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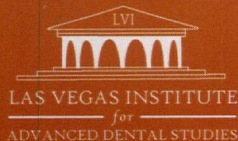
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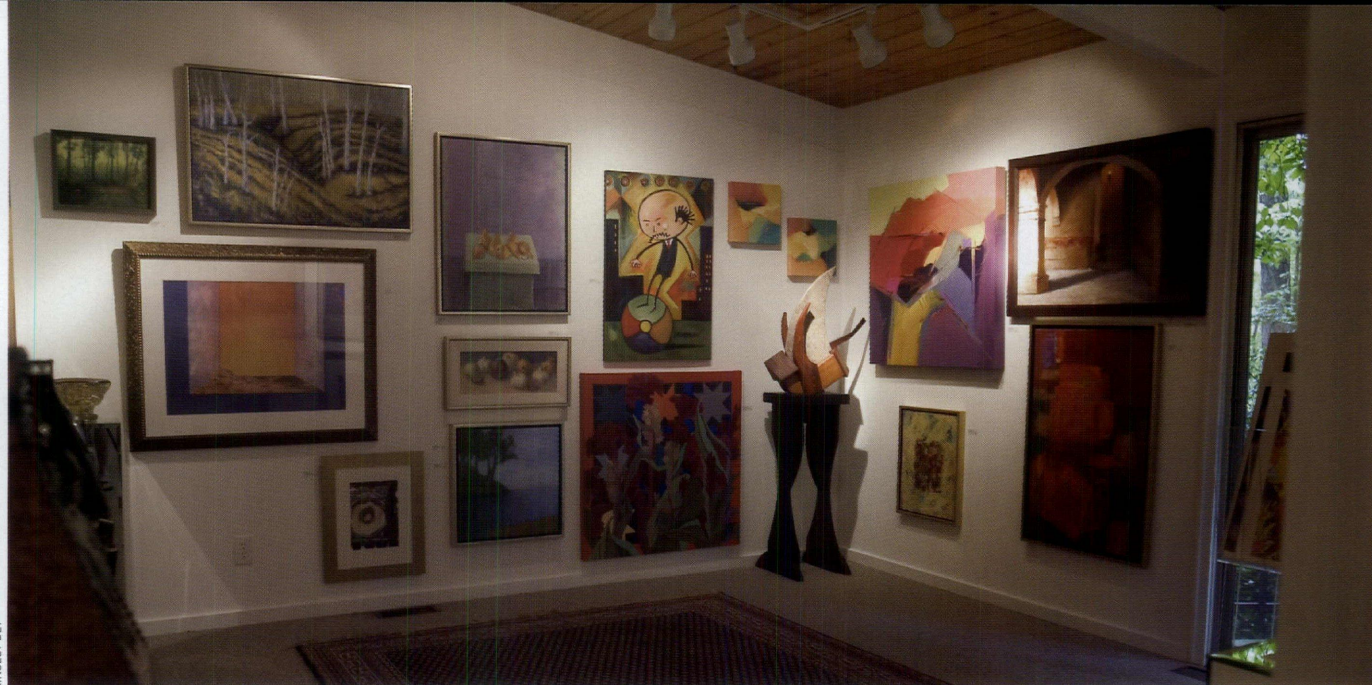
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## FALL IS FINALLY HERE

**G**ood God, it's fall already, the "season" in these parts when football games and debutantes, cultural activities and concerts, politics and corporate agendas, dove hunting and ocean fishing—to name a few—get going in earnest. And this issue of *Metro* is the perfect guide for the whitewater ride through Christmas when the calm cold waters of January settle us back down.

First, how about Saks Fifth Avenue opening in Raleigh as a kick-start for fall fashion? Manager Mohammed Ali (yes, that's right) convinced his New York bosses that the Triangle and the East were deserving of a better grade store than originally planned and it's opening next week in Triangle Town Center. Meanwhile, our Raleigh-girl-in-New-York Molly Fulghum-Heintz lays out the highlights of autumn couture for the fashion-conscious in a special edition of *MetroStyle*.

I've known Dick Bell since he launched his famous Water Garden project on Highway 70 West out of Raleigh when the most numerous fauna living out there were gray squirrels and copperheads. Now the City is overtaking him and he decided to re-open the seminal art gallery he and wife Mary Jo created in the 1970s. But Dick Bell is better known as the leading landscape architect in the region. His projects and his aspirations are a saga that Design Editor Diane Lea captures perfectly in her piece on this "Renaissance Man."

Jim Leutze and I figured we would run his column probably every other month but there is too much to say about the future of our Eastern region so he is back with an important analysis of the state of things, to make a pun, aptly entitled "Two North Carolinas." Must reading indeed, as is Arch T. Allen's analysis of political correctness and George Leef's revealing review of the book that has legal scholars jumping. Fiction Editor Art Taylor trumpets the tidal wave of fall books and resident sage Carroll Leggett reminds us that a gentleman is not an extinct species.

It's hard to pick a favorite piece in any edition of *Metro*, but Wine Editor Barbara Ensrud's analysis of and observations of the wine scene in North Carolina impressed me indeed. I had no idea we had

evolved into a major wine region with top-flight product, charming vineyards and an international reputation. Amazing, really.

But I was equally pleased to know that the art of photography is on the rise around here, as Louis St. Lewis discovers in observing the curatorial role of Chapel Hill's Ann Stewart. Gourmet editor Moreton Neal wends her way to Southern Pines to partake of the culinary delights of Chef Warren; Fred Benton keeps his ear to the ground for the latest in restaurant and food news; and we introduce our monthly Dining Guide in this issue; Philip Van Vleck once again uncovers musical accomplishments right under our noses; Frances Smith organizes a full slate of fall activities in *MetroPreview*; Patrik Jonsson comes up with useful facts in *MetroIndex* and *SOS* and *Eyes Only* are brimming with a potpourri of tasty tidbits about people making news in the community.

Hold on: there's more. We introduce Jennifer Julian this issue, the former "troubleshooter" for WTVD-TV who will respond to your frustrations while transacting life in today's abusive environment created by rude clerks, computer geeks, unethical vendors—from cell-phone providers to credit card companies—and the rest. Life is now an ordeal and Jennifer is here to help.

And don't forget getting married. Fall has become a popular season for nuptials and Fred Benton is on the job with ideas for a dream wedding as well as an interview with Southern grande dame Mirabelle Rich recalling proper behavior for ladies and gentlemen.

The October issue is already percolating. We present our first annual Social Calendar, featuring a complete listing of charity balls and events; our second installment of golf in the kingdom; an election preview; another quarterly Medical Report and coverage of the second Raleigh International Spy Conference: "Spies, Lies and Deception: From Pearl Harbor Through the Age of Terrorism."

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—Bernie Reeves, *Editor & Publisher*





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# Correspondence

## ODOROUS ERROR

I am the owner of Bond No. 9 New York and I would like to correct the error made by Molly Fulghum Heintz in her Style column entitled: "Spritz With Caution: Perfume Running in the Streets of City" in the June 2004 issue of *Metro Magazine*. Creed is a line of fragrances we used to import and sell in our stores, with books, teas, perfume bottles and now Bond No. 9 fragrances. Creed never had any stores of their own in the US.

I, Laurice Rahme, never worked for Creed and was never the CEO, as I own my company, Laurice & Co., and never took over the existing Creed boutiques. I am liquidating Creed inventory at 50 percent off because it was being distributed by Creed Paris at 70 percent off.

There's no in-house revolution here in our stores. I have owned them for the past five years and all is fine.

We are catering to the very upscale market with Bond No. 9 and we are very happy to give each of New York City's neighborhoods its own scent.

Thank you for informing your readers of the error.

*Laurice Rahme, Owner, Bond No. 9  
New York City*

## CAPTURING THE SPIRIT OF HOSPICE

Congratulations to Rick Smith and Patricia Staino for their excellent piece on Hospice of Wake County and Approaching Death with Dignity. As a Hospice volunteer and a former Board Member, I found you not only captured

the spirit of Hospice of Wake County but the very real contribution the organization makes to our area. Thank you very much for your thorough piece, which I am sure will go a long way in giving the people of Wake County and the surrounding communities a much better understanding of hospice care and the dedication of the staff and volunteers of HOWC. Thank you very much for your obviously sincere interest in our efforts.

*David Wolf  
Raleigh*

## THANKS FOR HOSPICE RECOGNITION

I just saw the fabulous recognition you provided for Hospice of Wake County.

Then I saw Ned Yellig at lunch. He said there have been a number of new referrals since people saw the article.

You understand that it is a contribution that is truly invaluable—you have affected their lives and those of their families, as well as helping protect the viability of Hospice of Wake County.

You realize that HOWC now operates in a competitive environment. We know we are not only the oldest but the best in every way—viewing patient and family care as the priority. I was glad you included the fact that we accept, as we always have, patients who cannot pay for services. They and their family have no less need, and perhaps more.

There will never be enough words of gratitude for your anniversary gift to us. Many thanks and cheers to *Metro*!

*Theresa Rosenberg  
Raleigh*

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## CORRECTIONS

Please correct an ownership error in "Tarboro: the Little Town That Did," June 2004 issue of *Metro*. Lila Bruce Mobley and her brother, Jack, owned Mobley's on Main St., not Brian's (a pharmacy).

*Rebekah Taylor  
Tarboro*

## KUDOS FOR CARROLL LEGGETT

Carroll Leggett is the greatest thing going right now. He should be a regular guest on 20/20 or something. Or have a weekly TV show on PBS.

He's SO funny. Yet, the darker message is always there: our culture IS culture—and it is ENDANGERED.

Hey: shouldn't we be getting government funds?!

*Susan Taylor Block  
Wilmington*

## NATURAL VOICE OR PERSONA?

To *Metro's* Carroll Leggett:

Just read your August column, "Advice for Folks Who Ain't From Here."

Is this your natural voice or a writing voice that you've developed over your lifetime? It's d— good, with a natural rhythm and cadence.

I'm still trying to develop my voice. I need to start writing the way I want people to hear me instead of the way I think they want me to sound.

*Patrick Swords  
Washington, DC*

## COASTAL RENOURISHMENT ALSO CAUSES PROBLEMS

While Dr. Leutze is correct on the economic importance of maintaining our shorelines (Double Whammy Hitting NC Coast, *Metro*, August 2004), he seems to be uninformed of the true costs of constant dredging and renourishment projects.

The term beach "nourishment," carefully chosen to sound healthy, is really a starvation diet. The research and empirical data continues to demonstrate its environmental damage to coastal ecosystems as well as its leading to increased erosion. The dredging of inlets and offshore shoals for sand fill increases onshore erosion according to the EU's 2004 "Guide to Coastal Erosion Management." It

further states this causes sediment starvation and hydraulic changes inducing even more erosion. Our own reports, including those of the Corps, bear this out. In 2000, a research abstract for the Minerals Management Service stated, "When a shoal is flattened (by dredging), the degree of wave energy concentration is likely to be reduced, resulting in greater wave energies hitting the coastal area. This may result in increased coastal erosion or unwanted, detrimental changes in long shore or near shore current patterns. Significant coastal impacts could also be expected during storm events in that increased wave energies which might have been somewhat dissipated by the presence of the shoal would now impact the coastal area with greater forces." Research done by the NC Geological Society and the University of Arkansas off Pea Island in 2000 directly related offshore shoal topography to erosion hot spots. Up to three miles offshore (the farthest area studied), the shoal topography still effected onshore erosion. Shoals much nearer to shore are the major sand source for nourishment mining and, consequently, can have a more direct impact.

Man-made erosion is a fact. From dams, to the ever-deeper dredging of channels and inlets, to offshore strip-mining of shoals for sand fill, to sea level rise from global warming, we are the cause of much of this accelerating problem. While onshore over-development is a problem, it does not directly cause more erosion. It is what we do in the water that causes the problems. Only when we apply traditionally engineered shore protection (groins, seawalls, jetties, etc.) to protect these does this development directly impact erosion trends—and these are upward.

Erosion rates have accelerated over the last 10 years in NC even as NC officially embraces Dr. Pilkey's irrational suppositions that erosion is natural and retreat is a viable environmental option. As in reality, much of this erosion is man made, we must mitigate this as we would any other man-made environmental problem. Applying methods we know—especially by the so called experts in the Corps, coastal consultant and dredging industries—to be counterproductive, only enriches these groups while impoverishing our coastal ecosystems and the taxpayer.

We are talking about habitat, not real estate. We are also losing habitat at accelerat-

ing rates. Even our coastal fresh-water supplies are now at risk. This can only lead to catastrophic collapse of our coastal systems as is happening in Louisiana, our coastal canary. More traditional coastal industries linked to sea-life—fishing, shrimping, crabbing, etc.—are likely to suffer as our coastal estuaries, such as the Pamlico Sound, continue to be over-washed by sea water destroying the fragile saline balance needed for such sea-life nurseries. Thanks to the recent super-deep dredging for the Wilmington harbor and channel, salt water now projects almost twice as far—20 miles—inland than it did a few years ago. If we lose the Outer Banks, the Pamlico Sound becomes the high energy Pamlico Bay and we have lost the second largest estuary system in the US. The constant dredging of the Oregon Inlet, other inlets, ferry crossings, the Intracoastal Waterway and previous nourishments induces further erosion both to the ocean and sound sides of barrier islands. This is not nature taking its course, this is murder by a thousand cuts. Yet, coastal real estate is a vital economic activity for our coastal communities. We have to acknowledge the great importance real estate and tourism are to our coastal economies and that this is based on having wide, safe beaches

The dredging lobbyist Howard Marlowe, his coastal consultant associates and such aligned dredging lobbying groups as his American Shore and Beach Preservation Association (and its many linked groups) prey on these desperate communities. These groups seem to control our coastal policies and practices even though dredging actually causes more erosion and other cumulative damage to our coastal environments. These groups' overly close relationship with the Corps has made it the chief agent of erosion on our shorelines.

The successful promotion of beach nourishment in Florida means many of its areas are now literally out of sand. Broward County is now experimenting with ground glass as beach fill, having exhausted its available offshore sand sources. Its beach manager, by the way, is Steve Higgins, a board member of the American Shore and Beach Preservation Association (ASBPA), the major beach nourishment lobbying group. This should make us all wary of promises by the Corps of 50-year nourishment programs.



There are also health risks in dumping dredged sediments onto beaches. In 2001, the Office of Naval Research warned of dredging tainted sediments because, "In harbors, waterfronts and shorelines around the world, sediments that have been contaminated by even small amounts of oil, chemicals or other pollutants may pose a risk to humans and to natural ecosystems." Even so, these are often promoted as beach fill by the Corps through its desperate attempts to insure the success of its "beneficial use" disposal methods. In 2000, the Corps sought to dump dredgings tainted with asbestos and other industrial wastes from the Waukegan Harbor onto Illinois Beach State Park as "renourishment" to dispose of these while fulfilling its requirement to mitigate erosion it caused by its other channel dredging.

The grinding of the sand itself as it moves through the dredger and piping produces silt, a pollutant in itself. These finds smother reefs and other seabed and near-shore habitats. This also helps deplete the very resource being mined.

Another characteristic often found on recently renourished beaches: rip currents. These potentially deadly (several people drowned near Pensacola, FL, this past year) currents form as the steep profile of the unnatural beach is moved into troughs along the near shore. One lifeguard in Savannah says they know after each nourishment to expect this.

We are losing our shorelines and the coastal resources these protect. Almost all of this lost is directly attributable to man. We can help mitigate this damage with methods proven to be sustainable and environmentally sound. Unfortunately for our coastlines and our taxpayers, beach nourishment is not one of these.

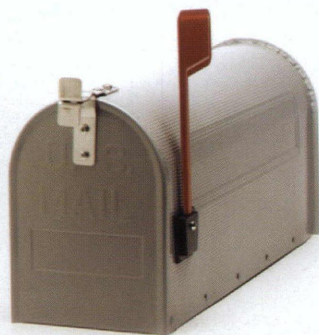
Jerry Berne  
Charlotte

(Sustainable Shorelines, Inc: [www.sustainable-shorelines.org](http://www.sustainable-shorelines.org))

#### NOTE:

*Sustainable Shorelines is a nonprofit corporation dedicated to documenting current environmental events on our shorelines, identifying and seeking to change those coastal policies and practices which are harmful and advocating protecting our coastal habitats and the ecosystems these support with methods proven to be environmentally sound and sustainable.*

## What's in YOUR Mailbox?



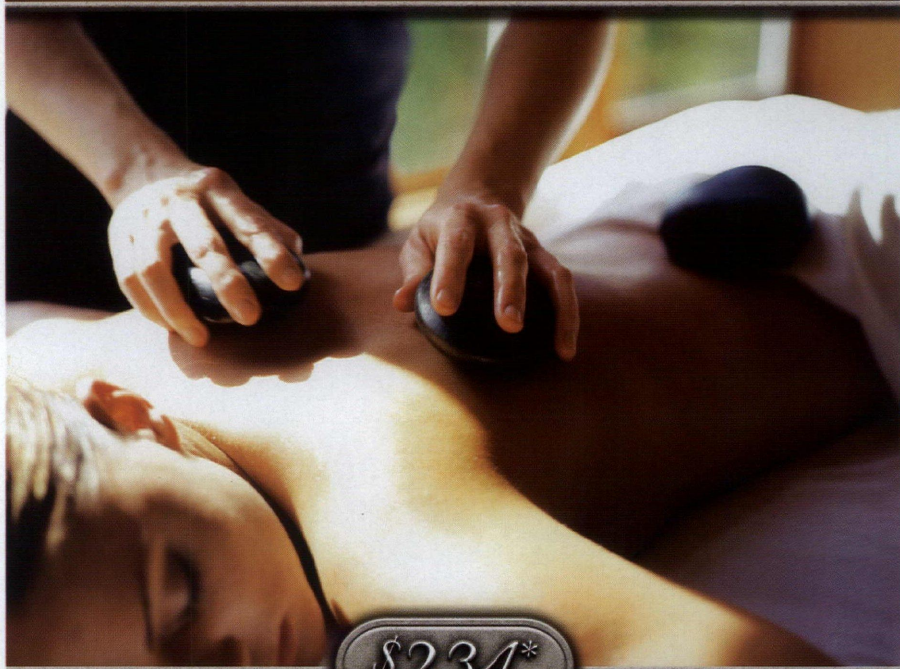
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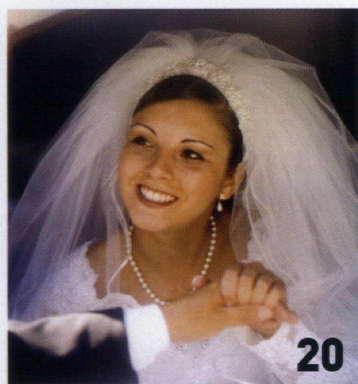


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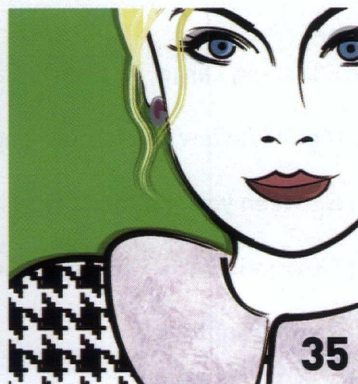


Landscape architect Richard Bell worked on the master plan and site improvements, including bridges, for Pullen Park.

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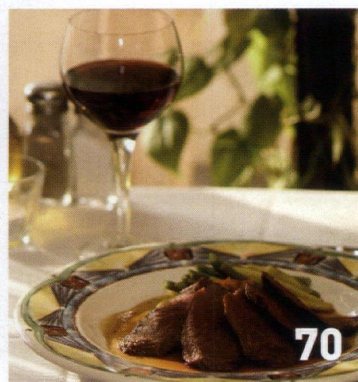
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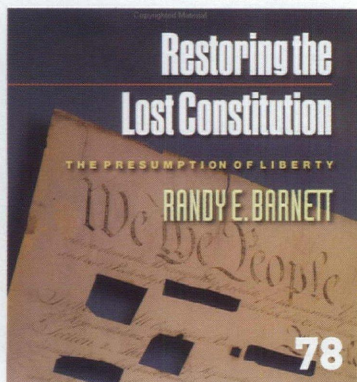
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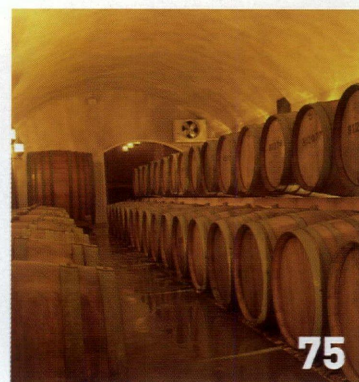
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Scott Sawyer is one of the most versatile guitarists in North Carolina. A well-known figure among Triangle jazz fans, but Sawyer's equally adept at rock, blues, R&B and funk.

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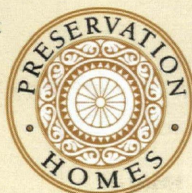
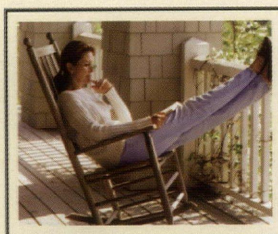




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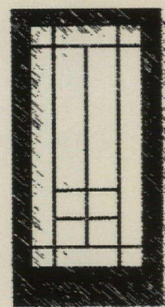
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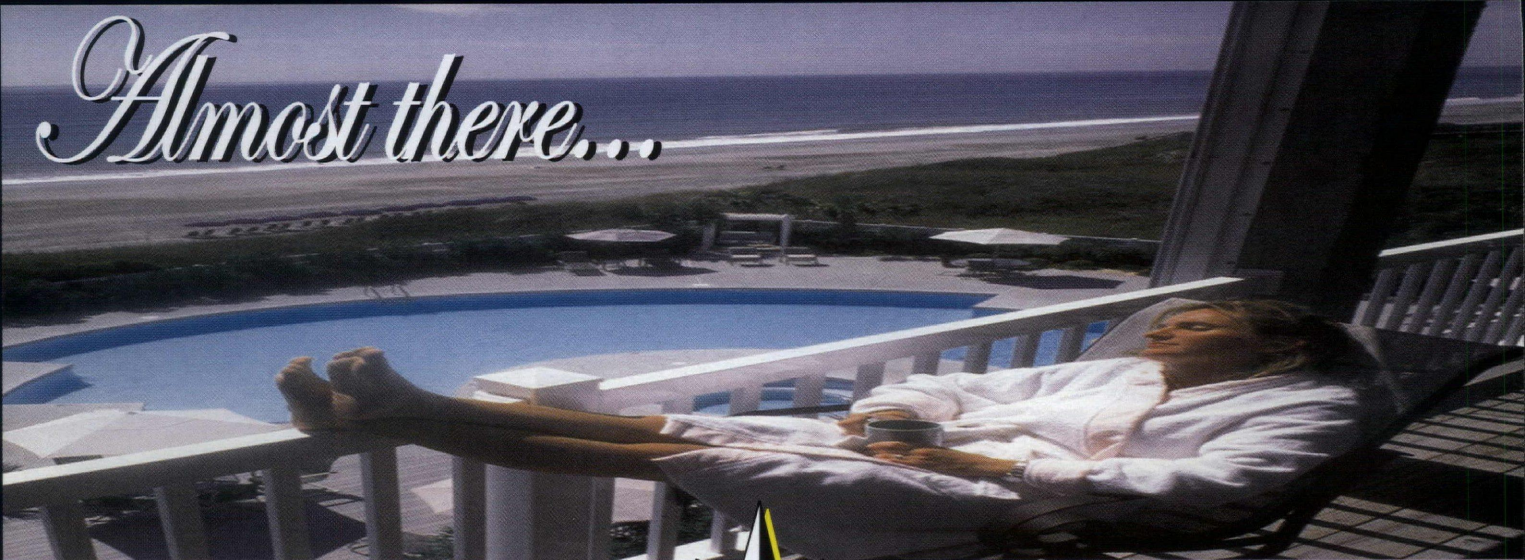
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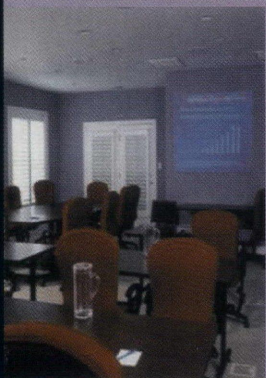
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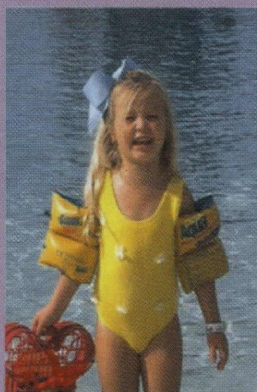
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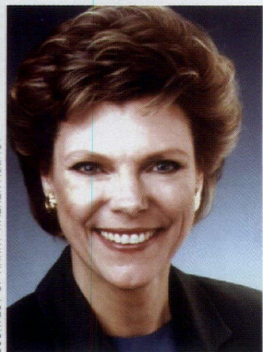
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# SECRETS OF STATE

## Saint Mary's School in Raleigh Celebrates Women in Politics

Cokie Roberts, a senior political analyst for ABC News and National Public Radio, will be the headliner on October 14 for Saint Mary's School's celebration of women in politics. "Election 2004: A Woman's Perspective Past and Present" will focus on women's participation in politics throughout the history of the United States—from the women's suffrage movement and the passage of the 19th Amendment to the current election year.



COURTESY OF HARRY WALKER AGENCY  
Veteran political journalist Cokie Roberts will be the keynote speaker at an October celebration of women in politics at Saint Mary's School, Raleigh

A highlight of the daylong educational



Paul Holmes (seated) is pictured on stage at the Guildhall School of Music & Drama in London recently after giving a lecture demonstration on his contemporary harmony method. He is shown with the internationally acclaimed pianist Murray Perahia, who sponsored his appearance. Holmes has been the house pianist at the Washington Duke Inn & Golf Club in Durham for over 15 years.



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event, also designed to be a non-partisan community effort to encourage voter participation, will be a re-enactment of the 1913 suffragette march in Washington beginning with an 11 a.m. rally at the Capitol, featuring North Carolina government officials.

The group will march along Hillsborough Street to the Saint Mary's School campus, where Roberts will answer questions about social, economic and foreign affairs issues. Roberts will be the keynote speaker that evening at a dinner for students, their parents and other members of the school community.

Roberts will sign copies of her latest best-selling book, *Founding Mothers*, at 3:15. The public is invited to attend.

#### Construction Firm Picked for Umstead Luxury Hotel Project

The Umstead, a luxury hotel being developed by Ann Goodnight, will be built by the Hunt Construction Group, based in Scottsdale, AZ. The Hunt Southeastern Regional Office in Tampa, FL, will provide construction management services for the 150-room hotel, which will include a spa, meeting rooms and restaurant. Construction

is set to start in October.

"We are excited about bringing in a world-class team to lead the construction of a world-class property," said Robert Schofield, managing director of The Umstead, in a statement announcing the decision. "With the selection of Hunt Construction Group we are set to begin construction in earnest and move ahead full-speed to bring this landmark hotel to completion."

The team selected for the Umstead Project built the Grande Lakes Orlando Resort in Orlando. It included a 600,820-square-foot, 587-room Ritz-Carlton Hotel on 15 floors; a JW Marriott totaling 787,579 square feet and 1000 rooms on 27 floors; a 40,000-square-foot "ultimate spa" facility, 456,261 square feet of convention space, an 18-hole Greg Norman designed golf course, a clubhouse, maintenance facilities, and surface parking, according to Hunt Construction Group.

#### Duke University to Host Palestine Conference

Duke University's office of student activities and facilities has approved the university as the site for the Palestine Solidarity Move-

ment conference October 15-17. The University knows it is dealing with a controversial subject and is pleading for cooperation.

"We hope this conference will provide an educational moment for our community by focusing attention on one of the most important issues of our time about which there are many conflicting opinions on our campus and across the world," said Senior Vice President John Burness in a statement.

Demands cited by the Palestine group on its web site ([www.palestineconference.com](http://www.palestineconference.com)) include: "The full decolonization of all Palestinian land, including settlements, which are illegal under international law; the end of the Israeli occupation of the Gaza Strip and West Bank, including East Jerusalem and all Arab lands; the recognition and implementation of the right of return and repatriation for all Palestinian refugees to their original homes and properties; and an end to the Israeli system of Apartheid and discrimination against the indigenous Palestinian population."

Jonathan Gerstl, executive director at the Freeman Center for Jewish Life at Duke, said rather than oppose the conference it was organizing a series of events with guest

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## NC Ducks Unlimited Will Hold SoundCARE Gala & Fundraiser

North Carolina Ducks Unlimited is initiating a major fundraising project this fall with a Gala kick-off event at the NC Museum of Natural Sciences, Raleigh, on September 17. Called Sound CARE (an acronym for Conservation, Agriculture, Resources and the Environment), the project has set a goal to protect, restore and enhance 64,000 acres of wetland habitat and breeding grounds in North Carolina over the next five years at a cost of \$22 million.



Over 50 percent (nearly 6 million acres) of North Carolina's original wetlands have been lost. This continuing loss of wetland habitat and the importance of breeding grounds to waterfowl that winter in North Carolina are key factors behind Sound CARE. Also important to the restoration of wetlands are Wildlife-related activities, which contribute over \$2.4 billion to the economy of the state.

North Carolina Ducks Unlimited, with over 18,000 members, has helped to conserve over 40,000 acres throughout the state with another 10,000 under development. Under Sound CARE, NCDU will partner with private landowners, corporations, foundations, non-profit organizations and agencies to complete habitat conservation projects.

For more information about Sound CARE, contact Lloyd Goode, State Chairman, NC Ducks Unlimited, 919-781-1919 or lloydgoode@hotmail.com.

speakers. "We support the University's commitment to freedom of expression," he told *Metro*.

Among the speakers invited by the Center are attorney Alan Dershowitz and Christian fundamentalist Gary Bauer. Gerstl told *Metro* that speakers must agree to support two criteria—that "violence against civilians at any level is unacceptable" and that they must accept "a two-state solution. Palestine has a right to exist. Israel has a right exist. From that point, we can have dialogue."

"Obviously, such discussions are controversial and have the potential to evoke strong responses from many sides," Burness said. However, the University said free speech trumps those concerns.

"The University's response is unambiguous: The Bill of Rights protects free speech, and universities in particular have an obligation to ensure that controversial opinions can be expressed freely and openly," Burness explained.

"Hosting such an event does not imply university endorsement for the views expressed, in this case by the Palestine Solidarity Movement. Rather, it reaffirms our commitment to academic freedom, a

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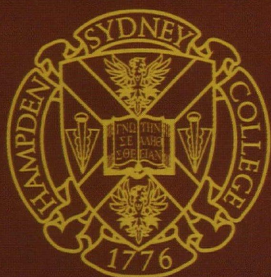
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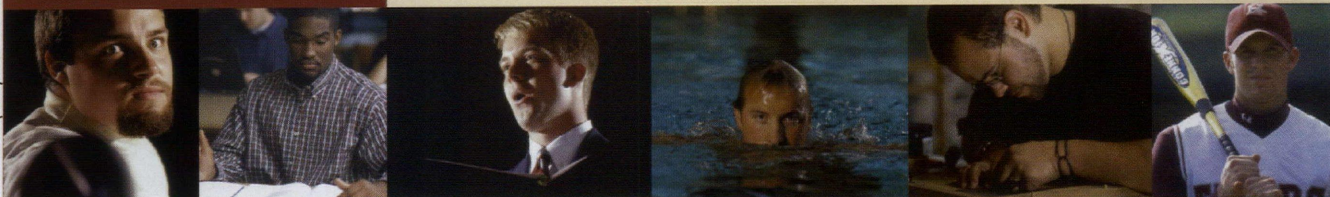
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core value embraced by President (Richard) Brodhead, our board of trustees and other leaders of our university."

Brodhead reinforced those views in his own statement: "I deplore the violence in the Middle East and the historic inability of the Israelis and the Palestinians to find a workable solution to their longstanding and awful conflict. But I truly believe that the long-term solution to these issues will come more from open and honest discussion and the education it produces than from squelching discussion." For more about the conference, see <http://www.dukenews.duke.edu/psc.html>.

## 1767 Chowan County Courthouse: Celebration after Restoration

The dedication of the restored 1767 Chowan County Courthouse will be held on October 8 on the Courthouse site in Edenton. A special working session of the North Carolina Supreme Court, with Hon. I. Beverly Lake Jr. Chief Justice presiding, will take place at 9:30 a.m. and the two consecutive 45-minute sessions will include local court cases. Adults interested in attending this part of the festivities should make reservations by calling the Chowan County Manager's Office at 252-482-8431 since seating will be limited.

Highlight of the day will be the Grand Re-opening ceremony in front of the courthouse at 2 p.m. when State Representatives, local dignitaries and special guests will be in attendance. Guided tours of the Courthouse will follow the opening ceremony. Later that evening the Edenton Historical Commission will hold a formal "Gala on the Green" to celebrate the reopening and to benefit its mission of preserving and representing the Edenton and Chowan community as an aesthetic, historic and educational place. The gala begins at 6:30 p.m. and attendance to this event is by subscription. To learn more about the Gala, call 252-482-7800. And for more information about the historic courthouse, go to [www.visitedenton.com](http://www.visitedenton.com) or call 800-775-0111.

—Rick Smith

## Raleigh Chamber of Commerce Wins Top Communications Awards

While Hurricane Charley raged outside an Orlando hotel in Florida, the Greater Raleigh Chamber of Commerce was inside

*continued on page 86*



Elizabeth Campbell, M.D.  
Medical Oncologist

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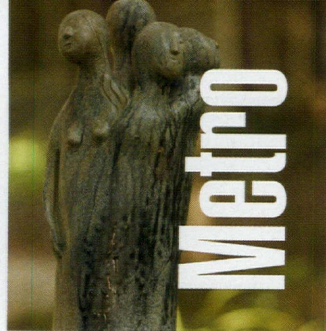
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# Design

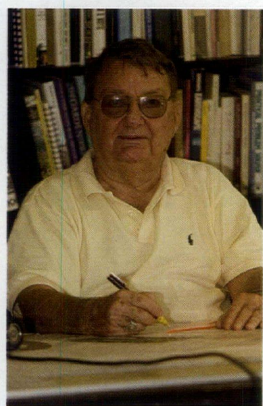
by Diane Lea

## Renaissance man

### LANDSCAPE ARCHITECT RICHARD BELL

**H**ow is this scenario for a wonderful if somewhat improbable life? Dick, a boy from Manteo, grows up in the Depression, attends North Carolina State University and is in the first graduating class (1950) of a revolutionary design school under an iconoclastic dean, Henry Kamphoefner. At age 21, he wins the internationally acclaimed Prix de Rome and attends the prestigious American Academy of Rome where he studies with some of the finest artists, authors, sculptors and designers in the world.

Our hero then convinces his teachers to allow him to travel across three continents studying the sites and artifacts associated with the great religions and cultures of the world. He and a fellow student sally forth equipped with camping gear and Lambretta motorcycles. Thirty countries later, this intrepid scholar-traveler makes his way back to North Carolina, meets



Richard Bell

the girl of his dreams at the first Jockey's Ridge Pirates' Jamboree, and then goes off alone to sunny Florida to work with a mentor whose firm is commissioned to landscape the grounds of the fabulous Fountainbleau Hotel in Miami Beach.

From there, our fledgling professional makes his way back to North Carolina to accept a job with the National Park Service to work on the master plan for the land newly acquired and designated as the Cape Hatteras National Seashore—only to find the job has not yet been funded. So in 1954,

this peripatetic adventurer returns to Raleigh and opens his own landscape architecture practice with partner James A. Godwin. The practice takes hold, he becomes reacquainted with the girl of his dreams and marries her, and together they begin to develop both a family and a unique artistic and commercial endeavor known as Water Garden.



Photography by Kinsley Dey



I know. Too cool to be true. But in October of 2004, Richard Bell will have practiced the art and science of landscape architecture for 50 years with his wife Mary Jo Harris Bell at his side in a setting admired around the state. Water Garden, possibly one of the first mixed use developments in North Carolina, is a home, an office complex, a design studio, and an art gallery, all nestled under mature trees by the side of two ponds on less than a dozen

acres off Highway 70 West just outside Raleigh.

A sampler of some of the hundreds of projects completed during Bell's long career shows an impressive diversity of genre and scale. During the early '60s and continuing through the early '70s, when the Bells were developing Water Garden, the firm worked on master plans for NCSU, Peace College, Meredith College and St. Mary's School. Often such planning work led to

commissions for site improvements, many of which are still campus landmarks today. A request for a planting plan for 10 NCSU buildings evolved into the centrally located University Plaza, better known as The Brickyard, a major hardscape installation using materials Bell managed to have donated by the brick industry. The space lends unity to an eclectic collection of buildings and acts as a transportation corridor, gathering place and sculpture garden.



Water Garden's original contemporary glass and wood office building was expanded in the sixties with the addition of a second story designed by architect Ligon Flynn.





When the president of Meredith College asked Bell to design a way for students to circumvent a muddy slough, Bell's solution was to build the campus amphitheatre, where grassy terraced seating overlooks a tranquil lake covering a swamp. Another

memorable project completed in this period was the North Carolina Legislative Building, designed by the firm of Edward Durrell Stone and overseen by managing architect Ralph Reeves. Bell states that he loved working for the state, both on the

Bell worked on the master plan and site improvements for Raleigh's Pullen Park. An example of successful water systems management, 100,000 yards of silt in Pullen Park Lake were removed, a by-pass channel created and bridges constructed.

major campuses and on projects like the Legislative Building. "They offered opportunities to utilize and see implemented all the site planning skills that were drummed into us in college at State," says Bell.

During this period, Water Garden began to take shape physically and philosophically. "This has been our home, our business, and my laboratory," says Bell. "Mary Jo and I married in October of 1955 and shortly after that bought the first six acres of what would become our 11-acre Water Garden. In November of 1956, we were expecting our first child and building a rudimentary house on an existing foundation on the property." The Bells and their newborn baby Sharon moved into the house (1800 square feet with a pot-bellied stove and four glass walls), and toughed out the cold days until spring. After a good business year, there was enough money to



put in a heating and air conditioning unit and spread some pine straw around the foundation. Two years later, in 1958, they had another child, Richard Jr., while waiting out a recession. "It's the recessions that kill you," says Bell. "In my experience, business runs in cycles like the Bible says, 'seven years of plenty and three of lean'."

In 1961 Bell moved his design studio from Downtown Raleigh to a converted tool shed in Water Garden. He was tired of working on urban renewal projects that seemed to do more harm than good and was struggling to find new business. What kept him going, he remembers, were the nurseryman-sponsored flower and garden shows held frequently in Dorton Arena. The Bells worked together on their rented display spaces and incorporated sculpture from NCSU School of Design faculty along with the plants and flowers that were part of Bell's designs. The firm began to attract business from the various contractors and developers who attended shows.

The Bells' Dorton Arena flower and garden displays were prescient; they integrated plants, flowers, art, sculpture, site planning

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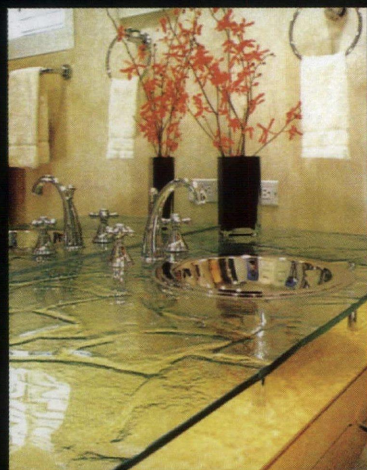
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and landscape design, soon recognized as the hallmark of Water Garden and of Dick Bell's professional style. Growing out of that experience was the idea to use art to promote the design firm, and in 1963 the Bells decided to build their first office building at Water Garden. It would have an office and studio for Dick and an art gallery for Mary Jo, who majored in art and education at Greensboro College. The building, a

happy collaboration among Bell, his partner Hal McNeely and architect Truman Newberry, was of glass and wood and overlooked the larger of the two ponds.

#### A NATURAL HOME FOR ART

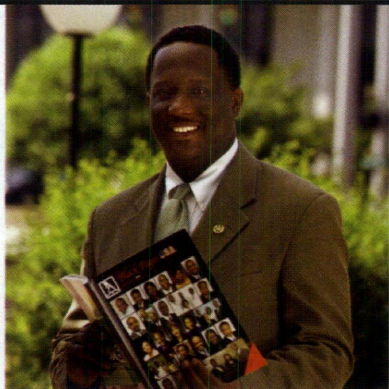
Surrounded by a natural setting that enhances the senses, the Garden Gallery (which is still in operation today, though in another location on the property) show-

cased all aspects of the arts, including fiction, poetry and performing arts, as well as the work of painters and sculptors. "It became a kind of salon," says Dick Bell, "and reminded me of the experience I had had at the American Academy in Rome." Water Garden provided the general public enjoyable access to the arts and good design, and in its heyday during the '60s, '70s and early '80s was visited by thousands of North Carolinians from all parts of the state. Artist Maud Gatewood remembers that Water Garden, including the Garden Gallery, was the first setting in the area developed from the ground up as a contemporary nature-loving preserve. (The current Garden Gallery, built in 1971, is an addition to the Bell's residence.) Gatewood notes, "It is the only gallery I know which was designed as a gallery from the ground up. Most galleries have to be adapted from buildings that were designed for another use."

While Mary Jo somehow managed the gallery, the leasing of office space and three growing children (a third child, Cassandra, was born in 1963), Dick expanded his practice and experimented with the ecol-

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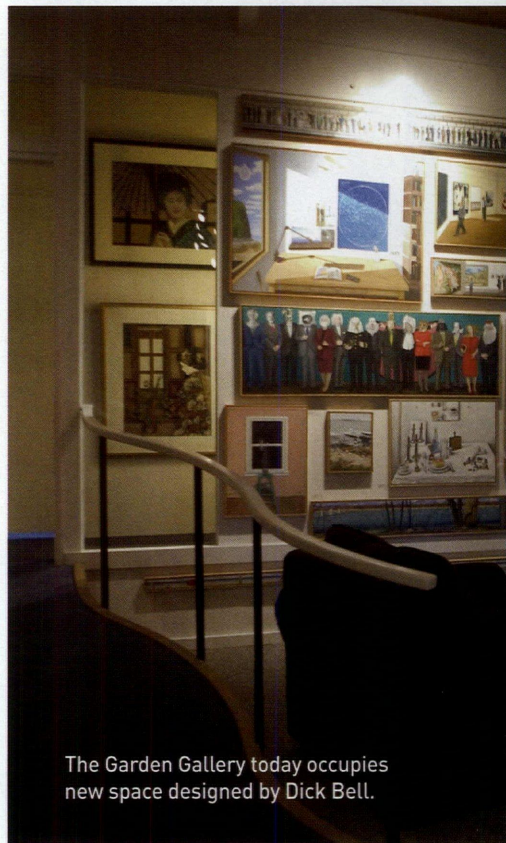
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The Garden Gallery today occupies new space designed by Dick Bell.



ogy of Water Garden. "I had everything I loved in Water Garden," says Dick, "a wetlands area with the beginnings of a stream running through it, a pond with aquatic elements, and an upland pine forest." It was during those early days at that Dick began to refine his knowledge of plant materials and to experiment with techniques to limit erosion when building on a slope. Trees viewable through the newest incarnation of the Garden Gallery have flourished for 40 years though their roots were covered with loosely compacted Carolina red clay to form the berm and retaining wall that secure the house and present gallery.

Bell was consciously involved in the burgeoning environmental movement, and his improvements to Water Garden site were viewed and appreciated by visitors to the Garden Gallery. As professionals, Bell, McNeely and many of their colleagues worked to prepare environmentally sensitive plans and mitigate the adverse effects of development on the land, but they often found that important elements of their plans were being lost in the execution. This realization led the partners and four other associates to create an environmentally sen-


sitive design firm that would function as a part of a construction and development enterprise.

"This was a period (the mid-to-late '60s) when we completed some of the projects of which I am most proud," says Bell. Among them was the expansion of the Water Garden office building, providing a second-story level for new studio space for Bell and a new Garden Gallery space for

Mary Jo. The architect for the expansion was another NCSU School of Design graduate, Ligon Flynn, whose practice was also located in the design complex. (See the June 2004 *Metro* feature article on Ligon Flynn).

Flynn, McNeely and Bell associated with Hickory, North Carolina, lawyer and developer Young Smith and began the land planning for two major coastal develop-





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Bell-designed University Plaza at NCSU (known as The Brickyard) functions as a transportation corridor, gathering place and sculpture garden.

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ments, Litchfield Plantation at Murrell's Inlet, South Carolina, and Figure Eight Island. In 1969, Bell completed a great deal of the site planning for the north-central part of Figure Eight, enlarging on his work in 1965 planning the south-central portion of the property. Then in 1970-72, another recession hit, bringing 22 percent interest rates, and Bell returned to Raleigh and Water Garden.

### CONSTANT RENEWAL

Bell began a new design firm with three partners, Dan Sears, Wes Frame and Ralph Graham. The group took on a new round of assignments which included some of Bell's most challenging: the master plan and site improvements for Appalachian State University (a project which continued, intermittently, for 30 years), and the master plans for two major state parks—Stone Mountain in Georgia, and North Carolina's Pilot Mountain. Closer to home Bell worked on the master plan and site improvements for Raleigh's Pullen Park, an example of successful water systems management. "We had to remove 100,000 yards of silt in Pullen Park Lake and make sure it didn't accumulate again," says Bell. "We did this by installing a by-pass channel and creating bridges for the railroad tracks that crossed the area," says Bell.

In recapping his career, Bell credits partner and son-in-law Dennis Glazener with

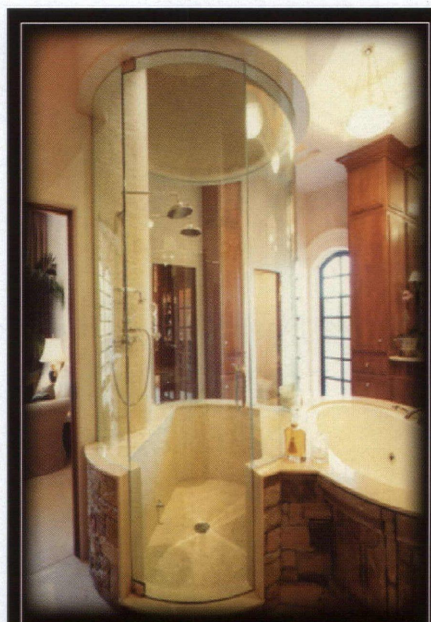
University Master Plan and on the preparation of master plans for Guilford College and St Mary's College. We were also involved in two major revitalization projects in Raleigh, the Moore Square transit facility and parking deck and the siting of the new parking deck at Wilmington and Blount Streets."

In the early eighties, with Glazener carrying on the design work and daughter Sharon managing the office, Dick and Mary Jo Bell devoted more and more of their time to nursing Mary Jo's mother, a victim of Alzheimer's disease. The Bells packed up and left Water Garden to move into Mrs. Harris' Raleigh home to provide round-the-clock care. "It was tragic," says Bell of his mother-in-law's last years of life. "Now, with Mary Jo's mother gone and my mother's death in 1988, the world seems not so kind and gentle."

Though he might resist the appellation Renaissance Man, Dick Bell may be as close to one as any of us knows. He credits his parents with giving him a firm grounding in the humanities, in business and in construction. Bell was steeped in literature and

history by an English-born father, the master builder for many of the State's historical sites and amphitheaters, including the amphitheater at Roanoke Island where *The Lost Colony* has been enacted since 1933. He learned business and plant lore from his mother, who established and ran a commercial nursery. His deep love of nature and the environment was kindled during his young years growing up on Roanoke Island, where, with his brothers, he roamed the ponds, marshes and piney woods around Manteo. Then he came to NCSU, and fell under the tutelage of Henry Kamphoefner. "Dean Kamphoefner wanted his students to behave in a certain way. He taught us to listen to classical music and to stand up for what we believed. We left his program knowing it was our responsibility to make something of ourselves and further all aspects of modern design."

The track of Dick Bell's imagination, artistry and designer's sense of the land across North Carolina is clear and lasting evidence that he has taken that responsibility to heart. **MM**



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Sculpture in the garden of the Garden Gallery reflects the Bells' integration of art, landscape and building design.

creating a bridge between Bell's generalist approach to the practice of landscape architecture and the more streamlined computer-aided technology required by today's projects and clients. "In 1980, Dennis, another NCSU School of Design graduate, married my daughter Sharon, who is also trained as a landscape architect, and we formed Bell-Glazener Design Group. His background complemented mine. Dennis is computer literate and, in addition to doing several landscape plans for large residences and residential developments, we worked together on updating the Appalachian State



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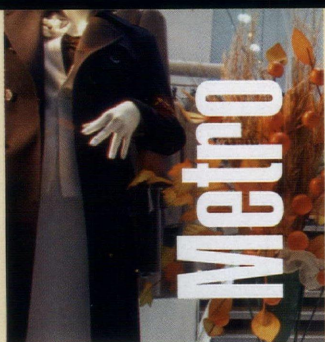
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# Style

by Molly Fulghum Heintz

## PULLING IT TOGETHER FOR FALL

**F**or fall, the fashion code words are “pulled-together.” This doesn’t necessarily mean polished, formal or conservative, but rather that you spent an extra 60 seconds getting dressed. You added the perfect brooch, bothered to put on stockings and transferred everything to the appropriate handbag. That is the standard for this fall, with one reprieve: Hair can be a little messy. Wavy and curly locks are in, subverting the neat-as-a-pin look from the neck down. If you are a hat person, you can add this season’s favorite chapeau, the fedora, over your tousled ‘do.

This season’s colors are reminiscent of iridescent Tiffany blown glass: greens, from chartreuse to loden; purples, from lavender to grape; a bit of turquoise blue; metallic shades in silver, gold and bronze. The colors are rich but still have a weightless feeling. Grounding these dreamy colors are strong patterns, such as hounds tooth and plaid, with tweeds adding an element of texture. If you wear vintage pieces, you’ll love this season, which references the best of the ’20s, ’30s, ’40s, ’50s and ’80s. Most silhouettes are streamlined and sleek, so make sure that you have a good tailor at the ready. Cut out a picture from the Valentino runway show and tape it to your closet door; it’s the perfect snap-

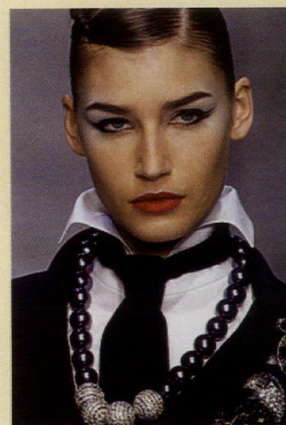
shot of how to layer and mix pieces. Let’s take it from the top.

### SHOULDERS

A little something wrapped around the neck or shoulders balances out an otherwise fitted silhouette. Fur (real or faux) collars that tie with a satin ribbon bring together a look like nothing else. For a more casual silhouette, try a capelet, an abbreviated cape that comes just past the shoulders (see Jill Stuart’s velvet version), or the popular poncho, beefed up from its summer run in this season’s new fabrics. If you have some attitude and a good throwing arm, you can also try a winter wrap, essentially a large piece of heavy fabric that you alone are responsible for styling. If you’ve mastered the pashmina, you can graduate to the wrap.

### TOPSIDES

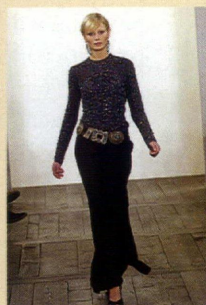
Do you have a fleet of preppy argyle sweaters languishing in mothballs? Start airing them out, because this fall is their chance to see the sun again. If you made the mistake of giving them all to your little sister way back when, never fear, they’ve made more. Check out the Moschino Cheap & Chic short-sleeved argyle sweater, or take a page from the book of Miuccia Prada,



Valentino



Ralph Lauren



Ralph Lauren



Ralph Lauren



Ralph Lauren



Ralph Lauren

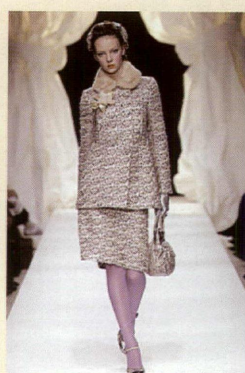




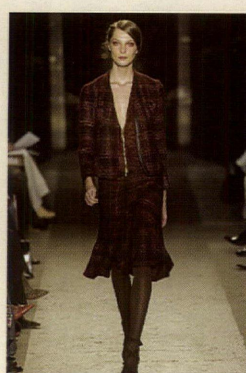
Moschino



Moschino



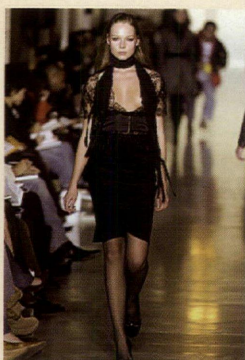
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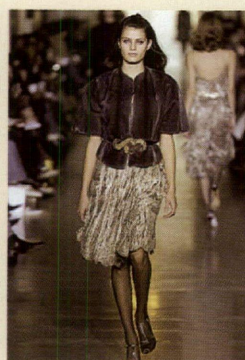
Donna Karen



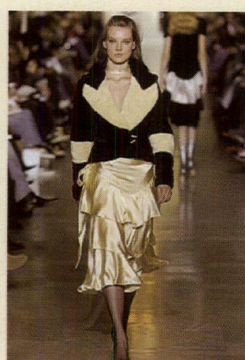
Donna Karen



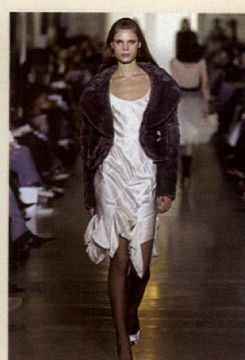
Stuart



Stuart



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### Tyler House

*Yansi Fugel  
Renfrew  
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### Shop 20♦12

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Rebecca Taylor  
Orla Kiely*

### Beanie + Cecil

*James Jeans  
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who showed belted cardigans or cardigans pinned on the hip with a brooch. The strapless baby doll dress over jeans was a hot look for fashionistas all summer. A variation of this look has taken root for fall: tunic + pants. The important difference is that where the A-line baby doll dress was a little loose and swingy, the new tunics are straighter and clingy. However, it's easy to customize this look for your body type; your tunic might be a slightly longer piece (i.e. a dress) that you pair with narrow pants. For evening, try a long-sleeved off-the-shoulder tunic and skinny pants pulled together with a big belt on the hips, maybe Ralph Lauren's silver and turquoise version.



Ralph Lauren

### BELOW THE BELT

And speaking of pants... narrow, peg-leg, and cropped described the look this season, perfect for showing off the latest



YAN SI FUGEL.



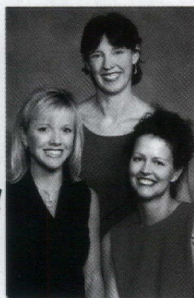
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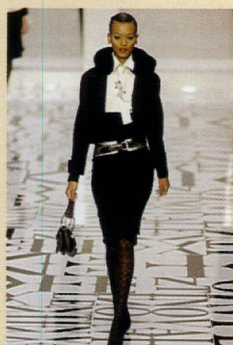


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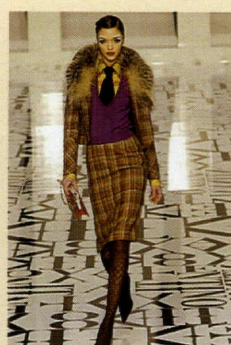
Valentino



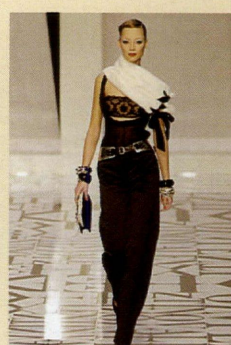
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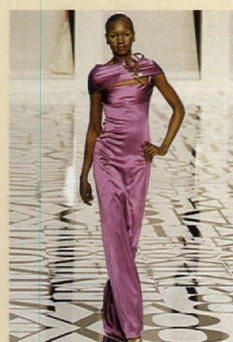
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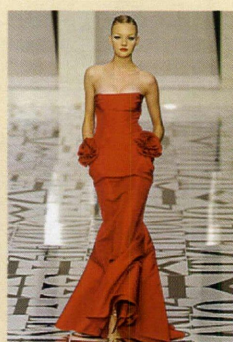
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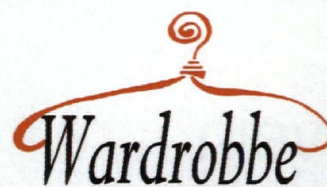
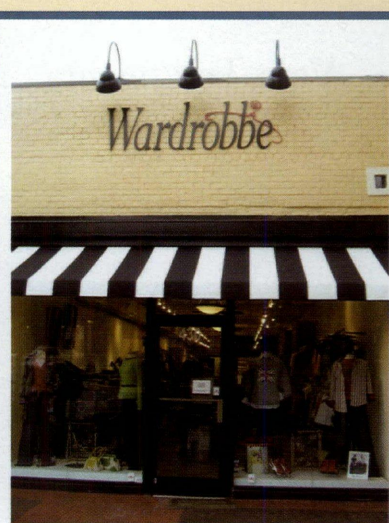
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patterned stockings. Pringle, the venerable Scottish design house that has become a fashion player over the past few years, created a charming pair of tweedy knickers for fall. But it's skirts that steal the show this season: flirty trumpet skirts and knee-length pencil skirts in heavy fabrics, like Cynthia Steffe's tweed skirt, which would look perfect with a turtleneck sweater. But what's even better than a skirt and sweater? A suit! Little suits are big this season, and work wonderfully with your new furry collar. Donna Karan's inspired fall collection features glamorous tweed suits with a modern sensibility, while Ralph Lauren's double-breasted fitted suits are vintage 1940.

#### NICE GAMS

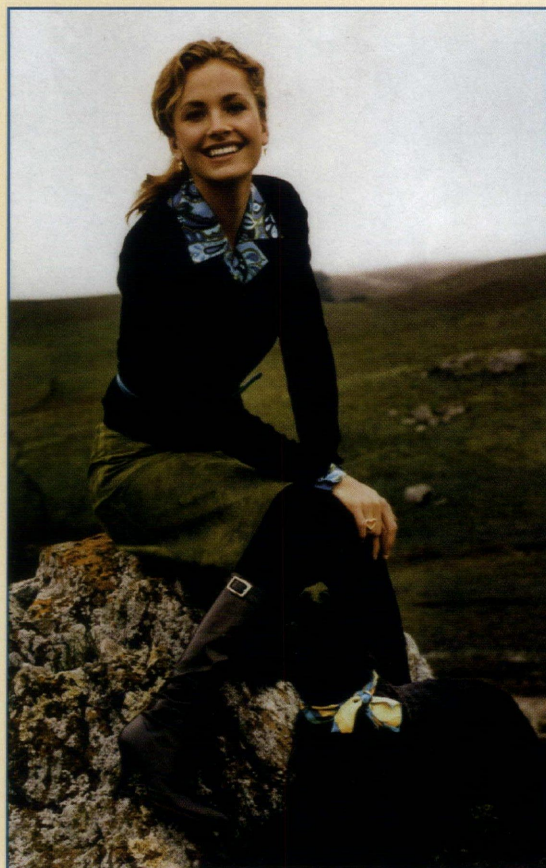
If you're wearing an argyle sweater and a tweed skirt, what else can be on your feet but a tasseled loafer? The style this season is actually tasseled pumps, with a medium to high heel. Check out the spin that Nine West, Via Spiga, Cole Haan and Ann Taylor have put on it. The Mary Jane is also back in business, along with the T-strap,



Louis Vuitton

but it's boots that steal the spotlight this season. By far the most fabulous boot of the season is Louis Vuitton's gold fur-lined ankle boot with ribbon laces. High-heeled ankle boots are important for fall, as are knee-high boots, which come in every variation imaginable: high-heeled Victorian styles with buttons, lace-up versions, fur-trimmed models, low-heeled equestrian styles with buckles and straps. I think my practical favorites for the winter season will be Marc Jacobs brightly colored rubber boots with a toggle at the top.

And while pantyhose are still "out," patterned stockings and tights are very, very "in." Stripes, fishnets, colors... the fall clothes can take it, and in fact they need it, lest you end up looking like a librarian or ex-equestrian. **MM**



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Mohammed Ali

From the suede wallpaper in the intimate apparel fitting rooms, wet bar, televisions and sofas in the living room setting of Men's World, to the private viewing room for high-priced jewelry shoppers, "the sophisticated gentleman or lady should be able to experience the world's most luxurious shopping environment," says General Manager Mohammed Ali.

In addition to the Saks trademark selection of designer labels and high-end cosmetics, Ali notes that the Raleigh location will offer concierge service, only the second Louis Vuitton shop in the state and a selection of intimate apparel that will be "10 times better than that of the closest competitor." Ali, after three months

of investigation of the market, upgraded the Raleigh Saks to a higher level having convinced his bosses that the region can support a more sophisticated investment than originally planned. "We believe in this community," Ali says.

The Saks Fifth Avenue grand opening is set for September 9 from 10 a.m. to



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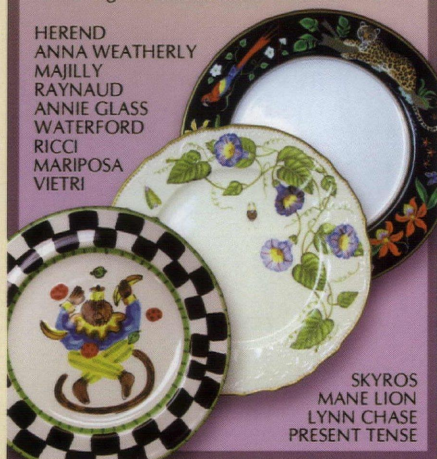
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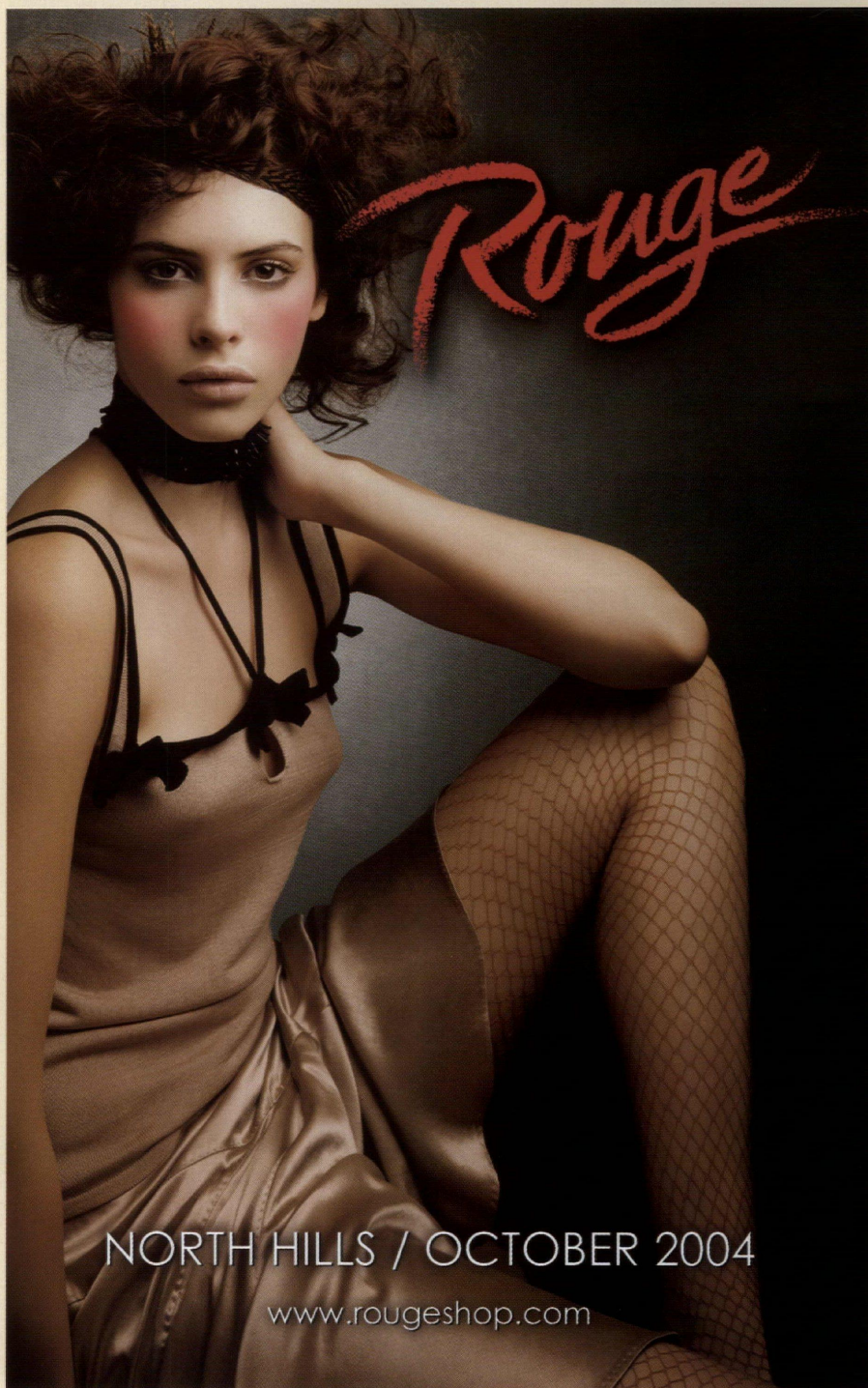
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## FASHION NEWS

**Cameron Clothing Co:** September 1; **Garfield and Marks Trunk Show** with guest appearance by designer, Diane Beaudry

**Enchanting Moments:** September 17<sup>th</sup> and 18<sup>th</sup>; Special appearance by **Helen Morley** featuring her 2005 bridal and social occasion gowns. A percentage of the proceeds from all inaugural ball gown sales to benefit SAFEchild.

**Triangle Town Center** welcomes new retailers this fall. **Saks Fifth Avenue** will open its only North Carolina location in September... **C.T. Weekends**, a local women's clothing store featuring casual apparel from collections such as Renfrew and Brighton is set to open later this fall... **Swoozie's**, a retailer of gifts, papers and printing will open its first store outside of Atlanta in October... **Mitchell's Hair Styling** will open its first day spa and salon by year's end. The spa will offer a variety of services including facials, manicures, pedicures and massage.

**Victorian Rose Bridals** announces its Grand Re-opening on Saturday, September 11 from 10:00am- 5:00pm; Glenwood South, 919.833-1898. Victorian Rose will also have a booth at the 2004 Business Showcase at the RBC Center on September 1.

September 23: Fall Fashion Show and Luncheon to benefit Assistance League of The Triangle Area with fashions by **Tyler House**; Brier Creek Country Club, 919.235.4554

Join **LUXE Apothecary** along with Becca Cosmetic's National Makeup Artist as they launch Becca Cosmetic's new falls colors; September 24th and 25th. Call for appointment, 919.881.7828

Get ready for **Rouge**; the newest women's shop in Raleigh, offering head to toe styling from in house "fashionistas". Grand opening mid-October at North Hills; [www.rougeshop.com](http://www.rougeshop.com)

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## STYLE NOTEBOOK



It's all in the details... Fabrizio Gianni pants with choice of buttons down the leg or down the side; available in black or salt and pepper at **Tyler House**, The Lassiter at North Hills, 919.781.9210



Vintage brooches by BALBOA; available at **fleur**, 702 Meadowmont Village Circle, Chapel Hill, 919.933.3026 or [www.fleur-boutique.com](http://www.fleur-boutique.com).



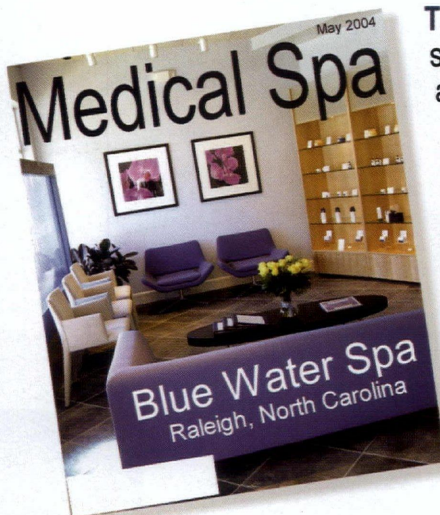
Alex Sepkus continues to take jeweler's craft to new levels, incorporating the finest stones and metals from the familiar to the exotic; available at **Elaine Miller Collection**, The Lassiter at North Hills, 919.571.8888



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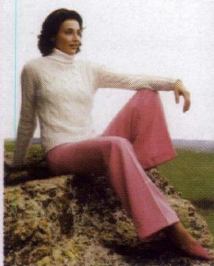


The latest design darling of Tiffany & Co. is the shining star, Temple St. Clair, who updates the classic stature of colored jewels with exquisitely crafted pieces that fuse a modern sensibility with a classic approach; available at **Elaine Miller Collection**, The Lassiter at North Hills, 919.571.8888

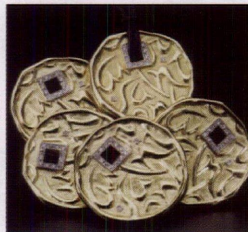
Mephisto Satty; Handmade walking clog available in red, black and brown; **Mephisto**, The Lassiter at North Hills, 919.786.0206



**Beanie + Cecil**, Cameron Village: September 17th and 18th; Jessica Thomas Jewelry Show featuring the New Fall Collection, 919.821.5455



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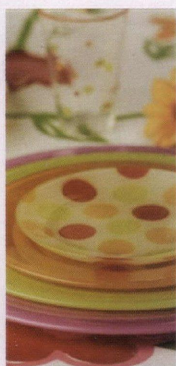
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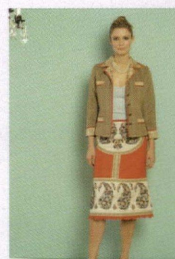
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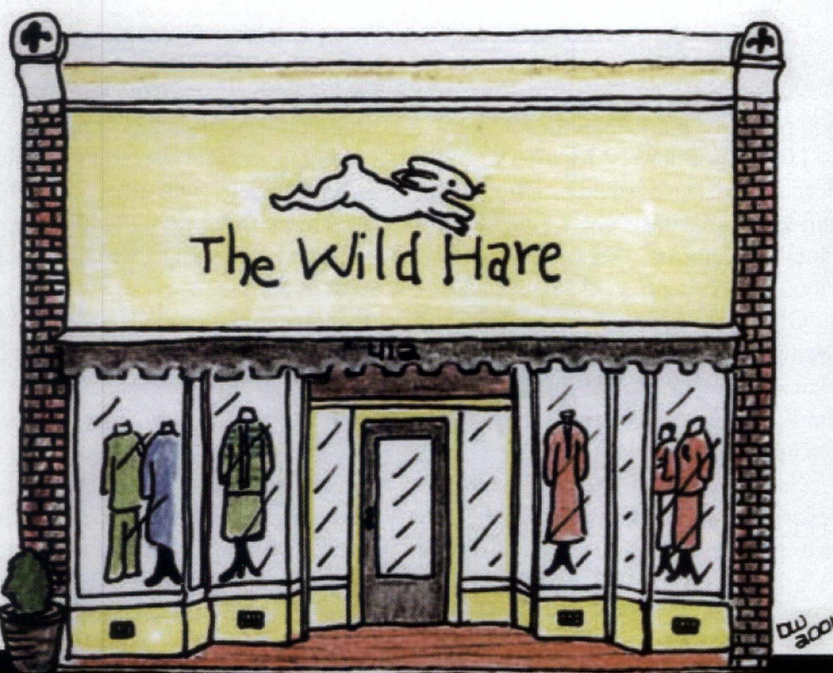


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## The Wedding of your Dreams

### IN A NEW YORK KIND OF MOOD by Fred Benton

**T**he assignment was to write about “the dream wedding.” A difficult prospect since any girl’s wedding fantasies are very subjective. A dream wedding for some could be as simple as “an open bar with champagne flowing.” Another may dream of nuptials on the beach or on a ferris wheel. But for a surprising number of well-heeled folks, it’s a wedding in New York City—Manhattan to be exact. So much for wedding guests to do and so many renowned and elegant places to have the ceremony and reception.

It was with this in mind that I spoke with one of America’s most prestigious wedding planners—and certainly the number one wedding planner in Manhattan, Harriette Rose Katz, whose expertise has been showcased on the Discovery Channel. Countless celebrities with an eye to dazzling the media and fans with their lavish nuptials have counted on Harriette to produce the goods—and, indeed, she has. Her average wedding, depending on number of guests, comes to about \$100,000.

I asked Harriette, whose clientele is about 30 percent out-of-towners, what the role of a wedding planner is. She replied that “quite simply, it’s taking the wedding from beginning to end, finding and interviewing the right wedding service for the client and hiring that service as well as making sure that these various services provide what they have committed to provide. And especially if you are from out-of-town, you need someone who lives here to make the right plans.”

I presented to Harriette a “cost is no object” wedding theme and asked her to recommend all the tenets of the fashionable Manhattan affair. For example, where to have it? Harriette responded: “The Pierre, the Plaza or the Metropolitan Club. But if the wedding is 200 people or less the St. Regis is lovely. And if it’s a big wedding,



500 people or more, then the Waldorf.”

How about flowers? I want a very “in” florist. Harriette: “I would take you to four and let you decide. They would be Atlas Floral Decorators, Preston Bailey, SBK Floral and Renny Reynolds.”

Of course, there has to be music, and for that the top choices, according to Harriette, are the Stuart White Orchestra, Starlight Orchestra and Hank Lane Orchestra.

Naturally, every bride wants to look her best—and that means a fabulous dress, so that means one of three designers recommended by Harriette: Vera Wang, Paula Varcelona and Ron LoBete.

The wedding celebration is officially kicked off by the rehearsal dinner, so “very nice” rules that choice. Harriette suggested Tavern on the Green if it was a pretty time of year but she also recommended Remi, an Italian restaurant with “fabulous private rooms,” Sammy’s, a Hungarian restaurant for “fun food and music” as well as the

impeccable, upscale Le Cirque.

But apart from the tenets of fashion, I asked Harriette what the first steps are in dealing with her as a wedding planner. “First is establishing a working budget—very important. But I also want to ensure that everyone is on the same page when it comes to plans. That includes the bridal pair as well as the bride’s parents.”

And what to you is a turn-off, meaning you know this bride is going to be trouble? Harriette quickly replied, “When a bride and her mother fight all the time. In this instance I think of myself as a ‘wedding psychiatrist.’ Peace and some degree of accord has to be established if we’re going to get anywhere.”

So, what would our wedding in Manhattan cost? For 150 people, the price tag would be in the neighborhood of \$150,000. But what memories!!!! For me the greatest memory would be working with the lovely and talented Harriette Rose Katz. **MM**



Harriette Katz



## Maintaining Elegance

### AT A HOMETOWN WEDDING

An interview with etiquette expert, Mirabelle Rich

by Fred Benton

It's fair to say that most people in our area won't be opting for a Manhattan wedding, despite the fun and excitement such a prospect would be. Most of us cleave to home territory for our nuptials. Even Harriette Rose Katz is admittedly baffled by the bride who is willing to travel to an unknown area such as Manhattan to celebrate her nuptials. In truth most brides and their parents choose home base since it guarantees, somewhat, a fuller attendance. A wedding in Manhattan would work if most of your friends and relatives can afford the travel expenses and are up for the trip. But how best to translate Manhattan elegance to a local affair? I spoke with etiquette expert, Mirabelle Rich, an eastern North Carolina gentlewoman who now raises thoroughbred horses at her main farm in the country around Middleburg, Virginia.

**METRO:** What, to you, are the main aspects that bespeak class and distinction in a wedding?

**MIRABELLE:** A wedding is a major event, but as major as it is, the event should be in keeping with the socio-economic level of the bride and her parents. Class and distinction are not the same thing as wildly extravagant. But then I'm not saying you might not have to mortgage the farm to pay for a nice affair. To me a wedding is like preparing a company business meal: it's best foot forward time, so to get the best results, then you need the best ingredients you can afford. That's analogous to hiring the best wedding services you can afford if you want an event that's as near perfect and delicious as can be.

**METRO:** You have several daughters all of whom are married. When you conceptualized their respective weddings what was important to you?

**MIRABELLE:** Each of those weddings set me back a bit—that's for sure. But I

have no regrets. I saw the whole thing as a giant party. I wanted my guests to have fun. No sense being stiff and stuffy. I have a particular fondness for noon weddings in the month of October. October truly heralds in the fall season. The sky is clean and brilliant blue, the air is fresh and cool—so invigorating! One just wants to party and celebrate life—and that's what a

wedding should be all about. I chose noon because noon weddings can be formal—and since the reception will commence around 1 p.m. or so, I think guests know they will be well fed. A reception held during a mealtime should be heavy on food. That I chose a noon wedding signaled to my guests that this was not going to be some thin and paltry affair: I was going to

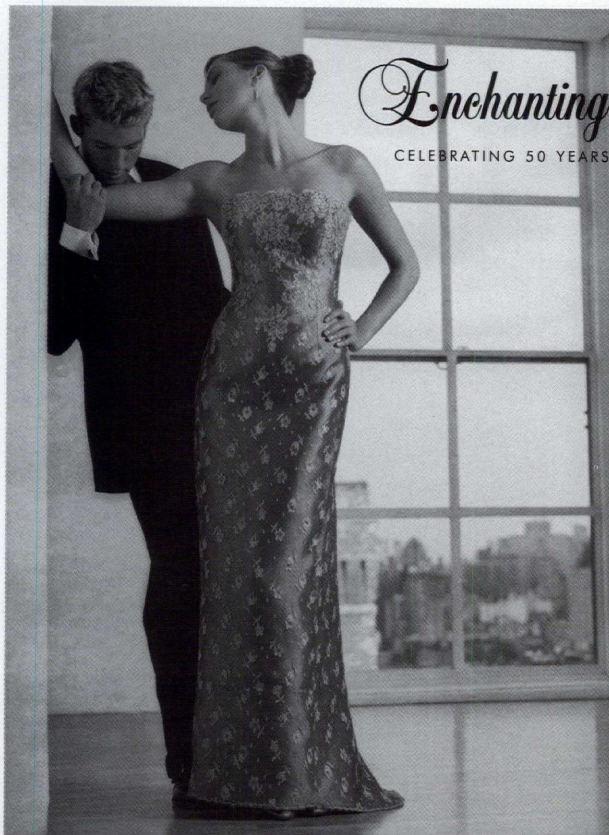


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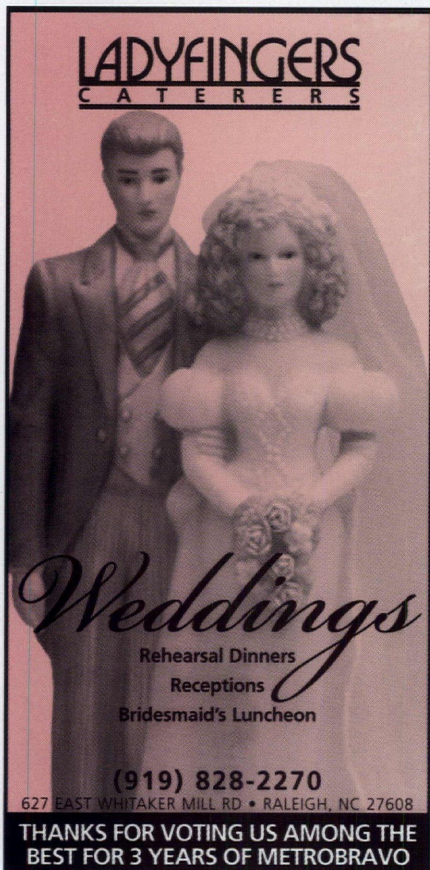
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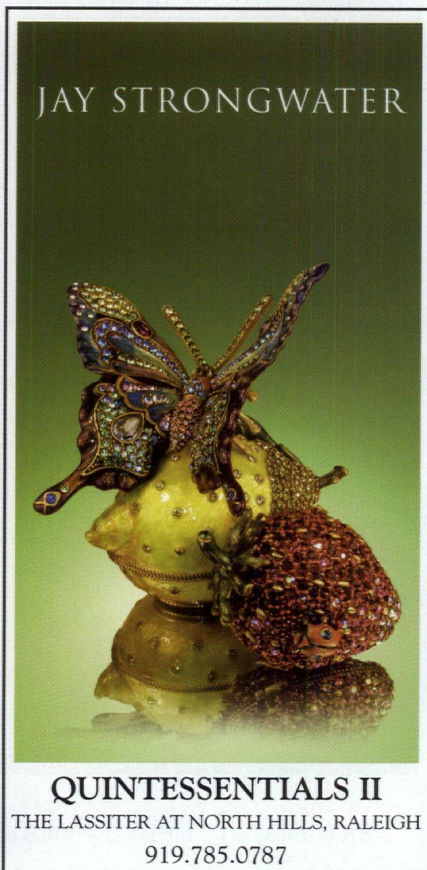
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be polishing the family silver and burdening those trays, chafing dishes and salvers with lots of good food. Folks may not remember what the bride looked like, but they don't forget good food and plenty of it. Another thing I like about a noon wedding is that it's the only time during daylight hours that a girl can wear a diamond necklace. At other times of day, no well-bred girl would wear a diamond necklace or earrings with the sun in the sky; it's pearls only.

**METRO:** When you say "good food," what do you mean, specifically?

**MIRABELLE:** I'm a beef-lover as most folks are, so I wanted the best: a carving station of tenderloin of beef—a must in my book. And folks tend to think of chilled, peeled, boiled shrimp as the height of fine living at a party, but I decided to go one better with a station of iced seafood—large shrimp, marinated scallops and blue crab claws. Frankly, when you're giving a party, guests will judge your lavishness as a host on three qualities: the liquor, the beef and the seafood. So I made sure that these three factors were good quality and in abundant supply. The rest is filler, and if you need to cut corners then you can. But I did splurge and get fresh foie gras (goose liver) from the Washington Duke in Durham. Their chefs produce the best foie gras, so amazingly buttery. Had to have it! Now I will say that at a wedding reception not only should the liquor be the best quality, so should the champagne. My preference is Moët et Chandon or Veuve Clicquot. Sometimes, to hold down costs, glasses of champagne will be poured and passed for the toasts only, but I think this comes across as cheap. Better to let folks just raise their glasses of whatever and be done with it. If you can't afford to have the champagne flow all during the reception, don't serve it at all.

**METRO:** I've often written that if one's budget is tight, it's silly to spend a lot of money on a wedding dress, a dress a girl will wear one time. How do you feel about this?

**MIRABELLE:** Honey, I disagree. Truly, the bridal ensemble the bride chooses is a direct reflection of that bride's sense of style, taste and yes, breeding. The wedding should be a thing of beauty and



the bridal gown should be the centerpiece, with elegance, grace and charm illuminating the personality and character of the bride. Flowing fabrics, beading and lace, used with modesty and simplicity, can fashion a gown into one that the bride will remember always—though only worn once. If overdone, however, with gaudy, inappropriate detailing, the gown may become a regrettable memory.

**METRO:** How about the invitation to the wedding. Some bridal couples are getting very creative in this area.

**MIRABELLE:** When it comes to the invitation, I am quite "old-school." The invitation signals the character of the event. If your wedding is going to be very informal then by all means be as creative as you want with the invitations, but if we want a celebration of class and distinction then only engraved will do, emphasis on the word "engraved." Socially, the most correct invi-

tation is one that is penned in black ink on a heavy-stock, ivory- or white-colored card. Well, no one has time or patience to do that, so engraving was invented to make it look like an invitation that had been scrupulously penned by hand. Nowadays, given the expense of engraving, technology has invented the faux engraving process called thermography. There is a considerable cost difference between engraved and thermographed invitations. And often the bride will think that it looks the same, that no one will be able to tell the difference. And basically, she's right. However, there is a difference! Open the invitation or turn it over to view the back of the paper that bears the print. If the lines behind the print are indented then the invitation was engraved; if it's smooth, it was thermographed. The invitation to any wedding of class and distinction would be hand-written (in the case of very small weddings) or engraved, not thermographed. **MM**

## HONEYMOON GET-AWAYS by Fred Benton

A dream wedding deserves a dream honeymoon. In fall and winter you have two choices: follow the sun or follow the snow. The dreamiest destination for winter sports is Switzerland, specifically the jet-set enclave of St. Moritz and a suite at Badrutt's Palace Hotel. For the adventurous couple bent on the apex of win-

ter sporting without the diversion of luxury, there's polar diving in the sub-zero waters of the Southern Ocean off the coast of Antarctica. But if sand, sea and sun capture your fantasy then hit the beaches north of Puerto Vallarta (on the road to Punta de Mita). And don't forget to visit Mismaloya Beach, where *Night of the*

*Iguana* was filmed. To me it's the most romantic place on earth. There's also Sao Tome, an island off the west coast of Africa where deserted beaches meet lush rain forests. Sao Tome is little known so it's the perfect get-away if you fantasize about ultimate privacy in a beach setting. But if you don't care about sun or snow or sports then



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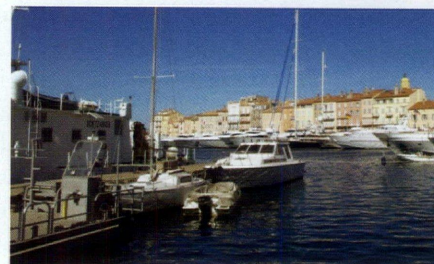
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Keep in mind as well that you don't have to travel far afield to have a luxury honeymoon. In-state resorts of interest that come to mind to give one a palatial après-wedding getaway without getting away too far include Grove Park Inn Resort and Spa in Asheville; Pinehurst Resort, Pinehurst; Clear Creek Guest Ranch, Burnsville; Pinnacle Inn, Beech Mountain; Center for Massage & Natural Health Resort, Asheville; Pisgah Inn on the Blue Ridge Parkway; Greystone Inn, Lake Toxaway; and The Sanderling Resort, near Duck on the Outer Banks. **MM**

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## THE TROUSSEAU CAN BE A BUNDLE OF FUN

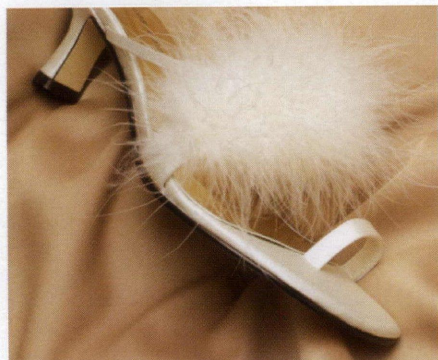
by Molly Fulghum Heintz

With all the fitted retro looks for fall, I am reminded of the "foundations" that ladies used to wear on a daily basis: girdles, slips, brassieres (which had more gravitas than today's "bra") and stockings. Today the only time we put so much thought into foundations is when we're building a trousseau. "Trousseau" is the diminutive of the Old French word trousse, meaning "bundle." Essentially, it was the knapsack that a bride could take with her to the new home she would share





Lejaby



Jaques Levine

with her husband. Probably never having seen her husband's place before, most brides were smart enough to pack linens, clothing and "foundations."

In these days of bridal registries and older-than-17 brides (who might own a few sets of sheets already), the linens have dropped off of the trousseau checklist, and we think of it simply as an excellent opportunity to buy expensive lingerie and cute dresses to take on the honeymoon. Also note that the trousseau was traditionally provided for the bride by her family, so brides-to-be are justified in adding another line to the wedding budget.

A top of the line trousseau this season might include some La Perla, such as the Occhi Verdi contrast trim demi-bra and lace boyshorts, a bustier by Lejaby, a Princess Tam Tam lace camisole, a Natori French thong (more coverage than a regular thong, but that's not hard), Oroblu white lace garters and thigh-high stockings, and some Jaques Levine marabou slippers. And that's just what's available at

[www.saksfifthavenue.com](http://www.saksfifthavenue.com).

If you prefer something quirkier, check out the lingerie line of St. Tropez Leisure, [www.sttropezleisure.com](http://www.sttropezleisure.com). Designed in Britain, these little pieces are cheeky without looking cheap, and feature whimsical polka-dot patterns and panties that lace up with satin ribbon. On top of all these fabulous foundations, what you wear will depend on where you're honeymooning. If

you've planned something in Ireland, the Scottish moors, or the cliffs of Dover you're in luck. Tweed suits and riding boots are in for fall—so very Thomas Hardy. Pack it all in the perfect trousseau bag for the season: one of Vera Bradley's new black and white plaid pieces, [www.verabradley.com](http://www.verabradley.com). **MM**



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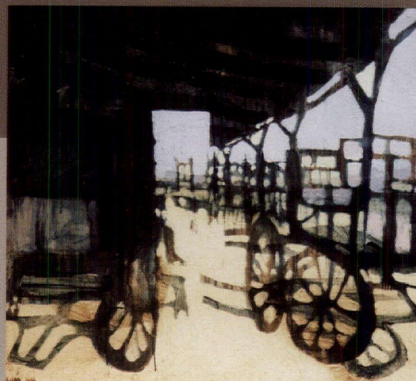
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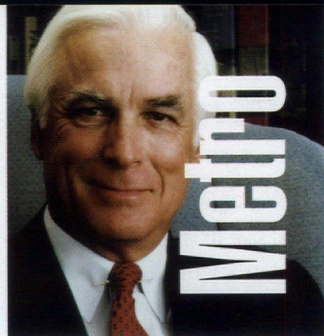
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# Editor-at-Large

by Jim Leutze

## Two North Carolinas:

### COMMON CONCERNS SHOULD UNITE EAST & WEST—RICH & POOR

In Governor Easley's inaugural address (January 6, 2001), the theme of two North Carolinas was prominently featured. "North Carolina," he said, "is more than a collection of regions and people. We are one state, one people, one family bound by a common concern for each other. Our economic and educational development must elect this common spirit of purpose as we build out the future." It's an idea that strikes a responsive chord with many, especially those of us who live in Eastern North Carolina where it is hard to ignore the poverty that pocks the region. But even for us it is instructive to review some comparative data.

For the purposes of comparison, I selected two eastern counties and two piedmont counties: Bertie and Robeson in the East, and Guilford and Wake in the Piedmont and central region. Other counties might show greater or lesser differences, but the pattern is similar.

In aggregate the contrast is striking: Three to 20 times more physicians per thousand in the urban counties; in the rural counties, twice as many people with-

out health insurance; two to three times as many children in poverty; teenage pregnancy rates almost three times as great as the state average. Then there is the education deficit: SAT scores in rural counties 200 points lower and a dropout rate approximately twice as high. These disparities are traceable in part at least to the economic fact that people in the rural counties are poor—twice as poor as their more urban neighbors.

Why, philosophically can't we exist part rich, part poor? Conceptually, political unions are unions in part so that they can be mutually supporting. Agriculture in the rural areas provides products necessary to sustain life in urban areas; urban areas provide an economic concentration necessary to sustain commerce. Roads and other means of transport, paid for at public expense, connect urban and rural areas for ease of movement. The laws that are made by our representatives in Raleigh apply to all the citizens of the state and are, theoretically at least, equally followed and enforced. This principle that individual units can't make their own laws or follow

laws that are contrary to the laws of our federal representative government was decided by the great Civil War. At that time it was determined that our nation couldn't exist half slave, half free. Later, as a result of the Progressive Movement and then the New Deal, it was decided that only the Federal Government has the power to offset the power of large concentrations of wealth. Moreover, because of the movement of goods and services across state lines, there had to be nationwide laws and controls over commerce. During the Depression it became obvious that because of the variation in the ability (and willingness) of the states to pay, the Federal Government had to protect basic entitlements of citizens with various prices of welfare legislation—the underlying concept being that no matter where you lived, you had a safety net provided in part by resources paid for by all of us. In short, there is a reason we pledge allegiance to "one nation indivisible."

Since Richard Nixon's presidency, and accelerating under succeeding Republican administrations, we have modified in

#### % of Students

Locality	Physicians Per Population	% Uninsured	Passing End of Grade Exams	Average SAT	% Student Dropout	Per Capita Income
Bertie	7.1	23.2	53.0	709	5.1	\$14,096
Guilford	23.1	16.4	72.6	996	3.8	\$23,340
Robeson	1.1	25.1	60.4	869	8.1	\$13,224
Wake	23.5	14.0	84.6	1,069	3.6	\$27,004



some ways the concentration of power and the reach of the Federal Government. This movement was called by Nixon the "New Federalism" and was adopted most recently under the label of "Compassionate Conservatism." The idea is to lower taxes and the Federal Government's ability to pay, thus handing back more power and responsibility to the states. But it is only the Libertarians who advocate the virtual disempowerment of Washington and the handing over of most power to state and local government. If that were ever to happen, the weak should tremble and the principled cringe. As for me, I adhere to the concept that a society is judged by how it treats and cares for its least powerful citizens.

But there is a practical side of the equation as well and although it applies at both the national and state levels, let's confine ourselves here to the state of North Carolina. If we had the stomach and the will to turn a blind eye to the problems of our less fortunate brethren, what would be the result? First we need to realize that there are 85 rural counties,

most of which are considered poor, and 15 urban counties, all of which are considered not poor. Now obviously there are pockets of poverty in our cities, and we'll

People seldom observe  
county or regional boundaries  
when they seek work or a  
place to live. In fact, rural  
citizens often come to urban  
areas in search of jobs bringing  
their education, or lack  
thereof, with them. In other  
words, academic failure in  
one area can become  
everyone's problem.

return to them shortly, but by and large the urban areas are doing better than our rural ones. In terms of population,

approximately the same number of people (4.2 million) live in the 85 rural counties as live in the urban ones (4.1 million). Talk about a formula for class warfare!

Warfare is highly unlikely although the political infighting is already intense. The North Carolina Supreme Court just ruled on the landmark Leandro case, first brought by five low-wealth counties, including Robeson, claiming that the state did not provide them with sufficient funds to ensure their children a quality education. The Court ruled that the state Constitution required a "sound and basic" education for all the state's students irrespective of their local school board's ability to pay. In short, all the state's taxpayers must pay the bill for leveling the playing field. The General Assembly left town without appropriating the funds, but this is now a constitutionally mandated draft in the general revenues.

A sound concept that could have been enunciated in this case is the fact that an educated citizenry is in the whole state's interest. People seldom observe county or regional boundaries when they seek work

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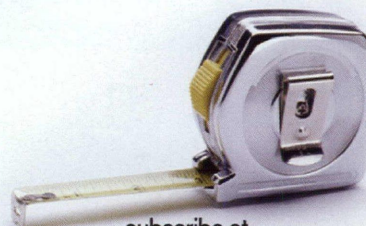
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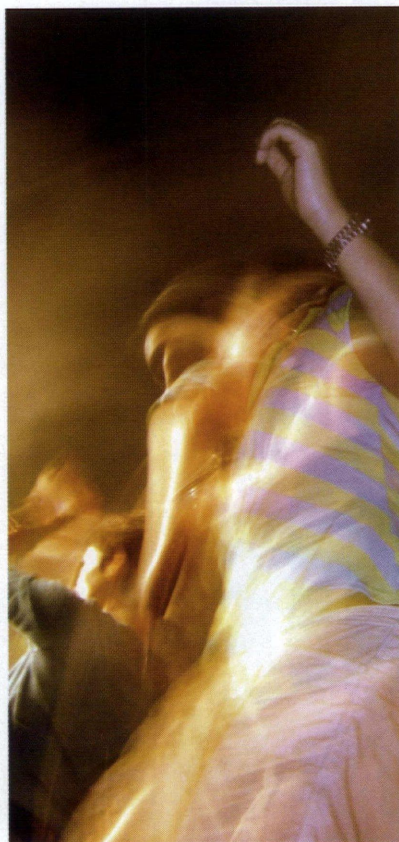
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or a place to live. In fact, rural citizens often come to urban areas in search of jobs bringing their education, or lack thereof, with them. In other words, academic failure in one area can become everyone's problem.

The same is true for other social pathologies associated with poverty. For example, air and water, disease, drug abuse and other crimes honor no politically drawn lines. Some of those pockets of poverty in our urban counties are populated by rural émigrés seeking work or social services. Neither Charlotte nor Raleigh nor Wilmington is safe from the plague of poverty infecting their rural neighbors. Hence, the practical wisdom in the Governor's observation, "In one North Carolina, we are each other's individual and economic security. Neither our faith, our values, nor economic interests will allow us to stand idle in the face of poverty or diminished opportunity." **MM**

Dr. James Leutze recently retired as Chancellor of UNC-Wilmington. He has produced documentaries on eastern North Carolina conserva-



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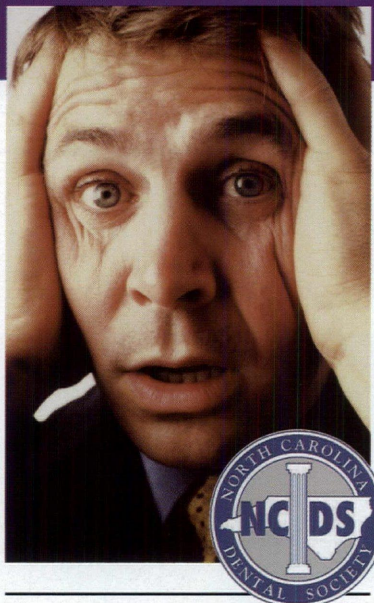
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PHOTO BY RUSS HOWE

Timour Bourtasenkov and Melissa Podcasy perform in *Apollo*, choreographed by Balanchine, in Carolina Ballet's first performance of its new season, a new program of classic works, "Balanchine: Masterworks." The performance, continuing the celebration of the anniversary of Balanchine's birth, will be staged in the A.J. Fletcher Opera Theater, Raleigh, Sept. 23-Oct. 10. [See Preview Stage & Screen for details.]

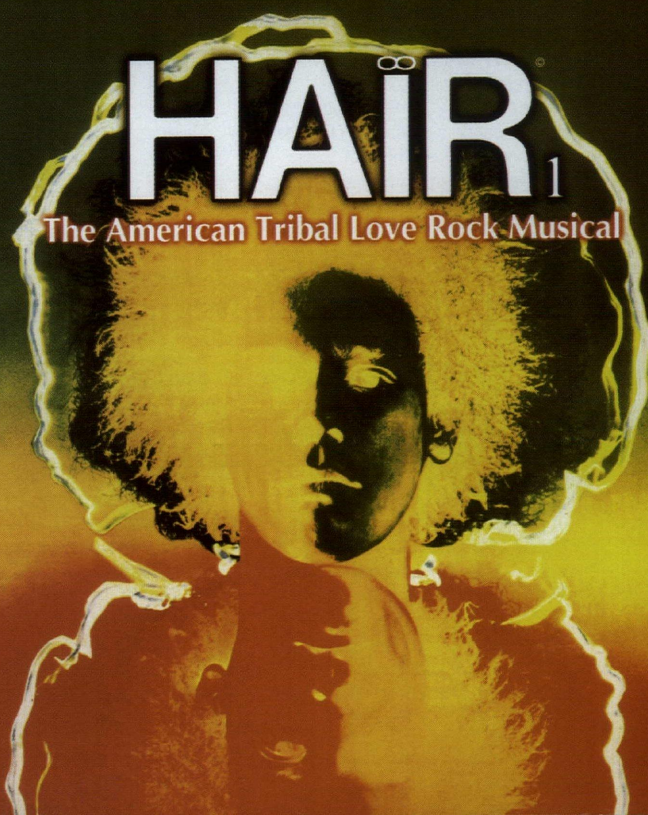
The ArtsCenter's third annual World Arts Festival kicks off Sept. 10 with a performance by headliner Samite of Uganda (shown below), whose trans-cultural songs have topped world music charts. The Festival, which runs through Dec. 17 at the ArtsCenter, Carrboro, features local, regional and international artists creating a diverse cultural exchange. [See Preview Pop Music for details.]



COURTESY OF THE ARTSCENTER

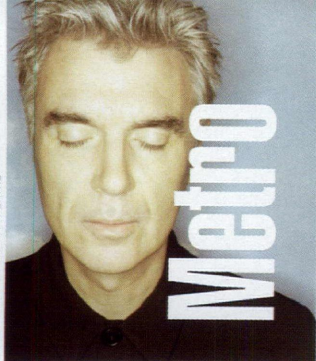
# Openings

The American tribal love-rock musical, *Hair*, an artistic portrayal of '60s & '70s culture, will be staged by the ECU/Loessin Playhouse at McGinnis Theatre, Greenville, Sept. 30-Oct. 5. The mood will bring back love beads, tie dyed T-shirts and memorable songs such as "Aquarius" and "Hair." [See Preview Stage and Screen for details.]



COURTESY OF ECU/LOESSIN PLAYHOUSE





# Preview

by Frances Smith

## A September Bugle Call Banishes Summer

### GALLERIES



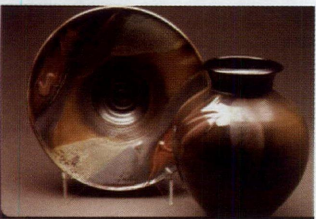
COURTESY OF TYNDALL GALLERIES

*Concert on the Terrace*, clay, an interesting innovation by Ellen Kong, hangs in her new exhibition, "Clay Work: A Painterly Approach" at Tyndall Galleries, Chapel Hill

**CLAY WORK: A PAINTERLY APPROACH;** work by Ellen Kong; Tyndall Galleries, University Mall, Chapel Hill; now thru Sept. 25. Contact 919-942-2290 or [www.tyndallgalleries.com](http://www.tyndallgalleries.com).

**EXHIBITS AT GREEN TARA GALLERY,** Chapel Hill; Contact 919-932-6400 or [www.greentaragallery.com](http://www.greentaragallery.com):

- Expression in Clay, Featuring potter Bob Hasselle's functional clay work in stoneware; now thru Oct. 2

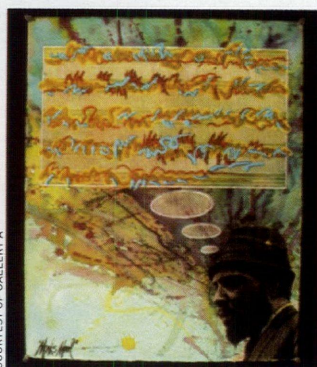


COURTESY OF GREEN TARA GALLERY

Functional stone ware by Bob Hasselle is on view in "Expressions in Clay" at Green Tara Gallery, Chapel Hill

- House of Life featuring screen print with an Asian inspiration by Vidabeth Bensen; now thru Oct. 2
- Rejas (Grates), featuring Gisela Romero & Caracas Venezuela, abstract and mixed media work on alternative surfaces; Sept. 18-Jan. 16

**AUDIO FOR THE EYES**, a new exhibition featuring Alan Bowling; Gallery A, 1637 Glenwood Avenue, Raleigh; now thru Sept. 30. Call 919-546-9011.



COURTESY OF GALLERY A

*Monk's Mood* (Thelonious Monk) by Alan Bowling is now showing in the exhibition "Audio for the Eyes" at Gallery A, Raleigh

**NATURE SERIES** by Grace Li Wang, guest artist; The Cotton Company, Wake Forest; Sept. 1-30 (reception Sept. 10). Contact 919-570-0087.



COURTESY OF GRACE LI WANG

*Fields* by Grace Li Wang will be on view during September in Wang's guest artist exhibition, "Nature Series," at the Cotton Company, Wake Forest

**NATURE AND STUDIES** by Grace Li Wang; Grace Li Wang Art Gallery, Raleigh; Sept. 1 thru Oct. 30. Contact 919-412-6803 or [www.GraceLiWang.com](http://www.GraceLiWang.com).

**A CELEBRATION OF PENLAND SCHOOL'S 75TH ANNIVERSARY**, past and present faculty of Penland School of Crafts residing in North Carolina exhibit their work Sept. 1-Oct. 2; Penland School of Crafts Symposium; Wellington B. Gray Gallery, Greenville; Sept. 30 & Oct. 1. Contact 252-328-6336.

**TEXTILES AND TREASURES OF THE MIDDLE EAST**, featuring kilims, weavings

and more from Turkey, Afghanistan, Iran and other countries as well as educational displays; The Art Gallery, Roanoke Island Festival Park, Manteo; Sept. 2-Oct. 27 (reception Sept. 12). Contact 252-475-1500 or [www.roanokeisland.com](http://www.roanokeisland.com).



ROANOKE ISLAND FESTIVAL PARK

From a collection of Middle Eastern woven textiles & other art works on display in art collector & dealer Stan Akins' two-month show at the Art Gallery, Roanoke Island Festival Park, Manteo

**15TH ANNUAL NEW WORKS SHOW**, never exhibited works juried by Nicholas Bragg; Visual Art Exchange, Raleigh's City Market; Sept. 3. Contact 919-828-7834.

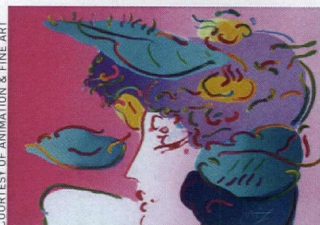
**EVENTS AT ARTSPACE**, Raleigh's City Market; Sept. 3-25 (opening reception & First Friday Gallery Walk, Sept. 3). Contact 919-821-2787 or [www.artspace.org](http://www.artspace.org).

- The Pulpit Series: Prayers, Testaments & Sermonettes, exhibition of fiber works by Valerie Jean Bailey; Upfront Gallery
- New Work by Scott Stockdale, two-dimensional mixed-media works; Lobby
- Shush! paintings by Erika Kymia Nawabi; Gallery 2

**FALL SHOW**, an annual juried show and sale; Carteret County Arts & Crafts Coalition, Beaufort Historic Site; Sept. 4-5. Contact 252-728-7739.

**BEARING WITNESS: WOMEN AS VICTIMS OF WAR**, multimedia work by Cynthia Aldrich; Annie Boykin Gallery, The Arts Council of Wilson. **TREASURED FRIENDS AND PLACES**, work by Barbara Stallings featuring paintings depicting kitchens & landscapes of women from different cultural backgrounds; First Gallery, The Arts Council of Wilson; Sept. 9-Oct. 23. Contact 252-291-4329 or [www.wilson-arts.com](http://www.wilson-arts.com).

**THE ART OF THE FEMALE FORM**, featuring work representing the female form by great artists, including Peter Max; Animation & Fine Art Galleries, University Mall, Chapel Hill; Sept. 10 thru Oct. 7. Contact 919-968-8008 or [www.animationandfineart.com](http://www.animationandfineart.com).



COURTESY OF ANIMATION &amp; FINE ART

*Flower Spectrum* by Peter Max, will be on exhibition in "The Art of the Female Form" at Animation and Fine Art, Chapel Hill

**SECOND FRIDAY ART WALK;** more than a dozen art galleries & facilities offer displays, entertainment & refreshments; Chapel Hill & Carrboro; Sept. 10. Contact 919-929-2787.

**LAST FRIDAY ARTS FEST**, live music on the Old County Courthouse lawn, plus other performances, art exhibits,



COURTESY OF ARTSPACE

*Triptych For Sojourner (Panel A)*, cotton, silk, wool, beads and rayon threads by Valarie Jean Bailey in "The Pulpit Series: Prayers, Testaments & Sermonettes" at Artspace, Raleigh





*True Blue Dream of Sky* by Nancy Tuttle May is part of a new exhibition at Garden Gallery, Raleigh

craftspeople, food. Museums, galleries, restaurants open; Downtown historic district, Hillsborough; Sept. 24. Contact 919-732-7741.

**WORKS BY NANCY TUTTLE MAY**; exhibition at Garden Gallery, Raleigh; Sept. 26-Nov. 14. Contact 919-787-2999.

## CLASSICAL



The Miró Quartet will perform concerts at the Reynolds Industries Theatre, Durham, and the Long View Center, Raleigh, for the "September Chamber Music Festival of the Triangle"

**SEPTEMBER CHAMBER MUSIC FESTIVAL OF THE TRIANGLE**, sponsored by the Raleigh Chamber Music Guild:

- Miró Quartet and Mayron Tsong, piano; Reynolds Industries Theater, Duke University, Durham; Sept. 10. Contact 919-684-4444 or [www.rcmg.org](http://www.rcmg.org).
- Miró Quartet and Amadi Hummings, viola; Long View Center, Raleigh; Sept. 12. Contact 919-821-2030 [www.rcmg.org](http://www.rcmg.org).

**NC SYMPHONY**, with music director Grant Llewellyn; Meymandi Concert Hall, Raleigh. Sept. 17 & 18. Contact 919-733-2750 or [www.ncsymphony.com](http://www.ncsymphony.com).

**COASTAL CAROLINA CHAMBER MUSIC FESTIVAL GALA CONCERT**; Christ Episcopal Church, New Bern; Sept. 18. Contact 252-626-5419.

**FROM THE RIDICULOUS TO THE SUBLIME**; Mallarmé Chamber Players; Nelson Music Room, Duke University, Durham. Sept. 19. Contact [mallarememusic.com](http://mallarememusic.com).

**NC SYMPHONY WITH NCSA SOLOIST COMPETITION WINNER**; Carolina Theatre, Durham; Sept. 24. Contact 919-733-2750 or [www.ncsymphony.org](http://www.ncsymphony.org).

**FOUR SEASONS CHAMBER MUSIC FESTIVAL: THE BRENTANO QUARTET**, performing five Madrigals of Carlo



John Brown, new director of jazz at Duke University will be at the podium on Oct. 1 for a concert by the Duke Jazz Ensemble in Baldwin Auditorium, Durham

Gesualdo, Mozart's C Major String Quintet, and Beethoven's String Quartet in A Minor; A.J. Fletcher Recital Hall, ECU, Greenville; Sept. 24; Contact 1-800-ECU-ARTS.

**ROBERT L. JONES DISTINGUISHED VISITING PROFESSOR CONCERT**: Meridian Arts Ensemble, A.J. Fletcher Recital Hall, ECU, Greenville; Sept. 25. Contact 1-800-ECU-ARTS.

**NC SYMPHONY**; Riverfront Convention Center, New Bern; Sept. 26. Contact 252-638-9050.

**DUKE JAZZ ENSEMBLE**, with new director of jazz John Brown; Baldwin Auditorium, Duke University, Durham; Oct. 1. Call 919-660-3300.

## MUSEUMS

**LURED BY FISHING**, art exhibit by Carroll Lassiter of Chapel Hill; NC Maritime Museum, Beaufort; now thru October 17. Contact 252-728-7317.



*Afterwords*, oil on masonite by Carol Lassiter, hangs in an exhibition, "Lured by Fishing," at the NC Maritime Museum, Beaufort. The still life depicts a Spanish Grunt caught bottom fishing at West Rock. Newspaper includes ad for *Carolina Princess*.

**NATURE UP-CLOSE: THE PHOTOGRAPHY OF MELISSA HARRIS AND JUAN PONS**; Nature Art Gallery, Museum Store, NC Museum of Natural Sciences, Raleigh; now thru Sept. 26. Contact 919-733-7450, ext. 369 or [www.naturalsciences.org](http://www.naturalsciences.org)

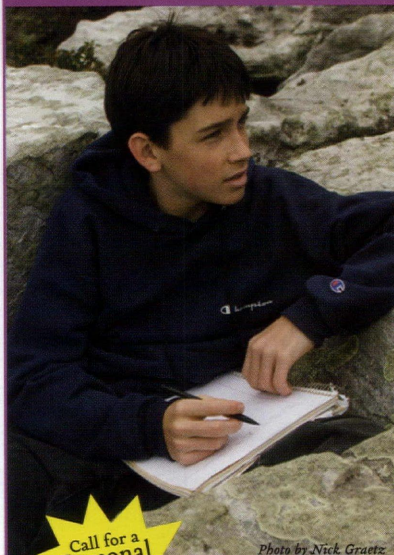
**ROCK AND MINERAL DAYS**, break open a geode, sieve for precious stones, see incredible displays & tour Treasures Unearthed; NC Museum of Natural Sciences, Raleigh; now thru June 12, 2005. Call 919-733-7450, ext. 502.

**MUSEUM EXHIBITS AT THE MUSEUM OF LIFE & SCIENCE**, Durham. Contact 919-220-5429 or [www.ncmls.org](http://www.ncmls.org):

- Tech City, now thru Sept. 6
- Carolina Butterfly Pavilion, seasonal butterfly house now thru Sept. 30

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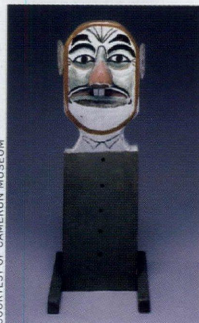
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**THREE NEW EXHIBITS;** Cameron Art Museum, Wilmington. All open Sept. 10-Nov. 14. Contact 910-395-5999 or [www.cameronartmuseum.com](http://www.cameronartmuseum.com):

- Point of View: American Folk Art
- Outsider Art inside Wilmington
- Expressing our Roots: Folk Art from the Museum's permanent collection



*Carnival Head*, paint on wood by Miles Burkholder, will show in exhibition "Point of View: American Folk Art," from the Collection of William & Ann Oppenheimer, Exhibition Wing, Louise Wells Cameron Art Museum, Wilmington

COURTESY OF CAMERON MUSEUM

**CIVIL WAR SYMPOSIUM**, afternoon of lectures on Orange County & its role in the Civil War; Orange County Historical Museum, Hillsborough; Sept. 18. Contact 919-732-2201.

**BOOK SIGNING WITH LOOKING FOR LONGLEAF AUTHOR LARRY EARLEY;** Nature Art Gallery, NC Museum of Natural Sciences, Raleigh; Sept. 21. Contact 919-733-7450, ext. 303.

**FIVE ARTISTS - FIVE FAITHS: SPIRITUALITY IN CONTEMPORARY ART**, 23 works of varying media; Ackland Art Museum, Chapel Hill; Sept. 23 thru Jan. 16 (reception Sept. 26). Contact 919-843-1611 or [www.ackland.org](http://www.ackland.org).

Artists' talks, performances, reception to accompany exhibition:

- Music, dance and narrative presentations by

university and area performers, illuminating exhibition's artistic expression & spirituality, Sept. 23

- Songs from Islam, performed by choral ensemble led by Mustapha Shoukee, Sept. 23
- Gallery Talk by exhibition artist Ahmed Moustafa, Sept. 26

**BUGFEST 2004 IS BACK!** (Rescheduled) NC Museum of Natural Sciences, Raleigh; Sept. 25. Contact 919-733-7450 or [www.bugfest.org](http://www.bugfest.org).

#### STAGE & SCREEN

**THE MISANTHROPE**, Moliere's classic comedy about manners & political posturing; presented by Deep Dish Theatre Company; University Mall, Chapel Hill; Sept. 2-18. Contact 919-968-1515.

**LASER SHOWS FEATURING ROCK GREATS**, works of Pink Floyd, The Beatles, Radiohead & Beastie Boys, returning after a decade; Morehead Planetarium & Science Center, UNC Chapel Hill, beginning Sept. 2. Call 919-962-1236.

**ELIZABETH R**, acclaimed one-woman show that examines private life of Elizabeth Tudor, or Queen Elizabeth I; Film Theatre, Roanoke Island Festival Park; Manteo; Sept. 8. Contact 252-475-1500 or [www.roanokeisland.com](http://www.roanokeisland.com).

**MUSIC OF HOLLYWOOD**, presented by London Symphony Orchestra; RBC Center, Raleigh; Sept. 8. Call 919-834-4000 or [www.ticketmaster.com](http://www.ticketmaster.com).

**STEEL MAGNOLIAS**, presented by RiverTowne Repertory Players; Sudan Shrine Auditorium, New Bern; Sept. 10-12, 16-18. Contact 252-637-5197 or 252-637-2662.

**RAGTIME**, NC Theatre production; Memorial Auditorium, BTI Center, Raleigh; Sept. 11-19. Contact 919-831-6950 or [www.ticketmaster.com](http://www.ticketmaster.com).

**ONE FLEW OVER THE CUCKOO'S NEST**, RLT's Gaddy-

Goodwin Teaching Theatre, Raleigh; Sept. 17-19, 23-26, 30 & Oct. 1-3. Contact 919-821-3111 or [www.ral-eighlittletheatre.org](http://www.ral-eighlittletheatre.org).

**PAPERHAND PUPPET INTERVENTION**, Donovan Zimmerman & Jan Berger turn cardboard & cloth into works of art, using puppets to teach love of earth & community; Sept. 19. ArtsCenter, Carrboro; Contact 919-929-2787 or [www.artscenterlive.org](http://www.artscenterlive.org).

**BALANCHINE: MASTERWORKS**, The Celebration Continues; Carolina Ballet, A.J. Fletcher Opera Theater, BTI Center, Raleigh; Sept. 23-Oct. 10. Contact 919-790-0900.

**FLICKER FESTIVAL**, 10-Year Anniversary, local filmmakers celebrating best of 10 years of 8 & 16mm short films; ArtsCenter, Carrboro; Sept. 24; Cat's Cradle, Chapel Hill, Sept. 25. Contact 919-929-2787 or visit [flickerfestival.com](http://flickerfestival.com).

**BILOXI BLUES**, Neil Simon's comedy presented by NCSU's University Theatre, Stewart Theatre, Raleigh; Sept. 29-October 3. Contact [www.ncsu.edu/arts](http://www.ncsu.edu/arts).

**HAIR**, the American tribal love-rock musical, opens the new ECU/Loessin Playhouse season with managing director Jeff Woodruff; Sept. 30-Oct. 5; McGinnis Theatre, ECU, Greenville. Contact 252-328-6829, 1-800-ECUARTS or [www.ecuarts.com](http://www.ecuarts.com).

#### POTPOURRI

**NC WRITERS' NETWORK FALL 2004 COURSES**. Contact 919-967-9540 or [www.ncwriters.org](http://www.ncwriters.org):

- Placing Pictures: Using Photographs to explore Landscape of Your Past, Sept. 9-Oct. 14; Network, Chapel Hill
- Creative Journaling Toolbox, Sept. 9-Oct. 14; Health Space, Raleigh
- Build Your Own Book: One-Day Chapbook Workshop, Sept. 18; Publishing Laboratory, UNC-Wilmington
- The Artist's Way, day-long workshop, Oct. 2; Network, Chapel Hill

**JOHN LAWSON WALKING TOUR**; Historic Bath; Sept. 11. Contact 252-923-3971.

**ARTSCHOOL AT ARTSCENTER'S 30TH ANNIVERSARY CELEBRATION**; ArtsCenter, Carrboro; Contact 919-929-2787 or [www.artscenterlive.org](http://www.artscenterlive.org):

- Open House, featuring variety of free workshops including drawing, dancing, ceramics, acting as well as demonstrations & exhibits by instructors; Sept. 11
- Theater Extravaganza & Benefit Buffet; Sept. 11
- Block Party Weekend Concerts & Art Quilt Auction; Sept. 17 & 18: Friday night: Velvet, Big Medicine, Bill & Libby Hicks, Lightnin' Wells, Loose Mood & Hooverville; Saturday night: Magnolia Klezmer Band, Brown Mountain Lights, Stillhouse Bottom Band, Red Clay Ramblers, Darryl Stover, Jaafar and Saludos Company; also Handmade Earl Wynn Theater quilts auctioned off, between acts



COURTESY OF ARTSCENTER

Stillhouse Bottom Band will perform on Sept. 18 at the ArtsCenter's 30th Anniversary Block Party Weekend in Carrboro

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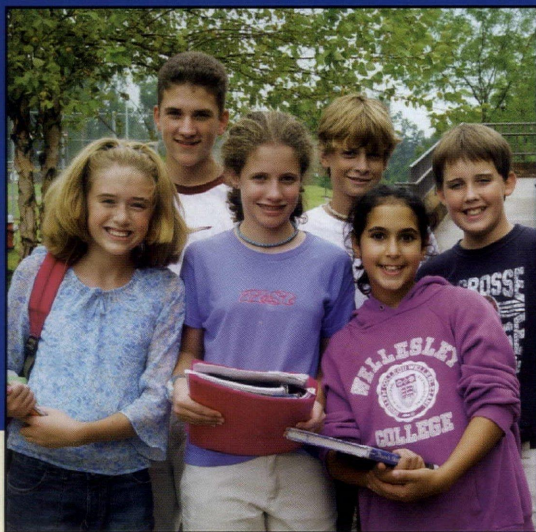
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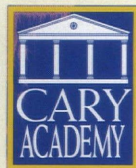
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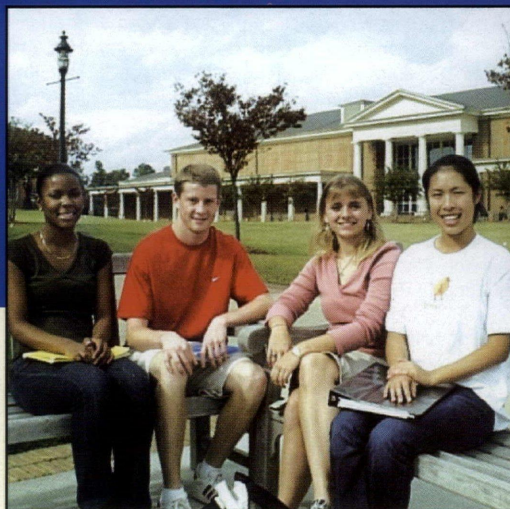


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**GLOBAL FAITH COMMUNITY FORUM SERIES**, presentations on World Religions, Partnership of Triangle Interfaith Alliance & Exploris. Contact 919-834-4040 or [www.exploris.org](http://www.exploris.org)

- Sept. 12—Islam
- Sept. 26—Buddhism

**DR. ELLIOT ENGEL, AUTHOR OF THE HISTORY & MYSTERY OF WINE**, Headquarters Library of Cumberland County Libraries; Sept. 14. Contact 910-483-7727 ext. 210.

**NOBEL LAUREATE WOLE SOYINKA LECTURE**, part of 2004 African Diaspora Lecture Series; Dr. Harold J. Cobb Sr. Theatre, Stone Center, Chapel Hill; Sept. 16. Contact 919-962-9001 or <http://ibiblio.org/shscbch/>.

**SHOW & TELL ARBORETUM LECTURE**, members & general public share gardening experiences; Raulston Arboretum, Raleigh; Sept. 19. Submit your digital photographs, slides, & photographs by Sept. 17. Contact 919-513-7005.

**BEEHIVE WEEKEND**, free tours led by an interpreter in 19th century costume, plus games for children on front lawn; Burwell School, Hillsborough; Sept. 18 & 19. Contact 919-732-7451.

**NC SEAFOOD FESTIVAL KING NEPTUNE BALL**, music by Band of Oz; Sheraton Atlantic Beach Oceanfront Hotel, Atlantic Beach; Sept. 18. Contact 252-726-6273.

**CIVIL WAR REENACTMENT**, talks on flags, uniforms, Civil War dress, plus musket firings & drills; Fort Macon State Park, Atlantic Beach; Sept. 18 & 19. Contact 252-726-3775.

**STORYTELLING FESTIVAL**, hosted by Wake County Public Libraries and Exploris; Historic Oak View Park, Raleigh; Sept. 18 & 19. Contact 919-250-1200.

**17TH ANNUAL SCULPTURE IN THE GARDEN**, annual display of sculptures in various media by artists with NC

ties; NC Botanical Garden, Chapel Hill; September 18-Nov. 19. Contact 919-962-0522 or [www.ncbg.nc.edu](http://www.ncbg.nc.edu).

**STORYTELLING BY BOBBY NORFOLK**, renowned storyteller & three-time Emmy Winner combines comedy & drama to teach principles & value lessons; Exploris, downtown Raleigh; Sept. 19. Contact 919-834-4040 or [www.exploris.org](http://www.exploris.org)

**ETHICAL AWARENESS AND LOVE, THE MOTIVATORS FOR ADVANCE CARE PLANNING**, presentation & book signing, Sponsored by Hospice of Wake County; NC State University Club, Raleigh, Sept. 22. Contact 919-828-0890 or [www.rtpnet.org/ldcw](http://www.rtpnet.org/ldcw)

**HELLO, MY NAME IS MOMMY**, Women@Work Luncheon; Embassy Suites, Cary; Sept. 22. Contact 919-956-2430.

**A CELEBRATION OF HISPANIC CULTURE**, Grupo Sarengue in performance of contemporary Latin music; Headquarters Library of Cumberland County Libraries, Fayetteville; Sept. 24. Contact 910-483-7727 ext. 210.



Stallions cavorting on Shackleford Banks—one of the sights awaiting visitors on a guided tour, "Horse Watching on Shackleford Banks," making up at Harkers Island on Sept. 25

**MALCOM BLUE FARM 35TH ANNUAL HISTORICAL CRAFTS & FARM SKILLS FESTIVAL**; Aberdeen; Sept. 24-26. Contact 910-944-7558.

**HISTORIC TARBORO'S EXTRAVAGANZA**; Sept. 24-26. Contact 252-823-5166, ext. 212.

- Antique Show and Appraisal Fair, Sept. 25, Edgecombe County Administrative Building
- Edgecombe Garden Club's Home and Garden Tour, Sept. 26
- Other events: civil war living history, traditional crafters, walking tours, horse and carriage rides, canoe trips up the tar river, historic dinners, Sunday luncheon

**HORSE WATCHING ON SHACKLEFORD BANKS**, guided by the Cape Lookout National Seashore; tour meets on Harkers Island to ferry to Shackleford (reservations required); Sept. 25. Contact 252-728-2250, ext. 3002.

**FIRST AUTUMN ARTS FESTIVAL**; historic downtown Wake Forest; Sept. 25; Contact 919-441-9551.

**GARDEN OPEN DAY**, enjoy the late summer and early fall perennials at their peak; Montrose Gardens, Hillsborough. Sept. 25. Contact 919-732-7787.

**BOOK SIGNING BY ELIZABETH TRINKAUS**, author of *Conversations On Success*; Divine Guardian Self-Discovery Center, Atlantic Beach; Sept. 28. Contact 919-968-1620 or [www.pinnacleview.net](http://www.pinnacleview.net).

#### POP MUSIC

**LIVE MUSIC CONCERT**, a night of progressive rock with Freehand and Land of Chocolate; The Arts-Center, Carrboro; Sept. 3. Contact 919-929-2787.

**KELLER WILLIAMS WITH BELA FLECK & YONDER MOUNTAIN STRING BAND**; Regency Park Amphitheatre, Cary; Sept. 3. Contact [www.kellerwilliams.net](http://www.kellerwilliams.net).

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**FRIDAYS ON THE FRONT PORCH**, live music on front porch & lawn with tapas & bar menu available; The Carolina Inn, Chapel Hill; Sept. 3, 10, 17, 24. Contact 919-918-2777.

**SEPT. CONCERTS AT ALLTEL PAVILION**, Raleigh. Contact Ticketmaster 919-834-4000 or [www.alltelpavilion.com](http://www.alltelpavilion.com):

- Sting & Annie Lennox w/Dominic Miller—Sept. 4
- House Party Christian Music Festival, featuring Building 429, Chris Tomlin, ZOE girl, Relient K, Caedmon's Call, Avalon & Audio Adrenaline—Sept. 12
- The Allman Brothers & Lynyrd Skynyrd—Oct. 1

**TRIAGE**, one of the most active groups on Chicago jazz and improvised music scene; Performance Space in Templeball, De La Luz, Carrboro; Sept. 9. Contact 773-784-9233.

**BULL DURHAM BLUES FESTIVAL**, Hayti Heritage Center & historic Durham Athletic Park, Durham; Sept. 9-11. Contact 919-683-1709 ext. 22 or [www.hayti.org](http://www.hayti.org).

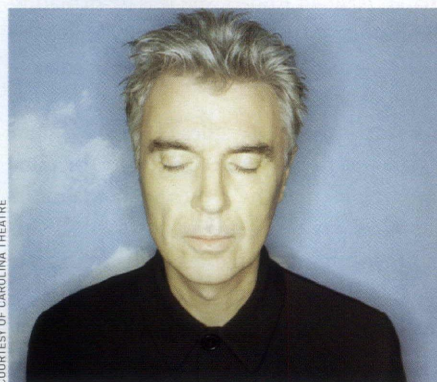
**WORLD ARTS FESTIVAL**, The ArtsCenter, Carrboro. Contact 919-929-2787 or [www.artscenterlive.org](http://www.artscenterlive.org). (See next month's Preview for listings of Oct. World Arts Festival concerts.)

- Samite of Uganda—Sept. 10
- Tripsichore Yoga Theatre—Sept. 12
- Samir & Partha Chatterjee—Sept. 25

**BARBARA MARTIN AND MAC WALTER/ACOUSTIC BLUES AND JAZZ**, The Film Theatre, Roanoke Island Festival Park; Sept. 16. Contact 252-475-1500.

**J.D. CROWE**, Grammy Award Winner and 2003 IBMA Hall of Honor inductee; Boykin Center Stage, Wilson; Sept. 17. Contact 252-291-4329 or [www.wilson-arts.com](http://www.wilson-arts.com).

**MY BACKWARDS LIFE**, world music concert by David Byrne, featuring Tosca Strings; Carolina Theatre, Durham; Sept. 19. Contact 919-560-3040 or visit [www.carolinatheatre.org](http://www.carolinatheatre.org).



David Byrne, featuring the Tosca Strings, will perform his world music concert, "My Backwards Life," at the Carolina Theatre, Durham

**PINECONE THIRD TUESDAY BEGINNING IRISH MUSIC SESSION**; Carolina Pines Recreation Center, Lake Wheeler Road, Raleigh; offers beginners opportunity to play together in non-public atmosphere Sept. 21. Contact 919-469-3264 or [www.pinecone.org](http://www.pinecone.org).

**SAMECUMBA CONCERT**, free Latin dance music presented by PineCone & Town of Garner; Lake Benson Park, Garner; Sept. 25. Contact 919-990-1902 or [www.pinecone.org](http://www.pinecone.org).

**7TH ANNUAL CARRBORO MUSIC FESTIVAL**, featuring 135 groups & performers in 20 indoor and outdoor venues; various locations, Carrboro; Sept. 26. Contact 919-918-7307 or [www.carrboromusicfestival.com](http://www.carrboromusicfestival.com).

## RECREATION

**SOUTH BRUNSWICK ISLANDS CLASSIC KING MACKEREL TOURNAMENT**; Holden Beach Marina; Sept. 3 & 4. Contact 910-754-6644.

**ATLANTIC BEACH KING MACKEREL TOURNAMENT**, nation's largest all-cash fishing tournament; Sea Water Marina, Atlantic Beach; Sept. 9-12. Contact 252-247-2334 or 800-545-3940.

**16TH ANNUAL MS 150 MAGICAL MYSTERY BIKE TOUR**; For the benefit of multiple sclerosis; New Bern; Sept. 11-12. Contact 800-fight-ms.

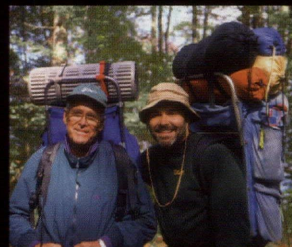
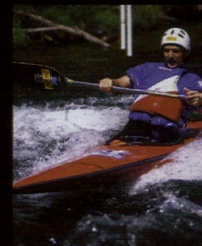
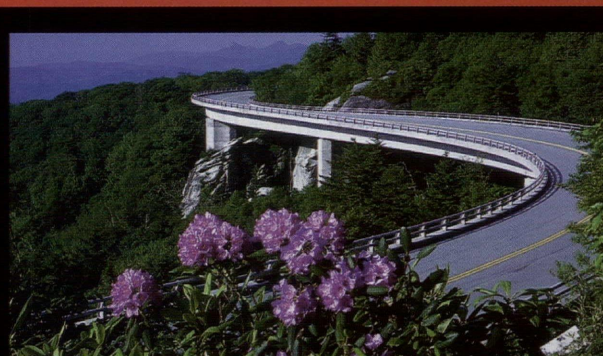
**ANNUAL DASH & SPLASH 5K ROAD RACE**, benefits Duke Community Care Hospice; Triangle SportsPlex, Hillsborough; Sept. 18. Contact 919-644-0339.

**WAKE FOREST CHAMBER OF COMMERCE GOLF TOURNAMENT**, 4-person teams, Captain's Choice Superball; Heritage Golf Club, Wake Forest; Sept. 22. Contact 919-554-6100. **MM**

Our thanks to Suzie Humphrey for her assistance with Preview.

**EDITOR'S NOTE:** Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: [fsmith5@nc.rr.com](mailto:fsmith5@nc.rr.com).

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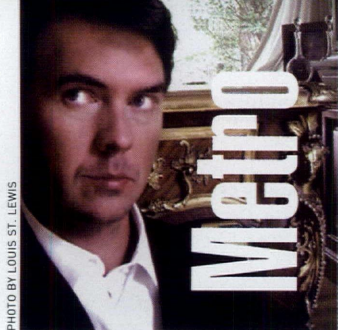


PHOTO BY LOUIS ST. LEWIS

# Artist-at-Large

by Louis St. Lewis

## THE ANN STEWART TOUCH TURNS TO PHOTOGRAPHY

It is my firm belief that we are all placed here on this planet for a reason. And in my humble estimate Chapel Hill resident Ann Stewart was destined to have an exciting life and share her passion for art. I can't think of any other person who has been featured as a "Youthquaker" in VOGUE, has

think the best is yet to come.

Ann's career in the arts began in Washington, DC, where she was the state-federal liaison for the arts in the Governor's NC Washington office. Returning to her hometown, Chapel Hill, she was a longtime member of the Advisory Board of the UNC

mind of the creation of the NC Art Society, with a view of establishing a proper art museum for the state. Decades later, after the current museum had become a reality, Ann served several terms on the board of the Art Society. She initiated a visionary show of video art by Iranian-born artist Shirin Neshat that was canceled due to budgetary reasons when the economy collapsed. And she was instrumental in persuading the Museum to undertake the exhibition of Bill Bamberger's photographs of the closing of the White Furniture Company. This lady truly has art in her veins.

I first met Ann at a soiree in NC Museum of Art director Larry Wheeler's home many years ago. She was easy to spot in the crowd with her boyish haircut and Comme des Garçons frills. Flanked by her dashing husband, Randall Roden, she was gesticulating with a martini and more than matching jokes with admirers gathered round. I immediately fell in love with her.

Ann is the ideal art dealer. I wish I could clone her. She cares deeply about the photographers that she represents and thinks nothing of hopping on a plane to speak with a European museum official, flying to New York City to meet with a new client or picking up the phone to contact Elton John's personal curator. Unlike some gallery directors, who seem to think that simply opening up a shop and taking half of an artist's money is their only responsibility, Ann Stewart knows that any topnotch representative bends over backward to make certain that her artists are purchased by the right collectors and the right museums for the right reasons. Her enthusiasm is so catching that she not surprisingly has attracted an impressive and diverse group of artists and clients.

To quote John Bloedorn of Craven Allen Gallery, who does all of Ann's splendid framing, "Her sense of humor puts you immediately at ease—she's got a sharp wit which is



PHOTO BY LOUIS ST. LEWIS

flown across the country on Malcolm Forbes' gold jet, The Corporate Tool, and has had a private viewing of artwork in both the public and private quarters of the White House conducted by the President and First lady personally. Now with Ann taking on the mantle of promoting fine art photography, I

Institute for the Arts and Humanities and was responsible for a series of programs that brought notable artists like dancer Bill T. Jones and poet laureate Robert Pinsky to campus.

Ann's grandfather, the beloved UNC Chancellor Robert B. House, was a master-



Photograph by John Rosenthal: *Phillips Collection*Martson/Hill Editions: Walker Evans *Houses & Billboards Atlanta*

part and parcel with her smoky voice. She's someone who's comfortable in her own skin, so is at home anywhere, whether it's that great Southern Gothic home on Franklin Street or in New York or Paris. I love the house—impeccable taste à la Georgia Kyser combined with eclectic fun stuff like her '50s dinette set in the kitchen, and truly amazing

art—not just the photographs, but everything from folk art to Louise Bourgeois—not overdone, but just right; elegant but supremely comfortable.” John Rosenthal, another of Ann’s photographers is no less impressed with her talents, says, “Ann understands and appreciates that a good photograph is an intersection where reality and

fiction meet. She likes photographs that “THINK.” She likes to be surprised by the collision between what a photograph sees and what it imagines.”

Indeed Ms. Stewart represents some remarkable talents, among them Alex Harris, whose work graces the collections of many museums, including the Getty, the Met, the

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COURTESY OF ANN STEWART FINE ART



Photograph by Paul Jeremias: *Santa Fe Opera*, Santa Fe, New Mexico



Photograph by Alex Harris: *Cienega Station and Brica Pilon Looking Southeast from Pedro Gonzalez's 1951 Chevrolet*, May 23, 1988, Havana, Cuba

MOMA and the High. I really enjoy his cityscapes of Cuba through the windshields of antique automobiles—the first of his three part series on Cuba that is destined for major exhibitions.

While Ann does most of her consulting by appointment to assure close attention to

her clients' needs, occasionally she will present a body of work in an interesting public venue. Luckily two of those presentations will occur in North Carolina this fall. Enoteca Vin in Raleigh, which will be featured in the October issue of *FOOD & WINE*, will display a collection of John Rosenthal's work,

and for those of you who have never seen the Martson/Hill prints of Walker Evans or Alex Harris' works in person, Crooks Corner in Chapel Hill, cradle of Southern cooking, will be showcasing their photography for the entire month of October with an opening reception the evening of October 4. Go have a glass of wine at Crook's and be lured in by the lushness of the photographs and the irrepressible good taste and charm of Ann Stewart. For a preview, visit her website: [annstewartfineart.com](http://annstewartfineart.com).

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Photograph by Margaret Sartor: *Katherine in the Playhouse*, Monroe, Louisiana 1989

In case you are buzzing around Raleigh in September, the Visual Art Exchange of Wake county will be having their annual juried show, with Nicholas Bragg of Reynolda House as guest juror... go take a peek. **MM**



## HOW TO BE A GENTLEMAN

**Q** uoting oneself may be the epitome of literary self-conceit. But I will do it one more time, and risk your judgment.

Several years ago, now, I said, "Easterners have a natural affinity for one another. One easterner will find another in a crowd of hundreds, strike up a conversation, talk five minutes and become friends for life."

In Blowing Rock recently, I proved myself right (better to say "I proved myself right" than "I told you so"). This resort village nestled in the Blue Ridge 10 miles or so from Boone, although still a delight to visit, no longer is the isolated summer place that the grandfather of my friend and Raleigh attorney, Spencer Barrow, helped develop in the early part of the last century. Years ago, Spencer treated a crew of us—including two of the Capital's most respected lawyers, Eddie Speas and John Shaw of Poyner Spruill—to several memorable days at the Barrow family chalet perched on the spectacular St. John's Gorge.

While Blowing Rock retains much of its small-town flavor, the sidewalks and shops were crowded with tourists the day I visited. Any number of luncheon places were serving up good eats, including The Speckled Trout Oyster Bar and Café where I passed up the speckled trout for perfectly prepared catfish and visited briefly with Raleigh's Bill Johnson of Progress Energy, who was dining alfresco with his wife Sally and daughter. I knew I was in the right place when I saw Bill sitting on the porch because he is a great cook and appreciates good food.

As I headed back down the hill to my car after lunch, I did a double take as I passed a small shop called "Gunnersbury, for the distinguished gentleman," tucked away on Sunset Drive, which really is not a "drive" at all—just a narrow street two Dodge Rams can't pass on comfortably. A homemade mannequin, dressed in an elegant smoking jacket and lounging pajamas, was holding the door open for the curious. I had to go back and see what Gunnersbury offered "the distinguished gentleman."

I am glad I did. I discovered that two amiable, transplanted, Down East gentlemen are the proprietors, hence, at least in my mind, proving my statement. Needless to say, I know some of their folks. Owner Rock Boney grew up at Topsoil, where my childhood friend Jerry Burkot—now the eastern North Carolina school supply mogul—and I spent idyllic summer days on the beach and fishing off the sound pier. Rock, who certainly was not born then, is a member of the expansive New Hanover County Boney clan. A graduate of the Campbell University Pharmacy School (*what a success story that Pharmacy School is*), he plied his trade in Mountain City, TN, until he decided to fulfill a dream and open Gunnersbury this summer.

Longtime Boney family friend, Richard Floyd, originally of Fairmont in Robeson County, is a part of the venture. Richard, a pharmacist, also, is retired, keeps places in both Lexington and Blowing Rock, and helps out in the shop when needed. There are a lot of Floyds in Robeson County, and Richard is kin to all of them, I expect, as well as the one-t Pitmans, McMillans and Bullocks.

Gunnersbury is a treasure trove that includes hard-to-find English toiletries for gentlemen, such as George Trumper and Taylor of Old Bond Street, which the company boasts was established during the reign of Queen Victoria. I have shopped in the flagship store on London's Jermyn Street.

Gentlemen, if you can't get to Blowing Rock, check the Taylor of Old Bond Street Web site. What we call a "straight razor" Down East—the kind our barbers still use, Taylor of Old Bond Street markets as a "cut-throat razor" with a warning to handle it carefully. Good advice. Barbers have nicked the back of my ears a time or two, and once when I was vacationing in Jamaica, I read in the paper that a barber there had slashed a customer's throat with a straight razor during a political argument.

Gunnersbury carries a little book by John Bridges titled, *How To Be A Gentleman, A Contemporary Guide To Common Courtesy*, that I have seen at gentleman clothiers Jos. Bank and Brooks Bros, also, I believe. I especially like the dust jacket statement, "A gentleman is someone who makes others feel comfortable. Good manners is (I would have said are) simply a matter of common sense and courtesy."

But, in my opinion, it is a more than that. It is knowing what to do so you feel comfortable and confident.

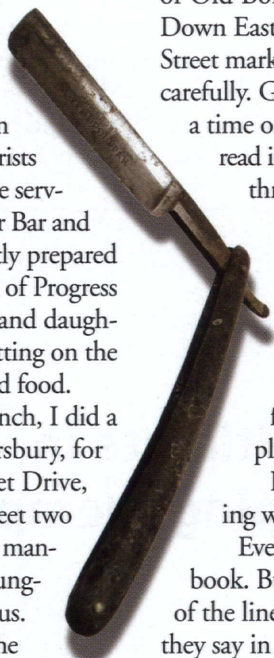
Every fledgling gentleman should have a copy of Bridges' book. But having read it from cover to cover, I was reminded of the line from the musical, *Li'l Abner*, that goes, "The things they say in the Bible is reliable, but they ain't necessarily so."

Certainly I agree with Mr. Bridges that "A gentleman never gets so big that he can feel free to say or do things that make other people feel small," or "brags," or keeps a "drool cup" on his desk if he chews tobacco, or "adjusts his crotch in public."

On the last item, baseball players seem to be the prime offenders. And it doesn't matter that several million people may be—and usually are—watching on national TV as they perform this indelicate act. Roseanne Barr made the point about the hardballers during her disgraceful rendering of the National Anthem at a World Series game that doggone near ruined her.

On some few matters, Bridges missed the mark.

Take, for example, his statement, "A gentleman tucks his undershirt into his under shorts." Mr. Bridges, a guy who tucks





his undershirt in his drawers is not a gentleman, he's a Geek, and there's a big difference where I come from. The fact is, gentlemen buy quality, properly sized undershirts so they don't have to tuck them in their drawers to keep them from riding up.

"A gentleman feels no necessity to wear socks after Memorial Day—at least in casual situations." Fine. I agree wholeheartedly, though I have taken some heat from upland friends who have never experienced 100 degrees and 100 percent humidity and don't know that shagging in weejeuns with no socks is a hallowed eastern North Carolina custom.

But how about this? "If he is Southern, he may not even wear them to church." Between you and me, gentlemen not only wear socks to church—regardless of geography or climate, they make sure they are long enough to cover their pasty legs, should they have occasion to cross them.

In one instance, the writer is simply wrong, and that is how a gentleman signals that he has finished his meal so his dinner plate can be removed. "When a

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gentleman has finished eating, he places his knife and his fork, crisscrossed, on his plate." I find no one who agrees.

In fact, while plundering through a chest recently, I found four pages of mimeographed material titled "Notes on Certain Points of Social Etiquette" that were given entering students at Wake Forest in the mid-60s. The "Notes" state the correct rule. "When the meal, or course, is finished, knife and fork should

be placed side by side in the center of the plate with knife edge facing center." Actually, I prefer to place them slightly to the right. A gentleman should never then "tidy up" by placing his napkin in his plate, unless he also is prepared to take it home, wash the gravy stains out of it, and return it nicely starched and ironed.

Being a gentleman and using good manners should not be a chore—even in the 21st century. In fact, as the "Notes" from four decades ago say, "They pay off in efficiency and goodwill. You will have more fun and be happier if you know what to do, how, when and where." These are words from a less complicated time. But, between you and me, the rules and considerations that shape and guide a gentleman's conduct are timeless, and the rewards priceless.

Here's to Down East gentlemen who are keepers of the flame, and my newfound "friends for life"—living out west but still easterners to the core—who believe that being a gentlemen is important and cater to the needs of those who pass their way. MM



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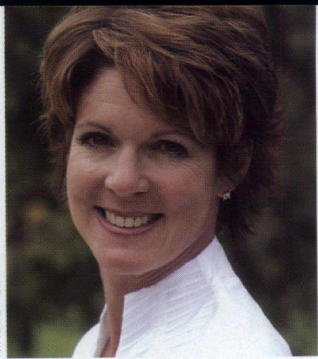
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# I Know How You Feel

by Jennifer Julian

**T**he doctor's bill arrived today. The computer generated notice claims that if I don't pay \$15 immediately, my good name and the \$15 debt will be sent to the collection bureau. The interest on my Visa bill went up this month—because I pay on time and in full. And when the hurricane rips the roof off my house, I'm afraid to make a claim because my long-time insurance company will probably drop me.

Sound familiar?

I know how you feel. You're dominated by technology that's often on the fritz, insulted by customer service representatives who are convinced the customer is always wrong and afraid to speak out because the boss, the computer company and the grocery store may be keeping track of all your good and bad habits. You're in the battle of man versus machine. And the machine is definitely winning.

You may know me. For 12 years, I was WTVD's Troubleshooter. I investigated hundreds of complaints. Bernie Reeves wants me to do the same for *Metro* but with the expectation that you will educate me about the degradation you're experiencing. I hope to act as your conduit for problem solving and redress.

That's why Gary Derr called me. A local businessman, Derr got fed up with the daily abuse. Time is his most valuable asset, and he's sick of wasting it with customer reps that don't offer service. In January, Derr took time off work for a doctor's appointment in Chapel Hill. Unfortunately, Mother Nature decided to grace the Triangle with her presence. Most roads were ice-covered and most businesses were closed or delayed. Derr spent much of the morning watching the bottom of his television screen looking for any information on the Family Doctor in Chapel Hill. Derr finally called the office. A recorded message said the office would be open—two hours late. He took time from his business in Wake County, and made the trip to Chapel Hill. When he arrived, the receptionist told him the physician wouldn't be coming in because of the bad weather.

"If someone from the office had called to tell me my appointment was canceled, I would have understood. But they didn't take time for that one courtesy," says Derr.

"I charge customers for missed appointments in my business," says Derr. "I asked what the doctor's fee was for a missed appointment. The receptionist said \$50. So, I had my accountant send the doctor a \$50 bill. He hasn't paid and now it's in collections.

"It sure did feel good to stick it to them," exclaims Derr.

Conventional wisdom might be to give up the fight and just accept crummy service. But Gary Derr knew the power of the "escalator"—not the motorized device that transports you up or down. This escalator is usually a middle manager who moves in to handle the customer complaint and make it quietly disappear. In this case, I was the escalator who publicized his complaint. Gary Derr knows public humiliation works wonders. Or at least it makes you feel better.

## NO SOLICITING

It seems once we tackle one of life's insults, a new one rears its ugly

head. The latest is coming to your front door. It's not opportunity knocking. It's the same folks we stopped from calling during dinner.

Now that the National Do-Not-Call list makes it difficult to reach millions of potential customers, marketing companies are returning to an old-fashioned method.

I was one of the first to sign up and one of the first to celebrate the silence during dinner. I threw away the script that I read telemarketers when they called. "Did you know you are breaking a federal law? You cannot call before 9 a.m. and after 8 p.m. I'm keeping a log of this call." My children loved the silent phone. Frankly, my response to telemarketers scared them.

Then it started. Young people with shining faces appeared at my doorstep. They promised to make my life better with cleaning products, learning materials, and lawn treatments. They seemed earnest, friendly and interested in my wellbeing.

It didn't bother me until two or three solicitors came to my house each day. They were persistent. They couldn't believe me when I said, "I'm not interested." I started screening the knocks, peering from the blinds before I opened the door.

I wondered if I was the only one fed up with this invasion. I went to a North Raleigh neighborhood knocking on doors. Michael Barnes claims he was one of the first people in Wake County to sign up for the do not call list. Like me, he was thrilled when the telemarketers quit calling his home.

"But I've noticed a lot more brochures for services and stuff like that. I probably get at least two a day," says Barnes.

Michael believes there's a connection between the start of the national do-not-call registry and the appearance of all the door-to-door solicitors. "I guess they're going to find some way to get business."

Most neighborhoods and apartment complexes prohibit door-to-door soliciting. My neighborhood in Cary claims to be vigilant about soliciting. But there has never been any type of coordinated effort to discourage canvassers from visiting homes. It's always been up to you to call police and your neighborhood association.

Now there is a national database to track solicitors down to the street level. The group will provide a regional alert mechanism to help citizens know "who's knocking at the door."

Supporters of the Do Not Knock Registry concede legitimate door-to-door solicitors exist, but the potential for fraud and a new round of 21st-century dangers have produced a marketplace in need of change.

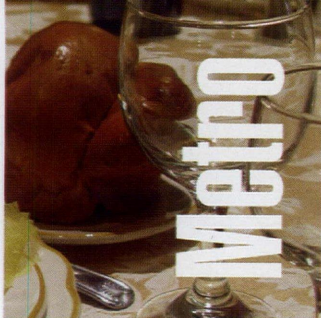
Far from opposing solicitors, the Do Not Knock Registry believes the first right belongs to the occupant of the home. With each address registration, residents receive subtle insignia and security-type yard signs that clearly mark the address as a serious "no soliciting zone."

You can join this fight by going to the [www.donotknock.org](http://www.donotknock.org) website and adding your home address.

Until it goes into effect, do what I do. Tell solicitors to get off your land.

Let me know how you feel. **MM**





# Gourmet

by Moreton Neal

## Chef Warren's

### SANDHILLS FUSION WITH A LOCAL TOUCH

**W**hile visiting a friend in Southern Pines a couple of years ago, I tasted one of the most memorable soups in my culinary experience (a perfectly balanced creamy tomato-fennel). Ever since that impressive meal, I've yearned to return and repeat the pleasure. To my disappointment, Sweet Basil's, the scene of my soup infatuation, serves lunch only and, not surprisingly, hungry patrons queue up for blocks waiting for a table. The same friend, a connoisseur of fine restaurants, suggested we try Chef Warren's. I was delighted for a good excuse to expand my culinary exploration of her hometown, just over an hour down the road from the Triangle area.

Like most American towns these days, Southern Pines has two faces. Its public persona isn't much different from that of others situated along a major highway: an interminable franchise row assaulting drivers with American generic. McDonald's is there, of course, along with its fast-food cousins, presenting décor and menu pretty much the same as everywhere else. But drive a couple of blocks east and you discover the other face of Southern Pines. You won't be disappointed—it's a beauty. But, like many beauties, Southern Pines seems almost unreal. There's not a sign of shabbiness in sight, no aura of faded glory so typical of many small towns in North Carolina.

Southern Pines and its neighbor Pinehurst are no decaying vestiges of the agricultural old South. Each was founded after the Civil War by wealthy Northern industrialists for reasons purely recreational. The unusually balmy microclimate of the Sandhills drew golfers to the area at the tail end of the 19th century, and its soft sandy soil appealed to the horsey set.

Today, Southern Pines displays the unspoiled innocence of a 1950s family



Warren and Marianne Lewis,  
proprietors of Chef Warren's

PHOTOGRAPHY BY KINSLEY DEY



movie. The relaxed, friendly pace is typically southern, but there is also a lovingly manicured quality reminiscent of New England villages. It comes as no surprise, then, that so many Northerners are attracted to this unusual little town, in many ways more typical of north Connecticut than North Carolina. Among these expatriates from above the Mason Dixon line are Warren and Marianne Lewis, proprietors of Chef Warren's.

How did this husband and wife team and Southern Pines find each other? A friend, the chef at a Pinehurst country club, invited the couple to visit. Marianne was immediately smitten with the area and encouraged her husband to accept the sous chef position at the same club. Warren gave up his job cooking at Chef Allen's in Miami (Allen Susser's world-renowned restaurant), moved to Southern Pines and never looked back. Quite simply, "Florida didn't offer the lifestyle we wanted and Southern Pines did." In 1999 the

couple opened their own place on Broad Street, just a block or so from Sweet Basil and a short walk from their own home.

"There is a great sense of community here," enthused Marianne. "We personally know about a third of our patrons, and they trust us enough that they try the things we love to experiment with—exotic game, ostrich. We know what the regulars like to drink—it's a lot like a neighborhood restaurant in Paris. Another third have been introduced by the regulars." I imagine the remaining third find out about the place through the press. Several national golf magazines pinpoint Chef Warren's as the best dining spot among many notable eateries in Moore County.

Chef Warren's has the familiar look and structure of a classic bistro: large rectangular space with amber-tinted walls, tin ceiling, cozy banquettes. But in the spot where you would expect a bar, there is an open kitchen where Warren visibly performs his magic as

Marianne greets guests. Both clearly enjoy their business, a natural extension of their warm personalities and talents.

## LOCAL TOUCH, INTERNATIONAL CUISINE

As we chatted with each Lewis in turn, we sipped Veuve-Clicquot champagne and sampled the menu. First came Lobster Rangoon, an Asian-style fried dumpling served with a smoky-hot chipotle dipping sauce. Next, Blueberry Pancakes with Foie Gras, which sounded overly ambitious until our first bite assuaged all doubts. Intrigued by the ostrich daily special, we tried this beefy-tasting poultry served on a bed of ginger greens. "This tastes like food in Vietnam," my experienced companion observed, discerning a combination of French and Southeast Asian flavors. The eclectic menu reflects the travels of the couple. With degrees in Chinese law (hers) and engineering (his) the Lewises both aban-

## Off the MENU

by Fred Benton

benefiting the local fishing community's fire department and schools. For more information call 910-270-3322.

### Four fabulous fall food festivals

Food events to place on your calendar include a trip to Hampstead, NC, Sept. 24-26, for the **NC Spot Festival**. It's supposedly the world's biggest fish fry,

However, if pork is more to your taste, then visit the **Maggie Valley, NC, Western North Carolina BBQ Festival**, Sept. 25. In addition to mountains of 'que there will be live entertainment, children's rides & activities, a BBQ Cookoff, BBQ vendors, arts & crafts and a tractor show. Call 828-926-1686 for more information.

Closer to home and on Sept. 26 is the **26th International Folk Festival** in Fayetteville, with a world of food, music, entertainment representing over 30 nations, Parade of Nations, International Dog Show and more. Call 910-323-1776 for more information.

For Greek food-lovers and to experience Greek culture through arts and crafts, you don't want to miss the **Grecian Festival** held at the NC State Fairgrounds in Raleigh, Sept. 17-19. For more information call 919-781-4548 or visit [www.holytrinityraleigh.org](http://www.holytrinityraleigh.org).

### Ruth's Chris Steak House

Steve F. de Castro, chief executive officer of Big Steaks Management, LLC, announced recently that the company's Ruth's Chris Steak House restaurant in Raleigh is relocating to The Arboretum at Weston, a new retail shopping center and hotel complex located at the intersection of Weston Parkway and Harrison

Avenue, two blocks from the Harrison Avenue Exit on I-40 in Cary. The new restaurant opened in mid-August.

The new Ruth's Chris Steak House occupies more than 10,000 square feet of space and is located about two miles from the restaurant's former site on Buck Jones Road in Raleigh. In addition, it features the first "Exhibition Open Kitchen" in any Ruth's Chris Steak House in the world. There will be free parking available adjacent to the new restaurant. Ruth's Chris Steak House on Buck Jones Road remained open until the end of July 2004. The Arboretum at Weston is being built by Preston Development Company, a land development and management organization located in Cary. When the project is completed in the spring of 2006, it will feature a 150-room luxury hotel, a variety of retail shops and office space.

### Xios Toasted the Olympics With Grecian Wine Diner

Xios Authentic Greek Cuisine, newly opened May 18 and located on Highway 55 between Apex and Cary, hosted an Olympic Wine Dinner last month in celebration of the Olympic games being held in Athens, Greece.

Xios owners Kirk and Denise Hatzidakis reported that the restaurant's inaugural wine dinner featured the culinary creations of Executive Chef Jason Heisler, and chefs George and Julia Hatzidakis, who were born and raised on the island of Xios before coming to the US. The menu included authentic Mediterranean delights including dolmatoes, taramosalata, tzatziki and melitzanosalata with pita, horiatiki salad and George's Cod Fritters.

"Good food, drink, and conversation are the essence of Greek hospitality, and we have a great respect for this deeply rooted social ritual," Denise Hatzidakis pointed out. For more information on Xios, call 919-363-5288.



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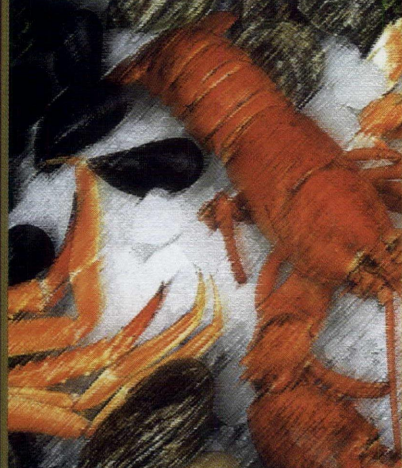
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Ostrich daily special served on a bed of gingery green

doned their established career paths to roam the world together.

Warren reminisced, "We ate our way through the three greatest cuisines—French/Italian, Indian, and Chinese." On returning to the United States they shifted gears. Warren abandoned engineering for good and enrolled at the Culinary Institute of America in Hyde Park, while Marianne tended bar in New York City.

Warren described his cooking philosophy as we savored the rest of dinner. "We like to use local organic produce, but use Fed Ex for many other items. The unusual sea bass you are tasting came in today from Costa Rica. You can get fresh ingredients from anywhere in the world now in less than 24 hours. Our summer menu includes lighter food with flavors that are happy and alive—mint, basil and ginger." On the other end of the spectrum, one entree item stood out: "Obscenely Large Pork Chop with Macaroni and Cheese." Sounds perfect for a chilly day after 18 holes of golf, but we resisted in order to save room for the delectable Venezuelan Chocolate Mousse, Warren's innovative interpretation of an old classic.

With a menu that features fusion-sounding items such as "Five Spice Dusting Long

Island Duck with Wasabi Mashed Potatoes, Baby Bok Choy and Guava Soy Glaze," I was curious about where the Lewises liked to eat on their day off. "We drive an hour to Cary for sushi at Kashin. A lot of chefs are big sushi fans. It's clean, neat and doesn't make you think too much. You can enjoy it without saying to yourself, 'I would do this another way.' It is what it is."

The same can be said of Chef Warren's special charm. It is what it is, a hometown mom-and-pop bistro with international flair. Here you can count on a warm welcome from the proprietors and much more—world-class food that meets the high expectations of a sophisticated clientele. I'll be going back soon for Warren's obscene pork chop, and I'm willing to bet that Marianne will remember exactly what I like to drink. **MM**

### Chef Warren's

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Hours: Open nightly except Sundays  
Telephone: 910-692-5240

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# Metro Magazine's Premiere RESTAURANT GUIDE

## RALEIGH/CARY

**42nd Street Oyster Bar** – 508 West Jones Street, Raleigh (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and Dinner seven nights a week.

**Bella Monica** – 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crust Neapolitan pizza with gourmet toppings. Pork Piccata, Shrimp Scampi, Portobello Lasagne & Cannoli. Nice neighborhood bar. All-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday.

**Bloomsbury Bistro** – 509 West Whitaker Mill Road, Suite 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in: *Southern Living*, *Gourmet Magazine* and *USA Today*.

**Bogart's American Grill** – 510 Glenwood Avenue, Raleigh (919) 834-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.

**Carolina Ale House** – 512 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. Carolina Ale House has something for everyone – we serve out award-winning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.

**Cuba** – 19 West Hargett Street, Raleigh. (919) 890-4500. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.

**Enoteca Vin** – 410 Glenwood Avenue, Suite 350, Raleigh. (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca

Vin's warm urban interior, bar and patio provide a casual but sophisticated environment for serious dinners or a spontaneous rendezvous over wine and cocktails. *Metro* Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award or Excellence in 2004. Serving dinner Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit [www.enotecavin.com](http://www.enotecavin.com).

**Est Est Est Trattoria** – 3121 Edwards Mill Road, Raleigh. (919) 881-9778. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

**Hi5** – 510 Glenwood Avenue, Raleigh. (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full

menu with the 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. [www.hi5raleigh.com](http://www.hi5raleigh.com).

**Lucky 32** – 832 Spring Forest Road, Raleigh, (919) 876-9932. 7307 Tryon Road, Cary, (919) 233-1632. Seasonal fare with influences of regions across the country. [www.lucky32.com](http://www.lucky32.com).

**Maximillions** – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillions, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the *Cary News* Readers Poll. *News and Observer* praised food as "inventive fusion cuisine" with 3 stars. For reservations, (919) 465-2455.

**Michael Dean's Wood Oven and Seafood Grill** – 1305 Millbrook Road, Raleigh. (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options as well. Enjoy

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**Nana's Chophouse** – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Monday-Thursday 5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

**NoFo Market and Café** – 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrees. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," *Wilmington Magazine*, "Best Bloody Mary," *Metro Magazine*, and "Best Gift Store," *Citysearch.com*.

**The Red Room Tapas Lounge** – 510 Glenwood Avenue, Raleigh. (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday – Saturday at 6 pm. [www.redroomraleigh.com](http://www.redroomraleigh.com).

**Second Empire Restaurant and Tavern** – 330 Hillsborough Street, Raleigh. (919) 829-3663. Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant!! *Wine Spectator Awards of Excellence*.

**Taverna Agora** – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, catering available. Taverna Agora, Absolutely Greek.

**Twisted Fork** – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner. [www.thetwistedfork.com](http://www.thetwistedfork.com).

**Vinnie's Steakhouse and Tavern** – 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York – Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.

#### DURHAM

**Café Parizade** – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday-Friday 11:30 am – 2:30 pm and dinner Monday – Thursday 5:30 – 10:00 pm, Friday and Saturday 5:30 – 11:00, and Sunday 5:30 – 9:00 pm.

**George's Garage** – 737 9th Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh to-go market and bakery.

**Nana's Chophouse** – 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

**Verde** – 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

**Vin Rouge** – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday – Sunday, 5:30 – 11:00 pm and Sunday brunch 10:30 am – 2:00 pm.

#### CHAPEL HILL

**La Residence** – 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

**Pazzo!** – Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

**Spice Street** – 201 Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

**Talullas Restaurant** – 456 West Franklin Street, Chapel Hill. (919) 933-1177. The newest addition to the Restaurant Mecca of West Franklin Street in Chapel Hill. Talullas is an instant success with its "ethnic elegance" and "beautifully prepared food." Its Eastern Mediterranean cuisine is simple, fresh, and exotic. Tuesday – Sunday 6-10 Dinner, 10-2 Bar/Lounge. [www.talullas.com](http://www.talullas.com)

**The Weathervane** – 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.



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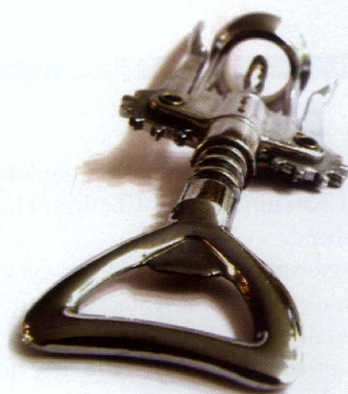
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# Cork Report

by Barbara Ensrud



## North Carolina Wines

### HOMEGROWN... AND DARN GOOD!

One of the best surprises awaiting me when I moved here five years ago was the discovery of North Carolina wines—and just how excellent they can be.

I had long followed the wines of neighboring Virginia, and watched them steadily improve in quality and style since 1983. Little did I know that North Carolina, vinously speaking, was poised in the wings. The state has taken a giant leap in the last half decade, and today the best Carolina wines can hold their own on stage with wines from anywhere, whether Chardonnay, Cabernet Franc, Merlot, Cabernet blends, Viognier, Pinot Gris, or a handful of other varieties, including our native scuppernong.

To be fair, not all are stellar. Some local wines still show a few rough edges, an awkward lack of expertise, and a tendency to cater to the American sweet tooth. But if you taste one of those, don't stop there; there are a few dozen others likely to please the most discriminating palate. Have you tasted North Carolina Cabernet Franc yet? Make it a point to do so, and discover the appealing juicy flavors that winemakers at **Shelton Vineyards**, **Biltmore Estate** and a few others have coaxed from this red grape.

Like Chardonnay? Several North Carolina wineries make a fine, well-crafted version. Check out **Westbend's** elegantly balanced 2002 Barrel-Fermented Chardonnay, or an oakier version from **RagApple Lassie Vineyards**. Chardonnay may be the world's most popular white wine but there are other whites just as interesting, or more so. Scintillating examples: **RayLen Yadkin Gold**, a dry blend of mostly viognier (vee-oh-nyay) and pinot gris, and



SHELTON VINEYARDS

a delicious afternoon sipper; **Westbend Seyval Blanc**, a dry white made from the French-American grape, seyval blanc, that grows so well east of the Rockies.

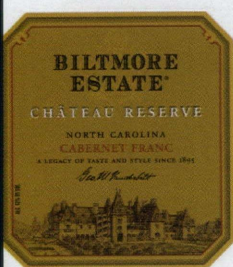
As for red wines, one needn't look only to Napa Valley or Bordeaux to find good Cabernet Sauvignon—not when our homegrown renditions are as good as the 2002 from **Biltmore Estate**. This wine, with its dark cherry/ black currant flavors is quite tasty now but will age and improve further if you “cellar” it for three or four years. **Shelton's '02 Cabernet** is also very good, and its 2002 Merlot is spicy and lively, easy to drink.

North Carolina wineries really excel with red blends. At this year's North Carolina Wine Festival, held each June at Tanglewood Park near Winston-Salem, I

particularly liked the 2001 **Michael's Blend** from **Hanover Park**, named for co-owner Michael Helton. A handsome blend of 55 percent cabernet sauvignon, 20 percent cabernet franc, 11 percent merlot, 10 percent chambourcin (another French-American hybrid grape) and 4 percent sangiovese, it makes a terrific complement to grilled steak or lamb.

**RayLen's Carolinius** is a sell-out every vintage; the 2002, a blend of cabernet, merlot and syrah, is piquant and lively, enhanced by serving it a bit cool to accentuate the fruit. An excellent new blend is **RayLen Category 5**, due out this month—a bit heftier than Carolinius.

Another grape producing good reds is chambourcin, a French-American hybrid variety that produces reds with appealing





snap and verve, such as those from **Silk Hope**, **Chateau Laurinda**, **Chatham Hill** or **Westbend**.

The growth of North Carolina's young wine industry makes a significant contribution to the state's diversity of agriculture, and is proving a viable alternative to tobacco. North Carolina wineries are clustered mainly in the western hills and foothills of the Appalachian Mountains and in the central Piedmont's Yadkin Valley, with other wineries scattered about the state. They range from tiny Rockhouse Vineyards in Tryon, producing a few hundred cases to the largest—Biltmore Estate at over 100,000 cases a year. And all are family owned and operated. This year Yadkin Valley became the state's first federally designated appellation, or official growing region, boasting 11 wineries and bringing new recognition to North Carolina's serious and successful efforts in grape growing.

North Carolina grows three types of grapes: *Vitis vinifera*, the European varieties that include the cabernets, chardonnay, merlot, riesling, syrah and others are predominant; French-American hybrids, varieties



developed in France for disease resistance and cold-hardiness, including seyval blanc, chambourcin, chancellor, vidal and vigneoles; and our native muscadines, spotted along coastal shores by explorers in the 1500s. Scuppernong is the fabled Carolina muscadine but carlos, noble, and magnolia are also grown to make sweet, dry and semi-dry wines.

One of the most delightful ways to

## Leading NC wineries and recommended wines:

**BILTMORE ESTATE**, Asheville: Spectacular grounds and winery, Bistro restaurant. Biltmore produces two categories of wine: those from their own and other North Carolina vineyards, and their larger selections made from grapes purchased in California and Washington. Some of the latter are quite good, such as the red blend Cardinal's Crest. Biltmore's best wines, however, are made from North Carolina grapes under the Chateau Reserve label. Winemaker Bernard Delille produces elegant, beautifully structured, flavorful wines, the reds worthy of aging. **Chateau Reserves:** 2002 Chardonnay, 2002 Cabernet Sauvignon, '02 Cabernet Franc, '02 Vanderbilt Claret, and an excellent sparkler, Chateau Reserve *Méthode Champenoise Brut*.



**BLACK WOLF VINEYARDS**, Yadkin Valley: Lovely setting, Wolf's Lair restaurant. Producing a mix of vinifera and hybrid wines in a variety of styles. Try Seyval Blanc, Chambourcin, Sweet Wolf Red.



**DUPLIN WINERY**, Rose Hill: Muscadine wines, The Bistro restaurant. If you scoff at Scuppernong, you just haven't tasted chilled **Duplin Scuppernong**, a golden sweet, exotically perfumed dessert wine. Acidity keeps it crisp, it tastes terrific with pound cake—and it might make you live longer—Muscadine grapes and wines have a high content of antioxidants. Check out Duplin wines on your way to the coast.

**HANOVER PARK**, Yadkin Valley: Small but growing, with an expanding roster of vinifera wines. Best red: **Michael's Blend 2001**—excellent with roast or grilled meats.

**RAGAPPLE LASSIE**, Yadkin Valley: With its whimsical label—a Holstein calf sipping wine in a crescent moon—this young winery is one to watch—and there's quite a story behind the label. Try the **2002 Chardonnay** and the smooth, silky Merlot.



**RAYLEN VINEYARDS**, Yadkin Valley: Just south of I-40 west of Winston-Salem, this handsome hilltop winery produces several well-made whites and reds, notably the **2003 Yadkin Gold**, a spritely dryish blended white wine; **2003 Viognier**, crisp and dry; **2002 Carolinius**, a tasty red blend; **2002 Syrah** and **2002 Category 5**, also a red blend.

**SHELTON VINEYARDS**, Yadkin Valley: Quite the showplace of Yadkin Valley, this renovated dairy farm near Dobson boasts a cheese factory on the property. The Shelton brothers of Charlotte have crafted an immaculate winery surrounded by rolling vineyards. Excellent reds from 2002: the spicy **Cabernet Sauvignon**, a smooth well-structured **Merlot** and a zippy, flavorful **Cab Franc**.

**WESTBEND VINEYARDS**, Yadkin Valley: Pioneers of Yadkin Valley, Jack and Lillian Kroustakis started their vineyard at Lewisville in 1972. Over years of experience and experiment, Westbend has evolved to become one of North Carolina's leading wineries set on one of the prettiest sites in the Piedmont. Wines to try: **2002 Chardonnay Barrel-Fermented**; **2002 Chambourcin** (best lightly chilled); the lively red blend **Carolina Cuvée**; and spicy, lightly sweet **Muscat Canelli**. **MM**





SHELTON VINEYARDS

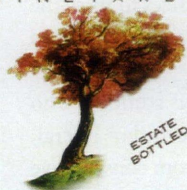
spend an autumn day is to visit some of the state's wineries and vineyards. With the 2004 harvest mostly complete or winding down, September and October are the perfect time for such excursions. It's a great way

get to know the people involved and see firsthand how wine is grown and made. Many wineries are situated in some of the region's most picturesque settings, among rolling hills with spectacular vistas. Most offer wine tasting,

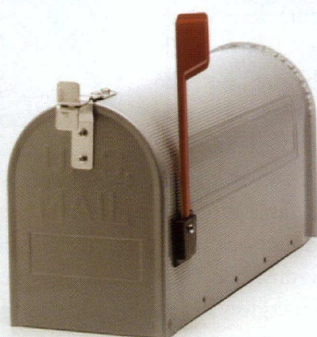
some even have restaurants (Biltmore, Black Wolf, Duplin, RagApple Lassie), but all offer attractive areas for picnicking—and will sell you a bottle of wine to enjoy with your food.

The North Carolina Grape Council has produced a colorful brochure listing all NC wineries, with directions to each, plus phone numbers and types of wine produced. Local wine shops have copies, or call 919-733-7136 to get a copy. Website: [ncwine.org](http://ncwine.org) **MM**

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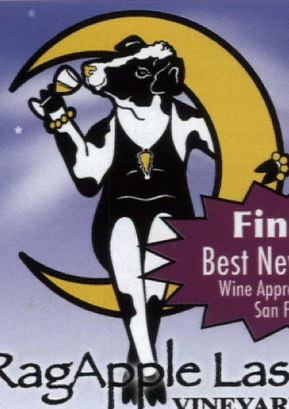


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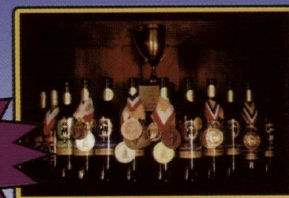
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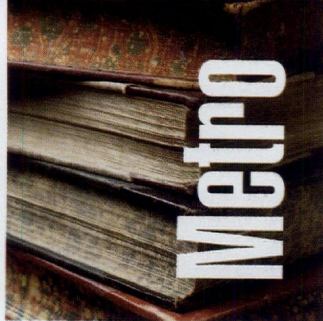
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# Books

by Arch T. Allen

## TIDE TURNING IN PC CAMPUS WAR

**T**he soundness and success of our colleges and universities are critical factors for the future of the nation. More and more Americans, however, are beginning to doubt the academic curriculum and the ability of academia to educate students and prepare them for living in a free society.

Alarms have sounded for years. Among them, philosopher Allan Bloom warned that a nihilistic "Nietzscheanized Left" prevails in academia and threatens the future of democracy. Critic Roger Kimball reported how leftist "tenured radicals" control academia and scholar Dinesh D'Souza exposed how the radical politics of race and sex had replaced liberal arts education with an "il-liberal" curriculum. The result, explain professors John Ellis and Keith Windschuttle, is that great literature and important history have been replaced with trendy theories debunking Western traditions. And, as exposed by physicist Alan Sokol and explained by other scientists, those theories have intruded into the teaching of science.

Not only do these trends affect what is taught to students; they affect what students may say. Academic administrators, acting in a "shadow university," warned historian Alan Kors, threaten free speech and other constitutional rights through politically correct campus speech codes enforced in star-chamber-like proceedings. Consequently, an ivory tower of political correctness dominates the campus and threatens the American tradition of liberty.

Those alarms have resounded with too few people to effect much change, as many people have assumed that the politically correct ivory tower exists only on campuses like Berkeley, Duke, or Chapel Hill. Some recent events at University of North Carolina campuses at Greensboro and Wilmington, and, of course, Chapel Hill have awakened more people, however, and more alarms are being sounded about the breadth and depth of the

politically correct doctrine. Three recent books are notable among those alarms.

### POKING FUN

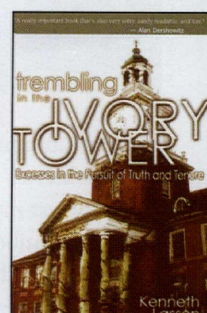
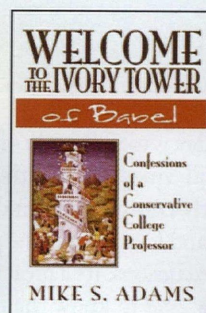
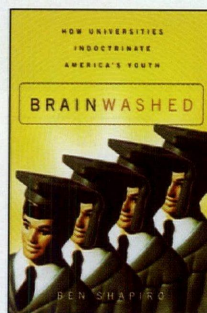
From UNC-Wilmington, Professor Mike Adams expresses humorous dismay over political correctness in *Welcome to the Ivory Tower of Babel: Confessions of a Conservative College Professor* (2004). Once an atheist and a liberal, Adams became religious and politically conservative. Fortunately for him, he had tenure before his conversions became known to his academic colleagues. Since then, he has been a thorn in their sides.

Through columns and appearances on talk shows, Adams has lifted the mask of pretended academic seriousness and exposed politically correct silliness. Now, through some clever letters-never-sent, purportedly written before he had tenure, Adams pokes fun at politically correct sacred cows, such as diversity ideology and women's studies programs entrenched on campuses.

Using humorous anecdotes, he makes serious criticisms. For instance, he notes that UNC-Wilmington added a highly paid diversity administrator only to see enrollment of minority students decline. Radical women's studies professors pretend to teach, while actually indoctrinating students. And, while diversity ideology and radical feminism are well-financed political bastions on campus, leaking roofs over other classrooms go unrepaired. UNC-Wilmington also pays high fees to speakers invited to campus. Adams finds no diversity there, as the speakers generally lean left with socialist Cornel West a prime example.

Also humorously outspoken is University of Baltimore law professor Kenneth Lasson, who expresses concern about the politically

correct hostility to academic freedom and open debate of ideas. In *Trembling in the Ivory Tower: Excesses in the Pursuit of Truth and Tenure* (2003), Lasson exposes the usual suspects, labeled under chapter headings such as "Scholarship amok," "Feminism awry," and "Political correctness askew." His anecdotes show more politically correct nonsense in academia, but they illustrate serious concerns about close-mindedness and demonstrate the need for open-mindedness. Lasson senses some backlash among his fellow academics against the political correctness prevalent in academia, and



he urges the faculties and trustees to force the return to the principles of academic freedom and the pursuit of truth.

More likely, however, it is students who will cause change. A modern-day liberal, Lasson quotes approvingly from conservative icon William F. Buckley: "The bright students will not stand for political correctness."

### UP TO STUDENTS

One such bright student is Ben Shapiro, a recent graduate of UCLA now enrolled at Harvard Law School, who has taken a stand against political correctness as a student and as a public commentator on talk shows. His *Brainwashed: How Universities Indoctrinate America's Youth* (2004) should alarm every student, every parent of a student, and every citizen. As the title suggests, Shapiro sees not open-minded pursuit of truth on



campus but a closed-minded effort to indoctrinate students to become atheists and socialists. Religious and politically conservative, Shapiro rejects this process and has the confidence and courage to challenge the academic establishment.

Thanks to Ben Shapiro, perhaps in the future students can study science, philosophy and religion without having their own religious faith ridiculed; or study economics, including Marxist criticism of capitalism, without being indoctrinated about so-

cialism. Now that even more information is coming out from these new alarms about the politically correct ivory tower, there is a better chance that academia will come to its senses and cease politically correct repression of academic freedom and individual liberty on America's campuses.

Helping bring academia to its senses is the Foundation for Individual Rights in Education, or FIRE, an organization founded by Alan Kors that is slowly turning the tide against politically correct repression on our

campuses. FIRE is only a few clicks away ([www.thefire.org](http://www.thefire.org)), as many repressive administrators, including some at UNC campuses, are learning to their regret. Others sounding alarms against the politically correct ivory tower include the National Association of Scholars ([www.nas.org](http://www.nas.org)), Accuracy in Academia ([www.academia.org](http://www.academia.org)), No Indoctrination ([www.noindoctrination.org](http://www.noindoctrination.org)), and Students for Academic Freedom ([www.studentsforacademicfreedom.org](http://www.studentsforacademicfreedom.org)). **MM**

## FREEDOMS LOST

**S**ometimes a picture really is worth a thousand words. The cover of this superlative book shows the first page of the US Constitution with numerous holes in it, as if words and passages had been cut out. A very descriptive cover for a book in which the author wants to convince his readers that the Constitution—as it is now understood and enforced by the Supreme Court—bears little resemblance to the document signed in 1787. Randy Barnett, Professor of Law at Boston University, argues persuasively that key parts of the Constitution, especially the Ninth Amendment, have been virtually cut out, while others have been “interpreted” audaciously and at odds with the intent of the Constitution's drafters. Justices might as well have applied some whiteout and then rewritten the passages to their liking.

There have been a lot of books written on the Supreme Court's nasty habit of turning the Constitution into a charter for the expansion of government rather than a barrier against its intrusions. What sets *Restoring the Lost Constitution* apart are two features: The remarkable depth of Professor Barnett's research into the intended meaning of the document and his masterful argument that the proper analytical approach for jurists to take in constitutional cases is to employ a presumption of liberty. That is, whenever the Constitution gives government the authority to act—which in Barnett's originalist understanding is a very small subset of the enormous range of legislation and regulation we must now endure—courts should apply a demanding test to determine whether an enactment is really *necessary and proper*. Laws that infringe upon liberty should be presumed invalid unless the government can show that they are the least restrictive means of achieving some objective that truly advances the *general welfare*.

“One thing is certain,” Barnett writes, “the original meaning of the entire Constitution, as amended, is much more libertarian than the one selectively enforced by the Supreme Court.” If the analytical approach he advocates were to be followed, the Constitution's intended function as a guarantor of the people's liberties against government encroachment would be restored.

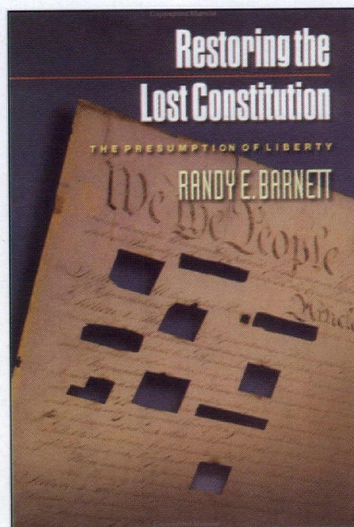
Barnett opens with a question that hardly any contemporary legal theorists or philosophers would think to ask, namely, what makes government power legitimate? When statutes and regulations are enforced, what makes them *morally binding* on the citizenry? Or, putting things more sharply, what makes government different from a band of thugs and robbers?

After getting over the shock of that radical question, the typical American might answer, “Well, we have consented to be governed.” Barnett proceeds to demolish the consent argument, freely acknowl-

edging his intellectual debt to that brilliant but overlooked philosopher, Lysander Spooner. Not one of the various forms of the consent argument hold up—not voting, not the receipt of government benefits, not the decision to remain within a government's jurisdiction. (Libertarians may be familiar with Barnett's line of argument, but most non-libertarians will be shocked—SHOCKED!—to find out that the consent of the governed is just an assiduously cultivated myth.) People sometimes do consent to restrictions on their freedom, as is the case of covenants in many new residential developments, but in the absence of such *actual* consent, Barnett argues that government is only legitimate if it acts to protect the liberty of all.

For many years, the prevailing theory among jurists and scholars has been that the Constitution should be read as protecting only a select few rights that are enumerated in the text. The First Amendment rights, for example, have usually been vigorously protected through what the Court calls “strict scrutiny.” Under that standard,

the government has an almost impossibly high burden of showing that any restriction on freedom is justified. Other rights, however—ones that the justices think less important, such as property rights and the freedom to contract as one desires—receive almost no protection. If someone challenges the constitutionality of a law that infringes upon property rights or contractual freedom (for example, the Fair Housing Act), the Court applies only minimal scrutiny, asking whether there might be some “rational basis” for the law. Because the



**Restoring the Lost Constitution—The Presumption of Liberty**  
by Randy E. Barnett  
Princeton University Press  
2004, 366 pp.



Court has chosen to play favorites when it comes to rights and liberties, we have gone from the intended situation of “islands of government power in a sea of liberty” to the reverse.

If the drafters of the Constitution really wanted to protect rights against government encroachment, why didn't they simply list all the ones they meant to protect? The answer is that the list of human rights is *virtually endless*. Barnett here quotes one of the earliest Supreme Court justices, James Iredell, in a speech to the North Carolina ratifying convention:

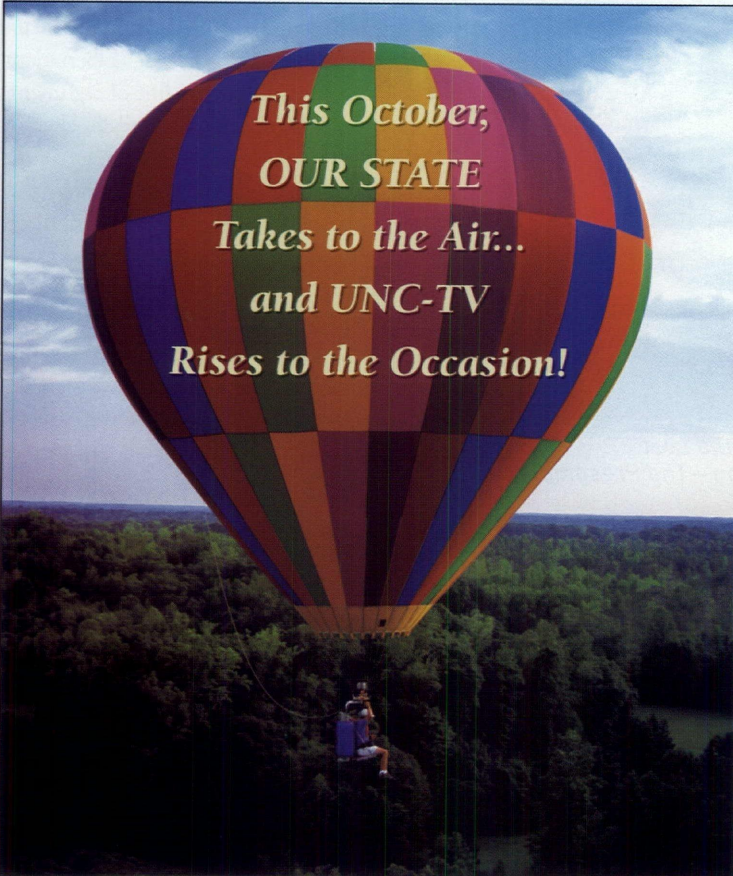
It would not only be useless, but dangerous, to enumerate a number of rights that are not intended to be given up; because it would be implying in the strongest manner that every right not included in the exception might be impaired by government without usurpation; and it would be impossible to enumerate every one. Let anyone make what collection or enumeration of rights he pleases, and I will immediately mention twenty or thirty more rights not contained in it.

This is where the “lost” Ninth Amendment enters (or should enter) the picture. Barnett demonstrates beyond question that the reason for the Ninth Amendment, which reads, “The enumeration in the Constitution of certain rights shall not be construed to deny or disparage others retained by the People” was to prevent the emergence of the kind of “some rights are more important than others” jurisprudence that we now have. Unfortunately, the Supreme Court went astray in the 19th century and became hopelessly lost in the 20th, ig-

noring the Ninth Amendment and establishing a hierarchy of rights in keeping with the “liberal” beliefs of the justices.

Barnett knows that his argument that the Court should use a reinvigorated conception of the Ninth Amendment, the Necessary and Proper Clause, and the Privileges or Immunities Clause of the 14th Amendment to subject most laws to a high level of scrutiny will cause howls of protest from academics who accept the false dichotomy between “fundamental” rights and rights that the Court doesn't care about. “He wants to bring back *Lochner*,” they will sneer. *Lochner v. New York* is one of the cases that every law student learns about, a 1905 decision that invalidated a New York statute which, among other things, restricted the number of hours that bakers were permitted to work in one day. The Court ruled that even if the legislature meant to “protect” workers with the statute, that objective did not justify the infringement upon freedom of contract. Most law professors say that *Lochner* was a terrible decision—an instance of unconscionable judicial activism in which un-elected judges imposed their will rather than allowing the democratically elected legislators to pass a law for the good of the people.

Our resolute author does not fear the criticism. He argues strongly that *Lochner* was correctly decided and then smashes the opposition with a point I have never come across before. During the *Lochner* era, the Court not only invalidated supposedly “pro-labor” legislation on the grounds that it interfered with freedom, but it also invalidated some clearly anti-black legislation using the same legal analysis. Professors who keep mouthing the old “*Lochner* was bad” line are going to have egg on their faces if they happen to have any



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students who have read *Restoring the Lost Constitution* and aren't afraid to discuss its powerful arguments.

So how would the Court rule if it adopted the Barnett approach? Here's a tantalizing example: "The Presumption of Liberty would have no trouble affording protection to [the right to keep and bear arms] and requiring that all restriction on gun possession and use be justified as necessary. Moreover, any effort to deprive the law-abiding citizenry of their right to possess firearms by confiscating their weapons would be improper and unconsti-

tutional despite any argument that could be made on its behalf. Any such measure would be a prohibition and not a reasonable and necessary regulation." Possessory crimes would also fall. Adios minimum wage and sayonara the Fair Housing Act. Most of what government has done for the last century fails the Presumption of Liberty test.

This book reminds me of a great symphony on which the composer labored for years, poring over passages again and again to get them just right. *Restoring the Lost Constitution* is clearly the product of many

years of research, thought, and writing by a legal scholar of the first magnitude. It throws down the gauntlet to a musty old theory of constitutional interpretation that ought to be discarded like *Dred Scott* and *Plessy v. Ferguson*.

Statism won't go down easily, but one of its key defenses—that it comports with the Constitution—has just been mauled. **MM**

*George C. Leef is Executive Director of the John William Pope Center for Higher Education Policy.*

## NEW AND NOTEWORTHY by Art Taylor

### It's The Season for Books

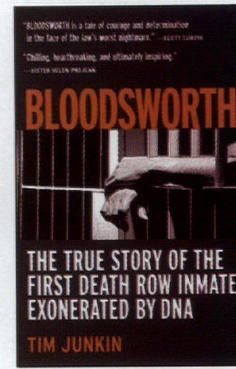
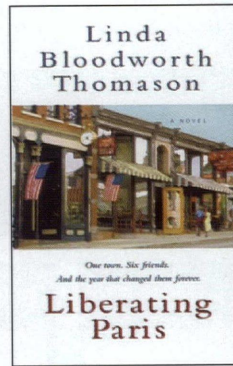
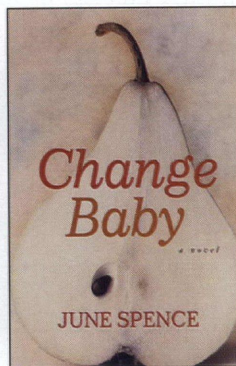
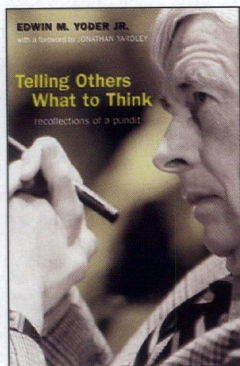
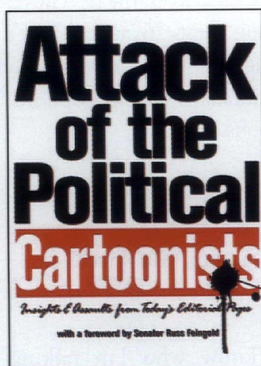
To judge from the notices of literary events and the announcements of upcoming books piling in the *Metro* doors (and email portals), the late summer lull is definitely over. Not only is a fresh school year now underway—and thus a number of events on campuses throughout the region—but publishers are taking advantage of the traditionally

in the state.

First up is the *Attack of the Political Cartoonists*—or at least a small strike force of the complete battalion. More than 150 members of the Association of American Editorial Cartoonists (including a dozen or so Pulitzer Prize winners) are featured in this new collection, subtitled *Insights And Assaults*

event; for information, call 910-235-0492.

Also that weekend, Edwin Yoder will be on tour with his memoir *Telling Others What to Think: Recollections of a Pundit* (LSU Press). Yoder already has some roots in our region—he was a graduate of UNC-Chapel Hill, a former editor of the *Daily Tar Heel* and an editorial writer at the *Charlotte*



bountiful fall book season to send their authors out into the field. Fortunately, we're the ones reaping the benefits.

### POLITICS IN THE AIR

If I didn't know better, I'd think there was an election coming up. But presidential politics aside, several of the bookstores in Eastern North Carolina are hosting events with some politically minded folks: Pulitzer Prize-winning pundit Edwin Yoder, for example, as well as a small slew of editorial cartoonists (including Pulitzer Prize winner Doug Marlette) and even a novelist and former TV producer who has never been shy about her liberal leanings. Unfortunately, a couple of these events are crowded into a single, busy weekend here

*From Today's Editorial Page* and published by Dork Storm Press (which must itself be a joke of some kind). The collection's editor, J.P. Trostle, will be joined by political cartoonists from area publications, including Dwane Powell, John Cole and Cullum Rogers, at Raleigh's Quail Ridge Books on Tuesday evening, Sept. 7.

Fans of Doug Marlette, a Pulitzer Prize-winning editorial cartoonist not scheduled to attend that event, will have another opportunity to hear him discuss his work. He'll be speaking at the Given Memorial Library's Annual Literary Luncheon at the Pinehurst Resort Members' Club on Saturday, Sept. 18, an event co-hosted by the Country Bookshop. Reservations are required for this

*News and Greensboro Daily News* before joining the *Washington Post*—and two of his signings bring him back to the Chapel Hill area: Saturday morning, Sept. 18, at McIntyre's Books in Fearington Village, and Sunday afternoon, Sept. 19, at Branch's Chapel Hill Bookshop. Also, he will be at Cary Barnes & Noble on Wednesday evening, Sept. 15.

Rounding out a busy weekend, McIntyre's also hosts the first stop of Linda Bloodworth Thomason, former producer of TV's *Designing Women* and *Evening Shade* and now debut novelist with *Liberating Paris* (Morrow). Fresh from an appearance on the Today show on Sept. 13, Thomason will read from the new book and discuss American values and attitudes toward Southern culture at

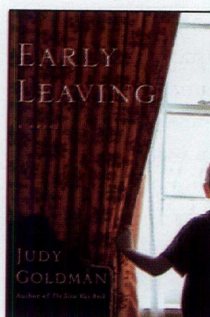


McIntyre's on Sunday afternoon, Sept. 19, and at Quail Ridge Books on Monday evening, Sept. 20.

In addition to the above, please also note that the Regulator Bookshop in Durham has rescheduled an event mentioned in the last issue of *Metro*. Contributors to *Where We Stand: Voices of Southern Dissent*, edited by Anthony Dunbar (NewSouth Books), will gather at the Regulator on Tuesday evening, Sept. 7 (instead of Saturday, August 28, as previously announced). For updated information on this event and its participants, visit [www.regbook.com](http://www.regbook.com).

### LOCAL TIES

One of my favorite writers, June Spence, earned a *New York Times* Notable Book of the Year mention a couple of years back for her story collection *Missing Women*, and this season she returns with her debut novel *Change Baby* (Riverhead Books). The title refers to a baby born late in the mother's life, and the story is about the title character, Avie Goss, returning to her Southern roots and trying to unravel the story of her mother's life—and her own. Spence will be reading from the new book at Durham's Regulator Bookshop on

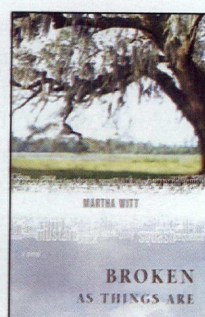


Wednesday evening, Sept. 15, and then again at Raleigh's Quail Ridge Books on Thursday evening, Sept. 16.

In addition to Spence, several other novelists with ties to Eastern North Carolina are publishing new books this month:

Lillington native Brenda K. Jernigan reads from her latest novel, *Whispers on the Wind* (Zebra Books) on Thursday evening, Sept. 9, at the Cumberland County Headquarters Library. The new book combines history, mystery and romance in Reconstruction Era Colorado, and a portion of all book sales will go to Hospice in memory of Jernigan's mother, who died of breast cancer.

A recent transplant from Atlanta to Raleigh, mystery writer Kathy Trocheck also writes under the pseudonym Mary Kay



Andrews, and it's in that guise that she will read from her latest addition to the "chick lit" phenomenon, *Hissy Fit* (HarperCollins) on Tuesday evening, Sept. 14, at Quail Ridge Books. This one follows up two of Andrews' previous Southern chick hit successes, *Savannah Blues* and *Little Bitty Lies*. The new novel is a September *BookSense* recommendation.

Hillsborough native Martha Witt is already earning enviable comparisons with her debut book, *Broken as Things Are* (Henry Holt). E.L. Doctorow conjured up the names Harper Lee and Flannery O'Connor in describing the novel, which details the close relationship between a young woman named Morgan Lee and her troubled older brother and the changes that ensue in their private world when Morgan Lee begins to grow up. Witt appears at the Regulator on Sunday afternoon, Sept. 19.

Finally on the local fiction round-up, Charlotte's Judy Goldman visits the Triangle with her new book, *Early Leaving* (Morrow), about the son of a well-to-do Southern family who's been charged with murdering a black teenager. Goldman reads from the new novel on Sunday afternoon, Sept. 26, at McIntyre's in Farrington Village; on Monday, Sept. 27 at 7 p.m.; and on Thursday evening, Sept. 30, at Quail Ridge Books.

### TWO WORDS

"Chuck Palahniuk."

If you're already a fan, you'll want to be at the Regulator on Wednesday evening, Sept. 22.

If you don't know who I'm talking about... well, you may already be too far behind to catch up.

### POETRY IN BRIEF

North Carolina State University kicks off its annual Owen/Walters Reading Series on Tuesday evening, Sept. 21, with Sekou Sundiata, a Harlem-born poet who first came to prominence during the Black Arts Movement of the 1960s and 1970s. Upcoming writers appearing in the series include Jonathan Lethem, Randall Kenan and science fiction writer Bruce Sterling. Check future issues of *Metro* for more information.

In the meantime, two other poets are also coming to Raleigh. Virginian Jon Pineda, winner of the Crab Orchard Award Series for *Birthmark* (Southern Illinois University

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Press), and UNC-Wilmington professor Mark Cox, author of *Natural Causes* (University of Pittsburgh Press), will both appear at Quail Ridge Books on Sunday afternoon, Sept. 26.

### TRUE STORIES

Lawyer-turned-novelist Tim Junkin combines a passion for justice with his passion for writing in his latest book, *Bloodsworth: The True Story of the First Death Row Inmate Exonerated by DNA* (Algonquin Books). While the subtitle condenses the story to its

barest elements, this non-fiction account hardly presents an open-and-shut case. Instead, Junkin follows not only the journey of the defendant, Kirk Bloodsworth, from the accusations that he brutally killed a nine-year-old girl through his time in prison but also

the path of the D.C. lawyer who takes up the case as he draws on the benefits of forensic science and uncovers police malpractice. Junkin will be joined by the now-exonerated Bloodsworth for several area signings: Wednesday evening, Sept. 22, at McIntyre's in Farrington Village; Thursday evening, Sept. 23, at Raleigh's Quail Ridge Books; and Friday evening, Sept. 24, at Durham's Regulator Bookshop.

On a lighter note (or would it be "higher note," in this case?), Milly S. Barranger, former producing director of PlayMakers Repertory Company at UNC-Chapel Hill, has penned the new biography *Margaret Webster: A Life in the Theater* (UMP), about a pioneering stage and opera director who make her mark on both London and New York; in fact, Webster has been credited with bringing Shakespeare to Broadway! Barranger will offer a reading and discussion early in September at McIntyre's Books: Saturday morning, Sept. 11.

### FURTHER AFIELD

A little west of us, but certainly worth the drive, are events at two colleges in the Triad. First, on Saturday afternoon, Sept. 11, poet Galway Kinnell, winner of the Pulitzer Prize and the National Book Award and a former MacArthur Fellow, visits the BookMarks Book Festival's Poetry Café. The event is

sponsored by the Salem College Center for Women Writers and the Winston-Salem Junior League. For information, call the Center at 336-721-2739.

Later in the month, on Monday evening, Sept. 27, Elon College hosts its Fall Convocation speaker, best-selling author and Pulitzer Prize-winning columnist Anna Quindlen, whose books include *Object Lessons*, *A Short Guide to a Happy Life* and the Oprah-honored *Black and Blue*. The lecture and reading take place at the Koury Center; admission is \$12. For tickets or information, call 336-278-5610.

### LOOKING AHEAD

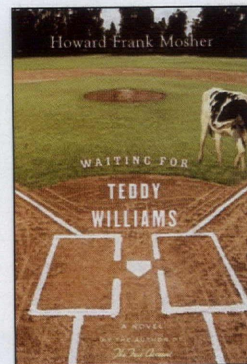
Reserve your tickets soon for a special lecture and book signing by best selling, award-winning author Kaye Gibbons, the fifth annual guest author of the Cumberland County Public Library. The event takes place Monday, Oct. 4, at 7:30 p.m. at the Cape Fear Regional Theater. Tickets to the event are \$15 and go on sale to Friends of the Library on Monday, Sept. 20; the general public can purchase tickets Tuesday-Thursday, Sept. 21-24, from 4-7 p.m. or at the door (pending ticket availability). Reception packages are also avail-

able. For information, call 910-483-7727.

### BOOKSELLER RECOMMENDATION

As a new feature of this column, we've invited booksellers to offer personal recommendations of new titles. This month's comes from Nancy Olsen of Raleigh's Quail Ridge Books, who encouraged us to mention Howard Frank Mosher's *Waiting for Teddy Williams* (Houghton Mifflin), the No. 1 BookSense pick for September. "It's about a young fatherless boy who lives on the wrong side of the tracks with his honkytonk mother and acid-tongued grandmother," writes Olsen. "He dreams of playing baseball for the Red Sox, the team the whole town's crazy about. A mysterious stranger comes to town and does an honorable thing: teaches the boy to play ball. It is so GOOD—in fact, it is a GREAT story."

Give it a look—at a bookstore near you.



CONVERSATION #7, Jason Craighead, mixed media, 40" x 50"

## WORKS OF HEART

PREVIEW & SILENT AUCTION  
Saturday, October 16, 2004  
12:00pm until 7:45pm

LIVE AUCTION  
Saturday, October 16, 2004  
8:00pm until 10:00pm

AJ Fletcher Opera Theater  
BTI Center, Raleigh



Tickets  
\$20 in advance  
\$30 at the door

2004 MEDIA PARTNERS:



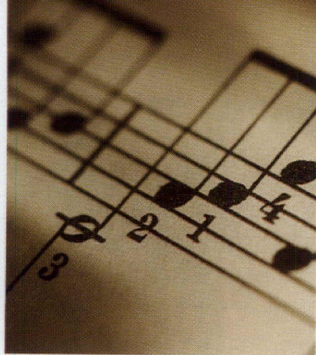
Proceeds benefit:



Works of Heart identity and logo design by Tony Burden/2004 art direction by Sean Byrne

For more information, contact us at  
**919-834-2437**  
or visit us at  
**www.worksofheart.org**





# PvV

by Philip van Vleck

## VERSATILE SCOTT SAWYER GOES WELL WITH FLOW

**S**cott Sawyer is one of the most versatile guitarists in North Carolina. He's a well-known figure among Triangle jazz fans, but Sawyer's equally adept at rock, blues, R&B and funk. He's done combo jazz work, played with jazz vocalists Nnenna Freelon and Lois

between people with whom we have good associations. It was certainly fun re-connecting with Nnenna. I spent a good deal of time with her, from about May 2002 to the end of 2003. I don't know how many dates I did with her, but I'm sure it was more than 75.



DeLoatch, led groups such as Ghezzi and his current jazz/rock trio Go There (with Kenny Soule and Bobby Patterson) and served in Mel Melton's Zydeco/blues band.

Most recently, Sawyer has been touring with Concord Records recording artist Nnenna Freelon.

"I first got up with Nnenna around 1986," Scott recalled. "I believe Brother Yusef [Salif] suggested she call me. I've played with her off and on ever since. I mean, you know how we work. We play with someone for a while, then reconnect with other players, and go back and forth

"The first date I did with her in 2002 was the Playboy Jazz Festival," he remembered. "Talk about a big situation to walk into. We also played the Monterey Jazz Festival. We went on right before Herbie Hancock. Same stage where Hendrix burned his guitar. We also closed the festival at an indoor venue. We played at the Berlin Philharmonic Chamber Music Hall in November and Vienna, Austria."

Scott also traveled with Freelon to Brazil, a date he remembers with particular fondness.

"We had a great time in Brazil," he said.

"We played Sao Paulo and Rio. I had a room on Copa Cabana Beach. That was very cool. You walk down the street in Brazil and little kids are dancing and singing and playing percussion instruments. It's not a wealthy country, at least in terms of everybody doing okay, but the country has a good vibe. Music isn't an add-on for them. In the States it's like, do your reading, writing and arithmetic, and if there's any time and money left over, then maybe we can do a little bit of art. I think it's the very opposite in Brazil."

At the opposite end of the climatic scale, Scott also accompanied Freelon on a gig at a festival in Norway.

"We played the Slida Jazz Festival in Haugesund, Norway," he noted. "Nnenna was well received. It's a fishing village, but they sponsor a jazz festival every year. They feature a lot of traditional music, but they also book headliners like Nnenna and Regina Carter."

Once Scott finished touring with Nnenna Freelon in 2003, he began to contemplate spending more time on his own music.

"I've started playing out a lot more recently," he noted. "I'm trying to put more effort into my own projects. I have a trio with Kenny Soule and Bobby Patterson called Go There, and there are a lot of cool things about that. The music we play allows me to draw from all the music I like, going back to blues, rock, funk. The band seems to appeal to a lot of people. It's much more popular than any of the jazz I play, and I enjoy playing for people who come to hear the music."

"The reality of the jazz thing around here is that most of the bookings are in restaurants or bars where the music isn't



really presented; it's more of a background thing," he added. "I have no problem going to a rock club and playing, because more people are actually listening. I like to connect with people, not just other musicians. I don't judge my performance on the basis of what I get from the audience, but on the other hand, it is nice when you get off the bandstand and people come up to you and tell you that they're digging what you're doing. Any musician who says he doesn't like that on some level is lying, man."

Although Scott has long been involved both in and beyond the Triangle's dubious jazz scene, he's never restricted himself to this, or any other genre. There are many blues fans, for instance, who remember Scott's stint with Mel Melton and the Wicked Mojos.

"As much as I like jazz, I have to tell you that one of my best experiences of the last decade or so was playing with Mel Melton and his band," Scott stated. "He called me up in 2001, and at the time I hadn't been getting around much and playing. I'd hardly done any gigs where I was gone for more than one night. Mel told me he wanted me to play slide guitar, which made me think of when Mel played in a band with Sonny Landreth. I thought, 'Oh no!' I hadn't played much slide for about 15 years, but I picked it back up and finally got to the point where I was better than ever.

"I went out with Mel and we played a string of shows up the East Coast, staying in some marginal accommodations along the way, and playing blues clubs," he added. "We didn't make much

money, but it was the first time I'd played blues venues with a guy like Mel, who's the real deal. I have to give him credit for sparking me into wanting to get back out and travel and play."

Scott indeed got out and played following his gig with Mel Melton. He also continued to be an astute observer of the jazz scene in general. When asked about the jazz world's spell of retrocentricity during the '90s, Scott replied that: "I have nothing against

jazz singers, whatever that means to anybody, but 95 out of 100 times I'd rather listen to Bonnie Raitt than someone trying to sing Ella Fitzgerald. I'd rather listen to k.d. Lang or Chrissy Hind and The Pretenders than someone trying to imitate Sarah Vaughn. I'm just at the point where it's more interesting to go to a Los Lobos show than to one where someone's trying to sound like jazz back in the '50s or '60s.

"Cassandra Wilson has been successful at not being just a standards singer," he said. "I

know that learning the standards is how we learn the language of jazz, but at some point, man, you've gotta start speaking your own language. This learning thing is supposed to be an exercise, that's all. I mean, be-bop grew out of musicians becoming discontent with the whole swing sound. It was almost like a revolution at the time, but that was 50 years ago. I don't want to go to a club and hear somebody playing a Charlie Parker solo note-for-note. That makes me want to go home and listen to a Bob Dylan record.

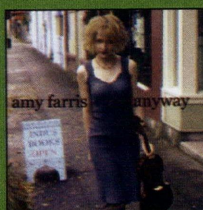
For more information on Scott Sawyer and his upcoming shows, check it out at [www.scottsawyer.net](http://www.scottsawyer.net). **MM**

## QUICK FIX

Amy Farris:  
**Anyway**

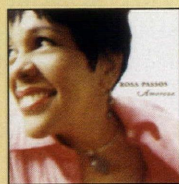
(Yep Roc).

After six years in Kelly Willis' band, ace fiddler/vocalist Farris does her own thing, with Dave Alvin producing, and fashions a killer debut album.



# DISCOLOGY

Rosa Passos:  
**Amorosa**  
(Sony Classical)



Guitarist/vocalist Rosa Passos is often referred to in Brazil as, "João Gilberto in skirts." That's lofty praise, indeed, but Passos rates that sort of comparison. Her debut album for Sony Classical, *Amorosa*, was undertaken as a tribute to Gilberto and even bears the same title as Gilberto's superb 1977 record. Passos covers four tunes from Gilberto's *Amorosa* — Tom Jobim's "Wave" and "Retrato em Branco e Preto," the Gershwin's "S Wonderful," and Velazquez's classic "Besame Mucho." She also performs "Lobo Bobo" and "O Pato," tunes closely identified with Gilberto. Working with producer Jorge Calandrelli

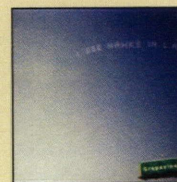
and veteran players the likes of Paquito D'Rivera (clarinet), Helio Alves (piano) and Paulo Braga (drums), Passos has created a bossa nova dream record. Her voice is easily as expressive and sensual as that of Astrid Gilberto or Gal Costa, and her guitar playing is always subtle. The entire album has the most delightfully languid feel, very much like an endless samba on a balmy night in Rio.

I See Hawks in L.A.:  
**Grapevine**  
(Western Seeds Records)

*Grapevine* is an absolute must-buy for any fan of true country music. Fronted by ace vocalist/songwriter Robert Rex Waller and guitar/steel guitar player Paul Lacques, I See Hawks also features band members who've played with Dwight Yoakam, Hank

Thompson, Hazel Dickens, Rose Maddox and Dave Alvin. Their basic sound is

California country, though shades of bluegrass and rockabilly are welcome. All the elements of righteous California country—Lacques fine steel guitar, the excellent harmony singing, Brantley Kearns' brilliant fiddle, Waller's sturdy lead vocals—come together song after song. I See Hawks embody everything tried-and-true about genuine country music while offering us something new as well. Prime tracks include "Humboldt," "I Stayed Away," "Hope Against Hope," "Hitchhiker" and the title track. Don't hesitate on this title for a second. Take the plunge and get some real country music on you.





continued from page 24

receiving two of five national Grand Awards and walking away with the Best of Show Award at the ceremony of the American Chamber of Commerce Executives annual 2003 Awards for Communications Excellence.

The Communication Awards, an annual

competition that recognizes excellence in all areas of chamber and association communications, this year drew 324 entries from over 140 chambers throughout the country.

The Best of Show Award and a Grand Award were presented to GRCC for "The Triangle, A Family of Communities" regional community pride campaign. A second Grand Award was presented for the

re-design of the City of Raleigh's Economic Development Web Site, [www.raleigh-4u.com](http://www.raleigh-4u.com).

The Raleigh Chamber also received an Award of Excellence for its 2003 Annual Meeting and Awards of Merit for its Swedish Video Economic Development e-mail, 2004 Sales Brochure, and 2001 Annual Report/2002-2003 Business Plan. **MM**

**EYES ONLY**

■■■ Eastern NC Artist **Robert Ebendorf** will receive from the **Smithsonian Institution** a 2005-06 James Renwick Alliance "Masters of the Medium Award," given every two years to four of the country's most esteemed artists. Robert Ebendorf is Carol

Grotnes Belk Distinguished Professor of Art at **East Carolina University** in Greenville. ■■■ **Jennie Barbour** of Charlotte has been named the new **Director of the Chapel Hill Museum**. A graduate of UNC-Chapel Hill, Barbour returned to the area in August to assume her new position. ■■■ Duke University's **Gregg E. Trahey** has been appointed a member of the Biomedical Imaging Technology Study Section of the **National Institute of Health's** Center for Scientific Review. Dr. Trahey is the James L. and Elizabeth M. Vincent Professor of Biomedical Engineering and a professor of radiology at Duke Medical Center. ■■■ **Radio station WCPE, 89.7 FM**, is among five finalists for a **Marconi Radio Award**

from the National Association of Broadcasters in the category of **Classical Station of the Year**. It is the radio station's second straight year in the running. ■■■ **Shaw University's** Department of Intercollegiate Athletics has added four stations to the **Shaw Bear Sports Radio Network**, bringing the total number of stations on the network to nine. Additions include **WSHA**, Shaw's 50K-watt radio station; **WKTE** in King, NC, covering the Triad; **WRCS** in Ahsokie; and **WELS** in Kinston. ■■■ **Dr. Earl Wernsman**, William Neal Reynolds professor emeritus of Crop Science at **NC State University**, has developed a **new burley tobacco hybrid** that is perhaps the hardiest variety of tobacco yet. NC 7, as it is known, has disease resistance not available in contemporary American burley tobacco cultivars. ■■■ **Sarah C. Michalak**, a librarian with more than 30 years of experience, has been appointed **university librarian and associate provost** for university libraries at **UNC-Chapel Hill**. Currently director of the J. Willard Marriott Library at the University of Utah, Michalak will begin work in Chapel Hill on Sept. 20, succeeding Dr. Joe Hewitt, retired after 29 years with UNC libraries. ■■■ **UNC-Chapel Hill** has received **two National Science Foundation grants** totaling **\$912,000** to build **six telescopes in Chile** that will study the most distant objects in the universe. The Panchromatic Robotic Optical Monitoring and Polarimetry Telescopes, or PROMPT, to be built at the **Cerro Tololo Inter-American Observatory** in the Andes, are designed to study powerful, distant explosions called gamma-ray bursts. ■■■ **MerleFest 2004**, presented on April 29-May 2 on the campus of Wilkes Community College in Wilkesboro, NC, exerted a total regional economic impact of **\$13,749,915**, while earning almost one-half million dollars for the college. The direct economic impact on Wilkes County alone is estimated at \$7.3 million. ■■■ The **Durham Symphony Orchestra** is looking for **musicians**—French horn, bassoon and all strings. For information, contact the Durham Symphony Orchestra at 919-560-2736. ■■■ The **NC Arts Council** will invest more than **\$4 million** in grants for arts programs and projects in the state during 2004-05. Last year, over 9,500,000 people participated in Arts Council-funded projects ranging from dance classes for children to exhibitions at the state's museums to art projects at senior centers. ■■■ **North State Bank's** first **"Summer Salute for Hospice of Wake County"** benefit at North Ridge Country Club in Raleigh raised **\$100,000** for hospice through ticket sales, sponsorships, individual and corporate donations, a raffle, and an auction. Hospice said the funds would be used to help support its indigent care programs and a special program for children called Reflections. The next event will be May 21, 2005.

## Metro INDEX

Number of textile and apparel mills that closed in North Carolina between 2000 and 2003: **190**

Number of North Carolina manufacturing jobs in January 2001: **744,200**

Number of North Carolina manufacturing jobs in May 2004: **585,500**

Ratio of rural North Carolinians who have less than a high school degree: **1/4**

Ratio of rural North Carolinians who have a college education: **1/5**

North Carolina's 2004 national ranking in job creation: **1**

The state's current national ranking in job growth: **4**

Job growth in Georgia: **0.5 percent**

Job growth in Tennessee: **0.2 percent**

Job growth in Virginia: **0.9 percent**

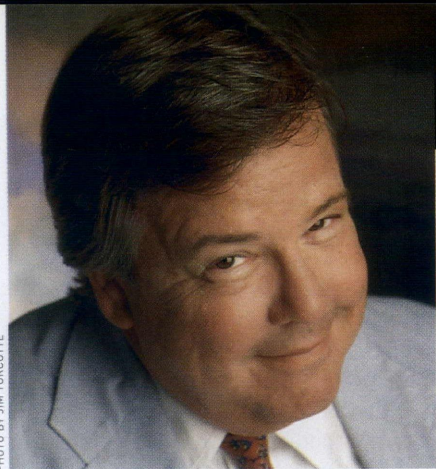
North Carolina's job growth: **1.3 percent**

Number of consecutive months of negative job growth in North Carolina's textile industry before mill jobs finally began gaining in April 2004: **15**



# My Usual Charming Self

by Bernie Reeves



## THE HORROR OF RAIL MASS TRANSIT

It's the same feeling... fear, palpable and yet far away—a nauseating helplessness born of absurd cataclysm. I first felt it marching down the linoleum hall for air raid drills in Junior High, my little mind saturated with newsreels of ruinous landscapes around Hiroshima. The big flash that would end it all.

The feeling came back to me thinking about the ominous reality of rail mass transit in the Triangle. It seems a distant threat, yet it is there, and, like the Bomb, no one seems able to prevent it. In the end it was the Russian Roulette of MAD, “mutually assured destruction,” played out every day for over 50 years until the collapse of the Soviet Union that rescued mankind from nuclear holocaust. This time we don't have 50 years for the madness to end. Mass transit is almost here and it will alter the cities we love forever. And no one is able to stop it with a counter force like MAD. It's so big and expensive and absurd it's going to happen no matter what we do.

### BORN IN SIN

Rail mass transit was born in sin, the political sort. There was not one scintilla of factual data to support the concept in the early 1980s when the idea was floated by radical activists. The need was a lie. Back then the Triangle was hardly the Triangle at all. Even after hooking up Raleigh, Durham and Chapel Hill (and some tangential counties) the population didn't hit 500,000; and that was spread over acres of empty land. Rail mass transit requires population density at least five times higher than density in this area. Even more asinine was that what population density we had was spread out among three cities—four if you count Cary. The lie inside the enigma of rail transit is based on false propaganda from the environmental Left saying that the US is due to starve and die due to over-population, a theory famously purported by professor Paul Erlich in 1968 that has proved to be totally untrue. Yet it is

believed: Actually 2209 of the 3141 counties in the US have a population of 50,000 or less. Not only is rail transit absurd today, it doesn't even work in the future. Populations in the West are declining, not increasing.

So just where did the Triangle mass transit idea come from? The answer is: out of the mouths of idiots, useful ones—as Lenin called them, and they were having a heyday in the mid-'70s reorganizing society with their little red books. As do most infantile Marxist theories, the cutting edge (what the communists called the “vanguard elite” that would provide the wedge for the proletariat to pour through) for mass transit originated from the college campus, most notably Duke, home of the more strident and pernicious activists of the era.

As early as 1979, the call came. With no supporting data, the idea was to have local governments pay for studies about future growth and then stick a pin in the demographic map and scream aha! If we don't have rail transit by 2050, we will be living in asphalt hell, grid locked in hopeless traffic jams, gasping for air. Our famous “quality of life” would be extinguished. The first study, naturally, failed to find any justification for rail transit. Yet, undeterred, the enthusiasts kept the drumbeat going, resulting in five more failed studies into the 1990s and a continuing waste of taxpayer money.

### NOT SUITED FOR RAIL

The Triangle region, an urban cocktail concocted by the creation of the Research Triangle Park, was hardly a voluntary effort anyway. Raleigh, Durham and Chapel Hill were home to the universities that Park planners used to create the pillars for their dream. They purposefully forbade residential, retail and commercial development within the confines of the hallowed grounds to prevent the establishment of a Yankee enclave of highly paid scientists looking down their noses at the jobs in the surrounding cities. Con-

sequently, the three cities grew, Cary was literally created and the region was involuntarily heading to an uneasy alliance whether each liked it or not.

Hardly a recipe for urban rail transit was this accidental marriage we call the Research Triangle. The beauty of the appeal of the region was the opportunity for families to range around the landscape to find a home where they felt comfortable. No central state apparat forced them to live in certain zones or be made to live where they would force density, the base level requirement for rail transit. Instead, roads followed development and year after year the region is ranked number one in “quality of life”. What we have here is a place people love.

Yet the activists remained committed. Noting the increased traffic flow around the RDU International Airport, they saw their solution. Another “study” was duly commissioned and funded. Then heartbreak. Turns out only 20 percent of the auto traffic clogging up I-40 emanated from the Triangle. Most of it came from eastern and southern NC citizens using the airport.

What to do now, they pondered. How about we abandon our plans for “deep” rail transit and compromise with “fixed guideways,” resulting in making plans to use the existing rail lines in the area operated by the railroads. And off they went except for one small thing. In their utopian zeal they didn't feel it necessary to ask the railroad companies for permission to use their systems. The railroads said no, and for good reason. How are we going to stop a fast-moving freight train when it comes upon a teeny transit vehicle?

The upshot is that the Triangle Transit Authority is going to build rail lines alongside existing private rails and the cost is going to pass one billion dollars real soon. Yet, in my years railing out against rail transit, people seem complacent saying it won't hurt and it may help. They are misled. Here are the reasons we must act to stop this train:



1. No public entity in the region has voted to have rail transit. The money is coming from the federal government—that siphons off our gas tax money in Washington for mass transit before sending it back to the state for road-building—and the NC Legislature that granted funds after back channel lobbying by transit activists. Neither the Feds nor the State asked us in the Triangle if we wanted it.

2. Rail fanatics have worked to stop road projects in order to create gridlock to make their point that we must have rail transit. One example among many: Raleigh's mayor Charles Meeker, when first elected to the City Council in 1992, brazenly attempted to cut off funding for the second year allocation for the I-540 Outer Loop. Had he succeeded, the project would have ceased. He deliberately attempted to create traffic congestion to push the need for rail transit. Another example: a two-person environmental group in Durham held up the widening on I-40 at the Durham Expressway for 10 years. That work is now in progress but the traffic problems due to the purposeful delay was successful in convincing the uninformed that rail transit is necessary.

3. The cost of the rail transit debacle is monumental, yet the worst is still to come. Assuming the first line is completed from downtown Durham to Downtown Raleigh and the estimated \$775 million now predicted to finish it out is funded, what happens when the system is complete? For one thing, the citizens in Raleigh and Durham will have to subsidize its operations, as ridership will, at best, cover maybe 30 percent of the cost. The taxpayer bill will strangle us, stopping road-building and causing the curtailment of other services.

4. This is connected to an appalling lack of will on the part of elected leaders in the region. I asked a Raleigh Councilman: Do we have a liaison committee communicating with TTA so we can confront the issues that will arise down the road? The answer was no, and accompanied by a retort: why do you care? It's free money. This so-called "free money" is going to cost us a bundle.

5. Rail transit was born of a political agenda incubated in the hotbed of Leftist radicalism in the 1960s and 70s. The elemental theory starts with the standard hatred of capitalism that views individualism as the enemy to the revered theory of collectivism. Thus the automobile becomes the symbol of individual rapacity. But worse, the automobile uses fossil fuels and pollutes the air. Therefore the car must go and citizens must

adhere to the collective principle by living in dense urban clusters so has to preserve the environment and create efficiency of services.

Consequently, the radical proponents of rail transit detest what they call "sprawl," assigning to it any negative epithet in vogue. Just the other day, I heard a report on NPR blaming sprawl for juvenile obesity. During the drought here two years ago, sprawl was partially blamed because asphalt on roads leading to suburbia absorbed heat. The absurdity goes on and on because the war against the automobile is a doctrinal affair in which facts are not pertinent when the justness of the cause is all that matters.

6. The essence of the push for rail transit is the wedge of a political agenda with no basis in fact or need. The secular religion of utopian goals blinds adherents to reality. Think for a minute about how you would use rail transit and the overwhelming absurdity overcomes you. If you take a train anywhere what do you do then? Take a cab to your final destination? Wait for a shuttle bus? How do you do errands? Leave work for the dentist? Pick up the kids? This is not New York where density is a geographical reality and trains are available constantly. This is a vast landscape that, in toto, is basically underpopulated.

7. From any rational perspective, rail transit in the Triangle is madness. The current plan does not even go to Research Triangle Park (or the airport) where 40,000 workers congregate daily. Even if transit went there, what do workers do once they arrive at a transit station? Park regulations require facilities to use only 15 percent of their land; just getting to a facility will be more trouble than taking the train.

And what about security? Transit stations will be sitting ducks for vandalism, robberies and worse. Are the cities going to provide security on the trains, and at what cost? By the way, train engineers and some workers are union employees...are we ready for that? Will they strike and influence others in the community to join them?

8. Here's the part that causes the sick fatalism we should all feel. Rail transit activists and fellow travelers are literally going to transform our pattern of development, scarring our neighborhood pattern of development in the name of radical theory. Even newcomers must feel as I do, that our City we love is being transformed by central state fiat, in this case, an ersatz little Kremlin not answerable to any of us. Forcing rail transit on an innocent population is similar to Stalin relocating KULAKS from the Ukraine to

Siberia against their will.

We didn't fund it, we didn't vote to have it and we are left with the consequences: massive taxation to maintain it; responsibility for its operations; the security required (that no one has addressed); civic leaders who are "asleep at the switch"; delays in critical road projects due to sub rosa lobbying by transit operatives; and the agenda to alter our neighborhoods and quality of life.

Folks, don't say I didn't warn you. The transit holocaust is here.

## NOTES FROM LA-LA LAND

...A little bird told me that the cost of choosing chancellors in the UNC system has gone up a few hundred thousand each incident because UNC system president Molly insists on using the headhunter firm that found her after the Board of Governors search committee disbanded when female members insisted on a female for the job—whether qualified or not. Broad is soon to receive a faculty position to ensure tenure payments when she steps down as President and loses her \$300,000 salary. According to the chronicle of Higher Education, the average annual professor's pay is \$106,000; Molly's is estimated to be \$180,291.


...

Writers in the region should note that Amazon has instituted a policy called Real Names for online reviewers on the site. No more anonymous attacks by other writers with an agenda.

...

Looks like John Kerry is on a Swift Boat to oblivion as the election nears, but he was doomed to drown in prevarication anyway. His candidacy reminds me of another fabled Massachusetts Democrat who led or was close in the polls during the summer before the election in 1988: Michael Dukakis. The divisions in the electorate in 2000 are not there after 9-11. George Bush will sweep, with a coattail that may shake up state elections.

...

The Jewish Press.com online newsletter noted recently the 15th anniversary of the passing of leftist newspaper editor IF Stone, mentioning how close his views were to Soviet policy even while he was worshipped by the intellectual Left during his salad days in the '50s and '60s. Stone, as late as 1979, actually propagandized the emerging city weekly association to take on socialist airs and become "alternative." But the article didn't mention that Stone has showed up in declassified intelligence reports as a paid agent of the KGB and GRU. 



## EXTREME MAKEOVERS...

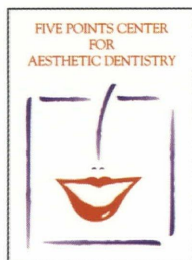
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