The Evolution of the Bungalow
by Preservation Homes

In the wake of the Industrial Revolution of the early 1900s, bungalows became the favorite new architecture of the Arts & Crafts Movement that glorified all things handcrafted. At Preservation Homes, we set out to flatter, and even improve, the intent of that movement by relating its goals to new bungalow-style homes to fit the needs of today's families. Preservation Homes' bungalow designs are the result of extensive research and design. Like the charming originals, our creativity and diversity of materials are what make our homes so wildly popular with area homebuyers. All of our homes feature Hardiplank siding, and some include cedar-shake shingles, brick and even stone. Each one offers Frank Lloyd Wright Prairie School Design windows, "rocking chair deep" front porches, custom-made tapered porch columns, authentic Bungalow Brand color schemes, and heavy landscaping. Our plans also have modern considerations, such as spacious state-of-the-art kitchens, luxury baths, and sensible room dimensions, yet they retain the charm and practicality of the homes built almost a century ago. For more information about our homes, call 919-832-7740, visit Banbury Park inside the beltline in West Raleigh, or stop by one of our furnished homes in Bedford at Falls River in North Raleigh, Bungalow Park in Apex, or Magnolia at Scotts Mill in Apex.

4351 The Circle at North Hills St.
Suite 119
Raleigh, NC 27609
Ph: 919.510.9900

www.restaurantsavannah.com
I'm dreaming of a Spring Wedding.

RAZOOK'S
RALEIGH  2104 SMALLWOOD DRIVE  919 833 6121
PINEHURST, NC • GREENWICH, CT
BAILEY'S FINE JEWELRY

Make It... Unforgettable

With This Ring

Raleigh's Cameron Village, 829-7337. Toll-free: 866-725-3111.
Rocky Mount & Greenville.

VOTED BEST PLACE TO BUY YOUR WEDDING RINGS ~ 2005 METROBRAVO AWARDS
Plan your next special event at Prestonwood. Dinner Seating up to 500 • Cocktail Parties up to 1,000

For membership information call Vickie Gregory, for catering, Sondra Johnston 919-467-2566
300 Prestonwood Pwky. Cary, N.C. 27513
www.prestonwoodcc.com

Prestonwood Country Club
New Grand Ballroom

Plan your next special event at Prestonwood. Dinner Seating up to 500 • Cocktail Parties up to 1,000

For membership information call Vickie Gregory, for catering, Sondra Johnston 919-467-2566
300 Prestonwood Pwky. Cary, N.C. 27513
www.prestonwoodcc.com
RING IN THE NEW YEAR

From Our Extensive Collection of Fine New Designer Jewelry and One-of-a-Kind Estate Jewelry — Diamonds and Quality Pearls

Winner of Metro Bravo Award 2005: Best Place to Buy Jewelry

The Lassiter at North Hills • 4421-109A Six Forks Rd • Raleigh NC 27609
919.571.8888

www.elainemillercollection.com
Mon-Sat 10am-6pm
DOUBLE YOUR PLEASURE

It's a double value issue to kick off the New Year: Our annual Who's Who selections and a special section on Wake Tech Community College, the school right under our noses that—although it may not receive the daily attention given to UNC, NCSU and Duke—is providing state-of-the-art training that keeps the high-tech wheels turning in the region.

Wake Tech, its unofficial nickname, is like a stealth fighter, flying under the media radar, but delivering the educational payload successfully and effectively every day. After reading the special Signature Section on the school, you too will say: "I didn't know that." And you will leave informed and impressed and thankful that this superb institution has grown and evolved with the times.

Without Wake Tech, many of the fine firms who have moved and expanded here may have gone elsewhere. Hats off indeed to Wake Tech, and to its bright future, including new facilities coming soon to North Raleigh.

The idea behind our Who's Who spotlight springs from the reality that the contributions of highly talented individuals define that special quality we all sense about our community. This year's class of dignitaries is an appealing and particularly bright group of people who go about their lives quietly making a difference. The range of talent is impressive.

Last year, to steal a phrase, was mostly the best of times in the area. Louis St. Lewis, Carroll Leggett, Philip Van Vleck, Barbara Ensrud and Arch T. Allen offer a summation of 2005 in their respective fields of expertise. And Morton Neal in Gourmet and Art Taylor in Fiction present a preview of what they see ahead in 2006. As for Metro, we grew at a fast clip in sales and circulation and proudly presented, in association with the NC Museum of History, the third annual Raleigh Spy Conference and the first Mannequin Ball, hailed as the finest fundraising social event ever in the state.

Also in this issue, Jim Leutze answers questions raised in our November Education Special Report; Molly Fulghum-Heintz (with able assistance from Tricia Horatio) brings news about an exhibition in New York that traces the evolution of color in fashion; Diane Lea keeps her feet on the ground with a house with a floor to remember in North Raleigh; Frances Smith (who does so many things to keep the ship right) notes that activities don't slow down much anymore in January; and Fred Benton recommends a B&B near you to recharge the batteries for the New Year.

Even when you disagree with us, we love our readers. Have a prosperous and fulfilling New Year.

—Bernie Reeves, Editor & Publisher
In 110 years Pinehurst created eight of the most challenging courses in the world. In 50 minutes you'll forget all about them.

Escape to The Spa at Pinehurst® and experience complete indulgence. You'll enjoy luxurious overnight accommodations, a relaxing 50-minute spa treatment, a gourmet dinner and our famous breakfast buffet for just $205. Call 800.804.2719 or visit pinehurst.com to book your getaway today.

MOBIL **** RATED

*Rate is per person, based on double occupancy and subject to tax and resort service fee. Valid 11/27/05-2/28/06. ©2005 Pinehurst, Inc.
A groundbreaking approach to retirement living.

Introducing Raleigh’s premier equity ownership continuing care retirement community

The lifestyle of a vacation resort. The services of a luxury hotel. The peace of mind of quality on-site health care. And all the financial advantages that come with owning your own gracious Cottage or Villa on a beautifully landscaped 48-acre campus.

Come and discover a brand-new retirement community, built on the award-winning precedent established at The Cypress of Hilton Head, and continued at The Cypress of Charlotte.

Discover The Cypress of Raleigh.
And discover a new way to live.

919-870-9007 or 888-876-9007
www.TheCypressofRaleigh.com

Homes from $265,000 to $800,000

Visit our information office at: 7101 Creedmoor Road, Suite 102, Raleigh, NC 27613
Ladies and gentlemen, start your travelogues.

Introducing the Land Rover LR3. Thoughtful design and remarkable new technologies have not only made it very capable, but also extremely comfortable. No matter what fills the pages of your travelogue.

Land Rover Cary
Cary Auto Park
919.469.1000
www.landrovercary.com
VADE MECUM MEMORIES

During the 1940s, '50s and '60s, Camp Vade Mecum flourished in the Saura Mountains of Stokes County at the foot of Moore's Knob and Hanging Rock State Park. The property, with its historic mineral springs hotel constructed in the 1800s, was leased to the Episcopal Church by the Wachovia Trust and became a beehive of youthful activities as a summer camp. Many well-known North Carolinians, leaders today across our state, prided themselves on how many consecutive years they attended camp at this wonderful place.

The facilities were abandoned in the 1970s and fell upon hard times. Rescued by the North Carolina Sertomas, Vade Mecum ultimately became part of the state 4-H system. In 1994, the North Carolina Bankers Association created Camp Challenge, its centerpiece of General Colin Powell's initiative: America's Promise.

The summer program provides an opportunity for low-resource, high-achiev-
ing 6th, 7th and 8th graders to become more financially literate; hone their reading, writing and speaking skills; understand their responsibilities as good citizens; get an introduction to entrepreneurship; and learn how to resolve conflicts. These kids come to Camp Challenge from all over the state through Boys & Girls Clubs, the Salvation Army, YMCAs, YWCAs, social services organizations and after school programs. Next summer, more than 600 campers will spend their mornings learning and their afternoons hiking the mountains, riding horses and swimming in the ice-cold pool.

Those who went to camp at Vade Mecum years ago, including me, should be proud that the legacy continues. If you look closely at the photograph accompanying my letter, you can easily pick out one distinguished alum who continues to treasure those memories... none other than Bernie Reeves.

Thad Woodard, President & CEO
North Carolina Bankers Association
Raleigh

NOW AVAILABLE

"Was McCarthy Right?"
The talk by Emory Professor and Author Harvey Klehr at the Third Raleigh International Spy Conference, is now posted. Go to: www.raleighspyconference.com

Also posted:
Talks by John Earl Haynes and Steve Usdin

Your local Ferguson Bath, Kitchen and Lighting Gallery will indulge your senses in the latest, most innovative lighting products from Sea Gull Lighting.

Our experienced showroom consultants will help you choose the precise products that suit your lifestyle. Call today to learn more about Ferguson and the products and services we are proud to offer.
Your Health and Wellness Resort

Luxury Villa Accommodations
European Health Spa
Executive Conference Center

Visit us at www.oceanclubnc.com

THE OCEAN CLUB  •  INDIAN BEACH, NC

888-237-2035
Features

19 Special Section
WHO'S WHO 2005:
We have the best right here, quietly and individually making our community a world-class place to live and work

53 Design
Gentry House Captures Sense of Elegance and Comfort

Departments

6 Introduction Double Your Pleasure
10 Correspondence Reader Feedback
14 Secrets of State Doug Marlette, New Aquarium Opens, Hugh Morton Honored, Tidewater Recipes, Caretaker House Donated, Harmon House Model, Morehead Planetarium Jupiter Ball
63 Editor-at-Large Answering Arch T. Allen
66 MetroPreview January's Here!
69 Between You and Me... Big Hearts and Tasty Oysters
71 Artist-at-Large Fly Me to the Moon
76 Gourmet Culinary Crystal Ball
79 Off the Menu B&Bs and Restaurants for your 2006 Resolution List
80 Restaurant Guide
81 Cork Report Ten Surprising Wines
82 Books Top Ten Books on Freedom and Democracy
New and Noteworthy Fiction for 2006
85 PvP Top Ten Discs for 2005
88 My Usual Charming Self New Day for TTA?
Doug Marlette to Join Oklahoma Faculty

Pulitzer Prize-winning political cartoonist, playwright and best-selling novelist Doug Marlette of Hillsborough will join the University of Oklahoma's Gaylord College of Journalism and Mass Communication for the Spring and Fall semesters in 2006 to teach humor writing and editorial cartooning.

"Doug Marlette is one of the masters of his craft and our students will have an excellent opportunity to learn from him and to draw from his experiences," said Joe Foote, Gaylord College dean. "In his editorial cartoons, we find some of the most persuasive and evocative types of political speech."

Marlette began drawing political cartoons for The Charlotte Observer in 1972. He joined the Atlanta Journal-Constitution in 1987. He also has drawn for New York Newsday, and now draws for the Tallahassee Democrat. Marlette's editorial cartoons and his comic strip, "Kudzu," are syndicated in hundreds of newspapers worldwide. He has won every major award for editorial cartooning, along with a 1988 Pulitzer. He has received the National Headliners Award for Consistently Outstanding Editorial Cartoons three times, the Robert F. Kennedy Memorial Award for editorial cartooning twice, first prize in the John Fischetti Memorial Cartoon Com-

petition twice, and received a Nieman Fellowship at Harvard University.


His work is collected in 17 volumes, including In Your Face: A Cartoonist at Work, Faux Bubba: Bill and Hillary Go To Washington, Gone With The Kudzu and I Feel Your Pain. His first novel, The Bridge, was voted one of the best books of the last five years by BookSense, the American Booksellers Association. His second novel, Magic Time, will soon be published by Farrar, Straus and Giroux next year.

New NC Aquarium Set to Open

The countdown is underway for the reopening of the expanded North Carolina Aquarium at Pine Knoll Shores near Atlantic Beach. Initially scheduled to begin construction in 1999, the project was delayed due to the diversion of state funds in the aftermath of Hurricane Floyd. Now scheduled to reopen in late Spring of 2006, the nearly 100,000-square-foot aquarium (three times the size of the original) will feature exhibits from around North Carolina. In addition to a range of coastal habitats, the Aquarium will showcase the aquatic life of Piedmont rivers and mountain waterfalls. Already in place in one of the vast concrete tanks is a replica of the shipwrecked WWII German submarine U-352. Three classrooms and a 150-seat auditorium
Hugh Morton Honored in NYC

North Carolina developer and renowned photographer Hugh Morton of Grandfather Mountain, his resort development in North Carolina, was honored in December by the North Carolina Society of New York City. While in town, he sat down for an interview with old friend and fellow Tar Heel Charlie Rose on Rose’s national PBS interview program. The two discussed Morton’s upcoming photography book—a second UNC Press publication—to be released in 2006. Morton also discussed with Rose the history of Grandfather Mountain and his role in saving the

Hugh Morton being interviewed recently by Charlie Rose.

USS North Carolina. The interview is scheduled to air around Christmas.

Morton, who turns 85 in February, received an honorary degree from NC State University in December.

—Jack Morton

Tidewater Recipes

Daggone snobby Virginians have been rude to Tar Heels’ State since before independence. But they do have their points and, as we are now above all that vale of humility between two peaks of conceit rap, we would be rude not to share Toast To The Tidewater, the latest in a series of cookbooks produced by the Junior League of Norfolk-Virginia Beach, the cradle of Virginia aristocracy, despite claims by the upstart Richmond.

That neck of the woods has many necks, formed by the Chesapeake Bay through the Hampton Roads connector to the deep water access at Norfolk, and on up the James River to the interior. Seafood is dominant and the recent popularity of Virginia wines adds savoir faire to the offerings, organized efficiently and featuring splendid photography in the book.

Each recipe is tested three times and the accumulation of culinary arts in the region makes this an important addition to the kitchen bookshelf. Go to www.jlnvb.org or call 757-623-7270 for your copy. These recipes will warm many a winter night.

“Caretaker’s House” Donated To Friends of NC Maritime Museum

The “Caretaker House,” the oldest remaining building from the original NOAA Lab that was established on Pivers Island in 1899, has been donated to the NC Maritime Museum in Beaufort. The Director of the Center for Coastal Fisheries and Habitat Research, Dr. David Johnson recently presented the ownership title to Dr. David Nateman, director of the North Carolina Maritime Museum in Beaufort.

The house was donated to the museum for
We believe, understand and respect that all boys are different, they grow at different rates, have different interests, learn differently and walk different paths.

- We know how to relate to boys and teach them to reach. Reach their potential, their goals, their best.
- We do this by focusing on individual needs, building success, self-confidence and independence.
- The results are boys who are independent thinkers, creative problem solvers, self-directed and self-reliant.

Our graduates retain the lessons learned at Blue Ridge as life-forming experiences and carry these with pride to make a difference wherever they go.

Blue Ridge School is an all boys college preparatory boarding school grades 9-12 located twenty miles from Charlottesville, home of the University of Virginia. Our campus of one thousand acres lies at the foot of the Blue Ridge Mountains.

Teaching Boys to Reach
St. George, Virginia 22935
www.blueridgeschool.com
434.985.2811

“From 1908-1940, Sears, Roebuck and Company sold more than 100,000 homes through their mail-order Modern Homes program. Over that time Sears designed 447 different housing styles,” (www.searsarchives.com). The Van Jean style kit, without the sunroom, sold for $2,636 and with the sunroom was $2,887. It was marketed as a Dutch Colonial and included in the price were a number of extras such as paint, varnish, interior doors, roofing and trim.

The Beaufort Laboratory’s Center for Coastal Fisheries and Habitat Research is the home for coastal science of two NOAA components, the National Ocean Service and the National Marine Fisheries Service.

For more information on the NC Maritime Museum or development plans for the museum’s Gallants Channel property call 252-728-7317 or email David.Nateman@ncmail.net.

Harmon House Model Exhibited At National Building Museum

An award-winning vacation house in the Bahamas, designed by Raleigh architect Frank Harmon, FAIA, will be included in the up-
Model of Frank Harmon's Taylor vacation house in the Bahamas.


According to curatorial associate Reed Haslach, the exhibition "will examine what makes a home 'green,' sustainable building materials and home products and will be highlighted with examples of those avant-garde architectural projects that were part of the companion catalog." (Princeton Architectural Press published the catalog, or book, earlier this year under the same name.) Among those projects is Harmon's Taylor Vacation House in Scotland Cay, Bahamas.

In addition to photos and drawings of the Taylor House, the curators have commissioned Harmon to construct a scale model of the project for use in the Museum (through May 2007) and in the traveling exhibition.

The Taylor House was completed in 2000. In 1999 it received an Honor Award from the NC chapter of the American Institute of Architects (AIA/NC). In 2000 it received an Honor Award from the Triangle section of AIA/NC. And in 2003, it was named Residential Architect magazine's "House of the Year." The National Building Museum explores and celebrates architecture, design, engineering, construction and urban planning. To learn more, visit the website: www.nbm.org. The Green House: New Directions in Sustainable Architecture is available at area bookstores. To read more about it, visit www.amazon.com. For more information on the Taylor Vacation House, visit Harmon's website—www.frankharmon.com—and click on "Projects."

—Kim Weiss

Glamour at the Planetarium

Susan Preston and her crew in Chapel Hill really turned it out big time recently for the annual Jupiter Ball to benefit the Morehead Planetarium.

Students grow, excel and flourish at Chesterbrook Academy Elementary School.

The Chesterbrook Academy® curriculum combines core academic subjects, enrichment courses and important life skills. The result is that our students are accomplished, confident and self-reliant. We offer:

- Small class sizes with attention to individual learning styles
- Core academics of reading, writing and math along with Spanish, technology, wellness and physical education
- Development of life skills such as perseverance, self-confidence, self-discipline, communication, social responsibility, teamwork and conflict resolution
- Strong parent/teacher partnerships

Visit ChesterbrookAcademy.com to learn more about our preschools in Durham, Cary and Raleigh. They offer a nurturing environment that prepares children for a lifetime of learning.

Open House
February 8, 2006 5:00 to 7:00 p.m.
CARY • 130 Towne Village Drive • 919-319-9622
Call today to RSVP or schedule a private tour.

ChesterbrookAcademy.com
State of the art aesthetic procedures provided with empathetic care

Dr. Ruff and his team are dedicated to giving the best care available. Highly skilled, empathetic and knowledgeable, they listen to their patients thoughts, desires and concerns and help choose the most appropriate treatment plan. So whether you're interested in facial and body contouring or spa treatments, they will assist and counsel you from consultation through the treatment to a new and more beautiful you.

Dr. Greg Ruff the right choice

Services

- Facial and Body Contouring
- Aesthetic Skin & Spa Treatments
- Spider Vein Treatment for Lovely Legs
- The Contour Lift
- Microdermabrasion
- Botox
- Permanent makeup

Greg Ruff, MD
55 Vilcom Circle
Suite 310
Chapel Hill, NC 27514

phone: 919.967.0000
fax: 919.967.0070
www.gregruffmd.com
It is astonishing the people who contribute to the well-being and pride we feel living in the Raleigh-Research Triangle-Eastern North Carolina megalopolis. Medical pioneers, high tech entrepreneurs, business leaders, legal experts, literary and musical stars, global academic grandees and education workers... We have the best right here, each quietly and individually making our community a world-class place to live and work.

This year *Metro Magazine’s* Who’s Who for 2005 features 11 distinguished selections, each possessing great talent and circumspect modesty. I know you will share our pride and gratitude for their achievements.

—Bernie Reeves, Editor and Publisher
PIANO MAN OF MANY TALENTS

Bland Simpson:

Bland Simpson, a native of Eastern North Carolina, has performed and recorded with the Red-Clay Ramblers Band for many years; collaborated on, or contributed to, 10 musical stage productions and written five books. He is the director of the Creative Writing Program at UNC Chapel Hill and co-director of the Thomas Wolfe Scholarship created four years ago by Frank Borden Hanes Sr. of Winston-Salem. In November 2005 he was honored as the Fine Arts recipient of the "North Carolina Award," the highest civilian honor the state bestows.

It all started with an eastern North Carolina boy who lived in Elizabeth City on the Pasquotank River. "You hear the term 'charmed life,' but looking back, I realize I had a charmed life growing up on the coast," Bland Simpson revealed.

He moved with his family to Chapel Hill when he was just shy of 11 and learned to play piano from friend Bobby Scott the next year. After graduating from Chapel Hill High School in 1966, he enrolled at UNC-Chapel Hill, majoring in political science. While attending Carolina, he lived for a year at the University Methodist Church on Franklin Street, where his rent was free in exchange for watching over the property at night. "The great thing about living there was that there were about 10 Sunday school classrooms, and every one of them had a piano," he remembered. "At night I would just roam from room to room playing different pianos; now that I think about it, I sound like some kind of phantom of the opera."

Simpson credits Robbie Robertson of The Band and Bob Dylan for having the most influence on his music. And there was a young man from Chapel Hill named James Taylor, who was having a lot of success as a singer-songwriter after the release of his first album James Taylor. Simpson had grown up in town with Taylor and knew him well. Seeing his success was "electrifying" for Simpson's own ambitions.

On a whim, he hitchhiked to Woodstock, NY, just before Christmas 1968, to find Bob Dylan, who was living there at the time. "I just walked up to the front door and knocked," said Simpson. "Dylan came out and talked to me for about 30 minutes. He could not have been more gracious." Simpson told Dylan about a friend of his who was having some success with music. "Then he asked me in that classic Dylan twang, 'who might that friend be?'" Simpson told him about James Taylor. "He told me George Harrison had brought the album over a few days ago and he liked it," said Simpson. "After I went back to Chapel Hill I saw James at his home and was glad to be able to say, 'Hey man, Bob Dylan told me he likes your album!'"

In 1969, Simpson moved to New York City to pursue his goal of becoming a singer-songwriter, an important time for his career in many ways. There he met Howie Harris, a Juilliard-trained piano man who played in joints around the city. "Howie was a great jazz player, but he was a great gospel pianist too," Simpson recalled. "He took me under his wing and taught me some amazing things on the piano. "Howie, like my friend Bobby Scott, has passed away now, but they are both still in my head, heart and hands," he said, his voice and expression betraying emotion.

Simpson had his first songwriting contract in The Big Apple with music industry icon Albert Grossman, who managed musicians including Bob Dylan, Peter, Paul and Mary, and The Band. Soon he released his first album on Columbia Records. "Then a very wise man by the name of Ed Freeman, who produced Don McLean's Miss American Pie, told me to go back and write about the South; 'go home and sharpen your knife' he told me," Simpson recalled. Back in North Carolina in the early 1970s, it wasn't long before he was caught up in the vibrant music scene in Chapel Hill.

A quick perusal of all the different creative works of Bland Simpson reveals a common theme: the South, particularly coastal North Carolina. He joined the Tony-Award winning string band The Red Clay Ramblers as piano player and keyboardist in 1986. The Ramblers, an institution in the region since 1972, have produced many albums including Yonder, Twisted Laurel, and the new Original Cast Recording of their latest musical, Lone Star Love, or The Merry Wives of Windsor, Texas. Simpson has co-authored and
performed in a number of musical stage productions, including Diamond Studs, Hot Grog, Fool Moon and King Mackerel & The Blues Are Running. He played Dub Dubose, the mechanic, in Kudzu, a musical he and fellow Rambler Jack Herrick collaborated on with Hillsborough's Doug Marlette, author of the famous comic strip. (Diamond Studs is set to be reprised by Mojo Productions at the Barn at Fearrington Village, January 26.)

Simpson lives in the dairyland of Bingham Township west of Chapel Hill with his wife Ann Cary Simpson, who is Associate Dean for Development at UNC's School of Government. Ann was the photographer for their 1997 book Into the Sound Country, A Carolinian’s Coastal Plain. Their second collaboration, The Inner Islands, will be brought out by UNG Press, Fall 2006. Bland is also author of The Mystery of Beautiful Nell Cropsey, The Great Dismal, Ghost Ship of Diamond Shoals and Heart of the Country.

Simpson has twins, Hunter and Susannah, who are juniors at Carolina, and he and Ann have a 13-year-old daughter, Cary, who plays the alto sax. "The other night," said Simpson, "she informed us that she had named her sax 'Coltrane'—I was impressed." 

Not long after taking the job, Browning found himself standing at the podium arguing a case before the United States Supreme Court. On April 20, 2005, he argued the case Graham County Soil & Water Conservation District vs. United States ex rel. Wilson on behalf of the people of North Carolina. The argument involved a technical issue about how long a person has to bring a civil action.

"I was given 30 minutes to present the case and take questions; then I went home and waited for two months for a ruling to be handed down," Browning recalled. On June 20, 2005, the court ruled in favor of Browning's case—or rather for the people of North Carolina.

"Once I got up there before the Justices and started laying out my case, I had the feeling of being on a roll, which made it easier to be up there," he said, adding he had been working on the case for months before he left for Washington.

Only a small percentage of cases filed before the Supreme Court is accepted. In January 2005, based on Browning's certiorari petition—or the sales pitch on why the court ought to rule on this case—he was notified the case would be heard in the highest court in the land. "Just having the case accepted is a real victory," he said.

When it came time to go to Washington on April 20, Browning's wife Margaret and two of their older children (ages 17 and 13) accompanied him to the Nation's capital. "When you walk into the court room, it seems like a very large room, but when you stand at the podium it's like you are face to face with each justice."

The love of standing up and presenting an oral argument is what Browning said led him to the law. "In junior high I remember a class where we had to stand up and present an argument in a mock trial; I knew then that was what I wanted to do as a career." He was graduated from UNC Chapel Hill Phi Beta Kappa before attending the UNC Law School, graduating with honors. Browning served as a law clerk to the Honorable James C. Hill of the United States Court of Appeals for the Eleventh Circuit in Atlanta.

Prior to joining the Attorney General's Office, Browning was a partner in the Raleigh office of Hunton & Williams, one of the largest and oldest law firms in the country.
Because of his work in the area of complex cases, he was given the nod to defend a man accused of War Crimes during the Bosnian war. The accused, Dario Kordic, retained the firm to defend him in the International Criminal Tribunal for the former Yugoslavia in The Hague, The Netherlands. The case required that Browning travel back and forth between Europe and America for almost a year. “Working on that case became very emotional at times because of the testimony given by those who had witnessed atrocities there,” he said.

At 43, Browning has been a participant in a lot of history in a relatively young career. Outside of work he says he spends most of his time with his wife and four children. He likes to tinker in the basement inventing things. Recently he received a patent for a toy idea. “I don’t think it will be the next Rubik’s Cube,” he said, “but we’ll see.”

—Johnny Kerr

A PASSION FOR PUBLIC EDUCATION

Dr. Ann Denlinger:

Dr. Ann Denlinger closes one door of her career when she steps down as superintendent of Durham Public Schools next June. And she admits to looking forward to what’s next in life.

“I had not thought of retirement well in advance, but as each day goes by, I find that I’m recognizing this is another stage of my life,” said Denlinger, who earned her doctorate in education administration at Campbell University. “Yes, I have a lot of excitement about what retirement will bring and the choices about how I will be able to use my time.”

Denlinger, who grew up in Fuquay Varina and attended undergraduate school at Peace College and Campbell University, will turn 62 in July of next year. An educator since 1966 who spent 24 years teaching in Wake County Public Schools, she will have been Durham’s school leader for nine years, three months.

“I am definitely going to work,” she said. “I’m going to take a month or two after I’m retired to commit to paper what I’ve learned in these past 40 years and what I feel I’ve accomplished and where my greatest strengths are. Once I’ve committed this to paper, I’ll analyze it and determine what the fit would be for my strengths and weaknesses.

“I definitely want to continue my work in public education, but it’s a matter of finding the appropriate avenue for that.”

The passion for public education burns deeply in Denlinger. “I have a lot left to achieve. I would like to see that my work, what I’ve learned in the past 40 years, benefit other schools and public education more broadly,” she said. “Right now in this country, there is a sense of urgency about improving public schools, particularly high schools. It’s difficult to overstate the importance of that. I do believe public schools are critically important to the future of this country, and we have to get better results. I look forward to being part of that.”

Asked what she feels has been her greatest success, Denlinger did not point to her tenure at Durham or her four years as superintendent in the Wilson school district before moving to the Bull City.

“My greatest accomplishment is the fact I was a teacher for 14 years and had the experience of knowing that a teacher, when well trained and well supported, can educate successfully virtually any child. I taught in Raleigh city schools, and I carried that experience with me throughout my career whether I was a principal or a superintendent.”

Denlinger, who has been married to husband Robert for 40 years and has a son Christopher who lives in Raleigh, admitted that teaching was not something she grew up with a desire to do.

“I would like to say it was a noble calling, and it has become that, actually,” she explained. “But it didn’t start off that way. When I graduated in 1962 from Fuquay Varina—the greatest place in the world—really the only women I knew who worked outside of the home were teachers, or maybe a secretary. That’s when I decided to become a teacher.”

Denlinger, who enjoys Robert Ludlum and Tom Clancy thrillers when she has time to read, moved into the administrative ranks as a principal in 1980 and held posts at three different Wake County Schools. She became
a superintendent for the first time in 1992 at Wilson.

"No, there's not a day that goes by without a challenge," she said of her role as a superintendent. Especially challenging has been her tenure at Durham, where race issues and the merging of the city and county systems exacerbated an already volatile educational environment.

"When I look at the number of schools [that were] achieving in 1997 vs. the number now, I have a tremendous sense of accomplishment," Denlinger said. "These young people have the capacity now to be successful as adults, and that's what it's all about.

"We have improved reading and math scores. In 1997, roughly 60 percent of all students in Durham were achieving on grade level. At the end of the last school year, the number was 81 percent. We need to be up around 90 to 95 percent, but that's a wonderful start.

"Third-grade reading scores also improved. Last year, 93 percent were reading at or above third-grade level. That's a substantial improvement. Scores had been in the 60s.

"Also, in 1997 47 percent of our students took advanced placement exams for college. Now more than 70 percent are taking them and scoring three or higher on a six-point scale," she added.

Denlinger called the improvement in numbers "a great tribute to our students and our teachers."

Not that the Durham years haven't been without their challenges. "I generally look for challenges. I seem to thrive on that," she said. "I certainly have had no shortage of those in Durham, though it's been good.

"It's been a great career, and I'm very grateful to the people of Durham for giving me this opportunity. It's been very fulfilling." —Rick Smith

HELPING CHILDREN EVERY DAY

Dr. Donald Rosenblitt:

Some things just take time, and deny efforts to rush them. Farmers know this. And so does Dr. Donald Rosenblitt, child psychiatrist, clinical director and founder of the Lucy Daniels Center for Early Childhood development.

Now in its 15th year of operation, the center serves children between the ages of three and six years of age that are referred to the school with emotional, social or cognitive challenges. Dr. Rosenblitt says the facility is serving 350 to 400 kids annually.

"Taking the time necessary to properly diagnose and treat children is the primary principle that we operate under," he said. That principle might sound universal for all mental health care, but The Lucy Daniels Center is one of the few programs in the country that provides it, according to Rosenblitt. "In fact, our methods may be considered more traditional than cutting edge," he said, referring to treatment in decades past before managed health care.

Rosenblitt cites the diagnosis and treatment of ADHD or Attention Deficit Disorder, a condition that he and many others say is one of the most misdiagnosed problems affecting children. "Children with these symptoms are more commonly responding to their life than to their genetics," he said. Culture, he explains, has always created certain mental health problems; different problems come and go as culture changes, such as ADHD today, according to Rosenblitt.
Many of the children we see here display the symptoms commonly assigned to ADHD. However, by spending time working with a child, we find causes of their problem that can be best remedied by therapies outside of drug use." Twelve teachers and 14 mental health professionals administer these therapies in the school-like environment of the Lucy Daniels Center. "What's nice about our program here is that we have a full complement of services to match need," added Rosenblitt.

Not surprisingly, he laments the economic pressure in today's health-care system that demands a quick diagnosis and rapid control of symptoms. Public sector services are shrinking and private services are constrained by managed care.

Rosenblitt grew up in New York City, then attended Princeton University where he was graduated with a degree in philosophy in 1969. He came to Durham to attend medical school at Duke where he met his wife Daphne, also a child psychiatrist and psychoanalyst. While attending and working at Duke Medical School he became aware of the tremendous potential of child psychiatric care in a school setting. "But I also realized that there was no way that these programs could pay their way—so funding was required." Some of the costs of treating 90 percent of the kids served at the Lucy Daniels Center are paid from private contributions. Total funding for the center comes from donations, insurance and other third-party reimbursement.

The creation of the center resulted from conversations between Rosenblitt and Lucy Daniels, a writer, psychologist and philanthropist. And since inception, the center has been on a steady growth curve—as the demand for the center's services. "Currently we are able to serve about two-thirds of the children that come to us, but we are definitely at full capacity," he said.

To continue to meet the demand, he wants two things to occur: "First I want the center to achieve financial sustainability through some kind of endowment; and secondly we need to expand the physical facility by adding an additional wing, already designed in the original plans."

About a month ago, Rosenblitt became the recipient of the prestigious Hands of Health Award from the John Rex endowment, awarded each year to honor "individuals whose innovative work helps improve the health of underserved children in Wake County." More than an award to his work with children, Rosenblitt sees the honor as recognition that the quality of care delivered by the Lucy Daniels Center is valued and validated by the Triangle community overall and the medical community specifically.

In his acceptance speech he spoke of the "contemporary dismal landscape of early childhood mental health: "We are accepting a damaging, degrading, and dehumanizing mythology about children's mental health," he said. "Although we may not reach the end of the rainbow where children obtain all they need and deserve, with enough people who care, we can start anew each day and put as much goodness into the world for children as we are collectively capable of doing."

—Johnny Kerr

WORLD WAR II SCHOLAR AND TEACHER

Dr. Gerhard Weinberg:

Dr. Gerhard Weinberg, one of the foremost scholars on Hitler and Nazi Germany, remains quite active although he turned 78 on January 1.

Weinberg and his Jewish family fled Nazi Germany shortly before World War II. After 25 years, he retired from the University of North Carolina at Chapel Hill. He went half time for three years starting in 1996, but decided to "call it a day in 1999," he said. "They wanted me to do another three years. I said no thanks."

Today, he travels the world on speaking engagements and continues to write books about the Second World War. His latest, Visions of Victory: The Hopes of Eight World War II Leaders, was recently published by Cambridge University Press.

"I stay quite active, but of course I'm not teaching any more, so I can do this sort of thing," he said of his travels. "It's interesting, and people keep asking me to talk. As long as people are very interested and want me to talk about things, assuming they are subjects I know a little about, I find it interesting to do so."

When not traveling and speaking, books absorb much of his time. In 2005, in addi-
tion to *Visions of Victory*, he published the second edition of his massive, critically acclaimed World War II history, *A World at Arms*. The 1200-page epic has now sold more than 150,000 copies and has been translated into several languages. He also published a combined edition of two books tracing Hitler's path toward war, *Hitler's Foreign Policy, 1933-39: The Road to World War Two*.

"Three books in a year," Weinberg said, "that seems to me to be enough."

Weinberg and his family fled Germany to England and moved to the United States in 1940. At age 18, he entered the US Army and served in the army of occupation in Japan during 1946-47, where he received his first taste of the destruction of war.

Later, he enrolled at the University of Chicago on the GI Bill, where he planned to study the age of Otto Bismarck in Germany. But he encountered a graduate school professor who "had ideas and views on Bismarck completely opposite to mine. Since I couldn't afford to change universities, I changed centuries. That's why I became a historian of the 20th century. Such things change life."

Weinberg didn't return to Germany until 1962 when he took off a year for research. That work led to the two books on Hitler's pre-war foreign policy. He had earlier discovered the manuscript for Hitler's sequel to *Mein Kampf*—a detailed explanation of Hitler's views on why he sought an alliance with Italy. That decision had cost him votes in the 1928 German elections. "Hitler said no, no, I'm right and everyone is wrong" about working with Italy, Weinberg recalled.

The book was published in German in 1961, three years after its discovery. In 2003 it was translated and published in English. Weinberg was pleased finally to see the book in English.

"I'm not Hitler's press agent," he insisted, "but he is one of the central figures of the 20th century and he wrote two books. One has been available for decades."

Weinberg pointed out that in the sequel to *Mein Kampf*, Hitler goes to great length to discuss why Germany will have to go to war with the United States. "If he were to..."
conquer the world, sooner or later he would have to deal with the United States," he explained.

Books, however, don’t hold the preeminent spot in Weinberg’s life. Asked what he considers his proudest achievement, Weinberg chose his work as a teacher. “I suppose teaching literally thousands and thousands of students and hopefully bringing ideas and thoughts to a fair number of undergraduates and a small number of those who did Master’s and Ph.D.s with me over the many years,” is a highlight, he feels.

“The other things are the publications, but I also played an important role in seeing that German records were properly microfilmed in the United States before the originals were sent back to Germany so scholars could have access to them. I see with a slight grin the footnotes [of others’ works] that refer to microfilms I started and organized.”

Weinberg lives with his third wife, Janet, near Hillsborough. He lost his second wife to breast cancer and was divorced from his first wife. He has a grown son, David, who lives in Chicago. When he is not working, the historian and Janet enjoy traveling in the West and rock hunting.

Wearing his trademark bolo ties, Weinberg plans to keep making speeches and to continue writing about World War II.

“When I write articles, deliver speeches and appear at conferences, I want to get people to understand that you cannot understand the disaster of World War II or the disaster of the Holocaust unless you see that the two are interrelated,” he explained. “Too much of the discussion and too much of the literature looks at these two as a coincidence. In reality, they are closely interrelated and cannot be understood unless approached in this manner.”

After all, Weinberg stressed, Hitler’s war was “to create a demographic of the world that the Holocaust would be part.”

—Rick Smith

“IT ALL STARTS WITH LEADERSHIP”

General Henry Hugh Shelton: Retired four-star General Henry Hugh Shelton, a 1963 graduate of North Carolina State University with a degree in textiles, turned a 38-year military career into a journey that culminated in his selection as Chairman of the Joint Chiefs of Staff by President Bill Clinton.

Retired from the position as the nation’s top military commander behind the Commander in Chief, Shelton remains passionate about the defense of his country and developing new leaders to face America’s next challenges.

Now, a primary focus of Shelton’s is the General Henry Hugh Shelton Leadership Initiative at NCSU. The program hosted its second annual conference with a variety of high-profile speakers, including self-made billionaire Ross Perot.

“You always miss the people, and I have respect for a tremendous number of great leaders from officers to non-commissioned officers, but I’m not looking back. I’m looking forward,” said Shelton from his home in Morehead City. “I try to use what I learned from the units I led and served in to lead businesses today. I find that the corporate world has values similar to those that have served the military so well.

“It all starts with leadership at the top, whether corporate or military. The leaders must have vision, integrity and honesty. That’s what it’s going to take to lead a high-performance operation.

“Second, I also am one who believes in taking care of people within an organization. You need a corporate climate that encourages all to be what they can be and to be a team. If you are going to have a successful organization, it will have to have those attributes.”

Shelton is now a member of the board of directors at Red Hat, a Linux software developer in Raleigh and five other boards. He also is doing consulting work for Cisco Systems and Northrop Grumman. Shelton also is part of a speaker’s bureau based in Washington.

“I’m very selective,” he said about what board seats he would accept. “I find sitting on the boards an outstanding way to apply things that I have learned over the years, particularly in the area of corporate governance. I will serve on boards if I find their values are something I believe in.”

Shelton is using the Leadership Initiative at NCSU as a means to cross-pollinate what he learned in the military with leaders of businesses.

“What has made our military such a great institution and such a respected institution was the leadership we provided,” said Shelton, a wounded veteran of Vietnam and para-
trooper who also fought in the first Persian Gulf War against Saddam Hussein. "By teaming with NC State, we want to educate, inspire and develop leaders who are committed to integrity and personal ethics, and to develop values based on leaders who are selfless in their service within an organization."

Shelton doesn’t want to draw too much on the military analogy, such as comparing life and death situations in an armed conflict with a business deal gone bad. But lives are impacted in both cases, he explained.

“When you are in charge of leading people in life or death situations, it puts new perspectives on circumstances and how you respond,” he said. “The corporate world shares a similar view. Lives are not at stake, but the livelihoods of the employees are, and so are the lives of customers. Look at what Enron did based on poor, unethical leadership.”

A native of Speed, NC, near Tarboro, Shelton and his wife Carolyn are glad to be living back in North Carolina rather than in Washington, DC.

“As I joke,” he said, “Washington is a great place to visit rather than to live.”

Shelton is fully recovered from a near-crippling fall at his previous home in Washington. Though a veteran of 450 parachute jumps—some from as high as 35,000 feet—he took a tumble off a step ladder and landed on his head. The 5-foot fall left him in the hospital for 90 days.

“I’m more careful now,” he said with a laugh. “God let me off once.”

When not involved at NCSU or his other duties, Shelton and his wife spend time with their three sons: Jon, a Secret Service agent based in Charlotte; Jeff, who works for Boeing; and Mark, who works for Cisco, and their six grandchildren.

Shelton often gets questions about the war against terrorism. He was Chairman of the Joint Chiefs on 9-11-01, and his military jet flew over New York City shortly after the Twin Towers were attacked.

“That was a real wakeup call for America,” Shelton recalled. “It showed us just how deadly the terrorists can be to this country, and we should not forget that.

“Americans have a fairly short memory. We get tired and bored with airline security, but every aspect of our lives has been affected. We’ve got to make sure the right safeguards are in place because we are a target.”

—Rick Smith
"I wish I had a million dollars."

Allen McBride, age 5
Private Wealth Management for your working years. You're worth millions. And as you know, wealth doesn't come with just a privileged lifestyle, but with multiple mortgages, debt management, and retirement planning. Your wealth and how you enjoy it are not the same as anyone else's, and should not be managed like anyone else's. Together with a SunTrust Advisor, you'll create a personal plan that's as driven, disciplined, and goal-oriented as you are. You'll see beyond just making millions to enjoying the reasons you're making them in the first place. **Call 866.784.7962 to schedule a personal consultation with our advisor. Or visit us at suntrust.com/manage.**

"Now what?"

Allen McBride, age 45

The investment return and principal value of an investment will fluctuate so that an investor's shares, when redeemed, may be worth more or less than their original cost.

<table>
<thead>
<tr>
<th>Securities and Insurance products and services</th>
<th>Are not FDIC or any other government agency insured</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are not Bank Guaranteed</td>
<td>May Lose Value</td>
</tr>
</tbody>
</table>
HONORED TO SERVE HIS COUNTRY

Ambassador James Palmer Cain:

To James Palmer Cain, Ambassador of the United States of America to Denmark, serving his country is a matter of great pride.

"I am honored and humbled by the opportunity to serve my country," said Cain, a long-time Raleigh attorney and Republican who signed on to the ambassadorship at the request of President George W. Bush following the 2004 election.

"I came of age in the generation between Vietnam and Desert Storm. In the last three decades, I have had great opportunities and have worked with some wonderful people in the private sector, the legal world, the community, and in professional sports," he explained. "But I have not [until now] had the privilege of performing direct service for America. To have the chance to represent to the world the values that America stands for is an honor of the highest magnitude."

Since launching his legal career in 1985 as a co-founder of the Raleigh office for the law firm Kilpatrick Stockton, Cain has been a fixture in local politics and legal circles. He also spent time with the Carolina Hurricanes when the National Hockey League franchise decided to relocate to Raleigh and was actively involved in the selling of the naming rights to the RBC Center. Cain now jokes that the naming rights deal may have been his first diplomatic assignment.

His introduction to diplomacy came in the summer of 2004 when President Bush dispatched him as an emissary for a mission to the Philippines. "I had not considered diplomatic service prior to that invitation," Cain recalled. Then came the big promotion to becoming ambassador to a NATO ally and a key supporter of the United States in the war on terror.

A Ronald Reagan Republican, Cain remembers attending his first political event for Reagan in 1976 in his hometown of High Point. "His inspiring message of freedom, personal responsibility and family values stirred the passions within me," Cain recalled. Reagan went on to become president in 1980. "As history has shown, Ronald Reagan was right," Cain said, "and his message of hope still drives me today."

Cain, who graduated from High Point Central in 1975 and went on to undergraduate and law degree work at Wake Forest University, has put aside state and national politics now. He is involved in international diplomacy, a role he takes quite seriously.

"As US Ambassador, I am the President’s personal representative to the people of Denmark, his eyes and ears on the ground so to speak," Cain explained. "I am here to represent American interests and advance the relationship between two great friends and allies."

"I sometimes think that what our ambassadors and embassies do is one of America’s best-kept secrets. We work to advance the President’s commitment to creating a world in which the American people can be secure and prosperous and see their deeply held values of political and economic freedom increasingly realized by people throughout the world. This is the great challenge of the post-9-11 world, and Denmark’s support in both material and moral terms has been absolutely unrelenting. It makes me very proud to serve in Copenhagen."

The job can be grueling, too. Cain pointed out that Secretary of State Condoleezza Rice, whom he described as a "remarkable woman," reminds ambassadors and staff of their responsibilities. "As Secretary Rice reminded me, we are here to represent America 24 hours a day, seven days a week. And it sometimes feels as if the schedule is booked all those hours!" Cain said. "Recently we had at the residence a reception for the New York City Ballet that went on until 2:30 in the morning, and then we had a Congressional Delegation of 20 US Senators and Congressmen arriving four hours later, so that was a typically busy couple of days."

Cain moved to Denmark along with his wife Helen and daughters Cameron, 15, and Laura, 12. The worst part of his job, he said, is "being away from our friends in North Carolina." They have managed to find time to travel and play tourist, especially in their host country. The Cains have also had to adapt to becoming press personalities.

"The first trip to the girls’ fashion section of Magasin, the big department store, with the two bodyguards in tow was a bit unnerving," he said. But he noted, "[T]he press here is much more polite than in the states. The photographers actually ask the girls for permission before they snap their photographs for the glossy magazines!"

Despite the rigors of his job, Cain manages to keep up with some heavy reading. He has three books going at a time, including a history of Denmark, a thriller from Dan Brown and a book about the leadership of Billy Graham.

As for being any part of an American royalty as an ambassador, Cain dismissed the notion.

"The misconception about ambassadorial life and royalty is a very common one," he said. "I’m here to represent the American people, and after all, we fought a war a couple hundred years ago in America to reject a monarchy, so there can be no question of..."
Investing in the Environment

Rick Smith

As senior vice president of environmental affairs, Rick is responsible for overseeing Kelly's sustainability efforts, including the company's commitment to reducing its environmental impact. Kelly's focus on sustainability includes reducing energy consumption, minimizing waste, and promoting sustainable practices.

- Kelly is a leader in the industry, setting the bar for environmental responsibility.
- The company has implemented numerous initiatives to reduce its carbon footprint, including energy-efficient lighting and heating systems.
- Kelly is committed to recycling and waste reduction practices, with a goal of diverting 90% of its waste from landfills.
- The company is a member of the American Chemistry Council's Green Chemistry Partnership, which promotes the development of safer chemicals.
- Kelly is also involved in the American Chemistry Council's Responsible Care program, which aims to improve safety, health, and environmental performance in the chemical industry.

“Kelly’s commitment to sustainability is not just about meeting regulatory requirements, it’s about doing what’s right for the planet and our future,” Rick said. “By investing in the environment, we’re not only protecting our own future, but also that of future generations.”
Our mission at RIT is to improve the human condition. The geographical footprint of RIT is large. RIT is recognized around the world as a leader in education and research. Our programs and services are designed to meet the needs of society and our economy.

We are located on a beautiful campus in Rochester, New York, with additional locations around the world. Our faculty and staff are dedicated to excellence in teaching and learning, and our students are prepared to succeed in a global society.

We believe that education and research are essential to the development of new technologies and the advancement of knowledge. Our programs are designed to prepare students for careers in a wide range of disciplines, including engineering, applied sciences, business, and the arts.

We are committed to diversity and inclusion, and we work to create an inclusive and welcoming environment for all members of our community.

Our mission is to provide a high-quality education and research experience that prepares students for successful careers, and to contribute to the advancement of knowledge and understanding through research and scholarship.

RIT's location in Rochester, New York, offers a dynamic and diverse community, with a rich cultural and academic heritage.

We are proud to be a part of the RIT community and to contribute to the continued success of the institution.

RIT is a leader in the fields of engineering, computer science, business, and the arts. Our programs are designed to provide students with the skills and knowledge they need to succeed in today's global economy.

We are committed to providing a high-quality education and research experience that prepares students for successful careers, and to contributing to the advancement of knowledge and understanding through research and scholarship.

We believe that education and research are essential to the development of new technologies and the advancement of knowledge. Our programs are designed to prepare students for careers in a wide range of disciplines, including engineering, applied sciences, business, and the arts.

We are located on a beautiful campus in Rochester, New York, with additional locations around the world. Our faculty and staff are dedicated to excellence in teaching and learning, and our students are prepared to succeed in a global society.

We believe that education and research are essential to the development of new technologies and the advancement of knowledge. Our programs are designed to prepare students for careers in a wide range of disciplines, including engineering, applied sciences, business, and the arts.

We are located on a beautiful campus in Rochester, New York, with additional locations around the world. Our faculty and staff are dedicated to excellence in teaching and learning, and our students are prepared to succeed in a global society.
ern Europe, categorized as environmentally impaired real estate called “brownfields.” The EPA estimates that there are between 450,000 and 1 million brownfields in the United States. Cherokee’s mission is to deliver remediated and repositioned land to the marketplace free of environmental risk. The company’s biggest asset, says Darden, is intangible: the trust and confidence that Cherokee knows what it is doing. Darden points out with pride the framed credential of his company’s ISO 14001 certification, verifying the company’s environmental management systems.

One of the beneficial outcomes of returning brownfields to the real estate marketplace is dense, urban development. Most of Cherokee’s properties are in large, urban areas in the Northeast and on the West Coast. By reclaiming the land, commercial developers can build housing and industry in town rather than on the outskirts, helping to prevent suburban sprawl.

In 2001 Darden and others formed the Cherokee Property Foundation, a nonprofit that accepts donations of brownfields. The Foundation cleans and sells the sites with the proceeds reverting to the foundation to buy more tainted land or be contributed to other charities.

Darden recently traveled to Bhopal, India, the site of one of the deadliest environmental accidents in history. In December of 1984, gas leaked out of a Union Carbide plant. Approximately 3800 people died, and thousands more suffered partial and permanent disabilities. Union Carbide says all claims resulting from the disaster have been settled. But the site of the accident is yet to be cleaned. Darden offered to clean the site free of charge, but ironically, some environmental groups have not been supportive.

“The Bhopal site has been a sort of headquarters to environmentalists, and they see us eliminating a fundraising opportunity and letting off Union Carbide if we clean the site,” he said. “In fact, our remediation would have nothing to do with any legal proceedings going on.”

His offer still stands.

— Johnny Kerr

AMERICAN DREAM COME TRUE

Ping Fu:
Ping Fu survived the Cultural Revolution in China only to be expelled to the United States with virtually no money and no language skills.

Today, she graces the cover of Inc. magazine as its “Entrepreneur of the Year”—one of numerous awards she has received in recent years as chief executive officer of Raindrop Geomagic, a 3-D software firm based in RTP.

“I’m the embodiment of the American opportunity,” Fu said with a smile. “I came here with absolutely nothing.”


“You get caught in a traffic jam and that’s a bad day? Put it in perspective,” Fu said, reflecting on what she experienced growing up at the height of Mao Zedong’s Cultural Revolution when her parents were banished to a concentration camp. She was only 7 at the time and basically had to raise herself in Shanghai as well as a young sister. “There aren’t many bad days here in comparison.”

She runs a growing international business that is on the cutting edge of 3-dimensional rendering. Raindrop has developed a means of capturing images—drawings, for example—and turning them into 3-D re-creations that can be fashioned into molds and prototypes.

But Fu will entertain no talk that she is brilliant, even though she was among the software developers who helped create some of the tremendous special effects used in the film Terminator 2. She also had a hand in the development of the cutting-edge Netscape web browser that helped revolutionize the Internet.

“I’m not that special,” said Fu, 47. “I’m not that smart or anything else. I don’t have a Harvard or MIT degree.

“I am just curious. I am learning on the fly. I don’t have an MBA in business. I learn by reading and doing.
"It's more street smarts," she said with a smile, "than book smarts."

Not that she doesn't read business books. Fu recently read former GE chairman Jack Welch's book and the popular titles *Blink* and *Tipping Point*. And she did earn undergraduate and master's degrees in computer science after coming to the United States.

Fu co-founded Raindrop along with her husband, Herbert Edelsbrunner, who is a professor at Duke University. She took over as chief executive officer of Raindrop in 2001. Since then the company has grown to some 100 employees with international offices in China as well as Singapore, Germany, and Hungary. But being CEO doesn't keep her away from other interests.

"I like shapes. I enjoy sculpture more than painting," she said. Fu also spends a great deal of time with Xi Xi, her 12-year-old daughter. And she likes to do gardening.

Life for Fu is certainly different from her experiences growing up.

"During the Cultural Revolution, my parents were taken away. I raised myself for about 10 years," she recalled. "Father and mother were taken to a local concentration camp. They were screaming my name. Then they disappeared."

"Father was a professor and aerospace engineer, mother a chief financial officer of a large company before the Cultural Revolution. She was a very ambitious career woman."

Fu recently read a new biography of Mao—someone she admires not in the least. "Mao historically is just like Stalin and Hitler," she said. "He was a brutal dictator who killed millions of people."

When she was banished to the United States, Fu found her way to a career in computers and software design. She remains forever grateful to her new homeland.

"I basically got my life back. It was an opportunity. I had no language skills, no money. Numerous people helped me," she said. "If I made it, a large part of [the reason] is that this society gave me an opportunity."

The American Dream is there for all, she stressed.

"If you have a passion to do something, you can do it," Fu said. "It is one of the richest countries in the world, and the one with the least number of barriers to pursue your dream, or to live a decent life. It's not hard to succeed—if you are willing to work."

"I feel protected here. I don't fear abuse. You think that you are supposed to have rights. I didn't come from a society where that was accepted."

Fu routinely returns to China on business, and memories of her upbringing are never far away.

"My experiences in China made me tougher, made me appreciate the good things that come my way, made me appreciate the opportunities and gave me a better attitude toward life. I am more optimistic."

She also is encouraged to see how China has changed in recent years, developing a free-market economy with amazing growth.

"I am very happy to see the change in China. In the last few years they have had more stability than in the previous 150 years," she said. "Three generations of people lived with nothing but chaos."

In running Raindrop, Fu said she would remain focused on building value.

"I always follow my heart. That's something I'm passionate about," she explained. "I want to create value. I don't think about creating wealth. That's not my interest. It's never been about money."

"What I think about and am hoping is that what I'm doing is good for society. If everyone tries to create value, we all will be better off."

Fu also wanted to make sure that she shared credit for her individual honors with her company.

"I'm flattered to be honored with so many awards. On the other hand, they are a validation of what we do as a company—we add value," she said. "I have incredibly good people here. No one single person achieves success. This is a family business. I understand that."

—Rick Smith

DEMOCRAT CONSERVATIVE CHRISTIAN

Mike Adams:

Mike Adams, a professor at the University of North Carolina at Wilmington since 1993, is not someone who is afraid to say—or write—what he thinks.

A former Democrat and atheist turned Republican and Christian, Adams writes a conservative column for the website Townhall.org. He also has been featured on the Rush Limbaugh and Bill O'Reilly programs. And his recent book, *Welcome To The Ivory Tower of Babel* is a scathing critique of college campuses today.
"I think there are two major challenges," said Adams about campus life. "First, we must abolish speech codes that suggest a constitutional right to remain "un-offended" on a college campus. This is a notion that is destroying an entire generation.

"It is creating a very weak, hyper-emotive, and irrational student—one who is wholly unprepared to compete in the world upon graduation. It is, of course, a notion that is merely used to enforce liberal orthodoxy, perhaps an oxymoron nowadays, at most universities.

"Second," he added, "we must either abandon mandatory student activity fees or make certain that they are spent in a manner that is viewpoint neutral. The Supreme Court said that these fees must be neutrally distributed or abolished, but few schools are listening.

"That means we need more lawsuits. It is a pity that students routinely pay $500 or $600 in these mandatory fees per semester only to have the university pay the likes of [activist] Michael Moore $40,000 for an hour of political propaganda. This has to stop."

Despite his concerns, Adams does have hope for the future.

"Yes, I think a more balanced education is on the horizon," he explained. "It is, however, to be attained via radio, the Internet and cable television. It will not come, for some time, from our institutions of higher learning."

Adams, 41, teaches Introduction to Criminal Justice, Law of Evidence, Criminal Law and Procedure, and Trials of the Century. He graduated with bachelor's and master's degrees in psychology and a Ph.D. in criminology from Mississippi State. Adams joined the UNCW faculty shortly after earning his doctorate in 1993. His wife Krysten is the youth director at Wrightsville Beach United Methodist Church.

How Adams came to be such a staunch conservative after moving to North Carolina is not a short story. At that time, Adams was both a strong Democrat and an atheist. But his transformation started with a tragic incident.

"In 1993, one of my fraternity brothers was murdered by an armed assailant," Adams recalled. "This changed my views on gun control. I decided it was better to have a gun and not need it than to need a gun and not have it. That was when I bought a .357 magnum. Now I am a hunter with two full gun safes in my home office.

"Later in 1993, I found out first-hand that affirmative action really isn't a tie-breaker. My colleagues at UNCW engaged in blatant racial discrimination—e.g. favoring less qualified minorities over more qualified whites—in hiring. They still do, today.

"In 1996, I relinquished my atheism. I think it is nearly impossible to be a Christian and a Democrat these days."

While Adams was changing, he gained tenure at UNCW in 1997. By 1999, he officially became a Republican. "Yes, I regret that I did not leave the Democratic Party sooner," he explained. However, there is a caveat to his switch.

"No, no, I would not have gotten tenure if I were a well-known conservative and columnist in 1997," Adams stressed. "My colleagues are too narrow-minded, irrereligious, and, in a few cases, jealous of my present position and influence. Nonetheless, I like several of them."

Adams plans to remain in teaching despite his political transformation. Asked if he ever wanted to run for elective office, he replied, "Absolutely not! I'm so offended I should terminate this interview right now ... I'm just kidding."

"But, seriously, I would never run for elective office. I am clearly unelectable. By that, I mean that I am too conservative for a nation that has clearly lost its way. Were this 1776, I would be considered a moderate. But, alas, it is not."

Adams recently read The Holiness of Rod by R.C. Sproul and also watched the DVD about the life of Luther. When not reading or hunting, he is writing commentary.

"The thing I enjoy most is that I can actually effect change with the column [at Townhall.org]," he said. "When a school violates the rights of a student, I often write them an open letter in the form of an Internet column ... I just have to throw a match and watch the fires of controversy burn out of control."
For more than 50 years, Cherry, Bekaert & Holland has been more than an accounting firm, serving as the strategic financial partner for thousands of businesses/organizations across the Southeast.

We provide smart solutions in highly specialized industries that help our clients reach their growth potential. How high do you want to climb?

Not-For-Profit • Financial Institutions
Government Contractors • Healthcare
State & Local Government
Construction • Wholesale • Real Estate
Information Technology

Cherry, Bekaert & Holland, L.L.P.
The Firm of Choice in the Southeast.
www.cbh.com

For more information, contact Joe McLeod at jmcleod@cbh.com or 919.782.1040
Proud Past Anchors Bright Future

Wake Tech Community College quietly, effectively plays key role in the technological success of the Research Triangle region.
The community college of today is focused on building the work force of the future, from healthcare to high performance computing, auto technicians to PC game developers. Wake Tech trains more than 50,000 students a year—and it is growing.

Wake Tech Community College has a message: "We’re not your grandfather’s community college.”

From high-tech training in biotechnology programs, nursing and related medical fields, Wake Tech lives up to the technology portion of its name. In addition, more people in the community—from all segments of the population—are discovering the variety of course offerings.

With an enrollment of more than 53,000—ranging from full-time students working on two-year degree programs, to students taking just one or two continuing education courses—an estimated one in seven adults in Wake County is using the community college’s services.

"We have 8000 students [enrolled] in basic skills, but more than 11,000 at the other extreme with bachelor's degrees or higher," explained Dr. Stephen Scott, Wake Tech Community College president for the past two years.

"The economy is changing so rapidly, the world is becoming so flat that our people have to continuously upgrade their skills and add new ones.”

—Dr. Stephen Scott

In the past, the community college was perceived as a provider of basic job training that equipped students not ready for admission to a four-year college with preparatory skills as well as remedial programs that assisted high school dropouts to earn diplomas. Today, Wake Tech is on the leading edge of helping this part of North Carolina adjust and grow in a changing world economy.

"Why are so many people coming here? [Because of] the changes in the job market," said Scott. "When you have growth and change like this in the economy, one of the big things we do is provide continuing education and life-long learning—or, in the latest terminology, 'retooling and reskilling.'"

"The economy is changing so rapidly, the world is becoming so flat," Scott said, "that our people have to continuously upgrade their skills and add new ones. Wake Tech is a comprehensive community college, which means we offer a very broad range of courses that is constantly changing based upon the needs of the market. That's the key thing. We look at the jobs that are available and the jobs that are going to be available in this area or region. Then we direct our training toward those. Consequently, we are in for a huge amount of change because so much around us is changing."

Of those 53,000 students, two-thirds are part-time continuing education students. The other third are enrolled in degree or diploma programs. Therefore, Scott said, "We have to be flexible when and where we offer courses."

To address this mission, in addition to the main campus located south of Raleigh, Wake Tech offers courses at the Western Wake Tech Campus in Cary, the Adult Education Center in Raleigh and the Health Science Campus also in Raleigh. Now a North Campus is underway.

Why Such Growth?

Scott traced much of the recent interest in Wake Tech to the economic downturn of 2000.

"In North Carolina, the recession was pictured as affecting the textiles, furniture and tobacco industries," Scott said. "In Wake County, however, our displaced workers were from the 'dot com' and the information technology industry. Those workers have a certain skill set, and if they couldn't find a job, many of them came back to the community college to develop a new set of skills. Many sought degrees in nursing, in allied health, or in biotechnology. Those are the three areas of current interests."

Wake Tech also provides job-training programs for established companies looking to hire new workers, such as Red Hat, GlaxoSmithKline and Credit Suisse First Boston, among others. Wake Tech also uses its job-training capabilities to help draw new industry to the area and assist entrepreneurs seeking to launch their own businesses, according to Scott.

Performance-Based Results

Wake Tech is growing and more companies are coming to the college to train workers. The businesses that hire Wake Tech graduates demand results, so to monitor the effectiveness of its programs, Wake Tech has set up performance measures. "We are a performance-based institution," Scott said.
And those performance scales are all above 90 percent. For example, 99 percent of Wake Tech graduates find jobs in one year or less.

Also, more than 95 percent of students who need to pass licensure exams in order to enter fields such as nursing, real estate, law enforcement and emergency medical science pass on the first try.

Employers are also polled about satisfaction with employees who have trained at Wake Tech. “Ninety-nine percent of them are satisfied,” Scott said, “with either students who come to them through the general workforce, or were trained in-house for a specific company.”

Wake Tech students who transfer to attend four-year colleges also score very well. According to college data, more than 90 percent of its two-year graduates score an average of C or better their first semester, Junior year, at a university. That compares to an average of 87 percent of “native” students, or those who have been at the university for two years. “Our first-semester juniors do better than the native juniors,” Scott stressed.

The college also makes sure to track student satisfaction with the training they received. According to Scott, 96 percent of students now say they achieved their goals while at Wake Tech.

“We’re pleased with those performance measures,” he said.
Foundation to Raise $1 Million

This year, the Wake Tech Foundation launched its largest annual campaign ever with the goal of raising $1 million. Wake Tech plans to use some of this funding to support new and existing programs as well as broaden its support for faculty and staff professional development and fill in the gaps in the college's equipment budget.

In addition, the Foundation hopes to reach out to alumni. "We want to get the word out to our alumni that we need their input and support as the college looks to the future," said Executive Director Mort Congleton. Congleton, who has been in the position of executive director for nine months, considers the Foundation's $1 million goal "aggressive" when compared to the $600,000 raised in the last fiscal year.

To help achieve this goal, the Foundation offers various opportunities for individuals, corporate partners, community organizations and vendors to participate through in-kind gifts and cash contributions. Also, the college's Board of Trustees recently approved the granting of naming rights for buildings, campuses, computer labs and classrooms. Permanent naming rights range from as low as $200 for a brick to $5 million for a campus, according to Congleton.

Private funding is critical to the college's growth. "To ensure successful achievement of college priorities and to continue meeting the demands of the community, we must increase private support for the college," Congleton said. He goes on to say, "Naming rights and named scholarships are a win-win situation. They can serve as a long-lasting tribute, provide targeted marketing for a local business, or be named in honor or memory of a special person, all while assisting the college in its economic workforce development mission."

WAKE TECH FOUNDATION

Wake Technical Community College Foundation is a non-profit corporation established to develop financial partnerships with corporations, foundations and individuals in the private sector to raise funds to support the college's institutional and instructional needs. Gifts are used for emergency financial aid and student scholarships, equipment, professional development, facility improvement renovations and expansions, and a variety of other purposes outside the scope of regular traditional tax revenue funding.

While the first Foundation was originally founded in 1968, it re-emerged in its current form in 1991. By seeking the support of local businesses and industries that endorse the workforce development mission of the College, the Foundation is one of the primary ways for Wake Tech to sustain the quality of its services.

In fiscal year 2004-2005, the Foundation raised nearly $400,000 used to fund needs and opportunities not generally supported by traditional funding from tax revenues:

- $145,000 for essential renovations and instructional equipment
- $135,300 in scholarships and emergency financial aid grants for more than 160 students
- $45,800 for instructional program support
- $40,700 in faculty/staff development grants for academic credentialing and excellence in teaching and service awards

A variety of funds is administered through the Foundation:

- The Wake Tech Fund is the general fund supporting programs that receive limited support from traditional tax revenues that support emergency financial aid, professional development, program support and renovations.
- Donor-restricted funds provide gifts to specific academic programs and scholarships that address certain employment needs.
- Endowment funds are established through various estate or major gifts, creating permanent funds from which the interest income can be allocated to a specific area program, need or scholarship.
- Gifts-in-kind from business and industries enhance instructional programs with equipment and materials to keep classroom technology current and instruction up to industry standards.

Since 1988, gifts to the Foundation have reached close to $6.5 million.
Campus Locations

Main Campus
9101 Fayetteville Road, Raleigh
Home to the Holding Hall administration building, the Automotive and heavy Heavy Equipment Technology Complex, the Engineering Technology Building, Engineering Technology and Annex, the Student Services Building, Bruce I. Howell Library, Ready Hall, Pucher-LeMay Hall and the Individualized Learning Center, among other departments and programs.

Health Sciences Campus
2901 Holston Lane, Raleigh
Located behind Wake Medical Center hospital in Raleigh, this campus includes the Allied Health Building, the Health Education Building and the Health Sciences Building.

The News & Observer Adult Education Center
1920 Capital Blvd., Raleigh
At the heart of the Basic Skills program, the center is the main location for the Adult High School Diploma, GED and English-as-a-Second-Language programs.

Western Wake Campus at Millpond Village
3434 Kildaire Farm Rd., Cary
This campus offers continuing education courses for the Business & Industry Center and the Small Business Center.

State Personnel Development Center
101 West Peace St., Raleigh
This is the headquarters of a partnership between the State of North Carolina and Wake Tech to offer state employees and other citizens credit and non-credit courses, continuing education courses.

401 North Campus
In July 2004, Wake Tech broke ground on a new 125-acre campus along the banks of the Neuse River in northern Wake County.
Slated to open in fall 2007, with two buildings covering 125,440 square feet and serving approximately 3000 students, the campus will be sited to reach students in northern Wake County. The first buildings on the new campus will provide space for a library, student services, a bookstore, food services and IT services for the college transfer program, some continuing education classes and business classes. Over the next 20 years, pending funding, the planned build-out of the campus will reach 1 million square feet.

Wake Tech Locations
Wake Tech's Economic Impact

Economic Impact is one of the most significant contributions Wake Tech makes to the region. In 2003, over $16.9 billion was earned in wages and salaries in Wake County. Of that, about $548 million was due to Wake Tech.

According to a study by CC Benefits, a firm in Idaho that measures the impact of Community Colleges around the US, student earnings increase $157 for every credit they complete. Based on over 3 million credits taken, CC Benefits estimates the economic impact of Wake Tech at $548 million in 2003.

An earlier study commissioned by Greater Raleigh Chamber of Commerce for the College's 2004 Bond Referendum confirmed the scale of Wake Tech's economic impact, according to Scott. The Chamber study figures the economic impact based on three factors: the increase in student earnings as a result of attending classes; the current year's budget expenditures; and what the study calls "dynamic attraction." The study asks economic developers and business leaders what percentage of impact did Wake Tech have on the decision to locate more businesses in Wake County.

"Anyway you measure the impact, it is a significant amount," said Scott.

Bio-Network Center

The college is placing part of its economic clout on its work in the area of biotechnology. Dr. Lin Wu leads the Bio-Network Center currently located at the new Western Wake campus in Cary.

As the lead college among the consortium of the North Carolina Community College System and schools from the University system, one of its primary projects is the development of a 40-foot-long bus to be used as a mobile lab for specialized training early next year.

Wake Tech offered biotech worker-training courses in June, working in partnership with nine pharmaceutical firms. "People had to be put on a waiting list," Wu recalled. And the instructors are not ordinary. "They are not typical academicians," Wu said. "What workers need is not theory, but facts. Our instructors all have hands-on industry experience. Three have 20 years or more experience as managers in the biotech industry."

Among companies already paying to have 16 to 20 workers trained at a time are Wyeth, Biogen and several other firms.

"The workers have to be trained to read a protocol in the drug manufacturing process and follow it," Wu said. "This will be the technical training center for the state. It's hands on, and people are taking back to companies, skills that they can use."

The Bio-Network Center will move in 2007 to a new $30 million building on North Carolina State University's Centennial Campus.

"We are adding new courses, hiring more people for the spring semester," Wu added. "We will be teaching several hundred workers a year when we are at capacity."

High-Performance Computing

One of Wake Tech's prize possessions, signifying its commitment to the high-tech nature of the Triangle, is the college's high-performance computing center.

Funded in part by the National Science Foundation, the center, directed by Witold Sieradzan, is one of only four in the country. "We're very progressive on this campus," said Sieradzan.

Currently 18 students are participating in courses supported by the center, with industry backing from Raleigh-based Red Hat to train people who want to learn how to use the Red Hat Linux operating system. Local companies IBM, MCNC and NHI as well as Renaissance Computing Center at UNC-Chapel Hill have also provided support to the program.

As part of its high-performance computing efforts, Wake Tech also supports a bioinformatics program led by Professor Chris James. The program is designed for biologists and researchers who need information technology skills to work with data they develop in other research.

"Biology is changing from a lab-based science to information technology," James said. Consequently, holders of Ph.D. and master's degrees are signing up for the bioinformatics training.

"It's a pretty steep learning curve," James acknowledged. Right now, eight students per semester are signed up for the courses, covering programming and data mining.
SUCCESS BY THE NUMBERS:
Wake Tech's role in the community is demonstrated by it's growth over the past 40 years in size, student enrollment and facilities.

Total enrollment:
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3000</td>
<td>.7952</td>
<td>24,681</td>
<td>.44,543</td>
<td>.56,689</td>
</tr>
</tbody>
</table>

Graduates of Credit Programs:
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.31</td>
<td>.435</td>
<td>.730</td>
<td>.900</td>
<td>.1296</td>
</tr>
</tbody>
</table>

Adult High School and GED Graduates:
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.40</td>
<td>.460</td>
<td>.534</td>
<td>.608</td>
</tr>
</tbody>
</table>

Permanent Facilities, Gross Square Footage:
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.40,795</td>
<td>.119,366</td>
<td>.245,992</td>
<td>.426,370</td>
<td>.781,513</td>
</tr>
</tbody>
</table>

Adult High School Graduates:
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>.40</td>
<td>.38</td>
<td>.43</td>
<td>.60</td>
</tr>
</tbody>
</table>

SMALL BUSINESS CENTER (SBC)
For more than 20 years as part of the Small Business Center Network of the North Carolina Community College System, Wake Tech has delivered business education and consultation services to community members launching or growing small businesses.

During the 2004-2005 fiscal year, the SBC helped thousands of entrepreneurs and would-be entrepreneurs by providing seminars, counseling and referrals. The Director provides individual consultation and free seminars in the areas of business plan development, taxation issues, advertising, cash flow, marketing, protecting intellectual property, and where and how to get money to get started or grow. Other subjects include communications, finance, business operations, management and taxes.

One example of the success of the Center is Morrisville-based New Phoenix Aerospace Inc. that manufactures, refurbishes and supplies aerospace sub-assemblies, delivers design capability and delivers repair capability to the aerospace industry. This woman-owned start-up came to SBC for general advice in the development of a plan for growth. Center Director Ken Dillo coached the management team in obtaining a grant to train their workers in NASA manufacturing job skills. Dillo also introduced NPA to the NC Military Business Center for better access to military procurement. Bill Greuling, Contracts Manager, says, “Wake Tech’s consulting services have been very beneficial as we begin to grow our business.”

While all 58 colleges within the Network provide the same core services, Wake Tech’s program is unique in its emphasis on international education, including export/import training and its “Doing Business in Mexico” program. The program, which offers week-long seminars in Mexico (Guadalajara in 2006), teaches NC business people how to market their products in Mexico, reach the Mexican consumer, work with North Carolina and United States government agencies to take advantage of available services, and how to handle the logistics of exporting south of the border. The program is a further evolution of Wake Tech’s mission to serve the growing needs of its community, even when those needs turn the local focus beyond North Carolina. The “Doing Business in Mexico” Program was awarded the Entrepreneurship 101 Award by the Ohio State University Consortium for Entrepreneurship Education.

One SBC client, Ford’s Gourmet Foods of Raleigh, is famous for their “Bone Suckin’ Sauce.” They are now exporting to 22 countries worldwide. Pat Ford, Vice President says, “the Wake Tech Export Ready Training Program was the catalyst for taking the business international.”
Building a Health-care Work Force

Wake Tech turns out approximately 500 workers a year in various health-care fields, including 300 in nursing, according to Judith Rahm, department head of the nursing program. Others are trained in radiography, and as dental hygienists, dental assistants, surgery technicians, medical lab technicians and emergency medical technicians. Students train in classrooms resembling hospital wards, complete with life-like dummies.

Demand is such that classes are now offered at the Health Science Campus adjacent to Wake Medical Center in East Raleigh. Many of the students going into nursing reflect the changes in Wake Tech's student body—more students with degrees in other fields are coming back to start a new life.

Nursing

Ryan Adamson of Cary earned an English degree at West Liberty State College in West Virginia. At age 33, he decided to enter nursing. “I was interested in finding something meaningful,” he said. “I wanted to have a career, not a job.”

Tonya Ward of Raleigh had another reason to enter nursing—to make a difference. “I was a nursing major at Howard University years ago,” she said. “I’m back on track. After the terrorist attacks on Sept. 11, 2001, I decided I wanted to make a difference. In the corporate world, you are there for the money. In nursing, you are here to help people.”

“We don’t get many students right out of high school,” said instructor Charlotte Blackwell. “Many have degrees in other fields and want a second career. Many of our students used to work at MCI or IBM and were laid off. They chose a new career out of necessity.

“Others say, ‘I’m going to change the direction in my life. I wanted to be a nurse. Now I’m going to do it. We are here to help them fulfill the need for a new job while at the same time providing trained workers in fields where they are needed.”

Radiography

Similar trends are found in the ranks of prospective radiographer. Wake Tech will accept as many as 70 students for radiography this spring, up from 42 in the fall. A grant from the Duke Endowment has helped Wake Tech expand its program.

“Most people starting a second career...”
in radiography [are] in their 40s," said Debbie Wood, department head. And the demand for workers is high, she said. "We're one of two community colleges in the state that accepts students twice a year. We're in the second year of this effort. The reason is simple. We are getting requests from hospitals for more workers. They need more people."

**Dental Hygienists and Assistants**

Wake Tech also churns out a high volume of dental hygienists. The third class of 24 students will graduate in May 2006. It's a two-year, full-time program, and most of the students are starting new careers in their late 20s or early 30s. In each of the first three classes, seven to eight people came with degrees in other fields, according to Brenda Maddox, head of the department.

Hygienists focus on the cleaning of teeth, and the jobs pay as much as $60,000, depending on the practice and whether or not the position is full time.

As part of the program, which launched in August of 2002 with the assistance of Dr. B.C. Raynor of Garner, the department offers clinical treatment to the public. For $20, patients receive a cleaning and X-rays. The clinic contains 23 chairs and four radiography labs. Each chair, or unit, has the latest in technology and costs between $35,000 and $40,000.

At age 30, Laura Thomas, was working in accounting when she decided to change careers and enrolled in the dental hygiene program. "I'm a people person," said Thomas, who is from Sanford. "I researched this quite a bit before deciding to enroll."

The dental assisting program at Wake Tech trains workers for another growing health-care field. The program will admit 28 people starting in 2006. The average student age is 23, according to Trudy Clark, the department head.

As assistants to dentists, they take radiographs, apply rubber dams and sit with the dentist to provide assistance with instruments during procedures. Most make around $40,000 a year.

"Demand is high for those who complete the program," said Clark. "We can almost guarantee a graduate a position."
BOARD OF TRUSTEES 2005-06

Chair—Mr. Robert M. Zippay ............................... Retired Executive, John Deere and Company
Vice Chair—Mr. Jim W. Perry ............................... President & CEO, Waste Industries

Members
Dr. William K. Atkinson .................................. President and CEO, Wake Med Health & Hospitals
Mrs. Wanda W. Denning ................................... Community Volunteer
Mr. George N. Hamrick .................................. Attorney-at-Law, Hamrick Law Firm
Mrs. Nancy Barker Johns ................................. President Bob Barker Company
Mr. Harvey L. Montague ................................. President, Montague Building Company
Dr. Carl D. Price ............................................ Retired Educator
Dr. Benjamin D. Reese Jr. ............................... Vice President, Institutional Equity, Duke U.
Mr. Eric M. Reeves ........................................ Attorney-at-Law, Cowper Consulting
Mr. R. Keith Shackleford ................................ Attorney-at-Law, Warren, Perry, & Anthony
Mr. James R. Talton Jr. .................................. Chairman, Impact Design-Build, Inc.
Mr. Elkin Salinas ............................................ President Student Government Association

WAKE TECH FOUNDATION BOARD OF DIRECTORS (2005-06):

Chair ......................................................... W. H. (Bud) Coggins
Chair-Elect ................................................ John D. McKinney
Vice Chair ................................................. Joseph A. Cooper
Secretary ................................................. Stephen C. Scott
Treasurer .................................................. Jack M. Stancil
Executive Director ............................... O. Morton Congleton

J. Allen (Al) Adams ........................................ Retired Attorney, Parker, Poe, Adams & Bernstein
Elizabeth Clay Bradley ................................ Wachovia Securities
W. H. (Bud) Coggins ..................................... Coggins Sales & Marketing Inc.
Rep. Linda Coleman ..................................... North Carolina General Assembly
O. Morton Congleton .................................. Executive Director, Wake Tech Foundation
Joseph (Joe) A. Cooper Jr. ......................... First Citizens Bank
Lizette Cruz-Watko ....................................... Diamante Inc.
Curtis Dail ................................................ Raleigh Businessman
George R. Dail ............................................ Southern Piping Company
James (Jim) E. Herbst .................................. Henry Wurst Inc.
James (Jim) E. Ingram ................................ Ingram Consulting Services
Nancy Barker Johns ....................................... Bob Barker Company and Wake Tech Board of Trustees
John D. McKinney ....................................... BellSouth
Barbara Mulkey ........................................... Mulkey Engineers & Consultants
Sheila Hale Ogle .......................................... MRPP, Inc.
James (Jim) O. Roberson ............................... Retired President, Research Triangle Foundation
Alden (Al) R. Schnaidt ................................... York Simpson Underwood
Stephen C. Scott .......................................... President, Wake Tech
Jack M. Stancil ............................................ Stancil & Company CPAs
James (Jim) R. Talton Jr. .............................. Impact Design-Build Inc. and Wake Tech Board of Trustees
W. Ben Waters ............................................. Retired Executive, Capitol Broadcasting Company
Robert (Bob) M. Zippay ............................... Retired Executive, John Deere Turf Care and Chair, Wake Tech Board of Trustees
Wake Tech Timeline

April 3, 1958
The State of North Carolina charters the Wake County Industrial Education Center.

1961
The Board of Education names Dr. Kenneth M. Wold as the center’s first director and charges him with the responsibility of “developing a program of training for adults.”

October 7, 1963
The center opens its doors for its first class, in a single building at the Main Campus location, with 34 curriculum students on campus and 270 students enrolled in industrial training programs.

January 8, 1964
The center is formally dedicated as W.W. Holding Industrial Education Center, in honor of a long-time member of the Wake County Board of Commissioners. The Wake County Board of Education transfers responsibility for the school’s operations to a Board of Trustees.

1964
Thirty-one students graduate from credit programs this year.

1964-1965
Curriculum and continuing education enroll 3000 students.

September 1965
Dr. Wold resigns and Robert W. LeMay Jr., head of the center’s general adult and community service programs, becomes acting director.

February 16, 1966
The trustees name LeMay president, a post he will hold until 1980.

March 3, 1966
The State Board of Education licenses the school to award the Associate in Applied Science degree, and the center changes its name to the W.W. Holding Technical Institute.

1966-1967
The campus adds a maintenance shop and a laboratory building.

1968
The school constructs a business education building and names it in honor of Leo Pucher, the college’s first Board of Trustees chairman.

1968
The school establishes a non-profit foundation to raise private funding for the center.

December 3, 1970
The Southern Association of Colleges and Schools accredits the college.

September 1972
Wake County Commissioners dedicate 3.5 acres adjacent to Wake Medical Center as the Health Sciences Campus for the College’s health education programs.

1972
After several land purchases, the campus area, which covered 30.8 acres when it opened in 1963, has more than doubled to 76.64 acres.

1974
The college builds a power-mechanics laboratory on the Main Campus.

1974
435 students graduate from credit programs, up from 31 graduates 10 years ago.

1974-1975
7952 students attend Wake Tech in curriculum and continuing education programs, more than double the enrollment 10 years ago.

September 1974
The college changes its name to Wake County Technical Institute to better indicate the mission.

March 1, 1980
The name becomes Wake Technical College.

July 1, 1980
Trustees name Dr. Bruce I. Howell the College’s second president.

1984
The State Personnel Development Center opens downtown as a collaboration between Wake Tech and the North Carolina Office of State Personnel to offer continuing education programs and training to state employees.
1984
To serve the technology industry in Research Triangle Park, the college completes an 8320-square-foot microelectronics laboratory.

730 students graduate from credit programs.

1984-1985
The college's enrollment triples in 10 years, with 24,681 students attending the school year.

1987
The college adds a mechanical technology building to house a machine shop, two automation/robotics laboratories and three classrooms.

1987
The college begins offering distance-learning telecourses through the Public Broadcasting Service's television network.

December 1, 1987
Wake Technical College changes its name to Wake Technical Community College to describe the mission.

1988
The Wake Technical Community College Foundation is re-chartered to raise private funding to support the College's institutional and instructional needs. Corporations, businesses, alumni, friends, trustees and employees have helped the Foundation raise over $8 million to date.

1988
Wake Technical Community College Foundation is officially re-chartered to raise private funding to support the College's institutional and instructional needs. Corporations, businesses, alumni, friends, trustees and employees have helped the Foundation raise over $8 million to date.

1991
Wake Technical Community College Foundation is officially re-chartered to raise private funding to support the College's institutional and instructional needs. Corporations, businesses, alumni, friends, trustees and employees have helped the Foundation raise over $8 million to date.

1991
Wake Technical Community College Foundation is officially re-chartered to raise private funding to support the College's institutional and instructional needs. Corporations, businesses, alumni, friends, trustees and employees have helped the Foundation raise over $8 million to date.

1991
Wake Technical Community College Foundation is officially re-chartered to raise private funding to support the College's institutional and instructional needs. Corporations, businesses, alumni, friends, trustees and employees have helped the Foundation raise over $8 million to date.

1994
900 students graduate from credit programs.

1994-1995
44,543 students enroll in curriculum and continuing education programs in this school year.

February 16, 1996
The State Board of Community Colleges designates Wake Tech as a multi-campus college.

Summer 1997
The college evolves its distance-learning program by providing the first four online classes. 70 students enroll.

Plastic Technology Center Grand Opening

Fall 1997
Along with 57 other colleges in the North Carolina Community College System, Wake Tech converts from the quarter system to the semester system.

Spring 2000
Wake Tech opens its Business and Industry Center in Cary.

2001-2002
99.24 percent of graduating students find employment within a year of graduation.
2002
In partnership with five other area community colleges, Wake Tech opens the Eastern North Carolina Plastics Technology Center in Zebulon. The 8,400-square-foot building houses the specialized laboratory courses associated with the Manufacturing Technology/Plastics Program at each of the schools involved.

Fall 2003
Enrollment in telecourses begins to wane as the online courses grow in popularity. The college begins offering hybrid courses, a combination of classroom meetings and Internet instruction, and also starts offering two certificate programs—Spreadsheet and Microsoft Office Specialist—completely online.

2003
A survey of employers of this year's graduates shows a 95 percent satisfaction rate with the on-the-job performance of the alumni.

October 15, 2003
Dr. Stephen Scott, former president of Lenoir Community College, becomes Wake Tech's third president upon the retirement of Bruce I. Howell.

November 2003
The LeMay/Pucher renovation begins. This project will result in a 30,030-square-foot, three-story addition with 12 new classrooms, a black-box theater, music classroom, art studio, a 50-person open computer lab and offices for art and music faculty. Other construction projects include an Automotive and Heavy Equipment Complex and a bookstore building.

2003-2004
The college enrolls 49,432 students in curriculum and continuing education programs.

July 13, 2004
Wake Tech breaks ground for the new 401 North Campus.

2004
For the first time in its history, the College requires tickets for admission to its graduation ceremony due to growing enrollment. 944 students receive associate degrees and diplomas at the graduation.

2004-2005
Enrollment reaches a new high, with 56,589 students enrolling this school year.

2004-2005
The Wake Tech Foundation raises $400,000 in one year for renovations, equipment, scholarships and faculty development grants.

February 2005
The college holds a ribbon cutting for the new Automotive and Heavy Vehicle Technology Complex.

Spring 2005
The Western Wake Campus at Millpond Village in Cary opens its doors to students.

Fall 2005
With 219 distance-learning classes offered, more than 3300 students enroll for telecourses, online and hybrid courses.

Fall 2005
The Student Government Association raises $1500 for American Red Cross disaster relief activities following Hurricane Katrina. The SGA also partners with Airline Ambassadors to collect baby items to ship to Texas for victims. The school's counseling department offers free personal counseling to students experiencing grief following the tragedy.

Oct. 19, 2005
Through assistance from the Sloan Foundation and the Wake Tech Foundation, Wake Tech offers nine online courses free of charge to students whose studies were interrupted due to the devastating effects of Hurricane Katrina.

Spring 2006
The complete Associate in Arts (A.A.) degree program will be available as an online program.

August 2007
The 401 North Campus is scheduled to begin classes.
Cutting Edge Wake Tech Programs

Engaging Games and Smart Machines

More than 30 companies in and around RTP are involved in the computer gaming industry. They are looking for trained workers, and Wake Tech now offers a Digital Game program under the guidance of Dr. Kai Wang and Walter Rotenberry to help meet the need.

"We have many people interested in our courses," Wang noted. Wake Tech also sponsors a digital gaming Expo where students and companies meet to compare skills and needs. "Most of these companies have told us they can't find enough qualified workers," Wang added. "We are here for high school graduates or for motivated people who want to change careers."

The first class of 14 students is on its way through the program, which requires 48 hours of course-work. This one-year program includes courses such as programming, graphics and level design. A two-year associate degree program is in the works. Graduation presents one major hurdle: "At the end of the one-year program, students should create a game," Wang said. "It should be ready to market."

Not Your Everyday Mechanics

Much traditional workforce training is still offered at Wake Tech, such as training for auto technicians and heavy equipment technicians. But how the workers of tomorrow are trained is changing in many ways.

Sammie Thornton, dean of vocational technologies, displayed one of three buildings that opened in January to train students on heavy construction equipment. John Deere provides the equipment and Wake Tech instructors teach students how to repair it.

But there is much more involved than front-end loaders and tractors. Computer labs are available where students attend John Deere University online. All the computers are linked to a wireless network.

Ronnie Lowe, department head for Heavy Equipment and Transportation Technology, pointed to an $80,000 backhoe used to train students for use in the heavy-vehicle program. In a 10,500-square-foot building, two five-ton cranes are used for training students on moving heavy equipment.

After students graduate, they can repair the heavy construction equipment and understand the mechanics and electronics. "We have over 30 employers lined up to hire our graduates," Lowe said of the graduates each year.

Nearby, another group of students is enrolled in the Automotive Systems Technology program. One hundred forty-nine students are enrolled in the fall semester, training in a 15,000-square-foot building equipped with the most modern equipment available. Jobs after graduation can pay up to $100,000 a year.

Kenneth Betancourt, who runs the program, points out that each technician has to develop an understanding of electronics, Betancourt said. "Electronics are a prerequisite. You can't even talk brakes without dealing with electronics," he explained.

The program, which added a two-year associate degree for technicians only three years ago, is also equipped to handle the latest in emerging fuel technology, including hybrids and compressed natural gas.
Looking Ahead: Tomorrow’s Wake Tech

New North Campus

Demand for jobs, classes and skilled workers also means Wake Tech must add more space. It’s coming—in a big way.

To accommodate growth, Wake Tech will open its new North Campus on Highway 401 North near the intersection with the I-540 outer loop that soon will stretch across the northern half of Wake County.

“The north side of Raleigh is where the growth is, and I-540 comes within a quarter-mile of the entrance to our campus,” Wake Tech President Stephen Scott said. “The potential for students to enroll there is just enormous. Plus the convenience, and with higher gasoline prices, students will be looking for places that are closer to attend class.

“I would not be surprised,” he added, “if in less than 10 years, that campus will be larger than the main campus.

“We anticipate about 3000 students the day we open the doors, and in another seven to 10 years probably another 8000 to 10,000, assuming we get the resources to build more buildings.”

The first two buildings, covering 125,440 square feet, are scheduled to open in August of 2007. A third building, covering 78,000 square feet, is set to come online in August of 2009.

The Future

As the economy evolves, so too shall Wake Tech, Scott promised.

“We’ve had the industrial age; we’ve had most of the info-

SUCCESS STORIES FROM THE BIC

The Business and Industry Services team has delivered significant high impact training to a number of major corporations in Wake County. The BIC mission is to positively influence economic development through business training programs. Program examples include:

• Nomacorc in Zebulon has utilized BIC training programs for several years—beginning in 2002 with new hire primary production skill training and team development for employees. In addition, Nomacorc sent the Wake Tech trainer to Europe to train employees there.

• BIC instructors are delivering significant training for Time Warner Cable located in Morrisville. Customer service orientation and technical operations training are some of the programs. Wake Tech has received excellent feedback on the quality of the training delivered.

• The Body Shop located in Wake Forest received training provided by Wake Tech BIC for Customer Care Representatives and Pick and Pack warehouse jobs.

• A representative example of the training that advances manufacturing productivity is the Gas Metal Arc Welding (GMAW) program. GMAW is a new type of welding that upgrades the strength of welds and is faster and easier to do. Wake Tech provides this training to transition welders to new technology that is used at various companies such as John Deere Turf Care, Bob Barker and Morton Metal Craft.

• Wake Tech BIC instructors have delivered several training programs for Catalyst Manufacturing in Morrisville. In 2005 the BIC delivered Lean Manufacturing Training for production personnel. Jeff Benes, CEO tells all, “Wake Tech is a terrific partner with Catalyst and the training contributes significantly to our success.”

• BIC instructors delivered for International Paper in Raleigh training for a Leadership Development Series that began in January and ended in December of 2005.
Distance Learning Opportunities

In order to meet the needs of students working full-time jobs while attending the college, Wake Tech instituted a distance-learning program in 1987 by offering lectures over the Public Broadcasting System. The program allows students to earn credits and engage in regular coursework at times convenient for them. During the Fall 2005 semester, more than 3300 students were enrolled in the distance-learning program, which includes a wide variety of courses, including accounting, biology, business law, computers, writing, literature, history, plastics and psychology.

Three types of distance-learning options are offered—online courses, hybrid courses and telecourses.

With telecourses, students are presented with a series of taped lectures at the beginning of the semester. They can view the tapes at home (or elsewhere) according to their own timeframe, but they are required to attend a certain number of on-campus meetings. Exams are administered at the Howell Library in the Distance Education Testing Center on the Main Campus. The courses are designed for outcomes comparable to those in traditional seated classes.

With online courses, students access lectures, assignments, class questions and comments via documents available for download on the internet. Course content is delivered via the internet. While classes do not take place in real-time, students can have direct contact with the faculty and other students. Students are expected to spend nine to 12 hours per week on their computers doing work for each course. Like telecourses, on-line courses are developed to produce the same learning results as traditional classes.

With hybrid courses, regular classroom meetings are combined with Internet instruction, reducing the number of hours a class meets on campus during the semester.

In Fall 2005, 219 classes, 155 courses, 228 sections were offered in the distance-learning program. Although interest in the telecourses is waning with the growing popularity of the on-line courses, the distance-learning program continues to be an alternative for students: Enrollment was up 37 percent between Fall 2004 and Fall 2005. While the Magnetic Resonance Imaging Technology diploma is now available on-line, the College is planning to offer a complete Associate in Arts (A.A.) degree program starting in Spring 2006.

For more information on the distance-learning program, visit www.waketech.edu/dist_ed.

GRADUATE SUCCESS

In school year 2002-2003, 92 percent of the students who took licensing and certification exams passed, a significantly higher number than the performance standard of 80 percent overall for all tests administered at any college and 70 percent on individual exams. The passing rate for Wake Tech students on each test was as follows:

| Basic Law Enforcement Training | 90% |
| Emergency Medical Technician | 97% |
| EMT-D | 100% |
| EMT-I | 95% |
| EMT-P | 89% |
| Nursing (Registered Nursing) | 92% |
| Radiography | 100% |
| Real Estate (Sales) | 72% |

In addition, the success of Wake Tech graduates is also reflected in their employment rate. One year after graduation, 99.24 percent of the 2001-2002 graduating class was employed. A year later, in 2002-2003, employers rated their satisfaction with Wake Tech graduates at 95 percent.
When Staley and Christine Gentry decided to build a retirement home, they didn’t even think about downsizing. They had lived in many nice houses in many wonderful places during Staley’s long and successful career with the mega-insurance company Axa, so they knew what they wanted: a comfortable house designed for entertaining, hosting out-of-town guests and enjoying their adult children who might soon be visiting with families of their own. From their home in Chicago, the couple began to think about returning to North Carolina, specifically to Raleigh where they had lived previously. Staley, a native of Laurel Hill, North Carolina, and a graduate of Duke University, has special ties to the state, and as ardent golfers Staley and Christine had fond memories of North Carolina’s excellent golf courses and mild winters. As a result, they set their eyes on the North Ridge Country Club community with its manicured greens, upscale amenities and friendly residential character. The only drawback was that the popular subdivision had been nearly built-out since breaking ground in the 1970s and then expanded and intensely developed during the 1980s and 1990s.

As these things sometimes happen, a friend of the Gentrys knew that Tim Thompson, president of Raleigh Custom Homes, a custom residential construction company since 1996, had just purchased a 1970s era home on the No.1 Green of one of the golf courses in a redevelopment project. The friend put Staley and Christine together with Thompson and the trio struck a deal.

The next step was to design a fabulous house and Thompson began assembling the team that would make the Gentrys’ dreams come true. Connie Allen, of Connie Allen Inc., worked as Thompson’s project manager. Allen credits Rick Raynor, owner and president of Raleigh’s Design-Tech, Incorporated, with an immediate understanding of what the Gentrys wanted. “Rick walked the lot and met with the Gentrys. I think Christine had some plans from a friend’s home in California that she liked but mostly Rick just listened to what Staley and Christine told him,” says Allen. “When he came back with the initial plans, they were just about perfect.” One of Raynor’s achieve-
The great room showcases the best of the home’s fine interior details including the hand-crafted Travertine tile mantel.

Elegance Unsurpassed

Mid-Rise Condominium Rentals
Developed by Trammell Crow Residential
Highly Desirable Location with Urban Conveniences
Located in the Heart of Newly Renovated North Hills

Managed by Riverstone Residential Group formerly known as TCRS

Residences Now Open
ments was to maximize the site's view of the golf course. "Rick worked with the surveyor and with Curtis Fields of Tri-City Concrete, who did the poured concrete foundation to obtain the correct elevations for each of the home's three levels," Allen explains. "Each room in the house has a good view."

EXCEPTIONAL PLANNING

Raynor, whose homes are frequently featured in Parade of Homes events, successfully integrated the Gentry house into its site and its neighborhood of traditional residences. The home's nicely asymmetrical front—projecting gabled wings and multi-level hipped roof—draws from traditional architectural styles. The 13,000-square-foot house (9,000 square feet livable space) settles well into its site at the end of a cul-de-sac. The exterior is a careful blending of softly hued sand-colored brick and dark grey brick. The exceptional masonry includes a contrasting watercourse of header bricks. The rear elevation, sited to the fairway, is particularly striking, showcasing a curved second-level terrace above a recessed patio enhanced by an arched loggia. The pool by Oasis Pools was cleverly designed to meet the required set-back from the golf course and angled to accommodate a raised hot tub at one end and a waterfall at the other. The cascading waterfall is set in a construct of dressed marble to add interest; the pleasing melody of the falling water

The curving staircase features an elaborate hand-wrought ironwork balustrade.

Expressions ... For a Lifestyle with Style!

8613 Glenwood Avenue • Raleigh, NC 27617
781-5444 • Monday - Saturday 10-6 • Sunday 1-5
• Since 1994 •
Introducing the New Blue Water Spa
Aesthetic Laser Center

The best in laser technology for your every aesthetic need.

- No-Down time, non-ablative lasers
- 3 different lasers and 2 light sources for aesthetic enhancement
- Laser Hair removal - multiple lasers for every skin type and color
- Skin Rejuvenation - multiple lasers and light sources for the best results possible
- Laser vein removal of face and legs
- Laser treatment of dark spots and uneven pigmentation

Experience dramatic results from laser skin tightening of the face and body with no down time.

We train other physicians on the newest laser technologies in our newly expanded 2000 square foot laser facility. We only use lasers proven to be safe and effective.

Receive your treatments from the experts.

Owned and operated by board-certified plastic surgeon
Dr. Michael Law

Visit www.bluewaterspa.com to learn more about our experience and expertise.
melds the pool with its surrounding garden. The beauty of the Gentry residence is most perfectly realized in the main floor public area that opens from a recessed doorway accented by an ornately patterned tile floor. Upon entering the house you experience a sense of well being, perhaps the result of an almost symphonic interplay of stunning materials and thoughtful design elements. The open floor plan, a requirement that Christine emphasized to Raynor as her number one priority for the house, successfully flows from one pleasing space to another. The spacious foyer is bordered by a curved staircase with an elaborate hand-crafted iron balustrade. To the right of the foyer is the dining room, where the focus is a floor-to-ceiling mahogany niche with mirrored leaded-glass panels. “Annie Palles of Annie’s Interiors came up with the idea of the floor-to-ceiling 9-by-2-foot niche,” says Allen. “It is reminiscent of something you would see in France. Christine endorsed the concept and is very pleased with the design.” Another finishing touch used with great success in the dining room is the gilded plaster medallion on the ceiling. “Daniel Adams is a fourth generation master plaster, and he did the medallion,” says Allen. The 8-foot medallion is embellished with a mural of cherubs created by Alley Murphy, a faux painter that Annie has used in several of her houses. The great room, with its two-story ceiling and walls of windows set in raised panel molding, is simply delightful, a room for viewing the smooth green of the golf course from large comfortable sofas and arm chairs, or wandering out onto the second-floor terrace to the professional barbecue grill. Separated from the great room by a trio of fluted columns connected by a leaded glass transom, the kitchen is furnished with cabinetry and a level-four-grade granite-topped island. An accomplished cook, Christine wanted to be able to converse with her guests while she prepared and served food. The cabinetry had to be both functional and aesthetic and appear as a natural complement to the refinements of the great room. Custom cabinet-maker Matt Smith of Woodleaf Inc., was selected to build the kitchen ensemble and the other furniture-quality cabinetry throughout the house. “Matt brings the com-
completed cabinets to the house and his craftsman Vinnie Puszynski actually finishes them on site,” notes Allen. “Though it is an unusual approach, it allows you to see how the finish looks in the room, and the finish can make or break a job.”

Christine chose the finishes for all the cabinetry created for the house including the kitchen, great room, Staley’s study, the pub room and the oak counter-height island designed for the catering kitchen in the lower-level recreation area. The cabinets and architectural elements in the kitchen, great room and study are cherry with the more subtle finish bringing out the wood’s warmer tones. The pub room, a spectacular creation with a patterned tin ceiling, and a black and pearl granite-topped oak bar, features a darker more masculine finish continued on the room’s oak floor. There is an oak island in the recreation room made to look like an antique with salvaged corbels and an expansive wood countertop. Though also of oak, the choice of finish for this piece allows a lighter more golden appearance than the dusky pub room. The piece was designed and built by Ed Fulford of Fulford Antiques in Wilson.

The lower-level recreation area also

Rocky Mount is an easy 45 minutes away!

Whether you are moving to or from Rocky Mount, please call on our team of trained professionals.

NANCY LIIPFERT ASSOCIATES, INC.
3709 Westridge Circle Dr.
Rocky Mount, NC 27804-0218
(252) 937-7000 (800) 831-0114
www.nancyliipfert.com

Janbarle 2006 METROMAGAZINE
The kitchen is integrated into the home's main living area by its fine furniture quality cabinetry and finishes.
The floors are the thing

The unifying element in the grand main level public rooms of the Gentry home is the remarkable Travertine floors that flow like pale honey throughout. Allen is particularly proud of the floors. It was her suggestion to use Travertine, a marble quarried in Mexico. "I had seen Travertine used in a friend's home in South Florida where the stone is very popular. I suggested that Christine hop on a plane and take a look. She did and liked what she saw. I think the floor acts as a stage for the whole house."

Though the selection of hand-honed Travertine marble was an inspired choice, the installation of the 18x18 half-inch thick tiles on such a large surface required careful analy-
If you could design your ideal community, what would it have?

**Convenience** – where everything you needed was a short walk – or golf cart ride – away?

**Allure** – where friends and relatives jump at invitations to visit?

**Balance** – where you wouldn’t have to choose between life in the city or life in the country because you’d have all the benefits of both?

**Individuality** – where you get an array of options and complete personal services?

And what about feeling like you’re on one **endless vacation**?

It’s all here at SearStone, a unique, innovative approach to living for people 62 and better. We have the perfect “sighs” for you. Find out by scheduling your personal meeting today.

**Ask about our Priority Membership Program.**
**Let our exciting plans take your breath away.**


---

**Experience SearStone – where the past meets the future, hometown meets downtown, and you meet a breathtaking way of life.**
Thompson knew just who to call. He had been introduced to Raleigh tile contractor Jim Lincoln by mutual friends while on a fishing trip to the North Carolina coast. Lincoln assessed the project and determined that it would be best to use a traditional method called mud setting for such a large open expanse of floor. He learned the technique from an older craftsman while living in California. "We chose to set the tiles in a mud base of concrete sand and Portland cement for cushioning and support so they wouldn't crack under pressure," explains Lincoln. "It's a multi-stage process and my crewmen are very skilled at it." Lincoln and his team laid seven palettes of tiles, weighing 2,200 pounds, over a steel reinforced truss floor covered with plywood and dressed with mud. The process was even more demanding because the tiles were set with a matching grout that makes the floor look almost seamless. It was then finished with two coats of sealer. The effect is subtle perfection.

It is sometimes said that grand scale can overpower fine detail. If that's ever the case, it is certainly not true in the North Ridge Country Club residence of Staley and Christine Gentry. Working with their team of experienced builders, designers and crafts persons, the Gentrys have created elegant architecture, an open and inviting home, and a glowing tribute to cooperative design.
ANSWERING ARCH T. ALLEN ON EDUCATION

The annual education report in the November issue of Metro contained several interesting think pieces. I was particularly drawn to Arch T. Allen's contribution regarding life on college campuses ("Is College Wasted on College Students?"). Having inhabited those environs for more than 30 years, I may have some clarifying or explanatory information.

Arch, regarding the out-of-control drinking and sexual excess on college campuses, Barrett Seaman's Binge: What Your College Student Won't Tell You and Tom Wolfe's I Am Charlotte Simmons are accurate in their conclusions. There is much more sex and much more substance abuse (alcohol and drugs) on college campuses now than 30 years ago. If you look at American culture, you can see precisely the same trend—my point being that colleges are a reflection of the societies from which they spring. We have become a society hooked on Viagra. With television, the music industry and advertising up to their armpits in vulgarity, young people and colleges are going to be affected. What was barely acceptable in private discourse even 10 years ago is now shouted from the rooftops by "shock jocks," talk show hosts and the covers of women's magazines. Why should we be surprised that this "millennium generation," fed this stuff daily has assumed the students need to work it out. I think that is what the Stop and Rest Motel is for. Silly me, there I go retardting their development. I tended to lose most of these arguments, by the way—sometimes with the parents weighing in on the side of their students.

And that brings me to the final point. Most students come to campus as fairly well informed young adults. They have already learned a number of behavioral "dos" and "don'ts" before they step out of the SUV. If those lessons learned at home include drinking (and they usually do), they will drink. If those lessons include having their girlfriend sleep over or travel with them on vacation, they'll probably expect the same opportunities on campus. One thing is for darn sure, what their parents have taught them in terms of values is going to carry a whole lot more weight than what the dean tells them. But hands down, the loudest voice in determining student sexual behavior is not the parents, or the dean, or even the peers—it's the hormones. And if the society is telling them to do what feels good, or be like Paris Hilton, those hormones have an answer.

TENURED RADICALS

Now to the trickier issue of "tenured radicals." I am very well aware that the vast majority of faculty vote Democratic and support a grab bag of liberal causes. I am also aware and personally have felt the sting from faculty who consistently underestimated the malignant Soviet Union and its aggressive intent. However, I would question whether today those professors, or any organized group of them, support a Marxist agenda. I have to admit that I might miss such an agenda without knowing just what I was looking for, but I rather doubt it.

Let's think about your average college. There aren't too many departments where Marxist indoctrination would fit very well into the curriculum—not in science, the arts, business, nursing, the school of education, math, geography, physical education, or criminal justice. That leaves us with sociology and anthropology, history, political science, and economics. I hardly found the views within these departments to be monolithic. One of my greatest problems was in adjudicating problems within departments, since academic differences often spill over into personal ones. Universities want to challenge the perceptions students bring with them and to stimulate, even within departments, vigorous debate. We are often not successful, but it usually is for non-ideological reasons. Often professors are preoccupied by their own research, university committees, family problems, etc., but it isn't because they are marching with their colleagues to the Internationale.

Don't get me wrong, I wish there were more conservatives within the faculty to stimulate the vigorous debate I referred to earlier. And why aren't there more conservative Ph.D.s? Good question and a minefield. Being a professor is something like being a pastor—it's a calling. One is excited by ideas and willing to challenge prevailing concepts and discover new ones. There aren't many financial incentives, so you get rewards by seeing your students grow—not into automations—but into thinking, contributing citizens. Why doesn't this job description attract more conservatives? I really don't know.

But there is something I do know—if there is a clique of Marxists on our campuses radicalizing our students, they aren't doing a very good job. Except for the radical social excess talked about earlier, this current crop of students is the most conservative since the 1950s. I've never seen a group more self-absorbed, more interested in grades, jobs after graduation and less interested in social causes. Have there been any student protests over the war? Some of the students are upset over environmental issues, but by and large these are pretty passive. Radicalization has failed; maybe conservatives should be hoping for more tenured radicals.
North Carolina Public Radio – WUNC presents An Evening with Ira Glass

Join Ira Glass, host of the award-winning public radio show This American Life, for a live performance, Radio Stories and Other Stories

Saturday, February 26, 2006
7:00 p.m.
UNC-Chapel Hill’s Memorial Hall

Tickets available Monday – Friday 10am – 6pm at 919-843-3333
Puppets appeal to every age, especially children. Here a child admires a puppet from *Mr. Punch Meets Governor Tryon*, a special show to be presented Jan. 7, 14 and 28 at Tryon Palace, New Bern. See Preview Museums for details.

The long-respected Ciompi Quartet will perform on the Raleigh Chamber Music Guild's Sights and Sounds on Sundays, Jan. 29, in the NC Museum of Art, Raleigh. See Preview Museums for details.

With literate and sharply pointed lyrics, the Austin Lounge Lizards will poke fun at politics, love, religion and culture in a concert on Jan. 21 at The ArtsCenter, Carrboro. For details, see Preview Pop Music.
RINGING LOUD AND CLEAR: JANUARY'S HERE!

GALLERIES

TELL ALL THE TRUTH, BUT TELL IT SLANT: Exhibition by Louanne Watley; Rebus Works, Raleigh; thru Jan. 22. Contact 919-754-8452 or www.rebus-works.net.


TRACING THE INVISIBLE: Works in Photography and Fibers by Meredith Faculty; The Frankie G. Weems Art Gallery at Meredith College, Raleigh; thru Feb. 19. Contact 919-760-2840 or www.meredith.edu/calendar.

ASHLYNN BROWNING—NEW MIXED MEDIA WORKS: Johnson Hall Rotunda at Meredith College, Raleigh; thru Feb. 19. Contact 919-760-2840 or www.meredith.edu/calendar.

ALL MEDIA ART EXHIBIT: Featuring works by Sertoma Students, patrons and instructors; Sertoma Arts Center, Raleigh; (Opening Reception Jan. 8) thru Jan. 27. Contact 919-420-2329 or http://parks.raleighnc.gov.


EVENTS AT ARTSPACE: Raleigh; Contact 919-821-2787 or www.artspace-nc.org.

T HE Moon by André Masson will be on view in the exhibition “André Masson: Abstract Surrealism,” Jan. 13-Feb. 9 at Animation and Fine Art Galleries, University Mall, Chapel Hill.


ALUMNI ART EXHIBITION: Sauls Gallery at Campbell Univ., Buies Creek; Jan. 13-Feb. 9 at Animation and Fine Art Galleries, University Mall, Chapel Hill.


CLASSICAL


EVENTS AT DUKE MUSIC DEPARTMENT: Duke University, Durham; Call 919-660-3333 or 919-684-4444 or visit www.duke.edu/music.

• YALE GLEE CLUB IN CONCERT: (admission by free-will offering); Baldwin Auditorium, Duke University, Durham; Jan. 3.

• HIGHLIGHTS OF THE DUKE UNIVERSITY MUSICAL INSTRUMENT COLLECTIONS: Opening reception for exhibition with performance by Rebecca Troxler, flute, and Randall Love, 1802 Viennese Katholnik square piano; Perkins Library Rare Book Room; Jan. 12

• FACULTY RECITAL: Jonathan Bagg, viola, with Arturo Clompi, Petra Berenyi & Eliza Bagg presenting duos for viola with cimbalom (Hungarian dulcimer), clarinet & violin; Nelson Music Room; Jan. 15

• DAPHNE’S DILEMMA: DESIRE AS METAMORPHOSIS IN EARLY MODERN OPERA: Lecture by Wendy Heller of Princeton; Room 104 Biddle Music Blvd.; Jan. 20

• ENCOUNTERS: with the music of our time, 29-piece chamber ensemble presenting “Alarm Will Sound,” works by Duke graduate student composers; Baldwin Auditorium; Jan. 27-28


JOYCE YANG: International Van Cliburn Piano Competition Silver medalist; Wright Auditorium at ECU, Greenville; Jan. 19. Contact 800-ECU-ARTS.

MOZART ON MONDAYS, II: Featuring Carol Chung and Frank Pittman; Carswell Concert Hall at Meredith College, Raleigh; Jan. 23. Contact 919-760-2840 or www.meredith.edu/calendar.

MOZART PIANO QUARTET: Faculty Concert; Carswell Concert Hall at Meredith College, Raleigh; Jan. 27. Contact 919-760-2840 or www.meredith.edu/calendar.


ELEVEN ARTISTS: New exhibition; Bickett Gallery, Raleigh; thru Jan. 27. Contact 919-836-5358 or www.bickettgallery.com

DURHAM SYMPHONY ANNUAL GALA: Dinner, Dancing with live and silent auctions; Crousdale Country Club, Durham; Jan. 28. Contact 919-560-2736 or www.durhamsymphony.org.

NORTH CAROLINA SYMPHONY EVENTS: Meymandi Concert Hall, Raleigh; Contact 919-753-2750 or www.ncsymphony.org.

• HANSEL & GRETEL: Young People’s Series; Jan. 7

• POPS—BIG BAND BLAST WITH JEFF TYZIK: Pops Series; Jan. 13-15

• GRANT LLEWELLYN & EDGAR MEYER: Classical Series; Jan. 20-21

• CELEBRATE MOZART’S 250TH BIRTHDAY: Featuring Joseph Silverstein; Sunday Matinee Masterworks; Jan. 29

POP MUSIC

BARBARA MARTIN & MAC WALTER: A duo offering classic blues and jazz, presented by the Down East Folk Arts Society; two area concerts: Trent River Coffee Company, New Bern, Jan. 6; Clawson’s Restaurant, Beaufort, Jan. 7. Call 252-504-2787 or visit www.downeastfolkarts.org.


EVENTS AT THE CAROLINA THEATRE OF DURHAM: Downtown Durham; Call 919-560-3040 or www.carolinatheatre.org.

• CHRIS BOTTI PREFORMS WITH RALEIGH NATIVE JEANNE LAROQUE JOLLY: Jan. 6

• BELA FLECK & THE FLECKTONES: Presented by CT/AC; Jan. 24

• SPANISH HARLEM ORCHESTRA: Jan. 26


STAGE & SCREEN

STAGE READING WITH CLYDE EDGERTON AND MIKE CARVER: Reading from Edgerton and Carver’s new play Lunch at the Piccadilly, based on Edgerton’s novel of the same name; Cape Fear Regional Theatre, Fayetteville; Jan. 9. Call 910-323-4234 or visit www.cft.org.


JANUARY 2006 METROMAGAZINE
Kennedy Jr., offer two season tickets for $249 (usual price $300 each); for 2006 season at Kennedy Theatre, Progress Energy Theatre for Performing Arts, Raleigh; gift certificates on sale at Progress Energy Box Office now thru Jan. 10; play season begins May 31. Contact 919-828-3726 or email hotsummer-nightsattheKennedy.org

**GOT BRAINS AND BACKBONE?**

_A strong desire to make a difference?

Then roam the Hall—Chatham Hall—during one of our open houses. Tour the campus, visit classes, stay overnight, and explore the possibilities.

Chatham Hall, a mindful community that reflects the world around us offers:

- rigorous academics (15 AP courses)
- athletics, riding,* dance, music, and arts programs
- a caring environment (6:1 student/faculty ratio)
- impressive outcomes (recent graduates to Cornell, Dartmouth, Georgetown, U.Va.)

Open Houses:

- **January 15-16** (M.L. KING DAY WEEKEND)
- **February 19-20** (PRESIDENTS DAY WEEKEND)

*CHATHAM HALL RIDERS EARNED 1ST, 2ND, AND 3RD PLACE AT THE 2005 SOUTHWEST VIRGINIA HUNTER JUMPER ASSOCIATION HUNT SEAT MEDAL FINALS.

---


**CHILDREN’S FESTIVAL**: Area youth perform many styles of dance; Jones Auditorium at Meredith College, Raleigh; Jan. 26. Call 919-760-8015


---


---

**MUSEUMS**

**FAMILY LEGACIES**: The Art of Betye, Lezley & Alison Saar: A mother-daughter exhibition of 50 mixed-media works; Ackland Art museum, UNC-Chapel Hill; thru March 26 (appearances Jan. 22-23 by the artists: Betye Saar and daughters Lezley & Alison). Call 919-843-3676 or 919-966-5736 or visit www.ackland.org.


**CAROLINA PIANO TRIO**: Celebrate Mozart’s Birthday with a concert; The History Place, Morehead City; Jan. 27. Contact 252-728-4488.

**PHIL & ANDREA OWENS**: Jazz and Swing music, annual soup & song fundraiser of Down East FolkArts Society. Contact 252-504-2787 or www.downeastfolkarts.org.

**EVENTS AT NC MARITIME MUSEUM**: Beaufort; Call 252-728-7317:

- **WATERFOWL WATCHING**: Slides of winter birds followed by field trip to waterfowl watching hotspots (reservations); Jan. 20
- **THE AMAZON & MACHU PICCHU**: Screen viewing of museum’s cruise of upper Amazon & Andes of Peru; Jan. 23
- **GREAT LAKE TO CEDAR POINT**: Driving tour with stops from Great Lake (Croatian National Forest) to Cedar Point Trail (reservations); Jan. 26

EVENTS AT CAMERON ART MUSEUM: Wilmington; Contact 910-395-6999 or www.cameronartmuseum.com.
- FLYING SCHOOL & MANDALA NAYA: By French Canadian Installation Artist Diane Landry; C. Reynolds Brown Wing; thru April 2
- ARTISTSPEAK! WITH LORAINE SCALAMONI: Jan. 8
- MUSICPLAYS! WITH LOOSE CHANGE: Contemporary Jazz; Jan. 13
- SOUNDING OFF—ART INSPIRED MUSIC: Musical commentaries by David Key on art works; Jan. 28
- TALK: WOMEN IN ART: With Dr. Amy Kirschke; Jan. 21
- GALLERIA TALK—REFLECTIONS ON DOROTHY: Tony Riverbark & Anne Brennan on Dorothy Gillespie; Feb. 1

EVENTS AT THE NC MUSEUM OF NATURAL SCIENCES: Raleigh; Contact 919-733-7450 or www.natural-sciences.org.
- BRAIN—THE WORLD INSIDE YOUR HEAD: Opens Jan. 28
- ASTRONOMY DAYS: Jan. 28, 29
- WHERE SWANS FLY & BEARS WALK: Travel with museum staff to Pocosin Lakes National Wildlife Refuge to identify birds & animal tracks; Jan. 27-28
- FEATHERY FRIENDS: Jan. 21; 10 & 11:15 a.m.

A powerful look at one woman's struggle to define what gives her life and work meaning, especially as she faces her own mortality.

February 10-12, 16-19 & 23-26, 2006
Raleigh Little Theatre's Cantey V. Sutton Theatre
301 Pogue Street, Raleigh NC 27607
Call 919.821.3111
www.raleighlittletheatre.org

This bear, carved by Amanda Crowe, an NC Folk Heritage Award winner from Cherokee, is part of the exhibition "Woodcraft in North Carolina," on view until April 9 at the NC Museum of History, Raleigh

FOCUS ON NATURE—COLOR PHOTOGRAPHY: Mark Bashista & Ray Ellis; thru Jan. 30
EVENTS AT THE NC MUSEUM OF HISTORY: Raleigh. Call 919-807-7900 or www.ncmuseumofhistory.org;
- CELEBRATION OF NORTH CAROLINA CRAFT—WOODCRAFT IN NC: thru April 9
- POW WOW: THE HEARTBEAT OF A PEOPLE: thru June 11

- MR. PUNCH MEETS GOVERNOR TRYON: A Historical Puppet Show; Jan. 7, 14, 28
- BOX & COX: A historical one-act comedy; Jan. 21

EVENTS AT THE NORTH CAROLINA MUSEUM OF ART: Raleigh; Contact 919-715-5923 or 919-821-2030
- CROSSCURRENTS: ART, CRAFT & DESIGN IN NORTH CAROLINA: thru Jan. 8
- THE POTTER’S EYE: ART AND TRADITION IN NORTH CAROLINA POTTERY: thru March 19

POTPOURRI
RALEIGH RINGERS AUDITIONS: Springmoor Retirement Center, Raleigh; early Jan (TBA). Contact 919-847-7574 or www.r.r.org

KIDS EXCHANGE CONSIGNMENT SALE: Buy or sell clothing, unsold items donated to Raleigh Rescue mission; NC State Fairgrounds, Raleigh. Jan. 6-8.
STAR OF BETHLEHEM: Multimedia star show; Morehead Planetarium and Science Center, Chapel Hill; thru Jan. 8. Contact 919-962-1236.
MARTIN LUTHER KING BIRTHDAY CELEBRATION: Crystal Coast Civic Center, Morehead City; Jan. 16. Contact 252-247-3883.

OBAKUNLE AKINLANA: Celebration of Martin Luther King Jr. Day with African storyteller, Obakunle Akinlana, who brings to life ancient African folktales & music with drums, shekeres & dancers; Arts Council of Wilson, Jan. 16. FREE! Call 252-291-4329 ext. 12 or visit www.wilsonarts.com.


EVENTS AT THE SENATOR BOB MARTIN EASTERN AGRI-CULTURAL CENTER: Williamston; Contact 252-792-5111 or www.showwithus.com;
- WINTER NATIONALS TRUCK & TRACTOR PULL: Jan 20-21
- 8TH ANNUAL DOWNEAST BOAT SHOW & FISHING EXPO: Jan. 27-29

BAYLIN ARTISTS—TOYING WITH SCIENCE: Laws of science demonstrated in interactive family program; Wright Auditorium at EOU, Greenville; Jan. 26. Contact 1-800-ECU-ARTS www.ecuarts.com

4TH ANNUAL CAROLINA CHOCOLATE FESTIVAL: Crystal Coast Convention Center, Morehead City; Feb. 4-5. Contact 252-504-2203 or www.chocolatefest.com.

WILMINGTON ADVERTISING EXPO: Marketing services and products exhibition for area business professionals; Holiday Inn Express, Wilmington; Feb. 6. Contact 910-681-0770.

Our thanks to Cyndi Harris, Mary Younger for their assistance with MetroPreview.
BIG HEARTS AND TASTY OYSTERS MAKE TOP TEN FOR 2005

Making my list for Metro’s January Top-10 issue is fun, though a bit of a puzzlement. Ultimately, my final list is as much a surprise to me as to you, and I never complete a column with all of the 10 items I began with. One thing reminds me of another, and I think of something I simply must include.

However, this year I do know exactly where to start.

Last year was about hurricanes and the devastation of New Orleans and the Gulf Coast. We saw an outpouring of compassion and unprecedented contributions of time, energy and financial resources from Down East. We believe in helping our neighbors, and it is evident that we define neighbor as anyone who is in need—no matter where they are.

I regret I can’t name all the people and organizations who pitched in, such as line crews from electric cooperatives, church groups, emergency medical personnel, people who donated money and supplies to the Red Cross and the Salvation Army, and some folks who just got in their pickups and drove until they saw a place to help. Then churches, organizations and whole communities sponsored evacuees and helped them make new lives among us. All of you are No. 1 on my list.

I met No. 2—restaurateur Gypsy Cone Gilliam—just last week. “Momma named me Gypsy for a friend of hers I never even met,” she explained. “Later she said, ‘Honey, I knew when I named you Gypsy you were going to be different.’”

Gypsy operates the State Farmers Market Restaurant and Gypsy’s Shiny Diner on Buck Jones Road in Cary. However, I met her at a dinner at Tommy and Linda Bunn’s spectacular residence on Camp Mangum Wynd in Raleigh. Tommy, the Executive VP of Leaf Tobacco Exporters Association, and Linda, a decorator with flair, requested a menu with down-home accents. Gypsy’s new catering company proved that goodness does grow in North Carolina. Guests that included NC’s Commissioner of Agriculture, Steve Troxler, were especially taken by the desserts artfully displayed in the light of a gently revolving suspended Christmas tree-shaped seven-layer chocolate cake like your grandmother made and red velvet cake, key lime pie, and chocolate pecan chess pie.

Gypsy graciously shared her cheese biscuit recipe with guests, and I was taken with the entree-sized mushrooms with crabcake and herb stuffing.

Gypsy, the word is out. Bet your phone is ringing off the hook.

Hammer Head’s Oyster Bar, serving oysters from the North Carolina coast in historic downtown Windsor.

The Metro-sponsored Mannequin Ball was a grand event. This spectacular, high-energy evening drew scores of beautiful people and celebrities including NC-born fashion icon Alexander Julian, Broadway costume designer William Ivey Long, Vogue Magazine’s André Leon Talley (originally from Durham) and TV hostess and interior designer Hildi Santos Tomas from Raleigh and now living in Paris. By now you have read all about it, so I will say simply that it topped all other parties I attended in 2005 and makes my list as the one that dazzled and delighted.

William Ivey Long. What a delightful fellow. This Seaboard, NC, native makes my list as exceptional North Carolina expatriate. The armful of Tony Awards he has received over the last few years for best costume designs already have made him a Broadway legend. Here’s a guy—Tar Heel born and bred—who could have been blinded by Broadway’s bright lights but instead sees what a tremendous contribution he can make by promoting his home state. Evidence of his devotion is his Eastern Seaboard Trust, a nonprofit dedicated to the revitalization and historic preservation of his hometown in Northampton County. North Carolina sat up and took note last year when Gov. Mike Easley presented William Ivey Long with the prestigious North Carolina Award.

Windsor attorney, Lewis Hoggard, and his buddy, Joseph W. White III—we have lots of IIs, IVs and Vs in eastern NC—are operating Hammer Head’s Oyster Bar in the historic A.E. Bowen and Son Wholesale building in downtown Windsor. Recently I was peering in the window an hour before opening time when Lewis appeared, invited me in, and steamed me a peck of oysters—a kind thing to do for a stranger. Then I was able to make a 6 p.m. reception at the restored 18th-century home of Mary Shaw Marder—sister of my long-time friend, Ted “Buddy” Shaw.

Hammer Head’s makes my list as best Down East oyster bar. Like the venerable old Sunnyside Oyster Bar across the river in Williamston, it is open just during the “r” months. Lewis and Joseph are serving North Carolina oysters from private beds on the NC coast. Mighty tasty. Add Hammer Head’s to your short list of Eastern NC oyster bars—a must visit.

That was a great weekend for discoveries. In Williamston, I happened upon Martin Supply Company, open and doing business on a Saturday afternoon. What a jewel—“firearms, tree stands, camouflage clothing, gun safes, boots, accessories.” They could have added bib overalls, work clothes, Vienna sausage, cane syrup, watermelon rind pickles, hoop cheese, and soda pop.

Harvey Brown and Mitchell Griffin gave me the flavor of the locally owned establishment where old timers gather, put
a pinch of tobacco between cheek and gum, rear back in straight chairs and swap stories. I include Martin Supply Company on my list as best Down East country store.

I continue to be amazed at the lack of table manners and social graces of so many young people. God bless Nancy Rascoe whose mission is to teach new generations good manners and social skills. I include her on my list for all she does at 1812 on the Perquimans—her coastal plantation B&B at Hertford. She hosts "house parties" for young ladies and gentlemen, ages 6-12 in June and July and includes instruction in etiquette, art, tennis, sailing, canoeing, swimming, croquet and flyfishing. One of her early campers, Kate Yandell of Greenville, developed such expertise and social poise that she later wrote the guide for St. Mary's students. Nancy, who is always great company, and husband Peter have invited me down this year. I intend to go.

Applause and a place on my list for The Arts Council of Wilson, which received a $75,000 grant from the Golden LEAF Foundation to start "Theater of the American South." The Council will sponsor festivals of plays by Southern writers. I do hope they will produce some by Paul Green. The first three-week festival will be in May 2006. Next to southern food, southern literature is my great passion, so I am excited about this good news. Wilson's Edna Boykin Center has a honey of a theater, a renovated 1919 Vaudeville set-up with seating for 650 people. Applause for Ms. Boykin, who made the Center a reality and attends almost every production.

The Town of Kelly in Bladen County makes my list for community spirit coupled with a great sense of humor. These folks keep up with each other through a website where they post anything of local interest. If you want to see what an honest-to-God small town Down East looks like, check www.kellync.org. You'll enjoy the pictures and get a chuckle from two or three of them. The picture of a Super Wal-Mart is titled, "Wishful thinking. There's no Wal-Mart within 25 miles of Kelly." Now that's something Kelly should celebrate.

In 2005, folks in Kelly celebrated the 100th birthday of the Elwell's Ferry—an old fashioned, two-car cable ferry that crosses the Cape Fear River. It is one of only three inland ferries in North Carolina. Some Saturday, check out Kelly, ride the ferry, and visit the Kelly Museum—located in the old Centerville Baptist Church. They surely will make you feel welcome.

Down East is a huge place, and I have saved number 10 on my list for the folks at East Carolina University who are helping make it smaller through distance education programs. GetEducated.com, which evaluates accredited online degrees, ranked ECU's online MBA and computer science degree programs No. 1 nationally. Its education program ranked No. 3. Online students don't get shortchanged at ECU—they are taught by the same faculty who teach on campus and often the 3,700 online students participate in the same virtual classrooms as the on-campus students. Thanks, ECU, for making every nook and cranny in Eastern North Carolina a potential classroom.
I think the old adage "time flies" is very true... to me it seems to travel like the Concorde. Just the other day I saw a wisp of Warhol silver creeping into my luxurious locks as I leaned into the mirror during my morning ablutions. Thinking about time passing put me in an introspective mood about some of the best art I was privileged to view during the fleeting days of 2005. Here are some of my favorites, not in any particular order:

1. **JANE FILER.** Jane Filer is blazing hot. Her shows practically sell out before the doors open and everyone seems to love her. With her friendly manner and down home charm, Filer has made it to the top of the heap without even baring her claws. The purr of satisfaction from her collectors can be heard all over the state.

2. **MARGARITA LEON** had a show at Glance Gallery (www.glancegallery.com) in Raleigh that really left me spellbound. If you have never met Margarita Leon or seen her art, you should. She is a lovely Venezuelan artist now living right here in North Carolina and helping to lift our art scene to a new level. She works with sculptural forms often encrusted with broken ceramic tiles. The texture and colors she chooses show an amazing amount of sophistication. Her vocabulary of boats, ladders, birds, fish, etc. is at once playful and mysterious. Leon has an upcoming show at the Fayetteville Museum of Art.

3. **AMY LEVINE.** Levine is one of the most imaginative artists working in the South today. She has a unique and personal approach and isn't afraid to innovate. Her craftsmanship is perfect and she has an inner vision that is all her own. Her canvas tableaux are three-dimensional wonders. The next time you get a chance to drop by Beaufort Fine Art (www.twogalleries.com) down on the coast, you need not only go look, but go BUY.

4. **"FUSION" AT NCMA.** This was the finest exhibition of art glass, by far, ever exhibited in our fair state. Lisa and Dudley Anderson of Wilson, Sonia and Isaac Luski of Charlotte and Francine and Benson Piloff of Chapel Hill graciously lent works of artistic excellence that left many viewers giddy and faint with pleasure. Francine is one of my favorite people. She collects what she loves and has a sensitivity to line, color and form that comes through in each of her choices. And while there are many collectors here who are so

5. **LYNN BOGGESS** is the greatest landscape painter I know. If you have ever seen his glorious paintings at Tyndall Galleries in Chapel Hill (www.tyndallgalleries.com), then you are lucky, since they fly off the walls as soon as they arrive. Boggess sets up right in the woods, surrounded by frost, glistening streams, the changing leaves and brings back documents so fresh, so full of immediacy that they leave you speechless. I love his larger works; they envelop you with color and overwhelm the senses. Mark my words, he will go down as one of the finest Landscape painters of our generation, and I mean internationally.

6. **LESLIE FRONTZ**

7. **HAROLD FRONTZ.** The next time you go to Wilmington, make the trip to Fountainside Gallery (www.fountainsidegallery.com) to see the stunning images these two fine artists create. While I normally shy away from the academic in favor of the experimental, these two artists have such control, such mastery of technique that I am always charmed. Seascapes, landscapes, boatscapes, cityscapes, you name it, this couple can create it in lush oil or the immediacy of watercolor, and the sizes are often quite intimate and suitable for anyone's home.

8. **JOSEPH CAVE.** Gallery C (www.gal­leryc.net) always does well with this popular artist, and justly so. Cave's loose brushwork has an energy that animates each and every one of his works. The paint literally dances across the surface of the canvas and the colors are often rich and high key. With several decades of experience under his belt, the paintings just get better and better each year.

9. **ELLEN KONG.** I am in love with the ceramic work of this talented artist. The sculptures she creates show respect to her Asian heritage, but they are 100 percent original, innovative and imaginative. The clay, folded, molded, pressed and formed, takes on new life in a way I find miraculous. Her colorful glazes only add to the drama and sense of joy each of her works exhibits. In person, she is just what you would expect: enthusiastic, enchanting and engaging—just like her art.

10. **SALLY BOWEN PRANGE.** Prange is one of the most gracious artists I have ever met in my life—elegant, stately, charming. She is also a one-woman force of nature, a powerful and talented ceramicist whose works grace many public and private collections. Her searching intellect and talent led her to be one of the great innovators of ceramic glazes and forms. When I was recently talking to curators at the Ogden Museum of Art about her work, you could literally hear them getting excited talking about her renown and respect in the ceramic world. She is truly a treasure, and she, like all artists, appreciates your patronage.
COLOR RADIATES JOY

The deepest darkest months of winter provide the perfect backdrop for vivid color, as Christo and Jeanne-Claude demonstrated last year with their orange “Gates” against the frosty scenery of Central Park. This year, the Cooper-Hewitt Museum in New York City has taken advantage of the season to feature an exhibition that stands in stark contrast to the bleak palette of the wintry city.

“Fashion in Color,” developed in collaboration with the Kyoto Costume Institute, takes a scientific approach to trace the evolution of color in modern fashion. Drawing attention to the relationship between pigment and fabric, the exhibition underlines how the development of both synthetic dyes and fabrics revolutionized the color of clothing and who could wear it. For example, purple, a dye so expensive that only princes could afford it, became available to the masses with the invention of mauve in the 19th century. The exhibition is arranged chromatically, beginning with black, moving through a riotous multi-colored gallery, then galleries of brilliant yellow, blue and red and ending with pristine white.

While the eye is always drawn to bright color, the exhibition also allows the viewer to think of color in more subtle terms. The designer Rei Kawakubo famously stated that she works in “seven shades of black.” This fine-tuned sensibility is also seen in Viktor & Rolf’s wool suit with layered cotton and silk collars in shades of gray. With black and white as austere bookends, the color in between is presented in terms of intensity and excess. As the art critic Dave Hickey said of color cartoons from his youth: “What we wanted to see... was that wall of vibrant moving color, so that we could experience the momentary redemption of its ahistorical, extra-linguistic, sensual embrace—that instantaneous, ravishing intimation of paradise that confirmed our lives in the moment.” Although colors have different meanings in various cultures, color, as Hickey muses, has a particular visual immediacy and serves as a kind of universal language of life. When it moves, in cartoons, movies or simply because we wear it on our bodies, it radiates joy.

CREAM RISES

While there is plenty of cheerful color coming up in the spring collections, it is creamy white that has risen to the top. White works well with the slightly more relaxed silhouettes of the season, such as a swingy baby doll dress by Diane von Furstenberg or a simple chemise by Chloe.
Preview the Entire Lafayette 148 Resort & Spring Collection

at our Cameron Village store
Friday & Saturday
January 6 & 7
10 am - 6 pm

CAMERON CLOTHING CO.

Cameron Village
(919) 829-1511
www.cameronclothing.com

North Hills
(919) 420-0411
www.cameronclothing.com

www.jewelsmith.com
2200 west main st durham nc 919.286.2990
METROSTYLE

C'est Bella™
unique, one-of-a-kind, & custom handbags

It's a New Year...Buy a New Bag!!

Discover our unique collection of handmade handbags, totes, clutches, & charm bags.

www.cestbella.com

mention this ad and receive *free shipping off any order over $50 through 1/31/06!

*Free shipping will not be reflected in order confirmation. Shipping charges will be credited after order is processed. Offer good for one time use only.

ask about our custom services customorders@cestbella.com

Viktor & Rolf wool jacket with layered cotton and silk collars; circa 2003

You can get a head start on white with resort wear collections from Miss Resort Wear herself, Lilly Pulitzer (who, by the way, has also just put out a lovely book on entertaining). She offers a charming new resort collection this season that includes the Candy Island Hut halter dress (just as cute as it sounds), gorgeous embroidered caftans in cotton and linen—which look great with white jeans—and the alluring sleeveless Ramona dress that features a retro keyhole neckline. And don't forget to invest in some old-fashioned white T-shirts. The Miu Miu collection features

Fantasia Boutique

Come see our latest fashions from your favorite designers arriving daily!

Fantasia Boutique
4321 Lassiter at North Hills Ave.
Raleigh, NC 27609
919.787.0688

CONSIDERING A COSMETIC PROCEDURE?
Look Younger Naturally!
Call Toby Wedge, LAc
933-4480
The natural solution that works
www.TriangleAcupunctureClinic.com

Haven

Now Open at North Hills
919 • 881-2440
EXPLORE • DISCOVER • INDULGE
what is sure to be a trend for spring: white T-shirts under sundresses.

**WINTER MAINTENANCE**

After the decadent holiday season, January is an ideal month to trim, buff and polish. This month Revlon introduces a new line of tools for at home beauty maintenance. From newly designed tweezers engineered to grab even the most stubborn little hairs, to the Expert Effect Pedicure Collection—that includes everything one might need to smooth and shine the feet in the event of a last-minute get-away to a tropical climate. To face the New Year with confidence, nothing beats a facial and maybe a little microdermabrasion. Using a wand-like device, a technician does a safe and gentle version of sandblasting for the skin, the ultimate form of exfoliation. Magically, that last layer of 2005 is gone! Synergy Spa in the Shoppes at Glenwood Village offers a 45-minute Rx Micro Peel treatment including microdermabrasion for $75. www.feelsynergy.com.

**Sunless Body Detailing**

Under 4 Minutes

From the experts at Physios, discover a new way to get a fast streak-free sunless tan.

It's an innovative spray tanning system that delivers natural-looking, flawless tanning results in under 4 minutes.

Whether you want a full-body tan, targeted tan, or a sun kissed face, look no further. Go sunless and get a California Tan!

**Mention this ad and receive 50% off**

Exclusively at **Physios**
703 Tucker St., Glenwood South • 828.1080

---

Open a Hertzberg Charge Account and Receive 0% Financing.
See store for details.
CULINARY CRYSTAL BALL:
TRENDS, CHEFS AND EVENTS TO WATCH IN 2006

BEAUFORT WINE AND FOOD WEEKEND

Dining in Beaufort last spring, friends and I were seated next to a gregarious group of winemakers from the West Coast. These bon vivants were winding down after showcasing their handiwork at the annual Beaufort Food and Wine Festival. Their enthusiasm over the town's hospitality, the high quality of participating restaurants and the unusual events convinced me that this was a scene not to be missed next year.

Well, next year is here, and the second annual Beaufort Food and Wine Festival will take place April 26-29. Scheduled to participate in this benefit for the North Carolina Maritime Museum and The Beaufort Historical Association are Carolina star chefs Walter Royal from the Angus Barn, Leonard Logan from Elizabeth's Cafe in Duck and Shawn Wellersdick from Wilmington's Port Land Grille. Participating restaurants in Beaufort include Blue Moon, Aqua, Beaufort Grocery, Front Street Grill and the brand-new Sharpie's. Find more information on www.beaufortwineandfood.com, then join me in Beaufort come spring.

CARBOHYDRATES

They're back, thank God. Pasta, bread, muffins, even cupcakes. The latest word from nutritionist studies says that the Atkins diet is un-maintainable, so we might as well lose weight the old-fashioned way: reduce the intake of food. This means even dieters can eat the carbs they crave, just fewer of them. This year, celebrate the good news by treating yourself to quality carbohydrates— a BLT with homemade potato chips at Lex Alexander's Sandwich in Chapel Hill, or a Blue Max sandwich at Sunflower's new location in Raleigh, or a fruit tart at just-opened Amelia's Bakery in Brightleaf Square, Durham.

CARPETBAGGER CHEFS

A huge percentage of Metro area residents, born and bred outside the South, have chosen to move here simply because of the quality of life. Luckily for foodies, this segment of the population now includes well-trained chefs. One of these is the brilliant Jay Beaver, new chef de cuisine at Frazier's in Raleigh. Trained at two of New York's finest restaurants, Cafe Boulud and Gramercy Tavern, Jay's virtuosity shines at Frazier's, which bills itself as a "bistro," but I challenge this label. If Jay's food isn't fine dining, I don't know what is.

COCKTAILS

Not too many years ago, a professor friend issued this invitation: "Come over for a drink... I mean, a glass of wine." I assured her that it could never be politically incorrect to say "drink" in my presence. At that time an offer of a cocktail in Triangle academia was a rare event and had the furtive connotation of a speak-easy.

Then along came the Martini revival. Shaken or stirred, vodka or gin, olive or twist—it didn't matter. Just the sight of that triangle on a stick gave me a buzz. It wasn't long, however, before Martini glasses meant something else entirely. Snickers Martinis, Jolly Rancher Martinis, "Flirtinis," went hand in hand with bare belly buttons (the dress code, not a cocktail). Now when I see a Martini glass, my teeth ache.

With so many cocktail lists resembling the items found in a six-year-old's Halloween bag, it was a joy this past year to see classic cocktails making a comeback. Bar lists offering such old fashioned drinks as Sidecars, Manhattans, and, naturally, Old Fashions are popping up in venues targeting the covered-navel crowd. I just pray we won't be seeing the Jolly Rancher Old Fashion by this time next year.

FARMERS' MARKETS

One can hardly shake a stick in Eastern North Carolina without hitting a vegetable stand, but in the Triangle, farmers markets are the place to go for the freshest produce. Unlike the popular markets in Carrboro and Raleigh, Durham farmers sell their goods in an uncovered parking lot. This spring, Durham's vendors and veggie-lovers should be happy, rain or shine, under a long-awaited permanent structure downtown.

In Raleigh, look for news this year of a new, privately run farmers market featuring organic vegetables and artisan foods, now in the planning stage.

FAT PIGS

Those of us who grew up in the South before cholesterol was a dirty word (or even a word) remember the taste of a good, juicy pork chop. Those chops available in the average grocery today—tough, dry, and insipid—aren't even close. Ever wonder why pork
dishes at Lantern and Vin taste like a forgotten dream? It's no secret: Niman Ranch pork.

I wish I could say Niman Ranch is located in North Carolina. I can't. But you can get it at the Whole Food's meat department. In 2006, I hope to see local pig farmers take note of the success of award-winning Niman and plump up our pork.

HILLSBOROUGH TRUFFLES
You may have heard the rumor a few years ago that a farmer in northern Orange County had discovered the secret of growing that fragrant fungus right here under our noses. Well, it's true! Franklin Garland harvested an impressive crop of Black Perigord truffles this fall. Alas, every truffle had been spoken for by private clubs. But there's more than a chance that by next fall, we will see Metro chefs grating fresh truffles on pasta and polenta as routinely as their counterparts in Umbria. I'll keep you posted.

MUSEUM LUNCHES
If you didn't make it to the new Nasher Museum at Duke in 2005, don't miss it this year. View the museum's world-class collection in this architectural wonder, then relax in its sleek “Museum Cafe” managed by Amy Tornquist. Old fans of Amy's catering company, Sage and Swift, will be delighted to discover that now you don't need an invitation to enjoy her nuanced seasonal cooking. Showcasing local produce, the cafe's goal is "to give these ingredients an environment in which they can shine; they're our Pollocks, Picassos and Miro's." Amy succeeds artfully.

Mourners of the late Cafe Phoenix in Wilmington will be happy to know the bird has risen from the flames and flown over to the Louise Cameron Museum of Art. Nate Hoffman and Keith Ball, former owners of the Phoenix, now focus their considerable passion and talents on The Forks restaurant adjoining this popular Wilmington destination. Their familiar sandwiches and salads taste even better surrounded with a view of the Cameron's sculpture garden.

Under the watch of Chef Andy Hicks, The Blue Ridge at the North Carolina Museum of Art has consistently pleased diners for
Think outside the box for your meeting...the batters box!

Cattails is a sparkling new fine dining restaurant perched atop Five County Stadium. The view is only surpassed by the spectacular food and service you would expect to cater to your needs.

For a truly unique meeting experience without "the Hotel Feel", let us design an event that will meet your expectations. We offer complete audiovisual services, break-out rooms, and a menu that can fit the pickiest diner or budget. Chef Chris Joyce, former executive sous chef of THE SECOND EMPIRE, understands how to turn ordinary into extraordinary that will even put a smile on your boss's face.

We are open year round so call our events director today to reserve the Triangle's Best Kept Secret.

919-861-7501

www.cattailsrestaurant.com

When YOU WANT TO PAINT the TOWN, ONLY ONE COLOR WILL DO

Before or after the show, you'll applaud Raleigh's newest dining experience, The Red Room Tapas Lounge. The Red Room's menu features tapas (small, Spanish-style appetizers) so you may share a variety of items in one sitting.

- Reasonably priced appetizer-size portions
- Vast selection of vodkas, signature red drinks and our special sangria
- Extensive wine list from around the world
- Sunday-Wednesday 1/2 price Group Specials
- From the owners of Bogart's, H15, Michael Dean's and Twisted Fork!

For years, Dalat was the only game in town for Vietnamese food aficionados. Then came the Pan Asian explosion heralded by large chain restaurant PF Chang's. The success of locally owned Lantern in Chapel Hill, Pao Lim in Durham, and the Duck and Dumpling in Raleigh—all of which feature Vietnamese cooking along with other offerings—showed us that Triangle diners simply can't get enough of Southeast Asia.

Pho fans are flocking to small family-run places such as Sweet Basil in Holly Springs and Raleigh's Pho Cali House of Noodles. The new year will find me grazing on spring rolls and curries at Cary's Lotus Leaf Café, Café Cyclo in Cameron Village and the delightful Indochine in Wilmington.
RESOLVE TO SLEEP, EAT AND BE MERRY IN THE NEW YEAR

Be it resolved: Let your getaways take you away, from work, from the same "old" environment, from any and all routines. This is the way to relax—and I find I can get away—and take myself away—from the norm by visiting small inns and B & Bs. The location really doesn't matter: a small inn or bed and breakfast, even in your own community, can be a soothing indulgence. Throughout 2005 I visited several B & Bs to the point that I'm hooked on them. You get a lovely room and a complimentary breakfast that's hot and delicious (not plastic-wrapped Danish and the like that usually defines a continental breakfast at chain motels) for about the same price you would pay at a chain motel. As a refresher, the first inn (or elaborate B & B) I visited was the elegant, amenities-abundant Lords' Proprietors Inn in Edenton. Here, breakfast is included in the room rate but dinner is optional. The food prepared by the Inn's chef is phenomenal at the room rate but dinner is optional. The food prepared by the Inn's chef is phenomenal.

In the western part of the state the pet-friendly Black Mountain Inn sits above the town of Black Mountain. Here, innkeeper June Bergeron fusses about a black bear that takes one bite out of each of her cantaloupes still in the garden. She shrugs, "What are you going to do? It's 400 lbs. of bear." The rooms in this historic carriage house—that has accommodated Helen Keller and Earnest Hemingway—are filled with charm, not bears. The room called "Emily" is the most romantic, featuring an enormous Victorian claw-foot bathtub, with ample room for two. This is a place where you can leave television and telephones behind. For here, it's all about strolling, reading and napping—and eating some of June's fantastic baked goods at breakfast. Reservations, 828-669-6528 and www.blackmountaininn.com

Another place to relax and indulge yourself with elegance and amenities galore is the ultra-fashionable Siena Hotel in Chapel Hill. The food in its Il Palio Ristorante is highly acclaimed, thanks to Chef Jim Anile and his team. And what I bet a lot of folks don't know is that the Siena is pet-friendly. So indulge yourself and at the same time indulge Rover, too. What a pleasurable set-up!

And finally, I am happy to recommend a lovely establishment near Henderson, just off I-85 called the Lamplight Inn (circa 1850) located on Flemingtown Road and situated on a renovated tobacco farm with a cozy, well-appointed main house (lit with oil lights, hence the name "Lamplight"), five guest rooms with private baths, a wrap-around porch and plenty of outbuildings to explore. A full—and I mean full—breakfast is included. You can work it off, at the open-air fitness center in the barn. For more information call 252-438-6311.

RESOLVE TO DISCOVER

Resolve to check out new restaurants in your area—and there are plenty in the Triangle. I personally resolve to visit and report back to you in more length on these new-to-the-Triangle restaurants:

- Mt. Fuji, an Asian-influenced eatery located in Durham's Brightleaf Square. 919-680-4968.
- JK's, an upscale seafood and steakhouse, located in Raleigh at the Lasiter Mill entrance to North Hills Shopping Center. 919-781-3919.
- Another interesting-sounding newbie is in Durham called Blayloc Café, which showcases local artists, offers live music and plenty of high-definition TVs: the perfect place, it would seem, to watch the game while noshing on salads, soups and sandwiches. 919-682-4624.
- And in the heart of the historic district in downtown Hillsborough, there's the Flying Fish, brought to you by Phil Campbell of Flying Burrito fame in Chapel Hill. Flying Fish is all about fish—brought in fresh from the coast several times a week—and served up in a variety of ways, all at attractive prices. 919-245-0040.

Be it resolved: to cook better, come up with new dishes for family and friends. Happily Fearrington House, located between Chapel Hill and Pittsboro is offering upscale cooking classes. Enrollment offers overnight accommodation, afternoon English tea, cocktails and dinner at Fearrington House Restaurant, full gourmet breakfast, all handouts, and cooking instruction with Fearrington House chefs. Meet for cocktails, hors d'oeuvres, and a short discussion with the Chef: house@fearrington.com. Dates for classes in 2006 are Feb. 4-5, April 2-3, June 11-12, Sept. 3-4, Oct. 8-9, Nov. 12-13.

Resolve to drink more wine! Silver Coast Winery in Ocean Isle can help with fun events scheduled for the New Year. And coming up soon on Jan. 21 is the Amateur Wine Maker's Competition & The Ultimate Wine Glass Competition and Toast Contest: call 910-287-2800. 

METROMAGAZINE JANUARY 2006
The Red Room Tapas Lounge

The Red Room Tapas Lounge is located at 510 Glenwood Avenue, Raleigh. (919) 821-1240. The Red Room Tapas Lounge is open for lunch and dinner daily. The Red Room Tapas Lounge features a unique atmosphere where you can enjoy a variety of tapas dishes, including vegetarian and gluten-free options. The Red Room Tapas Lounge offers a selection of wines and cocktails to complement your meal. The Red Room Tapas Lounge is known for its delicious tapas and its friendly service. Reservations are recommended, especially on weekends. For more information, please visit their website at www.redroomraleigh.com.

Carolina Ale House

Carolina Ale House is located at 2240 Walnut Street, Cary. (919) 431-0001. Carolina Ale House is open for lunch and dinner 7 days a week, except for Sunday. Carolina Ale House offers a wide variety of beers, including many local and regional craft beers, as well as a selection of wines and spirits. The menu includes a variety of dishes, including sandwiches, salads, and entrees. Carolina Ale House is a great place to relax and enjoy a meal with friends or family. For more information, please visit their website at www.carolinaalehouse.com.

Bogarf

Bogarf is a Japanese restaurant and sushi bar located at 115 Midtowne, Raleigh. (919) 838-1444. Bogarf offers authentic Japanese fusion cuisine in a casual atmosphere. The menu includes a variety of dishes, such as sushi, sashimi, and tempura, as well as a selection of soups and salads. Bogarf is known for its新鲜的海鲜 and its friendly service. Reservations are recommended, especially during peak hours. For more information, please visit their website at www.bogarf.com.

Hi5

Hi5 is located at 312 Creekside Drive, Raleigh. (919) 834-4335. Hi5 is a sports bar that offers a variety of food and drink options. Hi5 is open for lunch and dinner 7 days a week, except for Sunday. Hi5 offers a selection of hot wings, pizzas, sandwiches, and more. Hi5 is known for its casual atmosphere and its friendly staff. For more information, please visit their website at www.hi5raleigh.com.

Stonehoud Grille & Tavern

Stonehoud Grille & Tavern is located at 6675 Falls of Neuse Road, Raleigh. (919) 847-5304. Stonehoud Grille & Tavern offers a wide variety of dishes, including steaks, seafood, and a selection of sandwiches. Stonehoud Grille & Tavern is known for its friendly service and its live entertainment. Reservations are recommended, especially during peak hours. For more information, please visit their website at www.stonehoudgrille.com.

Rey's

Rey's is located at 1130 Buck Jones Road, Raleigh/Cary. (919) 380-0122. Rey's offers a wide variety of dishes, including sandwiches, soups, and salads. Rey's is known for its friendly service and its casual atmosphere. Rey's is open for lunch and dinner 7 days a week, except for Sunday. For more information, please visit their website at www.reysrestaurantnc.com.

Vina Rouge

Vina Rouge is located at 3123 NE 30th Avenue, Raleigh. (919) 847-0018. Vina Rouge offers a selection of wine and a variety of dishes, including sandwiches and salads. Vina Rouge is known for its friendly service and its casual atmosphere. Vina Rouge is open for lunch and dinner 7 days a week, except for Sunday. For more information, please visit their website at www.vinarouge.com.

Garrboro Restaurant

Garrboro Restaurant is located at 115 Midtowne, Raleigh. (919) 838-9900. Garrboro Restaurant offers a wide variety of dishes, including sandwiches, soups, and salads. Garrboro Restaurant is known for its friendly service and its casual atmosphere. Garrboro Restaurant is open for lunch and dinner 7 days a week, except for Sunday. For more information, please visit their website at www.garrbororestaurant.com.

For more restaurant listings, please visit www.metronc.com.
TEN SURPRISING WINES

Out of the several hundreds of wines tasted this year—many good ones as well as some that disappointed—a few stood out as extraordinary. The surprises included certain wines that have newly jumped onto the scene, and quite smartly, stood out as extraordinary. The surprises included certain wines that have newly or quality for their type. Some represented too; others showed exceptional character, style or quality for their type. Some represented excellent value in their category. These won't which are usually made up of very expensive wines, so it's not in the least surprising that drink and enjoy now.

Explore the joys of bringing out cellar treasures aging can do for a well-made wine (we'll tasty stuff to drink while waiting for the fine singling out only 10 wines. It easily could have been doubled. Some of the wines cited them. If newer vintages are out there, they may still be around if you care to look for winter season, Chablis is the available. And with fresh Chardonnays of this style from Oregon and about $26.

1. Joseph Drouhin Chablis 2004 Chablis Premier Cru, $29. This wine shouldn't surprise me, since I love Chablis, but many of the 2003s were disappointing. With the 2004 vintage, the racy minerality and crisp fruit typical of the Chablis style of chardonnay (French Chablis is 100 percent chardonnay) are back, and the Drouhin 2004 premier cru makes for one of the most distinctive Chardonnays of this style available. And with fresh oysters at the height of the winter season, Chablis is the perfect match. Drouhin's simple Chablis '04, $20, would work well, too.

2. Napa Ridge Chardonnay 2003 Chardonnay, Napa Valley, $12. This one is a surprise because of the price; it is minerally, fresh and crisp, very like Macon-Villages. It's a style I find very versatile with food, with goat cheese, with mussels and seafood pastas.

3. Cosentino Pinot Noir 2002, Russian River Valley, $35. This wine fairly brims with the typical lush, seductive flavors of Russian River Pinot. Fruit full of spicy berries, with overtones of toasted oak and cinnamon—it's a killer with roast goose or duck. Not a lot of this wine was made, so it will be hard to find; but a few other fine Pinots are more readily available in the Triangle—Robert Sinskey 2002 Carneros, $28, King Estate 2003 and Ponzi 2003, both from Oregon and about $26.

4. Spries Barossa Valley 2003 Shiraz, Australia, $12. Well, one expects a nice berry flavor in young inexpensive Shiraz—but this one is pure raspberry! It's so appetizing you can't wait for the next sip. Kind of irresistible if you're a raspberry maven.

5. Frog's Leap Sauvignon Blanc 2004, Napa Valley, $24.99. Made from organically grown grapes, this Sauvignon is delicious—dry, beautifully balanced, lovely citrus flavors, and versatile with many different foods, including shellfish. Similarly appealing is Pascal Jolivet Sancerre 2004, $20, a close runner-up.

6. Iron Gate 2004 Cabernet Sauvignon, North Carolina, $25. This Cabernet was the surprise of the North Carolina State Fair Wine Competition in October. With its lively flavor and balance and very true Cabernet character, it won Best of Show. Wines like this show the exciting possibilities for North Carolina wine—and it's not the only one either!

7. Fontodi Chianti Classico 2003, Tuscany, $20-23. A surprise because so much flavor is packed into this simple Chianti Classico that it has the structure and intensity of a riserva. The rich color and rustic grace of this red are lovely for current drink-

8. Michel Torino 2003 Malbec Don David, Cafayate, Argentina, $18. Argentina's quantum leap in quality wines has created a lot of excitement among wine drinkers for bold, ripe, flavorful reds, especially Malbec. Argentina's signature red. Those from vineyards at high elevations, such as the 2003 Don David from Michel Torino are especially impressive for concentration and depth, deeply colored, muscular reds that are nevertheless smooth and wonderful to drink. Malbec is a whole lot of wine for the money.

9. The Eyrie Vineyard Pinot Noir Reserve 1980, Willamette Valley, Oregon. Pinot Noirs don't age, right? The surprise of this wine was its amazing fruit and body after 25 years! It was served with several other venerables in a tasting at Ponzi Vineyards of Pinots from Oregon's pioneers with this grape. A favorite of founder and winemaker David Lett, the 1980 Eyrie Reserve did its maker proud in this showing, demonstrating why Oregon Pinot Noir is so compelling. The fruit and aroma, "like walking in a cedar forest after rain," said Lett, still had vigor—but I'm glad we caught it at this point in its long life.

10. Abacela Albarino 2004, Umpqua Valley, Oregon. One of my biggest wine surprises of 2005! You can only get this fragrant, delectable wine by going to the gorgeous Umpqua Valley or by ordering online at www.abaceal.com. But I was so delighted to discover that this Spanish grape can be grown in the US. I wanted to include it here. Maybe other growers will be encouraged to plant it—it certainly does well at Abacela's high elevation. It also calls attention to Albaritnos from Spain, with several 2004s available for $14-21 a bottle. You're sure to like the flowery fragrance and crisp dry fruit of these charming whites.
The year 2005 marked the 200th birthday of Alexis de Tocqueville. The young Frenchman visited the new American republic and wrote his classic Democracy in America in 1831. To commemorate Tocqueville’s life—and the lasting contribution of his book, my 2005 non fiction list (including a few books released in late 2004) focuses on democracy in America and the world.

Underlying American democracy are the concepts of liberty and freedom brought by early American settlers from Britain, as explained by historian David Hackett Fischer in Liberty and Freedom (2005), the second of four books by Fischer published by Oxford University Press on American cultural history. (See "Metro-Books," July 2005.) Those concepts led Americans to fight for independence from Britain, not solely because of adverse British acts nor abstract principles of liberty, but because, as explained later by a revolutionary, “We had always been free, and we meant to be free always.” Upon such American “habits of the heart,” (Tocqueville’s words), Fischer provides a textual and iconographic history of cultural expressions of liberty and freedom, further following Tocqueville’s advice that “love of liberty defies analysis.”

We are fighting for “the blessings of liberty,” George Washington told his revolutionary army in 1776. When Washington took command the year before in 1775, his new army faced experienced British troops and its famous navy that controlled Boston and its harbor. As 1776 began, Washington worried about “the predicament we are in,” a perilous year chronicled by David McCullough in his 2005 best-seller, 1776. In graceful prose, McCullough—Pulitzer Prize and National Book Award winner—marches his readers with Washington’s army through incredible hardships. After driving the British from Boston, the American forces suffered defeat by the British at Brooklyn. Retreating from New York, Washington crossed the Delaware in winter and surprised the British with victories at Trenton and Princeton. Final victory came in 1781 at Yorktown. But McCullough reminds us that for those with Washington in 1776, “the outcome seemed little short of a miracle.”

However miraculous the outcome, it also required leadership. Joining McCullough in acclaiming Washington as an extraordinary leader among the other exceptional Founders is Joseph J. Ellis in his biography of Washington, His Excellency (2005). Ellis, also a Pulitzer Prize and National Book Award winner, structures the book around the famous eulogy of Washington: “First in war, first in peace, and first in the hearts of his countrymen.” Admiring Washington’s successes, while acknowledging some shortcomings, Ellis deals deftly with difficult issues, including the practice of race-based slavery and the treatment of indigenous Indian tribes. Through his narrative, Ellis explains how the War for Independence became the American Revolution that led to the new American Nation.

THE FOUNDERS REVILED
While pursuit of “the blessings of liberty” motivated Washington and his army, the new American Constitution resolved to secure “the Blessings of Liberty to ourselves and our Posterity.” Fortunately, the price paid by the founding generation for securing our liberty is honored today through the popularity of 1776 and His Excellency and the many other recent biographies of the Founders. These books—many by scholars from outside the academia—contrast with what Ellis calls the “currently hegemonic narrative within the groves of academe” that makes Washington and the Founders “complicitous in creating a nation that was imperialistic, racist, elitist, and patriarchal.” Under that “reigning orthodoxy in the academy,” Ellis adds, Washington and the Founders are “taboo” subjects. Taboo too, as lamented by Fischer, are the concepts of liberty and freedom.

Those taboos are demonstrated by deficiencies, and in some cases distortions, of many approaches to American history by academics. Examples include widely used textbooks, especially radical leftist Howard Zinn’s A People’s History of the United States.
States: 1492-Present (1980, revised ed. 2003; paper, 2005). Softer left than Zinn's (1980, revised ed. States: From Columbus's Great Discovery to the War on Terror (2004). Professors at the less-than Ivy League University of Dayton and University of Washington-Tacoma, these two conservative historians reject equally the simplistic approach of "my country, right or wrong" and the prevalent academic approach of "my country, always wrong." They attempt instead an accurate history including the good and the bad.

Schweikart spoke in Raleigh about the book, and reported that it is gaining acceptance as a textbook at the college and advanced-placement high school levels. North Carolina schools should take heed and replace Zinn's and Bailey's texts with A Patriot's History. Schweikart has explained that his book ordinarily would have been titled simply "A History of the United States," but patriotic amplification arose from these extraordinary times for the teaching and studying of American history. Some liberals too, like Harvard law school professor Alan Dershowitz, have expressed concern over the leftist suffering from the current teaching and studying of our history.

COLLECTIVE MEMORY

American students have an abysmal understanding of our history, risking an "eradication of the American memory," as Ronald Reagan warned in his farewell address, "that could result, ultimately, in an erosion of the American spirit." Helping us avoid that eradication and erosion, and proving that not all left-leaning academics are anti-American, Princeton historian Sean Wilentz provides The Rise of American Democracy (2005). Politics need not rujin history, as evidenced by Wilentz's work and its praise by Harvard conservationist Harvey C. Mansfield. Wilentz, by focusing on leaders and ideas, explains the early rise of democracy, its division over the issue of slavery, and the triumph of the Union. He recognizes Lincoln's "peculiar combination of political moderation and moral firmness about slavery."

After the abolition of slavery, the American economy, rooted in the traditions of liberty, freedom and democracy, flowered and produced unprecedented wealth, as described by John Steele Gordon in An Empire of Wealth: The Epic History of American Economic Power (2004). Too celebratory for some critics, Gordon's survey of American history emphasizes economic developments and showcases the fruits of a free society. Gordon reminds us that our economic strengths, flourishing under a democratic government and a capitalistic economy, enabled us to win World War II and the Cold War.

British historian Paul Johnson advises that the lessons of American history should be learned by all peoples and built upon, so that "the whole of humanity will benefit in the new age which is now opening." Exploring such potential benefits are Michael Novak's The Universal Hunger for Liberty: A Surprising Look Ahead at the Culture, Economics, and Politics of the Twenty-First Century (2004) and Natan Sharansky's The Case for Democracy: The Power of Freedom to Overcome Tyranny and Terror (2004). Novak is a longtime advocate of liberty, and Sharansky, who was deprived of freedom as a Soviet political prisoner, now defends freedom and democracy in Israel and throughout the world.

DEMOCRACY AND THE WORLD

America's role in the world and the implications of the Bush Doctrine—the advocacy of preemptive action against threats to our national security and advancement of democracy and freedom in the Middle East and elsewhere—are explored in The American Era: Power and Strategy for the 21st Century (2005) by Georgetown University scholar Robert J. Lieber and published by the Cambridge University Press. Due to its trans-Atlantic imprimatur, it has been praised by Robert Kagan, another authority on American and European attitudes and roles in the new world order.

Toqueville's warning of the potential "tyranny of the majority" is addressed in Democracy and Populism: Fear and Hatred (2005), published by Yale University Press. Historian John Lukacs draws on modern American and European history and decries the degeneration of democracy into decadent populism. The pessimism and pointed criticisms of this short but sweeping book, called a jeremiad by the author, may not persuade, but its pronouncements will provoke all readers, whether on the left or the right.

A symposium entitled "Defending and Advancing Freedom" (Commentary November 2005), containing 36 essays by thoughtful critics and supporters of the Bush Doctrine, includes contributions from two authors mentioned in this piece, Natan Sharansky and Robert Lieber. Both emphasize that success under the Bush Doctrine depends on American will.

As our will is tested now in the War on Terror and especially in Iraq, the books featured here help us recall the challenges that American liberty, freedom and democracy have faced for over two centuries. They remind us of Washington's winter of 1776, Lincoln's summer of 1864 and Roosevelt's December of 1941. They remind us too that Americans had the will to confront those challenges and win the War for Independence, the Civil War and World War II. We also won the Cold War. The question now, in what many regard as World War IV, is whether we still have the will.
NEW AND NOTEWORTHY by Art Taylor

RALEIGH SPY CONFERENCE INCLUDES CIVIL WAR SPY AUTHOR

Writers on the Road and Diamonds Redux

The holidays may be over, but the New Year is already bringing us much to rejoice over in the literary world as major national authors and some local and regional favorites make appearances throughout our area this month.

First up is best-selling memoirist Frank McCourt, not only a legendary writer in his own time but also a legendary speaker, who’s said to bring as much to his talks as he does to his books. Where McCourt’s first book, Angela’s Ashes, detailed his Irish childhood and his second, ’Tis, picked up with his arrival in New York just after World War II, the third book in the trilogy, Teacher Man, reviews his three exciting and eccentric decades teaching English in the New York City school system. Published in November, the book has delighted McCourt’s many fans nationwide, and his tour for Teacher Man brings him to Jones Auditorium at Meredith College on Tuesday evening, Jan. 10. (Note: Quail Ridge Books is helping to host the event. Tickets are $5, or free with the purchase of the new book.)

Another bestselling writer—one with strong local ties—Haven Kimmel has recently returned to the memoir herself, the genre that first brought her fame with her debut, A Girl Named Zippy: Growing Up Small in Mooreland, Indiana. After the book earned a coveted spot on the New York Times Book Club, Kimmel made two.forays into the novel—The Solace of Leaving and Something Rising (Light and Swift)—but she’s come home again, so to speak, with She Got Up Off the Couch: And Other Heroic Acts from Mooreland, Indiana, which explores Kimmel’s adolescent years. The book promises the same wit and charm as the first installment of her life story, but heads in some less light-hearted directions, as Kimmel charts the cultural shifts in gender roles and dynamics during the 1960s and explores the direct impact on her own family. Kimmel visits several area bookstores this month, including Durham’s Regulator Bookshop on Tuesday evening, Jan. 10; Raleigh’s Quail Ridge Books on Thursday, Jan. 12; and McIntyre’s Books in Fearrington Village on Saturday morning, Jan. 14.

Shifting genres from nonfiction to poetry: Michael McFee’s seventh collection, Shinemaster, has recently been published as part of the 2006 Carnegie Mellon Poetry Series. The title poem, first published in Virginia Quarterly Review, offers a masterfully detailed memory of his father that is subtle, poignant and revelatory. McFee will read other selections from the new book on Tuesday evening, Jan. 17, at the Regulator, and then on Saturday morning, Jan. 21, at McIntyre’s.

Fans of Gail Godwin take note. The popular and critically acclaimed novelist offers not one, but two new books this month. In the novel Queen of the Underworld, Godwin plumbs her own early experiences as a journalist to craft a portrait of a young woman named Emma Gant (a family name not without literary tradition in these parts, of course), who collects her journalism degree from UNC-Chapel Hill and heads south to take a job as a reporter at the Miami Star. The title character, it should be pointed out, is not Gant but a local madam. With a roster of characters that ranges from the Mafia to Cuban exiles fleeing Castro’s coup, the novel offers a panorama of enticing figures. Godwin’s second book this month, The Making of a Writer: 1961-1963, is a collection of early journal entries as she began her path to literary stardom. Godwin makes two area appearances: Quail Ridge Books on Thursday evening, Jan. 26, and McIntyre’s on Friday evening, Jan. 27.

Also late in the month, Thulani Davis—poet, playwright, performance artist, journalist and novelist—discusses her new book, My Confederate Kinfolk, on Sunday evening, Jan. 22, at the Barnes & Noble at New Hope Commons in Durham. The book delves into her own history—specifically the marriage between her great-grandmother, former slave, and her great-grandfather, a former slave-owner—and in the process discusses multiracialism, the legacy of history and the difficulties of writing about the past.

Diamond Studs

Thirty-one years ago this month, Diamond Studs, the Life of Jesse James, a “saloon musical” written by Bland Simpson and Jim Wann, made its New York premiere with members of the Red Clay Ramblers—and the show subsequently played to packed houses for 232 performances.

“Yes, yes, a thousand times yes!” wrote theater critic Clive Barnes in his review for the New York Times, and later in the review asked:

What is the charm and the gusto of this show? Why cannot you keep your feet still, or your mind from smiling? Freshness, yes. Innocence, certainly. But more, a real view of an America lost. A day when—at least in popular mythology—train robbers, bank robbers, and assorted miscreants had a touch of Robin Hood to them.

For those who may have missed the original production, Fearrington Village is hosting a special event this month in the Barn: a revival of Diamond Studs, produced this time out by Mojo Productions, whose last big success was the hit show Good Ol’ Girls. All in all, a promising combination of talents.

The show runs from Thursday, Jan. 26, through Sunday, Feb. 5—with weekend matinees—and tickets are $20. For information or to reserve your spot, call 919-545-5701 or visit www.studsatthebarn.com.

But do be sure to get your tickets as early as possible! At press time, tickets for some dates were already unavailable through the Web site.
JAZZ, WORLD MUSIC MAKE THE TOP 10 FOR 2005

Well, so much for 2005. It was a good year for album releases, but, then, I don't remember a year that didn't offer great tunes. Even during the disco plague of the '70s we still had Patti Smith, Joni Mitchell, Bob Dylan, Miles Davis, Weather Report, The Ramones and The Allman Brothers Band. I reviewed many excellent discs in '05, and some of the best are mentioned here, with my usual disclaimer: I listened to a mere fraction of the avalanche of new releases. Recording technology has reached a plateau that allows anyone to record a decent-sounding CD and put it in the mail, or online, or both. There's a lot of lame music out there nowadays, which makes finding the cool stuff a bit more tedious than it was 15 years ago.

And this year, a second disclaimer. I find jazz and world music a lot more creative and challenging than most of the rock `n' roll I'm hearing. That said, here's a sample of the discs I fancied in 2005.

Roomful of Blues: Standing Room Only [Alligator]

It didn't take long for the first cool blues album to hit the racks in '05. Released January 11, Standing Room Only proved beyond a doubt that Roomful of Blues was well and truly back and hitting on all eight cylinders. Killer tunes such as “She Put A Spell On Me,” “Sufferin' with the Blues,” and the instrumental “Straight Jacquet” lit the fuse on this fireworks display. Roomful was born in 1967, and the band has had its good days and its not-so-good days in the past 38 years. The present lineup, however, is as stout as any Roomful crew. In the world of the blues, older often means better, and in the case of Roomful, it's a fact.

Alpha Blondy: Elohim [Shanachie]

It's a telling fact that one of the best reggae albums of the year came from a native of the West African nation of Côte d'Ivoire. Alpha Blondy (Sedou Kone) is working very much in the spirit of Bob Marley here, laying down several politically loaded tracks—"Take No Prisoner (Canabalistic)," "Journalists En Danger (Démocrature)"—while working superb grooves. While several current reggae artists have been too quick to meld the vainglory of rap with their music, Alpha Blondy comes across here very much in the old-school frame of mind.

Markus James: Timbuktoubab [Firenze Records]

James delivered a sensational CD in 2001 with Nightbird. The album was an uncanny synthesis of blues and Malian traditional music, making it one of the best world music releases of the year. James duplicated this feat with Timbuktoubab. Working with Malian players Hassi Sare (njarka violin, vocals), Solo Sidibe (kamele n'goni, vocals), and Hamma Sankare (calabash, vocals) James once again conjured haunting music that evokes the beautiful and desolate soul of the Sahel. Anyone who recognizes the difference between music and noise should own a copy of this record.

Los Super 7: Heard It On the X [Telarc]

I grew up in a part of the US where listening to Mexican border radio was a nightly event, and believe me, it rocked. So does this sweet tribute to border radio, featuring players in the likes of Joe Ely, Flaco Jimenez, Ruben Ramos, Lyle Lovett, Delbert McClinton, Rodney Crowell and Raul Malo. These tunes kick ass while reminding us of the days when no-format radio was blasted across the Rio Grande by 250,000-watt outlaw stations. The vibe was best described by Billy Gibbons of ZZ Top in his song "Heard It On the X": Country-Jesus-hillbilly-blues.

Meshell Ndegeocello: The Spirit of Music Jamia: Dance of the Infidels [Shanachie]

Ndegeocello had a role in composing all but one of the tunes on this fine album, and she brought together a splendid array of players to aid in realizing her compositions, including Don Byron, Mino Cinelu, Cassandra Wilson, Jack DeJohnette and Lalah Hathaway. What's happening here is soul-rich jazz of the first magnitude that persistently spawns very compelling free-form solos. It's one of the most distinctive and creative releases of 2005.

Niyaz: Niyaz [Six Degrees]

Three major world music artists—Azam Ali, the spell-binding vocalist of Vas; multi-instrumentalist Lura Torkian, of Axiom of Choice; and producer/remix savant Carmen Rizzo—pulled together this sublime disc. The songs—10 in all—are based on Sufi mystical poetry, written and sung by Ali in both Farsi and Urdu. The Niyaz vibe is an alluring combination of medieval Persian and Indian exoticism and beats that are state-of-the-art. Ali's vocals are wholly evocative of another world and another time, which creates a wonderful tension with Torkian and Rizzo's inspired instrumental textures. Niyaz
is musical wizardry of the first magnitude.

Us3:  
**Questions**  
(Us3)  
To put it simply, **Questions** is the only successful fusion of hip-hop and jazz I heard all year, and, not surprisingly, it doesn’t come from US artists but, rather, from the UK. Geoff Wilkinson, the artist who is Us3, puts it all together here—funk, dance beats, jazz, rap and soul, and it cooks most righteously.

Erik Truffaz:  
**Saloua**  
(Blue Note)  
Trumpeter Erik Truffaz is working here in a quartet configuration with Manu Codjia (guitars, electronics), Philippe Piron Garcia (drums, samples, parlophone), and Michel Benita (bass, samples). The disc also features Tunisian vocalist and bendir player Mounir and poet/vocalist Nya. The fruit of their labor, Saloua, is a genre-busting mix of jazz, world music, dub reggae, and electronica that was one of the most innovative jazz releases of the year. Truffaz is one of the lights of the jazz scene—a deft player and a visionary composer who’s shown that the only limits in music are the ones a person allows.

Jon Shain:  
**Home Before Long**  
(Flyin’ Records)  
John Shain—Duke grad and Durham resident—is one of North Carolina’s most talented singer-songwriters. His latest project, Home Before Long, is his fourth solo album and, as was the case with his previous discs, he just keeps getting better. Shain drew on some serious talent in creating this new record, from sidemen F.J. Ventura and Bill Newton to producers Tom Dube and Dave Mattacks. But where the rubber meets the road, it is Shain’s songwriting that carries the day.

Mariza:  
**Transparente**  
(Times Square)  
There simply isn’t a better fado singer in Portugal today than Mariza. **Transparente** is her third album, and at this point in her development, she is very much in command of her genre. Fado is the blues of Portugal, except that in Portugal the love and respect for fado is such that it’s popular all over the country. To aspire to be a fadista one must have an amazing voice, a lot of soul, and a good deal of nerve, Mariza, in other words. I listened to vocalists’ albums all year, but I never heard a better singer than Mariza.

Ry Cooder:  
**Chavez Ravine**  
(Nonesuch)  
In Cooder’s reminiscence of Chavez Ravine, the long-lost Mexican community in East Los Angeles, the tunes are a mix of rumba, Pachuco boogie, low-down rock and corridos, and the lyrics are a gritty storybook, animated by characters whose world was subsumed beneath Dodger Stadium.

Mel Melton & the Wicked Mojos:  
**Papa Mojo’s Roadhouse**  
(Louisiana—Red Hot Records)  
The record that very nearly drowned in New Orleans is quite possibly Mel Melton’s best album to date. Melton’s vocal work is as potent as his harmonica playing, and the songs are a sweltering mix of swamp boogie, Zydeco, and blues. There’s nothing fancy going on here, just real-deal Louisiana music from one of the genuine purveyors of Zydeco blues.

Stefano di Battista:  
**Parker’s Mood**  
(Blue Note)  
Alto sax ace Battista may have grown up in Rome, but, like many alto players, his heart belongs to Charlie “Bird” Parker, a virtual bodhisattva of the alto saxophone. **Parker’s Mood** is a tribute to Bird, and it’s a tribute worthy of the music that inspired it. Battista does the quintet thing here with Kenny Baron (piano), Herlin Riley (drums), Rosario Bonacorso (bass), and guest Flavio Boltro (trumpet on four tunes), and together they lay down a fine groove.
The University of North Carolina at Chapel Hill will significantly expand its international curriculum and its presence in Europe with two new developments in London: the establishment of a multi-level exchange program with prestigious King's College London and the purchase of the first UNC-owned facility on the continent. *** The Cameron Village Regional Library is going to open in its expanded renovated space at 1930 Clark Avenue on Jan. 21. The library was designed by Cherry Huffman Architects (Louis Cherry) and was intended, from the ground up, to be a library. *** Houston-based developer The Hanover Company (www.hanoverco.com) has forged an alliance with Ronald McDonald House in Durham to provide a complimentary, one-bedroom rental home—fully furnished courtesy of American Furniture Rental—in the newly completed Lofts at Lakeview (www.loftsatlakeview.com) luxury mid-rise development. *** Leonard and Tobee Kaplan of Greensboro have donated $1 million to UNC-Chapel Hill to establish a new distinguished professorship in the Carolina Center for Jewish Studies. Their gift will create an endowed chair to help UNC attract a leading teacher and scholar in modern Jewish religious thought. *** Betty Anne Ford and Nancy Newell, co-founders of Loaves and Fishes Ministry, Inc. in Raleigh were among five North Carolinians who recently received the prestigious Nancy Susan Reynolds Awards from the Z. Smith Reynolds Foundation. The two women will receive awards of $25,000 each. *** The William R. Kenan Jr. Charitable Trust has donated a Hamburg Steinway D concert grand piano to UNC-Chapel Hill, better positioning UNC to attract more of the world’s top artists to perform in Memorial Hall. *** Congressman Bob Etheridge presented Horizon Cellars’ owners, Guy and Nicole Loeffler, with the Best of Category award at the recent Congressional Wine Caucus in Washington. Horizon Cellars is located in Siler City. *** The Cumberland County Public Library & Information Center has received two 2005 programming awards from NC Public Library Directors Association. The awards were in the adult program category for “William Bartram: Philosopher, Naturalist & Poet” and children’s programming for “NC Craft Fest.” *** Sharon Johnson Rothwell and A. Douglas Rothwell, both UNC-Chapel Hill master of public administration graduates, have begun an endowment fund and pledged $10,000 a year for the next 10 years to support graduate student scholarships at UNC’s School of Government. *** The Raleigh Ringers are auditioning for their 2006 season in early January. The concert schedule will include return engagements to The Chautauqua Institution and to the Whittaker Center in Harrisburg, PA. Contact by email at rringer@rrr.org or visit Ringers’ Web site at www.rr.org. *** The New Bern/Craven County Convention & Visitors Center and the New Bern Riverfront Convention Center have received ConventionSouth Magazine’s Prestigious 2006 Readers’ Choice Award. *** MerleFest 2006 organizers have announced that composer and recording artist Jim Lauderdale will again serve as Honorary Chairperson of the Chris Austin Songwriting Contest. Entries for the contest must be received by March 4. Call 800-799-3838 or visit www.merlefest.org/SongwritingContest.htm. *** Durham Arts Council and Durham Art Guild are now accepting applications for the 2006-07 Exhibit Season. From these entries, exhibits will be chosen for the three galleries in the Durham Arts Council building in downtown Durham. For applications or information go to Web sites www.durhamarts.org or www.durhamartguild.org. Submissions must arrive by Jan. 30, 9 p.m., at the Durham Arts Council building. *** Dr. John T. Benjamin has been selected as the first Floyd W. Denny Jr. M.D. Distinguished Professor in the UNC-Chapel Hill School of Medicine. Benjamin is professor in the department of pediatrics and chief of General Pediatrics & Adolescent Medicine. The new professorship honors the career, ideals and memory of the late Dr. Floyd W. Denny Jr., who was chairman of UNC’s department of pediatrics for 21 years. *** The North Carolina Shakespeare Festival is beginning a new era on the eve of its 30th anniversary with the purchase of a 51,000-square-foot warehouse and office complex in the western part of High Point. The former Aerochem facilities at 803 & 807 Ward Avenue will serve as NCSC’s new Artistic Home. *** The Society of Pediatric Nurses has named an award in honor of UNC School of Nursing research professor emeritus Dr. Margaret S. Miles. The Margaret Shandor Miles Leadership Award will recognize outstanding leadership in nursing care of children. The award honors Miles’ contributions in pediatric nursing education, leadership and research throughout her 50-year career. Miles was the first president of the Society of Pediatric Nurses in 1990. *** Cameron Art Museum, Wilmington, is initiating new hours and days beginning January 2006. The museum will be closed Mondays & Tuesdays; open 11 a.m.-5 p.m. Wednesday, Thursday, Saturday & Sunday. Open hours will be extended each Friday beginning January 13 from 11 a.m.-9 p.m. The Forks restaurant will be open for dinner on Friday evenings. *** Dr. Anthony Hickey and Dr. Patricia Pukkila, faculty members at UNC-Chapel Hill recently were elected fellows of the American Association for Advancement of Science. Hickey, molecular pharmaceutics & biomedical engineering professor, was recognized for his research on delivery of medicines to the lungs. Pukkila, director of undergraduate research and associate biology professor, was recognized for her work in genetics and leadership in education and research. They will be recognized Feb. 18 during the AAAS annual meeting. *** A new free Web site www.lib.unc.edu/sapop created by the UNC-Chapel Hill Library opens a digital window on Jewish history and life in the American South. "A Portion of the People: Three Hundred Years of Southern Jewish Life" chronicles the story of southern Jewish settlers and their descendants from the late 1600s through the 21st century.
NEW DAY FOR TTA?

Will the Triangle Transit Authority go away after the latest defeat in its decades-long effort to impose its version of rail transit on the Triangle?

I doubt it. There's just too much loose money jangling around in Washington earmarked for public transit. The feds, lobbied hard by environmental activists to de-emphasize road building and encourage mass transit, have increased the pot for transit off the top of the federal highway fund from 2 percent to 18.5 percent over the past 30 years.

The resulting pool of money for transit from the 2005 federal highway bill allocation from Congress is around $40 billion, with a tidy share available to North Carolina. No wonder our unelected, quasi-legitimate and unaccountable Triangle Transit Authority has been spending like there is no tomorrow, condemning private property and generally swag­gering around drugged with money and power. And no wonder they will never give up, despite the humiliations and setbacks incurred by their incompetence.

Worse, TTA has advocated a flawed concept. And our area elected leaders and government managers are guilty of gross incompetence by falling for it as a panacea for future traffic planning. While TTA lied about what it could accomplish, roads and road repair in Raleigh have been neglected, driving a spear in the heart of our vaunted quality of life.

FOR THE RECORD

Rail mass transit was born under various names in the early 1980s, evolving into TTA in 1992. The founders of the idea of rail transit for the Triangle were delusional but dedicated: Since the population density never justified rail transit, it is obvious their intent was based on environmental politics with anti-capitalist overtures.

Then, in 1992 they trumpeted a plan that would only cost $100 million and headed to Washington to seek approval. Problem was, they forgot to ask the railroad companies that owned the track and the rights-of-way. Worse, the existing tracks did not go where people wanted to go. TTA's answer: "We'll make people go where we say by altering the pattern of development of Raleigh with high density development around the stations. We must force people to stop living on quarter-acre lots," they cried, oblivious to the reality that Raleigh is one of the most desirable places to live in the US due to its neighborhoods—what TTA, with a sneer, calls "sprawl."

THE FATAL FLAW

In the end, the fixed guideway system was going to cost over $800 million after the railroad companies put a cost on the use of their lines. And it didn't qualify anyway since it's a flawed plan, for many reasons. But one flaw stands out: The reality that the population needed to justify rail requires five counties, most notably Durham and Durham County. But Durham has been retreating from Triangle unity for 10 years. Bull City leaders, making it clear they don't like associating with big sister Raleigh, have lobbed the US Department of Commerce to reconfigure the Metropolitan Statistical Area for the region.

The result is Durham now stands alone, connected to Chapel Hill and Roxboro. The capital city is now called the Raleigh-Cary MSA. The result reduces the population count from around 1.6 million (making the former MSA larger than Charlotte) to 797,000 for Raleigh-Cary. Durham does not make the list. TTA's plan has been derailed by their Durham friends. A train link to Durham is not urban rail transit: It's inter-city rail.

THE SOLUTION

It is time now for vigorous action by area elected officials and government leaders to disestablish TTA and form the Raleigh/Wake County Transit Authority to begin work immediately to create a Raleigh-outward monorail system.

The monorail can depart from existing buildings and go to destinations people desire: the RBC Center; the airport; RTP; eastward to Wake Medical Center to pick up commuters; even on to Durham and Chapel Hill if the demand is there. The important point is that this is a Raleigh system that moves outward from a dense urban center. And monorails create a sense of occasion in a city with no natural features. And a monorail suits our needs by its episodic availability. Monorails are not designed to force use, but to make transit available in an unthreatening and dramatic manner.

The important point here is that the people will have a part in future transit decisions.

NOTES FROM LA-LA LAND

Nearly 12,000 Wake County school children start off the New Year knowing how it must have felt to live under the Soviet regime. Their adult oppressors from the school assignment Politburo are applying the theories of social engineering by announcing another mass movement of students to new schools in the name of overcrowding. But the real reason for the new assignments is the refusal of school leaders to accept that busing has been ruled unconstitutional. In Wake County, the practice continues, reassigning students by economic status. Had the system designed new schools where people were, or planning to move, reassigning and uprooting kids would not be necessary.

...Now for my Man of the Year choice for 2005. It's not a man and it's not just one person. It's the women who bravely and expertly carry the message of the Bush White House to the nation and the world: First Lady Laura Bush and Secretary of State Condoleezza Rice. Both women have flown into the teeth of the war on terror across the globe, and both communicate with dignity and strength the mission to protect freedom and the will to fight for liberty. Hats off to these courageous and steadfast Americans.

by Bernie Reeves