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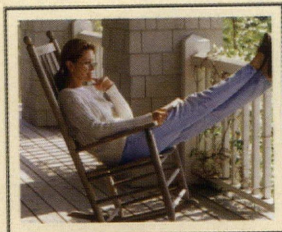




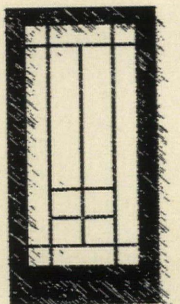
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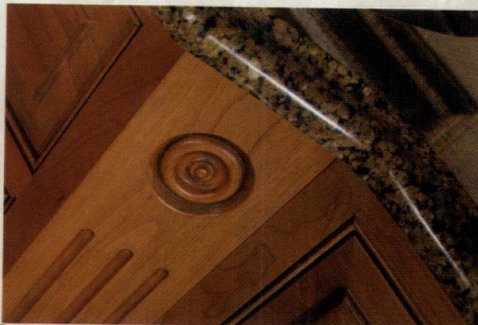
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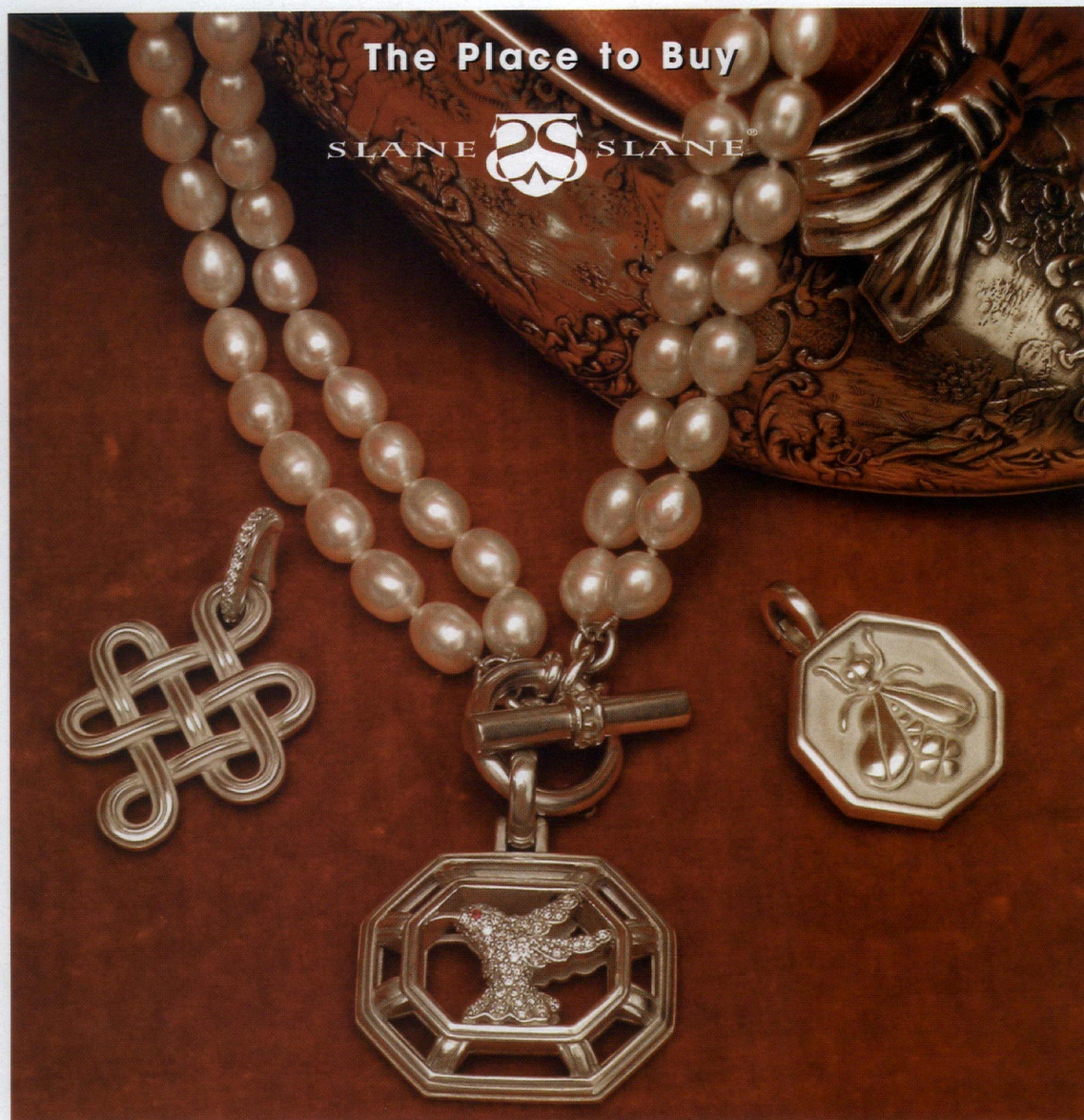
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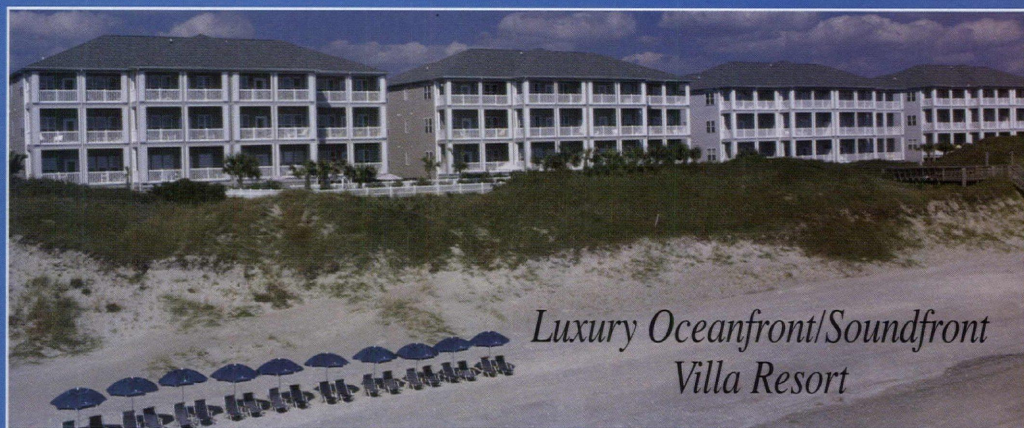
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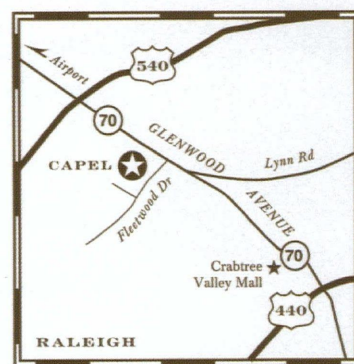


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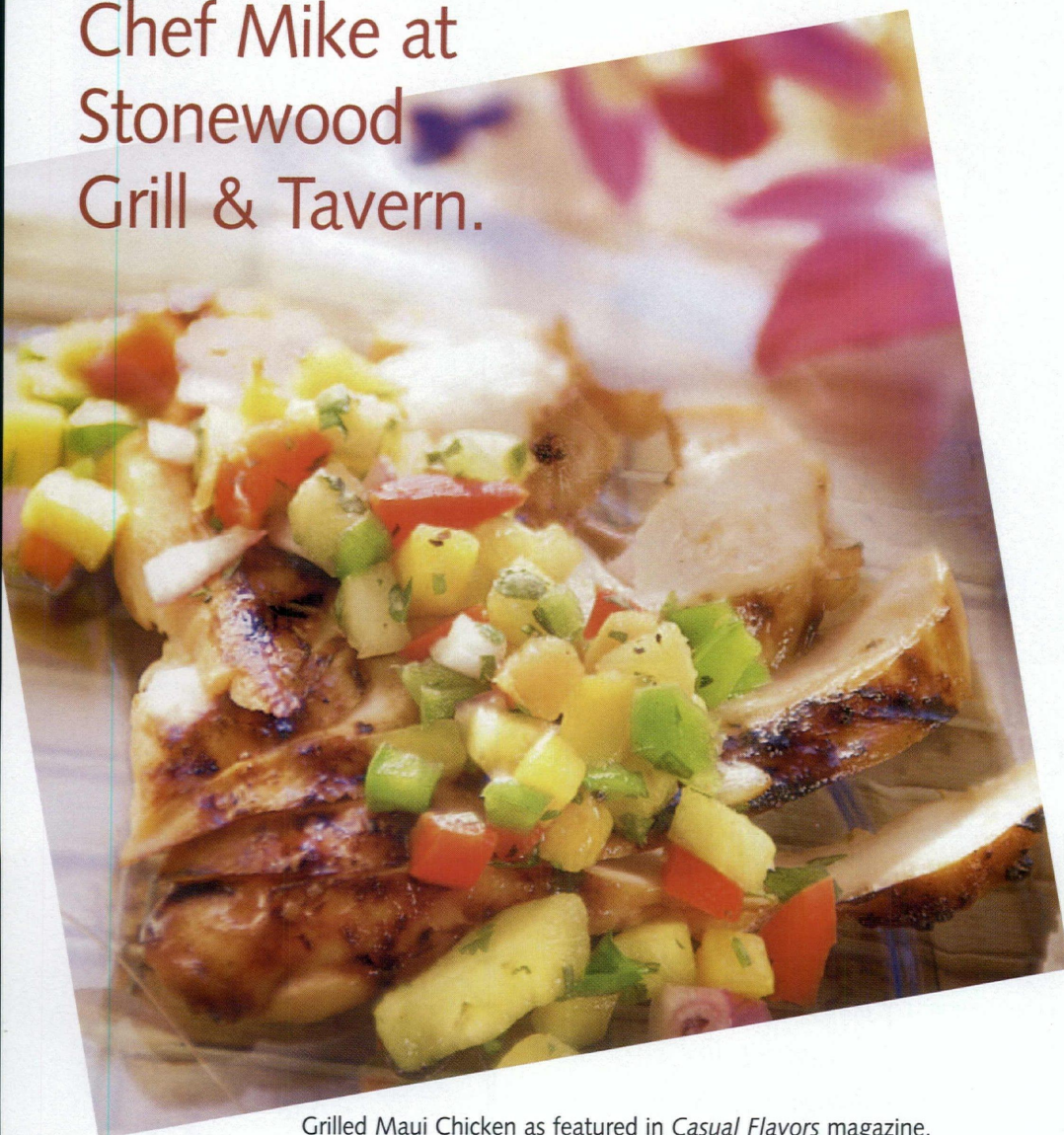
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# Grilled Maui Chicken

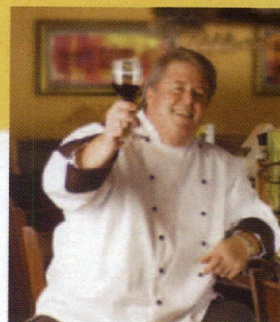
A spirited dish with a tropical twist from Chef Mike at Stonewood Grill & Tavern.



Grilled Maui Chicken as featured in *Casual Flavors* magazine.

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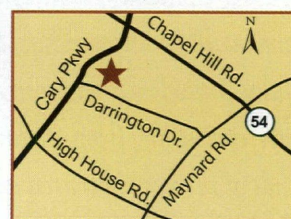
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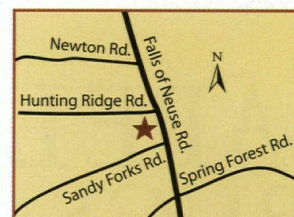
"Grilled Maui Chicken is a great, healthy dish topped with a fabulous tropical salsa. Check out the full story in this issue of *Casual Flavors*. Your complimentary copy is waiting for you at Stonewood or go to [stonewoodgrill.com](http://stonewoodgrill.com) and request a free subscription. See you at dinner!"

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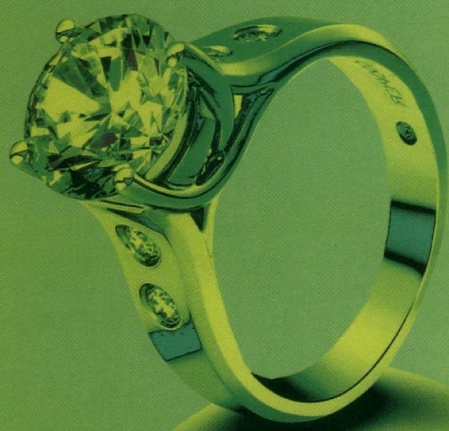
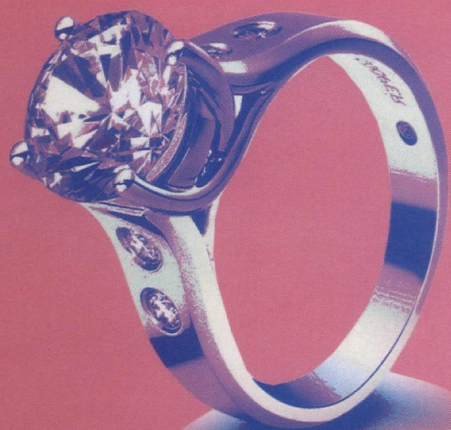
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## SUMMER ODYSSEY

I am often asked by readers how we publish such a fine magazine. And I say, truthfully, I have no idea—it just happens.

Jim Leutze's feature in this issue is a prime example. He says our heritage and our future are linked to the Intracoastal Waterway so, he told me, "I'm heading down it"—from its origins in Virginia through North Carolina into South Carolina. And he did. As a respected conservationist, who served as chancellor of UNC-Wilmington, he knows his subject. His unbounded affection for our coastal region shines through his journey, tinged with concern that we are neglecting this most precious natural asset.

In stark contrast to the tranquility of the Waterway, Raleigh and the Triangle region are bustling with the vitality of growth and inner city redevelopment, such as downtown Raleigh where Diane Lea examines three of the latest urban residential offerings: The Hudson, The Dawson and the Paramount condominium projects that are responding to the desire of urbanites to live in the center city. These innovative and attractive designs are important to the emerging prominence of downtown, providing residential critical mass to the heart of the city. The new civic center, the return to street life on the downtown mall, the Blount Street redevelopment plan, new office buildings and the future plans for the Dix Hill property will create a significant cosmopolitan metropolis that will alter upwards our civic self-esteem.

You may have heard about it, the theory that presents the convincing proposition that, since no murder weapon has shown up in the Kathleen Peterson murder case, perhaps she was attacked by an owl and later bled to death. The theory has merit and we are the first media to give it a proper airing as Michael Peterson, convicted for the murder of his wife, awaits his appeal.

The Speaker Ban era in North Carolina is remembered with emotion on both sides of this controversial issue. Maximilian Longley thinks that a recent documentary and a new book are way off in their recollections of events. Readers who remember this cause celebre, as well as younger readers who may not know of the Speaker Ban, will certainly find this essay useful and enlightening.

In keeping with summertime and coastal themes, Arch T. Allen recommends we remember our freedom and liberty on this July 4th. Louis

St. Lewis visits coastal art galleries and Fred Benton luxuriates at historic Edenton's most elegant inn. Molly Fulghum-Heintz recommends how to accessorize for the season and Barbara Ensrud suggests we toast the 4th with Madeira, the favorite drink of the founding fathers. And, in a pleasing contrast, Carroll Leggett recommends that readers heading west to the cool and pleasant mountains make a stop to see him in Winston-Salem.

Art Taylor enthuses about Algonquin's latest edition of *New Stories From the South* and Philip Van Vleck catches up with old-time Red Clay Rambler Jim Watson. Moreton Neal discovers two "classic" restaurants in North Raleigh—Saint-Jacques and the venerable Vinnie's steakhouse—and Frances Smith is amazed that the summer doldrums have not slowed down the volume of activities in the region, including the volume of activity in our summertime Coastal News and events section.

And enjoy part two of our MetroBravo awards; great beach reading and a sure conversation starter at summertime events.

On August 31 through September 2, *Metro* and the NC Museum of History present the third annual Raleigh International Spy Conference, this year featuring an all-star line-up of scholars and authors with subjects ranging from Hollywood communists to a Civil War female Confederate spy; from Chinese espionage in the US (remember, the Chinese are right here in the Triangle with the purchase of IBM's PC division) to Rosenberg spy ring members kick-starting the Soviet high-tech sector. Find out why the Raleigh spy conference is a truly significant event by going to: [www.raleighspyconference.com](http://www.raleighspyconference.com) or by calling Brooke Eidenmiller at the Museum of History: 919-807-7917 to register.

And mark your calendars now for November 11, 2005 to attend the social event of the year, the first Mannequin Ball, sponsored by *Metro*, the NC Museum of History, Saks 5th Avenue and area fashion retailers and jewelers. Note the ads in this issue and call Kimry Blackwelder at *Metro* for information on sponsorships and ticket reservations: 919-831-0999.

Stay cool.

—Bernie Reeves, Editor & Publisher





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# Correspondence

## PROPER USE OF DIX PROPERTY

I read with interest the June 2005 *Metro* article by Bernie Reeves dismissing the vision of a Raleigh "Central Park" on the current Dorothea Dix property. Much opposition to an open-space alternative to the development of this once-in-a-century opportunity is likely rooted in a misunderstanding of how a park on the property would operate. There might also be misunderstanding about how it would nurture Raleigh residents, attract tourists, offer opportunities for public amenities such as museums and cafes, and even encourage high-density residential and business development on South Saunders Street and other areas designated for revitalization.

While there is a pressing need for more ecologically oriented green space in Raleigh, revisioning the Dix property as an urban park is more about people than the unfettered wild. With its beautiful vistas, stands of mature trees and rolling hills, this unparalleled tract of land adjacent to the heart of the Capital City is keenly suited for development as a park, alive with both natural beauty and human endeavor. It should be the site for an aquarium, observatory, artfully designed gardens, or other appropriate tourist-family oriented facilities. Its historic buildings should be preserved for cultural, historic, and public amenities such as restaurants and facilities for bike rentals and kite sales. As the state's "Central Park," residents, downtown workers, and visitors will flock to a pastoral landscape bounded by the soaring skyline of the Capital City, where they will hike, bike, picnic, and marvel at the vision

of earlier city leaders. They also will meet business partners for lunch, catch up on e-mail via wireless Internet and learn about the history and contributions of the property and hospital to the mentally ill in the Dorothea Dix Museum. The Mental Health Trust Fund will be the beneficiary of an income stream generated by leasing the historic buildings for public park amenities.

This "Central Park" concept will link to state museums and greenways, and provide a meaningful nexus where the natural and man-made environments of downtown Raleigh nurture each other. It will be an economic engine for tourism and for neighboring developments. It will, in the words of Bernie Reeves, "put soul in a city." This can be accomplished not through another private development with homes, condos, and shopping, but with Our State seizing this critically important opportunity so full of residual value for our city. Continuing the legacy of our forefathers, honoring Dorothea Dix and the mentally ill, North Carolina's current leaders will be establishing a world-class park for future generations. May those entrusted with this decision be bold and visionary and forever remembered and appreciated by our state for their statesman-like leadership.

Gregory Poole Jr.  
Raleigh

## LOST IN KINSTON

My family lives in Atlanta and was very thrilled to hear that JetKinston (a Delta Airlines code-share partner) had opened up direct flights to and from Atlanta and Kin-

Bernie Reeves  
Editor and Publisher

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Barbara Ensrud *Cork Report*  
Molly Fulghum Heintz *Style*  
Diane Lea *Design*  
Jim Leutze *Editor-at-Large*  
Carroll Leggett *Columnist*  
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## INTERNS

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## Metro Acquisition LLC

1033 Oberlin Road, Suite 100  
Raleigh, NC 27605

## Mailing address

P.O. Box 6190, Raleigh, NC 27628  
Phone: 919-831-0999 Toll-free: 800-567-1844  
Fax: 919-831-0222  
email@metronc.com  
Subscription: \$29 one year

Postmaster send address changes to  
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Postage paid at Raleigh, NC  
Published twelve times a year  
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## ARTICLE REPRINTS AVAILABLE

Contact Glenn Benton at Cooper Thomas & Benton  
Printing Company, 919-868-8742.

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ISSN 1529-4404

METRO MAGAZINE AT HOME (ISSN # 1529-4404) is published monthly at \$18 per year by Metro Magazine, LLC, PO Box 6190, Raleigh NC 27628. Application to mail at Periodicals Postage Rates is pending at Apex NC and at additional mailing offices. POSTMASTER: Send address changes to METRO MAGAZINE AT HOME, PO Box 6190, Raleigh NC 27628

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ston. We come to Atlantic Beach, NC, often and the convenience of a direct flight to Kinston makes for easier scheduling and more frequent visits.

During our most recent visit, we made use of the JetKinston service. One of my son's friends flew to ISO from Atlanta and we drove up from Atlantic Beach to meet him. Driving west on US-70 (in the dark), we searched in vain for a sign that said "KINSTON AIRPORT"—you see, people from Georgia don't know what a "Global TransPark" is. After a stop at a BP and a Bojangles, we located the terminal, collected our passenger and headed back to the Beach.

Much to my surprise, we saw no signs directing us back toward US-70 East. We drove around, eventually asked directions (unfortunately, more than once) and found our way back to the Beach.

I find the signage in and around Kinston to be substandard. I guess that if I had known what a Global TransPark was, my frustration would have been minimal, but we also tried (without success) to find the baseball (Kinston Indians) facility—another example of the lack of signage when leaving

the Global TransPark.

North Carolinians might find the seemingly endless "South of the Border" signs on I-95 to be "overkill" but everyone, even Georgians, can find Pedro.

*Jim Waddell*

*Atlanta, GA (married to a Raleigh girl)*

### WHO KNEW???

Who knew that Bernie Reeves was a Vatican insider! How did you guys at *Metro Magazine* manage to insert him into the conclave and beat out all the major media in finding out how the Pope's election REALLY happened? They must be ringing your phones off their hooks to learn his SOURCES and his documented FACTS that demonstrate Bernie's not just another anti-Catholic bigot with his willful ignorance on display!

And be sure that Bernie provides the waiting public his source for the claim regarding the "many members of the Catholic priesthood," implying that the guilty make up a substantial proportion of priests. Even one would be too many, of

course, but those less-enlightened-than-Bernie who have studied this issue have no doubt misled us by stating that the rates among Catholic priests are no higher than the clergy of other denominations and that the incidence is significantly less than it is with public schoolteachers. Luckily, we have Bernie (who's obviously conducted his own research on this issue.)

Also, please make sure he tells us what source he's uncovered where the Catholic Church states, "it's fine for the priesthood" to engage in such behavior. What a scoop! No one else has been able to locate that in the Catechism of the Catholic Church! Must be in the fine print!

...To paraphrase Bernie: "And where was *Metro's* editor during this issue's publication? He was sorely missed." No doubt, from now on, many of your magazine readers will be sorely missed as well.

(Please note that the word bigot used in Bernie's case is not casual hyperbole; his words make it clear that the term unfortunately fits all too well.)

*Brad Griffith*  
*Raleigh*

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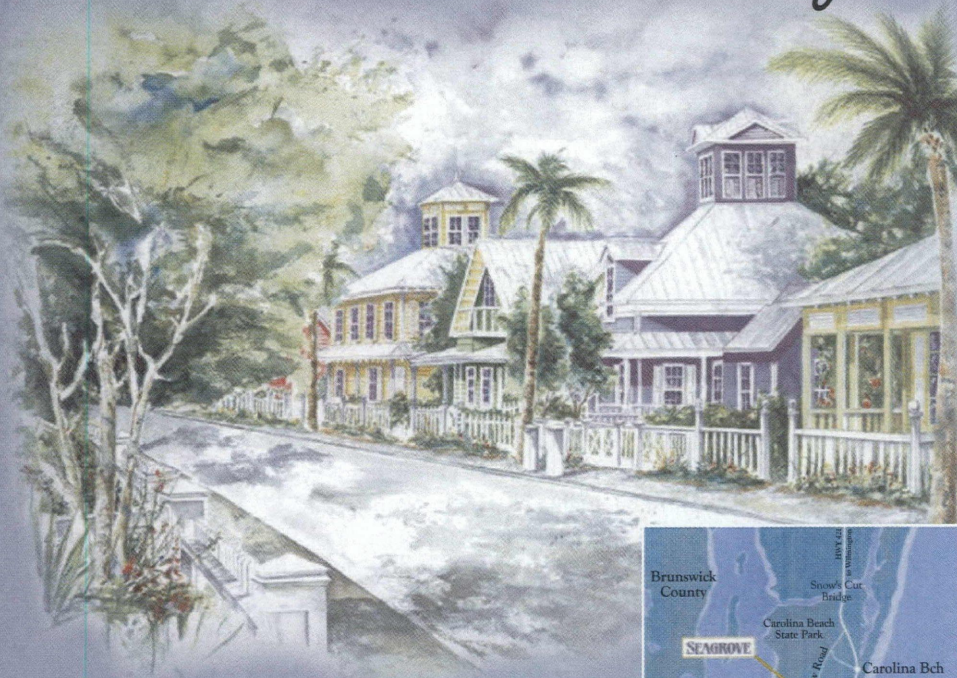
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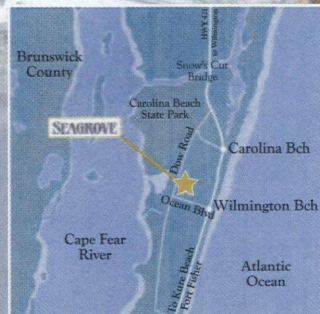


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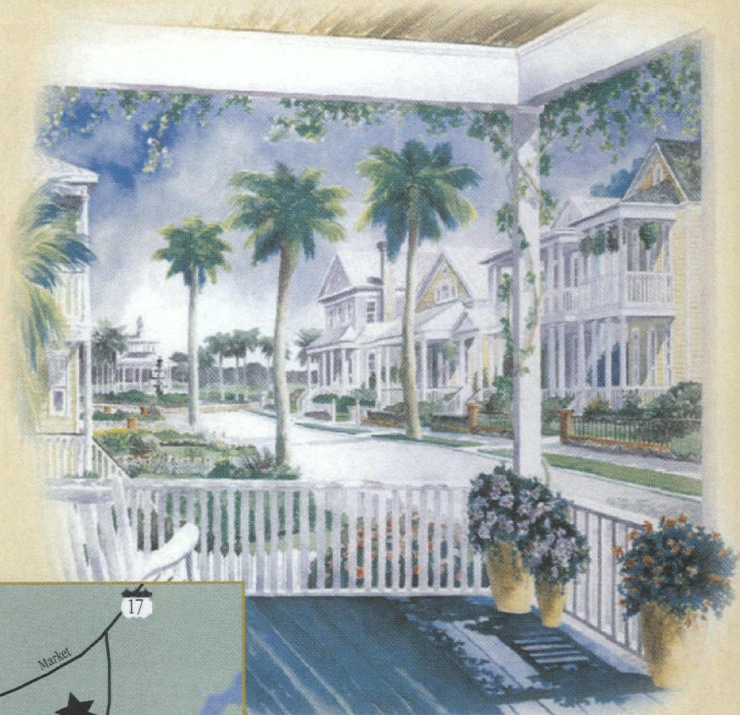
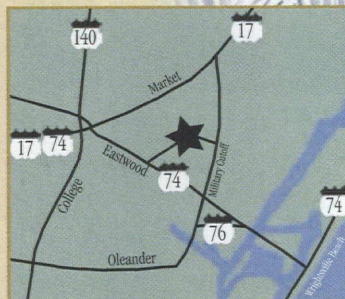
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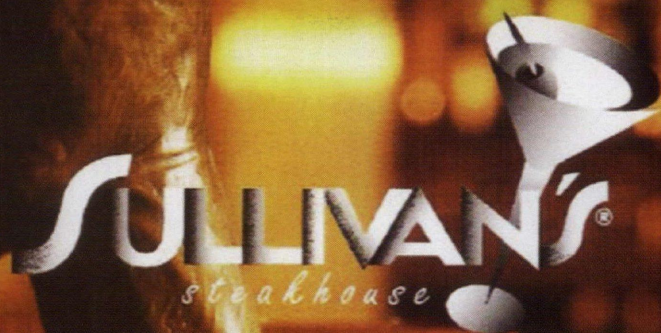
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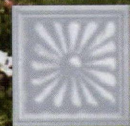


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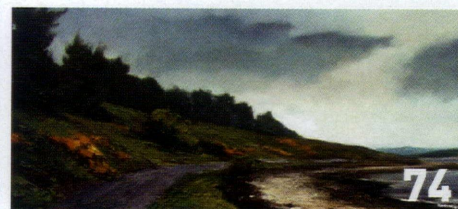
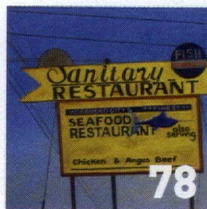
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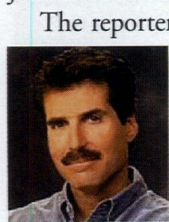


# SECRETS OF STATE

## ABC's John Stossel Speaks Out in Raleigh

"The government can't even count the votes in Florida ... the government can't run steel mills. Why is it running our schools? We should learn from the fall of the Soviet Union. Government agencies don't do a lot of things well."

This was John Stossel, the Emmy winning co-anchor of the ABC News program *20/20* and author of the best seller *Give Me a Break*, in a recent dinner address to the John Locke Foundation.



Stossel

The reporter, who has tackled thorny issues such as trial lawyers and inefficient government bureaucracy, told the group he is putting together a report about charter schools that will air in September.

Stossel defended free enterprise quite aggressively while also offering some biting criticism of former US Sen. John Edwards and other trial lawyers.

"It's capitalism and limited government that made what we have today," Stossel said. "Patrick Henry didn't say give me absolute safety or give me death."

However, Stossel conceded he is "pessimistic" about reversing the trend of rapidly expanding government at all levels, local through federal. He also noted that many people don't like his reporting. "Are you John Stossel?" he was asked recently by a person on the street. "Yes," he replied. "I hope you die soon," the person responded.

The audience laughed. Stossel didn't. "People hate capitalism," he said. "So do most journalists," adding he believes they think "capitalism is cruel, unfair, unkind and we need the benign hand of government to protect us."

Republicans aren't helping matters, Stossel said: "The federal government is expanding faster under George W. Bush than it did under Bill Clinton." He added that many Americans accept what is going on. "The natural inclination is, if there is a

problem, let the government fix it."

Stossel has reported recently on a wide variety of controversial topics, including public funding of stem cell research and author Michael Crichton's latest thriller *State of Fear* that attacks environmentalists for what Crichton calls the "fermenting of false fears."

John Edwards, who made a law and political career in part by winning a series of lawsuits against obstetricians in which he linked cerebral palsy and doctors not utilizing Cesarean sections, has also been a Stossel target.

"He's made 40 to 80 million bucks. He won't say how much," Stossel told the dinner crowd. "The percentage of c-section births has gone from 6 percent to 20 percent, but has the cerebral palsy rate gone down? No."



42-story Glen-Tree tower to open at Crabtree

## Towering Mixed-use Building to Emerge West of Crabtree Valley

Raleigh could soon be the home of a striking 42-story-tall glass-lined tower that will house a four-star hotel, luxury condominiums and penthouses. The Soleil Group of Cary unveiled plans for the Glen-Tree tower and surrounding office complex covering 600,000 square feet on June 23. It values the project at \$90 million.

Pending approval, the complex will be built where the Sheraton Four Points Hotel now stands near Crabtree Valley Mall. The developers filed plans with the City of Raleigh in late June and hope to begin construction this fall.

Internationally recognized architect Ralph Johnson of Perkins & Will of Chicago is the designer behind the project. Over the past decade, Johnson has received more than 30 awards for design, including five national honors from the American Institute of Architects. Among his designs are the O'Hare International Terminal, the Boeing Building and the Skybridge Condominium Tower in Chicago. He also designed Duke University's Fuqua School of Business.

Plans call for Glen-Tree to contain 100,000 square feet of office space, a 250-room Four-Star Westin hotel, 35 to 40 luxury condominiums, a 20,000-square-foot wellness spa, meeting and banquet space, and a 600-car parking garage.

"Glen-Tree was inspired by the city's comprehensive plan," said Dicky Walia, a principal with Sanjay Mundra of the Soleil Group. "It will reinvigorate a property at Crabtree that has great potential and will become a significant source of new economic prosperity for the region, as well as a tremendous point of pride for the community. With one of the world's more visionary architects behind this project, Glen-Tree will be a stunning addition to the city's landscape."

Added Mundra: "The Raleigh Comprehensive Plan calls for city focus areas to have iconic, tall, architecturally pleasing buildings and that's exactly what we are delivering."

The Soleil Group was formed in 2004 with the merger of Welcome Holdings and First America Hotels. Mundra and Walia, the owners, have more than 15 years of experience in real estate and hospitality. They have been involved in projects in Hilton Head, Charleston, Charlotte, New Bern and Augusta, GA worth more than \$100 million.

—Rick Smith

## JetKinston Packs in the Passengers

How grateful are travelers for jet service out of Kinston Regional Jetport?

Jeff Beruk, who lives in Wilson and up



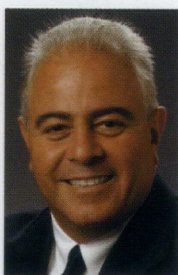
until April 1 had to fight time, traffic and expense to make frequent business trips to the Midwest out of RDU International, counts many ways he is happy about Jetport:

"It is closer to home, I get free parking, you walk just 100 feet and you are in the terminal, there are four flights a day each way, and it's easy," Beruk said with a smile. "Plus, I can stop for barbecue at Grandpa's Kitchen in Snow Hill on my way home."

Beruk talked about the JetKinston service recently to *Metro* while relaxing aboard one of the spiffy, fast and comfortable 50-seat Bombardier CRJ700 jets that Atlanta Southeast Airlines (ASA) uses for the Kinston-Atlanta route. ASA, which is



Watts



Testa

owned by Delta, launched service out of Kinston on April 1. Once in Atlanta, travelers can catch Delta flights to more than 1000 destinations. In 15 minutes or less, passengers can reach the international terminal for flights virtually anywhere around the world.

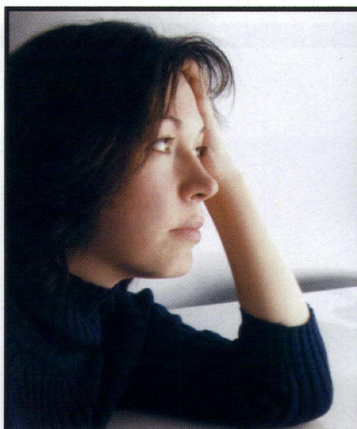
The convenience is drawing passengers in droves. "I couldn't get on a flight when they first started," said Beruk, who works for a nursing home company. He talked with *Metro* on what was his

10th trip in two months.

Local business leaders, led by the Lenoir County Committee of 100, promised ASA plenty of marketing support and traffic if the airline would add Kinston to its 900-plus daily flight schedule. So far, they have delivered, and the people at ASA are ecstatic.

"The last couple of months, our passenger load has exceeded 80 percent, which is phenomenal," said Sam Watts, vice president of logistics and planning for ASA who spearheaded the airline's Kinston negotiations. "Overall, we are doing exceptionally well."

The fact that planes are often sold out doesn't surprise Watts.

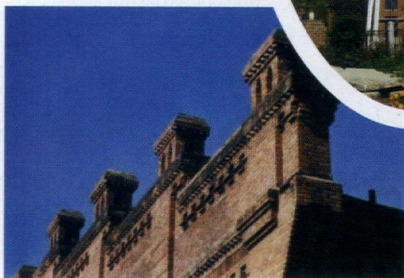
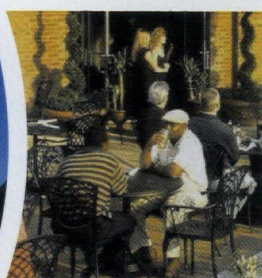
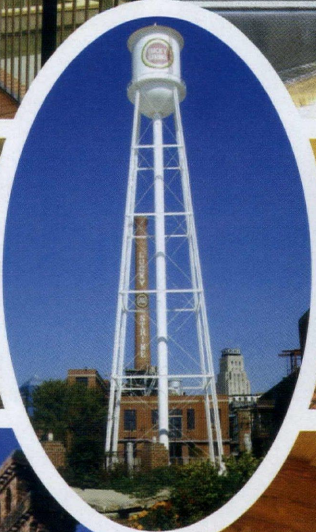
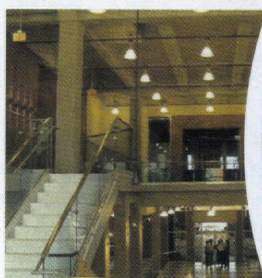
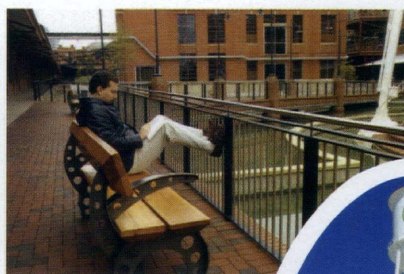


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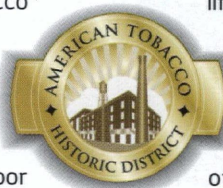
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ATLANTA SOUTHEAST AIRLINES

One of the 50-seat Bombardier jets that Delta-owned Atlanta Southeast Airlines uses for the Kinston-Atlanta route lands at Jetport in Kinston

"The Lenoir Council of 100 was the engine behind this. They are to be commended for their patience and persistence," Watts said. "This was a four-year process."

Local officials had to convince ASA that the routes would be profitable and also agree to partner in promoting the service. On the opening day, Watts said he was greeted by a

**"It is closer to home, I get free parking, you walk just 100 feet and you are in the terminal, there are four flights a day each way, and it's easy. Plus, I can stop for barbecue at Grandpa's Kitchen in Snow Hill on my way home."**

**-Jeff Beruk**

crowd of more than 200 people at a 5:30 a.m. kickoff. "The reception of the entire community was clear," he said. "We were looking for people to step up, and they did."

ASA has four flights each day into and out of Kinston. The journey takes about one hour and 45 minutes. Later this year, Kinston travelers will deplane the Bombardier

jets in Atlanta at an upgraded terminal where ASA is investing \$20 million in new and remodeled facilities. Among the amenities will be a posh Delta Crown Room Club, said ASA's Carmine Testa, who is vice president of ASA's operations in Atlanta.

"We are updating passenger areas, adding elevators, and building a new Club," Testa said. "We also will build a climate-controlled canopy system to shield passengers as they leave the aircraft. We are smaller than Delta, so we try to deliver a little bit extra. We want to provide state-of-the-art facilities for regional travelers."

ASA, which also services several other North Carolina cities, is a big regional carrier with nearly 6000 employees, 146 aircraft (with 21 jets on order) and now topping one million passengers a month. The airline already has created nine jobs in Kinston.

Kinston Jetport added its own amenity for travelers on May 16 when community activists Cindy Brochure and Jane Phillips opened "Philbros," a snack bar and shop featuring homemade cinnamon rolls, locally roasted coffee and other NC products.

"The flights have generated good traffic," said Brochure as she served a decadent four-layer chocolate cake covered in thick cream cheese icing. "Folks don't have to fight



# The Mannequin Ball

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*A portion of the proceeds from this event will be used for the restoration of the Museum's textile collection.*



traffic. We even give them free books from the library."

Brochure, who used to work in real estate, and Phillips, who retired from an insurance career, have been active in Civil War battlefield restoration. They joined the cause for JetKinston, seeing it as a huge benefit for the local area.

Now, they are seeking more service. The two sat in on a recent community meeting in which leaders discussed seeking jet service to Washington. "We're losing traffic to US Air, which flies out of New Bern and Greenville," Phillips said.

Watts smiled when told he might be hearing from the Lenoir 100 again. "If they can convince Delta there will be enough traffic," he said, "DC service is not impossible."

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#### Raleigh Chamber Music Guild Announces 64th Concert Season

The 2005-06 Concert Season of the Raleigh Chamber Music Guild will present 14 concerts by regional, national and international classical chamber music ensembles performing in the annual Masters Series; the Sights and Sounds on Sundays Series, fea-

turing North Carolina-based ensembles; programs complementing exhibitions at the North Carolina Museum of Art; and the September Prelude Chamber Music Festival of the Triangle.

The Masters Series includes world-renowned artists in a six-concert series on Sundays at 3 p.m. in Fletcher Opera Theater at the BTI Center in downtown Raleigh:

- Oct. 16, 2005 Eroica Trio
- Nov. 6, 2005 Ritz Chamber Players
- Feb. 19, 2006 Daedalus String Quartet
- Mar. 12, 2006 Musicians from Marlboro
- Mar. 26, 2006 TBA (substitute for the late pianist Ruth Laredo)
- Apr. 23, 2006 Mira Quartet

The Sights and Sounds on Sundays Series features six programs complementing exhibitions at 3 p.m. in the North Carolina Museum of Art:

- Aug. 7, 2005 Ensemble Chanterelle
- Sept. 25, 2005 Brooks Whitehouse, cello; Edmond Bullock, composer and piano
- Nov. 20, 2005 Degas Quartet
- Jan. 8, 2006 Aurora Musicalis
- Jan. 29, 2006 Ciompi Quartet and Benjamin Woods, piano
- Apr. 9, 2006 Meredith Chamber Players

The Chamber also presents the September Prelude Chamber Music Festival of the Triangle in collaboration with Duke Performances and UNC-Chapel Hill's William S. Newman Artists Series:

- Sept. 8, 2005 Performance and master class with violist George Taylor of the Eastman School of Music
- Location: Person Hall, UNC-CH.
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Sept. 9, 2005 Concert by Triple Helix Piano Trio from Wellesley College with guest violist Jonathan Bagg  
Location: Fletcher Opera Theater, 8 p.m.

Sept. 10, 2005 Workshop for adult amateur chamber players  
Location: Hill Hall, UNC-CH, 8 a.m.-5 p.m. For application & registration, contact the Raleigh Chamber Music Guild at 919-821-2030. Registration fee: \$125 includes tickets to Sept. 9 & 11 concerts.

Sept. 11, 2005 Concert by Triple Helix Piano Trio, guest violist George Taylor  
Location: Reynolds Industries Theater, Duke University, 3 p.m.

To receive a Raleigh Chamber Music Guild season brochure, for information on ticket prices or to purchase tickets, contact the guild at 919-821-2030, email at [rcmg@juno.com](mailto:rcmg@juno.com), or visit [www.rcmg.org](http://www.rcmg.org).

#### Business Support of the Arts Awards Ceremony Held

The United Arts Council of Raleigh and Wake County and the Greater Raleigh Chamber of Commerce presented the 15th annual Business Support of the Arts Awards recently at the Embassy Suites, Crabtree Valley. The awards recognize outstanding contributions to the arts in this area.

**Blue Cross/Blue Shield of North Carolina** received the award in the Large Business category for their sponsorship of the NC Museum of Art's "Defying Gravity: Contemporary Art and Flight." The exhibition attracted more than 190,000 visitors during its 12-month run.

**Quail Ridge Books and Music** was honored in the Small Business Category. For 20 years, this enterprising small business, owned and operated by Nancy Olson, has supported numerous writers, arts organizations and readers of all ages through its authors' readings and signings, storytelling hours, book clubs and partnerships with music groups and musicians.

**Benjamin K. Gibbs** was the honoree in the Individual Category. Gibbs has been the strongest financial supporter of the Raleigh Symphony Orchestra for more than 15 years and has maintained a strong personal

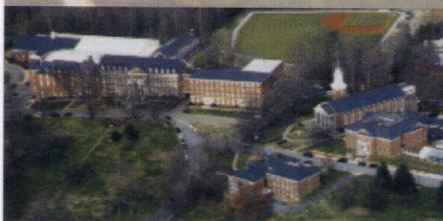
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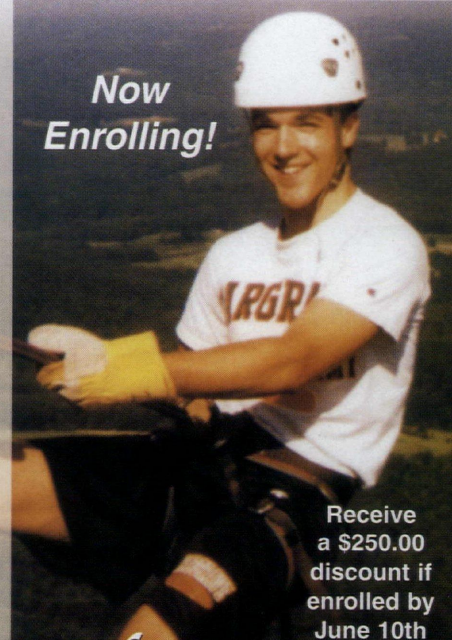
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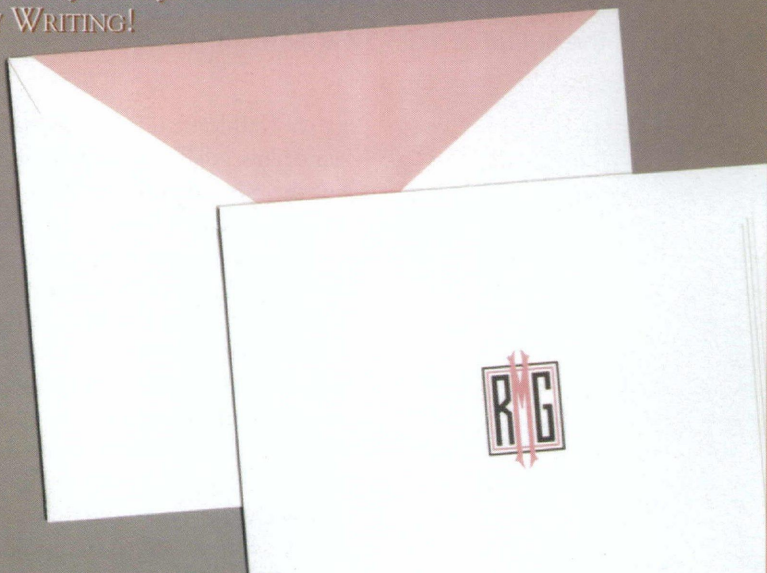
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# THE DEATH OF KATHLEEN PETERSON: THE OWL THEORY

**O**n the evening of the incident, Michael Peterson found his wife Kathleen covered in blood lying at the foot of the staircase. Durham County prosecutors brought first-degree murder charges against Michael. After a lengthy trial, the jury found him guilty of beating Kathleen to death.

Evidence for a motive was produced, including a link to a possible murder in Germany, alleged bi-sexuality and credit card debt implying Michael was living off of Kathleen's income. But in this circumstantial web, the prosecution did not produce a murder weapon, but hypothesized it was a "blow poke" usually found by the fireplace. A rela-

in cobwebs. But the jury convicted Michael Peterson, despite the lack of a murder weapon and evidence that her wounds did not indicate a beating. A French documentary team produced a television film - *The Staircase* - on the trial that has aired on the Sundance Channel. In the film it is clear Rudolph was confident he would clear Peterson due to lack of evidence. In one telling scene, Rudolph and Peterson's brother (also an attorney) comment that the worst case would be a hung jury; the best an acquittal.

The key question then, is, in the absence of a murder weapon, and evidence that the wounds did not indicate a beating, what caused the injuries to the back of Kathleen Peterson's head that allowed the blood to seep from her body and cause her death?

The "owl theory", that offers an alternative explanation for the death of Kathleen Peterson on December 9, 2001 at her home in Durham's Forest Hills neighborhood, has received scant attention in the media in the aftermath of the conviction of Kathleen's husband Michael for her murder, and his ongoing appeal now wending its way through the judicial system.

The North Carolina General Assembly is considering a bill to ban public access to autopsy photographs. If the "owl theory" is to be placed in the public domain, now is the time.

tive of Kathleen's testified she had given the same blow poke to several family members, but the one she gave Kathleen was missing from the Peterson home.

Although defense attorney David Rudolph was able to establish that the wounds to Kathleen Peterson did not include subdural hemorrhage, contusions, abnormalities or fractures to the skull, brain or spine that would ordinarily occur from an attack by a weapon like the blow poke, the Orange County medical examiner remained steadfast that the wounds could have come from an attack with a similar weapon. Rudolph demonstrated that of the 250 beatings in North Carolina resulting in death in the past decade, all showed injuries absent on Kathleen Peterson's body.

Late in the trial, the blow poke was discovered in the Peterson home's garage covered

## The Owl Theory

The theory speculates that Kathleen Peterson had been drinking wine with Michael at the outdoor pool area of the house during the unseasonably mild evening. She left the pool area and returned to the kitchen where she washed out her wine glass and left it to air dry. Before going to bed, she decided either to take out the trash, lock or retrieve something from her car, or turn out the floodlights lighting the house on the Kent Street side of the house. Michael remained out of earshot in the pool area on the Cedar Street side of the lot, approximately 100 yards away on the opposite side of the property.

Kathleen walked outside near two white artificial Christmas reindeer lit by floodlights. Here an owl (or owls) was lurking, hunting for prey at night. Suddenly, the owl, perhaps attracted by the reflection of her glasses or something she was wearing, swooped down on Kathleen, crashing into her head at great velocity and digging its talons into the back of her head.

Unsure what had happened, she struggled to fend off the owl, lifting her arms to her head. The bird swept in again, its talons extending into her skin, digging deeper and stopping only at the skull. The impact of the boney toes on the feet of the owl caused lacerations by splitting her scalp. At the tips of the lacerations on the back of her head and



(TOP) The talons of a barn owl--similar to those of the larger and more aggressive great horned owl that ostensibly attacked Peterson--match the puncture wounds on Peterson's elbow.

(BELOW) The same talons also match the tri-pronged wounds in Peterson's scalp.

elbows, her wounds reveal where talons would have dug in and hit the skull bone, but not crack the skull.

The force of the impact probably knocked her to the ground where she received marks on her nose and face. As she got up from the ground and started running, the owl assaulted her again, raking her head - either to force her away, or to grab the glasses on her face or head, which were reflecting the light from the floodlights. This second attack caused an avulsion (the peeled back skin on the left rear side of her head) large enough for blood to pour from the wound. The owl, whose talons were entwined in her hair, yanked its feet loose from her head, pulling hair loose from her scalp. It was all very swift, perhaps two seconds, causing no more than seven or eight lacerations as the owl hit her again and again on her head and elbows as she lifted her arms to ward off her attacker.

She ran to the front door as the owl gave up its grip. She slammed the front door, leaving a bloody hand print, and drops of blood on the sidewalk and the landing at the front door. There is a blood "swipe" on the door casing near the lock.

Kathleen ran into the house and down the corridor towards the kitchen (another drop of blood was found inside the front door). She was confused, not sure what happened to her, and was holding her hands to her head where her hair was yanked out after the attack by the owl's razor-like talons. In pain and confused, she fainted. She lay there bleeding, with blood now profusely flowing from her wounds. After an interval, perhaps an hour, she attempted to stand up and slipped in her own blood and hit her head against the molding of the bottom stair. The autopsy report shows this yoke-shaped laceration on the back of her lower neck.

Kathleen Peterson's wounds show a symmetrical parallel pattern of marks that look



suspiciously like the marks left by a raptor when it strikes people with speed and flexible talons that can split the scalp and then extend into the flesh. Because they are of similar size, the wounds appear to be delivered all at one time.

When Michael Peterson came into the house he found Kathleen on the staircase lying in a pool of blood. He leaned over her to help her and got blood on his clothing. He then called 911.

*Metro* obtained Kathleen Peterson's autopsy photographs in order to bring this

alternative theory to the public because the owl theory deserves the light of day. The wounds and blood patterns fit the theory, while the blow poke does not stand up to scrutiny as the murder weapon.

We are publishing this information because of the bill circulating in the NC House that calls for a ban on the publication of autopsy photographs set to begin July 1, 2005.

Justice demands full public disclosure of all evidence to protect the innocent, and to ensure trust in the judicial system. **MM**



# SPEAKER BAN LAW CONTINUES TO RESONATE

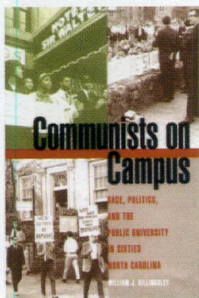
by Maximilian Longley

*The following is an opinion piece by Maximilian Longley, responding to a recently released documentary and a new book on the Speaker Ban, the controversy that shook the UNC system of colleges in the 1960s and contributed to the national debate on free speech on campus. The issue has come full circle, from attempts by the legislature to control free speech on campus 40 years ago, to faculty-endorsed speech codes that exist today in our colleges and universities.*

In 1963, the North Carolina General Assembly passed the Speaker Ban law, an effort to prevent communists from appearing on state-owned college and university property. The law was struck down by a court decision in 1968, but the legacy of the era it spawned continues to be the subject of intense discussion today.

*Beyond the Wall*, a documentary on the Speaker Ban era, produced and directed by UNC-Chapel Hill film professor Gorham "Hap" Kindem, was released last April. The film focuses on the Speaker Ban law as a right-wing assault on freedom during the anti-communist obsession of the Cold War, comparing the era to the current war on terror.

A book on the Speaker Ban, William Billingsley's *Communists on Campus: Race, Politics and the Public University in Sixties North Carolina*, was issued by the University of Georgia Press in 1999, after being considered and rejected by UNC



Press. *Communists on Campus* is critical of UNC for supposedly caving in to the censorship principles behind the Speaker Ban before it was repudiated in court.

One issue posed by *Beyond the Wall* and *Communists on Campus* is the genesis of the Speaker Ban. Considering the near total lack of legislative debate before the law was passed suddenly in June 1963, this is a difficult question to answer with precision, but the

book and the documentary focus on one clear causal factor. There were many civil-rights demonstrations going on in 1963, and while these demonstrations were not known to be communist-inspired, some legislators tended to see communism behind racial unrest. Nor did it help, from the point of view of legislators, that some UNC professors and students were involved with the demonstrations.

*Beyond the Wall* and *Communists on Campus* choose the racial factor as an explanation for the passage of the Speaker Ban. Author Billingsley explains the Speaker Ban as racism disguised in the garb of anti-communism. In this context, however, Billingsley says: "The presence of a small but vocal group of students identifying themselves as Marxist-Leninists committed to a socialist agenda was essential to the re-enactment of a Red Scare episode in North Carolina." This refers to the few students at UNC-Chapel Hill who belonged to the Progressive Labor (PL) organization. PL was a group that split off from the Communist Party after rejecting their former CP comrades for being too conservative and pro-capitalist. The small PL group on campus attracted attention by its invitations to radical speakers, including PL's leader Milton Rosen.

Some interesting details about PL's activities in North Carolina are not found in Billingsley's account. Progressive Labor was trying to move into North Carolina to take over from African-American militant Robert Williams, who had fought segregation in his hometown of Monroe, near Charlotte (also Jesse Helms' hometown).

When Williams fled the country in the wake of a 1961 race riot, he moved to Cuba and China and produced revolutionary propaganda aimed at black Americans.



**"The presence of a small but vocal group of students identifying themselves as Marxist-Leninists committed to a socialist agenda was essential to the re-enactment of a Red Scare episode in North Carolina."**

—Billingsley

Progressive Labor—apparently without Williams' approval—tried to pick up where Williams left off. PL activists moved to Monroe, and some of them turned up elsewhere in North Carolina. PL activist Alice Jerome joined the faculty of Greensboro's private Bennett College, but was fired in 1962 when her former Communist Party ties were discovered.

North Carolina didn't appear in dan-



ger from the tiny number of communist subversives operating in 1963. But the existence of real-live Marxist revolutionaries in North Carolina wasn't a figment of anyone's paranoid racist imagination.

Another key theme of the book *Communists on Campus*, repeated by some of the people interviewed in "Beyond the Wall," is that UNC administrators, such as William Friday, president of the UNC system, didn't do enough to defend the principles of free expression against the assault represented by the Speaker Ban. *Communists on Campus*, and some of the subjects interviewed in *Beyond the Wall*, suggest that the UNC administration tried to prove to Speaker Ban supporters that they could be trusted to censor controversial speakers, thereby "earning" the right to have the Speaker Ban relaxed.

The suggestion that UNC actually wanted to censor controversial speakers does not fit the evidence. The UNC administration sought to implement the Speaker Ban because they thought they had to enforce statutes passed by the legislature until they were declared unconstitutional. At the same time, in public statements as well as behind the scenes, UNC officials opposed the Speaker Ban and defended the right of students to hear what communists and other extremists had to say.

In place of the Speaker Ban, the UNC administration advocated an open-forum policy that would provide that recognized student groups could invite speakers of all political backgrounds. The only constraints were that the speaker could be required to answer questions from the audience; the meeting might have to be presided over by a faculty moderator; and the speaker might be balanced out with speakers of contrary views.

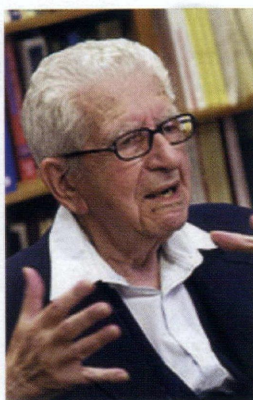
Instead of placating the legislature, UNC's proposal aggravated the solons. Key members of the Britt Commission, the legislative panel appointed in 1965 to find a way out of the Speaker Ban controversy, thought the open-forum policy provided too much free speech.

It took someone from outside UNC to suggest a compromise acceptable to legislators. Leo Jenkins was President of East

Carolina College in Greenville, then a separate institution from UNC with its own board of trustees (today, East Carolina University is part of the UNC system). Jenkins persuaded his trustees to propose a speaker policy to replace the Speaker Ban. This proposed policy declared that communists and other extremist speakers should only appear on campus when it would serve the interests of education, not the interests of America's enemies. State Senator (and future US Senator) Robert Morgan, who had previously appeared

before the Britt Commission on behalf of the American Legion to support the Speaker Ban, now appeared in his capacity as chairman of the East Carolina trustees, reluctantly conceding that a policy like ECC's could be the basis for a Speaker Ban compromise. Both *Beyond the Wall* and *Communists on Campus* leave out ECC's role.

The Britt Commission devised a compromise on the Speaker Ban, adopted in November 1965. The General Assembly passed a law permitting speakers in the previously banned categories to speak on campus, but subject to regulations by the



Aptheker

Rev. 5-22-64)

the following in \_\_\_\_\_

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Date: 2/25/66

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(HERBERT E. APTEKER)

Re Charlotte airtel to Bureau, 2/15/66.

Sources advise APTEKER invited by two student groups, the Men's Student Government and the Liberal Action Committee (Duke University chapter of Students for a Democratic Society), to speak at Duke University, Durham, N.C., on 3/8/66. Also, FRANK WILKINSON invited by the Professional Affairs Committee of the Duke Bar Association to speak at the Duke University Law School on 3/1/66. Both of these invitations have been approved by DOUGLAS M. KNIGHT, President of the University.

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M Per



various boards of trustees. In exchange, boards of trustees—including UNC's board—approved a policy statement drawn up by the commission stating that those previously banned by the Speaker Ban law, plus anyone who advocated undemocratic ideologies, should appear on campus only infrequently, and then only when it would serve the advantage of education.

In a letter, UNC-CH Chancellor Paul Sharp described the 1965 amendment as "about a 70 percent victory." Under the original version of the Speaker Ban, legitimate scientific and cultural speakers, such as geneticist J. B. S. Haldane and playwright Arthur Miller, had been banned for their radical *activities*. The 1965 changes put an end to these sorts of problems. Although the watered-down Speaker Ban still seemed to envision college authorities acting as censors, the UNC administration decided to hold fast to its open-forum principles, on the grounds that communist and other extremist speakers would



William Friday, 1964

serve educational purposes as defined in the new policy.

Chancellor John Caldwell of NC State allowed a communist (Gus Hall) and a Fifth-Amendment pleader (Klansman

Robert Jones) to be invited to campus (they declined). UNC-Chapel Hill faculty were informed that they didn't need administrative clearance to invite suspect speakers; only students would have to have their proposed invitations vetted by the administration. Although all undemocratic speakers were suspect under the policy formulated by the Britt Commission in 1965, student groups only had to receive clearance for speakers who came within the narrower terms of the 1963 legislation—known communists, seditionists and Fifth-Amendment pleaders. Many suspect speakers spoke on UNC-Chapel Hill's campus prior to the Speaker Ban's invalidation in 1968, mostly on invitation from the faculty.

#### Aptheker and Wilkinson

In early 1966, the campus chapter of Students for a Democratic Society invited Herbert Aptheker and Frank Wilkinson to speak at UNC-Chapel Hill. Moderate student groups, who had been looking for

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a speaker to sponsor in defiance of the Speaker Ban, signed on to SDS's invitations, although they weren't certain these were the best choices to use to stand up to the ban. Aptheker, an avowed communist, was just getting back from a trip to North Vietnam with American peace activists. He told American audiences about this trip, denouncing the American war effort even more vehemently than peace advocates. Wilkinson was an activist who had taken the Fifth Amendment when a California legislative committee asked him about Communist Party membership. Leading Tar Heel politicians wanted the two censored, and FBI files on record at the National Archives suggest that even the FBI was pressuring UNC to ban them. The FBI kept informed about the Aptheker and Wilkinson appearances, and anonymously distributed a pamphlet criticizing Aptheker to administrators and student leaders at UNC and Duke (Aptheker and Wilkinson spoke at Duke, a private university not subject to the Speaker Ban).

**To find examples of UNC officials enthusiastically practicing censorship, look to the modern era of politically correct repression, not to the time when University officials were fighting vigorously against the Speaker Ban.**

Despite the pressure from so many sources, President Friday and other UNC administrators tried to persuade the University's trustees to let Aptheker and Wilkinson speak on campus. Aptheker was to speak as part of a panel with UNC professors, an effort at UNC to go back to the open-forum policy that had met with skepticism from the Britt Commission. The trustees rejected the administration's proposal to have Aptheker and Wilkinson appear, and then they voted to let the chancellors at each UNC campus decide on the suitability of student-sponsored speakers.

The administration interpreted the



trustees' ambiguous actions to mean that Aptheker and Wilkinson should be banned. The two speakers addressed students over the wall dividing the campus from town property. This was the only time between the amending of the Speaker Ban in 1965 and its abolition by a federal court in 1968 that university authorities banned speakers at Chapel Hill.

After the Aptheker/Wilkinson affair, a lawsuit by students and the banned speakers resulted in a three-judge federal court ruling in 1968 declaring the Speaker Ban unconstitutional. The judges said the law and its implementing policies were unconstitutionally vague, and that the clause regarding Fifth-Amendment pleaders penalized people for exercising their constitutional rights. *"At the same time, language in the opinion strongly suggested that the University ought to adopt a better-drafted speaker policy that limited the ability of extremists to speak on campus."*

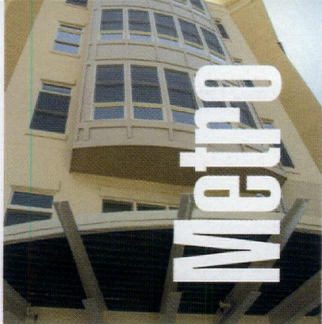
Far from taking the hint dropped by the judges, UNC took the court decision as an opportunity to re-assert its preferred open-forum policy. Immediately after the decision, a UNC official invoked the ruling as a reason not to censor novelist Han Suyin, despite administrators' (possibly exaggerated) belief that the author was a communist ("Han Suyin" is the pen name of Dr. Elisabeth Comber, a novelist of

Chinese-Belgian heritage who praised the Mao Tse-Tung regime in the 1960s).

To replace the Speaker Ban, the UNC administration convinced the trustees to pass a new visiting speaker policy. The policy's preambular language contained anti-communist rhetoric, leading Billingsley to see it as another example of University repression. However, the operative part of the speaker policy followed open-forum principles. UNC's branch of the American Association of University Professors, that had vigorously opposed censorship of campus speakers, concluded in December of 1968: "Any student group is permitted to schedule any speaker it invites to the campus in any building not otherwise in use. ... There is no censorship in the use of any building by any campus group for speaking purposes." There were limits on students' scheduling singers, musicians or comedians at the two main campus auditoriums, but these restrictions were not intentionally designed to discriminate against politically suspect entertainers.

UNC's administration, then, may be largely cleared of complicity in the Speaker Ban. To find examples of UNC officials enthusiastically practicing censorship, look to the modern era of politically correct repression, not to the time when University officials were fighting vigorously against the Speaker Ban. **MM**





# Design

by Diane Lea

Photography by Kinsley Dey

## Hudson, Dawson and Paramount Condos

### CREATING URBAN MASS

**“W**ell, we had steel,” says architect Steve Schuster, referring to the structural components of the historic Hudson-Belk Building, located in the 300 block of Raleigh’s Fayetteville Street. Schuster, Principal of Clearscapes, PA, a Raleigh design firm that has participated in many of Center City Raleigh’s historic renovation and adaptive reuse projects over the past 20 years, said the steel components provided the focus for an innovative re-design of the former department store. In the spring of 2003, Clearscapes was commissioned by owner-developer Vaughn King to adapt the approximately 200,000-square-foot building to mixed-use development featuring ground floor retail and upper level condominiums. The project is now nearing completion after a soap opera-like scenario that began in 1995 when Belk’s sold the handsome 1930s building to the City of Raleigh.

Redevelopment possibilities for the property looked promising

when Boston-based Modern Continental Enterprises purchased the aging structure for \$2 million and invested perhaps that much again into design work and demolition. When Modern Continental withdrew from the project, Vaughn King, a relatively unknown developer—whose \$14 million condominium conversion of Raleigh’s historic Caraleigh Cotton Mill had been a major resumé builder—stepped in. King hired the well-known Raleigh general contracting firm of Clancy and Theys and began the \$25 million up-fit of the venerable building.

#### CREATIVE SOLUTIONS

The Clearscapes team, comprised of design architect John Reese, project architect Fred Belledin, Rick Haughton and Mon Peng Yeh, added two additional stories to the original box-shaped building and created a 7500-square-foot U-shaped upper-level courtyard to allow

The Hudson’s condominiums feature elegantly proportioned and light-filled rooms, some with 14’ ceilings. This model unit is enhanced by fine contemporary furnishings from Cherry Modern Design.





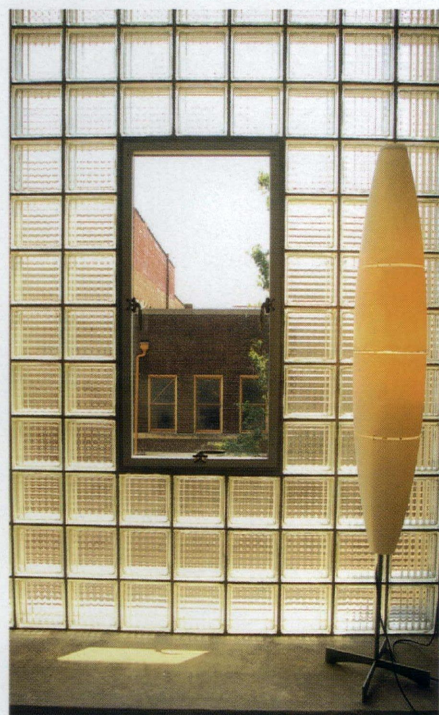
more light and air into the residential units. While reworking the building's interior, crews discovered that the original brick façade had never been tied to the superstructure, causing part of the fifth floor brick wall to crumble. Plans to save the original exterior evaporated and the focus shifted to emphasizing what was left—the structure's existing vertical structural steel components. The loss of the building's brick exterior led to the design decision to wrap the structural supports in corbelled brick columns and use a variety of sleek industrial materials to define the elements of the building's façade. Galvanized steel frames would outline the horizontal bands of windows; vents would be concealed in aluminum grillwork screens set in glass block panels; and an industrial plastic material used in greenhouses would form the cantilevered 12 foot-wide canopy over Fayetteville Street. "We wanted the new skin of the building to pick up on the image of the classic 1930s urban department store," says Schuster, "but not be imitative. We were not trying to put back something exactly like the original but to draw on a modern urban design context. There really isn't another building like it in Downtown."

The name Hudson was chosen to reflect the building's connection to the Hudson fam-

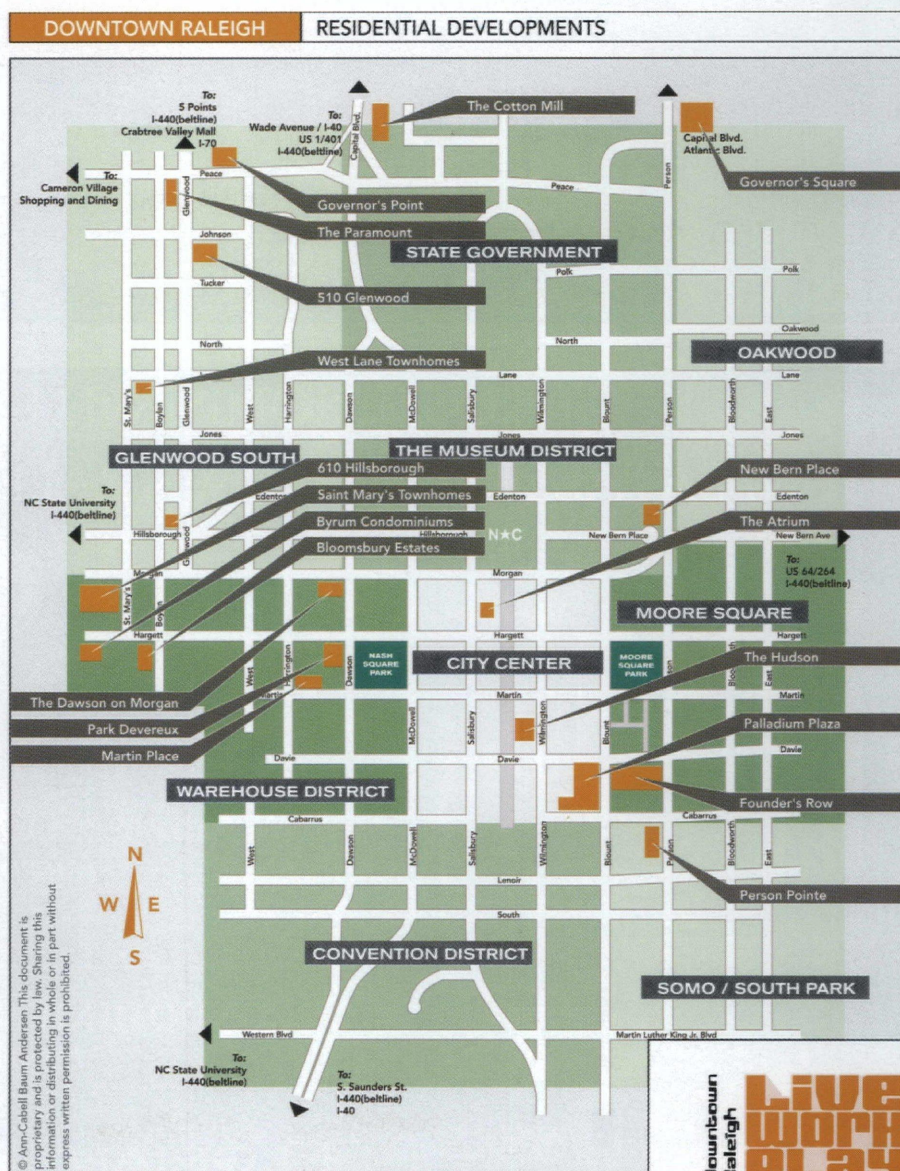
ily, former local partners with the Charlotte-based Belk retail chain. The modified name and the building's mixed-use nature distinguish it from its former department store use, resonating perfectly with the tenets of the City of Raleigh's long-term Downtown Master Plan. Begun in the mid-1980s and finalized only recently, the plan's goal is to rebuild the vitality of Downtown, particularly through the opening of the Fayetteville Street Mall to vehicular traffic. The Hudson, with 16,000 square feet of retail on the first floor, secure ADT-monitored and gated parking, and 64 one- and two-bedroom condos—ranging in size from 1040 square feet to 1770

square feet on the upper floors—is a significant addition to the revitalization of Raleigh's formerly robust Center City.

The signing of ABC affiliate WTVD-TV as a Hudson tenant was particularly important, and, as owner Vaughn King reports, "They wanted to be here." Recasting their facility in the image of NBC's Rockefeller Center street-level studio, WTVD offers entertainment, weather and news to the casual passerby or the more attentive newshound. Colorful electrified banners beneath the building's modernist steel-framed canopy announce the day's leading stories, and pedestrians can pause and watch live shows



Glass blocks give a 1930s feel to the Hudson, formerly the historic Hudson-Belk department store.



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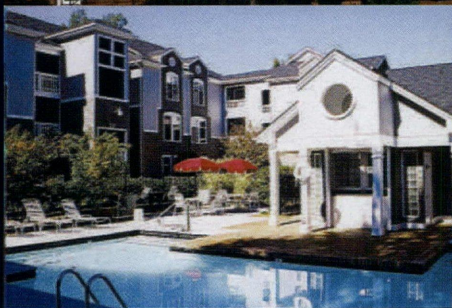
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Urban chic is epitomized by this Charles bed from Cherry Modern Design and art from Glance Gallery.

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through plate glass display windows. A second Hudson tenant, a multi-service UPS store, adds to the constant goings and comings on the street, as will a planned-for delicatessen.

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66	Peace Dormitory
165	Chavis Heights
8	City Space/Boylan

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##### In the Pipeline

66	Palladium
18	The Glenn
80	Carlton Place
68	Bloomsbury
120	222 Glenwood

**352 Total**

##### Planning Stages

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Source: Elizabeth Alley, Planner 1, of the Raleigh Urban Design Center

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**A**nn Marie Baum has lived in North Carolina for 17 years. She's been a researcher and a retailer, and now she is co-owner of a remarkable modern furniture store, Cherry Modern Design, named for her partner and NCSU-trained architect husband, Louis Cherry, a North Carolina native who left the rural community of Grifton to study English Literature at Duke. He was a general contractor before returning to East Carolina University to pursue a degree in printmaking and industrial design.

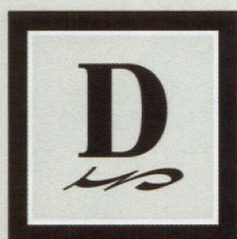
When the pair decided to establish a modern furniture store, Louis' architectural firm, Cherry-Huffman, had been a local fixture for a dozen years. It was also a time when local contemporary furniture icons—Bentwood and its successor Gallery Americas—had departed the retail design scene. The duo figured they had the knowledge of product and interior design to introduce the best of Italian furniture and accessories to the Triangle.

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Cherry's gallery, located at 400 Glenwood Avenue, Raleigh, in the design haven of Glenwood South, displays their manufacturer's wares in separate rooms, or vignettes. Of special interest are the rugs (often Paola Lenti), lighting fixtures from Foscarini, and glass accessories from Venini, which complement the store's leading furniture lines. Take a look through the window at Cherry Modern Furnishings and look into the future of home furnishings in the Triangle. **MM**



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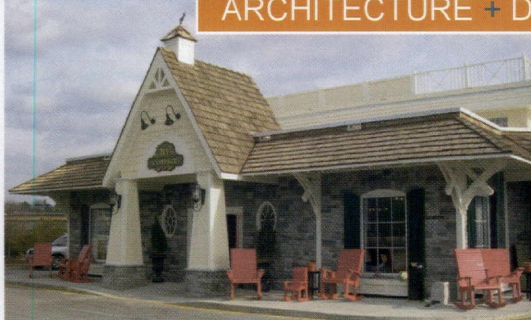


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## INTERIOR ELEGANCE

The individual condominium interiors, designed by Clearscapes's John Reese, are crisply contemporary, drawing upon a mix of materials including concrete floors, brick divider walls and glass block insets. Ceiling heights vary, soaring to as much as 14 feet in the main living area, and dipping lower to usher residents into interior bedrooms and baths. Tall window walls provide views and access to the Hudson's second level open courtyard with its multi-toned stone pavers and landscaping. Kitchens, by AyA Kitchens, are arranged as streamlined galleys with stainless steel appliances and finely crafted frameless cabinetry.

Reese chose Raleigh's contemporary furniture store, Cherry, to furnish two of the Hudson's model units. An avid student of contemporary design, Reese worked with Cherry co-owner Ann Marie Baum and her staff to furnish a dream condo. "It was an ideal assignment," says Baum. "For the one-bedroom unit we chose a sand-colored Andy sofa by B & B Italia, one of our most popular lines. The dining area was done in a light oak wood using pieces from the Void collection of B & B Italia, and the bedroom was furnished with a Charles bed from B & B

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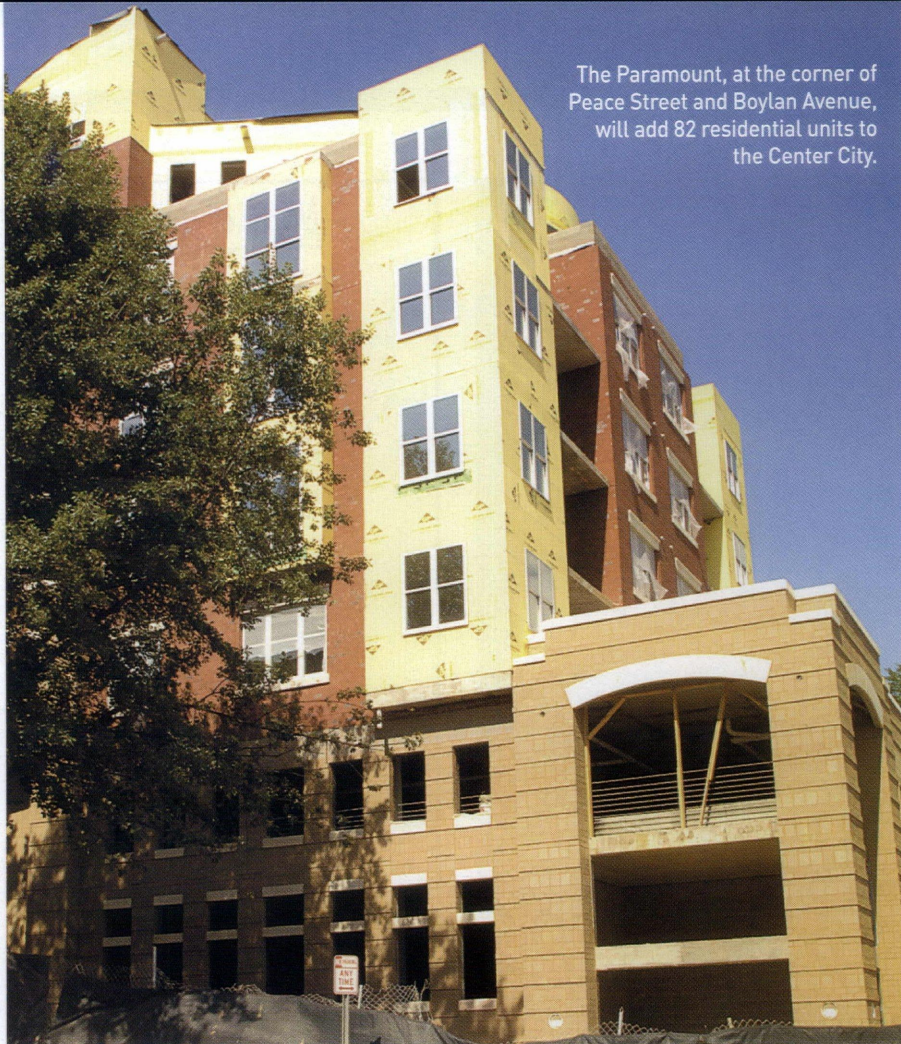
Modern classicism distinguishes the Dawson, located near Raleigh's trendy Warehouse District.



Italia. The concrete floors lend themselves to rugs with warmth and texture. Our choice for the living area was a deep maroon and blue-toned Paola Lenti rug with lots of texture and a subtle pattern."

Reese is also pleased that local residential contractor Will Alphin of Alphin Design-Build will be the Hudson's finish contractor, adding additional detailing specified by purchasers who want further customizing of their condominiums. "Design-Build will coordinate with Cherry to finish and furnish the second model, a third-floor residence which will be open to the public July 15th," says Reese. He adds, "Glance Gallery, Clearscapes's neighbor at 311 W. Martin Street, will be displaying art and sculpture in the model units. The gallery is considering developing changing exhibits for the public areas in the Hudson."

Schuster, whose own loft condominium is on Martin Street, notes that all Downtown stakeholders—the City, the Downtown Raleigh Alliance, the Urban Design Center, and all area merchants, restaurateurs, artists and business people—have been waiting for Downtown to achieve "critical mass," a term he uses to describe the number of housing units needed to accommodate a substantial



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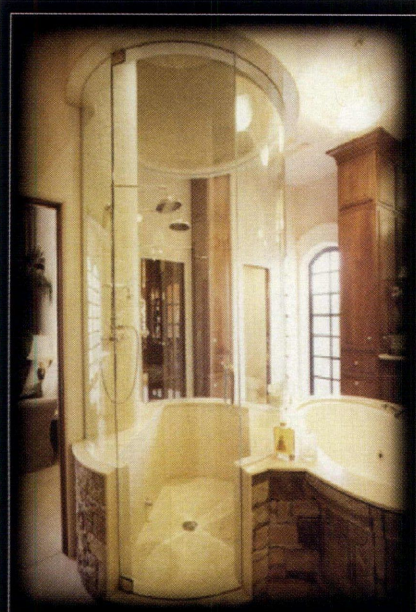
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number of residents. "We've always known that the ultimate success of our carefully nurtured arts and entertainment districts, and even of the new Convention Center and the BTI Center, will depend on attracting people to live Downtown as well as work and play here. With the completion of a mixed-use development like the Hudson, we're adding housing units and a bit more to achieve this."

#### THE DAWSON AND PARAMOUNT

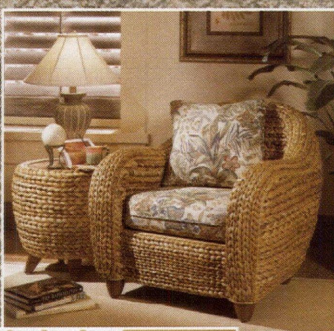
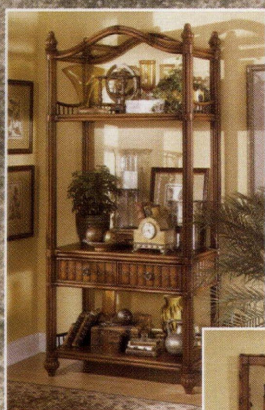
Joining the Hudson in providing upscale Downtown living are several other condo projects, including the Dawson on Morgan, located at the southwest corner of Dawson and Morgan Streets. The Dawson's proximity to Downtown's trendy Warehouse District, known for its music and dance clubs, artist studios and chic restaurants, and to a planned light-rail transit stop, makes it especially convenient. Designed by Raleigh-based architect J. Davis, the Dawson on Morgan offers 65 residential condominiums ranging in size from 900 to 4000 square feet and 5000 feet of retail on the first level. Amenities and luxury finishes are comparable to the Hudson's, and the handsome design might be described as contemporary classicism.

Under construction at the corner of Peace Street and Boylan Avenue, and convenient to the revitalized Glenwood South mixed-use district, the Paramount is the work of Charlotte-based architect David Furman. Known for his design of Bishop's Park, one of Raleigh's early cluster-housing developments, Furman designed the Paramount with 81 condominium units with 1000 feet of lower-level retail. The building steps down to integrate into the low-rise neighborhood around it, displaying a wealth of architectural detail, including a parapet-like upper level cornice and a modernistic tower to house the building's high-speed elevator.

With the addition of the Hudson, the Dawson on Morgan and the Paramount, and with almost 15 new housing projects on the drawing board or in the planning stages, Center City Raleigh is entering a new phase of its long and productive life. The Raleigh Urban Design Center projects that the residential population of Downtown will more than double from the current approximately 3000 to an estimated 7000 in the next three to five years.

Critical mass is here. **MM**

## Casual One Stop Shop

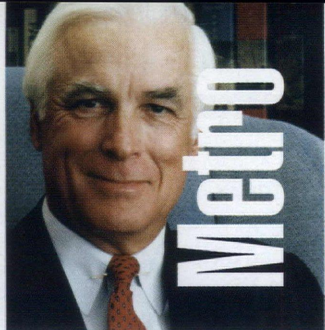


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# Editor-at-Large

by Jim Leutze

## The Intracoastal Waterway:

### INTRICATE, VITAL LINK TO THE PAST & FUTURE OF NORTH CAROLINA'S EASTERN REGION

**T**he AIWW has been around almost since the founding of the country. Originally unnamed, it was simply the pathway between the ocean, sounds, bays, rivers and creeks that lace our coast. Used by colonists, fishermen, sailors and for coastal commerce, it was the best and fastest way to travel or ship goods in an area with few roads connecting ports to towns and cities. It allowed settlements far upriver from the coast a connection to the sea and the world beyond. Naval stores, such as trees for masts, pitch and tar were a vital part of North Carolina's overseas trade and floated from the interior down these waterways.

North Carolina had other reasons for wanting an inner coastal route since geography had both blessed and cursed the State. The Atlantic coastal waters off North Carolina comprise one of the richest fishing grounds in the world—and some of the most treacherous seas. The area between Cape Hatteras and Cape Lookout isn't called the Graveyard of the Atlantic for nothing, while further south, Cape Fear is also aptly named. An inland passage, connected to the ocean via inlets, provided an escape route when the wind whistled and the seas raged. Yet for fishermen, that sea was worth the danger to harvest the richness of the marine resources. The Labrador Current and the Gulf Stream meet off the Outer Banks, thus bringing together two mighty rivers of water with divergent fish stocks and abundant food sources. Croaker, flounder and striped bass—plus the squid, eels, and shrimp they feed on—pile up off shore providing, from the earliest colonial period, a valuable target for fishermen.

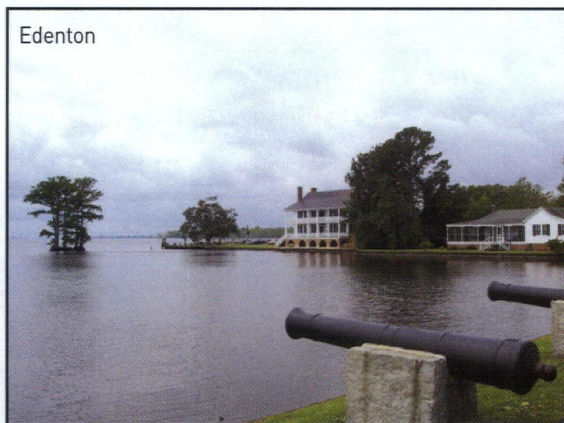
Colonial entrepreneurs looking for ways to expand trade and add to agricultural land began early to look for ways to connect this tapestry of water. William Byrd II, who in 1728 led a surveying party to mark the line between Virginia and North Carolina, may have been the first to see the value of the Great Dismal Swamp. Starting at Currituck Inlet, his party drew their line directly through the thousands of acres of the vast watery bog. In 1763, George Washington and a group of investors bought 40,000 acres with the intention to drain the Swamp and dig a canal to connect the Chesapeake Bay to Albemarle Sound in North Carolina. They dug two ditches—or canals: the Washington Ditch and the Riddick Ditch, hoping to drain the Swamp due to the five-foot drop between the Northern and Southern ends.

Fortunately, Mother Nature refused to cooperate and the Swamp remained swamp, but the canals did provide a route for floating timber out to saw mills and provided the link Washington originally had in mind, which worked to the advantage of North Carolina's earliest capital, Edenton, located on one of the tributaries to the Albemarle Sound.

In 1808 Albert Gallatin, the Secretary of the Treasury, submitted to Congress a historic and influential report, "Public Roads and Canals,"

calling for linking the young nation together with a series of internal improvements. The concept recognized the communication, commercial and defense advantages and started the process that led to our current network of roads, railroads, airports—and most recently, the information highway. By 1833 the Dismal Swamp Canal had been deepened and improved to the point where millions of dollars of traffic passed through every year. Meanwhile, a canal that did not require locks, the Albemarle and Chesapeake, was developed parallel and to the east of the Dismal Swamp route. Designed to carry bigger vessels, it ran through a collection of sounds and rivers and required only a total of 14 miles of land cuts. In 1859, the first barge passed through the canal. Later it carried heavy traffic during the Civil War.

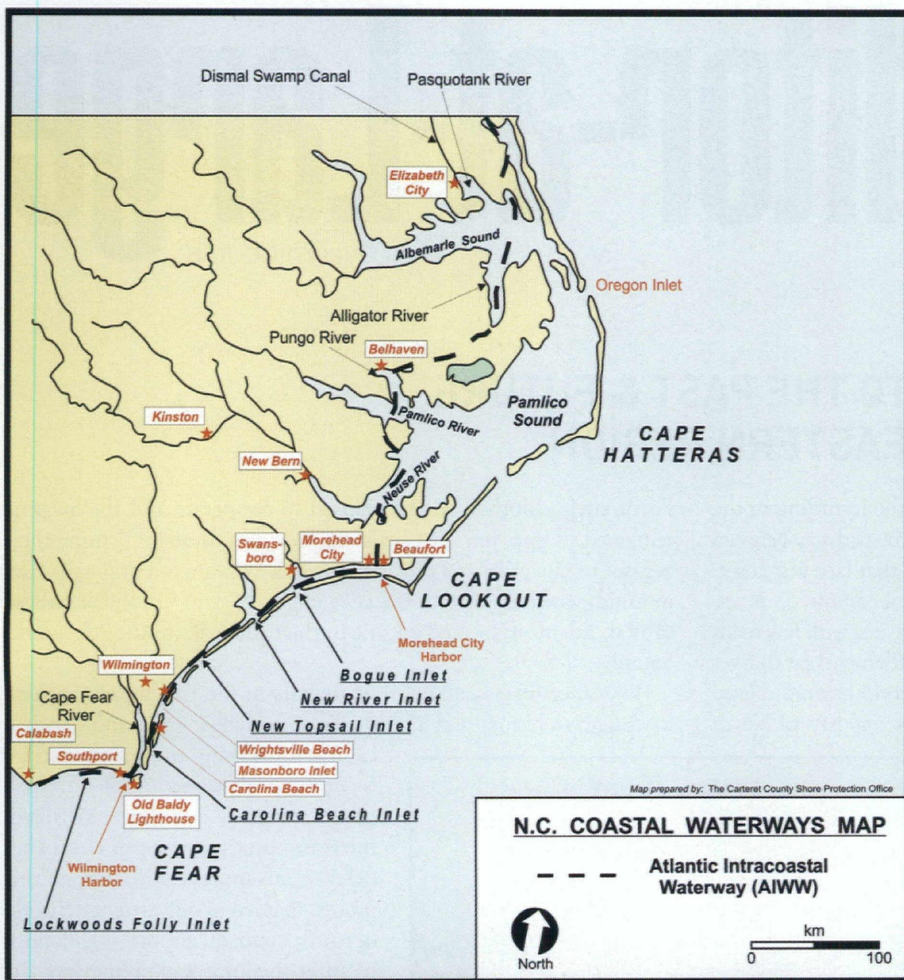
In 1913 Congress purchased the Albemarle and Chesapeake and quickly began to plan for the "Inland Waterway from Norfolk, Virginia, to Beaufort Inlet, North Carolina." Covering over 198 miles, it was completed in 1932, thus realizing a major part of Gallatin's dream 124 years earlier. The final links in the North Carolina section of the waterway were between Beaufort and the mouth of the Cape Fear; then from Cape Fear to the South Carolina border. The first leg required considerable dredging to overcome shallow water. For instance, between Beaufort and Swansboro, the general low water depth was 18 inches. At Carolina Beach, a 1.6-mile cut connected Myrtle Sound to the Cape Fear. From the mouth of the Cape Fear, the waterway followed several rivers and creeks until it reached the Waccamaw River that runs into Winyah Bay at Georgetown, South Carolina. The two sections covered 188 miles and were completed in 1936. At last the broad waters of Chesapeake Bay, Albemarle Sound, Pamlico Sound and the Cape Fear River were linked.



Edenton

*Metro* columnist and dedicated conservationist Jim Leutze—former chancellor at UNC-Wilmington—travels the waterways through eastern North Carolina to emphasize the critical importance of maintaining the Atlantic Intracoastal Waterway





### THE JOURNEY TODAY

To travel the AIWW from Virginia to North Carolina and then south, there are still two routes. The Dismal Swamp Canal, a straight, narrow slash through the wilderness of the swamp, flanked with high banks, lined with ancient pines, juniper and bayberry, all laced with Spanish moss—the route often chosen by recreational boaters for the sheer natural beauty. If you traverse these miles from Virginia to the headwaters of the Pasquotank River, and then to Elizabeth City, there is scant habitation and no marinas. But it is along this canal that you take in the greatest sense of history, where slaves with shovels dug here by hand. On the Dismal Swamp Canal, the issue today is not just dredging, but also the maintenance of the three locks. Should they close, never to open again, it would also close a water route—opened in 1805—that remains a marvel of our early history.

East of the Dismal Swamp is the Albemarle and Chesapeake, which passes along the inner banks. Not as pretty as the older route, it has many spots of development along its banks. Since it is deeper, it is often chosen by bigger boats and barges. The two canals merge at Kitty Hawk, and head Southeast across

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Albemarle Sound. The crossing is several miles wide over open water before you get to the Alligator River. There it becomes the longest inland stretch, with woods and marsh stretching 20 or 30 miles on both sides until you



Shrimp boats at Holden Beach

reach the headwaters of the Pungo River, which runs into the vast Pamlico Sound. This area comprises the state's richest fishing grounds where generations of independent, rugged families have fashioned their lives. While old fishing communities like Oriental struggle to keep the tradition alive, today the

docks cater to more sailboats than trawlers.

And here is a good place to make an often-overlooked point about the AIWW. This is more a trunk line than a single lane through a watery maze. Three rivers feed into Pamlico Sound—the Pungo, Pamlico and the Neuse. Early settlers explored these rivers and spotted towns along their banks. In 1705, Bath became North Carolina's earliest incorporated town, with New Bern following closely in 1710. Moreover, these rivers provided a route deep inland to places like Kinston, which hosted barges until the mid-19th century. Today, recreational boaters and real estate developers talk of the value of having access to the sounds and beyond.

Another of the early towns is Belhaven, from which you follow the red and green channel markers along a narrower, straighter route. With the sounds now behind, it is an interior run, slower and less exciting, but with plenty of shoal water to keep you on your toes. You will also see more bird life here; soaring ospreys, serious-looking pelicans sitting on pilings and various shore birds skittering on the banks.

Then it is across the mouth of the Neuse River, which can be rough, with Beaufort and Morehead City as your ports of call. Beautiful

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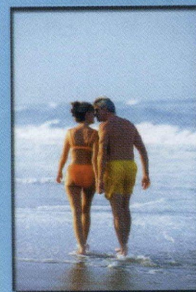
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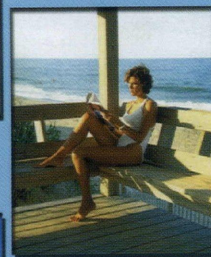
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## Hatteras Island To Do List:



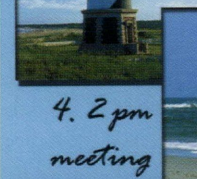
1. Morning jog



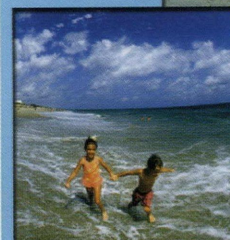
2. Research @ the office



3. Stairmaster @ lunch

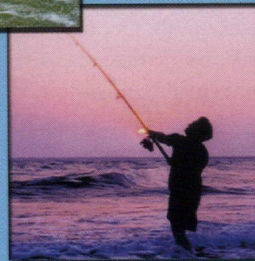


4. 2pm meeting



5. Get kids from daycare

6. Pick up dinner



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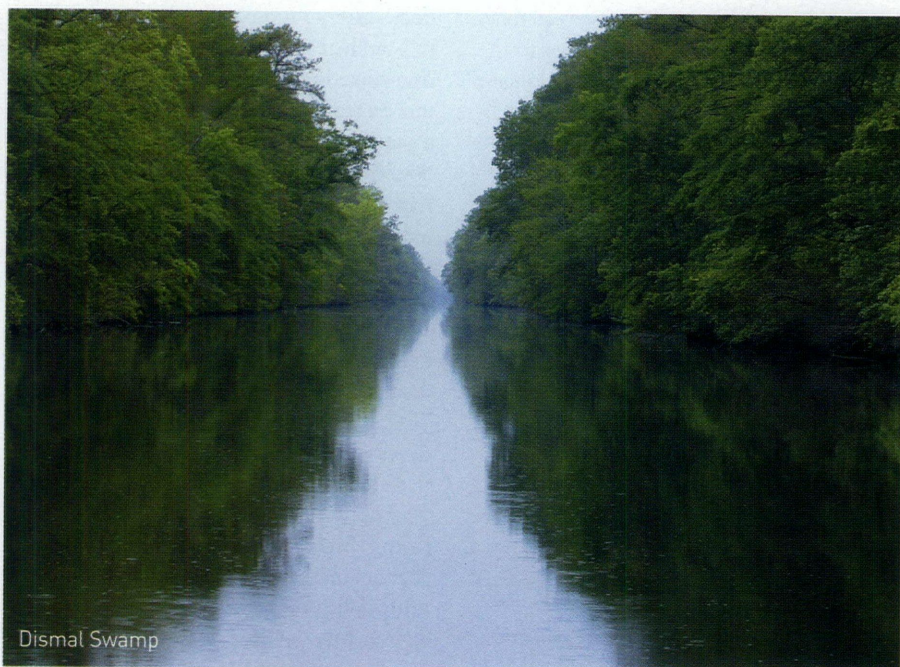


old Beaufort, settled in 1709, fronts on the AIWW. Its streets are lined with houses both grand and humble, most maintained with loving care. It is also home of the Maritime Museum, that preserves the records and artifacts of our nautical heritage. Morehead City is home to one of the two State Ports. Thousands of tons of cargo, including the phosphorus mined from the banks of the Pamlico in Beaufort County, are loaded on ships that move out to the sea from Morehead City. The port is also used by nearby Camp Lejeune in Jacksonville to dispatch Marines for duty overseas.

Southeast of Beaufort you pass lines of fish houses and the small town of Swansboro. The water through this section of the AIWW is prone to shoaling, so woe to the boater who doesn't carefully heed the channel markers. Aside from trying to avoid running aground, it's not a very exciting route from Swansboro until you get to Wrightsville Beach. But on the way you pass one of the contested, shallow draft inlets at Topsail. Always a bit winding and dangerous, unless regularly dredged, it would be virtually impossible to transit. At Wrightsville, the waterway is lined on both sides with a virtual flotilla of boats of all kinds: pleasure boats, fishing boats, guides with their flat-bottom boats with polling platforms for maneuvering the marshes. One of the reasons those boats are there is that Wilmington is only eight land miles away; the other is that Masonboro Inlet is the only access to the sea south of Morehead City, over 100 miles north. Masonboro is reliable because it has two huge stone jetties that jut out to sea. Built in the 1970s, they have helped keep the door open. But jetties are expensive and not environmentally benign.

The next inlet is Carolina Beach inlet eight miles down the water. This, again, is one of the shallow draft inlets threatened by lack of funding. The Town of Carolina Beach is highly dependent on the Inlet for its commercial and recreational fleet. Large boats, such as the Winner Queen, take hundreds of fishermen off shore nine months out of the year. And here you also begin to see the fleets of shrimp boats. An economic impact study authorized by the city estimated that the value of the waterway and the inlet will exceed \$200 million over the next five years. Being from Wilmington, this is the stretch I am most familiar with; on a recent run, I passed sailboats from Canada, Germany and Sweden.

Take an abrupt right turn at Carolina Beach and head for the brown waters of the



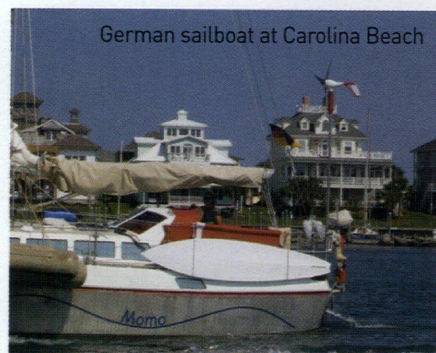
Dismal Swamp

Cape Fear River through Snow's Cut. Completed in 1937, this narrow passage runs straight into the Cape Fear, just southeast of Wilmington—the other State Port. Deepening Wilmington's port is the reason for the ongoing multi-million dollar dredging project on the Cape Fear River so that larger container ships can navigate in and out of the Port. Consequently, here your boat will often be dwarfed by barges, tankers or other scary ships.

Some 15 miles closer to South Carolina, you come to Southport, probably the first part of mainland North Carolina seen by Giovanni da Verrazzano when he sailed into the mouth of the Cape Fear in 1524. Southport became a thriving harbor despite attacks by the Spanish in the 18th century and Yankees during the American Civil War. Today, It is known for its marinas and shrimping fleet. In summer, you will see hundreds, if not thousands of ibis gliding in procession as they fly to and fro from the low islands bordering the river.

To the left of the river mouth is Bald Head Island and its venerable guardian, Old Baldy Lighthouse. Built in 1817, it warned sailors of Frying Pan Shoals, just three miles north. Then there is the Atlantic.

From Southport, it is a straight shot to Calabash and the South Carolina border. The shore of the waterway is lined with mansions, cottages and trailers, almost all with docks. There are frequent creeks and marshes that intersect the waterway and real estate developments that have sprung up along the banks. One such development is St. James Plan-



German sailboat at Carolina Beach

tation, with approximately 1200 existing homes (310 more currently under construction) and three and a half golf courses located along two and a half miles of the AIWW between Southport and Lockwood Folly Inlet. Unfortunately, that inlet, too, is shoaling in.

The land here is very different from the area around the Albemarle and the Pamlico Sound, but the issues are the same. Water access has sustained life here for hundreds of years. Fishermen still ply the off-shore waters to maintain a livelihood and a way of life. People are flocking to the coast for the climate, the recreational opportunities and the soft natural beauty of marshes, creeks and beaches. The snowbirds, Northerners seeking warmer climes—an estimated 40,000 of them—pass up and down the waterway in a yearly pilgrimage. Some, impressed by what they see, stop and buy property.

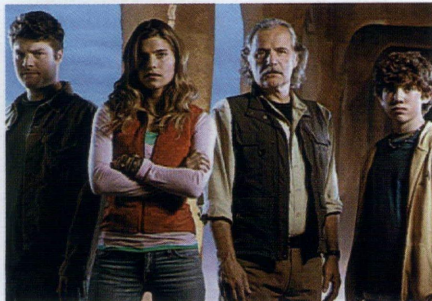
What a shame and what a loss should the people of this country and this state not realize what a treasure we have in this highway, this playground, this lifeline. **MM**



## COASTAL NEWS

### SCI-FI SERIES FILMS IN WILMINGTON

Wilmington beat out five other sites—including Los Angeles, Vancouver and Houston—to host the production of *Fathom*, a new television series slated for NBC's fall lineup. North Carolina's film industry has



Cast of *Fathom*: Lake Bell, Jay Ferguson, Rade Sherbedgia, Carter Jenkins, Leighton Meester.

been lagging since the departure of mainstays such as *Dawson's Creek*, the WB teen drama that pumped \$1 million per episode into the local economy. And *Fathom* promises to be more lucrative than other series. "The studio spent \$7 million on the pilot," said Bill Arnold, director of the North Carolina Film Office. "That's considerably more than the usual price, indicating they will spend more per episode than on *Dawson's Creek* or *One Tree Hill* [another WB drama beginning its third season in August]."

North Carolina-born twins Jonas and Josh Pate are the creators and directors of *Fathom*, which centers on the discovery of alien sea life that connects the lives of strangers all over the world. The Pates, who shot a feature film called *Grave* in Wilmington, chose their home state for the sci-fi series, in part because of familiarity with local industry, but also because of an assurance from state legislators that they would pass a bill giving production companies a tax credit on 15 percent of production costs. Arnold said the incentive will help lure more film business to North Carolina, especially since competitive states have already passed similar bills.

*Fathom* will begin production of its first 12 episodes in July at Screen Gems Studios.

—Anne Tate

### SIZE MATTERS AT BIG ROCK

When fishing for a win at the Big Rock Blue Marlin Tournament in Morehead City, size matters and no one knows that better than

Lady Angler Gigi Wagoner of the *Size Matters* boat from Maryland. She reeled in a 529-pound marlin that tilted the scales an additional 14 pounds beyond the second-place position to become the fourth woman in the tournament's history to land the winning fish.

Though Wagoner took command of the lead on Thursday, June 17, she had to wait out anxiously another day of fishing before her win was certain. In the tournament's final minutes, *Dancin' Outlaw*, winner of the 41st Big Rock in 1999, arrived at the scales with a sizable catch. Fans and crew members gathered for the announcement of the weight. At 507 pounds, the blue marlin was enough to earn *Dancin' Outlaw* the third place purse, securing the *Gambler* with second place position and *Size Matters* remained at the top of the leaderboard.

This year, 181 boats entered the tournament with a purse of \$1,378,375 in prize money. *Size Matters* earned \$677,800 with its 529-pound marlin. *Gambler*, which landed a 515-pounder, received \$249,995. *Dancin' Outlaws* won \$165,970 with its 507-pound catch.

For a list of winners in the release divisions, visit [www.bigrock.com](http://www.bigrock.com).

—Sarah Jurek

### FORMER COUNTY BUILDING RESTORES HISTORIC FAÇADE

Real estate developers are renovating a downtown Wilmington building to make it look more elegant and, well, older. The former county building at 414 Chestnut St. was constructed in 1957, but architects plan to give it a historic feel when they put in vertical windows, a stucco façade, an old-fashioned canopy and decorative pavers on the sidewalk in front. A new marble-floored lobby with tray ceilings will add to the lost-era charm. Swain & Associates, the commercial real estate firm that undertook the project, received their inspiration from the popular ABC reality series *Extreme Makeover: Home Edition*. In keeping with the makeover theme of the television show, Swain & Associates will donate 100 scholarships to children of county employees who attend the University of North Carolina-Wilmington.

—Anne Tate

### WILMINGTON SITE JOINS NATIONAL FREEDOM NETWORK

"Orange Street Landing on Cape Fear," a site on the Wilmington riverfront, has been commemorated by the National Parks Ser-

vice as part of the Underground Railroad National Freedom Network. The site was recognized due to an escape in September of 1862 in which 22 slaves confiscated boats and rowed to the mouth of the Cape Fear River. Union blockading ships intercepted the fugitives and secured their freedom.

Based on the Freedom Network recognition, the City of Wilmington will apply for a grant to continue to publicize and interpret the state's role in the Underground Railroad as part of the growing trend of cultural tourism.

—Laura Stephens

### RED BULL ENERGIZES PROJECT SWELL

They don't teach you this stuff in school. Ten students from colleges around the country gathered June 11-15 on the Outer Banks to learn about waves or, more specifically, how to predict the best waves for surfers. Mark Willis and Adam Wright of [www.surfline.com](http://www.surfline.com), a premier wave-forecasting Web site, led the four-day "surfology practicum." They taught classes on wave modeling and surf seasons and gave tips to those interested in finding jobs in the industry. The students, a mixture of avid surfers and meteorology buffs, were winners of "Project Swell," a contest sponsored by Red Bull energy drink. More than 50 students participated, with 10 winners selected for the practicum based on the consistency of their surf predictions last winter. Tammie "Ocean" Priselac of Cape Fear Community College was the only North Carolina native to make the final 10.

—Anne Tate

### RESERVING WILMINGTON'S HISTORIC FOUNDATION

The Historic Wilmington Foundation urges community members to help save local landmarks with its new Most Threatened

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# Coastal Event Calendar

Historic Places Program. The foundation has highlighted crumbling buildings on Market and Castle streets and North Fifth Avenue as places in need of restoration. The public can also nominate sites by filling out a form available at [www.historicwilmington.org](http://www.historicwilmington.org). By classifying properties as "threatened," the foundation hopes to generate enough public attention to preserve pieces of North Carolina's coastal heritage. For more information on the program, contact George Edwards at 910-762-2511.

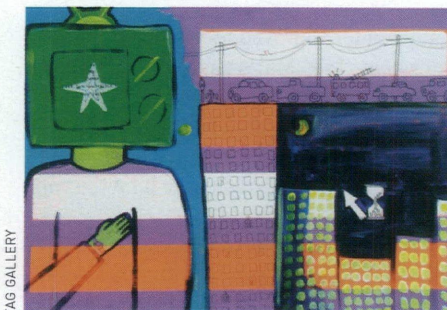
—Anne Tate

## COASTAL EVENTS—JULY 2005

**On the Beach:** through August. Large scale oil & acrylic paintings by Carol Tokarski and Janet Francoeur; Carolina Creations, **New Bern**. Call 252-633-4369 or visit [www.carolinacreations.com](http://www.carolinacreations.com).

**Outer Banks Opry:** Fridays in July. Different acoustic music every week; perfect for a family outing. Tickets are \$15 for adults, \$5 for children under 12. First Flight School Auditorium, **Kill Devil Hills**. Call 252-256-2081, or visit [www.outerbanks-opry.com](http://www.outerbanks-opry.com).

**"Twelfth Night":** July 1-2. A twist on the Shakespeare classic, includes audience interaction. Roanoke Island Festival Park,



*The Pledge* by Ben Keys is on view in a new exhibition at TAG Gallery, Wilmington.

**Manteo.** Contact 252-480-1331 or visit [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**King Mackerel & The Blues are Running:** July 1-2 & 6-9. Performances benefit the Core Sound Waterfowl Museum and N.C. Coastal Federation, and tickets start at \$15. Carteret Community College, **Morehead City**. Call 252-728-1500 for information and tickets.

**Illuminations:** July 2-30. Summer performing arts series featuring various talent including live music, dance and drama throughout the month of July. Roanoke Island Festival Park, **Manteo**. For schedule, call, 252-480-1331 or visit [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**Arts & Crafts Summer Show:** July 2-3. Annual juried show and sale of the Carteret County Arts & Crafts Coalition; Beaufort Historic Site, **Beaufort**. Call 252-728-7739 or 252-729-1251 for hours.

**Independence Day Service:** July 4. Short service with patriotic music, hosted by New Hanover County Veterans Council; Wilmington National Cemetery, **Wilmington**. For more information call 910-763-3702.

**Ninth Annual Battleship Blast:** July 4. One of the largest fireworks displays in the state. Best view from downtown **Wilmington**. For information call 910-251-5797.

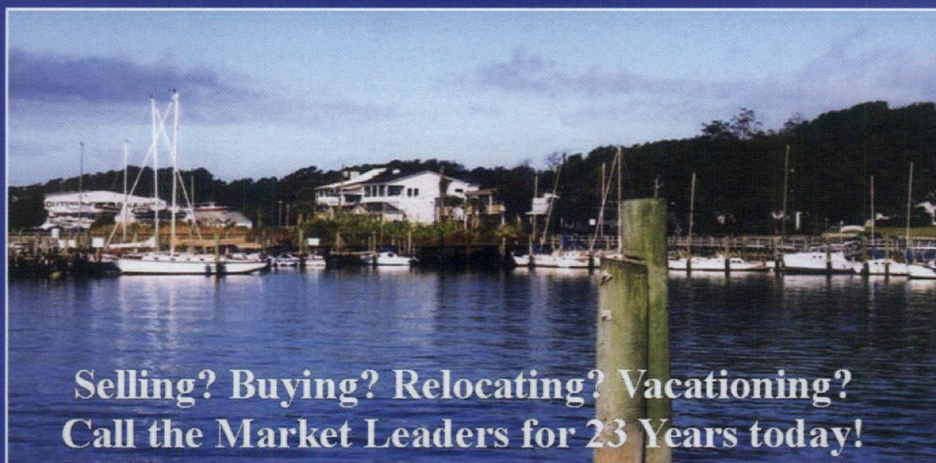
**July 4th Celebration:** July 4. The North Carolina School of the Arts provides a free music concert on the lawn. Picnics are welcomed; **Manteo**. Call 252-475-1500 for additional information.

**Singers:** July 5-8. Part of summer performing arts series; Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**Strike Up the Band:** July 5, 7, 9. Featuring Giannini Brass & Friends. Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**Swing at Sunset:** July 6, 8, 12, 14, 16. Rod Rudkin leads the Jazz Ensemble in the music of Duke Ellington, Richard Rogers,

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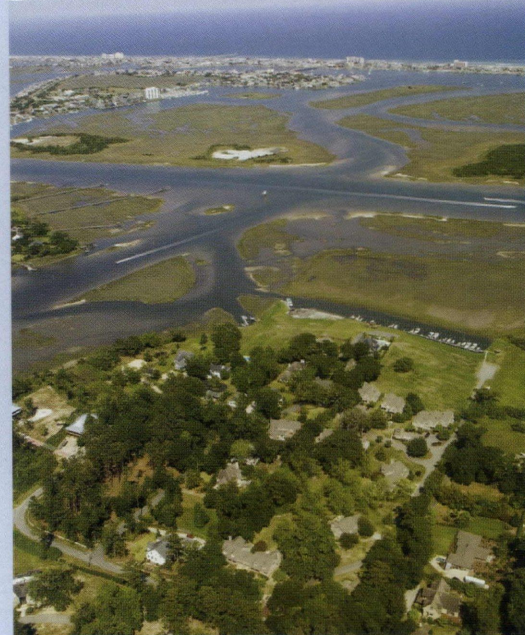
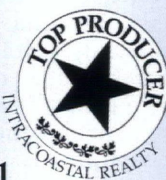
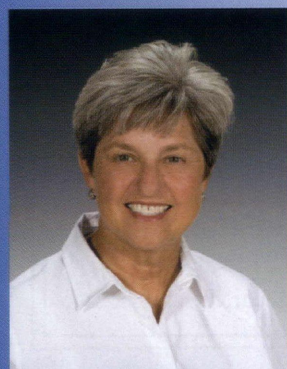
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Cole Porter and others. Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**Early American Gourds:** July 7. A living history presentation. Beaufort Historic Site, **Beaufort**. Call 252-728-5225 for information.

**Cape Fear Blue Marlin Tournament:** July

7-10. Governor's Cup Billfishing Series. Wrightsville Beach Marina, **Wrightsville Beach**. Contact 910-799-2895 for details.

**Anne Boysen Exhibit:** July 8- Aug 8. Philadelphia based artist known for her colorful and lively abstracted floral paintings to exhibit. Opening reception, Friday, July

8; Spectrum Gallery, **Wilmington**, 910-256-2323

**Post-Neo Pop Art Show—Ben Keys and Friends:** July 8-Aug. 9. T.A.G. at Lumina Station, **Wilmington**. Contact 910-509-2882 or [www.tagatlumina.com](http://www.tagatlumina.com).

**Chamber Music:** July 12-15 & 19-22. Part of summer performing arts series; Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**Strike, Shake, Rattle & Roll:** July 13, 15, 19-23. Percussion Ensemble that includes xylophones, vibraphones, marimbas, bells, chimes, cymbals and more. Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**CCSA/Boater's World King Mackerel Tournament:** July 15-16. Anglers register Friday, fishing and awards are Sat. Headquartered at Boater's World, Atlantic Station Shopping Center, **Atlantic Beach**. For information call 252-726-4346.

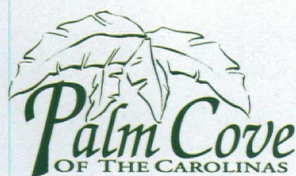
**Captain Eddy Haneman Sailfish Fishing Tournament:** July 15-16. Bridge Tender Marina, **Wrightsville Beach**. Call 910-256-6550 for details.

**Tall Ship H.M.S. Bounty:** July 15-17. Star of the 1962 film "Mutiny on the Bounty," will be open to visitors at the N.C. State Port,

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**Morehead City.** Tickets are \$5 per person. For more information, visit [www.nctallships.com](http://www.nctallships.com) or call 252-728-7317.

**26th annual Historic Beaufort Road Race:** July 16. Divisions for the entire family, including timed walks, baby jogs, wheelchairs: 10k & 5k. All starts are in downtown **Beaufort**. Call 252-222-6359 for more information.

**26th Annual Wright Kite Festival:** July 17. Stunt kites demos, games and contests. Kids can make and fly their kites at the base of the memorial where flight began. Wright Brother's Memorial, **Kill Devil Hills**. Call 877-441-4124 or visit [www.kittyhawkkites.com](http://www.kittyhawkkites.com).

**Barta Boys and Girls Club Billfish Tournament:** July 21-23. A release-only event held on the beautiful Beaufort docks, with various Gamefish Divisions; also local art on display. All the money raised for this event goes to the Boys & Girls Club of Coastal Carolina. Contact 252-808-2286 for more information.

**Kitty Hawk Kites Hatteras Kite Festival:** July 22. Kids can make and fly their own kites. Join in the stunt kite demonstrations. There will be exhibitions, casual competition, and games from midmorning to mid-afternoon. **Hatteras Landing**. Call 877-



SPECTRUM GALLERY

*Gracie's Flowers*, acrylic on canvas, by Anne Boysen is part of an exhibition of her new paintings that express nature through color, texture and collage, opening on July 8 at Spectrum Galleries, Wilmington

441-4124 or visit [www.kittyhawkkites.com](http://www.kittyhawkkites.com).

**Second Annual Dare County Boat Builders Challenge:** July 22-24. Registration begins July 22. **Pirates Cove**. Call 800-422-3610 or visit [www.fishpiratescove.com](http://www.fishpiratescove.com).

**Hot Jazz on the Riverfront:** July 23. Chuchito Valdes comes from a long line of Cuban piano players, thrilling audiences with his energetic music. Hear him in con-

cert at the New Bern Riverfront Convention Center, **New Bern**. Tickets are \$25. Call 252-637-1551 for more information.

**Saxophone Quartet:** July 26-29. Part of the summer performing arts series. Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

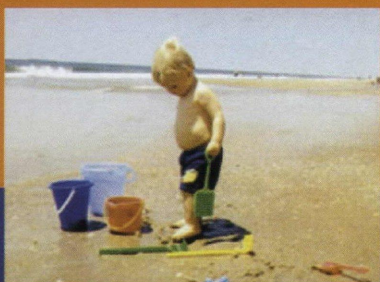
**Ballet & Contemporary Dance:** July 26-30. Ballet and contemporary dance by NCSA alumni. Outdoor Pavilion, Roanoke Island Festival Park, **Manteo**. Contact 252-480-1331 or [www.ncarts.edu/illuminations](http://www.ncarts.edu/illuminations).

**10th Annual Cape Fear Blues Festival:** July 28-31. Four days of Blues music cruises, concerts, workshops and more. Nestled between the beautiful beaches of the Cape Fear Coast and the Historic Riverfront of downtown **Wilmington**. Call 910-350-8822 for information or visit [www.capefearblues.org](http://www.capefearblues.org).

**N.C. Ducks Unlimited Band The Billfish Tournament:** July 28-30. Registration at Anchorage Marina, Atlantic Beach. Tournament events located at the Crystal Coast Civic Center, **Morehead City**. For more information, call 252-237-3717. **MM**

Look for more coastal events in our August calendar.

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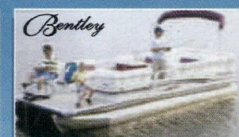
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## AND THE WINNERS ARE....

**W**hat makes for better beach reading than part two of the annual MetroBravo awards? You can peruse the restaurants, public venues, historical sites and sporting events that *Metro* readers voted best in the area and still work on your tan.

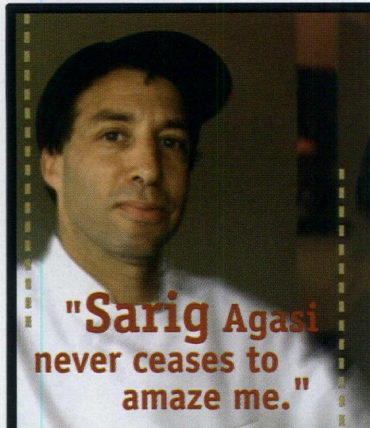
If it is gustatory pleasure you seek, take a tip from fellow readers and discover a charming hole-in-the wall or revisit a neighborhood institution you had long forgotten. Whether you are looking for - a new twist to a mundane lunch hour, a quick snack or romantic meal, this month's awards reveal the best eateries for enticing entrées and where to tantalize your taste buds with your favorite desserts.

Many professionals are making waves in the service industry. Tip your hats to the specialized law firms, mortgage brokers and insurance agencies that appear for the first time in the MetroBravo awards. In the educational sector, voters displayed ample spirit for their favorite daycare centers, universities and private schools. And, as the winners in the automotive categories indicate, the race for most luxurious car continues to heat up. Steer to the back of the MetroBravo awards for the checkered flag results.

These MetroBravo results will add more sizzle to your summer if you use them to your advantage. If you are looking for a fresh idea for a night out on the town or an evening of romance, you will re-discover North Carolina's finest in these pages. Be sure to savor these MetroBravo issues. Tips like these only come around, well, once a year!



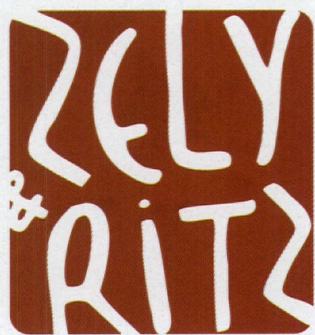
Pictured on the cover of June 2005's MetroBravo Awards section, Bailey's Fine Jewelry received honors in the Designer Jewelry, Wedding Rings, Pearls and Watches categories.



**"Sarig Agasi  
never ceases to  
amaze me."**

—Greg Cox,  
News & Observer Food Editor

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## FOOD

### RESTAURANT

#### Standing Ovation

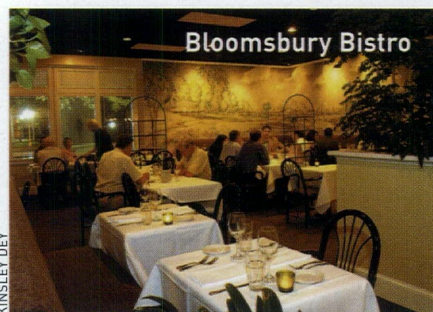
Bloomsbury Bistro, Raleigh

#### MetroBravo

Angus Barn, Raleigh

#### Honorable Mention

Sullivan's Steakhouse, Raleigh



KINSLEY DEY

### NEW RESTAURANT

#### Standing Ovation

Nana's Chophouse, Raleigh

#### MetroBravo

Zely & Ritz, Raleigh

#### Honorable Mention

The Cheesecake Factory, Raleigh

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## ROMANTIC RESTAURANT

### Standing Ovation

Second Empire Restaurant and Tavern, Raleigh

### MetroBravo

Fearrington House Restaurant,  
Fearrington Village

### Honorable Mention

Bloomsbury Bistro, Raleigh

## RESTAURANT FOR TAKEOUT

### Standing Ovation

P.F. Chang's China Bistro, Raleigh and Durham

### MetroBravo

Red Dragon Chinese Restaurant, Raleigh

### Honorable Mention

Figs Market, Raleigh

### Restaurant:

Standing Ovation winner Bloomsbury Bistro makes its home in Raleigh's Five Points, where readers are delighted every six weeks with an innovative seasonal menu. Chef John Toler is an expert in French cuisine and each menu reflects a range of creativity and classic flavor. The comfortable atmosphere sets the restaurant apart from flashy trends in dining and has earned Bloomsbury a host of regulars. Chef Toler also offers cooking classes for the adventurous culinary beginner. While the Bloomsbury experience grabs first place, local steakhouses dominated the rest of the category. The Angus Barn, a Raleigh staple for steak, took second place, followed by Sullivan's in third.

## RESTAURANT FOR POWER LUNCH

### Standing Ovation

Glenwood Grill, Raleigh

Lucky 32, Raleigh and Cary

### MetroBravo

Vinnie's Steak House & Tavern, Raleigh

### Honorable Mention

Bogart's American Grill, Raleigh

## RESTAURANT TO TAKE THE KIDS

### Standing Ovation

Applebee's, Triangle-wide

### MetroBravo

Fat Daddy's, Raleigh

### Honorable Mention

The Cheesecake Factory, Raleigh

## RESTAURANT FOR SPECIAL OCCASION

### Standing Ovation

Angus Barn, Raleigh

### MetroBravo

Second Empire Restaurant and Tavern, Raleigh

### Honorable Mention

Sullivan's Steakhouse, Raleigh



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Vinnie's



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### Romantic Restaurant:

Southern charm and traditional elegance is a recipe for romantic dining and our readers tracked down the very best. In historic downtown Raleigh, a reservation at Second Empire takes first place for a perfect dinner date. The restaurant, famous for the candlelight ambience of the renovated Dodd-Hinsdale house, features classic menu selections that will delight even the most discriminating date. Romantics from across the state also travel to Fearington Village, where guests dine in one of four richly decorated dining rooms at the Fearington House Restaurant. If you're hungry for more, the Fearington House Restaurant and Inn welcomes guests for romantic evenings or weekend getaways, even offering a cooking school retreat. Best Restaurant winner Bloomsbury Bistro ranked third for romance.

### COASTAL RESTAURANT

#### Standing Ovation

Dockside Restaurant & Marina, Wilmington

#### MetroBravo

Jerry's Food, Wine & Spirits, Wrightsville Beach

#### Honorable Mention

The Oceanic Restaurant, Wrightsville Beach

### ETHNIC RESTAURANT

#### Standing Ovation

Taverna Agora, Raleigh

#### MetroBravo

ShabaShabu, Raleigh

#### Honorable Mention

P.F. Chang's China Bistro, Raleigh and Durham

### OUTDOOR DINING

#### Standing Ovation

The Mellow Mushroom, Triangle-wide

#### MetroBravo

The Weathervane Café, Chapel Hill

#### Honorable Mention

Lucky 32, Raleigh and Cary

### SPECIALTY FOOD STORE

#### Standing Ovation

Whole Foods Market, Triangle-wide

#### MetroBravo

The Fresh Market, Raleigh and Cary

### Specialty Food Store:

Discerning grocery shoppers are choosing to buy organic these days, and MetroBravo voters were no exception. They, too, have been seduced by the troves of farm-fresh produce and cases full of chemical-free meats at Whole Foods and The Fresh Market, voting these two stores their top choices for specialty fare. Those with hankering for Southern delicacies spoke up as well, giving Chapel Hill's A Southern Season Honorable Mention in this category.



KINSLEY DEY

Angus Barn

### Honorable Mention

A Southern Season, Chapel Hill

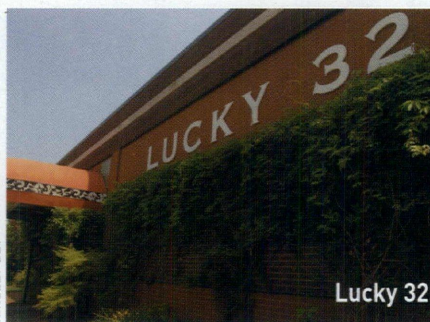
### DELI

#### Standing Ovation

Village Deli, Raleigh

#### MetroBravo

Jason's Deli, Raleigh

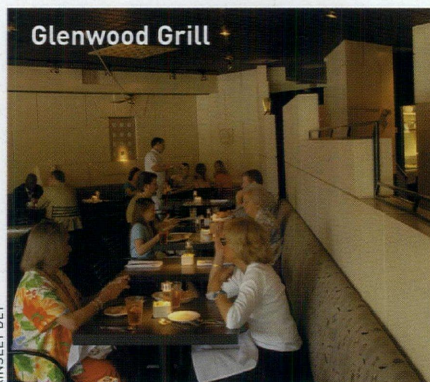


KINSLEY DEY

Lucky 32

### Honorable Mention

McAlister's Deli, Raleigh, Chapel Hill, Cary and Wilmington



KINSLEY DEY

Glenwood Grill

### COFFEE HOUSE

#### Standing Ovation

Starbucks Coffee, Triangle-wide

#### MetroBravo

Third Place, Raleigh

#### Honorable Mention

Caribou Coffee, Triangle-wide

### WINE RETAILER

#### Standing Ovation

The Wine Merchant, Raleigh

#### MetroBravo

Total Wine & More, Triangle-wide

#### Honorable Mention

Seaboard Wine Warehouse, Raleigh

### SPORTS BAR

#### Standing Ovation

Carolina Ale House, Raleigh and Cary

#### MetroBravo

Fox and Hound English Pub & Grille, Raleigh

#### Honorable Mention

Hi5, Raleigh

### Deli:

Despite the proliferation of chain sub shops touting special sauces and toasted sandwiches, it's nice to know that people still appreciate traditional deli staples including salami, tuna salad and corned beef. *Metro* readers just want sandwiches and salads prepared with simple, fresh ingredients by Raleigh's The Village Deli in Cameron Village. Jason's Deli took second, and McAlister's Deli, which just opened a location in the New North Hills, received an Honorable Mention nod.



**BEST COCKTAIL MENU**

**Standing Ovation**

Bogart's American Grill, Raleigh

**MetroBravo**

Blue Martini, Raleigh

**Honorable Mention**

Sullivan's Steakhouse, Raleigh

**CATERER**

**Standing Ovation**

Ladyfingers Caterers, Raleigh

**Waitstaff:**

*Metro* readers had good service and good steak in mind when they cast their ballot for the best waitstaff. Steakhouses won across the board, resulting in a tie for Standing Ovation between two venerable Raleigh restaurants, The Angus Barn and Vinnie's Steakhouse. The staff at The Angus Barn undergoes extensive training in order to provide impeccable service. Vinnie's, too, will honor the requests of even the pickiest eater. These restaurants will go the extra mile for their customers, but there's nothing snobby about the friendly, thoughtful service guests receive. Bravo winner Ruth's Chris Steakhouse of Cary and Raleigh is also known for the utmost in professionalism and privacy, accommodating any size party with the same gracious attention. Elaine's on Franklin in Chapel Hill won an Honorable Mention for their informed and personable staff.

**MetroBravo**

Mitchell's Catering & Events, Raleigh

**Honorable Mention**

Catering Works, Raleigh

**CHEF**

**Standing Ovation**

Scott Howell, Nana's, Durham

**MetroBravo**

Ashley Christensen, Enoteca Vin, Raleigh

**Honorable Mention**

Bret Jennings, Elaine's on Franklin, Chapel Hill

**WAITSTAFF**

**Standing Ovation**

Angus Barn, Raleigh

Vinnie's Steak House & Tavern, Raleigh

**MetroBravo**

Ruth's Chris Steakhouse, Cary

**Honorable Mention**

Elaine's on Franklin, Chapel Hill

**APPETIZERS**

**Standing Ovation**

The Red Room Tapas Lounge, Raleigh

**MetroBravo**

Glenwood Grill, Raleigh

Enoteca Vin, Raleigh

**Honorable Mention**

Applebee's, Triangle-wide

**BARBEQUE**

**Standing Ovation**

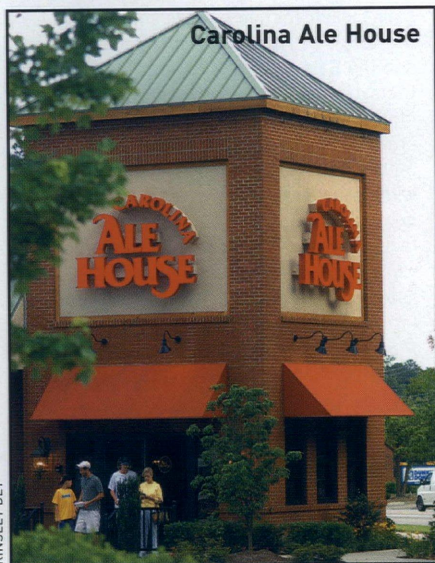
Smithfield's Chicken 'N Bar-B-Q, Raleigh, Cary, Garner and Fuquay-Varina

**MetroBravo**

Cooper's Barbecue & Catering, Raleigh

**Honorable Mention**

Danny's Bar-B-Q, Cary and Durham



KINSLEY DEY



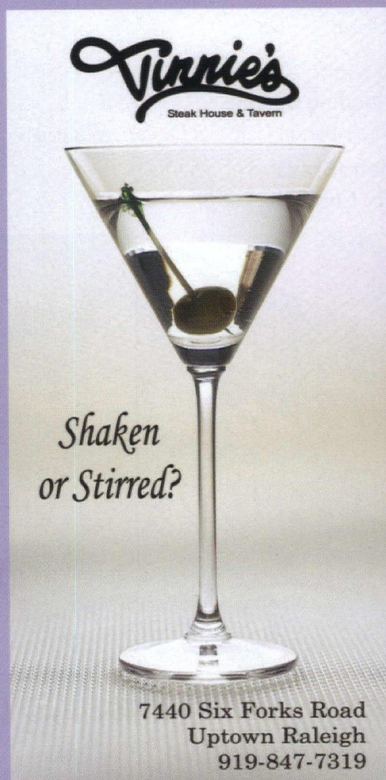
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Best Steaks**

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One Location.**

J. Craig Souza  
Owner

Sam Rawls  
General Manager



## Barbecue:

Experts in Southern-style barbecue are quick to defend their home-style favorites, and *Metro* Readers are no exception. Whether chopped, sliced, or on spare ribs, the tang and spice of Carolina flavor has won loyal fans all across the South. Our readers awarded the top two slots to restaurants serving Eastern North Carolina-style barbecue in vinegar-based sauce. Conveniently located all across the state, Standing Ovation winner Smithfield's restaurants serve pork or chicken platters to North Carolina natives and tourists alike. In Raleigh, Coopers has maintained a loyal following, keeping diners happy with Southern fare since 1928. The servings are hearty and always accompanied by hushpuppies, fried pork rinds and plenty of sweet tea. In third place, Texas-style Danny's Bar-B-Q, with locations in Cary and Durham, is our lone ranger for rib-lovers who prefer a variety of rich sauces and smoked meats.

## HOT DOG

### Standing Ovation

Snoopy's Hot Dogs, Raleigh

### MetroBravo

Pharoah's, Raleigh

### Honorable Mention

Cloo's Coney Island Hot Dogs, Raleigh

## HAMBURGER

### Standing Ovation

Char-Grill, Raleigh

### MetroBravo

Pharoah's, Raleigh

### Honorable Mention

Cook Out, Raleigh, Durham and Cary

Hardee's, Triangle-wide

## PIZZA

### Standing Ovation

Lilly's Pizza, Raleigh

### MetroBravo

The Mellow Mushroom, Triangle-wide

### Honorable Mention

Capital Creations Gourmet Pizza, Raleigh

## STEAKS

### Standing Ovation

Angus Barn, Raleigh

### MetroBravo

Sullivan's Steakhouse, Raleigh

### Honorable Mention

Ruth's Chris Steakhouse, Cary

Vinnie's Steak House & Tavern, Raleigh

## SEAFOOD

### Standing Ovation

42nd Street Oyster Bar & Seafood, Raleigh

### MetroBravo

Fins Restaurant, Raleigh

### Honorable Mention

Bonefish Grill, Cary

## OYSTERS

### Standing Ovation

42nd Street Oyster Bar & Seafood, Raleigh

### MetroBravo

Tony's Bourbon Street Oyster Bar, Cary

### Honorable Mention

Gino Russo's Oyster Bar and Restaurant, Raleigh

## DESSERT

### Standing Ovation

Hayes Barton Café and Dessertery, Raleigh

### MetroBravo

The Cheesecake Factory, Raleigh

## Honorable Mention

The Mad Hatter's Bake Shop, Durham

## MARGARITA

### Standing Ovation

El Rodeo Mexican Restaurant, Triangle-wide

### MetroBravo

Dos Taquitos Mexican Restaurant, Raleigh

## Girls' Night Out:

Ever since the ladies of *Sex and the City* took hold of Manhattan, women everywhere have been looking for new ways to enjoy a night on the town. In Raleigh, there's something to suit the Samantha or Charlotte in all of us. Glenwood South and the downtown area offer more options than ever, ranging from a crowded club or a hip, leisurely wine bar. For *Metro* readers, an evening escapade starts with upscale restaurants with fine wines and delectable eats for their outings. If you're feeling grown up, first-place winner Sullivan's offers a traditional menu in a sophisticated setting that easily accommodates large groups so no one is left behind. Runner-up Enoteca Vin is hip, sleek, and inventive with a premier wine list. The Honorable Mention goes to trendy, Asian-inspired Lantern in Chapel Hill and its very cool upstairs bar.

## Honorable Mention

Sullivan's Steakhouse, Raleigh

## MARTINI

### Standing Ovation

Bogart's American Grill, Raleigh

### MetroBravo

Blue Martini, Raleigh

### Honorable Mention

Sullivan's Steakhouse, Raleigh

## BLOODY MARY

### Standing Ovation

NoFo at The Pig, Raleigh

NoFo Market & Café, Wilmington

### MetroBravo

Dockside, Wrightsville Beach

Lucky 32, Raleigh and Cary

### Honorable Mention

Bogart's American Grill, Raleigh

## COSMOPOLITAN

### Standing Ovation

Sullivan's Steakhouse, Raleigh

### MetroBravo

Bogart's American Grill, Raleigh

### Honorable Mention

Blue Martini, Raleigh

## WINE

### Standing Ovation

Enoteca Vin, Raleigh

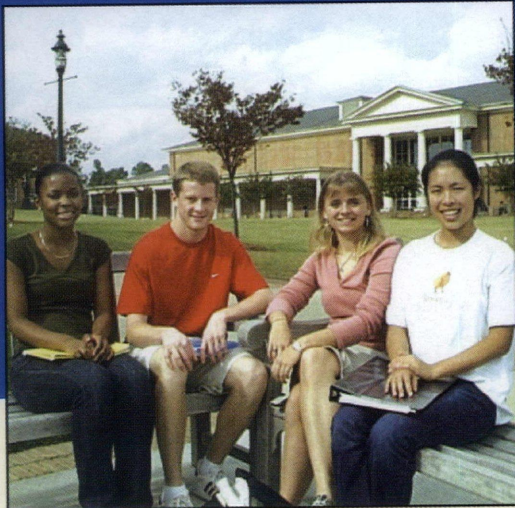


Enoteca Vin



# Discover Cary Academy...

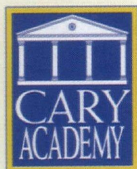
*...we'll discover  
your child.*



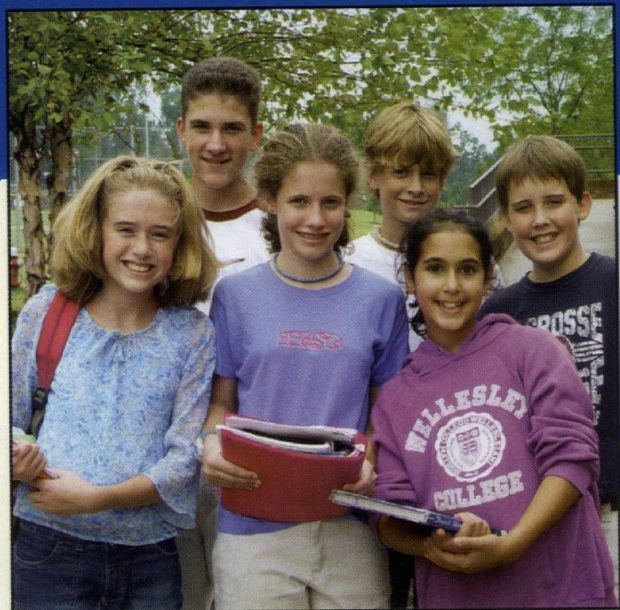
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**MetroBravo**

april&george art bar + wine gallery, Raleigh

**Honorable Mention**

Angus Barn, Raleigh

Caffe Luna, Raleigh

**GIRL'S NIGHT OUT**

**Standing Ovation**

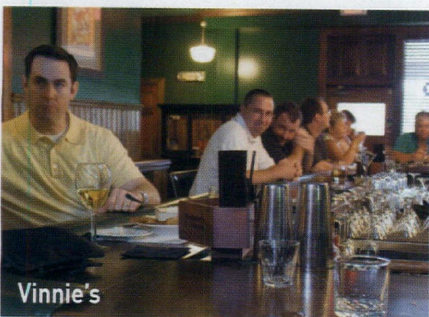
Sullivan's Steakhouse, Raleigh

**MetroBravo**

Enoteca Vin, Raleigh

**Honorable Mention**

Lantern, Chapel Hill



DAVID LEFLER

**GUY'S NIGHT OUT**

**Standing Ovation**

Thee DollHouse, Raleigh

**MetroBravo**

Vinnie's Steak House & Tavern, Raleigh

**Honorable Mention**

Sullivan's Steakhouse, Raleigh

## PROFESSIONAL SERVICES

**RESIDENTIAL REAL ESTATE CO.**

**Standing Ovation**

York Simpson Underwood, Triangle-wide

**MetroBravo**

Coldwell Banker Howard Perry and Walston, Triangle-wide

**Honorable Mention**

The Preiss Company, Raleigh

**COMMERCIAL REAL ESTATE CO.**

**Standing Ovation**

York Simpson Underwood, Triangle-wide

**MetroBravo**

Coldwell Banker Commercial, Triangle-wide

**Honorable Mention**

Coldwell Banker Commercial Trademark Properties, Raleigh

**COASTAL REAL ESTATE CO.**

**Standing Ovation**

Intracoastal Realty Corporation, Wilmington, Wrightsville Beach, Carolina Beach, Southport,

Surf City and Topsail Beach

**MetroBravo**

Cannon & Gruber Realtors, Atlantic Beach

**Honorable Mention**

Al Williams Properties, Atlantic Beach

Bryant Real Estate, Carolina Beach and

Wrightsville Beach



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**BANK**

**Standing Ovation**

Wachovia, Triangle-wide

**MetroBravo**

BB&T, Triangle-wide

**Honorable Mention**

Bank of America, Triangle-wide



**WACHOVIA**  
**SECURITIES**

**BEST BANK FOR LOANS**

**Standing Ovation**

Wachovia, Triangle-wide

**MetroBravo**

First Citizens Bank, Triangle-wide

**Honorable Mention**

BB&T, Triangle-wide

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**INSURANCE COMPANY**

**Standing Ovation**

Nationwide, Triangle-wide

**MetroBravo**

State Farm Insurance, Triangle-wide

**Honorable Mention**

Farm Bureau Insurance, Triangle-wide

**MORTGAGE FIRM**

**Standing Ovation**

American Home Mortgage Investment Corp.,  
Triangle-wide

Washington Mutual, Triangle-wide

**MetroBravo**

Countrywide, Triangle-wide

**Honorable Mention**

Southeastern Lending, Raleigh

**Scott &  
Stringfellow Inc.**

**BROKERAGE FIRM**

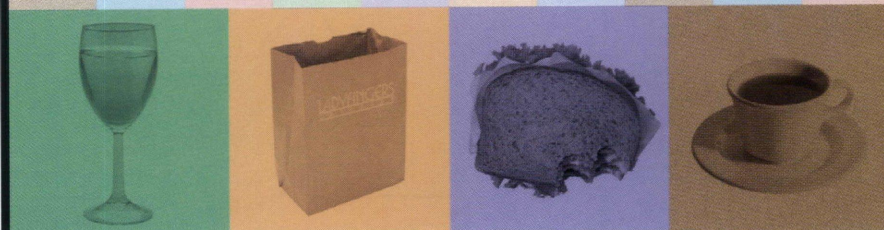
**Standing Ovation**

Scott & Stringfellow, Inc., Cary, Raleigh  
and Wilmington

**MetroBravo**

Wachovia Securities, Durham, Raleigh  
and Wilmington

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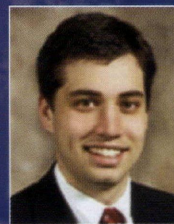
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**Honorable Mention**

Capital Investments, Raleigh

Hobgood Peatross Investment Group, Raleigh

**ACCOUNTING FIRM**

**Standing Ovation**

Ernst & Young, Raleigh

**MetroBravo**

Cherry Bekaert & Holland, Raleigh

**Honorable Mention**

KPMG, Raleigh

**POYNER & SPRUILL LLP**  
ATTORNEYS-AT-LAW

**GENERAL LAW FIRM**

**Standing Ovation**

Poyner & Spruill, L.L.P., Raleigh, Rocky Mount and Southern Pines

**MetroBravo**

Manning Fulton & Skinner, Raleigh and Wilmington

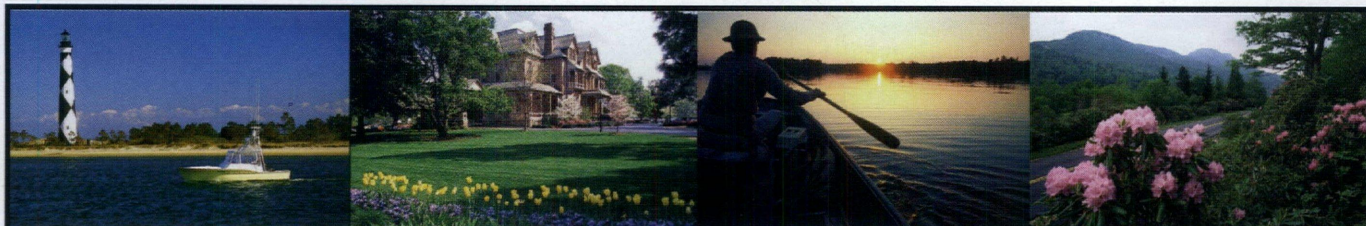
**Honorable Mention**

Smith, Anderson, Blount, Dorsett, Mitchell & Jernigan, L.L.P., Raleigh

**REAL ESTATE LAW FIRM**

**Standing Ovation**

Kennedy Covington, Raleigh



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### MetroBravo

Smith, Anderson, Blount, Dorsett, Mitchell  
& Jernigan, L.L.P., Raleigh

### Honorable Mention

Manning Fulton & Skinner, Raleigh  
and Wilmington

### Law Firm—General:

North Carolina holds a high standard for legal education and the firms in the state recruit plenty of homegrown advocates. Carolina, Campbell, Duke, and Wake Forest grads fill the ranks of the area's favorite firms. *Metro* readers recognized Poyner & Spruill as Standing Ovation winner, with over 100 attorneys in its offices across the region who are prepared to represent clients nationally and across borders. The firm has grown from an evolution of partnerships, tracing its roots back to 1883. Bravo winner Manning Fulton & Skinner takes a comprehensive approach to its many specialty areas, incorporating alternative dispute resolution as an option for clients. Smith Anderson Blount Dorsett Mitchell & Jernigan also continues to expand its roster of specialties and staff to maintain representation powerful and accessible in the state.

### DIVORCE LAW FIRM

#### Standing Ovation

Rosen Divorce, Raleigh

#### MetroBravo

Manning Fulton & Skinner, Raleigh  
and Wilmington

#### Honorable Mention

Hedspeth Law Firm, PLLC, Raleigh

### CORPORATE LAW FIRM

#### Standing Ovation

Poyner & Spruill, L.L.P., Raleigh, Rocky Mount  
and Southern Pines

#### MetroBravo

Maupin Taylor, P.A., Raleigh and Wilmington

### Criminal Law:

Formed in 1964 by classmates from the University of North Carolina at Chapel Hill as a home-grown law firm that accepted even non-paying clients, Tharrington Smith has evolved into a high-profile legal powerhouse. One thing has not changed throughout this firm's trajectory to the top: its roots. Looking over the impressive roster of attorneys at Tharrington Smith, you'd be hard-pressed to find the handful who weren't born and bred in North Carolina or who did not attend law school at Chapel Hill (including the firm's most famous alum: former trial lawyer, U.S. senator, and vice-presidential nominee John Edwards). This might be why *Metro* readers recognized Tharrington Smith as the best criminal law firm—who better to defend our native sons than the native sons (and daughters) themselves?

### Honorable Mention

Womble Carlyle, Raleigh

### CRIMINAL LAW FIRM

#### Standing Ovation

Tharrington Smith, L.L.P., Raleigh

#### MetroBravo

Cheshire, Parker, Schneider, Bryan & Vitale,  
Raleigh

### TAX LAW FIRM

#### Standing Ovation

Bailey & Dixon, L.L.P., Raleigh

#### MetroBravo

Manning Fulton & Skinner, Raleigh  
and Wilmington

#### Honorable Mention

Maupin Taylor, P.A., Raleigh and Wilmington

## EDUCATION

### DAYCARE CENTER

#### Standing Ovation

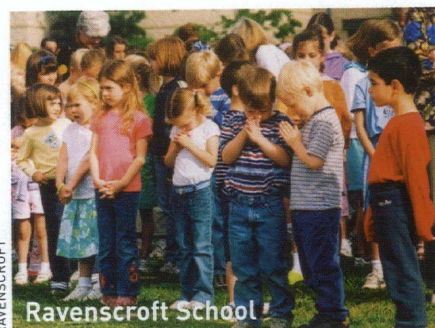
KinderCare, Triangle-wide

#### MetroBravo

Primrose Schools, Triangle-wide

#### Honorable Mention

The Goddard School, Apex and Cary



### KINDERGARTEN

#### Standing Ovation

Ravenscroft School (K-12), Raleigh

#### MetroBravo

Emerson Waldorf School (K-8), Chapel Hill

#### Honorable Mention

Aldert Root Elementary School (K-5), Raleigh

### PRIVATE LOWER SCHOOL

#### Standing Ovation

Ravenscroft School (K-12), Raleigh

#### MetroBravo

Cary Academy (6-12), Cary

#### Honorable Mention

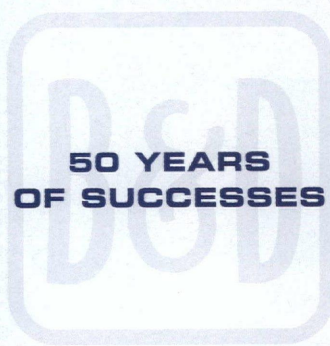
St. Timothy's School (K-8), Raleigh

### PRIVATE HIGH SCHOOL

#### Standing Ovation

Saint Mary's School (9-12), Raleigh

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Robert H. Merritt, Jr.,  
for his Standing Ovation  
in tax law.



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and utility law.



### Private High School:

As college admission becomes an increasingly competitive process, many parents look to private schools to help prepare their kids for the tough road ahead. All three of the Bravo winners boast impressive college acceptance rates and emphasize a well-rounded education as the key to college preparation. Readers recognized Saint Mary's, located on a historic campus in downtown, as the best private high school. Founded in 1842, Saint Mary's has remained a single-sex boarding school for girls in grades nine through 12. The program at Saint Mary's builds each student a MAP (My Achievement Plan) from the ground up, using the resources of an established curriculum, facilities and mentors or counselors to guide each student through personal and academic goals. Second-place winner Cary Academy opened in 1997, but offers a technological edge with over 800 computers networked on campus. North Raleigh's Ravenscroft School, a reincarnation of the original school on Tucker Street near downtown, took Honorable Mention.

### MetroBravo

Cary Academy (6-12), Cary

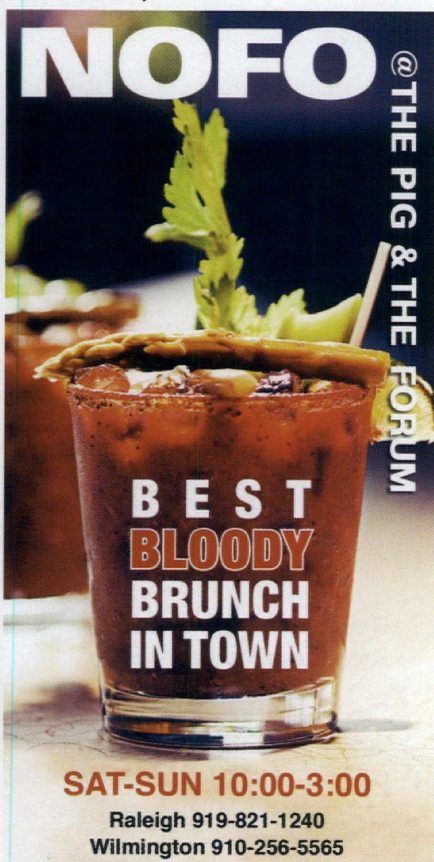
### Honorable Mention

Ravenscroft School (K-12), Raleigh

### PRIVATE COLLEGE

### Standing Ovation

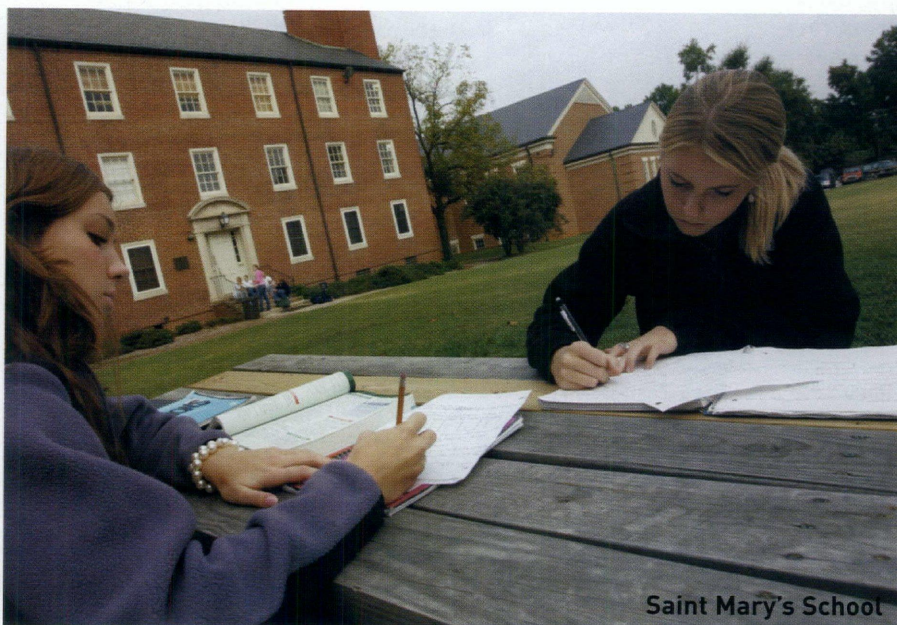
Duke University, Durham



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ST. MARY'S

Saint Mary's School

### MetroBravo

Meredith College, Raleigh

### Honorable Mention

Davidson College, Davidson

### PUBLIC COLLEGE

### Standing Ovation

North Carolina State University, Raleigh

### MetroBravo

University of North Carolina at Chapel Hill

### Honorable Mention

University of North Carolina at Wilmington

### PARTY SCHOOL

### Standing Ovation

East Carolina University, Greenville

### MetroBravo

North Carolina State University, Raleigh

### Honorable Mention

University of North Carolina at Chapel Hill

## OUT IN THE PUBLIC

### PUBLIC MUSEUM

### Standing Ovation

NC Museum of Art, Raleigh

### MetroBravo

NC Museum of History, Raleigh

### Honorable Mention

NC Museum of Natural Sciences, Raleigh

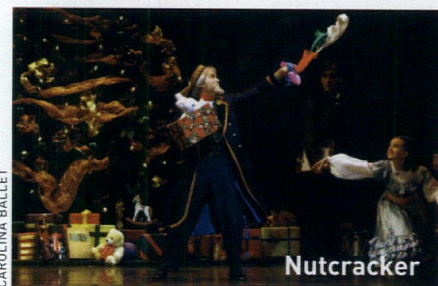
### HISTORIC SITE

### Standing Ovation

Tryon Palace, New Bern

### MetroBravo

Biltmore Estate, Asheville



CAROLINA BALLET

Nutcracker

### Honorable Mention

Bentonville Battlefield, Four Oaks

### CHARITY EVENT

### Standing Ovation

Triangle Wine Experience, Raleigh

### MetroBravo

Jimmy V Celebrity Golf Classic, Cary

### Honorable Mention

A Shopping SPREE!, Junior League of Raleigh

### Place to Propose:

Bachelors, listen up. You no longer have to search for the perfect place to pop the question. *Metro* readers have tracked down a few key locations with just the right amount of romance and spontaneity to make it memorable. Not surprisingly, the winners this year reflect some of the state's most beautiful outdoor spots. If you're considering tying the knot with a college sweetheart, you're in luck. Our Standing Ovation winner, the Sarah P. Duke Gardens in Durham, won the hearts of brides- and grooms-to-be regardless of their alma mater. For pure romance, it's hard to beat the beaches on the North Carolina coast, the runner-up choice. If she's a Carolina girl, she'll still be swept off her feet with a proposal at the Old Well in Chapel Hill, our Honorable Mention winner.



**CULTURAL EVENT**

**Standing Ovation**

The Nutcracker, Carolina Ballet, Raleigh

**MetroBravo**

Playmaker Repertory Company's Ball

**Honorable Mention**

Celebrate! Arts NC State Gala, Raleigh

**PARK TO TAKE KIDS**

**Standing Ovation**

Pullen Park, Raleigh

**MetroBravo**

William B. Umstead State Park, Raleigh

**Honorable Mention**

Shelley Lake, Raleigh

**PLACE TO GO DANCING**

**Standing Ovation**

The Longbranch Saloon, Raleigh

**MetroBravo**

Reds Beach Music, Raleigh

**Honorable Mention**

Aura, Raleigh

**DANCE STUDIO**

**Standing Ovation**

Fred Astaire Dance Studios, Durham and Raleigh

**MetroBravo**

Arthur Murray Studios, Raleigh

**Honorable Mention**

Broadway Dance Project, Raleigh

**CLUB TO HEAR LIVE MUSIC**

**Standing Ovation**

Cat's Cradle, Carrboro

**MetroBravo**

The Pour House, Raleigh

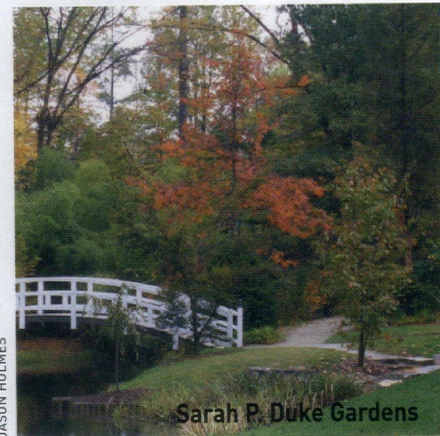
**Honorable Mention**

The Lincoln Theatre, Raleigh

**PLACE TO WALK YOUR DOG**

**Standing Ovation**

William B. Umstead State Park, Raleigh



Sarah P. Duke Gardens

**Imagine...**

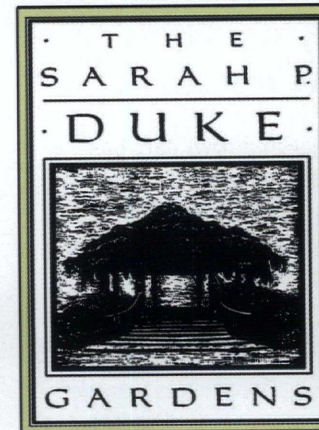
...that you are meeting your child as an adult. What kind of person would you like to meet? You would like to meet a human being who is cheerful, even-tempered, thoughtful, able to adapt to changing circumstances, recognizes the value in all persons and things, treats all with respect, has self-respect, has a creative but discerning mind, knows how to think and can solve problems.

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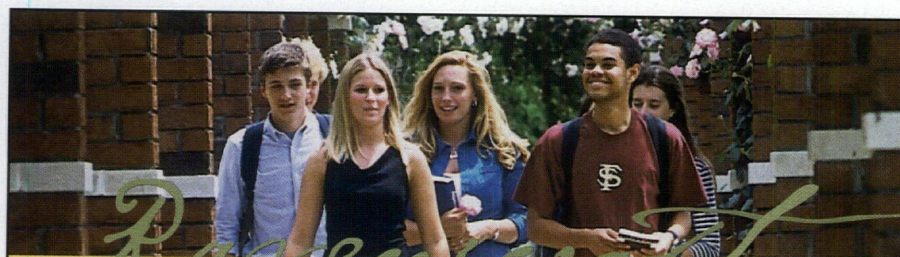
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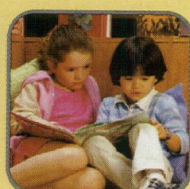


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### MetroBravo

Shelley Lake, Raleigh

### Honorable Mention

Lake Johnson, Raleigh

### FAVORITE SPORTS TEAM

#### Standing Ovation

Tar Heels



### Sports Team:

With all the excitement that ACC basketball brings to the Triangle, *Metro* readers were undoubtedly eager to cast their ballot for favorite sports team. With so many local favorites in the running for the NCAA championship, fans across the state were on the edge of their seats all season long. This year the North Carolina Tar Heels earned our number one seed for Best Sports Team. Surging back from an 8-20 season just four years ago, the Heels won the title of National Champions with the hard work of stellar starters and the support of all the fans in Carolina blue. ACC sports fans are also abuzz about the changes ahead for Coach Amato's Wolfpack football, our Bravo winner in this category. In third, the Carolina Panthers have professional sports back on the map for North Carolina thanks to recent "comeback cat" success.

### MetroBravo

Wolfpack

### Honorable Mention

Panthers

### GOLF COURSE

#### Standing Ovation

Pinehurst, Pinehurst

### MetroBravo

Prestonwood Country Club, Cary

### Honorable Mention

MacGregor Downs Country Club, Cary

Raleigh Country Club, Raleigh

### SPORTING EVENT

#### Standing Ovation

Atlantic Coast Conference Basketball

### MetroBravo

North Carolina State Univ. Football, Raleigh

### Honorable Mention

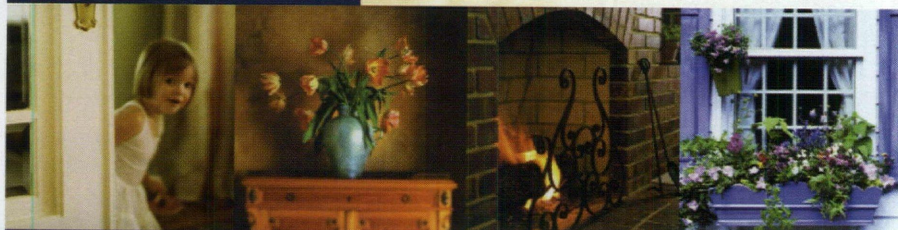
Durham Bulls, Durham

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## BUILT ENVIRONMENT

### THEATRE BUILDING

#### Standing Ovation

BTI Center for the Performing Arts, Raleigh

#### MetroBravo

The Carolina Theatre, Durham

#### Honorable Mention

Paul Green Theatre, Chapel Hill

### COMMERCIAL BUILDING

#### Standing Ovation

Helios Coffee Company, Raleigh

#### MetroBravo

American Tobacco Building, Durham

#### Honorable Mention

BB&T, Downtown Raleigh

### CAMPUS BUILDING

#### Standing Ovation

Duke Chapel, Duke University, Durham

#### MetroBravo

Saint Mary's Chapel, Saint Mary's School, Raleigh

#### Honorable Mention

North Carolina State University Bell Tower, Raleigh



KINSLEY DEY

American Tobacco Building

### CORPORATE BUILDING

#### Standing Ovation

Progress Energy, Raleigh

#### MetroBravo

SAS Campus, Cary

#### Honorable Mention

Highwoods Properties-Smoketree Court, Raleigh

### OUTDOOR VENUE

#### Standing Ovation

Regency Park, Cary

#### MetroBravo

Alltel Pavilion, Raleigh

#### Honorable Mention

Theatre In The Park, Raleigh

### PUBLIC BUILDING

#### Standing Ovation

North Carolina's State Capitol Building, Raleigh



SAS

#### MetroBravo

The Governor's Mansion, Raleigh

#### Honorable Mention

J.S. Dorton Arena, Raleigh

### GOVERNMENT BUILDING

#### Standing Ovation

Legislative Building, Raleigh

#### MetroBravo

North Carolina's State Capitol Building, Raleigh

#### Honorable Mention

The Governor's Mansion, Raleigh

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### Commercial Building:

While *Metro* readers chat, they're sipping espresso at the new icon of Glenwood South, Helios Coffee. The custom architecture of this street side landmark has earned the building a Standing Ovation for Best Commercial Building. The success of Helios is a tribute to owner Gray Medlin's feel for the sophisticated taste of the area—the shop itself is full of comfortable but chic decor, monthly displays of local artists, as well as the delights of a traditional coffee house. The intensive renovation project of the American Tobacco Historic District in Durham earned second place honors from our readers as it continues to develop innovative retail, commercial and condominium space in Durham. The BB&T building in downtown Raleigh won an Honorable Mention.





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DAVID LEFLER

State Capitol

#### INDOOR VENUE

##### Standing Ovation

RBC Center, Raleigh

##### MetroBravo

BTI Center for the Performing Arts, Raleigh

##### Honorable Mention

Dean E. Smith Center, Chapel Hill

#### BUILDING THAT NEEDS TO BE RAZED

##### Standing Ovation

Raleigh Convention and Conference Center, Raleigh

##### MetroBravo

Harrelson Hall, North Carolina State University, Raleigh

##### Honorable Mention

Clarion Hotel State Capitol, Raleigh

## TECH LIFE

#### INTERNET SERVICE PROVIDER

##### Standing Ovation

Road Runner High Speed Cable Internet Service

##### MetroBravo

Earthlink



##### Honorable Mention

Bellsouth Internet Service

#### CELL PHONE SERVICE

##### Standing Ovation

Verizon

##### MetroBravo

Alltel

##### Honorable Mention

Sprint



## INDULGENCES

#### SOFT DRINK

##### Standing Ovation

Diet Coke

##### MetroBravo

Coca-Cola

##### Honorable Mention

Pepsi

#### BEER

##### Standing Ovation

Miller Lite

##### MetroBravo

Michelob Light

##### Honorable Mention

Bud Light

#### VINEYARD

##### Standing Ovation

Biltmore Estate, Asheville

##### MetroBravo

Shelton Vineyards, Dobson

#### Honorable Mention

RayLen Vineyards and Winery, Mocksville

#### LIQUEUR

##### Standing Ovation

Baileys Irish Cream

##### MetroBravo

Kahlúa

##### Honorable Mention

Amaretto

#### VODKA

##### Standing Ovation

Grey Goose

##### MetroBravo

Absolut

##### Honorable Mention

Finlandia

#### BOURBON/WHISKEY

##### Standing Ovation

Jack Daniel's

##### MetroBravo

Maker's Mark

##### Honorable Mention

Crown Royal

#### GIN

##### Standing Ovation

Tanqueray

##### MetroBravo

Bombay Sapphire

##### Honorable Mention

Gilbey's

#### SCOTCH

##### Standing Ovation

Dewar's

##### MetroBravo

The Macallan

#### Beer:

With an onslaught of advertising, the big names in beer have brewed one of America's best-loved rivalries. The major brands compete for name recognition by running clever ad campaigns that spark catch phrases, dropped jaws, and always a few laughs. If you're a fan of bawdy commercials, cheaper prices and fewer calories, then you're not alone. Whether or not *Metro* readers are watching their figures, refreshingly inexpensive light beers have become familiar favorites at dinner parties and social events. This year, domestic brands commanded the *Metro* market with no mention of their imported peers. And while advertising competition has heated up between Miller and Budweiser, Miller Lite stole the throne again this year as our Standing Ovation winner. Michelob Light took a surprising second and Bud Lite showed up for an Honorable Mention.



**Honorable Mention**

The Famous Grouse

**RUM**

**Standing Ovation**

Bacardi

**MetroBravo**

Captain Morgan

Jose Cuervo

**Honorable Mention**

Myers's

## AUTOMOTIVE

**CAR DEALERSHIP**

**Standing Ovation**

Johnson Lexus of Raleigh

**MetroBravo**

Fred Anderson Toyota, Raleigh and Sanford

**Honorable Mention**

Hendrick Hummer, Apex

**SUV**

**Standing Ovation**

Lexus

**MetroBravo**

Tahoe

**Honorable Mention**

Jeep

**SPORTS CAR**

**Standing Ovation**

BMW

**MetroBravo**

Porsche

**Honorable Mention**

Audi

**VAN**

**Standing Ovation**

Honda Odyssey

**MetroBravo**

Toyota Sienna

**Honorable Mention**

Chrysler Town & Country

**TRUCK**

**Standing Ovation**

Chevrolet Silverado

**MetroBravo**

Dodge Ram

**Honorable Mention**

Ford F-150

**SEDAN**

**Standing Ovation**

Lexus

**MetroBravo**

Honda Accord

**Honorable Mention**

BMW

**LUXURY CAR**

**Standing Ovation**

Lexus

**MetroBravo**

Mercedes-Benz

**Honorable Mention**

Jaguar

**HYBRID**

**Standing Ovation**

Toyota Prius

**MetroBravo**

Honda

**Honorable Mention**

Lexus

**DEALERSHIP FOR SERVICE**

**Standing Ovation**

Rick Hendrick, Triangle-wide

**MetroBravo**

Johnson Lexus of Raleigh

**Honorable Mention**

Weaver Brothers Volvo, Raleigh



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First, thank you for 15 great years. Second, thank you for voting for us.

Finally, thank you in advance for coming by for dinner with us.

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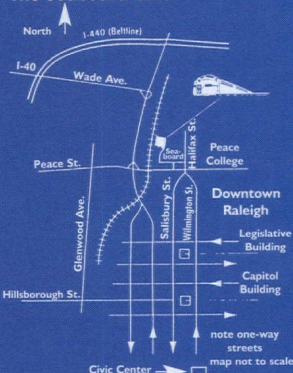


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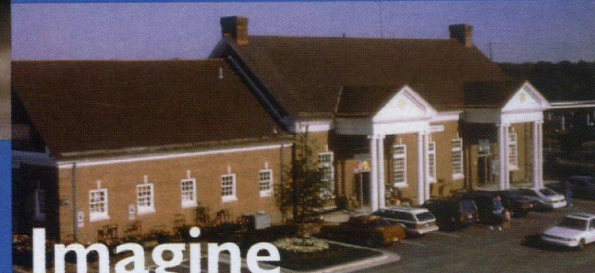
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North Carolina Museum of History



## SPEAKER LINE-UP:

**Ronald Radosh (Keynote Speaker)** - Author of "The Rosenberg File" on his newly released "Red Star Over Hollywood: The Film Colony's Long Romance With the Left."

**Harvey Klehr** - Was Joe McCarthy Right?: What New Evidence from Secret Archives says about Soviet Espionage in America.

**John Earle Haynes** - Co-author of "In Denial" on the damage caused by Soviet use of the US Communist Party from the 1930's to 1945.

**IC Smith** - Author of "INSIDE: A Top G-Man Exposes Spies, Lies and Bureaucratic Bungling Inside the FBI" on Chinese espionage in the U.S.

**Nigel West** - Author of "VENONA: The Greatest Secret of the Cold War" on the latest revelations of Soviet espionage.

**Steve Usdin** - Author of the new "Engineering Communism: How Two Americans Spied for Stalin and Founded the Soviet Silicon Valley" on the story of two Rosenberg spy ring members who fled to the Soviet Union to help build a city dedicated to microelectronics and computing.

**Ann Blackman** - Author of the newly released "Wild Rose, Civil War Spy" about Civil War spy Rose O'Neale; and "The Spy Next Door", about the secret life of Robert Hanssen. Blackman covered Watergate for AP, served as Deputy Bureau Chief for Time, and spent three years as a correspondent in Moscow.

Conference Founder: Bernie Reeves, Editor and Publisher of Metro Magazine



Chuchito Valdés, who continues the legacy of great piano players from Cuba, will perform with his Chuchito Valdés Quartet in a Jazz Concert on July 23 at the New Bern Riverfront Convention Center, New Bern. (See Preview Pop Music for details.)



RAY MATTHEWS

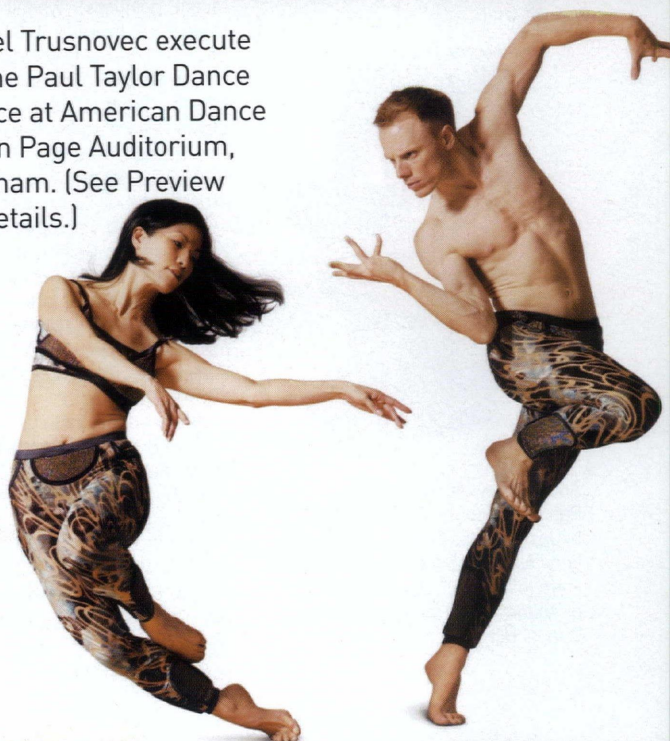


COASTAL JAZZ, NEW BERN

# Openings

These drummers are part of the percussion ensemble, a favorite aspects of the "Illuminations" Summer Performing Arts Series at Roanoke Island Festival Park, Manteo. The series continues throughout the month of July. (See Coastal Preview for details.)

Lisa Viola and Michael Trusnovac execute *Dante Variations* in the Paul Taylor Dance Company performance at American Dance Festival, July 21-23, in Page Auditorium, Duke University, Durham. (See Preview Stage & Screen for details.)



LOIS GREENFIELD

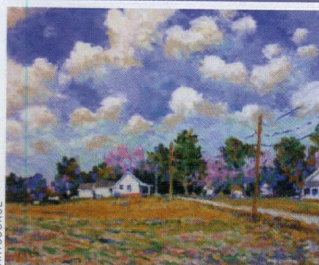


# Preview

by Frances Smith

## RELISH SUMMER'S BOUNTY AS JULY FLIES BY...

### GALLERIES



*Field and Beautiful Sky, Castle Hayne* by Kyle Highsmith is part of an exhibition, "Fresh off the Easel," showing now through the end of July at ArtSource, Raleigh

**FRESH OFF THE EASEL;** Exhibition of new works by Kyle Highsmith; ArtSource Art Consultants & Gallery, Raleigh; thru July 31. Call 919-833-0013 or [www.artsource-raleigh.com](http://www.artsource-raleigh.com).

**EXHIBITS AT DURHAM ARTS COUNCIL;** Durham; both exhibitions thru July 31. Contact 919-560-2719 or [www.durhamarts.org](http://www.durhamarts.org).

- **DAVID M. SPEAR;** Large format, black and white photographs; Allenton Gallery, Main level.
- **JEFF MURPHY;** Colorful photography-

based digital environments; Semans Gallery, upper level.

**EVENTS AT ANIMATION & FINE ARTS,** Chapel Hill. Contact 919-968-8008 or [www.animationandfineart.com](http://www.animationandfineart.com):

- **ARKLES & SCHELSEL-THE HUMAN FORM IN MOTION;** Sculptors work with a variety of media; (Reception July 8) July 8-Aug. 11.
- **CHUCK JONES-ANIMATION MASTER;** July 1-Aug. 31.

**EVENTS AT ARTSPACE;** Raleigh. Contact 919-821-2787 or [www.artspace-nc.org](http://www.artspace-nc.org):

- **CARRIE SCANGA;** Artist-in-residence early July-Aug. 4, exhibition Aug. 5-Sept. 10.
- **ARTSPACE ARTISTS ASSOCIATION NEW MEMBER EXHIBITION;** Upfront Gallery & Lobby; July 1-30.
- **STAMMER;** Multi-arts extravaganza; July 8.

**EVENTS AT SERTOMA ARTS CENTER;** Raleigh. Contact 919-420-2329:

- **THE SHAPE OF THINGS;** Presented by Triangle Artist's Guild; July 3-29.
- **COMFORT CHAIRS;** Presented by Sertoma Park Artists Association; July 3-27.

**FLOWERS;** Nancy Meadows Taylor's recent paintings; Tyndall Galleries, Chapel Hill; thru July 9. Contact 919-942-2290 or [www.tyndallgalleries.com](http://www.tyndallgalleries.com).

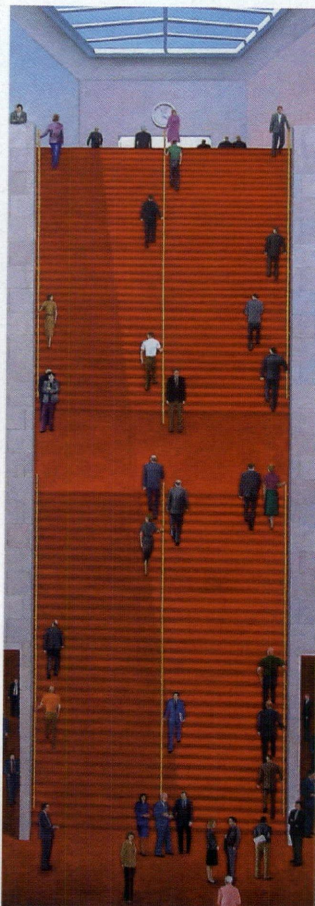
**TRANSITIONS;** Special exhibit of Mickey Gault, Susan Phillips & Elaine Reed's works; Garden Gallery Art, Raleigh; thru July 31. Contact 919-787-2999 or [www.gardengallery-art.com](http://www.gardengallery-art.com).

**POSTSCRIPT;** Photographs by Karl Koga; Allenton Gallery, Durham Arts Council; thru July 31. Contact 919-560-ARTS or [www.durhamarts.org](http://www.durhamarts.org).

**THOMAS HART TEAGUE;** Selected paintings; Page-Walker Arts & History Center, Cary; thru Aug. 1. Contact 919-460-4963.

**PHOTO-A-GOGO;** Installation & works by Clare Britt & Lauren Adams; Rebus Works, Raleigh; (Reception July 3) thru Aug. 27. Contact 919-854-8452 or [www.rebusworks.net](http://www.rebusworks.net).

**NATURE & FIGURES;** Exhibition by Grace Li Wang; Cody's Asian Bistro & Pub, Raleigh; thru Aug. 31. Contact 919-899-6428 or [www.codys-bistro.com](http://www.codys-bistro.com).



*Red Carpet* by Thomas Hart Teague is from an exhibition of his selected paintings now open at the Page-Walker Arts & History Center, Cary

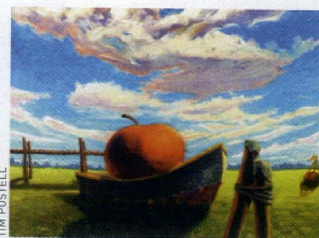
**NEW WORKS BY TIM POSTELL;** April & George Art Bar & Wine Gallery, Raleigh; July 1-31. Contact 919-828-9082.

**SUMMER BLUES;** Mixed media works; Nancy Tuttle May Studio, Durham; July 1-Aug. 31. Contact 919-688-8852 or [www.nancytuttlemay.com](http://www.nancytuttlemay.com).

**PAINTINGS BY DOT BLUE & SCULPTURAL PAINTINGS BY AMY F. LEVINE;** Horace Williams House, Chapel Hill; July 3-31. Contact 919-942-7818.

**RECENT LANDSCAPE PAINTINGS;** By Jacob Cooley, Sylvia Garrard & Gayle Stott Lowry; Tyndall Galleries, Chapel Hill; July 13-Aug. 20. Contact 919-942-2290 or [www.tyndallgalleries.com](http://www.tyndallgalleries.com).

**HORSEPLAY;** Paintings & collages by



*Life-Boat* by Tim Postell will hang in an exhibition of his new works through the month of July at April & George Art Bar & Wine Gallery, Raleigh

Peter Connolly & Paul Hrusovsky; Craven Allen Gallery, Durham; July 16-Sept. 10. Contact 919-286-4837 or [www.cravenallengallery.com](http://www.cravenallengallery.com).

### CLASSICAL

**NC SYMPHONY SUMMERFEST SERIES;** Koka Booth Amphitheatre, Regency Park, Cary. Contact 919-469-4061 or [www.ncsymphony.org](http://www.ncsymphony.org):

- **INDEPENDENCE DAY CONCERT & FIREWORKS;** William Henry Curry, Resident Conductor; July 4.
- **INTERNATIONAL MUSIC FESTIVAL;** William Henry Curry, Resident Conductor; July 9.
- **KENNY ROGERS;** Kenneth Raskin, Assistant Conductor; July 16.
- **A NIGHT IN VIENNA;** William Henry Curry, Resident Conductor; July 23.

### POP MUSIC

**EVENTS AT ALLTEL PAVILION;** Raleigh. Contact 919-834-4000 or [www.alltel-pavilion.com](http://www.alltel-pavilion.com):

- **MAZE;** Featuring Frankie Beverly & Gladys Knight; July 1.
- **CAROLE KING;** July 17.
- **JOHN MELLENCAMP & JOHN FOGERTY;** July 22.
- **EARTH, WIND & FIRE AND CHICAGO;** Presented by VH1 Classic; July 23.
- **DESTINY'S CHILD;** With Mario, Amerie & Tyra; July 24.
- **JAMES TAYLOR;** July 29.

**EVENTS AT NASH ARTS CENTER;** Nashville. Contact 252-459-4734 or [www.nasharts.org](http://www.nasharts.org):

- **AN EVENING WITH THAD COCKERELL & CAITLIN CARY;** July 15.
- **THE CORNERS WITH GUEST SUNSET GREETES THE MOON;** July 16.

**EVENTS AT BYNUM GENERAL STORE;**



*Another Day, Another Dollar,* Patinated Bronze Sculpture (2002) by Jason Arkles is part of the exhibition "Arkles & Schessel - The Human Form In Motion," Opening on July 8 at Animation & Fine Art Galleries, Chapel Hill



Bynum. Contact 919-542-1858 or [www.carrboro.com/bynummusic](http://www.carrboro.com/bynummusic):

- **EMILY WASZAK**; July 8. Contact [www.emilywaszak.com](http://www.emilywaszak.com).
- **THE MALPASS FAMILY**; July 15. Contact [www.malpassfamilymusic.com](http://www.malpassfamilymusic.com).
- **BLUEGRASS EXPERIENCE**; July 22.
- **BOB SINCLAIR TRIO**; July 29. Contact [www.bobsinclairmusic.com](http://www.bobsinclairmusic.com).
- **TIFT MERRITT, HOBART WILLIS & THE BACK FORTY, & THE BREAKS**; July 30.

**LATTA MUSIC AT THE LATTA HOUSE SERIES**; Latta House, Raleigh. Contact 919-821-4061 or [www.lattahouse.org](http://www.lattahouse.org):

- **BRACO**; Latin Rock Band; July 16. Contact [www.braco.biz](http://www.braco.biz).
- **ABE REID & THE SPIKEDRIVERS**; Music Maker Relief Foundation Artists; Aug. 6. Contact [www.abe-reid.com](http://www.abe-reid.com).

**EVENTS AT ARTSCENTER**; Carrboro. Contact 919-929-2781 or [www.artscenterlive.org](http://www.artscenterlive.org):

- **FOOTNOTES TAP ENSEMBLE**; July 9.
- **RED CLAY RAMBLERS**; July 29.



Footnotes Tap Ensemble, an adult rhythm tap company, will perform on July 9 at ArtsCenter, Carrboro

**PLAID COWBOYS**; Tony's Oyster Bar, Cary; July 15. Contact 336-803-4547 or [www.schmoozen.com](http://www.schmoozen.com).

**WALRUS**; Contact 336-803-4547 or [www.schmoozen.com](http://www.schmoozen.com):

- **RIRA'S**, Raleigh; July 8.
- **TIR NA NOG**, Raleigh; July 23.

**SUMMERTIME BLUES CRAWL**; Evening opens with headlining act in Sunrise Theatre, then downtown venues showcase ongoing blues throughout the night; Sunrise Theatre, Southern Pines, July 9. Contact 910-692-3611.



PineCone and the Town of Garner will present Mel Melton and the Wicked Mojos as part of the Garner Family Series on July 23 at Lake Benson Park, Garner

**MUSIC IN THE VINES SERIES**; Live music & food; Horizon Cellars, Siler City; July 9 & 16. Contact 919-742-1404 or [www.horizoncellars.com](http://www.horizoncellars.com).

**DINOSAUR JR.**; Cat's Cradle, Carrboro; July 10. Contact 919-0967-9053 or [www.dinosaurjr.com](http://www.dinosaurjr.com).

**OUTDOOR JAZZ CONCERT**; Sandhills Community College jazz band; Sandhills Community College, Southern Pines; July 11. Contact 910-692-2107.

**440TH NC NATIONAL GUARD BAND**; Tryon Palace, New Bern; July 11. Contact 800-767-1560 or [www.tryonpalace.org](http://www.tryonpalace.org).

**EAROS**; Fat Daddy's, Raleigh; July 16. Contact 336-803-4547 or [www.schmoozen.com](http://www.schmoozen.com).

**SUMMER BREEZE CONCERT**; Lawn of Newbold-White

House, Hertford; July 17. Contact 252-426-7567 or [www.visitperquimans.com](http://www.visitperquimans.com).

**ATOMIC JO**; Fat Daddy's, Raleigh; July 16. Contact 336-803-4547 or [www.schmoozen.com](http://www.schmoozen.com).

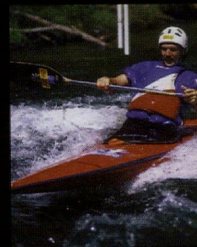
**MEL MELTON & THE WICKED MOJOS**; Lake Benson Park, Garner; July 23. Contact 919-990-1902 or [www.pinecone.org](http://www.pinecone.org).

**CHUCHITO VALDES QUARTET JAZZ CONCERT**; Featuring Afro-Cuban jazz; New Bern Riverfront Convention Center, New Bern; July 23. Contact 252-728-2594.

#### STAGE & SCREEN

**AMERICAN DANCE FESTIVAL**; Duke University, Durham; thru July 23. Contact 919-684-4444 or

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www.americandancefestival.org:

- **BRENDA ANGIEL AERIAL DANCE COMPANY**; Page Auditorium; June 30-July 2.
- **CHILDREN'S ONE-HOUR MATINEE**; By Brenda Angiel Aerial Dance Company; Page Auditorium; July 2.
- **PINATA**; By Brian Brooks Moving Company; Reynolds Industries Theatre; July 4 & 5.
- **AMERICAN DANCE FESTIVAL MUSICIANS CONCERT**; Baldwin Auditorium; July 6.
- **RECITAL**; By Compagnie Käfig; Reynolds Industries Theatre; July 7-9.
- **AMERICAN DANCE FESTIVAL CONCERT**; Page Auditorium; July 10.
- **COMMUNION**; By Battleworks Dance Company; Reynolds Industries Theatre; July 11-13.

- **ANOTHER EVENING**; By Bill T. Jones/Arnie Zane Dance Company; Page Auditorium; July 14-16.
- **BALASARASWATI/JOY ANN DEWEY BEINECKE ENDOWED CHAIR FOR DISTINGUISHED TEACHING AWARD CEREMONY**; American Dance Festival presents Gerri Houlihan with the award for contributing to the field of modern dance & American Dance Festival experience; Griffith Theatre; July 15.
- **SAMUEL H. SCRIPPS/AMERICAN DANCE FESTIVAL AWARD CEREMONY**; Choreographer Bill T. Jones will receive award for incomparable artistry; Page Auditorium; July 17.
- **INTERNATIONAL CHOREOGRAPHERS COMMISSIONING PROGRAM**; Featuring works of Charlotte Griffin (USA), Martinus Miroto (Indonesia) & Anouk van

Dijk (The Netherlands); Reynolds Industries Theatre; July 18-20.

- **PAUL TAYLOR DANCE COMPANY**; Program includes Company B; Page Auditorium; July 21-23.
- **ACTS TO FOLLOW**; 16 NC choreographers & companies present their work on mixed programs; Baldwin Auditorium; July 9 & 16.

**EVENTS AT ECU/LOESSIN SUMMER THEATRE**; East Carolina University, Greenville. Contact 252-328-6829 or [www.ecuarts.com](http://www.ecuarts.com):

- **I LOVE YOU, YOU'RE PERFECT, NOW CHANGE**; July 5-9.
- **THE BEST LITTLE WHOREHOUSE IN TEXAS**; July 19-23.

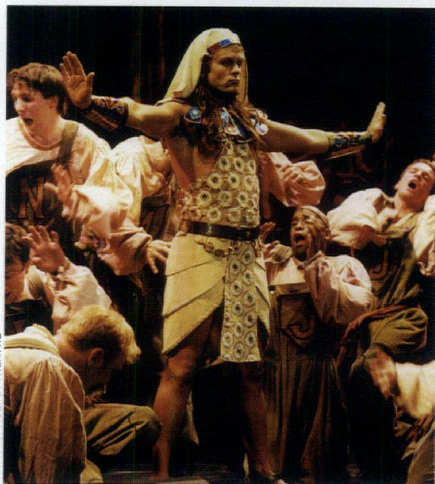
**HOT SUMMER NIGHTS AT THE KENNEDY EVENTS**; Kennedy Theatre, Raleigh. Contact 919-828-3726 or [www.hotsummernightsatthekennedy.org](http://www.hotsummernightsatthekennedy.org):

- **PROOF**; By David Auburn, a daughter caring for her aging father is torn between returning to NY & helping an old student of her father salvage meaningful notes; June 29-July 3 & 6-10.
- **CAT ON A HOT TIN ROOF**; By Tennessee Williams; July 20-24 & 27-31.
- **STARTING HERE, STARTING NOW**; By Richard Maltby, Jr. & David Shire; Aug. 3-7 & 10-14.

**MR. PUNCH MEETS GOVERNOR TRYON**; Colonial puppet show; Tryon Palace, New Bern; July 9. Contact 800-767-1560 or [www.tryonpalace.org](http://www.tryonpalace.org).

**THE FROG PRINCE**; Puppet show & afternoon of stories, make your own puppet to take home; Clifffdale Regional Branch Library, Fayetteville; July 9. Contact 910-864-3800.

**JOSEPH & THE AMAZING TECHNICOLOR DREAMCOAT**; Starring Sheena Easton & Ray Walker; North Carolina theatre production; Memorial Auditorium, Raleigh; July 8-17. Contact 919-831-6950 or [www.nctheatre.com](http://www.nctheatre.com).



Grammy winner Sheena Easton and Broadway star Ray Walker will perform in North Carolina Theatre's summer production of *Joseph and the Amazing Technicolor Dreamcoat*, July 8-17, in Memorial Auditorium, Raleigh

**SLEEPING BEAUTY**; Adaptation by John Clark Donahue & Thomas Olson with music by Steven Rydberg; Raleigh Little Theatre, Raleigh; July 15-24. Contact 919-821-3111 or [www.raleighlittletheatre.org](http://www.raleighlittletheatre.org).

**SHADOWS OF THE FIRE-MIDDLE EASTERN DANCE TROUPE**; Performance of American tribal fusion belly dancing routines; North Regional Branch Library, Fayetteville; July 16. Contact 910-822-1998.

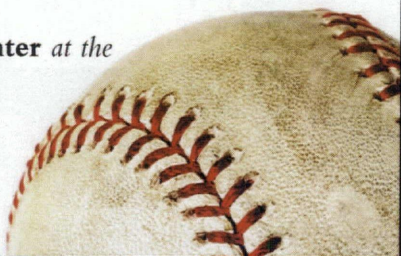
**RIDERS IN THE SKY**; Grammy-award-winning music and comedy; Tweetsie Railroad, Blowing Rock; July



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16 & 17. Contact 828-264-9061 or [www.tweetsie.com](http://www.tweetsie.com).

**EXTINCTION!** Morehead Planetarium & Science Center, Chapel Hill; thru Aug. 14. Contact [www.moreheadplanetarium.org](http://www.moreheadplanetarium.org).

**THE LOST COLONY;** Waterside Theatre, Roanoke Island; thru Aug. 19. Contact 252-473-3414.

## MUSEUMS

**EVENTS AT NC MUSEUM OF HISTORY;** Raleigh. Contact 919-807-7943 or [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org):

- **THE HEALING FORCE;** Family of musicians presents a celebration of African American culture through storytelling, dance & song; July 10.
- **NC DURING THE GREAT DEPRESSION;** July 13.
- **PIRATES AHOY!** Hear pirate stories & make a sword; RSVP by July 15; event July 23.
- **NC LIGHTHOUSES: A TRIBUTE OF HISTORY AND HOPE;** July 24.

**EVENTS AT MUSEUM OF LIFE AND SCIENCE;** Durham. Contact 919-220-5429 or [www.ncmls.org](http://www.ncmls.org):

- **FLIP IT, FOLD IT, FIGURE IT OUT!** Activities entice visitors to play with math; July 2-Jan. 2.
- **BUTTERFLY HOUSE TOUR;** July 30.

**LIVE ANIMAL PROGRAMS;** NC Maritime Museum, Beaufort. Contact 252-728-7317:

- **ALLIGATORS;** July 7.
- **SEA TURTLES;** July 14.
- **FRESH WATER TURTLES;** July 21.
- **ALLIGATORS;** July 28.

**WILD HORSES OF SHACKLEFORD BANKS;** Cape Lookout National Seashore presentation by Dr. Sue Stuska; NC Maritime Museum, Beaufort; July 22. Contact 252-728-7317.

**CONTEMPORARY GLASS ART FROM NC COLLECTIONS;** Exhibition surveys American & European studio glass; NC Museum of Art, Raleigh; thru Aug. 7. Contact 919-839-6262 or [www.ncartmuseum.org](http://www.ncartmuseum.org).

**WE SKATE HARDWARE;** Vincent Cianni's photographs & video footage of young in-line skaters on Southside of Williamsburg neighborhood in Brooklyn, NY; Center for Documentary Studies, Duke University; (Reception Aug. 11) thru Aug. 28. Contact 919-660-3663 or [www.cds.aas.duke.edu](http://www.cds.aas.duke.edu).

**CRIME SCENE INSECTS;** Explore use of insects to reveal critical details of a crime scene; NC Museum of Natural Sciences, Raleigh; thru Sept. 18. Public forum, July 14, to explore part forensic technology played in freeing Alan Gell of murder, featuring *News & Observer* reporter who covered story, entomologist who helped overturn Gell's conviction & Gell himself. Contact 919-733-7450 or [www.naturalsciences.org](http://www.naturalsciences.org).

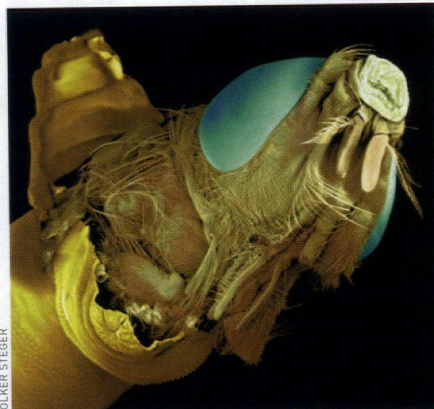
**LUTHER H. HODGES: THE INTERNATIONAL LEGACY OF AN NC STATESMAN;** Chapel Hill Museum, Chapel Hill; thru Oct. 23. Contact 919-967-1400 or [www.chapelhill-museum.org](http://www.chapelhill-museum.org).

## POTPOURRI

**TRYON PALACE INDEPENDENCE DAY CELEBRATION;** Celebration includes free admission to gardens & dramatic reading of Declaration of Independence; Tryon Palace, New Bern; July 4. Contact 800-767-1560 or [www.tryonpalace.com](http://www.tryonpalace.com).

**TWEETSIE RAILROAD FOURTH OF JULY FIREWORKS EXTRAVAGANZA;** Tweetsie Railroad, Blowing Rock; July 4. Contact 828-264-9061 or [www.tweetsie.com](http://www.tweetsie.com).

**NC IN THE AMERICAN REVOLUTION;** National Board Certified Teacher Alan Broadhurst will present a program on the role of NC during the American Revolution; Tryon Palace, New Bern; July 16. Contact 800-767-1560 or [www.tryonpalace.org](http://www.tryonpalace.org).



VOLKER STEGER

The emergence of a corpse-inhabiting insect from its pupa, such as this hatching blowfly, can indicate when a crime occurred. A new exhibit, CSI: Crime Scene Insects, at the NC Museum of Natural Sciences, Raleigh, running now through Sept. 18, explores forensic entomology—or the use of insects such as flies, maggots & beetles to assist in a crime scene investigation.

**AFRICAN AMERICAN HISTORIC DOWNTOWN WALKING TOUR;** Tour lasts 90 minutes & covers 16 blocks; Tryon Palace, New Bern; July 17. Contact 800-767-1560 or [www.tryonpalace.org](http://www.tryonpalace.org).

**RACHEL CARSON RESERVE TRIPS;** Beachcombing & bird watching; NC Maritime Museum, Beaufort; July 1, 5, 7 & 25. Contact 252-728-7317 or [www.nc-mm.org](http://www.nc-mm.org).

## SPORTS & RECREATION

**BRHA REINING HORSE SHOW;** Senator Bob Martin

Eastern Agricultural Center, Williamston; July 8-10. Contact 252-792-5111 or [www.blueridgereiners.com](http://www.blueridgereiners.com).

**SKYWATCHING SESSION;** Ebenezer Recreation Area, Jordan Lake; July 9. Contact 919-549-6863 or [www.moreheadplanetarium.org](http://www.moreheadplanetarium.org).

**NIGHT HIKE;** American Tobacco Trail County Park, New Hill; July 16. Contact 919-387-2117.

**FREEDOM CLASSIC OPEN HORSE SHOW;** Senator Bob Martin Eastern Agricultural Center, Williamston; July 16 & 17. Contact 252-792-5111 or [www.east-coasthorses.com](http://www.east-coasthorses.com).

**AND 1 MIX TAPE TOUR;** Expo area & game showcasing the world's best streetballers; RBC Center, Raleigh; July 19. Contact 919-834-4000 or [www.rbc-center.com](http://www.rbc-center.com).

**SUMMERTIME BLUES DRESSAGE HORSE SHOW;** Senator Bob Martin Eastern Agricultural Center, Williamston; July 23 & 24. Contact 252-792-5111 or [www.carolinadressage.com](http://www.carolinadressage.com).

**WORLD CLASS MINIATURE HORSE CHAMPIONSHIP;** Senator Bob Martin Eastern Agricultural Center, Williamston; July 29-31. Contact 252-792-5111 or [www.wcmhr.com](http://www.wcmhr.com).

**NORTH/SOUTH MEN'S AMATEUR GOLF CHAMPIONSHIP;** Pinehurst Resort, Pinehurst; July 31-Aug. 7. Contact 910-235-8140 or [www.pinehurst.com](http://www.pinehurst.com).

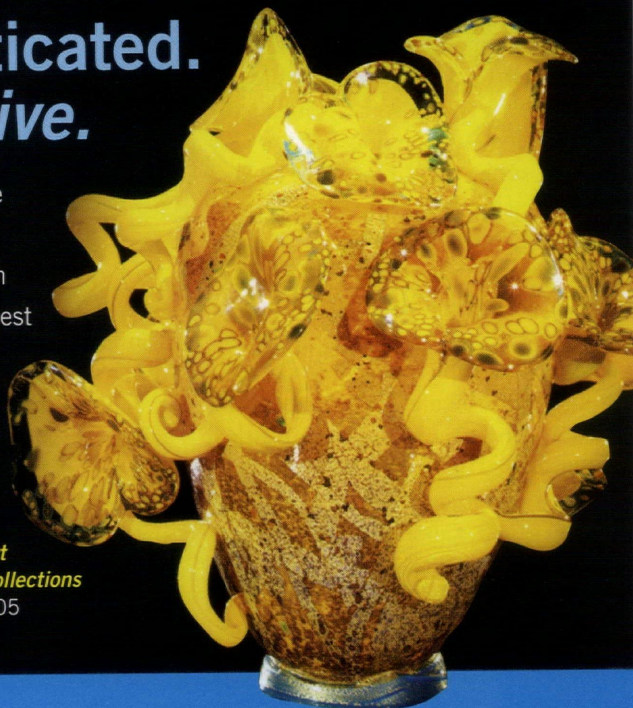
Our thanks to Sarah Jurek for her assistance with MetroPreview.

**EDITOR'S NOTE:** Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: [fsmith5@nc.rr.com](mailto:fsmith5@nc.rr.com).

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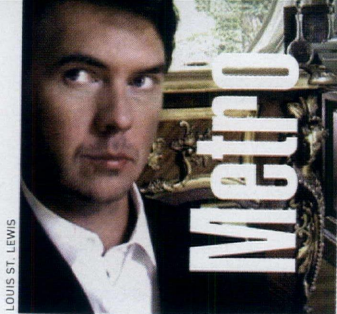
## Museum of Art

2110 Blue Ridge Road, Raleigh  
(919) 715-5923  
[www.ncartmuseum.org](http://www.ncartmuseum.org)

Also on view: *In Focus: Contemporary Photography from the Allen G. Thomas Jr. Collection*, through July 17, Free

ABOVE: Dale Chihuly, *Gilded Yellow Venetian with Lilies*, 1991, blown glass with applied furnace-worked elements, Collection of Francine and Benson Pilloff





LOUIS ST. LEWIS

# Artist-at-Large

by Louis St. Lewis

## DISCOVERING TREASURE BY THE SEA

**W**ith summer in full swing, I'm certain all of you will make the right decision and pack up your Gucci flip flops, a French flag sarong, a few bottles of Campari, Lillet, and Absolut peach vodka and head directly to one of our fantastic North Carolina beaches for a much needed vacation. As a child I would spend hours walking the shore, my eyes fixed on the sand searching for the elusive glimmer of lost Spanish gold, an emerald ring, or perhaps a lovely presidential Rolex watch with diamond bezel. You can have fun searching for treasure as well, and not all that glitters is confined to the sea.



NANCY HOFFMAN GALLERY

Viola Frey, *Man with Portland Vases*, 2004, ceramic with glazes

The Cameron Museum of Art ([www.cameronartmuseum.com](http://www.cameronartmuseum.com)) has just opened an eye-popping show by internationally acclaimed sculptress Viola Frey. Frey works in ceramic and she works BIG. I don't have any idea how she gets these things in and out of the kilns—she obviously has a very strong back. They must be fired someplace where the jolly green giant hangs out. I feel sorry for the trucks that had to haul all 11 of these massive sculptures to the museum.

The pieces are depictions of regular folks just like you: The men always wear blue suits and the ladies, of course, are either nude or dressed up like 1950s housewives. They all share the same kind of blank-eyed stare you get after about four good martinis. I think our government should commission this woman to do sculptures to replace some of the uglier ones we have around the state. I would much rather look at these ceramic sculptures and their sophisticated surfaces than the out-of-proportion bronze of Sir Walter Raleigh with the big bloomers and tights that has scared delicate eyes and young children for years



CARTERET CONTEMPORARY ART

Jack Cayton, *Neuse River Access*, oil

in downtown Raleigh. The show runs until September 4, so you have plenty of time to make the trip.

After the shock of the new and international, perhaps you might want to cruise across town to check out *Contemporary Perspectives*, the new show that just opened at Fountainside Gallery, [www.fountainsidegallery.com](http://www.fountainsidegallery.com). The artworks here are much calmer in tone with the subjects ranging from florals to seascapes to abstracts, all in soothing tones. Margo Balcerek, Cary Henrie, Gail Taylor and Elena Madden have all created high-quality professional work that would be at home in any of your beachfront palaces; and the prices are so reasonable that if a hurricane or two washes the house away this season, the insurance agent shouldn't give you too much flack about the value of the art. The staff at Fountainside Gallery is friendly and knowledgeable and I need to go to one of their openings sometimes so I can check out how they throw a party.



FOUNTAINSIDE GALLERY

Margo Balcerek, *Composition with White Orchid*, oil on canvas

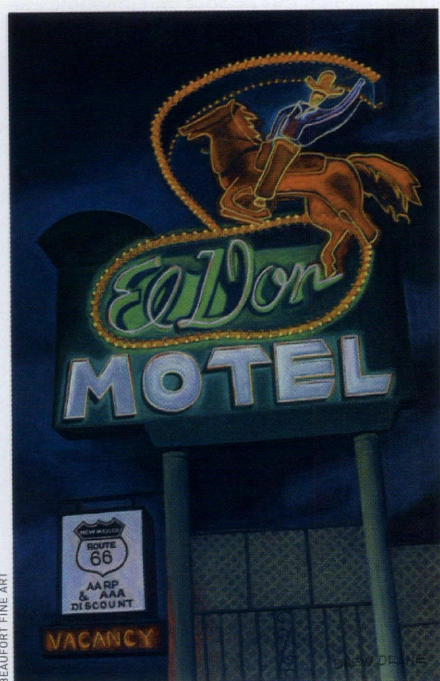
God bless Lee Dellinger over at Beaufort Fine Art and her husband Charles Jones at Carteret Contemporary Art in nearby Morehead City ([www.twogal-](http://www.twogal-)





Cary Henrie, *Dawn Aura Details*, mixed media on canvas

eries.net). Owning a gallery is a labor of love, and owning one in a town subjected to seasonal hordes of tourists borders on masochistic, in my humble opinion. I was in there one day and these folks came in who looked like extras from *HEE HAW* and wandered around the gallery and then asked her where she got the fabric for her chair! Her CHAIR! All this fine art on the walls and the people had not a clue that perhaps they should consider the art on the walls and not look around for upholstery fabric for the next episode of *Trading Spaces* on HGTV. Lucky for Lee she has some of the most loyal and sophisticated art buyers in the area who flock to her doorstep

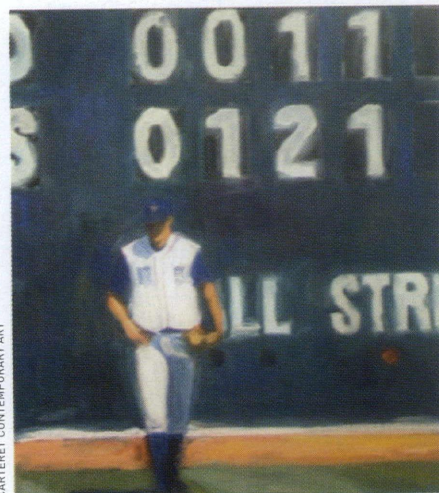


Drew Deane, *El Von*, oil on board

as well. Judging from the quality of the work she displays, it is no surprise. The current show, *Streetscapes*, features work by Jerry La Point, Drew Deane, Keve Clayton and Amy Levine. I really like the street-scapes of Drew Deane. She grew up in a motor court with three spinster aunts in Florida. It must have made quite an indelible impression on this young lady's mind because she really gets into doing images of street signs, doughnut signs, old motel signs, etc. The works are clean, crisp and surprisingly elegant considering the subject matter. The great Amy Levine is a favorite of mine as well. Her 3-dimensional constructs play out every imaginable social interaction. Amy is building up steam and has received several large corporate commissions recently. Now might be a good time for you to invest and put a few dollars in this lady's pocketbook as well—do you think artists live off of air?

Carteret Contemporary Art is currently showing the works of both Robert Irwin and Richard Garrison, two artists who really need no introduction. Richard has done some amazing images with baseball themes. I've never really liked baseball, but

these images are very attractive so I might have to rethink my stance on the matter. Robert Irwin, that lucky dog, gets to live by the coast all the time and has presented a collection of oil on paper seascapes that will certainly be snatched up by the time you read this article. Both of these artists have shown together at the gallery several times before and are always a crowd favorite. ... Go see for yourself. **MM**



Richard Garrison, *In the Field of Time*, oil on board

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## COME TO SEE ME NOW—IN WINSTON-SALEM

**M**y great delight is rambling around eastern North Carolina and enjoying food, folks and places, and picking up things I can pass on to you. But when day is done and I leave the Down East that has fed my soul and lifted my spirit, I head back to Winston-Salem where I make my living.

When I wrote "Winston-Salem" just now, it may have been the first time I have done so during the four years I have been writing "Between You and Me". Since *Metro* focuses on the Research Triangle and eastern North Carolina, I naturally look east for material.

However, *Metro* is sold here in Winston-Salem, and each month I get impatient waiting for the new issue to arrive at Borders. Then I check to see if anyone is buying it and shamelessly tidy the rack to make sure *Metro* is prominently displayed. Good news! The current issue sold out. Triad folks are reading *Metro*!

I've decided it's time to tell you a few things about the city where I work and have dear friends. Why? Because many of you, like my old friend and prominent Raleigh attorney Spencer Barrow and his mother, Mrs. John K. Barrow, have places in the mountains and will be motoring through Winston-Salem from now through the leaf season. Mrs. Barrow now has an exclusive Glenwood Avenue address but previously was a mainstay of Augusta society.

The popular president of Peace College, Laura Carpenter Bingham, and husband Warren have a place at Blowing Rock, as do Raleigh's Jim and Sally Tanner, and Linda and Alton Russell, president and general counsel of The Title Company of North Carolina (Linda wrote the wonderful feature on golfing women in the May *Metro*). A host of others will be headed this way too.

There are many reasons to rein in your SUV at Winston-Salem. I'll give you a few—all within minutes of business I-40, so I don't delay you. And I'll make you a deal. Call me, and I'll buy your lunch. But please. If the SUV is stuffed with relations

and unruly younguns pleading to ride Tweetsie, please lose this number—336-725-3487. My wallet can take it, but my nerves can't. And Steve Lanier, if you stop on the way to your cabin in Valle Crucis,



Gordon Sparber and the staff at Ollie's Bakery

you buy MY lunch.

To arrive at your mountain destination with treats to savor, take Winston-Salem's Cherry Street exit and circle back around on South Marshall to Ollie's, one of the region's premier bakeries. It's the dream of Gordon Sparber, former music critic for the *Winston-Salem Journal*, who seven years ago kissed journalism goodbye and set out to make the best Old-World crusty breads, breakfast pastries, cakes, tarts and tortes anywhere. Now folks throughout the Triad beat a path to his doorstep, which is just a stone's throw from mine, and Ollie's recently was featured in *Southern Living*.

Among my favorites is Ollie's lemon tart, made from scratch with hand-grated lemons and high-butterfat "European" butter that is incredibly rich and hormone-free. He garnishes it with chopped pistachios. I served it to guests from Italy this week and received rave reviews. Chocolate lovers make a bee line for Ollie's Queen of Sheba cake, a flourless, French, dark-chocolate-and-almond

cake that is perfect with coffee.

A minute or so away in Old Salem is Winkler Bakery, dating from the 18th century and still using wood-fired ovens. Anything from Winkler is special, including its Moravian sugar cake, signature thin spice cookies and pound cakes that come from its ovens in the afternoon—plain, chocolate with chocolate icing, lemon, and almond. They often are still warm when served at supper.

If you continue through town on Cherry Street, you shortly turn left on Northwest Boulevard and find Sam McMillan's place. You can't miss it. Sam is from Fairmont in Robeson County and one of the nation's best-known naïve artists. Sam inspired R.B. Fitch of Fearington Village to launch his successful annual folk art show, and he was featured in a Smithsonian show earlier this year.

Sam's yard is full of fancifully painted animals, sculptures and whatever—all signed "Sam." He abhors unpainted surfaces (don't doze off when Sam has a brush in his hand) and will decorate almost anything with barnyard animals, giraffes, zebras, lady bugs, lots and lots of dots, and anything else that pops into his mind. Inside are children's furniture, bookcases, plant stands, rocking chairs and small items—all painted in a style that has landed Sam's pieces in museums and private collections across the nation. Sam is painting my mother's old trunk now. It will be a toy chest for some precious kids in our family. Be prepared to scuttle an ice chest or a worrisome child to make room in the SUV for "a Sam" for your mountain place or Down East residence. It's irresistible and affordable when bought in Winston-Salem.

I forgot to tell you—on the way to Sam's, look for Ronnie's Country Store just past the convention center. It's a family operation in the middle of Winston-Salem with fresh fruit and vegetables arrayed on the sidewalk. Take an empty mayonnaise jar and draw a pint of homemade blackstrap molasses from the barrel. Ronnie has locally



ground yellow grits that will make you give the commercial Quaker variety the now-famous Mike Easley middle-finger NASCAR salute. Ask for watermelon rind pickles, "Pilot-Knob" coffee, local honey, and, oh yes, country ham. Years ago, Ronnie made news when state Senator Ham Horton got a bill through the General Assembly in about two days making it legal for him to keep slicing country ham without a health certificate—proving the legislature can do when it wants to do.

If you miss breakfast, hit Winston-Salem at noon for a hearty, soulful lunch at the INnOUT at the top of the Broad Street exit—just one exit west of Cherry. Mrs. T—a short, sturdy, no-nonsense woman with Cornrows—dishes out some of the best convenience store grub anywhere, along with occasional life lessons for patrons who look like they need it. Blue-collar guys line up at lunch for her hearty servings of ribs, macaroni and cheese, pintos, battered-and-fried potato wedges, fried chicken, wings, and a house specialty—baked chicken in savory onion gravy. Her grandfather was a chef, Mrs. T said, and she takes pride in her cooking, too.

Just west is the flagship Krispy Kreme store, which is a couple of hundred yards from the Stratford Road exit. Last chance, almost. The only "Hot Doughnuts Now" sign in the North Carolina mountains is in West Asheville. Borders is just across Stratford Road—the first Borders in the nation to stock Travel Mania, billed as "the world's newest and most exciting board game." Created by Winston-Salem's Paul Mistor, Travel Mania will keep pesky kids and grownups alike entertained during afternoon mountain showers.

I have one last stop for you. If you take 421 to Boone, my favorite restaurant, Bernardin's, is at the Jonestown Exit. It qualifies as "fine dining" but has a reasonably priced, light luncheon menu. Mussels there are the best I have ever eaten. *News and Observer* food columnist Fred Thompson and I shared some one evening; called for more bread to sop up the last drops of lemon, wine and garlic sauce; and gave them an A plus. Bernardin's dinner menu is superb.

Some time ago, then Raleigh attorney George Boylan and Cynthia Simmons



treated me to lunch at Bernardin's. They are delightful people from two of Down East's old families. They are now Mr. and Mrs. George Boylan (Applause!), and friends in Raleigh, Tarboro (Cynthia's hometown) and Wilmington, where they are now residing, have been celebrating. Dale Pully and husband Bill, President of the North Carolina Hospital Association, hosted a grand party

at their Raleigh home in the Boylans' honor.

I escorted the Glamorous Greek—Dorothy Pastis of Wrightsville Beach. The guest list of Raleigh notables included Assistant Secretary of Commerce Tony Copeland and wife Monique; Kaye Gattis, government relations director for the State Ports Authority and husband Tommy; Barbara Boney, caterer to the stars; Doug Copeland, publisher of *Triad Business Journal*, and wife Jean; Raleigh attorney Winston Page and wife Sandy Worth Page; businessman John Skvarla and wife Liz; Andy Dembicks, owner of The Andrews Company, and wife Shelley Castleberry Dembicks; and Eddie Speas of the Poyner Spruill law firm in Raleigh and his distinguished wife, Debra W. Stewart, president, Council of Graduate Schools in Washington, DC. Eddie and Debra have a place at the Watergate where Senator Elizabeth Dole is a long-time resident.

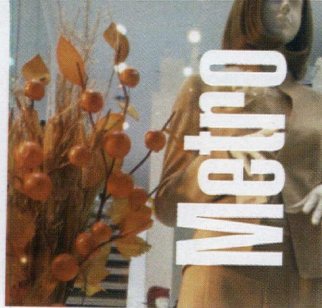
I hate to stop writing now because, between you and me, it seems like I just got started. Tell you what: I'll save some good stuff until you stop and have lunch with me in Winston-Salem. **MM**

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# Style

by Molly Fulghum Heintz

## STYLIN' FOR SUMMER

**S**ummer is hands down the best time to try out a new personal style. The days are long, the mood is laid back, and, in case an experiment fails, a lot of the people you usually see are probably out of town. Test drive seven of the season's bolder looks during these lazy days. You may find something that seemed out of character back in the spring suits you to a T this month (particularly if it's on sale).



Chanel wrap-style sunglasses

**1.** Wrap-around sunglasses are a good idea in principle: they shield the eyes better than other styles and are a smart choice for those with a small or narrow face. However, in practice, the wrong pair of wrap-arounds can easily look a bit "nonagenarian driver." That's why I was pleasantly surprised when I tried on a pair of this season's Chanel rimless wrap-style sunglasses with tiny metallic C's at the corners. They almost vanish into the face, but also convey a little movie star aura. And even if it's obvious that you're not a movie star, it's always nice to feel like one occasionally (Chanel sunglasses, \$270 at selected locations).

**2.** Big floppy hats look best on those with height, but, for brave petites, what is lacking in altitude can be made up in attitude. Stuff Helen Kaminski's squishable Lanai Hat into your beach bag and it will come out perfect every time (\$160 at [www.blissworld.com](http://www.blissworld.com)). For less expensive versions, check out [www.mydivascloset.com](http://www.mydivascloset.com) for an array of voluminous styles in straw and raffia under \$30.



Braided Straw Sunhats



Lanai hat



Blondeau \$164



Brewer \$195

**3.** Show-stopping accessories transform an otherwise generic ensemble. They can also help save time getting dressed in the morning: little black dress plus fabulous earrings, and you're out the door. For a shot of instant chic, add a few pieces of Lucie jewelry to your line-up. Created by North Carolinian Jennifer Wadford, Lucie is a bold and beautiful line of necklaces and earrings that features natural materials such as horn and shell in combination with gold and silver metalwork. Each look is named after a friend or someone who inspired Wadford, from the gorgeous filigree McCollum necklace to the delicate shell Merritt earrings. In the Triangle Area, Lucie is sold at Fleur, Scout and Molly's, Shop 20\*12, Soho Shoes and [www.luciejewelry.com](http://www.luciejewelry.com).



Merritt shell earrings \$175





BCBG's "Antigone" sandal

4. Ankle-wrap sandals just look so complicated, what with all that twisting and turning. But if you can spare the extra 60 seconds, this look is the epitome of cool for summer. For something down to earth, check out BCBG's "Antigone" sandal

J. Vincent's  
"Frances"  
sandal

(\$150); or to increase your stature by a whole four inches try J. Vincent's over-the-top "Frances" sandal, covered in toile with a sparkly stone brooch on the instep (\$179 at [www.dillards.com](http://www.dillards.com)).



5. Nothing is more glamorous than a shoulder-baring halter-top. Halter dresses à la Marilyn Monroe in "Seven Year Itch" are perfect for a summer dinner al fresco. Peruse the selection at Banana Republic, from the simple but seductive black wrap halter dress with a tasseled sash (\$178) to a floor-length halter dress in a head-turning "Aloha" print (\$168, [www.bananarepublic.com](http://www.bananarepublic.com)).

6. Zany nail polish shades are de rigueur for sum-

"Aloha" print dress at  
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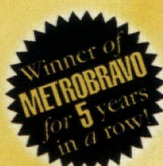
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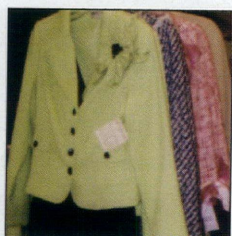
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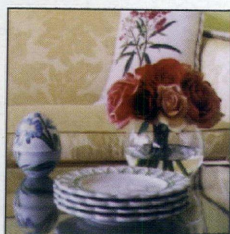
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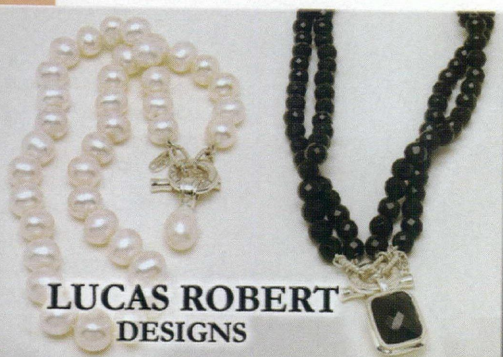
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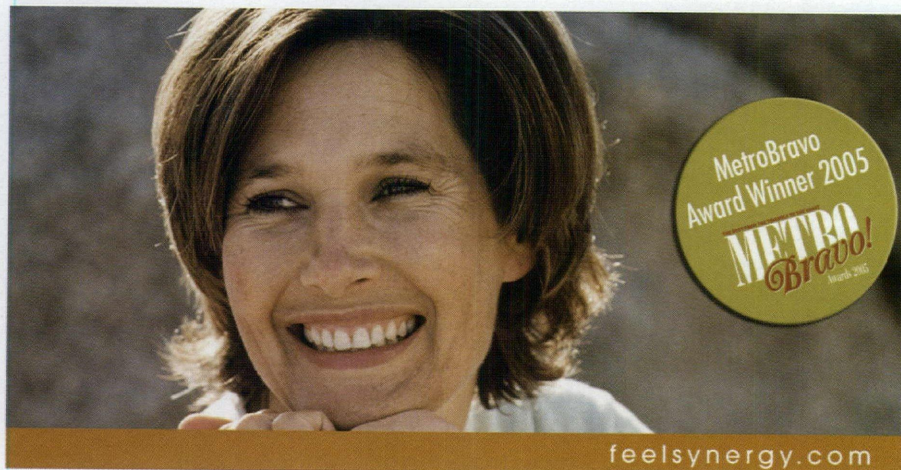
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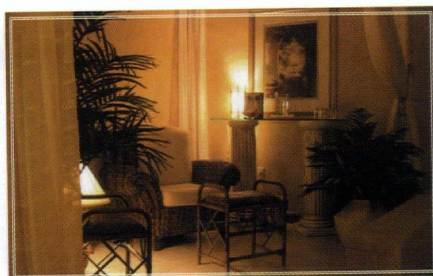
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Salt Water Taffy — a boardwalk classic

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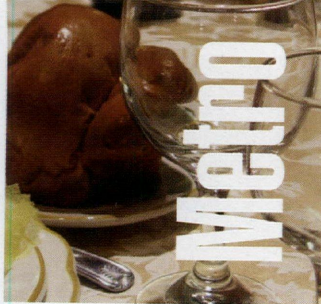
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# Gourmet

by Moreton Neal

## Saint-Jacques; Vinnie's

### CLASSIC CUISINE REIGNS IN TWO RALEIGH RESTAURANTS

**T**hough unfocused and not easy to define, "fusion" has been a trend for over a decade, a counterpoint to "American regional" cuisine so popular in the eighties. My first encounter with "fusion" cooking took place at a Chapel Hill restaurant years ago. I've repressed the name of the dish, but suffice it to say that Hollandaise sauce will never be improved by adding coconut. Eventually the movement morphed into "global," an effort to redeem this style of cooking from the irrational exuberance that often creates culture clash on a plate. Lately fusion/global menus have become so popular in the Triangle that the classics have almost been forgotten.

But not quite.

This month I dined in two distinctive restaurants, each with a firm grip on its identity. Each knows exactly what it does best and doesn't try to stray outside its cultural base. Each is unpretentious and knowledgeable about its audience. Saint-Jacques and Vinnie's are everything they claim to be. In these two archetypal dining spots there's no fusion and absolutely no confusion.

Of the two, Saint-Jacques is the baby, but a precocious one. By the time I arrived on the scene, merely months after it opened, the kinks were well ironed out. Though pleasant, there is nothing glamorous about the small dining room. The setting is typical of countless neighborhood bistros in France—white tablecloths, understated simplicity. In that part of the world Saint-Jacques' menu would offer few surprises, but here in the Triangle-to-the-coast region, the familiar traditional dishes are not easy to come by. Over the years, these flavors have appeared and disappeared in the Triangle, from La Residence (that I founded with former husband Bill



L-R, Sous Chef Justin McConkey, owner Lil Lacassagne, and Chef de Cuisine Alphonse Yapo

Neal) to Mondo Bistro to Tartine's to Jean Claude's and Provence. I yearn for this kind of French country cooking (beef daube, bouillabaisse, coq au vin, chocolate mousse, to name a few) so much that I wrote a cookbook as an excuse to taste them again. Now I can throw it away and let Saint-Jacques make all my favorites for me!

My first bite of perfectly seasoned ratatouille, a southern French vegetable stew, evoked the seductive smells and tastes of France's Provence—and with good reason. Owner Lil Lacassagne hails from that part of the world, and apprenticed with legendary chef Roger Verge at his Michelin three-star restaurant near Nice, Moulins de Mougins.

"Passionate" doesn't begin to describe Lil's love for his work. His restaurant is a canvas for great culinary art. Like many artists, Lil finds inspiration in dreams (the idea for "blue cheese delicacy," a Port-infused Roquefort mousse served on puff pastry, came to him while he slept), but it's a classical rather than a creative approach that gives this place its great appeal. There's

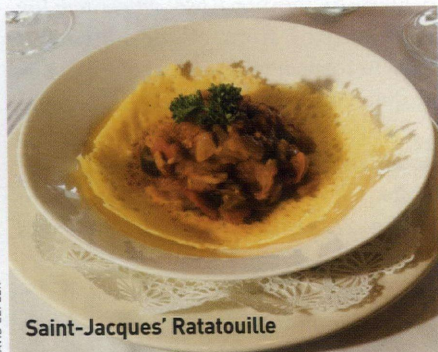
nothing new about mushroom risotto or tournedos Rossini, or seafood with aioli, or escargots with a red wine/shallot sauce. But in the hands of Chef de Cuisine, Alphonse Yapo, they are transcendent, as are his more ambitious creations such as the seared scallops with a smooth vegetable gratin, which included fennel, Belgian endive, and mushrooms. A visit to Saint-Jacques is like going to a museum of classical art. One feels elevated by the experience, reassured that there is still beauty and excellence in the world. Not a bad way to feel after consuming a couple of thousand calories!

What makes Saint-Jacques so special? Lil and his wife/partner Lorianne never veer from focus on their mission: "Our guests always receive what they pay for, never less. We hope, more. We want you to be happy."

Minus the French accent, these were almost the exact words of Craig Souza, owner of Vinnie's. A seasoned businessman and long-time habitué of this quintessential American steakhouse, he bought the



popular steak house in 2003 from its original owner, Dusty Anderson. Craig shares Lil's zealous devotion to quality. The key to his success has been... well, cutting the fat. Vinnie's satellite branches in Durham, Cary and Yonkers are now gone leaving only one restaurant at the original venue on Six Forks Road. There's no flab on the current Vinnie's. It's one lean, mean, cooking machine.



Saint-Jacques' Ratatouille

Craig is as passionate as Lil about his restaurant's food and service. "I wanted to bring back Vinnie's to the way it used to be when it opened in 1987, an independently owned and operated steakhouse." On



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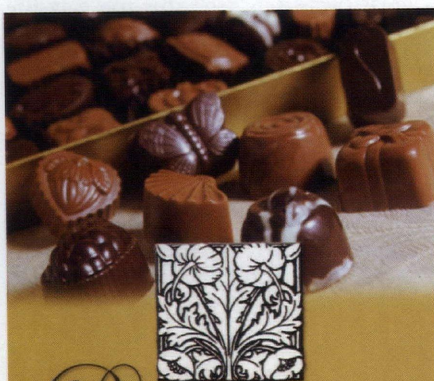


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weeknights, Raleigh power-brokers and politicians fill the warm, clubby dining room. The scene shifts on Saturday nights when neighborhood couples flock in for a leisurely dinner to the sounds of a Sinatra-style crooner. "Having the band means we don't turn tables very often, but we don't care. It's our tradition. That's what Vinnie's

is all about—getting it right."

Have I mentioned the food? Vinnie's onion soup, fried lobster, oysters Rockefeller, fresh lump crabmeat, steak Oscar, rack of lamb—it's all simple, classic, of the highest quality and cooked just exactly right. Even vegetarians can appreciate the tradition here. Creamed spinach, fried

squash and mashed potatoes were all beautifully prepared; the fresh asparagus was topped with Hollandaise sauce made the old-fashioned way, entirely coconut-free.

Souza has succeeded in returning Vinnie's to its traditional roots. There is a timeless feel about the place. The only things missing are autographed photos given by the restaurant's namesake, professional wrestling impresario Vincent McMahon, and the presence of Dusty Anderson's mother Rose, who once lovingly ran the front of the house. She remains there in spirit and, I believe, would be quite pleased with the new/old Vinnie's.

Saint-Jacques and Vinnie's are classic restaurants of their kind, mature and self-aware. They differ in style, but share a common goal, the happiness of their patrons. How many restaurants offer an implicit guarantee on the menu? "Count on [us] to make your dining experience a lasting and memorable one," promises Vinnie's. Saint-Jacques' claims, "...our truest concern remains, 'look, listen, smell, and please enjoy yourself.'" Lil adds, "Thank you for letting me express my life's passion."

To be thanked for indulging yourself in a great pleasure... isn't this the way life ought to be? These two restaurateurs are as good as their words. They both love what



DAVID LEFLER



DAVID LEFLER

Vinnie's Steak Oscar

they do. Their joie de vivre is the real thing, and they are eager to share it. Now that I've tasted their food, I'm a believer, and I know where to go to get more of that good loving. **MM**

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# Off the MENU

by Fred Benton

## EDENTON INN: GROWN-UP HEAVEN

Recently I was in a mood to pamper myself. I chose a charming, decidedly upscale inn (bed and breakfast) not too far from Raleigh—and I chose well: The Lords Proprietors' Inn in Edenton, what many travel writers and tourists term as "the prettiest small town in the South," a stylish taste of history surrounded by enviable landscaping. The guestrooms and



suites of this inn are pristine and impeccably rendered. You come home with a ferocious urge to clean and redecorate. But as I've written before, a weekend getaway should begin the moment you leave your doorstep. Given Hwy 64 East's interstate quality, that's a little tough to do, but I knew I'd be going through the town of Williamston. What's the best eatery there, I inquired of some locals? They all, hands down, recommended Cobb's Corner Restaurant located in a Holiday Inn, right on Hwy. 17 North. One of my best friends, native to Williamston, praised the turkey and dressing and cited that she believed the food was so good there because the restaurant manager has been on the job for years. Although not overly excited about turkey and dressing, I decided to check out this local scene; after all, I'm addicted to homey road food. As an aside, my friend mentioned to make sure I tried the banana fritters since Cobb's Corner is locally famous for them, served both as a side dish or dessert.

Cobb's Corner is the definitive motel restaurant of a bygone era: bright lights and cheap furniture (at least in the part I saw). But our waitress, homespun and friendly, was very insightful in helping us choose the best dishes on the menu; the turkey and dressing is served only on Sundays, but I chose the next best thing: chicken pastry with sides of collard greens and candied yams. What I had was delicious and very affordable—which is probably why some locals, our waitress told us, ate there three times a day!

Now as to the banana fritters, I have to say I'm not much of a fan, but I can say the Cobb's Corner rendition was excellent: crisp, not overly battered—but, as a flaw, way too heavy on the dusting of confectionery sugar atop the finished product. But if you want simple, home style-good food at a light price, then Cobb's Corner makes a nice rest stop on your way east.

Edenton is steeped in history. It was the state's first capital in colonial times, as well as the center of culture and economics. Shipping was a major industry, which led to the propagation of a bountiful plantation economy. Today, over 25 homes and offices are not just reconstructions of their Colonial origins, but carefully restored originals for visitors to tour by foot, trolley or car. Plus the surrounding countryside is a virtual nature's garden, with immense forests meeting maritime marshes and enormous, winding rivers.

At the epicenter of all this is The Lords Proprietors' Inn at 300 N Broad Street, close to downtown Edenton in the Historic District. Innkeepers Arch and Jane Edwards, purchased what was known as the White-Bond House in 1980, a

lovely example of the late-Queen Anne style, built in 1901. Large and elegantly finished, the main house was the beginning of a complex that now comprises four buildings on an acre of land. I had heard that the food here was worth every penny of the stay, so this was the place for me. My friend and I, upon arrival, were escorted to the Satterfield House, which houses two suites as well as the inn's library. We stayed in Suite Number One, a lavish, comfy setting complete with a wood-burning fireplace in a beautifully decorated sitting room with a wet bar off to the side (the small fridge, therein, fully stocked with soft drinks and bottled water) and the counter fully stocked with the inn's famous homemade cookies (I'm a cookie monster so this was high living to me). Adjacent to the wet bar was a sunken whirlpool tub bordered with scented candles ready to be lighted. The bedroom held a mile-wide king-size bed with canopied headboard; and in the closet hung two white plush-cotton, embroidered robes. If you weren't in the mood for a Jacuzzi bath, then the bathroom offered the alternative of a shower in a marbled stall the size of a large walk-in closet. We were set!

Come morning, I didn't want to get out of bed, but the thought of breakfast, included in the price of your room, energized me. And what a breakfast it was. We crossed a brick court to arrive at the Whedbee House, the dining room for the inn, where we were greeted by Jane Edwards and served orange juice (fresh-squeezed, by my reckoning) and a bowl of fresh cut fruit. Next course was the handiwork of breakfast cook Janie Granby (who also makes those incredible cookies!). It was baked French toast, similar to the dish I'd just seen Paula Dean of the Food Network do on her show: sliced French bread arranged in a casserole dish, topped with a layer of sour cream, then more bread and poured with custard and refrigerated overnight before baking. We were each served a generous portion, topped with fresh blueberries and blueberry syrup. My compliments to Janie Granby! (I wonder if she also makes the fantastic rolls served at dinner, yeasty with an unusual coarse crumb—addictive!)

If the food at the inn is a series of masterpieces, then dinner, prepared by chef Kevin Yokley, is the Grande Finale: the "epicurious" would be curious no more after eating a single meal prepared by this talented man: You would know what *good food* was all about. Our dinner that evening began with an amuse-bouche: carrot soup with, I determined, a base of cream and a heady addition of curry spices. Next came crabcakes—the best I've ever tasted—served on an artistic puddle of smoky tomato remoulade. The salad course offered a special treat: mixed organic greens with an almond vinaigrette, served with a slice of Cambazola cheese, a German creation, relatively new, that partners French Camembert with Italian Gorgonzola. In this partnership the Italians win on flavor, but the French take the honors with a texture that is marvelously creamy. The entrée we chose—instead of grilled wahoo—was rib-eye of Australian lamb with a molasses and dried cherry glaze. Wow! Our meal was finished with Apricot and Cranberry Torte with Jack Daniels Ice Cream.

I no longer fear death because I've seen heaven: It must be Suite One and meals at The Lords Proprietors' Inn. I'll bring the harp! One last recommendation. In my opinion this inn and first-rate dining experience is best suited for sophisticated grown-ups, unencumbered by small children or pets. For more information, call the inn at 888-394-

6622 or visit them online at [www.edentoninn.com](http://www.edentoninn.com).

Best place to lunch in Edenton? My opinion, and that of many locals, is Chero's, serving chicken salad with dried cranberries and pistachios not to be missed. Chero's is located across the street from another Edenton "must": Edenton Bay Trading Company, a fantastic enclave given over to exquisite and fun home decorations and packaged specialty foods. Both businesses are located on Water Street near the Edenton waterfront. Other eateries recommended were Sean's and Waterman's Grill.

## RIB-EYES

My favorite beefsteak is a rib-eye. But I've noticed that over the past several years the cut is disappearing from Triangle area menus. Guess that little island of fat that makes the rib-eye so succulent is scary. But not to me! Happily I have the motor skills to cut around the fat. But where to go for a first rate rib-eye? As strange as it may seem, the rib-eye seems to lead the herd to the small town of Oxford. First, there's House of Rib-eyes at the intersection of College Street and the Roxboro Highway. Here, a whole loin of rib-eye is rolled to your table. You specify the width you want; it's cut accordingly and sold, essentially, by the ounce. The rib-eyes here are pretty good but the major disappointment is the large glob of sunny-yellow grease that passes for butter, served with choice of baked white potato or sweet potato. On this basis alone, House of Rib-Eyes bites the dust for me. Check out an Italian eatery called Milano's, in the heart of downtown Oxford. On a recent trip, a friend and I were shocked at a Saturday evening special: 16-ounce rib-eye for less than \$10! And it was superb. Our waitress said that this was a frequent special, but that on the new menu the rib-eye will be regularly featured for about \$15 for 16-ounces. Still an incredible bargain. Rib-eyes and Oxford, an unlikely but delicious duo.

## FOOD EVENTS

Foodies, mark your calendars—and start your engines!

On Saturday, July 16 there's a peach of an opportunity awaiting frugivores in the Sandhills. It's the **North Carolina Peach Festival** in downtown Candor (near Pinehurst), 10 a.m. to 3 p.m. The parade starts at 10 a.m. Fun for kids (games and rides) and adults (musical entertainment). Bring your own lawn chairs. Peaches and peach ice cream will be for sale all during the festival. No admission charge. For more information call the town of Candor at 910-974-4221.

...

Fun for kids, most particularly, will be at the NC Farmers Market in Raleigh on July 14, 11 a.m. to 1 p.m. **Market Festival** celebrates the season by giving away free ears of corn and slices of watermelon. And for the wee ones, there are several contests: corn shucking, corn eating and animal sounds. And yet another peach of an event, this one also at the NC Farmers Market, is **Peach Day**, July 21: free samples of a peach dessert, free recipes and appearance by the NC Peach Queen. 11 a.m. to 1 p.m. Questions? Call 919-733-7417.

The Charlottesville area of Virginia combines history and beauty. If you're nearby on Saturday, July 23, visit **Powhatan's Festival of the Grape** in Historic Courthouse Square. Over 15 Virginia wineries will be represented, as well as gourmet goodies, arts and crafts plus live music and entertainment. The cost is \$15 (advance) for adults, which pays for sampling privileges. Bring ID and lawn chairs for your own use. To book tickets and for more information, call 804-598-2636. **MM**



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- Bella Monica** - 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crust Neapolitan pizza with gourmet toppings. Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood bar with all-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. "Simply superb-three stars." - *News & Observer*
- Bloomsbury Bistro** - 509 West Whitaker Mill Road, Suite 101, Raleigh (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*.
- Bogart's American Grill** - 510 Glenwood Avenue, Raleigh (919) 832-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.
- Cappers Restaurant** - 4421 Six Forks Road, Raleigh (919) 787-8963. Serving up the Hottest Cuisine and Coolest Jazz in the Triangle since 1985! Steaks and fresh seafood are the specialties. Serving lunch Monday through Friday and dinner seven nights a week. Now serving Sunday Brunch. [www.cappersrestaurants.com](http://www.cappersrestaurants.com).
- Carolina Ale House** - 512 Creekside Drive, Raleigh (919) 835-2222. 4512 Falls of Neuse Road, Raleigh (919) 431-0001. 2240 Walnut Street, Cary (919) 854-9444. Carolina Ale House has something for everyone - we serve our award-winning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.
- Cuba** - 19 West Hargett Street, Raleigh (919) 890-4500. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.
- Enoteca Vin** - 410 Glenwood Avenue, Suite 350, Raleigh (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca Vin's warm urban interior, bar and patio provide a casual but sophisticated environ for serious dinners or spontaneous rendezvous over wine and cocktails. Metro Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured

meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award for Excellence in 2004. Serving dinner Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit [www.enotecavin.com](http://www.enotecavin.com).

**Daniel's Restaurant** - 1430 NC 55, Apex (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Hours of operation are Sun-Mon. 5-9pm, Tues-Sat. 5-10pm.

**Est Est Trattoria** - 19 West Hargett Street, Raleigh (919) 833-4440. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

**Frazier's** - 2418 Hillsborough Street, Raleigh (919) 828-6699. Frazier's has been rated one of the top ten restaurants in the triangle since opening in 1998. An eclectic, ever changing menu is executed in a newly renovated, very hip but casual atmosphere.

**Hi5** - 510 Glenwood Avenue, Raleigh (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. [www.hi5raleigh.com](http://www.hi5raleigh.com).

**Lucky 32** - 832 Spring Forest Road, Raleigh (919) 876-9932. 7307 Tryon Road, Cary (919) 233-1632. Seasonal fare with influences of regions across the country. [www.lucky32.com](http://www.lucky32.com).

**Maximilians** - 8314 Chapel Hill Road, Cary (919) 465-2455. Maximilians, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the *Cary News Readers Poll*. *News & Observer* praised food as "inventive fusion cuisine" with 3 1/2 stars.

**The Melting Pot** - 3100 Wake Forest Road, Raleigh (919) 878-0477. At The Melting Pot, fondue becomes a memorable four-course dining experience where patrons can really "Dip into something different®." Guests enjoy a choice of four flavorful fondue cooking styles and a variety of unique entrees combined with special dipping sauces. The menu also includes creamy cheese fondues, fresh salads, fine wines and mouthwatering chocolate fondue desserts. [www.meltingpot.com](http://www.meltingpot.com)

**Michael Dean's Wood Oven and Seafood Grill** - 1305 Millbrook Road, Raleigh (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options as well. Enjoy the wide drink selection, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days. [www.michaeldeans.com](http://www.michaeldeans.com).

**Nana's Chophouse** - 328 West Davie Street, Raleigh (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse

infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Monday-Thursday 5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

**NoFo Market and Café** - 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrees. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," [www.citisearch.com](http://www.citisearch.com)

**Porter's City Tavern** - 2412 Hillsborough Street, Raleigh (919) 821-2133. Porter's City Tavern was chosen "Best New Restaurant" of 2004 by the readers of *Metro Magazine*. A fresh open floor and sidewalk/patio showcases a diverse menu of steaks, pastas, salads, sandwiches, and fresh fish. The menu is prepared using the freshest local ingredients available.

**The Red Room Tapas Lounge** - 510 Glenwood Avenue, Raleigh (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday - Saturday at 6 pm. [www.redroomraleigh.com](http://www.redroomraleigh.com).

**Rey's** - 1130 Buck Jones Road, Raleigh/Cary (919) 380-0122. With a vision of quality, Rey's features fine dining with a French Quarter flair, blended with ambience and exceptional service. Owner Rey Arias created a menu offering signature "New Orleans-Inspired" meals. From the highest quality of steaks and seafood to homemade desserts, Rey's offers something for everyone! Customized catering for 6-200 is also available. [www.reys-restaurant.com](http://www.reys-restaurant.com)

**Ruth's Chris Steak House** - 2010 Renaissance Park Place, Cary (919) 677-0033. Home of the Sizzling Steak. Serving generous cuts of cornfed USDA Prime Midwestern beef, custom-aged to the peak of flavor.

**Second Empire Restaurant and Tavern** - 330 Hillsborough Street, Raleigh (919) 829-3663. Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant! *Wine Spectator* Awards of Excellence.

**Stonewood Grill & Tavern** - 6675 Falls of Neuse Road, Raleigh (919) 847-5304. 1080 Darrington Drive, Cary (919) 481-0174. Stonewood is a warm, comfortable, inviting place where guests are provided an exceptional dining experience through market fresh, superior quality dishes prepared with



passion, complemented by an extraordinary wine list and served with attention to every detail.

**Taverna Agora** – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, Sunday brunch, catering available. Taverna Agora, Absolutely Greek.

**Tavola Rossa Ristorante Italiano** – (919) 5300 Homewood Banks Drive, Raleigh. (919) 532-7100. Our menu features pasta, brick-oven pizza, chicken, veal and seafood. The open kitchen lets you in on the action while our patio allows you to dine al fresco. Fabulous wine menu. Serving lunch 11:30 am – 3:00 pm 7 days and dinner 5:00 pm – 10:00 pm Sunday–Thursday and 5:00 pm – 11:00 pm Friday and Saturday.

**Twisted Fork** – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty “drinx” and Market Meals To-Go. Open 7 days, lunch and dinner. [www.thetwistedfork.com](http://www.thetwistedfork.com).

**Vinnie's Steakhouse and Tavern** – 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own “Legendary Hangout.” Enjoy true New York – Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

**Zely & Ritz** – 301 Glenwood Avenue, Raleigh (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates (so that you can order several and share) in an upscale, casual, yet hip and smoke-free environment. Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with the best boutique wine list in Raleigh. Serving lunch, dinner and late night- call for hours and to make reservations.

## DURHAM

**Bakus Tapas and Wine Bar** – 746 Ninth Street, Durham, (919) 287-0777. Winner “Best Ethnic Cuisine” Taste of the Triangle, 2004. Voted one of the Top All Around Restaurants, Top Ten Vegetarian Restaurants, and Top Ten Restaurants with Outdoor Dining by AOL Cityguide, 2005. Visit our restaurant for delicious food and wine in a vibrant atmosphere! Our menu features a wide variety of wine and tapas dishes. Ask us about our special event rental and beautiful canopy outdoor patio. Hours are Monday-Friday 4pm-Midnight, Saturday & Sunday 2pm-Midnight. [www.bakus9.com](http://www.bakus9.com).

**Café Parizade** – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday-Friday 11:30 am – 2:30 pm and dinner Monday – Thursday 5:30 – 10:00 pm, Friday and Saturday 5:30 – 11:00, and Sunday 5:30 – 9:00 pm.

**George's Garage** – 737 9th Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

**Nana's Chophouse** – 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

**Vin Rouge** – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday – Sunday, 5:30 – 11:00 pm and Sunday brunch 10:30 am – 2:00 pm.

**Verde** – 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

**Xios Authentic Greek Cuisine** – 800 West Williams Street, Suite 100 Apex. (919)363-5288. Tapas-style Mezethes is the specialty at this family-owned restaurant. Xios is the gathering spot in the Triangle for good food, good drinks and endearing conversation. Join us for a romantic evening, with a group of friends, or the entire family. Sample menus and wine lists available at [www.xioscafe.com](http://www.xioscafe.com).

## CHAPEL HILL/CARRBORO

**Crook's Corner** – 610 West Franklin Street, Chapel Hill (919) 929-7643. “Sacred ground of Southern foodies.” –*New York Times*. “The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner.” –*Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tuesday at 5:30 pm, Sun Brunch 10:30 am-2:00 pm, [www.crookscorner.com](http://www.crookscorner.com)

**Jim's Famous BBQ** – 115 S. Elliott Road, Chapel Hill (919) 942-7427. Happiness, Food & Spirits served up in a fun, casual atmosphere! Award-winning pit-smoked bar-b-que including fall-off-the-bone Baby Back and St. Louis style pork ribs, Western beef ribs, pulled or chopped pork shoulder, beef brisket, chicken, turkey and sausage. Plus catfish, wings, salads, burgers and more! Full service dine-in, take out, delivery and catering. Complete menu served all day long, seven days a week. Write to us: [jim@greatpigs.com](mailto:jim@greatpigs.com)

**La Residence** – 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

**Pazzo!** – Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

**Provence Restaurant** – 203 West Weaver Street, Carrboro. (919) 967-5008. Included in Moreton Neal's Top 25 restaurants for 2005, Provence is a casual restaurant in a quaint setting, in the heart of Carrboro, featuring authentic cuisine from the South of France. Fresh seafood specialties, outdoor patio. Serving dinner Monday- Saturday, 5:30 pm. Reservations suggested.

**Spice Street** – 201 Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

**Talulla's Restaurant** – 456 West Franklin Street, Chapel Hill. (919) 933-1177. The newest addition to the Restaurant Mecca of West Franklin Street in Chapel Hill. Talulla's is an instant success with its “ethnic elegance” and “beautifully prepared food.” Its Eastern Mediterranean cuisine is simple, fresh, and exotic. Tuesday – Sunday 6-10 Dinner, 10-2

Bar/Lounge. [www.talullas.com](http://www.talullas.com)

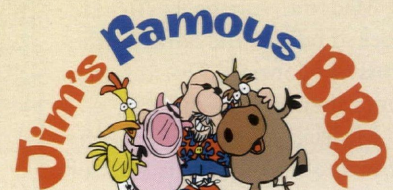
**The Weathervane** – 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.

## BEYOND THE TRIANGLE

**Blue Moon Bistro** – 119 Queen Street, Beaufort. (252)-728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tuesday-Saturday.

**Chef Warren's** – 215 NE Broad Street, Southern Pines (910) 692-5240. Warren and Marianne Lewis invite you to their Southern Pines Bistro offering patrons a variety of delicious specialties from an eclectic menu of anything from Ostrich to Pork Chops. “Local touch, international cuisine,” *Metro Magazine's* Moreton Neal. Open for dinner Tuesday through Sunday.

**Deluxe** – 114 Market Street, Wilmington, (910) 251-0333. Deluxe offers upscale dining for today's savvy gourmand in an aesthetically stimulating and casual atmosphere. New American style dinners feature innovative creations with worldwide influences prepared with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner every evening at 5:30; Sunday brunch 10:30-2:00pm. Wine Spectator Award of Excellence, All ABC permits. View current menus and wine list at [www.deluxenc.com](http://www.deluxenc.com) -Reservations suggested.



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# Cork Report

by Barbara Ensrud



## MADEIRA: THE FOUNDERS' FAVORITE

If you're thinking of hoisting a glass to toast the birth of the Republic 229 years ago this July 4, consider broaching a bottle of Madeira. That's very likely how the Founding Fathers celebrated the signing of the Declaration of Independence in Philadelphia in 1776.

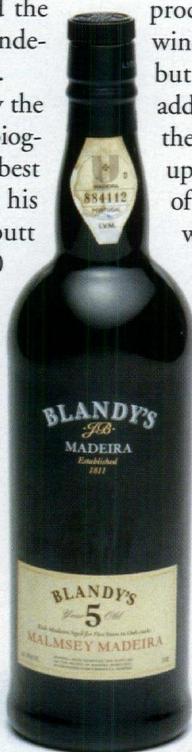
Actually, they "broached" it by the cask. George Washington, notes biographer Joseph Ellis in the recent best seller, *His Excellency*, "purchased his wine, usually Madeira, by the butt (150 gallons) and by the pipe (110 gallons)." Thomas Jefferson noted in his journal at Monticello shortly before heading to Philadelphia to work on final drafts of the Declaration: "Broached a pipe of Madeira, vintage 1770." He stocked bottles and corks by the gross at Monticello to store the wines after opening the cask.

Madeira, the rich amber nectar from the Portuguese islands of Madeira off the coast of North Africa, was a great favorite of the first patriots, not only Washington and Jefferson, but Ben Franklin, John Hancock, John Jay, James Madison and numerous other Revolutionary heroes. It's something of a forgotten wine today, but if you taste it, you will at once understand why they liked it.

Aromas of dried fig, burnt toffee, toasted oak, butterscotch and a mingle of other subtleties are just the first enticement of sweet Madeira—Bual and Malmsey. Those flavors follow through with the first sip, a silky richness of texture balanced with bracing acidity that makes the wine seem lighter than it is. Little wonder the Founders kept a stock of it at hand.

As one of the world's classic fortified wines (along with port and sherry), Madeira is distinctively different. For

one thing, it never goes "off," never spoils the way other wines—sooner or later—inevitably do, turning to vinegar in the course of their natural life. It's due to the process used in making it. Fortified wines are fermented like other wines, but at a designated point brandy is added to stop fermentation by killing the yeasts. Thus "fortified," they end up 19 or 20 percent alcohol instead of the usual 12 to 14 percent for table wines. They are then aged in an oak cask or barrel until ready for bottling and shipping.



Madeira, however, is subjected to a further step: The young wine is heated in large *estufa* (ovenlike structures) to 120 degrees Fahrenheit. This treatment would destroy any other wine; in fact, when other wines spoil, oxidize and turn brown, they are said to be *maderized*. But the heating serves only to enhance the character and flavor of Madeira, making the richest, sweetest ones virtually indestructible. The wines are aged further by storing them in cask on rooftops or rooms exposed to sun.

Very old bottles of Madeira—dating to the 1800s—are becoming rarer all the time as they are purchased and consumed, but even those that are 30, 40, 70 years old are incredibly beautiful—such as the 1934 Bual Madeira I am sipping right now. Importer Bartholomew Broadbent, of Broadbent Selections in San Francisco, told me some years back that it would only get better. "I've never known one to go off after it's been opened," he said.

The best Madeira is labeled by grape name, which must make up 85 percent of the wine so labeled.

**Malmsey**, as it was known even in

Shakespeare's day (there might be worse ways to go than being drowned in a butt of Malmsey like the Duke of Clarence in *Richard III*), is actually a corruption of the term *malvasia*, the grape that produces the sweetest, richest Madeira, which gets better and better as it ages in cask. Five-year-old Malmsey is good—burnt toffee, chocolate and caramel flavors, but 10-year is smoother, more complex; older ones are even more nuanced, the richness tinged with walnut.

**Bual** (sometimes spelled boal). I particularly like the silkiness and graceful structure of Bual; almost as sweet as Malmsey, but the tang of acidity is more prominent; a 15-year-old is luscious and lovely. Some younger ones can be a better value than Malmsey of the same age.

**Verdelho** (also known as Rainwater). Paler in color than the dark amber of the





sweeter wines, Verdelho has a lighter sweetness level but it is still an after-dinner wine, excellent with nut tarts, delicate cakes and savory cheeses such as aged Gouda—especially if lightly cooled on hot summer nights (but not chilled). Older ones are more intense.

**Sercial.** Driest of the Madeiras, dry being a relative term here. Sercial is off-dry, more in the manner of amontillado sherry rather than bone-dry fino. Pale gold in color, it makes a lovely aperitif, especially this time of year. It is also best cooled somewhat, but not over-chilled, which numbs the scent. Bring it out of the fridge to allow the slightly nutty, toasty, faint tang-of-the-sea aromas to emerge. Its crisp off-dry character is delightful to sip and often accompanies a soup course.

Even the drier Madeiras—Sercial and Verdelho—age impressively. Emanuel Berk, Madeira specialist at the Rare Wine Company in California, notes that “Some of the great wines we have tasted from the late 1800s have been Verdelhos.”

Vintage Madeiras must spend a minimum of 20 years in cask to bear a vintage date. They are expensive, often hundreds of dollars a bottle. So the producers and shippers of Madeira have introduced newer styles that are more affordable. Blandy's, for instance, has come out with Alvada, a dark, potent blend of Malmsey and Bual, currently about \$17 a bottle (500 ml, a convenient new size) in local wine shops.

**Colheita.** Madeira is vintage-dated and must spend at least seven years aging in cask. Several producers, including Barbeito, Blandy's and Broadbent Selections, have a Colheita 1995, ranging from \$33 to \$44 a bottle.

Many of the Madeira brand names—Blandy, Cossart Gordon, Leacock, Henriques—are quite old family names on the island, but newer names such as Barbeito or Broadbent (Justino Henriques) also own old stocks of fine Madeira. All produce inexpensive blends, but they lack the distinction of the better wines.

This July 4th, toast Uncle Sam with Madeira. If you're dining out, try it by the glass at Triangle such as 518 West, Magnolia Grill or Bloomsbury Bistro. Or crack open a bottle if you're grilling at home—



don't worry about not finishing it off. It will keep quite well till next year—and several Fourths thereafter.

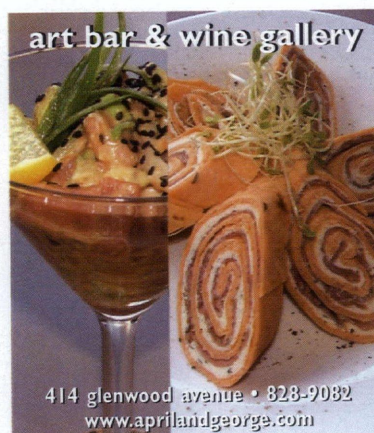
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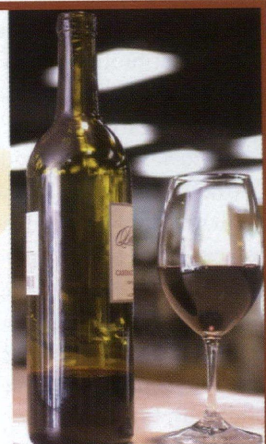
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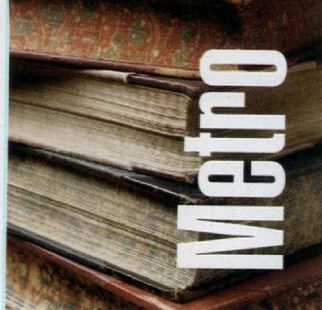
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# Books

by Arch T. Allen

## MOVING THE HEARTS OF AMERICANS

**A**s we celebrate the Fourth of July, we should recall that the Declaration of Independence declares "Liberty" to be one of our unalienable rights, second only to "Life" itself and precedent to our "Pursuit of Happiness." When the Declaration of Independence was first read in public, the Liberty Bell was sounded, prompting a witness to proclaim, "It rang as if it meant something." It did, indeed, and the Constitution soon resonated to secure "the Blessings of Liberty to Ourselves and our Posterity." And liberty was the subject of President George W. Bush's Second Inaugural Address, when he spoke of liberty and freedom interchangeably and referred to "America's ideal of freedom."

Liberty and freedom have been central but contested concepts throughout American history, as explained eloquently by eminent historian David Hackett Fischer in *Liberty and Freedom*, the second of four books by Fischer on American cultural history in a series published by Oxford University Press. *Liberty and Freedom* expands upon his earlier *Albion's Seed* (1989) in which Fischer traces four different British groups that brought different visions of liberty and freedom to early America.

From eastern England, Puritans came to New England with a vision of ordered freedom that involved some intolerance. From southern England, Cavaliers came to tidewater Virginia with hierarchical and hegemonic ideas of freedom that permitted racial slavery. From the Midlands, Quakers came to the Delaware Valley with a vision of reciprocal freedom

that involved some isolation. From the northern British borderlands, Scots, including the Ulster or Scots-Irish, settled the then-backcountry of western Pennsylvania, western Virginia, and western North Carolina, bringing with them a fiercely independent claim of natural liberty. As Fischer explains, those visions of liberty and freedom developed from folkways "deeply rooted in the inherited culture of the English-speaking world."

From these roots, visions of liberty and freedom have blossomed throughout American history, sometimes finding common cause and sometimes causing conflict. *Liberty and Freedom* addresses those differences, commonalities, and conflicts in an original approach using an "iconography," including Liberty Trees, Liberty Poles, flags, drawings, photographs, monuments, and,

of course, the Liberty Bell and the Statue of Liberty to illustrate his themes. The dust jacket calls it "A Visual History of America's Founding Ideas."

Fischer introduces his iconographic history with an anecdote about an early American who had fought against the British for Independence. Asked years later about why, he answered simply, with no references to British acts or John Lock's principles of liberty, but simply, "we had always been free, and we meant to be free always."

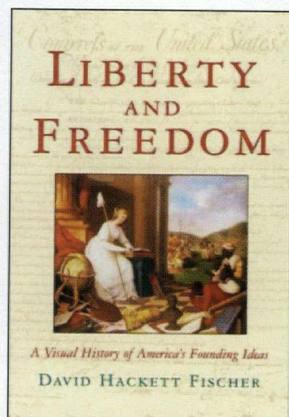
Upon such American "habits of the heart," in Tocqueville's words, Fischer bases his history.

The result is heartfelt, massive, and magnificent. It weighs nearly five pounds, with over 700 pages of text, 400 illustrations, nearly 80 pages of footnotes and 20

pages of index. While awkward to hold, it is delightful to read. Arranged within five broad periods of history, its short chapters are easy to manage. Although focusing on the iconography of liberty and freedom, Fischer's text provides interesting overviews of American history with footnotes providing sources for further study.

Early on, Fischer explains the roots and meanings of our English words "liberty" and "freedom". Both mean freedom from serfdom or slavery, but they have different implications. Liberty, from ancient Mediterranean roots, implies independence, separation, and autonomy. Freedom, from an Indo-European root shared with "friend", implies the right of belonging within a community of free people. Fischer notes that, while most people in the Western world inherited words with one of these two meanings, only English-speaking people inherited both. As a result, our history reflects "a dynamic tension between liberty-as-separation and freedom-as-belonging to a community of free people that is unique to the English-speaking world." The words are used interchangeably often, and Fischer uses them together as a phrase to refer to the combined heritage of English-speaking people, and the range of interpretations that have developed from their interaction.

While noting intellectual interpretations of the words, Fischer follows Tocqueville's advice that "love of liberty defies analysis" and focuses on cultural expressions of liberty and freedom. From differing pre-Independence visions of liberty and freedom, Fischer passes to the search for a united vision in the post-Independence American Republic. He then recounts the tensions between the two visions of "liberty-as-separation" and "freedom-as-belonging" that divided the Republic from before the Civil War until World War I. Earlier in that tension slavery was the critical issue, of



**Liberty and Freedom**  
by David Hackett Fischer  
(Oxford University Press,  
2005, 851 pp.)



course, and later the tension centered on differences between classical liberal and progressive economic policies.

Spanning the 20th century, Fischer explores expressions of American liberty and freedom, and threats to them, arising during World War I, World War II, and the Cold War, and, now in the post-9-11 21st century. In terms of political policies, Fischer ranges from President Woodrow Wilson's Progressive New Freedom; through Franklin D. Roosevelt's Four Freedoms in the New Deal and economic intervention; through the countering classical liberal or libertarian visions of liberty and economic freedom advocated by Friedrich Hayek and Barry Goldwater; and on to Ronald Reagan's Revolution and George W. Bush's contemporary conservatism.

Within a cultural cacophony, Fischer notes even Janis Joplin's singing Kris Kristofferson's line, "freedom's just another word for nothin' left to lose," as well as Kristofferson's effort to explain what the line means. The words "liberty" and "freedom" resonate with meaning for most Americans, however, and we have a lot to lose without our liberty and freedom. Yet their ideals are threatened.

## A LOT TO LOSE

For a notable example, Fischer condemns the repressive "speech codes" and "political correctness" imposed on our colleges and universities by the academic Left, and even notes the Marxist origins of the term "political correctness." He laments that many radical scholars have "lost interest in liberty and freedom" and states that one purpose of his book is to persuade them "that to lose touch with liberty and freedom is to condemn themselves to complete irrelevance in America and the

world." He adds further indictment: "The intellectual failures of the academic left and leaders of the Democratic Party have severely weakened their own causes and done grave injury to public discourse and civic spirit in the United States."

That indictment is consistent with Fischer's theme that "American movements that lost interest in liberty and freedom succeeded only in removing themselves from the main currents of American life." He applies that theme to the Federalists in the late 1790s, Democrats in the late 1850s, Republican in the mid-20th century, and Democrats today. Fischer laments that the Left has allowed the Right "to claim the mantle of liberty and freedom."

Between "liberty-as-separation" and "freedom-as-belonging," Fischer favors the latter. When he opines on a policy issue, however, he is usually reasonable—if not fully persuasive. His discussions suggest that he is a modern-day liberal, but whatever Fischer's personal politics may be, he largely keeps them out of *Liberty and Freedom*.

One reviewer notes, however, that Fischer's "pent-up feelings boil over," criticizing the policies of President George W. Bush. True, perhaps, but Fischer's treatment of Bush and President Clinton together in a chapter on the first "baby boomer" presidents seems fair to both. Another reviewer, a libertarian, criticizes Fischer for his antipathy to libertarian economist Milton Friedman, for not mentioning libertarian "Ayn Rand's blockbuster novels," and for providing "a dumbed-down version of Friedrich Hayek's classical liberalism." Those are valid criticisms to some degree. Nobel laureate Friedman is not mentioned in the text, receiving only a footnote for Fischer's charge that his lib-

ertarian views are "dogmatic." And the influential Ayn Rand is ignored, while, for a contrasting example, feminist Betty Friedan is featured in the text several times and in a photograph. As for "dumbed-down," however, a non-libertarian might say the same thing about Fischer's treatment of the New Deal's economic interventionism. After all, his text in this "iconography" consists of overviews.

A more significant criticism, suggested by both of those reviewers, regards Fischer's conclusion that, "If a free society is ever destroyed in America, it will be done in the name of one particular vision of liberty and freedom." Fischer does not predict which one, but it is presumably not his vision. A conservative reviewer, who otherwise finds Fischer's book to be a "triumph," writes of that conclusion: "*Au contraire*: If our free society is ever destroyed it will be because we have abandoned the eternal verities of republicanism and limited government."

For a book with the scope of *Liberty and Freedom*, some criticisms are certain. I could add some, especially of Fischer's coverage of the Vietnam War and the "peace movement." My criticisms are overcome easily, however, by Fischer's celebration of the restoration of the Statue of Liberty, its rededication in 1986 to President Ronald Reagan, and through Reagan the revival of liberty and freedom in America.

Fischer's chapter on the Reagan Revolution begins insightfully with an epigram, a quote from a Reagan bumper sticker (borrowed from Victor Hugo): "Dream no small dreams, for they have no power to move the hearts of men." Liberty and freedom inspire the American Dream, and as Fischer explains eloquently, they move the hearts of Americans. MM

## NEW AND NOTEWORTHY by Art Taylor

### NEW STORIES FROM THE SOUTH TOPS BUSY MONTH

In an era when star-studded marriages are lucky to last 20 days, the prospect of 20 years in a relationship that is solid and dependable is exciting, adventurous and unexpected... so who could be so fortunate?

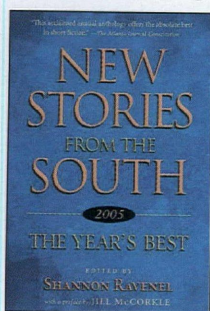
The answer is: *we are*—or at least we readers who have been regular fans of the annual *New Stories from the South* anthologies from Algonquin Books. Just last month, Algonquin and series editor Shannon Ravenel reached a significant milestone marking the

20th anniversary of this spectacular series, gathering yet another year's highlights of the best fiction in and about the South. (I add that word "about" because, increasingly, authors anthologized here don't always hail from the land where kudzu grows; among this year's selections, for instance, is a story by Boston's Dennis Lehane, and another by the childhood neighbor of a friend of mine who grew up in Brookline, MA.)

Regional quibbles aside, these and the other stories in the latest collection continue to uphold—and even surmount—the high



standards of the series as a whole. And as a sometime scholar of Southern literature, it's also fascinating to see how these con-



temporary, and often cutting-edge, stories persistently hearken back into the South's history and its earliest literary traditions. For example, Judy Budnitz's "The Kindest Cut" stud-

ies the horror of the Civil War through two perspectives: first, a surgeon who grows too fond of his amputations on the War's wounded, and that of the surgeon's descendant, a modern-day real estate agent haunted (if not possessed) by his relative's "amputation envy," known today as Barnesfeltner's Syndrome, toward which the men of this family are "genetically predisposed"; Budnitz mixes Poe-worthy imagery with modern medical savvy to offer a unique and compelling insight into the Civil War and its legacy.

More recent history, World War II and then the late '50s/early '60s, are explored respectively in James Lee Burke's "The Burning of the Flag" and in Goldsboro native Moira Crone's "Mr. Sender." Each of these offers, at least in part, child's-eye views of tumultuous eras and of the horrors that may lurk behind the façade of everyday domestic life.

The opening story in the collection, UNC-Greensboro Professor Michael Parker's "Hidden Meanings, Treatment of Time, Supreme Irony and Life Experiences in the Song 'Ain't Going to Bump No More No Big Fat Woman'" embeds a young college girl's relationship woes into an English class essay. With dead-on in its voice, tone and mannerisms (even to page citations), and as a voice-driven piece suffused with almost heartbreaking glimpses into the girl's past, present and future, it reminded me of some of Twain's best first-person stories. Meanwhile, Stephanie Soileau's "The Boucherie," takes a much wider perspective of racial and religious differences in a contemporary Southern town where long-time citizens and Muslim newcomers must learn to interact—giving the collection an up-to-the-minute urgency.

As for other highlights, one of my per-

sonal favorite stories of this year (or perhaps any year) is Allan Gurganus' extraordinary tale, "My Heart Is A Snake Farm," a romance between a retired-librarian-turned-motel-owner and the ultra-masculine "ringmaster" of a reptile garden near Cape Canaveral. The story was first published in *The New Yorker*, and I've long since recommended it to everyone I know. (I'm just glad now to have it in book form.)

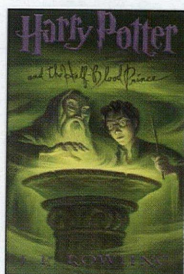
In addition to the names above, the 2005 *New Stories from the South* also features stories by Robert Olen Butler (a short-short), Janice Daugharty, Tom Franklin, Elizabeth Spencer and over a half-dozen more. Jill McCorkle contributed the preface—an insightful look at being Southern and at understanding Southern fiction.

Add this to your bookshelves soon.

#### 'ROUND MIDNIGHT WITH THE HALF-BLOOD PRINCE

While I've been getting excited about the latest *New Stories from the South*, the rest of the world is gearing up for another big publication, one that promises to eclipse all competition. I would be remiss not to mention it.

Yes, as the clocks ease toward midnight on Friday night, July 15, readers will be lined up around the country for the new Harry Potter book: *Harry Potter and the Half-Blood Prince*. And booksellers around our region are already geared up for the festivities, opening their stores for midnight madness (books go on sale at 12:01 a.m. July 16!) and hosting children's activities, including face painting and costume parties, prizes and giveaways—and of course, discounts on Rowling's new bestseller. Too many events are scheduled for us to list here; call your favorite bookstore to find out about specific hours, events and discounts (McIntyre's in Farrington Village is currently leading the way, advertising 40 percent off on their Web site). And be sure to arrive early; Durham's Regulator Bookshop hosted more than a thousand people when *Order of the Phoenix* came out.



#### BRANCH'S CHAPEL HILL BOOKSHOP

In addition to its Pajama Party plans for the new Harry Potter, Branch's Chapel Hill Bookshop has two other major events dominating their calendar in early July.

On Friday and Saturday of the July 4th weekend, Branch's is hosting an "Independence Day for Independent Bookstores" event with readings, music, food, auctions and raffles. Details on the event are being firmed up at press time, but the bookstore is already planning late hours each evening.

Then on Friday, July 8, the store will host Cartoonists Across America, a national organization interested in encouraging literacy among children and adults. Many published cartoonists will be in attendance, some of them helping children to craft their own works of art, and as part of the festivities, Branch's and the Cartoonist group will be distributing free comic books (which also promote literacy) and painting a large mural in the store. Part of the proceeds from the day's events will go toward donating additional comic books to schools and other organizations.

For more information on either event, contact the store at 919-968-9110.

#### BEACH READING

If summer vacations take you to the NC coast this month, two of the best bookstores on the beach are hosting events worth your stepping out of the sun.

Dee Gee's Gifts and Books in Morehead City welcomes perennial favorite Bland Simpson for a reading and signing of his latest book, *Ghost Ship of Diamond Shoals: The Mystery of the Carroll A. Deering*, on Saturday, July 2, at 5 p.m. Then Sarah Shaber, author of the Simon Shaw mystery series and editor of the NC mystery anthology *Tar Heel Dead*, visits the store on Saturday, July 23, at 6 p.m. Both titles have been discussed in previous issues of *Metro*.

Meanwhile, just up the coast, Manteobooks (in Manteo, of course) hosts a July reading and signing by Stephen March, author of the story collection *Love to the Spirits*, winner of the 2005 Independent Publisher Award for short fiction. March, a professor at Elizabeth City State University, will be at Manteobooks on Wednesday, July 13, at 2 p.m. Then late in



the month, on Wednesday morning, July 27, Manteobooks welcomes David Poyer with *That Anvil of Our Souls*, the third novel in his popular *Civil War at Sea* series.

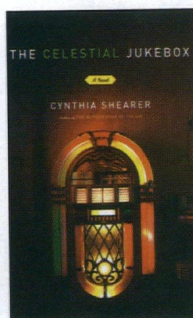
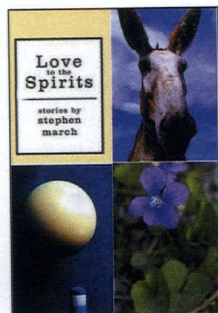
And lest we forget: Both stores—and Wilmington's Bristol Books—will be hosting midnight sales of the Harry Potter book.

#### A REDISCOVERY...

Though best known as a playwright, Romulus Linney is also an accomplished novelist and short story writer. His debut novel, *Heathen Valley*, was first published in 1962, but the book—which drew inspiration from the history of western North Carolina's Valle Crucis mission—has unfortunately been out of print for more than 40 years.

Recently, however, Shoemaker & Hoard, a small publisher based in Washington, DC, has published a paperback version of the book for the first time. As part of its new Fourth Sunday Book Club, Durham's Regulator Bookshop will host an afternoon devoted to the newly rediscovered novel on Sunday, July 24, at

4 p.m. Senior staff member David Felton will lead the discussion, and copies of the book are on sale now.



#### ...AND A RECOMMENDATION

While we're on the topic of Shoemaker & Hoard: This relatively new publisher has also made an impression (with this reader at least) by publishing *The Celestial Jukebox*, the remarkable second novel from Cynthia Shearer.

Shearer's debut book, 1996's *The Wonder Book of the Air*, still stands as the most accomplished and most confident first novel I've ever read—and as one of my favorite novels. Though architecturally different, her sophomore effort is equally

dense and intricate, graceful and poetic, and even visionary—and as with the first book, *The Celestial Jukebox* details the lives of a handful of interrelated characters, in this case the citizens and visitors to the fictional town of Madagascar, Mississippi: the Chinese owner of the Celestial Grocery; the area's main landowners, one black, one white; a dispirited young housewife in nearby Memphis; a young immigrant from Mauritania; and a mystical and mysterious birdhouse artists who claims to be the daughter of Henri Matisse, just to mention a few. But the new novel seems lighter in its outlook somehow. Where *The Wonder Book of the Air* often hinted at a dark view of humanity, moments of redemption and of goodness suffuse the new book—emotional, affecting... heartbreaking at times but also heartwarming. And with any luck, that warmth may help to attract even more readers to Shearer's work.

I've got my fingers crossed on that count—and hope as well that I don't have to wait nearly another decade for the third novel from this consistently astonishing writer. **MM**

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### 3rd Annual Raleigh International Spy Conference Reading List:



**"Red Star Over Hollywood: The Film Colony's Long Romance With the Left"** (1983) by Ronald Radosh

**"The Rosenberg File"** by Ronald Radosh

**"In Denial"**  
by John Early Haynes & Harvey Klehr

**"Wild Rose, Civil War Spy"**  
by Ann Blackman

**"The Spy Next Door"** by Ann Blackman

**"INSIDE: A Top G-Man Exposes Spies, Lies and Bureaucratic Bungling Inside the FBI"** by IC Smith

**"Engineering Communism: How Two Americans Spied for Stalin and Founded the Soviet Silicon Valley"**

by Steve Usdin  
by Nigel West

**"Mortal Crimes"**

For information on the conference:  
www.raleighspyconference.com



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# PvV

by Philip van Vleck

## RAMBLIN' JIM WATSON DOING MIGHTY FINE

**D**urham native Jim Watson has been deeply involved in bluegrass and old time music since the 1960s. He's one of the founding members of The Red Clay Ramblers—one of the most nationally famous acts to come out of North Carolina.

Watson has lived in Chapel Hill for some time, but his Durham/Duke connection is bone deep.

"My dad—Dick Watson—taught history at Duke," Watson noted. "He started in 1939. He was there forever. He was away for

years at Duke."

Indeed, Richard L. Watson was a well-respected faculty member. In 1988 Duke University presented him with the University Medal for Distinguished Meritorious Service, the institution's highest service award; in 1992 the Duke University Campus Ministry recognized Watson's long-time involvement in community outreach programs with its Humanitarian Service Award. Watson served in the Army Air Corps during World War II and subsequently co-authored, with Duke colleague Arthur Ferguson, a comprehensive, seven-volume history of the Air Force in World War II.

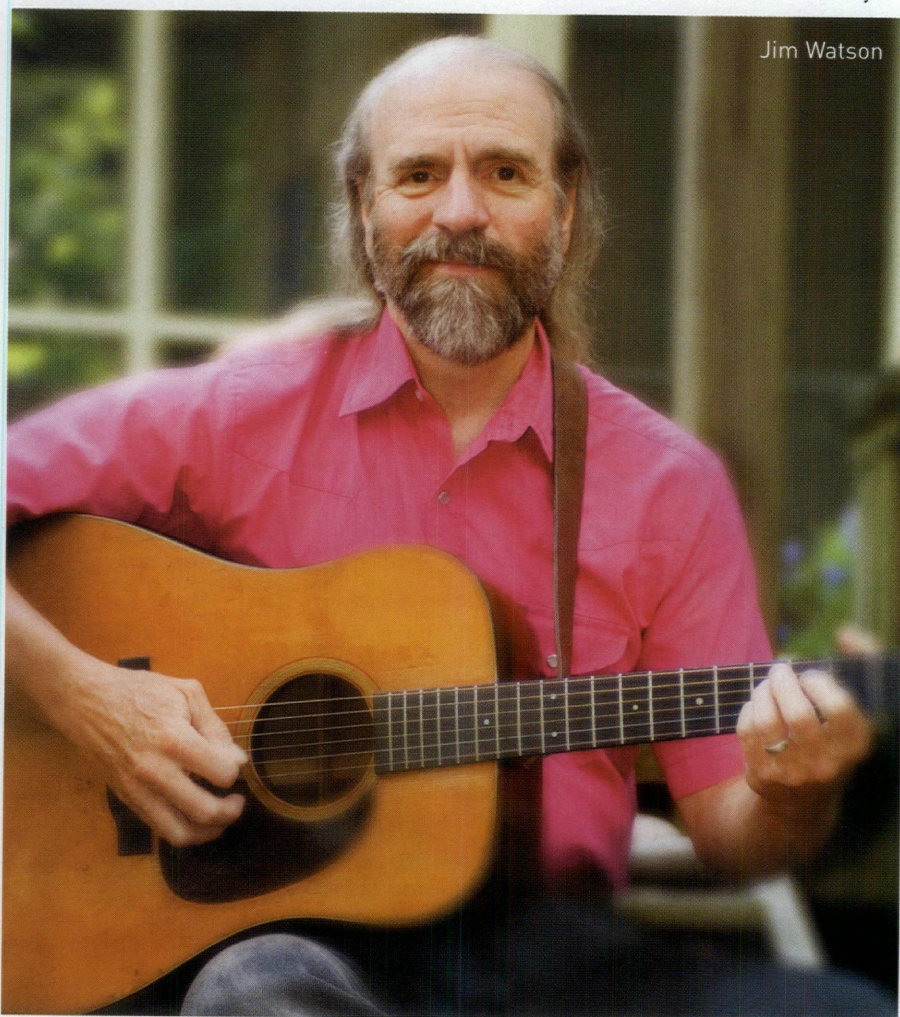
"When you're a kid, you don't really know what people think about your dad unless they come right out and say it, which most people don't do with kids," Watson said. "When he died, however, there was a huge service in Duke Chapel and all these people from the university said really nice things about him."

By the time Jim Watson was a teenager, he was developing a keen interest in music.

"I started playing during the early and mid-'60s, during the big folk music scare," he recalled. "I had a friend named Bill DeTurk who started taking guitar lessons in the folk style from a guy in Durham. Bill was my best friend, so I just started singing with him. I soon picked up guitar and he started playing banjo. We did this little duo thing."

"In '68 we met Tommy Thompson and the Hollow Rock String Band crowd. We also met Tom Turner and his son, Jerry, and put together a bluegrass band with them. That's also when I started playing old-time music."

Eventually they added Fiddlin' Al McCanless to form a trio. Both Watson and Thompson left the Triangle between 1970 and 1972. When they returned they wanted to start their trio again, but McCanless was



Jim Watson

Watson never had to look far to find a music gig. In the past 35 years he's rarely performed with just one group, and since he left The Ramblers in the mid-'80s, he has continued to pursue his music with rare enthusiasm.

a few years during World War II, returned in Duke in '46 and stayed. He had to retire in 1984, but he kept his hand in, teaching in this special program for freshmen. My dad was connected with Duke until he died in the fall of 2000. That amounted to about 60



busy with a new band—Bluegrass Experience—so they invited Bill Hicks to play with them.

"That was in the fall of '72," Watson said, "and that's when we say The Red Clay Ramblers started."

Watson remained with The Red Clay Ramblers for over a decade, during which time the group enjoyed a run of success that included performing in the Off Broadway hit *Diamond Studs*.

"I stayed with The Ramblers until the fall of 1986," Watson said. "At that point I basically marked time for a few years. I started playing in an old-time band with Bill Hicks and his wife, Libby, and a banjo player named Tom Holt. That was also when The Green Level Entertainers started playing together, and I was a part of that group as well. I was also doing solo jobs, mostly at The Cave. Later that winter, Rebecca Newton and I got together and started doing the Duke Lacrosse and Pinky Wyoming Pure Country Review—The Greatest Singers of All Time.

"I sort of kept myself in business this way," he continued. "In the summertime I'd go up to Lexington, Virginia, and work at the Lime Kiln Theatre. That was when I first started working with Robin and Linda Williams, though I'd known them for years and even appeared on one of their earlier albums."

In the summer of 1988 Watson returned to The Lime Kiln, where he performed in the play *Stonewall Country*.

"After that summer I came back to Chapel Hill and took up my various groups,"

he explained. "I did the next summer up at The Lime Kiln again, and at the end of that summer I actually started playing jobs with Robin and Linda. That was in the fall of 1988. I've been touring with them since then.

"Most of my stuff nowadays is my regular thing with Robin and Linda, and the occasional Green Level Entertainers gig," he added. "I've also started doing something with Mike Craver and Hicks again, with Joe Newberry playing banjo."

When asked about what drew him to old-time and bluegrass music when he was young, Watson recalled that "I went to prep school in Massachusetts, and on Sunday night on WBZ radio they had a folk music program that I'd listen to. This was back in the days when radio wasn't so rigidly formatted, so WBZ would play the regular hits of the day and mix in other stuff.

"I remember them playing The Country Gentlemen's song 'Aunt Dinah's Quilting Party.' That was one of the first bluegrass songs I'd ever paid attention to. The sound just nailed me to the wall. That was when I got more interested in bluegrass and old-time music. Then I went to my first fiddlers' convention in 1965, and just being in the midst of all these people playing music was tremendous. I particularly liked the singing. The harmony and the sound of a really good vocal duet, or trio or quartet, is such a rich, full sound. I just love that."

Watson's busy musical life briefly hit a sour note in 2004 when he was diagnosed with prostate cancer. He explained that the first clue came via a routine check-up.

"They did a PSA blood test and that was reading a little high, so my doctor sent me to a urologist, who did another PSA test, which was higher still," he said. "That led to a biopsy, which was fun. I must admit, however, that it wasn't as bad as I thought it would be. I'm not saying it was really great, but local anesthesia is a wonderful thing. Anyway, the biopsy confirmed that I had prostate cancer."

Watson opted for surgery, and this choice proved to be a wise one.

Thanks to early detection, the procedure was successful and his recovery was so thorough that six weeks after the surgery he was back on tour with Robin and Linda Williams. As Watson frequently observes: mighty fine. **MM**

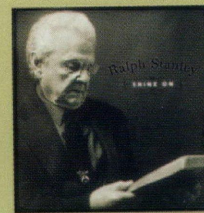
## DISCOLOGY

Ralph Stanley:

### *Shine On*

(Rebel)

This latest offering from the legendary Ralph Stanley and his band—the Clinch Mountain Boys—is devoted to Southern Gospel tunes in the old-time and bluegrass styles. Stanley, of course, has a voice for the ages, and his lead vocals are, as always, beyond arresting. We're also treated to lead vocals from Ralph Stanley II and fiddler John Rigsby, as well as trio, quartet and a cappella singing. Stanley is 78 years old, yet his voice is as resonant and powerful as ever. The Clinch Mountain Boys are in fine form as well, and we get especially potent instrumental performances from Rigsby and banjo player Steve Sparkman. From start to finish, *Shine On* is a winning record. Notable tracks include Stanley's a cappella renditions of "The Old Church Yard" and "Swing Low Sweet Chariot," "This Little Light of Mine," "I'll Fly Away" and the title track, authored by Dolly Parton.

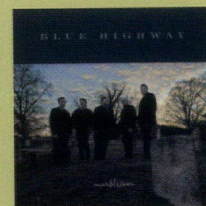


Blue Highway:

### *Marbletown*

(Rounder)

The bluegrass quintet Blue Highway tracked six albums—beginning with *It's A Long, Long Road* in 1995—prior to the release of *Marbletown*, and each of those previous CDs was a fine piece of work. This new record, however, will cast a long shadow, for it's surely Blue Highway's most accomplished effort to date. Everything comes together for this talented group on *Marbletown*. Their instrumental prowess is matched by their original material, which dominates the album. The vocal performances by Tim Stafford, Shawn Lane, and Wayne Taylor are unfailingly inspired, while their ensemble playing is fluent and decisive. Top tracks include their adroit cover of the title song—a Mark Knopfler tune—as well as "Message From the Wind," "I Used To Love Parades," "Lazarus" and "Tears Fell on Missouri."



## QUICK FIX

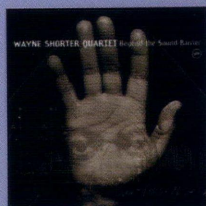
Wayne Shorter Quartet:

### *Beyond the Sound Barrier*

(Verve)

An edgy, thoroughly pleasing outing from this famed tenor and soprano sax

man and his veteran quartet, which includes Danilo Perez (piano), John Patitucci (bass) and Brian Blade (drums). Surely one of the most proficient, arresting jazz albums of 2005.





continued from page 25

commitment to the Orchestra's mission to provide music education to the Raleigh community. He established the Gibbs Endowment Fund for the Orchestra and has supported their Concerto Program for young people.

**Explorer Post 512** was recognized for supporting many arts organizations and programs in Wake County and for participating in a career education program for people ages 14 to 20. Since 1998 the post has worked with Artsposure's First Night Raleigh, The Raleigh Symphony Orchestra, Meredith College and Pieces of Gold, as well as the United Arts Council's Cultural Arts Festival.

### Questions/Answers on Lymphoma

The North Carolina Chapter of the Lymphoma Research Foundation recently held "Ask the Doctor about Lymphoma" at the Rex Cancer Center in Raleigh. Dr. Kenneth Zeidler, a leading lymphoma specialist, Board Certified in Hematology and Oncology at Rex Cancer Center, spoke and

answered questions for patients with non-Hodgkin's lymphoma, their families and caregivers. Specifically, he discussed what monoclonal antibodies are and how they are approached, and ongoing research in targeted therapies for treatment of non-Hodgkin's lymphoma.

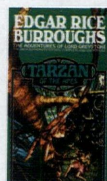
Representatives from the Lymphoma Research Foundation were also available to provide information on programs, resources, and support to meet patients and families needs in dealing with the disease.

People affected by lymphoma can receive free personalized information tailored to their diagnosis, help with finding a clinical trial, and easy-to-understand information on lymphoma, current treatments, and promising research by calling 800-500-9976, emailing [helpline@lymphoma.org](mailto:helpline@lymphoma.org), or visiting [www.lymphoma.org](http://www.lymphoma.org).

### Duke Professor Publishes Letters of Tarzan Author

When Matt Cohen, now assistant professor of English at Duke University, visited his mother and grandmother six years ago,

he learned that a 50-year correspondence between his great-grandfather and *Tarzan and the Apes* author Edgar Rice Burroughs was stashed away in a Navy ammunition box in their basement. "It was this huge, fat collection," said Cohen. "There were letters, drawings, postcards, telegrams, photographs and at some point there were films, though those are now gone."



After hard work and research, Cohen has compiled the collection into *Brother Men: The Correspondence of Edgar Rice Burroughs and Herbert T. Weston*, published in May by Duke University Press.

Cohen's great-grandfather, Herbert T. Weston, and Edgar Rice Burroughs, met at military school in Michigan in the 1890s and continued their friendship until Burroughs' death in 1950.

Burroughs wrote, in addition to *Tarzan and the Apes*, more than 60 novels. Although he was an internationally popular writer, this is the first academic book of his letters to be published. **MM**

## EYES ONLY

**Dr. Ken Adler**, inventor of the **Marcks peptide**, recently won the prestigious **O. Max Gardner award**. The award, which has been given annually since 1949, was established by the will of **NC Governor Oliver Max Gardner** to recognize faculty who have "made the greatest contribu-

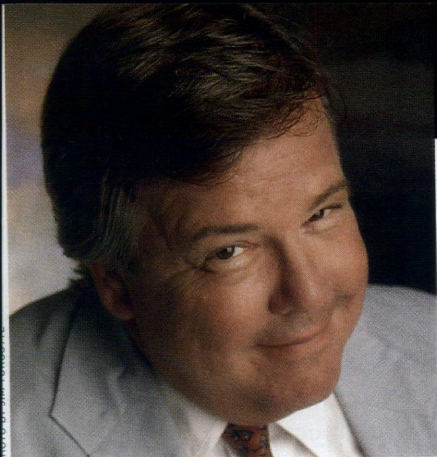
tions to the welfare of the human race." It is the only award for which all faculty members of the 16 UNC campuses are eligible and is considered the **UNC system's highest faculty honor**. ■■ The Cary Parkway office of **Coldwell Banker Howard Perry and Walston** and the **Howard Perry and Walston Foundation** have announced their sponsorship of the **\$100,000 Hole-in-One Shootout** to benefit **Habitat for Humanity** on Saturday, July 30. This event will be held at Knight's Play Golf Center in Apex. ■■ Landscape architect **Dick Bell**, FASLA, and architect **Frank Harmon**, FAIA, both of Raleigh, will present seminars at the **17th annual Architecture Exchange East Conference and Expo** to be held in Richmond, VA, November 3 & 4, sponsored by Virginia Society of the American Institute of Architects. ■■ The Arts Council of Wilson's **Most August Photography Competition** is open to residents of North Carolina, 18 years & older. Participants may submit up to four recent black & white, color, digital/computer-generated or hand-colored photographs. Work will be displayed in **Wilson Arts Center Galleries**, July 28-Aug. 27, in conjunction with **Black and White**, an exhibition of landscapes by professional photographer Bill Zorn of St. Simons Island, Georgia. ■■ **Dr. David R. Clemmons** of UNC-Chapel Hill received

the **Endocrine Society's Gerald Aurbach Award** at the 87th annual meeting of the society held recently in San Diego. Clemmons, who presented the society's award lecture, is chief of endocrinology and Sarah Graham Kenan professor of medicine at the **UNC School of Medicine**. He was recognized for outstanding contributions to endocrinology research. ■■ **Dr. Roger E. Miller**, John B. Carroll professor of chemistry at UNC-Chapel Hill, has been elected **Fellow of the Royal Society in the United Kingdom**. He and 43 other eminent scientists from the UK and the Commonwealth will join the honorary organization, which is the UK's national academy of science. ■■ **Artspace** is seeking **proposals from artists** working in 2-dimensional or 3-dimensional media for solo or group exhibitions that will run through 2008. The deadline for entries is Aug. 10. For specific guidelines, contact Lia Newman, Director of Programs and Exhibitions at 919-821-2787 or [lnewman@artspacenc.org](mailto:lnewman@artspacenc.org). ■■ **UNC-Chapel Hill Chancellor James Moeser** has been selected by the NCAA as a member of the new task force that will explore the future of college sports. ■■ **The Presidential Task Force on the Future of Division I Intercollegiate Athletics** is composed of presidents and chancellors from across the nation. It will address current challenges facing collegiate athletics. ■■ **Progress Energy Foundation** of Raleigh has announced an **award of \$25,000 to the North Carolina Center for the Advancement of Teaching**. The grant funds will provide 20 teachers from North Carolina with five-day residencies to work toward certification from the **National Board for Professional Teaching Standards**, a symbol of professional teaching excellence.



# My Usual Charming Self

by Bernie Reeves



## RED STAR SHINING

**T**here it was, in Ronald Radosh's new book, archaeological grave goods that provide a direct link to the politically correct regime that dominates our culture today. Funny to find it in an engrossing examination of the drama that produced the Hollywood 10, the "black list" and the continuing affection today for Leftist causes in the movie capital by film colony grandees.

The book, *Red Star Over Hollywood: The Film Colony's Long Romance With The Left*, tracks the Hollywood love affair with communism in the context of Soviet policy from the 1930s through 1992, and how the communist movie workers reacted to the convoluted twists and turns emanating from Moscow. For example: how should good Party members and fellow travelers react to the bad news that Stalin suddenly allied himself with communism's arch enemy Hitler in 1939? After this bad spot of bother, came the good news that Hitler invaded the USSR and Party devotees could now return to common cause with the US against fascism. The pre-war strategy, to rally support for the worldwide Revolution by "hitch-hiking" with liberal democrats by drawing them into Popular Front organizations, was created in the 1930s under the guise of humanitarian support for the "toiling masses" of Soviet peasants, putting believers "on the right side of history." Later, these Fronts purported to support the war, but in reality continued to be recruitment vehicles for the US Communist Party.

Subtler shifts included what to do if you are a good communist while Stalin set loose the purge trials in 1936-38, imprisoning and executing heroes of the Bolshevik Revolution in one of his frequent delu-

sional fits of paranoia. The "party line" was that the victims were guilty: They "confessed" didn't they? And the Hollywood CP members and fellow travelers believed it, as they fell for the party line that the US invaded North Korea. As leading director, producer and screenwriter Philip Dunne put it, "a good wheel-horse Communist has a digestive system like a goat's and apparently can swallow anything."

As party leaders told the Hollywood communists in their cell meetings, "don't trust negative views of the Soviet Union," and the good little Bolsheviks scouts did not. They busily went about their mission to create socialist realism and "ideological remodeling," using the art of film as a weapon for the worldwide communist movement, imbued with the elevated status pronounced by Lenin: "Of all the arts, the motion picture for us is the most important."

### THE BIRTH OF PC

In the 1950s the Party was heavily invested in the "Negro Liberation Movement," arguing that the large concentration of blacks in the South met Stalin's criteria for a nation, thus their struggle was not for equality but, says Radosh, "for a nation in southern areas where there was a black majority. The goal would be governmental separation and a Negro Republic in the Black Belt."

That never happened, mostly because black leaders were indifferent to leadership by white communists, but the effort spawned, says Radosh, "...what may be the first example of 'political correctness' run amok. ... The Party expelled or brought to trial members whose only sin was using words like 'whitewash' or 'black sheep,'

both of which were offered as proof of racism." Radosh quotes Joseph Starobin, a former editor of the communist *Daily Worker* newspaper, who explained in a history of the American CP: "Both whites and blacks began to take advantage of the enormous weapon which the charge of 'white chauvinism' gave them to settle scores, to climb organizational ladders, to fight for jobs and to express personally conflicts which, by Communist definition, were never supposed to predominate over political objectivity."

Sound familiar? The politically correct doctrine used by the communists to purge non-believers lives on today in the university, where radical students have become professors and continue the blatantly communist tactic of smearing enemies for the Party cause. The radical scholars have succeeded to stain traditional professors, and to revise history to suit their doctrinaire purposes. They accuse those who refuse to sign on to the new party line as racists, chauvinists and homophobes. And the politically correct virus has infected the nation, creating fear that any statement made can be used to smear leaders in business and government. And the speech purges and diversity initiatives, now a commonplace in Western society, are directly linked to communist antecedents. Nothing happens out of thin air.

### RED STAR SHINING

When confronted with the wave of revelations over the past 20 years that discredit the Left and the majority of the intellectual establishment in the US, most of today's radicals react by saying: so what? That's in the past. But actually it's very much in the present. As we now know, the PC move-



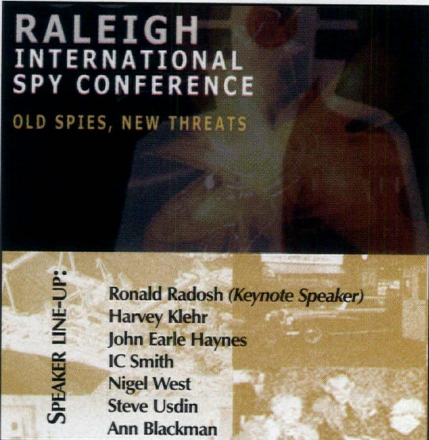
ment grew out of communist infighting. As Radosh demonstrates, the core of the modern radical regime is the continuation of communism by other means. In school-rooms and college courses, the result is the elevation of collective solutions and the denigration of individuality. Those that disagree are shipped off to a figurative gulag for political prisoners.

It is important to know that campus radicals are directly descended from communist forebears, just as it is key to our self-image that we know that American communists infiltrated the Franklin Roosevelt administration, causing policy decisions that defined the second half of the 20th Century: allowing the Soviets to bring down the Iron Curtain, literally enslaving 70 million people; dropping our guard so that Americans spying for the Soviets could deliver atomic secrets; standing by as the Soviets launched the Cold War and the daily fear of nuclear annihilation; not opposing propaganda that has resulted in a nefarious anti-Americanism that dominates academia and the media today; allowing the revising of history to cover up the depredations of the Soviet Union, even after its collapse; and watching as radicals stoke the flames of dissidence over any issue that does not toe the party line.

#### RIGHT HERE IN RALEIGH

On August 31 through September 2, before the Labor Day holiday, a who's who of experts on the subject of the continuing revisionist propaganda will convene in Raleigh for the third annual Raleigh International Spy Conference.

Ronald Radosh, the keynote speaker,



**SPEAKER LINE-UP:**  
 Ronald Radosh (Keynote Speaker)  
 Harvey Klehr  
 John Earle Haynes  
 IC Smith  
 Nigel West  
 Steve Usdin  
 Ann Blackman

will address the Hollywood Left; Harvey Klehr and John Earl Haynes, two of the most prominent researchers and authors on the subject of the true nature of Soviet influence on academia, will discuss their books and ask the question: "Was Joe McCarthy right?" Joining them is Venona expert Nigel West; former FBI agent-in-charge IC Smith (who will address the new menace of Chinese espionage in the US); Steve Usdin, whose new book uncovers the story of how atomic espionage continued to assist the Soviet Union after the execution of the Rosenbergs; and Ann Blackman, formerly of *Time* magazine—and co-author of the definitive account of the treachery of Robert Hanssen—on her new book about Civil War female spy Rose O'Neal Greenhow. Go to [www.raleigh-spyconference.com](http://www.raleigh-spyconference.com), or call the spy hotline at the NC Museum of History: 919-807-7917; or Kimry Blackwelder at *Metro Magazine*: 919-831-0999.

#### NOTES FROM LA-LA LAND

**The pending collapse of the European Union** on the heels of the huge No vote in France and Holland makes me cry for joy. You can go to our Web site and scroll down to my January 2004 column and read, under the subhead Top of the List: "The EU is a construct along the lines of the USSR. It requires disparate peoples and nations to subsume their identity and sovereignty to a higher power in the name of an ideal. ... They go about building the EU with cast-aside Marxist central state theory using a curia of apparatchiks to enforce preposterous trade restrictions and rules as a jackboot to force compliance." And, I said then, and as long as 20 years ago, expect the Euro to go the way of the ruble.

**The Watergate scandal added a new chapter** with the revelation of the identity of Deep Throat, who turned out to be former high-ranking FBI agent Mark Felt. As Mort Kondracke of *Roll Call* magazine put it as a panelist on Fox News, "the question should be, why Watergate at all?" The entire episode still exudes a fishy odor: how could former CIA security and clandestine officers bungle the burglary so badly in the first place? And how was it that *Washington*

*Post* publisher Martha Graham was called at home immediately when it was then only, as they say, "a third-rate burglary" with no political connection imagined? And then there is the interesting information that journalist Carl Bernstein, Bob Woodward's partner in the famous story, is a "red diaper baby," meaning he was the issue of openly communist parents who raised him to be a good little radical—in other words to hate America and Richard Nixon.

...

**DDT remains the enemy of the environmental extremists**, as evidenced by a recent news item that some public schools in North Carolina are banning its use. Before we go too far here, let's ask the poor Africans who fell for the eco-activist line and now are dying in the millions from mosquito-borne disease.

...

**The comedian Lewis Black** commented that Atlanta was operating a "subway to nowhere." What would he think of the comical TTA plan to run light rail from downtown Raleigh to downtown Durham?

...

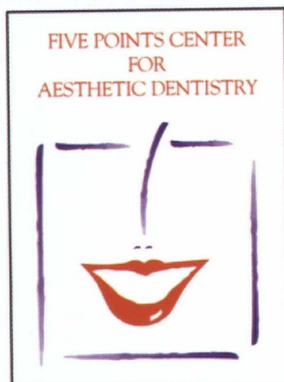
**Ann Bancroft died** and sure enough the accolades failed to mention her best role in '84 *Charing Crossroad* as the 1950s-60s New York writer who ordered books from a London bookseller. It reminds me of the omission of what I think is Stanley Kubrick's best film, *Barry Lyndon*, in the list of his best films discussed after his death two years ago.

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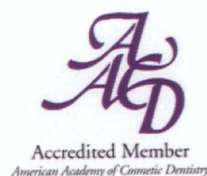
The writing tests for schoolkids is in, and once again the results are abysmal. What do you expect when probably half of the public school teachers in North Carolina are illiterate... and yes I look forward to a challenge to that statement. Far too many teachers have useless graduate degrees in education containing bogus curricula, revisionist theories and course content experiments that degrade English and History offerings. And teachers gain tenure after three years, making it impossible to weed out the incompetents. The good teachers are a minority and you can't get rid of the bad ones. It's a wonder every child is not left behind. **MM**



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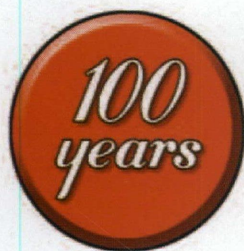
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