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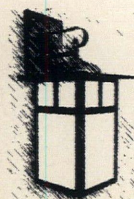
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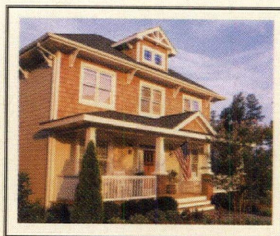
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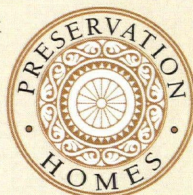
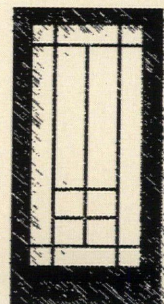
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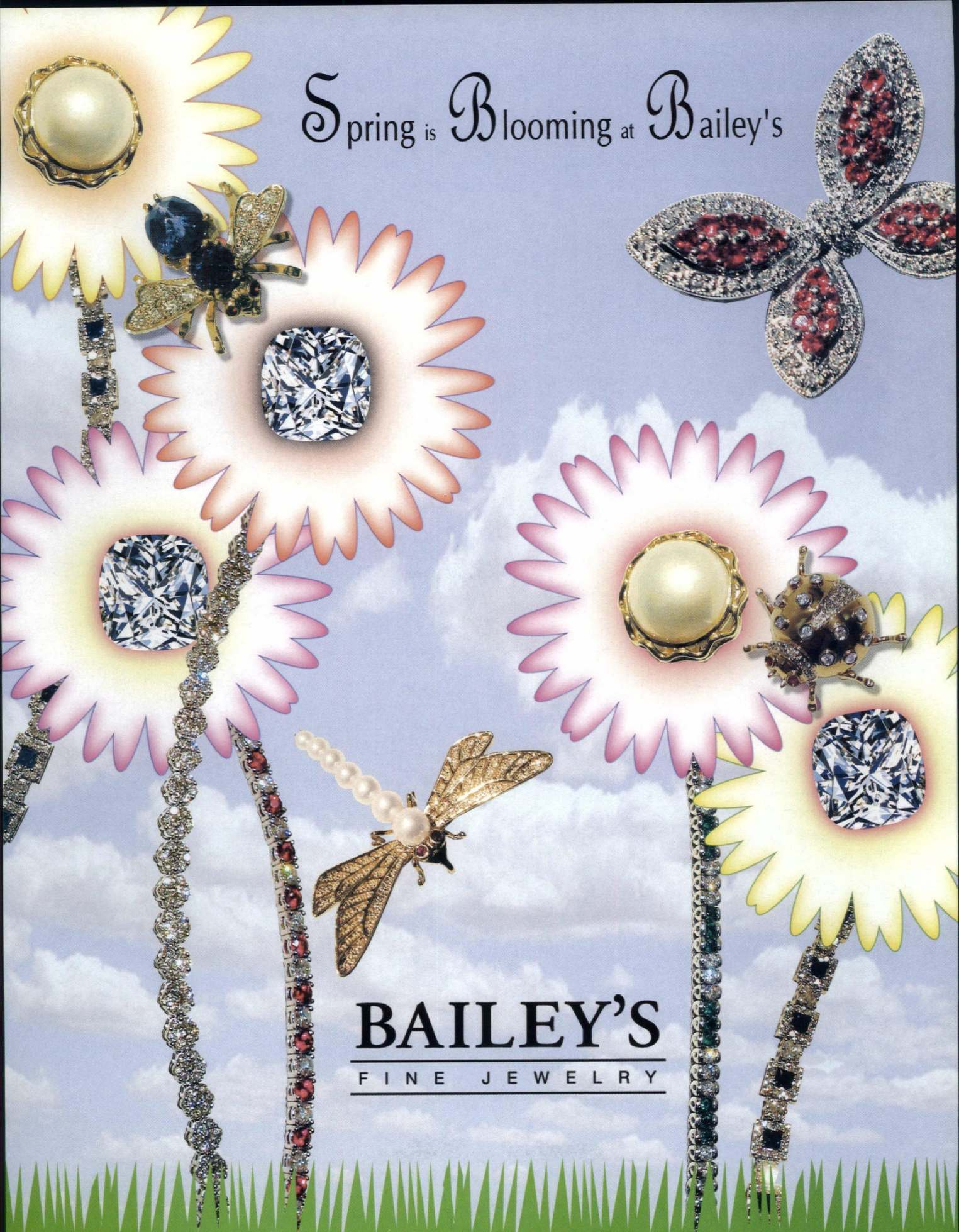
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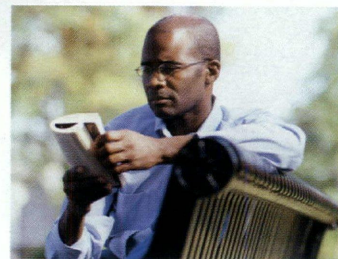
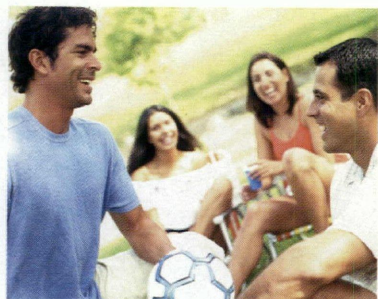
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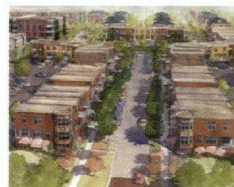
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APRIL LOVE

You gotta' love North Carolina in the springtime. We receive just enough winter to appreciate the transition from grey skies and wintry sniffles to glorious azaleas and balmy breezes. The landscape puts on new clothes, and so do our highly prized southern women, the smart ones with advice from *Metro's* "Raleigh girl in New York City" fashion czarina Molly Fulghum-Heintz. This season, reporting directly from the runways, Molly says it's déjà vu all over again, with new colors and styles borrowed from past spring showings. Representing the men around here, we appreciate all you girls do to put the spring in spring.

And just in time for warm weather, the long-awaited restoration of Yates Mill on the western outskirts of Raleigh will debut the end of the month with celebrations and activities signifying the importance of this painstaking partnership of private citizens, state and County government and the beneficence of the AE Finley Foundation. Diane Lea examines the history, architecture and inner workings of the project.

The literary reputation of the region is recognized world wide and this month the bi-annual NC Festival of the Book (formerly the NC Literary Festival) celebrates our vaunted reputation with a stellar line-up, including sessions on how writers relate to other scribes. Art Taylor brings dispatches from the preparations, including an exclusive interview with cartoonist-novelist Doug Marlette and novelist Pat Conroy who will discuss their friendship at the Festival. Check our Preview section where senior editor Frances Smith—with able assistance from our own Mary Ward Younger—includes two special sections, one on spring festivals and one on upcoming tours in the region.

The UNC campus starts blooming with its noted beauty this month. Non-fiction editor Arch T. Allen reviews a new book of photographs of the school grounds—but with a few codicils lurking behind the images, including a commentary on the John

Edwards think tank at the law school.

And on the subject of universities, Editor-at-large Jim Leutze talks about the quality basketball program at UNC-Wilmington where he served as chancellor. With March Madness behind us, it's a good time to reflect on the successes and problems in college sports today.

Spring keeps springing in this issue: Carroll Leggett discusses the merits of guys in the kitchen; Art critic Louis St Lewis heads east for a report on the state of the arts in the Outer and Inner Banks; Food editor Moreton Neal lets you know all you need to know about pork; Wine editor Barbara Ensrud begins a series comparing Old World and New World Wines; and Music editor Philip Van Vleck finds musician Jim Crew composing dramatic scores for movie trailers.

Don't forget to vote in the MetroBravo! poll in this issue and online (www.metronc.com) where you can subscribe to *Metro* to ensure you don't miss an issue—such as May, a very special month including a new section you will not want to miss. In June, *Metro* will publish the official program for the Pepsi Americas' Sail 2006 tall ships celebration coming to Beaufort and Morehead City June 30-July 5.

And note in this issue the theme for the fourth Raleigh International Spy Conference: "Castro and Cuba: The Inside Story." The 2006 event is set a week earlier on the calendar on August 23-25 at the North Carolina Museum of History. We are bringing the top experts from the intelligence community, scholars and writers who will discuss the past 40 years of Castro's regime, his role internationally and address the question, "What happens after Fidel?" Go to www.raleighspyconference.com or call the spy hotline: 919-807-7917.

—Bernie Reeves, Editor & Publisher

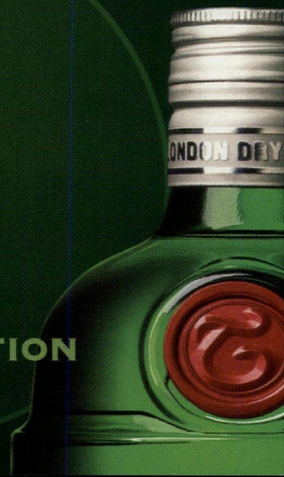
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~ TONY SINCLAIR



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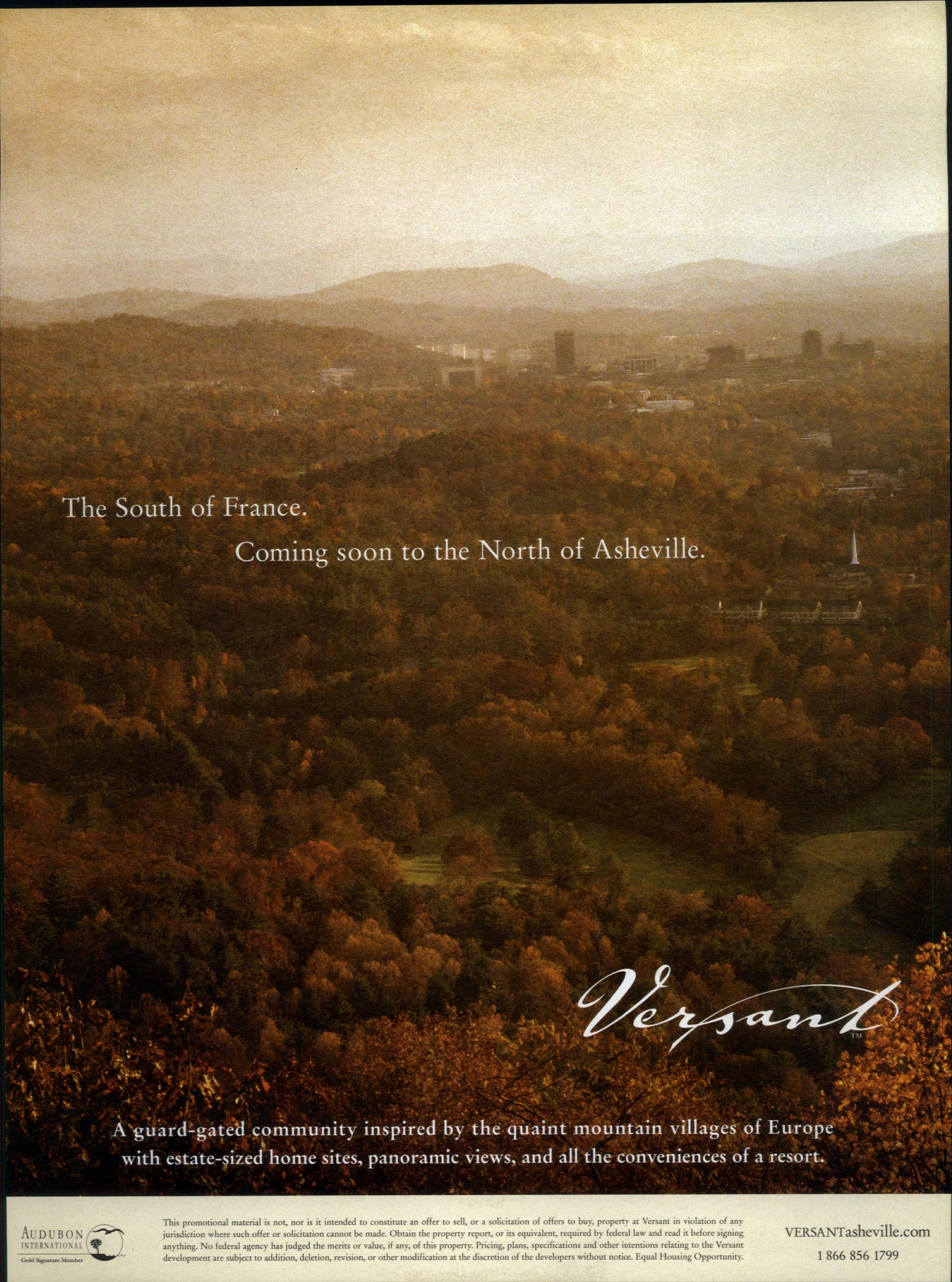
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EPISCOPAL SAINTS

May I correct your editorial note concerning "The Episcopal Church"? [*Metro*, February 2006- Notes From La-La Land]. Since the first *Book of Common Prayer* in English (1549), our Prayer Books have never included "saints" in the calendar except those mentioned in Scripture. These are called "feasts of our Lord and His Apostles." You have mixed the *Book of Common Prayer* with a book for optional use called *Lesser Feasts and Fasts* (awkward title!). It is authorized to commemorate persons and events in Church history and has, I believe, a lot of teaching value. In fact, it enriches the liturgical life of the Church as well. Speaking of enrichment, why not drop in on any one of our thriving congregations some Sunday. You would be most welcome!

Robert W. Estill
Retired Bishop
Raleigh

HARD ON PATRONS

Your Artist-at-Large Louis St. Lewis [*Metro*, March 2006] came down rather hard on patrons of charitable art auctions for not bidding more generously. The column suggested that purchases of items sold by a charity are tax deductible. They are not. The deduction is available only to the artist or other contributor who donates the item to be sold.

Lawrence Davis
Raleigh

SHABBY TREATMENT

As a local artist, I took interest in Louis St. Lewis' latest column [*Metro*, March 2006] in which he chastises local charities that host art auction fundraisers. He advises all of the charities to treat the artists with dignity and respect, as they are asking these artists to donate their work, which is the equivalent of making a substantial cash donation.

I agree with him completely.

However, in his closing paragraph, St. Lewis fails to take his own advice. He claims that the local art community is devoid of talent and that our local artists "paint like monkeys on lithium."

Maybe St. Lewis needs to learn to treat the art community with the same dignity and respect he demands from others. After all, life is a two-way street.

And incidentally, I have participated in a number of local charity art auctions and have never experienced the shabby treatment St. Lewis references. I don't know how many of these fundraisers there are in the Triangle area, but I must assume that he and I are not participating in the same ones?

Name Withheld by Request
Raleigh, NC

NEEDED TO BE SAID

I just had to tell you what a FANTASTIC article Louis St. Lewis wrote in *Metro* this month [March 2006]. Man, he spoke for so many people. Way to go! And he said it all so well, as usual. I just had to hoot out

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loud a couple times when I read it. I wanted to thank him for taking a stand, and saying what so much needed to be said!

*Jane Filer
Old Greensboro Road
Out from Chapel Hill*

PRAISE FOR HALIFAX AREA DINING

We love South Boston and Halifax, Virginia. And loved the article in [March 2006] *Metro*. Two really exciting dining experiences lie there as well as the other attractions: Molasses Grill, which is stylish and classy, and also Boston Bistro, which is gaudy good fun with some funkiness at the bar.

Food is great in both.

*Jane Bradsher Shotwell
Roxboro*

ROGER HANNAY: IN MEMORIAM

Metro readers will undoubtedly note the passing of Chapel Hill composer Roger Hannay whose memory will be eulogized in song in Hill Hall on the UNC campus Sunday, April 9 at 2 p.m.

Roger Hannay was the first person I called when the NC Symphony approached me in January 2005 to help them organize a 75th anniversary commissioning project. Having been back in North Carolina only six months, I knew that among the two-dozen composers I would be calling across the state, Roger had what it took to write a work that could be mutually beneficial for orchestra, audience and the world of composition.

Roger was a promoter of all contemporary music, and through his work in Chapel Hill as teacher and new music impresario, he put the work of hundreds of colleagues



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and students before his own. When NC Symphony's leader Grant Llewellyn chose Roger as one of the 75th anniversary commissions, I couldn't have been happier, and neither could Roger.

Roger was the first among his colleagues to finish his piece, working long hours to complete it before he died. Personally, I believe Roger started his piece the very day I called him that January to convince him

to participate, even before he'd been selected.

It was inevitable: Roger felt it—felt he had a limited amount of time, I think—and there is that joyful inevitability about the “postcard” he wrote.

Roger was a character, no doubt—an iconoclast, a firebrand. He was a lot like my old friend and teacher Donald Erb through whom I'd first come to Roger's attention. They both epitomize the last of their

kind—individualists who speak the Truth in a sea of sameness. For Roger, at times, it was an unvarnished, unsanded, abrasive kind of Truth, but what it lacked was BS. Roger was my friend and I'll miss him: his truth and his humor.

Readers can discover more about Roger Hannay at www.cvnc.org/reviews/2006/features06/Hannay.html.

Dr. J. Mark Searce

*Director of NC State University
Music Department
Raleigh*

CORRECTIONS

In “Between You and Me” [Metro, March 2006], entitled “Tolerable, Tolerable,” the picture used was not of “PaPa,” the central subject of the piece. “PaPa” was a rare Southern gentleman and church and community leader who bore no resemblance to the unidentified man in the photograph.

...

In Moreton Neal's article “New Arrivals on the Triangle's Dining Scene” [Metro, March 2006], she mentions Jac's Grill in Wilson as one of seven new restaurants she has not yet visited that are “rumored” to be great dining choices. We regret that the name Jac's Grill was misspelled, but it is corrected here.



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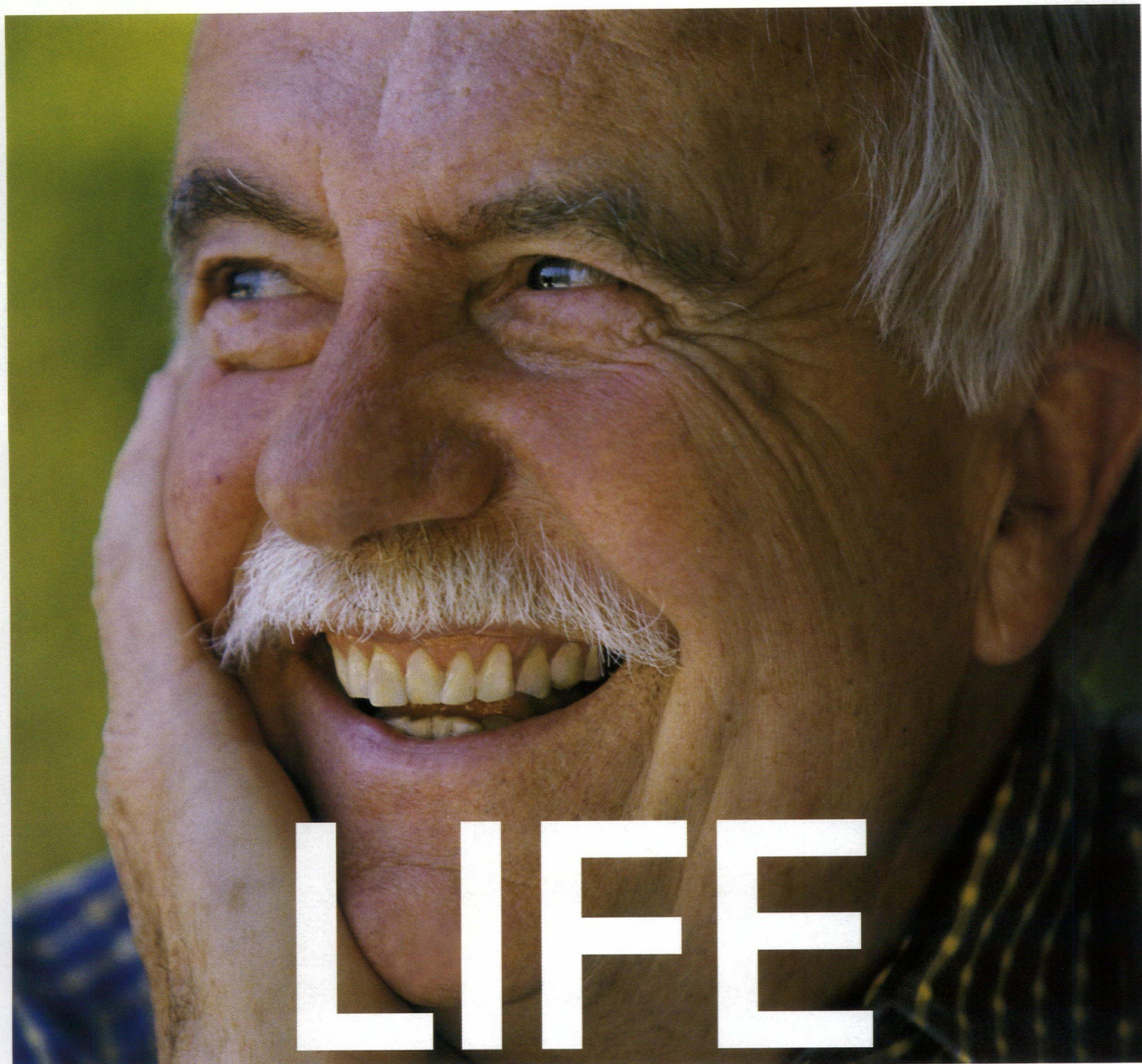
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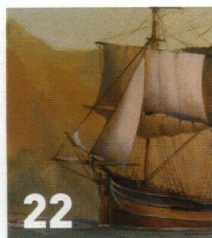
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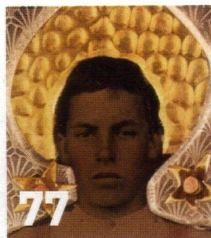
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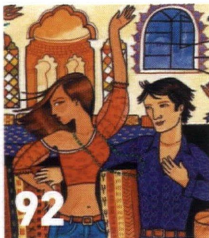
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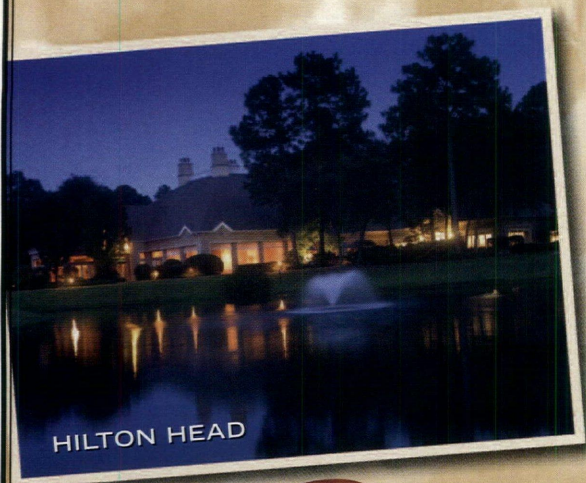


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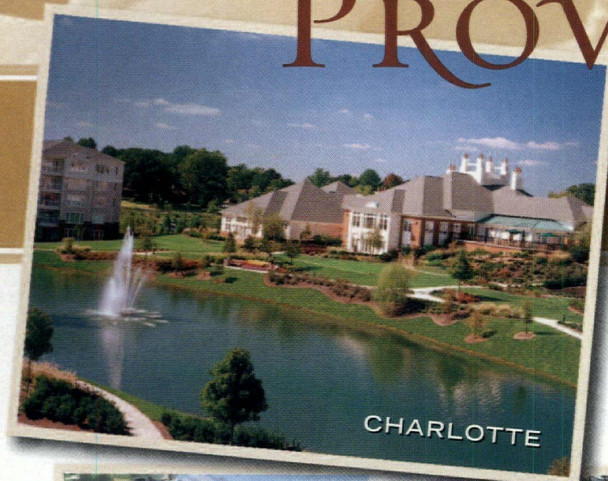
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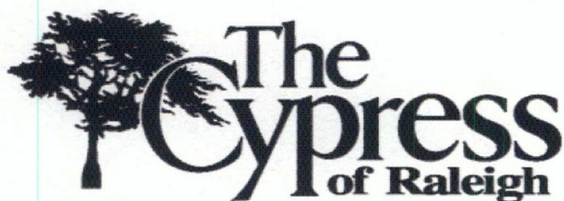


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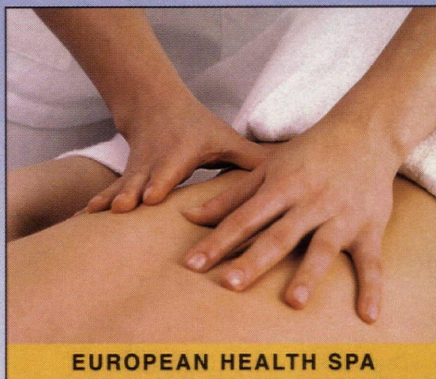


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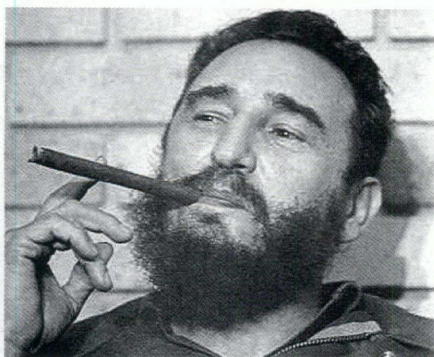
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SECRETS OF STATE

Raleigh Spy Conference 2006 CASTRO AND CUBA: THE INSIDE STORY

Visible on the geo-political horizon looms the bearded figure of Fidel Castro, one of the best-known and most-controversial world leaders of the last century. The communist dictator of one of the only two surviving communist regimes, the old Revolutionary turns 80 August 13, 2006.



What happens "after Fidel" is under scrutiny by diplomats and intelligence officers worldwide. It is also one of the themes of the fourth annual Raleigh International Spy Conference: Castro and Cuba: The Inside Story, scheduled for August 23-25 at the North Carolina Museum of History:

From the revolution and takeover of Cuba in 1959; through his sudden partnership with the Soviets; the ill-fated US Bay of Pigs invasion; the Cuban Missile Crisis—considered the most dangerous incident of the Cold War; into Castro's leadership of the KGB-designed "Non-aligned Movement" of Third World nations—which included the deployment of Cuban troops in two dozen countries as surrogates for the Soviets, Castro's regime, 90 miles from the shores of the US, and his peculiar political style and personality, have roiled at the center of hemispheric and global politics for 45 years.

Coming to Raleigh to bring an evaluation of Castro's regime using the latest dispatches from the Castro front and sessions on what the future holds "after Fidel," is a stellar line-up of hands-on intelligence figures, Castro scholars and commentators:

- **Gene Poteat**, who participated in the

Missile Crisis and worked in the CIA's Directorate of Science and Technology and the National Reconnaissance office, will divulge new information, including revelations from first-hand experience about what really happened when the US and the Soviets came close to nuclear war in Cuban waters. Poteat, retired from the CIA, is currently president of the Association of Former Intelligence Officers.

- **Brian Latell**, Castro expert and former CIA officer who served as National Intelligence officer for Latin America, is the author of the recent book, *After Fidel: the Inside Story of Castro's Regime and Cuba's Next Leader*. Latell is currently Senior Research Associate, Institute for Cuban & Cuban American Studies, University of Miami.

- **Tim Naftali**, author and scholar at the University of Virginia and expert on the Missile Crisis who had "unusual" access to KGB materials from the Havana residency from 1959-1963. Naftali's new book on Khrushchev, written with former KGB officer Aleksandr Fursenko, is due

out in October 2006 and contains new information about Castro and the USSR.

- **Don Bohning**, Latin American editor for the *Miami Herald* from 1967 to 2000 and author of *The Castro Obsession: US Covert Operations Against Cuba, 1959-1965*, will discuss Castro from the Bay of Pigs onward from personal observation and a career covering Cuba for the *Miami Herald*.

- **Humberto Fontova**, columnist and author born in Cuba who emigrated to the US in 1961, received his MA in History from Tulane and writes books and articles about Castro's influence on the American Left. He is author of *Fidel: Hollywood's Favorite Tyrant*.

- **Art Padilla**, former vice-president of the UNC system and professor of management at NCSU, is an expert on leadership styles. Padilla, Cuban-born, will deliver a background presentation on Cuban culture and an examination of Castro's "destructive" leadership style.

Go to www.raleighspyconference.com

Prelude to Pepsi Americas' Sail: Paul Hee's Exhibit of Tall Ships

"Tall Ships," a 28-painting exhibition of traditional sailing ships by artist Paul Hee will open at the NC Maritime Museum in Beaufort on April 24 and remain open during the 2006 Pepsi America's Sail, set for June 30-July 6 in Beaufort and Morehead City.

According to Hee, the collection includes painting of the sailing ships USS Wasp vs. HMS Frolic, Fanchon, and Fidelia among others. The exhibition will be on view until August 6.

For more information about the Paul Hee exhibition, call 252-728-7317 or email maritime@ncmail.net.

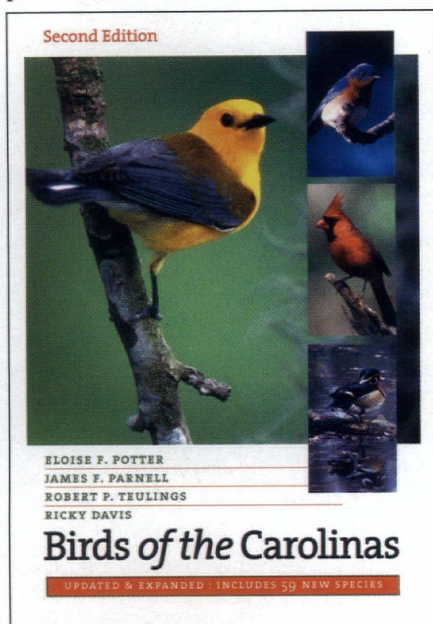


In this painting by Paul Hee, the *HMS Bounty* is shown off Pitcairn Island after the famous mutiny. Fletcher Christian, the mutineers' leader, is going ashore in a small boat.

or call the Spy Hotline at 919-807-7917 to register early for this important event.

New Carolinas Bird Guide To Come out April 17

The long-awaited 416-page second edition of *Birds of the Carolinas* will be available for purchase on April 17, featuring 381 color photographs, descriptions of 460 avian species, maps, a glossary and a complete index.



In the years since the first edition of this standard reference for North Carolina bird-watchers came out in 1986, 59 new species have been identified. According to the editors, more watchers and professionals are counting—and some birds from the North and the West Coast have migrated to the Carolinas in the past 20 years.

Co-author Eloise Potter, retired Director of Publications and Public Relations for the NC Museum of Natural Sciences, says the new edition is a “well-documented introduction to bird life in the Carolinas that tells you where to find them and their nesting habits.”

Potter, James Parnell, Robert P. Teulings and Ricky Davis authored the new edition. Check your favorite bookstore for more information or visit www.uncpress.unc.edu.

Robert Ruark Remembered In New Museum Exhibition

Robert Ruark, an internationally known

writer and syndicated journalist, will be the subject of a new exhibition opening April 20 and running through July 23 at the Chapel Hill Museum.

Born in 1915 in Southport, NC, Ruark was graduated from UNC-Chapel Hill in 1935. He lived a full and colorful life, becoming an African hunter, a friend of Ernest Hemingway, a novelist and a popular writer of first-person columns in

numerous magazines. In the 1950s he climbed best-seller lists with his novels, including *Old Man and the Boy*, which still remains in print. *Something of Value*, which gives an account of the Mau Mau uprising in Kenya, became a motion picture starring Sidney Poitier. Ruark died in 1965.

During a ceremony for the opening of the Museum's exhibition, Bland Simpson, Chair of UNC-Chapel Hill's Creative

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Justin Perkins and Drew Heller performing at Raleigh's Lincoln Theatre

Writing Department, representatives of the Ruark Society and of Southport's Robert Ruark Foundation will speak, recognizing significant contributions of Ruark's life. The second annual Robert Chester Ruark Jr. Creative Writing Award will be presented to a UNC student.

The Chapel Hill Museum is located at 523 East Franklin Street. For more information, call 919-967-1400.

From Asheville to Abidjan

With the exception of some devoted fans and close friends, no one seated in Raleigh's Lincoln Theatre last month for a concert by Asheville's Toubab Krewe knew what to expect. The quintet of North Carolina "foreigners" (that's "toubab" in West African slang) delivered a highly energetic, yet spiritual sound rarely heard outside of Africa, using unusual indigenous, multi-stringed instruments to produce, in the words of lead guitar player Drew Heller, "ninja surf world rock music." Each composition seemed to blaze a trail of its own, momentarily jolting into staccato plucks in the style of Dick Dale, then easing into a percussive thunderstorm—spewing rhythms and sonic patterns that force the body into motion.

These North Carolina boys, who lived in West Africa studying under Masters Lamine Soumano, Vieux Kante, Madou Dembele and Koungbana Conde, were jamming, yet producing complicated and sophisticated infectious World Music. It was as if Toubab Krewe knew a secret that could only be discussed using their instruments.

Percussionist Luke Quaranta was born in New Rochelle, New York, and Bassist David Pansky hails from Vermont, but the Krewe calls Western NC home. Asheville native Drew Heller plays electric guitar; Justin Perkins (also from Asheville) the 21-stringed West African harp—the Kora—and the Kamele Ngoni (specific to the Wassoulou region of Southern Mali), plus guitar and percussion. Teal Brown, who also grew up in the mountains of Western North Carolina, works the drum kit, among other percussion instruments.

These "foreigners" can play. Check them out at www.touababkrewe.com.

—Dan Reeves

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THE TALL SHIPS ARE COMING JULY.2006



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This celebration of tall ships from around the world will take place in **Beaufort and Morehead City, NC** from **June 30 to July 5, 2006**. Throughout the week, visitors will have the opportunity to get an up-close view of these majestic ships and enjoy special entertainment as part of a maritime celebration hosted by the Friends of the North Carolina Maritime Museum. For ticket information by phone, call **1.800.514.3849**.

Law Comic Book Hits Serious Note

Three Duke law professors have collaborated on a comic book exploring the impacts of copyright on creativity, and examining the benefits and costs of copyright in a digital age.

Bound by Law? Tales from the Public Domain was co-authored by James Boyle, the William Neal Reynolds professor of law at Duke University, Jennifer Jenkins, direc-

tor of Duke's Center for the Study of the Public Domain, and Keith Aoki, the Philip H. Knight professor of law at the University of Oregon Law School. Aoki also drew the comic, which features a classically curved and muscled heroine shooting a documentary about a day in the life of New York City.

Bound by Law? is the first in a series of comic books planned by Duke Law

School's Center for the Study of the Public Domain. A grant from the Rockefeller Foundation funded the project. The next comic in the series will deal with music and copyright.

The book will be launched on April 6 at Durham's Full Frame Documentary Film Festival. An expanded version, with exclusive textual commentary from notable artists and culture critics, will be available in bookstores later this year, published by Soft Skull Press.


Raleigh Fine Arts Announces Winners

Eleanor Hanna's entry Scrabble has won the 2006 Raleigh Fine Arts Society Literary Contest's Mildred Dwyer Patton award for best overall story. Hanna, a student at Raleigh Charter School, and the winners in

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THE COLLECTORS GALLERY

LongView Gallery, specializing in contemporary spiritual art, has opened in Raleigh's Moore Square district to provide space for artists creating spiritually thematic work, beliefs, cultures and media.

Darfur Pot (above) by Jennie Birlane is on view through May 26 in the gallery's first exhibition, "Expressions: A Survey of Spiritually Based Art in the Triangle," featuring more than 25 Triangle artists. Coinciding with exhibitions, the gallery will offer gallery talks, educational events and performances.

other categories will read from their works at 3 p.m., April 9, at Quail Ridge Books in Raleigh's Ridgewood Shopping Center.

The literary competition is open to all high school students in Wake County. For more information and to read the winning selections go to www.raleighfinearts.org.

Raleigh Fine Arts also sponsors an annual Artists Exhibition, a juried competition open to artists statewide. The 2006 first-place winner of the exhibition is Winterreise by Mark Brown of Chapel Hill. Finalists are on display through April 9 at Raleigh's Meredith College and are available for viewing on the RFS web site.

Also in April, the RFS annual Choral Celebration, with performances by choral groups in the third to fifth grades from Wake County Schools, is scheduled for the 19th and 20th at the Meymandi Concert Hall in the Progress Energy Performing Arts Center in downtown Raleigh.

Raleigh Fine Arts was established in 1964 to promote the arts and arts organizations with special emphasis on literary, art and choral events.

Hispanic Soccer Teams Play To Win Eastern Regionals

Soccer teams that belong to Copa Tecate, the nation's largest Hispanic amateur soccer tournament, encompassing more than 43,000 players, are competing in 22 cities across the nation for the title of national champions. Local matches are now being played in Raleigh and other cities in the area and the top winner of these games will move on to the Eastern Regional Finals in Chicago. The winner of the Eastern finals will face off against the winner of the Western regional finals at the

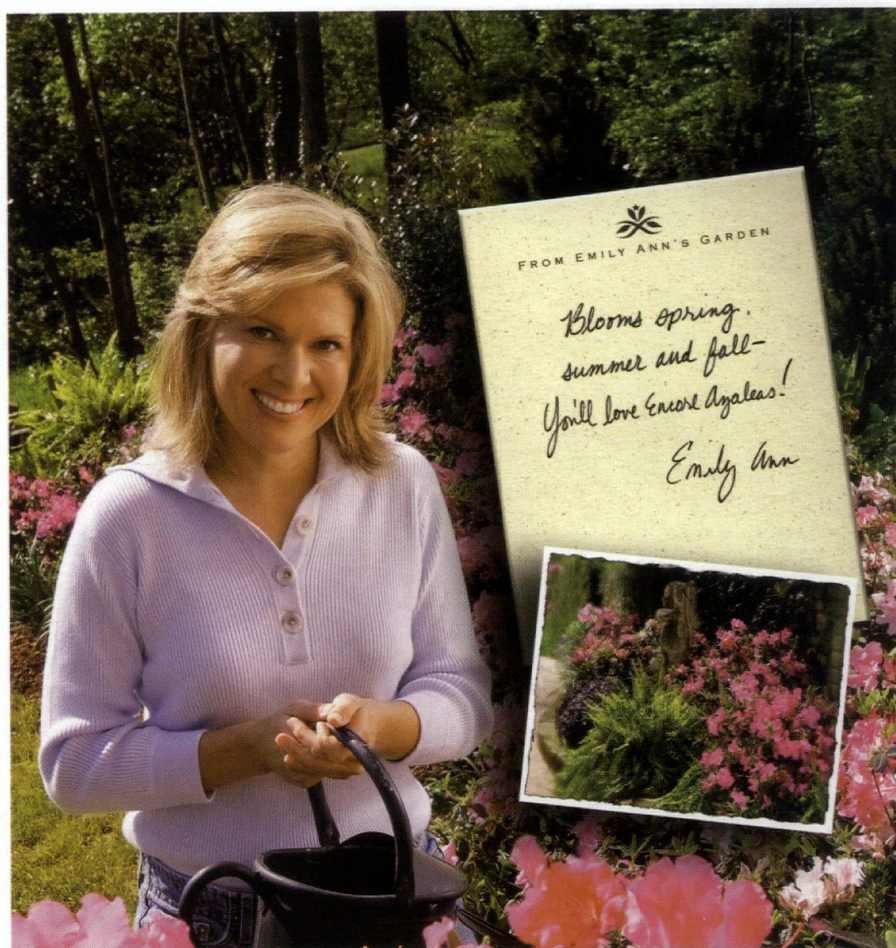
Copa Tecate Championships this August in Houston.

Copa Tecate is truly an amazing experience for local Hispanic soccer players, as it provides them the unique opportunity to be placed in the spotlight and be treated like professional players. The local Hispanic communities unite to cheer on their friends and loved ones, and celebrity soccer players often make appearances at the regional

playoffs and national championships.

National Fishing & Boating Week Scheduling Events for 2006

The sixth annual National Fishing and Boating Week is set for June 3-11, and hundreds of cities, towns, states and community organizations across the country are already scheduling events to celebrate two of America's favorite outdoor activities



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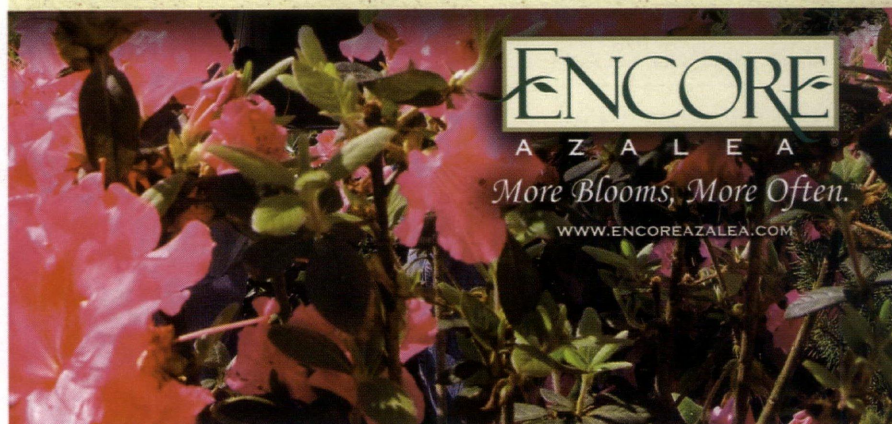


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and the strong family bonds they create.

National Fishing and Boating Week is coordinated by the nonprofit Recreational Boating & Fishing Foundation, which was created to increase participation in fishing and boating and focus attention on the need to protect the nation's aquatic resources. The Foundation is funded by the federal government's Sport Fish Restoration Program.

For up-to-date listing of National Fishing and Boating Week activities in North Carolina, go to www.waterworkswonders.org


Liberty Arts to Hold Open House

Liberty Arts, a nonprofit sculpture studio and bronze-casting facility located in downtown Durham's Central Park District, will host an Open House at the George

Watts Hill Pavilion for the Arts at Durham Central Park during the upcoming Durham Art Walk and Full Frame Film Festival weekend, April 8 & 9. A bronze pour is scheduled for Saturday, April 8 at 2 p.m. The public is invited.

To increase its service to the community, Liberty Arts plans to designate regular "Open Studio" hours for qualified artists who want to use the facilities to create their own three-dimensional works of art. Beginning and advanced classes in Mold Making and Sand Casting will be offered to facilitate relations with artists, city and county agencies, and to promote the use of large-scale publicly placed sculpture.

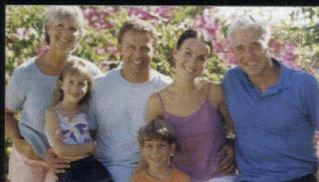
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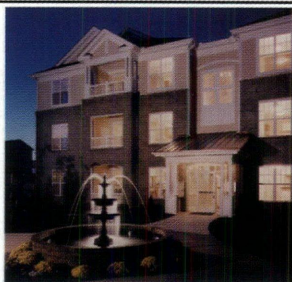
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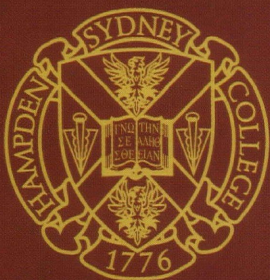
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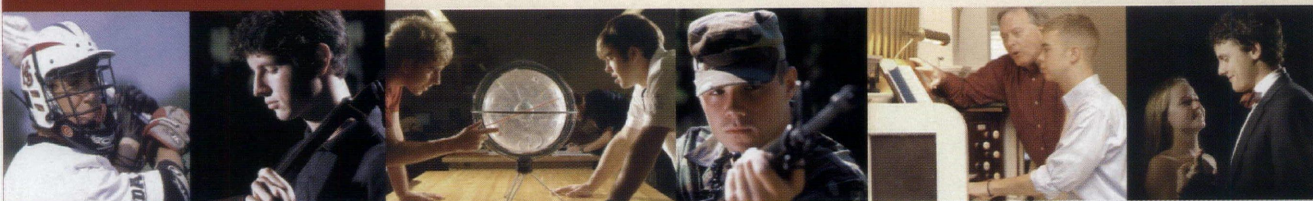
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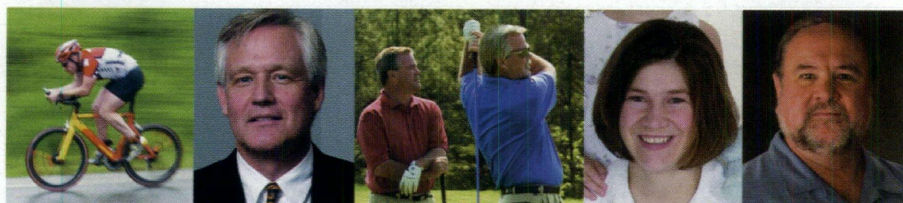

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Executive Director, Jennifer L. Collins, who has an extensive background in arts administration and design and has worked with the Durham Arts Council in their events.

For more information about open studio hours, classes, and volunteer opportunities at Liberty Arts contact Jennifer Collins at 919-682-2673 or email libertyarts@verizon.net.

Ten Inducted into NC Journalism And Advertising Hall of Fame

Nine communications professionals and one educator will be inducted into the NC Journalism and Advertising Halls of Fame and the NC Association of Broadcasters Hall of Fame on April 2 in a ceremony at the Carolina Inn in Chapel Hill.

The five journalism honorees will be Bob Allen and the late Peggy Allen, former owners of the *Wake Weekly* in Wake Forest; Jack Betts, associate editor of *The Charlotte Observer*; Hugh Stevens, a lawyer with the Raleigh firm of Everett, Gaskins & Hancock; and Louis Austin, late editor and publisher of the *Carolina Times* in Durham.

The advertising honoree will be Jim Mullen, an emeritus faculty member of the UNC school.

The four new broadcast members will be Henry Boggan, a talk radio pioneer in Charlotte; Ralph Epperson, owner of Blue Ridge Radio Inc. in Mount Airy; Maurice "Maury" O'Dell, host of the morning radio program on WPTF-AM in Raleigh for more than 25 years; and Roy Underhill of Williamsburg, VA, host of the PBS series *The Woodwright's Shop*.

The halls are based in the School of Journalism and Mass Communication at the University of North Carolina at Chapel Hill.

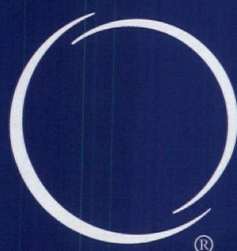
Christensen Elected President, Ecological Society of America

Norman L. Christensen, professor of ecology and founding dean of the Nicholas School of the Environment and Earth Sciences at Duke University, has been elected president of the 9000-member Ecological Society of America (ESA), beginning August 2006.

Christensen, who completed a three-year term as ESA's vice president for finance

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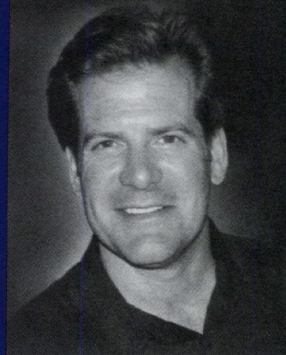
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Dr. Michael Law is a board-certified plastic surgeon. He grew up in Raleigh, attending Broughton High School and UNC Chapel Hill. After completing medical school and ten years of formal surgical training, he practiced aesthetic plastic surgery in Beverly Hills. He returned to his hometown in 2003 to be near his parents, Rev. and Mrs. Thomas Law, and to raise a family of his own. He resides in Raleigh with his wife and their two young sons.

Dr. Law is chosen by men and women nationwide who seek beautiful, natural-appearing results from plastic surgery. He performs aesthetic surgeries in a hospital O.R. and provides a complimentary overnight hospital stay to enhance patient comfort and to provide peace of mind for both his patients and their families.

Dr. Law has been featured extensively in national media. He is featured along with plastic surgeons from New York City, Beverly Hills and Miami in the April 2006 cover article of Plastic Surgery News, the official news journal of the American Society of Plastic Surgeons. This is the second time in two years that Dr. Law's Raleigh practice has been featured in a cover article by this prestigious magazine.

in 2005, is widely cited for his work on sustainable forest management, wildfire management and the impact of disturbance and succession in forest ecosystems. He is the recipient of the A. Starker Leopold Award from the National Park Service and a Distinguished Teaching Award from Duke, and was elected a fellow of the American Association for the Advancement of Science in 1993. He served two five-year

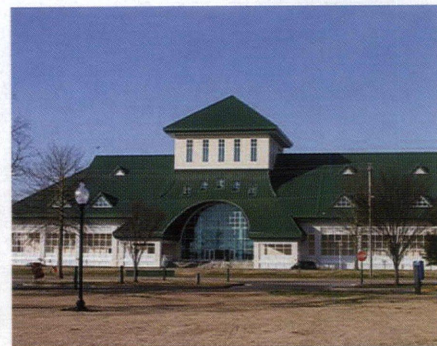
terms as the Nicholas School's dean, from 1991 to 2001.

The ESA is a nonpartisan, nonprofit organization of scientists founded in 1915 to promote ecological sciences and raise policymakers' and the public's awareness of the importance of ecology in everyday life.

Palliative Care Campaign

Through May 2006, the Rex Found-

ation is seeking \$300,000 in seed money for the establishment of a palliative care program at Raleigh's Rex Hospital. Defined as care aimed to prevent and relieve suffering, and to support the best possible quality of life for patients and families regardless of the state of disease, palliative care creates a highly structured system involving doctors, nurses, social workers and clergy. The goal is to increase quality of life for the patient and to assist families with decision-making and opportunities for personal growth. According to Rex, the program does not take the place of the hospital's long collaboration with Hospice of Wake County.



The Museum of the Albemarle will open the doors of its new building along the waterfront in downtown Elizabeth City on Tuesday, April 11. The 50,000-square-foot facility, designed with the look and feel of traditional coastal structures, will serve as an impressive site for exhibits and events about the Albemarle region's rich history, culture and traditions.

The museum's 200-seat auditorium, four classrooms and public gathering areas provide for educational programs. For outdoor events, the large, covered front porches and the green lawn offer a backdrop for festivals, craft demonstrations and gatherings. Scenic views of the Pasquotank River add to the allure of the cultural center. The museum will be open from 9 a.m. to 5 p.m. Tuesday through Saturday and from 2 to 5 p.m. on Sunday. Admission is free.

The program is scheduled to launch in June 2006, led by doctors who practice solely at Rex and headed by a Nurse Practitioner, including an educational outreach to the medical community. Go to www.rexfoundation.com for more information, or mail contributions to Rex Hospital Foundation: 4420 Lake Boone Trail, Raleigh, NC 27690-0701. **MM**
continued on page 94

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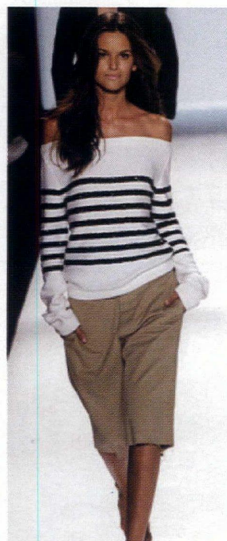
From the New York Runway to Raleigh:

CURVY, SKINNY COLORS FOR SPRING

WHITESTRIPES

Not a reference to the hipster band but to what should be in your closet right now. To be in step with spring fashion, you're going to need key pieces in white, the non-color of choice, and a handful of striped tops, sailor-style. No one does this look better than Ralph Lauren, who features wide stripes with solid white or black bottoms. Not nautical enough? Add the accessories du jour, topsiders (check out Chanel's charming but not-so-seaworthy version) and a rope-handled tote like the one from Club Monaco. All so chic and fresh in a Jean Seberg-Breathless kind of way.

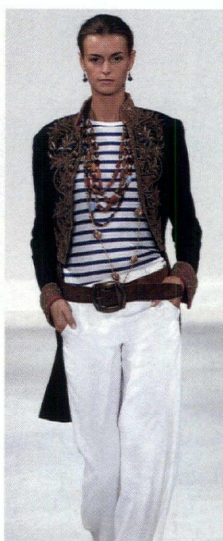
White also stands on its own in every spring silhouette from sharp pantsuits to Flower Child shifts. Cool clean white has magical powers, illuminating the skin and giving the appearance of youth, as opposed to black, which can often make the wearer look older or tired. Black is the default neutral, especially for urbanites, but try replacing a few black staples with some well-tailored white. Then all you need is a dash of bronzing powder and the name of a good dry-cleaner.



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INCLUDES NUDITY

Second runner up for a non-color this season is the elusive "nude," a shade unrepresented in the Crayola lexicon (there was a "Flesh" crayon, but that was changed to "Peach" in 1962 in deference to the Civil Rights Movement). Nude pieces serve as an ideal backdrop to a great detail or a show-stopping accessory, including beautiful hair or dramatic make-up. Ironically, nude by itself can be difficult to pull off, but there's no denying that one would never be a wallflower in J. Mendel's filmy buff dress, despite the invisibility factor of its color.

Not only are there more flesh-tones appearing in garments this season, but there are also more garments that reveal a little flesh. Why use nude fabric when the real thing will do? Several looks from Louis Vuitton showed some skin on the runway, such as a hot pink dress with the ladder-like bodice—and Versace's shoulder-baring orange top will undoubtedly be photographed on many a starlet.



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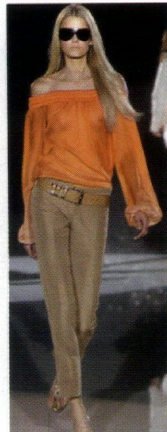
Vuitton



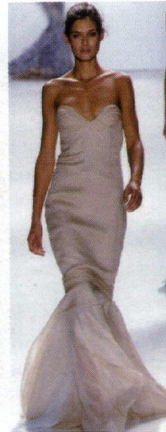
McQueen



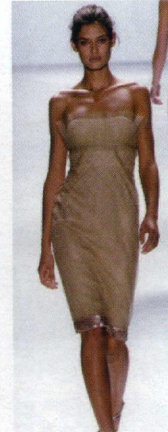
Akris



Versace



J. Mendel



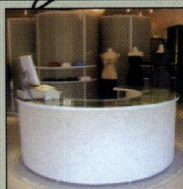
J. Mendel



Chaiken

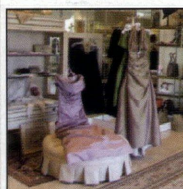
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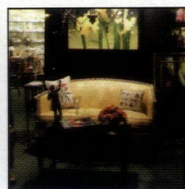
APPLE BOUTIQUE

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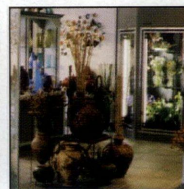
FINE FEATHERS

A ladies specialty shop featuring collections for special occasions, daywear, playtime and evening wear from distinctive designers such as Giorgio Armani, Valentino, Escada, Louis Feraud, Burberry, Etro, Agnona and many more. Ladies return faithfully for the personal service and comfortable atmosphere.



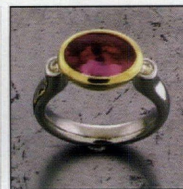
PEACOCK ALLEY

Peacock Alley is a treasure trove of beautiful accessories and gifts with such names as Herend, Katherine Houston, Mottahedeh, Heacley, Quimper and Jay Strongwater. A glorious selection for the new baby from crib to christening gowns to hand-painted tables and chairs.



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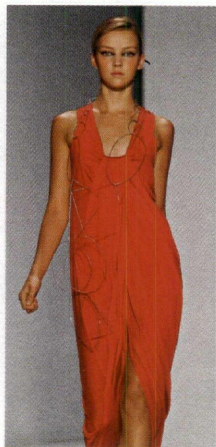
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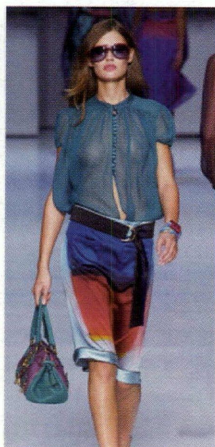
Vuitton

BRIGHTS

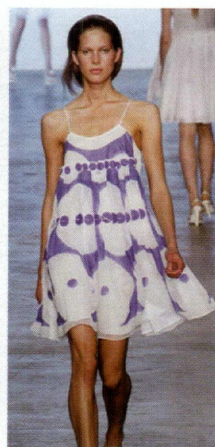
The spring palette may be dominated by neutrals, but super-saturated colors pop up in the collections like so many wayward tulips. The clear reds and yellows of Donna Karan's collection radiate optimism, while Etro's rainbow effect was positively giddy. Bright green is back for another season, along with many shades of blue. In addition to stripes, big bold prints are an important look. Giant palm fronds flutter across white Marni dresses, and Diane von Furstenberg showed almost exclusively bodacious prints, and Ferragamo's graphic black and white pieces could have walked out of an Aubrey Beardsley drawing.



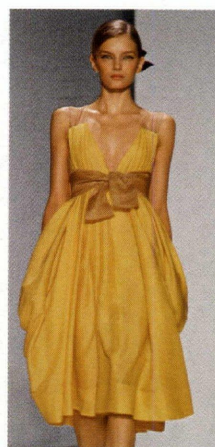
Donna Karen



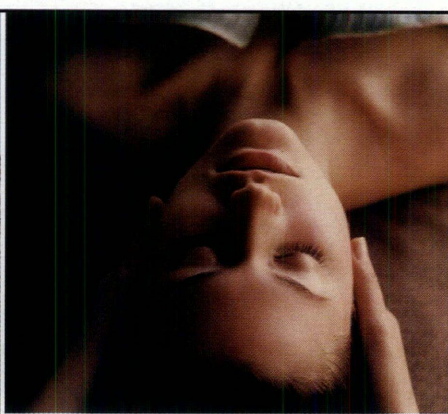
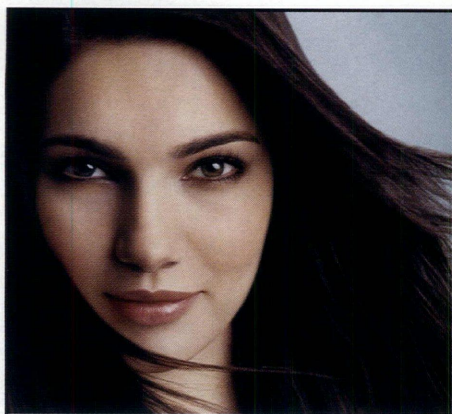
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SHAPES

'60S SWING

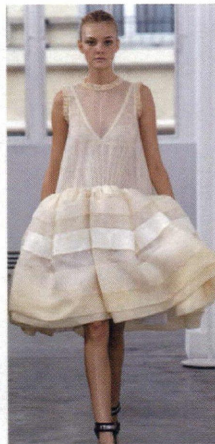
The simple geometry of '60s fashion is a big influence for spring looks. Baby doll dresses with short skirts and empire waists are on the scene—Miu Miu's shifts are chic and unfussy, but Calvin Klein wins for a cool and simple take on the '60s that is completely contemporary—as are short coats with oversize buttons, as in Burberry's retro departure from the standard springtime trench.



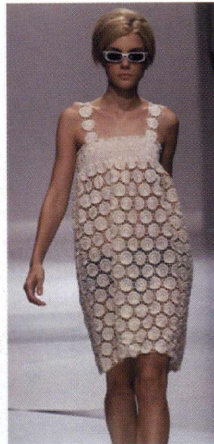
Burberry



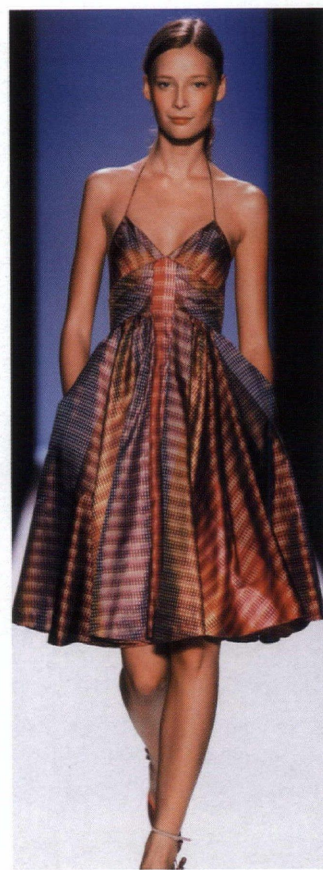
Chloe



Balenciaga



Miu Miu



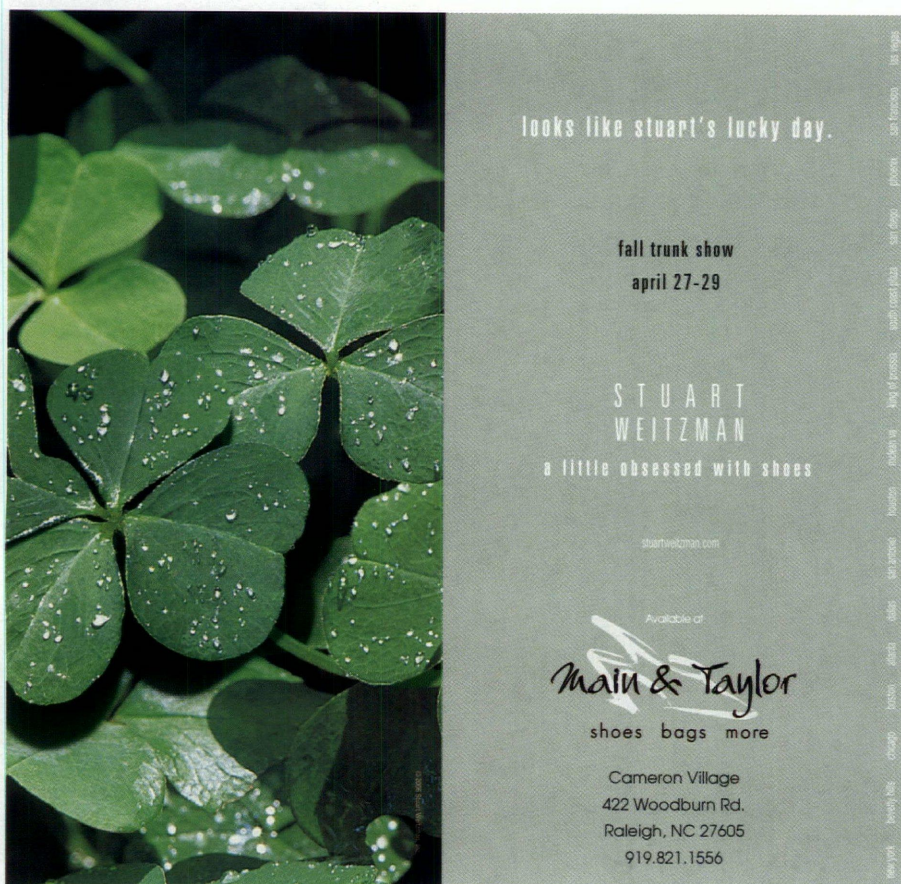
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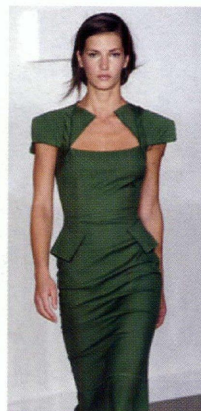
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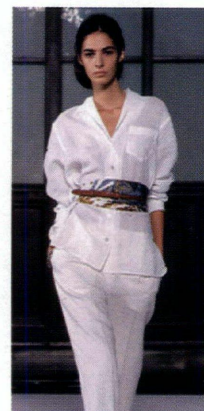
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CURVY

The hourglass silhouette of the '50s and early '60s receives an update when it meets kimonos and obi belts. Diesel showed looks that were equal parts Marilyn and *Memoirs of a Geisha*. A toned-down version features wide belts or sashes over lightweight sweaters and pencil skirts, as seen in many a look from Yves Saint Laurent. Wear it with the new platforms for a powerhouse shape that is sophisticated and very feminine—exemplified by Roland Mouret's simple green dress with cutaway neckline, which edges toward bombshell in a most polite way.



Mouret



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SKINNY

When it comes to pants, a few pairs of wide-leg versions make a stand this season, but the predominating shape is skinny, the more pencil-like the better. From Balenciaga's super-slim pantsuit (with a ruffled jacket as a counter-weight) to Gucci's low-slung sporty white pants, this silhouette is youthful and slightly androgynous. If you don't go for the skinny pants or don't have the figure of a teenage boy, then you may not warm up to another of the season's hottest trends: short shorts, which appeared in many collections, from Carolina Herrera to the usually figure-friendly DKNY, where black short shorts were shown with dramatic black platform wedges. Et tu, Donna?



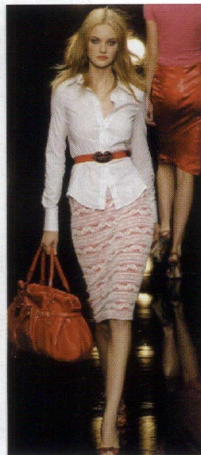
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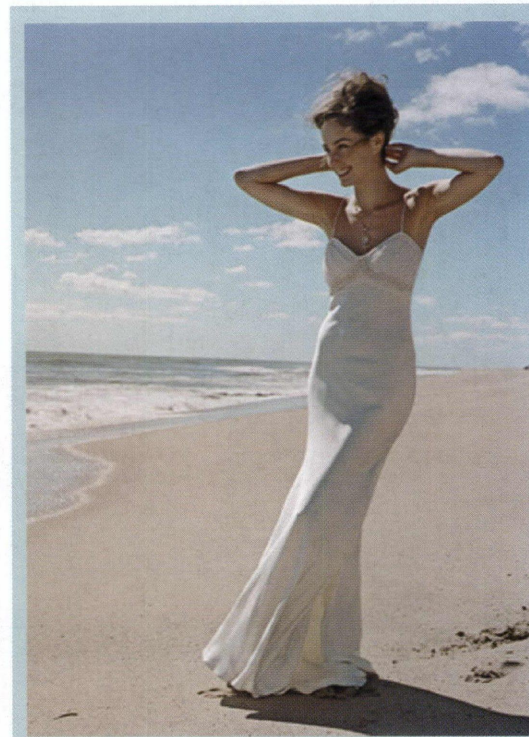
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FASHION NEWS

April 6-8; Elaine Miller Collection will hold an estate jewelry show. The jeweler will also host a **Slane and Slane trunk show April 26-27**; Raleigh, 919.571.8888

April 6-8; Vermillion will be showcasing the beautiful new spring clothes. The boutique also welcomes the fine jewelry lines Irene Neuwirth and Lucifer Vir Honestus, as well as Italian-made shoes from Carmen Ho; The Lassiter at North Hills, Raleigh, 919.787.9780

Join **Luxe Apothecary** at their new location at the Alexan at North Hills **April 6-8** for **Beauty Boot Camp**. Enjoy a mini facial and clean your makeup bag out with the pros. They will also host a **Becca Cosmetics' National Makeup Artist Event April 28-29**; Raleigh, 919.881.7828.

Liles Clothing Studio will host a **trunk show with Ike Behar April 6-7** and a **Q2 Custom Suits trunk show April 20-21**; Raleigh, 919.510.5556

April 7; Main and Taylor will host a **VanEli, Sesto Meucci, and Eric Javitz Trunk show** to showcase new summer lines. The boutique will also host a **Stuart Weitzman Trunk Show April 27-29** showcasing looks for fall; Raleigh, 919.821.1556

April 7-8; Alexia's Bridal Boutique will host a **Reem Acra trunk show**; Cary, 919.481.6633

April 8 is Lafayette 148 New York Focus Day at **Saks Fifth Avenue**. View the latest spring fashions from this modern designer and earn triple points on your **Saks** account. On **April 21-22**, jewelry designer Barry Brinker will make a personal appearance in store. Along with precious and rare stones and artifacts from the Far East, he has individual pieces in his line. Brinker will explain in detail the design inspiration and materials used in each jewelry item designed by the artist himself in his Hong Kong studio; Raleigh, 919.792.9100

Glam Lounge, a downtown salon, is having a Beauty in Bloom spring event the evening of **April 21**. The event will feature Bella Il Fiore beauty products and chic tips for your spring look. The salon will

also offer hair consultations; Raleigh, 919.832.0095

Spectrum Gallery introduces a new collection of beaded jewelry for spring including dangling briolettes and hand-cut gems that shimmer and sparkle in the sunlight; Wilmington, 910.256.2323

Razook's is fully loaded with the beautiful new spring merchandise; Raleigh, 919.833.6121

New spring lines are in and continuing to arrive every day at **Beanie + Cecil**. Designers include the jacket line Smythe, dresses from Annelore and a new bathing suit line, cusp whose bikinis range from metallic to solid; Cameron Village, Raleigh, 919.821.5455

The new boutique to grace the Alexan at North Hills, **gena chandler**, carries a variety of designer labels including M Missoni, Ya-Ya, Pegah Anvarian, Rachel Pally, LA Made, Mara Hoffman, 3.1 by Phillip Lim, Minnie Rose, D & G, Valentino Red, Stelle, Nili Lotan, Twisted Heart, Alice + Olivia and RE. Also offering jeans from Serfontaine, Robin's Jeans, Genetic Denim, People's Liberation, Earnest Sewn, J Brand and Siwy; Raleigh, 919.881.9480

Emmie Claire Howard and Kinston native Reagan Elizabeth Hardy introduce **Southern Proper**, featuring a unique new line of ties and bow ties for the Southern men they adore. The ties can be purchased at Varsity Men's Wear in Crabtree Valley Mall in Raleigh. Visit www.southernproper.com to view the line and for more information.

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C'est Bella introduces its new label of uniquely designed handbags, **Madie-Deluxe**. New products for the spring include a wristlet, an updated carry-all bag and a new gusset handbag; www.cesbella.com

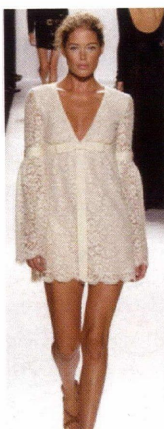
DETAILS

LACE + EYELET + RUFFLES

Three details ruled the runways for spring: lace, eyelet and ruffles. Designers were not stingy with any of them. Lace isn't just for cuffs and collars—it's being



Yves St. Laurent



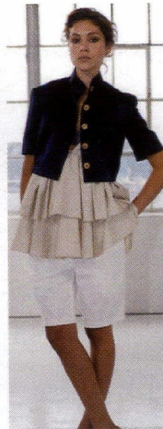
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Kors

used for total looks. Go all out with a lace dress, like the baby doll version from Michael Kors. Or simply get inspired by Oscar de la Renta's white silk organza gown. More casual than lace, eyelet is a fun summer choice, and its charm is used to advantage in pieces like Nanette Lepore's short-sleeved blouse with eyelet trim. In the mood for something more dramatic? Think ruffles, and don't miss the lavender confection from Yves Saint Laurent. Ask the Easter Bunny to leave one in your basket.

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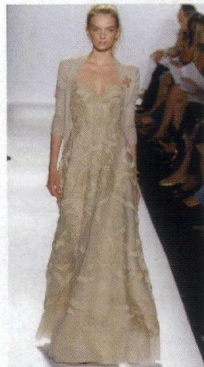
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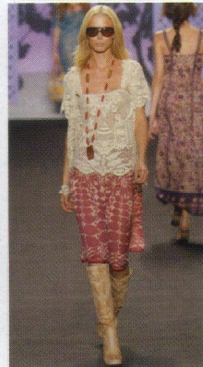
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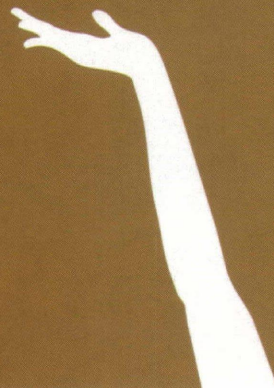
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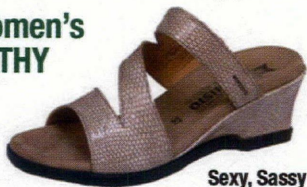
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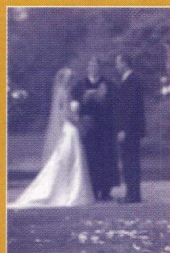


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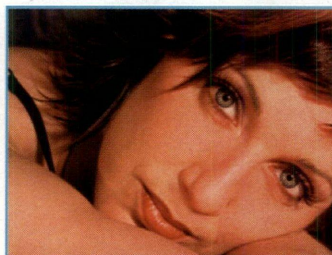
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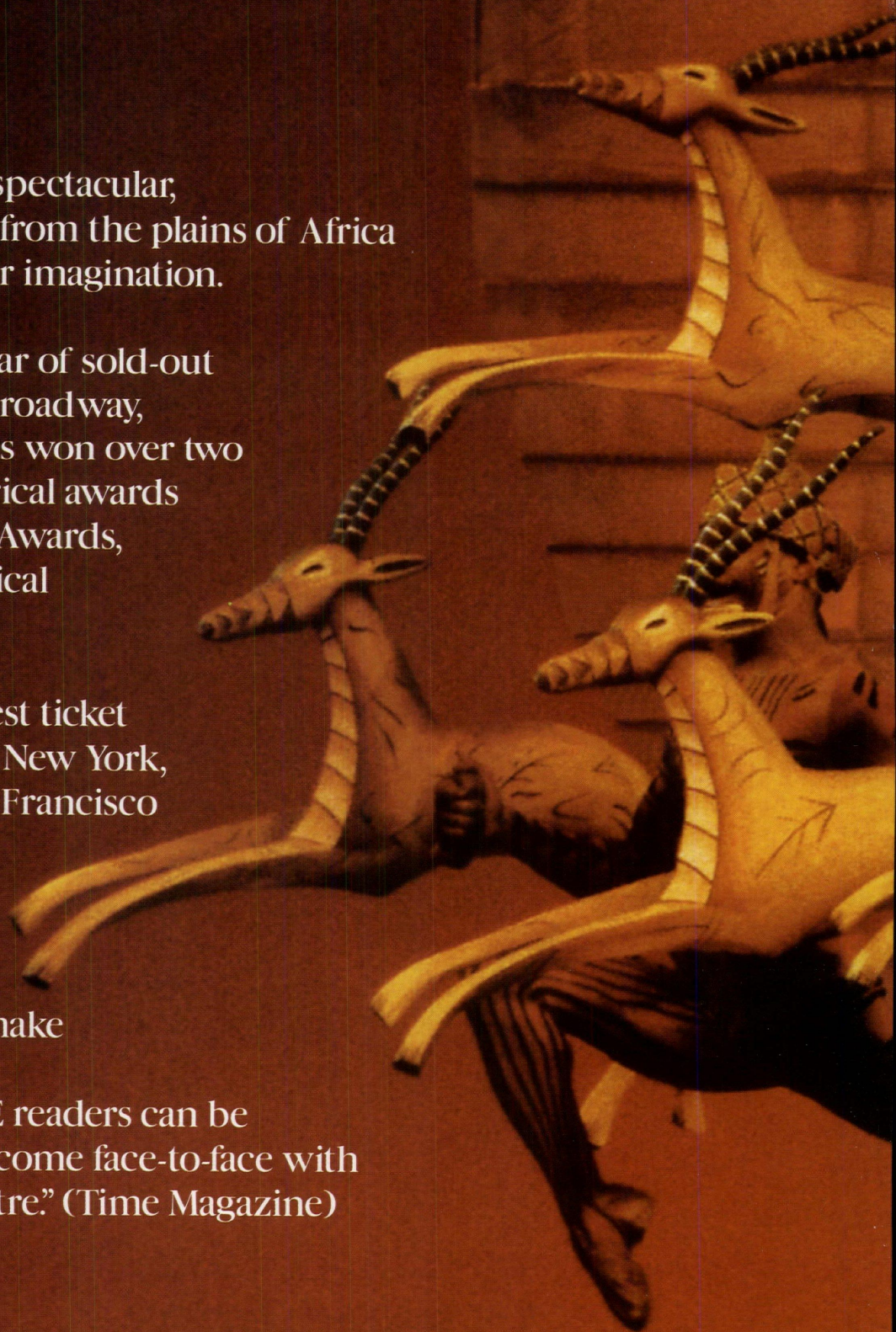


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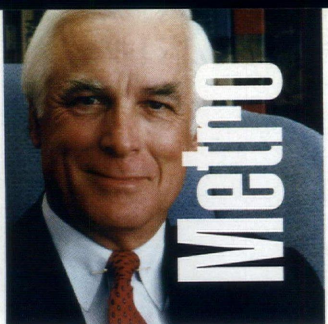
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Editor-at-Large

by Jim Leutze

SOMETIMES NICE GUYS DO FINISH FIRST

I'm not overly enthusiastic about big-time college athletics; indeed, I'm a frequent critic. But there is one program I am enthusiastic about—the UNC-Wilmington Seahawks. Several of the sports teams are outstanding, but since it's March, let's talk about the men's basketball team.

This year they went 25–7 and won the Colonial Athletic Association (CAA) title for the fourth time in the last seven years. They are off to the Big Dance where they'll start off against George Washington in Greensboro. I say “start off” because in the past they have beaten powerhouses—like USC in 2003—and lost a heart-breaker to defending champion Maryland. In that game they were leading with three seconds left when Maryland guard, Drew Nichols, threw up an off-balance shot from mid-court to win by one. We'll know what happens this time by the time you read this column.

But, you'll say, what's so outstanding, there are lots of good basketball teams out there. Well, this team is the real deal, a college team that has the right values and does things the right way. They are a class act.

Let's admit from the start that their style of play is not flashy or dramatic. As one reporter said, “Brad Brownell is the head coach at UNC-Wilmington, where they win consistently and dazzle no one in the process.” Another observed, “They've got the fundamentals down cold. The roster brims with players highly skilled in the often-overlooked arts of passing, dribbling and shooting. ... They share the ball admirably, with nobody averaging more than 13 points per game.”

They also hold onto the ball once they get it, averaging only 12 turnovers per game. They don't score a lot. About 67 points per game, but that's more than the 59 they allow their opponents.

But they are quite dramatic in the classroom. Each year the 12 teams that make up the CAA select a seven-man Academic all-star team. This year, three of the Seahawks starters were selected—I repeat, it's a 12-team conference and three out of seven all-stars came from UNCW. And the Conference, which includes *U.S. News & Report's* top universities—like William & Mary, James Madison and Delaware—puts a lot of emphasis on academics. They don't just say they emphasize academics, they are one of the few in the country who have an Academic Alliance with a parallel office and staff. This group promotes academic exchanges, puts on conferences and encourages cooperative research projects.

Back to UNCW. I hope your eyes don't glaze over here, but the NCAA, in an attempt to encourage improved graduation rates, has come up with a complex formula called an Academic Progress Report (APR) (see the November 2005 feature on college sports in

Metro online at www.metroinc.com). Top score is 1,000 and failing is 925. This year, 42 percent of the men's basketball programs were at 925 or below. But there is an adjustment made for “squad size.” When that adjustment was added in, only 11 percent of the teams were judged to be failing. (Accountants aren't the only ones who can do magic with numbers.) In North Carolina only one team made 1,000—Davidson. Appalachian State made 991 and UNCW was third with 990—ahead of UNC-Chapel Hill at 989, Duke at 978, Wake Forest at 978 and ECU, which was penalized because they were below 925. William & Mary, by the way, made 1,000.

Teams that scored in the top 10 percent of all Division I teams earned public recognition awards. The number of teams at each Division I program in the UNC System so recognized were UNC-Chapel Hill—6, UNCW—6, Appalachian State—4, UNC-Greensboro—4, ECU, NC A&T and NC State—2, and UNC-Charlotte and Western Carolina—1.

How did this happen? How do you get a team that performs well on the court and in the classroom? It starts at the top. The chancellor insists that the coach recruit players who can graduate and who won't embarrass the university. The coach follows the rules. In this case, the coach, Brad Brownell, is a gentleman with values and a strong commitment to his players and their lives today—and when they graduate. His CAA Coach-of-the-Year Award and the FoxSports.com Mid-Major Coach-of-the-Year Award testify to his coaching ability.

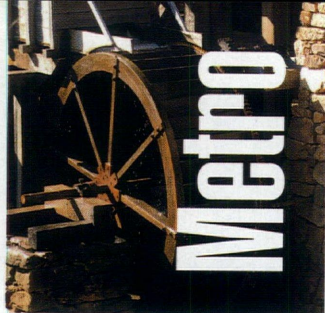
He insists that his players go to class; if they skip class, they don't play. If they get

a technical, they are out of the game. If they get in a fight or confront an official, they may be out for the year. This does not produce a team of pantywaists; UNCW is known as a “physical” team. One reporter referred to their “in your face defense” while another said, “They'll go floor-burn for floor-burn with anybody.” It does produce a team that plays hard and knows the rules. For example, just before the Maryland game mentioned earlier, the athletic director and the coach came to me (I was chancellor at the time) and reported that one of our highest scorers had tested positive in a privately administered drug test. It was unlikely he'd be tested by tournament officials, so what to do? Neither of them hesitated before recommending that he be suspended immediately. He was, and we lost, but a lasting message was sent to him and his teammates.

It's too bad that message doesn't get the attention of sports fans like someone's amazing jump shot or dazzling dunk. The Seahawks stay closer to the ground, but they are real student athletes. Sometimes virtue is rewarded and sometimes nice guys do finish first. **MM**



2006 CAA Men's basketball team celebrates.



Design

by Diane Lea

Photography by Kinsley Dey

Dedicated Public Partners Create Stunning Success

YATES MILL: WAKE COUNTY'S ONLY SURVIVING GRISTMILL CELEBRATES 250 YEARS AS THE CENTERPIECE OF A NEW PARK

A picturesque old mill stands by a cascading waterfall. We all relate to the scene as it tugs at a communal memory of the time when gristmills were important gathering places for the often far-flung residents of rural communities. The center of farming life for many, the mills did the serious business of converting crops like corn and wheat into meal and flour for the family's table or for sale. The trip to the mill was also an opportunity for a treasured bit of socializing—swapping gossip, trading wares, and enjoying impromptu meals with friends and relatives.

20 years before the American Revolution until it ceased operation 200 years later, overtaken by changing times. That it is still standing and about to become a museum of mill technology is a story worth telling.

There is another story, too, that of the preservation of the Yates Mill site—with its 20-acre mill pond and 16-foot dam as the centerpiece of the 574-acre Historic Yates Mill County Park. The historic and environmental park will open to the public on May 20 and 21 with corn grinding, nature walks, canoe rides and tours of Yates Mill and of the 16,000-square-foot A. E.

nership, a team of designers, engineers and scholar-craftsmen, dedicated staff, and the heart-warming philanthropy of many Wake County people, including the A. E. Finley Foundation. The process has been guided and assisted by Yates Mill Associates (YMA), a now more than 700-member strong non-profit organization. Bringing the park to reality has been a 10-year process. Totally restoring Yates Mill took much, much longer.

Wake County District Court Judge Robert Rader recalls that the preservation and restoration of Yates Mill began with a 1988 meeting hosted by the Wake County Historical Society/City of Raleigh to discuss the future of the severely deteriorated and endangered historic mill. "Dan Becker, of the Raleigh Historic Properties Commission, presented a slide show on the mill to an audience of about 75 people," says Rader. "After the meeting, a few of us decided to meet monthly to address this important but thorny problem." It soon became apparent that there needed to be a separate organization whose whole focus was the preservation of the mill. The Society spun off the YMA, a non-profit group charged with finding money to address the Mill's most pressing problems and formulating a strategy for a long-term solution.

From the beginning, YMA planned on a pay-as-you-go restoration beginning with the initial stabilization of the mill structure, a paramount concern. "The sawmill shed, a later addition to the complex, was pulling away from the mill building," says Rader. "With \$8,000 raised from several fundraising events, we asked the William C. Vick Corporation to temporarily reinforce the shed with cables. Jeff Sugg, a Holly Springs craftsman, tackled the deterioration in the



HISTORIC YATES MILL COUNTY PARK

The oldest photo of Yates Mill dating from the 1890s. The photo was a postcard that said "Penny's Pond, Raleigh" on the reverse.

From 1756 until the 1950s, Yates Mill, Wake County's only surviving water-powered gristmill, filled this important social and economic function for the area. Located five miles from Downtown Raleigh on Lake Wheeler Road in the south-central sector of Wake County, the productive life of Yates Mill spanned the period from

Finley Park Center for Education and Research. The mill will again be a destination of importance to the Wake County community.

DEDICATED PARTNERSHIP

The development of the park has been carried out by a diverse public-private part-

Wake County's only surviving water-powered gristmill operated for 200 years. Now restored, it will soon be open again to visitors.




mill's 12-foot overshot waterwheel." Next the group approached the National Trust for Historic Preservation for a grant to prepare a historic structure report on the building's historical and architectural significance, its condition, and the estimated cost to restore it. The report, meticulously prepared by architect Jim Smith of Hager-Smith Design, P. A., was completed in 1991. For the next three years, YMA quietly pressed forward, following the report's

blueprint for restoration. Carolina Crane of Raleigh donated their services to move the mill wheel, and by 1994 the group was ready to begin the restoration. YMA commissioned New England master timber framer Jan Lewandoski to address the exterior of the building. "YMA asked that he retain as much of the original fabric as possible," says Rader. Then in 1996, Hurricane Fran caused the breach of the historic old dam that YMA had thought was in re-

markably good shape. Yates Mill held, but the sawmill shed collapsed. "If the mill hadn't already had the preliminary stabilization, it would have been toothpicks in the mill pond," says Rader.

Cary-based structural engineer David C. Fischetti of DCF Engineering Inc. came to the mill in its early stages and worked with Smith on the initial phase of the project. Fischetti brought in architect Mark Williard of Williard Firm Architects to advise on the restoration of the structure after the devastation of the sawmill shed, the pond and the dam. Fischetti is philosophical about the disaster, noting, "If it hadn't been for Fran, we would not have had access to the FEMA recovery money

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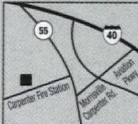
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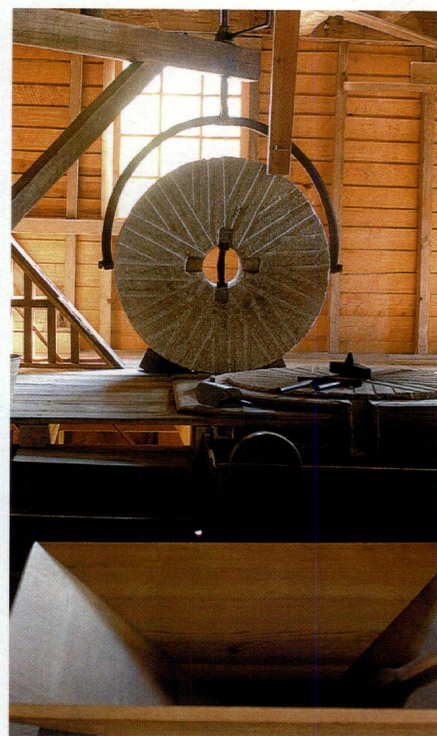


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As a custom mill, Yates Mill served the public. It retained much of its original machinery.

to restore Yates Mill. The percentage of the milldam and sawmill restoration was divvied up with 10 percent borne by NCSU—which owns the mill—10 percent by Yates Mill Associates and 80 percent by FEMA."

Despite the destruction caused by the hurricane, there were some positive prospects. In 1996, several months prior to Fran, YMA approached Wake County with a proposal to transform the Yates Mill site into a public park. The County was receptive to the idea and an allocation of respon-

REALTORS® Welcome. ©2006 KB Home (KBH). ARTIST'S CONCEPTION: Illustration shows upgraded landscaping and may not represent community's lowest-priced homes. Map not to scale. RAL-44196



sibilities was hammered out. According to Rader, "NCSU owned the land, the County would provide the park infrastructure, and YMA would continue to provide volunteers and fundraising support." A 60-member planning committee began working on a Park Master Plan that eventually included an additional 400 acres for hiking trails located upstream of the mill pond. The 400 acres were obtained under a memorandum of agreement with the NC Department of Agriculture and Consumer Services. Another 16-acre upstream property was purchased with a grant from the NC Clean Water Management Trust Fund. "With the idea for the park in place and approved," Rader explains, "YMA and the partners could devote \$350,000 of local recovery funds to dredge the devastated mill pond and remove 40,000 cubic yards of silt."

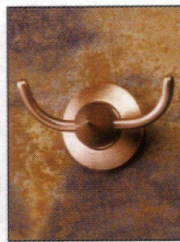
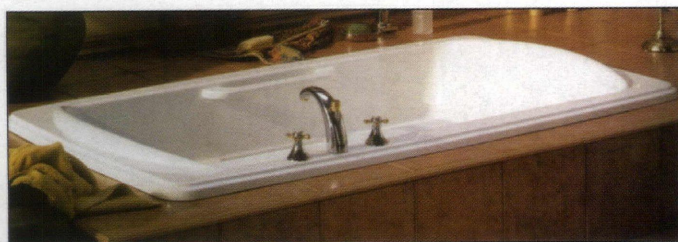
Between 1996 and 1999, the new partnership conducted a major fundraising campaign that generated \$600,000 to support the park's development. In 2000, the City of Raleigh and Wake County ear-



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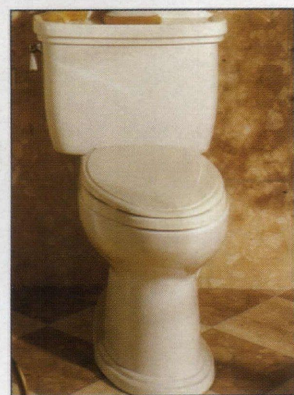
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marked \$1 million from the hotel/motel tax fund for the effort, and in 2002 the A. E. Finley Foundation donated \$1 million to the park center construction.

"The relationship between historic Yates Mill and the Finley Foundation is a long-standing one," says Rader. "Between 1947 and 1963, Albert E. Finley maintained a lodge on the mill pond as a combination family and corporate retreat. In 1963, the mill property was sold to NCSU, but the Finley Foundation and family supported the efforts to preserve the mill with ever-increasing donations." The \$1 million to fund the design and creation of the park center was certainly icing on the cake.

BLENDING THE OLD AND NEW

The park partnership chose Mark Williard to design a multi-purpose center to accommodate a reception area/lobby with permanent park exhibits, an auditorium, teaching classrooms, a library-archive resource room, a catering kitchen, and office space for the Park Manager and staff. The center design also included an NCSU research wing—focusing on cold-blooded species—and a magnificent stone patio and

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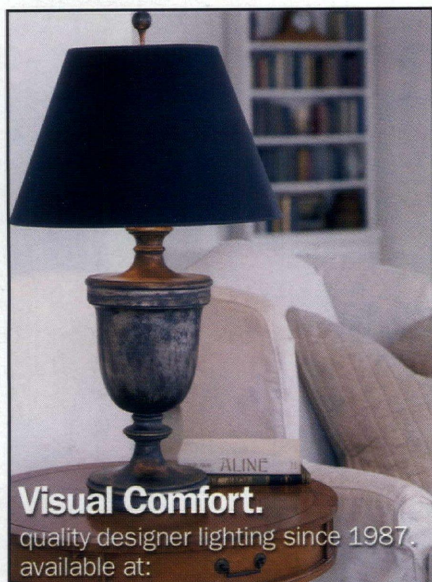
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mill observation area overlooking the scenic lake and restored mill.

Park Manager Rebecca Cope characterizes the architecture of the A. E. Finley Center as a successful blending of materials that suit the natural setting with a design that resonates with the concept of a lodge, much like the one that once occupied the site. "The center is mostly stone and wood with a beautiful stone-floored lobby and views of the pond through large window walls," says Cope. Her own office, adjacent to the lobby/visitor center and exhibition area, will be in easy proximity to the wealth of public outreach and educational facilities the Center offers. "We are especially excited about the modern classroom wing and the auditorium," says Cope. The educational programs for children scheduled from May through August include several environmental education summer camps sponsored by both NCSU and the NC Museum of Natural Sciences. Other offerings focus on plant and animal studies, especially on the flora and fauna around the pond. Even cane fishing classes will be offered.

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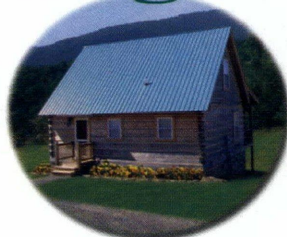
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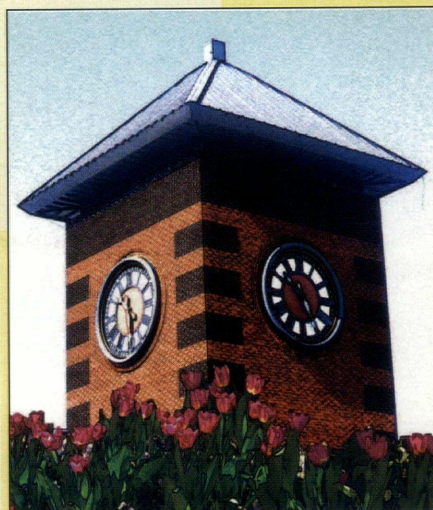
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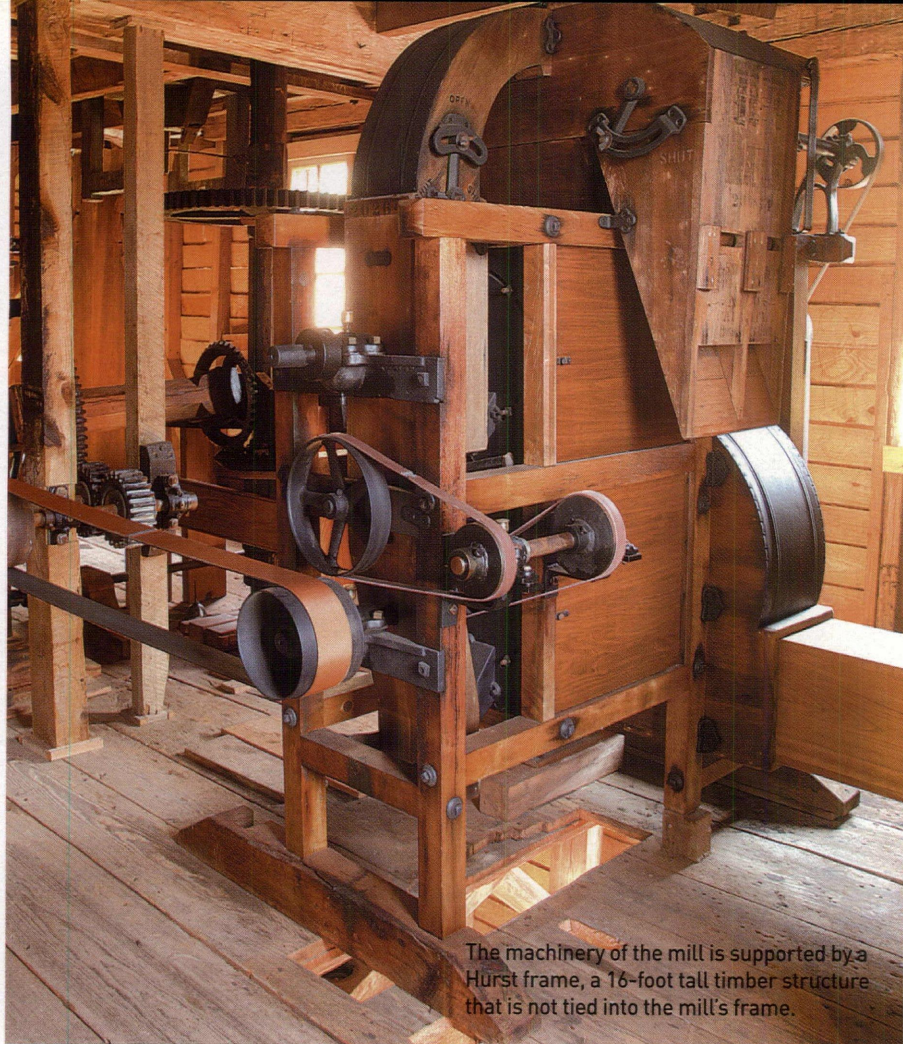
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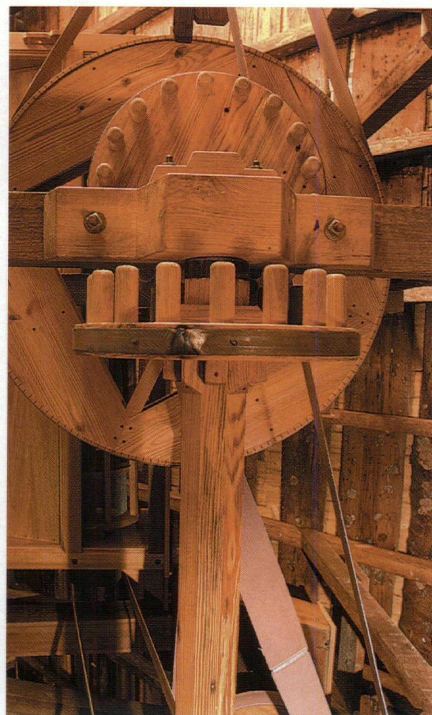
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The machinery of the mill is supported by a Hurst frame, a 16-foot tall timber structure that is not tied into the mill's frame.

accentuated by its cathedral ceiling supported by two 110-foot-long inverted tied arches of glued and laminated southern pine and solid timber that span the entire length of the lobby and penetrate the lake-front window wall to anchor the overhanging porch. The stone terrace leads to a boardwalk and dock for closer observation of the pond's bird life. Architect Williard, working in concert with the engineers and staff for the project, has accomplished a building totally in tune with its environment and sited to take maximum advantage of views of the historic mill and of the wildlife habitat. A stonewall path allows visitors to move from the Center to the mill while enjoying a short nature walk.

Every effort has been made to restore the mill authentically, creating a sensation of changing places in time. Cope, a skilled interpreter of the structure, commented:



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"The mill was a custom mill in that it served the entire local community, not a merchant mill which was more specialized," says Cope. "At different times in its life, the mill was utilized as a saw mill for lumber manufacturing, for wool carding, as well as for corn and wheat milling." The interior of the mill is still equipped with much of the original machinery, and even the historic graffiti is carefully preserved. Cope explains the process of milling grain, following the trail from the main level stor-

age and milling area to the third floor where a reconstructed "Hopper Boy"—the last step in the flour milling process—has been installed. The final coup was accomplished by local craftsman William Robbins, who also assisted with the reinstallation of the waterwheel and built the flume that carries water from the pond to the wheel. Robbins worked extensively on the interior restoration, including the power drive system, gears and all the machinery—which was restored by Ben Hassert, who was brought to the job by Derek Ogden, consultant. Ogden prepared a structural report on the mill and suggested ways to restore the mill machinery. The machinery of the mill is supported by a Hurst frame, a 16-foot tall timber structure not tied into the mill's frame built by New England bridge-wrights Arnold Graton and Sons.

Robbins played detective throughout the restoration process, painstakingly analyzing clues to how things had worked in the mill. "The clues to the final installation of the 'Hopper Boy' and its complicated system of pulleys and gears were two original pulleys found in the mill, a 54-inch wooden pulley and a 10-inch wooden pul-

ley," says Cope. "Their purpose and original location were unknown." However, Robbins was able to reconstruct the system by following information found in the 1795 book *The Young Mill-Wright and Miller's Guide* by Oliver Evans, who developed the flour milling process used in Yates Mill. The installation on the third floor of a reconstructed "Hopper-Boy," a means of cooling the milled flour before it was sifted, was guided by existing circular groove

marks left in the old floorboards as the original machine rotated.

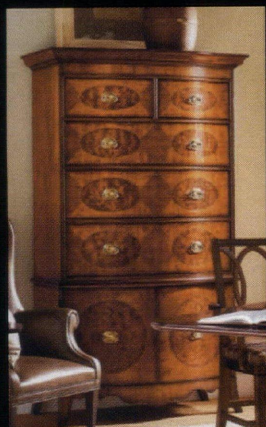
HISTORY REGAINED

It is useful to mark the completion of the restoration of Yates Mill and the opening of Historic Yates Mill County Park by reviewing the 200-year history of the mill's ownership. According to the *History Timeline of Yates Mill* published by Wake County, Yates Mill was built around 1756

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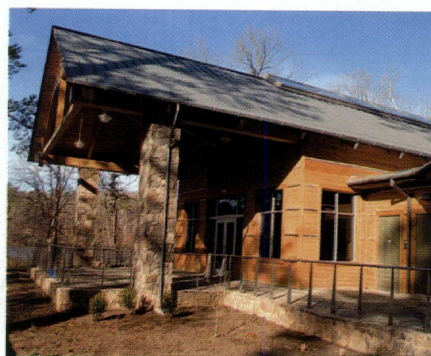
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by Samuel Pearson, and both the mill and 640 acres around it were later granted to him by the Earl of Granville, one of the original seven Lords Proprietors. At Pearson's death in 1802, the mill passed to his son Simon Pearson who was forced to sell the property in 1819 to satisfy debts owed to the State Bank of North Carolina. William Boylan purchased the mill and is thought to have renovated it between 1820 and 1850, adding a sawmill sometime in the 1840s. In 1853, the property was sold to Thomas H. Briggs, James Penny and John Primrose, who sold his share of the mill to James Dodd in 1859. On March 2,



A stone terrace on the A. E. Finley Center provides a perfect view of Yates Mill and millpond.

1863, Penny, Dodd and Briggs sold the mill to Phares Yates, who later married James Penny's daughter Roxanna. The mill remained in the Yates family until NC Equipment Co., a subsidiary of A. E. Finley Associates purchased it in 1947.

The restored Yates Mill and the Historic Yates Mill County Park are a monumental achievement of dedication, hard work and professional care in the details, creating an invaluable and beautiful reconstruction. Go see for yourself. 

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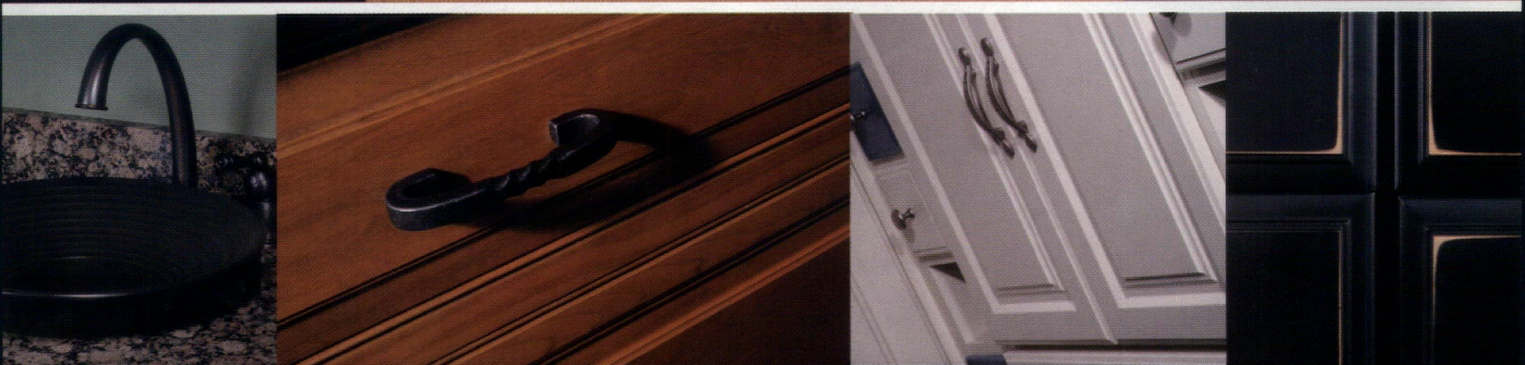
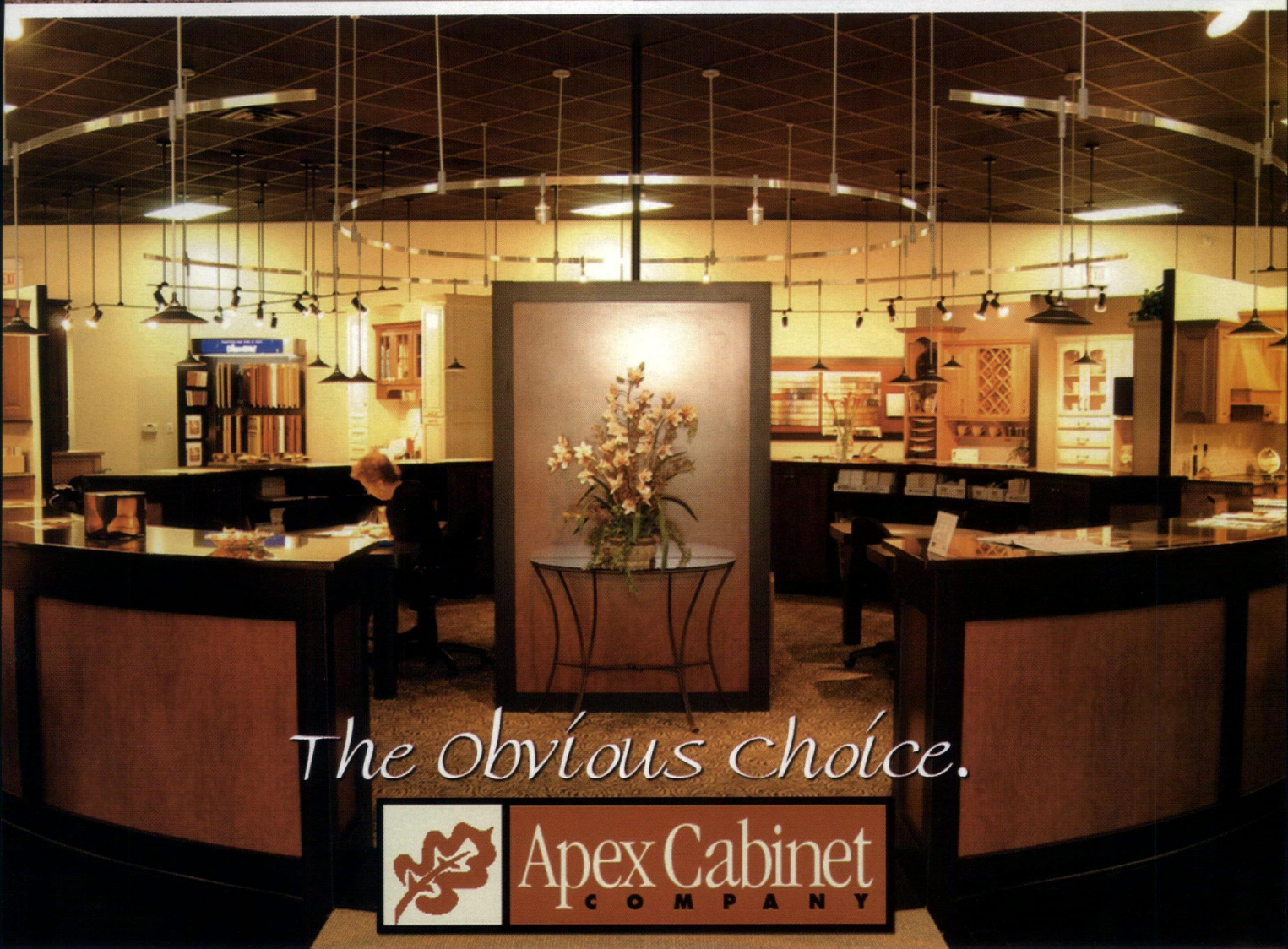
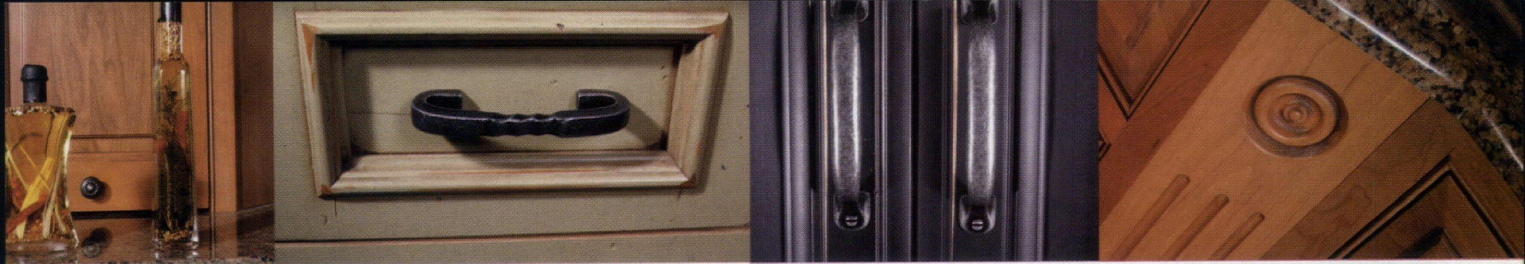
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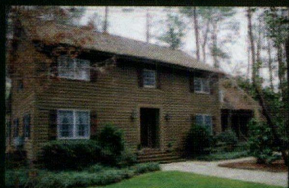
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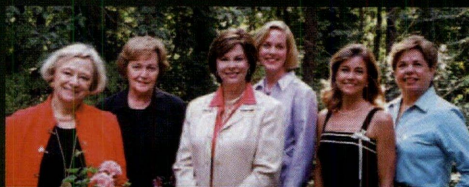
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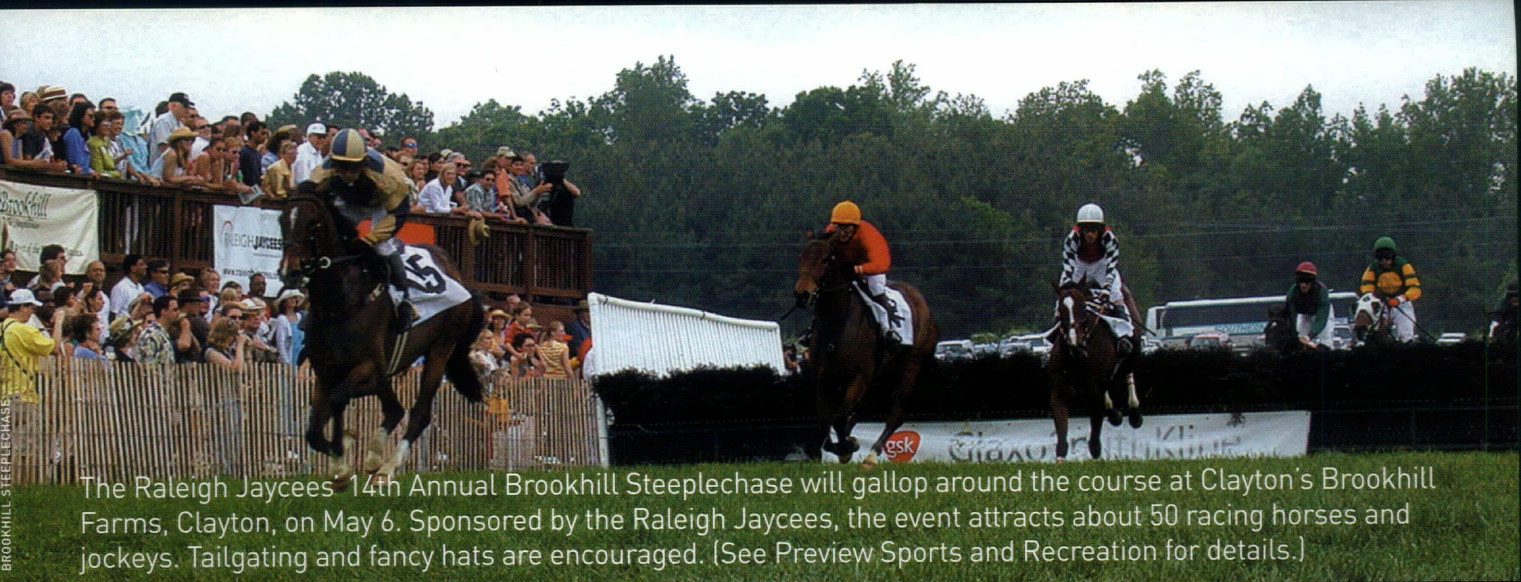
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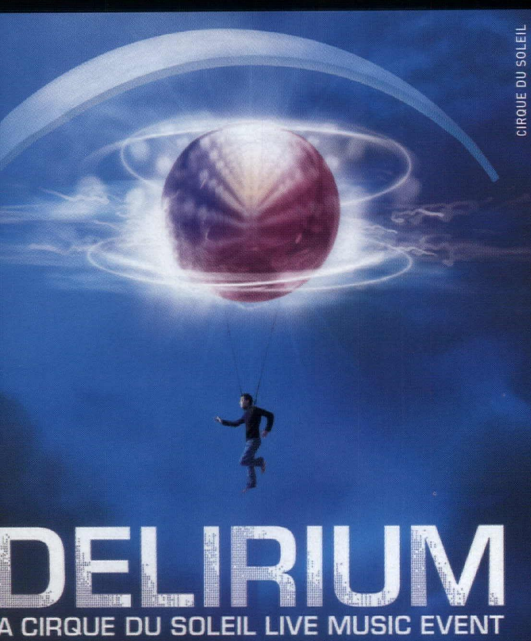


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BROOKHILL STEEPLECHASE

The Raleigh Jaycees' 14th Annual Brookhill Steeplechase will gallop around the course at Clayton's Brookhill Farms, Clayton, on May 6. Sponsored by the Raleigh Jaycees, the event attracts about 50 racing horses and jockeys. Tailgating and fancy hats are encouraged. (See Preview Sports and Recreation for details.)



CIRQUE DU SOLEIL

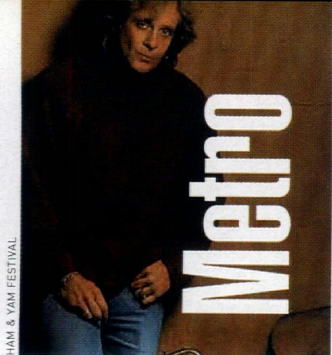
Openings

"Delirium," Cirque du Soleil's first arena event, is a state-of-the-art mix of music, dance, theater and multimedia, energized by a distinctive rhythm and tribal beat. The highly visual production will be at the RBC Center, Raleigh, April 12 & 13. (See Preview Pop Music for details.)

The Garden at Beverly Hall in Edenton, laid out by Dr. Richard Dillard in the late 19th century, was by 1928 one of the premier Victorian gardens in North Carolina. Now restored, it will be a featured garden in Edenton's Garden Conservancy Tour, May 6. (See Preview Spring Tours for details.)



HISTORIC EDENTON CHAMBER OF COMMERCE



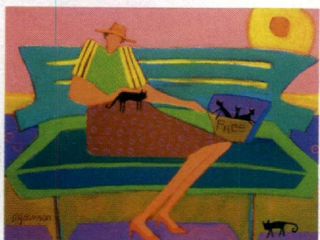
Preview

by Frances Smith

APRIL IN PREVIEW

GALLERIES

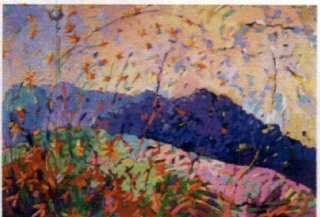
MAUREEN O'NEILL PAINTINGS: Blount-Bridgers House; Tarboro; Thru April 26. Contact 252-823-4159



Free Kittens, acrylic on canvas, by Mandy Johnson is on view at Spectrum Gallery, Wilmington

MANDY JOHNSON PAINTINGS: Spectrum Gallery, Wilmington; Open now. Contact 910-256-2323 or www.spectrumartgallery.com.

HENRY ISAACS—AMERICAN LANDSCAPES: New works in oil and pastel; Gallery C, Raleigh; Thru May 9. Contact www.galleryc.net.



View of the Mountains by Henry Isaacs, pastel on paper is on view until May 9 in an exhibition of Isaac's new works in oil and pastels, "American Landscapes," at Gallery C, Raleigh

EXPRESSIONS—A SURVEY OF SPIRITUALLY BASED ART IN THE TRIANGLE: First exhibition; Longview Gallery, Raleigh; Thru May 26. Contact 919-828-6500.

SOUTHERN STYLE: New paintings by Mandy Johnson; Magnolia Grill, Durham; Thru June. Call 252-727-4972.

FANTASY CLAY—PAT MCCracken: Gallery A & the Office of Steven Andreus, Raleigh; (Opening Reception April 7) Thru April 30. Contact 919-546-9011.

BRIAN HIBBARD—CONTEMPORARY ARTIST: ArtSource, Raleigh; Thru April 28. Info at www.artsource-raleigh.com.

28TH ANNUAL ARTISTS EXHIBITION: Sponsored by the Raleigh Fine Arts Society and Meredith College; Frankie G. Weems Gallery in the Gaddy-Hamrick Art Center at Meredith College,

Raleigh; Thru April 9. Contact 919-829-9096 or www.raleighfinearts.org.

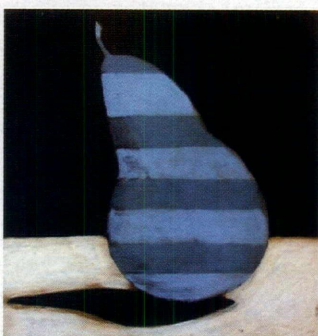
THE COLOR OF GREEN: Featured artists include Donald Blome, Jennifer Crowell, Sharron Parker, Bob Rankin and Sally Sutton; New Elements Gallery, Wilmington; Thru April 22. Contact 910-343-8997 or www.newelements-gallery.com.

NATURE IN BLOOM: Pasquotank Arts Council, PAC Gallery, Elizabeth City; April 3-29. Call 252-338-6455.

IMPRESSIONS OF NEW BERN BY JANET FRANCOEUR: Paintings and Clay depicting New Bern; Carolina Creations Gallery, New Bern; (Opening Reception April 7) Thru June 1. Contact 252-633-4369 or www.carolinacreations.com.

PRINTEMPS: A collection of mixed media works; Nancy Tuttle May Studio, Durham; Thru June 1. Contact 919-286-2079.

HOME & ABROAD—NEW WORKS BY GAYLE TUSTIN: T.A.G.—The Artists Gallery at Lumina, Wilmington; (Opening Reception April 7) thru May 9th. Contact 910-509-2882 or www.tagatlumina.com.



Pear 6 is one of the new works by Brian Hibbard on view throughout the month of April in ArtSource at Five Points, Raleigh

PEOPLE & PLACE & PERSPECTIVE: Large-Format Photographs by Bruce Watson; Points of View Photo Gallery, Raleigh; (Opening Reception April 7) thru May 1. Contact 919-829-1000.

SOUTHERN GOTHIC: Work by Madelyn Smoak, David Terry and Louanne Watley; Craven Allen Gallery, Durham; (Opening Reception April 8) thru May 27. Contact 919-286-4837.

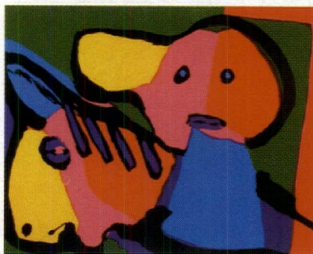
PAINTINGS BY SERTOMA PARK ARTISTS: Also tiny objects created by the Raleigh Miniatures guild; Sertoma Arts Center, Raleigh; (opening Reception April 9)

thru May 3. Contact 919-420-2329 or <http://parks.raleighnc.gov>.

KARL APPEL—COBRA ANIMALS: Animation & Fine Art Galleries, Chapel Hill; (Opening Reception April 14) Thru May 11. Call 919-969-8008 or www.animationandfineart.com.

JOAN MILLIGAN...A LIFE OF PAINTING: A retrospective of Milligan's 50-year career; City Art Gallery, Greenville; Begins April 27. Contact 252-353-7000.

SENIOR ARTS SHOW: Chowan Arts Council, 200 East Church St., Edenton; Exhibit opening with reception on April 28. Call 252-482-8005.



Child with his Pretend Animal by Karl Appel will be on view in an exhibition of his works "COBRA Animals," opening April 14 at Animation & Fine Art, Chapel Hill

CREATIVE SPACES OPEN STUDIO TOUR: Benefiting the Dreams Center for Arts Education; Participants will tour studios of local artists; The Dreams center for Arts Education, Wilmington; April 29-30. Contact 910-772-1501 or visit www.dreamswilmington.org.

9TH ANNUAL MOLLIE FEARING MEMORIAL ART SHOW: Local art show honoring Dare County Arts Council Founder; Roanoke Island Festival Park, Art Gallery; (Opening Reception May 7) May 1-29. Call 252-473-5558 or www.roanokeisland.com.

EVENTS AT WALLS FINE ART GALLERY, Wilmington, Contact 910-343-1703 or www.wallsgallery.com:

• **NIKOLAI KOZLOV, ILYA YATSENKO, & JOHN WURDEMAN:** (Opening Reception April 19) Thru April 28.

• **PAINT WILMINGTON:** Seven accomplished artists visit Wilmington to paint for one week; May 1-6.

EVENTS AT ARTSPACE: Artspace, Raleigh; Contact 919-821-2787 or visit www.artspaceenc.org:

• **NEW WORKS:** Juried exhibition of work created within the last 12 months;

Gallery 1; (Opening Reception April 7) thru April 29.

• **REAL WOMEN:** Paintings by Eric McRay; Artspace Lobby; (Opening Reception April 7) thru April 29.

• **GAYLE STOTT LOWRY—ENDURANCE:** Gallery 2; thru April 14.



Sepia Nude No. 1 by Eric McRay will be on display, April 7-29, in "Real Women" an exhibition of McRay's work in the Artspace Lobby, Raleigh

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CLASSICAL

MARRIAGE OF FIGARO: Featuring Duke Symphony Orchestra & Joshua Sekoski; Baldwin Auditorium, Duke University, Durham; April 6 & 8. Contact 919-660-3333.

PASSIONTIDE: Presented by NC Master Chorale; St. Michael's Church, Raleigh; April 8. Contact 919-856-9700.

MALLARME CHAMBER PLAYERS: Centenary United Methodist Church, New Bern; April 23. Contact 252-637-1119.

MIRO QUARTET: Raleigh Chamber Music Guild's Master series; Fletcher Opera Theater, Raleigh; April 23. Call 919-821-2030 or www.rcmg.org.

ANNUAL OUTDOOR POPS CONCERT: featuring Durham Symphony Orchestra with guest performance by Chamber

Music Society of Orange; Cameron Park, downtown Hillsborough; April 30. www.durhamsymphony.org/concerts.shtml.

POP MUSIC

AMERICAN MUSIC JUBILEE: Branson-style variety show for audiences of all ages; Rudy Theatre, Selma; April 1, 6, 8, 22, 24, 29. Contact 919-202-9927.

DINOSAUR JR.: Cat's Cradle, Carrboro; April 6. Call www.baselineticketing.com.

BOOGIE ON BROAD: Destination Downtown Edenton; April 7. Call 252-482-3400.

A CLOSER WALK WITH PATSY CLINE: COA Community Auditorium, Elizabeth City; April 7. Call 800-335-9050.

DUKE JAZZ FESTIVAL: Duke University, Durham; April 7-8. Contact 919-660-3333 for information on tickets, performance times and venues.

DELIRIUM—A MUSICAL BY CIRQUE DU SOLEIL: An arena event with a hyper-energized tribal beat, huge visuals, musicians, singers and acrobatic dancers; RBC Center, Raleigh; April 12 & 13. Contact 919-834-4000 or 919-861-2323.

NNENNA FREELON—PORTRAIT OF A LADY: Thalian Hall, Wilmington; April 20. Contact 910-343-3664 or www.thalianhall.com.

WIDESPREAD PANIC: Alltel Pavilion, Raleigh; April 21-22. Contact 919-831-6400 or www.alltelpavilion.com.

RHONDA VINCENT & THE RAGE: COA Community Auditorium, Elizabeth City; April 28. Call 800-335-9050.

COOL JAZZ MUSIC FESTIVAL: Feature performers & area jazz bands; River Park, downtown Hillsborough; April 29. Visit www.co.orange.nc.us/recparks.

ANNUAL OUTDOOR POPS CONCERT: Featuring The Durham Symphony Orchestra; Cameron Park, Hillsborough; April 30. Visit www.durhamsymphony.org/concerts.shtml.

STAGE & SCREEN

UM DILLY: Written and directed by Ira David Wood III (his first play written in 1970); main stage of Ira David Wood Pullen Park Theatre, Raleigh; April 1-2; 7-9; & 14-15. Call 919-831-6058 or visit www.theatreinthepark.com.

DEEP SEA 3D: Movie on a giant screen takes audience deep below sea surface among jellyfish, sharks, sea turtles & other multi-colored sea creatures; IMAX Theatre presentation, Exploris, Raleigh; Now showing. Call 919-834-4040 or visit www.exploris.org.

KING OF ALL KINGS, Emmerich Theatre production; Rocky Hock Playhouse, Edenton; Thru April 15. Call 252-482-4621.

THE LARAMIE PROJECT: Based on events & tragic death of Matthew Shepard. Thompson Theatre, NCSU, Raleigh; April 2 & 5-9. Contact 919-515-1100 or www.ncsu.edu/arts.

SPIRITUAL JOURNEY: Carolina Ballet's program of dance to joyful liturgical music in celebration of Easter; Raleigh Memorial Auditorium, Progress Energy Center; April 6-9. Call 919 719-0900.

RAGTIME: Presented by the Farmville Arts Council; Paramount Theatre, Farmville; April 6, 7, & 9. Contact 252-753-3832.

GOOD BYE LENIN: Craven County Community College International Film Series; Craven Community College, New Bern; April 7. Contact 252-638-7295.

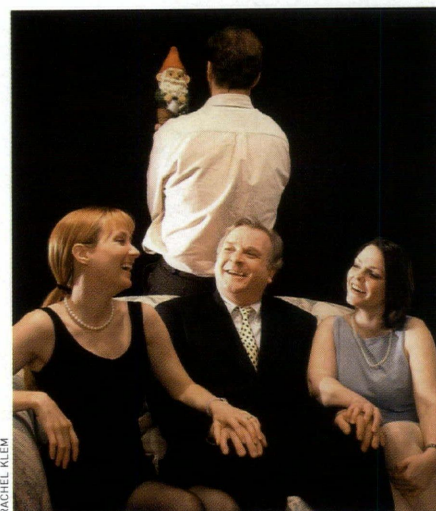
ONE FOR THE ROAD: Sponsored by Ghost and Spice Productions; Common Ground Theatre, Durham; April 7-23. Contact 888-239-9253 or www.ghostandspice.com.

STAND UP OPERA: J.B. Ward reveals comic side of opera; Wright Auditorium, ECU, Greenville; April 8. Call 800-ECU-ARTS or visit www.ecuarts.com.

APRIL IN CARRBORO: Transactors Improv group in performance based on audience suggestions; Arts-

Center, Carrboro; April 8. Contact 919-929-2787 or www.artscenterlive.org.

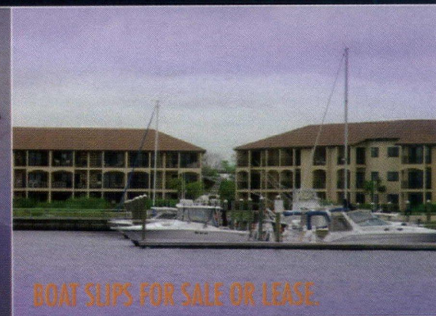
CYRANO DE BERGERAC: Directed by Joseph Haj presented by Playmakers repertory company; Paul Green Theatre, Chapel Hill; April 12-May 7. Visit www.playmakersrep.org.



(L to R): Melissa Lozoff, Carroll Credle, Tracey Coppedge and Jeff Alguire (in back) star in *One for the Road*, a Ghost & Spice production to be presented in April at Common Ground Theatre, 4815B Hillsborough Road, Durham

AN EVENING OF MUSIC, STORY & DANCE WITH RIVER RHYTHMS & TEKERE DUAFE: African drumming & dancing; Unitarian Universalist Fellowship, Raleigh; April 16. Contact 919-468-8223 or 919-309-0653.

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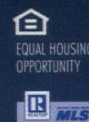
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JAMES GREGORY—FUNNIEST MAN IN AMERICA: Co-presentation with Music City Artists; Thalian Hall, Wilmington; April 22. Contact 910-343-3664 or www.thalianhall.com.

MOON OVER BUFFALO: Stage performance; Main Street Stage, Encore Theater, Elizabeth City, April 22; 23; 29; 30. Call 252-338-8832.

EVENTS AT DURHAM'S CAROLINA THEATRE: Durham; 919-560-3030:

- **COME BACK AMELIA BEDELIA:** April 3
- **FULL FRAME DOCUMENTARY FILM FESTIVAL:** April 6-9. Contact 919-687-4100 or www.fullframefest.org
- **WILLY WONKA AND THE CHOCOLATE FACTORY:** April 10
- **RETROFANTASMA FILM SERIES:** April 21
- **JUDY TENUTA & ETTA MAY:** Presented by Music City Artists; April 2. Contact 615-244-3132

MUSEUMS

MAUREEN O'NEILL—PAINTINGS: Exhibition of new work; Blount-Bridgers House, 130 Bridgers Street, Tarboro; Thru April 26. Call 252-823-4159 or email edgecombeararts@earthlink.net.

ROB McDONALD & RONAN KYLE PETERSON: Hand-made Photographs & New Ceramics; Horace Williams House, Chapel Hill. (Opening Reception April 2) Thru April 30. Contact 919-942-7818.

DEWANE FRUTIGER—FROM EAST TO WEST: Greenville Museum of art, Greenville; Thru April 23. Contact 252-758-1946 or www.gmoa.org.

CONJURING BEARDEN & SOMETHING ALL OUR OWN: Exhibitions of Romare Bearden's works and The Grant Hill Collection of African American Art; Nasher Museum of Art, Durham; Thru July 16. Contact 919-684-5135 or www.nasher.duke.edu.

ALBEMARLE HISTORICAL ROUNDTABLE: The Battle of South Mills; Museum of the Albemarle, Elizabeth City, April 6. Call 252-335-1453.



RALEIGH CHAMBER MUSIC GUILD

The Raleigh Chamber Music Guild will present the Meredith Chamber Players: Kent Lyman, piano; Nathan Zalman, flute; and Virginia Hudson, cello, in performance on April 9 at the NC Museum of Art, Raleigh

MEREDITH CHAMBER PLAYERS: Presented by the Raleigh Chamber Music Guild's Sights and Sounds on Sundays Series, NC Museum of Art, Raleigh; April 9. Contact 919-821-2030 or www.rcmg.org.

ELIZABETH VANN MOORE DAY: Museum of the Albemarle, Elizabeth City, April 19. Call 252-482-3400.

TALL SHIPS: Exhibit of oil paintings by Paul R. Hee of Beaufort; North Carolina Maritime Museum, Beaufort; April 24-Aug. 6. Contact 252-728-7317.

THE CHILDREN'S MUSEUM OF WILMINGTON—GRAND OPENING: Festivities include cake for each visitor, as well as admittance to permanent exhibits & seven

new exhibits; Wilmington; April 23. Contact www.play-wilmington.org.

32ND ANNUAL WOODEN BOAT SHOW: NC Maritime Museum and watercraft center, Beaufort; May 6. Contact 252-728-7317.



A shad boat (foreground) sails on Taylors Creek during the NC Maritime Museum's Wooden Boat Show in Beaufort. The shad boat is the "official" North Carolina State Boat.

EVENTS AT THE CHAPEL HILL MUSEUM: Chapel Hill; Call 919-967-1400 or www.chapelhillmuseum.org:

• **37TH FRAME—BEST OF CAROLINA PHOTOJOURNALISM:** Students from UNC school of Journalism exhibit work; Thru May 15.

• **ROBERT RUARK—THE MAN AND HIS WORDS:** Exhibit honoring North Carolina Native & UNC graduate; April 20-July 23.

EVENTS AT THE NC MUSEUM OF NATURAL SCIENCES: Raleigh; Contact 919-733-7450 or visit www.natural-sciences.org:

- **BRAIN: THE WORLD INSIDE YOUR HEAD:** Thru May 7
- **WORKSHOP:** Lumber River Canoe Trip; April 8
- **EARTH DAY EXTRAVAGANZA:** April 22

Castro and Cuba: The Inside Story

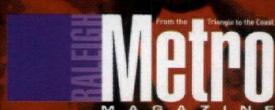
August 23-25, 2006 NEW DATES!

Topics Include:

- Cuba after Fidel by former CIA Latin American chief Brain Latell
- The Missile Crisis, new revelations by CIA's former science and technology operative Gene Poteat
- Castro, the Third World and the KGB by UVA scholar and Cold War expert Timothy Naftali
- The Castro Obsession, U.S. operations against Cuba by retired *Miami Herald Latin America* editor Don Bohning
- Fidel: Hollywood's Favorite Tyrant by author and Cuba commentator Humberto Fontova
- Cuban Culture: Castro's Destructive Leadership by Cuban-born management professor Art Padilla

Check www.raleighspyconference.com for updates.
Contact the NC Museum of History to register: 919-807-7917.

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- **EDUCATOR TREKS:** Coastal Awakening; April 7 & A Bounty of Bluebirds, April 22

EVENTS AT EXPLORIS: Raleigh; Call 919-857-1085 or www.exploris.org;

- **ENGLISH COUNTRY DANCERS:** Learn about traditional dance & customs of English Tea; April 8
- **SCANDANAVIAN FOLK DANCE:** Scandans group perform; April 15
- **TURKISH CHILDREN'S DAY CELEBRATION:** Bluestar dance group, Turkish music, food, and hands on activities; April 22
- **WHAT THE WORLD EATS:** The traveling exhibition from COPIA presents unique portrait of families from 25 different countries through photographs and words; thru June 4.

EVENTS AT THE ACKLAND MUSEUM OF ART: Chapel Hill; Contact 919-843-3676 or www.ackland.org;

- **ADVENTURE SUNDAYS—FAMILY ART TOURS:** Topics change weekly; April 9, 23, 30
- **NEW CURRENTS IN CONTEMPORARY ART:** Public Reception; April 23

EVENTS AT THE NC MUSEUM OF HISTORY: Raleigh; Call 919-807-7900 or www.ncmuseumofhistory.org;



PineCone and the NC Museum of History will present the Bluestar dance Troupe performing folk dances of ancient Turkey on April 9 at the Museum, Raleigh

- **THE BLUESTAR DANCE TROUPE:** Turkish folk dancers perform as part of Music of the Carolinas series; Daniels Auditorium; April 9
- **TRIANGLE YOUTH JAZZ ENSEMBLE:** April 2
- **JAZZ & THE BLUES:** April 8
- **NATIONAL HISTORY DAY IN NC:** April 29

EVENTS AT TRYON PALACE HISTORIC SITE & GARDENS: Tryon Palace, New Bern. Contact 800-767-1560 or www.tryonpalace.org;

- **MR. PUNCH MEETS GOVERNOR TRYON:** April 1, 8, 15, 22, 29
- **GARDENERS WEEKEND:** Tulips in Bloom, Gardens of Tryon Palace, free to public; April 7-9.

EVENTS AT THE MUSEUM OF LIFE AND SCIENCE: Durham; Contact 919-220-5429 or www.ncmls.org;

- **BUILDING FUN-WORLD OF KAPLA:** Build, Sculpt and Create with the hottest building toy from Europe; Thru May 12
- **SCIENCE CAREER FAIR:** Join area experts and professionals and learn more about careers available in the field of science; April 8
- **ANIMAL DEPARTMENT TOUR:** Learn how the Animal Department staff care for and manage over 120 species at the museum, a behind the scenes tour; April 29
- **EXPLORE THE WILD GRAND OPENING:** A six-acre woodland habitat and wetland site with live animals, interactive exhibits and science park; Opens May 13.

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SPORTS & RECREATION

PINEHURST HARNESS TRACK MATINEE RACES: Annual Harness Races with trotters and pacers; Pinehurst Harness Track, Pinehurst; April 2. Call 910-295-4446.

STONEBROOK STEEPLECHASE: Family event includes horse race, picnics, tailgating and hat show; Carolina Horse Park at Five Points, Hoke County just off Hwy 211; April 8. Contact 910-246-9808 or www.carolinahorsepark.com.

THIRD ANNUAL RODEO: American Legion, W. Queen Street, Edenton; April 21 & 22. Call 252-482-4057.

13TH ANNUAL TARWHEEL CENTURY: Bicycle ride from Elizabeth City to Edenton and back; Starts at River Road Middle School, Elizabeth City; entry fee; April 22. Call 252-338-1559 or visit www.rivercitycyclingclub.com.

TOUR DE CURE CYCLING EVENT: A 100-mile ride benefiting the American Diabetes Association from Chesapeake, Va., to Manteo, journey ending at Roanoke Island Festival Park; Outdoor Pavilion, Roanoke Island; April 22. Contact 757-455-6335 x.3276 or www.roanokeisland.com.

CLIFTON DAVIS GOLF TOURNAMENT: Albemarle Plantation, Elizabeth City; April 22 & 23. Call 252-335-3743.

TOUR DE MOORE: Riders from around the world participate in various levels of competition at this 100-mile race; Starts at Campbell House, Southern Pines; April 29. Contact 910-692-2463.

SPRING MILITIA MUSTER: Encampment of Revolutionary War soldiers & camp followers featuring artillery & craft demonstrations; House in the Horseshoe, Sanford; April 29. Contact 910-947-2051.

RALEIGH JAYCEES' 14TH ANNUAL BROOKHILL STEEPLECHASE: In addition to racing (about 50 horses & jockeys entering), day will include opening ceremonies, annual Hat and Tailgate Contests and more; Clayton's

Brookhill Farms, Clayton; May 6. Call 919-713-0031 or visit www.raleighjaycees.org.

EVENTS AT SENATOR BOB MARTIN EASTERN AGRICULTURAL CENTER: Williamston; Contact 252-792-5111 or www.showwithus.com:

• **BARNMATER SPRING CELEBRATION:** April 7-9. Contact 252-443-0944 or www.serha.info.

• **4TH ANNUAL CHARITY WALKING HORSE TOUR:** April 14-15. Contact 252-567-7644.

• **APRIL PREMIER OPEN HORSE SHOW:** April 22-23. Call 252-799-0334 or www.eastcoasthorses.com.

POTPOURRI

FIRST ANNUAL GREENVILLE COIN SHOW: Have your coins appraised or bought outright; Greenville Convention Center; April 1-2. Contact 919-477-9703.

ASTRONOMY VIEWING AT JORDAN LAKE: Jordan Lake, Apex; April 1 & 29; Contact 919-362-0586.

BIRDHOUSES ON PARADE: Houses and feeders crafted by North Carolina artists; Carolina Inn, Chapel Hill; April 2-23. Visit www.carolinainn.com.

PHILIP ROSE: Broadway producer will discuss his career; Headquarters Library, Fayetteville; April 4. Contact 910-483-8644.

SPRING GARDENING SYMPOSIUM: Instantly create a dramatic landscape with tropicals; Fearington Village, Pittsboro; April 5. Contact 919-542-2121.

23RD ANNUAL PIRATE PURPLE & GOLD PIGSKIN PIG-OUT PARTY: Two days of fun and games featuring a pig-cooking contest, live entertainment, arts & crafts, midway carnival rides, fireworks, ECU football, baseball games, golf tournament; Dowdy-Ficklen Stadium, Greenville; April 7-8. Contact 252-328-4530.

MIRACLE CHALLENGE MINI GRAND PRIX: Free event benefiting Duke Children's Hospital & Health Center featuring mini stock car racing; Prime Outlets, Morrisville; April 8. Call 919-667-2565.

WEYMOUTH CHAMBER MUSIC SERIES: Featuring Maryanne Cantrell-Colas, pianist; Weymouth Center, Southern Pines; April 9. Contact 910-692-6261.

TRACY GAUDET, M.D.: Healthcare Businesswomen's Association RTP affiliate will host the author & Duke University M.D. to speak on healthy lifestyle; Hilton Hotel, Research Triangle Park; April 11 from 6-8:30 p.m. Registration information at www.hbar-rt.org.

NORTH CAROLINA CRAFT GUILD'S 2006 SHOW: Demonstrations, info about local craft guilds & finely hand-crafted items for sale; Holshauser Building, NC State Fairgrounds, Raleigh; April 15. Contact 919-244-3188 or www.trianglepotters.org/nccg.html.

ANNUAL EASTER EGG HUNT: Presented by the Preservation Society of Chapel Hill; Horace Williams House Lawn; April 15. Contact 919-942-7818.

RALEIGH PROFESSIONAL WOMEN'S FORUM: *Essence Magazine's* Susan L. Taylor is featured speaker for 2006 forum; Brier Creek Country Club, Raleigh; April 20. Call 919-518-0770 or www.speakersforum.net.

EUDORA WELTY—A SOUTHERN WRITER: Review of Welty's works set in American South; Craven Com. College, New Bern; April 26. Call 252-638-7295.

SPORT A SHIRT, SHARE A NIGHT: A casual day event to support the five Ronald McDonald Houses in North Carolina. Purchase a T-shirt and wear it to work; proceeds go to Ronald McDonald House; April 28. Visit www.chapelhillrhm.net.

THE MILLER'S BALL: Celebrating newly restored Historic Yates Mill & A.E. Finley Center for Education & Research; Yates Mill, Raleigh; April 29. Contact 919-831-2840 or www.yatesmill.org.

EVENTS AT CUMBERLAND COUNTY LIBRARIES: Headquarters Library; Call 910-483-7727 ext. 210 or East Regional Branch; Call 910-285-2955 ext. 238;



APRIL 29 — MAY 7



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- **GARDENING IN THE SANDHILLS:** Master gardener George Quigley presents best management practices for southern yards & gardens; Cliffdale Regional Branch; April 6. Contact 910-864-3800.
- **MUSEUM AT THE LIBRARY—SNAKES:** Learn all about snakes up close; East Regional Branch; April 12. Contact 910-485-2955.
- **PRE-VENTURE WORKSHOP: STARTING YOUR OWN BUSINESS:** Join Ron Duffer, business counselor from NC Small Business & Technology Development Center for tips; Headquarters Library; April 19. Contact 910-483-7727 ext. 210.

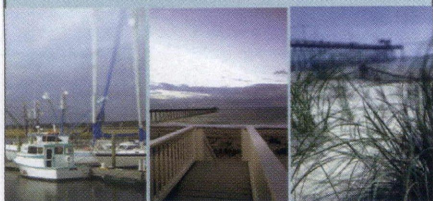
JUNIOR LEAGUE OF DURHAM AND ORANGE COUNTIES DESIGNER SHOWCASE: This project transforms a historic single-family residence into a designer showplace utilizing local talent; 1410 Arnette Dr., Durham; April 30-May 14. Call 919-682-0449 or www.jldoc.org.

HURRICANE KATRINA EXHIBIT AT UNC: The exhibit, "The City that Care Forgot: The South Remembers New Orleans, 1800-2006," featuring letters, diaries, recordings & photographs that trace history of New Orleans; Wilson Library, UNC Chapel Hill; thru July 31. Contact 919-962-1345.

DINNERS A L'ART: Durham Arts Council has launched its fourth annual series of dinners to support the work of DAC; following are April celebrities, subjects & dates. Contact 919-560-2707 or visit www.durhamarts.org.

- **TV WRITER & NOVELIST MICHAEL MALONE AS GUEST,** April 2
- **ART OF COOKING:** Cooked by Chef of Nana's, Scott Howell, April 12
- **ART FOR LOVE AND MONEY:** Art collecting on a budget, April 15
- **BLUEGRASS & BARBECUE:** Original Red Clay Ramblers, April 16

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SPRING FESTIVALS

NORTH CAROLINA RENAISSANCE FAIRE: NC State Fairgrounds, Village of Yesteryear, Raleigh; April 1-2, 8-9. Contact www.ncrenfaire.org or 1-866-468-7630.

50TH ANNUAL NC AZALEA FESTIVAL: Pay homage to spring & millions of azaleas dominating the area. This year's Queen Azalea is actress Tanisha Lynn, best known as Danielle Frye on ABC's *All My Children*; Wilmington; April 5-9. Contact 910-794-1650. Headline performers include:

- **CARRIE UNDERWOOD**—April 5; Trask Coliseum
- **PATTI LABELLE**—April 8; Trask Coliseum

INTERNATIONAL FESTIVAL: A celebration of diverse

multi-cultural entertainment of food, music, dances, arts and crafts from around the world; Greenville Town Common; April 8. Contact 252-329-4131.

36TH ANNUAL SHAD FESTIVAL: A city-wide celebration consisting of fishing competitions, street dancing, parades, rides & much more; downtown Grifton; April 8-9. Contact 252-524-4356.

SPRING ARTS FESTIVAL: ECSU Fine Arts Center, Elizabeth City; April 18-23. Call 252-335-3686.

SPRING SHAKORI GRASSROOTS FESTIVAL OF MUSIC AND DANCE: Live music, dancing, great food, workshops, children's activities; 466 Vineyard Ridge, Siler City; April 20-23. Contact 919-742-1404.

HERBFEST: Community celebration in appreciation

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of herbs; downtown Wake Forest; April 21-23. Contact 919-570-0087 or www.thecottoncompany.net.

3RD ANNUAL GREAT GRAPES! WINE, ARTS & FOOD FESTIVAL: The outdoor festival features more than 200 North Carolina wineries with live music, cooking & wine demonstrations, as well as art exhibits; Koka Booth Amphitheatre, Cary; April 22. Contact 800-830-3976 ext.108 or www.uncorkthefun.com.

FESTIVAL OF FUN: Music food, all-round fun for a day; Union Point Park, New Bern; April 22. Call Contact 252-633-6448.



It's fun and games all day at the Festival of Fun on April 22 at Union Point Park in New Bern

APPLE CHILL STREET FAIR: Arts & crafts, food, music, motorcycle show; East Franklin Street, downtown Chapel Hill; April 23. Visit www.applechill.com.

N.C. FESTIVAL OF THE BOOK: The 2006 North Carolina Festival of the Book—schedule of 80 writers includes Tom Wolfe, Barbara Kingsolver, Ann Patchett, Doug Marlette, Pat Conroy & Pearl Cleage; Duke

University, Durham; April 24-30. Call 919-660-5857 or www.ncbook.org.

PITT COUNTY RIVER FESTIVAL: Live musical entertainment by the Embers. Activities consist of prizes, rides, games, crafts and great food; Greenville Town Common; April 25. Contact 252-752-2720 ext. 101.

MERLEFEST: Wilkes Community College presents the 19th annual festival in celebration of the music of the late Merle Watson and his father; Wilkesboro Community College, Wilkesboro; April 27-30. Contact 800-343-7857 or www.merlefest.org.

ELIZABETHAN TYMES—A COUNTY FAIRE: A Faire Parade will feature the Baronial Court arriving in Manteo; Outdoor Pavilion, Roanoke Island; April 28-29. Contact (252)475-1500.

COOL JAZZ MUSIC FESTIVAL: River Park, Hillsborough; April 29. Contact www.co.orange.nc.us/recparks.

DOGWOOD FESTIVAL: From sporting events to midway rides, live music to classic car shows, a festival for everyone, featuring Hootie and the Blowfish concert; downtown Fayetteville; April 28-30. Contact 910-483-5311 or www.fayettevillegoodwoodfestival.com.

FARMVILLE DOGWOOD FESTIVAL: Fun and entertainment for entire family with food, arts & crafts, vendors, live musical groups, games; downtown Farmville; April 28-30. Contact 252-753-5814.

SPRINGFEST: Crafts, food & youth activities; Tour de Moore winners announced; Broad Street, Southern Pines; April 29. Call 910-692-2463 or visit www.southernpines.biz/nosubcats.cfm?catid=6.

10TH ANNUAL RALEIGH PARKS AND RECREATION NEUSE RIVER FESTIVAL: A Canoe & Kayak Race, lunch, music & door prizes; Anderson Point Park, Raleigh; April 29. Contact 919-831-6855 or www.raleighnc.gov/neuse-riverfestival.

22ND ANNUAL HAM & YAM FESTIVAL—WITH EDDIE MONEY: Downtown Smithfield & The Neuse River Amphitheater; May 6-7. Contact 919-934-0887 or www.downtownsmithfield.com.

NORTH CAROLINA SHAKESPEARE FESTIVAL SETS SCHEDULE: The festival's 30th season will feature *Romeo &*

Juliet and The Taming of the Shrew; Season runs Sept. 8–Oct. 8 at High Point Theater in Highpoint and Oct.12-15 at Fletcher Theater in Raleigh; Sale of SchoolFest matinee tickets are now available; call 336-841-2273 ext. 226 or visit www.ncshakes.org.

SPRING TOURS

ANNUAL ART IN THE GARDEN: NC artists display their work throughout the gardens; Sandhills Horticultural Gardens, Southern Pines; April 2-15. Contact 910-695-3882.

NEW BERN'S ANNUAL SPRING HISTORICAL HOMES, GARDENS & ARTS TOUR: Visit numerous homes built in the 1800s and early 1900s as well as Tryon Palace Gardens; New Bern; April 7-8. Call 252-633-6448.

HILLSBOROUGH CIVIL WAR DAY: Guided walking tour, lecture & book signing about Life on the Southern Homefront; Historic Hillsborough; April 8. Call 919-732-7741 or visit www.historichillsborough.org.



The Spring Historic Homes, Gardens and Art Tour will be held in New Bern's Historic District, April 7-8. Tryon Palace Gardens will also be included.

58TH ANNUAL HOME AND GARDEN TOUR OF SOUTHERN PINES: Southern Pines Garden Club's tour of six homes and their gardens; Begins at Campbell House, Southern Pines; April 12 from 10 a.m.-5 p.m. Call 910-692-6589 or www.southernpinesgardenclub.the-pilot.com.

CHAPEL HILL SPRING GARDEN TOUR: Highlights eight distinct gardens including one filled with garden art, a Japanese garden and one on a turn-of-the-century property; Chapel Hill; April 22-23. Call 919-962-0522 or www.chapelhillgardentour.org.

PIEDMONT FARM TOUR: Orange, Chatham, & Alamance Counties; April 22-23. Visit www.carolina-farmstewards.org

MARCH OF DIMES—WALK AMERICA 2006: Five-mile walk takes participants through historic Manteo; Outdoor Pavilion, Roanoke Island; April 29. Call 757-361-0000.

HALIFAX HISTORIC HOMES TOUR: The Halifax Women's Club presents a tour of 19th-century plantation homes and a former tobacco factory; Halifax, Va.; April 29-30. Contact 434-572-1641 or www.oldhalifax.com/HalifaxWomensClub/.

EDENTON'S GARDEN CONSERVANCY TOUR: Featuring six designed gardens in historic Edenton; headquarters at Cupola House; Edenton; May 6. Call 800-775-0111.

Our thanks to Cyndi Harris, Mary Younger for their assistance with MetroPreview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.

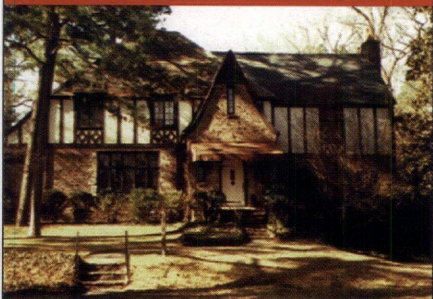
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1. You must complete at least 20 categories for your ballot to count.
2. Ballots must be postmarked by May 15, 2006.
3. Only one ballot per reader, please.

RESULTS

Results will appear in two blockbuster issues,
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Part one in our July issue and part two in
our August issue.

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☐ I have read the rules and agree that this is my correct information and my only submission.

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Restaurant

New restaurant

Romantic restaurant

Restaurant for take-out

Restaurant for power lunch

Restaurant to take kids

Restaurant for a special occasion

Coastal restaurant

Ethnic restaurant

Outdoor dining

Specialty food store

Deli

Coffee house

Wine retailer

Sports bar

Place with the best cocktail menu

Caterer

Chef

Waitstaff

Best place for:

Appetizers

Barbecue

Hot dog

Hamburger

Pizza

Steaks

Seafood

Oysters

Dessert

Margarita

Martini

Bloody Mary

Cosmopolitan

Beer

Wine

Best Place to Eat While Dieting

Quick & Easy Meal

FASHION

Mall

Shopping center

Department store

Gift store

Men's clothing store

Best place for men's:

Formal wear

Suits

Overcoats

Casualwear

Ties

Shoes

Estate Jewelry

Prescription Eye Glasses

Women's clothing store

Best place for women's:

Evening/cocktail wear

Fur coat

Wedding dress

Casualwear

Jeans

Shoes

Handbag

Lingerie

Maternity clothing

Bathing suit

Place for kid's clothing

Place to buy:

Designer jewelry

Wedding rings

Pearls

Watch

Sunglasses

Perfume

Skin care products

RETAIL

Dry cleaner

Tailor

Drug store

Pet Boutique/Salon

Marina

Place to buy:

Linens

Outdoor clothing

Golf equipment

Picture framing

Piano

Stationery

Children's toys

Boat

Computer Accessories

HOME LIFE

Florist

Garden center/nursery

Home Media System

Place to own a second home

Coastal development

Place to buy:

Contemporary furniture

Traditional furniture

Beach house furniture

Outdoor furniture

Bed

Kitchen appliances

Lamps

Antiques

Art

Fabrics

Carpet

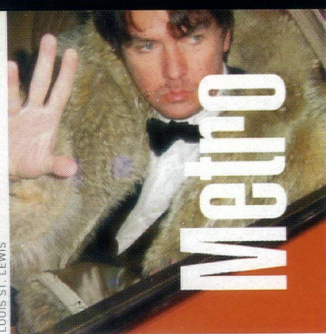
Oriental rug

HEALTHCARE/WELLNESS

Hospital

Emergency room

| | |
|--|---------------------------|
| Birthing center | Charity event |
| Cardiac center | Cultural event |
| Cancer care center | Place to propose |
| Eyecare center | Place to go dancing |
| Plastic surgery center | Dance studio |
| Vein clinic | Club to hear live music |
| Veterinarian | Favorite sports team |
| Accupuncturist | Golf course |
| Assisted living center | Sporting event |
| Health club | Movie Theater |
| Wellness center | Independent Movie Theater |
| Day spa | Best Place to Hear Jazz |
| Hair salon | Best Place to Hear Rock |
| Pilates Studio | |
| Yoga Studio | |
| | |
| PROFESSIONAL SERVICES | BUILT ENVIRONMENT |
| Residential real estate company | Theatre building |
| Commercial real estate company | Commercial building |
| Event Planning Firm | Campus building |
| Coastal real estate company | Corporate building |
| Bank | Outdoor venue |
| Best bank for a loan | |
| Insurance company | |
| Mortgage firm | TECH LIFE |
| Brokerage firm | Internet service provider |
| Accounting firm | Cell phone service |
| Law firm for: | Mac or PC |
| General | |
| Real estate | |
| Divorce | MEDIA |
| Corporate | Regional TV personality |
| Criminal | National TV personality |
| Taxes | Radio personality |
| | Weather personality |
| | Fiction book |
| | Non-fiction book |
| | Local author |
| | Local artist |
| | Local bookstore |
| | Local politician |
| | Online News |
| | Online Weather |
| | Online Sports |
| | Online Music Store |
| | |
| RESORT/TRAVEL/HOTEL | INDULGENCES |
| Airline | Bottled Water |
| Car rental firm | Beer |
| Limousine/car service | Vineyard |
| City hotel | Liqueur |
| Coastal hotel | Vodka |
| Hotel for out-of-town guests | Bourbon/whiskey |
| Hotel for meetings/conventions | Gin |
| Coastal hotel for meetings/conventions | Scotch |
| NC beach resort | Rum |
| NC mountain resort | |
| Golf resort | |
| Resort spa | |
| | |
| EDUCATION | AUTOMOTIVE |
| Daycare center | Car dealership |
| Kindergarten | Sports utility vehicle |
| Private lower school | Sports car |
| Private high school | Sedan |
| Private college | Luxury car |
| Public college | Hybrid car |
| Party school | Dealership for service |
| | |
| OUT IN THE PUBLIC | |
| Public museum | |
| Historic site | |



Artist-at-Large

by Louis St. Lewis

SPRING BREEZES

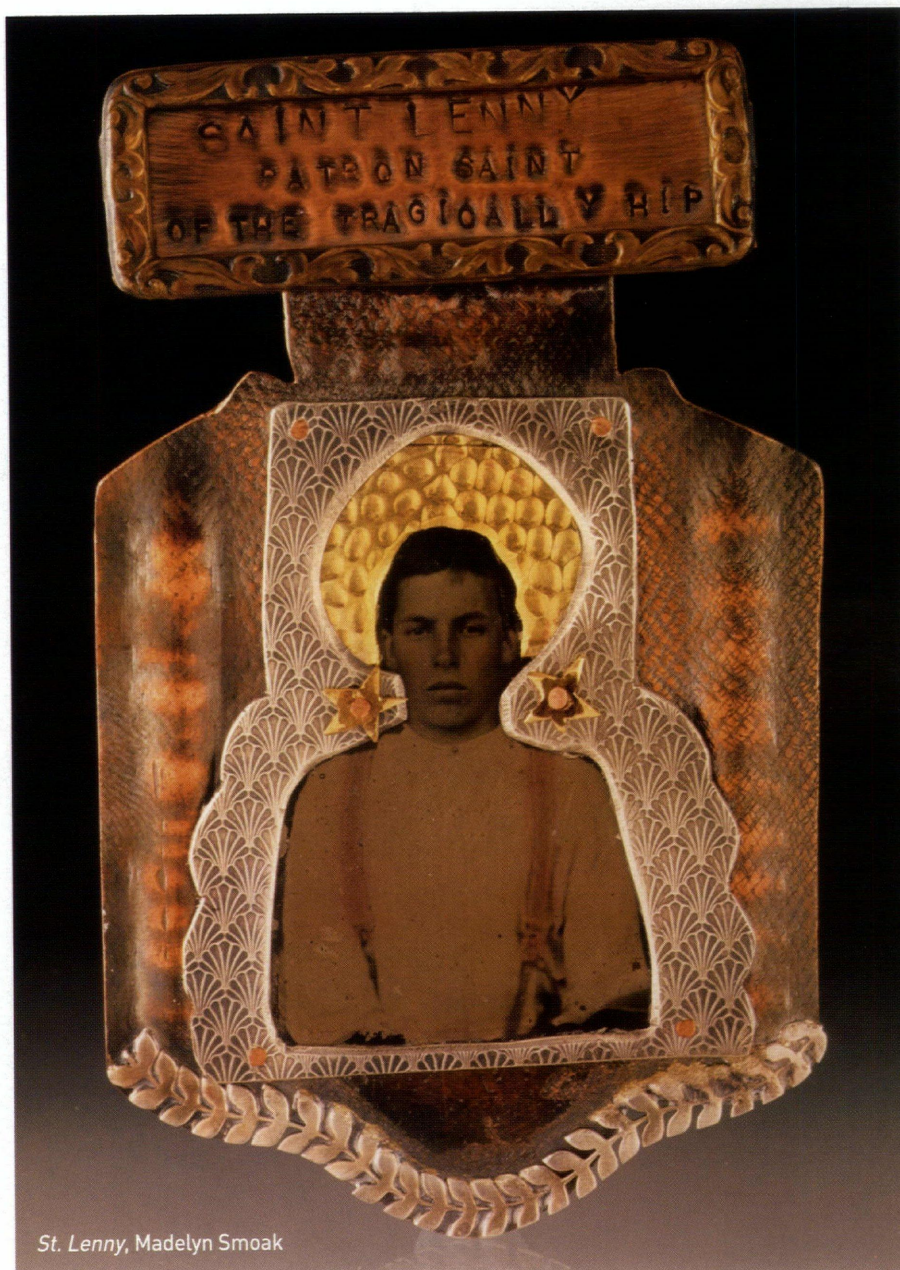
I am so glad spring has finally sprung. The birds are singing, the crickets are busy rubbing their legs together making sweet music, and it seems that the sap is rising in many of our creative souls here in the Old North State. There are so many shows to see this month that I wish April had a few more weeks crammed into it so that I could see them all. It's the perfect month to drop the top on the convertible, slip on the Prada shades and make a few road trips.

GREENVILLE ROAD TRIP

If you haven't been to Greenville lately, it's about time you got off of your keister and made the hour or so drive from Raleigh to see what's up at City Art Gallery (www.city-art-gallery.com). My beautiful and svelte friend Rose Long joined me on a recent trip. She has a great eye for talent and both of us are always curious to see what's new and fresh. If you go this month, you will be treated to painterly images by the illustrious Richard Fennell, who has been a staple on the NC art scene for many years. Fennell has a definite old-school master touch to his palate and his brushstroke. I think his landscapes and portraits are both polished and elegant. Peg Hardee and Torrey Stroud are the ladies behind the magic of this lovely gallery, and they have a very wide vision, encompassing glasswork, sculpture, paintings and even photography. (I want to give Brenton Hardee encouragement, even though she just graduated from high school in 2002. Her photographic images of Europe show a great deal of promise.) The gallery is light-filled and easy to browse. It's a no-hassle spot where you can view the artwork without the car-salesman pressure you might have experienced in some other galleries. Fennell will have his mountain landscapes up until the 20th of this month, so why don't you grab a bucket of KFC for an art road trip?

SMOAK IS SMOKIN'

If you have never met the artist Madelyn Smoak you are definitely missing out. She is



St. Lenny, Madelyn Smoak

one of the most talented, outspoken and opinionated artists in the Triangle. Once you meet her or experience her art, it will make a lasting memory. When I first saw this woman, I wasn't quite sure what was going on, but as soon as we started talking I knew that I was dealing with an artistic force of

nature. She is only about the size of a toy poodle, but she has personality and talent equal to the biggest dogs on the porch. Her beautiful metal icons and jewelry will be a featured part of the New Southern Gothic exhibition on display at Durham's Craven Allen Gallery (www.cravenallengallery.com).



Grassy Creek Landscape with Clouds, by Richard Fennell

Guild. You can see Smoak's creations through mid-month, along with the lovely photographs of Louanne Watley and the works of Durham resident David Terry.

WILMINGTON'S NEW ELEMENTS

The next time you are in Wilmington, do yourself a favor and drop by New Elements Gallery (www.newelementsgallery.com) to see what artist Nancy Tuttle May has been up to. May is a long term survivor of the regional art scene and has been successful enough to put all her kids through college on her art sales—in North Carolina, I can assure you, that is saying something. Often large, colorful and bold, May's images are always popular and well received. New Elements Gallery often has a great selection to choose from, and since the gallery is right there on Front Street you can do some shopping and then pop down the street for a delicious soft-shell crab or shrimp burger. The exhibition "The Color of Green," featuring images by Bob Rankin, Sharron Parker and many others is currently on display.

SCOTTISH MEMORIES

Congratulations to Gayle Stott Lowry for her amazing exhibition of Scottish landscapes in Gallery 2 of Artspace (www.artspace.org) in downtown Raleigh. Lowry took the passage back to the old country to find inspiration from her kilt-wearing ancestors, and the results are beautiful, well executed and tinged with melancholy. I love the views of the Scottish coast from the vantage of an old churchyard. It brings to mind the loss of generations and the longing for a better life in a new land. The show will be up until April 14.

HILDI'S EYE

While you are in Raleigh, zoom over to North Hills to check out the delightful photographic images by Raleigh native (now a Parisian) and TLC star Hildi Santo Tomas at Artsource (www.artsource-raleigh.com). Tomas has a clean, fresh eye and her images pop. Not surprisingly, Tomas sometimes utilizes her own photographs in her residential designs that millions have seen on the television program "Trading Spaces". Tomas has a unique vision, and I am certain that her images will find appreciative audiences ... go see for yourself. **MM**

Smoak has used her considerable metal smithing skills to create fantastic artworks from old Catholic medals, odd bits of machinery, postcards, ancient tintype photographs and other bits and pieces of wonderful flotsam that she has been collecting for years. I

could just stand there for hours looking at the intricacy of her talented handiwork. Artist Judy Chicago was certainly impressed as well, and bestowed upon Smoak the honor of a cash prize in addition to the honor of a solo exhibition for this winter at the Durham Art

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GUYS IN THE KITCHEN

To me, guys in the kitchen is not a strange concept at all. When I was six, we moved next door to Dean A.R. Burkot, his wife Velma, daughter Betty and their son Jerry—the Burkot of Bender-Burkot School Supply, and my friend since childhood. Jerry lives in New Bern, and he is having a big birthday about now. Happy Birthday, Jerry.

For decades Dean Burkot made Campbell College—now University—run like a well-oiled machine. He was a busy man, and the light in his office often burned well into the night, especially around registration and graduation. Regardless, he bought the groceries, stopping by Orron Dixon's "filling station" to shop on the way home. He and Mr. Dixon were old friends, and like many folks in Buies Creek, Dean had an account with him. But the way they did business was different, according to Ivan Strickland, Mr. Dixon's son-in-law.

"Dean was the only person I've ever seen who kept his own account," said Ivan. "He would come in and get his groceries, pull the ledger book out from under the counter and record everything himself. Then on payday, he would come in, add everything up, count out what he owed, and put the money in the cash register. That's the way they did business," Ivan said.

Dean also did the cooking at his house. I can testify to that, and to the fact that he was a good cook. All through grade and high school, I often was at the Burkot's at mealtime and was asked to pull up a chair. I considered that a treat, although looking back, I realize I may have been something of a pest.

Dean Burkot was a brilliant man who was fascinated with words and spoke countless languages. He played golf—one of a handful of folks in town who did so more than a half century ago—and I considered him quite a gentleman. In the words of Robert Burns, he was "a gentleman an' a scholar." So I figured that every gentleman—and scholar—should know how to cook. I still do.

Again, it's no new or strange concept. Robert Bruton, writing in the 17th century, said, "Cookery is become an art, a noble science; cooks are gentlemen."

Why even the chickens know that. "Hickety, pickety, my black hen, she lays eggs for gentlemen. Gentlemen come every day to see what my black hen doth lay." Of course. They are making sure they have only the freshest eggs for their omelets.

I had lunch with a friend recently who was bemoaning the dearth of interesting men in her life. She mentioned some qualities she looks for in a gentleman friend.

"Would you agree with me that the 'complete' gentleman must know how to cook?" I asked.

She laid her fork down and responded with this thoughtful answer: "I think it's a value-added asset but not an absolute deal breaker."

Nicely put, I thought. But I pressed my point.

"But a gentleman certainly should be a good dining companion," I said. "How can a man be a good dining companion if he doesn't 'know' food, if he doesn't understand the skill that goes into preparing an extraordinary dish—or an ordinary dish, like butterbeans, that tastes extraordinary."

She pondered that, nibbling all the while on a perfectly prepared pot sticker, made in house, that looked like a work of art.

"I hadn't thought about it before," she said, "but growing up I made my own clothes. I know how to sew. Now I have an advantage over my friends when we go shopping because I can look at a jacket or blouse and tell how well it is made. I can tell whether it is real quality or whether they have cut corners. So I don't have a lot of junk in my closet."

Ah. I had made my point.

You'll never fully appreciate a good biscuit until you have tried and tried and tried to make a

good biscuit yourself. You'll never really savor a juicy, tender, flavorful pork chop until you have cooked some dry, tough, tasteless ones yourself.

I have always wondered why more guys don't spend time in the kitchen. Last week I decided to call my good friend, Jim Early—attorney, author, and talented cook—and ask for his opinion. His most recent book, *Jim Early's Reflections, The Memories and Recipes of a Southern Cook*, is a delight.

Ring up Jim is what might be called "assumed risk" in the legal profession. Jim, like me, can talk the ears off a brass monkey. Doggone a man who can out talk me! He didn't answer my question, but, as I suspected, he had some interesting insights.

Jim started cooking very early. Like many of us self-professed cooks, he learned much of what he knows from his mother. "My mom was a great country cook. When I was about 13, I told her I wanted her to teach me everything she knew how to do, from



cooking to sewing on buttons. She looked at me and asked, "You planning to run away?"

"No, ma'am, I just want to be totally independent all my life," I told her.

"I have never believed chores have gender," Jim said. "After I got married, I found that by both of us coming home and pitching in and getting chores done, we had a lot more time to do things we really enjoyed." Jim is still a stickler about time and rations it as the precious commodity it is. He can tell you exactly how many hours he put into researching and writing his definitive work, *The Best Tar Heel Barbecue*.

My mother always said that although not many men cook, those who do generally are better at it than women. Of course, she was a great fan of Dean Burkot and her thinking was colored by that. I asked Jim about her observation.

"If you are going to be a good cook, you have to be passionate about it—just like anything else that requires skill. I don't want to over generalize, but men who are comfortable in the kitchen tend to be more passionate and greater risk takers. Consequently, they eventually become better cooks," said Jim. "It doesn't bother them quite as much to ruin a great piece of beef, toss it in the trash can, and then start over."

I have always thought that recipes deter guys from piddling in the kitchen like they piddle in their workshops. Cooking from a recipe is like being back in Chemistry 101 and having a semes-

ter's grade riding on a single experiment. What are folks going to say if you screw up dinner? Shame.

Slavish attention to recipes in some ways is like painting by numbers. Recipes bring out the rebel in me. I like to tempt fate by substituting one thing for another, such as cane syrup for sugar, or closing the book and trying to make a tasty treat from just what I have in the larder. It is not unusual for me to call neighbors at 10 p.m., offering a slice of something I have concocted that turned out special—like the dried cranberry pie and the pineapple upside down cake with mincemeat I made last Christmas.

The first time I grated turnip and added it to cole slaw, my guests knew there was something fresh and different teasing their taste buds, but they couldn't figure it out. They ate it with zest, however. No one is quite as boring as the person who has a single recipe for baked chicken or cole slaw or bread pudding implanted in his or her taste buds and pushes back from the table whenever it's not just like Momma cooked.

Guys don't take shame well. That's why it was such an effective tool for our mothers. I was pretty good at ping-pong, and proud of it. I can still tell you the name of the girl who beat me when I was in college. In the workshop, if you cut wrong, you throw the board away. If you bend a nail, you toss it. And there is no shame. It should be the same in the kitchen. Between you and me, if we could take shame out of the kitchen, there would be more guys in there. **MM**

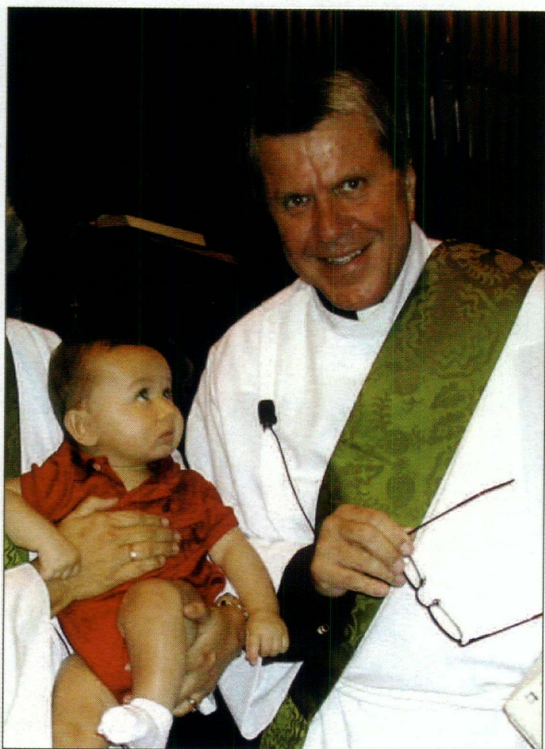


Photo courtesy of Church of the Good Shepherd, Raleigh

CAN YOU FIND YOUR CALLING ON PUBLIC TELEVISION?

Ask David Crabtree

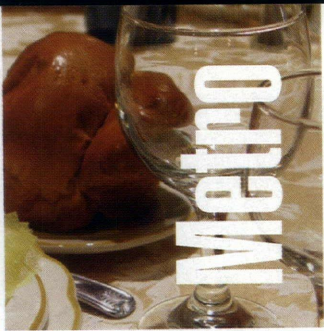
Thousands of North Carolinians recognize David Crabtree from his work as an award-winning news anchor on WRAL-TV in Raleigh. But a much smaller number of people know him for something very different. David Crabtree is also a vocational deacon in the Episcopal Church with a focus on ministering to those on death row and in hospice care.

Some years ago, David saw a public television special hosted by Bill Moyers on the inspiring history of the familiar hymn *Amazing Grace*. He was so moved by the story that he enrolled in the Vanderbilt University School of Divinity, which ultimately led him to the church work he does today.

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Gourmet

by Moreton Neal

This Little Piggy Goes to Market

THE RETURN OF FLAVORFUL PORK

Just recently I had the pleasure of spending an evening at an extraordinary event at Chapel Hill's Lantern Restaurant. The five-course dinner was part of the Lantern Table, a tasting series dreamed up by chef/owner Andrea Reusing to spotlight North Carolina produce and to develop a closer relationship between the state's food growers and food lovers.

Our dinner had nothing to do with anything remotely porky. It featured seafood, all fresh from the Carolina coast, and included several elegantly conceived dishes including a dozen exquisite clams served in the simplest sauce of sake and butter. Though I longed to talk with the couple from Stump Sound who raised those delectable bivalves, not a single fisherman or seafood farmer was able to be present that night.

However, at my table were several food writers and North Carolina's Farm Management and Marketing Specialist Dr. John O'Sullivan. The conversation quickly turned to a subject that most of us Tar Heels are passionate about, even when it's not served as barbecue—pork.

As it happened, the state of the pig (no pun intended) was originally the inspiration for the Lantern Table dinners. Reusing hosted a benefit for the American Livestock Breed Conservancy with an all-pork Asian menu. True to her gutsy reputation, Reusing used virtually every part of the animal, kicking off the evening with "Head to Tail Dumplings in Broth." Next came a lacquered pork belly, then cheeks and jowls in a spicy, crispy coating, followed by 12-spice roast pork with house-made Chinese sausage. Even the dessert was porcine—candied cracklings garnished the buckwheat pancakes. Guests were overwhelmed by the quality of the meat they tasted.

Reusing used just one kind of pig for every course—Ossabaw hogs. Until recent-

ly there were fewer than 200 of these animals in existence, all roaming wild on isolated Ossabaw Island off the Georgia coast. Hernando DeSoto brought their ancestors to the southeastern part of the continent when he explored the territory in the 16th century. The Spanish ham, Jamon Iberico,

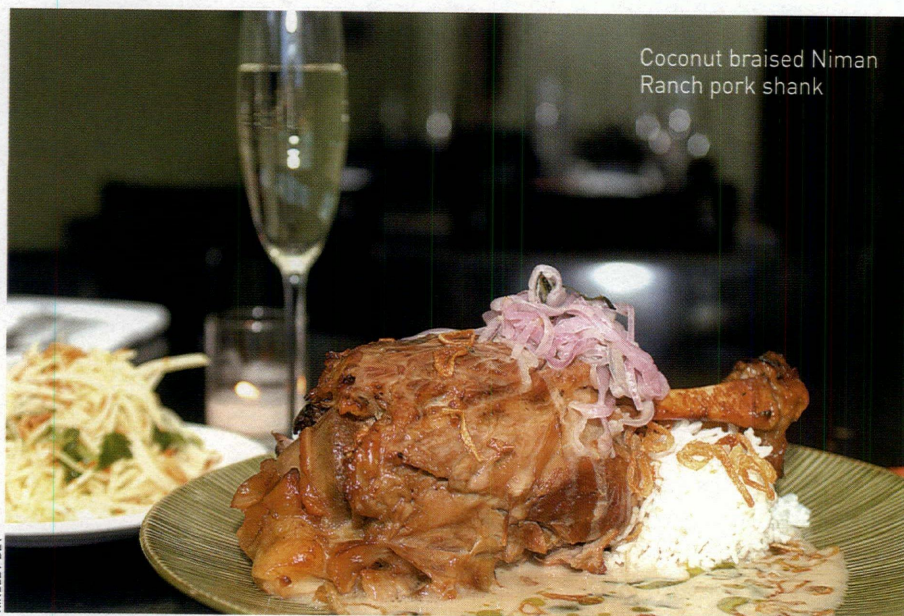
one of the priciest and most sought after preserved meats on the planet, is made from the Iberico pig, still cultivated on the Iberian Peninsula for its intense flavor and uniquely creamy fat.

Unfortunately, we home cooks can't just go to our nearest Whole Foods or Fresh

Andrea Reusing



KINSLEY DEY



Coconut braised Niman
Ranch pork shank

Market and buy Ossabaw pork, though it is being raised for restaurant use at Eliza MacLean's Cane Creek Farm in Mebane. But thanks to organizations such as Slow Foods, dedicated to preserving the great food traditions of the world, we can look forward to finding more and better farm-raised pork grown locally.

To prove it, Reusing's next dinner, the

initial Lantern Table event, was equally swinish, but a tad less esoteric. "Piedmont Pigs and Cheese" featured the artisan cheeses and whey-fed pork of Chapel Hill Creamery. What's so great about whey-fed pigs? The taste! Italian farmers have used whey, the by-product of cheese, to feed pigs for centuries. This symbiotic relationship produces the most delicious pork imaginable. It's no coincidence that the best prosciutto in the world is made in Parma, the

epicenter of Parmesan cheese.

The second table dinner helped raise funds to send two North Carolina farmers to Italy to study just these kinds of relationships and traditions. These farmers will share their knowledge with other food raisers, and ultimately, the benefits will trickle up and down the food chain and result in excellent, accessible food for us all.

Where can you and I get great pork right now? In Raleigh, Durham and Chapel Hill/Carrboro, head to the farmers' markets for Chapel Hill Creamery pork. Several restaurants in the Triangle proudly serve this pork, as well as the Creamery's amazing fresh cheese (don't pass up the delectable Carolina Moon). In better groceries, ask for Niman Ranch brand, a model business for humanely raised meat. The difference in quality from "factory" pork is significant. Niman pork is raised by more than 40 North Carolina farmers who have discovered that an animal's quality of life truly does affect its flavor.

As Americans love to say, demand creates supply. So, *Metro* gourmets, let's fight to keep tender, tasty, fat and happy pigs on menus and in our food stores. It's an easy battle to win. All it takes to create a market for the good stuff is to request it, buy it, and cook with it. Then all that's left to do is pig out.

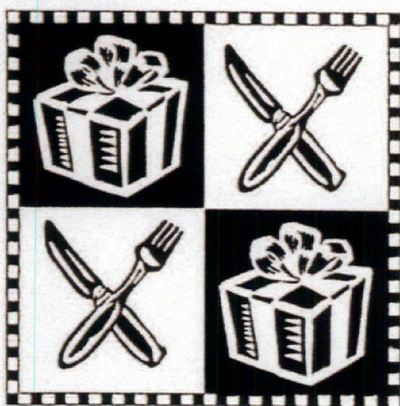
NEAL'S NIBBLES

Other Lantern Table dinners will be held in the months ahead. For information, go to www.lanternrestaurant.com.

Spend a delightful day in the country and taste the freshest produce imaginable on the Piedmont Farm Tour, April 22 and 23. Sponsored by the Carolina Farm Stewardship Association, dozens of farms will be open for touring, some with local chefs demonstrating recipes for the farms' spring harvest. You can catch Andrea Reusing's demonstration using artisan cheese and whey-fed pork at Chapel Hill Creamery.

Gourmet readers, head to your neighborhood bookstore for *Pig Perfect: Encounters with Remarkable Swine and Some Great Ways to Cook Them* by "hamthologist" Peter Kaminsky. Pick up *Coming Home to Eat* for food writer Peter Nabhan's account of his year dedicated to

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On April 22, the 3rd Annual Great Grapes! Wine, Arts & Food Festival will be held at Regency Park in Cary. The outdoor festival will feature hundreds of wines from more than 20 North Carolina wineries, live music, cooking and wine demonstrations, and gourmet foods. Go to www.uncork-thefun.com for schedule.

It's not too late to reserve a spot at the second Beaufort Wine and Food Weekend April 26-29, featured in *Metro's* March issue. For more information and reservations try www.beaufortwineandfood.com.

Opening this month, Nelsons in Cameron Village promises classic American-European haute cuisine in a multi-faceted setting consisting of a dining loggia, gourmet oyster bar, wine bar, private dining room and, just in time for balmy spring evenings, an outdoor loft.

After threatening to open for months now, Vivace should be serving Italian fare in North Hills by April.

Crystal Coast foodies report Café Zito has attracted an enthusiastic following in Morehead City.

So you want to be a chef when you grow up? Dorette Snover will take a group of teens to cooking camp in Italy this summer. For pre-teen and even younger aspiring chefs, she'll be teaching culinary skills for kids at her cooking school in Orange County. Enroll now by visiting Dorette's website www.cestsibon.net. MM

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- 42nd Street Oyster Bar** – 508 West Jones Street, Raleigh. (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Mon. through Fri. and dinner seven nights a week.
- Bella Monica** – 3121-103 Edwards Mill Rd., Raleigh. (919) 881-9778. A family-run trattoria with recipes handed down from our grandparents. Authentic Neapolitan entrées featuring crisp, thin crusted pizza called Flat-Bread, Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood wine bar with all-Italian list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. Voted "Best Italian" by AOL cityguide & citysearch.
- Bistro 607** – 607 Glenwood Avenue, Raleigh. (919) 828-0840. This cozy house turned restaurant located at the top of Glenwood South offers a wide variety of immaculate dishes from this region and afar. Market fresh fish daily. Open for lunch Mon. through Fri. 11:30-2:00 pm. Dinner Mon. through Sat. 5:30-10:00 pm. Closed Sunday. www.bistro607.com.
- Bloomsbury Bistro** – 509 West Whitaker Mill Road, Ste 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today* and voted Best Restaurant in the 2005 Metro-Bravo Awards.
- Carolina Ale House** – 513 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. 3911 Durham-Chapel Hill Blvd. Durham. (919) 490-2001. 7981 Skyland Ridge Parkway, Raleigh. (919) 957-4200. Carolina Ale House has something for everyone—we offer our award-winning menu 7 days a week from 11am until 2am and serve up all the sports action on over 40 TVs. Daily lunch and dinner specials, the coldest \$2 pints in town, 99 cent Kid's Tuesdays, we've got your family covered with great food, sports and fun.
- Cuba** – 19 West Hargett Street, Raleigh. (919) 833-4440. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.
- Est Est Est Trattoria** – 19 West Hargett Street, Raleigh. (919) 833-2229. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.
- Glenwood Grill** – 2603-151 Glenwood Ave., Glenwood Village Shopping Ctr., Raleigh. (919) 782-3102. Triangle favorite for 16 years. New South cuisine features shrimp & grits, filets with parmesan fried oysters, daily specials. Voted No. 1 Power Lunch by *Metro*. Personable wait-people. Outstanding wine list. Lunch/Dinner, Mon.-Fri., Dinner – Sat., special Sun. Supper menu. Call for Reservations. www.glenwoodgrill.com.
- Jibarra Restaurant** – 7420 Six Forks Road, Raleigh. (919) 844-6330. The first upscale Mexican restaurant in the Triangle area featuring eclectic, flavorful dishes representative of each region of Mexico. To complement our dishes, we feature a posh Tequila Lounge offering only premium cocktails made with fresh-squeezed citrus, and distinguish ourselves with a unique wine list featuring exquisite wines from Spain and Latin America, www.jibarra.net.
- Nana's Chophouse** – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live music, and fresh seafood. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Mon.-Thurs. 5:30-10:00 pm. Fri. and Sat. 5:30-11:00 pm; late night menu until midnight. Call for reservations.
- Nina's Ristorante** – 8801 Leadmine Road, Raleigh. (919) 845-1122. Vibrant flowers, paintings and handcrafted sculptures are arranged throughout the terra cotta walls

of the restaurant. The restaurant provides the ever-growing area with Tuscan cuisine that is heavy on flavor and light on the ingredients. Hours of operation are Mon.-Sat. from 5:00-10:00 pm.

NoFo Market and Café – 2014 Fairview Road, Raleigh. (919) 821-1240. 1125 Military Cutoff Road, Wilmington. (919) 256-5565 1609 Elizabeth Ave, Charlotte. Open for brunch Sat. & Sun., lunch Mon.-Fri. and dinner Mon.-Sat. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrées. Don't miss the daily specials. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," *citysearch.com*.

Second Empire Restaurant and Tavern – 330 Hillsborough St., Raleigh. (919) 829-3663. Located in downtown Raleigh's historic Dodd-Hinsdale House (circa 1879), Second Empire offers two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs in the Tavern and the Atrium Room enjoy a lighter fare menu and casual atmosphere. Winner of the DiRoNA Award, the AAA Four Diamond Award and the *Wine Spectator* Award. www.second-empire.com.

Sullivan's Steakhouse – 414 Glenwood Avenue, Raleigh. (919) 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played in the wood-paneled lounge seven nights a week.

Taverna Agora – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. An Absolutely Greek restaurant and bar, Taverna Agora brings all the fresh flavors of the Old Country directly to you. Our authentic menu of slow roasted meats and flavorful seafood complements the festive mood of this rustic experience. Open nightly for dinner and catering available. Love life through food-OPA!

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh. (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout" Enjoy true New York-Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Winston's Grille – 6401 Falls of Neuse Road, Raleigh. (919) 790-0700. A Raleigh tradition for over 19 years. A warm, friendly atmosphere with great food and exceptional service make Winston's Grille the ideal place for any occasion. We specialize in hand cut steaks, prime rib, fresh fish, and our famous baby back ribs. Make reservations for your next business lunch or business dinner, romantic dinner, anniversary celebration, or casual get together. www.winstonsgrille.com.

Zely & Ritz – 301 Glenwood Avenue, Raleigh. (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates in an upscale, casual, yet hip and smoke-free environment. Named as one of the Top 20 Organic Restaurants in America by *Organic Style Magazine*, Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with a *Wine Spectator* Award Winning boutique wine list.

Zest Café & Home Art – 8831 Six Forks Road, Raleigh. (919) 848-4792. Located in North Raleigh, Zest has been offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio for Lunch, Tues.-Sat. 11:00am-2:45pm; Dinner, Wed.-Sat. 5:30pm-8:30pm; and Brunch, Sun. 10:00am-2:00pm. Also, enjoy our Home Art selection of fun and whimsical home accessories, furnishings and gifts.

DURHAM/APEX

Café Parizade – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch M-F 11:30 am-2:30 pm and dinner M-Th

5:30-10:00 pm, Friday and Saturday 5:30-11:00 pm. and Sunday 5:30-9:00 pm.

Daniel's Restaurant – 1430 NC 55, Apex. (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Serving lunch Sun.-Fri.; 11am-4pm and dinner; Sun.-Mon., 5pm until 9pm and Tues.-Sat., 5pm until 10pm. www.danielson55.net

George's Garage – 737 Ninth Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Verde – 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tues.-Sun., 5:30-11:00 pm and Sun. brunch 10:30 am-2:00 pm.

CHAPEL HILL/CARRBORO

Carolina Crossroad's Restaurant & Bar – 211 Pittsboro Street, Chapel Hill. 919-918-2777. One of only two restaurants in NC to earn the coveted *Mobil Travel Guide* Four Star Rating. The Carolina Inn, rich in history, charm and tradition, provides the ideal environment for Chef Brian Stapleton's creative interpretations of classic Southern and American cuisine. Open daily for breakfast, lunch and dinner; 6:30am-10pm also offering a sumptuous Sunday Brunch. Voted Chapel Hill's "Best Brunch". Patio Dining, weather permitting. Complimentary Valet Parking: 6:00am-midnight, www.carolinainn.com.

Crook's Corner – 610 West Franklin Street, Chapel Hill. (919) 929-7643. "Sacred ground of Southern foodies." –New York Times. "The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner." –*Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tues.-Sun. at 5:30 pm, Sun. Brunch 10:30 am-2:00 pm, www.crookscorner.com.

Spice Street – 201 South Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

BEYOND THE TRIANGLE

Blue Moon Bistro – 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tues.-Sat.

Chef Warren's – 215 NE Broad Street, Southern Pines. (919) 692-5240. Warren and Marianne Lewis invite you to their Southern Pines Bistro offering patrons a variety of delicious specialties from an eclectic menu of anything from Ostrich to Pork Chops. "Local touch, international cuisine," *Metro Magazine's* Moreton Note. Open for dinner Tues. through Sun.

Deluxe – 114 Market Street, Wilmington. (910) 251-0333. Offering upscale dining for today's savvy gourmand in an aesthetically stimulating and casual atmosphere. Featuring innovative creations with worldwide influences prepared with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner at 5:30pm; Sun. brunch 10:30am-2:00pm. *Wine Spectator* Award of Excellence, reservations suggested, www.deluxenc.com.

**For more restaurant listings
visit www.metronc.com**

Cork Report

by Barbara Ensrud



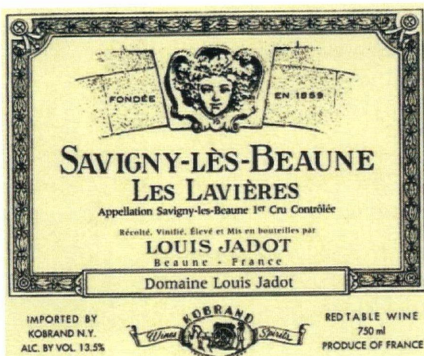
Part I: Red Wines

WINE: OLD WORLD, NEW WORLD

Most of the wines we drink—probably 95 percent—were created in the Old World—western Europe, that is: Italy, Spain and Portugal, France and Germany, to be specific. The long timeline Europe enjoyed in developing these wines, free of the overwhelming bombardment of wine information, wine ratings and critiques, evaluations that can make or break a wine with its first vintage, meant that winegrowers had years, decades, even a century or two to discover which grape did best in a particular region, climate or soil. And out of this came the classic, defining prototypes of virtually all the wines we drink—

Bordeaux (mainly cabernet sauvignon, cabernet franc, merlot but also malbec and petit verdot), Burgundy (chardonnay for white, pinot noir for red), Hermitage and Côte Rotie (syrah), Pinot Grigio, Riesling, and Port (touriga nacional), to name some of the most significant.

Europe's classics have found new expression in many parts of the world, for the better in some instances, but not all by a long shot. No new world region has been able to match the uniqueness of Portugal's Porto, for instance, though some in Australia and California are making good efforts. Tasty as they are and as attractive as some of the cask-aged Australian



Tawnys can be, they haven't quite the tense and thrilling mix of fire and rich sweetness of genuine Port grown in the steepest regions of the Douro.

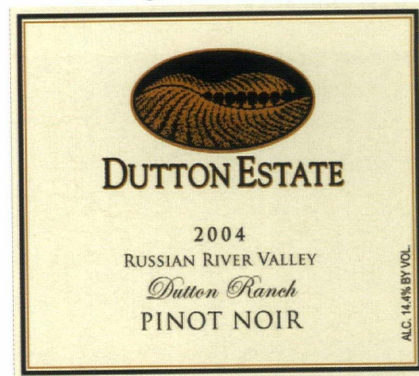
And yet, touriga nacional, the principal grape variety used for Port, has found a surprising new home in the New World—and for us Carolinians, right in our own back yard—not as a fortified wine like Port, but as a table wine that admirably suits roast meats or grilled chicken. At North Carolina's Horizon Cellars, Tiger Mountain in north Georgia, Horton and others in Virginia, touriga produces a smooth flavorful, medium-bodied red wine. It grows well in mid-Atlantic regions, and has a promising future here. Likewise for two other varieties: cabernet franc and pinot grigio.

In recent wine classes at Duke, we have explored various renditions of certain grape varieties, tasting old world wine alongside those from new world regions. We made some fascinating discoveries. Here are a few gleanings—the conclusions, however, are all mine.

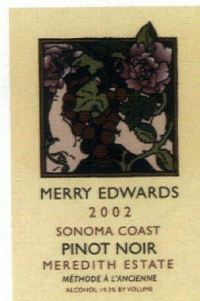
Pinot Noir. Few would dispute that at its best, Burgundy represents the ne plus ultra for pinot noir, but it costs an arm and a leg to experience it. You pretty much

have to fork over \$70 a bottle and up (mostly up!) for the kind of voluptuous and seductive flavors to be found in the Chambertins of Faiveley, Louis Jadot and F. Magnien. But the cool Russian River region of western Sonoma in California provides it at \$40 to \$50 in some of the alluring Pinots from Dutton Ranch, David Bruce, Gary Farrell, Merry Edwards or Russian Hill.

Oregon's Willamette Valley has proven a wonderland for Pinot Noir, notable for grace and elegance, the perfect accompaniment to grilled wild salmon. Some



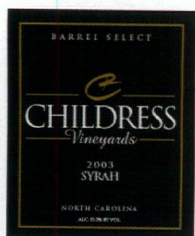
Oregon Pinots, however, are getting bigger and more intense with each vintage. Elk Cove, for example, a wine I've always liked for its well-defined flavor and fine balance, has gone heavy with its 2003, admittedly a warm, ripe vintage—but numerous other Oregon wineries seem to be going for power over finesse. Still, with fresh wild salmon turning up at fish counters, you can still count on producers such as Bethel Heights, Eyrie Vyds, Ponzi, Sokol-Blosser, Erath,



Benton Lane and Willamette Valley Vyd's to give you that distinctive Oregon character and elegance.

At the inexpensive level—\$9 to \$15 a bottle—the New World's youngest regions have the best values in pinot noir now. Check out these delightfully tasty, and affordable versions: Trapiche 2004 Pinot, \$9, from Argentina; Brancott 2005 Pinot Noir, \$12, from New Zealand; and the terrific Tamar Ridge 2004, \$15, from Tasmania—or try it by the glass at Jujube in Chapel Hill.

Syrah. The grandeur of syrah evolved in the northern Rhône Valley of France on slopes at Hermitage and Côte Rotie, reaching its apotheosis in the rare single-vineyard wines of E. Guigal: La Mouline, La Turque and La Landonne (the 2000 goes for \$250 a bottle!). These wines are indeed grand, but their exalted prices, due to extremely limited production (a few



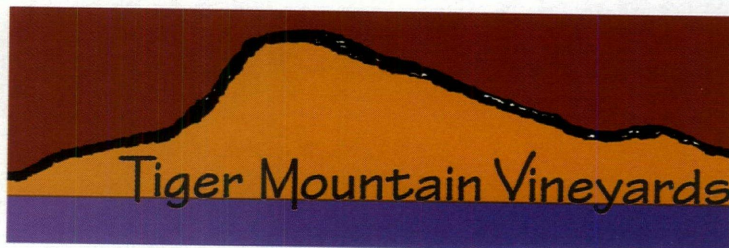
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Cabernet Franc

Georgia Red Wine



hundred cases) but mainly their cult status, are a little insane. Syrah, however, a most accommodating grape, is now thriving in numerous regions around the globe, from North Carolina (Shelton, RayLen, Childress) to California, southern Oregon, Walla Walla in Washington, Chile and Argentina (also Mexico)—and has found perhaps its most engaging rendering in Australian Shiraz.

New world syrah/shiraz is juicier, more immediately drinkable, even sexier than the prototypes. I like a lot of them, but I also like the rather suave, somewhat more complex Rhône reds such as Jaboulet Crozes-Hermitage Les Jalets or Saint-Joseph, or a well-aged Hermitage (10 to 12 years at least), truly handsome choices for rack of lamb.

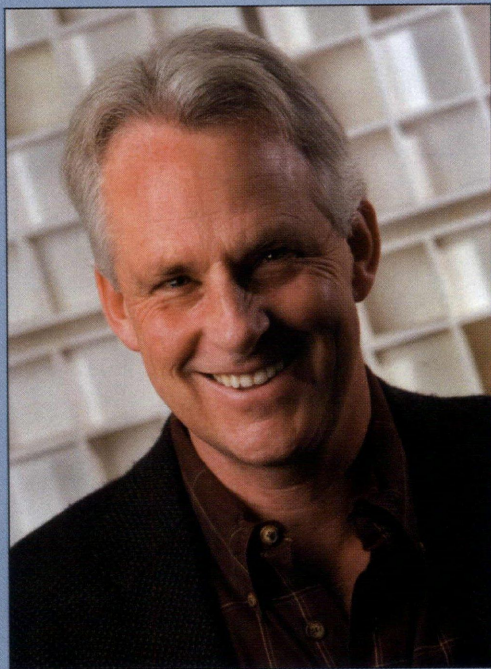
The Cabernets. It's truly a toss-up in terms of cabernet sauvignon. That Cali-

fornia Cabernet can go head to head with red Bordeaux was proven at the Paris tasting in 1976, where several top Cabernets—Stag's Leap, Ridge Monte Bello, Clos du Val and others—wowed French tasters who mistook them for such classified Bordeaux as Mouton-Rothschild, Haut-Brion, Léoville-Las-Cases and Montrose. The point is they were all outstanding and impressive. Cabernet sauvignon is another of those grapes that can find exceptional character, depth and complexity—in other words, greatness—in many areas of the world, be it Napa Valley, the Haut-Médoc of Bordeaux, or Tuscany, Catalonia and Chile.

Cabernet franc is another matter. Cabernet franc is usually rather one-dimensional on its own and generally blended with cabernet sauvignon and/or merlot. In France, the only wines made solely from cab franc are in the Loire Valley, Chinon and Bourgueil, reds dating to at least the 18th century. These are interesting wines, very dry and sometimes a little severe. In the new world, cab franc seems to have found a cozy home in the mid-Atlantic regions of Virginia, North Carolina and north Georgia. Here, they have good structure and balance but also juicy, lively fruit that makes them highly appealing. Among the best Cabernet Franc from regional grapes: Barboursville (VA), Biltmore Chateau Reserve, Tiger Mountain (GA). Try them if you get a chance. Note: One Loire producer seems to have taken a cue from this style—a smashing little red from Guy Saget, the 2004 Chinon Les Tenanceaux, and at \$10 a bottle, quite the bargain. **MM**



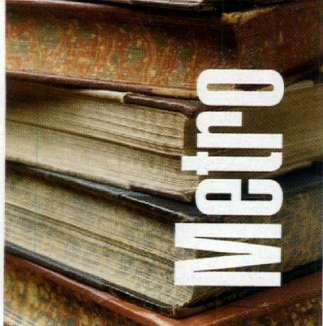
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Books

IS UNC FIRST IN THE NATION? by Arch T. Allen

Graduates, students and faculty of the University of North Carolina at Chapel Hill are proud of their school. And many North Carolinians, including newcomers, share that pride in the institution that proclaims itself “the University of the people.” After all, UNC was the nation’s first state university to admit and graduate students. After the University was authorized constitutionally in 1776, and chartered formally in 1789, it laid the cornerstone for its first building, Old East, in 1793 and admitted its first student in 1795. The University is the nation’s only state university to have graduated students in the 18th century. It was inspired by the American Revolution and the ideal that independent men must be educated in the liberal arts—the knowledge and skills required to be free.

That history and contemporary campus life are portrayed in *Carolina: Photographs from the First State University* (2006), a collection of campus scenes published by the UNC Press. Said to be the only book of its kind and introduced with a forward by UNC creative writing professor and novelist Doris Betts, it presents Carolina in high-quality color photographs accompanied by brief textual explanations. They blend scenes of the historic campus, such as Old East and the Old Well, with images of contemporary student life encompassing “academics, the arts, politics, clubs, and athletics.” Dean Smith praises it as “a great memento of the Carolina I know and love.”

This collection is a colorful companion to *Light on the Hill: A History of the University of North Carolina at Chapel Hill* (1992, paper 2004). Published by the UNC Press as part of the University’s Bicentennial Observance, *Light on the Hill* describes the University from its small, Revolutionary beginning to its modern, major university

standing as an acclaimed “public Ivy.”

Carolina: Photographs from the First State University captures that change. The scenes range from the remarkable beauty of the historic campus to the commonplace and lamented blandness of many of the modern buildings. The splendor of historic McCorkle and Polk Places on the old campus stand out among the sameness and much of the starkness of the new campus. The photographs of the earlier structures are distinctly Carolina, while most of the new are similar to those of any large university campus. For example, one photograph shows students

markable photograph of the stark side of a new brick building and adjoining brick sidewalk. Without any aesthetic significance, surely the scene was included because of the political message of the graffiti written on the wall—a contemporary version of a ’60s “peace” symbol. That scene shows subtly that remnants of the Leftover Left live on in Chapel Hill. Indeed, they have their own “center for student involvement in social concerns,” as described in the text accompanying a photograph of the old Campus Y building. Actually, the Campus Y promotes only one view of “social concerns,” a prescribed

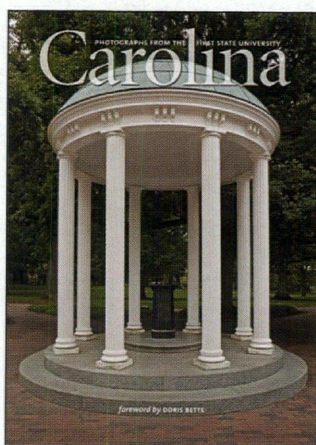
Leftist view of “social justice.” Other photographs show a get-out-the vote effort and a student speaking to a small crowd through a bullhorn, with the caption, “A hallmark of a vibrant campus—politicized students.”

Traditionalist scholars argue that academics, not politics, should be the hallmark of a university. Perhaps someday Chapel Hill will join them in rejecting the reigning orthodoxy of American higher education in which politics trumps academics. If the nation’s first state university really wants to rank first among public universities, it should lead by depoliticizing itself. Of course, it must recognize the rights of its students and faculty to be as political as they want to be individually outside of the classroom. Among other efforts to

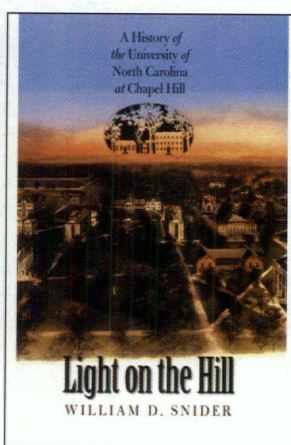
depoliticize itself as an institution, it should not allow faculty to make classroom political speeches extraneous to the subject of the course; and it should not require students to pay fees to subsidize the political activities of other students.

POLITICS NOTHING NEW

The University has experienced political concerns before. As *Light on the Hill* explains, at the University’s founding anti-Federalists feared that Federalists would dominate it. Actually, the Federalists and their political



Carolina: Photographs from the First State University
Edited by Erica Eisdorfer
(UNC Press, 2006, 185 pp.)



Light on the Hill: A History of the University of North Carolina at Chapel Hill
By William D. Snider (UNC Press, 1992, 370 pp.)

moving into a historic dormitory on the old campus with the Old Well and South Building in the background—a scene unique to Carolina—while another shows students on a balcony at a dormitory on the new campus with the railing in the background—a scene commonplace at large universities, as well as cheap motels.

Another change visible in the photographs is promotion of the politicization of the campus. Politics, a subject purposefully covered in this collection of photographs, apparently explains inclusion of an unre-

successors, the Whigs, did provide much of the University's leadership until Secession, the Civil War and Reconstruction. Those grave times brought on some of the University's greatest political conflicts. One occurred just before the Civil War, when a professor lost his position because he opposed slavery. After the Civil War, some secessionist sentiments continued the war on campus by other means in a contest for control of the University between white supremacists and Reconstruction Republicans. The white supremacists regained control of the campus, and ultimately, after the end of Reconstruction and "redemption" of the state by the Democratic Party, they won political control of the state for the next century. Their politics infused the University, which rewarded their influence by naming buildings for them, including the governor and the newspaper publisher who completed "redemption" by disfranchising black Republicans and imposing segregation laws in order to assure white supremacist, Democratic Party power. Fortunately, times changed, and the Civil Rights Era restored voting rights to blacks and recognized their right to attend the University. Unfortunately, soon afterward, another era of politics as war by other means began, with the New Left politicizing universities in order to radicalize and revolutionize America.

There is a central lesson in this history: politics should not rank above academics at the University. And, among the ironies, two are prominent: one of the white supremacists who defeated the Reconstruction Republicans for control of the University after the Civil War has been dishonored recently by the University chancellor; and the Recon-

struction Republican governor, whom she opposed, proclaimed, at commencement in 1869, Carolina as "the people's university."

Mindful of this brief history of the perils of politicization, readers should enjoy *Carolina: Photographs from the First State University*, a commendable collection of photographs and, like Dean Smith, remember the Carolina they love. But they should

not let their love be blind. They should reject the message that the University's reputation requires "politicized students" and a subsidized, institutionalized version of "social concerns" or "social justice." For Carolina truly to be First in the Nation, it must lead with vibrant academics, leaving politics to individuals well educated in the liberal arts. **MM**

John Edwards and the "Best Minds"

Among the University's efforts to politicize students is its Center for Poverty, Work and Opportunity, recently established at the UNC Law School with former Democratic Senator and presidential (and vice presidential) candidate John Edwards as its Director. Despite a stated scholarly sounding mission of creating "a forum for the best minds in the state and nation to work on issues of poverty, work and opportunity," its underlying goals are patently political, including raising "public awareness" and training "a new generation to combat the causes and effect of poverty."

The Center sounds like a 1930s New Deal program or the '60s War on Poverty, perhaps because its Director is stuck in those years and those models of government programs, as explained by George Will in a recent column about the Center and Director John Edwards. Under that mindset, the poor only need certain goods and services to escape from poverty, and the government should deliver them. But studies of the results over decades of spending trillions of dollars on poverty have shown that the poor are still with us—and that what they need are cultural and behavioral changes to separate them from the breakdowns that cause poverty.

As Will also noted, Center Director Edwards does not even recognize the name of James Q. Wilson, one of the nation's leading scholars on cultural and behavioral causes of poverty. Wilson is co-originator of the "broken windows" concept, that vandalism in poor areas be repaired and graffiti removed from public places to bolster the culture of respect for law and order as part of efforts to end poverty. This model was used as part of the successful turnaround of New York City. Wilson held endowed chairs at Harvard and UCLA; he is now the Ronald Reagan Professor of Public Policy at Pepperdine University.

Perhaps Center Director Edwards should invite Wilson to join in the Center's "forum for the best minds..." Certainly he and others at the Center should read some of Wilson's 14 books. Some prominent ones: *Bureaucracy: What Government Agencies Do and Why They Do It* (1989); *Crime and Human Nature: The Definitive Study of the Causes of Crime* (1985); *On Character* (1995); and *The Moral Sense* (1997). In any event, since Edwards speaks often of "two Americas," he should at least read Wilson's recent article, "How Divided Are We?" (Commentary, February 2006). **MM**

NEW AND NOTEWORTHY by Art Taylor

At Festival of the Book:

CONROY, MARLETTE SIDE BY SIDE

This year, the biennial North Carolina Literary Festival takes on both a new name—NC Festival of the Book—and a new approach. Instead of the standard schedule of readings and signings and occasional panel discussions, this festival—scheduled April 24-30, mostly on the Duke University campus—offers writers in conversation with other writers: Alan Gurganus talking with former student Ann Patchett, for example, and in a similar relationship, Pearl Cleage and Tayari Jones. Husband and wife writers Robert Olen Butler

and Elizabeth Dewberry take the stage at one point, as do annual fishing buddies Roy Blount Jr. and James Seay; fellow basketball fans Daniel Wallace and Will Blythe; and a trio of "Southern Women": Anne Rivers Siddons, Cassandra King and Mary Kay Andrews.

A veritable slew of other combinations fills the schedule, including discussions about adapting books to theater (with novelist Elizabeth Spencer and Broadway collaborators Adam Guettel and Craig Lucas), an examination of adapting books to film (with memoirist Brad Land

and director David Gordon Green) and a talk about food with Reynolds Price and chef Bill Smith. Select solo events include keynote speaker Barbara Kingsolver and ever-distinguished (and ever-dapper) Tom Wolfe, and dozens of other writers—from across the state, region and nation—round out the week.

While some participants will be coming together for the first time at the festival (such as Lewis Nordan and Olympia Vernon, to discuss writing on race), other pairings draw on years and even decades of friendship and collaboration. Consider, for example, best-selling writer Pat Conroy, author of *The Prince of Tides*, *Beach Music* and *My Losing Season*, among others, and Pulitzer Prize-winning editorial cartoonist, *Kudzu*-creator and now novelist Doug Marlette. Conroy and Marlette have been friends since the 1970s but still continue to talk on the phone almost every morning before they start work.

"It's a jumpstart," said Marlette, in *Metro's* recent phone interview with the two men. "It's like coffee—it's a caffeinated conversation. It gets both of us going. He goes back to work, and I go to work."

"It started when we were in Atlanta," explained Conroy and then couldn't resist adding a joke: "And it seemed less weird then than it does now."

The "then" Conroy is talking about is a scant couple of years in the late 1980s when he and Marlette lived in the same town for the first and only time: Conroy returning from Italy to live in Atlanta, and Marlette joining the *Atlanta Journal-Constitution* for a brief stint under newly appointed editor in chief Bill Kovach, former Washington Bureau Chief of the *New York Times*.

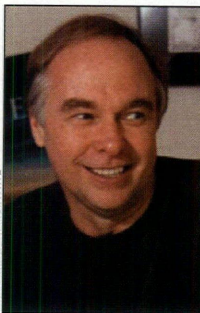
Though Conroy and Marlette first met more than a decade earlier, at a party in Charlotte while Conroy was touring with *The Great Santini*, the intervening years have included an exchange of postcards, occasional parties, and a couple of beach trips. But in Atlanta, the men had their first opportunity to build the friendship on a more daily basis.

"We got together for breakfast then, or lunch," said Marlette. "I was dwelling in the land of the journalists, and when you're the cartoonist among the professional literalists... well, it's a different thing. Pat was the first time that I met someone who was an artist. We just identified with one another."

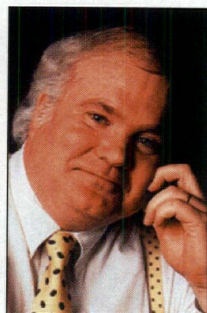
A couple of years later, as Marlette explained it, "the forces of darkness sort of sur-

rounded the Kovach enterprise, and when he got driven out, a lot of us who'd come to work for him were scattered to the winds." But despite the move to separate towns once more, the conversation between Conroy and Marlette persisted and enhanced, and the daily ritual of phone calls took hold.

Metro's interview with the two men, perhaps much like their conversations, proved to be a mix of serious contemplation, sincere respect and—invariably—a dose of silliness. These days, Conroy lives in South Carolina and Hillsborough, NC-based Marlette is teaching in Oklahoma. When the conference-call technology left Conroy occasionally unable to hear the voice on the other end, he ratcheted up the jokes: "Oklahoma is so



Marlette



Conroy

far away," Conroy said at one point. "You know those movies where they get up there and put their ears against wire? I imagine something like that." Another time, he cracked: "I'm only hearing tom-toms from out there." And after an extended response by Marlette, which Conroy seemed to hear only as a distant murmur: "I'm enjoying this conversation more than any I've ever had with Doug."

So what do the two men *generally* talk about, when the phone connection is more reliable? "Quantum Physics, the international monetary crisis, the Problem of Evil, Oprah's weight," said Marlette, and Conroy echoed the sentiments: "It simply flies all over the place." From ACC basketball to literature, music or movies to what's going on in Iraq or in Washington—all and much more have been under discussion.

"Doug has a better personality, and he's funnier than anyone I've ever met," said Conroy. "He's more irreverent, and he will say things that most normal, decent people in the world would not even think of. This has always stimulated me. ... Because Doug is a political cartoonist, he's interested in everything that's happening in the world. He

keeps me posted about everything that's going on that I need to know. I'm lucky that he has insomnia, because he's up all the time, looking for stuff, digging for stuff, constantly."

The admiration is mutual, of course.

"Pat is one of those emotional teabags," said Marlette. "The whole zeitgeist flows through him." And when the talk turns to literature: "It's like listening to a priest talk about the sacrament. It's Pat's secret religion, the thing he's most thoughtful and serious about. ... Literature and reading provided an escape from his brutal childhood, and so it's something he really cherishes. And I get a great window into everything that's being written in modern life, because he will have read it."

Still, subject matter aside, the exact tenor and direction of these talks seemed difficult to pin down. "These are not pretentious literary conversations," Marlette said at one point, and then again later: "There's not a trilled-r wrrrriterly preciousness about literature for Pat. It just seems very natural to him."

Neither are these conversations entirely a case of two professional craftsmen sharing or comparing their creations, though the two men did, at one point, co-author a twice-sold, not-yet-produced screenplay called "Ex." When asked to what degree Marlette relied on his old friend for advice in crafting his own first novel, *The Bridge*, or getting feedback on his cartoons, Marlette said, perhaps surprisingly, "I don't think we've ever exchanged work." And Conroy took the statement even a step further: "Doug may not remember this," he said, "but he was working on *The Bridge* for about a year before I even knew he was writing a novel. He would ask me questions sometimes, but I realized only later that he was asking questions a novelist would ask."

The anecdote hardly seems an example of guardedness between the two men, but rather proof, somehow, that this is not a professional relationship so much as a personal one—and deeply so, with roots that sometimes stretch back even further than that first meeting in Charlotte.

After calling Marlette "the best political cartoonist on earth," Conroy delved back into his own childhood: "My family raised me on newspapers. When dad went to the Pentagon, one of the papers I was weaned on was *The Washington Post*. When he went back to college, I was weaned on *The Charlotte Ob-*

server. When dad went to war, we went with my grandmother to Atlanta, so the *Atlanta Constitution* became my newspaper. In Washington, the first place my dad would turn to was Herblock, the political cartoonist then. And the first gift I ever gave my mother was a paperback book of his cartoons. They took the cartooning so seriously, it was the first place they turned." In the midst of the story, Conroy interrupted himself to add, almost as an aside: "Doug makes almost a magical association."

If friendship and family make such associations in memory, they overlap perhaps even more poignantly today, in present-day associations and connections.

"We've identified the fact that our families can approach each of us through the other," said Marlette. "I have no idea if my family has ever seen any of my cartoons, but they constantly tell me about Pat's books, and they express their affection for me through my friendship with Pat."

"I have a sister," added Conroy, "who has a bookcase that's laminated completely with Doug Marlette cartoons—both the *Kudzus* and the political cartoons. And this same sister has never told me that she's read a book of mine."

"I can recognize that his family's enjoyment of my work is actually their love of his work," explained Marlette. "I know that, but they can't express it. That's the way families work, the way people work."

But if indirection may prove a key ingredient in those instances, the friendship between Conroy and Marlette often—and perhaps ultimately—seems to exist on a different, and more direct, plane. When asked about the "lessons of a decades-long friendship" (borrowing the blurb from the book festival's Web site), the conversation turns even more pensive.

"We've kept away from philosophy and the deep thoughts," said Conroy. "But Doug's had to make a phone call to me and say these words: 'Pat, my mother died last night.' And I've had to make the phone calls to him: 'My dad died in his sleep' and 'My brother committed suicide, Doug.' We've had moments of great pain and great anguish that we've told each other, shared. What I've loved about Doug is that there's no subject I cannot bring up, none that he cannot comment on, none that he cannot give advice about. That has been invaluable to me. It's the only place I've ever really

found it on earth, and I treasure it."

On the heels of these words came—perhaps inevitably—another of those glitches in the technology on the conference call. Conroy didn't hear Marlette's response about being moved by the statement. Filling in what he perceived as silence, Conroy said: "Doug was apparently killed in a stampede of Oklahoma mustang."

EVERYONE LAUGHED.

"As you can see," said Marlette. "Part of what's special about all this is the humor. But we really have endured most of what this life is about, and at least we know that there's someone who gets it. I've noticed, as I get older, for me to have friendships like this... Men have a hard time with emotions, and it's been one of the great pleasures to share that. Pat writes novels that celebrate male friendship and it's a rare, rare thing." The conversation faltered again, just slightly, that tinniness in the connection, the question of whether either man had heard the other, before Marlette offered an apology of sorts: "I'm a picture person," he said, "not a word person."

And yet, despite the small breakdowns in communication, you get the sense that it was all said perfectly.

Conroy and Marlette will discuss their friendship further on Sunday, April 30, at 1:30 p.m. in Duke University's Page Auditorium. The conversation will be moderated by Bill Ferris. This event, like all events at the festival, is free and open to the public.

For a complete schedule of NC Festival of the Book events, visit www.ncbook.org.

NATIONAL POETRY MONTH

In honor of National Poetry Month, several area bookstores host area and regional poetry for readings and other special events in April.

Raleigh's Quail Ridge Books welcomes NC poets Michael Chitwood, author of *Condition Reports*, and Michael McFee, author of *Shinemaster*, on Sunday afternoon, April 2. Then, Quail Ridge hosts "The Night of the Poet" on Wednesday evening, April 19, with Quraysh Ali Lansana, Aracelis Girmay, Kim Arrington, Dasan Ahanu, Ebony Golden and Lita Hooper. And award-winning poet James Applewhite moderates a discussion of Walt Whitman's poetry on Sunday evening, April 23.

McIntyre's Books in Farrington Village presents a reading by Al Maginnes, author of

Film History, on Sunday afternoon, April 2.

Durham's Regulator Bookshop reprises the Tuesday evening poetry series it hosts each April: Kim Arrington, author of *The Lapis Dwellers*, on April 4; Elon Eidenier, author of *Draw Flame Catch Fire*, and Al Maginnes, author of *Film History*, on April 11; and Richard Krawiec, editor of *Taboo Haiku: An International Selection*, on April 18.

The Cary Barnes & Noble brings together James Applewhite and students from Cary Academy on Tuesday evening, April 18, to read from original and favorite poems.

HIGHLIGHTS ELSEWHERE THIS MONTH

While the NC Festival of the Book marks the largest gathering of writers this month and National Poetry Month has encouraged a flurry of poetry-themed events, several other readings throughout Eastern North Carolina have "don't miss" written all over them. Here's a sampling:

James Salter, the acclaimed author of *Solo Faces* and *A Sport and a Pastime*, reads from his new story collection, *Last Night*, on Monday evening, April 3, at Durham's Regulator Bookshop.

Colson Whitehead, author of *The Intuitionist* and *John Henry Days*, reads from *Apex Hides the Hurt*, on Wednesday evening, April 5, at the Regulator.

Chapel Hill author Sarah Dessen reads from her new young adult novel, *Just Listen*, on Thursday, April 6, at the Regulator; and on Wednesday, April 12, at Raleigh's Quail Ridge Books.

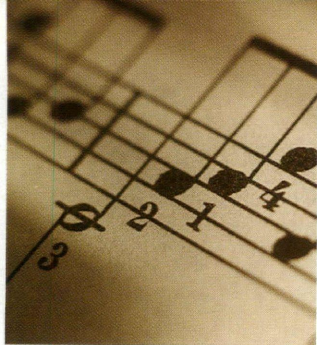
Bestselling mystery novelist Charles Todd reads from his new book, *A Long Shadow*, on Thursday afternoon, April 6, at the Country Bookshop in Southern Pines.

Pulitzer Prize-winning historian Taylor Branch discusses *At Canaan's Edge: America In The King Years 1965-68*, on Friday evening, April 7, at Quail Ridge Books.

Raleigh-based author Mary Kay Andrews reads from her new book, *Savannah Breeze*, on Tuesday, April 11, at Quail Ridge Books, and on Friday evening, April 21, at McIntyre's.

Carthage-based attorney JD Rhoades reads from *Good Day in Hell*, on Thursday afternoon, April 13, at the Country Bookshop in Southern Pines.

And Ann B. Ross delivers the latest in her much-loved series, *Miss Julia Stands Her Ground*, on Wednesday, April 26, at Quail Ridge Books. **MM**



PvV

by Philip van Vleck

JAZZMAN JIM CREW'S TRAILER DRAMA

Raleigh native Jim Crew is heard a lot more than he's seen nowadays. An extremely talented composer and a fine jazz keyboard player, Crew is finding some of his most gratifying and profitable work putting music behind visuals.

Most recently, Crew has been celebrated for writing the music that came blasting out of your television every time the *King Kong* trailer was aired.



KINSLEY DEY

Crew snagged his formal musical training at UNC-Chapel Hill, followed by grad school at the University of North Texas (formerly North Texas State). It was a grad school friend who brought Crew into the world of movie-trailer music.

"It's really just a very exclusive music production library," he explained during a recent conversation at Bogart's restaurant in Raleigh. "A guy I went to grad school with—my roommate, Mitch Lijewski, as a matter of fact—went to L.A. to seek his fortune as a film writer, and he hooked up with this guy who saw a niche for

music for motion picture advertising.

"You know, they start advertising a film six months before it's released, but there's been no music written for it in most cases," he said. "That usually doesn't happen until near the end of the process, and even if some music has been written, it's generally not intense enough for previews or trailers. So these guys decided to design music specifically for this purpose."

"They started taking their demo discs around to editing studios—there are about 200 in L.A. that do nothing but trailers. They got well established there and now they're all over the world. The library is up to 20 volumes of music."

Crew noted that over the past six years, he has written between five and 10 pieces of music for the library every year, all done on spec.

"Each volume of the library focuses on a different genre of film, like action/adventure, drama, family drama, comedy, romantic comedy," he said. "Our next project is actually a double disc. One disc is orchestral action/adventure and the other is orchestral family action/adventure, which really just means that the music isn't as scary. We're going to use a live orchestra for this. Next year we're doing a disc that's all heavy guitars and drums, a kind of techno thing."

Asked if his music for the *King Kong* commercial was a personal first, he replied that, indeed, it was not. The first thing he wrote for the library was licensed by the movie *The Whole Nine Yards*.

"I think I've got about 30 movies that have used my music in trailers, and Fox TV is also a big client. They use it in the same way that movie trailers use the music," he explained. "The pieces I write for the library are a minute to two minutes in length. You're just trying to write something that knocks them out right out of the gate—something that an editor would hear and say, 'Yeah, I can do something with this.' Of course, typically, they end up cutting it apart and doing their own thing with it."

Crew added that it's probably fairly easy for editors to find low-key music to license for trailers, whereas the sort of music he's doing is, "*King Kong*-blow-you-out-of-your-seat stuff."

"I can do anything I want, as long as it's over the top," he laughed.

Writing music for movie trailers is only a portion of what Crew's up to nowadays. There's all that video game music too, enhancing a couple of Red Storm's most popular games.

"I've done music for two of their games in the past 12 months," Crew said. "I was working at a game company—Random Games—that went out of business in 2001. One of their former employees made his way over to Red Storm, where he's now a

music designer and sound supervisor. That connection got me in at Red Storm. They've been famous for out-sourcing their music to the West Coast, but I finally got my foot in the door. And then another friend, Francis Dyer, got a job at Red Storm, and he also contacted me to work on a second project.

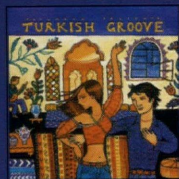
"One of the games is Ghost Recon, a first-person shooter game; the other game is Rainbow Six."

Crew allowed that this is the most creative music he's doing.

"In general Red Storm is looking for something cutting edge and modern sounding, and they're more willing to experiment," he said. "They're more willing to experiment than commercial clients are."

QUICK FIX

Various Artists:
Turkish Groove
(Putumayo)



Think they don't have it goin' on in the Ottoman Empire? Check into this very hip summary of what's up in the Turkish sector of the world music scene.

"You have to provide a variety of assets for these video games," he continued. "For instance, cut scenes, which are short scenes which help the story to progress as you move from one mission to the next. So that's scoring little scenes that run from about 30 seconds to two minutes. And then there's in-game music that usually has different requirements. It has to be able to loop without getting boring, for example."

Crew also explained that the music in Ghost Recon is subject to some extremely adept programming wizardry.

"With Ghost Recon, Fran and one of the other lead sound designers wanted to do something a little more integrated with the action. So they created a sound engine which, based on the activity of the player—you know, like how many shots he's fired in the last five seconds. I don't really know their criteria—what would trigger one of four levels of intensity in the music."

"I'd write what was basically a layered composition that had different intensity levels," he said. "This engine will segue

between the levels. It's very cool because you're getting a matrix of possibilities in the music."

And if your thing is jazz, as opposed to

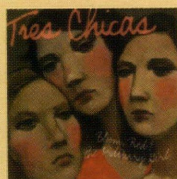
video games, Crew still does that now and again at Bogart's American Grill in Raleigh. Check www.bogartsamericangrill.com for the music schedule. **MM**

DISCOLOGY

Tres Chicas:

Bloom, Red & the Ordinary Girl
(Yep Rock)

Triangle home girls Caitlin Cary, Lynn Blakey, and Tonya Lamm traveled to London to track this outstanding disc with Neil Brockbank and Robert Trehern. The result tops anything previously released by this talented trio. From a musical standpoint, *Bloom, Red* is the most sophisticated piece of work Tres Chicas has

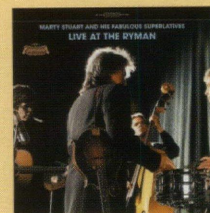


recorded to date. The arrangements are deftly realized. Some Chicas fans may find a tune such as "If You Think It's All Right" a bit stylized or overworked, but even here the quasi-pop arrangement serves the mood of the song. From start to finish, the vocal work of Cary, Blakey and Lamm is the bedrock of the disc. They sing beautifully in solo settings and as a trio. The clarity of their vocal performances is a constant thrill, touching the especially memorable on songs such as Blakey's "All the Shade Trees in Bloom," "My Love," and "Slip So Easily," another Blakey original. The ongoing miracle here is that three individually glorious voices can combine so elegantly into one mesmerizing sound. Don't sit down with this CD if you have something pressing on tap, because half-way through these tunes you will have forgotten that supposedly urgent task. *Bloom, Red & the Ordinary Girl*—it's a sweet piece of work.

Marty Stuart and his
Fabulous Superlatives:
Live at the Ryman
(Superlatone)

Stuart hit the stage at Nashville's Ryman Auditorium in July 2003 with an improvised sextet (expanding his usual quartet)

and tore up the joint, working his way through bluegrass, rockabilly, country and blues tunes. Stuart's joined by Kenny Vaughan (acoustic guitar), Stuart Duncan (fiddle), Charlie Cushman (banjo), Brian Glenn (bass) and Harry Stinson (snare drum). Dobro master Uncle Josh Graves guests on "Train 45" and follows this number with a joke at the expense of the medical profession. There are some great tunes here, including "Orange Blossom Special," a lively version of the instrumental "Shuckin' the Corn," a fine cover of the Jimmie Rodgers number "No Hard Times Blues," the fundamental rockabilly of "Sure Wanna Keep My Wine," and a ferocious rendition of Stuart's "Hillbilly Rock." Sounds like a big night at the Ryman.



Cristina Branco:
Ulisses
(Decca)



Branco is one of Portugal's best Fado singers, but on *Ulisses* we find her journeying, somewhat like the famed Ulysses, to ports of call far from her home. Branco reprises Joni Mitchell's "A Case of You," covers the French tune "Choro," as well as poet Paul Eluard via the song "Liberté." Branco also delivers an excellent version of "Alfonsina y el Mar," a South American number. Branco has a truly beautiful voice, and it's a fact that growing up she was mainly interested in jazz and folk styles, so it comes as no surprise that she's exploring the musical horizon. Branco's given notice with *Ulisses* that her future holds more than Fado. It would be very cool to hear her take on some jazz tunes in due course.



Water Garden, landscape architect **Dick Bell's 11-acre home and office** complex is to be sold to a developer who will build a senior housing complex, on the site. The Garden, located on outer Glenwood Avenue, received a six-page tribute in *Landscape Architecture* magazine's February edition. Bell, a fellow of the American Society of Landscape Architects, has developed the garden for half a century.

The Russians are still coming: The Iva Quartet, the four Russians expected to perform traditional Russian folk music and contemporary Russian songs on April 30 & May 5 at the Fletcher Opera Theater, have postponed their appearance due to visa problems. The Quartet now plans to perform at the Fletcher Opera Theater, Raleigh, in late September.

A 50-item exhibition honoring **William Richardson Davie**, the "father" of the University of North Carolina at Chapel Hill, is on display at Wilson Library through June 30. Located in the library's North Carolina Collection, the display will include artifacts, images, books and documents relating to Davie.

UNC's North Carolina Botanical Garden recently announced a partnership with the United Kingdom's Kew Gardens to preserve plants of the US Piedmont Eco-region, spanning Delaware to Alabama. The partnership is part of an international plant conservation initiative, "The Millennium Seed Bank Project," with partner institutions on nearly every continent.

The Children's Museum of Wilmington will celebrate on April 23 the Grand Opening of its new 16,000-square-foot location at Second and Orange Streets downtown. The new space features five times the capacity of

the old Market Street location.

A \$2 million gift from **Mitchell Rubenstein and wife, Laurie Silvers**, will support Jewish student life by funding Hillel programs at Duke University. The organization, which supports Jewish life, culture and programming on campus, will be called the **Rubenstein-Silvers Hillel**.

Mutual of Omaha Drive, Chip & Putt, presented by the Golf Channel, will swing onto **Wildwood Green** in Raleigh on April 30 to hold a free golf skills competition for kids (ages 7-14). The first 250 registrants will compete and winners from each local event will compete in regional championships. For information, visit www.TheGolfChannel.com.

StoryCorps, a national initiative to document everyday history & unique stories of America, will bring its mobile recording booth to the area in April, collecting stories of North Carolina residents. In partnership with WUNC-radio, StoryCorps will be at the American Tobacco Historic District in Durham beginning April 3 and in Chapel Hill beginning April 25.

Dr. Jean Folkerts, professor of honors and of media & public affairs at George Washington University, has been selected to become the next dean of UNC-Chapel Hill's **School of Journalism and Mass Communication**.

Wake Early College of Health and Sciences will open this fall to enable students to earn free college credit while obtaining high school diplomas. Formulated by the Wake County Public School System, WakeMed Health & Hospitals and Wake Technical Community College, the new high school will open with a ninth-grade class.

Dr. Daniel A. Reed, director of the Renaissance Computing Institute & vice chancellor for information technology at UNC Chapel Hill, will be appointed to the **President's new Council of Advisors on Science and Technology**. The council advises the

President on technology, scientific research priorities and math & science education.

Duke biologist Rob Jackson has published a humorous new book, *Animal Mischief*, that explores in whimsical verse penguins, fireflies, sloths & other creatures. On closer reading each poem contains knowledge about each animal, aimed at interesting young readers in their biology. For information visit www.biology.duke.edu.

Saint Mary's School Admissions Office is the winner of two 2006 Council for the Advancement and Support of Education District III awards. The new admissions DVD won the Grand Award in the category of Slide & Multimedia Programs, and Saint Mary's School won an Award of Excellence in the category of Printed Publications/Paid Advertisements for the school's most recent ad campaign.

Judy Woodruff, a 1968 Duke graduate who has covered politics and other news at CNN, PBS and NBC, and **David Brooks**, a *New York Times* columnist and commentator on PBS, will join the faculty of Duke University's **Terry Sanford Institute of Public Policy** next fall to conduct seminars on the intersection of media, politics and political ideology.

Progress Energy has invested \$150,000 to create the Center for Sustainable Energy, Environment and Economic Development (SEED) at UNC-Chapel Hill. It will focus on the ways society responds to growing needs for energy associated with economic development, while also improving the environment.

Three researchers at Duke University's Pratt School of Engineering have won **Faculty Early Career Development awards** from the National Science Foundation, its most prestigious honor for junior faculty members. The awards went to assistant professors of electrical and computer engineering **Adrienne Stiff-Roberts**, **Jungsang Kim** and **Sule Ozev**.

The NC Museum of Art in Raleigh

has recently acquired the triptych **Reminiscing** by North Carolina artist **Beverly McIver**. The triptych is one of several recently acquired works now on display at the Museum.

The **Beasley-Curtis Auditorium at Memorial Hall** in Chapel Hill honors broadcast media executives **George G. Beasley** of Naples, FL, and **Don Curtis** of Raleigh, who each gave \$500,000 to the Memorial Hall renovation campaign. Plaques engraved with their names were installed at the auditorium on March 16.

Beta Sigma Phi, an international women's organization that has 16 local chapters with 185 members, is celebrating its **75th anniversary**. Founders' Day, held each year in April recognizes one outstanding member of each chapter as "Women of the Year." This anniversary year's banquet is set for April 27 at the Shriner's Club in North Raleigh.

The goal of a new \$27 million partnership is to enable more NC community college students to earn bachelor's degrees from selective four-year institutions. The University of North Carolina at Chapel Hill is among eight colleges and universities that have joined the Jack Kent Cooke Foundation in this endeavor. As a result of the partnership, UNC will receive \$900,000 to help students achieve diplomas in higher education.

A new logo for the Downtown Raleigh Alliance was recently designed and produced by Kelly MarCom, a full-service marketing communications firm. The logo has already received attention for its functionality and use of color-coded blocks that represent the five different districts of downtown Raleigh.

The NC Seafood Festival presents the public showing and reception for the 2006 North Carolina Seafood Festival Poster Artwork, created by **Anna Cordes**, on April 14, from 5 pm until 8 pm at Arts & Things Gallery. In addition, the 2006 North Carolina Seafood Festival's selected festival photographers will display their black and white, and color stills. MM

My Usual Charming Self

by Bernie Reeves



THE COMMONSENSE SYNDROME

Common sense still exists; it's just hard to find beneath the layers of hyperbole issued by the usual suspects who force their agendas on the public. Fusillades of nuclear-tipped rounds are fired at the Bush administration regularly by righteous left-wing political types, launched from the silos of certain of the shamelessly biased national press, including the *New York Times*, *Washington Post* (who appear to be trying to reform), NPR, the TV networks, CNN; *The Nation* and *The New Republic* magazines and the limousine liberal editors of *Harper's*, *The Atlantic* and *Vanity Fair*.

Every criticism of the Bush administration or its friends is stoked up into a new Watergate. Events in Iraq are a modern Vietnam; an accusation of impropriety by anyone in the vicinity of the White House is styled as the Watergate that will purge the body politic of the Bush Reich. Yet the facts never seem to match the rhetoric. And on almost every issue, the Bush White House wins in the end: Recent nominations to the Supreme Court were covered in most national media as an effort to appoint Satan; the extension of the Homeland Security Act was denounced as the reincarnation of the Gestapo; the drug stipend for seniors was "unworkable"; the Valerie Plame incident would bring down the government; the Dick Cheney hunting accident proved the violence of the administration. None of these issues stuck, including the blame for Katrina and its aftermath, nor misconduct in the Dubai ports deal.

The latest flagellations and wearing of hair shirts is the Bush White House approval of eavesdropping on suspected terrorists by the National Security Agency. The NSA issue has been embraced as the Armageddon of the Bush administration by US Senator Russell Feingold, who is cajoling his col-

leagues to join him in a resolution to "censure" the president on the floor of the Senate. Like the seditious rant of Rep. John Murtha a few months back—designed to undermine the morale of our military on the ground in Iraq—Feingold's strategy personifies the political civil war in Washington. It was started by the Democrats under the generalship of Terry McAuliffe in the 2000 Florida presidential vote challenge, with no intervals of peace and civility in national public affairs since.

With a little history behind us, this unsavory atmosphere will be viewed as the death throes of the left wing of the Democrat Party. The country is now well past the grinding anti-American rhetoric of the '60s and '70s. The utopian idealism that would replace traditional American values toppled with the statues of Lenin in 1992. Torch bearers like Al Gore, John Kerry, Howard Dean and Ted Kennedy kept the flame flickering during the 2000-2004 presidential elections, with Kerry's spin doctors in the 2004 race attempting to convert his pro-North Vietnam, pro-Sandinista, pro-Soviet stands as patriotic. It didn't work, he lost, and now we are near end game. The Left is clinically dead, its corroded brain emitting irrational blips as the darkness descends.

Feingold and Murtha and the like are lighting candles in a hopeless vigil, calling on their false secular gods for one last miracle to revive the glories of the victory of American defeat in Vietnam and the rapture of the collapse of the Nixon administration. Their one slender thread is the media, who shill the empty slogans to the population. Problem is for them—the country isn't falling for it anymore. Daily newspapers, where the party line begins, who serve as the source for the large portion of broadcast news—are sinking in readership

across the board, as evidenced by the forced sale of Knight-Ridder to the McClatchy chain—owners of the *Raleigh News & Observer*. Even on cable, the conservative *Fox News* has more viewers than the rest of the cable news channels combined.

If it weren't for safe congressional seats, carved out by Democrats who manipulate the now out-dated Voting Rights Act to create voter profiles over deliberately biased districts, the Party would be further along the road to oblivion. These House member die-hards, who can afford unacceptable views in their pocket boroughs—conjoined with the agenda-loaded press—are the surviving echoes of the politics of the past. They hold out hope the 2006 by-elections will change the Republican majority in the Congress, which explains the hourly frontal assault on the Bush White House.

The probability of success is small. Even though Bush's popularity poll numbers are low, most Americans do not want to cut and run from Iraq. Despite the blather about NSA eavesdropping, Americans are aware how current policies have protected them from terrorists on US soil. And, as the charming buffoon Bill Clinton knows, it's the economy, stupid. Under Bush the US has enjoyed the longest period of economic growth and stability since the late '50s and early '60s. Common sense wins.

NOTES FROM LA-LA LAND

By one count there have been 20 books published since 2000 attacking "sprawl," the dirty word in the environmental lexicon that supposedly personifies the evils afflicting US cities. Our very own Triangle Transit Authority assumes their stance against sprawl justifies their agenda to force rail transit on the Triangle. Fortunately, TTA has been stopped in its

tracks—for now—and a new book has come out defending sprawl and exposing its vociferous opponents as the charlatans they are. Robert Bruegman's *Sprawl: A Compact History* says what needs to be said: Americans prefer to live in low-density environments, what we used to call neighborhoods. Common sense wins.

...

Which explains the obsession with Wal-Mart by activists and their fellow traveling friends in the media. The "big box" chain is regarded as the new Nazi party for building stores where people want to shop. The company allegedly is running small-town retailers out of business and, horrors, contributing to "sprawl" by drawing customers away from town centers to ex-urban locations. US Senator Hillary has heard the cock crow three times and denounced Wal-Mart, although she served on their board of directors for six years from 1986-1992. Hillary, running hard for President in 2008, is putting distance between her and Wal-Mart, aware the jihad is reaching the irrational stage when facts don't matter. Common sense loses.

...

TV producers know which way the wind is blowing in the hustings better than political pollsters do. There are no shows about environmentalists and rail transit activists, but a definite trend in programs about tough guys and girls defying the labyrinth of protections afforded dangerous criminals to arrest, torture and kill the bad guys. Jack Bauer in the anti-terrorist show *24*, and former program star Dennis Haysbert in the new show *The Unit* (and Benjamin Bratt and Dennis Hopper in the short-lived but high-quality *The E-Ring*) are the real heroes, not the whimpering girly men allegiant more to the ACLU and Amnesty International who dominate politics today. Jack Bauer and friends aren't politically correct, and neither is America, no matter what the academics and activists say. Common sense wins.

...

It's hard to convince people that a coterie of mostly liberal arts academics are holding universities hostage, forcing a "politically correct" agenda on administrators and students. Here in the Triangle, two

of the three major universities are known nationally for their capitulation to the "tenured radicals," resulting in a decline in their academic reputations due to grade inflation for "sensitive" students, a lack of scholarship in the syllabus and the imposition of party-line requirements for recruiting new hires and granting tenure. If you lean to the left politically, demonstrate anti-American tendencies, embrace affirmative action, believe in the politicization of course content and view society through the lens of the race-gender-class prism, you are welcomed and promoted to tenure.

Don't believe it? Then study the case of Larry Summers, former president of Harvard (and a card-carrying Clinton Democrat) who dared speak objectively about the lack of women in the sciences. His big mistake was to apologize for his valid comments. He followed this by arranging a \$50 million grant for a program to ensure more women science graduates. All this groveling got him fired. The faculty radicals put another notch in their pistol and academics in America declined further. Common sense loses. **MM**

Castro and Cuba: The Inside Story

August 23-25, 2006 NEW DATES!

Raleigh International
Spy Conference



Topics Include:

- Cuba after Fidel by former CIA Latin American chief Brian Latell
- The Missile Crisis, new revelations by CIA's former science and technology operative Gene Poteat
- Castro, the Third World and the KGB by UVA scholar and Cold War expert Timothy Naftali
- The Castro Obsession, U.S. operations against Cuba by retired *Miami Herald Latin America* editor Don Bohning
- Fidel: Hollywood's Favorite Tyrant by author and Cuba commentator Humberto Fontova
- Cuban Culture: Castro's Destructive Leadership by Cuban-born management professor Art Padilla

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Contact the NC Museum of History to register: 919-807-7917.

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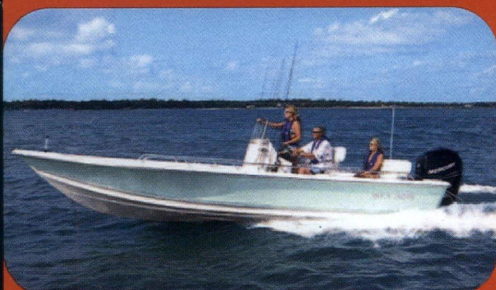
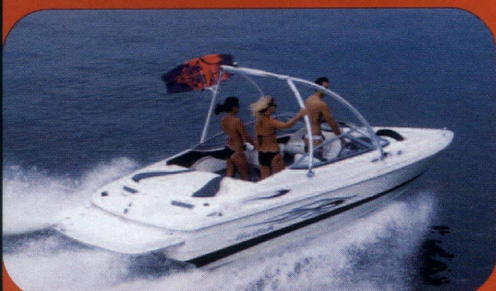
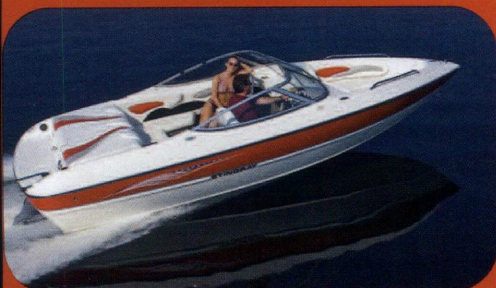
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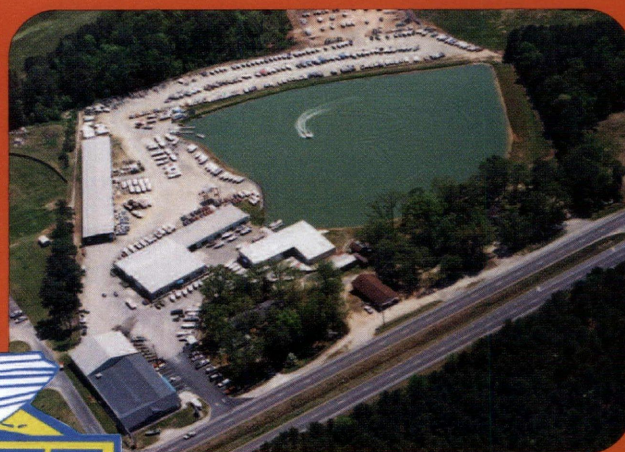
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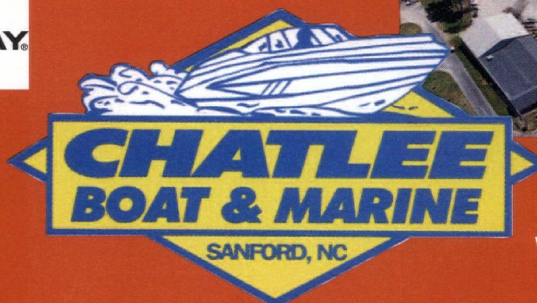
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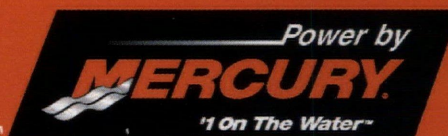


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