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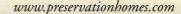
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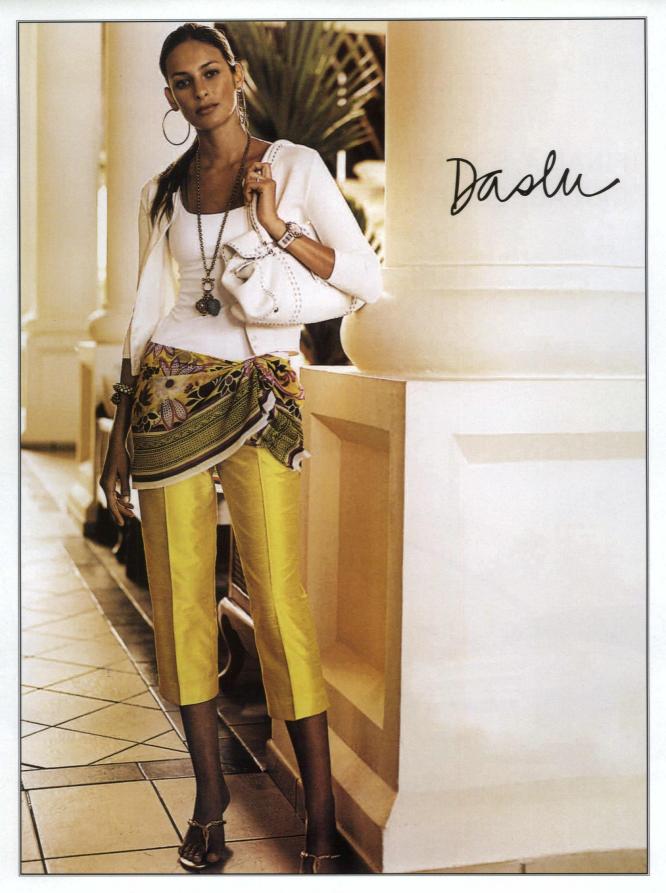
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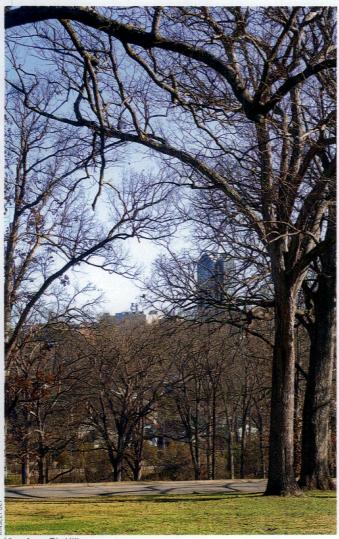
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#### **HEART OF THINGS**

he clash between the Communist Workers Party and the Ku Klux Klan in Greensboro in 1979 punctuated the end of an era of domestic political violence that began in the turbulent mid-1960s. News organizations and documentary filmmakers have ignored this aspect of contemporary history, stranding young people with no information about the Weathermen terror gang and its affiliated splinter groups in the US; the Baeder-Meinhof group and Red Army Fraction in West Germany; the Red Brigade in Italy; and similar gangs in France and Japan. After some years of political activism, the Communist Workers Party, following the lead of the more infamous domestic terror gangs, became violent in order to fan the flames of revolution.

In the aftermath of the Greensboro incident, five CWP members were dead. The ensuing trial found that the CWP purposefully set up the confrontation as a group suicide in order to mar-



View from Dix Hill.

tyr themselves to the cause of world socialism. Recently, activist groups in Greensboro established a Truth and Reconciliation tribunal (copied from the South Africa model to address apartheid after the return of Nelson Mandela) to re-visit the event to demonstrate that racism and prejudice caused the death of the CWP martyrs. In April, after months of hearings, a report will be issued. Freelancer Maximilian Longley visited Greensboro and offers a preview of the process for *Metro* readers.

It was always called Dix Hill, the site of the Dorothea Dix hospital for the mentally ill situated near center city Raleigh on rolling grounds dotted with dozens of interesting and historical buildings. Most of the property has been deeded away by the State of North Carolina, but the core land is up for grabs as government officials and the Legislature review proposals from several groups who feel strongly how best to preserve or develop this pastoral enclave in the heart of a fast-growing metropolis. Design editor Diane Lea digs deeply into the past of the Dix property and explores the ongoing controversy.

February is heart month and senior editor Rick Smith discovers from a major study at Duke that many patients and potential heart attack subjects do not take their medicine. Bottom line: if you want to live, remember what your mother told you. Also, in this quarterly medical Special Report: news of the new heart center coming to East Carolina University; the latest in cancer research in the region; and new developments in the science of medicine.

As to other matters of the heart this special month, Rebecca Heslin reports on wooing your love with the timeless gift of gems this Valentine's Day in a decade by decade review of trends in jewelry design: sure enough, everything that goes around comes around. Fashion editor Molly Fulghum Heintz suggests thinking pink for your Valentine; Gourmet editor Moreton Neal says wear what you want, but give me chocolate; and wine editor Barbara Ensrud says express your love with oysters and Chablis.

Jim Leutze reports on big doings down in Wilmington as plans unveil for a new mega-port; Carroll Leggett brings the aftermath of Hurricane Katrina close to home; Louis St. Lewis uncovers the treasures of UNC's Ackland Art Museum; Philip van Vleck catches up with the Avett Brothers and their unique musical vision; Arch T. Allen puts the spotlight on Robert Conquest, one of the most significant unsung heroes of the Cold War; Art Taylor previews new fiction and author events coming your way in the month ahead; and Fred Benton keeps pace with the scene in Off the Menu.

Next month: our annual food and wine special report plus balloting for the 2006 "best of" Metro Bravo awards. Stay tuned...

-Bernie Reeves, Editor & Publisher





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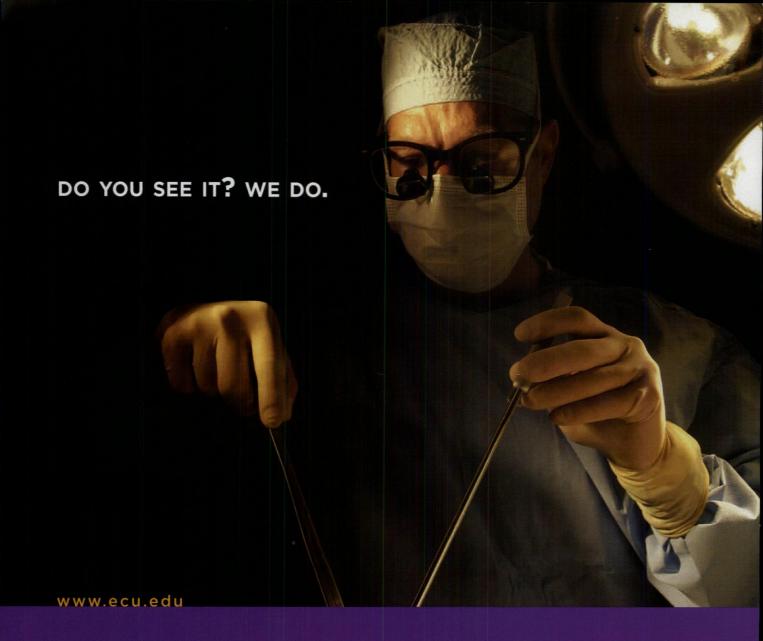


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## Correspondence

#### IN PRAISE OF WAKE TECH AND COMMUNITY COLLEGE SYSTEM

Congratulations on recognizing the value of Wake Tech to the economy of Wake and surrounding counties. As a former Vice Chairman of the State Board of Community Colleges and former Chairman of the State Board of Education, I have long recognized the value of our entire community college system.

Not only is a strong community college system the best economic development incentive we can provide to new and existing industry, but it is also the best hope (and for some perhaps the last hope) for hundreds of thousands of our citizens, who each year need job training and retraining.

The voters in Wake County and across North Carolina have consistently supported our community colleges by passing muchneeded bond issues in order to finance the construction of buildings to house the growing number of students and programs.

The legislature has in recent years increased appropriations in several areas of dire need. It was only a few short years ago that our community college instructors' salaries ranked 49th in the country. To their credit, the General Assembly has been more generous to community college employees in recent budgets in an effort to begin to improve salaries.

The same is true in the area of equipment. It makes no sense to train workers on obsolete equipment and in too many cases that is the only alternative available in some programs. Business and industry have also stepped up to the plate and made substantial donations of equipment and funds for this area of need.

Tax funds and tuition from students are not enough to meet the needs of Wake Tech and other educational institutions. That is why the ambitious \$1 million goal set by the Wake Tech Foundation must be met this year.

The special section in *Metro* will go a long way in educating the citizens of Wake County about the jewel we have in Wake Tech and the need to properly fund its expansion needs and to enhance the high-quality programs already provided.

On a personal note, we have a daughter at Wake Tech and because of faculty and staff who care, plus her hard and focused work, she has made 14 A's and one B in the human services field. We appreciate the quality education she is receiving at this excellent educational institution.

Phillip J. Kirk Jr. Former president of NCCBI and State Board of Education Raleigh

#### WAKE TECH HUGE FACTOR IN RURAL COUNTIES

What a great article about Wake Tech. Now you know why I have worked for and touted community colleges for 20 years! Particularly liked your comments about "under the media radar" status. Unless we have experienced first hand the quality and effectiveness of North Carolina's Community College System, we seldom realize what a huge role the 58 colleges play in our state's overall success, especially in the economic development arena. In the rural counties, especially Halifax, my home (although Raleigh is my week-day home now!), our colleges

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Rick Smith Senior Editor Frances Smith Senior Editor

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Fred Benton Off the Menu
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Tricia Horatio Contributing Writer
Johnny Kerr Contributing Writer
Diane Lea Design
Jim Leutze Editor-at-Large
Carroll Leggett Columnist
Moreton Neal Gourmet
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Art Taylor Fiction

#### DESIGN

David Gough Art Director
Kathy Johnson Graphics Associate
Kinsley Dey Photographer

Philip van Vleck Music and Video

#### ADVERTISING

Katie Reeves Vice President of Sales and Marketing Helen Wallace Regional/National Sales Mgr. Elizabeth M. Richards Senior Sales Representative

#### SALES REPRESENTATIVES

Karla Pyrtle Brittney Forrister Katie Collier Mary Ward Younger Sales Assistant Laura Howe Sales Associate

#### **ADMINISTRATION**

Cyndi Harris Office Manager Emily Keveryn Editorial Assistant

#### **OPERATIONS**

Vicki Arthur Dir. of Operations

#### INTERNS

Rebeca Heslin Dan Reeves

Metro Acquisition LLC

1033 Oberlin Road, Suite 100
Raleigh, NC 27605
Mailing address
P.O. Box 6190, Raleigh, NC 27628
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have a huge sphere of influence. Wake Tech is a HUGE factor here and I am delighted that you are pointing that out. We have always enjoyed Metro. Keep up the good work!

Willa Dickens,

Associate Vice President

Economic & Workforce Development

NC Community College System

Raleigh

#### **RALEIGH RAIL**

I read with great interest your views on the TTA rail situation in the January 2006 issue. And although I cannot argue against some of your points, I did find it a bit delusional on your part to think that monorail is the answer. I would love nothing more than to see a monorail system in place because of its appeal, environmental characteristics, superb safety record, and the exclusivity of its travel in avoiding grade crossings. However, you did leave out one "minor" point: cost.

A monorail, as you described covering the geography you imply, would easily cost in the billions of dollars. Perhaps you advocate asking the local folk to chip in a little more tax money to support it? Be prepared to get stoned for even mentioning that option. One thing is certain; the population in the Raleigh area is projected to double in the next 20 years and a rail transit system in some shape or form is absolutely necessary in meeting those future transit demands. Our elected leaders who think highways are the answer are truly the ones living in la-la land.

Jim Wittenborg Cary

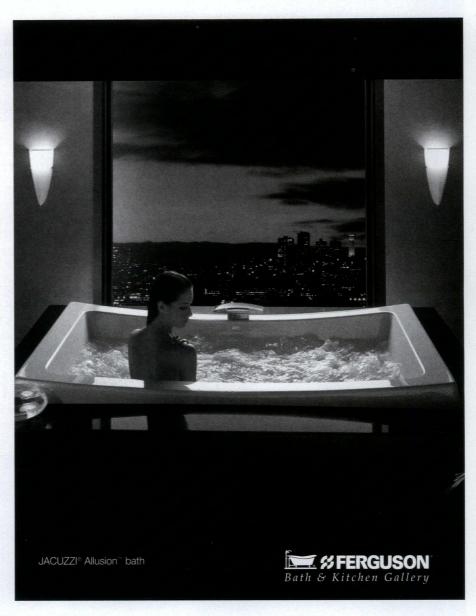
(Note from Bernie Reeves: If billions are to be spent since the money is available anyway, I'd prefer a monorail. As I wrote, the main point is to disestablish the current Triangle Transit Authority and create a Raleigh-centered system accountable to the taxpayers.)

#### **CORRECTIONS:**

Metro editors deeply regret two errors in the January Books columns:

—The byline for "Top Ten Books on Freedom and Democracy" should be Arch T. Allen, not Art Taylor.

—The headline that references the Raleigh Spy Conference in "New and Noteworthy" is a production error that should have been corrected.





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## Sometimes it all comes together. The right combination of elements to create the perfect community.



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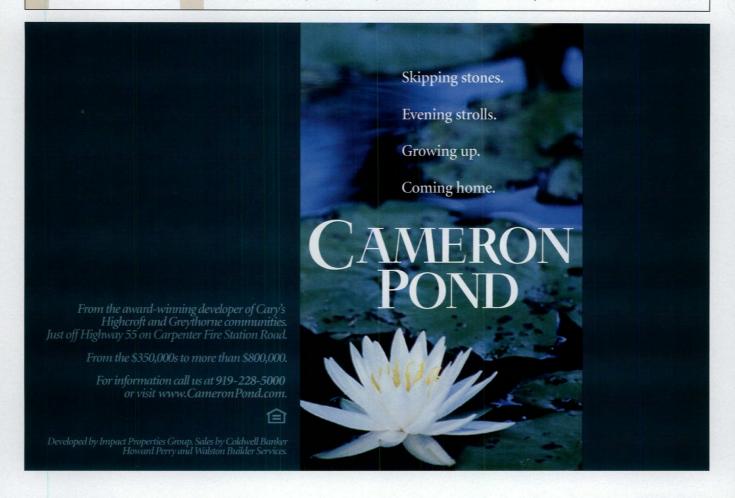
Once in a while, all of the just-right elements come together to create a just-right community. A neighborhood that combines style and substance, nature and nurture, time and place. That once-in-a-while time is now. And the community is Highcroft.

Highcroft offers one of the most convenient locations in the Triangle (just off Highway 55) and is surrounded by parks and greenways. The neighborhood features a community pool, cabana,

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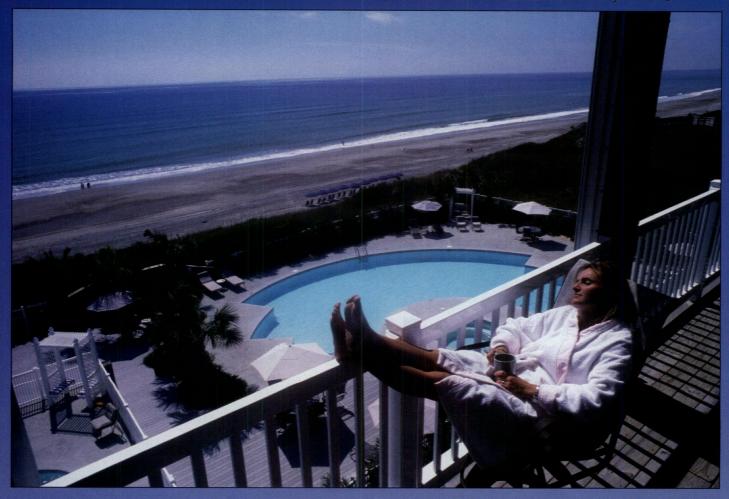






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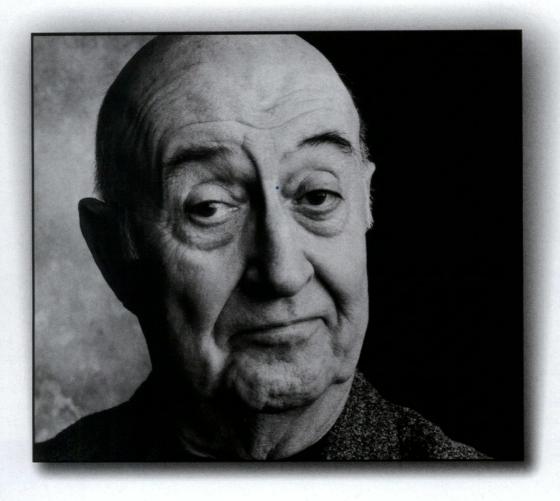






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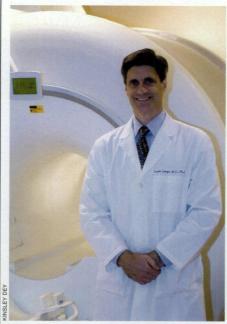


#### Neurology Chief Named To Stanford Post

UNC Hospitals' Neurology chief Dr. Frank Longo has been named Professor and Chairman of the Stanford University Department of Neurology and Neurological Sciences. Longo leaves behind a legacy of achievement at UNC in his 4 1/2 years, including new programs or improvements in the areas of stroke, sleep, epilepsy, movement disorders, pain, neuromuscular disorders, multiple sclerosis and child neurology.

In a farewell event, past University system presidents William Friday and Molly Broad joined former UNC-CH chancellor Christopher Fordham and friends, donors and UNC Neurology doctors and officials to bid a sad farewell to Longo and his wife Anne, the development director for the department.

The athletic Longo—he enjoys skiing from helicopters—said, "I enjoyed my



Dr. Frank Longo

nearly five years at UNC immensely. If California were not home, Anne and I would certainly enjoy staying at UNC." He was featured in the March 2003 issue of *Metro*.

#### Pat Patterson Rides Again

It's deja vu all over again. Legendary disc jockey Pat Patterson is back on AM radio spinning many of the same tunes from his golden era as the "morning man" on WKIX-AM radio from 1969 to 1974. Back then KIX was king of Top Forty radio in the region until FM radio stepped up to reflect the change in the musical mood of the country.

Patterson left for a stint in Boston in 1974, a foray into the Houston market in 1976 and returned to Raleigh in 1977 to host a program on the new WQDR-FM, owned and kept dormant by then powerhouse WPTF-AM radio until radio pioneer Carl Venters created the nation's first "album-oriented rock" format. Patterson then moved over to KIX's 96.1-FM, later changed to the call letters of the old AM (currently 850 The Buzz), before settling down at WDNC-AM in Durham, then part of Curtis Media, the biggest operator in the market.

WDNC was sold and a majority of its content was switched over to the Raleighbased and Curtis-owned 570-AM—now

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called WDNZ—where Patterson has launched Million Dollar Music, a Saturday oldies show from 10 a.m. to 6 p.m.

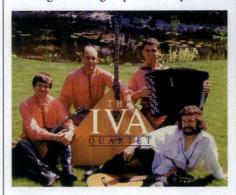
But the music is only incidental to Patterson fans. They tune in for the unique humor that works as well today as it did in the glory days of AM radio. Back on the air are fan favorites "Letters From Home," "Hard-hitting Editorials," "Two Flags Over Fuquay" and the accident prone "Fundermotz Airlines."

Welcome home Pat...

#### **The Russians Are Coming**

IVA Quartet, a Russian musical group formed in the spring of 1994 by four professors from the Krapotkin Conservatory of Music in Russia who decided to take their music to Poland during difficult times in Russia, will perform traditional folk music and famous contemporary Russian songs on

April 30 and May 5th at the Fletcher Opera Theater in Raleigh. For times and additional information, including a Russian Cultural Evening with the group at the Vespa restau-



rant in Cary, go to www.russianartcary.com or call 919-468-1800 or 919-757-5251.

IVA, which means willow tree in Russian, decided to move forward with their musical career after meeting Olga Korol—

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#### See NC First

The North Carolina Outdoor Advertising Association is donating space to the Commerce Department's Division of Tourism, Film and Sports Development to encourage North Carolinians to travel in their home state.

Last year, residents of the Tar Heel State accounted for 36 percent of the state's travelers. The new billboards key in on the message: "A million miles away is just down the road," and will line every interstate and major highway in North

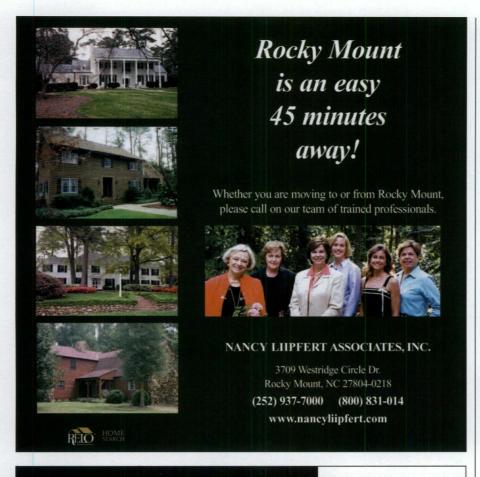
Carolina.

The artworks displayed on the 55 bill-boards appearing statewide feature Lake Junaluska, Pisgah National Forest and the town of Ocracoke on the Outer Banks.

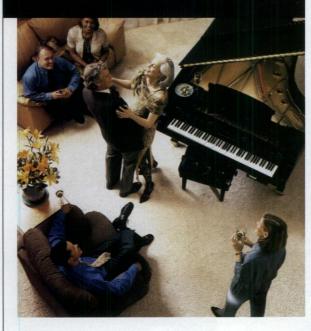
The Division of Tourism, Film and Sports Development estimates the campaign is worth \$1 million in annual exposure donated entirely by NCOAA.

Color images of the new campaign are available at www.visitnc.com/press\_room .asp. Click on "Latest News."





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one of the owners of the Russian Art Gallery in Cary—on the streets of Warsaw. The group was an instant success in Poland, later becoming well recognized in Russia in the late 1990s as economic conditions improved. The former professors have achieved near-stardom in Europe and have performed throughout Eastern Europe and Russia, including a special performance for Russian President Vladimir Putin in summer 2004.

—Rebecca Heslin

#### **Reflections on Boylan Bridge**

Artist Jen Coon, who has been a resident of historic Boylan Heights in Raleigh for 13 years and is a member of BLAM! Artist studios, located directly beside the Boylan Bridge, has created an exhibition, "A Storied Span: the Boylan Bridge," now on view at Rebus Works, located at 301-2 Kinsey St, Raleigh.



Raleigh's original Boylan Bridge, a oneof-a kind Warren Truss bridge built in 1913, was completely demolished in 1982 after a long and useful life in the heart of old Raleigh—but not without a fight.

Rumblings of its impending destruction created quite a stir among citizens. The Bridge was registered as a National Landmark and its dilemma led to the birth of the Boylan Heights Neighborhood Association, who filed a lawsuit against the federal government to preserve the bridge. However, after much controversy, the side favoring replacement won out because the old bridge was judged unsafe and unusable for the needs of contemporary Raleigh. So the current overpass Boylan Bridge, built of concrete and steel, replaced the relic of iron and wood. The materials of the former bridge itself were sold for scrap. After the construction of the new bridge, a once insulated neighborhood became a main thoroughfare connecting other regions of the city.

Coon's exhibition is an investigation of

the Boylan Avenue Bridge that takes both history and metaphor into account. The complexity and significance of the structure as both a real object and a symbolic force is explored using archival documents, photos, texts and plans of the Bridge. A gallery talk will be held on March 4 at 4 p.m.

For more information about "A Storied Span: the Boylan Bridge," call 919-754-8452 or visit www.rebusworks.net.

#### Opening Doors and Hearts: The Healing Place for Women

Dennis Parnell is a man possessed—not by a demon addiction, though he is quick to admit that 20 years ago he himself was addicted and homeless. But long-since free



of that albatross, he is possessed by a burning desire to help Wake County's addicted and homeless population to recover lost lives and become productive citizens.

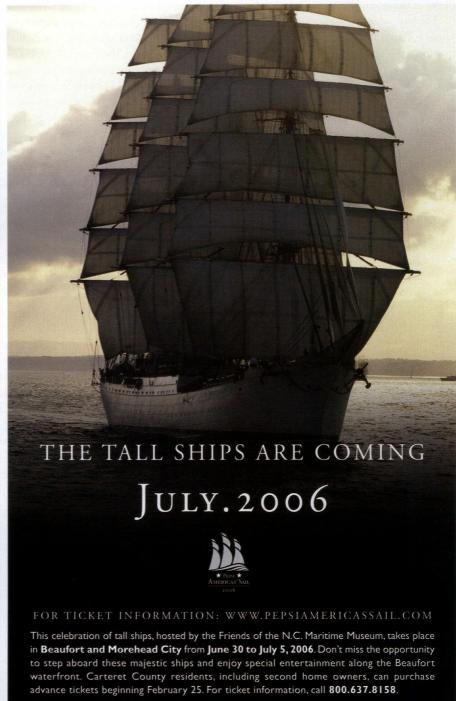
To this end, on Jan. 15, Parnell led dedicated workers and supporters in opening The Healing Place of Wake County Women's Center. On this same day, the group also celebrated the 5th birthday of The Healing Place for Men where some 260,000 Wake County residents have received shelter and help. Parnell is Executive Director of both facilities.

The new center, located at 3304 Glen Laurel Road in Raleigh, will house 88



homeless and addicted women, providing them shelter, food, clothing and a proven program of guidance. Based on self-help, motivation and peer bonding, the program, for less than \$25 a day per resident, will enable more than 70 percent of those who participate to return to the outside world as responsible, self-supporting citizens. A competent staff, volunteer doctors, dentists, teachers from Wake Tech and other local professionals, are in place to take care of residents needs and address root causes of addiction. Results will help not only the women treated and their families, but all Wake County citizens as well, by saving taxpayer dollars and relieving drug- and alcohol-infested streets.

By the time they go through the "Sobering Up Center," "Off the Street Phases" and "Recovery Phase," the residents will have



attended many classes, received counseling, worked in facility maintenance jobs, and remained sober for six months. They will then enter the "Silver Chip Transitional Program," the final phase, where many serve as teachers and mentors. They will receive help in gaining employment and setting up independent lives and their children can come in and live near their mothers. The women will soon be ready to take their places in the mainstream of life.

The stark white building that houses The Healing Place for Women was once a cable manufacturing plant. But Parnell has completely redesigned the interior to accommodate the step-by-step program offered by The Healing Place; donors have supplied furnishings and equipment and the building is ready—swept, painted and polished. As with the lives of the residents, it's what's inside that counts.

-Frances Smith

#### **Best Buddies for Man's Best Friend**

Best Buddies Companion Rescue & Adoption, an animal rescue society to foster and place homeless companion animals in the Triangle area, was formed in 2005 by a group of friends with a shared love of animals. They have recently incorporated and expanded their efforts to help animals in need not only in this area but also at the site of Hurricane Katrina.

When the hurricane struck the Gulf area in August, the devastation to property and human lives was overwhelming. During the weeks that followed, the effects of this disaster on the animal community of the region came to light as well. Thousands of animals were abandoned during the storm by owners who were unable to bring them to shelters. Many were simply lost in the winds and rains. While efforts are underway to reunite with their owners as many of these pets as possible, many of them will be left without

homes. Despite the hardships they have endured, these animals are happy and vivacious. They will welcome new homes.

Best Buddies is working with rescue teams in the area and the New Orleans metropolitan region to bring these displaced animals to foster homes and provide temporary

care until homes can be found. The cost of veterinary care and mainte-



nance during the fostering process is significant as is the financial need of the teams that continue to provide

rescue services in the Katrina region.

If you'd like to help the displaced Hurricane animals, visit the Best Buddies website at www.bbcra.org to learn about opportunities for fostering an animal or to make a donation to support the rescue efforts both in the Triangle and in the path of Katrina.

#### 1979 Klan-CWP Clash Revisited In Greensboro

by Maximilian Longley

The clash between the Communist Workers Party and the Ku Klux Klan in Greensboro in 1979 punctuated the end of an era of domestic political violence that began in the turbulent mid-1960s. News organizations and documentary filmmakers have ignored this aspect of contemporary history, stranding young people with no information about the Weathermen terror gang and its affiliated splinter groups in the US; the Baeder-Meinhof group and Red Army Fraction in West Germany; the Red Brigade in Italy; and similar gangs in France and Japan. After some years of political activism, the Communist Workers Party, following the lead of the more infamous domestic terror gangs, became violent in order to fan the flames of revolution.

In the aftermath of the Greensboro incident, five CWP members were dead. The ensuing trial found that the CWP purposefully set up the confrontation as a group suicide in order to martyr themselves to the cause of world socialism. Recently, activist groups in Greensboro established a Truth and Reconciliation tribunal (copied from the South Africa model to address apartheid after the return of Nelson Mandela) to re-visit the event to demonstrate that racism and prejudice caused the death of the CWP martyrs. In April, after months of hearings, a report will be issued. Freelancer Maximilian Longley visited Greensboro and offers a preview of the process for *Metro* readers.

-Bernie Reeves

#### THE SHADOW OF THE PAST

The year: 1979. Gas lines were long, inflation was rampant, Saddam Hussein became President of Iraq, Iranian revolutionaries kidnapped American diplomats, John Wayne died, and the first rap records were sold.

On November 3, 1979, the Communist Workers Party held a 'Death to the Klan' rally in Morningside Heights, a Greensboro housing project. In a taunting letter, the

CWP had invited the Klan to show up. Several Klansmen did, accompanied by a few American Nazis. Five of the anti-Klan demonstrators were shot to death in the ensuing confrontation, and several were wounded.

Several Klansmen and Nazis were charged with committing murder and civil-rights violations in the November 3 shootings, but the defendants were acquitted in state and federal criminal trials.

The CWP survivors had better luck in a civil suit against their assailants. In 1985, a federal jury found some Klansmen and Nazis liable for damages, as well as assessing damages against two Greensboro police officials found to have provided inadequate protection to the anti-Klan demonstrators. However, the civil jury rejected the CWP survivors' claim that the shootings stemmed from a government-police conspiracy.

A quarter-century after the shootings, a

private group, the Greensboro Truth and Reconciliation Commission is studying the events of November 3, 1979, and the aftermath. The Commission, set up at the initiative of survivors of the shootings, has been making headlines and aspires not only to heal the wounds of November 3 but to issue a report on what happened and why.

#### A SHORT COURSE IN THE HISTORY OF THE COMMUNIST WORKERS PARTY

Some information about the Communist Workers Party is available in memoirs and reminiscences of CWP members, as well as in academic studies of radical movements. Much of this dramatic information was not mentioned at the Commission's public hearings.

The CWP evolved from two predecessor organizations founded by Jerry Tung, a Maoist veteran of the 1960s living in New York's Chinatown. Tung has claimed that his father, a Chinese student in Raleigh, was murdered by North Carolina Klans-

men in 1950. This claim was cited by at least one academic historian as a possible explanation of the subsequent Greensboro confrontation. However, a State Bureau of Investigation report—available in the state archives—says noth-



Jerry Tung

ing about the Klan, and finds that Tung's father committed suicide.

Tung founded a Maoist revolutionary organization, the Asian Study Group, in 1973. Under Tung's leadership, the Asian Study Group became more multicultural and evolved into the Workers Viewpoint Organization, recruiting members of all races from throughout the country. Two weeks before the Greensboro shootings, the Workers Viewpoint Organization became the Communist Workers Party.

In a May Day 1978 speech, Tung said: "Sole reliance on the legal forms without preparation for the illegal, violent forms will lead to serious setbacks." And the book *A Basic Understanding of the Communist Party of China*—a Maoist text published during the Chinese Cultural Revolution and studied avidly by CWP members—



Photos of the five people killed on November 3, 1979 in the lobby during the Greensboro Truth and Reconciliation Commission meeting.

said that, if necessary, a good Communist should courageously risk being "removed from his positions, expelled from the Party, put into prison, shot or divorced."

Former CWP activist and November 3 widow Signe Waller would later write in her memoirs *Love and Revolution*, 2002 about the CWP's attitude by mid-1979: The group "was consciously trying to upgrade its level of militancy, to become more adept at combining legal and illegal tactics."

The CWP frequently fought those whom it regarded as agents and supporters of the ruling class, such as the Klan, capitalists, and the police. The CWP also faced off against other revolutionaries. In Greensboro, in addition to clashing with predictable targets, such as the Klan and the Cone Mills textile company, the CWP had violent confrontations with the Revolutionary Communist Party (RCP), a rival claimant to the status of the true proletarian vanguard.

In Chinatown, New York City, CWP members and supporters regularly fought with supporters of I Wor Kuen, a rival radical group. Defectors from one of the

CWP's Chinatown front groups also experienced the CWP's wrath. On May 27, 1979, members of the CWP and its front group invaded the defectors' headquarters. Wielding lead pipes, hammers and iron bars, the CWP invaders injured three dissidents and smashed up their offices. On June 2, CWP-affiliated picketers demonstrated outside the headquarters of the *China Daily News*, eventually breaking down the door.

At the CWP convention in New York, two weeks before the Greensboro shootings, Tung told his revolutionary followers that he expected the CWP to seize power violently by 1984. Tung said that over the next three years, particularly in the next year, party members would have to make "sacrifices like you have never sacrificed before."

Soon after the Greensboro shootings, the CWP held an armed funeral march in Greensboro for the five slain activists. Tung came down from his New York headquarters to give a funeral oration for "our first party martyrs." Tung proclaimed to the assembled mourners: "A bloodbath in the class struggle for the seizure of state power

is inevitable. Active preparation in all forms of struggle, including military defensive armed struggle now is the only way to minimize our casualties in the upcoming bloodbath."

The CWP sought to "serve notice" on politicians it considered responsible for the Greensboro shootings. CWP members

attacked police and set off firecrackers during the 1980 Democratic convention in New York.

The CWP's "first party martyrs" were also its last. Despite his militant funeral speech and the "serve notice" campaign, Tung gradually led the CWP away from confrontational ideology and tactics. By the end of the 1980s, the would-be vanguard party had withered away altogether. In 2002, Tung told student researcher Karen Tani that the Greensboro shootings had been a big factor in leading him to abandon Communist militancy. Labeling oneself socialist or communist, Tung told Tani, "was like a dead-end street."

Staff and members of the Truth and Reconciliation Commission have been trying unsuccessfully to contact Jerry Tung.

Harvey Klehr, an Emory University expert on Communism (and speaker at the Raleigh International Spy Conference, founded by *Metro* editor and publisher Bernie Reeves) studied the CWP for the city of Greensboro after the shootings. The CWP's behavior

"doesn't justify the shooting," Klehr told *Metro*, but the CWP "tried to provoke a confrontation with these people."

#### COMMISSION NOT DISTRACTED BY "IDEOLOGIES AND PERSONALITIES"

The Greensboro Truth and Reconciliation Commission has greatly downplayed the role played by the CWP's radical ideology in the November 3 shootings. Although the Commission hasn't yet released its final report, scheduled to be issued by April 2006, there have been several indications of the direction of the Commission's thinking.

A booklet by Carol Steger of the Com-

munity Foundation of Greater Greensboro, included in a media packet provided to reporters, claims that "ideologies and personalities" are a distraction from the basic issue: that "racial and economic injustices" in Greensboro were the underlying causes of the November 3 events. The Commission's Mandate speaks of "facilitating

of the November 3 events. The Commission's Mandate speaks of "facilitating"

AVENGE the MURDER of the CWP 5!

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#### MARCH IN GREENSBORO, N.C.

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1PM Starting Place: Market St. & Murrow Blvd.
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CWP poster announcing the funeral march for the slain demonstrators on November 11, 1979

changes" in the "institutions" that were "complicit" in those events. Commissioner Angela Lawrence said during public hearings that "institutionalized racism" was a contributing factor in the shootings and their aftermath.

A similar focus could be seen in the testimony of most of the witnesses at the Commission's public hearings. The hearings, held in three parts from July through October 2005, were protected against potential disruption by officers of the Greensboro Police Department, who used metal detectors to search all audience members for weapons.

Greensboro residents, academics, and

activists appeared at the hearings to describe racial discrimination, low wages for workers and other social ills in Greensboro and throughout the nation. The witnesses often identified these problems as the root causes of the 1979 shootings, and for the allegedly unjust acquittals of the Klan/Nazi perpetrators. The legacy of November 3, many

witnesses suggested, is an obstacle to resolving Greensboro's social problems today.

Some witnesses presented a different perspective. Policemen, defense lawyers, the trial judge from one of the trials, and even a Klansman testified in justification of their actions, earning skeptical questioning from the commissioners.

#### IT WAS A CONSPIRACY!

Testifying at the hearings, survivors of November 3 and their former lawyer Lewis Pitts revived the same broad conspiracy theory that a federal jury rejected in 1985. According to this theory, officials in various police and government agencies conspired to have the Klansmen and Nazis attack the CWP, and then to have the assailants acquitted in the courts. The motive alleged for the conspiracy: defending the economic and racial status quo against the radical challenge presented by the CWP.

The Rev. Nelson Johnson, a key CWP leader in 1979, who today runs the Beloved Community Center, which helped found the current Truth and Reconciliation process, testified at length at the Commission hearings. Johnson told Metro that discussion of the CWP's communist ideology is "avoiding the issue." Johnson compares the November 3 shootings to the 1968 assassination of Martin Luther King, because both events allegedly involved an attack on social-justice organizers. Johnson accuses a "rogue group" in the Greensboro Police Department of knowingly "facilitating" the attack.

Commission members have been hesitant to embrace conspiracy theories about

the shootings. Several Commissioners spoke to reporters about "multiple truths," allowing for different people to have equally valid interpretations of the November 3 events.

The Commission's Research director, Emily Harwell, spoke of multiple truths when she talked to *Metro*, but she also said that some claims about the November 3 shootings are "completely false." Harwell did not specify which false claims she was referring to, but many witnesses at the hearings challenged the idea that November 3 was merely a clash between two extremist groups (the CWP and the Klansmen/ Nazis). Such moral equivalence, witnesses believe, obscures the important social-justice issues raised by the CWP.

#### SOME CRITICISM OF CWP VOICED AT HEARINGS

Commissioner Pat Clark told *Metro* that the Truth and Reconciliation Commission wouldn't give the CWP a "free ride." Indeed, while the full background of the CWP didn't come out at the public hearings, some witnesses criticized the provoca-

tive behavior and rhetoric of CWP members in Greensboro. Commissioners challenged the CWP's advocacy of violence. They also criticized the CWP's disruption of a Klan meeting in the nearby town of China Grove a few months before the November 3 tragedy.

The fullest criticism of the CWP during the hearings came from Elizabeth Wheaton, author of a thorough account of the shootings and their aftermath, Codename Greenkil. Wheaton's book and her testimony pointed out problematic aspects of the CWP's behavior. Shortly before the "Death to the Klan" rally, an internal CWP memo said that "a confrontation with the Klan would be best if we could get it." At a press conference shortly before the rally, CWP leaders offered this view of the Klan: "They must be physically beaten back, eradicated, exterminated, wiped off the face of the earth." On November 3, CWP members beat on the cars in the Klan/Nazi caravan with large sticks before the shooting broke out. Many of the CWP members brought guns to the rally.

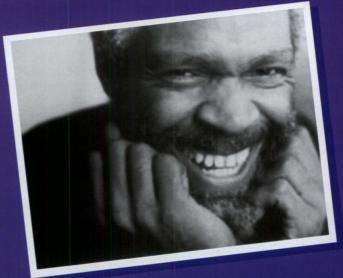
Wheaton told *Metro* "I consider myself on the Left." When she started researching the Greensboro shootings in the 1980s, Wheaton said she was "all too ready to believe" that the Greensboro police and federal government would be capable of using the Klan and Nazis to attack leftist groups.

Wheaton said that researching her book and attending two of the three court trials "opened up a whole new aspect of things." Wheaton "began to really question" the conspiracy theories. The members of the CWP were "much more radical," more violent in their rhetoric, than Wheaton had expected.

Wheaton's testimony about the CWP earned her a skeptical question from Commissioner Cynthia Brown: "So, I am hearing a lot of responsibility that you are saying lays [sic] at the feet of CWP members but I am just curious if there are other players that you see having played a critical role in what happened on November Third?" Wheaton clarified that she also blamed the Klan and Nazis, as well as police incompetence.



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# Heart Healthy







#### **Taking Your Medicine:**

# ASPIRIN, OTHER DRUGS CRUCIAL TO BEATING HEART DISEASE

by Rick Smith

ore than 13 million Americans are fighting coronary heart disease, but a new study from Duke University Medical Center demonstrates many of those at risk of a heart attack or related event are not taking drugs consistently that could help them.

"Although we are making improvements in evidence-based therapies, we are still far below where ideally we should be," said Dr. Kristin Newby, a cardiologist at Duke who led the study. "That's from as simple as taking aspirin to using beta blockers."

Reviewing records for 31,650 cardiovascular patients at Duke from 1995-2002, researchers found that nearly half were not taking medications on a regular basis. Evidence shows, however, that a variety of treatments would dramatically reduce their risk of death.

Citing what she called "hazard ratios," Newby noted that:

- Consistent use of aspirin reduced risk of death by 42 percent
- Consistent use of beta blockers reduced risk of death by 37 percent
- Lipid-lowering medicines reduced risk of death by 48 percent
- Combining all three drugs reduced risk of death by 33 percent
- ACE inhibitors reduced death risk by 25 percent

"We have work to do in getting drugs started and patients taking them over the long chronic course of treating coronary disease," Newby said. "When you look at those drug categories, all are shown to reduce death or new heart attacks in patients with heart disease when they are taken continuously. Consistent use of these medicines will improve clinical outcomes."

Beta blockers, such as the drugs Atenolol and Metoprolol, lower blood pressure, heart rates and help prevent wall stress on the heart. Lipid-lowering drugs including Atorvastatin and Simvastatin target LDL, or bad cholesterol, thus helping to prevent plaque development in arteries. ACE ("angiotensin converting enzyme") inhibitors, such as Lisinopril and Ramipril, help prevent heart attacks and deaths from heart disease.



"Be an educated consumer.

Look at the Internet. We want patients to be aware of why they are taking medications and why it is important to get any concerns that they have addressed."

-Dr. Kristin Newby

Newby added that people at risk of cardiovascular disease, who have not had any kind of attack, might also be likely not to use the drugs in a preventive fashion.

"Many of these drugs also have been shown to prevent a first heart attack," she explained. "We can't say from this study that the data would be the same, but the likelihood is that there would be similar patterns (of inconsistent use) if we looked at these groups."

The Duke patients all had documented coronary artery disease. Found to be most

likely not to use their medications were those with heart failure, who were older, smoked, had diabetes or had another disease. According to Newby, a problem is that doctors "are reluctant to prescribe these drugs to their sickest patients. ... This represents a gap in our understanding—why is it that health-care providers appear to fear treating these patients as aggressively as other patients?"

Overall, consistent drug use among the patients showed improvement in the years studied, but Newby said the rates should be higher. "I'd like to see aspirin in the 99 percent range because it is so well tolerated," Newby said. "We'd like all those to be well in the upper 90 percent range to have long-term benefit."

The study found much lower rates among the following patients:

71 percent who took aspirin on a consistent basis

46 percent who took beta blockers consistently

43 percent who took lipid lowering drugs consistently

21 percent who took all three on a consistent basis

**39** percent of heart failure patients who took ACE inhibitors consistently

Newby believes there are several reasons why drug use is not more consistent.

"One is that these drugs have their effect over a long period of time and don't necessarily make the patient feel better," she explained. "The other thing is, a lot of times we're learning the patients don't understand the importance of the drugs. There needs to be better communication between caregivers and families so information doesn't fall through the cracks."

Newby also encouraged the health profession to be more aggressive "in developing systems to both monitor medication use and also to reiterate the importance of these medications to patients for their long-



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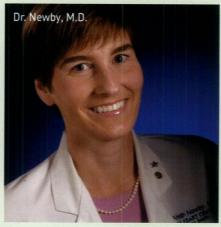
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term health."

"We have a huge opportunity to improve patient outcomes if we make sure patients are getting their drugs and taking their drugs," she added.

Costs also could be a factor, Newby added. "We could not look at cost as a factor in this database. But cost could be a factor. That's been shown in other studies, but I don't think that's the case for aspirin. It's just pennies to take aspirin."

Newby, who has been a cardiologist

since 1993 and has been part of Duke's system since 1987, also said patients must take a more active role in their own treatment.

"My advice is, if you are recommended to take something where there is evidence of an initial event or for preventing recurring problems, take the medications," she said. "If you have questions about costs or side effects, talk to your physician or pharmacist. Be an educated consumer. Look at the Internet. We want patients to be aware of why they are taking medications and why it is important to get any concerns that they have addressed."

Newby stressed that more is required than just a drug regime to improve cardiovascular health.

"Medicines are just one component of managing or preventing coronary disease," she explained. "Diet and exercise, regular physical checkups, measuring your blood pressure, quitting smoking and controlling diabetes are important to the whole picture of coronary disease. And those are things patients can do for themselves."

#### East Carolina Heart Hospital To Open In 2008

Iniversity Health Systems Pitt County Memorial Hospital will break ground in late February on a new heart hospital for North Carolina, located in Greenville. According to UHS officials, it will feature state-of-the-art technology and services for cardiac patients statewide and nationally.

The heart hospital will provide primary, secondary and tertiary care for cardiac

patients and will focus on prevention of heart disease and related illnesses. It is UHS' contribution to the Eastern Carolina Cardiovascular Institute, a joint venture involving UHS and East Carolina University.

The collaborative effort will concentrate resources of both entities in one enterprise aimed at providing improved cardiovascu-



lar services and reducing the impact of heart disease.

The 6-story, 375,000-square-foot hospital, \$150 million structure, will include a 120-bed tower connected to the main PCMH building and will feature operating rooms, invasive labs and intensive and intermediate nursing units.

UHS leaders are enthusiastic. Cassius Williams, chairman of the UHS Board of Trustees, expects the project will have a significant impact on eastern North Carolina. And Dave McRae, chief executive officer of UHS, said the heart hospital is designed to help the system meet its mission of providing regional health care while taking the organization to the next level of care in the region.

Famed cardiologist Dr. W. Randolph Chitwood Jr., professor of surgery and chief of cardiothoracic and vascular surgery at the Brody School of Medicine at East Carolina University, will serve as head of the new facility. He also serves as senior associate vice chancellor for health sciences at ECU.

Groundbreaking ceremonies are planned for Feb. 21 with a target date for opening in late 2008.

#### UNC Study Finds Early Treatment Benefits Schizophrenia Victims

Are victims of schizophrenia "doomed at the womb"? Not necessarily, a new study from the University of North Carolina at Chapel Hill has found.

Early intervention can improve the outcome of treatments, researchers reported in the *American Journal of Psychiatry*, addressing a long debate about whether or not intervention after a first episode could improve long-term outcomes.

The finding runs counter to prevailing thought that "it just doesn't matter when you treat a person because their clinical outcome is predetermined," said Dr. Diana O. Perkins, a professor in the department of psychiatry and the lead author of the study. That's because schizophrenia has been seen as the result of altered brain development before a person is born with treatment not affecting long-term outcome.

The UNC researchers did a statistical analysis of 43 studies and found that a

shorter duration of untreated psychosis was linked to greater response to antipsychotic treatment.

Based on the studies, Perkins said, "Schizophrenia doesn't have to be a disabling disorder. At least in some people, symptomatic and functional disability may be preventable."

As a result of the new study, UNC's department of psychiatry recently launched a treatment program for adolescents and young adults after their first episode of psychosis.

More than 3 million Americans suffer from schizophrenia, a mental illness characterized by hallucinations, delusions and disordered thinking.

#### Lineberger Comprehensive Cancer Center Chosen as Nanotechnology Site

The Lineberger Comprehensive Cancer Center at UNC Chapel Hill is one of seven institutions picked to be part of a new research effort into the use of nanotechnology by The National Cancer Institute as part of the NCI Alliance for Nanotechnology in Cancer. Lineberger received \$3,899,965 for the first of a five-year award to create the Carolina Center of Cancer Nanotechnology Excellence. The funds will be used for nanotechnology projects

to improve cancer diagnostics, imaging and therapy.

"Our inclusion in this NCI program with some of the world's premier physical science universities is a tribute to UNC's abil-



Nano Tubes

ity to put together teams across academic boundaries," said Dr. Shelton Earp, Lineberger's director. "This synthesis of engineering, material science and medicine is the future of patient care and is attractive to industry at all levels.

The term nano usually is defined as less than 100 nanometers in size, or about 0.000004 inches. Complex nanoscale devices are in development for a wide scale of uses.

"The UNC group of investigators is diverse and comes from across campus and

disciplines," said Dr. Rudy Juliano, the principal investigator for the grant. He is a professor of pharmacology at UNC's School of Medicine and a member of the Lineberger staff. "Chemists, physicists, engineers, tumor biologists, pharmacologists, oncologists and radiologists are all working together to translate opportunities created by new developments in nan-

## Duke Researchers Discover Means To Prevent Leaks from Tumors

The injection of genes altered to combat cancer directly into tumors may become safer based on the work of a team of biomedical engineers at Duke University.

The team has developed a biocompatible polymer that changes from a liquid to a gel at body temperature. As a result, most of the gene-bearing viruses injected directly into a tumor no longer escape. Leakages of the viruses can prove toxic to other tissues and has hindered the use of gene therapy to fight cancer.

"With this method we can reduce the misdirected virus dissemination by a factor of 100 to 1,000 times," said Fan Yuan, an associate biomedical engineering professor at Duke's Pratt School of Engineering. "That's enough of a reduction to solve the problem."

Gene therapy includes the injection of genetically modified viruses to attack a tumor or to stimulate the body's immune system to attack it. Studies have shown, however, that when these viruses are directly injected into a tumor, some of the viruses escape and show up in other areas of the body. One study found that a significant amount of viral material injected into breast tumors implanted in mice escaped the tumor, with a large portion ending up in the liver. Most of the material escaped in the first 10 minutes after injection.

The polymer's transformation lasts 10 to 90 minutes, long enough, the researchers said, to block escape and make sure the genetic material will link up with the tumor.

otechnology into better care for cancer patients. Faculty from Duke, North Carolina State University and the University of California at San Francisco will also be part of the effort.

Also picked for centers were the California Institute of Technology, the University of California at San Diego, Emory University, Georgia Institute of Technology, the Massachusetts Institute of Technology,

Harvard University, Northwestern University and Washington University in St. Louis.

## Cells Around Cancers May Evolve and Promote Cancer Growth

Scientists at the University of North Carolina at Chapel Hill have demonstrated that cancers may affect surrounding cells to evolve and promote tumor growth. "Virtually all the studies on genetic changes or changes in gene expression have focused on the cancer cell, on events within the cancer cell itself," said Dr. Terry Van Dyke, professor of genetics and biochemistry and biophysics in the UNC School of Medicine and the study's senior author. "But over the last several years, it has become increasingly clear that cancer involves complex interactions among different types of cell compartments, and, as in any organ, these compartments comprise blood vessels, supporting tissue and immune cells.

"The interaction between the predominant cancer cell type and other types of surrounding cells is important in the development of disease," she said.

The UNC research is believed to be the first to establish that cancer cells can signal surrounding tissue to alter their molecular composition and promote tumor growth. The study, which was published in the journal *Cell*, also indicates that cell mutations helping the progress of cancer may take place elsewhere than in the tumor itself.

The findings could mean that future therapies might be more effective if they target supporting cells of the cancer.

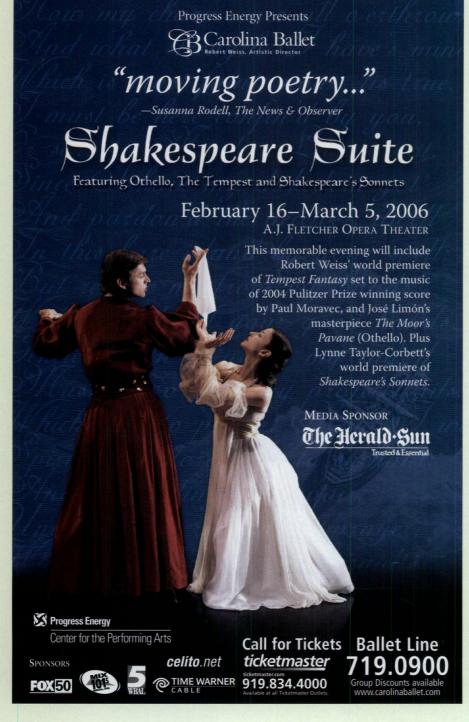
#### Even Weak Chlorine Solutions Kill Viruses, UNC Says

Even weak chlorine solutions kill nearly 100 percent of the viruses that cause gastrointestinal illness, according to a University of North Carolina at Chapel Hill study.

So-called noroviruses were cleansed from surfaces such as stainless steel and ceramic title with solutions containing as little as 20 milligrams per liter of hypochlorous acid, or free chlorine. Hypochlorous acid is the active ingredient of household bleaches like Clorox.

Dr. Mark Sobsey, professor of environmental sciences and engineering at the UNC School of Public Health, and post-doctoral fellow Dr. Geunwoo Park, led the study.

"This is good news since noroviruses are the leading cause of viral gastroenteritis," said Sobsey, director of the school's Environmental Health Microbiology Laboratories. "They have caused countless outbreaks of gastroenteritis in healthcare



ities, schools, food establishments, hotels and resorts, and on cruise ships."

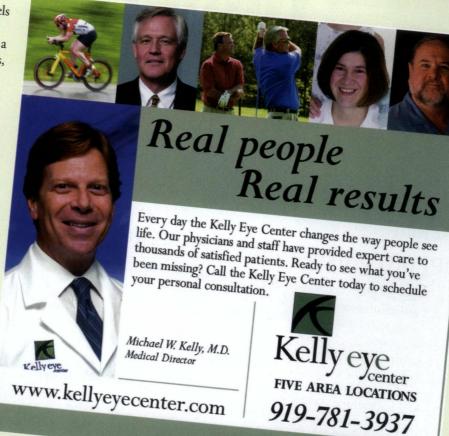
Household bleach can be diluted by a factor of 10,000 and still kill the viruses, the researchers said.

#### Duke Joins Healthcare Consortium

Duke University Health System has joined a new consortium to help promote the use of mobile data technology, organized by Epocrates, a California-based firm that provides clinical solutions for drug, disease and diagnostic information.

Also part of the consortium are the Baylor College of Medicine, Columbia University Medical Center, Harvard Medical School, University of Pennsylvania School of Medicine, University of Washington School of Medicine, University of Wisconsin Medical School, Wake Forest University School of Medicine and Yale University School of Medicine.

Members of the consortium will meet to discuss the benefits and challenges of technology in medicine with an emphasis on mobile solutions.





THE BEST FROM THE TRIANGLE TO THE COAST

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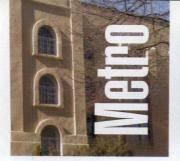
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here are places and settings that imprint themselves on our collective consciousness and become landmarks which we refer to for their geography, their history and their great evocative power.

Immediately southwest of Downtown Raleigh, on a high hill-top overlooking the city sits Dorothea Dix Hospital, still known to generations of North Carolinians as Dix Hill—its original name. The hospital's setting is remarkable for its deeply ridged picturesque terrain and for a magnificent stand of mature oaks known as the Grove, through which a series of curvilinear drives ascends to the stately buildings of the Dix campus. Dorothea Dix Hospital



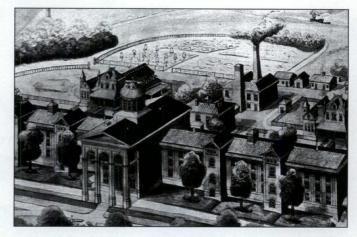
Dorothea Lynde Dix

was North Carolina's first hospital to treat mental illness and neurological conditions when their causes were not well understood. The appropriations for its establishment came on December 23, 1848, from the North Carolina Legislature, which had initially refused to fund it. The legislature's reversal was the result of an impassioned plea by James C. Dobbins, an influential Fayetteville legislator, who, upon hear-

ing of the appropriations defeat, hurried from his hometown and his wife's funeral to speak on behalf of the measure.

Dobbins' dramatic effort fulfilled a promise to his dying wife who had asked him to support the bill. Mrs. Dobbins had been befriended and cared for during her last illness in Raleigh's Mansion House Hotel by fellow guest Dorothea Lynde Dix, a crusading New Englander committed to improving the conditions for the mentally ill. She had come to North Carolina in the waning days of 1848 and prepared a county-by-county "memorial" of the state's treatment of mental patients. The Legislature's subsequent approval of some funding, initially about \$7,000, marked the emergence of a notable institution and a remarkable landscape. Both the hospital and its grounds would become a proud and productive part of North Carolina's history, emblematic of the State's charge to serve the needs of all its citizens.

The so-called "asylum bill," as it was named, called for the appointment of six commissioners to select a site and oversee the construction of a hospital. The commissioners included Guilford



The Tuscan Revival style Center Building was designed by New York architect A. J. Davis.

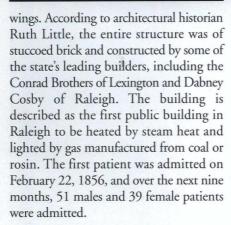


County's John Motley Morehead (a former governor), Calvin Graves of Caswell County, Thomas W. Cameron of Cumberland County, George W. Mordecai and Charles L. Hinton of Wake County, and Josiah O. Watson of Johnston County. The site chosen was a 182-acre parcel about one mile west of the city with a good source of water, Rocky Branch, which flowed through the property. (The acreage, purchased from Maria Hunter Hall and Sylvester Smith, was part of the original 1700s plantation once owned by Col. Theophilus Hunter, an early settler and leader in Raleigh and Wake County.)

The Legislature continued to make appropriations and sponsor bond issues to fund the new hospital. The main building, designed by New York architect A. J. Davis, was begun in 1850. Davis' Tuscan Revival Center Building, completed in 1856, measured 726 feet in length and featured a three-story administrative pavilion flanked by two three-story male and female dormitory







#### **A STRONG TRADITION**

The hospital on Dix Hill was designed and operated to conform to the therapeutic theory known as "moral treatment," espoused by Dr. Thomas Kirkbride, head of the Institute of Pennsylvania Hospital and a founder of the American Psychiatric Association. Kirkbride, who was a friend of Dorothea Dix, emphasized compassion



and respect for the mentally ill and advocated calm and pleasant surroundings, fresh air, and vocational and hand-craft work as part of their care and treatment. In his 1854 book Hospitals for the Insane, which was revised in 1880, Kirkbride noted that farming and gardening were particularly important occupations for patients. To this end Dix Hill developed ornamental gardens and landscaped its grounds with gazebos and walkways, and early in its life began a hospital farm that provided much of the food for the patients, staff and workmen. Patients often worked alongside the maintenance personnel, and even attendants and staff, in the gardening and farming operations. As a result of its somewhat rural location and the opportunities for patients to interact with other members living and working in the complex, Dix Hill became a close-knit and largely self-sufficient community-growing some crops, tending domestic animals,

(Above and Left) Handcrafts and vocational training was part of the recommended treatment for patients.

maintaining vegetable and flower gardens, landscaping the grounds, and enjoying community social events such as musicals and dancing.

The landscaping and the physical improvement of the grounds and the development and expansion of the farming operations continued at a faster pace than the construction of new buildings and infrastructure. Until Morganton's Broughton Hospital was built in 1870, Dix was the only state mental hospital and many of the improvements needed to operate the growing facility continued as annexes and





Farming and animal husbandry were important aspects of life at Dix Hill.





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additions to A. J. Davis' Center Building.

In 1902 Dix Hill's new Superintendent, George L. Kirby, employed a graduate nurse to teach student nurses and attendants, marking the beginning of the Dorothea Dix School of Nursing. The inauguration of the nursing school coincided with a spate of new annexes to the Center Building, or free-standing ancillary buildings near it, in the form of additional kitchens, cold storage rooms, a laundry, carpenter's shop and a boiler. Around 1914, Anderson Hall, a red-brick, two-story building with bracketed eaves and

segmental arched windows, was built to house the nursing school and nurse's dormitory and marked the beginning of a minor construction boom for Dix Hill.

The 1920s saw the completion of the Harvey Building, an important example of a modern dormitory for the mentally ill. Other handsome additions to the complex included the stone Colonial Revival Doctor's House, a Craftsman bungalow known as the Gatekeeper's Lodge, the Dutch Colonial Superintendent's Residence and the Benner House, another Craftsman bungalow with a wrap-around porch.



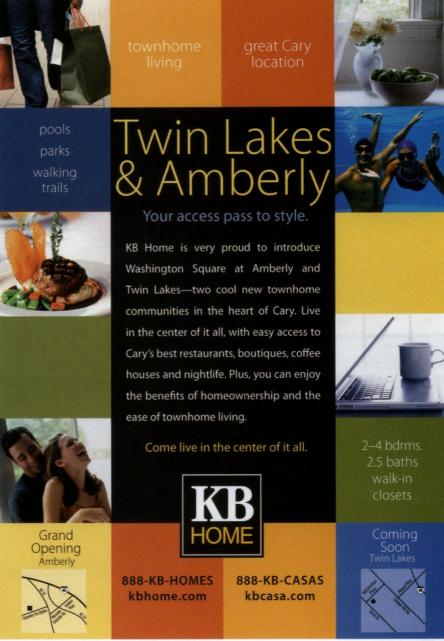


Individual residences were eventually built to house the staff and other personnel.

From the 1920s until the 1970s, Dix Hill continued to add buildings, mostly dormitories and administrative buildings to serve the growing patient population and the numerous state agencies charged with the management of mental health.

The evolution of the architecture and landscape of Dorothea Dix Hospital has been documented in two independent

studies. The first is the 1990 National Register of Historic Places Nomination prepared by architectural historian Ruth Little to nominate the core site and many of its original campus buildings to the National Register, a kind of honor role of the nation's architecture and landscapes. Little surveyed and analyzed all the Dix campus buildings that were then 50 years old (built



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Topographically interesting and serene, the Dix Hill landscape is a remarkable asset.

between 1856 and 1940), a criterion for National Register eligibility. In her study, Little determined that the property is of statewide significance "as a monument to the humanitarian effort to provide a therapeutic natural setting for the mentally ill." More recently, Cynthia de Miranda of Edwards-Pitman Environmental of Durham, looked at the entire parcel, buildings and landscape, that was the subject of a State-commissioned master-planning process to address the future of the property. "My inventory," says de Miranda, "looked at buildings, their relationships to each other and place in the landscape, and the landscape itself. The land was important to the mission of the hospital." The Edwards-Pitman study included a survey of the post-1940 Dix Hill buildings, many of which are now potentially eligible for inclusion in the National Register.

The de Miranda update was part of a comprehensive analysis of the approximately 315-acre property conducted by a five-firm consultant team commissioned by the Dorothea Dix Property Study Commission appointed by the General Assembly to plan for the future of the Dix Campus. Headed by the Charlotte firm Land-Design Inc., whose president, Brad Davis is a North Carolina State Universitytrained landscape architect, the team included Raleigh architectural firm Cline Design Associates; the Chapel Hill planning, engineering and surveying firm Ballentine Associates; the engineering and construction firm Kimley-Horn and Associates of Cary; Durham's Edwards-Pitman Environmental; and Warren & Associates, a Charlotte-based real estate marketing analysis firm.

#### **MASTER PLAN**

The consultant team conducted two public hearings to obtain community input and prepared two alternative versions of a Dorothea Dix Campus Master Plan. In each case, the team sought to blend the preservation of the Grove and other key landscape elements and the retention and reuse of historic buildings with uses that would provide potential economic return. Entitled *City in a Park—Mixed Use Concept*, Alternative One features a combina-

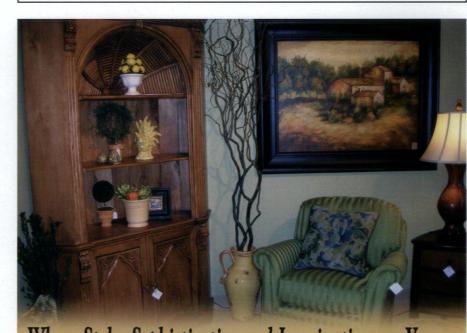


MICHAEL ZIRKLE PHOTOGRAPH

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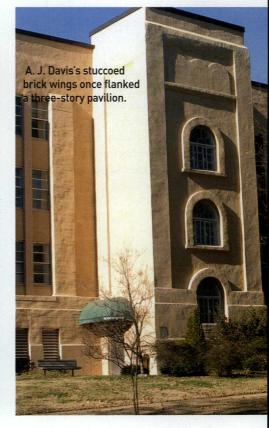
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ALEXAN

NORTH HILLS

tion of office and institutional uses to accommodate the traditional services of the Dix Campus—public health research offices, an assisted living center, a mental health vocational training facility, a children's mental health center—while adding an athletic field, an amphitheatre, a museum, ornamental gardens, open space and greenways, various residential uses, office space, and some limited neighborhood retail. Alternative Two, entitled Central Park, eliminates the mix of residential, office, and retail uses and emphasizes the continuation of offices for mental health related uses, with the addition of more park land, open space and greenways, as well as a community garden. Davis, a partner in LandDesign points out that an important component of both plans was the accommodation of consolidated Department of Health and Human Services (DHHS) offices. "In Alternative 2 (Central Park), the DHHS offices become the primary use of the existing buildings slated to remain on the property," says Davis. "This was a program component required by the State." In each plan, approximately half of the Dix Hill prop-



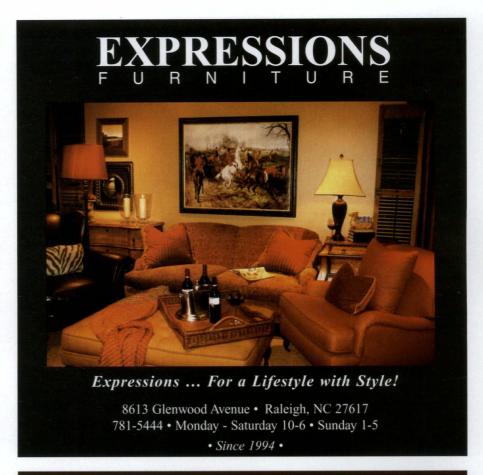
erty is dedicated to a public park.

In addition to the consultant study, the City of Raleigh, with other major stakeholders in the planning for the future of the Dorothea Dix Campus, developed a third alternative plan, which follows the theme, Points of Light. The plan places considerable emphasis on the property's potential for connectivity with other significant public destinations such as nearby Centennial Campus, the North Carolina State University Campus, Pullen Park and the School for the Blind, and Downtown Raleigh. The Planning Department's alternative would also offer a variety of housing types, an outdoor performing arts venue and festival area, recreational opportunities such as athletic fields and gardens, and preserve some limited mental-health facilities.

#### ONE MAN'S MISSION

As the discussion of this incomparable setting continues, citizen groups like the Friends of Dorothea Dix Park, a coalition comprised of 30 separate organizations, are weighing in about the future of the property. One impassioned citizen voice for the

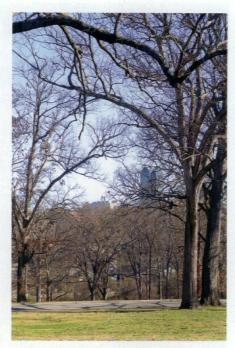






future of the Dix Hill property is Greg Poole Jr., a Raleigh native whose family's business, Gregory Poole Equipment Company, has served the region's construction equipment industry since 1951. After attending the public hearings to solicit input on the future of the property, Poole formulated his own vision for Dix Hill. "I realized that we had to preserve the potential of this extraordinary piece of land for all the people of North Carolina," says Poole, an admitted visionary. Poole's strategy is based on maintaining the property and all its buildings and acreage in tact, without threat of its being sold or otherwise transferred out of State ownership, until a Blue Ribbon Commission can be appointed to receive recommendations from private individuals, professional park planners and important institutional resources, such as NCSU and the College of Design faculty.

In order to secure the property, Poole is working to convince the legislature to designate Dix Hill as a Park District. "With this accomplished, we will have protected



all the future options for developing a world-class space for the citizenry of the state and the Capital City," Poole notes. Poole estimates that a 10-year planning process would not be out of the question

The Dix Hill Grove is a Raleigh landmark.

for such a project. "We're not suggesting making it a park now," says Poole. "That would be premature. Let's continue to maintain Dix Hill while we study other parks and find out what makes certain places so important to us all."

Marvin Malecha, Dean of the NCSU College of Design, views the Dix Hill property as a once in a lifetime opportunity. "It's really rare to find a property that is relatively environmentally pristine," says Malecha. "Often large parcels adjacent to downtowns have been factories or power plants or they are cemeteries or golf courses. Having the Dix property, with its Grove and interesting topography right Downtown is like being in a city in the 19th century. We can ask ourselves, 'What would Olmstead do?'"—referring to the famous landscape architect who designed New York City's Central Park.

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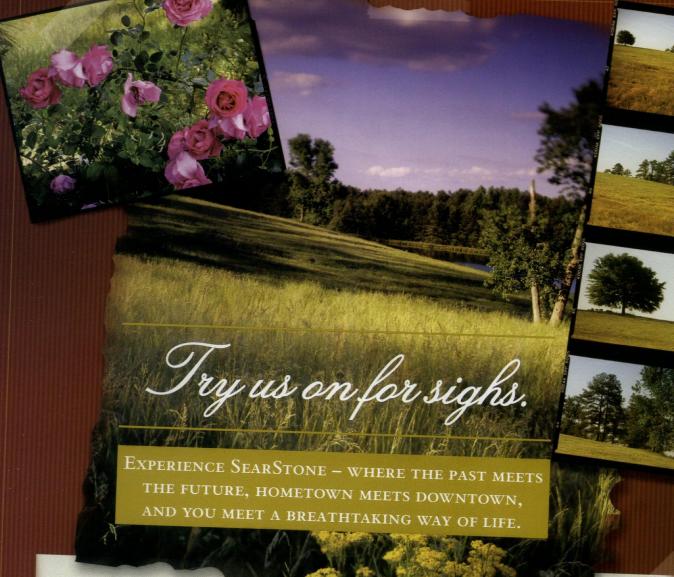
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# Trends Reflect the Times

by Rebecca Heslin

rom your grandmother's jewelry box to your own baubles and gems, jewelry is recycled, reused and reinvented over the years. With each decade comes a new-fangled fashion and a new definition of the splendor of jewelry. As the times change, so do the trends that grace ears, necks and wrists everywhere.



As the neckline on shirts plunged to new depths, and hairstyles radically shortened into bobs, jewelry trends of the 1920s



1920s Bracelet

adjusted with the times with jewelers producing sportier, more casual accessories.

Synthetic plastics made their appearance in the Twenties, and showed up in jewelry cases, allowing for mass production and affordability. Bakelite, with its clay-like



Bakelite Pin

material that could be finished in a variety of colors, became a popular form of synthetic jewelry.

In the era, the definition of style transformed from expensive to affordable, from fancy to fun—and so did the jewelry. The martini may already have been invented, but the Roaring Twenties saw the dawn of cocktail jewelry.

#### THE DIRTY THIRTIES

American optimism took a hit as the booming economy faded into economic depression. Functionality was the word of the decade and fashion turned practical. Jewelry brought color and brightness to an otherwise gloomy state of affairs.

To liven up dull outfits, women turned to brilliant brooches found at bargain prices made from colorful enamel. In a desperate time, women were going to desperate meas-

ures to prove their social status, causing jewelry designers to grow bolder. And women piled it on, from dress clips in hair to the chunky necklaces that could



1930s Basket Pin

be worn as bracelets. Bigger and bolder meant wealthier.

#### THE RETRO FORTIES

World War II dominated the first half of the decade and jewelry trends felt the war's wear and tear. Bigger was still better in the 1940s, and the popular enameled jewelry of the 1930s continued a growth spurt. Costume jewelry continued to prosper and



1920s Bakelite Bracelet



Os Enamel and Amethyst Pin



40s Lang Sterling Rose Brooch



1940s Hobe Sterling Brooch



1943s Ballerina Brooch by John Rubel



1940s Sterling Vermeil Brooch

new techniques and designs popped up, returning to a more aesthetic model as the economy began to improve.

Access to precious metals was still limited, so jewelers altered their egos and got creative. Sterling silver began to shine dur-

ing tin des ita mo kn jus thi

1940s Pin

ing the decade as tin and lead were designated for military uses. Chic motifs ranged from knots to ribbons to just about anything representative of nature.

As the war continued, Europe lost its grip on the jewelry market and America stepped up.

Hollywood had a profound influence on style and movie stars began to take over royalty's role as trendsetters.

#### 1950s

While Hollywood starlets donned fashionable gems both on and off the screen, simple became a staple in the average woman's jewelry box. Accessories became a must-have for every woman and classic style surfaced. In the midst of the baby boom, pearl necklaces and chandelier earrings boomed in their own right.

Rhinestones became a girl's best friend, regardless of age, with generations adding



1950s Bracelet

rhinestones to already-glamorous attire. The cocktail ring was made popular and typically sat atop a classic pair of satin gloves. Coordination became the name of

the game, and jewelry sets flew off the shelves. Matching earrings, brooches, necklaces, bracelets and rings came in any combination as the perfect final touch to any outfit.

the perfect final touch to any outfit. Young people showed off cheaper versions of colorless rhinestone sets, aptly

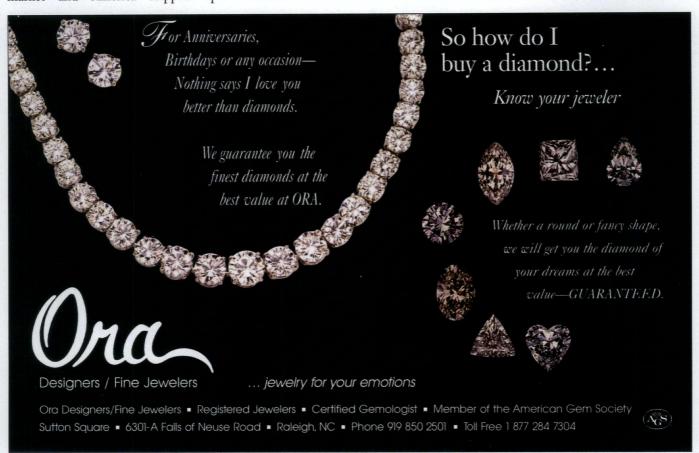


1950s Diamond Brooch

dubbed prom jewelry. Average in design and oftentimes less-than-average in quality, prom jewelry gave younger women a chance to dress up like their mother for less money.

#### THE SWINGING SIXTIES

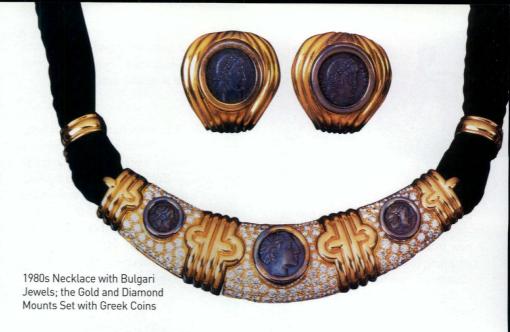
The functionality and practicality deemed so important in the 1930s was back and better than ever during the 1960s, with jewelry complementing the fashion industry as it turned to simpler and more conservative looks. With the advent



#### **DECADES OF JEWELRY**



1923 Boucheron Bracelet with Jasper, Enamel, Turquoise and Diamond





1960s Goldtone Earrings

of the short jacket came smaller, subtler jewelry. Faux pearls replaced rhinestones and

goldtone metal took the place of silver.

But by the mid-1960s, the post-World War II baby boomers had evolved into teenagers and were ready to revamp their

1965 Wyss Ring

images. As go-go boots climbed the legs, and mini skirts and hot pants raised the hemline, jewelers became bolder. Long metal chains became all the rage and quickly trans-

formed into beaded necklaces. Teenagers went mad for everything mod.

In the late 1960s, politically charged jewelry made its appearance. Bold, beaded necklaces evolved into love beads by the end of the decade. Jewelry, now a cottage industry in the alternative community, reflected ethnic and eastern religious motifs as the flower children of the hippie movements demonstrated for peace and rejected consumerism.

#### 1970s

Activism faded and vanity set in during the Seventies. The carefree attitudes brought on by music—disco specifically—replaced the fashionista's inspiration of the classic glamour of the silver screen.

Hoop earrings came onto the scene, varying in size from big to huge. Extravagance was back in the front seat; once

again, bigger was better.

"Street fashion" emerged in the Seventies and innovation flourished as designers searched outside the box for freer fashions. Designers experimented with non-precious metals, including aluminum paired with turquoise and amethyst. Jewelry began to resemble sculpture and original works of art graced female bodies, as well as gallery walls. Rocker style became fashionable.

Punk came in near the end of the decade, bringing black leather and chains to the fashion scene. Jewelry led a double



1930s Cartier Diamond Clip Brooch

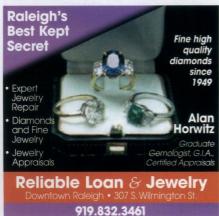
life then—the same piece could be seen spicing up a classic dress, or just as easily in the front row of a rock concert on top of a ripped black shirt.

#### 1980s

In the Eighties, from punk rock to pop, black moved out and vibrant moved in. Color typified the decade, from plastic jewelry on the streets to diamonds and bangles at cocktail parties. Shapes, sizes and

1980s Seaman Schepps Chunky Necklace; Gold and Various Woods





colors arranged in combinations never imagined before adorned ears and

Music continued to inspire the jewelry world, and television soap operas began to encourage gaudiness. The powerful woman became fashionable thanks to the shoulder pad-wearing

Kenneth Jay Lane Style Necklace

characters portrayed on TV. Big and glossy jewelry became representative of the new woman.

Money and success were paraded in the form of jewels, and name brands were worn on the sleeve-literally, with designers flaunting their

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logos with gems and precious metals. Then, this all changed in the middle of the decade when less became more. Single-strand pearl necklaces grew in popularity. Simplicity, it now seemed, was often all a woman needed.

#### 19905

The baby boomers were now grown up and age-appropriate jewelry appeared on the scene. Subtlety came in the form of single-stone diamond and pearl necklaces. The diamond's more prevalent, less-expensive sister emerged in the form of cubic zirconia.

The faux diamond, that could be worn any time of day, became popular in the costume jewelry world. Solitary diamond studs were sometimes the only trinkets worn by the maturing woman of the Nineties. The diamond tennis bracelet became a staple item.

Stones came in a plethora of shapes and sizes, with diamonds and gems often found adorning platinum settings, the new metal of choice. The 20th ended with simplicity.

#### MILLENNIAL TRENDS

Consumerism is now centered on convenience, and the same goes for the jewelry market. Diamonds, emeralds, rubies and sapphires are the safe choices in the jewelry case. Easy-to-wear jewelry trends are most popular in the form of necklaces, earrings and bracelets—a continuation of

simplicity. But a few trends from each decade past still exist in today's jewelry market.



The cocktail ring has arguably made a large comeback in recent years, flaunted in different social circles and age groups. Both faux versions and the real things have come to coexist in casual settings and ritzy locales.

While platinum still reigns in the precious metal world, yellow gold has been reborn in the 21st Century, replacing the white gold dominance of the Nineties.

It's been a roller coaster ride of trends for jewelry aficionados over the last century. What will fill the jewelry boxes of the future?

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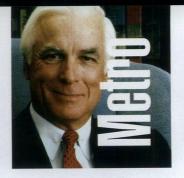
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# Editor-at-Large by Jim Leutze

### MEGA PORT WILL BRING OPPORTUNITY—AND PROBLEMS

t looks like something big may be about to happen in Southeastern North Carolina. Some might say that something big has been happening with the real estate boom in Brunswick, New Hanover and part of Duplin Counties, but I'm talking really big. Golf courses and condos are one thing—a mega seaport is quite another. It will be a long time coming and there are a number of hurdles to be cleared—such as funding—but the project has folks down here buzzing.

Ever since the explorer Verrazano ventured off the open sea into the mouth of the Cape Fear, it's been clear that there were natural port facilities around the area. The earliest ships anchored at Smithville (Southport) or Brunswick Town, only later venturing 25 miles further inland to Wilmington. Once the Spanish burned Brunswick Town (1748), it became clear that further inland was safer. On the other hand, from the beginning there was trouble keeping the river dredged. Most recently a major federal project, estimated to cost \$500 million, has been undertaken to deepen the channel of the Cape Fear to make Wilmington more accessible to modern, deep-drafted cargo ships. This project, no doubt, led some forward thinkers to consider going backward into the future and establishing a mega port just north of Southport. Why not? The Spanish are no longer a threat.

The last several years have brought the realization that world trade is expanding at such a rapid rate that current ports can't handle the volume. In mid-2005, the North Carolina Ports Authority announced plans for a \$130 million program to double the capacity at Wilmington and develop an entire new facility on Radio Island at Morehead City. (See *Metro* October 2005). Then the realization dawned that, with the project to expand the Panama Canal combined with the inability for West Coast ports to handle dramatic increases in Asian trade, even greater opportunities beckoned.

We are talking about a big port, maybe four times as big as the Wilmington port and rivaling Charleston and Norfolk. Wilmington handles 500,000 containers per year; this port would handle 2 million. Instead of space for two ships simultaneously, there would be room for four. The dock would be 4,000 ft. long—for Panthers' fans, that's 40 football fields. To get things started, the Ports Authority has started negotiations on 600 acres of land currently owned by the Archer Daniels Midland Company.

After years bemoaning the sorry state of the economy in Southeastern North Carolina, it is hard not to be excited about the prospect of the jobs and the economic development that will be spurred by this mega port. However, at this point, my reaction has to be two cheers.

A development of this nature is going to have all kinds of consequences, and some aren't good. For one thing, the eco-structure in this part of the state is extremely fragile. Much of the land is low-lying and marshes and nursery areas for seafood are very vulnerable to storm water runoff and other pollutants. For another thing, the 600 acres of port land are only the beginning; the infrastructure to support such a facility will be vast—roads, railroads and other storage facilities will take up square miles. Then there are the other

industries the port will attract.

Had we, in this part of the state, proved more forward thinking in the past about growth, I might be more positively inclined, but we are not exactly the home of smart growth. If we've ever heard of sustainable development, we think it might be okay for someone else. Our view seems to be, let's build it and see what happens. Well, if we take that approach to this kind of development, our visitors from Jersey City, NJ, will soon feel right at home.



Radio Island (top) and the Port of Wilmington (right)



No, what we must begin doing now, even though this port may be years away, is planning—and planning big. Let's take a look at the whole coastal plain between Charleston and Morehead City and 75 miles inland and take a hard look at what we want to see 25 or 30 years from now. With the completion of I-74 crossing I-95, do we need a transportation hub including air and rail? What about an international airport replacing Charleston, Myrtle Beach and Wilmington connected with high-speed monorail? What needs to be done to protect green space and water resources? What kind of other economic development would fit compatibly with the port? Is this the shot in the arm the Global TransPark needs? If so, it needs to be connected. And then there are the people, both those that need to be trained at our community colleges and those that will come and need to be housed, schooled and protected from crime, fire and natural disasters.

If there ever was a project that cried out for planning and preparation, this is it.





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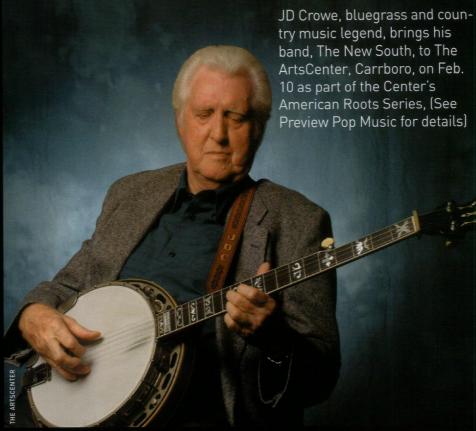


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For more information, contact Joe McLeod at jmcleod@cbh.com or 919.782.1040

Holiday chocolates gone? The Fourth Annual Carolina Chocolate Festival comes to your rescue, February 3-5, at the Crystal Coast Civic Center in Morehead City. The Festival is presented by Bluewater GMAC Real Estate to benefit the Salvation Army, victims of the 2005 hurricanes and other causes. [See Preview Potpourri for details]





# Openings

Two girls examine the inner brain at the new interactive Clear Channel Exhibition, "BRAIN— The World Inside Your Head," now open at the NC Museum of Natural Sciences, Raleigh. (See Preview Museums for details)





# Preview

by Frances Smith

#### A BONFIRE OF EVENTS WARMS FEBRUARY

#### GALLERIES

**ELIZABETH GALECKE:** Photographs & portraits; Nested, Carrboro; thru Mar. 5, Opening Reception Feb. 10. Contact 919-923-5451.

NEW WORKS BY JAMES KERR: Paintings emphasizing light and color in Caribbean seascapes, cityscapes and New Orleans nightlife; ArtSource, North Hills, Raleigh; thru Feb. 17. Call 919-833-0013 or visit www.artsource-raleigh.com.

PETER FILENE & SANDRA LITZENBER-GER: Two new exhibits explore analogies and hidden meanings; Allenton and Semans Galleries at The Durham Arts Council Building, Durham; thru Feb. 19. Contact 919-560-2719 or www.durhamarts.org.

A STORIED SPAN—THE BOYLAN BRIDGE: Prints by Jen Coon; Rebus Works, Raleigh; thru Mar. 4. Contact 919-754-8452 or www.rebusworks.net.

RADIANCE IN NATURE—PAINTINGS BY GRACE LI WANG: National Humanities Center, RTP; thru Mar. 10. For more info. 919-549-0661 or www.graceliwang.com.



Artist French Quarter will hang in the exhibition "Al White Photography and More," showing during Jan. & Feb. at Gallery A, Raleigh. White's studio in New Orleans was flooded in Hurricane Katrina. He has since relocated in the Garner area.

DIANNE RODWELL: Featuring works by Rodwell & Leni Newell; Raleigh Municipal Building; thru Mar. 23. Contact 919-664-8908 or http://diannerodwell.com

SELECTIONS FROM A CAREER IN ILLUS-TRATION—THOMAS HART TEAGUE: Now on display at NC Academy of Trial Lawyers, Bailey Twiggs Atrium, Raleigh; Contact 800-688-1413.

AL WHITE PHOTOGRAPHY AND MORE: Work by artist whose studio was flooded in New Orleans, now located in Garner; showing at Gallery A, Raleigh; months of Jan. & Feb. Contact 919-546-9011.

INTERIORS & EXTERIORS: Featuring new works by Margo Balcerek, Karen Lawrence & Jennifer Young; City Art Gallery, Greenville; Opening Reception Feb. 2; Feb. 2- Mar. 4. Contact 252-353-7000 or www.city-art-gallery.com.

FABRIC ART SHOW: Featuring Katerine Wassink, Joan Byran, Noreen Dobratz & Faye Seaman; Pasquotank Arts Council Gallery, Elizabeth City; Feb. 5-28. Call 252-338-6455.



Chevalier Surrealiste, Signed Lithograph by Salvador Dalí, will be on view in an exhibition of Dali's surrealistic art called "Time and Space," opening Feb. 10 at Animation and Fine Art, Chapel Hill.

DALI—TIME AND SPACE: Animation & Fine Art Galleries, Chapel Hill; Feb. 10-Mar. 9 Opening Reception Feb. 10. Contact 919-968-8008 or www.animationandfineart.com.

THE BEST OF NORTH CAROLINA: Featuring artwork from the 19th & early 20th centuries by artists who found inspiration & influence in North Carolina; Gallery C, Raleigh; Feb. 17- Mar. 28. Contact 919-828-3165 or visit online at www.galleryc.net.

**28TH ANNUAL ARTISTS EXHIBITION:**Sponsored by the Raleigh Fine Arts Society and Meredith College; Frankie G. Weems Gallery, Gaddy-Hamrick Art Center at Meredith College, Raleigh;

Mar. 5-Apr. 9. Contact 919-829-9096 or www.raleighfinearts.org.

NEW EVENTS AT TYNDALL GALLERIES: Chapel Hill; Contact 919-942-2290 or www.tyndallgalleries.com:

- JOHN ROSENTHAL—MORNINGS AT THE MUSEUM & OTHER SPECTATOR SPORTS: New archival ink prints; thru Feb. 18.
- STEVEN SILVERLEAF: New Paintings; Feb. 21-April 1 Opening Reception Feb. 26.



Metropolitan Museum of Art, by John Rosenthal is a limited edition archival ink print in "Mornings at the Museum and Other Spectator Sports" an exhibition now open at Tyndall Galleries, Chapel Hill.

**EVENTS AT ARTSPACE:** Artspace, Raleigh; Call 919-821-2787 or www.artspacenc.org:

 MEREDITH BRICKELL—PALE GRAZE: Visual Art/Clay; Artspace Lobby; Feb. 3-25.



Hotel Keys Necklace by Lauren Van Hemert is on view in "Transitory Treasures: The Ephemera Collection," an exhibition of Hemert's jewelry opening Feb. 3 in Upfront Gallery at Artspace, Raleigh.

- LAUREN VAN HEMERT—TRANSITORY TREASURES: The Ephemeral Collection; Visual Art/Jewelry; Artspace Upfront Lobby, Feb. 3-25.
- JAN-RU WAN—MENDING ANTICIPATION: Visual Art/Fiber; Artspace Gallery 1; thru Mar.11.

EVENTS AT SERTOMA ARTS CENTER: Raleigh; Contact 919-420-2329:

- LOCAL ARTISTS AS SEEN ON HGTV: Artists featured on HGTV's Crafters Coast to Coast will be on view; Display Case & Hall Gallery; Opening Reception Feb. 5, Feb. 1-25.
- CAROLINA'S NATURE PHOTOGRAPHERS ASSOCIATION: Raleigh Room; Opening Reception Feb. 5, Feb. 1-25.

THE GARDEN GALLERY: Featuring works by some of North Carolina's finest contemporary artists, past & present, including Joe Cox, Maud Gatewood, Horace Farlowe, Claude Howell, Elaine Reed, Gayle Lowry, Madonna Phillips, Janet Harriman, others. 8404-A Glenwood Avenue (Highway 70 West) in Raleigh. Regular hours: Wednesday-Saturday, 11 a.m.-5 p.m.; Sunday, 1-5 p.m. 919-787-2000; www.gardengalleryart.com

#### CLASSICAL

**GRANT LEWELLYN CELEBRATES MO- ZART'S 250TH BIRTHDAY:** North Carolina Symphony plays all Mozart; Memorial Hall at UNC, Chapel Hill; Feb. 8. Contact 919-733-2750 or www.ncsymphony.com.

NORTH CAROLINA SYMPHONY: Threeconcert series performance; New Bern Riverfront Convention Center, New Bern; Feb. 9. Contact 877-627-6724 or www.ncsymphony.com.



Michael Zirkle will conduct the North Carolina Symphony in a three-concert classical music series on Feb. 9 at the Riverfront Convention Center, New Bern.

ANNUAL EMERGING ARTISTS CONCERT: Hill Hall Auditorium at UNC-Chapel Hill; Feb. 11. Contact 919-962-1039

ROMANCE IN THE AIR: NC Master Chorale; Kenan Recital Hall at Peace College, Raleigh; Feb. 11. Contact 919-856-9700 or visit them online at www.ncmasterchorale.org.

SERGEI PROKOFIEV: Complete Works for Violin and Piano: featuring Eric Pritchard, violin & Randall Love, piano; Nelson Music Room (East Duke Building), Duke University, Durham; Feb. 12. Call 919-660-3333

DUKE SYMPHONY ORCHESTRA: Mozart 250th Birthday Celebration Concert; Baldwin Auditorium, Duke University, Durham; Feb. 15. Contact 919-660-3300 or www.duke.edu/music.

PARLOR CONCERTS 2006-MALLARME YOUTH TRIO: Hillsborough Arts Council presents concerts performed in various private historic homes; Burnside 201 South Cameron Street, Hillsborough; Feb. 19. Call 919-732-2013.

UNC SYMPHONY ORCHESTRA: Overture to Rienzi & winners of 2005 Concerto Competition; Hill Hall Auditorium at UNC, Chapel Hill: Feb. 28, Contact 919-

**EVENTS AT CAROLINA THEATRE OF DURHAM: Contact** 919-560-3030 or online at www.carolinatheatre.org:

- . NORTH CAROLINA SYMPHONY: With Branford Marsalis on Saxophone: Feb. 16: Contact 919-733-2750
- DURHAM SYMPHONY CONCERT: With Young Artists Competition winner; Feb. 26

EVENTS OF DUKE MUSIC DEPARTMENT: Durham: Contact 919-660-3030 or www.duke.edu/music:

- FESTIVAL OF PIANO FOUR HANDS: Feb. 3-4. Contact 919-660-3333.
- FACULTY RECITAL W/ERIC PRITCHARD & RANDALL LOVE: Nelson Music Room; Feb. 12.
- . MASTER CLASS, DMITRY SITKOVETSKY, VIOLIN: Baldwin Auditorium: Feb. 21.
- **ENCOUNTERS W/MARK APPLEBAUM: Nelson Music** Room, Feb. 24.

#### POP MUSIC

LITTLE WINDOWS, JULEE GLAUB & MARK WEEMS: Trent River Coffee Company, New Bern, Feb. 3; & Clawson's Restaurant, Beaufort; Feb. 4. Contact 252-504-2787 or visit them online at www.downeastfolkarts.org.



Jake Shimabukuro, ukulele virtuoso, will perform on Feb. 10 as part of PineCone's Down Home Series in Fletcher Theater, Progress Energy Center, Raleigh.

JAKE SHIMABUKURO: Performing Hawaiian folk songs, rock, country & blues genres on the ukulele; Fletcher Theater, Raleigh; Feb. 10. Contact 919-990-1900 or www.pinecone.org.

DUKE JAZZ ENSEMBLE WITH GUEST ARTIST-TOSHIKO AKIYOSHI: Baldwin Auditorium at Duke University. Durham; Feb. 17. Contact 919-684-4444.

GLENN MILLER ORCHESTRA: Glenn Miller Classics from his original Music; Crystal Coast Civic Center. Morehead City; Feb. 16. Contact 252-247-3883.

LET'S TANGO: Music from Piazzolla & other South American composers, with special guests and open dance iam following: Nelson Music Room, Duke University, Durham; Feb. 19. Contact 919-684-4444.

LADYSMITH BLACK MAMBAZO: Carolina Theatre, Durham; Feb. 22-23. Contact 919-560-3030 or www.carolinatheatre.org.

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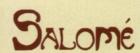
dards & late-night ballads; Thalian Hall, Wilmington; Feb. 23. Contact 910-343-3664 or www.thalianhall.com; Stewart Theatre, NCSU, Raleigh; Feb. 24. Call 919-515-2981 or www.ncsu.edu/arts.

JUST INSPIRED: Gospel Quartet; COA Community Auditorium, Elizabeth City; Feb. 24. Call 800-335-

VUSI MAHLASELA & PRE-SHOW DISCUSSION WITH METRO'S PHILIP VAN VLECK: South African guitarist, percussionist, composer & poet; Stewart Theatre, NCSU, Raleigh: Feb. 25, Contact 919-515-2981 or www.ncsu.edu/arts.

THE AVETT BROTHERS-FOUR THIEVES GONE: THE ROBINSVILLE SESSIONS: CD release Feb. 7 nation-wide;

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By Gioacchino Rossini

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**METROMAGAZINE FEBRUARY 2006** 

Next show The Cat's Cradle, Carrboro; March, 3. Contact www.theavettbrothers.com.

CAROLINA JAZZ FESTIVAL: Performance, Education & Scholarship; Memorial Hall at UNC, Chapel Hill; Mar. 1-4. Contact 919-962-7560.

**AMERICAN ROOTS SERIES:** The ArtsCenter, Carrboro; Contact 919-929-2787 or www.artscenterlive.org:

- LAURA CORTESE & MATT "MATTY BONES" DOUGLAS: Feb.
   5.
- VIC CHESNUTT, DAVID BAZAN, MARK EITZEL & WILL JOHN-SON: Touring together as the Undertow Orchestra;

  Feb. 9.
- J.D. CROWE & THE NEW SOUTH: visit online at ww.jdcrowe.net; Feb. 10.
- ANN RABSON: www.annrabson.com; Feb. 11.
- LUCY KAPLANSKY: www.lucykaplansky.com; Feb. 18.
- BILL KIRCHEN & TOO MUCH FUN WITH BROWN MOUNTAIN LIGHTS: www.billkirchen.com; Feb. 24.
- LEON RUSSELL: more information online at www.leonrussellrecords.com; Feb. 25.

#### STAGE & SCREEN

**PHILADANCO:** The Philadelphia Dance Company performs African American-based dance, combined with ballet, Jazz and modern; Stewart Theatre, NCSU, Raleigh; Feb. 2. Call 919-515-2981 or visit online at www.ncsu.edu/arts.

A SEASON OF LOVE: Presented by Serendipity Players; Masonic Theatre, New Bern; Feb. 3-5 & 10-12. Contact 252-638-9166.

**FROZEN:** PlayMakers Repertory Company; Paul Green Theatre at UNC, Chapel Hill; thru Feb. 12. Call 919-962-PLAY or www.playmakersrep.org.

**SWAN LAKE:** Carolina Ballet performs a more modern telling of the old classic; Memorial Hall, UNC, Chapel Hill; Feb. 4-5. Contact 919-843-3333 or www.unc.edu/performingarts.

MAN 1 BANK 0: Performance at COA Community Auditorium, Elizabeth City; Feb. 10. Call 800-335-9050.

LARRY THE CABLE GUY—"THE RIGHT TO BEAR ARMS TOUR": RBC Center, Raleigh; Feb. 11. Contact 919-834-4000 or www.ticketmaster.com.

THE GIFT OF LOVE & TOGETHER FOREVER: Presented by Emmerich Theatre, Rocky Hock Playhouse, Edenton; Feb. 11-16. Contact 252-482-4621.



The Philadelphia Dance Company (Philadanco), famed for innovative choreography and skill, blends African American-based dance with ballet, jazz & modern in a performance on Feb. 2 in Stewart Theatre, NCSU Campus, Raleigh.

SINGING VON TRAPP CHILDREN: Presented by Cape Fear Friends of Fine Arts at Campbell University; Scott Concert Hall, Campbell University; Feb.15. Contact 910-893-1509 or www.campbell.edu.

A SHAKESPEARE SUITE: An evening of dance to two of William Shakespeare?s plays and a dance to the reading of Shakespeare's sonnets; AJ Fletcher Theater, Progress Energy Center, Raleigh; Feb. 16-March 5. Call 919-719-0900.

THE COLORED MUSEUM: Thompson Theatre at NCSU, Raleigh; Feb. 16-19, 22-26. Contact 919-513-3070 or www.ncsu.edu/arts.

KEITH URBAN WITH SPECIAL GUEST NATURAL BROWN: Dean Smith Center, Chapel Hill; Feb. 17. Contact 800-722-4335 or www.cellardoor.com.

**DEATHTRAP:** Performance at Main Street Stage, Encore Theater, Elizabeth City; Feb. 17 & 18, 24 & 25. Call 252-338-3382.

**SALOME—DANCE OF THE SEVEN VEILS:** The Opera Company of North Carolina; Memorial Hall at UNC, Chapel Hill; Feb. 17 & 19. Contact 919-843-3333 or 919-783-0098.

**OPERETTA HIGHLIGHTS AND OTHER FAVORITES:** Presented by Long Leaf Opera; PSI Theatre, Durham; Feb. 18. Contact 919-338-2642 or www.longleaf-opera.org.

DIRTY SOUTH IMPROV FESTIVAL: Largest comedy festival in the Southeast, presented by DSI Comedy Theater; performances at 200 N. Greensboro St. (DSI Comedy Theater), Carr Mill Mall, Carrboro, and at Hamilton Hall, UNC Campus, Chapel Hill; Feb. 21-26. Call 919-338-8150 or visit http://festival.dirty-southimprov.com

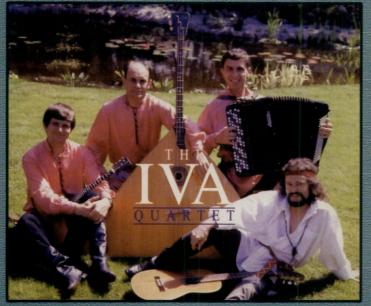
**CABARET:** Musical presented by NC Theatre; Memorial Auditorium, Raleigh; Feb. 26-March 5. Call 831-6950.

UNFORGETTABLE: THE NAT KING COLE STORY: Starring Monroe Kent, III; Wright Auditorium at ECU, Greenville; Feb. 25. Contact 1-800-ECU-ARTS or www.ECU-ARTS.com

**GODSPELL:** Presented by The ECU/Loessin Playhouse; McGinnis Auditorium, ECU, Greenville; Feb. 16-21. For more information 1-800-ECUARTS or www.ECUARTS.com.

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ballet troupe; Grover C. Fields Middle School, New Bern; Feb. 26. Contact 252-637-1119.

PERFORMANCES AT CUMBERLAND COUNTY LIBRARIES: Headquarters Library; Contact 910-483-7727 ext.

- AUTHOR VISIT—DR. ELLIOT ENGEL, THE IMMORTAL KING ARTHUR: Feb. 21.
- · AFRICAN AMERICANS OF NORTH CAROLINA: Performance by Stephanie Durdan, Anthony Morrison & Wanda Wesley, Feb. 23.



EVENTS AT THE CAROLINA THEATRE OF DURHAM: Contact 919-560-3040 or www.carolinatheatre.org:

- BANTAPABA: Presented by Footnotes Tap Ensemble;
- NEW SHANGHAI CIRCUS: Feb. 10-11.
- MOMIX—PASSION: Feb. 14.
- ERFEDOM TRAIN- Feb 17
- NEVERMORE FILM FESTIVAL: Feb. 17-19.

**EVENTS AT THE ARTSCENTER:** Carrboro; Contact 919-929-2787 or www.artscenterlive.org:

- MERRILY WE ROLL ALONG: A-Company Carolina Production of the Sondheim & Furth Musical; Feb. 2-5.
- THE LOVE SHOW: Feb. 17.
- "PATTER-OFF" WITH THE DURHAM SAVOYARDS: Feb. 26.

#### MUSEUMS

WINNERS OF 2005 WILDLIFE IN NORTH CAROLINA PHOTO **COMPETITION:** 31 Award Winning Photos on display; NC Museum of Natural Sciences, Raleigh; thru Mar. 31. Contact 919-733-7450 or www.naturalsciences.org.

BRAIN-THE WORLD INSIDE YOUR HEAD: Explore inner mysteries with this interactive exhibit; NC Museum of Natural Sciences, Raleigh; Thru May 7; Contact www.naturalsciences.org.

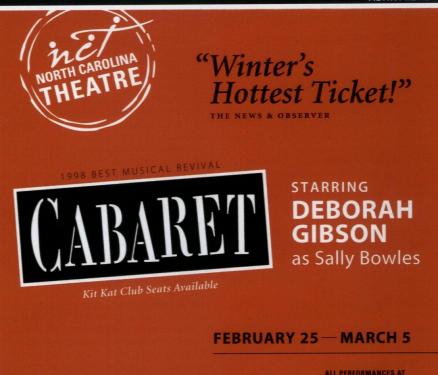
PUNCH & JUDY PUPPET SHOW: Tryon Palace Historic Sites & Gardens, New Bern; Feb. 4, 11, 18, 25. Contact 800-767-1560 or www.tryonpalace.org.

AN INTERSECTION OF ART & CHOCOLATE: Preservation Society of Chapel Hill presents works in mixed media by Hunter Levinsohn; Horace Williams House, Chapel Hill; Feb. 5-26. Opening Reception Feb. 5. Contact

NC MUSEUM OF HISTORY: Raleigh; Contact 919-807-

- · AFRICAN AMERICAN READING ROOM: Books for all ages, reading list, and crafts; Feb. 4-5, 11-12, 18-
- AFRICAN AMERICAN HISTORY TOUR: Explore the lives and deeds of African Americans who have called

- SCOTT AINSLIE: Master Blues Musician honors



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BLACK-AMERICAN HISTORY MONTH PROGRAMS AT THE 7900 or www.ncmuseumofhistory.org:

- 19, 25-26.
- North Carolina home; Feb. 4, 11, 18, & 25.
- · HISTORY STORIES FOR CHILDREN: Feb. 4.
- HARD TIME DAYS AND THE SPIRIT TO PREVAIL: Feb. 11
- African American roots of the blues tradition; Feb.

### Hilltop Home Presents its 6th **Annual Night at the Theatre** March 15, 2006 **Lavish Champagne Reception** 7:00 pm Show begins at 8:15 pm

Featuring:



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Hilltop Home is a private, nonprofit residential center that serves children with severe developmental and medical disabilities. FOUR STONE SCULPTURES: Large-scale marble works by Horace Farlowe, Distinguished Professor Emeritus, Lamar Dodd School of Art, University of Georgia, Athens; on exhibition in West Wing Gallery, Greenville Museum of Art, Greenville; open until Feb. 19. Call 252-758-1946.

EVENTS AT THE LOUISE WELLS CAMERON ART MUSEUM: Wilmington. Contact 910-395-5999 ext. 1005 or www.cameronartmuseum.com:

- MAUD GATEWOOD—FROM MEMORY: 25 paintings from 1960-2003; Samuel Hudson Hughes Wing; thru April 16
- HENRI MATISSE, JAZZ 1947: 20 prints by Matisse along with lectures & free public programs of Jazz; March-June 2006.
- COMPOSERWORKS: Music by North Carolina Composers & performances by area musicians; Feb. 5.
- ARTISTSPEAK: Matt Dols discusses photography; Feb. 5.
- MUSICPLAYS: Liz Pina performs classic jazz; Feb. 10.

**CIVIL WAR LIVING HISTORY:** Museum of the Albemarle, Elizabeth City; Feb. 11. Call 252-335-1453.

**GEORGE WASHINGTON BIRTHDAY REMEMBRANCE:** Museum of the Albemarle, Elizabeth City; Feb. 22. Call 252-335-1453.

#### POTPOURRI

CAROLINA CHOCOLATE FESTIVAL: Sampling, cooking competitions, chocolates for sale and a special Saturday afternoon event, "Champagne & Truffles," presented by artists Robert Irwin and Bob Rankin, all benefiting local charities; Crystal Coast Civic Center, Morehead City; Feb. 4-5. Contact 252-504-2203 or www.carolinachocolatefestival.com.

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CELEBRITY DAIRY SPRING OPEN BARN DAY: Celebrity Dairy, Siler City; Feb. 12. Contact 919-742-5176 or www.celebritydairy.com

CHRISTINE TODD WHITMAN, former head of Environmental Protection Agency & former Republican governor of New Jersey, to speak about battle for the heart of the GOP; Hill Hall Auditorium, UNC-Chapel Hill; Feb. 13. Call 919-843-6339 or visit http://college.unc.edu.

AN EVENING AT VERSAILLES: 7th Annual Valentine's Dinner Dance Soirée, sponsored as a fundraiser by Friends of the S. Rudolph Alexander Performing Arts Series; Rock Springs Center, Greenville; Feb. 14. Call 252-737-1106 or visit www.ecu.edu/ecuarts.

CRAVEN COUNTY TOURISM DEVELOPMENT AUTHORITY ANNUAL TOURISM SUMMIT: Riverfront Convention Center; New Bern; Feb. 14. Contact 800-437-5767 or www.visitnewbern.com

**HISTORIC PRESERVATION SOCIETY OF DURHAM LUNCH** & LEARN SERIES: A Mill Village in Durham with John Schelp to moderate panel; Pop's in Peabody Place, Durham; Feb. 15. Contact 919-682-3036.

**AUTHOR JOAN CARRIS:** The author, educator, journalist & radio commentator to speak; Craven Community College, New Bern; Feb.16. Call 252-638-7295.

USE AND CARE OF ANIMALS IN BIOMEDICAL RESEARCH: With Dr. Mary Grant of the National Institute of Environmental Health Sciences; Meeting Room, NC Museum of Life and Science, Durham; Feb. 18. Contact 919-220-5429 or www.ncmls.org.

**KAPLA BUILDING BLOCK CONTEST:** Kapla Block sets will be awarded to best in show; NC Museum of Life and Science, Durham; Feb. 19. Contact 919-220-5429 or www.ncmls.org.

**NINTH STREET SHAKESPEARE CLUB:** Discussion of Love's Labour's Lost; Bean Traders, Durham; Feb. 20. Contact 919-643-0051.



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A RAISIN IN THE SUN AUDITIONS: Cape Fear Regional Theatre, Fayetteville; Feb. 21. Call 910-323-4234.

A STARRY STARRY NIGHT—DINNER & AUCTION: Proceeds benefit Assistance League of Raleigh; North Ridge Country Club, Raleigh; Feb. 24. Contact 919-235-4554.

ANIMAL DEPARTMENT TOUR: How Animal Department staff cares for and manages over 120 species at the Museum; NC Museum of Life and Science, Durham; Feb. 25. Contact 919-220-5429 ext. 313 or www.ncmls.org.

KENAN-FLAGLER BUSINESS SCHOOL—DEAN SPEAKER SERIES WITH TERDEMA USSERY: President/CEO of Dallas Mavericks & HD Net; Koury Auditorium at UNC, Chapel Hill; Feb. 28.

DIVAS 2006: Raleigh Little Theatre's Annual Fundraiser, featuring 10 women stars of RLT, who will sing in competition to be named RLT Diva 2006 (audience votes for favorites by donating to RLT's year-round education and performance programs); RLT's Cantey V. Sutton Theatre, Raleigh; March 4. Call 919-821-3111 or visit www.raleighlittletheatre.org.

SPRING RENEWAL WEEKEND: Hosted by Pinehurst Resort and Spa, three days/two nights including accommodations at Holly Inn, gift card for spa treatments, seminars, gourmet dinner & other amenities: \$499; Pinehurst Resort & Spa, Pinehurst; March 17-19. Call 800-487-4653 or visit www.Pinehurst.com.

**TWELFTH NIGHT AUDITIONS:** Cantey V. Sutton Theatre at Raleigh Little Theatre, Raleigh; March 6-7. Contact 919-821-4579.

EVENTS AT CUMBERLAND COUNTY LIBRARIES: Headquarters Library; Contact 910-483-7727 ext. 210 OR East Regional Branch; Contact 910-485-2955:

- WE WEAR THE MASK—BLACK HISTORY TRIBUTE TO PAUL LAURENCE DUNBAR: East Regional Branch; Feb. 7.
- AUTHOR VISIT—TANYA BIANK: Discussion of her debut book Under the Sabers: The Unwritten Code of Army Wives; Headquarters Library: Feb. 8.
- FRIENDS OF THE LIBRARY PUBLIC BOOK SALE: Headquarters Library; Feb. 11.

EVENTS AT THE JC RAULSTON ARBORETUM: Ruby C. McSwain Education Center, JC Raulston Arboretum, Raleigh; Contact 919-515-3132;

- A WALK IN THE WINTER GARDEN: Slide show, lecture, & walking tour; Feb. 12.
- FRIENDS OF THE ARBORETUM LECTURE: Looking for Linnaea—Geographic Stories of North Carolina; March 2.

**EVENTS AT ROANOKE ISLAND FESTIVAL PARK:** Manteo; Contact 252-475-1500 or www.roanokeisland.com:

- AFRICAN AMERICAN BLUES CONCERT: Music of Mike Hood & Davis "Honeyboy" Edwards; The Film Theatre: Feb. 17.
- ROANOKE ISLAND 1862: A Civil War Living History Weekend; Feb. 18-19.

EVENTS AT SENATOR BOB MARTIN EASTERN AGRICUL-TURAL CENTER: Williamston; Contact 252-792-5111 or www.ShowWithUs.com:

- FUZZY & FUN OPEN HORSE SHOW: Feb 4-5.
- MARTINGANZA '06: Feb 9-12.

Our thanks to Cyndi Harris, Mary Younger for their assistance with MetroPreview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.



# Artist-at-Large

#### **Force Of Culture:**

#### **ACKLAND PACKS A PUNCH**

eing lucky enough to live in Ye Olde Chapel Hill for the past couple of decades has given me plenty of opportunity to scope out the arts here, and one of the places near and dear to my heart has always been that bijoux, the Ackland Museum www.Ackland.org, located on the campus of UNC. With Mr. Ackland's body right there for all eternity right off the lobby underneath his effigy of bronze, I never know if I should cross myself or leave flowers as I make my way into the building. The Ackland might not be the largest museum in our midst, but I dare you to come up with another museum of the same size that packs such a cultural wallop.

I recently popped in to talk with the Ackland's director Gerald Bolas, only to have him drop the bomb that he was leaving in April. Sitting in his cool Zen office with the café au lait walls, Bolas said that, after being the director of three museums in a row, he is now ready for a change of pace. I'm certain he will be greatly missed. Under his guidance, attendance grew at an astounding rate, and Bolas was influential in the acquisition of many of the more notable works of Japanese ceramics and Hindu and Buddhist artworks. He told me flat out that he was an "evangelist of art," which is apparent in the Ackland's groundbreaking Five Faiths exhibition that has gone on to influence museums around the globe.

As we toured the collection, it was easy to see the enthusiasm that Bolas has for the world of art in the curve of a ceramic bowl, the delicate lacquer of a Tibetan book cover or the excitement of 21st-century computerized images. The Ackland also possesses a lovely collection of old master paintings. And the contemporary collection isn't anything to sneeze at. The next time you are in town, go take it all in, and thank Gerry Bolas for his commitment to this great institution.



Diane Amato, "Barbie's Tattoo Parlor"

Something must be going on in the museum world, because over at our own North Carolina Museum of Art, curator Huston Paschal is also giving up her perch after several decades of service. I wonder if museum retirements come in groups of three ... who could be next?

#### **SWEET ARTS**

This is February, so it's a sweet time for sweethearts and there is no better place to show your love of both art and sweets than at the annual SWEET ARTS 2006 to benefit the Durham Art Guild www.durhamartguild.org. This tasty event, with artwork for auction and enough sweets to eat to guarantee a mouthful of cavities, takes place on Saturday, Feb. 11 from 8-11 p.m. The

event always has a wide range of donated artworks to bid on, from stunning photographs by the talented duo of Nanny Studios to the paintings of the always enthusiastic and generous Marcia A. DiMartino. The admission is a measly 20 bucks—you can get more info by calling up folks there at 919-560-2713. The Eddie Thigpen Trio featuring Brother Yusef will be jamming while you are there, so hang on tight to your champagne while you are dancing ... I wouldn't want you to lose a drop.

#### **URBAN GROOVE**

Branch Gallery www.branchgallery.com, formerly of Carrboro, has given up its spot on Weaver Street for much more glam digs located at 401C Foster Street in downtown

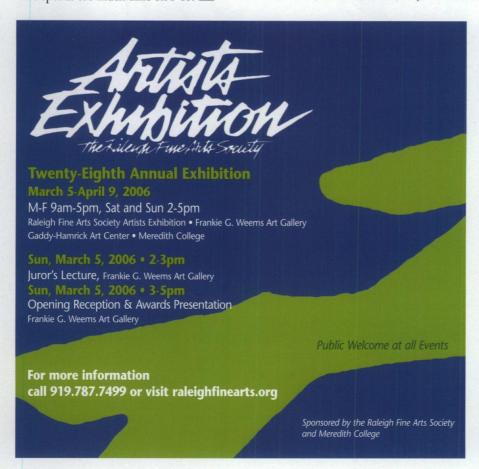
Durham (lock your car doors). Cool, funky exhibits by both Joshua Abelow and Katy Clove will be on display through March 4, so you still have plenty of time to check out the new space while the paint is wet. The folks at Branch Gallery have a fresh urban groove going on, perfect for that swank new loft you just bought off of Glenwood South.

#### SOFT FOCUS AT SOMERHILL

Joe Rowand, over at Somerhill Gallery www.somerhill.com in Chapel Hill's own beautiful Eastgate Shopping Center is presenting the work of Carol Bechtel until the 16th of this month. Bechtel is a Florida gal who has a smooth touch when it comes to making large-scale paintings about color. They remind me of soft-focus Rothko's ... or the visual equivalent of Valium—actually very pretty. Pretty enough, in fact, that Neiman Marcus recently had her create two works for the store in the new Millennium Mall in Orlando. While they may not be the most intellectually stimulating paintings on the planet, they are perfect for rowdy households where the kids are on Ritalin or the husband is a frazzled-out personality "A" type who spends too much time on I-40.



Carol Bechtel, "River of Grass", acrylic on canvas





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# Between you and me ...

#### PLEASE DON'T FORGET NEW ORLEANS

ife is funny. We grow cynical, and then some simple unexpected act renews our faith. That happened to me just last week.

I found a 9-by-12 manila envelope marked "Do Not Bend" in my home mail box. I am thankful US Postal Service personnel honored the simple request, because the contents were pretty special. The thin package was from Miriam Rubin and her husband David Lesako, acquaintances through the Southern Foodways Alliance. Miriam and David live in New Freeport, Pennsylvania.

I don't know where New Freeport is, but I do know that Miriam is a talented food writer and cookbook editor and that David, besides being an artist of some reputation, has a passion for disassembling, reconstructing and conserving log buildings

I see Miriam and David once a year, at most, and we always greet each other warmly and enjoy each other's company during the two or three days we are together. At the beginning of last year's hurricane season, we were in New Orleans attending a symposium on "Sugar in the South" when Hurricane Dennis threatened to smack the city.

Mind you, this was before Katrina, but *The Times-Picayune* newspaper explained in great detail what could happen if the full force of a major hurricane hit "The Big Easy." I can testify that no one reasonably informed in New Orleans had reason to be totally surprised by Katrina's wrath.

I was shocked that a major American city was considered that vulnerable to the forces of nature. "No way," I said to myself. Admittedly, I knew nothing about levees except the one on the Tar River that Hurricane Floyd's waters crested, inundating Princeville. And I had visited Amsterdam and Venice, both cities built below sea level, and folks there seemed to have figured out how to live with the elements. So, why worry? I cased the hotel and determined there was a secure inner core with no windows where I could ride out a powerful storm for a few hours, and let it go at that. I never once contemplated what it

would be like to be stranded for days in a hotel with 10 feet of water in the lobby and anarchy outside.

Having ridden out Hurricane Hazel as a child and experienced bits and pieces of other hurricanes over the years, I decided a hurricane—even in New Orleans—was



View from Jean Lafitte's Blacksmith Shop and Bar French Quarter, New Orleans, by David L. Lesako, woodcut

really nothing to get excited about. I was having far too much fun to high tail it back to North Carolina. So, like almost everyone else in the SFA delegation, I ignored the evacuation order that was slipped under my hotel room door. If we had only known, we would have trampled each other in the lobby. In fact, Dennis gave New Orleans a by, making landfall substantially to the east. But, as history now tells us, a couple of months later, Katrina didn't.

Miriam and David were the exception. In an abundance of caution, they packed up and headed home to rural Pennsylvania. However, before they left they found time for a drink at Jean Lafitte's Blacksmith Shop and Bar in the French Quarter. As they sat savoring the sights and sounds,

David sketched the view through the open door—and that is how this story of kindness and generosity started.

The envelope I received a few days ago contained a signed, limited-edition wood-cut (mine was 20/70) that David made from the sketch. Miriam wrote, "This print was made from a sketch David drew this summer in New Orleans. Before Katrina hit and changed everything. Please don't forget New Orleans." She then asked, "If you can, send a donation to one of the following groups: New Orleans Musicians Hurricane Relief Fund, Higher Ground Hurricane Relief Fund or the American Red Cross Disaster Relief Fund."

I gladly wrote a check to the New Orleans Musicians Relief Fund and mailed it along with a note to Miriam and David thanking them for helping us remember New Orleans in such a meaningful way. I figure their efforts have resulted in several thousand dollars in contributions. What a thoughtful way to use one's talents.

Before sitting down to write tonight, I called a friend in New Orleans for an update. He is a writer, also, and knows News Orleans and its restaurant and hospitality industry inside out. I was expecting to get a pep talk from him—assurances that the city that has received many of us so graciously over the years, and wined and dined us beyond every reasonable expectation, is on the mend.

I expected, "Yeah, we're getting it together down here. What's happening in North Carolina?" There was none of that—just weariness and frustration.

Though he was largely spared, months of living in the city that used to be and seeing the lives of dear friends in disarray have taken a toll on him. New Orleans was his city. What is left of it still is. But New Orleans is diminished and so is his spirit, but, like the city, only temporarily, I pray. I felt I was intruding, so I cut my questions short and beat a hasty retreat.

However, I understand better now why we must not forget New Orleans.

The fact that hundreds of thousands of people have been uprooted and family members scattered randomly across the nation would be tragic in any circumstance. However, my friend reminded me that it is particularly tragic in Louisiana, which has the highest percentage of its residents born in the state of any state in the union. New Orleans before Katrina was in many ways about families and the interdependence and internal support systems that come with them. In that regard, it had much in common with Down East. Katrina destroyed a city. It also destroyed a centuries-old social system.

Some of the city's restaurants are struggling back to their feet, but each is a unique effort. Some owners are trying to wrest loans from the Small Business Administratin (SBA)—a bureaucratic nightmare, I understand. Others are still attempting to convince family that starting over makes sense. In restaurants now operating, the apparent normality displayed in the front of the house is deceiving, I am told. Every employee is a precious commodity. Some wish the last customers good night, turn out the lights and then sleep on the premises. "Chief cooks" are apt also to be bottle washers. The litany goes on. But you can still find good food

and gracious hospitality in New Orleans.

However, world-famous Commander's Palace, owned by the Brennan family of Bananas Foster fame, is shuttered. Prominently displayed on the website of their flagship restaurant, Brennan's, is a simple message that speaks volumes: "Attention Employees: Please click here to give us your address and contact information so we can reach you."

The venerable dovenne of traditional New Orleans cuisine, 84-year-old Leah Chase, who, with twin grandsons and faithful long-time employees, operated Dooky Chase, lost all and is living in Baton Rouge. One friend reported she had been out cooking for evacuees. But she is determined to return and resurrect the restaurant where she pulled out all the stops for us last summer. Her piece de resistance was "gumbo des herbes" seven different kinds of greens (has to be an odd number, she said) cooked together and seasoned with hunks of sausage, ham, beef, secret things and wild pepper grass like we chewed on as kids in Harnett County. Oh, my, was it good. Bill Smith, who was in New Orleans, also, now has it on the menu at Crooks Corner in Chapel Hill.

Efforts are being made to help people cobble their lives and livelihoods together. In July 2005, SFA honored Willie Mae Seaton, the 89-year-old fried chicken wizard and proprietor of Willie Mae's Scotch House. Now the organization is partnering with the Heritage Conservation Network to save her Katrina-ravaged establishment—a landmark neighborhood restaurant in a historic vernacular building.

SFA members are signing up for a series of three-day workshops aimed at preserving and repairing Seaton's home and attached business. They will continue through Feb. 10-12. Interested? Check www.southernfoodways.com. Volunteers pay for their own transportation and lodging, work hard during the day, and then join locals for dinner at one of SFA's member restaurants, such as Upperline, Restaurant August, Bayona, Cuvee, Jacques-Imo's, Emeril's, or Herbsaint.

Obviously, there is more to New Orleans than food. But between you and me, the city's cuisine, along with its music and, yes, drink, was its very soul.

Please don't forget New Orleans.



# CAN PUBLIC TELEVISION TAKE YOU TO NEW HEIGHTS?

Ask Mary & Tom Wagner.

Meet Tom Wagner, a retired radiation biologist with the U.S. Public Health Service from Pittsboro, and his wife, Mary. One day nearly 30 years ago Tom and Mary were watching a program on the Oshkosh Experimental Air Show on UNC-TV, and Tom casually mentioned that he had always wanted to learn to fly. To his surprise, Mary said that she had been a member of the Civil Air Patrol as a teenager and that she also had always wanted to fly.

Inspired by their mutual dream—and with a little encouragement from public television—they found their way into the Chapel Hill Flying Club, where they both enrolled in flight school. Family responsibilities prevented Mary from completing her lessons, but

Tom received his pilot's license in 1977, and the two of them flew single engine planes together through the Flying Club for years, with Mary pitching in with navigation skills.

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# by Molly Fulghum Heintz

#### THINK PINK FOR YOUR VALENTINE

his month brings Steve Martin's long-anticipated revival of The Pink Panther to the silver screen. While Martin may be the only man who could fill the klutzy shoes of Peter Sellers' Inspector Clouseau, it's unlikely that the new flick will be able to capture the groovy glamour of the 1963 original. That classic featured a soundtrack by Henry Mancini, the main action taking place on the slopes of the Italian Alps, a lot of very mod fashion, and a cast that included the suave David Niven, a young Robert Wagner, and a regal Claudia Cardinale. How could "Panther Redux" even begin to compare to "Panther I" style-wise?

The big red bulls-eye of Valentine's Day looms large on the February calendar. But this year, rather than trying to concentrate all the love into one high-pressure, overrated, destined-for-disappointment day, why not spread the red around to all the other empty white squares and instead Think Pink-"Panther I Pink"-all month. With a little effort at creating the right ambience, you can have such a swinging time all February that you may even regret that it only has 28 days.

Don't have a ski-lodge-worthy hearth? No matter, it's what's in front of the fireplace that counts more. Prop your pad

with a cool zebra rug by Jonathan Adler. The black-and-white striped rug comes in the shape of an animal skin but it's actually a woven textile and 100 percent zebrafree (\$875). To make things even cozier, throw in Adler's saucy "Sins" pillow (\$165); this little gem spells out the seven deadly ones in embroidery and comes in handy in case you were wondering if what you were doing was only a little bad or getto-church-on-the-double bad (www.jonathanadler.com).

Speaking of sinful, Frédéric Malle has given the newest perfume in his curated collection the evocative name "Carnal Flower." Developed by perfumer Dominique Ropion, the scent features that most tempting and expensive of blossoms, tuberose (\$230) at Barney's New York, 212-826-8900. A few spritzes and who knows what might happen. An assistant acting as guinea pig for Malle's last big hit, Musc Ravageur by perfumer Maurice Roucel, reported that one man found the scent so intoxicating he chased her out of the subway.

Obviously, there are many ways to light a fire. If your fireplace doesn't allow for actual burning embers that produce the lovely smell of wood-smoke, you'll also need to scent your airspace. Claus Porto,



Jonathan Alder zebra rug



Jonathan Alder "Sin" pillows

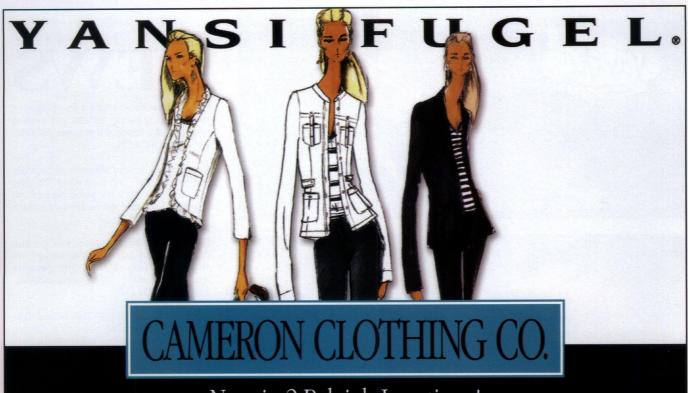


Frédéric Malle "Carnal Flower



Claus Porto candles; Alface (left), Tobaco (right)

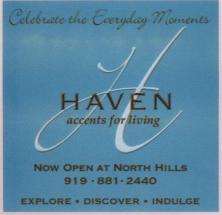




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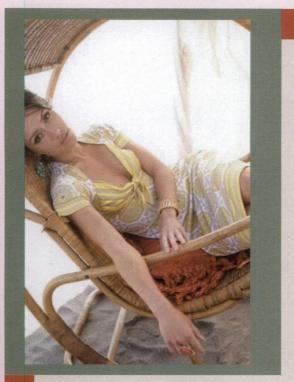












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# NEWS

Feb. 5; **Razook's** will hold a Paule Vasseur trunk show featuring cocktail and evening wear from the spring and summer 2006 collection, 919.833.6121.

Razook's will host an afternoon of cocktails and couture from 3-5 p.m. every Thursday this month. A surprise percentage off on select merchandise will be announced each week

Feb. 8; Saks Fifth Avenue will present Designer Focus Day with the spotlight on Moschino: Cheap & Chic. The designer focuses on young, fashionable clothing. Raleigh, 919.792.9100.

Feb. 9; **Saks** will host "Denim and Diamonds," a night of private shopping, dancing and dining from 6-9 p.m. to benefit the Boys and Girls Club. Tickets cost \$50 in advance or \$65 at the door and include a catered dining experience provided by Bamboo Club and Bonefish Grill, silent auction participation and an open bar. Five percent of all proceeds will be donated to the Boys and Girls Clubs. For information and to purchase tickets, visit www.deninanddiamonds.org.

Feb. 12-18 will be Urban Safari Fashion Week at **Saks** featuring Escada. Ivory linen pieces with semi precious stone treatments and chiffon animal print accent pieces will be showcased all week. A representative from Akris-punto will be in the store to talk about spring wardrobes Feb. 14-15. National wardrobe stylist Liz Burpoe will be on site to provide insight on spring fashion Feb. 16-17.

Feb. 13-18; **Fine Feathers** will host several designers at a special occasion event this week. Designers featured will include Badgley Mishka, Marissa Baratelli, Mark Heister, Richeline, Teri Jon, Sunny Choi, Sera B. and Rodo Bags. For information, call 919.942.3151.

Color is in this month at **Jewelsmith** and they are making it known through a storewide sale of colored stone jewelry. They will feature a selection of new colored stones from pink sapphires to yellow diamonds. Erwin Square in Durham, call 919.286.2990 or visit www.jewelsmith.com.

**Vermillion** is pleased to announce the arrival of the new spring lines including Zac Posen, Proenza Schouler, Michael Kors, Tory Burch and Balenciaga. Raleigh, 919.787.9780.

**Von Kekel Salon Spa** has opened at the Lassiter/North Hills location. Come by for a visit or book an appointment today. 782-0808.



Eberjay Vintage Stripe



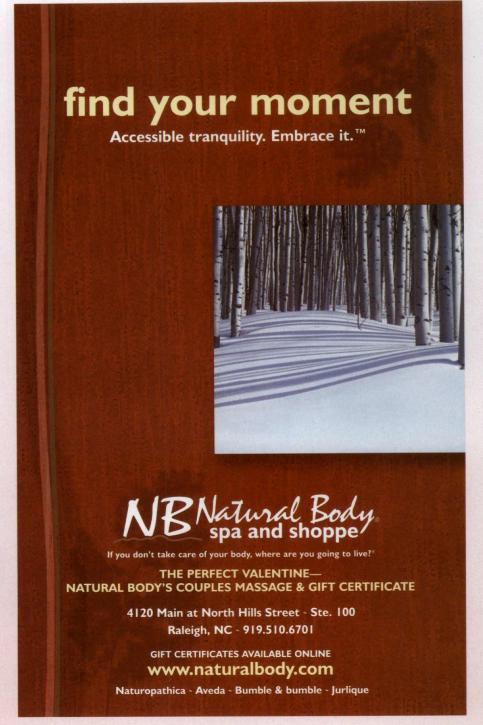
Hanky Panky Lace Chemise

purveyor of the world's best and most beautifully packaged bath products has a new line of scented candles. Create a smoky ambience with "Tabaco," the latest addition to the line, or lightly sweeten your space with the almond-scented "Alface" (\$30 each at Aedes des Venustas, www.aedes.com).

The scene is set, the air is fragrant, enter the Lady in Pink. Today so many grades of lingerie are available that it helps to begin the search for the perfect little something at a place like www.figleaves.com. An online emporium of "foundations," as they might say in '63, www.figleaves.com carries designer pieces in every size under the sun, and the over



Skin's white cotton Hippy tunic



Elle Macpherson's collection; Dentelle bra and matching bikini (top) and Ribbon bra with matching bikini (right)

3,000 women's styles are even searchable by color. For something in the Valentine's spectrum, check out Hanky Panky's red stretch

lace chemise (\$90) in pink Vintage Stripe by Eberjey (\$74), or Skin's simple but sexy white cotton Hippie tunic (\$96). The newest designer on the lingerie scene is model Elle Macpherson, who has launched an elegantly alluring first collection. The Ribbon bra (\$55) and matching bikini (\$26) feature black satin ribbon alternating with nude mesh, while her Dentelle bra (\$60) and bikini (\$28) are delicate veils of embroidered lace (www.saksfifthavenue.com).



For the final feline touch to a Miss Panther face, skip the lipstick and concentrate on '60s-style intense eyes framed by lashes that you can bat, bat, bat. Try Lancôme's new L'Extrême

mascara (\$22) in its distinctive curvy

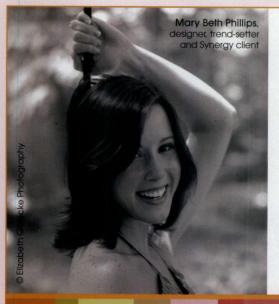
tube. Or take it up a notch with Sephora's Flirt It Lash Duo false evelashes; the kit includes a full-size and a half-size set

Lash Duo

Sephora's Flirt It

set for an all-out Bette Davis flutter

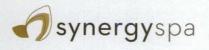
for a "cat-like lift" (www.sephora.com). Purr-fect! MM



### a new year, a new you

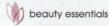
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# Gourmet

by Moreton Neal

### **CHOCOLATE: THE FOOD OF LOVE**

he long month and a half between New Year's and Valentine's Day is the most austere period of the year, gastronomically speaking. Holiday gluttony results in loosening the belt, then guilt and self-loathing set in. After one last feast of black-eyed peas and collards, many of us crank up just enough willpower to reduce food intake until all hell breaks loose in the name of Saint Valentine. At last, it's time to abandon inhibitions, to fall in love again, to resume an illicit affair ... with chocolate.

Not that chocolate is the exclusive territory of Valentine's Day. Chocolate sales certainly don't suffer on Easter, Halloween or Christmas. But even more than red roses, chocolate is the gift most often given on the day of love—and with good reason.

elixir each day.

In 1528 Cortes brought cacao to Spain where the beans were crushed and mixed with water and other New World imports—cane sugar, vanilla, allspice and cinnamon. The tantalizing result was reserved for Spanish royalty for almost a century until 1615, when the daughter of Spanish King Phillip II, a chocoholic, refused to leave home without her fix, thus introducing chocolate to France when she married Louis XIII.

Credit goes to the Sun King, Louis XIV, for sharing chocolate with the rest of Europe. It was so popular at his court at Versailles (in part because of its association with erotic pleasure) that he appointed an agent to manufacture and sell it to produce an income stream. Once the secret was out, chocolate's



Hereghty's Heavenly Delicious

Chocolate has been associated with eroticism for over a millennium among the natives of Central America where the cacao plant originates. Its bean was the basis of a thick, bitter drink introduced to Spanish explorer Cortes by Montezuma, ruler of the Aztecs. Believing it to be a libido enhancer, the king reputedly drank dozens of goblets full of the

reputation as an aphrodisiac flourished in Western Europe throughout the 17th and 18th centuries. Infamous lovers, the Marquis de Sade and Casanova, used it for seductive purposes. Madame de Pompadour drank it to stimulate desire for Louis XV, and Madame du Barry, reputedly a nymphomaniac, gave it to her beaux to enable them to

#### **CHOCOLATE GANACHE**

For 15 years, Fred Benton and I hosted the radio show Food Forum. Every week we interviewed chefs, restaurateurs and cookbook writers from all over the country. On my wedding day, Fred planned a special show. He arranged for several food celebrities to call in with their "recipes" for a happy mar-



riage—and invited my fiancé to join us in the studio. One of the guests was Marcel Desaulniers,

author of a popular cookbook, *Death by Chocolate*. Asked about the secret of his successful relationship, Marcel responded, "My wife and I love making ganache together." Fred, my fiancé and I tried to suppress a collective guffaw, all sharing the same thought—was this radio-speak for "whoopee?" But Marcel was utterly serious. He and Madame Desaulnier, both chocoholics, routinely cook up a batch of ganache, a classic chocolate spread used in meringues, on cakes, as a base for ice cream sauce and for hot chocolate.

I can't guarantee that this recipe is an aphrodisiac (my husband and I never did take that particular advice, his idea of love food being a rib-eye; mine, oysters), but here is Marcel Desaunier's recipe for ganache. Try making it with your sweetheart and see what happens:

12 ounces best-quality semisweet baking chocolate, coarsely chopped

4 ounces best-quality unsweetened

baking chocolate, coarsely chopped 2 cups heavy cream

2 tablespoons granulated sugar

Place the chopped chocolate in a medium sized stainless steel bowl. Set aside. Heat the cream with added sugar in a saucepan over medium heat just to the boiling point. Immediately pour the cream over the chocolate and allow to stand for 5 minutes. Stir with a whisk until smooth.





A Southern Season (top) and NOFO (left)

keep up with her.

In those days, chocolate was imbibed, not chewed. Chocolate candy as we know it wasn't developed until the early 19th century when English candy makers, the Cadbury Brothers, created the bonbon. Americans knew chocolate only in powdered cocoa form until London's international trade exposition showcased chocolate creams in 1851. The chocolate rush was on.

Up until that time, America had shied

away from chocolate (the Puritans feared its stimulating effects). But by the late 19th century the Baker Company, followed by other manufacturers, Hershey and Mars, mass-produced chocolate candy in America, setting the standard for over a century. Most of us grew up titillated by Hershey's Kisses. In matters of romance, a Whitman's Sampler was considered as seductive as a bouquet of roses. But once exposed to truly fresh, high-quality chocolates (such as Leonidas, Neuhaus, Cotes

d'Or, even Godiva), there's no turning back. Most chocolate connoisseurs consider massproduced chocolates to be flavored wax, unfit for human consumption.

A tip for the suitor who seeks to impress the object of his affection—if you are even thinking about dropping by Eckerd's for a heart-shaped box of Whitman's or Russell Stover: Stop! In the name of love! Turn that car around and head straight for A Southern Season in Chapel Hill.

Those of us who remember Michael and Stephen Barefoot's tiny tea and spice shop 30 years ago would never have imagined that A Southern Season would grow into the largest specialty food store in the world. Of its 10 different departments, the most popular and well known is chocolates, offering literally hundreds of different types, all hand-picked by the store's candy buyer Joyce Fowler. Purists may want to stick with the store's own private label truffles from Belgium, but Fowler searches all over the world for unusual choices. Part of the fun of shopping at A Southern Season is in tasting the goodies. Its staff is trained to please. Just ask to try some

of this year's trendy flavors, including Dolfin's chocolate with garam masala, Carmelina Rao's with anise, and Fran's milk chocolate with gray sea salt. I'm not sure what message your valentine may infer from a package of Vosge's dark chocolates with passila (extra hot) chiles, but adventurous suitors may find this gift worth the risk.

In Raleigh or Wilmington, visit NOFO for an unusual selection where chocolate expert Anne Downey recommends "Carolina" brand chocolate-covered toffee (made in Wilmington), Neuhaus (the well-known Belgian chocolatier), and a new company, Serenity ("the prettiest wrapped candy in the store"). When asked her personal favorite, Downey cited the salty Fran's, possibly the most intriguing choice this year.

For ladies without a date on cupid's holiday, don't despair. Chocolate causes the release of endorphins in the brain (that chemical that somehow conjures up the giddy, goofy feeling associated with love). So forget that disappointing human object of your affection and join your best girlfriends for a dessert orgy at one of two new Euro-style patisseries in the Triangle. In Raleigh, Hereghty's Heavenly Delicious offers a chocolate mousse cake that may well be better than sex. In Durham,



Amelia's

heavenly and delicious chocolate pastries are available at Amelia's, a Brazilian dessert haven in Brightleaf Square.

Recent scientific studies show that, as Woody Allen predicted in his film, *Bananas*, chocolate is just about the healthiest food since green tea. Not only does it elevate your mood, it limbers up arteries, lowers blood

pressure, even strengthens teeth. There's no need to feel the slightest twinge of guilt in consuming it. Now that we know chocolate loves us, do we desire it quite as much with the pleasure no longer illicit? For the answer, try to take just one bite of Hereghty's chewy chocolate walnut cookie or Fran's salty candy. Then decide for yourself.





# Off the MENU

by Fred Benton

#### NEW MIDTOWNE CUISINE; VALENTINE TREATS

The reincarnation of North Hills Shopping Center is eye dazzling and a lot of fun to explore. For a long time I was a holdout: shopping centers and malls aren't my thing with the exception of Cameron Village. I grew up shopping there in an era where Christmas wasn't Christmas without the official viewing of the window displays at Burton's, a fashionable ladies store of the time. But the news of a hot new restaurant at North Hills was the provenance of my



115 Midtowne

visit to this retail wonderland. In addition, I learned that my friend, long-time manager of the Glenwood Grill, Tim Fletcher, was at the helm of a new enterprise, along with the affable and able Skip Roach (service manager) and the talented Scott Cole (executive chef). This team can't miss, so, urged on by the thought of fantastic food, matched by just the right "uptown" ambience, I visited 115 Midtowne, located in the part of the shopping center anchored by Harris Teeter and right next door to the shoe shop from heaven, Mephisto. A friend and I sat outside and literally ate our way through the lunch menu.

For appetizers we feasted on *Mediterranean Flatbread* (\$7) featuring a Moroccan chickpea crust, topped with Tuscan olive oil, feta, Portobello mushrooms, eggplant, red onion, tomato, roasted garlic and fresh rosemary; *Red Chili Braised Chicken Quesadilla* (\$8) with goat cheese, salsa fresca and chipotle cream; and my favorite: *Grilled Romaine Wrapped Mozzarella* (\$8) featuring proscuitto and herb-grilled Bruschetta.

I loved this appetizer for its assertive "roasted" flavor matched by the taste of overall freshness. It was the perfect pad to launch a taste-bud attack on the entrées.

My lunch companion and I couldn't pass up the Southwest Chicken Salad (\$9) bound with a lemon smoked-chili mayonnaise and served with grilled peasant bread; or the Warm Sicilian (\$10), featuring proscuitto, cappacolla and provolone cheese accented with Tuscan tapenade, herb mayonnaise, all between house-made Focaccia; and the Char-Grilled Burger (\$10), a huge affair with 8 ounces of angus beef, choice of cheese, onion, lettuce and tomato all on a grilled kaiser roll. But my favorite entrée has to be Char-Grilled Filet of Beef Bruschetta (\$14). In this preparation the filet of beef is fork-tender accented with a really superb mild gorgonzola along with arugula, grilled onions and Portobello mushrooms, all presented on seasoned French bread toast-yummy!

There are two items that I didn't sample and will save for the future: the *Sesame Seared Tuna Burger* (\$11) with scallions, lettuce, tomato, spicy mayonnaise, grilled kaiser roll and side of Asian slaw; and the *Cedar Roasted Salmon Fettuccini* (\$11).

Lunch at 115 Midtowne was delightful—an experience I look forward to having many times. And I thank realtor Don Walston, the owner of this fine eatery, for putting this delicious package together. I've also become a fan of North Hills Shopping Center, the upscale ambience that has brought several new restaurants for us all to enjoy: the sophisticated steakhouse JK's, the low country at its best via Savannah's, Asian fusion at Mira's and Southern diner-style food at Pharaoh's.

Located at 4421 Six Forks Road, 115 Midtowne is open for lunch (11:30 a.m.-2:30 p.m., Mon.-Fri.) and dinner (5:30-10 p.m., Mon.-Thurs. extending to 11 p.m. Fri.-Sat.). Reservations are accepted (919-787-8963). Smoking is permitted at the bar only and outdoor seating. In the March edition of this column I plan to present dinner at 115 Midtowne.

#### TAPAS ARE TAMER

Enoteca Vin, a wine bar in Raleigh, may be the vanguard of a hot new trend that's becoming well established in San Francisco.



Enoteca Vin

This past year at least six wine bars, offering small plates of food as simple as chips and dips to more lofty goods such as panini, charcuterie, finger sandwiches and *patés*, have opened to rousing success in the Bay area. And more are in the works! One even offers sake cocktails. The tamer, more laidback atmosphere that a wine bar engenders seems to have definite appeal over spilled whiskey sours and raucous laughter. Three cheers to Enoteca Vin for giving us a taste, literally, of the future!

#### BETTER FARE IN THE AIR

Most of us preparing to take flight carefully check for the best price. Okay, so we settle for flat diet soda and a teeny bag of pretzels to sustain us. A few years ago it became quite hip to carry on our own homemade lunches and snack concoctions, bowing to ever-stringent airline budgets that forewent even the most cursory meals; and what we did get wasn't worth opening the plastic wrap. But now that the Concorde has bitten the dust, there are plenty of wellheeled transatlantic travelers who are more than willing to pay a bundle (about \$5,000) for their gourmet goodies served at 40,000 feet. And airlines are quick to satisfy these gilded consumers with caviar, sophisticated wine lists and meals designed by celebrity chefs. For example, American Airlines now offers a two-page wine list for its lofty customer flying transatlantic in its business or first class—as well as offering dishes conceived by Stephan Pyles, pioneer of the southwestern cuisine movement in the United States. In the airline's first major overhaul of its menus in seven years, American is only one of many transoceanic carriers upscaling its business and first-class perks. This is really the first time since fare deregulation that we've heard of a food fight high up in the clouds.

#### MONTH FOR LOVERS

February is the month for lovers—and I have a recommendation. First, a bed and breakfast that you will read more about in March, but I wanted to mention it since a trip to the coast can be wholly romantic. Match a historic waterfront lined with interesting shops and galleries with a charming niche to call your own, and you have The



Red Dog Inn on Pollock Street in Beaufort, NC. It's elegant for people and fun for dogs! And the owners, Molly and Elwyn Wood, are thinking about providing special treats for romantic couples so check out The Red Dog for Valentine's. The website is www.thereddoginnbb.com. Telephone is 252-728-5954.

A few Triangle restaurants have special plans for the Night of Love (Feb. 14). For example the Glenwood Grill, Glenwood Village Shopping Center, Glenwood Avenue, Raleigh, is offering a special menu for the evening. And what a menu it is!

Choice of appetizers include Crab Gratin in a phyllo cup with blood orange beurre blanc; Oyster Parfait with housemade crackers; Seared Foie Gras over a Granny Smith apple Tarte Tatin with a port wine reduction and an apple cider gastrique; and Ragout of sweetbreads, mushrooms and country ham with white truffle oil.

Entrées include Salmon Wellington with roasted root vegetables and a whole-grain mustard sauce; Grilled lamb loin and braised leg of lamb with goat cheese ravioli and broccoli rabe; Roast chicken, mushroom bread pudding, and asparagus with an herbed chicken jus; Pork Loin stuffed with spinach, country ham and red peppers over mashed potatoes and collard greens with thyme jus;

and Seared duck breast over a caramelized onion and butternut squash gratin, sautéed spinach with a tart cherry demi glaze. Reservations are recommended. To find out more call 919-782-3102.

Of Valentine's Day feasting, Dean Wendel, executive chef of Bistro in the Park, Embassy Suites Hotel, Cary writes:

"Bistro in the Park will be offering a prix fixe four course menu with complimentary glass of champagne. Our regular dinner menu will also be available upon request. We will have a choice of appetizers, salad, entrée and dessert. We will offer three seatings. Approx. 5:30, 7 and 9, evening.

Price range will be around \$40-\$45 per person plus tax and gratuity.

Reservations are recommended. Please call 919-677-1840 ext. 3007."

I also spoke with Mel Simpson, owner and operator of Simpson's Beef and Seafood, located at the corner of Millbrook Road. and Creedmoor Road in Raleigh. This, to me, is one of the most romantic eateries in the Triangle. The restaurant, according to Mel, will be festooned with Valentine decorations. The regular menu will be offered; seatings will be at two-hour

intervals. To find out more call 919-783-8818.

#### **MORE VALENTINE NEWS**

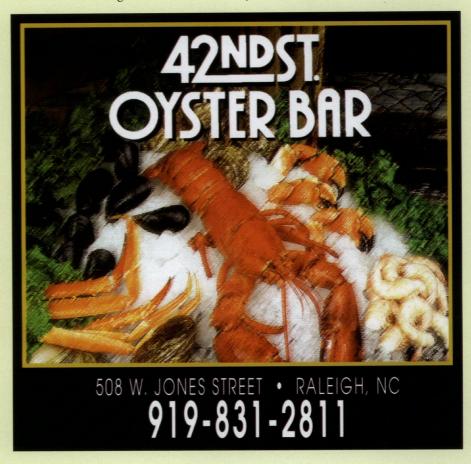
Winemakers can be counted on to help make amour even better. Mark these celebrations on your calendar. According to *On the Vine: Carolina Wine Country News*:

February 14—Sweetheart Dance. Dance the night away in the barrel room. Reservations required. Silver Coast Winery, Ocean Isle Beach, NC. 910-287-2800. www.silvercoastwinery.com

February 14—Valentine's Day Special. Enjoy handcrafted wine-filled chocolates with your favorite red wines. Westbend Vineyards, Lewisville, NC. 336-945-5032. www.westbendvineyards.com

February 14—Valentine's Day Puppy Love Dinner. Prix fixe menu. \$42 fee. 6-9 p.m. Reservations required. Château Morrisette. Meadows of Dan, VA. 540-593-2865. www.thedogs.com

February 21—Mardi Gras Festival. Chef Alex's Gumbo and entertainment. 12:30-4:30 p.m. RayLen Vineyards, Mocksville, NC 336-998-3100. www.raylenvine-yards.com



Metro Magazine's Premiere

## RESTAURANT GUIDE

#### RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh. (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and dinner seven nights a week.

115 Midtowne - 4421 Six Forks Road, Raleigh. (919) 787-8963. Offers a contemporary metropolitan cuisine with multi-cultural influences. The 109 bottle wine list offers opportunity for great pairing of fantastic affordable 'great find' wines (high dollar and economy too) with incredibly fantastic food. Lunch M-F 11:30am-2:30 pm; dinner M-Th 5:30pm-10pm; Friday and Saturday 5:30pm-11pm.

Bogart's American Grill – 510 Glenwood Avenue, Raleigh (919) 832-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun.

Carolina Ale House – 512 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. Carolina Ale House has something for everyone—we serve our award-winning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today; great food, sports and fun.

Hi5 – 510 Glenwood Avenue, Raleigh. (919) 834-4335.
For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thurs., Fri., Sat. Open 7 days. 11:30-2 am. www.hi5raleigh.com.

Maximillians – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillians, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the Cary News Readers Poll. News & Observer praised food as "inventive fusion cuisine" with 3 1/2 stars.

Michael Dean's Wood Oven and Seafood Grill – 1305 Millbrook Road, Raleigh. (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options, as well. Enjoy the wide drink selection, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days.

Mura at North Hills - 4121 Main at North Hills Street, Raleigh. (919) 781-7887. Experience the ultimate Japanese fusion cuisine at Mura, Raleigh's premiere Japanese restaurant and sushi bar. Savor exclusive Kobe Beef and unique fusion dishes in an upscale contemporary setting. Open for lunch and dinner 7 days a week.

NoFo Market and Café – 2014 Fairview Road, Raleigh. (919) 821-1240. 1125 Military Cutoff Road, Wilmington. (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrées. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," Wilmington Magazine, "Best Bloody Mary," Metro Magazine, and "Best Gift Store," www.citisearch.com

The Red Room Tapas Lounge – 510 Glenwood Avenue, Raleigh. (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizersized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tues.-Sat. at 6 pm. www.redroomraleigh.com.

Restaurant Savannah - 4351 The Circle at North Hills
Avenue, Suite 119, Raleigh. (919) 510-9900. Enjoy
Southeastern low-country fare with a modern twist by
co chefs de cuisine Scott Grimm & Jeremy Clayman.
Offering favorites such as She Crab Soup and oyster
stew, as well as a full bar and custom blend coffee.
Open for lunch, dinner, late-night dining and brunch Sat.
and Sun with private dining area for groups and parties,
visit www.restaurantsavannah.com.

Rey's - 1130 Buck Jones Road, Raleigh/Cary. (919) 380-0122. With a vision of quality, Rey's features fine dining with a French Quarter flair, blended with ambience and exceptional service. Owner Rey Arias created a menu offering signature "New Orleans-Inspired" meals. From the highest quality of steaks and seafood to homemade desserts, Rey's offers something for everyone! Customized catering for 6-200 is also available. www.reysrestaurant.com.

Stonewood Grill & Tavern - 6675 Falls of Neuse Road, Raleigh. (919) 847-5304. 1080 Darrington Drive, Cary. (919) 481-0174. Stonewood is a warm, comfortable, inviting place where guests are provided an exceptional dining experience through market fresh, superior quality dishes prepared with passion, complemented by an extraordinary wine list and served with attention to every detail.

Taverna Agora — 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, Sunday brunch, catering available. Taverna Agora, Absolutely Greek.

Twisted Fork – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner. www.thetwisted-fork.com.

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh. (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York-Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Zely & Ritz - 301 Glenwood Avenue, Raleigh. (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates (so that you can order several and share) in an upscale, casual, yet hip and smoke-free environment. Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with the best boutique wine list in Raleigh. Serving lunch, dinner and late night—call for hours and to make reservations.

Zest Café & Home Art - 8831 Six Forks Road, Raleigh. (919) 848-4792. Located in North Raleigh, Zest has been offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio for Lunch, Tues-Sat 11:00am-2:45pm; Dinner, Wed-Sat 5:30pm-8:30pm; and Brunch, Sun. 10:00am-2:00pm. Also, enjoy our Home Art selection of fun and whimsical home accessories, furnishings and gifts.

#### DURHAM/APEX

Café Parizade – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch M-F 11:30 am-2:30 pm and dinner M-Th

5:30-10:00 pm, Friday and Saturday 5:30-11:00 pm. and Sunday 5:30-9:00 pm.

George's Garage – 737 Ninth Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tues.-Sun., 5:30-11:00 pm and Sun. brunch 10:30 am-2:00 pm.

Verde - 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern

Xios Authentic Greek Cuisine – 800 West Williams Street, Suite 100, Apex. (919) 363-5288. Tapas-style Mezethes is the specialty at this family-owned restaurant. Xios is the gathering spot in the Triangle for good food, good drinks and endearing conversation. Join us for a romantic evening with a group of friends or the entire family. Sample menus and wine lists available at www.xioscafe.com.

#### CHAPEL HILL/CARRBORO

Crook's Corner – 610 West Franklin Street, Chapel Hill.

(919) 929-7643. "Sacred ground of Southern foodies."

—New York Times. "The menu combines vintage Bill
Neal with the personal touch of chef Bill Smith. ...The
combination is a winner." —Mid-Atlantic Monthly. Patio
dining, weather permitting. Acclaimed Sunday brunch.
Open for dinner Tues-Sun at 5:30 pm, Sun. Brunch
10:30 am-2:00 pm, www.crookscorner.com

Provence Restaurant – 203 West Weaver Street, Carrboro. (919) 967-5008. Included in Moreton Neal's Top 25 restaurants for 2005, Provence is a casual restaurant in a quaint setting, in the heart of Carrboro, featuring authentic cuisine from the South of France. Fresh seafood specialties, outdoor patio. Serving dinner Monday-Saturday, 5:30 pm. Reservations suggested.

Spice Street – 201 South Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

#### BEYOND THE TRIANGLE

Blue Moon Bistro -119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tuesday-Saturday.

Chef Warren's - 215 NE Broad Street, Southern Pines. (910) 692-5240. Warren and Marianne Lewis invite you to their Southern Pines Bistro offering patrons a variety of delicious specialties from an eclectic menu of anything from Ostrich to Pork Chops. "Local touch, international cuisine," Metro Magazine's Moreton Neal. Open for dinner Tuesday through Sunday.

Deluxe - 114 Market Street, Wilmington. (910) 251-0333. Deluxe offers upscale dining for today's savvy gourmand in an aesthetically stimulating and casual atmosphere. New American style dinners feature innovative creations with worldwide influences prepared with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner every evening at 5:30pm; Sunday brunch 10:30am-2:00pm. Wine Spectator Award of Excellence, All ABC permits. View current menus and wine list at www.deluxenc.com. Reservations suggested.

For more restaurant listings visit www.metronc.com

# Cork Report by Barbara Ensrud



### **FALL IN LOVE WITH OYSTERS AND CHABLIS**

ebruary is an R month, as well as a romantic one, with Valentine's Day just missing the Ides, so oysters are in perfect seasonal step. Reputedly an aphrodisiac, oysters may be

that; they also may just provide a healthy and diverse dose of sea minerals to keep you fit. People are rarely neutral about oysters—they either like them or wouldn't go near one. As for me, I love them—freshly shucked, roasted, fried or delicately stewed—but mostly fresh and glistening on the half shell accompanied by a crisp, dry white wine.

My first pick to go with oysters is French Chablis for its superb mineral flavors that so handsomely accommodate the briny zest of raw oysters. This is one

of those traditional matches that really works for me: oysters and Chablis. As a white Burgundy, Chablis is made of 100 percent chardonnay. This rendition of chardonnay traditionally has little

# "Cicero ate oysters to nourish his eloquence"

-M. F. K. Fisher, Consider the Oyster

or no oak aging and the highly mineralized soil of the Chablis region gives it that flinty, minerally character that works so well with shellfish, especially oysters, and clams, too. Some producers in the Chablis region give their wines, especially at the grand cru and premier cru levels, a little time in oak or barrel-ferment them. For me, unoaked Chablis works better.

A few labels to consider, with little or no oak: Domaine Billaud-Simon, Domaine du Colombier, Maison Joseph Drouhin, Domaine Laroche, Jean-Michel Brocard, La Chablisienne.

Other wines are also popular with raw oysters, particularly sauvignon blanc, as well as the occasional dry riesling or chenin blanc; or a bracing Muscadet from the eastern Loire Valley bordering the Atlantic. Every spring and each November here in the

SAUVIGNO BIANC
BAPA VELLET

US, competitions are held to determine the year's favorite wines to accompany fresh oysters. One is held at the Old Ebbitt Grill in Washington, DC, a venerable seafood haven. The other, sponsored by Taylor Shellfish Farms near Seattle, is organized

by seafood expert Jon Rowley, who coordinates competitions in Seattle, San Francisco and Los Angeles.

I've judged in both and for an oyster lover, it's

heaven. Platters of small, succulent oysters—usually either kumamotos or olympias—keep coming to taste with flights of white wines tasted blind. With each wine one chews an oyster and rates the pairing for what Rowley calls "the bliss factor." Bliss indeed for the oyster lover.

If you want to get a group together for an oyster feast ... and your own

wine tasting, check out Taylor Shellfish Farms (www.taylorshellfish.com). They will ship fresh oysters by the dozen overnight, with several varieties available.

To set just the right mood, you might recall to your companion(s) Hemingway's vivid passage from *A Moveable Feast*:

As I ate the oysters with their strong taste of the sea and their faint metallic taste that the cold

white wine washed away, leaving only the sea taste and the succulent texture, and as I drank their liquid from each shell and

# Wine for Oysters

Young wines are best and freshest, so look for 2004s—these wines also work very well with oysters roasted or fried.

Buena Vista Sauvignon Blanc, CA

Chateau Ste. Michelle Pinot Gris, WA

Dry Creek Vyd Dry Chenin Blanc, CA

Dynamite Vyds Sauvignon Blanc, CA

Foris Vyds Pinot Blanc, OR

Geyser Peak Vyds Sauvignon Blanc, CA

Kunde Estate Magnolia Lane Sauvignon Blanc, CA

Lake Sonoma Winery Dry Creek Fumé Blanc, CA

Pomelo Sauvignon Blanc, CA

St. Supéry Sauvignon Blanc, CA





washed it down with the crisp taste of the wine, I lost the empty feeling and began to be happy again and to make plans.

In choosing a wine for oysters—other than a 2004 Chablis—you might take guidance from the top 10 winners of the 2005 West Coast competition (see box).

#### FOR (OR WITH) YOUR SWEETHEART...

There are many candidates for most romantic wine, but can any of them top



Brut Rosé, the dry (brut means "dry"), pink effervescence that is perhaps the most seductive bubbly of all? These wines have become so popular that most producers of sparkling wine and Champagne produce a little—even if, as at Veuve Clicquot, it's

only 2 percent of total output.

You can, of course, pay a lot or a little, from \$15 for the very good Mirabelle Brut Rosé (made by Schramsberg of Napa

Valley) to \$200 a bottle for the extravagantly delicious and scintillating Taittinger Comtes de Champagne Rosé—



but there's quite a lot of good stuff in between. The sparklers listed here are from Champagne unless otherwise noted, and non-vintage unless a date appears:

Billecart-Salmon Brut Rosé, \$59 Domaine Mumm Blanc de Noirs, CA, \$18

Egly-Ouriet Brut Rosé, \$65 Geoffroy Rosé de Saignée Brut, \$47 Gloria Ferrer Brut Rosé, CA, \$18 Krug Brut Rosé, \$280

Laurent-Perrier Brut Rosé, \$49 Louis de Vernier Brut Rosé

(Cava), Spain, \$20

Mirabelle Brut Rosé, CA, \$14.99

Nicolas Feuillatte Brut Rosé Cuvée Palmes d'Or 1996, \$170

Piper-Heidsieck Brut Rosé, \$32

Pol Roger Brut Rosé 1995, \$63

Pommery Brut Rosé, \$45 Taittinger Brut Rosé Prestige, \$50







Taittinger Brut Rosé Comtes de Champagne 1995, \$200

Taltarni Brut Taché, Australia, \$20 Veuve Clicquot Brut Rosé Réserve 1995, \$75

Here's to the Hedonist in you and your Valentine!





### **Briefly Noted**

## THE MAN WHO TOLD THE TRUTH: A ROBERT CONQUEST READER

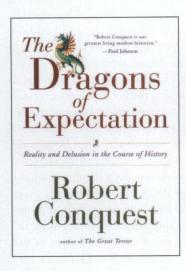
hen President George W. Bush honored 14 recipients with the Presidential Medal of Freedom in 2005, media attention centered on the celebrity boxer Muhammad Ali and, to a lesser extent, singer Aretha Franklin, North Carolina's own Andy Griffith, Federal Reserve Chairman Alan Greenspan and Chairman of the Joint Chiefs General Richard Myers. Almost overlooked in our celebrity culture, another recipient, the cerebral Robert Conquest, was left to congratulations from his scholarly colleagues.

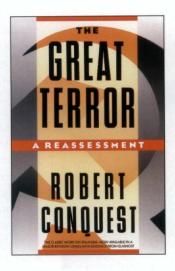
ideologies and the men who served them will always be relevant." Indeed, as President Bush noted, the conflicts of the early 21st century "demand a clear-eyed understanding of the great dramas and tragedies of the 20th century," and "perhaps no scholar has studied that time with as much diligence or intellectual courage as Robert Conquest."

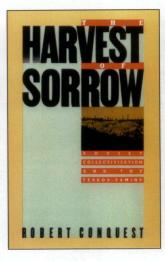
In The Great Terror: Stalin's Purge of the Thirties (1973), Conquest alerted the world to Stalin's terror. After reading it, a former Communist proclaimed on his

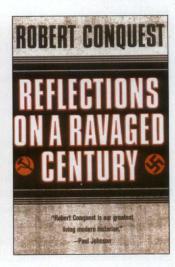
famine—an idea not appreciated then or now by many academic and media elites has been vindicated by more recent scholarship, including *The Black Book of Communism: Crimes, Terror, Repression* (1997, American ed. 1999). (See "MetroBooks" May 2000.)

More recently, Conquest, now in his late 80s, has written *Reflections on a Ravaged Century* (2000, paper 2001). From the historical lessons he has learned, Conquest rejects impersonal historical forces as the causes of the century's catastrophes and









Conquest, primarily a historian but also a poet and novelist and the author of over 20 books, is best known for his histories of the terror and horror of Soviet Communism. President Bush noted about Conquest: "His life began in 1917, the year of the Russian Revolution, whose evil consequences he would so thoroughly and faithfully detail in *The Great Terror* and other memorable writings. The truths he told were not always in fashion. But the cautionary lessons he taught about murderous

deathbed that he could then "die in peace," because through Conquest the story of Soviet terror "is known and it will survive." Conquest's other contributions include Harvest of Sorrow: Soviet Collectivization and the Terror-Famine (1986, paper 1987), exposing the cruelty and catastrophe of Stalin's collectivization of Soviet agriculture, and The Great Terror: A Reassessment (1990, paper 1991). Conquest's early conclusion that criminality lay at the center of Soviet Communism and its terror and

blames instead personal indulgences of ideologies like Marxist Communism, Italian Fascism and Nazi National Socialism. These ideologies, under the likes of Stalin and Hitler, became "mind-slaughter" in Conquest's phrase, with Marxist Communism alone costing approximately 100 million lives.

In The Dragons of Expectation: Reality and Delusion in the Course of History (2005, paper 2006), Conquest continues his criticism of conventional wisdom among

many academic and media elites about Marxism and their portrayal of myths about Communism. Conquest dispels the belief that Communism was about providing for the masses and reminds that it was about forced famine and terror through "mass shootings and hangings." He explains that two versions of Communism have existed—the one mythologized by many academics and media elites of "flourishing and happy" masses, and "the real one" of "poverty, squalor, and terror."

Conquest casts CNN's influential "Cold

War" television series in the mythology version for its treatment of Soviet Communism as morally equivalent with Western capitalism. He also criticizes the pronouncement of prominent Marxist literary critic Fredric Jameson of Duke University that Soviet Communism was a "success" for having "fulfilled its historic mission to force the rapid industrialization of an underdeveloped country." Such academics, says Conquest, are "trained in, or selected for, susceptibility to dogma" and reflect "a mis-educated academe" that has

resulted in "a badly educated citizenry" and a misinformed mainstream media. For a better understanding of the real version of Communism, the academics, media elites and the citizenry should read Conquest.

Conquest was born in England and educated at Oxford. He held academic posts at the London School of Economics and Columbia University, became an adviser to President Reagan and is now a Research Fellow at Stanford University's Hoover Institution. He is a fitting recipient of the nation's highest civilian award.

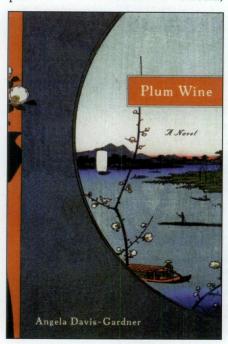
# **NEW AND NOTEWORTHY** by Art Taylor

#### FROM JAPAN WITH LOVE

In a recent interview about her new novel, *Plum Wine*, Raleigh-based author Angela Davis-Gardner paraphrased some comments William Faulkner made during a State Department trip to the Far East in the 1950s. When asked if he would ever write a novel about Japan, Faulkner replied no, claiming that you can't write about a world you don't know. With *Plum Wine*, Davis-Gardner has proven not only that you can write such a book, but also that the process of writing itself provides a possibility, a means of learning about other people, other cultures, other worlds.

The original desire to write about Japan struck the Southern-born novelist nearly 40 years ago when she visited the country as a teacher. "My mother was a foreign correspondent in Japan before World War II," said Davis-Gardner, "and I heard about Japan constantly as I was growing up. I took a course in Japanese literature in translation when I was in graduate school and asked the teacher if I could come teach at her school in Japan. While I was there, I really wanted to write about the country, but I had no idea what the plot would be or if I could even do it. The world there was a mystery to me then, certainly, as it is to Barbara Jefferson, the main character in my book. But I still wanted to write about it. Only years later did I get a plot idea."

Part of the novel's premise mirrors Davis-Gardner's own experiences: A young Southern woman, whose mother was a foreign correspondent, takes a course in Japanese literature at the University of North Carolina and soon finds herself teaching overseas. But beyond that, the story that unfolds is fiction. In the opening pages, a wooden tansu chest full of plum wine is delivered to Barbara,



Plum Wine by Angela Davis-Gardner (Univ. Wisconsin Press 2006, 320 pp.)

bequeathed to her by Michiko Nakamoto, a Japanese teacher who became a friend and surrogate mother but then unexpectedly died. Wrapped around each wine bottle is heavy rice paper covered in Japanese calligraphy, and the quest to translate and understand these writings changes Barbara's life irrevocably: a new romance with Seiji

Okada, the man who helps her to read the papers—and the unexpected risks associated with this lover; a new understanding of Japanese culture, society and history, particularly with the legacy of World War II and the then-contemporary news stories about US involvement in Vietnam; and ultimately the character's new understanding of herself.

"When I started writing, I had no idea what was on these papers, and I had no idea what was going to be changing, so I leapt into the air with it," said Davis-Gardner. "That was the most wonderful part of writing the book: the discoveries I made as I went along. And these discoveries also made up for my sense of failing to measure up in some way when I was living in Japan originally in the mid-1960s. I was too young then to get a handle on what I could have learned, but by the time I wrote this book, I was able to learn these things about war and about a love affair that's difficult but also wonderful. It was in the process of the writing that I learned something myself."

Davis-Gardner calls *Plum Wine* a "layered book," and while the tumultuous romance between Barbara and Seiji may keep the momentum going, the novel is ultimately concerned with more wideranging issues.

"In the foreground is the love affair," agreed Davis-Gardner. "It's what drives the book. But it's also about the ways in which war affects people—the inescapable effects of Hiroshima, for example. These begin this relationship and also compromise it.

And the novel also has to do with the mother-daughter relationship. Barbara has felt un-mothered before her time in Japan, and she learns something from Michi about that, and the whole culture of Japan is a kind of mother to her own motherlessness. And there are other mother-daughter relationships in the book, with the papers telling the story of Michi's mother and grandmother—all of which affect Barbara as well."

While Davis-Gardner says she had to mature enough in order to write this book—both in terms of her perspective and her technical expertise as a writer—the last 10 years have also been a period of sometimes intense research into Japan to prep for the novel. For example, a 1996 stay in the country as part of a Japan Foundation Artists Fellowship gave her the opportunity for onsite research in Hiroshima and in Western Japan, a return visit to Tokyo, interviews, library visits and more

"Someone once said that there's something in every novel that's impossible to do," said Davis-Gardner, "and the idea of writing from the perspective of some of the Japanese characters seemed impossible when I started this book. But in the end, it turned out to be much easier than I'd feared. I do well when I'm fictionalizing, when I'm making up characters, and these voices were grounded in that research and in talking to survivors of Hiroshima."

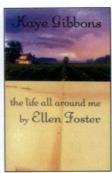
To her credit, that research and her desire for accuracy ultimately paid off. Several Japanese friends and acquaintances have read the book for accuracy. One of them, a former colleague, took it to Hiroshima and had several others read it, including a novelist Davis-Gardner did not personally know. The feedback from those readings has been universally positive.

"That was one of the most touching things that happened to me," recounted Davis-Gardner. "This wonderful woman, Mikako Hoshino, who lived a mile away from the epicenter of the Hiroshima bombing, had never written about her experience, but as a result of my writing about this, she wrote a book about it, too. We had conversations and she said she never felt like she could; she thought, 'What difference can my voice make?' And I said, 'If you can't write about this, who

can?' She put that in the preface of her book. After she wrote it, she came over from Japan and presented me with the first copy of the book, with the English quotation from me in the preface. I've never been so moved, more moved, than by her bringing me this gift."

Just as the writing of *Plum Wine* has already inspired others in such a manner, it's also sparked the genesis of Davis-





Gardner's next novel, about a Japanese American raised in the US in the early 20th-century and encountering racial prejudice here, then traveling to Japan before the war and being viewed as an American there.

"He doesn't have a country, and I think the main thing about the story is that it's a way to deal with race. I always wanted to write about prejudice in the South, felt passionately about it while I was growing up, but also felt that I have nothing new to say about it. But this is a way I can write about it."

In the meantime, *Plum Wine* makes its way into bookstores this month, and Davis-Gardner's first reading and signing of the novel takes place at Raleigh's Quail Ridge Books on Sunday afternoon, Feb. 26, at 3 p.m. Other upcoming area events include a reading at Durham's Regulator Bookshop on Thursday, March 30, at 7 p.m. and another reading on April 19 on the NC State University campus, where Davis-Gardner continues to teach. Check upcoming issues of *Metro* for more information.

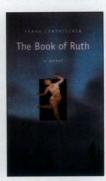
#### OTHER UPCOMING EVENTS

—A standout among other February highlights, Kaye Gibbons makes her first local reading in conjunction with her new book, *The Life All Around Me by Ellen Foster*, at Quail Ridge Books on Wednes-

day, Feb. 1. Two decades after Gibbons' debut novel first introduced Foster, the new book revisits this plucky, much-loved heroine in a new home, with a new family, and now setting her sights on Harvard.

—Noted poet James Applewhite will read from his *Selected Poems*, a recent anthology gathering works from his nine previous books of poetry, at Durham's Regulator Bookshop on Wednesday, Feb.





8. Fellow Duke professor Frank Lentricchia will also read from his new novel, *The Book of Ruth*.

—That same night, the Cary Barnes & Noble welcomes Laura Boyes, curator of the NC Museum of Art's Winter Film Series, and David Fellerath, film critic for *The Independent*, to discuss the importance of "non-Hollywood" films in the history of cinema.

—On Thursday evening, Feb. 16, the Cary B&N hosts a discussion of Timothy B. Tyson's *Blood Done Sign My Name*, this year's choice for the Wake County Library's "Wake Reads Together" program.

—And on Saturday afternoon, Feb. 18, the Regulator welcomes 10 contributors to *Reflections on Vanishing Worlds*, a collection of memoirs gathered by the Duke Institute for Learning in Retirement.





#### The Avett Brothers:

# **ELECTICISM, WORK ETHIC, DRIVE POWERFUL SOUND**

he Avett Brothers have been a busy trio in the past year. Seth Avett released a solo record titled *The Mourning, The Silver, The Bell* last March, and the following month the trio released another album—*Live, Vol. 2.* They will release their third CD less than 12 months later—*Four Thieves Gone: The Robbinsville Sessions*—on February 7.

This whirlwind of recording activity has occurred in the midst of a heavy touring schedule that has taken them far beyond their Charlotte-area turf—a schedule that included a noteworthy return engagement at MerleFest 2005.

Scott and Seth Avett and bassist Bob Crawford steered their musical career into the fast lane in 2003 with the release of their album *A Carolina Jubilee*. Their burgeoning popularity has been due to the high-voltage nature of their live shows and their eclecticism. The trio is basically a folk-Americana-traditional-roots-newgrass-country band that rocks. Any attempt to more precisely define their sound would be foolhardy. As Scott noted during a recent conversation, The Avett Brothers came together from two separate bands.

"I was going to ECU and Seth was in Charlotte," he explained. "Seth had a band called Margo that was based in the Charlotte area and I had a band in Greenville called Nemo. We combined our bands and kept the name Nemo. That was in '98.

"Seth and I always knew that together we were more of a force. When we played together, we understood what each other was doing, especially with vocals—you know, two-part harmonies. We were at a point where it became more convenient to do that, even though we lived a little bit apart."

The revamped Nemo survived until the autumn of 2001, but in the aftermath of

the band's demise, a winning idea emerged. Scott and Seth decided to stick together and go acoustic. They focused on their string chops and their songwriting.

In commenting on this turning point, Seth noted, "Initially, my brother and I were looking for something that was just fun to do, and we wanted something that was more mobile than a rock band. We'd been playing in rock bands previously, and Scott and Seth they'd be better musicians together, but at the outset their musical direction was not something they'd envisioned in much detail.

"We never really sat down and said, 'man, we're gonna be a band that sounds like—whatever.' We just knew, regardless of the outcome, it would be a more natural thing for us. Speaking for myself, I'd been in bands where I was just singing, and



we'd be carrying speaker stacks and full drum kits, and we wanted to do something where we could just throw a couple of guitar cases in the back of the truck and go play some place.

"We were playing on street corners and house parties—just anywhere, really," he added. "During that time I had no clue we'd get this far this fast. It was a natural progression for us, however. The more we did it, the more we realized the direction we wanted to go in. We became very driven to make it better."

Both intuition and experience told

out of place in a couple of them, doing things that weren't really me, like a lot more screaming, and even some new-metal rap."

So the trio came to life as a duo, and it was definitely a step down the road less taken, given their previous rock-band lives. Their equipment load was considerably lightened, however, and as Scott pointed out: "If we wanted to go jump on the street and play, there was nothing holding us back. It was an extreme feeling of freedom. It was awesome."

Scott and Seth soon added compadre

John Twomey—Nemo guitarist—on bass, though he was replaced before long by current bassist Bob Crawford.

In discussing their flurry of album releases, Seth explained that his solo project—*The Mourning, The Silver, The Bell*—is in fact his third album on his own.

"These albums have been pretty much under the radar. I put out the first one in 2001 and the second one the following year," he said. "I printed them up myself and sold them to friends and anyone else who might want a copy. This third one is the first one I've wanted to put out on a larger scale, so Dolph Ramseur released it for me on Ramseur Records.

"I've written some songs that I wouldn't subject the Avett Brothers to playing," he added. "We all have our own stories, you know, and we all have a collective story, which is the Avett Brothers band." The collective story Seth mentioned

was quite well documented on the Avett Brothers' live disc—*Live*, *Vol. 2*.

"It was really an attempt to catch the energy that's only there during a performance," he said. "There's a certain energy in the studio and a certain energy on stage, and any band that does a live album is trying to get that special fire on tape.

"The majority of the tracks were recorded at the Neighborhood Theatre in Charlotte, and the last few tracks were recorded at Kings in Raleigh," he said. "The Kings tracks were recorded with your basic mini-disc stereo mic in the back of the room—real lo-fi and raw, but still very exciting."

The album—an outstanding live recording—was engineered by Bob Kuhlman and mastered by Brent Lambert at The Kitchen in Carrboro.

The Avett Brothers' latest CD—Four Thieves Gone: The Robbinsville Sessions—will be released early this month, and it's another strong outing from a trio whose entire discology is nothing short of stellar.

"We feel like the new album is a progression for us," Scott said, "like— every record along the way has been. We hope to keep moving ahead and changing. In listening to it now we feel like we've accomplished that.

"We have some tracks on the album

that are really special. They're involved songs—stuff we worked on in depth. They're really well worked through. We sat on some of the recordings for six or seven months, listening and re-doing, even reapproaching them. It was a good way to go about it. It was a bit more of a stressful situation for a longer period of time, compared to our other records, where we just went in and did it all and that was that.

"Four Thieves Gone is very colorful, and we're proud of it."

As Scott went on to observe, the new record is also another giant clue that The Avett Brothers are not a bluegrass band, as

they have frequently been mislabeled. Since Scott and Seth didn't set out on their own with any particular genre of music in mind as a goal, the sound they've arrived at is a logical outcome of their very Catholic musical tastes.

"We're just lucky to have something going on that isn't average," Scott remarked.

Seth noted that so far the trio hasn't hit any sort of plateau in terms of artistic growth:

"Things are getting better and better for us all the time. I would also say that there are new markets to keep us humble. Things are getting just amazing in our region, but we'll still go to somewhere in upstate New York or Massachusetts and have seven people show up, because we've never been there before. We'll build up those markets, too. We see this as a long road, and we're building gradually."

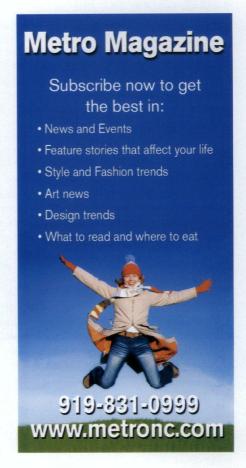
The Avett Brothers have attracted a lot of favorable attention from both the music media and music fans, and the result has been a rather abrupt rise in their visibility. Their musicianship, their distinctive vibe, and their powerhouse live performances have all played a role in their rising popularity, and so has their work ethic.

"We've operated for about two-and-ahalf years and approached this like you would any small business," Scott said. "We've just said if we continue to do what we're doing it will spread. We have lucked out and found a booking agent who has approached things in this same grassrootsoriented manner. We see hints that it's working. It may be the long way, and it



may be harder to get there, but we think that the harder it is to get on top of this, the longer we'll be there."

Most recently and most impressively—The Avett Brothers have landed an opening slot on BR549's tour, which will take them from Maryland to Texas by the end of February. This is golden stuff, putting them in front of BR549's fans in a series of notable venues. And on March 3, The Avett Brothers will return to the Triangle for a show at Cat's Cradle.

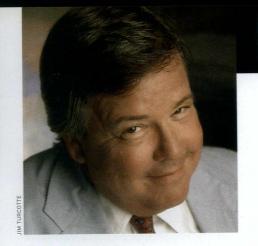




Walter Royal, executive chef of the Angus Barn restaurant, has been named one of 23 nationally acclaimed chefs invited to display their culinary expertise, creativity and competitiveness on season three of Food Network's *Iron Chef America* television series. Royal traveled to New York City

for a taping of the show on Jan. 23. \*\*\* The Nasher Museum of Art at Duke University has made its first purchase of art—a sculpture by New York-based artist Petah Coyne. The work is an 11-foot assemblage of tree branches, feathers, hundreds of silk flowers, etc. dipped in midnight blue wax. The underlying figure is a fiberglass cast statue with a hidden mechanism that causes its eyes to well up with "tears" twice a day at unpredictable times. ••• Crescent Resources, LLC, a Charlottebased land management and real estate development company, has acquired approximately 588 acres northeast of Raleigh in Franklin County. Site work on the community, which will be called Cedar Lake, begins next month. ••• Mid Pines Resort will host the 19th Annual Association Executives of North Carolina (AENC) Golf Outing on May 15 with a shotgun start at 12 noon. Over 200 Association Executives and industry suppliers from across North Carolina will participate. Local members of AENC are encouraged to sign up to play or provide sponsorships. \*\*\* ING returns to Moore County for the fourth time in its 16year history for the Annual ING Spring Conference, May 21-25. Over 300 people will attend media and golf events being held at the National Golf Club, Country Club of Whispering Pines and the Comfort Inn. Tournament play will be hosted by Tobacco Road and the Country Club of Whispering Pines. Contact Beverly Stewart at 910-692-3330. Construction has begun on Duke University Marine Laboratory's new Ocean Science Teaching Center (OSTC), designed by Raleigh architect Frank Harmon, FAIA. Located on Piver's Island at the head of the Beaufort Inlet, the OSTC will provide state-of-the-art teaching facilities for Duke's Marine Lab, while identifying and demonstrating innovative, environmentally sound design and construction technology. ••• Joan Didion, author of the best-selling memoir The Year of Magical Thinking, will speak on Feb. 28 at UNC-Chapel Hill. The book won the 2005 National Book Award for nonfiction. As the 2006 Morgan Writer-in-Residence at UNC, Didion will present a free public reading at 7:30 p.m. in Memorial Hall. ••• Christopher Simmons, a leading advocate for the nation's higher education community, is joining Duke University in mid-February as associate vice president for federal relations. Currently associate director for government relations at the American Council on Education, Simmons will serve as Duke's principal point person on regulatory and legislative issues involving the federal government and the administration. Wake County is implementing a Motorola, 800 MHz 4.1 SmartZone Trunked radio system. This system will support both analog and digital voice modes. The system is designed to expand the existing NC State Highway Patrol (NCSHP) system, significantly improving interoperability between all local, county & state public safety agencies in Wake County. The Chowan County Tourism Development Authority was notified over the holidays that Bennetts Mill Pond and the Edenton National Fish Hatchery will be included on the North Carolina Birding Trail (NCBT). These are two of the sites that were submitted and presently meet the necessary criteria to be placed on the trail by the Site Nomination Committee. ••• UNC cellist and music professor Brent Wissick has started the new year on a high note. He plays the baroque cello on the soundtrack of the movie Casanova. Starring Health Ledger and Jeremy Irons, the film about the legendary lover and notorious swashbuckler is set in Venice in 1753. The movie opened in limited release on Dec. 25 and began receiving wider distribution in January. ••• MerleFest 2006 will feature three outstanding instrument contests during the first two days of the April 27-30 event. The Festival

will again present a major league guitar summit, the 15th Doc Watson Guitar Championship; 12th Annual Merle Watson Bluegrass Banjo Championship; and the 10th Annual MerleFest Mandolin Contest. UNC-Chapel Hill ranks first—for the fifth consecutive time—among the best values at the top 100 US public university campuses, according to Kiplinger's Personal Finance magazine. The magazine's February issue examined data from 500 public four-year colleges and universities to identify the top 100 schools "that offer the best combination of topflight academics and affordable costs." -- TRIANGLE - CICS Language Solutions, Interpreters Inc. and BRIA Language Solutions have announced their formal merger effective January 1, 2006 to become Fluent Language Solutions Inc. (www.fluentls.com), making it the largest full-service linguistic agency in the Carolinas and one of the largest in the nation. ••• The Craven Arts Council & Gallery is currently accepting applications for its Grassroots Arts Program for the 2005-06 year. Grants will be issued for cultural arts projects, events and services that will begin no later than June 30. Also, the Craven Arts Council has been approved for a grant from the Harold H. Bate Foundation Inc. for 2006. This grant money will be used to establish a Community Box Office. Jo Rae Wright, a cell biologist and physiologist who has served since 2002 as vice dean of basic science at the Duke University School of Medicine, has been named dean of the university's Graduate School and vice provost, effective July 1. \*\*\* The 2006 US Department of Defense Appropriations bill, approved Dec. 22, includes \$3 million for the Citizen-Soldier Support Program [CSSP] to strengthen its outreach to the families and loved ones of the Army and Air National Guard and the Reserve Components of all the armed services. CSSP, a collaborative program led by UNC-Chapel Hill, began operating as a national demonstration program in March 2005. ••• The International Festivals & Events Association recently paid tribute to MUMfest, Tryon Palace's colorful autumn festival, during IFEA's Miller Brewing Company Hall of Fame Luncheon held at the IFEA's 50th Anniversary Reunion Convention and Expo in San Antonio, TX. MUMfest was a 2005 Pinnacle Award Winner. ••• Invented 100 years ago in Durham, and now a household name, BC Powder (BC) recently came home to Durham to launch a centennial celebration that will travel the Southeast paying tribute to the hardworking Americans who have built this country. BC's recent anniversary kick-off festivities saluted a century of local men & women from Durham whose contributions have made life less painful for future generations. ••• Kevin Cropp, Raleigh author of The Time Keeper, will speak at Enloe High School in Raleigh, Thursday, Feb. 2 at 11 a.m., in the Enloe Media Center, located in the West Building. He will discuss his book, the process of writing and how it relates to the pressures of high school. ••• Durham Arts Council recently honored the eight Triangle-area artists selected to receive Emerging Artists Grants at the 22nd annual Emerging Artists Awards Ceremony. Those awarded grants were Frankie E. Alexander, Ryan Billsborrow-Koo, Cheryl Chamblee, Taquisha Coley Rice and Sherri Wood of Durham County; Corneila Kip Lee and Ashley M. Nissler of Orange County; and Lara Michelle O'Keefe of Chatham County. ••• The National Endowment for the Humanities has awarded \$390,000 to UNC-Chapel Hill's Ancient World Mapping Center to create a multilinqual, online workspace for updating and expanding information about ancient geography. The Ancient World Mapping Center promotes cartography, historical geography and geographic information science through research, teaching and community outreach. ••• UNC-Chapel Hill has named Dr. Roger Nicoll and Dr. Rob Malenka as recipients of the sixth annual Perl-UNC Neuroscience Prize. Nicoll is professor of cellular and molecular pharmacology at the UC-San Francisco, and Malenka is professor of psychiatry and behavioral science at Stanford University's School of Medicine. The prize, which carries a \$10,000 award, recognizes seminal achievements in neuroscience.



# My Usual Charming Self

by Bernie Reeves

### YOU DON'T NEED A WEATHERMAN

ne of the most dangerous political felons of the modern era popped up in a forum in Washington, DC last week: Bill Ayers, co-founder of the Weather Underground, the most notorious of the domestic terror gangs in the US that bombed their way into headlines from 1970 to 1980. Ayers and his current wife, Bernadine Dohrn—co-founder of the gang and former poster girl on the FBI's Most Wanted list—turned themselves in after Weather Underground involvement in 35 bombings and several deaths, including the murder of two New York City policemen.

They received no jail time—due to infractions of new rules ignored by the FBI—and both now hold "distinguished" professorships, Ayers at the University of Illinois-Chicago and Dohrn at the Northwestern University School of Law.

Gee, I asked Ayers, based on your book (Fugitive Days; Beacon Press, 2001), America is a disgusting amalgam of racism, chauvinism, imperialism, class violence and social injustice— even today, you maintain. Yet, this "unjust" nation did not even punish you for your crimes (and especially not your seditious views) and provided you with tenure and good pay in a major university system where you remain free to criticize the society that has been more than fair to you. And you still possess a fanatic righteousness that prevents you from expressing any remorse for your crimes.

Ayers certainly didn't get it. Instead, it appears he is on the lecture trail to revive the heady days of the Weathermen, keying off the war in Iraq as the new Vietnam and the alleged unpopularity of the President. And Ayers repeats the incessant accusations

of racism—the recurring mantra of the Left, despite the lack of evidence today in a nation legally bound to anti-discrimination, affirmative action, school desegregation and set-aside government grants to minorities. Indeed, where's the beef? No visible anti-war demonstrations over Iraq; no occupying the Dean's office on campus. Ayers calls it apathy. I call it agreement with current policy.

I had to comment—keying off the new books *The World Was Going Our Way: The KGB and the Battle for the Third World* by Chris Andrew, and *Mao: The Unknown Story* by Jung Chang—that everything Ayers espoused in his "fugitive days" followed the KGB line, and that his praise for Mao and his Little Red Book is nauseating propaganda in the light of recent revelations about the genocide of the Great Helmsman.

I then asked him, since the dogma and rhetoric of the New Left in the 1960s and '70s is almost verbatim the same as KGB propaganda of the era; and since you received money regularly from "mysterious friends"; and because you had a Red Star tattoo and believed in the same ideology as the Soviet Union, did you have any contact with the KGB? Ayers, gazing at me as if I was reciting the Kama Sutra in a Christian Right tent rally, replied, as all the old Leftists do: We were indigenous American patriots with no connection to the KGB or the Soviet Union.

I then suggested that Ayers read his own book. Waving the National Liberation Front flag in rallies; forming the Weathermen to bomb targets in his own country; allying with the Soviet-run Third World Movement and statements like: "Our group in SDS (Students for a Democratic Society, headed by Tom Hayden, that spawned the Weathermen), now calling itself the Revolutionary Youth Movement, siding with Ho, believed in support for selfdetermination of oppressed nations as a matter of principle. Capitalism had grown into a worldwide system, we said, an octopus of conquest abroad but relying heavily on racism at home." Or: "The revolution was at hand, the question of power in the air, and, along with the question of power, the question of armed struggle. We wondered how to develop an armed unit, a brigade or a legion or a division, how to build a force of clandestine militants with an advanced fighting capacity... We set about to found an American Red Army."

Ayers concluded, in answer to the typically naïve other questions from the audience, that "we are deluded today if we think Iraq, SUVs, New Orleans and Katrina are unrelated." Ayers proves once again that fools don't know they are fools, but this one, apparently suffering from paranoid delusions, is as dangerous now as he was in the salad days of the Weathermen.

#### SQUAD 47

Joining Ayers in the talk was former FBI agent Don Strickland, a member of Squad 47, the special unit of the Bureau's New Left Fugitive Squads tasked specifically to infiltrate student radical groups such as the Weathermen (the original name: In an act of anti-chauvinism, the group changed its moniker to the Weather Underground). Squad 47's 20-man task force—it was all men, a weakness Strickland laments—grew

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long hair and took on the garb of student radicals. They discovered that the Weathermen were a new kind of anarchist and difficult to capture. They were mostly from middle-class and affluent homes, many were college educated and all were trained in effective tradecraft.

The FBI found that the usual tactics didn't work. The radical fugitives knew not to communicate with family and friends. They didn't have the usually effective weakness of scorned lovers—who get back by turning in their former girl or boy friends—due to their free-love philosophy. The absence of reliable informants made them hard to track, as did their tactics. They stayed on the run and left no evidence when they evacuated safe houses. Strickland added that back then the FBI was hampered by the use of "zone coverage," meaning that if a New York agent was trailing a suspect who left town, surveillance was turned over to the agent in the destination city. However, "spot coverage" of former bombing sites and certain films popular with the Left were somewhat successful. Strickland noted that the Weathermen fugitives were well financed, he says from "radical chic angels," not recalling that recent declassified data prove the Soviets made direct payments to their agents in the US.

Then who should enter the discussion but Deep Throat, former assistant FBI director Mark Felt, who was later charged with civil rights violations in failing to inform agents in the field to be mindful of the "Keith Decision" in the US Supreme Court in 1972 that banned "warrantless searches." It was this twist of legal fate that saved Ayers and Dohrn and some of the others from jail time for their crimes.

Strickland and Peter Earnest, director of the International Spy Museum, host of the event, took the posture that the lethal and criminal activities of the Weathermen and Ayers were simply interesting times, except, said Strickland, the murder of the two cops in New York City. I found it "interesting" that Ayers was hardly repentant or remorseful. Instead, he is making noises that he was right in the eyes of history, that America remains loathsome in his eyes and that he still believes in the vio-

lent overthrow of the United States government. But worst of all, Ayers and his ilk are embedded in the university, espousing the theories that have brought education in the US to an appalling mediocrity, flavored with elemental anti-Americanism and the abandonment of Western culture and values.

Bill Ayers may not be armed and dangerous, but he is definitely dangerous.

#### **NOTES FROM LA-LA LAND**

John Stossel, of ABC-TV's news magazine 20/20, one of the only sane commentators in the wasteland, took the offensive last month against the teacher unions and their role in the scandal surrounding the decline and fall of public education in America. He began with the standard excuse from educators that we need to throw more money at the problem, and then demonstrated that money is hardly the problem. The US spends on average \$10,000 per child annually. And the results over the past 30 years: declining standardized test scores, higher dropout rates, and a downward free-fall in academic results measured against the top industrialized nations worldwide. Stossel interviewed the head of the failing South Carolina school system who repeated that, yes, things are bad but they are getting so much better (they are not), a chilling parallel to the propaganda from the NC system. He then went after the over-arching reason American public schools are failing: the teacher unions. It is plain from Stossel's interviews that teacher unions (or associations, as they remind us) do not care about education. They care only for themselves.

Don't blame George Bush for the mess in New Orleans, blame the environmental activists who prevented the construction of a series of dams in the bayou (swamps, what we now call "wetlands") and gates on Lake Pontchartrain. The enviro-nazis want to wipe the footprint of man from earth, as stated by green author Jacque Leslie, who says, "Dams are loaded weapons aimed down rivers... relics of the 20th century, like Stalinism and gasoline-powered cars, symbols of the allure of technology and its transience... of the delusion

that humans are exempt from nature's domain."

Is the AIDS epidemic everyone is so worked up about in Africa real? Bill Clinton trotted out on NPR on the subject (the radio network loves him and hopes he will become Secretary-General of the UN) said that 90 percent of victims don't know they have it. Are we dealing with the same statistical lie that says earth is losing 40,000 species a year? Turns out this accepted fact in the major media came from an "ecologist" in Britain. He maintains that there are thousands of life forms we don't know about, so we must be losing at least that many phantom species. Science is too often the political tool for the advancement of bogus causes.

The Episcopal Church of America, now in its final days as a credible religious institution, is considering consecrating former US Supreme Court Justice Thurgood Marshall a saint. Many of us were not even aware of Episcopal saints so this is news indeed. However, Marshall's beatification could be delayed by a resolution circulating amongst the grandees of the church requiring a 50-year waiting time. But that's not stopping the move by some to honor Marshall for "heroic faith," "joyousness" and "service to others for Christ's sake," as the requirements read. Here is a selection of current saints as reported in the Washington Post: Martin Luther King Ir.; Thomas Aquinas; Martin Luther; Sojourner Truth; Harriet Taubman; Elizabeth Cady Stanton; Catherine of Siena and Thomas Beckett. According to a spokesman, "We don't pray to them; it's very different from the Roman Catholic Church."

The man who suggested the use of dolphins by the US Navy died recently. James W. Fitzgerald trained dolphins to seek out underwater mines, attach explosives and eavesdropping devices on enemy ships and help divers recover lost weapons from the ocean floor. In 1965, according to Fitzgerald's obituary, a bottle-nose dolphin named Tuffy became the Navy's first sea mammal to complete an open-ocean exercise, delivering tools and mail to aquanauts 200 feet below the surface.

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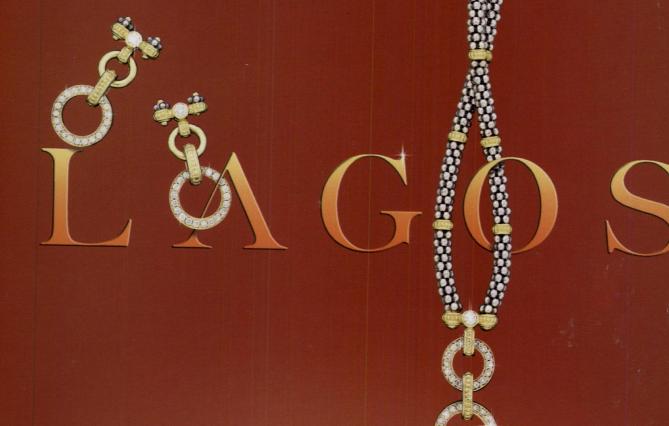
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