get the best from the vineyards — it's a work-in-progress. The successes are encouraging and point the way for others to emulate.

Listed in the box are gold medal winners at the recent NC Wine Competition, which awards a Best of Show and Best Muscadine to wines made from 75 percent North Carolina grapes. This year's Best of Show went to **Childress Vineyards 2004 Syrah**; the runner-up was **RayLen 2004 Cabernet Franc** — both impressive reds. The Childress Syrah is dark and rich, very well-balanced.

The Muscadine Cup went to **Duplin Magnolia**, a delectable dessert white. It's no secret that North Carolina produces luscious, sweet muscadine and fruit wines. These are must-taste wines! If you want to see astonished pleasure from your guests at holiday feasts, give them an after-dinner glass of **Old Stone Vineyard Blackberry, Hinnant Strawberry** or **Duplin Hatteras Red**, especially with chocolate desserts, and watch them smile. **MM**

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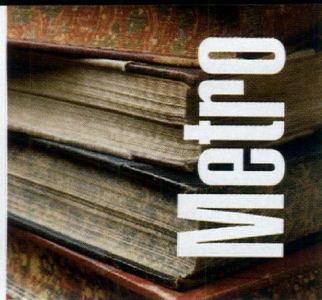
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# Books

by Arch T. Allen

## READY'S NEW NC HISTORY SHOWS BIAS; POWELL'S ENCYCLOPEDIA CAPS CAREER

**T**he *Tar Heel State* is the first North Carolina history text book in nearly two decades. Written by retired University of North Carolina at Asheville history professor Milton Ready — and published by the University of South Carolina Press — it follows the established history written by retired University of North Carolina at Chapel Hill professor William S. Powell, who followed in the tradition set by his mentor UNC professor Hugh Lefler.

In this new and updated text, Ready begins *The Tar Heel State* with an overview of the pre-historical geography and geology of the state. Beyond noting the obvious differences among the coastal, foothill and mountain regions, he elaborates on the effects of the state's long east-west alignment on its economic, social and political development. The coastal region, with shallow eastward-flowing rivers emptying into the Atlantic through narrow and shallow inlets on the coast, long remained separate from the foothill and mountain regions, with deeper southerly-flowing rivers passing through South Carolina and into the Atlantic through wider and deeper ports.

The European settlements of the regions also differed. The coastal region was occupied largely by English settlers; the foothill and mountain regions were settled later, largely by Scots-Irish immigrants. Ready extends his text beyond the European settlers and their descendants and includes blacks and those he calls "Amerindians." Although slavery was not as extensive in North Carolina compared to neighboring Virginia and South Carolina, it was significant in the coastal region, resulting in cultural differences

between the planter East and the yeoman-farmer West.

Ready's text progresses from the colonial era through the Revolution, the early 19th century limited-government period, secession and the Civil War, Reconstruction, and the populist era at the end of the 19th century. It then passes into the 20th century's progressive era, the New Deal, the civil rights era, and the economic development and

urbanization that marked the beginning of the 21st century. Throughout, Ready interjects his preference for an activist government, complaining about the limited-government attitudes of early 19th century leader Nathaniel Macon, whom Ready laments to this day, writing that he "looms over an enduring yet limited vision of what state government can and should do." Ready ends with a chapter describing early 21st century North Carolina, and there he opines openly about what he thinks an activist government should do.

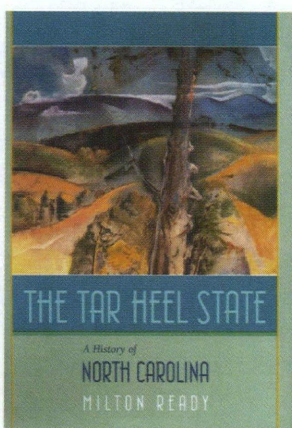
*The Tar Heel State* is a handsome publication with many illustrations. It is well written, generally. There are some exceptions, however. For example, Ready can be opaque, as in his description of the textile workers union behind the bloody 1929 Gastonia strike set off after five mill workers were fired for being members of the Communist Party as an "organization strongly influenced by the workers' paradise of an emerging socialist Russia" (the union leader at the Gastonia strike described himself as a "Communist martyr"). Ready can overreach, as in his description of four-term governor James B. Hunt as "Kennedyesque" (Hunt's political prowess needs no embellishment). And he can be confused, as when he

describes Wachovia Bank and its merger with First Union and tries to locate the resulting corporate headquarters (it's in Charlotte, not Winston-Salem).

*The Tar Heel State* has received favorable comments and reviews, including Jeffrey Crow, a historian with the North Carolina Office of Archives and History, and Rob Christensen, a political columnist for *The News & Observer*. Despite deserving those compliments, it also merits some criticisms.

First, it suffers from some imbalances. For example, Ready discusses the state's Independence Constitution of 1776 and explains the significance of its 1835 amendments; but after he discusses the Reconstruction Constitution of 1868, he ignores its 1875 amendments and the controversies surrounding them. Resulting from the closest election in the state's history and apparent Democratic vote-counting fraud, the 1875 amendments were the reactionary work of white Democrats "redeeming" the state from Republican Reconstruction. Ready covers Republican Reconstruction efforts to assure equal protection of the law for blacks, and to subdue the Ku Klux Klan, but he downplays the subsequent Democratic "redemption" that returned the state to white rule.

In similar fashion, he ignores the Democratic instigation of the 1898 Wilmington race riots, politically motivated to overcome the threat to Democratic white rule resulting from the 1896 election victory of a Republican-Populist Fusion governor. Ready then conflates the resulting Democratic white-supremacy "Red Shirts" campaign in 1900 and the election of a Democratic governor with the beginning of "progressive" politics in North Carolina. In fact, that election entrenched Democratic white-supremacist rule and disfranchisement of, and discrimination against, blacks. Ready exonerates the Democratic governor elected in 1900, Charles B. Aycock, who with *The News & Observer* editor and publisher Josephus



*The Tar Heel State: A History of North Carolina* by Milton Ready (University of South Carolina Press, 2005, 404 pp.)



Daniels had instigated the Wilmington race riots and inspired the racist 1900 campaign, as one who “earnestly supported education for both whites and blacks while still endorsing the concept of segregation.” Of Daniels, Ready says only that he was “once considered a racist Progressive” but by the 1930s was “viewed as a liberal editor.”

Having saved his indignation over racial politics for modern Republicans, Ready continues his imbalance. For example, in his discussion of the Willis Smith-Frank Porter Graham senatorial primary election in 1950 — and the Smith campaign’s racial politics — Ready attributes to Smith supporter Jesse Helms practices that Ready says, “pointed the way for Republicans in the future.” Ready fails to mention, however, that Helms was then a Democrat and that the Smith-Graham election was in the Democratic primary.

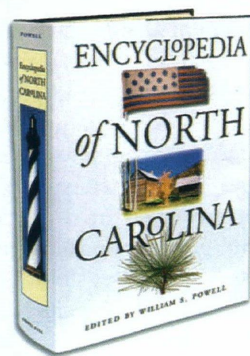
Regarding the federal civil rights acts of the 1960s that ended disfranchisement and discrimination against blacks by the Democrats, Ready fails to mention the adamant opposition to the new laws by the state’s Democratic power structure and Democratic icons such as Sen. Sam J. Ervin Jr. Yet he is quick to condemn what he calls sophisticated appeals to racism that he claims “underwrote much of the modern Republican Party’s appeal in the South after 1964.” His evidence for that assertion consists of alleged code words such as “local control, vouchers, charter schools, tax cuts, distributive welfare, and limited government interference in the private affairs of ordinary citizens.”

A final criticism concerns Ready’s concluding chapter describing North Carolina as “a modern megastate.” Much of the chapter provides a helpful history of the state’s business growth and the trend toward urbanization. Not content with history, however, Ready adds personal lamentations about a variety of budgetary, economic and public-policy matters, including what he says are “lax” state environmental laws “largely unenforced by a token staff,” over-reliance on personal automobiles and highways, and mass transit remaining “a fantasy in the state’s planning.” Central to those lamentations is

Ready’s comparison to the late John Kenneth Galbraith’s theme that our “affluent society” results in “an atmosphere of private opulence and public squalor.” As he makes clear, Ready advocates a more activist government and appears willing to tax private enterprise more to finance a larger public sector.

#### POWELL RULES

Despite these criticisms, *The Tar Heel State* contributes to our understanding of the state’s history. It should not, however, replace William S. Powell’s *North Carolina Through Four Centuries* (1989) as the authoritative text on our history. Nor, despite Ready’s scholarship, should he supplant Powell as the dean of living North Carolina historians, an honor already enshrined by Powell’s *The North Carolina Gazetteer* (1968) and *Dictionary of North Carolina Biography* (six volumes, 1979-96), and now embellished by the *Encyclopedia of North Carolina* (2006), all published by the UNC Press.



**Encyclopedia of North Carolina**  
edited by William S. Powell  
(University of North Carolina Press, 2006, 1,360 pp.)

The *Encyclopedia of North Carolina*, edited by Powell, promises to become the leading one-volume desk reference on North Carolina. Powell, who has studied North Carolina history for nearly half a century, conceived the *Encyclopedia* as a final installment to his earlier works. He developed the list of topics to be included,

helped commission the contributing essayists, and assisted in the editing for the final publication. Powell writes that the *Encyclopedia* is intended for anyone interested in North Carolina. And it should become the standard reference about North Carolina. It is a valuable resource to historians, amateur, as well as academic, and to journalists, business people, lawyers and other professionals.

In addition to acquiring the *Encyclopedia of North Carolina*, newcomers to the state should know that the term “Tar Heels” originated before the Revolution from the colony’s production of tar. Legend has it that the term came to describe Tar Heels’ steadfastness in battle during the Revolutionary War.

#### MORE ON NORTH CAROLINA

The UNC Press has published another

collection of photographs about North Carolina by the state’s late ambassador-at-large Hugh Morton (1921-2006). Compiled before, but published after his death, *Hugh Morton—North Carolina Photographer* (2006) complements *Hugh Morton’s North Carolina* (2003). Both volumes present spectacular color photographs of our beautiful state. **MM**

## New and Noteworthy

by Art Taylor

## NEW BOOKS FROM OLD FRIENDS

Two noted Triangle-based authors — **Michael McFee** and Bland Simpson, fellow professors of creative writing at UNC-Chapel Hill — will be visiting bookstores this month with readings and signings from each of their new books.

Michael McFee is best-known as a acclaimed poet with seven collections to his credit, the latest of which, *Shinemaster*, was published earlier this year. But he is also a gifted essayist and critic. For many years he was the book review editor at *Spectator Magazine* when Bernie Reeves was editor and publisher, and a book reviewer for WUNC-FM in Chapel Hill. His latest book, *The Napkin Manuscripts*, gathers a generous selection of his prose writing from recent decades originally published in journals including *Carolina Quarterly*, *The Greensboro Review*, *The Southern Literary Journal* and *The Writer’s Chronicle*.

The book is, simply, a treasure.

Divided into four sections, *The Napkin Manuscripts* begins with a quintet of personal essays drawing from the state’s Appalachian region, McFee’s birthplace and the inspiration for many of his poems. He paints a portrait of his homeland and grapples with questions, including what it means to be an Appalachian writer, in a letter (unsent) to novelist and poet Robert Morgan — and what it means to be a Southerner, as well, in a tightly structured essay on the Confederate Flag.

Parts Two and Three deal even more explicitly with writing and literature. Among the nine essays, in Part Two is the title piece, which explains how he uses fast-food napkins to jot notes or compose poetry: “I love how they litter my desk, like trash after a feast of words,” he writes. In the next paragraph



he explains the “strange road signs, promising images, memories and dreams, line-scrapes and illegible passages, notes for a piecemeal essay on poetics.” This essay and the ones preceding it offer glimpses into the artistic process — and inside the teacher’s mind, too. And don’t miss the essay that begins: “One steamy June day in 1996, in a typically bad post-birthday mood and under the influence of heavy cold medication, I killed my typewriter.” The beauty of it? He’s not kidding. (Another glimpse inside the artistic mind?)

Part Three offers essays on other writers, both peers and influences, including A.R. Ammons, Gerald Barrax, Kathryn Stripling Byer, Fred Chappell and Robert Morgan. The book’s closing section includes an interview with McFee conducted by his friend and fellow poet Michael Chitwood.

What underscores these disparate parts and binds them together? McFee’s passion for and seriousness about literature and poetry — the written word. One of my favorite passages, again from the title essay, explores what it means to be a writer: “Pursue your poems like a dog on a scent, so intent on the smell that he forgets everything else — where he is, what he’s doing, how to breathe and move ...” Then moments later a reconsideration: “What a romantic image: it’s not like that at all. Poetry needs energy, obviously, but it also requires discipline, distance, tension, measure, the leash controlling the headlong dog, a taut line for the raw material to strain against.”

Passionate, yes, but clear of head in the midst of that — and clearly articulating it all on the page.

McFee will be reading from and signing *The Napkin Manuscripts* at Durham’s Regulator Bookshop on Tuesday evening, Nov. 14.

## THE INNER SELF AND THE INNER ISLANDS

Though perhaps best known for his work as a composer of musical plays and a piano playing member of the Red Clay Ramblers, Bland Simpson — also a contributor to the old *Spectator* — has also written widely on North Carolina’s coastal region. His books on the area include *Into the Sound Country: A Carolinian’s Coastal Plain*, *The Great Dismal: A Carolinian’s Swamp Memoir*, and *Ghost Ship of Diamond Shoals: The Mystery of the Carroll A Deering*.

Simpson’s new book, *The Inner Islands:*

*A Carolinian’s Sound Country Chronicle*, turns its attention to a number of islands scattered along the state’s eastern riverways and tucked into various sounds behind the thin barrier banks. Fifteen chapters — each able to stand alone to a great degree — explore places including Machelhe Island in the Pasquotank River, well-known Roanoke Island, Radio Island between Morehead City and Beaufort, Money Island with its tales of lost treasure, and stops down along the Cape Fear.

Though the writing is prone to archaic turns of phrase a little too often for my own taste (“hence,” “whence,” “ere long”), Simpson’s gift here is his ability to weave together many different perspectives and approaches into a compelling, comprehensive narrative. He draws historical detail from sources ranging from a 1584 report addressed to Sir Walter Raleigh to a *News & Observer* retrospective about the 1967 strangulation of a make-up artist for the outdoor drama *The Lost Colony*. He recounts local legends and pirate stories with a feel for adventure: for example, how Captain Kidd’s “noose broke twice before a third rope caught and held.”

He writes with a naturalist’s eye about herons and egrets on Phillips Island, about wild ponies, about Hurricane Edouard brewing, and how he, his wife Ann and his daughter Cary watched “the show the lusty breezes made as they tore the tops off waves breaking over a big new sandbar in the bay between Bird Shoal and Shackleford Banks.”

As that last example suggests, Simpson also writes often from a first-person point of view — *The Inner Island* mixing memoir alongside the other approaches to give this account great personal authority and great affection: “I have boated to them,” he writes in the book’s Prelude, “beached small craft upon them, worn my trousers rolled and walked their small shores, listened always for notes from ancient flutes and shell-shakers, snatches of song in the wind and, knowing I was there but for a slip of time, probably never to return to most of them, I have loved them all ...”

Simpson visits the Weymouth Center in Southern Pines on Sunday afternoon, Nov. 5, and then continues through Eastern North Carolina with visits to Page After Page Bookstore in Elizabeth City on Friday afternoon, Nov. 10; Manteo Booksellers on Saturday afternoon, Nov. 11; Raleigh Quail Ridge

Books on Sunday afternoon, Nov. 12; Durham’s Regulator Bookshop on Thursday evening, Nov. 16; Dee Gee’s Books in Morehead City on Friday afternoon, Dec. 1; Scuttlebutt in Beaufort on Saturday afternoon, Dec. 2; and *three places* on Monday, Dec. 4; Waldenbooks in New Bern that morning, Sunflower Books in Little Washington that afternoon, and the Currituck Public Library in Barco that night.

## LITERARY GATHERINGS

The **North Carolina Writers’ Network** hosts its annual **Fall Conference** — one of the year’s biggest events for both writers and readers — Friday, Nov. 10, through Sunday, Nov. 12, at Durham’s Sheraton Imperial Hotel.

On the agenda are lectures, workshops and one-on-one manuscript critiques with noted authors from throughout the state and beyond; meetings with agents and editors, both regional and national; breakfasts with authors John Hart and Valerie Ann Leff; a banquet with a talk by Michael Malone and more. This year’s event focuses on a wide range of genres, from children’s literature to mystery fiction to screenwriting — including a screening of *Pearl Diver*, a independent film by North Carolina screenwriter/director Sidney Ryan King.

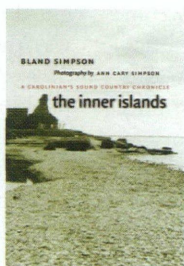
This year’s NCWN conference also includes the **North Carolina Literary Hall of Fame Awards Ceremony**, inducting poet Gerald Barrax, poet and prose writer Fred Chappell, and journalist and mystery writer Elizabeth Daniels Squire into the pantheon of the state’s great literary figures.

Registration is required for the conference; to register or for complete information and schedules, call 919-967-9540 or visit [www.ncwriters.org](http://www.ncwriters.org).

UNC-Chapel Hill’s **Program in the Humanities and Human Values** also turns its focus to Southern writing this month as a part of its “Adventures in Ideas” seminars. On Friday, Nov. 17, the program hosts “**Telling Lives: Southern Writers, Biography, and Autobiography**,” with speakers including professors Joseph M. Flora and Lucinda MacKethan (editors of *The Companion to Southern Literature*) and writers Randall Kenan and Jill McCorkle, among others.

Registration is also required for this event; to register or for information, call 919-962-1544 or [www.adventuresinideas.unc.edu](http://www.adventuresinideas.unc.edu).

Go to [www.metronc.com](http://www.metronc.com) for more new and Noteworthy and Bookwatch events.







# PvV

by Philip van Vleck

## FROM CHINA WITH LOVE

**O**n Oct. 22, Duke University music faculty member Hsiao-mei Ku gave a recital with pianist Ning Lu in the Nelson Music Room on Duke's East Campus.

Hsiao-mei is a gifted violinist, a member of the celebrated Ciompi Quartet since 1990, and an Associate Professor of the Practice of Music in Duke's Department of Music. She's also a native of Guangzhou, China, and the program she performed at Duke in October was in every way a tribute to modern Chinese music and the noted composer and violinist Ma Sicong.

The program Hsiao-mei performed in October was the same one she will record in November at the University of Utah's School of Music for a 2007 CD release. The October recital gave Hsiao-mei and pianist Ning Lu the opportunity to perform the pieces in concert prior to laying them down in a studio setting.

She described the recital program as, "all short pieces. They're very personal. I find Ma's music accessible, very easy to understand. He was a quiet man. Even though he was president of Beijing's Central Conservatory of Music, he was not a social person. He never said one more word than was necessary.

"I feel like everything he couldn't verbalize he said in his music. His music is like a painting, or perhaps like poetry."

Hsiao-mei went on to note that, "As I mentioned in my program notes, Ma is the father of modern Chinese music. You know, he studied in Europe in the 1920s and '30s.

"At that time China was so underdeveloped," she said. "The majority of the people were still illiterate, yet Ma was studying in Paris. His music uses folk material, but in a Western sense. The violin is a Western instrument, but he was using the Chinese scale, which is a pentatonic scale. He mixes Chinese and Western

harmonies so beautifully, and he was doing this in the 1930s."

Asked if she has to use a different violin tuning to play Ma's pieces, Hsiao-mei replied: "Not a different tuning. I'm playing a violin, which is a Western instrument, but I have to have a Chinese flavor. I feel I need to use my imagination. If you don't know the style, you cannot do it. I

have to season the music, you know."

Hsiao-mei's music career has been strongly influenced by Ma. Indeed, without his timely intervention she might well have had no viable music career at all.

Hsiao-mei explained that when she was a young girl, she played a violin piece for Ma when he made a stop in her hometown while on a concert tour with his wife.



Hsiao-mei Ku



A year later, Hsiao-mei passed through all three rounds of nationwide auditions for the Central Conservatory of Music in Beijing. She was denied admittance to the conservatory, however, because her parents were wrongly identified as being anti-revolutionary. She also noted that her brothers passed their academic exams but were denied access to further education for the same erroneous reason.

According to Hsiao-mei, at this point in time Ma "saved my life." In his position as president of the Central Conservatory of Music, he intervened on behalf of Hsiao-mei, and she was subsequently

admitted to the conservatory. If not for Ma's good sense, a brilliant musical career would have been finished before it had a chance to thrive.

As Hsiao-mei related in her recital program notes: "My music career started with a 48-hour train ride on a hard wooden bench from my home in southern China to Beijing."

Asked if she considers Ma her mentor, Hsiao-mei replied that, "I had personal contact with Ma Sicong, but it was not that much. I was too little for him to take me as a student. He was my hero rather than a mentor."

She added that she might have studied with Ma after a few years at the conservatory, but events cancelled that possibility.

Mao Zedong's so-called Cultural Revolution began in 1966. According to the *Columbia University Press Encyclopedia*, Mao was evidently, "attempting to prevent development of a bureaucratized Soviet style of Communism. Mao closed schools and encouraged students to join Red Guard units, which persecuted Chinese teachers and intellectuals and enforced Mao's cult of personality. The movement for criticism of party officials, intellectuals and 'bourgeois values' turned violent, and the Red Guard split into factions. Many people died in the ensuing purge"

This low point in Chinese history caught up to Hsiao-mei – barely a teenager at the time – as well as Ma.

"I was frightened," Hsiao-mei said. "At the time we didn't know anything. Everybody was brainwashed, and nobody thought differently. I was frightened for my own fate. I was afraid that because of my background I would be the next victim of the Cultural Revolution."

She had good reason at the time to be unnerved. In her program notes she recorded an especially disturbing memory.

"The next time I saw Mr. Ma, he was being beaten by the Red Guards, some of whom, unfortunately, were my brainwashed classmates. Humiliated, he was forced to kneel in front of the crowd and do all kinds of hard labor during the day. At night, he was confined to a tiny storage room behind Building No. 5 in the conservatory."

Fortunately, Ma was able to escape Beijing, disguised as a beggar and, via train,

made it to the coastal city of Guangzhou – Hsiao-mei's hometown – where fishermen transported Ma and his wife to Hong Kong, then still under British rule. From there the American Embassy hastily placed Ma and his wife on a flight to the US. Ma never returned to China and passed away in Philadelphia in 1987.

"His escape was a big deal in China," Hsiao-mei said. "And the story in Hong Kong was that the American Embassy at first tried to send him to the British, since it was still a British colony then. They said he had to do all this paperwork and such. But within an hour the newspaper ran a headline about Ma's escape. Then the Americans called Ma and said, 'We got a ticket for you. You leave in one hour. Do paperwork later.'"

Hsiao-mei weathered the Cultural Revolution in Beijing, but eventually she followed Ma to the US – initially to her relatives in the States, and then to graduate school at the University of Indiana's School of Music. She arrived in Bloomington with only enough money to pay her first semester's tuition. She noted that at the time she assumed "something would work out."

"When I got to Indiana, I rode my bicycle on campus to pay my tuition, and when I got there I discovered a tuition increase," she recalled. "My God! I didn't have enough money with me. So I went back to the dorm, got a little more cash to pay for tuition. I did not know what I was going to do for next semester. I studied very hard and got straight A's, then I got a fellowship, which also meant I paid in-state tuition. Big difference. I had money left over after tuition. Pocket money. I was rich!"

After graduating from Indiana, Hsiao-mei landed a position as Associate Concertmaster with the North Carolina Symphony.

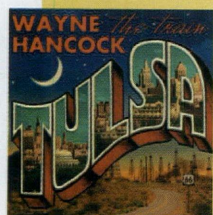
"I was looking for a titled position," she explained, "because you have to sit up front in the orchestra. That would keep me on my toes and help me maintain my best quality as a player."

Hsiao-mei's recording of Ma's music should see the light of day as a CD release in 2007, and fans of classical music will do well to give this distinctive project a spin when the opportunity presents itself. **MM**

## Discology

**Wayne Hancock: *Tulsa (Bloodshot)***

This brilliant piece of work is Wayne "The Train" Hancock's tribute to Bob Wills & His Texas Playboys. Rather than



cover Wills' songs, Hancock tracked 14 original tunes that are totally in the spirit of the legendary country swing that was Wills' signature sound. The

outcome is a killer CD that's true to the Texas Playboys' vibe and true to Hancock's personal take on traditional country music. The album was produced by Lloyd Maines – a Texas country music legend in his own right – and features steel guitarist Eddie Rivers and lead guitarists Paul Skelton and Eddie Biebel. The record opens with the song "Tulsa," a tune that correctly notes the "pretty girls" in Tulsa. Of course, Tulsa was Wills' home base for years, and it was the Tulsa-based radio station KV00 that put Bob Wills & His Texas Playboys on the airwaves back in the day. Check out the laid-back swing of "Highway Bound" and "This Lonely Night," the sweet swing groove of "Gonna Be Flyin' Tonight," and the broken-hearted lament of "Lord Take My Pain." Hancock and his compadres make the most of their tribute, evoking the soul of Wills' extraordinary country music. *Tulsa* proves yet again that the best country music nowadays is that which is mindful of the genre's tradition.



continued from page 26

### Lawrence In Arabia

Raleigh's Theater In The Park is holding auditions Dec. 11 and 12 for *The Man in the Desert*, a play set in Basrah, Iraq in the early 1930s when the British maintained military dominance in the region.

The play is based on an actual meeting between the playwright's father and T.E. Lawrence (*Lawrence of Arabia*) who had re-enlisted in the RAF at a low rank to return to the Middle East to live out his life in obscurity. Peter Colley's play relates to the current situation in the region, drawing

upon his father's journals – letters between Lawrence and Charlotte Shaw, George Bernard's wife, and the many historical (accurate and inaccurate) accounts of Lawrence's deeds to craft a suspenseful new work. Contact TIP or Guest Director Michael Lilly: occasionaltheatr@aol.com. **MM**



**Former US Naval Investigative Service Special Agent Ronald J. Olive** has written the complete story of intelligence security analyst Jonathan Pollard, now serving a life term for stealing US secrets for Israel. *Capturing Jonathan Pollard: How One of the Most Notorious Spies in American History Was Brought to Justice* is available in book stores and from the Naval Institute Press. Order the book online at [www.amazon.com](http://www.amazon.com), or through the Naval Institute Press at 800-233-8764 or online at [www.usni.org](http://www.usni.org).

***Monet in Normandy***, that runs through Jan. 14 at the NC Museum of Art, was curated by guest curator professor Richard R. Brettell, University of Texas at Dallas; Dr. David Steel, curator of European Art, North Carolina Museum of Art, Raleigh; Dr. Lynn Federle Orr, curator in charge of European Art, Fine Arts Museums of San Francisco; and Dr. Heather Lemonides, assistant curator of Prints and Drawings, The Cleveland Museum of Art. The curatorial team drew on important relationships within FRAME – French Reg-

ional & American Museum Exchange, a unique bilateral consortium that stresses the importance of regional artistic culture – which made possible direct access to distinguished French scholars, curators, archives and collections. *Monet in Normandy* is organized by the Fine Arts Museums of San Francisco, the North Carolina Museum of Art, Raleigh, and The Cleveland Museum of Art. The exhibition is supported by an indemnity from the Federal Council on the Arts and the Humanities.

**J. Mark Searce**, director of the music department at North Carolina State University, will have a commissioned piece, "God Picks Up the Reed-Flute World," premiered at an international music festival in New York City, Nov. 4-5. Searce's piece is one of nine works from Eastern and Western religious traditions to premiere at the festival. For more information, visit [www.universalsacredmusic.org](http://www.universalsacredmusic.org).

**Sweet & Savory Bake Shop and Café** is now open at Cameron Art Museum. The café is operated by manager Jonathan Staber and chef Brent Williams and will offer breakfast and lunch Wednesday through Friday, brunch on Saturdays and Sundays, and dinner on Friday evenings. Wireless Internet will also be available to customers.

For more information, visit [www.cameronartmuseum.com](http://www.cameronartmuseum.com) or call 910-395-5999.

**Duke University Medical Center** now offers over-the-phone interpretation services that allow caregivers to communicate with patients in more than 150 languages. Using a patented dual-handset phone, staff members can access trained medical interpreters during face-to-face conversations with non-and limited-English proficient families. The service is also being used at Ronald McDonald House of Durham to communicate with guest families as needed.

**Geomagic**, a software and service company in Research Triangle Park, has won a 2006 Tibbetts Award from the Small Business Technology Council. As part of the Small Business Innovation Research (SBIR) program, the Tibbetts Awards are given annually to companies, projects, organizations and individuals judged to exemplify the best in SBIR achievement. Geomagic has been awarded several SBIR grants for its technology leadership in digital shape and processing.

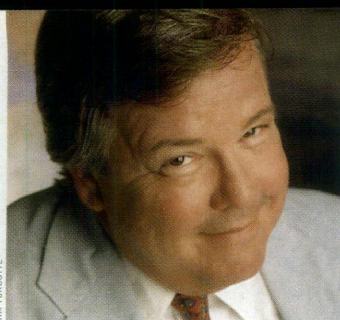
**Henry Wurst, Inc.** was named the "Large Business of the Year" by Apex Chamber of Commerce. Wurst is a North American business communications and commercial printer.

**Frank Harmon, FAIA**, of Frank Harmon Architect in Raleigh, has been selected to design up to three oyster hatchery facilities and/or oyster research and education facilities along the coast for the North Carolina Aquarium Division. Harmon will also work with the Division to design educational exhibits on the oyster hatchery program at each of the three state aquariums: Fort Fisher, Pine Knoll Shores and Roanoke Island.

**For the second year in a row**, the North Carolina Grape Council honored Duplin Winery with the Muscadine Cup and three double gold awards during the 2006 NC State Wine Competition. The Muscadine Cup was awarded to Duplin Winery for its Magnolia brand of wine. The winery received three of the 10 double gold awards for its Beaufort Bay white, Hatteras Red and Magnolia white wines.

**Carolina Turkeys**, an international turkey processing company in Mount Olive, has purchased Butterball Turkey from ConAgra Foods, Inc. for \$325 million, making Carolina Turkeys the largest producer of turkey products in the nation. The company will change its name to Butterball, LLC and expects to produce 20 percent of total turkey production in the US this year.





## I SAW IT ON TELEVISION

**T**he fall television season is a good place to start to explain subtle shifts in the political and cultural themes in our society that suddenly appear without discussion or consensus. Yet there they are, imposing a point of view held by the very few to lord over the rest of us.

Take the CBS program, *The Unit*, starring Dennis Haysbert – who played President Palmer in the show *24* (until he was assassinated; as one wag put it sadly: “He was the best president we ever had.”) Haysbert heads a team of rough and ready counter-intelligence commandoes under the direct and secret command of the president. Each episode juxtaposes Unit missions across the globe with domestic scenes back home on base where the wives, children and girlfriends are under strict orders never to divulge what their husbands, fathers and significant others are up to. In most cases they don’t want to know. The Unit does not mess around in its zeal to protect American interests by any method they choose.

After four installments into the second season this year, all was well with the plot. Then, BAM!, suddenly the show goes politically correct on the home front when one team member and his wife (a lusty wench who last season was conducting a hot affair with the commanding colonel) participate with their daughter in a school play. The daughter’s role is undefined except as narrator – but she is wearing a mustache and dressed as a man – like, who cares what sex I am?

The hot wife plays George Washington as a woman, set off with her commando husband playing Betsy Ross in drag. The narrator/cross-dresser/daughter’s lines went something like: “If George Washington had been a woman, this would be a different country today without warfare.”

Betsy Ross in drag completed the gender transition to emphasize to the kids that sex makes no difference when sewing flags. The idea was to demonstrate that changing roles is a healthy pursuit that will cleanse society of male dominance and raise the feminine princi-

ple in status so there will be peace on earth and no pesky sex-crazed males running the show anymore. Then the commando husband in drag and the hot wife dressed as the Father of our Country dive into a storage closet in the school and commence to have passionate sex. Another commando wife, walking down the hall with our mustachioed unisex narrator/daughter, opens the closet and everyone has a good laugh.

Then there is *Shark*, starring the aggressive and confident James Woods, one of the few men actors who acts like a man. Woods, in a convoluted plot twist, is a high-flying wealthy Los Angeles defense attorney who is blackmailed into joining the District Attorney’s office where he experiences the “other side” of criminal court room drama. The show started off with Woods glowing in anti-politically correct raiment, offering a refreshing turn on the predictable pabulum thrown up in television today.

Sure enough, four shows into the season, you could sense in the first scenes that *Shark* had been sentenced to sensitivity training between episodes. Obviously keying off the Duke University lacrosse team case – which is not going well for the culture warriors, especially after *60 Minutes* tore the prosecution case apart recently – the same sort of producer who ruined *The Unit* decided to fight back against the trend in the Duke case to present a story featuring rich white boy athletes raping a confused coed.

And *Shark* turned into a tuna. Rather than exploring the subtleties, or giving the accused the benefit of the doubt, he and his female pursed-lipped ninja assistant wanted the white boys executed on the spot for, well, just being white males – just like the culture warriors in Durham, who want the lacrosse players ruined for being who they are.

Over on NBC, the program *Studio 60 on the Sunset Strip* is presented by Aaron Sorkin of *West Wing* fame, known for his rather leftish tendencies. But the show is well-written (if a little fey) and the actors are competent, making it bearable television fare. But right on schedule with the other popular programs, the political message seeped into the screenplay in episode four – this time that tired old chestnut: The Hollywood Ten.

This need to propagandize for socialism in the face of facts finds fertile ground with student viewers whose teachers are in the grip of the Teachers College at Columbia University, the incubator for education theory in America that issues mission statements such as: “We see teaching as an ethical and political act. We see teachers as participants in a larger struggle for social justice ... social inequalities are often pro-

duced and perpetuated through systematic discrimination and justified by societal ideology of merit, social mobility and individual responsibility.”

And the Hollywood Ten are always trotted out to make the point that the oppressive Amerika that created this injustice, persecuted actors and screenwriters by asking them if they were, or had been members of the Communist Party. They refused to answer – as instructed by their bosses in Moscow – for no logical reason except to gain attention. So they were all sent to prison. To the Hollywood Left, the Ten are the disciples of the socialist religion they hold so dear – even after the collapse of the Soviet Union, the mother of all socialist experiments, when the horrible reality of murder and mayhem in the name of social justice and equality was indisputably revealed. Today, even China has gone over to capitalism, ridding the world of communism except for the demented, dark recesses of North Korea and the steamy failure of Castro’s Cuba.

But not on television (and the movies – even sweet little films like *You’ve Got Mail* offer up a tired bit of pro-Soviet propaganda, in this case the innocence of the Rosenbergs) where unrepentant pro-Soviet cadres continue to insert propaganda into screenplays, just as Communist Party members were instructed to do in the palmy days of state socialism from the 1930s until the collapse of the Soviet Union in 1991.

Call it what you want, and call me what you want for bringing it up, but it is striking that the politically correct, multicultural agenda today smells just like the massive anti-American Soviet propaganda during the Cold War. I know it because I saw it on television.

### NOTES FROM LA-LA LAND

The terrific new energy in **downtown Raleigh** (a tip of the hat to Mayor Charles Meeker) was thrown a punch when a young female was abducted from a center city parking lot and later found murdered. The constant specter of security raised its ugly head again, with politicians and business leaders seeking a solution. I’ve got one, and it’s right in front of our eyes: **mounted police**. I was involved in bringing the current horse patrol to downtown, but the city has limited it to only two officers, not nearly enough to do the job properly.

Mounted police work: Officers have a long line of sight to spot crime; potential perpetrators also see the mounted officers high in their saddles and back off; horse patrols add a sense of occasion to downtown; and the horses serve as a liaison with young people who otherwise distrust the police. **MM**

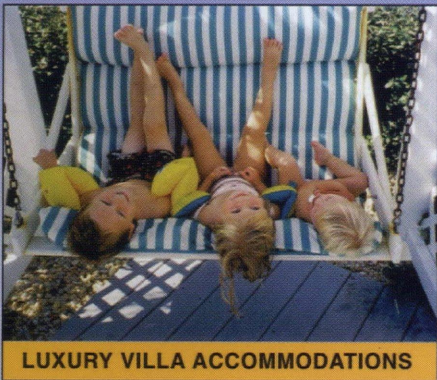


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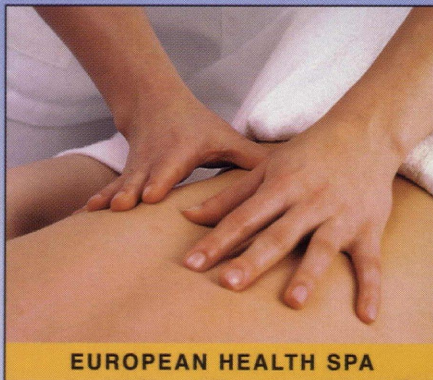


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