

Metro Golf: The pros rank "Best on the Coast"



From the Triangle to the Coast

RALEIGH

# Metro

Raleigh  
Research  
Triangle  
Eastern  
North  
Carolina

OBER 2004

\$3.95

w.metroinc.com

M A G A Z I N E

## Social Calendar

Dressing up for worthy causes

**Medical Quarterly**

Spy Conference Wrap-up

Emerging Manteo

The Demise of AMEX

Fall Fashion Coverups

Eating Greek

Pollster Par Excellence



7 25274 97807 6



Metro Magazine's Dream 10  
#2 and #17 at the Dye Course

Here, a Short Drive  
Goes a Long Way.

# Landfall

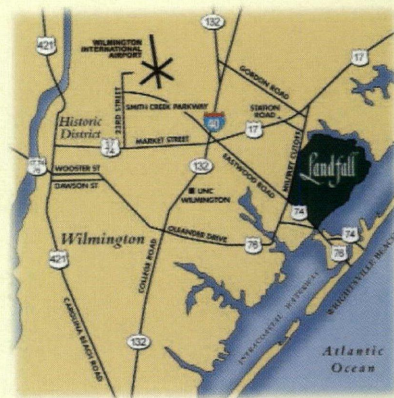
You'll have to get plenty of distance off the tee to score well on Landfall's 45 challenging holes – 27 designed by Jack Nicklaus and 18 by Pete Dye. But off the course, you'll find everything you desire in very close proximity.

Landfall is on the Intracoastal Waterway, anchored by the fabulous Country Club of Landfall. The Atlantic Ocean and charming community of Wrightsville Beach are just minutes from the gate, as are the myriad of cultural and recreational opportunities offered in Wilmington – including a restored historic district, a renowned university, advanced medical facilities and some of the best shopping and dining options in the state.

*So leave the long drives for the course.*

Landfall Realty  
LLC

THE REALTOR OF CHOICE





MACKINTOSH



RAZOOK'S

RALEIGH 2104 SMALLWOOD DRIVE 919 833 6121

GREENWICH, CT • PINEHURST, NC





*Hertzberg Furs*

SINCE  
1946

*"If you don't know furs, know your furrier."*

You'll feel sensational in a Hertzberg Fur!

6019-B Glenwood Avenue, Raleigh, NC

919 782 2165 | 1 800 876 3877

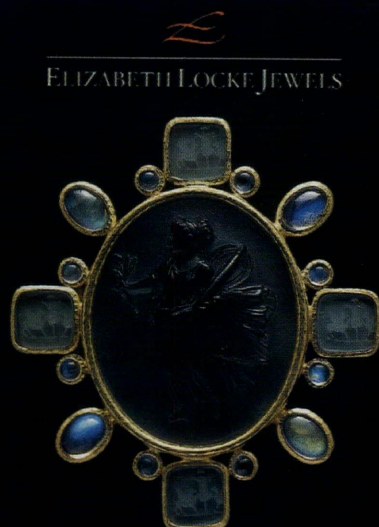
Layaway | Trade-Ins Accepted | Financing





## Claire Miller Collection

Introducing Exclusively  
Four Internationally Known Jewelry Designers



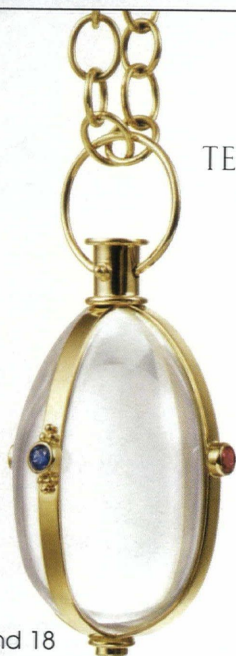
ELIZABETH LOCKE JEWELS

Trunk Show  
November 8 and 9



SLANE  SLANE®

Trunk Show  
December 1 and 2



TEMPLE ST CLAIR

Trunk Show  
November 17 and 18



SEIDENGANG



Trunk Show  
October 20 and 21

## Claire Miller Collection

The Lassiter at North Hills • 4421-109A Six Forks Rd • Raleigh NC 27609  
919.571.8888  
Mon-Sat 10:00-6:00





Nouveau Pendant™

 **FERGUSON**  
Bath, Kitchen & Lighting Gallery



Your local Ferguson Bath, Kitchen and Lighting Gallery will indulge your senses in the latest, most innovative lighting products from Sea Gull Lighting®.

Our experienced showroom consultants will help you choose the precise products that suit your lifestyle. Call today to learn more about Ferguson and the products and services we are proud to offer.

[www.ferguson.com](http://www.ferguson.com)

Raleigh  
2700-A Yonkers Road  
(919) 828-7300

Chapel Hill  
104 Highway 54, Unit EE  
(919) 933-6994

Please call for an appointment.

**WOS**  
LISTED  
NYSE a WOLSELEY company

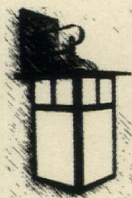
© 2005 MarketFocus Communications, Inc.

 Prudential Sponsor of  
**Habitat for Humanity**  
International

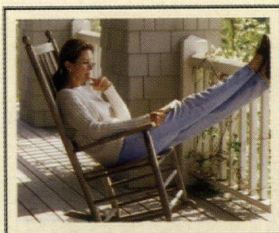




## ❧ *The Evolution of the Bungalow* ❧ by *Preservation Homes*



In the wake of the Industrial Revolution of the early 1900s, bungalows became the favorite new architecture of the Arts & Crafts Movement that glorified all things handcrafted. At Preservation Homes, we set out to flatter, and even improve, the intent of that movement by relating its goals to new bungalow-style homes to fit the needs of today's families. Preservation Homes' bungalow designs are the result of extensive research and design. Like the charming originals, our creativity and diversity of materials are what makes our homes so wildly popular with area homebuyers. All of our homes feature Hardiplank siding, and some include cedar-shake shingles, brick and even stone. Each one offers Frank Lloyd Wright



Prairie School Design windows, "rocking chair deep" front porches, custom-made tapered porch columns, authentic Bungalow Brand color schemes, and heavy landscaping, including sodded yards. Our plans also have modern considerations,

such as spacious state-of-the-art kitchens, luxury baths, and sensible room dimensions, yet they retain the charm and practicality of the homes built almost a century ago. For more information about our nostalgic reproduction homes, call 919-832-7740,

or stop by one of our furnished homes in Bedford at Falls River in North Raleigh, Bungalow Park in Apex, or Magnolia at Scotts Mill in Apex. 🏠



[www.preservationhomes.com](http://www.preservationhomes.com)



# designs to fit your lifestyle



Triangle Design Kitchens<sup>®</sup>

visit our online showroom at  
[www.TriangleDesignKitchens.com](http://www.TriangleDesignKitchens.com)

appointments only — phone: 919.787.0256 toll free: 888.251.5182





**You promised to love her forever.  
We're here to make sure you live up to it.**

At WakeMed Heart Center, we see it all the time. Two hearts beating as one. One in need of repair. Prevention. Education. Wellness. And more. Even a first-class hotel on the top floor for those you love.

So we offer everything your heart desires. All in a convenient center. Diagnosis. Open heart. The very latest less invasive procedures. Cardiac rehab. And that's the kind of care and caring that only comes from people who never forget that every time we fix a heart, chances are, we save a marriage.



**THE POWER TO HEAL. A PASSION FOR CARE.**

**WakeMed Health & Hospitals Raleigh NC** WakeMed Raleigh Campus WakeMed Cary Hospital WakeMed North Healthplex WakeMed Clayton Medical Park WakeMed Fuquay-Varina Outpatient & Skilled Nursing Facility WakeMed Zebulon/Wendell Outpatient & Skilled Nursing Facility WakeMed Wake Forest Road Outpatient Rehab Center WakeMed Cary Outpatient Rehab Center WakeMed Home Health 919-350-8900 [www.wakemed.org](http://www.wakemed.org)





## HERDING CATS

It's like herding cats corralling the pertinent coverage in this issue of *Metro*. And we have all varieties purring in these pages, from tigers to cheetahs to tabbies. Let's start with the big cats.

Suddenly you look around and the Triangle is a metropolis teeming with companies and individuals who care about their community. The giving agenda is crowded with dozens of events, but the charity ball is the signature hallmark that draws the crowds and raises the big bucks. And people like to dress up for a good cause. Examine *Metro's* first Social Calendar and find the organization that suits your altruistic side and join the fun...and help deserving organizations in our community.

Having a golf editor who can't putt (my hands turn to jelly) is not really a disadvantage because Jim Hughes and his cohort, former Associated Press sports editor Dave Droschak, love the game and know it well. This edition of our twice yearly golf section is a tribute to our often undiscovered courses along the coast and the Inner Banks—including a ranking of the best tracks and the most challenging holes by a panel of area golf professionals. And autumn is the perfect time to enjoy them all.

The town of Manteo, named for one of the two Indians the Lost Colonists transported to show off in London in the 1580s when the first English settlement was established in America, has transformed into a historic attraction worthy of Williamsburg... and worthy of us here in the state who forget our lineage to the founding of America. Diane Lea has the story in this month's Design feature.

Ever since we went around standing up, the human being has been assaulted by elements and conditions that send us scurrying for medical assistance. And other ailments are new and represent the new conditions in the modern world. Senior Editor Rick Smith discovers that whatever the problem, the world-class medical facilities and practitioners in the region can diagnose and treat almost everything—and what they don't know now, they're working on.

In this quarterly *Metro* Medical Special Report, he discovers the new eating disorders program and advances in the treatment

of stroke at UNC-Chapel Hill, the new levels reached at ECU's renowned heart center, the new Balance Center at Rex Hospital in Raleigh for the treatment of vertigo and related disorders, the company bringing medical care back to the home and a discussion of medical tort reform along with late-breaking medical news in the region.

Just in time for the big election in November, we interview the pollster the experts rely on, John Davis of NCFREE, while Arch T. Allen produces the evidence that endangers John Kerry's campaign with reviews of the pertinent books in the news today.

*Metro* Trouble-Shooter Jennifer Julian exposes the sinister new environment at the once-respected American Express; Louis St. Lewis previews the blockbuster exhibition of the works of art purchased by NC's Cone sisters in Paris in the teeth of the modern movement; Style Editor Molly Fulghum-Heintz sets up the look for fall; Maudy Benz finds a Greek delight dining at Xios (and reviews the new book by her partner in covering the food scene for *Metro*, Moreton Neal); and Wine Editor Barbara Ensrud lets you know what you need to know about the exciting wines from Spain.

Carroll Leggett knows the importance of names in *Between You and Me*, Art Taylor covers the literary ground in *New & Noteworthy*, Philip Van Vleck discovers the talents of singer Allyson Light and Patrik Jonsson's *Metro* Index is loaded with useful data on our world today.

The second Raleigh International Spy Conference is highlighted, the Letters column is chock-full of comment from readers and I've got a few things to say on the media today in the wake of Rathergate.

Morris would be proud...

Next month, it's our annual education issue, our first of two in-depth gift guides and *Metro* Gallery, where artists and galleries display their talents.

See you then, and remember, the season is here to give *Metro*, the gift that really does keep on giving.

—Bernie Reeves, *Editor & Publisher*





**BEANIE + CECIL**

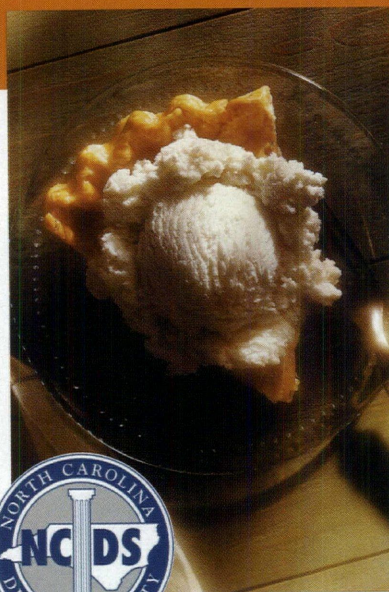
Cameron Village + The Lassiter + Downtown Wilmington



# SOME THINGS JUST GO TOGETHER.

Sometimes, we take a lot for granted. Like our dental team.

But, next time you visit your dentist's office, think about what it would be without a team of caring professionals. Like your dentist, of course. And a dental hygienist to help keep your teeth healthy. There are dental



---

**MEMBER DENTISTS  
OF THE NORTH  
CAROLINA DENTAL  
SOCIETY**

---

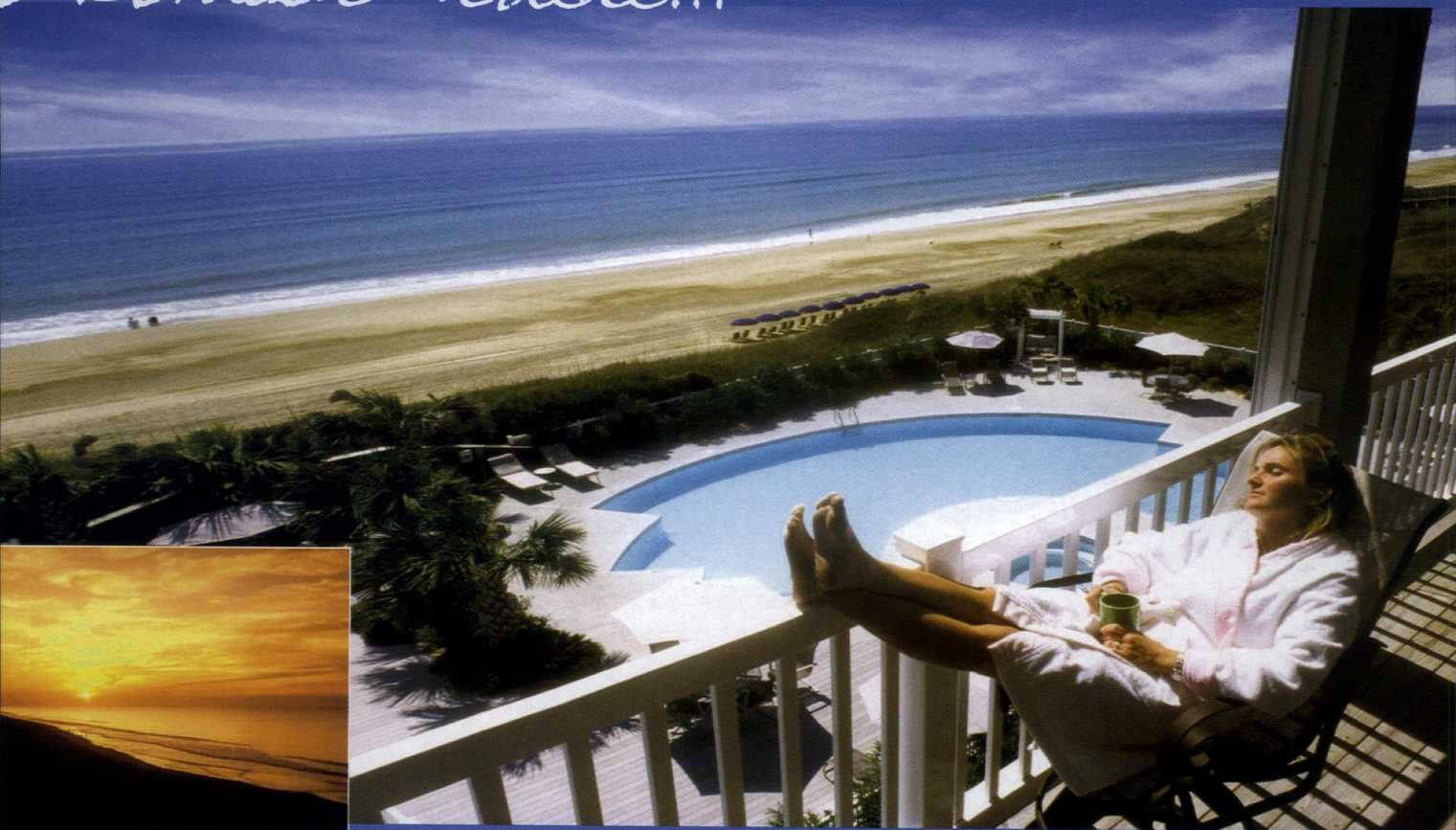
assistants, lab technicians and the administrative staff. This skilled team is so seamless, you probably didn't even think of them as a team at all. Just a group of friendly folks who take good care of you. *Next time you visit your dentist, just remember it's a team effort.*

L E A D I N G   H E A L T H   C A R E ' S   F I R S T   T E A M .

[www.ncdental.org](http://www.ncdental.org)



*Almost there...*




*New 1,2 and 3 Bedroom Villas ✦ Viva 2005 European Spa  
Executive Conference Center ✦ Wedding and Corporate Celebrations*



*Luxury Oceanfront/Soundfront  
Villa Resort*

18,000 Sq. Ft. Meeting Space ✦ Hi-Speed Internet/T-1 Line ✦ Video Conferencing  
Seasonal Family Activities ✦ Lighted Clay Tennis Courts ✦ Heated Oceanfront Pool  
Children's Pool/Beach ✦ On-Site Fishing Pier, Kayaking, Sailing, Croquet and Bocce

  
**THE OCEAN CLUB**

Luxury Oceanfront/Soundfront Villa Resort

Indian Beach, NC (*between Atlantic Beach and Emerald Isle*)

**Reservations: 888.237.2035/247.2035 • [www.theoceanclubnc.com](http://www.theoceanclubnc.com)**



# Correspondence

## CHANCELLOR HEADHUNTERS

In looking through your September edition, I came across the item in "Notes from La-La Land" at the end of the My Usual Charming Self column about chancellor searches and couldn't help but notice that somebody has given you a little misinformation.

I chaired the UNC Board of Governors Search Committee that recommended Molly Broad, and the information about our committee having disbanded simply didn't happen.

I wasn't surprised to see the comment, simply because all sorts of rumors fly every time there is a search for a new President of the UNC system.

People in higher education still debate the use of headhunters in searches, and I have tried it both ways. I think headhunters almost always bring some names that you wouldn't get otherwise and that can be a benefit.

At the same time, my experience of working without a headhunter persuaded me that it "can" be done without one. On balance, I would probably come down in favor of using one, provided that it doesn't become the headhunter's choice, rather than the choice of the committee and the Board.

I enjoy reading your magazine, and we wish you well.

James E. Holsbouser  
Pinehurst

(Mr. Holsbouser was governor of North Carolina from 1972 to 1976)

## PILKEY DISAGREES WITH LEUTZE ON BEACH NOURISHMENT PROBLEMS

The article by Jim Leutze entitled *Tackling coastal nourishment problems: DOUBLE WHAMMY HITTING NC COAST* in the August 2004 issue of *Metro Magazine* presents a one-sided view of beach nourishment. Dr. Leutze does not mention a number of very critical issues that must be considered regarding the future of our state's beaches. For example:

- The sea level is rising and erosion rates of both natural and nourished beaches will increase in the future, making beach nourishment all the more costly.
- More than 120 miles of developed North Carolina shoreline is in some stage of requesting or receiving beach nourishment. Can the state possibly afford to nourish all of our developed beaches?
- Now consider the entire US Atlantic and Gulf coast shoreline, where almost every community wants federal money for beach nourishment. Can the nation as a whole afford to do this at a minimum cost of \$1 million per mile every 3-6 years?
- State safeguards on the quality of beach nourishment have failed, as evidenced by very poor beaches on Bogue Banks and Oak Island.
- Natural beaches never need salvation. The only reason we have an erosion problem is because buildings are located next to the beach. No buildings, no erosion problem. Shackleford Banks is rapidly eroding, but no one seems to care.
- The only political motivation for beach nourishment in North Carolina is the salvation of structures next to eroding shorelines. Why should federal and state taxpayers pay to bail out people imprudent enough to build next to an eroding shoreline?
- All along the East Coast, beach nourishment has led to intensified development, including high-rise construction. Once high-rises are built, all flexibility to respond to sea level rise is lost. Beach communities nourished with public funds should be required to enact zoning to prevent high-rise construction adjacent to the publicly built beach. As it is now, thanks to beach nourishment, there is a good chance that the North Carolina shoreline will resemble one long Myrtle Beach in a few generations.
- Why not buy, relocate or demolish threatened buildings along eroding shorelines? In a study by the US Army Corps of Engineers, the retreat/relocation alternative was found to be cheaper than 50 years of beach nourishment.
- Beach nourishment is damaging to near-shore

Bernie Reeves  
Editor and Publisher

## EDITORIAL

Rick Smith *Senior Editor*  
Frances Smith *Senior Editor*

## Contributing Editors

Arch T. Allen *Books*  
Fred Benton *Better Living*  
Maudy Benz *Gourmet*  
Barbara Ensrud *Cork Report*  
Molly Fulghum Heintz *Style*  
Patrik Jonsson *Index*  
Jennifer Julian *I Know How You Feel*  
Diane Lea *Design*  
Jim Leutze *Editor-at-Large*  
Carroll Leggett *Columnist*  
Moreton Neal *Gourmet*  
Louis St. Lewis *Artist-at-Large*  
Art Taylor *Fiction*  
Philip van Vleck *Music and Video*

## DESIGN

David Gough *Art Director*  
Leslie Sapp *Graphics Associate*

## ADVERTISING

Katie Reeves *Director of Sales and Marketing*  
Helen Banzet *Regional/National Sales Mgr.*  
Lee-Ashley Bonfield *Sales Representative*  
Elizabeth M. Richards *Sales Representative*  
Karla Pyrtle *Sales Representative*  
Bess Futrell *Sales Associate*

## ADMINISTRATION

Cyndi Akers *Office Manager*  
Amy L. Hoyes *Accounts Receivable and Circulation*  
Suzie Humphrey *Editorial Assistant*  
Sarah Jurek *Executive Assistant*  
Jennifer Hadra *Intern*

## MetroMagazine Holding Company LLC

1033 Oberlin Road, Suite 100  
Raleigh, NC 27605

## Mailing address

P.O. Box 6190, Raleigh, NC 27628  
Phone: 919-831-0999  
Toll-free: 800-567-1841  
Fax: 919-831-0222  
email@metronc.com

Subscription: \$29 one year

Postmaster send address changes to  
MetroMagazine Holding Company LLC  
P.O. Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC  
Published twelve times a year  
Audit applications submitted  
BPA worldwide membership applied for

## REPRINTS AVAILABLE

Contact Glenn Benton at Cooper-Thomas  
Printing Company, 919-868-8742.

**www.metronc.com**

©2004 Metro Magazine Acquisition LLC

ISSN 1529-4404



**Metro**  
MAGAZINE  
Raleigh • Research Triangle • Eastern North Carolina

Call our subscription hotline: **1.800.567.1841**  
or visit our website at: **www.metronc.com**

**SUBSCRIBE TODAY!**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

I would like

- ☐ One-year subscription for \$29  
☐ Two-year subscription for \$56  
☐ Three-year subscription for \$83

☐ Payment is enclosed.

Please send check to  
MetroMagazine  
PO Box 6190  
Raleigh, NC 27690-2806

VISA / MASTERCARD / AMERICAN EXPRESS (CIRCLE ONE)

EXP. DATE \_\_\_\_\_



ecosystems. Studies by Dr. Charles Peterson at the UNC Institute of Marine Science show that beach nourishment can be environmentally damaging to the birds and fish people love so much.

On a more personal note, Dr. Leutze refers to me as an impractical environmentalist. I am used to developers and politicians pigeonholing me as an environmentalist, and I have long accepted the tactics of those trying to weaken my views. For example, Emerald Isle Councilwoman Pat McElraft called me an "environmental wacko" in a recent editorial. But I address the problems associated with beach nourishment as a scientist. I have published a dozen technical papers on this topic and discuss it in three books I have written. While I am sympathetic to the views of the coastal environmental community, my views reflect my science. As a former UNC-W Chancellor, Dr. Leutze surely knows better.

I am not the only scientist to speak out on beach nourishment, and there is strong concern among marine scientists, including those at UNC-W. The aforementioned Dr. Peterson and Dr. Stan Riggs at East Carolina University are scientists that regularly speak out on the issue of managing our beaches. It's not that scientists necessarily oppose beach nourishment, we just feel that the societal discussion is not on a level playing field, as is the case in Dr. Leutze's op-ed piece.

Finally, the assertion by Dr. Leutze that the mountains and coast should join together to handle their respective environmental problems is wrong. The air quality problem in the mountains is real and needs to be solved. But, using beach nourishment to address our coastal development problems will only serve to create more problems. Connecting the coast to the mountains is a fig leaf disguised to hide the environmental devastation of beach nourishment.

North Carolinians need to debate this issue thoroughly. The future of our beaches is too important to be decided by a few individuals with an economic interest in the outcome.

*Orrin H. Pilkey  
James B. Duke Professor of  
Earth Sciences Emeritus*

#### JIM LEUTZE RESPONDS: NO SINGLE SOLUTION FOR BEACHES

I have no intention of being drawn into a scientific debate with Orrin Pilkey over the pros and cons of beach renourishment. There are scientists who agree with Dr. Pilkey—that letting Mother Nature take her course is the only way; there are scientists who think that there are ways other than beach renourishment to stabilize our coast; and there are scientists who don't like beach renourishment but think that, with proper restrictions, it is the best remedy currently available. Much of this, however, is beside the basic point, which is that the issue of what to do about our beaches is not simply a scientific question. Dealing with this issue is complex and multi-faceted including political, economic, sociological and, yes, scientific con-

sideration. No single solution is going to please everybody.

My intention was not necessarily to defend beach renourishment. I intended to call attention to the fact that the Corps of Engineers was no longer going to be doing beach renourishment and that should concern those who previously relied on it. Moreover, if there is to be beach renourishment, somebody is going to have to pay for it. And finally, that eastern North Carolina could hardly afford to have another of its economic props pulled out from under it.

Now if anyone thinks they can convince the beach community and the people of North Carolina that they don't need the tax revenues provided by the beach-front residences, the jobs building them provides and the attraction of wide strands, they are welcome to try. In my case, I would rather keep those benefits through properly managed renourishment while trying to find a better way to preserve beaches. And this in no way supports Myrtle Beach-style high-rises.

Finally I did not say Dr. Pilkey was an unrealistic environmentalist. Since I consider myself an

*If you feel robbed of your senses,  
here's your chance to steal them back.*



**\$234\***

One night's accommodations, spa treatment,  
dinner and breakfast

Touch. Sight. Sound. Smell. Taste. We can satisfy every one of your senses at Pinchurst Resort. From European-style body wraps to therapeutic baths, there's no better place to come to your senses.



Call 800.803.2719 or visit [pinchurst.com](http://pinchurst.com)

\*Based on availability. Per person, double occupancy. Valid through November 13. Some restrictions apply. Cannot be combined with any other offer. Subject to tax and service charge. © 2004 Pinchurst, Inc.



environmentalist, no insult was intended. I referred to him as an environmentalist who would not be distressed to find that the Corps could no longer afford to renourish beaches. It would appear that it was a proper inference.

### LEUTZE'S IDEAS DO NOT HELP THE POOR

Jim Leutze offers the view (*Metro*, September 2004) that only libertarians want to see the federal government stop its efforts at poverty alleviation, then says that if that were to happen, "the weak should tremble and the principled cringe." The clear implication of that statement is that there must be something morally callous about those people who oppose governmental "welfare" policies.

As one of those horrible libertarians, I'd like to respond.

The adoption of governmental (federal and state) welfare programs and the concomitant shriveling of non-governmental welfare institutions—was a monumental national blunder. One of the most pernicious of all political notions is the idea that it is right and even obligatory for government to take from some citizens in order to benefit others. That sets in train the unceasing politicization of society. Once the government is empowered to engage in what the economist Frederic Bastiat called legal plunder, there is no logical stopping point to the growth of redistribution. Factions and interest groups proliferate, all trying to get the government to favor them with subsidies, anti-competitive regulations, or other legal privileges.

But what does that have to do with helping the poor? Perhaps the most seductive of all the delusions of Statism is that government's redistributive power can be confined just to "doing good." That's like hoping that water might run uphill. If political power can be used to help the poor, it is sure to be used for purposes that are contrary to the humanitarian impulses of liberals like Dr. Leutze. What little is gained by the poor in the redistributive game is, I believe, far outweighed by the losses they suffer due to higher prices, taxes, and reduced job opportunities that occur because Big Labor, Big Agriculture, and Big Business are much better at playing the game than they are.

The central error of the welfare-state advocates is their belief that voluntary action by Americans would be insufficient to provide for those among us who are unable to take care of themselves adequately. Before the advent of the welfare state, the US had an extensive and growing network of charities and mutual aid societies. University of Alabama professor David Beito has written about that voluntary welfare system in his book *From Mutual Aid to the Welfare State* (UNC Press, 2000). Voluntary institutions, Beito and others have shown, were very good at targeting assistance where it would help people the most. As the high-cost and more easily defrauded governmental welfare system advanced, the private sector shrank. It was a terrible trade off.

Pointing to statistical inequalities in income and educational attainment between the wealthiest and the poorest counties in the state, Leutze opines that the state must do more to alleviate them. He doesn't say exactly what the government ought to do other than to say that more money should be spent

on education in poor counties. That, however, is a prescription that has been tried and found ineffective. In Kansas City, following an astounding decree by a federal judge, vast amounts were spent to create what have been called educational Taj Mahals, but student test scores didn't budge. Most of the difference between high and low achieving students is accounted for by the extent to which parents encourage and are involved with their children's education. If the home environment is not educationally supportive, no amount of state spending will make much difference.

We would all be better off if government stuck to the Jeffersonian model of protecting life, liberty and property, and left charitable efforts and the provision of education to voluntary action.

*George C. Leef  
Raleigh*

### RIGHT ON RAIL

Your Charming Self is right on this rail thing (September 2004 issue). I was told several years ago, when I was more involved, that the daily ridership would be no more than 24,000. If my brain is working, that doesn't make sense. I think the only leg that would work was the airport part and they have cut that out.

Keep up the good work

*Joe Wise  
Raleigh*

### ACTION AGAINST RAIL MASS TRANSIT

I am a regular reader of *Metro* principally because of your [Charming Self] column. I enjoy reading good writing, and I happen to agree with the positions you take on social issues around the area. I am writing now because of the information contained in "The Horror of Rail Mass Transit" from the September 2004 issue of the magazine. I agree that the relatively low population density here in the Triangle area does not support rail mass transit. You, however, are the only person I know of who has spoken out against it.

What organizations exist to fight what seems to be a rearguard action against the inevitable? I would certainly be interested in contacting one or more of them to see how I might help.

*R. David Hoover  
Raleigh*

### KUDOS FOR NC WINE

Kudos to *Metro* for being the first fine local magazine to let folks know what awaits them in wine country (Cork Report, Sept. 2004). Congratulations on the superb report on North Carolina wines!

Since opening the Agritourism Office in the NC Department of Agriculture and Consumer Services in August 2004, and knowing with heady delight that wineries and vineyards are fine examples of agritourism, I have been at my wit's end to understand why North Carolina wines are not known and respected by restaurateurs, much less the public. Our fine, medium-fine and just plain whatever dining establishments need to pay more attention to this wonderful part of our agriculture and feature our state's amazing variety of wines.

On our way to the mountains recently, four of us stopped at one of the vineyards in the Yadkin Appellation Region and enjoyed goat cheese, crackers, fruit and their wine for lunch on the patio outside the gift shop, with the sun shining, breeze flowing gently through the trellis, and great jazz in the background. Ahhh.

*Martha Glass  
Cary*

### SUPERB SPY CONFERENCE ON TERRORISM

Congratulations on another superb Spy Conference, one that ran smoothly, with pertinent topics on terrorism and excellent speakers. The three speakers who were able to relate their comments relative to current events were most impressive. Nigel West clearly revealed effective methods to subdue terrorists in Northern Ireland, and these can be easily translated to efforts in other countries. Kim Cragin spoke a bit quickly, but is passionate about her own war on terrorism spiked by personal experience and the leading role taken by her employer, The Rand Corporation. Bruce Hoffman is an academician presently immersed in analysis of global terrorism with cogent views on the future. These three were well organized, timely in their comments, and spoke with conviction, each leaving the audience with a clear message. Dennis Pluchinsky chronicled an analytical history of the progression of the use of terror in recent decades, but left little time for an analysis of current events, about which he is quite knowledgeable.

The overall presentation of the Spy Conference was powerful and will warrant a significant increase in seating area for next year's gathering. The buzz of chatter during intermissions was intense and enthusiastic. I strongly would suggest use of the same format next year, with an emphasis on terrorism, specifically relative to current events at the time, with insightful projections into the future. You have an uncanny ability to select excellent speakers, all with strong voices and strong messages. Special thanks are also due to those who made the impromptu arrangements at NC Archives and the Exploris Museum. I look forward to the next adventure!

*Surry P. Roberts  
Raleigh*

### EXCEPTIONAL EVENT

The 2004 Raleigh International Spy conference was an exceptional event and I wanted to write this note to express my appreciation.

The speakers were outstanding. To have these six people, with their expertise and responsibilities, in Raleigh at the same time was no small task. Each person who attended has to have more knowledge and insight concerning the challenges our country faces, and what we must do to address them.

Also, the Museum of History and its Associates Group did an excellent job of hosting the conference, especially considering the necessity of changing venues on such short notice.

I look forward to next year's conference and hope you will see an even greater increase in attendance.

*Dick Mason  
Raleigh*



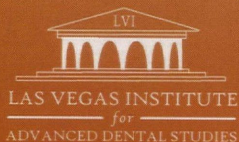
# Striking Smiles

CONFIDENT · LIFE-CHANGING · STRIKING

*Actual Patient*

*Photography by  
Dr. James Sarant.*

JAMES SARANT<sup>DMD</sup>  
CAROLINA CENTER FOR COSMETIC & RESTORATIVE DENTISTRY



CALL TODAY FOR A COMPLIMENTARY COSMETIC CONSULTATION

(919) 855-8600

SEE OUR BEFORE AND AFTER SLIDESHOW ON THE WEB!

[WWW.STRIKINGSMILES.COM](http://WWW.STRIKINGSMILES.COM)

3713 BENSON DRIVE · SUITE 102 · RALEIGH · NORTH CAROLINA · 27609

Graphics © 2004 CREATIVESMILES. Photography © 2004 Dr. James Sarant



Saks loves playing dress-up.

SAKS  
FIFTH  
AVENUE

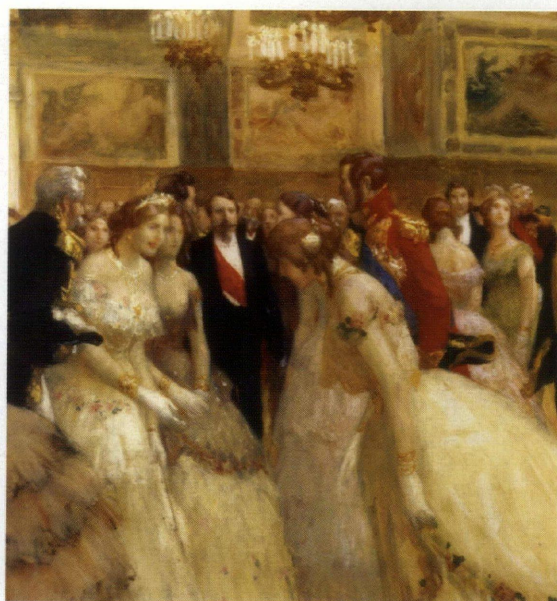


## Features

Metro Magazine's pros rank golf courses for our "Best of the Coast."

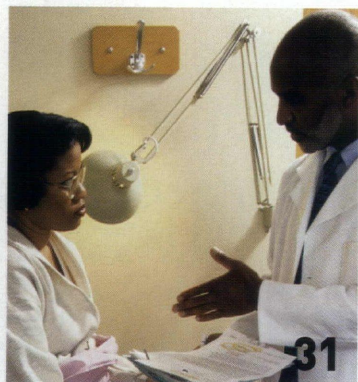


49

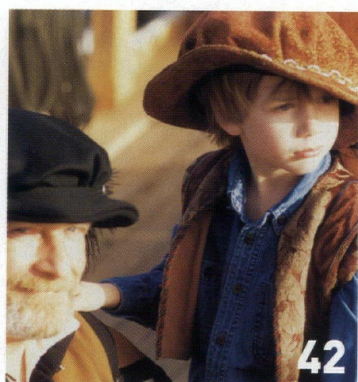


**Special Section:**

**Metro Social Calendar:**  
Dressing up for worthy causes

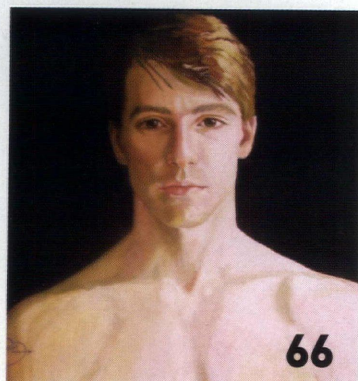


31



42

**31 Medical Special Report**  
MERC1 retriever, Doctors making house-calls, Eating disorders, ECU research center, Healthcare crisis, Treating vertigo



66



79

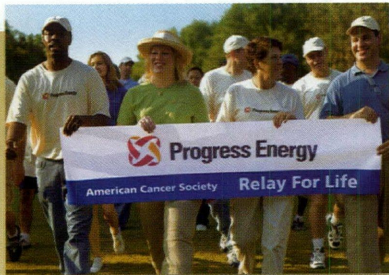
**42 Design**  
Emerging Manteo

**66 Artist-at-Large**  
Cone sisters' exhibition

**73 Style**  
Outerwear fit for temperate climes

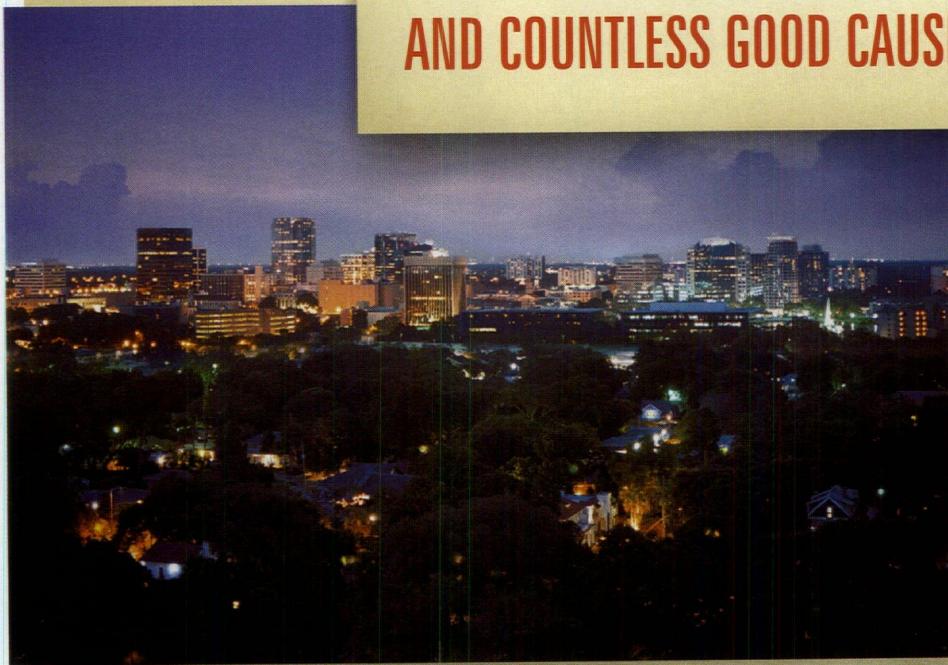
**79 Gourmet**  
Greek island dreams at Xios





Our employee giving campaign supports many important groups, including the American Cancer Society.

## OUR ENERGY GOES INTO MILLIONS OF HOMES. AND COUNTLESS GOOD CAUSES.

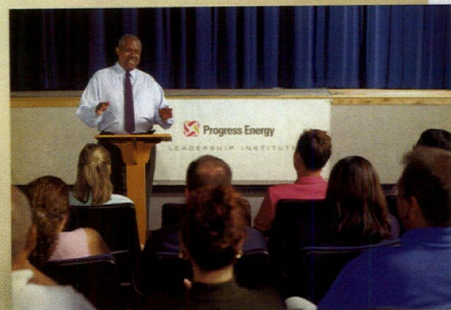


We do more than deliver the power that makes communities tick. We work with state governments, economic development agencies and many others to attract companies, create jobs and expand industry. The relentless pursuit of excellence. It's what we're all about.  
[progress-energy.com](http://progress-energy.com)



**Progress Energy**

People. Performance. Excellence.

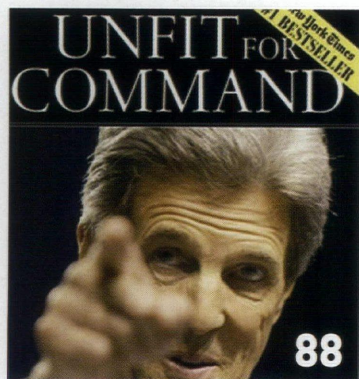


The Progress Energy Leadership Institute provides professional development opportunities for principals and superintendents.

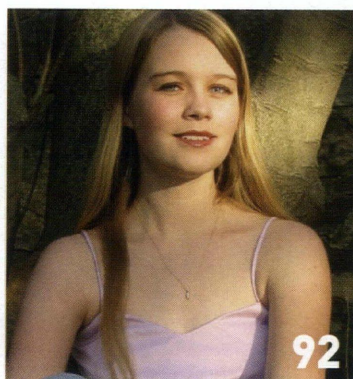
**Progress Energy is proud to present "Energy of the Arts" at the North Carolina Museum of Art. For details, see our ad in this issue's Social Calendar.**



## Departments



88



92



86

- 8 Introduction** Herding cats
- 12 Correspondence** Chancellor headhunters, Beach nourishment, Mass transit, Spy conference
- 21 Secrets of State** Knapp-Sanders building, Night of Dreams, Barefoot Fishing, Chowan County courthouse, Frank Porter Graham lecture, Cary Visual Arts, Women's Club of Raleigh
- 60 MetroPreview** October's bright blue happenings
- 69 Between You and Me...** What's in a name
- 71 I Know How You Feel** Jennifer Julian
- 84 Restaurant Guide**
- 86 Cork Report** Hot new wines of Spain
- 88 Books** John Kerry: war criminal?
- 92 PvV** Light shines on Allyson Light
- 95 My Usual Charming Self** Kerry-Rather doubleheader



60

*Grassy Creek Landscape with Steeple*, oil on canvas, by Richard Fennell will be part of an exhibition Oct. 24-Nov. 14 at City Art Gallery, Greenville



RALEIGH | DURHAM | CHAPEL HILL

# HIGH-SPEED WIRELESS INTERNET. 50% OFF.



## SIGN UP NOW AND SAVE.

Get half off your first two full months of service and get the PC card or modem for just \$50.

Plans start at just **\$34.99** a month.

Experience the speed  
at a participating location

Call 866-603-4NWB

Visit [nextelbroadband.com](http://nextelbroadband.com)

#### NEXTEL RETAIL STORES

**CARY**  
The Arboretum  
at Weston  
919-678-0430

Crossroads Plaza  
919-859-8088

**DURHAM**  
Streets at Southpoint  
919-572-0908

**GARNER**  
White Oak Crossing  
Shopping Center  
919-329-6314

**RALEIGH**  
Brier Creek  
Commons  
919-544-5590

Triangle Town  
Center  
919-792-2480

#### AUTHORIZED REPRESENTATIVES

**CARY**  
Carolina Telecom  
556 East Chatham St.  
919-462-9394

**DURHAM**  
Team Wireless.com  
Oak Creek Village  
4600 Chapel Hill Blvd.  
919-489-2929

Team Wireless.com  
4400 Roxboro Rd.  
919-479-9988

**FUQUAY-VARINA**  
Carolina Telecom  
1621 N. Main St.  
919-577-9888

**RALEIGH**  
AC Bailey  
4406 Old Wake  
Forest Rd.  
919-878-5150

Cellular Images  
900 Spring Forest Rd.  
Suite 105  
919-954-8060

WindChannel  
Communications  
414 Fayetteville St. Mall  
Suite 400  
919-532-0435

Wireless  
Communications  
4701 Atlantic Ave.  
Suite 119  
919-781-2268

**WAKE FOREST**  
Carolina Telecom  
1905 S. Main St.  
919-562-9020

## INTRODUCING NEXTEL WIRELESS BROADBAND.™

It's the first ever, citywide wireless high-speed Internet connection to hit Raleigh, Durham and Chapel Hill. All of it. Now you can have cable-speed, cable-free wireless Internet coverage, virtually anywhere you can use a Nextel® phone. At home. The office. The park. And everywhere in between.

# NEXTEL

WIRELESS BROADBAND

Other taxes and monthly fees may apply. Limited-time offer expires September 30, 2004 or while supplies last. Nextel reserves the right to extend or terminate this offer without further notice. Requires new activation and credit approval. ©2004 Nextel Communications, Inc. NEXTEL, NEXTEL WIRELESS BROADBAND and the NEXTEL WIRELESS BROADBAND logo are service marks, trademarks, and/or registered trademarks owned by Nextel Communications, Inc. Flarion is a trademark of Flarion Technologies, Inc. All other product or service names are property of their respective owners. All rights reserved.



# SECRETS OF STATE

## UNC-CH School of Government Dedicates Knapp-Sanders Building

UNC-Chapel Hill campus recently opened the \$24-million newly renovated and expanded Knapp-Sanders Building. The facility, housing the nationally known School of Government, has expanded from 65,000 square feet to 126,000 and includes 21 classrooms, an improved and expanded library, a bookstore for the school's publications and a new dining area that allows catered meals for up to 124 people.

UNC's School of Government is the largest university-based local government training, advising and research organization in the nation, offering more than 200 classes, seminars, schools and specialized conferences for up to 14,000 public officials annually.

The School of Government, formerly known as the Institute of Government, was founded in 1931 as a private institution and became a part of the university in

1942. UNC-Chapel Hill professor of law Albert Coates had the idea of creating an institute of government that would support the state's public officials, and he and his wife, Gladys Hall Coates, mortgaged their house to help secure funds for the fledgling institute.

Albert Coates directed the institute until 1962, when John Sanders became director. Henry Lewis was director from 1973 to

1978, and Smith became director in 1992. The expanded building was dedicated formally as the Knapp-Sanders Building in honor of Sanders' 24 years of leadership (1962-73 and 1979-92). Sanders and his wife, Ann, participated in the building's ribbon cutting ceremony.

For more information on the UNC School of Government, click on [www.sog.unc.edu](http://www.sog.unc.edu).

**THE SECOND ANNUAL NIGHT OF DREAMS** showcase for local performing arts will take place November 5 & 6 at the Fletcher Theater in the BTI Center, downtown Raleigh. This year's showcase will feature 55 cast members including singers, bands, graphic artists and dancers from all over the Triangle area. Pictured here is vocalist Beverly Kaud. Among the highlights will be unique performances by chefs displaying edible art and the country's only electric spoonist. Proceeds from this year's showcase will provide support for the United Art Council's "Artists in the Schools" program as well as The Center for Child and Family Health. To purchase tickets call 919-363-1530 or visit [www.nightofdreams.org](http://www.nightofdreams.org). Tickets are also available at the BTI Center Box Office, Capital City Club of Raleigh and Six Strings Café of Cary.



## Break the glass ceiling.

If you're not sure how, ask a St. Catherine's girl.



ANNA LEAKE SMITH '72, BANK SENIOR V.P.

ALEKHYA UPPALAPATI '05, FED CHALLENGE WINNER



Next overnight Sampler

:: December 2-3, 2004

:: rsvp (800) 648-4982

Admissions visits may also occur at any other time. Please call to schedule yours.



St. Catherine's School welcomes qualified students without regard to race, color, and national or ethnic origin.

**St. Catherine's**  
S C H O O L  
6001 GROVE AVE RICHMOND, VA 23226  
[WWW.ST.CATHERINES.ORG](http://WWW.ST.CATHERINES.ORG)



## Hernando de Soto to Deliver Frank Porter Graham Lecture

Peruvian economist Hernando de Soto, who is respected by heads of state across the political spectrum as well as by impoverished farmers and street black-market vendors around the world, will deliver the Frank Porter Graham Lecture in the Hanes Art Center Auditorium, UNC-CH campus, on October 26. A finalist for the Nobel Prize in Economics in 2002, de Soto will discuss his internationally lauded policies advocating property rights for the poor as a solution to global poverty.

He is the president and founder of the

Institute for Liberty and Democracy in Lima. Through the institute, de Soto works with leaders and workers in developing nations and emerging democracies to enact institutional reforms that give the poor access to formal property rights and capital. He meets with heads of state and trudges through the streets and fields to talk with black-market traders, factory workers and sharecroppers in Asia, Latin America and the Middle East.

In his best-selling books *The Other Path* (1986) and *The Mystery of Capital: Why Capitalism Triumphs in the West and Fails Everywhere Else* (2001), de Soto argues that

free enterprise policies have not grabbed hold in developing nations because their leaders have failed to put into place a comprehensive and inclusive property system. The overwhelming majority of citizens may wish to participate in a free market, but without access to property law they cannot access bank loans and are forced to operate outside the law. "They have houses, but not titles; crops, but not deeds; businesses, but not statutes of incorporation," says de Soto, whose books have been translated in 20 languages.

The lecture, sponsored by the James M. Johnston Center for Undergraduate Excellence in the College of Arts and Sciences, is free and open to the public on a general admission basis. A public reception will follow in the gallery. For more information go to [www.johnstoncenter.unc.edu/events/#fpg](http://www.johnstoncenter.unc.edu/events/#fpg).

## Town of Cary Promotes And Installs Visual Arts

Two new, large-scale works of public art will grace the Cary landscape soon, thanks to the public-private partnership of Cary

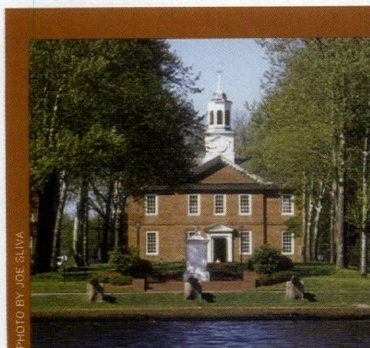


PHOTO BY JOE SILVA

**OFFICIALS AND DIGNITARIES WILL GATHER** on October 8 to celebrate the re-opening of the 1767 Chowan County Courthouse, a National Historic Landmark in Edenton. The public ceremony will begin at 2 p.m. on the Courthouse green. Preceding the ceremony a 9:30 a.m. NC Supreme Court Session will be held in the courtroom, the first held in Edenton in 144 years. The public may attend the court session by calling the County Manager's Office at 252-482-8431 to reserve a seat.

## MANNING FULTON

Attorneys

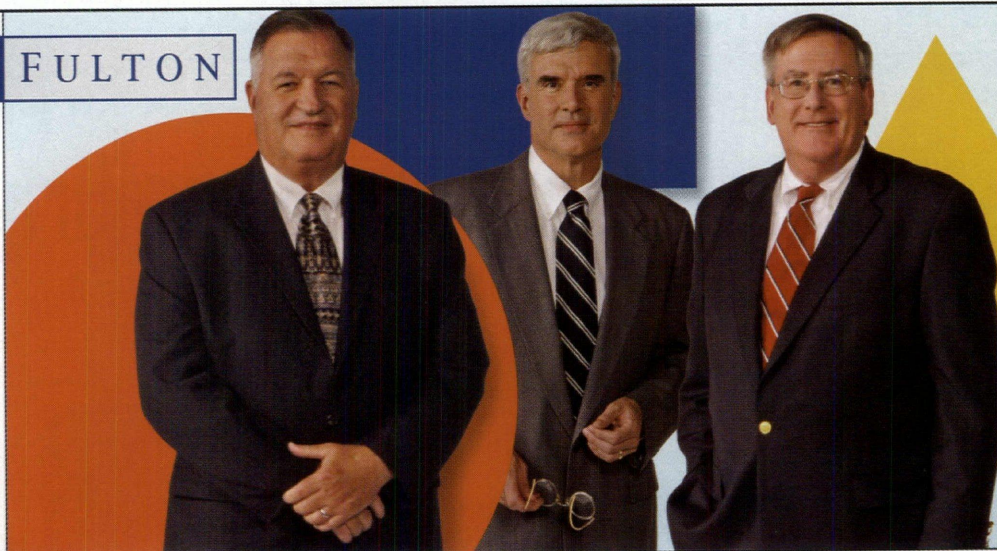
Lawyers left to right:

**W. Gerald Thornton**  
Chair, Corporate Section  
919.510.9264

**Samuel T. (Ted) Oliver, Jr.**  
Chair, Real Estate Section  
919.510.9256

**John B. McMillan**  
Chair, Litigation Section  
919.510.9248

**50 YEARS**  
1954-2004



Manning Fulton & Skinner PA  
Glenwood Plaza, Suite 500  
3605 Glenwood Avenue  
Raleigh, NC 27612

107-A N. 2nd Street  
Wilmington, NC 28401

[manningfulton.com](http://manningfulton.com)

**For 50 years, Manning Fulton has helped clients build their futures.  
We have extensive experience in the following industries:**

|                    |                       |                          |
|--------------------|-----------------------|--------------------------|
| Agribusiness       | Government            | Publishing               |
| Automotive         | Hospitality           | Real Estate              |
| Construction       | Insurance             | Sports / Entertainment   |
| Financial Services | Manufacturing / Sales | Technology               |
| Franchise          | Medical Practices     | Warehouse / Distribution |



Visual Arts Inc. (CVA), and the Town of Cary. Balancing Act II, a 26-foot-tall curvilinear composition of brightly painted steel by North Carolina artists Holly Jones and Chad Bush, is being installed at the SAS Soccer Park off Hillsborough Street extension, with site preparation and landscaping provided by donations from SAS.

The second piece, a 20-foot-tall kinetic, kid-friendly sculpture by Springfield, Missouri, artist Russ RuBert, is emerging in Sears Farm Road Park off Highway 55 and will be owned by the Town of Cary. The exhibition will remain in place until the summer of 2005 when some pieces will become part of a planned "Sculpture Walk" encompassing 20 sites along Academy Street.

In addition to installing over 15 permanent works of public art and various temporary art works in Cary, CVA sponsors an annual lecture series featuring nationally renowned artists and arts administrators, maintains an artist residency program, offers art consulting services and makes presentations to community groups on the value of public art. To learn more about CVA, to become a member and to see CVA's online activities for kids, visit [www.caryvisualarts.org](http://www.caryvisualarts.org).

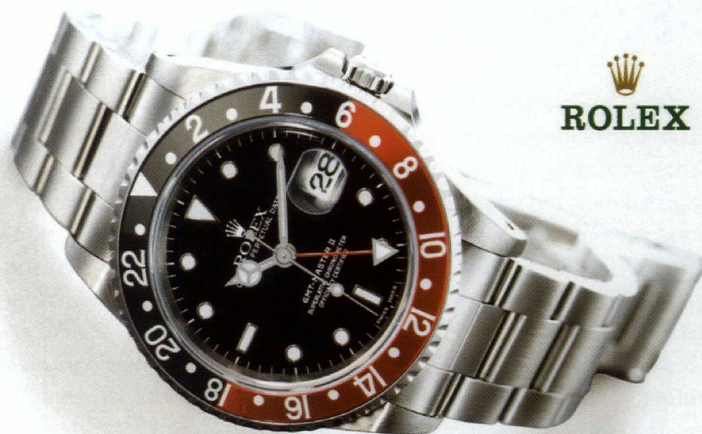
—Kim Weiss

#### Woman's Club of Raleigh Celebrates 40th Antique Show

The Woman's Club of Raleigh will present its fall Antiques Show & Sale on November 19, 20 and 21 in the Kerr Scott Building at the NC State Fairgrounds. To celebrate its 40th anniversary, the three-day event will specialize in silver, china, antique & estate jewelry, furniture, artwork and more, offering 60 boutiques in one space with unlimited hand-selected items.

One highlight of the show will be a display of unique vintage jewelry in both fine pieces and costume at reasonable prices. Vintage pieces chosen are one-of-a-kind items that contain older, more intricately cut gemstones and the costume pieces have handset stones, which give them an expensive look at lower cost.

For tickets to the Woman's Club Antique Show and Sale, call 919-781-9048 or visit the Web site at [www.womansclubofraleigh.org](http://www.womansclubofraleigh.org).



ROLEX

#### Oyster Perpetual GMT-Master II

In stainless steel, special 24-hour bezel and hand, independently adjustable 12-hour hand with Oysterlock bracelet. Pressure-proof to 330 feet. Also available in 18kt gold or in stainless steel and 18kt gold.



**J.M. Edwards**  
Fine Jewelry

1137 Kildaire Farm Road Cary, NC 27511

Phone (919) 460-1048

Rolex, Oyster Perpetual, Oysterlock and GMT-Master II are trademarks.

## SCOUT & MOLLY'S

*A Raleigh Boutique*



6675 falls of neuse rd. ♡ suite 121 ♡ raleigh, nc 27615 ♡ 919.848.8732



# NC-Based Fishing Barefoot Making A Big Splash

A North Carolina based fishing company's revolutionary new rod material and family oriented fishing system are making a big splash in the state and around the globe.

Fishing Barefoot attracted the attention of retailers and anglers from the USA, Australia and Japan when Triangle area executives CEO Crockett Long of Long Distributing, Director of Research and

Development Tim Barefoot, Director of Sales Dal Barber, Sales Representative Hurley Raynor and

company President Whit Powell (a Raleigh attorney) took the company's lures, rods, gaffs, and tackle to ICAST, the world's largest international fishing tackle trade show held recently in Las Vegas.

Describing the show, Ken Marlow—a Las Vegas-based fishing columnist—wrote: "The products that captured my attention the most had to be the lineup from Fishing Barefoot. These guys have really done their homework, folks. From an incredible array of lures to a wide selection of rods for both the saltwater and the freshwater angle, Fishing Barefoot is loaded and ready for some serious action."

The company's proprietary rod material, Magigraff—a new ultra-light, ultra-strong and sensitive graphite material—has been used to manufacture boat rods, surf rods, and both casting and spinning models. The material is trademarked exclusively to Fishing Barefoot. Coupled with the rods, strategically placed titanium-coated guides and top-quality reel seats, Magigraff helps, according to the makers, create a fishing rod of superior strength and performance.

"We've tested it against standard graph-

ite and the material is lighter, stronger and perfect for its fishing application," Barefoot said. The flex properties of the Magigraff material give the rods a true parabolic bend and make it easier and ergonomically correct for women, children and novice fishermen to use. "Instead of fighting the rod, you fight the fish," Barefoot said.

The company also offers flexible, fiberglass gaffs that float when dropped overboard. They come in two-, four-, six-, eight- and 12-foot lengths, with the eight-foot model available in one or two piece and the 12-foot available in two piece only. When coupled with the company's matching rods, the presentation is very attractive.



In addition, Fishing Barefoot's wide variety of lures attracts fish of all species. Among the most popular are the reel minnow, a high-speed trolling lure, and the self-planing squid jig. The reel minnow has proven especially popular in Hawaii and California where the trip to the fishing grounds can be quite lengthy, and can be useful in North Carolina waters as well.

"Why waste the fuel running to where you are going to fish without fishing along the way?" Barefoot said. "This lure can be used from the time you leave the sea buoy until you get to your desired fishing destination."

With a hook and blade that can spin at thousands of revolutions per minute to camouflage the hook, the company's Fish Whistle is a revolutionary attachment named for its sonic capacity. The Whistle's mechanical tail makes a sound realistic to the beating of a fish's tail.

A former charter-boat captain, as well as a commercial fisherman—and now a parent himself—Barefoot, who designs many of the company's products, has devoted his life to studying game fish.

"There's a difference between fishing and catching," Barber said. "I used to fish, then I met Tim. Now I catch."

The company stresses the importance of understanding the sport and has produced instructional videos to help the novice fisherman gain a greater insight into the sport. In the video, "We're Knot Wright," Barefoot gives close-up detailed instruction of how to tie all the knots to accommodate a fisherman.

"Fishing brings parents and children together," Barefoot said. "We would like to make the parents very knowledgeable about what their target species are and how to catch them. Children who are not catching fish get bored easily."

Fishing Barefoot has been active with the North Carolina chapter of the Coastal Conservation Association (CCA), an organization that seeks to advise and educate the public on the conservation and enhancement of marine resources. Tim Barefoot appears as a frequent speaker at seminars, trade shows and fishing tournaments around the country. The company's Magigraff rods can be seen in upcoming episodes of Carolina Outdoor Journal with Joe Albea (on PBS) and on The Ron and Raven Show which airs on ESPN2.

The company's products are available in stores and can be viewed at Fishing Barefoot's Web site, [www.fishingbarefoot.com](http://www.fishingbarefoot.com).

—Jennifer Hadra



**O.C. PENNINGTON JR.**, owner, operator and senior funeral director of Brown-Wynne Funeral Home in Raleigh, retired in September after 52 years of service to the Raleigh/Wake County community. His retirement brings "an end of an era in our profession," according to Brown-Wynn funeral director Phillip Mark Blake.



## When John Davis Talks People Listen by Rick Smith

If there is one person in North Carolina to count on to predict correctly the outcome of November's elections, it's John Davis, the executive director of NCFREE.

Unfortunately, he's not talking.

"If you think I'm trying to duck this interview—well, you're right," said Davis, who runs the North Carolina Forum for Research and Economic Education in Raleigh. "I do know things—probably too much."

Davis begged off discussing the information the group gathers on every legislative district race and statewide data for each election. "I have to tell my paying customers first," he said.

So what Davis and his staff have learned over the past two years and through the primary season will remain locked up in their own minds and in the PCs in their downtown Raleigh headquarters, and in the next edition of the hefty 750-page *The Almanac of North Carolina Politics* until NCFREE begins its traditional series of briefings to groups around the state. Davis is also a strong believer in the Internet, using online services to distribute "Executive Keys," a weekly newsletter on trends, and same-day transfer of requested data to members.

When Davis does talk, members of the General Assembly, their opponents, other politicians, business leaders and the news media will be listening. Especially attentive will be the NCFREE membership, comprised of a large cross-section of business leaders and lawyers who created the group in 1983 and hired Davis 18 years ago to run it. The founders wanted to understand the political process in the state, who the people were that ran for, or held office, how they voted, who backed them and what underlying trends might change the state's political dynamics. They did so at an opportune time. As Davis has built up NCFREE and given its members the data needed to help their lobbying efforts, so too has North Carolina become a two-party state.

While Democrats dominate the governorship (if Mike Easley wins re-election, their streak runs to 16 years) and the Council of State, Republicans have made

steady inroads in the General Assembly and in local elections. At a national level, North Carolina has definitely taken on a more Republican-leaning direction—so much so that Senator John Edwards, the Democratic vice presidential candidate, is not likely to carry the state for his running mate John Kerry.

### A Reliable media source

How good and neutral are the data Davis' group acquires? For one thing, many members of the news media rely on NCFREE for insight and information as part of campaign coverage.

"John can tell you with some certainty the factors that will decide a race," said Jack Betts of *The Charlotte Observer*, who is based in Raleigh and has known Davis for years. "The number of dispassionate sources you can go to for the straight skinny in any given area is somewhat limited.

"I am struck by John's ability to be fair

and even-handed even though he works for an organization whose chief interest is in electing people who will be friendly to business. John is not a proselytizer. He does look at the data dispassionately."

Davis certainly has the opportunity of "getting into the pulpit or on the stump," Betts said. The highest profile chances are NCFREE's road tour of briefings—27 in nine cities during each two-year legislative cycle—is a big draw. One reason is Davis—who puts on an informative and entertaining show, Betts said. "The thing about John is that he is even-handed, smart as a whip and a helluva lot of fun to talk to. If you go to one of his presentations, it's obvious he has the knowledge people need to win every district—and there are 170. He's also funny. He's thoughtful and entertaining. There are many political scientists who know their material but can be deadly dull."

The *News & Observer's* Rob Christensen, one of the most senior political

OUR BAR IS HIGH  
OUR SUCCESS IS  
HIGHER

**Hargrave Cadets** are proud, self-disciplined and motivated. Personal integrity and honor have meaning to them. Their mastery of responsibility and duty serves them well in life, far after their collegiate years.

A **Hargrave graduate** succeeds where others fail, and leads where others follow. It is a solid tradition of the Hargrave's Corps of Cadets. It is a critical distinction of our graduates.

Look around.  
Who's leading **you** today?



Chatham, Virginia

Hargrave Military Academy

800/432-2480 [www.hargrave.edu](http://www.hargrave.edu)

Grades 7-12, Post-Graduate (PG) & Summer Programs; Christian Values;  
How to Study Program; 11:1 Student/Teacher Ratio; Scouting, Venturing & USA Swimming.





## Tar Heel politics

reporters in the state, agrees with Betts. "I have found John to be a very astute observer of North Carolina politics, and I have relied on his insight many times," Christensen said. "He's a very keen student of politics."

Davis does much more than crunch numbers, however. He also forecasts trends, and Christensen said he has grown to trust Davis' judgment.

"He is often ahead of the curve," Christensen said, "not only in his analysis of what is happening, but also what can happen."

On the NCFREE Web site, Davis touts the fact that he has predicted 97 percent of the winners in both the 2000 and 2002 campaigns. As impressive as those percentages appear to be on the surface, Christensen said, "redistricting has made so many races lopsided that those numbers are a little bit misleading." But he does point out that in the few remaining swing districts that "nobody has a better handle on legislative races than John Davis."

NCFREE ranks each House and Senate

district as "swing," leaning Republican or Democrat, and strong Democrat or Republican.

Over the years, the stacks of data on each district, the voting records of each General Assembly member, and other information such as fundraising and contributors, as well as demographic trends has come to be seen by some observers as the Holy Grail of political numbers crunching. It does have a business appeal since, among other items, every district is assigned a business support rating. Christensen called *The Almanac* "the Bible of North Carolina politics."

In fact, when Republicans and Democrats went to court over redistricting recently, Davis was called as a witness. It was duly noted that NCFREE has members from both parties.

"The districts are drawn from the outset to give the advantage to Democrats, Republicans or blacks," Davis declared with the candor that has become a hallmark of his work and presentations to the public.

### A profound effect

Davis, a native of Florida, fell in love with politics while working in Mississippi and working on a gubernatorial campaign in 1975, joining Gerald Ford's organization the next year. He confesses openly to being a "political numbers junky" and left teaching in 1979 to become a consultant for a Mississippi group that wanted to get more benefits from the money it spent through lobbying and campaign contributions. Davis told Owen Covington in a story for NC data-net that he documented how politicians truly voted rather than relying on speeches and campaign promises. NCFREE hired him as a consultant in 1983 and named him the executive director in 1986.

Ever since, Davis and NCFREE have worked to document in precise detail information that has affected the way General Assembly members conduct business.

"They have had a profound effect on the politics of this state," said Ferrell Guillory, a former editorial page editor of *The News & Observer*, who now runs the

register today @ [www.alphanumeric.com/mindyourbusiness](http://www.alphanumeric.com/mindyourbusiness)

HP • MICROSOFT • CISCO • SUN • NOVELL • CITRIX • VERITAS • CHECK POINT

WE'VE GOT  
SOMETHING  
FOR EVERYONE

mind  
your business  
2004

'MIND YOUR BUSINESS 2004' • NOVEMBER 15, 2004 • UNC'S FRIDAY CENTER



## Tar Heel politics

Program on Southern Politics, Media and Public Life at UNC Chapel Hill, adding that legislators were not used to such scrutiny.

"Before NCFREE there really was no data gathered on the Legislature. Now, the legislators know that there is somebody looking over their shoulders, tracking votes and who their contributors are. It's pretty powerful."

Davis and his organization provide the "dots," as Guillory described the information, "dots that can be used by an opponent, dots that can be used by a newspaper. This doesn't mean that John and his crew can assure someone is defeated because it's NCFREE that's producing the dots and they have a membership to serve. But the

information can have an effect on fundraising, and it helps shape the way campaigns are executed and the way people associated with them think about the Legislature."

Asked if NCFREE's data do increase the accountability of politicians, Guillory said that, "The answer is clearly yes, but not in the purest reference point of view" because the group does work for its members. Guillory also stressed that "John believes in honest politics."

Perhaps harking back to his days as a teacher, Davis works to educate his members about how the political process works, Guillory added. "He is helping businessmen understand that some legislators cannot be pro-business 100 percent of the time because their district is not

pro-business 100 percent of the time. He helps (his clients) understand that the view of the constituents must be taken into consideration—who and what they support and why."

Guillory also agreed with Betts and Christensen that Davis "does not use his data to drive a point of view or to shape an issue. ... He's not a propagandist with an ax to grind."

But Davis' influence is limited. He is not Marc Basnight, the powerful Democratic leader of the Senate.

"When John talks about key votes, they are his selections," Guillory said. "People are going to give Marc Basnight attention regardless of what John Davis tells them."

NCFREE's Web site: [www.ncfree.com](http://www.ncfree.com) **MM**

## Raleigh Spy Conference Survival in the Age of Terror

### Top Experts Outline Strategies at Raleigh Conference

**T**his year, the Raleigh International Spy Conference turned from Cold War intrigue to modern terrorism, keying on the critical importance of intelligence and its uses. After an overview session Wednesday evening, September 1, by Dr. James Leutze, military scholar and former chancellor of UNC-Wilmington, retired FBI special agent Tom Kimmel kicked off the next morning's conference day with "Pearl Harbor and 9-11 Compared." Former Member of Parliament and noted intelligence expert Nigel West explained in the following session how the UK dealt with and finally defeated the IRA, drawing startling parallels with the ongoing struggle against Al-Qaeda.

In the afternoon sessions, US State Department threat analyst Dennis Pluchinsky presented a detailed description of modern terrorist organizations worldwide and the scenarios of another attack in the US. He was followed by Kim Cragin, a RAND Corporation researcher specialized in the study of suicide bombers, who flew from Israel to Raleigh to deliver her talk. Cragin presented charts and research data explaining the groups who use suicide bombing, their level of activity and a profile of the recruits who carry the explosives.

Friday morning, after a concluding panel including all speakers who took questions from the over 200 attendees, Bruce Hoffman, Director of the Washington, DC, office of the RAND Corporation and one of the founders of the modern study of terrorism, delivered the keynote address for the conference with an in-depth analysis of Al-Qaeda and what we can expect from the terrorist organization in the future.

The Raleigh International Spy Conference was founded by



Dr. Bruce Hoffman, Dr. James Leutze and Tom Kimmel were three of six of the featured speakers.

Bernie Reeves and is presented annually by *Metro Magazine* and the North Carolina Museum of History and its Associates Group. Go to [www.raleighspyconference.com](http://www.raleighspyconference.com) for the conference schedule and updates for the 2005 event.

Senior Editor Rick Smith covered the conference for *Metro* and files this report.

*continued on page 28*



## Spy Conference Analyzes Terrorism by Rick Smith

To understand terrorism and why it has become a global threat today, speakers at the second annual Raleigh International Spy Conference laid out a history of how the United States and Great Britain have used and misused information in the past and what the current threat looks like today.

Whether or not ignoring or misdirecting intelligence could have prevented the attack on Pearl Harbor in 1941, or the 9-11 attack in 2001—or choosing to fight

lished and respected author of 26 books about espionage and terrorism; to State Department threat analyst Dennis Pluchinsky; and Kim Cragin—an expert on the phenomenon of suicide bombers, made one conclusion quite clear: If the United States is to defeat terror, its leaders and users of intelligence must better understand their resilient and patient enemies, such as Osama bin Laden, and be willing to use ruthless tactics to succeed.

As West put it, the United States must

taps, exchanges of data between agencies, the hoarding of intelligence and the use of grand jury testimony can prevent cohesive responses to terror. He worked for the FBI in 1995 when the infamous memo was written by Jamie Gorelick of the Clinton Justice Department that created the so-called “wall,” banning certain cooperation between the FBI and other law enforcement and intelligence agencies, most notably the CIA.

Kimmel has studied another intelligence and bureaucratic squabble—Pearl Harbor, the surprise attack that ruined the career of his grandfather and catapulted the United States into war with Japan.

“The seeds of 9-11 were planted at Pearl Harbor,” said Kimmel, whose grandfather and US Army General Walter Short were made scapegoats for the failure to anticipate the Japanese surprise attack. “Good intelligence fell on deaf ears then, and in the case of 9-11, policy failed when the many government agencies tracking terrorists failed—or were prevented from—exchanging data.” Ironically, Kimmel noted, Gorelick served on the 9-11 Commission whose report found no one person or agency accountable for Al-Qaeda’s attack.

“Jamie Gorelick was my direct boss,” said Kimmel, who recently retired from the FBI and is now fighting to get the Bush Administration to approve legislation clearing his grandfather and Short of blame for Pearl Harbor. “Mary Jo White (a federal prosecutor and Democrat) fought the memo—and lost. This ‘wall’ problem was indeed a problem.”

Kimmel is concerned that despite the calls for intelligence reforms, and the naming of an intelligence czar, the seeds for another failure remain. “If we continue to ignore the lessons of the Pearl Harbor attack,” he added, “then we are doomed to repeat our failures.”

### The IRA parallel

Terrorism has been beaten before, as



Nigel West (center) speaks with attendees during a break.

a conventional war on an unconventional enemy was a wise choice, experts laid out in riveting detail just how big (global) and long (decades) the struggle to prevail will be.

Offering different spins and views about terror, the disparate group, ranging from Dr. Bruce Hoffman, perhaps the world’s foremost expert on terrorism, to Tom Kimmel, a former FBI agent and grandson of Admiral Husband Kimmel who was in command of the US Pacific Fleet at Pearl Harbor; and Nigel West, the widely pub-

lose its naiveté. Drastic times call for drastic means, he said, as the United Kingdom discovered in its war with the Irish Republican Army.

Not every speaker agreed that victory could indeed be won. President Bush conceded in a recent interview that terror as an entity would not be destroyed by victory sealed in a formal surrender ceremony.

### The seeds of Pearl Harbor

Tom Kimmel knows firsthand how federal government debates over use of wire-



Nigel West, a former Member of Parliament, pointed out in his presentation explaining the United Kingdom's clandestine war against the Irish Republican Army. The British Army, said West, was not succeeding and the decision was made to use the services of the MI5, the British security service. But many of the tactics used by the civilian spy agency, such as eavesdropping and running phony storefronts, would not be permissible in the United States. Rather, the methods would be considered violations of civil rights, according to West.

Regardless of methods, the end result was victory, West said. "That penny dropped when UK defiance, from the government and the population in general, made them realize that their goals were never going to be achieved." The IRA and related radical groups sued for peace.

If the United States is to defeat Al-Qaeda and other Islamic fundamentalists, West said, certain barriers such as restrictive guidelines on who can be recruited as CIA counter-terror agents must be changed. "This is not penetrating Mother Teresa," he explained. "This is a dirty business."

This is not a time for glib talk but a time for more hidden sources. Agents are difficult to recruit, to maintain, and their loyalty must constantly be tested. But this requires political will—and political support when things go bad on you." In the Q&A session, West said the US should drop the façade that the CIA does not operate on home turf and use their "commercial cover" units to engage in espionage to challenge terrorism at home.

West also pointed out that Americans must realize the extent to which Al-Qaeda and others are more than willing to go in order to kill Americans. "When you face suicide bombers," he said, "all bets are off. America must shake off their naiveté."

### Fanatical attrition

Dennis Pluchinsky, a threat analyst and professor of international terror studies at four different universities, spends much of his time reviewing terrorist Web sites. The videos of captives being beheaded, the statements the terrorists make, and the rhetoric

they write tell Pluchinsky that the American people must realize they are engaged in a battle of fanatical attrition.

"They believe they defeated the Soviet Union in Afghanistan, and they believe they can defeat the United States," Pluchinsky said. He talked about one video called "The Will of the Crusaders"—a reference to the United States and the West. The United States is seen as the new pharaoh—a term of derision used by Islamists for rulers such as the now deceased leader of modern Egypt, Anwar Sadat, who was assassinated as a traitor for making peace with Israel. "They do not believe either Israel or the United States has the spiritual base they do. These global jihadists see the United States as the puppeteer controlling the world, and they are determined to destroy the puppeteer."

Even if the American public holds up under terrorist pressure as it did in the wake of 9-11, Pluchinsky doesn't see victory over terror in the conventional sense. The best that can be done is to "manage the threat" and to treat the struggle as crime, not war. "This is a conflict against crime, not a war against terror," he said. If the US were to frame the fight in different terms, he said, it would win more support around the globe because "the world understands crime."

Pluchinsky presented videos, charts and graphs to demonstrate how difficult it is to track terrorists and to guess their next moves. He referred to the term "just connect the dots" and then displayed a graphic of the hundreds of dots representing data on terrorist groups and how improbable it is that threat analysts will succeed. "You can't expect the government to prevent an attack," he said, "but you can say that a series of organized attacks can be and have been prevented so far."

In an interview, Pluchinsky stressed that Al-Qaeda is the biggest terror threat the world faces—not Hamas or Hezbollah. "Al-Qaeda is the only one to have children," he said ominously, pointing out the various Al-Qaeda-related groups, such as those who carried out the train bombings in Spain and other attacks in Indonesia. But

he did acknowledge one group could make Al-Qaeda stronger. "If they were to combine strengths with the Chechens, that would be a great threat," he said.

Chechens have carried out a series of deadly strikes recently. Female suicide bombers known as Black Widows blew two Russian aircraft out of the sky, and then days later a team of terrorists seized a school. In the resulting battle, more than 300 people were killed. More than half were children.

Kim Cragin, a graduate of Duke who works for Rand, studies suicide bombers and pointed out that more women are becoming "the ultimate smart bomb." She is looking for ways to "undermine the trend toward suicide attacks" but noted that an attack in America is appealing. "It would be a tremendous public relations coup to attack the United States."

The US is seen as the enemy, she added, not Israel where so many attacks have occurred. The mistreatment of Iraqi prisoners has only intensified that view.

However, Cragin and the other speakers concurred that recruitment of suicide bombers and other terrorist operatives have not been successful in the US and UK. As Nigel West pointed out: "Once Muslims move here they like it and do not support the terror nor believe the propaganda on Al-Jazeera. In fact, the only people who believe it are Americans."

### Resolve required to gain victory

Keynote speaker Bruce Hoffman brought the conference to a chilling close.

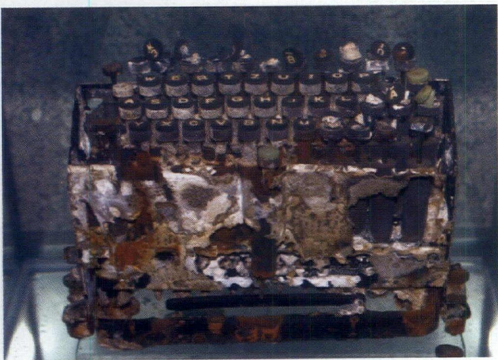
Al-Qaeda, he explained, was "scattered to the wind" by the US invasion of Afghanistan, and 75 percent of its top leaders have been arrested or killed. "There have been 4000 arrests and yet the organization is growing and rapidly evolving ... our adversary, unbroken and unbowed, is more adaptable, nimble and resourceful than we thought; they are resilient and flexible and prepared for a long struggle. They are still able to recruit, to maintain cells, and to attack."

Al-Qaeda today has more than 18,000 operatives in 60 countries around the



## Raleigh Spy Conference Survival in the Age of Terror

globe, according to Hoffman, who compared this to the low numbers of previous terrorists groups in Europe in the 1960s and '70s, such as the Red Brigade in Italy and the Baader-Meinhoff gang in Germany, who had at most 30 to 40 active members.



One of the tools of the trade.

Osama Bin Laden is well-educated, said Hoffman, and unlike leaders of most previous terrorist groups who studied philosophy and history, Bin-Laden "attended the finest universities in Saudi Arabia and studied economics and public relations." He

runs Al-Qaeda as a chief executive officer," added Hoffman, "reviewing business plans for proposed attacks and then granting his financing and blessing. He manages "top to bottom," he explained, sometimes becoming personally involved in the details of an operation. "He is patient and resilient. He planned 9-11 for six years. We have to take him at his word."

As smart CEOs do, bin Laden has prepared for a successor. He has "deliberately created a movement that will outlive him with the same patience, brain power and planning organization. He preaches patience and steadfastness to his followers," he warned. "Killing or capturing the leader will not end the movement. His magnetism may be greater in death. In fact, he has said quite often that he welcomes death and that his death will create thousands like him."

The war on terror cannot be separated from the ongoing war in Iraq, Hoffman stressed. "We have to see that through. If we fail, it will be a field day for our adversaries to use in recruiting." Calling the Iraq

war a "test of fire," Hoffman added, "We must keep Iraq secure. We must succeed and ensure the elections set for January 2005."

Hoffman's agenda for success against Al-Qaeda demonstrates quite clearly the mountain to be climbed if a flag of victory is to be planted. Like Pluchinsky, he warned that the struggle is one of attrition. America must avoid complacency, win in Iraq, engage in bi-lateral agreements if need be, overhaul the image of America to the world with effective public relations, resolve the issue of terrorist detainees, settle the Palestinian-Israeli issue, "repair and replenish" alliances, and enunciate a clear policy about terror as did President Truman with his policy of "containment" of the Soviet Union when the Cold War began in 1945.

"The 21st century is more complex than the challenges we faced in the 20th. The enemy is not the USSR," Hoffman warned, but he also ended on a hopeful note. "We have met each of these threats effectively in the past, no matter where they came from." **MM**

COLLECTOR'S EDITION

# Spies, Lies & Treason

Exclusive Interview  
Dr. Christopher Andrew  
World's Leading Intelligence Scholar

# Spies, Lies & Treason

An exclusive interview on DVD by Bernie Reeves with  
Dr. Christopher Andrew, the world's leading intelligence scholar

Now you can hear directly Chris Andrew's take on cold war secrets, the continuing influence of KGB active measures, and how intelligence agencies must act to combat global terrorism. Considered the world's leading expert on intelligence activities worldwide, Chris Andrews is called on by governments and intel agencies for advice. Today, more than ever, intelligence matters. A must buy for anyone interested in the role of intelligence in the modern era.

**\$19.95**

Shipping and  
Handling \$3.00

Available at:  
**Metro Magazine**  
PO Box 6190  
Raleigh NC 27628

**919-831-0999 or [www.metronc.com](http://www.metronc.com)**  
Mastercard Visa Amex



## MERCI Retriever

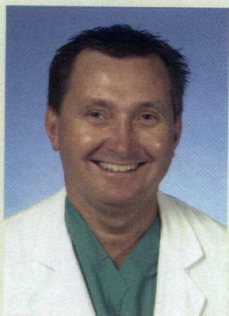
### NEW DEVICE A STROKE OF GENIUS

**W**hen Dr. Sten Solander talks about the “Retriever,” he is not discussing his dog. Rather, the assistant professor at UNC Chapel Hill is explaining a revolutionary new device designed to remove blood clots from the brains of stroke victims.

“We call it The Retriever,” said Solander, an assistant professor in UNC’s Department of Radiology and chief of interventional neuroradiology, describing the MERCI Retriever from Concentric Medical. The device, which is inserted into the brain through a catheter, was tested at UNC Hospitals and several other sites before receiving US Food and Drug Administration approval in August.

The instrument can help those among the nearly 600,000 people in the United States who suffer strokes and cannot tolerate so-called clot-busting medication. If the clots are not removed quickly, they can produce paralysis and other severe disabilities.

Solander, who was one of the chief investigators for the Retriever at UNC, said the device is nothing short of remarkable.



Dr. Solander

“To see a young patient who has suffered a stroke coming into the hospital, re-establishing normal blood flow, and then seeing that patient walk out of the hospital—that’s incredible,” Solander explained. Solander saw the device firsthand when he used it on patients recommended by UNC’s Stroke Program.

Concentric, which is based in California, designed the MERCI, which stands for Mechanical Embolus Removal in Cerebral Ischemia. Ischemic strokes affect blood vessels in the brain.

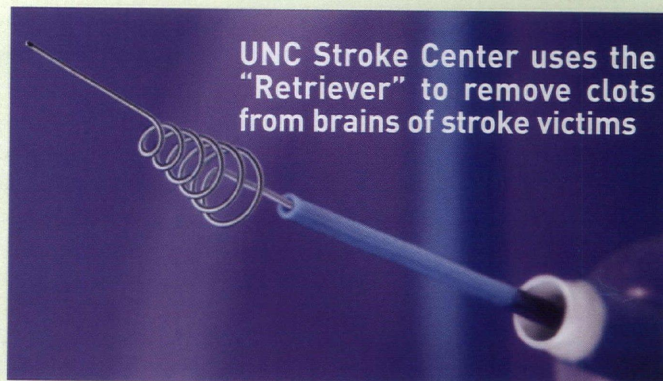
“It operates like a corkscrew device,” Solander said. “We use a catheter to insert it in the brain, then it fans out like a corkscrew. We engage the clot with the Retriever and remove it.”

Another benefit to the Retriever is that it is a faster alternative to medication. “One of the problems with medication is that it takes longer,” Solander said.

“Another is that not all patients can tolerate it; plus there is the risk of bleeding. If we can retrieve the clot, normal blood flow is restored almost immediately.”

Time is a crucial element in deciding whether stroke victims will recover completely. “If we can successfully treat patients within three to four hours after a stroke, the chances of full recovery are much greater,” Solander said. The Retriever device can be deployed and remove a clot within 30 minutes, he added.

Solander said he first heard about the device when he was com-



UNC Stroke Center uses the “Retriever” to remove clots from brains of stroke victims

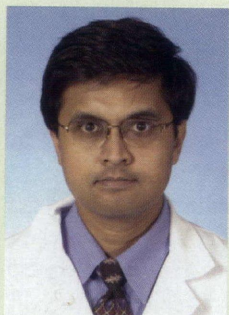
pleting his fellowship at UCLA in 1996-97. Concentric spent years developing it before the FDA approved a clinical trial involving humans. UNC was one of the 26 sites selected for the trial.

Solander and Dr. Souvik Sen, associate professor and director of the UNC Stroke Treatment and Prevention program, were the co-investigators at UNC. Also participating were Drs. Ana Felix and David Huang, who are assistant professors at the stroke center.

“Approval of this device may potentially change the way acute stroke is treated, especially in patients who do not qualify for (clot-busting drugs),” Sen said in a statement when the FDA announced approval of the Retriever.

The UNC Stroke Program is part of the Department of Neurology, which was founded under Dr. Frank Longo in 2002. Solander, Sen, Felix and Huang are all part of the department.

For a video of how the Retriever works, see: [www.unchealthcare.org/images/Merci\\_video.mpg](http://www.unchealthcare.org/images/Merci_video.mpg) **MM**



Dr. Sen

### UNC-CH professor recognized by White House

Dr. Brian Strahl, assistant professor of biochemistry and biophysics at the University of North Carolina at Chapel Hill, was selected for one of the Presidential Early Career Awards for Scientists and Engineers. The winners were honored at the White House on Sept. 9. The awards are to recognize, early in their careers, scientists who have already shown exceptional potential for leadership.

Strahl is involved in chromatin biochemistry and gene regulation research. Chromatin, which is made up of nucleic acids and proteins, binds DNA into higher-order structures and ultimately forms a chromosome.

The Pew Charitable Trusts and the University of California at San Francisco also recognized Strahl as one of 15 Pew Biomedical Scholars. Each winner received a \$240,000 award to support his or her research. **MM**



## Health Briefs

### Having problems with allergies? Here's help

If it's fall, it's allergy season in North Carolina. And more over-the-counter drugs are available to fight allergies than ever, but they may not be the answer to deal with runny noses, itchy eyes and other maladies associated with allergies.

"One thing I would say to people who are really bothered by allergies: To get the best response you have to get to the root cause," says Dr. David Peden, who runs the Center for Environmental Medicine and Lung Biology at the University of North Carolina at Chapel Hill.

Allergies affect as many as 50 million people in the United States, according to the American Academy of Allergy, Asthma & Immunology. Statistics show that up to 90 percent of patients with seasonal allergies and 70-80 percent with perennial allergies who seek immunotherapy help will get relief from the treatment.

The American Lung Association offers several tips to help people deal with allergies:

- Use an air conditioner to filter the air when possible
- Stretch your time indoors to reduce time spent outside
- Wash pollen off your body and hair after exercising
- Wear a mask and sunglasses when gardening or doing yard work

But if you truly want to stop the sneezing, wheezing and be able to enjoy the great outdoors—see a doctor. The Lung Association points out that there are many causes for allergies other than pine or tree or grass pollen.

For example, other triggers include cold air; tobacco or wood smoke; perfume, paint, hair spray and other strong odors or fumes; allergens such as dust mites and animal dander; and colds and influenza.

"Ask your doctor for help," the Lung Association says. The statistics show that's good advice.

If you are interested in learning more about allergies, check out the Web site at the Duke University Student Health Center: [http://healthydevil.studentaffairs.duke.edu/health\\_information/allergy.html](http://healthydevil.studentaffairs.duke.edu/health_information/allergy.html)

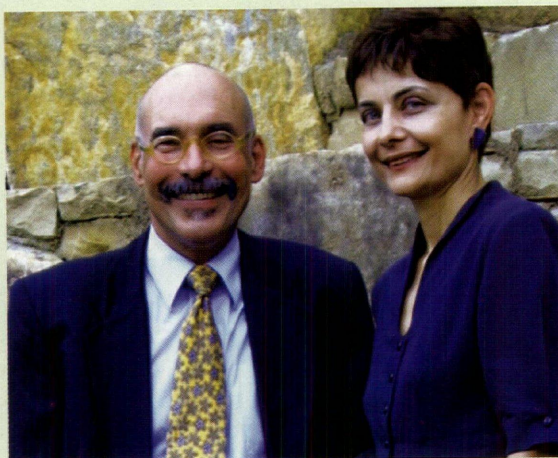
## Reaching out

### THESE DOCTORS STILL MAKE HOUSECALLS

**A**lan Kronhaus and Shohreh Taavoni built a business around a return to personal medicine: "Doctors Making Housecalls."

Shohreh Taavoni listened to the pleas of patients over and over, time after time, when they came to see her seeking care—and she decided to do something about it.

"I heard this so many times—I couldn't get to the office, or I couldn't get a ride, or I couldn't take time off work," Dr. Taavoni recalled. "I wanted to help."



Dr. Alan Kronhaus and Dr. Shohreh Taavoni

Her means of reaching out was not a new idea. Rather, it was about as old as the Hippocratic oath. She decided to start making house calls. And she enlisted the help of her husband, Alan Kronhaus—an entrepreneurial doctor.

The result was "Doctors Making Housecalls," a rapidly growing business the two are running in Chapel Hill. The physicians call on patients in homes, in managed-care facilities, and in offices where their patients work. Several hotels in the Triangle also call them when guests need care.

"I don't know how many times we have heard 'Geez, you are a God-send,'" Kronhaus said with pride. Kronhaus has worn dual hats of physician and businessman before, building a company that provided physicians services on a temporary basis (KRON Medical), which he sold in 1993. Kronhaus retired in 1993 at the age of 46, but when Taavoni came up with the idea for "Housecalls," he was

ready to go back to work.

"I take credit for the idea," Taavoni said, "but not the execution of it."

Despite being on the road, the two travel in white jackets. They also tote suitcase-like bags packed with essentials for treatment, such as drug samples, instruments needed for examinations and a mobile electrocardiogram unit.

The charge per visit is \$65 plus the costs for services rendered, and they handle insurance billing as well as Medicare.

The convenience of giving a busy

CEO a physical at his office or helping a person at an extended-care facility who can't travel has the phone ringing constantly. Several office workers have also called in the Kronhaus-Taavoni team, saying they simply can't afford to take time off work. Many patients are self-employed.

"One of our desires was to provide patients with care where it was needed—at the home or the office—and to the under-served, such as those who have access problems," Kronhaus said. Another reason was

to provide better care than that provided by emergency rooms where many people who don't have a personal physician, or who can't wait days or weeks for a scheduled appointment—and then spend time in a waiting room. Another reason, he added, was to "provide care that would be appreciated."

"There is more satisfaction," Kronhaus said. "One of the problems physicians have today is that they are not appreciated very much. The feedback here has really been excellent."

Since starting the business two years ago, it has grown to serve 1000 patients and is adding a nurse practitioner. "The biggest challenge we have right now is staff," Kronhaus said.

He and his wife of 12 years are on call seven days a week, starting at 7 a.m. When the final calls are made, they sit down to record notes and update their records. It's demanding—both doctors



# Rex... *where everybody knows your name*

(and it's not Mommy,  
Honey, Auntie  
or Grandma!)

Rex offers a variety of comprehensive services, specifically designed to meet the unique needs of women. In partnership with the UNC Specialty Women's Center, we offer everything from routine assessments to the most advanced diagnostic services. Rex takes pride in providing women of any age healthcare for life. Her life.

For more information about Rex Healthcare,  
call Rex HealthNet at (919) 784-4490  
or visit our website at [rexhealth.com](http://rexhealth.com).

**REX**  
**HEALTHCARE**

*Healthcare for life. Your life.*

[rexhealth.com](http://rexhealth.com)

A Member Of The UNC Health Care Family



admit—but they also relish the business of personal care.

"I have enjoyed it," Taavoni said. "It is challenging at times, and this has really been a lot more than I expected. I didn't really expect it to be so much used."

Despite the demands of more patients, Taavoni said she is maintaining personal relationships with them. "People want to see me," she explained.

Kronhaus said the fact that they do not

have to contract with insurance companies is another reason to start the business. "We practice medicine rather than having to worry about fee structures and rules," he explained. "We spend the time we need to with patients. We do not feel constrained."

The doctors stress, however, that they are not emergency physicians. If someone is having an acute problem, they need to call 911.

Kronhaus, who attended Boston Uni-

versity, and Taavoni, who attended St. George's University in Grenada, write prescriptions and have set up a partnership with The Medicine Shop to make deliveries if the patients want that added service.

Kronhaus also said Doctors Making Housecalls delivers services at good prices, especially when compared to the fees charged at emergency rooms.

"We do for \$200 what people can expect to cost \$2000 at the emergency room," he said. "We are lowering the barriers of access to medical care for more people at far lower costs. It's unbelievable."

Kronhaus has already had what he described as "feelers" from other businessmen to expand the business, especially in the Triad. For the moment, however, growing the Triangle practice remains the primary focus.

"This is the best of both worlds—financially and in relationships," Taavoni said. "We meet such a variety of people."

(Web site: [www.doctorsmakinghousecalls.com](http://www.doctorsmakinghousecalls.com)) **MM**

## We Put the Care Back in Health Care



Finally! A store designed to care for your whole well-being. Stop by the Kerr Health Care Center near you for patient-focused products and services not found in other retail drug stores.

- Health care screenings for artery disease, osteoporosis, cholesterol, diabetes and more
- Durable medical equipment, lift chairs, Jobst compression hosiery—Every product for healthier living
- Specialty compounded prescriptions for you or your pets
- FREE hearing tests

**KERR**  
HEALTH CARE CENTER

• Call for Appointments • University Mall, Chapel Hill 919-918-7595  
Creedmoor & Strickland, Raleigh 919-847-0952

Lassiter Mill & Six Forks Rd., Raleigh 919-534-1393

Main St., Fuquay-Varina 919-557-0573 • South Hills, Cary 919-535-0091

## Health Briefs

### Duke Receives Grant for AIDS Research

Duke University researchers recently received a \$4 million grant to study infectious diseases that afflict AIDS patients in Tanzania.

The grant from the National Institutes of Health was the only one granted this year as part of the International Studies of AIDS-Associated Co-Infections program.

"This grant moves Duke to the forefront of working in international health," said John Bartlett, MD, a professor of medicine and the principal investigator in the division of infectious diseases at Duke University Medical Center. Key questions to be explored are: What are the most common infectious diseases in people with HIV/AIDS; how often do infectious diseases occur in the AIDS population; and how do infectious diseases affect the severity and morbidity of AIDS.

As part of the grant, the researchers want to develop low-cost, low-tech means to detect and diagnose diseases. The Duke team will also build medical research infrastructure in Tanzania. **MM**



Elizabeth Campbell, M.D.  
Medical Oncologist

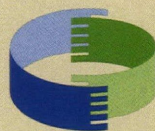
# I've committed my life to saving the lives of cancer patients.

Cancer care is my calling. My passion. What I do truly makes a difference in people's lives. Because of that, I don't take what I do lightly. Each day my patients are putting their lives in my hands, and it's my job to take care of them. But, this is not just a job for me. It's my life. I think my patients can feel that each time we meet. They know I'm fighting for a cure as hard as they are. I've been doing it as long as I can remember.

That's what we all do here at Cancer Centers of North Carolina. We also treat our patients with leading-edge technology and, as a team, we have over 200 years of collective experience. We're connected to a nationwide network of community cancer centers, just like our own. And, together, we draw from the knowledge and expertise of more than 850 cancer specialists. Our patients are also able to take part in clinical research trials. And, if they need it, we provide community support groups and other supportive care services.

My passion for my patients is reflected in all I do. It's reflected in my life and the care my patients receive. If you or a loved one has questions or concerns about cancer, ask your primary care physician for a referral.

Cancer Centers of North Carolina. Cancer care you can believe in.



**Cancer Centers**  
*of North Carolina*

[www.cancercentersofnc.com](http://www.cancercentersofnc.com)

Raleigh  
4420 Lake Boone Trail, Ste. 200  
Raleigh, NC 27607  
919.781.7070

North Raleigh  
3320 Wake Forest Rd., Ste. 120  
Raleigh, NC 27609  
919.431.9201

Cary  
218 Ashville Ave., Ste. 20  
Cary, NC 27511  
919.852.1994

Dunn  
700 Tilghman Dr., Ste. 706  
Dunn, NC 28335  
910.892.1000 Ext. 4595



## Stereotype doesn't fit

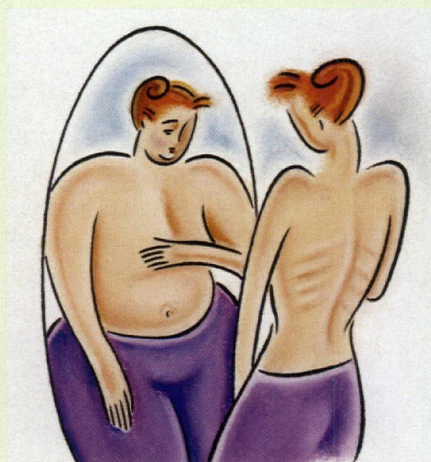
### FIGHTING THE PROBLEM OF EATING DISORDERS

If you are among the many who believe that anorexia and other eating disorders solely affect young white women, think again.

The Eating Disorders Program at UNC Hospital in Chapel Hill has proof. "The stereotype doesn't fit," said Dr. Cynthia Bulik, who runs the program and is the only endowed professor for eating disorders in the United States. "We are seeing so many women in mid-life who had a disorder when they were younger and have relapsed. We also are seeing a constant trickle of men, and we are seeing people of other races. They don't fit the stereotype of young, upper-class women, and we have had people tell us that they have had trouble convincing others they have a problem."

In the land of the obese where 15 percent of teenagers are seriously overweight—the highest percentage in the world—the Eating Disorders Program is doing a great deal of business with a wide variety of patients. Disorders such as anorexia, bulimia and binge eating affect between 5 to 7 percent

of the population, Bulik said. Nearing the end of its first year in operation, the UNC center has treated over 100 patients through 30-day in-hospital care and step-down programs, in which patients come to the clinic for treatment each day between 8:30 a.m. and 6:30 p.m.



Bulik, who has studied eating disorders for 22 years, has been particularly struck by the number of older women fighting anorexia.

"Pressure from society is definitely a cause," said Bulik. "With more women in the workforce, the 30-, 40- and 50-year-olds are vying for jobs with younger, thinner, zip-pier women."

An estimated 10 million women and one million men fight anorexia and bulimia. Anorexia is especially dangerous, Bulik said, pointing out that the disorder leads to the "highest mortality rate of any psychiatric disorder through starvation and suicide." Another 25 million are affected by binge eating.

The center is treating three types of disorders. Anorexia is an obsessive desire to lose weight by refusing to eat. Bulimia is a disorder that causes bouts of overeating mixed with fasting or self-induced vomiting. The center's third area of treatment is for binge eating.

Getting the message out about the center is important, Bulik added, saying that only 10 percent or so of the affected population seeks clinical help.

Bulik, who earned her Ph.D. in clinical psychology, is becoming convinced that there is more to the problem than psychological effects. She believes that research will estab-

lish a genetic link.

"These are not disorders of choice," Bulik said. "This is not just a desire to get skinny and look like a model. 'Genes load the gun,' she added, 'and the environment pulls the trigger.'"

UNC launched its center, which includes a 10-bed hospital unit, last fall after a campaign led by Rita Robbins, a broker and realtor in Chapel Hill. Robbins' daughter, Jennifer McLamb, fought anorexia for eight years and had difficulty in finding treatment. Robbins enlisted the help of state Senator John Kerr, who shepherded the program through the North Carolina General Assembly. Robert Golden, chair of the UNC Department of Psychiatry, also helped lead the effort.

McLamb said at the dedication of the center that she had lost 40 pounds in a mere three months, leaving her life in "disarray."

Before UNC built the center, Bulik said there was "a black hole for treatment between Baltimore and Florida." She added that people suffering from eating disorders still do not have access to enough support, and parents sometimes have to relocate in order to secure help for their children.

Stays of 30 days or longer—up to four months—are required so that the problem can be treated. In the case of anorexia, Bulik said that much time is needed to help patients gain weight.

As part of its outreach program, the center has offered free screening programs.

The step-down program helps patients adjust to daily life and pressures away from the center. Bulik said people should not underestimate how big the challenge is to re-enter normal life. They not only face the social stigma of having fought an eating disorder but also must eat a normal diet.

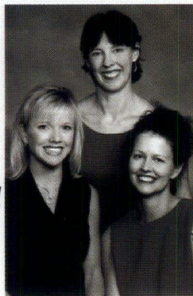
"They are forced to eat a lot of food on their own," she said. "It's quite fearful for them."


Bulik was recruited from Virginia Commonwealth University to start the program, which has a staff of over 30 clinical and research personnel. Her professorship was endowed by William R. and Jeanne H. Jordan. She will publish a book in January called *Runaway Eating*. The publisher is Rodale Press. **MM**

#### Vein Treatment By Vein Specialists

...

Come to Vein  
Care of Raleigh,  
Where We Care  
For You, Not  
Just Your Veins!



  
**veincare**  
OF RALEIGH

8394 Six Forks Rd #201 • Raleigh, NC 27615  
(919) 844-4444 • (888) 844-4455  
jsmith@veincareofraleigh.com



## IS EVOLUTIONARY PRESSURE INCREASING HEART DISEASE RISK?

That is the question being pursued by researchers at Duke University. In a study published in the September issue of the journal *Current Biology*, the researchers reported that the pressure of natural selection has influenced a gene, which influences the vulnerability to heart disease.

The analysis was based on genetic variation among 2400 middle-aged men in Great Britain. The data indicated that men would have suffered 43 percent more heart attacks had the gene variant not occurred.

Leading the research was Gregory Wray, a professor of biology. He said the study offered a model for further research into

genetics, genetic mutation, and evolutionary trends.

"Our research, and that of other evolutionary biologists, is directing us toward a new, more nuanced view of genetic variants which is

that, in fact, variation is part of what it means to be human," Rockman said. "And that this variation is not just a harmful mutation but really a process that contributes to the health of populations."

Rockman and the other researchers tracked a particular gene known as MMP3 among non-human primates. Later the gene was studied among seven human populations in Cameroon, China, Great Britain, Ethiopia, India, Southern Italy and Papua New Guinea. They found that variation in the gene could be linked to evolutionary positive selection. However, they said they did not know why the selection occurred.

Rockman said further study of the human genome and how it is influenced by evolution could lead to better understanding of the links between evolution and health. **MM**

## UNIQUE DYE TRACKS MOLECULAR REACTION TO DRUGS

Research at the University of North Carolina at Chapel Hill could lead to new

ways of screening the effects of drugs on living cells at a molecular level.

Dr. Klaus Hahn, a professor of pharmacology, reported in the journal *Science* that a dye he developed made it possible to track the activation of the Cdc42 protein that regulates various functions within cells, such as movement, proliferation, cell death and shape.

The dye was activated when Cdc42 activ-

ity occurred. "For the first time we saw native Cdc42 activity in living cells," Hahn said. Given that the protein controls different aspects of cellular movement, Hahn said it is important to see what is happening in live cells rather than in a test tube.

These dyes could be useful in drug screening for molecular effects, Hahn said. Currently drug assays are run in vitro, or in test tubes. **MM**

# A New You



## Consider Cosmetic Laser Surgery at Duke University Eye Center

Duke University Eye Center's Cosmetic Laser Surgery Program offers a wide range of minimally invasive procedures, including:

- Laser Eyelid Rejuvenation Surgery (pictured)
- Endoscopic Brow Lift
- Laser Skin Resurfacing
- Laser Hair Removal
- Laser Vein Removal
- Restylane Injections
- BOTOX Injections
- Obagi Skin Care Products

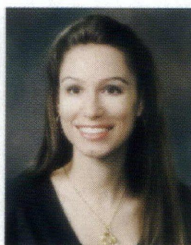


Pre-op.



Three weeks post-op.

**Restylane  
Now Available**



Julie A. Woodward, MD

All procedures are performed by Julie A. Woodward, MD. Dr. Woodward specializes in the latest aesthetic and cosmetic procedures. She is a full-time faculty member of the Duke University Eye Center and performs cosmetic laser surgery at the Duke Center for Aesthetic Services, a unique multi-specialty facility with the most advanced equipment available in the field of aesthetics.

For more information or to make an appointment call:

**1-888-865-5111**

Visit our website at [www.dukeeye.org](http://www.dukeeye.org)



**Duke University Eye Center**  
DUKE UNIVERSITY HEALTH SYSTEM



## Dr. W. Randolph Chitwood leads the way

# FUNDING OF ECU'S CARDIOVASCULAR RESEARCH CENTER SEEN AS ECONOMIC, HEALTH BOOST FOR EASTERN NC

**W**hen Bill Clinton underwent heart bypass surgery in September, a familiar face at East Carolina University was among the medical experts called upon to comment about the former president's condition.

Soon, following action by the North Carolina General Assembly, Dr. W. Randolph Chitwood will have even more reason to talk.

The chief cardiovascular surgeon at ECU, acting as chief spokesman for the American College of Cardiology, said of Clinton on CNN: "Within the next couple of weeks, something was going to happen."

Chitwood is among the most prominent heart surgeons in the United States and a pioneer in the use of robotic surgery techniques. He also will be the leader of the cardiovascular institute at ECU's Brody School of Medicine, which the General



COURTESY ECU

Assembly agreed to establish in August.

"The sun shines bright on eastern Carolina today," Chitwood said when Governor Mike Easley signed the legislation. The 180,000-foot building will

receive \$60 million in state funds over the next two years.

Backers of ECU have sought creation of the center for several reasons, including the fact that heart disease plagues the Eastern part of the state and the economic impact it will generate. ECU estimates the center will produce 500 new jobs and a \$300 million boost to the economy. The center also will be part of the new Warren Life Sciences Building, which houses the robotic surgery program.

ECU had already launched a \$170 million, 120-bed cardiovascular hospital as an expansion of Pitt County Memorial Hospital.

The clinical research center will focus on ways to prevent heart and blood vessel disease and stroke, plus education of the public about the health threats generated by smoking and poor diets. "The center means better education and clinical care," Chitwood said. "We want to find ways to improve the prevention of disease as well as the treatment of disease. It's a new day in eastern North Carolina for the health of our citizens

## NEW CANCER HOSPITAL AT UNC ALSO FUNDED

The General Assembly also provided \$180 million to build a new cancer hospital for the University of North Carolina Health Care System. The North Carolina Cancer Hospital will be built in Chapel Hill.

The facility will replace a building that dates to the 1950s that served as a tuberculosis sanatorium. It will reach seven stories in height and will be built in front of the NC Neurosciences Hospital.

"It's important ... that we see this in terms not just of buildings and concrete and billions of dollars and numbers of research grants and projects to be accomplished," said Dr. William Roper, dean of the UNC School of Medicine and CEO of the health care system, "but we need to see it in the faces of the patients that we care for." **MM**

## Perhaps it's time you gave your dental plan a check-up.

When you compare your annual dental insurance premium to the benefits you and your employees receive, the results can be rather biting. For a better alternative to traditionally insured plans, consider Direct Reimbursement.

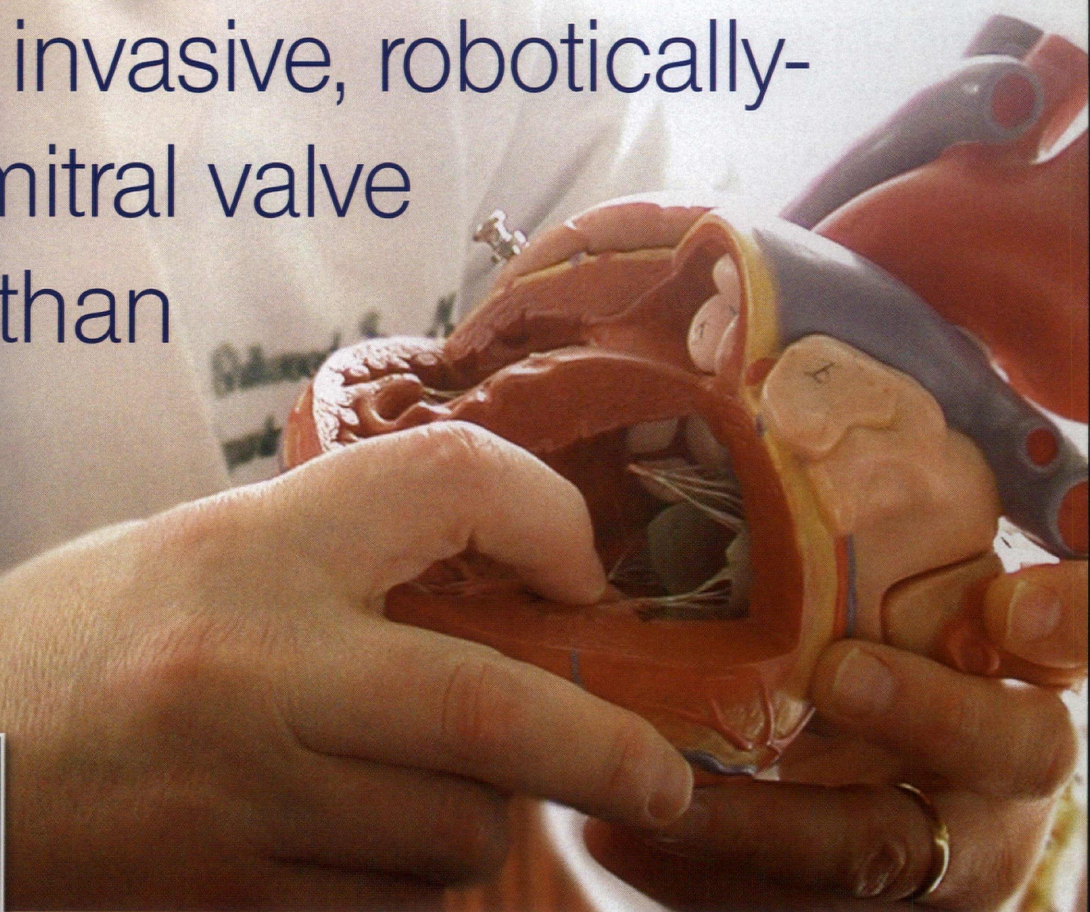
Direct Reimbursement is a self-funded dental plan where employers reimburse covered employees directly for a pre-determined percentage of their dental care costs. Covered employees visit the dentist of their choice, receive and pay for treatment, and are reimbursed by your company up to the limits of your plan design. Employees and employers alike can take advantage of this simple, cost-effective, hassle-free, superior dental benefit.

Sink your teeth into Direct Reimbursement dental plans. For more information, contact Audrey B. Edwards at 1-800-662-8754.

For free information, contact:  
Audrey B. Edwards,  
Dental Benefits Consultant  
P.O. Box 4099  
Cary, North Carolina 27519  
Telephone 1-800-662-8754  
or 1-919-677-1396  
[www.ncdental.org](http://www.ncdental.org)



These hands have performed more minimally invasive, robotically-assisted mitral valve surgeries than any in the world.




## Now meet who's behind them.

**This is Dr. Randolph Chitwood.** He leads the team of heart specialists at the Cardiovascular Center in Greenville, North Carolina. They are pioneers in the field of cardiovascular surgery. Their work in minimally invasive, robotically-assisted mitral valve repair is changing the way cardiovascular disease is treated. For the patient, it reduces pain and scarring, the risk of post-surgical complications and recovery time. In May 2000, they carried out the very first robotically-assisted mitral valve surgery in North America using the da Vinci® Surgical System. They've completed over 100 repairs since then – considerably more than any other cardiovascular team in the world. They've trained over 150 surgeons from around the globe here within the Brody School of Medicine at East Carolina University and they're improving the lives of patients every day. For more information, call 252-847-5755 or visit [www.heart.uhseast.com](http://www.heart.uhseast.com) today.

**SOLUCIENT**  
TOP HOSPITALS  
*Cardiovascular*

**Experience:** The Difference

  
**CARDIOVASCULAR CENTER**  
*University Health Systems of Eastern Carolina<sup>SM</sup>*



**BRODY**  
SCHOOL of MEDICINE

Affiliated with The Brody School of Medicine at East Carolina University and private practice physicians



## THE CRISIS IN HEALTHCARE IS HERE

**T**he debate over the medical liability system should not be partisan, any more than a debate about staying well and living long. Which is more important—access to cost-effective quality healthcare for 8.5 million North Carolinians or opportunities for multimillion-dollar jury awards to less than 25 patients per year?

The issues involved are more vital than preserving the opportunity for windfall awards for plaintiff attorneys and their clients. The impact of the current problem extends far beyond the cost of professional liability insurance for doctors, hospitals, and nursing homes.

More critical issues are:

- The rising cost of healthcare cannot be effectively curbed without significant changes in the tort system. The ever-present concern within the healthcare industry for potential multimillion-dollar jury awards generates defensive practice patterns that are extremely costly.
- Our litigious society is beginning to compromise access to healthcare. More limitations in medical care are sure to follow unless effective steps are taken to limit this threat hovering over the healthcare system.
- The current environment inhibits humane decisions at the end of a patient's life. So often professionals and their institutions, because of concern for legal suits from family members, are wary of backing off on futile treatments.
- Another damaging effect is the compromise in doctor-patient relationships. While the adversarial contest is at the core of the legal system, it undermines the doctor-patient bonding which is better served by feelings of mutual trust. It is difficult for physicians to function at their best when they perceive patients as potential sources of lawsuits.

### DOLLAR VALUES ON HUMAN LIFE

How do we place a dollar value on human life? The potential of a life well lived cannot be balanced with any sum of money. For a jury to decide a price tag for a person's life is inevitably emotional, usu-



ally arbitrary and beyond actuarial projections. Recently the State of North Carolina awarded more than \$300,000 to a man who was in jail for nearly 19 years because of mistakes in his prosecution. How was that sum decided? Should the amount have been determined by a jury after hearing persuasive arguments from a plaintiff's attorney who would receive at least a third of the dollars decided by the jury? Such procedure is routine for alleged mistakes in healthcare.

Among the current proposals for tort reform being considered by the North Carolina legislature, is a limitation in payment for the incalculable non-economic damages for "pain and suffering." No limits are suggested for economic damages determined by the jury for medical costs and lost wages. There seems to be a flaw in the logic of the plaintiff attorneys who are up in arms regarding potential limits on the non-economic damages, yet they have no qualms in taking 40-50 percent of the dollars allocated for the ongoing care of their clients. Also, they are adamantly opposed to a plan applied effectively in other states whereby their fees are subject to sliding scale limitations.

Our society is spending nearly 15 percent of its gross domestic product and using 24 percent of its workforce to enhance and prolong human life. The American public and their attorneys seem to expect 100 percent success in this endeavor. It is not unusual for a person to neglect his/her health for decades, yet

when problems develop, to demand flawless rescue maneuvers by the healthcare system. Such behavior has become part of the American way of life, with plaintiff's attorneys advertising widely their availability as the enforcers. Too often, the attitude is to find someone else to blame and sue, rather than to take responsibility for one's own health.

If the inevitable end of life should occur while a physician, surgeon, or healthcare institution is working to delay such certainty, then that professional or institution is at risk for legal suits from the surviving family. Moreover, those of us involved in reviewing these claims can verify that often the plaintiff's assertion is not based on valid scientific causation.

Opponents of tort reform say there is no crisis. One could state that our nation had no crisis with Al Qaeda in August 2001, but surely we had major warning signs. Must we wait for an explosion of problems in healthcare, or can we use good judgment to implement some measures to diminish the growing threats before they reach alarming proportions?

Do the citizens of North Carolina wish to cripple a system of healthcare that is fundamentally altruistic in its mission and routinely provides miraculous benefits? I think not. Our public policies should give priority to protecting and improving healthcare. **MM**

—Dr. Robert H. Bilbro  
Chairman Legislative Committee  
North Carolina Medical Society

### ECU PROFESSOR RECEIVES NSF GRANT

Andrew Morehead, a chemistry professor at East Carolina University, has received a three-year \$228,000 National Science Foundation grant to research ways of speeding up chemical compound synthesis.

Morehead is working on a family of compounds that could be used to treat people suffering from cocaine or methamphetamine abuse. The compounds could act as "antagonists" and block certain reactions in the body. **MM**



## The Balance Center at Rex

### TREATING VERTIGO AND RELATED DISORDERS

If you are among those who believe vertigo and other problems associated with dizziness are rare, think again.

According to National Institute of Health statistics, 70 percent of Americans will have to deal with dizziness, and many of these cases are chronic or acute.

Rex Hospital takes dizziness very seriously. As a result, people from around the region are lining up for visits to The Balance Center. Every day as physical therapist Melissa Horton reviews her appointment book, she sees a full schedule.

"We are booked two weeks out," said Horton, a 1984 graduate of UNC Chapel Hill who earned special credentials to deal with dizziness, vertigo and other vestibular (inner ear disorders). "There are many dizziness and balance disorders. This center was created because there was an unmet need in the community.

"Some people suffer from terrible, unprovoked attacks of dizziness when they lie down or get up. Some people suffer attacks when they bend over.

"Other people feel as if they are suffering a stroke from a brain tumor and they end up in the emergency room."

More and more ear, nose and throat doctors, neurologists and internal medicine practitioners are referring patients to The Balance Center for diagnosis and treatment for dizziness, Horton said.

"When you are dizzy and you go to a busy clinic, the anxiety of being in a crowd can make you fall," Horton added. "We can better treat people here in a specific environment devoted to dealing with dizziness."

Causes of vertigo, according to the American Institute of Balance, include:

- Benign Paroxysmal Positional Vertigo, which is caused by the degeneration of salt-like crystals in the inner ear that break free and move to other parts of the inner ear
- Vestibular Neuronitis, which has been related to upper respiratory infections and includes nausea and vomiting
- Labyrinthitis, which is caused by a bacterial or viral infection; hearing is also affected
- Meniere's Disease, which includes vertigo attacks, hearing loss, and a feeling of pressure or fullness in the involved ear

- Perilymphatic Fistula, which occurs because of an abnormal communication between the inner ear and middle ear
- Acoustic Neuroma, which is a lesion that grows slowly and causes hearing loss

At the Balance Center, as many as two therapists a day are working with patients. Not all problems are related to the inner ear. For example, victims of stroke are given therapy as they try to regain their balance. Patients recovering from head injuries or afflicted with Multiple Sclerosis also use the center. But most of the patients the Center treats are fighting vertigo and related problems, such as nausea and vomiting.

One of its newest tools is the Computerized Dynamic Posturography. "This is the state-of-the-art way to determine the inner ear is being affected," Horton said. A patient stands up and is supported by a harness in a booth-like device and is put through a series of motor control tests, from leaning forward and backward to dealing with movement and watching images on a screen.

Horton was already a physical therapist at Rex when the decision was made to launch The Balance Center. A former ballet dancer in Georgia, Horton said she has been interested in balance disorders for many years.

At the Balance Center, she helps some patients who are "afraid to turn their heads or eyes" because of how dizziness may strike. Among treatments are vestibular rehab exercises during which patients' central nervous systems are "trained" to cope with head and eye movement and to maintain balance. Medication, however, is not part of the treatment program for many people. "Medicine can make you feel better," Horton said, "but it delays recovery since the drugs suppress the central nervous system."

For more information, see The American Institute of Balance Web site ([www.dizzy.com](http://www.dizzy.com)) and the Vestibular Disorders Association ([www.vestibular.org](http://www.vestibular.org)).

To see photos of the Computerized Dynamic Posturography test process, see: <http://onbalance.com/neurocom/products/EquiTest.aspx>. **MM**

**Nobody knows anti-aging skincare like**

**bluewaterspa**



**THE expert on medical spas, anti-aging skincare, and lasers.**

**Also featured by:**

- Medical Spa Report
- Skin, Inc Magazine
- Plastic Surgery News
- Spa Finder Magazine
- Luxury Spa Finder

**As seen on:**

- ABC News • Turner South

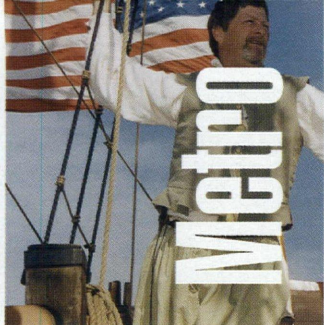
**Featured speakers at:**

- MediSpa Expo
- International Spa Conference

**Trust your skin with the experts' expert!**

10941 Raven Ridge Road, Suite 103 • Raleigh, NC 27614  
919-870-6066 • [www.bluewaterspa.com](http://www.bluewaterspa.com) • [www.michaellawmd.com](http://www.michaellawmd.com)





# Design

by Diane Lea

Photos courtesy  
Roanoke Island Festival Park

## "Lively" History:

### ROANOKE ISLAND'S FESTIVAL PARK BLENDS HERITAGE, THE ARTS AND THE ENVIRONMENT

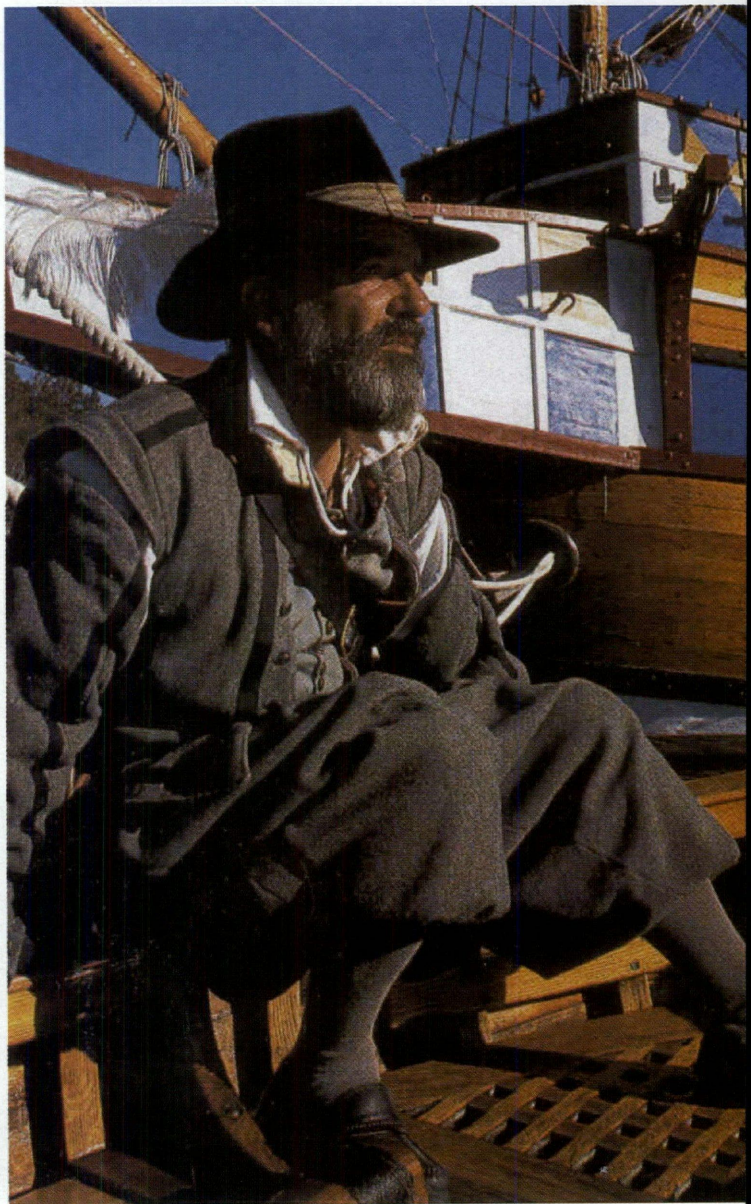
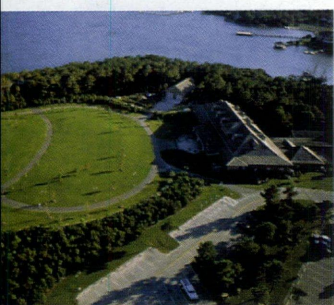
**F**all is glorious on the Outer Banks, and a leisurely drive along downtown Manteo's Waterfront on Historic Roanoke Island is one of the most delightful ways to experience the season. Queen Elizabeth Avenue, the waterfront promenade, showcases a blend of well-tended old homes and new, handsomely scaled and appointed inns, office buildings and retail shops set against the shimmering waters of Shallowbag Bay.

Visitors and residents often park and stroll Manteo's docks for the view across the pristine marshes of what was once known as Ice Plant Island. And there, looking perfectly in place, is moored a typical 16th-century English merchant ship, the 69-foot square-rigged bark Elizabeth II. The representative ship, gently rocking at its moorings, displays intricate lines and rigging, colorful paint and salty crewmen clad in garments of the period when England vied with Spain to colonize the New World.

The engaging scene invites further exploration, and a two-lane bridge at the end of Queen Elizabeth Avenue provides easy access to the ship's island home in Dough's Creek. Here you enter the realm of the Roanoke Island Festival Park, a 120-acre island and marsh, of which 27 acres is the setting for a museum complex, history center and art gallery. The settlement site is where the life of the soldiers and craftsmen who arrived in the Elizabeth II is interpreted, and an

outdoor pavilion where performances as diverse as a concert by the North Carolina Symphony or a dance performance by members of the North Carolina School of the Arts are held under starry skies. This is Fantasy Island, and its distinctly laid-back island atmosphere integrates an Outer Banks architectural style with a carefully preserved and protected island environment to make the Park's multi-faceted educational and entertainment offerings uniquely appealing.

The Roanoke Island Festival Park had its genesis in 1983, the occasion of the 400th Anniversary of the reconnaissance voyages under the authority of Sir Walter Raleigh that led to the establishment of a military colony on Roanoke Island. The arrival of Raleigh's ship on the Outer Banks of North Carolina occurred 23 years before the settlers came ashore at Jamestown in Virginia, and pre-dated the founding of the Plymouth Colony in Massachusetts by 32 years. To celebrate this momentous event, the State of North Carolina, at the suggestion of then-Governor James B. Hunt Jr., commissioned the construction of a ship to commemorate the aptly named Roanoke





Voyages. It was modeled after the Elizabeth, one of the ships of the 1585 expedition led by Captain Sir Richard Grenville.

The launching of Elizabeth II on November 22, 1983, and the long-planned Anniversary celebration which succeeded it, can be seen as key events in an ongoing comprehensive effort to revitalize the Town of Manteo and continue the tradition of Roanoke Island's heritage tourism, a tradition established in the 1930s with the advent of Paul Green's outdoor drama, *The Lost Colony*. John Wilson, Manteo's mayor and a ninth-generation Roanoke Islander, remembers 1979 when he began his first term. "Manteo, named for the Croatan chieftain who returned to England with Raleigh after his first voyage to Roanoke

Island, was a town in serious decline," says Wilson. "In 1979 we had only 14 stores left open in Manteo, the waterfront was in disrepair and we knew we had to breathe new life into a town that had once been the mercantile hub of the whole region."

#### MAN WITH A PLAN

To accomplish this, Wilson, a new graduate in architecture from the School of Design at North Carolina State University, solicited assistance from a former professor. Randy Hester, now the Director of Landscape Planning at the University of California at Berkeley, responded by bringing a cadre of students to Manteo. "They stayed here for two semesters," says Wilson. "During that time they interviewed almost 200 residents and held countless town meetings trying to establish a 20-year Master Plan for Manteo." The process seems to have involved, at one time or another, almost all of the town's then estimated population of 850 residents. But by its end, the town had determined to base Manteo's future on its role as a center for the visual and performing arts.

When the state's commitment to the reconstruction of the Elizabeth II became a reality, the town's citizens actively joined in planning for the acquisition of Ice Plant Island to establish a natural setting for the ship, the construction by the Department of Transportation of the bridge across Dough's Creek and the choice of an Outer Banks architectural style for the Elizabeth II Visitor Center. "We had wonderful assistance in all aspects of this undertaking from people across the state as well as from our Outer Banks residents," says Wilson. "The bridge is named for Senator Basnight's mother, Cora Mae Daniels Basnight, who was a great advocate for the Roanoke Island Commission that was established to work side-by-side with the State's Division of Cultural Resources and their Historic Sites Branch." The Elizabeth II was named as North Carolina's 23rd historic site, and Princess Anne of England attended ceremonies on Roanoke Island. Eventually, the Roanoke Island Commission became an independent statewide commission and the site an independent historic site.

#### A WORLD APART

To cross the bridge and enter the

### Design Notes

#### A FANTASYLAND OF OBJECTS AND IDEAS

Sunlight sparkles through gemstone colors of stained glass, wrought iron fences line wooded paths, ornate gates lead to hidden gardens and gazebos—architectural artifacts and hand-crafted garden art appear like strange characters in a living storybook.

Welcome to the whimsical world of The Last Unicorn, five acres of wrought iron, stained glass and, in owner/originator Gaines Steer's words, "other pretties" in Chapel Hill.

The Last Unicorn is such a fantasyland, unveiled along a winding trail through the woods, that visitors just might forget they're perusing a place of business.

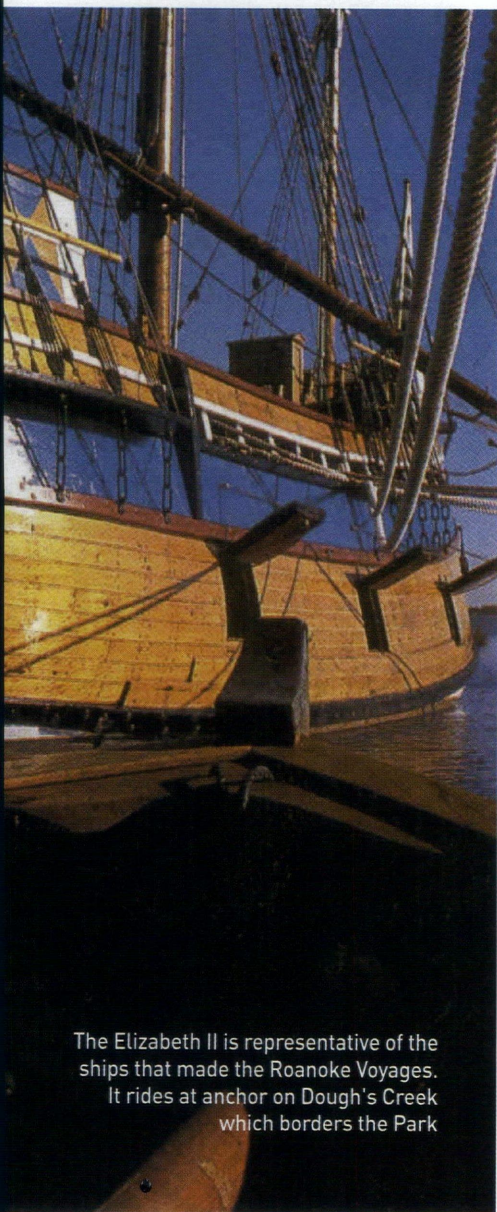
Then they spy that special object for their terrace, or a piece of wrought iron that would make an intriguing headboard, or a sculpture that would be perfect for their garden, and they're thrilled to remember that, yes, they can buy it!

Steer began his unusual business in 1975, specializing in art and furniture on consignment. Eventually, he began to focus on architectural antiques and oddities, especially wrought iron and stained glass. Since then, he has worked with demolition businesses along the East Coast and a few northern states to fill his five-acre "showroom." Located on Edwards Ridge, the rich collection of collectibles at The Last Unicorn has been featured in newspapers, magazines (including *Southern Living*) and on home-and-garden television programs. Today, The Last Unicorn boasts "one of the largest collections of wrought iron gates in the Southeast."

According to Steer, he has created a "magical, mystical experience" by the "imaginative use of the elemental forces: iron, earth, plant life, spirit, glass, water, fire, and stone." He also includes humor as "an elemental force," he says. And it's easy to see why, once you've taken a stroll down the "Yellow Brick Road" to visit the "Unicorn's Shoppe," "Ye Olde Log Cabin," the "Medicine Wheel" along "Narnia Wood," and then traipsed over the "Troll Bridge."

The Last Unicorn is open every Saturday and by appointment. To see more of what Steer calls his "outrageous exhibition of unique home and garden artifacts," visit his Web site, [www.TheLastUnicorn.com](http://www.TheLastUnicorn.com), where you'll also find a map. **MM**

—Kim Weiss



The Elizabeth II is representative of the ships that made the Roanoke Voyages. It rides at anchor on Dough's Creek which borders the Park





(Above) The Adventure Museum offers a comprehensive look at the history of Roanoke Island.

(Right) In June and July the Park hosts performances by the North Carolina School of the Arts, one of the top rated performing arts schools in the country.



museum complex is to step into a world apart. The museum's Arrival Center (the original Elizabeth II visitor center) is based stylistically on the 1870s Little Kinnakeet Life Saving Station near Avon, North Carolina. The wooden shingles and roof pitch and a welcoming front porch were designed by the Raleigh firm of McClure and McClure. The firm had studied Outer Banks architecture for a project with the National Park Service and understood the Roanoke Island Commission's desire for a totally indigenous architectural style for the building. The Commission further asked that the landscaping for the site create a natural setting with native plants. "We asked the designers to keep building and plant materials which would blend with the gray-brown bark of the pines and the green of pine needles," says Wilson.

The years following the development of the Elizabeth II reconstruction site bear testament to the success of Manteo's conscientious effort to attract and support businesses that serve quality heritage tourism. In 1996, the Commission worked to raise funds for a 37,000-square-foot addition to the original visitor center building, including an

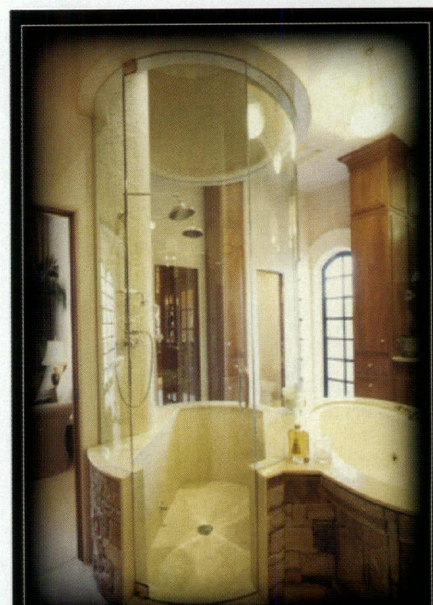


MICHAEL ZIRKLE PHOTOGRAPHY

## MINTABELL DESIGN GROUP

INTERIORS & FURNISHINGS

502 MEADOWMONT VILLAGE CIRCLE  
CHAPEL HILL, NC 27517 - 7584  
PHONE: 919-933-9800 WWW.MINTABELL.COM



## CAROLINA Glass & Mirror

3501 Integrity Drive Garner, NC 27520 888.338.1474 carolinaglass.com

Browse through our award winning showroom in person I-40 East Exit 303



Outdoor Pavilion stretching to the Roanoke Sound, and a nature-friendly boardwalk that borders the property and allows visitors to walk and bird watch during all times of the year. It was a massive undertaking that culminated in the Festival Park we see today. And, what do we see today?

An interpreter in period costume welcomes us on the Arrival Center's porch. The cheerful member of the staff at the ticket desk tells us everything we need to know about the Park, the town, where to eat and how to enjoy the latest exhibition in the Outer Banks History Center gallery. "It's A Ribbon of Sand," the smiling ticket taker and museum promoter says, describing a display of hand-done batik designs that reflect the Outer Banks characteristic barrier island landscape as viewed from airplane and satellite. Artist Mary Edna Fraser collaborated with retired Duke environmentalist Orin Pilkey to be sure she captured the true lines of the aerial portraits. Next we saunter past the Museum Store and another open-air front porch and along a paved path through luxuriant native plants to the dock of the Elizabeth II and the Settlement Site, the companion piece to the Elizabeth II that shows us how those who sailed with her labored to know and manage the new land.

The Settlement Site, a clearing in the low-growing maritime forest, is ringed by canopied military tents, an open fire, and an

almost completed blacksmith shop where the resident carpenter (the blacksmith is temporarily away) describes the military encampment established here by the Grenville expedition. When our interpreter begins to speak on this hot, humid Indian Summer day, we are actually transported to the moment when a courageous band of nobles, artisans and soldiers grounded their boats ashore on the edge of a brand-new world. Our guide to this new experience

recounts how the military expedition tried to grow tropical plants like citrus fruits because they thought the climate was similar to that of the Caribbean. Soon enough the sobering Outer Banks winter, with its fluctuating temperatures and occasional biting winds, put an end to the Caribbean idyll.

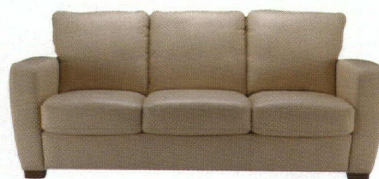
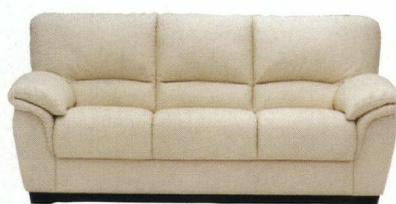
We leave the outer perimeter of the Park reluctantly. The pull of the representative vessel, perfect in the smallest details, and its companion Settlement Site are simply "out



Come and experience the quality and comfort of Natuzzi, the world leader in leather sofas, and find the perfect look for your style of living. You'll find a big selection of beautifully crafted sofas, armchairs and recliners that make it easy to find the perfect fit for you.

# NATUZZI

It's how you live



## Contemporary or Traditional 3 Seat Sofa

both covered in easy to clean family-friendly leathers, or choose your own color combination. Hundreds of possibilities.

Your Choice  
**\$899<sup>00</sup>**  
(in leather shown)

# The Oak Store

5816 Glenwood Ave., Raleigh, NC • Mon-Fri: 10-7 • Sat: 10-6 • Sun: 1-5

**781-7221**



The Roanoke Festival Park boasts two gallery spaces each of which offers a steady calendar of quality exhibitions.



of time," a respite from the 21st century, but they leave no illusion that the old days were better days.

The return to the museum building doesn't jangle, though a tantalizing Museum Shop and a family-oriented snack bar featuring peanut butter and jelly sandwiches

and barbecue are welcome attractions for all ages. The Adventure Museum stays on key. Family members select cloaks and hats from various periods as they enter the museum devoted to the history of the Outer Banks. The saga stretches from the period of the Roanoke Voyages, through the Age of

Pirates, to the Civil War and the saga of the US Life Saving Service, to the account of the Wright Brothers flight. Most importantly for many are the artifacts of everyday life: the story of the creation of the first shad boat by local boat builder George Washington Creef, along with a display from an early general store, a sink box used by bird hunters (which an obliging museum intern steps into), and the romance of the Seaside Resort of Nags Head in the 1880s.

Tanya Young, the Park's Communications Manager and hostess extraordinaire, directs attention to the grassy Outdoor Pavilion visible through the museum's tall glass doors. Here, every June and July for five weeks, students from the North Carolina School of the Arts stage a series of entertainments entitled "Illuminations." The school, rated one of the five top performing arts schools in the country, presents theater, music and dance on the spacious lawn.

On this typical weekday morning, a handsome gentleman strolls the perimeter of the pavilion with a perfectly groomed Scottish terrier, and a grandfather and grandson hurry across the lawn toward the Park's docks, fishing rods and coolers in hand. Two

## Roanoke Marshes Lighthouse And Boathouse Dedicated

**T**he Town of Manteo dedicated the Roanoke Marshes Lighthouse and rededicated the George Washington Creef Boathouse at a gala celebration recently. A free community cookout followed the dedication.

Manteo Mayor John Wilson presented the history of the Roanoke Marshes Lighthouse, described its intended use today and offered a look at the future for the downtown waterfront. Following the traditional ringing of the bell, the lighthouse was opened for tours. Music and activities continued through the afternoon and the permanent display, created by the North Carolina Maritime Museum in Beaufort, was made available for viewing. The construction of the lighthouse was funded, in part, by the Outer Banks Visitors Bureau.

The Creef Boathouse featured a display on racing boats and a presentation on the local boat-building industry and how it impacts offshore fishing business. Several vintage watercrafts were in the water and community sailboats sailed along the waterfront.



MELODY LECKIE



**RENAISSANCE BATH  
DESIGN & RENOVATION**

*The Triangle's ONLY full service bath design and renovation firm. From design to completion with a full array of outstanding products.*



865.BATH (2284) + 404 Glenwood Ave.  
[www.renaissancebathdesign.com](http://www.renaissancebathdesign.com)

**Cannon  
& Gruber**  
REALTORS®

Resort Property Specialists  
Sales and Rentals  
**800.317.2866**  
Atlantic Beach, NC  
[www.cannongruber.com](http://www.cannongruber.com)



*LAVENDER  
AND LACE*

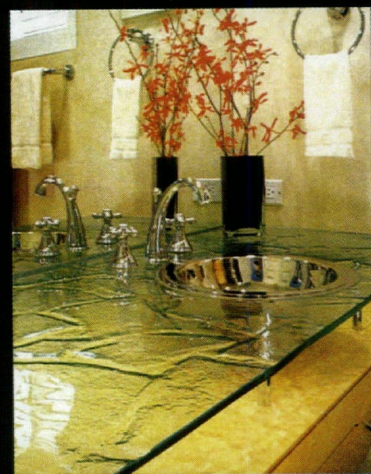


*The Triangle's source for the  
finest linens and sleepwear.*

Cameron Village, Raleigh  
400 Daniels Street  
919.828.6007  
Monday-Friday 10am-7pm  
Saturday 10am-6pm  
Sunday 1-5pm

*Thank you, Metro readers, for the MetroBravo award for 2004!*

GLASS for your DREAMS



SHOWERS MIRRORS SHELIVING

**Clear-Vue  
GLASS**

919.682.5597  
[clearvueglass.com](http://clearvueglass.com)



# IMAGINE THE FIRST WOMAN PRESIDENT.

[THAT'S OUR PLAN.

**A**T SAINT MARY'S SCHOOL, we know that the first woman president will not be educated like everyone else, but in a way that challenges her intellectual development and realizes all of her abilities and aspirations.

SMS has an educational program that enables each student to create her own four-year academic plan, or MAP (My Achievement Plan). And the COMPASS Curriculum, a unique life-skills program, works in tandem with that personal academic plan to build identity, community, leadership skills, and independence.

Please contact Matthew R. Crane at (919) 424-4001 or [MRCrane@saint-marys.edu](mailto:MRCrane@saint-marys.edu) to find out more about our plan for educating young women. Or join us for our **VISITATION DAY** — **Friday, October 8** or our **OVERNIGHT/VISITATION DAY** **Thursday, November 11 and Friday, November 12**. Please call to reserve your space.

Saint Mary's School, a community dedicated to academic excellence and personal achievement, prepares young women for college and life. Saint Mary's School is an independent, college-preparatory, Episcopal, boarding and day school for young women in grades 9-12 and admits high school girls of any race, color, religion, or national or ethnic origin. Limited financial aid available.



SAINT MARY'S SCHOOL

SAINT MARY'S SCHOOL | 900 Hillsborough Street, Raleigh, NC | (919) 424-4000 | [www.saint-marys.edu](http://www.saint-marys.edu)

*The obvious choice.*

*Decora*

**Aristokraft**  
Cabinetry



**Diamond**

*Mouser*  
CUSTOM CABINETRY

1051 Schieffelin Road • Apex, NC • (919) 362-7979 • [www.apexcabinet.com](http://www.apexcabinet.com)



young families, fathers pushing strollers and pretty mothers corralling toddlers, set up an early picnic on tables nestled on the edge of the boardwalk. It is possible to cross the bridge and spend the day at the Park picnicking, strolling, and enjoying the two art galleries, all for free and bargain ticket prices for the exhibitions.

#### ATTENTION TO THE ENVIRONMENT

Scott Stroh, Executive Director of the Park, is especially proud of the Park's atten-

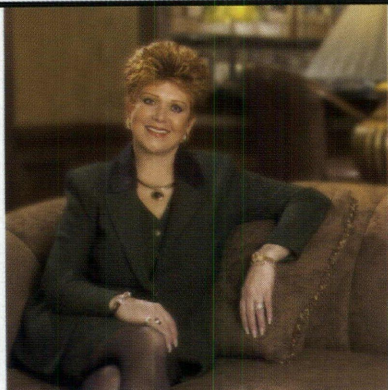
tion to its natural environment. He cites a recent collaboration with the US Army Corps of Engineers to stabilize the shoreline around the Park, using stones to form breakwaters for fisheries and planting natural grasses to provide shelter for the marsh inhabitants. "We have been honored by the Coastal Partnership Fund for Excellence in Coastal Conservation," says Stroh, "and we just recently received the Pelican Award from the North Carolina Coastal Federation."

The Park's conservation programs extend well beyond the award-winning shoreline project and include on-going field research with the University of North Carolina at Chapel Hill. Headed by Dr. William Stott, the Albemarle Ecological Field Site (AESF) on Roanoke Island focuses on the biodiversity of the wetlands of Northeastern North Carolina and is a multi-disciplinary ecological field site for UNC-Chapel Hill's Carolina Environmental Program.

The Roanoke Island Festival Park at Manteo is remarkable for the breadth and diversity of its programming and resources. It has taken on the task of educating visitors and outreach audiences to the region's history and indigenous architecture and to the importance of conserving its fragile envi-

## Give Back

Ida Terbet | REALTOR® | RE/MAX United



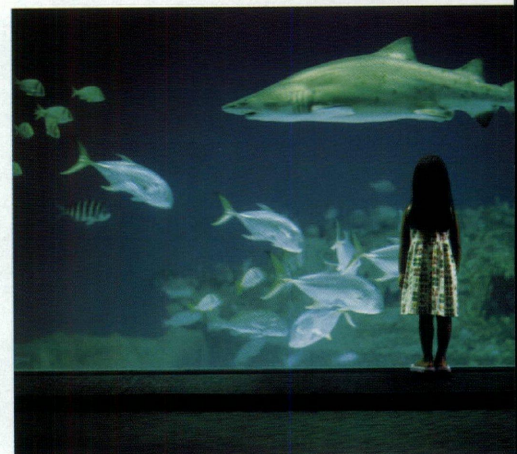
**"The Chamber is an excellent resource for me and a way to give back to the community."**

RE/MAX United's Ida Terbet knows the importance of giving back to the community that has helped make her company the # 1 Team in the Carolinas for the past six years. The Raleigh Chamber is the best organization to get involved with and help your community remain one of the best places to live, work, and play in the nation. Through member activities and communications, you'll be exposed to opportunities to support the city you call home.

If "giving back" is important to your company, the Raleigh Chamber is the place to be. Ida agrees. Read her story online at [www.raleighchamber.org/truestories](http://www.raleighchamber.org/truestories).



Join today by calling 664.7000 or visiting [www.raleighchamber.org](http://www.raleighchamber.org).

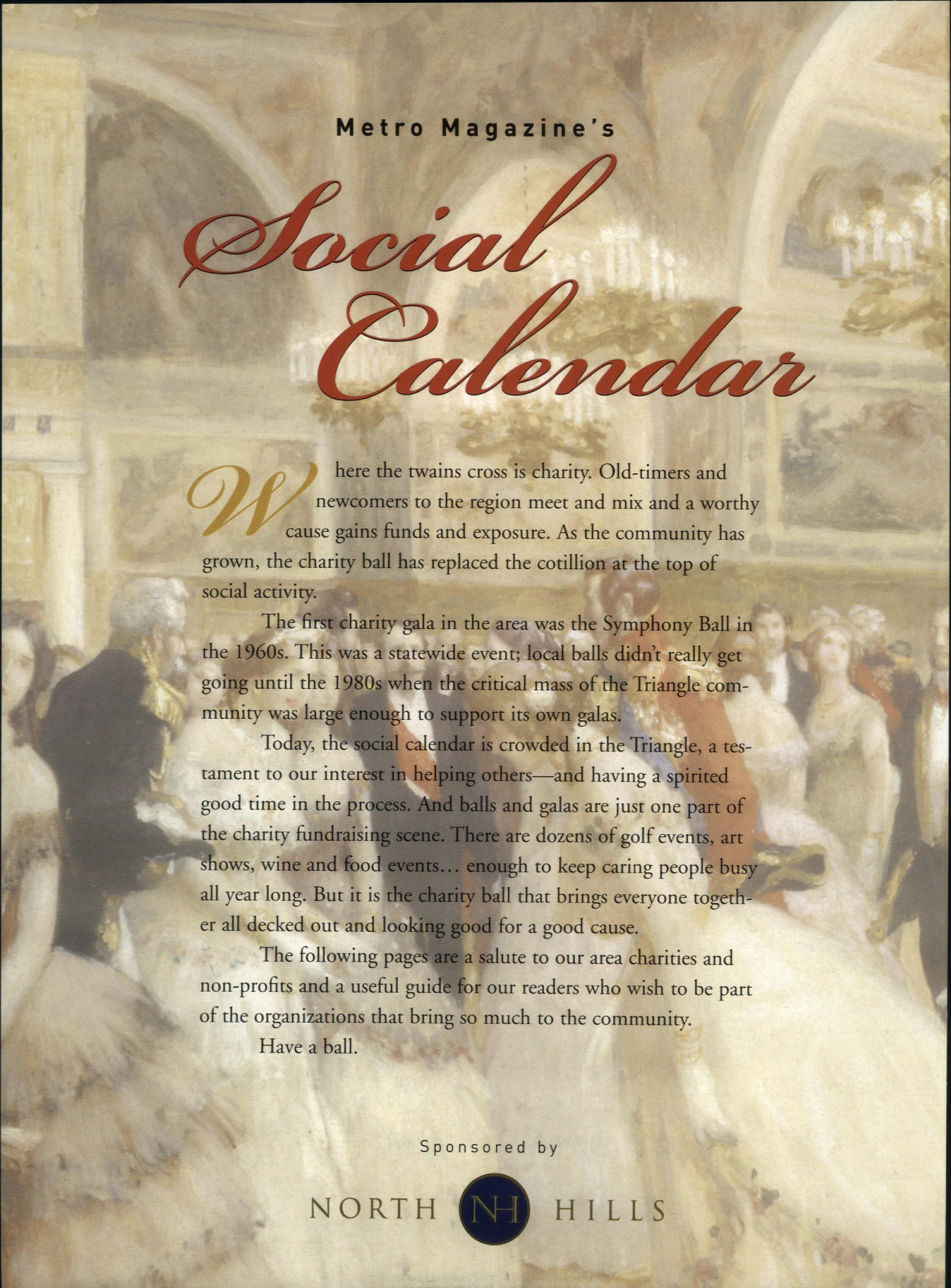


The environment, arts and heritage are themes in the Roanoke Island community of educational opportunities.

ronment. But the Park's greatest value may lie in its wonderful mix of accessibility, comfort and plain old fun for a wide variety of tastes. John Wilson recounts walking across the bridge to enjoy one of the performances by the School of the Arts when he noticed three boys wading in Dough's Creek, each toting a crab bucket and crab net. "The boys saw the people walking to the performance and, soaking wet, with buckets and nets in hand, scrambled up the creek bank and dashed to find a place on the lawn in time for the opening curtain. It was a ballet. The boys promptly collected their buckets and nets and went back to crabbing."

That's Festival Park: a landmark of historically and culturally sensitive design, a showplace for North Carolina's arts and environment, and something enjoyable for just about everyone. MM





Metro Magazine's

# *Social Calendar*

*W*here the twains cross is charity. Old-timers and newcomers to the region meet and mix and a worthy cause gains funds and exposure. As the community has grown, the charity ball has replaced the cotillion at the top of social activity.

The first charity gala in the area was the Symphony Ball in the 1960s. This was a statewide event; local balls didn't really get going until the 1980s when the critical mass of the Triangle community was large enough to support its own galas.

Today, the social calendar is crowded in the Triangle, a testament to our interest in helping others—and having a spirited good time in the process. And balls and galas are just one part of the charity fundraising scene. There are dozens of golf events, art shows, wine and food events... enough to keep caring people busy all year long. But it is the charity ball that brings everyone together all decked out and looking good for a good cause.

The following pages are a salute to our area charities and non-profits and a useful guide for our readers who wish to be part of the organizations that bring so much to the community.

Have a ball.

Sponsored by

NORTH  HILLS





*( remember )*

## CALIFORNIA CLOSETS®

Serving the Triangle • [www.calclosets.com](http://www.calclosets.com)

7409 ACC Boulevard • 598.3100

Raleigh Showroom Now Open



# Metro Magazine's SOCIAL CALENDAR

by Patricia Staino

## OCTOBER

### October 1

#### 2ND ANNUAL BILL GAINES MAKE-A-WISH FOUNDATION INVITATIONAL

For: Make-a-Wish Foundation

This tournament at the Wake Forest Golf Club raises money for the dream-fulfilling organizations and is hosted by local news anchor Bill Gaines. \$125 for individual, \$400 per foursome. Wake Forest, 12:30 p.m. shotgun start, 919-821-7111, [www.eastncwish.org](http://www.eastncwish.org)

### October 1

#### FORE THE CHILDREN GOLF TOURNAMENT

For: Prevent Child Abuse North Carolina

The tournament at The Preserve at Jordan Lake is a full day of socializing, networking, and golfing, and includes breakfast, lunch, snacks, competitions, raffles, and awards. \$150 per person or \$500 for a foursome. Raleigh, 8 a.m., 919-829-8009, [www.preventchildabusenc.org](http://www.preventchildabusenc.org)

### October 2

#### 3RD ANNUAL BLOW THE WHISTLE ON ASTHMA 5K WALK

For: American Lung Association

Proceeds from this event benefit asthma programs and research. Cary, 8 a.m., 919-832-8326, ext. 17, [www.lungnc.org](http://www.lungnc.org)

### October 2

#### BIG BAD BALL

For: Hospice of Wake County

Hospice's third annual Big Bad Ball at the Capital City Club will feature three live bands, a silent auction, open bar, heavy hors d'oeuvres and a \$10,000 raffle prize. \$100 for a single event ticket, \$125 for one event ticket and one raffle ticket, Raleigh, 8:00 p.m. to 2:00 a.m., 832-5526 (Capital City Club), [www.hospice-ofwake.org](http://www.hospice-ofwake.org)

### October 3

#### THE FUR BALL

For: SPCA of Wake County

The Fur Ball, which has been named one of the best charity events in the Triangle, is in its ninth year, and this year's black tie-preferred event at the Raleigh Country Club will feature live and silent auctions, heavy hors d'oeuvres, spirits and desserts. \$100 per person in advance, \$115 at the door. Raleigh, 6 p.m., 772-2326 ext. 2087, [www.spcawake.org](http://www.spcawake.org)

### October 4

#### CAPITAL BANK GOLF CLASSIC

For: Cystic Fibrosis Foundation

In its 14th year, this tournament has raised more than \$780,000 to further CFF programs. It's a full day of golfing, food, and socializing, followed by dinner and awards ceremony. (919) 845-2155, [www.cff.org](http://www.cff.org)

### October 9

#### MATISSE, PICASSO AND THE SCHOOL OF PARIS BLACK TIE GALA

For: The North Carolina Museum of Art

This cabaret evening of haute-cuisine, music and entertainment celebrates the opening of the Museum's School of Paris exhibit. \$100 per person for Museum members, \$125 for non-members. Raleigh, 7 p.m., (919) 839-6262, ext. 2121, [www.ncartmuseum.org](http://www.ncartmuseum.org)



### October 9

#### COSTUMES, ETC. SALE

For: Raleigh Little Theatre

It's the perfect opportunity to pick up a one-of-a-kind Halloween costume—or just something to wear around the house. The Theatre's annual yard sale has low prices (ball gowns for under \$10!) and the most unique garb around. No admission. Raleigh, 12 noon to 3 p.m., 919.821.4579, [www.raleighlittletheatre.org](http://www.raleighlittletheatre.org)

### October 10

#### WALK FOR HOPE

For: The Foundation for Hope

The 16th annual walk starts at the Angus Barn, which will sponsor the after-walk festivities including food, drink, music, massage therapists and prizes. The money raised is given locally to research and treat mental illness. Walkers must raise at least \$60 to take part. Raleigh, 10 a.m., (919) 781-WALK, [www.walkforhope.com](http://www.walkforhope.com)

### October 13

#### A SHOPPING SPREE! PREVIEW PARTY

For: Junior League of Raleigh

The kickoff party for JLR's annual shopping extravaganza takes place at The Raleigh Convention Center and will feature hors d'oeuvres from area eateries, live music and entertainment as well as a silent auction. \$35 in advance, \$40 at the door. Raleigh, 7 to 10 p.m., 919-787-7480, [www.jlraleigh.com](http://www.jlraleigh.com)

### October 15

#### A SHOPPING SPREE! FASHION SHOW

For: Junior League of Raleigh

Another event in conjunction with the annual Spree! is this New York-style fashion show sponsored by Cameron Village and produced by John Robert Powers. Attendees enjoy pastries and coffee while viewing the show and receive a goodie bag stocked with treats from Cameron Village merchants. \$20 per person. Raleigh, 10 a.m., 919-787-7480, [www.jlraleigh.com](http://www.jlraleigh.com)

### October 15

#### TENNIS AUCTION BALL

For: Cystic Fibrosis Foundation

The highlight of this black tie dinner dance and casino night (besides the sounds of the Black and Blue Band) at the North Ridge Country Club is the tennis team auction. The teams compete in the round robin pro-am tournament at the Raleigh Racquet Club on October 17. Ball tickets are \$150 per person. Raleigh, 919-845-2155, [www.ccf.org](http://www.ccf.org)

### October 16

#### 3RD ANNUAL GOLDEN ON THE GREEN CHARITY GOLF TOURNAMENT

For: Neuse River Golden Retriever Rescue

A day of golfing and contests for prizes is followed by dinner and a silent auction. Last year's event raised more than \$6000 for the organization. \$80 per golfer. Raleigh, 11:30 a.m., 919-319-0750, [www.goldenonthegreen.com](http://www.goldenonthegreen.com)

### October 16

#### WORKS OF HEART ART AUCTION

For: Alliance of AIDS Services, Carolinas

Preview and Silent Auction followed by Live Auction at the AJ Fletcher Opera Theater, BTI Center. Tickets \$20 in advance/ \$30 at the door. Preview and Silent Auction; 12:00 p.m.-7:45 p.m. Live Auction; 8:00 p.m. until 10:00 p.m. Raleigh, 919-834-2437, [www.worksofheart.org](http://www.worksofheart.org)

### October 16

#### TRIANGLE WALK TO D'FEET ALS 5K WALK

For: ALS Association Catfish Hunter Chapter  
The ALS Association Jim "Catfish" Hunter Chapter's 5K walk is part of a national effort in support of local patient services and nationally directed research. Last year 3,300 walkers took part in North Carolina. Raleigh, 10 a.m., 877-568-4347, [www.catfishchapter.org](http://www.catfishchapter.org)

### October 16 & 17

#### EXPOSURE TIME

For: Contemporary Art Museum

You'll get a 30-minute session with a nationally-recognized photographer to immortalize



you in black-and-white. Proceeds benefit the museum. \$100 for the session, additional cost for prints. Raleigh, 9:30 a.m. to 5 p.m., 919-836-0088, [www.camnc.org/exposuretime](http://www.camnc.org/exposuretime)

**October 17  
TAVERN PARTY**

For: The Joel Lane Museum House  
Only 250 tickets are available for this casual traditional dinner of Brunswick stew and cider, followed by a tour of the museum house. Tickets are \$10 each. Raleigh, 5 to 7 p.m., 919-833-9431

**October 17 & 18  
12TH ANNUAL CHILDREN'S FLIGHT OF  
HOPE PRO-AM GOLF TOURNAMENT**

For: Children's Flight of Hope  
This annual tournament at MacGregor Downs Country Club includes a Pairings receptions, exhibitions by the pros, and a number of social events. Each sponsoring foursome is paired with a pro, who in past years have included Craig Perks, Scott Hoch, Bob Tway, Curtis Strange, Fuzzy Zoeller, Tim Herron and Bobby Clampett. Cary, 919-466-8593, [www.childrensflighttohope.org](http://www.childrensflighttohope.org)

**October 23  
LUMINARY GALA**

For: Durham Arts Council  
This inaugural gala, held at the newly-renovated American Tobacco Campus, celebrates the Council's 50th anniversary while paying tribute to Durham native and Vogue Editor-at-Large André Leon Talley as the first recipient of the DAC Luminary Award. The evening will include a reception, silent auction, gourmet dinner by Savory Fare and dancing to the North Carolina Central University Faculty Jazz Band. \$150 per person. Durham, 919-560-2708, [www.durhamarts.org](http://www.durhamarts.org)

**October 23  
BLUEGRASS IN THE PARK**

For: Special Olympics North Carolina  
Eight-time Grammy winner Ricky Skaggs & Kentucky Thunder will headline this event held at the Amphitheatre at Regency Park. All proceeds benefit the state's Special Olympics program and fund year-round sports training and competition for children and adults with intellectual disabilities. Adult tickets are \$22.50 in advance and \$27.50 the day of the show. Cary, 7 to 10 p.m., 919-719-7662, [www.sonc.net](http://www.sonc.net), [www.ticketmaster.com](http://www.ticketmaster.com)

**October 24  
CHALLENGE AT THE CREEK PARTY  
& AUCTION**

For: The Tammy Lynn Center  
The party is a kick-off for the next day's golf

be | NORTH  HILLS | shop | entertain | dine | play | work | meet | live



## simply irresistible.

North Hills, is breaking new ground. An elegant, first-of-its-kind district destined to become Raleigh's Midtown – three city blocks designed for shopping, dining, meeting, working, playing, living, being. With The Lassiter at Six Forks and the Beltline.

919.833.7755 | [kanerealtycorp.com](http://kanerealtycorp.com) | Grand Illumination with Grant Llewellyn, 11-20-04, 6:30pm



### QUINTESENTIALS II

THE LASSITER AT NORTH HILLS, RALEIGH

919.785.0787



tournament and includes a family auction featuring "ultimate getaway" resort packages. Tickets are part of the golfing package. Raleigh, 5 p.m., 919-832-3909, ext. 108

**October 25**

**CHALLENGE AT THE CREEK GOLF TOURNAMENT**

For: The Tammy Lynn Center

The annual golf tournament is played in the "Texas Scramble" format and includes 18 closest-to-hole prizes. Two foursomes play for \$5000. Raleigh, 11 a.m., 919-832-3909, ext. 108

**October 27**

**FRIENDS OF THE GALLERY 20TH ANNIVERSARY CELEBRATION**

For: North Carolina State University's Gallery of Art and Design

This party will include an exhibition of the gallery's "20 best" pieces, as well as two new exhibits—"Elizabeth Brim" and "Treasures of Chinqua Penn." Festivities will also include the unveiling of 20 new acquisitions, informal talks with artists, food, drink, music and birthday cake. Raleigh, 919-515-3503

**October 28**

**WINE TASTING**

For: North Carolina Museum of Art

Sponsored by the Museum's Contemporaries and Connoisseurs groups, the evening pairs hors d'oeuvres with French and Spanish wines

as chosen by the Museum Restaurant's Andy Hicks. Piano music by Paul Holmes and tours of the School of Paris exhibit round out the evening. \$25 for Contemporaries and Connoisseurs members, \$35 for Museum members, \$40 for non-members before October 22. Raleigh, 7 - 9:30 p.m., 919-839-6262, ext. 2121, [www.contemporaries.org](http://www.contemporaries.org)

**October 30**

**WALK TO CURE DIABETES**

For: Juvenile Diabetes Research Foundation International

More than 5,000 walkers representing local corporations, families, schools, and organizations are expected to participate with the goal of raising more than \$560,000 for diabetes research. Research Triangle Park, 10:30 a.m., 919-431-8330, [www.jdrfttriangle.org](http://www.jdrfttriangle.org)

**NOVEMBER**

**November 4**

**WINE TASTING**

For: The Boys & Girls Clubs

Held at April & George, the wine tasting will feature a number of wines for sampling as well as appetizers. The highlight of the evening will be a silent auction featuring children's artwork. Prices TBD. Raleigh, 6 - 9 p.m., [www.wake-bgc.org](http://www.wake-bgc.org)

**November 4**

**ACKLAND ART MUSEUM PATRONS PARTY**

For: Ackland Art Museum

The focal point of this event is the Chapel Hill Historic Home at which it is held (the location is revealed only to ticketholders). Attendees also receive a ticket to the Museum's First Day Brunch. \$250 per person. Chapel Hill, 5:30 - 7:30 p.m., 919-966-5737, [www.ackland.org](http://www.ackland.org)

**November 4**

**SHOP AND STROLL WITH LUCY**

For: Lucy Daniels Center for Early Childhood  
This event at Cameron Village kicks off Lucy's Card Shopping Week (see below) with a preview of participating retailers. Cards are \$50 each. Raleigh, 4 to 8 p.m., [www.lucyscard.org](http://www.lucyscard.org)

**November 5**

**SHOP AND STROLL WITH LUCY**

For: Lucy Daniels Center for Early Childhood  
This event at University Mall in Chapel Hill previews the area's participating retailers in Lucy's Card Shopping Week (see below). Cards are \$50 each. Chapel Hill, 6 to 9 p.m., [www.lucyscard.org](http://www.lucyscard.org)

**November 6**

**11TH ANNUAL FANTASY AUCTION: A HOLIDAY WONDERLAND**

For: Easter Seals

This black-tie suggested gala at Prestonwood Country Club will feature live entertainment, heavy hors d'oeuvres, and silent and live auctions of eclectic gifts and services. Tickets are \$75 per person, \$125 per couple. Raleigh, 6 p.m., 919-783-8898, [www.eastersealsucp.com](http://www.eastersealsucp.com)

*Claine Miller Collection*

*Some Day My Prince Will Come.*

The Lassiter at North Hills • 4421-109A Six Forks Rd • Raleigh NC 27609  
919.571.8888  
Mon-Sat 10:00-6:00



**November 6**

**AN EVENING WITH RANDALL ATCHESON**

For: White Plains Children's Center  
A concert by the world-renowned Carnegie Hall concert pianist at the Brown McPherson Building at Peace College includes a reception with hors d'oeuvres before and coffee and dessert afterward. \$50 per person. Raleigh, 6:30, 919-469-2217



**November 6 through 14**

**LUCY'S CARD SHOPPING WEEK**

For: Lucy Daniels Center for Early Childhood  
Save 20 percent at 240 of the Triangle's best retailers by visiting [www.lucyscard.org](http://www.lucyscard.org) for information on how to purchase your card, as well as a list of participating retailers and special events. Cards are \$50 each. Triangle, [www.lucyscard.org](http://www.lucyscard.org)

**November 7**

**11TH ANNUAL TASTE OF HOPE GALA**

For: Inter-Faith Food Shuttle  
The annual fundraiser at the Cardinal Club fea-

tures live and silent auctions, hors d'oeuvres and cocktails, as well as a six-course gourmet dinner with complementary wine pairings, all prepared by guest chefs from partner restaurants like Fraziers/Porter's City Tavern, Duck & Dumpling, and Second Empire. \$250 per person. 919-250-0043

**November 7**

**HARVEST WINE TASTING & AUCTION**

For: Cystic Fibrosis Foundation  
Sampling "Wines of the World" is the highlight of this event which includes live and silent auctions at The Carolina Club. \$50 per person. Chapel Hill, 5 p.m., 919-845-2155, [www.cff.org/Chapters/Carolinas](http://www.cff.org/Chapters/Carolinas)

**November 8**

**SOCIETY OF '61 RECOGNITION GALA**

For: Wake Med  
Spend an evening with Goldie Hawn at the North Ridge Country Club. Raleigh, 6:30 to 10 p.m., 919-350-7656, [www.wakemedfoundation.org](http://www.wakemedfoundation.org)

**November 8**

**DUKE CHILDREN'S GRAND PRIX**

For: Duke Children's Hospital  
The Grand Prix is the central event of the Benefit Horse Show taking place at the N.C. State Fairgrounds from November 9 through 14. The largest hunter-jumper horse show in the Southeast features six days of competition. Raleigh, 919-667-2573

**November 10**

**ART AUCTION BENEFIT WITH PARK WEST GALLERY AND ALLEN MONTAGUE**

For: American Lung Association  
A reception with local artist Allen Montague and a preview of his work is followed by an auction with proceeds supporting the programs and services of the American Lung Association of North Carolina. \$10 donation per person. Research Triangle Park, 5:30 p.m., [www.lung-n.org](http://www.lung-n.org)

**November 12**

**THE OPERA COMPANY OF NORTH CAROLINA GALA CONCERT**

For: The Opera Company of North Carolina  
Celebrated American mezzo-soprano Susanne Mentzer performs at the BTI Center to benefit the opera company. The evening includes cocktails and a light dinner afterward at Evoo. Tickets are \$50 and \$100. Raleigh, 919-859-6180, [www.operanc.com](http://www.operanc.com)

**November 13**

**STYLE & GRACE FASHION SHOW**

For: National Multiple Sclerosis Society  
The afternoon at the Hope Valley Country Club starts with a social featuring local vendors displaying their goodies, then a luncheon and fashion show featuring holiday party fashions by Carlisle Clothing and Talbots. \$50 per person. Raleigh, 919-834-0678, [www.nationalmssociety.org/nct/home/](http://www.nationalmssociety.org/nct/home/)



*Susanne Mentzer*  
**Gala & Concert**  
November 12, 2004  
Internationally Renowned  
Mezzo Soprano  
Bows at AJ Fletcher Opera Theater

**Franz Lehar's**  
**THE MERRY WIDOW**  
April 1 & 3, 2005  
Celebrates her 100th birthday at  
Raleigh's Memorial Auditorium

**Giacomo Puccini's**  
**Tosca**  
June 10 & 12, 2005  
The blockbuster of Italian Verismo Opera  
Raleigh's Memorial Auditorium



**The Opera Company of North Carolina**  
**2004-2005 Season**

For additional Gala information, please call 783.0098  
For subscription sales only contact the **Opera Ticketline at 919.859.6180**  
Single tickets from \$25 to \$75 on sale through **Ticketmaster after October 15, 2004**



Progress Energy





November 13

**PLAYMAKERS BALL**

For: PlayMakers Repertory Company  
The 17th annual PlayMakers Ball, held at the Carolina Inn, is the largest fundraising gala in the state. This year's theme is "Great Performers of the Stage." \$500 per person. Chapel Hill, 919-962-PLAY, [www.playmaker-srep.org](http://www.playmaker-srep.org)

November 14

**OLD RELIABLE RUN**

For: Triangle United Way  
The largest event race in North Carolina is a full day of fun, including the 10K, the new 5K run/walk, One Mile Fun Run, and 100 Yard Tot Trot. Raleigh, 11 a.m., [www.unitedwaytriangle.org](http://www.unitedwaytriangle.org)

November 16

**HOSPICE OF WAKE COUNTY'S 25TH ANNIVERSARY CELEBRATION**

For: Hospice of Wake County  
This year the annual dinner at Sisters' Garden is a celebration of a Hospice milestone and spotlights author Reeve Lindbergh speaking on her experiences as caregiver to her dying mother. The evening includes food, wine and a live auction. \$100 per person. Raleigh, 919-828-0890, [www.hospiceofwake.org](http://www.hospiceofwake.org)

November 20

**2004 COLLECTORS GALA: THE ANNUAL ARTSPACE DINNER AND ART AUCTION**


*Sparrowwood Jewelers*

Diamonds


Fine Jewelry

AGS

919.781.0212

Olde Raleigh Village • 3201-137 Edwards Mill Rd.

[www.sparrowwood.com](http://www.sparrowwood.com)



*Enchanting Moments*

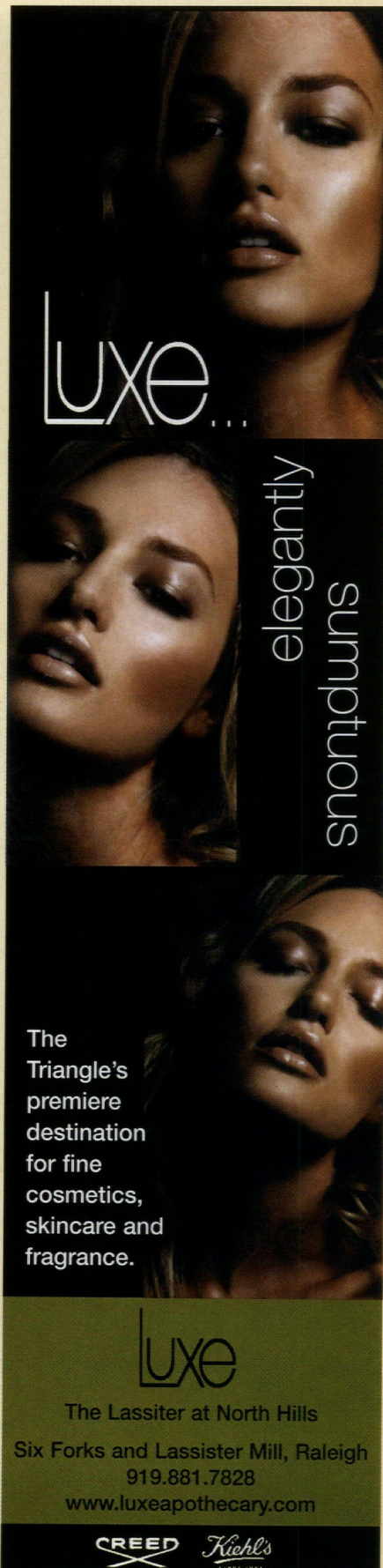
CELEBRATING 50 YEARS OF BEAUTIFUL WOMEN

couture bridal  
debutante  
bridesmaids  
social occasion attire

D&K ORIGINALS  
SOCIAL OCCASION TRUNK SHOW  
NOVEMBER 4,5,6  
FEATURING THEIR 2005 COLLECTION  
OF COCKTAIL SUITS  
AND FORMAL GOWNS.

A percentage of the  
proceeds from all inaugural ball  
gown sales to benefit SAFEchild.

Fuquay Varina, North Carolina | 919.552.6393 by appointment



Luxe...

elegantly  
sumptuous

The  
Triangle's  
premiere  
destination  
for fine  
cosmetics,  
skincare and  
fragrance.

Luxe

The Lassiter at North Hills  
Six Forks and Lassister Mill, Raleigh  
919.881.7828  
[www.luxeapothecary.com](http://www.luxeapothecary.com)

CREED *Kiehl's*





**Progress Energy**

presents

*energy of the arts*



Enjoy free performances by the North Carolina Symphony,  
The Opera Company of North Carolina,  
the North Carolina Theatre and the Carolina Ballet,  
together in one place for one day only.

**November 6, 2004**  
**10 a.m. – 3 p.m.**  
**North Carolina Museum of Art**

Our commitment to excellence has vibrant new energy. Don't miss it!

**YORK  
SIMPSON  
UNDERWOOD**  
WE MAKE GREAT NEIGHBORS

[www.ysuhomes.com](http://www.ysuhomes.com)

### A Proud Corporate Partner of Triangle United Way

YSU has deep roots in this community. For nearly 100 years, we have taken our corporate citizenship very seriously. That means we lend a hand to many community organizations, including the Triangle United Way.



OFFICES IN RALEIGH, CARY,  
CHAPEL HILL/DURHAM, AND  
PINEHURST/SOUTHERN PINES

RELOCATION ASSISTANCE:  
800.334.3010



**RECIPIENT OF COMMUNITY SERVICE AWARDS FROM  
RALEIGH REGIONAL ASSOCIATION OF REALTORS®**

**A leader in homeownership & mortgage services**

**YSU LENDING**

EXCLUSIVE AFFILIATE OF  
**Sotheby's**  
INTERNATIONAL REALTY



For: Artspace

First enjoy cocktails with the artists, followed by a seated dinner catered by Mitchell's Catering and accompanied by the Foscoe Philharmonic. A live auction of the artists' work will follow. \$100 per person. Raleigh, 6:30, 919-821-2787, [www.artspacenc.org](http://www.artspacenc.org)

**November 21**

### **HABITAT HOLIDAY HOME TOUR**

For: Habitat for Humanity

A tour of a recently-completed Habitat home is followed by an oyster-and-shrimp dinner (catered by 42nd Street Oyster Bar) and the Greg Gelb swing band back at the Habitat ReUse Center. \$30 per person. Raleigh, 919-833-1999, [www.habitat.org](http://www.habitat.org)

**November 21**

### **JIMMY V WOMEN'S BASKETBALL CLASSIC**

For: The V Foundation for Cancer Research

This annual basketball tournament features four top collegiate teams—UNC, UConn, Tennessee, and N.C. State—and legendary coaches in a nationally televised doubleheader at the RBC Center. Tickets range from \$12 to \$100. Raleigh, 2:30 p.m., 919-834-4000, [www.jimmyv.org](http://www.jimmyv.org)

## DECEMBER

**December 2**

### **ASSOCIATES HOLIDAY PARTY**

For: North Carolina Museum of History

This year's celebration for adults and children in the museum lobby commemorates "The Year of the Craft." Small admission fee. Raleigh, 6:30 to 8:30 p.m., 919-807-7849

**December 2**

### **JINGLE BALL**

For: Capital City Clauses

The 11th annual Jingle Ball at Exploris collects toys and gifts for needy children in the Triangle area. Admission is a toy valued at \$20 or \$30 per person. Raleigh, 919-821-2777, ext. 302, [www.jingleball.org](http://www.jingleball.org)

**December 3**

### **TEDDY BEAR BALL**

For: The Duke Children's Hospital & Health Center

The evening at the Durham Marriott at the Civic Center begins with cocktails and includes great food, dancing, and live and silent auctions featuring teddy bears and a handmade quilt designed and created by the hospital's patients. Durham, 6:30 p.m. to 1 a.m., 919-416-DUKE, [www.dukechildrens.org](http://www.dukechildrens.org)

**December 3 & 4**

### **GIFT GALLERY**

For: Arts Together

Benefiting the group's scholarship fund, the holiday sale features gifts of art handcrafted by local artists. The gallery also offers a child-friendly shopping area. Raleigh, 5 to 8 p.m. (3rd), 9 a.m. to 1 p.m. (4th), 919-828-1713,



www.artstogether.org

**December 5**

**CHAMPAGNE WISHES AND CAVIAR DREAMS**

For: The Tammy Lynn Center

Sip champagne, enjoy fabulous canapés and desserts, and be pampered by Saks Fifth Avenue's personal shoppers at this black-tie event. A portion of all purchases will benefit the Tammy Lynn Memorial Foundation. \$85 per person. Raleigh, 6:30 p.m., 919-832-3909, ext. 108

**December 7**

**30TH ANNIVERSARY GALA AND DROPS DEBUT PERFORMANCE**

For: Theatre In The Park

2004 marks the 30th anniversary of a show that has tantalized the Triangle community and beyond for three generations, ringing in the holidays with the magical transformation of Ebenezer Scrooge. This year's production of Ira David Wood III's A Christmas Carol will introduce the new scenic backdrops designed by North Carolina artist, Mark Pirolo and constructed by Wood's alma mater, North Carolina School of the Arts.

Ticket prices range from \$250 - \$275 per person. The event includes dinner at the Capital City Club with Ira David Wood III, and champagne toast and desserts during intermission at the BTI Center for the Performing Arts. Raleigh, 919-831-6936, www.theatreinthepark.com



**December 8**

**AN EVENING WITH BOBBY LABONTE**

For: American Lung Association of North Carolina

Mingle with the NASCAR racing champion at Ruffy House in Cary. Also on hand will be artist Allen Montague, painting original artwork to be auctioned that evening. Cost TBD. Cary, www.lungnc.org

**December 9**

**TREE OF HOPE CEREMONY**

For: The Duke Cancer Patient Support Program

The annual Tree of Hope remembers and honors friends and family through the purchase of light for a live holly tree located at the entrance of the Morris Cancer Clinic in the Seese-Thornton Garden of Tranquility. One light is \$10, three lights are \$25. Durham, 919-684-4497, www.cancer.duke.edu/support/

*a ladies boutique, specializing in American and European designers...*

blugirl by blumarine

cacharel

calypso

catherine malandrino

paul & joe

tocca

mayle



702 meadowmont village circle  
chapel hill, nc 27517  
919.933.3026



**JOHN HARDY**



**BATU SARI**

*Ora*

DESIGNERS/FINE JEWELERS ... *jewelry for your emotions*

Registered Jewelers • Certified Gemologist



6301A Falls of Neuse Rd • Raleigh, North Carolina 27615 • 850-2501





CONVERSATION #7, Jason Craighead, mixed media, 40" x 50"

## WORKS OF HEART

PREVIEW & SILENT AUCTION  
Saturday, October 16, 2004  
12:00pm until 7:45pm

LIVE AUCTION  
Saturday, October 16, 2004  
8:00pm until 10:00pm

AJ Fletcher Opera Theater  
BTI Center, Raleigh



Tickets  
\$20 in advance  
\$30 at the door

2004 MEDIA PARTNERS:



Proceeds benefit:



Works of Heart identity and logo design by Tony Burden/2004 art direction by Sean Byrne

For more information, contact us at

**919-834-2437**

or visit us at

**www.worksofheart.org**

**December 31**

### NEW YEAR'S EVE GALA AND CONCERT

For: North Carolina Symphony  
Cocktails and hors d'oeuvres at the Raleigh Marriott Crabtree are followed by a Symphony performance at the BTI Center, then dinner, dancing and a champagne toast back at the Marriott. Raleigh, 919-733-2750 ext. 253, [www.ncsymphony.org](http://www.ncsymphony.org)

## JANUARY 2005

**January 1**

### FIRST DAY BRUNCH AND AUCTION

For: Ackland Art Museum  
The Museum's primary fundraiser, this event includes a silent auction and delicious brunch at the Pope Sky Box at Kenan Stadium. \$75 per person. Chapel Hill, 11:30 to 3:00, 919-966-5737, [www.ackland.org](http://www.ackland.org)

**January 22**

### FIELD OF DREAMS GALA

For: The ALS Association  
The local Catfish Hunter chapter hosts this gala at the Washington Duke Inn. The evening features a sit-down dinner, silent and live auctions, and presentations of the Lou Gehrig and Catfish Hunter Humanitarian Awards. Tickets start at \$500. Durham, 877-568-4347, [www.catfishchapter.org](http://www.catfishchapter.org)

## FEBRUARY

**February 12**

### MARDI GRAS BALL

For: Carolina Ballet  
This invitation-only event raised more than \$50,000 for the Ballet troupe last year. The 2005 theme of "Arabesque" will surely be reflected throughout the evening's activities, including the crowning of the Mardi Gras King and Queen and the raffle of luxury prizes. Raleigh, 919-719-0800, ext. 229, [www.carolinaballet.com](http://www.carolinaballet.com)

**February 17 to 19**

### TRIANGLE WINE EXPERIENCE-VINO TECHNO

For: The Frankie Lemmon Foundation  
The annual three-day wine and food celebration is a series of events across the Triangle that includes Friday night with winemaker Bob Foley, the Purple Feet Band and 50 wines from across the world, and the Saturday night black-tie gala featuring a live auction of rare and collectible wines. Prices vary by event. Raleigh, [www.trianglewineexperience.org](http://www.trianglewineexperience.org)

**February 19**

### BRIGHT NIGHTS, CITY LIGHTS DURHAM-ORANGE HEART GALA

For: American Heart Association  
The 15th annual Heart Gala will include dinner, the Casablanca Orchestra and live and silent auctions at the American Tobacco Historic District. \$150 per person. Durham, 6 p.m. to midnight, 919-463-8336, [www.american-heart.org](http://www.american-heart.org)

## NUMBER ONE WITH A LITTLE HELP FROM OUR FRIENDS

|                                  |                   |                                   |                                 |
|----------------------------------|-------------------|-----------------------------------|---------------------------------|
| JOHN HARDY                       | DAVID YURMAN      | MIKIMOTO                          | JOSE HESS                       |
| BAUME & MERCIER<br>GENEVE - 1830 | BREITLING<br>1884 | EBEL<br>the architects of time    | LONGINES                        |
| SWISS ARMY<br>BRAND              | T.G. HEUER        | HIDALGO<br>AWARD WINNING DESIGNER | HEARTS FOR ETERNITY™            |
| JB STAR                          | ELEXESE           | VERRAGIO                          | Christopher Designs<br>Crisscut |
| J-E-F-C-O-O-P-E-R                | GREGG RUTH        | RITANI<br>DESIGNING YOUR DREAM    | ROYAL ASSCHER®<br>CUT           |

**BAILEY'S**  
FINE JEWELRY

Raleigh's Cameron Village, 829-7337 or toll-free: 1-866-725-3111. Rocky Mount & Greenville.



February 26

**WILD AT HEART GREATER RALEIGH GALA**

For: American Heart Association

The 21st annual Greater Raleigh Heart Gala celebrates the lifesaving work of the American Heart Association at the Crabtree Marriott with dinner, dancing and live and silent auctions. \$150 per person. Raleigh, 6 p.m. – 12:30 a.m., 919-463-8300, [www.americanheart.org](http://www.americanheart.org)

February 26 &amp; 27

**GOING BUGGY**

For: Arts Together

This children's musical theater production, for children by children, presents the insect population airing its grievances and trumpeting its accomplishments. Tickets are \$5. Raleigh, 11:00 a.m. and 6:30 p.m. (26th), 2 p.m. (27th), 919-828-1713, [www.artstogether.org](http://www.artstogether.org)

February TBD

**A LITTLE NIGHT VISION**

For: Prevent Blindness North Carolina

An evening of live music, dancing and entertainment that includes sampling the tastes of local restaurants and a silent auction. Tickets are \$25. 919-755-5044, [www.preventblindness.org/nc](http://www.preventblindness.org/nc)

**MARCH**

March 5

**PROMISE BALL**

For: Juvenile Diabetes Research Foundation International

An elegant evening of gourmet food and dancing at the Washington Duke Inn will also include live and silent auctions. Last year's inaugural ball raised more than \$250,000. \$150 per person. Durham, 919-431-8330, [www.jdrftriangle.org](http://www.jdrftriangle.org)



March 5

**FRIENDS OF THE RED SWORD GUILD ANNUAL SPRING FUNDRAISER**

For: American Cancer Society

A dressy casual band party at the North Carolina Museum of History, this year's event will feature the tunes of Mr. Potato Head, party food, a silent auction, raffles and lots of dancing! \$40 per person. Raleigh, 7 p.m. to midnight, 919-834-8463, [www.cancer.org](http://www.cancer.org)

March 5

**DIVAS!**

For: Raleigh Little Theatre

Local actresses take the stage to vie for the title of "Raleigh Little Theatre Diva 2005."



## The ultimate in shopping therapy.

Save 20% at **240 stores in the Triangle** for a week.  
Invest in the emotional health of a child for life.

Go shopping with us.  
**November 6-14.**



All you need is Lucy's Card, an itch to shop and a desire to help local children. Visit us online to buy your card, get the details and see the complete list of participating retailers throughout the Triangle.

**[www.LucysCard.org](http://www.LucysCard.org)**

or call the Lucy Daniels Center, 919-677-1400

Thank you to all of our corporate sponsors.

THE NEWS-OBSERVER  
[www.newsobserver.com](http://www.newsobserver.com)  
Life enriched.

5  
WRAI-TV and MIX 101.5  
an affiliate of  
Capital Broadcasting Company

WACHOVIA

Blue Cross Blue Shield of North Carolina • Gregory Poole Equipment Company • Rex Healthcare • Metro Magazine

## Relax with the best players in the world.



Bring home the excitement of live entertainment. From Bach to Rock, for a festive holiday party or a quiet evening for two, enjoy live performances with a player grand piano.

Come visit our store for a demonstration. Whether you want to buy new or have us install this state-of-the-art player system on your existing piano, mention this ad and receive special pricing.

**MAUS**  
PIANO AND ORGAN CO.

Serving The Triangle Since 1934

Raleigh, NC | 919.782.8391 | [mauspiano.com](http://mauspiano.com)



Audience members cast their ballots by making donations to the Theatre and the singer who raises the most money wins the title and tiara for the year. There's also a raffle with luxury items worth up to \$20,000. Raffle tickets are priced at \$100 each or you can purchase six tickets for \$500. 919.821.4579, [www.raleighlittletheatre.org](http://www.raleighlittletheatre.org)

**March 6**

**EYES OF MARCH GALA**

For: Prevent Blindness North Carolina  
Prevent Blindness' biggest fundraiser of the year features a cocktail buffet, dancing to live music and live and silent auctions. \$75 per person. Raleigh, 919-755-5044, [www.preventblindness.org/nc](http://www.preventblindness.org/nc)

**March 12**

**"BIG NIGHT" ITALIAN FEAST**

For: The Tammy Lynn Center  
The Carolina Theatre's ballroom will host a multi-course tribute to the famous dinner in the 1996 film "Big Night" prepared by Catering Works, followed by a screening of the film. \$110 per person. 919-832-3909, ext. 108, [www.atoasttothetriangle.com](http://www.atoasttothetriangle.com)

**March 22**

**TURKISH DELIGHT**

For: The Tammy Lynn Center  
Traditional middle eastern music, belly dancing and heaping platters of mezze, hummus and

lamb skewers at Talulla's celebrate the eastern Mediterranean region. \$70 per person. 919-832-3909, ext. 108, [www.atoasttothetriangle.com](http://www.atoasttothetriangle.com)

**SPRING**

**Spring**

**HABITAT HOUSE PARTY**

For: Habitat for Humanity  
The annual breakfast event gives attendees the opportunity to share in fun and friendship and learn more about Habitat's programs. Donations appreciated. 919-682-0516, ext. 113, [www.durhamhabitat.org](http://www.durhamhabitat.org)

**APRIL**

**April 9**

**PICTURE THIS**

For: Prevent Child Abuse North Carolina  
The group's signature fundraising event at Exploris is a party, art and photography exhibit and sale, and silent auction. Some of North Carolina's best photographers and artists will be featured, as well as music, food and beverages. \$50 per person. Raleigh, 8 p.m. to 11 p.m., 919-829-8009, [www.preventchildabuse-nc.org](http://www.preventchildabuse-nc.org)

**April 9**

**RAINBOW DANCE COMPANY TWENTY-FIFTH YEAR SPRING CONCERT**

For: Arts Together  
It's the 25th anniversary of Art Together's spon-

sorship of this multi-age modern dance company. Tickets \$10 for adults, \$6 for students and seniors. Raleigh, 919-828-1713, [www.art-together.org](http://www.art-together.org)

**April 20**

**TRIANGLE COASTAL CONSERVATION ASSOCIATION BANQUET**

For: Triangle Coastal Conservation Association  
This evening at the Wake County Shrine Club kicks off with cocktails followed by dinner and an open bar, and includes live and silent auctions and raffles. \$55 in advance, \$65 at the door. Raleigh, 6 p.m., 919-781-FISH, [www.ccanc.org](http://www.ccanc.org)

**April 25**

**JDRF GOLF CLASSIC**

For: Juvenile Diabetes Research Foundation International  
The 6th annual golf tournament will be held at the Governor's Club in Chapel Hill. Last year, 155 golfers raised more than \$88,000 for diabetes research while participating in on-course challenges, including a \$10,000 putting contest. Chapel Hill, 919-431-8330, [www.jdrftriangle.org](http://www.jdrftriangle.org)

**April 30**

**GREEN ACRES BALL**

For: Interact  
Come dressed like Lisa in a ballgown or wear your best overalls like Oliver for this evening of



JUNIOR LEAGUE OF RALEIGH *presents*

*a Shopping*

**SPREE!**

**October 14-17, 2004**

**SHOPPING HOURS**

|               |                |
|---------------|----------------|
| thurs, oct 14 | 11 AM - 8 PM   |
| fri, oct 15   | 9:30 AM - 7 PM |
| sat, oct 16   | 9:30 AM - 6 PM |
| sun, oct 17   | 11 AM - 5 PM   |

Raleigh Convention and Conference Center  
Proceeds will benefit at-risk youth programs  
For event details visit [www.jlraleigh.org](http://www.jlraleigh.org)  
or call (919) 787-1103, #106



dinner and dancing at the N.C. State Fairgrounds. Tickets around \$65 per person. Raleigh, 6:30 p.m., 919-828-7501, [www.interactofwake.org](http://www.interactofwake.org)

#### April 30

##### 8TH ANNUAL ARTS NC STATE GALA

For: ARTS NC STATE

This annual event raises money for arts endowment and this year will feature the Manhattan Transfer. \$135 per person. Raleigh, 919-513-3029, [www.ncsu.edu/arts](http://www.ncsu.edu/arts)

#### Late April

##### 9TH ANNUAL RED SWORD GALA

For: American Cancer Society

This evening of good food, music and dancing is sponsored by the Red Sword Guild and benefits cancer research. Date and location are still to be determined. 919-834-8463, [www.cancer.org](http://www.cancer.org)

### MAY

#### May 2

##### HOSPICE OF WAKE COUNTY GOLF CLASSIC

For: Hospice of Wake County

This year's event will take place at MacGregor Downs Country Club. Cary, 919-828-0890, [www.hospiceofwake.org](http://www.hospiceofwake.org)

#### May 9

##### 12TH ANNUAL EASTER SEALS UCP GADDDY GOLF CLASSIC

For: Easter Seals UCP

This tournament at MacGregor Downs Country Club raises money to provide a range of services to children and adults with disabilities. Cary, 11 a.m., <http://nc.easterseals.com>

#### May 12

##### ANNUAL SYMPHONY GALA AND CONCERT FEATURING ITZHAK PERLMAN

For: North Carolina Symphony

A reception and dinner are followed by a concert featuring the world-renowned violinist under the direction of new music director Grant Llewellyn. Raleigh, 733-2750 ext. 253, [www.ncsymphony.org](http://www.ncsymphony.org)

#### May 21

##### 2ND ANNUAL SALUTE TO SUMMER

For: Hospice of Wake County

North State Bank's benefit for Hospice takes place at the North Ridge Country Club and features the sounds of the Embers and an auction they promise will be "spectacular!" \$75 per person. Raleigh, 919-645-2720, [www.hospice-ofwake.org](http://www.hospice-ofwake.org)

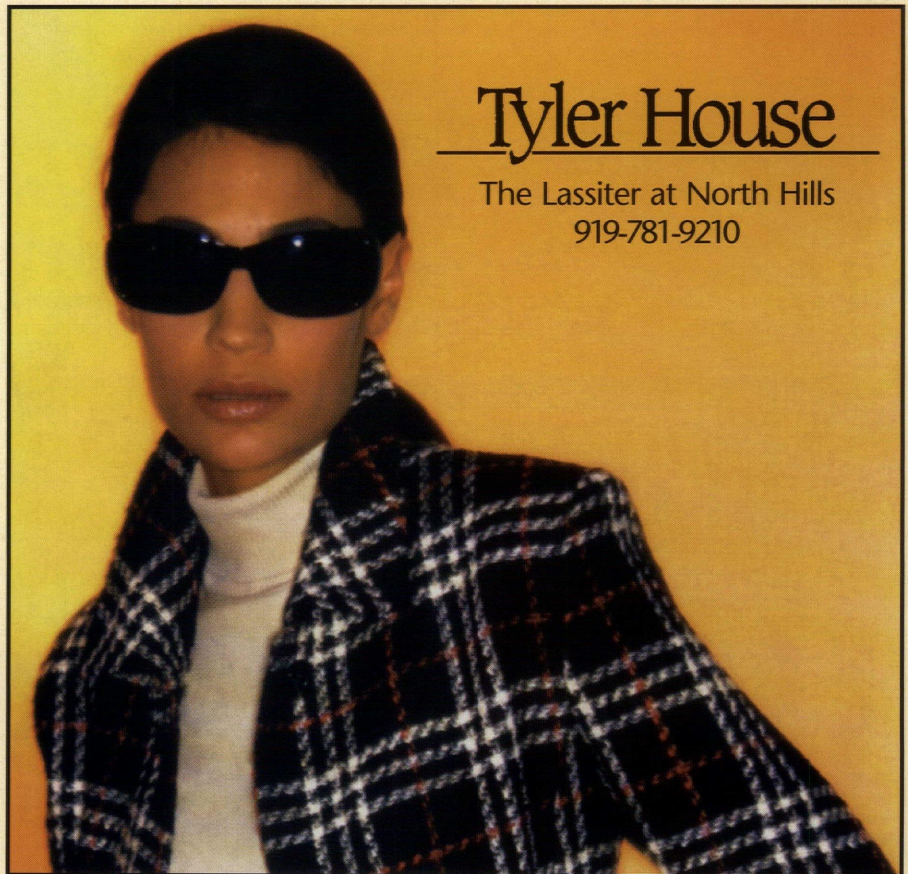
### JUNE

#### June 6

##### THE JIMMY V JUNIOR CELEBRITY GOLF CLASSIC

For: The V Foundation for Cancer Research

The money raised by this annual event at the Brier Creek Country Club benefits pediatric cancer research. Raleigh, [www.jimmyv.org](http://www.jimmyv.org)



## Tyler House

The Lassiter at North Hills

919-781-9210



## Shop 20♦12

4421 SIX FORKS ROAD • RALEIGH • 919-787-4476 • at The Lassiter, across from North Hills Mall.

TRINA TURK • ORLA KIELY • NANETTE LEPORE • C&C CALIFORNIA • PLENTY • BELLA DAHL  
JOE'S JEANS • ANJA FLINT • BLUE CULT • JILL STUART



June 11

**KOMEN NC RACE FOR THE CURE**

For: The Susan G. Komen Breast Cancer Foundation

The 9th annual 5K run through the Triangle raises awareness of and money for breast cancer research. [www.nctrianglerace.org](http://www.nctrianglerace.org)

June 11

**THE NORTH CAROLINA EDUCATION BALL**

For: Communities in Schools

Featuring North Carolina schoolchildren performing next to celebrities, last year's event

raised almost \$275,000 to promote and improve education within the state. Ticket prices TBD. Location TBD, [www.cisnc.org](http://www.cisnc.org)

**AUGUST**

August TBD

**MACGREGOR DOWNS MIXED DOUBLES TENNIS CLASSIC**

For: Prevent Blindness North Carolina

This amateur tennis tournament draws players from MacGregor Downs, Kildaire Farms, Lochmere, Raleigh Racquet Club and other area tennis clubs. The event hosts 80 teams

and the weekend includes a Patron Party and silent auction for its kick-off. Patron party tickets are \$25 each and the tournament is an additional \$70 per team. Cary, 919-755-5044, [www.preventblindness.org/nc](http://www.preventblindness.org/nc)

**FALL**

Fall 2005

**INVESTING IN A CURE GALA**

For: American Diabetes Association

This black tie evening of dinner, dancing and auctions at the RBC Center recognizes participants and volunteers who have invested time, funds and energy in finding a cure for diabetes. Date and cost to be determined. Raleigh, 919-743-5400, [www.diabetes.org](http://www.diabetes.org)

**SEPTEMBER 2005**

September TBD

**SUMMER FLING FOR SIGHT**

For: Prevent Blindness North Carolina

Also known as "The Blindness Party," this annual event is geared toward the areas young professionals. 919-755-5044, [www.preventblindness.org/nc](http://www.preventblindness.org/nc)

September TBD

**HABITAT HOUSE PARTY**

For: Habitat for Humanity

The group's most important fundraising event shows off some of Durham's most beautiful and unique homes. Donations are appreciated. Durham, 919-682-0516, ext. 113, [www.durhamhabitat.com](http://www.durhamhabitat.com)

# AMYOTROPHIC LATERAL SCLEROSIS

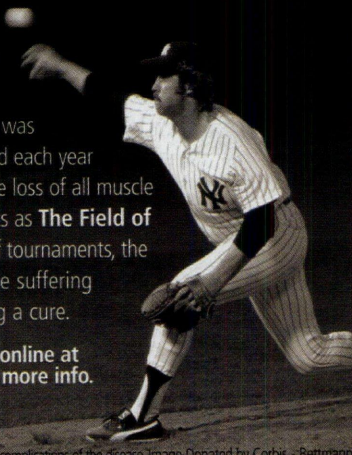
**EXTREMELY HARD TO PRONOUNCE, EVEN HARDER TO CURE.**

In 1941 ALS was given its common name, Lou Gehrig's disease, in memory of the famous New York Yankee. Fifty-eight years later another Hall of Famer, Jim "Catfish" Hunter, lost his life to complications of the illness and the local Carolinas' Chapter of the ALSA, established in 1988, was renamed to honor him. Thousands of people are diagnosed each year with the neurodegenerative disease that quickly causes the loss of all muscle function. By simply participating in such fund-raising events as **The Field of Dreams Gala 1/22/05**, **The Walk to D'Feet ALS**, golf tournaments, the Paper Baseball Campaign and more, we can assist those suffering from the disease and eventually fulfill the goal of finding a cure.



Jim  
"Catfish"  
Hunter  
Chapter

Call 1-877-568-4347 or visit online at  
[catfishchapter.org/metro](http://catfishchapter.org/metro) for more info.



In 1999, Jim "Catfish" Hunter lost his battle with ALS due to complications of the disease. Image Donated by Corbis - Bettmann

Thanks for the Encore!  
2003 & 2004  
Favorite Place to Buy a Piano



*Fine Pianos ~ Rebuilding ~ Tuning  
Accessories ~ Concert Rentals  
Digitals ~ All Price Ranges*

4720-120 Hargrove Rd. • Raleigh  
919-839-2040 • 888-326-8002

[www.ruggeropiano.com](http://www.ruggeropiano.com)



*You're invited...*

## *Celebrating 25 years!*

*of serving patients and families in our community*

Please join Reeve Lindbergh (daughter of Anne Morrow and Charles Lindbergh) author of *No More Words* and *Under a Wing* at Quail Ridge Books & Music in celebration of Hospice of Wake County's 25th Anniversary.

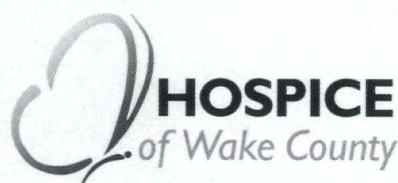
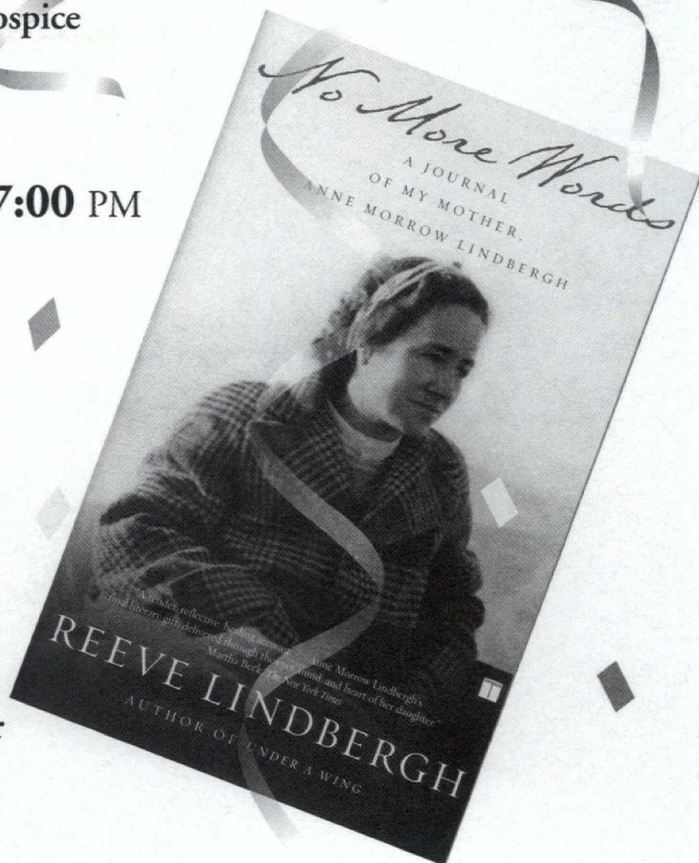
**Sunday, November 14, 2004 at 7:00 PM**

### **Quail Ridge Books & Music**

3522 Wade Ave., Raleigh  
Ridgewood Shopping Center

FOR MORE INFORMATION:

**Quail Ridge Books & Music 828-1588 or  
Hospice of Wake County, Inc. 828-0890  
website: [hospiceofwake.org](http://hospiceofwake.org)**



*Empowering individuals, families, and communities to embrace meaning at end of life*



 **Progress Energy**

Presents



**Carolina Ballet**

Robert Weiss, Artistic Director

**ESCAPE TO A WORLD OF MAGIC AND FANTASY**



# *Nutcracker*

**Nov. 26-28 & Dec. 17-26, 2004 • Raleigh Memorial Auditorium**  
**Call now for the best seats.**

**BTi** CENTER FOR THE  
Performing Arts  
Raleigh Memorial Auditorium

**ticketmaster** 919.834.4000  
ticketmaster.com Available at all Ticketmaster Outlets.

BalletLine  
**719.0900**  
Group discounts available

Sponsors

**FOX 50**

**5**  
WIDAT

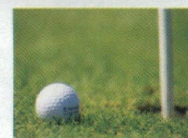
**MIX 101.5**  
WRAL-FM

**TIME WARNER**  
CABLE

**THE NEWS**  
OBSERVER

**CODE**  
**MB113**





## Best on the Coast by Jim Hughes

**F**or Tar Heel golfers, Masefield's call has never sounded quite so clear. Once overshadowed by its noisy neighbor to the south, the North Carolina coast has come into its own as a prime golf destination. If you think coastal golf is defined by Myrtle Beach or Hilton Head, it's time to redirect your thinking and, like Willie Morris, look north toward home. From the barrier islands of Brunswick County to the shallows of Roanoke Sound, golf at the shore has never been in a better state.

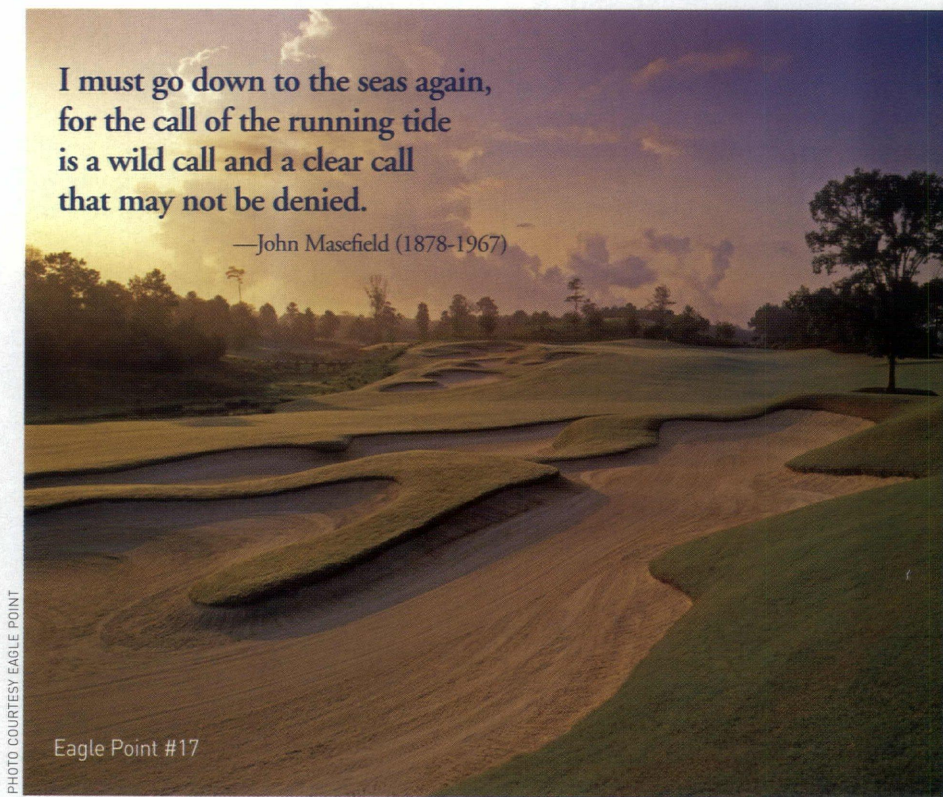
To help you plan your next outing, *Metro's* golf editors set out this summer in search of the Best of Golf on the Coast. We assembled an all-star panel of pros from the region's top courses (see box below) to help us make our selections. Our instructions were simple: Pick the best private course and the best course you can play. We also asked them to give us their "Dream 18"—the best holes they've played across the coastal plain. With nearly 100 courses and close to 1,800 holes to choose from, the competition was intense, but our panelists were clearly up to the task.

Taking the honors in the "Best Private Course" category was Eagle Point Golf Club, Tom Fazio's splendid layout near Figure Eight Island north of Wilmington. Right behind was Cape Fear Country Club, the Donald Ross masterpiece in Wilmington, followed by River Landing in Wallace (designed by Clyde Johnston), The Pete Dye Course at Country Club of Landfall in Wilmington, and Albemarle Plantation in Hertford (Dan Maples).

Heading the "Best You Can Play" category was the Rees Jones course at Sea Trail in Sunset Beach, the best of three courses at the

**I must go down to the seas again,  
for the call of the running tide  
is a wild call and a clear call  
that may not be denied.**

—John Masefield (1878-1967)



Eagle Point #17

PHOTO COURTESY EAGLE POINT

### Metro Magazine Pro Panel

Joey Hine, Cape Fear Country Club, Wilmington  
Philippe Bureau, Sea Trail, Sunset Beach  
Larry George, River Landing, Wallace  
Billy Peterson, Landfall, Wilmington  
Billy Anderson, Eagle Point, Wilmington  
Jim Nodurft, Albemarle Plantation, Hertford  
Craig Menne, Currituck Club, Corolla  
Dave Kjome, St. James Plantation, Southport  
Jon Johnson, Morehead City Country Club, Morehead City  
*Metro* Golf Editors Dave Droschak and Jim Hughes

most comprehensive golf resort on the North Carolina coast. The Jones course narrowly edged out Bald Head Island in Southport (George Cobb) and The Currituck Club in Corolla (Rees Jones). Also earning strong support were Crow Creek in Calabash (Rick Robbins) and Wilmington Municipal Golf Club (Donald Ross).

The latter is probably the best Ross you've never heard of. It's also the best value in the state, with \$12 green fees during the week and \$13 on weekends, (\$24 and \$25 if you ride). Joey Hine, head pro at Cape Fear Country Club, thinks so highly of this city-owned layout that he puts four of its holes on his Dream 18, and *Metro* Golf Editor Dave Droschak says flatly if the city would put a million or two into renovations, it would rank with the best in North Carolina.

Our rankings are offered only as a guide, not as the last word on the subject. We hope to spur some discussion, debate and maybe a little controversy. And most of all, we hope to motivate you to head for the coast and tee it up this fall. When the temperature cools and the summer crowds depart, it's hard to imagine a better place to play. **MM**



# Pete Murphy's River Landing is No Joke

by David Droschak

**They all laughed at Christopher Columbus when he said the world was round. They all laughed when Edison recorded sound. They all laughed at Wilbur and his brother when they said man could fly. They told Marconi wireless was a phony. It's the same old cry.**

—Ira Gershwin, "They All Laughed"

**T**hey all laughed at Pete Murphy, too. He remembers hearing it the night back in 1994, when he told a town meeting in Wallace how he was going to create a world-class golf community on a desolate Duplin County interchange along I-40, some 35 miles from Wilmington.

thousand. The only thing I could promise them was we were going to build everything to the highest standards, no matter what.

"Whether we made money or lost money wasn't important," said Murphy, who with his brother Wendell built Murphy Farms into a billion-dollar pork

Murphy has kept his word—and then some. Today, River Landing stands as one of North Carolina's most successful golf communities, with over 400 home sites sold, nearly 150 homes built, and over \$54 million in real estate sold. There's a top-ranked Clyde Johnston-designed golf course, an impressive pool complex, and a brand-new spa and fitness center.

What's more, Exit 285 on I-40 is now the most highly developed interchange between Raleigh and Wilmington, home to an award-winning Holiday Inn Express, the Mad Boar Restaurant and The Village Store. Add it all up and Murphy's vision now represents an \$80 million boost to the county tax base and has created well over 300 jobs in the local economy.

And to think Wallace residents initially believed Murphy bought the land for another hog farm.

"Many folks around here were extremely skeptical," said River Landing general manager Kevin Hine, whom Pete personally recruited to Wallace from Governors Club in Chapel Hill. "Without question today that skepticism is erased. River Landing is one of the biggest success stories Duplin County has ever seen."

Murphy has missed few details. There's an immaculate front brick entrance to the country club, a large picnic pavilion along the Northeast Cape Fear River and a one-of-a-kind bar in the restaurant's Irish pub. Plans for Riverstone, the newest neighborhood at the 1200-acre community, even call for expensive cobblestone streets.

River Landing is currently home to 27 holes, which will grow to 36 in late 2005 with the completion of the com-

*continued on page 55*



River Landing #3

PHOTO COURTESY RIVER LANDING

"The talk around the community was, 'Has he lost his mind?' Murphy said. "But I remember I told them that night I didn't know if we were going to have 50 homes or 500, or if we'd sell one lot or a

business based in Duplin County. "We were going to do it in such a way that would make them all proud. And we have never wavered from that commitment."



# WITH MORE CHOICES THAN EVER BEFORE... 6 NEW NEIGHBORHOODS IN 2004!



## BEAUTIFUL HOMES AND WORLD-CLASS AMENITIES... FOR THE LIFE YOU'LL TREASURE.

Choosing a new address today means more than just buying a house. It's an investment in lifestyle and true community living. Wakefield Plantation offers a broad array of social and recreational opportunities while also addressing the everyday needs of residents: schools, shopping, restaurants, banks, medical facilities and even a YMCA are situated within Wakefield

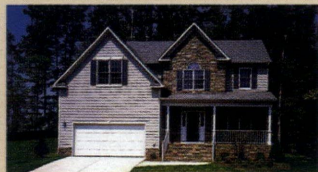


**WAKEFIELD**  
*Plantation*

2304 WAKEFIELD PLANTATION DRIVE, RALEIGH  
(919) 488-6300 • [www.wakefieldplantation.com](http://www.wakefieldplantation.com)

Plantation. So you'll spend less time running around, and more time doing what you really want to do— Golf on the Hale Irwin designed PGA TOUR 18-hole TPC golf course. Lunch at the TPC Clubhouse. Or an afternoon at the TPC Sports Club, with tennis, swimming and a new 9-hole golf course. Visit Wakefield Plantation today for the lifestyle you'll treasure.

**Homes priced from the \$130s to over \$4 Million**

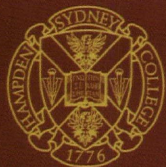


**Convenient North Raleigh location:** Take Falls of the Neuse Road north, proceed 4 miles beyond the I-540 intersection and turn right onto Wakefield Plantation Dr. Sales by Coldwell Banker HPW Neighborhood Builder Services, Inc. Another outstanding community by Wakefield Development Company.



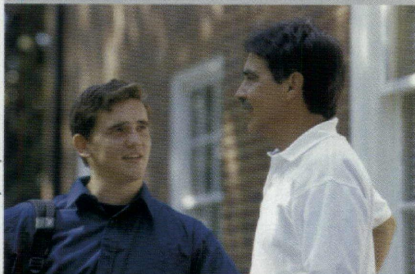
**GRAND OPENINGS OF SIX NEW NEIGHBORHOODS—COMING SOON!**





# HAMPDEN-SYDNEY COLLEGE

FORMING GOOD MEN & GOOD CITIZENS



*Hampden-Sydney professors believe that their mission extends beyond a student's intellectual development to the growth of the whole person—intellectually, spiritually, morally.*

HAMPDEN-SYDNEY COLLEGE  
IS A SELECTIVE PRIVATE  
LIBERAL ARTS COLLEGE  
FOR MEN

WWW.HSC.EDU

## BEST PRIVATE COURSES

**Eagle Point Golf Club**, Wilmington: Golf in the afterlife probably looks like this. A classic by Tom Fazio. Pure golf, with caddies, the way it's supposed to be.

**Cape Fear Country Club**, Wilmington: The state's oldest golf club, founded in 1896, refashioned by Ross in 1925. Be advised: It takes more than money to get you in here.

**River Landing**, Wallace: If you could play only one course the rest of your life, this Clyde Johnston design would be a great choice. Challenging, fun and eminently playable.

**Country Club of Landfall**, Pete Dye Course, Wilmington: If you can make it there, you can make it anywhere. A great test of your golfing skill.

**Albermarle Plantation**, Hertford: Quite possibly the prettiest course on the coast. They say it was designed by Mother Nature, with a little help from Dan Maples.

## THE BEST YOU CAN PLAY

**Sea Trail**, Rees Jones Course, Sunset Beach: The best of three outstanding courses at Coastal North Carolina's most popular golf resort.

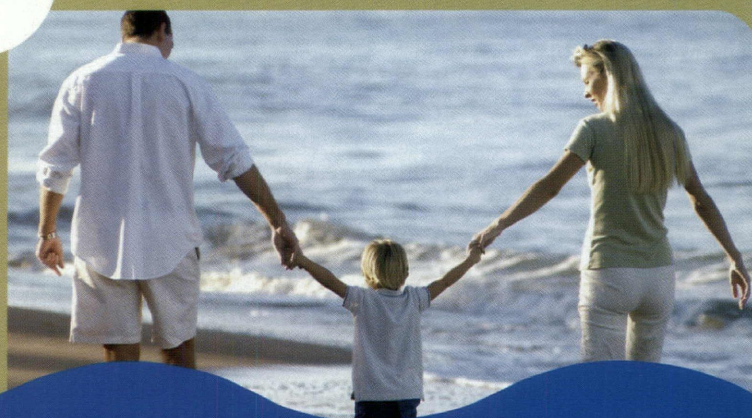
**Bald Head Island** (tie), Southport: On an island with no cars, this is a course where it's tough to make pars, especially when the wind comes off the ocean. George Cobb's best work.

**The Currituck Club**, Corolla: Flanked by the Atlantic and Roanoke Sound, this is Rees Jones at the height of his powers. A must-play if there ever was one.

**Crow Creek**, Calabash: If you have doubts about this choice, read the guest book as you enter the pro shop. Rick Robbins' reputation began growing here.

**Wilmington Municipal Golf Club**: A walk through golf history. This is Original Ross, little changed from the way he laid it out in 1925.

**re:mind** (re mind) to cause (a person) to remember.



extend your stay by a day!

**half price** thursday or sunday

**800-541-1161**

blockade-runner.com  
wrightsville beach, nc

**br**  
blockade-runner  
beach resort

must stay friday & saturday night to take advantage of this great deal

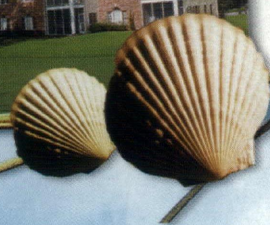




# SEA TRAIL

SUNSET BEACH, NC

Sea Trail is located in Sunset Beach, NC, only 20 minutes from Myrtle Beach. Our three championship courses are designed by Dan Maples, Rees Jones and Willard Byrd. And our elegant one to four-bedroom villas let you sleep just seconds from the first tees. At Sea Trail you can do a lot more than golf. Without ever leaving the resort, guests can enjoy swimming, tennis, dining, beach shuttle service and a whole host of other activities. In short, Sea Trail is the perfect destination for your next vacation.



Sea Trail is **THE PERFECT PLACE** to play.

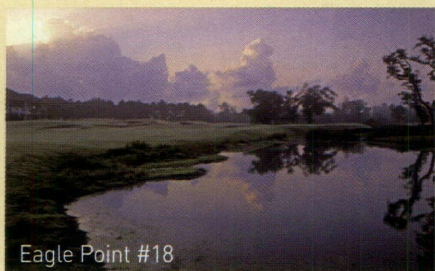




# Metro Magazine's Dream 18

## No. 16, Bald Head Island: Par 3, 210 yards.

'The Graveyard of the Atlantic', where good rounds go to die. A damn near perfect hole, from the tee perched on a high dune looking out on the ocean to a sloping green with thick undergrowth left, water right and bunkers front and back.



Eagle Point #18

## No. 18, Eagle Point Golf Club: Par 5, 568 yards.

Always a great closer, former UNC coach Dean Smith finished off a recent round here with a rare eagle, holing a six-iron from 162 yards.

## No. 17, Dye Course, Country Club of Landfall: Par 4, 459 yards.

A monster that's almost always into the wind. "The more you play this hole the more pressure you put on yourself to cut the corner, and that can spell disaster," says director of golf Billy Peterson.



River Landing #6

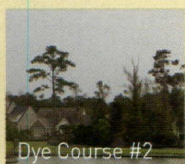
## No. 7, River Landing: Par 5, 533 yards.

"A snowman waiting to happen," says Orlando Sentinel golf writer Steve Elling. A dogleg

right that runs along the Northeast Cape Fear River, this tunnel of a hole gets tighter and tighter the closer you get to the green.

## No. 2, Dye Course, Country Club of Landfall: Par 3, 128 yards.

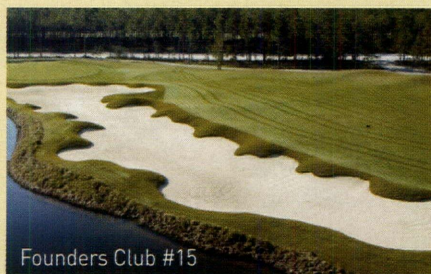
The scariest wedge you may ever play. An all or nothing shot with water on three sides. "If you're a half a club off, you're dead," Peterson says.



Dye Course #2

## No. 14, Founders Club, St. James Plantation: Par 4, 466 yards.

The toughest hole on the toughest course on the coast. Hit the drive of your life, avoid-ing water on the right and bunkers to the left,



Founders Club #15

and you'll still need a long iron to a green protected by the most nefarious pot bunkers this side of St. Andrews. A day's work by itself.

## No. 9, Bald Head Island: Par 4, 415 yards.

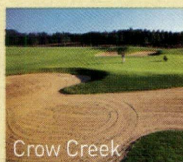
Water, water everywhere - left, right and in front of the green. And when the wind's coming off the ocean, even big hitters can find it hard to get home in two.

## No. 7, Maples Course, Sea Trail: Par 4, 410 yards.

A dogleg left that demands a solid drive just to get a peek around the corner. Your second shot must carry a wide pond to a tricky green. Par is like birdie here.

## No. 3, Wilmington Municipal: Par 4, 430 yards.

The fairway is 18 yards wide at the bottom of a blind landing area. Then you have to try to hit the smallest green on the coast— a minuscule 3,200 square feet. It's tough for today's golfers; imagine what they thought in 1925.



Crow Creek

## No. 2, Crow Creek: Par 4, 428 yards.

Vintage Rick Robins. A stout par 4 with classic flow and lines. Requires an accurate

tee shot, then a precision mid-iron to a slippery green reminiscent of his mentor, Jack Nicklaus.



Sea Trail

## No. 5, Jones Course, Sea Trail: Par 3, 189 yards.

A picturesque par 3 that plays as great as it looks. Three deep pot bunkers guard this green in the back and water lurks in front.

## No. 18, Morehead City Country Club: Par 5, 515 yards.

The home hole on Mr. Reeves' home course away from home. He eagled it once— then woke up, rolled over and went back to sleep. Beautiful view of marsh and the Newport River with a tough decision on the second shot, usually into the wind.

## No. 9, Eagle Point Golf Club: Par 4, 429 yards.

Bad on your nerves if you're one down and pressing. Blind drive over marsh must be straight. Left is dead. Right leaves green nearly out of reach. Green well guarded by bunkers and slopes left to right and back to front.

## No. 17, Cape Fear Country Club: Par 3, 215 yards.

You'll have to muscle up a long iron just to hit the green. Once there, one of Donald Ross' most satanic putting surfaces can bring big men to tears.

## No. 13, Currituck Club: Par 5, 578 yards.

Beautifully framed on a narrow sliver of Roanoke Island, a quarter-mile from the Atlantic on the right and the Currituck Sound on the left. An unbeatable combination of shot values and aesthetics.

## No. 9, Nags Head Golf Links: Par 4, 359 yards.

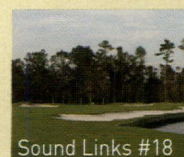
Who says you have to be long to be dangerous? This beauty right on the Roanoke Sound requires brains, not brawn. Stay straight off the tee and birdie is possible. Stray and a big number is guaranteed.

## No. 26, River Landing: Par 4, 430 yards:

Power faders need not apply. Water down the right means you'll need to hit it long and straight off the tee. Keep the same swing for the mid-iron to a green guarded on the right by a lone pine and more water.

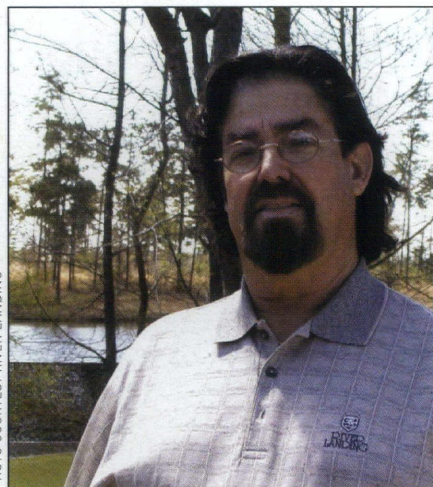
## No. 18, Sound Links, Albemarle Plantation: Par 4, 392 yards.

A superb finish to a pleasurable round of golf. The hole curves around the Albemarle Sound on the right, opening to the green in front of a stand of live oaks, just a short walk to the 19th hole at the stately antebellum-style clubhouse.



Sound Links #18





Pete Murphy

home communities along the Tar Heel coast.

"We've been successful from the start, even through the economic downturn," Murphy said. "And the reason is simple. We were raised to have good values. When you say you're going to do something, you do it. We're believable people, we're honest people and we're a family," Murphy said.

"We didn't go into this for a big prof-

itable venture," he said. This truly was a contribution to our community. We're proud of where we were born and raised, and we're proud of where we remain to this very day.

"People tell us we've over-delivered to their expectations," he said. "That's what makes it all worthwhile."

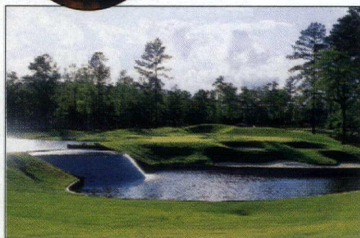
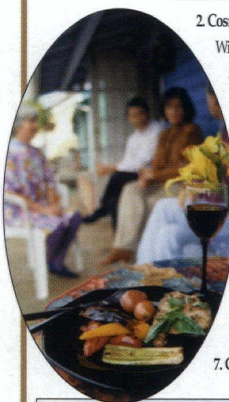
And you can bet that no one in Wallace is laughing at Pete Murphy now. **MM**



## America's Best....!

### THE TOP TEN REASONS TO JOIN AMERICA'S BEST NOW...

1. **Small Town Serenity** • charming, historic Wallace, N.C., just 3 minutes away.
2. **Cosmopolitan Accessibility** • cultural and entertainment options abound in Wilmington (35 minutes away) or Raleigh/Durham/Chapel Hill (90 minutes).
3. **Safety** • enjoy privacy with our 24 hour manned gatehouse combined with nearby emergency medical services.
4. **Health** • our state-of-the-art sports facility complete with tennis, basketball and volleyball courts, swim complex, planned fitness center, and 27 holes of championship golf. Top medical facilities close by: Duke, UNC-Chapel Hill, and New Hanover Hospitals.
5. **Education** • lifelong educational opportunities at more than a half dozen universities and colleges nearby.
6. **Value** • a terrific location with world class amenities.  
Homesites from \$45,000 to \$350,000+.  
Homes from \$185,000 to \$1,000,000+.
7. **Climate** • Four distinct yet mild seasons • Avg. Daytime High Summer - 86° • Avg. Daytime High Winter - 60°



River, just moments from the pristine beaches of North Carolina.

10. **Limited Opportunity** • **THE SECRET IS OUT!** While the allure of River Landing will last forever, the opportunity to join us will not. The selection and value will never be better.

We encourage you to ACT NOW!



<sup>1</sup> "America's 100 Best Master-Planned Communities" Where to Retire Magazine, May 1999

<sup>2</sup> "Top 50 Golf Communities" Luxury Golf Home Magazine, Summer/Fall 1999; "The Best New Golf Courses of 1996" NC Magazine

<sup>3</sup> North Carolina Landscape Association grand award winner, NC Landscape Association, November 1998; 2000 Brick Paving Design award winner Brick in Architecture Magazine, 2000.



# RIVER LANDING

110 River Village Place • Wallace, North Carolina 28466

Toll Free 888-285-4171 • Fax: 910-285-8948 • [www.riverlanding.com](http://www.riverlanding.com) • e-mail us at [info@riverlanding.com](mailto:info@riverlanding.com)

OBTAIN THE PROPERTY REPORT REQUIRED BY FEDERAL LAW AND READ IT BEFORE SIGNING ANYTHING. NO FEDERAL AGENCY HAS JUDGED THE MERITS OR VALUE, IF ANY, OF THE PROPERTY. THIS IS NOT AN OFFER WHERE REGISTRATION IS REQUIRED PRIOR TO ANY OFFER BEING MADE. VOID WHERE PROHIBITED BY LAW. N99716-170, IL 97-LS-12, MI-ID-97-089-6943.

continued from page 50

munity's second 18-hole Landing Course. The initial nine holes on that course had to be opened early to keep up with growing demands for home-site inventory, Hine said.

What started out as a little gated community that would house top executives for Murphy Farms has grown into one of the most popular retirement or second-

### FREE GOLF IN HILTON HEAD!

WHEN YOU BOOK YOUR ACCOMMODATIONS WITH US

### Resort Rentals Int'l LLC

Contact us Today for Fall & Winter Specials:  
1-800-977-9294 EXT. 145

[RENTALS@RENTINGRESORTS.COM](mailto:RENTALS@RENTINGRESORTS.COM)

[WWW.RENTINGRESORTS.COM](http://WWW.RENTINGRESORTS.COM)

WORLD HEADQUARTERS IN WILLIAMSBURG, VA

Great Destinations Including  
South Carolina, Florida, Mexico & More!



## FISHBURNE MILITARY SCHOOL

Turning Potential into Achievement.

small • structured • supportive

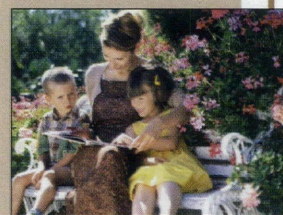
123 years of helping young men live up to their potential.

- Young men grades 8-12
- Confidence and character building
- Student to teacher ratio 10 to 1
- Individualized attention
- Wide range of extra activities



Located in Waynesboro, VA. For Info, go Online or Call...

[www.fishburne.org](http://www.fishburne.org) • 800-946-7773



CALL NOW  
888-285-4171  
TO RECEIVE YOUR  
INFORMATION PACKAGE  
AND RESERVE YOUR  
DISCOVERY VISIT  
RIGHT AWAY!!



www.bondstreetcapital.com

# BSC BOND STREET CAPITAL

COMMERCIAL REAL ESTATE LENDERS

## BOND STREET EXPRESS

- Churches
- Hospitality
- Multi-Family
- Office
- Retail

*Cashouts, Longer Terms,  
Self-Liquidating, Assumable*  
**<\$5,000,000**

## BOND STREET CAPITAL MARKETS

- Bridge
- CMBS
- Hard Money
- Mezzanine
- Portfolio

*Most Property Types  
Creative Solutions*  
**>\$2,000,000**

HIGHLY COMPETITIVE PRICING AND TERMS

Jeff Robinson  
 919.423.6303  
[jrobinson@bondstreetcapital.com](mailto:jrobinson@bondstreetcapital.com)

**REAL ESTATE CAPITAL GROUP**  
 A BRANCH OFFICE OF BOND STREET CAPITAL

## Manage your business, not your computers

### Information Technology Services & Support for Professional Firms

- Healthcare
- Legal
- Accounting
- Biotechnology
- Real Estate



**Technology Solutions  
for your Company**

For additional information about our services,  
 please contact us at **919-573-6027**.  
 5001 Weston Parkway, Suite 105 Cary, NC 27513  
[www.alpheon.com](http://www.alpheon.com)

## Brits Take the Cup by Jennifer Baron

It all came down to the final putt on the 18th green at Raleigh Country Club. That's where Andrew Morrison sank a 3-foot putt to give Team UK a victory over Team North Carolina in the Ryder Cup II.

That's right, II. If you thought the only Ryder Cup being played in September was in Michigan, you're wrong.

Six golfers from Britain (and their wives) landed in the Triangle for 10 days to play a local version of the historical tournament that pits the United States against Europe.

The idea was hatched by Raleigh attorney Reef Ivey and Chris Wykes, Ivey's long-time friend from Cambridge.

"The Ryder Cup brings out a certain amount of national pride in everybody," said Ivey. "I thought it would be a good opportunity for folks here to show that, get to know people, and make friends from somewhere else."

The group played courses in Raleigh, Durham, Chapel Hill, and Pinehurst. The English gave high marks across the board, noting Raleigh Country Club as an exceptional course.

"Stunning," said Adam Marchington of London, "absolutely incredible."

"The courses are very different from the UK," said Wykes. "They're longer, you have a lot of water hazards, and the ground is softer."

Even so, Team UK was able to prevail over the locals to bring home the cup. And yes, there was a Ryder Cup—a replica of the "official" cup—awarded to the Brits at the end of their stay.

"The great thing for me is that it's not just the golf. We've made great friends with a lot of American people who we would never otherwise meet," said Wykes.

Team NC is already planning to traverse the Atlantic to retrieve the lost prize.

"We will prevail next year," Raleigh attorney Gus Gusler teased: "Revenge is mine." **MM**







**Team NC & Team UK**

Top: Charlie Hall, Jim Team, Alex Lang, Hugh Stevens, Peter Harvey, Sam Poole, Steve Mattox, Chris Wykes, Al Bell.  
 Bottom: Adam Marchington, Andrew Morrison, John Hegarty, Gus Gusler, Curt Williams, Reef Ivey (not shown)

# Fork Union

## MILITARY ACADEMY

[www.forkunion.com](http://www.forkunion.com)



Christian Values  
 Proven Academic Success  
 One-Subject Plan for Learning  
 Safe Learning Environment  
 Structure and Discipline  
 Postgraduate Education  
 Test Score Improvement  
 Outstanding Athletic Program

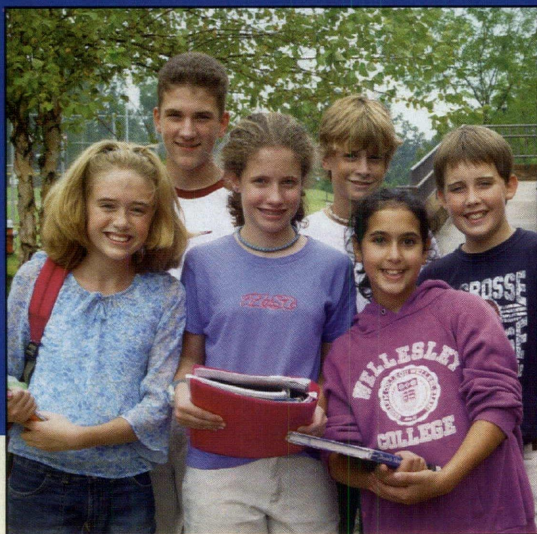
**the leading college preparatory boy's military boarding school for grades 6-12 & PG**

For information on Summer School or Fall 2004 enrollment call **1-800-GO-2-FUMA** (1-800-462-3862).



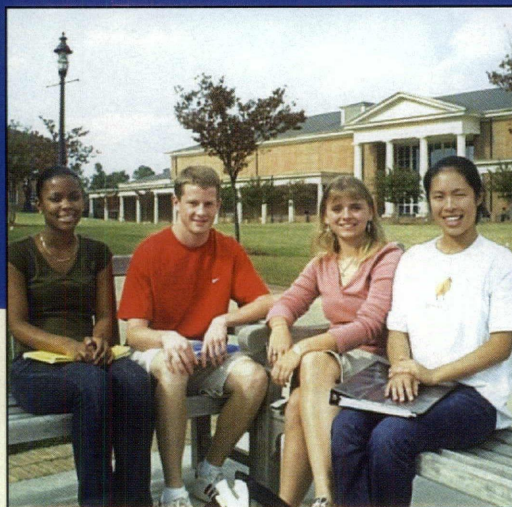
# Discover Cary Academy...

*...we'll discover  
your child.*



**Explore our school community  
where life-long learning is  
embraced, lifetime friendships  
are developed, and teachers are  
everlasting mentors.**

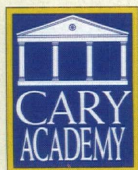
- **Middle School Open House**  
*October 10, 2004*
- **Upper School Open House**  
*November 7, 2004*
- **Information Session**  
*January 6, 2005*



Cary Academy is an independent, college-preparatory school for grades 6-12, committed to discovery, innovation, collaboration, and excellence.

We invite you to visit our campus conveniently located off I-40 in Cary. Schedule a family tour or attend an Open House or Information Session.

For more information about Cary Academy please call our Admissions Office at 677-3873 or visit our web site at [www.caryacademy.org](http://www.caryacademy.org)



CARY ACADEMY  
1500 NORTH HARRISON AVENUE  
CARY, NORTH CAROLINA 27513  
PHONE (919) 677 3873  
FAX (919) 677 4002  
[WWW.CARYACADEMY.ORG](http://WWW.CARYACADEMY.ORG)

*Cary Academy does not discriminate on the basis of race, gender, national and ethnic origin, or religion.*





COURTESY ALLIGATOR RIVER NATIONAL WILDLIFE REFUGE

The stately red wolf shown here is typical of wild animals that roam the Alligator River National Wildlife Refuge, which will host "Red Wolf Howlings," one among a variety of programs offered Nov. 2-7 during the 2004 "Wings Over Water," the annual celebration of wildlife and wild lands in Eastern North Carolina. The programs highlight beaches, dunes, maritime and inland forests. (See Preview Potpourri for details.)

Steve Tyrell, jazz vocalist, shown here, will perform songs from his latest album, *This Guy's in Love* at the Carolina Theatre, Durham, on Oct. 6. (See Preview Pop Music for details.)



COURTESY OF CAROLINA THEATRE

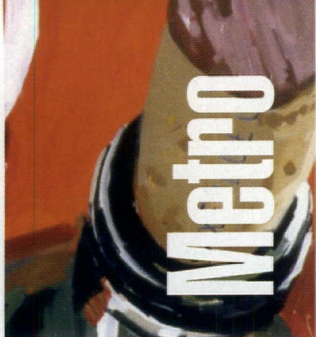
# Openings

The New Zealand String Quartet will perform the first concert in the Raleigh Chamber Music Guild's 2004-2005 Masters Series in the Fletcher Opera Theater, Raleigh. The quartet regularly tours North America, Europe and Asia and in 2000 made its debut at London's Wigmore Hall. (See Preview Classical for details.)



COURTESY OF RALEIGH CHAMBER MUSIC GUILD





# Preview

by Frances Smith

## October's Bright Blue Happenings

### GALLERIES

**THE ARTS COUNCIL OF WILSON:** Contact 252-291-4329 or [www.wilson-arts.com](http://www.wilson-arts.com).

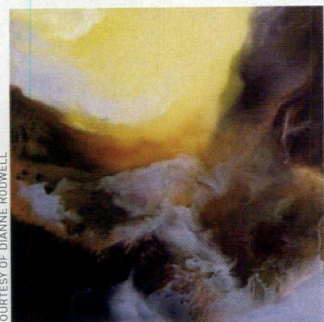
• **BEARING WITNESS: WOMEN AS VICTIMS OF WAR**, multimedia work by Cynthia Aldrich; Annie Boykin Gallery

• **TREASURED FRIENDS AND PLACES**, work by Barbara Stallings featuring still life paintings depicting the kitchens and landscapes of women from different cultural backgrounds; First Gallery; both thru Oct. 23.

**JOHN ROSENTHAL EXHIBIT;** Enoteca Vin, Raleigh; thru Dec. 30. Contact 919-834-3070 or go to [www.enotecavin.com](http://www.enotecavin.com).

**CAPTURING THE SEASON**, unique blend of members' new works; Exhibit 20, Glenwood South, Raleigh; thru Oct. 30. Contact 919-831-5454.

**RIBBONS OF SAND: BATIK ART OF BARRIER ISLANDS** by Mary Edna Fraser; The Outer Banks History Center, Manteo; thru Dec. 31. Contact 252-473-2655 or [www.maryedna.com](http://www.maryedna.com).



*At the Well* by Dianne Rodwell hangs in a solo exhibition, Flux/Recent Encaustic Paintings at Artspace in Raleigh

**NANCY TUTTLE MAY EVENTS**, contact 919-688-8852.

• Nancy Tuttle's Open Studio, Durham Oct. 1

• Exhibit, Magnolia Grill, Durham; thru Nov. 13

• Magnolia Grill, Durham; Garden Gallery, Raleigh, thru Nov. 14

**WALTER PIEPKKE, GERMAN EXPRESSIONIST:** exhibit of new works; Raleigh Contemporary Gallery, City Market; Oct. 1-30 (reception Oct. 1). Contact 919-828-6500 or [www.rcgallery.com](http://www.rcgallery.com).

**PORTOTONIC**, exhibition featuring

Chicago-based art collective Tactonic; Lump gallery/projects, 505 South Blount Street, Raleigh; Oct. 1-31 (on view Saturdays and Sundays—reception Oct. 1). Call 919-821-9999 or visit [www.lumpgallery.com](http://www.lumpgallery.com)



*Weeping Garden* by Joyce Blunk is on view in the exhibition "Transformed Objects: painting and Assemblage" at Artspace in Raleigh Oct. 1-Nov. 13



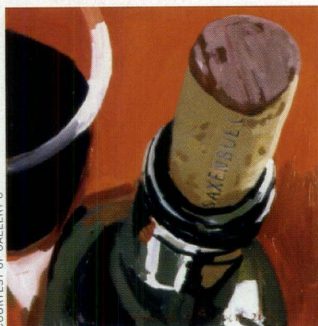
*Marilyn Monroe* by Mary Benejam O'Connell, is among the artist's featured work at the Historic Wake Forest Cotton Company Art Gallery during October

**OCTOBER EVENTS AT ARTSPACE,** Raleigh City Market; opening reception First Friday Gallery Walk Oct. 1. Contact 919-821-2787.

• Encaustic Paintings by Dianne T. Rodwell; thru Oct. 30; UpFront Gallery

• Transformed Objects: Painting and Assemblage Exhibition by Joyce Blunk; thru Nov. 13, Gallery 1

• Curly Metal, Sculpture by Gerry Lynch; thru Oct. 30; Lobby

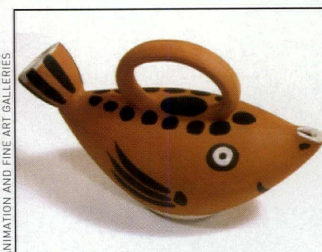


*Bottle and Glass* by Laura Lacambra Shubert, oil on canvas, will be on view Oct. 8-Nov. 13 at Gallery C, Raleigh

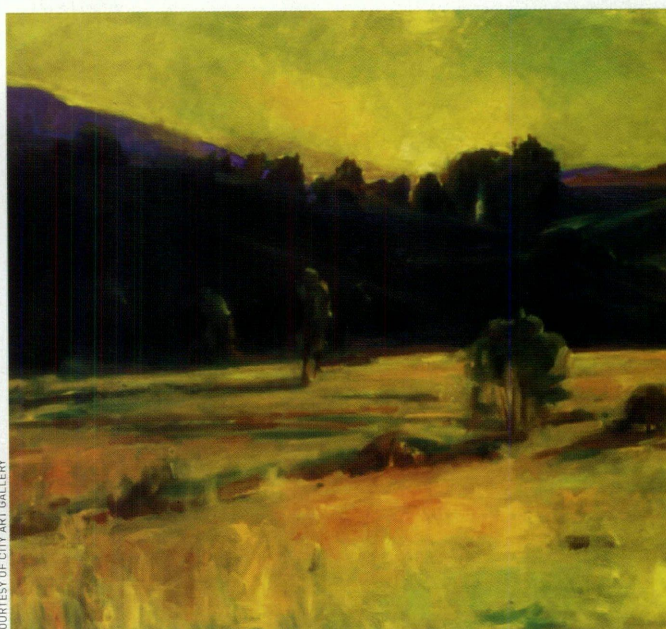
**NEW BERN IN PICTURES**, by professional photographer Lou Plummer; Carolina Creations, New Bern; Oct. 1-31. Contact 252-633-4369 or [www.carolinacreations.com](http://www.carolinacreations.com).

**MARY BENEJAM O'CONNELL**, works in oil + watercolor; The Cotton Company, Historic Downtown Wake Forest; Oct. 1-31. Contact 919-570-0087 or [www.thecottoncompany.net](http://www.thecottoncompany.net).

**SALLY BOWEN PRANGE & LAURA LACAMBRA SHUBERT**, recent works; Gallery C, Raleigh; Oct. 8-Nov. 13



This untitled fish pitcher, partially glazed rose Terre de faïence, by Pablo Picasso will be on view in an exhibition opening Oct. 8 at Animation & Fine Art Galleries, Chapel Hill



*Grassy Creek Landscape with Steeple*, oil on canvas by Richard Fennell will be part of an exhibition Oct. 24-Nov. 14 at City Art Gallery, Greenville



(opening reception Oct. 8). Contact 919-828-3165 or [www.galleryc.net](http://www.galleryc.net).

**PABLO PICASSO**, original works; Animation & Fine Art Galleries, University Mall, Chapel Hill; Oct. 8–Nov. 11 (reception Oct. 8). Contact 919-968-8008 or [www.animationandfineart.com](http://www.animationandfineart.com).

**RICHARD FENNELL**, recent Works; City Art Gallery, Greenville; Oct. 14–Nov. 14 (reception Oct. 14). Contact 252.353.7000 or [www.city-art-gallery.com](http://www.city-art-gallery.com).

**M. CHARLES RETROSPECTIVE EXHIBITION**; Roanoke Island Festival Park Art Gallery; Nov. 3–29. Call 252-475-1500 or [www.roanokeisland.com](http://www.roanokeisland.com).

## CLASSICAL

**DUKE JAZZ ENSEMBLE**, directed by John Brown with guest Lou Donaldson, saxophone; Baldwin Auditorium, Duke University, Durham; Oct. 1. Contact 919-684-4444.

**BEAUX ARTS TRIO**, featuring pianist Menahem Pressler, violinist Daniel Hope and cellist Antonio Meneses; Wright Auditorium, ECU-Greenville; Oct. 2. Contact 252-328-4788.



The Beaux Arts Trio will appear in the opening concert of the S. Rudolph Alexander Performing Arts Series at ECU's Wright Auditorium, Greenville, on Oct. 2

**CIOMPI QUARTET**; Reynolds Theater, Duke University, Durham; Oct. 2. Contact 919-684-4444.

**SHAKESPEARE'S THE TEMPEST**, operatic version by Lee Hoiby, presented by Long Leaf Opera; Carolina Theatre, Durham; Oct. 2 & 3. Contact [www.longleaf-opera.org](http://www.longleaf-opera.org).

**CIOMPI QUARTET** with Darrett Adkins, cello, in concert featuring music by Edward Elgar, directed by Harry Davidson; Baldwin Auditorium, Duke University, Durham; Oct. 6. Contact 919-660-3300.

**THE NEW ZEALAND STRING QUARTET**, presented by Raleigh Chamber Music Guild; Fletcher Opera Theater, BTI Center for the Performing Arts, Raleigh; Oct. 10. Contact 919-821-2030 or [www.rcmg.org](http://www.rcmg.org).

**RAY KILBURN, PIANO**, works by J. S. Bach, Liszt, Schubert, Chopin; Nelson Music Room, Duke University, Durham; Oct. 21. Contact 919-660-3300.

**THE ARCANGELO PIANO QUARTET**, music By Mahler, Strauss and Schumann presented by Durham Symphony Orchestra; Durham Arts Council, PSI Auditorium, Durham; Oct. 22. Contact 919-560-2736.

**PARENT'S WEEKEND CONCERT**, Duke Chorale, Duke Symphony, Duke Wind Symphony; Duke Chapel, Durham; Oct. 23. Contact 919-660-3300.

**TAKE 6**, a capella; Wright Auditorium, ECU-Greenville; Oct. 26. Contact 252-328-4788.

**PUCCINI SUOR ANGELICA AND GIANNI SCHICCHI**, presented by Meredith Opera Theatre and Capitol Opera Raleigh; Jones Auditorium, Meredith College, Raleigh; Oct. 28 & 30. Call 919-661-5150 or 919-760-8536.

**DUKE WIND SYMPHONY HALLOWEEN CONCERT**, costumes encouraged; Page Auditorium, Duke University, Durham; Oct. 31. Contact 919-660-3300.

## POP MUSIC

**INDY MUSIC AWARDS**; recognizing achievements of local local rock, jazz, blues and country musicians. Carrboro. Four stages, two at The ArtsCenter, one at Cat's Cradle, and one in The ArtsCenter parking lot. Oct. 3. Contact [indymusicawards.com](http://indymusicawards.com).

**MARIZA**, singing fado, the powerful & exotic Portuguese version of the blues; Stewart Theatre, NCSU, Raleigh; Oct. 5. Contact 919-515-1100 or [www.ncsu.edu/centerstage](http://www.ncsu.edu/centerstage).

**CHARLIE MARS WITH MINDY SMITH**; The Lincoln Theatre, Raleigh; Oct. 6. Contact 919-821-4111 or [www.lincolnthatre.com](http://www.lincolnthatre.com).

**STEVE TYRELL**, jazz vocalist; Carolina Theatre,

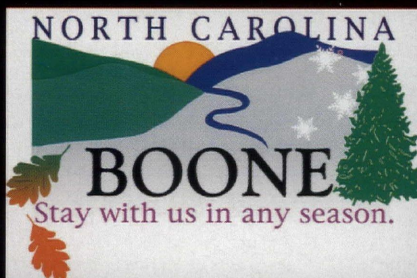
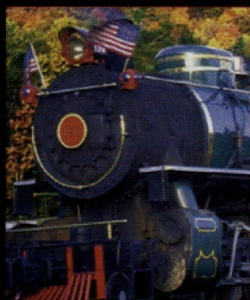
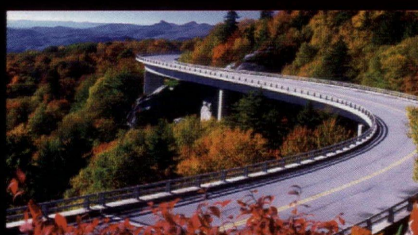
Durham; Oct. 6. Contact 919-560-3030.

**ALLTEL PAVILION**, Raleigh, Contact 919-834-4000 or [www.alltelpavilion.com](http://www.alltelpavilion.com):

- Incubus with Ben Kweller, 2nd stage artist Parmalee, Oct. 6
- Brooks & Dunn with Montgomery Gentry & Gretchen Wilson, 2nd stage artist Jason Michael Carroll, Oct. 16

**NEW BERN'S FIRST ANNUAL JAZZ AND BLUES FEST**, featuring vocalist Jann Parker, Cool John Ferguson, and Andrea Owens & The Little Big Band; New Bern Riverfront Convention Center; Oct. 8. Contact 252-634-3261 or [NewBernJazzAndBluesFest.com](http://NewBernJazzAndBluesFest.com).

## EXPERIENCE BOONE



**LOWER YOUR BLOOD PRESSURE!**  
Call Boone Convention & Visitors Bureau  
at **1-888-264-8084** or visit  
**[www.visitBooneNC.com](http://www.visitBooneNC.com)**



**BLUEGRASS FESTIVAL;** Cape Fear Theatre, Fayetteville; Oct. 9. Contact 910-323-4234.

**THURSDAYS ON THE TERRACE,** schedule; James M. Johnston Center Terrace, UNC-Chapel Hill. Contact 919-966-5150 or [www.johnstoncenter.unc.edu](http://www.johnstoncenter.unc.edu).

- Work Clothes, Ghost of Rock, Portastatic (independent rock), Oct. 7
- Southern Culture on Skids (alternative country/rockabilly), Oct. 21
- Cool John (guitar), Oct. 28
- Sons of New Bethel (gospel), Nov. 4
- Jacqui Malone (African-American dance), Nov. 18



COURTESY OF THE ARTS CENTER

Fairport Convention, veteran UK group called by *Dirty Linen* "the band that invented English folk-rock," will perform at the World Arts Festival, The ArtsCenter, Carrboro.

**EVENTS AT WORLD ARTS FESTIVAL,** The ArtsCenter, Carrboro. Contact 919-929-2787 ext. 206 or [www.artscenterlive.org](http://www.artscenterlive.org).

- Tannahill Weavers, Oct. 8
- Fairport Convention, Oct. 13
- Dromedary & Mickey Mills, Oct. 29
- Charlotte Blake Alston, Nov. 5
- Femm Nameless, Nov. 12
- Sviraj Balkan Jam, Nov. 20
- Samecumba, Dec. 10
- The Healing Force: Kwanzaa Celebration, Dec. 16 & 17

**CHRISTINE KANE, PUTUMAYO RECORDING ARTIST;** The ArtsCenter, Carrboro. Oct. 9. Contact 919-929-2787 or [www.artscenterlive.org](http://www.artscenterlive.org).

**SECOND ANNUAL CROSS CREEK MUSIC FESTIVAL,** presented by Cape Fear Regional Theatre and featuring Danny Potter, The Parsons Quartet, Mayon Weeks, Joyner and Young, and The Larry Keel Experience; Campbellton Landing Stage on Cape Fear River, out of Fayetteville; Oct. 9. Call 910-323-4234.

**CAROLISTA MUSIC FESTIVAL,** local and national women performers celebrate Outer Banks women; Outdoor Pavilion, Manteo; Oct. 10. Contact 252-473-5121 or [www.carolistamusicfestival.com](http://www.carolistamusicfestival.com).

**RAYNA GELLERERT & KENNY JACKSON,** presented by PineCone and the NC Museum of History; at the museum, Raleigh; Oct. 10. Contact 919-664-8333.

**SETH WALKER & THE DIFFERENTIALS;** West End Theater, ArtsCenter, Carrboro; Oct. 16. Call 919-929-2787.

**JIMMY DORSEY ORCHESTRA,** concert and dancing on the waterfront; Crystal Coast Civic Center, Morehead City; Oct. 16. Contact 252-247-3883.

**BLUEGRASS IN THE PARK,** a Special Olympics benefit concert featuring Ricky Skaggs and Kentucky Thunder; Amphitheatre at Regency Park, Cary; Oct. 23. Contact [www.ticketmaster.com](http://www.ticketmaster.com).

**CELEBRATING THE BLUES** with Dr. John, Charlie Musselwhite, & Shemekia Copeland; Stewart Theatre, NCSU, Raleigh; Oct. 23. Contact 919-515-1100 or [www.ncsu.edu/centerstage](http://www.ncsu.edu/centerstage).

**PUTUMAYO LATINAS,** three divas performing a cross-

section of contemporary and traditional Latin American music; Great Hall, UNC-CH; Oct. 26. Contact 919-962-1449 or [www.performingartsseries.unc.edu](http://www.performingartsseries.unc.edu). Also at Thalian Hall, Wilmington; Oct. 27. Contact 910-343-3664 or 800-523-2820 or [www.thalianhall.com](http://www.thalianhall.com).

**NNENNA FREELON,** five-time Grammy nominee benefit concert for the Stone Center; Dr. Harold J. Cobb Sr. Theatre, Stone Center, Chapel Hill; Oct. 30. Contact 919-962-9001.

**BETTE MIDLER;** perennial favorite performer; RBC Center, Raleigh; Nov. 1. Contact [www.rbccenter.com](http://www.rbccenter.com).

## STAGE & SCREEN

**SPACE STATION 3D,** first-ever IMAX 3D space film, audience senses blast-off into space; IMAX Theatre, Exploris, Raleigh; begins Oct. 1. Contact 919-857-1085 or visit [www.exploris.org](http://www.exploris.org).

**ANNIE;** Thalian Hall, UNC-Wilmington; Oct. 7-10. Contact 910-962-3500 or [www.thalianhall.com](http://www.thalianhall.com).

**JAMES JOYCE'S THE DEAD** (musical); Burning Coal Theatre; Kennedy Theatre, BTI Center, Raleigh; Oct. 7-24. Contact 919-834-4001 or [www.burningcoal.org](http://www.burningcoal.org).

**PREMIER PERFORMANCES OF THE AFRICAN AMERICAN DANCE ENSEMBLE;** Carolina Theatre, Durham; Oct. 9 & 10. Contact 919-560-3030.

**TALES FROM AROUND THE WORLD,** featuring Kenyan, Native American, and Mexican tales, first production by ECU Storybook Theatre's Family Fare Series; Wright Auditorium, ECU campus, Greenville; Oct. 9. Contact 252-328-4788, 1-800-ECU-ARTS, or visit [www.ecuarts.com](http://www.ecuarts.com).



COURTESY OF ECU CULTURAL OUTREACH

Costumed players perform in *Tales From Around the World* for ECU's Storybook Theatre at Wright Auditorium, Greenville

**THE TRAGEDY OF KING RICHARD II,** presented by PlayMakers Repertory Company; Center for Dramatic Art, UNC-Chapel Hill; Oct. 13-Nov. 7. Contact 919-962-PLAY (7529) or [www.playmakersrep.org](http://www.playmakersrep.org).

**4TH ANNUAL SOMETIME IN OCTOBER FILM FESTIVAL,** showcasing talented filmmakers and writers from both the Carolinas and around the globe; various locations TBA; Oct. 14-16. Contact 910-200-2439 or [www.cffn.org](http://www.cffn.org).

**42ND ANNUAL NATIONAL CONFERENCE ON OUTDOOR DRAMA,** hosted by the UNC Institute of Outdoor Drama; UNC-Chapel Hill; Oct. 14-16. Contact 919-962-1328.

**THE INVISIBLE MAN,** presented by Aquila Theatre Company; Stewart Theatre, NCSU Raleigh; Oct. 14. Contact 919-515-1100 or [www.ncsu.edu/centerstage](http://www.ncsu.edu/centerstage). Also at Thalian Hall, UNC-Wilmington; Oct. 15. Contact 910-962-3500.

**THE CAPITOL STEPS,** nation's premiere political comedy satire group whose irreverent musings have been on National Public Radio for years; Thalian Hall, UNC-Wilmington; Oct. 17. Contact 910-343-3664 or 800-523-2820 [www.thalianhall.com](http://www.thalianhall.com).

**JEKYLL & HYDE** starring Sebastian Bach, presented by NC Theatre; BTI Center, Raleigh; Oct. 22 (student preview) thru Oct. 30. Contact 919-831-6950 or [www.nctheatre.com](http://www.nctheatre.com).



PHOTOS BY EDUARDO PATINO

Sebastian Bach will star in North Carolina Theatre's production of *Jekyll & Hyde*, Oct. 23-31, in Memorial Auditorium, Raleigh

**FOOTNOTES TAP ENSEMBLE,** NC Youth Tap Ensemble salutes director Gene Medler; Durham Arts Council Theatre; Oct. 23. Contact 919-475-5444.

**BANGARRA DANCE THEATRE,** electric, startling and inherently spiritual dance works; Stewart Theatre, NCSU, Raleigh; Oct. 28. Contact 919-515-1100 or [www.ncsu.edu/centerstage](http://www.ncsu.edu/centerstage).

**DANCING ON COMMON GROUND;** Carolina Theatre, Durham; Oct. 28. Contact 919-560-3030.

**DEFINING MOVEMENT WORKSHOP PERFORMANCE,** ballet to hip-hop, lyrical to breakdancing and more; Durham Arts Council Theatre; Oct. 30. Contact 919-560-2787.

**DIASPORA FESTIVAL OF BLACK AND INDEPENDENT FILM;** Stone Center, Chapel Hill. Oct. 31-Nov. 5. Contact 919-962-9001.

- *Daughters of the Wind* ("Filhas do Vento"), with comments by director Joel Zito Araujo of Brazil, who will be an artist in residence at the center
- *Carnival Roots* by Peter Chelkowski
- *ANC Hip Hop Revolution* by Melina Fotiadi
- *James' Journey to Jerusalem* by Clemence Tailandier

## MUSEUMS

**JAMES DANIEL, III.,** contemporary fresco; Greenville Museum of Art; thru Oct. 31. Contact 252-758-1946.

**MARY ANNE KEEL JENKINS & TERRY SCHUPBACH-GORDON.** New Works on Paper; Preservation Society of Chapel Hill, Horace Williams House, Chapel Hill; thru Oct. 27. Call 919-942-7818.

**BUILDING FUN: THE WORLD OF KAPLA,** simple, yet innovative building block system for all ages (2 to 92); The Museum of Life and Science, Durham; Oct. 2-Jan. 16. Contact 919-220-5429 or [www.ncmls.org](http://www.ncmls.org).

**ARTISTS' TALKS, PERFORMANCES** to accompany Ackland exhibition Five Artists · Five Faiths: Spirituality in Contemporary Art, thru Jan. 16 Ackland Art Museum, Chapel Hill. Call 919-843-3676.

- Gallery Talk by Dr. Barbara Matilsky, curator of exhibitions at the Ackland, Oct. 20
- Artist Lecture by Exhibition artist Helène Aylon on her work, *The Liberation of G-d*. Afterward, artist and area rabbis will reflect on this work, Oct. 24
- Music, dance and narrative presentations by university and area performers, to illuminate the artistic expressions of spirituality in the exhibition, Oct. 28



- Hindu Dance specially choreographed for the Ackland & this exhibition, Oct. 28

**MATISSE, PICASSO AND THE SCHOOL OF PARIS;** NC Museum of Art, Raleigh; Oct. 10-Jan. 16. Contact 919-839-6262 or [www.ncartmuseum.org](http://www.ncartmuseum.org).

**STILL,** an exhibition curated by Nicole Welch and featuring artists David Colagiovanni, Christian Karkow, Lia Newman & Nicole Welch; Rebus Works, 301-2 Kinsey St, Raleigh; Oct. 10-Nov. 13 (Gallery talk, Nov. 13). Contact 919-754-8452 or visit [www.rebusworks.net](http://www.rebusworks.net)



This portrait by Jo Wainright is among the paintings to go on view Oct. 23 in the exhibition "Maritime Watercolors" at the NC Maritime Museum in Beaufort.

**MARITIME WATERCOLORS EXHIBIT,** featuring John Silver, Motsie Brooks, Jo Wainright; NC Maritime Museum, Beaufort; Oct. 23 thru Jan. 2. Artists' workshop Oct. 25-29. Contact 252-728-7317.

**EVENTS AT THE NC MUSEUM OF NATURAL SCIENCES,** downtown Raleigh. Contact 919-733-7350.

- Treasures Unearthed: NC's Spectacular Gems & Minerals, thru June 12
- Chemistry Day, Oct. 23
- Natural History Halloween, Oct. 30

**GLOBAL FAITH COMMUNITY FORUM SERIES, NATIVE AMERICAN FAITHS,** partnership of the Triangle Interfaith Alliance and Exploris; Exploris, Raleigh; Oct. 24. Contact 919-834-4040.

#### POTPOURRI

**SHOWS AT MOREHEAD PLANETARIUM & SCIENCE CENTER;** UNC-Chapel Hill. For dates & times, contact 919-549-6863 or [www.moreheadplanetarium.org](http://www.moreheadplanetarium.org).

- Carolina Skies
- Laser Floyd: Dark Side of the Moon
- Magic Tree House Space Mission
- Laser Metallica
- Laser Motown
- Solar System Adventure

**THE 17TH ANNUAL SCULPTURE IN THE GARDEN,** featuring 50 sculptures by 30 NC artists; UNC-Chapel Hill's Botanical Garden; thru Nov. 19. Contact 919-962-0522.

**FALL OPEN HOUSE;** The Cotton Company, Wake Forest; Oct. 1-3. Contact 919-570-0087 or [www.the-cottoncompany.net](http://www.the-cottoncompany.net).

 **Progress Energy**  
presents

## Matisse Picasso

and the School of Paris

Masterpieces from The Baltimore Museum of Art

**October 10, 2004–  
January 16, 2005**

Don't miss your chance to experience more than 70 masterpieces never before seen in North Carolina.

Works by Matisse, Picasso, Van Gogh, Cézanne, Degas, Monet, Miró, and others.

**Only at the  
North Carolina  
Museum of Art.**



NORTH CAROLINA

### Museum of Art

Raleigh  
Museum Box Office (919) 715-5923  
[www.ncartmuseum.org](http://www.ncartmuseum.org)

ADDITIONAL SUPPORT:

William R. Kenan Jr.  
Charitable Trust

THE  
Cemala  
FOUNDATION

The Edward T. Cone Foundation

Henri Matisse, *Purple Robe and Anemones*, 1937, The Baltimore Museum of Art, The Cone Collection, © 2004 Succession H. Matisse, Paris/Artists Rights Society (ARS), New York

W R I G H T S V I L L E   B E A C H ,   N . C .



*Embrace*  
the golden moments  
of autumn...

By  
*embracing*  
the shores of the  
**SunSpree  
Resort®**

Oceanfront at  
Wrightsville Beach, N.C.



[www.wrightsville.sunspreeresorts.com](http://www.wrightsville.sunspreeresorts.com)

910.256.2231 • 910.256.9208 fax  
1706 N. Lumina Ave., Wrightsville Beach, North Carolina 28480

**FABULOUS**  
fall savings on  
select dates!  
**CALL TODAY!**  
**877.330.5050**





It's the biggest show in North Carolina – with thousands of exhibits and competitions, dynamite concerts, terrific food, a new, exciting midway, and more good times than ever. So don't miss this year's State Fair. It's farm, fresh, fun for the whole family!

**October 15-24, 2004**

Ticket information: (919) 821-7400 or [www.ncstatefair.org](http://www.ncstatefair.org)

## Private Lincoln Town Cars and Van Transportation



- Airport
- Long Distance
- Walnut Creek Concerts
- RBC Center
- Night-on-the-Town
- Weddings
- Group Transportation
- Home or Hotel

**919-510-0606**

Raleigh, NC

**NC SEAFOOD FESTIVAL**, seafood, music, entertainment and the cultural heritage and traditions that surround commercial fishing; Morehead City's downtown waterfront; Oct. 1-3. Contact 252-726-6273.

**BLESSING OF THE FLEET**, an event of NC Seafood Festival with processional of commercial fishing boats tossing a wreath overboard in honor of someone they have lost. NC State Port, Morehead City; Oct. 3. Contact 252-726-6273.

**HERITAGE DAY**, historical demonstrations including blacksmithing, basket weaving, cooking & farming; hands-on activities, include archery, making corn shuck dolls, & children's games; Jordan Lake, Apex; Oct. 2. Contact 919-362-0586.

**EVENTS AT NC BOTANICAL GARDEN**, Chapel Hill. Call 919-962-0522 or [www.ncbg.unc.edu](http://www.ncbg.unc.edu).

- Mason Farm Biological Reserve Hike, informative walk through 200 years of cultural & natural history on an old farm trail, Oct. 2. Preregistration required
- Piedmont Prairies: Fall Wildflowers & Grasses at Penny's Bend, a walk through fall landscape of remnant Piedmont prairie in northwest Durham, surrounded on three sides by Eno River, Oct. 16. Preregistration required.
- Looking for Longleaf: The Fall and Rise of an American Forest, book release event with author Lawrence Earley (Totten Center classroom). Oct. 30

**21ST ANNUAL PARADE OF HOMES**, presented by the Home Builders Association (HBA) of Durham & Orange Counties, new homes throughout Durham, Orange & Chatham Counties; Oct. 2-3, 8, 10 and 15-17. Contact 919-929-0660.

**LECTURE AND BOOK SIGNING FEATURING KAYE GIBBONS**; Cape Fear Regional Theatre, Fayetteville Oct. 4. Call 483-7727 ext. 119.

**KERR LAKE REGIONAL**, competitive bass fishing; Henderson; Oct. 5-9. Contact 270-252-1000 or [FLWOutdoors.com](http://FLWOutdoors.com).

**BIG ROCK SAILFISH CHALLENGE**, Gulf Stream fishing tournament organized by the Big Rock Blue Marlin Tournament; Morehead City Waterfront; Oct. 7-9. Contact 252-247-3575.

**HISTORIC WILMINGTON FOUNDATION FALL MEMBERSHIP DRIVE EVENTS**; advance reservations required. Call 910-762-2511.

- 2nd Annual Shrimparoo; Pilot House Restaurant, On The Riverfront Deck; Oct. 7
- Historic District Walking Tour; meet at The Latimer House; Oct. 14

**HISTORIC WILSON LIBRARY TREASURE TOURS**. Contact 919-962-1143.

- Literary Treasures of Wilson Library, Oct. 8
- Civil War Treasures of Wilson Library, Oct. 29
- Around the World in Wilson: Travel Writings, Nov. 5

**SECOND ANNUAL ATLANTIC BEACH SURF FISHING TOURNAMENT**, sponsored by Atlantic Beach and the Carteret County Chamber of Commerce; Oct. 8-10. Contact 800-622-6278 or 252-726-6350.

**MUM FEST WEEKEND**; Tryon Palace, New Bern; Oct. 9-10. Contact 252-638-8558 or [www.mumfest.com](http://www.mumfest.com).

**OCCANEECHE-SAPONI FALL POW-WOW**; Occaneechi-Saponi Tribal Center, Mebane; Oct. 9. Contact 919-304-3723 or [www.occaneechi-saponi.org](http://www.occaneechi-saponi.org).

**11TH ANNUAL PLEASURE ISLAND SEAFOOD, Blues & Jazz Festival**; Fort Fisher, Kure Beach; Oct. 9-10. Contact 910-458-8434.

**EVENTS AT TRIANGLE TOWN CENTER**, Raleigh; Contact 919-792-2020.

- Pumpkins for Pets, benefit for Wake County S.P.C.A.; Oct. 15-17
- Make a Difference Community Day, Triangle



Charities share information, raise funds and solicit volunteers; Oct. 23.

**IF YOU WANT TO MAKE A GARDEN**, lecture and slide presentation by Raleigh horticulturist and nurseryman Tony Avent; Country Club of North Carolina, Pinehurst; Oct. 13. Call 919-772-4794.



Horticulturist Tony Avent will present a lecture, "If You want to Make a Garden," with slide presentation, at the Country Club of North Carolina in Pinehurst On Oct. 13

**NC STATE FAIR**; Whole family entertainment—exhibits, FOOD, concerts (including Clay Aiken), FOOD, midway fun, FOOD, rides and general merry making; NC State Fairgrounds, Raleigh; Oct. 15-24. Contact 919-821-7400 or [www.ncstatefair.org](http://www.ncstatefair.org).

**FABULOUS '50S DANCE TO BENEFIT THE ARC**; Durham Armory; Oct. 15. Contact 919-493-8141.

**FRIENDS OF SCANDINAVIA 25TH ANNIVERSARY BANQUET & PROGRAM**; Christ the King Lutheran Church, Cary; Oct. 16. Contact 919-876-6871 or [www.rtp-net.org/nordic](http://www.rtp-net.org/nordic).

**6TH ANNUAL OPEN GARDEN CELEBRATION**, free classes, food and festivities; Witherspoon Rose Culture, Durham; Oct. 16. Contact 800-643-0315 or [www.witherspoonrose.com](http://www.witherspoonrose.com).

**ANTIQUE AUTOMOBILE CLUB OF AMERICA**, NC Region 50th Anniversary Tour; Holiday Inn of Southern Pines; Oct. 17-20. Contact 919-258-9487 or [www.aaca.org](http://www.aaca.org).

**BLACK RIVER NATURE CRUISE**, 4-hour cruise with narrated plant and wildlife interpretation by NC Audubon representative; Wilmington; Oct. 20 & Nov. 3. Contact 910-343-1611 or [www.cfrboats.com](http://www.cfrboats.com).

**FRIENDS OF AIRLIE OYSTER ROAST & PICNIC**; Airle Gardens, Wilmington; Oct. 22. Contact 910-798-7700 or [www.airliegarden.org](http://www.airliegarden.org).

**HALLOWEEN FESTIVAL AT POPLAR GROVE PLANTATION**, haunted Barn & a haunted hayride deep into the dark plantation woods, carnival rides, games and costume contest; Poplar Grove Plantation, Wilmington; Oct. 22-24. Contact 910-686-9518 ext.26 or [www.poplar-grove.com](http://www.poplar-grove.com).

**LANDSCAPE SYMPOSIUM**; JC Raulston Arboretum, Raleigh; Oct. 22-23. Contact 919-513-7457.

**ANNUAL FALL GALA & ART SHOW** for Beaufort Historical Association; Duncan House Front Street; Oct. 23. Contact 800-575-7483 or 252-728-5225.

**ANTIQUÉ SHOW AND APPRAISAL FAIR**; Warren County Armory; Oct. 23. Call 252-257-2657 or visit [www.warren-chamber.org](http://www.warren-chamber.org).

**5TH ANNUAL WILMINGTON DOG JOG**, 5K run and a 1.5-mile fun walk with your dog to benefit area humane societies; Greenfield Park, Wilmington; Oct. 23. Contact 910-341-4602.

**CAROLINA KITE FEST**, kite-flying demos and activities; Sands Villas Resort, Atlantic Beach; Oct. 23 & 24. Contact 252-247-7011.

**WILMINGTON WILDLIFE ART EXHIBIT**, featuring wildlife sculptors William and David Turner; Landfall Nicklaus Clubhouse, Wilmington; Oct. 26-27. Contact 910-256-7475.

**CAPE LOOKOUT ALBACORE FESTIVAL**, a release-only fishing event to benefit Duke Children's Hospital for Children Fighting Cancer; Radio Island Marina, Morehead; Oct. 29 & 30. Contact 252-726-3773.

**10TH ANNUAL HALLOWEEN HISTORY MYSTERY TOUR**, hear ghostly legends and spooky tales at historic sites in downtown Wilmington; Oct. 29-30. Contact 910-251-3700 or [www.bellamymansion.org](http://www.bellamymansion.org).

**CAPE FEAR CRIME FESTIVAL** conference for mystery writers & fans. Panel discussions, readings, demonstrations, dinner events, police dept. demos, costume party, short story contest and charity raffle; bookstore featuring books by authors in attendance, 20+ published mystery writers & publishing lab demos. Northeast Regional Library, Wilmington; Oct. 29-31. Contact 910-256-5374 or [www.galleone.com/cfcf.htm](http://www.galleone.com/cfcf.htm).

**PUMPKIN FEST**, featuring jack-o-lanterns, spooky storytime & outdoor music; Fearington Village, Chapel Hill; Oct. 29 - 31. Contact [www.fearingtonvillage.com](http://www.fearingtonvillage.com).

**7TH ANNUAL SMOKE ON THE WATER FESTIVAL**; Main Street Waterfront, Washington; Oct. 30. Contact 800-999-3857.

**ST. PAUL'S FALL MARKET PLACE**, one-stop shopping for holiday gifts with proceeds to benefit community outreach programs; St. Paul's Christian Church CWF, Raleigh; Oct. 30. Contact 919-859-0995.

**SECOND ANNUAL HOWL-O-WEEN FESTIVAL & PET WALK**, sponsored by Friends for Life at The Haven; Mazarick Park, Fayetteville; Oct. 30. Contact 910-875-6768.

Our thanks to Suzie Humphrey for her assistance with Preview.

**EDITOR'S NOTE:** Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: [fsmith5@nc.rr.com](mailto:fsmith5@nc.rr.com).



# Feel Completely At Home

## The Complete Caribbean Resort



## HALF MOON

• MONTEGO BAY •

**...Away from home.**

Enjoy the good life in one of our 34 Royal Villas: private pool, butler, maid, cook and access to everything our beachfront paradise has to offer.

Ideal for family or corporate getaways.

Call your travel agent or  
1-877-HALFMOON  
[www.halfmoon.com.jm](http://www.halfmoon.com.jm)











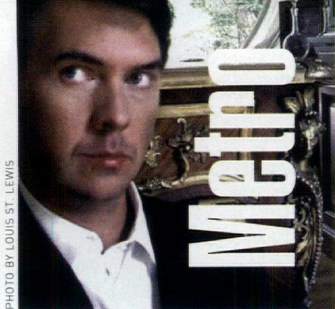



PHOTO BY LOUIS ST. LEWIS

# Artist-at-Large

by Louis St. Lewis

## CONE SISTERS' EXHIBITION REFLECTS ROLE OF PATRONS

I always find myself asking the same question over and over: Where are the art patrons? I'm not talking about the ones who buy one painting at a discount and think they have done something clever; or the ones who buy the same dull and intellectually vapid landscape that shows up in all the dental office waiting rooms and gated community living rooms nowadays. I'm not even talking about the ones who give a pile of cash to museums so that they can score a coveted board seat. I'm talking Old School Patrons: think Medici, think Whitney, think Etta and Claribel Cone.

With their share of the profits of Greensboro's Cone textile industry to support their habit, the two sisters, while living in Paris, acquired over 3000 stunning works of art in the early 20th century, stuffing their apartments in Baltimore to overflowing with some 500 originals by Matisse and just as many by Pablo Picasso. The Cone sisters were very early patrons of both artists, bought enthusiastically and vigorously bypassed gallery directors, preferring the profits to go directly into the pockets of the artists themselves.

Lucky for us many of the images will be making a visit to our own North Carolina Museum of Art from their permanent home at the Baltimore Museum. It is a show not to be missed. Even

though there are far more drawings than paintings in the exhibition, it should be a popular event, since the work was chosen by the eagle-eyed and innovative Cone sisters decades ago. It is inspiring to see these early masterpieces gathered by the hundreds by two ladies with such conviction and intuition.

I challenge you to be a 21st-century patron in your own right. Trust your instincts, keep your eyes peeled for bold talent and buy in bulk when you find it. While that new Escalade in your garage will certainly be scrap metal in a decade or so, the art you choose may prove to be a treasure—spiritually and financially.

### GENUINE TALENT

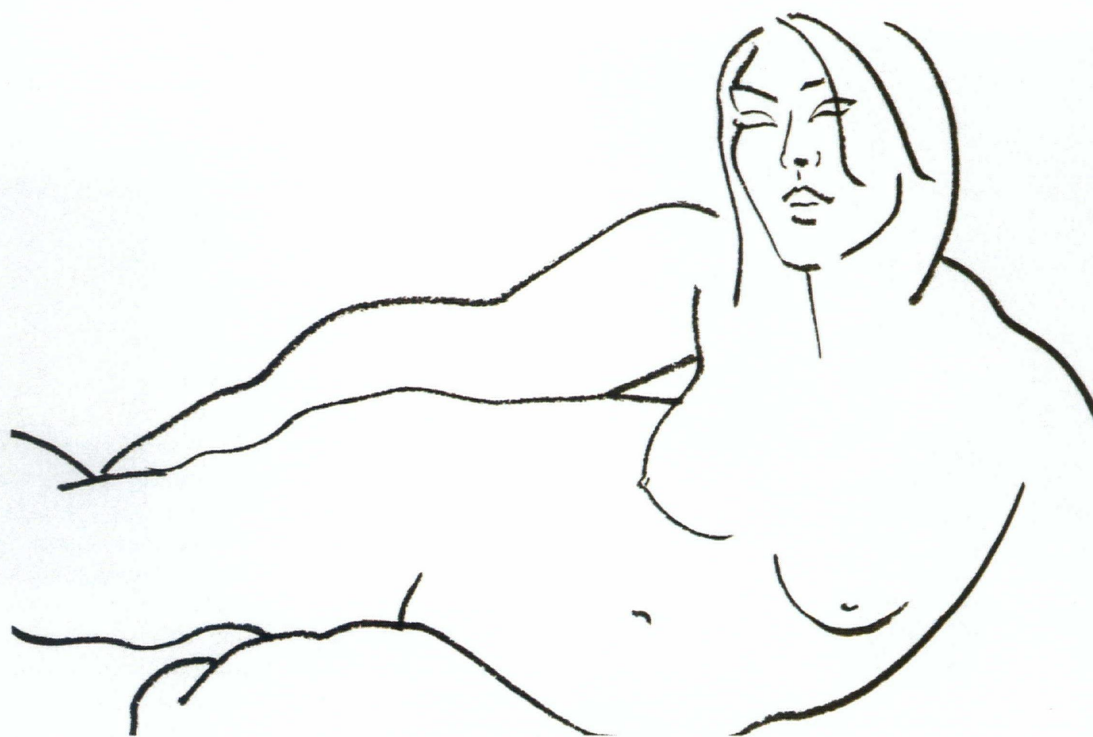
Speaking of treasures, Kathleen Jardine is hands down one of this state's finest artists, and her recent show at Chapel Hill's Somerhill gallery showed her in great form. If you have never met Kathleen, you have missed interacting with one of the most genuine, compassionate and accomplished artists this area has produced. She should be named the patron saint of watercolorists; and her works attract national



Kathleen Jardine, *The Artist's Son With Fake Tattoo*, Oil on Canvas, 16" x 20"

press and enthusiastic collectors. I'm most impressed by the way she has documented the life of her beautiful son from infancy to adulthood in her creations. Linked for eternity in this visual bond





(Left) *Alicia* by Ippy Patterson, a work in charcoal.



Kathleen Jardine, *Be Saved By Free Love*, Oil on Canvas, 40" x 40".

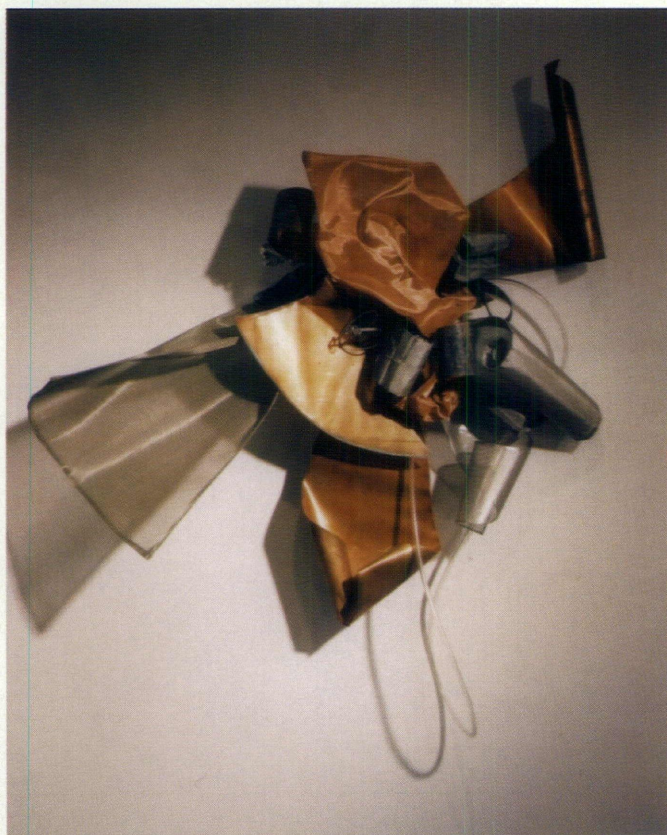
of love, you sense the intensity of her gaze upon him in each and every painting. A mother's loving gaze, curious gaze, flirtatious gaze. It would be amazing to see all of these works combined in a book. One thing is certain, if this son ever doubts his mother's love, all he need do is glance upon these canvases. Her kiss can be found in every brushstroke.

#### MODERN AND TIMELESS

There is a lot going on in the art world this season. Jerry Lynch has some great new creations in the lobby gallery of ART-SPACE. I don't know how she does it, but the lady seems to be able to bend and shape metal into some of the most beautiful and intellectually stimulating constructs around. Both modern and timeless, Ms. Lynch has a sense of balance and design that shines through every time. She is to be congratulated on a long and fruitful career.

Over in Durham, Craven Allen Gallery assembled 33 local artistic luminaries and invited each of them to submit works that related to the theme of "The Body." As you can imagine, a few risqué pieces made it into the mix... and that's always half the fun. The always elegantly turned out Ippy Patterson produced images that are lan-

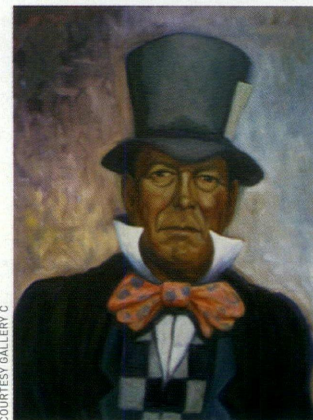




**Flower** by Gerry Lynch, stainless steel mesh, copper, lead, aluminum, plastic, rubber

guid, sophisticated, economical of line and capable of summoning forth with fluid grace the powerful sketches of Matisse. I also loved the images by artistic newcomer Maya Freelon, yes of THAT Freelon family. Her figurative paintings are stylish and accomplished and her computer-enhanced portraits are wonderful. Some rigid and uninspired individuals may balk at the obvious pixilizations of the images, but I tend to think of pixels as the "brushstrokes of the new millennium," and more and more critics are in agreement. Maya Freelon is definitely an artist to watch.

Gallery C recently staged a great show of work by Matt Cooper, a true artist if there ever was one. His finely wrought social realism paintings are hard-hitting, elegant, disturbing, challenging, confrontational, moody and bold. Over the years nothing has been taboo to his lexicon: Lynchings, rapes, murders, insanity, shoplifting, alcoholism, drug abuse, abortion, infidelity and spouse abuse all become fodder to his searching intellect and polished touch. If Matt wasn't such a recluse, and if he was given a little bit more of a push by individuals in the position to assist him, I am certain that he would be in many major museum collections. A sleeper of a talent... if there ever was one. Go see for yourself. **MM**



Matt Cooper, *The March Hare's Mate*

## Family values, to us, has nothing to do with politics.

*It is about creating, growing, and protecting your family's wealth. Making sure your portfolio's asset allocation is in line with your investment goals. Creating diversification to manage risk as best you can. Ensuring your insurance coverage is adequate. Having a plan for distributing your wealth after your death, and avoiding unnecessary taxes.*



*It's called Comprehensive Wealth Management, a uniquely customized program for our high net worth clients.*

*As part of Scott & Stringfellow, a corporate affiliate of BB&T, we can provide just about any financial resource or service you and your family may need. And that's what we call "value".*

**HOBGOOD  
PEATROSS**

INVESTMENT GROUP

A PART OF SCOTT & STRINGFELLOW, INC.

|                  |                            |
|------------------|----------------------------|
| NOT A DEPOSIT    | NOT INSURED BY ANY FEDERAL |
| NOT FDIC-INSURED | GOVERNMENT AGENCY          |
| MAY LOSE VALUE   | NOT BANK GUARANTEED        |

**Scott &  
Stringfellow** Inc.  
a BB&T Corporation affiliate

2626 Glenwood Ave., Raleigh • 919.782.1447  
Member NYSE/SIPC



## WHAT'S IN A NAME

**S**hakespeare had a notion that names don't count for much. It was he who said, "What's in a name? That which we call a rose by any other name would smell as sweet."

But what would Shakespeare know? He was blessed with a nice, gender-specific name like William. Ah, that I had been a William rather than a Carroll with a lifetime of attendant confusion. You would think that the double r and l would be a clue, but you can't count on it.

Just this week I was checking in a hotel when the desk clerk scanned the crowd and asked sweetly, "Now which one of you is MS. Leggett?" I replied, "I am MR. Leggett," and there were snickers all around as I signed in.

I had set myself up for snickers from my colleagues by telling them about the call I had received from my doctor's office a few days before. I had been in for a routine visit and was expecting a call saying all was well. Instead, when I said, Hello," the nice lady on the line said, "This is Doctor Wilson's office calling to schedule you for a mammogram. Do you have your schedule there?"

"Dr. Wilson didn't say anything about my having a chest problem. Why are you scheduling a mammogram?" I asked, in my deepest voice and, I suspect, a bit indignantly.

"YOU are Carroll Leggett?" she asked incredulously.

"Yes."

"Goodness," she replied, "I think somebody here has made a really bad mistake." And she hung up. As Mae West said, "Goodness had nothing to do with it." Someone had given instructions to round up all the female patients who had not had mammograms recently, and my name got on the list.

The fact is that Carroll is a common first name for men Down East. I would love to be as fine a fellow, for instance, as Windsor's Carroll Gillam, who knew my parents and always greeted me warmly when I returned to Bertie.

But I have other reasons to have names on my mind.

My friend, retired oral surgeon Tom Stump, told me that he has a new grandson, and that he and wife Shirley were flying out to see him. I could tell he was excited even though it was grandchild number eight. "Wonderful," I said. "And what did they name him?" I asked, hoping Tom would reply, "Tom the third," and I could say, "That's just grand, I know how proud you must be."

Instead, when I asked, Tom looked rather crestfallen and replied, "Tristan. Tristan," he said, "I'm not sure where they got it. I think it is one of those made-up names." I could tell he

needed comforting, and the old English teacher in me came to the rescue.

"No, that's not a made-up name at all. It's a popular name in English literature," I said, praying to God that I was right and trying desperately to remember a poem that included the name. "There's a poem—I think it's about two lovers. His name was Tristan, and, and her name was Isolde, I think."

Tom's face lit up. Maybe his new grandson had an honest-to-god name. "You think so?" he asked.

"Oh, yes. When I get home, I will find it on the Internet and email you."

"I hope I am right," I was thinking.

As it turns out, I was.

Tristan and Isolde is the grand love story that I remembered—one of many written across the centuries around the Romeo-and-Juliet theme.

Variations on Tristan are Tristram and Tristram. I found this 18th-century quote by the Fourth Earl of Oxford, who, speaking of a newborn, said, "...thou art full likely to be a manly man in thine age... when he is christened let us call him Tristram. ..."

"A manly man." Yes! With a real name. I made Tom's day.

Tom made the trip with this information in his jacket pocket and returned aglow. In fact the grandson had been born on Valentine's Day, he reported, and his mother thoughtfully had

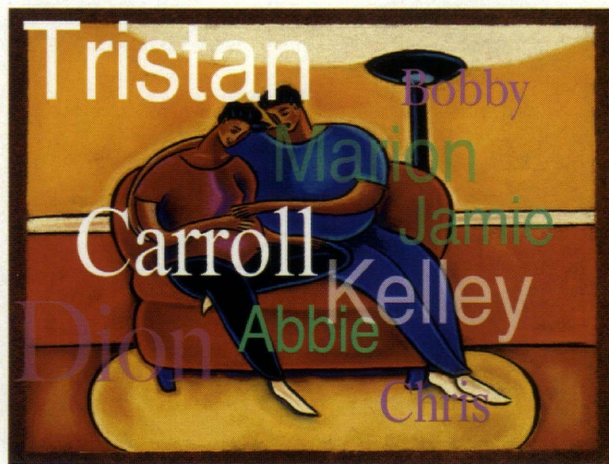
named him Tristan after the character in the love story.

I asked, and he said Tristan would call Tom and Shirley Grandpa and Grammy. Quite civilized, in my opinion. And that fact leads me to another name thing.

When I am in Raleigh, I usually decline the hotel's free continental breakfast and eat at Big Ed's, off Moore Square. It's Raleigh's power breakfast spot, and you are apt to see folks such as Roddy Jones, Frank Daniels, Judge Gerald Arnold, present Lt. Governor Beverly Perdue and former Lt. Governor Dennis Wicker, who is now a member of the state's legal elite.

I had settled into a seat by the window overlooking a little garden area—waitresses call it "the ocean view"—and was reading my *N&O* when a couple who were entertaining their grandson were seated beside me. I soon found out that their names were Me-Maw, Pop-Pop, and Elvis — Elvis being a three-year-old.

I have been told by people whose advice I trust that if I raise this question, I will be run out of the state—perhaps the country. But where do folks get names like Me-Maw and Pop-Pop?





Surely the first words from the mouth of little Elvis when he spied his grandparents were not those; else, chances are there would be only a handful of Me-Maws in the world, and that just ain't true. I see Me-Maw on license tags, in restaurant names—everywhere.

When I started to write this column, I decided I would cook a pot of Mother's corn soup, but lacked a basic ingredient, fresh thyme. The soup is just chicken broth: fresh corn; diced onion; celery and potatoes and scads of fresh thyme—dried won't do. I made a quick trip to the Harris Teeter and young Will, a student at Forsyth Tech and an aspiring writer, helped check me out. He asked what I was writing about these days, and I told him "names"—like the names kids call their grandparents.

"What do you call your grandparents?" I asked the cashier. "Grandmamma and Granddaddy," she replied.

"That's great," I said, smiling approvingly. "Those are the kind of names I think grandparents should be called.

"And Will, what do you call your

grandparents?"

Will grinned and then blushed. He was reluctant to answer, but finally he did.

"Pa-Paw and Me-Maw, but it's not my fault. It's not my fault," he said defensively. "They told me to do it." And he laughed.

Ah, ha! I rest my case.

But it wasn't just the Me-Maw and Pop-Pop names that drew my attention to the nice folks beside me at Big Ed's. It was the fact that Me-Maw and Pop-Pop totally eliminated pronouns when talking with little Elvis.

"How does Elvis like Elvis' breakfast? Is Elvis glad that Me-Maw and Pop-Pop brought Elvis to Big Ed's? Pop-Pop, give Elvis some grits. Goodness, Pop-Pop, Pop-Pop spilled grits on Elvis' shirt. Pop-Pop, let Me-Maw get the grits off Elvis' shirt. Pop-Pop, hand Me-Maw Pop-Pop's napkin. Does Elvis love Me-Maw and Pop-Pop? Pop-Pop and Me-Maw love Elvis!"

If Big Ed's "ocean view" actually had included an ocean, I probably would have leapt into it screaming after a few minutes of this pronoun-devoid, Me-Maw and Pop-Pop babble at my elbow.

Obviously, what kids call their grandparents is no business of mine. Each to his or her own liking. But I like the attitude of my friend, Ben Floyd, a former banker with a conservative persona and a quick wit. I asked Ben what his grandchildren call him. "Granddaddy," he answered. "I made that clear. I grew up Benjie. After that experience, I didn't want to turn around and be somebody's P-Pop, or worse for the rest of my life."


"Good for you, Ben. Having been called "Peanut, Legs and Leghorn," myself, I know how you feel.

Between you and me, I wonder if the Me-Maw, Pop-Pop phenomenon might be a product of our age-conscious society. Granddads are on TV casting lascivious looks at Grandma in Viagra ads, not hyping Geritol. And who wants to gussy up for a trip to Wal-Mart and have Tiffany and Brandon yelling "Grandma" from the next aisle over. Grandmother and Granddaddy are "with it" in the 21st century—or at least I think they are, and Grandmother and Granddaddy as appellations are not. **MM**

# CEI

## THE LEADER IN DIGITAL OFFICE PRODUCTS

8024 GLENWOOD AVENUE  
RALEIGH, NORTH CAROLINA 27612  
(919) 781-8885  
[www.copycei.com](http://www.copycei.com)



**artspace**

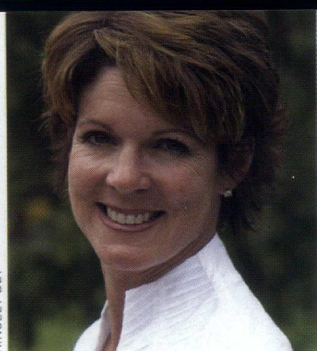
Over 40 professional artists working in open-to-the-public studios

First Friday Gallery Walk

A visual art center with exhibitions, classes and artist studios

TUE-SAT 10-6  
[WWW.ARTSPACENC.ORG](http://WWW.ARTSPACENC.ORG)  
201 E DAVIE ST 919.821.2787  
RALEIGH'S HISTORIC CITY MARKET





# I Know How You Feel

by Jennifer Julian

## ONCE RELIABLE AMERICAN EXPRESS PUNISHES CARD HOLDERS

**M**embership has its privileges. And you pay for it. The annual fee for an American Express Card is currently \$55 and higher, up to \$395 for a Platinum card. But what does that buy in today's market? Some local members of the "club" say disrespect, disservice, and downright embarrassment.

In the old days, an American Express card was a status symbol. We were willing to pay for the privilege of having it and using it.

Do you remember when you first got an American Express card? I do. One month before college graduation, that magical green piece of plastic arrived in the mail. I was officially on the road to success. After all, only the top people qualified for the "purchasing power" of Amex.

In its marketing materials, American Express boasts, "With no pre-set spending limit, unparalleled Customer Service, your Card provides the purchasing power and benefits that help make life rewarding."

(Notice American Express capitalizes the word card, like God or god.)

Having the green, gold, or platinum card in your wallet meant you were protected as you traveled along the road to success. You were covered for life's little and big emergencies and annoyances. The AMEX card was an essential for travelers who trusted and relied on the company's integrity. You could always be confident that the card would be accepted for any amount anywhere in the world.

Yet, in the teeny, tiny fine print that no one ever reads, lies the caveat: Purchases are approved based on a variety of factors including account history, credit record and personal resources. In other words, you can't trust them anymore anywhere in the world.

In the one month, I've been writing

for *Metro, Inc.*, I've been bombarded with complaints about American Express. Longtime cardholders claim they've been humiliated, harassed, and declined by the company. One 30-year Cardholder claims he was told to "Pay now or his card would be suspended." As he said, "Southern gentlemen don't like to be spoken to that way."

"There is a no pre-set spending limit. It doesn't mean there are no limits," American Express spokesperson Desiree Fish tells me.

According to Ms. Fish, account history, personal resources and "risk factors" like late payments are taken into account.

"We may approve a charge today. A month from now, it may not be approved."

Ms. Fish gave me the example of a longtime customer trying to put \$20,000 down on a car using the Card.

"We may not approve it then and there. We may ask you to pay the balance down a bit. Give us additional information. We do try to work with our customers. But, we have to make the right decision from a risk perspective."

But according to some critics, American Express itself may be contributing to those risk factors. Two recent class action lawsuits were filed against American Express on behalf of cardholders. One filed in California alleges unfair business practices. It claims the company has been denying cardholders the 20-day grace period to make payments as stipulated in their agreements. That resulted in late payments and finance charges for many consumers. The suit charges that the company delays mailing monthly billing statements to account holders so that statements are not received until one week after the billing period closes.

In Canada, a Montreal woman filed

suit alleging the company charges late fees to customers who pay their bills on time on the Internet or by phone. The suit claims the funds are withdrawn from the account on the day of the transaction, but the company claims it didn't receive payment until later, and charges the late fee.

Yet, one local cardholder says his troubles started before he could develop any risk patterns.

"I applied for and received my Amex card in March 2000. About a week later, I left for a two-week business trip. I used the card once, for gas, before I left, to make sure it was working OK," says Andrew.

**We don't like to blow our own horn but....**

**Metro Magazine is your best source for:**

- News and Events
- Feature stories that affect your life
- Style and Fashion trends
- Art news
- Design trends
- What to read and where to eat



subscribe at  
**919-831-0999**  
**www.metronc.com**



"About halfway through my trip my card started coming up as 'call center' every time I used it. Most of the merchants assumed this meant the card was no good and simply handed it back to me and told me to use a different card.

"I called Amex and the representative told me everything was OK but since it was a new account, this might happen but the merchant would get a voice authorization. I used the card sparingly after that.

The morning I checked out of my hotel I used it. The hotel clerk called in and Amex declined the charge.

"I spoke to the AMEX person, while the line of people behind me was growing longer and more impatient. He said due to not having a history with AMEX, they would not approve any further charges.

David of Robbinsville, NC, writes: "I had been a member since 1987 and some months my bill has been several thousand

dollars. I have always paid. I travel extensively. I never spend a week at home without going out of town, usually five days a week. The only times I have ever been late was when I was out of town when the bill came. A couple of times I never got bills, I would always call them and ask them to send me one.

"All of a sudden they cancel my card. After all those years and always paying my bill, they reviewed my credit and decided to cancel my card. That is unreal; it must not pay to be a good customer."

Robert of Raleigh: "They harassed me about my Platinum card. I thought the guy was from central casting for the Sopranos. I've had a card for over 25 years and have spent several thousand dollars a month. They 'honored' me with a Platinum card invitation, saying I was such a good customer. Then, out of the blue they arbitrarily set a spending limit without telling me and then suspended it when it was totally current and actually under their new credit limit. I've never been talked to as rudely and violently in my life when I tried to have them explain their actions. I think they are unethical and engage in fraud by beckoning customers and then treating them rudely. It is unsettling and causes great stress when this happens to you. The old prestige is gone. You used to rely on AMEX, especially when traveling. Now they have become a sleazy example of the corruption in corporate America in the news today. I feel violated."

Can they really do this? That's the anguished cry of many readers. The answer most of the time is, unfortunately, yes.

To be fair, American Express isn't the only credit card issuer penalizing loyal customers. Bank One and MBNA will raise your interest rate because of your payment history with another company. Citibank and Discover recently raised their late fees to \$35 for customers with balances of more than \$1000. What's worse is card issuers are not required to tell you about a rate hike based on your credit record. But there is no report from the other companies of the rude treatment and ambush tactics of American Express.

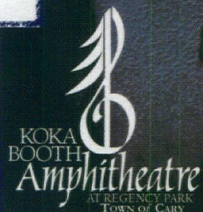
Watch your bills and your back. After all, the credit card companies are watching you. And be wary leaving home with an American Express card. **MM**

Eight-time Grammy Award Winner

*Ricky Skaggs*  
& Kentucky Thunder



also featuring  
*The Steep  
Canyon Rangers*



All proceeds benefit



**Special Olympics**

North Carolina

Created by the Joseph P. Kennedy, Jr. Foundation Authorized and accredited by Special Olympics, Inc. for the Benefit of Persons with Intellectual Disabilities (Mental Retardation).

*Saturday  
October, 23<sup>rd</sup>*

get tickets at  
[ticketmaster.com](http://ticketmaster.com)

Adults \$22<sup>50</sup> in advance,  
\$27<sup>50</sup> day of show  
Children \$10 (ages 6-12)  
5 & under free  
lawn seating only

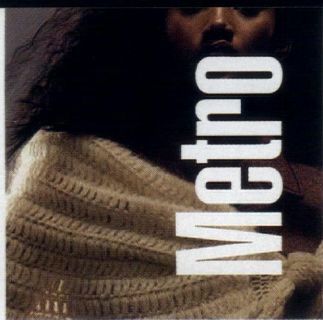
919.834.4000  
All Ticketmaster Outlets including Hecht's,  
Kroger and fye

*Doors Open  
@ 5:30 pm*

*ticketmaster*

WQDR 94.7, American Airlines, Fox 50, Wal Mart, Vitalink Communications, WRAL & Time Warner Cable





# Style

by Molly Fulghum Heintz  
with contributions from  
Emily Fulghum Roberson

**Finally:**

## OUTERWEAR FIT FOR TEMPERATE CLIMES

**N**orth Carolina's mild weather doesn't make it easy to dress for fall. How many times have you been excited to wear a cozy new sweater to a football game only to have a melt-down before the second quarter? This season's outerwear, however, seems tailor-made for temperate climes. The poncho is the perfect layering piece: wear a cardigan or light jacket underneath and remove as needed without revolutionizing your look. After disappearing for several seasons, the shrug is making a comeback, and it's ideal when you just want to cover your arms, as is the cute caplet (a mini-cape) that is big this season. Another new look for fall is



Nordstrom Rib Trimmed Poncho



Trilogy Groovy Girl

the sweater coat, an excellent transitional piece to heavier winter outerwear. The latest versions have a structured versus slouchy look, like Trina Turk's double-breasted cable sweater coat, which has the details of a heavier topcoat but is light and form-fitting. Other lightweight coats employ the season's key fabrics: Tocca's fitted corduroy coat is sleek and self-belted; Diane von Furstenberg's fuschia and charcoal tweed coat has a feminine silhouette and a great collar that can be zipped and flipped up, eliminating the need for a scarf. For evening, cut-away jackets in velvet transform a simple dress or pair of black pants.

As the mercury starts to drop, popular looks will be ponchos and pullovers in fur. And this isn't your grandmother's satin-lined sable. Light knitted fur pieces, formerly the domain of furriers or high-end designers, are now being made by more affordable lines such as BCBG. More traditional fur collars and stoles add the finishing touch to the season's vintage-inspired suits and dresses—very glamorous. At the opposite end of the spectrum are pieces from Juicy Couture, the loungewear line from the West Coast: tiny fluffy and puffy jackets are super-casual but still have clean lines.



Nine West "Shaq" Capelet



# Charlotte's

## Jewelry & Gifts

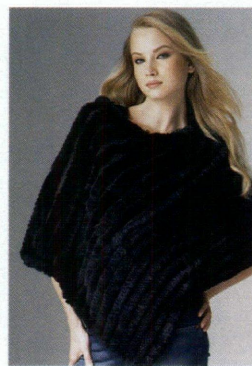
at The Forum in Wilmington

910.509.9701

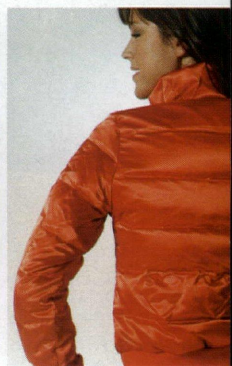
Monday to Saturday 10AM to 6PM



M&J Savitt earrings  
as featured in *InStyle Magazine*



BCBG Maxazria



Juicy Couture

### WHIMSICAL ACCESSORIES

Accessories for fall are whimsical, featuring animal prints, paisley patterns and touches of velvet. For handbags, the award for most ironic goes to Louis Vuitton's trompe l'oeil creations that feature silk-screened faux hardware. With pretend locks and zippers, this expensive little bag may be worth the potential practical joke on your significant other ("Honey, I told you, it's in the side pocket!"). The award for most cheerful bag goes to Kate Spade's exuberant pink, red and orange "kaleidoscope satchel" with a drawstring closure. For evening, a thin rectangular clutch in alligator or snakeskin is a hot pick this season.

### Dianne Beaudry Shows New Line During an Appearance in Raleigh

New York apparel company Garfield & Marks designer Dianne Beaudry made a personal appearance during a September 1 trunk show at Raleigh's Cameron Clothing Co. to introduce their new casual line "Options." The show afforded clients an opportunity to survey this fall's collection, characterized by simplicity, style and practicality—basics enhanced by colorful tweeds and boucles. Cameron Clothing Co. owner Marshall Lambe noted that Garfield & Marks clothing has been one of their most popular features for more than seven years, and that for 75-100 trunk show attendees, "the highlight was the customers' meeting the designer." "Options" features cotton twills, lightweight wools and fabrics with an element of stretch, including flare skirts and wide-leg pants designed to strike a balance "between sporty fashion and casual chic."

—Emily Fulghum Roberson

# Be Bold Be Beautiful...

Express Yourself With Rich, Vibrant Hair Color!

Look for us in an upcoming episode of Fox Network's new reality show

**ambush**  
MAKEOVER

Specializing in corrective hair color but at ds Parada you won't need corrective hair color.

Five Points Village (Next to Eckerd's)  
509 W. Whitaker Mill Rd.  
Inside Beltline  
919.546.9111

Falls Pointe (Next to Kohl's)  
9660 Falls of Neuse Rd.  
North Raleigh  
919.870.6601

Featured in:

**dsParada.com**

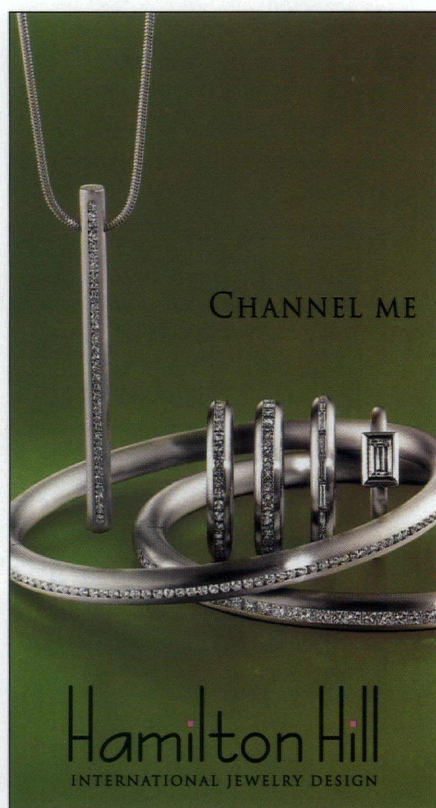


Afraid you'll have to forgo your handbag survival gear? Not to worry. These days many cosmetic companies are redesigning their product packaging to be as streamlined as possible. A favorite powder compact of mine from Smashbox is about four credit cards thick and can slip into the most microscopic of handbags.



Kate Spade's kaleidoscope satchel

A quick glance in the shoe department—last season's Ugg shearling boots are



CHANNEL-SET DIAMONDS BY HENRICH & DENZEL  
GREGSON & MAIN, DURHAM • 919 683 1474  
HAMILTONHILLJEWELRY.COM

# Best of the Season



## CAMERON CLOTHING CO.

420 Woodburn Road • Cameron Village • Raleigh • (919) 829-1511  
WWW.CAMERONCLOTHING.COM





Smashbox powder compact

back in pastel colors (Ugg has also started a clothing line featuring shearling ponchos), but more fashionable are high-heeled shearling ankle boots.

Knee-high boots look chic with the season's cropped pants, while low-heeled equestrian style boots ground

feminine skirts. Mary Janes are back again this season as are point-toed flats, but the hottest shoe is the high-heeled tasseled loafers and pumps. If you need pumps that will let you dash around town in comfort, check out the tweed tasseled pump by Aerosoles.

The season's must-have jewelry accessory is the brooch. Wear it anytime, anyplace. You may have seen Sarah Jessica

Parker wearing a trio of Harry Winston brooches in her latest ads for Gap jeans. A favorite one of mine is both disarming and charming in the shape of an octopus by Kenneth Jay Lane. But it's not necessary to buy a freshly minted brooch; there are amazing vintage pieces to be had in dark corners of jewelry boxes. If you can't access your grandmother's treasure chest, head to Beanie and Cecil where owner Leah Goodnight has curated a selection of vintage brooches that she discovered here and there in her travels. These unique pieces range in size (half-dollar to golf ball), shape (oval to comet), and color (bright violet to crystal blue). Of particular note is the



Ugg shearling boots



Kenneth Jay Lane

**Von Kekel**  
SALON SPA

**AVEDA**  
lifestyle salon spa

**As seen in:**  
O magazine  
Allure  
Marie Claire

**Advanced education:**  
London, NY, MN

*Are you in touch?*



**AVEDA**

The art & science of pure  
plant & flower essences.

"Voted Best in the Triangle"

MENTION THIS AD & RECEIVE 20% OFF

Cary  
859-0888

North Raleigh  
877-9917

[www.vonkekel.com](http://www.vonkekel.com)



An Upscale Pet Boutique

Across the street from Bogart's  
at 603 Glenwood Avenue

919.836.8865 ♦ [wagpets.com](http://wagpets.com)

At Crash & Coco Fine Lingerie, you'll find  
exquisite lingerie, bridal underpinnings  
and accessories, blouses, gifts,  
soaps, and more!

**NY style in NC!**

126 W. Chatham St.  
Downtown Cary  
[crashandcoco.com](http://crashandcoco.com)

919.468.8668



Lace  
PJ Set  
\$96



# FASHION NEWS

**JM Edwards** will host a party on Saturday, October the 23rd to show case new original designed pieces by Marty Markel, Carl Edwards, and Dave Phelps. Along with recognizing the artistic craftsmen, JM Edwards is celebrating ten years at their Kildaire Farm Road location with music, spirits and food; 919.460.1048

**Razook's** will participate in the Junior League Shopping Spree Fashion Show featuring gowns for the upcoming inaugural; Friday, October 15. Call for details, 919.833.6121

October 22nd and 23rd; Darphin Facials at **LUXE Apothecary**. Enjoy a complimentary one hour facial with any Darphin purchase. Call for details, 919.881.7828

Look for **DS Parada Color Café** to appear in an upcoming episode of Fox Network's new reality show, Ambush Makeover.

**Saks Fifth Avenue** announces a great opening for the new Raleigh location. The first three days produced sales of over one million dollars, which is 1/8 of the total season projection. Armani was the top seller during the opening and over \$170k in Louis Vuitton bags were sold. General Manager, Mohammed Ali, has found that while talking to customers, there is a demand for Jimmy Choo shoes, which have arrived. Chanel Couture and Prada are on their way...

## Nowell Touch Endures in New Location

The Nowell name means style and the opening gala celebrating the official opening of the firm's new store on North Market Drive demonstrated that this respected family-owned men's and women's fashion retailer has kept its panache in the big move from Raleigh's Cameron Village.

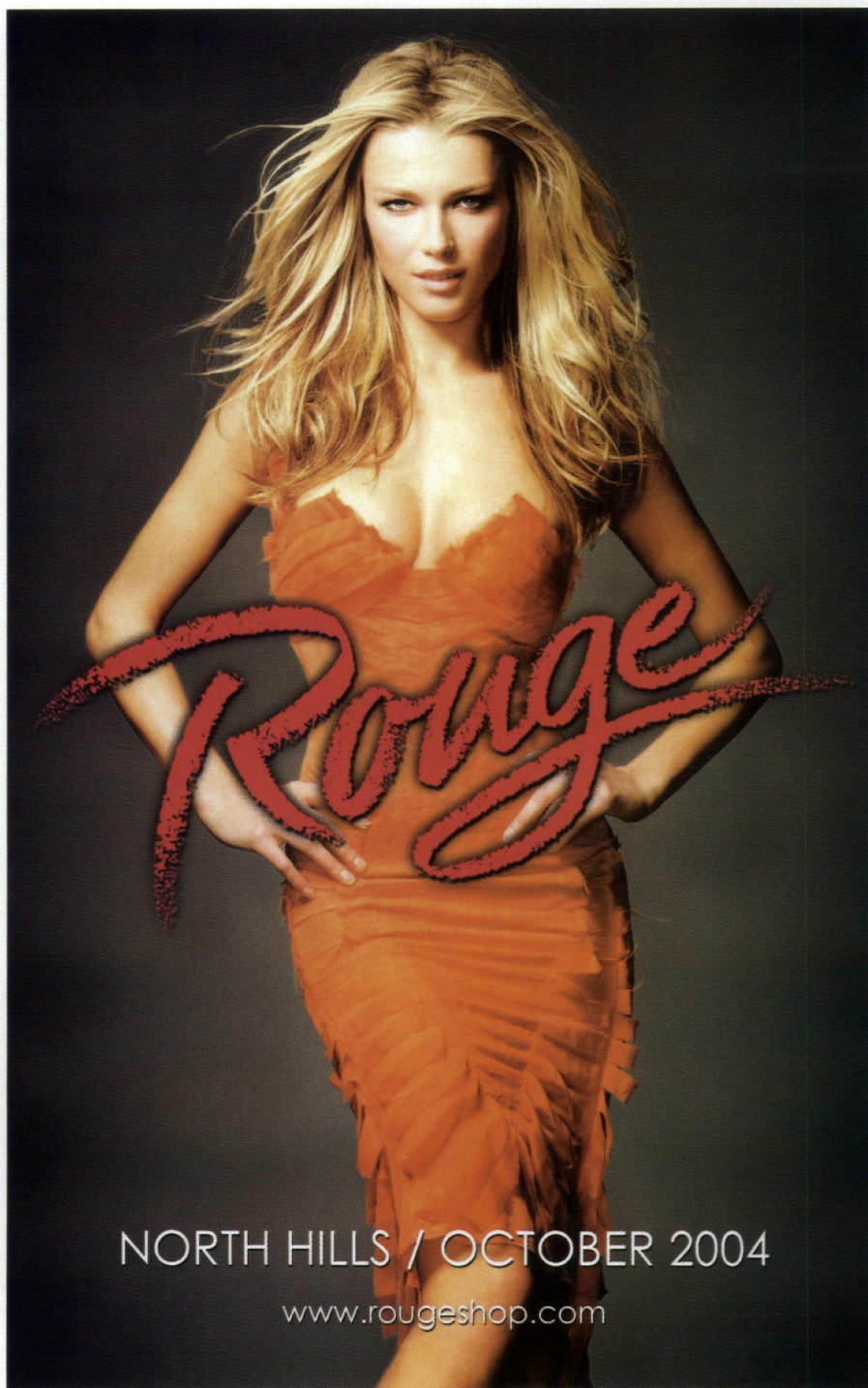
Martinis, caviar, and hefty finger food and live music under a stylish tent provided the back drop for warm greetings by the Nowell family: Older brother Schooner and his wife Julie Daniels Nowell; younger brother Matt

and his wife Harriet; and sister Lubet Nowell. Mrs. Gwyn Nowell, wife of the deceased family patriarch was there, as well as Karen Suberman with doctor/lawyer husband Rick, Schooner, Nowell's first wife and the mother of young Karen Nowell (who also works in the business) and restaurant owner son Gwyn, with his wife and child.

Inside the revamped former warehouse space, the Nowell touch is evident, with rich textures and handsome colors radiating the over one-half century of the Nowell touch. The tradition continues. **Nowell's Clothing**, 919.828.7285

Jessica Thomas Capps of **Jessica Thomas Jewelry**, in Raleigh, has been awarded the designation of JA Certified Bench Jeweler Technician. Jessica is the third jeweler in North Carolina to receive this distinction. Her designer line is carried in national and local boutiques including Beanie and Cecil, Cameron Village and Plush, The Lassiter.

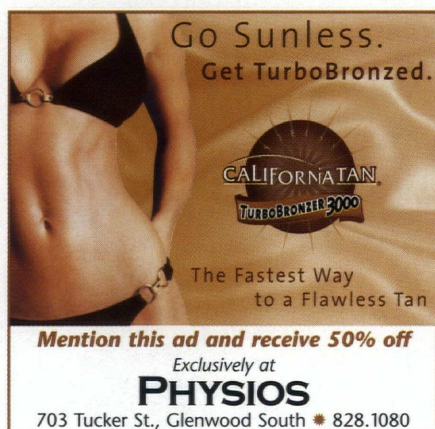
October 20 and 21; SEIDENGANG trunk show with personal appearance by Carolyn Gang. **Elaine Miller Collection**; The Lassiter at North Hills, 919.571.8888



**Rouge**

NORTH HILLS / OCTOBER 2004

[www.rougeshop.com](http://www.rougeshop.com)



Go Sunless.  
Get TurboBronzed.

CALIFORNATAN  
TURBOBRONZER 2000

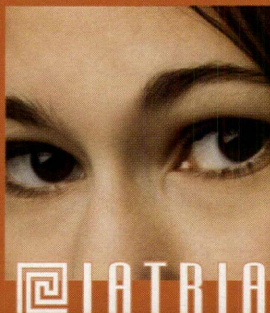
The Fastest Way  
to a Flawless Tan

Mention this ad and receive 50% off  
Exclusively at  
**PHYSIOS**  
703 Tucker St., Glenwood South • 828.1080



## DEFINING BEWITCHING:

Bewitching is how you'll feel after you receive microdermabrasion, laser hair removal and a photo facial at Iatria Day Spa. Forget the tricks, and enjoy a treat preparing your skin for the fall. Call today to schedule your enchanting visit.



South of I-540, 8020 Creedmoor Rd, Raleigh • 870 1975  
Wakefield Crossings Shopping Center, 13200 New Falls of Neuse Rd, Raleigh • 488 7050

## Just say "spaaaah."

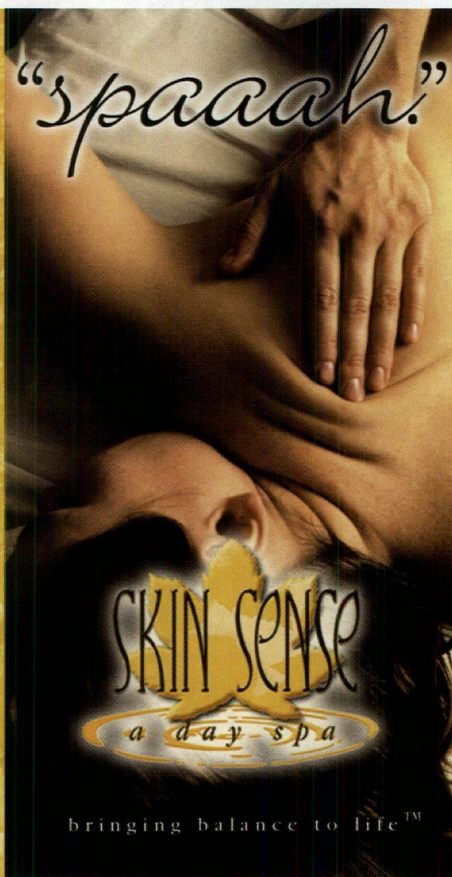
At Skin Sense, a day spa, we combine state-of-the-art techniques with a holistic philosophy for total body wellness. Today's fast-paced lifestyle can rob you of beauty & health, but a visit to Skin Sense can help restore it. Whether you spend an hour or a day, your relaxation & rejuvenation is our goal.

Facials ■ Makeup Application  
Hair Removal ■ Ayurvedic Treatments  
Microdermabrasion ■ Massage Therapy  
Reflexology ■ Herbal Body Wraps  
Manicures ■ Pedicures ■ Aromatherapy  
Hydrotherapy ■ Chocolate Body Treatments

Opening soon — a new location at Brier Creek Shopping Center, featuring our day spa for teens!

Teens  
Too

APPOINTMENTS ■ 919 870 0700  
RALEIGH ■ 6801 FALLS OF NEUSE  
CARY ■ 1269 KILDAIRE FARM  
...and opening soon at Brier Creek



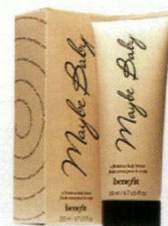
bringing balance to life™

feel of these beauties—lightweight enough to wear on a delicate cashmere sweater, but crafted with enough intrigue and sparkle to grab attention from across the room. When you're in the mood to be eye-catching, nothing is as much fun to wear as a charm bracelet, another popular piece of jewelry for fall. Use your hands when you tell a story and your bracelet will provide a captivating accompaniment, like a tambourine.



Brighton Handbag charm

Add some extra sparkle with Benefit's new Maybe Baby lotion. With the same white flowers scent as their Maybe Baby fragrance, the moisturizing lotion will prepare skin for winter and add a subtle glow, which is always the best accessory.



Maybe Baby



Bella Trio Day Spa

Sutton Station  
5826 Fayetteville Rd  
Durham, NC 27715  
919.484.1221 • bellatrio.com

passion.  
beauty.  
design.

samuel cole  
SALON

NORTH RALEIGH | 240 NEWTON RD, SUITE 100 1/2 | 919.845.0098

MEPHISTO M

SENNY

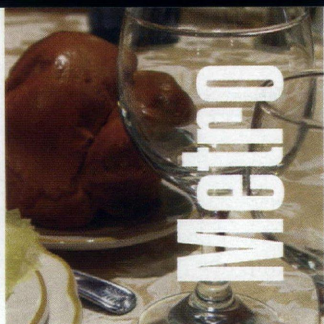
Women's whole sizes 6-11.  
Also available in dark brown suede  
and black suede.



The Lassiter at North Hills

4421 Six Forks Road • Raleigh, NC 27609  
To place an order, call (919) 786 0206





# Gourmet

by Maudy Benz

## GREEK ISLAND DREAMS AT XIOS

**A** good man may be hard to find, but if one looks with a trained eye for good restaurants, they are becoming almost as easy to discover as beaches in the islands.

The Hatzidakis family, natives of Xios, the Greek island near Turkey, launched a culinary wonder in Apex back in May that came to the Triangle by way of Northern California where the Hatzidakises began their restaurant careers serving Greek Taverna cuisine. The cuisine is island, starting the produce that grows on Xios and highlighting preparations that you would find on island tables, offering intriguing variations upon the traditional Greek menu.

Walking into the new digs here, you feel

California-island magic fusion immediately with the oversized conical hanging ceiling lights and similar shapes imprinted two dimensionally in the carpet below. Of course, photos of Xios line the walls. The stainless steel bar and chrome accents give the intimate space a luminous feeling of interior sunlight. We sat down to tables set with white cloths divining an evening of upscale dining and a dinner meant for the Gods. Yet this menu is priced for a week-day evening out.

First course: Horiatiki or village salad: tomatoes, cucumbers, feta and traditional Greek salad trappings with capers added as an island accent. The wine, Constantine Lazaridi: Amethystos White, a blend of Sauvignon Blanc and Semillon with its

Naked Lady label evoking visions of Greeks in bars ordering by the nickname alone with a look of anticipation or regret. The Lazaridi was young, unbalanced with no chance to rival the similar blends from France or California. Winemaking, of all the artisanal arts, may be the most Greek to the Greeks, while food is their apotheosis.

You don't need to sit in the shadow of the Parthenon to appreciate the second course—although it would be nice to have it at dusk in Delphi near the sacred altar where the oracle once spewed her predictions because the Saganaki arrived brandy flambé. Popular on Xios, the aged kefalograviera cheese tasted of butter and cream, scoring high on the evening's menu.



Chef Jason Heisenberg

PHOTOGRAPHY BY KINSLEY DEY



# Off the MENU

by Fred Benton

## THE SEASON BRINGS A FETE OF FESTIVALS

Here are a few...

Beach it at the Fort Fisher Military Recreation Area on October 9 & 10 for the **11th Annual Pleasure Island Seafood, Blues & Jazz Festival**, a two-day family affair with non-stop entertainment, crafts and, of course, lots of great seafood under the main tent. Vendors are required to offer two different types of seafood offerings, nothing esoteric but relegated to "old-timey" seafood recipes. Offerings may include chowders, clam fritters, crab legs and more. Ticket prices are \$15 (based on two-day advance) or \$20 at event for the two days, \$15 (Saturday only) or \$10 (Sunday only). For more information call 910-458-8434.

...

Wine lovers will want to travel to Charlotte on October 9 & 10 for the **Great Grapes! Wine & Music Festival** which will be held at Symphony Park at SouthPark Mall, 4400 Sharon Road, Saturday, October 9, noon to 9 p.m. and Sunday, October 10, noon to 6 p.m. Your \$20 (\$15, advance) admission includes souvenir wine glass, wine tickets for sampling from 150 wines from NC wineries and continuous live music. Also, wander around and enjoy the handiwork of 80 artisan vendors. For more information and to purchase advance tickets call 800-830-3976 ext. 103.

...

On Saturday, October 23, you can assuage any passion you have for barbecue. Downtown Lexington, NC, dishes up its **20th Annual Barbecue Festival**. Featured will be five stages of entertainment, 300 crafters and heaps of 'que, all fun for kids and adults. For more information call 336-956-1880.

...

Think your version of chili is the best? Put it to the test in Fuquay-Varina at "**A Day in Downtown**" on Saturday, November 6, 10 a.m. to 4 p.m. The chili cook-off is open to

anyone or group who "can cook up a good bowl of chili." Cash prizes up to \$600 will be awarded. There is no pre-event screening of recipes. Just bring your pot of chili to the event. Going on also is a craft fair, classic car show and a Kids' Korner. For more information call 919-552-0848.

...

If you agree with event hosts that the pecan is the "superior nut" then journey to Whiteville for its NC Pecan Harvest Festival held in the historic downtown district on Friday, November 5, and Saturday, November 6. (Friday is devoted to kid's education on all things pecan; the actual festival is held on Saturday.) This event, which includes a cooking competition, will be the perfect place to stock up on pecans for the holidays. For more information call 910-642-9212.

...

The Walt Disney World Resort in Lake Buena Vista, Florida, will feature its ninth annual **Epcot International Food and Wine Festival** for 45 days (October 1-November 14) of popular events. More than 100 wineries will offer tastings matched by cuisines from more than 20 regions of the world. Scheduled are culinary demonstrations, elegant dinners and tasting events hosted by 125 celebrity and Disney chefs. Festival-goers will not go thirsty with up to 800 wine and beer seminars offering samples. Highlights include four wine schools, the Exquisite Evenings at Epcot dinner series, Signature Dinner Series, Party for the Senses grand tastings, Food & Wine Pairings, Brewer's Dinners, the Lunch and Learn Series and Vertical Tastings. For more information and to make reservations for any of the ticketed events, call 407-WDW-FEST.

...

A popular casual dining restaurant original to Wilmington, now with six locations in the Port City, opened its first store in Raleigh recently. **Priddyboy's Sandwich Grill** is situated in Raleigh's Harvest Plaza Shopping Center at 9650 Strickland Road. Soups, sandwiches and create-your-own salads define the bill of fare. The breads and composed salads are all made on premise. I hear that some of the sand-

wiches are enormous and the soups are served in bread bowls. Priddyboy's Sandwich Grill (Raleigh), named for owner and originator, David Priddy, is open Monday through Saturday, 11 a.m.-8:30 p.m. and Sunday, 11:30 a.m.-5 p.m.

...

A lot of New Yorkers escaped their hometown during the invasion of the Republican National Convention delegates. The Gothamist, a newsy and entertaining Web site devoted to the New Yorker lifestyle, came up with their recommendation for "to go" bags: food items New Yorkers might not be able to do without—even for a week. I thought it might be fun to reprint that "insider" list here:

- 1 dozen bagels from Absolute Bagels on Broadway at 107th Street
- 1/4 lb. smoked sturgeon, 1/4 lb. eastern nova salmon, 1/4 lb. whitefish salad, and 1/4 lb. chopped liver from Barney Greengrass [www.barneygreengrass.com](http://www.barneygreengrass.com) (the Sturgeon King) on Amsterdam Avenue at 86th Street
- 1 lb. ground coffee and a pint of whipped cream cheese from Zabars [www.zabars.com](http://www.zabars.com) on Broadway at 81st Street
- Selection of cold cuts (preferably including prosciutto san daniele and/or guanciale) and olives from Fairway [www.fairwaymarket.com](http://www.fairwaymarket.com) on Broadway at 74th Street
- Selection of fruits and vegetables from Whole Foods Market [www.wholefoods.com/stores/columbuscircle/index.html](http://www.wholefoods.com/stores/columbuscircle/index.html) in the Time Warner Center at Columbus Circle
- 2 bottles of Italian red wine selected with help from the staff at Italian Wine Merchants [www.italianwinemerchant.com](http://www.italianwinemerchant.com) at 108 East 16th Street (between Union Square East and Irving Place)
- Variety of cheeses selected with help from the staff at Murray's Cheese Shop [http://host.smcserver2.com/cgi-bin/ws20/ws20\\_031105/main/store-front.cgi?in\\_store=](http://host.smcserver2.com/cgi-bin/ws20/ws20_031105/main/store-front.cgi?in_store=corner) corner of Bleecker and Cornelia Streets
- 2 pane pugliese from the Sullivan Street Bakery [www.sullivanstreetbakery.com](http://www.sullivanstreetbakery.com)
- 1 box chocolate truffles from Jacques Torres Chocolates



Owner Kirk said the same cheese appears in the Tirokeftedes, or fried cheese balls (almost equally transcendent) in course four.

By course three the soothing Tatziki was welcome along with Dolmathes (vegetarian is traditional Greek—anise seed makes these islands), Spanakopita, with secret herbs—a star dish at Xios and Tiropita, phyllo stuffed with feta, ricotta and herbs.

Owner Kirk Hatzidakis told me he moved to Apex because his wife's family lives nearby, and there is a substantial



Ketenes (grilled meatballs) with roasted potatoes and fried cheese balls.

Greek American community with a Greek Orthodox Church in Raleigh, which he would attend more frequently if he weren't spending 80 hours a week at the restaurant. Chef Jason Heisenberg joined the conversation at the table saying he dittoed those working hours apprenticed to Kirk's restaurateur father, George, who day-by-day hand-teaches Jason everything he knows in the state of the art open kitchen at the rear of the restaurant.

Jason came to Xios by way of Bloomsbury Bistro. Prior to that he cooked at Glenwood Grill and Cactus Flower and TJ Fridays. His job at Xios is to learn the recipes exactly and to experiment with



Breeze in for Lunch.



Warm Tiger Prawns & Spring Greens

**Bahama Breeze**



Call Ahead Seating Available!

RALEIGH: 3309 Wake Forest Rd (919) 872-6330

Open 11AM Daily

[www.BahamaBreeze.com](http://www.BahamaBreeze.com)

© 2004 Darden Corporation





Owner Kirk Hatzidakis

two daily specials offering his individual interpretations of island cuisine. "I recently did a stuffed calamari," he said, "with rice, mint and garlic. I put in the tentacles and served it with a reduction sauce." I noted here Bloomsbury's influence on the chef with the sauce and his culinary curiosity.

The calamari is flown in from China and owner Kirk stresses the amount of time and care they all spend procuring ingredients that are fresh and of the highest quality. They have their own herb garden flourishing right outside the restaurant already.

Chef Jason's favorite Ketenes (grilled meatballs) arrived as the fourth course with roasted potatoes and fried cheese balls. Jason said he eats five or six meatballs as they come out of the oven in the mornings.

They melt in your mouth and are irresistible. The potatoes marinated in rosemary and olive oil overnight exhibit original tenderness and deep flavor. I had a Proustian experience while eating them. I recalled abundant rosemary on the dry hills of the Peloponesian Peninsula not far from the olive groves reaching up the mountains. All those tenacious roots held the dry earth, bearing fruit above the dramatic pink granite valley where in the gymnasium athletes gathered and read poetry. Body and mind converged in classical times over exercise and food and the arts. These same athletes later marched up to the game fields to test their physical and mental limits, as did the athletes this year in Greece at the 2004 Games.

Those were good weeks for business at

Xios. They say they are already in the black here, and there's no contesting the honors for authenticity in this restaurant. Julia, Kirk's mom, brought out her pastries—Baklava and Galaktoboureko, along with kisses for dessert. She added extras in take-out containers for breakfast.

They truly perform Olympian feats daily at Xios, bringing their island to us with a beautiful openness you don't often see in this country anymore. It's often too risky to live openly—wearing your heart emblazoned on your shirt. Better to wear black or a designer T-shirt. And here at Xios there's a whole hive of genuine folks who can cook the way El Greco could paint. I'm just glad they came to Apex instead of Toledo. I urge you to get with the buzz and go taste the gold at this burgeoning new hot spot on the map of the Triangle. **MM**



**Tinnie's**  
Steak House & Tavern  
7440 Six Forks Rd.  
Uptown Raleigh

*One location.  
One tradition.*

Reservations: 919-847-7319

#### Xios

Address: 800 W. Williams Street, Suite 100, Apex

Restaurant Hours: Lunch 11-2:30, Tuesday-Saturday; Dinner 5:30 until...

Bar Hours: same

Telephone: 919-363-5288

No smoking

All ABC Permits

Exotic cocktails: Ten original martinis, several with ouzo



## A REGIONAL CULINARY HISTORY by Maudy Benz

Over a delectable dinner of “classical European specialties with a modern regional twist,” prepared by Chef de Cuisine Michael Seese at La Résidence in Chapel Hill, I talked with Moreton Neal about her debut cookbook: *Remembering Bill Neal*, just out from the University of North Carolina Press. Georgia Kyser reminisced with us over the years Bill and Moreton spent building their cooking expertise until Bill emerged as the South’s first male chef of note in the 1980s with the publication of his debut book, *Bill Neal’s Southern Cooking*.

Here’s a slip of our conversation:

**Q:** Moreton, you’re a part of this town’s culinary history and in a way the book describes the region’s culinary history. Tell me about your intentions.

**A:** I’ll do better. I’ll give you an example. Here’s a recipe from Georgia’s kitchen. She smiles at Georgia Kyser here, years of friendship resonating between them. Bill and I stayed at Georgia’s house when we were moving restaurants, and she’d whip things up for us at night. This one is Lemon Cake Pudding. Moreton reads from the memoir section of her book.

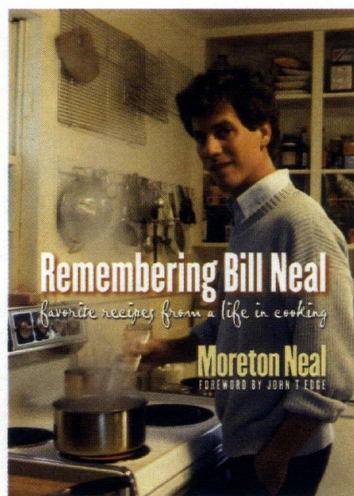
“You called that a quick dessert,” Georgia says, that really wasn’t that quick.” Moreton smiles her quiet, knowing smile.

**Q:** And that’s in the section called “At Home.” The other two sections are “Crook’s Corner” and “La Résidence.” Tell me about divisions in the book.

**A:** The La Res recipes I rescued from our old recipe box Frances Gualtieri kept at the restaurant. I got them when they were considering selling the restaurant. They were a treasure trove of our staples but unpublished. I asked David Perry at UNC Press if he thought anyone would be interested in them and he said yes. The Crooks’ section is here because of Gene Hamer’s help. And the At Home segment is what we cooked at home.

**Q:** So is there also a chronology to this?

**A:** I see the book as a history of food in the American culture in the 20th century even if you don’t know who Bill Neal is. Between the home recipes from the 1950s to ’60s, and some later from the ’90s— healthy stuff. Then the La Res section is from the 1970s— country French. And finally Crooks is Southern food from the 1980s.



**Remembering Bill Neal: Favorite Recipes From a Life in Cooking**

by Moreton Neal

University of North Carolina Press  
2004

**Q:** Who are your mentors?

**A:** My main mentor is Jean Anderson, author of *The American Century Cookbook*, because she wrote the history of American food.

As we sipped our champagne and savored duck confit, Georgia commented on the marriage of Bill and Moreton, remarking that Bill possessed the most incredible taste buds in the world and Moreton possessed the most elegant taste. Together they made restaurant history. Now their cookbooks will make history side by side on our shelves. Whatever the turmoil in the marriage—and Moreton has been candid all along

regarding this book as a means to work through feelings about the rough patches the two went through together—their union was productive and constructive for the world of food and for their three children, now grown.

The difference between the two culinary personalities remains obvious: Style. Bill would knock on any door he wanted to have opened for him without reserve, including Eudora Welty’s. If a patron complained and threatened to walk out of the restaurant he was known to say, “It will be my greatest pleasure.” And his focus was always the food. He talked food all the time. Moreton will always ask before she knocks on any door. For Moreton the company around the table is equal in importance to the food. And she wouldn’t want anyone to walk out of her restaurant or her life. She would trod on the caviar for any good friendship.

**Q:** We were finishing our entrees when I asked Moreton what Bill would say to her at this moment of publication?

**A:** Great question. Hmmm. This one takes a minute... Okay... I think he’d say. Honey, I wish we’d had lots more meals together. And, Look how far we came. And... Wasn’t it a great ride? And, well, one more... here she’s laughing her contagious, mirthful laugh: Aren’t you glad we never went on a diet?

Whether you forgo dieting or not will be your personal choice, but once you get your hands on this cookbook you will definitely want to cook and enjoy these fine new Neal recipes in the company of your good friends.

### La Residence

Address: 202 W. Rosemary St., Chapel Hill

Hours: Mon-Sat 6 to 9:30 p.m.; Sun 6 to 8:30 p.m.

Telephone: 919-967-2506

Smoking in bar and on patio

Credit cards: Master Charge, Visa, Discover, Am Ex

All ABC permits, exotic cocktails



# Metro Magazine's Premiere RESTAURANT GUIDE

## RALEIGH/CARY

**42nd Street Oyster Bar** – 508 West Jones Street, Raleigh (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and Dinner seven nights a week.

**Bella Monica** – 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crust Neapolitan pizza with gourmet toppings. Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Nice neighborhood bar. All-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday.

**Bloomsbury Bistro** – 509 West Whitaker Mill Road, Suite 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in: *Southern Living*, *Gourmet Magazine* and *USA Today*.

**Bogart's American Grill** – 510 Glenwood Avenue,

Raleigh (919) 834-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, home-made desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.

**Carolina Ale House** – 512 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. Carolina Ale House has something for everyone – we serve our award-winning menu from 11 am-2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.

**Cuba** – 19 West Hargett Street, Raleigh. (919) 890-4500. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds

spice to an already sizzling dining experience.

**Enoteca Vin** – 410 Glenwood Avenue, Suite 350, Raleigh. (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca Vin's warm urban interior, bar and patio provide a casual but sophisticated environment for serious dinners or a spontaneous rendezvous over wine and cocktails. Metro Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award or Excellence in 2004. Serving dinner Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit [www.enotecavin.com](http://www.enotecavin.com).

**Est Est Trattoria** – 19 West Hargett Street, Raleigh. (919) 890-4500. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

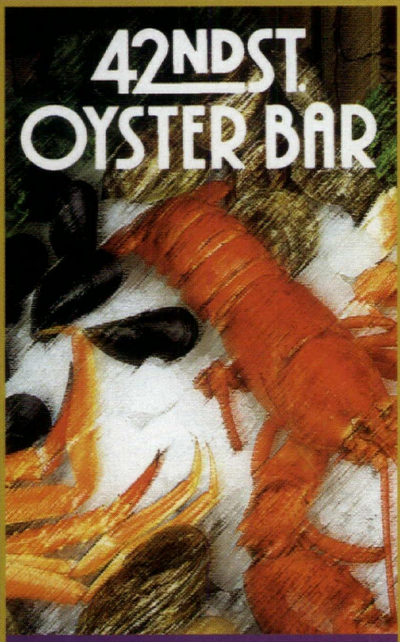
**Frazier's** – 2418 Hillsborough Street, Raleigh. (919) 828-6699. Frazier's has been rated as one of the top ten restaurants in the triangle since opening in 1998. An eclectic, ever-changing menu is executed in a newly renovated, very hip but casual atmosphere.

**Hi5** – 510 Glenwood Avenue, Raleigh. (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. [www.hi5raleigh.com](http://www.hi5raleigh.com).

**Lucky 32** – 832 Spring Forest Road, Raleigh, (919) 876-9932. 7307 Tryon Road, Cary, (919) 233-1632. Seasonal fare with influences of regions across the country. [www.lucky32.com](http://www.lucky32.com).

**Maximillions** – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillions, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the Cary News Readers Poll. *News and Observer* praised food as "inventive fusion cuisine" with 3 stars. For reservations, (919) 465-2455.

**Michael Dean's Wood Oven and Seafood Grill** – 1305 Millbrook Road, Raleigh. (919) 790-9992. Casual American seafood and wood-fired



**42NDST  
OYSTER BAR**

508 W. JONES STREET  
RALEIGH, NC

**919-831-2811**



*With all due respect,  
your grill can't do this.*

Perfectly-aged, rotisserie-grilled Angus steaks and perfectly chilled classic martinis never go out of style. Neither does impeccable service. Come experience all three at Bogart's. Voted Best Waitstaff for 2004 by Raleigh Metro Magazine.

**BOGART'S**  
AMERICAN GRILL, LIVE MUSIC & SPIRITS

510 Glenwood Ave. Glenwood South District  
Lunch M-F Dinner & Live Music 7 days Brunch Sun  
(919) 832-1122 [www.bogartsamericangrill.com](http://www.bogartsamericangrill.com)

**VISIT OUR WEB SITE FOR A  
FREE APPETIZER OR DESSERT!**



specialties. Menu changes monthly with delicious low-carb options as well. Enjoy the wide drink selection, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days. [www.michael-deans.com](http://www.michael-deans.com)

**Nana's Chophouse** – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours are Monday-Thursday 5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

**NoFo Market and Café** – 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrees. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," *Citysearch.com*.

**Porter's City Tavern** – 2412 Hillsborough Street, Raleigh. (919) 821-2133. Porter's City Tavern was chosen "Best New Restaurant" of 2004 by the readers of *Metro Magazine*. A fresh open floor and sidewalk/patio dining showcases a diverse menu of steaks, pastas, salads, sandwiches, and fresh fish. The menu is prepared using the freshest local ingredients available.

**The Red Room Tapas Lounge** – 510 Glenwood Avenue, Raleigh. (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday–Saturday at 6 pm. [www.redroomraleigh.com](http://www.redroomraleigh.com).

**Second Empire Restaurant and Tavern** – 330 Hillsborough Street, Raleigh. (919) 829-3663. Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant!! *Wine Spectator* Awards of Excellence.

**Taverna Agora** – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open

nightly for dinner, catering available. Taverna Agora, Absolutely Greek.

**Tavola Rossa Ristorante Italiano** – 5300 Homewood Banks Drive, Raleigh. (919) 532-7100. Our menu features pasta, brick oven pizza, chicken, veal and seafood. The open kitchen lets you in on the action while our patio allows you to dine al fresco. Fabulous wine menu. Serving lunch 11:30 am – 3:00 pm 7 days and dinner 5:00 pm–10:00 pm Sunday–Thursday and 5:00 pm–11:00 pm Friday and Saturday.

**Twisted Fork** – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner. [www.thetwistedfork.com](http://www.thetwistedfork.com).

**Vinnie's Steakhouse and Tavern** – 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York – Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

#### DURHAM

**Café Parizade** – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday–Friday 11:30 am–2:30 pm and dinner Monday–Thursday 5:30–10:00 pm, Friday and Saturday 5:30–11:00, and Sunday 5:30–9:00 pm.

**George's Garage** – 737 9th Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

**Nana's Chophouse** – 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

**Verde** – 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

**Vin Rouge** – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday–Sunday, 5:30–11:00 pm and Sunday brunch 10:30 am–2:00 pm.

#### CHAPEL HILL

**La Residence** – 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb

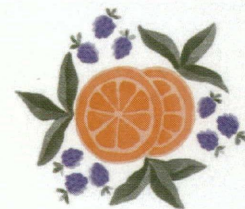
service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

**Pazzo!** – Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

**Spice Street** – 201 Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

**Talullas Restaurant** – 456 West Franklin Street, Chapel Hill. (919) 933-1177. The newest addition to the Restaurant Mecca of West Franklin Street in Chapel Hill. Talullas is an instant success with its "ethnic elegance" and "beautifully prepared food." Its Eastern Mediterranean cuisine is simple, fresh, and exotic. Tuesday–Sunday 6-10 Dinner, 10-2 Bar/Lounge. [www.talullas.com](http://www.talullas.com)

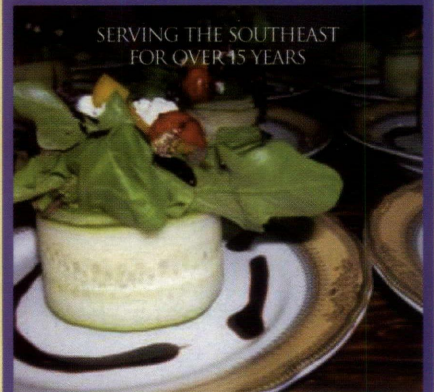
**The Weathervane** – 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.



CATERING WORKS

FOOD • FAMILY • TRADITION

SERVING THE SOUTHEAST  
FOR OVER 15 YEARS



FULL SERVICE EVENTS  
CORPORATE DELIVERY SERVICE

919.828.5932

[WWW.CATERINGWORKS.COM](http://WWW.CATERINGWORKS.COM)



# Cork Report

by Barbara Ensrud



## THE HOT NEW WINES OF SPAIN

**S**ome of the most dramatic reds on the planet these days are from Spain. This vast country, the third largest producer of wine in the world, has spent the last couple of decades revamping its wine industry—with exciting results.

Spanish reds in particular can be impressive—the best are wines of concentrated intensity, huge proportions and extravagant flavors—wines such as Vega Sicilia Unico, Pesquera Gran Reserva, Flor de Pingus, Torres Grans Muralles, Clos Mogador and Palacios L'Ermita. Not for the faint-hearted, these wines are invariably big, dark and tannic when young (which is when they are available); and not light on the pocketbook

either—Flor de Pingus is \$60, all the others much more than that, \$95 to \$160 per bottle.

The big, bold style of some of the new wave reds from Spain appeal to those who relish smack-in-the-mouth flavor—or who have the space (and the patience)—to lay them away for 10 or 20 years to gain smoothness and complexity. I heartily recommend them to serious wine lovers and collectors for the exceptional rewards that come with enjoying well-aged reds.

Most of us, however, are looking for wines to drink in the near term, perhaps tonight. And Spain has plenty to offer here—whether the color is red, white or pink.

### RIOJAS

Among the most supple and food-friendly reds to be found anywhere are from Rioja, the region west of Madrid in northern Spain that stretches along banks of the Ebro River. Rioja reds are made largely from Spain's great native grape, tempranillo, grown in many parts of Spain but expressing itself differently according to soil and climate conditions, or the whims of the winemaker. In Rioja, some of the heftier reds—the Reservas and Gran Reservas—are sometimes 100 percent tempranillo, and possess more richness and depth than the younger, moderate Riojas labeled *crianza*, which offer terrific value.

Rioja *crianza* reds are released after two years or so of aging (see box on following page). The emphasis is on fruit—cherry and plum, with a hint of vanilla—and they make excellent accompaniment to roast

chicken or pork, ham and other cold meats.

Rioja *reserva* indicates richer wines, and can be superb values as well, ranging from \$18 to \$25 a bottle. Good reservas often have more punch than Merlot but more suppleness than Cabernet—good choices for grilled meats and roast lamb or beef.

Gran reservas, at least five years old when released, are made only in exceptional years from the best barrels.

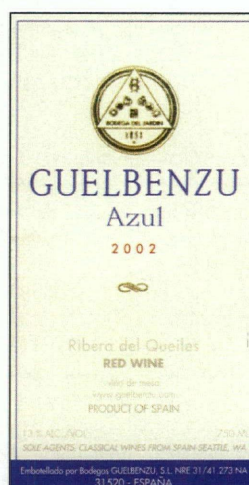
They are the rarest and costliest Riojas, wines of complex harmony and richness, often quite toasty from two or more years in oak. They can live a long time and retain flavor and elegance.

### RIBERA DEL DUERO

Southwest of the Rioja, the river Duero (which becomes the Douro in Portugal) is a land of sturdier reds, including such stars as Vega Sicilia and Pesquera Gran Reserva. But there are younger Riberas—still robust and vigorous—that offer value and hearty drinking in the \$15 to \$20 range. With persuasive flavors of dark berries, licorice, worn leather and oak, some are age-worthy as well.

### PENEDES AND PRIORAT.

These two regions north of Barcelona are notable for big, complex reds, sometimes rather tough and wiry (Priorat). The Torres family pioneered in Penedes, producing a variety of balanced and attractive reds and whites, some made from cabernet and chardonnay. Cava sparkling wines are also made here.



### Terms on Spanish Labels

**Blanco:** white

**Bodega(s):** winery or cellar

**Cava:** sparkling wine made from traditional Champagne method

**Cosecha:** date, or vintage

**Crianza:** official designation for young wines aged a minimum of two years, one in oak barrels (6 months oak for whites)

**Gran Reserva:** designation for special lots of a given vintage, aged at least five years, a minimum of two in oak barrels (some get longer). Made only in exceptional vintages.

**Reserva:** prime lots aged a minimum three years, at least one in oak barrel; made only in better vintages

**Rosado:** rosé

**Tinto:** red

**Vigna:** vineyard

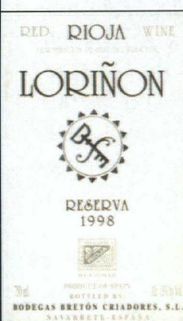


## LA MANCHA, NAVARRA, ARAGONA, EXTREMADURA, VALENCIA

These vast regions scattered across Spain once produced oceans of ordinary jug wines, but they have swept into a new era with some of the most flavorful values to be found anywhere today. Mostly red, they are vigorous, lively wines ranging in style from fruit-forward to dark and more robust.

### WHITE WINES

Dry white wines and dry *rosés* are produced in many parts of Spain and offer refreshing quaffs at often bargain prices. Spain's best whites are the lovely, fragrant **Albariño** from the Rias Baixas region in Galicia. Flowery and tart, they make scintillating aperitifs and work with light fish as well as Asian foods. **Rueda**, a sharply crisp and mineral white from Ribera del Duero is an excellent match for seafood and shellfish. **MM**



## Recommended Wines:

### Top Value

**Guelbenzu 'Azul' 2002, Navarra \$14.** A solid red blend of tempranillo, cabernet sauvignon and merlot with engaging red berry flavors and sound structure. Good for light meats and cheeses; lush texture

**Artazuri 2001 Navarra \$13.95.** Punchy red, with a hearty thrust of ripe fruit

**Albariño 2003 Morgadio, Rias Baixas, \$18.99.** Floral aromas, crisp, tart pear-apple flavors are beguiling

**Carchelo 2003 Jumilla, \$8.99.** A big red with black cherry flavors;

**El Coto Crianza 2001**

**Dehesa la Granja 2001 Bodegas Fernandez Zamora, \$18.** Sturdy ripe red, with big plummy flavors; great for roast or grilled meats

**Martinsancho Verdejo 2003 \$14.** A brisk and lively white with bright mineral notes—great match with shellfish

**Mencia 2001 Bierzo \$16.** The mencia grape has the vibrant flavors of cabernet franc, soft lively fruit that is delightful to drink

**Puerta Palma 2002 Extremadura \$12.** Lovely ripe berries flavor this full-bodied red

**Rioja Crianza 2000-2001:** You can pay \$60 or \$70 for some crianzas, but these moderate priced ones—\$12 to \$22—will please your palate and your wallet: Berberana, Conde de Valdemar, El Coto, Finca Allende, Loriñon, Marqués de Murrieta, Muga Reserva



*This October,  
OUR STATE  
Takes to the Air...  
and UNC-TV  
Rises to the Occasion!*

Appreciation of our state soars to new heights with in-depth explorations of its people, places, tradition and culture.

For uplifting stories like you'll find in the pages of *Our State* magazine, make plans to savor this monthly on-air magazine from *Our State* and UNC-TV.

If you like North Carolina, you'll love *Our State*—now on UNC-TV.

*Our State* is produced by UNC-TV in partnership with *Our State* magazine, and the generous support of BB&T.

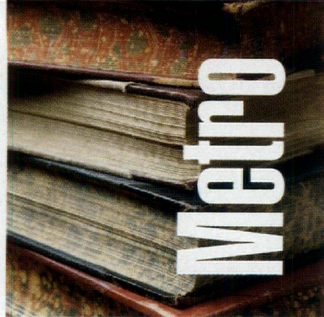
**Our State**  
NORTH CAROLINA

**UNC TV**  
www.unc.tv/ourstate

**BB&T**

BRANCH BANKING & TRUST





# Books

by Arch T. Allen

## JOHN KERRY: WAR CRIMINAL?

**T**he new JFK, presidential candidate John F. Kerry, says the original JFK, President John F. Kennedy, inspired him. A few years after the Kennedy presidency, Kerry served in the Vietnam War, where some now say he boasted of being the next JFK. To shed some light on Kerry's service in Vietnam and subsequent antiwar activism, you need to look back at the war, antiwar activism, and the question of presidential character.

Kennedy served in the Navy in World War II, and afterward the apparent hero of PT 109 became a Cold War president. As an anti-communist committed to the policy of "containment" of the Soviet Union, Kennedy proclaimed in his inaugural address that his fellow Americans "shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, in order to assure the survival and the success of liberty." Within a few years, 58,000 Americans had paid the ultimate price in Vietnam, fighting what Kerry came to call "the mystical war against communism."

Mystical to Kerry perhaps, but to Kennedy the war was a response to the threatened Soviet-supported North Vietnamese communist take-over of our ally in South Vietnam. The war was about containment of Soviet communism. Beyond precipitating the Berlin crisis and threatening Europe, the Soviets had taken over Cuba and announced support of communist insurgencies in developing countries—and a crisis in Laos compounded Kennedy's considerations. Kennedy decided to make American power "credible" in Vietnam. He tripled the number of American military advisers to our ally in

South Vietnam, the government of Ngo Dinh Diem, and despite denials, had Americans engaged in combat. Kennedy and his advisers soon lost confidence in Diem and signaled support for a coup d'état, resulting in Diem's assassination. Whether or not Kennedy had Diem's blood on his hands, Kennedy shed his own blood days later in another assassination. Thus began what a close observer at the time called our Vietnam "nightmare."

In dreams of another sort, Kennedy admirers portrayed him as a vigorous man of unquestionable char-

withdrawn from print.

But Lasky essentially had it right about Kennedy. A major lesson of Kennedy's life, explains Thomas C. Reeves in *A Question of Character: A Life of John F. Kennedy* (1991), is the importance of the moral responsibility of our presidents and the link of "good character with effective leadership." Reeves warned that we "cannot settle for less."

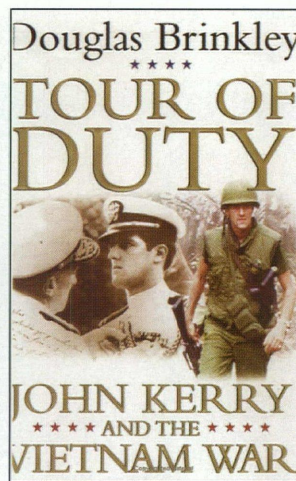
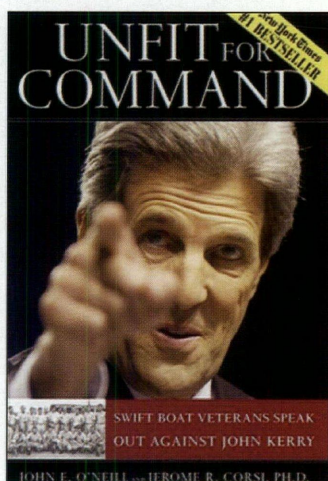
### REPORTING FOR DUTY

In making his case for presidential character and leadership, Kerry rests on his service in Vietnam and his "reporting for duty." His campaign team exhorts us "to listen to those who served with him in Vietnam." Indeed, to listen to some of those who served with Kerry, or to his version as told through Douglas Brinkley in *Tour of Duty: John Kerry and the Vietnam War* (2004), Kerry comes out quite well. We know that Kerry served in harm's way, and on the surface of their accounts, you can be convinced of the merits of his three Purple Hearts, Bronze Star with V devise

(for valor), and Silver Star (only given for valor and not having a V devise).

But questions begin to arise from Brinkley's documenting a claim that on Christmas Day 1968 Kerry was in Vietnam "near the Cambodian border." Kerry had emphasized two decades later on the Senate floor that he had spent Christmas 1968 on his Swift Boat "in Cambodia" being "shot at by the Vietnamese and Khmer Rouge and Cambodians," a memory Kerry insisted "is seared—seared—in me."

Other questions arise from looking below the surface of *Tour of Duty* and from

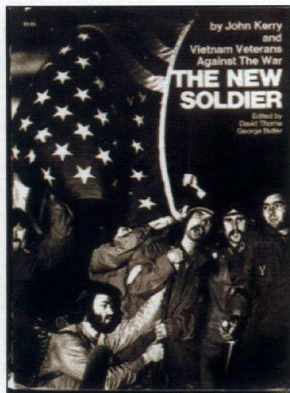


acter—the imagined fallen hero of Camelot. Just two months before Kennedy's assassination, however, a contrary view had emerged in what a newsmagazine called "the first thoroughly and unmercifully anti-Kennedy book." In *JFK: The Man and the Myth* (1963), Victor Lasky attacked the centrality of Kennedy's public persona—instead of a man of vigor and character, Lasky found a sickly moral vacuum. Although Lasky's book became a bestseller, the elite media condemned it, with some editorialists objecting even to its publication. After Kennedy's assassination it was



listening to others, especially Kerry antagonist John E. O'Neil, who had followed Kerry in command of a Swift Boat. Kerry's antiwar testimony before a Senate committee in 1971 incensed O'Neil, causing him to challenge and debate Kerry over his war crimes charges. O'Neil has now co-authored *Unfit for Command: Swift Boat Veterans Speak Out Against John Kerry* (2004), that challenges the merits of Kerry's medals and claims that they were awarded based on Kerry's own misrepresentations. But its central issue is Kerry's character—his fitness to command a Swift Boat then, or now to be commander-in-chief.

Kerry himself has responded only by calling *Unfit for Command*, and television ads by the Swift Boat Veterans for Truth also charging that Kerry is unfit to command, "smears" and "lies." His surrogates have done much more, including portraying O'Neil as a Nixonian "plumber" also confused about Cambodia. Kerry's supporters at the *New York Times* reacted to the Swift Boat controversies with a construct of a right-wing conspiracy that, were roles reversed, the *Times* would call campaign McCarthyism.



else's medals or ribbons away in protest of the war, questions remain about Kerry.

The most troubling issues arise from Kerry's antiwar activities—his unsubstantiated allegations of war crimes, his visiting with North Vietnamese communist leaders during the Paris peace negotiations, and his co-authoring the antiwar propaganda piece *The New Soldier* (1971). Indeed, his recent lame lament over some of the language he used in his allegations, absent either substantiation or recantation of his allegations, is itself troubling. Even more troubling is his failure to repudiate his association with the Vietnam Veterans Against the War and their joint publication, *The New Soldier*.

Kerry had the right to be disillusioned with the war and he had the right to protest it, of course, as many Americans did. But his participation in the "Winter Soldier" operation that purported investigation of alleged war crimes, and his association with and testifying for the Vietnam Veterans Against the War exceeded disillusionment and free speech. Both of those groups have been exposed as communist propaganda tools, and many of their "witness" members never served in the military at all, much less in Vietnam.

#### WAR CRIMINAL

Kerry's unsubstantiated allegations of war crimes raise questions of his own criminality for any acts of his own and for failing to report and substantiate any acts of others for proper investigation and possible prosecution. His meeting with the communists, which earned him recognition in communist circles for helping them win the war, and a photographic monument in the War Remnants Museum in Ho Chi Minh City, also raises questions of possible criminality. His *The New Soldier*, which he will not authorize to be reprinted, but parts of which, including photographs, are available at [www.wintersoldier.com](http://www.wintersoldier.com), raises questions of aid and comfort to the communists.

Even if answered in their best light for Kerry, those questions challenge his judgment. Viewed in their worst light, they cast doubt on his character. Consider also: at

the beginning of his testimony before the Senate committee, he apologized for generalizing and for not having "had a great deal of time to prepare," but we now know that his organized and articulate testimony was written for him by a professional speechwriter.

#### THE PARTY LINE

Many readers and viewers have recently revisited Kerry's testimony alleging that American soldiers "had raped, cut off ears, cut off heads, taped wires from portable telephones to human genitals and turned on the power, cut off limbs, blew up bodies, randomly shot at civilians, razed villages in a fashion reminiscent of Genghis Khan." The testimony sounded familiar to Ion Mihai Pacepa, formerly a high-ranking Romanian intelligence officer, who worked in concert with the KGB. He broke with communism and defected just a few years after Kerry testified to Congress. Pacepa wrote recently that the Kerry testimony "sounds exactly like the disinformation line the Soviets were sowing worldwide throughout the Vietnam era." Pacepa added that he had "produced the very same vitriol Kerry repeated... almost word for word" and had "planted it in leftist movements..." According to Pacepa, "the quote from Senator Kerry is unmistakable Soviet-style sloganeering from this period" and "is very likely a direct quote from one of these organizations' propaganda sheets." As Pacepa says, Kerry should "be asked who, exactly, told him any such thing."

Near the end of his testimony, Kerry addressed the Senators: "How do you ask a man to be the last man to die for a mistake?" Four years later, 14 years after Kennedy had promised we would "pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, in order to assure the survival and the success of liberty," Congress answered by withholding further aid for our South Vietnamese allies. Saigon fell, our remaining forces withdrew, and the communists took control.

Although Kerry had asserted that only a few thousand people would suffer from a communist take-over, millions soon died there, in the adjoining killing fields of Cambodia, and at sea fleeing the communists. They cannot ask, "a mistake"? A "mystical war against communism"? MM

#### QUESTION OF CHARACTER

The differences and discrepancies in *Tour of Duty* and *Unfit for Command* may never be resolved, and the merits of Kerry's medals may be forever clouded in the "fog of war." But even assuming the validity of the medals at face value, some of O'Neil's charges remain unanswered and raise significant questions about Kerry's character. Just as *Tour of Duty* author Brinkley is a respected historian, O'Neil and co-author Jerome R. Corsi who wrote *Unfit for Command* should be respected—in O'Neil's case as a Naval Academy graduate and former law clerk for a Supreme Court justice, and in Corsi's as a Harvard doctorate and scholar of the anti-war movement. Criticisms of their challenges may be appropriate, but mere cries of "smears" and "lies" are insufficient answers. Whatever the merits of Kerry's medals, and whether or not he threw them or ribbons or someone



## NEW AND NOTEWORTHY by Art Taylor

REYNOLDS PRICE, ELLEN GILCHRIST AND COKIE ROBERTS  
HEADLINE BUSY SEASON

Two of the Triangle's most venerable literary institutions each mark their two-decade anniversary this month—the first at the beginning of October, the second in the last weekend of the month.

Raleigh's Quail Ridge Books—*Publishers Weekly Bookseller of the Year* just a few years back—marks its 20th anniversary with a series of events on Saturday and Sunday, Oct. 2 & 3. Chief among the weekend's plans is QRB's annual Used Book Sale, with proceeds benefiting Books for Kids, a nonprofit organization providing new books for underprivileged children throughout Wake County (and, in the wake of Hurricane Floyd, to children throughout flood regions in Eastern North Carolina). This event takes place Saturday, 9 a.m.-5 p.m. Additional highlights of the weekend include a Saturday morning visit by Joelle Delbourgo, Lee Smith's former

editor and now the literary agent for writers including Pam Duncan, Elaine Orr and Marshall Chapman, discussing the world of publishing; a Saturday afternoon reading by children's author/illustrator Jan Brett, from her new book *Umbrella*; a Sunday lunch (yes, lunch!) accompanied by the Primavera Quartet (members of the N.C. Symphony); and a Sunday mid-afternoon reading by acclaimed children's book author/illustrator James Ransome. For complete information, visit Quail Ridge's Web site at [www.quailridgebooks.com](http://www.quailridgebooks.com).

On the last weekend of October, the North Carolina Writers' Network hosts its 20th Fall Conference—a three-day event held this year at the Sheraton Imperial Hotel in Durham. The keynote speaker for this year's conference is Durham-based novelist, poet and nonfiction writer Reynolds Price, who opens the weekend's programs on Friday, Oct. 29. Saturday night's featured speaker is Samm-Art Williams, actor, screenwriter and playwright (most notably of the Tony-nominated play *Home*, which also received the North Carolina Governor's Award). Additional participants include Daniel Wallace, author of *Big Fish*; Shannon Ravenel, co-founder of Algonquin Books; C. Michael Curtis, fiction editor of *The Atlantic Monthly*; Bridgette Lacy and J. Peder Zane, award-winning writers at the *News and Observer*; novelists Sarah Dessen, Pam Duncan and Judy Goldman; poet Michael Chitwood; scholar Lucinda MacKethan and other events. More than 40 classes, roundtable discussions and workshops are scheduled during the conference; a Manuscript Mart also offers one-on-one critiques with professional agents and editors. For a complete schedule and registration information, visit [www.ncwriters.org](http://www.ncwriters.org).

mation, visit [www.ncwriters.org](http://www.ncwriters.org).

## ELLEN GILCHRIST AT UNC-CH

While we're on the subject of the NCWN Conference... at one of the Network's conferences a few years back, I was fortunate to hear Ellen Gilchrist deliver the Saturday evening lecture and reading—an unforgettable experience. Witty, provocative and insightful, Gilchrist remains one of our finest short story writers (she won the National Book Award in 1984 for the collection *Victory Over Japan*) and is the author of 23 novels, short story collections and collections of essays (including an upcoming book about teaching writing). While it's a pleasure to read her work on the page (just sample her *Collected stories*, published in 2000), the opportunity to hear her delivering her own work aloud should simply not be missed.

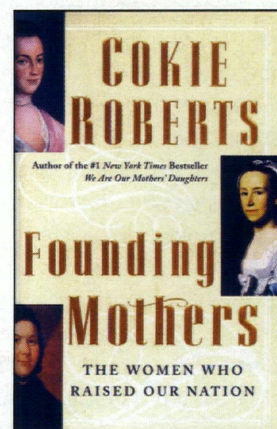
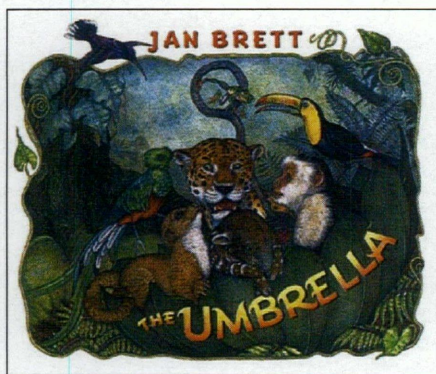
You will have that opportunity Wednesday, Oct. 6, when Gilchrist presents the Thomas Wolfe Lecture at UNC-Chapel Hill. She is the fifth honoree for this annual lectureship, which celebrates prominent authors who have made significant contributions to the literary arts. The lectureship is sponsored by UNC's English department, the Morgan Writer-in-Residence Program and the International Thomas Wolfe Society, in honor of Wolfe, a UNC grad and author of *Look Homeward, Angel*. Gilchrist's free presentation begins at 7:30 p.m. in Carroll Hall on the UNC campus.

## COKIE ROBERTS AT SAINT MARY'S

Cokie Roberts, a veteran television journalist currently serving as a senior political consultant for ABC News and a commentator on National Public Radio, visits Saint Mary's school in Raleigh on Thursday, Oct. 14, as part of "Election 2004: A Woman's Perspective Past and Present." Roberts meets with students in an early afternoon discussion about political, social and economic issues in America today, followed at 3:15 p.m. by a book signing in Kenan Library for her new offering, *Founding Mothers: The Women Who Raised Our Nation*, featuring stories of significant women in early America. Quail Ridge Books will help host the book signing; for more information, call 919-424-4000.

## MAKE WAY FOR THE MEN

Award-winning novelist Jonathan Lethem visits the Triangle in mid-October to celebrate his new short-story collection, *Men and Cartoons*. Lethem—zany, genre-bending, incomparable—is per-





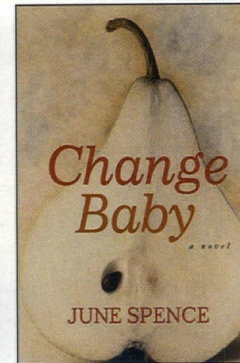
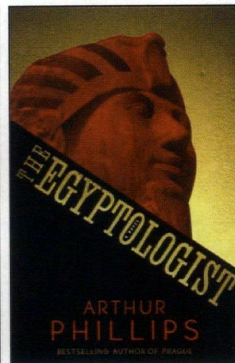
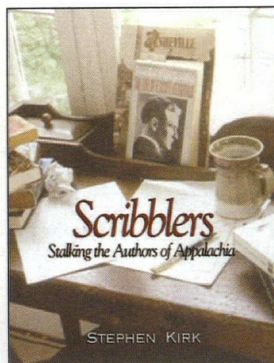
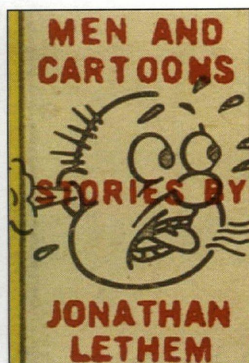
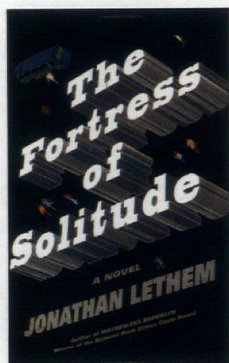
haps best known for his National Book Critics Circle Award-winner *Motherless Brooklyn*, and for his recent novel *Fortress of Solitude*, a story of two boys divided by race but united by their love of comic books. Lethem reads at three venues in the area: at McIntyre's in Farrington Village

Spence reads from her new book *Change Baby* at the Cary Barnes & Noble on Tuesday evening, Oct. 12.

North Carolina native Martha Witt, author of *Broken As Things Are*, visits the Cary Barnes & Noble for a reading and discussion on Monday evening, Oct. 18, before

writing. The event takes place in Whitley Auditorium at 7:30 p.m.

And Wilmington hosts its fourth annual Cape Fear Crime Festival over Halloween weekend, Oct. 29-31. Participants include keynote speaker Parnell Hall, author of the Puzzle Lady mystery series; guest of honor



on Tuesday evening, Oct. 12; at Durham's Regulator Bookshop on Wednesday evening, Oct. 13; and in Winston Hall at N.C. State University (as part of the Owen/Walters Reading Series) on Monday evening, Oct. 18.

Two other best-selling novelists visit the Regulator before and after Lethem's signing. Artur Phillips, author of *Prague*, returns with an already highly acclaimed follow-up, *The Egyptologist*; he reads from the new book on Monday evening, Oct. 11. And the legendary James Ellroy—who has consistently pushed the boundaries of mystery, noir, historical fiction and memoir over the last two decades—reads from his latest collection of journalistic writing, *Destination: Morgue!* on Friday evening, Oct. 15.

And two Southern writers have also recently published additions to their oeuvre. Louis D. Rubin Jr. reads from his new coming-of-age-in-Charleston novel, *Surfaces of a Diamond*, at McIntyre's Books in Farrington Village on Saturday morning, Oct. 23. Then George Singleton, one of the funniest, most off-beat Southern writers at work today, comes to the Regulator to sample from his new short story collection *Why Dogs Chase Cars* on Wednesday evening, Oct. 27.

#### WRITERS REDUX

A few writers mentioned in this column in last month's Metro are continuing their book tours this month.

Novelist and short story writer June

heading across the Triangle for a reading at the B&N at New Hope Commons on Tuesday, Oct. 19.

The Barnes & Nobles store in Streets at Southpoint hosts an evening with local political cartoonists J.P. Trostle (*Chapel Hill Herald*), V. Cullum Rogers (*Independent Weekly*), Dwane Powell (*News and Observer*) and John Cole (*Herald Sun*)—as part of an event celebrating the collection *Attack of the Political Cartoonists: Insights And Assaults From Today's Editorial Page*. The cartoonists gather forces on Thursday evening, Oct. 28.

#### FROM APPALACHIA TO THE COAST

On Wednesday, Oct. 6, Stephen Kirk, editor-in-chief of Winston-Salem publisher John F. Blair, discusses his own new book *Scribblers: Stalking the Authors of Appalachia* at Durham's Regulator Bookshop. In addition to charting that region's rich literary heritage (think O. Henry, Thomas Wolfe, Carl Sandburg and even F. Scott Fitzgerald [who lived for a while at the Grove Park Inn]), Kirk surveys the panorama of authors on today's scene, through interviews with and profiles of writers including Fred Chappell, Robert Morgan and Sharon McCrumb.

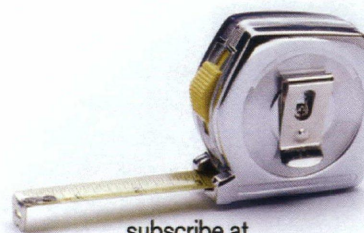
McCrumb herself, author of a number of Appalachia-set mysteries and historical novels, makes an appearance at Elon College on Monday evening, Oct. 25, to discuss her Ballad novels (the latest is *Ghost Riders*) and the way that her research into history, legend and folklore informs her

Valerie Wilson Wesley, author of the Tamara Hayle mystery series; and noted North Carolina mystery writers Margaret Maron and Michael Malone. Halloween Day also includes an afternoon tour of Historic Oakdale Cemetery. For a complete schedule or registration information, visit [www.galleone.com](http://www.galleone.com). **MM**

## Other magazines just don't measure up!

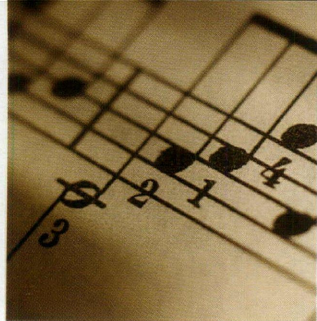
Metro Magazine is your best source for:

- News and Events
- Feature stories that affect your life
- Style and Fashion trends
- Art news
- Design trends
- What to read and where to eat



subscribe at  
919-831-0999  
[www.metroinc.com](http://www.metroinc.com)





# PvV

by Philip van Vleck

## LIGHT SHINES ON CHAPEL HILL'S ALLYSSON LIGHT

One of the more compelling singer/songwriters in the Triangle is also one of the youngest. Nineteen-year-old Allysson Light, presently a sophomore at Sarah Lawrence College in New York, is a Chapel Hill native who's been penning her own tunes since age 14. Now five years removed from those early songs, Light's musical gifts are blossoming prodigiously.

Light's most recent album, *Looking Glass Conversations*, released last year, reveals an artist who's coming into her own as a composer and performer. The clarity and strength of her voice are excellent, and her musicianship is polished.

Fans of Tori Amos, Kate Bush or Jane Siberry may well find Light to be an artist they'll enjoy.

Light was raised in the shadow of UNC-Chapel Hill, where both her parents were faculty members. "My parents are both scientists, but my dad's parents were both musicians," Light said. "My grandmother was actually my first music teacher. She did her graduate work at Juilliard and was a piano and voice teacher. She lived in South Carolina, so we didn't see her terribly often. And there was always music in our house anyway."

Light's first songwriting experience came during a stay in the Rocky Mountains. "When I was 14 we lived in Utah for a year," she recalled. "My parents were on sabbatical, and we went to stay outside Park City. We lived a long way from anybody, I was new in town, and I was 14. I was a

good and solid 14. I didn't know anyone I could go and spend time with, so I sat in the house and played the piano all the time. That was also the year I took off from classical piano lessons. I still took voice, however. I got this book of Tori Amos sheet music, and I played every song in that book every night. That's when I started writing songs. I mean, that's all I was doing with my time—playing the piano—so the songwriting came from it.

"I went to my dad after I wrote my first song and said, 'Hey, I wrote a song,'" she continued. "And my dad said, 'Really? Well, I guess we'll get some equipment and record them.' So we got a little mini-mixing board and some microphones and some software for the computer and just set it up that way in the house. We recorded *Water*, my first CD, that way."

Asked how her parents had reacted to her musical ambitions since their time in Utah, Light replied, "My parents have been incredibly supportive of my music. They're the reason I was able to go on tour this summer. All the time I was in high school they went to all my shows, helped me load on my equipment and helped me with the sound. Then they sat there and were the impetus for applause after every song. I learned this past summer that that's a very useful thing to have.

"This summer I played in 19 different Border's Book Stores, where people are thinking a lot more about the magazine they're going to buy than the music in the

background. Having just one person there to start the applause really changes the mood of a show. I really think people enjoy a show more when they think others are enjoying it."

Light remains something of an unknown quantity as a stylist. A challenge all artists face is finding their distinctive niche, and Light is presently on the quest.

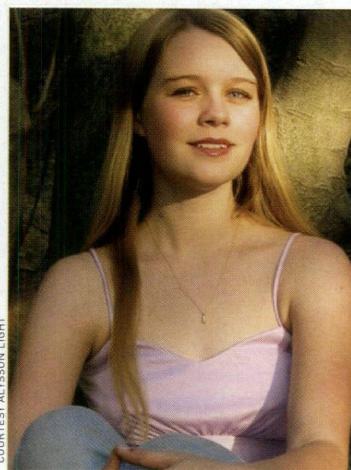
"I think it's funny the way I've cycled through styles," she said. "I think I'm becoming more mainstream in my style now, but I don't think it's my attempt to grab an

audience. It's more that this is the kind of music I'm feeling now—more grounded chords, more steady motion, more basic chord progressions. I just have to go with what I'm doing at the time and not try to judge it."

Light cited some of her musical influences, noting, "Tori Amos, of course, and Joni Mitchell, whom I grew up on and sang along with. Judy Collins, too. The first CD I ever went out and bought was *Surfacing*, by Sarah McLachlan. She's been a big influence.

"Nowadays I feel a lot of inspiration from other independent musicians whom I've played with," she added. "They've been incredible role models, showing me that this can be done. Vienna Teng is one such person. My piano teacher, Lisa Ray, is another."

Light has chosen her role models wisely, and it shows in the surprisingly sophisti-



COURTESY ALLYSSON LIGHT



COURTESY ALLYSSON LIGHT



cated level of her own songwriting. Asked how she regards her early songs now, she allowed that "They're hard for me to listen to, as much for the recording as for the songs themselves. They make sense coming out of a 14-year-old's mouth. That age is a miserable age, and it didn't help that I played the piano, which I think is an instrument that's inclined toward misery. The things that I wrote were kind of oblique poetry about the fact that I was unhappy. I would take images from around me and try to give them meanings that they didn't necessarily have. With my more recent stuff

I'm trying to be more open and honest, and not hide behind the lyrics like I used to do. The writing's been going a lot slower because of that, however."

Light plans on sticking with her music for "the foreseeable future." She admits to planning carefully, however. "I'm very much into making sure I have a fallback. Maybe sociology or public policy. If worse comes to worse, I could always go into advertising."

For more on Alysson Light, or to buy her CDs, check out her Web site: [www.alyssonlight.com](http://www.alyssonlight.com). **MM**

## QUICK FIX

Maggie Brown:

**Maggie Brown**

(Riverwide Music).

Singer/songwriter

Maggie Brown's

twang-rich debut

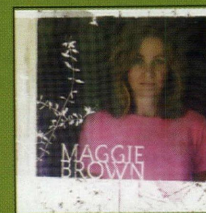
album instantly

separates her from her less-inspiring

peers. Her tune "Used Cars" is a satel-

lite radio hit for good reason. Best get

some of this.



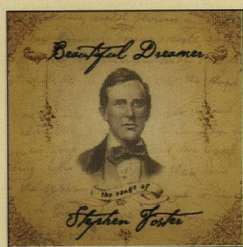
# DISCOLOGY

Various Artists:

**Beautiful Dreamer: The Songs of Stephen Foster**

(American Roots Publishing)

This is an amazing album. Recording artists the like of Mavis Staples, Raul Malo, David Ball, John Prine, Suzy Bogguss, Ron Sexsmith, Alison Krauss, Yo Yo Ma, Alvin Youngblood Hart and BR5-49 were drawn together to record songs by the great 19th-century American songwriter Stephen Foster.



The result is a collection of 18 gorgeous tunes. Some, like "Beautiful Dreamer," "Hard Times Come Again

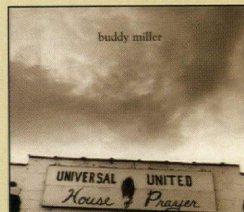
No More," "Old Folks at Home," "Camptown Races" and "Oh! Susanna" are well-known American classics. Other Foster tunes—"Holiday Schottisch," "Gentle Annie" and "No One To Love"—are generally more obscure, but no less charming. Blessed by uniformly discerning performances and excellent production values, *Beautiful Dreamer* is a gem, and an ideal tribute to a brilliant, pioneering songwriter who should have been lionized in his own lifetime.

Buddy Miller:

**Universal House of Prayer**

(New West)

Nashville-based artist Buddy Miller has come to be well known through his leadership role in Emmylou Harris' band. With the release of *Universal House of Prayer*, however, perhaps Miller will



finally be thoroughly recognized as the brilliant roots music artist that he is. Miller has

never tracked a solo project that was anything short of excellent, but this new CD is above and beyond anything he's previously accomplished. *Universal House of Prayer* is surely destined to be the best Americana album of 2004. With the timely aid of vocalists Regina and Ann McCrary and the stellar songwriting contribution of Julie Miller, Buddy has crafted a masterwork. From the opening track—a cover of Mark Heard's ominous "Worry Too Much"—to the gritty rock of "Don't Wait" and his awesome duet with Emmylou on "Wide River to Cross," Miller stands triumphant among Nashville's major-label artists, like Gulliver amidst the Lilliputians. Fans of roots and Americana should already be out the door and on their way to the record store to buy this extraordinary album.

Anthony David:

**3 Chords & the Truth**

(Brash Music)

As the bulk of rap music continues its descent through the various levels of hell, well on its way to becoming the disco music of the early 21st century, let's turn our attention to that rarest of all artists—the African-American singer/songwriter.

Anthony David, an

Atlanta-based

artist authored or

co-wrote every

track on this CD,

and he's a song-

writer with some-

thing to say. He's got the cool of Bill

Withers and a flair for penning a catchy,

intelligent tune. David keeps it simple

here—a sign that he's confident enough

to push his voice and his lyrics up front

and let the listener decide if he's got

some chops. Check out "Cold Turkey,"

"50/50 Love" and "GA Peach" for a quick

clue about the diverse influences at play

in David's music. One spin through *3*

*Chords & the Truth* will be sufficient to

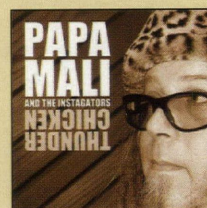
convince almost anyone that David's

musical talent is major league caliber. It

doesn't take a Cassandra to predict that

Anthony David has a bright future in the

music biz.





# EYES ONLY

**The Hill family of Durham**—business leaders and philanthropists who have given extensively of time and money to their city and their alma mater, UNC-Chapel Hill—are the subjects of a new three-generation biography, *Favored by Fortune: George W. Watts and the Hills of Durham*, by Howard Covington Jr. of Greensboro. The book tells

the story of George Washington Watts, one of the founders of Durham; his son-in-law, John Sprunt Hill; and Hill's son, George Watts Hill Sr. ■■■ **Colonial Park in Historic Edenton** has been named a member of the **National Underground Railroad Network to Freedom Trail**. The National Park Service established The Freedom Trail to tell the story of resistance, through escape and flight, to slavery in the US. As a member of the Network, Edenton has become stewards of all that the Trail represents. ■■■ **For ENC** in partnership with **Our Heritage Preserved** is offering Eastern North Carolina property owners **free demolition of unsightly and dangerous structures** that decrease property values and inhibit economic development. To learn more about the demolition project, contact For ENC at 252-756-0176. ■■■ **A Sally Ride Community Science Festival for Girls**, a weekend event with booths, exhibits, food, music and workshops by female professionals, will be held at **NC State University**, Raleigh, on Oct. 10. The festival is part of a program founded by astronaut Sally Ride to support young women who are interested in science, math and technology. For details and online registration, go to [www.SallyRideFestivals.com](http://www.SallyRideFestivals.com). ■■■ An 11-member committee, chaired by the **Rev. Charles M. Smith**, a member of the Duke Board of Trustees, has been appointed to search for the next Duke University minister. **William H. Willimon** stepped down from the Duke position on Aug. 31 to assume leadership of the North Alabama Conference of the United

Methodist Church as a newly elected bishop. ■■■ **Black River Nature Cruises** aboard the *Captain J.N. Maffitt* will depart at 10 a.m. from the Battleship *North Carolina* dock in Wilmington on Oct. 20 and Nov. 3. The four-hour cruise includes narrated plant and wildlife interpretation by a representative of Audubon North Carolina. For reservations call Cape Fear Riverboats Inc. at 1-800-676-0162 or visit [www.cfrboats.com](http://www.cfrboats.com). ■■■ The **National Centers for Disease Control and Prevention** has renewed funding for the **NC Center for Health Preparedness** at UNC Chapel Hill. The \$5.6 million will enable the center to expand educational programming for public health professionals. Also, the institute has been allocated \$1.1 million from the NC General Assembly to coordinate development of public health incubators. ■■■ Henderson, NC, resident **Ray Griffin** earned **\$8539** as winner of the two-day, season-ending **Wal-Mart Bass Fishing League** Piedmont Division Super Tournament on **Kerr Lake**. His two-day total of 26 pounds, 1 ounce topped 168 fellow competitors in the Boater Division. ■■■ The **International Bluegrass Music Association** has announced that MerleFest is one of three nominees for **Event of the Year** at the **15th Annual International Bluegrass Music Awards**. Awards will be presented in Louisville, KY, on October 7. ■■■ A new Web site celebrates **Arts Education in North Carolina**. The site ([www.artsclasses.net](http://www.artsclasses.net)) is a directory of currently offered classes in the arts and creativity, anywhere in the state. Schools, individual artists and other course sponsors may list classes for up to six months online. ■■■ **James David Barber**, a retired Duke University political science professor who achieved national acclaim as a presidential scholar and author, died recently at his Durham home. He was 74. Barber rose to fame in 1972 with his book, *The Presidential Character: Predicting Performance in the White House*. ■■■ **Irving T. Diamond**, a retired **James B. Duke Professor of Psychology at Duke University** and a leading researcher in human and animal sensory systems, also died recently at his Durham home. He was 81. Named to the **National Academy of Sciences** in 1982, Diamond also directed the neurobiology program at Duke and was a professor of physiology. ■■■ **Faculty members** at UNC-Chapel Hill have established the first **Latina/o minor** at a university in the Southeast. The move comes in recognition of the rapidly growing number of citizens who came here from Latin American countries, according to **Dr. María DeGuzmán**, director of Latina/o studies in the College of Arts and Sciences. ■■■ On October 6, the **Chapel Hill/Carrboro Alumnae Chapter of Alpha Kappa Alpha Sorority Inc.** will host **Bowl for the Cure**, a bowling tournament to raise money for the **Susan G. Komen Breast Cancer Foundation**. Teams were asked to raise an entry fee of \$300 to fund breast cancer research. ■■■ The **NC Arts Council** is looking for **artists to apply for fellowships**. The fellowship program, which alternates disciplines from year to year, is accepting applications from composers, playwrights, screenwriters, songwriters and writers. Application deadline is Monday, Nov. 1. ■■■ The Triangle/Eastern NC Chapter of the **Juvenile Diabetes Research Foundation International** will hold a **Walk to Cure Diabetes** on Saturday, Oct. 30, at **Nortel Networks in RTP** to help raise funds for diabetes research. ■■■ **Raleigh Little Theatre's annual yard sale** is back just in time for Halloween! Browsers can find Halloween costumes or vintage clothing at this annual fall event. The sale is scheduled for Saturday, Oct. 9, 8 a.m. until noon, outdoors in the **theatre's parking lot** at 301 Pogue Street, Raleigh. ■■■ The final version of the **Durham Cultural Master Plan** was presented to the public recently. The full plan is available at the Web site: [www.durhamculturalmasterplan.org](http://www.durhamculturalmasterplan.org). Bound copies are also available at the County and City Clerks' offices and a review copy at the front desk of the Durham Arts Council. ■■■ Perpetua Interactive and Terenzi Interactive Media Design have merged into **Springboard Design Group**, a graphic design and brand communications company based in the Research Triangle. Ben Woodward and Lenny Terenzi are directors of Springboard, which is located at 1002 Old Raleigh Road, Apex. For information, call 919-363-9975 or visit [www.springboarddesigngroup.com](http://www.springboarddesigngroup.com).

## Metro INDEX

|   |
|---|
| Ratio of North Carolinians without health insurance: <b>One-in-five</b>                             |
| Increase in the number of North Carolinians without health insurance since 2003: <b>114,000</b>     |
| Median hourly income in Virginia: <b>\$14.55</b>  |
| Median hourly rate in Georgia: <b>\$13.45</b>   |
| Median hourly rate in North Carolina: <b>\$12.48</b>  |
| Median household income in the Triangle in 2000: <b>\$50,000</b>                                    |
| Median household income in the Triangle in 2004: <b>\$47,000</b>                                    |
| Yearly average salary for a North Carolina car salesman: <b>\$41,000</b>                            |
| Yearly average salary for a North Carolina florist: <b>\$14,508</b>                                 |
| Percentage of retail workers in North Carolina who quit voluntarily last year: <b>29 percent</b>    |
| Total turnover in the retail industry last year: <b>49 percent</b>                                  |
| Percent wage rise in North Carolina over the past five years: <b>13.9 percent</b>                   |
| Percentage of manufacturing jobs lost in North Carolina over the past five years: <b>22 percent</b> |



# My Usual Charming Self

by Bernie Reeves



## KERRY-RATHER DOUBLEHEADER

**C**ross your fingers and gaze heavenward. It appears super novas John Kerry and Dan Rather are imploding into black holes. By election time they will be tiny pulsars barely audible with even the most sensitive listening devices. They and their cohorts will live out eternity in a parallel universe where they belong. Both men are products of a doctrine of propaganda, willing to use any means to achieve their goals. Both are shameless in their distortion of the facts. How did we come to elevating these two in our national constellation?

The political environment in which they rose to prominence was influenced by the star that rose in the East over Moscow in 1917 that shone a malevolent light exhorting wise men to fall on their knees and worship the intellectually provocative and pleasing religion of world socialism. In this cosmology, borders between nations are lifted, workers own the means of production, private property is forfeited and the concept of the individual is subsumed to the glory of the state.

The Bolshevik Revolution, people forget, was not just Russian. It was an international movement from the onset. The Comintern apparat was established in 1929 to achieve the goal of a world in which democratic nation states would become a part of the Soviet Socialist Republic. The KGB, as it became called, was actually an extension of the global mission, its agents the Jesuits of the socialist-communist political religion who spread lies and propaganda to discredit national leaders in the West. This evangelical mission gained adherents in Europe and the United States. Some of the converts did it for idealistic reasons; others were paid by the Soviets. To succeed, the Comintern had to bring down its rival for the hearts and souls of mankind, the United States. And that goal was what active measures propaganda was all about: America was depicted

as imperialistic and racist and must be brought down so the Utopia of the world socialist revolution could succeed.

The recent revelations of KGB and GRU infiltration in the Franklin Roosevelt administrations in the 1930s and '40s demonstrate this vividly. Some American-Soviet agents were paid and others were simply dupes, but their mission was clear. Sadly, the communist religion appealed to those certain types then as it does today. And converts then and now are often so zealous in their righteous embrace of quasi-utopian ideals they cannot discern that their activities against their own country are treasonous. They sincerely believe they are patriots for desiring the demise of nationhood, capitalism and the rights of the individual.

What is surprising is that these disciples are often intellectuals, yet they were able to deceive themselves into looking the other way when it was obvious that the Holy City of Moscow was actually a façade for socialist principles. In the Kremlin, demonic and murderous sub-humans either executed their detractors or sent them to prison camps and insane asylums for having differing views—or for no reason at all. The country that represented the glittering goals of communism was actually an abattoir that was responsible directly and indirectly for the deaths of 100 million people in its nearly 70-year reign.

### THE CAMPUS REVOLUTION

During the 1950s and the heating up of the Cold War, the idealism of the world socialists cooled, but Comintern propaganda found fertile soil on college campuses in the 1960s and '70s where activist groups suddenly sprung from the ground with an aggressive anti-American message. Of course, Vietnam became the major issue, but civil rights, unionization of workers, the feminist and free sex movements, the American Indian

movement, nuclear freeze initiatives (we disarm and the Soviets will too), the rise of “deep” environmentalists (capitalism and cars are killing us), the reduction of public school education to a “self-esteem” agenda, the ridiculous campaign to change the names of sports teams thought to be hurtful to ethnic groups and animals—all that was cooked up during the era.

Did the Movement, as it was called by its adherents, happen as a spontaneous expression of pent-up concerns? Not actually. The KGB Jesuits were working the crowds, recruiting agents and generally stirring up the pot. Former KGB Major General Oleg Kalugin told me personally that the KGB was “involved” with the Students for a Democratic Society, the well-funded anti-American activist group that organized students and arranged demonstrations against the Vietnam War. The upshot is that a generation of Americans were politicized against their country by a foreign agency.

By the 1980s, the activists who remained on campus and pursued careers in academe began trying to change history to fit their views by destroying traditional scholarship in the name of the proletariat. Off with their heads they screamed in faculty meetings, referring to the so-called “greats” of the past, normally studied and often admired, who were now deemed guilty of exploitation of the masses. After all, the leaders of the world were predominantly white European males who represented chauvinism, racism and homophobia that had to be eradicated from the curriculum—and society. In their place, and after the “greats”: have been criminalized, scholarship is to focus on the lives of the peasants and the “unempowered.” The canon of Western civilization must go, and with it, sadly, rationality and truth.

This ongoing campus warfare was not on the public mind as it waged fiercely in faculty



lounges and departmental meetings. By the end of the 1980s, after an almost complete victory on campus, the agenda of the radical scholars seeped into society. Now everyone knows about "politically correct" behavior, speech codes, multiculturalism, disrespect for ideals of liberty and the attendant suspension of logical thinking required to believe in these policies.

Even after the collapse of the Soviet Union, these bizarre politicized doctrines remain steadfastly in place. As do John Kerry and Dan Rather.

### FELLOW TRAVELERS

Kerry was actually a participant in the trashing of American values as a member of the card-carrying Left, his Vietnam Veterans Against the War in effect a Popular Front puppet organization. His speech to the Senate Foreign Relations Committee was a recitation of Soviet anti-American propaganda. His visits to the Paris peace talks, where he undermined US policy on behalf of his Soviet comrades who actually ran and supplied the war, bordered on treason and sedition. John Kerry was a "useful idiot" of rare quality, a product of the era and a real catch for Moscow—whether he knew it or not. He faithfully continued his anti-American stance in the US Senate beginning in 1984. He was against any proposal that threatened the Soviets, almost every weapons expenditure, and favored the Soviet-backed Sandinista communist regime in Nicaragua. He even actively supported a unilateral nuclear freeze. He has continued his hapless anti-American stance in his presidential campaign by undermining the morale of our armed services and calling for appeasement in place of the commitments the US has made around the globe. His defeat in November could, at long last, end the grip of the Soviet-inspired Left on American politics.

### DAN THE MAN

Dan Rather made his name covering the JFK assassination in Dallas in 1963 for the local CBS affiliate. He made his way to the Evening News anchor position replacing Walter Cronkite while scrambling over the back of Roger Mudd, the heir apparent. At least Mudd can chortle, "I told you so," now that Rather has destroyed his own reputation and stained the once venerable CBS news division by using - and then defending - the use of forged documents in an effort to affect the outcome of a Presidential election. The

fall of Dan Rather is actually more satisfying than the coming demise of John Kerry and his agenda. Media stars, such as Rather, long ago abandoned the ethics and professionalism of journalism to force their own warped and dangerous political beliefs on the public. They have poisoned the one thing the founding fathers knew could make this Republic work—a free press. The major networks and the *New York Times* and the *Washington Post*—to name the obvious culprits—have been getting away with this since the 1970s. Only now are they caught and made to confess their crimes.

### THE POST-MODERN AGENDA

The elevation of race and gender and sexual preference has become the doctrines that dictate news coverage. This is accompanied by an outright contempt for factual history, borrowed directly from the post-modern deconstructionist radical scholars on campus. From the Janet Cooke scandal at the *Washington Post* in 1981 to the Jayson Blair disaster at the *New York Times* in 2004, the little chickens were coming home to roost. But nothing happened. New reporters are still chosen for their sensitivity to race and gender. Until Rathergate, coverage maintained a decidedly anti-American taint. It is just assumed in the newsrooms in New York and DC that the US is just what Soviet propaganda said it was: racist, imperialistic and chauvinistic and the news moves on from that premise.

Thus the current scandal at CBS is nothing new for those who follow the media. It's actually the formula of the New Left journalists. If you know your cause is just, the facts don't matter. It is the ends that justify the means and who's to know? Rather was actually, to him, doing his job ("in good faith" he said). So did Janet Cooke and so has the majority of news people since. Journalism programs, so close to the campus radicals, are politicized more than any other on campus. If you want to work for the big papers or networks, be sure to be "sensitive," express a knowing disdain for America and you are on your way.

PJ O'Rourke, the wittiest of our political pundits, who has pointed out many times the sad state of American journalism today, mentioned a quote recently from writer Charles McCarry that sums up the connection between active measures and the gullible left-wing media types: "In late 20th-century Washington, a certain politicized segment of the news media exercised many

of the functions belonging to the secret police in totalitarian countries." Dan Rather was one of these.

### THEIR FINEST HOUR

Just as America always seems to produce the right man most of the time in moments of crisis, our basic principles reasserted themselves with the latest heroes of a free press, the "Bloggers" (slang for Web Log), the new breed of journalists, the pamphleteers who caught Rather faking documents and then lying about their authenticity. The ritual secrets of news making by CBS were exposed; no longer can they be smug that no matter what they put on the air, it flies as news.

And it was Bloggers who are exposing John Kerry's true character. Happily, going down with him is the age of Marxist agendas and the dominance of the activist Left in party politics. And after Dan Rather's humiliation, our laughable mass media operatives are exposed and cannot continue to cook up stories and deny the facts to sell an agenda. The Bloggers, the rise of Fox News, and even the pompous and bombastic Rush Limbaugh, like them or not, have caused a revolution. Already there are whimpers from the usual suspects, national and local, stating they plan to be more careful after Rathergate. Let's be sure they are.


### NOTES FROM LA-LA LAND

My favorite nutty fall-out from l'affaire Dan Rather was the reaction by the demented Terry McAuliffe of the Democratic National Committee blaming Bush advisor Karl Rove for setting up CBS to embarrass the network. This is in step with his other rants since he became the self-appointed political commander for the Democrats. He declared electoral war in Florida in 2000 and hasn't rested his musket since. He is the unwitting Pied Piper whose hard Left antics are leading the Democrats to annihilation.

...

Four Raleigh city buses converged at one intersection... they were empty. If people don't use our current mass transit system, why is it believed they will ride a train?

...

Colorado is voting on a proposition to allow electoral votes to be split by the outcome of the popular vote for President. This is a bad idea. The Electoral College was created by the founders to offset the mass hysteria and mob rule that can result from direct popular elections. The wild, wild West... 



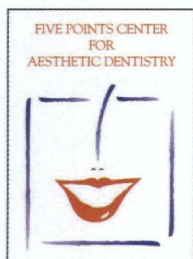
## EXTREME MAKEOVERS... We Do Them Every Day



**A beautiful smile** is one that is both healthy and attractive. It can be considered the ultimate essential. Today there is technology to solve just about any smile problem. But, to create a smile that is both healthy, attractive and long-lasting, it takes more than just technology.

What is missing? An Accredited Member of the American Academy of Cosmetic Dentistry, **Steven B. Andreus, DDS** and the **Five Points Center for Aesthetic Dentistry**. Dr. Andreus brings the eye of a skilled artist and experience of a journeyman to the field of aesthetic and restorative dentistry. He is the *only* dentist in the Triangle to be accredited by the American Academy of Cosmetic Dentistry (AACD), and one of less than 240 accredited cosmetic dentists in the world. Dr. Andreus and his staff use the latest technology and treatment, while offering every convenience to assure you that your visits with his office are pleasant, unhurried and comfortable.

A beautiful smile is the first thing people notice. If you have always wanted an incredible smile that you can't stop showing others, call the Five Points Center for Aesthetic Dentistry. Allow us to show you how enhancing your smile can help give you the confidence to laugh, talk, and feel great about yourself.



**Dr. Steven B. Andreus, DDS**  
1637 Glenwood Avenue  
Raleigh, NC 27608  
(919) 546-9011  
[www.drandreus.com](http://www.drandreus.com)  
[www.smiledoctor.tv](http://www.smiledoctor.tv)

### You deserve it.

Call us or visit our website to request a free information brochure, and consider scheduling a smile analysis today!

Finances are no longer a barrier to a beautiful smile. 0% financing is now available to qualified patients.





# A Fitness Revolution.

**"The Fitness Palace"**

*– Raleigh News & Observer*

**"Voted #1 Club in the Triangle"**

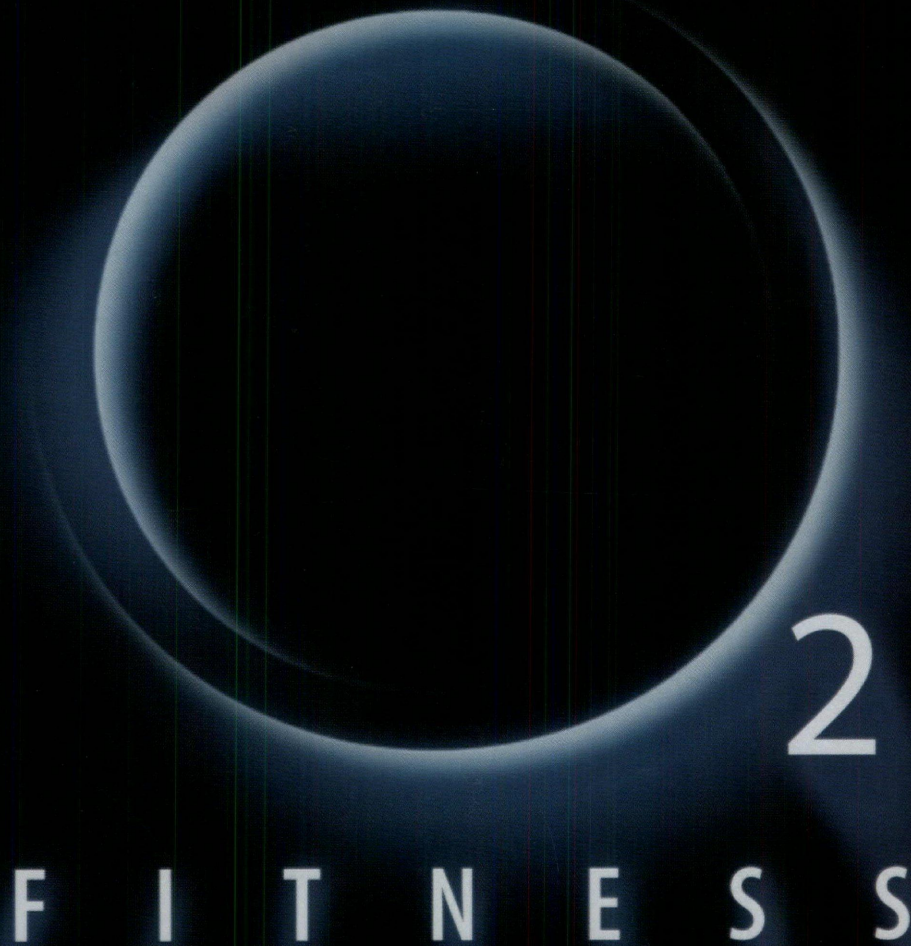
*– CitySearch & Metro Magazine*

**"The Fitness Center of the Future"**

*– ABC News*

**"The Up-Market Health and Fitness Concept"**

*– Health Club Management Magazine, UK*



**WWW.O2FITNESSCLUBS.COM • 1.886.O2FITNESS (1.866.623.4863)**

**Raleigh • Cary • Chapel Hill • Wilmington**