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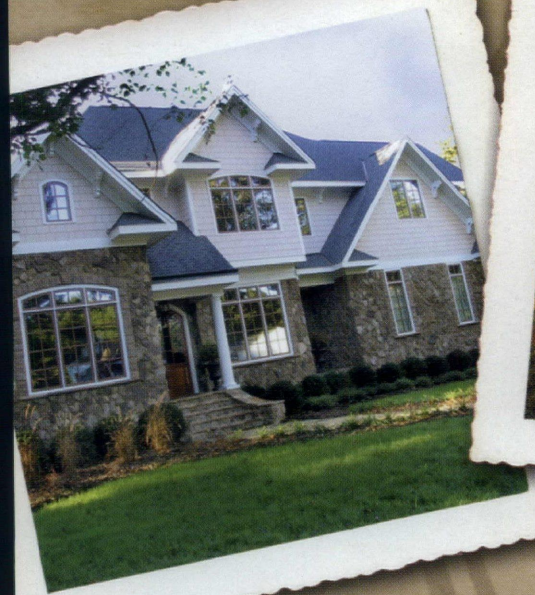
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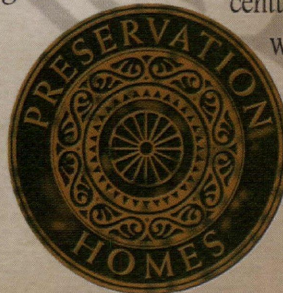


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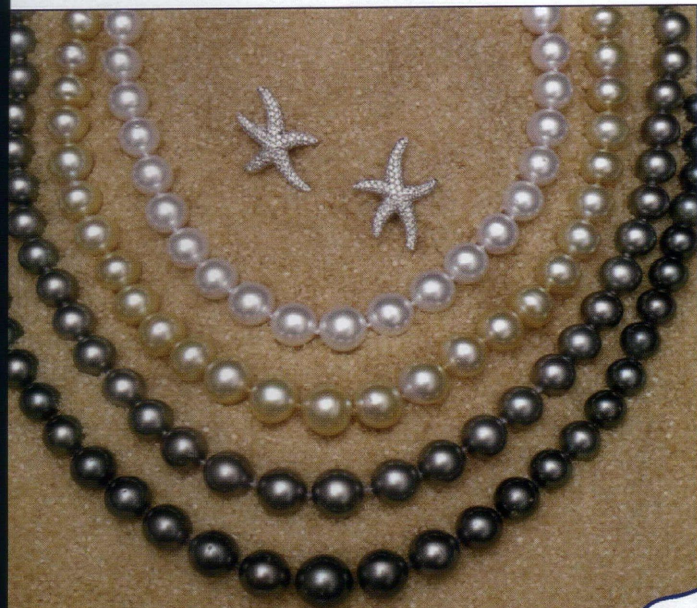
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


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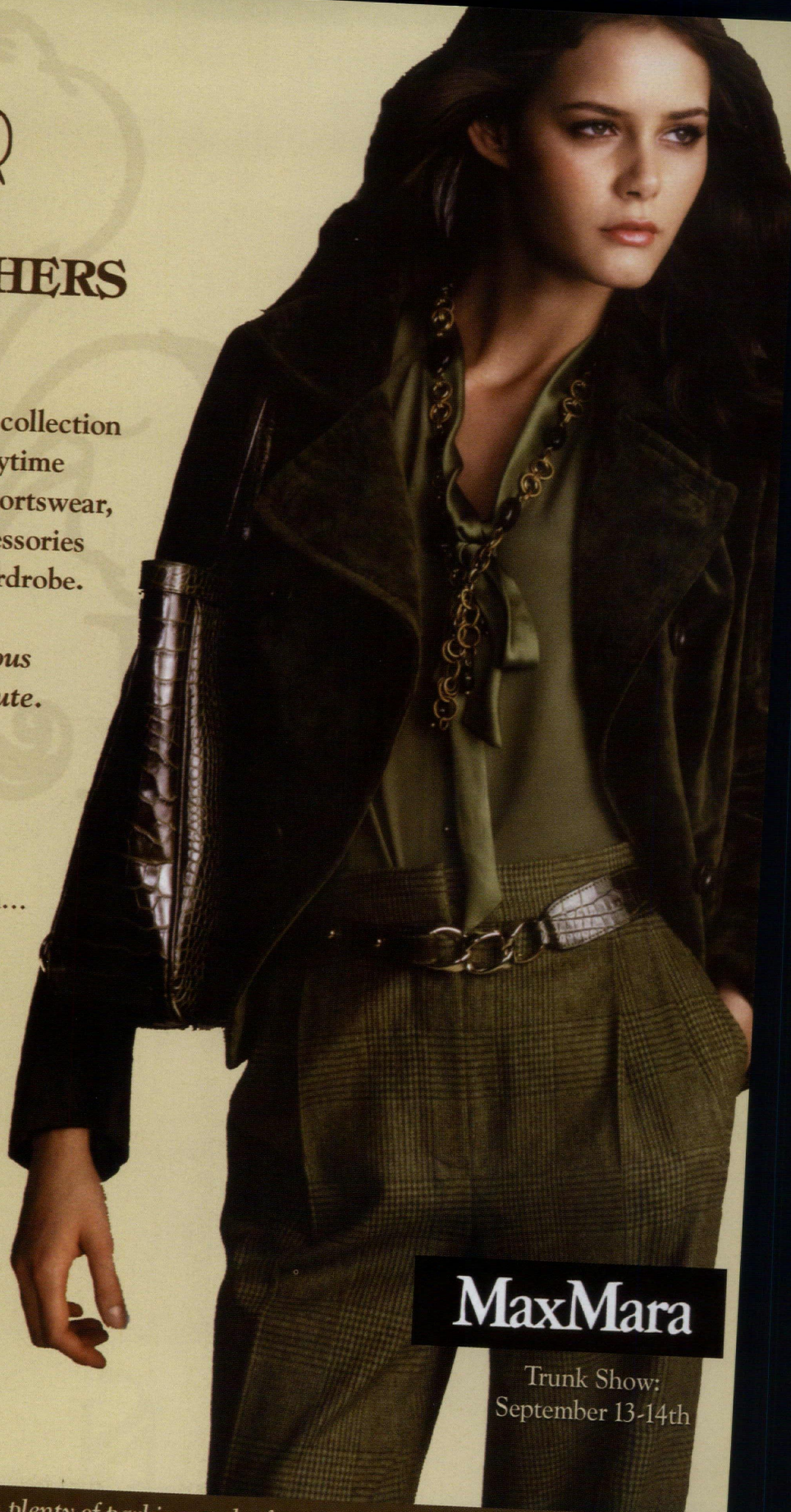
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INDIAN SUMMER

It's kind of like fall, our Indian summer as we call it in the mid-South, and it certainly qualifies as autumn when it comes to fashion. The clothes-conscious have been sweating through the hot weather in wilted clothing long enough. Finally, it's time to start styling and donning the new look for the season. And *Metro's* fashion czarina Molly Fulghum Heintz reports directly from the Big Apple that, well, fall fashion isn't one big thing this year. Rather, clothes and accessories are "complementary" offering combinations of eras and sizes and colors.

Prospective brides will be reading with interest what the trends portend, but basically the Big Day is about dozens of other details and decisions. Jennifer Hadra asks event planners to draw on their case files and recommend what to do (and what not to do) to ensure a successful nuptial celebration.

As Design Editor Diane Lea ranges around the region seeking the best in architecture and preservation, she inevitably returns to Warrenton, the little town that did: preserve its grand homes that is, in the process creating a charming place set in a time when entertaining was paramount.

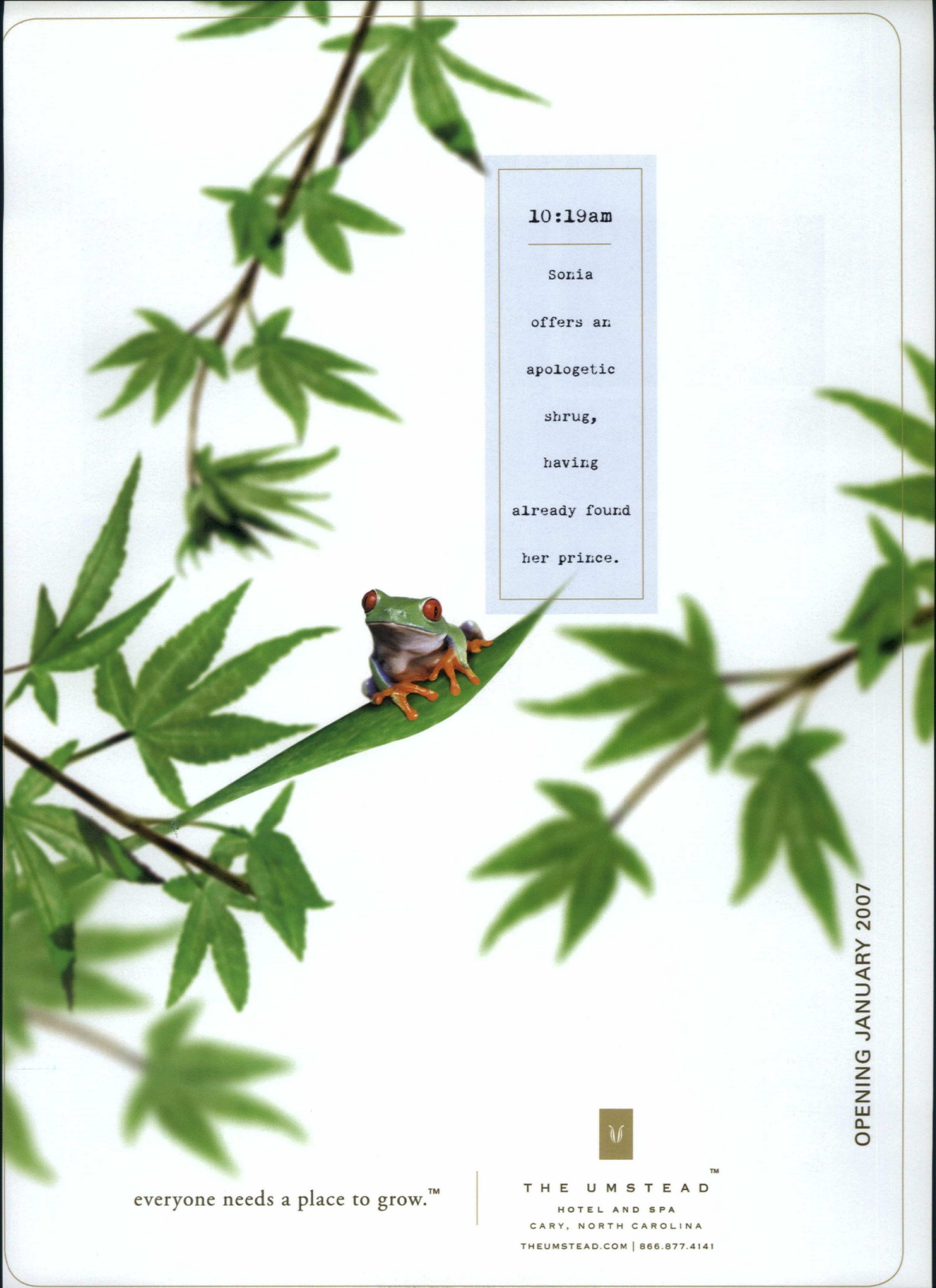
Jim Leutze offers a fascinating look at the dam systems on the Cape Fear and current plans to do them in, allowing the water and the fish to flow freely once again. Louis St. Lewis goes face-to-face at UNC's Ackland Museum; Carroll Leggett recalls the legacy of

retiring *Metro* Senior Editor Frances Smith; Barbara Ensrud remembers harvest time in the world's vineyards; Moreton Neal tracks down authentic Mexican in Raleigh; Art Taylor notes the advent of the fall book season; and Philip van Vleck begins a two-part series on Riley Baugus and his dedication to performing old time music.

October is loaded with special features: an exclusive with Ann Goodnight about the upcoming Wake school bond vote set for November; *Metro's* annual Social Calendar, listing the top charitable events for the year; a special report on area golf; and a feature on the emerging urban landscape in center city Raleigh.

Join us then...

—Bernie Reeves, Editor & Publisher



10:19am

Sonia
offers an
apologetic
shrug,
having
already found
her prince.

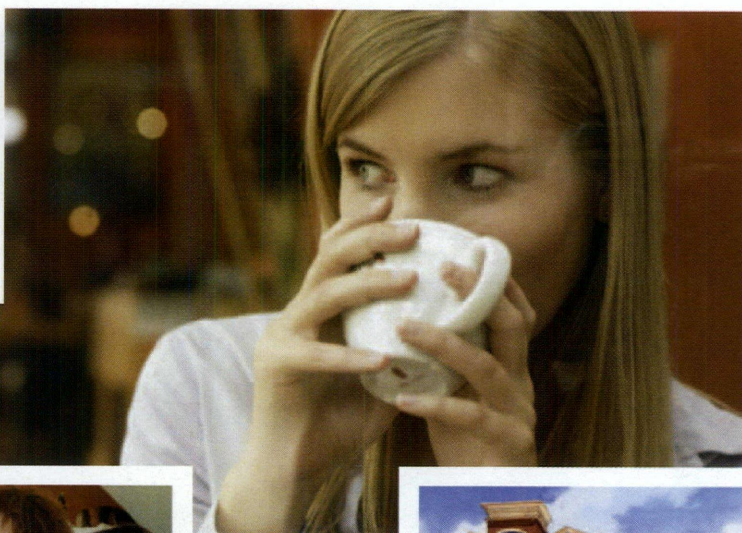
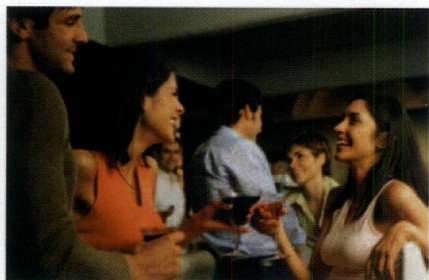
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THE CARNEGIE HALL EXPERIENCE

All of us in the Jolly family thank you both so much for the wonderful article that Dan Reeves wrote in the August 2006 issue of *Metro* about Jeanne Jolly and her experience at Carnegie Hall.

It was written so well. Dan did a great job, capturing the essentials in an artful way. *Metro* has been great to keep up with her as she pursues her career in music.

The Carnegie Hall experience was certainly an exciting one and you both contributed to the excitement of it! Thanks so much.

*Jeanne and Frank M. Jolly, III
Raleigh*

WELL ORGANIZED

I must tell you that both *Metro Magazine* and the folks at the Museum of History really now how to put on a well-run conference. I am not a regular conference participant, but I have been to enough of them to know when one is well organized - and yours was one of the best. It could not have been any better from start to finish.

It was an honor to participate and I am most grateful for your invitation. Keep me on your mailing list for the next one which might well be "chaos in cuba."

*Don Bohning
Speaker*

*Raleigh International Spy Conference
Davie, FL 33314*

SALUTE

Just wanted to thank Bernie Reeves and *Metro Magazine* for the gracious event you put on for the Fourth Raleigh International Spy Conference at the North Carolina Museum of History.

You have done a great service to the institution. It is people like you who contribute and make this city and state great. I salute you.

*Peter Eichenberger
Raleigh*

TIMELY AFFAIR

I talked with several friends, and others, who attended your Raleigh intelligence conference: Castro and Cuba: The Inside Story August 23-

Bernie Reeves
Editor and Publisher

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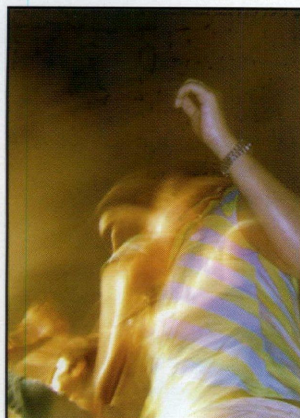
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25 at the NC Museum of History. Without exception, they all agreed it was a magnificent affair, extremely well planned—and as you know, timely.

It was indeed a great affair. I was privileged to have been part of it.

Gene Poteat

Speaker

Raleigh International Spy Conference

Washington, DC

ON THE MARK

You, *Metro Magazine* and the Museum of History ran a great show for the fourth Raleigh International Spy Conference: super well organized, very generous and gracious to your guests (and speakers!!) and right on the mark.

My wife Jill and I are especially appreciative for all of the kindnesses extended to us in Raleigh.

I hope you are as pleased as everyone else I have talked to.

Brian Latell

Keynote Speaker

Raleigh International Spy Conference

Lancaster, VA

CORRECTION

Saint Mary's School is the correct title for the Raleigh school, not St. Mary's as listed in the MetroBravo! awards in the August issue.

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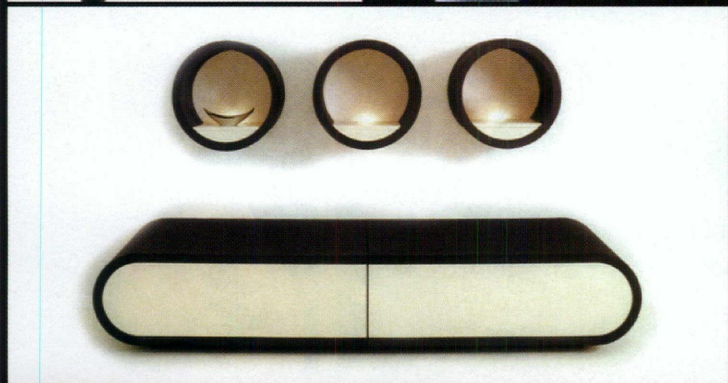
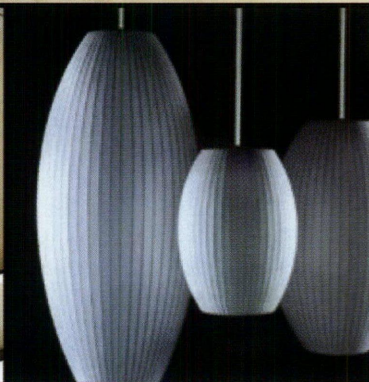
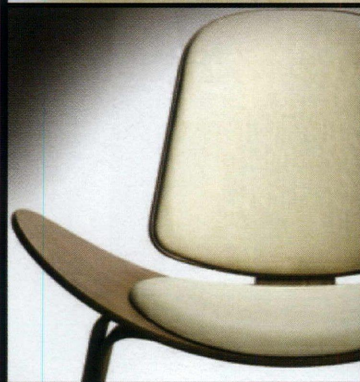


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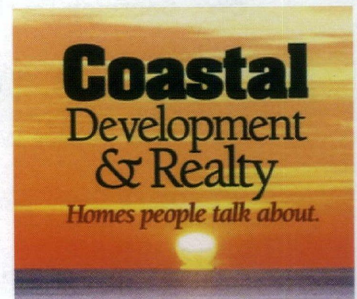


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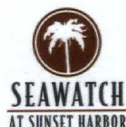
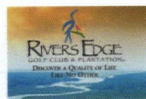
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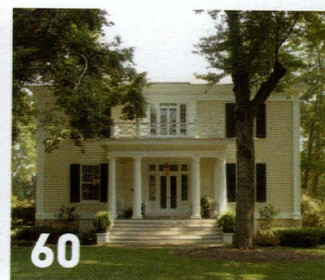
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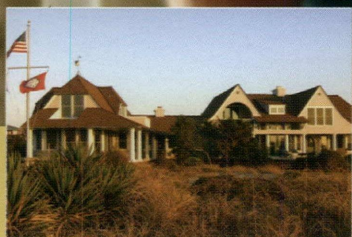
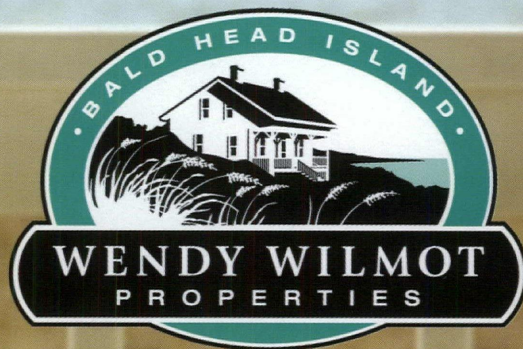
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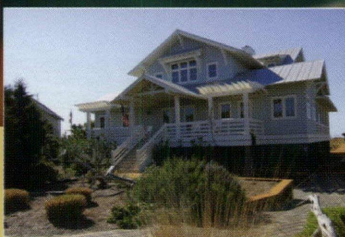
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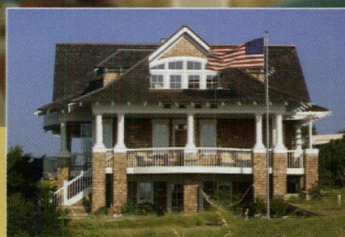
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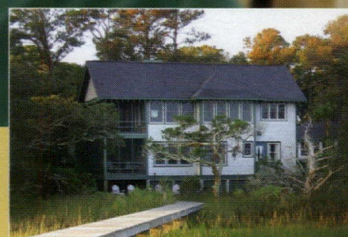
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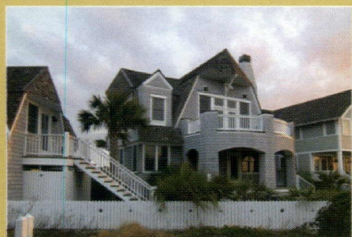
970 South Bald Head Wynd \$4,125,000



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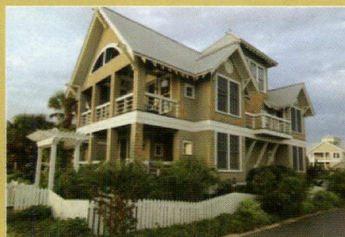
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Frances Smith Retires

Like a statue of an angel on a hilltop, Frances Smith has stood with her arms outstretched warning us of too much progress in the writing styles of today. Stop, she says, this is 'unclear' or 'imprecise' and fix it for you, all the while smiling sweetly—but firmly.

St. Frances of the Written Word entered my life in the heady days of the weekly *Spectator* and *Triangle Business Journal* where giant egos held forth, stubborn in their style and unwilling to change one whit of their weekly opus. Film critic Godfrey Cheshire and columnist Hal Crowther were wary when they wrote that someone, an angel, was looking over their shoulder. Me too, as I wrote the weekly *Mr. Spectator* column on the run and right at deadline 52 times a year.

Frances would remind me to tone it down a bit, asking in her sweet voice if I really meant to excoriate this or that in that particular way. She was my conscience back then and she remained in the game when *Metro* magazine was cranked up in 2000. Our talented team of writers knows they are better because of Frances.

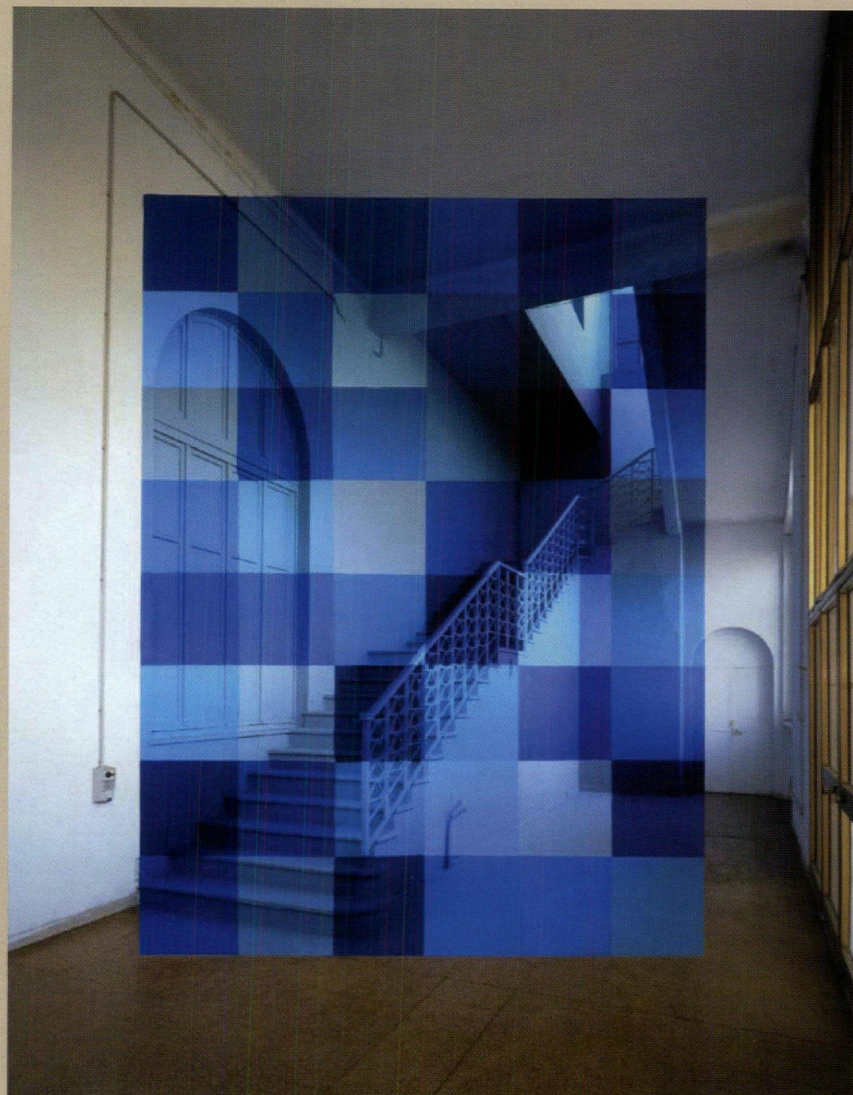
Now Frances is taking a rest from her toils that went far beyond editing every word in *Metro*. Frances reigned over the Preview section, becoming friends with hundreds of organizations—and the people behind them—cutting through the chaff of press releases and announcements and deciding what was worthy. It's a gargantuan job and she did it with that same smile no matter how overwhelming the task each month. We could not have launched and operated *Metro* without her.

To say we will miss Frances doesn't say it all. Angels are rare indeed and irreplaceable.

—Bernie Reeves

Hands of Health

The John Rex Endowment is accepting applications through September 15 for the 2006 Hands of Health award that honors an individual for working in innovative ways to improve the health of underserved children in Wake County.



"Turin, 1999" Mosaic-square installation in a stairway in Turin, Italy created with paint alone.

World-renowned installation artist Georges Rousse will visit Durham from Sept. 3 to 24 to build his signature trompe l'oeil art spaces in four old downtown old buildings. He will also deliver a lecture at Duke's Nasher Museum of Art on September 13. Rousse is much sought after in Japan, Denmark, his native France and other European countries for the temporary artworks he constructs in buildings slated for renovation or demolition. His mastery of the laws of perspective produce views so unusual that if seen in a photograph, they often appear to be computer-manipulated. Besides using paint, he also often cuts away parts of walls or adds new structure to the space. Viewers must stand at exactly the right spot to see the art as it's meant to be viewed. For instance, in the image shown, if the viewer stands even a few inches off-center, the squares will reveal themselves as rectangles or distorted shapes. What is Rousse's attraction to Durham? "His work is about the transformation from old to new," says Durham architect Ellen Cassilly, who is helping bring him here. Considering downtown's current metamorphosis from decrepit to artsy-hip, we feel the vibe. Rousse will make art inside a former tobacco warehouse, department store, cigarette company headquarters and furniture store. To donate or volunteer, email Frank Konhaus at fkonhaus@kontek.com.

—Rah Bickley

Kevin Cain, President and CEO of the John Rex Endowment, says the organization receives about 20 nominations per year for the award that was established in 2004: "We are looking for people who bring innovation, dedication, focus and resolve to their work" in the field of children's health,

The winner will be announced October 24, 2006 at the John Rex Endowment Hands of Health Breakfast. A \$10,000 donation will be made by the Endowment to a charitable organization designated by the award recipient.

Dr. Peter Morris, President of the North Carolina Pediatric Society, was the first Hands of Health award recipient in 2004. Dr. Don Rozenblitz, medical director at the Lucy Daniels Center, was the 2005 recipient.

To be eligible for the award, an individual must be a paid or volunteer employee working to address the needs of Wake County children. In addition, the nominee must either work or live in Wake County.

The John Rex Endowment invests in the development and support of activities, programs and organizations that improve the

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health of underserved people in Wake and surrounding counties.

For more information on the Endowment or to download a nomination form and view more nomination guidelines for the Hands of Health award, visit www.rex-endowment.org.

Pedicabs Pedal in Chapel Hill

In addition to traditional cabs, residents in Chapel Hill and Carrboro now have an environmentally friendly option for transportation: an open air, two-seater bicycle cab—or pedicab—popular in Western tourist hotspots and Asian countries.

Pedicab drivers transport passengers between Weaver Street in Carrboro and downtown Franklin Street in Chapel Hill all day until 3 a.m., seven days a week. Prices vary depending on the number of people and the amount of time spent in the cab. In addition to major sporting events, the pedicabs will be at festivals in and around Chapel Hill and Carrboro and are available for hire for weddings, birthdays, retirements and other occasions.

The cabs come with front and brake

lights, and pedalers are subject to background checks and are trained on the vehicles. To avoid accidents, pedalers will veer to the side of the road or take side streets if they clog traffic.

Though they won't operate in sleet or snow, pedicabs may travel through light rain if the cabs' canopy covers riders' legs. During winter months, riders can keep warm with wool blankets provided by the cab company.



The service is run by Greenway Pedicabs, owned by local investors and members of SURGE, a student-led company headquartered at UNC-Chapel Hill to promote environmental and social justice. The company's goal is to reduce greenhouse gas emissions by

curbing the use of fossil fuels; 25 percent of profits for the first year will go directly to SURGE.

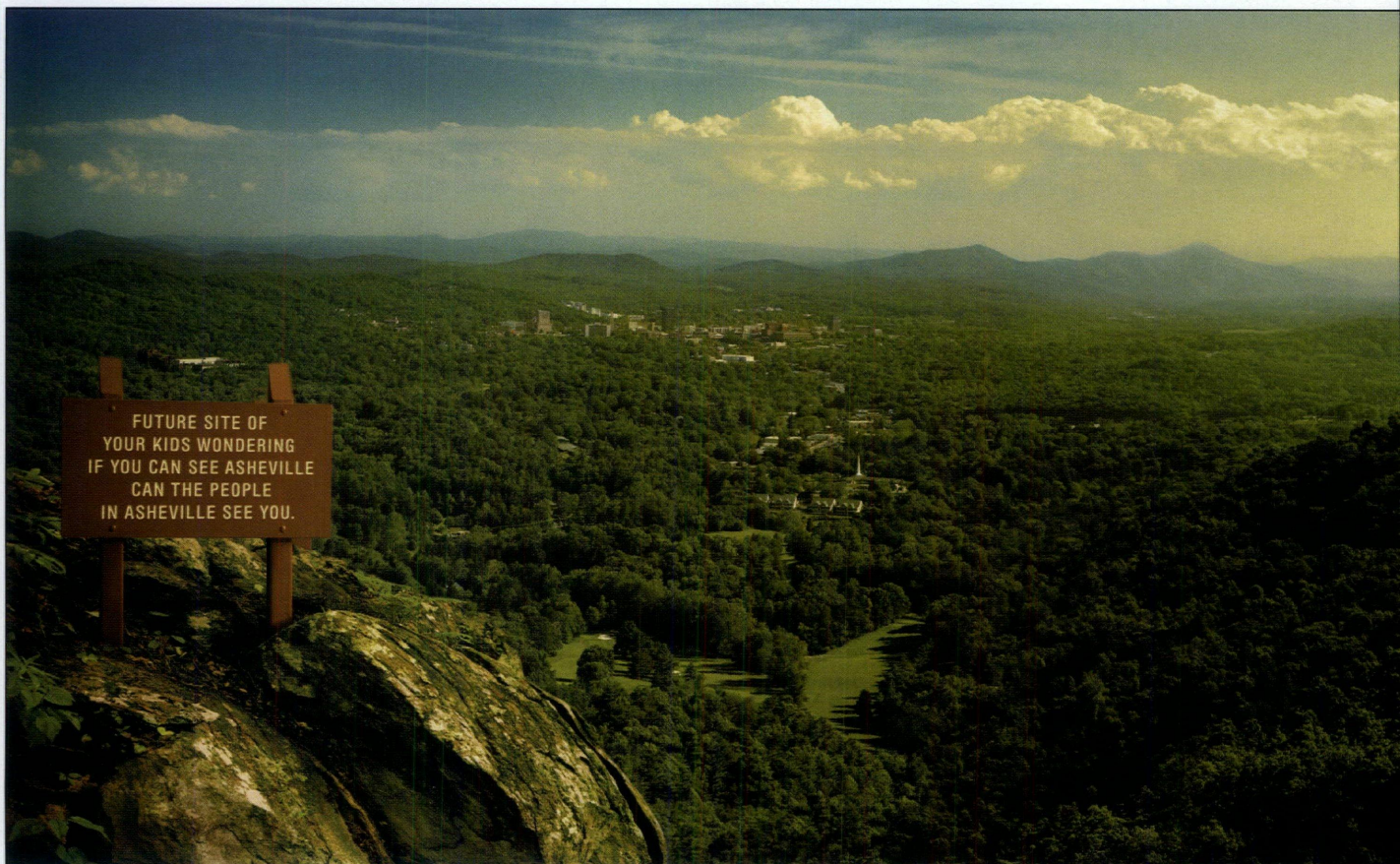
For more information on Greenway Pedicabs, visit www.greenwaypedicabs.com; to make a reservation, call (919) 951-8158.

New Stage Resource

Performing arts enthusiasts can now visit OnstageinNC.com, a new internet resource for information about performing arts events within North Carolina borders. Launched in July 2006, ONstageinNC.com includes close to 500 events listed by performing arts groups across the state.

"This is a site designed to consolidate events and to serve everyone involved in the performing arts. If an event is on stage in North Carolina, we want everyone to be able to find it at OnstageinNC.com," says Louisa Hart, current president of North Carolina Presenters Consortium, the not-for-profit group that administers the website.

Visitors to OnstageinNC.com can search by geographical region, by date, by city or by genre or specific artist or event. Search results produce summaries about each attraction



and information regarding box office and ticketing, with links to the hosting event or a venue's own site for online ticket purchasing, travel directions and other related details.

Site visitors may also subscribe, free-of-charge, to receive e-mail notifications about preferred types of performances or events coming online in a particular region or city.

To find out more about the new performing arts event website, visit www.On-stageinNC.com.

Ideas For Air Travel

The Transportation and Security Administration's recent ban on packing liquids in carry-on luggage puts the beauty conscious traveler in a quandary. Fortunately, Carefair.com, a new online beauty community, offers a few tips to help airline passengers stay fresh:

- Avoid or cut down on dehydrating beverages like coffee, tea, soda, and alcohol. Instead, drink lots of water or snack on fruits with high water content such as berries, oranges, and mango slices before and/or during your flight.
- Moisturize before flying to keep your



The coast of North Carolina is home to more than 2,000 sunken ships, earning the title "Graveyard of the Atlantic." A photographic exhibit at the North Carolina Maritime Museum in Beaufort, *Shipwrecks: Images from the Graveyard of the Atlantic*, features pictures of 15 different shipwrecks, including the *W.E. Hutton* and *U-352*, a tanker and a submarine sunk during World War II. The exhibit includes photographs from Cindy Burnham, senior photographer at the *Fayetteville Observer*; Bill Russ, illustrator for the *NC Travel Guide* and the *NC Golf Guide*; Paul Hudy, Dale Hanson and Chris Riley. The exhibit runs thru Oct. 29. For more information on the exhibit, contact the NC Maritime Museum at 252-728-7317.

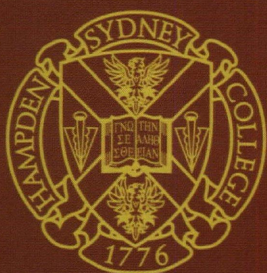


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skin glowing, or pack moisturizers that are similar to 'chapstick' such as Johnson & Johnson's Soothe and Protect Balm, Sephora's Chocolate Body Glosser or Benefit's Bathina Body So Fine.



- Look for dry, powder-based alternatives to your shampoo, conditioner and perfume such as Bumble and Bumble Hair Powder and Victoria's Secret Heavenly Silkening Body Powder.

- Men should bring an electric razor and try Magic Platinum Skin Conditioning Shaving Powder or REMINGTON SP-5 Men's Face Saver Powder Stick as alternatives to shaving cream and Clarins Clarins-men Moisture Balm, to 'moisturize' after shaving. Products with witch hazel—a nat-

ural astringent with no alcohol that tightens the pores and gives you a fresh, clean feeling—make a good substitute for after-shave.

- Pack "cleansing towelettes" - pre-moistened clothes that contain a cleaning solution—such as Pond's Dramatic Results Age-Defying Cleansing Towelettes to clean up after a flight.

- Bring along facial blotting tissue like Bobbi Brown Blotting Papers to remove excess oil and leave a light powder matte finish.

Sea Grant Program Names New Director

North Carolina State University graduate Leon Cammen was named director of the National Oceanic and Atmospheric Administration's (NOAA) National Sea Grant College Program. Cammen, who holds a Ph.D. in zoology, has been acting director since the February 2006 retirement of former Sea Grant Director Ronald Baird.

Navy Vice Admiral Conrad C. Lautenbacher, Ph.D., undersecretary of commerce for oceans and atmosphere and NOAA

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A photograph of three students looking upwards with interest. In the foreground, a young boy with dark hair and glasses looks intently. Behind him, a girl with red hair is also looking up. To the right, the side profile of another student is visible. The background is softly blurred, suggesting a classroom setting.

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administrator commented: "With more people living along the coasts, the work done by Sea Grant is more important than ever."

The NOAA National Sea Grant College Program works with the 30 state Sea Grant programs located in all coastal and Great Lakes states and Puerto Rico, in addition to international programs in Indonesia, Korea and South America via a national university-

based network of over 300 institutions involving more than 3,000 scientists, engineers, educators, students and outreach experts involved with human and environmental health such as water quality, coastal hazards and biotechnology.

North Carolina's Sea Grant Program seeks to increase marine literacy with programs that transfer knowledge about the lat-

est educational research and trends. For graduate students, Sea Grant offers fellowship opportunities in national and state coastal and marine policy.

To find out more about NOAA, go online to: www.noaa.gov. For the National Sea Grant program, visit: www.seagrants.noaa.gov/colleges/colleges.html. To learn about North Carolina Sea Grant, go to: www.ncseagrants.org.

Umstead Hotel and Spa Lands Chef

Umstead Hotel and Spa Food & Beverage Director Patrick Kemmache announced that Phil Evans has been appointed Executive Chef for Herons, the hotel's restaurant, set to open with the hotel January 7, 2007.



Evans

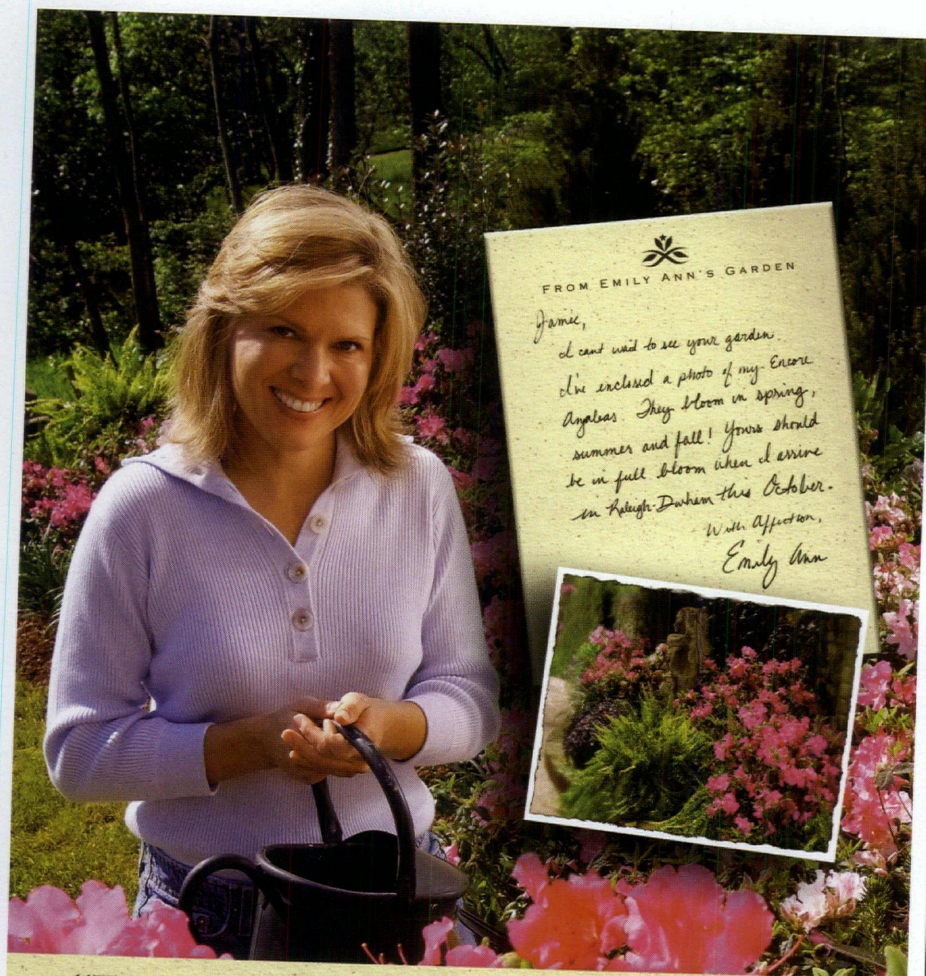
Evans will be the Executive Chef of all food and beverage programs, including banquet, room service, poolside and spa service. Evans explained that he is "pleased with the opportunity

to present my take on modern American cuisine. We have exciting projects underway that will distinguish Herons from all others, including planting our own herb garden."

Evans, who managed food and beverage operations for the St. Regis in Aspen, Colorado, plans to highlight local, seasonal ingredients and develop healthy spa-inspired dishes.

In his 10-year career, Evans managed a stage at the 3-star Michelin restaurant L'Esperance in France and served as executive Sous-Chef at the St. Regis in Houston where he also opened The Remington Grill as Chef de Cuisine. Honors include "Colorado's Best New Chef," in *Wine Country Magazine*; Second Place in the "Best Young Chef" Competition, *Chaine des Rotisseurs*; and induction into the *Empire International "Who's Who of Chefs"* in 2004.

Herons will debut with a 98-seat restaurant with a 46-seat terrace and an adjoining 55-seat bar with an ingredient-driven menu drawing on North Carolina and Southern farmers and artisans. The restaurant will offer an à la carte menu, including spa-inspired dishes, a seasonal Tasting Menu and an



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extensive wine selection. The restaurant will be open for breakfast, lunch, brunch and dinner.

Signature dishes contemplated include: Butter Poached Maine Lobster and Stone Ground Grit Soufflé; Crispy Ossabaw Pork Belly with Butterscotch Bean & Smoked Ham Hock Salad; Aged Sirloin with Smoked Bacon & Creamed Collard Greens; and Pan Roasted Le Bleu Rouge Chicken with Housemade Duck Sausage.

The Umstead Hotel and Spa, a new luxury property opening January 2007 (www.theumstead.com), resides on 12 acres and is nestled against a beautiful 3-acre lake, steps away from walking and jogging trails, as well as Umstead State Park. The 150 oversized guest rooms include luxurious furnishings and signature amenities. State-of-the-art technology enhances the customer experience on all levels. Adjacent to the hotel, the plush 12,500-square-foot spa will feature the finest treatment rooms, "meditation" courtyard and more. Herons will be the hotels' signature restaurant, serving modern American cuisine with local, seasonal ingredients and regional influences. **MM**



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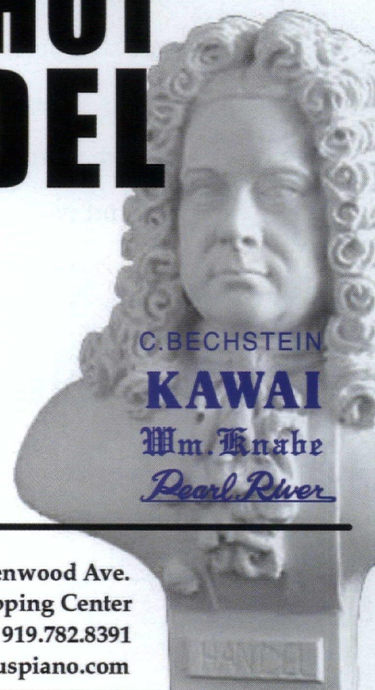
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SIGNATURE FOR FALL

Body-conscious fashions had a good run, and, yes, you early adapters of Pilates got to show off a little. But lest we start taking the human form for granted, designers gravitated back to abstract, voluminous shapes for fall. No head-to-toe tents, mind you, but rather complementary combinations of ample and fitted that provide a welcome change from the severe silhouettes of seasons past. Oversize sweater dresses are layered over leggings, yards of fabric are cinched in place with a wide belt, and bubble skirts are paired with tiny tops. Some shapes evoke mod '60s styles, while plaid and platform soles add a dash of British punk. An otherwise neutral palette is emboldened by shades of red and gilded metallics.

by Molly Fulghum Heintz

McQueen





Diane von Furstenberg



Marc Jacobs



Marc Jacobs

Volume: daunting, yes, but it will work to everyone's advantage this season since the yards of fabric can be strategically swathed around the top or bottom. Nothing looks more elegant than well-cut, wide-legged pants paired with a snug-fitting sweater, or is more dramatic than a

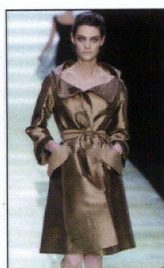


Marc Jacobs

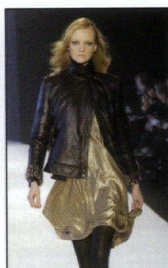


Viktor & Rolf

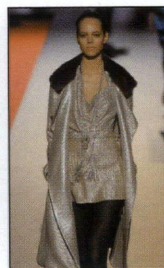
wool cape with sleek boots. When adding in full forms to the fashion equation, think in terms of a sliding scale of proportions: big top equals little bottom and vice versa. Chloe's extra roomy baby doll dresses float perfectly above opaque tights. Marc Jacobs, the master of layering, shows



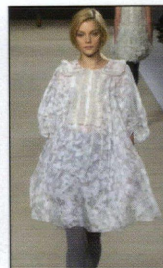
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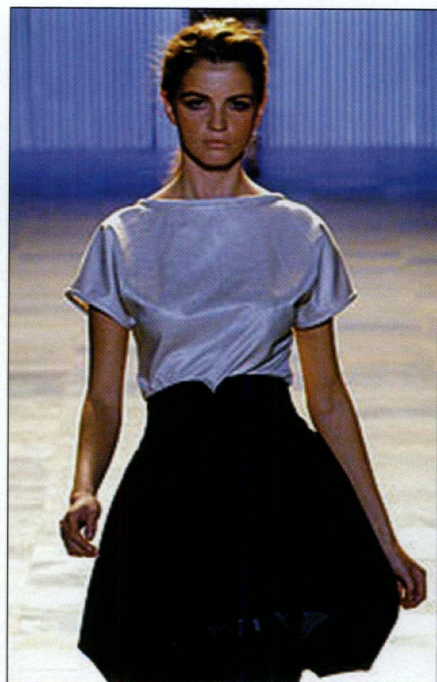
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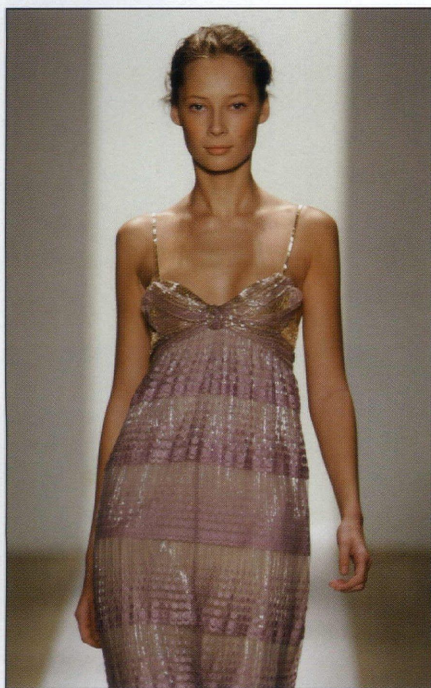


Missoni

full pants with a demure, clingy top, all topped by a third volume: a mushroom-shaped fur hat. Accessories also feature extra capacity this season, including oversize bags and shoes with more substantial heels—perfect for stomping down imaginary catwalks.



Ralph Lauren



Y & Kei



The term "leggings" may take you back to ca. 1990, when the stretchy hybrid of footless tights and pants became a staple, worn with everything from boxy blazers to high-top aerobic sneakers. After a long hiatus, leggings crept back onto the fashion

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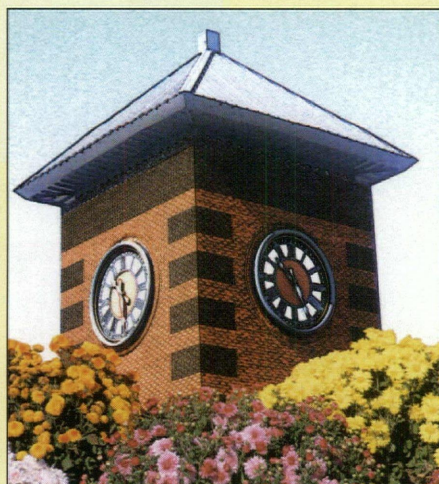
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scene over the last year, a popular look among urban hipsters who paired them with short skirts, as Max Mara did for fall. Leggings have triumphantly returned to center stage, the perfect foil to slouchy sweaters and billowy tops. When worn with the platform soles in favor this season, they can make a girl's gams look longer and leaner. Just check out the glamazons that Michael Kors sent down the runway. And

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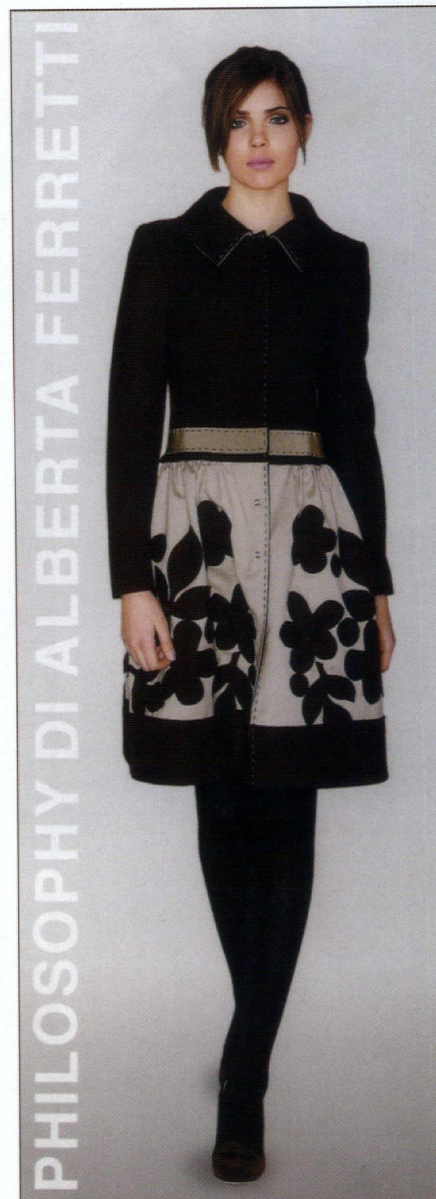




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 **O2FITNESS**

Bill Blass



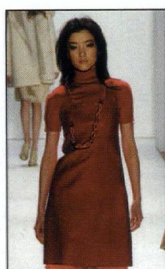


Lanvin

put the boot-cuts away for now—skinny jeans with a tight fit to the ankle are the denim version of the legging trend.



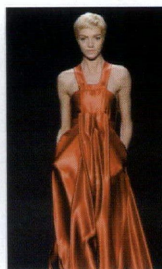
The red color family provides the chromatic lifeblood for fall collections, from



Strenesse



Herrera



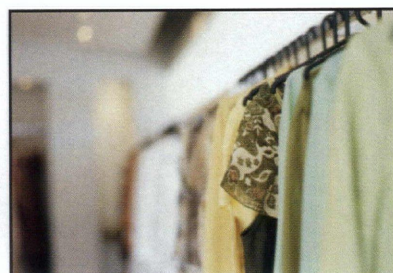
Givenchy



Lanvin



Strenesse



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jewelry: fashion: home: gifts

Michael Kors



Ralph Lauren



Yves St. Laurent

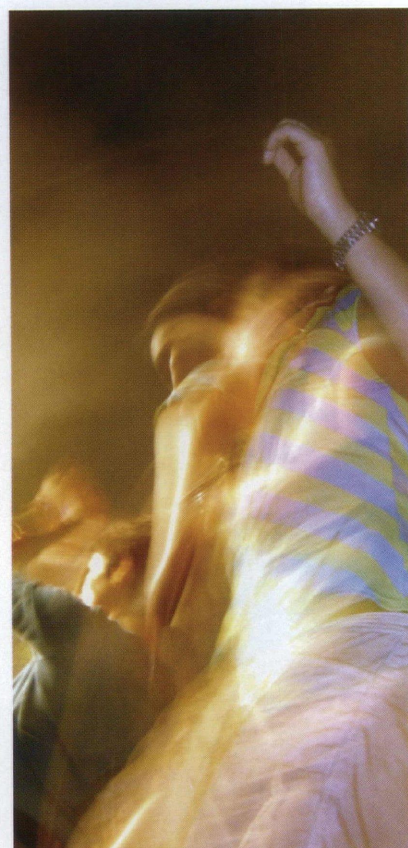
vermillion to burgundy to plum. Ruby red makes a particular splash in evening dress. Givenchy's flowing silken gown looks completely of the moment, while Oscar de la Renta's red crinolined cocktail dress alludes to Hitchcock heroines of the late '50s. For day, Strenesse shows a brilliant red skirt paired with a beige top; at Bill Blass a shift



Zac Posen



Oscar de la Renta



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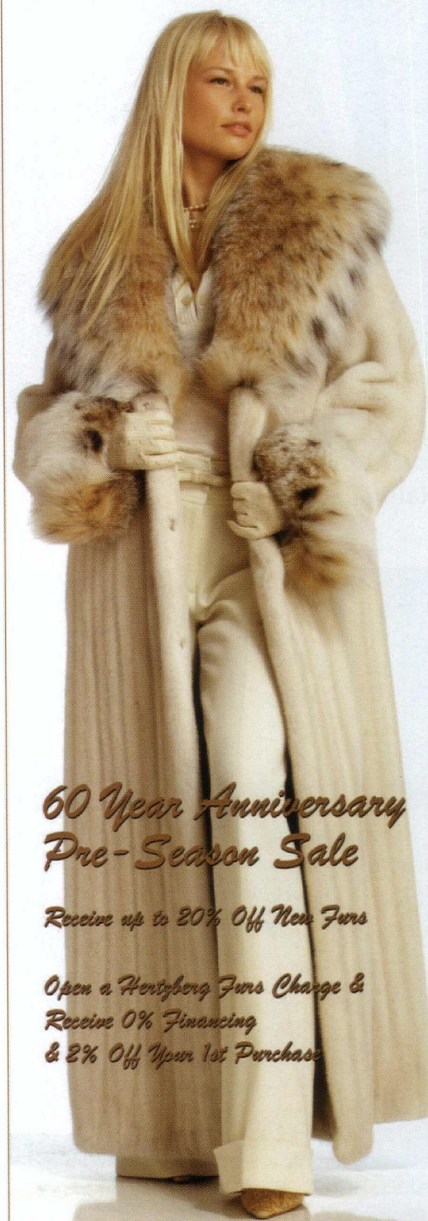
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FASHION NEWS

Celebrate with **Liles Clothing Studio** on Sept. 15 & 16 as they host a party in honor of their 1st anniversary at North Hills. The guest list includes designers such as **Scotti of Adrian Jules Custom Clothing**; **Vivek Nagrani**, maker of **Odadafut socks**; and **Angie of the Ike Behar company**, measuring for custom shirts. Liles will extend their hours on Friday for a cocktail reception in store for their devoted clients! The Lassiter at North Hills, Raleigh, 919.510.5556.

Cameron Clothing will host a **Lafayette 148** trunk show Sept. 7 & 8 and a **Michael Collection** trunk show Sept. 14 & 15. North Hills, Raleigh, 919.829.1511.

Lark Home/Apparel is inviting Triangle women to the **"First Thursday Ladies' Night"** on Sept. 7. Chapel Hill, 919.933.3902.

Join **Saks Fifth Avenue** Sept. 14 from 7-9 p.m. for a nationwide, storewide fashion event featuring riveting runway trends of the season presented by **Saks National Wardrobe Specialist, Elizabeth Burpoe**. On Sept. 15, Saks will hold a **Tara & Sons pearl showcase** and a **David Yurman gold Trunk Show** will be held at the store on Sept. 22. Look for the launch of **Chanel's** new "Sublimage" cream after Sept. 10 and National Make-Up artist events in **Lancôme** with **Ross Burton** on Sept. 22 and **Laura Mercier** on Sept. 29 & 30, to kick off a special in-store beauty week. **Saks Menswear** will hold a **Zegna Made-To-Measure Trunk Show** on Sept. 15. A **Chantelle** bra fit day will be held on Sept. 6 and a **Theory** contemporary focus day on Sept. 10-16; Raleigh, 919.792.9100.

Saks Fifth Avenue and Metro Magazine invite you to a sneak peek of **Saks' Gala Dresses and Men's Formal Wear**. Enjoy hors d'oeuvres, cocktails and live music while choosing your attire for the 2007 Mannequin Ball. The first 300 patrons to purchase Mannequin Ball tickets will receive a "mystery" card worth up to \$100 redeemable at Saks. **September 28th from 6-9 P.M.**; Saks Fifth Avenue, Triangle Town Center, Raleigh. Call 919-831-0999 for more information. A percentage of all sales will benefit the Raleigh Fine Arts Society.

Nowell's Clothing will host a **Hart Schaffner & Marx** trunk show on Oct. 7. Raleigh, 919.828.7285.

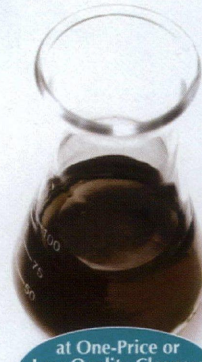
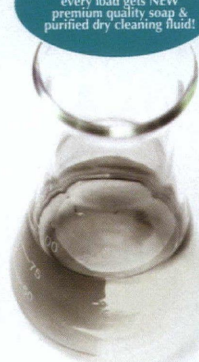
Fine Feathers will host a **Max Mara** trunk show Sept. 13 & 14; Chapel Hill, 919.942.3151.

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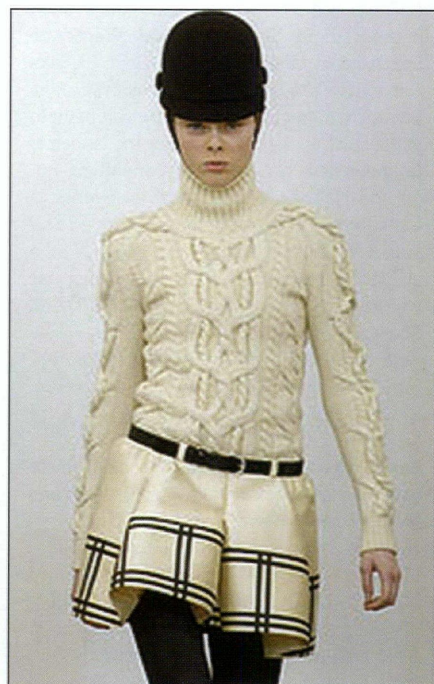
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Luca Luca



DSquared



Balenciaga

dress and short top-coat pairs two rich shades of red.



Metallics have shimmied their shimmer from accessories back onto the body with dazzling results. Go for gold, both in fabric and jewelry. Like leggings, gold made a

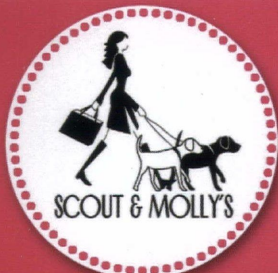


Pollini

splash over a decade ago and then was dethroned by those modest metals—silver and bronze. But against this season's quiet color line-up, gold finally doesn't seem flashy. YSL's simple gold mini-dress is iconic, while Ralph Lauren shows a generous golden skirt casually paired with a cable sweater and suede boots, as if it were an old corduroy number from the back of the closet.

• • •

Somehow, it just doesn't seem like a proper fall without a bit o'plaid. The ancient pattern has a subtle energy akin to crisp air. This season everyone can get a piece of that back-to-school feeling with a



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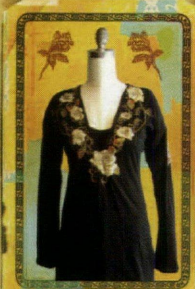
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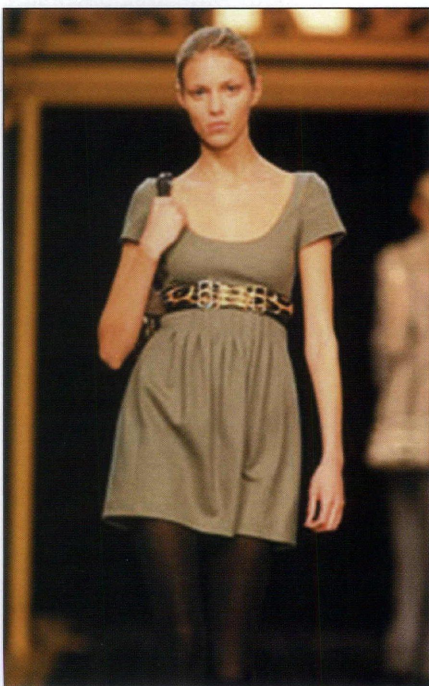


Lhuillier



Fendi

smart tartan jacket from DSquared, a dress in floaty plaid layers from Diane von Furstenberg, or a wrap skirt by Alexander McQueen, giving that signature McQueen-y edge when paired with leather ankle boots. And don't forget plaid's country cousins, houndstooth and argyle, which you'll find on coats and knits.



Fendi

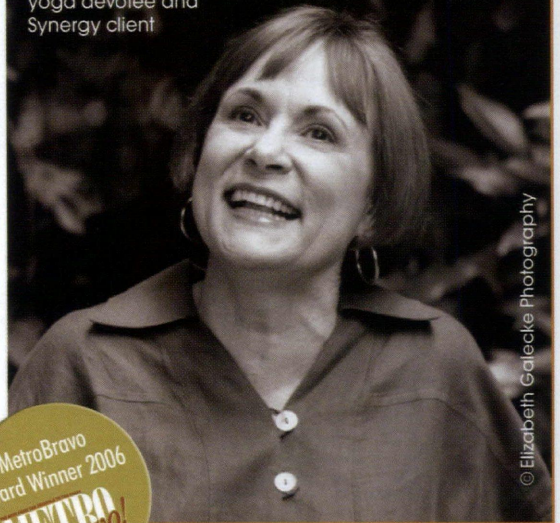
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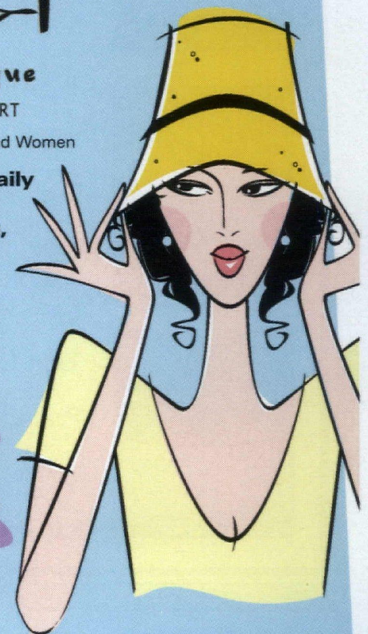
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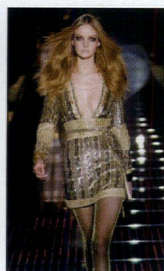
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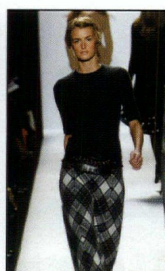
Celine



Gucci



Burberry



Michael Kors



Veneta

• • •

What is it exactly about the early '60s that continues to capture the imagination of contemporary designers? Some might say that it was the last decade of truly ground-breaking fashion: miniskirts, chain-link dresses and the innovative use of synthetic fabrics. But I think it's the indefinable optimism of that Space Age vibe, a



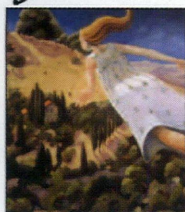
Anna Sui

hopeful mix of the creative and the functional. This year that translates into short skirts, high waists, swingy short coats with oversize buttons and retro accessories (Balenciaga's models even wore black bobby helmets). Fendi's tiny turtleneck dress is, as one of my fashion stylist friends would say, "On!"

• • •

Lest you romantics think you've been left behind in fall's collection of more assertive styles, allow me to remind you that the ruffle is still an important detail, particularly around the neck. Monique Lhuillier's white satin dress with black piping looks charmingly continental, while Anna Sui's feathery black ruffle dress would be at home on the back of a Harley. Most representative of the season is the look shown by Burberry: a sleek belted top coat over a riotous pleated and layered skirt—a bit schizophrenic, but decidedly stylish. **MM**

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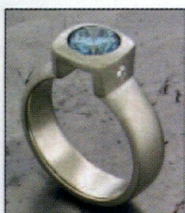
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The Big Wedding: A DETAILED AFFAIR

by Jennifer Hadra

You've dreamed of your wedding day since you were a little girl. You've mentally rehearsed that walk down the aisle countless times. But now that your beau has popped the question and getting married is a reality, the exciting anticipation of being a bride has turned into a bundle of nerves over all the things you have to do before the big day.

Finding a place to hold the ceremony, booking a caterer or making arrangements for a photographer were never a part of your wedding-day dreams. And what girl imagines giving directions about where to set up the reception tables, in between smiling for pictures and buttoning up her gown? Suddenly your dreams of a magical wedding seem more like an endless nightmare of last minute details.

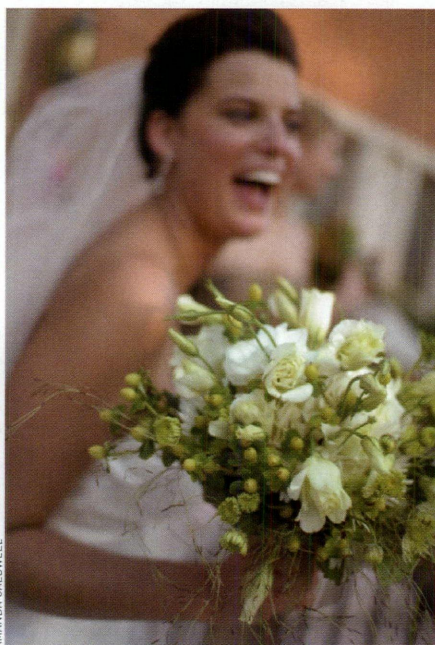


Enter Ivy Robinson, owner of Ivy Robinson Weddings and Events in Charlotte. According to Robinson, women underestimate the amount of time it takes to plan a wedding, causing stress that could be alleviated with a little help from an expert.

"The average wedding takes approximately 200 hours to plan," Robinson says. "Most brides have never planned an event the magnitude of a wedding and minor

details are easily overlooked. For instance, who remembers that you need a generator and several outlets for the band, lights and caterer if you are planning an outdoor wedding?"

For Robinson, however, paying attention to detail is her business. Believing that getting married shouldn't be a burden, she acts as an advocate, helping the bride-to-be develop a unique theme and concept for



their wedding—from the big decisions, like location, down to the minute particulars of the event, like how to arrange the place settings.

"Too many people read articles and have the mindset that an event, especially a wedding is 'so stressful,'" Robinson says. "My theory? Only if you make it that way. I always remind my clients that this should be fun and I'm all about having a blast during the process."

Couples can enlist Robinson for help with determining a color scheme, theme, design and layout for their wedding.

"I love working with clients who are willing to think outside the box and who are daring enough to pull their personality into the event. I create events around my clients and try to design around their style, making their wedding an experience and

not just 'another wedding,'" Robinson says.

Want to include your love of jazz music or your taste for dark chocolate into your big day? No problem. Robinson revels in the fun of infusing each wedding with details that are specific to the couple's likes and dislikes.

"In one of my upcoming weddings, the bride loves cheeseburgers and French fries. Therefore, her menu includes a cheeseburger station and a French fry station, with regular and sweet potato fries. Her colors are orange and hot pink, and her guest favors will receive hot pink cotton candy. We are also having hot pink lemonade and water with orange slices."

Last year, Robinson showcased her talent for planning elaborate events in front of millions of television viewers on the Style Network. She was chosen as one of 16 wedding planners from across the country to be featured in the third and fourth seasons of the Network's top-rated show *Whose*



Wedding is it Anyway?, a show that goes behind the scenes to show viewers what it is like to juggle the various aspects of wedding planning.

"Being on the show has had a positive impact on my business," Robinson says. "I'm definitely not scared in front of the

camera, and I've had calls from some other networks such as MTV and WE."

In addition to her lavish weddings and high-profile television appearances, Robinson grabbed the attention of Triangle residents in November 2005 when she transformed the North Carolina Museum of History into a Parisian night club for The Mannequin Ball, a high-fashion *Metro Magazine* event conceived by Sales and Marketing VP Katie Reeves as a benefit for the Museum's costume division. Thanks to a swanky VIP lounge area, free-standing martini bar and dramatic mood lighting, Robinson gave attendees of the soirée the

Haven't crossed booking a photographer off your wedding checklist, yet? Here's a list of a few area photographers who just might have the perfect lens to capture your big day.

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www.missymclamb.com

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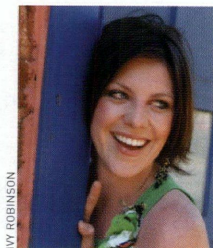
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feeling that they were spending a night in the City of Lights.

Regardless of what else may be on her plate, however, Robinson says her clients come first.

"I had to turn down another offer from the Style Network for a destination wedding show because I already had clients booked for the weekends they inquired about. I would have loved to have jetted off to Ireland to shoot the episode, but my clients are my first priority and I couldn't betray them."

While her company is based out of Charlotte, Robinson has planned weddings



IVY ROBINSON

"I love working with clients who are willing to think outside the box and who are daring enough to pull their personality into the event."

all over the state and is currently working on some out-of-state projects. In addition to *Whose Wedding is it Anyway?*, Robinson's weddings have been featured in Barbara McKay's *Premier Bride Magazine*, *Carolina Bride Magazine* and *The Knot*.

For more information on Robinson and Ivy Robinson Weddings and Events, visit www.ivyrobinsont.com or call 704-347-3963.

A DIFFERENT SORT OF PLAN

Whether it's a concern over the cost of hiring a full-time wedding planner or the challenge of stretching the creative side of their own brain, some women prefer to take a more hands-on approach to plan-

ning their wedding. For the bride-to-be who wants to chart her own course, Something Borrowed, Something Blue Wedding Library and Event Planning provides a unique and innovative planning boutique with examples of venues, bakers, caterers, bands, transportation companies, floral designers, photographers and more.

"I wanted to create a premier information center," owner Karen Clark says.

"Women can come and browse portfolios of the Triangle's finest vendors, as well as wedding books and magazines; attend seminars and cake tastings; and research the hottest wedding trends—for free."

Clark, who has also been featured on *Whose Wedding is it Anyway?*, has years of



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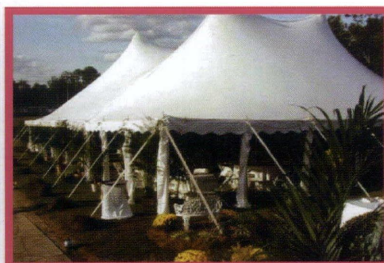
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experience in event planning, including time spent working for Columbia Records, planning parties and events for celebrities like Mariah Carey, Will Smith and Beyoncé Knowles. A few years ago, however, Clark brought her posh planning skills back to Raleigh, opening up The Wedding Library—a concept already thriving in metropolitan areas such as New York and Chicago.

Be it the cozy porch swing that hangs from the ceiling in front of a flat screen TV

where brides can watch video portfolios; the large conference table where brides can meet and talk with out-of-town vendors; or the educational wedding seminars Clark conducts, The Wedding Library provides a peaceful, welcoming place to sit and sort through what is often an overwhelming amount of information.

"I don't want this just to be for brides who have a \$75,000 budget. Not every woman can afford to have a wedding planner at her beck and call. Some women only

want to come, sit and browse through information, some want to hire me for five hours of consultation or purchase a list of suggested vendors," Clark says. "I try to match the brides up with the right vendors based on the brides' budget. That way I'm not wasting anyone's time."

Regardless of how a bride may choose to utilize Clark's diverse list of services, Clark's goal is clear: "I want to help everyone create a wedding where the guests leave and say 'I've never seen anything like that before in my life. That was so them!'"

For more information on Something Borrowed, Something Blue Wedding Library and Event Planning, visit www.somethingborrowedsomethingblue.com or call 919-790-1944. **MM**

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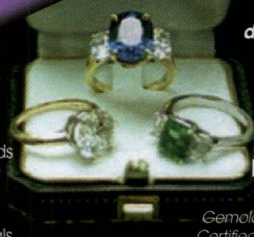
Tips by Missy McLamb

Five Ways to Take a Better Photograph

1. Pull your arm away from your body.
2. Tilt your chin slightly downward.
3. Place your body at an angle to the camera.
4. Focus your eyes upward.
5. Wear false eyelashes. They look great if they are applied properly!

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DOCUMENTING THE DAY

by Jennifer Hadra

The veil has been lifted, and the first kiss as husband and wife has been planted. What was once an elaborate three-tiered cake is now crumbs on a plastic dessert plate. As the plane taxis down the runway, returning the newlyweds safely home from their honeymoon, couples often find themselves wondering what's left of their magical wedding day?

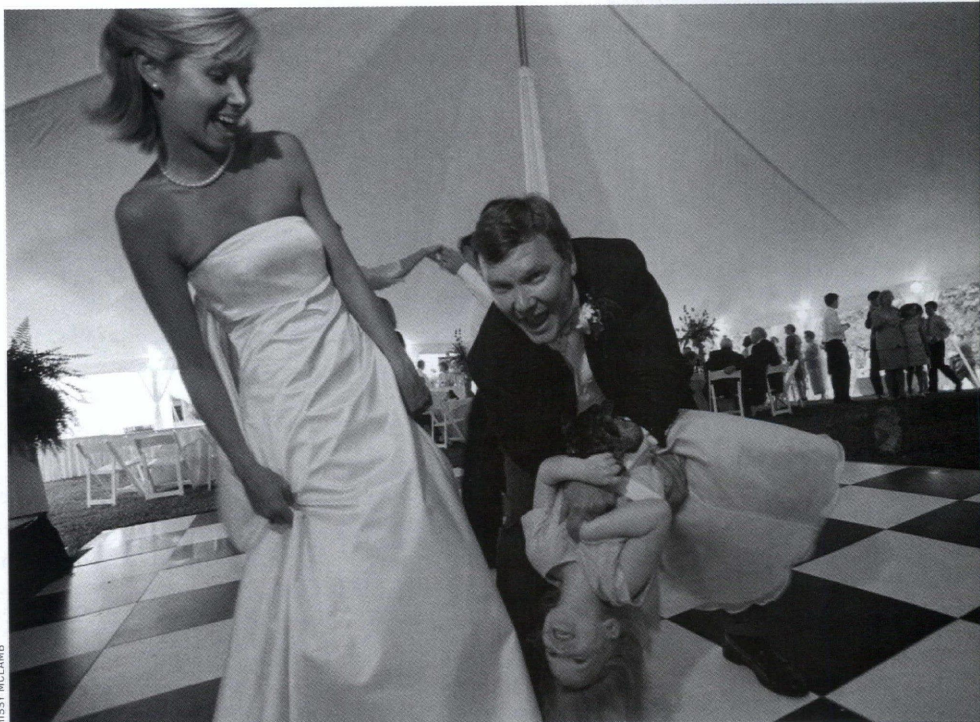
"Photographs," says Karen Clark, event planner and owner of Something Borrowed, Something Blue Wedding Library and Event Planning. "Photography is a big thing. After all the excitement of the wedding day is said and done, one of the only things couples have to remember the day is the photographs."

While hiring Uncle Ned to photograph the big day still remains a sure-fire way to cut costs, a well-shot photograph by a professional can represent a memorable moment to be cherished by a couple for a lifetime. And these days, photographers are beginning to diverge from the standard family portrait and posed pictures of the wedding party and approach wedding photography from a different angle.

"About five years ago, photography became reactive instead of proactive," Raleigh-based photographer Missy McLamb says. "Wedding photography is shifting towards a more documentary, fine-art style. I recently booked a wedding for \$20,000 worth of photography. People are beginning to spending more money on wedding photos."

McLamb, who frequently travels to New York City to stay abreast on the latest trends in the industry, prefers to capture the moments that happen throughout the entire day—or even the entire weekend surrounding the wedding ceremony. She says these moments make the difference between a good photograph and an exquisite photograph.

"An exquisite photograph captures a true moment, is pretty and is about the subject, not the photographer. In wedding photos, so many moments are expected and the really exceptional moments go beyond the expected. A skilled photographer disarms their subject, earns their trust



MISSY McLAMB



MISSY McLAMB



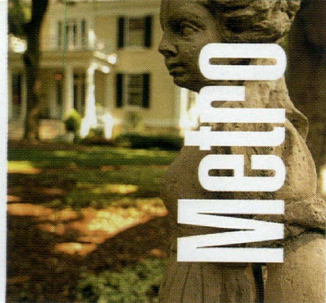
MISSY McLAMB

and makes them comfortable with the camera."

McLamb is also reinventing the bridal portrait. Deviating, once again, from the posed picture, she aims to make the bride feel as if she's participating in a magazine shoot—making the portraits an all day event complete with Champagne and

make-up artists.

"I aim to put the subject in a nice light with nice landscape and make them completely comfortable," McLamb says. "So many people have jumped into the ring lately and the bottom line remains the same: A good photographer will provide good service." **MM**



Design

by Diane Lea

Photography by Kinsley Dey

Restrained Elegance:

WARRENTON CLASSIC RECLAIMS HOSPITABLE PAST

Charlie and Judy Edwards from Raleigh went hunting for a historic house to restore. They drew a circle around the Capital City and searched for a property and a small town that would provide a contrast to their busy lives and the bustle of the city. "Charlie and I had loved living in Savannah and Atlanta," says Judy. "We both are avid about history, old houses, antiques, and the hospitality and slower pace that was once so typical of the Southern lifestyle."

The problem seemed to be finding time to find a town and a house. Charlie, a senior partner with Womble Carlyle Sandridge & Rice, PLLC—who specializes in labor and employment litigation—and Judy, a senior litigation paralegal for the same firm, were working 60-hour weeks and traveling extensively. They managed to reserve long weekends for their property searches and around 1994, at the recommendation of a friend, visited Warrenton, NC. Judy recalls they parked on Main Street across from the handsome

Warren County Courthouse and Charlie went in to the Miles Hardware Store. "He came out a few minutes later and said, 'We've found the town, now let's find the house.'"

The house turned out to be the historic Arrington-Alston House, circa 1851, a classic Greek Revival residence attributed to master builder Jacob Holt. Holt, who was born the son of a carpenter in nearby Prince Edward County, VA, is thought to have been apprenticed to builder William A. Howard who was involved in the 1830-1832 construction of Randolph-Macon College in Mecklenburg County, VA, adjoining Warren County. In the early 1840s, Holt and a number of his associates moved to Warrenton, where Holt maintained a residence and workshop prior to the Civil War. The success of this new enterprise is indicated by 1860 census records that list Holt's shop as including 14 white workmen and 42 slaves. Nearly 100 Holt-attributed buildings date from around that period in Virginia and North Carolina, mainly in the



Dun Mor's dining room features a signature Warrenton mantel by master builder Jacob Holt.



A classic Greek Revival style residence, Dun Mor, circa 1851, has been lovingly restored.

The parlor's 1828 desk by Warrenton cabinetmaker John Reynolds was purchased at an Asheville auction house.



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counties of Warren, Franklin, Nash, Wake, Granville, Orange, Halifax and Northampton.

"We fell in love with the house for its graceful proportions and because it hadn't been extensively reworked," says Charlie. Only a few families have lived in the house; it was in the Alston family for more than 100 years. Thought to have been constructed for Richard Arrington, a successful young merchant, and his bride Bettie J. Plummer, on land Arrington's father had purchased in 1850, the house is impressive in scale and follows the classic three-bay, two-room-deep plan Holt used repeatedly during the antebellum years. Exterior features include broad, fluted corner pilasters, a stucco-covered stone foundation, and a one-story portico set over a large crosetted entry with sidelights and a transom. The home's interiors are even more impressive, with eight original Jacob Holt mantels, including a twin-column edition thought to have been Holt's special signature Warrenton mantel. Paneled aprons under the windows, tall molded baseboards and a wide central hall with louvered doors

inspired architectural historian Kenneth McFarland—in his book *The Architecture of Warren County, North Carolina 1770s to 1860s*—to describe the home as displaying “restrained elegance.”

THE RENOVATION

The Edwards set about researching how to reconstruct the missing balcony rail over the entrance portico and finding a restoration architect to help them add a great room and an upper-level master bedroom with a spa bath to the home's rear elevation. Raleigh architect Jerry Traub fit the bill. In addition to experience in restoring and creating additions for historic buildings of many types, Traub was involved with restoring his own Jacob Holt House: Bellevue, in Vance County. Judy and Charlie left the expansion and renovation of



Floral and botanical prints in fabrics and wallpapers carry throughout the house.

the house in Traub's hands and enlisted landscape designer Phyllis Conklin of Carolina Land Design in Burlington to create a period—appropriate setting for the home—now called Dun Mor after Charlie's family's ancestral home near the village of Taynish on the Kintyre peninsula of Scotland.

The Edwards moved into Dun Mor in 1996, and Judy decided to leave her legal career and concentrate on her life-long passions—interior design, the study and collection of antiques and entertaining. “We wanted to furnish Dun Mor, as much a



MICHAEL ZIRKLE PHOTOGRAPHY

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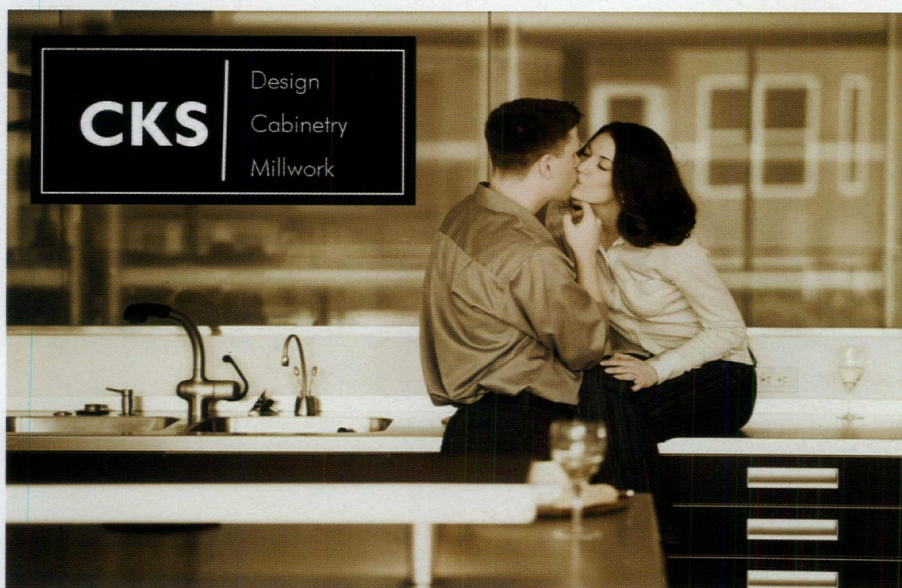
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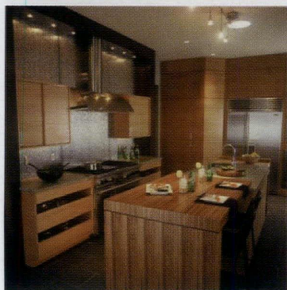


The renovated kitchen was designed and equipped by reluctant cook Judy Edwards.



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possible, with styles of furniture and collectibles that would have been available to a family living in mid-19th century Warrenton, which was known for its well-traveled and well-educated citizenry," says Judy. Charlie, an enthusiastic amateur historian and student of the Civil War, recalls, "Warrenton was the wealthiest county in the state before the Civil War. After the collapse of the plantation system, it became one of the poorest."


As veteran travelers and antiquers, Charlie and Judy had over the years acquired pieces that fit Dun Mor's time period, many purchased in New Orleans and Charleston, as well as closer to home in Wilson, NC. Charlie humorously categorizes their joint purchases as falling into one of three categories—go ahead and buy it, go to lunch and think about it, and "got to have it."

An early 19th century long case clock made near Glasgow, Scotland, fell into the "got to have it category." Purchased in New Orleans, the clock's beautifully hand-painted face displays emblems of the British Empire. Renderings of Lord Nelson and the Duke of Wellington frame designs depicting Ireland, Scotland, England and Wales. The clock stands proudly in Dun Mor's gorgeous center hall, which is notable for its architecturally interesting up-and-down staircase—as well as for the tall louvered doors that once provided ventilation while screening activities farther back in the house.


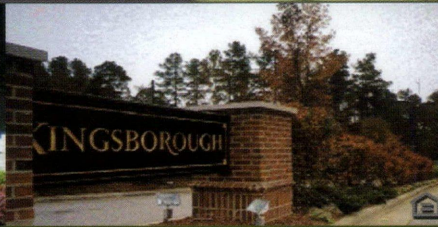
The center hall inspired Judy's theme for Dun Mor, using largely floral and botanical fabrics and accessories, established the rich color palette that carries throughout. "The center hall, with its 12-foot-plus ceiling and original heart pine floors, is an important space," says Judy, "and I chose a Stroheim & Romann wallpaper for it." From the paper's colorful design comes warm shades of blue, green and terracotta and a subtle shade of ochre. The terracotta is intensified in the color of the dining room walls that sets off to perfection the glossy white of the woodwork and the famous Warrenton mantel. Across the hall in the parlor, Judy has experimented with an interesting wall color by Benjamin Moore. "The rug has soft reds and golds," says Judy. "The cork walls set it off and

The center hall features a handsome up and down staircase and original louvered doors.





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complement the Chinese wedding lamps on the mantel." Also in the parlor is an 1828 desk built by John Reynolds, a Warrenton cabinetmaker, for the Morrison family. Judy and Charlie saw it in an auction catalog and traveled to Asheville to bring it home.

Also accessible from the center hall is the renovated kitchen, a labor of love for reluctant cook Judy, who laid it out, equipped it and furnished it. Arranged around a large tile-topped center island with a six-burner Viking range with grill and griddle, the kitchen features an original fireplace and an original built-in china cabinet. Two nicely scaled wing chairs in a pattern of yellow and blue complement Judy's collection of transfer ware displayed in the cabinet—a likely choice of the period.

ENTERTAINING A TRADITION

The piece de resistance of the Edwards' collaboration with Jerry Traub is the great room, a 28-by-28.5-foot space designed to accommodate entertaining. "We are never at a loss for an occasion," quips Charlie as he fills glasses with ice for iced tea from the

fully equipped wet bar with a 60-bottle wine captain. Judy's floral fabrics, many from the Stroheim & Romann collections, and her choice of pale green walls tie the room to the other major public rooms and to the home's shady wicker-furnished side porch. A ninth Jacob Holt mantel adorns the room's fireplace, a salvaged piece found leaning up against a basement wall in another historic Warrenton house. The great room's coffered ceiling unites its various functions that include a large circular dining table, a game table and comfortable seating before the fireplace.

"I love to give parties, big parties, little parties, dinner parties, and I'm partial to theme parties," says Judy, who draws ideas from movies such as the recent *De-Lovely*, as well as period films and historic celebrations. She claims she is squarely in the Warrenton tradition, which extends from pre-Revolutionary times and carries on today. "A few years ago some of our friends, who grew up in Warrenton, revived Hospitality Weekend, which was like a big homecoming party for friends, relatives and former residences. An article on Hospitality



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Weekend actually appeared in *Life Magazine* sometime in the 1950s. The festivities last all weekend and include a dinner dance at the golf club and brunches, teas and cocktail and dinner parties at private homes. We had great fun."

The Edwards also see holding events and parties at Dun Mor as a way to help support the projects of Preservation Warrenton, a nonprofit organization incorporated in 1998 to encourage the restoration of the community's old homes and the historic downtown commercial area. Charlie has been both vice president and president of the group, and he and Judy often open Dun Mor for the bi-annual spring house tour, a major fund-raiser.

Preservation Warrenton was conceived of by members of the Jacob Holt House Foundation, which has worked successfully



to restore Holt's house as a visitor center and event setting. Preservation Warrenton's projects include a recently completed video, *Warren County, North Carolina—The First Three Centuries*. "We've also completed an updated walking tour and researched and prepared a comprehensive county-wide driving tour," says Charlie. "We see these projects and the publication by the Warren County Historical Association of *The Architecture of Warren County, North Carolina—1770s to 1860s* as a means to encourage historic and cultural tourism in the area, which has some of North Carolina's most important architecture and history."

With Jacob Holt's classic house as a centerpiece, and with many of North Carolina's fondest traditions still alive in historic Warrenton, the Edwards have created a hospitable lifestyle to enjoy and share. **MM**



The master spa/bath is part of the addition designed by Raleigh architect Jerry Traub.

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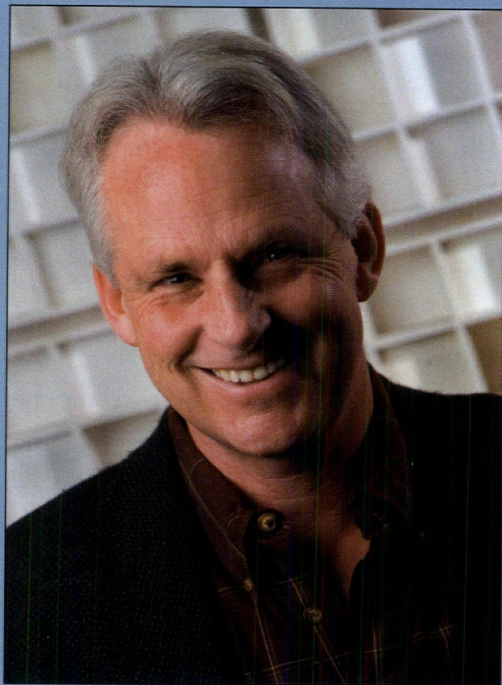
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Tom Petty and The Heartbreakers will stop by Raleigh's Alltel Pavilion on Sept. 10 during the third leg of their Highway Companion Tour. (See Preview Pop Music for details.)



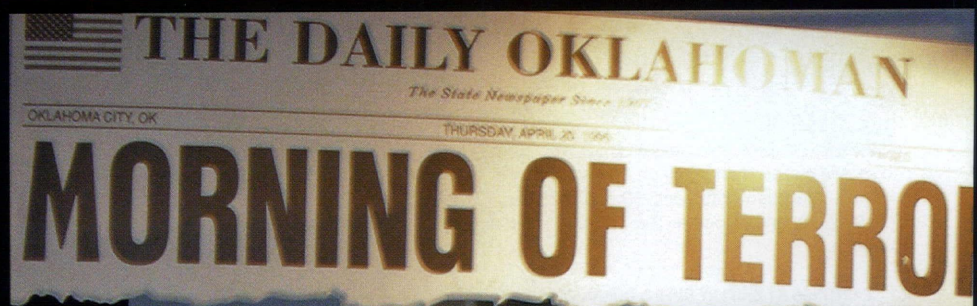
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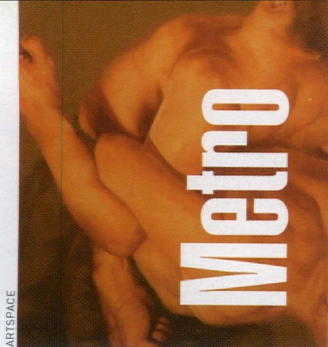
Disney's *The Lion King* will make a much anticipated, six-week stop at the Progress Energy Center for the Performing Arts in Raleigh from Sept. 15- Oct. 22. The Tony Award winning musical features Elton John and Tim Rice's music from the animated film along with three new songs by John and Rice. (See Preview Stage & Screen for details.)

Openings



The Enemy Within: Terrorism in America from 1776 to Today exhibit at Exploris in Raleigh, provides a historical perspective on contemporary issues of homeland security and civil liberties. The exhibit focuses on nine major events in history when Americans felt threatened by enemies within its borders and will be at the museum through Nov. 26. (See Preview Museums for details.)

CHRIS ALEXANDER



ARTSPACE

Preview

by Jennifer Hadra

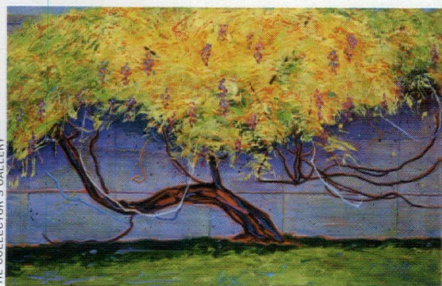
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RAMONA LEWIS & TRICIA MCKELLAR: Durham Arts Council Artist Services Exhibit; Allenton & Semans Galleries at the Durham Arts Council; Durham; (Opening Reception Sept. 7) Thru Oct. 15. Contact 919-560-2720 or www.durhamarts.org

THE SECRET LIFE OF TREES—LANDSCAPES BY LEE HEINEN: The Collector's Gallery, Raleigh; (Artists' Reception Sept. 7) Thru Sept. 30. Contact 919-828-6500 or www.thecollectorsgallery.com



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Wysteria by Lee Heinen, oil on canvas, 40 by 60 inches, is on view until Sept. 30 in an exhibition of Heinen's landscapes at The Collector's Gallery, Raleigh.

PAINTINGS BY SHIRLEY RUFF & DONNA COLSON: Oil & acrylic paintings inspired by the Outer Banks; Roanoke Island Festival Park, Manteo; Sept. 4-27. Contact 252-475-1500 or www.roanokeisland.com

ERIC MCRAÏ & NICOLE WHITE KENNEDY—RECENT WORKS: Nicole's Studio & Art Gallery, Raleigh; Sept. 15-Oct. 14. Contact 919-838-8580 or www.nicolestudio.com



NICOLE STUDIO & ART GALLERY

Duck Crossing, an acrylic painting by Eric McCray, is one of many coastal and city-scapes by McCray and artist Nicole's White on display at Nicole Studio & Art Gallery beginning Sept. 15.



DAVID RAMSEY

Rick Beck's cast glass sculpture *Three Kings* exemplifies Beck's exaggeration of everyday objects to monumental proportions. His sculptural abstractions are on display thru Oct. 29 at Cameron Art Museum, Wilmington.

ALEXANDER CALDER—COLOR IN MOTION: Animation and Fine Art Gallery, University Mall, Chapel Hill; (Opening Reception Sept. 8) Sept. 8-Oct. 12. Contact 919-968-8008 or www.animationandfineart.com

WANDA STEPPE: Glance Gallery, Raleigh; (Opening Reception Sept. 15) Sept. 15-Oct. 17. Contact 919-821-2200 or www.glancegallery.com



Local artist Kyle Highsmith, whose vibrant, colorful oil paintings are well-loved by his Raleigh audience, will display his works at ArtSource.

CHARMS OF THE REAL WORLD—WORKS BY KYLE HIGH-SMITH: ArtSource at North Hills, Raleigh; (Opening Reception Sept. 21) Thru Oct. 21. Contact 919-787-9533 or www.artsource-raleigh.com

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• **CLAIRE MARIE BURDULIS—"HEARTBREAKTHROUGH":** Lobby; (Opening Reception Sept. 1) Sept. 1-30

JEAN JACK AND ROBERT HASSELLE: Exhibition includes oil on canvas and horsehair ceramics; Gallery C, Raleigh; Thru Oct. 10. Contact 888-278-3973 or www.galleryc.net

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EVENTS AT DUKE UNIVERSITY DEPARTMENT OF MUSIC: Duke University, Durham; Contact 919-660-3333 or www.duke.edu/music

• **SAMUEL BREENE & RANDALL LOVE—"MOZART VIOLIN SONATAS":** Nelson Music Room; Sept. 14

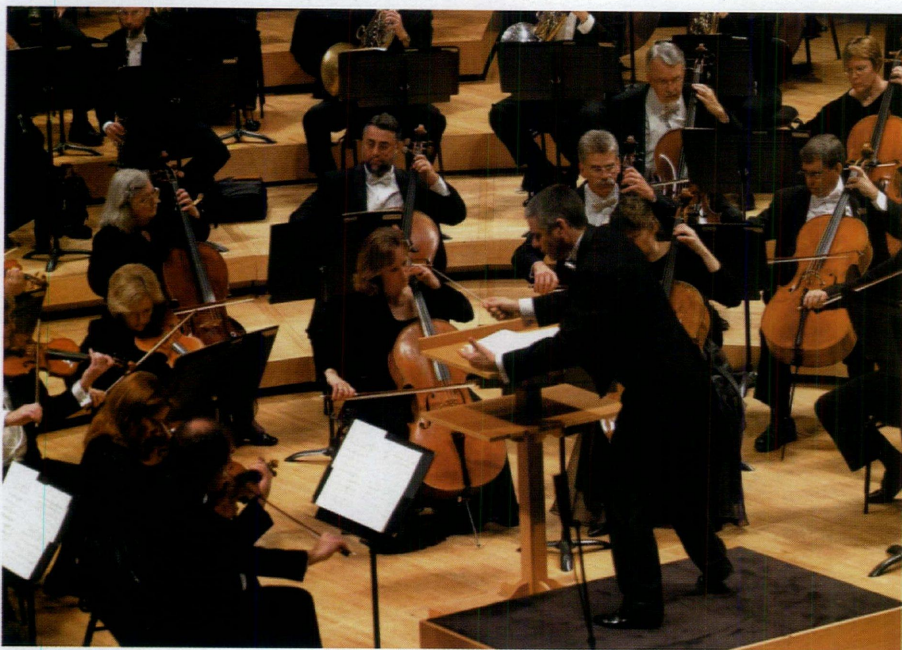
• **GUEST RECITAL—FRANCES HSIEH, BRIAN HOWARD & ELIZABETH TOMLIN:** Works by Bach, Beethoven, & Ravel; Nelson Music Room; Sept. 16



Public Spaces, an exhibit of paintings by Nancy Meadows Taylor will be on display in Artspace's Upfront Gallery thru Sept. 30.



Jenna Bischel's oil paintings of life size figures focusing on the physicality of human interaction are on view along with Amy Fichter and Yvonne Petkus thru Nov. 4 at Artspace.



The North Carolina Symphony will bring their classic sound to New Bern on Sept. 23.

- **DUKE WIND SYMPHONY:** David Rockefeller, director; Baldwin Auditorium; Sept. 28
- **DUKE SYMPHONY ORCHESTRA:** Harry Davidson, music director; Baldwin Auditorium; Oct. 4

POP MUSIC

CHAPTER 6: High energy a cappella and vocal band; NCSU Center Stage, Stewart Theatre; Sept. 8. Con-

tact 919-515-1100 or www.ncsu.edu/arts

KT TUNSTALL: The Ritz at Disco Rodeo, Raleigh; Sept. 12. Contact 919-834-4000 or www.livenation.com

CATESBY JONES & MANGO BONES: Airlie Gardens, Wilmington; Sept. 15. Contact 910-798-7700 or www.airliegarden.org

LYLE LOVETT: Season opening celebration perform-

ance; Memorial Hall, UNC-Chapel Hill; Sept. 15. Contact 919-843-3333 or www.carolinaperformingarts.org

DOC WATSON HILLS OF HOME WITH DAVID HOLT AND RICHARD WATSON: Concert will pay tribute to NC mountain music; Meymandi Concert Hall, Progress Energy Center for Performing Arts, Raleigh; Sept. 23. Contact 919-664-8302 or www.pinecone.org



Doc Watson will be joined by his grandson Richard Watson on guitar and by David Holt on banjo on Sept. 23, in the first of an eight-part Down-Home Concert Series at the Progress Energy Center for Performing Arts in Raleigh.

THE CODETALKERS: The Pour House Music Hall, Raleigh; Sept. 27. Contact 919-821-1120 or www.thecodetalkers.com

NICKEL CREEK: Grammy-winning trio plays music from every genre; Memorial Hall, UNC-Chapel Hill; Sept. 19. Contact 919-843-3333 or www.carolinaperformingarts.org

EVENTS AT ARTSCENTER: Carrboro; Contact 919-929-2787 or www.artscenterlive.org

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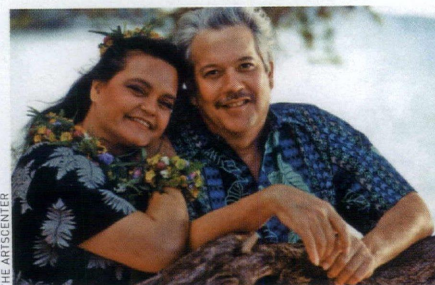
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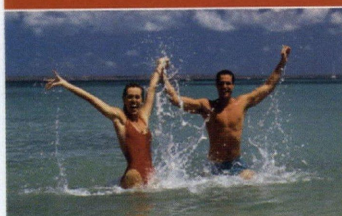


NICKEL CREEK
Mandolinist Chris Thile, guitarist Sean Watkins and violinist Sara Watkins of Nickel Creek will bring their eclectic sound to Memorial Hall at UNC-Chapel Hill on Sept. 19.

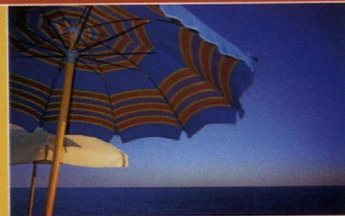


THE ARTSCENTER
Musician and dancer Keola and Moana Beamer will travel from Hawaii to kick off the 5th Annual World Arts Festival at The Artscenter on Sept. 22.

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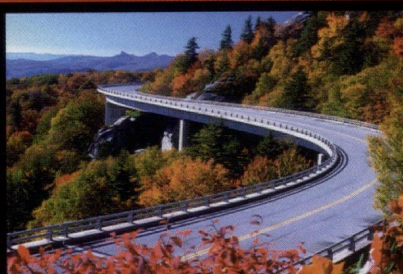
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- **DON DIXON, BLAND SIMPSON, & JIM WANN—KING MACKEREL SONGS & MORE:** Sept. 8 & 9
- **KEOLA & MOANA BEAMER:** Slack Key guitarist & hula dancer entertain after local Hawaiian dance troop Aloha Makana begins the evening; Sept. 22
- **9TH ANNUAL RUMI FESTIVAL—HUDOSTI:** Spend the evening with New York/Montreal based HuDost! Ensemble; Sept. 29
- **ORQUESTA GARDEL:** Salsa "supergroup"; Sept. 30
- **STAND W/THREE DAYS GRACE, BREAKING BENJAMIN, CROSSFADE, HINDER & BLACK STONE CHERRY:** Alltel Pavilion at Walnut Creek, Raleigh; Oct. 1; Contact 919-831-6400 or www.livenation.com

STAGE & SCREEN

THE LAST GOSPEL RESORT: Presented by Emmerich Theatre; Rocky Hock Playhouse, Edenton; Sept. 14-Oct. 14. Contact 252-482-4621

CAROLINA BALLET PRESENTS CARMEN: A.J. Fletcher

Opera Theater, Progress Energy Center for the Performing Arts, Raleigh; Sept. 14-24. Contact 919-719-0900

THE ACTORS' GANG IN GEORGE ORWELL'S "1984": NCSU Center Stage, Stewart Theatre; Sept. 16. Contact 919-515-1100 or www.ncsu.edu/arts

THE END OF CINEMATICS—MIKEL ROUSE: Rouse pays tribute to movies while lamenting the decline of cinematic artistry; Memorial Hall, UNC-Chapel Hill; Sept. 28-29. Contact 919-843-3333 or www.carolinaperformingarts.org

STANLEY-SPAIGHT REENACTMENT: Historical reenactment of duel between 19th century New Bern Political Rivals; Tryon Palace Historic Sites & Gardens, New Bern; Sept. 4. Contact 800-767-1560 or www.tryonpalace.org

EVENTS AT THE CAROLINA THEATRE OF DURHAM'S FEMME FATALE FILM SERIES: Durham; Contact 919-560-3030 or www.carolinatheatre.org

- **DEE WALLACE HOSTS CUJO:** Sept. 16
- **NANCY ALLEN HOSTS DRESSED TO KILL:** Oct. 6



The Actors' Gang will depict what life is like under a deceptive, misguided government in their presentation of George Orwell's classic novel *1984* on Sept. 16 at North Carolina State University.

TASK FORCE KATRINA SPECIAL EXHIBIT: The 82nd Airborne Mission in New Orleans in response to Hurricane Katrina; 82nd Airborne War Memorial Museum, Fayetteville; June-December. Contact 910-432-3443

VIETNAM—A LOOK BACK: Airborne & Special Operations Museum, Fayetteville; Thru Nov. 18. Contact 910-483-3003 or www.asomf.org

CLAY—SMOKE-FIRED POTTERY BY NATALIE BOORMAN & CERAMIC SCULPTURE BY CARMEN ELLIOT: Preservation Society of Chapel Hill Exhibition; Horace Williams House, Chapel Hill; Thru Sept. 17. Contact 919-942-7818 or www.chapelhillpreservation.com

QUATUOR STANISLAS, SIGHTS & SOUNDS ON SUNDAYS: In celebration of Monet in Normandy, program will include "Across the Atlantic—A French-American Connection," with music by Ravel & Brahms; NC Museum of Art; Oct. 8. Contact 919-715-5923 or www.rcmg.org

AVA GARDNER MUSEUM FESTIVAL: This year's festival includes free showings of Ava Gardner films, entertainment, arts & crafts fair and more; Smithfield; Sept. 29-30. Contact 919-934-5830

A MAGIC WEB—THE TROPICAL FOREST OF BARRO COLORADO ISLAND: A new traveling Smithsonian exhibition with vivid photography of tropical ecologist and nature photographer Christian Ziegler; Museum of Life & Science, Durham; Thru Oct. 12. Contact 919-220-5429 or www.ncmls.org

EVENTS AT THE NASHER MUSEUM OF ART AT DUKE UNIVERSITY: Durham; Contact 919-684-5135 or online at www.nasher.duke.edu

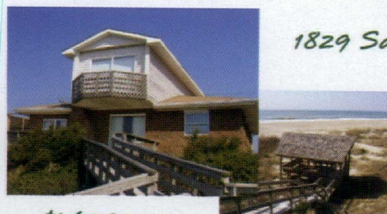
• **THE BARBARA & ANDREW ROTHSCHILD ANNUAL LECTURE:** Meet internationally known video artist Eve Sussman and members of The Rufus corporation who discuss their new work, *The Rape of the Sabine Women*; Museum Auditorium; Sept. 7

• **THE RAPE OF THE SABINE WOMEN, BY EVE SUSSMAN & THE RUFUS CORPORATION:** A video-musical inspired by the French neoclassical painter Jacques-Louis David's masterpiece, *The Intervention of the Sabine Women*; Thru Sept. 25

• **MEMORIALS OF IDENTITY, NEW MEDIA FROM THE RUBELL COLLECTION:** Exhibit features Video Art and examines the impact of historical change on individual, cultural and national identity; Thru Sept. 25

• **ARTIST LECTURE—GEORGE ROUSSE:** Rousse will talk about his signature trompe l'oeil installations; Museum Auditorium; Sept. 13

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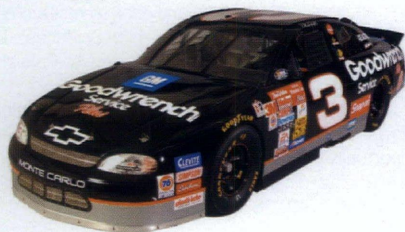
EVENTS AT THE CAMERON ART MUSEUM: Wilmington; Contact 910-395-5030 or online at www.cameronart-museum.com

- **MARC SIEGEL, CLASSICAL GUITAR:** Sept. 8
- **DANCE—AN AFTERNOON OF ARGENTINE TANGO:** Sept. 24
- **LECTURE—JAMES CUTLER PRESENTS *DESIGNING SENSITIVE ARCHITECTURE FOR COASTAL ENVIRONMENTS*:** Sept. 29; 8PM Reception Hall, RSVP 910-395-5999 ext. 1000 (limited seating)
- **GALLERIA CASES—FROM MECHANICAL TO MICROCHIP:** Thru Sept. 15
- **RICK BECK—*FORM*:** Thru Oct. 29

EVENTS AT THE NC MUSEUM OF HISTORY: Raleigh; Contact 919-807-7900 or www.ncmuseumofhistory.org

- **SUMMER FAMILY PERFORMANCE SERIES—APPLE CHILL CLOGGERS:** Sept. 10
- **HISTORY À LA CARTE—HILLBILLY HEAVEN, NC MUSICIANS, TRADITIONS AND INNOVATIONS:** Sept. 13
- **FAMILY DAY—MOVING ALONG:** See one of Dale Earnhardt Sr.'s racecars during this hands-on event about the state's transportation history; Sept. 23
- **A CLOSER LOOK—GOOD SPORTS:** NC Sports Hall of Fame exhibit drop-in program; Sept. 24
- **ROAMING THE MOUNTAINS WITH PEN & CAMERA:** Register by Sept. 26; event held Sept. 29; Contact 919-807-7969

NC MUSEUM OF HISTORY



Dale Earnhardt Sr.'s #3 GMC Chevrolet Monte Carlo will be on display at the NC Museum of History's Family Day on Sept. 23.

EVENTS AT THE ACKLAND ART MUSEUM: University of North Carolina, Chapel Hill; Contact 919-966-5736 or www.ackland.org

- **UPCLOSE AND PERSONAL—PORTRAITS OF THE ARTIST:** Showcases portraits by and of artists, spanning 300 years and in such diverse media as paintings, sculpture, assemblage, prints, drawings, photographs and video; Thru Sept. 24
- **BOOKS IN COSTUME:** Kim & Rosie Batcheller share their collection of works by the Sobota family; Thru Sept. 10

Metro Magazine

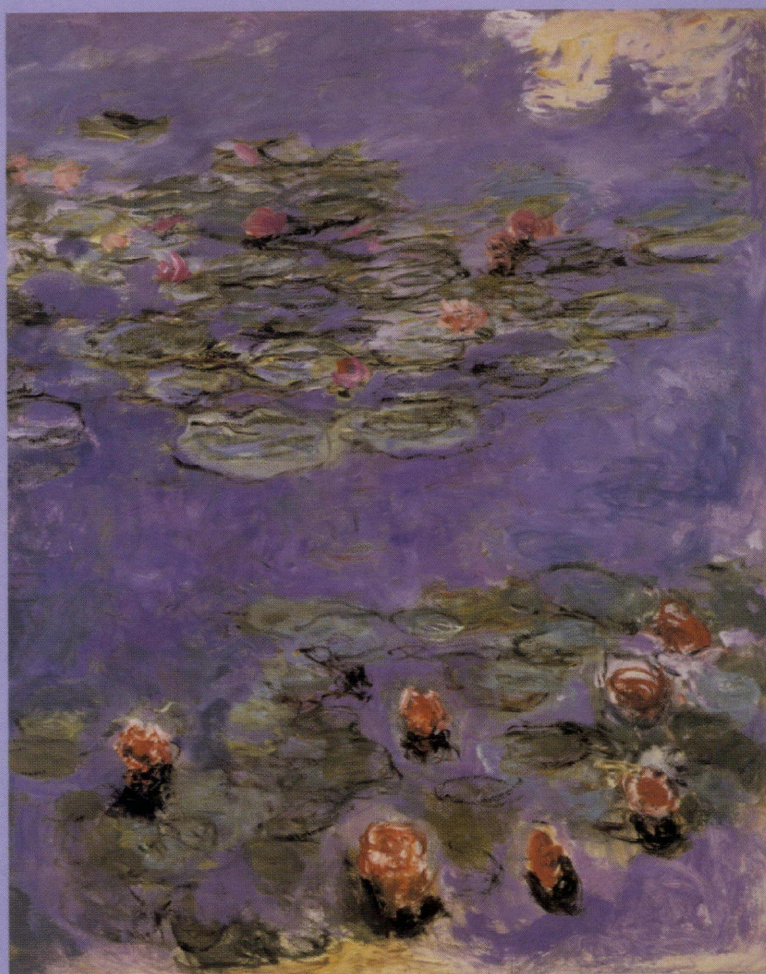
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Monet

IN NORMANDY

October 15, 2006–January 14, 2007



Claude Monet, *Water Lilies*, 1914–17, Fine Arts Museums of San Francisco

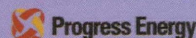
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• **DEPTH OF FIELD—PERSPECTIVES ON 20TH CENTURY PHOTOGRAPHY:** Oct. 8-Dec. 31

EVENTS AT THE NC MUSEUM OF ART: Raleigh; Contact 919-839-6262 or www.ncartmuseum.org

• **PAPERHAND PUPPET INTERVENTION:** Set to live music, this production features a mix of nature puppets, masks and stilt walking; Joseph M. Bryan, Jr. Theater; Sept. 8 & 9

• **FRENCH SCULPTURE FROM THE COLLECTION OF LYNNE & MARK HAMMERSCHLAG:** Ongoing

• **CONTEMPORARY NC PHOTOGRAPHY FROM THE MUSEUM'S COLLECTION:** Sept. 3-Nov. 5

• **REVOLUTION IN PAINT:** Sept. 17-Feb. 11

POTPOURRI

CLAYTON HARVEST FESTIVAL: Carnival Rides, Chairmen of the Board performance, car show, and arts & crafts; Clayton Area Chamber of Commerce, Clayton; Sept. 13-17. Contact 919-553-6352

5TH ANNUAL WOOF-A-PALOOZA: Dog walk benefiting Chatham Animal Rescue & Education, Inc.; Central Carolina Community College, Pittsboro; Sept. 16. Contact 919-542-5757 or www.chathamanimalrescue.org

STORYTELLING FOR ADULTS—PARENTING THE 21ST CENTURY CHILD: Adult storytelling and discussions inspired by characters in worldwide stories; Durham County Public Library, Durham; Sept. 16. Contact 919-321-8969

HAYRIDE TOURS OF OAKDALE CEMETERY: Narrated tour of NC's oldest rural cemetery; Oakdale Cemetery, Wilmington; Sept. 17 & 24. Contact 910-762-5682 or www.oakdalecemetery.com

AFRICAN-AMERICAN HISTORIC DOWNTOWN WALKING TOUR: Learn about 300 years of African-American history while touring New Bern's historic district; Reservations required; Sept. 17. Contact 800-767-1560 or www.tryonpalace.org

AFRICAN-AMERICAN LECTURE: Guest speaker, C. Rudolph Knight chronicles the development of Princeville, NC from its inception as "Freedom Hill" during the Civil War; Tryon Palace Historic Sites & Gardens, New Bern; Sept. 21. Contact 800-767-1560 or www.tryonpalace.org

DIAMONDS ARE A DINER'S BEST FRIEND: Dinner series featuring executive chefs from five of the area's AAA Four Diamond award-winning restaurants gather in one another's kitchen's to prepare a culinary masterpiece; Il Palio Ristorante at The Siena Hotel, Chapel Hill; Sept. 21. Contact 919-918-2545

55TH ANNUAL BENSON MULE DAYS: Festival includes mule events, rodeos, barbecue cook-off, arts and crafts, street dances, concert and golf tournament at Reedy Creek Golf Course; Benson; Sept. 21-24. Contact 919-894-3825



The MS 150 Magical Mystery Bike Tour will challenge riders to travel 150 miles of Coastal North Carolina to raise money for the fight against MS on Sept. 9-10 in New Bern.

JC RAULSTON ARBORETUM 30TH ANNIVERSARY SYMPOSIUM—PLAN AND PLANT FOR A BETTER WORLD: Symposium celebrates founding of JC Raulston Arboretum at NCSU and JC Raulston's life through speakers drawn from colleagues, students, plant professionals and the nursery industry; McKimmon Center, NCSU; Registration now open; Sept. 22-24. Call 919-513-7005 or online at www.ncsu.edu/jcraulstonarboretum/symposium

THE GARDEN CONSERVANCY OPEN DAYS GARDEN TOUR: Featuring six private gardens and JC Raulston Arboretum; JC Raulston Arboretum at NCSU, Raleigh; Sept. 23-24, rain or shine. Contact 888-842-2442 or www.opendaysprogram.org

59TH ANNUAL CHOWAN COUNTY REGIONAL FAIR: Amusement rides, entertainment & great food for all; American Legion Fairgrounds, Edenton; Sept. 26-30. Contact 252-482-4057

TWEETSIE GHOST TRAIN HALLOWEEN FESTIVAL: Ride the frighteningly fun ghost train with engineer Casey Bones & his Ghostly Crew; Safe & scary fun for all ages; Tweetsie Railroad, between Blowing Rock & Boone; Sept. 29-Oct. 28 (Fridays & Saturdays). Contact 877-TWEETSIE or www.tweetsie.com

FALL SHAKORI GRASSROOTS FESTIVAL OF MUSIC & DANCE: Live music, dancing, children's area, puppets, parades, crafts, food, camping & fun for all ages; Shakori Hills Farm, Silk Hope; Oct. 5-8. Contact 919-542-8142 or www.shakorihills.org

HERITAGE DAY AT JORDAN LAKE: Celebrate Jordan Lake's natural & cultural heritage with historical

demonstrations & hands-on activities; Jordan Lake State Recreation Area, Apex; Oct. 7. Contact 919-362-0586

CELEBRATE NC WINES: Event showcases award-winning NC wines, demonstrations of food & wine pairings, and looks at viticulture and enology research at NCSU College of Agriculture & Life Sciences; JC Raulston Arboretum at NC State University, Raleigh; Oct. 8. Contact 919-513-3826

2ND ANNUAL TASTE OF THE TOWN: Taste expedition allows past, present and future theatre-goers the opportunity to experience diverse selections of downtown dining; Thalian Hall, Wilmington; Sept. 28. Contact 910-343-3664 or www.thalianhall.com

SPORTS AND RECREATION

MS 150 MAGICAL MYSTERY TOUR: Two-day Coastal bike tour to unlock the mysteries of MS; New Bern; Sept. 9-10. For more information please contact the national MS Society at 800-FIGHT MS or visit www.msbiike.org

TAKE A SWING AT LUNG CANCER GOLF TOURNAMENT: Benefiting the American Lung Association of NC; Pine Needles Golf Club, Southern Pines; Sept. 14. Contact www.lungnc.org

8TH ANNUAL CYCLE NC MOUNTAINS TO THE COAST TOUR: Bicyclists will travel from Banner Elk to Emerald Isle; Sept. 29 - Oct. 7. Contact 919-361-1133 or www.cyclenorthcarolina.org

ALANC CENTENNIAL LUNG RUN AND ASTHMA WALK: Research Triangle Park; Sept. 30. Visit online at www.lungnc.org

4TH ANNUAL BILL GAINES MAKE-A-WISH GOLF CLASSIC: Pre-Tournament reception, post-play pig pickin' and on-course refreshments included with registration fee; Crooked Creek Golf Club, Fuquay-Varina; Oct. 3. Contact 800-432-WISH

TENNIS CLASSIC 2006: Women's Doubles event to benefit Interact; Cary Tennis Park, Cary; Oct. 6. Contact 919-828-7501 or www.interactofwake.org

Our thanks to Cyndi Harris and Mary Younger for their assistance with MetroPreview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Jennifer Hadra, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: jennifer@metromagazine.net



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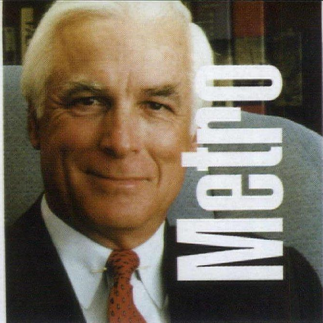
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Editor-at-Large

by Jim Leutze

IF DAMS RUN FREE FOR FISHY FRIENDS

There is great excitement among some of my “finny” friends. Well, at least my anadromous finny friends. (Anadromous fish migrate between fresh and salt water.) Folks like Sam, the striped bass, Elmer, the American eel, Sara the sturgeon and the whole shad dynasty have grown up with the mythology of the open Cape Fear of old. You know, clear flowing water, wondrous spawning beds and endless games of fool the fisherman. Their excitement has been fueled by rumors that Lock and Dam No. 1 and maybe No. 2 and No. 3 may be removed so that the river runs free again for the first time in over 70 years. Free running water means better quality water, which helps all the fish, not just the migratory ones. In view of all the bad environmental news of late regarding over-development, storm water runoff, etc., this seems like a real golden opportunity.

Back then there were no dams on the Cape Fear. Commercial traffic could go, unimpeded, to Fayetteville, and the fish could go as far as Durham. Over the years, dams were built across the river, some to generate electric power needed by growing communities and others like Lock and Dam No. 1 to facilitate boat traffic. And, in the case of that particular dam, the waters above it provided water for the growing New Hanover County. These dams were part of a movement that started with the settlement of the country to tame nature and harness it to the whims of the public.

There are more than 75,000 dams in the United States and many of them are old or obsolete. Consequently, many groups are lobbying to have them breached or possibly removed. It is a hot topic—if you Google “dam removal” you’ll get over 79,000 entries, which is more than one for each dam. Everyone realizes that the con-

sequences of taking out a dam have a variety of potential environmental impacts, so these projects must be approached carefully. However, the preponderance of the evidence suggests that the positive results outweigh the negative.

In the case of the Cape Fear, the issue of removing the dam first surfaced with planning to mitigate the environmental impact of the Wilmington Harbor Dredging Project. (See last month’s column in the August 2006 *Metro*—www.metronc.com) Deepening and widening the channel will increase



the amount and extent of salt water in the upper reaches of the Cape Fear. To help this effect, the US Fish and Wildlife Service began examining ways to improve the upstream habitat. Several ideas were explored, including improved fish ladders and a bypass around Lock and Dam No. 2. At almost the same time, the Corps of Engineers began thinking about what to do with the locks they maintained on the river since there was no commercial traffic. Actually, the locks were being used primarily to facilitate the movement of migratory fish. (They fill the lock with water and fish, then open the gates at the other end and allowed the fish to swim out.) This use no longer justified the cost (about \$800,000 per year) to the Corps for maintaining the locks in operational condition. There also is the safety issue should an improperly maintained dam collapse.

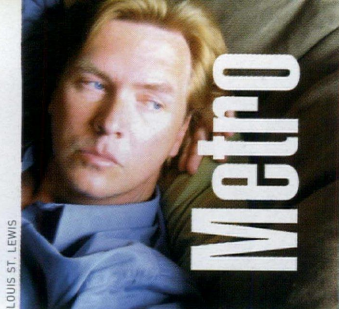
To the fish biologists, the evolving problems presented a welcome opportunity. If the locks and dams were removed, the impact on the fish populations would be dramatic. My migratory fish friends would be able to return to their traditional patterns

with a consequent explosive increase in their numbers. Fish dreams would become reality, while at the same time improving the overall health of the ecosystem.

Nothing this positive can be accomplished without some hurdles to clear. For instance, as mentioned before, Wilmington and part of New Hanover County draw its water from above Lock and Dam No. 1. On April 4, 2006, the Wilmington City Council passed a resolution stating that since 250,000 people were dependent on the water drawn from the river above

Lock and Dam No. 1 that “any and all actions related to the modification and/or removal of Lock and Dam No. 1 [should] include considerations related to the water supply, economic, and financial impacts to the citizens of the City of Wilmington and Southeastern North Carolina.” That sounds very reasonable and wise. And, indeed, if Locks No. 2 and No. 3 further upriver are to be removed or modified, it would be equally wise to solicit the input of Fayetteville and the Cape Fear River Assembly. Real and viable environmental projects that are going to gain and deserve public support must come as the result of careful study. Even good public policy is sometimes the victim of the Law of Unintended Consequences.

As far as my fish friends are concerned, they are flushed (do fish flush?) with excitement. Sara the sturgeon, with true maternal instincts, can only think about the home for her children she’d like to clear in the sands above Fayetteville. Sam the striped bass, the most literate of the group, said: “How appropriate that the Cape Fear, which drew explorers to North Carolina, and whose broad waters provided an avenue for the colonists to the interior, may once again flow ‘unfettered to the sea.’” MM



Artist-at-Large

by Louis St. Lewis

FASCINATING PORTRAITS AT ACKLAND

I have always loved portraits and have collected them for decades. I have them hung in the 18th century manner, like postage stamps on my walls, and as I move from room to room they are always there, watching from the past in brocades and silk. There is just something about the face that fascinates, something about the eyes that haunt. A portrait created by competent hands can be a stunning study in the psychology of the sitter. What is it about portraits that continues to draw us deeper into their web? Lucky for the art cognoscenti of North Carolina, the Ackland Art Museum at UNC Chapel-Hill (www.ackland.org) currently has on display a fantastic show: *Up Close and Personal*, showcasing portraits by and of artists.

I was immediately charmed by the elegant bronze of *Young Raphael* by Albert-Ernest Carrier-Belleuse with its seductive surface and masterful handling of material. Carrier-Belleuse began his career as a goldsmith's apprentice, imme-



Elizabeth Charlotte D'Orleans by Joseph Albrier for Louis-Phillipe

diately evident in his attention to surface and detail. If you have strolled down the grand staircase of the Paris Opera, you have seen the artist's grand torchières that grace the building. Carrier-Belleuse made quite

an impact on the French art scene, and was an important teacher and mentor to the young Rodin.

In another area of the museum I spotted the flash of a movie star smile. Who can go wrong with Andy Warhol's *Liz* from the mid '60s? Barbara Matilsky, the savvy curator in charge, has arranged the show thematically, including "the artist in the studio," "the artist as genius," "the artist and high society" and other categories. This is the perfect chance for an intimate look at not only how artists view themselves, but their patrons and contemporaries as well. Plenty of recognizable names are in the mix, from Marc Chagall to Jim Dine, so check out this exhibition at this jewel of a museum before the show comes down later this month.

GALLERY SCENE

While you are in Chapel Hill looking around, why not pop over to University Mall to see the new paintings on display by Gayle Stott Lowry at Tyndall Gallery (www.tyndallgalleries.com) Lowry has been on quite a roll recently. Her paintings are growing more ambitious, as well as more accomplished as the years roll by, and her current body of work shows her in great form. Moody landscapes, empty rooms ... Lowry infuses each painting with an air of mystery. I also want to congratulate Scott Eagle on his recent masterful exhibition at the gallery. There are a lot of artists out there capable of producing work for a solo show, but the Greenville artist consistently creates very sophisticated works of art that are head and shoulders above many of his contemporaries, especially in terms of inspiration, design and tightness of execution. If you are lucky, Jane Tyndall might have a few

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works left over from his show to pull out from the back to show you.

Speaking of Greenville, congratulations to Peg Hardee and Torrey Stroud on the major renovations to City Art Gallery (www.city-art-gallery.com). The space has been enlarged and looks fantastic. I'm certain that the ladies are thrilled with the results. Now that the road makes it a smooth, short ride from Raleigh to Greenville, art lovers will find it worth their while to make the jaunt over to see what's on the walls. For September, figurative work takes center stage for an exhibition of talented stable artists including Kim English, Richard Garrison, Kate Long, Gayle Tustin and Kate Worm. The South has always been known for its strong figurative leanings in art, and these artists show that the tradition is as viable as ever.

While you are in Greenville, why not pop over to see what's up at the Greenville Museum of Art (www.gmoa.org). It's worth the trip just to see Kenneth Noland's *Mysteries: West Light*. The museum also boasts a great collection of fine paintings from Francis Speight and the late



Gayle Stott Lowry, *Was It Real or in a Dream?*, oil on canvas

Sarah Blakeslee. In the Commons Gallery, you can find excellent examples of work from North Carolina artists including George Bireline, Minnie Evans, Maud Gatewood, Paul Hartley, Herb Jackson and Hobson Pittman. Barbour Strickland has done an excellent job in running the museum and keeping patrons and bene-

factors excited about what's going on in the gallery. There are always new things to see. I'm just sorry that I didn't get a chance to witness what Charlene Harless of Gallery C selected for the GMA Artist Association Juried Art Exhibition which recently closed, I know that show must have been a trip! **MM**



PHOTO: Scott Witter, scottwitter.com

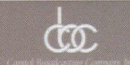
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SALUTE TO FRANCES SMITH

This month marks five years that I have been writing for *Metro*. You and I have visited in this space more than 50 times and talked about everything from Bertie County corn meal dumplings to adventures abroad. Writing each column has been a source of great pleasure, and I have particularly enjoyed your comments. This is an appropriate time for me to tell you I appreciate that you read "Between You and Me" and each kind word and interesting observation my ramblings have prompted.



I have decided it is time for me to leave Metro Magazine. Though ... my love for the magazine only increases the longer I stay, I cannot stop the years from rolling on.

My excitement about reaching this five-year milestone, however, turned bittersweet when I received an e-mail from Senior Editor Frances Smith, saying she is retiring. She has been with *Metro* since the start and given yeoman service. Each month, Frances has been a vital part of the scramble to put the pieces together, go to press, and get another copy of *Metro* to you on schedule.

In addition, you have seen her byline on "Preview," that section of *Metro* that many of you turn to repeatedly during the month for information about events in the Triangle and Eastern North Carolina. I will never understand how she has been able to process all the information that comes to her and present it to you and me in such an attractive and useful format each month.

I just checked the *Metro* masthead. She is listed just below "My Usual Charming Self," with whom, bless her heart, she has worked closely, patiently and effectively all these years. The rest of the gaggle, including me, is listed next as "Contributing

Editors," which with many publications means, "Here today, gone tomorrow." However, in the case of *Metro*, many, like me, have demonstrated staying power. That is a good thing, because, present company excepted, it is a remarkably talented group of writers. I am proud to be listed with them.

It has been my pleasure to work closely with Frances, although in a thoroughly modern way—via e-mail. I think we have met only twice, each time at the talk-of-the-town Christmas party Bernie and Katie

Reeves host annually for friends, *Metro* staff and writers. In anticipation of our first meeting, I offered to provide a red boa so I would recognize her across the way. We managed to find each other without that extreme measure, even though if I had forwarded a red boa, this quiet, gentle and sophisticated lady probably would have been sport enough to make an entrance wearing it—perhaps with six-inch heels.

I was just talking on the phone with my friend and neighbor, Penelope Niven, the accomplished writer who penned the definitive Carl Sandburg biography and continues to win literary awards. I asked her if she had any thoughts I could share with you about editors.

"If you are lucky, your relationship with your editor will be like a good marriage. It will be a partnership. A thoughtful editor will work with you and make your writing better," Penny said. I agree.

I have always felt comfortable with my copy in Frances' hands. And I have respected her comments and valued her assistance. For starters, she was reared in

Goldsboro and, like myself, a child of the East. Her mother's folks were Boyces and Outlaws from the Albemarle—Edenton, Elizabeth City and Cannon's Ferry. She graduated from The Angel Farm in Raleigh and for nine years worked with the legendary writer and publisher Clarence Poe at the *Progressive Farmer* magazine. Later, she received a master's degree in English at NC State University. She appreciates the rural South, and especially Eastern North Carolina with its expansive fields of row crops and countless small towns and communities.

President Dwight Eisenhower was a good fellow, but he was no great speech maker. He said little that was memorable, and someone once quipped that *The Quotable Eisenhower* is one of the shortest books ever written. However, just last week I heard his famous caveat about the "military-industrial complex" cited. And he made another statement that I found years ago and included in a speech made by a distinguished North Carolina political figure at the annual Masonic picnic in Mocksville—the county seat of Davie County. The Masonic picnic has been held annually since 1878 and became a fundraiser for the Oxford Masonic Home for Children in Granville County and the Masonic and Eastern Star Retirement Home in Greensboro. Masons throughout Down East also provide strong support for these two homes.

General Eisenhower was reared in Abilene, KS. "Now there is no need to sell me small town America," he said. "I think for any Americans who had the great and priceless privilege of being raised in a small town, there remain always with them nostalgic memories of those days. And the older they grow, the more they sense what they owe to the simple honesty, the neighborliness, the integrity that they saw all around them in those days, and took for granted, and that they learn to appreciate only as they grow older and dwell more in

other places of the earth."

Frances had "that great and priceless privilege" to which the president referred, and, consequently, she could relate to the copy I submitted via e-mail each month. Between you and me, I have always written as if Frances were standing behind me looking over my shoulder. It has been a matter of pride not to let spelling errors slip through or get my facts tangled—dates, counties where towns were located, and the sort.

Frances would probably agree with millionaire financier and adviser to presidents, Bernard Baruch, who said, "Every man has a right to his opinion, but no man has a right to be wrong in his facts." Frances taught English at NC State and is well-grounded as a wordsmith. She checked facts it never occurred to me to verify and from time to time, after politely conferring with me, she cleaned up my syntax. Hardly a month has passed in five years that I have not had second thoughts after forwarding copy (Frances has learned that I refer to it as an attack of "writer's remorse.") and e-

mailed Frances asking her to check behind me on something.

Sometimes in my enthusiasm, I have been tempted to step beyond the bounds of good taste. Most of the time, I think, I have reined myself in. I do know that the sure knowledge that this skilled and decent woman was reading carefully every word kept me in check when I flirted with calling someone an "old fart" or worse. Maybe when we are born, God should assign us a personal editor-for-life, to make us better people.

Frances probably will be "mortified," as we say Down East, to find she figures prominently in this column. She might rather slip quietly away. However, she holds too dear a place in our hearts for us to allow that.

Let me conclude with words from Frances Alexander Smith's farewell e-mail to her colleagues.

I have decided it is time for me to leave Metro Magazine. Though ... my love for the magazine only increases the longer I stay, I

cannot stop the years from rolling on.

I am sure that you all realize how fortunate you are to work and write for this regional magazine that has erupted on the scene and has grown and developed astonishingly fast. Metro has a noble purpose—to bring closer together the "Down East" area of the state and the Triangle area with the enhancement of both as the outcome. I have seen it happening, and it is a thrilling occurrence.

Bernie Reeves is ... a person with unique talents as a writer and a publisher. One of his most important areas of expertise is in selecting and retaining excellent writers, design artists, marketing and sales representatives and administrative workers. If Bernie is the heart of Metro, the writers are its soul. I admire each of you, not only for your writing ability but also for your expertise in your individual fields.

I will miss you all. But I will read the fine columns and features, enjoy the eye-appealing graphics and be influenced by the persuasive ads for years to come. I will always love Metro Magazine.



Photo courtesy of Church of the Good Shepherd, Raleigh

CAN YOU FIND YOUR CALLING ON PUBLIC TELEVISION?

Ask David Crabtree

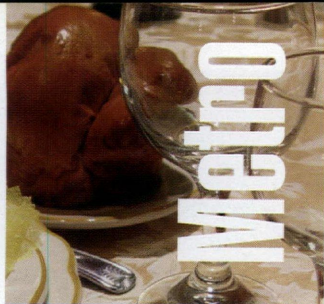
Thousands of North Carolinians recognize David Crabtree from his work as an award-winning news anchor on WRAL-TV in Raleigh. But a much smaller number of people know him for something very different. David Crabtree is also a vocational deacon in the Episcopal Church with a focus on ministering to those on death row and in hospice care.

Some years ago, David saw a public television special hosted by Bill Moyers on the inspiring history of the familiar hymn *Amazing Grace*. He was so moved by the story that he enrolled in the Vanderbilt University School of Divinity, which ultimately led him to the church work he does today.

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Gourmet

by Moreton Neal

The Joy of Jibarra

MEXICAN FINE DINING ARRIVES IN THE TRIANGLE

When I first visited Mexico City in the early '70s, it was still referred to as "the Paris of the Western Hemisphere." The streets were lined with roses and palms, sidewalks overflowed with beautiful people in designer splendor, and elegant downtown restaurants served some of the most interesting food I'd ever tasted.

Soon after that trip, my culinary compass turned toward Europe. Of course, there was no shortage of south-of-the-border type restaurants around here, but nothing remotely comparable to my Mexico City dining adventure. Local eateries offered a pretty standard nachos and tacos menu—each dish served with the obligatory canned refried beans. Exceptional Mexican fare was a distant memory—reawakened only when I tasted the first bite of Jibarra's amazing food.



Rompope del Convento

Not since my first dinner at Fins, have I had the same sensation here in the Triangle: awe mixed with pure delight. From the *amuse bouche*, a parody of Mexican street food (corn salad served in a tiny paper cone accompanied with a miniature black bean cake) to dessert (avocado ice cream with tomato marmalade and





cilantro sponge cake), the meal was absolutely magical.

The chef's skill and playful artistry reminds me of meals enjoyed in Michelin-starred restaurants of France and Spain—each bite almost exploding with seductive flavors. As it turns out, Chef Ricardo Quintero was recruited from Akelarre in San Sebastian, one of Spain's most well-known avant-garde restaurants. Sous Chef Marianne Olivera joined Quintero from an apprenticeship in Lyon, the dining epicenter of France. Both were originally trained in Mexico before crossing the ocean and back, lured to Raleigh to fulfill the dream of Jibarra's owner/manager, Joel Ibarra.

Born in Mexico but raised and educated in Raleigh, Ibarra joined the family's successful El Rodeo restaurant chain as a teenager and worked his way up to manager of the Pleasant Valley branch. In his twenties he returned to Mexico, a trip that changed his life. "Until then I had never been exposed to my native country's food outside standard Tex-Mex café fare, and my mother's home cooking. I had no inkling how complex and sophisticated the country's cuisine could be. Dining in the city's outstanding restaurants was a true awak-

ening for me"

When Ibarra returned to Raleigh, he decided the Triangle was ready for modern Mexican dining. He envisioned a restaurant that rivals the best eateries in the area. With

Jibarra, I believe he has fulfilled his mission.

The menu offers traditional regional dishes from all over Mexico interpreted with playful artistry by Quintero: Whimsical smoky crab and corn soup garnished

Esquites (Mexican-Style Corn)

Jibarra had me hooked after I took the first bite of this delicious corn dish. Though you will miss the charm of Chef Quintero's presentation at home, try this recipe for an unusual side dish using the last corn of the season. Besides very fresh corn, the secret ingredient is the epazote for which there is no substitute. Try your local Mexican tienda for the herb, and pick up the chile and the queso fresco while you're there.

- 1 T.** corn oil
- 1/2 cup** diced white onion
- 1 cup** fresh white corn kernels
- 1 cup** fresh yellow corn kernels
- 1 piece** chile serrano (diced, seeded and deveined)
- 3 leaves** of epazote (a Mexican Herb), chopped finely
- Juice from one lime
- 2 T.** mayonnaise
- 1 T.** queso fresco (a Mexican cheese), crumbled
- Salt and pepper to taste

Sauté the onion in the corn oil for about 30 seconds. Add the corn kernels and chile serrano. Cook for another 5 minutes. Add the epazote, then remove the pan from the heat. Cool to room temperature. Stir in the lime juice, mayonnaise, cheese and seasonings.

with crab-wrapped "canelloni"—(the faux pasta—actually a roulade of pure butter that melts as the hot soup is poured over it); *Pescado a la Veracruzana*—snapper in a tomato chile salsa with olives and capers; and *Cabrito Asado al Horno*—slow roasted young goat served with potato confit and guacamole were bursting with flavor and texture surprises.

Olivera's desserts equal Quintero's imaginative flavor combinations. Her buttery bread pudding soaked in a light orange syrup served with a chocolate-cinnamon ice cream was, typical of her style, both comforting and tantalizing.

Jibarra's tequila bar is an education in itself. I didn't realize so many kinds of tequilas existed, all high-end, nary a bottle of Jose Cuervo in sight. For budding connoisseurs, the bar offers a tequila tasting every Wednesday night. Those of us who enjoy citrus with our tequila can try one

of many Margarita choices, including the house special with its distinguishing splash of agave syrup.

This extraordinary restaurant isn't for everyone. *Metro* readers looking for homey Mexican food a cut above standard Tex-Mex fare should head toward the excellent La Fiesta on Highway 54 a few miles west of Carrboro. Those looking to experience a world class chef's interpretation of the best in regional Mexican cuisine will find Jibarra a rare and rewarding adventure in fine dining.

NIBBLES

Metro's own wine columnist and author of several books—including *Wine with Food*—will teach two courses for the Duke Continuing Education Program at the Bishop's House on East Campus this fall. To enroll in **Barbara Ensrud's** "Wines of France" course on Tuesdays, Oct. 10-31, and "Wines of Italy," on Tuesdays, Nov. 7-28, call 919-684-6259 or log onto www.learnmore.duke.edu.

In Raleigh, the prodigal son returns to

Glenwood Grill. After over a year at Sullivan's, John Wright, responsible for the Grill's original Low Country flavors, will once again bring signature specialties such as Sweet Onion Pancakes with Corn Cream Sauce and Crayfish to the menu. The change will be heralded by a colorful refurbishing of the dining room.

Glenwood's former chef, James Maples, has moved to **La Residence** in downtown Chapel Hill where he has created an exciting new menu. La Rez welcomes both Maples and a new pastry chef trained at the Cordon Bleu in Paris, Katrina Ryan, who specialized in classic French and Italian desserts. Don't miss her perfect mascarpone cheesecake.

Downtown Raleigh will soon boast two eateries from the collaboration of Chef Ashley Christensen (from Enoteca Vin) and Empire Properties. Some of the best burgers and Reuben sandwiches in town are already coming out of the kitchen at the **Raleigh Times Bar**. This month Christensen's interpretation of soul food



Olivera



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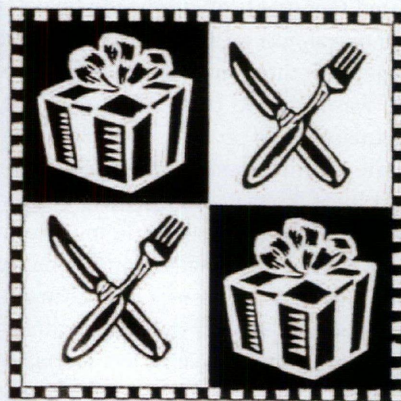
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will be available at **The Kitchen** on Hargett Street.

Kitty Hawk lost one of its best dining rooms over a year ago when Carolina Blue's owners, Chip Smith and Tina Vaughn, moved to Raleigh to help open the new JK's in North Hills Mall. Smith and Vaughn soon decided less is more. They left JK's to open tiny **Bon Soiree** this summer in Chapel Hill. The couple modeled their place after favorite country restaurants in Southwest France with their small menus featuring specialties of that region. Triangle gourmets can expect the highest standards from Chef Smith, trained by one of the best chefs of the last century, the late great Jean-Louis Palladin.

This month, the three owners of Pop's Trattoria in Durham will open their new downtown venture, **Rue Cler Restaurant and Bakery Café**, modeled after a bistro located in Paris. We can all be a part of the creative process and give input on the trio's blog reached through www.pops-durham.com. **MM**

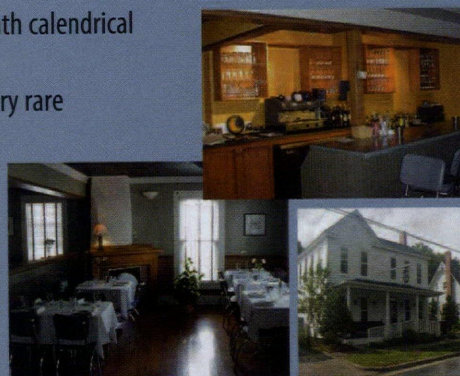
blue moon

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RESTAURANT GUIDE

RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh. (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Mon. through Fri. and dinner seven nights a week.

Bella Monica – 3121-103 Edwards Mill Rd., Raleigh. (919) 881-9778. A family-run trattoria with recipes handed down from our grandparents. Authentic Neapolitan entrées featuring crisp, thin crusted pizza called FlatBread, Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood wine bar with all-Italian list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. Voted "Best Italian" by AOL cityguide & citysearch.

Bistro 607 – 607 Glenwood Avenue, Raleigh. (919) 828-0840. This cozy house turned restaurant located at the top of Glenwood South offers a wide variety of immaculate dishes from this region and afar. Market fresh fish daily. Open for lunch Mon. through Fri. 11:30-2:00 pm. Dinner Mon. through Sat. 5:30-10:00 pm. Closed Sunday. www.bistro607.com.

Bloomsbury Bistro – 509 West Whitaker Mill Road, Ste 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today* and voted Best Restaurant in the 2005 MetroBravo Awards.

Carolina Ale House – 513 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. 3911 Durham-Chapel Hill Blvd, Durham. (919) 490-2001. 7981 Skyland Ridge Parkway, Raleigh. (919) 957-4200. Something for everyone - we offer our award-winning menu 7 days a week from 11am until 2am and serve up all the sports action on over 40 TVs. Daily lunch and dinner specials, the coldest \$2 pints in town, 99 cent Kid's Tuesdays, we've got your family covered.

Glenwood Grill – 2603-151 Glenwood Ave., Glenwood Village Shopping Ctr., Raleigh. (919) 782-3102. Triangle favorite for 16 years. Popular Chef John Wright returns with new tastes and new ideas. Old favorites, plus menus changes every few weeks, brand new Bar Menu. Voted No. 1 Power Lunch again by *Metro* readers. Personable waitstaff. Outstanding wine list. Lunch/Dinner, Mon.-Fri., Dinner – Sat. Closed Sun. for the summer. Call for reservations. www.glenwoodgrill.com.

The Grape at Cameron Village – 403 Daniels Street, Raleigh. (919) 833-2669. The Grape is the ultimate destination for great tasting wine and food in a relaxed, entertaining atmosphere where "Taste is All that Counts." Taste and enjoy over 120 unique wines and delicious gourmet fare in the Wine Bar before purchasing wines in the retail Wine Shop. Services include wine tastings, wine dinners, catering and live entertainment. Retail Store Hours: Mon. - Sat. 10:00 am to 9:00 pm; Sun. 12:00 pm to 6:00 pm. Wine Bar Hours: Mon. - Thurs. 11:00 am - 11:00 pm; Fri. - Sat. 11:00 am to 12:00 am, Sun. 12:00 pm to 9 pm; Sunday Brunch begins at Noon.

Jibarra Restaurant – 7420 Six Forks Road, Raleigh (919) 844-6330. The first upscale Mexican restaurant in the area featuring eclectic, flavorful dishes representative of each region of Mexico. To complement our dishes, we feature a posh Tequila Lounge offering premium cocktails made with fresh-squeezed citrus, and distinguish ourselves with a unique wine list featuring exquisite wines from Spain and Latin America. Now offering Sun. brunch and new lunch menu, www.jibarra.net.

Margaux's Restaurant – 8111 Creedmoor Road - Ste. 111, North Raleigh. (919) 846-9846. Consider Margaux's for your next event, party of private dining experience. Two beautiful, separate dining rooms to accommodate your event perfectly. Call us or visit our website for more info and photos. www.margauxsrestaurant.com.

Nana's Chophouse – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live music, and fresh seafood. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Mon.-Thurs. 5:30-10:00 pm. Fri. and Sat. 5:30-11:00 pm; late night menu until midnight. Call for reservations.

Nina's Ristorante – 8801 Leadmine Road, Raleigh. (919) 845-1122. Vibrant flowers, paintings and handcrafted sculptures are arranged throughout the terra cotta walls of the restaurant. The restaurant provides the ever-growing area with Tuscan cuisine that is heavy on flavor and light on the ingredients. Hours of operation are Mon.-Sat. from 5:00-10:00 pm.

NoFo Market and Café – 2014 Fairview Road, Raleigh. (919) 821-1240. 1125 Military Cutoff Road, Wilmington. (910) 256-5565 1609 Elizabeth Ave, Charlotte. Open for brunch Sat. & Sun., lunch Mon.-Fri. and dinner Mon.-Sat. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrées. Don't miss the daily specials. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," citysearch.com.

Second Empire Restaurant and Tavern – 330 Hillsborough St., Raleigh. (919) 829-3663. Located in downtown Raleigh's historic Dodd-Hinsdale House (circa 1879), Second Empire offers two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs, enjoy a lighter fare menu and casual atmosphere. Winner of the DiRoNA Award, the AAA Four Diamond Award and the *Wine Spectator* Award. www.secondempire.com.

Sullivan's Steakhouse – 414 Glenwood Avenue, Raleigh. (919) 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played in the wood-paneled lounge seven nights a week.

Taverna Agora – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. An Absolutely Greek restaurant and bar, Taverna Agora brings all the fresh flavors of the Old Country directly to you. Our authentic menu of slow roasted meats and flavorful seafood complements the festive mood of this rustic experience. Open nightly for dinner and catering available. Love life through food - OPA!

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh. (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York-Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Winston's Grille – 6401 Falls of Neuse Road, Raleigh. (919) 790-0700. A Raleigh tradition for over 19 years. A warm, friendly atmosphere with great food and exceptional service make Winston's Grille the ideal place for any occasion. We specialize in hand cut steaks, prime rib, fresh fish, and our famous baby back ribs. Make reservations for your next business lunch or business dinner, romantic dinner, anniversary

celebration, or casual get together, www.winstonsgille.com.

Zely & Ritz – 301 Glenwood Avenue, Raleigh. (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates in an upscale, casual, yet hip and smoke-free environment. Named as one of the Top 20 Organic Restaurants in America by *Organic Style Magazine*, Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with a *Wine Spectator* Award Winning boutique wine list.

Zest Café & Home Art – 8831 Six Forks Road, Raleigh. (919) 848-4792. Located in North Raleigh, Zest has been offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio for Lunch, Tues.-Sat. 11:00am-2:45pm; Dinner, Wed.-Sat. 5:30pm-8:30pm; and Brunch, Sun. 10:00am-2:00pm. Also, enjoy our Home Art selection of fun and whimsical home accessories, furnishings and gifts.

DURHAM/APEX

Daniel's Restaurant – 1430 NC 55, Apex. (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Serving lunch Sun.-Fri. 11am-4pm and dinner, Sun.-Mon., 5pm until 9pm and Tues.-Sat. 5pm until 10pm. www.danielson55.net

George's Garage – 737 Ninth Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tues.-Sun. 5:30-11:00 pm and Sun. brunch 10:30 am-2:00 pm.

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Carolina Crossroad's Restaurant & Bar – 211 Pittsboro Street, Chapel Hill. 919-918-2777. One of only two restaurants in NC to earn the coveted *Mobil Travel Guide* Four Star Rating. The historic Carolina Inn, provides the ideal environment for Chef Brian Stapleton's creative interpretations of classic Southern and American cuisine. Open daily for breakfast, lunch and dinner; 6:30am-10pm also offering a sumptuous Sunday Brunch. Voted Chapel Hill's "Best Brunch". Patio Dining, weather permitting. Complimentary Valet Parking: 6:00am-midnight, www.carolinainn.com.

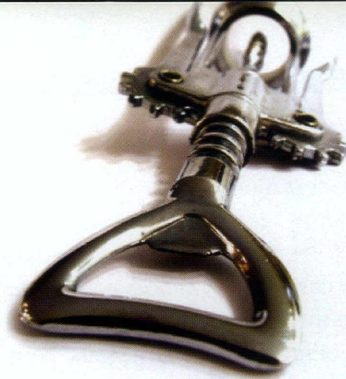
Crook's Corner – 610 West Franklin Street, Chapel Hill. (919) 929-7643. "Sacred ground of Southern foodies." – *New York Times*. "The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner." – *Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tues.-Sun. at 5:30 pm, Sun. Brunch 10:30 am-2:00 pm, www.crooks-corner.com.

BEYOND THE TRIANGLE

Blue Moon Bistro – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tues.-Sat.

Cork Report

by Barbara Ensrud



WINE HARVEST TIME BRINGS MEMORIES

A harvest moon hangs in the western sky. Behind me, where I sit on a deck overlooking the valley well below, a faint pinkish glow rises in the eastern hills. Gauzed in a light mist, the valley floor stirs and wakens. Grape gondolas

6:00 A.M. IN NAPA VALLEY

rumble along the Silverado Trail, which courses up the eastern side of the valley, some already laden with ripe grapes, others empty, bouncing toward a vineyard to receive the next load.

Mid-valley, a motion catches my eye and I watch the first balloons drift upward, rising slowly until they pick up the first rays of sun and burst into color: spheres of striped blue and red, or green and orange, or all yellow with red letters, indecipherable at this distance. They float slowly, silently southward, steering west or east over the vineyards. The view from up there is pretty spectacular, too. I've taken balloon rides over Napa Valley, dangling in a wicker basket a few hundred to a thousand feet above ground. A bird's eye view offers quite a different and thrilling perspective. Spread out below in every direction, vineyards splay across the valley floor and snake up the hills on either side.

I've spent many a harvest in California vineyards and other regions around the globe. But it's the same in vineyards everywhere, be it North Carolina's Yadkin Valley, the Côte d'Or in Burgundy or Sonoma's Russian River Valley. During crush, the term used in wine country, there is nothing quite like the tingle of excitement and expectation that hovers in the air. Hopes are high that the new vintage will yield up luscious white wines and vigorous reds.

It's the culmination of the winemaker's year, what he or she works toward, the payoff for months of worry about the weather.

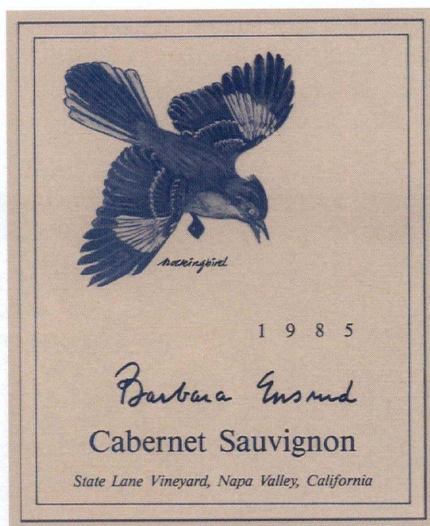
Winegrowers suffer the vicissitudes of weather like every other kind of farmer: In spring a hard frost on a clear and windless night can wreak havoc on tender buds; in June, it's the threat of rain, or worse, hailstones that can knock off the delicate flowers of the vine, reducing the crop disastrously if too localized. Rain later in the growing season—or during harvest—is okay

Beringer Vineyards invited me to come to Napa Valley and make my own wine. I could choose any grape variety that Beringer grew, from any of their vineyards, which ranged up and down the valley. I was headed to California anyway, to judge in the Sonoma County Harvest Wine Competition, so I was delighted to get the chance to experience the whole process involved in winemaking.

My choice was cabernet sauvignon. I would be picking the grapes myself (with a little help from a few friends and Tor Kenward, then Beringer's public relations director and an experienced home winemaker). The next decision was choosing the vineyard.

The previous vintage, 1984, had been extremely warm in California, producing very big reds. I wanted a leaner, claret-like cabernet with more structure, elegant and complex, rather powerful, so I picked Beringer's southernmost cabernet stand—State Lane Vineyard near Yountville, where cool nights and foggy mornings moderate the heat.

But Mother Nature had something else in mind that year. 1985 was one of the coolest vintages of the decade. The big concern was whether the grapes would ripen enough to pick before I had to be off to Sonoma. We went out in the vineyard every day to check sugars in the grape. Ideally they would be at least 22.5° Brix, and a half degree more would be welcome. Brix is the term used for measuring sugar levels, which is determined with a little instrument called a saccharometer. You pick a few grapes, squeeze the juice onto the little glass panel of the saccharometer, and it tells you the degrees Brix. Ours were measuring 20°, 21°, some finally moving up to 22.5°, so we made the decision to



in moderation, but the monsoons of hurricane season in the east or El Niño years on the West Coast will dilute flavor in the grapes.

And no vintage is the same. Vintners will laugh if you ask them what is a "normal" vintage, even in California, where the sun shines most of the time most years. Though variations may not be as dramatic from vintage to vintage as they are in more marginal climates, such as Burgundy, the Piedmont in Italy, or the steep hills of the Rhine and Mosel Rivers in Germany, there are differences in California.

I learned that firsthand one year when I tried my hand at winemaking. In 1985,

pick the next morning.

5:00 A.M.

Still dark out, with stars twinkling in the pre-dawn sky. The crisp air grew chillier as we headed south to the vineyard on State Lane and a blanket of fog blotted out the stars. Forty-pound wooden lug boxes were stacked at the end of the vineyard rows. Using small, very sharp curved knives, we got to work clipping the grape clusters from the vines and dropping them into the boxes.

The chill gave way within an hour or so, and by mid-morning we had shed jackets and donned caps against the sun's rays. It was hard work. Imagine doing this all day, as teams of migrant pickers do—a lot faster than I—and certainly with more finesse! I managed to get sticky with grape juice with my amateur picking. A few bees buzzed about, but no stings.

We filled 40 boxes, loaded them on the truck and headed back to the winery where we fed the grapes into the destemmer/crusher, running the must (unfermented grape juice) into a half barrel of used oak (new oak would have made the wine too

oaky for me). Barefoot and wearing shorts, I slid into the barrel and finished the crushing and mixing of juice, seeds and pulp. What a feeling! You haven't lived till you've felt the squish of grapes under your toes.

At dinner that evening at Beringer's splendid Victorian Rhine House (a must-see when you're visiting Napa) we drank a toast to the birth of the Barbara Ensrud Signature Cabernet Sauvignon 1985—and did so with Beringer's 1980 State Lane Cabernet, much heavier than mine would be. There is a mockingbird—my favorite bird—on the label I designed, but it's the world's only crested mockingbird. My error, thinking the drawing wasn't quite as perky as a mockingbird, I had the artist add a crest.

Never mind. The Mockingbird Cabernet stayed in barrel about a year, and I went back to bottle and cork it, using a manual corking device to sink the cork into each bottle and then stick on the label. More hard work. But the yield was eight cases of wine and six magnums.

I was pleased with it. Yes, it was lighter

than typical California cabernets, but the garnet color was vivid and true, the aroma of black currants was appealing, the tannic structure firm but pretty well-balanced with the fruit. Unbeknownst to me, Kenward entered the wine in the amateur wine category of two California wine competitions. It came away with a silver medal in one, and a bronze in the other, both of which are proudly displayed in my cellar.

The other night some of my wine class students came over to taste a few wines, and I cracked one of the remaining three bottles, not sure what to expect now that it's 21 years old. Surprisingly—and happily—it was still intact. The color and fruit had held up reasonably well, it had that taste of "old red"—faintly musty—but with air it got a little better and was actually quite pleasant. The next night I tried what was left with a grilled lamb steak and was really pleased; it seemed to have more fruit than the night before.

Glad I have two more bottles, and two magnums left. Clearly, though, I better drink them soon. **MM**



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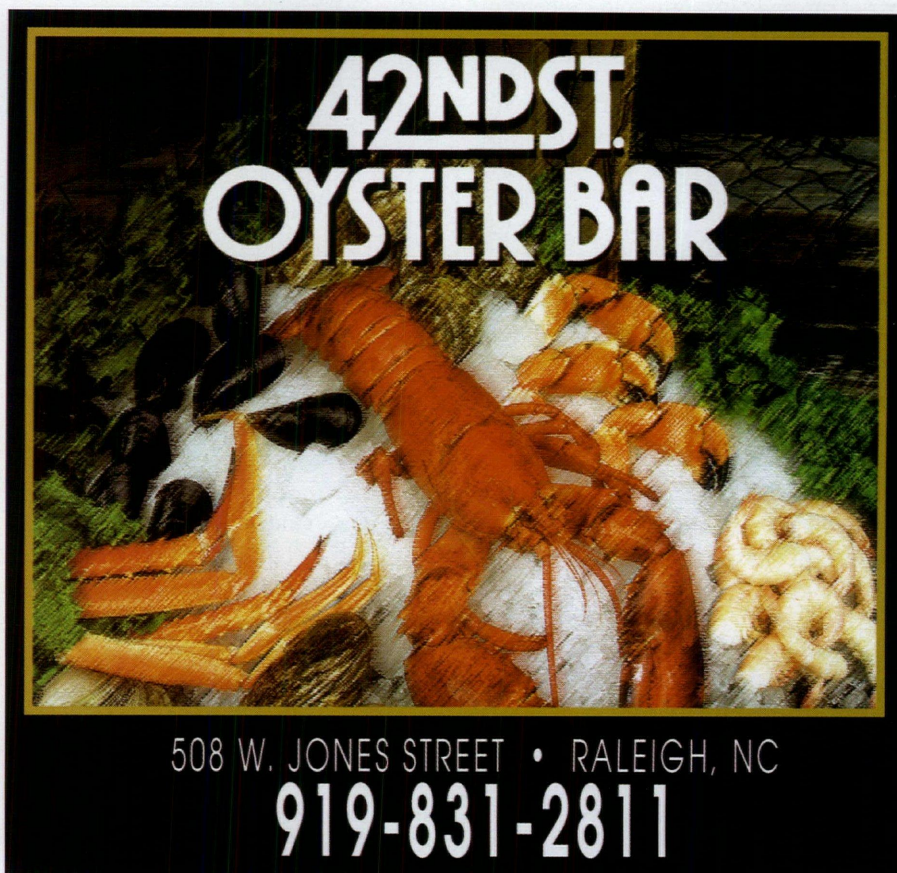
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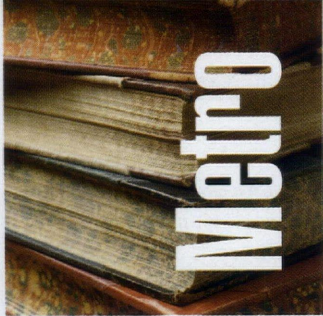
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Books

New and Noteworthy by Art Taylor

LEE SMITH'S LATEST KICKS OFF CROWDED BOOK SEASON

In 1983's *Oral History*—my personal favorite of Lee Smith's books—a young college student named Jennifer comes to Hoot Owl Holler, the home of her mother's family, with a notebook and tape recorder in hand to record impressions and interviews for a school project. The novel that Smith crafted offered a vibrant, multifaceted quilt of stories, legends and folktales—stretching back from the present through multiple generations—with a compelling cast of characters.

Almost a quarter-century later, Smith's new book, *On Agate Hill*, may remind readers—in small ways—of that earlier novel. Here too is a story that reaches back into the past—in this case, the years just after the Civil War and then up to the 1920s—framed by the words of a young student appealing to her former professor to let her back into graduate school. Here too are multiple tales, but instead of a tape recorder, the novel is a box of diary entries and letters, songs and poems, school schedules, faculty and student rosters, and even the transcript of testimony before the Wilkes County Coroner.

But while the new novel clearly draws on Smith's interests and bear the mark of her narrative approaches, *On Agate Hill* is far from a replay of old themes and structures. Instead, it proves a delight in its own right—the life story of a scrappy young orphan named Molly Petree: age 13 in 1972 and living with her Uncle Julius Jefferson Hall (actually her mother's first cousin). She begins the diary that fills the first third of this story; schooled at Gatewood Academy, where she is ridiculed by wealthier students, pitied by a kindly schoolteacher and hated by the tormented headmistress; and then followed out into the

world where she enjoys a love affair, endures a murder trial and encounters much, much more until well into her late 50s when she returns to the plantation she had, decades earlier, reluctantly called home. In one early scene, after viewing a series of *Tableux Vivants* in Hillsborough, Molly writes in her diary: "I want to feel everything there is. I do not want to be a lady. Instead I want to be in a *Tableux Vivant* myself, I want to be Tragedy, I want to be Juliet, I want to be Romeo. *Thus with a kiss I die.*" By the end, perhaps she gets her wish—and a little more.

The Agate Hill of the title is a former plantation described by that kindly schoolteacher in these terms at the start of the book's second section: "an old home of great distinction and dilapidation in the loveliest of settings, upon a high prospect of sweeping vistas and incomparable charm, yet surrounded by an air of loneliness and—how shall I put it? Defeat. Failure. Loss. Decay. And beyond that: wrongdoing, malfeasance." Appropriately, this place haunts the book much as it haunted Molly's

early life (and almost literally so in her case: She refers to herself often as a ghost girl and speaks elsewhere of the ghosts of her parents and her brother).

But as much as the novel arcs across Molly's life, the book's beauty emerges just as much from the multiplicity of voices that Smith is able to inhabit. While Molly's letters—both spunky and poignant—dominate much of *On Agate Hill*, other characters make their mark: the schoolteacher already quoted above, for example, or that headmistress whose public records and private journals reveal a dark and bitter heart, or at another extreme, Molly's childhood best friend and later pen pal, physically sick but

spiritually vital. Even those characters who don't narrate parts of the story in their own words can prove memorable—Selena Vogell, for example, whose ambitious nature takes her quickly from tenant farmer's wife to plantation housekeeper to mistress of the manor. (One complaint? The early sections of the novel are so thick with characters that I occasionally found it difficult to keep track of the full cast and their relationships.)

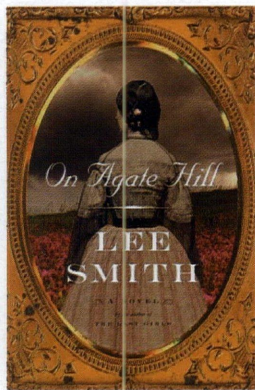
Perhaps as expected, a clear thematic thread is women's issues—and historical changes in women's lives just after the War and beyond. At the same time that Molly insists she doesn't want to be a lady, an older relation becomes nearly apoplectic at the idea of girls wearing pants. And the Academy headmistress' struggles with sexual issues and motherhood are both understated and ultimately moving, no matter how distasteful her character might appear.

Still, while Smith offers readers a glimpse into an earlier era, the book must stand or fall not for the fruitfulness of its research (an acknowledgements page testifies to Smith's thoroughness in that area) but ultimately as a novel. Fortunately, stand it does. Fans of Smith's previous books will hardly be disappointed.

And those fans will also be glad to see Smith in person this month at several Triangle-area bookstores. She'll be reading at Brick Alley Books in Hillsborough with musician Alice Gerard on Saturday morning, Sept. 16, and then again that evening with Gerard at Raleigh's Quail Ridge Books; at McIntyre's Books in Farrington Village (a benefit event for the Chatham Food Pantry) on Tuesday evening, Sept. 19; and at Durham's Regulator Bookshop on Wednesday evening, Sept. 20.

NEW DIRECTION FOR NEW STORIES

For two decades, Shannon Ravenel of Algonquin Books has edited the annual *New*



Stories from the South anthology—surely one of the finest series around that collects contemporary short fiction. (The other is, of course, the Best American Short Stories series, for which Ravenel also served as series editor for many years.)

But as the *New Stories* anthology enters its third decade, Ravenel has passed these duties along to another. Beginning this year, Algonquin's Kathy Pories steps in as series editor, and each new year will now welcome a guest editor to harvest each new crop of stories—a system which has many benefits, not the least of which is that each new guest editor can put his or her personal stamp (and literary preferences) on the choice of stories.

The first guest editor is bestselling novelist Allan Gurganus—a short story master in his own right—whose introduction discusses the process by which he selected these 20 works and also cuts to the heart of questions including: “What makes a short story Southern?” and “What makes a short story good?” (and, the flip-side, of course: “What missteps can make the Southern short story a god-awful mess?” As Gurganus explains it: “No comic romp with *Wal-Mart* in its title made our final cut. By my count, there were six.”)

Gurganus goes on: “The best stories I read this year hold a singular (and therefore various) sense of voice, a fear of violence alongside an attraction to it, a sinking understanding that families are both the only thing we have and, of all things on earth, the hardest to endure. In many of these tales, the hope for true love is many marriages along. And yet such wild faith in ‘the right one, next time’ stubbornly endures.”

Another thing that endures is quality, and *New Stories from the South*—this and each new season—remains a highlight of my reading year.

Authors selected for the new anthology range from veterans to newcomers and include: Chris Bachelder, Wendell Berry, Tony Earley, Nanci Kincaid, George Singleton and Luke Whisnant, among others.

Gurganus joins additional contributors Quinn Dalton and Daniel Wallace, along with series editor Pories, for two events this month: Sunday afternoon, Sept. 17, at Raleigh's Quail Ridge Books, and Monday evening, Sept. 18, at Durham's Regulator Bookshop.

BOOKWATCH CONTINUES

In addition to the readings and signings

at local bookstores, Allan Gurganus will also be this month's first guest on *North Carolina Bookwatch*. Host D.G. Martin's interview with Gurganus will air on Friday, Sept. 1, at 9:30 p.m. with a repeat airing on Sunday, Sept. 3, at 5 p.m. The rest of the month's schedule follows a similar format (Fridays at 9:30, Sundays at 5:00), with guests as follows:

- Tom Carlson discusses *Hatteras Blues: A Story from the Edge of America*, which follows the family whose sportsfishing efforts began the state's charter fishing industry, Friday, Sept. 8, and Sunday, Sept. 10.

- Crook's Corner Chef Bill Smith talks about Southern cuisine in conjunction with his book *Seasoned in the South: Recipes from Crook's Corner and from Home*, Friday, Sept. 15, and Sunday, Sept. 17.

- Historian William Leuchtenburg, the William Rand Kenan Jr. Professor Emeritus at UNC-Chapel Hill, explores place and politics in *The White House Looks South: Franklin D. Roosevelt, Harry S. Truman, Lyndon B. Johnson*, Friday, Sept. 22, and Sunday, Sept. 24.

- Former *Charlotte Observer* reporter Dot Jackson shares thoughts on her debut novel, *Refuge*, Friday, Sept. 29, and Sunday, Oct. 1.

OTHER EVENTS

September kicks off a new academic year, a new publishing season and a renewed burst of energy on the readings and signings circuit. Check out these events (and more!) at local and regional venues:

- Diana Gabaldon with the latest book in the *Outlander* series, set in North Carolina on the eve of the Revolutionary War—Durham's Regulator Bookshop, Sunday afternoon, Sept. 3

- Former NCSU football coach Lou Holtz with his autobiography *Wins, Losses, and Lessons*—Raleigh's Quail Ridge Books, Wednesday evening, Sept. 6

- Durham-based novelist Marc Menetrez with *The Scent of Wildflowers*—The Regulator, Friday evening, Sept. 8

- Charlotte author Mark Etheridge with *Grievances*—McIntyre's Books in Fearington Village, Saturday morning, Sept. 9

- Raleigh author Alexandra Sokoloff with her debut novel *The Harrowing*—Raleigh's Quail Ridge books, Tuesday evening, Sept. 12

- Barbara Ehrenreich, author of *Nickel and Dimed: On (Not) Getting By in America*, with her latest book, *Bait and Switch: The*

(Futile) Pursuit of the American Dream—The Regulator, Tuesday evening, Sept. 12

- Editors Lisa Jervis and Andi Zeisler with *Bitchfest: Ten Years of Cultural Criticism from the Pages of Bitch Magazine*—The Regulator, Saturday evening, Sept. 16

- Local Authors Night, featuring Staci E. Barfield, *Sorrows Multiplied*; C. Dawn McCallum, *The Caretaker of Tree Palace*; Decembre Pierce, *Sister, Set Yourself Free*; Charles Reap, *Devil's Game*; and Howie Thompson, *A Game For All Seasons*—Barnes & Noble at the Streets at Southpoint, Tuesday evening, Sept. 19

- Joe Flora, Bryan Giemza and Amber Vogel with the revised edition of *Southern Writers: A New Biographical Dictionary*—Quail Ridge Books, Wednesday evening, Sept. 20

- Ellen Hunter with *Murder on the ICW*, the latest in her Magnolia Mystery series set in Wilmington—The Country Bookshop in Southern Pines, Thursday afternoon, Sept. 21

- Poet and NCSU professor John Balaban with his new collection *Path, Crooked Path*—Quail Ridge Books, Sunday, Sept. 24

- Poets Susan Davis, *Gathering Sound*, and Philip Fried, *Big Men Speaking to Little Men*—Quail Ridge Books, Monday evening, Sept. 25

- John Berendt, author of *Midnight in the Garden of Good and Evil*, with his latest book, *The City of Falling Angels*—The Regulator, Tuesday evening, Sept. 26

- Joyce Moyer Hostetter with her children's book *Blue*, based on the polio hospital in Hickory—The Country Bookshop, Thursday afternoon, Sept. 28

- Susan Kelly, author of *How Close We Come*, with her new novel, *The Last of Something*—Quail Ridge Books, Friday evening, Sept. 29.

COMING UP!

Mark your calendar now. Next month—and next month's issue of *Metro*—will feature the Crystal Coast Book Festival in Morehead City (Oct. 20-21 with Robert Hicks, Michael Malone, Robert Morgan, Bland Simpson and many others) and the Cape Fear Crime Festival in Wilmington (Oct. 26-30 with Guest of Honor Kathy Reichs). Plus: A review of Doug Marlette's second novel, *Magic Time*. **MM**





PvV

by Philip van Vleck

OLD TIME WAYS: RILEY BAUGUS PLAYS IT LIKE IT WAS

North Carolina has produced more than its share of fine old-time musicians who revere the music of the Southern Appalachians. Readers who caught the film *Cold Mountain* heard a soundtrack that was nothing but old-time, or mountain music, and one of the artists who had an important role in re-creating that 19th century sound was Riley Baugus, a native of Western North Carolina.

Baugus has just released a solo debut album—*Long Steel Rail*—on the Sugar Hill label (based in Durham). The record was produced by Dirk Powell and Tim O'Brien and features 14 songs, most traditional tunes such as "June Apple," "Boll Weevil" and "Sail Away Ladies."

Long Steel Rail is a superb sampling of old-time music and a stellar debut for Baugus, who plays banjo, fiddle and guitar and possesses a voice as fit to sing mountain music as any you'll hear.

Baugus grew up in the Western Piedmont, outside of Winston-Salem. His parents weren't musicians, but they nonetheless immersed Baugus in music from an early age.

"My dad loved to listen to music," Baugus said, during a recent phone conversation, "so he'd get all kinds of recordings and we'd go to live music events. We also had family friends who played music."

"I have an uncle named Vincent Miller who was one of my pickin' buddies when I started doing music," he added. "He played some banjo and guitar. He played old-time music up in Alleghany County when he was a small boy."

At this point in the story, the next thing you expect to hear is that Baugus took up the guitar.

"When I got to fifth grade, the school started offering band. I thought, for some reason, that I wanted to play the flute," Baugus noted. "It was a small, note-y

instrument, and you got to play melodies. I was not interested in anything where I had to just second."

Baugus' father intervened, however, informing Baugus that there was no way he was going to be playing the flute.

Stringed instruments to the rescue. When his school band started offering bass, violin, cello and viola, Baugus went for the violin—fiddle, that is.

"My dad was like, 'yeah, boy, you can play the fiddle,'" Baugus laughed. "So we went down to Apple Pawn Shop in downtown Winston-Salem and bought a Chinese violin and case."

"Once I started figuring out what to do with the bow and my left hand then things

started clicking," he added. "It occurred to me that I didn't have to play classical music; I could play any kind of music I wanted to play."

Now we get to the guitar.

"My dad was always impressed by guys who played nice flat-picked guitar and cross-picked and finger-style, so we listened to a lot of stuff like that, and, of course, we had our Doc Watson recordings," Baugus said. "That Ralph Stanley and the Clinch Mountain Boys sound—that Southwest Virginia cross-picked style that George Shuffler played—was certainly one of my dad's favorites. And then we had the music of Mississippi John Hurt in our house, so we had all these different recordings of gui-



Baugus

ABIGAIL SEYMOUR

tar greats."

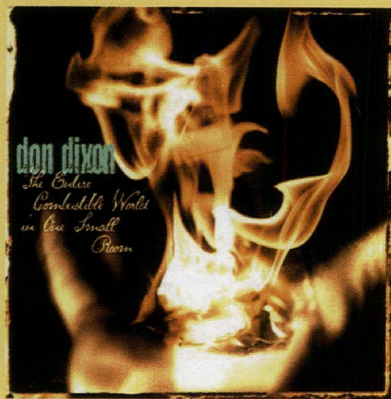
In reflecting on his early musical endeavors, Baugus feels his desire to play guitar was a natural progression from his beginnings on the fiddle. In a more general sense, he allowed that his preoccupation with music helped set him apart from the herd during his pre-teens.

"I was a weird little country kid with the urban types, and I didn't enjoy most of the things they were into at that age," he said. "I wasn't into pop music and cars and motorcycles. I was much more interested in the old-time ways and more interested in spending time with my grandparents. Playing the guitar when I was 11 or 12 years old set me apart.

DISCOLOGY

Don Dixon: *The Entire Combustible World in One Small Room* (125 Records)

The multi-talented Don Dixon has tracked his first album since *Notepad #38* (2001). *The Entire Combustible World* is something of a concept album, each song telling a tale of a room and



the travail of its occupant. "Roommate," for instance, concerns a girl who doesn't want to admit she's fallen for her male roommate. A politician is shot in his Memphis motel room ("In A Politician's Bed") while "Smoke" takes us to a back room in Las Vegas and a poker player who's betting it all on a pair of aces. This is a superbly realized CD from a notably fertile mind. Dixon's songwriting is as absorbing as it is literate, and musically this is his most refined rock to date.

"I saved my money one summer and bought the guitar from Sears Roebuck. I think it cost \$59. I still have the thing. It's awful, but I learned."

Baugus was a guitar and fiddle playing teenager when he encountered the banjo. He elaborated on this love-at-first-sight rendezvous.

"You see guitars everywhere," he noted. "You see fiddles everywhere. They're not so foreign. But the banjo—to see one up close, to be able to hold one and hear the sound of those strings and the sound of the vibration on the drum—that was a whole different critter.

"It was even more fascinating than the guitar and the violin, and it still is. The banjo is my favorite instrument to play."

Anyone who speaks of the banjo in near-mystical terms will go to great lengths in order to acquire the instrument, financial impediment notwithstanding.

"Now, we didn't have very much money when I was a kid," Baugus said. "In fact, I still don't have very much money. This may sound like a typical Appalachian tale, but I grew up in a log cabin. We did have running water in the house, but we didn't have a bathroom. We had an outhouse. To shave, my dad used a basin pan and a pitcher.

"We built a banjo," he continued. "We started thinking about how a banjo worked. We knew it had five strings. There was a local music store in Winston-Salem called Resnick's, and they had tail pieces and fret wire and things like that. We started guessing at the width of the banjo neck—we didn't have a banjo to go by, of course. We fashioned a homemade banjo out of some scrap lumber—it actually had a plywood head on it.

"My dad took a piece of two-and-a-half-inch plastic molding and rolled it into a circle and we nailed the whole thing together," he explained. "He carved me tuners out of a piece of maple stove wood. We laid this neck down next to a guitar and with a pencil marked where all the frets went. He sawed out the frets with a square and a hacksaw, when we installed the frets—glued them in—and made a

banjo. It sounded a lot like an electric guitar without any amplification, but I learned to play a bunch of tunes on it."

About a year after building his first banjo, Baugus acquired a pawnshop banjo. By then his fixation on the instrument was hard-wired.

In explaining the banjo's appeal, Baugus said that: "What makes it fascinating is that you most often are playing open chords, so it's harmonious. No matter what you

do—just strumming it—you have a chord, you have something that sounds right. And you have that twang. It always gave me some sense of antiquity. It's an archaic sound, not modern. I knew that that old sound held the key for me. I mean, that sound of an animal skin vibrating

over a shell or a gourd is ancient.

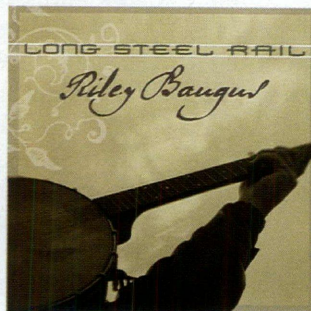
"I like to hear and play the songs that come from the deepest, darkest places of the mountains. I like that feeling and that sound."

Baugus was working his way toward multi-instrumental virtuosity in his mid-teens when his musical education took a turn for the better. With his fiddle-playing friend Kirk Sutphin, Baugus paid a visit to old-time music legend Tommy Jarrell, who was living in Surry County, NC.

"My grandparents lived in Allegheny County, which is just next to Surry County," Baugus said. "In the summertime I spent a tremendous amount of time up there, and almost every weekend during the school year. Quite often Kirk and I would use the excuse of going to my grandmother's house to go to Tommy's place. I mean, we'd actually go to see my grandmother, and we'd split kindling for her, mow her yard and such, and she'd feed us a real good grandmother-type meal, then we'd go back down the road and play music with Tommy until we had to leave.

"When I think back on that time I've got nothing but smiles about the whole thing."

The saga of Riley Baugus will continue in Metro October. In the meantime, Baugus will perform in the North Carolina Symphony's Pop Series concert Blues Skies and Red Earth, Sept. 15-16, Raleigh. MM



EYES ONLY

Three Duke University Professors received a Presidential Early Career Award for Scientists and Engineers at a ceremony at the White House in late July. Silvia Ferrari, assistant professor of mechanical engineering; Jonathan Mattingly, associate professor of mathematics; and Tannishtha Reya, assistant professor of pharmacology and cancer biology in the medical school, were among 56 researchers recognized by the **White House Office of Science and Technology Policy** as the most promising researchers in the nation within their fields.

Applications for the **Summer Artist in Residency** and **Regional Emerging Artist Residency** programs beginning in January 2007 at Artspace are due by Oct. 1. The Summer Artist in Residency program provides one artist with a studio opportunity to work on a project of his/her choosing. The Regional Emerging Artist Residency program grants two, 6-month residencies per year, including a private, rent-free studio, to artists needing the time and space to explore their work. Emerging artists will be presented to the Triangle community each month in Artspace's opening receptions and gallery walk. The works of artists in both programs will be displayed at the museum and artists in both programs are expected to contribute to Artspace's educational programs.

MBA students at Duke University's Fuqua School of Business will be helping small businesses in the

Triangle area that need consulting help but cannot afford the typical fees of consulting agencies. Through the **Fuqua Small Business Consulting Program**, first-year MBA students can take a course for credit in which they help companies solve their business problems. In the past 20 years, students in the program have assisted more than 200 local companies. Businesses must meet certain criteria to be considered for the program. For more information, call 919-660-7789.

Nationwide home improvement retailer, Lowe's will serve as the presenting sponsor of **MerleFest 2007**, the 20th annual festival in celebration of the music of the late Merle Watson and his father, Doc Watson. Wilkes Community College will produce the 2007 event on its Wilkesboro campus on April 26-29.

Duke Health Raleigh Hospital and the Alice Aycock Poe Center for Health Education have been awarded a three-year grant from the Duke Endowment totaling \$347,000. The funding will underwrite a partnership program called **Wholesome Routines**, a school-based comprehensive nutrition and physical activity program with a curriculum developed by the Poe Center. The grant enables the **Wholesome Routines** program to begin with the 2006-2007 school year for third through fifth grade students in Rolesville, Hodge Road and Carver elementary schools in Wake County.

The culinary arts program at Wake Technical Community College in Raleigh is now one of 302 postsecondary schools across the nation to become accredited by the American Culinary Federation Foundation

Accrediting Commission (ACF-FAC). Accreditation is awarded after a rigorous evaluation of a school's curriculum, faculty and facilities. Wake Technical Community College offers a diploma and associate of applied science degree in culinary technology.

James L. Peacock, Kenan Professor of Anthropology and Professor of Comparative Literature at UNC-Chapel Hill, who served as director of the University Center for International Studies, will receive the **Citizen of the World Award** given annually since 1995 by the International Affairs Council at the group's annual dinner November 13. The Council provides programs that connect Triangle citizens with world institutions. Peacock is currently chair of the board of World View, an international program for educators at UNC. For more information, call 919-838-9191.

More than 250,000 visitors have streamed into the newly renovated North Carolina Aquarium at Pine Knoll Shores since it opened on May 19. The public's response has exceeded expectations, according to Aquarium officials. The Aquarium reopened after a \$25 million expansion requiring two and a half years of new construction on the facility's old site. **Now almost three times the original size**, the Aquarium at Pine Knoll Shores offers 40 exhibits and a "From the Mountains to the Sea" theme throughout.

Raleigh chefs will demonstrate seasonal dishes using items sold at the Moore Square Farmer's Market on Wednesdays from 11am - 1:30 pm. Featured chefs include: Oba Goodson, Tir Na Nog; Conrad Catolos, Nana's Chophouse; Steve Pexton, Riviera Mediterranean

Resto & Lounge; Jason Smith, 18 Seaboard; and Jay Beaver, Frazier's. The 7th grade Exploris class will offer educational programs to coincide with the Chef Demo Series for young children at the market. For more information, call 919-368-4987.

UNC's Kenan-Flagler Business School has piloted a pioneering Arabic-language curriculum for corporate governance in the Middle East using case studies, small-group exercises, and discussion to convey the essentials of board management, transparency, disclosure, shareholder rights, and the role of the board in managing corporate strategy, risk, and succession.

APPOINTMENTS

Anne Schroder, formerly an associate curator at The Nasher Museum, has been named the new curator of academic programs; former business manager **Dorothy N. Clark** has been named the museum's new deputy of operations.

Kimberly Macias-Lewis has been named the new Chief Financial Officer of Henry Wurst, Inc., one of North America's largest and most diverse commercial printers.

Hiller Spires has moved to the position of Senior Research Fellow at the Friday Institute for Educational Innovation at NC State. Spires formerly occupied the position of Senior Director of the Friday Institute.

Mark Shelbourne, former General Manager for the Siena Hotel in Chapel Hill, has been appointed by East West Partners to oversee the management, demolition and proposed redevelopment of the Best Western University Inn, which will remain open until early 2008.



CASTRO AND CUBA

Castro isn't coming back. His brother Raúl, now the successor in Cuba, became an executioner when the revolution took over in 1959. He is chief of the military, the departments of the interior—including the secret police—and the manager of the highly effective espionage service, although Fidel is believed to have a hand in planning covert activities. Since the turn-over, Raúl has added the operations of the Communist Party of Cuba (he was an early recruit) to his list of offices. Old Castro political devotee Hugo Chavez, president of Venezuela, is keeping Cuba afloat with cheap oil, but the two freeze-dried socialists are unsuccessful so far in influencing the rightward political trend in Latin American nations.

Raúl is well known to be an un-recovered alcoholic rarely seen in public. Some experts hold out hope that he will soften the grip of tyranny on the Cuban people because he allegedly cares about his family—at least in public. More realistic analysts predict that Cuba under Raúl will be an even more repressive regime, leaving only repression where once the revolutionary rhetoric from Fidel diverted the pain of the Cuban people.

If you attended the Fourth Annual Raleigh International Spy Conference Aug. 23-25, presented by *Metro Magazine*, in partnership with the North Carolina Museum of History, you knew this already from the keynote session delivered by Brain Latell, former National Intelligence Officer for Latin America and author of the timely new book: *After Fidel: The Inside Story of Castro's Regime and Cuba's Next Leader*.

Latell played psychic tag with Fidel for two decades. Cuban agents followed the CIA officer and attended classes he taught at Georgetown University, passing on opinions and information to Fidel, who would include responses to Latell in his speeches.

Art Padilla, professor of management at NC State University—and an expert in leadership styles—made it clear Castro is a “destructive” dictator who worshipped Mussolini and obscured his troubled legitimacy with his peculiar and paranoid personality. Don Bohning, former Latin American bureau chief for *The*

Miami Herald (and author of *The Castro Obsession: US Covert Operations Against Cuba, 1959-1965*) explained how this paranoia developed during the series of covert and overt operations by the US to oust Fidel, beginning with the failed Bay of Pigs invasion, through CIA's Operation Mongoose—that included bizarre plans to assassinate Fidel—to the modern era of embargoes, radio broadcasts and efforts to organize Cubans to overthrow the regime.

University of Virginia scholar Tim Naftali, author of books on the Cuban Missile Crisis and counter-terrorism in the modern age (and recently appointed director of the Nixon Library in Yorba Linda, CA) had access to secret KGB files from the Havana rezidentura. At the Raleigh conference, he divulged information from his upcoming biography of Khrushchev, including the revelation that Castro did not ask for nuclear missiles for Cuba. It is now known that the Soviets were concerned about loss of face in Berlin and Laos. They wanted missiles in Cuba as a show of strength in the geo-political battle of gamesmanship that dominated the Cold War era.

Gene Poteat, former scientific and technical officer for the CIA, was on the ground during the Cuban Missile Crisis. Drawing on recently declassified data, he related the events that conspired to bring the super powers the closest ever to nuclear war in the waters off Cuba—with the US going to Def Com 2, the last stage of readiness before launching nuclear weapons. The Soviet submarines sent to Cuba during the face-off of the great powers were ill-equipped and their commanders not told the mission. It was a chilling moment when US warship officers ordered the Soviet subs to surface 90 degrees East or be shot out of the water, not knowing the U-boat torpedoes were nuclear-tipped, each capable of annihilating an area 30 miles wide.

Poteat represents a prevalent view in the CIA that the promise by President John F. Kennedy not to invade or interfere in Cuba as part of the bargain to force the Soviets to remove the missiles was unnecessary, resulting in the nearly intolerable situation that allowed Castro to operate a communistic dictatorship only 90 miles away from US territory. Poteat also dropped a bomb shell. During the Missile Crisis, the US developed false electrical signals that make an enemy think he is being attacked. In 1964, while the Cuban crisis was still a hot issue, President Lyndon Johnson dispatched B-52 bombers to Haiphong, officially launching the Vietnam War, using as justification an attack on two US ships in the Gulf of Tonkin. According to new information and

Poteat's research, there was no attack. The ships were bombarded with false electrical charges designed to simulate an attack.

Humberto Fontova says it like it is about Castro and Cuba. Why, the historian and writer wants to know, do certain American celebrities—most notably in Hollywood—admire Fidel? In his book (*Fidel: Hollywood's Favorite Tyrant*), Fontova doesn't get why a regime that does not allow political parties, religious opportunity, free speech, freedom of movement—that controls all media, employs a sinister network of families spying on each other and rounds up and imprisons and executes dissidents—is worshipped by these famous people. The truth needed to be aired and Fontova took no prisoners. And one prisoner of Castro spoke up. Andres Gonzalez, now in his late 20s, was born in Cuba blind at birth. He was picked up and held in isolation for three days and coerced to leave Cuba. To ensure he would not criticize the regime, his wife was held hostage under house arrest for three years, terrified every moment. Gonzalez and his family live in Raleigh now, living testimonials to Fontova's thesis.

The timing and quality of speakers at the Raleigh Spy Conference convinced C-SPAN to film the entire event. As soon as air dates are available, they will be posted on www.raleighspyconference.com.

NOTES FROM LA-LA LAND

Now that the Triangle Transit Authority has let go of its unwise scheme to force rail transit on the Triangle region, it is time to create an entity to examine the issue from the Raleigh-outward point of reference. Elevated monorails are the way to go. They offer a sense of occasion and offer an alternative—not a mandate—for public transportation.

...

So the *New York Times* has examined 18,000 pages of documents and discovered perhaps one opinion from arresting officers that indicates escalated “trauma” on the alleged victim's body. This report was added at a later date. But what is really being added is the role of the newspaper on the side of the “victim.” Like the other activists in this case, who have held sway over Durham County District Attorney Mike Nifong, the paper wants to stir up race and gender politics.

...

Gannet, the newspaper chain that publishes *USA Today*, has purchased the college paper at Florida State University. With so few readers under 50, their answer is to take the mountain to Mohammed. **MM**

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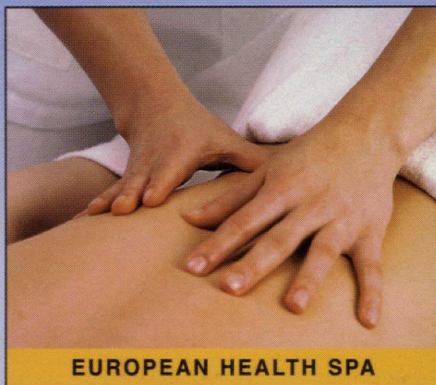


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