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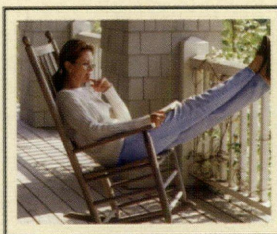
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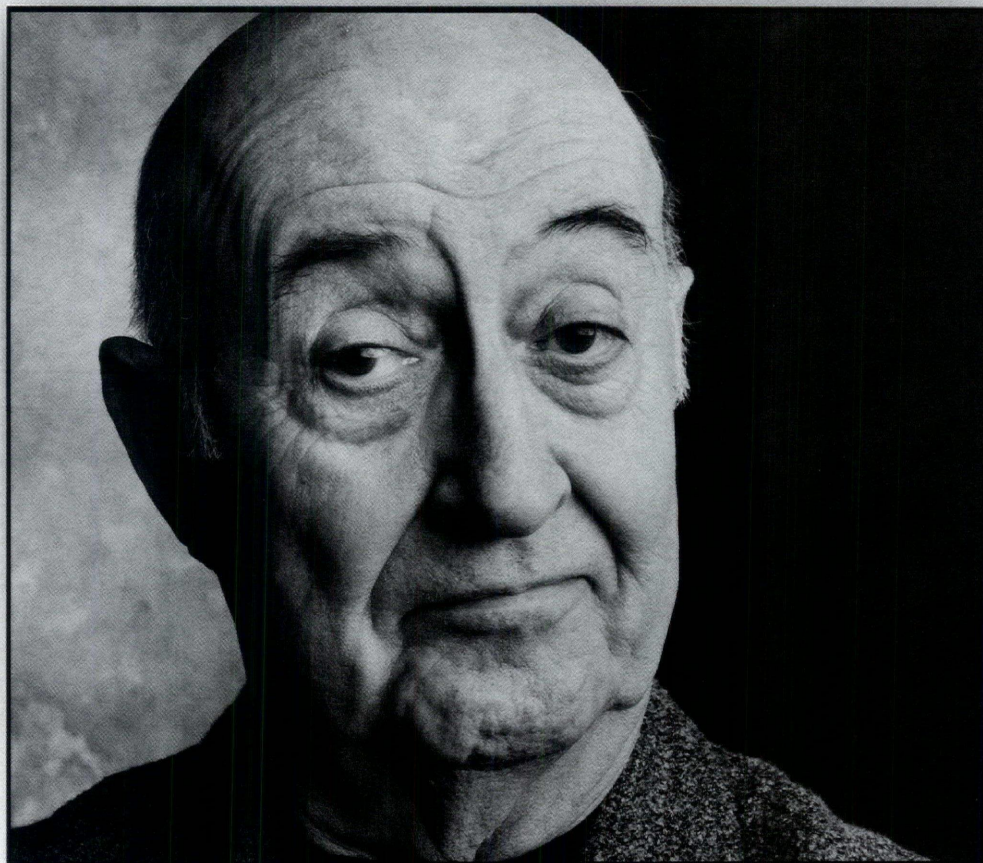


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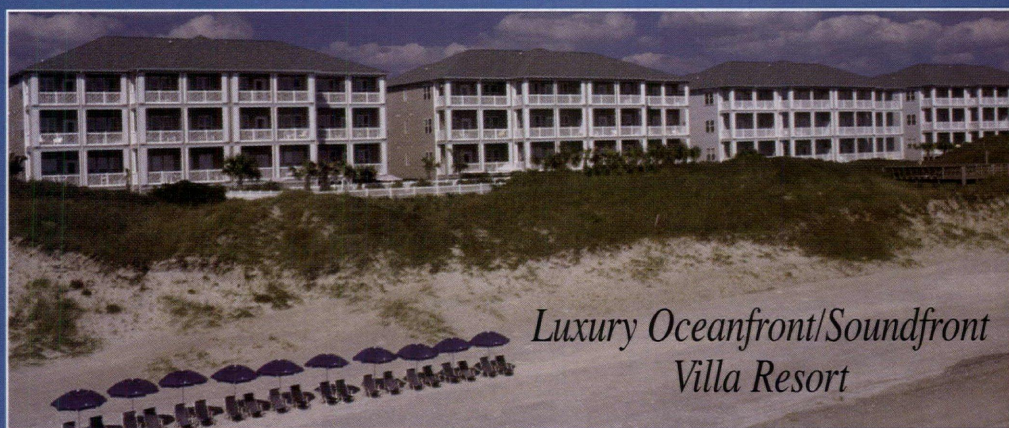


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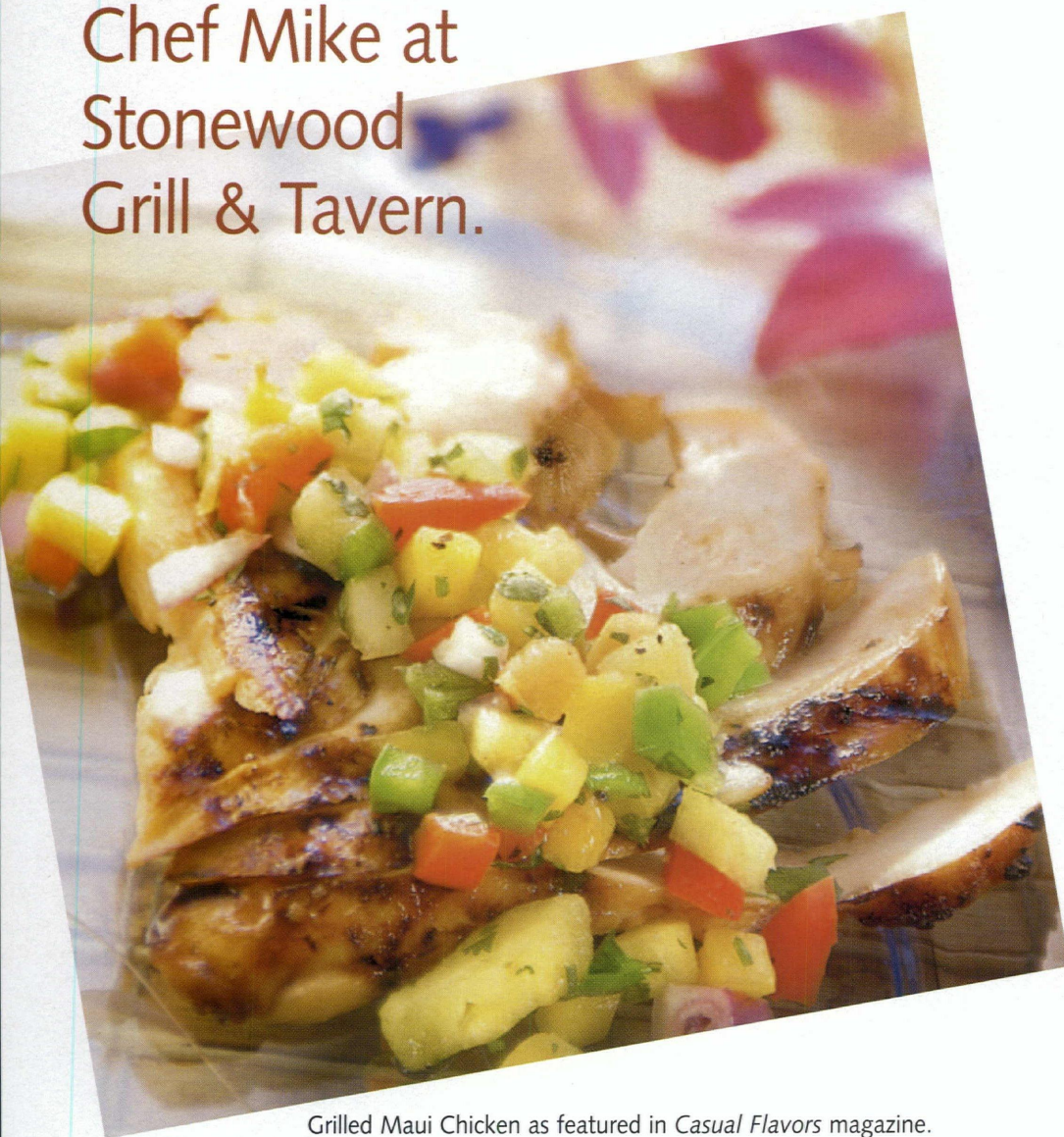


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Grilled Maui Chicken

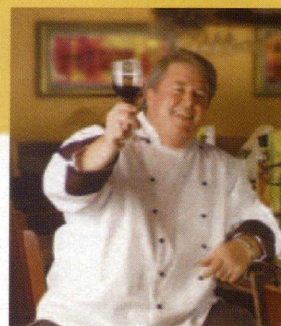
A spirited dish with a tropical twist from Chef Mike at Stonewood Grill & Tavern.



Grilled Maui Chicken as featured in *Casual Flavors* magazine.

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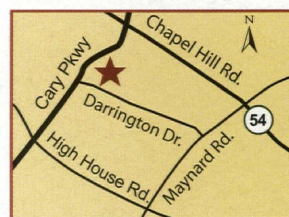
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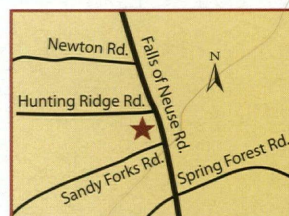
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COASTAL CADENCE

Coverage of our coastal and inner banks areas receives increased emphasis in June, as the summer months envelop us and point our thoughts eastwards to the relaxed cadence of the North Carolina coast.

To put you in the mood, Diane Lea visits the former home of pirates in historic Beaufort, Moreton Neal changes from bathing suit to shorts to experience “casual fine dining” in the same neighborhood, and Fred Benton offers up the more relaxed options available on your visit to the coast. And Editor-at-Large Jim Leutze tackles the more practical and pressing problem of coastal erosion and new laws recently enacted to keep our coastal habitat in tact. And in keeping with the summer theme, wine editor Barbara Ensrud suggests the right wines for food hot off the outdoor grill and Carroll Leggett delves deeper into the mysteries of barbecue and biscuits.

NC-born and New York City-based Hunter Lewis uncovers a sturdy steward who keeps meat on our tables the old-fashioned way; our calendar of events, including a special coastal section, indicates things don't slow down in the hot weather; Molly Fulghum Heintz interviews Raleigh-born New York City jeweler Hobby Holmes; Philip Van Vleck offers a lens into the changing world of music recording with a visit to Raleigh's Osceola Studios; Louis St. Lewis celebrates fine photography and colorful glass; and Art Taylor previews the new novel by antiques and estate appraisal expert Emyl Jenkins. Already famous for her expertise and books on the subject, she has received wide acclaim for her first adventure in fiction.

A who's who of scholars and intelligence notables will gather at the NC Museum of History August 31-September 2 for the third Raleigh International Spy Conference. To help you prepare during the hot months before summer ends on this suspenseful note,

non-fiction editor Arch T. Allen provides a reading list of books by some of the authors who will be in Raleigh for this unique conference. The keynote speaker, noted scholar Ronald Radosh, will address the conference on the topic of his recent book, *Red Star Over Hollywood: The Film Colony's Long Romance With the Left*. Also appearing: Harvey Klehr on the topic, “Was Joe McCarthy Right?”; John Earl Haynes—who has collaborated with Klehr on critically acclaimed books on the effects of the Soviet use of American agents—on Soviet manipulation of the Communist Party in the US; IC Smith, retired FBI Agent-in-charge, on Chinese espionage in the US; Nigel West on the latest revelations from newly declassified secret files; and Steve Usdin on how two Americans, both members of the Rosenberg spy ring, helped the Soviet Union gain a leg up on modern computer technology.

Now, this is a great Father's Day present, a gift certificate to attend the Raleigh Spy Conference. For more information, go to www.raleighspyconference.com. You can also call Brooke Eidenmiller at the NC Museum of History: 919-807-7917 or Kimry Blackwelder at *Metro*: 919-831-0999.

Be sure to check out the information in this issue about the social event of the year: “The Mannequin Ball,” set for November 11, 2005. Area retailers and Saks Fifth Avenue join with *Metro* and the NC Museum of History to celebrate fashion and the fashionable, including top designers, celebrities and you. Call Kimry Blackwelder for details: 919-831-0999.

The balloting was fast and furious for the winners of our “best of” *MetroBravo* awards. In this and the July issue we list your favorites, so enjoy toasting the winners and remember to vote in next year's competition.

See you in July.

—Bernie Reeves, Editor & Publisher



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Correspondence

KINFOLK FROM UK

Carroll Leggett wrote about General Alexander Lillington in the May 2004 issue of *Metro* that I found on your web page. Eleven years ago I toured the USA and eventually found and visited the cemetery but I have totally forgotten how I found it. I have a photo of Lillington Lane, down which we went and took photos of the cemetery, and the magnolias that stood in front of where the general's plantation house was.

We will be visiting again this year as my English daughter has recently moved to Richmond, Virginia—not too far away; we would like to take her and the family to see it and some of the history.

Would you be so good as to ask Carroll, if he remembers, to let me know just where it is. The highway number for it was off. [That] would be good [to have].

For some time I have searched maps and the web but have so far got nowhere. Thanking you (and Carroll) in great anticipation.

*Don Lillington
Manchester, UK*

"THE CORRIGAN" HONEST AND ENTERTAINING

All I can say regarding "The Corrigan" by Linda Russell in the May 2005 issue is "You Go Girl!" I have an equally patient husband who has supported me through my struggles over nine long years of learning this wonderful game of golf and can relate to everything she so eloquently stated. My husband doesn't have a chau-

vinistic bone in his body, but I must admit the times he has moved my ball to improve my lie, knocked a putt back to me that was clearly "out of the leather" and said the words, "This isn't the U.S. Open," are innumerable. His intentions are honorable and there is no one I would rather play with, but since women wouldn't give each other air in a jug, as one of our male friends once pointed out, we don't know how to take such behavior.

I have been on the driving range at my club and endured the comments of men who would come up to me and say: "Honey, you need to keep your head down." Or "You are not hinging on your back swing, and your hands are in front of the ball..." etc. etc. I have been known to travel to a public range so that I could practice in anonymity. Men mean well. Most of them anyway.

Golf was man's best-kept secret for years, but "Guess what guys? We get it!" It is the most challenging, exasperating, wonderful game ever played. I can't wait to get back out there, but alas, I think I will forever have to hole my putts! Thank you Linda for an honest and entertaining look at "The Corrigan."

*Nancy Teague
Raleigh*

MEDICAL TORT REFORM

Recently, a report from the North Carolina Bar Association's Tort Reform Task Force concluded that "frivolous medical malpractice lawsuits are not a significant problem in North Carolina." Lob-

Bernie Reeves
Editor and Publisher

EDITORIAL

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bysts have been circulating this so-called study in the halls of the Legislature citing it as evidence. The coalition of nursing homes, hospitals and doctors in North Carolina obviously have an uphill struggle in seeking tort reform when the attorneys argue that all is well and no changes are needed.

The Bar Association report states that since doctors are not leaving the state in large numbers, since there has not been an increase in medical malpractice lawsuits and since there has been no increase in the percent of suits won by the plaintiff, then there is no problem and no need to refine the tort system.

While trial lawyers are masters of spin and verbal expression, their report can be offered as Exhibit A for the fact that sound logic and scientific reasoning are not their strengths. They apparently have missed a basic lesson in logic wherein one should not use the absence of some findings to override the presence of other facts. In their argument they have omitted the data reflecting a significant increase in jury awards of greater than \$1 million, and no mention is made of the rapidly rising liability insurance premiums.

If I had a patient to present with chest pain, I should not reason that the absence of some symptoms and signs overrides consideration of other worrisome facts. Because the patient is still conscious, is not short of breath, does not have an irregular pulse and does not have low blood pressure; I should not necessarily send the patient home with a reassuring pat on the back. If the patient is hurting and the EKG is abnormal, despite the absence of other findings, I had best give attention to a plan for effective measures to treat the problem before life-threatening complications develop. I could put a spin on the story to make the situation sound non-threatening, but objective examination of the data should alert me that the condition is serious and needs attention.

Several weeks ago a letter from the nursing home where my elderly father was residing reported an increase in monthly fees, in part due to an 800 percent increase in liability insurance premiums over the preceding three years. How many families in North Carolina are affected by such staggering increases? What impact does such an increase have on Medicaid costs?

Moreover, the Bar Association seems to ignore the experience and changing perceptions of the professionals and institutions that labor to deliver healthcare to the people of our state. The economic impact of defensive practice patterns, which have become progressively more routine in order to limit the risk of liability suits, is beyond calculation. How many employers in North Carolina are struggling with increased health insurance costs?

None of us who advocate for tort reform are suggesting elimination of a workable judicial process for patients who may have been harmed by negligent acts. With 24 percent of the workforce involved either directly or indirectly in healthcare, mistakes are inevitable. Moreover, bad things happen to good people without any mistake occurring. Even so, we need healthcare professionals to continue serving the people of NC. Contrary to the attorneys' opinions, changes are indeed necessary to make the professional liability system more reasonable and less driven by emotional arguments.

Certainly there is room for honest debate regarding several elements of lia-

bility reform, including caps on non-economic damages. However, to deny the existence of a pervasive problem and so avoid constructive discussion is not a wise approach. Such a response to a real problem that affects everyone is detrimental to the common good. We need healthcare professionals and attorneys to come together to envision a system that would serve the needs of the public more effectively.

Unless some effective measures are implemented, the healthcare system will continue to suffer, and access will become more limited with costs continuing to escalate. I believe the majority of citizens in North Carolina are more concerned with having affordable, effective healthcare than they are with an opportunity for jackpot winnings from jury awards. We need to sustain our nursing homes, hospitals, clinics and doctors. The importance of such vital services should override the desires of any special interest group. Wise decision-making and effective legislation require balanced evaluation of all the facts.

Robert H. Bilbro, MD

Legislative Committee, NC Medical Society

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is coming...

Friday, November 11, 2005

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IRRESPONSIBLE ATTACK

I recently received a copy of the *Metro Magazine*. I must tell you that after reading your editor's article in the May issue on page 103 of volume 6, number 5, entitled "Fools Don't Know They Are Fools," I absolutely never would consider subscribing to your magazine. I have never read such a bigoted, uneducated, and irresponsible attack on the Roman Catholic Church for some time. While your editor and publisher's "Shock Jock" style of prose may be entertaining to some percentage of your readership base, most people I know respond to more enlightened and engaging writing than what your editor passes off as what must be thought of (by himself) as "edgy" editorial. Consider this, over the last decade the Roman Catholic population in this state grew by 111 percent, many of whom live in the region you target for subscription.

David Williams
Cary

HELL NO

In response to your special subscription offer I received in the mail today: Hell, no, I won't subscribe to your magazine. Nor will I patronize any of your advertisers, and I will make sure I find the time to write to them and tell them why.

Your article "Fools Don't Know They Are Fools" (May 2005) contains a particularly ugly piece of libel: "Vatican Rag." It astonishes me that you feel no shame in voicing pure religious bigotry. You offer no proof or even convincing argument whatever for any of your charges about Cardinal Ratzinger's supposed manipulations to be elected to the papacy.

This is not just colorful, curmudgeonly opinion. Let's call it what it is—hate speech.

Shame on you.

Phil Hanna
Raleigh

HATE SPEECH

Congrats to you and Bernie Reeves for the hate-filled, Catholic-bashing op ed piece "Fools don't Know They Are Fools" and the subhead "Vatican Rag" in your (May 2005) magazine. Our church, Our Lady of Lourdes in Raleigh, has every

member now boycotting your magazine and encouraging others to do the same across the state. In fact, Bishop Gossman of Raleigh is now writing and contacting all member churches from Raleigh to the coast to begin to spread the word with your sponsors and readership. Metro Mag has a lot to be proud of, really, congrats to you. I can only pray that this will be the last piece ever written in you magazine by Reeves.

Bobby Mariencheck
Raleigh

P.S. I wonder what the outrage would be if the same tone and lies were used in the context of blacks, Jews or others.

LUTHER DEVASTATED

I have no problem with anyone finding fault with the Vatican over its handling of the scandal. Could more have been done? Probably. Though I will say that just because you aren't aware of actions doesn't mean they haven't been taken. Read the Diocese of Raleigh's sexual abuse policy sometime.

My issue was with the disrespectful and condescending tone of your diatribe. First, you insinuate that Catholics are fools. You use terms like folklore. This is simply insulting and negates whatever point you are trying to make. You compare the Church of today with the Church of Luther hundreds of years ago, a Church with many problems.

By the way—did you realize that Luther was devastated at the birth of the Protestant church? His intention was to reform the Church of St. Peter, the Catholic Church. And ironically, despite the birth of the Protestant sects, that's exactly what he did. If he's spinning in his grave, it's because he inadvertently caused permanent rifts within the Church, not because a German is now Pope.

But I digress. The point is that you are trying to make a fair point about lack of response. But you do this by blowing it out of proportion and personally attacking members of the Church. That's no way to prove your point; it's how people become alienated from one another.

Brian Grant
Raleigh

JUST FLOATING THROUGH

I ordered two subscriptions to *Metro Magazine*. Your editorial in the May 2005 issue "Fools Don't Know They Are Fools" was as good as I have ever read anywhere.

Keep up the good work. Too bad it can't be force fed to the "floatees" (they just seem to float through without learning anything) at Duke, UNC and NCSU. I wish you much success.

Skinner Chalk
Morehead City

MORE POT SHOTS AT AUSTERLITZ—AUSCHWITZ

I have just read Fred Ullman's letter to you in the May 2005 issue of your magazine. It was totally apropos and politely restrained. Having once worked myself on a magazine, I know that mistakes are allowed to occur as we always put. So if something escaped our notice, no one was to blame.

However, there are some mistakes that should not be allowed to occur. As the editor, you should have caught this incredible error. Just because both words start with the same two letters, there is no earthly reason to confuse Austerlitz with Auschwitz. It is your job to see to it that such outrageous errors do not occur. I cannot imagine that something like this would happen again but I want you to know that I and many others were very disappointed in you.

Susanne Stannett
Raleigh

Editor's Note: *Short of public flogging, I am at a loss as to what else we can do. Your tone is a bit righteous considering we ran two letters about the mistake and we apologized profusely. You act as if an error such as this is a commonplace in Metro. That is not the case.*

CORRECTIONS

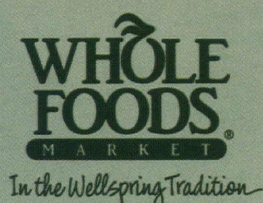
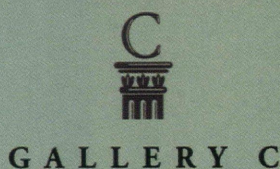
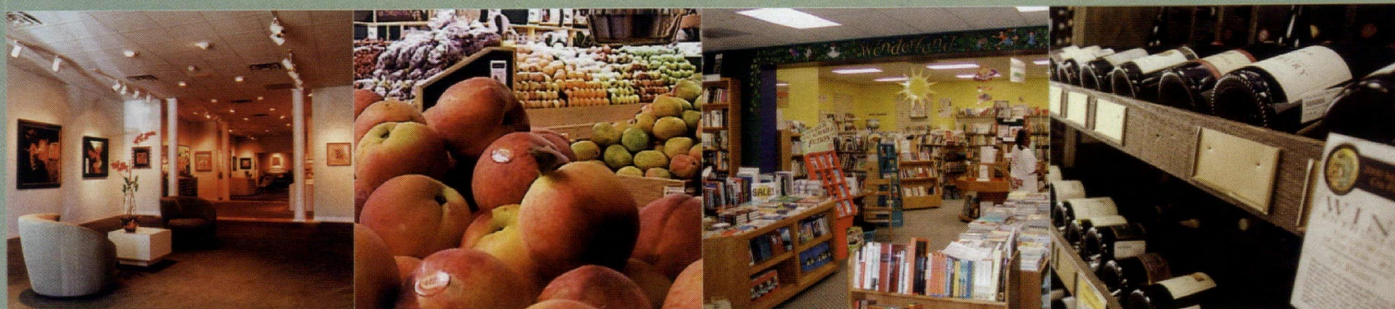
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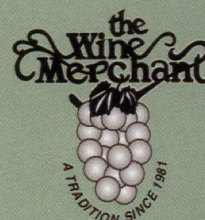
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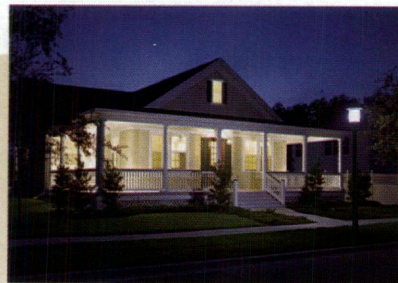


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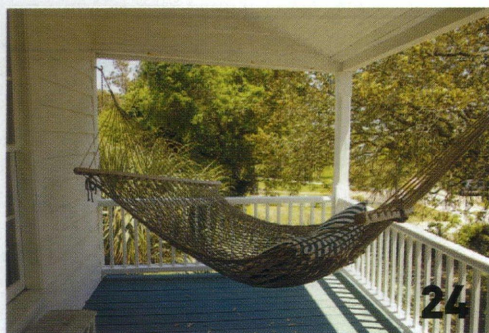


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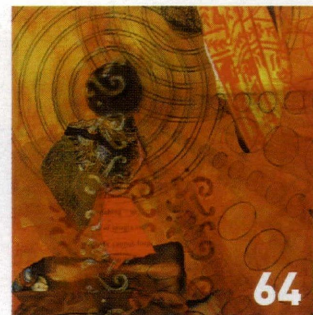
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SECRETS OF STATE

Tony Duke Honored In Manhattan

The Boys and Girls Harbor, the New York City organization dedicated to underprivileged youth, honored its founder Anthony Drexel Duke on May at the Waldorf-Astoria Hotel in Manhattan.

Founded in 1937 by 19-year-old Tony Duke and school friends as a summer camp for poor immigrant boys, the Boys and Girls Harbor—through its pre-school, Charter School, Performing Arts Conservatory, and its 20 other educational programs—has grown to reach out to over 4000 students a year in Harlem and Greater New York. At 87, Duke personally oversees the operations of the Boys and Girls Harbor and teaches a class in World History at the Charter School in Harlem.

Duke's lifelong dedication to the advancement and education of disadvantaged children drew luminaries of philanthropy, politics, society, finance, education, journal-

ism and the arts who congregated to pay tribute to this modest recipient of the 13th Annual Salute to Achievement. Following a cocktail reception and a silent auction that included art by Boys and Girls Harbor students, an honorary dinner was served in the Grand Ballroom of the Waldorf. Emceed by Leslie Stahl of *CBS: 60 Minutes*, distinguished speakers included Julian Robertson Jr., Chairman of Tiger Management Corporation (originally from Salisbury, NC) and Richard H. Brodhead, President of Duke University. Guests of the evening included actor Stephen Baldwin, Boys and Girls Club Executive Director Hans E. Hageman, Esq., and Raleigh native Lee Hennessee of the Hennessee Group who helped organize the event. Music was provided by the legendary Peter D'Uch.

Duke, of the Dukes and Biddles of Durham, grew up on Long Island and does not claim Tar Heel status, but he does have an affinity for North Carolina from spending summers as a boy with his grandparents in Durham.

— RB Reeves, IV

Six Presidents Over the University

After reading former UNC system administrator Art Padilla's timely book examining the leadership qualities and weaknesses of six university presidents, you begin to question if the job can be done. But it is done, and often done well when leadership is understood as a "process" involving leader, followers, context and situation, according to Padilla's research.

University presidents now face a myriad of issues, including managing the mammoth university "systems," and survive withering fire from within by specialty-centered faculty, unruly students, sports programs that have become financial behemoths, spiraling costs, workers who keep the plant up and running—and fusillades from those on the outside with a stake in the battle, including alumni, political leaders in the public university sector, townspeople and sports fans, many of whom never attended the college of their favorite team.

To say *Portraits In Leadership: Six Extraordinary University Presidents* comes at the right time for us in North Carolina is an understatement as the UNC Board of Governors seeks a replacement for system president Molly Broad. The qualities uncovered by Padilla's painstaking investigation of the backgrounds and predilections of his six subjects is priceless information that must be heeded to select a capable successor for the UNC system.

Padilla, currently a professor of business management at NCSU's College of Management, begins with four chapters on the theory of leadership, a subject as controversial as how to run a university. Beginning with Clark Kerr who came from a Quaker family to become head of the University of California system during the turbulent 1960s, the book moves on to describe the challenges and successes of Bill Friday's 30-year term as president of the UNC system from 1956 until 1986. Friday saw the creation of the statewide system, dramatic sports scandals, student unrest and the vicious 10-year attack by the former Department of Health, Education and Welfare to dismantle the core campuses.

Notre Dame's Father Ted Hesburgh, Maryland's John Slaughter, Princeton's William Bowen and the University of Chicago's Hanna Gray follow, with each

Tony and Luly Duke



story tying in early life and career influences that develop into a common theme: Each was driven to succeed and influenced by a mentor outside the family; and all possessed the capability to produce positive responses from others while downplaying their own negative and painful experiences. The effective presidents were good listeners, could communicate well orally and verbally, espouse their views in an unthreatening manner and were able to instill a sense of meaning and mission to others.

Praise for the book has come from Clifton R. Wharton, president emeritus of Michigan State University, former NC governor James Holshouser, Michael Hitt of Texas A&M and former president of The Academy of Management, John Hope Franklin and Robert Hogan, the leadership and personality scholar.

Portraits in Leadership is published by ACE/Praeger as part of its Series on Higher Education: www.praeger.com.

Proceeds from the book's sales will be donated to the American Cancer Society.

— Bernie Reeves

Institute Of Healthcare & Fitness Breaks Ground

Ground was broken May 11 for the new 16-acre American Institute of Healthcare & Fitness facility just off Old Leadmine Road in Raleigh. Chief Executive Officer Matthew Person III, President James Stevens, MD, and developer Mason Williams describe the innovative project, slated to open in August 2006, as a one-stop facility for clients seeking integrated healthcare and fitness services. The estimated investment is \$31.8 million, according to developer Williams: "More than 80 percent of the space has been leased or committed to tenants. That's where we wanted to be at this point."

The Institute will occupy a hillside surrounded by towering oak and pine trees overlooking a beautiful lake in a quiet natural setting on property owned by Mason and Catherine Williams.

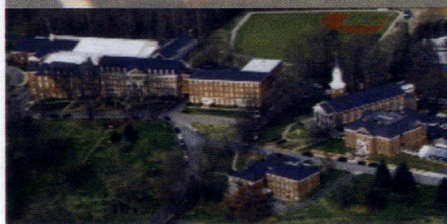
Ten medical practices in various fields have made equity commitments to become tenants in the Institute. Fifty individuals have invested in the project, according to Williams. "We want to develop an integrated philosophy toward healthcare and fit-

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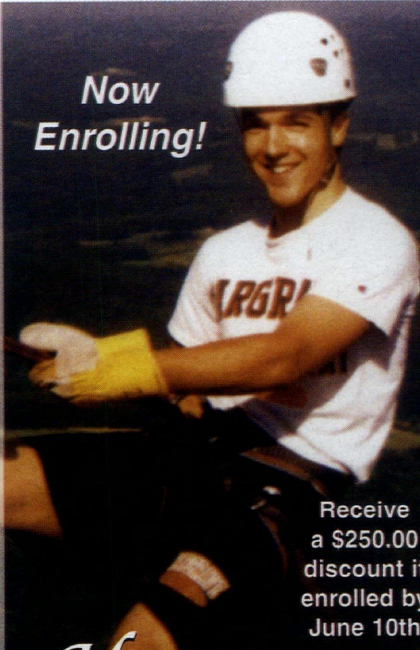
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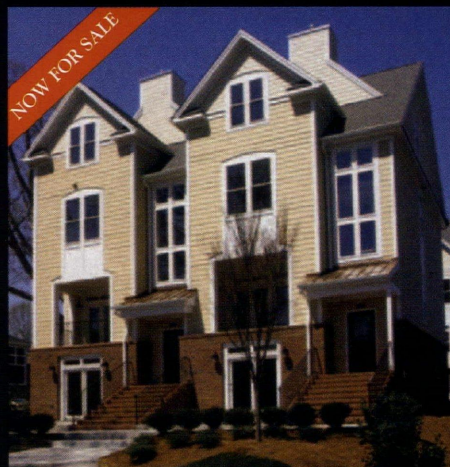
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ness. Having the practices invest with us is part of that philosophy. They are part owners and therefore will share in the success."

Boylan Medical Associates, a seven-member practice of primary care physicians, is among the tenants already committed to the Institute.

"We look forward to providing services to our patients and to operating in an integrated medical facility," said Dr. Randall Curnow. Boylan's presence will be a satellite office manned by two to three providers as the practice expands to North Raleigh. "The Institute has remarkable potential and could reflect a future turn in medicine. It could be an evolution in terms of providing integrated care," Curnow said. "This is a win-win."

Flo Moses of Sports and More Physical Therapy Inc., the first to sign a lease for the building, said her company is involved because of AIHF's plans to provide "specialization and integration" to patients. "No one person can know everything," she added. "It's important to serve with people who have the same core values about what life is all about and to do it in an integrated fashion in order to deliver better service, efficiency and greater care."

Rob Grew, a psychologist with the Grew, Morter & Hartye, PA practice in West Raleigh, said he was committed to the Institute "lock, stock and barrel. The primary reason we will be there is the opportunity to practice in an integrative way. From primary care to dietary needs, OB-GYN to family practice and cardiovascular needs, this facility will offer it all under one roof."

"The clinical and business models of AIHF are designed to bring together professional healthcare providers in our area, who in turn will deliver comprehensive and integrated care to the community," said CEO Person. "Our goal is for patients at AIHF to have quality medical care, nutrition, exercise, wellness and counseling services, with each individual patient having the opportunity to develop a long-term plan to achieve and maintain optimum health."

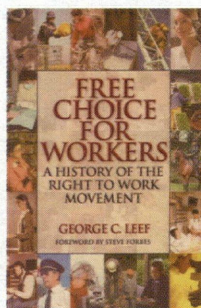
For more information, contact Matt Person at matt.person@aihfh.net.

—Bernie Reeves

New Book on Labor

One consistent theme in the decline of America's core industries—most notably airlines, steel, auto manufacturing, and to some degree, textiles—is the role of unions. The unions broke Eastern Airlines in the 1980s and have the remaining bulk carriers by the throat. Steel production, once a mighty symbol of U.S. economic power, is a minor global player today due to union demands. And auto firms are in deep trouble trying to compete with imported brands due to the high costs of labor and employee benefits.

George Leef, Executive Director of the John William Pope Center for Higher Education Policy, has written *Free Choice For Workers: A History Of The Right To Work*



Movement, a doctrine that has saved the emerging South from the ruinous results of Big Labor unionization. Leef has a law degree from Duke and is a contributor to the book pages of *Metro Magazine*. He has written on labor law for the *Wall Street Journal*, *Regulation* and the *Cato Journal*.

With a foreword by Steve Forbes, the book "chronicles the thrilling David and Goliath struggle between the bosses of Big Labor and the American citizens who oppose their lust for coercive power." The drama centers around the formation of the Right to Work movement and the National Right to Work Committee in the 1950s to "restore workers' individual rights to choose for themselves whether or not to associate with a labor union."

Leef's book is published by Jameson Books of Ottawa, IL; ISBN: 0-915463-97-0.

PvV on the Radio

Metro's music editor Philip Van Vleck is emceeing a world music radio show every Saturday from 4 to 6 p.m. on WSHA-FM—88.9 on your dial—in Raleigh. Trevor Holland continues his reggae show from noon to 4 p.m. on Saturday, and then Holland and Van Vleck spin world music for the following two hours.

Van Vleck told *Metro* that he became interested in world music while living in West Africa (Liberia) with his family in the 1970s and has been following it for 30 years. He considers the West African nation of Mali to be "without question" the leading nation in developing their native music to world status. "Also Senegal," said Van Vleck. "And now that apartheid is dead and buried, South Africa. A region that is generating a lot of cool artists is North Africa," he continued. "I'm also impressed by the music that continues to come out of the Balkans."

When asked about the value he places on world music, Van Vleck was thoughtful. "World music is the most consistently compelling pop music being released today," he said. "It makes most of American pop music sound like the intellectually and musically bankrupt garbage that it is."

WSHA-FM, Shaw University's student radio station—50,000 watts strong on Public Radio, plays the blues & all that jazz, then world music on Saturday after-

noons. For more information, go online: www.wshafm.org.

— Frances Smith

Internet Guru Paul Gilster Turns Attention to Space Exploration

After years of spreading the word about computers and the Internet, Paul Gilster has turned to writing and talking with people around the world about the potential of deep space exploration.

Gilster, who lives in Raleigh, recently published *Centauri Dreams: Imagining and Planning Interstellar Exploration* (Copernicus). He also has launched a Web site (www.centauri-dreams.org) where he posts regular updates about space exploration.

"Behind the scenes I've continued to nurse an active interest in space travel, and the ultimate challenge: finding a way to reach the nearest stars," Gilster says on the Web site. He is convinced that deep space exploration will occur but most likely through the use of "robotic probes" rather than human-manned ships.

Gilster, who began writing as a columnist

in *Spectator Magazine*, has written about computers since 1988, including six books about the Internet. He attended graduate school at UNC-Chapel Hill with an emphasis on medieval literature; he is an avid reader of science fiction.

— Rick Smith

UNC's Memorial Hall to Re-Open

Orchestral music, recitals and lectures will soon replace the hammering that has reverberated throughout UNC-Chapel Hill's Memorial Hall for more than two years. After an \$18 million dollar facelift, the hall, built in 1931, will reopen for an inaugural concert Sept. 9, featuring jazz singer Tony Bennett. Chancellor James Moeser remarked that reopening the facility signifies a renaissance within the arts community and will "enrich the education our students receive and enhance the lives of people in our community and region."

To assist in the planning and articulating of a comprehensive performance arts program, Emil Kang, former president and executive director of the Detroit Symphony



UNC-CHAPEL HILL

"This is truly an aggressive and adventurous and world-class series we're going to be offering next year," said Emil J. Kang, the university's first executive director for the arts, to Chancellor James Moeser during a hard-hat tour of UNC-Chapel Hill's renovated Memorial Hall

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Orchestra, was appointed as the university's first executive arts director. He will manage Memorial Hall, the Playmakers Theater and Gerrard Hall, hoping to establish the campus as a statewide cultural resource and model for the arts and academia nationwide.

Memorial Hall's 2005-06 season showcases many events that would not have been possible at the old facility. The larger stage house contains mechanical equipment and an elevator, stage twice the size of the old one, new wings and technology that allow for full productions of Broadway musicals, full symphonies and ballets. Each performance can be custom tuned due to new lights, sound equipment, and the orchestra shell.

The audience will view these enhanced productions with added comfort. The temperature within Memorial Hall can now be controlled through a central heating and air conditioning unit. Nearly 20,000 square feet were added to the existing venue to make room for wider aisles, more bathrooms, an elevator, new handicap ramps, an art gallery and reception room. Although the seating declined from 1500 to 1434, the new configuration allows for more legroom, better sightlines and greater accessibility.

Moeser admits that it would have been easier to build a new hall rather than renovate the original auditorium, but the art community felt a connection with the original building and wanted to keep certain aspects in tact. Tablets on the walls bear names of UNC students and graduates who died in the Civil War, as well as outstanding Carolina alumni and North Carolinians. After the renovation, the tablets will remain in the auditorium and throughout the lobbies and new additions.

— Sarah Jurek

In Sustainable Building Designs College Students Raise the Bar

Recently, the North Carolina Sustainable Building Design Competition announced its 2005 state winners. The "A-Team," of Cape Fear Community College, took home first place with their coastal home design. First prize was \$5000 and an opportunity to have the design actually built. The design incorporated energy efficiency, renewable energy, water conservation and waste reduction.

The Sustainable Design competition for students at North Carolina's universities, community colleges and technical colleges, provides opportunities for students to learn and apply the principles of sustainable development in building design and construction. Student teams were required to design a home incorporating sustainable energy approaches in the design as well as identifying and using available materials and assets of the site. Teams included students from engineering, graphic design, architecture and interior design.

Members of the winning "A-Team" include William Adams, Christopher Barrett, Julie Bray, Mark Pelz and Chris Pierce. Second and third places were awarded to "The Toxic Avengers" of NC State University and "The Greeniacs" of Forsyth Tech Community College, respectively. Honorable mentions were awarded to "Elements of Nature," "Synergy" and "The Green Guardians," all collaborations between students from East Carolina University and Pitt Community College.

"We are influencing our state each year by sending out a new group of graduates into the industry with skills needed to create a more sustainable North Carolina," said Kristi Jeffcoats, Executive Director of the NCSBDC. The sustainable building movement emerged from solar, energy efficiency, water conservation, land conservation and indoor air quality communities working together to develop a whole systems approach to building.

Opera Company of North Carolina Presents Puccini's *Tosca*

The Opera Company of North Carolina will conclude a season of successful productions with Giacomo Puccini's *Tosca* to be presented in Memorial Auditorium at the BTI Center, Raleigh on June 10 at 7:30 p.m. and June 12 at 2 p.m.

"*Tosca* has the exotic appeal of a classic thriller!" says OCNC President and *Tosca* Stage Director Robert Galbraith, "From the composer of *Madama Butterfly* and *La Bohème* comes Giacomo Puccini's most sensual and riveting work."

Maestro Francesco Colombo, a young Italian conductor, fresh from a highly praised United States debut with the Minne-

sota Opera, will bring his interpretation of the score of *Tosca* to the Raleigh stage, and the powerful voice of Lisa Daltirus will electrify the title role of Flavia Tosca. Also making a debut with OCNC will be Metropolitan Opera star and North Carolina native John Cheek, who will play Scarpia.

Call 919-783-0098 or visit www.operanc.com.

Second Edition Published: *Wild Flowers of North Carolina*

Having sold more than 100,000 copies of the first edition of *Wild Flowers of North Carolina*, the University of North Carolina Press is publishing a second edition, adding 100 more species of flowering plants to the 400 already depicted in color in the 1968 edition.



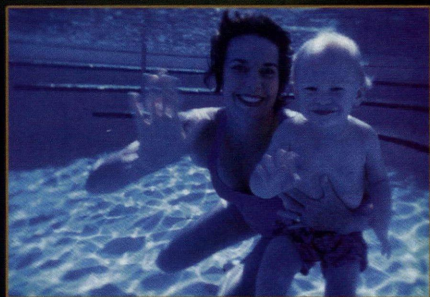
WILLIAM S. JUSTICE

Showy Lady's Slipper appears on page 46 of the new edition of *Wild Flowers of North Carolina* by William S. Justice, C. Ritchie Bell and Anne H. Lindsey (University of North Carolina Press, 2005)

Entries in the book run the gamut from the common dandelion, found throughout much of the world, to the rare Venus flytrap, which grows wild nowhere on Earth but near the coastal border between the Carolinas.

Authors are the late Dr. William S. Justice, an Asheville surgeon; Dr. C. Ritchie Bell, a Raleigh surgeon; and Anne H. Lindsey, a Raleigh surgeon. *continued on page 94*

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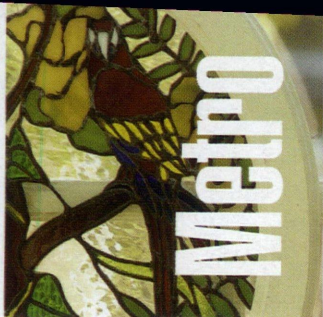


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NEW OWNERS REVIVE BEAUFORT'S FAMOUS HAMMOCK HOUSE

In Beaufort, North Carolina, the historic Carteret County coastal town with many of the charms of Charleston, stands a quirky old house famous for both its history and mystery. Named for the rise of land where it sits, surrounded by thick palmettos and live oaks, the Hammock House property once extended down a grassy slope to Taylor's Creek and Beaufort Inlet, the access from the Atlantic Ocean to Beaufort's deep water harbor. The house is one of the earliest known structures in a town whose rich heritage includes Indians, Spaniards, Frenchmen, the English, the Scots and waves of colonists who persevered to settle North Carolina's lovely but often treacherous coastal areas.

The town of Beaufort was established in 1713 and named in honor of Lords Proprietor Henry Somerset, Duke of Beaufort. But Beaufort's story is much older than that, tracing its beginnings to the site of an ancient Indian fishing village. The Spanish were the first Europeans to explore the area in the early 1500s. They were followed by French explorer Jean Ribaut, who named the region and its deep-water harbor Port Royal, but left after a brief experiment in settlement. The Americas were claimed by England under Elizabeth I in 1584 with the settlement of Roanoke Island, later to be known as the Lost Colony. Under Charles I, settlement had expanded and opened the way for Charles II, in 1663, to deed the territory to his friends the Lords Proprietors. Efforts to explore and occupy the Port Royal region followed, with the English and Covenanter Scots leading the way, followed by an adventurous mix of West Indies planters, English merchants and entrepreneurs, and scores of indentured servants. All endured incursions by the Indians, often incited to attack by the Spanish and French, and frequent visits by pirates, including the infamous Edward Teach, known as Blackbeard. Artifacts retrieved from the waters of Beaufort Inlet are consistent with items historians believe would have been found on Blackbeard's flagship, the *Queen Anne's Revenge*, which was lost in that location in 1718.

THE HAUNTED HOUSE

Nestled away on a shady street a block from Beaufort's picturesque Front Street, the Hammock House is a pretty white frame house with

a Caribbean green door. It has two pedimented dormers, nine-over-nine windows and two stuccoed chimneys. But its most remarkable feature is a set of double porches that speak of cool breezes and creek views. White wicker furniture and rockers invite the visitor to sit awhile and enjoy the serenity of this happy house and its island setting.

Idyllic, yes, but for many years the Hammock House was referred to as the "haunted house," or Blackbeard's house, and it was thought to have been a tavern and inn frequented by pirates and other rowdy guests. Tales abounded of ghosts and the buried skeletons of soldiers and, of course, hidden treasure. The stories are part of the romance of this old house and of the swashbuckling history of Beaufort itself.

Thought to have been built around 1709 for Farnival Green, a plantation owner who was named to the Provincial Assembly that same year, the Hammock House had had 33 owners and was being sold by an old Beaufort family when Chapel Hill residents Gilles and Betty Cloutier purchased it in 1995. Both ardent preservationists, the couple comes by their love of old houses from growing up in historic places. Gilles is a native of Montreal, Canada, and Betty grew up in Winnsboro, South Carolina, a town she says has much the same feel as historic Hillsborough, North Carolina. Their search for an old house led them to Beaufort in the early 1990s. They bought a small 1950s cottage to use as a



base to explore Beaufort. "We wanted a second home for us and our two teenage children to enjoy, not a beach house," says Betty, who was thrilled when friend and Beaufort resident Candy Rogers told them about the Hammock House. "When we saw it," she says, "we knew we would have to renovate it to suit our family's needs but not remake it." They were already supporters of the Beaufort Historical Association (BHA) and turned to them for recommendations of craftsmen knowledgeable about old houses. The group introduced the couple to Rob Cullen, a preservation carpenter who at the time was working on the 1796 Carteret County Court House, a project for which Cullen and the BHA won a national award from the American Association of State and Local History, and two state awards.

Cullen examined the Hammock House for the Cloutier couple and reported that the house was in pretty good shape. It had been re-

Photography by Kinsley Dey

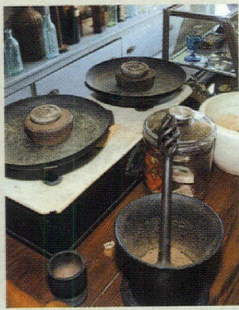


Quirky and charming, Beaufort's island-style Hammock House is notable for its breeze-catching double porches and almost three hundred years of history.

BEAUFORT HISTORICAL ASSOCIATION: MAKING LIVELY HISTORY

by Diane Lea

THE BEAUFORT HISTORICAL ASSOCIATION (BHA), established in 1960, owns and administers the Beaufort Historic Site located on two acres in the 100 block of Turner Street. BHA was originally formed to undertake the preservation of Beaufort's older homes and the restoration of the Old Burying Ground on Ann Street. To create an information base for protecting the historic properties, the BHA commissioned preeminent preservationist and architect Dr. Carl Feiss, then director of the National Trust for Historic Preservation, and his associate, preservation consultant Russell Wright, to conduct a comprehensive survey of the town. The study led to the designation of a Beaufort National Register Historic District and, later to the creation of a local Historic District Commission to oversee alterations to the town's historic structures.



Samuel Leffer's Cottage (ca. 1778), a classic coastal cottage, was both the school master's home and classroom.

The John C. Manson House (ca. 1825) was the first property donated to the fledgling organization, which now administers and manages a total of 11 restored historic buildings. As it was undergoing repairs in the aftermath of Hurricanes Dennis and Floyd, evidence of original faux painting in the Manson House was discovered, and BHA retained nationally recognized paint conservator George Fore to research the original color scheme and decorative painting. The home's proper historic paint plan is being restored by the firm of Croxson and Ward. In 2004 the project won an award from the American Association of State and Local History.

BHA, which boasts 1700 members from across the country, is now poised to undertake another major project, the implementation of a Master Landscape Plan for the Beaufort Historic Site. Developed by Raleigh-based designer Stephanie Mitchell, the plan will greatly enhance the appearance of the site and incorporate historically accurate plants and gardens to showcase the historic buildings. Under the initial phase of the plan, a herringbone brick walkway, funded by longtime BHA member and supporter Billy Scott, has been installed in front of the John C. Manson House. The Carteret Community Foundation recently awarded the BHA \$1150 toward the purchase of appropriate signage for the Site, and new member Sherri Ontjes of Chapel Hill has contributed the funds to purchase and plant two live oak trees.

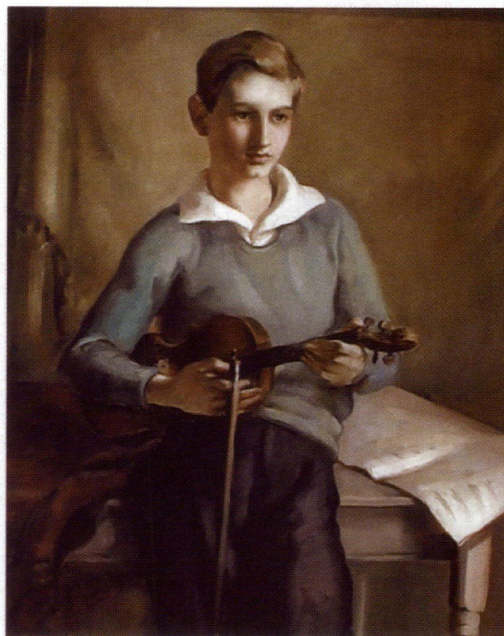
In addition to the John C. Manson House, the Beaufort Historic Site includes the Josiah Bell House (ca. 1825), Samuel Leffer's Cottage (ca. 1778), the R. Rustell House (ca. 1732), Carteret County Jail (ca. 1829), Carteret County Courthouse (ca. 1796), a completely equipped Apotheccary Shop, and the 1831 Fuller House, which serves as the BHA Headquarters. The Historic Site is open daily for tours, as well as during the Old Homes Tour and Antiques Show Weekend—June 24-26, when many private homes and gardens are open to the public. (See Coastal Preview in this issue and Coastal News in the May issue for more on the Old Homes Tour and Antiques Show.)

plumbed and rewired by the previous owner, Maurice Davis, a retired engineer and Beaufort native. Not only had Davis been a good steward of the property, he had taken on researching and writing the history of the Hammock House as a retirement project. The manuscript, assembled in 1984, *History of the Hammock House and Related Trivia*, documents, to the extent possible, each of the house's owners. Davis also addresses the popular local legends that seek to explain the house's original purpose and the reason for its location on a high point at the edge of town on Taylor's Creek, near the mouth of Beaufort Inlet.

Davis notes that the house would have been suitable for an inn, or "ordinary," because sailors could anchor their ships and row to the house from the inlet. There was a considerable amount of trade conducted with the local Indians and settlers by legitimate merchant ships as well as by privateers and pirates, all of whom used the nearby beaches to careen their ships. Another theory Davis explores says that the house was built by pirates, or a coalition of ship captains, to provide a guide to steer into the inlet. Davis examined the maps and charts of the area and

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Dorothy Hart Drew (1912 - c. 1990)
"Portrait of John," ca. 1935, Oil on canvas 48" x 36"

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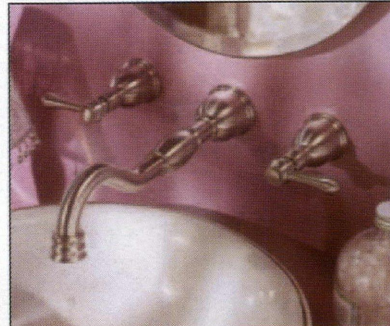
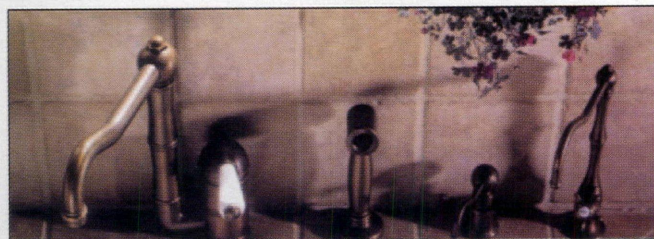


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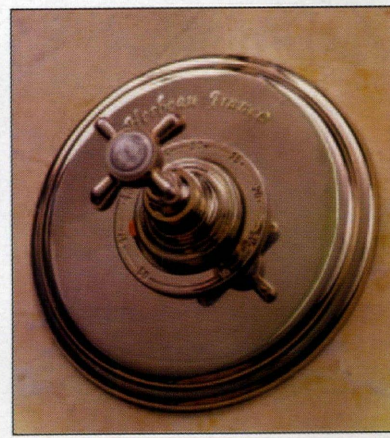
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The feminine daughter's room features sunny yellow walls which compliment the hand-appliqued quilts, floral lampshades, and a brightly colored ceramic parrot.



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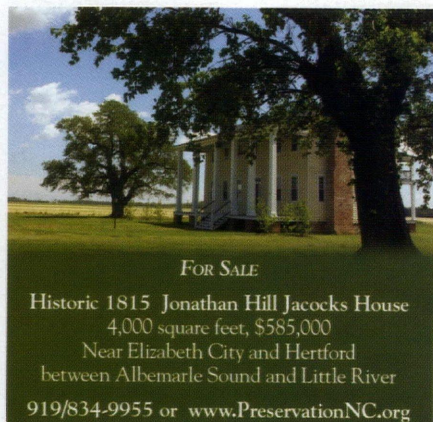
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determined that all of them, from the Moseley map of 1733 to the Holland Chart of 1793, show the Hammock House as a landmark for mariners entering the harbor. Davis also discusses the prospect of the house having served as a fortification, since local lore has it there was a tunnel from the house to a creek, which formerly ran to the east. Tunnels were fairly common in houses near the water, according to Davis, who actually found a trap door cut in the parlor floor that could lead to a waterway.

FAMILY LIVING IN PIRATE'S LAIR

Cullen and the Cloutiers made their own exciting discoveries as they laid down salvaged antique flooring to mend termite damage and planned a discreet rear greenhouse room to accommodate a family sitting and dining area, a laundry and a downstairs bath. After removing the back of the deteriorated shed-roofed porch for the new addition, Cullen uncovered a 30-foot-long beam with axe marks and Roman numerals chiseled at intervals to show where rafters were to be added. This post and beam construction technique is consistent with building technology appropriate to the period of the house and to the region. Cullen found a similar beam as he was enlarging the second-floor bathroom.

Always attentive to Hammock House folklore, Cullen and the Cloutiers were aware that in a 1917 remodeling, human skeletal remains were said to have been found beneath the space that has been renovated as the greenhouse room. Legend has it that three Union soldiers, mustered out of Fort Macon on nearby Atlantic Beach after the attack on Fort Sumter, were directed to lodging at the remote Hammock House. They were never seen again. Betty, who demonstrates excited interest at things old, proudly displays her collection of bone fragments and animal



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A 30-foot-long beam, hand-notched and lettered with Roman numerals, was found when the rear wall was removed to add the greenhouse room.

skeletons unearthed from the grounds around the house.

When deciding on the décor and furnishings for the house, Betty Cloutier wanted an indigenous coastal feeling. A Christmas gift from Gilles was an old heart-pine Eastern North Carolina sugar chest, elegant in its simplicity, that she displays in the dining room beneath a collection of hand-painted antique plates. An Eastern North Carolina farm table is used in the dining room, surrounded by nicely scaled Windsor chairs and set with

pieces from Betty's eclectic collection of blue and white Canton ware.

Surprisingly, several family pieces fit well into the Hammock House décor, including an Up Country South Carolina deacon's bench that had been too long for the Cloutier's home in Chapel Hill. One of a pair of benches that once sat on the Winnsboro home's front porch now occupies the space beneath the windows in the dining room. Another family heirloom, a landscape painting of a lush Florida wilderness, found its

place over the graceful S-curved mantel in the dining room. Another of the inherited Florida paintings hangs in the living room above a matching S-curved mantel.

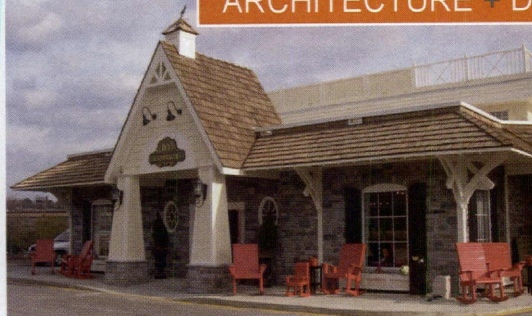
"The mantels came when I asked Rob to replace the Victorian ones in the living room and dining room with replicas of the traditional S-curved mantel I'd seen in the renovated Bell and Manson houses at the Beaufort Historic Site," says Betty. The tropical colors of the living room painting are reflected in the deep green of a painted wicker chair that sits in front of the living room mantel, pairing well with an elaborately carved English armchair upholstered in green striped cotton. On the mantel are two ceramic parrots and several pieces of art glass in jewel-like tones. Betty says collecting parrots rounds out the pirate theme associated with the Hammock House.

A small room adjacent to the living room is outfitted as a study and holds a James Allen Rose model of the *Adventure*, the sloop that Blackbeard sailed in coastal waters. The wall of the study holds advertising memorabilia for Sears "Weatherbeater" paint which used the Hammock House and other historic

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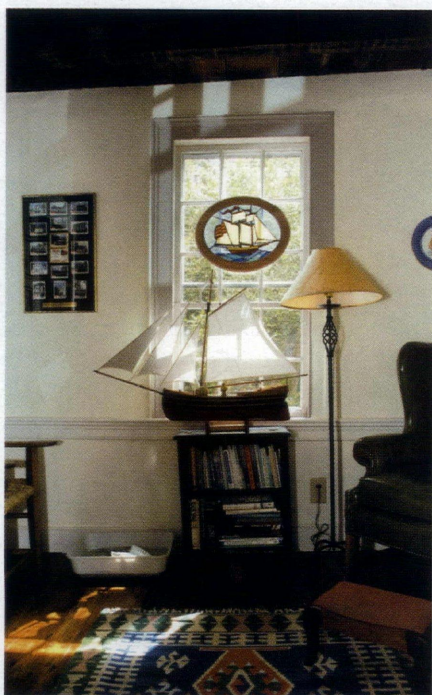
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homes in a 1972 promotion. Two Victorian needlepoint pieces adorn the wall leading to the new greenhouse addition.

The color theme of greens and teal blues are echoed in the coverings and throw pillows on the greenhouse room's comfortable wicker armchairs. There are more parrot paintings and a pair of ceramic parrots perching gracefully on the informal dining table. But the room's most striking accents are two stained-glass windows found in the small storage shed on the rear of the property. One, a memorial window in beautiful opaque greens, yellows and peach, hangs above a parrot-bedecked antique sewing machine.

A trip to the two upper floors brings more opportunities to see playful coastal themed art. The tall walls flanking the narrow stairway and its white painted balustrade display a Craig Gurganus Cape Lookout Lighthouse. And on the wall leading to the third level, an enameled pirate mask, the creation of a notable Montreal artist, holds pride of place.

The third floor is a kneehole room given over entirely to the Cloutier's son Peter. Two pairs of twin beds with brightly colored quilts and floral coverlets blend with a masculine settee and matching armchairs covered in brilliant Caribbean colored stripes. Fishing rods are laid over plastic buckets and a computer is wedged into the dormer niche. The happy disarray of Peter's third floor aerie contrasts



A handcrafted model of Blackbeard's sloop, Adventure, by James Allen Rose is displayed in the study.

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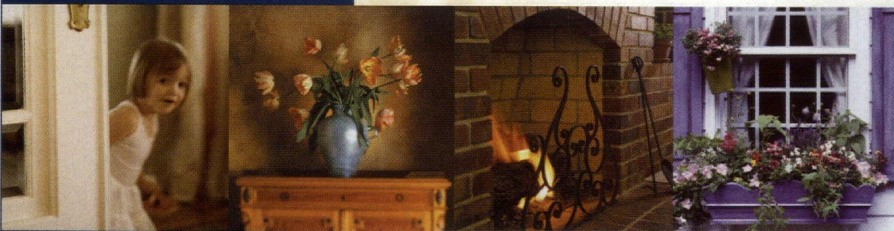
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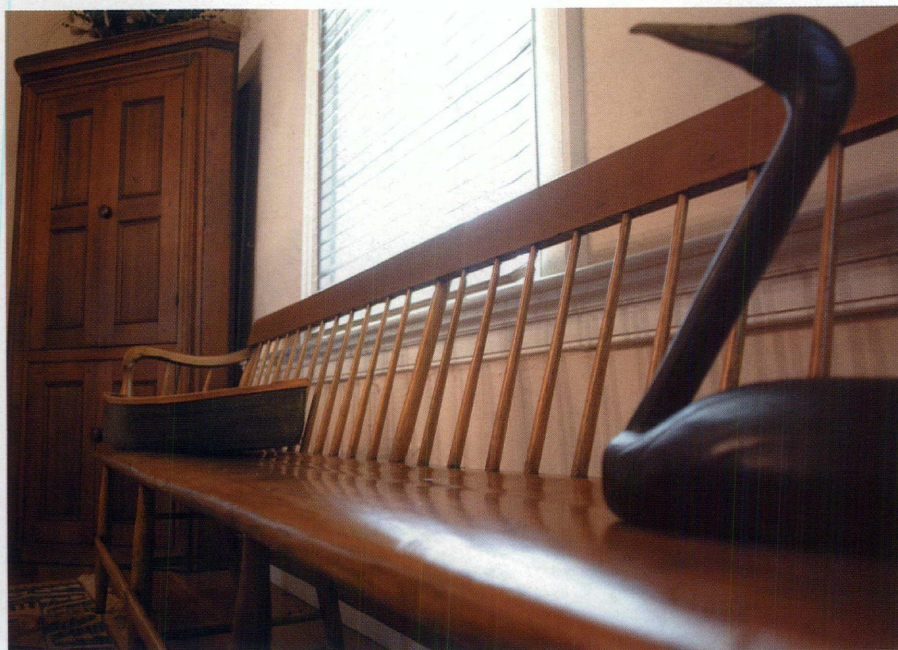
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The spacious third floor kneehole space, son Peter's private aerie, is done in bright Caribbean colored fabrics, and fish art.



nicely with daughter Virginia's feminine second-level room where hand-appliqued quilts and antique cotton tufted spreads on the twin beds lend just the right touch of coziness. A guest room, usually occupied, is done with striped bed throws in peach and green with—what else?—a parrot mobile. It's hard to visit Gilles and Betty Cloutier's Hammock House and reconcile it with the house described by Maurice Davis as he remembered it from his childhood—"standing outside the settled area of town, unkempt, solitary and stark on a sandspur filled hill."

Betty said, "I'm convinced that the spirits that inhabit the house really like having us there and have been very welcoming in every way." **MM**



The living room's distinctive S-curved mantel, so characteristic of Beaufort's old houses, displays a happy collection of parrots and art glass in jewel-like tones.



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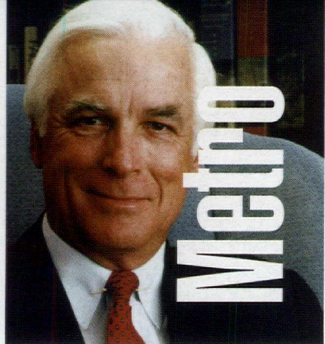


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Editor-at-Large

by Jim Leutze

COASTAL HABITAT PROTECTION PLAN ADDRESSES COASTAL CRISIS

In 1997, frustrated by wrangling among state agencies, the General Assembly instructed they cooperate in drafting a plan to protect the coastal environment. Putting together the Coastal Habitat Protection Plan (CHPP) was daunting work so the legislators allowed eight years for its completion, calling for the report to be endorsed by the Marine Fisheries Commission, Coastal Resources Commission and Environmental Management Commission by December 2004. After much labor and negotiation, the planners and the designated agencies met the deadline. Thus, we have a CHPP, over 600 pages long, including supporting data. Now what?

First, remember that the wrangling referred to above was not simply your garden-variety bureaucratic turf wars; the problems addressed are complex and raise troublesome governance issues. There are obviously overlapping jurisdictions, plus conflicting priorities; moreover, there is never enough money, so it is tough to sort out winners and losers. But they did it and the CHPP, while not perfect, is an impressive piece of work.

But before discussing it further, let's put the larger issues in context. Two national studies have been made of our oceans and their coastlines. First there was the Pew Oceans Report, quickly followed by the White House Report of the U.S. Commission on Ocean Policy. While differing in some material ways, they both agreed that the oceans were in crisis. The Pew Report said, "What we once considered inexhaustible and resilient is, in fact, finite and fragile." Admiral James Watkins, chairman of the U.S. Commission on Ocean Policy, said that the nation needed a new management approach to reverse "the continuing degradation of these economically, ecologically and aesthetically valuable resources." The reports went on to detail

declining fish stocks, polluted beaches and rivers, reduced catches of shellfish and other indicators of an environment under assault from human intervention. So this isn't one of those cases in which scientists disagree (at least not on the problem), or in which we can debate whether we are witnessing a "natural" or "man-made" crisis. As Pogo used to say, "We have met the enemy and it is us."

ened surfaces like roofs, driveways, parking lots and roads. So unless we find a better way to handle storm water runoff—and other sources of "non-point" pollution—innocent new citizens and vacation homebuilders will negatively impact the environment simply by being there.

To make matters more complex, in part in reaction to the two national



CAPE FEAR VISITORS BUREAU

As if this weren't bad enough, report after report and prediction after prediction show that more trouble is on the way. North Carolina's population, and particularly our coastal population, is predicted to grow exponentially over the next 25 years. In 2030 there will be 12 million North Carolinians versus 8 million today, and hundreds of thousands more along our coast, thus putting more and more pressure on our coastal waters. Realize that these people don't necessarily have to do anything bad in order to have a negative impact. Much of the pollution that flows into our bays, creeks and sounds comes from runoff from hard-

oceans reports, the federal National Oceanic and Atmospheric Agency (NOAA) is now encouraging us to think bigger when confronting coastal/ocean issues. They believe, rightly in my view, we should be thinking in terms of "ecosystems," the interlocking relationships between connected regions and species. Rather than looking at fish in isolation, for instance, we should be thinking of the food chain that nourishes them as well as the varied origins of nutrients and pollutants. NOAA recommends that we look far inland, up the river basins, to determine where the toxins that poison coastal habitats originate.

So where does all this leave us? We are being told that an area vital to our economy is in crisis and that the problems have more extensive roots than we previously had thought. There is no question that the coast will see more population pressure, and we do need the injection of revenue these people will bring to the economy. So how do we keep the already serious pressures from leading to collapse of the very quality of life that makes our coast attractive?

CHPP IS THE ANSWER

That brings us back to CHPP. Luckily North Carolina already has a nationally recognized governance structure. In 1974 the state adopted the Coastal Area Management Act (CAMA). The Act in turn established the Coastal Resources Commission, (CRC) which requires all coastal counties to adopt land use plans and oversee enforcement of CAMA rules. We also have the other related organizations mentioned earlier, which cooperated in developing CHPP. Consequently, we are ahead of many other states, yet clearly

more needs to be done. What does CHPP call for?

While it is very difficult to summarize such a lengthy, involved report, I have come away from reading it with several overriding conclusions. First off, it is not filled with long lists of new rules and regulations. Instead, it calls for better enforcement of the rules we already have. It doesn't call for new layers of bureaucracy; however, it does point to areas in all the related agencies that are understaffed. It also calls for more cooperation and coordination to eliminate duplication and delay. In addition, it talks about the need for more public education and more careful identification and mapping of environmentally sensitive habitats. All in all, it is a sensible, well-reasoned call for action. To be sure, there may be some things that vested interests may object to, but the criticism at the public comment sessions was quite mild.

The CHPP is a product of work called for by the General Assembly. How effective that work will be depends on that same General Assembly. CHPP is

the best hope we currently have to save our coastal environment. But without the resources to hire a few new people, and in other ways insure that the rules and regulations are followed, we might as well have saved the time and effort put into this worthy new plan. Restrictions without enforcement results in contempt on the part of those being regulated and frustration on the part of the enforcers.

Luckily there will probably be some new revenue coming into the state coffers. The new salt-water fishing license will go into effect in 2006 and provide "new" money. Not surprisingly there are many people after that money, but disappointingly some of those people expressly don't want any of it used for enforcement. Most people, it would be hoped, can see that the majority of those funds should go to protect the habitat of the fishes that those buying the licenses are trying to catch. Makes sense. So let's hope the General Assembly, farsighted in calling for CHPP, will see it that way and put some fishing license money where it can be most effectively put to use. **MM**

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John Earle Haynes - Co-author of 'In Denial' on the damage caused by Soviet use of the US Communist Party from the 1930s to 1945.

IC Smith - Author of 'INSIDE: A Top G-Man Exposes Spies, Lies and Bureaucratic Bungling Inside the FBI' on Chinese espionage in the U.S.

Nigel West - Author of 'VENONA: The Greatest Secret of the Cold War' on the latest revelations of Soviet espionage.

Steve Usdin - Author of the new 'Engineering Communism: How Two Americans Spied for Stalin and Founded the Soviet Silicon Valley' on the story of two Rosenberg spy ring members who fled to the Soviet Union to help build a city dedicated to microelectronics and computing.

Conference Founder: Bernie Reeves, Editor and Publisher of Metro Magazine



Coastal Event Calendar

COASTAL NEWS

WORLD PREMIERE IN WILMINGTON

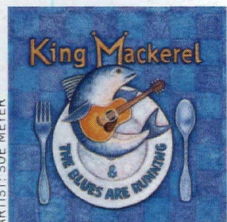
The world premiere of *Pompeii: The Musical*, the story of Bacchus the God of Wine on one last romp, takes place this November at the Thalian Hall Performing Arts Center in Wilmington. The initial production, by not-for-profit World Premiere Theatrical Productions, will feature a professional cast of 27 comprised of local and New York talent.

The idea of a musical about the final 24 hours in Pompeii before Mt. Vesuvius erupted came to Dorothy Papadakos while on a visit to Italy. The book, music and lyrics took two years to compose. The musical comedy will be performed by a full orchestra and directed by Tom Briggs, whose credits include State Fair and Rodgers and Hammerstein's *Cinderella*.

The musical will run November 2-13. Contact the Thalian Hall box office in September for tickets.

KING MACK IS BACK

King Mackerel & the Blues Are Running marks its 20th anniversary with a return



ARTIST: SUE MEYER

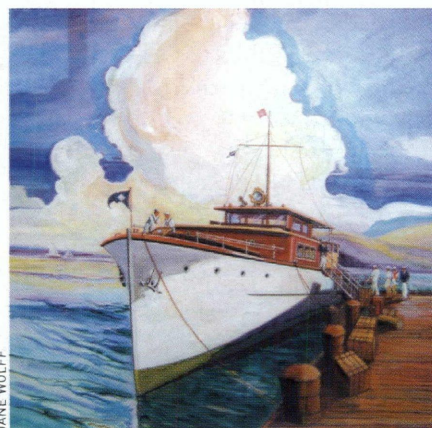
performance June 22-25, June 29-July 2 and July 6-9 in Joslyn Hall on the campus of Carteret Community College in Morehead City, presented by The

North Carolina Coastal Federation and the Core Sound Waterfowl Museum. The musical play, featuring songs and stories of the Carolina Coast, is presented by the original Coastal Cohorts: bass guitarist Don Dixon, pianist Bland Simpson and guitarist Jim Wann. Proceeds are earmarked for the Coastal Federation and the Waterfowl

Museum's programs. Contact the box office for information and tickets: 252-728-1500.

MARITIME MUSEUM FAMILY EXHIBIT

A stained glass boat montage, bottlenose dolphin sculpture, and a sailor's valentine are among the unique works on display through August 7 during the Volunteers, Staff, and Other Half: Arts and Crafts Exhibit by staff members, museum volunteers and spouses of Beaufort's North Carolina Maritime Museum. The show includes original paintings, photographs, sculptures and crafts. Many of the items on display will be for sale. For more information call: 252-728-7317.



JANE WOLFF

Cruising Memories, a painting in acrylics by museum volunteer Albert Goellner of Beaufort is on view in the Maritime Museum Arts and Crafts exhibition

CAMERON ART MUSEUM SEEKS VOLUNTEERS

The summer season heats up at The Cameron Art Museum in Wilmington, creating the need for volunteers to lead educational tours, create flower arrangements for special events, answer phones and other duties. Docents, Membership, Floral, Hospitality, Garden and Information Desk volunteers are some of the committees that seek assistance. You must be 18 or older. For more information, Contact Amy Kilgore: 910-395-5999 ext. 1005.

TERRACE ROOMS OPEN

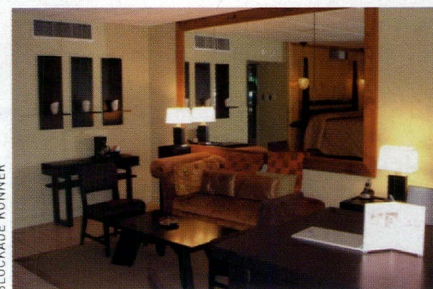
Blockade Runner Beach Resort Hotel and Conference Center, located on Wrightsville Beach, has completed the "Terrace," 27 renovated ocean front balcony rooms featuring contemporary décor, new furnishings and a 42-inch plasma television. With the option of two queen beds or one king, the rooms sleep up to four people. All beds consist of pillow top mattresses and high thread count



CAPE FEAR MUSEUM

Cyril Wyche's *Ship in a Light Bulb*, crafted aboard the SS Cape Race during the winter of 1948-49, will be on display in the exhibition "Living Small: Crafting Miniatures," a scaled down display opening June 17 at the Cape Fear Museum in Wilmington. The exhibition explores the multi-faceted world of miniatures through an interactive display of tiny treasures, toys, trinkets and technologies.

linens. Improved features to the shower area include marble countertops with accented granite, rainforest showerheads and an ocean view through the glass showers. Other amenities include Bath and Body Works products, mini refrigerator, coffee maker, iron and ironing board and a waffle-weave bathrobe.



BLOCKADE RUNNER

Sitting area of one of the oceanfront balcony rooms newly renovated in the "Terrace" at the Blockade Runner.

COASTAL PREVIEW-JUNE

Paul Hee Exhibit: June 1- July 15. Mattie King Davis Art Gallery, **Beaufort**. Call 252-782-5225 or visit www.beauforthistoric-site.org.

North Carolina Symphony Free Event: June 2. Outdoor Pavilion, **Roanoke Island**. Call 252-475-1500, or visit www.roanokeisland.com.

Roanoke Island House Garden & Tour: June 3. Tour of six area homes and gardens; tickets are \$25 and include lunch at the Elizabethan Gardens. Roanoke Marshes Lighthouse and Maritime Museum, **Manteo**. Call 252-473-3234 for more details.

First Friday Family Jazz Concert: June 3. Music by the Roger Davis Trio. Airlie Gardens, **Wilmington**. For information, call 910-793-1111.

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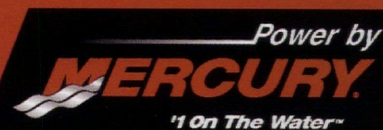
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CAROUSEL CENTER

NORTH CAROLINA'S MICHAEL VAN HOUT created this woodblock print, *The Carousel at Pullen Park* to benefit The Carousel Center in Wilmington. The Center provides a child-friendly environment where medical forensic exams and much-needed counseling, as well as art and play therapy are offered to children throughout southeastern North Carolina who have been victims of physical and sexual abuse. Twelve of the 26-by-22-inch prints are available in black or royal blue for \$250 each. Van Hout lives in Wilmington and has installations exhibited throughout Eastern North Carolina. His famous fish hang in restaurants, libraries, the North Carolina Aquarium at Fort Fisher and numerous other public spaces. New Elements Gallery in Wilmington also carries his work. To purchase a print, or for more information call 910-254-9898.

Form & Fire-Artists Celebrate Clay: June 3-23. Reception to be held June 5. Artists to show variety of clay works ranging from traditional to contemporary; Art Gallery, **Roanoke Island**. Call 252-475-1500, or visit www.roanokeisland.com.

Carteret County Sportsfishing Association Cobia Tournament: June 3-5. CCSA Clubhouse, **Beaufort**. Call 252-240-2751, or visit www.carteretcountysportsfishing.com.

20th Annual Carolina Beach Music Festival Reunion Weekend: June 3-5. Festivities include a Friday evening shag cruise and beach music festival on Sat. Ocean Front Beach Stage, **Carolina Beach**. Call 910-200-3288, or visit www.carolinabeachget-away.com.

Shakespeare on the Green: weekends in June. North Carolina's oldest and largest free outdoor Shakespeare festival. Greenfield Lake Amphitheater, **Wilmington**. Call 910-341-4030 for schedule.

30th Annual Dare Day Celebration: June 4. All day entertainment, including food, arts & crafts and aero fly-over, to celebrate historic Dare County. Waterfront, **Manteo**. Call 252-475-5629 for more details.

Annual Bass Fishing Tournament: June 4. Pembroke Fishing Center, **Edenton**. For

information, call 252-482-5343.

Youth Pier Fishing Tournament: June 4. Rods and reels provided to first 100 children, ages 5-15; admission is \$1. Kure Beach Pier, **Carolina Beach**; call 910-458-2977.

Pit Surf Shop 10-Year Anniversary Party: June 5. Events to include giveaways and music. The Pit Surf Shop, **Nags Head**. Call 252-480-3128 or visit www.pitsurf.com.

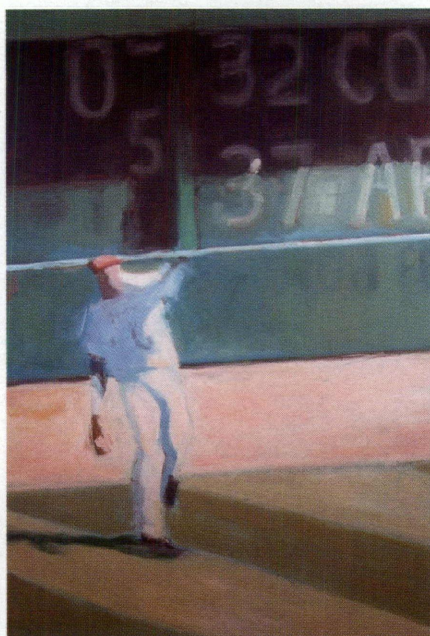
Street Dance & Shag Contest with Casey York: June 5. All ages welcome, open to the public. Carolina Beach Gazebo Stage Boardwalk, **Carolina Beach**. Call 910-200-3288, or visit www.carolinabeachget-away.com.

23rd Annual Rogallo Kite Festival: June 9-12. Celebrate the history of kiting and NASA scientist and inventor Francis M. Rogallo with stunt kite lessons, kite-making, kite-flying, among other activities. Jockey's Ridge State Park, **Nags Head**. Call 252-441-4124, or visit www.kittyhawkkites.com.

People's Choice Exhibit Opening and Reception: June 10. Chowan Arts Council, **Edenton**. Call 252-482-8005, or visit www.chowanarts.org.

Sixth Annual Cobia Tournament: June 10-12. Registration begins June 10. Pirate's Cove, **Manteo**. Call 800-422-3610 or visit www.fishpiratescove.com.

Eric McRay: "Canvas, Color and Coastal,"



RICHARD GARRISON

The Throw-In by Richard Garrison, oil and mixed media on panel, is showing in an exhibition of works by Garrison and Robert Irwin, opening June 11 in Carteret Contemporary Art, Morehead City

Scenes of Wrightsville Beach Exhibit: June 10-July 4. Cape Fear River & Historic Downtown Wilmington; Spectrum Gallery, **Wilmington**. Call 910-256-2323 for more details.

Fourth Annual Paw Jam: June 11. Compete for prizes in pet parade and enjoy music, food, art and more. Battleship Park, **Wilmington**. Call 910-619-5766 or 919-793-4822.



SPECTRUM GALLERY

Pink House by Eric McRay, acrylic on canvas, will open in McRay's exhibition, "Canvas, Color and Coastal," on June 10 at Spectrum Gallery, Wilmington.

Together Again; Two artist show featuring Robert Irwin & Richard Garrison; Carteret Contemporary Gallery, **Morehead City**; June 11-30. Contact 252-726-4071.

Big Rock Lady Angler Tournament: June 11. All-girls Gulf Stream sports fishing event, headquartered in **Morehead**. Call 252-247-3575 or visit www.thebigrock.com.

Big Rock Blue Marlin Tournament: June 11-18. Over 100 anglers compete for big cash prizes during this Crystal Coast tradition. Headquarters in **Morehead**; call 252-247-3575 or visit www.thebigrock.com for tournament information.

Wil-Bear Wright's Festival of Fun: June 15. Children's activities include kite-flying, yo-yo stunts, and face-painting and more. Kitty Hawk Kites, **Nags Head**. Call 252-441-4124 or visit www.kittyhawkkites.com.

Fisher of Men's Golf Tournament: June 16. A fundraiser to benefit the organization's homeless shelter. Registration and lunch begin at 11:30 a.m. Brandywine Bay, **Morehead City**. Call 252-725-1132 or 252-223-2538 for more information.

Beach Jive After Five: June 16. Kitty West in concert, located between Queen's Court Condominiums and the Islander Motor Inn, **Emerald Isle**. Call 252-354-6350 for details.

Living Small: An Exhibit on Miniatures: opens June 17. Cape Fear Museum of His-



Coastal Event Calendar

tory & Science, **Wilmington**. Call 910-342-4350, or visit www.capefearmuseum.com.

Community Music and Water Festival: June 18. Kayak and Canoe races, guided paddles and demos, plus food and local music. South Broad Street Waterfront Park, **Edenton**. Call 800-775-0111, or visit www.visitedenton.com.

Father's Day Cruise on the Henrietta: June 19. Enjoy a buffet dinner and entertainment aboard North Carolina's largest riverboat. Henrietta III Riverboat, **Wilmington**. For ticket prices, call 910-343-1611 or 800-676-0162, or visit www.cfrboats.com.

Battleship Hootenanny: June 21. Join John Golden and Eric Burton and local musicians for an evening of music under the stars. Tickets are \$10 and benefit Friends of the Battleship. Battleship North Carolina, **Wilmington**. Call 910-251-5795 ext. 2045, or visit battleshipnc.com.

U.S. Veteran's Cup Soccer Tournament: June 22-26. Wilmington will host this seven-year-old tournament for the next two years. Age divisions for adult men and women. Various locations in **Wilmington**; call 910-392-0306, or visit www.ncadultsoccer.org.

King Mackerel & The Blues are Running: June 22-July 9. Performances benefit the

Core Sound Waterfowl Museum and N.C. Coastal Federation, and tickets start at \$15. Carteret Community College, **Morehead City**. Call 252-728-1500 for information and tickets.

Sixth Annual Greater Wilmington King Mackerel Tournament: June 23. Proceeds will go toward a children's fishing foundation. \$25,000 grand prize. Final registration at Vector Marine, **Wilmington**. Call 910-452-9750, or visit www.gwkmmt.com for rules and entry fee information.

Second Annual Small Fry Tournament: June 24. Pirates Cove, **Manteo**. Call 800-422-3610, or visit www.fishpiratescove.com

Outer Banks Opry: June 24. Summer season lasts through August 12, with different acoustic music every week. First Flight School Auditorium, **Kill Devil Hills**. Call 252-256-2081, or visit www.outerbanksopry.com.

45th Annual Beaufort Old Homes and Gardens Tour: June 24-25. Historic private homes and public town buildings open for touring, and living history programs scheduled throughout both days. Beaufort Historic Site, **Beaufort**. Call 252-728-5225 or 800-575-7483 for tickets.

Beaufort Antiques Show & Sale: June 24-26. More than 40 antique dealers exhibit at

this annual show and tea room. Crystal Coast Civic Center, **Morehead City**. Call 252-728-5225 or 800-575-7483 for more information.

Quilters By the Sea 23rd Annual Quilt Show: June 24-26. "Southern Comforts" will feature more than 200 quilt art by local and regional quilters. \$5 for admission. Coast Line Convention Center, **Wilmington**. Call 910-352-8404, or visit www.quilters-bytheseaguild.com

Baskets of Summer: June 25. Come enjoy a basketry event for all skill levels, includes classes for beginners. Poplar Grove Plantation, **Wilmington**. Call 910-686-9518 ext. 26, or visit www.poplargo.com.

Dare County Arts Council 30th Anniversary Celebration: June 28. Music by Roots in the Sand; Kelly's Outer Banks Restaurant & Tavern, **Nags Head**. Call 252-473-5558.

Musical Performances by Barbara Bailey Hutchison: June 28-July 1. Popular children's entertainer plays as part of Summer Children's Performance Series. The Film Theatre, **Roanoke Island**. Call 252-475-1500, or visit www.roanokeisland.com.

Look for more Coastal Events in the months to come.



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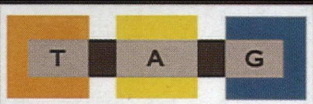
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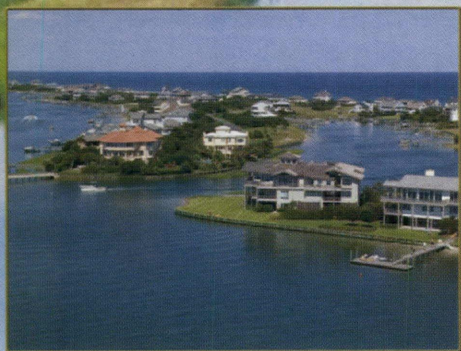
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AND THE WINNERS ARE....

What is the best way to introduce the sixth annual MetroBravo awards?

Perhaps with a drum roll. Or a witty speech followed by the clinking of champagne flutes. You will soon discover that any of these introductions suit this year's MetroBravo results, which run the gamut from the traditional and charming to the spunky and unique and they were all chosen by you, our family of *Metro* readers.

After hours of tallying a record amount of ballot submissions, the moment has arrived and it's time to announce the first half of the results. From where to purchase fine furs and flowers, to who the favorite media personalities are, which resorts readers fancy, and where to go for the best healthcare, Part One of the MetroBravo awards showcases the top winners in retail, home life, healthcare, media and travel.

Sprinkled amongst these reader favorites are a handful of new categories that reflect the growing market and change in consumer trends. It was a close race for many nominees in the new categories, so be sure to read which coastal development, flat screen television, satellite radio brand and gift store received top honors in their first appearance in MetroBravo.

Go ahead and raise your glasses to the following winners, and look forward to Part Two of the MetroBravo results in the July issue, when we tell you which drink readers are filling their glasses with, where to go for the best indulgences, which automobiles voters prefer, and popular events and places to visit.

FASHION

MALL

Standing Ovation

Crabtree Valley Mall, Raleigh

MetroBravo

The Streets at Southpoint, Durham

Honorable Mention

Triangle Town Center & Commons, Raleigh

SHOPPING CENTER

Standing Ovation

North Hills Shopping Center, Raleigh



Ethan Allen Furniture



Jason Craighead



Elaine Miller

MetroBravo

Cameron Village, Raleigh

Honorable Mention

Crossroads Plaza, Cary

Department Store:

Despite the much-heralded arrival of a well-heeled new kid on the block—Saks Fifth Avenue—Belk, an old standby, took best department store. But both stores received plaudits in numerous categories, as did Nordstrom, their hip Durham neighbor. Saks Fifth Avenue, which opened in September 2004 at Triangle Town Center Mall, boasts a bi-level, 80,000-foot space, filled with clothes by high-end designers and gives up-scale boutiques a run for their money.



KINSLEY DEY

DEPARTMENT STORE

Standing Ovation

Belk, Triangle-wide

MetroBravo

Saks Fifth Avenue, Raleigh

Honorable Mention

Nordstrom, Durham

GIFT STORE

Standing Ovation

Charlotte's Jewelry & Gifts, Raleigh and Wilmington

MetroBravo

Lydia's Gifts & Interiors, Raleigh

Honorable Mention

Frances T. King Stationery, Raleigh

Swoozie's, Raleigh

MEN'S CLOTHING STORE

Standing Ovation

Nowell's Clothing, Raleigh

MetroBravo

Brooks Brothers, Raleigh

Honorable Mention

Varsity Men's Wear, Raleigh

MEN'S FORMAL WEAR

Standing Ovation

Nowell's Clothing, Raleigh

MetroBravo

Brooks Brothers, Raleigh



DAVID LEFLER

Charlotte's

Honorable Mention

Saks Fifth Avenue, Raleigh

MEN'S SUITS

Standing Ovation

Varsity Men's Wear, Raleigh

MetroBravo

Jos. A. Bank, Triangle-wide and Wilmington

Honorable Mention

Nowell's Clothing, Raleigh

MEN'S OVERCOATS

Standing Ovation

Saks Fifth Avenue, Raleigh

MetroBravo

Brooks Brothers, Raleigh

Honorable Mention

Nowell's Clothing, Raleigh

MEN'S SWEATERS

Standing Ovation

Brooks Brothers, Raleigh

MetroBravo

Varsity Men's Wear, Raleigh

Honorable Mention

Norman Stockton, Chapel Hill

MEN'S CASUAL WEAR

Standing Ovation

Belk, Triangle-wide

MetroBravo

Norman Stockton, Chapel Hill

Honorable Mention

Nowell's Clothing, Raleigh

MEN'S TIES

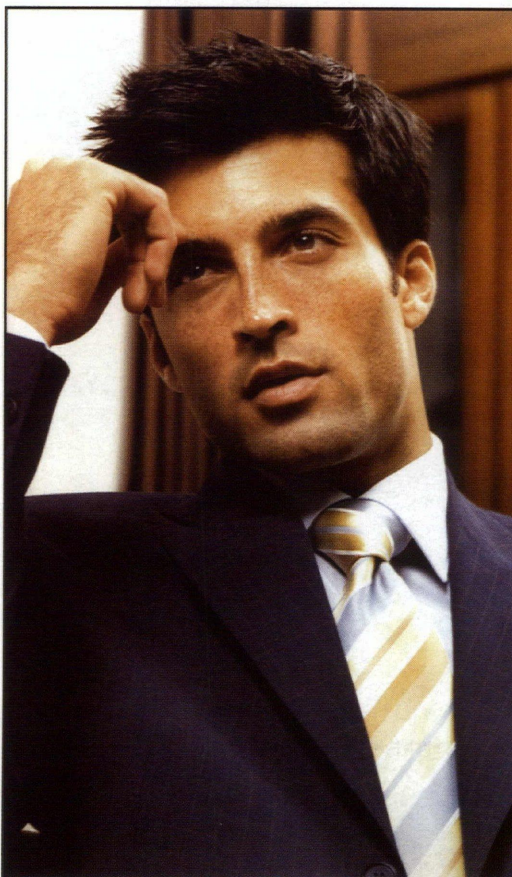
Standing Ovation

Varsity Men's Wear, Raleigh

MetroBravo

Saks Fifth Avenue, Raleigh

Nowell's Clothing, Raleigh



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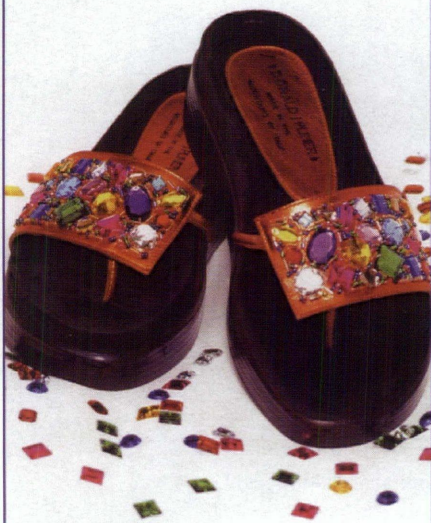
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Honorable Mention

Brooks Brothers, Raleigh

MEN'S PANTS

Standing Ovation

Banana Republic, Triangle-wide

MetroBravo

Nowell's Clothing, Raleigh

Honorable Mention

Belk, Triangle-wide

Saks Fifth Avenue, Raleigh

MEN'S SHOES

Standing Ovation

Nordstrom, Durham

MetroBravo

SRI Shoe Warehouse, Raleigh

Honorable Mention

Belk, Triangle-wide

WOMEN'S CLOTHING STORE

Standing Ovation

Beanie + Cecil, Raleigh and Wilmington

MetroBravo

Razook's, Raleigh and Pinehurst

Honorable Mention

Cameron Clothing Co., Raleigh

WOMEN'S EVENING & COCKTAIL WEAR

Standing Ovation

Saks Fifth Avenue, Raleigh

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DAVID LEFLER

MetroBravo

Beanie + Cecil, Raleigh and Wilmington

Razook's, Raleigh and Pinehurst

Honorable Mention

Cameron Clothing Co., Raleigh

WOMEN'S FUR COATS

Standing Ovation

Hertzberg Furs, Raleigh

MetroBravo

Serotta's Inc., Raleigh and Cary

Honorable Mention

Saks Fifth Avenue, Raleigh

WEDDING DRESSES

Standing Ovation

Enchanting Moments, Fuquay-Varina

MetroBravo

Traditions, Chapel Hill

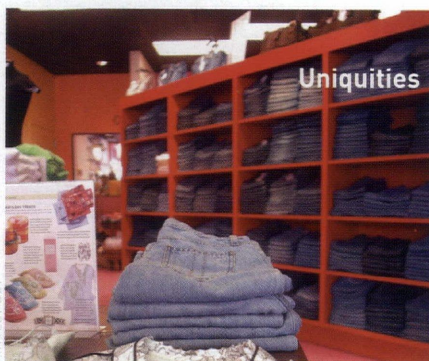
Honorable Mention

Victorian Rose Bridals, Raleigh

WOMEN'S CASUAL WEAR

Standing Ovation

Beanie + Cecil, Raleigh and Wilmington



KINSLEY DEY

MetroBravo

Shop 20-12, Raleigh

Cameron Clothing Co., Raleigh

Honorable Mention

Certain Things, Raleigh

Jeans:

Last week actress Cameron Diaz was wearing a pair of Earnest Sewn jeans, or was it a pair of Sacred Blue? It's hard to keep up. The fashion-conscious can stay on top of Hollywood's latest trends when they shop at Uniquities, which displays magazine clips of denim-clad celebrities and their most recent preferred brands next to the store's giant jean selection. Uniquities keeps more than 1,000 pairs of jeans in stock, and their floor-to-ceiling, denim-stacked shelves offer a wide variety of designers—which is why it's not surprising this boutique took first in the best place for women's jeans category. Beanie + Cecil came in second, and Gap and Old Navy tied for third.

WOMEN'S JEANS

Standing Ovation

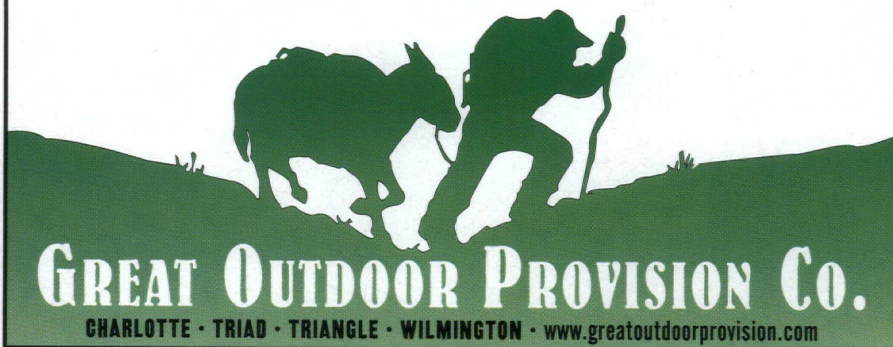
Uniquities, Raleigh and Chapel Hill

MetroBravo

Beanie + Cecil, Raleigh and Wilmington

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Honorable Mention
Gap, Triangle-wide
Old Navy, Triangle-wide

WOMEN'S SHOES
Standing Ovation
Nordstrom, Durham

MetroBravo
Main & Taylor Shoe Salon, Raleigh

Honorable Mention
Saks Fifth Avenue, Raleigh



WOMEN'S HANDBAG
Standing Ovation
Saks Fifth Avenue, Raleigh

MetroBravo
Belk, Triangle-wide

Honorable Mention
Beanie + Cecil, Raleigh and Wilmington

WOMEN'S LINGERIE
Standing Ovation
Victoria's Secret, Triangle-wide

MetroBravo
Crash & Coco Fine Lingerie, Cary

Honorable Mention
Belk, Triangle-wide

MATERNITY CLOTHING
Standing Ovation
Cravings, Raleigh

MetroBravo
A Pea in the Pod, Raleigh

Honorable Mention
Posh Pregnancy, Raleigh

WOMEN'S BATHING SUIT
Standing Ovation
Belk, Triangle-wide

MetroBravo
Water Water everywhere, Raleigh and Durham

Honorable Mention
Target, Triangle-wide

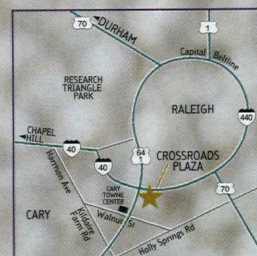
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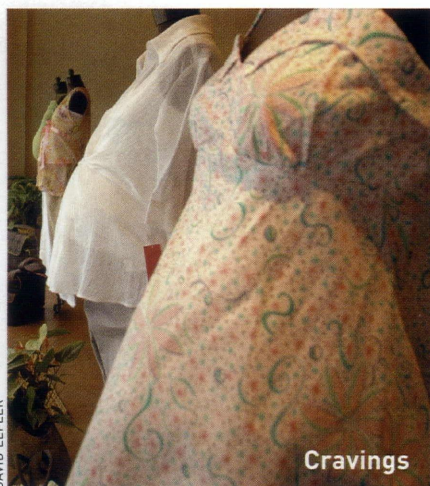
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DAVID LEFLER

Cravings

KID'S CLOTHING

Standing Ovation

GapKids, Triangle-wide

MetroBravo

The Children's Place, Triangle-wide

Honorable Mention

Belk, Triangle-wide

DESIGNER JEWELRY

Standing Ovation

Elaine Miller Collection, Raleigh

MetroBravo

Bailey's Fine Jewelry, Raleigh, Rocky Mount and Greenville

Honorable Mention

Kerry Catherine Contemporary Handcrafted Jewelry, Raleigh

Ora Designers and Fine Jewelry, Raleigh

WEDDING RINGS

Standing Ovation

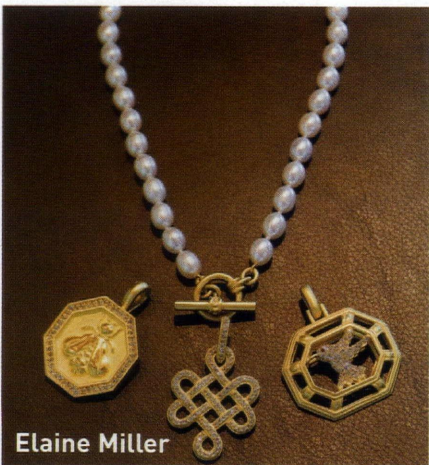
Bailey's Fine Jewelry, Raleigh, Rocky Mount and Greenville

MetroBravo

Jolly's Jewelers and Silversmiths, Raleigh

Honorable Mention

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KINSLEY DEY

Elaine Miller

PEARLS

Standing Ovation

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MetroBravo

Elaine Miller Collection, Raleigh

Honorable Mention

Jolly's Jewelers and Silversmiths, Raleigh

WATCHES

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Elaine Miller Collection, Raleigh

SUNGLASSES

Standing Ovation

Sunglass Hut, Triangle-wide

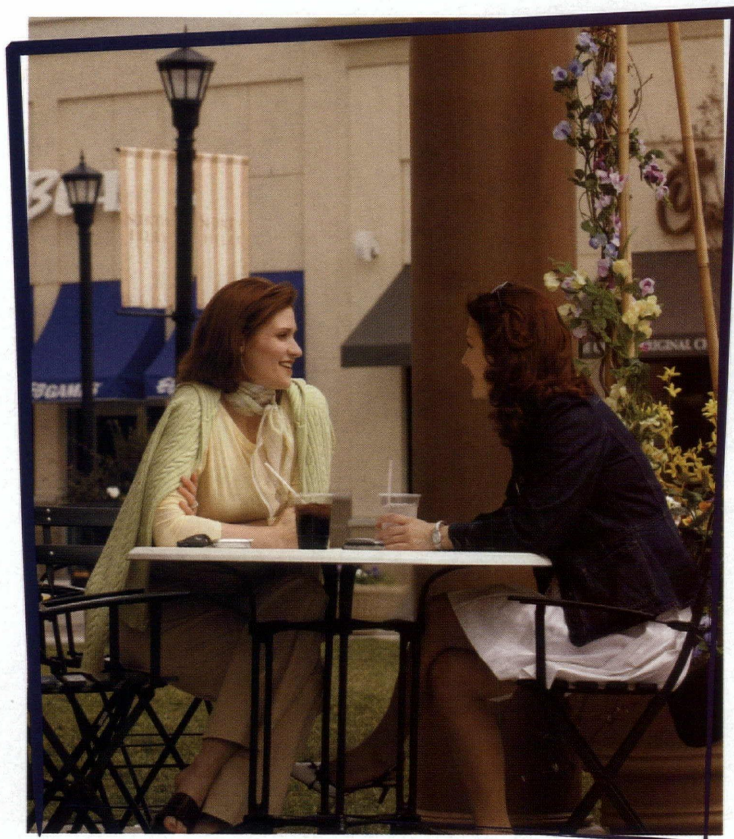
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Saks Fifth Avenue, Raleigh

Honorable Mention

20/20 Eyeworks, Raleigh and Chapel Hill

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DRUG STORE

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Kerr Drug, Triangle-wide

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MetroBravo

Yves Delorme, Raleigh

Honorable Mention

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Dick's Sporting Goods, Triangle-wide

Honorable Mention

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MetroBravo

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Honorable Mention

Jill Flink Fine Art, Raleigh

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Standing Ovation

Hopper Piano, Raleigh

MetroBravo

Ruggero Piano, Raleigh

Honorable Mention

Maus Piano and Organ Co., Raleigh

STATIONERY

Standing Ovation

Frances T. King Stationery, Raleigh

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Swoozie's, Raleigh

Honorable Mention

Papyrus, Raleigh

CHILDREN'S TOYS

Standing Ovation

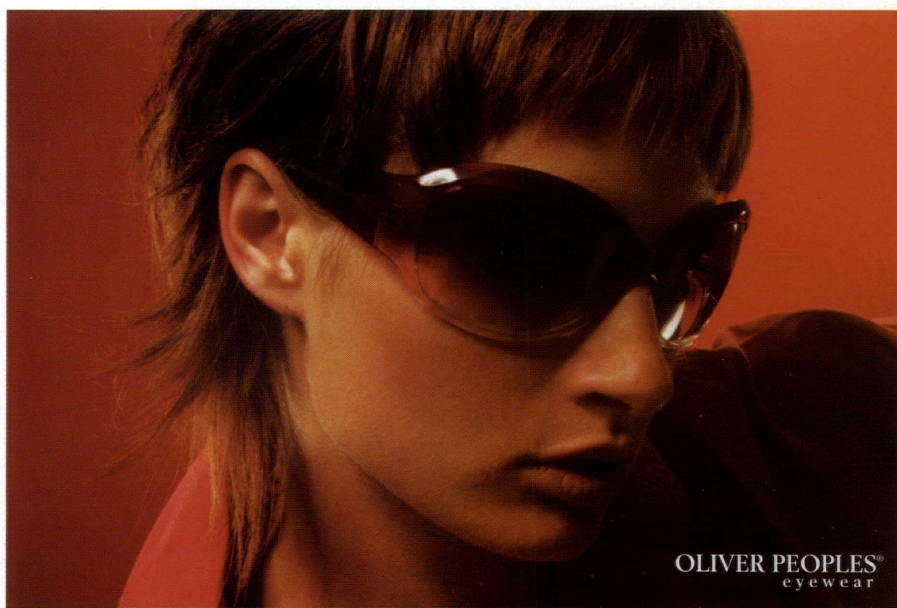
Learning Express Toys, Cary

MetroBravo

Toys R Us, Triangle-wide

Honorable Mention

Tookie's Toys, Raleigh



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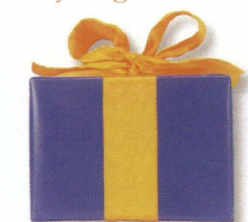
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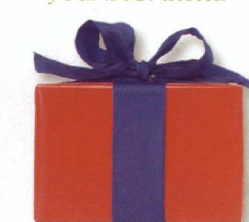
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Wolf Camera, Triangle-wide

Honorable Mention

Ritz Camera, Triangle-wide

COMPUTER

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Dell, Triangle-wide

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Best Buy, Triangle-wide

Honorable Mention

Apple Store, Durham

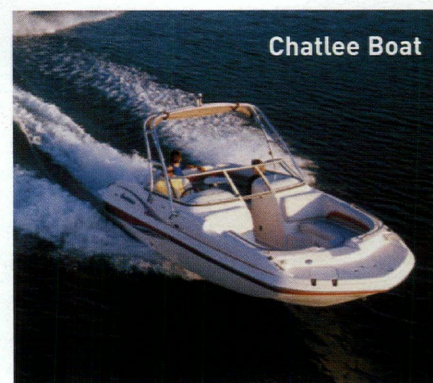
BOAT

Standing Ovation

Chatlee Boat & Marine, Sanford

MetroBravo

Crocker's Marine, Wilmington and Morehead City



Chatlee Boat

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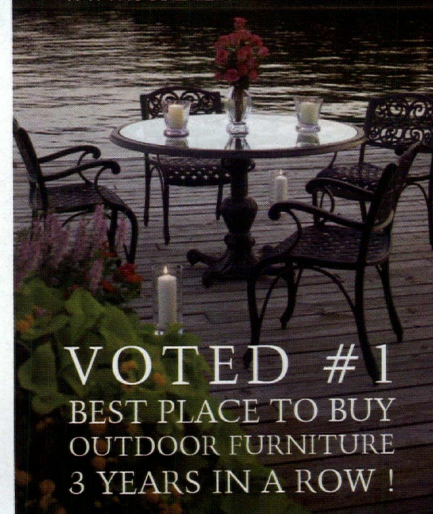
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SATELLITE RADIO

Standing Ovation

XM

MetroBravo

Sirius

Flat Screen TV:

We've got to admit it's getting better. Remember the old ad campaign for Phillips flat screen TVs? Immaculate couples retired to their minimalist homes to watch colorful images on a sleek screen mounted flush with a white wall, with nary a cord hanging about. Oh how seductive was the thought of this clutter-free, cordless lifestyle! But the hefty price tag of the first generation flat screen TVs—about \$10,000—prevented consumers from buying into electronic minimalism right away. Now the market is glutted with plasma and flat screen TVs, and the quality has gone up as the price has dropped, thanks to competing brands like MetroBravo Standing Ovation winner, Sony, and second-place winner, Samsung. Phillips and Magnavox tied for third.

FLAT SCREEN TV

Standing Ovation

Sony

MetroBravo

Samsung

Honorable Mention

Magnavox

Phillips

HOME LIFE

FLORIST

Standing Ovation

Fallons Creative Flowers, Raleigh

MetroBravo

Kelly Odom Flowers, Raleigh

Honorable Mention

Montgomery's Florist, Raleigh

NURSERY

Standing Ovation

Logan Trading Company, Raleigh

MetroBravo

Atlantic Avenue Orchid

Garden Center, Raleigh

Honorable Mention

Homewood Nursery and

Garden Center, Raleigh

LANDSCAPE DESIGN COMPANY

Standing Ovation

Garden Supply Company, Cary

MetroBravo

Integrated Landscapes, Raleigh

Honorable Mention

Bland Landscaping Co Inc., Apex

PLACE TO OWN A SECOND HOME

Standing Ovation

Wrightsville Beach

MetroBravo

Bald Head Island

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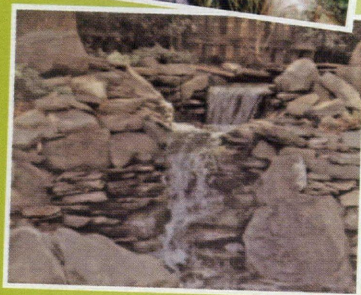
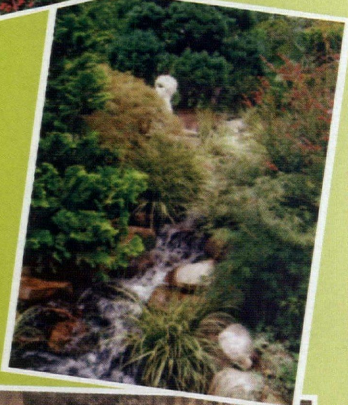
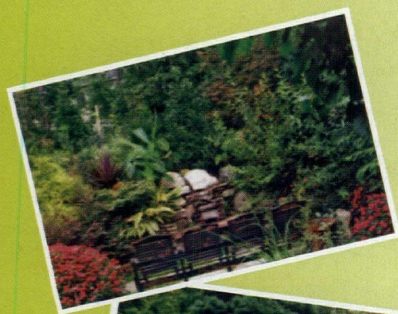
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Place to Own a Second Home:

North Carolina's varied geography offers a wide range of options for retreat, but, when pressed to name the places where they would like to own a second home, Metro readers gravitated beachward. Perhaps it's the allure of rustic beach houses and stretches of that good old Atlantic coastline, or the simple pleasures of Roberts Market's chicken salad and pimento cheese sandwiches, but readers voted Wrightsville Beach their No. 1 choice as a place to own a second home. Second place went to the exclusive, unspoiled Bald Head Island, which vacationers must access by boat and traverse only by foot and golf cart. Atlantic Beach took third in this category.

Honorable Mention
Atlantic Beach

COASTAL DEVELOPMENT
Standing Ovation
Landfall, Wilmington

MetroBravo
Bald Head Island

Honorable Mention
Beacon's Reach, Pine Knoll Shores

CONTEMPORARY FURNITURE
Standing Ovation

Ecko Home Furnishings, Raleigh, Chapel Hill and Wilmington

MetroBravo

Nowell's Contemporary & Scandinavian Furniture, Cary

Honorable Mention

Cherry Modern Design, Raleigh

TRADITIONAL FURNITURE
Standing Ovation

Ethan Allen, Cary, Raleigh and Wilmington

MetroBravo

Green Front Interiors and Rugs, Raleigh

Honorable Mention

Haverty's Furniture, Raleigh, Durham and Wilmington

BEACH HOUSE FURNITURE
Standing Ovation

The Wicker Gallery, Raleigh

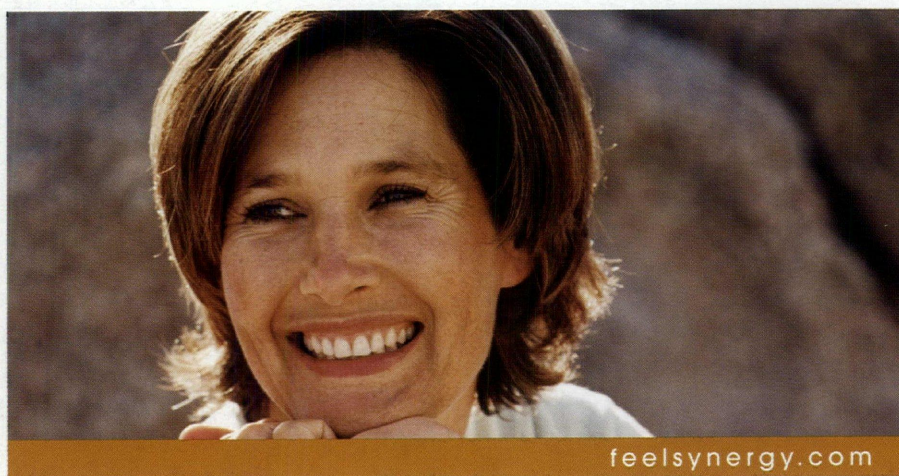
MetroBravo

Furnitureland South, Jamestown, NC

Seaboard Imports, Raleigh

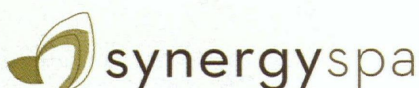
Honorable Mention

Ecko Home Furnishing, Raleigh, Chapel Hill and Wilmington



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OUTDOOR FURNITURE

Standing Ovation

Summer Classics, Raleigh

MetroBravo

Seaboard Imports, Raleigh

Honorable Mention

Lowe's Home Improvement Warehouse,
Triangle-wide

BEDS

Standing Ovation

Fred's Beds, Triangle-wide

MetroBravo

Ethan Allen, Raleigh, Cary and Wilmington

Honorable Mention

Furnitureland South, Jamestown, NC

KITCHEN APPLIANCES

Standing Ovation

Lowe's Home Improvement Warehouse,
Triangle-wide

MetroBravo

Ferguson Bath, Kitchen & Lighting Gallery,
Raleigh, Chapel Hill, Pinehurst and Fayetteville

Honorable Mention

Sears, Triangle-wide

LAMPS

Standing Ovation

Thompson-Lynch Company, Raleigh



DAVID LEFLER

The Wicker Gallery

MetroBravo

Lowe's Home Improvement Warehouse,
Triangle-wide

Honorable Mention

Pier 1 Imports, Triangle-wide

ANTIQUES

Standing Ovation

Regency Antiques & Fine Art, Raleigh

MetroBravo

Acquisitions, Ltd, Raleigh

Seaboard Imports

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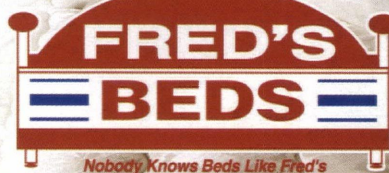
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Greenville New Bern Morehead City Rocky Mount Wilmington



Regency Antiques

Honorable Mention

Regan Lewis Antiques, Raleigh

ART

Standing Ovation

Gallery C, Raleigh

MetroBravo

Somerhill Gallery, Chapel Hill

Honorable Mention

Bev's Fine Art, Raleigh

FABRICS

Standing Ovation

Printer's Alley, Raleigh

MetroBravo

Decorative Fabrics, Raleigh and Durham

Honorable Mention

Mill Outlet Village, Raleigh



Capital Fitness

CARPET

Standing Ovation

Eatmans Carpets & Decorative Rugs, Raleigh

MetroBravo

Brentwood Carpets, Cary

Honorable Mention

Bell's Carpets & Floors, Raleigh

ORIENTAL RUGS

Standing Ovation

Capel Rugs, Raleigh

MetroBravo

The Persian Carpet, Durham

Honorable Mention

Fargo-Hanna Oriental Rug Gallery, Raleigh and Durham

HEALTHCARE/WELLNESS

Hospitals:

No need to worry if there is another baby boom-Triangle hospitals are waiting with open arms with quality healthcare. Rex Hospital continued its reign at the top when it received the Standing Ovation for the best hospital, emergency room and birthing center. WakeMed returned as the MetroBravo recipient in all three categories. The votes for this year's Honorable Mention were as fun to tally as watching the Carolina - Duke basketball game. But, in the end, the UNC Hospitals in Chapel Hill won the Honorable Mention for the best hospital, emergency room and birthing center.



Hopper Piano

HOSPITAL

Standing Ovation

Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

Univ. of North Carolina Hospitals, Chapel Hill

EMERGENCY ROOM

Standing Ovation

Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

Univ. of North Carolina Hospitals,
Chapel Hill

Acupuncturist:

When patients want an alternative to traditional medicine, they go straight to the point—the needle-point. This form of oriental medicine remedies physical and emotional ailments and heightens awareness and creativity. Dr. Lei Zheng of Eastern Traditions receives top honors for her practice in Raleigh. Wilmington-based Daerr Reid's popular approach to diagnosis and treatment landed her the MetroBravo award. And acupuncturist Marc Cutler of Advanced Healthcare Solutions may experience déjà vu after receiving Honorable Mention for the second year in a row.

BIRTHING CENTER

Standing Ovation

Rex Hospital, Raleigh

MetroBravo

WakeMed Health & Hospitals, Raleigh

Honorable Mention

Univ. of North Carolina Hospitals,
Chapel Hill

CARDIAC CENTER

Standing Ovation

WakeMed Health & Hospitals, Raleigh

MetroBravo

Rex Heart Center, Raleigh

Honorable Mention

Duke Heart Center, Durham

CANCER CENTER

Standing Ovation

Duke Comprehensive Cancer Center, Durham

MetroBravo

Univ. of North Carolina Hospitals,
Chapel Hill

Honorable Mention

Rex Cancer Center, Raleigh

EYECARE CENTER

Standing Ovation

Duke Eye Center, Durham

MetroBravo

North Carolina Eye & Ear Clinics,
Durham

Honorable Mention

Eye Care Associates, Triangle-wide



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PLASTIC SURGERY CENTER

Standing Ovation

Raleigh Plastic Surgery Center, Raleigh

MetroBravo

Duke Health's Division of Plastic and Reconstructive Surgery, Durham

Honorable Mention

Aesthetic & Reconstructive Plastic Surgery, Raleigh

VEIN CLINIC

Standing Ovation

Duke Aesthetic Center, Durham

MetroBravo

University of North Carolina Vein Clinic, Chapel Hill

Honorable Mention

VeinCare of NC, Raleigh

VETERINARY CLINIC

Standing Ovation

Oberlin Animal Hospital, Raleigh

MetroBravo

Hayes Barton Animal Hospital, Raleigh

Honorable Mention

Falls Pointe Animal Hospital, Raleigh

ACUPUNCTURIST

Standing Ovation

Dr. Zheng, Eastern Traditions, Cary

MetroBravo

C. Daerr Reid, L. Ac. MSOM, East Coast Acupuncture and Massage, Wilmington

Honorable Mention

Marc Cutler, D.O.M. (N.M.) L. Ac., Dipl. Ac., Advanced Healthcare Solutions, Raleigh

Spa:

North Carolinians love the state they're in, and rightly so—from the secluded outer banks in the east to the densely wooded Appalachian mountains in the west—residents don't have to travel far to revel in their state's natural beauty, or to receive the pampering they deserve. Voters retained the Spa at Pinehurst and The Grove Park Inn in Asheville as their first and second choices in the resort spa category, unable to resist the allure of Pinehurst's hole-in-one spa package, which includes a sportsman's soak, pine salt scrub and golfer's massage. (For women, Pinehurst signatures include a magnolia luxury facial, holly berry back and foot treatment, among a myriad of manicure, pedicure and massage options). Readers only travel out of state to indulge at the ever-green—no pun intended—Greenbrier Inn in White Sulphur Springs, W.V., which took third.

ASSISTED LIVING CENTER

Standing Ovation

Magnolia Glen Retirement Community, Raleigh

MetroBravo

Sunrise Assisted Living, Raleigh

Honorable Mention

Springmoor Lifecare Retirement

Health Club:

It's no secret; a person's decision to join a gym is motivated by health and social reasons—as well as the desire for a healthy physique—and Capital Fitness Health Center caters to both needs with their numerous group exercise classes taught by experienced instructors. Their clientele revealed their satisfaction with this gym's programs, state-of-the-art equipment, and convenient access by voting them the top Health Club. 02 Fitness returned to the list of winners again this year. Their three Triangle locations and Wilmington facility have helped shape many Metro readers and win 02 the MetroBravo award. Gold's Gym Athletic Club, which recently opened a new North Hills location, jogged away with Honorable Mention award.

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Julie A. Woodward, MD



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Community, Raleigh

HEALTH CLUB

Standing Ovation

Capital Fitness Health Center, Triangle-wide

MetroBravo

O2 Fitness Health Clubs, Triangle-wide and Wilmington

Honorable Mention

Gold's Gym Athletic Club, Triangle-wide

WELLNESS CENTER

Standing Ovation

Rex Healthcare Wellness Centers, Raleigh

MetroBravo

Duke Health and Fitness Center, Durham

Honorable Mention

West Mill Wellness Center, Raleigh

DAY SPA

Standing Ovation

Skin Sense: A Day Spa, Raleigh and Cary

MetroBravo

Synergy Spa, Raleigh

Bella Trio Day Spa, Durham

Honorable Mention

Blue Water Spa, Raleigh

Iatria, Raleigh

Hair:

You don't have to rely on Clairol Natural Instincts to discover a new you. For perfect hair hues, this year's winners in the new category for best hair salon specialize in finding the shades to fit personal styles and color palettes. DS Parada Color Café, Standing Ovation winner for best hair salon, places individuals in one of three primary color rooms—red, blue and yellow—aimed at enhancing stylists' ability to match color to client. City Market Designs placed second, and Douglas Carroll Salon and Salon 21 tied for third.

HAIR SALON

Standing Ovation

DS Parada Color Café, Raleigh

MetroBravo

City Market Designs, Raleigh

Honorable Mention

Douglas Carroll Salon, Raleigh

Salon 21, Raleigh

RESORT/TRAVEL/HOTEL

AIRLINE

Standing Ovation

American Airlines

MetroBravo

Southwest

Honorable Mention

Delta

LIMOUSINE AND CAR SERVICE

Standing Ovation

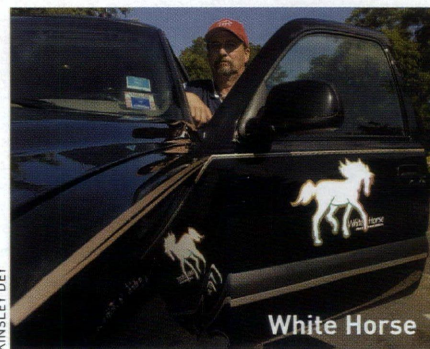
White Horse Transportation, Raleigh

MetroBravo

Capital Style Luxury, Cary

Honorable Mention

Midtown Express, Raleigh



KINSLEY DEY

White Horse

CAR RENTAL FIRM

Standing Ovation

Enterprise Rent-A-Car

MetroBravo

Hertz

Honorable Mention

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CITY HOTEL

Standing Ovation

Embassy Suites Hotel, Cary

Sheraton Hotel, Raleigh

MetroBravo

Marriott Crabtree Valley, Raleigh

Honorable Mention

The Siena Hotel, Chapel Hill

COASTAL HOTEL

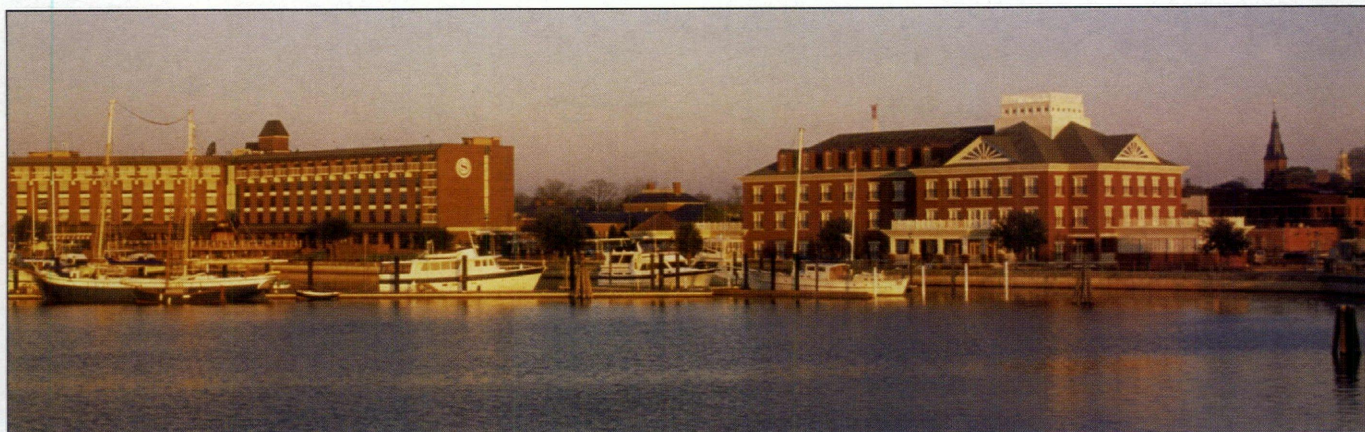
Standing Ovation

Holiday Inn SunSpree Resort,

Wrightsville Beach

MetroBravo

Blockade Runner, Wrightsville Beach

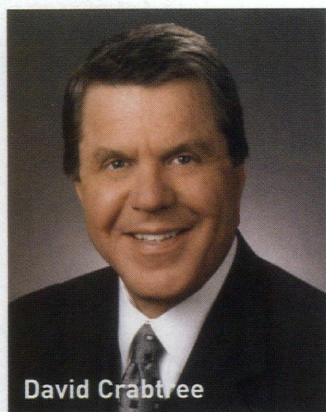


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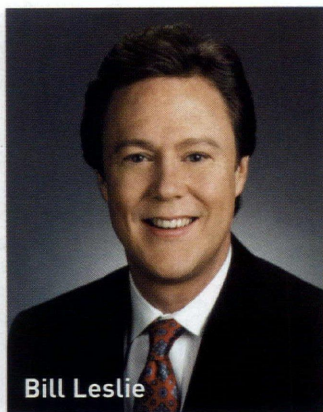
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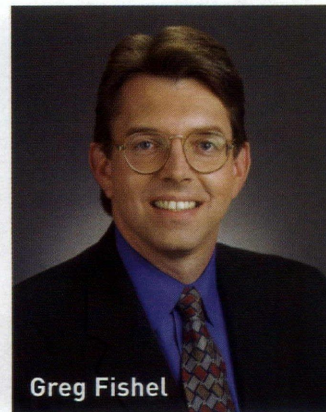
David Crabtree



Bill Leslie



Pam Saulsby



Greg Fishel

Hotel for Out of Town Guests:

The comfort, familiarity and convenience of Embassy Suites in Cary make it a reliable bet for travelers, especially those who are visiting Raleigh. It's a family-friendly place with all the expected amenities, making it a shoo-in for the best hotel for out-of-town guests. For those who desire lodging with local charm and high-quality service, the second and third places winners—The Siena Hotel and The Carolina Inn in Chapel Hill—might be more their speed. Both are located in Chapel Hill, and the latter is on the National Register of Historic Places.

Honorable Mention

Sheraton Atlantic Beach Oceanfront Hotel, Atlantic Beach

HOTEL FOR OUT OF TOWN GUESTS

Standing Ovation

Embassy Suites Hotel, Cary

MetroBravo

The Siena Hotel, Chapel Hill

Honorable Mention

The Carolina Inn, Chapel Hill

HOTEL FOR MEETINGS

AND CONVENTIONS

Standing Ovation

Sheraton Imperial Hotel & Convention Center, Durham

MetroBravo

North Raleigh Hilton, Raleigh

Honorable Mention

Marriott Crabtree Valley, Raleigh

COASTAL HOTEL FOR MEETINGS

AND CONVENTIONS

Standing Ovation

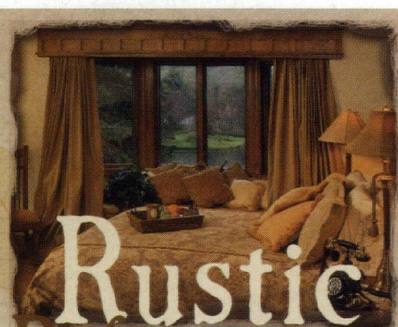
Blockade Runner, Wrightsville Beach

MetroBravo

Holiday Inn SunSpree Resort, Wrightsville Beach

Honorable Mention

Sheraton New Bern Hotel & Marina, New Bern



Rustic Refinement

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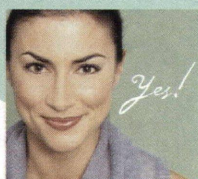
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Steve Daniels

NC BEACH RESORT

Standing Ovation

The Sanderling Resort & Spa, Duck

MetroBravo

Bald Head Island

Honorable Mention

Sea Trail, Sunset Beach

NC MOUNTAIN RESORT

Standing Ovation

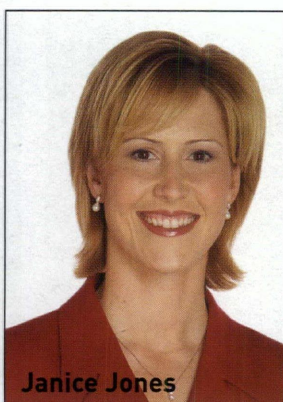
The Grove Park Inn Resort & Spa, Asheville

MetroBravo

Beech Mountain

Honorable Mention

Chetola Resort, Blowing Rock



Janice Jones

RESORT SPA

Standing Ovation

The Spa at Pinchurst, Pinchurst

MetroBravo

The Grove Park Inn Resort & Spa, Asheville

Honorable Mention

The Greenbrier Resort, White Sulphur Springs, W.V.



Sheri Logan

Honorable Mention

Steve Daniels, ABC 11

Bill Leslie, WRAL-TV5

Weather Personality:

With antics such as "Fish in the Pond," WRAL-TV5's Meteorologist Greg Fishel gambled his way into viewer's hearts. Fishel's February plunge in the news station's fountain was the result of a bad bet. In a bold move, Fishel predicted measurable snow or ice at the Raleigh-Durham International Airport before the end of February or he would take a dip in the 37-degree fountain. February passed without wintry precipitation, and on February 28, viewers found Fishel, dressed in Hawaiian garb and a straw hat, splashing around in the fountain. Votes poured in as a result of his entertaining forecasts, and readers honored Greg Fishel with a Standing Ovation award. Janice Jones of NBC-17 received the MetroBravo award for second place and Elizabeth Gardner, Greg Fishel's colleague at WRAL-TV5, received Honorable Mention.

MEDIA

REGIONAL TV PERSONALITY

Standing Ovation

David Crabtree, WRAL-TV5

MetroBravo

Pam Saulsby, WRAL-TV5

NATIONAL TV PERSONALITY

Standing Ovation

Peter Jennings, ABC *World News Tonight*

MetroBravo

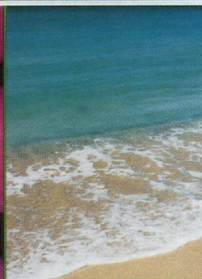
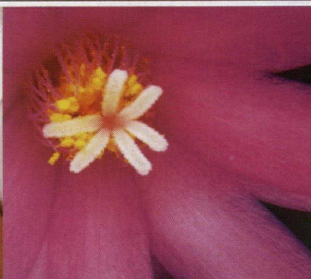
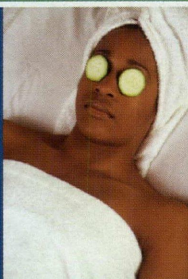
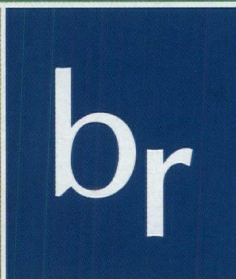
Oprah Winfrey, ABC *Oprah Winfrey Show*

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Honorable Mention

Charles Gibson, ABC *Good Morning America*

Diane Sawyer, ABC *Good Morning America*

WEATHER PERSONALITY

Standing Ovation

Greg Fishel, WRAL-TV5

MetroBravo

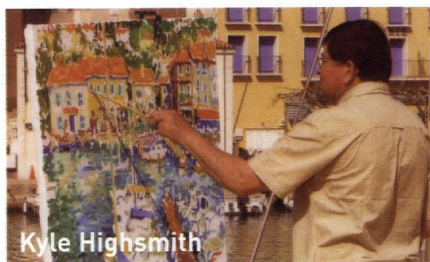
Janice Jones, NBC 17

Honorable Mention

Elizabeth Gardner, WRAL-TV5

Author:

Metro readers are romantics at heart, and their choice for favorite local author—Nicolas Sparks—reveals their softer side. Sparks' old-fashioned love stories, several of which have been adapted to the big screen, including *Message in a Bottle* and *The Notebook*, are infused with local lore and drip with sentiment thicker than homemade maple syrup. David Sedaris, who took second in this category, rose to fame with his wryly observant, irreverent short stories—many of which refer to his North Carolina childhood—compiled in books like *Me Talk Pretty One Day* and *Dress Your Family in Corduroy and Denim*. Mystery writer Margaret Maron won honorable mention in this category.



Kyle Highsmith

RADIO PERSONALITY

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Rush Limbaugh

MetroBravo

Don Imus, WFAN

Honorable Mention

Sheri Logan, WRAL-FM

FICTION BOOK

Standing Ovation

The Da Vinci Code by Dan Brown

MetroBravo

State of Fear by Michael Crichton

Honorable Mention

Left Behind by Tim LaHaye and Jerry B. Jenkins

NON-FICTION BOOK

Standing Ovation

My Life by Bill Clinton

MetroBravo

French Women Don't Get Fat by Mireille Guiliano

Honorable Mention

Rich Dad, Poor Dad by Robert T. Kiyosaki and Sharon L. Lechter

LOCAL AUTHOR

Standing Ovation

Nicholas Sparks

MetroBravo

David Sedaris

Honorable Mention

Margaret Maron

LOCAL ARTIST

Standing Ovation

Kyle Highsmith

MetroBravo

Jason Craighead

Honorable Mention

Bob Irwin

LOCAL BOOKSTORE

Standing Ovation

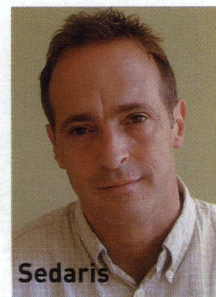
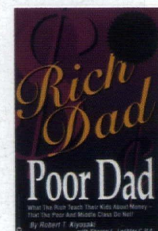
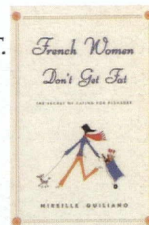
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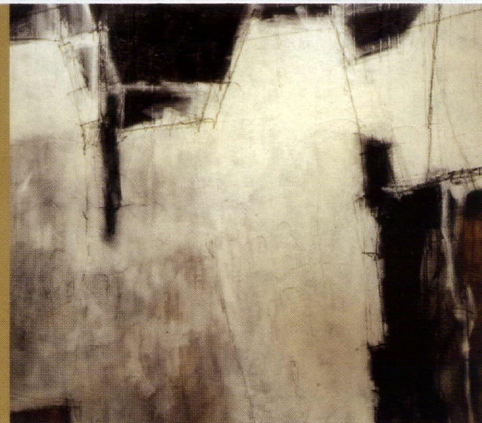
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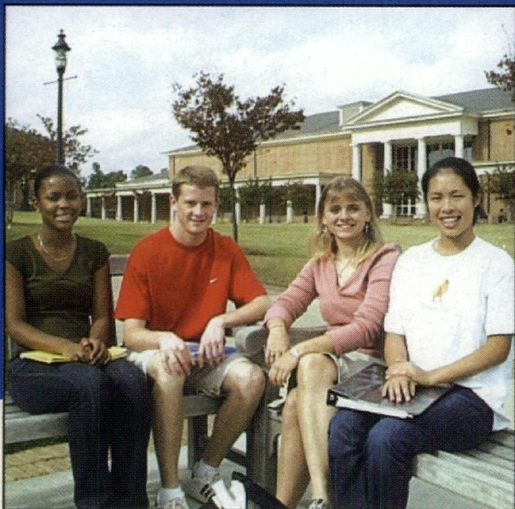
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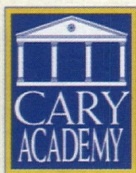
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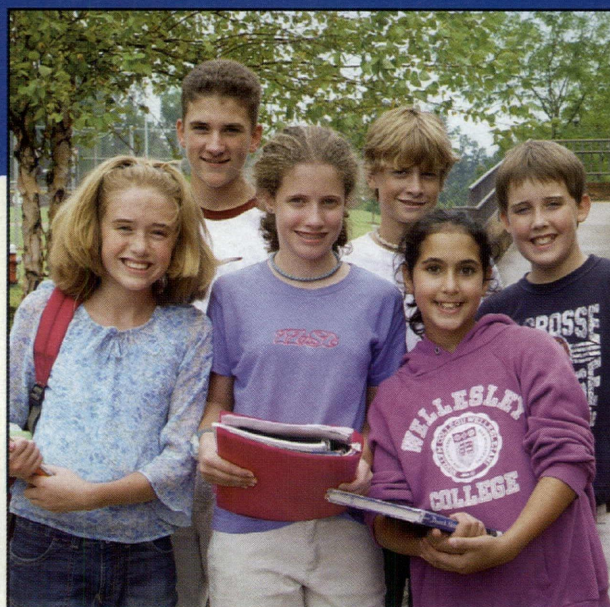
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Shown here kids and their parents enjoy games and rides at last years Hillsborough Hog Day. This years event will be held June 17 & 18. (See Preview Potpourri for details.)



PHOTO BY RON FOREMAN



PHOTO BY PATTY GRIFFIN

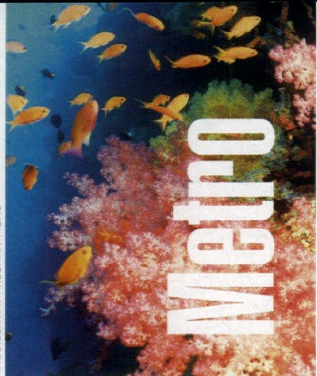
Openings

Dorothy Brown stars in the suspense thriller *Dial M For Murder*, opening June 16 in University Theatre's summer mystery series, "TheatreFest," in Thompson Theatre on the NC State campus, Raleigh. (See Preview Stage and Screen for details.)



BIG ROCK BLUE MARLIN TOURNAMENT

The 2004 Big Rock Blue Marlin Tournament winner was the *Impulse*, Captained by Donald Lane. Winnings totaled \$711,375. This year's tournament will be held June 11-18 at Morehead City with boats leaving from Beaufort Inlet or Oregon Inlet. (See Coastal Preview for details.)



Preview

by Frances Smith

JUNE IS A MANY SPLENDORED MONTH

GALLERIES



Interior with Red Curtains by Libby Smart is on view in "Interiors," an exhibition now open at Beaufort Fine Art, Beaufort

INTERIORS: Featuring gallery artists; Beaufort Fine Art, Beaufort; thru June 10. Contact 252-728-4955.



Coconut Breeze by Carol Tokarski is part of the exhibition "On the Beach" opening June 3 at Carolina Creations in New Bern

SMALLER WORKS BY GREAT AMERICAN MASTERS: Regency Antiques & Fine Art Gallery, Raleigh; thru June 18. Contact 919-835-2646.

MEGHAN & BILL GREGORY: Jerry's Artarama, Raleigh; thru June 30. Contact 919-876-6610 or www.jerryartevents.com.



Preparation II, mixed media on canvas by Kate Long, hangs in an exhibition of Long's paintings at City Art Gallery, Greenville

JOYCE WATKINS KING: Mixed media paintings; Fins Restaurant, Raleigh; thru July 30. Contact 919-847-4119 or www.tarheelgallery.com.



Fiesta, watercolor by Nancy Meadows Taylor is on view in an exhibition of her recent work called "Flowers" at Tyndall Galleries, Chapel Hill

FLOWERS: Nancy Meadows Taylor's recent paintings; Tyndall Galleries, Chapel Hill; thru July 9. Contact 919-942-2290 or www.tyndallgalleries.com.

ART WITH A TOUCH OF GRACE: art tapestry by Grace Li Wang; Grace Li Wang of the Event Gallery, Millbrook Lake Center, Raleigh; thru July 31. Contact 919-871-5800 or visit www.GraceLi-Wang.com.

COLORS OF EARLY SUMMER: Collection of mixed media; Nancy Tuttle May Studio, Durham; June 1-30. Contact 919-688-8852 or www.nancytuttle-may.com.

TRANSPARENCY & OPAQUENESS: THE LAYERING OF IMAGES: Audrey Kilgore exhibit of original digital prints created through Adobe Photoshop; Nash Arts Center, Nashville; June 3. Contact 252-459-4734.

EVENTS AT ARTSPACE: Raleigh. Contact 919-821-2787 or artspacenc.org.

• **WATER MARKS, EXPLORING THE INVISIBLE:** Visual art & photography by Wendy Savage; Upfront Gallery; (Reception June 3) June 3-25.

• **VARIATIONS ON THE SQUARE:** Visual art & painting by Annette Rogers; Lobby; (Reception June 3) June 3-25.

ART EXHIBIT/OPENING RECEPTION: Paintings by Lauren Bobo, Courtney Herndon & Betty Chaplain, pottery by Linda & Charles Riggs; Campbell House Galleries, Southern Pines; (Reception June 4) June 3-27. Contact



L'Atelier Mourlot, Lithograph by Marc Chagall, will hang in the exhibition "Mystical Realism", opening June 10 at Animation & Fine Art Galleries, Chapel Hill



GALLERY C

Ploughing (November), wood engraving on paper, circa 1933, published in "The Farmer's Year", is by Clare Leighton (1901-1988), who emigrated from England and settled in Durham in 1939. Her work will be on view in an exhibition by 20th-century printmakers, opening June 17 at Gallery C, Raleigh



JOYCE WATKINS KING

Golden Composition by Joyce Watkins King is part of an exhibition of her work showing through July at Fins Restaurant, Raleigh

910-6692-4356 or www.artsCouncil-moore.org.

ON THE BEACH; Large scale oil & acrylic paintings by Carol Tokarski & Janet Francoeur; Carolina Creations, New Bern; June 3-Aug 1. Contact 252-633-4369 or www.carolinacreations.com.

EVENTS AT DURHAM ARTS COUNCIL; Durham; June 4-July 31. Contact 919-560-ARTS or www.durhamarts.org:

• **POSTSCRIPT;** Photographs by Karl Koga; Allenton Gallery.

• **JEFF MURPHY;** Recent digital works; Semans Gallery.

ARTIST OPEN HOUSE; Works of Alice White; Chatham Hill Winery, Morrisville;

June 5. Contact 919-380-7135 or www.chathamhillwine.com.

GINGER MEEK ALLEN; Metalsmith; The Cotton Company, Wake Forest; June 6-July 4. Contact 919-570-0087 or www.thecottoncompany.net.

EVENTS AT CITY ART GALLERY; Greenville. Contact 252-353-7000 or www.city-art-gallery.com:

• **MARK HORTON & JAMES KERR;** Recent works; June 9-July 7

• **KATE LONG,** paintings on the passion of the ballet; ongoing exhibition

EVENTS AT ANIMATION & FINE ART GALLERIES; Chapel Hill. Contact 919-968-8008 or www.animationandfine-art.com:

• **MARC CHAGALL-MYSTICAL REALISM;** (Reception June 10) June 10-July 7.

• **MEMORABILIA SHOW;** Autographs of TV, movie & sports figures; thru June 30.

TOGETHER AGAIN; Two artist show featuring Robert Irwin & Richard Garrison; Carteret Contemporary Gallery, Morehead City; June 11-30. Contact 252-726-4071.

20TH-CENTURY PRINTMAKERS; exhibition by two 20th-century printmakers, Claire Leighton & Bernard Brussel-Smith; Gallery C, Raleigh; opening June 17. Call 919-828-3165 or visit www.galleryc.net

TRANSITION; exhibition by three NC artists, Mickey Gault, Susan Phillips & Elaine Reed; Garden Gallery, Raleigh; June 19-July 31. Call 919-787-2999 or visit www.gardengalleryart.com

CLASSICAL

NC SYMPHONY EVENTS; Koka Booth Amphitheatre, Regency Park, Cary. Contact 919-469-4061 or www.ncsymphony.org:

• **PLAY WITH THE PROS;** Musicians register for an opportunity to sit with NC Symphony & perform; June 1.

• **GRANT'S BEST OF BRITAIN;** Music Director Grant Llewellyn's music from British Isles; June 4.

• **BROADWAY WITH AWARD-WINNING MUSICALS;** Walk down Tony Lane, including music from *The King & I*, *Music Man*, *Evita* & *Les Miserables*; June 11.

• **SHALL WE DANCE;** Classical music's best dance tunes; June 18.

• **PINK MARTINI;** Part cabaret & Latin swing; June 25.

TRIANGLE WIND ENSEMBLE; Directed by Robert C. Hunter; Contact www.trianglewind.org:

• **SIMPLE GIFTS;** Cary Academy, Cary; June 4.

• **CONCERT IN THE PARK;** Fletcher Park, Raleigh; June 12.

RALEIGH RINGERS; Meymandi Concert Hall, Raleigh; June 12. Contact 919-834-4000 or www.rr.org.

POP MUSIC

EVENTS AT ALLTEL PAVILION; Raleigh. Contact 919-834-4000 or www.alltel-pavilion.com:

• **TOBY KEITH WITH LEE ANN WOMACK & SHOOTER JENNINGS;** June 11.

• **ZOOMA TOUR;** Featuring Trey Anastasio, Ben Harper & Innocent Criminals; June 18.

• **THE DAVE MATTHEWS BAND WITH DRIVE-BY TRUCKERS;** June 29.



Jimmy Cameron and High Lonesome will be presented by PineCone and the town of Wake Forest on June 5 at Holding Park in Wake Forest

EVENTS AT ARTSCENTER; Carrboro. Contact 919-929-2787 or www.arts-centerlive.org:

• **SAM PREKOP & ARCHER PREWITT;** June 9.

• **GRANDE MOTHERS RE:INVENTED;** Band made up of original & former members of the Mothers of Invention; June 18.

• **STEPHEN RILEY QUARTET;** June 25.

BRASS ON THE SLIDE; Part of Music in the Air, open-air concert; Fearington



The popular Dave Matthews Band will perform on June 29 at Alltel Pavilion, Raleigh

Village, Pittsboro; June 2. Contact 919-545-0742 or www.fearrington.com.

JIMMY CAMERON & HIGH LONESOME; Bluegrass performance; Holding Park, Wake Forest; June 5. Contact 919-990-1903 or www.pinecone.org.

JAZZ ATTACK; Featuring Rick Braun, Jonathan Butler, Richard Elliot & Peter White; Carolina Theatre, Durham; June 6. Contact 919-560-3030 or www.carolinatheatre.org.

SUMMER SHOWCASE FINAL PERFORMANCE; Performance Edge show, featuring Capital Ambassadors, 34 high school & college students in a broad range of music; BTL Center, Raleigh; June 10. Contact 919-420-0365.

THE ENTERTAINERS; Beach band music; RagApple Lassie, Boonville; June 11. Contact 1-866-RagApple or www.ragapplelassie.com.

THE BLUEGRASS EXPERIENCE; Bluegrass performance; Lake Benson Park, Garner; June 18. Contact 919-990-1903 or www.pinecone.org.

THE ACOUSTIC COFFEE HOUSE BLEND BAND; Summer breeze concert on the lawn; Historic Newbold-White House, Hertford; June 12. Contact 252-426-7567 or www.visitperquimans.com.

JOHN LEGEND WITH SPECIAL GUEST; Carolina Theatre, Durham; June 24. Contact 919-560-3030 or www.carolinatheatre.org.

STAGE & SCREEN

THE GREAT CORAL REEF ADVENTURE; cooling summer excursion to the South Pacific on the giant IMAX screen; Exploris, Raleigh, ongoing. Contact 919-834-4040 or visit www.exploris.org



You can dive into the sun-drenched waters of the South Pacific and observe the great Coral Reefs without leaving your seat as you view *The Great Coral Reef Adventure*, now open on the giant IMAX screen at Exploris, Raleigh

UNIVERSITY THEATREFEST 2005; A month of mysteries; Thompson Theatre, Raleigh; thru June 26. Contact 919-515-1100 or www.ncsu.edu/arts:

- **THE BUTLER DID IT**; June 1, 4, 8, 10.
- **APPOINTMENT WITH DEATH**; June 2, 3, 5, 9, 11, 12, 15, 18.
- **DIAL M FOR MURDER**; June 16, 17, 19, 22-26.

MUSIC & DANCE FROM AFRICA; NC Symphony & Mail-arme Chamber Players, featuring flute, cello, piano, drums & African dancers; Nash Arts Center, Nashville, NC; June 2. Contact 252-459-4734.

GODSPELL; Produced by John-Michael Tabelak & Stephen Schwartz, features contemporary reflection on parables of Christ; New Bern Civic Theatre, New Bern; June 3 & 4. Contact 252-634-9057 or www.new-berncivictheatre.org.

CAROUSEL; Story of young Julie Jordan & her carnival barker beau; Raleigh Little Theatre's Cantey V. Sutton Theatre, Raleigh; June 3-5, 8-12, 15-19, 22-26. Contact 919-821-3111 or www.raleighlittletheatre.org.



From *Appointment with Death*, an Agatha Christie thriller, opens June 2 as part of TheatreFest 2005, University Theatre's summer mystery series at Thompson Theatre on the NC State Campus, Raleigh

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EVENTS AT ARTSCENTER; Carrboro. Contact 919-929-2787 or www.artscenterlive.org;

- **HI MOM! FILM FESTIVAL;** Short films; June 4. Contact www.himomfilmfest.org.
- **NC RHYTHM TAP FESTIVAL;** Tapdance, song & antics; June 11. Contact www.tapdance.org

THE LAST FIVE YEARS; Book, music & lyrics by Jason Robert Brown; Kennedy Theatre, Raleigh; June 1-5 & 8-12. Contact 919-828-3726 or www.hotsummernightsatthekennedy.org.

THE IMPORTANCE OF BEING EARNEST; Presented by Sandhills Little Theatre; Sandhills Community College, Southern Pines; June 3-5 & 10-11. Contact 910-690-9067.

RUTHLESS, THE MUSICAL; Book & lyrics by Joel Paley, music by Marvin Laird, directed by Travis L. Stockley & presented by Gilbert Gallery Theatre; Arts Council, Fayetteville; June 8-12 & 15-19. Contact 910-323-1776 or www.theartscouncil.com.

CROSSROADS; Musical comedy by Bob Inman; Temple Theatre, Sanford; June 9-26. Contact 919-774-4155 or www.templeshows.com.

CARY DANCE PRODUCTIONS; Performance; Carolina Theatre, Durham; June 10-11. Contact 919-560-3030 or www.carolinatheatre.org.

TOSCA; Produced by Opera Company of NC, the story features a chief of police who wants to murder the lover of the woman he lusts after; Memorial Auditorium, Raleigh; June 10 & 12. Contact 919-834-4000 or www.operanc.com.

GRACELAND/ASLEEP ON THE WIND; by Ellen Byron, 3 days before the estate opens to public, 2 Presley fans camp out before the gates; Kennedy Theatre, Raleigh; June 15-19 & 22-26. Contact 919-828-3726 or www.hotsummernightsatthekennedy.org.

PROOF; by David Auburn, a daughter caring for her aging father is torn between returning to NY & helping an old student of her father salvage meaningful notes; Kennedy Theatre, Raleigh; June 29-July 3 & 6-10.

MUSEUMS

EVENTS AT NC MUSEUM OF HISTORY; Raleigh. Contact 919-807-7900 or www.ncmuseumofhistory.org;

- **A LOOK AT LIGHTHOUSES;** A time for tots, learn about NC's amazing lighthouses & make your own beacon of light to take home; June 7 & 14.
- **HISTORY A LA CARTE: A SOLDIER'S COLLECTION;** Hear the story of Alfred May, a Confederate soldier who served in Company F, Sixty-first Regiment NC Troops, & find out how Belton discovered a long-forgotten trunk filled with May's belongings from the Civil War; June 8.
- **JOHN & JAMIE HERRMANN;** Renowned multi-instrumentalist & old-time fiddling son; June 12.
- **A CLOSER LOOK: CAROLINA CULTURE;** See & handle crab pots, swan decoys & other objects made by people from across NC; June 25.



Tift Merritt, one of Raleigh's stars, will perform on June 4 at the NC Museum of Art

EVENTS AT TRYON PALACE; New Bern. Contact 252-514-4937:

- **MASTER & COMMANDER: THE FAR SIDE OF THE WORLD;** Movie set on the high seas in 1805 during Napoleonic Wars & focuses on *HMS Surprise* as it patrols South Seas in pursuit of a French warship; Visitor Center Auditorium; June 7.
- **NC SYMPHONY;** performance on South Lawn; June 9.
- **GARDEN LECTURE: "OLD SOUTHERN APPLES";** Visitor Center Auditorium; June 11.
- **MR. PUNCH MEETS GOVERNOR TRYON;** Historical Punch & Judy Puppet Show; Stable Office; June 11.
- **AFRICAN AMERICAN HISTORIC DOWNTOWN WALKING TOUR;** Visitor Center; June 19.

EVENTS AT NC MUSEUM OF ART; Raleigh. Contact 919-839-6262 or www.ncartmuseum.org;

- **ARCHITECTURE IN 18TH CENTURY ITALIAN PAINTINGS;** Gallery talk; June 2.
- **TIFT MERRITT;** June 4.
- **STEINBECK/HEDGEPEETH DUO;** Chamber music; June 5.
- **CONTEMPORARY PHOTOGRAPHY FROM THE ALLEN G. THOMAS JR. COLLECTION;** thru July 17.
- **THIRD ANNUAL HIGH SCHOOL COMPETITION;** Open to high school juniors or seniors; thru July.
- **CONTEMPORARY GLASS ART FROM NC COLLECTIONS;** Exhibit surveys American & European studio glass; thru August 7.

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EVENTS AT NC MUSEUM OF NATURAL SCIENCES; Raleigh. Contact 919-733-7450 or www.natural-sciences.org:

- **TREASURES UNEARTHED: NC'S SPECTACULAR GEMS & MINERALS;** Exhibit features 858 carat Emerald & first gold coins minted in US; thru June 12.
- **CSI: CRIME SCENE INSECTS;** Exhibit dives into forensic entomology & use of insects to reveal critical details of crime scene; June 25-Sept 18.
- **ONE-MILE WALK AT PRAIRIE RIDGE;** June 14 & 28.

LATIN JAZZ; LA COMINACION PERFECTA EXHIBIT; Bilingual exhibition tells story of Latin jazz evolution; Exploris, Raleigh; thru June 26. Contact 919-834-4040 or www.exploris.org:

- **LATIN JAZZ FESTIVAL DAY;** Includes a concert by Wilson Corniel & Grupo Chaworo, cultural booths, hands on activities & interactive musical instrument stations; June 4.
- **LEARN ABOUT VOCAL JAZZ;** Lois DeLoatch & Gabe Evans perform vocal jazz & teach visitors how to create their own sounds; June 11.
- **LATIN JAZZ JAM;** Celebrate last weekend of Latin Jazz with Triangle musicians from Cuban, Puerto Rican & African American cultures; June 25.

PHOTOGRAPHY BY ELVIRA BUTLER & PAINTINGS BY SCOTT GARRISON; Horace Williams House, Chapel Hill; thru June 26. Contact 919-942-7818.

VIOLA FREY; Exhibit features 10 sculptures of human figures; Cameron Art Museum, Wilmington; June 3-Sept 4. Contact 910-395-5999 or www.cameronartmuseum.com:

- **RECEPTION;** June 2.
- **TOM SPLETH;** presents a response to Viola Frey; June 11.



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Graceland/Asleep on the Wind
JUNE 15-19, JUNE 22-26

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JUNE 29-JULY 3, JULY 6-10

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www.HotSummerNightsAtTheKennedy.org



HORACE WILLIAMS HOUSE

Down the Path by Elvira Butler is part of "Design Elements," a photography exhibit on view at the Horace Williams House, Chapel Hill Preservation Society, Chapel Hill

COMPOSER WORKS; Features music of composers from around the state in pieces for chamber ensemble & solo instruments; Cameron Art Museum, Wilmington; June 5. Contact 910-395-5999 or www.cameronartmuseum.com.

INVENTION AT PLAY; Interactive traveling exhibit presents inventors & innovators who used playful & creative techniques in their work; Museum of Life & Science, Durham; June 4-Sept 5. Contact 919-220-5429 or www.ncmls.org.

WORKS BY PITT COUNTY SCHOOLS' ART STUDENTS; Over 100 pieces on display, all selected by students' art teachers; Greenville Museum of Art, Greenville; June 2-July 13. Contact 252-758-1946 or www.gmoa.org.

POTPOURRI

ANNUAL ART IN THE GARDEN; Stroll through gardens & see exterior art throughout the village; Fearrington Village, Pittsboro; thru June 30. Contact 919-542-2121 or www.fearringtonhouse.com.

THE GREAT PLANTS/THE GREAT PLANTSPEOPLE; Two-day event filled with lectures, tours, workshops & exclusive shopping privileges; Plant Delights Nursery, Raleigh; June 3-4. Register online at www.hortmag.com or call 877-436-7764.

DAY OUT WITH THOMAS 2005: THE CELEBRATION TOUR; Ride with Thomas the Tank Engine & celebrate 60 years of Thomas & Friends; Tweetsie Railroad, Blowing Rock; June 3-12. Contact 1-877-TWEETSIE or www.tweetsie.com.

PURRFECT YARD SALE AT FELINE'S BASEMENT; First annual yard sale to benefit Chatham Animal Rescue & Education; The Old Friendly Ford location, Pittsboro; June 4. Contact 919-542-5757 or www.chathamanimalrescue.org.

LATTA HOUSE FOUNDATION PRESERVATION PICNIC; Performances by The Amateurs Reggae Band & the Josh Pressler Blues Band, arts & crafts & more; Latta House, Raleigh; June 11. Contact 919-821-4061 or www.lattahouse.com.

SEAGROVE INTERNATIONAL CERAMIC CONFERENCE & CELEBRATION OF CLAY; Includes pottery exhibits, sales

& demonstrations; NC Pottery Center, Seagrove; June 11-12. Contact 336-629-0399.

BRIDGETON BLUEBERRY FESTIVAL; Includes crafts, food vendors, business booths & rides; Bridgeton Elementary School, New Bern; June 11. Contact 252-638-1967.

NC WINE FESTIVAL; Tanglewood Park, Clemmons; June 11. Contact 919-380-7135 or www.chathamhillwinery.com.

SIDEWAYS WINE DINNER WITH FIDDLEHEAD CELLARS; Six course meal with wines from Fiddlehead Cellars, vineyard featured in "Sideways"; Southern Star Restaurant, Cary; June 16. Contact 919-467-0308.

HILLSBOROUGH HOG DAY; Family event featuring barbecue, musical entertainment, children's rides & games, vintage & antique car show & more; Downtown Hillsborough; June 17-18. Contact 919-732-8156 or www.hogdays.com.

PAULA DEEN; Discusses & signs new cookbook Paula Deen & Friends: *Living It Up, Southern Style*; Fearrington Barn, Pittsboro; June 21. Contact 919-542-3030 or www.fearrington.com.

SAM RAGAN POETRY FESTIVAL; Weymouth Center, Southern Pines; June 25. Contact 910-692-6261.

FOUNDERS DAY CELEBRATION; Featuring performances by The Waybacks, a bluegrass & jazz group; Nash Arts Center, Nashville; June 30. Contact 252-459-4734.

SPORTS & RECREATION

GONE SOUTH AQHA SHOW; Sen. Bob Martin Eastern Agricultural Center, Williamston; June 2-5. Contact 252-792-5111 or www.vaquarquarterhorse.com.

SPECIAL OLYMPICS NC SUMMER GAMES; Athletes from across the state compete in aquatics, athletics, gymnastics, powerlifting, softball & volleyball; Various venues, Raleigh; June 3-5. Contact 919-719-7662 or www.sonc.net.

SUSAN G. KOMEN BREAST CANCER FOUNDATION RACE FOR THE CURE; Meredith College, Raleigh; June 11. Contact 1-888-603-RACE or www.komen.org.

MARTIN FESTIVAL OPEN HORSE SHOW; Senator Bob Martin Eastern Agricultural Center, Williamston; June 11 & 12. Contact 252-792-5111 or www.ec-equine.com.

2005 US OPEN CHAMPIONSHIP; Played on Pinehurst No. 2; Pinehurst Resort, Pinehurst; June 13-19. Contact 910-295-8151.

CAROLINA CLASSIC BENEFIT HORSE SHOW; Senator Bob Martin Eastern Agricultural Center, Williamston; June 16-18. Contact 252-792-5111 or www.ray-cloninger.com.

NEUSE RIVER DAYS; Paddling & raft events, children's activities & amusements, arts & crafts & more; Union Point Park, New Bern; June 18 & 19. Contact 252-637-7972.

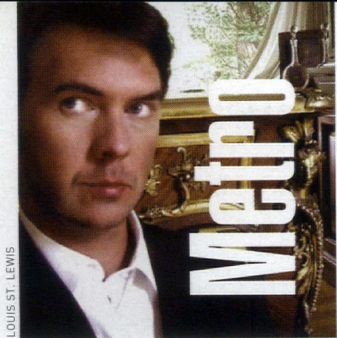
T&J BARREL BLAST; Sen. Bob Martin Eastern Agricultural Center, Williamston; June 24 & 25. Contact 252-792-5111.3

ASTRONOMY VIEWING SESSION; View Saturn & crescent moon; Ebenezer Beach, Jordan Lake; June 25. Contact 919-362-0586.

MID PINES JR. INVITATIONAL GOLF TOURNAMENT; Mid Pines Inn & Golf Club, Southern Pines; June 24-26. Contact 910-692-2114.

Our thanks to Sarah Jurek for her assistance with Preview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.



Artist-at-Large

by Louis St. Lewis

PHOTOGRAPHY IS HOT

When I think of Wilson, North Carolina, I think of many things. I think of excellent barbecue, miles of antique shops, gracious whitewashed mansions and lots of old-fashioned tobacco money. What I don't think of is contemporary photography, so it came as quite a shock when I discovered that Wilson is indeed the home of Allen G. Thomas Jr., whose superlative collection of high-end, high-brow and high-priced photos is currently on display at our own North Carolina Museum of Art.

In case you have been living in a cave or under a rock for the past decade, I want to give you some news. Photography is HOT in the international art market. People in the know buy photos by hot artists from hot dealers, the way some savvy businessmen buy blue-chip stocks. I think large-scale photography is amazing and fits in just about any setting, from streamlined urban lofts to gracious Southern homes. Ann Stewart of Ann Stewart Fine Art (www.annstewartfineart.com) recently threw a private party in her own photography-filled, 18th-century house in Chapel Hill to celebrate Mr. Thomas' museum success so, of course, I wanted to get right up in the mix and find out what was going on.

Ann's friend and noted chef Bill Smith of Crook's Corner fame (look for his new cookbook in September) lent a hand in the kitchen serving up Southern delicacies to the hungry guests while Allen Thomas and his friends hauled out case after case of some of the best wine you could imagine from the trunk of a limousine. There was plenty of reason to be festive, with guests such as dazzlingly talented artist Carrie Levy—flying in from London—as well as two of New York City's art dealers, the fashionable and feisty Julie Saul of Julie Saul Gallery (www.saulgallery.com) and Dan Cooney of Daniel Cooney Fine Art (www.danielcooneyfineart.com). Plenty of curators were on hand as well, such as new

chief curator of the NCMA Dennis Weller and his elegant wife Janis Goodman, no slouch in her own right being both an associate professor at the Corcoran Museum as well as one of D.C.'s best known art critics for PBS television. Around the corner in the library, I found photographer Alex Harris holding a lively discussion with NCMA director Larry Wheeler

and new head contemporary curator Linda Dougherty.

I finally had my chance to meet Allen Thomas in the entrance hall where he was chatting with glass & photography collector Francine Pilloff (whose own collection of fine art glass is currently on display at the museum as well) and admiring *Love Before Breakfast*, a large-scale, contempo-



Alec Soth, *Mother & Daughter, Davenport, IA, 2002*, Chromogenic print

COURTESY OF THE ARTIST AND YOSSEI MILO GALLERY, NEW YORK

Loretta Lux, *Study of Boy 2*, 2002

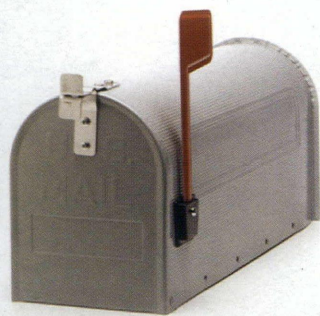
rary print of a classic photograph by the late Walker Evans. Tall and lanky with intelligent features and inquisitive eyes, Allen Thomas has a down-home Southern charm and an infectious enthusiasm for photography. He knows what he likes and buys with gusto. I was surprised to find out he even owns some of MY artwork, so I know the man has excellent taste. The museum show gives us a peek at only a fraction of his huge private collection. Luckily for us, associate curator Lauren Harry has done an exemplary job in choosing and presenting the 50 or so photographs; the museum should be proud to have such a young, beautiful and talented new curator on the payroll.

Collecting is all about passion: Passion for life, passion for creativity, passion for knowledge. It doesn't matter if you like to collect matchbooks or Monet. The collector is obsessed, driven. I imagine Allen G. Thomas Jr. in his home in Wilson pacing from room to room surrounded by the works of Loretta Lux, George Duncan, Sally Mann, turning a corner and facing the huge nudes by Carrie Levy, stacks of Andre Serrano's leaning against the wall with hundreds of images slid under beds, slipped behind couches. The desire to possess, to own a thing of beauty has been around since the dawn of man. A good collector learns from his obsessions, and sometimes when we are very, very lucky, shares a glimpse with an inquisitive public.

AB JACKSON AT GARDEN GALLERY

If you haven't had the chance to take a look at the fantastic images by the late A.B. Jackson, showing at Raleigh's Garden Gallery, then you are really missing a treat. Jackson had a sophisticated touch and elegant sense of color that seems just as brilliant and vital today as decades ago. The images show to an advantage in the rambling light-filled gallery space overlooking lush grounds filled with the works of master sculptor Horace Farlow. And with the gallery conveniently located right there nestled in the trees of Glenwood Avenue, why not make a stop next time you are in the neighborhood and rediscover this gem of a gallery hiding right under our noses. **MM**

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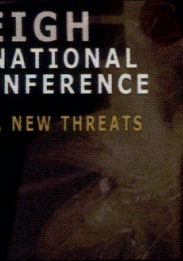


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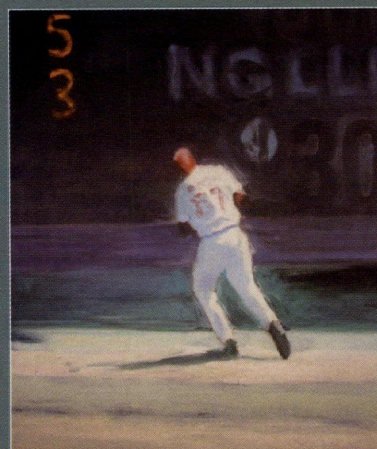


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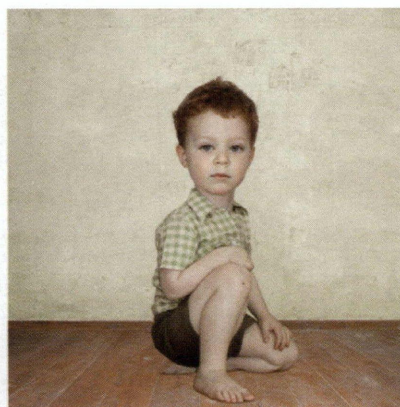
Richard Garrison:
The Catch, 40" x 34"

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Loretta Lux, *Study of Boy 2*, 2002, Collection of Allen G. Thomas Jr.
Courtesy of the artist and Yossi Milo Gallery, New York

POTATO BISCUITS AND BARBECUE

Between you and me, I promised myself I wouldn't write about barbecue again. Eastern-style barbecue versus the upland, Lexington style has been debated to death and, frankly, I don't know much I can say to shed new light on the subject. Besides, I want to experience the peaceable kingdom for a while before elbowing my way to a window seat on the Glory-bound train. If I go around stirring up trouble, St. Peter could put me back on board and throw my steamer trunks in behind me.

But just when I had sworn off writing about barbecue, I had to change my mind. Anyway, the BIBLE says, "Love thy neighbor as thyself." It doesn't say you have to love his barbecue, too.

The word made its way out here to the interior that upland legislators had introduced a bill in Raleigh to declare Lexington's annual Barbecue Festival North Carolina's official barbecue event. This was a serious affront. Were eastern lawmakers asleep at the switch? There was no doubt whom I should call—Senator A.B. Swindell of Nash County, whom I included in my 2004 Top-Ten "for his unapologetic love for politics and his ability to practice this mixed art and science in the style of the great old (eastern North Carolina) pols." I said he would always make sure we Down East folks have a seat at the table. Was I right?

Yes.

My angst was short-lived. I left a message for A.B., and he returned my call promptly to assure me he was on the job and all was well. The nationally recognized Lexington Barbecue Festival instead was declared North Carolina's official "food" festival—a designation that promoters of the festival certainly deserve. It is a well-run event that spotlights one of the state's most famous foodways and draws huge crowds of folks who appreciate and enjoy Lexington-style barbecue.

Thank you, Senator Swindell. I know standing up for eastern North Carolina tra-

ditions is not always easy in a legislature now dominated by senators who ain't from here. As I write, I am looking at an article in today's paper that proves my point.

The article is titled *Senator from Nash County wins the Ox Meter award*. That senator is our friend A.B. and as the first line reads, "The Ox Meter is an award that state senators don't exactly covet. Senate leaders reserve the trophy with its attached

out for the Ox Meter. I grew up in the country. I've had all kinds of biscuits. But I ain't never had a potato biscuit in my life."

I am told that Senator Rand grew up in Garner, which isn't exactly the wilds of eastern North Carolina, some 165 miles from Senator Swindell's rural Hyde County childhood home. There is no wonder, then, that there is something of a cultural gap between the two and that the Distin-



plumbing fixture, for the most outlandish oratory on the Senate floor," the writer said.

What prompted the award? "(A) flowery speech about the Senate education budget. Swindell spoke about how his mother fixed him 'potato' biscuits each morning and sewed together his flannel shirts before she sent him off to school," noted the writer.

Senator Tony Rand, a masterful legislator and political tactician, presented the award. "It's a longstanding tradition here that the Ox Meter (I assume "Ox" is a delicate reference to "B— S—") is awarded for debate that rises to the level that it cries

guished Senator from Cumberland might not understand the foodways of coastal North Carolina.

Potato biscuits of one sort or the other run all through southern cooking. In eastern North Carolina, which is the leading sweet potato producing region in the world, sweet potato biscuits are served in many homes. The dough is made of cooked and mashed sweet potatoes, butter, milk, flour, eggs, sugar, salt and baking powder. Chi-chi bed and breakfasts serve them to tourists from Up North who rave about them.

Sue Johnson-Langdon, executive direc-

tor of the North Carolina Sweet Potato Commission, knows a million ways to enjoy sweet potatoes and has a killer recipe for sweet potato biscuits. Sue, sounds like you need to drive over from Smithfield with some hot sweet potato biscuits for our legislators.

Leave out the eggs, substitute mashed Irish potatoes for the sweet potatoes and you have potato rolls. Bakers know that Irish potatoes are an ingredient in breads throughout the world. In Jewish communities Down East, a piece of dough filled with a tasty mixture that includes mashed potatoes and sautéed onions is baked in the oven and comes out a "knish." I've even heard Krispy Kreme doughnuts have some potatoes in them.

But back to our friend Senator Swindell. I called A.B. at his home in Nashville and asked him what particular kind of potato biscuit his mother got up at the crack of dawn and fixed for him to take to school.

"Mother would slice an Irish potato crossways so it was round. Then she would fry it, slide it in a biscuit, wrap the potato biscuit in waxed paper, and put it in a little brown paper bag for my lunch. I had to fold the bag up and save it so we could use it again," A.B. added humbly. I bet it was hard for A.B. to resist eating those biscuits as he stood shivering beside the road on cold, damp Hyde County winter mornings waiting for the school bus. Biscuits were considered "country" food Down East and even kids lucky enough to have thick slices of country ham to go in their biscuits often looked for a quiet place to eat their lunch to avoid teasing from the townies who flaunted their sliced white bread.

"We didn't have everything we wanted, but we got everything we needed," A.B. added.

Like so many Down East kids, A.B. from time to time wore shirts sewn by his resourceful mother from flannel feed sacks. My Aunt Mary made me shirts like that and you could spot them a mile away because of their floral patterns and generously cut collars—wider than the wing span of a California condor. As they say, "Kids can be cruel." It took thick skin to wear them—good training, I suspect, for

serving in the NC State Senate and receiving the Ox Meter award.

A.B.'s mother, Mrs. Russell Swindell, bless her heart, already has penned a note to Senator Rand vouching for her beloved A.B.'s potato-biscuit story and the fact that she spent many a night peddling her old sewing machine and squinting in the dim light to make A.B.'s shirts. He has promised me a copy.

A.B., we're proud of you, and if it takes BS-ing to keep your senate colleagues awake and voting right, then BS. For sure, you're speaking a language they understand.

One more note on barbecue. *Barbecue is a Noun*, the film made by two North Carolina fellows, Hawes Bostic and Austin McKenna, won the coveted "Audience Award" for a full-length documentary at the recent RiverRun International Film Festival in Winston-Salem. The movie features North Carolina barbecue legends such as Keith Allen, Allen and Son in Hillsborough; Pete Jones, Skylight in Ayden; Wilbur King, King's in Kinston; Wilson "Blue Ox" Knott of Carpenter; Ed

Mitchell, Mitchell's in Wilson; and Wilber Shirley, Wilber's in Goldsboro. The triumphs and tribulations of Buies Creek pit master, Paul Long, provided the continuity that, after three years in production, made the final cut of *Barbecue is a Noun* the overwhelming favorite of RiverRun viewers. Dean Smith makes a cameo appearance, and Rufus Edmisten sings. Can it get better than that?

This is the second award (two-for-two) in independent film festivals for *Barbecue is a Noun*. Applause, applause, applause for two young men who have recorded "a twilight glimpse into a tradition and lifestyle particular to this corner of the rural south," as they said at RiverRun. "*Barbecue is a Noun* does all but marinate the viewer in the culture, lore and cookery of the various styles and flavors of Tar Heel 'pig cookin'."

Between you and me, Hawes, who did some of his growing up in Roseboro, and Austin could never have done it without financial support at a critical juncture from some Down East "angels." Thank you for he'ping preserve the culture. MM

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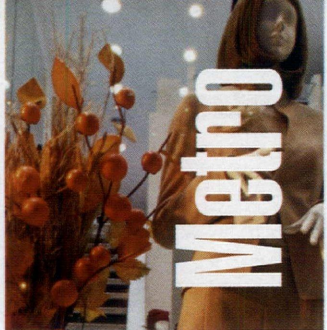
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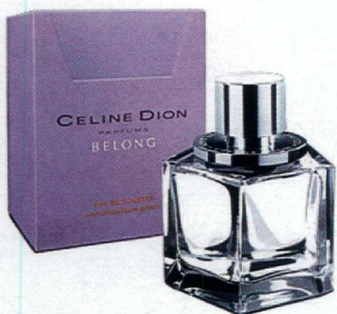


Style

by Molly Fulghum Heintz

NEW TANNING, COOL FRAGRANCES

Gradually, then suddenly." That's the phrase Hemingway uses in *The Sun Also Rises* to describe how one of the characters went bankrupt. It's also an apt description of the way the new breed of self-tanning lotions work: gradually... then suddenly, you're golden. Jergens Natural Glow lotion is this year's self-tanning darling, generating a moisturizing frenzy upon its launch due to great reviews, a low price (under \$5) and a limited supply. The new formula is less concentrated than regular self-tanning lotions, preventing streaking and the suspicious overnight metamorphosis from Casper to George Hamilton, a tell-tale sign of a faux bronzing. Jergens Natural Glow works over the course of several applications, eventually building up to a golden tan. Last year's Neutrogena Build-a-Tan Gradual Sunless Tanning Lotion operates under the same principle and comes in a convenient pump. Word to the wise: the new formulations still have the distinctive self-tanner scent and require a thorough hand-washing after application to avoid a "palm tan."



Belong by Celine Dion

that better withstands the summer elements. Aftelier Perfumes has a line of all-natural solid fragrances made with a beeswax and jojoba oil base. Choose from scents such as "Licorice," made of anise hyssop with vanilla absolute, "Jasmine," composed of grandiflorum jasmine with blood orange and pink grapefruit, or "Boronia," a scent evoking raspberry, apricot, violet and yellow freesia and billed as "one of the most costly essences in the world... as close to heaven as we are likely to get." The solid perfumes are presented in a sleek sterling silver compact and range from \$175 to \$200; a double compact is \$275, at www.aftelier.com. Mandy Aftel, the West-coast perfumer behind Aftelier, has also co-authored a

It's hard to find just the right fragrance for summer, something not too heavy yet long-lasting. While fragrances with high alcohol content often evaporate quickly in the heat, concrete perfumes use a waxy base



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The satchel tote, Tumi, \$180



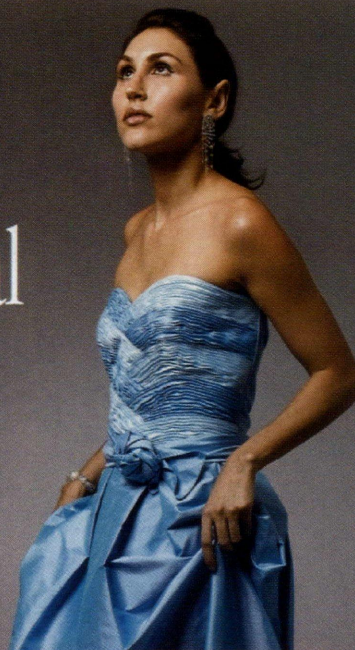
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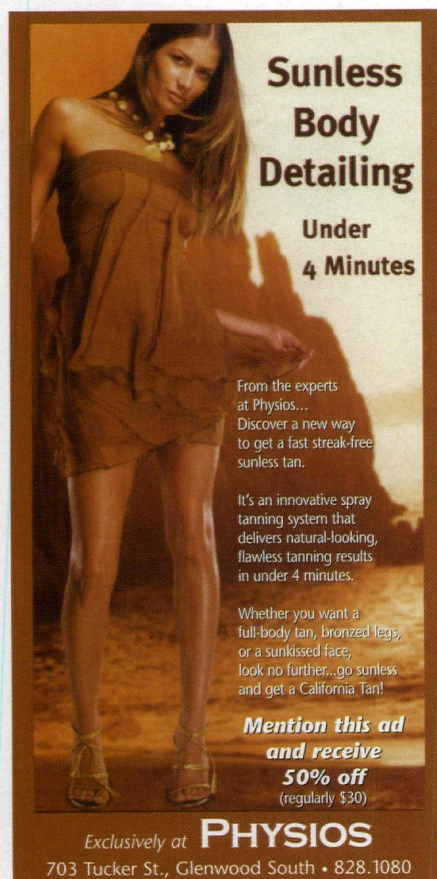


lovely summer read with chef Daniel Patterson. *Aroma* explores the relationship with the senses of taste and scent and offers intriguing edible recipes such as veal ten-

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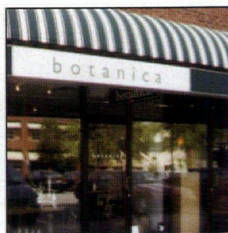
derloin slow cooked in lemon verbena butter and a mint-infused asparagus soup, as well as recipes for delectable home and bath items, including lime and fir bath oil, cucumber and rosemary fragrant mist and cognac cologne.

Soaps and body oils are another way to perfume subtly in summer months. Some

of the most delicious combinations are being stirred up by Sabon, a stylish young soap company that uses ingredients from the mineral-rich Dead Sea. Their Patchouli Lavender Vanilla Body Scrub (\$30) turns exfoliating into a feast for the senses, and visually stunning soaps including clear glycerin soap and soaps with a built in loofah,

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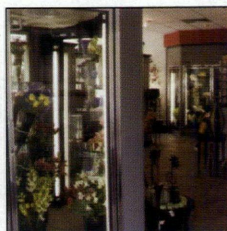
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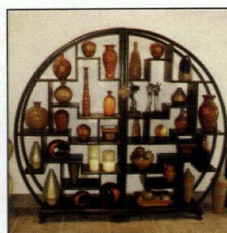
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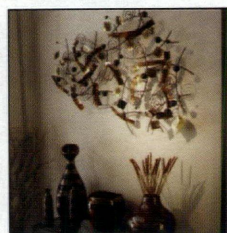
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Raleigh's Hobby Holmes "Dazzles" New York City

A remarkable number of young North Carolinians arrive in New York City every year to seek their fortunes, but when Raleigh native Hobby Holmes arrived, she literally landed in a treasure chest. As the right hand of Camilla Dietz Bergeron, the New York estate jeweler, some dazzling pieces have come across Hobby's desk in the last five years, such as the emerald and diamond ring that Richard Burton gave to Elizabeth



Holmes

Taylor after shooting Cleopatra in 1963. Inspired by the pieces around her and interested in bringing contemporary lines to the estate jeweler's inventory, Hobby began making her own pieces out of baroque pearls and gold wire. The simple but striking collection with a reasonable price point (pair of earrings is in the \$500 range) caught the attention of *New York* magazine and many admiring customers. Now



Hobby's own work is sold through Camilla Dietz Bergeron beside the work of other contemporary designers and an array of estate pieces, ranging from gorgeous Edwardian to bold 1940s and beyond. Part of the fun for the young designer is traveling to annual trade fairs where buyers waded through seas of gems, and she also is excited by her firm's burgeoning custom engagement ring business. But she loves it when women buy jewelry for themselves. Says Hobby: "Women have their own money now and aren't waiting for something to be bought for them."

— MFH



(above) Two pairs of 18 karat yellow gold and South Sea baroque pearl earrings and South Sea baroque pearl necklace.



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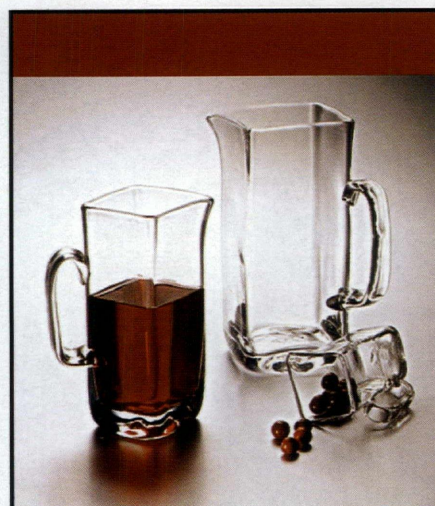
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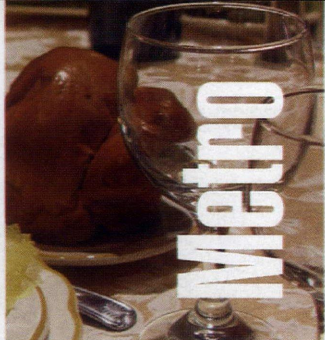
are made in long logs and sliced off as needed. Sabon also carries room sprays and candles and will create charming gift baskets organized around a scent theme, www.sabonnyc.com. With its distinctive graphic wrappers, it may seem like packaging is everything for the Claus Porto line of Portuguese soaps—that is, until you smell them. This company makes soap the old-fashioned way, milling each batch seven times in order to get out air bubbles and create the longest-lasting most evenly scented soap possible. Try a bar of Mimosa, clean-smelling Voga, Special Edition Violet, or Favorito Red Poppy, www.lafcony.com. **MM**



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Gourmet

by Moreton Neal

BIG NIGHT IN BEAUFORT

If I didn't love restaurants, I wouldn't be writing this column, but at the beach it's another story. My husband and I often visit friends at their Emerald Isle home where a short trek to Big Oak Drive-In for oyster burgers with onion rings is all the eating out we need. Anything fancier means changing out of our beachwear, a price the four of us are unwilling to pay.

We tend to cook at the house. Fresh ingredients are easy to come by—the road back from Big Oak is dotted with seafood vendors selling the morning's catch. On the way down, farm stands along US-70 flaunt just-picked veggies and fruits. Just beyond Goldsboro the Country Butcher Shop provides homemade sausages and locally made jams and relishes. One last stop at Emerald Isle's legendary Texaco station/wine boutique for a couple of bottles of Provençal Rosé—(located somewhere between the suntan lotion and a \$2000 bottle of Chateau Petrus—no kidding), and we're ready to hunker down for a relaxing weekend. Occasionally we venture out to the video store and pick up *Big Night* or another food flick for a vicarious restaurant experience, but that's about as close to fine dining as we get.

But this trip was different. For a couple of years, I've been promising *Metro* readers a report on North Carolina's coastal dining scene, but never quite got around to it. Whether some sort of misguided territoriality played into my resistance, I can't say. But with so many memories of mediocre fried seafood meals at the beach and an embar-

rassment of riches here in the Triangle, I never considered that Crystal Coast restaurants could be as good as those in my own back yard.

Was I ever wrong!

Armed with a long list of recommendations (all describing themselves as "casual fine dining," an effort, apparently, to reel in other

Kobe beef with caramelized onions and a merlot demi glacé. The plates were stunning and our server knowledgeable enough to recommend wines that perfectly suited each tapa. On all counts, Aqua was an exceptional dining experience.

Our next stop was just down the road. We arrived at Front Street Grill at Stillwater at

Front Street Grill



KINSLEY DEY

sartorially challenged beachcombers), we started at the beginning of the alphabet: Aqua.

Since it's billed as a tapas restaurant, I envisioned traditional Iberian hors d'oeuvres. But the first bite is taken with the eye, as gourmets love to say, and at a glance it's obvious this place is more Soho than Spain.

Aqua's urban-chic décor whets the appetite for sophisticated, internationally inspired food. In spite of the puzzling gimmickry of the menu (items are categorized under colors—the logic of listing "soft shelled crab over crispy fried spinach, under "pink" still eludes me), it delivers.

Our every choice was a hit: artisan cheeses paired with assorted condiments (kumquat jam with Point Reyes Blue was a favorite), shrimp with roasted shallot oil, Manchego, red pepper and sun-dried tomato ravioli,

the peak of a spectacular sunset. Its reflection bouncing off the inlet just outside the dining room's panoramic windows took my breath away. Once again, before the first taste of food, I was smitten with the place. At this point I halfway expected the food to be typically bland river-cruise fare, dinner playing second fiddle to the view. However, as we began to drool over a tantalizing menu, our server proudly told us that Stillwater, as well as Aqua and nearby Beaufort Grocery, had been featured in the Beaufort Wine and Food Festival, winding up that very day. She introduced us to the occupants of the next table, a dozen Napa Valley winemakers in town for the festivities. So impressed had they been with Stillwater, they couldn't resist another of Chef Bryan Carithers' meals before flying back to California.

Aqua Restaurant

114 Middle Lane, Beaufort, NC 28516
Telephone 252-728-7777

Front Street Grill at Stillwater

300 Front Street, Beaufort, NC 28516
Telephone 252-728-4956

T&W Oyster Bar Restaurant

2383 Highway 58
Swansboro, NC 28584
Telephone 252-383-8838

As we savored our main courses (pork chops with Bourbon demi glacé, yellow fin tuna with sugarcane rum sauce and fried plantains, a tarragon/red wine sauced beef tenderloin and lump crabcakes), these friendly fellows dropped by the table to share some of their amazing wines—notably the exquisite Cliff Lede “Poetry”—and their excitement over the local dining scene. All these folks agreed Aqua and Stillwater compared favorably to restaurants in their own Wine Country turf. All were delighted with the enthusiastic response to the festival. And all were blown away by the legendary Texaco station/wine shop of Emerald Isle. At least two of them mentioned, “You can get Egelhoff Cabernet there. We can’t even find that in California!”

Intrigued by the hubbub over this rare wine, we stopped the next day to check it out at the Texaco station, which shares its space with Emerald Isle Wine Market. At \$150, Egelhoff was far from the most expensive wine in the shop, but we passed it up in favor of a couple of bottles of the Fess Parker Syrah we’d enjoyed so much at Aqua. Store manager Nancee Allen explained the pricey inventory: “Our owner leases houses down the road for \$4000 a week. His theory is that when



these folks want wine, they aren't looking for Sutter Home. So far, he's been right. We offer some of the finest wines available regardless of price, and they sell.” On the next aisle, flip flops still go for a couple of bucks.

Another tip shared by the vintners was a Sunday brunch destination, newly opened Shepherd's Point in downtown Morehead City. On this, our group was divided. We girls, now spoiled rotten, were up for another “fine dining” experience, but the guys balked, complaining about the half-hour drive back to town. Jenny and I shot each other a disappointed look (where we grew up, a two-hour drive to Manchac, Louisiana, was never too far to go for Lake Ponchartrain gumbo and a soft shell crab po' boy) but gave in and accompanied our husbands to their choice, T&W Oyster Bar Restaurant, just five minutes away.

After our big night in Beaufort, expectations were pretty low for T&W, but once we adjusted to the appetite-dampening effect of monstrous hornets' nests adorning the din-

ing room, we all enjoyed its fresh Calabash-style seafood served with the usual coleslaw and fries. The truth is, I wouldn't drive two hours or even 30 minutes to repeat the experience, except for one dish—a simple clam chowder, as delicious as anything we tried the night before. We speculated about the ingredients of the soup, which omits the tomato of Manhattan chowder and the cream of the New England version. T&W doesn't divulge its recipe, but I think this “Down East Clam Chowder,” shared by Al Carson, former food writer for the *Durham Herald-Sun* and connoisseur of East Carolina traditional cuisine, is close:

“Fry up some bacon in a Dutch oven. Take the bacon out and add chopped onions to the bacon fat. Some people add chopped celery with the onions. When the onions are soft, pour in some water, fresh clams, chopped potatoes, and season with salt and pepper. Simmer until potatoes are cooked. This is sometimes called green chowder. The secret ingredient is soul.” **MM**

Smile and say
CHEESE!


The Melting Pot






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Cliff Collins: Last of the Old School Meat-Cutters

by Hunter Lewis

You got knuckles and chucks? How about honeycomb tripe and skins?" Cliff Collins asks his two delivery drivers, Antonio Espana and Luis Martinez, as he maneuvers a hydraulic hand cart into one of his walk-in refrigerators to fetch more insulated cardboard cases of whole chickens. "I used to be able to get rattlesnake, but now it's on the endangered species list."

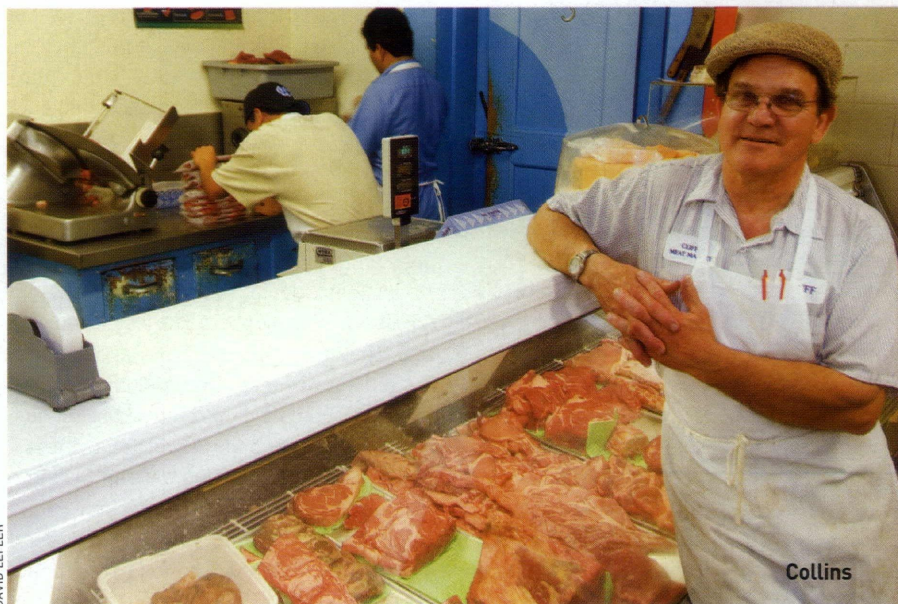
It's 8:30 a.m. on a cool spring morning at Collins' refrigerated warehouse in Carrboro, and the aluminum bellies of his two delivery trucks are packed full with hundreds of pounds of poultry, beef, pork and lamb for the morning's deliveries to Triangle restaurants.

Thirty-two years of waking at dawn, hefting boxes and cutting meat a half-mile down the road from his warehouse at Cliff's Meat Market have transformed Collins into a full-back of a man with forearms thicker than a pork loin and a grip that's best to remain friends with. But the work hasn't soured him. He's one of the last of the old school meat cutters in the Triangle. Collins has thrived in

the era of a burgeoning Whole Foods empire and Super Teeters, while most of his counterparts in Raleigh and Durham have closed. Business at the squat cinderblock butcher shop on 100 W. Main St. didn't flourish on

elbow grease alone, however.

The 57-year-old butcher reckons that only 20 percent of meat cutters make it in their first five years and only 10 percent after that. "It's so much work," Collins said. He also



DAVID LEFLER

Collins

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prefers to sell the kind of meat that he ate during his childhood in Chatham County, meaning marbled beef, free of antibiotics and hormones, and he could preach for days against the methods some in the industry use to "enhance" poultry, pumping it with water to add more weight and drive prices higher.

Facing unfavorable odds, Collins supplemented his restaurant delivery and retail business by adding to his Latin larder. At Cliff's, you'll find cans of Creecy Greens and pickled beets sitting next to tamale corn husks, arbol chiles and mole sauce on the market's shelves. Perishables such as cilantro, tomatillos and a tray of speckled quail eggs await customers in the glass-door refrigerator next to shelves boasting a selection of local and international "Cliff's 'Paris of the Piedmont' Wines," a nod to Carrboro's nickname. This is a town with an enlightened sense of itself; Carrboro has a poet laureate and its Board of Aldermen passed a unanimous resolution to designate a French trade month when the freedom fry, anti-French sentiment exploded at the start of the war.

Whatever their politics, Collins said his customers are smart enough to know what good meat should taste like. And his decision to create a niche market targeting Latinos?

Not deliberate, he said.

"I was looking for help and they wanted to work," Collins said. "They come on time and show up for work. I was beginning to get Latinos in the store, and I couldn't understand Spanish. Then I hired Tolo and they starting coming in."

Spanish-speaking locals now account for half of his walk-in business. That translates into some 300 pounds of spicy chorizo out the door each week along with items such as thin-sliced sirloin tip, says Geraldo "Tolo" Martinez. Displaying a rhythm learned during his 10 years behind Cliff's counter, the Celayo, Mexico-born Martinez deftly used hand and blade to separate chicken breast from rib while chiding his boss for his poor Spanish.

"[Collins] doesn't speak nothing," Martinez said. "Panchugas, pollo, bistec and gracias. That's it."

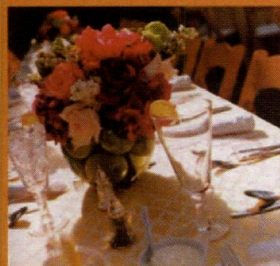
Between orders, the bonhomie builds between Collins and his crew of six Latinos, whom he refers to as "my little brothers." Some joke and sing along to John Denver's "Country Roads"—Collins' selection—playing on the stereo. Later, the crew works to the bouncing Choong-choong of a polka number from Charleno Sanchez, a Mexican

country band. The scent of blood hangs heavy in the air.

Stand next to the glass-case meat counter long enough and you'll catch a cross-cut of Piedmont Parisians shopping for tonight's meal. Latinos, Chinese, graduate students, bums, musicians, good ol' boys, yuppies, you name it. Collins chats up a woman wearing a yoga T-shirt who ordered chicken breasts for the night's fajitas dinner. A rail-thin, bowlegged rambler walks in just to say hey and poke Collins in the ribs. A pot-bellied former high school classmate of Collins walks through the back door to order hoop cheese and bacon, skin on. You won't leave the shop without a handshake (or a high five if you're a child), an inquiry from Collins about your family, the weather or at least what you're going to cook that night.

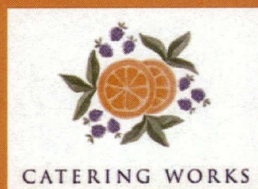
John Hawthorne, a burly man clad in camo overalls and a Wild Turkey Bourbon hat leans against a drink cooler awaiting several pounds of ground chuck. He said he shopped at Cliff's Meat Market because the meat costs less, boasts better flavor and comes with more intimate service than elsewhere in town.

"Cliff's is an institution," Hawthorne said. "He could make a living on a rock." **MM**



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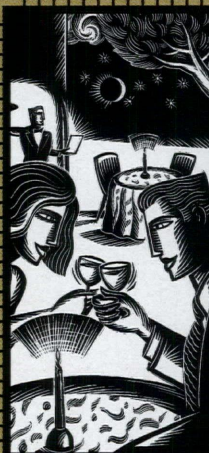


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Off the MENU

by Fred Benton

PÂTISSERIE & CAFÉ OPENS IN GLENWOOD VILLAGE

A sure sign of the continuing sophistication of the Raleigh-Triangle community is the opening of Heregthy Heavenly Delicious, a European-style patisserie and café in Raleigh's Glenwood Village Shopping Center.

The restaurant features the pastry and chocolate creations of Chris Heregthy, the company's executive pastry chef and co-owner with brother Brian, the firm's business manager. The restaurant also offers fresh roasted coffee and a selection of sandwiches and salads for early and midday dining.

The company is also opening a 2800-square-foot bakery facility on Capital Boulevard to produce its own baked goods, including custom wedding and specialty cakes.

Chris Heregthy has worked in New York City's Payard Patisserie & Bistro, Canet Patisserie in Nice, France, and Ettore's European Bakery in Sacramento, CA. He received his Bachelor of Pastry and Bakery from the Swiss Bakery and Pastry Culinary Academy in Zurich, Switzerland.

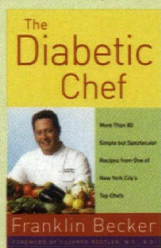
Born in New Jersey and raised in Switzerland, the brothers researched markets throughout the United States before deciding to open operations in the Raleigh area. The company hopes to expand operations in promising markets.

Heregthy is open from 7 a.m. to 8 p.m., Tuesday through Friday, 9 a.m. to 8 p.m. on Saturday, and 11 a.m. to 5 p.m. on Sunday. For more information, visit www.heregthy.com or call (919) 510-9161.

COASTAL TREATS

A new cookbook just crossed my desk, and I want to share the information with you primarily since so many Americans are being diagnosed with Type 2 diabetes, me included. The title is *The Diabetic Chef* (Ballantine Hard Cover, \$23.95), written by Franklin Becker.

Becker is one of New York City's top chefs, previously in culinary control of elite eateries including Capitale, Cucina, Local and Trinity Restaurant located in the Tribeca Grand Hotel. He was also the private chef for Revlon magnate Ronald Perelman. Becker was diagnosed with Type 2 diabetes soon after he was graduated from the Culinary Institute of America in Hyde Park. In the book he explains that he couldn't imagine a life at table limited to gelatin salads, chicken with the skin pulled off and the like. But also wanting to live a healthy lifestyle as a diabetic, armed with his skill, palate and knowledge of this chronic disease, he created the 80 "spectacular" recipes that make up this book, such as Arugula Salad with Walnuts, Blue Cheese and Asian Pears, Cauliflower-Leek Soup, Sea Scallops with Mushroom Tortellini, Moo Shu Duck Confit and Warm Baked Apple with Golden Raisins and Walnuts.



BOGUE BANKS SECRET

I'm going to let you in on a secret that I swore I would never tell a soul: the name of a restaurant on

Bogue Banks in Pine Knoll Shores (near Atlantic Beach) that serves up the best fried oysters I've ever tasted. These gems are lightly breaded and deep fried, resulting in a fried oyster with onion skin thin crust and crispy, with an interior defined by this succulent bivalve in all its cooked glory. You know, frying seafood isn't so easy: it calls less on patience and more on a quick eye and quick hand—not to mention hot fresh oil. The place is Clamdiggers at the Ramada Inn at Pine Knoll Shores. And the reason for the "secret" is that at present I never have to battle crowds to get a table. The interior is major kitsch with a nautical theme. No view to speak of, just a parking lot. But once confronted with a pile of those golden-browned oysters, who cares?

I've only tasted the oysters there but the menu offers other seafoods and meat choices. When I was lavishing praise on the oysters to a waitperson there, she explained that the cooks at Clamdiggers have been "at it" for over 20 years, so based on that, I would surmise that all the fried seafood is top-drawer. I've eaten at Clamdiggers several times now and the oysters are always magnificent.

COLD SALAD BY THE SEA

Less praise-worthy in my book is a popular restaurant located on the Causeway in Atlantic Beach, just on the Atlantic Beach side of the bridge from Morehead City. It's called Channel Marker. I've been there a couple of times since the first of the year. There are several aspects of this establishment that recommend it: the view, the comfort and feel of casual elegance engendered in its dining room, the service and the cold salad that accompanies main courses. It's rare in even the most haute dining rooms that the salad is properly crisped and cold and that the salad plate is cold: at Channel Marker it is. In general the food is okay. I ordered fried flounder filets when I was there last that tasted like something from a frozen, then microwaved TV dinner. The two small filets (\$15) were paltry thin, limp and utterly tasteless. I've never been impressed with the food here other than the salad. But if you want a beach atmosphere, there's no better place than the Channel Marker. Have a drink, eat a salad, absorb the scenery then hop in your car and go to El's Drive-In on Arendell Street, beside the hospital, for a Super-Burger, Shrimp Burger or hot dog: you'll fare better.

STERLING SOFTSHELLS

With summer in the air, I must have fried seafood, which brings to mind the place for the best fried soft-shell crabs on earth: it's Riverview Steak and Seafood on Corbett Avenue in Swansboro, a short drive from Emerald Isle on the western end of Bogue Banks (cross over the bridge to Cape Carteret, turn left onto Highway 24, follow through Swansboro and you'll easily spot Riverview). I used not to like soft-shell crabs, fried or otherwise, but I became addicted after downing with gusto the jumbo soft-shell crabs at Riverview. Outstanding! And not so incidentally, Riverview is operated by good friend and Raleigh native John Kilgore, who made a name for himself in the Triangle culinary scene when he originally owned and operated Cappers in The Lassiter across from North Hills Shopping Center in Raleigh.

Another interesting eatery at which to nosh while in Swansboro is, for me, a lunch spot: Yana's Ye Olde Drug Store Restaurant on Front Street. Ye Olde might suggest "medieval" but as far back as Yana's goes is late-1940s through early 1960s. Thematically, Yana's is all about nostalgia, taking diners back to the days when drug stores also meant great fast food, including old-fashioned milkshakes and fresh-squeezed

lemonade. The cheeseburgers at Yana's are two-fisted wonders—the juice literally drips down your chin. It's rock n' roll food and atmosphere. Yana's is a morning gathering place for locals who apparently think there's no better place to breakfast than at this delectable—and usually crowded—dive.

In somewhat the same vein as Yana's is Andy's, a thematically '50s "burger joint"—a popular chain eatery based in Goldsboro—with a total of 80 stores in many eastern NC communities (oddly, though, none in the Triangle). I love the cheeseburgers here as well as the fresh-squeezed lemonade. And if you travel to the Bogue Banks area via Highway 70 or Highway 24, you'll most likely have ample opportunity to avail yourself of the goodies at Andy's. There's an Andy's in Kinston, Havelock, New Bern (on 70 East and 24 East), Richlands, Beulaville, Jacksonville and Swansboro.

Highway 70 offers up a variety of good food opportunities. For example, a friend and I hit the beach about every other weekend, particularly from late-December through April. Room prices are kinder during the off-season and there are pet-friendly lodgings on Bogue Banks: Atlantis Lodge at Pine Knoll Shores (good waterfront views) and Amerisuites (across the street from the Atlantis, with comfy rooms but no views). Part of the fun of beaching it is getting there and getting back, hitting the thrift stores along the way (best is Second Fling, a few miles west of Goldsboro). But coming back, my thoughts are all on food. Making a Sunday leave-taking from the shore a bit more palatable is our tradition of stopping at McCall's Barbecue and Seafood in Clayton. The original McCall's is in Goldsboro, but both are located on Highway 70. McCall's offers a large buffet. If you get there at 3:30 p.m. or thereafter you'll get the dinner buffet—which includes fried shrimp and fried fish. The fried fish is ho-hum but the fried shrimp, if you are lucky enough to get it the moment it arrives on the line, is excellent—better than almost any fried shrimp you'll get at the beach. But at McCall's you can pig-out, eating as much as you want. The other food on the line is okay, on par with Golden Corral, with special plaudits going to the barbecue. And why do I prefer the Clayton location rather than the Goldsboro: The Clayton store is newer, seemingly cleaner and fresher. Plus I like to know that when I sit down to a big meal I won't have too far to drive afterward.

The mention of barbecue brings another thought to mind as a not-to-be-missed food site: Ken's Grill, a modest establishment on Highway 70 West in La Grange, near Kinston. Ken's claim to fame is its barbecue, served only two days a week. I know for a fact that one of those days is Saturday, and I think the other day is Wednesday. My friend and I typically head down to the beach on Saturday morning, which puts us at Ken's Grill about noon. Let me warn you: Peak lunchtime business on Saturdays at Ken's is brisk; you may not find a parking space and table space is practically non-existent. But happily Ken's has taken-out so you can have a delicious barbecue sandwich or a plate lunch to-go.

And finally, Steve Bryant, owner of the North Carolina Mudcats, has spent years rebuilding Zebulon's Five County Stadium into a ballpark befitting a professional baseball team. The re-designed stadium opened during the 2000 baseball season. Now Bryant is taking the stadium to new heights, unparalleled even at any major-league stadium, with the opening of a spiffy new dining room and bar called Cattails: From fresh mussels to the ginger crème caramel dessert, the cuisine, a press release touted, is the finest in eastern North Carolina. Worth checking out... **MM**

Metro Magazine's Premiere RESTAURANT GUIDE

RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and dinner seven nights a week.

Bella Monica – 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crust Neapolitan pizza with gourmet toppings. Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood bar with all-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. "Simply superb-three stars." – *News & Observer*

Bloomsbury Bistro – 509 West Whitaker Mill Road, Suite 101, Raleigh (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*.

Bogart's American Grill – 510 Glenwood Avenue, Raleigh (919) 832-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.

Cappers Restaurant – 4421 Six Forks Road, Raleigh (919) 787-8963. Serving up the Hottest Cuisine and Coolest Jazz in the Triangle since 1985! Steaks and fresh seafood are the specialties. Serving lunch Monday through Friday and dinner seven nights a week. Now serving Sunday Brunch. www.cappersrestaurants.com.

Carolina Ale House – 512 Creekside Drive, Raleigh (919) 835-2222. 4512 Falls of Neuse Road, Raleigh (919) 431-0001. 2240 Walnut Street, Cary (919) 854-9444. Carolina Ale House has something for everyone – we serve our award-winning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.

Cuba – 19 West Hargett Street, Raleigh (919) 890-4500. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.

Enoteca Vin – 410 Glenwood Avenue, Suite 350, Raleigh (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca Vin's warm urban interior, bar and patio provide a casual but sophisticated environ for serious dinners or spontaneous rendezvous over wine and cocktails. Metro Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured

meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award for Excellence in 2004. Serving dinner Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit www.enotecavin.com.

Daniel's Restaurant – 1430 NC 55, Apex (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Hours of operation are Sun-Mon. 5-9pm, Tues-Sat. 5-10pm.

Est Est Trattoria – 19 West Hargett Street, Raleigh (919) 833-4440. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

Frazier's – 2418 Hillsborough Street, Raleigh (919) 828-6699. Frazier's has been rated one of the top ten restaurants in the triangle since opening in 1998. An eclectic, ever changing menu is executed in a newly renovated, very hip but casual atmosphere.

Hi5 – 510 Glenwood Avenue, Raleigh (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. www.hi5raleigh.com.

The Irregardless Café – 901 West Morgan Street, Raleigh (919) 833-8898. Thirty years old and fresh every day! Serving market fresh produce, fish, poultry, beef, lamb, vegetarian meals with menus changing daily. Live music nightly, catering and more! www.irregardless.com.

Lucky 32 – 832 Spring Forest Road, Raleigh (919) 876-9932. 7307 Tryon Road, Cary (919) 233-1632. Seasonal fare with influences of regions across the country. www.lucky32.com.

Maximillions – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillions, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the *Cary News* Readers Poll. *News and Observer* praised food as "inventive fusion cuisine" with 3 1/2 stars.

The Melting Pot – 3100 Wake Forest Road, Raleigh (919) 878-0477. At The Melting Pot, fondue becomes a memorable four-course dining experience where patrons can really "Dip into something different®." Guests enjoy a choice of four flavorful fondue cooking styles and a variety of unique entrees combined with special dipping sauces. The menu also includes creamy cheese fondues, fresh salads, fine wines and mouthwatering chocolate fondue desserts. www.meltingpot.com

Michael Dean's Wood Oven and Seafood Grill – 1305 Millbrook Road, Raleigh (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options as well. Enjoy the wide drink selec-

tion, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days. www.michaeldeans.com.

Nana's Chophouse – 328 West Davie Street, Raleigh (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Monday-Thursday 5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

NoFo Market and Café – 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrees. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," www.citisearch.com

Porter's City Tavern – 2412 Hillsborough Street, Raleigh (919) 821-2133. Porter's City Tavern was chosen "Best New Restaurant" of 2004 by the readers of *MetroMagazine*. A fresh open floor and sidewalk/patio showcases a diverse menu of steaks, pastas, salads, sandwiches, and fresh fish. The menu is prepared using the freshest local ingredients available.

The Red Room Tapas Lounge – 510 Glenwood Avenue, Raleigh (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday – Saturday at 6 pm. www.redroomraleigh.com.

Rey's – 1130 Buck Jones Road, Raleigh/Cary (919) 380-0122. With a vision of quality, Rey's features fine dining with a French Quarter flair, blended with ambience and exceptional service. Owner Rey Arias created a menu offering signature "New Orleans-Inspired" meals. From the highest quality of steaks and seafood to homemade desserts, Rey's offers something for everyone! Customized catering for 6-200 is also available. www.reys-restaurant.com

Ruth's Chris Steak House – 2010 Renaissance Park Place, Cary (919) 677-0033. Home of the Sizzling Steak. Serving generous cuts of cornfed USDA Prime Midwestern beef, custom-aged to the peak of flavor.

Second Empire Restaurant and Tavern – 330 Hillsborough Street, Raleigh (919) 829-3663. Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant!! *Wine Spectator* Awards of Excellence.

Taverna Agora – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, Sunday brunch, catering available. Taverna Agora, Absolutely Greek.

Tavola Rossa Ristorante Italiano – (919) 5300 Homewood Banks Drive, Raleigh. (919) 532-7100. Our menu features pasta, brick-oven pizza, chicken, veal and seafood. The open kitchen lets you in on the action while our patio allows you to dine al fresco. Fabulous wine menu. Serving lunch 11:30 am – 3:00 pm 7 days and dinner 5:00 pm – 10:00 pm Sunday–Thursday and 5:00 pm – 11:00 pm Friday and Saturday.

Twisted Fork – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner. www.thetwistedfork.com.

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York – Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Zely & Ritz – 301 Glenwood Avenue, Raleigh (919) 288-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates (so that you can order several and share) in an upscale, casual, yet hip and smoke-free environment. Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with the best boutique wine list in Raleigh. Serving lunch, dinner and late night – call for hours and to make reservations.

DURHAM

Bakus Tapas and Wine Bar – 746 Ninth Street, Durham, (919) 287-0777. Winner "Best Ethnic Cuisine" Taste of the Triangle, 2004. Voted one of the Top All Around Restaurants, Top Ten Vegetarian Restaurants, and Top Ten Restaurants with Outdoor Dining by AOL Cityguide, 2005. Visit our restaurant for delicious food and wine in a vibrant atmosphere! Our menu features a wide variety of wine and tapas dishes. Ask us about our special event rental and beautiful canopied outdoor patio. Hours are Monday-Friday 4pm-Midnight, Saturday & Sunday 2pm-Midnight. www.bakus9.com.

Café Parizade – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday-Friday 11:30 am – 2:30 pm and dinner Monday – Thursday 5:30 – 10:00 pm, Friday and Saturday 5:30 – 11:00, and Sunday 5:30 – 9:00 pm.

George's Garage – 737 9th Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Nana's Chophouse – 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday – Sunday, 5:30 – 11:00 pm and Sunday brunch 10:30 am – 2:00 pm.

Verde – 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

Xios Authentic Greek Cuisine – 800 West Williams Street, Suite 100 Apex. (919) 363-5288. Tapas-style Mezethes is the specialty at this family-owned restaurant. Xios is the gathering spot in the Triangle for good food, good drinks and endearing conversation. Join us for a romantic evening, with a group of friends, or the entire family. Sample menus and wine lists available at www.xioscafe.com.

CHAPEL HILL/CARRBORO

Crook's Corner – 610 West Franklin Street, Chapel Hill (919) 929-7643. "Sacred ground of Southern foodies." – *New York Times*. "The menu combines vintage Bill Neal with the personal touch of chef Bill Smith. ...The combination is a winner." – *Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tuesday at 5:30 pm, Sun Brunch 10:30 am-2:00 pm, www.crookscorner.com

Jim's Famous BBQ – 115 S. Elliott Road, Chapel Hill (919) 942-7427. Happiness, Food & Spirits served up in a fun, casual atmosphere! Award-winning pit-smoked bar-b-que including fall-off-the-bone Baby Back and St. Louis style pork ribs, Western beef ribs, pulled or chopped pork shoulder, beef brisket, chicken, turkey and sausage. Plus catfish, wings, salads, burgers and more! Full service dine-in, take out, delivery and catering. Complete menu served all day long, seven days a week. Write to us: jim@greatpigs.com

La Residence – 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

Pazzo! – Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

Provence Restaurant – 203 West Weaver Street, Carrboro. (919) 967-5008. Included in Moreton Neal's Top 25 restaurants for 2005, Provence is a casual restaurant in a quaint setting, in the heart of Carrboro, featuring authentic cuisine from the South of France. Fresh seafood specialties, outdoor patio. Serving dinner Monday–Saturday, 5:30 pm. Reservations suggested.

Spice Street – 201 Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

Talulla's Restaurant – 456 West Franklin Street, Chapel Hill. (919) 933-1177. The newest addition to the Restaurant Mecca of West Franklin Street in Chapel Hill. Talullas is an instant success with its "ethnic elegance" and "beautifully prepared food." Its Eastern Mediterranean cuisine is simple, fresh, and exotic. Tuesday – Sunday 6-10 Dinner, 10-2 Bar/Lounge. www.talullas.com

The Weathervane – 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.

BEYOND THE TRIANGLE

Blue Moon Bistro – 119 Queen Street, Beaufort. (252)-728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tuesday–Saturday.

Chef Warren's – 215 NE Broad Street, Southern Pines (910) 692-5240. Warren and Marianne Lewis invite you to their Southern Pines Bistro offering patrons a variety of delicious specialties from an eclectic menu of anything from Ostrich to Pork Chops. "Local touch, international cuisine," *Metro Magazine's* Moreton Neal. Open for dinner Tuesday through Sunday.

Deluxe – 114 Market Street, Wilmington, (910) 251-0333. Deluxe offers upscale dining for today's savvy gourmand in an aesthetically stimulating and casual atmosphere. New American style dinners feature innovative creations with worldwide influences prepared with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner every evening at 5:30; Sunday brunch 10:30-2:00pm. Wine Spectator Award of Excellence, All ABC permits. View current menus and wine list at www.deluxenc.com –Reservations suggested.



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Cork Report

by Barbara Ensrud



WINES FOR SUMMER GRILLING

The grill is fired and ready to go; delectable “grillables” await, as do thirsty palates gathered to sup and sip on a warm summer’s night. Have you stocked your summer wine cellar?

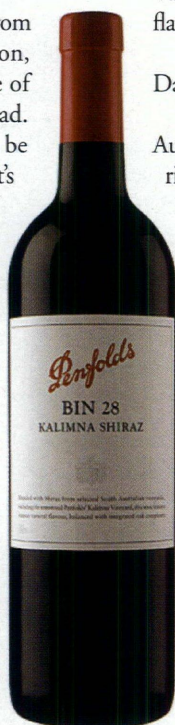
Since grill fare is wide-ranging—from meats to sausages to blue fish, salmon, tiger shrimp and more—the choice of wines to go with them is just as broad. With summer entertaining likely to be spur-of-the-moment and very casual, it’s a good idea to have a little cache of wine on hand so you don’t always have to dash out to the wine shop. Stock up ahead, so those small spontaneous happenings can coast along smoothly. Buy a mixed case or two that can handle the kinds of foods you like to grill.

Below are a few suggestions to consider with various foods. The only rules are: 1) drink what you like, regardless of what is suggested; and 2) every now and then try something new you haven’t had before—you might discover something swell.

GRILLED MEATS. The heartier the meat, the heartier the wine. With grilled steak or lamb, look to the bigger reds, the likes of Syrah (Shiraz), Zinfandel, Cabernet Sauvignon, Meritage blends or your favorite Italians (wines, that is!). The big, meaty wines cost more, but for a special dinner and a fine cut of meat, do them the honor of a fine wine, such as:

Syrah (Shiraz) from Australia and some California:

Ojai Syrah 2002, Bien Nacido Vyd, CA, \$45. Ojai is one of the top producers of California Syrah; this inky, deep, intense wine comes from one of Santa Barbara County’s best vineyards. Ripe tannins make it a little chewy, but lush, spicy flavors make it enticing to drink now.



Alexander Valley Vyds Two Barrel 2002, \$19. An excellent and lustrous blend of Syrah and Merlot.

Dog Ridge 2003 Shiraz, DV7, McLaren Vale, Australia, \$25. Irresistible ripe berry flavors, rich and earthy flavor and texture.

Lane Tanner Syrah Reserve 2001, \$25. Dark, rich, seductively smooth.

Penfolds Bin 28 Kalimna Shiraz, Australia, \$22. Consistently good berry-rich Shiraz.

Zinfandel. The original Zinfandel is red!

Alexander Valley Vyds Sin Zin 2002, Sonoma, CA, \$20. Always a winner, as seductive as that colorful label, with black raspberry and blackberry flavors.

Chateau Montelena 2002, Napa Valley, CA, \$27. Fine blackberry flavors, hints of spice.

Chateau Souverain 2002, Dry Creek Valley, CA, \$18. Petite Sirah adds deep color to this Zin; highly drinkable.

Duckhorn Paraduxx 2002, Napa Valley, CA, \$43. 72 percent Zinfandel gives this red its lush “mouthfeel,” 25 percent Cabernet adds structure and depth; Bold and exuberant.

Rancho Zabaco 2002, Dry Creek, CA, \$18. Good peppery-and-berry flavors; excellent value.

Cabernet, Merlot & Meritage. Well-structured Cabernet-Merlot-Cabernet Franc blends, rich and dark with spicy black currant flavors and hints of chocolate, mint and vanilla.

St.-Supéry Élu 2000, Napa Valley, CA, \$50. An excellent Meritage red, beautifully structured.

Rodney Strong Symmetry 2001, Healdsburg, CA, \$55. Alluring ripe blackberry Meritage blend.

Ch. St. Jean Reserve Merlot 2002, Sonoma, CA, \$22. Rich and deep—even Miles (the *Sideways* snob) would like it!

Clos du Val Cabernet Sauvignon 2002, Napa Valley, CA, \$28. Concentrated elegance; drink now—or in 2012.

GRILLED CHICKEN, SAUSAGES, BURGERS.

Medium-bodied and lighter reds are the ticket here—moderate-priced versions of Syrah/Shiraz, as well as Zins, Spanish Crianzas, Italian Barberas and Dolcettos; also cru Beaujolais such as Morgon, Juliéas, Moulin à Vent.

Jacob’s Creek Shiraz-Cabernet 2002, Australia, \$8-9.

Lindemans Reserve Shiraz 2002, Australia, \$8-9.

Goats du Roam in Villages 2003, South Africa, \$11. Côtes du Rhône Down Under.

Domaine de Nizas 2003, Languedoc, \$13. Aromatic and highly drinkable.

Biltmore Century N/V American, \$15. Appealing blend of Merlot and Sangiovese.

Broquel Malbec 2002, Argentina, \$15. Dark and hearty, but smooth and easy to drink.

Duboeuf Cru Beaujolais, \$11-13, 2003. Juliéas or Fleurie, perfect with burgers or lamb sausages.

El Coto Crianza 2002, Rioja, Spain, \$9. Bright cherry and currant flavors.

Jaboulet 2003 Parallele 45, Côte-du-Rhône, \$8-10. Fairly lusty for the price—great value!

Lorion Crianza 2002, Rioja, Spain, \$15. Ever a charmer; highly versatile with summer foods.

Porcupine Ridge Syrah 2002, South Africa, \$11-12. Meaty and flavorful.

Torres Sangre de Toro 2003, Catalonia, Spain, \$12. Rustic charm, with spicy accents.

Dry Rosés. ’Tis the season for dry pinks, which, as someone said recently, “are really white wines all dressed up in pretty colors”—

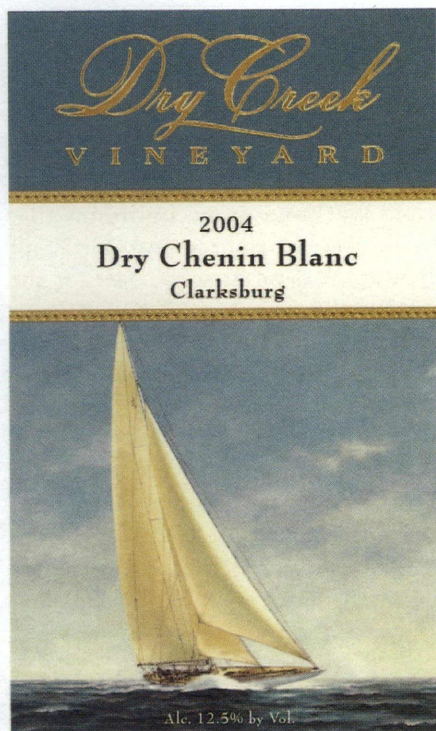


a range of hues from blushing pink to sunset coral and shades in between.

Domaine Houchart 2003, Languedoc, \$9. Lively and charming.

El Coto Rosado 2004, \$8. Bright fresh fruit, and quite dry.

Leverano Rosé 2004, \$6. Can't beat the price; drink soon while it's fresh and sprightly.



SAUSAGES (INCLUDING HOT DOGS): White wines are also good with grilled sausage, particularly bratwurst, knockwurst, or seafood sausages. Dry Chenin Blanc, if it sports good acidity to balance the fruitiness, can be very fresh and accommodating with these foods, as in:

Dry Creek Vyd 2004, Sonoma, CA, \$8-9. Dry and zesty; very good value.

Saumur 2003, Loire Valley, France, \$7 at Weaver Street Market in Carrboro. Dry, fresh and appetizing; great for the summer cellar!

Rieslings with sausage: an excellent match (see May *Metro*: www.metroinc.com)

GRILLED SALMON. I'm partial to more graceful Oregon Pinot Noirs for salmon, though some of the newer imports from New Zealand are quite good. South African Pinotage can also work.

Bethel Heights Pinot Noir 2002 Willamette Valley, OR, \$30.

Cristom Pinot Noir 2002 Mt. Jefferson Cuvée, \$25.

Domaine Carneros Pinot 2002, Napa Valley, CA, \$20.

Elk Cove Pinot Noir 2002 Willamette Valley, OR, \$22.

Five Rivers Pinot Noir 2003, Santa Barbara, CA, \$13—very good value.

Steele Pinot Noir 2002, Carneros, \$19-21.

Te Kairanga 2003 Pinot Noir, New Zealand, \$17—lively and assertive.

GRILLED TUNA STEAK. Medium-bodied reds, including the much-maligned Merlot. Too meaty for the lighter Pinot Noirs; the big ones (Russian River, for instance) overpower it.

Forest Glen Barrel Select 2002, Cres, CA, \$10.

McMannis 2003, CA, \$11.

Robert Mondavi Private Selection 2002, CA, \$11.

GRILLED SWORDFISH, SHRIMP. Sauvignon Blanc is often a good choice (July "Cork Report" will examine Sauvignon Blancs in depth), but good Chardonnay—not over-oaked—is also quite accommodating to these and other

whitefish. Look especially for 2002 and 2003 white Burgundy, which are terrific without being too heavy, and for balanced California Chardonnays:

Beringer 2002 Estate Chardonnay, Napa Valley, CA, \$16. Excellent balance, deft oak, very pretty.

Maison Verget 2003 Bourgogne Blanc, \$15—more like a village cru white Burgundy, 100 percent Chard.

J. Moreau 2002 Chablis Mont de Milieu, \$18. Crisp, minerals and lemon curd flavors.

Rodney Strong 2003 Chardonnay, Sonoma, CA, \$15. Dry and tasty, well-balanced.

St. Clement 2003 Chardonnay, Carneros, \$16. Elegant and creamy.

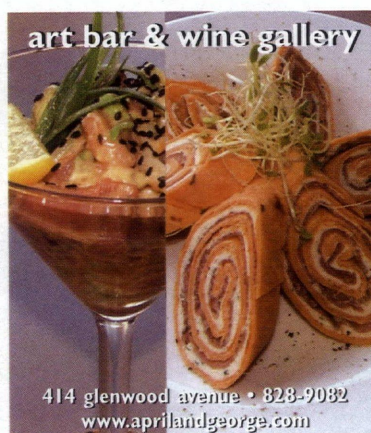
OTHER WHITES FOR SUMMER

Hanover Park 2003 Viognier, Yadkin Valley, NC, \$14. Fresh, dry and quite nice.

Hugel 2003 Cuvée Les Amours ("Lovers' blend"), Alsace, France, \$13. Lively, appealing Pinot Blanc.

Ponzi Pinot Gris 2003, Willamette Valley, OR, \$18. Snappy and refreshing; good with salmon.

Rancho Zabaco 2003 Pinot Gris, Sonoma, CA, \$18. Fragrant, dry and lovely fruit. **MM**



april & george

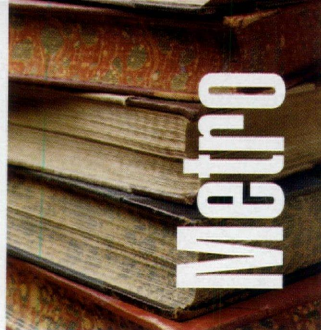


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Books

by Arch T. Allen

2005 Raleigh International Spy Conference

SPY CONFERENCE READING LIST

As *Metro Magazine* Editor and Publisher Bernie Reeves and the NC Museum of History prepare for the 2005 Raleigh International Spy Conference (August 31–September 2), “MetroBooks” notes some significant offerings by four of this year’s presenters—British Cold War espionage expert Nigel West, returning for his third conference presentation, and leading American historians John Earl Haynes, Harvey Klehr and Ronald Radosh, each appearing for the first time. (Joining this star line-up is IC Smith, the retired FBI Special Agent who investigated the two most prominent Chinese espionage cases in the U.S.)

Among the 20-plus books by Nigel West, a former member of Britain’s Parliament, three are particularly appropriate for the Spy Conference. In *Venona: The Greatest Secret of the Cold War* (2001), West explains the Venona documents, coded Soviet cables between Moscow and American Soviet agents here and in Britain that were decoded by American and British counterintelligence experts in the 1940s. The decoded cables were not declassified and released publicly until 1995, after the collapse of Soviet Communism. Their late release re-opened Cold War debates about Communist influence in Britain and America.

The bombshell of Soviet espionage was its success in stealing our atomic secrets in the 1940s and exploding their own atomic bomb in 1949, setting off the Cold War in earnest. In *Mortal Crimes: The Greatest Theft in History: The Soviet Penetration of the Manhattan Project* (2004), West tells the story, includ-

ing offering information on physicist Klaus Fuchs, who spied for the Soviets, and the infamous “Cambridge Five”—intellectuals who spied for the Soviets beginning in their undergraduate days. The British side of Soviet spying is the subject of West’s *Crown Jewels: The British Secrets at the Heart of the KGB Archives* (1999).

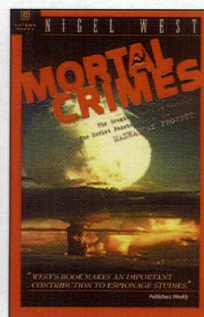
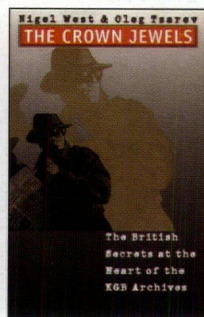
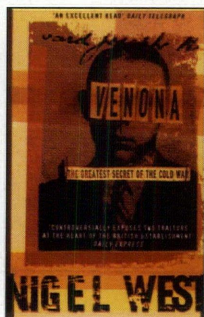
On this side of the Atlantic, the Soviets also had American spies at the Manhattan atomic bomb project and at the highest levels of the Roosevelt admin-

onage during the Cold War. They also help settle some scores in continuing Cold War contests by confirming that Whittaker Chambers and Elizabeth Bentley, Americans who spied for the Soviets and then informed on them in the 1940s, told the truth about Soviet espionage in the U.S. (See “MetroBooks,” March 2003.) Despite decades of denials by the anti-anticommunist American Left, Whittaker Chambers and Elizabeth Bentley were right—Alger Hiss and other high officials in the Roosevelt administration were Soviet spies.

These books also confirm that Julius Rosenberg was a Soviet spy who helped the Soviets steal our atomic bomb secrets. Rosenberg’s guilt had been explained earlier, based on then-available evidence, by Ronald Radosh and his co-author in *The Rosenberg File: A*

Search for the Truth (1983, revised edition 1997). Radosh began his research on Rosenberg thinking that he was innocent, but upon studying the evidence became convinced of his guilt. Now, observing new evidence that became available in the 1990s, Radosh’s conclusion of guilt is confirmed, as explained in the revised edition. (See “MetroBooks,” July/August 2001.) Radosh’s latest book, *Red Star Over Hollywood: The Film Colony’s Long Romance with the Left*, was scheduled for release in May 2005.

The Hiss and Rosenberg cases concluded in Hiss’ conviction of perjury for lying about his espionage and Rosenberg’s conviction and execution for espionage. Although not as well known as the Hiss and Rosenberg cases, the *Amerasia* spy case attracted the scholarly

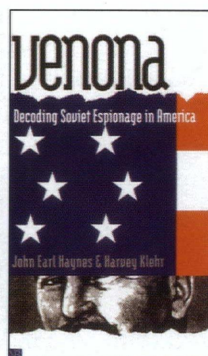
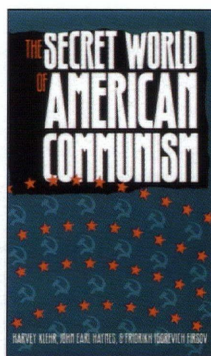


istration. Soviet penetration of American institutions is explained in detail by Harvey Klehr and John Earl Haynes in Yale University Press’ Annals of American Communism series, that includes *The Secret World of American Communism* (1995), *The Soviet World of American Communism* (1998), and *Venona: Decoding Soviet Espionage in America* (1999). Based on Soviet archives made available to Haynes and Klehr, and the decoded Venona documents, these books refute the pretense that the American Communist Party was an open and independent organization of American Leftists and expose it as a secret organization controlled and supported by the Soviet Communists.

These and other recent books establish the extensive scope of Soviet spi-

attention of Radosh and Klehr. They co-authored the definitive account, published by the UNC Press, *The Amerasia Spy Case: Prelude to McCarthyism* (1996). Named after a pro-Communist magazine covering American and Asian relations, the *Amerasia* case arose in 1945 when the FBI seized secret government documents at the magazine offices and arrested suspects associated with the enterprise. They were charged initially with espionage, but ultimately only the magazine's editor and a government employee were tried—and later convicted—only for unauthorized possession of government documents. The editor was not indicted and tried for espionage, Radosh and Klehr explain, because of political intervention to avoid exposing Communist espionage to the American public and embarrassing the Truman administration.

Senator Joseph McCarthy cited the *Amerasia* case in his claim in 1950, after the Communist takeover of China, that Communists had infiltrated the State Department. Although McCarthy spoke some truth, his exaggerations and abuses harmed the anti-communist cause, and



neither West, Haynes, Klehr, nor Radosh excuses McCarthy, as each has made clear. (See "MetroBooks," March 2003 and October 2003.) Nevertheless, defying the anti-anticommunists' long-standing denials of Soviet espionage, they establish that Soviet espionage actually existed, extensively in fact. Now, using recently available documents, they name some of the spies. Only about half of the "fellow countrymen" (Soviet code for spies) given codenames in the Venona cables have been identified, however, leaving us to wonder about the identities of the others.

THE WAR ON CAMPUS

As we wonder, some revisionist historians continue their anti-anticommunist denials, some of which have now morphed into defenses of Soviet espionage. In a book reviewed here last year, *In Denial: Historians, Communism & Espionage* (2003), Haynes and Klehr challenge the revisionists head on, refuting their denials and defenses and exposing them for "lies about spies" and "bad history in service of bad politics." (See "MetroBooks," June 2004.) The revisionists, Haynes and Klehr explain, "openly applaud and apologize for one of the bloodiest ideologies of human history," Communism, and wage a war over our understanding of history to reverse the Cold War victory over Communism "and to convince the next generation that the wrong side won."

That threatening thought emphasizes that understanding the Cold War is important now, just as winning it was then. Meet the authors by registering for the Raleigh International Spy Conference: Call 919-807-7917 or go to www.raleighspyconference.com. **MM**

NEW AND NOTEWORTHY by Art Taylor

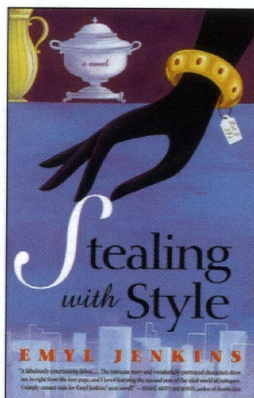
ANTIQUES INTRIGUE:

EMYL JENKINS' STEALING WITH STYLE

Emyl Jenkins has earned an enviable reputation as an antiques appraiser and author. Her books include: *Emyl Jenkins' Appraisal Book*, *Emyl Jenkins' Guide to Buying and Collecting Early American Furniture* and *The Book of American Traditions*. Her articles have appeared in *Art & Antiques* and *Southern Accents*, and she's been a guest on *Good Morning America*, The Discovery Channel, CNN and even the Home Shopping Network. But for the first time in her life, she says she feels like she's a success—all thanks to her debut mystery novel, *Stealing With Style*, published this month by Algonquin Books of Chapel Hill.

"It's a big leap from nonfiction to fiction," Jenkins said in a recent interview, "and I was afraid to do it, I was afraid I'd fail. But finally I decided I didn't want to go to my grave saying I wish I had... Truthfully, to write nonfiction may be as difficult as to write fiction, but people perceive fiction as a leap ahead, a different

level of creativity. Readers feel like the characters in a book become friends, and you don't have that feeling about nonfiction. You take the information from it; you put it on a bookshelf or on the coffee table. But if you've been successful in fiction, then comments a character makes or some endearing character will stay with you."



The protagonist of *Stealing with Style*, already planned as the first in a series of books, is Sterling Glass—like Jenkins, an antiques appraiser and, also like Jenkins, a resident of Virginia. In the novel, Jenkins discovers some rare antiques turning up in odd places—namely the local Goodwill store—and what begins as a routine evaluation turns into a complex, multi-layered investigation.

So where do the similarities between author and character begin and end? While nothing in the book is taken directly from life, Jenkins does say that the *storytelling* aspect of the antiques business was one inspiration for the novel:

"Every time I stepped into people's homes to do an appraisal of their antiques and personal property, almost always they would say to me, 'Oh this was my grandmother's or my great-

grandmother's or my step-uncle's or whoever's, and then they would start to tell me a story. So the objects started taking on a life of their own. I also worked for insurance companies and, yes, I did get involved in theft and a lot of estates, and I even worked for the IRS in some



Emyl Jenkins

instances. In that way, I became entangled in some of the plots that this protagonist explores. But what the novelist does is take situations from his or her own life and go on flights of fancy. You let your imagination go."

While her imagination has clearly served her well, and while Sterling Glass promises to be a character that mystery fans will surely not forget, the book is also grounded firmly by the author's extensive knowledge of the world of antiques. The letters that open each chapter (similar to those that once appeared in Jenkins' column in the Triangle's *Spectator* magazine) offer genuinely good advice. Jenkins elaborates: "My goal, ironically, was to do exactly the same thing as I do in my nonfiction books, which is to give people more understanding of antiques and fine arts and these wonderful treasures we have around us. But this time I used a character who could show that rather than just tell."

Stealing with Style is already on its way to success: the book is a Mystery Guild Book Club selection, advance reviews are overwhelmingly positive, and it's even

been translated into Japanese and Korean.

Closer to home, Jenkins will be stopping at several bookstores in the Triangle and Eastern North Carolina: at the Country Bookshop in Southern Pines on Monday evening, June 13; at Raleigh's Quail Ridge Books on Tuesday evening, June 14; at Hillsborough's Brick Alley Books on Wednesday, June 15; and at McIntyre's Books in Ferrington Village on Friday evening, June 17.

ROUNDING UP THE USUAL SUSPECTS

Fans of mystery fiction will also want to check out two more new titles—and mark their calendars for the related upcoming events in our area. Here's a brief roundup of new titles:

First, Triad-based author Nancy Gotter Gates visits the Triangle for a reading from her novel *A Stroke of Misfortune*, featuring recently widowed Emma Daniels turning amateur sleuth at a Florida condominium complex. (Incidentally, Gates is also the editor of *Creative Writing Cooking*, compiled by the Writers' Group of the Triad.) Gates will be at McIntyre's on Sunday afternoon, June 5.

Second, Sarah Shaber—a successful mystery writer in her own right—has recently joined UNC Press in presenting the anthology *Tar Heel Dead: Tales of Mystery and Mayhem from North Carolina*. The collection is truly star-studded, featuring some of the state's (and the country's) finest mystery authors, both present and past: ranging from O. Henry to Guy Owen to Michael Malone and Margaret Maron—and including 14 more celebrated authors. Not so incidentally, Shaber also recently published *The Bug Funeral*, the fourth title in her Raleigh-based Simon Shaw mystery series—also recommended. She'll be at the Barnes & Noble in Cary on Monday evening, June 27, as part of the store's Mystery Book Group.

A STEP BACK IN TIME

Two authors visiting the area this month have crafted novels against a backdrop of Southern integration.

Dennis McFarland, author of the highly praised *The Music Room* and *Singing Boy*, returns with *Prince Edward*, a novel set in Virginia's Prince Edward

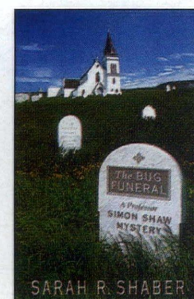
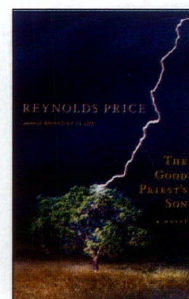
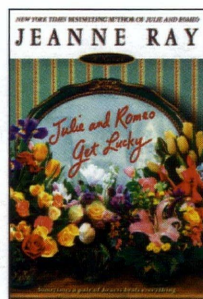
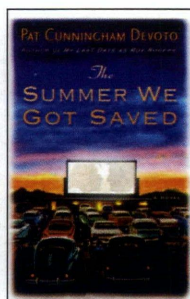
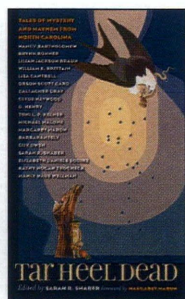
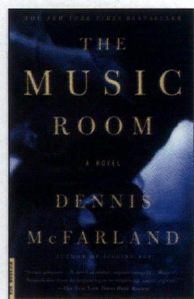
County, which closed its schools in 1959 rather than admit black students. The story is told from the perspective of a young farm boy during that pivotal year, whose own family provides a microcosm of the racial politics of the era (and, in the case of his sister, the sexual politics as well). McFarland will read from the new book on Monday evening, June 27, at Raleigh's Quail Ridge Books and on Tuesday evening, June 28, at Branch's Chapel Hill Bookshop.

A few days later, Pat Cunningham Devoto will also visit Quail Ridge Books with her new novel, *The Summer We Got Saved*. Devoto's book is set a few years after McFarland's and a few states away (Alabama) but some of the conflicts may well resonate, with another family caught in the midst of changing times and politics: a farmer who chooses to side with an integration-minded gubernatorial candidate against Wallace; the farmer's sister, who takes her nieces to a camp for training in nonviolent protest; and a sit-down lunch counter strike that proves pivotal both historically and personally. Devoto will be at Quail Ridge on Thursday evening, June 30.

CHICK LIT (AND ADJACENT GENRES)

On the heels of her bestselling debut, *Something Borrowed*, Wake Forest alum and former attorney Emily Giffin returns with an aptly named follow-up, *Something Blue*. Fans of the first book will recall what happens between Darcy Rhone, her best friend Rachel and her fiancé Dex (I won't say too much here), and the new book follows Darcy in the aftermath of all that (no more hints)—and now with a baby on the way! (OK, I guess that was another hint.) Giffin will be at the Barnes & Noble, Streets at Southpoint, on Monday evening, June 13.

While not exactly "chick lit" as we've come to know it, two other authors on this month's calendar are worth including in the predominantly "women's lit" category. Jeanne Ray follows up her earlier take on the Romeo & Juliet story with her latest, *Julie & Romeo Get Lucky*, in which an injured Romeo is left bedridden while his wife tries to handle... well, everything else. Then Adriana Trigiani, author of *The Queen of the Big Time* and *Lucia, Lucia*,



mounts a designer showcase of a novel with *Rococo*, centered around the renovation of Our Lady of Fatima in New Jersey. Jeanne Ray will be at Quail Ridge Books on Thursday evening, June 16; Trigliani visits there Wednesday, June 29.

QUICK TAKES

Several other notable authors are making area appearances this month. Here's a quick run-down:

Reynolds Price's latest novel, *The Good Priest's Son*, begins with the tragedies of Sept. 11, 2001, and follows one man's exodus from ravaged New York back into North Carolina to visit his aging father. Price is at Raleigh's Quail Ridge Books

on Tuesday evening, June 7, and at Durham's Regulator Bookshop on Wednesday evening, June 8.

John Dalton, winner of this year's Barnes & Noble Discover New Writers Award, visits the Barnes and Noble Cary on Thursday, June 9, to discuss his book *Heaven Lake*, about a missionary's adventures in China.

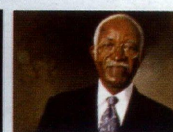
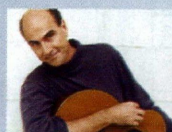
And Michael Cunningham, who won the Pulitzer for his novel *The Hours*, returns with another ambitiously multi-layered novel, *Specimen Days*, spanning from the industrial revolution to the middle of the 22nd century (yes, 150 years in the future). He'll be at the Regulator on Friday evening, June 10.

ON THE HORIZON

Finally, looking ahead: In mid-July—Friday and Saturday, the 15th & 16th, in fact—UNC-Chapel Hill's Program in the Humanities and Human Values hosts a symposium on "Epic Literature: *The Iliad*, *Beowulf*, *Paradise Lost* and *The Nibelungenlied*." While this may not sound like summer beach reading, just remember that *Beowulf* is basically an action-adventure film in book form; *Paradise Lost* features the most compelling villain this side of Darth Vader; and, well, who can forget Brad Pitt in *Troy*? (...much as we might want to.) For information or registration, visit www.adventuresinideas.unc.edu. **MM**



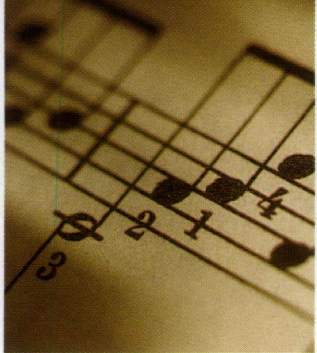
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PvV

by Philip van Vleck

GOOD SOUNDS FROM OSCEOLA STUDIOS

Over at Osceola Studios in Raleigh, things are definitely looking up.

Reggie Miller of Iced Media in New York recently purchased the facility and retained the services of Dick Hodgin (producer) and Ian Schreier (engineer).

Miller has made a significant capital investment in Osceola, which will result in an upgraded building and more cool tech gear, including ProTools HD—high-definition digital recording capability.

Hodgin and Schreier have seen Osceola Studios develop into one of the Southeast's finest recording locales. The fabled blues band Roomful of Blues recorded their most recent albums there, and the metal band Confessor has been in the studios as well. They've also been working with the San Francisco-based band Springfield. Local and regional acts such as Flat Duo Jets, Alysson Light, Lou Ford, Big Rick and the Bombers and Squeezetoy are also past clients.

Though both Hodgin and Schreier now call Raleigh home, neither of them is a North Carolina native.

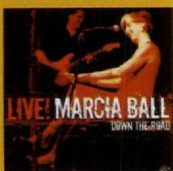
"I grew up in the DC area and Detroit," Ian explained. "I started college at Western Michigan. I transferred down here and finished the last two years of college at NC State. I majored in political science. That and a commercial driver's license will let me drive a cab."

QUICK FIX

Marcia Ball:

Live! Down the Road
(Alligator)

Ball just won the W.C. Handy Award for best blues pianist, and this live joint will demonstrate why she richly deserved the accolade. This is a killer album—a must-buy for blues fans.



Ian Schreier (left), engineer and Dick Hodgin (right), producer

Ian also spent time playing drums in various local bands before embarking on his recording engineer career. Dick Hodgin—a native of South Carolina with a degree in mechanical engineering—came to Raleigh to work for Simmons Management, managing rock acts. He started his own management firm—M80 Management—in 1984.

Ian mentioned that he's been interested in doing recording studio work for some time. He was equally aware, however, that to make a serious run at such a dream required a significant dollar investment.

"I knew I always wanted to do this," he said, "but I had to figure out a way to make it work. What I finally did was put my life in hock and borrow an ass-load of money."

Once he'd set up his studio, he did attract a clientele, and then opportunity came calling in the form of Dennis McGill. Four years ago, McGill bought Osceola from Gardner Reynolds.

"I'd been doing freelance work at Osceola, and when Dennis bought the studio he basically convinced me to close down my studio and merge my business with his business," Ian explained. "I brought my gear and my clients to Osceola."

Hodgin was hired as an engineer/producer at the same time.

"Dennis put the financial investment into Osceola to separate us from the competition," Dick said. "When I started here, the band I was managing—Cravin' Melon—was calling it quits after seven years and five

records. It was time for me to move on too."

Hodgin and Schreier have built a diversified clientele in the past four years. They've cut tracks for gospel and a cappella groups, rock and funk acts, singer/songwriters, and numerous hip-hop artists. They wield a combination of technical know-how, music biz smarts, and state-of-the-art gear that tends to attract business.

They're aware that digital recording technology is out there for sale, and that a lot of musicians buy everything from DAT recorders to Pro Tools software to record their tunes. A studio such as Osceola, however, still retains an edge when it comes to recording an album.

"There's always been home gear that you could use to make a recording," Hodgkin noted. "But to have a real studio, you have to have the good stuff. Whether it was the analog good stuff or the new digital good stuff, it was and is expensive."

Ian pointed out that there's a lot more involved in cutting an album than cool equipment.

"When somebody comes here, they can rest assured that we have good equipment, but it's not really the equipment they're paying for—it's the technical expertise and the experience," he said. "Now, people who know what they're doing can get an awful lot out of not much. I've heard great albums recorded on four-track cassette machines and pieces of crap that came out of places a lot fancier than Osceola."

"One thing we try to get across in marketing the studio is that, yeah, when all things are equal, yes, the equipment matters," he continued.

"But the reason why someone should come here is because they walk out with a great product. That happens because we know what we're doing. So we don't just track their songs for them. Any band that comes to Osceola gets to hang out with some people who will help them figure out what to do with their record after they leave."

"I mean, nowadays any idiot can go out, buy some gear, and claim he has a studio. There's a long learning curve involved in what we do, however, and a lot of would-be recording engineers and bands never get past that learning curve, because they don't survive long enough."

Hodgin, riffing on Schreier's observations, remarked that "we push faders and turn

knobs all right, but what we're really doing is educating people about the recording process and keeping them happy as we go. The best way to make a record is to get the artist happy and press the record button. Some of it involves Jedi mind tricks, but ultimately we draw out their creativity into microphones and then we straighten it up. We're portrait painters. Anybody can take a snapshot. We finish the picture and show the picture in a certain way to people who buy pictures.

Hodgin amplified his comments using a doughnut analogy.

"Let's say you've got your own brand. Maybe they've got little sparkly things on top, or icing, or whatever, but it's your brand. The object is for you to sell that doughnut and get it in people's mouths so they're buying your product. They're buying it so much, in fact, that when Krispy Kreme drives by and sees a line hanging out your door, they're saying, 'what the hell is going on there? Someone's selling a doughnut we don't know anything about? We need to find out about that. We need to sign that doughnut, because we can sell millions of them, not thousands—millions.'"

Schreier added that this seemingly obscure analogy references the way in which major record labels function today.

"The major labels want to see if you can succeed on a small level. They figure if you can sell 5000 copies of your album on your own, they can sell 50,000 copies, just like that, by simply injecting marketing money."

"Having said that, though, I have to add that all of the old models for success in the music business aren't really accurate any longer. I mean, there used to be a million different ways to success in the business; now there are two million different ways. A lot of indie artists are doing well, and their point isn't to sell a million records. They'll be rich if they sell 100,000 copies of an album, because there's no middleman."

Still, whether a band is selling their doughnuts, uh, albums, out of a suitcase at concerts or via the Internet, the product has to be appealing. A significant portion of that appeal will be the recording, mixing, and mastering of the record, and that's where Dick Hodgkin and Ian Schreier plug in to the process.

Check out Osceola Recording Studios online at: www.osceolastudios.com. **MM**

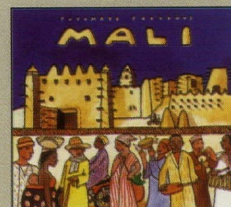
DISCOLOGY

Various Artists:

Mali

(Putumayo)

Some music journalists have taken to referring to the West African nation of Mali as the next



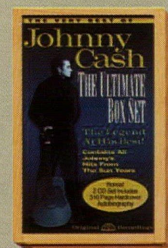
Cuba. While this may be a bit of hyperbole, there's no doubt that Mali has produced a host of superb players in recent years, and several of them are featured in this excellent Putumayo compilation. The artists included here create mesmerizing grooves that combine traditional Malian instrumentation and music with western rock influences. Issa Bagayogo is also heavily into electronica and dance beats, and has released albums that have generated several dance club rave tracks. Habib Koite and his band Bamada may be the most recognizable act, since he's toured the US several times. Also check out Moussa Diallo, Ramatou Diakite, Boubacar Traore, and the mighty Tamashek group Tinariwen.

Johnny Cash:

The Legend

(Columbia/Legacy)

This four-CD offering is a pretty thorough summary of Cash's singular career. There are over 100 tunes here, including most



of those that any knowledgeable fan would consider indispensable numbers. Choice cuts include "I Walk the Line," "Cry, Cry, Cry," "Folsom Prison Blues," "Walking the Blues," "Keep on the Sunny Side," "The Ballad of Ira Hayes," "Ring of Fire," "Jackson," "Delia's Gone" and "Wildwood Flower."

Cash's career was groundbreaking, and his contribution to genuine country music is inestimable, so Columbia is hardly overreaching in offering this compilation under the title *The Legend*.

continued from page 23

Bell, professor emeritus of botany at UNC and founder of the NC Botanical Garden; and Dr. Anne H. Lindsey, Bell's wife and co-owner of Laurel Hill Press.

"Even though this was a labor of love," said Bell, "the second edition was a whole lot more work because we now have charts, too, with just about anything you would want to

know about the plants. That includes where and when the flowers bloom, what conditions they thrive in, whether or not they are poisonous and whether they are endangered or threatened."

Also featured is a key character code for each entry for help in identifying plants by their characteristic structure, flowers and leaves, along with references, a glossary,

numerous drawings, several appendices and an index. Given also are folk uses for many of the plants such as food, beverages, dyes and medicines for a host of problems.

"A portion of the royalties from the book will go to the NC Botanical Garden where people can go to look at native plants as they exist in nature," Bell said. **MM**

EYES ONLY

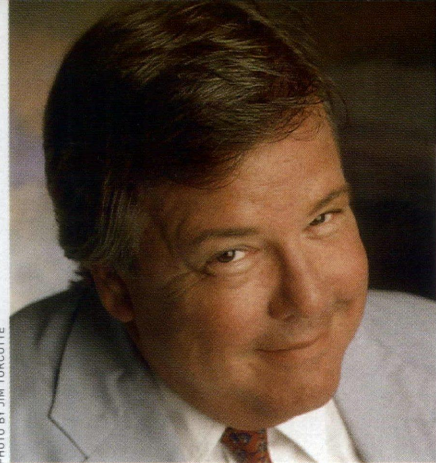
David H. Schanzer, a government lawyer and former Capitol Hill staff member, has been hired to plan the new **Triangle Center on Terrorism and Homeland Security**. Focus of the new center, being established by Duke University with UNC-Chapel Hill and

RTI International, will be developing strategies for addressing the problem of terrorism and devising ways to promote homeland security. **■** The 2005-2006 **Carolina Performing Arts Series**, "A Movement to Greatness," will present more than 700 artists in more than 40 performances in the newly renovated **Memorial Hall at UNC-Chapel Hill**. These and other world-renowned performers will appear Sept. 9 through May 20, heralding a new era for the arts at Carolina. **■** The Penland School of Crafts in Penland, NC, and a series of 10 metal screens for a Charleston, SC, low-country house, both designed by **Raleigh architect Frank Harmon**, **FAIA**, received top honors in the **2005 AIA Triangle Design Awards**. **■** Two Durham students placed 1st and 3rd in a **Congressional District Art Competition** held recently. **Daniel Lecky**, a junior at Riverside High School, won first place for his relief-print, **Duke Blue**. It will hang in the US Capitol for one year with other first-place winners. **Leigh Werrell**, a senior at Riverside, won third place for her drawing, **First in Flight**. Her artwork will hang in Rep. David Price's office in Raleigh for the next year. **■** Duke University alumnus **Robert K. Steel** has been elected **chair of the Duke University Board of Trustees**, effective July 1. Steel, the first Durham native to chair the board since Duke became a university in 1924, has served as vice chair since July 2000. **■** **UNC-Chapel Hill** scientists and a UNC start-up company, **Xintek Inc.**, have invented a **new X-ray device** based on **carbon nanotubes** that emits a scanning X-ray beam composed of multiple smaller beams while also remaining stationary. The device can create images of objects from numerous angles and without mechanical motion. **■** **Wilkes Community College**, which has produced MerleFest on its campus in Wilkesboro since 1988, awarded its first honorary degree ever to iconic roots musician **Arthel "Doc" Watson**. Dr. Gordon G. Burns, president of Wilkes Community College presented Watson with an Honorary Associate in Arts degree at the school's Commencement exercises. **■** **UNC-Chapel Hill**, **state health officials** and **Clinipace Inc.**, a Research Triangle Park-based software

company, have designed and established **one of the nation's first four statewide stroke registries**. The US Centers for Disease Control and Prevention (CDC) is supporting the effort with \$3 million over three years through its Paul Coverdell National Acute Stroke Registry program. **■** The **grand prize winner of \$3000** in the First Annual **Rhein Prize For Community Art** is **Beverly Ford**, a junior at NC Central University in Durham, for her sculpture **Birdhouse**. The contest was sponsored by residential land developer Rhein Interests, which is building Brightleaf at the Park, a 2150 home community on Hwy 70 near RTP. **■** Here's a shortcut to getting all the **government information**, forms and services you need—no need to wait in line. The **government is now officially online** at FirstGov.gov. Click on a topic you want to know about and it will take you to the federal, state and local government Web pages that have the answers. **■** **Recent University Honors**: Two faculty members with Duke University affiliations and one at UNC-Chapel Hill have been elected to the **National Academy of Sciences** "in recognition of distinguished and continuing achievements in original research": **Brigid Hogan**, professor & chair of Duke Medical Center's Department of Cell Biology; **Robert Keohane**, former James B. Duke Professor of Political Science and currently Professor of Public & International Affairs at Princeton University; and **Sancar Aziz**, Sarah Graham Kenan Professor of Biochemistry at UNC. **■** **Drs. Oliver Smithies**, Excellence Professor of pathology & laboratory medicine at the UNC-Chapel Hill School of Medicine, and **Mario R. Capecchi**, Distinguished Professor of human genetics at the University of Utah, have been named co-recipients of this year's **March of Dimes Prize in Developmental Biology** for developing **gene targeting**. **■** **Five Triangle Professors** have been elected fellows of the prestigious **American Academy of Arts and Sciences** in recognition of "preeminent contributions" in their fields: **Dr. Jack D. Griffith**, Kenan distinguished professor of microbiology & immunology in UNC's School of Medicine; **Dr. Joseph M. DeSimone**, W.R. Kenan Jr. Distinguished Professor of Chemistry & Chemical Engineering in UNC's College of Arts and Sciences and at NC State University; **Dr. James Samuel Clark**, H.J. Blomquist, Professor of Biology at Duke University; **Dr. Herbert Edelsbrunner**, Arts & Sciences Professor of Computer Science & Mathematics at Duke University; and **Dr. Thomas Petes**, chair of Genetics & Microbiology at Duke Medical Center.

My Usual Charming Self

by Bernie Reeves



HENRY WALLACE: THE TRUE STORY

watched with special attention the recent documentary on public television about Henry Wallace, a former Secretary of Agriculture, vice-president during FDR's third term and Secretary of Commerce in Roosevelt's brief fourth term. In 1948, Wallace ran for president under the banner of the Progressive Party and was soundly defeated, garnering only one million votes nationwide in the popular vote. He became publisher of the *New Republic* for a stint and then faded away into relative obscurity. Yet there was a moment in history that could have made his name forever infamous. The documentary did not mention it.

But intelligence scholar Chris Andrew did, in 2000 on CBS *60 Minutes* and CNN. Henry Wallace, it was divulged in formerly secret KGB files, was set to impose on the U.S. a Soviet-run administration. According to Andrew, referring to his book *The Sword and the Shield: The Mitrokhin Archive*—co-authored with former KGB Colonel Vasili Mitrokhin: "The fact that Roosevelt survived three months into an unprecedented fourth term in the White House deprived Soviet intelligence of what would have been its most spectacular success in penetrating a major Western government. The NKVD (the forerunner of the KGB) succeeded, nonetheless, in penetrating all the most sensitive sections of the Roosevelt administration." The Democrats dropped Wallace as FDR's running mate for the 1944 presidential race, depriving him of the presidency and the opportunity to establish a Soviet-appointed Cabinet.

This information was available to the producers of the Wallace documentary. Yet it was omitted, which is one example of the refusal of scholars and the media to recognize the revelations over the past 15 years that clear up many of the disputes

and false assumptions that continue to divide the interpretation of recent history. The more the data stack up, the more "revisionist" scholars refuse to recognize that the Left in this country was largely manipulated by the Soviets. In other words, as several leading historians have admitted: Joe McCarthy was right. Three of the most prominent scholars on the subject will be here for the third Raleigh International Spy Conference August 31-September 2. Go to www.raleighspyconference.com for more information.

NOTES FROM LA-LA LAND

The top domestic terrorism threat in the US today, according to the FBI, is environmental and animal rights activists. These "eco-terrorists" earned their new stature after the G-men compared the groups "against right-wing extremists, the KKK, anti-abortion groups and the like."

...

First Lady Laura Bush, while on a tour of the Middle East—a gutsy undertaking in itself—was asked about the rioting and 16 deaths set off by a false report in *Newsweek* magazine that pages of the Koran were desecrated at a US prison for terrorists. She said simply that she doesn't really blame *Newsweek* since the US is a country where a news item doesn't set off riots and mayhem. So how was *Newsweek* to know that shoddy reporting would cost lives, she is implying? This seems a bit disingenuous, that slanted news reporting is okay in the US since we don't take to the streets when serious errors occur? If we did, based on the steep decline in credibility of the national mass media, we'd be demonstrating every day. If you read just the *New York Times* and listened only to National Public Radio, you'd be on the street night and day—weekends and holidays included.

With this incident, we are receiving a

taste of what being an empire is all about. In 1847, with the British Empire at its zenith, the Raj in India was faced with rioting in the predominately native military ranks when a rumor spread that ammunition was encased in animal fat from pigs and cows. Moslem soldiers could not touch pork and Hindus were forbidden to eat beef; the rioting turned into armed insurrection.

...

I'm starting to relate to Russians and Germans who woke up one day to find they were living in a tyrannical dictatorship. The Communists in 1917 and the Nazis in 1933 took over by enacting a people's revolution—the Soviet Socialist Republic and National Socialism—each selling a better life under the façade that the new ruling elite operated in the name of the People—therefore in everyone's best interest. Actually, the new regimes were acting in the interests of a very few people who used the legerdemain of effective propaganda and the theatrics of popular rallies and pressure politics to gain power. The elite, acting as if they were sanctioned by the masses, set to work to impose their agendas as they saw fit with terrifying efficiency.

Now it appears the City of Raleigh is in the grip of elitists who want what's best for the people, whether they like it or not. City Council Resolutions pop up weekly calling for more regulatory interference, for example, a proposed fine for not keeping your yard looking nice or for allowing poison ivy to grow. Meanwhile, our roads are becoming impassable as our leaders sit back and watch plans for a commuter train to Durham soak up road funds. And the curbside trash pick-up plan, concocted by City staff and environmental activists in the community to cover up the cost of recycling—a project dear to their little green

hearts that is costing the City a bundle—has turned our residential avenues and lanes into slums for the day. And, as expected, the trash police are now required to enforce compliance. I'm waiting for the knock on the door in the dark of the night.

...

The 300-acre Dorothea Dix property now up for grabs is the subject of public hearings with the consensus tilting to creating a public park. People like me who want to see a metropolitan private development with homes, condos and shopping obviously do not attend these meetings as they usually draw people with a heartfelt but usually naïve agenda. These folks always want parks and "public spaces" because they are weighed down with the propaganda that we are losing "green spaces" and the option of "development" will pollute the air and kill us all.

Raleigh has enough green space to support herds of antelope already. What is needed at Dix is a cosmopolitan mixed-use development that sets aside a portion of the land for public use. The proximity of Dix to center city Raleigh and the burgeoning Centennial Campus to the west, makes it perfect for upgrading the profile

of the City with a first class project where people actually live and work and shop. That's how you put soul in a city, not by creating more underutilized park space that must be maintained and kept secure.

...

Triangle Transit Authority goons walked unannounced into a Raleigh business recently to inform the owners, in front of employees and customers, that they were there to help them relocate. The owners had no idea what was going on and were obviously upset. The TTA Gestapo seemed unconcerned that the investment and livelihood of the owners were in the way of a "proposed" TTA rail corridor.

First off, under what authority is TTA going around threatening to snatch personal property? Second, what makes them think the rail transit system will be funded? The Feds are taking another look at the viability of rail transit in the Triangle, as they should have done long ago—before a cadre of activists went around our backs to impose mass transit on the community knowing there was no factual basis to justify it in the first place.

...

The bill in the legislature calling for a

statewide ban on smoking in restaurants and public places runs contrary to nature in North Carolina. This is the home of tobacco and of the original colonists who broke away from Great Britain to get government out of their lives. The impetus for the ban comes from the usual suspects who are compelled to legislate behavior, and run right over individual rights with no shame—all the while performing as useful dopes for insurance companies.

I've got some ideas to help them create the perfect world they so righteously yearn for. After all, these dangers are costing society billions and are driving up health costs for us all:

- Seat belts on dogs. How many times do you see dogs running freely around the back of open pick-up trucks? This is cruelty to animals and potentially dangerous as a distraction to drivers.
- Helmets on golfers, tennis players and soccer teams. This is an obvious threat. Golfers are in constant danger of being hit; tennis players actually stand in the way of violently struck balls aimed right at them; and with so many kids playing soccer, cared for by moms who are concerned about their children, this is an urgent need.
- Automobile safety. Obviously, cell phones must be banned, along with radios and TV sets that distract drivers and cause accidents. And no more eating in the car; this is very dangerous and causes accidents that drive up insurance rates and costs society billions.
- Ban sky-diving and air travel. Everyone knows how bad it is when planes crash.
- Ban swimming and sunbathing. Thousands die every year while swimming and doctor care for sunburn cases and skin cancer is costing society billions in increased medical costs.
- Ban alcohol. This didn't work so well in the 1920's, but Prohibition is the only solution to address the ravages of alcohol on society. Drunk driving, domestic violence and workplace productivity losses to alcoholism are costing society billions. And the medical needs are alarming: cirrhosis of the liver, loss of brain cells, decline in immunity to disease and rehabilitation are costing society billions and billions.

There, now, is everyone happy? **MM**

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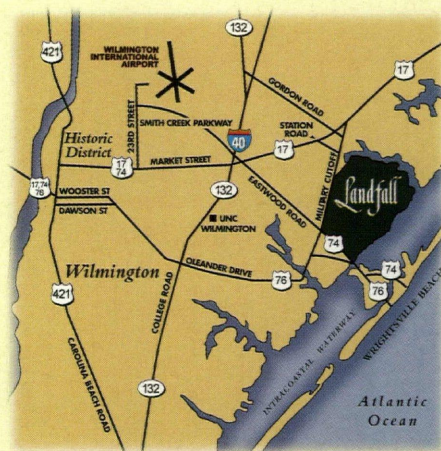
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