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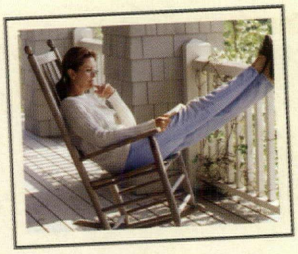

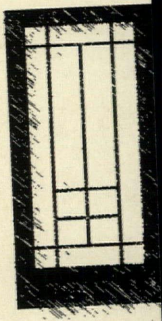

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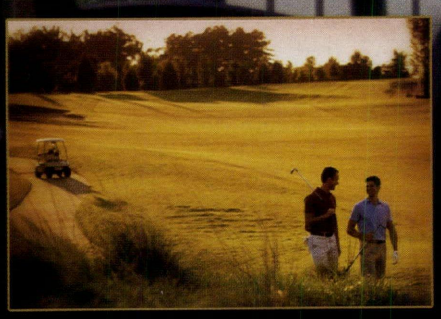

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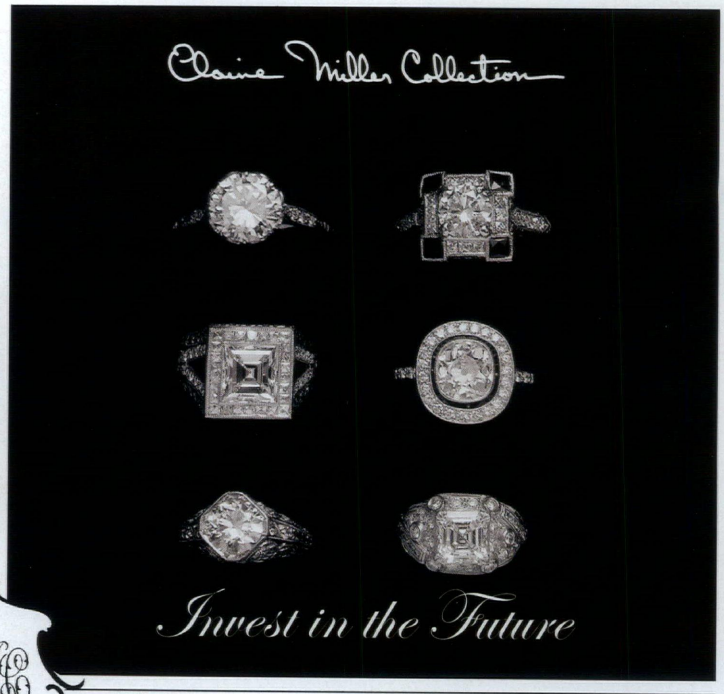

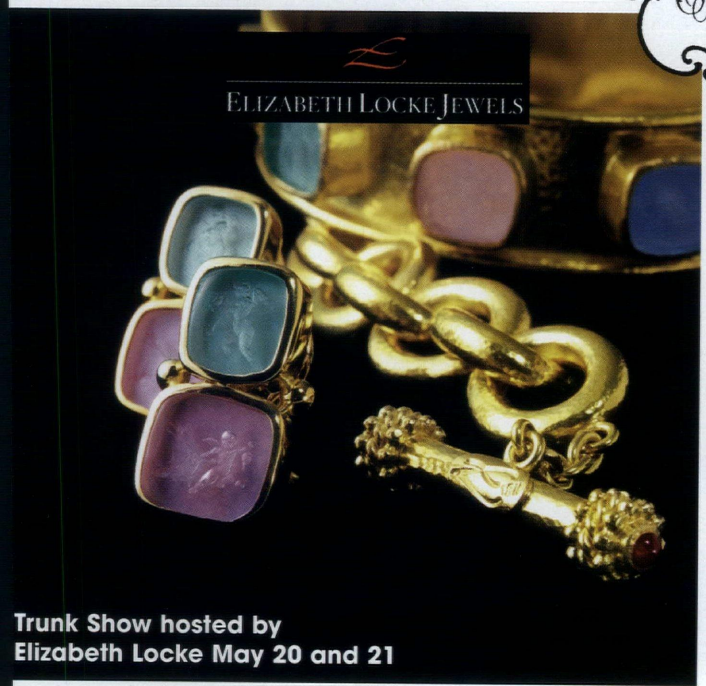

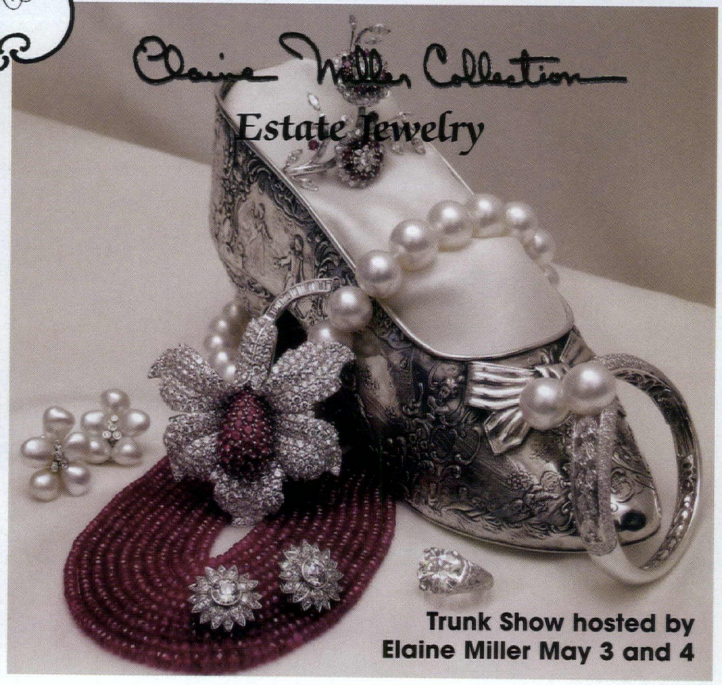

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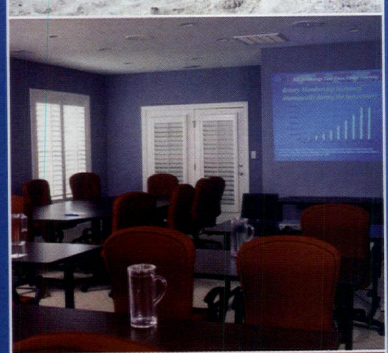

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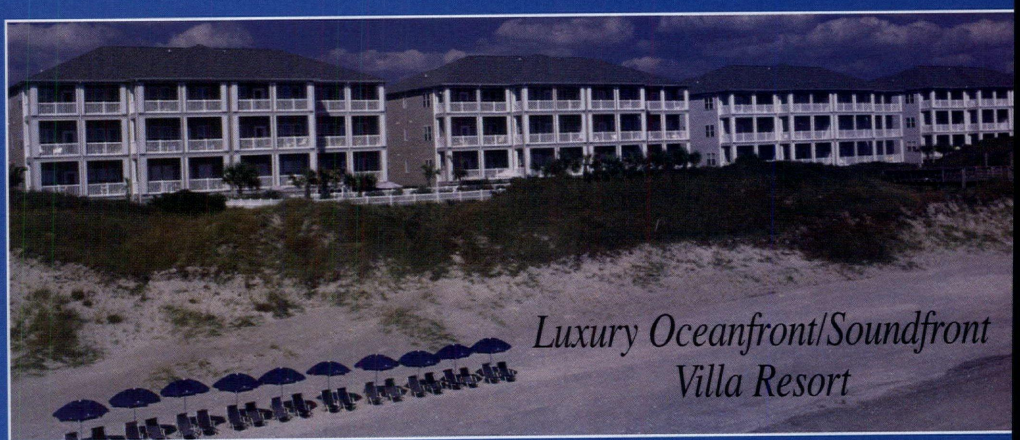

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MAY MEANS MANY THINGS

What we love to hear, we're hearing more and more: "*Metro* just keeps getting better and better each issue" and this May edition keeps pace with expectations.

The visually dramatic transformation of North Hills mall into a modern architectural landmark, indeed a new urban district in Midtown Raleigh, signifies the next level of big-city development for the state's capital city.

As is the case in revolutionary accomplishments, an individual stands up to conventional wisdom and holds firm to create something special. "New North Hills" developer John Kane and his staff have dared to do it right and the result, with more coming in the near future, demonstrates respect for the neighborhood and a first-class example of what urban mixed-use design should be. Diane Lea, Rick Smith, Frances Smith and the *Metro* staff have captured the essence of the New North Hills in a 16-page special section certain to be shared and saved for years to come.

The shock of cancer hits us all and is the subject of our quarterly medical report—with a twist. Senior Editor Rick Smith was diagnosed with colon cancer as he began his research for this special section, adding poignancy and focus to the final editorial product. The bright side of this frightening event is that we are fortunate to live in one of the top medical and cancer research centers in the world.

As spring settles in finally, golf rises to the top of the outdoor agenda in these parts. Our twice-a-year golf special report takes a fascinating spin with Raleigh golfer Linda Russell teeing off with an inside look at the game from the female perspective. And Dave Droschak presents an expert's preview of the US Open coming to Pinehurst #2 in June.

May means Mother's Day, causing Carroll Leggett to ask folks what they remember most about Mama: the answers are interesting, funny and moving. Was it only last month that UNC-Chapel Hill took home the big prize after weeks of March Madness? On the heels of the Tar Heel accomplishment, Jim Leutze, former president of Hampden-Sydney College and chancellor of UNC-Wilmington before his recent retirement, saw first-hand the pros and cons of college athletics and offers his views on the academic track record of college sports programs.

Moreton Neal returns from a gastronomic marathon in New Orleans; Barbara Ensrud reports on the rise of Riesling; Louis St. Lewis discovers treasures of glass on display at the NC Museum of Art (and meets one of the major players in this specialized field); Molly Fulghum-Heintz reviews smash hits of the spring fashion scene; Philip Van Vleck meets up with a multi-talented musician; George Leef visits the *Not So Wild Wild West*; Frances Smith tracks down what to do and see in this fairest of months, and Secrets of State is laden with information you'll find nowhere else.

Look for the ad for the Raleigh International Spy Conference and note some changes and get ready for a significant event August 31-September 2 at the NC Museum of History. Register early by going to www.raleighspyconference.com or you can call Brooke Eidenmiller at 919-807-7875 or Kimry Blackwelder at *Metro*: 919-831-0999. Register early to assure your reservation.

In June we publish Part One of our annual "best of" MetroBravo winners. The balloting was intense so be sure your subscription is in force.

See you then...

—Bernie Reeves, Editor & Publisher

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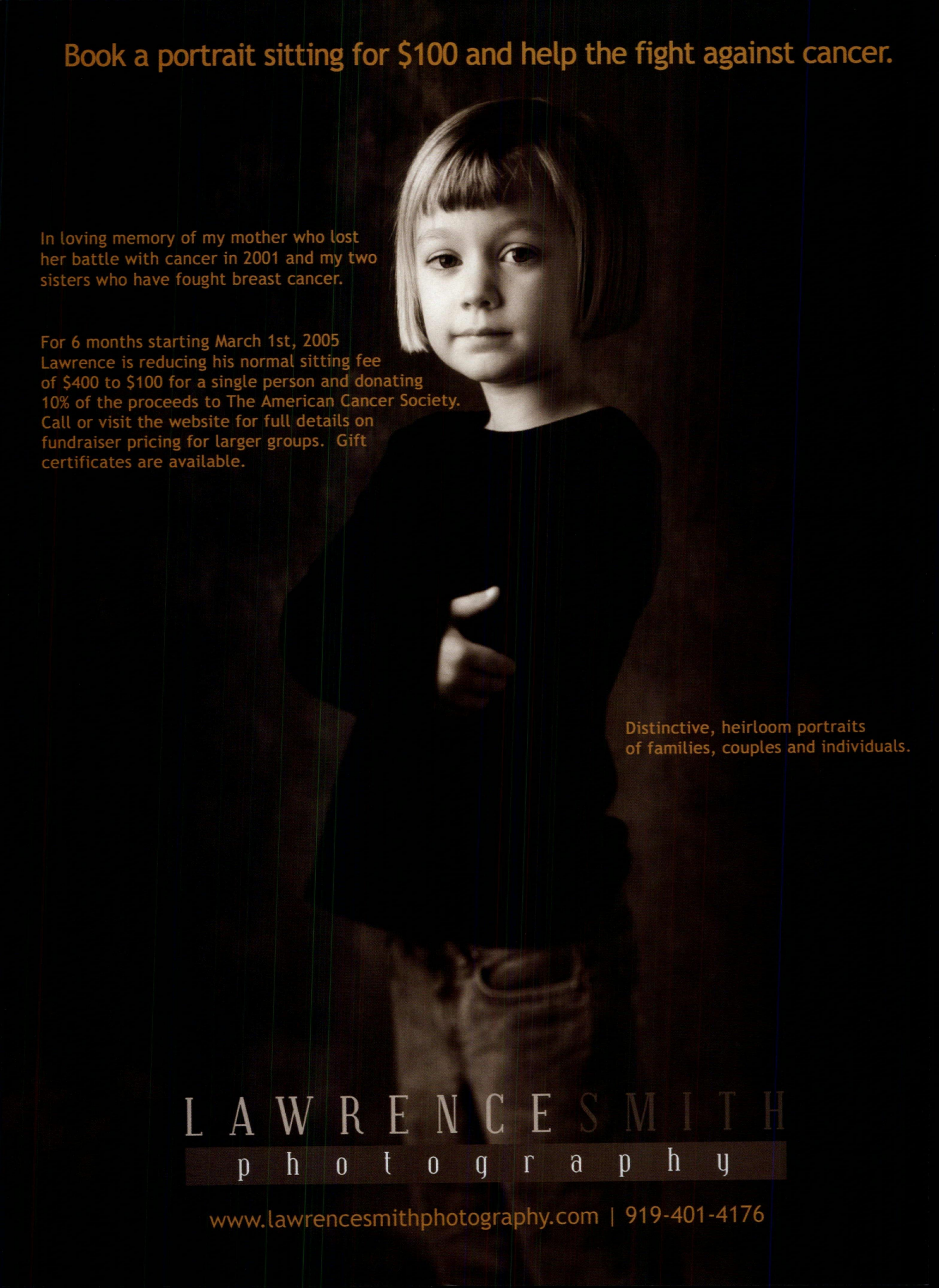
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Correspondence

SOCIAL SECURITY AND SAVINGS

Regarding the comments on Social Security by Bernie Reeves in the April issue: What communist came up with the name SOCIAL SECURITY? I guess it is social anytime I throw a party— it gets real social. I don't know many people who feel secure from having events happen which can cause hardships. But it was my understanding that SS was created to help people who have worked to be able to retire with some help to cover living expenses, a TRUST held your money and had a little gain. OK, sounds socially secure. Now you have spouses, dependents, ex-wives, etc. drawing down the pot of monies available to the worker that has been footing the bill. I get a report from the SS administration, I think quarterly, that tells me I've paid in the maximum for the last 30+ years and how much I will receive when I reach the golden age, I hope I've taken care of everything else to support my life, because the amount I receive probably won't pay for the gas to go in the car. Social responsibility is stop the waste, allow people the opportunity to save the best and most knowledgeable way to pay for their retirement. Twenty-five years ago I said draw a line and let 35-year-olds start saving their part of social security into a self-maintained TRUST and the employer portion phased out over a decade or two. Win/win for everyone. Just a thought!

Joe Wise
Raleigh

ARE WE A MATURE SOCIETY?

I'm a frequent air traveler so waiting in airports has become part of the routine. I normally bring a good book, but this time I was flying with a new co-worker and didn't want to be rude. As it turned out, our Boston flight had a 30-minute delay so my cube mate flipped his phone open and proceeded to have a protracted conversation with his wife and kids. To give him some privacy, I stepped aside… letting my mind wander to thoughts of all my projects at home—since I just moved in a week ago. Raleigh is my new home since my last employer in Shelby, NC, laid off 25 engineers six months ago. I was one of the fortunate ones that found a job in the Carolinas after only a few months, although I hated to leave behind my 'classic' old Southern home.

My mental list had reached the end so I turned to people-watching. Being single and having to move to the trends of corporate buy-outs, I tend to wonder what it

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city and regional magazines

would be like to have a wife to come home to—but C'a été mon destin.

Because the Triangle area has a lot of people in R&D, education and high-tech areas, I sometimes daydream of meeting someone with a curious blend of culture, worldliness and a contagious smile. ...

I caught a glimpse of an attractive woman looking my way. When I glanced in her direction, she immediately nosed into her book. I didn't give it a second thought, but somehow there was something about her. ...

Later, when I was seated on the plane, she walked on and I figured she would simply pass on by. I just grabbed the airline magazine when she made her way into the seat next to mine. I can't really explain it, but I felt an almost electric sensation. That's silly, I thought. I don't get giggly anymore. I passed that gate a long time ago. After everyone buckled in, I turned and asked if Raleigh was home— the conversation bloomed into everything from NPR, the election to parks around the Triangle area. Midway through the exchange, she turned and politely introduced herself. I was really impressed.

I found her to be very intelligent, witty with the kind of tone that was very soft yet had real punctuation. She told me of her parents living in France when her father was going for his doctorate. I didn't tell her, but I've always wanted to take a trip though the countryside of France. I've traveled through the backcountry of England, with a lifetime of memories.

We were almost to Boston when she casually mentioned the new house that she recently bought... with her husband. She didn't wear a diamond—but did have a curious ring on her wedding finger that I figured was just an heirloom. I guess I'm old fashioned, but it felt like the plane was heading straight down. The conversation started to idle and I turned to look out the window. As we deplaned, I was thinking, Maybe she's not happy with her husband? Then it struck me: What is so wrong with a married woman with a personality?

I smiled and realized our society has gotten so prudish and paranoid between the married and single. This intelligent woman was acting no different from any other businessman. It's simply the narrow-mindedness of our society when we assume there has to be some motive between a married woman talking to a single man.

I just can't help thinking though... God, I hope she has an appreciative husband.

Thomas Richards
Raleigh

AUSCHWITZ NOT AUSTERLITZ

Please have a look at the end of page 88 in the March issue.

The 60th anniversary of Austerlitz? That was exactly 200 years ago—but in December, not in February. An anniversary would be possible because it lasted one single day: December 2, 1805.

If you meant Auschwitz, no anniversary is possible because it was a continuing daily massacre lasting a number of years. The 60th anniversary of its liberation? Yes. That took place on one single day and was achieved by the Soviet Army.

Am I suspecting a Freudian slip on your part? Is your subconscious avoiding Auschwitz? That slip of the pen (or com-

puter keys) was yours personally, Bernie! How many others on your staff would know about Austerlitz?

Those two places are riveted in my mind, Bernie! Austerlitz is near my place of birth and Auschwitz is the place where my family died.

Fred Ullman
Raleigh

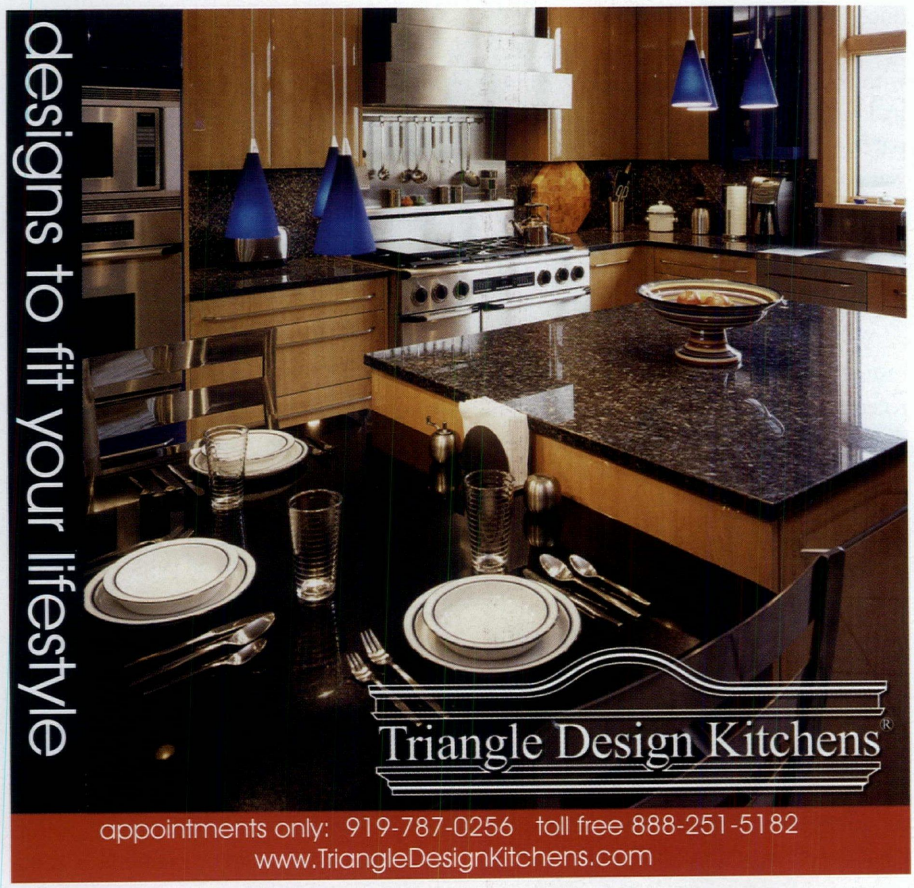
Editor's Note: *We apologize again for the proofing error.*

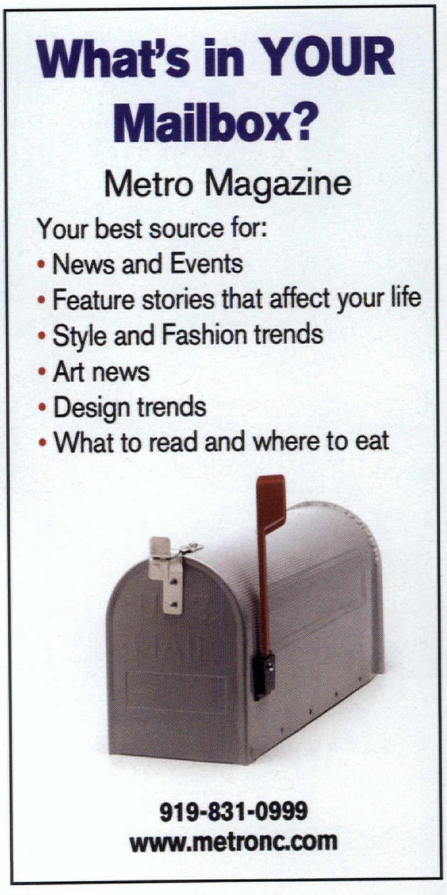
CORRECTIONS

The 2005 ASID Designer Showhouse Program was sponsored by The York Companies, which include McDonald-York and York Simpson Underwood in addition to York Properties.

•••

The Foyer and Landing resources were listed incompletely in the ASID Designer Showhouse Program. Patricia Gaye Tapp would like to thank Whitnee's Antiques, P. Gaye Tapp Interior Design and Muse for contributing antiques to the project.





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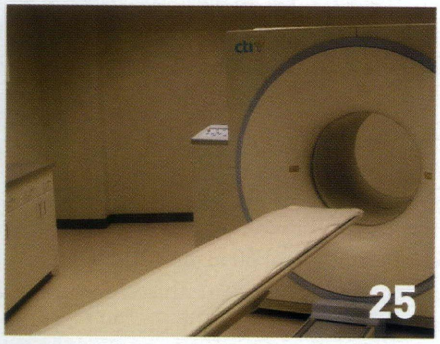

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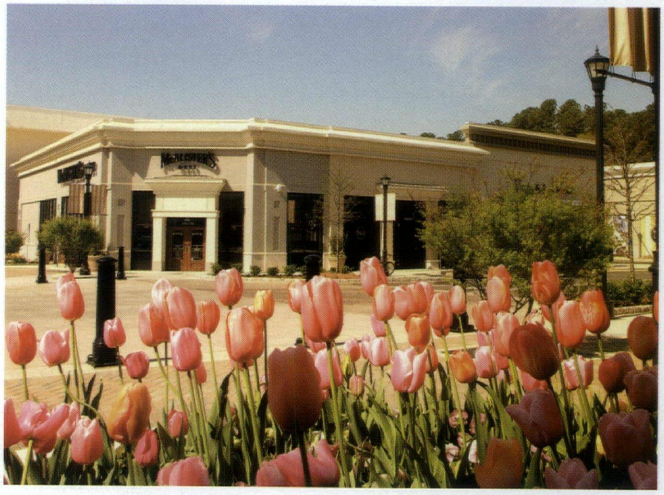
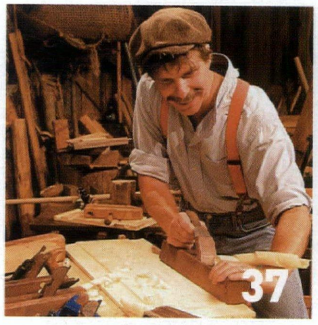


A Raleigh landmark is transformed as North Hills is reborn as a new Midtown urban district



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SECRETS OF STATE

Farrar Picks Up Marlette Second Novel... Tom Cruise to Produce Movie of First Book

Cartoonist turned novelist Doug Marlette's second book has been purchased by the classy Farrar, Strauss and Giroux imprint. *Magic Time*, an exploration into the sinews of the Southern mystique, follows *The Bridge*, the story of families caught up in labor disputes in North Carolina's textile industry in the 1930s, now being turned into—as they say—a major motion picture.

FSG, to those in the know, is the gold standard of literary fiction, boasting the majority of recent Pulitzer winners and more Nobel laureates than any other house. Big names from the imprint include Flannery O'Connor, Walker Percy, Tom Wolfe and Scott Turow. Marlette will be working with legendary editor Sarah Crichton and editor-in-chief Jonathan Galassi, "another legend," says Marlette, "translator of Italian poetry and a gentleman of the old school."

Meanwhile, on the other coast, Marlette reports that *The Bridge*, purchased by Tom Cruise's Cruise/Wagner production company—with screenplay by Mark Andrus (*As Good As It Gets*)—is making the rounds to A-list directors. Cruise (who will produce) is considering the lead and Shirley MacLaine has, according to reports, committed to the role of Mama Lucy, the gun-totin' heroine bayoneted by the National Guard in the Burlington textile strikes.

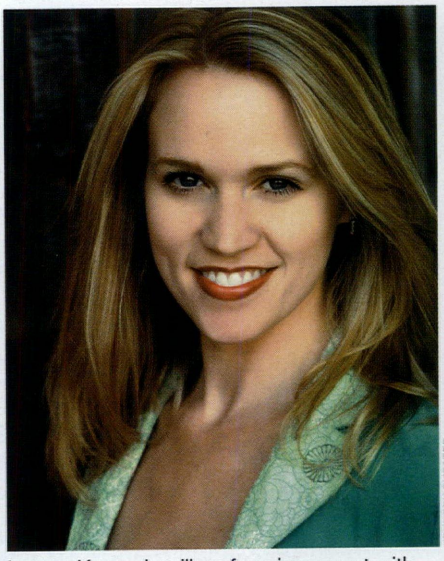
Another recent event surpasses Marlette's literary and movie career: The induction of his son Jackson into the exclusive rank of Eagle Scout in a ceremony in Hillsborough in early April.

Furniture Painting Releases Creativity

Releasing creativity is just the tip of Debbie Boyle's paintbrush. After offering furniture-painting lessons out of her Edenton home, the wife of Judge Terrence Boyle—now a candidate for a seat on the US federal appeals court—realized her classes offer more than just an opportunity for women to create original home furnishings. Participants arrive with any piece of furniture, either primed or not—their own tabula rasa. After the third day, they leave with an original furnishing. But what happens in between is "something you have to see to believe," Boyle says. During the lessons, she assists the class with a variety of projects, including monogramming an armoire or putting a faux finish on a chest. Beyond the painting, Boyle says the lessons have turned into a bonding session for the attendees. "Everyone has her own story to tell, so she gets a chance to tell it." Classes are scheduled for May 17-19. The cost of the class covers all materials. Call 252-482-8286 for registration information.

Hot Summer Nights at the Kennedy

A summer performance series, "Hot Summer Nights at The Kennedy," will present 60 nights of outstanding theatrical entertainment this summer at the Kennedy Theatre in the BTI Center for the Performing Arts, Raleigh. The series includes six shows of 10 performances each over the three months of June, July and August.



KENNEDY THEATRE

Lauren Kennedy will perform in concert with Alan Campbell for the summer Kennedy Theatre series, "Hot Summer Nights at the Kennedy"

The all-professional cast will include 10 Broadway actors along with regional professionals performing in six shows: *Cat on a Hot Tin Roof, The Last Five Years, Proof, Starting Here... Starting Now, Graceland/ Asleep on the Wind,* and Lauren Kennedy and Alan Campbell in Concert. The series

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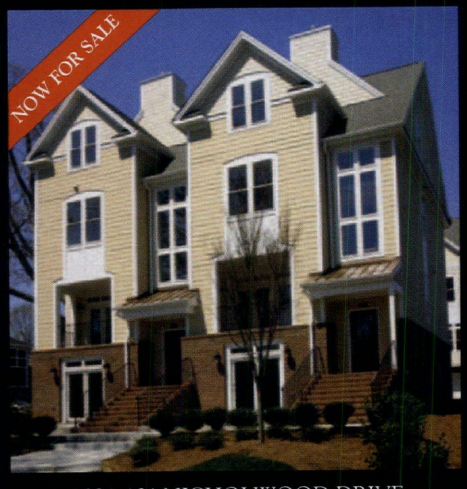

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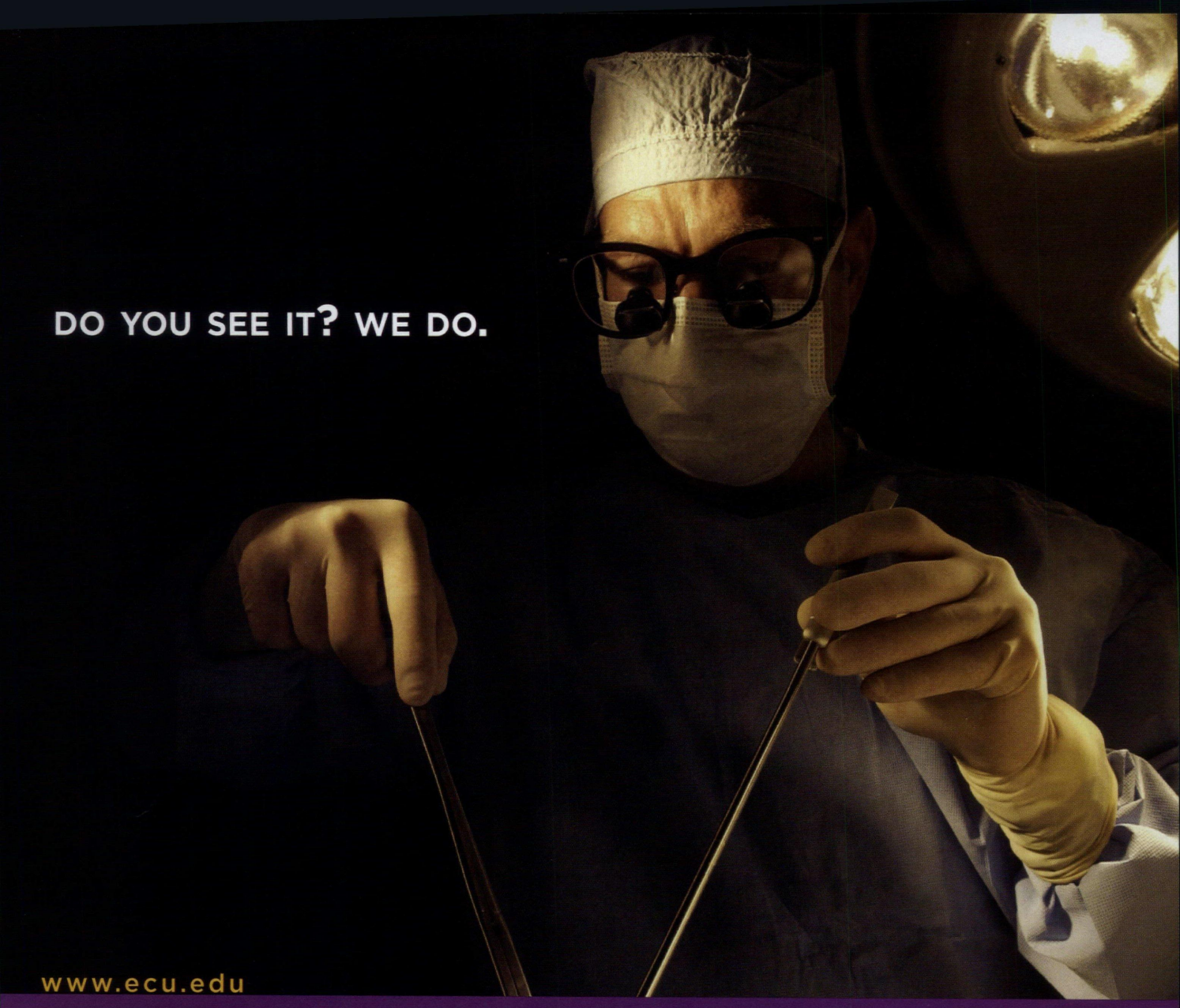

We see it in the robotic surgical system that helps physicians repair damaged heart valves. We see it in the medical chart of a patient whose diabetes disappeared after undergoing gastric bypass surgery. We see it in the new cardiovascular research institute that will be the home for groundbreaking study and treatment of heart and blood vessel disease.

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will have a festival atmosphere with food and drink for purchase outside the Kennedy Theatre, as well as banners, street entertainment and other activities. There will be "special night" sponsors each night and 80 additional seats for season ticket subscribers, and single tickets for each night in the 99 seat, intimate Kennedy Theatre. Season Tickets are $150.

"These tickets are for the BEST SEATS (which is every seat)," says K.D. Kennedy, Jr., executive producer of "Hot Summer Nights at the Kennedy." "Our mission is to help with the revitalization of downtown Raleigh and to entertain the citizens with a mixture of professional drama, comedy, musical theatre, and concerts over the entire summer."

A.B. Jackson Exhibited At Raleigh's Garden Gallery

The Garden Gallery in Water Garden Office Park, Raleigh, is currently featuring a Retrospective of the work of the late A. B. Jackson. A native Virginian and a Harvard graduate, Jackson taught at Old Dominion University while he pursued his art, which is now in the collections of major national museums, including the Museum of Modern Art in New York. Garden Gallery's retrospective includes drawings, watercolors, pastel and oils, and will remain on view through May.

Gallery hours: Wed.-Sat., 11 a.m.-5 p.m.; Sun. 1-5 p.m. Garden Gallery is located at 8404 Glenwood Avenue (across from Sir Walter Chevrolet).

For more information call 919-782-2999.

Wilson Makes Ready for 2005 Whirligig Festival

If you have seen and smiled at the colorful whirligig at the NC Museum of Art, you know the name of arguably the world's greatest whirligig maker, folk-artist Vollis Simpson. But maybe you didn't know that Simpson is from Wilson County or that the town of Wilson is planning a Whirligig Festival November 4-6, showcasing 12 of Simpson's giant whirligigs and the work of other artisans in the region.

In April Simpson installed two of his sculptures, each over 12 feet tall, in Wilson's Cultural Business District, and others will be added during the summer in preparation for the big fall 'gig.

Simpson's constructions have been exhibited at The North Carolina Museum of Art in Raleigh, The High Museum of Art in Atlanta, the Visionary Art Museum in Baltimore and are featured in downtown Raleigh, two blocks from Exploris Museum.

CITY OF WILSON

This colorful whirligig by world-renowned folk-artist Vollis Simpson now permanently resides in the City of Wilson Rose Garden

An independent and lively octogenarian, Simpson built his first whirligig to power a washing machine during World War II while stationed in Saipan in the Mariana Islands. After the War, his interest in wind power continued and he built several other large windmills. In 1985, he retired from his house-moving business and channeled his talents to transforming his heavy machinery into bright, movable sculptures that capture the power of the wind and the delight of audiences wherever the wind blows.

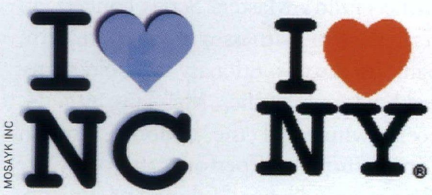
"My art is something I do to stay busy and keep fit," says Simpson. "I'm glad that people enjoy it as well."

When It Comes to Logos: Love Is in the Air

Michael Stewart, entrepreneur and CEO of Mosayk Inc. a Raleigh, North Carolina-based fashion and marketing firm, loves North Carolina. But the State of New York is fighting with him over who has the right to declare their love for their respective states.

Stewart applied for a trademark, shown here, in April 2003 and was told in July 2004 that New York would oppose his application. The law firm representing New York, CMG Worldwide, filed a suit against

Stewart, declaring Mosayk should not have the right to use the phrase or logo, "I Love North Carolina" because it is similar to the "I Love New York" logo. Mosayk's logo is one of several that have come under fire from the New York State Department of Economic Development in the past few years. Other targets have included "I [heart symbol] Yoga" and tourism slogans such as "I [heart symbol] San Francisco."



Stewart plans to end New York's monopoly on the rights to say "I Love." The case is tentatively scheduled for an October hearing with the US Patent and Trademark Office and could set a nationwide precedent in the field of trademarks.

A Symphony for Pinehurst

Inspired by a visit to the site of the 2005 US Open, NC Symphony bass trombonist Terry Mizesko created an original composition that traces Pinehurst's history. *Sketches from Pinehurst* reflects Pinehurst's humble beginnings as a desolate town and its transformation into a championship golf complex. "While visiting Pinehurst, I thought about the similarities between playing golf and playing a musical instrument," says Mizesko. "Both require patience, practice, and control."

These three fundamentals are demonstrated throughout the performance of the five-movement composition. Beginning with *The Dream*, visions emerge of bringing new life into the bleak landscape of the Sandhills. The energy in the next two movements builds intensity, reflecting the surfacing of Pinehurst as a luxury golf destination. *Rumble on the Back Nine* captures frustrations of the nation's best golfers as they tackled Pinehurst No. 2 during the 1999 US Open. Emotions are once again heightened during the final piece, which is a tribute to Payne Stewart, the 1999 US Open winner who died in a tragic plane accident the following year.

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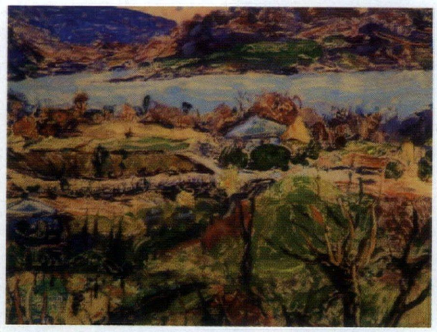

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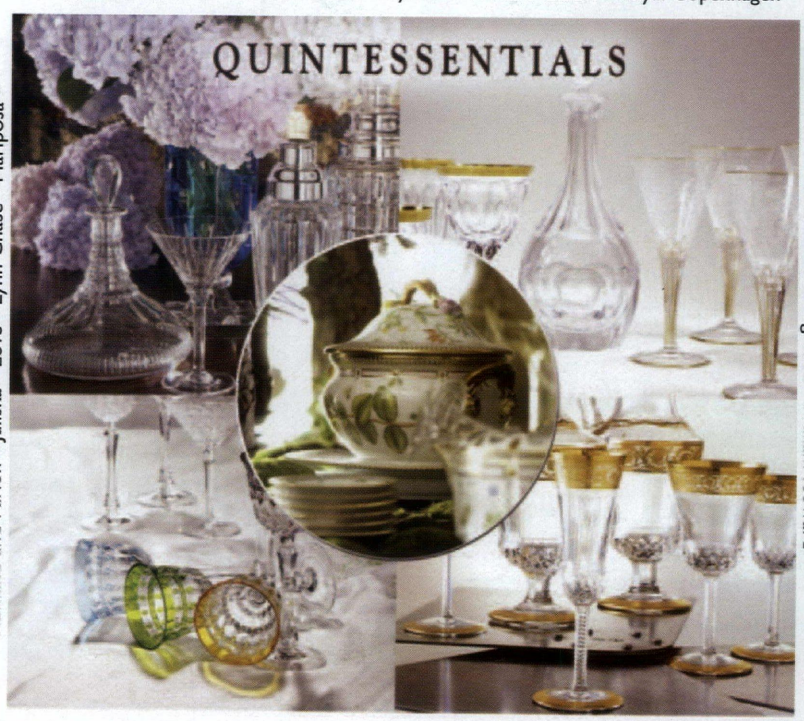

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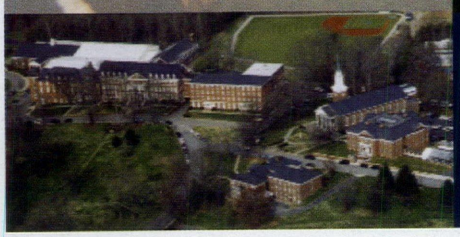

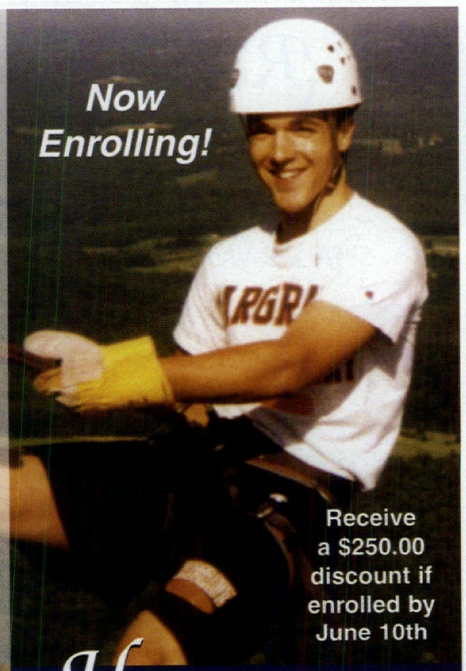

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After its debut April 28 in Southern Pines, the North Carolina Symphony will tour the state this summer performing the composition, culminating with a pre-tournament performance on June 15 at the US Open Gala in Pinehurst. For more information visit www.ncsymphony.org.

Master Musician, New Technology Make Beautiful Music Together

People who attend the Raleigh Chamber Music Guild's Masters Series concert on May 19 will witness a musical rebirth, thanks to the revolutionary technology created by Zenph Studios. Mei-Ting Sun, 24, recent winner of the national Chopin Competition, will perform the complete Chopin preludes live. "I think our audience will be amazed at Mei-Ting's artistic maturity," said Nancy Lambert, executive director of the Raleigh Chamber Music Guild.

ZENPH STUDIOS
Mei-Ting Sun

The live musical performance will be accompanied by amazing computer electronics that brought Mei-Ting Sun recognition in 2002 as the inaugural winner of the International Piano-e-Competition. Mei-Ting played on a Disklavier Pro concert grand piano that captured every micro-pressure and millisecond of his keystrokes and pedal movements using fiber optics and computers. His performance was simultaneously videotaped. The data were collected and judges watched while listening to the grand piano play back the performance.

That same technology is now bringing the works of the late Glenn Gould, Alfred

Cortot and other piano masters into the 21st century. Past pianists were never able to perform on the new special Yamaha pianos that can record every nuance of their recital. In order to re-create their keystrokes, pedal movements, and performances, the team at Zenph Studios analyzed audio waveforms from old vinyl mono recordings and extracted the landmarks of the original performance. This information was stored and fed to a freshly tuned Disklavier Pro piano. The result is an identical sound, minus any scratches, coughs or extraneous noises on the mono recording.

With this new format, the work of great artists can live indefinitely. "It is not fair that someone died before I was born," Zenph Studios President John Q. Walker exclaimed. Walker hopes the new technology will assist in converting the vinyl mono recordings into a clear format suitable for iPods and other devices. He says the goal for this technology is to transform old orchestral recordings into the updated format.

The performance is scheduled for May 19, 8 p.m. in the BTI Center's Fletcher
continued on page 102

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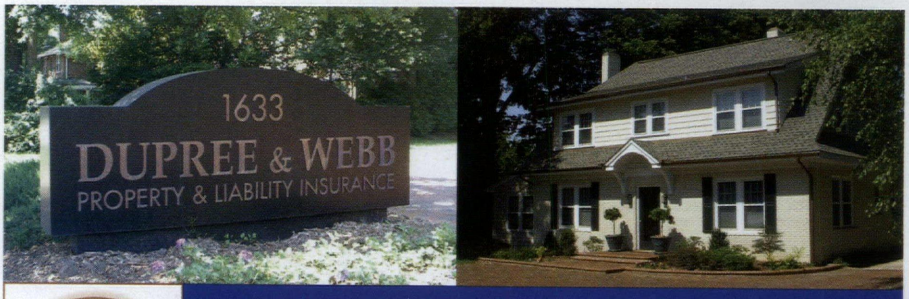

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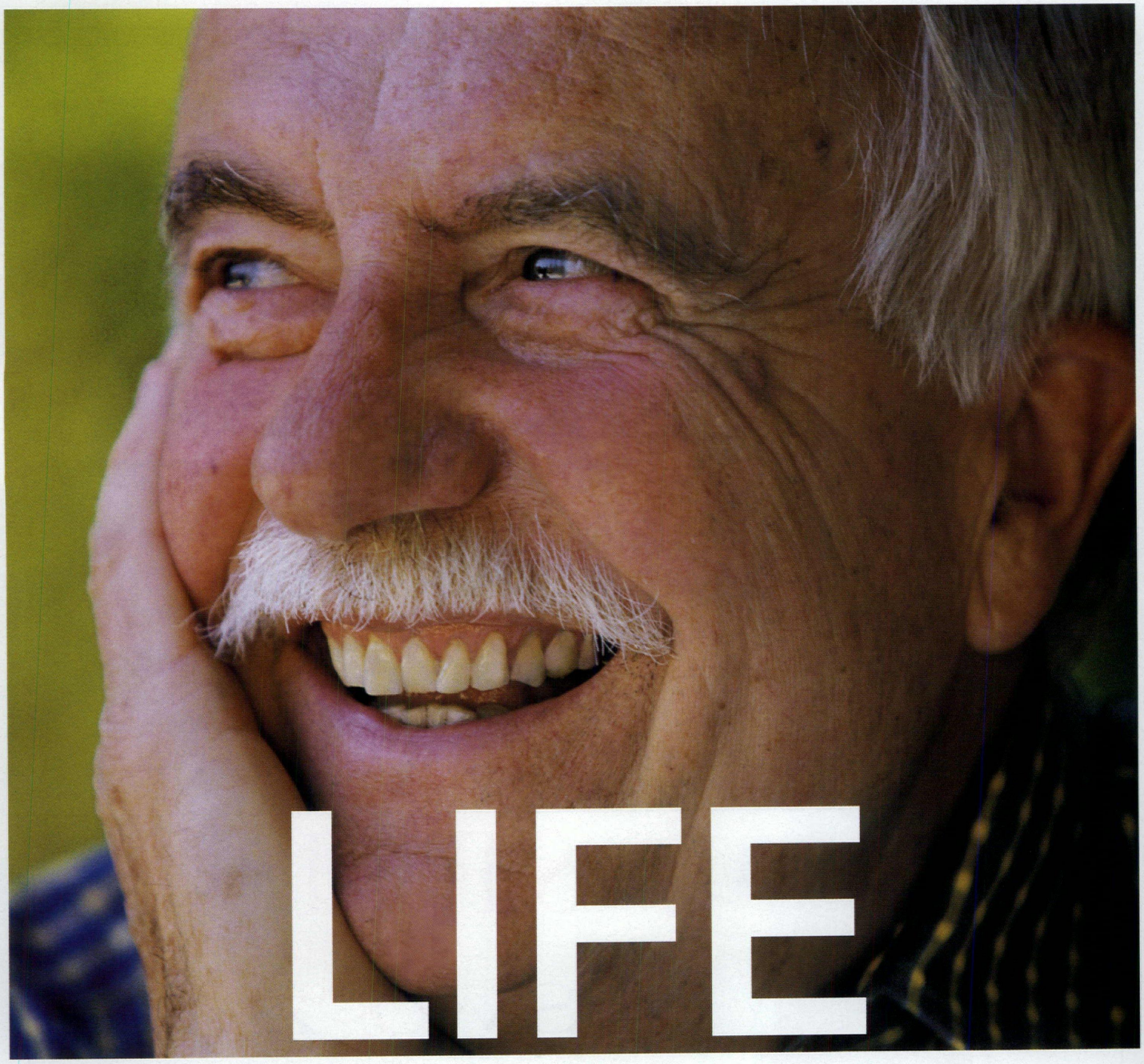

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Duke Health Raleigh Cancer Center is conveniently located at 3404 Wake Forest Road on the campus of Duke Health Raleigh Hospital. For more information, call 919-954-3587 or dukehealthraleigh.org

Log onto *dukehealthraleigh.org* for your free Duke guide to age-related cancer screenings and other helpful information to help you stay cancer-free.

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THE DREADED "C" WORD STRIKES HOME: "IT'S CANCER"

by Rick Smith

On a cold, dreary St. Patrick's Day, as rain fell in buckets, the phone rang, awakening me from a nap. I was exhausted, having undergone an examination of my colon—called a colonoscopy—the day before. It had not gone well. I had prayed for good news.

Then came the two words that change the life of anyone who hears them.

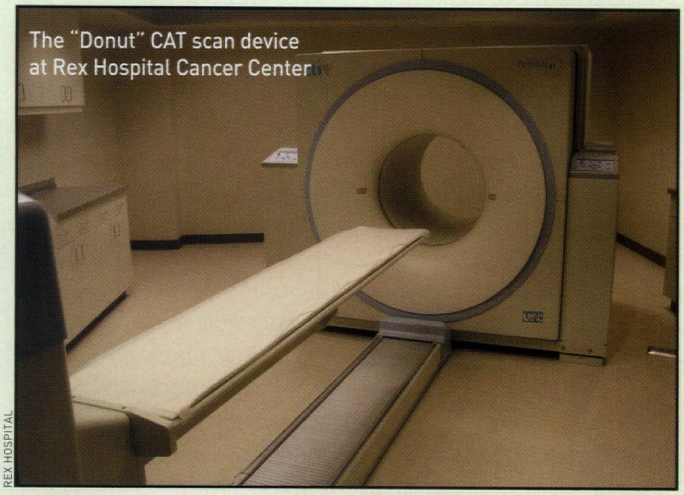
"It's cancer."

March 17 is the wedding anniversary for my wife Lynda and me. As she held my hand, I couldn't help but think that anniversary No. 27 would never be forgotten.

Dr. Seth Kaplan of Raleigh Gastroenterology broke the news to us as gently as he could. But the other words of the physician were at first lost amidst the patter of the rain.

I have colorectal cancer.

Only later, after other appointments and exams over the next month, would the specifics be determined. It is a rectal cancer just outside the colon, small in size but deep enough to have penetrated the rectal wall and has possibly affected a nearby lymph node.



The "Donut" CAT scan device at Rex Hospital Cancer Center

REX HOSPITAL

In the language of the trade, my tumor would be staged as a T III (with Type 4 being the worst) and N-1, meaning it had spread and reached at least one lymph node. At least the doctors who came to be involved in my case did not use the word "metastasize." The tumor had not yet spread to another organ, based on the results of examinations, a CAT scan and an endorectal ultrasound. But it is still considered an "advanced" cancer.

Not all the news has been bad, however.

After six weeks of pricks, proddings and probes, a trip through the mammoth CAT scan device at the Rex Hospital Cancer Center—that the staff affectionately calls the "donut"—the ultrasound at Duke's cancer center within Duke Health Raleigh Hospital, and visits with oncologist Dr. Mark Yoffe at Cancer Centers of North Carolina, a consensus was reached:

I am "an excellent candidate for preoperative neoadjuvant therapy," followed by surgery called "anterior re-section."

In other words, I am now receiving a combination of chemotherapy and radiation therapy before undergoing surgery sometime later this summer to remove a good-sized portion of my rectum.

Prognosis is good, given my age (51), and reasonably good health. To a person, each doctor and nurse has been positive and supportive.

The fact that the Triangle is home to two of the most advanced cancer centers in the United States (the Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill and the Duke University Comprehensive Cancer Center) means North Carolina residents have access to the most modern facilities, technology, specialists and care. There are only 38 such centers in the US, including Wake Forest Baptist Comprehensive Cancer Center in Winston-Salem.

UNC, which operates Rex Hospital, and Duke, which owns Duke Health Raleigh Hospital, offer cancer centers at each. More facilities are available as well, including WakeMed and Cancer Centers of North Carolina, now in the process of building a new 35,000-square-foot facility. Rex recently hired two additional oncologists for its staff, and plans to open a new cancer center in 2007. Duke recently opened a cancer center at its Wake Forest Road location.

DOCTORS AS PARTNERS

As I did more research about colon cancer, I couldn't help but recall an interview I did for *Metro* with Dr. Billy Dunlap, Raleigh's first full-time oncologist who began his practice in the 1970s. We had talked about the war on cancer—and whether science or the disease was winning.

"Will we ever win?" I asked long before thinking I would be struck with the "C" word myself?

"The way it was presented to everybody, everyone was expecting a magic bullet to come along and suddenly cure cancer," Dunlap said. "That's not going to happen, although we are seeing gradual changes and small steps forward. Certainly there are numerous cancers that can be treated successfully now that we couldn't 30 years ago when I started. Now many can be managed much more successfully—or can be cured."

The word "cure" came up often in discussions with the physicians and nurses I have come to know through my own case. I remarked to Dr. Yoffe how positive his staff at the Cancer Centers of Raleigh was, including one nurse who clasped me on the shoulder and smiled after asking me how I was doing.

"If I were fine," I said with a smile, "I wouldn't be here."

Dr. Yoffe explained that medical staffs, particularly at cancer centers, need to stress the positive. "If I wasn't positive," he stressed, "I wouldn't be here."

No matter what hospital or office I have gone to, several reasons for that positive attitude became quite clear. Cancer does not discriminate against young or old, by race or creed, by size or weight. People at various stages of treatment—from those who appear perfectly healthy to others frail and thin with little hair—need hope, not more despair.

Dr. Yoffe described his approach in a few critical but so meaningful words: "I am your partner in this. Outside of your wife, I am

WHO SUFFERS FROM COLORECTAL CANCER?

More than 145,000 people in the United States will be diagnosed with colon cancer in 2005, according to the American Cancer Society. Who are the most likely to be struck? African Americans, male and female.

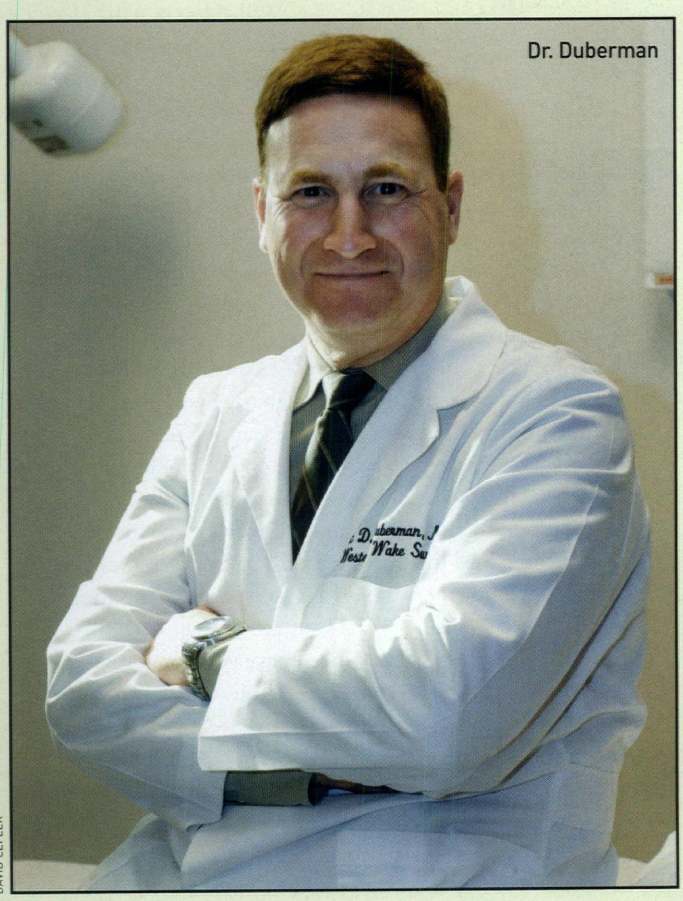
Incidents per 100,000 people:

Race/ethnicity	Incidence		Five-year mortality rate	
	Male	Female	Male	Female
African American	72.9	56.5	34.3	24.5
Whites	63.1	45.9	24.8	17.1
Asian American	56.3	38.6	15.8	10.8
Hispanic American	49.6	32.5	18.0	11.6
American Indian	38.3	32.7	17.1	11.7
ALL RACES:	**63.4**	**46.4**	**25.3**	**17.7**

your biggest fan and am here to help you get through this. We are going to cure it."

Dr. Eric Duberman of Western Wake Surgical, who is one of a handful of board certified physicians to conduct the re-section surgery—and will perform the operation on me - was emphatic. "We are going after this with a full-court press to beat it," he said in his best coach's voice.

Before performing the colonoscopy at Rex, Dr. Kaplan and his attending nurses agreed to my request that we have prayer. But as I prayed, the anesthesia took over and I began to ramble. "Amen," they said together and launched the procedure. We all shared a laugh about my long prayer in the recovery room afterward, even as Dr. Kaplan shared an early assessment that the news about the exam might not be all good.



Dr. Duberman

DAVID LEFLER

I had awakened during the middle of the procedure. I felt no pain—just pressure—and was captivated by the images on the video screens. There before me was Isaac Asimov's Fantastic Voyage live, featuring my colon. I asked Dr. Kaplan numerous questions, which he answered patiently. I thought all was going well. Then he paused before removing the instrument used for the procedure.

Casting a light on a section of the colon near where the colon ends and rectum begins, he said, "This is what I saw that wasn't normal."

In our conversation the next day, the pathology report confirmed the spot he had found was, in fact, cancer. Dr. Kaplan was reassuring. In recommending Dr. Duberman, Kaplan said: "If I were going to have to have this procedure done on me, I would want Eric to do it."

Following my first exam with Dr. Duberman, he recommended that I see an oncologist—Dr. Yoffe. From there it was on to the CAT scan and the ultrasound.

At Duke Health Raleigh Hospital, Dr. Rig Patel of Digestive Healthcare, smiled gently after performing the ultrasound and sharing his preliminary prognosis. The words "Type III N-1" sent a shudder through me, given that I had done my homework and understood the meaning of the grim medical shorthand. However, he made a point to stress the positive. Speaking in his pleasant accent, the native of Great Britain noted all adjacent organs appeared clear, and the one suspicious lymph node was too small to perform what is called "fine-needle aspiration"—inserting a needle to withdraw fluid for a biopsy. But Patel staged the tumor, stressing the need to be aggressive in treatment, and not wanting to take any chances with surgery alone not getting all the cancer.

As for some "fatty penetration of the liver" detected in his exam, he noted that we do "live in the land of the hot dog".

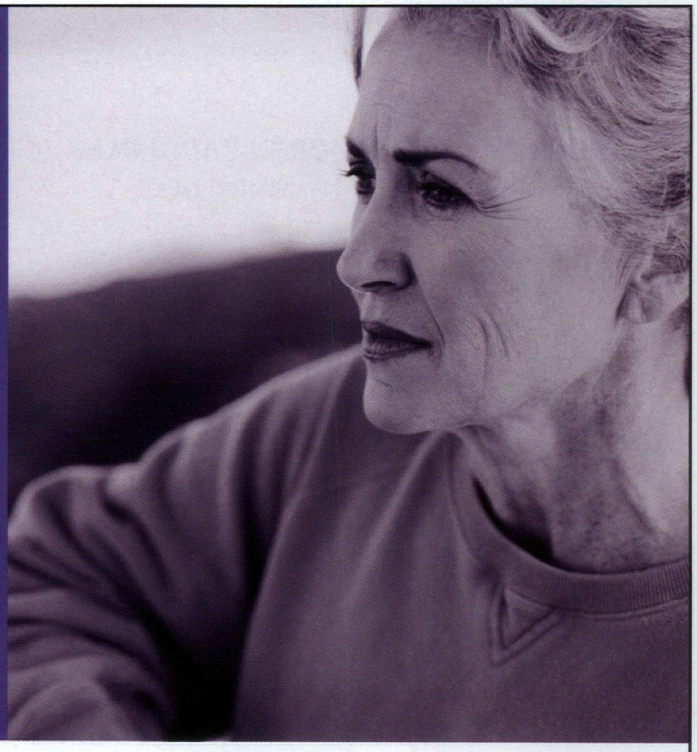
The physicians exchanged faxes back and forth with recommendations before Dr. Yoffe confirmed the chemo and radiation course.

If there is such a thing as fortunate timing, my chemotherapy regime—or "chemo slot" as the staff at Yoffe's staff called it—includes the drug Eloxatin. Its use for advanced colon cancers such as mine was only approved by the Food and Drug Administration last winter.

MIND-NUMBING STATISTICS

Did you know that there are more than 100 kinds of cancer? There is one common denominator: The Cancer Institute defines the disease as "the uncontrolled growth and spread of abnormal cells that can invade and damage healthy body tissue and organs."

You have cancer.



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CANCER DEATHS IN NORTH CAROLINA:

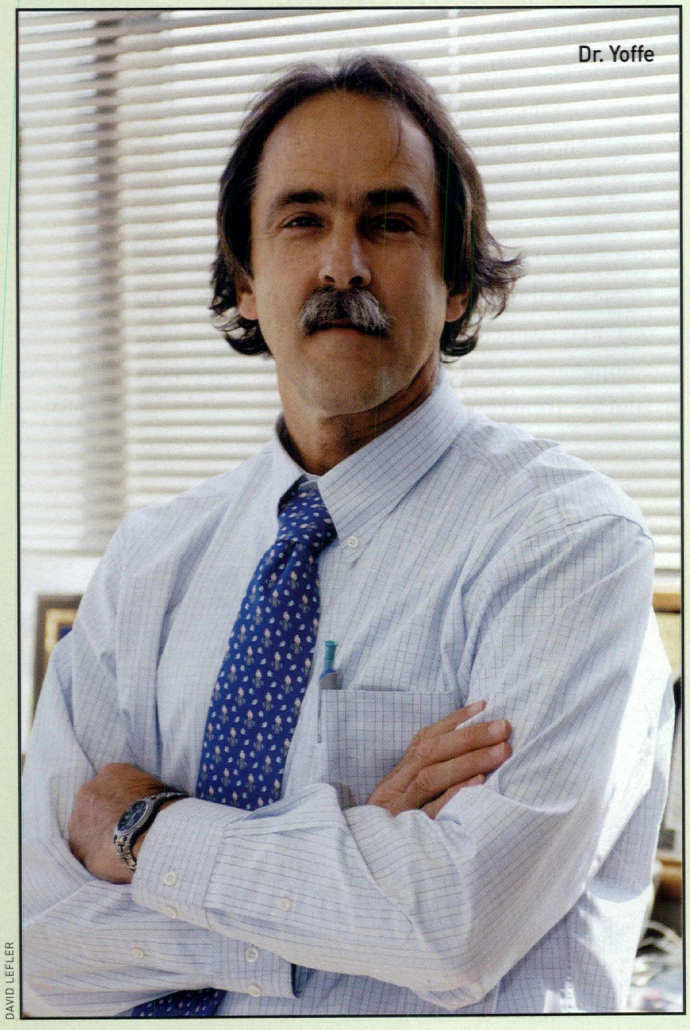
Projections for 2005, by selected types:

ALL: 16,830 (570,280 in US)
Female breast: 1210
Colon, rectum: 1590
Leukemia: 640
Lung and bronchus: 5230
Ovary: 470
Pancreas: 910
Prostate: 890
Source: American Cancer Society

Statistics can be mind numbing, especially when they include you.

The huge numbers about people fighting cancer struck home with the sharpness of a scalpel as I reviewed them. To see a loved one or friend fight disease can be heart-rending, even terrifying. But when you are the one being examined and waiting for the verdict and the prognosis, you seize on every word, every facial expression, and listen for the slightest change in tone of voice among the doctors and nurses handling your case.

I am one of the projected 145,290 Americans predicted to develop colorectal cancer this year, according to the American Cancer Society.



Dr. Yoffe

DAVID LEFLER

Among those already afflicted with the disease, an estimated 56,290 will die.

In North Carolina, 40,520 people will be diagnosed with cancer this year, including 4100 for colorectal. The colon cancer total does rank behind lung, breast, and prostate, but other figures are not encouraging.

Some 16,830 Tar Heels will die of cancer in 2005, including 1520 with colon or rectum cancer. Only lung cancer will kill more (5230).

I certainly fit one of the primary statistic categories related to colorectal cancer: Of those who are struck, more than 90 percent are over 50 years of age, federal government statistics say. Unfortunately, federal data also show that fewer than 50 percent of Americans over 50 will go through colon screening.

So what is the prognosis for colorectal cancer victims? Of the people who are diagnosed, 90 percent had a five-year survival rate, based on statistics from 1995-2000.

Lung cancer remains the most powerful killer, with 172,570 new cases expected to be diagnosed this year, and 163,510 people dying, the Cancer Society estimated.

Yet survival rates for many cancers are improving. As Dr. Dunlap said, there are justified reasons for hope.

"There has never been a time for greater hope in regard to cancer," the American Institute for Cancer Research reported in one of its many documents about the disease. It notes with a flourish the figure of 8 million cancer survivors in the US alone.

WORDS OF HOPE

I quickly discovered that cancer is not a solitary experience. It is a family illness, a shared illness with friends.

The wide variety of cancer support Web sites, publications and the counselors at physician practices or hospitals stresses the need for cancer victims to avoid depression, maintain a good diet, and put up a good fight.

There are certain self-help steps a patient can take. A sign in the Rex Cancer Center offers suggestions for dealing with the emotional and physical challenges of the disease. They include soaking in a tub; reading a good book; going dancing; feeding the birds; praying; taking a trip.

CANCER IN NORTH CAROLINA:

Types of Cancer, projected new cases in 2005:

All Types: 40,520 (1.372 million in US)
Female breast: 6330
Colon/Rectal: 4100
Uterine cervix: 310
Leukemia: 990
Uterine corpus: 1170
Lung & bronchus: 5520
Melanoma: 1920
Non-Hodgkin lymphoma: 1760
Prostate: 6810
Urinary bladder: 1580
Source: American Cancer Society

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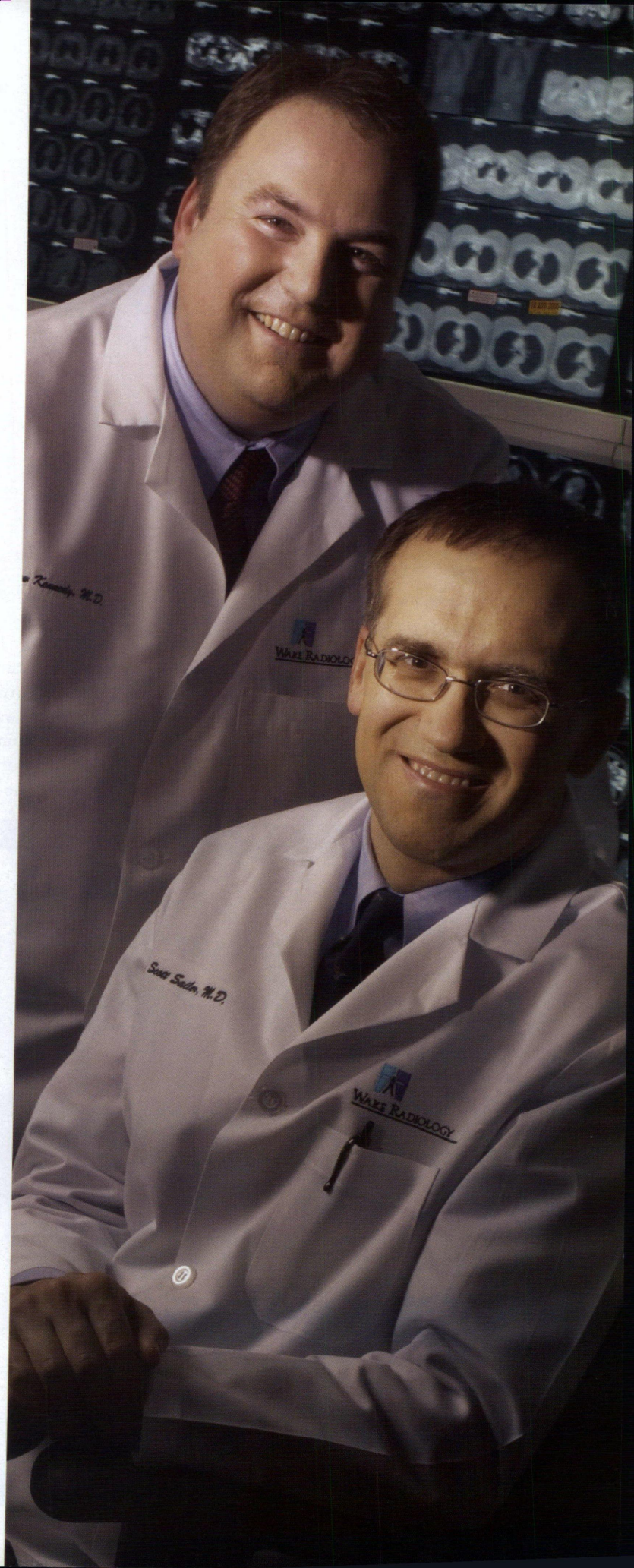

WHERE TO GO ONLINE FOR HELP:

Organizations that make information available online for those dealing with cancer:

American Cancer Society — www.cancer.org
American Society for Clinical Oncology — www.asco.org
CancerCare (counseling, support groups) — www.cancercare.org
Colon Cancer Alliance (includes "Buddy Network" for peer-to-peer exchanges and chat rooms) — www.ccalliance.org
National Cancer Institute — www.cancer.gov
People Living with Cancer — www.plwc.org

Magazines and general information sites:

CURE Magazine — www.curetoday.com
Coping Magazine — www.copingmag.com
WebMD — www.webmd.com

COMPREHENSIVE CANCER CENTERS in NC:

(As designated by the National Cancer Institute)

Lineberger Comprehensive Cancer Center, University of North Carolina at Chapel Hill:
http://cancer.med.unc.edu/

Duke University Comprehensive Cancer Center:
http://www.cancer.duke.edu/

Wake Forest University Baptist Comprehensive Cancer Center:
http://www1.wfubmc.edu/cancer

A friend offered his own suggestion in an email, "Be kind to yourself." And part of that is being willing to talk to family and friends about the battle—to share experiences as well as warnings.

My wife has insisted on being my "nurse" and this disease is a "we" experience. Every doctor's trip and exam is a "we" appointment. My sons Ross and Ryan have offered their own support by helping with chores, words of encouragement and a warm hug.

My younger sister, Cyndi McHolland of Clarksville, IN, a breast cancer survivor, has told me over and over to "Take charge of your disease." She's also warned me about "chemo brain"—short-term memory problems sometimes linked with chemotherapy. On the advice of Dr. Kaplan, I've already asked my other siblings—brother Willie R. Smith and sister Sylvia Griggs—to have their own colon checkups, given that this kind of cancer often times is hereditary.

The medical professionals, publications, Web sites, friends and family also encourage patients to become "partners" with your doctor. By taking notes, keeping a journal, being informed and doing research about your particular disease—and including family members in consultations with doctors—makes for a productive two-way relationship. Very importantly, there are no stupid questions. And in many cases people will seek a second opinion about their condition.

A poster taped to a desk at the Cancer Centers of North Carolina office seemed to sum up thoughts for cancer fighters and survivors best of all:

"What Cancer Cannot Do:
"It cannot cripple love
"It cannot corrode faith
"It cannot silence courage
"It cannot conquer spirit"

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Duke Researchers Focus on:

A CANCER KNOCKOUT

by Rick Smith

After 20 years of research into how signaling pathways and cells respond to signals from cells called growth factors, Dr. Patrick Casey has learned that patience is a virtue. But he continues to strive for a new "knockout" class of drugs in the war on cancer.

"We're not there yet," said the pharmacologist and cancer biologist at Duke University's Comprehensive Cancer Center when asked about developing blockbuster anti-cancer drugs. "In the progress of scientific research projects, 15 years is not that long. I expect to continue work in this program for the next 20 to 25 years—until I retire."

However, a recent breakthrough at the Duke Small Molecule Screening Facility, which he runs, has Casey believing that a new drug could be developed that can block signals which drive the uncontrolled growth in as much as one third of all cancers.

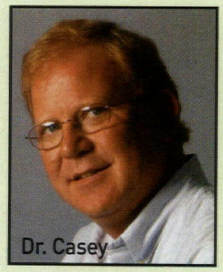
"We are quite excited about this new development," Casey said. "This is the first time we were able to block enzyme activity with our own small molecule."

Casey established the lab after coming to Duke in 1990 from the Southwestern Medical Center at the University of Texas in Dallas. Recently, he and fellow researchers demonstrated they could block growth of colon cancer cells in a laboratory environment by using a new compound they call cysmethynil. Duke already is seeking patent protection for cysmethynil, and Casey said the next step is to use the compound in animal cells.

"If we can block the activity of enzymes, we can stop tumor growth," Casey said. "This is gene disruption, or what we call a knockout."

In the case of the colon cells, cysmethynil prevented the so-called Icmt protein from triggering uncontrolled growth. The results of the study, which was funded by the National Institutes of Health and the Howard Hughes Medical Institute, were published recently by the Proceedings of the National Academy of Sciences.

Casey described small molecules as those having a light molecular weight of 50 atoms or less and are able to enter cells. Many drugs now consist of small molecules, which he said enter cells and bind to larger macromolecules in order to modulate their activity.


Dr. Casey

The Duke lab has a library of more than 13,000 compounds that could be used to develop other anti-cancer drugs. Casey said he has already filed four patents as part of new research.

The cysmethynil development is just the latest in Casey's career, which began to focus on cancer biology research in 1989. He has been working with a number of pharmaceutical companies to develop drugs for use against leukemia and other lymphoma-related diseases.

"We discovered the enzymes that are the targets for these inhibitors," Casey said. "These drugs block the activities of enzymes. We proposed back in 1990 that if we could create inhibitors that block these enzymes effectively, they might be active as anticancer drugs, and we showed companies how to find these inhibitors."

"The best responses thus far have been against leukemia," he explained. Johnson & Johnson has one drug, Zarnestra, undergoing clinical trials. Schering-Plough has another drug, Sarasar, under development that could be used to combat breast cancer. "There have been some very encouraging results in advanced breast cancer," Casey said. "We will see if it holds up on a large scale."

FUTURE OPTIONS

After 15 years of work related to the latest discoveries, Casey said he hopes an existing pharmaceutical firm or a new one will take cysmethynil forward for commercial

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development. "One possibility is to start a new biotech company; another is to find a partner," he said.

Casey also is hopeful the Center's work will encourage other Duke researchers to pursue small molecule research.

"We have now opened up the center so all Duke faculty has access to it so they can use it to identify whatever small molecules in whatever biology they are interested in," he said.

Casey also recruited to Duke Dr. Timothy Hasytead, the scientific founder of Durham-based Serenex—and now a professor of pharmacology—which is focused in part on oncology drug development.

Among those assisting Casey with the cysmethynil developments were Ann Winter-Vann, the first author of the study, Duke chemist Eric Toone and chemistry graduate student David Gooden. MM

PROPOSED LEGISLATION TARGETS MEDICAL MALPRACTICE REFORM

by Anthony Vecchione

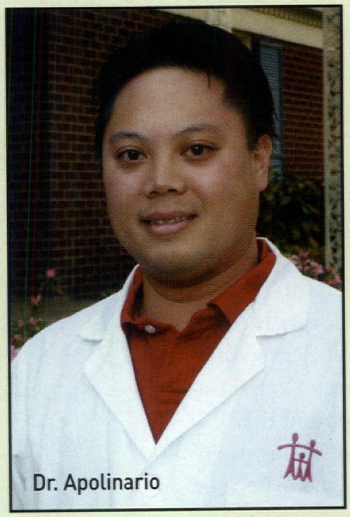
Two new bills before the North Carolina State Senate call for financial caps on pain and suffering awards.

In January of 2005, Dr. Arthur Apolinario, MD, a family physician practicing in rural Sampson County stopped delivering babies. Managing low-risk obstetrics patients was a routine part of his practice, but in recent years Apolinario was being assigned more high-risk patients, as fewer obstetricians in the state were willing to take them on. As a result, he believed that his chances of being sued for malpractice would substantially increase. Although Apolinaro has never been sued, he worried that due to his exposure to high-risk patients, it was only a matter of time before a catastrophic event would occur and he'd be facing a negligence lawsuit and financial devastation. Delivering babies had become just too much of a liability.

North Carolina has been cited by the American Medical Association (AMA) as "high-risk"—a label reserved for states where skyrocketing malpractice premiums are forcing doctors either to leave the state or cut back on services, leaving patients in some instances without access to care. "We have a problem in North Carolina, no question about," said Robert Seligson, executive VP and CEO of the North Carolina Medical Society. "Doctors' premiums have tripled in some cases, even quadrupled over the last several years."

But relief seems to be on the way in the form of new legislation recently proposed in the NC State Senate that squarely addresses medical malpractice actions in the civil justice system. The cornerstone of two separate bills is a cap on non-economic damages on health-care liability claims—commonly known as pain and suffering awards. Senate Bill 44, if passed, would impose a $250,000 cap. That figure is in line with AMA-supported tort reform, modeled after 30-year-old California legislation often cited as the gold standard for liability reform.

Companion legislation, Senate Bill (SB) 989 proposes to limit non-economic damages to no more than $350,000 per plaintiff. And in cases where the plaintiff suffers severe injury that results in a persistent vegetative state or wrongful death, the limit is $500,000. The bill would also repeal the so-called "collateral source rule" that allows "double recoveries" for plaintiffs, would provide for periodic payments by defendants rather than lump sums and allow more of the recovery to be paid to the plaintiff.


Dr. Apolinario

Sen. James Forrester, (R-Gaston,) a co-sponsor of SB 989, told *Metro Magazine* that the bill, if passed, would be a win-win for both physicians as well as patients. "We're trying to make the bill palatable to everybody," said Forrester who is also a family physician. Forrester noted that in some instances out-of-control jury awards have forced physicians to practice "defensive medicine," in the form of unnecessary tests in order to protect themselves. According to Forrester, almost half of the doctors in North Carolina have been sued, including 70 percent of general surgeons, 62 percent of OB/GYNs and 55 percent of emergency room physicians.

From the medical community's perspective, large jury awards that drive up premiums are the main culprit in rising liability costs. "And what happens is that it's very difficult for a doctor to maintain his current patient base when these rates go up that high and that quickly," said Seligson. In increasing numbers, noted Seligson, doctors have to minimize their amount of no-pay or low-pay patients because they have to bring in more income into the practice to keep it viable. They are also less apt to take on more risk in the procedures they perform. "That's an example of how it's having an impact on access," charged Seligson. To further support their position, the medical community points out that just two years ago the state's largest malpractice insurer pulled out of North Carolina.

But not everyone is buying organized medicine's remedy to the medical malpractice crisis. The legal community has been the staunchest opponents when it comes to placing blame on the rising cost of medical malpractice insurance rates. According to the North Carolina Academy of Trial Lawyers, caps on non-economic damages would hurt North Carolina's most vulnerable citizens. They charge that limiting a jury's ability to award non-economic damages to victims of medical malpractice would prevent North Carolinians from receiving justice and would disproportionately harm children, senior citizens and women.

The medical society's Seligson stressed that tort reform is essential in order to stabilize the system so there's more predictability. "We're for the patient receiving any eco-

nomic damages as a result of a malpractice from now to the end of their life. We're not trying to minimize that at all, what we're trying to do is to preserve a system so that the patients have that benefit available to them."

Trial lawyers assert that the claim by doctors that a litigation explosion is driving up malpractice insurance rates is the wrong diagnosis. They argue that the real catalyst behind the rise in premiums is the insurance industry. The legal crowd maintains that insurance companies tend to reduce premiums when their investments yield high returns and increase premiums when investment income declines. In other words, when markets fall, premiums rise. However, the medical society's Seligson refutes that argument, calling it an attempt to redirect the focus away from the problem. Seligson asserts that the major malpractice insurance companies engage in low-risk investments, including money markets or bonds. He insists that the focus should be on excessive jury awards.

Trial lawyers and their allies, including some consumer groups, maintain that the best way to reduce premiums is to adopt measures that improve patient safety and reform the insurance industry.

Political insiders believe the current proposed legislation has a good chance of passing due in part to a powerful physician lobby. The AMA for example, has dispatched its top soldiers from coast-to-coast to rally doctors to support tort reform. Just how much of a priority is medical malpractice reform for organized medicine? "This is a major issue for doctors," said Wayne Guglielomo, senior editor for *Medical Economics* magazine. Guglielomo explained that for its 2005 legislative priority, the AMA ranks malpractice reform number one, followed by Medicare payment reform and the problem of the uninsured. Experts note that malpractice reform legislation has its best chances of passing on the state level; nationally, says Guglielomo, it's a tough sell.

Dr. Donald Palmisano, MD, immediate past president of the AMA told *Metro Magazine*, "Passing comprehensive federal medical liability reform for all physicians, based upon California's proven liability reform law, is the AMA's number one legislative priority." Palmisano added that commonsense reforms can work and that it's time for lawmakers to take these proven treatments and apply them to the rest of the country so patients can have access to care in their hour of need. "The AMA will continue to push Congress to institute real reform. The practice and the promise of medicine depend on it. At stake is nothing less than the health of our patients," said Palmisano.

For physicians, caps are clearly a step in the right direction. "A pure non-economic damage cap is the only thing that will work in this state," says Apolinaro. Sen. Forrester thinks that his bill has a good chance of passing as long as it continues to receive bipartisan support. Forrester believes that if SB-989 was made into law within the next couple of years, the professional liability insurance premiums for physicians should level off and even decrease. "Hopefully there can be some sort of compromise that will be good for everybody, especially the patients." MM

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MEDICAL BRIEFS

UNC Researcher Wins Grant from Lance Armstrong Foundation

Dr. Marilie Gammon, a professor of public health at the University of North Carolina, received a $145,000 grant from the Lance Armstrong Foundation to study links between fruit and vegetable intake and breast cancer survival.

Lance Armstrong, the cyclist who has dominated the Tour de France in recent years, is a cancer survivor.

Gammon's research will focus on intake of flavonoid, a component in fruits and vegetables. Flavonoid acts as an antioxidant and also has anti-inflammatory properties. Gammon will also study other factors such as obesity.

"Recently we demonstrated that breast cancer risk is reduced in relation to fruit and vegetable intake, although the specific agents responsible for the inverse association are not yet clear," Gammon said. "Others have postulated that fruits and vegetables could also have beneficial effects on breast cancer survival. The results of this study may help to identify agents that could be used as chemo-preventives with an aim of decreasing the incidence of disease, and once diagnosed, increase a patient's chance of surviving."

Gammon, deputy director of the Center for Environmental Health and Susceptibility, is a professor of epidemiology and is a member of the UNC Lineberger Comprehensive Cancer Center. MM

Light Therapy Can Provide Alternative To Drugs for Fighting Mood Disorders

Light therapy offers an effective alternative to antidepressant drugs for treatment of mood disorders, according to a UNC-Chapel Hill researcher.

"We found that many reports on the efficacy of light therapy are not based on rigorous study designs. This has fueled the controversy in the field as to whether or not light therapy is effective for seasonal affective disorder (SAD) or for non-seasonal forms of mood disorders," said Dr. Robert Golden, professor and chairman of psychiatry at UNC and vice dean of the medical school, who was the lead author on the study. The American Psychiatric Association commissioned it. *The American Journal of Psychiatry* published the results recently.

Golden and researchers performed a detailed review of 20 various controlled studies related to light therapy. Bright artificial lights can be used to treat people battling SAD, which develops in the fall or winter but disappears in the spring or summer. SAD is believed to be triggered by less daylight in fall and winter. The light therapy is used to create what researchers call a "false dawn."

"(W)hen you throw out all the studies that are methodologically flawed and then conduct a meta-analysis of those that are well-designed, you find that light therapy is an effective treatment not only for SAD but also for depression," Golden said. It has been tested also to treat non-seasonal disorders, jet lag, insomnia and Alzheimer's disease.

"The effective size of the light therapy intervention in our meta-analysis was comparable to what has been described in the clinical literature for conventional medications to treat depression," Golden said. "The findings are as strong or as striking." MM

WakeMed Offers Advanced Cervical Cancer Screening

WakeMed recently introduced new technology designed for advanced cervical cancer screening. Cervical cancer strikes some 15,000 women each year in the US.

WakeMed Health & Hospitals is offering the ThinPrep Imaging System to augment the ThinPrep Pap test system first deployed in 1998. The new technology provides an integrated computer-based imaging system for screening of Pap test slides.

Samples are still collected in the traditional fashion but instead of being smeared on a slide, they are placed in a vial and sent to the laboratory for analysis. The system is in use at WakeMed's labs at its Raleigh campus.

"WakeMed is committed to providing our patients with the best technology to detect the disease early and the ThinPrep Imaging System enables us to do that," said Dr. Dana Copeland, the director of WakeMed Laboratories. It's an extension of the high technology laboratory services that we are offering through our recently expanded and upgraded lab on the Raleigh Campus." MM

Rex Hospital Earns Accreditation From National Chest Pain Center

Rex Hospital recently became the first accredited chest pain center in the Triangle. The Society of Chest Pain Centers recognized Rex for its efforts to diagnosis and treat acute coronary syndromes and heart failure. Rex said its center had to meet or exceed a variety of standards set by the society and added that it is the first in the triangle to be accredited by the group and is one of only 100 so recognized in the nation.

"Being the only Accredited Chest Pain Center in the Triangle confirms our commitment and dedication to high-quality patient care at Rex," said David Strong, president of Rex Healthcare. MM

Local company Devises Unique Way To Manage Chemotherapy on Cancer

Sicel Technologies has received a second grant from the Sisko Foundation to further develop the company's implantable sensor technology to manage chemotherapy. "This grant will help to enable the miniaturization of the fluorescence sensor so that it can be encapsulated for implantation at the site of a tumor," said Sicel's CEO, Dr. Robert Black. The Company has proven feasibility of the device in pre-clinical studies, by measuring the uptake of Herceptin(TM), a chemotherapeutic agent used in the treatment of breast cancer. The Company markets a disposable surface dosimeter, OneDose(TM), and anticipates receiving FDA clearance to market its first implantable radiation sensor in 2005.

The fluorescence sensor, which Sisko is helping to fund, is designed to detect the absorption and concentration of fluorescently labeled drugs. The sensor is able to indicate, in vivo, whether a tumor has absorbed the drug. Knowing the concentration in vivo should provide guidelines to physicians to know whether or not a drug level falls within the desired therapeutic range, thus allowing for more precise and individualized therapy.

"When looking for a grant recipient for this year, we thought it made sense to go back to Sicel as the work they are doing for breast cancer is so important," said Michelle Siler, co-founder and president of the Sisko Foundation, an organization committed to the mission of raising breast cancer awareness, funding improvements in research and treatment and supporting breast cancer patients and their families.

With over 217,000 new cases of breast cancer each year it remains the number-two killer of women in the United States, and the No. 1 cause of death in women between the ages of 40 and 55.

Sicel Technologies, founded by Dr. Charles Scarantino, a radiation oncologist at Triangle Radiation Oncology Services practicing in the Rex Healthcare Cancer Center, perceived a need for a diagnostic tool to provide continuous feedback to the physician about the changes within tumors.

Sicel Technologies Inc. is a privately held company headquartered in Raleigh. For more

information visit www.siceltech.com. MM

VIOlight Toothbrush Sanitizer Keeps Your Bristles Germ-Free

Your toothbrush cleans your teeth, but what cleans your toothbrush? The US Surgeon General reports that toothbrushes in most household bathrooms can harbor millions of harmful bacteria that can cause illnesses.

But a new product called the VIOlight Toothbrush Sanitizing System can help keep toothbrushes disinfected and germ-free. Adults and children alike can place their toothbrushes in the VIOlight and, at the push of a button, the unit begins to sanitize the brushes using germicidal UltraViolet Technology that eliminates up to 99.9 percent of most germs and bacteria. Within 10 minutes the job is done. The VIOlight shuts off automatically and keeps the brushes bacteria free until the next brushing.

This new family health accessory, which employs technology already being used in hospitals and dental offices, is an attractive accessory that looks nice in a home bathroom. It can sanitize up to four brushes at one time and prevents cross contamination from one toothbrush to another.

"Studies have shown that poor oral health can lead to other more serious medical conditions, so we wanted to create a product that would give consumers a boost in their oral care," says Jonathan Pinsky, VIOlight president.

The VIOlight sells for $49.95 and is available online at www.violight.com. Watch for it to be available in retail stores this spring. MM

Seven NC Counties Included In National Children's Study

Seven North Carolina counties have been selected to participate in what is being called "the largest long-term study of children's health and development" in the United States. NC counties selected are Buncombe, Burke, Cumberland, Duplin, Durham, Gaston and Rockingham.

The intent of the program is to develop health & safety guidelines and prevention strategies, find ways of improving healthcare education and potential treatments for certain health issues. Asthma, obesity, Type 2 diabetes, premature birth and low birth weights are among the primary focuses on the study, which will include 100,000 children from 101 locations across the U.S.

The National Children's Study is coordinated by the US Department of Health and Human Services, National Institutes of Health & Centers for Disease Prevention & Control and the Environmental Protection Agency. For more information see: www.nationalchildrensstudy.gov.

Duke Explores Links Between Chemicals, Child Brain Cancer

Is there a link between the seasonal use of pesticides, fungicides and other chemicals and children struck by a malignant brain tumor?

That's the question being pursued by scientists at Duke University who recently reported that 1200 children who developed the medulloblastoma brain tumor were more likely to be born in late summer or early fall than during other seasons.

"Children born in the fall would have been conceived the previous winter, and major fetal development would occur during the spring," said Edward Halperin, MD, vice dean of the school of medicine and a radiation oncologist at Duke.

Forty-four percent of cases studied in patients at Duke and in North Carolina involved fall births compared to winter (23 percent) and spring (22 percent). Similar results have been reported in Norway and Japan, according to Duke.

"The cerebellum undergoes rapid growth at certain periods of prenatal and postnatal development," Halperin said. "Environmental exposures could increase the risk of brain tumor, and our study provides some evidence that this may be the case."

Duke University Medical Center and the Nicholas School of the Environment and Earth Sciences at Duke are researching the data. They believe "seasonal variations in the use of pesticides, fungicides, other water pollutants and antihistamines could expose fetuses to these compounds during critical periods of brain development." But Duke said causes of the tumor are largely unknown and called for further research.

Results of their research were published in the April 1 issue of the Archives of Environmental health. MM

May Is Osteoporosis Prevention Month

Did you know that osteoporosis, a disease that weakens bones, strikes one in 11 Americans? More than 25 million people, 80 percent of whom are women, are afflicted.

May is Osteoporosis Prevention Month, and adults ages 50 or over are encouraged to seek referrals from family physicians for a bone densitometry scan. These scans, conducted based on doctor referrals, are non-invasive and last no more than 20 to 25 minutes, according to physicians at Wake Radiology, which offers the scans at seven outpatient imaging centers.

Early detection of the disease enables physicians and patients to implement measures to slow its effects.

For more information, see: www.wakerad.com MM

UNC, Duke to Collaborate On Knee Injury Study

Researchers at UNC-Chapel Hill and Duke have been selected to conduct a $2.8 million study of risk factors related to knee injuries among athletes.

The US Army, Navy and Air Force academies are participating in the study that will include 4800 male and female athletes over a four-year period. The goal is to develop injury-prevention programs. The rate of injuries among women is eight times higher than that of men, especially in sports such as basketball, soccer and volleyball.

The primary focus of the study is risk factors for injuries to the anterior cruciate ligament, or ACL, in the knee. Most ACL injuries are sports related and occur in most instances when there is no direct physical contact, according to UNC. The ACL is one of two ligaments crossing the knee that prevent the leg bone and thighbone from slipping forward or backward and out of joint.

The study's principal investigator, Dr. Stephen Marshall, assistant professor of epidemiology at UNC's School of Public health and an assistant professor of orthopedics at the School of Medicine, said, "The study promises to give us exciting new information based on science that can be used to refine existing ACL injury prevention programs. It will help define what aspects of human movement may predispose an individual to be at greatest risk for ACL injury and how to lower that risk."

Affinergy Wins Award

RTP-based Affinergy Inc, the medical coatings/biocoatings firm, received the Frost & Sullivan Technology of the Year award for the development of its patented "biological glue" used in orthopedic procedures.

According to Frost & Sullivan, the independent marketing and research firm, the annual award goes to firms that "have or are expected to bring significant contributions in terms of adoption, change and competitive posture."

For more information, contact Peyton Anderson at panderson@affinergy.com. MM

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Coastal Event Calendar

COASTAL NEWS

HOME TOUR REFLECTS HERITAGE

Vital aspects of Morehead City's past will be reflected throughout the 3rd annual Downtown Morehead City Homes and Heritage Tour. Nine private residences that line Evans, Shackleford and Shepard Streets will open their doors to the public on May 21 to showcase the furniture, art and photographs of the families who inhabit them. The featured homes are renovated or newly remodeled cottages, some still reflecting the heritage of the Promise' Land.

Tickets for the event and luncheon can be purchased online at www.moreheadcityhomesandgardenstour.com. This community event is sponsored by the Downtown Morehead City Revitalization Association. For more information, contact Chairperson Patricia Raskin at 252-808-0440.

LOCAL SECRET RECEIVES NATIONAL RECOGNITION

Bald Head Island received national recognition in March when Travelocity's Editor At Large, Amy Ziff, named the island one of North Carolina's "Local Secrets, Big Finds 2005." Bald Head Island is the only North Carolina beach destination to receive the acknowledgement. "Receiving national recognition from a well-respected travel resource is an exciting achievement; particularly since we're the only coastal resort to make this prestigious list," said Trisha Howarth, Hospitality Sales and Marketing Director for Bald Head Island Limited. "We're proud of the exceptional nature of Bald Head Island and we want to share our secret with Travelocity's broad audience."

WILMINGTON BED & BREAKFAST BLOOMS ROMANCE

The Murchison House has been chosen as one of the 2005 Top 10 Most Romantic Inns by American Historic Inns Inc. Located at 305 South Third Street, the Murchison House is the only property in Southeastern US that is included in this year's Top 10 list.

HISTORIC HOUSES FEATURED ON BEAUFORT HOMES TOUR

More than 100 houses in the seaport village of Beaufort are over a century old, some of which will be featured on the 45th annual Historic Beaufort Homes & Gardens Tour taking place June 24th and 25th.

Beaufort, the third oldest town in North Carolina, rich in history and stories of star-crossed lovers, Confederate spies, and pirates, has established the Beaufort Historical Association and in 1960 began opening doors to the town's historic homes to help support the association's efforts to preserve the cultural and architectural heritage of Beaufort. Although the purpose has remained the same, the tour has developed into a weekend full of activities catering to throngs of tourists who attend the event each year.

The tour features private homes, gardens, historic churches and meeting halls. Ticket holders are also invited to tour all buildings on the Beaufort Historic Site and watch Living History demonstrations taking place on the grounds. A narrated tour of the Beaufort Historic District aboard a vintage English double-decker bus is offered for a small additional fee.

In addition to the tour, the Beaufort Historical Association, will hold its annual Antiques Show and Sale featuring 40 antiques dealers in nearby Morehead City's Crystal Coast Civic Center June 24-26.

Ticket prices for the Historic Beaufort Homes & Gardens Tour and Antiques Show and Sale are $18 in advance, $22 the days

STAR STYLIST STEVEN WARD RETURNS TO NC

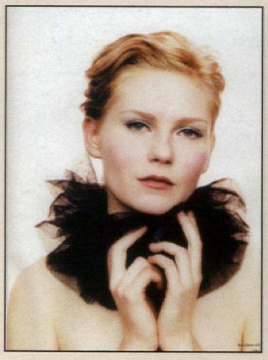
HIS HANDS HAVE TOUCHED some of the most beautiful heads in show business. His work has been featured in every major fashion magazine. His new salon will have amazing views and a New York City vibe. Steven Ward is not just an extraordinary hair stylist; he's an extraordinary hair stylist coming to a city near you: Wilmington! Celebrity stylist Ward is a native son returning home after 10 years in New York. His doors will open for business in the spring of 2006 on a family property just outside of Wilmington, where architect Ligon Flynn is designing Ward's new salon and home. Haircuts start at $150, but that's quite a bargain considering that Ward's mission is to find the star in every client.

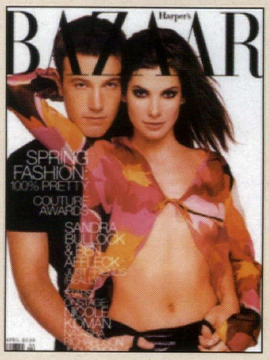
After graduating from college with a degree in marketing, Ward left North Carolina in 1995 to seek his fortune in New York. Through training at Vidal Sassoon, work with famous stylists such as Garren, and a pure passion for hair, Steven Ward rose to the top of his profession to become a stylist requested by the likes of Rosario Dawson, Sandra Bullock and Julianne Moore.

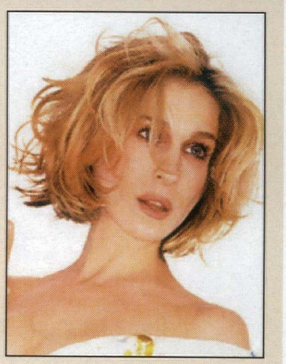
Ward specializes in creating a look that takes into account the many variables of a client's lifestyle as well as the texture of her hair. With the past few years mainly filled by editorial and television work, Ward missed the salon environment and the personal relationships with regular clients. "I love people. No matter how busy I am, I always do a consultation, and each time I give the client something just a little bit different."

Steven Ward is currently accepting appointments on a limited basis at Ward Hair Designs (owned by his sister) in Wilmington, 910-395-0771, wardhairnc@aol.com. View Steven Ward's portfolio at www.next-artists.com.

—MFH



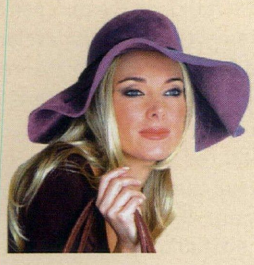




Just Beachy

Coast down to the coast for the best in summer fashion accessories.

by Molly Fulghum Heintz



The season's must-have sunhat by designer **Eric Javits**. Available at Swan Feathers, Cedar Point, NC.

Summer means lots of Lilly!

The **St. Tropez** woven handbag and colorful men's ties in cotton. Available at Lilly Pulitzer's Palm Garden, Wilmington NC.

Show off your pedicure with picture perfect mules from **Isaac Mizrahi.** Available at Monkees, Wilmington NC.

of the events. Tickets may also be purchased separately (homes tour are $16 in advance and $20 at the gate, antiques show tickets are $5, good for all three days).

For more information on the Historic Beaufort Homes & Gardens Tour or the Antiques Show, contact the Beaufort Historical Association at 800-575-7483 or 252-728-5225 or visit the website at www.beauforthistoricsite.org.

COASTAL PREVIEW-MAY

9th Annual Jazz in the Park: May 1. Free to the public; Wrightsville Beach Park; **Wrightsville,** 910-392-1200 or visit www.capefearjazz.com

Mollie Fearing Memorial Art Show: May 2-27. Sponsored by Dare County Arts Council featuring countywide works of art; Art Gallery, **Roanoke Island Festival Park.** Call 252-475-1500 or visit www.roanokeisland.com

Airlie Arts Festival: May 5-8. Showcasing great art and music; Airlie Gardens, **Wilmington.** Call 910-798-7700 for information

Havelock Spring Festival; Parade, street dance, fireworks & carnival; Silver Park & Walter B. Jones Park, **Havelock;** May 5-8. Contact 252-444-4378.

Pardon My Southern Accent; Jim Wann and Friends present a new musical revue by UNC-Ch. alum Wann; Thalian Hall, **Wilmington;** May 6. Call 910-343-3664 or 800-523-2820 or visit www.jimwann.com.

Oz: May 6-8. Local children to perform. Special offer for Mother's Day; Community Arts Center, **Wilmington.** Call 910-251-1788 or visit www.thalian.org

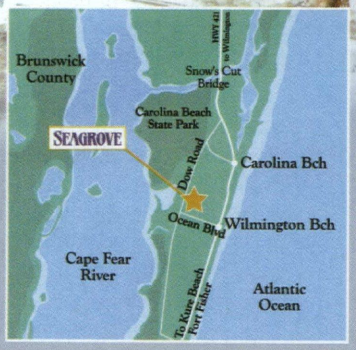
NC MARITIME MUSEUM

This year's Wooden Boat Show at the North Carolina Maritime Museum in Beaufort includes special guest Roy Underhill, host, writer and co-producer of PBS The Woodwright's Shop. Underhill (shown here) is the featured speaker at the boat show dinner on May 7 and serves on the panel of judges.

This is Not Your Ordinary Seaside Lifestyle

SEAGROVE

Seagrove is a unique coastal community incorporating traditional, urban neighborhood design into the beautiful, lush surroundings of Carolina Beach, NC.
Single family homes nestled within a scenic maritime forest offer everything the coastal Carolina family desires. Beautifully constructed classic cottage-style homes. Peaceful, natural pathways for quiet walks. Sidewalks and lampposts for community exploration. And amenities that offer year-round enjoyment including a handsome pool and clubhouse.



Follow I-40 to HWY 421. From Snow's Cut Bridge, turn right onto Dow Road. Follow Dow Road to Ocean Boulevard. Turn left onto Ocean Boulevard. Seagrove is on the left.

For all the interesting details call Sarah Rumney

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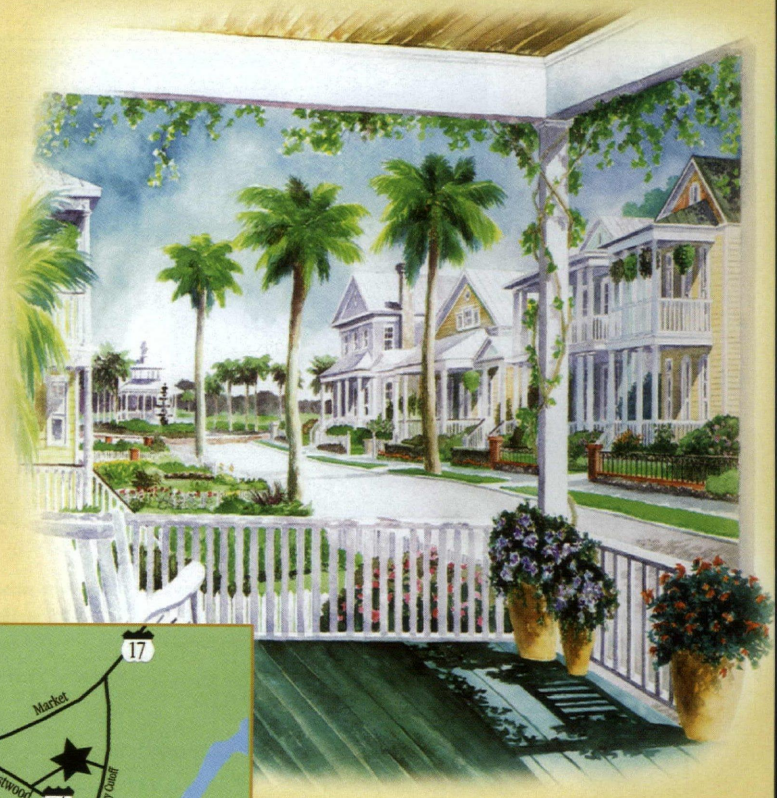
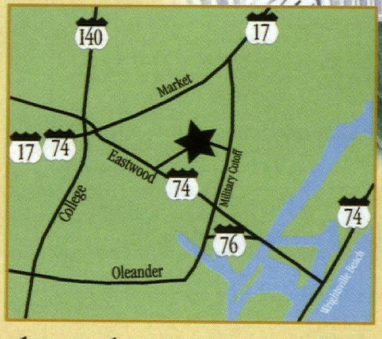
kside at Mayfaire is a place for and about people. Beautiful etscapes with trees and wide sidewalks, homes with spacious t porches, a public garden and fountain, alleyway access to ges, ponds and playgrounds.
about quality of life here at Parkside.





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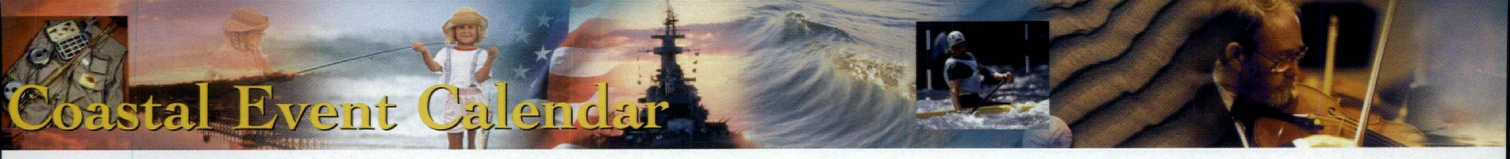

Coastal Event Calendar

MCAS Cherry Point Air Show: May 6-8. "Night Show" on Friday evening and "Day Shows" on Saturday & Sunday featuring US Blue Angels, historic static aircraft, aerobatics and more. Free admission & parking; **Cherry Point,** Call 1-866-WINGS.NC or visit www.cherrypointairshow.com

Fabulous Fantail Film Festival: Fridays in May. This year's theme; "Mysteries with a Smile." Each week enjoy a new movie aboard the deck of Battleship North Carolina, **Eagles Island in Wilmington.** For schedule, contact, 910-251-5797 or visit www.battleshipnc.com

31st Annual Wooden Boat Show: May 7. Demonstrations and races with week-long schedule of activities to precede the show; NC Maritime Museum and Watercraft Center, **Beaufort,** 252-728-7317

River to Sea Bike Ride: May 7. Join the Bicycle Advisory Committee and others for a ride to the beach and back; begins foot of Market Street, **downtown Wilmington.** Call 910-794-6003 for infor-mation

3rd Annual Fisher of Men Spring Gala: May 7. Event to help homeless in Carteret County with live & silent auctions featuring sports memorabilia and appearances by professional athletes. Tickets are $75 and include dinner, open bar and dancing; Dunes Club, **Atlantic Beach,** 252-726-8466

SPECTRUM GALLERY

Step It Up by Mandy Johnson, acrylic on canvas, will be one of the paintings in Johnson's exhibition, "Work Play, Dance," opening May 13 in Spectrum Gallery, Wilmington

7th Annual Coin & Currency Show: May 7 & 8. Presented by Carteret County Numismatic Society; Crystal Coast Civic Center, **Morehead City,** 252-728-1627

Carteret County Curb Market: May 7-Sept 3. Each Saturday, the oldest continuously operating curb market in NC opens offering fresh vegetables, local seafood, and more. Located at the corner of 13th & Evans streets in downtown **Morehead City;** for information, call 252-222-6359

23rd Annual Crystal Coast Quilt Guild's Quilt Show and Merchant Mall: May 13. Crystal Coast Civic Center, **Morehead City,** 252-808-4060

Wilmington Greek Festival: May 13. Events include cooking demonstrations, Greek music, "Greek Marketplace" and more. St. Nicholas Greek Orthodox Church; **Wilmington,** call 910-392-4444

15th Annual Cape Fear Blue Water Open: May 13 & May 14. Hosted by the Cape Fear Blue Water Fishing Club; Bradley Creek Marina, **Wilmington.** Call 910-452-0170

Annual City Championship Junior Tennis Tournament: May 13-15. Hosted by the City of Wilmington; open to anyone under age 16 who would like to participate. Empie Park, **Wilmington;** call 910-343-3682 or visit www.wilmingtonrecreation.com for a brochure

The Impact of Gen X: May 13-June 7, opening reception May 13. Exhibition focuses on works of four Gen X artists; Sarah Moessner, Chad Pierce, Lindsay Jacobus & Zack Newkirk. T.A.G. at Lumina

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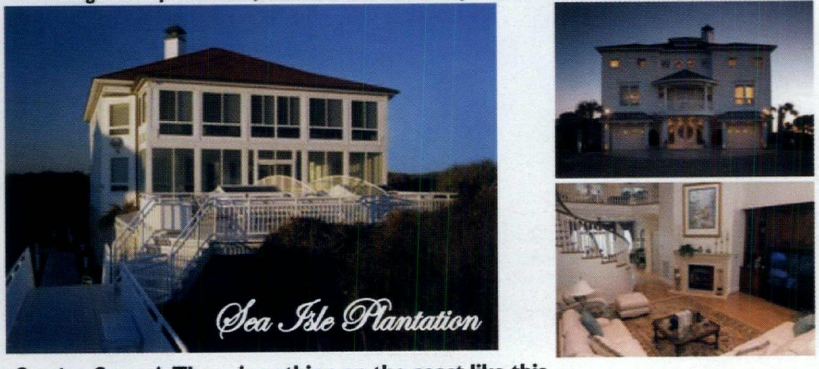

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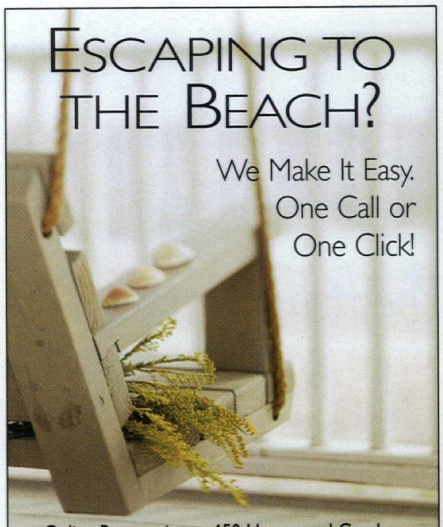

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Station, **Wilmington.** Call 910-509-2882

Mandy Johnson Exhibit: May 13-June 6. Spectrum Gallery presents Work, Play, Dance, a new collection of paintings by Morehead City painter, Mandy Johnson; **Wilmington,** 910-256-2323

Confederate Memorial Day: May 14. Special program honoring men who built and defended Fort Fisher; Fort Fisher State Historic Site, **Kure Beach,** call 910-458-5538

19th Annual Parade of Homes: Sat, May 14. Over 60 new homes across New Hanover, Brunswick and Pender Counties on tour; all free and open to the public. Also to be held May 21 & 22. Sponsored by Wilmington-Cape Fear Home Builders Association; **Wilmington**

Nags Head Woods 5K Run & 1 Mile Family Fun Run: May 14. The Nature Conservatory; **Outer Banks,** visit www.outerbankskiwanisclub.org for details.

Island of Lights Spring Fashion Show: Sat, May 14. Luncheon and Fashion Show with Silent Auction to benefit the Island of Lights; **Carolina Beach.** Call 910-458-7116 or visit www.islandoflights.org

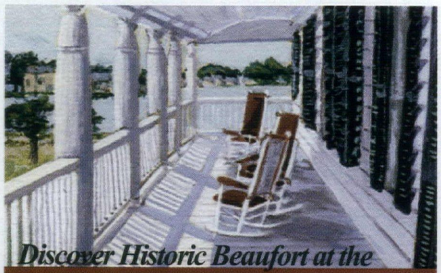
13th Coastal Classic Celebrity Golf Tournament: May 14 & 15. More than 30 celebrities from television, film and sports to play; list to be announced at later date. Landfall Country Club; **Wilmington,** call 910-815-5042 or visit www.nhhn.org

136th Confederate Memorial Day Service: May 15. Cape Fear Chapter No. 3, United Daughters of the Confederacy, along with others; honor deceased Confederate heroes. Confederate Mound, Oakdale Cemetery; **Wilmington.** Call 910-392-0381 or visit www.capefearmuseum.com

5th Annual Hang Gliding Week: May 16-20. Celebrate the area where flight began with school assemblies, presentations and more. **Kitty Hawk.** Call 877-FLY-THIS or visit www.kittyhawkkites.com

Bloody Mary and the Virgin Queen; a musical farce set in the present day; Film Theatre, Roanoke Island Festival Park, **Manteo;** May 18.

Curtis Stigers Concert: May 19. London Times named Stigers' *You Inspire Me*, the best jazz album of the year. Thalian Hall,



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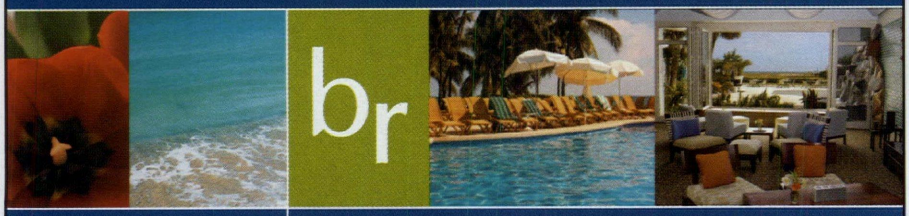

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ROANOKE ISLAND FESTIVAL PARK

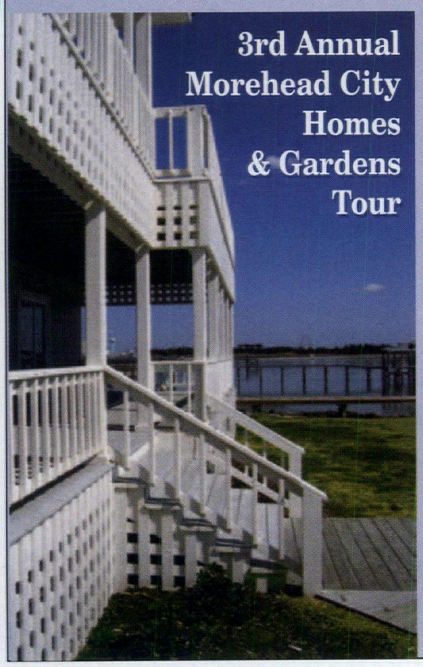
Half-sister Mary Tudor (by Marcia Warren-left) and Queen Elizabeth I (by Barbara Hird-right) go at it in the present-day musical farce ***Bloody Mary and the Virgin Queen,*** May 18, in the Film Theatre at Roanoke Island Festival Park, Manteo

Wilmington. Call 910-343-3664 or 800-523-2820

Cape Fear Disabled Sportsman's Tournament: May 20. Sponsored by Got Em On Live Bait fishing club; participants provided with rods, bait, refreshments, food, prizes and more. Kure Beach Fishing Pier;

2005 Homes & Heritage of the Promise' Land

A Neighborhood Walking Tour



3rd Annual Morehead City Homes & Gardens Tour

Come see the homes and hear about the heritage of the Promise' Land

Saturday, May 21

10 a.m. - 5 p.m.

Order Tickets by Calling: (252) 247-0440

or Order Tickets Online at:

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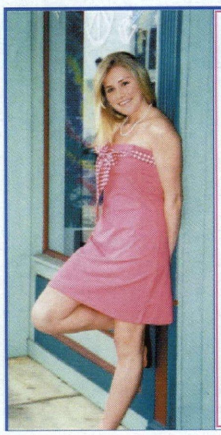

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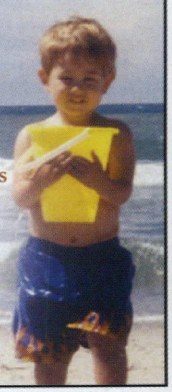

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Ronda Vincent Concert: May 20. The bluegrass female vocalist of the year performs at the Crystal Coast Civic Center, **Morehead City**. For tickets, call 252-247-3883

33rd Annual Hang Gliding Spectacular & Air Games: May 20-22. Events to include demonstrations, competitions & more. Jockey's Ridge State Park; **Nags Head,** call 877-FLY-THIS or visit www.kittyhawks-kites.com

25th Annual Surf-Sun-Sand Co-ed Volleyball Tournament: May 21. Hosted by Wrightsville Beach Parks & Recreation; the six- or four-person co-ed tournament has divisions for all skill levels; Wrightsville Beach Park, **Wrightsville Beach.** Pre-registration required. Space is limited, call 910-256-7925

SOUTHERN EXPOSURE

East Beach 2 by Wayne McDowell will be raffled off on July 5 at the close of the exhibition "Southern Exposure," to benefit the NC Coastal Land Trust at Lumina Station, Wilmington

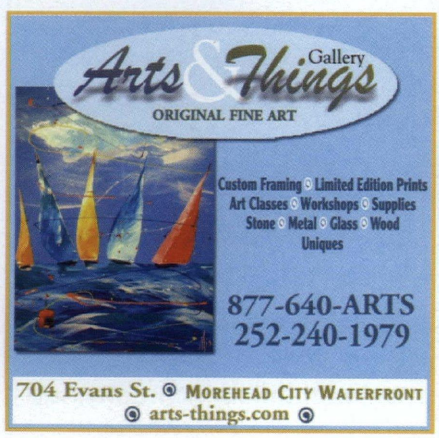
Morehead City Homes & Gardens Tour: May 21. Featuring the Promise Land neighborhood of Morehead City; private homes & gardens open for narrated tours and neighborhood history tours. Tickets available at The History Place and Downtown Morehead City Revitalization Assoc. office. **Morehead City.** Call 252.808.0440

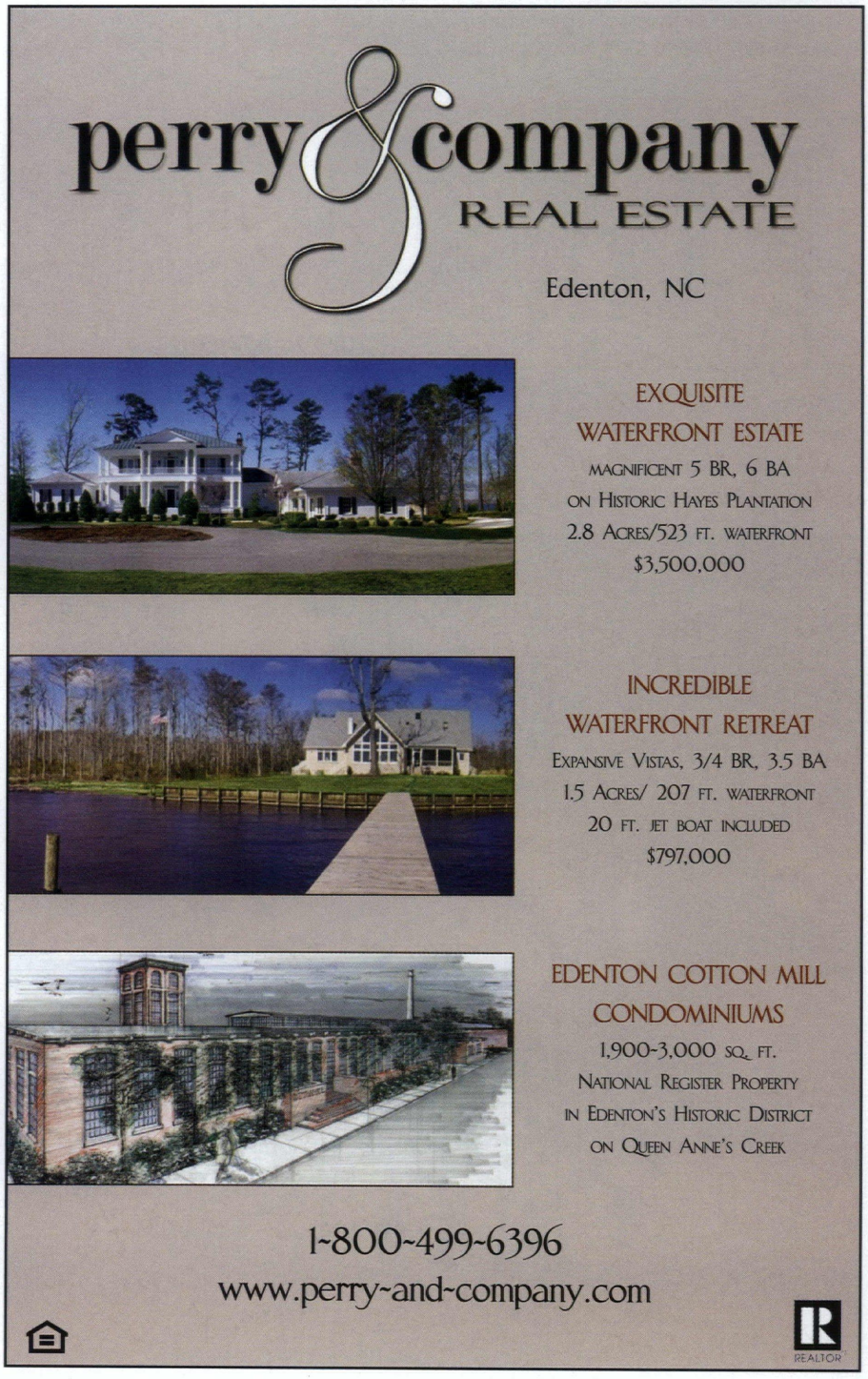
12th Annual Seaside Soccer Classic: May 21. Includes teams from across North Carolina; played on soccer fields throughout **New Hanover County.** Call 910-392-0306, or email soccer@capefearsoccer.com

Down Home Antique Fair: May 21 & 22. Featuring antique and period furniture, old prints, antique toys, books, jewelry & more. Poplar Grove Plantation; **Wilmington,** call 910-686-9519, ext 26 or visit www.poplergrove.com

9th Annual Port of Wilmington Maritime Day Festival: May 22. Activities include dockside Maritime Day Memorial Ceremony, port tours, vessel tours, exhibits, children's activities and cruises on the Henrietta III. NC State Ports; **Wilmington,** call 910-763-1621 or visit www.ncports.com

The Piano Men: Songs of Billy Joel & Elton John starring Jim Witter; Thalian Hall,





Wilmington; May 27. Call 910-343-3664 or 800-523-2820 or visit www.jimwitter.com/pianomen.

Pirate's Cove Memorial Weekend Tournament: May 27- 29. Registration begins May 27 with fishing May 28 & May 29. **Pirates Cove,** call 800-422-3610 or visit www.fishpiratescove.com for details

Thalian Hall 10K and 5K: May 28. Races to benefit Thalian Hall Center for the Performing Arts; **Wilmington,** call 910-343-4797.

Carteret County Arts & Crafts Coalition Spring Show: May 28 & 29. Annual juried show located at **Beaufort Historical Site.** Call 252-728-7739 or 252-729-1251

Orange Streets Arts Festival: May 28 & 29. Artists will exhibit various art including watercolor, pottery & jewelry. Community Arts Center, **Wilmington,** call 910-251-1788

Carolina Yacht Racing Association: May 28 & 29. State Championship Regatta of the North (NCYRA) gathers for annual race series with ocean and "fun" races & more. Events located at Beaufort City Docks and social events at Town Creek Marina; **Beaufort.** Call 910-297-8807 or 252-728-5598

Soldier's Healing Field: Flag tribute to those who have lost their lives in Iraq & Afghanistan, Battleship Park; **Wilmington.** Call 910-251-5797

Outer Banks Jaycees Beach Music Festival: May 29. Beach music all day with food and beverages available. Roanoke Island Festival Park, Outdoor Pavilion; **Manteo,** call 252-473-4600 or visit www.darecountyjaycees.com

Memorial Day Observance: May 30. Events throughout the weekend; Battleship North Carolina, Eagles Island, **Wilmington.** Call 910-251-5797, ext 2042

Southern Exposure: June 10-July 5, opening reception on June 10. Exhibit to benefit NC Coastal Land Trust, artist Wayne McDowell has created "East Beach 2" to be raffled off at end of exhibit. T.A.G. at Lumina Station, **Wilmington.** Call 910-509-2882.

Bellamy Mansion Presents Casino Night: June 17. Fundraising event with limited capacity. Participants will need tickets in advance. $50 per person. Bellamy Mansion, **Wilmington.** Contact 910-251-3700

Beaufort Old Homes & Gardens Tour; Visit private homes, gardens, historic churches & meeting halls in the Beaufort Historic District; June 24 & 25, **Beaufort.** Contact 252-728-5225.

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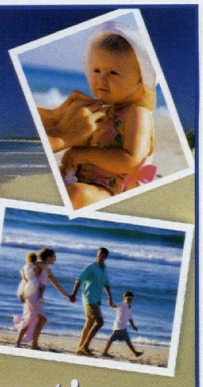

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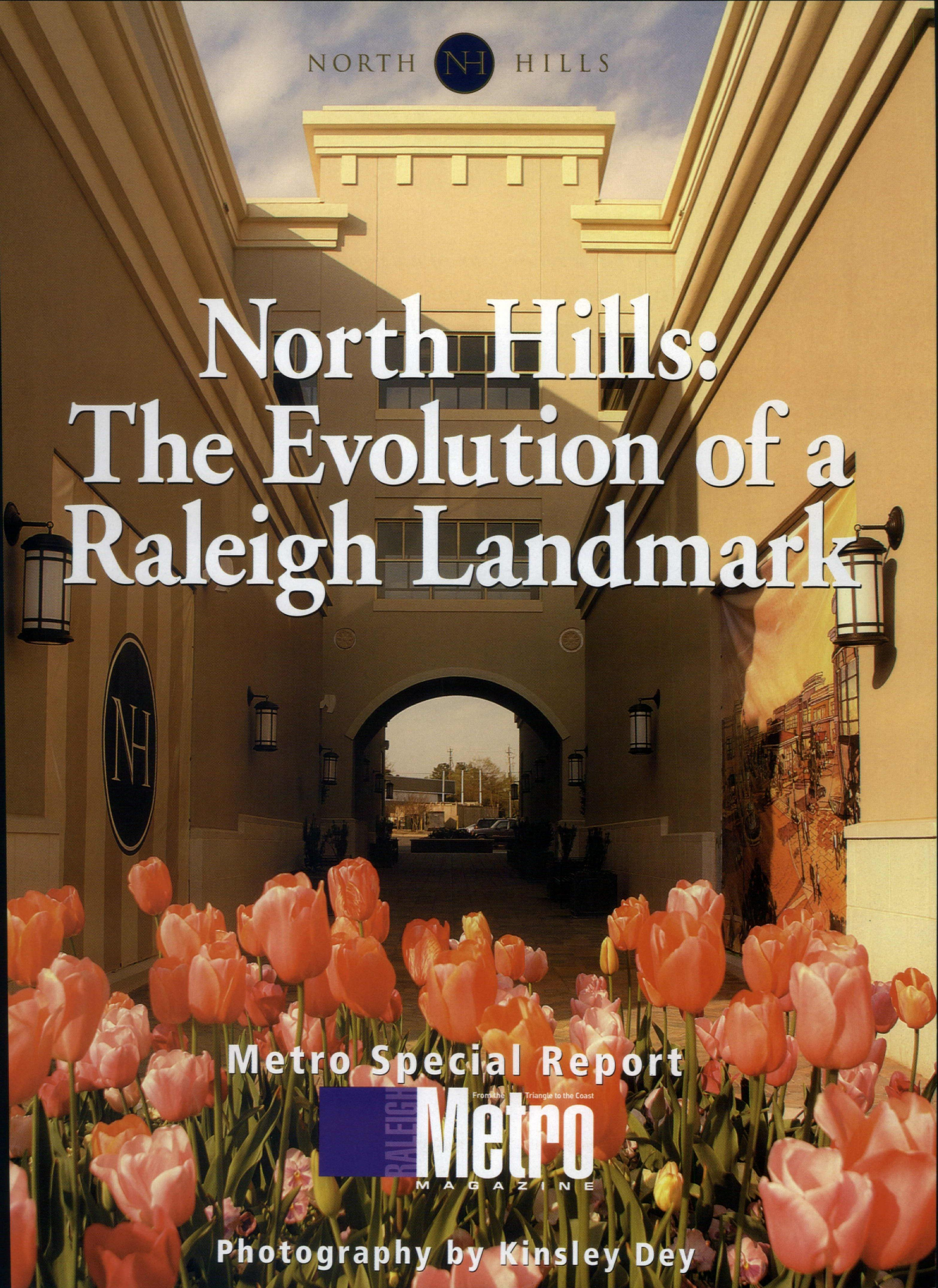
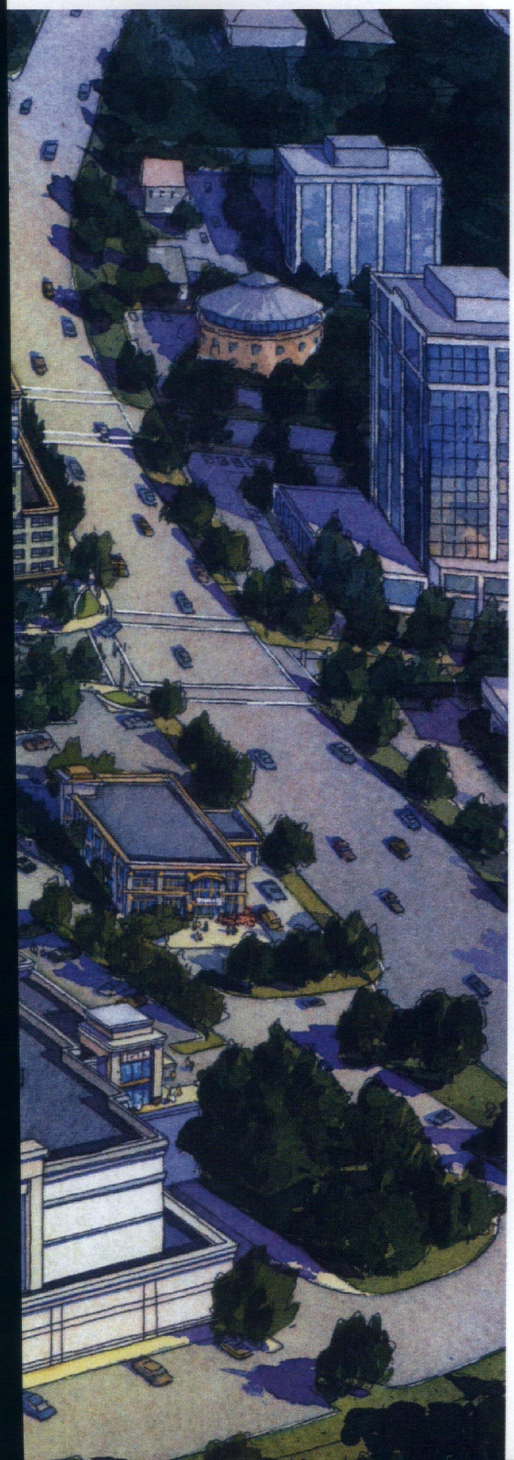

NORTH NH HILLS
North Hills:
The Evolution of a
Raleigh Landmark
NH
Metro Special Report
From the Triangle to the Coast
RALEIGH Metro
MAGAZINE
Photography by Kinsley Dey

What started as a renovation of a neighborhood shopping center by Kane Realty Corporation has evolved into a massive $1 billion development covering 100 acres of prime Raleigh real estate.

The Rebirth of North Hills

by Rick Smith



John Kane took on a daunting task when he tackled the reincarnation of North Hills Shopping Center. But he is now completing the major campaign and has turned the failing center into the North Hills, a $200 million "urban district" in Raleigh. Yet for Kane, with the crown jewel North Hills project basically in place, much remains to be done.

Looking down from the top floor of an office building in the new North Hills midtown complex, Kane sees more than a development nearing completion. Smiling, he turns and points to the southeast where he envisions another 60 acres to be developed where Six Forks Road and the I-440 Beltline merge.

"The primary objective is to provide more of a cohesive atmosphere for the whole area," he explained. "The project continues across Six Forks and ties in nicely with things like more mixed use, a park area and entertainment venues. We are also hoping to meet all of people's needs, from groceries and luxury retail to medical services and senior living."

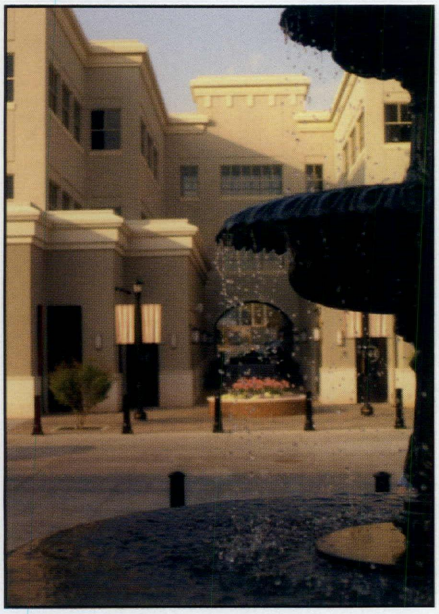
The collective vision of John Kane and Kane Realty Corporation is turning into a mammoth revitalization spanning both sides of the busy Six Forks corridor, land boasting some of the best demographics in the United States. Many are calling it "Raleigh's new Midtown district."

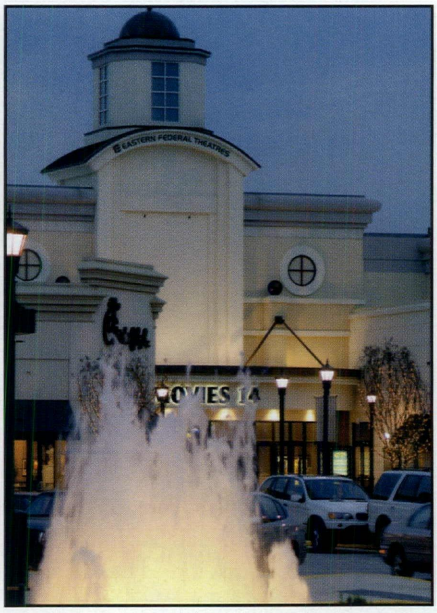
When finished, just over 100 acres will be turned into a mixed-use area of residential, office, retail, hotel and entertainment. "I don't think $1 billion is out of the realm of possibility," Kane said as he calculated the costs of the redevelopment of the old mall and the property's first phase of retail, the hotel, both condominium properties, offices, a continuing-care retirement community and other projects to be built in the future.

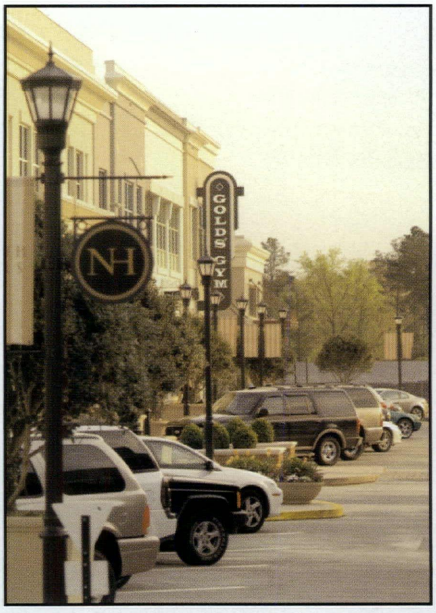
"Typically, developers have something of a 'herd mentality', but we constantly challenge ourselves to be more creative," Kane said, referring to the unconventional plans for the complex that placed a mammoth parking deck under much of the existing office and retail. By going below ground and stacking stores on top of the deck and over Target, Kane succeeded in greatly expanding the space available for development.

"This project is not like anything else we have seen," Kane said. "We were willing to take the risks associated with being different, and we believe in what we have built."

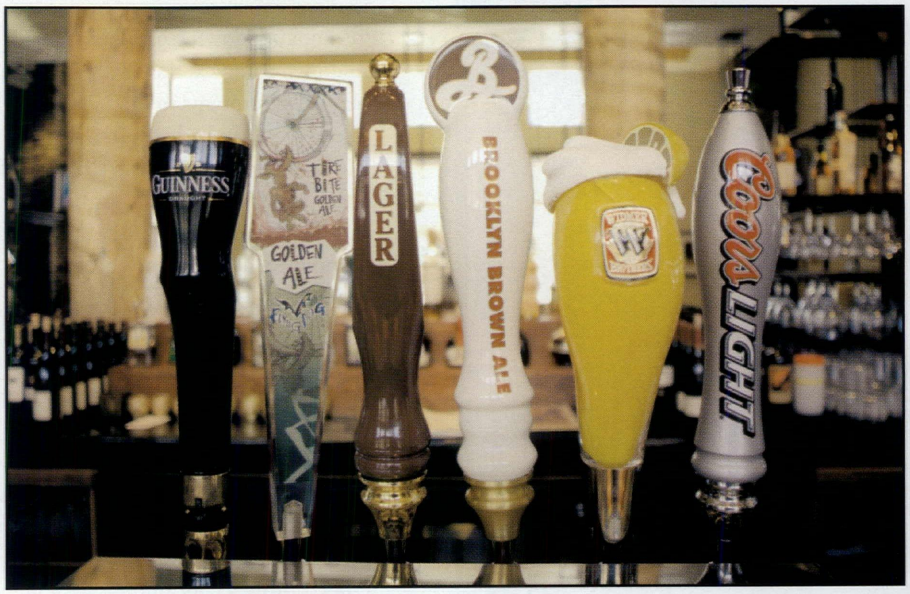
"This is an area that deserves to be developed with density," he said. "People can live, work, shop and play here. We will have all of the services and the 'every-day stores' we all need close by such as Target, a grocery, a drug store, a dry cleaner and five banks. Those essential destinations are mixed with a full range of upscale shops whose items we all have on our wish lists, in addition to approximately 25 different restaurants and cafes.







The tasteful architecture combines to give the feeling of a sophisticated village.



"It will be densely developed, but I'd call it 'friendly density,' and you'll see courtyards, fountains, trees and parks with an abundance of landscaping—an element that has become something of a hallmark for us. There will even be a park bordered by buildings all around—sort of a mini-version of Central Park—and the entire district will be very walkable," Kane said.

IN THE BEGINNING

Such a grand goal was only a wish for Kane and his brain trust as the new century began. The project started with the transformation of the 120,000-square-foot North Hills Plaza in 1999 when the neighborhood shopping center was transformed into an upscale dining and shopping complex on the north side of Lassiter Mill Road. Just like the Plaza, North Hills Mall, too, had been neglected over time and despite several changes in ownership and some occasional renovations, it had been clearly eclipsed by other malls in size, tenant mix and amenities.

The opportunity to do more with the North Hills site became accessible to Kane in December of 2000 as the company moved to acquire the rapidly fading mall from Nags Head Properties. Kane Realty Corporation's development team ultimately decided to tear down the old mall and build something entirely different in its place—a three-block district comprised of much more than just retail that would be unique in the region. "I thought the opportunity was simply too good to pass up," Kane said, "so we turned our immediate attention from the former strip center to the mall site.

"The demographics were just off the chart. The first time I looked at them, I had to be convinced that the information was correct. I've been in retail and development for 25 years, and I understand what retailers are looking for, and it is absolutely here."

With household incomes averaging more than $102,000 in a one-mile radius, $80,000 in a three-mile radius, and $71,500 in a five-mile radius based on 2000 figures, North Hills boasts demographics and population on par with SouthPark in Charlotte and Atlanta's Buckhead area, providing an affluent customer base of more than 221,000 within a five-mile ring. Easy access to the Beltline makes the development highly accessible to people from a much wider area.

What Kane describes as "big box" retailers such as Target, Lowe's, Wal-Mart and Home Depot were vigorously lobbying to locate on the property after the acquisition. Following much internal work and discussions with area residents (Kane wanted his neighbors to be part of the process), he decided to take his initial concept for North Hills Plaza's redevelopment to a significantly larger scale and to add a blend of other uses.

"We wanted to redo this with quality—with what the neighborhood residents wanted and deserved. We wanted this to be something special with a quality people could see, touch and feel. We wanted the two developments to work together."

Taking advantage of the sloping landscape toward the Beltline, the Kane team came up with the singular idea to provide one anchor—Target—with a huge retail presence at ground level and adjacency to well-lit parking decks. On top of Target and the decks, the company built movie theaters (Movies at North Hills 14 operated by the Eastern Federal chain) and scores of retail shops bordering wide streets that offer some parking—and bountiful landscaping everywhere. The architecture was of a style that complemented what the company had already done on the north side of Lassiter Mill Road, creating continuity.

"In addition to being an engineering challenge, this was a much more expensive way to go," Kane said, "but we decided this was the best way to proceed—that it was the right thing to do."

RALEIGH'S NEW MIDTOWN

Since receiving approval from the City of Raleigh for its plans in November of 2002, Kane Realty Corporation has forged ahead, constructing a groundbreaking new shopping, office, residential and entertainment complex combining tasteful architecture with the feeling of a sophisticated village.

When they turn off Six Forks into North Hills, visitors can drive directly ahead and down into the parking deck, with its numerous elevators and escalators, or stay at ground level for storefront parking.

They will find new businesses and restaurants joining the mix of retail offerings every month. Coming next year is the Renaissance Hotel, one of Marriott's most distinctive brands, to be developed by Raleigh-based Concord Hospitality Enterprises. Tucked between the west side of the new North Hills and the Beltline, the hotel will feature 200 rooms, a restaurant, 12 suites, and direct access to Natural Body Spa & Shoppe and the Gold's Gym Athletic Club with its all-weather swimming pool.

Marriott's Renaissance Raleigh Hotel will be a quality-tier full-service hotel.

PLEASED RETAILERS

Kane Realty Corporation has recruited a wide variety of retailers and restaurants, both local and national, to fill out the lineup of retail and entertainment offerings and create an urban environment that's the antithesis of a mall.

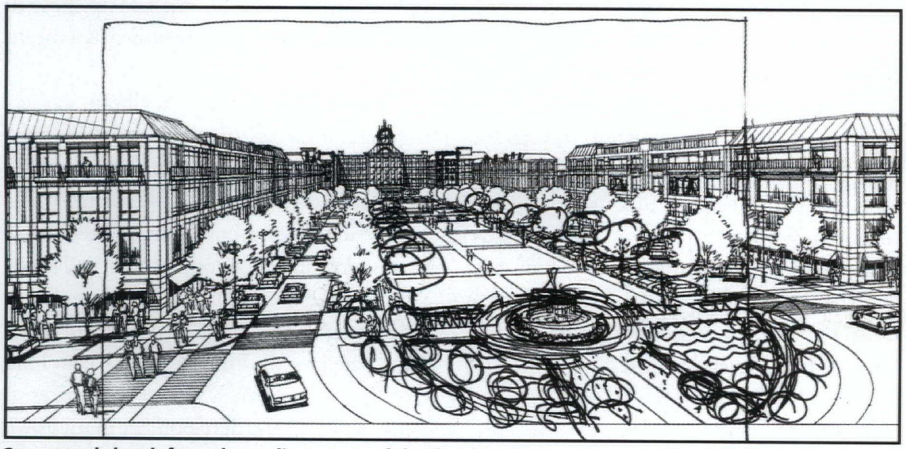
"I see this as becoming 'The Town,'" said George McNeill, owner of George R. McNeill II Fine Antiques and Interiors and Pharaoh's located on North Hills' northern edge.

Frank Ragsdale of Jolly's Jewelers & Silversmiths, who moved from Cameron Village to North Hills, added: "Cameron Village was a destination. You got out of your car to go shopping at a specific location and then you left. At North Hills, shopping has become like an event. People spend more time, going to more locations. People tell us they enjoy it."

Traffic and business bear out what customers are saying, Ragsdale added. "Every month we have been here, sales have been up. Business is growing.

"The decision to move here was really rather simple," Ragsdale recalled. "There was no specific reason but a variety of things that came together. Our lease was up at Cameron Village; the thought of closing wasn't there; and in terms of growth potential, we liked the setting of North Hills on the Beltline, providing easy access to our store."

"I liked North Hills before, and it's a great location," McNeill said. He echoed Ragsdale's comments about demographics and the



Conceptual sketch from the earliest stage of the development on the east side of Six Forks Road.

Raising North Hills

The original mall was composed of 700,000 square feet of specialty shops, restaurants and anchors. To create the new space, more than 250,000 cubic yards of dirt (338,000 tons) was moved, at one point creating a 5-story mound on the site.

The lower level of the parking deck is 34 feet below the elevation of Six Forks Road—the equivalent of a four-story building.

1.4 million square feet of concrete surface area was poured over 13 months, the equivalent of 25 average-sized swimming pools.

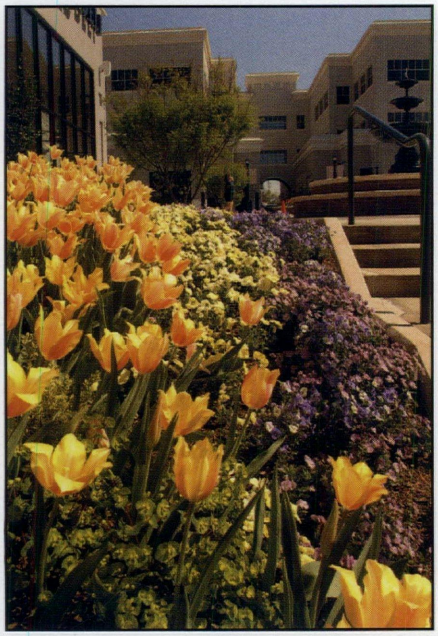
There are more than 60,000 linear feet (11 miles) of striping on the property—enough to make one line from North Hills to RDU.

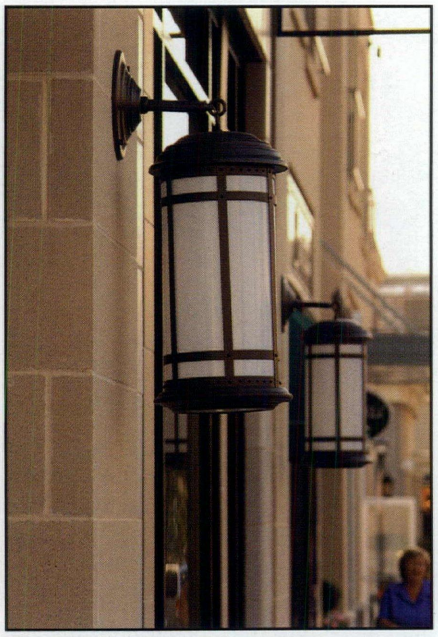
More than 3000 tons of steel were used—enough to make a dozen Statues of Liberty.

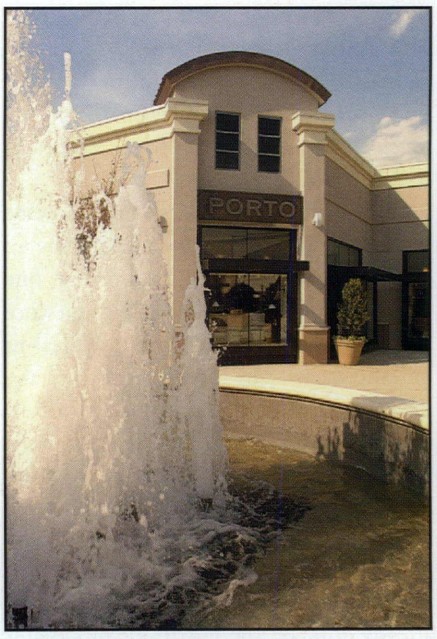
1.4 million man-hours were required for construction of the property.

Landscaping Details

371 total trees in landscape plans
156 permanent planters (78 have trees in planters)
700 tulips in flowerpots
67 flowerpots with 10+ tulips per pot
2000+ tulips in flowerbeds







(Above) Bountiful landscaping and urban architectural details create an urban environment that's the antithesis of a mall.
(Left) Firebirds is one of the mix of restaurants available.

appeal of the combined developments' package of services. "You can buy antiques on your way to the grocery store. I just wanted to be part of this. It is going to be big."

REI, the quality outdoor gear and clothing cooperative will open a new 25,000-square-foot location at North Hills in the fall, joining upscale retailers like Porto, Tyler House, Vermillion, Fantasia and Beanie + Cecil.

MORE THAN SIMPLY RETAIL

The mix of restaurants, including a white tablecloth experience at JK's, Firebirds, Mura, and Bonefish Grill and more casual dining at Chick-fil-A, Panera Bread Co., Fox and Hound Pub & Grille, Mama Fu's Asian House, Five Guys Famous Burgers & Fries, three Starbucks coffee shops and Ben & Jerry's—are within a five-minute walk.

At the same time, residential development continues around the project's first phase. Just across Lassiter Mill Road are 300 upscale condominiums built above 40,000 square feet of retail shops and restaurants. The four-story building will have its own parking deck and a private courtyard and a pool.

Also, in 2006, ground will be broken for 40 luxury condominiums in a seven-story structure with amenities that include a view of downtown, masterfully designed landscaping and a concierge. Kane, which has added a residential division, has a list of hundreds of names of people hoping to be residents of both developments.

THE BIG PICTURE

To meet the demands of the scale of the new North Hills, Kane has expanded its focus beyond retail and residential, choosing to incorporate more uses to help ensure critical mass for the retailers and restaurants setting up shop in new digs.

In March of 2005 businesses began moving into the Class A office space, and North State Bank opened its new headquarters at North Hills. Kane Realty Corporation has been successful in recruiting many other kinds of businesses, too, such as law firms, investment companies and insurance brokerages to fill newly built office space and the forthcoming office towers.

David Worters, president and CEO of the North Carolina Symphony, said he chose to relocate his office from downtown as a means to grow its business.

"North Hills already is a vibrant gathering place. It also is extremely centrally located close to where our customers live and work," he explained. "We believe the results of this move will be many, many more ticket buyers for our downtown performances. It's all about visibility and access."

Noting the 300,000 square feet of office space slated for the initial 45-acre North Hills development, John Kane feels the time is right for mixed-use development in midtown Raleigh.

"The whole idea of mixed use is still very young in our country, but I've found as I traveled that it works very, very well in many places. If the retail works, then the office will work. If the retail works, the residential will work. And the hotel tie-in to this kind of complex is a no-brainer."

For the expansion, Kane Realty Corporation has acquired most of the 45-acre tract across Six Forks Road. On the drawing boards are office towers, a continuing-care retirement community, more retail and perhaps another hotel.

"This expansion is what we had in mind after we bought the old mall," Kane explained. He and Mike Smith, Kane Realty Corporation's president and chief operating officer, built a business case and sought out financial support. Smith, a former investment banker, said the entire complex represents "an excellent business opportunity. As a developer, I find it makes sense to always have new projects to be working on," he added. "We were fortunate that there were other opportunities available adjacent to North Hills."

Based on Kane's record of more than 25 years in real estate and development, plus the success of North Hills, investors are receptive to what Kane and his management staff are doing, Smith added. "The capital markets around the country have been overwhelmingly positive. People are very pleased with what has happened."

Beyond the existing property, the development east of Six Forks is still taking shape. A master-plan drawing shows more office, retail, a hotel tower, additional condominiums and town homes, with a tree-lined buffer between the development and nearby residences.

In addition, Kane is working on the plans for its continuing care retirement community. Duke University Health System, which operates the former Raleigh Community Hospital on Wake Forest Road, has expressed an interest in establishing a presence there, as well, to provide health care for the CCRC's residents.

Elsewhere in the area, First Citizens Bank is pursuing its own development strategy on the same side of Six Forks. It has purchased the nine-story BTI office tower from Highwoods Properties and is relocating its corporate headquarters staff there. The building augments First Citizens' signature round branch office in the next block north.

As he wraps up a walking tour of the complex and talks about the future, Kane pauses just a moment to reflect on what has been accomplished so far at the new North Hills.

"It is very rewarding to walk through this and to see that the development is working," Kane said. "It has been a joy. But we still have a lot of work to do."

Economic Impact

- By the time all components are built, construction totals will likely top $1 billion.
- Construction has generated close to 1000 jobs to date and another 500 are expected going forward.
- When operational, North Hills will generate as many as 3200 jobs, including stores, restaurants, property management and public safety.
- Sales in the first year will be in the range of $200 to $250 million, generating state sales tax revenue of $9 million to $11 million.

MICHAEL ZIRKLE

Looking north toward Lassiter Mill Road and the new upscale condominium construction that anchors the property on its northern edge.

North Hills: From Mall to Midtown

The Odyssey of a Raleigh Landmark

by Patricia Staino

THE ORIGINS OF THE NORTH HILLS MALL and the current redevelopment of the North Hills area are directly related to the economic and residential development of Raleigh, Wake County and Research Triangle Park. As one grew, so did the others; as one area was reinvented, so were the rest.

1960: To meet the residential population explosion, builder Ed Richards developed North Hills Shopping Center.

1963: Ronson's, a women's clothing store, along with several other businesses, opens at the North Hills shopping center.

NC STATE ARCHIVES

Cardinal Theater 1967

1967: The North Hills shopping center is converted into an enclosed mall by developer Richards, who had by now built several housing subdivisions in the area. North Hills Mall opens as the first two-level, enclosed mall between Washington, DC, and Atlanta. More than just a shopping location for Raleigh residents, the Mall draws shoppers from all over Eastern North Carolina.

1967: The Cardinal Theatre opens in North Hills Plaza, across Lassiter Mill Road from the regional mall and a time capsule is buried to be opened in 2017.

North Hills Mall 1968

1970: Raleigh's population reaches 122,000, doubling in just two decades.

1972: Crabtree Valley Mall opens. The new mall begins to draw customers away from North Hills and continues to do so over time, causing more local stores to move into Crabtree.

1978: John Kane, who later would acquire the old North Hills Plaza and Mall, puts together his first real estate deal at the age of 27. He recruits investors for a 220,000-square-foot shopping center in Greenville.

1980: Ed Richards sells North Hills Mall to KLM Royal Dutch Airlines' pension fund.

1980: J.C. Penney, Ivey's and Woolworth begin opening for regular Sunday shopping. Anchor tenant Ivey's continues to cover its display windows on Sundays. The store also has a chapel for customers and employees.

1983: KLM renovates North Hills Mall hoping to attract younger, wealthier shoppers.

NC STATE ARCHIVES

Ribbon cutting 1984

1984: After 18 months, the $3 million North Hills renovation is celebrated with a grand re-opening, now named North Hills Fashion Mall.

1987: Wachovia moves from its location outside the old North Hills Mall to its 10,000-square-foot location on Lassiter Mill Road.

1991: KLM renovates North Hills Mall for the second time.

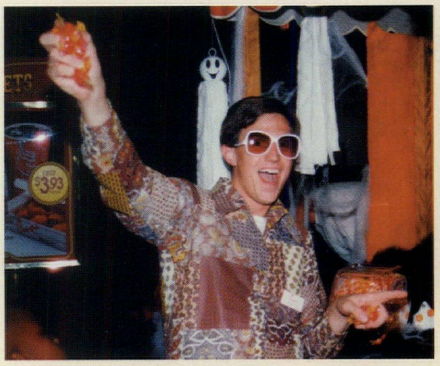
1991: First Citizens Bank demolishes its headquarters on Fayetteville Street Mall with plans to build a 24-story office tower on the site. After the Wachovia Capitol Center and BB&T/Two Hannover Square open, the bank cancels these plans.

1994: Plans are announced for the development of Triangle Town Center in North Raleigh. KLM announces plans to put North Hills Mall up for sale.

1995: Kane Realty Corporation grows to 70 employees and manages 24 properties.

1995: Another North Hills Mall renovation and expansion is announced (expected to take three years and cost $50 million), and the Mall's K&W Cafeteria closes.

1997: The North Hills Mall expansion is delayed until 1998.



Halloween celebration 1992

1998: Crabtree Valley Mall expands to 1.3 million square feet making it the largest shopping mall in the area.

1998: Nags Head Properties purchases North Hills Mall, and New England Development manages the center.

1998: J.C. Penney is offered space in a new North Raleigh location, but the company turns it down to remain in North Hills.

1999: Kane Realty Corporation purchases the120,000-square-foot North Hills Plaza shopping center across from North Hills Mall.

2001: Kane Realty Corporation purchases North Hills Mall from Nags Head Properties, intending to create a new urban development that will make the area Raleigh's new "midtown."

2001: Kane Realty Corporation renovates North Hills Plaza. Transformed into a more upscale venue, the new shopping center is home to Harris Teeter, Panera Bread and Starbucks, as well as high-end boutiques

Fashion Show 1992

like Quintessentials, Yves Delorme, Luxe and Beanie + Cecil and is dubbed "Raleigh's version of Madison Avenue" by the *News & Observer*.

March 2001: Dillard's, occupying the former Ivey's space, announces it will move from

Bridal show 1992

North Hills Mall to Triangle Town Center when the new mall opens. The store closes its doors in North Hills in July 2002.

Spring 2002: The Streets at Southpoint opens in Durham.

July 2002: Kane Realty Corporation submits plans for the North Hills development to the Raleigh City Council.

August 2002: Triangle Town Center opens in North Raleigh.

2002: According to the US Census Bureau, Raleigh is attracting an average of 91 new residents a day, due to the city's strong economy and quality of life.

November 2002: First Citizens Bank sells to Progress Energy the four-acre tract of land downtown that formerly housed its headquarters.

November 2002: The Raleigh City Council approves Kane Realty Corporation's plans for the North Hills development, giving the nod to the construction of a mixed-use district of office, residential, retail, hotel and entertainment.

2003: The US Census Bureau cites Raleigh among the wealthiest and most highly educated cities in America.

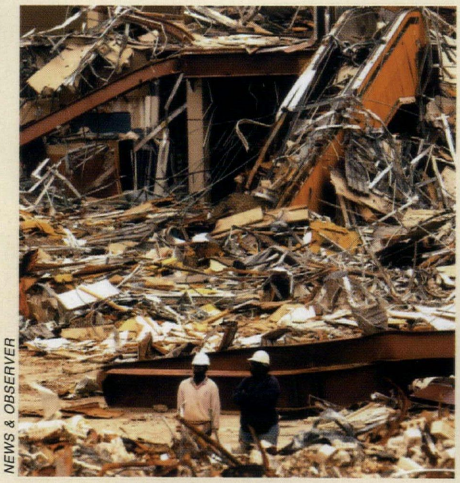
North Hills Mall before renovation

January 31, 2003: North Hills Mall closes its doors. The mall will be demolished to make way for a planned $200 million mixed-use development. Kane Realty Corporation holds an auction, selling to the public everything from parking signs to benches to fixtures to storefronts. The response to the one-day event is so great that it is extended for several additional weekends.

April 2003: Demolition of the old North Hills Mall begins.

May 2, 2003: *Triangle Business Journal* names Kane's redevelopment of the old North Hills Plaza the Triangle's "Best Redevelopment Building" in *Space*, its real estate quarterly.

Summer 2003: First Citizens Bank opens its circular, four-story, 80,000-square-foot branch on three acres of land across from North Hills. The building allows the state's fourth largest bank to bring together employees scattered among five locations in Wake County.



NEWS & OBSERVER

North Hills demolition 2003

March 2004: Ground is broken on a four-story, $50 million-plus upscale condominium project on land on Lassiter Mill formerly occupied by the old post office. The 300-unit building will include 40,000 square feet of retail space on the street level.

May 2004: Marriott commits to a 200-room hotel in the North Hills development. The luxury Renaissance Hotel (the second in North Carolina) will be developed by Raleigh's Concord Hospitality Enterprises.

May 2004: Jolly's Jewelers & Silversmiths decides to leave its longtime location in Cameron Village to move to North Hills. Frank Jolly Ragsdale says, "The center of town seems to have shifted."

June 2004: 83 percent of the available 730,000 square feet of retail and office space in the North Hills development is leased.

October 2004: Target opens in North Hills. The unique vertical design comprises a lower-level location with visibility from the Beltline and the first Vermaport (an escalator for shopping carts to give customers access to the multi-level parking deck) in the Carolinas.

NEWS & OBSERVER

North Hills 2004

October 2004: Triangle MLS data shows that the average price for a single-family house in the area near North Hills had risen to $241,625, almost $39,000 above the Triangle's average for a single-family residence. Five years prior, the average price was $166,642, or $3000 above the average cost of a home in the Triangle.

November 2004: The new North Hills officially opens with the Grand Illumination of holiday lights by the North Carolina Symphony's Music Director Grant Lewellyn conducting the North Carolina Master Chorale and a Musical Spectacular production by the North Carolina Theatre. More than 10,000 people attend.

December 2004: Eastern Federal opens a 14-screen movie theater in the North Hills development.

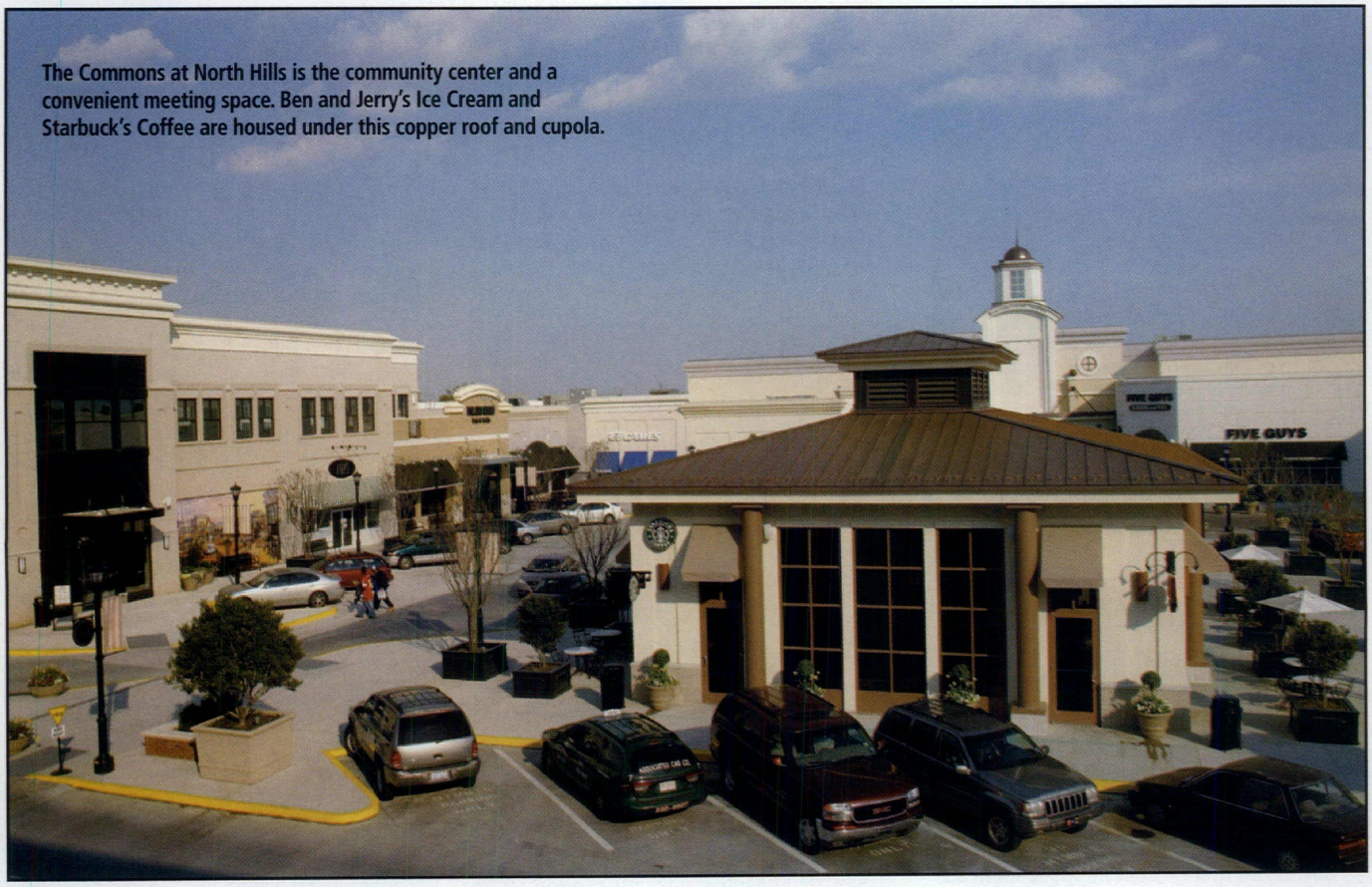
February 2005: John Kane is named *Business Leader's* Business Leader of the Year.

March 2005: North State Bank opens its headquarters at North Hills.

March 2005: North Carolina Symphony announces that it will move its executive staff to new office space at North Hills and will open symphony, a box office/retail store at North Hills as well.

March 2005: Kane Realty Corporation announces a partnership to develop a continuing care retirement community on land on the east side of Six Forks Road acquired from the Episcopal Diocese.

April 2005: First Citizens Bank purchases the former BTI Building, a nine-story building on Six Forks directly across from North Hills. "This acquisition will upgrade the entire neighborhood. It clearly establishes North Hills as a corporate headquarters location," declares John Kane.



The Commons at North Hills is the community center and a convenient meeting space. Ben and Jerry's Ice Cream and Starbuck's Coffee are housed under this copper roof and cupola.

Urban Elegance:

The New North Hills Creates Midtown Raleigh

by Diane Lea

Raleigh's new North Hills, the Triangle's quintessential mixed-use district, creatively combines many of the necessary and pleasurable elements of daily life—shopping, working, living, dining and enjoying entertainment—in a carefully designed 45-acre setting. Bordered by the Inner Beltline, Six Forks Road and Lassiter Mill Road, the new North Hills displays the style and livability of midtown Atlanta.

The new North Hills is the vision of John Kane, CEO of Raleigh-based Kane Realty Corporation. Kane's latest project sprang phoenix-like from the deteriorating 1960s-era North Hills, the Triangle's first enclosed mall, and the adjacent North Hills Plaza. Kane purchased North Hills Plaza in 1999 and transformed the aging strip center into a collection of upscale retail establishments featuring women's fashion, jewelry and antiques, fine linens, trendy restaurants, Starbucks Coffee and a scaled-down Harris Teeter grocery. The human-scale architecture and artful mix of necessities and luxuries was an immediate hit with the area's well-to-do clientele. Glamorous store fronts, individually designed to showcase exclusive merchandise, and extensive landscaping with massive pots of flowering shrubs and plants, became a signature look and set the tone for what would emerge across the street at the old mall site.

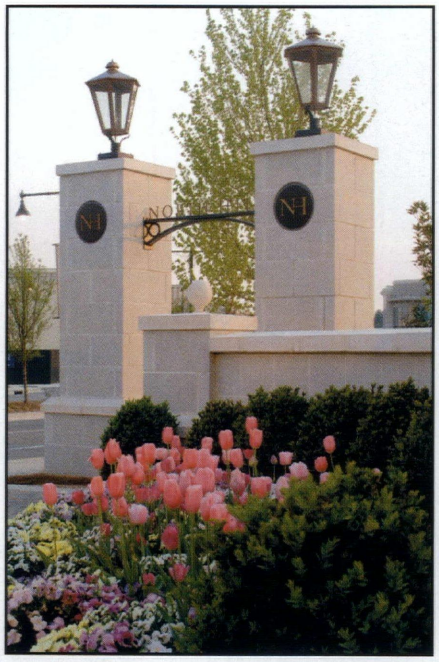
After establishing the first phase of North Hills, Kane knocked down the old North Hills Mall building, leaving only long-time anchor store JC Penney and a major parking deck. Adhering to a comprehensive master plan, Kane sought to establish a low-rise, pedestrian-friendly, neo-urbanist setting with a central plaza or commons, dining and retail establishments with shop windows at street level, and offices (often accessible by entrances off arcades) above the street. A 130,000-square-foot Target store was slated as an anchor, and space had to be found for the major entertainment component, Movies at North Hills 14, a multiplex theatre—and, of course, parking.

HUMAN SCALE

Turan Duda, a Durham architect whose clientele includes national developers of large-scale commercial and institutional buildings, consulted with Kane on future office com-

ponents while the new North Hills was under construction. He is now designing part of the office component. Duda is partner with Jeff Paine in the firm DudaPaine, whose stated mission is to create innovative and modernist design for their clients. He calls Kane a true visionary. "With North Hills, John successfully addressed the issue of scale. We can only absorb so much time in large-box retail stores and cavernous spaces, with no place to sit down and look at something beautiful or read a book in the sun. Kane understood that little stores and smaller spaces are tangibly human. He wanted people to be able to say, 'I'll meet you in front of the ice cream shop' and to know what that meant."

To build on a human scale and still fit everything in, Kane had to resolve spaces in all three dimensions. "If you run out of space, and the 45-acre footprint is pretty compact, you have to stack things," says Duda. Kane effectively achieved this with the multiplex theatre on top of the Target store, and put most of their parking below ground. To bring visitors to the upper level, two pairs of escalators serve the underground parking area and a Vermaport conveyor moves shopping carts from level to level. Passengers disembark at convenient locations near The Commons located in front of the cupola-topped multiplex theatre. Occupying a prime place on The Commons is a distinctive one-story building with a bright copper roof topped by a square louvered cupola. Within it is Kane's proverbial ice cream shop, a Ben and Jerry's Ice Cream, that shares space with the third North Hills Starbucks Coffee. Massive terracotta pots planted with hollies are set about this community gathering space, with metal tables and chairs drawn up in the shade of a columned arbor.



Distinctive features like the paired stone entry gates and Jolly's Jewelers canopied storefront give North Hills a sense of place.

A SMALL DOWNTOWN

There is a sense of being in the heart of a small downtown no matter where you are in North Hills, an area roughly comparable to three large city blocks. The area's architecture resonates with neo-traditional details, including pediments, arches, towers and cupolas. The buildings are detailed with large molded cornices and symmetrical bands of mullioned windows. The smooth stucco finish on most buildings throughout the center is often accentuated with rows of contrasting materials, such as brick or stone.

Entering North Hills from Six Forks Road through paired stone gates, set in meticulously groomed grass and flowering beds, you are immediately aware that this is a Place. Tall metal light posts line the sidewalks, and cars are angle-parked in front of stores or lined up in the parking lot before the North State Bank, a local institution. A tiered fountain adds visual interest to the streetscape and acts as a traffic round-about for cars entering the main shopping district. This intersection is defined by The Commons at North Hills to the south, and to the north a street flanked by chic shops extends to a view of the graceful curved form of the four-story residential building across Lassiter Mill Road. On a perfect axis, the prospect east toward Six Forks Road rewards with the angled blue glass towers of the building purchased by First Citizens Bank to be its corporate headquarters.

Turn around and the eye travels to the Gold's Gym Athletic Club facility (another North Hills anchor) and the Natural Body Spa & Shoppe, a European-style day spa. The two establishments share an interior arcade and will soon be connected to a boutique hotel. Marriott's Raleigh Renaissance Hotel at North Hills, a joint venture of Kane Realty Corporation and Raleigh's Concord Hospitality Enterprises Company, is planned as an upper-tier, full-service hotel. Advertising fine interior appointments and quality service, the 200-guest-room Renaissance will

Components of North Hills (as of May 2005)

North Hills (retail only)—730,000 square feet of anchors, specialty shops, restaurants, entertainment

Office Space—300,000 square feet

Hotel—200 rooms

Restaurants & Cafés—105,000 square feet

Entertainment—50,000 square feet (Movies at North Hills 14)

Athletic Club—50,000 square feet (Gold's Gym Athletic Club)

Residential Space—300 upscale condominium units and 40 luxury condominiums at The Lassiter at North Hills (2006/2007)

Continuing Care Retirement Community—490,000 square feet

200 total condominium units in Phase I, plus 24 assisted living units and 24 skilled nursing care units

North Hills successfully addresses the issue of scale. The low-rise, pedestrian friendly setting is comfortable for shoppers and advantageous to merchants.

have conference and banquet facilities, a business center and library, and a street-level restaurant with outdoor dining.

ONE-STOP LIVING

Mike Smith, president and COO of Kane Realty Corporation, has been with the North Hills project since 2001. Smith, a graduate of both Wake Forest and UNC-Chapel Hill, moved to Raleigh (his wife's hometown) after an investment banking career. He sees North Hills as ideally suited to today's life style. "We get testimonials all the time from North Hills' clientele," says Smith. "One man told me he called home after a workout at Gold's Gym and discovered nobody was cooking that night. He took orders and picked up Thai food from Mama Fu's for himself and his wife, a salad from Moe's for his daughter, and a Chick-fil-A sandwich for his son."

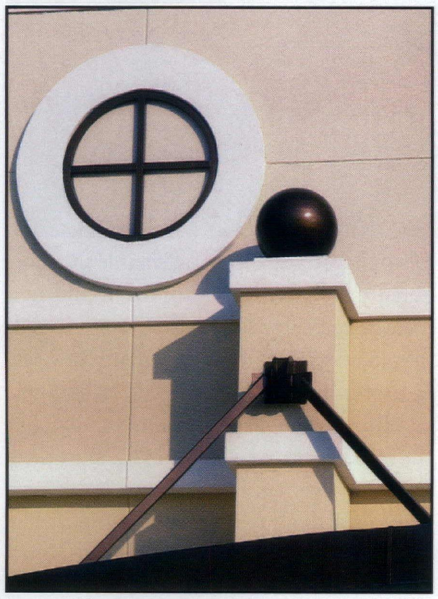
Smith anticipates that the convenience of the varied and centrally located offerings of North Hills will ensure a ready pool of buyers for the community's residential components. "The condominiums, scheduled to open in the fall of 2005, will eventually have about 300 one-and two-bedroom upscale units averaging 1000 square feet," says Smith. "The four-story building will include 40,000 square feet of retail at the street level, a 465-car parking garage, a pool and a terrace courtyard." The Lassiter at North Hills, a seven-story 40-unit condominium situated across Lassiter Mill Road, is scheduled to begin construction by mid-2006. These luxury condominiums that average 3000 square feet in size will appeal to affluent buyers, offering amenities including covered parking, express elevators, high ceilings, state-of-the-art kitchens, and expansive balconies.

ARTISTIC PARTNERS

In addition to elegant living quarters and access to necessities and luxuries, the residents of the North Hills condominiums will have the fine and performing arts brought to their doorsteps. Kane Realty Corporation routinely

schedules performances of drama and music, and art events are also staged throughout the year in an effort to make entertainment and culture accessible to its patrons. According to Turan Duda, culture is a key element in the life of successful urban centers. "Integrating the arts in the places where we work, shop and live emphasizes its importance to us," says Duda, who sees a trend away from centralized cultural districts. In addition to a dynamic calendar of arts-related events, North Hills has effectively used the work of local artists and photographers in its décor. Stunning oversized black and white photographs by local photographer Elizabeth Galecke adorn building walls, and paintings by area artists appear in the lobbies and entrances of office spaces. The photographs are particularly effective as location markers in the parking areas, especially in the well-lighted and airy underground parking garage.

As a partner with the North Carolina Symphony, the North Carolina Museum of Art and the North Carolina Theatre, North Hills provides an ongoing showcase for programs, artists and performers. The North Hills-Symphony alliance will be further enhanced when the Symphony opens its executive offices and its first retail store. The 1000-square-foot shop, called "symphony," will house the Symphony's box office and will carry music-related items and merchandise. The move, according to Symphony president David Worters, is intended to generate revenue and to entice people to attend orchestra performances at Meymandi Concert Hall in downtown Raleigh.



The layering of architectural elements and details gives a sophisticated finish to North Hills's neo-urbanist design theme.

HAPPY CLIENTS

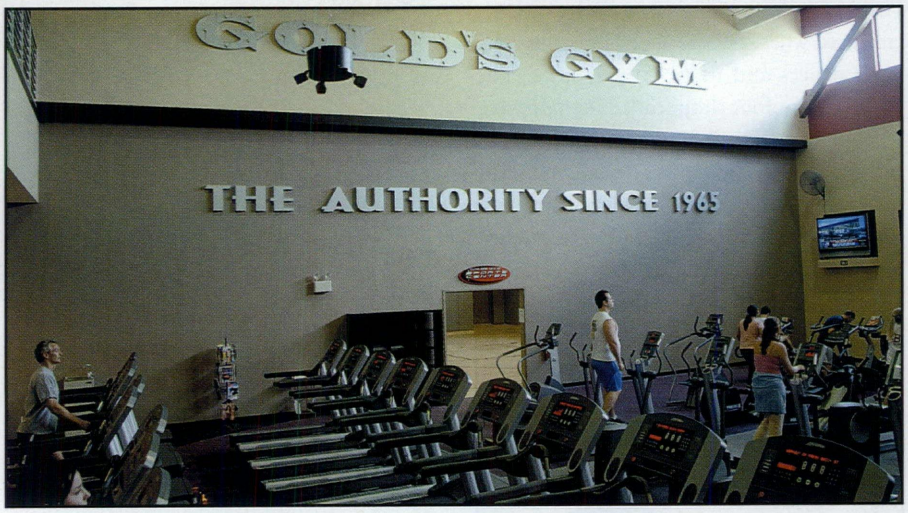
The new North Hills design is easily walkable, interesting and contains a vital living-working-shopping-playing space as an alternative to the traditional homogeneous retail mall. But how does it work for the merchants who occupy over 660,000 square feet of the new North Hills? According to Kane vice president Steve Brown, who, along with senior leasing representative Wendi Howell is responsible for the retail leasing effort, their enthusiasm for the design and location is high. "Jolly's Jewelers, an old-name Raleigh store since 1881, moved to North Hills in November after many years in another center," says Brown. "They report their sales have had double digit increases and they anticipate a continued increase in business. They credit the boost in sales in part to the volume of shopper traffic in North Hills, saying that more people walk past their door in an hour than they might see in a day in their former location."

Brown says that retailers also like the free-

Retailers & Restaurants in North Hills:

Andy's
Beanie + Cecil
Ben & Jerry's
Bonefish Grill*
Brothers Cleaners
Cameron Clothing Co.*
Capper's Restaurant & Tavern
Cellular Images
Certain Things
Charlotte's Custom Gifts*
Chick-fil-A
Cingular Wireless
Comfortable Soles
EB Games
Elaine Miller Collection
Fantasia
Firebirds Rocky Mountain Grill
Five Guys Famous Burgers & Fries
Foot Locker
Fox and Hound Pub & Grille
Frances T. King Stationery*
George R. McNeill II Fine Antiques & Interiors
GNC Living Well
Gold's Gym Athletic Club
Harris Teeter
Highsmith Home*
Hotpoint Café*
Ivy Cottage
JC Penney
JK's*
Jolly's Jewelers
Kelly Odom Flowers*
Kerr Drug
Kerry Catherine Jewelry*
Keva Juice
Lamb's Ear*
Learning Express
Lenscrafters
Luxe
Mama Fu's Asian House
McAlister's Deli
Mephisto
Mitchell's Hair Styling
Moe's Southwest Grill
Movies at North Hills 14
Mura*
Natural Body Spa & Shoppe
Nestlé's Toll House Café
North Hills Exxon
North State Bank
NV*
Omega Sports
Orchids by Millie
Panera Bread Co.
Pharaoh's
Plush
Porto
Posh Pregnancy
Possibilities
Quintessentials
REI*
Rouge
Scout & Molly's*
Serotta's
Shop 20•12
Sport Clips
Starbucks
Starbucks II
Storehouse
T.Georgiano's
Target
The Basket Patch
The Q-Shack
The UPS Store
Total Wine & More
Tyler House
Verizon Wireless
Vermillion
Von Kekel Salon Spa*
Wachovia
Wolf Camera
Yves Delorme

*Opening in 2005



The tasteful mix of luxuries and services, including women's fine fashions, elegant antiques, and a state-of-the-art fitness facility and spa, is a North Hills mark of distinction. Beanie + Cecil (top) George R. McNeill II Fine Antiques & Interiors (above) Gold's Gym Athletic Club (right)

dom to customize their storefronts and individualize their signage to reflect their own style and identity. "We have some guidelines they must follow," says Brown, "but that doesn't seem to be a problem." Brown proudly points out the inset arch and striped awning of JC Penney's façade. The store faces a tiered fountain in a circular brick-paved courtyard. Vermillion, a women's fashion store, features a minimalist storefront with a wood-framed entry. A mannequin, whose ensemble changes weekly, stands on an elevated stand in the store's window. Fantasia, another fashion emporium, features an Art Deco theme and displays its name in a bordered panel above the storefront and in a metallic blade sign suspended from the building's façade. "REI, the outdoor outfitters, will open their first Raleigh store in North Hills," says Brown. "It will be a two-story building."

To create the new North Hills, John Kane brought together a skilled and innovative team of individuals, many of whom, like Kane himself, remembered the old North Hills Mall. With Kane's leadership, they were able to seize the concept for a completely new life-style environment—and execute it brilliantly. ●

Developer John Kane:

In Search of Perfection

by Rick Smith

As master developer John Kane walked through the new North Hills, his smile turned to a grimace. In the midst of new concrete, brick, stone, steel and bright flowers, he spotted a cigarette butt discarded on the sidewalk.

He stopped, bent low to retrieve the butt, and disposed of it in a nearby trashcan. A few minutes later, he spotted another and repeated his personal maintenance. There is plenty of room for flowers and ferns, planters filled with perennials and ivy, fountains and trees. But to Kane, there is no room for trash.

"We want beauty to be our signature," said the chief executive officer and founder of Kane Realty Corporation, the firm transforming North Hills into Raleigh's new office, shopping and entertainment center.

Kane's reaction to the trash—removing it, not waiting for a cleanup crew to come by later—is reflective of his attention to detail. Every building, plant and light—each office, retail outlet, residence, eatery, restaurant and entertainment venue has been picked and placed according to plan. A standing Design Committee, made up of Kane, his artist wife Willa, and other Kane corporate executives reviewed proposals and plans from more than half a dozen architects.

John Kane

The new North Hills project has expanded from Kane's original redevelopment of the former North Hills service strip shopping center into a fashionable enclave of high-end merchants and restaurants—to the redesigned former mall across the street, as well as projects that include more office buildings, up-scale retail, residential, a hotel and a continuing-care retirement center on the east side of Six Forks stretching south to the Beltline. Kane Realty Corporation also hired Sarah Stone, a degreed horticulturist, as its Beautification Director to design and maintain the burgeoning midtown city now rising off the Beltline at Six Forks Road.

"I don't know how John Kane turns off his brain to sleep at night—he has such an eye for detail and perfection," said George McNeill, who owns and operates George R. McNeill II Fine Antiques and Interiors and the Pharaoh's eatery at North Hills. "When you move into a Kane building, everything is right. When he does a project, he does it right."

Kane has been a developer for more than 25 years and he sees more than land to develop and buildings to construct.

"You don't get an opportunity too many times in life to do something like this. You really don't," Kane said, pausing in our walk to look over the rapidly changing landscape. "We've done a lot of different things in the past—up to malls with 750,000 square feet—but nothing like this.

"I am an entrepreneur at heart. I could not pass this up."

Kane said he also wanted North Hills to be more than a commercial success. He wanted to create something that would be of benefit to the community—and a development that would be appreciated. Any project the company considers goes through some tough scrutiny before any plans are announced because Kane is committed to the principle of smart growth rather than just successful development.

"'Smart growth' means that we base our decisions about what is built and how it's built on what's best for our city. We ask ourselves: 'What's the best thing for the community,'" he explained. The concept developed for a mixed-use project with high-end quality shops, office space, a hotel, residential buildings, senior living and a combination of services from dry cleaners to drug stores, movie theaters to an athletic club; in effect to create a town. Kane said he never strayed from doing the project in a first-class fashion.

"We are committed to building quality," explained David Parker, the company's Director of Construction. "We want people to see it, to touch it, to feel it. We want our visitors to know this is something special."

"The downside," he conceded, "is that it may take longer to develop the right plan, and the cost is impacted."

KEY TO THE CITY

Willa Kane, who has been married to John for 25 years, described his commitment to the North Hills project as coming from the heart of a "classic entrepreneur."

"The creative side of his brain is always at work," she explained. "He is a person of great precision and regimen. I think he also is one of the rare people who can combine a fresh, creative approach with a very disciplined business sense that allows for a project to be articulated completely.

"What really drives him for this project is that it is such a key piece of real estate for the city and the region. He feels a sense of responsibility to do it right. He feels that this is our home, and he feels real responsibility to our neighbors and those who live around us to do the development in such way as to move the city forward and to enable people to live in ways they hadn't thought of before."

To restaurants and retailers who have chosen to become part of the North Hills community, Kane's devotion to quality, despite the higher cost, helped make their decisions to move.

George McNeill was among the businesses recruited by Kane to become part of the North Hills renovation project. As we talked in the antique shop that he moved from Cameron Village, McNeill marveled at the quality of workmanship—from design to laying brick and landscaping. It has, he explained, turned North Hills into an upscale collection of shops and restaurants that have become a retail magnet—instead of a rebuilt, rapidly degrading mall. And coming soon nearby to McNeill's store are upscale condominiums, a 4-star hotel and office space.

"He is a visionary," McNeill said of Kane. "I can't say enough about him or Willa. They have worked very hard to make this a super place. They could have had some of the 'big box' stores here like Wal-Mart and made more money. They didn't. They have invested more time, more planning and more money in this project than they had to—and it shows."

Among the many new shops and restaurants coming to the Triangle market as part of the new North Hills is JK's, a white table cloth restaurant where steaks and seafood are grilled over 1000° mesquite coals. While the demographics of the region are very appealing, so is the new town atmosphere, said Tina Smith. She and her husband, Chip, who is JK's chef, closed a restaurant in Kill Devil Hills to go to work for the ownership partners of J.K. Norfleet and Robertson Moore.

"Because of the job Mr. Kane and his team have done with the property, it is simply beautiful," Tina said.

Frank Jolly Ragsdale relocated Jolly's Jewelers to North Hills from Cameron Village in part due to Kane and his company.

"They are extremely nice and helpful people," he explained. Among one of the details Kane Realty has made well known to North Hills tenants and shoppers is security. Ragsdale likes that. "The security is constant," he said, referring to the Kane Public Safety officers and well-marked patrol cars that are constantly on the move around the complex.

CULTURAL PARTNERSHIPS

But there is more to Kane than business. He has also become a widely known patron of the arts. He has struck partnerships with the North Carolina Symphony, the North Carolina Museum of Art and North Carolina Theatre to help fund and promote their efforts and to build awareness with events held at North Hills. Several of the yet-to-be filled stores are decorated with tasteful promotional advertisements. One of the first events at North Hills was a holiday event where Symphony Music Director Grant Llewellyn presided over the lighting of the North Hills Christmas tree, and the North Carolina Theatre presented a Broadway-quality musical production.

"The company's commitment to the arts is genuine," said Charlotte Ellis who works with Kane Realty Corporation in marketing and public relations. "I've been involved in shopping centers for more than 25 years, and I've never seen a partnership with non-profit groups that even comes close to what Kane is doing at North Hills."

Twenty-four hours a day, music is piped over the well-hidden sound system across the North Hills complex. Many speakers are tucked away in trees.

David Worters, president and chief executive officer of the North Carolina Symphony, has worked with John and Willa, both as patrons of the Symphony and in business. The Symphony is relocating its executive offices to the new North Hills to raise its profile to be closer to its customers. Worters says of John and Willa Kane:

"John and Willa have immersed themselves in the life of the Symphony, getting to know a lot of our supporters, and hosting special events that have been highly successful in increasing awareness for us," Worters said.

WORKING TOGETHER

Mike Smith, the president and chief operating officer, who joined Kane Realty Corporation in 2001, explained that Kane's attitude toward perfection extends to the relationship he has with employees.

"I couldn't ask for a better partner than John," Smith explained. "The experiences he has had and the risks he has been willing to take for 25-plus years are remarkable.

"Our relationship together is quite strong. We're both able to speak freely about the issues on the table and really come up with the best solutions. We attack things together."

In fact, according to Director of Office Development Tish Turner, the culture at Kane Realty Corporation is one of extreme collaboration. "John has great respect for the individual contribution of every person in the company," she said. "He genuinely values the unique experience and perspective we all bring to the task. In any meeting his 'hallmark' question is always, 'What do you think?' It's how he gets our best thinking."

Kane, a business administration graduate of Wake Forest University, and the management team have strived to build a corporate culture that produces a "passion for the projects we are working on" and expectations of the highest quality work. "A lot of what we have done is due to the location," Smith added, "but we've also been very thorough and diligent in our work. We've paid more attention to detail than most."

Kane, his associates say, would not have allowed the project to be undertaken any other way.

"Most developments are concepts that typically follow the herd," Kane said. "North Hills is not anything like that. We're willing to take risks, to build something we believe in."

To help shape his thinking, Kane visited many other developments, including Florida's CityPlace and Mizner Park in West Palm Beach and Boca Raton, respectively, Easton Town Center in Columbus, Ohio, and Santana Row in San Jose.

Kane also met personally with many community leaders and solicited feedback from nearby residents to help shape the master plan. "When we announced the project, I received between 500 and 600 emails and 90 to 95 percent of them were positive," he recalled. Several suggestions were accepted, including where residential areas were placed as part of the area around the project's first phase, the redevelopment of North Hills Plaza. By reaching out to residents, Kane avoided some of the problems that have stalled—or killed—other Raleigh projects.

Those ideas have also figured in the creation of what Kane hopes will become a major destination.

"When people think of Raleigh, we want them to think of North Hills," he said. "For those who live in Raleigh, whether this is where they live, have their office, buy groceries, research the latest fashion trends, have dinner or see a movie, we want North Hills to be an important part of their lives. Just as the Riverwalk is to San Antonio, we want North Hills to be the first place people think of when they're making plans to entertain their out-of-town guests." ●

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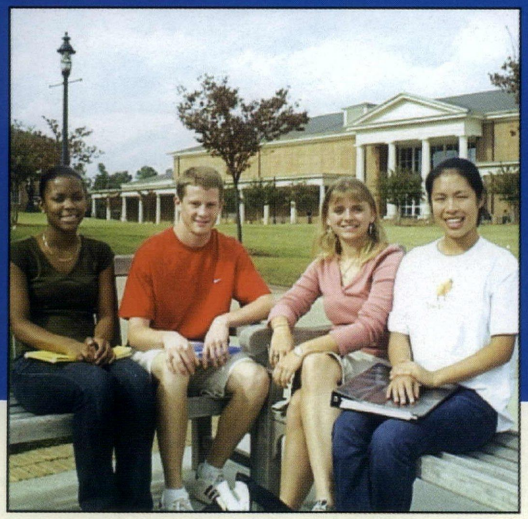

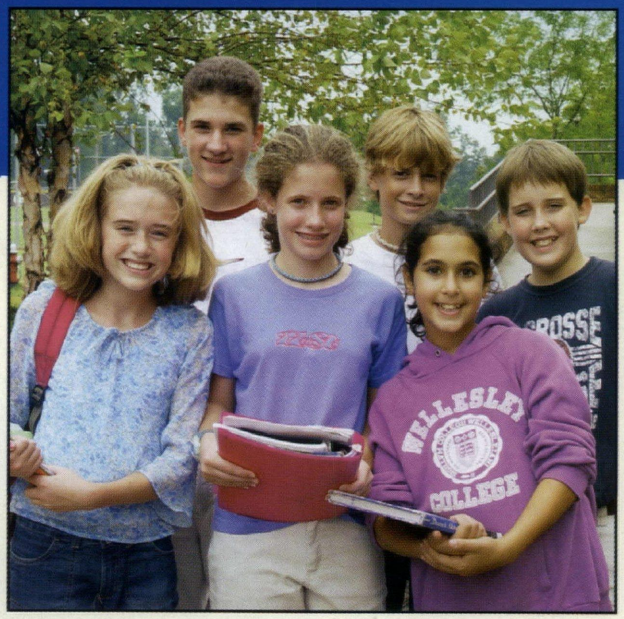

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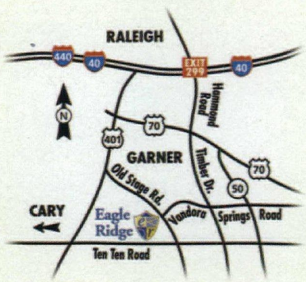

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DIRECTIONS:
From the Raleigh 440 Beltline take Exit 299 (Hammond Rd) go south approx. 4 miles (Hammond becomes Timber Dr. after Hwy. 70). Turn right on Vandora Springs. Turn left on Old Stage Rd. Eagle Ridge is approx. 1.5 miles on the right (just before Ten-Ten Rd).

For Golf Information and Tee Times please call 919.661.6300

ANOTHER FINE WAKEFIELD DEVELOPMENT COMMUNITY

The Corrigan by Linda Russell

Golf is a game of ethics, and a game about lies… good lies, bad lies and just lies. The position of the golf ball on the ground is called the lie. Good lies are those in which the ball sits up on fluffy grass in the middle of the golf course with the potential for being propelled by a golf club with some degree of accuracy to another lie—preferably another good lie. Bad lies are those in which the ball is situated in a poor position for a decent stroke, such as behind a tree, on or near a rock or tree stump, on a sideways hill, or in deep grass. These lies make striking a golf ball with clarity and exactness very difficult.

Lies about golf, in general, are ubiquitous; for example, some people lie about their handicaps (usually at cocktail parties), to make themselves appear to be better golfers than they are. Worse liars are those golfers who profess to have higher handicaps than they do in order to gain free strokes during tournaments. Other golfers lie by maneuvering their balls into better positions when no one is looking.

A man's game

Speaking of balls, golf is a man's game. It was invented for men and by men, with a male-dominated vernacular. The terminology is not based on rational thought, but food, animals and gender. A few examples of this irrational vocabulary follow.

The term chili-dip means stubbing the club into the ground behind the ball causing the ball to dribble only a few yards in the appointed direction. This is analogous to stubbing one's toe and would be more descriptive if it were called a "stub" shot. Golf balls that land flat in a sand trap with a ridge of sand surrounding them are called fried eggs.

The term worm burners describes shots that never become airborne, but rather roll along the fairway without achieving much height. Rain makers are extremely high, short shots (called lobs in the game of tennis) that land about half the distance they were intended to achieve. Putts "within the leather" (the distance between the end of the putter and the beginning of the leather handle) are called gimmies. Men are inclined to exaggerate the length of the gimme (just like the length of 6 inches). It averages around 18 inches (the gimme, that is) and in friendly games, men offer gimmies of 2 feet or more. Women generally putt everything out.

Sand traps are called bunkers (a lot of bunk) and flag sticks on the greens marking the location of the elusive hole are called pins, which is another lie because they don't pin anything. A mulligan is a free second shot off the first tee if the first drive doesn't go to its designated destination. Social golf allows this flexibility, but tournament golf does not.

KINSLEY DEY

Linda Russell

A primer on Golf Etiquette, based on one woman's early experiences

Birds are namesakes for certain golf shots, like the eagle, which is two under par; albatross, which is a double eagle; birdie, which is one under par; and bogey which is one over par and sounds bogus to me. Some clubs are named Cobras or Big Berthas, both of which denote undesirable images and discourage women from playing. The tall grass flanking the center of the course is called the rough. It would make sense, therefore, to call the center of the fairway, the smooth, rather than the fairway. But nothing in this game makes sense… it's all about lies.

Walking the walk, talking the talk

Men generally do not approve of women on the golf course. So, oftentimes, when women take up the sport, they are ill prepared for the endurance test that golf requires. I am such a woman. I took up golf when I was 40 at the urging of my husband and I took it on with gusto! I was determined to understand the physics of the flight of the ball, the stances, the ball placement and the terminology of the game. In other words, "to walk the walk and talk the talk." I was inquisitive and particularly interested in using the correct jargon when playing with men to demonstrate my seriousness about the game. I resisted the urge to call a divot a boo-boo, and I read volumes of Jack Nicklaus material and golf magazines to improve my knowledge of the sport.

I purchased a pair of navy blue and white golf shoes, not unlike the saddle oxfords I wore in 8th grade, but with cleats, not unlike my son's soccer shoes. I loved the click they made on the pavement. I felt like tap dancing but kept that thought to myself. I also bought appropriate "collared" Polo shirts, shorts that were not more than three inches above the knee, ankle socks with picturesque appliqués on them, and a beige Greg Norman visor sporting a picture of a shark. Alton, my ever-so-patient husband, helped me select a "starter set" of golf clubs and a golf bag. The set included woods for long shots (although they weren't made of wood), irons for not so long shots and a putter. My favorite iron was the pitching wedge, which I called my pitcher, until Alton corrected me. I tried abbreviating it to pw but he frowned on that too. I eventually incorporated wedge into my golf vocabulary.

Alton and I loved discussing our games

with each other, play-by-play, hole-by-hole, and detail-by-detail, including the lies. On one occasion, Alton related to me that during a tournament round, his partner got "the shanks." I expressed my concern for his partner's health, and said, "That must have been awfully painful." Alton was baffled by the remark and described the difference between shanks and shingles.

I participated in a ladies golf clinic at my club and learned that slice meant the ball veered off to the right. The only way I could remember slice without a frame of reference (because I didn't hit the ball to the right back then) was that the word slice had the letter l in it, which stands for "left," (a hook) which is the opposite of "right." It worked for me.

I spent some time on the practice range, but hated to practice. Practice ranges were unrealistic. The lies were all the same (no pun intended) and the flags were usually downhill from the hitting area, so the apparent distance reached was just another lie (pun intended). I convinced my husband to play nine holes with me (half of a regulation game). On entering the golf cart, I discovered the scorecard, which had the name of the previous head pro printed on the bottom, Tommy Card. I examined the card carefully and remarked to Alton, "This is where you record your scores on each hole?" He nodded in agreement and I followed up with, "So I guess it's called a tommy card, right?" He stifled his laughter and explained about the former pro.

On another occasion, Alton told me that our friends (who will remain nameless) were going to Arizona to the Skins game and had invited us along. My girl friend said she had no interest in football. We soon learned that the Skins game was a golf game between professionals that entailed hole-by-hole play, also known as "match" play. This is different from normal pro tournaments where they play "medal" play, meaning you add up the strokes and whoever has the fewest wins.

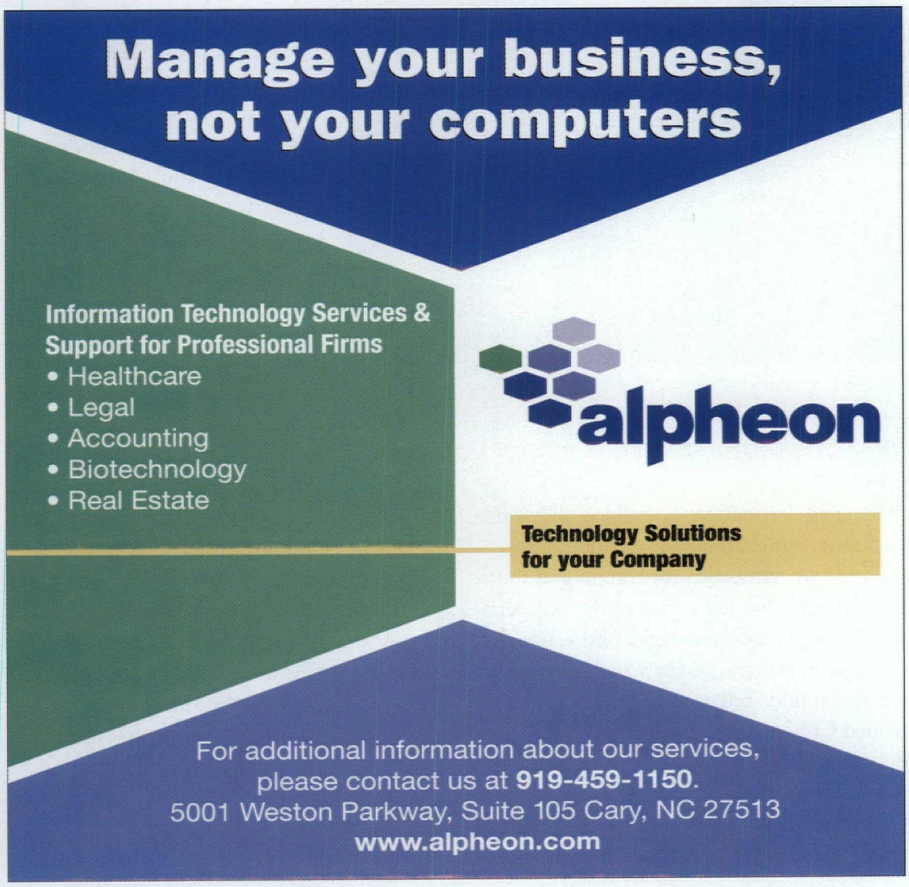
After playing for several years and immersing myself in the game, I reduced my score from 74 (9 holes) to the high 40s, and shot in the 90s consistently when playing 18 holes, which was often. I loved to play and upgraded my equipment as necessary. (This is called, "buying a better game.") I bought spikeless shoes and a small bag so that I could walk 18 holes carrying my bag and prove that even small women have some circulating testosterone.

Meet the Corrigans

In May 1999 Alton and I booked a golf cruise to the French and Italian Riviera. Only 60 people were aboard the 4-masted sailing vessel. The cruise director made golf assignments randomly so we played with different couples in different ports every day: Corsica, Sardinia, Rome and Monte Carlo to name a few. When we laced up our Footjoys (by this time I had three pairs) in Rome and garnered our electric carts, we saw we had been assigned to play with John and Martha Corrigan from Wisconsin, an attractive couple in their late '60s or early '70s. They were a delightful pair and John helped Martha with every shot. He stood in front of her and corrected her stance and alignment each time she addressed the ball. (Addressing the ball does not imply that one says, "Hello, Ball," but rather that she is in proper form and stance to hit it). John continually rolled Martha's ball to a more desirable location when she was in the rough, in order to improve her lie (that word again). Martha eventually tired of these "lies" and quit. SHE JUST QUIT! She rode in the cart and lied saying she was "fatigued," obviously exasperated with John. I had observed what was going on and pitied Martha. John was such a nice man.

The remaining three of us proceeded to the next hole where I drove my ball into a creek. John insisted that I drop my ball behind the water and to consider it a free drop because of the distraction of a barking dog. I assumed this to be a generous gesture, accepted and played on. Then, I began to notice that when I hit my ball in the "love grass" (grass that hugs your ball and won't let go), John would take off ahead of me to hunt for it. Time after time my balls mysteriously assumed better lies than I had anticipated. Then, I witnessed John rolling my ball out of the romantic grass to improve my lie, and was surprised that he did that... improve my lie... AGAIN. Nice guy! NICE GUY, HELL! The etiquette of golf dictates that you NEVER TOUCH ANYONE ELSE'S BALLS!

It became a race at that point to reach my ball before John to keep him from touching it. In his male chauvinistic way, he apparently thought he was doing me a favor by repositioning my ball and giving me a more favorable "lie." His behavior was unethical, manipulative and condescending.



When the three of us teed up our balls on the par three No. 15 hole, I drove the ball onto the green, about five feet from the pin. I was excited and hopeful that I would be able to putt the ball into the hole for a birdie. John reached the green first and I saw what was about to transpire. I yelled, "DON'T TOUCH MY BALL," but not until John's putter had already propelled the ball back to me saying, "That's good." I screamed at him not to EVER touch my ball again. The round eventually ended. But I never quite recovered from John Corrigan's attention to my lies. As a result, I coined a new term in golf, THE CORRIGAN, which means improving someone else's lie.

After 18 years of playing this gentleman's game, I still encounter men, ALWAYS MEN, who want to give women Corrigans. We are often told that a 6-foot putt is good as the ball is swatted back to us, or that we shouldn't damage a golf club by trying to chip off a tree stump, or that the mud we're hitting out of ought to be declared "ground under repair," that we should take a free drop. Well, to all the gentlemen out there, thank you. But please allow us the privilege to compete honestly… and without lies. MM

US Open Returns to Fabled Pinehurst

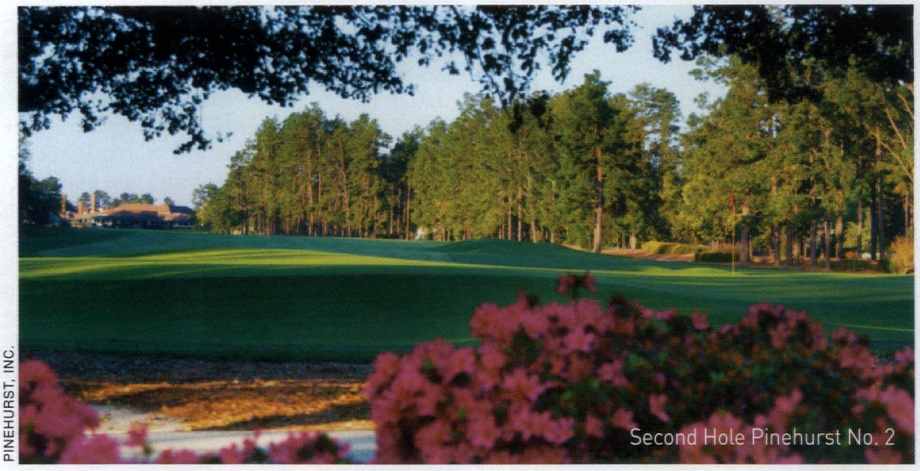
by David Droschak

The golf gods were watching over Pinehurst during the final stages of the 1999 US Open. Church bells rang, a cold mist filled the air and there was high drama as Payne Stewart sank a 15-foot putt on the 18th green to beat Phil Mickelson.

The Village of Pinehurst had pulled off the unthinkable—a flawless US Open in a quaint town on its first try. There were no major traffic snarls as predicted, no scorching 95-degree days and the famed No. 2 course held up to par—and then some.

The United States Golf Association took notice and quickly rewarded Pinehurst with another Open in 2005, marking the quickest turnaround for America's golf championship since World War II.

Pinehurst, about an hour's drive south of



PINEHURST, INC.

Second Hole Pinehurst No. 2

MANNING FULTON

Attorneys

Firm leaders seated left to right:
LITIGATION SECTION
Michael T. Medford
John B. McMillan
Firm leaders standing left to right:
REAL ESTATE SECTION
Barry D. Mann
Samuel T. (Ted) Oliver, Jr.
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Deborah L. Hildebran-Bachofen
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Our Firm is proud to celebrate 50 years. In 2004: our Litigation lawyers represented clients in numerous complex lawsuits and important appeals; our Real Estate lawyers handled real estate transactions worth more than $2 billion; and our Corporate/Tax lawyers represented clients in mergers, acquisitions and reorganizations totaling $3 billion, represented clients in corporate finance deals valued at $1 billion and administered estates with asset values exceeding $100 million. And we opened our first branch office in Wilmington, NC. Thanks to our clients for inviting us to be part of their success.
We look forward to a continuing partnership in the next 50.

Leaderboard

CURRITUCK CLUB TO INSTALL WI-FI GPS GOLF BUSINESS SOLUTIONS

Those who wish to play the scenic course at The Currituck Club in Corolla will find themselves navigating by a new Wi-Fi network infrastructure. GPS Industries, Inc., a company specializing in GPS-enabled multimedia communications and management solutions for golf facilities and residential communities, announced that The Currituck Club in Corolla will install the Informer™ Wi-Fi GPS Golf Business Solution. As part of the installation, all 80 golf carts in The Currituck Club's fleet will be equipped with a 10.4" color GPS unit to assist members and visitors.

"We selected GPS Industries to replace our existing system because they not only offer the most advanced and leading edge GPS golf technology available, but their solutions meet many additional business needs for our club," comments Richard Beetle, General Manager of The Currituck Club. "In addition to multiple revenue-generating applications, Informer's management system and integrated Wi-Fi wireless operational infrastructure will help us save costs internally and offer new and better services to our members and guests."

RIVER LANDING SCORES AN EAGLE

The 1,400-acre private golf community outside of Wilmington has recently shot beyond expectations...twice; first with the announcement of achieving record sales and second with the opening of a new $2.5 million sports and fitness facility. In 2004, River Landing welcomed 204 families to the community, generating over $23.5 million in sales. The October launch of RiverStone helped fuel the record year, resulting in 34 sales for a total of $6.5 million. Executive Vice President and General Manager Kevin Hine expects the growth to continue with the April launch of several new golf and waterfront neighborhoods, featuring 62 lakefront homesites. "This is the last opportunity for lakeside living in River Landing, and we expect these homesites to go quickly," he remarked.

Many of the new residents mingled with their neighbors during a ribbon cutting ceremony in February that commemorated the opening of a new 15,000 square foot fitness and sport facility. "What an unbelievable response we had," commented Hine. Bill Owenby was one of 550 residents that celebrated the opening of the largest recreation facility of any private community in Eastern North Carolina. "We've lived here for three years now and whatever plans are drawn up always come true and then some. The fitness center is just mind-boggling," he exclaims. Included in the amenities is an indoor Junior Olympic sized swimming pool, the first in the Carolinas to be equipped with the latest chlorine-free filtration technology. Other amenities include sauna and steam rooms, a bar and meeting room, and modern Cybex workout equipment.

YOUNG MASTERS SHOWCASED TALENTS

Youths from around the triangle participated in the world's largest junior golf program, The Mutual of Omaha Drive, Chip & Putt Junior Challenge. Held April 12 at The Crossings at Grove Park in Durham, the challenge allowed boys and girls an opportunity to develop and test their golf skills through friendly competition.

Eighteen prizes were awarded in each age group. The top five drivers, chippers and putters received awards, as well as the top three with the best overall combined performance. Those who received awards for best combined performance qualified for the Dana Rader Regional Championship and the chance to advance to the 2005 National Championship this October in Orlando, Florida, home of the Golf Channel. "We witnessed some outstanding performances from these young golfers, but at the end of the day I think everyone who participated was a winner," remarked Mutual of Omaha General Manager Ed Elmore.

Best Combined Performance

Ages 7-8
1. William Poteat, 8, Raleigh
2. Nicolette Donovan, 8, Cary
3. Catherine Ashworth, 8, Fuquay-Varina

Ages 9-10
1. Drew Johnson, 10, Oak Ridge
2. Daniel DeWitt, 10, Durham
3. Jordan McClamroch, 10, Chapel Hill

Ages 11-12
1. Kennedy Smith, 12, New Hill
2. Logan Droste, 11, Wake Forest
3. David Weinberger, 11, Roxboro

Ages 13-14
1. Thomas Faulkner, 14, Kinston
2. Courtney McKim, 14, Raleigh
3. Harrison Ashworth, 13, Fuquay-Varina

Raleigh, more than earned the honor.

"All the pieces of the puzzle just fit," Pinehurst president Don Padgett II said of the return of the Open to the Sandhills on June 13-19.

"We've learned that you can go to a great golf course and not have to be in a major metropolitan area," added David Fay, executive director of the USGA. "Before '99, people were asking: 'How is it going to work in Pinehurst?' Well, it worked exceptionally well because everybody got behind it."

Padgett and other Pinehurst officials don't expect to duplicate the tremendous success of the '99 Open. They just want to build off of it. "Trying to reproduce perfection is an ominous thought," Padgett said. "The '99 Open was more like a dream than reality. This time, we're more prideful to be hosting it."

The golf certainly can't be replicated. Stewart is no longer with us; his untimely death in a plane crash just months after his second Open victory sent shock waves through the golf world.

"Everyone will remember Payne; that won't start or stop with the Open," Padgett said. "By the same token, when the first ball is hit Thursday morning, it will be about the 2005 Open."

Stewart and Pinehurst will forever be linked. A statue of Stewart's fist-pumping pose is now stationed near the 18th green. The grass around the life-like bronze statue has given way to dirt as thousands stop by to take snapshots of the most photographed item in town.

Stewart's winning putt has simply become known as "One Moment in Time."

"There are significant things in golf that people remember and Payne's putt ranks right up there with Watson's chip at Pebble Beach, Hogan's one-iron at Merion and Nicklaus' putt on No. 17 at The Masters," Padgett said. "When you talk about 'One Moment in Time' people in the golf world know exactly what you're talking about. It's hard to imagine all of the drama that had to come together to make that happen."

Once again, tickets will be at a premium and Pinehurst will be in the center of the golf world come June—a place it now seems quite comfortable with.

"It's a worldwide blast that you can't put a dollar figure on," said Caleb Miles, president and CEO of the Pinehurst, Southern Pines, Aberdeen Area Convention & Visitors Bureau.

"I'm not going to say if we had the US Open in Nome, Alaska, it would be a sellout, but the strength and the appeal of the championship go a long way," added Fay. MM

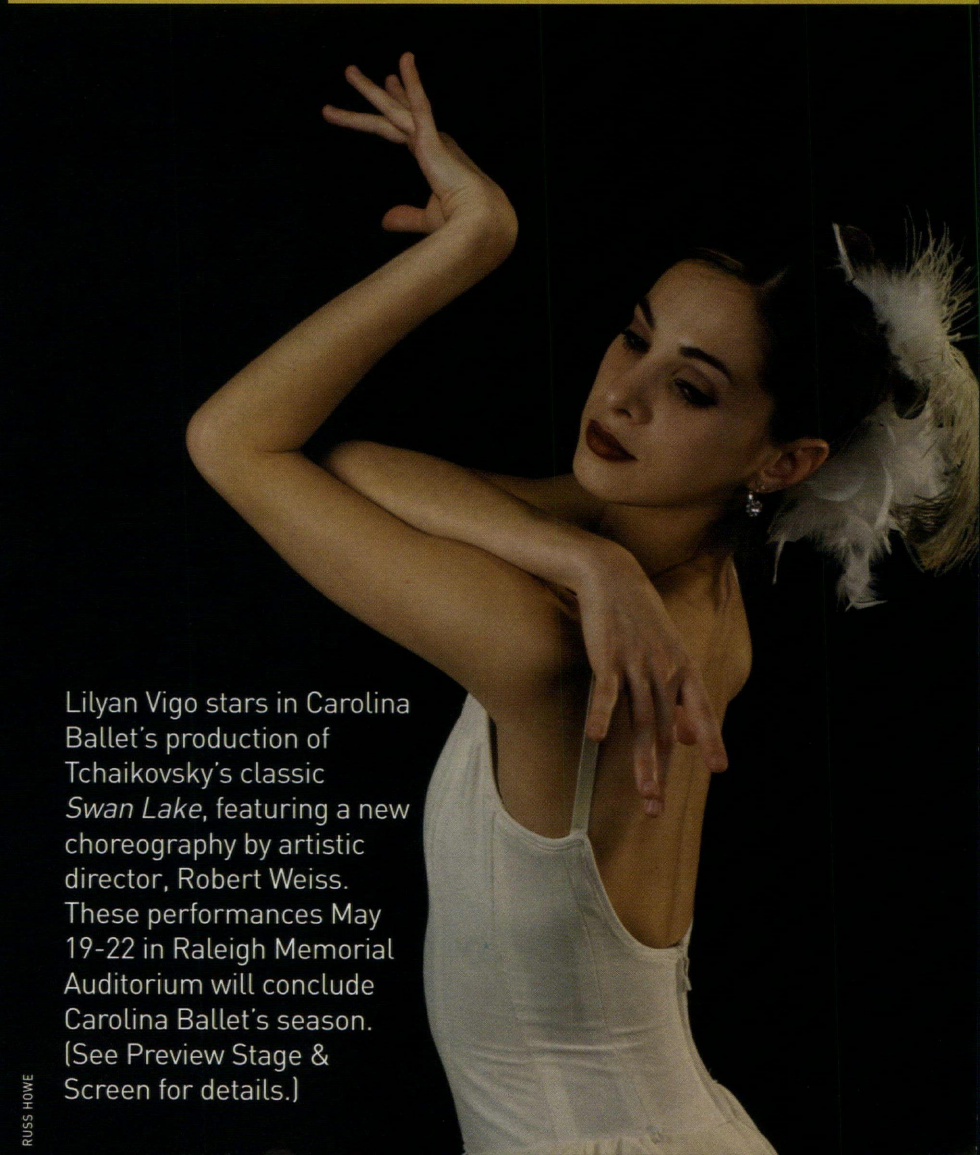
A spectacular blaze of colorful tulips and other seasonal flowers makes "Gathering in the Gardens" a delight on May 13 at Tryon Palace, New Bern. (See Preview Potpourri for details.)

TRYON PALACE

Openings

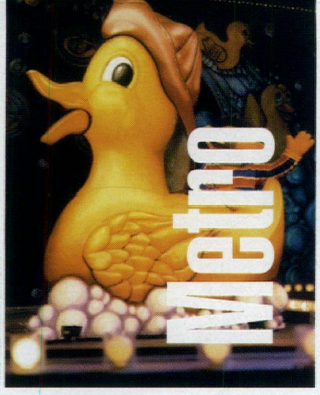
BEAUFORT OLD HOMES TOUR

Porch of the Duncan House, c1790, is a painting by Mary Warshaw of one of the many homes that will be on tour June 24 & 25 during the Beaufort Old Homes Tour, Beaufort. (See Coastal Preview and Coastal News for details.)



RUSS HOWE

Lilyan Vigo stars in Carolina Ballet's production of Tchaikovsky's classic *Swan Lake*, featuring a new choreography by artistic director, Robert Weiss. These performances May 19-22 in Raleigh Memorial Auditorium will conclude Carolina Ballet's season. (See Preview Stage & Screen for details.)



2005 SESAME WORKSHOP

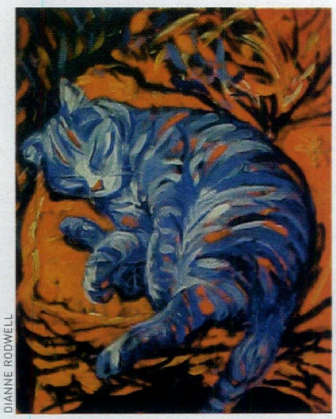
Preview

by Frances Smith

Festive Days of May

GALLERIES

IMPRESSIONS OF NEW BERN; Paintings & clay by Janet Francoeur, reflecting architecture & landscape of New Bern; Carolina Creations, New Bern; thru June 1. Contact 252-633-4369 or www.carolinacreations.com.


DIANNE RODWELL

Blue's snooze by Dianne Rodwell hangs in the exhibition "True tails on Cats & Dogs" on view in Rodwell's studio at Artspace

TRUE TAILS ON CATS & DOGS; Paintings by Dianne T. Rodwell; at Artspace, Raleigh; thru May 20. Contact 919-838-8580.

WAYNE TRAPP; Recent works; Tyndall Galleries, Chapel Hill; thru May 21. Contact 919-942-2290 or www.tyndallgalleries.com.

ROAD IN SIGHT: CONTEMPORARY ART IN NORTH CAROLINA; exhibition presented by the Art & Art History Department at Duke University showcases scenes of campus life; attendees board bus at East Duke building for transportation to various venues at Duke & in Durham; thru. May 15. Call 919-684-3314 or visit www.duke.edu/web/art/.

AMERICA'S FAIRS: EDUCATING COMMUNITIES; Park exhibit features history of fairs across America from 1880-1920; Historic Oak View County Park, Raleigh; thru May 28. Contact 919-250-1013.

A.B. JACKSON: A RETROSPECTIVE; Works of Virginia artist A.B. Jackson; Garden Gallery, Raleigh; thru May 29. Contact 787-2999.

QUINTESSENCE; 22 works of "Art of Nature" & "Stylized Nudes" by Grace Li Wang; Cody's Chinese Bistro & Pub, Raleigh; thru May 30. Contact 919-899-6428.

DAMU MURRAY; Jerry's Artarama, Raleigh; throughout May. Contact 919-876-6610 or www.jerrysartevents.com.

VIEWS THAT ECHO; Works by Molly Earles, Jason Cardenas, Rachel Herrick & Ben Ortiz; Moonshadow Art Gallery, Cary; thru July 15. Contact 919-462-3187.

COLORS OF EARLY SUMMER; Collection of mixed media works; Nancy Tuttle May Studio, Durham; May 1-June 30. Contact 919-688-8852.

AUTOGRAPHS: TV, MOVIE, & SPORTS FIGURES; Rare collectibles & photographs signed by famous figures; Animation & Fine Art Galleries, Chapel Hill; May 2-June 30. Contact 919-968-8008.

GARDEN GALLERY

Circle Thumbnail by Virginia artist A.B. Jackson is on view in a new exhibition at Garden Gallery, Raleigh

LYDIA MENDISE; Local acrylic, oil & watercolor artist; The Cotton Company Art Gallery, Wake Forest; (Reception May 13) May 2-31. Contact 919-570-0087.

EVENTS AT ARTSOURCE; Raleigh. Contact 919-833-0013 or www.artsource-raleigh.com:

- **RACHEL NICHOLSON;** NC felt artist; May 5.
- **JOHN SILVER;** Oil paintings of still life or impromptu events; until May 5.
- **INTERNATIONAL ASSOCIATION OF PASTEL SOCIETIES;** Portraiture, still life, landscapes & more; (Reception May 6) May 6-28.

EVENTS AT ARTSPACE; Raleigh. Contact 919-821-2787 or www.artspace-nc.org:

- ***SMALL WORKS IN OIL & ENCAUSTIC;*** Paintings by Anthony Ulinski; lobby; May 6-28.
- ***SOLUS;*** Paintings by Kent Williams; Gallery 1; May 6-June 25.

ARTSOURCE

The Horns by Alan Flattmann will hang in the 8th Juried Exhibition of the International Association of Pastel Societies, opening May 6 at ArtSource Fine Art Gallery, Raleigh

- ***STAMMER!*** Spoken word performance of poetry; Gallery 2; May 13.
- **ARTSPACE SUMMER ARTS PROGRAM INSTRUCTOR EXHIBITION;** Works created by Artspace's professional instructors; Gallery 2; May 25-June 3.
- **THE ARTSPACE OPEN SPRING FUNDRAISER;** Benefits Artspace's Summer Arts Program Scholarship Fund; May 21.

KEN KOTARA; Linear stories/circular visions & new works on paper & canvas; Gallery C, Raleigh; (reception May 6) May 6-June 14. Contact 919-828-3165 or www.galleryc.net.

ANIMATION & FINE ART

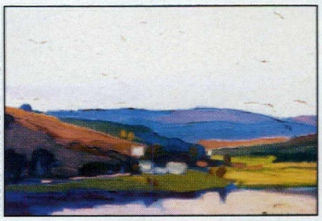
This untitled lithograph by Joan Miró, 1972, will be on view in her exhibition "Automatism Infused with Color," opening May 13 at Animation & Fine Art, Chapel Hill

ART EXHIBIT; Joanne Gill Worth & Elda Hiser; Campbell House Galleries, Southern Pines; May 6-31. Contact 910-692-4356.

STITCHED & PEGGED; Exhibit of Art Quilts & Handmade Furniture; Chowan Arts Council, Edenton; May 13. Contact 252-482-8005 or www.visitedenton.com.

AUTOMATISM INFUSED WITH COLOR; Show of Joan Miro's work; Animation & Fine Art Galleries, Chapel Hill; May 13-June 9. Contact 919-968-8008.

SMALLER WORKS BY GREAT AMERICAN MASTERS; Artists include J H Twatchtman, Ernest Lawson, Robert Vonnoh, Rockwell Kent, William Morris Hunt, Emile Gruppe & others; Regency Antiques & Fine Art Gallery, Raleigh; May 13-June 18. Contact 919-835-2646.


REGENCY ANTIQUES & FINE ART

Adirondaks Landscape by American painter, Rockwell Kent will show in an exhibition "Smaller Works by Great American Masters," opening May 13 at Regency Antiques & Fine Art Gallery, Raleigh

ANITA MILLS & MARK REDISKE: NEW & COLLABORATIVE WORKS; Ceramics & paintings; Craven Allen Gallery, Durham; (Reception May 14) May 14-July 2. Contact 919-286-4837 or www.cravenallengallery.com.

ART EXHIBIT; Paintings by Lauren Bobo, Courtney Herndon & Betty Chaplain & pottery by Linda & Charles Riggs; Campbell House Galleries, Pinehurst; (Reception June 4) June 3-27. Contact 910-692-4356.

CLASSICAL

MASS IN MINOR B; Choral Society of Durham, conducted by Rodney Wynkoop; Baldwin Auditorium, Duke University, Durham; May 7 & 8. Contact 919-560-2733 or www.choral-society.org.

NC SYMPHONY, NEW BERN SERIES; New Bern Riverfront Convention Center, New Bern; May 15. Contact 919-733-2750.

NC SYMPHONY; Unless noted, contact 919-733-2750 or www.ncsymphony.org for venues and information:

- **PERFORMANCE;** Carolina Theatre of Durham; May 20. Contact 919-560-3030.
- **GILBERT & SULLIVAN'S MAGICAL *THE MIKADO;*** Featuring Resident Conduc-

tor William Henry Curry; Meymandi Concert Hall, Raleigh; May 6-8.

- **ITZHAK PERLMAN GALA & CONCERT;** Featuring Itzhak Perlman on violin & Grant Llewellyn conducting; Meymandi Concert Hall, Raleigh; May 12.
- **BRIAN REAGIN;** Featuring Brian Reagin on violin & William Henry Curry, resident conductor; Meymandi Concert Hall, Raleigh; May 19-20.
- ***SPRING IS IN THE AIR;*** Featuring Brian Reagin on violin & William Henry Curry, resident conductor; Meymandi Concert Hall, Raleigh; May 22.

MEI-TING SUN; renowned pianist, presented by Raleigh Chamber Music Guild; Fletcher Opera Theater, BTI Center, Raleigh; May 19. Contact 919-821-2030.

RALEIGH CHAMBER MUSIC GUILD

The Raleigh Chamber music Guild will present Mei-Ting Sun, pianist, winner of the 2005 National Chopin Competition, May 19, at the Fletcher Opera Theater, Raleigh

CHAMBER ORCHESTRA OF TRIANGLE; Carolina Theatre of Durham; May 22. Contact 919-560-3030 or www.carolinatheatre.org.

VIVA ITALIA; Directed by Alfred E. Sturgis, NC Master Chorale Chamber Choir will perform sacred & secular selections by Italian composers Gabrieli, Palestrina, Monteverdi, Rossini, Verdi & others; Kenan Recital Hall, Peace College, Raleigh; May 24. Contact 919-856-9700 or www.ncmasterchorale.org.

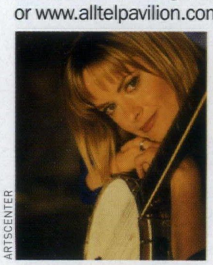
POP MUSIC

ISAAC EPPS; Calypso, reggae & pop rock; Bahama Breeze, Raleigh; Fridays & Saturdays throughout May. Contact 919-872-6330.

SONES DE MEXICO ENSEMBLE; Authentic performance that captures cultural heritage of Mexico; Fletcher Hall, Durham; May 4. Contact 919-560-3030 or www.carolinatheatre.org.

VELVET REVOLVER WITH CHEVELLE; Alltel Pavilion, Raleigh; May 5. Contact 919-834-4000 or www.alltelpavilion.com.

ALAN JACKSON WITH SARA EVANS & THE WRIGHTS; Alltel Pavilion, Raleigh; May 6. Contact 919-834-4000 or www.alltelpavilion.com.

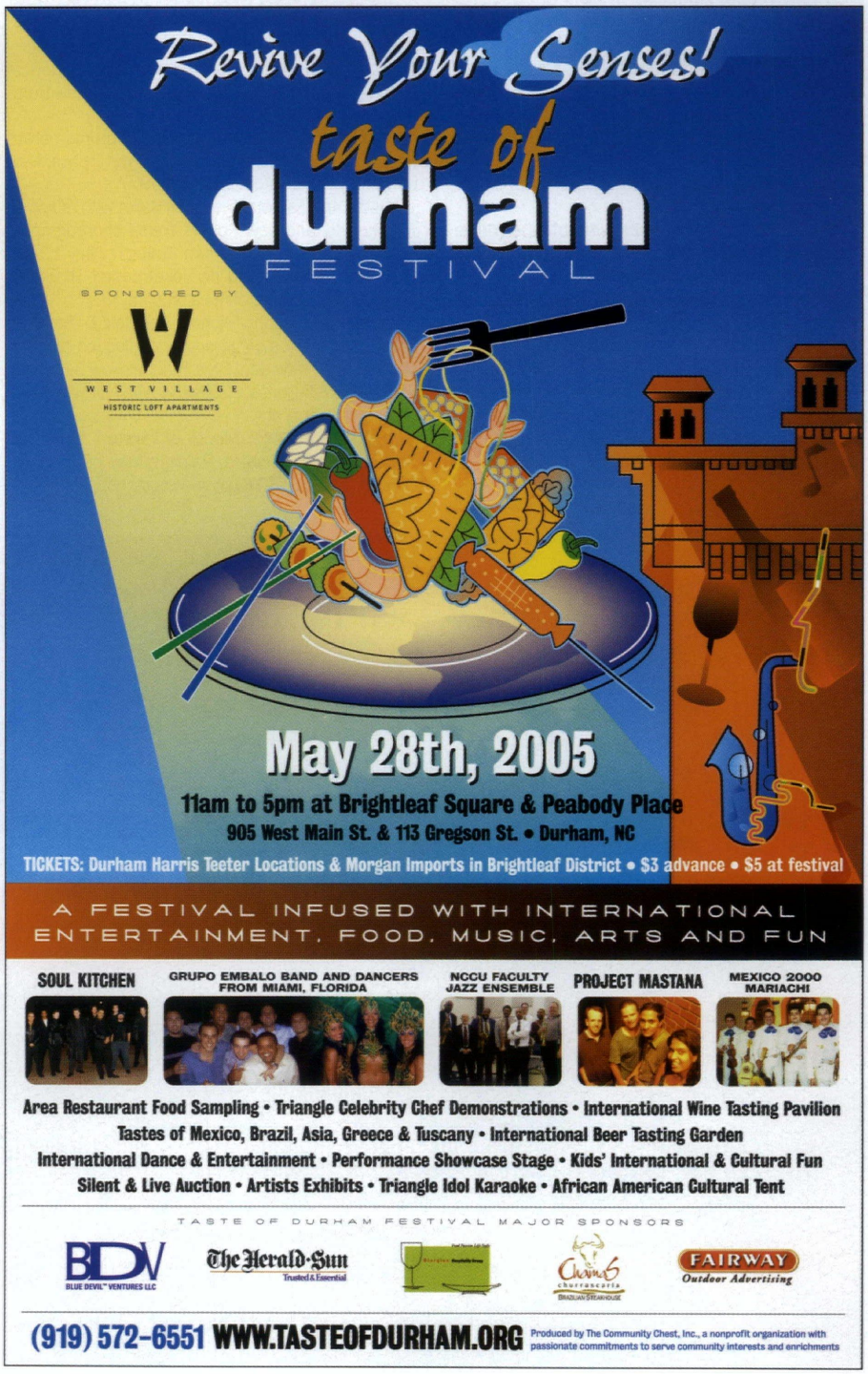


ARTSCENTER

The Alison Brown Quartet performs for the final night of the American Roots Series on May 13 at The ArtsCenter, Carrboro

EVENTS AT THE ARTSCENTER; Carrboro. Contact 919-929-2787 or www.artscenterlive.org:

- **LEON RUSSELL;** Fusion of rock, country, blues & gospel; May 6.
- **CHRIS TITCHNER;** Acoustic rock; May 7.



- **ROBIN & LINDA WILLIAMS & THEIR GROUP;** May 8.
- **ALISON BROWN QUARTET;** Encompasses bluegrass, jazz, folk & celtic roots; May 13.
- **BO LOZOFF & FRIENDS,** human kindness Foundation/ Carolina Biodiesel Benefit; May 14.

PART TIME/PARTY TIME; Listen to beach band & shag the afternoon away; RagApple Lassie Vineyards, Booneville; May 14. Contact 866-RagApple or www.ragapplelassie.com.

CURTIS STIGERS; Jazz singer, saxophonist & songwriter. Performance in Boykin Center, Wilson; May 13. Contact 252-291-4329 or www.wilsonarts.com.

SOUTH LAWN SUMMER CONCERT; 2D Marine Aircraft Wing Band treats attendees to night of jazz & big band music; Tryon Palace, New Bern; May 16. Contact 252-514-4937.

BRIAN MCKNIGHT WITH NEW EDITION & GERALD LEVERT; Alltel Pavilion, Raleigh; May 20. Contact 919-834-4000 or www.alltelpavilion.com.

AL BATTEN & THE BLUEGRASS REUNION; Lake Benson, Garner; May 21. Contact 919-664-8333.

VIVA ITALIA; Kenan Recital Hall, Peace College; May 24. Contact 919-856-9700.

TOBY KEITH, LEE ANN WOMACK & SHOOTER JENNINGS; Alltel Pavilion, Raleigh; June 11. Contact 919-834-4000.

DAVE MATTHEWS BAND; Alltel Pavilion, Raleigh; June 29. Contact 919-834-4000.

STAGE & SCREEN

DISNEY'S *BEAUTY AND THE BEAST;* Spring production of North Carolina Theatre starring Lauren Kennedy & Alan Campbell; Memorial Auditorium, Raleigh; thru May 8. Contact 919-831-6950 or www.nctheatre.com.

OPEN AUDITIONS FOR PLAYMAKERS 2005-06 SEASON; for an appointment, submit photo & resume by May 4; Center for Dramatic Art, UNC Chapel Hill; May 21-22. Contact 919-962-4055.

ACCIDENTAL DEATH OF AN ANARCHIST; Kennedy Theatre, Raleigh; May 5-22. Contact 919-834-4001 or www.burningcoal.org.

ANNUAL RIVER BOAT SHOW; Cape Fear Regional Theatre, Fayetteville; May 13-15, 20-22 & 27-29. Call 910-323-4234 or visit wwwcfrt.org.

AS YOU LIKE IT; Tale of love & mistaken identity; Raleigh Little Theatre's Louise Stephenson Amphitheatre, Raleigh; May 13-15 & 19-21. Contact 919-821-7961.

THE DEVIL & DANIEL WEBSTER; Long Leaf Opera; East Chapel Hill High School, Chapel Hill; May 13 & 14. Contact 919-530-7339 or www.longleafopera.org.

MR. PUNCH MEETS GOVERNOR TRYON; Historical Punch & Judy puppet show; Tryon Palace, New Bern; May 14. Contact 252-514-4937.

FREE MOVIE: *ALAMANCE;* Film to commemorate anniversary of Battle of Alamance; Tryon Palace, New Bern; May 15. Contact 252-514-4937.

SWAN LAKE; Famous Classical Ballet with music by Tchaikovsky and new Robert Weiss choreography; Raleigh Memorial Auditorium, Raleigh; May 19-22. Contact 919-719-0900 or Ticketmaster 919-834-4000 or visit www.carolinaballet.com,

GODSPELL; by John-Michael Tabelak & Stephen Schwartz, features contemporary reflection on parables of Christ; New Bern Civic Theatre, New Bern; May 20-22, 27-29. Contact 252-634-9057 or www.newberncivicthreatre.org.

THEATREFEST 2005; Month of mystery films, NC State University Theatre, Raleigh; May 26-June 26. Contact 919-513-3070 or www.ncsu.edu/arts.

THE LAST FIVE YEARS; Book, music & lyrics by Jason Robert Brown; Kennedy Theatre, Raleigh; June 1-5 & 8-12. Contact 919-828-3726.

2005 SESAME WORKSHOP

Take a "Journey to Ernie" in Sesame Street Live *Out of this World* in early June when Ernie and Friends enjoy squeaky-clean fun at the RBC Center, Raleigh

SESAME STREET LIVE'S *OUT OF THIS WORLD;* Martians land on Sesame Street; RBC Center, Raleigh; June 2-5. Contact 919-834-4000.

THE IMPORTANCE OF BEING EARNEST; Oscar Wilde's play makes fun of English upper classes with lighthearted satire; Sandhills Community College, Southern Pines; June 3-5 & 10-11. Contact 910-690-9069.

MUSEUMS

WORKS BY LISA MORTON, LUNA LEE RAY, & PEG REES; An exhibition of cut-paper collages, mixed media

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SPICE UP YOUR SUMMER

paintings & baskets; Horace Williams House, Chapel Hill; thru May 22. Contact 919-942-7818.

This woven basket by Peg Rees is on display until May 22 in an exhibition at Horace Williams House, Chapel Hill

DREAM; Community art project; submit artwork expressing your dream to Chapel Hill Museum by March 19; view submissions at various public places throughout Chapel Hill & Carrboro; thru May 27. Contact 919-968-2888 or www.communityartproject.org.

PAM DANIELS; Watch Daniels hand-braid colonial-era straw hats; NC Museum of History, Raleigh; May 6-8. Contact 919-807-7900 or www.ncmuseumofhistory.org.

THE WELLS FAMILY; Traditional bluegrass & gospel music presented by PineCone & NC Museum of History; Daniels Auditorium at NC Museum of History, Raleigh; May 8. Contact 919-807-7900 or www.pinecone.org.

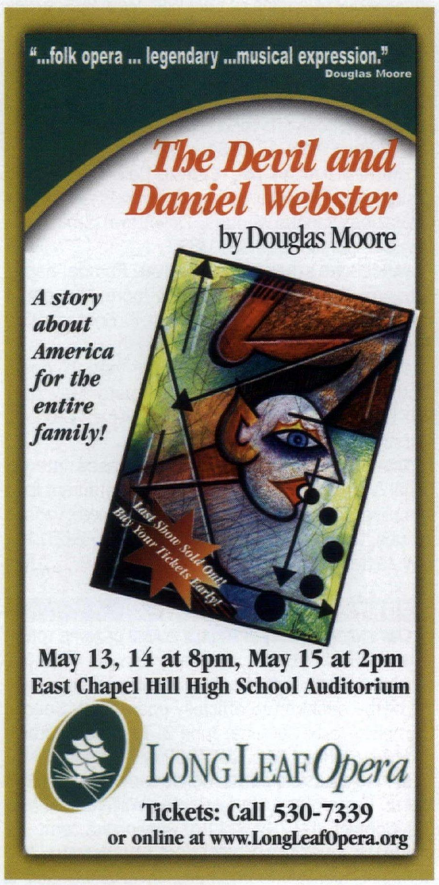
FUSION: CONTEMPORARY GLASS ART FROM NC COLLECTIONS; Celebrates imaginative wonder & opulence of glass from Chapel Hill, Charlotte & Wilson collections; NC Museum of Art, Raleigh; May 8-Aug. 7. Contact 919-839-6262.

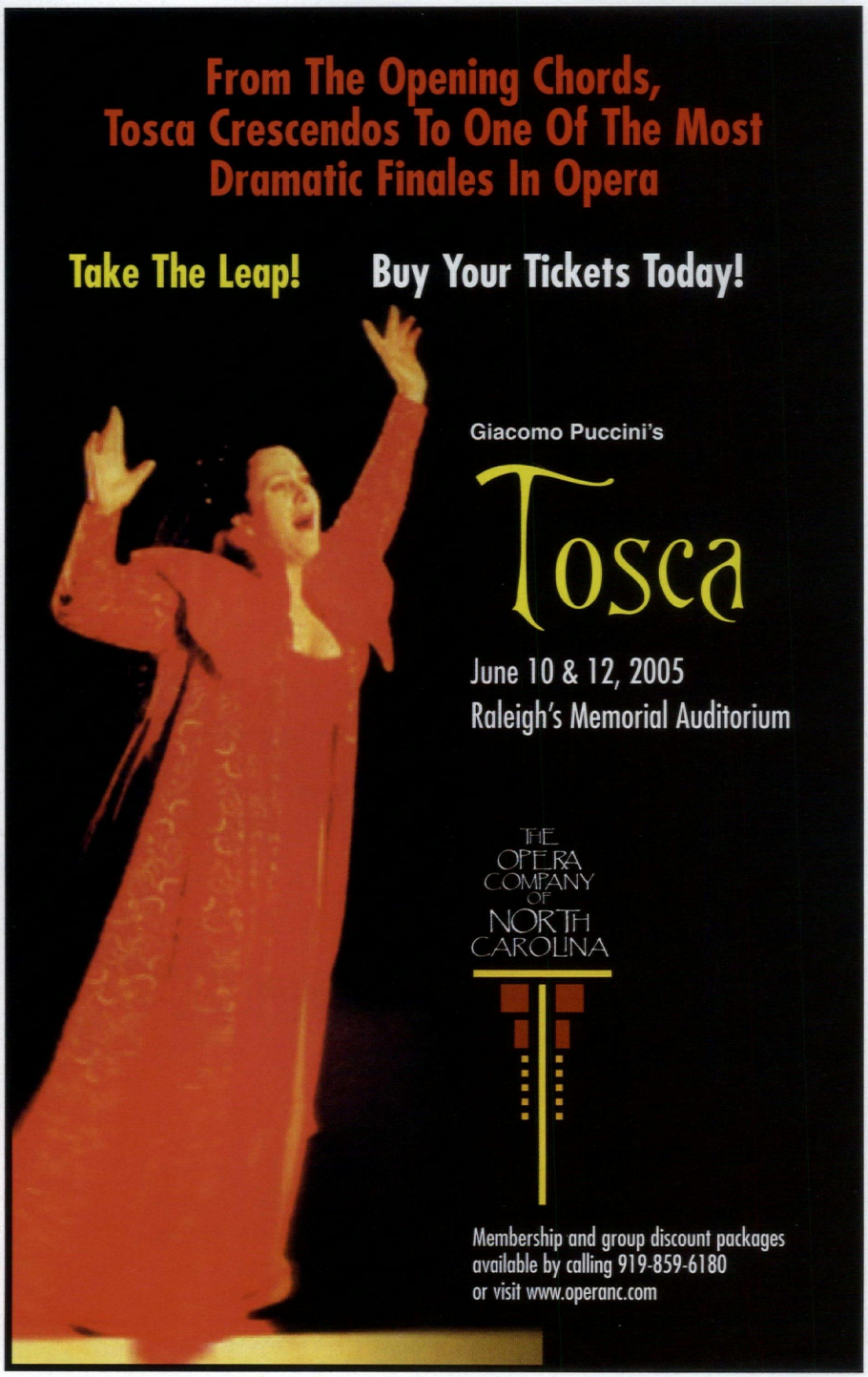
WORLD WAR II REMEMBERED; Hear three WWII veterans recall experiences as members of Eighth Air Force flying out of American bases in East Anglia; NC Museum of History, Raleigh; May 11. Contact 919-807-7900 or www.ncmuseumofhistory.org.

ALL THAT MAKES A MAN; LOVE & AMBITION IN THE CIVIL WAR SOUTH; Stephen Berry, Assistant Professor of History at UNC Pembroke, draws upon diaries & personal letters to tell the stories of six men, detailing roles that love & ambition played in their lives; NC Museum of History, Raleigh; May 14. Contact 919-807-7900 or www.ncmuseumofhistory.org.

IN THE FOOTSTEPS OF B.W. WELLS: SAVANNAS, POCOSINS & CAROLINA BAYS; Follow in the footsteps of a pioneering NC ecologist & explore places he loved & studied during his botany career; NC Museum of Natural Sciences, Raleigh; May 14. Contact 919-733-7450 ext. 555 or www.naturalsciences.org.

NEW CURRENTS IN CONTEMPORARY ART; Exhibit of UNC Chapel Hill's graduate students' paintings, videos & more; Ackland Art Museum, UNC Chapel Hill; May 15. Contact 919-966-5736 or www.ackland.org.





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Art
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Music
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Plein Air Invitational
* 15 Nationally Acclaimed Landscape Artists Paint our Scenic Coastal Environs

* Children's Art Pavilion * Food Court
* Garden Tours

Fun For Everyone

Friday, May 6 10 – 8 pm — First Friday Jazz 6 – 8 pm
Saturday, May 7 10 – 8 pm — American Idol's Sarah Mather 6 – 8 pm
Sunday, May 8 10 – 5 pm — High Noon Song Showdown

CONCERT ADMISSION - AFTER 5 PM:
$5 – Children 5 and under FREE — Friends of Airlie $4 or FREE based on Membership

"Secret Garden" First Look Party (a fundraiser with Art, Hors d'oeuvres and Dancing) on May 5 6 – 10:30 pm

Off-Site Parking ONLY (No Parking at Airlie Gardens) Free Shuttle from Jungle Rapids and The Galleria
For more information Call 910 798-7700 * www.airliegardens.org

Historic Airlie Gardens in Wilmington, NC

LATIN JAZZ: LA COMBINACION PERFECTA; Bilingual traveling exhibition from Smithsonian; Exploris, Raleigh; thru June 26. Contact 919-821-3168 or www.exploris.org.

CONTEMPORARY PHOTOGRAPHY FROM THE ALLEN G. THOMAS JR COLLECTION; Works by Mike & Doug Starn, Sally Mann, Rineke Dijkstra, Adam Fuss, Loretta Lux & Andres Serrano; NC Museum of Art, Raleigh; thru July 17. Contact 919-839-6262.

FESTIVALS

MAYFEST; A festival in celebration of Wilson County's 150th Anniversary, featuring music, art, culture, history, antiques & barbecue of Wilson County; Wilson Arts Center Galleries, the Boykin Center and other venues; thru May 19. Contact 252-291-4329 or www.wilsonarts.com.

HENRY STINDT

Lightnin' Wells of Farmville will perform with some of Wilson County's local greats on May 6 in the Boykin Center, Wilson, for "Mayfest," Wilson County's May-long 150th Anniversary celebration

CIVIL WAR FILM FESTIVAL; Commemorates 140th anniversary of ending of Civil War, view PBS series The Civil War in its entirety; Tryon Palace, New Bern; May 3. Contact 252-514-4937.

BUGGY FESTIVAL; Festival for Carthage & the Tyson & Jones Buggy Factory, includes live entertainment & barbecue cook-off; Various venues, Carthage; May 6-7. Contact 910-947-2331.

SMITHFIELD HAM & YAM FESTIVAL; Celebration showcasing two of Johnston County's famous agricultural delicacies; Various Venues, Downtown Smithfield; May 6-8. Contact 919-934-0887.

VANCEBORO STRAWBERRY FESTIVAL; Parade, barbecue, strawberry eating contest & more; Vanceboro Farmlife Elementary School; May 7. Contact 252-244-0017.

CARRBORO POETRY FESTIVAL; more than 40 poets read; Carrboro Century Center, Carrboro; May 21 & 22. Contact 919-918-7364 or www.carrboropoetryfestival.org.

TASTE OF DURHAM FESTIVAL; Showcases international & cultural entertainment, area restaurant food sampling, arts & cultural experiences & more; various venues, Durham; May 28. Contact 919-572-6511 or www.tasteofdurham.org

SPORTS & RECREATION

LAW ENFORCEMENT OFFICIALS FLAME OF HOPE TORCH RUN; 2000 mile, 16-day torch relay involves 4000 officers tracking through the state & culminating in lighting of the cauldron to officially open 2005 Special Olympics North Carolina, June 3. Torch relay starts mid May. Contact 919-719-7662 or www.sonc.net.

SPRING CLASSIC QUARTER HORSE SHOW; Senator Bob Martin Eastern Agricultural Center, Williamston; May 6-8. Contact 252-792-5111 or www.ncqha.com.

ANNUAL "JUST FOR LADIES" GOLF TOURNAMENT; Two person Superball Tournament; River Bend Golf &

Country Club, New Bern; May 14. Contact 252-638-2819.

SOUTHEAST DISTRICT 4-H HORSE SHOW; Senator Bob Martin Eastern Agricultural Center, Williamston; May 14 & 15. Contact 252-792-5111 or www.ncqha .com.

PRETTY IN PINK FUNDRAISING EVENT; Help Velocity Sports Performance raise money to support breast cancer research & treatments, events include sports contests, shoe fittings, chair massages, drawings for door prizes, silent auction & educational handouts; Sweet Tomatoes, Capital Boulevard, Raleigh; May 21. Contact 919-878-7757.

DUKE CHILDREN'S CLASSIC CELEBRITY-AMATEUR GOLF TOURNAMENT; Join Jeff Foxworthy & other celebrities in a family fun run & golf; Duke University Golf Club, Durham; May 20-22. Contact 919-667-2565 or www.dukechildrens.org.

NCQHA 5TH ANNUAL ALL NOVICE SHOW & CLINIC; Senator Bob Martin Eastern Agricultural Center, Williamston; May 21 & 22. Contact 252-792-5111 or www.ncqha.com.

EVENING CANOE FLOAT; Guided paddling tour; Lake Crabtree Park, Raleigh; May 27. Contact 919-460-2723.

NIGHT HIKE; Hear & see critters in their habitat; American Tobacco Trail, Raleigh; May 28. Contact 919-387-2117.

BLUE RIDGE REINERS MEMORIAL DAY CLASSIC; Senator Bob Martin Eastern Agricultural Center, Williamston; May 28-30. Contact 252-792-5111 or www.ncqha.com.

SPECIAL OLYMPICS NORTH CAROLINA SUMMER GAMES; Raleigh hosts games for 11th consecutive year, volunteers are needed; various venues, Raleigh; June 3-

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Artsplosure is funded in part by the City of Raleigh based on the recommendations of the Raleigh Arts Commission and by United Arts Council of Raleigh and Wake County, with funds from the United Arts Campaign and Grassroots Arts Program of the North Carolina Arts Council, a state agency. This project also received support from the North Carolina Arts Council, an agency funded by the State of North Carolina and the National Endowment for the Arts, which believes that a great nation deserves great art.

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Explore North Carolina's past and learn about its people.

North Carolina and the Civil War
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Artifacts, portraits and photographs associated with the lives and times of our state's leaders and their families.

N.C. Sports Hall of Fame
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NORTH CAROLINA
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5. Contact 1-800-843-6276 or www.sonc.net.

STATE GAMES OF NC; NC's largest Olympic-style amateur sports festival; various venues, Cary; June 4-26. Contact 919-361-1133 or www.nc-sports.org.

POTPOURRI

LUCKY MAY SHOW & SALE; 13 days in May (every Friday, Saturday, Sunday & Memorial Day), Last Unicorn will feature architectural antiques, Charleston castings, home & garden items; Last Unicorn, Chapel Hill. Contact 919-968-8440 or www.thelastunicorn.com.

A RIVER IN TIME: HISTORY OF THE CAPE FEAR RIVER; Display of Cape Fear River's natural & manmade history; Headquarters Library, Fayetteville; throughout May. Contact 910-483-7727.

PAPER UNDER PRESSURE; An exhibition of limited edition hand-pulled prints in various techniques; Carrboro Branch Library, Chapel Hill; thru June 14. Contact 919-969-3006.

ART IN THE GARDEN; Stroll through gardens & see exterior art throughout the village; Fearrington Village, Pittsboro; thru June 30. Contact 919-542-2121 or www.fearrington.com.

CAMERON ANTIQUES FAIR; More than 300 dealers display their antiques & collectibles; Historic District of Cameron; May 7. Contact 910-245-7001. or www.antiquesofcameron.com.

ARMED FORCES FAMILY FREE DAY; Gardens & historic homes free of charge to military families; Tryon Palace, New Bern; May 7. Contact 252-514-4937.

MAY PLAY DAY; Entertainment, fun & food; Rocky Hock Community Center, Edenton; May 7. Contact 252-221-4875 or www.visitedenton.com.

RUMMAGE SALE; Benefits Perquimans County Rescue Squad; Albemarle Plantation, Hertford; May 7. Contact 252-426-5727.

OLD TIMERS GAME; Raise funds for high school's athletic department; Perquimans County High School; May 7. Contact 252-426-5636.

GATHERING IN THE GARDENS; Beautiful views, food & entertainment; Tryon Palace, New Bern; May 13. Contact 252-514-4937.

GROWING ROSES IN NC; Ken Schmidt of Eastern NC Rose Society lectures on varieties suitable to region & techniques to keep roses healthy & producing blooms; Tryon Palace, New Bern; May 14. Contact 252-514-4937.

MEET THE JC RAULSTON ARBORETUM'S CURATORS & GARDENERS; Volunteers discuss the gardens & collections, as well as their history; JC Raulston Arboretum, NC State University; May 14. Contact 919-515-3132.

ASTRONOMY VIEWING SESSION; Join astronomers from UNC's Morehead Planetarium; Ebenezer Beach, Apex; May 14. Contact 919-362-0586.

CHILD SAFETY PROGRAM; Community event providing parents with tools necessary to prevent violence against children; Westgate Chrysler Jeep Dodge, Raleigh; May 14. Contact 919-981-1021.

HILLSBOROUGH SPRING GARDEN TOUR; Tour 10 public & private gardens throughout Historic Hillsborough; May 14 & 15. Contact 919-732-7741 or www.historichillsborough.org.

AFRICAN AMERICAN WALKING TOUR; Learn about 300 years of African American history on walking tour of New Bern's historic district; Tryon Palace, New Bern; May 15. Contact 252-514-4937.

A COLLECTOR'S VIEW OF MEXICO; Review of what has been learned in 25 years of exploring temperate zones in Mexico, lecture by Carl Schoenfeld of Yucca Do Nursery in Hempstead, Texas; Ruby C. McSwain Education Center, JC Raulston Arboretum, Raleigh; May 19. Contact 919-515-3132.

PIG-OUT ON THE GREEN; Plates can be taken away or eaten on Perquimans County's courthouse green; May 20. Contact 252-426-1425.

TEACCH AUTISM PROGRAM GALA; Dinner & dancing to Bluegrass & Country Swing music & live auction; The Barn at Fearrington Village, Pittsboro; May 20. Contact 919-966-4126 or www.teacch.com/gala.

TRADITIONAL SOUTHERN GARDEN PARTY; Join ladies & gentlemen dressed in spring finery to capture the charm of the South, benefits historic Newbold-White House; Newbold-White House, Perquimans County; May 21. Contact 252-426-7567.

ART OF LIVING DOWNTOWN HOME TOUR; Self-guided tour featuring 14 residential properties; Downtown Raleigh; May 21. Contact 919-807-8479 or www.raleigh.nc.gov/hometour.

WILLIAM BARTRAM: PHILOSPHER, NATURALIST & POET; Dr. Richard Hall of Fayetteville State University presents a lecture on William Bartram, distinguished Quaker naturalist whose travelogue documents exotic flora, fauna & people native to southeast America; Headquarters Library, Fayetteville; May 28. Contact 910-483-7727.

THE GREAT PLANTS/THE GREAT PLANTS-PEOPLE; Two-day event filled with lectures, tours, workshops & exclusive shopping privileges; Plant Delights Nursery, Raleigh; June 3-4. Register online at www.hortmag .com or by calling 877-436-7764.

Our thanks to Sarah Jurek for her assistance with Preview.

EDITOR'S NOTE: *Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith,* Metro Magazine, *1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.*

For further information go to:
www.raleighspyconference.com
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or (919) 807-7917

WHEN & WHERE: Wednesday evening **August 31st** — noon Friday **September 2nd** at the North Carolina Museum of History

Speaker line-up to date:

HARVEY KLEHR: Andrew Mellon Professor of Politics at Emory, Cold War scholar and author of seminal books on the impact of Soviet propaganda on academia.

JOHN EARL HAYNES: Library of Congress 20th Century Political Historian and co-author with Harvey Klehr on a series of books and articles covering communism, history and espionage.

RONALD RADOSH: Professor Emeritus of History, City University of New York and adjunct Senior Fellow at the Hudson Institute; author of The Rosenberg Files. His new book, Red Star Over Hollywood: The Film Colony's Long Romance with the Left, written with his wife Allis, is set for publication in May 2005.

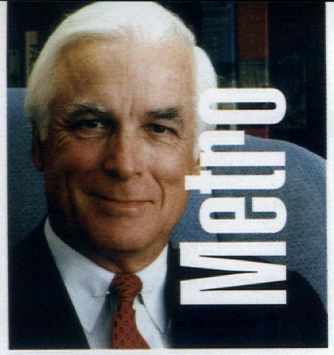
IC SMITH: Former FBI Special Agent in Charge speaking on China's espionage activities in the US.

NIGEL WEST: Military and intelligence historian, former Member of Parliament and author of 26 books, including "Venona: The Greatest Secret of the Cold War".

RALEIGH Metro MAGAZINE

Presented by Bernie Reeves, Editor and Publisher of Metro Magazine and the North Carolina Museum of History

NORTH CAROLINA MUSEUM OF HISTORY



Editor-at-Large

by Jim Leutze

ATHLETIC GRADUATION RATES A SCANDAL

Now that "March Madness" is well behind us and we have learned who is the fairest of us all, perhaps we can return to another serious basketball issue. In January the NCAA fired a shot across the bow of college athletic programs, passing a package of reforms requiring Division I programs to keep athletes on track toward graduation. Failure to have half of a team's players on track would result in teams losing scholarships or eventually being barred from post-season play. Can you imagine such a thing? Student athletes required to progress toward graduation? And we're not even talking about all of them, just 50 percent of them. Had these rules been enforced on this year's 65 teams selected for the NCAA tournament, 42 of them would have been ineligible. LSU and Minnesota had graduated none of their players. Also at risk would be Southern California that became unofficial national football champion by beating Oklahoma in the Orange Bowl, and Connecticut that won the NCAA basketball championship last year.

Now this shouldn't come as a shock to anyone who has been following college athletics, especially college basketball. For years the NCAA has been huffing and puffing about graduation rates, trying to cajole or shame schools into improving. In the 1980s they raised academic requirements under Proposition 48. In the '90s Proposition 16 further tightened standards. The whole idea was to insure that only students with the academic ability to graduate would be admitted—so graduation rates would, *ipso facto*, improve. But for each Proposition there was a Catch 22 discovered by those determined to undermine the system and "give a chance" to academically challenged athletes who might not be able to spell, but had a great jump shot. Since graduation rates are regularly published, it was no secret that many of these rogue programs were rolling right along.

Of course, being published doesn't necessarily mean the statistics can be interpreted. Look for yourself on the NCAA Web page and see if you can understand the gibberish. The new standards are only a little less arcane and more transparent. Instead of graduation rate or progress toward graduation, we are introduced to Academic Progress Rate (APR), which I thought was Annual Percentage Rate as in loans and mortgages. A perfect APR is 1000, but the minimally acceptable score is 925, which translates to approximately a 50 percent graduation rate. Thus 1000 equals 100 percent and 925 equals 50 percent; what math wizard came up with that? As reported in the *Washington Post*, slightly more than half of all Division I schools (51.2 percent) would fall below the 925 APR cutoff and be subject to scholarship reductions. In the ACC, virtually everyone other than Duke, UNC-CH, Wake Forest and Virginia had numerous programs in trouble. The penalties lose a little of their sting since some would start now ("contemporaneous") with the more severe ones ("historical") held off for three years. While the NCAA would probably do well to hire someone to better "frame" or "spin" its pronouncements, this shot clearly splashed a lot of water on the deck.

RONALD MARTINEZ/GETTY IMAGES

I have some unusual insights on college athletics since I was a Division I scholarship athlete. (In my case my grade point average was a greater asset to the team then my tackling.) As a professor and member of the Faculty Senate at Chapel Hill, I observed the athletic program closely and taught many basketball players who, by the way, came to class. Then I was President of Hampden Sydney College which had a competitive Division III (no scholarship) athletic program. And most recently I was Chancellor of UNC-W, which has one of the highest graduation rates for its athletes in the country. So, as distinct from some subjects on which I have opinions, on this one I know what I'm talking about, and some of what I know about college athletics doesn't make me very happy.

To start on a philosophical note, it is my contention that universities, sometimes called Ivory Towers, should be about the search for truth. That is what the quiet green campuses and hushed libraries are for—contemplation and reflection. However, when colleges participate in a charade, claiming that student athletes are something they are not, they call into question the whole truth-seeking business. And then when they compound the problem by allowing big donors to interfere in the affairs of athletic departments, they sell not only their independence, but their souls as well.

That argument may be a bit heavy, so let's turn to potential solutions. Why not have colleges and universities give up the platitudes about student athletes and organize semi-pro teams to represent their institutions. The big money supporters who hanker to run the college sports programs could finance and run these teams without interfering with athletic departments. Schools could rent their facilities to the teams when their regular students weren't playing games, and even offer classes at a reduced rate to

the "Lions" or "Bears" or "Tigers" who wanted self-improvement. When the players showed sufficient promise, they could move seamlessly up to the pros without claiming, as they now do, special status for hardship. And this is one of the real exploitations of colleges: when sophomores or freshmen jump from the campus to the pros, thus exhibiting for all to see the role of institutions of higher learning as mere farm teams for the pros. Finally, the players could be paid commensurately to the real value of their helping pack the coliseum.

But paying them wouldn't address the issue of graduation rates, although it would more fairly differentiate them from regular students.

In any case these ideas might take awhile to initiate, so for a quick fix I have another idea. When choosing teams for post-season play, why not add progress toward graduation to the list of factors weighed when choosing participants? The way the NCAA tournament works now, the winner of every conference championship receives an automatic bid; however, the conferences could rule that lack of progress toward graduation would disqualify a team. But even if the conference champions went, there still are the other teams that make up the field of 65. For these teams and for those that go to the less prestigious National Invitational Tournament (NIT), the selectors consider a range of factors, including the power rating of the team, home court attendance, and so on. Why not add graduation rate or APR to the list and give it significant weight? And let's not wait, let's do it next year. And, when publishing a team's record, let's have wins and losses plus APR (W 20 – L 10 – APR 17).

AP PHOTO/ERIC GAY

I bounced these ideas—no pun intended—off a friend of mine who is on the group considering reforms within the NCAA. His immediate response was "The TV people who want to insure competitiveness wouldn't like it." Huh? My first reaction was going to be "what the heck does TV have to do with it" but then reality struck. It's about the money, stupid! He who pays the piper, calls the tune. But even if competitiveness is the issue, would teams playing teams with equivalent graduation rates be boring? Before you answer, you might want to know, in case you've been asleep, in this year's Final Four UNC-CH and Michigan State have graduation rates above the 50 percent range. Moreover, anyone who thinks that a contest between two teams who graduate their players is not competitive have never watched Carolina go at Duke, or at another level watched UNC-W play William and Mary, or at the Division III level watched Hampden Sydney square off against Randolph Macon. MM

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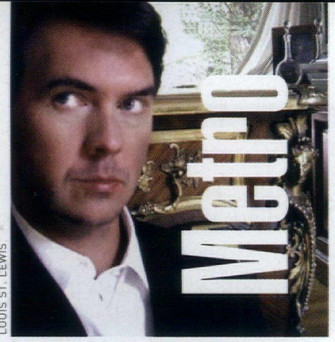


LOUIS ST. LEWIS

Artist-at-Large

by Louis St. Lewis

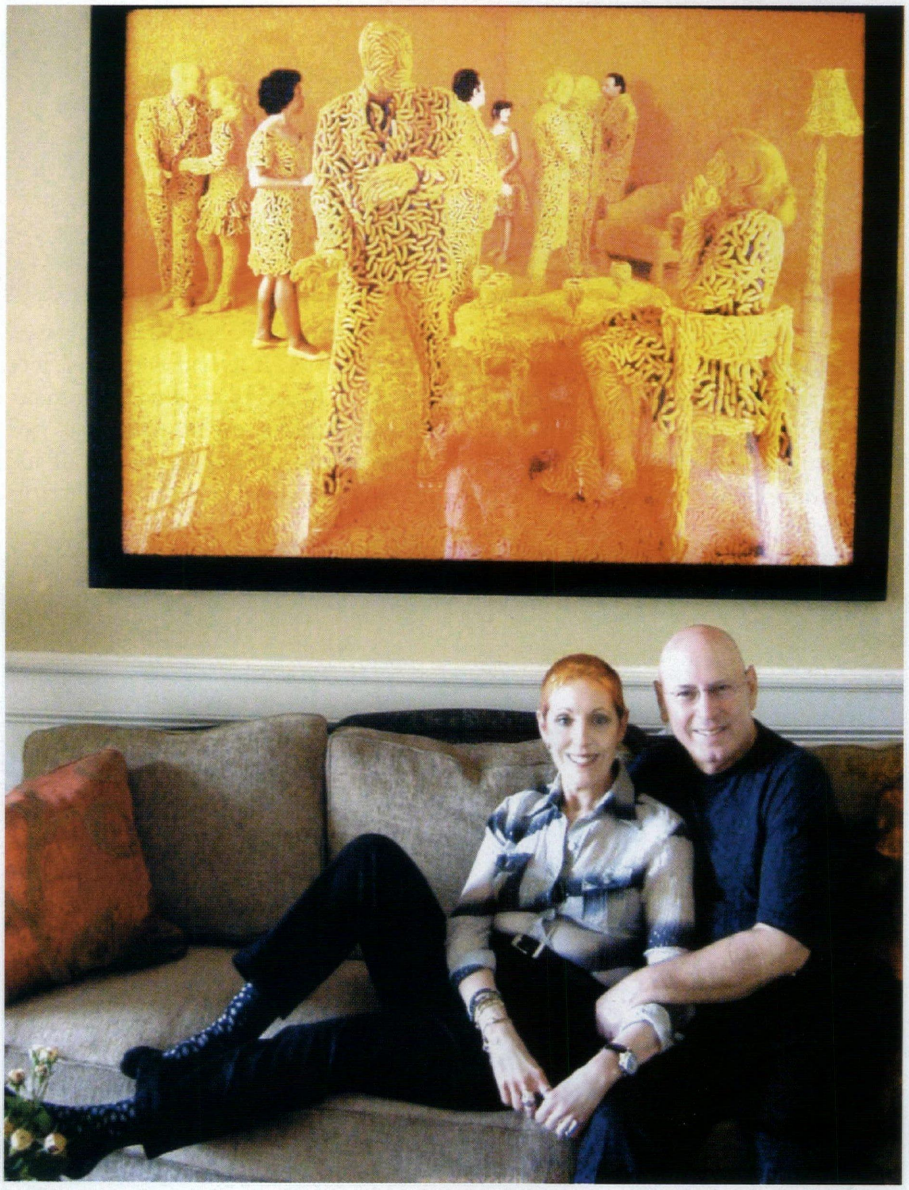
THE ART OF GLASS; ARTFUL OPERA

Sometimes you see someone across a room and you just know that it has to be SOMEBODY. Something about the way they move, the way they dress, the demeanor, the confidence? Well, I've never seen it fail, and it certainly didn't fail when I chanced on meeting Francine Pilloff. I first noticed her in a country club setting. She was like a nightingale in a roomful of old crows. Flame red hair, glitter eye shadow, the latest sensual designs by Gaultier, Chanel or Prada...sheared pink mink, imaginative jewels... someone who obviously was in a former life the muse of Gustav Klimt, or a Bacchante, running wild in the woods with poppies in her hair.

In this life Francine and her husband Benson are more like modern day Medici's to glass artists and photographers, and the North Carolina Museum of Art in Raleigh will be showing part of their amazing art glass collection—along with glass items from the collections of Sonia and Isaac Luski and Lisa and Dudley Anderson—in a show titled "Fusion: Contemporary Art Glass from NC Collections" beginning May 8 and running through August 7.

I recently spent the afternoon chatting with the Pilloff's in the lovely new home they just built in the rolling countryside north of Chapel Hill. The rooms are large and gracious, sunlight spills from huge windows and the spaces flow and flow. Around each corner either an amazing piece of modern art glass or a stunning fine art photograph surprises. (One huge glass sculpture in the entryway resembles an exclamation point. All three of us placed our heads against the sculpture to peer into its depths—the effect was like frozen champagne.)

Normally, when I think of glass collectors I think small scale, but Francine discussed the fact that even though the house has the presence of a small museum, many pieces were currently in transit from their home in Cleveland, including one sculpture that weighs over 3000 lbs. That's some heavy glass, but then Francine and Benson are both heavyweights in the glass world themselves. Francine is a past president of the International Art Alliance for Contemporary Glass, as well as founder of the Ohio Art Alliance for Contemporary Glass. After a humble beginning, with three small works, Francine and Benson caught the collecting bug big time, and can now list major players, such as Dale Chihuly, as a friends. Art has infiltrated all



ST. LEWIS

Francine and Benson Pilloff

BARRY SLOBIN

The Merry Widow

aspects of this couple's life. Benson is a talented glass blower in his own right and the Pilloff's are the angels behind an amazing performing art camp in Cleveland that places emphasis on children with special needs. To top it off, for the couple's 40th wedding anniversary this year, Francine has commissioned a ballet featuring the haunting refrains of Celtic and old Gaelic music.

IMAGINATION, either you have it or you don't. It can't be taught; it's just something that springs up like an artesian well in the soul... and it has to get out. If you do have imagination, like art collectors Benson and Francine Pilloff, then life can be a spectacular ride. Call your state representatives and ask that we clone them immediately 100 times over. The Fusion show will feature work by 15 artists including North Carolina artists Rick Reck, John Kuhn, Harvey Littleton, Mark Peiser, and Richard Ritter.

•••

I never listened to opera as a child. I didn't understand it. Now that I have lived life I understand it. Not that I have loved and lost, almost killed and almost been killed, almost poisoned and almost been poisoned, almost stabbed and almost been stabbed, I understand exactly what's going on. Luckily for us here in the Triangle, Robert Galbraith and Margaret Poyner Galbraith have led the Opera Company of North Carolina from sweet success to sweet success. I don't know if you will get this issue in time, but the Opera Ball will be held on May 6th at the newly renovated over-the-top ballroom at Prestonwood Country Club, and everyone who is anyone will be there: a fabulous artist you all know and love has even been commissioned to create a new image for the Opera Company, so you should make the effort to come on out. Recent events included the amazing Susane Mentzer, who wowed the crowd on a dismal rainy night, even with a migraine, and the recent *Merry Widow* received deafening applause. Just around the corner, The Opera Company is presenting the eternally dramatic *Tosca* on both June 10 and 12—don't you just love the ending? It's not too late to become a member. Send in a donation, get great seats or sell your first-born child for a good cause. Feel free to contact the opera at 919-783-0098 or write them at info@operanc.com. MM

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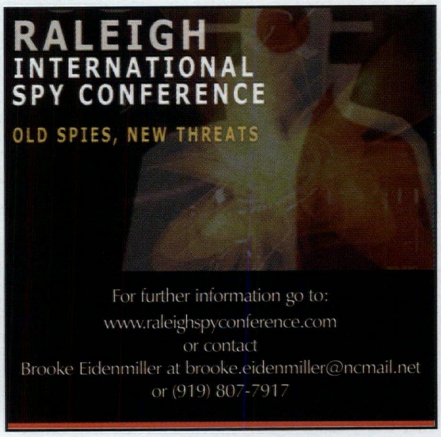

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by Carroll Leggett

SOMETHING I LEARNED FROM MOTHER

It's May again and Mother's Day. Rather than musing about my own mother, I asked friends to share something they learned from their mothers—something that has stuck in their minds and guided or amused or simply impressed them.

I'll begin next door with my neighbor Penelope Niven, who last year received the North Carolina Award for literature. Although she is best known as a biographer, her "inspirational collection of musings," *Swimming Lessons*, was an instant success. Penny, whose sense of place and appreciation of Southern "ways" are a continuing source of delight, shared the following paragraphs from the book.

"I grew up in Waxhaw, North Carolina, with a Super Mother: Eleanor Marsh Hearon Niven cared for home and hearth—and was active in more circles, clubs and organizations than we could count. (A)s her health diminished, Mamma spent most of her time in bed. One day my sisters and brother and I were trying to coax her into getting up so we could take her on a brief excursion out of her room. 'No,' she sighed regally from her bed, one hand to her brow, 'a person can only do so much.'

"Having lived all our lives with the sometimes daunting specter of our mother's high energy and expectations, we were astonished to hear these words. But she was right. A person can only do so much, and it is a mark of wisdom to recognize and honor that," Penny wrote in *Swimming Lessons*.

I talked with "Cousin" Tim Valentine—there's a Leggett on his Momma's side somewhere—who since retiring from Congress has taken to Nash County bucolic life, squeezing in phone calls between hauling heifers to market and taking extended afternoon naps— a life style to which I aspire.

Tim learned when he was in college that one never wins an argument with his mother. "Mother, who was a teetotaler, was giving me a lecture about the evils of drinking, and I decided to debate her," said Tim. "That was a mistake.

"'Why, Mother, gluttony is just as much a sin as drinking,' I declared.

"'Maybe so,' she replied, 'but have you ever heard of a man eating so much that he beat his wife?'"

Nothing worried our mothers as much as the fear that we would "get in with the wrong crowd." Lee Johnston at UNC-Wilmington had a Sunday School-going mother from Everetts in Martin County.

"Mother always said, 'Go to church. You meet the right kind of people there.'

"At the time Mother was telling me that, I wanted to tell her that I was not looking to meet that kind of folks yet. I still had wild oats to sow."

Growing up in Four Oaks, my sister-in-law, Kay Creech Lanier—now Dean of Curriculum Programs at Johnston Community College—got some advice about church from her mother, Jessie Johnson Creech. "It's impolite to turn around to see who is coming in late," her mother told her. A second lesson stuck with Kay also. "It's better to have a few nice things than a whole lot of junk." She still believes in quality.

Bet Taylor Bone, now of Cary, was reared in Pink Hill. Her sisters, Mary Lee and Dot Taylor, were good friends when I lived in Raleigh in the early '70s.

"When we were growing up," said Bet, "our mother, Mozelle Howard Taylor, taught us all of Life's Lessons as any good mother does. But she also taught us something else. Mamma corresponded by letter. Mamma wrote each of her children once a week and we continued that as we moved away from home.

"I never realized the importance of those letters until my s ister, Dot, presented me with all the letters I had written to her (bound chronologically) while my son Brady was growing up. What a treasure," Bet said. "They serve as wonderful memories of times forgotten."

Dr. Benjamin Speller, a distinguished professor at North Carolina Central University and President of Historic Hope Plantation Foundation, was born only a mile or so from where I was.

"When I was growing up in Bertie County on the Outlaw and Speller family farms, I learned early from my mother, Mamie Bond Speller, 'You may have to help others first in order to help yourself.'" She got that saying from her mother, Elizabeth Rascoe Bond.

Margaret Tyler, the Down East cultural dynamo and antiquarian, made any gathering memorable. But Margaret expected folks to do their part, make good conversation and provide a little insider information from time to time—society, politics, whatever. Once when Margaret was stuck with a boring dinner companion, she leaned over and whispered in my ear, "I can tolerate most anything at this point in my life except bad company."

Molly Urquhart, of Raleigh and Bertie County, provided comments about a social ploy to avoid "bad company" that Molly

learned from her mother's friend Thora—a woman after my own heart.

"Thora, known for her kindness to everyone, occasionally would invite a less-favorite friend (there were ladies she didn't care for, but no one that she wanted to offend) to play bridge or go to a movie—but ONLY after she had learned from another source that the person already had made other plans. Thora called this 'saving my manners,'" said Molly.

"My approach is, 'Bad company is best diluted.' If I have a social obligation to someone who is uninspiring, I 'save my manners by including that person in a group that is as large as possible.'"

I wish I had more time to spend with my long-time friend Carolyn Watts, who moved from DC to take a position with the NC EMC several years ago. She's a piece of work, and apparently she came by it honest.

"My mother was the typical stay-at-home, *Leave it to Beaver* mother," said Carolyn. "But once I hit my mid-teens, she started telling me stories of her youth. I had no idea!!!!!! She went to a Halloween Party dressed normally, except she had two light bulbs in her bra and a switch in her dress pocket. When an unsuspecting person was watching, she'd 'flash' them. MY MOTHER???"

My Usual Charming Self had a most memorable mother. I can attest to that. So I asked for a comment about Cam Reeves.

"We weren't allowed to call Cam 'Mother.' She taught us 'women had lives, too,' and she was not put here to spend every moment being a housefrau. She created an environment in our home based on her English upbringing in New Zealand," said My Usual Charming Self. "Tennis and golf, reading and travel, memorizing poetry and being responsible to the reality that educated and cultured people have a responsibility to live up to their genes and their rearing were her credos. The big thing: Cam would not tolerate idleness or whining. We got up and did, and if we complained, we were ignored. Her favorite line as she grew older was 'how do you expect me to remember everything I know?'"

Ignoring My Usual Charming Self would take some doing, I expect.

Rev. David Moore, minister at the Metropolitan AME Zion Church in "Little" Washington, is doing amazing things to improve that community.

"My Mother wrote one of her favorite sayings in my yearbook when I graduated from high school," said David.

"'Love many, trust a few, but always paddle your own canoe.'"

For sure, he has taken her advice.

My friend Ben Floyd Jr., who lives here in Winston-Salem with his wife Rita, is the son of the late, long-time Clerk of Court in Robeson County. His mother, Edith Taylor Floyd, still lives there.

"I remember her saying two things," said Ben.

"'You're no better than anybody else, but you are just as good as everybody.' And 'Don't ever come home sporting a tattoo or riding a motorcycle.'"

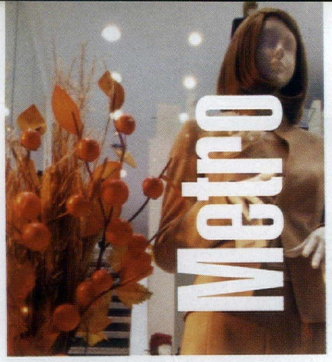
Between you and me, Mrs. Floyd, I can't think of better advice. My mother doggone near had a nervous breakdown when my oldest brother roared up hugging a Harley with his knees.

My seatmate for three years at the Wake Forest Law School was prominent Wilmington Attorney Alton Y. Lennon. His mother, Karine Welch Lennon, wife of the late Congressman and United States Senator, Alton Asa Lennon, is 96 (forgive me for mentioning your age, Mrs. Lennon) and living independently in Wilmington. She led a privileged life as part of glamorous New Haven and New York society, then met young Wake law graduate Alton A. Lennon, married him and moved to Wilmington—then a sleepy southern coastal town.

"I asked mother why she did it," said my friend Alton, "and she said simply, 'I loved your father from the first minute I saw him, and I knew life with him would be a great adventure. I have never looked back.'

"Then she looked at me and said, 'Always be willing to risk everything for someone—or something—you love.' She has lived by that credo."

Happy Mother's Day, Mrs. Lennon.



Style

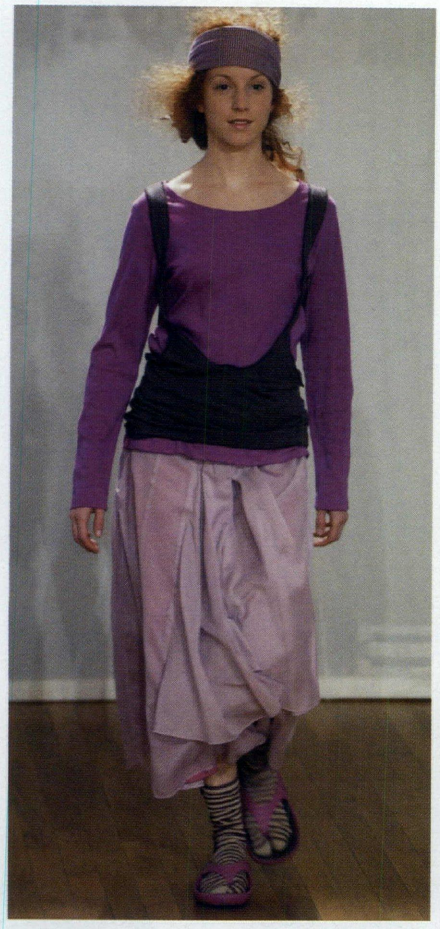
by Molly Fulghum Heintz

SMASH HITS FOR MAY

"It's May! It's May! That gorgeous holiday..." goes the song from the musical Camelot. The month of May does indeed seem to be one long holiday, beginning with May Day, ending with Memorial Day and featuring in between Cinco de Mayo, National Candied Orange Peel Day and, most importantly, Mother's Day. In the Catholic tradition, the entire month of May is dedicated to that most famous of moms, Mary. But according to folklore, May is not a good month for marrying ("Marry in May and rue the day"), which may account in part for the popularity of nuptials in June, a month favored in Roman times because it was dedicated to Juno, the goddess who protected marriages. So this month, relax during pre-wedding season weekends, revel in balmy weather and pay some respect to the lady who got your party started in the first place, Mom.

TRUE FEMINITY

For a smash-hit Mother's Day gift, visit the Mehera Shaw boutique in Carrboro's Carr Mill shops. Gorgeous hand-block prints from North India set apart this newcomer clothing line, as does the company's socially responsible mission. Committed to fair trade and ecologically sound business practices, Mehera Shaw makes its garments with natural fibers, such as cotton and silk, and manufactures using traditional, artisan methods. The line was started by the husband and wife team of Mark and Shari Keller, who met in 1997 on a trip to India, where Mark was buying for his jewelry design business and Shari was working on a PhD in anthropology. Their overlapping interests in Indian artisan crafts and fashion blossomed into a small North Carolina-based clothing company with a philosophy of "true femininity." What the designers mean by this becomes immediately obvious upon trying on a floral printed



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Mary Phillips puts sassy quotes on T-shirts, memo pads and cocktail napkins. Phillips donates a portion of her sales to the Susan G. Komen Foundation for Breast Cancer Research.

cotton scarf with beaded fringe. The perfect complement to a summer sundress—or even a T-shirt and jeans, the effect is beautiful and soft but full of character and attention to detail. It looks like a scarf with a romantic back story, and it probably will be after a few wearings. The boutique also features pretty voile skirts and charming

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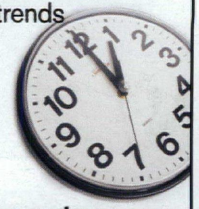

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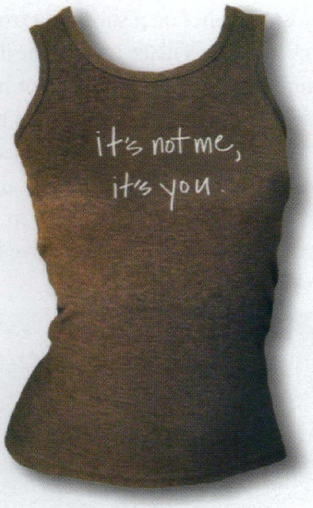

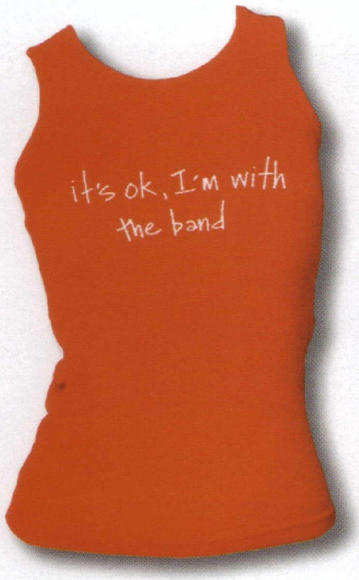

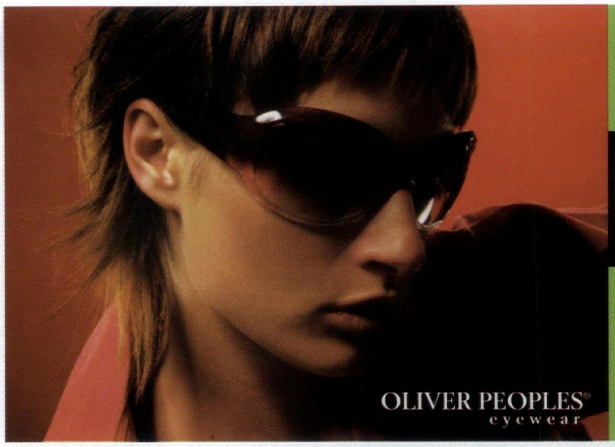

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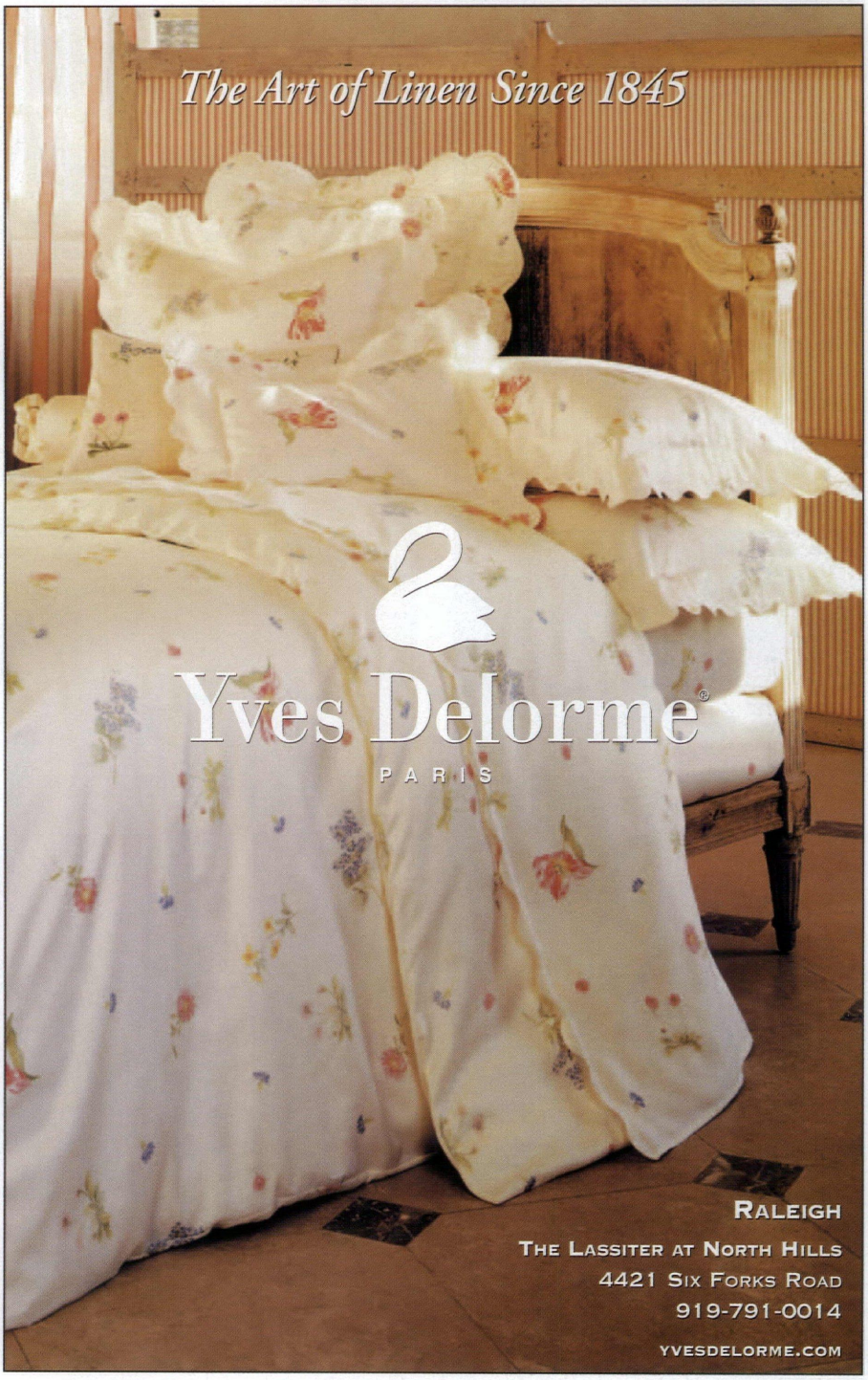

blouses and jackets, delightful wardrobe staples for real life (www.meherashaw.com). And here's another May Day to remember: May 14 is World Fair Trade Day.

CLEVER DESIGN

Does Mom have an inner free spirit that is trapped in a uniform of button-downs and khakis? Take her on a shopping trip to SoHo in Cameron Village, where she'll see that being stylish these days does not have to include navel-baring jeans, sequined tank tops or handbags decorated with seven pounds of hardware. Martha Parks carries a slew of smart, creative designers in her shop, including Lilith, an innovative line

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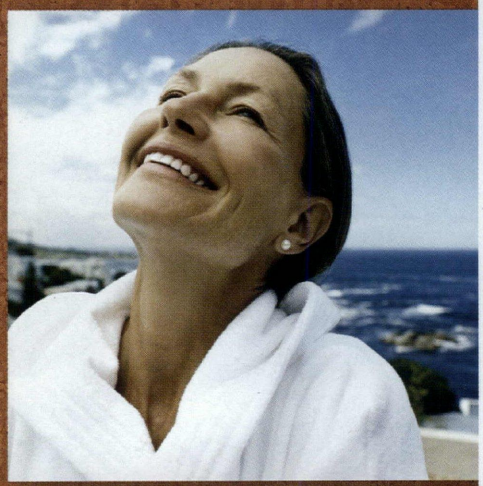

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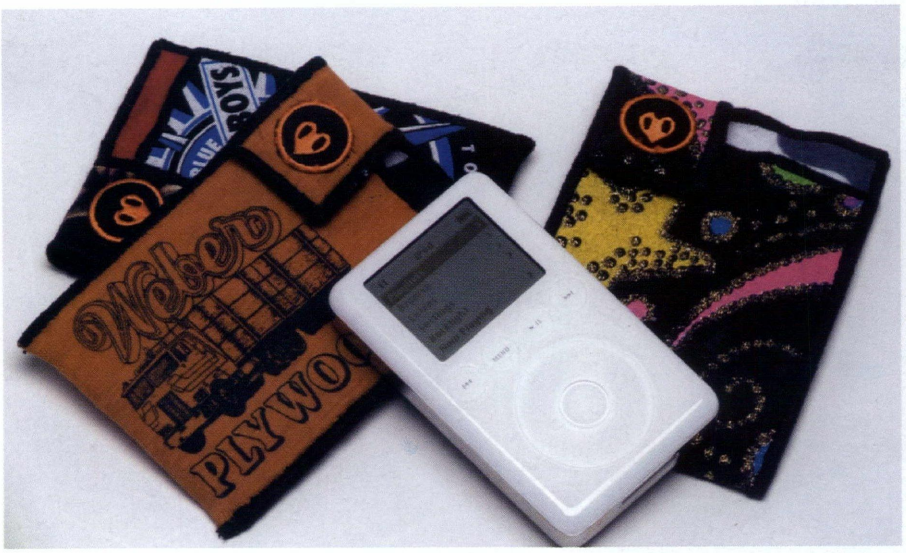

Cronick Valentine takes old T-shirts and transforms them into a tote or a cover for our ipod.

by French designer Lily Barreth. Each Lilith piece seems to have a secret—it's reversible, it can be styled 10 ways, or it transforms into something useful. Barreth considers fashion to be an art of daily life and dressing to be an exercise in creativity and self-expression. Through clever design tricks, many pieces become couture items as the wearer customizes the fit and look to suit her size, body-type and mood. From the spring collection, check out the cotton and elastene sundress with ruffles at the hem, or the khaki jacket and pants in cotton and canapa fiber. One top has a shawl collar that transforms into a hood; the silhouette can be adjusted at the waist with an elastic clip. Lilith reminds us that fashion should be fun and conformity is a yawn.

FASHION NEWS

May 3- May 4; Estate Jewelry trunk show to be held at **Elaine Miller Collection,** 919.571.8888

May 19- May 21; **Razook's** will hold a Bridal and Debutant trunk show featuring exclusive designs from Razook's custom designer, 919.833.6121

May 20- May 21; **Elaine Miller Collection** will hold an Elizabeth Locke Trunk Show with an in store appearance, 919.571.8888

Quintessentials at The Lassiter in North Hills has been named the exclusive retailer of Royal Copenhagen's Foral Danica in the Carolinas. They are also the exclusive dealer of Cartapesta figures and Neapolitan angel figures. Visit the store to see the collection, 919.785.0787

Look for local jeweler/ metalsmith, **Gretchen McLaren** on HGTV's show "Crafters Coast to Coast" who recently came to town to film Gretchen making a pair of earrings in her studio. The show is set to air Mon, May 23 at 11:30am. Screening party to view show will be May 25 at Designbox Gallery, downtown Raleigh. For more information, go to www.HGTV.com

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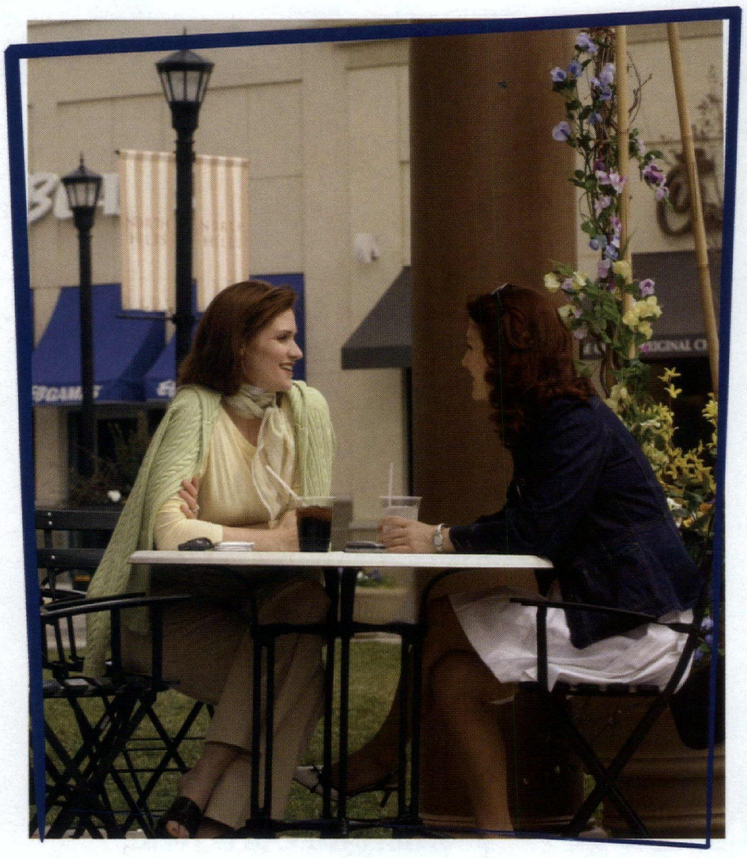

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Cronick Valentine tote made from reincarnated T-shirts.

T-SHIRT REHAB

Speaking of transformation… does Mom have a bee in her bonnet about your favorite old beaten-up T-shirt? Give the gift of making it go away… sort of. At Cronick Valentine, a shop in New York City, the owner can take a vintage tee and reincarnate it as a chic tote or a custom cover for your ipod (www.cronickvalentine.com)—

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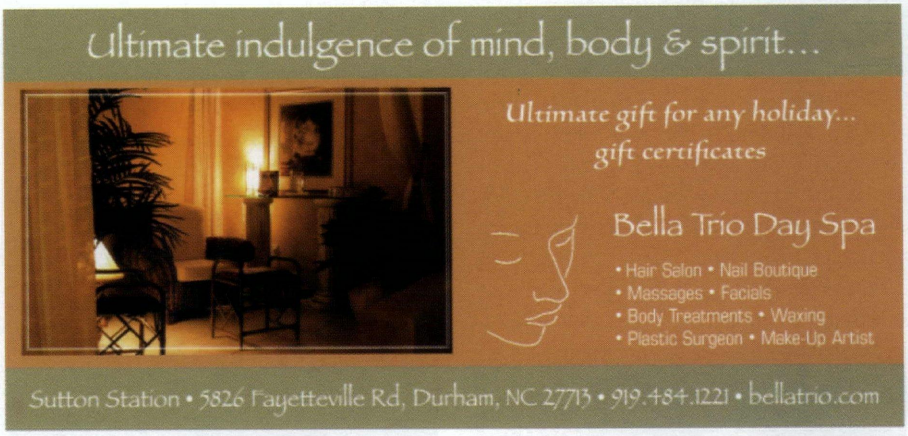
Strivectin-SD

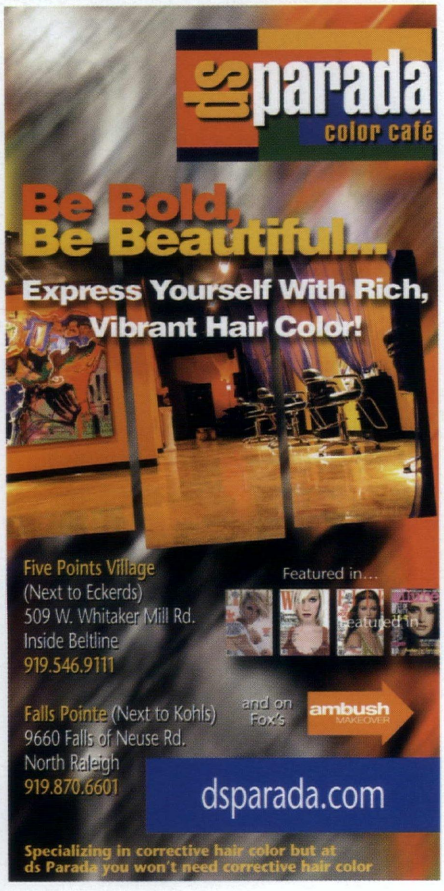
shirts, memo pads and cocktail napkins. Phillips donates a portion of her sales to the Susan G. Komen Foundation for Breast Cancer Research. Her line is a runaway hit with celebs and is carried at some of the most fashionable department stores around the country. And if you have "Trouble" emblazoned across your chest, you can rest easy in knowing that you have given the world more than fair warning (www.maryphillipsdesigns.com).

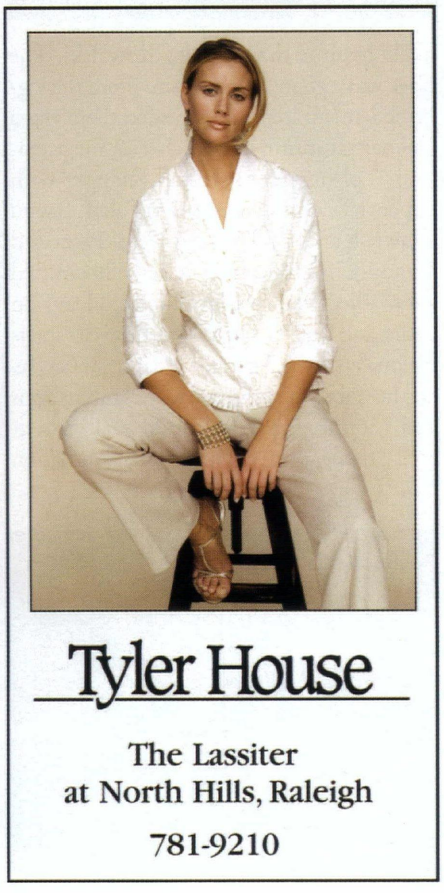
And finally, a secret mommy beauty tip... Recent mothers may know about the cream Strivectin-SD, that has become famous for diminishing stretch marks. But it turns out that everyone past a certain age can take advantage of Strivectin's line-busting power: some smart mama realized that it works as an anti-wrinkle cream as well. The original Strivectin ($135 for 6 oz) is now available at Sephora, along with a new moisturizing formulation intended for the wrinkle-prone eye area ($59 for 1.3 oz).

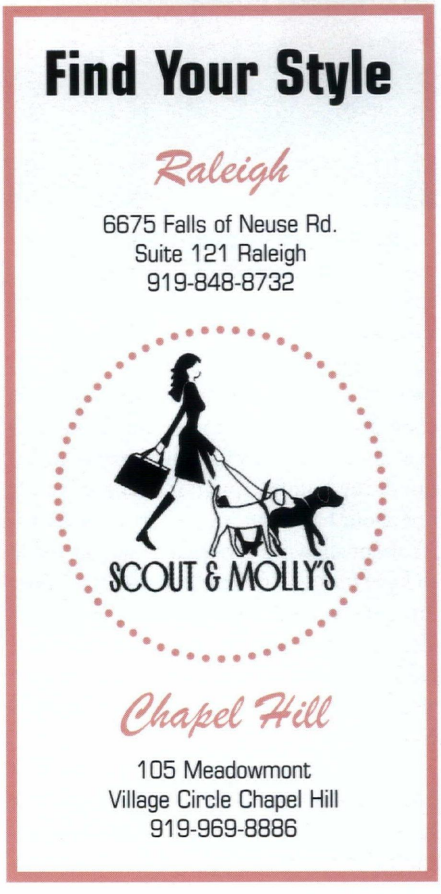
Smooth! MM

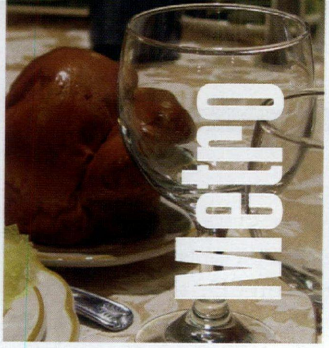
a win-win outcome for you and Mom. Then you can replace your old tee with a tank top by Mary Phillips, a North Carolinian who had the simple but brilliant idea of putting sassy quotes on T-











Gourmet

by Moreton Neal

BIG EATS IN THE BIG EASY

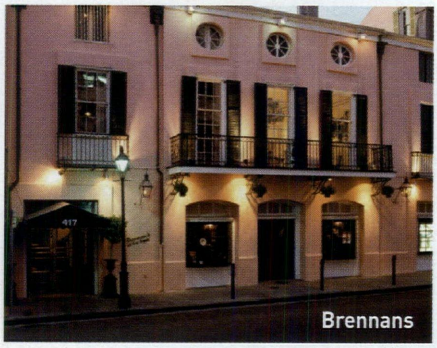
Celebrity chef Bobby Flay once said something to the effect, "Dining in New Orleans was a disappointment. There's nothing green on a plate." Well, Bobby, the place never claimed to be a spa. Nobody goes to the Big Easy to be virtuous. Go somewhere else for veggies, but if you find yourself in NO desperate for chlorophyll again, I have two words for you: mint julep.

New Orleans is the city where good southern Protestants have always fled to escape the restrictions of the Bible Belt. For alcoholic and voyeuristic diversion, there's plenty of hell-raising still to be found in Satan's Disneyland, the first five blocks of bawdy Bourbon Street.

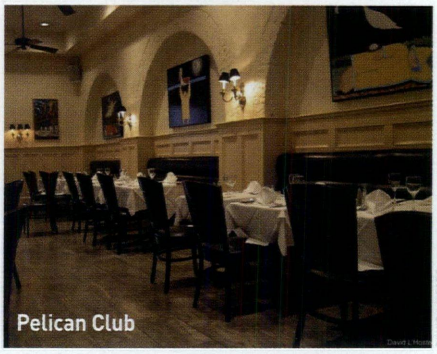
Commander's Palace

But for many of us over 30, hell raising means a sabbatical from counting calories, carbs or cholesterol. Last month I joined old friends from my south Mississippi hometown in an orgy of culinary abandonment. We spent four glorious days devouring the city, chomping our way through old haunts and new discoveries. New Orleans remains, to my mind, the dining capital of the country. It's not about haute cuisine and small portions; it's about allowing your gluttonous dark side to have its way. In New Orleans, you don't just taste, you eat. Indulgence and excess are virtues there. Even the waiters appear to be having a party. Where else in this country would your server ask you to dance between courses?

Though our dining itinerary was carefully planned, the first dinner destination was a surprise. Famished from traveling, our group strolled down picturesque Chartres Street in search of a Po'Boy or muffaletta. Before we had walked a block, a sign caught our eye: "Stella!" There was much speculation about the location's relationship to Tennessee Williams. Might this have been the fictitious domicile of the Kowalskis? As we entered the elegant old building, lured by irresistible cooking odors, its swanky décor suggested that Marlon Brando would have been a more


Brennans

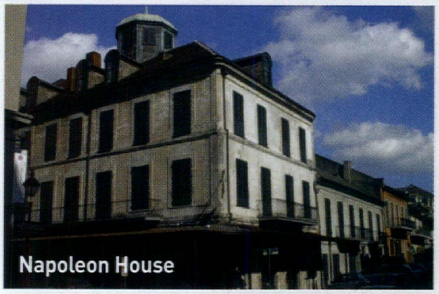
likely habitué than Stanley Kowalski. The place was a gourmand's dream. From the logorrheic menu items, it appeared there was a Culinary Institute-trained chef on the premises. "Lobster-Scented Gulf Snapper with Popcorn Shoots, Micro-green Salad, Bayou Crawfish and Gulf Shrimp Pearl Pasta and Lemon-Chive Butter" (I've actually omitted a few adjectives), was my choice. Heavy on cream and truffles, Chef Scott Boswell's internationally inspired menu was far from Creole, but his subtly surprising flavor combinations and stunning presentation of each dish at Stella! made it worthy of several exclamation points.


Pelican Club

DAVID L HOSTE

By the next day, we were hankering for more familiar Creole fare—turtle soup, oyster stew, grillades and grits—so we headed down Royal Street to Brennan's. It's been years since I last breakfasted there, but the only perceptible change is the dress code. Ultra-spicy bloody Mary's, milk punch, eggs Sardou and Hussarde, the happy wait staff, even the chatty old lady handing out towels in the powder room, are all just as they always were; the Bananas Foster, even better.

I'd heard so much about Susan Spicer, one of the city's most respected chefs, I especially requested that we visit her restaurant, Bayona on Dauphine Street. Situated in a 200-year-old cottage, this small place feels more like a private home than most Vieux Carre venues. We were charmed by Bayona's intimate ambience and its young attractive staff who treated us like valued houseguests. Sweetbreads with


Napoleon House

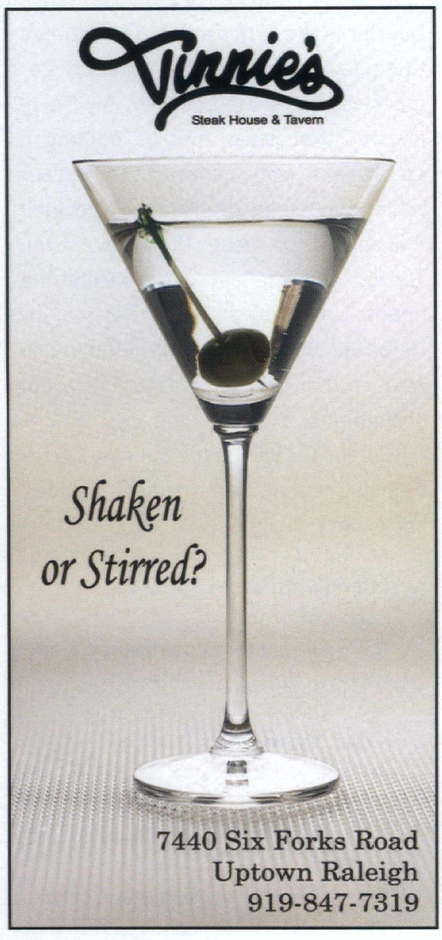
a mustard-sherry sauce and a voluptuous fresh lump crabmeat salad were menu standouts. I look forward to returning for lunch on the courtyard to try Spicer's famous duck sandwich with pepper jelly and cashew butter.

The next day we abandoned "nouveau" New Orleans (any place under 50 years old is considered new) for the old Creole favorites of our childhood. Lunch at the Napoleon House allowed us to share gumbo, oyster soup, shrimp Po'Boy and muffalettas. Regulars there sip on the house drink, a tangy Pimm's Cup, and watched tourists across the street entering and exiting NOLA, Emeril's second restaurant, praised by even the city's old guard who hate admitting they really like the carpetbagger chef's creative twist on Creole cuisine.

For dinner we headed for Antoine's, just a few blocks away from our hotel. This Saturday happened to be St. Joseph's Day, the Italian answer to St. Patrick's two days prior. Not to be upstaged by the Irish crowd, local Italian marching clubs were out in full force, jamming, strutting and throwing beads to the ladies. We were bedecked in gaudy parade necklaces by the time we reached Antoine's, where we were escorted past grand dining rooms to the private Escargot Room. We sampled the classics: Oysters Rockefeller (originally "Escargots Rockefeller" before a snail blight hit Louisiana), Souffleed Potatoes, Pompano Ponchiatrain, and Baked Alaska. Go to Antoine's, not so much for the food, as for an experience in time travel—the menu and décor haven't changed in over a hundred years. The service is old-school and personal, and it pays to cultivate "your" waiter. Tip for Tar Heels: ask for Jerry.

Though the Warehouse District and Garden District are dotted with exceptional restaurants, our only foray outside the French Quarter was for Sunday brunch at venerable Commander's Palace, the Brennan family's flagship restaurant. Famous for its celebrity chefs Paul Prudhomme and Emeril Lagasse, Commander's current chef, Jamie Shannon, serves up some of the city's best food. Our group did its best to taste everything offered. Standouts were Pecan Crusted Snapper, Oysters and Caviar Trufant, Brennan's perfectly seasoned Turtle Soup, Shrimp Remoulade "Moderne," Shrimp Cognac and Andouille Grits (made from cracked corn, the best grits imaginable). Save room for desserts—Praline Parfait and Bread Pudding Soufflé shouldn't be missed.

The service at Commander's is incomparable. The staff all appears joyous and proud to be part of the Brennan empire. (One of my friends shared the story of her first husband's rejecting his admittance to Tulane Law School in favor of keeping a waiting job at Commander's.) When asked the ingredients for a cocktail on the menu, our smiling server brought me the recipe (see recipe box). By early afternoon, the brunch crowd was thinning out, but the jazz trio serenading us remained. In the corner of my eye, I thought I detected our waiter snapping his fingers. Another's steps fell in sync with the beat of the music. Before long, these fellows invited us to dance. Alas, we were all too stuffed to



move! Of all the booze consumed and pounds gained on this junket, my only regret is refusing a two-step with my waiter at Commander's. It won't happen again!

It's easy to enjoy yourself in the Big Easy, and hard to find a bad meal. My husband joined me Sunday evening for a delightful dinner—American regional style with Asian touches—at the Pelican Club, recommended by the host at another favorite, Le Bistro. You can count on restaurant staff in this town to steer you off the beaten path to great eats (Uglesich, Mandina's, Upperline, to name a few). If you can't get a reservation at your chosen destination, just ask the host where he would go. These folks aren't starving artists and actors waiting for the big break. Good food is their life. Restaurant work in New Orleans, like France, is an honored profession and an art in itself, not a stepping stone to another career.

Stellas

An excellent resource for planning a New Orleans dining itinerary is "Great New Orleans Restaurants: Chuck's Picks" on www.gumbopages.com. Chuck Taggart, a true New Orleanian, appreciates excellence and excess.

Flying direct from RDU, Tar Heel travelers can be sipping Sazeracs on St. Charles within three hours of leaving the Triangle. Don't forget to take loose clothing and good walking shoes. Abandon restraint at the airport. Remember, New Orleans' raison d'être is escaping the routine; every day there is a celebration. Be sure to allow plenty of time before your restaurant reservation to join a chance parade on the way, and immerse yourself in the mood and flavors of this magical city. MM

A Sip of the Big Easy

A friend and I have a running argument over the availability of absinthe in this country. Infamous for its hallucinogenic qualities and popular in the French Quarter in the 19th century, I've claimed that this most decadent of drinks is illegal to sell anywhere in the US. My friend insisted that it can still be bought in Louisiana. To settle our wager, I asked our waiter about the ingredients of a cocktail that appears on menus throughout town. Though "absinthe" appears in the title, the liquor used is actually Pernod or Herbsaint, both similar in flavor but much weaker than the legendary 142 proof absinthe.

Here is the recipe the dancing waiter brought me from Commander's Palace's bartender:

Absinthe Suissesse

1 1/2 oz. Pernod
1/2 oz. orgeat (almond flavored simple syrup)
1 egg white
1/2 oz. heavy cream
4 oz. shaved ice
Place all ingredients in a blender and blend for a few seconds until frothy.
Pour into a chilled tall glass. Enjoy!

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Off the MENU

by Fred Benton

WATCH FOR SIGNS; FESTIVALS ABOUND

For many months The Point at Glenwood in Raleigh was an inside-the-Beltline secret. Suddenly in March, a brilliant red neon sign appeared smack-dab in Five Points and Goodfellas was gone and The Point was on the map. Thinking I was on to something new, I called the establishment and spoke with owner Frank Winslow Jr. I was bowled over and disappointed to learn that The Point opened in September of 2004. Now, I'm at Five Points nearly every day of my life: I couldn't have overlooked such a highly visible red neon sign; Frank assured me that the sign was new, having been erected the first of March. So, if The Point was new to me I decided that it might be new to many of our readers.

Located on Glenwood Avenue beside Churchill's and the Rialto Theatre, The Point offers some spectacular food, including extra-crispy dum sum, chicken filled and served with a dipping sauce that's the definition of piquant. These I could have eaten by the bushel. Another signature item I tasted is Manzanita Pasta, penne pasta, with sautéed green apples, black currants, walnuts, grilled chicken and finished supremely, I might add, with a creamy Gorgonzola sauce. According to Frank and his sister, Cecelia, who works at the restaurant, the steaks are first-rate here and hand-cut on premises. I decided to test the mettle of the beef with the Arabian Steak, a 10-ounce filet butterflied, marinated in marsala wine, then slow-cooked in the kitchen's wood-fired brick oven. The pocketed beef is filled with fresh garlic and roasted red peppers and the whole masterpiece topped with a Marsala demi glacé. But one of my favorite dishes of the evening was the curry preparation Korma Curry, one of the most popular dishes at The Point, according to Frank and Cecelia. It's a heady melange of chopped chicken breast with zucchini, carrots and roasted red peppers in a sour cream-based curry sauce. The dish is served on basmati rice with a generous portion of Major Grey's chutney and fresh cilantro.

The Point at Glenwood is family-friendly with ample street parking and a parking lot located behind the eatery via Fairview Road. Business hours are 4 to 10 p.m., Tuesday through Sunday. Cash, all major credit cards and personal checks are accepted. Prices are moderate ($15 check average), reservations are accepted and there's a generous area given over to smokers.

EVENTS OF NOTE IN MAY

May 27-28—Head to Hickory, NC, on Memorial Day weekend for **The Greater Hickory Smoke Barbeque Festival** at the L.P. Frans Stadium. The professional competition has been expanded and there is now an amateur competition, as well as Kid's 'Q. Professional cooking teams from all over the United States will be competing for prizes in this North Carolina State Championship Event. Selected teams will be selling their best to the public. As a qualifying contest for the prestigious Jack Daniel's International Championship, the competition attracts the nation's best 'Q artists. There is a Poker Run, Fine Art Exhibition, plus live music and entertainment—and of course you'll be able to feast on the best BBQ, food and drink you can handle! For more information call 828-345 -1445.

• • •

On **May 21**—make a pilgrimage to the Elkin Municipal Park in Elkin for the **Yadkin Valley Wine Festival**. This event is free and open to the public, including families with children (however, our four-legged "children"—i.e. pets—are not welcome). Vendor displays and live music will take place adjacent to the wine-tasting area. The Original Tams will perform from 3 p.m. until 6 p.m.

Food and non-wine beverages will be available for purchase from selected vendors. Wine

tasters must be at least 21 years old (all tasters will be required to show positive photo identification) to obtain a tasting wristband and *Yadkin Valley Wine Festival* engraved wineglass. Picnic tables are available; there is plenty of lawn space for blankets, and bleacher seating is located near the bandstand. You may also purchase wine and have it held at the main ticket booth until you are ready to leave the festival. Valet service is available. For wine tasters, advance tickets are $15, $20 at the gate. No coolers are permitted. For advance tickets, contact The Yadkin Valley Chamber of Commerce at 336-526-1111 or tosborne@ejachamber.com.

PARTICIPATING WINERIES:

Black Wolf Vineyards, Dobson
Chatham Hill Winery, Morrisville
Grassy Creek Vineyards & Winery, State Rd.
Hanover Park Vineyard, Yadkinville
Laurel Gray Vineyards, Hamptonville
Old North State Winery, Mt. Airy
Raffaldini Vineyards & Winery, Ronda
RagApple Lassie Vineyard, Boonville
Raylen Vineyards, Mocksville
Round Peak Vineyards, Pine Ridge
Shelton Vineyards, Dobson
Stony Knoll, Stony Knoll
Westbend Vineyards, Lewisville
Windy Gap Vineyards, Ronda

• • •

On Friday, May 20th, guests will be treated to an exceptional dining experience at **The Sanderling's 60-seat waterfront Left Bank restaurant in Duck**. Chef George Robinson will replicate the dinner he recently prepared at the renowned James Beard House in New York City, the former home of the culinary icon James Beard. Through its not-for-profit foundation, the House now fosters culinary programs that showcase and honor chefs from around the country.

"It was an honor to cook where so many talented chefs have been, an experience that was inspirational and one which I will never forget. For the Left Bank dinner, I incorporated flavors and ingredients to celebrate the end of winter and the excitement generated by the abundance that comes with warmer weather, with spring and summer just around the corner," says George Robinson.

North Carolinians, Virginians and visiting guests of The Sanderling wishing to experience the sumptuous seven-course menu that wowed New Yorkers on March 31st, can book a reservation at the Left Bank for 5:30-9:30 p.m. on May 20th. The dinner is priced at $125 per person and $165 per person paired with wines, gratuity and tax not included. Make reservations by calling 252-261-8419. Reservations are essential.

• • •

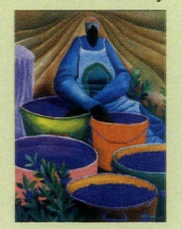
Coming up in June in Durham is the **North Carolina Herb, Garden and Craft Festival**. Enjoy music and food; buy crafts, herbal products and plants for your garden, and then tour the Duke family's 1852 house. For details call 919-477-5498.

• • •

And in **Hillsborough** June heralds the annual **Hillsborough Hog Day** with food vendors, arts and crafts, music, kids rides and games and an antique car show. For information call 919-732-8156.

• • •

Blueberries are the healthiest and most potent berries in summer's larder and on June 25 historic downtown Burgaw in Pender County is hosting the second annual **North Carolina Blueberry Festival**, celebrating the historical, economic, and cultural significance of blueberries in the southeastern region of the state. The first cultivated blueberry production in North Carolina began in the Pender County area in the 1930s and today it ranks second in blueberry production for the state. Festivities include art prints by this year's commemorative print artist, nationally recognized Pender County native Ivey Hayes, as well as all-day live entertainment on the Festival Stage, the Blueberry Festival parade, a Blueberry Recipe and Bakeoff Contest, blueberry education and farming exposition and children's activities. Also featured will be arts & crafts vendors from across the state as well as food vendors offering Southeastern North Carolina Barbecue and World Famous Paul's Place Hotdogs. Also on tap are a Beer and Wine Garden and a car show. MM



Metro Magazine's Premiere

RESTAURANT GUIDE

RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and dinner seven nights a week.

Bella Monica - 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crusted Neapolitan pizza with gourmet toppings. Pork Piccatta, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood bar with all-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. "Simply superb-three stars." – *News & Observer*

Bloomsbury Bistro – 509 West Whitaker Mill Road, Suite 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living, Gourmet Magazine* and *USA Today.*

Bogart's American Grill – 510 Glenwood Avenue, Raleigh (919) 832-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.

Cappers Restaurant – 4421 Six Forks Road, Raleigh (919) 787-8963. Serving up the Hottest Cuisine and Coolest Jazz in the Triangle since 1985! Steaks and fresh seafood are the specialties. Serving lunch Monday through Friday and dinner seven nights a week. Now serving Sunday Brunch. www.cappersrestaurants.com.

Carolina Ale House – 512 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. Carolina Ale House has something for everyone – we serve our award-winning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest $2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.

Cuba – 19 West Hargett Street, Raleigh. (919) 890-4500. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.

Enoteca Vin – 410 Glenwood Avenue, Suite 350, Raleigh. (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca Vin's warm urban interior, bar and patio provide a casual but sophisticated environ for serious dinners or spontaneous rendezvouses over wine and cocktails. Metro Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award for Excellence in 2004. Serving dinner Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit www.enotecavin.com.

Daniel's Restaurant - 1430 NC 55, Apex (919) 303-1006. Relaxed, casual atmosphere featuring freshly sautéed pasta dishes, eclectic chef's specials, and homemade desserts. Enjoy a selection from our 500 bottle wine list. Outside dining and catering available. Reservations accepted. Hours of operation are Sun-Mon. 5-9pm, Tues-Sat. 5-10pm.

Est Est Est Trattoria – 19 West Hargett Street, Raleigh. (919) 833-4440. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

Frazier's – 2418 Hillsborough Street, Raleigh. (919) 828-6699. Frazier's has been rated as one of the top ten restaurants in the triangle since opening in 1998. An eclectic, ever changing menu is executed in a newly renovated, very hip but casual atmosphere.

Hi5 – 510 Glenwood Avenue, Raleigh. (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with the 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. www.hi5raleigh.com.

The Irregardless Café – 901 West Morgan Street, Raleigh. (919) 833-8898. Thirty years old and fresh every day! Serving market fresh produce, fish, poultry, beef, lamb, vegetarian meals with menus changing daily. Live music nightly, catering and more! www.irregardless.com.

Lucky 32 – 832 Spring Forest Road, Raleigh, (919) 876-9932. 7307 Tryon Road, Cary, (919) 233-1632. Seasonal fare with influences of regions across the country. www.lucky32.com.

Maximillians – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillians, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the *Cary News* Readers Poll. *News and Observer* praised food as "inventive fusion cuisine" with 3½ stars. For reservations, (919) 465-2455.

The Melting Pot - 3100 Wake Forest Road, Raleigh. (919)878-0477. At The Melting Pot, fondue becomes a memorable four-course dining experience where patrons can really "Dip into something different®." Guests enjoy a choice of four flavorful fondue cooking styles and a variety of unique entrees combined with special dipping sauces. The menu also includes creamy cheese fondues, fresh salads, fine wines and mouthwatering chocolate fondue desserts. www.meltingpot.com

Michael Dean's Wood Oven and Seafood Grill – 1305 Millbrook Road, Raleigh. (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options as well. Enjoy the wide drink selection, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days. www.michaeldeans.com.

Nana's Chophouse – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Monday-Thursday 5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

NoFo Market and Café – 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrees. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," Citisearch.

Porter's City Tavern – 2412 Hillsborough Street, Raleigh. (919) 821-2133. Porter's City Tavern was chosen "Best New Restaurant" of 2004 by the readers of *MetroMagazine.* A fresh open floor and sidewalk/patio showcases a diverse menu of steaks, pastas, salads, sandwiches, and fresh fish. The menu is prepared using the freshest local ingredients available.

The Red Room Tapas Lounge – 510 Glenwood Avenue, Raleigh. (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday – Saturday at 6 pm. www.redroomraleigh.com.

Rey's - 1130 Buck Jones Road, Raleigh/Cary. (919) 380-0122. With a vision of quality, Rey's features fine dining with a French Quarter flare, blended with ambience and exceptional service. Owner Rey Arias created a menu offering signature "New Orleans- Inspired" meals. From the highest quality of steaks and seafood to Homemade Desserts, Rey's offers something for everyone! Customized catering for 6-200 is also available. www.reys-restaurant.com

Ruth's Chris Steak House – 2010 Renaissance Park Place, Cary. (919) 677-0033. Home of the Sizzling Steak. Serving generous cuts of cornfed USDA Prime Midwestern beef, custom-aged to the peak of flavor.

Second Empire Restaurant and Tavern – 330 Hillsborough Street, Raleigh. (919) 829-3663. Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant!! *Wine Spec-*

tator Awards of Excellence.

Taverna Agora – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, Sunday brunch, catering available. Taverna Agora, Absolutely Greek.

Tavola Rossa Ristorante Italiano – (919) 5300 Homewood Banks Drive, Raleigh. (919) 532-7100. Our menu features pasta, brick oven pizza, chicken, veal and seafood. The open kitchen lets you in on the action while our patio allows you to dine al fresco. Fabulous wine menu. Serving lunch 11:30 am – 3:00 pm 7 days and dinner 5:00 pm – 10:00 pm Sunday –Thursday and 5:00 pm – 11:00 pm Friday and Saturday.

Twisted Fork – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner. www.thetwistedfork.com.

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York – Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

Zely & Ritz - 301 Glenwood Avenue, Raleigh (919) 828-0018. Zely & Ritz is all about fresh, organic, locally grown dishes served in tapas style small plates (so that you can order several and share) in an upscale, casual, yet hip and smoke-free environment. Chef Sarig uses Mediterranean and Middle Eastern spices in unexpected ways to create fantastic culinary works of art paired with the best boutique wine list in Raleigh. Serving lunch, dinner and late night- call for hours and to make reservations.

DURHAM

Bakus Tapas and Wine Bar – 746 Ninth Street, Durham, (919) 287-0777. Winner "Best Ethnic Cuisine" Taste of the Triangle, 2004. Voted one of the Top All Around Restaurants, Top Ten Vegetarian Restaurants, and Top Ten Restaurants with Outdoor Dining by AOL Cityguide, 2005. Visit our restaurant for delicious food and wine in a vibrant atmosphere! Our menu features a wide variety of wine and tapas dishes. Ask us about our special event rental and beautiful canopied outdoor patio. Hours are Monday-Friday 4pm-Midnight, Saturday & Sunday 2pm-Midnight. www.bakus9.com.

Café Parizade – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday-Friday 11:30 am – 2:30 pm and dinner Monday – Thursday 5:30 -10:00 pm, Friday and Saturday 5:30 – 11:00, and Sunday 5:30 – 9:00 pm.

George's Garage – 737 9th Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

Nana's Chophouse – 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday – Sunday, 5:30 – 11:00 pm and Sunday brunch 10:30 am – 2:00 pm.

Verde - 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

Xios Authentic Greek Cuisine – 800 West Williams Street, Suite 100 Apex. (919)363-5288. Tapas-style Mezethes is the specialty at this family-owned restaurant. Xios is the gathering spot in the Triangle for good food, good drinks and endearing conversation. Join us for a romantic evening, with a group of friends, or the entire family. Sample menus and wine lists available at www.xioscafe.com.

CHAPEL HILL/CARRBORO

Crooks Corner – 610 West Franklin Street, Chapel Hill (919) 929-7643. "Sacred ground of Southern foodies." – *New York Times*. The menu combines vintage Bill Neal with the personal touch of chef Bill Smith." ...The combination is a winner."– *Mid-Atlantic Monthly*. Patio dining, weather permitting. Acclaimed Sunday brunch. Open for dinner Tues-Sun at 5:30 pm, Sun Brunch 10:30 am-2:00 pm, www.crookscorner.com

Jim's Famous BBQ - 115 S. Elliott Road, Chapel Hill (919) 942-7427. Happiness, Food & Spirits served up in a fun, casual atmosphere! Award-winning pit-smoked bar-b-que including fall-off-the-bone Baby Back and St. Louis style pork ribs, Western beef ribs, pulled or chopped pork shoulder, beef brisket, chicken, turkey and sausage. Plus catfish, wings, salads, burgers and more! Full service dine-in, take out, delivery and catering. Complete menu served all day long, seven days a week. Write to us: jim@greatpigs.com

La Residence – 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

Pazzo! – Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

Provence Restaurant – 203 West Weaver Street, Carrboro. (919) 967-5008. Included in Moreton Neal's Top 25 restaurants for 2005, Provence is a casual restaurant in a quaint setting, in the heart of Carrboro, featuring authentic cuisine from the South of France. Fresh seafood specialties, outdoor patio. Serving dinner Monday- Saturday, 5:30 pm. Reservations suggested.

Spice Street – 201 Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

Talullas Restaurant – 456 West Franklin Street, Chapel Hill. (919) 933-1177. The newest addition to the Restaurant Mecca of West Franklin Street in Chapel Hill. Talullas is an instant success with its "ethnic elegance" and "beautifully prepared food." Its Eastern Mediterranean cuisine is simple, fresh, and exotic. Tuesday – Sunday 6-10 Dinner, 10-2 Bar/Lounge. www.talullas.com

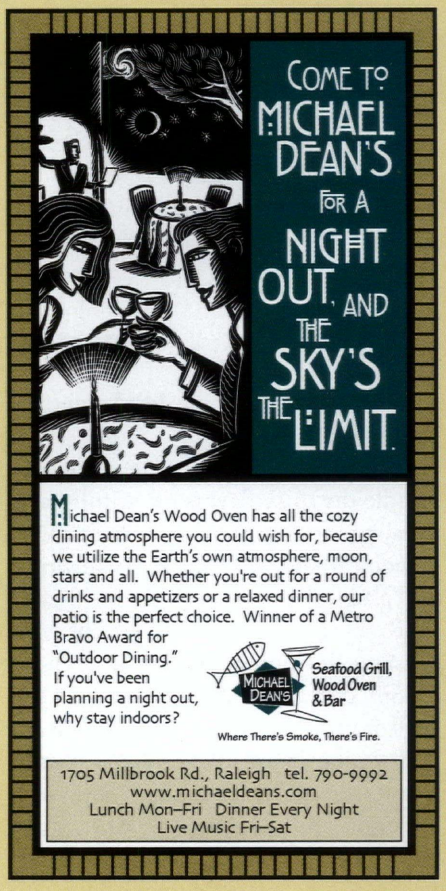
The Weathervane – 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.

BEYOND THE TRIANGLE

Blue Moon Bistro -119 Queen Street, Beaufort. (252)-728-5800. Coastal cuisine in a historic setting, these innovative dishes bring a welcomed departure from the expected offerings of other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Open for dinner Tuesday-Saturday.

Chef Warren's - 215 NE Broad Street, Southern Pines (910) 692-5240. Warren and Marianne Lewis invite you to their Southern Pines Bistro offering patrons a variety of delicious specialties from an eclectic menu of anything from Ostrich to Pork Chops. "Local touch, international cuisine," *Metro Magazine's* Moreton Neal. Open for dinner Tuesday through Sunday.

Deluxe - 114 Market Street, Wilmington, (910) 251-0333. Deluxe offers upscale dining for today's savvy gourmand in an aesthetically stimulating and casual atmosphere. New American style dinners feature innovative creations with worldwide influences prepared with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner every evening at 5:30; Sunday brunch 10:30-2:00pm. Wine Spectator Award of Excellence, All ABC permits. View current menus and wine list at www.deluxenc.com -Reservations suggested

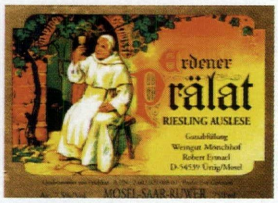


Cork Report

by Barbara Ensrud

THE RISE OF RIESLING

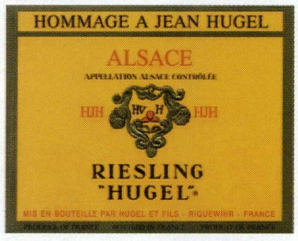
May is the perfect month to consider Riesling. After all, the traditional May Wine—a light, fruity white drink flavored with the spicy, flowery herb woodruff—originated centuries ago at May Day festivals in Germany, where the finest Rieslings grow. Thankfully, we seem to be moving past old prejudices against Riesling—partly because younger generations of wine drinkers don't automatically react with a knee-jerk "No!" when they see Riesling, like wine drinkers who came of age in the 1980s and '90s and reached only for Chardonnay.



Partly also it has to do with the foods we eat. The prevalence of Asian and fusion dishes suit these wines far better than Chardonnay. Dry or off-dry, the crisp acidity of Riesling is often the very best choice for Indian curry, spicy Thai foods, or the pan-Asian flavor accents at restaurants like Lantern in Chapel Hill. The acidity can handle the spicy flavors beautifully, and Riesling's fruit makes an excellent counterpoint to the sweetness in Asian sauces and glazes.

Rieslings also go wonderfully with sausages (including hot dogs with sauerkraut!), cold cuts, chicken salad, mild fish such as trout or sole—and they are superb with creamy blue cheeses. Europeans even drink Rieslings with salmon and game. Here, many people think they *must* have red wine with Peking Duck. The right one will work, of course, but try the duck with a German Spätlese Riesling from the Rheingau or Rhinepfalz (classic wine regions along the Rhine River)—it can be a thrilling match.

Still, resistance lingers in many quarters where folks insist on whites that are dry (some Rieslings are bone dry) or, more emphatically, red wines only. Yet when I serve a Riesling, dry or sweet, it invariably raises eyebrows in surprise at how very appealing it tastes. The flavors can be captivating—green apples, citrus, lemon or lime blossom, hints of peaches or apricots, tangerine, mango and other tropical fruits, often with a mineral backbone that braces and the always crisp acidity that makes the wine mouth-watering.



TOP SPOTS FOR RIESLING

Germany. The classic regions for great Riesling lie along the steep banks of the Rhine and Mosel rivers in Germany, and tributaries such as the Saar and the Nahe. These are some of the most picturesque wine regions in the world. River cruises along the Rhine glide past vine-clad hills and medieval castles. When I last visited Germany, we drove the road that wends through the Mosel Valley, stopping in quaint villages at *weinsteuben*, the ubiquitous little tasting rooms that serve fresh, mossy whites in little green-stemmed glasses. The wines are so light—many only 7 percent alcohol— that you don't have to worry about overdoing it.

German Rieslings can be complex and very long-lived. I have tasted decade-old Rieslings that were still fresh and bright but layered in complex flavors. The blue slate of the vineyards in the Mosel-Saar-Ruwer impart an intriguing mineral character to the wines, while those in the Rheingau and Rhinepfalz often have a faint oiliness that gives the wines great richness of texture.

Floral aromas and high acidity characterize German Riesling. One reason the wines were traditionally sweet was to balance the high acidity natural to these cool regions that can be almost forbidding in dry versions. Germany is making drier Rieslings, however, noted on the labels as *Trocken* (dry) or *Halb-trocken* (half-dry, which tastes quite dry). Unless you see those terms, the wines will likely be off-dry or lightly sweet.

The better German wines are named for villages (Rudesheim, Ockfen, Piesport, Wehlen), with *er* added, as in Rudesheimer, Ockfener, Piesporter. Individual vineyard names may be added—such as Bockstein (Ockfener Bochstein) or Sonnenuhr (Wehlener Sonnenuhr), but there are other important terms to know. The best wines are the *Prädikat* wines, indicating levels of natural ripeness and sweetness that are highly prized for their quality and character. In ascending order of sweetness, they are:

Kabinett: fresh, dry or off-dry, excellent food wines (as above) or aperitifs

Spätlese: more ripeness, light to medium sweetness

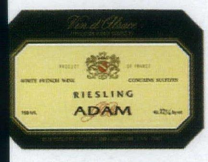
Auslese: sweet, sometimes affected with the noble rot (Botrytis); sublime with creamy blue cheeses

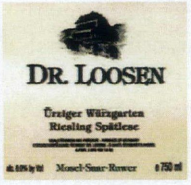
Beerenauslese (BA): very sweet and honeyed (beeren means Botrytised); dessert wine; expensive

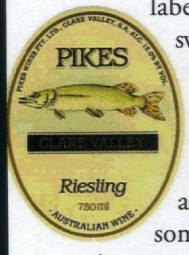
Eiswein: made from late-harvest grapes frozen on the vine; quite rareified nectars

Trockenbeerenauslese (TBA): harvested very late; sweetest of all; longlived and very expensive

Alsace. If it's truly dry Riesling you want, in the northeast corner of France bordering the Rhine River the vineyards of Alsace produce dry, very full-bodied Riesling. This is another very picturesque region to visit, with its charming storybook villages set amid the slopes of the Vosges mountains, very popular for biking tours and hiking. Alsace Rieslings are so strong and assertive that they are best with a couple of years aging to soften their sharp angles. Three-year-old Alsace Rieslings are often my top choice for Asian foods. Among the top producers are **Hugel, Marcel Deiss, Schlumberger, Muré, Schoffit, Dopf, Trimbach, Zind-Humbrecht, Domaine Weinbach.** Late-harvest wines here are labeled *Vendange Tardive*; sweeter ones are *Sélection des Grains Nobles.*







Austria. Austria is producing excellent dry Rieslings, usually high in acidity, zesty and refreshing, somewhat in the style of Austria's native grape, Gruner Veltliner. The Rieslings are more floral, however, and often quite good value. Excellent with Asian fusion cuisine.

Australia. The wine valleys in South Australia—near Adelaide–Barossa, Clare and Eden valleys—are justly famous for stylish dry and just off-dry Riesling, often crisp and invigorating, very good for sipping alone or as accompaniments to Asian foods. They are often excellent value as well.

USA. The best, of course, come from cooler regions such as New York's Finger Lakes, Oregon and Washington. Wines from these areas (though we rarely if ever see New York wines in the Triangle) have given a whole new profile to Riesling, producing bright dry versions entirely appropriate with food; off-dry wines that show richness and complexity; and unctuously seductive sweet dessert wines that are irresistible. Riesling, once uprooted to be replaced with Chardonnay, is suddenly in short supply, as consumers and restaurants increasingly call for it. In Washington state, Chateau Ste. Michelle sold out its popular Eroica Riesling so quickly it imported Riesling from Dr. Loosen's estate on the Mosel to meet demand. MM

Some dry to off-dry, food-friendly Rieslings to try:

(Look mainly for vintages 2002-2003 or younger.)

Adam Riesling Reserve 2002, Alsace $14

Amity 2003, Oregon $14

Annie Lane 2003, Australia $12

Bassermann-Jordan Deidesheimer Paradiesgarten 2002, Kabinett, Germany $20

Chehalem Dry Riesling 2003, Oregon $19

Dr. Loosen Urziger Wurzberger 2003, Kabinett, Mosel $20

Dr. Fischer Ockfener Bockstein 2003, Mosel $13

Egon Muller Scharzhof 2002, Saar, Mosel $17

Fritz Haag Estate 2003, Germany $15

Helmut Hexamer Meddesheimer Rheingrafenberg, Nahe $17

Henry Estate Dry Riesling 2003, Umpqua, Oregon $14

Langwerth von Simmern 2003, Mosel $17

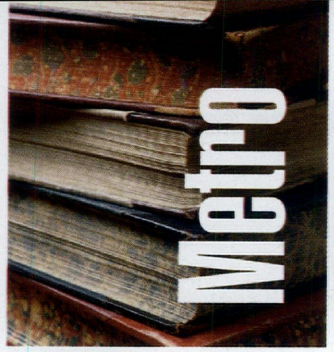
Joseph Leitz Rudesheimer Drakenstein, Rheingau $15

Loimer 2002, Austria $14

Pikes Clare Valley 2003, Australia $16

Reilly's Clare Valley 2003, Australia $14

Windy Peak 2003, South Australia $15



Books

by George C. Leef

What the Real West Was Like

NEW BOOK EXPLODES MYTHS

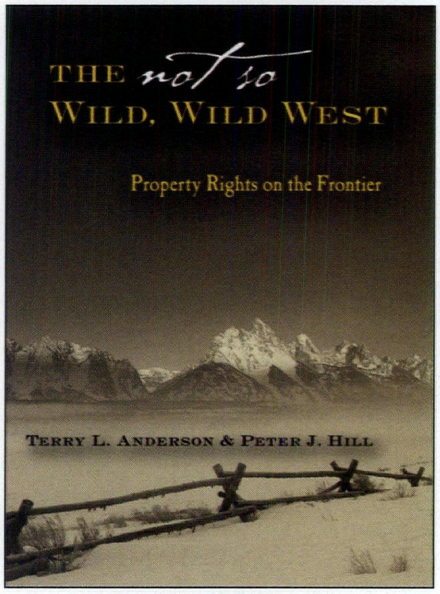
I remember very well the images of the American West I absorbed as a child. Movies, TV shows and books convinced me that the West was excitingly wild and violent, with wars and gunfights the staples of everyday life. No doubt, millions of others have grown up with the same idea, and a corollary—that the West was tamed by the extension of governmental authority into the region, bringing about order and peace.

Guess what? It's mostly a fable.

In *The Not So Wild, Wild West: Property Rights on the Frontier*, economists Terry Anderson and Peter Hill masterfully demonstrate that the West was not at all like the common view. Not only was violence not particularly prevalent, but stable socio-economic relationships arose spontaneously before there was much governmental presence. Anderson and Hill repeatedly show that the arrival of governmental authority usually made matters worse, as politicians and interest groups were able to upset the arrangements that people previously worked out to maximize benefits from the land and to minimize conflict.

Writing from the vantage-point of "new institutional economics," the authors explain that "cooperation dominated conflict because the benefits and costs of institutional change redounded to small, well-defined groups or communities. As long as new institutions evolved locally and voluntarily, the costs of conflict and the benefits of cooperation were internalized by the decision makers." Whether the issue was cattle, mining claims, water or anything else, people were remarkably good at devising efficient rules and structures in order to make the most out of the conditions they faced. Putting it in a nutshell, the American West was a laboratory in which Hayekian ideas about the benefits of spontaneous order were put to the test and found to hold true.

Anderson and Hill look at the West from numerous angles, all yielding fascinating insights. Their chapter entitled



The Not So Wild, Wild West
by Terry L. Anderson and Peter J. Hill
(Stanford 2004, 250 pp.)

"Property Rights in Indian Country" dispels the myth that Indians lived in a kind of socialistic utopia with no taint of private property rights. Depending on their circumstances, which varied greatly in different regions, Indian tribes developed property rights institutions—ranging from communal to "systems hardly less individualistic than our own," the authors say. Indian cultures devised private property where resources required long-term investments and care to avoid what we now call the tragedy of the commons. Among the Paiute, for example, groves of piñon trees were treated as family property subject to inheritance with rules against trespass. The romantic Leftist notion that American Indians prove the superiority of socialism has lain in intellectual ruins for years. If you need a cogent refutation (perhaps to use against teachers who use the Chief Seattle myth to push students into opposing capitalism), you can't do better than this book.

What about all the warfare with Indians? Most readers will be surprised to learn that there wasn't much of it in the 18th and well into the 19th centuries. In those years, trading and negotiation were the norm and warfare rare. The famous Indian wars of the 1870s and 1880s had to do mainly with the arrival of the regular US Army. Anderson and Hill observe that "Maintaining a standing army, as opposed to raising local militia, shifted the cost of fighting to others and predictably increased the number of battles." For one thing, the incentives of the Army were aligned with combat—the more of it, the more the chance for higher rank and pay. The authors quote General Sherman, who once lamented how hard it was to "make a decent excuse for an Indian war." More importantly, those who were interested in taking Indian land could spread the cost and risk among the rest of the population, and didn't hesitate to do so. The book makes it clear that the problem wasn't "the white man," but rather the fact that some white men were in a position to make others bear the cost of aggression.

Once the Indians had been driven into reservations, they tried to adapt to

their new circumstances as best they could, only to encounter interference from the federal bureaucracy. The Blackfeet, for example, began herding *privately owned* cattle on their reservation, but in the early 1900s, government busybodies insisted that they establish commonly owned herds instead. Washington also meddled pervasively with Indian land usage through the Allotment Act of 1887, upsetting Indian property rights arrangements and allowing whites to grab Indian land through bureaucratic machinations. The authors write that, "Self-seeking bureaucrats and land-hungry settlers were able to mold the Office of Indian Affairs to their own purposes through the attenuation of Indian rights." This is an old, sad story—the use by special interest groups of a federal bureaucracy to accomplish objectives they otherwise could not have. Although Anderson and Hill don't draw the parallel, at about the same time, the railroads were capturing the Interstate Commerce Commission and using its power to crush rate competition. Regulatory power usually winds up being employed by interest groups to serve their particular ends. *The Not So Wild, Wild West* drives that point home repeatedly.

Entrepreneurship is often attacked as the cause of conflict and the despoiling of the West, but Anderson and Hill point out some telling examples to the contrary. Consider the early history of Yellowstone National Park as cited in the book:

> Contrary to popular myth, Yellowstone, the nation's first national park, was not created because farsighted conservationists feared that private development would destroy the area's spectacular natural wonders. Rather, it was created mainly because railroad entrepreneurs recognized the profit opportunities available from transporting tourists to the park and providing them with accommodations. ... Fearing that homesteaders would claim attractions such as Mammoth Hot Springs or Old Faithful that would eat into the railroad's share of potential rents, the Northern Pacific lobbied Congress to set aside the region as a national park and to give Northern Pacific or its subsidiaries monopoly control of transportation and accommodations within the park.

This is just one more of the many reasons found in the book to reject the prevalent idea that entrepreneurs are (to continue with Wild West imagery) the guys in the black hats.

Rationality rather than conflict was similarly the rule with frontier mining claims and the allocation of water rights. The book also has a wonderfully insightful chapter on the economics of wagon trains. Its discussion of the irrationality, inefficiency and utter folly of federal intervention with the natural order that had previously arisen should be imported into college economics and public policy courses as an antidote to the facile notion that market failure is widespread and needs to be corrected by government regulation.

Finally, the book's lessons are not just a correcting of historical misperception. The concluding chapter contains wise applications of the insights gleaned from the evolution of property rights in the old West to modern problems. Just as the US government impeded the optimal development of the West with clumsy interference that upset the land use arrangements that had spontaneously arisen, so do many "Third World" governments impede the optimal development of their countries by their top-down control of economic institutions. "The lack of secure property rights and the control of institutions by central governments without regard for local conditions have also been major causes of stagnation and conflict throughout Africa," write the authors. Furthermore, developing nations that refuse to respect intellectual property rights (such as the piracy of software), while seeming in the short run to be a gain for them are establishing conditions that will hurt their economic development in the long run.

We also have lessons to learn from our history. With regard to property rights in the electromagnetic spectrum, for instance, we should avoid hasty, centralized allocation mechanisms cooked up by lobbyists and federal bureaucrats and, instead, allow the free market to guide the evolution of the institutional arrangements. Anderson and Hill applaud the auctioning of cellular telephone licenses rather than the FCC's original impulse to assign frequencies based on a vague "worthiness" standard, to cite one example.

The Not So Wild, Wild West is a beautifully written and printed volume that teaches us much about the American West, but also about human nature and the economic way of thinking. Congratulations to Terry Anderson and P.J. Hill for an outstanding book. MM

George C. Leef is the Executive Director of the John William Pope Center for Higher Education Policy and the book review editor of *The Freeman*

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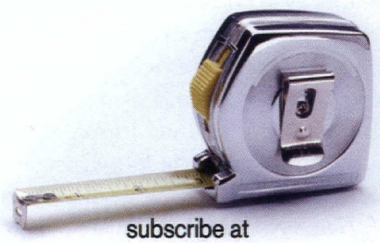

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PvV

by Philip van Vleck

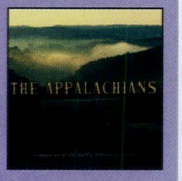
Affected By The Times:

CYRIL LANCE'S MUSICAL ODYSSEY

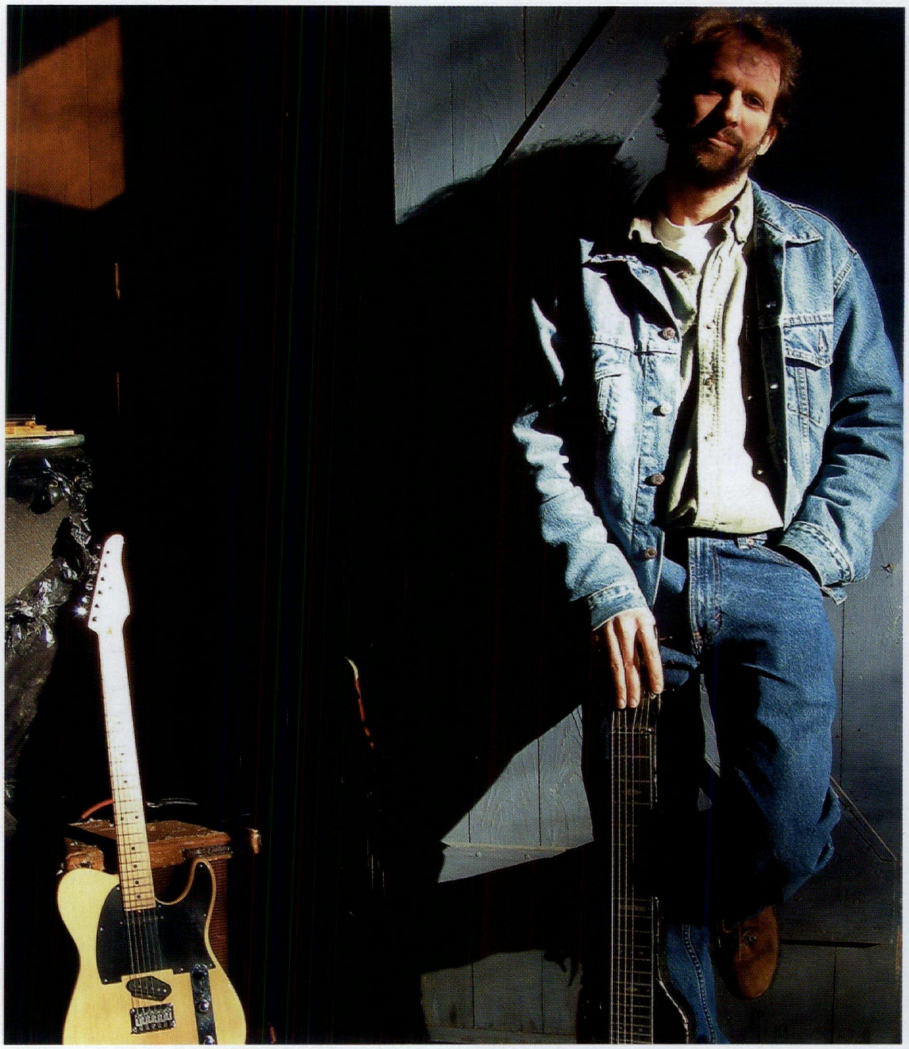
One of the most consistently fine bands to emerge from the musical terrain between Chapel Hill and Greensboro in recent times is The Cyril Lance Outskirts of Infinity Collective Experience Arkestra, otherwise known as Cyril Lance's band. A talented crew, known for working set lists that range from deep blues to Zydeco to jazz to rock, they're led by New York native Cyril Lance, a guitarist who draws on a wide range of influences and has the chops to make it real.

QUICK FIX

Various Artists:
The Appalachians
(Dualtone)



The companion album to the PBS series, this CD serves up a stout dose of hardcore Appalachian traditional music. Timeless, glorious roots music of the first magnitude.



KELLY PACE

Lance appeared basically in the Triangle out of nowhere in 2002 with a DIY album in hand titled *Stranger in My House*. The CD featured Allman Brothers vet Johnny Neel on vocals and keyboards, Boston-based organist Matt Jenson, and local players Kelly Pace and Chris Carroll. *Stranger in My House* was a revelation. It was a powerful blues joint, easily as polished and ferocious as any blues label release that year.

Lance followed this brilliant debut with *Live from the Outskirts*, a six-track live gem, again featuring Neel and Jenson. Cyril has been playing clubs in the Triangle and Greensboro since the release of *Stranger in My House*. Neel and Jenson have performed as guest artists with Lance, but he also pulled together a great group of North Carolina players.

"I've got Dave McCracken on Hammond B-3 and accordion, and Kelly Pace on drums," Lance noted during our most recent conversation. "My new bass player is a guy named Steve Clarke—he's also out of Greensboro—and he's an unbelievable player. He kind of reminds me of Oteil [Burbridge]. He can stretch out rhythmically and harmonically. I've also got a keyboard player named Adrian Duke. He moved here about a year ago. He's a Dr. John-meets-Ray Charles kind of player, and he sings well too. "We can play a straight Zydeco tune and then do some kind of John Coltrane extended improv. Adrian also plays flute, so we have this incredible tonal palette to draw from now. The band is really starting to gel now, and we'll be doing a lot more playing come summer and fall."

INFLUENCES

Lance grew up in a rather nomadic fam-

ily, headed by a father who was a notable medical researcher: "I was born in New York City. My parents moved around every two or three years. My dad was in medical school, and when he finished he started doing research, so we moved to England, and then back to New York. My dad worked with Sir Peter Medawar in England, who won the Nobel Prize for medicine [1960], and my dad was one of the researchers who carried on Medawar's work on tissue transplants and bone grafts.

"Then, on a whim, basically, when I was about 11, they decided to move to Hawaii. They just thought they'd go there for two or three years, but they never left. One of his best buddies, who had moved to Hawaii in the '60s, invited my dad to join his practice out there, which he did. He also worked at the University of Hawaii. He was an immunologist and orthopedics guy. That place is hard to leave."

Cyril eventually left sunny Hawaii to attend Cornell University. He was graduated with a degree in physics, but the science that really captured his fancy involved running electricity through a guitar to an amplifier. He cruised into the Boston music scene in the mid-'80s and developed his interest in the blues and jazz, undergoing a second graduation of sorts, moving from Deep Purple to Muddy Waters and John Coltrane.

Cyril's move south came when his wife expressed her desire to study in the University of North Carolina's Folklore program. They resettled in the Triangle and here they remain. Once settled, Cyril found a gig with Mel Melton & the Wicked Mojos, spending three years touring with Mel—a learning experience that led directly to Cyril's self-produced debut in 2000.

Lance also remains busy in the recording studio, though he hasn't released a CD since *Live from the Outskirts*. "I've recorded 14 songs with John Plymale, and I'm very excited about the new material, but I've got no money to finish the album at present," Cyril said. "There are still another six to eight songs I want to record, and then I'll narrow that group down to about 12 tunes for the album. If I could get this out in the fall it would be super, but it probably won't happen until next spring."

In the meantime, Cyril's band is solid and they're back in regional venues after a yearlong hiatus. Organ player Dave McCracken spent some time on the road with Zydeco artist C.J. Chenier, but he's back in the Arkestra.

"With Dave back with the band now, I have an organ player and a keyboard player, which is my favorite format," Lance said. "I like the rhythmic aspect of music, and the B-3 and the Rhodes Piano have two completely different roles. When you get them together, something really sublime happens. The interplay is amazing. I've got the drums and bass behind me, and the interplay of the dual keyboards, and it creates this perfect bed in which to make my statement on guitar. It really frees me up. It also gives me a lot of textures to pull from to create different moods. I can build these incredible grooves from this band configuration."

He went on to note that: "I'm starting to book more gigs now, including festivals, since I'm working with Piedmont Talent. I don't know if we'll be playing Chapel Hill this year, but we'll play Greensboro and Blue Bayou in Hillsborough."

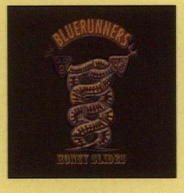
Asked what sort of grooves we can expect when he finally releases his next album, Cyril replied: "Well, I really wanted *Stranger in My House* to be an album rooted in the blues. Now, however, though blues will always be my foundation, I'm feeling free to add any element I want, so you'll be hearing hip-hop beats in our music, and stuff influenced by Mongo Santamaria to Dylan to Brian Eno. It's all fitting together really well. The new album will have more modern grooves and textures."

Cyril also expressed a typically provocative musical vision. "I've asked myself, 'what would Muddy Waters be doing now?' He wouldn't be doing what he was doing in the '60s. What would he be doing in these crazy times? I mean, I've really been affected by the times. I feel like the audiences are kind of on edge, too, and crave really honest music more than ever. I'm putting some politics and thought into my songs now, just trying to reflect the anxieties that are going on now. My music is getting more intense, more angular. I feel like people are really responding, too."

Anyone who catches The Cyril Lance Outskirts of Infinity Collective Experience Arkestra in a live setting is likely to respond positively. Check out *Stranger in My House* and *Live from the Outskirts*; both CDs are available online from CD Baby and Homegrown Music Network. For future reference, Cyril's band frequently plays The Blind Tiger in Greensboro and Blue Bayou in Hillsborough. MM

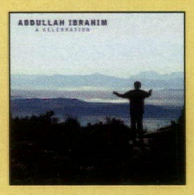
DISCOLOGY

Bluerunners:
Honey Slides
(Bayou — Vista)
For any music fan who's into Cajun, Zydeco, and swamp rock, this is an album that addresses those fascinations. The Bluerunners hail from



Lafayette, Louisiana, the hub of Cajun Louisiana, and their music is a fusion of bayou grooves that's unfailingly cool. They work mainly original material here, and they achieve a sound that's essentially most of what we love about Louisiana music in one 13-song package. Anyone who's looking to acquire a rapid feel for what Bluerunners are all about need only listen to the first two tracks—"Working Man's Zydeco" and "The Gravedigger"—a pair of superb tunes that outline this band's mighty fine sound.

Abdullah Ibrahim:
A Celebration
(Enja/Justin Time)
On the occasion of his 70th birthday, Justin Time Records has released this excellent compilation to honor the fine South African jazz pianist Abdullah Ibrahim. The 13 songs run from "Ntsikana's Bell" (1973) through "Calypso Minor Remixed" (2004), and provide a pleasing retrospective on Ibrahim's illustrious body of work. Ibrahim has been one of the most important jazz players in Africa for decades, and hip American jazz fans know him as well. Hopefully this release will increase his profile world-wide.



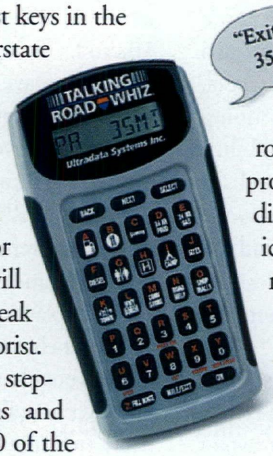
continued from page 20

Opera Theater. Tickets can be purchased by calling 919-821-2030 or visiting www.rcmg.org.

Traveling?
Talking Road Whiz Gets You There

Talking Road Whiz is a new gadget that helps travelers and motorists locate over 80,000 brand-name services like restaurants and gas stations, plus distance, directions & driving time while on the US Interstate system. It is a pocket-sized electronic device that costs $39.90, much less than a GPS system.

To use TRW, a motorist keys in the state he/she is in, the interstate highway and direction being traveled, and the closest mile marker. Then the TRW prompts the user to choose a desired restaurant, gas station or other service and TRW will correctly display AND speak the information to the motorist. The TRW will also provide step-by-step driving directions and driving times between 250 of the largest cities in the nation.



TRW, produced by Ultradata Systems, is the only hand-held, self-contained road travel information product that provides exit numbers, direction and distance off highway to requested services. "It provides information that maps simply don't have," says Ultradata Systems President Monte Ross. "It doesn't rely on addresses because addresses are of little use to an interstate traveler unfamiliar with an area." MM

EYES ONLY

West Corporation, a leading provider of outsourced communication solutions, recently announced plans to open a **customer service contact** center at 1960 Stonerose Drive in **Rocky Mount**. West has an immediate need to hire over 100 professional staff and expects to hire 800 customer service representatives beginning in June. ■■■ **Dr. Kenneth Bruce Adler**, professor, Department of Molecular and Biomedical Sciences at the NC State College of Veterinary Medicine and principal discoverer and inventor of the Marcks Peptide, has been awarded the prestigious **O. Max Gardner Award**, which recognizes the faculty member who, during the current scholastic year, has made the greatest contribution to the welfare of the human race. ■■■ **Red Truck Films**, a full-service film and commercials production company based in Raleigh has announced the appointment of two **executive producers. Garye Costner**, previously the company's director/director of photography, will be executive producer. Joining him is **Jim Riche**, an executive producer and director, specializing in visual effects. Riche was most recently president of Cibolo Films. ■■■ **Dr. James H. Semans**, a Duke University surgeon and urologist who combined a career as a leading medical scientist and physician with a passion for the arts and charitable causes, died at his Durham home recently. He was 94. Semans was a **pioneer in rehabilitative and urinary surgery** who during World War II developed an operation on the bladder neck sphincter to relieve retained urine due to spinal cord injury. ■■■ **Dr. Madeline G. Levine**, Kenan professor of Slavic literatures at UNC-Chapel Hill, was honored by her peers with the 2005 Thomas Jefferson Award. Levine has taught at UNC since 1974 and has published numerous scholarly articles and book-length literary translations. ■■■ UNC Press author **Michael O'Brien** has received the coveted **Bancroft Prize** and is co-winner of the **Merle Curti Prize** for his recent two-volume study, ***Conjectures of Order: Intellectual Life and the American South, 1810-1860***. O'Brien's work was also one of only three finalists this year for the Pulitzer Prize for a book on US history. ■■■ **Duke University's Pratt School of Engineering** recently broke ground for the **Duke Smart House**—a 4500-square-foot undergraduate live-in engineering research laboratory. The highly automated, two-story house will help students to gain practical design experience, as well as learn project management and team building. ■■■ Metalsmith and jewelry artist, **Ginger Meek Allen**, recently joined **The Cotton Company in Wake Forest**. Her work includes jewelry, forged utensils (spoons, forks, spreaders, etc.), and most recently forged and enameled vessels. Ginger has studied at Penland School of Crafts and states that she has learned volumes from her own voracious study. She and The Cotton Company will offer for sale original pieces, custom design and jewelry repair. ■■■ **The Rev. Canon Dr. Samuel Wells,** Priest-in-Charge of **St. Mark's Church in Cambridge, England,** will become **dean of Duke Chapel, Duke University.** Wells has devoted himself to parish work—especially in underprivileged areas—and to a scholarly career that has earned him a reputation as one of the major theologians writing on ethics today. ■■■ Sixteen counties in **Eastern North Carolina** are targeted for this year's **1000/100 Project**, a statewide initiative aimed at connecting communities to a rapidly growing market for heritage and cultural tourism. In its third year, the1000/100 Project's mission is to create a grassroots network of 1000 trained leaders in heritage and cultural tourism throughout the state's100 counties. ■■■ The fifth annual **National Fishing and Boating Week** will take place June 4-12 this year, with hundreds of local events planned in communities across the country. Events will provide hands-on opportunities for families and friends to share fun, quality time together while learning about two of our nation's favorite pastimes—recreational boating and fishing. ■■■ The UNC Chapel Hill's **Kenan-Flagler Business School,** a leader in entrepreneurial studies, has named three key appointments: **Dr. Clay Hamner** as the Frank Hawkins Kenan professor of entrepreneurship; **Randy Myer** as the entrepreneurial professor of the practice, a new full-time position; and **Ted Zoller** as executive director and adjunct assistant professor in the Center for Entrepreneurial Studies. ■■■ The **Lance Armstrong Foundation** recently awarded a research grant to **Dr. Marilie Gammon** of UNC-Chapel Hill to study the potential correlation between **flavonoid intake and breast cancer risk and survival.** Gammon will study the impact of non-clinical factors, specifically the fruit and vegetable component flavonoid, on breast cancer survival. ■■■ **PlayMakers Repertory Company** invites Equity and professional non-Equity actors to **open auditions** May 21 & 22 for its 2005-2006 theater season. Actors should prepare one contemporary monologue and one monologue from Shakespeare and should have additional monologues in each category ready to perform if asked. ■■■ **Duke University** will become a **major sponsor** of the **Full Frame Documentary Film Festival,** one of the nation's leading festivals of its kind. Now in its eighth year, the annual four-day event in Durham features **more than 100 films** from around the world as well as panel discussions, question-and-answer sessions and seminars. This year's festival was held in April.

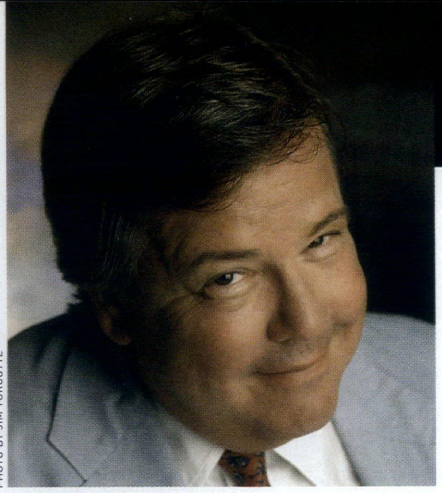


PHOTO BY JIM TURCOTTE

My Usual Charming Self

by Bernie Reeves

FOOLS DON'T KNOW THEY ARE FOOLS

Ever get the feeling the fix is on?

I caught a glimpse of the three National Champion UNC basketball players staging a news conference to announce they were leaving the school early to enter the NBA draft. Their decisions bring the number of non-seniors leaving the team to four, an NCAA record. At the obvious advice of very shrewd spin-doctors, they seized the moral initiative by going on TV to cut off what their public knows is sheer avarice. With the complicity of coach Roy Williams, they seized the moral high ground by going straight to the people together, disingenuously communicating that their chance at the NBA draft was obviously a slam dunk choice compared to love of school or attaining a college degree.

In other words, it was a set-up. We (they were actually saying behind the spin) stood on the shoulders of UNC to grab the ring, but we actually have no connection to the school. We brought home the bacon and you got a whiff, but we scoffed down the meat: a sure shot to be pro basketball millionaires. Sadly, the fans (and sports writers who dare not criticize for fear of losing their credentials) just thought it was fine, proud of their boys for walking all over them. The reality that their college has become a warehouse for semi-pro athletes is obviously an acceptable condition to fans for thrills and wins during March Madness. Is it actually valid to use home-run records on steroids and ringers to win the national basketball championship?

VATICAN RAG

Just the week before, thousands of another sort of fan, ecstatic true believers in the Roman Catholic church, cheered and cried in joy after a convocation of the College of Cardinals basically ran a fait accompli right by them and elected a German Pope to replace John Paul II. It was a spin-doctor set-up too, a brazen transfer of power to a pre-ordained candidate, suffused in the pomp and circumstance of smoke, bells, ermines and jewels, providing bread and circuses to disguise the machinations of a very slick curia.

Obviously the dead Pope made it clear he had blessed the ascension of Benedict XV1; and it is probable the wily German, who served as John Paul's papal palace watchdog—he was nicknamed the Rotweiler by ecclesiastical wags, now Adolph II by others—took advantage of the Pontiff's feebleness to push his ambition on the declining Polish Vicar of Christ. Using his Metternich-like role, perhaps Ratszinger used his Vatican power-base to get the goods on his competitors. After all, he held the post of director of the Congregation for the Doctrine of the Faith before his elevation to Pope, the same crowd that brought us the Inquisition.

Or perhaps the Cardinals really did commune in their own hearts and sincerely struggle to elect a successor by calling on spiritual advice from above, as the folklore goes. Yet taking only one day to be guided by God must appear a bit hurried and brusque to the man upstairs.

Martin Luther is spinning in his grave: A Pope from the birthplace of Protestantism? It was just such displays of finery and trickery that contributed to Luther's outrage in 1517, leading to his historic display of the 95 Theses hammered on the door of Wittenberg Cathedral ushering in the Protestant Reformation. But that was only a part of Luther's problem with his colleagues in the Church of Rome. And it was not merely corruption—selling indulgences, sexual licentiousness—it was the brazen refusal by church officials even to pretend to be modest or priest-like. Today, the corruption is even more lurid. We now know that many members of the Catholic priesthood, in the US and elsewhere, have been using the respect and power of their office to sexually molest young boys.

John Paul II, otherwise a hero to many in the victory over the Soviets in the Cold War, did not address this scandal while sitting on the throne of St. Peter. Yet he called for a hard line for practicing Catholics against homosexuality. Thus the transparent contradiction: Church members better not engage in illicit behavior, but it's fine for the priesthood. I suspect Benedict will stay the party line and protect his own. Everyone else will risk excommunication. And where was Father Guido Sarducci during the papal succession? He was sorely missed.

THE BIGGEST LIE OF ALL

The blue ribbon for the most monumental spin-doctor con job goes to America's universities. As tuition skyrockets, the content of a college degree is plummeting. A nasty cabal of Leftists revisionists has a chokehold on the curriculum, squeezing the life out of what used to be a liberal arts education. Graduates have been screwed, blued and tattooed during their four-year stint. It's when they engage in conversation with anyone who has a grasp of the world that the sinking feeling overcomes them: My parents and I spent that much money to attend a prestigious university and I am basically ignorant of the world around me?

They learn quickly that not only are they incapable of a literate conversation, but also they picked up in school the parallel disposition of having unacceptable attitudes in the workplace. These poor kids realize that all that self-esteem jargon they had drilled in them has inflated their self-value far out of proportion to their actual assets. And the group therapy doctrine that accompanied this hokey theory of education is not how you solve problems in real life, especially in an office environment.

Yet the cost of admission to gain this illusory leg up by attending what are now basically third-rate schools, continues to climb in direct negative proportion to the quality of the education. Coddled and clueless, riding on the air of grade inflation and content disintegration, an entire generation entering the real world today is probably less factually informed than high school graduates of 40 years ago.

The villains in this tragedy are the revi-

sionist scholars who have been hiding out behind the campus walls since the 1960s and '70s, oblivious to the facts of political reality since their heady days in the golden era gone by of occupying the dean's office and demanding raises for cafeteria workers. These scholars in turn propagandized entering college classes and in turn kept the indoctrination in full swing as they attained academic status, careful as they went, to cull out for professorships and tenure anyone who failed to toe the party line. They are Marxist in their mind-sets and unrelenting in their allegiance to failed doctrines: world socialism, a classless society and utopian zealotry. Think of Ward Churchill of the University of Colorado and you get the picture. A poseur who claims he is American Indian, he called the people killed in the World Trade Center attack on 9-11 "little Eichmann's" for working in a capitalist building—who deserved to be killed for being American fascists.

Churchill and his type may be a minority in academe, but they have succeeded in tearing down the antithesis to their dreams, Western culture and American principles of individualism, capitalism and freedom. To accomplish their goals, they have rewritten history and twisted the present, all the while calling for a theoretical future that reality has proven to be fanciful—that is without dictatorial tyranny and enslavement as practiced by their heroes Stalin, Mao and Pol Pot. The upshot is a scandal: Students receive a mangled menu of propaganda posing as history, and the benediction to continue the war against the principles of their culture.

THE HEROES OF THE CONFLICT

Fortunately, there are those who have stood up to the campus radicals, and three of the most prominent will be here August 31 through September 2 for the third annual Raleigh International Spy Conference, presented by *Metro Magazine* in association with the NC Museum of History. Their many books are scantly covered in the slanted mainstream press, but read by those who know the fix is in on campus and within the "intellectual community."

Ronald Radosh, at one time a typical liberal scholar, discovered he was the victim of an outrage after setting out to write a book in an objective manner to verify that Julius Rosenberg was innocent of espionage against the United States. After all, everyone he knew or knew about in the intellectual community in New York, where he taught at City College, believed absolutely that Rosenberg was innocent. To them, it was right-wing American fascists who arrested, convicted and executed Julius and his wife Ethel.

But Radosh was educated in the days before the decline in scholastic standards now so common on campus. He discovered through his research that actually Rosenberg (if not Ethel exactly) was indeed guilty. For his trouble to tell the truth in the Rosenberg File (1983), he was the victim of ridicule and humiliation from his colleagues. He discovered to his dismay that things were changing in the academic community. Scholarship was out and adherence to the party line was in. (Radosh's latest book, *Red Star over Hollywood: The Film Colony's Long Romance With the Left*, is due out this month).

Harvey Klehr and John Earl Haynes learned their lesson a little later, in the early '90s when they were granted access to KGB archives after the collapse of the Soviet Union. They co-wrote two books in the *Annals of Communism* series sponsored by Yale University Press, only to find that their academic colleagues were not interested in the reality that many Americans worked for the Soviet Union from the 1930s onward. The two then wrote about the revelations in the Venona files, declassified by NSA in 1995. Therein the American communists who worked for the KGB were exposed. Once again the scholarly community and the two major historical societies refused to care or to cover their books.

The two authors were more than highly suspicious that historic scholarship has been high-jacked by a lethal strain of revisionist theory on campus that goes beyond ignoring the facts of the Cold War. These people are actually rewriting it and in the process denying the crimes of Stalinism and the complicity of American communists on the Soviet side. Klehr and Haynes then co-wrote *In Denial: Historians, Communism and Espionage*, that reveals clearly the radical revisionism on campus.

I recommend you attend the conference. With our concentration of universities in the Triangle, it is important that we understand why knowledge has been replaced with propaganda in the liberal arts.

NOTES FROM LA-LA LAND

The documentary on FDR on the History Channel last month featured new photos, diaries and information, but once again what was left out is just as important. In keeping with the revisionist party line in media, there was no mention of Stalin's purge trials, the gulags or of the scandal that hundreds of Soviet-directed communists were working in every department of FDR's four administrations. More light was shed on Harry Hopkins as the man who ran the war for the President, forgetting to include the fact that he was a Soviet "asset." Hopkins extorted Churchill to end the Empire in exchange for US ships and gave Eastern Europe to Stalin at Yalta. Of course, the program ignored Ultra and intelligence during World War II, a critical factor in the allied victory.

•••

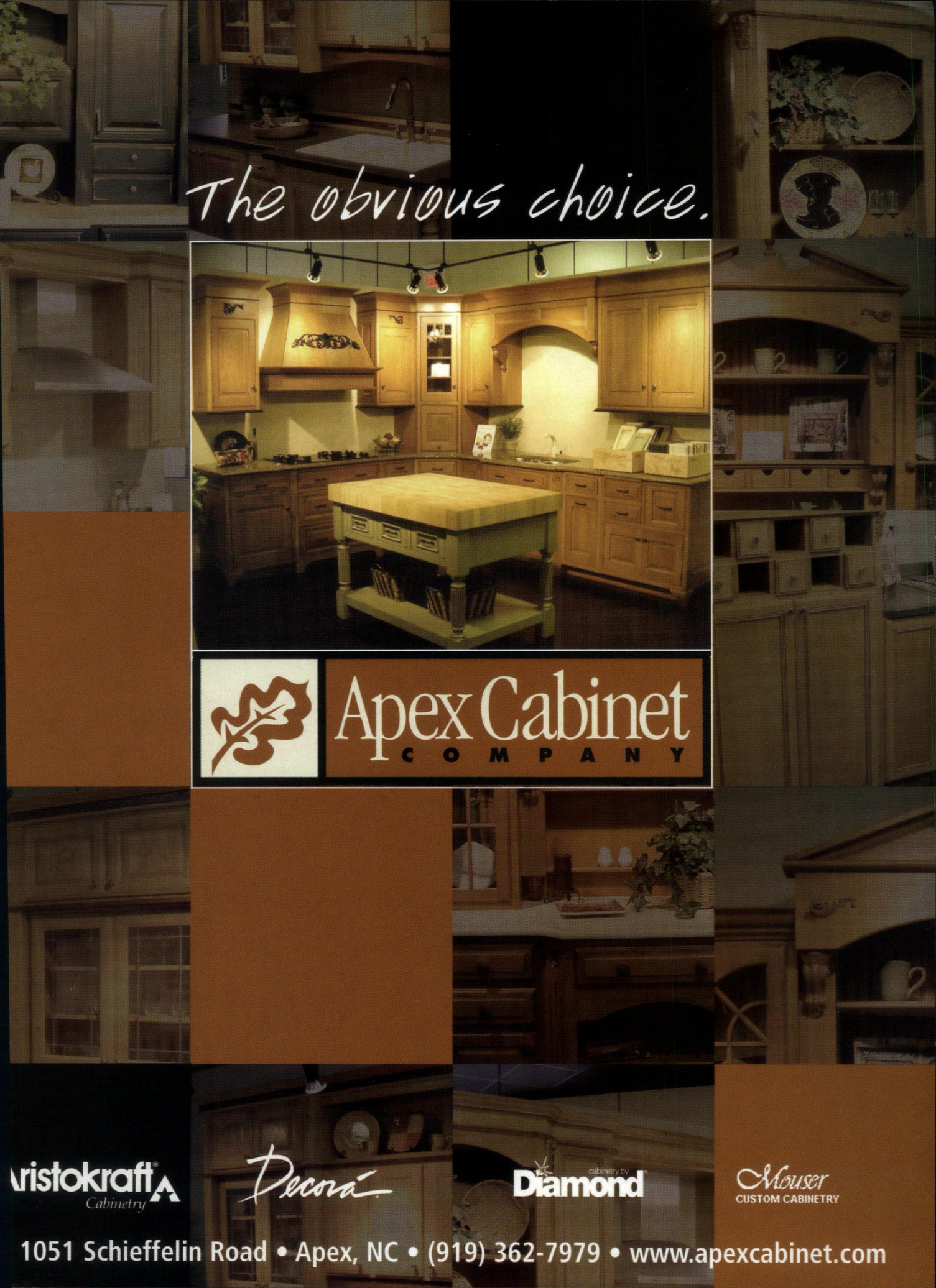
Contradictions prevail as usual when the social engineers get up a head of steam. As studies pop up pointing out the problems of childhood obesity, school districts around the nation are dropping recess. Says one administrator, softball and dodge ball are "too violent" and diminish the self-esteem of a child. After spending their formative years in car seats, wearing a helmet to ride a big wheel, being browbeaten with self-esteem and group therapy indoctrination, unable to express an opinion in class for fear of being "abusive," expecting parents to accompany them to soccer practice and being told they can't drink a beer until they are 21, no wonder kids hide beneath headphones and tune out the world.

•••

Bernard Henri-Levi, the French free-wheeling philosopher said on the Charlie Rose program—after his travels in the US retracing the travels of Frenchman Alexis de Tocqueville in his 1835 book *Democracy In America*— the same thing I tried to tell a French aristocrat recently: You just don't get the size of America. It's why we are who we are and why we prevail. Levi discovered there was a vast nation out there beyond New York City. "America," he said, "is factory that makes Americans."

•••

Chris Andrew, the UK intelligence scholar, told me at Cambridge recently that the reason the West believed Saddam Hussein had nuclear weapons was based on his reluctance to say he didn't. Saddam, it is now known, was afraid to admit it for fear he would be attacked by Iran. And for that reason, he was indeed seeking weapons of mass destruction. Chris Andrew's second installment of *The Mitrokhin Archives* is due out soon. He was scheduled to return this year to the Raleigh Spy Conference in late August in conjunction with the US release, but vetting and security checks have delayed publication. MM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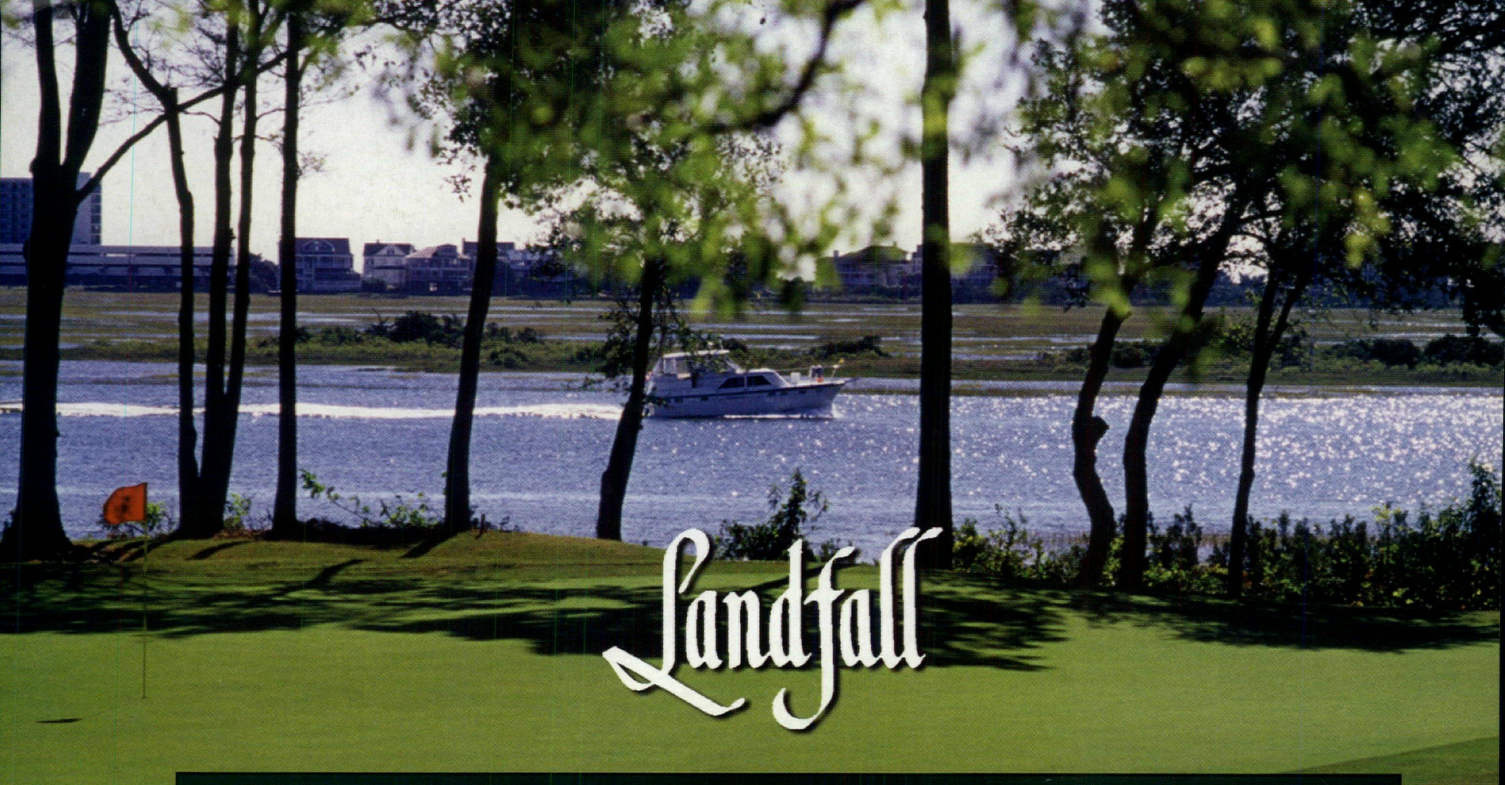

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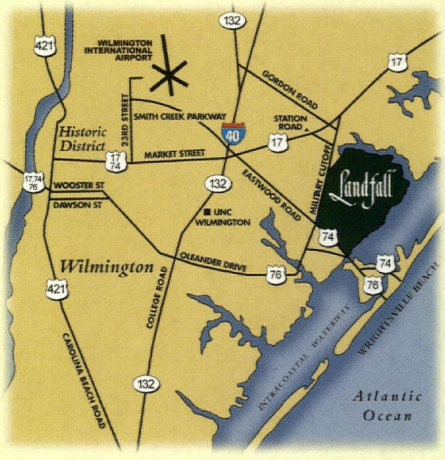

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