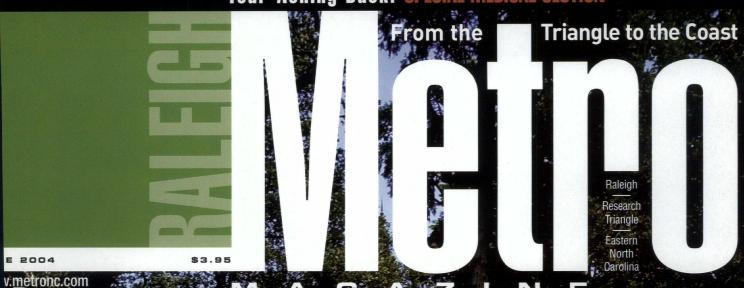
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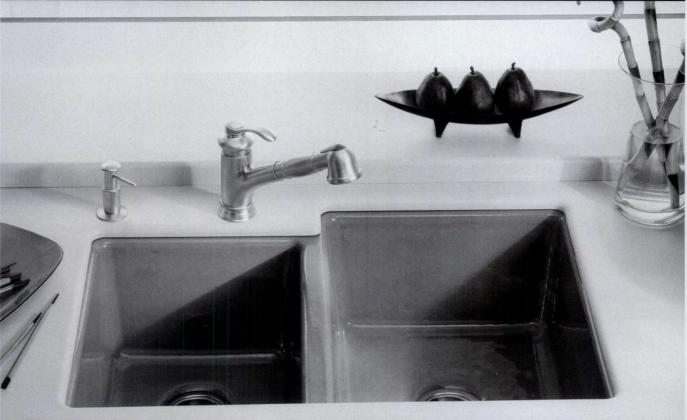
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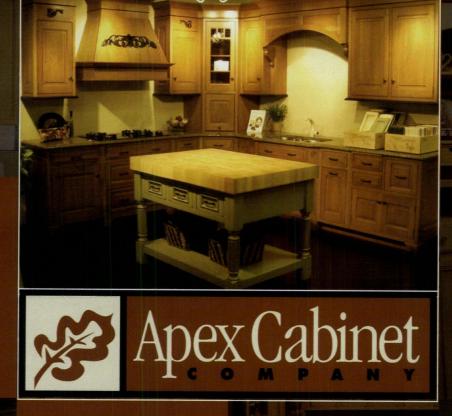


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### **NEVER A DULL MOMENT**

ou must wonder if I ever run out of things to say about each issue in this Intro. I don't. It's because I am constantly amazed at the creativity of our writers and the array of subject matter in the community we serve and the people who make it happen.

Tarboro, North Carolina, is a case in point. Design editor Diane Lea reports that this little town that could did just that in a heroic undertaking to rebuild their historic and charming community after hurricanes and

floods took their toll. One of only a few towns remaining in America with a mandated town square, Tarboro is a must visit destination and a true cultural treasure.

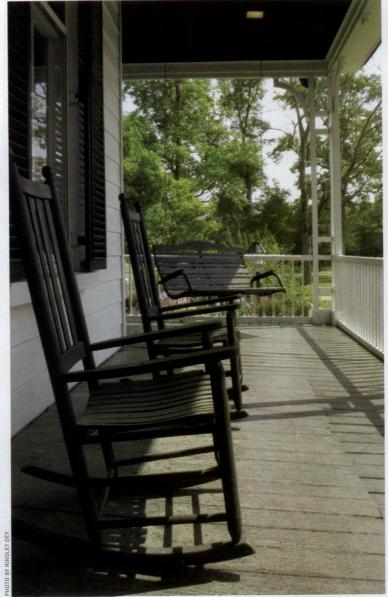
A record number of ballots were received for our annual "best of" MetroBravo awards. Part one of the results is in this issue with part two following in July. It is always interesting to see if the mainstays keep their top billing and how newer candidates fare. Good beach reading here for sure.

My aching back I hear you cry. *Metros* quarterly medical special report goes the heavy lifting to bring you the latest in diagnosis and treatment of this enduring and universal condition that has plagued mankind since we started walking upright a few eons ago. Rick Smith brings home an interesting and informative update to help you decide what's right for your aching back.

Molly Fulghum-Heintz has a column-full of cooling fashion tips for summer; Carroll Leggett's visit to the Airlie Arts Festival in Wilmington brings back old memories; Maudy Benz uncovers where the literati gather in historic Hillsborough; Barbara Ensrud suggests the right wines for the summer days ahead; Louis St. Lewis presents an array of talented new artists making the scene, and Philip Van Vleck tracks down retired rocker Harvey Dalton Arnold.

Arch T. Allen reviews the very important *In Denial* by notable Cold War researchers who can't get ink from the usual media suspects; Art Taylor literally covers the fiction scene in New & Noteworthy Books; Patrik Jonsson delivers another fascinating list of tidbits in Metro Index, and Frances Smith is once again pulling out the stops in Metro Preview to bring you the very best of where to go and what to do in the month ahead.

While we partake of the splendid opportunities surrounding us here, the war against religious zealots in the

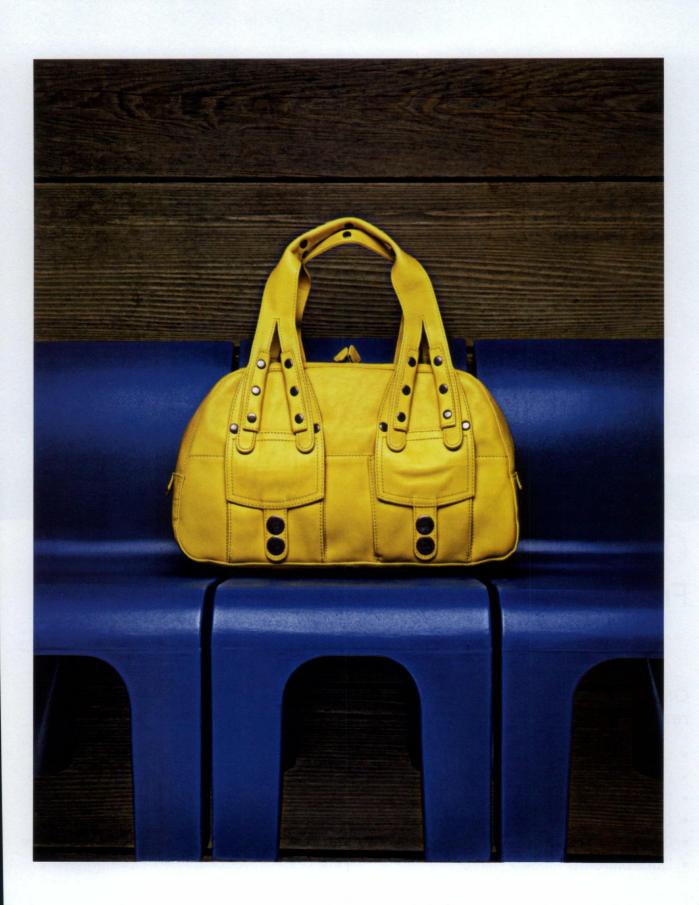


Arab world takes a huge toll on our security and well being. Inside this issue take note that I and *Metro* and the NC Museum of History Associates are bringing the top insider experts on the menace of terrorism to Raleigh for the Second Raleigh International Spy Conference September 1-3.

This is as good as it gets so go to www.raleighspyconference.com or call Vince Cavallari at the Museum of History Associates (919-733-3076) to register. Space is limited, and the speaker line-up unmatched in the world. And it's coming right here to you in Raleigh.

See what I mean? There is never a dull moment in each issue of *Metro*. Enjoy and we'll see you here in July. Keep cool.

-Bernie Reeves, Editor & Publisher



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#### **DESIGNING READER**

My name is Ellison Sieck, and I am a North Carolina State University student. I am currently enrolled in the College of Design's School of Architecture as a rising junior. I have been admiring *Metro Magazine* ever since a neighbor from my hometown in Edenton, NC, gave me an issue when I first moved to Raleigh.

I am especially impressed with your commentary on the recent conflicts within the Episcopal Church. Through the past months, I have come to be thankful for those, like you, who confront these sensitive issues with rationality rather than inconsistent emotion. You and a dear friend from my parish at home, John Becker, have been an inspiration to me in this time of trial.

I would also like to thank you for your attention to and support of the design community at large. Your magazine provides an avenue of awareness to students like me. This month's coverage of the AIA Triangle Design Awards by Diane Lea was particularly interesting, as I sit in School of Architecture faculty meetings with several of the awardees. I also attended the lecture that you, Bob Burns, and Frank Harmon gave at Duke University last spring. Through that lecture and the DUMA events, I acquired a deeper knowledge of my school and its founding principles.

I thank you for your contributions to my education in Raleigh. Hopefully in the future I will have the opportunity to thank you in person. Have a wonderful day.

Ellison Sieck, Raleigh

### PARDON OUR FRENCH

It is always nice to be able to bring a little Cartesian clarity into our befuddled world, even if it is just a matter of disembroiling a little linguistic imbroglio. Long live the friendly fracas! (Which alleviates our ennui.) Je crois que the French phrase that both Mr. Reeves and Mr. Teasley are cherchez-ing is the ever handy je ne sais quoi. One employs this expression idiomatique as a noun to refer to "that certain indescribable something" (literally "I know not what)" that is attached to someone or something the powers of enchantement of which cannot be adequately rendered even with a linguistic tool as precise as the French language. Since I did not see the original use of the expression by Mr. Reeves, je ne sais pas if he used it correctly, but I would like to croire que oui. His phonetic rendering à la Mark Twain was très charmant.

Sally Reynolds (Former professor of French), Raleigh

EDITOR'S NOTE: The tres charmant Mr. Reeves referred to above, and who wrote the piece using the French phrase, is the son of Metro editor and publisher Bernie Reeves. He is RB Reeves, IV (nicknamed B) who had just returned from London where he worked a stint for the Evening Standard. He now lives in New York City.

#### **ORDINARY NORTH CAROLINIANS**

As I sat reading the Gourmet article in the May issue [of *Metro*], I was surprised by Moreton Neal's obvious bias against "ordinary looking North Carolinians." Having moved here six years ago from Toronto, I happen to believe that average North Carolinians in the Triangle are just as metropolitan as those in other cultured cities the world over. And in many ways the North Carolina lifestyle is much superior! Bring on the "ordinary North Carolinians" any day!

Jan Issa, Raleigh

### **MORETON NEAL RESPONDS:**

Thank you for reading my column.

I was a bit distressed by your letter, but happy to know how much you appreciate living here. If I have a bias, it's that ordinary North Carolinians are more attractive and sophisticated than most people are. I love the Triangle and consider it to be the very best place to live on the planet!

I used the term "ordinary looking" in an attempt to describe the difference between my fantasy of a Miami cafe society hangout (very tan women showing lots of skin, men dressed like the young Don Johnson) and the comfortable, unintimidating ambience of South Beach Grill. The Grill itself is quite ordinary looking, which is part of its appeal. Certainly no disrespect was intended. I consider myself an ordinary looking North Carolinian and am happy to be so.

### LOTTERY LEANINGS: FOOT ON THE NECK OF PROGRESS

Cheers and hip hip hooray for a voice for the folks who want a lottery in this state. I could not have said it better or more succinctly myself.

These old political fogies have their foot on the neck of progress and are strangling the state and its citizens with this crap.

I, for one, am looking at relocating from this oppressive state, largely in part to this very issue. I am tired of elected officials making the laws for us instead of enforcing the laws we the voters have a right to be

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#### CORRESPONDENCE

heard on and vote on.

The article "You Bet Your Life" [My Usual Charming Self, April 2004] is the first one I have ever read by Mr. Reeves. It is also the first time I have heard of *Metro Magazine*. With commentary like this, I am now curious enough to look inside this magazine a little more closely.

Mr. Reeves, kudos to you and *Metro Magazine*. *M. J. Richardson, Raleigh* 

### WHOSE POCKET IS BEING LINED?

I recently moved here from Florida. I'm sorry I did, unfortunately I had to. Good for you, the article about lotteries [My Usual Charming Self, April 2004] was great. So glad to know that there are people who feel as I do. I'm sure there are many others, unfortunately they do not hold positions enabling them to make any changes. Why are these people so blind? They probably don't go for it because it would be a legalized business, and if legal how would they be able to receive bribe money. NC allows Bingo doesn't it, and it is played in Churches? It all depends on whose pocket is being lined. By the way, I'm a conservative and I very much like George Bush.

Merry Scotland, Pinehurst

#### WOULD LOTTERY FUNDS BE USED CORRECTLY?

I always enjoy and appreciate your "Charming Self" column, and I was especially intrigued by your

#### CORRECTIONS

The name of *Metros*' new golf writer is David Droshcak. His name was given correctly in the byline for his article "Famous Pinehurst #2" (May issue) but was wrong in "Monet Moments" at the front of the magazine. Droshcak has been the North Carolina Sports Editor for the *Associated* press for the last 20 years. The editors regret the error.

A photograph of the main entrance of the Ligon Flynn-designed Simmons Residence, and a portion of maritime forest was incorrectly identified as part of the Timberlake Residence in the Design feature for May, 2004, issue of *Metro*. The editors regret the error.

Also in our May issue, the book review of *First Off the Tee* by Don Van Natta Jr. was written by Arch T. Allen not Art Taylor. The editors regret this error as well.



In our article on AIA award winners, we neglected to give proper credit to James West for his photos of winners 1,4,5, and 6.

recent column making a case for a state lottery [My Usual Charming Self, April 2004]. Your points are certainly worth consideration. But here is an opposing point that is not based on moral considerations:

Your argument assumes that our public school establishment should be given more money. But consider two certain events that would follow establishing a state lottery, with proceeds earmarked for public education:

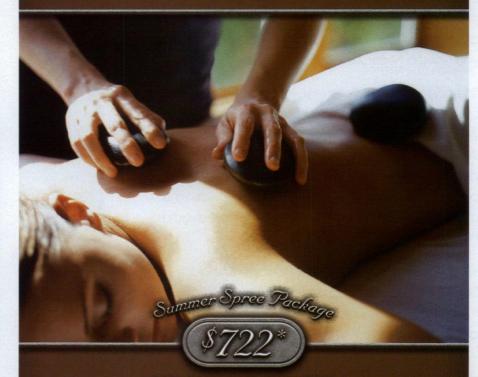
 The school administrators would immediately increase their budget by adding more non-productive overhead and more non-teaching personnel. All pressure for them to eliminate waste would disappear. 2) The legislators would divert some funds formerly given to the schools, to new entitlement or social engineering nonsense, reasoning that the lottery proceeds would now make this feasible. Bad outcomes all around!

And a minor point: Not all us Baptists are fundamentalists. The Baptist tent is so broad it encompasses on one extreme the Ayatollah Page Patterson (now thankfully decamped), and Comrade W.W. Finlator on the other. Most of us have nothing in common with either, except the name of Baptist.

Keep up the good work!

Robert L. Edwards, Raleigh

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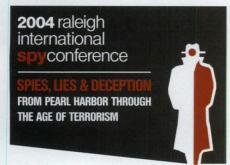


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### Terrorism Experts Scheduled for Second Raleigh Spy Conference

In response to developments in the world today, the speaker line-up for the Second Raleigh International Spy Conference—set for September 1-3, 2004—has shifted to include the top experts in terrorism and anti-terrorism. Go to www.raleighspyconference.com or call the North Carolina Museum of History, host site for the event, at 919-733-3076.



The title for the conference, Spies, Lies and Deception: From Pearl Harbor Through the Age of Terrorism, "is a response to popular demand," says conference founder Bernie Reeves, editor and publisher of Metro Magazine. "Everyone is interested in terrorism today, and the link to intelligence is a critical factor. Last year we brought the tops in the field of Cold War intelligence, and this year we have hit another home run by attracting top insiders in the field of terrorism and counter-terrorism."

Keynote speaker Bruce Hoffman will present "The Continuing Threat of Al-Qaeda and the Future of Terrorism." Hoffman is Senior Advisor on counter-terrorism to the Office of National Security in Baghdad, Director of the Washington Office of the RAND Corporation, author of *Inside Terrorism* published by Columbia University Press and expert in the global security environment, emerging threats, domestic and international terrorism, and the Middle East situation.

Dennis Pluchinsky will present two sessions at the conference: "Educating Students and the Public on Terrorism" and "Terrorists and Terrorism Analysts—Mind Games." He is a diplomatic security analyst and university lecturer on international terrorism. Go to the conference Web site for links to articles by and about the speaker. (Unless clearances are received, Pluchinsky's presentations may be closed to the press.)

"The Profile of Suicide Bombers" will be presented by US government researcher and Hamas expert Kim Cragin, considered the world's top expert on suicide bombers.

Nigel West, former Member of Parliament and UK intelligence expert and author, will present "Countering Terrorism Using Counter-Intelligence Techniques: The British Experience in Northern Ireland." West was a presenter at the 2003 Raleigh International Spy Conference.

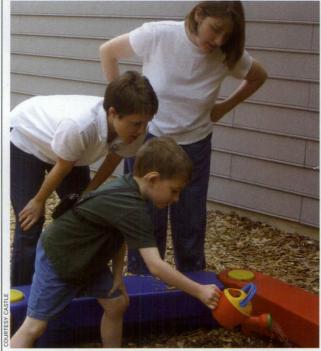
Tom Kimmel, retired FBI special agent and the grandson of Admiral Husband Kimmel, commander of the Pearl Harbor Naval Base at the time of the Japanese attack, will present "The Pearl Harbor Attack and 9-11 Compared." Many consider Pearl Harbor the first act of terrorism of the modern age; Kimmel uses recently declassified data to demonstrate that his grandfather could have been warned of the attack.

Dr. James Leutze, recently retired chancellor of UNC-Wilmington, will return as chairman and moderator for the conference, and additional speakers may be added.

Registration price ranges from \$140 to \$250 for the event that kicks off with a cocktail registration and overview session Wednesday evening, September 1, followed by panels all day Thursday and the now famous "spy gala" that evening. Friday morning there is a wrap-up panel followed by a champagne break and the keynote address by Bruce Hoffman at 11 a.m.

### CASTLE Creates Miracles for Hearing Impaired

The look of amazement spread quickly across the face of 5-year-old Micah Keim. He began to clap.



Lillian Henderson, CASTLE speech-language pathologist and classroom teacher (left) and Shell Keim (right) work with Micah Keim at CASTLE.

"Ooh," Micah exclaimed, "I hear my ear!"

Parents David and Shell Keim of Cary and Micah's audiologist, Nancy McIntosh—who is completely deaf and relies on cochlear implants herself—looked on with pride.

Micah was reacting to sound he could now "hear" through his own cochlear implant—a device made famous by radio talk-show host Rush Limbaugh who lost his hearing and regained it through surgery. Micah is one of 20 or so patients enrolled in Durham's Center for Acquisition of Spoken Language Through Listening Enrichment, or CASTLE.

"They work miracles," said a grateful David Keim, an attorney at SAS in Cary. "People don't realize the work that goes into learning how to speak. Micah's vocabulary has just exploded. These people are at the top of their field."

CASTLE, which is affiliated with the University of North Carolina at Chapel Hill's medical school, provides instruction and resources to hearing impaired children and their parents. Its staff of 13 people helps children with implants and hearing aids. Using technology to help children hear is neither the beginning nor the end of learning how to speak, Keim said.

"Micah is still in the process of tuning up," he explained. Micah received his implant last October. "He is able to tolerate more data now."

But there is more to CASTLE than helping the deaf to hear. The program also wants to help others reach out to children in their communities.

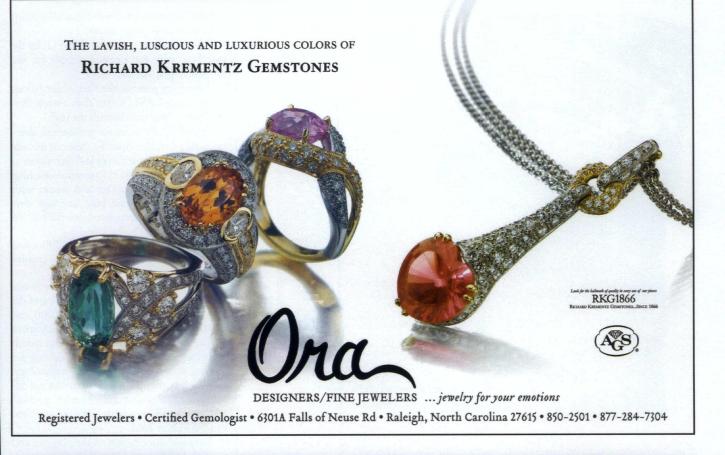
Beth Whitfield, program coordinator at CASTLE, said its mission has two priorities:

"One, to provide direct services to children; and, two, the opportunity to provide a training place for professionals in the field. We provide intervention with direct help."

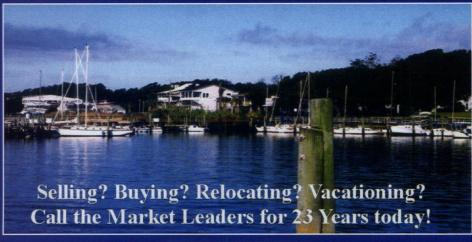
CASTLE is a privately funded extension of the W. Paul Biggers, MD Carolina Children's Communicative Disorders Program. It recently was awarded a \$177,000 matching grant from the Oberkotter Foundation in California. CASTLE has raised \$36,000 on its own.

Keim decided to help publicize CASTLE's fundraising efforts after seeing first hand the progress the group has made with Micah.

"By the time he was 12 months old, we knew he was hearing impaired," David said of Micah, who is the fourth of six children



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Micah has been enrolled at CASTLE for the past two years and became eligible for the implant surgery last fall.

Like other parents, the Keims take Micah to sessions at CASTLE four days a week. Parents have private sessions with the staff.

CASTLE offers one-on-one student direction and parental consulting. Sessions include learn-through-play activities and techniques as well as strategies designed to promote listening and speaking. The center also works with parents to demonstrate how language development can be incorporated into daily activities at home.

The costs for the program run \$90 a day, Whitfield said, "but we don't turn away anyone. We will find a way."

Treating children for hearing loss is not cheap. Hearing aids can cost \$10,000, and the implant surgery runs between \$40,000 and \$60,000. The CCCDP program, which is run by Carolyn Brown, an audiologist and speech pathologist, does offer financial assistance for hearing aids, implants and other technology.

"We have the opportunity to make a real difference in deaf education in North Carolina," said Whitfield, who was the first employee hired by CASTLE in 2001.

For more information on the program and to find out how you can contribute to its fundraising efforts, call 919-419-1428 or visit its Web site: www.oraldeafed.org/schools/castle/ index.html.

#### **Reeves on the Radio**

My Usual Charming Self on the radio with Bernie Reeves began airing May 11 on Chapel Hill's WCHL 1360-AM. You can access the show online by clicking www.wchl1360.com/ listen.jsp?showname=berniereeves and hear Reeves and columnist Hal Crowther "disagree on just about everything from the environment to the Iraq war," said Reeves.

The weekly two-hour program airs Sunday mornings from 10 a.m. to 12 p.m. in its entirety and is repeated in two one-hour segments Tuesdays and Thursdays at 6 p.m.

According to Reeves, "Being on the air is fun for me, and I think fun for the audience. I interview interesting people who bring a lot to the public debate."

### **FoR ENC Introduces New Initiatives**

Two new initiatives: the Virtual Incubator Platform for Eastern North Carolina (VIP for ENC) and Venture East, the FoR ENC Travel and Tourism Development Partnership, were introduced recently at a public event and luncheon held by the Foundation of Renewal for Eastern North Carolina at Tryon Palace in New Bern. These two new FoR ENC-sponsored projects are designed to stimulate the economy of Eastern North Carolina across a variety of industry sectors.

"Eastern North Carolina has awakened to the necessity for greater creativity, ingenuity, and regional cooperation," said FoR ENC president Phillip Horne in an introductory speech. "[We need] a culture shift that emphasizes intellectual as well as financial capital."

The Virtual Incubator Platform for Eastern North Carolina (VIP for ENC) is a web-based regional business engine built to promote teaming, improve competitiveness, and grow and sustain existing small businesses in eastern NC in four key industry clusters: 1) homeland security/aviation; 2) med-tech/bio-tech/ag-tech; 3) military procurement/military commercialization; and 4) travel, tourism, and entertainment. Visit www.vipfor-enc.com.

The Venture East Travel and Tourism Partnership is a public/private development partnership organized by FoR ENC to market tourism in the 41-county region east of I-95. Venture East will develop a blueprint for enhancing existing tourism and developing new tourism venues in towns, cities and communities that are currently under-marketed.

The inaugural project of Venture East is a documentary produced in partnership with Blue Water Media called *Cruising Carolina*. The film explores the Inner Banks of Eastern North



J.C. Raulston Arboretum's Perennial Border recently received a Merit Award from the Perennial Plant Association of America in their 2004 Landscape Design Award program, fetching 87 out of a possible 100 points in the program. Designers of the perennial border are Edith Eddleman and Doug Ruhren. The Arboretum staff and volunteers maintain the garden.

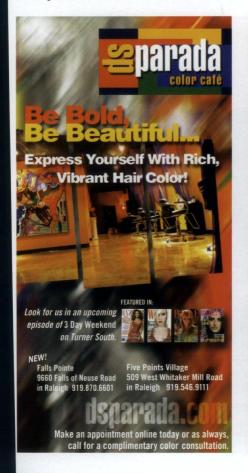
Carolina—its people, history, and towns—from a boating and sailing perspective. *Cruising Carolina* is based on the book *Cruising Guide* to *Coastal North Carolina* by Claiborne Young. (A native North Carolinian who grew up exploring the North Carolina coast by boat with his family, Young is also the host of *Cruising Carolina*.) For more information on *Cruising Carolina*, contact FoR ENC: 252-756-0176; fdooley@forenc.com.

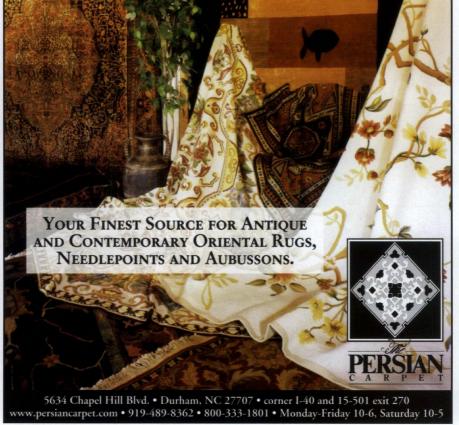
Keynote speaker for the Tryon Palace event, the Honorable Richard Moore, North Carolina State Treasurer, outlined ways in which Eastern North Carolina is uniquely positioned to embark on a regional renaissance. Moore emphasized the importance of For ENC's mission and work, which, he noted, has in its short history assumed a role of leadership and entrepreneurial innovation across Eastern North Carolina.

### "Bon Voyage" for the Meka II

A "Bon Voyage Gathering" was held on May 30 at the NC Maritime Museum's Harvey W. Smith Watercraft Center, Beaufort, for Captain Sinbad and the crew of his brigantine, *Meka II*, as it readied to depart for points south.

The *Meka II*, built by Sinbad in 1967, is again launching a "Sailing to See" educational voyage, which allows the crew of four teenage women a chance to learn about and live the life of a privateer at sea first-hand. The ship will sail south on a 3000-mile adventure to the Bahamas, Cuba, Jamaica, Cayman Islands and Key West. Throughout the voyage, the crew will capture film footage to complete an educational







The Meka II, Sinbad's Tall Ship, sets sail from Beaufort, its home port

video documentary about tall ships, piracy and the experiences of four modern-day teenagers as they step back into history in the role of pirate/privateer.

While on this voyage, Captain Sinbad will also serve as an envoy to the captains of other tall ships, extending them invitations to participate in the "Pepsi Americas' Sail 2006" that will take place in Beaufort (see Metro's Coastal News, May issue). "Americas' Sail" was created in 1988 to provide an ongoing opportunity for the Western Hemisphere to entertain the world at an event that encourages international sailing competition and promotes the brotherhood of the sea.

Beaufort was selected as the site for this historic 2006 visit because it is the home port of Sinbad and Meka II, which was awarded the Americas' Sail Trophy for winning the 2002 tall ship Class B competition.

Funds generated at the "Bon Voyage Gathering" went to support the "Pepsi Americas' Sail 2006" event.

### Aurora Fossil Festival

The RetroRockets brought their brand of fossilized music to the Fossil Festival main stage in Aurora on Saturday, May 29.

Featuring Simon Spaulding on baritone guitar, Chris Kling on rhythm guitar and Frank Howell on drums, RetroRockets offer their take on music from the 1950s, '60s and early '70s. They delight in digging up songs that you never hear live anywhere else with music from the likes of Bill Haley & the Comets, Buddy Holly & the Crickets, the Beatles, the Beach Boys and beyond. Golden oldies at the Fossil Fest-what could be more appropriate?

You can also catch the RetroRockets on June 1 as they kick off the month of June at Trent River Coffee Company, 208 Craven Street, New Bern. For more information on the RetroRockets, go to www.geocities.com/ retro\_rockets\_ launchpad. continued on page 79

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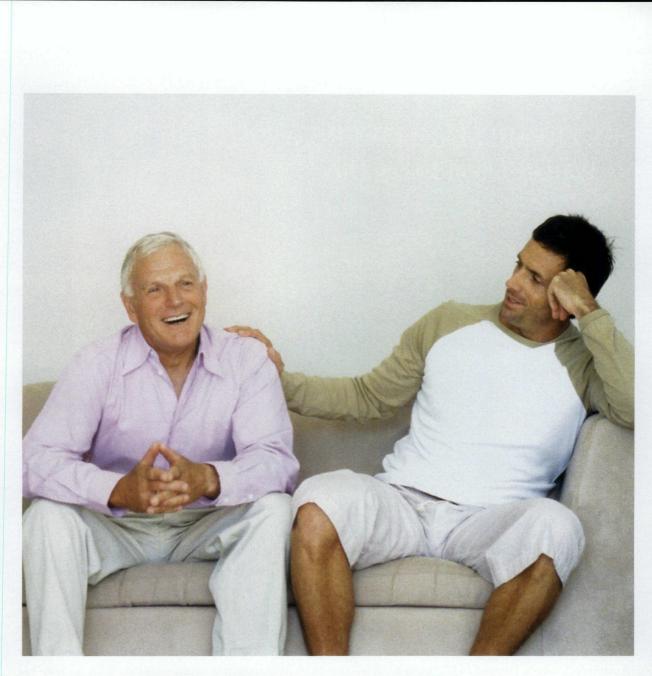
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### TO PROMINENT SURGEONS, A BACK OPERATION IS THE FINAL OPTION

### by Rick Smith

r. George C. Venters searches for other means to treat pain. But in some cases, such as that of 66-year-old Fred Majors, surgery is a necessity.

The Hippocratic oath, which stipulates that the physician should do no harm, is something George Venters keeps in mind.

"My main goal," he explained, "is to hopefully get my patients to be in better health."

So anyone with a bad back showing up at his office at The Bone & Joint Surgery Clinic in North Raleigh should not automatically assume that Venters would recommend surgery.

A graduate of the University of North Carolina School of Medicine, Venters has made surgery his livelihood, and spinal operations have been his specialty for more than 20 years. But as odd as it may seem, he would much prefer that patients not need his services.

"I personally think that for most people who have back pain, but without sciatic pain down the leg, there are other treatments before we get into spinal fusion and major procedures that may take a year or more to heal," said Venters, who helped form The Bone & Joint Surgery Clinic in 1976.

Just how many people really require major back surgery is a matter of debate. "If you read the lay and medical literature, you would certainly think so," Venters said when asked about his own views on unnecessary surgery. "Some regions do more surgery than others—for unknown reasons, and there could truly be a need for it. But, speaking for the Raleigh and Triangle areas, I don't think there are a lot of procedures where the patient and the physician perceive them as unnecessary.

"Most people—before they go the route of fusion (where discs are fused together), bone grafts, graft substitutes and insertion of rods—will exhaust more conservative treatments."

### **A Happy Patient**

In many cases, however, surgery is needed to correct the cartilage bulging between back discs and pressing on nerves or other problems.

Fred Majors is unequivocal about the new trends and technology in





back surgery. Surgery was a "must" for him, and the 5-inch incision in his back was a small price to pay for the relief of persistent pain.

"I'd do it again," said Majors with a smile of thankfulness. He is working again only because of an operation by Dr. Leonard D. Nelson Jr. of Raleigh Orthopedic Clinic.

"It was the pain—shooting down my right leg and my calf, and I was walking with a limp," recalled the 66-year-old barber who is back on his feet and manning a chair at Red's Barber Shop in northeast Raleigh. He has been cutting hair for the past four decades, but a ruptured disc and bone spurs nearly put him into retirement.

"Sometimes, the pain would shoot down my left leg," Majors explained. "I stand all day, and by the end of the day I could hardly walk."

Like millions of Americans suffering with back pain, Majors sought a variety of remedies to his problem. He underwent back surgery in 1963 but began experiencing a recurrence of pain 10 years ago. Among the treatments were two injections of steroids. When those didn't provide long-term relief, Majors consented to surgery by Nelson at Rex Hospital.

Nelson performed a laminectomy—a trimming of protruding cartilage from a ruptured disc—and also trimmed bone spurs. Majors said the experience was far different from the surgery 40 years ago.

"I went into the hospital at 10 a.m. and was out by noon the next day," Majors said. "It was terrific. I was up and walking that night.

"I have no pain now, no numbness, and my leg pain is gone. It's really something, the progress they have made."

#### The Surgeon's View

George Venters stressed that "many people do need spine surgery." But he encourages prospective patients first to undergo a battery of psychological tests. "They are not required," he explained, "but if the tests indicate that a patient has a high hypochondriacal value on the test, then a surgeon had best go very slowly."

In some cases, such as that of Fred Majors or Venters' college roommate, there is no doubt surgery is required. "My friend woke up in severe pain, and he had foot drop," Venters said. "That's when you can't pull your foot back toward your face. A disc was pressing against a nerve, and he was paralyzed. That's a very urgent need to surgery."

But since most Americans do suffer from back pain at some point in their lives, Venters said it is important for patients to consider the wide variety of factors that could be causing the problem.

Weight, for example. Millions of obese people are putting extra strain on their backs.

"We all know that blood pressure is an indicator of cardiac status. That's also true with our spines," Venters said. "People can take better care of themselves. But the hardest thing to do is to get people to lose weight.

"Many of the people we see who have chronic back pain are really carrying a lot of extra body weight."

#### **The Primary Question**

Venters also said patients could help themselves by reviewing their situations.

"The primary question is: Does your back hurt, or is it your leg that hurts?" he said. "If it is just your back, there are almost always conservative treatments.

"If there is severe leg pain or numbness or weakness, many can recover without surgery. It's unusual to recommend surgery right off the bat unless there is a leg or sciatic problem, and even most of those are treated conservatively initially."

Conservative treatments include exercise, weight training, various medications for muscle relaxation and anti-inflammatory drugs, physical therapy, steroids and non-steroids.

"There are a lot of snake oil treatments out there," he cautioned, "but the mainstays are home exercise, strengthening, and weight control. But (weight) is the big problem in the United States."

Venters also said people should not be in a hurry to go see their doctor if they wake up one morning with a twinge in the back.

"Most back pain is resolved spontaneously over a period of two or three weeks," he said. "If the onset of the back pain is not severe and incapacitating, most of the time the situation will get better, and it's cheaper to wait two or three weeks before going to the physician."

A recent Duke University study documented the billions of dollars back pain costs the US economy each year, and a University of North Carolina physician has written that people need to be more selective when they go to see a doctor about back pain (see related stories).

But Venters adds a major caveat to "wait

and see" situations.

"If there is a lot of pain and numbness, I'd go ahead and be seen," he said. "It's best to get that situation checked out."

### **New Trends**

By the time their own physicians recommend patients or chiropractors to see surgeons, Dr. Venters said, they are "the more seriously afflicted." Even at that point, he will often consider conservative treatment as the first option.

"Absolutely," he said when asked if surgery is the last resort. "Only a small percentage is recommended for surgery. Most operations on the back are done for leg pain, not back pain."

If surgery is required, Venters said, patients such as Fred Majors today have many more options than in the past. When Majors had his first surgery in 1963, he remained in a hospital flat on his back for two weeks.

Venters pointed to development of minimally invasive treatments for herniated discs. "These frequently are done on an outpatient basis now, with a small 2-centimeter incision and various tubular devices. These patients go home the same day or next day."

More choices in less invasive technologies are being developed, he added. "The advances have been tremendous," Venters said. "I have seen it across the board."

For more radical surgery, such as fusion, Venters said synthetic bone materials "are available" when bone grafts for the spine are needed as part of fusion surgery. In the past, bone had to be removed from the pelvic area.

"That is most painful," Venters said, "and it remains painful for a long time."

Despite the advances, back surgery remains a demanding task for the physicians.

"The very big operations take three to six hours to perform," Venters said. "You are so totally concentrated on the job at hand that you are not thinking about food or water or anything else."

Once he's done, Venters added with a laugh. "I feel like I need surgery on my back."

### "BIOGLUES" TO REDUCE CHANCE OF INFECTIONS IN ARTIFICIAL JOINTS

More than 1 million joints—hips, knees and others—are replaced every year in the United States, helping people to regain full mobility with minimal or no pain. When Duke men's basketball coach Mike Krzyzewski underwent a hip replacement, he served as a poster-baby boomer for the growing artificial implant business.

However, some 10 percent of patients receiving artificial joints may ultimately require further surgery and a new joint, so-called "revision" surgeries. The two primary causes are infections and loosening from wear debris causing poor integration with surrounding bone.

A new Durham company, using technology developed at Duke University, says it has the answer to deal with the infection problem. "If you get an infection in a hip," said Peyton Anderson, chief executive officer of Affinergy, "it can be catastrophic."

The Affinergy technology, which Duke patented, is a means of coating the artificial

joints with antimicrobial agents to prevent infections and to improve bone integration. Coatings are not new; for example, so-called drug-eluting stents are used in heart surgery. These stents include drugs that are timereleased to fight new clogging of veins and arteries.

Affinergy has developed means of coating the joints without having to use chemicals and ultraviolet light. The technique creates a "bioglue"—coatings that are biologic in nature

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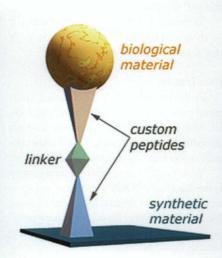
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that form a "gluing" bond between the joint and the drugs through a single application. The device is dipped in water to attach the Affinergy coating. The coating technique can be adapted to prevent biofilms for materials ranging from titanium to Teflon.

"I fell in love with the technology the first time I heard about it," said Anderson, who knows his technology. He was one of the four people who founded SciQuest, one of RTP's leading high-tech companies.

Investors like the Affinergy technology as well. Just 10 weeks after licensing the technology from Duke, Affinergy was able to raise \$1 million from investors.

Anderson compared the antimicrobial coating process to "putting wax on a car. The bacteria can't stick to the implant and morph into potential infections."

Because the coating process is done in water, it also permits 3-dimensional coating of implant devices, Anderson added. The competitor's ultraviolet process limits just where coatings can be applied.

Daniel Kenan, MD, Ph.D., and Mark Grinstaff, Ph.D., developed the technology. Dr. Kenan is an assistant professor of pathology at Duke. Dr. Grinstaff is now an associate professor of biomedical engineering and chemistry at Boston University.

Affinergy's coatings can fight more than infections. They also can be used to encourage bone growth, reduce friction and wear, tighten the integration between an implant and surrounding bone, and also reduce clotting.

As an example, Anderson said a replacement hip could be coated with four different "biologics"—one to fight infection, another to reduce friction and wear, a third to reduce clotting, and a fourth to form a tighter integration between the implant and surrounding bone.

While orthopedic procedures are the company's initial targets, Anderson said the technology could be used for coatings of wound-closure devices, such as staples and sutures. Other possible uses include coatings for pacemakers, blood filters, intravenous and urinary catheters and tubes for gastronomical use.

By reducing the chance of infections, Anderson said the Affinergy technology can help reduce medical costs, cut the time needed for hospitalization and improve patient outcomes.

"If we hit our goals," Anderson said of applying the "bioglues" across various uses, "we will be a very, very successful company."

For more information about Affinergy, visit: www.affinergy.com.

### OPIOIDS FOR BACK PAIN: A GROWING TREND, ESPECIALLY IN SOUTH

f you have back pain, live in the South, didn't graduate from high school and rely on public health support, chances are you will receive a prescription for opioid drugs to treat the problem.

That's one of the major findings in a new study from Duke University about how painkillers are used in dealing with back problems. "More people in the South receive these drugs, and this needs further study," said Dr. Xuemei Luo, a member of Duke's Center for Excellence in Surgical Outcomes.

Opioid drugs are compounds resembling opium in addictive properties or physiological effect. The use of such drugs is a matter of debate, Duke said in the study.

"The wide variations in the use of opioids

suggests that there is a definite need to improve prescribing patterns for patients with back pain," Luo said. "A better understanding of the underlying reasons why the variations occurred and what constitutes most optimal prescribing should help

in setting effective national policy related to prescribing practice."

Luo

Reviewing statistical data covering 1996 to 1999, Luo said the percentage of Southerners receiving opioids for back pain climbed to 16.4 percent from 14.2 percent. That was the highest percentage among any geographic region. Nationally, 12.6 percent of patients was prescribed opioids, an increase of one percent from 1996. Luo said the data "raises the possibility that there may be a lack of consensus in opioid use among physicians and patients between the regions."

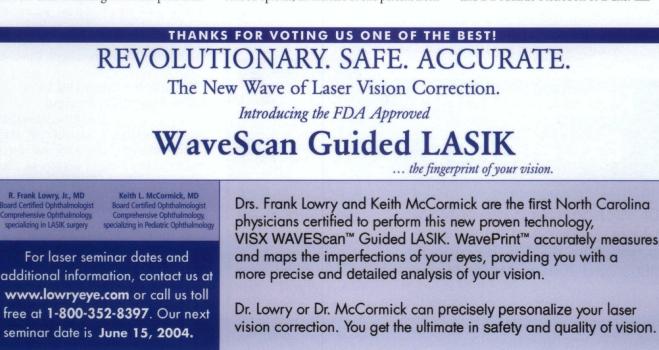
Individuals using the drugs also tended to have less than a 12th grade education and have lower incomes. Also, people without private health insurance and relying on public sector support were twice as likely to be given opioids, the study found.

"While this study's goal wasn't to identify underlying determinants of opioid use, we suspected several reasons for these patterns," Luo explained. "Lower income and less educated people may be more likely to be involved in heavy physical occupations, which could lead to more back pain and a higher demand for opioids. Whatever the reasons, these data highlight the need for more thorough studies."

The Duke study was published in the journal *Spine*.

Dr. Luo attended Beijing Normal University where she earned a B.S. in biology and studied quantitative genetics. She served as a research assistant at the University of Virginia from 1992-1998 and earned her Ph.D. in pharmacology in 1998.

Assisting in this study were Dr. Lloyd Hey and Dr. Ricardo Pietrobon of Duke.



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### PERSONAL ONLINE RECORDS TO CHANGE US HEALTH CARE

Establishing personal electronic health records for most Americans within the next 10 years is essential to changing the current model of US health care, said Brian Baum, senior scholar and director of the Health Data Exchange at Duke University.

President Bush announced the goal recently and directed the US Department of Health and Human Services to create a new position to oversee the effort.

"As consumers begin to understand the value of viewing and managing their individual health information," said Baum, "they will become the most powerful force driving the industry to change.

"While the health care industry has contemplated the idea of an electronic health information network for nearly 40 years, little effort has ever been directed at bringing the consumer into the discussion," Baum said.

### STUDY SHOWS LOW-CARB DIET MORE EFFECTIVE THAN LOW-FAT

People who followed a low-carbohydrate, high-protein diet lost more weight than people on a low-fat, low-cholesterol, low-calorie diet during a six-month comparison study at Duke University Medical Center. However, the researchers caution that people with medical conditions such as diabetes and high blood pressure should not start the diet without close medical supervision.

"This diet can be quite powerful," said lead researcher Dr. Will Yancy, an assistant professor of medicine at Duke University Medical Center and a research associate at the Veterans Affairs Medical Center in Durham. "We found that the low-carb diet was more effective for weight loss," Yancy added. "The weight loss surprised me, to be honest with you. We also found cholesterol levels seemed to improve more on a lowcarb diet compared to a low-fat diet."

The study is the first randomized, controlled trial of an Atkins-style diet approach, which includes vitamin and nutritional supplements. Along with losing an average of 26 pounds, dieters assigned to the low-carbohydrate plan lost more body fat, lowered their triglyceride levels and

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Dr. Michael Law is a board Certified Plastic Surgeon. Dr. Law grew up in Raleigh and has been practicing aesthetic plastic surgery in Beverly Hills. He moved back to Raleigh and opened a practice in 2003 with his wife Kile to raise their family. Their toddler son Luke is expecting a younger brother or sister in December 2004. Dr. Law owns and operates Blue Water Spa, a fully integrated medical spa here in Raleigh. raised their HDL, or good cholesterol, more substantially than the low-fat dieters. The low-fat dieters lost an average of 14 pounds. Though the low-fat diet group lowered their total cholesterol more than the low-carb dieters, the latter group nearly halved their triglycerides and their HDL jumped five points. The low-carbohydrate group reported more adverse physical effects, such as constipation and headaches, but fewer people dropped out of the low-carbohydrate diet than the low-fat diet.

### Medical Memos

The Duke University Board of Trustees has approved a plan to expand and renovate Duke University Hospital's emergency department. The \$29.8 million project will provide a new, larger space with separate entrances and care areas for adult and pediatric patients; adjacent resuscitation and radiology areas; and a more-effective layout to allow for improved staff and patient circulation through the department. Renovations could begin in January 2005 and be completed in August 2007.

Dr. Ron Hyatt, professor of exercise and sport science at UNC-Chapel Hill, recently received the state's highest award, the Order of the Long-Leaf Pine, for his leadership, scholarship and service to advance public fitness programs in North Carolina.

. . . .

### Niklason Appointed to NIH Scientific Review

Duke University's Laura E. Niklason has been appointed a member of the Bioengineering, Technology and Surgical Sciences Study Section of the National Institute of Health's Center for Scientific Review. She has agreed to serve for a four-year term.

Niklason, who has M.D. and Ph.D.

degrees, is an assistant professor with joint appointments in biomedical engineering at Duke's Pratt School of Engineering and anesthesiology and surgery at Duke



Medical Center. She Niklason is a specialist on tis-

sue engineering, a rapidly developing field that integrates areas of biomaterials, cell biology and medicine to produce living replacements in the laboratory for failed tissues and organs. Duke Plastic Surgery recently awarded "Standing Ovation" by the voters of 2004 MetroBravo Awards

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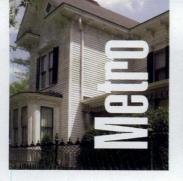




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Photography by Kinsley Dey

### TARBORO: THE LITTLE TOWN THAT DID

he 1999 Labor Day Weekend along the North Carolina coast was characterized by anxiety among summer's-end vacationers. Tropical Storm Dennis had hovered off shore for several days, bringing rain and wind to the area. Dennis finally made landfall, Saturday, September 4, and lingered for two days, thoroughly soaking many of the communities of North Carolina's Coastal Plain and Northeastern tier. Ten days later, Hurricane Floyd struck. With winds up to 185 miles an hour and rainfall of 2 to 3 inches per hour, Floyd was rated the most powerful hurricane in the Atlantic since Hurricane Andrew that devastated South Florida in 1992.

by Diane Lea

The results of these back-to-back storms, well known to every North Carolinian, included 20 deaths and billions of dollars in damage. Economic recovery has been painful and slow. However, in the historic town of Tarboro, one of the communities hardest hit by Dennis and Floyd, there is heartening news. After enduring three days of flooding in the aftermath of the storms, with waters that gradually and inexorably rose to 43 feet above flood stage in the Tar River and stood 4 feet deep in the Downtown and surrounding neighborhoods, Tarboro is on the mend.

The Downtown is being rebuilt and revitalized by an effective combination of private initiative, public-private partnerships and the dedication and creativity of an amazing community. It will become the focus of a new and concerted effort to attract heritage and cultural tourism to one of the region's loveliest and most historic towns.

### A LOT OF HISTORY

Tarboro, settled in 1732, has been the county seat of agriculturally based Edgecombe County since 1741 when the county was formed. It is the ninth oldest incorporated town in North Carolina. Always a thriving trade center and an important river port until the Civil War, Tarboro is notable for its sociability, graceful architecture and largely intact Town Common. (Tarboro and Boston, Massachusetts, are the only municipalities in the country that retain commons established by legislative act in 1760.) There is a handsome modern courthouse in the Federal style and a walkable Downtown featuring family owned retail and commercial establishments. The well-maintained Common is surrounded by a 45-block residential historic district. Within that district, designated as the Tarboro Historic District National Recreational Trail, is the Blount-Bridgers House (formerly Grove Land), an 1803 Federal-style mansion that houses several important document collections and works by nationally recognized artist and Tarboro native Hobson Pittman. Opened as a museum in 1982, the Blount-Bridgers House also serves as the town's art and civic center.





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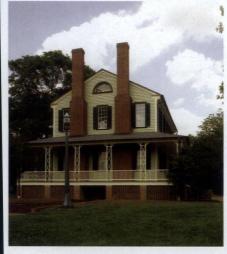
 should be economically."
 rose

 —Mayor Donald Morris
 rou

"After the storm many of

our leading citizens and





The early twentieth-century Fountain House on the Town Common (right) is being renovated by TADC President Mary Haviland. The Blount-Bridgers House (above and top) now serves as Tarboro's museum, art gallery and occasion setting.









The Bridgers Building, one of the Downtown's most architecturally and historically significant buildings, has been adapted to quality office and commercial space.

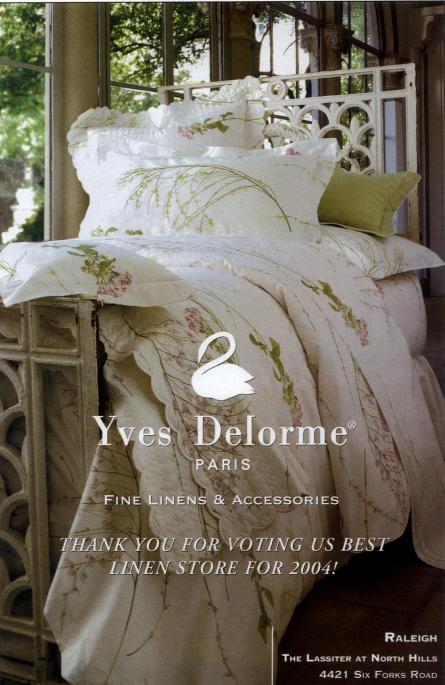
#### A LOT OF FUTURE

Tarboro epitomizes the best of small-town America. Chosen as one of the first three pilot towns in 1983 when the National Trust for Historic Preservation established the Main Street Program to assist in revitalizing declining small towns, Tarboro consistently evidenced a determination to keep its Downtown the centerpiece of the community. And then along came Floyd, correctly named The Storm of the Century in a pictorial history published by the local newspaper, *The Daily Southerner*.

Donald Morris has been mayor of Tarboro since 1995. When he recalls the destruction wrought on the Downtown by Hurricane Floyd, he is proud to report that though national statistics show that only 45 percent of businesses reopen after a disaster of Floyd's magnitude, all but three of Tarboro's Downtown businesses have returned. This astounding rebirth is attributable, in part, to the Town's substantial commitment of \$400,000 for new infrastructure and repairs and to the emergence of a new community vision for the Downtown. "After the storm many of our leading citizens and business people looked for a way to ensure that Downtown Tarboro would not just go back to where it had been before the storm, but would get to where it should be economically," says Morris. He credits the foresight of the private sector for immediately working to create the Tarboro Area Development Corporation (TADC). The organization put together the money to accomplish the recent rehabilitation and adaptation to apartments and to retail and office space in two of the Downtown's most historic and seriously threatened buildings- the 1907 Bridgers Building on Main Street and an adjoining 1931 former hotel on Church Street.

Mary Haviland, President of the TADC, says the two buildings were chosen as the nonprofit's first projects because of their dire condition and because they could be adapted to market-rate high-quality apartments and commercial space. "Our board, headed by Joe Pitt, the third generation owner of Marrow-Pitt Ace Hardware, knew that even before the flood, the commercial district was showing signs of serious decline," says Haviland. "He and the other board members thought that the best way to ensure another successful revitalization along the lines of the one generated by the Main Street Program 24 years ago was to bring people back Downtown. That's what they set out to do by raising a million dollars from local people and businesses to get the project rolling."

Though state and federal assistance funds



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were available to aid homeowners recovering from Floyd, there were few sources of help for businesses, other than the Small Business Administration. To rehab the two key buildings, TADC created a strategy that depended on 1) individual contributions and foundation grants, 2) borrowed monies, and 3) the sale to North Carolina's Community Affordable Housing Equity Corporation (CAHEC) of the federal and state tax credits available for the rehabilitation of historic structures. Pitt, along with retired banker and TADC Board member Brent Nash, went to see John Tilton, president of Heritage Bank. The three laid out plans for a two-year commitment for a \$550,000 grant to TADC to assist in the rehab project. "I told them I'd get back to them," says Tilton. "When they came back, Nash brought the makings of a fish stew sandwich. I'd never had a fish stew sandwich, and as we sat in my office and ate, the plan came together."

More complex financing for the Bridgers Building and the Church Street Apartments was arranged with eastern North Carolina-based BB&T by City Executive Tony Jordan. The bank's loan of \$1,000,060 is guaranteed by the Rural Development Program of the United States Department of Agriculture (USDA). John J. Cooper, State Director of the USDA and a Sampson County native, spoke at the dedication ceremony officially opening the two buildings after almost three years of rehabilitation. He credited Tarboro and TADC with providing the one ingredient that every community needs to succeed. "People who care about their community and want to give back to it," said Cooper, "are the key to successful projects like the Bridgers Building and the Church Street Apartments." Cooper had one of the best examples of his speech in attendance at the ceremony. Miss Lila Mobely, who for years ran Bryan's Drugs with her brother Jack, was honored for her contribution of \$500,000.



### **TERRORISM HITS HOME**

Another component in the successful revitalization of Downtown came as a result of a nationally catastrophic event, the September 2001 attack on the World Trade Center towers in New York. Only the occasion of a sister's wedding kept Tarboro native Inez Holderness Ribustello's delight in his new hometown and his zeal to bring quality food and wine to On the Square is obvious in his smile as he shows off his wares. His small wine shop adjoins the cozy booth-lined main dining room and contains an amazingly diverse selection of fine wines at reasonable prices. Local On the Square



A proud and happy Stephen Ribustello as he displays his fine selection of wines in On the Square restaurant.

Ribustello and her husband Stephen Ribustello away from their jobs at the Trade Center's Windows on the World restaurant that day. Though Inez Holderness Ribustello loved New York and had attained the distinction of Beverage Director at the elite restaurant, her husband Stephen, a native New Yorker and the restaurant's Cellar Master, was growing tired of the big city. After a year of travel to refine their knowledge of France's unparalleled wine and food, the pair was convinced by Inez's father, Rusty Holderness, to visit Tarboro and look at a restaurant there.

Business had flagged at the restaurant On the Square in the aftermath of the flood, and Holderness, one of the founders of TADC, knew that a fine wine shop and a restaurant with a cosmopolitan menu would fit in with the new vision for Downtown. As an entrepreneur, whose family business expanded from a locally based telephone company into the industry giant Sprint, Holderness worked to provide other amenities for the residents and businesses he hoped would come to post-flood Tarboro. His efforts included converting family-farm land into a classy public golf course and continuing to work with other Tarboroans like mega-contractor Bob Barnhill on Downtown. Barnhill Contracting Company became the general contractor for the Bridgers Building-Church Street Apartments Project, keeping the work and jobs within the Tarboro community.

devotee Lindy Creech crows a bit when she notes, "Tarboroans used to go out for dinner to Rocky Mount, Greenville and Wilson. Now people in those towns have to make reservations to get a table at On the Square." The restaurant is open for lunch and dinner and is a popular gathering place at any time, but Thursday through Saturday evenings at On the Square are especially lively with diners moving from table to table chatting with friends and introducing guests from other areasincluding the Triangle. While Stephen Ribustello fine-tunes

his new restaurant and wine bar, wife Inez is featured in trendy Wine Spectator magazine. She is touted as being one of two major talents recruited by the upscale Borgata Hotel chain to enhance its wine and menu selections. Ribustello will soon be back in Tarboro after this prestigious assignment in Atlantic City. She will likely stay for a while as the couple is expecting their first child this summer.

The Ribustellos are not the only member of the Holderness family to demonstrate an entrepreneurial flair. Rusty Holderness' wife Mary Ann has owned Rusty's gift shop, with its elegant inventory of offerings, for over a decade. Her establishment neighbors other family businesses such as Rex Jewelers and Roberson and



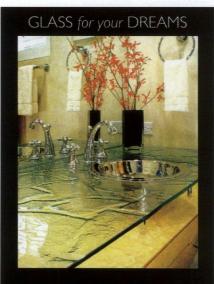
Rex Jewelers, a family-owned business, returned to Downtown after the 1999 Storm of the Century ravaged Tarboro.

Dupree Shoe Store, which are into the fourth and fifth generations of family ownership. Relative newcomer Sherry Alligood, who moved to Tarboro with her physician husband and two children six years ago, has brought chic designer clothes to the Downtown with her cleverly named establishment, The Wild Hare.

TADC President, Mary Haviland, points out that the Town continues to show its support of the Downtown by keeping their expanded Police Department facility there, while making the former police station available to the community for a military museum, an effort headed by local resident Joel Bourne. "The permanent displays will be drawn from a variety of sources, including a portion of retired General Hugh Shelton's personal military memorabilia," says Haviland. "The Museum will also feature rotating exhibits focusing on specific military eras or collections of artifacts, including the Civil War, in which Edgecombe County played a significant role."

### **OLD-TIME RELIGION**

The last stop on our tour of the ever-revitalizing Tarboro is Calvary Episcopal Church—with its incomparable Churchyard—and a visit with the Reverend William E. Smyth, Calvary's rec-



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tor. Smyth's story of the renovation of the flooddamaged historic church is another testament to this special community's generosity and persistence in the face of adversity. "Calvary Church has historically had a strong social ministry," says Smyth, "so it was important that we not be seen as out of business. On Sunday, September 19, during the flood, with water three feet up on the Churchyard wall, we held services in the front yard of the Rectory." As the standing congregation sang the old hymn, "How Firm a Foundation," (a phrase of which contains the words, "when through the deep waters I call thee to go, the rivers of woe shall not thee overflow) little did they know that, indeed, the foundation of their lovely Gothic Revival edifice, built between 1859 and 1868 during the ministry of the Reverend Joseph Blount Cheshire, had been compromised by the flood. "We thought that since the water had risen only to the bottom of the floor joists, drying out the area and treating it for mold and mildew was all that was necessary," says Smyth. A walk down the aisle in preparation for a wedding gave Smyth "a sinking feeling" and he noticed the long pews beginning to bow. He called local contractor Brent Nash Jr. who showed up on a Friday evening with a structural engineer in tow.

Historic Calvary Church and its remarkable mid-1800s Churchyard are emblematic of Tarboro's long and abiding heritage. After the flood, the Reverend William Smyth saw pews bowing and the floor sinking in the Gothic Revival church (bottom). The Celtic Cross (right) is a memorial to Reverend Joseph Blount Cheshire, rector of Calvary Episcopal when the historic church was built, 1859-1868.

Flood insurance covered the \$1,200,000 in repairs to the Church and the 1922 Parrish House. Calvary was able to use the \$550,000 from a capital campaign to renovate stormdamaged 45-year-old Memorial Hall, to serve as an expanded church school and social ministries building. Smyth, who also serves as vicar of historically African-American St. Luke's Church, built in the 1890s, observed that though the community couldn't come physically to Calvary for the duration of the renovation (Calvary worshipped at St. Luke's for 12 weeks), staff and parishioners were diligent in going out into the community.

Today the Tar River flows peacefully in its banks, and Tarboro's Downtown is becoming more beautiful and bustling every day. Maybe



the spirit that has energized and guided the rebirth of this historic eastern North Carolina city is best described by Smyth. "Through the long recovery period, in which so much loss was suffered by so many people, the entire Tarboro community reached out to help one another," he says. "Suddenly no differences seemed important. What was important was that we had work to do, and we did it."



### Presenting the Fifth Annual





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## Best of the Best

by Fred Benton

t's fitting that I, as Metro's Better Living editor, home in and write about MetroBravo. Better living, after all, incorporates all the tenets and adjuncts that help make our fast-paced lives more functional, efficient—and indeed—more luxurious, more than worth living. And MetroBravo is the best resource for the best of the best. Keep the June and July issues handy so you can make reference to what your fellow readers say are the top services and destinations from the Triangle to the coast.

Travel does as much as anything to restore one's sense of everything from privilege to stress management. And it doesn't have to be "the Grand Tour" to work its magic. Magic can be as close as The Pinehurst Resort (Standing Ovation winner under the category of Golf Resort). But like the venerable hotel in White Sulphur Springs, WV, The Greenbrier, which took Honorable Mention, the Pinehurst Resort is more than a Mecca for golfers; it's also a highly ranked (in the top 50) tennis venue. But for the more sedate, there's lawn bowling and croquet on majestic carpets of grass. And to pamper one's palate there are 9 restaurants on premise including the 4-Diamond 1895 Room at the Holly. The Carolina Dining Room offers overflowing buffets for breakfast and lunch and entertainment for dinner's continental offering. Hacker's is the casual sports bar with a menu suitable for the entire family. And the Ryder Cup Lounge includes a wide porch bedecked with rockers, perfect for an afternoon julep or after-dinner drink. But if golf is your bag, the Pinehurst Resort offers accessibility to the best golf courses in the country including Pinehurst No. 2, designed by Donald Ross and site of the 2005 US Open Championship; the new No. 4 designed by Fazio; plus the renovated NO. 7 by Rees Jones. Plus, the resort's Golf Institute offers year-round lessons with top instructors and week/weekend golf schools. Did I mention the spa? Metro readers, ever savvy, didn't forget about the spa facilities at the Pinehurst Resort. The 31,000-square-foot facility with 28 private treatment rooms, a lap pool, steam, sauna and a fitness center reaped top honors in the Resort Spa category. And so it seems that, to our voting readership, all roads to pleasurable recreation, indulgence and restoration of the senses lead to Pinehurst.

To some, shopping can be a hair-pulling, harrowing, mega-stressful ordeal; to others, a blissful, even relaxing hobby. However, *Metro* readers have made it easier, directing us to their choices of the best place to find everything from fur coats to cameras. When it comes to mall shopping, grabbing center stage is the relatively new Streets at Southpoint (Standing Ovation!), a 1,300,000 sq. ft. upscale shopping mall decorated with the look of 19th-century charm situated close to RTP. I

Photography by David Lefler



laud this shopping enclave for luring Nordstrom, finally, to the area. I'm pleased that in the category of Shopping Center voters didn't overlook a Raleigh landmark, Cameron Village, which took top honors. Its pleasant, sheltered walkways lead to dozens of shops, restaurants and cafes. A "new kid" on the shopping center block took second place: The Lassiter at North Hills, known as "Raleigh's version of Madison Avenue," is the place to find several Standing Ovation winners such as Beanie & Cecil-also with a Cameron Village location- (Women's Clothing and Bathing Suit), Yves Delorme (Linens), Edith Medlin (Antiques) and second place winners Posh Pregnancy (Maternity Clothes) and George McNeill (Antiques).

Our homes bespeak who we are as much as what we wear and how well groomed we are. And our voting readers have their say on who best can help us maximize both quality and look: how to dress to impress your home and yard. Logan's Trading Company (which received the Standing Ovation accolade in the category Garden Center/Nursery) has been a Raleigh fixture since it first opened in 1965. And since then Logan's has generated a legion of fans lured there by a knowledgeable and interested staff, everything you'll ever need for gardening, a popular "Saturday Morning Garden Program Series" held during the spring and fall, plus old-fashioned chicken salad sandwiches served at the Seaboard Café, located in Logan's main building. It's good to see that businesses that have stood the test of time still rank high with Metro readers. Another example is Fallon's Florist (Standing Ovation in the category of Florist) which has been in business since 1921. And the name York, so prominent in area real estate for decades, reaps the honor it deserves both in the categories of Residential Real Estate and Commercial Real Estate. I was pleased also to note that Somerhill Gallery of Chapel Hill takes top honors in the Art category. Owner Ioe Rowand, with both keen business sense and superb taste, created this fine gallery; Somerhill and other area galleries are creating a scene rivaled only in Soho and along Rodeo Drive. Apparently, when it comes to better living, you're in good hands under the tasteful guidance of our voting readers.

Weighing heavily on people's minds these days is health care: be that as it may, our readership isn't in a quandary about where to go when one must receive the best hospital care for any ailment— an emergency, a birth, a heart attack or cancer care. Rex Hospital, a



394-bed, acute care hospital, in operation since 1894, swept the board as the Standing Ovation winner in a variety of health-related categories. But non-traditional medicine has many proponents. I'm a great believer in the efficacy of acupuncture and according to our voting readership if you're going to get needled then Wilmington-based Daerr Reid is just the practitioner to do it.

Trust is not only accorded to members or institutions of health care but to those people who affect our daily lives through the news they report and authoritative opinions they deliver. WRAL news anchor David Crabtree cops the top honor in the category of Regional TV Personality. His inspiration to his viewers has brought him many other accolades: 10 Emmys; NC Journalist of the Year four consecutive years by the Radio and Television News Directors Association of the Carolinas; and the Gabriel Award. In the No. 2 spot is WRAL's Pam Saulsby with lots of credits to her name: Distinguished Woman of North Carolina Award; 2000 inductee into the YWCA Academy of Women; two Emmy Awards; National Finalist, Community Service Award, from the National Academy of TV Arts and Sciences for the series *Crack: The Thrill is Gone*; one of *Triangle Business Journal's* 25 top women of the year for 2003; numerous UPI/AP Awards; and several community awards.

And there may not be a darn thing we can do about the weather but the person *Metro* voters trust most is yet another member of the WRAL-TV news team, Greg Fishel, chief meteorologist, who's been having us grab umbrellas or put them away since 1981. But our readers seem to trust the weather word to WRAL no matter who's pointing to the weather map since other members of the station's weather/news team, Elizabeth Gardner (2nd place winner) and Mike Maze (Honorable Mention) caught voter fancy.

## To all of you... BRAVO!

(We look forward to bringing you an encore!)

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### GOLF RESORT

**Standing Ovation** Pinehurst Resort and Country Club, Pinehurst

Metro Bravo Bald Head Island

Honorable Mention The Greenbrier Resort, White Sulphur Springs, WV

### **RESORT SPA**

Standing Ovation Pinehurst Resort and Country Club, Pinehurst

Metro Bravo Grove Park Inn, Asheville

Honorable Mention The Sanderling Resort and Spa, Duck Canyon Ranch Health Resort, Tucson, AZ

### AIRLINE

Standing Ovation American Airlines

Metro Bravo Southwest Airlines Honorable Mention Delta Airlines

CITY HOTEL Standing Ovation Embassy Suites, Cary

Metro Bravo North Raleigh Hilton, Raleigh

Honorable Mention The Siena Hotel, Chapel Hill

### HOTEL FOR OUT OF TOWN GUESTS

Standing Ovation Marriott Crabtree Valley Hotel, Raleigh

Metro Bravo Embassy Suites, Cary

Honorable Mention The Siena Hotel, Chapel Hill The Carolina Inn, Chapel Hill

### HOTEL FOR MEETING/CONVOCATION Standing Ovation

North Raleigh Hilton, Raleigh

Metro Bravo The Sheraton Imperial Hotel, Durham Honorable Mention Embassy Suites, Cary

### MALL

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Standing Ovation The Streets at Southpoint, Durham Metro Bravo Crabtree Valley Mall, Raleigh

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**Honorable Mention** Triangle Town Center, Raleigh

### **SHOPPING CENTER**

**Standing Ovation** The Shops at Cameron Village, Raleigh

Metro Bravo The Lassiter at North Hills, Raleigh **Honorable Mention** Crossroads Plaza, Cary

### DEPARTMENT STORE

**Standing Ovation** Belk, Triangle-wide

Metro Bravo Nordstrom, Durham **Honorable Mention** 

Hecht's, Triangle-wide

**MEN'S CLOTHING** 

**Standing Ovation** Nowell's Clothing, Raleigh

Metro Bravo Brooks Brothers, Raleigh **Honorable Mention** Nordstrom, Durham

WOMEN'S CLOTHING

**Standing Ovation** Beanie and Cecil, Raleigh Metro Bravo Talbot's, Triangle-wide Ann Taylor, Triangle-wide

Honorable Mention Scout & Molly's, Raleigh

### WEDDING RING

**Standing Ovation** Bailey's Fine Jewelry, Raleigh

Metro Bravo Jolly's Jewelers and Silversmith, Raleigh Honorable Mention

CMI, Raleigh Ora Designers and Fine Jewelers, Raleigh

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### MEN'S SUITS

**Standing Ovation** Nowell's Clothing, Raleigh

Metro Bravo Varsity Men's Wear, Raleigh

**Honorable Mention** Brooks Brothers, Raleigh

CDS/DVDS **Standing Ovation** Best Buy, Triangle-wide

Metro Bravo Circuit City, Triangle-wide **Honorable Mention** 

School Kid's Records, Cary and Raleigh



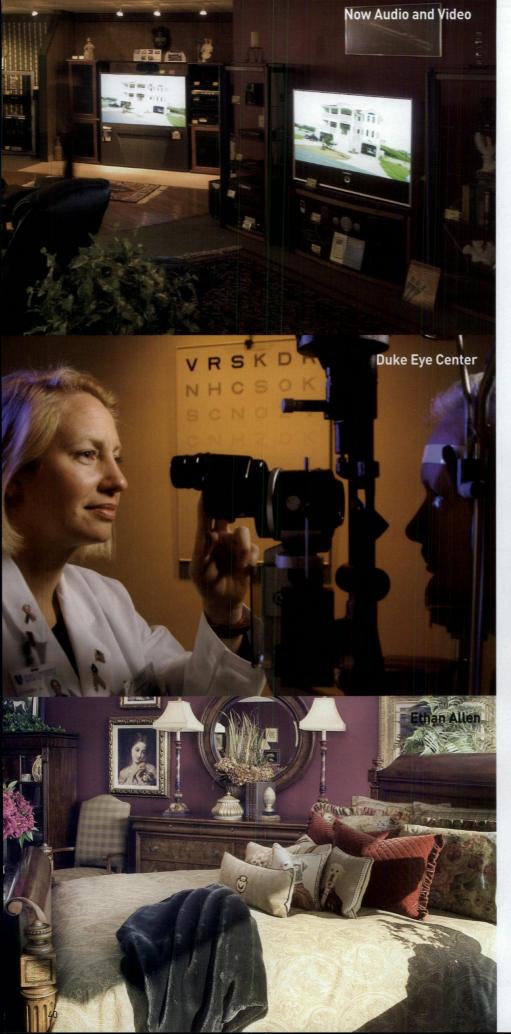
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**Metro Bravo** NOW! Audio Video, Triangle-wide

Honorable Mention Circuit City, Triangle-wide

COSMETICS Standing Ovation Luxe, Raleigh

Metro Bravo Sephora, Raleigh

Honorable Mention Belk, Triangle-wide

SKIN CARE PRODUCTS

Standing Ovation Luxe, Raleigh

**Metro Bravo** Sephora, Raleigh

Honorable Mention Belk, Triangle-wide



FUR COAT Standing Ovation Hertzberg Furs, Raleigh

Metro Bravo Serotta's Inc., Cary and Raleigh Honorable Mention Razook's Inc., Raleigh

CHILDREN'S TOYS Standing Ovation Tookie's Toys, Raleigh



Metro Bravo The Learning Express of Cary, Cary

Honorable Mention Toys R Us, Triangle-wide

### STATIONERY

Standing Ovation Frances T. King Stationery, Raleigh

Metro Bravo Papyrus, Raleigh

Honorable Mention Taylor's of Raleigh



CAMERA Standing Ovation Wolf Camera, Triangle-wide

Metro Bravo Best Buy, Triangle-wide

Honorable Mention Ritz Camera, Triangle-wide

DRUG STORE Standing Ovation Eckerd Drugs, Triangle-wide

Metro Bravo Kerr Drug, Triangle-wide

Honorable Mention CVS, Triangle-wide

COMPUTER Standing Ovation Dell Computers, Triangle-wide

Metro Bravo Best Buy, Triangle-wide

Honorable Mention Apple Stores, Triangle-wide

### BOAT

Standing Ovation 70 West Marina, Morehead City

**Metro Bravo** Crocker's Marine, Wilmington

Honorable Mention Coral Bay Marina, Morehead City

### DESIGNER JEWELRY

**Standing Ovation** 

Ora Designers and Fine Jewelers, Raleigh Metro Bravo Bailey's Fine Jewelry, Raleigh

Elaine Miller Collection, Raleigh

Honorable Mention Jewelsmith, Durham

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### WATCH

Standing Ovation Bailey's Fine Jewelry, Raleigh

**Metro Bravo** Haydon and Company, Raleigh

Honorable Mention Carlyle and Company, Raleigh

### SHOES

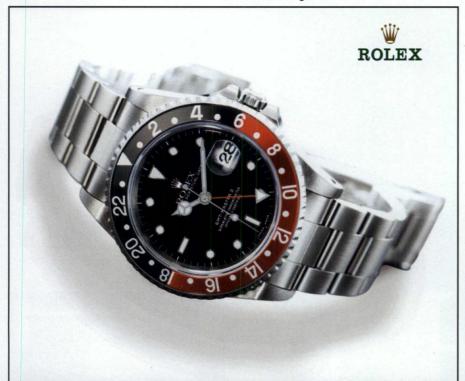
Standing Ovation SRI Shoe Warehouse, Raleigh

### Metro Bravo Nordstrom, Durham

Honorable Mention Main and Taylor Shoe Salon, Raleigh

HANDBAG Standing Ovation BANO Italian Boutique, Durham

Metro Bravo Beanie and Cecil, Raleigh Honorable Mention Belk, Triangle-wide



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### SUNGLASSES

Standing Ovation Sunglass Hut, Triangle-wide

Metro Bravo Beanie and Cecil, Raleigh

Honorable Mention Nordstrom, Durham

### PERFUME

Standing Ovation Luxe, Raleigh

**Metro Bravo** Sephora, Raleigh

Honorable Mention Belk, Triangle-wide

### LINENS

**Standing Ovation** Yves Delorme, Raleigh

Metro Bravo Lavender and Lace, Raleigh Honorable Mention

Linens N Things, Triangle-wide



LINGERIE Standing Ovation Victoria's Secret, Triangle-wide

**Metro Bravo** Crash and Coco Fine Lingerie, Cary **Honorable Mention** Belk, Triangle-wide

BATHING SUIT Standing Ovation

Beanie and Cecil, Raleigh

Metro Bravo Water Water Everywhere, Durham and Raleigh



Honorable Mention Redix Store, Wrightsville Beach

### MATERNITY CLOTHES

Standing Ovation Cravings, Raleigh

Metro Bravo Posh Pregnancy, Raleigh Honorable Mention A Pea in the Pod, Raleigh

### **KID'S CLOTHING**

Standing Ovation Gap Kids, Triangle-wide

Metro Bravo Palm Avenue, Raleigh Honorable Mention

Talbot's Kids, Raleigh and Durham Target, Triangle-wide

### WEDDING DRESS

Standing Ovation Enchanting Moments, Fuquay Varina

Metro Bravo Traditions, Chapel Hill

Victorian Rose Bridals, Raleigh

Honorable Mention David's Bridal, Triangle-wide

### EVENING/COCKTAIL WEAR

Standing Ovation Razook's, Raleigh

Metro Bravo Beanie and Cecil, Raleigh

Honorable Mention Scout and Molly's, Raleigh Tyler House, Raleigh

### **OUTDOOR CLOTHING**

Standing Ovation Great Outdoor Provision Company, Triangle-wide

Metro Bravo REI- Recreational Equipment Inc., Triangle-wide

Honorable Mention Dick's Sporting Goods, Triangle-wide

GOLF EQUIPMENT Standing Ovation Carolina Custom Golf, Raleigh

Metro Bravo Dick's Sporting Goods, Triangle-wide Honorable Mention Pro-Am Golf Shop, Raleigh

### PICTURE FRAMING

Standing Ovation Frameworks, Raleigh Metro Bravo Jill Flink Fine Art, Raleigh Honorable Mention

Frame Warehouse, Triangle-wide

**PIANO** Standing Ovation Ruggero Piano, Raleigh

Metro Bravo Hopper Piano Company, Raleigh Honorable Mention MAUS Piano and Organ Company, Raleigh

FLORIST Standing Ovation Fallon's Creative Flowers, Triangle-wide

**Metro Bravo** Montgomery's Florist, Raleigh **Honorable Mention** Kelly Odom, Raleigh

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**Duke Aesthetic Center** 

### **GARDEN CENTER/NURSERY**

Standing Ovation Logan's Trading Company, Raleigh

**Metro Bravo** Atlantic Avenue Orchid and Garden Center, Raleigh

Homewood Nursery, Raleigh

Honorable Mention Lassiter Mill Gardens, Raleigh

### PLACE TO OWN A SECOND HOME

**Standing Ovation** Wrightsville Beach

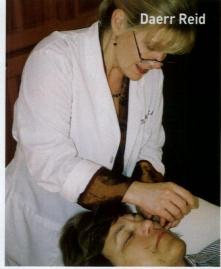
Metro Bravo Atlantic Beach

Honorable Mention Bald Head Island

RESIDENTIAL REAL ESTATE
Standing Ovation

York Simpson Underwood, Triangle-wide Metro Bravo The Preiss Company, Raleigh

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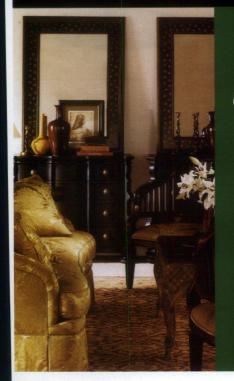
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Honorable Mention Hillary's Interiors, Raleigh

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### **BEACH HOUSE FURNITURE**

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Thank you, Metro readers, for the MetroBravo award for 2004!

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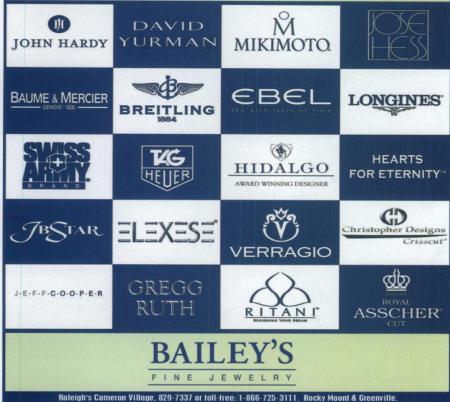


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### ART

**Standing Ovation** Somerhill Gallery, Chapel Hill

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ORIENTAL RUG Standing Ovation Capel Rug Outlet, Raleigh

Metro Bravo The Persian Carpet, Durham

Honorable Mention Fargo Hanna Oriental Rug Gallery, Durham

### ANTIQUES

Standing Ovation Edith Medlin Antiques, Raleigh

**Metro Bravo** George R. McNeil Fine Antiques, Raleigh Boone's Antiques Inc., Wilson Carolina Antique Mall, Raleigh

Honorable Mention Regency Antiques and Art, Raleigh

### HOSPITAL

**Standing Ovation** Rex Hospital, Raleigh

Metro Bravo WakeMed, Raleigh

**Honorable Mention** Duke University Health System, Durham

University of North Carolina Hospitals, Chapel Hill

### **EMERGENCY ROOM**

**Standing Ovation** Rex Hospital, Raleigh

Metro Bravo WakeMed, Raleigh

Honorable Mention University of North Carolina Hospitals, Chapel Hill

Franklin Regional Medical Center, Louisburg

### **BIRTHING CENTER**

Standing Ovation Rex Hospital, Raleigh

**Metro Bravo** University of North Carolina Hospitals, Chapel Hill

Honorable Mention Raleigh Community Hospital, Raleigh



### CARDIAC CENTER

Standing Ovation Rex Hospital, Raleigh

Metro Bravo WakeMed, Raleigh

Honorable Mention Duke Heart Center, Durham

### CANCER CARE

Standing Ovation Rex Hospital, Raleigh

Metro Bravo Duke Comprehensive Cancer Ctr, Durham

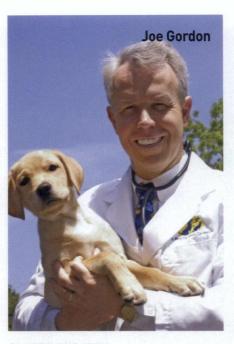
**Honorable Mention** Wake Radiology, Raleigh University of North Carolina Hospitals, Chapel Hill

### EYE-CARE CENTER

**Standing Ovation** Duke University Eye Center, Durham

Metro Bravo Kelly Eye Care, Raleigh Lowry and McCormick Ophthalmology, Raleigh

Honorable Mention NC Eye & Ear Clinic, Durham



PLASTIC SURGERY Standing Ovation Duke Plastic and Reconstructive Surgery, Durham

**Metro Bravo** Raleigh Plastic Surgery Center, Raleigh

Honorable Mention Dr. Michael Law, Raleigh

### **VEIN CLINIC**

**Standing Ovation** Vein Care of Raleigh, Raleigh

**Metro Bravo** Vein Clinic of the Triangle, Durham

Honorable Mention Duke Aesthetic Center, Durham Cary Skin Center, Cary

### VETERINARIAN

**Standing Ovation** Joe Gordon, Oberlin Road Animal Hospital, Raleigh

**Metro Bravo** Hayes Barton Animal Hospital, Raleigh

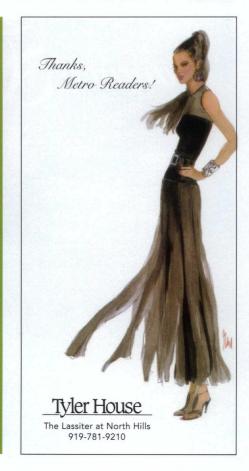
**Honorable Mention** Falls Village Veterinary Hospital, Raleigh

### ACUPUNCTURIST

Standing Ovation Daerr Reid, East Coast Accupuncture, Wilmington

**Metro Bravo** Dr. Zheng, Eastern Traditions, Raleigh

Honorable Mention Marc Cutler, Raleigh





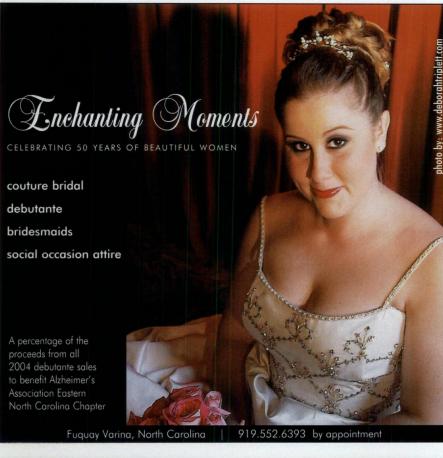


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Honorable Mention Pinehurst Resort and Country Club, Pinehurst

### WELLNESS CENTER

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Metro Bravo Wellness Center at Meadowmont, Chapel Hill

Honorable Mention West Mill Wellness Center, Raleigh

### COASTAL PREVIEW- JUNE

Roanoke Island Garden Club House and Garden Tour: Thurs, June 3. Proceeds will provide educational programs for children and a children's garden; Roanoke Island; for information, call 252-473-3234

Chowan Arts Council People's Choice Exhibit: Fri, June 4. Edenton; for information, call 252-482-8005

**Carteret County Family Circle Tennis** 

**Tournament Series:** begins Fri, June 5-Sat, June 6. Seniors 50 and over Doubles Only. Sat, June 12-Sun, June 13; Adults ages 19-50 division to play Men's and Women's Singles and Doubles and Mixed Doubles-Entry deadline, June 7. Sat, June 19-Sun, June 20; Juniors ages 18 and under Singles Only- Entry deadline, June 14. Island Beach and Racquet Club, **Atlantic Beach**. Registration fee, \$25/ \$10 per additional event. Contact Carteret County Parks and Recreation, 252-808-3749

Annual Bass Fishing Tournament:

Sat, June 5. Pembroke Fishing Center, Edenton. For information, call Jerry, 252-482-5343

19th Annual Carolina Beach Music

Festival: Sat, June 5. Live music, sand castle contest and more; food and beverages available for purchase. Tickets-\$15 in advance, \$20 at the gate; Ocean Front Beach Stage, Carolina Beach. For details, call 910-200-3288, emailpimerchants@charter.net, or visit www.carolinabeachgetaway.com

**Carolina Beach Youth Pier Fishing** 

**Tournament:** Sat, June 5. Sponsored by Carolina Beach Parks and Recreation-\$1 to participate; Kure Beach Pier, **Kure Beach.** For info, call 910-458-2977

5th Annual Cobia Fishing Tournament: Sat, June 5. Registration begins June 4; Pirates Cove Yacht Club, 800-422-3610

**Dare Day Celebration:** Sat, June 5. Activities for all ages sponsored by the Town of **Manteo.** Call 252-475-5631 or visit www.townofmanteo.com

2004 Ocrafolk Music and Storytelling Festival: Sat, June 5. Free music, storytelling, artisan booths, workshops and more. Ocracoke Island; for information, call 252-928-3411

Beach Music Street Dance Shag Contest:

Sun, June 6. Shag contest and cash prizes, no admittance fee, Carolina Beach Gazebo Stage Boardwalk, **Carolina Beach;** call 910-200-3288 for info

22nd Annual Rogallo Kite Festival and Kitty Hawk Kites 30th Birthday Bash:

Thurs, June 10- Sat, June 12. Activities include kite flights, birthday celebration and much more; Jockey's Ridge State Park, **Kitty Hawk**. For information, call 800-334-4777

12th Annual H.O.G. Rally: Sat, June 12. Carolina Coast Harley Davidson, Wilmington, call 910-791-9997 or visit www.cchd.com

**Big Rock Blue Marlin Tournament:** Sat, June 12- Sat, June 19. Fishing week begins Monday, **Morehead City.** For information, call Crystal, 252-247-3575

**Big Rock Lady Anglers' Tournament:** Sat, June 12. Event to kick off Big Rock Tournament, **Morehead City.** For information, call Crystal, 252-247-3575

Friends of Elizabeth II Antiques Fair: Sat, June 12- Sun, June 13. Large variety of objects, quilt walk and more; The Outdoor Pavilion, Roanoke Island Festival Park, 252-475-1500

Quilters By the Sea Quilt Show: Sat, June 12- Sun, June 13. Hosted by the Sea Guild of Wilmington; Admission- \$5. Coast Line Convention Center, Wilmington; call 910-798-8153 or visit www.quiltersbytheseaguild.com

Annual Youth Fishing Tournament: Wed, June 16. Open to ages 4-16; sponsored by Nags Head Surf Fishing Club, NC Beach Buggy Association and NC Sea Hags. Area wide- fishing piers from Kitty Hawk to South Nags Head, call 252-441-5464

Wil-Bear Wrights Festival of Fun: Wed, June 16. Activities for kids including face painting, balloons, yo-yo stunts, make and fly your own kite and more. Nags Head, call 252-441-4124 or 877-FLY-THIS

Annual Community Music and Water Festival: Fri, June 18. Featuring Eastcoast Flatwater Canoe and Kayak races and Sunfish Sailboat races. **Edenton;** for information, call Sue, 252-482-8005 or Nancy, 800-775-0111

Coastal Event Calendar

ABWA Golf Tournament: Sat, June 19. Proceeds fund ABWA scholarship programs. Registration opens at 7am, putting tournament starts at 8:30am, shotgun start at 9:00am; The Links Plantation Harbor, Adams Creek Road, Atlantic Beach. Call 252-727-9408 to register and for information

WHQR Benefit: Sat, June 19. Live music with proceeds to benefit Wilmington's public radio station; Admission- \$18 with reserved seating. UNC-W Kenan Auditorium, Wilmington; contact Kenan box office or 910-392-1200, www.capefearjazz.com

Father's Day Cruise on the Henrietta:

Sun, June 20. Buffet dinner and entertainment aboard North Carolina's largest riverboat; Tickets \$35 for adults and \$25 for children- prepaid reservations required. Henrietta III Riverboat, **Wilmington;** call 910-343-1611 or 800-676-0162, visit www.cfrboats.com

Hattaras Annual Invitational Blue Marlin Tournament: Sun, June 20- Sun, June 27. Register on Sun, June 20; Hattaras. For information, call 252-986-2454

Battleship Hootenanny: Tues, June 22. Enjoy local musicians with proceeds to benefit Friends of the Battleship. Tickets are \$10 at door only; Battleship North Carolina, Wilmington. Call 910-251-5797 for information

Red Wolf Howling Safari: Wed, June 23. Presented by the Alligator River National Refuge; for information and registration, call 252-473-1131 ext 243 or visit www.redwolves.com

44th Annual Beaufort Old Homes and Gardens Tour: Fri, June 25-Sat, June 26. Restorations of the Beaufort Historic Site plus private homes and town public buildings open for touring. For tickets and information, call 252-728-5225 or 800-575-7483

Greater Wilmington Hydro Sports King Mackerel Tournament: Fri, June 25-Sun, June 27. Proceeds to benefit Teach a Kid to Fish, Children's Fishing Foundation;



oastal Event Calendan

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Wrightsville Beach. For information, call 910-452-9740 or fax 910-792-1744 or email hsikes@gwkmt.com, www.gwkmt.com

### 2nd Annual Wilmington Nautical

**Festival:** Fri, June 25-Sun, June 27. Lighted boat parade, street fair, educational exhibitors, musicians, artists, vendors that showcase arts, history, culture, and natural assets unique to Wilmington and the Cape Fear Region and more; **Downtown Wilmington.** Call 910-341-3237 or visit www.nauticalfestival.com

### **Beaufort Antiques Show and Sale:**

Fri, June 25-Sun, June 27. Over 40 antiques dealers to exhibit annual show and tea room. Crystal Coast Civic Center, **Morehead City;** 252-728-5225 or 800-575-7483

The Original Beach Music Festival: Sat, June 26. Enjoy live music, dancing and more; Carteret County Motor Speedway, just outside of **Emerald Isle.** Tickets-\$15 in advance, \$20 at the gate; call 910-326-4006

### **Illuminations Summer Performing Art**

Series: Tues, June 29-Sat, July 31. Five weeks of theatre, dance, music and film presented by the North Carolina School of the Arts. June 29- July 2: Shakespeare's *The Taming of the Shrew*; Outdoor Pavilion, Roanoke Island Festival Park. For information, call 252-475-1506 or visit www.roanoakeisland.com

### King Mackerel & The Blues Are Running:

Wed, June 30-Sat, July 3. Performed by the Coastal Cohorts Wed.-Sat. Tickets are \$15 (\$12 for members of Core Sound Waterfowl Museum or NC Coastal Federation). Joslyn Hall, Carteret Community College, **Morehead City**. For information and tickets, call 252-728-1500

Look forward to more Coastal events listed for summer in the months to come...

### **COASTAL NEWS**

### METEOROLOGY STUDENTS PREDICT WHICH WAY THE SWELL BLOWS

The winners have been chosen in Project Swell, a first-of-its-kind surf-forecasting competition. This past fall, college mete-

52

### Coastal Event Calendar

orology students were challenged to determine exactly when wave conditions would be ideal to hold the Maine qualifier of the Red Bull Ice Break surf event.

The contest included participants from all over the East Coast including Florida State, University of Miami, Tallahassee Community, Florida Tech, Rhode Island School of Design, Johns Hopkins, SUNY Stonybrook, SUNY Albany, Cornell, University of New Hampshire and Richard Stockton College of New Jersey. Top finishers in the contest were Pete Dixon of Johns Hopkins University, Jonathan Warren and Christopher Bennett of Florida State University, and Rachel Bardin of Tallahassee Community College.

They will receive a hands-on surfology practicum with a team of surf forecasting experts and professional surfers on June 9-13 on North Carolina?s Outer Banks. The venue is an ideal location to put their new knowledge to use. The Outer Banks surfs are known for having some of the best waves on the East Coast; after morning lectures, its up to the students to decide where to surf along the 45-mile stretch of sand.

Red Bull Ice Break is a cold weather surfing contest that showcased the Northeast's surfing talent and commitment to pursue their sport in the harshest and coldest conditions. Three qualifiers took place this fall to determine the finalists for the main event, which was held this winter in the frigid and under-explored maritime region of Nova Scotia. For more information, visit www.redbullice break.com.

### REGISTRATION OPENS FOR EIGHTH WINGS OVER WATER CELEBRATION

Wings Over Water, a celebration of wildlife and wild lands in eastern North Carolina, is gearing up for its eighth year, drawing visitors from all over the country to experience the unique landscape, beaches, dunes, marshes, swamps and inland forests of the Outer Banks and to participate in the events popular programs.

Beginning Nov. 2 and continuing through Nov. 7, visitors can attend their choice of over 100 programs on birding, natural history, outdoor recreation or paddling including the Maze Kayak, the Scuppernong River Pontoon Boat Tour, Ghost Town Birding on Portsmouth Island and the new Drive Back in History.

Already, registration has begun and many programs fill up quickly. You can

register by mail, online at www.wingsoverwater.org, or by phone at the Outer Banks Chamber of Commerce (252-441-0338). Registration, which includes some programs, is \$10 per person, field trips \$20 to \$50.

A 27-page 2004 schedule of events brochure, which also includes registration forms, is available now at various locations around Dare County and by phone (252-441-8144).

The off-season event is sponsored by US Fish and Wildlife Service, Outer Banks Chamber of Commerce, National Park Service, Coastal Wildlife Refuge Society and Carolina Bird.

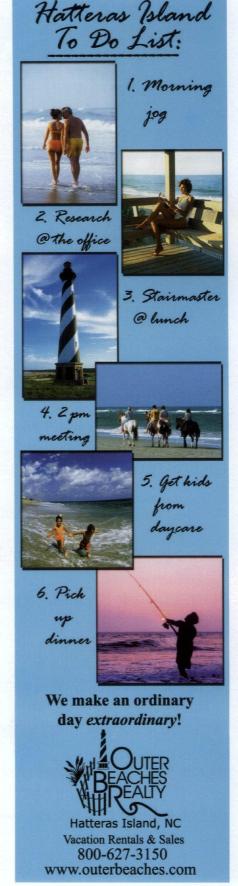
### CHOWAN LITERARY SYMPOSIUM CELEBRATES MEBANE BURGWYN

Chowan College's Second Symposium of Regional Literary Arts will be held on campus, Sept. 10 & 11, in celebration of the Life, Legacy and Literature of Mebane Holoman Burgwyn (1914-1993). The first symposium was held in 2002 and was devoted to the work of Bernice Kelly Harris, who was a literary mentor for Burgwyn.

A native of Rich Square and life-long resident of Northampton County, Burgwyn was best known for her books of juvenile fiction. Beginning with her first novel, River Treasure (1947), Burgwyn developed the dominant theme of the agrarian way of life, a life she knew well. Her other books included Lucky Mischief (1949), Penny Rose (1952), Moonflower (1954), True Love for Jenny (1956), Hunter's Hideout (1959) and The Crackajack Pony (1969).

Burgwyn, who had a Master's degree in guidance and counseling, became Northampton County's first public school guidance counselor. A graduate of UNC-Greensboro, where her papers and letters are housed, she served on the Board of Trustees of the University of North Carolina during the 1960s and later on the board at East Carolina University.

Event highlights will include dinner and a keynote address on Sept. 10; Sessions I and II, lunch, and an afternoon play on Sept. 11. A registration form is online at www.chowan.edu/events/library/form.htm. Full conference registration including events and meals is \$50/person. Dinner on Friday is \$20; lunch on Saturday, \$15; and conference registration without meals is \$15. The event is free to students. Contact Georgia Williams at 252-398-6202 for details.

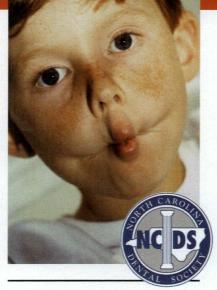


# IT'S AMAZING WHAT A MOUTH CAN DO.

Where would we be without a mouth? We couldn't laugh. We couldn't eat. We couldn't make funny faces. We couldn't even smile. But, guess what? The mouth is also the gateway to the rest of the body. We now know that early symptoms of many diseases appear first in the mouth. Some as serious as cancer, diabetes, heart disease and

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Member Dentists Of The North Carolina Dental Society osteoporosis. That's why it is so important to have regular dental checkups and to take good care of your teeth and gums. This message is brought to you by the members of your dental team: The dentists, dental hygienists, dental assistants, lab technicians and support staff who help you look after your mouth *Smile. You're in good hands.* 

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In the Mountains (1867) by Albert Bierstadt hangs in a new exhibition, "American Eden" at the NC Museum of Art from the Wadsworth Atheneum Museum of Art. The exhibition will be open June 6 through August 29. (See Preview-Museums for details.)



# **OF FLAT ROCK PLAYHOUS**

# Upenings

Paddlers plough across Edenton Bay at the Community Music and Water Festival, featuring canoe & kayak races, music events, food and evening concert—on the Edenton waterfront, June 19. (See Coastal Preview for details.)



The archetypical coastal musical, King Mackerel and the Blues are Coming will be performed by its original cast, (L to R) Don Dixon, Jim Wann and Bland Simpson, in Joslyn Hall, Carteret Community College Morehead City, June 30-July 3 & July 7-10. (See Coastal Preview for details.)





### JUNE IS JAMMIN'

### GALLERIES



*Postcard 72* by Robert Cvetkovski, of Kriva Palanka, Macedonia, is on view in Sizl Gallery, Carrboro

NEW WORKS BY ROBERT CVETKOVSKI OF MACEDONIA; Sizl Gallery, Carrboro; thru June 6. Contact 919-960-0098 or www.sizlgallery.com.



Fields 8 by Grace Li Wang is on display at Chatham Hill Winery, Morrisville

THE ART OF GRACE LI WANG; Chatham Hill Winery Morrisville. thru June 30 (reception June 6). Contact 919-380-7135 or www.chathamhillwine.com.



*Red Vase, Turquoise Bowl* by Kate Worm is exhibited in "Two Women. Two Views" at City Art Gallery, Greenville

### AT CITY ART GALLERY, GREENVILLE: • TWO WOMEN. TWO VIEWS, Gayle Stott

- Lowry & Kate Worm; thru June 7.
- THE CAROLINAS, featuring oil paintings of coastal NC and SC by Mark Kelvin Horton, June 10-July 10.

Contact 252-353-7000 or www.cityart-gallery.com.

LYDIA MENDISE EXHIBIT, watercolor & colored pencil; Cotton Company Gallery, Wake forest; thru June 7. Contact 919-570-0087 or www.cotton-company.net.



The Churchyard, watercolor, by Lydia Mendise is on view in the Cotton Company Gallery, Wake Forest

AT ANIMATION & FINE ARTS GALLERIES, CHAPEL HILL:

- ORIGINAL WORKS OF ART BY MARC CHA-GALL, thru June 10
- AUTOGRAPHS; including hand-signed Babe Ruth baseball, thru June 30
- MIRO AND MASSON, FRIENDS AND COL-LEAGUES, June 11-July 8 (reception June 11); Contact 919-968-8008 or www.animationandfinearts.com.

TISHA EDWARDS EXHIBIT; Gallery C, Raleigh; thru June 15. Contact 919-828-3165 or www.galleryc.net.

WORKS IN FIBER by Rachel Nicholson and Joan Walecka; Horace Williams House, Chapel Hill; thru June 23. Contact 919-942-7818.

ART AT THE GARDEN: TREASURES OF A SMALL PLANET, pastel paintings by Helen Knapp. North Carolina Botanical Garden, Chapel Hill; thru June 29. Contact 919-962-0522.



Demi-Mondaine À Sa Fenêtre, an original artwork by Joan Miró, Etching and Aquatint, 1975, Signed by Miró, in "Miró and Masson" at Animation & Fine Arts Galleries, Chapel Hill

NEW WORKS BY ANA VIZCARRA; Gallery A, Raleigh; thru June 30. Contact 919-546-9011.



Fire-Maiden by Ana Vizcarra on exhibit in Gallery A, Raleigh

**POSSIBILITIES**, unique blend of members' new works; Gallery 20, Raleigh; thru June 30. Contact 919-831-5454.

WATERCOLOR PAINTINGS BY DIANE MANNING; The ArtsCenter, Carrboro; thru June 30. Contact 919-929-2787.

GARDEN'S EDGE, regional gardens & landscapes by painter Charles Lallier and Muddy Creek Pottery, clay works by Mark Tomczak; Green Tara Gallery, Chapel Hill; thru Aug. 1. Contact 919-932-6400 or www.greentaragallery.com.

AT ARTSPACE, DOWNTOWN RALEIGH: • DIANNE T. RODWELL, batik/acrylics on rice paper; Studio 201, Raleigh; thru June 30

- WALL WORDS, a Visual Art/Fiber Art Project of the Artspace Outreach Program; Lobby; June 4-26 (opening reception & First Friday Gallery Walk, June 4; special reception with youth artists June 10)
- FANTASTICKS, paintings by Max Halperen, featuring fantastic creatures, impossible landscapes; Upfront Gallery, June 4-26 (opening reception & First Friday Gallery Walk, June 4)
- KILLING MODERN, Scott Eagle slide lecture, June 15

Contact 919-821-2787 or www.artspacenc.org:



Arrival, oil on canvas by Max Halperen's, on exhibition and "The Fantasticks," Upfront Gallery at Artspace, Raleigh

ART IN THE GARDEN, Henry Isaacs exhibit for the JC Raulston Arboretum; Gallery C, Raleigh; June 4-July 6 (Arboretum benefit & artist reception June 4). Contact 919-828-3165 or www.galleryc.net.

FANTASTIC FIBER ARTS; Perquimans Art League Gallery, Hertford; June 4-July 11. Contact 252-426-3041.

ANNUAL ARTIST HANGING, any artist in any medium display in popular & fun event; Contemporary Art Museum, Raleigh; June 5 & 6, 12 &13 (June 4 opening party). Contact 919-836-0088 or www.camnc.org.

SOLO ART EXHIBIT: PAINTINGS BY SUS-ANNE THOMAS; Horace Williams House, Chapel Hill; June 27-July 28 (reception June 27). Contact 919- 942-7818.

### CLASSICAL CAROLINA PIANO TRIO; Sights &

Sounds on Sundays Series at NC Museum of Art, Raleigh; June 6. Contact 919-821-2030 or 919-715-5923.

ANNUAL SPRING CONCERT OF THE RALEIGH RINGERS; Meymandi Concert Hall, BTI Center, Raleigh; June 13. Contact 919-834-4000 or www.rr.org.

PALMER-MARSH HOUSE SUMMER MUS-IC SERIES, pianist Heidi Souza and cellist Brent Selby; Palmer-Marsh House, Bath; June 13. Call 252-923-3971.

2004 CHAMBER OVERTONES SUMMER SERIES FEATURING BEETHOVEN, PIANO TRIO NO. 2; Bosendorfer Hall in Ruggero Piano, Raleigh; June 27 Contact 919-839-2040 or www.ruggeropiano.com.

### MUSEUMS

FARMER-JAMES SOUTHERN ART POT-TERY EXHIBIT, Over 250 pieces of pottery handcrafted by North Carolinian and Southern potters; Chapel Hill Museum, Chapel Hill; Thru Sept. 1. Call 919-967-1400.

- AT NC MUSEUM OF HISTORY, RALEIGH: • CURATOR'S TOUR, Women of Our Time, June 5
- HISTORY Á LA CARTE: AN ASTRONOMER RECALLS HER EARLY CAREER, Jaylee Montague Mead, June 9
- A CLOSER LOOK: FLYING HIGH, how a wind tunnel works & North Carolina aviation history, June 26

Call 919-715-0200 or visit www.ncmuseumofhistory.org.

**FESTIVAL DAY**, a celebration of Chinese culture; also Special Performances by New Shanghai Circus, acrobats push the limits of human ability; Exploris, Raleigh; both on June 5. Call 919-834-4040 or visit www.exploris.com.

CONCERTS AT NC MUSEUM OF ART, RALEIGH:

JERRY DOUGLAS BAND, June 5 ROSANNE CASH, June 19 LOS LOBOS, June 23 SONNY LANDRETH & THE IGUANAS, Louisiana Dance Party, June 26

AMERICAN EDEN: LANDSCAPE PAINT-INGS OF THE HUDSON RIVER SCHOOL; from Wadsworth Atheneum Museum of Art, on exhibition at NC Museum of Art, Raleigh; June 6-Aug. 29. Call 919-839-6262.

A FEAST FOR THE SENSES, paintings by Francis Speight, Hobson Pittman & Sarah Blakeslee—also porcelain, American silver, American furniture, music by harpist Carmen Coles & buffet dinner; Louise Wells Cameron Art Museum, Wilmington; June 12. Call 910-395-5999.

### STAGE

SOME ENCHANTED EVENING, review of favorite excerpts of *Oklahoma, Sound of Music* & more; New Bern Civic Center; June 4 &5, 11 & 12, 17-20. Contact 252-633-0567.

LIFE GOES ON, presented by the

RiverTowne Repertory Players; Sudan Shrine Center, New Bern; June 4-6, 11 & 12. Contact 252-637-5197.

**SESAME STREET LIVE**; RBC Center, Raleigh, June 4-6. Contact 919-861-2323 or www.ticketmaster.com.

A GRAND NIGHT FOR SINGING; Cape Fear Regional Theatre, Fayetteville; June 4-21. Contact 910-323-4234 or www.cfrt.org.



John C. McIlwee stars as Sheridan Whiteside in University Theatre's production of *The Man Who Came to Dinner* at Thompson Theatre on the NC State campus, Raleigh

THE MAN WHO CAME TO DINNER, presented by University Theatre; Thompson Theatre, NCSU, Raleigh; June 10-13, 17-20, & 24-26. Contact 919-515-1100 or www.ncsu.edu/arts.

ALWAYS'S PATSY CLINE; Temple Theater, Sanford; June 10-27. Contact 919-774-4155 or www.wave-net.net/ templetheatre.



Keigwin & Company make their American Dance Festival debut in Reynolds Theater in Durham

### AT AMERICAN DANCE FESTIVAL, DUKE UNIVERSITY, DURHAM:

- PILOBOLUS, June 10-12, Page Auditorium
- PAUL TAYLOR DANCE COMPANY, June 17-19, Page Auditorium
- KEIGWIN & COMPANY, June 22-23, Reynolds Theatre
- RONALD K. BROWN/EVIDENCE, June 24-26, Page Auditorium
- JOHN JASPERSE COMPANY, June 29-30, Reynolds Theatre
- ACTS TO FOLLOW, 16 professional NC choreographers & their companies present free shows June 16 & 26, July 3 & 10, Baldwin Auditorium

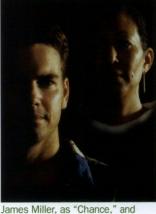
Call 919-684-6402 or www.americandancefestival.org

**THE MISER** by Moliere, fast-paced version of classic comedy of greed vs. love focusing on Moliere's whirling masks that hide, reveal, disguise & transform; Swain Hall, UNC-Chapel Hill; thru June 6. Contact 919-843-3865.



(Left to right) Dexter Morgan, Charlie McNeill, Robbie Phillips, Lawrence Levine star in *Smokey Joe's Café* at Raleigh Little Theatre's Amphitheaatre, June 11-26.

**SMOKEY JOE'S CAFÉ**, celebration of '50s & '60s rock 'n' roll; Raleigh Little Theatre Amphitheatre, Raleigh; June 11-13, 17-20 & 24-26. Contact 919-821-3111 or www.raleighlittletheatre.org.



James Miller, as "Chance," and Dorothy Brown, as "the Princess," star in Tennessee Williams' *Sweet Bird of Youth* at Theatre In The Park, Raleigh; play will show weekends June 11-27

SWEET BIRD OF YOUTH, by Tennessee Williams; Theatre In The Park, Raleigh; June 11-27. Cream & Bean ice cream for sale in garden following productions; (Quail Ridge Books will lead genre discussion before June 20 matinee.) Contact 919-831-6058 or www.theatreinthepark.com.

### RECREATION

NEW HOPE TRAIL OFFICIAL OPENING; with hike on half of 5-mile loop; Jordan Lake, Apex; June 5. Contact 919-362-0586 or www.ils.unc.edu/parkproject/ visit/jord/home.html.

NEUSE RIVER DAY, full day of family fun & activities; Neuse River Foundation, New Bern; June 5. Contact 252-637-7972.

GRAND OPENING OF WAKEMED'S PLAY-WELL PARK, Poe Center's 1.5 acre health education playground; Poe Center, Raleigh; June 5.; (Park also open to public every second Saturday.) Contact 919-231-4006 or www.poehealth.org.

8TH ANNUAL RACE FOR THE CURE; to fight breast cancer; Meredith College,

Raleigh; June 12. Contact 888-603race or www.komen.org.

CAROLINA CLASSIC BENEFIT HORSE SHOW; Eastern Agricultural Center, Williamston; June 17-19. Contact 252-792-5111.

2004 NHL ENTRY DRAFT; free event hosted by The Carolina Hurricanes, featuring popular Caniac Carnival; RBC Center, Raleigh; June 26 & 27. Contact 919-861-2323 www.RBCcenter.com.

### POP MUSIC

AT JAZZ ON MAIN, SUMMER CONCERT SERIES; Streets of Southpoint, Durham:

- THE SALTY DOGS, June 2
- ENROUTE JAZZ, June 9
- MARTIN EAGLE QUINTET, June 16

### AT ALLTEL PAVILION, RALEIGH: • AN EVENING WITH MELISSA ETHERIDGE,

- June 4
- TIM MCGRAW, June 12 • JESSICA SIMPSON, June 20.

Call 919-834-4000 or visit www.ticketmaster.com.



Tim McGraw will appear in concert with Big & Rich and the Warren Brothers at Alltel Pavilion, Raleigh

### AT THE ARTSCENTER, CARRBORO:

- HOT CLUB OF COWTOWN, Austin's hot jazz & western trio, June 4
- CATIE CURTIS, folk-rock goddess, June 11
- NC RHYTHM TAP FESTIVAL, tap dance & song, June 12
- MIKE MITCHELL, Comedy Slam Spoken Word Jam—comedy, jazz & dinner, June 19



Catie Curtis, folk-rock star, will perform at the ArtsCenter in Carrboro

### METROPREVIEW

• FRANK KIMBROUGH TRIO, piano & jazz by Roxboro native, June 26

Contact 919-929-2787 or visit www.artscenter-live.org.

**THE CONNELLS**, performing at fundraiser for Operation Smile, sponsored by Band Together; Capital Fitness outdoor stage off Glenwood Ave., downtown Raleigh; June 12. Call 919-836-9380.

THE JEANETTE WILLIAMS BAND, Garner Family Series, presented by PineCone and Town of Garner; Lake Benson Park, Garner; June 19. Call 919-990-1902 or visit www.pineCone.org. **KEB' MO'**, an evening of blues music by this two-time Grammy winner; Carolina Theatre, Durham; June 20. Call 919-560-3040 or visit www.carolinatheatre.org.

### POTPOURRI

WHAT MAKES CHATHAM SPECIAL, readings & talk by Clyde Edgerton, Marjorie Hudson; Alston Chapel Church, 1832 Alston Chapel Road, Pittsboro; June 2. Call 919-545-0571 or visit www.chathamcoalition.org.

HOLLYHILL DAYLILY FESTIVAL AND SALE, over three acres of daylilies and display gardens; Moncure; June 5-6, 12-13, 19-20, 26-27 and July 3-5, 10-11,

### Women of Our Time

Twentieth-Century Photographs from the National Portrait Gallery

Through August 1, 2004



See a stunning collection of photographic portraits celebrating 75 women whose brilliance, courage, style and unflagging spirit have helped shape America.

The exhibition was organized by the Smithsonian's National Portrait Gallery.

Left to right: Helen Keller by Charles Whitman, 1904. National Portrait Gallery, Smithsonian Institution: Ella Fitzgerald by Lisette Model, ca. 1954. National Portrait Gallery, Smithsonian Institution: Judy Garland by Bob Willoughby 1954 (printed 1977). National Portrait Gallery, Smithsonian Institution. Gift of Mr. and Mrs. Bob Willoughby.

The exhibition at the N.C. Museum of History is locally sponsored in part by A4 Health Systems, the Cannon Foundation Inc., *Carolina Woman*, First Clüzens Bank, *Metro Magazine*, *The New & Observer*, the N.C. Museum of History Associates and Wachovia.

5 East Edenton St.

Raleigh, N.C. 919-715-0200



Hours: Tues.-Sat., 9 a.m.-5 p.m. Sun., noon-5 p.m.

Office of Archives and History N.C. Department of Cultural Resources

Web site: ncmuseumofhistory.org

MUSEUM OF HIST

NORTH CAROLINA

24-25. Call 919-542-6887 or visit www.hollyhilldaylilies.com.



Princeton Glowing, shown here, is one variety among three acres of daylilies at the 13th Annual Daylily Festival and Sale at Holly Hill Daylily Farm in Moncure. Garden Art will feature works by Karen Tiede of Pittsboro, Clyde Jones of Bynum & Holly Hill's marbled gazing balls

**CARRBORO POETRY FESTIVAL**, readings and book signings by 40 local and national poets; Carrboro Century Center, Carrboro; June 5 & 6. Call 919-918-7364.

**RALEIGH FOUNTAIN PEN SHOW**, features displays, appraisals, seminars, and vintage and modern pens; Embassy Suites, Cary; June 5 & 6. Call 919-905-4395 or visit www.raleighpenshow.com.

**FEARRINGTON GARDENING DEMO**, guided tour of Fearrington gardens; Fearrington Village Center, Pittsboro; June 6. Call 919-542-4000 or visit www.fearrington.com.

OCCANEECHI-SAPONI ANNUAL SPRING POW-WOW, features dancing, handmade tribal crafts, and food at the reconstructed village site on the Eno River; Behind new County Courthouse, Hillsborough; June 11-12. Call 919-304-3723 or visit www.occaneechisaponi.org.

BLUESVILLE, Part of Lake Johnson Waterfront Concert Series; Lake Johnson, Raleigh; June 12; Taylor Roberts, part of the Lake Wheeler Waterfront Concert Series, Lake Wheeler, Raleigh; June 19. Call 919-662-5704.

PALMER-MARSH HOUSE SUMMER MUSIC SERIES, pianist Heidi Souza and cellist Brent Selby; Bath; June 13. Call 252-923-3971.

FRIDAYS ON THE FRONT PORCH, live music with tapas and bar menu on the front porch and lawn; The Carolina Inn, Chapel Hill; June 18 and 25. Call 919-918-2777.

HILLSBOROUGH HOG DAY, features antique car show, food, music, arts and crafts, a petting zoo, games, children's activities, and a barbeque cooking contest; Government Services Center, Hillsborough; June 18 & 19. Call 919-732-8156 or visit www.hillsboroughchamber.com.

JUNETEENTH CELEBRATIONS, statewide celebration of the ending of slavery featuring events in Greensboro, Elizabeth City, Raeford, Dunn, Raleigh, and Charlotte; Statewide, June 19. Visit www.juneteenth.com/

Our thanks to Suzie Humphrey and Bess Futrell for their assistance with Preview.

**EDITOR'S NOTE:** Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.

# Artist-at-Large

### TALENTED NEWCOMERS LIGHTING UP THE ART SCENE

f you haven't noticed, North Carolina is becoming more counter cultural and sophisticated with each passing day. I think the most exotic person I ever saw as a child was a Lumbee Indian, but now you can't turn around without seeing amazingly talented people from every corner of the globe coming to our fair state and helping to make it an even better place. This is an exciting time for all of us, and I have great optimism that we will all find joy with our new friends here in the Old North State.

So let me be among the first to welcome talented Venezuelan artists Margarita Leon and Rita Beauparthy to the Triangle art scene. The ladies recently opened at Raleigh's Glance Gallery and charmed everyone they met with such lovely and professional creations. Beauparthy is a painter who lures you deep into the texture and imagination of her acrylic on canvas paintings. The images are hypnotic and dreamlike— it's often hard to pin down their exact meaning—but isn't that just like a dream?

Margarita Leon has a fantastic way of working with wood, clay, eggshell and copper and the resulting works are playful and full of life. She is a talented sculptor whose images are well known on the West Coast and graced the 2001 Florence Biennale. I have no doubt that her sculptures will be showing up in all the right collections here in our state as well.

### **GALLERY GOINGS-ON**

There is just too much going on this month in the art world. Raleigh's Gallery C is showing amazing new works by Trisha



Bel Andar y del Olivido by Rita Beauperthuy



Asleep on Case by NomuraToyokazu

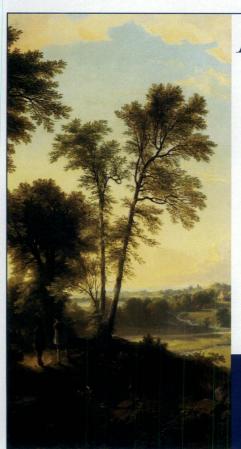
Edwards that you really need to get out and see. Trisha is young, beautiful, talented and worth her weight in gold as an artist. If Gustav Klimt had married an Indian shaman and reared the little girl in a Japanese temple, I think she might have turned out to paint like Edwards. The works are well crafted, fun to look at and still a great bargain considering her talent. ... I wish her nothing but luck.

Speaking of luck, if your lucky enough to go to University Mall in Chapel Hill you can check out some very sleek images by artist Jim Kellough who is showing over at Tyndall Gallery. Jim creates surfaces like polished glass on his paintings, and the layers of color and wit he displays with these new images finds him in top form. Also on the ticket at Tyndall are the amazing sculptures by Jerry Noe that are bound to captivate.

I popped into Artspace over in Raleigh to see what everyone was up to, and it's amazing that artists are so productive over there. Max Halperen is gearing up for his solo show there in the main gallery, and his new works are even more colorful than before. ... Can paint be on steroids? Scott Eagle had a show in the downstairs gallery that simply blew me away. He can render a tornado like nobody else, and I would rather look at one of his post-modern masterpieces than a bland landscape any day. Upstairs I tried to find Madonna Phillips but she is never in her studio. ... Where is she? She is always on the road selling, that's where she is, and with all that money she is raking in, she needs to take a hungry art critic out to lunch sometimes. Down the hall I ran into Kyle Highsmith, and he was just chatting away on the phone while I looked at all of his new works from Key West, Cedar Island, Cassis, Sunset Beach, Ville Franche Sur Mer, Wilmington, etc, etc. etc. Kyle is a workhorse, and his new show in Pinehurst, sponsored by



Early Summer by JackZhou



### AMERICAN EDEN

Landscape Masterworks of the Hudson River School From the Collection of the Wadsworth Atheneum Museum of Art

Spellbinding landscapes of 19<sup>th</sup>century America. Fifty magnificent paintings by Cole, Church, Bierstadt, and 22 other American masters.

### June 6-August 29, 2004

The national tour of Hudson River School: Masterworks from the Wadsworth Atheneum Museum of Art is sponsored by **MetLife Foundation** Asher B. Durand, View toward the Hudson Valley (detail), 1851, from the Wadsworth Atheneum Museum of Art

> Museum of Art Raleigh Box Office (919) 715-5923 ncartmuseum.org

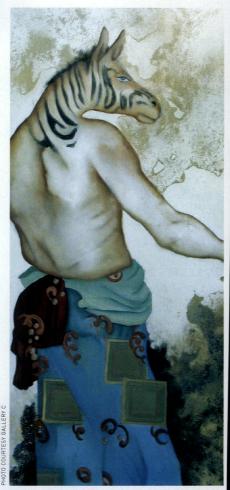
NORTH CAROLINA

Cottage Chic, is certain to be a sellout. The new images are fast, loose and possess great color and style.

### **DOWN EAST A BIT**

Speaking of style, RUN don't walk to see the last few days of Gayle Scott Lowery and Kate Worm at City Art Gallery in Greenville. The work is great, and Gayle is a trooper and a professional. Her technique is tight, and her images very easy to live with. If, however, you show up too late, do not distress because you can kick back and view the new religioninspired paintings by ECU grad Mark Kelvin Horton... and they are always a crowd-pleaser.

And last but not least, has Chapel Hill's Somerhill Gallery had a facelift? I drove by there the other day, and I couldn't believe my eyes. I don't know if it's new stucco or a new paint job, but the gallery seemed to me much more "refreshed and rested" looking. Perhaps it was the serenity of a \$30,000 dollar John Beerman on the wall that made the place seem so pulled together.



Metamorphosis Equus by Tisha Edwards

### RALEIGH MEDAL OF ARTS WINNERS ANNOUNCED

The 20th Annual Raleigh Medal Of Arts awards, sponsored by the City of Raleigh Arts Commission, have just been announced, honoring extraordinary achievement in the arts by Raleigh citizens during the year 2003. The five winners are:

Betty Adcock, Poets' Prize in recognition of her outstanding career as a poet and her achievement in a recently published volume *Intarvale: New and Selected Poems.* 

Lope Max Diaz, Visual Artist, for the outstanding quality and productivity of his works as an artist and for his extensive contributions to the Raleigh arts community.

Lanette Lind, Performing Artist, for her achievements as a musician, composer, teacher and volunteer, whose influence has given members of the Latino community opportunities to play a part in the Raleigh arts scene.

Thomas H. McGuire Jr., Philanthropist, who, as an individual and as Executive Director of the A.J. Fletcher Foundation, has given extensive guidance in developing financial support for Raleigh arts organizations.

Melissa Peden, Arts Advocate, whose tireless support and enthusiasm for artists, arts organizations and art collectors has stirred the arts community to reach a high level of involvement and achievement.





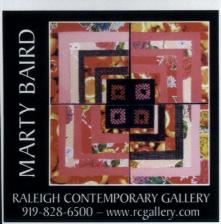
Louis XIV frame from the ABB MUNN<sup>®</sup> Collection Voted BEST in Picture Framing in Metro Magazine, Two Years in a Row!



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Ursula © 1996, Joanna A. McKethan



Carteret Contemporary Art

Rodney Moser: Four Cosmopolitans, Watercolor

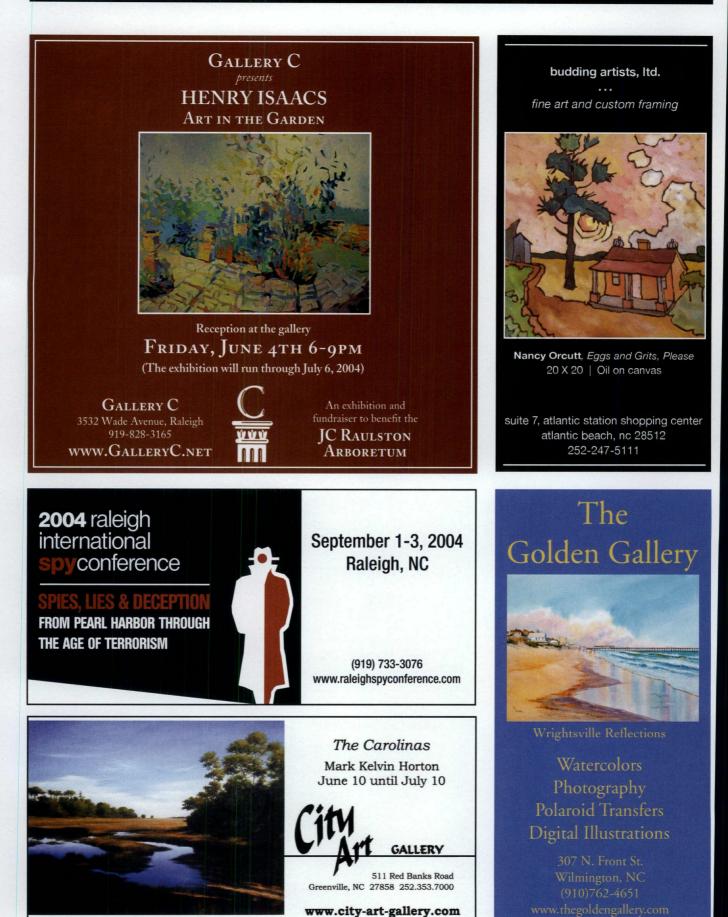


### SUMMER SCHEDULE

June 12 – July 2		
July 3 – 23		
July 24 – Aug 13		
Aug 14 – Sept 4		

Keith Lambert • David Nance Kyle Highsmith Rodney Moser The Art of Trees

1106 Arendell Street • Morehead City 252-726-4071 • www.twogalleries.net ARTIST-AT-LARGE



Afternoon ~ 30" x 40" ~ oil on canvas

### BEACH MEMORIES AND THE AIRLIE ARTS FESTIVAL

Between you and me ...

hen I was a teenager, Wilmington, Carolina Beach and Wrightsville Beach were summertime haunts. Christine Stewart's red Buick convertible could make the trip on automatic pilot. The two-hour drive east on Hwy 421 from Buies Creek to Dunn and through Spivey's Corner (home of the world-famous Hollering Contest), Clinton and Harrells (home of Ezzell trucking) to Wilmington was exhilarating for a car-load of kids with craved from one visit to the next; basked in the sun and roamed the boardwalk and took cat naps in the shade beneath.

Incidentally, a couple of years ago I heard an ad on a Down East beach music station for a concert by none other than Buddy Skipper and the Jetty Jumpers. Buddy, are you still out there making those wonderful '50s and '60s sounds?

The Azalea Festival drew us to the Port City each spring. Long before Lauderdale,



"The Gathering" by Ivey Hayes

the top down and a cooler full of victuals for the weekend—fried chicken, sandwich makings and homemade cake. And there was always the obligatory stop for a drink of naturally cooled water at the roadside "artesian well."

I conned my way into Carolina Beach's Ocean Plaza Ballroom while still underage and shagged to the music of Buddy Skipper and the Jetty Jumpers; collapsed on the floor of the armory with dance partner Patrica Matthews after marathon renditions of "Shout" by the Blue Notes; ate the exceptional, Carolina Beach doughnuts we it was the spring-break destination for North Carolina college students—by today's standards a rather tame weekend of carousing and trashing rental properties. Wrightsville Beach's omnipresent police chief, Everett Williamson, kept order. After scaring the pudding out of the occasional gross offender, he was as apt to place him in his police car and deliver him to his buddies (or worse, parents) with a stern warning as to take him to the station and book him. The Chief, who quietly played a key role in local and state politics, later became my dear friend. Nicknamed "Stinky," he had a brother affectionately called "Fats," who was Wilmington's Chief of Police, and a second brother, Romie, (no nickname, thank goodness) who was a captain in the state Highway Patrol—a remarkable law enforcement family.

All this is to say that moments after anyone utters the words "party" and "Wilmington," I am in my Taurus headed east. I have never been disappointed, and my recent weekend attending the Airlie Arts Festival was no exception. The Festival, including the Friday evening Airlie Arts Gala 2004 in historic Airlie Gardens, was the most ambitious, carefully planned and exquisitely executed fundraising event I have ever attended in eastern North Carolina.

Kudos go to scores of volunteers such as Garden Gala Chair Kim Ward and Airlie Arts Festival Chair Ronna Zimmer, whose boundless energy and can-do attitude inspired others and resulted in a weekend of activities that created a buzz from east to west. Ronna, described to me by a friend as "wise, sensitive, brilliant and a mighty executive," is the wife of Herbert Zimmer. The family, besides owning and operating Reed's Jewelers, has extensive business and real estate interests, including the new urban village of Mayfaire on Military Cutoff. Three Zimmer brothers were there-Herbert, Jeffrey and Alan-and their mother, Roberta, along with a host of local notables.

"It is not often in one's life that one works with so many nice people for such a long time on an event that is both so positive and exciting for one's community," Ronna told Susan Taylor Block, Airlie Gardens historian. Then she observed what was particularly exciting to me. "There were many people from all walks of life at the Gala. People of all ages had a wonderful time."

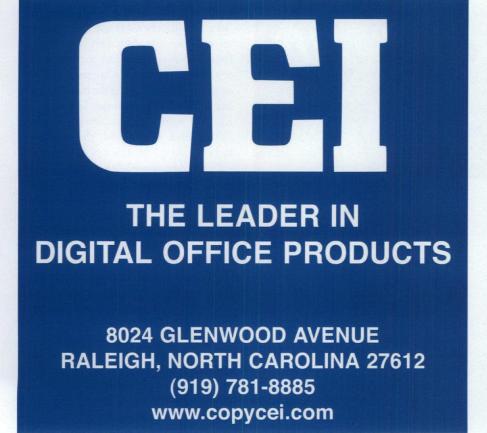
At one point I could see three Wilmington mayors—current mayor Spence Broadhurst and former mayors Harper Peterson and Hamilton Hicks. Actress Linda Lavin was chatting with friends, and Republican gubernatorial candidate Patrick Ballentine was working the hometown crowd, most of whom, I suspect, were already firmly in his corner. Woody White, who has been appointed to his vacant senate seat, was accepting congratulations. *Metro* editor and publisher Bernie Reeves was there with wife Katie (he tells me she runs *Metro*, a Silver sponsor of the event) seen chatting with radio guru Carl Venters, among others, and Katie's mom Chris Reid of Wilmington who headed up the merchandising committee.

There were enough doctors in evidence to treat any disease known to medical science. Dr. Clint Meyer-also an accomplished artist-was in his milieu. Dr. Don Getz and wife Alison attended. He uses his skills now for medical missions to thirdworld countries and volunteers at the Arboretum. The Lower Cape Fear Dixieland Band, featuring retired dermatologist Harry Van Velsor, played early in the evening. Van Velsor's wife, Gayle, is a retired CP&L executive and now New Hanover County Regional Medical Center Board Chair. Noted neurologist Dr. David Bachman attended with his wife, Bunnie, a former high-fashion model who graced the pages of Vogue.

When I arrived at Airlie at twilight escorting not one, but three southern

belles-Dorothy Pastis, Mary Lou McEachern, and Mary Lou's sister Connie Lewis-it was tent city, a lovely and carefully designed arrangement that included a food court, storytelling area, and "Shade Pavilion" for anyone desiring a respite or fainting couch. One huge canopy covered the dining area where, in keeping with the "An Evening of the Big Easy" theme, more than 1000 Gala revelers dined on crawfish and jambalaya. Another provided display areas for some of the nation's top plein air artists who set up easels throughout the gardens earlier in the week and then sold some \$170,000 in paintings, contributing a substantial portion to Airlie Gardens. Scores of individual tents featured artists whose creations included glass, pottery, pastels, oils and acrylics, and sculpture.

Scott Corbett and his wife Diana rarely miss an Airlie event. Scott is the grandson of former Airlie owner W. A. Corbett and CEO of the Corbett Companies. He helped manage Airlie through the devastating triple hurricane years of 1996-98 and, on behalf of the Corbett family, negotiated the sale of Airlie to New Hanover County as a public park. Diana is director of education programs at the Greater Wilmington Chamber



and is a past president of the Wrightsville Beach Chamber of Commerce.

A highlight of the evening for me was the live auction, particularly the sale of the original, commissioned artwork for the festival's commemorative poster—an acrylic titled "The Gathering" by Ivey Hayes, the local African-American artist with a colorful, distinctive style and a national following.

My friend Ron Grooms first brought his work to my attention. I have admired it since and visited with Ivey on several occasions. In January 2003, I picked him as one of my *Metro* "Ten Best," describing him as a "true son of the east" and noting that the Rocky Point artist "is a man of tremendous talent and training who paints pictures of Down East rural life that etch themselves deep into the memory." Looking over my shoulder to my right just now, I see two of his prints (gee, I wish they were originals) on my library wall. Ivey signed 125 prints of "The Gathering" and I bought two.

My earlier description of Ivey may have been an understatement. His painting brought an astounding \$24,000 at the Airlie Gala auction and went home with Morgan Stanley broker and financial advisor C. Edward Alexander III of Raleigh and Wilmington. I can't tell you whether it will hang in his Raleigh home on Morgan Street or in his Wilmington residence on Greenville Sound. But I do know that were it mine, it would be a continuing source of great personal joy. I congratulate Ed on his spirited bidding and helping push the amount raised by the auction to more than \$40,000. Perhaps I can wrangle an invitation to come by and see it sometime.

I had much, much more I wanted to tell you about my weekend in Wilmington, including eating "Oysters Elijah" served by veteran bartender Michael Pittman at, of course, Elijah's; having a mid-afternoon snack of chittlins and rice at the Gilchrist Family Restaurant on North 4th Street; and visiting the Louise Wells Cameron Art Museum to see the exhibition, "A Natural Influence," by young, immensely talented, Seagrove potter, Ben Owen III, whose work I admire. The museum, which is devoted almost entirely to North Carolina artists, is a treasure, and between you and me, I think that any North Carolinian who purports to love the arts should have to satisfy St. Peter that he or she has visited it before being allowed to enter the Pearlie Gates.



### SUMMER IN THE CITY

ew York may be the city that never sleeps, but it's also the city that always "summers" (from the verb "to summer"). Like many European cities, New York slows down in the warmer months, and anyone who can heads for "the country" or "the shore" (I still go to "the beach"). The Upper East Side becomes so quiet that you can set up a lawn chair in the mid-



Tory by TRB, Canvas tote in 4T print \$165, Espadrille in 4T print, \$70

dle of Park Avenue and finish a glass of lemonade before you see a car. But even as it languishes in the summer heat, New York is full of surprises and, thanks to the Internet, they're only as far away as your air-conditioned home office.

In the city, summer dressing is casual and never fussy. A successful unstudied look is in fact often highly studied:



Tory by TRB, Cashwool crewneck with logo, \$195

the wrong jewelry or shoes kills it, as does mixing the wrong fabrics. The goal is cool, serene, effortless; summer fashion should be like ballet.

Possibly due to the climate, many Southern women excel at a version of this look, featuring the collarless linen blouse and the cute low-heeled slide. But if you think you are ready for a master class in summer dressing, then check out



Tory by TRB, Silver logo chain belt, \$195

the new Tory by TRB collection. Tory Burch, née Robinson, grew up in Philadelphia, and she and her venture capitalist husband Christopher are fixtures on the Manhattan society scene. While working in the offices of designers like Ralph Lauren and Narcisco Rodriguez, Burch, who is 37 and mother to a brood of boys and girls, developed a keen eve for fashion, even if she wasn't the one draping fabric (she was on the marketing side of the business). The line takes its



Tory by TRB, Sandals with glass beads, \$225

inspiration from the classic yet chic looks she saw in her parents' closets, and the result is a collection of versatile pieces that walk an intriguing line between preppy, mod and bohemian. Burch uses clashing colors like pink and orange or old school combinations like blue and brown—to great



Tory by TRB, Cashmere cardigan, \$275; Cotton voile blouse, \$175; Sharkskin and lamé skirt, \$350



Tory by TRB, Cashmere cardigan, \$275



Tory by TRB, Large canvas tote with patent leather trim, \$225



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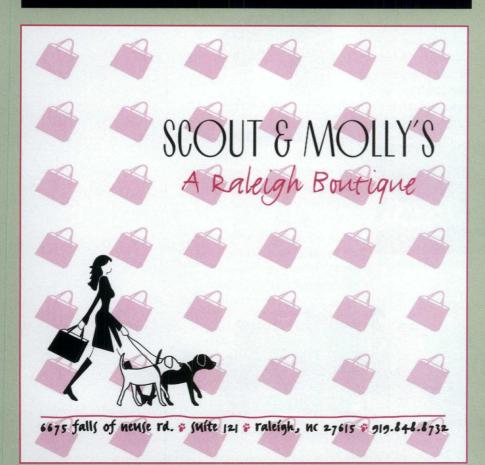
MOTHER OF THE BRIDE SPECIAL OCCASION

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Tory by TRB, Printed beach blanket, \$165

effect in her signature patterned buttoneddown shirts. You'll also find stunning antique linen tunic-style tops with jewel details, tank tops with low-key sequins, perfect cashmere sweaters, charming terrycloth short shorts, fluffy beach towels and a canvas tote in which to carry them. One of her best accessories this season is a blue and orange beaded bag that gives off a vibe that is both sleek and hand-crafted. All this is housed in a super-chic boutique in the NoLIta neighborhood of Manhattan; most items are available on her Web site: www.toryltd.com.

### FUN FAUX JEWELS

Summer is the perfect time for fun faux jewels, because, as we all know, diamonds and bodysurfing do not mix. The new Port

Florelle line of necklaces, bracelets and earrings is the perfect complement to a strapless summer dress. The whimsical collection features oversized faux pearls strung together with patterned ribbon tied in a coquettish bow at the neck. The necklaces come in short (about



Port Florelle



\$75) or long (about \$150) lengths, and there is a ribbon to suit every sensibility: from a Burberry-style plaid to an elegant black satin. If you're looking for an accessory for bridesmaid's gowns, look no further—these pieces will look fabulous in photos. www.portflorelledesigns.com.

### SUMMER SCENTS

In the heat of summer, the air comes alive with distinctive scents, from cut grass to barbecue smoke to the chlorine of the swimming pool. Of course, some of the best summer smells come from the beach. Thanks to several fragrances, with just a spritz or two you can mentally dip a toe in the surf. Christian Dior's new Sweet Sun is



enriched with vitamin E (making it easier on the skin if you wear it in the sun) and combines notes of mandarin and orange with jasmine, ginger, musk and vanilla. Already a classic, Bobbi Brown's Beach combines sand jasmine, sea spray and mandarin. Pack

the matching body oil in your beach bag. Ralph Lauren's new Cool is geared toward younger customers with its fruity blend of kiwi, iced nectarine, watermelon and cucumber peel. CK One Summer is a unisex fragrance, a light cocktail of citron tonic, golden kiwi, and starfruit, to share with the hunk on your beach towel. For those seeking a sultry blend, there is the new Gucci Envy alcohol-free sun mist.

### **BIRTHDAY SUIT BEAUTY**

Before you can pick a bathing suit, you need to make sure that another suit, the birthday one, is in top form. Nothing slims like a tan, real or faux, but many of us have a love-hate relationship with self-tanners. A new product for the face could be an exciting development in this field containing only low-levels of DHA, the selftanning ingredient. Lancome's new...take a deep breath...Hydra Flash Bronzer Daily Face Moisturizer Healthy Glow—All Year

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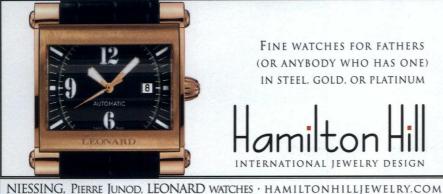
ESTEE LAUDER

provides moisture and a glow without worries of streaking or a mask-like jaw-line. I just may be using it from head to toe. Last summer Shiseido made history with its Aromatic Body Creator, which reportedly shrank thighs across the globe. Not to be outdone, this summer Estée Lauder is introducing...another deep breath...

Body Performance Slim Shape Anti-Cellulite Visible Contouring Serum. This "thermogenic complex" promises to whittle while Brazilian guarana seeds and Chinese black tea are sworn to smooth.

### PASSINGS

Estée Lauder, that grande dame of the beauty industry, passed away last month at age 97. A master of promotion and the inventor of the "gift with purchase," Lauder was a self-made woman who practically parted seas with her self-confidence and charm. For a lesson in can-do, read her autobiography (*Estee: A Success Story*) and be inspired by the mother of two who started her small business while in her 30s and guided it to become one of the world's most successful cosmetics companies. With lots of fun pictures of her celebrity encounters, it's a perfect beach/ shore/country read.



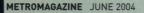
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PHILOSOPHY BY A. FERRETTI LIDA BADAY POLLINI VALENTINO ROMA AVERARDO BESSI TEEN FLO MARC BY MARC JACOBS NANETTE LEPORE CAMBIO JEANS 3 DOT T'S **BELFORD SWEATERS** VOTRE NOM **TERIJON** CHETTA B CARMEN MARC VALVO

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CENTER



### In Hillsborough... SWEET AS TUPELO HONEY

illsborough, once a sleepy village where most of Orange County feared being called to serve jury duty or perhaps attended the yearly hog festival on a lark, now has a dining scene, appealing to all spectra of tastes. You can go to Kelseys for country cooking, Banditos for Mexican fare, James Pharmacy for natural foods, Saratoga Grill for Nouvelle American cuisine and, Tupelo's, for a perfectly pitched mix of Creole and Matt Carroll's inventive takes on regional cuisine.

Executive chef owner Carroll opened Tupelo's three and a half years ago in a space part candy store, part Italian restaurant.

"This has been a work in progress," he

said as Moreton Neal and I sat down in the main dining room to a bottle of BV Coastal Cabernet Sauvignon chosen from a welldeveloped list of wines from California, Italy, France, Australia and North Carolina. Carroll employs Tara Sonnhalter as sommelier.

Our fried green tomato appetizer is a favorite at lunch and dinner often accompanied by cucumber mint salad. It was as divine as the movie of the same name. So was the shrimp with remoulade sauce. We both noted the delicacy of the flavors and the perfectly cooked shrimp. Carroll's crab cake was lightly battered, differing from most Creole versions, but rich in taste and softly textured.

Carroll, who spends much of his time

ordering and procuring his foods, maintains, "fish flavor is all about what the fish eats," meaning his suppliers are everything to him. And while it's always fun to have a chef sit with you when you dine, they won't ever eat much. Carroll, like Brian Stapleton of the Carolina Inn, talked a streak but didn't really want to eat (that is how they stay so thin and Carroll has a truly great hair cut).

The deep burgundy color of the dining room began to appeal after the first course. I felt we were moving down to The Quarter in New Orleans where rooms the color of wine work magic. The room filled quickly with patrons from all walks of life. Families, couples, older folks—you name it, Carroll had

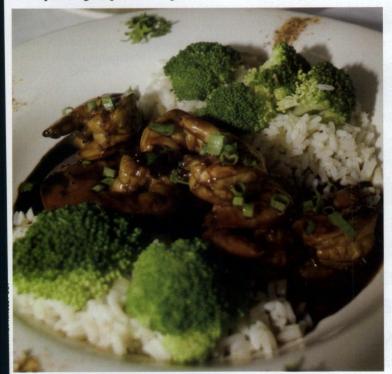


### METROGOURMET

them coming on a Tuesday at 7 p.m. Clearly, his equation is working.

Why? He says that he wants to "work to people's expectations, have food that is approachable and prices that are affordable." I say it's because the food's great and his menu's broadly appealing, joining two cuisines, Matt Carroll's specialty, Creole cooking with a dash of the Cajun—dishes like Jambalaya and Gumbo. Then Matt adds his version of Southern dishes like Sweet Salmon with Apple-Cranberry Chutney. He offers the requisite steak and vegetarian fare as well.

For the main course we were feted by his signature creation, Bayou Voodoo Shrimp served with a lager beer reduction sauce and Blackened Catfish with Arnaud's seasonings. Gorgeous fiddlehead ferns graced the plate. For dessert we had bananas foster, unbelievably decadent. And chocolate-decadence cake. A total diet buster. You could definitely just go to Tupelo's for desserts. In the bar, the first room you enter, patrons can sit and eat in a beautiful dark-wooded masterpiece, a great place to hang out on a summer evening.



Tupelo's signature creation Bayou Voodoo Shrimp

The Creole dishes clearly are where Matt Carroll's passion lies, an urban cooking style that marries French and Spanish classical cooking, then gets infused with rural Cajun aplomb. He knows this cooking style well from apprenticing with the infamous Steve Domminick of the now mysteriously defunct New Orleans Cookery that so many of us still remember (in that Proustian way) as one of the best eateries in Chapel Hill. Steve disappeared into the night, years ago, just left town, a great cooking talent just vanished. Well, there's much more to it and the stories of his financial and personal difficulties grow bigger like the huge fish that got away. But the one part of the story Matt proves to be true daily is that Domminick taught protégés to cook. I will let that be Domminick's legacy here whether dead or alive now. Whether thief or victim back then.

Carroll once cooked everything himself but recently hired Derrick Smith, a cook from Syracuse who prepares the evening meals. Smith comes up with the weekend specials, the entrées and an appetizer. He personally favors seafood



Watermelon hungry?

Wend your way to South Carolina's Low Country, June 19-27, specifically to Hampton to attend the longest-running festival in the South: the 62nd Annual Hampton County Watermelon

y rieu benton

Festival. Lots of arts and crafts, family fun—and, of course, watermelon, including a watermelon eating contest.

### Sandwich & soup? Mais oui!

In the past we have taken many of our culinary cues from France. Well, now the tables are turned—and those tables no longer sport lush, starched white napery. Parisians have adopted a passion for the "quickie" soup and sandwich lunch, perhaps spurred on by France's new 35-hour work week: They are forced to be more productive in a shorter amount of time so hence munching on a sandwich at their respective desks or wolfing down while literally standing at lunch counters is the new trend. Even haute chefs are getting into the sandwich act putting less emphasis on the elegant three-course lunch ritual, which can easily encompass several blissful hours. In Paris hearty sandwiches and robust soups are the quiche and bouillon of the new millennium.

### Dining on herring at the Cypress Grill

In the April 7, 2004, edition of *The New York Times*, under the column head, "At The Nation's Table," writer Dana Bowen begins: "JAMESVILLE, NC: There are only a handful of places on the planet where herring and hush puppies share space on the plate. Cypress Grill, a weather-beaten wood box here on the south bank of the Roanoke River, is one of them." Bowen writes of the herring tradition of this community as local herring make their way up the Roanoke River to spawn and how Cypress Grill, opened in 1936, has fed legions of herring lovers for decades. Unfortunately, you've missed out on the 2004 season of this landmark establishment. Cypress Grill, in tune to marine fisheries regulations regarding herring fishing on the Roanoke, opens for business the second week in January and closes the end of April. But at least, if you've a yen for herring, stash this information for later use: Dining adventures are always worthwhile. And there's something to be said for anticipation.

### The Times picks new critics

More news from the *Times*: Finally an appointment has been made: *The New York Times* just named a restaurant critic to replace William Grimes: Frank Bruni, its former Rome Bureau Chief. And Eric Asimov, who also does restaurant reviews for restaurants with meals costing \$25 or less, was promoted to chief wine critic. Asimov will continue doing the \$25-and-under restaurant reviews.

### Suit & countersuit

Rocco DiSpirito, the celebrity chef of the reality TV show *The Restaurant*, filed a civil lawsuit against his partners, China Grill Management, who are suing him. Rocco's countersuit alleges he is being unlawfully squeezed out of his 50 percent interest in Rocco's (his restaurant) and that his partners were abusing his name while benefiting from his notoriety. His partners, however, are wondering why Rocco's, the restaurant, isn't turning a profit and cite such factors as a monthly \$4000 bill for flowers!

### Iron Chef's Morimoto to visit A Southern Season

Chef Masaharu Morimoto, star of FoodTV's *Iron Chef*, will appear at A Southern Season in Chapel Hill on Sunday and Monday, June 20 and 21, 2004. To kick off the two-day event, Chef Morimoto will lead two cooking classes on Sunday at 12:30 and 4 p.m. Tickets are \$125 per person. Reservations are available in advance by calling 919-929-7133. Seating is limited. Then on Monday, Chef Morimoto will be in the store from 10 a.m. to 1 p.m. & 2 p.m. to 6 p.m. for a sampling and signing of his new line of sauces, condiments and beer.



www.metronc.com

but broadens the menus for patrons to include the needed extra, like a 14-ounce porterhouse pork chop. The lunch cook is Paul Coleman. So now Carroll has his own apprentices.

Carroll grew up in Vermont and first cooked on Martha's Vineyard and then at Hemingway's in Woodstock, Vermont. In college he studied criminal justice and sociology.

"I still use the sociology in the business, " he said.

We hope you don't have to use the criminal justice," we quipped.

We then asked Carroll about the name of the restaurant. Moreton is from Mississippi and fantasized it had to do with Tupelo the town. But it's a reference to the Van Morrison song and to Tupelo Honey itself. Carroll imports this special very sweet honey from Florida where the trees grow only in certain swampy areas. Tupelo Honey doesn't crystallize at the top of a jar like most honeys because of the high sugar content. I know as I have some given to me by a writing student who's a Tupelo Honey maker and beekeeper. His bees have to be moved to these trees to produce the honey. Tupelo Honey is used in many of Tupelo's dishes to make good on their promise to bring diners an experience at their tables that is "as sweet as Tupelo honey."

Of the future? Carroll has a vision indeed, of a second restaurant in a 19th-century mansion set on three acres with valet parking. It's called 999, which is Carroll's number on his soccer team, but already I got the reference to the patrons and the waits- all dressed to the nines. This future place has a tuxedogarbed greeter and a courtyard in back with bamboo huts and lighted torches. We said we're ready to make reservations. I can hear the cicadas humming outside as we walk up to the door. I can't wait to see the menu. I didn't have a chance to ask Carroll what his co-owner and wife Tracy has to say about all this, but I expect she, like us, will need to go on a major shopping spree before opening night.

### TUPELO'S

Address: 101 N. Churton St. Hillsborough, NC Hours: Lunch-Mon.-Sat. 11:30 a.m.-3 p.m. Dinner-Mon.-Thurs. 5-9 p.m., Fri. & Sat. 5-10 p.m. Telephone: 919-643-7722 No smoking All ABC permits

# Lork Keport by Barbara Ensrud



### Your summer cellar:

## STOCKING UP FOR HOT WEATHER

y wine tastes change when hot weather hits. I'm looking for lighter, more refreshing wines to go with the lighter foods. I'm eating lots more fish, meat and fish salads, cold smoked meats, seafood pastas, clams on the half shell, steamed mussels and sauces like aioli, the garlic mayonnaise so popular in Provence and other parts of the Mediterranean.

Life is more casual in summer, and so is entertaining-often spur of the moment when friends drop by, or an impromptu gathering that expands when other friends call to say, "What's happening?"

Running short of wine is a nuisance, so be prepared. Lay in a couple of cases you can draw on when things crop up on short notice—and to make it easy on yourself after a hard day's work, when a glass of wine



on the deck or patio

helps you gear down.

Stocking up can be economical, too. Buying by the case usually comes with a discount. And when you find a wine you really like at a good price, it's wise to snap it up. Great values don't linger for long these days. There are some terrific ones around, so let's take a look.

Based on recent tastings, I've grouped the whites by style and type, and include some dry rosés-which are among my favorite summer quaffs-either as aperitifs or to go with some of my favorite summer foods.

LIGHT AND DRY. Among the most refreshing white wines are light, dry white wines such as these, which go with mild fish, white meat chicken, steamed mussels and the like:

Lugana, a soft dry white wine from northern Italy, hasa little less zing than pinot grigio;

Muscadet, a crisp and snappy white from the western Loire Valley in France-is excellent with shellfish, tangy enough for fresh clams;

Gruner Veltliner, a bright and zesty white from Austria, is captivating wine drinkers

hereabouts, especially with Asian fusion dishes, such as those served up at The Lantern in Chapel Hill and Fins in Raleigh.

Pinot Grigio, from northern Italy, the widely known crisp

white, is versatile with

many summer foods.

Look for 2002s and,

by late summer, 2003s

may be appearing. Particularly good ones:

Ecco Domani, Lis

Neris, Santi Sortesella

and from California,

M. Cosentino, La

Chablis



Famiglia di Robert Mondavi, Long Vyds, Seghesio.

MEDIUM-BODIED AND DRY. More pizzaz

in flavor among these wines, with more body, which means a bit higher alcohol content and intensity. Great for



shellfish and seafood pastas, goat cheese, crudités with aioli, and meatier fish such as grouper:

French Chablis. Crisp, minerally chardonnay from Francelightly oaked, or unoaked-is excellent with shellfish and other seafood, '02s superb. J-P Droin, Gilbert Picq.

Gavi, a tangy, mineral-laced brisk white from the Piedmont region of Italy, great with seafood.

Macon-Villages, among the lightest (driest) of Chardonnays, from southern Burgundy, is a great choice with shellfish, goat cheese and seafood pastas.

Macon, center of the Maconnais region, is the key word-what follows may be Blanc (French for "white") or a place name such as Lugny, Igé, Clessé, Davayé; 2002s are excellent, prices range \$11-15

Pinot Blanc, from Alsace or Oregonthese dry whites are very versatile with food and not too austere to enjoy on their own; essentially simple, fresh and clean so don't overpay, \$10-\$14

Pinot Gris, a fuller version of the grape pinot grigio; most that we see in the Triangle comes from Oregon, Alsace, occasionally California. Great with poached salmon, hot or cold (also smoked salmon): Adelsheim, Elk Cove, Firesteed, Hugel, Mittnacht-Klack, Trimbach, \$12-16

SAUVIGNON BLANC (AND FUMÉ BLANC). This group is so large it constitutes a category all its own. I probably drink more Sauvignons as a group than any other white wine, and am constantly looking for good ones. Among the dozens I've tasted recently, I especially recommend these, all 2002s

unless otherwise noted, \$9 to \$15:

USA: Chateau Ste. Michelle Horse Heaven Vyd, \$13-14, Dry Creek Fumé



Blanc '02, \$12, Geyser Peak, \$8.50-\$10, Honig, \$13, Kendall-Jackson, \$9, Murphy-Goode Fumé Blanc, \$13, Robert Mondavi Fumé

Blanc, \$15

France: Sancerre: the quintessential Blanc Fumé from the Loire Valley in France, the ultimate choice for goat cheese with its mineral and citrus accents, Alphonse Mellot,

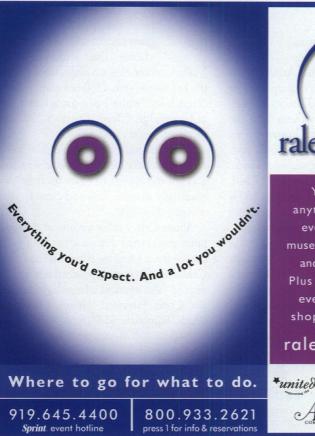


Domaines Daulny, Pascal Jolivet, Henry Pellé, \$15-22. Bordeaux blanc: Château Ducasse 2003, Château Graville-LaCoste 2003, \$ 12-14.

New Zealand: the newest rage in Sauvignon Blanc comes from New Zealand. These sharp, tangy wines have vivid flavors that have quite bowled over American wine drinkers. If they seem a little too bold at first sip, try a second sip—you might get hooked. Look for these '02/'03s: Brancott, Cloudy Bay (pricey at 25 bucks, but a benchmark), Glazebrook, Huia, Matairiki, Nobilo and Nobilo Icon, Allan Scott, \$11-14.

**RICH, FULL-BODIED, OAK-AGED.** For richer dishes, crab or lobster, for instance, or dishes with butter or cream sauces, bigger wines are appropriate and here are some to consider.

Chardonnay '02: Bonterra (organic), Burgess, Chateau St. Jean Sonoma, Chateau Souverain, Crystal Cellars, Edna Valley Vyds, Leflaive Bourgogne Blanc 'Les Sétilles,' Logan, Joseph Phelps Carneros, Robert Mondavi Napa Valley, Rully Blanc, Sanford. \$15-30



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Viognier '02: floral accents and citrussy flavors can be beguiling in

Viogniers, as long as they aren't too sweet. Prices all over the place, from \$8 a bottle to \$30, but these charmers I've recently tasted are highly rec-



ommended: Freemark Abbey, \$20; Montpellier, \$8; Santa Julia, \$10; Trefethen, \$30.

DRY ROSÉS. Key word is dry we're not talking the sweet white Zinfandel or other typical *rosés*. These wines are fruity, yes, but finish dry,

which makes them a great match with a variety of summer foods, or just by them-

selves. Most local wine shops have realized these are increasingly popular wines, so

MERIDIAN



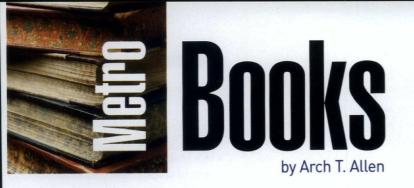
there are quite a number available. Look for 2002/2003. Here are a few I've liked: Château Routas, Coto de Hayas, Iron Horse Rosado di Sangiovese, Leverano, Tavel, \$7-14.

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## The Cold War by other means THE LOST CAUSE OF COMMUNISM FINDS A NEW HOME

ost causes often find homes in academia, and Communism, the gravest lost cause of modern times, has found a new home on campus where revisionist historians are rewriting events in an effort to rehabilitate its failure. In the process they are producing "bad history in service of bad politics."

This news comes from traditionalist historians John Earl Haynes and Harvey Klehr. Haynes, of the Library of Congress, and Klehr, of Emory University, are the leading American scholars of Communist infiltration and espionage in the United States before the Cold War. A series on American Communism published by Yale University Press featuress Haynes and Klehr's *The Secret World of American Communism* (1995), *The Soviet World of American Communism* (1998), and *Venona: Decoding Soviet Espionage in America* (1999). Based on recently available Soviet archives and de-coded cables, their scholarship has refuted earlier

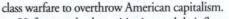
assertions and apologies about American Communism. According to Haynes and Klehr, the Communist Party-USA was not an open and independent organization of idealistic American radicals as it pretended—and its apologists parroted—but was actually a secret organization controlled and supported by the Soviet Union. And Haynes and Klehr, with other traditionalist historians, have established that the CPUSA helped the Soviets spy on the United States before and during he World War II alliance that preceded their Cold War confrontation. (See MetroBooks, April 2000, March 2003, and October 2003.)

In their latest offering, *In Denial: Historians, Communism & Espionage*, Haynes and Klehr expose the revisionists' "lies about spies." These revisionists are among the New Left radicals who now control much of academia, and they include some grown children of Old Left Communists and at least one prominent New Left Communist. Whether or not they are Communists themselves, the revisionists argue that the Old Left American Communists heroically opposed capitalism and advocated "social justice." The revisionists, Haynes

and Klehr explain, "openly applaud and apologize for one of the bloodiest ideologies of human history. ..." Communism.

But "instead of being treated as pariahs," Haynes and Klehr add, revisionists "hold distinguished positions in American higher education. ..." One holds a professorship named in honor of Alger Hiss, now confirmed as a Communist spy high in the American government preceding and during World War II. Other revisionists are tenured at elite private universities such as Duke, Columbia, and Brown, and prominent public schools including UNC at Chapel Hill.

Today, an academic cold war rages between the revisionists and traditionalists. But more than academic arguments are at stake, however, as this academic cold war will determine our understanding of a critical period of history and its lessons for the present and future. If the revisionists prevail, Haynes and Klehr warn that their "alienated and politicized academic culture" will continue trying to prepare "a new crop of radicals for the task of overthrowing American capitalism and its democratic constitutional order in the name of social justice and peace." The revisionists wage this cold war over history to reverse the Cold War victory over Communism "and to convince the next generation that the wrong side won. …" The revisionists seek "to prepare the way for a new struggle," and Haynes and Klehr expose their "dirty little secret": They sympathize with Communism and some of them even call for civil war and

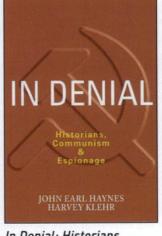


Unfortunately, the revisionists unduly influence our understanding of Communism and the Cold War through control of journals and entries in encyclopedias. Their influence was evident at a recent academic conference where the revisionists conducted the equivalent of a show trial of the traditionalists for "Cold War triumphalism." The traditionalists were not allowed to defend themselves at the conference.

In Denial now mounts the defense, and it launches a major counterattack against the revisionists. Predicted to "send shock waves through the American historical profession" by historian Ronald Radosh, an expert on American Communism, In Denial has been met instead largely by silence. The major historical journals, The New York Times, and other liberal and leftist publications have ignored it. The silence has surprised Haynes and Klehr, as they explained in an interview with historian Jamie Glazov, a Cold War expert. The silence so surprised commentator Jacob Gershman of the New York Sun that he interviewed some of the revisionists criticized by Haynes and Klehr. Many, including

Eric Foner, the Marxist son of American Communists, said that they had not read the book. Revisionist Ellen Schrecker expressed amazement that Haynes and Klehr had devoted attention to her work, and despite her continuing career of shrill "anti-anticommunism" she said that the history of American Communism was no longer a "live issue."

While it may take time for Foner, Schrecker and other revisionists to hear the "wake-up call," as Radosh calls *In Denial*, others are hearing it and sounding the alarm. It has been reviewed favorably in some conserva-



In Denial: Historians, Communism & Espionage by John Earl Haynes and Harvey Klehr Encounter Books, 2003

#### BRIEFLY NOTED by Arch T. Allen

### Media bias and Politics

n his bestseller *Bias: A CBS Insider Exposes How the Media Distort the News* (2001), Bernard Goldberg, a liberal newsman, exposed the elite media as so left-liberal and out-of-touch with mainstream America that they think *The New York Times* is middle-of-the-road. Now, in *Arrogance: Rescuing America from the Media Elite* (2003), Goldberg expands his exposé of bias and explains its causes, ranging from the left-liberal influence of the leading journalism school at Columbia University to a herd-like following of *The New York Times*. We now know that the boast of "all the news that's fit to print" by the *Times* really means "all the news that fits" its left-liberal bias. Halting the herd-like following of the *Times* is one of 12 steps Goldberg proposes in *Arrogance* for the media to end its left-liberal bias. The first step is admitting that the bias exists. Such an admission is unlikely from the left-liberal media, which asks with author Eric Alterman, *What Liberal Bias? The Truth About Bias and the News* (2003), and answers none.

Additional criticism of left-liberal media bias comes in *Give Me a Break: How I Exposed Hucksters*, *Cheats, and Scam Artists and Became the Scourge of the Liberal Media* (2004) by John Stossel of ABC's 20/20. When Stossel was exposing wrongdoing in the business world, he was a hero to the left-liberal media, but when he began to expose wrongdoing in government, he became their scourge. The reason: The elite media hate the private business world that houses capitalism, and they hallow the halls of government bureaucracy that hint of socialism. Stossel, a libertarian, advocates limited government providing rules for our activities in free markets, and he opposes big government controlling markets and bureaucrats running our lives.

Joining Goldberg and Stossel as an apostate of the elite media is Myrna Blyth, author of *Spin Sisters: How the Women of the Media Sell Unhappiness and Liberalism to the Women of America* (2004). The former editor-in-chief of the *Ladies' Home Journal*, Blyth gives an insider's account of how a sorority of media "spin sisters," including Katie Couric, Diane Sawyer and Barbara Walters, indoctrinate women that they are victims needing the protection of liberalism and big government. Joining with the media "spin sisters" are some prominent women politicians, including Hillary Clinton. They have forgotten her husband's pronouncement that "the era of big government is over."



Politics, of course, underlies the left-liberal media bias. Brent Bozell of the Media Research Center has made a career of exposing the left-liberal bias of the elite media. His And That's the Way It Isn't: A Reference Guide to Media Bias (1990) is a primer on the subject. His forthcoming Weapons of Mass Distortion: The Coming Meltdown of the Liberal Media (2004) should expand upon his recent comment that "The national media monolith manufactures the 'news' any way it desires, a crude daily sculpting of political Silly Putty." In this presidential election year, Bozell notes that for "our partisan press" every week "is a Bush-bashing week."

For relief from Bush-bashing, turn to John Podhoretz's **Bush Country: How Dubya Became a Great President While Driving Liberals Insane** (2004). It is an anecdote to books like Bushwhacked: Life in George W. Bush's America (2003) and Shrub: The Short But Happy Political Life of George W. Bush (2000) by liberal columnist Molly Ivins. Not explicitly about media bias, Bush Country nevertheless exposes it emphatically. One of the few conservatives in the media, Podhoretz, now a columnist for the New York Post, was a speechwriter for President Reagan. Between those positions, he wrote a highly critical book about the first Bush presidency. Now he praises the second one in Bush Country, and in doing so, as the subtitle suggests, pokes fun at its left-liberal critics. He does so through combining his own analyses of President Bush with commentary on corresponding "crazy liberal ideas" about him. For example, after examining Bush's leadership qualities, Podhoretz addresses "Crazy Liberal Idea #1: Bush Is a Moron." Some of the fun comes at the expense of a liberal media critic of Bush who was dismayed to learn that Bush's SAT scores equal hers. Podhoretz proceeds through other "crazy liberal ideas" and in the process exposes media elites like *The New York Times*' Paul Krugman and Maureen Dowd for the deep bias that underlies their exalted wisdom.

It is the *Times*-led "world of elite opinion" that threatens continuation of Republican control of the national government, Podhoretz explains, adding that Republicans face not only Democratic candidates but "the culturally dominant Democratic liberal Left that control[s] television news, the op-ed pages of the major newspapers, and Hollywood." tive publications. One Cold War scholar, Arnold Beichman of the Hoover Institution, expressed "growing shock" as he read *In Denial*, which he described as an "explosive expose" of "a scandal of epic proportions in the American university." The scandal, as summarized by Radosh, is that the revisionists "have denied the truth, apologized for treason and distorted the meaning of archival evidence that shows the influence Communists achieved in American life." In Haynes and Klehr's words, the scandal arises from academic "moral squalor."

The rest of us must wake up to the scandal and the squalor. Although about academics and history, *In Denial* is easy to read and should be popular with general readers. It explains concisely the espionage by Communist agents Julius Rosenberg and Theodore Hall that gave the Soviets our atomic bomb secrets during World War II, as well as spying by Soviet agents Alger Hiss, Lauchlin Currie, and Harry Dexter White, all three high officials in the American government then.

The significance of *In Denial*, however, is its exposure of the efforts of the revisionists to rehabilitate American Communism "through shoddy, error-filled and intellectually compromised scholarship." Thanks to stalwart scholars like Haynes and Klehr, we can hope that the revisionists will fail in their goals of indoctrinating a new generation of students and inciting a new radical movement. As Haynes explained in their interview with Glazov: "The Cold War on the ground has been won. Only the Cold War in history remains."

On the latter cold war, historian Steven Marks in his review of In Denial praises it for "convincingly demonstrat[ing] that the revisionist historians are for the most part not historians but propagandists who ignore basic truths." But Marks complains that it exaggerates the influence of the revisionists. Although he agrees with Haynes and Klehr that some American academics have "soft spots in their hearts for" Communism, Marks adds that the vast majority does not. Author David Garrow says that Haynes and Klehr have had more success than they suspect. Indeed, Garrow calls for a declaration "of victory in behalf of those whose pursuit of historical truth has been conclusively vindicated."

But declaration of victory is premature. As Haynes and Klehr noted in a reply to Mark's review, the revisionists may be a minority of his torians but "their views dominate the leading American history journals." Perhaps victory car be declared when one of those journals pub lishes an essay criticizing American Communism or defending American anti-Communism. Or perhaps the erroneous encyclopedia entries about American Communism, written by revisionists and relied on by American students, will be corrected.

The need for victory in this cold war over understanding the past threat of Communism implicates our understanding of the present and future threat of terrorism. Just as they do for Communism, some of the revisionists have soft spots in their hearts for terrorism. Some revisionists have denounced the post-September 11 War on Terrorism as a new form of "American imperialism." Not to be outdone rhetorically, UNC-Chapel Hill professor Gerald Horne, described by Haynes and Klehr as an "extreme" revisionist, blamed the United States for the September 11 terrorist attacks and proclaimed that "the bill has come due, the times of easy credit are drying up, it is time to pay."

We shall know that victory approaches when some of Horne's UNC-Chapel Hill faculty colleagues challenge his expressed views on the history of American Communism, which, according to Haynes and Klehr, are parallel the views of the Communist Party USA. And victory will have arrived when UNC-Chapel Hill, committed to controversy in its summer reading for new students, selects *In Denial*.

Additions to the reading list about American Communism include three new releases, briefly noted as follows.

*Clever Girl: Elizabeth Bentley's Life In and Out of Espionage* (2003) by Lauren Kessler vindicates Bentley, long ridiculed by the revisionists as unreliable, as a truthful informant on her and others' Communist spying. The first scholarly biography of Bentley was Kathryn Olmsted's *Red Spy Queen: A Biography of Elizabeth Bentley* (2002), published by UNC Press. (See MetroBooks, March 2003.)

Alger Hiss's Looking-Glass Wars: The Covert Life of a Soviet Spy (2004) by G. Edward White explains how another American became a Communist spy and, rather than informing like Bentley did, committed perjury in denying his activities. It joins Allen Weinstein's Perjury: The Hiss-Chambers Case (1978, revised edition 1997) and Sam Tanenhaus' Whittaker Chambers: A Biography (1997) as authoritative accounts of Hiss's espionage, and it further vindicates Chambers' testimony against Hiss.

Red Star over Hollywood: The Film Colony's Long Romance with Red Left (2004) by Ronald Radosh and Allis Radosh should cause some fireworks. Ronald Radosh, a former Communist turned moderate conservative, authored Commies: A Journey through the Old Left, the New Left, and the Leftover Left (2001) (see MetroBooks, July/August 2001), and he co-authored The Amerasia Spy Case: Prelude to McCarthyism (1996), published by UNC Press, and The Rosenberg File: A Search for the Truth (1983), the definitive book on Julius Rosenberg's spying.

## NEW AND NOTEWORTHY by Art Taylor

### No slow season: Authors Visit the Region

The beginning of summer sometimes marks a lull in book tours, but this June offers a surprising number of major authors coming through the area to promote new releases.

First on the month's schedule is Alice Randall, author of the controversial "parody" *The Wind Done Gone*, who visits a pair of Triangle bookstores in support of her sophomore effort *Pushkin and the Queen of Spades*. She charts the relationships between an African American professor of Russian literature, her son the pro football player and his fiancée a Russian lap dancer. The novel's scenes range from Motown to Harvard to Russia itself. Randall reads from the new book at Raleigh's Quail Ridge Books on Monday, June 7, and again at Durham's Regulator Bookshop on Tuesday, June 8.

Native son and national best-seller David Sedaris follows up 2000's *Me Talk Pretty One Day* with a new collection of autobiographical essays, *Dress Your Family in Corduroy and Denim.* Fans will want to line up early for his sole Triangle appearance at Quail Ridge Books on Saturday afternoon, June 12.

Richard Price, the hardboiled author of novels including *Clockers* and *Freedomland*, returns to familiar territory with *Samaritan*, a rense, New Jersey-set crime drama released this month in paperback. Price will be reading at the Regulator on Tuesday evening, June 22.

And another best-selling thriller writer also visits the Triangle this month—though in this case, taking a break from his standard fare. James Patterson, author most recently of the suspense novel *Big Bad Wolf*, turns his hand freelance columnist Bill Morris, a regular contributor to area wildlife and outdoors magazines as well as the *News and Observer*. Morris will read from the book at Quail Ridge Books in Raleigh on Thursday evening, June 3.

That same evening, Greensboro-based author Michael Parker visits Durham's Regulator



once more to love stories with *Sam's Letters to Jennifer*. He'll be reading from the new novel—and likely signing any of his books—at the Cary Barnes and Noble on Wednesday, June 30.

#### LOCAL CONNECTIONS

In addition to Sedaris, several local and regional writers have recently published new titles of note.

In June, Coastal Carolina Press in Wilmington publishes Salt Water Cowboys by Durham's Regulator Bookshop with his new novel, Virginia Lovers, about the murder of a gay teen and the subsequent investigation by a newspaper editor. Parker is also the author of Hello

Down There and Towns Without Rivers.

On Thursday, June 10, Branch's Chapel Hill Bookshop hosts a special event: the live taping of a reading by author Michael Morris, author of *A Place Called Wiregrass* and *Slow Way Home*, the latter about a young boy caught between well-meaning grandparents and a drug-addicted mother. Spoken Word Radio is taping the event for broadcast on National Public Radio.

Virginia-based circuit court judge Martin Clark, who achieved success with his debut novel *The Many Aspects of Mobile Home Living*, brings his unique sense of humor to a second book, *Plain Heathen Mischief*, about an ex-con/ex-Baptist preacher trying to bring the disarray of his life into some accord. Clark is sweeping through Triangle bookstores in mid-June, visiting Quail Ridge Books on Wednesday evening, June 16; Durham's Regulator Bookshop on Thursday, June 17; and McIntyre's Books in Fearrington Village on Saturday morning, June 19.

Mark Cox, creative writing professor at UNC-Wilmington, presents his fourth collection of poetry with *Natural Causes*, published in the Pitt Poetry Series from the University of Pittsburgh Press. Cox's other collections include *Barbells of the Gods, Smoulder* and *Thirty-seven Years from the Stone*.

Also worth mentioning, musician-turnednovelist Sheila Kay Adams continues her Eastern North Carolina book tour with stops at The Country Bookshop in Southern Pines on Tuesday evening, June 15, and at Bristol Books in Wilmington on Wednesday evening, June 16.

#### LOCAL ANTHOLOGIES

Contributors to a pair of local anthologies

are reading in area bookstores this month. On Wednesday, June 2, at the Regulator Bookshop, participants in Duke's Short Course Program read from works published in the literary magazine *The Bishop's House Review*; this edition celebrates the 25th anniversary of the Duke Writers' Workshop.

The Writers' Group of the Triad also has a new publication: *Wordworks*, gathering nonfiction, fiction and poetry by 37 members. Contributors will read selections on Sunday afternoon, June 13, at McIntyre's Books in Fearrington Village.

#### **A SENSE OF PLACE**

And here is a group of books that visit various areas of North Carolina's geography and history:

Jay Barnes, author of *North Carolina's Hurricane History*, who collaborated with North Carolina State Treasurer Richard Moore on *Faces from the Flood: Hurricane Floyd Remembered*, published earlier this year by UNC Press. Both will visit Quail Ridge Books on Tuesday evening, June 1, for a discussion of the book.

Duke professor emeritus of geology Orrin H. Pilkey offers a unique perspective on the state's coasts with How to Read a North Carolina Beach: Bubble Holes, Barking Sands and Rippled Runnels, focusing on wind, waves,

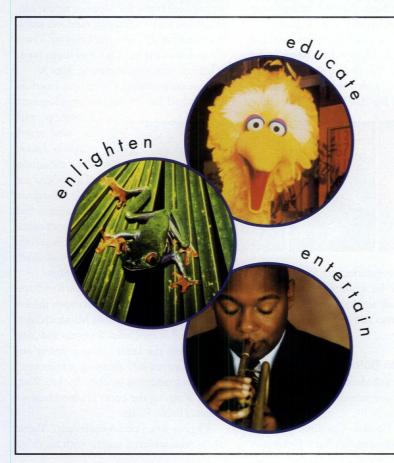
sand and other factors. He'll discuss the book at the Cary Barnes and Noble on Tuesday evening, June 15, and at the Greenville Barnes and Noble on Wednesday, June 16.

One of the most puzzling chapters in NC history

gets a new treatment in *Ghost Ship: The Mysterious True Story of the Mary Celeste and Her Missing Crew* by Brian Hicks, co-author of *Raising the Hunley*. Hicks appears at Bristol Books in Wilmington on Saturday afternoon, June 12.

Lynn Salsi and Frances Eubanks also turn their eyes toward the coast with *Portsmouth Island: Outer Banks Treasure*; they will read from the book at Dee Gee's Gifts and Books in Morehead City on Saturday evening, June 19.

And writer Robert Hartman looks to the links with *Tales from Pinehurst*, an inside look at the "Mecca of American golf." He discusses the book Tuesday evening, June 22, at the Country Bookshop in Southern Pines.



### **MEMBERS MAKE IT POSSIBLE**

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by Philip van Vleck





## Former Outlaw remembers... LIFE IN ROCK FAST LANE

hen it comes to rock 'n' roll, Harvey Dalton Arnold has been there, done that, and lived to tell. A North Carolina native, Harvey took up the bass guitar as a teenager. He had no particular plan in mind; playing in a rock band was its own reward. What fate had in store for this tall, soft-spoken man with a great singing voice was a shot at the big time with The Outlaws, one of the best rock acts to emerge during the 1970s.

During a conversation on the patio at Playmakers Sports Bar in Raleigh, Harvey took a speed-walk down memory lane, gathering recollections that were as wistful as they were humorous.

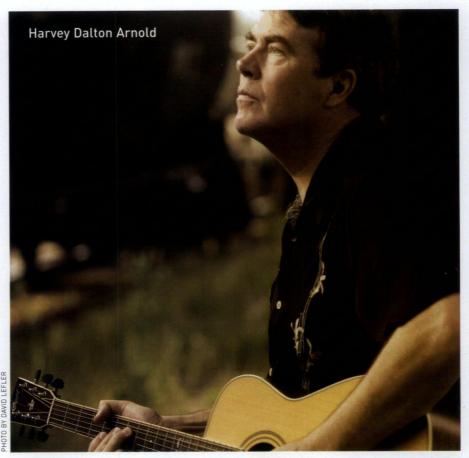
"I grew up in Rose Hill in Duplin County," Harvey said. "My father had a tractor dealership, and my mother was a housewife. I went to Wallace-Rose Hill High School.

"Probably like everyone in my age group, seeing The Beatles on Ed Sullivan got me really interested in playing music," he continued. "I started taking piano lessons when I was 9 years old."

Harvey moved from keyboard to drums and back to keyboard.

"I sold the keyboard and then borrowed it back to play in a band, but pretty soon the guy I borrowed it from wanted it back," Harvey said. "One of the guys in the band pulled out a bass guitar and strung it up. He showed me a song on the bass—it was "Down by the River" by Neil Young showed me where to put my fingers, and hat's when I started playing bass."

Despite being elected president of his sophomore class in high school, Harvey lidn't complete his secondary education in he traditional manner. By his own admision, he became a little too preoccupied



with other pursuits during his junior year.

"I quit school when I was a junior, with the agreement that I'd get my GED, which I did," he explained. "I would've been in the class of '72. I was playing music, and for a short while my sister and I were living alone, because my parents had taken this short job in South Carolina. During this time when we were on our own, my band played this battle of the bands in Jacksonville, and I met this girl name Bebe Buell and she moved in with me. She is probably best known today as the mother of actress Liv Tyler. The truth is that I couldn't get out of bed with her long enough to go to high school."

Bebe's idyllic stay in North Carolina was interrupted by her mother, who hauled her off to pursue higher goals, including a memorable appearance in *Playboy* magazine as the "Playmate of the Month" (November 1972). Harvey was left behind in Rose Hill with his bass guitar and enough material for, one would think, one helluva blues song.

Harvey continued to play with guitarist Richard Bell and their band, Heather, until 1975. When Heather broke-up, Harvey joined a band from Florida called Fresh Squeezed, which lasted a year before folding.

As Fresh Squeezed was coming to an end, the rock band The Outlaws, based in Tampa, Florida, was firing their bass player. They made a call to a bass player named Wally Dentz, hoping to recruit him, but Dentz thought he had a good thing going with his current band and declined the offer. He did, however, recommend that The Outlaws get in touch with Harvey.

"We happened to be playing a gig in Tampa when Wally called me and told me he'd recommended me to The Outlaws," Harvey recalled. "I didn't know who they were; I'd never heard them, which is probably just as well. Wally invited me to his house, pulled out the two Outlaws albums that had been released, and marked the songs they did in their live show.

"The Outlaws came to hear me at this club gig in Tampa on a Friday night," he continued. "They invited me to an audition the next day. I spent the rest of the night woodshedding the songs from their albums. I think I learned four or five of them. I went in to their audition on Saturday and nailed it. They hired me Sunday, we started rehearsals on Monday,

# **Videocentric**

Hunt for the Supertwister WGBH Boston Video. 60 mins.

As someone who grew up



in Tornado Alley, I've always had a keen interest in them and the monster thunderstorms that make them happen. Anyone who's fascinated by this amazing, yet very scary, weather phenomenon will enjoy this Nova program, which hits the road with tornado-chasing pros from the University of Oklahoma's department of meteorology. The video offers insights into how these storms form and provides upclose footage of some very bad twisters in action. For Tar Heels, it's a chance to see, at a safe distance, the sort of super-cell thunderstorms that Okies call "the hammer of the gods."

and Thursday we opened for Johnny Winter and Lynyrd Skynyrd in Birmingham, Alabama. It happened so fast that I didn't know what was going on. If I'd thought about it, I probably would've been scared out of my wits."

Harvey was with The Outlaws from June of '76 to May of '80—the band's best years. He spent a good deal of that time on the road.

"One year we hit 210 cities," he recalled. "Each album was quite different; each was done with a different producer. My favorite is the first one-Hurry Sundown. The producer was Bill Szymczyk, the guy who produced Hotel California with The Eagles and B.B. King's hit single 'The Thrill Is Gone' [from the Szymczyk-produced album Completely Well]. Szymczyk had just finished his state-of-the-art studio in Coconut Grove, Florida, so that's where we went. It was my first time in a major studio, and I was thinking, 'I want my mommy.' He played us something from his latest project; that something was the song 'Hotel California,' which completely blew us away.

"Szymczyk sat us down and said, 'Let me see your lyrics.' We all handed over our lyrics, and he got out this big, fat, Magic Marker and started marking through the words. Then he handed them back and said, 'You have till tomorrow to give me new drafts of these songs.' So, of course, everybody stayed up all night re-doing his lyrics. It was just a way to make us come up with new ideas.

"It was a great experience. *Hurry Sundown* was a helluva good album. I got two songs on it—'So Afraid' and 'Cold and Lonesome."

Commenting on his tenure with The Outlaws, Harvey noted, "I've been to practically every city in the continental United States and seen almost nothing. It was such a whirlwind thing. I saw the same ego problems and the same substance abuse problems that many bands see. In some ways it was really special, and in some ways it was like any other band."

In the years following his departure from The Outlaws, Harvey played in a couple of bands, though, as he came to learn, his time in the rock spotlight was gone. Marriage and children brought new demands, and Harvey got on with his life.

Harvey continues playing music today.

He often performs acoustic blues with guitarist Bill Lyerly, and occasionally plays with Lyerly's band. Harvey also does solo gigs and works with the Polar Bear Blues Band out of Wilmington. He has a day job in Raleigh.

As for his Outlaw past, Harvey allowed that it was a major thrill.

"It was an experience most musicians never have," he noted with a smile, "and I really enjoyed it. I'm also happy with my life now, so I've sort of been twice blessed."

# DISCOLOGY

Eric Clapton: *Me and Mr. Johnson* (Reprise)

Clapton's back again and pursuing one of his favorite topics: the songs of blues legend



Robert Johnson. All 14 tunes on Me and Mr. Johnson are Johnson originals. Blues fans will find many familiar songs here, including "Come On in My Kitchen," "Love in Vain," "Hell Hounds on My Trail," "Stop Breakin' Down Blues" and "Kind Hearted Woman Blues." Clapton has also added some more obscure Johnson numbers. "Little Queen of Spades," for instance, is a slow burner, highlighted by a fine organ solo from Billy Preston, while "They're Red Hot" is an uptempo treatment in the Piedmont blues style. Clapton assembled a veteran crew for this outing. In addition to Preston on keyboards, the CD features Andy Fairweather Low. Steve Gadd, Nathan East, Jim Keltner, Jerry Portnoy and Doyle Bramhall II. This is Clapton's best album since From the Cradle (1994). His material is classic and his performance is boundlessly energetic. He's developed a feel for the blues that's a good deal more mature than anything we heard from him during his earlier, guitar-God, years. Clapton's still got amazing chops, but here he plays like a guy who's got nothing to prove.



James K. Dorsett, III, a partner with Smith, Anderson, Blount, Dorsett, Mitchell & Jernigan, has been elected to serve on the American Bar Association (ABA) House of Delegates, the policy-making body of the ABA. He was elected by the North Carolina State Bar to serve a

two-year term, commencing in August 2004. Rankin, director of the Center for Documentary Studies at Duke University, has been named chair of the Board of Trustees of the American Folklife Center in Washington, DC. He will serve a two-year term as chair. Murray, Kenan professor of chemistry at UNC-Chapel Hill, will receive the 2004 Luigi Galvani Medal from the Italian Chemical Society's Electrochemistry Division for his contributions to the field. He will receive the award during the Italian Electrochemistry Days in Padova in September, when he also will present a lecture on his current research. Brown, an accomplished jazz and classical musician who has performed with such artists as Wynton and Ellis Marsalis, has been appointed director of the Duke University Jazz Program and assistant professor of the practice of music. Brown was visiting director of the Duke University Jazz Ensemble in 2003-04. Brandis professor of law at UNC-Chapel Hill, has received the 2004 Thomas Jefferson Award. In addition to his contribution as professor of law, Daye was lead author of

# **EINDEX**

ount increase in straw production over 18 months as North Carolina's pine straw farmers begin using chicken litter as fertilizer: **288 bales** 

Price for a bale of straw in North Carolina: \$1

Number of arts organizations that received an NC Arts Council grant last year: **448** 

Number of children in 86 counties reached by Arts Council-supported programs: **592,902** 

Increase in arrests in Wilmington as the coastal capital has become a "party town" in the last five years: **140 percent** 

How much tolerance Wilmington police officers now exhibit when confronted with late-night lawbreakers: "Zero"

Number of biotech firms in the state: 200

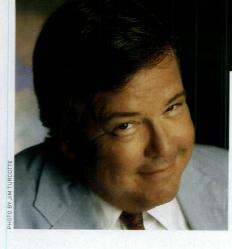
Number of biotech workers in North Carolina: 18,500

Total amount in biotech sales out of North Carolina annually: \$3 billion

How much the state is spending to bring more biotech jobs to the state, and for training workers: **\$60 million** 

mount considered a good yearly salary in the biotech business: \$60,000

Housing and Community Development, a text known as the field's national authority. **EXEM** Profits from the 2004 ticket sales for the Cape Fear Garden Club's 2004 Azalea Garden Tour will allow the club to distribute some \$50,000 for horticultural and beautification grants next fall. The remaining monies will be allocated to support scholarship funds at Cape Fear Community College and UNC-W. Oval Office President George W. Bush presented North Carolina Arts Council Executive Director Mary B. Regan and Folklife Director H. Wayne Martin with the first Preserve America Presidential Award for heritage tourism. The Arts Council award was for their work with the Blue Ridge Heritage Initiative. **I II** Also, the North Carolina Arts **Council** reports that nonprofit arts organizations in North Carolina generate an economic impact of \$723 million and nearly 7000 full-time jobs. The report calls NC's nonprofit arts industry "a viable vehicle for economic development for many North Carolina counties." Library has announced that David S. Ferriero, currently vice provost for library affairs at Duke University, will become its Andrew W. Mellon Director and chief executive of the research libraries on Sept. 1. **III Dr. Jesse L. White Jr.**, who has headed the Appalachian Regional Commission and the Southern Growth Policies Board, has been named director of UNC-Chapel Hill's new Office of Economic and Business Development. **MerleFest 2004**, the 17th annual festival in celebration of the music of the late Merle Watson and his father Doc Watson held at Wilkes Community College, April 29-May 2, drew 82,500 people, exceeding MerleFest's 2002 record 78,294 and surpassing last year's 77,359 with a 12 percent increase in paid attendance. Wilkes Community College will present MerleFest 2005 on April 28-May 1, 2005. For MerleFest Information: 800-343-7857 or www.merlefest.org. policy framework is now available on the Internet to help local, state and federal leaders develop and implement highquality pre-K programs. The Web site is www.fpg.unc .edu/~npc/. The framework was developed by staff at the National Prekindergarten Center at the FPG Child Development Institute at UNC-Chapel Hill. sculptor Greg Osbeck has created a 20-foot topiary puppy, Petunia, at Triangle Town Center in Raleigh. Petunia was covered in live flowers when she kicked off the Center's flower sale recently in Center Court. She is the centerpiece of the mall's annual fundraising event to benefit the SPCA of Wake County through the sale of potted flowering plants for \$1 per plant. **WILLIS Whichard** of Chapel Hill and Buies Creek was among the five recipients of the UNC General Alumni Association's 2004 Distinguished Service Medals. Now Dean of the Campbell University Law School in Buies Creek, Whichard was a member of the NC General Assembly from 1970 to 1980, a judge on the NC Court of Appeals for six years and an associate justice of the NC Supreme Court from 1986 to 1998. **I I I** Harris Teeter has created The Harris Teeter Study Abroad Scholarship Program, a \$1 million scholarship fund for study abroad by in-state students at UNC-Chapel Hill, marking one of the university's largest gifts to support international study.



# My Usual Charming Self

by Bernie Reeves

## CALL IT CRUSADE

suppose we should pull out of Iraq. The national press says we are losing because we are incompetent and the prisoner abuse episode proves we are an evil and corrupt nation imposing our imperial mandate on an unwilling people who were deprived of their great leader by force. Just because Saddam Hussein murdered one million of his subjects, tortured countless others, provided aid and comfort to terrorists and endangered his neighbors and world stability, what right did that give America to invade to create the environment for free elections and democracy?

These people don't understand democracy so why bother? Some groups just aren't ready to rule themselves, I hear from perfectly sane and educated friends. The war was wrong: We didn't have a clear plan. We weren't prepared for resistance and we don't have enough troops to clean up the mess we created. And for sure Secretary of Defense Donald Rumsfeld must resign over the prisoner abuse "scandal." Then presidential hopeful John Kerry can win in November and we will be rid of the Bush "neocons"—secretly controlled by the Mossad—and their plot for world domination.

Under Kerry, the US will be strong. The economy will strengthen, gas prices will fall and defense and intelligence spending can go to protect the environment. We can dump Tony Blair and make amends with the wise and peaceful European Union, withdraw from global responsibilities and commitments and live the good life of peace and love with a chicken in every pot and a smile on every face.

#### **RIGHT?**

I don't think so. The storm over the incidents of prisoner abuse is merely media abuse of George Bush and his team by a petulant and child-like press that declared itself against the Iraq war as soon as the invasion of Baghdad was achieved. Since then it's been a uniform drum roll of America-hating stale Vietnam-era rhetoric, kept under heat lamps and served hot when the aging hippies get hungry for a meal of America-bashing vitriol. Flogging the Bush team is one thing, but flogging the rest of us in the hope of forcing us to abandon our troops has gone far enough.

Happily, while the prisoner "scandal" is cutting two-inch media-byte whelps on the backs of Americans over and over, the punishment is not having the desired effect. This country basically backs its President, supports our men and women in arms and is not likely to take to the streets to demonstrate against the war. However, this relentless whipping is being filed away in our collective memory and creating a seething resentment against the national mass media for undermining our patriotic sensibilities and damaging the self-esteem of our armed services.

#### THE CRUSADE

After 9-11, rather than rally to the aid of their country, the Left mobilized to prevent "human rights abuses" against Muslims in this country. The next wave of rhetoric was pointed against the term "crusade," uttered briefly by President Bush before his handlers succumbed to the criticism by peace activists that he was organizing the Republican religious right to signal the apocalypse by declaring Holy War against the children of Allah. Now I wish he hadn't manicured his language. This is not exactly Holy War, but it is Holy Terror and it's time we rallied against the mullahs and their fanatic henchmen. Rather than nit-picking the conduct of the war, we should be galvanized as a nation to protect our civilization and our security.

The current oil price situation should remind us that economic sanctions are an effective weapon. The US should declare that any nation harboring Muslim extremists is now a rogue state and all aid is curtailed until further notice. All immigrants and visitors from these nations are now persona non grata in the US unless they are seeking political asylum. Muslims of any description are no longer protected by the privacy laws of the US. This means that airport and other security personnel are not restrained to search any Muslim individually or, as is forbidden today, in groups.

The US Congress must allocate whatever resources needed by the armed forces and intelligence groups to take the offensive worldwide, as George Bush has proposed. As John Lehman, former Secretary of the Navy put it, this is not a war against terrorism: It is a war against fanatical Muslims who have brainwashed an entire generation to kill for God. Inspired by Allah and financed by oil-rich sheiks and monomaniacal dictators, they are the enemy and they are to be stopped by whatever means it takes. Fight jihad with jihad.

#### **NOTES FROM LA-LA LAND**

Who should show up in the *New York Times* advocating that university professors leave their personal political views at home? None other than the man many believe to be the Great Leader of the multicultural, politically correct campus movement, Stanley Fish, who after being driven out of Duke after nearly ruining the Durham school's liberal arts reputation is ending his career at the University of Illinois-Chicago. This volte-face is significant even if it is a last-minute epiphany to save his reputation.

Go to www.wchl1360.com and punch up my radio show now airing weekly on the Chape Hill AM station. The most recent program i an interview with FCC attorney and guru Wade Hargrove and the timing is appropriate The broadcast media are on a technology tea but what you can say on the air is suddenly very limited.

Terrorism is the topic for the Second Raleig International Spy Conference set for Septembe 1-3 at the NC Museum of History. Through m contact with the undisputed high holy man o intelligence and security issues, Chris Andrev of Cambridge, we have landed security exper Bruce Hoffman as keynote speaker. Go t www.raleighspyconference.com and registe today to secure your spot.



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