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METRO MAGAZINE'S ANNUAL

Social Calendar

MANNEQUIN BALL: Le Event Hot

SPECIAL REPORTS:

MEDICAL: Life of the Brain

GOLF: Last Design of Donald Ross

PLUS

Denmark Invites Carolina Cuisine

WINE WARS: US Uncorks France

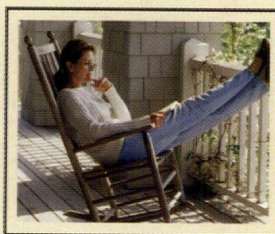




❧ *The Evolution of the Bungalow* ❧ by Preservation Homes



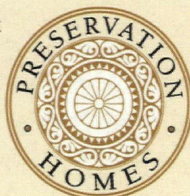
In the wake of the Industrial Revolution of the early 1900s, bungalows became the favorite new architecture of the Arts & Crafts Movement that glorified all things handcrafted. At Preservation Homes, we set out to flatter, and even improve, the intent of that movement by relating its goals to new bungalow-style homes to fit the needs of today's families. Preservation Homes' bungalow designs are the result of extensive research and design. Like the charming originals, our creativity and diversity of materials are what make our homes so wildly popular with area homebuyers. All of our homes feature Hardiplank siding, and some include cedar-shake shingles, brick and even stone. Each one offers Frank Lloyd Wright



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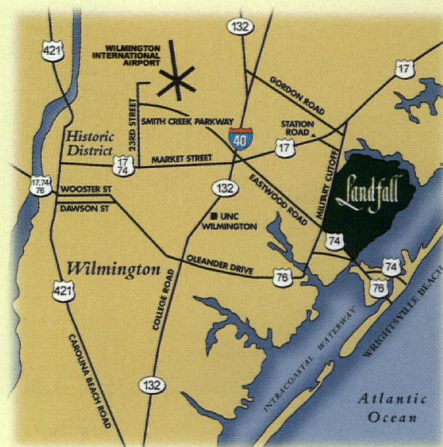
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Sometimes it all comes together. The right combination of elements to create the perfect community.

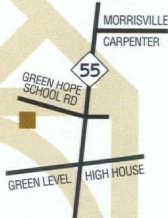


Once in a while, all of the just-right elements come together to create a just-right community. A neighborhood that combines style and substance, nature and nurture, time and place. That once-in-a-while time is now. And the community is Highcrocft.

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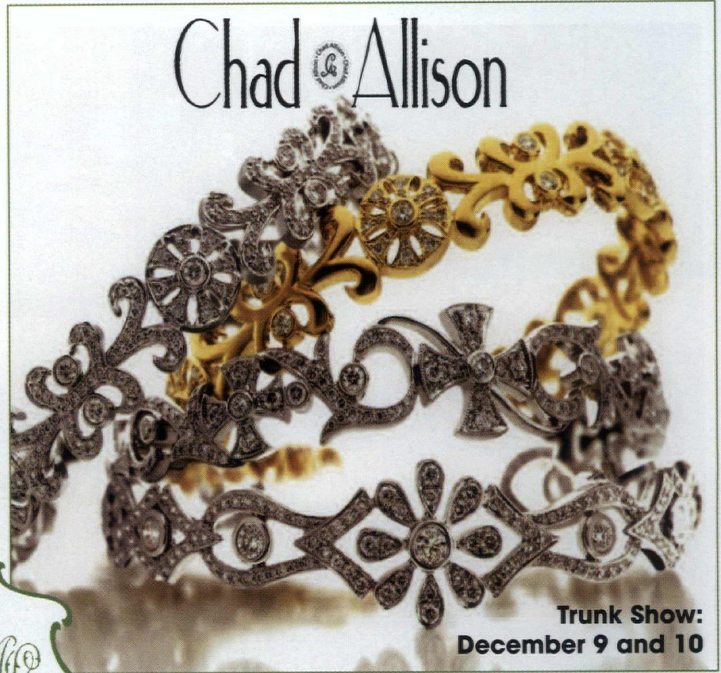


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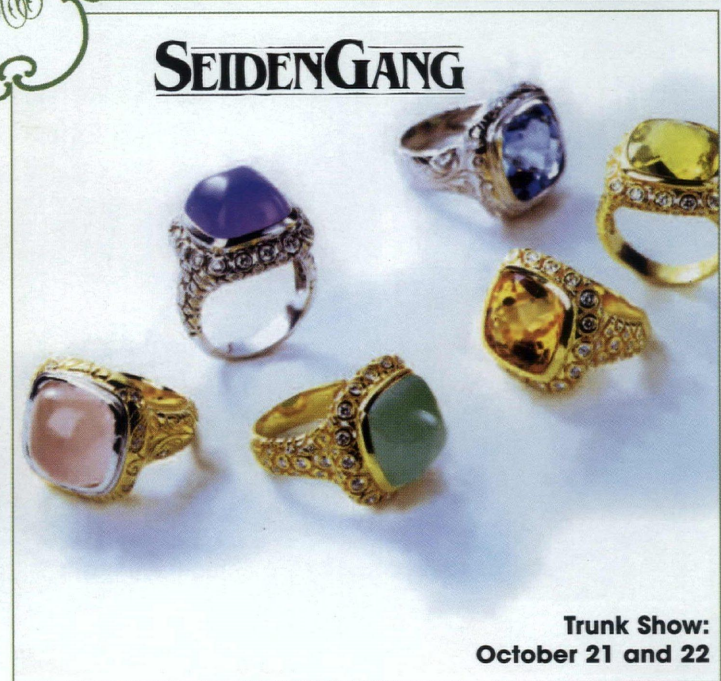
Trunk Show:
December 2 and 3



Trunk Show:
December 9 and 10



Trunk Show:
November 2 and 3



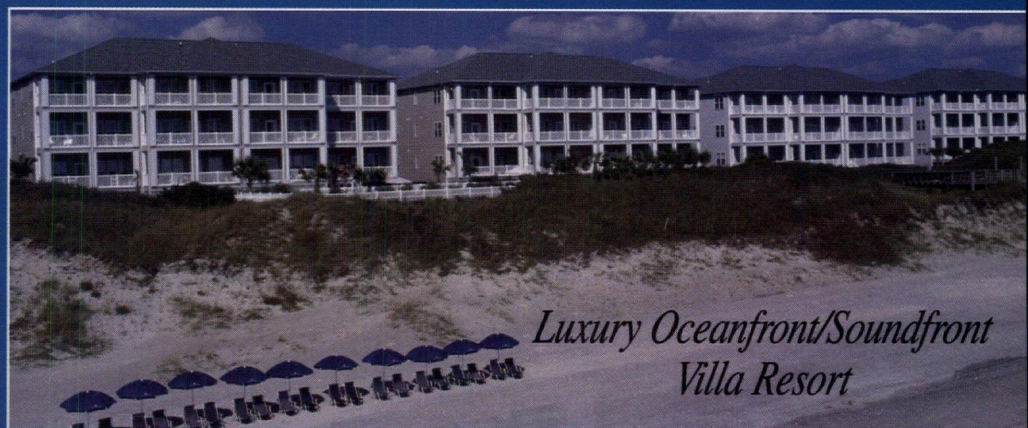
Trunk Show:
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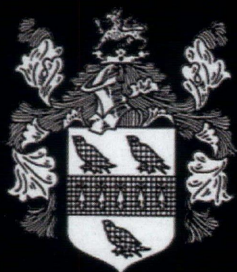
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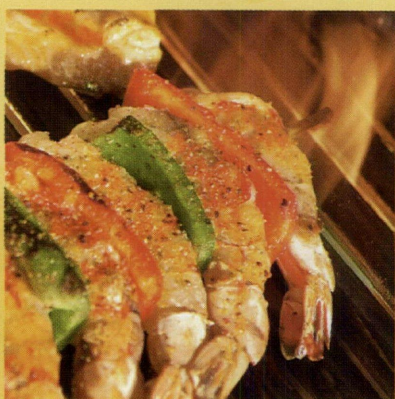
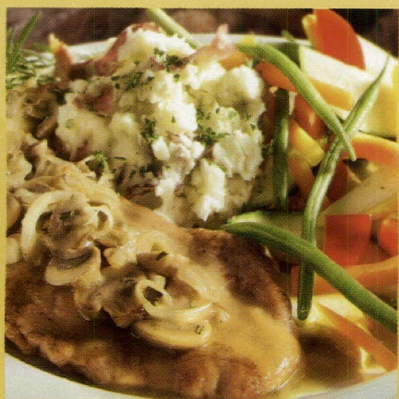
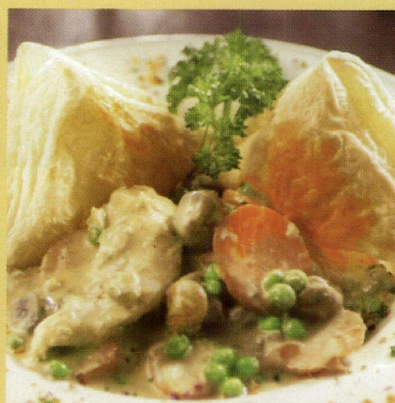
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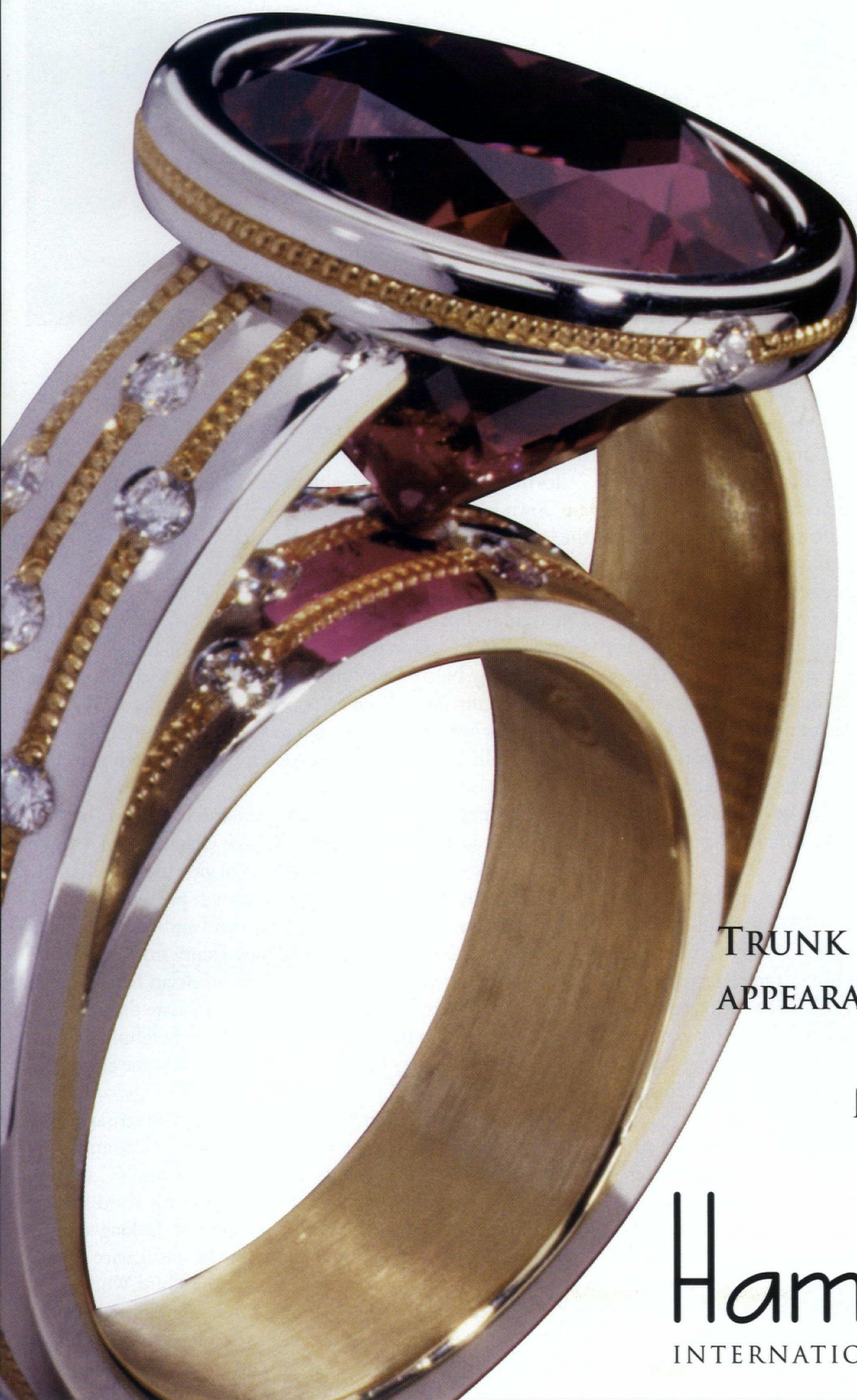
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THE PACE PICKS UP

About now the days and weeks start to fly by. As the air cools down from the languid Indian Summer, the activity level picks up, rarely pausing all the way through December.

This issue bristles with pace. We present our annual Social Calendar, listing charitable fundraisers, this year featuring a look by Louis St. Lewis at the 12 area artists (Louis included) applying their creative talents to mannequins to be auctioned off at the first Mannequin Ball set for November 11 at the NC Museum of History, sponsored by *Metro*, the Museum, Saks Fifth Avenue and 12 area fashion retailers and jewelers. Vogue magazine Editor-at-large André Leon Talley is guest of honor and the theme is Paris After Dark, featuring cocktails, heavy hors d'oeuvres and New York City's DJ Angola pounding out the beat as party-goers view the Art Mannequins, retail mannequins and "live" fashion models from Saks. Go to www.themannequinball.com or www.metronc.com or call the Mannequin Ball hotline to assure your invitation: 919-807-7846.

Courses designed by Donald Ross are shrines to the birth of golf in America. The Scotsman started in 1895 with the fabled Pinehurst #2 and ended in 1948 with Raleigh Country Club where owner John McConnell has dedicated himself to returning the course to the master's original design. Jim Hughes brings us the story and Dave Droschak tries out the new golf fitness program at Pinehurst Resort and speaks with Cary's Dan Hartnett, who shares his passion for golf in Ireland by organizing tailor-made trips to the Emerald Isle.

Our region is now a world center for the study and cure of neurological diseases. Senior editor Rick Smith and senior writer Anthony Vecchione explore the latest research from area universities, including startling new discoveries from studies with monkeys that open up new doors to the mystery of the human brain. And writer Johnny Kerr investigates the magical muscadine grape seed that reduces oxidants and free radicals. According to Jerry Smith, president of Le Bleu Water and maker of Nature's Pearl muscadine grape seed capsules (www.naturespearlproducts.com), the muscadine seed relieves inflammation and joint pains, works

to prevent cancer, promotes cardiovascular health and helps slow the aging process.

It's definitely party time, with Carroll Leggett donning his tux for Down East revelries and Fred Benton hurrying to keep up with the latest in restaurant openings, chef activities and a new Inn in Williamston.

And now Denmark is part of the Tar Heel social whirl as new ambassador Jim Cain, Raleigh lawyer and former Carolina Hurricanes CEO, is preparing a reception in Copenhagen featuring recipes by North Carolina chefs selected by Metro Gourmet Editor Moreton Neal. Then up pops Wine Editor Barbara Ensrud with the fascinating tale of the famous Paris wine tasting that catapulted California wines to the top level, with North Carolina growers hot on their heels.

Lest we forget what makes us a top place to live, Diane Lea discovers the quiet progress of Apex, NC, as it changes from a sleepy train stop into one of the dynamic centers of growth in the Triangle region. Art Taylor presents another thorough piece on the book scene, featuring new titles, special events and author appearances in the region. Philip Van Vleck brings us a story from Hurricane Katrina with a happy ending for zydeco musician Mel Melton; Frances Smith begs for more space to accommodate the burgeoning Preview section of area events; and Molly Fulghum-Heintz and Tricia Horatio stay on top of the fall fashion scene as the season progresses.

Jim Leutze reports from the recent symposium on coastal issues, including an update on the ports of Morehead City and Wilmington and the hint that offshore drilling off the NC coast is back on the agenda. We present a wrap-up on the third annual Raleigh International Spy Conference and news of the long-awaited second installment of the Mitrokhin Archive by intelligence scholar Chris Andrew exposing Soviet activities in the Third World.

November features *Metro's* annual Education Special Report and the first of our holiday gift guides. Yes, Virginia, Christmas is almost here.

—Bernie Reeves, Editor & Publisher



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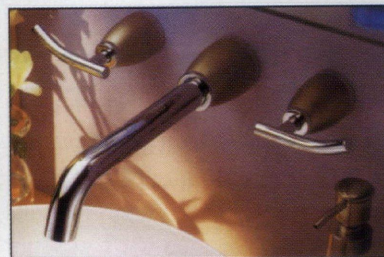
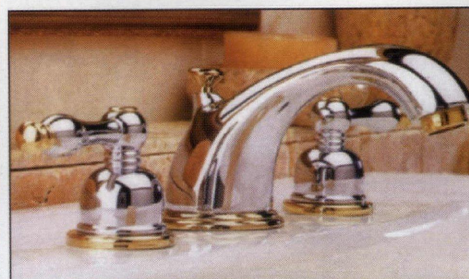
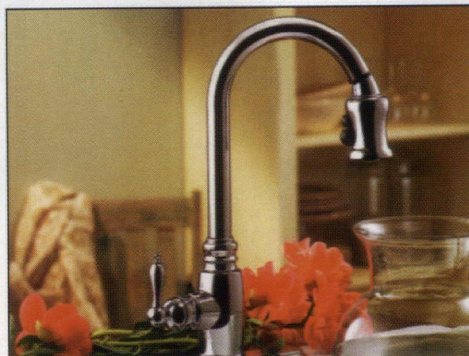
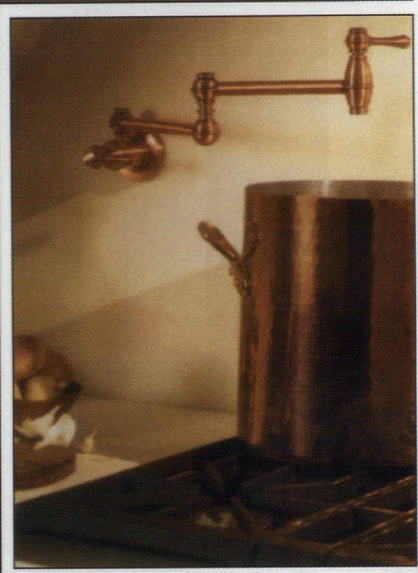
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INTELLIGENCE PROFESSIONALS LAUD RALEIGH SPY CONFERENCE

I, along with several other intelligence professionals, recently attended *METRO MAGAZINE's* third annual Raleigh Spy Conference at the NC Museum of History and was pleasantly surprised at the quality and timeliness of the subjects presented by an impressive group of speakers during this professionally run event. The issues we face as a country are complicated ones that require a citizenry that understands the con-



Ann Blackman

sequences of decisions that lessen or increase the protection of their identities, their homes and workplaces, their cities, and the nation's borders with Canada and Mexico—not to overlook the crucial role of our relations with friends and foes abroad. Those of us who have spent our careers in intelligence know that without the support of a knowledgeable public on these issues, our intelligence agencies can never be truly effective.

Let me thank the sponsors of this Conference, on behalf of the intelligence community, for such a magnificent educational event that clearly increased the audience's awareness and support for the historical underpinnings and current concerns of our intelligence and homeland security services.

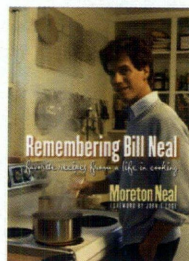
Gene Poteat

Current President of the Association of Former Intelligence Officers [AFIO] and former career intelligence officer with the Central Intelligence Agency's Science and Technology Directorate.
McLean, VA 22101

SHE GIVES A FIG

What a treat to have Moreton Neal share some of her favorite recipes in *Metro's* September '05 issue, "Who Gives a Fig?" It's always refreshing to read Moreton's column especially when she dips into her extensive collection of recipes. In Moreton's book *Remembering Bill Neal*, she helps newcomers to the area, like myself, understand the history of many recipes and how they developed into favorites that are still being prepared in some of the landmark restaurants of Chapel Hill. Thanks, Moreton.

Penny Rich
Chapel Hill



Bernie Reeves
Editor and Publisher

EDITORIAL

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Frances Smith *Senior Editor*

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Fred Benton *Off the Menu*
Barbara Ensrud *Cork Report*
Molly Fulghum Heintz *Style*
Johnny Kerr *Contributing Writer*
Diane Lea *Design*
Jim Leutze *Editor-at-Large*
Carroll Leggett *Columnist*
Moreton Neal *Gourmet*
Louis St. Lewis *Artist-at-Large*
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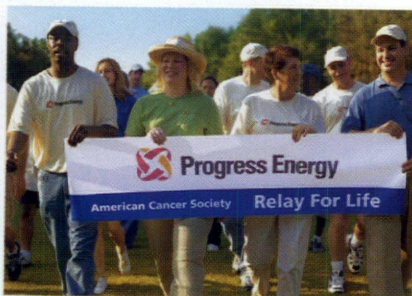
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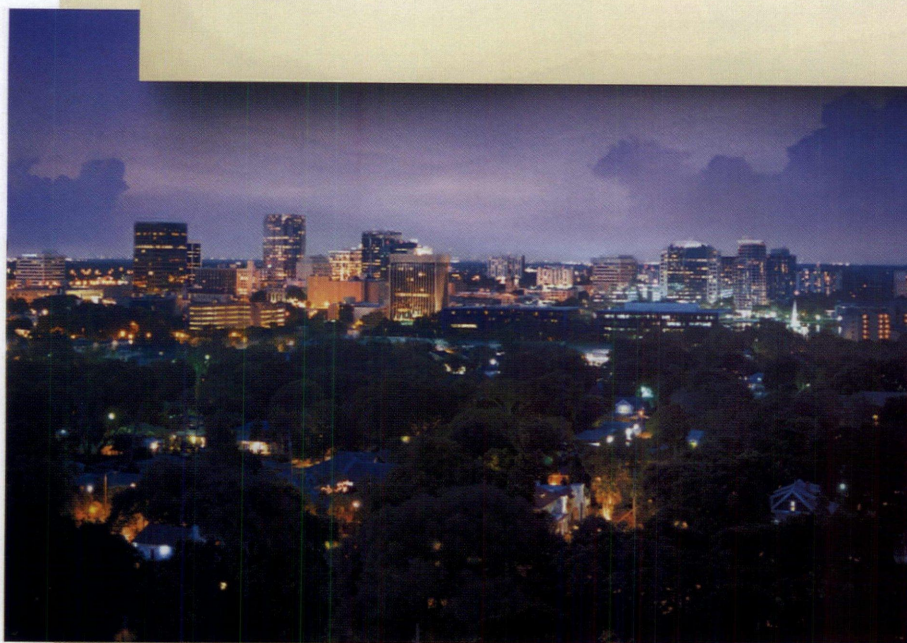
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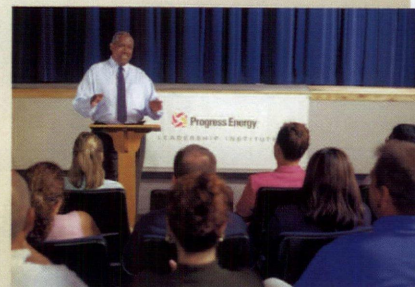
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Clyde Jones

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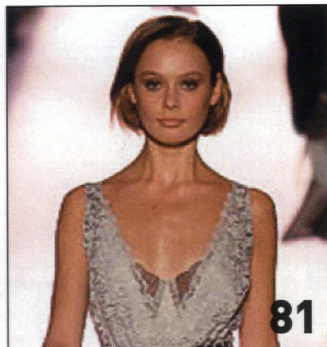
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Won the Paris Tasting

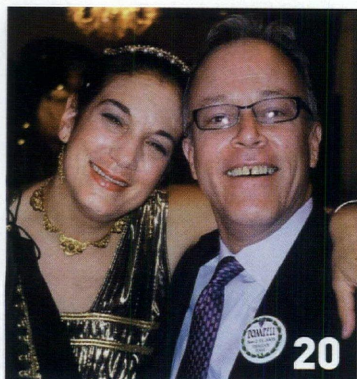


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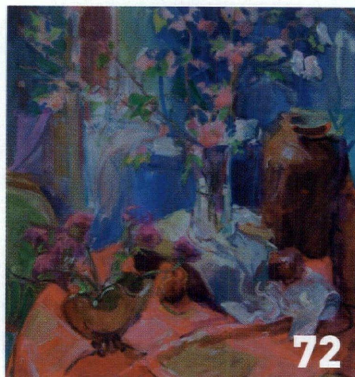


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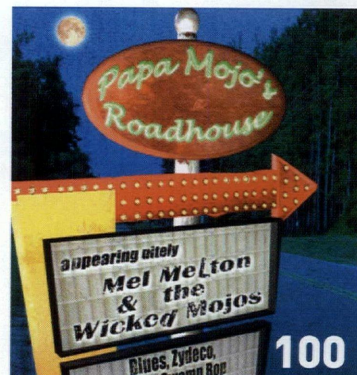
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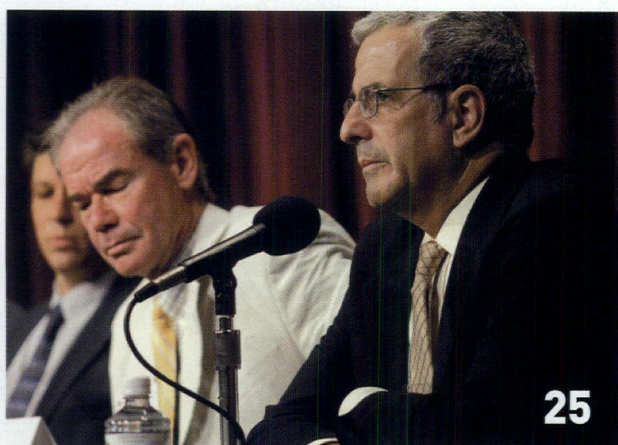
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Spy Conference Wrap-up

From the Cold War to the Reality of Confrontation with China



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SECRETS OF STATE

Teddy Roosevelt's 1905 Visit to Raleigh and Durham

by Mike Lawing

By September 1905, President Theodore Roosevelt had reached a peak in popularity. Internationally esteemed for hosting a peace conference to conclude the Russo-Japanese War and for pushing the Panama Canal toward reality, he was domestically respected as an environmentalist, a conservationist, a trust-buster and a war hero. "The American Century" was off to a good start and it was time to focus on a southern tour.

No Republican Presidential candidate had carried a southern state since Reconstruction and Roosevelt thought his personal popularity might help in future elections. He also hoped that a family connection (his mother was from Georgia) would provide additional goodwill. Soon a tour was announced that would carry the President through Richmond into the Carolinas then across the South to New Orleans.

When Governor Robert B. Glenn asked



North Carolina's Senators to persuade Roosevelt to speak at the North Carolina State Fair, Senator Furnifold Simmons met with Roosevelt and received his commitment to make an address in Raleigh October 19. Governor Glenn visited Roosevelt on October 9 to finalize plans for a grand reception and to arrange additional stops in Durham, Greensboro, High Point, Salisbury and Charlotte. After Glenn suffered a personal loss,

the death of his brother, Lt. Governor Frances D. Winston became Roosevelt's official host.

The President's special four-coach train rolled into Raleigh's Union Depot at 9 a.m. His familiar spectacles, toothy grin, Prince Albert coat and black top hat were noted in newspapers. After Roosevelt shared a warm exchange with former Governor Charles B. Aycock, he met with Lt. Governor Winston, Mayor James Johnston and other dignitaries,



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including General Julian S. Carr and Major H.A. London, who both greeted the President in full confederate uniforms. Major London commented, "I am glad to meet my President. I wear the gray and fought for four years in the Confederate service, but I have a boy in the United States Navy and we love our flag."

As six landau carriages paraded down Fayetteville Street toward the Capitol, six secret service agents flanked the president's carriage and a seventh agent rode with the driver. The President made a special presentation in the State Senate Chamber before departing for the fairgrounds, then located across from A&M College and encompassing what is now Cameron Park subdivision and the Raleigh Little Theater.

A procession moving west on Hillsborough Street included regiments from the Spanish-American War, Confederate regiments, old veterans from the Mexican War and cadets from North Carolina A&M, now NC State University. It was a festive march with military bands playing "Dixie" and "The Star Spangled Banner," and 1500 students from black colleges St. Augustine and Shaw and area public schools singing "America."

The "largest crowd in the history of the fair," according to news accounts, attended Roosevelt's speech, praising North Carolina's heritage, supporting conservation of Appalachian forests and encouraging railroad regulation.

After the speech, President and Mrs. Roosevelt boarded their train in what is now Pullen Park and headed to Durham to participate in a controversy over academic freedom.

The discord began in 1903 when history professor John Spencer Bassett of Trinity College (soon to be renamed Duke University) published an article in *The South Atlantic Quarterly* expressing the idea that Negroes would one day attain equality with whites and that the two greatest men of the past century were Robert E. Lee and Booker T. Washington. North Carolina newspaper editors denounced Bassett, demanded his dismissal and consistently referred to the professor as "bASSett." But Trinity was hailed as a champion of academic freedom when the Trustees voted 18 to 7 not to accept his resignation. When Bassett learned Roosevelt was coming to Durham, he forwarded background information and asked that the President speak on the issue.

Although Roosevelt shared contemporary white supremacist attitudes, he had taken a lot



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of criticism for inviting Booker T. Washington to the White House in 1901. So the President was agreeable to the suggestion and invited Bassett to join the presidential party in Raleigh for the ride to Durham.

Greeted by 15,000 at Trinity, the President stated: "You stand for Academic Freedom... for a duty more incumbent on the scholar than any other man, to tell the truth as he sees it, to claim for himself and to give to others the largest liberty in seeking after the truth."

The President was more than 40 minutes behind schedule as his train pulled away to the sound of the Bull Durham factory whistle.

POMPEII: New Musical Comedy Brings Broadway to Wilmington

Written by Wilmington's Dorothy Papadakis, a longtime New York musician and international performer, *Pompeii*, opening at Wilmington's Thalian Hall Novemebr 2, is the story of the exotic and colorful lifestyle people enjoyed up to the eruption of Mt. Vesuvius. According to Papadakis, "It's a universal and timeless story about Carpe Diem, seizing the day, because we never know when a tsunami, a hurricane or a volcano may

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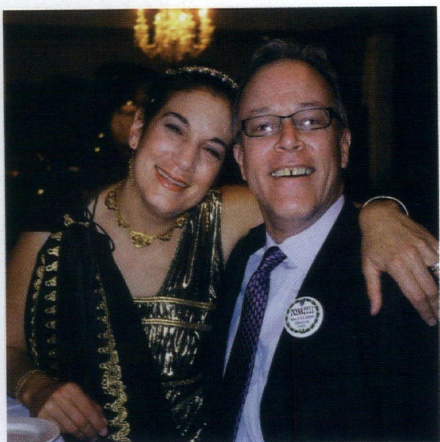
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Dorothy Papadakos, *Pompeii*'s writer, composer and lyricist, and Tom Briggs, director, attend an event to benefit the show

change everything."

In the musical comedy, Bacchus, God of Wine and Merriment, is granted one last romp in his beloved Pompeii. According to director Tim Briggs, "*Pompeii* is utterly original. It's extremely well written and not a remake."

Briggs created the Broadway adaptation of *State Fair* and Rogers and Hammerstein's *Cinderella*. The show's general manager, Jeffrey Finn, received a 2005 Tony Award nomina-

tion for *On Golden Pond*. The music supervisor, Wilmington's Kay Cameron, splits her time between the Port City and Washington, DC, where she is the director of musical theater and television at the Kennedy Center. Even the costumers and lighting designers have Broadway credits. The cast of 23 is composed of Broadway actors and North Carolina performers. The show runs through Sunday, November 13. For tickets (\$25 throughout the house with discounts for students and seniors) call Thalian Hall's box office at 343-3667, or visit thalianhall.com.

HG Jones Collection of Inuit Art On Display

HG Jones, venerated former state archivist and major domo of the highly regarded North Carolina Collection of UNC-Chapel Hill's Wilson Library, has an outside interest: for 30 years he has collected and preserved Inuit art from above the Arctic Circle in the vicinity of Nunavut, Pangnirtung, on Canada's Baffin Island. On September 15, the HG Jones Reading Room was dedicated in his honor in the \$47-million Carol Belk Library at Appalachian State University in Boone, North Carolina, with the opening of "Inuit Art From

Pangnirtung," a permanent exhibit of part of his collection.

A larger selection from the Jones Collection, covering all of Nunavut, entitled "Distant Drums: Preserving Inuit Heritage Through Contemporary Prints and Sculptures" will be displayed in the school's Turchin Center for the Visual Arts from October 7 through November 19.

The Fusion of Fishell And the Fisk Organ

Janette Fishell, professor of organ and sacred music at East Carolina University in Greenville, has been involved in obtaining the Perkins and Wells Memorial Organ for St. Paul's Episcopal Church since the project's inception in 1995, including a significant role in finding funding. On November 4, she'll help dedicate the instrument. A second dedication is scheduled on November 6.

The organ was purchased by a 501(c)(3) that Fishell organized, partnering the church and the University to make the instrument a reality. It is reputed to be the finest organ of its kind south of Washington, DC.

Known at the Fisk shop as Opus 126, the organ is one of the largest instruments of its

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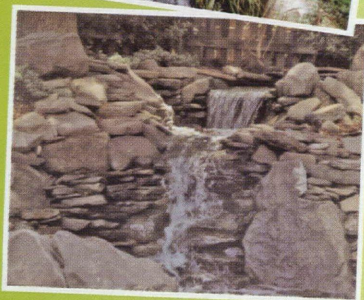
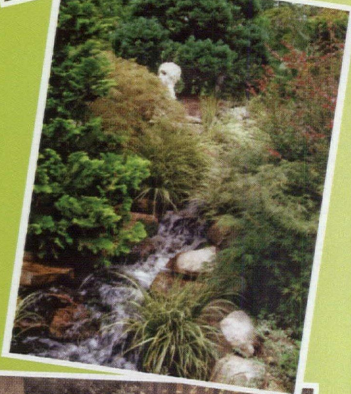
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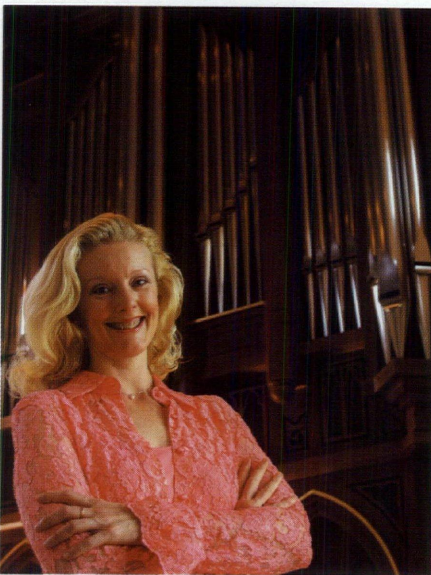
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kind on the East Coast. Fisk instruments now stand in concert halls including Japan's Minato Mirai Hall in Yokohama, and Benaroya Hall, home of the Seattle Symphony. The Universities of Oklahoma, Michigan and Stanford own Fisk instruments.

In North Carolina, the studio organ at Duke University is a Fisk, as are the instruments at Christ United Methodist Church in Greensboro, First Presbyterian Church in New Bern, and at the North Carolina School of the Arts in Winston-Salem.



FORREST CROCE

Janette Fishell, professor of organ and sacred music at ECU, stands before the new Perkins and Wells Memorial Organ (which is housed in St. Paul's Episcopal Church, Greenville).

"Fisk is a cutting edge company anchored in old-world craftsmanship," Fishell says. The instrument has more than 3000 pipes, all crafted by hand at the shop from wood or metal alloy. The largest pipe is 32 feet tall. The instrument features three keyboards, or manuals, computer memory cards so individual organists can set and retain their own stops, and a camera and monitor so accompanists can see the conductor during worship and performance.

"We're inviting many dignitaries," Fishell says of the November 4 dedication. Fishell says UNC-Chancellor James Moeser and his wife—both organists—heard about Opus 126 and plan to attend.

The dedication also kicks off a concert series of music written for the organ, including guest artists, incorporating Fishell's Religious Arts Festival, and providing opportunities for area organists to perform on the instrument.

Louis St. Lewis Creates Print for PlayMakers

PlayMakers Repertory Company is offering an original painting by Chapel Hill artist and *Metro Magazine* art critic Louis St. Lewis. Prints of the painting are now on sale for \$10 (unsigned) and \$15 (signed by the artist) at the PlayMakers box office during office hours, or from the concession stand during the run of each production. All proceeds from the sale of the prints will benefit the non-profit, professional company. St. Lewis will attend the performance of the 2005-2006 season opener *The Front Page* on Saturday, October 8, to sign prints and discuss his collaboration with PlayMakers.

"It's Hieronymus Bosch meets MTV!" was Andy Warhol's response in the 1980s to his works. Later, the artist caused public controversy with his 1993 self-portrait in drag for Raleigh's "Artsplasure" festival. His 1998 exhibition at Charleston's William Halsey Gallery was formally denounced by the city's Catholic Archbishop, resulting in a record turnout for the gallery.

Works by St. Lewis have found their way into the collections of Christian LaCroix, André Leon Talley, HRH The Prince of Ku-



wait, and Oprah Winfrey. The artist has recently had exhibitions in Paris, San Francisco, and New Orleans where two paintings were acquired for the permanent collection of the Ogden Museum of Southern Art.

For information on works by St. Lewis, visit Tyndall Galleries, University Mall in Chapel Hill or www.tyndallgalleries.com. To reserve a print, call the PlayMaker's box office: 919-962-PLAY (7529). **MM**

THIRD ANNUAL RALEIGH SPY CONFERENCE:

FROM THE COLD WAR TO THE REALITY OF
CONFRONTATION WITH CHINA by Rick Smith

The Cold War is over, the Soviet Union is kaput, and Americans who chose to betray their country to the Soviet Union are dead. But the consequences of the era still reverberate today as scholars uncover the reality that, at last count from Comintern archives, revelations in the Mitrokhin Archive and Venona files, as many as 350 Americans have been identified as KGB and GRU agents working in the administrations of Franklin Roosevelt. In the process, dearly held beliefs in the innocence of the Rosenbergs and Alger Hiss and others are shattered, causing a battle royal on college campuses as "revisionist" scholars refuse to face the truth.

The consequences of espionage in the Cold War period continue to affect world politics and hegemony. As the West battles the Peoples Republic of China, the principal survivor of Communist regimes, stolen technology from the Cold War continues to play a role in modern geopolitics and military confrontations.

These realities were just part of the revela-

tions communicated by top experts at the third annual Raleigh International Spy Conference, "Old Spies, New Threats," presented by Bernie Reeves, *Metro Magazine* and the North Carolina Museum of History.

In a riveting presentation, Steven Usdin, author of the new book *Engineering Communism: How Two Americans Spied for Stalin and Founded the Soviet Silicon Valley* (Yale University Press), demonstrated how just two individuals helped create a threat to their native country that has long outlasted their own lives.

Imagine that war has begun between the United States and Communist China. Fleets are gearing for battle as the Chinese prepare to invade the island nation of Taiwan. Among the most dangerous weapons the US and Taiwanese navies face are the stealthy Kilo-class, diesel-powered submarines purchased by China from Russia. Each Kilo's sophisticated weapons system includes computers capable of tracking five targets at once in preparation to



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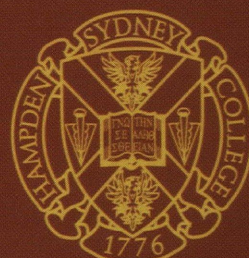
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Spy conference speakers (L-R) Ronald Radosh, I.C. Smith, Nigel West, Steve Usdin, Don Haynes and Harvey Klehr

deploy torpedo and anti-ship missile weapons.

The computers, called "Uzels," were designed at a center created by two American scientists, Joel Barr and Alfred Sarant, members of the infamous Julius and Ethel Rosenberg spy ring. The two escaped to the Soviet Union. In their new homeland, Barr and Sarant won the confidence and support of Soviet leaders,

including Nikita Khrushchev, and went on to help create the Soviet version of "Silicon Valley" as well as launch the Leningrad Design Center where weapons and computers were created for the Soviet submarine fleet.

"If China were to attack Taiwan today or Iran used its Kilo submarines to attack tankers in the Persian Gulf, they would be using pro-

KEYNOTE SPEAKER RON RADOSH DISPELS HOLLYWOOD MYTHS

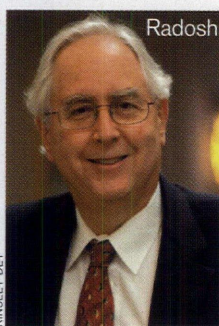
by Arch T. Allen

Ronald Radosh, the keynote speaker for the third annual Raleigh International Spy Conference—held August 31-September 2 at the NC Museum of History—is an authority on communist espionage and influence before and during the Cold War. He is best known for ending any reasonable doubt that Julius and Ethel Rosenberg were Soviet atomic spies well before the revelations following the collapse of the Soviet Union in 1992 and the declassification of the Venona Files by the NSA and CIA in 1995. After the publication of *The Rosenberg File* in 1983, Radosh's former friends on the Left admitted to him they do not care about the historical facts that prove the guilt of the Rosenbergs; they care only about the myth of their innocence. The refusal of the Left to recognize their guilt created a pro-Rosenberg cult that divided the American intellectual community from the 1950s until today.

Now, Radosh and his wife, Allis Radosh, in their new book *Red Star Over Hollywood: The Film Colony's Long Romance with the Left* (2005), dispel any remaining doubts about secret communist influence in the movie industry, destroying the myth that secret Hollywood Communists were merely innocent "liberals in a hurry." The Hollywood Left remains in denial, however. When

Radosh appeared at a *Los Angeles Times* book festival, he was cursed by attendees who said they would never read his book because of its apostasy against the myth that Hollywood Communists were victims of a witch-hunt.

Speaking before a Raleigh Spy Conference audience not invested in Hollywood myths—but interested in historical facts, Radosh explained that, indeed, there were secret communists of great influence in



Hollywood, and that some films were purely pro-communist propaganda, while many screenplays had Soviet propaganda implanted in the dialogue. Radosh illustrated the humorous irony of wealthy screenwriters and film artists—actually secret members of the Communist Party—recruiting new members at an exclusive Hollywood country club and a Malibu mansion. Radosh's history of the Hollywood Old Left makes for a better understanding of Hollywood activists today: Many members of the Hollywood New Left, including Sean Penn and Richard Dreyfuss, are adult children of past Hollywood Communists or Fellow Travelers.

If you missed Radosh's keynote address, read *Red Star Over Hollywood*. [See my review in "MetroBooks," August 2005.] **MM**

grams running on Uzels that are still being developed in Leningrad today," Usdin said.

Sarant died in 1979, Barr in 1998. To the end, Usdin explained, the two remained committed Communists, even though Barr was able to gain a US passport and at one time lobbied to receive Social Security benefits while living behind the Iron Curtain.

"They really believed in Communism," Usdin told *Metro*. "They actually believed that coal miners in the Dunbass region of the Soviet Union worked all day then went to the opera at night."

WAS OPPENHEIMER A SPY?

West is the author of several books about the cloak-and-dagger world of espionage, presented a session on the Venona Project, the secret US and British program that decrypted messages to and from American Soviet operatives in the US. Only a fraction of messages were decoded, and mystery surrounds the identities of many agents to this day.

Regarding speculation that J. Robert Oppenheimer, the "father of the atomic bomb" was a spy, West said Venona leads him to think otherwise.

"I don't believe for a second he was," West said. But someone in Oppenheimer's inner circle for the Manhattan project was leaking information to a "very important case officer" operating as a Soviet agent in Seattle. "Was it Ernest Lawrence, Oppenheimer's mentor?" West speculated. That's the same man who was honored by having his name on the Lawrence Livermore National Laboratory.

Despite all the information that Venona has produced, such as more damning evidence of the Rosenbergs, West stressed that making sense of information was hardly easy. "It is truly detective work, a jigsaw puzzle," he explained. For example, the mistranslation of the Russian word for artificial leg led to the misidentification of a significant Soviet agent.

Of more than 290,000 Venona messages, "just" 2,900 were decrypted—and many of those were "fragments," West stressed. "It was really an astonishing breakthrough to identify anyone!"

WAS JOE MCCARTHY RIGHT?

Soviet espionage brought out the worst in some Americans, such as Senator Joe McCarthy. But given what has now been learned about the extent of Soviet spying in the US through Venona and the opening of long-secret Soviet archives, the question is now

asked: Was McCarthy right?

Author Harvey Klehr, who co-wrote (with conference speaker and researcher at the National Archives John Earl Haynes) *The Annals of Communism* series for Yale University Press and the hard-hitting *In Denial* about the refusal of certain scholars to recognize the facts uncovered about communist activity in America, told the audience that McCarthy was only "partially correct."

"He was wildly wrong on many details," said Klehr, who added that there is no indication McCarthy was given access to Venona intercepts due to his unreliability.

"New information does not exonerate McCarthy," he added. "He made the fight more difficult. The real spies were able to hide as one of his victims."

Evidence now clearly documents that the American Communist Party was a tool of the Soviet regime. American liberals were wrong in their complete denial of McCarthy's charges, too. "Roosevelt and Truman were slow to respond" to reports of Soviet penetration, emphasized Klehr. "It was not just liberals who couldn't believe some people were spies."

AMERICAN COMMUNISTS IN DENIAL

In his own presentation, Haynes recounted work he and Klehr published laying bare the true links between the American Communist Party and the Soviets. Their work explained that the Communist Party was not what the West would call a political party at all, but an extension of the Soviet Comintern and the KGB.

"The bulk of their actions were devoted to politics, but espionage was one of their tasks," Haynes explained. He noted that the Party's own literature calls for members to declare "his adherence" to Communist ideals, and to agree "to submit to the discipline of the Party and to engage actively in its work."

Alger Hiss, for example, was recruited by the Party and encouraged to transfer within the US government to the State Department. The Soviets, in turn, funneled millions of dollars to their US allies.

The "golden era" for American Communists was 1930-45 when the Party had as many as 40,000 members and did everything from securing US passports to recruiting agents. Many members were devoted to the cause, as Hiss, the Rosenbergs, Sarant, Barr and so many others demonstrated, according to Haynes.

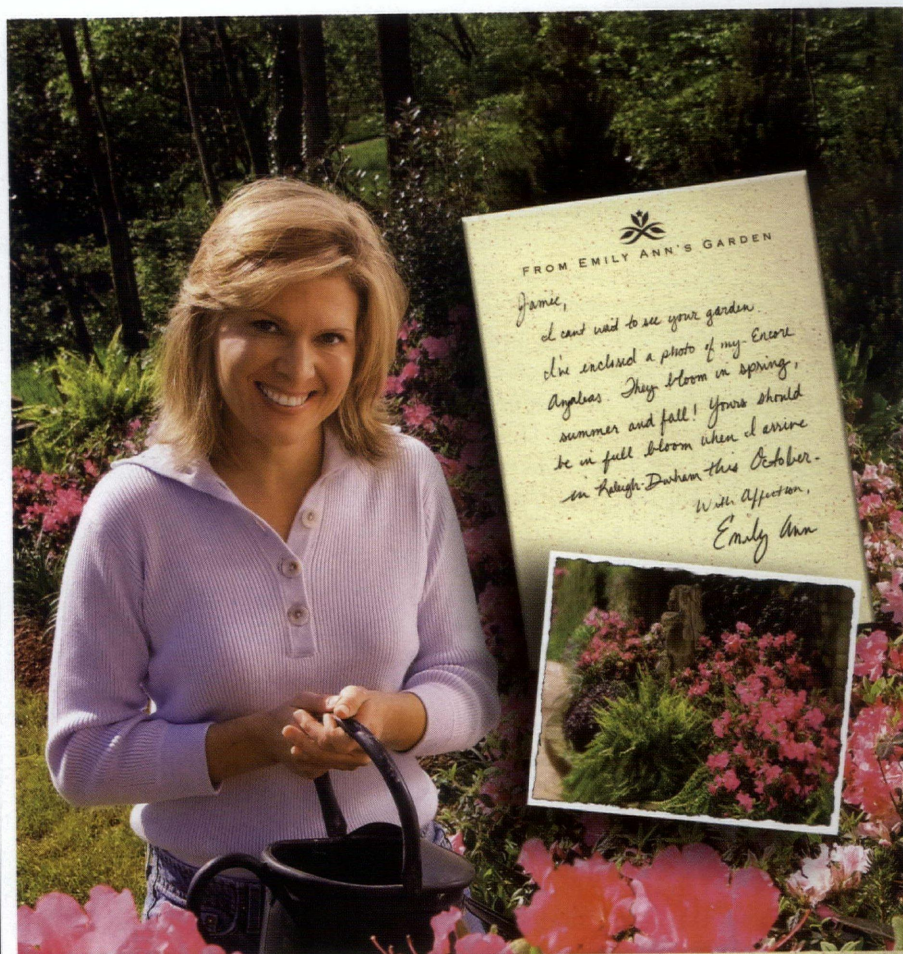
"The Party was the center of their lives. They had political meetings three, four nights a week," Haynes said. "It was an all-consuming task. It was an all-consuming structure, like an all-consuming religious cult."

THE DRAGON RISES

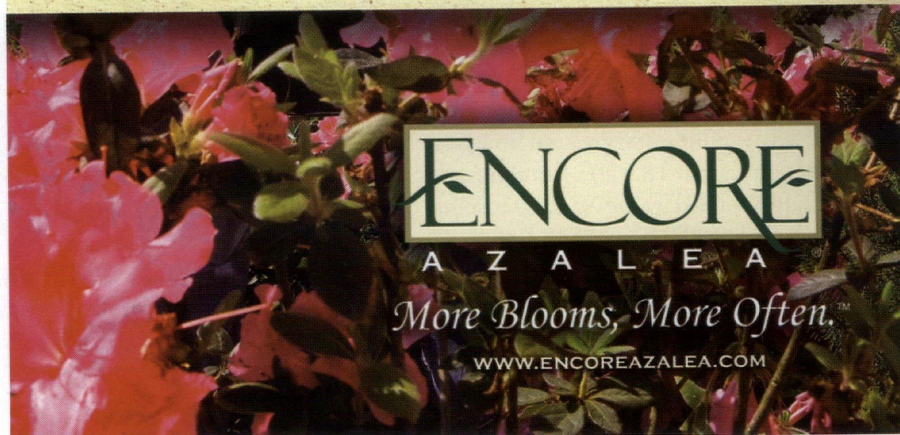
During the Cold War, the United States faced more threats than the Soviet Block, said speaker I.C. Smith, a former Special Agent in

Charge with the FBI. (Smith also served a stint in the Bureau's Office of Counterintelligence where he was involved in high profile Chinese espionage cases in the 1980s and '90s.)

Don't underestimate the power of the Chinese dragon, Smith told the conference. "This is not a threat of the future; it is a threat of today," he said. The rulers of China today, known as "the princelings" are members of the *continued on page 102*



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UNC, DUKE ON CUTTING EDGE OF NEUROLOGICAL RESEARCH

by Anthony Vecchione

In the area of neurological diseases, Triangle area residents have access to world-class health-care institutions engaged in state-of-the-art clinical drug studies. Researchers and health care clinicians at the University of North Carolina, Chapel Hill, and Duke University Medical Center, Durham, are in the forefront of clinical drug trials and in the vanguard of comprehensive, patient-centered care.

Neurology is a broad specialty covering a range of diseases—from Parkinson's to ALS (Amyotrophic Lateral Sclerosis), also known as Lou Gehrig's Disease, as well as stroke and Alzheimer's Disease. The annual costs for treating some of the more serious, high visibility neurological disorders such as stroke and Alzheimer's Disease, for instance, can run into the billions of dollars. And with an aging US population, incidents of stroke and Alzheimer's are on the rise. According to the American Stroke Association, stroke is the third leading cause of death among Americans, killing nearly 700,000 annually.

Cutting-edge clinical research studies are being conducted on a wide-range of neurological diseases at UNC and Duke. Experts from inside both institutions told *Metro Magazine* that the results from these studies could yield promising results that have the potential to ease both human suffering and the financial burden on patients and their families.

LONGO LEADS UNC RESEARCH

At UNC, one of the higher-profile studies: Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE) is an ongoing research project designed to evaluate the clinical effectiveness of atypical antipsychotic drugs in the treatment of schizophrenia and Alzheimer's Disease. The goal of the CATIE Alzheimer's Disease Study is to find out the most effective medication treatments for symptoms and to improve the quality of life for patients, their families and care givers. The Alzheimer's Disease trial is a randomized double-blinded study comparing treatment with the drugs olanzapine, quetiapine, risperidone and a placebo in AD patients with delusions or hallucinations and or with clinically significant aggression or agitation. Clinical trials include patients from 18 states from Vermont to Hawaii. The CATIE study is funded by the National Institute of Mental Health and coordinated by UNC.

Separate from the CATIE study, the Department of Neurology at UNC is presently conducting research on a wide variety of neurological diseases, including Alzheimer's Disease. In one study, a new type of drug therapy is being tested with the goal of treating early-stage Alzheimer's Disease before the onset of symptoms. "The idea is to determine if the process has started and before symp-

toms such as memory loss or cognitive impairment are detected," said Dr. Frank Longo, MD, PhD, chairman of the Department of Neurology at UNC—in other words, "to prevent progression." Because the study is in the early phase of pre-clinical trials, patients are not yet being tested. Once completed, commented Longo, the drug will be an entirely new class with a new mechanism of action.

UNC also has aggressive clinical research programs in stroke and Parkinson's Disease. In the area of stroke, experimental drugs are being tested that might ultimately prevent brain damage early in the stroke process when patients first feel symptoms.

For Parkinson's Disease patients and those with severe Essential Tremor syndrome for whom current drug therapy is no longer effective, researchers at UNC are experimenting with new treatments in the area of deep brain stimulation (DBS). DBS therapy involves the implantation of electrodes deep in the brain. The elec-

trodes are connected to a pacemaker—like devices that are implanted in the chest. The whole system is underneath the skin. The pacemaker device delivers a constant fast-frequency stimulus to the tip of the electrode implanted in the brain. This stimulus interrupts a specific circuit that is overactive in the disease state. This interruption of the diseased, overactive circuit can significantly improve the symptoms of the disease. A recent UNC fundraiser for Parkinson's Disease, featuring Janet Reno, Coach Dean Smith and former UNC President Bill Friday as speakers, was quite successful and will be instrumental in supporting research by faculty recruited from across the country to work on this and other neurological research projects.

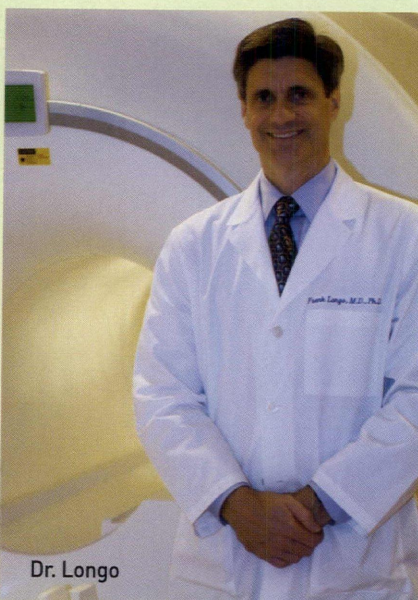
Patients with sleep disorders can benefit from a recent \$3 million expansion of UNC's 16-bed sleep disorder lab. Sleep problems, including sleep apnea, are linked to neurological disorders as well as depression and cognitive disorders. Sleep apnea can also put patients at a higher risk for stroke. Longo said that researchers are looking for early signs of Parkinson's Disease that can be detected only during sleep.

The UNC Department of Neurology also has one of the largest Child Neurology Divisions in the US. Recently expanded cutting-edge services in Child Neurology include neuromuscular and sleep disorders and complex epilepsy. MM

MULTI-DISCIPLINARY STRATEGY AT DUKE

At Duke University's Medical Center's Division of Neurology, stroke, Alzheimer's Disease, Parkinson's Disease and ALS are among the numerous neurological disorders commanding attention from top researchers.

"We spend considerable effort on developing multi-discipli-

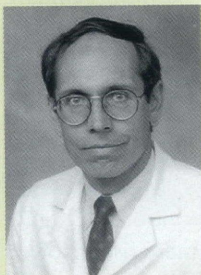


Dr. Longo

KINSLEY DEY

nary programs for patients with neurodegenerative types of disorders," said Dr. Warren Strittmatter, MD, chief of the division of neurology. Duke has developed specialty clinics designed to provide comprehensive care for patients. In addition to seeing a neurologist, the comprehensive strategy gives patients access to other medical and allied

health-care personnel who are needed to provide overall care. For example, explained Strittmatter, depending on the particular disorder, patients will be seen by neurologists as well as by a psychiatrist,



Dr. Strittmatter

along with a social worker, occupational and physical therapists and a dietician. "The other aspect of those clinics is that it enables us to do clinical research trials, which is the only way to determine whether or not a new drug will work for a particular disease," said Strittmatter. Duke has a number of ongoing clinical trials in several neurological disorders, including stroke and epilepsy.

One high-profile stroke-related clinical research study focuses on subarachnoid hemorrhage. Strittmatter said that clinical trial data from that study was recently published that examines the impact of statin drugs (cholesterol-reducing drugs) on patients with subarachnoid hemorrhage that have demonstrated positive outcomes. The facility also provides a stroke support group for patients and caregivers.

Researchers at Duke are also working on a new investigator initiated clinical trial for ALS sponsored by pharmaceutical companies, as well as an internally initiated trial. In addition, Duke is involved in other clinical research studies including hormone replacement therapy and stroke severity in women; post-stroke depression and functional recovery; and amphetamine-enhanced stroke recovery. **MM**

NEW CENTER AT DUKE

Duke recently established a Center for Neuroeconomic Studies to examine the

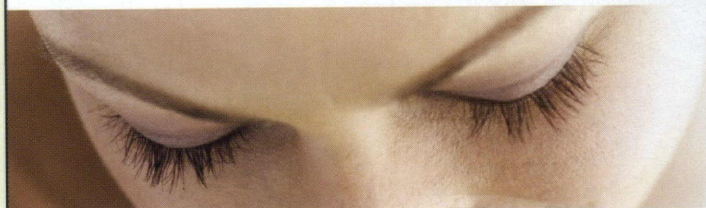
factors involved in decision making. Dr. Michael Platt, PhD, Scott Huettel of the psychiatry department, and Jill Stowe of the Fuqua Business School, are co-directors. The center brings together researchers from a variety of different departments.

"I actually really hope to understand the decision-making process of the brain," said Platt, who grew up interested in anthro-

pology and primates. "The ultimate job of the brain is to enable advantageous behavior. We get all this sensory information coming into our brains, which also stores a lot of information. The brain has to make sense of all this in order to make one decision at a time. People have been trying to understand this for a thousand years, but we can get a lot closer." **MM**

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DUKE UNIVERSITY HEALTH SYSTEM

MONKEYS OFFER CLUES TO HUMAN BRAIN

By Rick Smith

According to researchers at Duke University, monkeys make subjective decisions just as humans do—and if they could, they would play the lottery or buy the latest issue of *Oprah* for social news, even purchase *PlayChimp* should Hugh Hefner expand his empire.

The experiments attempt to answer questions that have befuddled scientists for hundreds of years:

Why are some people compulsive gamblers?

Why do others make deliberate choices to engage in risky behavior?

What triggers people to overeat?

And in today's world, are there better ways to counter the effects of autism?



Dr. Michael Platt, PhD, believes his study of the decision-making process of monkeys is “the tip of the iceberg” in discovering those answers:

“What goes wrong in the brains of people who are pathologically risk prone, who are addicted to gambling?” Platt asked. “There is a lot of behavior we see in monkeys that is typical of people who are addicted to drugs and engage in a number of different pathologies. If we understand the normal decision making as well as the risky decision making, we might be able to reverse the process. That could possibly lead to new drugs for treatments of these disorders.

Platt, an assistant professor of neurobiology at Duke, has spent 15 years in the field of neuropsychology studying decision-making theory. He and his co-workers have published two groundbreaking papers this year that delve deeply into decision making

by monkeys. The most recent focused on gambling and risky behavior. The other addressed their preference to see sexual images as well as images of higher-ranking monkeys. Platt is striving to link how monkeys make choices to the same process in humans.

“First and foremost, monkeys and humans share a number of fundamental aspects of brain morphology and behavior,” Platt said. “We can often extrapolate from monkeys and monkey brains to people and people brains. Monkeys have been the standard model for neuroscience for 100 years.”

LOVE OF GAMBLING

Before coming to Duke, Platt worked with Paul Glimcher at New York University on a project to understand links between higher values and decision making by monkeys. They discovered monkeys would make choices based on expectations of higher rewards, such as fruit juice, even if there was more risk involved to get the bigger drinks.

The project led to “the first paper in a new field, neuroeconomics—the merging of neuroscience and economics,” Platt said. “We were trying to understand what goes on in the decision-making process.

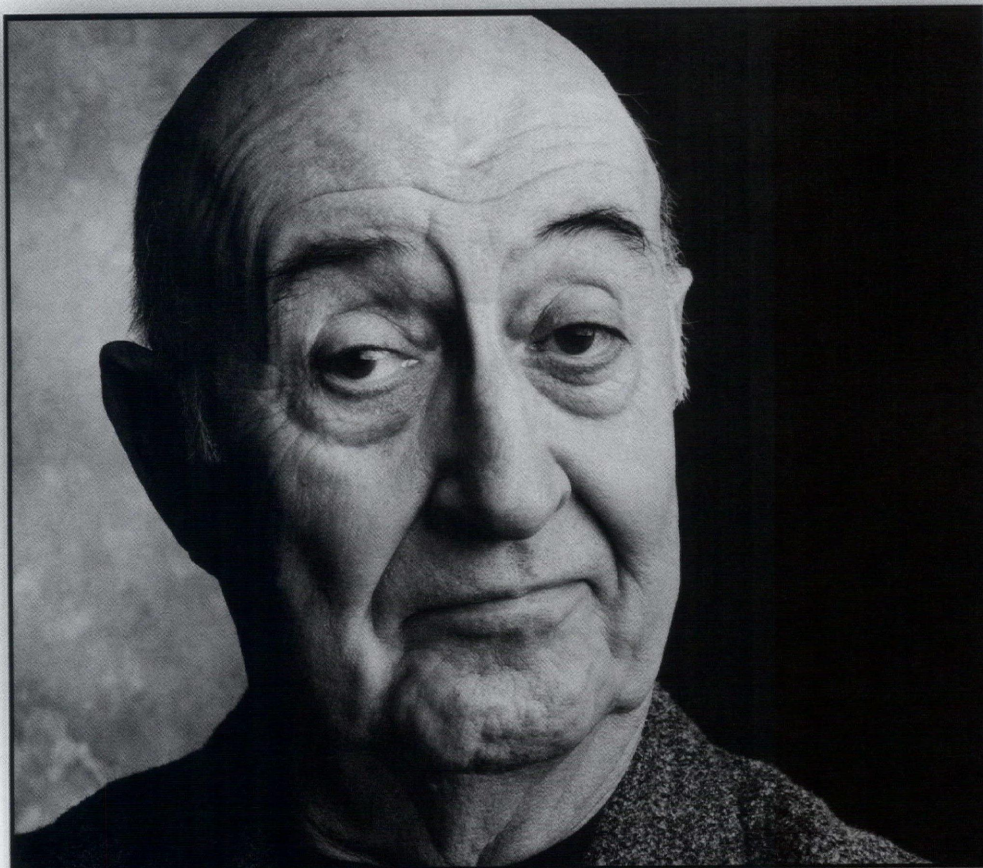
“We know that if you are a completely rational consumer, you would be indifferent between options A and B if A is \$1 all the time and B sometimes is \$2 or none. The totally rational person would know that in the long run you would get the same payoff. But, while we know that’s not true for all people, most people hate uncertainty and choose the sure thing.”

He added, “But people who like gambling are willing to pay for the opportunity to have that uncertainty. What this means is there is some sort of internal subjective valuation known as utility in economic terms, and this utility is what people use to make decisions. Before we undertook this risk experiment, no one had any idea really about what was going on in the brain with people making decisions about risks.”

By inserting microwires into the brains of monkeys, Glimcher and Platt discovered that an area of the brain known as the parietal cortex was involved in the decision-making process. The nerve cells “fired more strongly” as decisions were made.

In the latest study, which was published in the September issue of *Nature Neuroscience*, Platt and fellow researcher Allison McCoy wanted to see if monkeys would “gamble” for higher rewards. Shown two targets, monkeys could choose one that led to consistent juice rewards or the other, which only at times provided larger amounts of juice—and often, none at all.

“The initial observation was pretty amazing,” Platt recalled. “The monkeys overwhelmingly preferred looking at the risky target. They really liked to gamble. There was no rational reason. They were given an option with far less value than the certain option, but even if choosing the risky target in the long run had half the payoff of the certain target, they preferred the risky one.” No matter how Platt and McCoy changed the targets, the monkeys stuck with the riskier option. “In one sense, they were willing to pay for the opportunity to gamble,” Platt added.



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By placing microelectrodes in the brains of monkeys, the researchers found that neurons in the posterior cingulate cortex became very active as decisions were made. "This was a different area than I had studied with Glimcher, but it's very close," Platt said. "As the risk of options went up, the response of the nerve cells went up."

Platt could only wish the monkeys could explain in words what was behind their decision making: "They can't tell us, 'Oh man, I'm going to go for that big payoff again,' although that's certainly the way they behave," he said with a laugh.

Platt believes other parts of the brain are involved in the decision-making process, so much work remains to be done. He hopes that at some point drugs can be developed to help manipulate how decisions are made.

For example, Platt said it is known that people with compulsive disorders have lower levels of the neurotransmitter serotonin. Future research might show that serotonin levels might be altered safely

through diet. Platt also wants to extend his studies into possible genetic manipulation in mice.

LINKS TO AUTISM

Earlier this year, Platt along with Robert Deaner and Amit Khera of Duke published a paper in *Current Biology* magazine that found young male monkeys would "pay" to see images of higher-ranking monkeys and the posteriors of female monkeys.

Platt called the study a "pay per view" in which monkeys would trade off fruit juices to see particular classes of monkeys. "Studies of monkeys in the wild have demonstrated that males keep track of higher ranking males who control the behavior of the group," Platt said. "They control access to resources, to females, and they are the most likely to be violent. The female views were for reproductive status."

"We think the analogy is relevant to human choices. We want to keep track of people of higher status, and we want to be

attracted to members of the opposite sex."

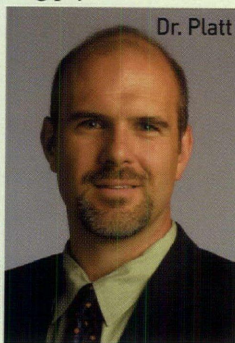
The study "suggested to us that there is an evaluation process in the brain guiding the decision-making process. We certainly think that whatever circuits we uncover in the brain for social decision making in monkeys is important to humans, as well."

Unraveling that evaluation process could help scientists deal with autism, Platt said.

"In autism, one of the primary, distinguishing characteristics is impaired social interaction. People with autism tend not to look at other individuals. They don't pay attention. This leads to a whole host of problems with learning. It's very difficult to teach someone when there is no give or take and there is no eye contact."

"This is a long-term project—to map parts of the brain related to this decision-making system," he added. "Part of our goal now is to figure out how the process puts together rewards and punishments, risks, social expectations and social outcomes to make one decision."

"Decision making is something we take for granted, but for many people it's a tremendous challenge." **MM**

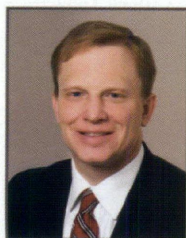


Dr. Platt

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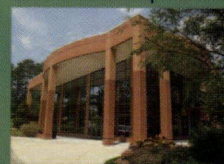


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Marcus E. Randall, MD, FACR **Co-director, Gamma Knife Program**

Dr. Randall serves as director of the Leo W. Jenkins Cancer Center and as professor of radiation oncology at the Brody School of Medicine at East Carolina University. He completed Gamma Knife training in 1997 and was instrumental in the implementation of a Gamma Knife radiosurgery program at Indiana University Medical Center.

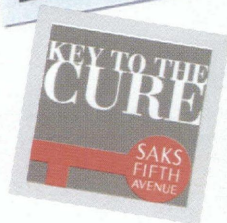
Barbara E. Lazio, MD **Co-director, Gamma Knife Program**

Dr. Lazio, a neurosurgeon with Eastern Neurological and Spine Associates, completed her surgical internship and neurosurgical residency at the University of Maryland Medical Center. She received Gamma Knife radiosurgery certification from the University of Maryland Medical Center in 2001.


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Photo by Michael Thompson



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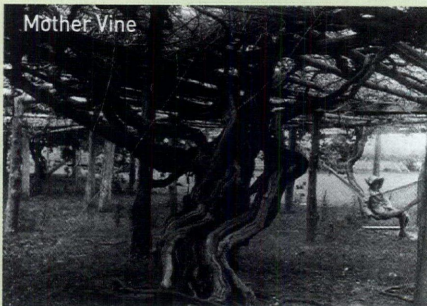


The Magic Grape:

MUSCADINE SEEDS PACK HEALTHY PUNCH

by Johnny Kerr

Native to North Carolina and the Southeast, the lowly muscadine grape, planted by the first settlers on advice from Indian natives, does things differently from the more glamorous varieties.



OUTER BANKS HISTORY CENTER

While grapes grown in most vineyards thrive in milder climates with moist cool nights, the muscadine likes it rough, thriving in the heat and humidity, even in drought. And when it comes to taking abuse, the muscadine is, literally, thick-skinned. To prove the point, the original Mother Vine still grows in Manteo (www.themothervine.com).

The Scuppernong is probably the best-known member of the muscadine family. To eat one of these sweet little nuggets, most people pry out the meat and spit out the thick skin along with one or two seeds.

But hold that hock, Bubba. It turns out the muscadine seed is packed with healthy ingredients.

Jerry Smith, the CEO and owner of bottled-water company LeBleu Corporation in Advance, NC, has become a believer in the benefits bestowed by the seed—so much so that he processes the seed into capsules under the label Nature's Pearl.

A few years back, Smith's doctor told him to lower his cholesterol. Considering the bad side effects that may occur, he had serious concerns about the medicine he was prescribed. Then his secretary told him about the muscadine seed and its positive effects on LDL cholesterol—the bad stuff.

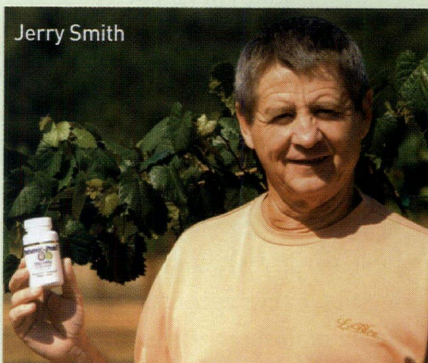
So Smith decided to do a little experiment himself. For 10 months, all he took for his cholesterol problem was muscadine grape seeds. And, according to Smith, he did not change his lifestyle in any significant way. He kept close tabs on his blood levels and all the

things associated with cholesterol. At the end of 10 months, his triglycerides had reduced 209 points, the bad cholesterol went down 40 points and the good went up 25 points.

Smith was inspired. He first contacted the University of Georgia and hired a scientist to take a hard look inside the seed. He discovered that the secret is an inordinate amount of antioxidants, the compounds that protect people from free radicals blamed for all sorts of health problems, including cancer.

On tests measuring the amount of antioxidants in certain foods, the muscadine put up some big numbers. The seed contained in excess of 10 times the amount of antioxidants found in tomatoes, apples and grapefruit, highly touted as the best foods for antioxidants, according to Sandra Bass of Nature's Pearl.

And nature has blessed the muscadine with more than antioxidants. Compared with conventional wine grapes (the ones in the grocery store), the muscadine has two more chromosomes. This means the muscadine has



KINSLEY DEY

"a greater range of possibilities that distinguish it from other grapes," according to product literature. It also "underwrites the vast range" of anti-cancer antioxidants. In other words, there is solid science behind the scientific findings.

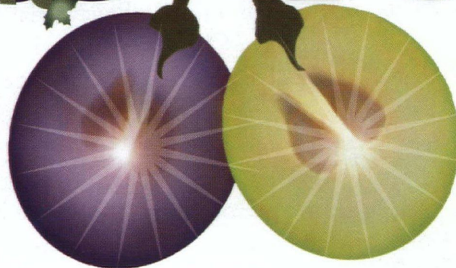
"People are writing to us about all kinds of health benefits," Smith said, "listing claims of better skin, harder nails, higher energy levels and strengthened immunity to cold and flu."

"We think we can help a lot of people with muscadine grape seed, and we surely can't hurt them," said Smith. **MM**

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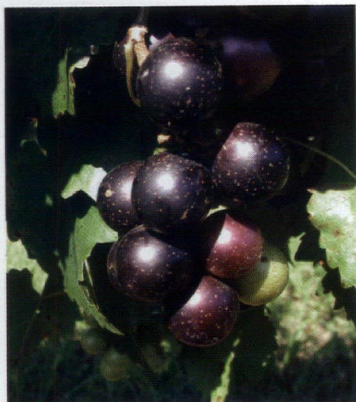


Photo Courtesy: NC Grape Council

Nature's Pearl Muscadine Grape Seed may help prevent heart disease, may inhibit the growth of cancer, help reduce joint pains, help slow the aging process and has been shown to help lower "bad" LDL cholesterol, while increasing "good" HDL cholesterol.

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- Gum Disease
- Heart Disease
- Immune System Decline
- Menopause
- Osteoporosis
- Parkinson's Disease
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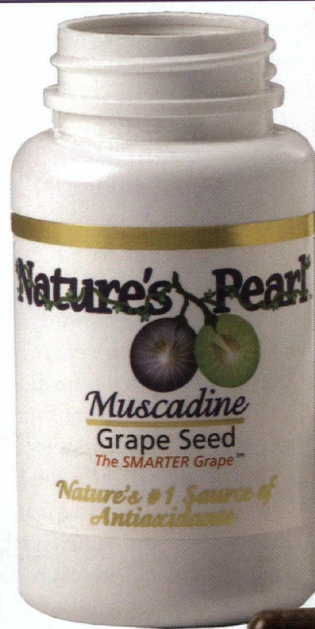
In sharp contrast, **Nature's Pearl Muscadine Grape Seed** is made from **muscadine grapes** (*Vitis rotundifolia*) that grow and thrive in the hot, humid and disease-prone climate of the Southeastern United States. These growing conditions, therefore, make Muscadine grapes very different from *vinifera* wine grapes.

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Schizophrenia Study Finds Old Drug Comparable to New

A study led by researchers at the UNC-Chapel Hill School of Medicine finds that a drug used since the 1950s to treat people with schizophrenia works about as well as four newer, more expensive drugs introduced in the 1990s.

"The good news is that we have more medications that are useful than we thought, and we have high-quality information that will help in making choices," said UNC's Dr. Scott Stroup, a co-principal investigator in the Clinical Antipsychotic Trials of Intervention Effectiveness (CATIE). The other co-principal investigator is Dr. Joseph McEvoy, associate professor of biological psychiatry at Duke University Medical Center.

Stroup is an associate professor in UNC's department of psychiatry.

The first results to be reported from the CATIE trial, which began in 1999, were published in the Sept. 22 issue of the *New England Journal of Medicine*.

"The study is the largest, longest and most comprehensive independent trial ever done to examine existing therapies for the disease," said Dr. Thomas Insel, director of the National Institute of Mental Health (NIMH), which funded the \$60 million trial.

Schizophrenia, which affects 3.2 million Americans, is a chronic, recurrent mental illness, characterized by hallucinations, delusions and disordered thinking. Medications used to treat the disorder are called antipsychotics. Though the medications alone are not sufficient to cure the disease, they are necessary to manage it.

In the CATIE trial, researchers directly compared the older drug perphenazine to four newer drugs: olanzapine (Zyprexa), quetiapine (Seroquel), risperidone (Risperdal) and ziprasidone (Geodon) to learn whether or not differences exist among the newer drugs and whether or not the newer drugs have any significant advantages over the older drug.

The newer drugs, which are called atypical antipsychotics, cost about 10 times as much as the older drug.

More than 1400 patients took part in the trial at 57 sites nationwide. CATIE sites in North Carolina included UNC, Duke University Medical Center, John Umstead

Hospital in Butner, Dorothea Dix Hospital in Raleigh and the Behavioral Health Center in Charlotte. Quintiles Transnational, based in Research Triangle Park, provided extensive logistical support for the nationwide study.

Patients were randomly assigned to receive one of the five drugs. The patients who started on olanzapine were less likely to be hospitalized for a psychotic relapse and tended to stay on the drug longer than patients taking other drugs. However, patients on olanzapine also experienced substantially more weight gain and metabolic changes associated with an increased risk of diabetes than patients taking the other drugs.

The older medication was as well tolerated as the newer drugs and was equally effective as three of the newer drugs. The advantages of olanzapine over the older medication were modest and must be weighed against the increased side effects of olanzapine, the researchers said.

An important issue still to be considered is individual differences in patient response to these drugs, the researchers added. "There is considerable variation in the therapeutic and side effects of antipsychotic medications," said Dr. Jeffrey Lieberman, CATIE's principal investigator. "Doctors and patients must carefully evaluate the tradeoffs between efficacy and side effects in choosing an appropriate medication. What works for one person may not work for another." Lieberman was a member of the UNC psychiatry faculty when CATIE began. Now he is chairman of Columbia University's department of psychiatry and director of the New York State Psychiatric Institute. **MM**

Oxford Round Table Session Features UNC health economist

Dr. John S. Akin, Austin H. Carr distinguished professor and chairman of the UNC economics department, led an Oxford Round Table session on elderly health care Aug. 7-12.

The Oxford Round Table convenes periodically at England's Oxford University to consider issues in contemporary education policy in the United States, the United Kingdom and other countries. Invitations are sent to selected experts who can lead discussions on topics to promote human

advancement and understanding. The theme of this year's roundtable was successful aging.

Akin, who is a specialist in health economics, led a session on health promotion and health care for the elderly. He came to UNC's College of Arts and Sciences in 1973 and is known for his work on the financing of health systems in developing countries. Akin and two co-authors developed the World Bank's official policy on financing health services in developing countries. **MM**

MEDICAL NEWS

New Gamma Knife Brain Surgery At Pitt County Memorial Hospital

Neurosurgeons and other physicians at Pitt County Memorial Hospital (PCMH) can now operate on the brain without making a single incision. The hospital's new Gamma Knife, a state-of-the-art device that uses targeted radiation rays to treat cancers, is only the second in the state.



It's moving day for a new Gamma Knife at Pitt County Memorial Hospital. Its housing is five feet in diameter and weighs 20 tons

Beginning in October, patients in North Carolina and surrounding areas who have benign and malignant brain tumors can stay close to home and receive the most technologically advanced treatment available. The Gamma Knife will be operated under the existing Leo W. Jenkins Cancer Center, which is a collaborative effort among PCMH, East Carolina University's Brody School of Medicine and private practice physicians.

The Leksell Gamma Knife 4C, marketed worldwide by Elekta, contains 201 cobalt sources that can yield four-, eight-, 14- and

18-millimeter (mm) radiation beams to a targeted area of the brain. Because the Gamma Knife contains no moving parts during treatment, neurosurgeons and radiation oncologists can pinpoint a tumor with an accuracy of less than 0.2 mm, while sparing healthy surrounding tissue.

Adhering to federal and state safety regulations, the hospital is nearing completion of a 2,800-square-foot facility to contain the Gamma Knife and patient preparation rooms. The Gamma Knife itself will be housed in a two-foot-thick, 400-square-foot concrete vault. The housing for Gamma Knife's cobalt-60 sources is five feet in diameter and weighs a staggering 20 tons. The specially designed floor of the chamber is built to support a weight of nearly 40 tons. Much of the Gamma Knife's weight is attributed to the lead shielding doors, which protect both the patient and staff before, during and after treatment.

The Gamma Knife, which costs approximately \$5.6 million including construction, will serve patients in central and eastern North Carolina and beyond. Wake Forest University Baptist Medical Center in Winston-Salem owns the only other Gamma Knife in the state.

"The Gamma Knife will allow our physicians to accurately perform stereotactic radiosurgery, which is a significant technological advance in the treatment of tumors and other disorders," said Linda Roberson, vice president of cancer and outpatient services at PCMH.

"There is no other technology as accurate as the Gamma Knife," said Dr. Marc Randall, director of the Leo W. Jenkins Cancer Center and radiation oncology co-director of the Gamma Knife program. "This is incredible technology. We can accurately focus the radiation to even small targets within the brain—even around the optic nerve itself."

The Gamma Knife option for brain surgery offers many advantages over traditional, invasive brain surgery. Specifically, the cost is much less to the patient, recovery time is notably shorter and less painful and the results are excellent and well validated over several decades. Furthermore, deep brain lesions that otherwise might not be operable, now can be treated with precision.

"[Because of the gamma knife] individuals no longer will have to drive hundreds of miles or across state lines for non-invasive treatment of brain tumors and other disorders," said Dr. Barbara Lazio, neurosurgery co-director of the Gamma Knife program at PCMH. From diagnosis to treatment, everything they need will be at PCMH."

Detecting Alzheimer's By Functional MRI

The ability to diagnose Alzheimer's disease in its early stages has for years eluded medical researchers. But several new imaging techniques now show promise for detecting the disease before symptoms of dementia appear.

Early, accurate diagnosis of the disease could one day allow patients to benefit from new therapies and to make long-range life

plans. Jeffrey Petrella, assistant professor of radiology in the Division of Neuroradiology at Duke University Medical Center, led a preliminary study of a new application of an imaging technique called functional MRI. Petrella says functional MRI lets researchers look at brain function, not just brain anatomy, as in conventional MRI. Now a larger study is getting underway and could produce results within five years.

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ing tool, which will help: 1) identify the disease earlier and 2) track the course of the disease and the response of the disease to treatments," says Petrella.

"Without early diagnosis, you can't have early treatment. And with these new therapies becoming available, the importance of early diagnosis is coming more and more to the forefront."

New Clues into the Aging Brain

Researchers from Duke University Medical Center and the Durham Veterans Affairs Medical Center (VAMC) have discovered a possible link to aging and the decline in learning and memory. While observing rats, the researchers found that as a brain ages, the level of critical growth factors that generate new neurons decrease in the hippocampus, the brain's learning and memory center. Although other research has shown that production of new neurons in the hippocampus slows down considerably in middle-aged rats, the molecular basis for the decline has remained a mystery.

The Duke/VAMC team reported in the August 2005 issue of the journal *GLIA*, that the levels of the three critical growth factors: fibroblast growth factor-2 (FGF-2), insulin-like growth factor-1 (IGF-1) and vascular endothelial growth factor (VEGF) all decline at a remarkable rate in middle-aged rats. These factors are critical in new neuron production in stem cells. "Their results illuminate the mechanism behind the declining production of new neurons in the region of the hippocampus where learning and memory occur," said Dr. Ashok K. Shetty, a Research professor of neurosurgery and lead author of the study, co-authored by Dr. Bharathi Hattiangady and Geetha Shetty (M.S.).

"We determined that there is no major, fundamental defect in how newly born cells behave in the aging hippocampus," said Shetty. "There is simply less of the growth factors that drive stem cells to produce new neurons. This is encouraging news because it means we can employ strategies to increase the levels of these growth factors and see whether an increased production of new neurons can be sustained in the aging hippocampus."

Shetty states that regular physical exercise and being exposed to an enriching environment can boost new neuron production. Although it will not stop the decline, it can slow it significantly.

The study showed that young adult rat brains (20-35 years of age in humans) produce approximately 2,000-3,000 new neurons a day

in the hippocampus, while by middle age (45-50 years of age) only 500-700 new neurons are born a day. Future studies will focus on developing new ways to maintain increased neuron production in the aged brain and how this may improve learning and memory function in the aged. The research was supported by a grant from the National Institute for Aging of the National Institutes of Health.

MRI Techniques Promise Early Pancreatic Cancer Detection

New MRI (Magnetic Resonance Imaging) techniques are proving successful in the early detection of pancreatic cancer, according to research at University of North Carolina hospitals. The importance of the breakthrough is that very early detection "is not possible with other modalities," says Dr. Richard C. Semelka, the study's principal investigator.

Successful treatment of pancreatic cancer occurs only between three and four months after a tumor begins developing, Semelka says, and at present these cancers are not detected in most patients until the disease has reached an advanced stage.

In the abdominal region, problems of movement (patient's breathing or heartbeat) make it difficult for existing MRI techniques to obtain clear images of small tumors. In the same area, CT (computed tomography) imaging has problems detecting tumors smaller than two centimeters, so neither technique is successful in imaging pancreatic tumors in the early stages.

Semelka's study evaluates suspected pancreatic cancer by a new application of an already useful imaging technique—dynamic gadolinium-enhanced, 3-D gradient-echo MRI. Results of the study are published in the September issue of the *American Journal of Roentgenology*.

About 32,180 people nationwide will be diagnosed with pancreatic cancer in 2005 and another 31,800 will die from the disease, the American Cancer Society estimates. Pancreatic cancer is the fourth leading cause of cancer death.

Prostate Cancer Joint Venture at Shaw

The US Department of Defense has awarded Shaw University and the University of North Carolina at Chapel Hill School of Medicine a three-year, \$852,263 grant to create the Shaw-Carolina Center for Prostate Cancer Research.

The center, to be based at Shaw University,

will provide training, resources, mentorship and collaborative research opportunities to young prostate cancer researchers.

Collaborating institutions and organizations are UNC's schools of medicine and public health, the UNC Lineberger Comprehensive Cancer Center, UNC's Cecil G. Sheps Center for Health Services Research, the UNC-Louisiana State University Prostate Cancer Consortium and the Medical Review of North Carolina.

The Historically Black Colleges and Universities Collaborative Partnership Award Program funded the new center through the Defense Department's Prostate Cancer Research Program.

Six Core Genetic Traits Are Linked to Anorexia, Bulimia

An international team of researchers led by investigators at the UNC-Chapel Hill and the University of Pittsburgh School of Medicine has identified six core traits linked to genes associated with anorexia and bulimia nervosa. Approximately 10 million females and 1 million males nationwide are affected by one of these disorders.

The new findings, which appear in two papers published in the current online edition of the *American Journal of Medical Genetics Part B*, bring researchers closer to identifying specific genes and also may have implications for genetic studies of other complex genetic disorders.

These six core traits are: "obsessionality" (a form of perfectionism); age at menstruation; anxiety; lifetime minimum body mass index (BMI), a measure of body size based on height and weight; concern over mistakes; and food-related obsessions.

Historically, anorexia and bulimia have been considered closely related disorders or manifestations of the same disorder that is influenced primarily by social and cultural norms, such as society's emphasis on thinness and being attractive.

In recent years, however, research has increasingly pointed to substantial biological and genetic contributions as well.

"The research underscores how critically important genetics are in the origins of eating disorders," said Dr. Cynthia M. Bulik, director of the Eating Disorders Program at UNC's School of Medicine and lead author of the first paper. Bulik also is the William and Jeanne Jordan distinguished professor of eating disorders in the school's department of psychiatry and professor of nutrition. **MM**

Please Save the Last Ross for Me

LOCAL ENTREPRENEUR REVIVES RALEIGH COUNTRY CLUB by Jim Hughes

There's a new contender for the Best Golf Course in the Triangle. Raleigh Country Club, the classic Donald Ross layout in East Raleigh, is being faithfully restored and remade under the demanding eye of Raleigh entrepreneur John McConnell.

McConnell took over ownership of the club in August 2003, rescuing it from bankruptcy and from a group of local developers who took over the club's note and began plotting development of the 110-acre tract, not seeming to care that it was the last course designed by the legendary Donald Ross—the one he was working on at his death in 1948.

ous, not just mildly obsessed. He wants a club that will test your game every day, where the greens are quick, the fairways immaculate and the rough long and lethal—a club that gives you every tool you need to get better at the game, including a recently completed \$2.5 million practice facility that may be the best in the state: a club that doesn't concern itself with cooking classes, wine tastings or dinner dances. The new Raleigh Country Club is just about golf. Pure and simple.

McConnell's vision has been inspired by the elite clubs in the state and around the country, but especially by East Lake, the Tom

going to take time, but I really believe this area is poised to make a comeback."

There's no question McConnell has the resources to achieve his vision. He came to Raleigh in 1977, five years after graduating from Virginia Tech with a degree in finance. He started Medic Computer Systems in Cary in 1982, took it public 10 years later, and sold it in 1997 for just under \$1 billion. His own take was reportedly over \$60 million. Three years later, after his non-compete expired, he started A4 Systems, which now employs 400 people.

McConnell has brought a proven management style to RCC. "The reason I've been successful is I hire good people and give them the freedom to do what they're good at," he said. His first hire was a young golf pro named Jason Baile, a Jacksonville, NC, native who apprenticed at The Old North State Club and Kinloch in Richmond. Shortly afterward, McConnell brought in Pinehurst-based architect Richard Mandel, who specializes in Ross restorations. Mandel located the original Ross drawings from 1948, along with aerial photos from the early 1950s. Based on the original plans, he added about 250 yards, bringing the length from the tips to nearly 7,000. He's widened tee boxes, rerouted cart paths and cut down over two dozen trees. Now he wants to blow up the ponds on holes 1, 5, 6 and 9 and let the creek flow freely across the fairways, as Ross intended.

The whole place is abuzz with new ideas. Under construction behind the first tee is a "Wall of Champions," bearing the names of every RCC champion since 1948. And next spring RCC will host the first annual Triangle Club Championship, inviting winners from every private and semi-private club in the Triangle to play a 54-hole tournament to determine the best of the best. And, says Baile, "We're just getting warmed up."

Ready to join? There's only one requirement for membership: Your passion for golf has to be at least as strong as the owner's. That's a tall order, as the following story attests:

It's mid-July on the hottest day of the year, and McConnell is standing on the first tee at RCC, doing his best Ernie Banks imitation



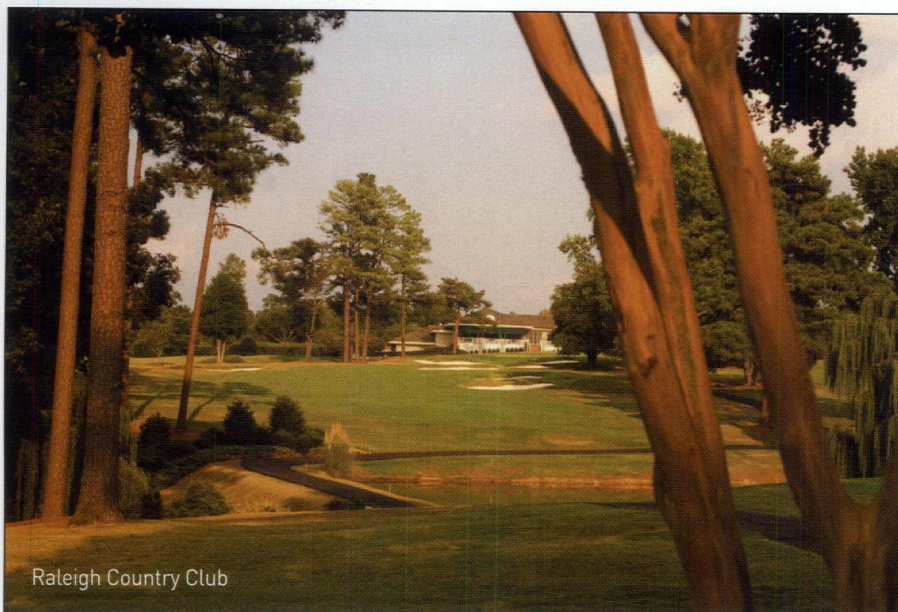
(L-R) Michael Shoun, Jason Baile, Christian Anastasiadis, John McConnell

That's when McConnell stepped in. He was invited to play at RCC just after returning from a business trip to Pittsburgh where he played the famed Oakmont Country Club. "I thought to myself, this course could be a mini-Oakmont. It was that good," he recalled. "My friend Benny Dean was with us and he said, 'John, you ought to buy this place.' He was being flippant, but the more I thought about it, the more the idea grew on me." McConnell struck a deal with the members, bought out the developers and went right to work.

From the start, his vision has been to create a club for serious golfers. I mean really seri-

Bindelow design in Atlanta where Bobby Jones was a member. Like RCC, East Lake is located in a low to middle-income neighborhood that had fallen on hard times before businessman Tom Cousins came to its rescue. Now East Lake is flourishing and real estate values are rising in the neighborhood. McConnell sees a similar scenario unfolding at RCC.

"I think we've enhanced this neighborhood tremendously already," he said. "The real estate out here is probably some of the best value in Raleigh right now. You can buy a house with an acre lot for \$150,000 to \$175,000. It's



Raleigh Country Club

KINSLEY DEY

for the regulars in his Wednesday afternoon dogfight—as in “Let’s play two.” And sure enough, some six hours and 36 holes later, they roll up to the clubhouse, settle their wagers and make plans to crank it up again that weekend.

This is the arc of John McConnell’s life—from wildly successful software entrepreneur with an eight-digit net worth to a certifiable

golfaholic with a single-digit handicap. The Calvinists left among us might say that’s nothing to brag about. But in the corner of heaven reserved for golfers, John McConnell has already earned a special place of honor—a fitting reward for the man who saved the last Ross, and created a club where Mr. Ross himself would surely be proud to be a member. **MM**

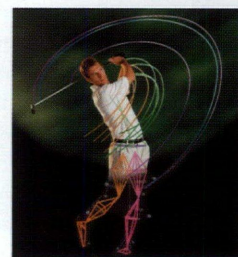
Fall Golf

PINEHURST GOLF FITNESS LAB DOES IT ALL

By David Droschak

Pinehurst golf resort has looked for a fitness program to tie into its golf school for years. The search is over and the end product is nothing short of state-of-the-art.

The University of Pittsburgh Medical Center (UPMC) Golf Fitness Laboratory opened this summer to rave reviews from scratch golfers to 20 handicappers. The \$3 million lab is designed to give golfers better flexibility, strength, balance and a better overall game via swing biomechanics and fitness testing.



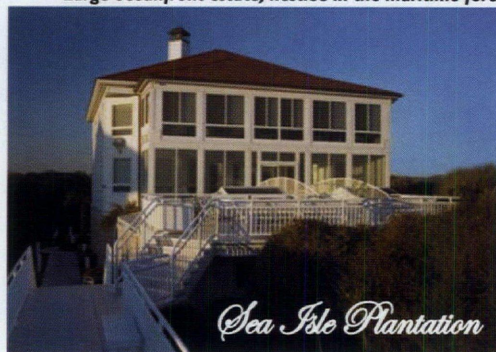
“We wouldn’t have teamed up with just anybody,” said Janeen Driscoll, Pinehurst communications manager. “It was important that we pick the best because that’s what Pinehurst is. This was just the perfect fit for us. There is nothing like it.”

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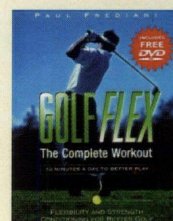
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Fall Fitness

It’s important to keep joints healthy in order to take full advantage of the fall golf season. Just in time, Paul Frediani, fitness trainer and educator, introduces **GOLF FLEX with DVD**, featuring specific stretches and exercises that can help prevent injuries—including golfer’s elbow. *Golf Flex* claims it can help serious and inexperienced golfers improve their game and avoid injury by performing the following exercises:



1) Hand Squeeze—Spread open hand, then make a tight fist. Continue to open and close hands, working up to 50 times.

2) Hand Squeeze with Resistance—Using a flexible rubber ball or old tennis ball, squeeze and release fist. This one can be done throughout the day at home or work.

3) Sand Gripping—Fill a bucket with sand and shove your hand in up to your wrist. Keep your hand in the sand as you open and close your wrist—tough, but effective.

(Published by Hatherleigh Press, \$19.95, www.hatherleighpress.com)

The goal of Pinehurst is to incorporate its golf schools with an on-site fitness lab that will offer an unprecedented blend of physical fitness and top-notch instruction.

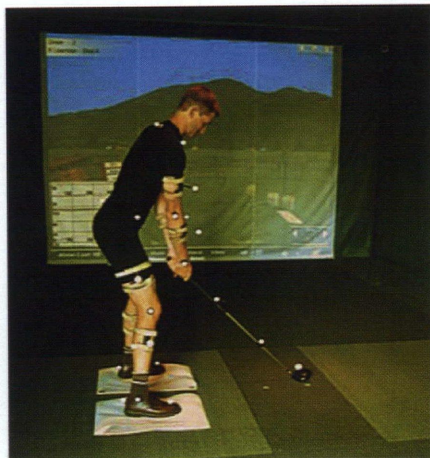
"The UPMC people are very quick to say they're not golf instructors, they're physical therapists and can tell you about the physical side of golf," Driscoll said. "That's where the beauty of the marriage comes in with us."

The lab isn't just open to those attending one of Pinehurst's Golf Advantage Schools during the months of October and November and this coming spring. Thousands of resort guests have been peeking in on the new addition and returning to sign up.

"Once they see what the results can be, the response is pretty tremendous," Driscoll said.

The lab is as high-tech as it gets. A golfer's physical capabilities are measured while swinging on footplates under the watchful eye of eight cameras that cost \$65,000 each. The data is then gathered and the golfer is compared to other players in UPMC's extensive database.

Items such as weight transfer and shoulder turn are measured on 3-D imaging before a customized fitness regimen is designed to



improve selected areas of a player's game.


"The golfers really dig this stuff because with the slow cameras used in TV coverage they are becoming more aware about launch, angles and club head speed and RPM's of backspin," said Pinehurst golf instructor Kelly McCall, a former University of North Carolina golfer. "We can give you the cold numbers about how much weight was on your right foot at impact and we can say that's why you hit some pop flies or you pulled the ball."

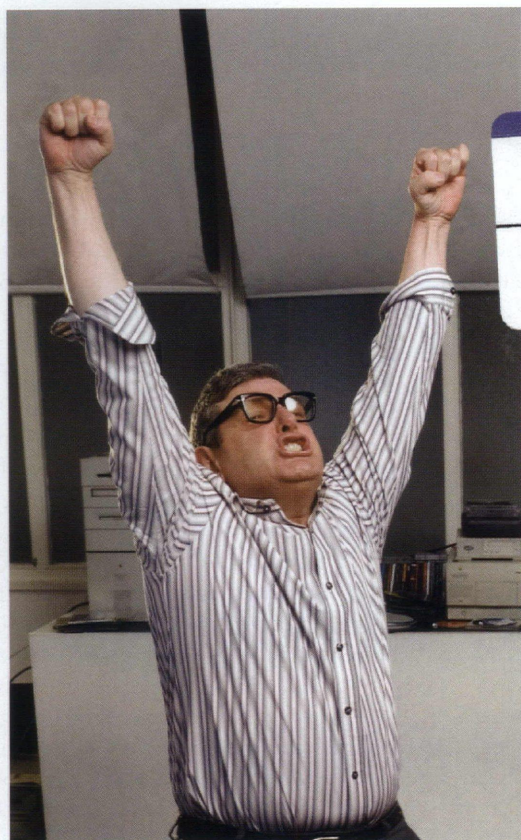
McCall has been through the program

herself and was instantly sold on the lab's benefits. "I was a collegiate player and played professionally, but I got the basic program—my hamstrings were that tight and my shoulder flexibility was that poor," she said. "Even though I fall into the scratch handicap category, I had plenty to work on."

McCall said the lab is open to all levels of golfers and all physical shapes and sizes. The prescribed workouts last about 30 minutes three times a week and can be done at home or in a hotel room. "John Daly is one of the most flexible on the PGA Tour and he is by no means the picture of fit," McCall said. "So these things can go together and work."

Driscoll said the most popular package so far is the \$500 level, which lasts between 60-90 minutes and gives golfers a fitness, launch and swing analysis, along with personalized exercise instruction. A \$950 half-day analysis includes everything in the \$500 package along with one-hour instruction on the range and a follow-up test in eight weeks.

For more information or to register for a UPMC Golf Fitness Lab program, call the Golf Advantage School at Pinehurst at 866-291-4427 or log on to www.pinehurst.com. 



NAME: Tommy Reynolds
 OCCUPATION: Information Technology Analyst
 LUNCH: Garden Salad & Cannelloni
 NOTE: Scored 47,500 at Skee-ball

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Leaderboard



New Master-Planned Community Coming to Carolina Sandhills

Forest City Land Group Southeast, based in Huntersville, NC, has purchased 405 acres surrounding Legacy Golf Links in Aberdeen to develop a new master-planned community. Located just south of the Village of Pinehurst and Southern Pines, the community will be called Legacy Lakes.

Plans call for the development of 612 single-family residences and town homes clustered in distinct villages and enclaves. Legacy Lakes' variety of attached and detached homes will be produced by a mix of national and local builders to be announced in the coming months. Homes in the community are expected to be priced from \$275,000 to more than \$1 million.

Beyond providing future residents with close proximity to Legacy Golf Links and other highly acclaimed public and resort courses in the Pinehurst region, Forest City plans to develop a swim and tennis amenity at Legacy Lakes and provide activity programming.

Legacy Golf Links was Jack Nicklaus II's first solo course design in North America after he co-designed a number of acclaimed courses with his father. The National Golf Course Superintendents Association named it North Carolina's best course in 2000, the same year in which it hosted the USGA Women's Amateur Public Links Championship.

The development of Legacy Lakes is expected to begin in spring 2006 and take six to seven years

to reach build-out.

Wilmington Ranks High in Golf

Golf Digest's "Best in America" article (August 2005 issue) ranks Wilmington and the Cape Fear Coast the 8th best Golf area in the nation. The region has maintained this ranking since the publication's last MSA golf study was published in November 2002.

According to a recent *Golf Digest* survey, in cooperation with The Longitudes Group, the best places to live and golf are small towns and suburbs in the South (comprising 11 of the top 20). Its researchers use specific criteria, taking into consideration factors such as access to golf (45 percent of score), weather (25 percent), quality of golf (15 percent) and value (15 percent). This year's study placed an increased emphasis on favorable golf weather.

"In addition to offering year-round golf at more than 50 quality public courses located within an hour's drive of Wilmington, the Cape Fear Coast lures visitors and residents with 31 miles of beautiful island beaches, a historic riverfront town and a subtropical climate," says Judith Grizzel, president/CEO of the New Hanover County Tourism Development Authority. "These assets combine to make this area a great place to live, visit and play golf."

Cities that made *Golf Digest's* "Best in America" top ten list include (in order of ranking): Auburn-Opelika, AL (#1); Johnson City-Kingsport-Bristol, TN-VA (#2); Punta Gorda, FL (#3);

Youngstown-Warren, OH (#4); Bloomington-Normal, IL (#5); Iowa City, IA (#6); Utica-Rome, NY (#7); Wilmington, NC (#8); Gadsden, AL (#9); and Johnstown, PA (#10). Other cities in North Carolina that made it into the Top 100 are Hickory-Morganton-Lenoir (#55); Goldsboro (#63); Greensboro-Winston Salem (#64); and Rocky Mount (#80).

To view the online version of *Golf Digest's* August 2005 "Best in America" rankings, please visit www.golfdigest.com/courses/index.ssf?/courses/gd200508metrogolf1.html.

Within a state known for the best golf courses in America, Historic Wilmington and North Carolina's Cape Fear Coast shines as a region that caters to all types of golfers. From brilliant coastal links to sprawling wooded plantation layouts, there's a wide variety of exceptional courses designed by the most recognized names in golf: Dye, Nicklaus, Ross, Couples, Hamm, Byrd, Maples, Fazio and others. Four mild seasons provide excellent conditions for year-round play. Wilmington/Cape Fear courses host more than 3 dozen annual golf tournaments and offer a variety of flexible golf packages to suit every whim and budget.

Discover why Historic Wilmington & North Carolina's Cape Fear Coast is a great place to play and stay, and why *Golf Digest* magazine gave this variety vacation destination such a favorable rating. For a free Visitors Guide and information on golf packages, please visit www.gocapefear-coast.com or call 1-866-266-9690.

THE EMERALD ISLE BECKONS AREA GOLFERS

by David Droschak

Talk to Dan Hartnett about Ireland and you can hear the passion in his voice, see the love for the country in his eyes. Then ask him about the golf experiences his company—Shamrock Golf Tours—offers and he practically jumps out of his chair. "We don't organize tours, we produce memories," says Hartnett, whose parents were born in Ireland, coming to the United States in the 1930s.

Hartnett, a retired IBM employee who has a home in Ireland, dabbled in customized trips as a hobby for 16 years before forming his Cary-based company. About 20 people used Shamrock Golf Tours three years ago. In 2005, he expects to plan excursions to Ireland for more than 400 golfers.

His company's success parallels the golf

craze in Ireland, a country the size of Maine that now has more than 400 golf courses.

"Ireland has become the No. 1 golf destination for American golfers anywhere in the world, surpassing Scotland a few years ago," says Hartnett. "I've had clients play Pebble Beach and they play Old Head of Kinsale and they say Pebble Beach couldn't hold a candle to Old Head."

About 40 of Ireland's courses, like the stunning Old Head, skirt the country's coast, offering views that are hard to duplicate in the US. "We tend to send people to those courses because they're unique," Hartnett says. "You wouldn't want to travel across the Atlantic Ocean to find a course you can play here."

But great golf is just half the experience. Ireland's scenery is spectacular, and the country boasts fabulous restaurants and friendly pubs that add culture and a special touch to Hartnett's trips.

"The people just love driving back and forth from the golf courses just to look at the scenery," adds Hartnett, who has a partner on the ground in Ireland to help make sure his tours come off without a hitch.

The cost for a customized trip to golf's new paradise ranges from \$1500 to \$6000 for a week, excluding airfare. The best time to plan a golfing excursion to Ireland would be from mid-April through October. September is Hartnett's busiest month.

With the Ryder Cup hosted by Ireland for the first time next year, Hartnett is already fielding dozens of calls for trips in 2006. "There will be people going over there not even attending the Ryder Cup matches," he says. "You will play a golf course and then go back and watch the matches on TV in a pub and talk back and forth with the Irish people because they will be on the European side. It will be a lot of fun." **MM**

SOCIAL CALENDAR

by Cyndi Akers and Laura Stephens

OCTOBER

October 1

THE BIG BAD BALL

For: Hospice of Wake County

One of Raleigh's biggest charity events features live music from local favorites, a silent auction, door prizes and a \$10,000 raffle. Capital City Club, Raleigh. 919-828-0890 or www.bigbadball.com.

October 2

RECEPTION AND CHARITY AUCTION

For: Children's Flight of Hope

Hosts Bobby Clampett, CBS golf analyst and Tripp Tracy, voice of the Carolina Hurricanes, kick off the annual Pro-Am golf tournament. The evening will feature food, drinks and an auction of sports memorabilia, vacation packages and much more. MacGregor Downs Country Club, Cary. www.childrensflightofhope.org.

October 2

THE FUR BALL

For: SPCA of Wake County

10th annual black tie celebration features heavy hors d'oeuvres, spirits, dessert and auction. Doors open at 6 p.m. \$100 per person in advance, \$115 at the door. 919-772-2326 ext. 2087 or www.spcawake.org.

October 2

CRABTREE VALLEY MALL CHARITY GALA

For: Special Olympics NC

Put on your dancing shoes for this black-tie optional event from 7:30 p.m. to 9 p.m. Ticket price goes directly to benefit Special Olympics North Carolina. \$25 per person. Crabtree Valley Mall, Raleigh. To purchase tickets, visit www.sonc.net.

October 4

BILL GAINES MAKE-A-WISH GOLF INVITATIONAL

For: Make-a-Wish Foundation

Play begins at noon with a shotgun start for this Captain's Choice scramble. Post-play pig pickin' and beverages included in \$125 individual/\$450 group registration fee. Crooked Creek Golf Club, Fuquay-Varina. cwilliams@eastncwish.org.

October 6

PINK RIBBON LUNCHEON & DINNER

For: New Hanover Regional Medical Center

Special event to raise money for cancer services at the medical center. Holiday Inn SunSpree Resort, Wrightsville Beach. Contact www.nhnmcfoundation.org.

October 6

LIGHT THE NIGHT WILMINGTON WALK

For: Leukemia and Lymphoma Society

Metro's editor-at-large Jim Leutze will serve as honorary chair. Downtown Wilmington. 919-875-8252 ext. 105 or www.lightthenight.org/nce.

October 7

FORE! THE CHILDREN GOLF TOURNAMENT

For: Prevent Child Abuse NC

Join the tournament in their third year for cocktails, hors d'oeuvres, raffle prizes, special guest appearances and an award ceremony. The Preserve at Jordan Lake. 1-800-CHILDREN or www.preventchildabusenc.org.

October 8

AUTISM RIBBON RUN

For: Autism Society of NC

A variety of courses are available for participants of all ages at this popular fundraiser and awareness walk. 919-743-0204 ext. 32 or www.autismsociety-nc.org.

October 8

"THE FRONT PAGE" OPENING GALA

For: PlayMakers Repertory Company

Center for Dramatic Art, UNC-Chapel Hill. 919-962-PLAY or www.playmakersrep.org.

October 8

CAPE FEAR MIRACLE CHALLENGE

For: Duke Children's Hospital

Westfield Independence Mall, Wilmington. 919-667-2565 and www.dukechildrens.org.

October 8

TRIANGLE WALK TO D'FEET ALS 5K

For: ALS Assoc. Jim "Catfish" Hunter Chapter

The 5K walk is part of a national effort in support of local patient services and nationally-directed research. NC State Centennial Campus, Raleigh. 877-568-4347 or www.catfishchapter.org.

October 8

TRIANGLE UNCORKED

For: Frankie Lemmon Found. and the North Raleigh Rotary Club

Over 300 fine wines will be uncorked for sampling alongside culinary presentations from Triangle restaurants and caterers. 11 a.m.- 4 p.m. \$25/\$30 tickets at www.ticketmaster.com.

October 9

THAD AND ALICE EURE WALK FOR HOPE

For: Foundation of Hope

The only community walk to benefit mental illness research, the 10K Walk for Hope begins at the Angus Barn restaurant and continues through Umstead Park, culminating in a festival with food, music, prizes and more. 919-781-9255 or www.walkforhope.com.

October 10

CITY OF OAKS INVITATIONAL

For: Cystic Fibrosis Foundation

A cocktail reception the night before and a dinner afterward are the highlights of this golf invitational. Raleigh Country Club, Raleigh. 919-845-2155.



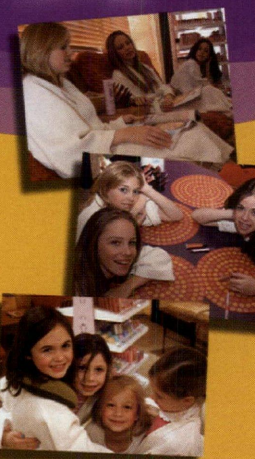
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October 14

DOWNTOWN APPETITE FOR ART

For: The Boys and Girls Club of Wake County

The Historic Glenwood-Brooklyn Neighborhood Association and other downtown businesses will host this event with activities including a live art auction, silent auction, concert by The Connells, and wine tasting and hors d'oeuvres provided by downtown and Glenwood South restaurants and wine bars. Tickets are \$40. Exploris Museum; for info call, 919-870-9101 or visit www.glenwoodbrooklyn.com.

October 15

WORKS OF HEAR PUBLIC PREVIEW & ART AUCTION

For: Works of Heart

Catch a glimpse of the masterpieces for sale to benefit AIDS relief and research at the free public preview from 11 a.m. until 4 p.m. Bid on the pieces for an important cause beginning at 5 p.m. in the silent auction and at 8 p.m. for the live auction. AJ Fletcher Opera Theater, Progress Energy Ctr. for the Perf. Arts, Raleigh. 919-834-2437 or www.worksofheart.org.

October 16

TRIANGLE HEART WALK

For: American Heart Association

Walk for a loved one, a friend or yourself with other AHA supporters. Register at <http://Heartwalk.Kintera.org/TriangleMetroNC>. 919-463-8300.

October 17

INAUGURAL CATFISH CLASSIC GOLF TOURN.

For: ALS Assoc. Jim "Catfish" Hunter Chapter

Sponsorship and raffle available to benefit research and patient services for Lou Gehrig's disease (ALS). The Tournament Players Club at Wakefield Plantation, Raleigh. 877-568-4347 or www.catfishchapter.org.

October 20-22

GUESS WHO'S COMING TO DINNER?

For: United Arts Council

Eighteen dinner parties across Wake County will feature surprise guests of honor who are all accomplished and talented artists with North Carolina connections. Guests select their dinner site but will not know the identity of the guest of honor until they arrive. Locations include a 19th-century estate, a luxury urban condo, a lakeside villa, even the State Capitol historic rotunda. Reservations are \$75/\$125 /\$250 per person, depending on location. Contact www.unitedarts.org.

October 20-23

A SHOPPING SPREE!

For: Junior League of Raleigh

Annual event that brings more than 100 unique nationwide exhibitors for a four-day shopping fundraiser. Proceeds will benefit youth programs and other projects sponsored by The Junior League of Raleigh. The RBC Center, Raleigh; 919-787-1103 or visit www.jlraleigh.org

October 21

AN EVENING OF CAROLINA VOICES GALA & CONCERT

For: Opera Company of NC

Back by popular demand, this concert is a celebration of operative talent with direct connections—by birth, calling, or marriage—to the Old North State. This concert will feature a selection of arias, ensemble and scenes from some of opera's most beloved works. Meymandi Concert Hall at the Progress



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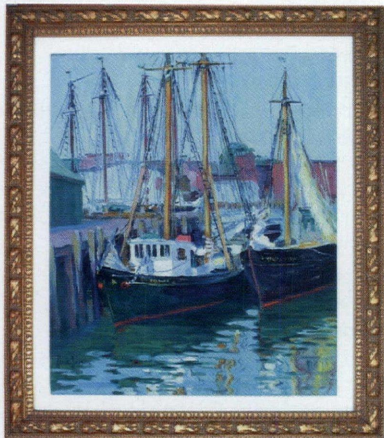
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 Jane Peterson
 Clare Leighton, N.A.
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Energy Center for the Performing Arts, Raleigh.

October 22

FALL FUNDRAISING PARTY

For: Beaufort Historical Association

Featuring artwork by Raleigh artist, Judy Crane and live music by Chatham County Line. To be held in Front Street home in Beaufort; tickets are \$75; call 252-728-5225 or 800-575-7483

October 22

WALK TO CURE DIABETES WILMINGTON

For: Juvenile Diabetes Research Foundation

Greenfield Lake Park, Wilmington. 910-509-9899 or www.walkjdrf.org.

October 22-29

LUCY'S CARD SHOPPING WEEK

For: Lucy Daniels Center

Purchase a Lucy's Card and receive a 20% discount at participating retailers for one full week. Over 200 of the Triangle's most popular shopping destinations will offer the discount to benefit the Lucy Daniels Center, which offers treatment for emotionally at-risk children. 919-881-0437 or www.lucyscard.org.

October 25

SAKS FIFTH AVENUE CHARITY SHOPPING

By: Saks Fifth Avenue and Raleigh Fine Arts

Enjoy a day of shopping for a good cause at Raleigh's Saks Fifth Avenue. The department store will donate 5% of sales to the projects of Raleigh Fine Arts. Saks Fifth Avenue, Triangle Town Center.

October 27

WOMEN AGAINST MS LUNCHEON

For: National Multiple Sclerosis Society

Susan Stamberg of NPR will be the keynote speaker. 11:30 a.m. - 1:30 p.m. North Ridge Country Club, Ral. 1-800-FIGHT MS or www.nationalmssociety.org/nct.

October 29

WALK TO CURE DIABETES RALEIGH

For: Juvenile Diabetes Research Foundation

Spend the day walking for a good cause at Nortel campus, RTP. www.walkjdrf.org.

October 29

PLAYMAKERS BALL

By: PlayMakers Repertory Company

Annual celebration at The Carolina Inn, Chapel Hill. Contact playmakers_ball@hotmail.com.

October 30

EXTREME AUCTION & COSTUME PARTY

For: Tammy Lynn Center for Developmental Disabilities

Begins at 6 p.m. with live entertainment by Crush. \$75 ticket includes beer and wine.

NOVEMBER

November 3-5

CAPE FEAR RED TROUT CLASSIC

For: Cystic Fibrosis Foundation

Captain's Party and Auction begin the weekend of fishing for redfish and trout. Each boat will include a licensed guide and two anglers. Wrightsville Beach. 919-845-2155.

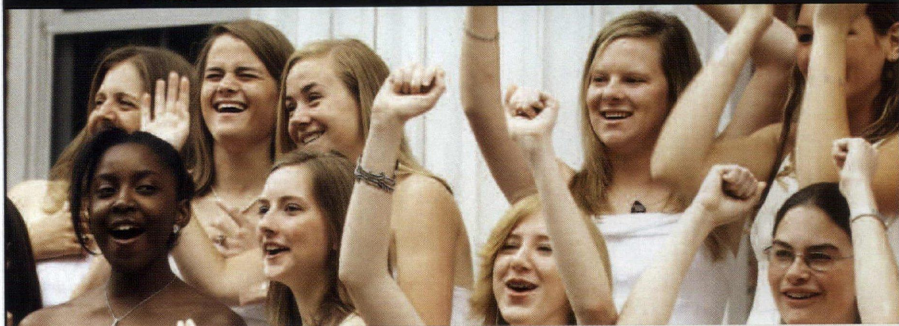
November 4

"POMPEII" OPENING GALA

For: Thalian Hall

Festivities in downtown Wilmington announce the opening of this new musical set just before the eruption of Mt. Vesuvius as Bacchus, the God of Wine,

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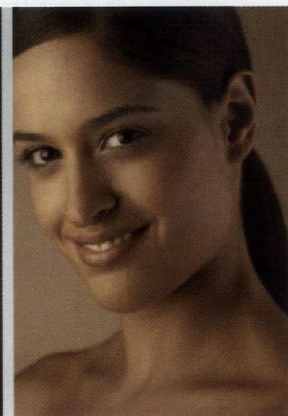
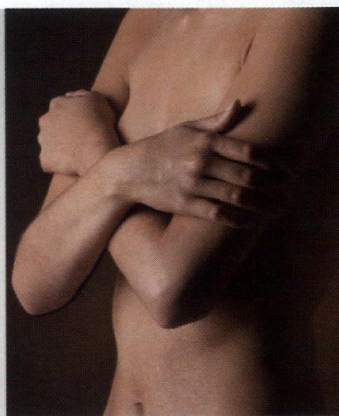
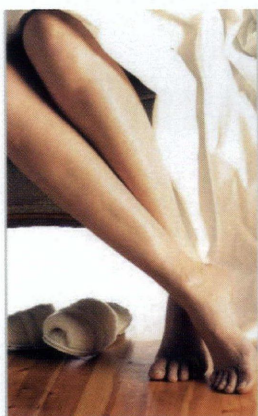
- rigorous academics (15 AP courses)
- athletics, riding, dance, music, and arts programs
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- impressive outcomes (recent graduates to Cornell, Dartmouth, Georgetown, U.Va.).

OPEN HOUSE DATES: *October 9-10* (COLUMBUS DAY WEEKEND); *December 4-5*; *January 15-16* (M.L. KING DAY WEEKEND); and *February 19-20* (PRESIDENTS DAY WEEKEND)

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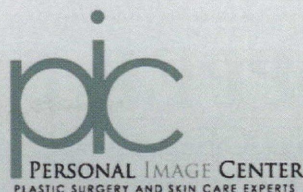
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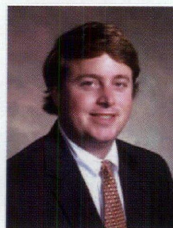
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November 6

HARVEST WINE TASTING & AUCTION

For: Cystic Fibrosis Foundation

Guests will be treated to wines from a variety of vineyards to accompany the live and silent auction for rare wines as gifts or additions to a private cellar. Carolina Club, Chapel Hill. 919-845-2155.

November 6

TASTE OF HOPE GALA

For: Inter-faith Food Shuttle

Four of the Triangle's premier restaurants prepare a gourmet six-course dinner at the Cardinal Club in downtown Raleigh, followed by a live and silent auction for jewelry, trips, fine art and more. Contact Maxine Solomon at foodiemax@nc.rr.com.

November 6

ACKLAND ART MUSEUM PATRONS PARTY

For: Ackland Art Museum

The focal point of this event is the Chapel Hill Historic Home at which it is held (revealed only to ticket holders). Attendees also receive a ticket to the Museum's Eight Day Brunch. \$250 per person. Chapel Hill, 4:00-6:00pm, 919-966-5737, www.ackland.org

November 8-13

BENEFIT HORSE SHOW

For: Duke Children's Hospital

Six days of equestrian excitement culminates in the Saturday night Grand Prix. All events are free and open to the public except the Grand Prix, which costs \$10 for adults. James B. Hunt Horse Complex, State Fairgrounds, Raleigh. 919-667-2565 or www.duke-childrens.org.

November 11

THE MANNEQUIN BALL

By: Metro Magazine, NC Museum of History and Associates, Saks Fifth Avenue

Celebrating fashion, history and art, guests will experience "Paris After Dark" with special guest, André Leon Talley, Editor at Large and New York's DJ Angola. Original art mannequins designed by local artists will be auctioned off at the event. A portion of the proceeds will benefit the NC Museum of History's Costume and Textile collection. Tickets are \$250; black tie. NC Museum of History, 919-807-7846 or www.themannequinball.com

November 12

CONCERTMASTER'S DINNER

For: NC Symphony

Annual black tie dinner and private recital on stage at Meymandi Concert Hall, a donor benefit for Concertmaster Circle members. Contact Pat Hall, 919-733-2750, ext. 227.

November 13

CARY ART BALL

For: Cary Visual Art

Members of the Cary community gather each year at this blacktie event to support Cary Visual Art in its mission to support and uplift the community through the arts. Prestonwood Country Club, Cary. 919-531-9149 or www.caryvisualart.org.

November 13

OLD RELIABLE RUN

For: Triangle United Way

10K and 5K walk and run to benefit the community care campaign; www.oldreliablerun.com.

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November 14**SOCIETY OF 1961 APPRECIATION GALA****For: WakeMed Foundation**

Cal Ripken, Jr. will present "The Keys to Success" at this event to honor the society's biggest donors. North Ridge Country Club, Raleigh. 919-350-7656 or www.wakemedfoundation.org.

November 17**NORTH CAROLINA CHILDREN'S PROMISE****For: North Carolina Children's Hospital**

Fundraiser to fund new programs and expand the established programs for sick children in all 100 counties statewide; North Carolina Children's Hospital, 919-966-1201 or www.ncchildrenspromise.org

November 19**AMERICAN GIRL FASHION SHOW****For: Special Olympics NC**

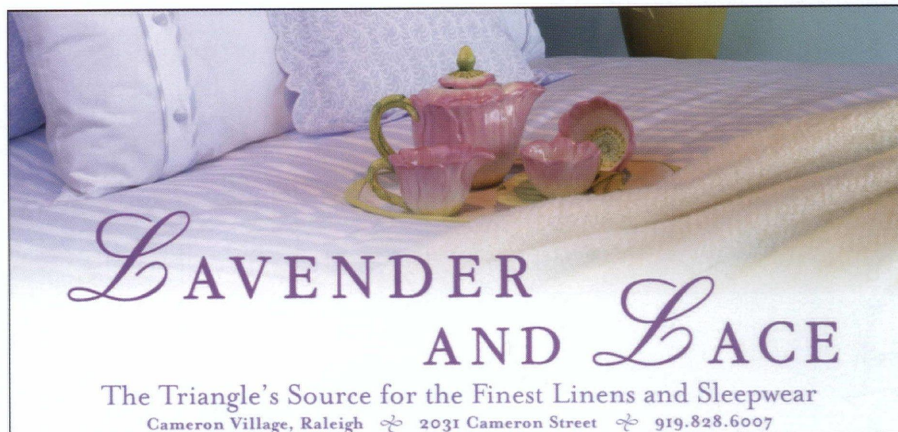
Girls and their families will enjoy an entertaining and educational look at how generations of American girls have used clothing to express their unique style and personality. Local models and their dolls will hit the runway at the McKimmon Center, Raleigh. www.sonc.net.

November 19**COLLECTORS' GALA****For: Artspace NC**

Blacktie optional event and auction featuring work from local Artspace artists. Auction preview online and before the event at the gallery. \$110 reservation required. 919-821-2787 or www.artspacenc.org.

November 19**"STRING OF PEARLS" OPENING GALA****By: PlayMakers Repertory Company**

Center for Dramatic Art, UNC-Chapel Hill. 919-962-

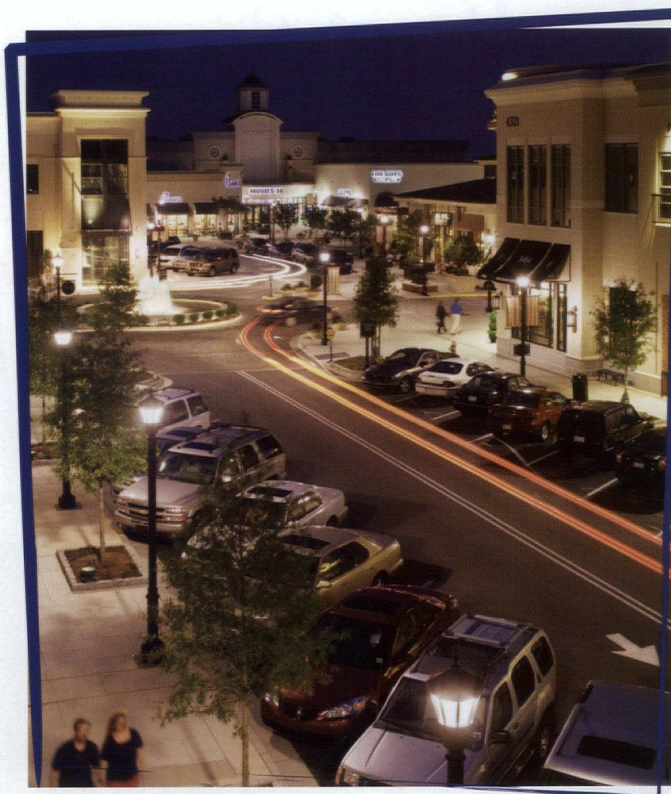


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Holiday Open House – November 17th-19th

Holiday Musical Spectacular by North Carolina Theatre –
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PLAY or www.playmakersrep.org.

November 19 STEPS INTO THE FUTURE

For: Durham Interfaith Hospitality Network
Annual Gala and Silent Auction to benefit homeless families. Tickets are \$50 per person and \$350 for tables of 8. Judea Reform Congregation, Durham; 919-682-2846 or www.dihn.org.

DECEMBER

December 1 JINGLE BALL

For: Salvation Army/Capital City Clauses
Eat, drink and be merry for a good cause! Exploris Museum, Raleigh. www.jingleball.org.

December 2 TEDDY BEAR BALL

For: Duke Children's Hospital
Preview the silent auction online for a glimpse of the more than 300 items available at the ball including handmade items designed and created by patients. The evening also includes cocktails, great food, dessert, dancing and more—all for the children. 919-667-2578 or www.dukechildrens.org.

December 5 LOVE LIGHT TREE LIGHTING

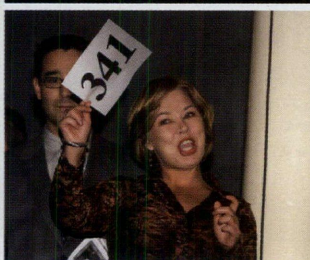
For: Wake Med Foundation
Holiday festivities to "trim the tree with twinkle" at WakeMed's visitor's entrance at the Raleigh Campus. 3000 New Bern Avenue, Raleigh. www.wakemed.org.

December 6 CHRISTMAS AUCTION AND WINE TASTING

For: Ronald McDonald House Durham



THE 15TH ANNUAL WORKS OF HEART THE TRIANGLE'S ART AUCTION AGAINST AIDS



THE AREA'S PREMIERE ART AUCTION

For 15 years Triangle area artists and art buyers have generously supported Works of Heart—a fundraiser benefiting the Alliance of AIDS Services—Carolina. With the additional support of our sponsors, 100% of the art sales help to provide education, prevention, faith ministry, housing, and direct client-care programs to thousands of Triangle area clients.

With no cure at hand, the mission of the Alliance is vital to our community. Join us for an exciting evening and bring home a special piece of art to celebrate the human spirit of caring.

SATURDAY, OCT 15, 2005

Free Public Preview • 11:00am – 4:00pm

Silent Auction • 5:00pm – 7:45pm

Live Auction • 8:00pm – 9:30pm

LOCATION

The Progress Energy Center
for the Performing Arts

TICKETS

\$20 in advance, \$30 at the door
Call 919-834-2437

View this year's artwork at
www.worksofheart.org

Pictured above: *The Mask* | Bill Hickman | Welded Steel & Acrylic Paint | 4.5' tall • Works of Heart identity and logo design by Tony Burden

The Crown Plaza Hotel celebrates their grand opening with the Durham Chamber of Commerce at a silent auction and wine tasting to benefit the Ronald McDonald House. www.ronaldhousedurham.org.

December 7

30TH ANNIVERSARY GALA

For: Theatre in the Park

The momentous beginning to a new holiday season of Ira David Wood III's local favorite *A Christmas Carol* will include dinner with Wood at the Capital City Club and a champagne toast with dessert during intermission at the BTI Center for the Performing Arts, Raleigh. 919-831-6936 or www.theatreinthepark.com.

December 8-15

"A CHRISTMAS CAROL"

For: Theatre in the Park

The continuation of the Triangle's acclaimed production of this holiday staple will feature newly designed sets by local artist Mark Pirolo. Don't miss another year of Ira David Wood III's version of the Dickens classic. BTI Center for the Performing Arts, Raleigh. 919-831-6936 or www.theatreinthepark.com.

December 19

LAND OF ENCHANTMENT PARTY

For: Carolina Ballet

An evening in the world of Carolina Ballet's production of *Nutcracker*. 5-7:30 p.m. Lobby, Progress Energy Center for Performing Arts, Raleigh. 919-719-0900 or www.carolinaballet.com.

December 31

NEW YEAR'S EVE PARTY

For: NC Symphony

Party with Grant Llewellyn and royal harpist to the Prince of Wales Caitlin Finch as Meymandi Concert Hall is transformed into the definitive New Year's Eve place to be! Contact the box office at 919-733-2750.

JANUARY

January 21

"FROZEN" OPENING GALA

By: PlayMakers Repertory Company

Center for Dramatic Art, UNC-Chapel Hill. 919-962-PLAY or www.playmakersrep.org.

January 21

FOUNDERS' GALA

For: New Hanover Regional Medical Center

Proceeds go to women's and children's services at the medical center. Coast Line Convention Center, Wilmington. www.nhrmc.org.

January 28

A WINTER'S TALE GALA

For: Methodist Home for Children

Keynote speaker Nick Searcy, actor and adopting parent, leads an evening of fine dining, dancing and a silent auction on behalf of the children cared for by the MHC. North Ridge Country Club, Raleigh. 919-754-3621 or www.mhfc.com.

FEBRUARY

TBA

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For: Duke Cancer Patient Support Program

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Personal Image Center, Cary, NC

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ARTISTS CREATE UNIQUE WORKS FOR MANNEQUIN BALL

by Louis St. Lewis

I have always liked mannequins. To me they are sculptures who just happen to have jobs wearing clothes. I used to have one named "Frenchie," which I dressed up as a maid. She looked great, but unfortunately she never did quite learn to dust. Fashion kingpin André Leon Talley actually got his first big break because of a mannequin. Seems back when he was a young volunteer for the Metropolitan Museum in NYC, he was given the task of decorating a mannequin to be used for the glittering golden gown once worn by screen goddess Claudette Colbert in her role as Cleopatra. Not missing a beat, Talley spray painted the mannequin gold to match. The next morning queen mom of fashion and *Vogue* editor Diana Vreeland shouted, "Who did this mannequin?" and André Leon Talley immediately became her assistant. The rest, as we know, is fashion history.

Talley will be returning to the ranks of mannequin lovers on November 11 when he joins other fashionistas for the high-key-glamour, black-tie-gala MANNEQUIN BALL, hosted by *Metro Magazine*, Saks Fifth Avenue and some of the top fashion retailers in the area to benefit our very own North Carolina Museum of History's Costume and Textile Collection.

Since Talley is the guest of honor, he will undoubtedly sling on something outrageously stylish and slink right on up the red carpet with mega attitude since he has recently lost well over 40 lbs. at one of our local NC health spas.

Art mannequins

The area art community is also enthusiastic about the event, and 12 of them graciously donated time, talent and effort to produce a series of glamed-out, over-the-top art mannequins to be auctioned off to benefit the museum. Here is a roster of the talent you will have the opportunity to bid on and hobnob with the night of the event:

Jason Craighead of Glance Gallery has been gaining more and more popularity with each exhibition. Even though his mannequin is still under wraps, I've heard some of his comments about the creation in construction. It's sure to be an eye opener. Craighead is also going to look great in a tux at the event, so for you ladies it's a double bonus.

Clyde Jones is one of our region's most talked about outsider artists. His critters and down-home paintings are widely collected by museums and the lucky few collectors who can get one from him. Ballet star Barishnikov was turned down flat sev-



eral years ago when he tried to buy a piece of art from Jones, but you can get your chance to bid on the inimitable Mr. Jones' "Gumbo Woman" mannequin at the live auction. Jones is going to look great in a tux as well...but watch out for the chewing tobacco.

I have known designer **Karen Mason** for a long time and she is always a fount of creativity and new ideas. Known for her garden art assemblages utilizing vintage Murano glass and her recent copper sculptures, Mason's mannequin is something out of this world. Part planter, part aquarium, part lamp, Mason has pulled out the stops to come up with something amazing—as usual. Mason isn't shy about dressing foxy for an event either, so the gauntlet has been thrown.

Amy Levine, represented by the great folks over at Beaufort Fine Art, has made a name for herself with her unique and finely wrought canvas constructions. Part bas-relief, part painting, her cityscapes and beachscapes are always popular...and I can only imagine how the mannequin will turn out. With talent like hers, there are no bounds.

Bill Moore is kinda scruffy-looking in

his studio, but may actually shave for the event. In any case he is one of the area's most prolific and talented sculptors. His marble and bronze creations are all over the place, from local churches, to NCSU's Centennial Campus, to private homes at The Governor's Club. Moore is creating a child mannequin for the auction, so if you have ever wanted to adopt, here is your chance.

Mia Yoon will just pull out a fantastic Chanel or Valentino gown from her closet at the last minute and show up on the red carpet looking like a million bucks as she always does. Yoon's mannequin looks like a million bucks as well, a translucent female torso lit from within and embellished with images of roses and tendrils vines. Yoon has a show coming up next year at Glance Gallery, but this will be your chance to grab one of her illuminated creations in time for the holidays.

Artist **Michelle Natale** over in Chapel Hill has been busy as a bee working on her sumptuous cloth child mannequin. Natale is well known to the art crowd for her loyal art criticisms for the *News & Observer* and *ARTPAPERS*, but also for her finely wrought goddess sculptures, paintings and watercolors. Natale has always had an eye for fashion as well, so don't be surprised if she commands her space at the party with a unique look that sets off her mesmerizing eyes.

Jane Filer graciously donated a mannequin to the event, but I really have no idea where she got the time. Not only did she sell out her show at Tyndall Galleries in Chapel Hill just a few weeks ago; she then had to replace a lot of the works on the wall only to have them sell out as well! Filer is doing up a male mannequin, and while I haven't had the opportunity to check it out yet, I seriously believe there be a fight at the auction to own it. I've never seen Filer at a blacktie event, but if she just wears her talent, she will be one of the best dressed there.

Paul Hrusovsky, of Craven Allen Gallery, has taken a different approach to the theme of the party. Instead of a mannequin, Hrusovsky decorated a series of individual hands with his unique perspective. Delicate, whimsical, maneuverable, you could place these diminutive sculp-

tures anywhere in your home and they would look fantastic. With his silver-fox look in a tux, I'm guessing Hrusovsky will have no trouble working the party crowd and having a great time.

Tisha Edwards just gets better year after year, and that's no small feat considering how talented she was to begin with! Known for her decidedly funky, sensual and surreal paintings, she told me over the phone that her mannequin had a bit of a glam-camouflage feeling. After viewing a few of her recent successful paintings at Glance Gallery, I have no doubt that the art public is in for a treat. And being a beautiful knockout herself, look for Edwards holding court in the center of a throng of admirers at the party.

If you have never seen **André Leon Gray** walking around with his huge African head wrap, then you have never seen André Leon Gray. An assemblage artist par excellence, Gray always brings a bit of voodoo culture to everything he touches. Often the work has a decidedly political slant, but then art is supposed to make a statement, right? He will be easy to spot at the event since his head wrap sits approximately three feet higher than Mount Everest. Go say hello and thank him for his donation.

And yes kind reader, even your humble Artist-At-Large is donating an artwork to the event... but you will just have to pay your fee and come on out to see what I'm up to. As far as spotting me at the event... that will be easy. I'll be the one surrounded by the paparazzi. **MM**

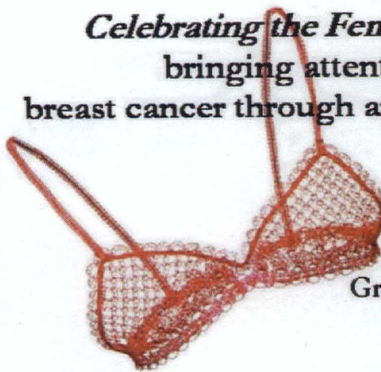
The Art Mannequins can be viewed at the following retail locations from Oct. 5 - Nov. 5:

Bailey's
Beanie + Cecil
Elaine Miller Collection
Fine Feathers
fleur
Hertzberg Furs
JM Edwards
Jolly's
Nowell's
Ora
Razook's
Vermillion

City Art GALLERY

Honors
Breast Cancer Awareness Month
with an exhibition of
Bras & Bodices, Torsos & Corsets

Celebrating the Female Form...
bringing attention to
breast cancer through artistic creativity



Opening Reception:

Wed. October 26 ~ 6pm til 8pm

511 Red Banks Road
Greenville, NC 27858 ~ #252.353.7000

Hours: Mon-Fri 10-6 Sat 10-4

Exhibition Dates: Oct. 26 - 31

View the Show on the Web at: www.city-art-gallery.com

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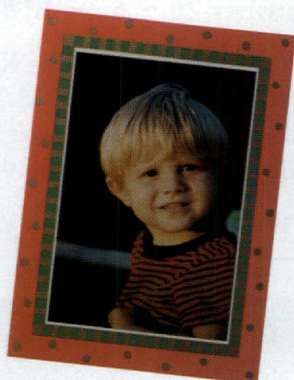
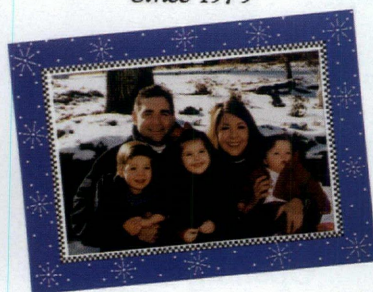
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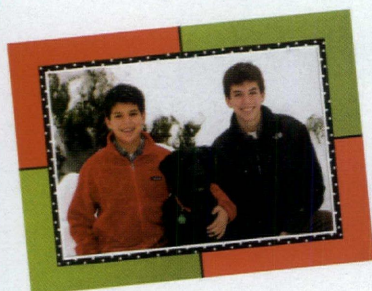
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TBA

HEARTS OF HOPE BENEFIT LUNCHEON

For: Raleigh Rescue Mission

The funds that are raised will help support the pediatric clinic. Contact www.raleigh-rescue.org.

February 3

WINTER WINE & BEER FESTIVAL

For: Ronald McDonald House Durham

Visit the elegant Washington Duke Inn for the biggest event of the year for Ronald McDonald House in Durham, 919-286-9305 or www.ronaldmcdonald-housedurham.org.

February 4

TRIANGLE HEART GALA

North Carolina Museum of Art, Raleigh. Contact 919-463-8315 or www.americanheart.org.

February 4-5

CAROLINA CHOCOLATE FESTIVAL

For: NC Maritime Museum

Celebrating charity and chocolate; this family event to benefit charities in the Eastern part of the state. The celebration will take place at the Crystal Coast Civic Center on Saturday and Sunday in Carteret County. Call 252-504-2203 or visit www.chocolate-fest.com.

February 11

MARDI GRAS BALL

For: Carolina Ballet

Festivities go on from 6:30 p.m. until midnight in celebration of this flamboyant, fun-filled holiday. North Ridge Country Club, Raleigh. 919-719-0800 or www.carolinaballet.com.



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February 14**BARK & WINE WITH YOUR VALENTINE****For: SPCA of Wake County**

A wine tasting event and Valentine's Day party to benefit the SPCA Curtis Dail Pet Adoption Center. 200 Petfinder Lane, Raleigh. 919-772-2326 ext. 2087 or www.spcawake.org.

February 15-18**TRIANGLE WINE EXPERIENCE****For: The Frankie Lemmon Foundation**

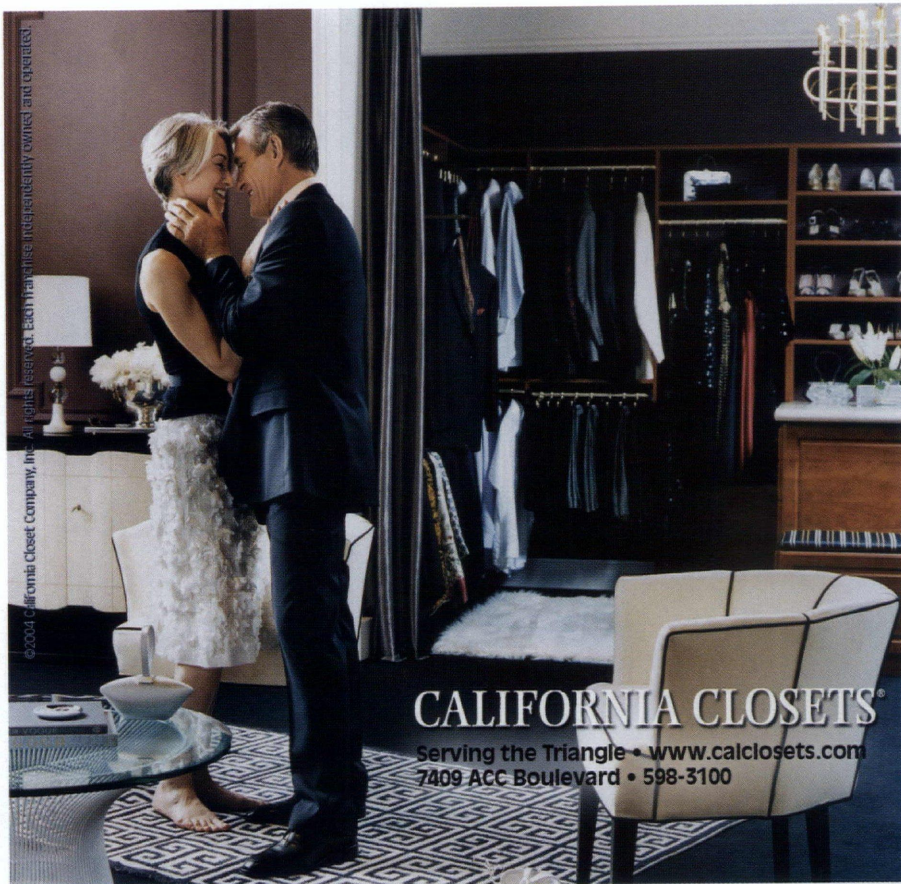
The annual wine and food celebration is a series of events across the Triangle that includes 27 wine-maker dinners on Wednesday and Thursday evenings, Friday night party hosted by honorary chair, Bob Foley at Exploris, and the Saturday night black-tie gala featuring a live auction of rare and collectible wines. Prices vary by event. Raleigh, 919-845-8880 or www.trianglewineexperience.org.

February 18**A LITTLE NIGHT VISION****For: Prevent Blindness North Carolina**

An evening of live music, dancing and entertainment that includes sampling the tastes of local restaurants and a silent auction. 919-755-5044, www.prevent-blindness.org/nc.

February 25**"A WISHFUL AFFAIR"****For: Make-a-Wish Foundation**

Join the foundation for "An Evening on the Boulevard, Viva Las Vegas!" and celebrate twenty years of giving hope, strength and joy to children in Eastern NC. 7 p.m.- 12 a.m. North Ridge Country Club, Raleigh. cwilliams@eastncwish.org.



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February 25

CAPE FEAR TEDDY BEAR BALL

For: Duke Children's Hospital

Preview the silent auction online for a glimpse of the more than 300 items available at the ball including handmade items designed and created by patients; 919-667-2578 or www.dukechildrens.org.

MARCH

TBA

WHOOPI'N' IT UP FOR SWOOP

For: Swoop

Local women's organization presents its annual comedy fundraiser. 919-623-2536 or www.swoop4u.org.

TBA

EYES OF MARCH GALA

For: Prevent Blindness North Carolina

Prevent Blindness' Signature Gala. For information, call 919-755-5044 or www.preventblindness.org/nc.

March 2

GIRLS JUST WANNA HAVE FUN

For: Ronald McDonald House of Chapel Hill

Indulge yourself with a manicure, massage, hair cut and much more while shopping for purses, shoes and accessories. It's a night for the girls! \$60/\$30 tickets. 919-913-2040 or www.chapelhillrmh.net.

March 4

"GOD'S MAN IN TEXAS" OPENING GALA

By: PlayMakers Repertory Company

Center for Dramatic Art, UNC-Chapel Hill. 919-962-PLAY or www.playmakersrep.org.

March 4

DIVAS!

For: Raleigh Little Theatre

Local actresses take the stage to vie for the title of "Raleigh Little Theatre Diva 2006." Audience members cast their ballots by making donations to the Theatre and the singer who raises the most money wins the title and tiara for the year. Call for more info; 919-821-4579 or www.raleighlittletheatre.org.

March 14

BISHOP'S HOPE GOLF CLASSIC

For: Cystic Fibrosis Foundation

A full field of 144 golfers plan to participate in a superball format, Captain's Choice golf tournament. The Preserve at Jordan Lake. 919-845-2155.

March 25

ANDRE WATTS GALA

For: NC Symphony

This magnificent gala celebration will feature fabulous pre-concert festivities at the Museum of History followed by the concert with world-renowned pianist Andre Watts and music director Grant Llewellyn. Contact the box office at 919-733-2750.

APRIL

TBA

MIRACLE CHALLENGE

For: Duke Children's Hospital

RBC Center, Raleigh. 919-667-2565 and www.dukechildrens.org.

TBA

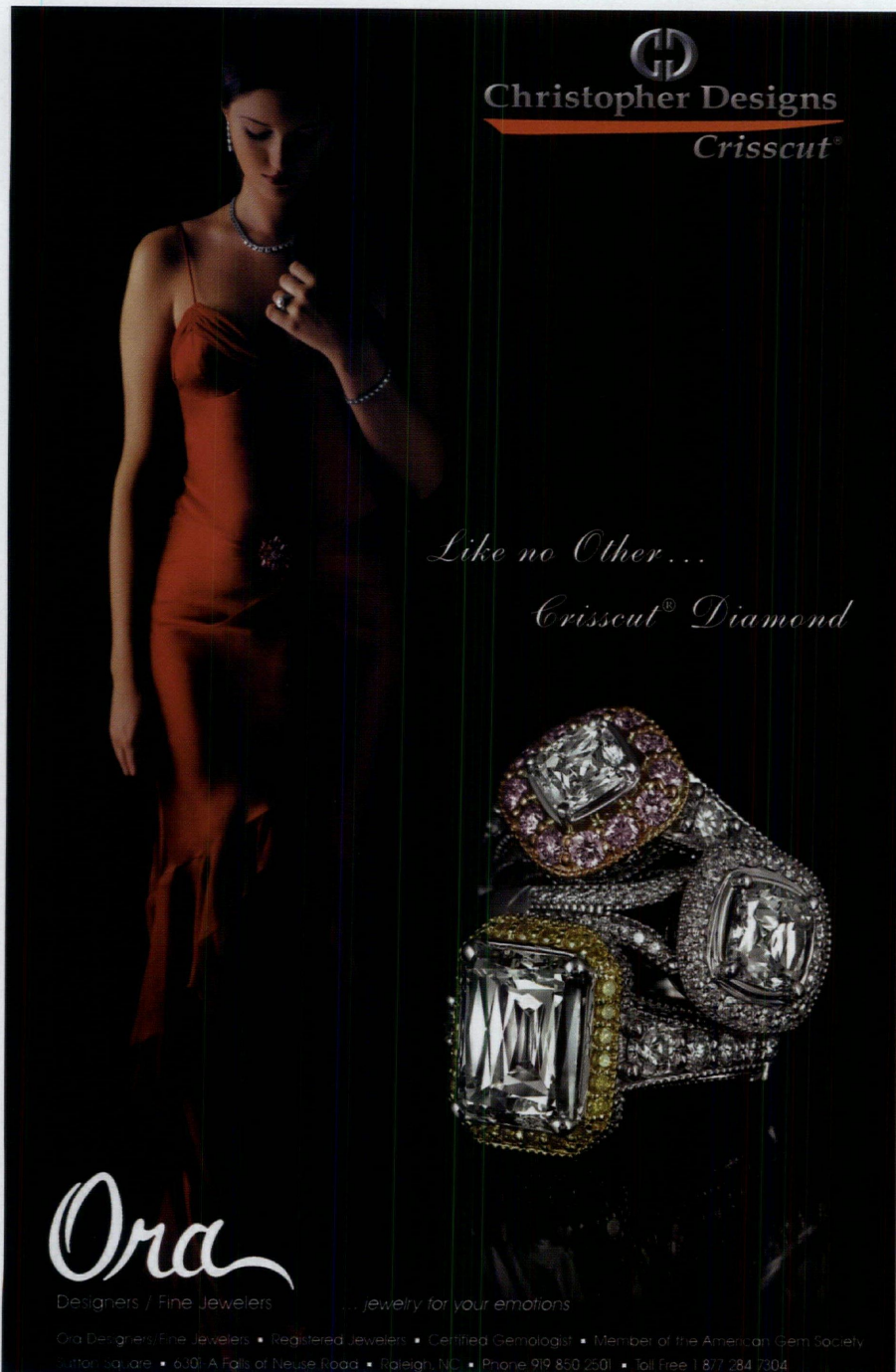
A VINTAGE AFFAIR WINE GALA

For: Children's Flight of Hope

TBA

SPRING GARDEN CEREMONY

For: Duke Cancer Patient Support Program



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The ceremony is held each spring to celebrate the beauty of the garden and all of the people who help make the program possible. 919-684-4497 or www.cancerduke.edu/support.

April 1

TRIANGLE AREA MS WALK

For: National Multiple Sclerosis Society

April 2

A TOAST TO THE TRIANGLE

For: Tammy Lynn Center for Dev. Disabilities

The event promises an array of culinary splendor from 40 of the Triangle's restaurants, caterers and purveyors of fine wines and specialty beers. Triangle Town Center, Raleigh. www.atoasttothetriangle.org.

April 15

"CYRANO DE BERGERAC" OPENING GALA

By: PlayMakers Repertory Company

Center for Dramatic Art, UNC-Chapel Hill. 919-962-PLAY or www.playmakersrep.org.

April 22

WILMINGTON MS WALK

For: National Multiple Sclerosis Society

1-800-FIGHT MS or www.nationalmssociety.org/nct.

April 22

PICTURE THIS GALA

For: Prevent Child Abuse NC

Enjoy live music, dancing, appetizers and champagne at this fine art exhibit to raise money to help prevent child abuse in our state. 1-800-CHILDREN or www.preventchildabusenc.org.

April 22

TRIANGLE WALKAMERICA

For: March of Dimes

Over 4,000 walkers are expected to participate in one of the nation's oldest walk-a-thons. www.marchofdimes.com/northcarolina.

April 29

SPRING FLING FOR AUTISM

For: Autism Society of NC

An evening under the stars with music, North Carolina barbecue and drinks for adults. Teer Farm, Chapel Hill. 919-743-0204 or www.autismsociety-nc.org.

MAY

TBA

CHARITY GOLF TOURN. & SILENT AUCTION

For: Raleigh Rescue Mission

Proceeds from the outing devoted to helping those in desperate need of hope and restoration will benefit the mission's ministries and services to homeless men, women & children. www.raleigh-rescue.org.

TBA

HOSPICE OF WAKE COUNTY GOLF CLASSIC

For: Hospice of Wake County

This year's event will take place at MacGregor Downs Country Club, Cary. 919-828-0890 or www.hospice-ofwake.org.

May 6

CELEBRATE! ARTS NC STATE GALA

For: Arts NC State

Become a part of this spring tradition—a festive and elegant evening of music, food and fun. Cocktail reception, dinner and dancing, a silent auction and big band music performed by the North Carolina Jazz

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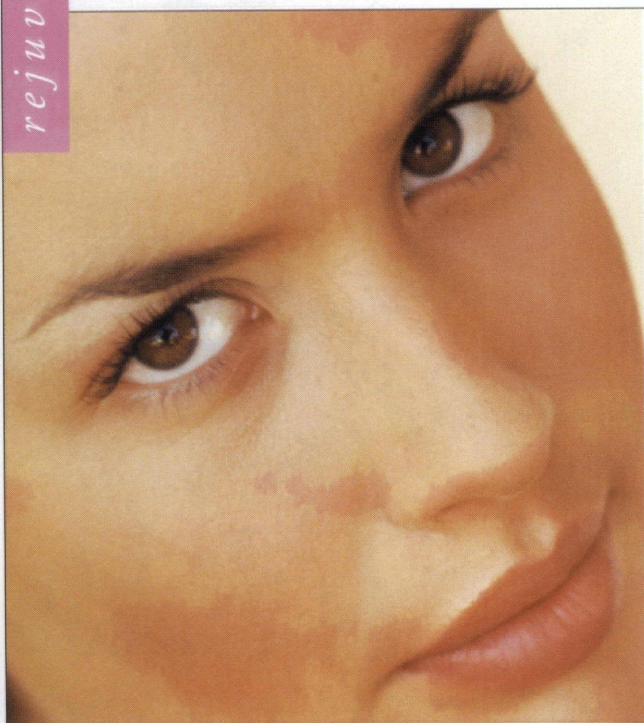



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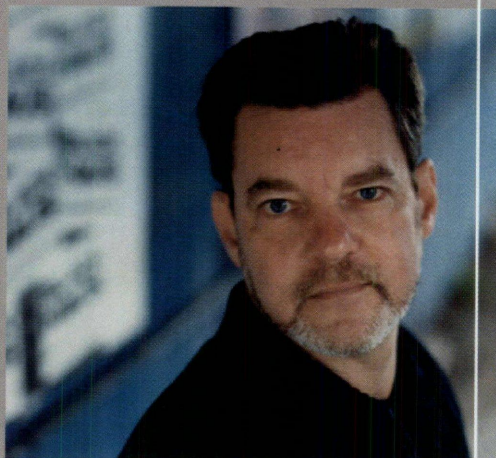
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SOUND & SIGHT

Frank Kimbrough, Jazz Piano

October 14, 2005 - 7:30 pm

This New York Jazz Pianist and Composer will enthrall you with his music for the evening and will partner with outstanding North Carolina artist George Buchanan in creating a unique sight and sound program. A painting in 4 sections will be created and sold after the event. Frank has performed recently with Wynton Marsalis and his trio has toured with the New York Jazz Tap Ballet.



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or www.ArtsinPerson.com or www.visitroxboronc.com



Repertory Orchestra. McKimmon Center, Raleigh. 919-513-3052 or sue_guenther@ncsu.edu.

May 6

SPCA K9 3K WALK FOR HOMELESS PETS

For: SPCA of Wake County

Fun and activities start at 2 p.m., dog walk starts at 5 p.m. Bark after Dark party follows with live music and beverages. Moore Square, Raleigh. www.spcawake.org.

May 12

BENEFIT AUCTION

For: The Caring Place

5th annual benefit auction to be held in historic Cary home at 7:30 p.m. Proceeds will assist the transitional housing program for homeless families with children in need of life skills and short-term housing assistance. Matthews House, Cary. 919-462-1800 or www.thecaringplace.org.

May 20-21

CLASSIC CELEBRITY-AMATEUR GOLF TOURN.

For: Duke Children's Hospital

Jeff Foxworthy and other celebrities join participants for a round of golf beginning with a shotgun start at 9 a.m. Duke University Golf Club, Durham. 919-667-2565 or www.dukechildrens.org.

JUNE

TBA

BOB DEAKIN GOLF TOURNAMENT

For: Carolinas End of Life Care

The Deakin Family raises money for The Carolinas Center for Hospice & End of Life Care in honor of Mr. Bob Deakin, a former PGA professional and family man. The tournament is held each year at the

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Thursday, October 20 11 am - 8 pm

Friday, October 21 9:30 am - 7 pm

Saturday, October 22 9:30 am - 6 pm

Sunday, October 23 11 am - 5 pm

We have some great special events planned! Contact us for more information.

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www.jlraleigh.org or **919.787.1103, #106**

Crooked Creek Golf Club in Fuquay-Varina. Contact www.carolinasendoflifecare.org.

June 3

THIRD ANNUAL SUMMER SALUTE

For: Hospice of Wake County

North State Bank's benefit for Hospice takes place at the North Ridge Country Club and features the sounds of the Embers and an auction they promise to be "spectacular!" Raleigh, 919-645-2720 or www.hospiceofwake.org.

June 16

CAROLINA KIDS CLASSIC GOLF TOURNAMENT

For: UNC Children's Hospital

Participants can play with the likes of Dean Smith and other prominent North Carolinians in this charity event to benefit the UNC Children's Hospital, the Ronald McDonald House of Chapel Hill and the Childhood Trust. Contact Amanda McGovern at 919-843-2915.

June 17

ALL-STARS FOR AUTISM

For: Autism Society of NC

Pro-Am celebrity softball to raise funds and awareness for autism. Durham Bulls Athletic Park, Durham. www.autismsociety-nc.org.

AUGUST

TBA

13TH ANNUAL JIMMY V CELEB. GOLF CLASSIC

For: The Jimmy V Foundation

Annual weeklong celebration as a prelude to a week-end golf tournament with sports and entertainment celebrities from all over the country to raise money to help the fight against cancer. For information call 919-380-9050 or visit www.jimmyv.org.

August 13

GREAT CHEFS OF THE TRIANGLE SIG. AUCTION

For: March of Dimes

Twenty of the Triangle's premier chefs prepare their signature dishes for guests to sample, complemented by wine from three sampling stations. The chefs also compete in a competition with secret ingredients. Following the dinner, a silent and live auction offers creative opportunities for guests to support the cause. Black-tie encouraged event. Tickets \$100. www.marchofdimes.com/northcarolina.

SEPTEMBER

TBA

SUMMER FLING FOR SIGHT

For: Prevent Blindness North Carolina

Also known as "The Blindness Party," this annual event is geared towards young professionals in the area; 919-755-5044 or www.preventblindness.org/nc.

TBA

RED SWORD BALL

For: American Cancer Society

This year, the annual event will feature a western theme based upon the Cattle Baron's Ball. For information, call 919-781-1489.

September 9-10

MS 150 BIKE TOUR

For: National Multiple Sclerosis Society

Spend a weekend in the outdoors on this bike tour to benefit research and patients living with MS. The two-day event begins and ends in New Bern, greeting cyclists with beautiful views of coastal North Carolina. 1-800-FIGHT MS or www.nationalmssociety.org/nc.

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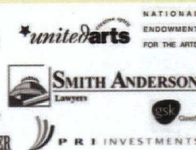
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A stylized illustration on the left side of the poster. It features a portion of the Eiffel Tower in a dark, textured color. To its right is a profile of a woman's face, rendered in white with a large, expressive eye and a small, ornate earring. The background is a dark purple with a pattern of small white stars and a large, glowing white circle in the upper right corner.

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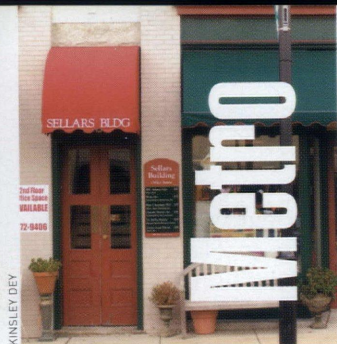
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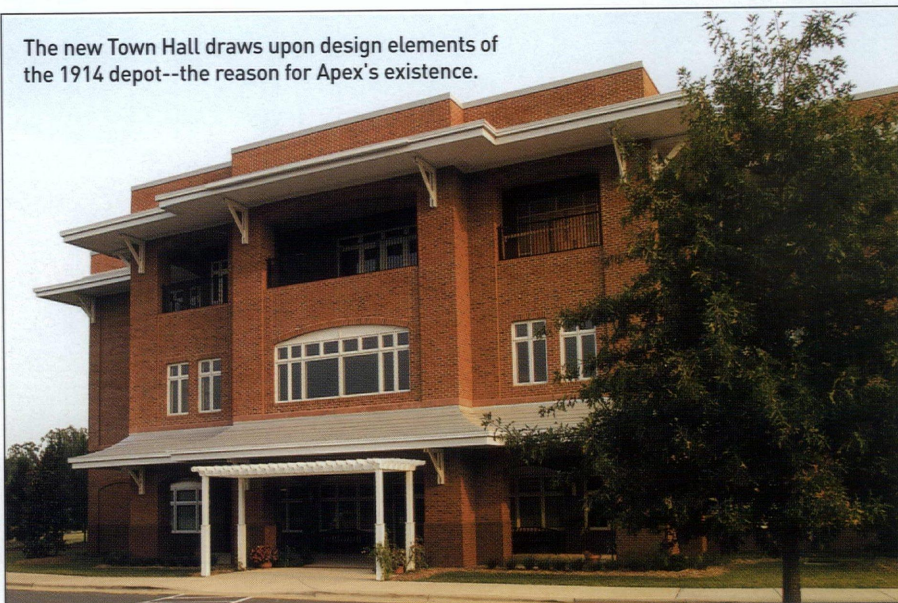
Small Town Sophistication

THE SUCCESS STORY OF APEX, NC

Apex, a thriving town of 30,000 in southwest Wake County, more than lives up to the town motto touting it as the "Peak of Good Living." Chartered in 1873, Apex was so named because the depot around which the town grew was the highest elevation on the Chatham Railroad between Richmond, VA, and Jacksonville, FL. Today, Apex has grown more than 600 percent beyond its 1990 population of 4,500 and is notable for its tasteful new residential and commercial developments, numerous parks and greenways, a modernist regional library, and a historic Downtown that features an enviable mix of offices, services, stylish restaurants and food shops, antique stores, and specialty retail establishments. The Downtown was the focus for Apex's Today and Yesterday Festival in September. The Christmas Parade and Historic Homes Tour come in December, and the Peak Week Festival in May.

The bustling historic Downtown flanks both sides of Apex's Salem Street, adjacent to the railroad tracks where the melodious whistles of trains are heard throughout the day. Architectural historian, Ruth Little, who prepared the National Register Nomination for what became the Apex Historic District, describes Salem Street as "an almost continuous streetscape of early 20th-century railroad, commercial and municipal buildings." It is lined by handsome brick one- and two-story commercial buildings fanning out from the restored 1914 Apex Union Depot. A one-story brick structure with a bell cast roof supported by heavy chamfered brackets, the depot is listed on the National Register of Historic Places and has been designated a Wake County Historic Landmark. Now the headquarters for the Apex Chamber of Commerce, the building was designed by the Norfolk office of the Seaboard Railway and built to replace an earlier depot destroyed by fire.

The new Town Hall draws upon design elements of the 1914 depot--the reason for Apex's existence.



IRON HORSE TOWN

Little notes that the depot embodies the reason for Apex's existence, first as a stop for the North Carolina Railroad bringing coal from Chatham County to Raleigh, and later, at the turn of the century, as the transportation center for the rich tobacco harvests brought to auction in Apex, the region's first tobacco market town outside of Raleigh. In the early 1920s, changing agricultural practices and a failed effort to convert the town's tobacco warehouses to cooperative ownership led to the loss of the Apex tobacco market and a decline in the town's population. The 1930 census showed a population of 863, down from 1,000 in the post-World War I period.

So what put Apex back on the track and led to its being named by *Business North Carolina* magazine as the "Best Small Town in North Carolina?" Mayor Keith Weatherly gives a lot of credit to the town's respect for its heritage and appreciation of its friendly small-town atmosphere. "About 10 years ago, Apex town officials and governmental staff and the citizens made the deci-

sion to capitalize on the largely intact historic architecture in the Downtown by putting all utilities under ground. Then, we thought, why not go all the way and put in new, more appropriate street lights and new sidewalks to give the whole commercial core an upfit?" The decision, which involved investing town funds, as well as seeking state discretionary funds to accomplish the task, proved prescient. With the help of Raleigh landscape architect Dan Sears and his firm, the transformation of Apex became a reality, and in 1996 Apex was awarded the first of two Anthemion Awards it would garner from Wake County's Capital Area Preservation organization. Weatherly thinks the success of the project gave all the Downtown property owners and other stakeholders a sense of pride in their buildings and businesses. This impression is borne out again and again by the inviting store fronts and the cornucopia of wares often out on the sidewalk for display.

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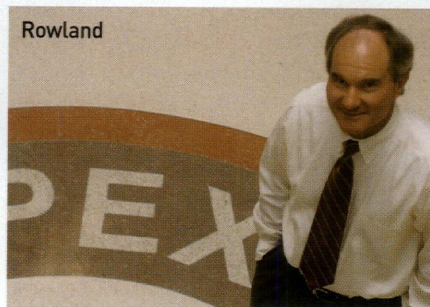
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of Apex was the purchase and redevelopment of a large tract of land at the edge of Downtown for the Town Campus, completed in 2001. Planning Director David Rowland says that it was important to locate the governmental campus, which is comprised of the Town Hall and the Apex Community Center, Downtown. "The commissioners and the mayor wanted the Town Hall to be a symbol of Apex. Connecting it to the historic Downtown and choosing a style of architecture that is reminiscent of an old tobacco warehouse accomplished that." Rowland added: "We asked our architectural firm, NBBJ, to incorporate details from the old Apex depot into the Town Hall design, too. That's where the brackets and the flared roofline came from. The large arched windows are similar to those in the old Town Hall." After only four years in their new buildings, the town is completing the Town Hall's unfinished third floor and doubling the size

Rowland



of the Apex Community Center. "We are adding 22,000 square feet to include a new gymnasium, expanded storage, administrative offices for the Recreation Department and more meeting rooms," explained Rowland. "The current meeting rooms are so popular, even the town has difficulty in booking them for its own meetings."

Rowland credits John Brown, Director of Parks, Recreation and Cultural Resources, a man with an impressive array of projects already underway, with adding yet one more. "John is spearheading an initiative to raise additional money to rehabilitate the old Town Hall and adapt it to a Performing and Cultural Arts Center," says Rowland. The estimated cost of the restoration is \$1.2 million, with Brown contemplating raising another \$800,000 in private donations to double the size of the building. "John and the Town are working with architect Steve Schuster and Clearscapes Inc. on the Center renovation."

Lamp Maker Extraordinaire

You will find Louise Gaskill's one-of-a-kind lamps, elegant gilded sofas, mirrors and chandeliers in high-end emporiums including Raleigh's Thompson-Lynch in Cameron Village, the avant-garde Porto in the new North Hills and Furniture Solutions on Falls of the Neuse Road. She works closely with area designers Beverly Taylor, Michael Steiner and Susan Stone, and her work has been featured in *Country Living* and other life-style publications. Several designers selected Gaskill's lamps to adorn their rooms in the Andrews-London House, the subject of the April 2005 Designer's Showhouse jointly sponsored by Raleigh Woman's Club and the Carolinas Chapter of the ASID.

Gaskill, who grew up in historic New Bern, came to Raleigh to attend Meredith College and never left. When asked about the evolution of her craft as

lamp-maker and gilder, Gaskill says she was always refinishing furniture and searching through yard sales and thrift shops for interesting items. About five years ago, she found a beautiful old watercolor in an antique frame. "I wanted to preserve the old finish of the frame so I went to Askew Taylor at his art supply store in Raleigh, and he walked me through the process of gilding." The skill proved useful as Gaskill moved into creating distinctive lamps by combining wonderful objects, often with new bases or elements that she touched with gilt. On a sideboard in Porto, Gaskill's lamp transformations include the celadon

green porcelain leg of an antique sink, a delicate Murano glass vase, and a graceful blue urn, a favorite color for the artist. Gaskill is currently at work on a kitchen chandelier with glass shades taken from an old Lutheran church. "I purchased them on e-Bay," says Gaskill. "This piece is just so much fun."

Gaskill's next "Big Thing" is working with designer Susan Stone to provide lamps for

WRAL-TV's *Make a Wish Show House*, opening in November in the Registry neighborhood off Creedmoor Road in Raleigh.

—Diane Lea

Gaskill



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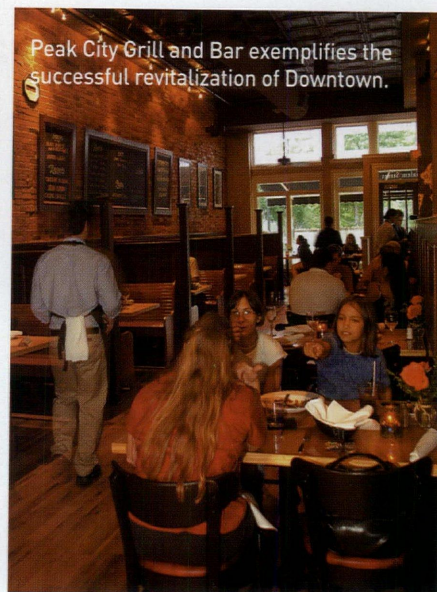
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Schuster, a Raleigh architect, whose firm has done much work in small towns, is also working with Apex to refine the design standards for infill and new construction, as well as for large-scale additions to buildings. The purpose is to allow for a better integration of new and larger buildings into the relatively small scale, low-rise Apex townscape. Rowland points out that Schuster's work is intended to encourage more creative use of large sub-dividable lots. "We hope to create a model using a group of three well-known residences, and by virtual imaging show what a replacement design would look like using our current, less creative standards, and then what a replacement design might look like under the new, more flexible standards," says Rowland.

Though Apex is proud of its historic Downtown, the town's goal is to achieve quality in every aspect of its growth and development. Town Manager Bruce Radford, who was formerly the Town Manager of Selma, NC, is glad to be working in Apex at this time. "There is such an enormous amount of growth underway, it is both exciting and demanding," he says. "Our staff and officials are constantly paying attention to details in all our projects, whether they are focused on the Downtown, our expanding parks and greenways systems, new commercial centers, new residential neighborhoods or new capital improvement projects for the Town. We do this to ensure that quality development is what we get."

SEEING IS BELIEVING

In a tour of the town with Planning Director Rowland, Radford's words became tangible in a variety of settings. The entrance to Apex along NC Highway 55, which is called Williams Street, offers little of the road-rash and unadorned strip commercial development that often are the first glimpse of a community. Good access roads, lush landscaping and a requirement that a certain percentage of parking be placed to the sides of the complexes accomplishes this pleasing access. Even the larger commercial strip centers and big-box shopping installations place parking to the sides rather than array it in a vast forecourt in front of the buildings. Haddon Hall Commons and Peakway Market Square are well landscaped and sit off the highway with discreet entrances and thoughtfully scaled buildings. Beaver Creek Commons, at 300,000 square feet, and Beaver Creek Crossing, which will account for 700,000 square feet, are located across Highway 64 from one another with the buildings occupied by large retailers disaggregated and accented with contrasting bands of brick and recessed entrances. "We will have a



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bridge across Highway 64 so shoppers can be above the traffic when moving from one center to the other," adds Rowland.

Developments that meet the town's standards enjoy commercial success while adding to the quality of life in Apex. Scott's Mill, a neo-urbanist neighborhood with a variety of housing styles and a mix of traditional and town homes, is selling well



The town reservoir, Community Park Lake, is a popular spot for walking.

with few For Sale signs in evidence. The development's first commercial building is going up adjacent to the park green. Slated for retail establishments, as well as offices, the complex is across the street from an award-winning school complex designed by Raleigh architect Roger Cannon. "The town homes in Scott's Mill border our greenway, Beaver Creek Parkway," says Rowland. "Eventually our greenway system will connect to The American Tobacco Trail, and hikers and bicyclists will be able to follow it all the way to Durham."

Two favorite Apex amenities are the town's reservoir and its public library. Easily accessible from Highway 64, Community Park Lake is suitable for fishing and water gazing and is ringed by a jogging trail set beneath mature shade trees. Across the highway, the Eva Perry Regional Library sits on an elevated site filled with beautiful plantings. "The library, designed by Raleigh architect Louis Cherry, is very modern and user friendly," says Rowland. "Cherry worked with a committee who requested that there be window walls so the books could be seen from the outside. It is especially nice at night with the lights showing up the interior."

Joining much of the Apex community for the free hot dog lunch provided at petroleum distributor L.G. Jordan's Hospi-

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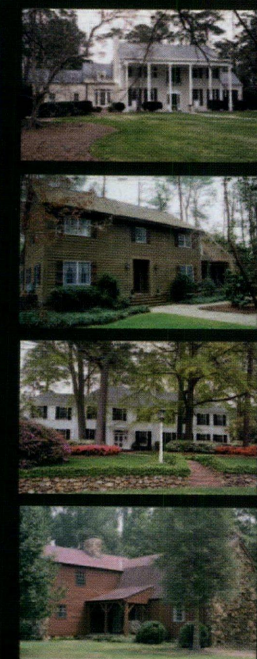


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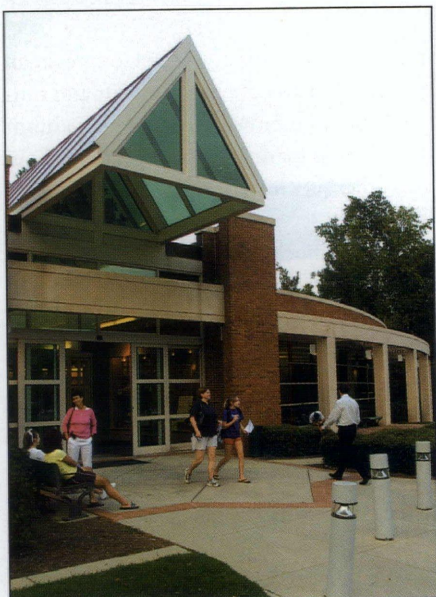


Ask us
about...



REIO HOME
SEARCH

tality Day, we took a stroll back down Salem Street. It provided the opportunity to purchase a couple of tasty loaves of bread and sample a chocolate cookie at Savoy Cakes and Pastry Shop and visit with town resident, businessman and restaurateur Steven Adams. A mortgage broker, Adams came to Apex four years ago and fell in love with the 1912 Classical Revival-style Watkins and Seymour Building, the largest on the block. After making an extensive renovation, Adams has opened a 5,400-square-foot restaurant, the Peak City Grill and Bar, on the building's main level. His mortgage company, Regency Home Funding, has offices on the second floor. As an enthusi-



At night, lights from within showcase books in the Eva Perry Regional Library.

astic crowd enjoyed Peak City's American steakhouse cuisine and eyed the impressive array of beers and wines behind the hand-crafted bar, chef Franz Propst and sous chef Stephen Wagner smiled approvingly from their open kitchen. The patina on the restaurant's original pressed-tin ceiling was complemented perfectly by designer Michelle Ishihara's faux finishes on the walls and columns and her warm and subtle colors.

Rowland, whose time in Apex spans 18 years, has seen the results of the combined and coordinated efforts of government, staff and citizenry. "We're all about keeping the small town experience while providing a very sophisticated quality of life," says Rowland. It's a noble mission, and Apex is carrying it out well. **MM**

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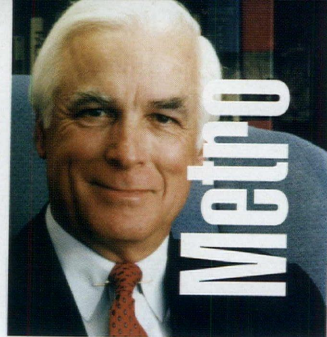
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Editor-at-Large

by Jim Leutze

PORTS, OFFSHORE DRILLING DISCUSSED AT COASTAL SYMPOSIUM

An important meeting was held in July at Emerald Isle: the Inaugural East Coast Waterways and Beaches Symposium. As with many volunteer efforts, there are a number of groups addressing similar, if not precisely the same, issues. This was an admirable effort to bring the groups under one umbrella and to try to focus attention on the most important developments along the coast. Consequently, we heard discussions of dredging, beach renourishment, infrastructure needs, and most importantly, the federal government's attitude toward coastal services.

The dredging story has been covered in these pages in such detail that we can pass over it quickly. There is a dwindling pot of money from which the Corps of Engineers may draw. Currently our Senators have put \$89.8 million in the budget, but the House, despite the best efforts of our delegation, put no money in for dredging shallow draft inlets. Consequently, when the conference committee is appointed to reconcile the two approaches, we need to lobby the House members to accept the Senate version.

On beach renourishment we heard from Professor Scott Douglass of Alabama, who travels the country surveying beaches. His conclusion: Beach renourishment works. Not only does he contend this; he backs up his conclusion with before and after pictures, studies and anecdotes. Obviously, beach renourishment works better in some locations than in others, but it does work. I had actually just visited one of his illustrations—Ocean City, Maryland; where, because of beach renourishment, my old lifeguard stand on 14th Street would now be about 30 yards across a sandy strand from the water. Miles of beautiful sand beaches bordered by grassy dunes are there because of renourishment. The same is true at Miami Beach. So, it obviously cannot be stated categorically that beach renourishment is a waste of money.

The report from the Director of the State Ports, Tom Eager, gave an upbeat, optimistic overview of developments at Wilmington and Morehead City. The recent growth and increase in business is only a shadow of what is to come. It was his estimate that global trade would double by 2020 and that a good slice of that seaborne commerce would move through North Carolina's ports. West Coast ports are near capacity as are some of the major ports in the Northeast. Consequently, Southeastern and Gulf ports would experience significant growth (this was before Katrina). Ten years from now there would be almost twice as much activity at North Carolina's two ports with a concomitant increase in jobs and economic impact.

Over that period the total capital investment required would be \$264 million to be pumped into our economy. Wilmington would see a significant expansion of its container yard, while Morehead would develop a whole new port on Radio Island. Obviously, this would mean highway and other infrastructure needs to accommodate the resulting traffic. Wilmington's truck traffic would grow from 461,500 trucks and containers per year to over 1 million by 2015. To accom-

modate this would require a new bridge across the Cape Fear, as well as completion of US-74 and finishing I-140 and other bypasses. Morehead would not have as dramatic an increase, but they will still need improvements on US-70, bypasses and interstate grade improvements, a bridge and a northern bypass.

One thing is clear, the pace of development, with all its good and bad side effects, is not about to slacken around our parts.

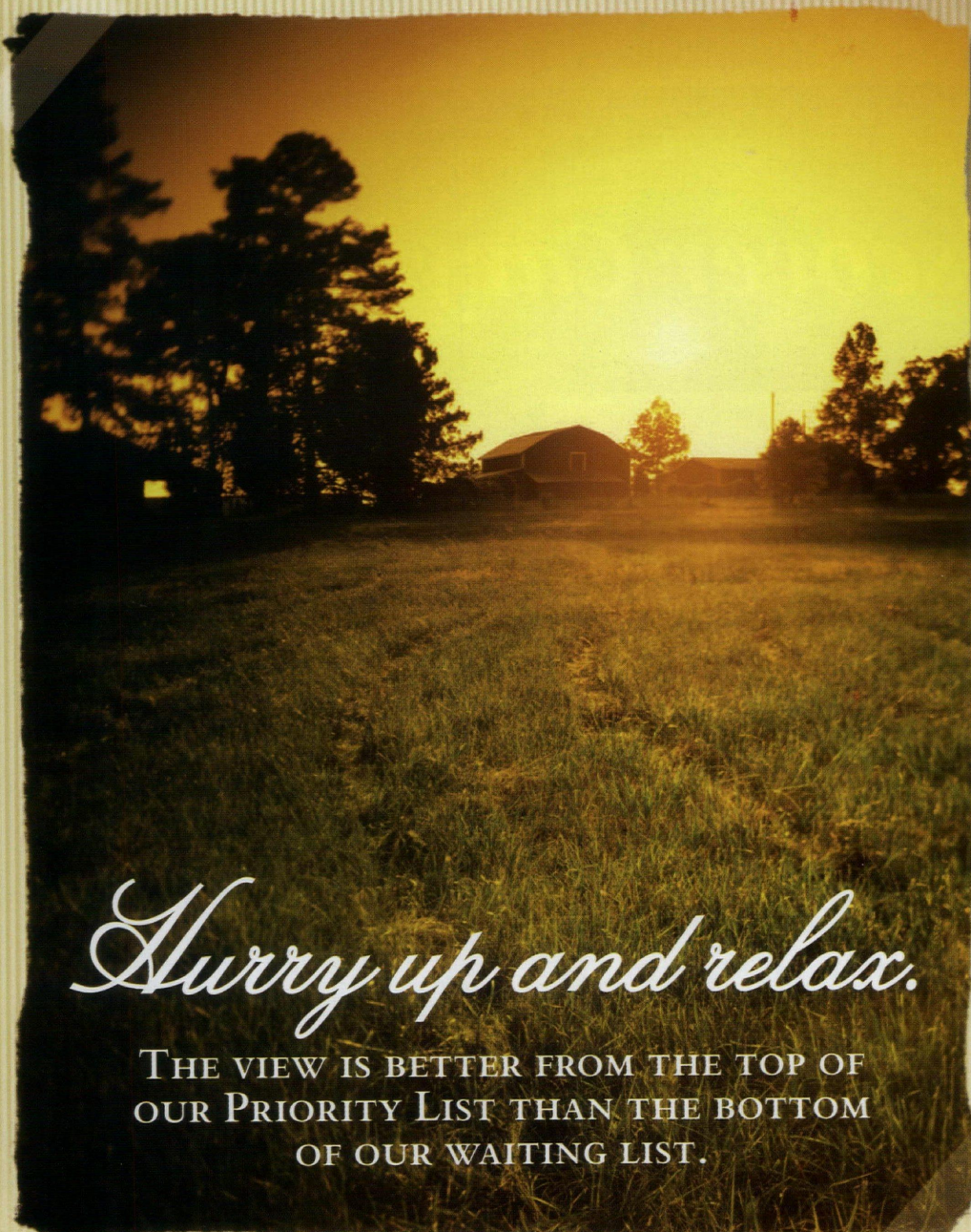
OFFSHORE DRILLING

But by far the most interesting talk was given by Congressman Walter Jones, R- District 3, our increasingly independent and outspoken Congressman. It was Jones who earned the ire of his committee chairman by trying to divert funds for dredging. Jones talked about that attempt, but he had two other very interesting observations. One was that the lack of funding for the services we wanted was part of a much bigger problem. He was very much concerned about the growing deficits and the inability of the federal government to meet many of its service obligations.

What to do about services like dredging in this climate obviously worried him. He alluded to a recent meeting in Washington where the Comptroller of the Currency, David M. Walker, had projected a budgetary "nightmare." With the growing debt and obligations approaching \$45 trillion he said, "Balancing the budget in 2040... could require cutting total federal spending as much as 60 percent or raising taxes to two and a half times today's levels." Jones clearly sees that we can't go on cutting taxes, increasing entitlements, and expecting the same level of services. What we're seeing on the coast is a microcosm of the nation's financial future.

Then he pulled another rabbit out of his hat. While making it very clear that it was not his idea and not something that had been formalized, he said that he had "heard talk" that drilling off the East Coast might surface again as an issue. The clear impression was that sometime in the near future North Carolina might be faced with a choice: off-shore drilling with some of the profits going for dredging and renourishment—or no drilling and no money. As he said, this hasn't been formalized, but if it were to be, stand by for a huge battle. Of particular interest might be Florida where Gov. Jeb Bush has stood firmly against any drilling.

As a final note on the subject of any action by the Corps of Engineers on dredging: If I don't miss my bet, we are going to hear a giant sucking sound coming from the Gulf region. For one thing, the environmental disaster which was going on in the Mississippi Delta, as acres of wetlands disappeared every day, was topped off by Hurricane Katrina. The barrier islands that once protected New Orleans are now gone. The estimate for trying to repair that buffer, which may include returning the Mississippi to its original course, is over \$12 billion. Where is that money coming from? **MM**



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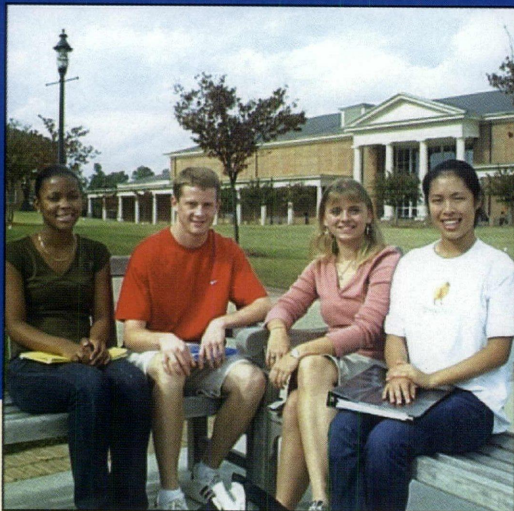


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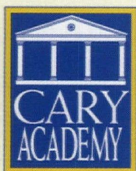
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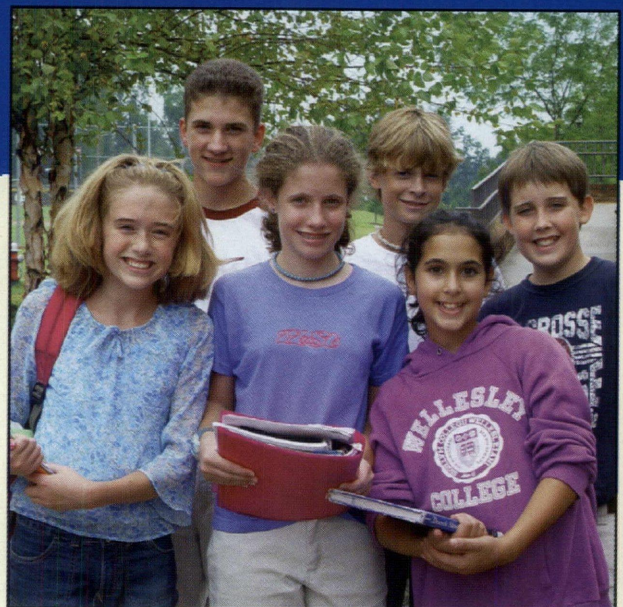
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This splash of color says Tryon Palace MUMfest Weekend opens Oct. 7, when Tryon Palace Gardens display thousands of chrysanthemums, and historic homes are open for viewing in New Bern. (For details, see Preview Festivals.)

NEW BERN/CRAVEN COUNTY CONVENTION & VISITORS CENTER



The Avett Brothers from Concord, NC, will bring their live-wired "alternative-rock-and-roll show to the Shakori Hills Grassroots Festival on Oct. 6 in Silk Hope. (For details, see Preview Festivals.)



RAMSEUR RECORDS

Openings

Pictured here are Rebecca Myers (front), Timothy Sparks (left) and Henry S. Gibbons (right), starring in the World Premiere of Joel Feigin's operatic rendition of *Twelfth Night* to be presented Oct. 6, 8 & 9 by the Long Leaf Opera Company at Durham's Carolina Theatre. (For details, see Preview Stage.)

CAROLINA THEATRE



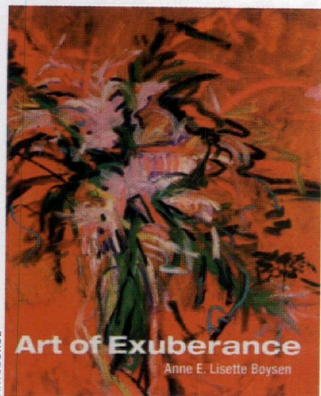
Preview

by Frances Smith

OCTOBER EVENTS—AS COLORFUL AS AUTUMN LEAVES (Don't miss the 17 Fall Festivals!)

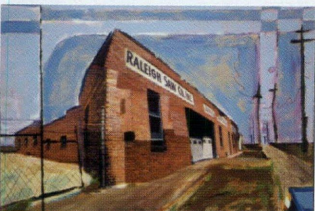
GALLERIES

JEFF LAMBERT AND JOHN HILTZELBERGER AT JERRY'S ARTARAMA: works include multi-media pieces, acrylics and collages; Jerry's Artarama, Raleigh; thru Oct. Contact 919-876-6610 or www.jerrysartevents.com.



Works by Anne Boysen from her book *Art of Exuberance* will open through Oct. 22 at ArtSource, Raleigh

FALL EXHIBITION AT ARTSOURCE: Featuring Margo Balcerek, Ginny Chenet, Charlotte Foust, and Kay Hutchison. Second exhibition, works by Anne Boysen in Gallery II; ArtSource, Raleigh; thru Oct. 22. Contact 919-833-0013 or www.artsource-raleigh.com.



Raleigh Saw by Luke Miller Buchanan hangs in an exhibition by Raleigh artists and photographers called "Remnants and transitions: Downtown Raleigh," on view until Nov. 17 in the Raleigh Municipal Building

WORKS ON PAPER-THE HEAVYWEIGHTS: Printmaking, drawing and watercolor from the hands of Modern masters; Walls Gallery, Wilmington; thru Oct. 24. Contact 910-343-1703 or www.walls-gallery.com.

REMNANTS AND TRANSITIONS: DOWNTOWN RALEIGH: Exhibition of works by

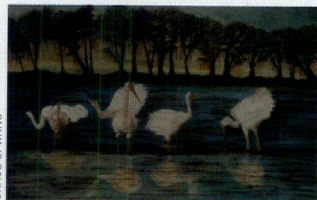
Raleigh artists and photographers, showing views of Raleigh that inspired them; Curator, Lee Moore; Raleigh Municipal Building, thru Nov. 17. Call 919-828-5073 or email lee@rebus-works.net.

COLORS OF AUTUMN: A new collection of mixed media; Nancy Tuttle May Studio, 806 Ninth Street; thru Oct. 30. Contact 919-688-8852.

THREE SIDES TO A SHEET OF PAPER-HOW PRINTS COMMUNICATE, REPRESENT AND TRANSFORM (1482-2002): Prints made over a span of 500 years from Ackland Museum's permanent collection; Ackland Art Museum, Chapel Hill; thru Nov. 13. Contact 919-843-3675.

DISTINCTIVE LANDSCAPES: Marvin Saltzman showcases his works from the last 15 years; Betty Ray McCain Gallery, Progress Energy Center for the Performing Arts, Raleigh; thru Jan. 6. Call 919-828-6500 or Raleigh Contemporary Gallery at www.rcgallery.com.

MAINE SEA AND SKY, PAINTINGS BY LISA CREED AND FOUND OBJECT ASSEMBLAGES BY JUNE MERLINO: Horace Williams House, Chapel Hill; thru Oct. 23. Contact 919-942-7818.



Birds of a Feather by Bonnie Brooks is on view in an exhibition of "Recent Works," opening Oct. 1 at Grace Li Wang Art Gallery, Raleigh

RECENT WORKS BY GRACE LI WANG & BONNIE BROOKS: Grace Li Wang Art Gallery, Raleigh; Oct. 1-Nov. 30. Call 919-412-6830 or www.graceliwang.com.

COLOR AND LIGHT-NEW OIL PAINTINGS BY SALLY SUTTON: Carolina Creations and Contemporary Craft Gallery, New Bern; Oct. 1-Nov. 15. Contact 252-633-4369 or www.carolinacreations.com.

DRAWING VARIATIONS-IPPY PATTERSON: Abstract and figurative works on paper; Craven Allen Gallery, Durham; (Opening Reception and book signing Oct. 1) thru Nov. 12. Contact 919-286-4837 or <http://cravenallengallery.com>.

THE ART OF MARY BENEJAM O'CONNELL: The Cotton Company, Wake For-

est; Oct. 3-Nov. 7. Contact 919-570-0087 or www.thecottoncompany.net.

UP CLOSE-PRINTS AND PRINT COLLECTING: With Timothy Riggs, curator of collections. Ackland Art Museum, Chapel Hill; Oct. 4, 11, 18 and 25. Contact 919-843-3676 or email acklandprograms@unc.edu.

HAND & EYE, 15 YEARS OF THE DOR- THEA LANGE-PAUL TAYLOR PRIZE: Center for Documentary Studies at Duke University, Durham; (Opening Reception Oct. 6) thru Jan. 8. Contact 919-660-3663 or <http://cds.aas.duke.edu>.

RECENT WORKS BY WILLA GREEN-ALDRIDGE: Renaissance Design & Renovation, Raleigh; (Opening Reception, Oct. 7). Contact 919-865-2284.

THE GARDEN GALLERY PRESENTS PHIL- LIPS, LITTLE, AND HILL: Marriott Proctor Little, Margaret Brunson Hill, and Madonna Phillips assemble for a special show; The Garden Gallery, Raleigh; (Opening Reception Oct. 9) thru mid-Nov. Call: 919-787-2999 or www.gardengalleryart.com.

DECADES-A 40-YEAR RETROSPECTIVE: Exhibit of abstract artwork by Mary Anne K. Jenkins; Gallery C, Raleigh; thru Oct. 11. 919-828-3165 or 888-278-3973 or email art@galleryc.net.

RECENT WORKS BY JOSEPH CAVE: Gallery C, Raleigh; (Reception Oct. 14) Oct. 14-Nov. 12. Contact 919-828-3165 or 888-278-3973 or www.galleryc.net.

ALL THAT JAZZ: New paintings with a jazz theme by Eric McRay and Mandy Johnson, also sculptures by Justine Ferreri; Spectrum Gallery, Wilmington; (Opening Reception Oct. 14) thru Nov. 14. Contact 910-256-2323 or www.spectrumartgallery.com.

THE WATERCOLOR SOCIETY OF NC AN- NUAL JURIED EXHIBITION: Over 40 artists from Metro region accepted in show; Salem College Fine Arts Center Gallery, Winston-Salem; (Reception Oct. 16) thru Jan. 5. Contact 336-998-4218.

SCHOOL OF ART AND DESIGN FACULTY EXHIBITION: Wellington B. Gray Gallery at ECU, Greenville; (Opening Reception Oct. 21) thru Nov. 19. Contact 252-328-6851 or www.ecuarts.com.

PLEIN AIR PAINTING WORKSHOP: Experience the joy of painting on location, instructor Christine MacLellan; Jerry's Artarama Artist Workshop, Location TBA; Oct. 22. Contact 919-876-6610 or www.jerrysartevents.com.

CELEBRATING THE FEMALE FORM: An exhibition to benefit breast cancer patients will include artistically created Bras and Bodices, Corsets and Torsos by artists in the Southeast; City Art



Mixed Floral with Tomatoes by Joseph Cave hangs in his exhibition of recent works, opening Oct. 14 at Gallery C, Raleigh

Gallery, Greenville; (Opening reception Oct. 26) thru Oct. 31. Contact 252-353-7000 or www.city-art-gallery.com.

DAN FINCH-A POTTER FROM DOWN EAST EXHIBITION: The Crafts Center Gallery at NC State University, Raleigh;



More Sugar Spice by Eric McRay will show in exhibition "All that Jazz," opening artists' reception, Oct. 14, Spectrum Gallery, Wilmington

thru Oct. 30. 919-515-2457 or www.ncsu.edu/crafts.

GUYS VERSUS GHOSTS: Featuring Meredith Dittmar (Corporate Pig) and Sheetghosts (Mark Bodnar/Trevor Zammit), original art, sculptures; Car Mill Mall, Carrboro; thru Nov. 5. Contact 919-933-6061.

ENGLISH ARTIST SIMON BULL RETURNS TO TRIANGLE: Main show, Turning Point Gallery, University Mall, Chapel Hill; Call 919-967-0402 or www.harmonyfineart.com:

- Live jazz, Blue Note restaurant, Cary (reservations), Oct. 6.
- Main Show, Turning Point Gallery, Oct. 7.
- 410 Lobby & Gallery of Southern Village, Chapel Hill, Oct. 8.

ANIMATION & FINE ART EXHIBITION: "Picasso & Matisse—Artistic Titans": Animation & Fine Art Galleries, University Mall, Chapel Hill; Oct. 14-Dec. 31. Call 919-968-8008 or www.animationandfineart.com

10TH ANNUAL POP ART SHOW: Animation and Fine Art Galleries, University Mall in Chapel Hill; (Opening Reception Nov. 11) thru Dec. 8. Contact 919-968-8008 or www.animationandfineart.com

EVENTS AT ARTSPACE: Artspace, Raleigh; Contact 919-821-0383 or www.artspace.org:

- **JEFF PENDER—THE HALL OF GUARDIANS:** An Installation incorporating light and sound; Artspace Upfront Gallery; Oct. 7-29.
- **GUSTOV DE LOS RIOS—NEW WORKS:** Paintings; Artspace, Lobby; Oct. 7-29.



Knot III by Gustavo de los Rios will be part of his "New Works" exhibition opening Oct. 7 at Artspace, Raleigh

- **PHIL MOODY—TEXTILE TOWNS:** A Collection of stories, impressions, photographs and artifacts from the textile communities of the Carolinas; Artspace, Gallery 2; Oct. 15-Nov. 4.

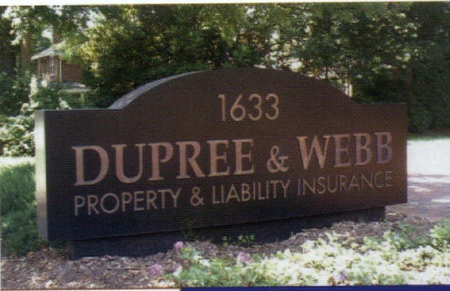
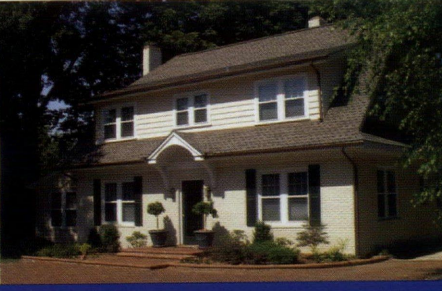
EVENTS AT DURHAM ARTS COUNCIL: Contact 919-560-2719 or www.durhamarts.org:


- **SMALL TOWN AMERICA:** Photography by Mary Haggerty; Allenton Gallery, Main Level; thru Oct. 23.
- **CLASSIC OILS:** Oil paintings by Lisa Cook; Semans Gallery; Upper Level; thru Oct. 23.

EVENTS AT NCSU GALLERY OF ART & DESIGN: Raleigh; Contact 919-515-3503 or www.ncsu.edu/grad

- **WAR IN SHADOWS AND LIGHT—PHOTOGRAPHS BY CHRIS HONDROS:** Iraq War images; thru Oct. 6.
- **RICK BECK—FORM:** Large scale, glass sculptures; (Reception Oct. 13) thru Oct. 30.

POCOSIN ARTS—THE FIRST TEN YEARS: Many works will be offered for sale; The Art Gallery at Roanoke

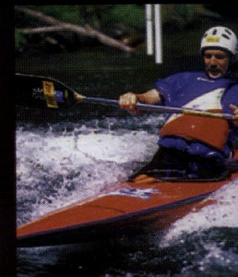
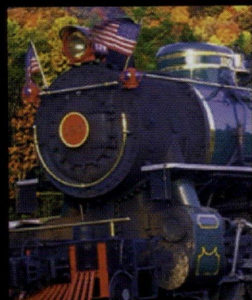
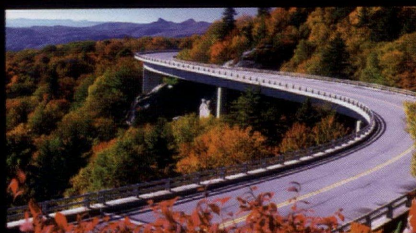





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Festival Park, Manteo; (Opening Reception Nov. 6) Nov. 1-Dec. 30. Contact 252-475-1500 or www.roanokeisland.com.

CLASSICAL

ECU SYMPHONY ORCHESTRA: Wright Auditorium, ECU; Oct. 6. Contact 252-328-6851 or www.ecu-arts.com.

DVORAK'S NEW WORLD SYMPHONY: International acoustic collaboration from 10 countries, accompanied by Duke Symphony Orchestra; Page Auditorium Duke University, Durham; Oct. 16. Contact: 919-685-4444 or www.durhamsymphony.org.



The Raleigh Chamber Music Guild will present the Eroica Trio as the first concert in their Masters Series on Oct. 16 in the Fletcher Opera Theater, Progress Energy Center, Raleigh

EROICA TRIO: Opens the Raleigh Chamber Music Guild's 2005-06 Master Series; Fletcher Theater, Progress Energy Center Raleigh; Oct. 16. Contact 919-821-2030 or www.rcmg.org.

GERMANE GERMANS CONCERT: Duke Symphony

Orchestra performs works by various German composers, Harry Davidson, conductor; Baldwin Auditorium, Duke University; Oct. 19. Contact 919-660-3300 or www.duke.edu/music.



A tense scene from *Opera Verdi Europa*, an operatic interpretation of Shakespeare's *Macbeth*, on stage in ECU's Performing Arts Series, Oct. 20, at Wright Auditorium, Greenville

GIUSEPPE VERDI'S MACBETH: *Opera Verdi Europa*; Wright Auditorium at ECU, Greenville; Oct. 20. Contact 1-800-ECU-ARTS or 252-328-4788

RALEIGH BOYCHOIR FALL CONCERT: Choral Music for "Sacred Places"; Hayes Barton United Methodist Church, Raleigh; Oct. 23. Contact 919-881-9259 or www.raleighboychoir.org.

FOUR SEASONS CHAMBER MUSIC FESTIVAL—CHAMBER MUSIC MOMENTS: A.J. Fletcher Recital Hall at ECU, Greenville; Oct. 28. Contact 252-328-6851 or www.ecuarts.com.

BEETHOVEN'S NINTH SYMPHONY: Performed by the UNC Symphony Orchestra and Choirs, part of the William S. Newman Artists Series; Memorial Hall, UNC campus at Chapel Hill; Oct. 28. Contact 919-962-1039 or www.unc.edu/depts/music.

MY SOUL SINGS: North Carolina Master Chorale;

Sacred Heart Cathedral, Raleigh; Oct. 29. Contact 919-856-9700.

EVENTS AT DUKE UNIVERSITY DEPARTMENT OF MUSIC: Durham; 919-684-4444 or www.tickets.duke.edu or www.duke.edu/music.

• **DUKE UNIVERSITY STRING SCHOOL:** Dorothy Kitchen director; Baldwin Auditorium; Oct. 8.

• **ENCOUNTERS WITH MUSIC OF OUR TIME:** With Ciompi Quartet; Nelson Music Room; Oct. 15.

• **DUKE SYMPHONY ORCHESTRA WITH JOSEPH ROBINSON, OBOE AND ERIC PRITCHARD, VIOLIN;** Special Guest, Joseph Robinson is the newly-retired principal oboist of the NY philharmonic; Baldwin Auditorium; Oct. 19.

• **PARENTS WEEKEND CONCERT:** Duke Chorale, Duke Symphony Orchestra, and Duke Wind Symphony; Duke Chapel; Oct. 22.

• **OLIVER LATRY:** Organ Recital; Duke Chapel; Oct. 30.

EVENTS AT MEREDITH COLLEGE: Raleigh; Contact 919-760-2840 or www.meredith.edu/calendar.

• **FALL CHORAL CONCERT:** Jones Chapel; Oct. 16.

• **RALEIGH SYMPHONY ORCHESTRA CLASSIC CONCERT MUSICAL HEROES—BEETHOVEN'S THIRD SYMPHONY:** Jones Auditorium; Oct. 23. Contact 919-546-9755.

• **MOZART ON MONDAYS:** Carswell Concert Hall; Oct. 24.

POP MUSIC

TIFT MERRITT: performing in support of her Grammy-nominated album *Tambourine*; Memorial Hall, Chapel Hill; Oct. 7. Contact 919-843-3333 or www.tiftmerritt.com.

DOYLE LAWSON & QUICKSILVER: High-end bluegrass show, season opener in PineCone's 2005-2006 Down-Home Series; Meymandi Concert Hall, Progress Energy Center, Raleigh; Oct. 7. Contact 919-

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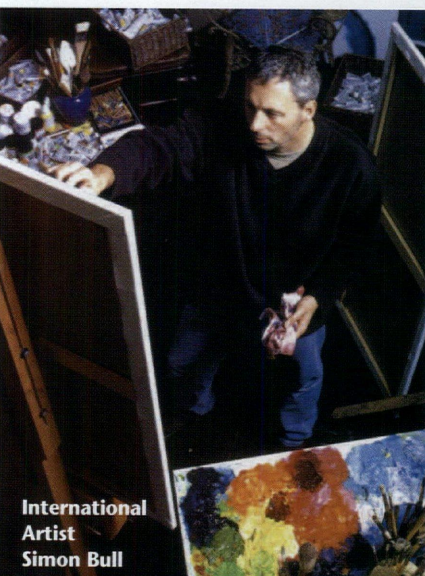
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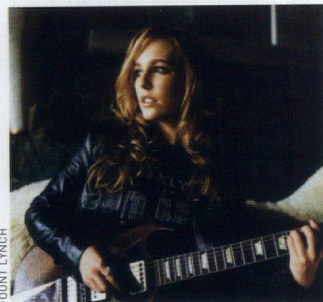
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831-6060 or www.pinecone.org.

THE GUESS WHO WITH WONDERWALL: Historic Carolina Theatre, Greensboro; Oct. 7. Contact 336-333-2605 or www.carolinatheatre.com.

MUSIC SERIES AT HORIZON CELLARS: Fine music and award winning wines; Horizon Cellars, Siler City; Oct. 8, 22 & Nov. 3, 19. Contact 919-742-1404 or www.horizoncellars.com.

UMPHREY'S MCGEE: Lincoln Theatre, Raleigh; Oct. 17. Contact 919-821-4111 or www.umphreys.com.



Tift Merritt, popular recording artist and Raleigh native, will perform on Oct. 7 at Memorial Hall, Chapel Hill

GUEST RECITAL: AMERICAN MUSIC FOR THE GUITAR: Joe Pecoraro; Meredith College, Carswell Concert Hall; Oct. 21.

WEST END MAMBO: Nine-piece band performance and professional Latin Dance instruction—also, food, wine and beer available; Fearington Barn, Fearington Village; Oct. 30. Contact www.westendmambo.com.

EVENTS AT BYNUM GENERAL STORE: Carrboro; Contact 919-542-1858 or www.carrboro.com/bynummusic:

- **BROWN MOUNTAIN LIGHTS;** Oct. 7.
- **THE SHELBY'S;** Oct. 14.
- **THE PARSONS;** Oct. 21.
- **ISAAC AKERS & FRIENDS;** Oct. 28.

EVENTS AT THE ARTSCENTER: Carrboro. Contact 919-929-2787.

- **MICHAEL PENN;** Oct. 12
- **ERIC REED TRIO;** Oct. 14.
- **JOE WOODSON, THE RIGHT PLACE:** CD Release Celebration; West End Theater, Oct. 15.



The Biscuit Burners will debut their first CD, *A Mountain Apart* in a concert of mountain and bluegrass music on Oct. 21 at ArtsCenter in Carrboro

- **THE BISCUIT BURNERS, A MOUNTAIN APART:** CD Release Party; Oct. 21.
- **CHERYL WHEELER WITH KENNY WHITE:** Oct. 28.

DEF LEPPARD & BRYAN ADAMS: Alltel Pavilion, Walnut Creek, Raleigh; Oct. 15. Call 919-834-4000 or www.cellardoor.com.

LCD JAZZ JUNE: Presented by Jade Entertainment Group; Carolina Theatre, Durham; Oct. 20. Contact 919-434-7564 or www.carolinatheatre.org.

DUKE JAZZ, DUKE DJEMBE & AFRO CUBAN ENSEMBLES: Baldwin Aud., Duke University, Durham; Oct. 21. Call 919-660-3333 or www.duke.edu/music.

GANGBE BRASS BAND: Beninese ensemble, PineCone's second show of Down-Home Series; Fletcher Theater, Progress Energy Center for the Performing Arts; Oct. 27. Contact 919-831-6060 or www.pinecone.org.

APPLE LASSIE RAG & JAZZ CLUB: Headlined by Celine Berman and Jazztrack; Rag Apple Lassie Vineyards, Boonville; Oct. 28. Contact 1-866-ragapple or www.ragapplelassie.com.

BILL CHARLAP TRIO: Stewart Theatre, NC State University; Oct. 29. Contact 919-515-1100 or www.ncsu.edu/arts.

CHRIS BOTTI WITH SOLOIST JEANNE JOLLY: Well-known Jazz trumpet soloist has chosen Raleigh native Jeanne Jolly as featured vocalist for his East Coast tour, Oct. 26-Nov. 6; tour will appear at Carolina Theatre, Durham; Nov. 2. Contact 919-560-3040 or www.carolinatheatre.org.

STAGE & SCREEN

GREASE: Presented by NC State University Theatre continues at Stewart Theatre, NC State Campus; Oct. 1 & 2. Contact 919-515-1100 or www.ncsu.edu/arts.

THE CRUCIBLE: Presented by Act! For Youth and The Arts Council of Wilson will continue at the Boykin Center, Wilson; Oct. 1 & 2. Contact 252-291-4329 or www.wilsonarts.com.

JULIUS CAESAR & AS YOU LIKE IT: Presented by the NC Shakespeare Festival; Progress Energy Center for the Performing Arts, Raleigh, Oct. 4-9. Call 919-834-4000 or visit www.ncshakes.org.

PLAYMAKERS REPERTORY COMPANY PRESENTS THE FRONT PAGE: Ben Hecht and Charles MacArthur's feisty classic comedy opens 30th anniversary season for Playmakers; Center for Dramatic Art, Chapel Hill; Oct. 5-30. Contact 919-962-7529 or www.playmakersrep.org.

LONG LEAF OPERA PRESENTS TWELFTH NIGHT: Operatic version of the Shakespearean play; Carolina Theatre, Durham; Oct. 6-9. Call 919-560-3030.

THE PAJAMA GAME: Based on 7 ½ Cents by Richard Bissell, rated PG; Presented by ECU/Loessin Playhouse; McGinnis Theatre, ECU; Oct. 6-11. Contact 252-328 6829 or www.ecuarts.com.

AMBER BROWN IS NOT A CRAYON: Musical based on best-selling series by Paula Danziger; Wright Auditorium, ECU, Greenville; Oct. 8. Contact 1-800-

ECU-ARTS or www.ecuarts.com.

A RIGHT TO CARE: Sarah Jones performs a one-woman piece commissioned by the W.K. Kellogg Foundation; Stone Center Theatre, Chapel Hill; Oct. 13. Contact 919-962-9001.

LES DEUX MONDES, THE TALE OF TECKA: A story of survival performed by Les Deux Mondes, celebrated theatre company; Stewart Theatre, NC state University; Oct. 13. Contact 919-515-1100 or www.ncsu.edu/arts.

AN EVENING OF CAROLINA VOICES CONCERT & GALA: Concert of Operatic Favorites featuring internationally renowned and emerging talents rooted in NC; Meymandi Concert Hall, Raleigh; Oct. 21. Contact 919-859-6180.

SEUSSICAL: Presented by Cape Fear Friends of the Fine Arts; Ellis Theater, Campbell University; Oct. 21-29. Contact 910-893-1509 or www.campbell.edu.



BLITHE SPIRIT BY NICOLE COWARD: Kennedy Center American College Theatre Festival Participating Entry; Meredith College Studio Theatre, Jones Hall; Oct. 30. Contact 919-760-2840 or www.meredith.edu/calendar.

AGON: Presented by Carolina Ballet; BTI Center, Raleigh; Oct. 27-Oct. 30. Contact 919-719-0900 or www.carolinaballet.com.

THE PARSONS DANCE COMPANY: Energetic performance featuring new pieces and classics; Stewart Theatre, NC State University; Nov. 3. Contact 919-515-1100 or www.ncsu.edu/arts.

MUSEUMS

ORANGE COUNTY HISTORICAL MUSEUM FUNDRAISER: Yard sale, proceeds to benefit museum; Orange County Museum, Hillsborough; Oct. 8. Contact 919-732-2201 or www.orangecounty-museum.org.

A.C. OVERTON—MUSIC OF THE CAROLINAS SERIES: Presented by the NC Museum of History, traditional fingerstyle banjo playing of A.C. Overton; Daniels Auditorium, NC Museum of History, Raleigh; Oct. 9. Contact 919-807-7900 or www.pinecone.org.

HILLSBOROUGH ALLIANCE SCHEDULES HISTORY FUN DAYS FOR STUDENTS: Teachers to bring their classes to explore rich heritage of historic Hillsborough including visits to historic sites and interactive activities; Oct. 18 & Nov. 19. Contact www.historichillsborough.org or 919-732-7741.

EVENTS AT NASHER MUSEUM OF ART: Duke University, Durham; Contact 919-684-5135 or www.nasher.duke.edu:

- **THE EVOLUTION OF THE NASHER COLLECTION:** An Exhibition featuring Rodin, Picasso, Matisse, and more; Oct. 2 thru May 21.
- **THE FOREST—POLITICS, POETICS AND PRACTICE:** A contemporary international show; Oct. 2 thru Jan 29.
- **EIKO AND KOMA:** Japanese dance artists perform outdoors; Oct. 19-20.
- **ANNE HIGGONET:** Professor of art history at Columbia University discusses Isabella Stewart Gardner, the great art collector; Oct. 23.
- **JUDY CHICAGO:** Lecture & reception with artist & feminist; Oct. 26.
- **FAMILY DAY:** Entertainment, make-and-take crafts, family tours and activities to complete the exhibition "Forest: Politics, Poetics and Practice"; Oct. 30.

EVENTS AT THE NC MUSEUM OF NATURAL SCIENCES: Raleigh. Contact 919-733-7450 ext. 304 or www.naturalsciences.org.

- **DISCOVERING CHIMPANZEE: THE REMARKABLE WORLD OF JANE GOODALL:** Oct. 15-Jan. 10.
- **CHEMISTRY DAY:** "The Joys and Toys of Chemistry" the American Chemical society joins the Museum to conduct a variety of activities throughout the day; Oct. 22.
- **NATURAL HISTORY HALLOWEEN:** Halloween celebration for kids ages 2-12, costume contest; Oct. 29.

EVENTS AT THE LOUISE WELLS CAMERON ART MUSEUM: Wilmington; Contact 910-395-5999 ext. 1005 or www.cameronartmuseum.com.

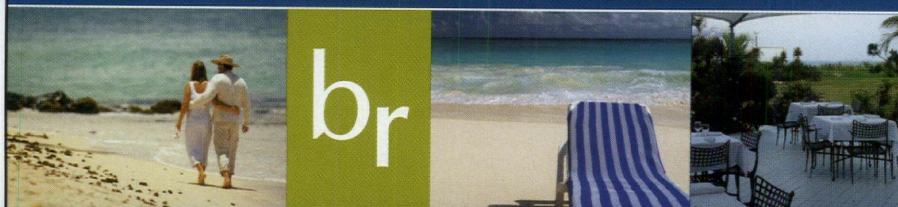
- **THE ELEMENTS:** Thematic reinstallation of the museum's permanent collection; C. Reynolds Brown Wing; thru Feb. 12.
- **FROM MEMORY—MAUD GATEWOOD:** Samuel Hudson Hughes Wing; (Reception Oct. 20) thru Feb. 19.
- **ARTISTSPEAK! WITH HARRY DAVIS, PAINTER:** Informal conversation series, local artists in galleries discussing their work. Families welcome; Oct. 2.
- **MUSICPLAYS! WITH ROGER DAVIS TRIO:** Jazz interpretations & world rhythms; Oct. 14.
- **DOROTHY GILLESPIE—REFLECTIONS:** Sculpture installation; Museum's Sculpture Court and Pond; (Opening Reception Oct. 20) Oct. 21-Feb. 19.
- **GUEST COLLECTION—BATTLESHIP NORTH CAROLINA:** Rare collection of naval presentations and other artifacts on loan from the battleship NORTH CAROLINA; lecture by Mei Chin, Oct. 21.

SHOWS AT MOREHEAD PLANETARIUM AND SCIENCE CENTER: Chapel Hill; Contact 919-962-1236 or www.morehead-planetarium.org:

- **SCAR-O-LINA SKIES:** Featuring Halloween-themed ancient sky legends;

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- **CAROLINA SKIES, EXTINCTION!, EXTREME WEATHER, MAGIC TREE HOUSE SPACE MISSION, AND SOLAR SYSTEM ADVENTURE;** all thru Nov.13.
- **SCIENCE LIVE—**Demonstration Program thru Nov. 13
- **MIRACLE VENOM, STORMTRACK 2005, AND WEIRD NATURE;** Movies playing thru Nov. 13.

EVENTS AT THE NC MARITIME MUSEUM: Beaufort; Contact 252-728-7317 or www.ncmm-friends.org:

- **DESIGNING COASTAL WATERCOLORS:** Features the works of Frank Webb and some of his students; (Opening Reception) Oct. 30, Oct. 29-Jan. 15.
- **BOATSHOP BASH:** Evening Party with Tall Ships theme; Watercraft Center; Nov. 5.
- **SPEAKERS SERIES:** Jim Bunch of Kill Devil Hills presents his book *U-85, A Shadow in the Sea* and a book signing; Oct. 12.

SPORTS & RECREATION

NC BASS FEDERATION TOURNAMENT: Pembroke Fishing Center, 802 West Queen Street, Edenton; Oct. 6-8. Call 252-482-5343.

ATLANTIC BEACH SURF FISHING TOURNAMENT: Annual fishing tournament sponsored by the Town of Atlantic Beach and Carteret County Chamber of Commerce; Oct. 7-9. Contact 252-726-6350.

DRUM INLET KING MACKEREL TOURNAMENT: Town Creek Marina, Beaufort; Oct. 7-8; Contact 252-225-8471.

7TH ANNUAL CYCLE NORTH CAROLINA: 1200 Cyclists touring Tar Heel State, 462-mile route of back-roads to conclude weeklong odyssey at End-of-the-Ride Celebration; Battleship Park, Wilmington. Oct 8. Contact 910-341-4030 or www.gocapefearcoast.com

2ND ANNUAL HEAD OF THE CAPE FEAR ROWING REGATTA: US Rowing Sanctioned Event and only head race in the Carolinas to bring more than 500 rowers from across the Southeast; Water Street, Downtown Wilmington; Oct. 15; Contact 1-866-266-9690 or www.gocapefearcoast.com.

SPECIAL OLYMPICS NORTH CAROLINA FALL GAMES—VOLUNTEERS NEEDED: Returning for 5th year to Winston Salem, High Point, and Kernersville. More than 1200 athletes will compete in bocce, bowling, cycling, golf, roller skating, soccer and tennis.

POTPPOURRI

18TH ANNUAL SCULPTURE IN THE GARDEN EXHIBIT: features outdoor sculptures by at least 20 North Carolina artists; The North Carolina Botanical Garden, Chapel Hill; (Artists Reception Oct. 16) thru Nov. 19. Contact 919-962-0522 or www.ncbg.unc.edu.

FARM TOUR: Tickets & maps at Newbold-White House, Hertford; Oct. 1-2. Contact 252-426-7567.

TRAIN RIDES—NEW HOPE VALLEY RAILWAY: Industrial Archeology Exhibition; Oct. 2 and Nov. 6; Trains leave at 11a.m., 12:15, 1:30, 2:45, and 4 p.m.; also Halloween trains, Oct 29; Contact 919-362-5416 or www.nhvry.org

SAHEIR HAMMAD: Artist-in-residence; Sonja Haynes Stone Center at UNC, Chapel Hill; Oct. 4-7. Contact 919-962-9001

ASTRONOMY VIEWING SESSIONS: Jordan Lake State Recreation Area, Apex; Oct. 8, Nov. 5, and Dec. 5. Contact 919-515-3132 or www.ils.unc.edu/parkproject/visit/jord/home.html.

FRIENDS OF THE ARBORETUM ANNUAL PLANT DISTRIBUTION: JC Raulston Arboretum, Raleigh; Oct.8. Contact 919-515-3132 or www.ncsu.edu/jcraulstonarboretum/calendar/calendar.php.

EXPOSURE TIME: 30-minute photo sessions with national photographers shooting in black and white, a fundraiser for the North Carolina Contemporary Art

Museum; 409 West Martin Street, Raleigh; Oct. 8-9. Contact 919-836-0088 or www.camnc.org.

KARAMU 2005 AFRICAN CELEBRATION: Sponsored by Africa Education Project; Durham School of the Arts, Durham; Oct. 15. Contact www.africaeducationproject.org/karamu.htm

THE WISE CRACKS: A performing collective for women beyond middle age; Debut of 'pick-up' company of older women including dance, improvisation, storytelling, poetry and song; Wellness Partners in the Arts, Durham; Oct. 15. Contact 919-732-1640 or www.wpadurham.com.

NEW BERN AT NIGHT GHOST WALK: Ten Historic Homes, Cedar Grove Cemetery, churches & public buildings included on tour; New Bern; Oct. 20-22. Call 252-638-8558 or www.newbernhistorical.org.

ANTIQUE SHOW AND SALE: sponsored by the James Iredell Association and the Edenton Historical Commission; American Legion Building, West Queen Street, Edenton; Oct. 28-30. Call 252-482-8604.

FABULOUS FASHION: Greensboro's Alumnae of Delta Sigma Theta Sorority Inc. sponsor the 48th annual Ebony Fashion Show; Historic Carolina Theatre, Greensboro; Oct. 29. Contact 336-333-2605 or www.carolinatheatre.com.

CHAPEL HILL WINE COMPANY: Free Halloween Chocolate & Wine Tasting—items for sale, discounts for costumed customers; Oct. 29. Call 919-968-1884.

FALL FESTIVALS

CHAPEL HILL FESTIFALL STREET FAIR: Enjoy fall in Chapel Hill at the 33rd Annual Festifall Arts & Crafts Street Fair; West Franklin Street, Chapel Hill; Oct. 2. Contact www.festifall.com

NORTH CAROLINA SEAFOOD FESTIVAL: Continues on the Morehead City waterfront with seafood, music, entertainment and traditions that surround commercial fishing; Downtown Waterfront, Morehead City; Oct. 1-2. Contact 252-726-6273 or www.ncseafoodfestival.org.

1ST ANNUAL RAY PRICE CAPITAL CITY BIKE FEST: NC's first major downtown bike rally and music festival; Moore Square, Downtown Raleigh; Oct. 7 & 8. Contact 919-832-2261 or www.rayprice.com.

THE SHAKORI HILLS GRASSROOTS FESTIVAL: Featuring more than 50 bands, crafts, food, children's activities and more; Silk Hope, NC; Oct. 6-9. Contact 919-542-8142 or <http://www.shakorihills.org/>

MUMFEST: Thousands of chrysanthemums; Tryon Palace, New Bern; Oct. 7-9. Contact 252-514-4900 or www.tryonpalace.org.

• **HERITAGE PLANT SALE:** Unique, rare & historic plants for sale; Oct. 7-8.

• **CIVIL WAR ENCAMPMENT:** Oct. 7-8.

• **MR. PUNCH MEETS GOVERNOR TRYON:** Historical Punch & Judy puppet show; Oct. 8.

• **GARDEN LECTURE:** Oct. 8.

RAGAPPLE LASSIE CRAWL FESTIVAL: Showcasing The Wallers! grape stomping, arts, crafts, food and music; Rag Apple Lassie Vineyards, Boonville; Oct. 8. Contact 336-367-6000 or www.ragapplelassie.com.

NC STATE FAIR: Whole family entertainment—a new Exhibition Center, FOOD, concerts, FOOD, 110 to 120 midway rides, FOOD, general merrymaking & more bathrooms than ever before; NC State Fairgrounds, Raleigh; Oct. 14-23. Contact 919-821-7400 or www.ncstatefair.org.

WORLD ARTS FESTIVAL AT THE CARRBORO ARTSCENTER: A showcase of World music and culture events thru Nov. 18. Contact 919-929-2787. www.artscen-terlive.org

• **RAJAMANI AND JAAFAR:** Oct. 7.

• **TANNAHILL WEAVERS:** Oct. 8.



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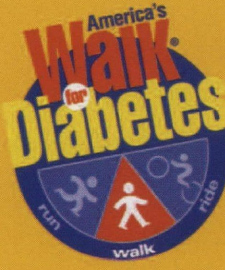
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• **NEGO GATO MUSIC & DANCE ENSEMBLE:** Oct. 29 & Nov. 3.

• **PADDY KEENAN & PATSY O'BRIEN:** Nov. 5.

• **CROSS CREEK WINE & MUSIC FESTIVAL:** Wine, Food & Music on the Cape Fear River Front; Campbellton Landing Stage, Riverside Marina; Fayetteville; Oct. 8. Contact 910-323-4233 or www.cfrrt.org.

• **12TH ANNUAL PLEASURE ISLAND SEAFOOD, BLUES & JAZZ FESTIVAL:** More than a dozen local and regional jazz bands join headline act—Atlanta Rhythm Section; Fort Fisher Air Force Recreation Area, Kure Beach; Oct. 8-9. Contact 910-458-8434 or www.pleasureislandchambernc.org.

• **NEW BERN JAZZ FEST:** Jazz Preservation Society of New Bern to hold second annual Jazz and Blues Fest; New Bern Riverfront, New Bern; Oct. 21-22. Contact 252-634-3261 or newbernjazzandbluesfest.com.

• **3RD ANNUAL ESCAPISM FILM FESTIVAL:** Carolina Theatre, Durham; Oct. 21-23. Contact 919-560-3040 or www.carolinatheatre.org.

• **PUMPKIN FEST AT FEARRINGTON:** Dozens of elaborately carved jack-o-lanterns and evening events including spooky storytime and hay-bale maze; Fearrington Village, Chapel Hill; Oct. 28-31. Contact www.fearrington.com.

• **THE CAPE LOOKOUT ALBACORE FESTIVAL:** Release-only fishing event that provides conventional and fly fishers an opportunity to experience the Cape Lookout area; Radio Island Marina, Morehead City; Oct. 28-29. Contact 252-726-3773 or www.calf.org.

• **THE CAROLINA KITE FEST:** Two days of kite-flying demos and activities held on the beach; A Place at the Beach Condos, Atlantic Beach; Oct. 29-30. Contact 252-247-7011.

• **TWEETSIE GHOST TRAIN HALLOWEEN FESTIVAL:** 15th season of family fun on Tweetsie Railroad's ghost train—runs every Friday & Saturday night; Blowing Rock; thru Oct. 29. Contact 1-877-TWEETSIE or www.tweetsie.com.

• **7TH ANNUAL NC STORYTELLING FESTIVAL:** Professional storytellers gather for this festival sponsored by the North Carolina Storytelling Guild and Roanoke Island Festival Park; The Film Theatre, Manteo; Nov. 5. Contact 919-475-1500 or www.roanokeisland.com. **MM**

Our thanks to Cyndi Akers, Mary Younger for their assistance with MetroPreview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.

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PUTTIN' ON THE RITZ DOWN EAST

Thousand-six is going to be a banner year for partying Down East, so, guys, check right now and see if you can still get into that tux. The high-step-pin' outfit I love most—a vintage, wide-lapel, tuxedo that I bought in a consignment shop a quarter-century ago—is serviceable, but extremely snug. If—and that's

ago. In 1898, Mrs. Lambeth went to live with her grandmother, Mary Francis Spruill Davis, at Westmoreland plantation, "Way down yonder on the Pasquotank where the bullfrogs jump from bank to bank." Her grandmother was the daughter of legendary Gen. Hezekiah G. Spruill whose statue is in the town of Columbia

that read, "M. and M. Will H. Davis, Will receive their friends, On the Evening of the 8th of Jan., 1857."

"There were constant supper parties at Westmoreland during my childhood," Mrs. Lambeth allowed. "If there was an unusual crowd, there was often served ... a young suckling pig with a red apple in his mouth. At the other end [of the table] there would be a turkey. Favorite desserts were ambrosia (the fruit of the gods) and syllabub, which was a thin cream, whipped and dashed with brandy."

And libation? Oh, yes. "In those days the wines and brandies were made in the homes. There was a Scuppernong grapevine at Westmoreland, which covered half an acre. In my grandmother's home, there were always fruit cake and wine ready to pass to any callers."

Because of the grand style of today's balls and, consequently, the amount of planning involved, none of them are annual events. So it is remarkable that in 2006 there will be revelry through the night in Murfreesboro, Windsor and Tarboro.

Susan Alston at the Murphreesboro Historical Association sent me a brief email saying the Lafayette Ball is scheduled for Saturday, Feb. 18. "We are beginning to get mailing lists together now and plan to send out a 'Save-the-Date' postcard or letter soon."

The Lafayette Ball commemorates the visit of Gen. Lafayette to Murfreesboro. Citizens of the community organized a reception, dinner and ball on Feb. 25, 1825, to honor the French hero of the Revolutionary War. But bad weather intervened, Lafayette was detained, and the ball was canceled. In 1973, the Murfreesboro Historical Association staged the Lafayette Ball as a fundraising device. Unfortunately, the general missed it again, but guests had a grand time and established a tradition.

I confess I have never received an invitation. Perhaps my long-time friend, Judge David Beard, who grew up in Raleigh, will



Bracebridge Hall (c.1826) in Edgecombe County near Tarboro. Home of former Gov. Elias Carr and site of the 2006 Arts Are Blooming Ball.

a very big if—I can squeeze into it, its wool fabric may not be too toasty for the Lafayette Ball in Murfreesboro in February and the Hope Ball at Hope Plantation in October, but it would be hotter than a two-dollar pistol at the April 29, Arts Are Blooming Ball, in Tarboro. My new rig of a more generous cut will have to do service at this spring soirée to raise money for arts programs in the Edgecombe County schools.

We always take partying seriously in eastern North Carolina. I was reminded of this recently while reading Mary Weeks Lambeth's *Memories and Records of Eastern North Carolina*, published almost 50 years

in Tyrrell County.

"I have heard my grandmother speak of one big party they gave in honor of Uncle Ned when he was at home from the University of North Carolina," Mrs. Lambeth said. "The turkey (not chicken) salad was made in washtubs, and the cakes and confections were ordered from Baltimore. And oh! The agony for fear they might not arrive in time. The guests came by horses and carriages from all the adjoining counties, had supper, danced all night, had breakfast and returned home the next day."

Today we issue elaborate invitations. By contrast, the invitation to this event in the Albemarle was a simple card with a border

use his considerable influence on my behalf.

Although its ball is still a year way, Hope Plantation is looking at dates in October 2006 and has begun planning. The Hope Ball undoubtedly will live up to its tradition of fancy dress, spirited music, good food, plentiful libation and lavish decoration. This event casts its net widely, as in the old days described by Mrs. Lambeth, and has become a sort of homecoming for Bertie and Albemarle diaspora. It is always an exuberant gathering.

Bettie Freshwater Pool in her 1915 book, *Literature in the Albemarle*, said, "The Albemarle section has produced many gifted people; people of brains; of literary talent, and of genius—great people—some who once shone, some who still shine, like brilliant stars in the firmament of the Old North State." Right on, Miss Bettie. Those "who still shine" will all be in Windsor at the Hope Ball next October.

Now to Tarboro for the Saturday, April 29, Arts Are Blooming Ball sponsored by the Edgecombe County Cultural Arts Council on the grounds of historic Brace-

bridge Hall (c.1826), home of Gov. Elias Carr.

I learned something about the name Tarboro from my recent reading of *Nonnulla: Memories, Stories, Traditions, More or Less Authentic*, published in 1930 by Bishop Joseph Blount Cheshire, a figure of legendary proportions among Episcopalians in the North Carolina Diocese. The book is a treasure trove of eastern North Carolina history and lore.

Bishop Cheshire, the great grandfather of Joseph B. Cheshire V, the extraordinary Raleigh trial attorney, said of the town we now call Tarboro, "I first remember the name of the town as 'Tawborough,' stamped on the back of envelopes in canceling the postage stamps [In our eastern accent, it often still comes out Tawborough]. My uncle, Governor Henry T. Clark, used this spelling, and I used it myself for a good many years." I am not sure how we got from Tawborough to Tarborough to Tarboro, however. Perhaps you can tell me.

If Bishop Cheshire, who was both a minister and an attorney, were still around,

he probably would snap his braces and tell you about his great, great, grandson, Joseph B. Cheshire VI, son of the famous Raleigh attorney and successful Wilmington filmmaker whose younger brother John Cheshire is the god-son of My Usual Charming Self. His company, DigitalWunderland, makes surfing videos—"the best surfers in the best waves"—which are found in surf shops and sporting goods stores throughout the world.

Regardless of whether it's Tawborough, Tarborough, or Tarboro, the county seat of Edgecombe County is going to have a big weekend in April 2006. Co-Chairs Bill Bourne—great, great, great grandson of Gov. Clark—and Rocky Mount attorney, Sharon Britt, wife of District Court Judge, John Britt, will see to that—along with the Band of Oz, which is already booked. The party will be under a huge tent on the lawn of historic Bracebridge Hall and open to guests—one of the few times in its almost 200-year history.


The stellar Arts Are Blooming planning committee includes insurance executive Bernice Pitt; Ann Boone Urquhart, cousin of Gen. Hugh Shelton (Bring him to the ball, Ann!); Kim Tolson Gregory, daughter of Secretary of Revenue, Norris Tolson; Susan Moore; Ginny Mohrbutter; Joe White, who lives at historic Myrtle Grove plantation; Lloyd Owens; Frances Smyth; Courtney Pitt; Roberta Cashwell, who recently returned to Tarboro from New York; and Sherry Alligood, owner of the popular Tarboro women's clothing boutique, Wild Hare.

I am reminded of a conversation my friend Nick Weaver had years ago with the late Chief Justice R. Hunt Parker. Nick saw Judge Parker at the old Sir Walter Hotel and commented on the fact that after decades of driving only Cadillacs, the Judge was driving a new, black Lincoln.

"Yes," said Judge Parker indignantly, "Everybody, BUT EVERYBODY, now has a Cadillac."

Well, between you and me, everybody, BUT EVERYBODY, will be at the Down East balls next year, all of which benefit great causes. I am asking for a new tux shirt for Christmas. (Yep, it's right around the corner.) 17 X 32/33.

See you there. **MM**



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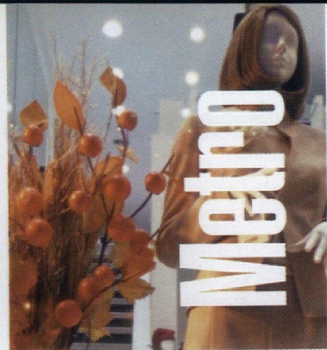
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Style

by Molly Fulghum Heintz

FALL SEASON COMPLEMENTS STRONG WOMEN

Fall 2005 collections feature many lady-like, feminine looks, but don't be deceived. This season is about strong women, not shrinking violets or damsels in distress. Even the most delicate details, such as lace, have backbone. The fashion vibe this season calls to mind some of our local female entrepreneurs, many of whom have achieved success at a remarkably young age with an old-fashion recipe of a good idea and lots of hard work. After a word about lace, we check in with Mary Phillips, one of these golden girls with a golden touch.

TREND: LACE UP

Last summer's sweet eyelet skirts and crocheted tops have given way to more sophisticated looks in lace for fall. Undisputedly romantic, lace isn't all hearts and flowers and enjoys quite a distinguished pedigree. Elizabeth I, one of the most powerful women in history, was particularly fond of lace and passed strict sumptuary laws governing who could wear it and how it could be worn. The cobweb-like material was one of the most expensive luxury goods available at the time. In the mid-16th century, lace meant power. This season lace is once again empowered through pairings with edgy silhouettes, animal

prints, tall boots and wide belts. A little lace adds a layer of texture to skirts or stands on its own in simple tanks that work perfectly under fitted velvet blazers. Lace trims some of the season's chic blouses and looks gorgeous in traditional white, ecru and the muted colors of fall: plums, browns and sea greens. DKNY's knee-length A-line skirt in garnet with a lace overskirt is the perfect low-key look for day, while a D&G sleeveless blouse with an over-the-top jabot or a gossamer black lace skirt from Michael Kors are evening show-stoppers.

DESIGNS WITH A WINK AND A SMILE

North Carolinian Mary Phillips turned two favorite hobbies—painting and collecting witty remarks and quotations—into a thriving business. While an ad exec at the *News & Observer*, she worked on the side as a self-taught artist, showing her paintings at the Visual Arts Exchange in Raleigh. One day the gallery asked if she could create hand-painted greeting cards they could sell in their gift shop—and the rest is history. The whimsical cards took on a life of their own, and soon boutiques and gift shops from the mountains to the beach were selling them.

One shop owner told Phillips that customers were buying her cards and framing

them to keep, advising Phillips to start selling the pieces pre-framed. And then a light bulb went on in Phillips' head. An English major and lover of words, since college she had kept a journal nearby to scribble down any phrase or remark she found clever: a quote from a book on Katharine Hepburn; a clever remark from a documentary on Audrey. As a group, she realized they all had a certain tone or "attitude" that spoke to the idea of empowering women. What if she could combine her cards with her quips? Phillips then sketched a sassy female character to accompany the quotes, and in July 2002 she showed her wares at a major gift show in Atlanta.

That fall she added cocktail napkins to the mix, printed with sayings such as "Life is too short to drink cheap wine" and "The difference between bonds & men? Bonds mature."

In January 2003, Phillips had to quit her newspaper job to fill the explosion of orders. By this point the line included magnets and notepads, and it has now expanded to coffee mugs and wineglasses, all boldly stating what people are thinking, but maybe just don't want to say out loud.

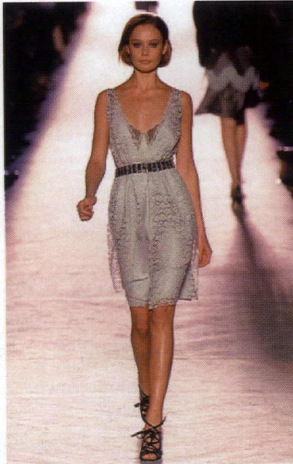
Her Black Label tank tops ("It's not me, it's you" and "I love therapy") have been photographed on the likes of heiress Paris



Chloé



D&G



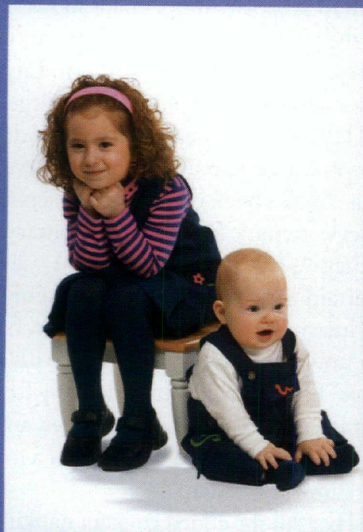
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LISA HENRY

Hilton and actress Teri Hatcher, and a new line of T-shirts, pajama pants and night-shirts are all going strong. Because her customers are mainly women, this year Phillips decided to focus her company's philanthropic efforts on a partnership with the

Susan G. Komen Foundation. Mary Phillips Designs commits a portion of the sales of the Pink Ribbon product line, which includes charming pink ribbon T-shirts, magnets and notebooks.

What advice does Phillips have for other

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A selection of available products.

would-be entrepreneurs? "If you are determined, and you have set your mind to do something, then you will do it—you have to do it. If it's something you're passionate about, then it's not work, it's energizing." Mary Phillips Designs are now sold at Nordstrom, the high-profile Fred Segal in LA, and Henri Bendel in New York as well as many local gift shops including, Charlotte's and The Party Shop in Raleigh's Cameron Village and NOFO in Wilmington. www.maryphillipsdesigns.com. **MM**

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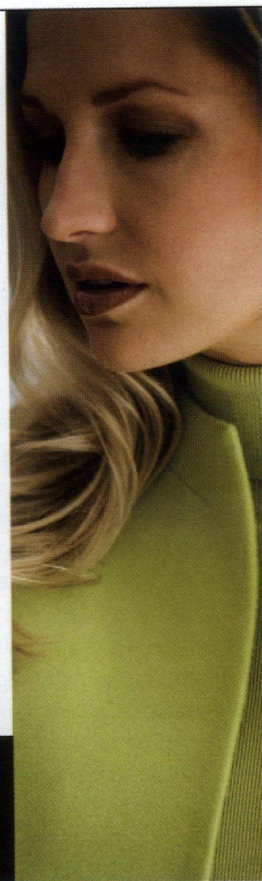
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31 FLAVORS OF DENIM

by Tricia Horatio

The fall yields a bounty of denim choices, something to suit everyone's individual taste. From Seven for All Mankind's Great China Wall jeans to the sass of the Old West brought to you by Antik Denim, designers of buzz-worthy jeans are taking ornamentation to new levels. Need help navigating the vast buffet of choices? *Metro* is here to help you decide which labels to put in your closet and where to find them.

If your denim diet leans toward the **basic**, but you want to stay on top of the details, try Rock & Republic's Roth Python pocket jean. This flared-leg version has just the right amount of embellishment in exactly the right place: the center of the signature *R* stitching on the rear pockets is black/tan python. Also try Joe's Socialite Zappa Gold jean with gold metallic embroidered back pockets.



Antik Denim

Rock & Republic Python-Pocket Roth Jeans, at Wardrobe; Joe's Socialite Zappa Gold, at Beanie & Cecil

An extra helping of bling, anyone?



Rock & Republic

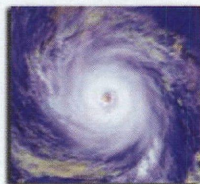
Look to Seven for All Mankind's Great China Wall jeans. With Swarovski crystal swirls and sunbursts on the front and back pockets, this jean makes detail glamorous.

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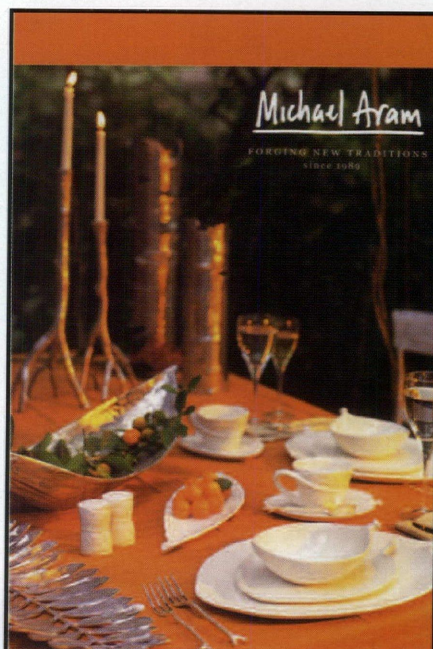


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FASHION NEWS

Sept 30th - Oct 1st: **Bailey's Fine Jewelry will host a Slane and Slane Trunk Show** with guest appearance by rep., Mackenzie Rowan featuring silver and 18k yellow gold; Raleigh. 919-829-7337

Oct 1st: The **Carolina Ballet and Saks Fifth Avenue will host a "Nutcracker Party"** (10am-7pm) with dancers in Nutcracker costumes from 4pm-7pm. Enjoy cocktails and hors d'oeuvres, fashion seminars and makeovers by Trish McEvoy makeup artists. A portion of Saks' proceeds will go to the Carolina Ballet; Saks Fifth Avenue, Raleigh. 919-782-9100

Lile's Clothing announces the grand opening events of the North Hills location to begin October 1st. Oct 13th: Reps from Martin Dingman, Ike Behar, LCS made to measure clothing will be in the store. Oct 27th: Reps from JB Hill Boots for men and ladies, Clint Arms Silversmith and Engravers and LCS couture line of made to measure clothing will be in the store; Raleigh. Call 919-870-5402

Oct 13th-15th: **Possibilities will host a Naot Shoes Trunk Show**; Cary. 919-460-1852

Oct 13th-15th: **Lark Home/Apparel will hold a trunk show featuring a new fall collection by Lisa Marcusson.** Under her label, Isabel, Lisa design pieces using batik on casual wear and yoga wear; Chapel Hill. 919-933-3902


Oct 14th and 15th: **Bailey's Fine Jewelry will host a John Hardy Trunk Show** featuring sterling silver and 18k jewelry with and without diamonds handmade in Bali; Raleigh. 919-829-7337

Oct 20th: **Main and Taylor will host a Stuart Weitzman Trunk Show.** This is the only Stuart Weitzman trunk show in the state. Customers can special order from the Spring, 2006 line including items not typically in the store; Raleigh. 919-821-1556

Oct 28th: **Mephisto will host a trunk show** with national sales reps to bring samples of next season's line for customers to preview. Customers will also receive a gift with purchase; Raleigh. 919-786-0206

Razook's invites customers to stop by the store to preview the new Holiday evening wear line; Raleigh, 919-833-6121

Oct 13th: **QUINTESSENTIALS will host a Michael Aram Trunk Show** and a two week trunk show with French Linens by **LE JACQUARD FRANCAIS** to begin October 21st; Raleigh, 919-785-0787 or 888-858-6944



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True Religion-Bobby Flared

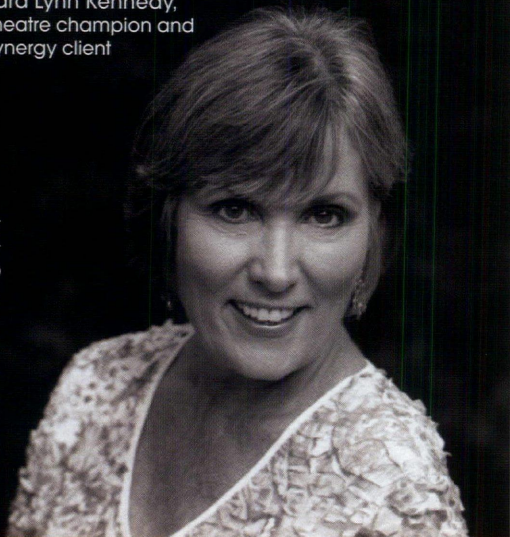
Also try Rock & Republic's Victoria Beckham pink crystal crown pocket jean.

Seven for all Mankind Great China Wall, at Uniquities and Saks Fifth Avenue; Rock & Republic Victoria Beckham Crystal Crown Pocket, at Wardrobe

If you're in love with all things Western, we recommend Antik Denim's hair-calf-pocket jean. The brown hair-calf trim on the left back pocket will make you

Sara Lynn Kennedy,
Theatre champion and
Synergy client


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Antik Denim, at Rouge

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True Religion's Joey Patch Woodstock jean, at Uniquities.

Crave a little whimsy? Consider True

Religion's Bobby flared jean. All of the fun is found on the back thanks to the fairies and butterflies that adorn the back left leg. Antik Denim's embroidered jean decorates both the front and back legs with floral and peacock embroidery. Also, try Chip & Pepper's Sweetheart Sorority-girl jean with yellow heart appliques on the back pocket

True Religion Bobby flared jean, Antik Denim embroidered jean, and Chip & Pepper's Sweetheart Sorority-girl jean, at neimanmarcus.com. MM

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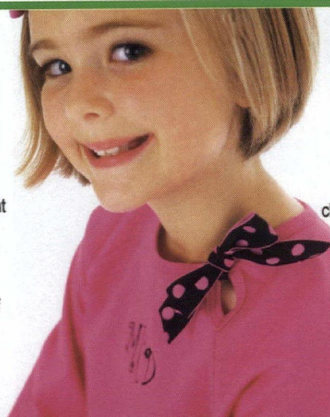
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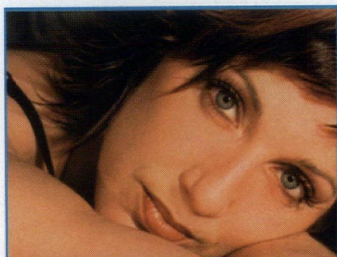
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The Mannequin Ball

PARIS AFTER DARK

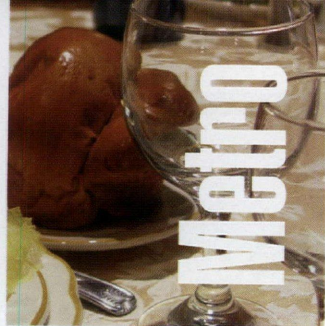
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by Moreton Neal

As the Ambassador Wishes:

DENMARK TASTES NORTH CAROLINA

Not once have I set foot in Denmark, I'm sorry to say, nor dined in a Danish restaurant anywhere that I can recall. So when the newly appointed American ambassador to Denmark, Raleigh's own Jim Cain, asked for help with his first official party, it was a bit of a strain to identify traditional foods from the home of Hans Christian Anderson. Off the top of my head I could name only two: Danish pastry and Carlsberg beer. There was a

one I was delighted to sink my teeth into: planning a menu of North Carolina dishes. His only requirements were to choose foods that represented restaurants from all over the state and to include peanuts and sweet potatoes.

The assignment seemed like a snap until I discovered that the occasion was a cocktail party, not really the best setting for the likes of barbecue, coleslaw, squash casserole, or collards. It also occurred to me

made it across the Atlantic. But Jan Scott, Cain's savvy chief-of-staff, reassured me that the embassy chef could import all required ingredients.

Cain had already decided, wisely in my opinion, to start the North Carolina ball rolling with down-home cooking familiar, even prosaic, to Tar Heels, but most likely exotic to his Danish guests.

With those issues resolved, the next challenge was coming up with a range of recipe sources from the mountains to the coast. Sifting through the restaurant guides in my library, I came up with only three books focused on our state. Well, actually only one. The other two, dog-eared from use, had taken up permanent residence in my husband's car. Jim Early's *The Best Tar Heel Barbecue* covers the territory from Manteo to Murphy in great detail and even includes recipes for the requisite side dishes—coleslaw, hushpuppies, and potato salad. D.G. Martin's glove compartment-sized *Interstate Eatery*, a collection of humble mom-and-pop roadside cafés resides next to Early's book on the back seat.

The one book still on the shelf is geared to diners like me who prefer their meals served up with atmosphere: *North Carolina's Historic Restaurants and Their Recipes* by Dawn O'Brien. If I carried a guidebook in my car while driving around the state, it would be this. O'Brien's collection of recipes from restaurants situated in old buildings in every corner of North Carolina proved invaluable.

With a little help from our friends, Scott and I came up with this menu:

Southern Cocktail Buffet at Rydhave

September 27, 2005

Ambassador & Mrs. James P. Cain

Jimmy's Low Country Fried Oysters
from Noble's, High Point



L-R, Helen Cain, Keld Johnsen (Chef for the American Embassy), James Palmer Cain (Ambassador of the United States of America, Copenhagen, Denmark)

vague idea of smoked herring and salmon, potatoes, roast pork and duck, more potatoes, fruity soups, open-faced sandwiches. That's about it.

Well, Ambassador Cain is no fool. He's not about to serve Danish food to Danes, and if he were, he certainly would not be asking me for advice. My assignment was

that items such as pecans (as in pie), blue crab (as in crabcakes), grits (as in shrimp and...), or even cornmeal (cornbread or hushpuppies) might not be easily obtained in Copenhagen. Even simple recipes such as stuffed eggs would present a problem if French's yellow mustard, Duke's mayonnaise and Mount Olive pickles haven't

Pimento Cheese with Crackers
from Nofo's, Wilmington

Southern Fried Chicken Wings from
Daniel Boone Inn, Boone

Shrimp & Grits from Crook's
Corner, Chapel Hill

Crab Cakes from Owens
Restaurant, Manteo

Country Ham & Biscuits from
Whitley's, Murfreesboro

Barbecued Baby Back Ribs from
the NC Pork Council

Deviled Eggs from the North
Carolina Egg Association

Boiled Shrimp with Tartar, Cocktail
& Remoulade Sauces

Hushpuppies from the Sanitary
Fish Market, Morehead City

Crispy Sweet Potato Chips from the
North Carolina Museum of
Art Cookbook

Chocolate Chess Tart from the
Angus Barn, Raleigh

Sweet Potato Tart from the
Farmers Market Restaurant,
Raleigh

Apple Tart from Crippen's,
Blowing Rock

Karen Barker's Salty Peanut
Squares from Magnolia Grill,
Durham

Farmers' Market Pickled Okra

Salted Peanuts

Salted Pecans

Ambassador Cain's primary mission is to warm up Danish-US relations with a healthy dose of Southern hospitality and food. With this in mind, Scott mailed a box of Southern cookbooks to Rydhave, the Ambassador's residence, for future diplomatic dinners. Among them, I have no doubt, she included John Egerton's excellent *Southern Cooking* and the O'Brien book. I hope she also took along two other tantalizing books, *Hungry for Home: Stories of Food from Across the Carolinas* by Amy Rogers, and *Butter beans to Blackberries: Recipes from the Southern Garden* by Ronni Lundy.

Rogers, a food essayist for public radio, has compiled stories with accompanying recipes from over 150 Carolina writers and artists, including Jerry Bledsoe, Dori Sanders, Lee Smith, James Taylor, Jill

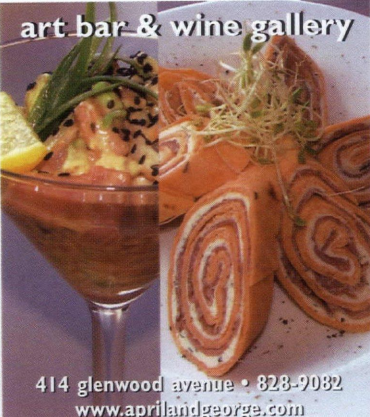
McCorkle and Josephine Humphreys. Because food is such a personal, often sentimental subject, the fun of the book is what it reveals about each author. Recipes include old-fashioned gems like cheese straws, okra pickles, and persimmon pudding. Then there is a whole other genre that includes "Possum, Graduate-Student Style" and "Snapping Turtle Stir-Fry," not likely to become popular in international diplomatic circles. This charming collection would not only be useful in the embassy kitchen, but is a perfect gift for anyone interested in North Carolina food and customs. And, needless to say, it shows

off the variety of talented artists that live in our state.

Lundy specializes in recipes that showcase garden-fresh produce—not a single can of creamed soup is used in her repertoire. Her imaginative, but not overwrought flavor combinations exhibit Southern produce perfectly: Okra Grits with Winter Tomato Gravy, Crabby Corn Pudding, and Apple Black Walnut Cobbler are just a few. If Rydhave can import fresh North Carolina produce, as promised, a dinner created around Lundy's dishes would knock the socks off the Danes!

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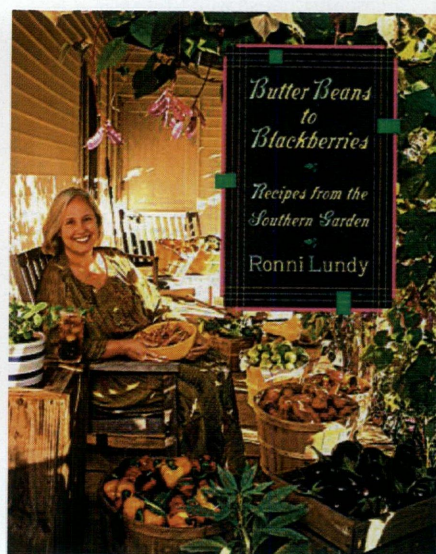
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countless more parties over the next three years. Here's one suggestion for a soup course that presents two Southern staples available any season. And for lunch, just imagine how good this would be served with ham biscuits and an old-fashioned wilted spinach salad. And what about that Apple Black Walnut Cobbler or a Bourbon Pecan Pie for dessert?

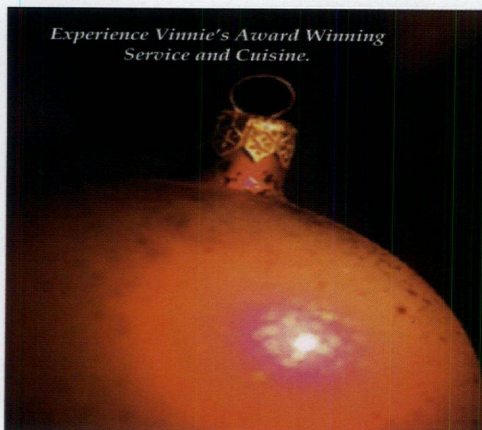


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Ronni Lundy's Sweet Potato and Corn Chowder

- 1 medium-sized sweet potato
- 1 T. butter
- 1 cup finely chopped sweet white onion
- 2 cups chicken broth
- 1 1/2 cups frozen shoepeg corn
- Salt to taste
- Fresh nutmeg

Peel and dice the potato. Place it in a saucepan and add enough water to cover. Bring to a boil over high heat, cover and simmer for 15 minutes until the potato is tender.

While the potato is cooking, melt the butter in a large pot, over medium heat. Add the onion and cook until transparent. Add chicken broth and bring to a boil. Add the corn and simmer over low heat, covered.

When the potatoes are ready, puree them in their cooking water. Add them to the simmering corn mixture and salt to taste. Simmer for about 20 minutes until the corn is tender. Serve immediately, grating fresh nutmeg in each bowl if you wish.

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Off the MENU

by Fred Benton

CHEFS GATHER TO HELP CHARITY

Recently I attended the gala event to raise funds for the March of Dimes. Chefs representing restaurants from all over the Triangle were gathered at Brier Creek Country Club to offer samples of their signature foods. A special accolade goes to chef Jim Anile and his team from Il Palio Ristorante at the Siena Hotel for boneless quail and morels in grits—a highlight for me. It was also great to see folks like Bob Passerelli, formerly the executive chef at the governor's mansion, now affiliated with

US Food Groups. I mention Bob for two reasons: he served as a liaison to pull all these

chefs together (no small task!) and he now grows truffles right here in North Carolina. You want to know anyone who grows a legal substance that sells for nearly \$1,000 a pound!

But I also considered the March of Dimes gala the perfect opportunity for me to connect with chefs who represent some relatively new restaurants to the Triangle. For example chef Alex Beach whetted my appetite for lamb ribs with a mint glaze offered up at The Twisted Fork, a conglomeration of delectable edibles (part chophouse, part bakery, part market—and all fun!) located at 3751 Sumner Blvd, in Raleigh (919-792-2535). And I won't forget blonde brownies with caramel sauce from chef Colin Auchincloss of Bogart's American Grill, a restaurant with an outstanding wait staff and geared to a great steak and a superb martini. But there's more. I became quickly addicted to the blonde brownies, but I might become just as addicted to chef Auchincloss' Fried Green Tomatoes with Pimento Cheese and Pepper Jelly or Jumbo Lump Crab Dip. Bogart's is located at 510 Glenwood Avenue (in the area now known as Glenwood South). Telephone number is 919-832-1122. Located at the same address is yet another Rocky Top Hospitality restaurant, Hi5, where chef Mike Bojara tempted me with some wonderful cheese balls, a mixture including brie wrapped in pastry and baked,

served with raspberry puree. I happily succumbed to this tasty tapas-style dish. But I sure wouldn't mind trying Hi5's Kobe beef cheeseburger and more American tapas in this high-energy establishment. Telephone number is 919-834-4335. Delicious sushi is to be had at chef Charles Meteesatien's eatery, Shaba Shabu, located at 3080 Wake Forest Road in Raleigh. This interesting restaurant offers two cuisines under one roof: Thai and Japanese. Another of chef Meteesatien's special dishes I tasted was a fiery presentation based on alligator meat. Telephone number is 919-501-7755.

GRASSHOPPER JUMPIN'

Sad to report some news that no doubt many Triangleites who keep up with the local dining scene have known for a couple of months now: this past summer Claudio's Ristorante on Creedmoor Road closed. Many of us are keenly missing chef Claude's talent in the kitchen, much of the credit going to the culinary staff that Claude put together. I mourn that I most likely will never taste his tiramisu again—among the best renditions in the area! Goodbye Claudio's but hello Grasshopper...

Grasshopper is the first of three new restaurants planned for the Triangle area under a partnership of talents and resources between George Bakatsias and west coast chef Charlie Deal. Grasshopper, which opened at the end of the summer, is located in Durham at the corner of Hillsborough Road and Ninth Street in a hub already dominated by Bakatsias (George's Garage and Vin Rouge can be found near-by—Grasshopper is situated beside Vin Rouge). It was a delight to enter the portal of Grasshopper and be immediately guided to its Zen Garden (al fresco dining) on a crisp, new fall evening. It was there sequestered in a bower of Japanese maples flanking a small terrace festooned with Japanese lanterns that I asked George a question: exactly how many restaurants is he involved in? My host laughed, shrugged his shoulders and answered, "ten or twelve." But I supposed George, who few can dispute, has had, for years now, a profound

effect on the local dining scene, takes greatest pride in Grasshopper, presenting Chinese and Vietnamese street food. "It's simple food," George explained, "honest and pure—and it gives you energy." Grasshopper has no deep-fat fryer or freezer; all ingredients are freshly obtained and used immediately. The dinner menu is divided into four categories: dumplings, small (plates), large (plates) and simple—simple being a variety of condiments, such as pickled celery and citrus cucumbers. This is the perfect place to end a weary work day, to sip a cocktail or glass of wine and nosh on light fare such as any of the dumplings or the exquisite Vietnamese salad roll with its side dish of hoisin sauce topped with chopped nuts. My compliments to George and his team for yet another job well done. For more information call Grasshopper at 919-286-1600.

HAUGHTON IN WILLIAMSTON

Not too far from most anyone in eastern North Carolina is Williamston, about an hour and a half drive from Raleigh on Highway 64 East. In the spring I passed through this town on my way to Edenton to stay at the lofty Lords Proprietors' Inn. I didn't realize at the time that Williamston had a bed and breakfast worthy of your attention, Haughton Hall, a mother-daughter project between attorney-at-law Lucia Claire Peel (daughter) and artist, writer Lucia Peel Powe (mother). The result is a large, beautifully restored turn-of-the-century edifice (originally built in 1912) filled to the luxurious rafters with family heirloom paintings and furniture—all positioned to give upscale wayfarers a taste of turn-of-the-century gracious hospitality matched by a sumptuous morning breakfast. The woman behind the day-to-day operations is Lucia Claire. Upon our arrival she immediately offered us a glass of wine (that doesn't happen too often at B&B's). Lucia doesn't treat her guests simply as paying customers but as good friends. If you're celebrating a birthday or anniversary, the champagne cork will fly. Lucia's been known to secret a loving couple in a back area

parlor, dim the lights and turn on Frank Sinatra to allow them to sup on love—and a few special noshes prepared by Lucia herself. And if you are more into the sporting life, Houghton Hall keeps canoes for guests to use to challenge the Roanoke River.

I'll remember my weekend at Houghton Hall for a long time to come. Sitting here at my computer, I dream of sipping a glass of white wine resting beside a small koi pond and man-made waterfall, then heading into the kitchen to chat for hours with Lucia as she prepares appetizers for an evening social. And there are even more epicurean reasons for visiting Williamston during the "r" months: Sunny Side Oyster Bar, which has garnered more than local fame for its cocktail sauce and succulent bivalves; and near-by in Jamesville, the nationally acclaimed Cypress Grill, known as the last of the "old-time" herring shacks, that serves up fried herring fresh-caught from the Roanoke River during the herring run January through April. And Cypress Grill only operates during those months. Williamston is only an hour and a half from Nags Head, an excellent springboard to all the Outer Banks has to offer. Check out Houghton Hall at haughtonhallnc.com or call 252-792-0070.

GO WEST

This month the changing leaves will be signaling readers to come west—western North Carolina of course. I have two recommendations to make based on recent travels there: the Black Mountain Inn is a historic, charming mansion hidden in a grove of massive oaks, nut and fruit trees. To me it feels like a



Black Mountain Inn

mountain cottage of well-to-do owners of the 50s, 60s. It was once the summer home of socialite Mary Alshire, who opened the house to artists and intellectuals for summer respites. John Steinbeck, Ernest Hemingway, Helen Keller and Joan Sutherland were among her guests. The third floor was remodeled as a painter's studio where Norman Rockwell and other painters gathered to develop and practice their craft.

Elegance is given over to luxurious bedding and a delicious breakfast service, a groaning board of fresh foods from local mountain farms put together by innkeeper June Bergeron, who apologized in advance for not serving any cantaloupe from her own garden:

a greedy brown bear has been confiscating the melons and June's not quite sure what to do about it except let a 400-pound bear have all the melons it wants! Fortunately, the bear does not trespass the beautiful gardens and natural landscaping that abounds close to the house. I also want to commend the Black Mountain Inn for its pet-friendly policy. Dogs are allowed all over the inn and in each of its seven guest rooms. To learn more check out blackmountaininn.com or call 828-669-6528 or 800-735-6128.

About a 20-minute drive west of the inn on Tunnel Road in Asheville is a restaurant I am happy to recommend as one of the best in the area. The Greenery, owned and operated by husband-wife team Bill and Melanie Cooke, offers Continental cuisine and a wine list so well-regarded that one whole wall of this eatery is hung with awards of excellence from *Wine Spectator*. The entire dinner menu is superb with special accolades going to the Pan Seared Duck Breast, the Maryland Crabcakes and the Filet Mignon Café de Paris. And for an appetizer may I suggest the Escargot "Maitre de Hotel" with Garlic Cream Sauce or Shrimp Cocktail "Aimie Louise" with Apple and Horseradish?

The Sunday brunch service is a not-to-be-missed treat as well, dining on sensually luscious Benedict preparations and carrot muffins that are addictive.

The Greenery is located at 148 Tunnel Road in Asheville. Reservations are recommended. Contact number is 828-253-2809.

TOUCH OF TUSCANY IN NORTH HILLS

This month the seasoned restaurateurs of Frazier's and Porter's City Tavern join the Raleigh Renaissance taking shape at The Lassister at North Hills with plans underway to open the Tuscan-inspired restaurant Vivace. Taking its name and cue from the Italian word for "lively," Vivace will open at The Alexan, the North Hills condominium project under construction on the north side of Lassiter Mill Road near the project's Phase I.

Owners Kevin and Stacey Jennings have collaborated with chef Jason Smith, a native of Raleigh, whose culinary pedigree includes stints at Danny Meyer's Union Square and Gramercy Tavern in New York City, the famed Peninsula Grill in Charleston, and locally at Ben Barker's Magnolia Grill, to present a casually hip Tuscan-inspired experience. Classic thin crust Neapolitan pizzas (\$10 - \$11),

house-made pastas (\$12 - \$15) and a variety of wood-fired entrées (\$14 - \$27) will be available for lunch and dinner. House-cured meats, hand-cut cheeses and classic antipasti, as well as the global wine list, emphasizing Italian and American selections, will complement the experience. In addition, an Italian-focused beverage program, showcasing Vivace's own Limoncello, will quench the Triangle's thirst for creative cocktails.

The Johnson Studio, a nationally renowned architecture firm known for innovative restaurant design, will make its foray into North Carolina with the opening of Vivace. Here, they'll present a modern version of a convivial Tuscan restaurant—ideal as a lunch destination for the Madison Avenue-style shoppers, for antipasti and aperitifs in the afternoon, and in the evening for exceptional Italian cuisine at moderate prices. An open kitchen, wood-fired grill and cheese carving station will create the ideal stage for chef Smith's Tuscan fare, serving 30 seats at the bar, 90 indoors and an additional 50 seats outdoors for al fresco dining.

PAZZO! OPENS IN CHAPEL HILL

And a final note: chef Seth Kingsbury, owner of Pazzo! in Chapel Hill's splashy Southern Village has opened a new eatery across the street from Pazzo called Town Hall Grill, 410 Market Street, serving steaks, salads, burgers and seasonal specialties. According to our own Moreton Neal, Town Hall Grill is already generating devotees as one of the new places to dine in Chapel Hill.

SHARPIES OPENS IN BEAUFORT

Sharpies Grill & Bar—named for the sleek sailing ships that plied the Outer Banks before the advent of steam—opened in July on Beaufort's Front Street featuring "contemporary coastal cuisine" prepared by former Triad-area chef Zac Durham. He was instructed by owner Joyce Gross, who moved to Beaufort from Burlington with husband Larry, to offer the finest in seafood, steaks, lamb and specials. The servings are generous and sumptuous and the setting fit for the yachtsmen who can stroll over from the dock for a libidinous special cocktail from the bar menu, fine wines and fresh seafood in an upscale San Francisco-style setting. Go to www.sharpiessgrill.com or call Manager Robin Deffenbaugh: 838-808-0101. **MM**

Metro Magazine's Premiere RESTAURANT GUIDE

RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and dinner seven nights a week.

Bella Monica – 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crust Neapolitan pizza with gourmet toppings. Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood bar with all-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. "Simply superb-three stars." – *News & Observer*

Bloomsbury Bistro – 509 West Whitaker Mill Road, Suite 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*.

Bogart's American Grill – 510 Glenwood Avenue, Raleigh (919) 832-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.

Cappers Restaurant – 4421 Six Forks Road, Raleigh (919) 787-8963. Serving up the Hottest Cuisine and Coolest Jazz in the Triangle since 1985! Steaks and fresh seafood are the specialties. Serving lunch Monday through Friday and dinner seven nights a week. Now serving Sunday Brunch. www.cappersrestaurants.com.

Carolina Ale House – 512 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. Carolina Ale House has something for everyone – we serve our award-winning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.

Cuba – 19 West Hargett Street, Raleigh. (919) 833-4440. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.

Enoteca Vin – 410 Glenwood Avenue, Suite 350, Raleigh. (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca Vin's warm urban interior, bar and patio provide a casual but sophisticated environ for serious dinners or spontaneous rendezvous over wine and cocktails. Metro Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award for Excellence in 2004. Serving dinner

Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit www.enotecavin.com.

Daniel's Restaurant – 1430 NC 55, Apex (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Hours of operation are Sun-Mon. 5-9pm, Tues-Sat. 5-10pm.

Est Est Trattoria – 19 West Hargett Street, Raleigh. (919) 890-4500. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

Frazier's – 2418 Hillsborough Street, Raleigh. (919) 828-6699. Frazier's has been rated one of the top ten restaurants in the triangle since opening in 1998. An eclectic, ever changing menu is executed in a newly renovated, very hip but casual atmosphere.

Hi5 – 510 Glenwood Avenue, Raleigh. (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. www.hi5raleigh.com.

Lucky 32 – 832 Spring Forest Road, Raleigh, (919) 876-9932. 7307 Tryon Road, Cary, (919) 233-1632. Seasonal fare with influences of regions across the country. www.lucky32.com.

Maximillions – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillions, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the Cary News Readers Poll. *News & Observer* praised food as "inventive fusion cuisine" with 3 1/2 stars.

The Melting Pot – 3100 Wake Forest Road, Raleigh. (919) 878-0477. At The Melting Pot, fondue becomes a memorable four-course dining experience where patrons can really "Dip into something different®." Guests enjoy a choice of four flavorful fondue cooking styles and a variety of unique entrees combined with special dipping sauces. The menu also includes creamy cheese fondues, fresh salads, fine wines and mouthwatering chocolate fondue desserts. www.meltingpot.com

Michael Dean's Wood Oven and Seafood Grill – 1305 Millbrook Road, Raleigh. (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options as well. Enjoy the wide drink selection, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days. www.michaeldeans.com.

Nana's Chophouse – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Monday-Thursday

5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

NoFo Market and Café – 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrées. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," www.citisearch.com

Porter's City Tavern – 2412 Hillsborough Street, Raleigh. (919) 821-2133. Porter's City Tavern was chosen "Best New Restaurant" of 2004 by the readers of *Metro Magazine*. A fresh open floor and sidewalk/patio showcases a diverse menu of steaks, pastas, salads, sandwiches, and fresh fish. The menu is prepared using the freshest local ingredients available.

The Red Room Tapas Lounge – 510 Glenwood Avenue, Raleigh. (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday – Saturday at 6 pm. www.redroomraleigh.com.

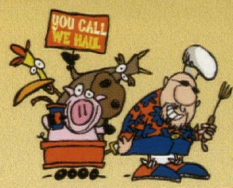


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Rey's - 1130 Buck Jones Road, Raleigh/Cary. (919) 380-0122. With a vision of quality, Rey's features fine dining with a French Quarter flair, blended with ambience and exceptional service. Owner Rey Arias created a menu offering signature "New Orleans-Inspired" meals. From the highest quality of steaks and seafood to homemade desserts, Rey's offers something for everyone! Customized catering for 6-200 is also available. www.reys-restaurant.com

Ruth's Chris Steak House - 2010 Renaissance Park Place, Cary. (919) 677-0033. Home of the Sizzling Steak. Serving generous cuts of corn-fed USDA Prime Midwestern beef, custom-aged to the peak of flavor.

Second Empire Restaurant and Tavern - 330 Hillsborough Street, Raleigh. (919) 829-3663. Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant! *Wine Spectator* Awards of Excellence.

Stonewood Grill & Tavern - 6675 Falls of Neuse Road, Raleigh (919) 847-5304. 1080 Darrington Drive, Cary (919) 481-0174. Stonewood is a warm, comfortable, inviting place where guests are provided an exceptional dining experience through market fresh, superior quality dishes prepared with passion, complemented by an extraordinary wine list and served with attention to every detail.

Taverna Agora - 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, Sunday brunch, catering available. Taverna Agora, Absolutely Greek.

Tavola Rossa Ristorante Italiano - 5300 Homewood Banks Drive, Raleigh. (919) 532-7100. Our menu features pasta, brick-oven pizza, chicken, veal and seafood. The open kitchen lets you in on the action while our patio allows you to dine al fresco. Fabulous wine menu. Serving lunch 11:30 am - 3:00 pm, 7 days and dinner 5:00 pm - 10:00 pm Sunday-Thursday and 5:00 pm - 11:00 pm Friday and Saturday.

Twisted Fork - Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner. www.thetwistedfork.com.

Vinnie's Steakhouse and Tavern - 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York - Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Zely & Ritz - 301 Glenwood Avenue, Raleigh (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates (so that you can order several and share) in an upscale, casual, yet hip and smoke-free environment. Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with the best boutique wine list in Raleigh. Serving lunch, dinner and late night-call for hours and to make

reservations.

Zest Café & Home Art - 8831 Six Forks Road, Raleigh (919) 848-4792. Located in North Raleigh, Zest has been offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio for Lunch, Tues-Sat 11:00am-2:45pm; Dinner, Wed-Sat 5:30pm-8:30pm; and Brunch, Sunday 10:00am-2:00pm. Also, enjoy our Home Art selection of fun and whimsical home accessories, furnishings and gifts.

DURHAM

Bakus Tapas and Wine Bar - 746 Ninth Street, Durham, (919) 286-0777. Winner "Best Ethnic Cuisine" Taste of the Triangle, 2004. Voted one of the Top All Around Restaurants, Top Ten Vegetarian Restaurants, and Top Ten Restaurants with Outdoor Dining by AOL Cityguide, 2005. Visit our restaurant for delicious food and wine in a vibrant atmosphere! Our menu features a wide variety of wine and tapas dishes. Ask us about our special event rental and beautiful canopied outdoor patio. Hours are Monday-Friday 4pm-Midnight, Saturday & Sunday 2pm-Midnight. www.bakus.us.

Café Parizade - 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday-Friday 11:30 am - 2:30 pm and dinner Monday - Thursday 5:30 - 10:00 pm, Friday and Saturday 5:30 - 11:00 pm, and Sunday 5:30 - 9:00 pm.

George's Garage - 737 Ninth Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Nana's Chophouse - 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

Vin Rouge - 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday - Sunday, 5:30 - 11:00 pm and Sunday brunch 10:30 am - 2:00 pm.

Verde - 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

Xios Authentic Greek Cuisine - 800 West Williams Street, Suite 100 Apex. (919) 363-5288. Tapas-style Mezethes is the specialty at this family-owned restaurant. Xios is the gathering spot in the Triangle for good food, good drinks and endearing conversation. Join us for a romantic evening with a group of friends or the entire family. Sample menus and wine lists available at www.xioscafe.com.

CHAPEL HILL/CARRBORO

Crook's Corner - 610 West Franklin Street, Chapel Hill (919) 929-7643. "Sacred ground of Southern foodies." - *New York Times*. "The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner." - *Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tues-Sun at 5:30 pm, Sun Brunch 10:30 am-2:00 pm, www.crookscorner.com.

Jim's Famous BBQ - 115 S. Elliott Road, Chapel Hill (919) 942-7427. Happiness, Food & Spirits served up in a fun, casual atmosphere! Award-winning pit-smoked barbeque including fall-off-the-bone Baby Back and St. Louis style pork ribs, Western beef ribs, pulled or chopped pork shoulder, beef brisket, chicken, turkey and sausage. Plus catfish, wings, salads, burgers and more! Full

service dine-in, take out, delivery and catering. Complete menu served all day long, seven days a week. Write to us: jim@greatpigs.com

La Residence - 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

Pazzo! - Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

Provence Restaurant - 203 West Weaver Street, Carrboro. (919) 967-5008. Included in Moreton Neal's Top 25 restaurants for 2005, Provence is a casual restaurant in a quaint setting, in the heart of Carrboro, featuring authentic cuisine from the South of France. Fresh seafood specialties, outdoor patio. Serving dinner Monday-Saturday, 5:30 pm. Reservations suggested.

Spice Street - 201 South Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

Talulla's Restaurant - 456 West Franklin Street, Chapel Hill. (919) 933-1177. The newest addition to the Restaurant Mecca of West Franklin Street in Chapel Hill, Talullas is an instant success with its "ethnic elegance" and "beautifully prepared food." Its Eastern Mediterranean cuisine is simple, fresh, and exotic. Tuesday - Sunday 6-10 Dinner, 10-2 Bar/Lounge. www.talullas.com

The Weathervane - 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.

BEYOND THE TRIANGLE

Blue Moon Bistro - 119 Queen Street, Beaufort. (252) 728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tuesday-Saturday.

Chef Warren's - 215 NE Broad Street, Southern Pines (910) 692-5240. Warren and Marianne Lewis invite you to their Southern Pines Bistro offering patrons a variety of delicious specialties from an eclectic menu of anything from Ostrich to Pork Chops. "Local touch, international cuisine," *Metro Magazine's* Moreton Neal. Open for dinner Tuesday through Sunday.

Deluxe - 114 Market Street, Wilmington, (910) 251-0333. Deluxe offers upscale dining for today's savvy gourmand in an aesthetically stimulating and casual atmosphere. New American style dinners feature innovative creations with worldwide influences prepared with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner every evening at 5:30; Sunday brunch 10:30-2:00pm. *Wine Spectator* Award of Excellence, All ABC permits. View current menus and wine list at www.deluxenc.com. Reservations suggested.

Cork Report

by Barbara Ensrud



1976: THE YEAR CALIFORNIA WON THE PARIS TASTING

The stars were aligned for California wine in the spring of 1976. Two stellar events propelled the Golden State's wine region—and most particularly Napa Valley (which to some is virtually synonymous with California wine; erroneously, of course)—onto the global wine stage. In March of that year, The Four Seasons restaurant in New York held the first in a decade of Barrel Tastings, an event staged with great panache to introduce the best California wines to the city's gastro-nomic community.

The Barrel Tasting paired a sample of wine from the recent year's harvest—drawn from aging in a barrel—with the same type wine in an earlier vintage: a barrel sample of Beaulieu Vineyards Cabernet 1975, for example, with the winery's 1974.

The Barrel Tasting was a huge success, even though the wines were not entirely convincing for palates attuned to European wines—but at least people were talking about them.

Two months later, however, an event of far greater impact put to rest any notion that California wines could not compete with the great prototypes of France. Steven Spurrier, a Brit who operated a wine shop in the heart of Paris, organized a blind tasting, pitting California Cabernets against top red Bordeaux; and California Chardonnays against fine white Burgundies (which are made from Chardonnay). It was part of a series of events in Paris commemorating America's bicentennial in 1976, and well-known French wine experts were selected to participate. When the

wines were unveiled, the French tasters were shocked to discover that they had picked a Napa Valley Cabernet (Stag's Leap Wine Cellars 1973) as the top red and a Napa Valley Chardonnay (Chateau Montelena 1973) over illustrious white Burgundies.

What a validation for California wines! No more could it be taken for granted that France alone could produce great wine—although it long has and does today. But no longer could New World regions be dismissed as unworthy upstarts. The tasting proved that California wines could stand with the acknowledged best. The face of the wine world changed forever. California became the planet's most dynamic wine region, the vinous hotspot where wine-makers, wine experts and wine lovers from

FEATURED WINERY OF THE MONTH

Clos du Val, Napa Valley

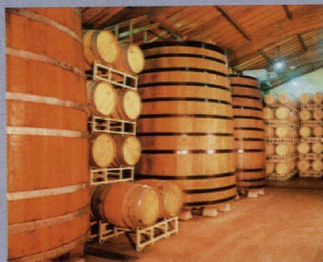
Clos du Val was founded in Napa Valley in 1972 by international businessman John Goelet and French winemaker Bernard Portet.

Portet grew up in Bordeaux, where his father was cellar-master at Château Lafite-Rothschild and his Bordeaux roots are evident in Clos du Val Cabernets and Merlots. Portet visited several of the world's wine regions before settling on the cool Stag's Leap District along the Silverado Trail in Napa Valley. From the beginning he made red wines in the sleek, well-structured style of fine claret that aged extremely well.

Today, with 150 acres around and near the winery and another 180 acres of Pinot Noir and Chardonnay in Carneros, it produces classically styled wines and top vintages Reserve wines from best lots of the vintage.

The **2002 Cabernet Sauvignon, \$28**, drinks wonderfully now; it is richly fruity and superbly balanced—a fine match for roast or grilled lamb.

It will age nicely for 5 to 7 years or so, if you want to lay some away, which I heartily recommend. **MM**



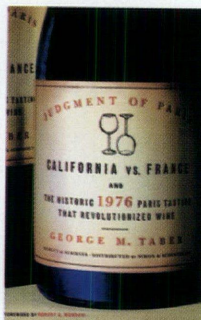
all over eagerly gravitated.

The story of this historic tasting, with all its ramifications and repercussions, is ably told in a new book by George Taber, *Judgment of Paris: California vs. France and the Historic 1976 Paris Tasting That Revolutionized Wine* (New York: Scribner, \$26). Taber, a *Time Magazine* reporter who was present at the tasting, recounted unsparingly the disdain of the French tasters toward the American wines. They were sure of themselves, their palates, and that the great wines of France could prevail in any challenge.

Taber quoted some of the tasters' remarks in the June 7, 1976, issue of *Time*, remembering that the wines were presented to the tasters "blind"—the glasses numbered but identities undisclosed. Taber, however, knew what the wines were and was surprised as he heard such claims as, "Ah...back to France," from one taster, sipping what he thought was white Burgundy that in fact was a 1972 California Chardonnay. "This is definitely California," said another judge, "it has no

nose." The wine actually was one of Burgundy's best, a 1973 Bâtard-Montrachet!

This wine is certainly a favorite of mine—and the French wines admittedly more than held their own, since they were a close second in both categories, and third and fourth among the reds. But the shock of the top picks reverberated—and continues to do so. Many of the French tasters—and experts elsewhere as well—felt that the California wines wouldn't hold up over time, that they couldn't age the way their French counterparts had



proven for decades.

Ten years later in May of 1986, Steven Spurrier restaged the tasting of red wines with mostly the same wines (one or two had sold out and were unavailable). Spurrier, *persona non grata* in France for a number of years, held the rematch in New York with a panel of American wine journalists, including myself. It was fascinating to taste those wines with 10 years age on them, again blind with no clue as to what

they were. I picked the Clos du Val 1972 as the top wine, but it was so elegant and showed such complexity that I thought sure it was Bordeaux.

When the wines were revealed, the Clos du Val and Ridge Mountain Range 1971 narrowly edged out Montrose, Léoville and Mouton-Rothschild—in that order. A neat vindication, as well as affirmation that California Cabernets not only last, but age well and evolve impressively. Taber doesn't make much of the rematch tasting. Certainly its results did not make the lightning strike impact of the original, but for those of us who participated, it was highly significant, soundly confirming that California wines had indeed arrived.

Taber's book is invaluable in telling the full story of this historic event, thoroughly absorbing and entertaining, with background material about all of the wineries and personages involved. Anyone interested in wine and its dramatic move into American culture in the aftermath of the Paris tasting will want to read this book. **MM**

THE RANKING OF WINES

Reds

Stag's Leap Wine Cellars 1973
Château Mouton-Rothschild 1970
Château Haut-Brion 1970
Château Montrose 1970
Ridge Cabernet Sauvignon 1971
Château Léoville-Las-Cases 1971
Chateau Mayacamas 1971
Clos du Val 1972
Heitz Cellars 'Martha's Vineyard' 1970
Freemark Abbey 1969

Whites

Chateau Montelena 1973
Meursault-Charmes 1973, Roulot
Chalone Vineyards 1974
Spring Mountain 1973
Beaune Clos des Mouches 1973,
Joseph Drouhin
Freemark Abbey 1972
Bâtard-Montrachet 1973,
Ramonet-Prudhon
Puligny-Montrachet 1972, Les Pucelles,
Domaine Leflaive
Veedercrest 1972
David Bruce 1973

Note: California wines in italics

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THE LEADER IN DIGITAL OFFICE PRODUCTS

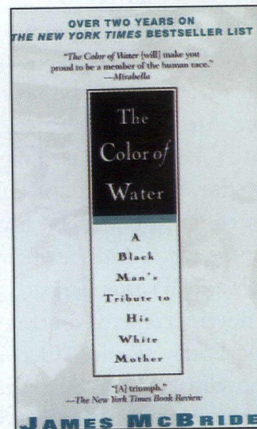
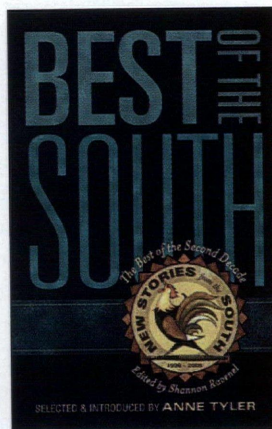
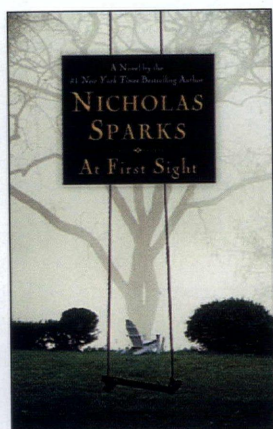
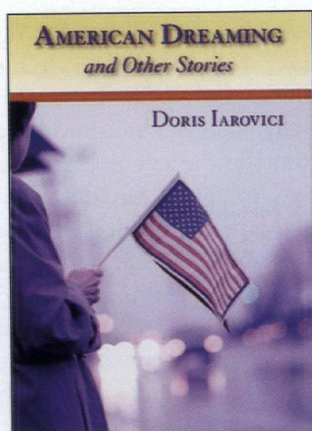
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by Art Taylor

NEW AND NOTEWORTHY

BOOKS, BOURBON AND TENDER LADIES

The first-ever Durham Reads Together is well underway, with Durham County libraries, bookstores and local book clubs turning their attention to James McBride's *The Color of Water: A Black Man's Tribute to His White Mother*. But October boasts continued programming and even a visit by the author himself for a weekend of special events.



Chapel Hill, Sugar Hill Records and Quail Ridge Books are the presenters of a very special celebration to commemorate the release of *Best of the South: The Best of the Second Decade*, a book already discussed in last month's column but certainly worthy of a repeat mention here. The party for the new anthology—gathering some of the best short fiction from the last 10 years of Algonquin's

come through my e-mail recently, fans of poetry can continue to celebrate during these next few weeks.

Early in the month, on Sunday afternoon, Oct. 2, Quail Ridge Books in Raleigh hosts a reading by John Amen, Raina Leon, Tony Reevy and Sheila Tombe, contributors to the international anthology, *Poetic Voices Without Borders*.

And on Wednesday evening, Oct. 5—

Still to come is a Tuesday, Oct. 11, discussion at the Barnes & Noble at the Streets at Southpoint reflecting on the book's exploration of race, religion and identity. People attending this event will want to attend the Durham Reads Together finale when McBride visits the area on Oct. 22-23, with a Saturday night presentation and Q&A, a Sunday afternoon conversation with younger audiences (students age 13 and over preferably), and a Sunday evening performance with his jazz group The Process Band.

For information on Durham Reads Together and McBride's book, go to www.durhamcountylibrary.org.

BOURBON AND BOOKS

Maker's Mark, Algonquin Books of

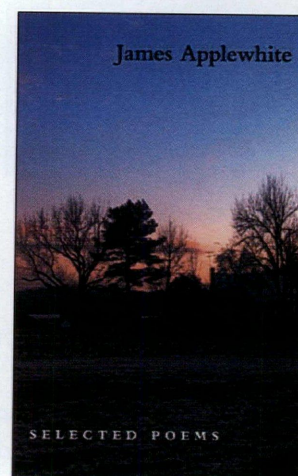
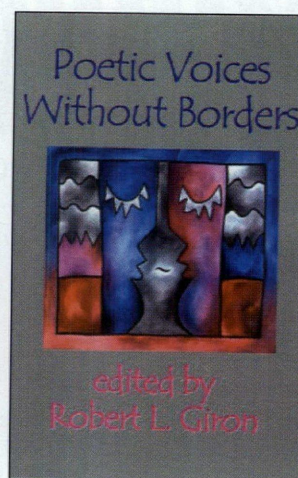
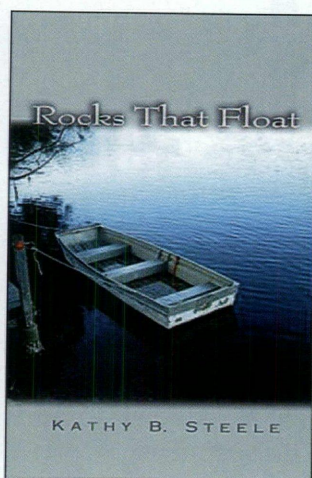
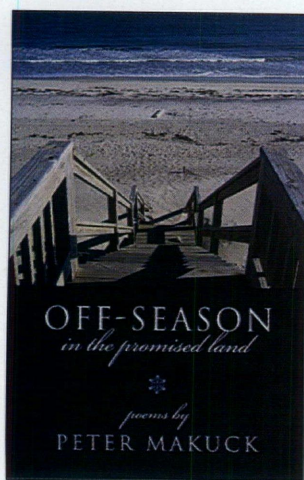
annual New Stories of the South—takes place on Friday night, Oct. 14, at The Pour House music club on Blount Street in downtown Raleigh, and features readings by contributors Jill McCorkle, Lee Smith, Pam Durban and Thomas McNeely. Also on tap for the evening is music by Scott Miller and the Commonwealth—featured on an accompanying *Best of the South* CD—and an open bar (with the aforementioned bourbon, of course). Mark your calendars now!

THE MID-YEAR CELEBRATION?

National Poetry Month arrives each April, with 2005 marking the 10th anniversary of this notable tradition. But considering the October listings that have

Durham's Regulator Bookshop welcomes noted poet James Applewhite, sampling selections from his new *Selected Poems*, gathering works from the North Carolina native's nine previous collections, published over more than a quarter-century—a landmark collection and a not-to-be-missed event.

Several more North Carolina poets visit Quail Ridge Books later in the month. Jerry Eidenier, author of *Draw Flame Catch Fire*, and Janice Moore Fuller, author of *Sex Education*, read from their works on Sunday afternoon Oct. 23. And the following Sunday afternoon, Oct. 30, Quail Ridge hosts Peter Makuck, author of *Off Season in the Promised Land*, and Pat Reviere-Seel, author of *No Turning Back Now*.



AND FROM ANOTHER GENRE...

Debut novelist Kathy Steele will read from and sign *Rocks That Float* on Tuesday evening, Oct. 4, at the Barnes & Noble at New Hope Commons in Durham. The book is set in a South Carolina mill village—or what's left of the village after a superhighway cuts through.

That same night at Raleigh's Quail Ridge Books, Michael Parker offers another reading from his new novel *If You Want Me To Stay* (discussed in last month's *Metro*), and two nights later, on Thursday evening, Oct. 6, *News & Observer* columnist G.D. Gearino, author of *What the Deaf-Mute Heard*, introduces his new book *Wrong Guy* at Quail Ridge. The novel is centered on church burnings.

On Friday evening, Oct. 21, best-selling novelist Nicholas Sparks returns to the Triangle to promote *At First Sight*, the follow-up to his previous book, *True Believer*. He'll be at the Cary Barnes & Noble for a book signing beginning at 7 p.m.

And finally, Duke psychiatrist Doris

Iarovici reads a sample from her short fiction collection *American Dreaming and Other Stories* at Quail Ridge on Thursday evening, Oct. 27. The collection won this year's Novella Literary Award.

GREAT CHEFS — LOCAL AND REGIONAL

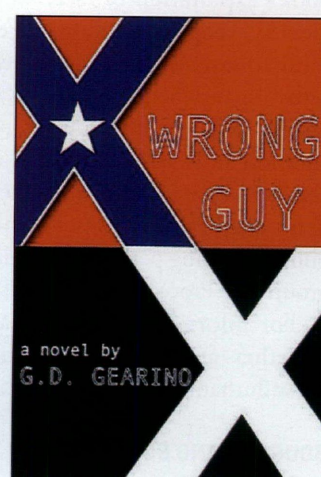
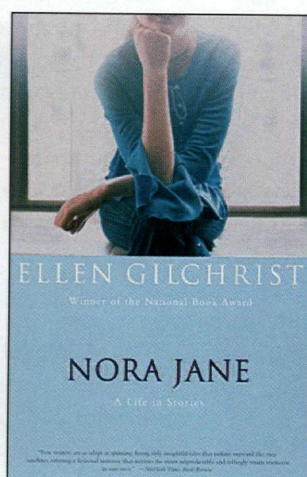
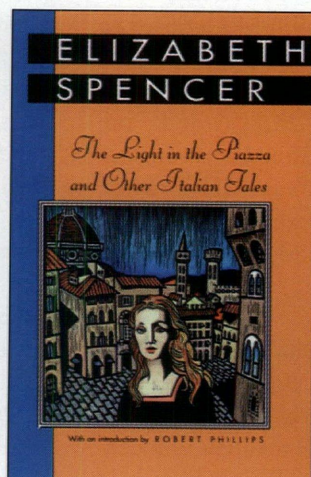
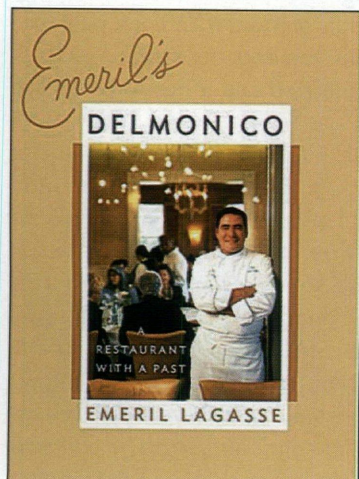
I saw myself in Bill Smith's introduction to *Seasoned in the South: Recipes from Crook's Corner and from Home*—and I imagine that many readers will have the same experience. "I realize that almost no one cooks regularly anymore," writes Smith, who's been the chef at the Chapel Hill restaurant for over a decade. "People have no time. Cooking today often seems to be either a hobby or a nerve-racking project such as preparing a big dinner party or a traditional holiday meal." This in mind, he concludes, "So I've tried to make this book a reliable, easy-to-follow, and hopefully entertaining project guide that might also be of interest to the hobbyists."

I'll admit I haven't had a chance to make any of the recipes since receiving my

advance copy of *Seasoned in the South*, but I anticipate that will change soon—with recipes like Mussels with Saffron, Fried Green Tomatoes with Corn and Lemon Beurre Blanc and Baked Sweet Potato Soup already calling to me from the Fall offerings section. And there are three more seasons to go.

The cookbook, published by Algonquin Books of Chapel Hill, also features a preface by novelist Lee Smith (no relation, incidentally), and Bill Smith will appear several times in the area in late October and early November: Monday evening, Oct. 24, at Raleigh's Quail Ridge Books; Tuesday evening, Oct. 25, at Durham's Regulator Bookshop; Sunday afternoon, Oct. 30, at A Southern Season in Chapel Hill; and finally late afternoon on Monday, Nov. 1, at Wilson Library on the UNC-Chapel Hill campus.

While we're on the subject of food, another great chef makes a swing through the Triangle this month: Emeril Lagasse will sign copies of his new book, *Emeril's*

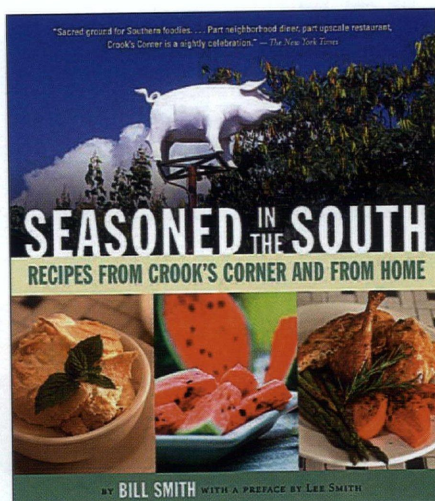


Delmonico: A Restaurant with a Past, on Wednesday evening, Oct. 12, at the Cary Barnes & Noble. Though the restaurant, which originally opened in 1895, is closed (at press time) in the aftermath of Hurricane Katrina, the book provides a winning testament to its grand history with recipes simplified for the home cook.

FAIR AND TENDER LADIES...

Two of the grande dames of Southern literary fiction will be the toast of the town this month—in one case literally so, and feted by an equally worthy companion.

Close to home but late in the month: On Thursday afternoon, Oct. 20, at McIntyre's in Farrington Village, novelist Lee Smith hosts a tea with legendary writer (and now Triangle resident) Elizabeth Spencer, author of numerous novels, story collections and even a compelling memoir, *Landscapes of the Heart*. Her best-known work, the novella *The Light in the Piazza* was made into a 1962 film and more recently into a



Tony Award-winning Broadway musical.

Further afield (though earlier in the month), another great Southern writer, Ellen Gilchrist, delivers the William M. Hendricks Memorial Reading at Salem College in Winston-Salem on Thursday evening, Oct. 6. Gilchrist is the author of more than 20 books, including most recently the collection *Nora Jane: A Life*

in Stories. The event takes place in the Salem Fine Arts Center and is free and open to the public. A reception follows.

SIGN UP NOW:

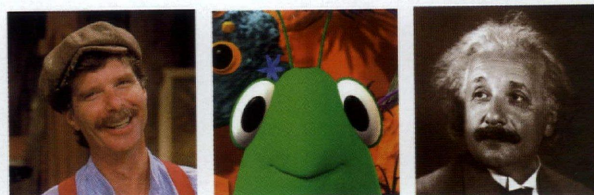
NC WRITERS' NETWORK FALL CONFERENCE

The North Carolina Writers' Network's fall conference marks not only the organization's biggest annual event but also one of the major events of the literary year for writers and readers alike. This year's conference—scheduled Friday-Sunday, Nov. 4-6, in Asheville—boasts some heady talent, including keynote speaker Susan Orlean, a *New Yorker* staff writer who wrote *The Orchid Thief*, the basis for the movie *Adaptation*. Also on the roster are NC Poet Laureate Kathryn Stripling Byer, bestselling novelist Robert Morgan, and a great line-up of other writers including Joseph Bathanti, Quinn Dalton, Keith Flynn, Alan Michael Parker, Mark Smith-Soto, and many more. For complete information and registration, visit www.ncwriters.org. **MM**



50 years

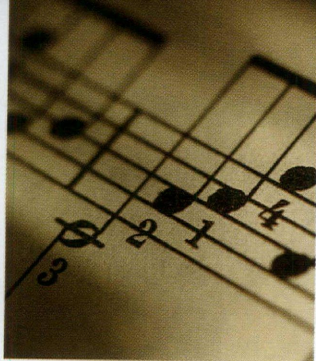
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PvV

by Philip van Vleck

NEW CD ESCAPES NEW ORLEANS AFTER KATRINA

Tar Heel fans of Zydeco-blues artist Mel Melton know two important things about Mel: He's a superb musician and an equally outstanding Cajun chef. Most of them are probably also aware of his strong Louisiana connection, which has played a major role in both his music and his cooking.

We were all focused on the Louisiana/Mississippi Gulf Coast in late August and September as Hurricane Katrina turned parts of the Gulf Coast into a lumber yard and transformed most of the Big Easy into a water-logged disaster area. For Mel, of course, Katrina was a terrible event that directly affected many of his close friends and, as if that were not anxiety-producing enough, it also jeopardized the scheduled release of his latest album. *Papa Mojo's Roadhouse* was originally set to go on sale September 13 by Louisiana Red Hot Records—based in New Orleans.

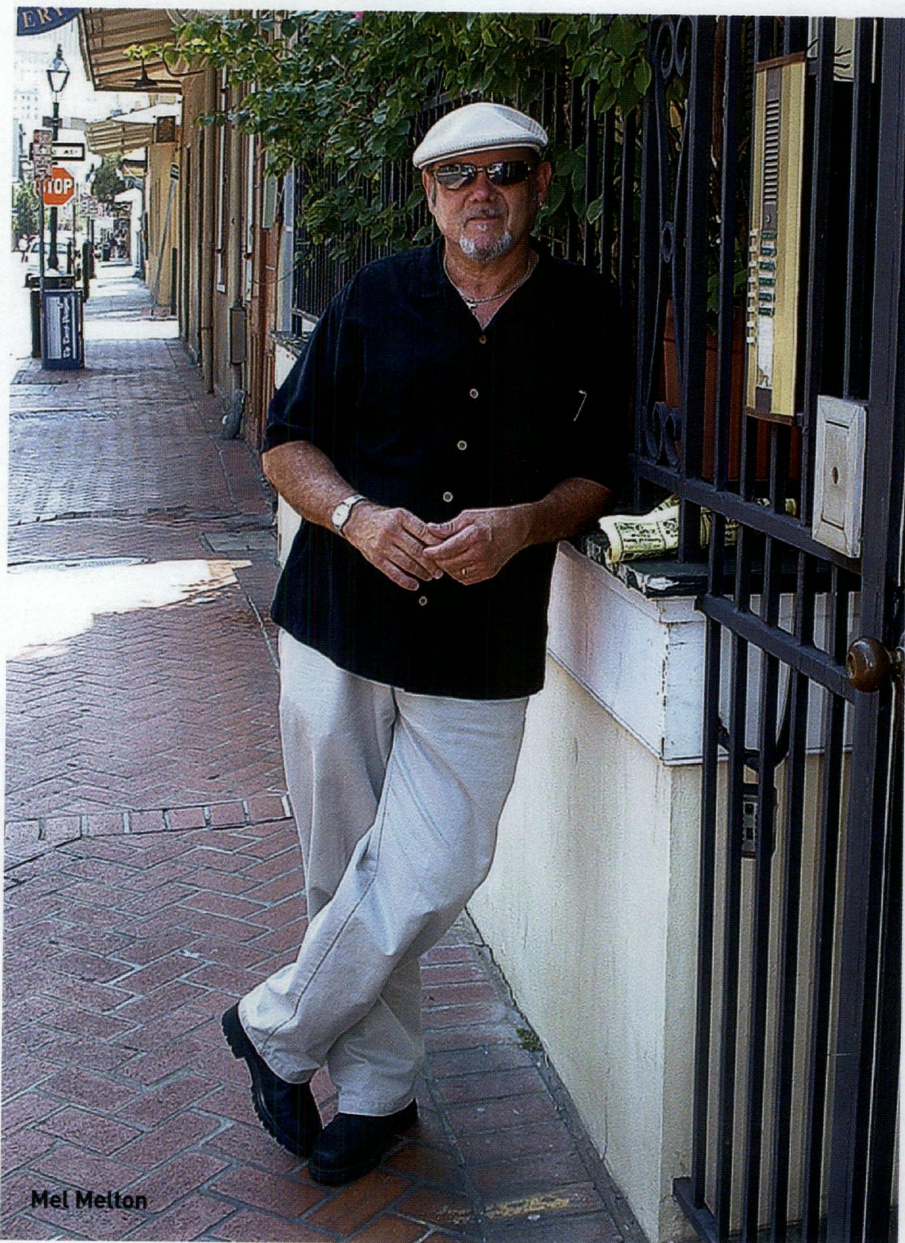
Katrina's wicked visitation apparently threw this release date into question, but after a good deal of scrambling and uncertainty, the CD hit the street as scheduled.

Papa Mojo's Roadhouse is an excellent project for Mel and his band, the Wicked Mojos. As Mel noted during a recent conversation: "I intended the album as a tribute to New Orleans."

It's ironic that Mel has released a record meant as a tribute to New Orleans at the very moment New Orleans has, at least temporarily, ceased to exist as we knew it. But it's also a fitting way to celebrate Louisiana and the Big Easy, too, regardless of present circumstances.

And since *Papa Mojo's Roadhouse* is quite possibly the strongest record Mel has ever released, it can also be understood as a keen distillation of his Louisiana musical influences.

Mel pointed out that the opportunity to get into the studio and record the new



Mel Melton

album came rather suddenly, and, in terms of songwriting, he wasn't quite prepared.

"I keep a lot of songs in various stages of completion, whether they're written down or on the computer or in my mind. When I realized we were gonna do the

album, I didn't really have any songs ready, so I had to get to work. Some of the songs actually came together in the studio."

Mel took his band into Rick Miller's studio—Kudzu Ranch—in Mebane, NC, where he has been working on this analog-

recording paradise for several years now. He has a huge collection of vintage amplifiers and microphones, and a collection of guitars that would bring any self-respecting guitar player to tears. Kudzu Ranch has already seen its share of indie rock bands, and with the arrival of the Wicked Mojos it chalked up some Zydeco-blues as well.

Mel was quite pleased with Miller's know-how and boundless energy, and he also expressed admiration for the way in which Miller has worked new material with Southern Culture on the Skids.

"I love the way he does stuff," Mel said. "He likes to work his material before an audience and really get it polished before he puts it down on CD." Mel continued by acknowledging that it's been easier to admire Miller's foresight than to emulate it.

"The problem [with working up material in the studio] is that you get an idea for a song and you get the band in the studio and you record it," he began. "Then, after you have played it live about 50 or 100 times, you start to hear things you'd like to do with the song. We didn't have that luxury this time around, but what we did have was Kudzu Ranch and Rick's great ear. The band was really energetic, but, then, it's an energetic studio. It's this big room with all these amps Rick has collected, plus all these guitars, and Rick's running around drinking hot tea all day, just wound up like a clock.

"We booked the place for a week and knocked out the tracks, and then we had to go back in and do a couple of minor overdubs and finish up a couple of other things. Then I had a few guests come in and do their thing, and that was it."

Or so it seemed at the time. Mixing down the album proved to be more problematic than Mel had anticipated. He worked with Miller on several mixes, but it wasn't sounding right.

"I could hear some obvious problems," Mel said, "but, man, I'm not good at doing the mixing. I've never had that talent, plus I have a bad left ear, so I don't hear a lot of frequencies.

"Anyway, after the second mix it still wasn't sitting good with the people we were counting on, like the record label and my executive producer," he explained. "At one time I'd talked about cutting the album

with a friend of mine in Nashville, Johnny Garcia, so I talked to him about it. He suggested I send the album to him and let him mix a couple of tracks and we could see if he was going in the right direction with them. So that's what happened. Johnny knocked out the final mix pretty much right before the deadline."

Despite a few bumps in the road, *Papa Mojo's Roadhouse* was an all's-well-that-ends-well project. The tracks are quite dynamic, and Mel's vocal work, like his harmonica playing, has matured into a thing of rugged beauty. Band members FJ. Ventre, Evans Nicholson and Ricky Olivarez performed with a good deal of grit and finesse throughout the disc, and Mel picked up some esteemed help from guest artists Sonny Landreth, Taz Halloween, Ellen Stevenson, Dave McCracken and Johnny Garcia.

Rowdy tunes abound on *Papa Mojo's Roadhouse*, including "Zydeco Razzle," "Mama Mamou," and "Ils Sont Parti." The most notable exception to the general vibe of the CD—"Pray for Day"—is also the tune that best showcases Mel's vocal chops. Also note the charming vocal by Mel's daughter Laurel on the last track, "Song for Laurel (Lagniappe)." Also note that since the album was recorded, guitarist Ricky Olivarez has left the Wicked Mojos and been replaced by Max Drake, an outstanding guitarist, who is well known to regional blues fans.

"Ricky gave me his notice when we were down in Key West playing a Cinquo de Mayo show," Mel said. "Ricky's been living in Canada a lot lately; he's living with a girl up in Ottawa. And he's gotten really good at playing Gypsy jazz guitar. He said to me, 'I guess I wasn't broke enough playing blues, so now I'm gonna play Gypsy jazz.' I figure now he'll find out what it's like to starve to death. I literally got on the phone on the way back from Florida, and by the time I got home I'd hired Max. He's a great guy and great player."

Thanks in large part to the mixology of Johnny Garcia, *Papa Mojo's Roadhouse* was delivered on time to Harris Rea, owner of

Louisiana Red Hot Records. Normally, a recording artist who has taken care of business in the studio can kick back and await the album release date without the interference of a natural disaster. As events unfolded, however, Rea found his warehouse on Gentilly Boulevard underwater and himself a Katrina refugee in Austin, and Mel was hardly relaxing.

"You see, once the record release date was set, I lined up tour dates," Mel said. "If we didn't have the release on schedule, and the promo machine behind it, I was afraid that I'd have to be a little bit quieter than I want to be."

A bit of luck had transpired, however, in the interval between delivering the finished CD to Rea and Katrina—Rea had mailed 500 copies of *Papa Mojo's Roadhouse* to Mel in North Carolina. "That

stuff can be burned on CD again," Mel said. "It's no big deal. The rest of this turmoil in New Orleans, however, that's a nightmare."

Mel related another bit of irony in discussing the temporarily displaced Rea.

"I've been knowing Harris for a long time. He's like me—born in

Charlotte. He's been down in Louisiana since the '70s. We'd talked about doing a record for years. One of the reasons I signed with him was to get back into the New Orleans music market. It's a hometown scene and it's not easy to get in, and one of Harris' selling points was that he'd get me showcased down there—he'd get me in Jazzfest. Well, we can scratch that off the list now."

Maybe so, but *Papa Mojo's Roadhouse* is alive and kicking, and while the album is a tribute to a very wet, mostly deserted New Orleans, don't be surprised by the rebirth of a streamlined version of the Big Easy in the future. Meanwhile, remember Cajun Mardi Gras will be happening in Lafayette as usual, y'all.

Also, don't be surprised if the other half of Mel's persona—the celebrated Cajun chef—lands a TV cooking show in the near future. It's in the wind, so to speak, and it's a winning idea that blends music and food. **MM**



continued from page 27

founding Communist families who are determined in their belief that China is the "cultural center of the universe."

He dismissed current free-enterprise efforts in China as misleading, saying China remains "simply a totalitarian regime" bent on economic and military domination.

Smith has seen first hand how determined the Chinese are to carry out espionage against American interests. In a tour of the US Embassy in Beijing in 2003, Smith uncovered a labyrinth of tunnels and discovered that US security cameras were "off." While Chinese Foreign Service nationals can work unescorted in the US embassy and consulates, no such access is given to Americans in Chinese posts.

"The Chinese do not worry about the rules of law," he added. "What the FBI must learn—what we must re-learn—is to look at

the Chinese from a Chinese perspective, not from the US perspective."

Smith was involved in the Larry Wu-tai Chin operation in 1982 when the FBI identified the former CIA employee as a Chinese spy. Through Chin, the Chinese learned in advance what Richard Nixon's desires and negotiating strategy would be before his summit with Mao Zedong in 1972. Armed with that information, Mao won concessions he might not have gained otherwise, such as the unescorted access to technology by Chinese working in US installations and the granting of huge numbers of Chinese student visas to study in the US.

Smith called for a tougher anti-China stance, as espionage continues today from penetration of secret US weapons labs to infiltrating private industry, such as the presence of the Chinese high-tech firm Lenovo in the Re-

search Triangle after the purchase of IBM's PC division.

"We need strict reciprocity with China," Smith said. "We need to restrict the numbers of students, restrict travel as they do with Americans. But the Bush administration will continue to soft-pedal its China policy, and the State Department will not confront China."

"Businesses continue to accept the graft, theft, piracy and bribes that are associated with doing business with China, especially if profits continue to rise," he added. "Profits trump security every time."

The conference, held August 31-September 2, also featured Ann Blackman in a presentation about her new book, *Wild Rose*, the story of Rosie O'Neale Greenhow, the Civil War female Confederate spy. See sidebar for coverage of the remarks by keynote speaker Ronald Radosh. **MM**

EYES ONLY

UNC-Chapel Hill presented its first lifetime achievement awards for the performing arts to **Richard Adler**, **Andy Griffith** and **Maxine Swalin** during the reopening of the newly renovated Memorial Hall. Called the **Carolina Performing Arts Lifetime Achievement Award**, the new honor recognizes an alumnus or

alumna, organization or individual whose work in the performing arts has greatly contributed to life at the university and enriched American culture. ■■ While in Chapel Hill, **Griffith** announced his plans to donate his **personal collection chronicling his successful career** to the university's **Southern Historical Collection**, located in the University's Wilson Library. ■■ **Long Leaf Opera** of Chapel Hill has announced the appointment of **James E. Schaeffer** as its **Executive Director**. In his new post, Schaeffer will be responsible for leading the Long Leaf Opera to its next stages of growth and development.

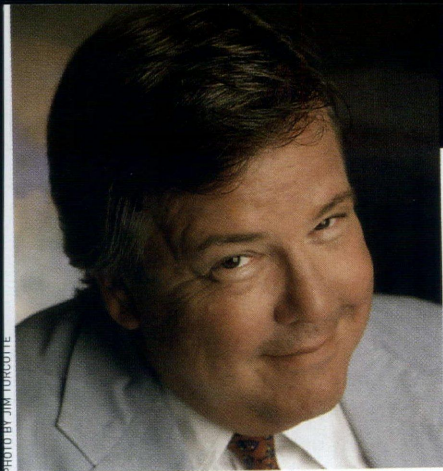
■■ **Duke University's new student plaza and divinity school chapel** are among university priorities that will benefit from a **\$6 million gift** by alumni **Aubrey and Katie McClendon**, both longtime Duke supporters. With this latest gift, the McClendons' financial support for the university totals more than \$16 million. ■■ A 2.5-pound robot named **Wallter** designed by **Duke University engineering students** has won for the second year in a row an international wall-crawling robotics competition held in London. ■■ **Residential Architect**, a professional journal serving architects, designers and other building professionals, has named Raleigh-based **Frank Harmon Architect** as **2005 Top Firm of the Year**. Also, **The Green House: New Directions in Sustainable Architecture**, a new book by Alanna Stang, executive editor of I.D. (Interior Design) magazine, and Christopher Hawthorne, L.A. Times architecture critic, includes a **house in the Bahamas** designed by Harmon. ■■ **National Wildlife Refuges in North Carolina** announce that 2005-2006 Hunt Leaflets and Permits are now available. For information about hunting on national wildlife refuges in North Carolina, visit www.fws.gov/northcarolina/hunt.html. ■■ A series of lectures by UNC scientists called "**Materials of the Future**," beginning Oct. 6 at UNC-Chapel Hill, will look at the ways **science influences society**—from spurring job growth to making a visit to the

doctor less painful. The lecture series, free to the public, will be held every Thursday in October, from 7 p.m. to 9 p.m., at UNC's William and Ida Friday Center for Continuing Education. ■■ A treasure trove of materials relating to the experience of **Russian émigrés** in the 20th century—and housed at UNC-Chapel Hill—will be available to researchers worldwide. The Andrew W. Mellon Foundation has awarded Carolina **\$363,000 to digitize records** from the collection.

■■ Scholars, students and leaders from across North Carolina, the US and Canada will gather on the UNC-Chapel Hill campus Oct. 7 and 8 for a conference on issues facing American Indians called **New Directions in American Indian Research: A Gathering of Emerging Scholars**. ■■ **West Corporation**, a leading provider of outsourced communications solutions, held a grand opening and ribbon cutting recently at its new **Rocky Mount facility**. Over 500 full-time customer-service representatives and professional staff members are currently employed at West's Rocky Mount location and **plans are to hire an additional 400 workers** to support increased business demands. ■■ UNC-Chapel Hill has received a **\$5 million challenge grant**, to be matched dollar for dollar, from the **William R. Kenan Jr. Charitable Trust** to establish a new endowment for the university's **Carolina Performing Arts Series**. **Dr. Robert C. Allen**, an expert on popular culture at the UNC-Chapel Hill College of Arts and Sciences, is writing a **history of movie-going in the South** and is asking Southerners over age 60 to share memories of the silver screens of their youth. Anyone with a story to tell can contact Dr. Allen via email at rallen@email.unc.edu, by letter at Campus Box 3520, UNC-Chapel Hill 27514 or by telephone at 919-962-5165. ■■ The UNC-Chapel Hill Library has written a new chapter of history—digitally. "**True and Candid Compositions: The Lives and Writings of Antebellum Students at the University of North Carolina**" is on the Internet at <http://doc-south.unc.edu/true/>. It includes 121 letters, diaries and speeches written by UNC students from 1795, the first year that students enrolled, to 1869. ■■ **North Carolina poet and author Fred Chappell** will receive the sixth annual **Thomas Wolfe Prize** and deliver a **free public lecture** Oct. 6 at UNC-Chapel Hill. Chappell, North Carolina Poet Laureate from 1997 to 2002, will speak at 7:30 p.m. in the Morehead Banquet Hall, on the second floor of the Morehead Building off East Franklin Street.

My Usual Charming Self

by Bernie Reeves



NEWS HELD HOSTAGE

The latest in secret information about KGB intrigue in the Third World was released in the US just in time to consider the continuing effect of Soviet Cold War disinformation campaigns on our mass media today. The odor of the connection was strong in the initial media reports from New Orleans. Rather than presenting an objective analysis of the disaster, the media assaulted the world with an organized political attack on the basic principles of the United States. National news outlets frantically expectorated a spew of strangely familiar rhetoric: The United States, capitalism and free market principles have failed in New Orleans, where the “rich” were allowed to flee, leaving the “poor” to the ravages of the hurricane. Or, since the US is a war-mongering imperialist empire, President Bush deployed the Louisiana National Guard to Iraq when they should have been home to help prevent the looting and violence in the wake of the storm.

And my favorite: Katrina was caused by global warming that could be prevented if the US would sign the Kyoto Protocol calling for the curtailment of industrial output to hold back the rising tide of ocean levels—leaving out that environmental activists successfully stopped the Corps of Engineers plan to build locks in Lake Ponchartrain and re-route the Mississippi River to shore up the system of levees.

National Public Radio broadcast four alleged “news” stories in sequence one morning, using sources in government and politics to say:

America’s allies “don’t want to work with us anymore,” having lost faith in the

ability of the US to compete on the global stage based on its inability to manage the damage from the storm; Third World nations say they can no longer rely on the principles of the US as a standard since it “can’t take care of its own” in New Orleans; The US is going broke and will lose its economic vitality trying to pay for Katrina and Iraq; US oil companies are taking advantage of the Katrina disaster and profiteering by gouging oil and gas prices while they can.

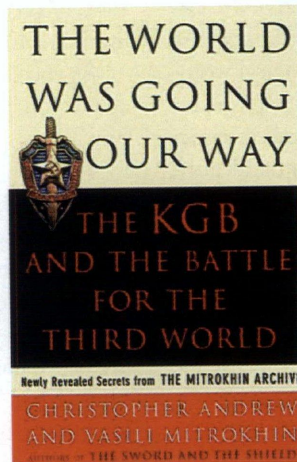
Then there is our very own John Edwards, who took to the national airwaves to call for, among other things, the redistribution of wealth in the wake of Katrina, citing a mantra right out of the Cold War Comintern play-book. Edwards and company—the ludicrous Ted Kennedy, the political strumpet Nancy Pelosi, the discredited Jesse Jackson—shamelessly climbed on the backs of the victims of Katrina to open a frontal assault on the White House and the self-esteem of the nation. Again, the whiff of organized “active measures” to exploit catastrophe to further socialist goals permeates the atmosphere, just as Soviet disinformation campaigns attacked the efficacy of America at every opportunity during the Cold War.

THE CONNECTION

You can discover this connection yourself by reading *The World Was Going Our*

Way: The KGB And The Battle For The Third World, newly released secrets from the Mitrokhin Archive by Cambridge intelligence scholar Christopher Andrew, the keynote speaker at the first Raleigh International Spy Conference in 2003. The book is the second volume revealing the deepest secrets from the KGB archives, compiled by the recently deceased Vasili Mitrokhin, a KGB colonel who smuggled out highly classified information from the spy agency’s archives over a 10-year period from 1980 to 1990.

Part One of the Mitrokhin Archive, *The Sword and the Shield*, published in 2000, revealed KGB activities against the West, most notably America, the “main adversary.” Part Two covers the Soviet battle for the Third World beginning in the early 1960s. The KGB decided that seducing into the communist sphere the newly independent nations emerging from the end of colonization after World War II was more effective than direct confrontation with the West. The massive undertaking found the Soviet Union—via the KGB rather than the Soviet Foreign Office—launching “charm offensives” in India, revolutions in Africa and Latin America, funding Palestinian terror groups in the Middle East and contorting history to label the US as an imperial power. A report to Soviet leader Nikita Khrushchev by the KGB identified 6000 Third World



"projects" in a 10-year period.

Andrew's introduction to the book reminds readers that the Bolshevik Revolution was not specific to Russia, but established to plant communism worldwide. In 1919, the Communist International was founded to spread the revolution using communist party cells in western democracies to undermine elections by discrediting democratic parties and candidates, spying on elected officials and running party mechanisms to recruit new members of the Comintern. After 1943, the Comintern was abandoned and the KGB stepped in as the main force for world revolution.

While popular culture depicts the KGB as goons in badly fitted blue suits and brown shoes, agents were in reality an elite—the Jesuits of communism. They were required to know several languages and to possess skills that can be used for cover, including cultivated conversation for embassy postings, political skills to organize active measures and journalistic training to run disinformation campaigns. In India, the KGB ran 10 newspapers as well as a press agency to disseminate fake news stories detrimental to the US and the West. During 1972, the KGB planted 3789 articles in Indian newspapers, including false reports that the US used biological weapons in Thailand and Vietnam. English-language reports from KGB-controlled Indian press agencies were lapped up and published in the US, notably the fake story that FBI Director J. Edgar Hoover dressed in women's clothes. Latin America served as a source for fake news stories that were reported in the US without regard to the source or the ludicrous nature of the report. A disinformation news release about the US market for "baby parts" is still in circulation and widely believed in Mexico and Latin America.

Selected candidates from the Third World were brought to Moscow for "training" at the Communist University of the Toilers of the East and Patrice Lumumba Friendship University, later to be installed back into their native countries to engage in destabilization campaigns that manipulated elections and planted anti-western propaganda in news-

papers and other media.

It should be clear from these revelations that the massive 30-year KGB disinformation campaign in the Third World was successful in compromising a large segment of the university community and the media in the US. The persistent anti-American slant in college classrooms and in the mass media today was inherited from the era. It continues its grip today on many of our best-known writers, broadcast presenters and Old Left activists who cannot face the alarming truth: Most of the information they rely on to sustain their doctrinal allegiance to world socialism and aversion to American principles was Soviet propaganda and disinformation.

No wonder they deny the stream of revelations that destroy their dearly held beliefs. They begin with Chris Andrew's book *KGB: The Inside Story* in 1990 with former KGB colonel Oleg Gordeivsky; the collapse of the Soviet Union in 1992 and the brief opening of the Comintern archives; the release of the Venona Files in 1995—decrypted messages from Moscow to American Soviet agents that verify the guilt of the Rosenbergs, Alger Hiss and, to date, 350 others; the spew of books by former KGB agents and, now, the long-awaited Mitrokhin Archive Part Two.

As you stare with disbelief at the coverage of Katrina, remember Vasily Mitrokhin.

NOTES FROM LA-LA LAND

The hysteria in New Orleans was personified by the panic of elected leaders who did not institute a well-rehearsed disaster plan and instead dissembled and covered up their incompetence by blaming George Bush, FEMA and the American system. Lost in the hysterical media coverage was a quiet comment by the President that the federal government cannot on its own march into a sovereign state without permission.

If education in this country ceased its preoccupation with multi-cultural platitudes and politically correct curriculum, maybe journalists would know the history behind federal power and states rights as played out in the New Orleans political


carnival. But their damage is done and has struck deep inside the national psyche, demonstrated by the lunacy of the plans for the 9-11 Ground Zero memorial in New York City. Rather than celebrating bravery and properly mourning the dead, the memorial, to be named the International Freedom Center, is envisioned to depict the struggle of blacks during Jim Crow, the Holocaust, the genocide of American Indians and pictures from Abu Ghraib prison. Is nothing sacred to the PC activists?

...

Speaking of public monuments, Andrew Ferguson echoed my sentiments in a magazine piece about the Washington, DC, Mall, noting the sheer monumentalism instituted after 9-11 that defeats visitors and security issues and creates constant construction impediments and detours. Ferguson almost said what I think: the problem in America with public places is the lack of integration with commercial outlets. If the Mall in DC, or the new Ground Zero monument—or, to bring it home, Raleigh's government installations and the proposed Art Museum Park—would allow cafés and coffee shops (with Cinzano umbrellas naturally), visiting these spaces would not be an ordeal. Visitors could even locate a bathroom. Think Paris and Rome.

...

The witty columnist Mark Steyn, writing in the *London Spectator*, noted that the pooh-pooing of the new Iraqi constitution, which he demonstrates is an admirable document, has it all over the recent European Union constitution voted down recently. And for good reason. The EU effort typifies central state control and bureaucratic rule making. The Iraq document appears clear and concise and nobly addresses the issues at hand.

Another noted writer, the mercurial PJ O'Rourke, writes of the Venice *Biennale*, the biannual display of recent modern art from around the world, stating: "There's been so much to be so uninterested in. And yet, astonishingly, modern art has got less interesting." My favorite: a chandelier made from 14,000 tampons by Joana Vasconcelos. 

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