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“THIS OLE HEART OF MINE”

Matters of the heart overtake the mind in February. Our quarterly medical special report is dedicated to the people and institutions in this region whose lives and facilities are devoted to treating the diseases that threaten the heart. Rick Smith interviews top cardiologists and heart surgeons and divulges the latest in procedures and preventative initiatives that signify why Triangle and Eastern North Carolina hospitals and doctors rank nationally at the very top in heart care.

To keep hearts beating in sync, Molly Fulghum-Heintz suggests a Valentine trifecta of lingerie, movies and chocolate and Maudy Benz previews the perfect dinner for lovers at Raleigh's Bloomsbury Bistro. Wine connoisseur Barbara Ensrud suggests Italian wines for a lusty palate and discovers Carolina Hurricanes' stickman Ron Francis concurs.

Diane Lea visits the ultimate food store for lovers, the new A Southern Season in Chapel Hill and shares the secrets of good design and effective retailing from founder Michael Barefoot.

Carroll Leggett remembers Strom Thurmond, one of the nation's most talked about lovers, and Louis St. Lewis falls in love with the Broadhurst Gallery in the Sandhills.

Rick Miller used to write for me and I was delighted that music critic Philip Van Vleck tracked the eclectic rocker down and verified that Southern Culture on the Skids is alive and well. Art Taylor's New & Noteworthy column proves the literary scene does not slow down in the cold months and Arch T. Allen brings us back to reality with a review of *The Mind and the Markets*, a book that puts in perspective the varying views of economic theory in the last century.

From the heart, to you from us.

—Bernie Reeves,
Editor & Publisher

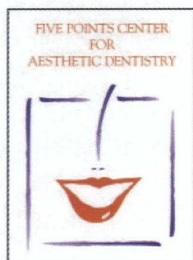
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Correspondence

KEEPING GENERATIONS STRAIGHT

Thank you, *Metro*, for the great article on Midway Plantation in the December 2003 issue. Diane Lea always does a good job. It is difficult, however, for everyone to keep generations straight, even if you are part of it all. Let me try—since I lived at wonderful Midway during all of my childhood.

Charles Silver, present owner, is my nephew. "Miss Mary" (Mary Hilliard Hinton) was my great aunt and Charles' great-great aunt. The David Hinton that the house was built for was Charles' great-great grandfather. And David's father (Charles' great-great-great grandfather) was Charles Lewis Hinton who was North Carolina State Treasurer, not once, but twice. He served on the Commission to build our present state capitol building and on the Commission for the sale of Indian land.

Then we could go back two more generations to Colonel John Hinton who moved here in the 1730s from Chowan County before Wake County was formed and who had two daughters that married Joel Lane. If Colonel John Hinton's land, rather than Joel Lane's land had been selected for our state's first permanent capital, we'd be on the Neuse River instead of farther west.

But most important of all is that Midway is cared for, lived in and loved by Charles and his wife Dena.

*Sis Cheshire
(Mrs. Godfrey Cheshire), Raleigh*

(PS: In the article the niece that Miss Mary took to England was her great niece. I was that great niece!)

DON'T FORGET SWEDEN

I enjoyed the column "Man of the Year" (My Usual Charming Self, January 2004), especially about the historic squabbles between the US and the Old Countries on the other side of the Pond. I was chagrined, though, that you did not mention Sweden's turbulent refusal of the Euro last fall, a referendum that came only days after the gruesome public murder of pro-Euro Foreign Minister Anna Lindh in a Stockholm department store.

But the once-mighty Nordic power's nixing of a European common currency had less to do with politics than with simple economics—and a natural, historic resistance to some kind of European statehood. Though Denmark too was strong in her day, it was Sweden, after all, which was the seat of the Three Crowns of the Baltic and which once rivaled Poland and Russia as the continental superpower. It's a heritage that's not easily forgotten when Swedes were asked to cede the Krona to some nebulous, non-elected Brussels strongman, whose ear clearly belongs to the Franco-German salons that dreamed up the EU in the first place.

What's more, as modern Swedes looked around at the countries that have adopted the Euro, they simply saw little benefit in it. The national question seemed to be not why, but why now? France and Germany are in economic slumps, and Italy has never managed to climb out of its recession, though it perhaps benefited most from the Euro since

Bernie Reeves
Editor and Publisher

EDITORIAL

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it's simply easier to keep track of than the super-inflated lira. In any case, being a Baltic fisherman's grandson myself, I'm one of the simpletons who argued fiercely against any more European unity, seeing it for ultimately what it is: a sleazy power grab by jealous, ineffective and emasculated cronies in Paris and Berlin.

*Patrik Jonsson
Raleigh*

(Patrik Jonsson is a contributing editor of *Metro*)

MARLETTE WHINERS, GET OVER IT

I just read *The Bridge*, (sorry Doug, I got it at the library—no royalty from me), and I'm still perplexed by the ongoing and public feud amongst all of these local writers arising from it (See "Snake Handling," *Metro*, October 2003). The book is a "good read," and I know this because I can assure you that my political views and Marlette's diverge greatly. Yet, I found the book addictive and very appealing. Maybe I am a sucker for local history spiced up with romance, mystery and adventure. Or it could be that a good writer transcends the surface cultural views we all hold.

Supposedly, the book has offended several people who believe some of the peripheral characters are parodies of real people, mainly themselves.

The characterizations I gleaned were archetypal small town citizens, with the exception of the main character, his wife and grandmother. If anything, the main character reveals himself as highly flawed and mired in bitterness throughout much of the book. Whether this describes Marlette, I do not know. I do know his book was thought provoking, and entertaining to read.

My suggestion to those angered by the alleged disparaging characterizations of themselves is: Get over it! Life is too short to waste your talents on slights, real or unreal.

*Paul Faison S. Winborne
Attorney at Law
Raleigh*

TALKING TRASH

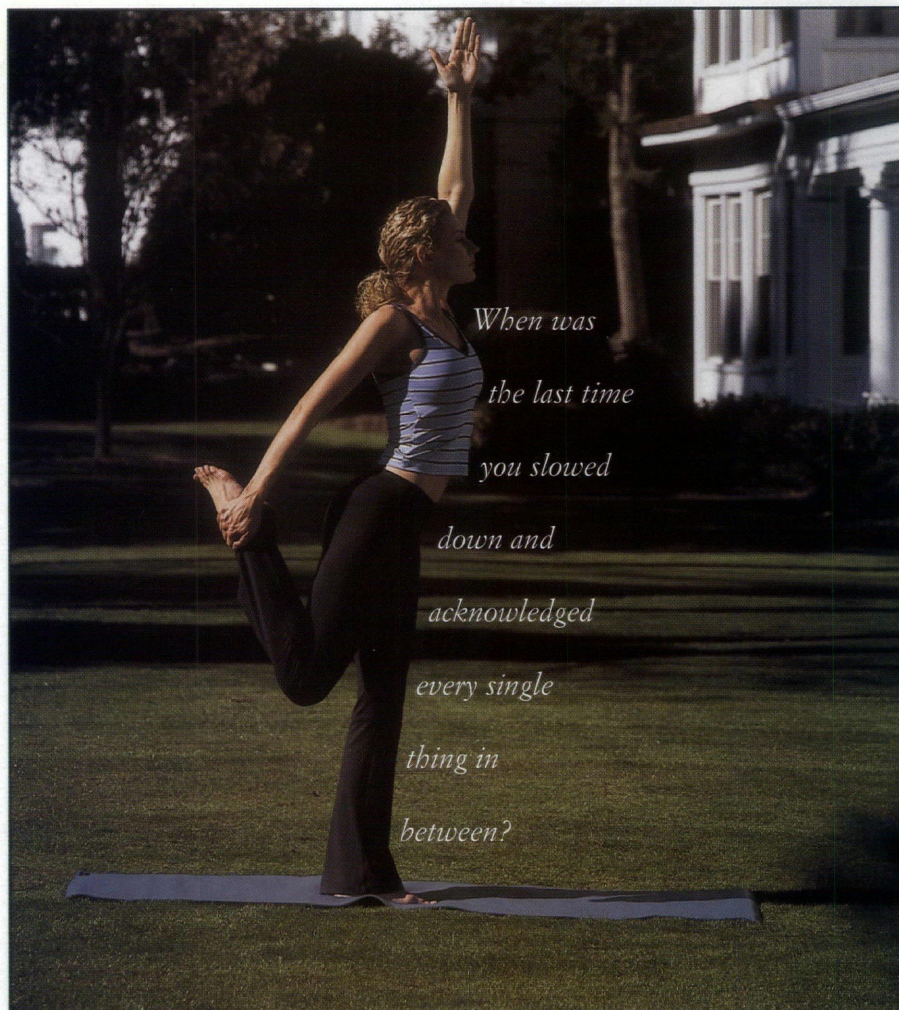
As someone who has never lived in Raleigh (I live in Medfield Estates, between the incorporated areas of Raleigh and Cary), I couldn't immediately appreciate the dismay that Bernie Reeves expressed regarding the proposed changes in solid waste pickup procedures in Raleigh. (See www.metronc.com/issues/issue01_04/MUCS/mucsq.html),

"Notes from La-La Land," January 2004). After some research, I was surprised to learn that in Raleigh, trash has historically been picked up twice a week from your backyard. Neither of these things happened in my childhood hometown of Atlanta. Instead we had once a week, curbside pickup.

Since Wake County doesn't offer trash collection, I pay a private sanitation (Republic Sanitation) company to pickup my garbage. My deal, which costs just shy of \$20

a month, requires that I also roll my garbage to the curb in a container provided by the sanitation company (which is compatible with their garbage trucks) for once-a-week pickup. If I opt for recycling (which I do), it costs an extra \$1 a month. Unlike Raleigh, my trash hauler will not make provisions to accommodate me if I have difficulty rolling my container to the street.

I have to assume that since my sanitation company is a private company, and since I



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could hire another sanitation company (Reliable Sanitation also services my neighborhood), that I'm paying close to the true cost of trash removal as well as recycling. My sanitation company tells me that the cost of recycling is nearly a wash, primarily because there is a market for some (but not all) of the recycled materials.

As I understand it, one of the primary reasons for Raleigh's changes to the solid waste pickup system is to cut the cost of solid waste removal and improve efficiency, and thereby keep Raleigh's tax rate low. This change to once a week, curbside trash collection is meant to save the city more than \$3 million/year (see the *News and Observer* article from Jan. 21st: <http://newsobserver.com/news/triangle/story/3257862p-2912661c.html>).

If I wish to hire two waste haulers for a collective twice-a-week pickup schedule, my garbage bill will double—no thanks! Conversely, if my municipality offered me the chance to participate in cutting waste removal costs and thereby lower the collective tax bill, or increase other city services, I imagine I would welcome it.

Charles Bachmann
Wake County

CHUCK STONE PROFILE MEANINGFUL

It was a pleasant surprise for me that, when browsing around the newspapers and magazines on the shelves of one of the local drug stores, I came across the attractive cover of *Metro Magazine* for January 2004. It was an even greater surprise when, after buying and bringing it home, I found in it an abundance of interesting and outstanding articles.

One that aroused my interest and that I consider the best of the good articles (Who's Who 2003) is the one about Professor Chuck Stone, the distinguished and one of the prominent chaired professors in the UNC School of Journalism. Very few articles have described the many outstanding qualities and accomplishments of this renowned journalist, educator, speaker and faculty member. Your article achieved all of this.

During my 32 years at UNC as faculty in the School of Pharmacy, I have never encountered a faculty member with more knowledge, intelligence and mental alacrity than Chuck Stone. I rarely miss any of his numerous presentations at different occasions on and outside the campus. I always leave with enriched experience of new information and understandings. Small wonder

that Chuck Stone is one of the most loved professors in our University. It is the hope of all who admire this brilliant man that he will stay at UNC in Chapel Hill for many years to come.

My sincere congratulations to you on an enjoyable and meaningful issue of *Metro Magazine*.

Professor Boka W. Hadzija, Ph.D.,
Chapel Hill

INTERPRETING THE CONSTITUTION... MISINTERPRETING BERNIE REEVES

Your phrase "separation of church and state" is the most overworked mis-quote of the century! The US Constitution does not contain that phrase. The Constitution does, however, say that the state (government) will NOT infringe upon the right of individuals to worship as they wish.

I am frustrated by the use of that phrase and the implication that our Constitution included those words. If you will read the Constitution and the Bill of Rights (amendments) without bias, you will see that this Country was founded upon Christian principles but with the safety measures included that the state could not require individuals to subscribe to or practice any specific religious activities.

More and more, the meaning of the Constitution is being distorted to say something that it never said nor even implied. To determine the true meaning of the Constitution (the Bill of Rights, specifically) we must read what the writers and signers of the Constitution had to say on the various principles in the Bill of Rights. These writings are readily available and are very explicit in the thoughts of those great "rebels."

I realize that I have included more here than you addressed in your column titled "My Usual Charming Self Holy, holy, holy," but the anti-religion (anti-God) tone of the article is "cookie cutter" typical of most journalists.

The majority of the inhabitants of the world believe in some supreme being (God) and until the anti-God extremists can come up with a generic representation of that supreme being, why don't we just follow the American historical precedent of calling that entity, God?

Thank you for listening!

Jack Harrell
Clayton


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A CHANGE OF VIEW

I must admit that I was wrong.... no... WRONG in my previous evaluation of your editorial attitude based upon only one column you had written (referenced in the letter above). I still disagree with that column in great part but after reading several of your other columns, I have decided that you are not a typical "journalist" (just to keep you alert). I totally agree with your analysis of our public education system!

Having worked in the field of secondary education for more than 15 years, I learned the power of the local and national Teachers' Unions during their imposed political agenda(s) and unproved theories of education. Each year there was a new "flavor of the period" program spouting a new theory and stressing one or more political agendas. I consider forced busing be a politically correct attitude of the NEA (National Education Association).

Anyway, I agree with most of your other columns.

*Jack Harrell
Clayton*

UNDUPLICATED BARBECUE

Being one of the few Carolina Panthers fans from North Carolina in the Greater Boston area, it was wonderful to read a quip from the *Metro Magazine* (January 2004 issue) by Moreton Neal about true barbecue! It is lonely here without the true BBQ of North Carolina and the delicious varieties from sliced to pulled, vinegar base to tomato base. While North Carolina's specialty is nationally known it cannot be duplicated!

*Larry Harris
Director of Catering, Restaurant Assoc.
Harvard Business School
Boston, MA*

CORRECTIONS:

In our Top Ten Restaurants (January Metro), the editors regret that some names of the personnel at Enoteca Vin were given wrong. Chef of Enoteca Vin is Ashley Christensen and the owner/architect's name is Louis Cherry. Lantern's chef is Andrea Reusing. Metro apologizes for these mistakes.

The date for the Visual Art Exchange auction and gala, "L'Amore D'Arte/For the Love of Arts and Romance" was given incorrectly in January Metro's Secrets of State. The event was held on January 31. The editors regret the error.

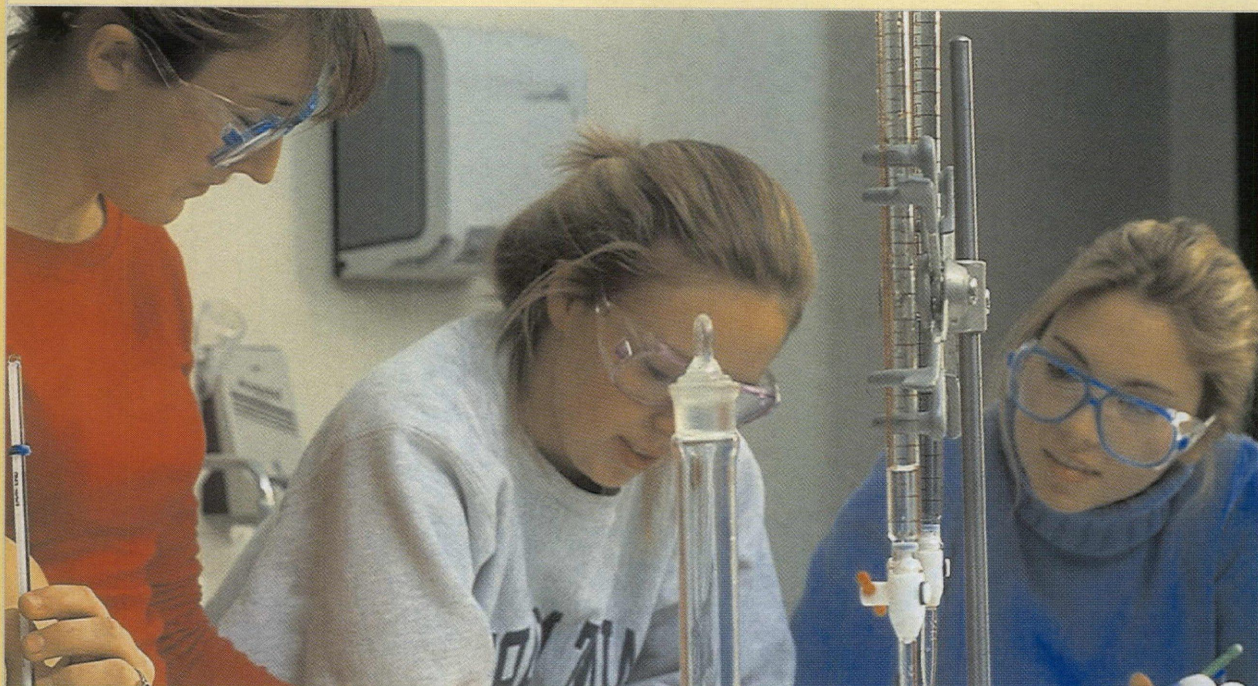
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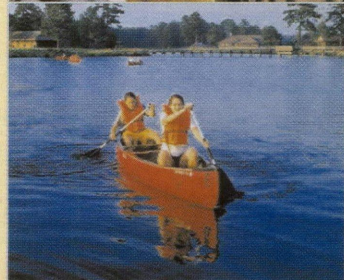
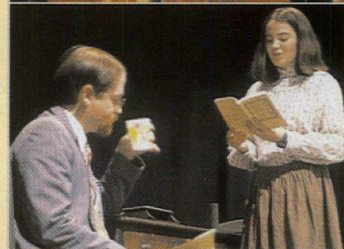
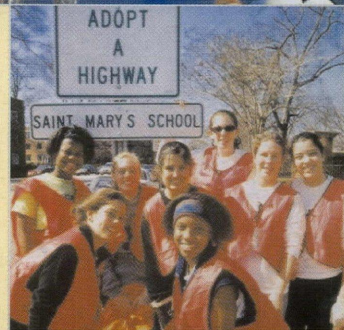
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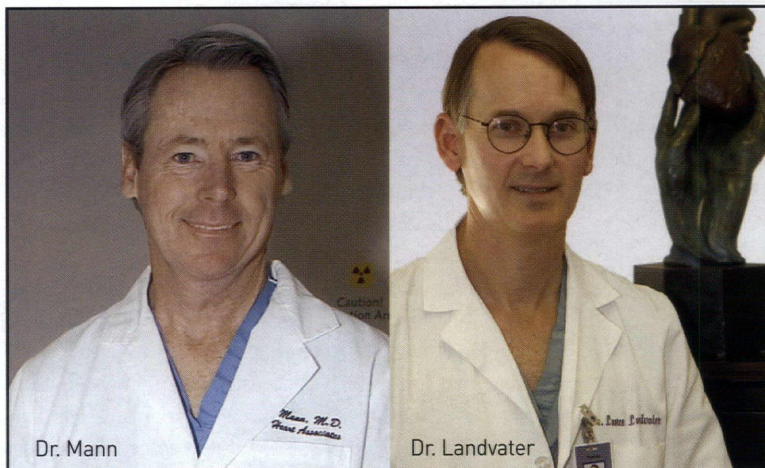


SAINT MARY'S SCHOOL



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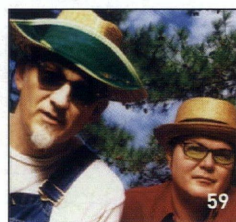
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SECRETS OF STATE

Storm of the Century

Richard Moore, North Carolina's State Treasurer, was Secretary of Crime Control and Public Safety when Hurricane Floyd struck the eastern portion of the state in 1999, christening that fateful year "the most deadly and destructive hurricane season in Tar Heel history."

And that's saying something for a state that routinely lives with hurricanes. But Floyd was more than a hurricane; it was a

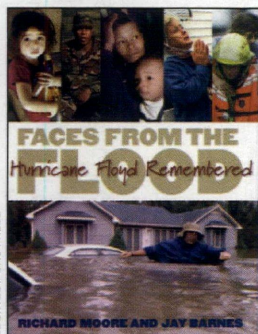
true force of nature leaving in its wake "an epic flood that ranks as the most widespread, destructive, and deadly natural disaster in North Carolina's history."

Moore has joined with Jay Barnes, in 1999

the director of the North Carolina Aquarium in Pine Knoll Shores—and the author of two books on hurricanes, to write *Faces From the Flood: Hurricane Floyd Remembered*, published by the UNC Press and available in bookstores this month. What struck the authors from their experience of the disaster was the heroism they observed as thousands of people in 66 counties coped with the deadly effects of rising water, destroyed homes, privations created by the collapse of public services, destruction of personal items, economic challenges and the loss of loved ones.

Faces from the Flood is a gargantuan enterprise. Statistical data abound, but the core of the book contains in-depth interviews with 36 individuals across a wide spectrum of the victim population, including volunteers, officials of all stripes and just plain folks caught up in the storm of the century. Among the heroes is then Governor Jim Hunt who browbeat federal officials who were stonewalling relief funds by carrying a measuring stick to meetings to dramatize flood levels.

Proceeds after expenses from *Faces from the Flood* will be donated to the American Red Cross and the Salvation Army.



COURTESY UNC PRESS



COURTESY OF FRANKIE LEMMON FOUNDATION

Murray Gould, member of the Board of Directors of Frankie Lemmon Foundation and co-chair of Triangle Wine Experience, with Carolina Hurricanes captain Ron Francis, honorary co-chair of TWE

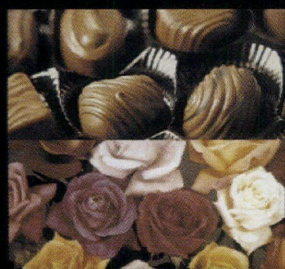
Cycle North Carolina Announces Spring Retreat

Cycle North Carolina, the only fully supported cross-state bicycle ride in North Carolina, is switching gears and adding a Spring Retreat in 2004.

The inaugural event will take place April 16-18 in Historic Edenton, offering three full days of cycling and featuring authentic North Carolina Bluegrass and Beach Music. The CNC Spring Retreat will also include many water-based recreational activities, walking tours and exhibits in Historic Downtown Edenton.

Just like the weeklong fall event, the Spring Retreat will be a fully supported ride with support vehicles available to aid cyclists who experience physical or mechanical breakdowns. Indoor and outdoor camping areas with amenities will be provided in Edenton. Rest stops will be set up every 15-18 miles along the route and will be stocked with beverages and snacks.

Registration is available now. For more information on the CNC Spring Retreat, visit www.cyclenorthcarolina.org or call 919-361-1133. Bicyclists will again travel "the Mountains to the Coast" from Sparta to Oriental during the annual Cycle North Carolina fall event to be held October 2-9, 2004.



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Dinner and Wine for a Worthy Cause

The 10th annual Triangle Wine Experience to benefit the Frankie Lemmon School for 3- to 6-year-old children with disabilities will be held at well-known food and wine venues throughout the Research Triangle on February 19-21. Ron Francis, team captain of the Carolina Hurricanes, and his wife, Mary Lou, wine connoisseurs for many years, will be honorary co-chairs of the three-day event.

Children from a wide range of racial, ethnic and economic backgrounds come tuition-free to Frankie Lemmon School. To help provide funding for the school, this year's Triangle Wine Experience hopes to raise \$500,000. Twenty-four culinary locations will present fine wine dinners, featuring winery owners and winemakers from around the world. In addition, wine seminars, special tastings and an auction at the NC Museum of Art will be held. Cost of the dinners will be \$110 and cost of other events will vary. To learn more about the Triangle Wine Experience, call 919-420-0402

or visit www.trianglewineexperience.com.

Bird Census: Great Backyard Bird Count

Love those birds in your backyard? From February 13-16, bird enthusiasts can take part in the Great Backyard Bird Count (GBBC), a project developed and managed by the National Audubon Society and the Cornell Lab of Ornithology with sponsorship from Wild Birds Unlimited store owners and the Natural Resources Conservation Service (NRCS), a division of the USDA. During the nationwide event, people who enjoy birds may submit their observations through BirdSource www.birdsource.org.

Participants in the GBBC program help conservationists and ornithologists determine the status of bird populations continent-wide and assist in tracking the abundance and distribution of North America's winter birds. The project also advises how to turn backyards into a habitat for birds.

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Bird lovers, note: Pea Island and Alligator River National Wildlife Refuges provide a winter refuge for thousands of migratory birds throughout the colder months. Pea Island volunteers lead bird walks every Friday at 8 a.m. School groups, Boy and Girl Scout troops, and community organizations can also schedule their own birding excursions at either Refuge by calling 252-987-1118.

Zipcars Arrive at UNC-Chapel Hill

The UNC campus is home to four Zipcars, all new silver Volkswagen Beetles (and named Beetle Basil, Beetle Bacall, Beetle Basie and Beetle Beryl), that members may access on an hourly basis. The fleet of Zipcars will provide UNC students, faculty and staff an alternative to bringing personal vehicles to campus.

UNC could potentially add a wide variety of

Zipcars to its mini-fleet, such as trucks, minivans and a range of mid-sized and compact cars, according to Debby Freed, UNC's demand management coordinator.

Zipcar, a self-service car company founded in 1999, has a presence at universities including Princeton, Harvard and Boston. Aside from Chapel Hill, the company has operations in New York-New Jersey, Boston and Washington, D.C.

Zipcar is designed to provide short-term access to a car when public transportation, walking or bicycling are not practical. Usage rates for the UNC community are \$5 an hour, which includes 125 free miles per reservation, per day with a maximum daily rate of \$80.

The annual membership fee of \$20 is converted into driving credit if used within 30 days. Zipcar members make reservations online, walk to the closest available Zipcar location, unlock the car with a Zipcard and drive away.

Those interested in becoming a Zipcar member must be at least 21 years old and meet Zipcar's safe driver criteria. For more information on Zipcar, click on www.zipcar.com/unc/.

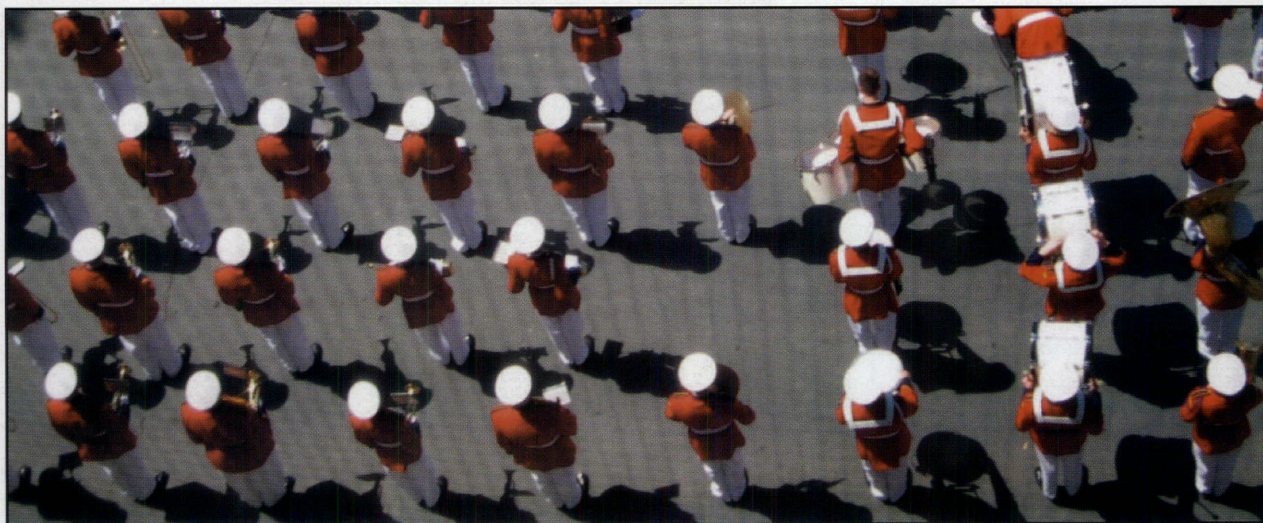


COURTESY OF WEST POINT PARENTS CLUB OF NC

The West Point Parents Club of NC hosted the 2003 All Academy Ball on December 27th at the North Raleigh Hilton. This annual military ball, honoring North Carolina's cadets and midshipmen attending the nation's five service academies, was attended by 300 cadets, midshipmen, their family and friends.

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Duke Receives \$72 Million, Largest Gift in Its History

Duke University has received the largest gift in its history, \$72 million from Pete and Ginny Nicholas of Boston on the final day of the fundraising campaign the couple has co-chaired for the past eight years.

Their gift brought the Campaign for Duke total to a record \$2,361,205,387, the fifth largest in American higher education history and largest for a university in the South, according to figures compiled by The Chronicle of Higher Education.

The Nicholas gift commits \$2 million for the renovation of the university's Perkins Library and \$70 million to "extend the reach and impact" of Duke's Nicholas School of the Environment and Earth Sciences.

The gift brings the Nicholases' contributions during the Campaign for Duke to almost \$130 million, the largest amount from an individual or couple in the history of the university. The Nicholases are both Duke graduates and the parents of three Duke alumni. Pete Nicholas chairs the University's board of trustees.

Triangle Youth Chorus Trophy To be Awarded in April

This spring the first annual Triangle Youth Chorus Trophy will be awarded, along with a cash grant, to a choral group from Wake, Durham, Orange or Chatham county to honor and encourage vocal ensemble excellence by young people.

The Trophy, a winsome, inventive metal sculpture, was designed by Lyle Estill, founder of The Moncure Chessworks, and executed by his colleague, Tuesday Fletcher. It depicts 14 choristers, with plaques for 36 years of recipients. The Trophy will be given in April to a youth chorus that will keep it until March of the following year.

Carol Robbins, founder of the Youth Pro Musica Fund (a donor-advised fund of the Triangle Community Foundation) and TriangleSings! trianglesings.org/ (the choral website), commissioned the Trophy. Robbins notes, "School display cases are full of showy prizes for athletic exploits, but not for musical achievement. The Triangle Youth Chorus Trophy will... celebrate our area's young ensembles and their conductors."

The recipient will be decided by an Advisory Board composed of local individuals knowledgeable in the field of ensemble music. Judges are: Lance Buhl, Buhl Associates; Beverley



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Francis, Triangle Community Foundation; Carl Halperin, WCPE/Durham Herald; Ken Hoover, WCPE "Great Sacred Music"; John Lambert, Classical Voice of North Carolina; Lisa McIver, Brightleaf Music Workshop; Fran Page, Capital City Girls Choir/Meredith College; Carol Robbins, TriangleSings!/Youth Pro Musica Fund; and Al Sturgis, North Carolina Master Chorale/Carolina Ballet.



This trophy will go to the winner of the first Triangle Youth Chorus Trophy competition

Applications for the first awarding of the Triangle Youth Chorus Trophy are due by March

5. Contributions for this inaugural year will be accepted through March 31. For further information, contact Carol Robbins at Youth Pro Musica Fund. Call 919/545-0343 or email YouthProMusica@aol.com.

The Capital Area Chorale is seeking new members.

All singers from the greater Raleigh area are invited to audition and sing with the Chorale for its May performance. To schedule auditions call Dr. William J. Weisser at 832-7535 Ex. 18 or email bweisser@mindspring.com.

Founded in 1985, the Capital Area Chorale is a non-profit organization of singers from the greater Raleigh area with a mission to foster in the community an appreciation for all vocal music, and in particular American choral music. The Chorale also provides an opportunity for singers to enhance their musical knowledge and gain practical experience in performing choral music. For more information, visit www.cachorale.org.

Raleigh Chamber Music Guild To Present Special Concerts

The season's only concert in North Carolina by the Czech Nonet, one of the world's oldest

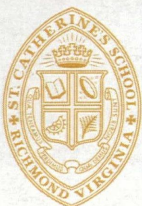
chamber ensembles, will be presented by the Raleigh Chamber Music Guild, Feb. 29, in the Long View Center in Raleigh as a part of its 2003-04 Masters Series season.



Czech Nonet, world-renowned chamber music ensemble, will perform in Long View Center, Raleigh

Founded in 1924 by a group of students of the Prague Conservatory, following requirements of Louis Spohr's Nonet (violin, viola, violoncello, contrabass and the wind quintet), the Czech Nonet is known as an interpreter of classic repertoire and performers of new music. Another performance sponsored by the Raleigh Chamber Music Guild, in partnership with NCSU CenterStage, will be presented on March 20, featuring the New Century Saxophone Quartet in a performance of the complete J.S. Bach Art

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of Fugue with visual, animated enhancements. This project includes animation commissioned by RCMG and CenterStage. The concert will be in Stewart Theatre at NCSU. For more info on this project, visit www.besenartscom/ncsqbach/index.htm.

New NC Map Celebrates North Carolina Craft

North Carolina's 2004 state map celebrates more than highways. Printed by the NC Department of Transportation, the map prominently features the 2004-05 Celebration of North Carolina Craft, as proclaimed by North Carolina's Governor Michael F. Easley.

The map prominently features Seagrove potter Ben Owen III in his studio, a pintailed decoy from the Core Sound Waterfowl Museum near Beaufort, a basket by Western North Carolina textile artist Billie Ruth Sudduth and a piece by Western North Carolina glass artists John Littleton and Kate Vogel. The craft feature can help users locate shopping locales and vacation destinations.

To order a free copy of the state map, call the NCDOT Customer Service Office toll free at 1-877-DOT-4YOU from 8 a.m. to 5 p.m., Monday through Friday. In addition, the map will be available at North Carolina's Visitor Centers.

Queen Anne's Revenge Shipwreck Conservation Lab Dedicated

East Carolina University and the NC Department of Cultural Resources recently dedicated the Queen Anne's Revenge Shipwreck Conservation Laboratory. Cannons, ship parts and medical instruments are among the thousands of artifacts being preserved at the university's West Research campus site.

Jointly run by ECU's Maritime Studies Program and the Office of State

Archaeology, the lab is the latest to house items from the pirate Blackbeard's flagship.

Since its discovery in 1996, some 16,000 artifacts have been retrieved, representing only 2 percent of items on the shipwreck. As preservation space grew limited, a memorandum of agreement between ECU's Maritime Studies Program and the Department of Cultural Resources provided space for the conservation and research lab.



Fort Fisher. While at the ECU laboratory, conservators will measure, photograph and analyze

More than 11,000 artifacts have been moved to Greenville from the Queen Anne's Revenge project headquarters in Morehead City and the Department of Cultural Resources Underwater Archaeology Branch in

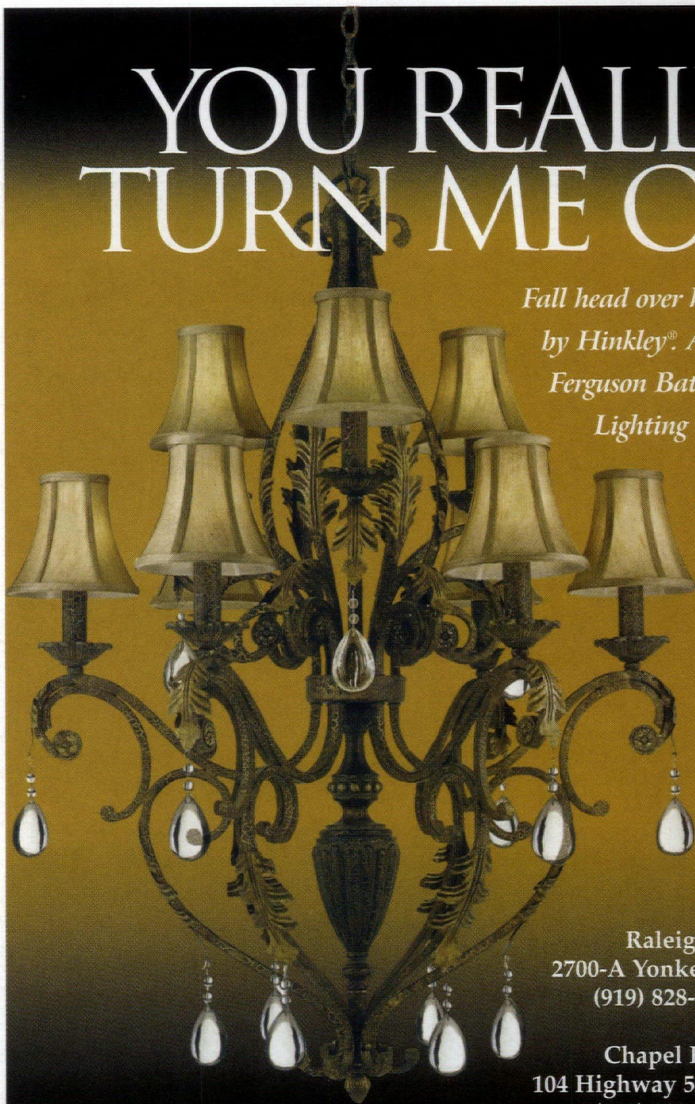
artifacts for documentation. Many items will eventually be transported to the North Carolina Maritime Museum in Beaufort.

For more information about the QAR Conservation Laboratory, call Tim Runyan, director of maritime studies, 252-328-6806; Sarah Watkins Kenney, Project Conservator of the Laboratory, 252-744-6721; or Fay Mitchell Henderson, DCR public affairs office, 919-807-7389. **MM**

continued on page 61

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Matters of the Heart

by Rick Smith

DOCTORS WITH HEARTS

To see the quality of life for an ailing person improved literally in a heartbeat is an unforgettable experience, even for those who do so hundreds of times a year.

On a sunny Monday morning at WakeMed's Heart Center, Dr. Tift Mann bends over slightly at the waist as he carefully guides a catheter through a patient's blood vessel. He watches in real time the images from the fluoroscopy X-ray camera that show the progress of the device through a barely discernible vessel. He prepares to open a metal stent—about the size of a spring in a ballpoint pin—at a point where a blockage prohibits all but miniscule blood flow.

In a finger-snap of time, the stent is inflated, the vein is opened, and dye-stained dark blood immediately fills scores of smaller vessels that weren't even visible moments earlier.

The flow of life has been opened. Another person has regained health without having to undergo chest-cracking bypass surgery.

All in a day's work for Mann, who practices at Wake Heart Associates.

"Most of us who went into medicine did so because we enjoy helping patients, and in our decades of practice, with the technological advances we are making, it is remarkable the difference we can make in patients' lives," he said, the happiness evident in his voice.

Dr. Joseph Archie, one of the Triangle region's most respected vascular surgeons before his retirement recently, needed cardiac surgery himself 18 months ago. He knew immediately whom to call.

Dr. Lance Landvater, a cardiothoracic surgeon at Carolina Cardiovascular Surgical Associates.

"When I had to have my surgery done, he was the one I went to," said Dr. Archie, who retired two years ago.

Dr. Landvater performed bypass surgery on his fellow doctor and took great pleasure in receiving the greatest compliment a colleague could bestow upon

him. He also enjoys the reaction he receives from his patients. In these days of increasing regulation, reduced compensation and rapidly evolving technology, the good he does as a physician overcomes the bad.

"This has proven to me to be a very enjoyable profession," Landvater explained. "At least in my experience, cardiac patients tend to be the most appreciative of what you have done. They are happy to be alive."

Lives are indeed at stake, and neither doctor takes for granted what will happen when they enter an operating room.

"This has been a remarkable 15 years," said Dr. Mann, who like Dr. Landvater is deeply involved in WakeMed's Heart Center operation. "The mortality of patients suffering from heart attack has fallen from 15 to 20 percent 20 years ago to less than 5 percent today. Patients are living longer as well as having much less chest pain from new techniques we use."

The improvement in mortality rates doesn't mean that physicians can afford to take anything for granted, however. "You know when you do a cardiac operation what the mortality rate is—what the risk is for a patient to live or die," Dr. Landvater explained. "Nowadays, the mortality rates are very low, but they are there."

"If things don't work out just right, that patient may not survive. It's not cavalier."

"People do die on the operating table. We discuss that with every patient before operating. If the mortality rate is 1 percent, it means 1 in 100 patients isn't going to make it. You can do your very best, and the patient still may not survive. The risks are very real."

"In a way," he added, "I think that is why patients seem to be so appreciative."

The plague of CVD

Opportunities to help others are quite plentiful these days, giving the extent to which cardiovascular disease, or CVD, bedevils America's population.



Physicians on the cutting edge of technology thrive on the good they are able to do for those suffering from cardiovascular-related ailments. They take nothing for granted either. "The risks," one doctor stresses, "are very real."

Photography by Kinsley Dey



Dr. Lance Landvater

Heart attacks, stroke and other CVD problems remain the biggest killers in the United States. Despite all the talk about cancer and the billions of dollars to fight AIDS, cardiovascular disease kills one person every 34 seconds of every minute, every hour, every day. More than 931,000 people—including nearly 500,000 women—died of CVD in 2001. Cardiovascular disease of some kind was cited as the primary or contributing cause of death in more than 1.4 million people in 2001, according to the latest figures available from the American Heart Association. Cancer, on the other hand, killed 553,768; AIDS killed 14,175.

CVD has long been a deadly killer in North Carolina, which is part of the so-called stroke belt stretching across parts of the South. Diet and smoking are often cited as primary drivers. North Carolina ranks 49th in stroke mortality, 39th in total cardiovascular disease mortality and 29th in coronary heart disease mortality. The North Carolina Center for Health Statistics points out that heart disease is the leading cause of death in the state, especially for people over the age of 65.

But the death rates only tell part of the story. More than 64 million Americans suffer from one or more types of heart disease. Of those, 25 million are over the age of 65.

CVD is so pervasive among the public that Americans will spend more than \$368 billion on heart-related problems, practically the same as the Pentagon will spend on defense. Leading the way is \$238.6 billion for heart disease and \$133.2 billion for coronary disease, according to the AHA.

Drs. Mann and Landvater are among the

leaders in the fight against CVD. Not only are they skilled practitioners; they also are actively involved in utilizing new technology to see if quality of life for their patients can be improved.

New technology and veins

Tift Mann, who has been widely published and devotes much of his time to research, helped bring a new method of catheterization, known as “transradial,” to the U.S. Developed in Europe, the process enables doctors to insert catheters

HEART ATTACK: THE WARNING SIGNS

Most heart attacks are neither sudden nor intense. The American Heart Association points to several signs of trouble:

Chest discomfort. Most heart attacks involve discomfort in the center of the chest that lasts more than a few minutes, or that goes away and comes back. It can feel like uncomfortable pressure, squeezing, fullness or pain.

Discomfort in other areas of the upper body. Symptoms can include pain or discomfort in one or both arms, the back, neck, jaw or stomach.

Shortness of breath. This feeling often comes along with chest discomfort. But it can occur before the chest discomfort.

Other signs: These may include breaking out in a cold sweat, nausea or lightheadedness.



Dr. Tift Mann

through the wrist rather than the leg.

"This reduces bleeding complications as well as improves patient comfort," Dr. Mann said. "Patients can get up and walk out of the room when the procedure is done as opposed to having to stay in bed and rest overnight."

WakeMed also is involved in an FDA-sanctioned trial where heart attack victims are sedated and their body temperature dropped three degrees by a body-encasing, water-cooled jacket. WakeMed is one of five hospitals testing the two-piece jacket that Mann describes as "looking more like a life jacket." After the patient is cooled, he or she is taken to surgery.

"There is no question hypothermia can prevent damage," Dr. Mann said. "I am cautiously optimistic about this."

STROKE: THE WARNING SIGNS

On the other hand, the American Stroke Association points out that stroke often is a sudden event. Here are the warning signs:

- Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
- Sudden confusion, trouble speaking or understanding
- Sudden trouble seeing in one or both eyes
- Sudden trouble walking, dizziness, loss of balance or coordination
- Sudden, severe headache with no known cause

Source: AmericanHeart.org

WakeMed is involved as well in a study with drug manufacturer Pfizer, which has developed a compound that increases good cholesterol. "This drug appears to be able to actually cause blockages to get smaller," Mann explained. "This is over and above the standard cholesterol drugs we have already."

He also is monitoring developments in carotid, or neck, artery surgery. The process of unclogging neck arteries reduces by 20 percent the chances of stroke, according to new data published in the article "Stroke" in the *Journal of the American Heart Association*.

New technology and valves

Lance Landvater has a particular interest in valve replacements, stentless valves (which may last longer than valves including stents), microvalve repair, and so-called off-pump coronary bypass.

"We are seeing a shift away from mechanical valves to tissue valves, which have greater durability," he said. "We also are seeing a strong trend toward repairing valves with microvalve surgery rather than replacement." Less invasive procedures are also being

developed, and procedures that leave less scarring is seen as especially important by women who need heart surgery, Dr. Landvater said. "Many women simply don't want that big incision in their chest."

A growing demand from patients who need bypass surgery is the "off-pump." In standard bypass surgery, the heart is stopped and a heart/lung machine is used to keep patients alive. But advances in equipment now enable doctors to stabilize only the portion of the heart requiring surgery, allowing the rest of the heart to keep beating.

Dr. Landvater pointed out that the technique is not for every patient—or every surgeon.

"People ask me, 'Why can't you do me off-pump?' You have to take into account the patient. You also have to take into account the experience of the surgeon."

Dr. Landvater sees other developments as exciting—including better heart assistance devices rather than artificial hearts, interventional stenting to attack aneurysms, and advances in thoracic surgery to treat lung tumors and lung disease.

Personal accountability

As good as physicians may be and the technology becomes, both doctors stressed that individual accountability remains crucial to future improvements in the health condition of Americans.

"Obviously, we are modifying and controlling an epidemic in the United States, and it is an epidemic," Mann stressed. "Self-awareness and self-control is extremely important. Prevention will be a major part of the new expansion at WakeMed's Heart Center."

Landvater concurred. "Basically, we have an epidemic in our society even with all the media exposure. The problems with obesity, elevated cholesterol and diet still seem to be rampant."

People simply can't rely on medication, technology and physicians to cure their ills, he added. "Everybody looks for the easy way out. It's a problem. It's more difficult to be disciplined, to go through a regular exercise program, to eat properly and to stop smoking."

"I'm not saying it's easy to go through a stent placement or a heart operation, but there does tend to be a short memory in some patients who have a bypass and then have to have it redone."

"Cardiac disease in our society is not going away. Our lifestyle tends to promote it, and I'm not sure there is an easy answer."

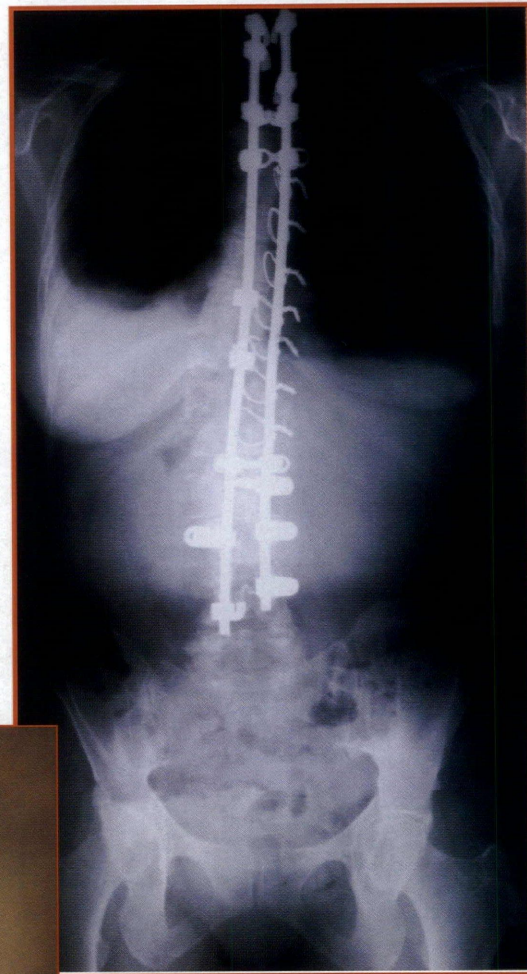
In the meantime, doctors such as Landvater and Mann will need to push the edge of research and stay abreast of new developments in order to provide the best care.

"I anticipate by the time that I retire that I probably will be doing most of what I do now

Scoliosis isn't just for kids.



Mary's spine before surgery.



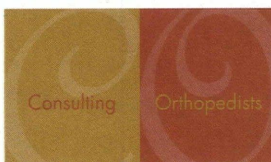
Mary's back after surgery.



-Mary Baldy, scoliosis patient

Mary was 18 when diagnosed with scoliosis. As she grew older, the curve in her spine worsened, leading to a painful, obvious hump in her back and difficulty breathing. Mary was told her only options were pain medications and physical therapy. In her late forties the situation became desperate. "After years of searching for treatment, I found help at Consulting Orthopedists in Dallas where I had spinal reconstructive surgery," says Mary, now a 51-year-old pediatric clinical nurse manager. "I am able to stand straight and without pain for the first time in decades. Although it has only been a short time since my surgery, I have returned to work full time."

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quite differently," Landvater said. "This is an evolutionary process. It's always changing.

"You want to try new things, but in our line of work you don't want to get too innovative too fast," he cautioned. "You don't embark on new technology until you make sure it's the right technology."

After all, Landvater added, "The reality in medicine, the first tenet as a surgeon, is to do no harm. That's the most important thing you can learn."

About Tift Mann:

Mann, 61, was born in Macon, GA, and is a 1969 graduate of the University of North Carolina School of Medicine. He earned a Bachelor of Sciences degree at North Carolina State in 1965 before going to medical school. His career includes a two-year stint in the U.S. Navy Medical Corps and teaching positions at UNC and Harvard before joining Raleigh Internal Medicine Associates in 1977. He joined Wake Heart Associates in 1984. Mann and his wife,

Dabney, have two children, Martha Dabney and William.

About Lance Landvater:

Landvater, 52, was born in Lancaster, PA, and attended Bowman Gray School of Medicine at Wake Forest University where he was graduated in 1977. Earlier, he earned a Bachelor of Arts degree in 1973 at Franklin & Marshall College in Lancaster. Before coming to Raleigh, he held a number of different positions, including chief surgical resident and a cardiothoracic fellowship at George Washington University. He and his wife Cynthia have three children, Susan, Spencer and Lance.

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PUMPING UP FOR BUSINESS

WakeMed's \$30 million Heart Center expansion plan is designed to meet projected 40 percent increase in demand

Bill Phelps, who retired from the NC Farm Bureau 15 years ago, breaks a thorough sweat as he works his way through the "Healthworks" rehabilitation facility at Raleigh's WakeMed hospital. The Raleigh resident is a living advertisement for the rapidly growing WakeMed Heart Center.

"I had triple heart bypass surgery 15 years ago," Phelps, 77, said as he worked his way through a variety of exercises. "I elected to have it done to treat a blockage, and I have never regretted it. I felt so good, in fact, I decided to retire two months after I had the surgery."

Nearby, 85-year-old Clara Guess of Raleigh is working out on an exercise machine. She has had a "whole series of catheterizations" over the years, but this day Guess is also working on her knee strength. Once limited to a walker and considering knee replacement surgery, Guess has rehabilitated the knee to the point she doesn't even need the walker.

Scores of men and women of all ages going through rehab or just staying in shape on a busy Monday morning surround Phelps and Guess. More than cardiovascular patients use WakeMed's rehab hospital. Its sun-filled atrium contains a



Rick Gannot



putting green, a variety of walking surfaces, a bridge, a walking track—even a boat mounted on springs so fishermen and boaters recovering from stroke or other kinds of surgery can regain their “sea legs.”

But thousands of the patients going through rehab have first been treated at the Heart Center—one of the busiest cardiovascular operations in the state. Soon, the 125,000-square-foot facility, spread across four floors, will undergo a \$30 million renovation.

“A technology leader”

Matters of the heart have been a priority at WakeMed for decades. Seven years before it opened the heart center to meet growing demand, people like Phelps from all over North Carolina were going to the hospital in East Raleigh to deal with cardiovascular problems. The first open-heart surgery in Wake County was performed at WakeMed in 1968. WakeMed also was the site for a series of other firsts: heart catheterization, angioplasty, using stents to treat blocked arteries, and a new form of angioplasty called transradial (through the wrist).

“The Heart Center first opened in January of 1998, and the board has just approved adding 55,000 more square feet,” explained Rick Gannotta, senior vice president of operations and patient care at WakeMed. “The growth has just been incredible over the past eight years.

“We are able to find problems, treat problems, and take care of folks afterward. Essentially, we are one-stop shopping.”

Gannotta, who was recruited 10 years ago away from a heart center in Florida to help build WakeMed’s operation, simply beamed as he escorted a writer and guest through the center, top to bottom. He described the center as a “contiguous loop” of facilities designed to help patients come to one place for diagnosis and treatment. Four specialty physician practices (Wake Heart Associates, Raleigh Cardiology Associates, Carolina Cardiovascular Surgical Associates and Carolina Children’s Consultants) maintain offices in the Heart Center.

“Our mission, our vision is to be a technology leader,” Gannotta said, pointing out WakeMed’s embrace of cutting-edge procedures, such as the latest in stents, to a “traffic control” center where a plasma-screen monitor is used to track patients, procedures and physicians.

“Technology and cardiovascular care go together,” Gannotta added, pointing out that the Heart Center serves as a high-speed telecommunications hub for hospitals in Nash, Wayne, Wilson and Johnson counties. A fifth hospital will join the network soon. Doctors outside of Raleigh can share images of their patients with WakeMed staff in order to receive additional analysis or recommendations. When emergency ground transportation is needed, the hospital also has a fleet



In the “Healthworks” rehabilitation facility, Bill Phelps, 77, works out (top) while 85-year-old Clara Guess of Raleigh continues her rehabilitation on an exercise machine (above)

of six Mobile Care vehicles dedicated to cardiac patients.

“Total care” for patients, family

A combination of technology and service quality has helped WakeMed earn a number of honors. HealthGrades, a patient outcomes-based rating service, recently rated the Heart Center as the No. 1 cardiac program in the Triangle. It also was listed in the “100 Top Hospitals: Cardiovascular Benchmarks for Success” in 2001. In patient care, WakeMed received a National Research Corporation’s consumer choice award.

Technology is important in providing both new forms of diagnosis and treatment, as well as

Plans proceed for

NEW PITT COUNTY, ECU CARDIOVASCULAR HOSPITAL

The debate over constructing a cardiovascular institute at East Carolina University will resume again this year, but in the meantime leaders in Pitt County are proceeding with plans for a new cardiovascular hospital.

Having already received approval from state licensing officials, Pitt County Memorial Hospital has committed to selling private bonds to finance the new facility, according to Tom Fortner, a spokesman for the hospital. The new building will cost between \$50 million and \$100 million.

"It's where the rubber meets the road, if you will," Fortner said of the hospital. "That is where you will be applying what you are learning in the labs and in clinical environment."

"You can't sit still in terms of really getting at this problem (of cardiovascular disease) and improving services for the people who need the treatment."

ECU and Pitt Memorial already have a widely recognized and praised cardiovascular program. Though heart disease, stroke and other ailments kill one in four North Carolina citizens, the death rate is even higher in Eastern NC—1 in 3.

"Our focus has been on trying to communicate with legislators and

other folks involved in the process that there is a critical need for the cardiovascular institute," Fortner said.



The hospital will have 150 beds and should be completed in three years once plans are formally approved, Fortner explained. He said "serious planning will begin soon" for architectural concepts. The hospital will sit side by side with the proposed cardiovascular institute on property between Pitt County Memorial Hospital and the ECU medical school.

ECU and the University Health Systems of Eastern North Carolina are lobbying the state to fund the \$60 million research institute. "There have been a number of group

meetings and lots of smaller presentations," Fortner said. "There have been a lot of hallway conversations, and we think we've made a whole lot of progress. We are very hopeful that this will be taken up again very soon. "Several legislators have said that this is a high priority."

Dr. W. Randolph Chitwood Jr., a highly respected heart surgeon, has already been selected to lead the institute and hospital. He is a pioneer in minimally invasive forms of cardiovascular surgery, including the so-called da Vinci robot. **MM**

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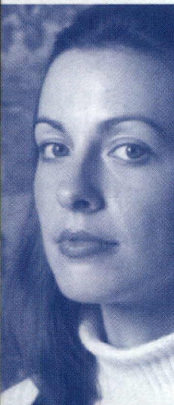
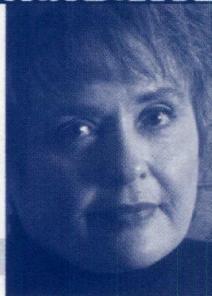
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helping the staff keep up with a busy workload. More than 9000 tests and 8300 heart-related procedures were performed in 2002, including 1072 open-heart surgeries and 3011 angioplasties, or stents. "We touch the lives of well over 15,000 people a year," Gannotta said. The workload places WakeMed among the busiest top 20 cardiac centers in the country.

The expansion will create a variety of new facilities and update others. When complete, the Heart Center will have eight cardiac catheterization labs, up from five; more office space to lease to physicians; and a doubling of the pre- and post-observation unit to 43 beds. The Heart Center already has four operating rooms set aside for open-heart surgery.

The Heart Center Inn, a hotel on the Heart Center's top floor set aside for patients and family members, will add 10 new rooms to its existing 27. "This is very conducive to creating an atmosphere of total care, not only for the patient but for the family," Gannotta explained. Many of the Heart Center's patients come from outside of Wake County. Some local residents also choose to stay overnight in the hotel if they have a very early morning procedure scheduled.

The expansion, which should be finished by 2005, is needed since WakeMed expects a 40 percent increase in people seeking a variety of care, from stents to open blocked passages, to tradi-

tional bypass surgery and catheterizations, to open heart surgery. The hospital's cardiovascular units already are running at more than 120 percent capacity, according to Betsy Gaskins-McClaine, executive director of the Heart Center.

Gannotta cited several reasons why so much more demand is expected:

- The prevalence of heart disease among North Carolina residents (39th nationally in cardiovascular disease; 29th in coronary heart disease; 49th in stroke, according to the American Heart Association)
- The aging baby-boom population
- Early detection of potential problems

"Particularly through non-invasive surveillance, we can reach out to more patients now than we could have 10, 20 or 30 years ago," he said.

The hospital also intends to build conference-center space to facilitate meetings by physicians and researchers. "We have world-class physicians on staff here who are leaders in cardiology," Gannotta explained. "We perform a great num-

ber of procedures as well as do a great deal of research. In fact, we do research that is applied."

For example, Dr. James Tift Mann III of Wake Heart Associates helped bring "transradial" catheterization to the United States. Doctors are able to insert a catheter through the wrist rather than through the leg, reducing bleeding complications and improving patient comfort, according to Dr. Mann.

The Heart Center has also been at the forefront of so-called drug alluding stents. The stents are coated with drugs designed to prevent a recur-

rence of closing, or occlusion, of a blood vessel.

Doctors view the future

The research and new treatments are part of a commitment to make the Heart Center more comprehensive than it is now, according to Dr. Mann. "We envision the expansion of the heart center to be more than just for the heart," he said. "We envision it as being a heart and vascular center where we will be treating blood vessels in multiple areas in non-invasive means without surgery."

continued page 26

HEART PROCEDURES: COSTS AND MORTALITY

Procedure	Mean In-hospital Charges	Death Rate
Heart valves	\$85,187	5.8%
Coronary artery bypass/graft	\$60,853	2.4%
Cardiac pacemaker or defibrillator	\$40,852	1.7%
Angioplasty	\$28,558	0.9%
Diagnostic cardiac catheterization	\$17,673	1.0%
Endarterectomy (vessel of head or neck)	\$16,890	0.4%

Source: American Heart Association

To help fight recurrence of stroke:

PLUGGING HOLES IN THE HEART

A miniscule device that resembles a cocktail umbrella could be a crucial weapon in the battle to reduce the recurrence of stroke among millions of Americans.

The so-called "CardioSEAL" and "STARFlex" will be used to close a hole in the heart of stroke patients to determine if the procedure reduces further attacks. The devices are part of a new clinical trial at the University of North Carolina at Chapel Hill School of Medicine and other facilities around the country.

"Recurrence of stroke is the primary endpoint," said Dr. Ana Felix, MD, a neurologist and an assistant professor of neurology at UNC who is the primary investigator for the UNC trial. "The idea is to close this hole if having it puts you at risk."

Dr. Frank Longo, chair of the neurology department at UNC, is hopeful that the trial will produce meaningful results. "This is an exciting development if we can find a way to prevent strokes from occurring," he said. The hole in the heart is "something that traditionally has often been missed," he added. "One has to look for new modalities now as to how to fix that hole."

UNC is in the process of enrolling people who already have suffered a stroke. Half will be treated with medication, and half will undergo a procedure to have the cardio seal inserted by catheter into their heart. The devices are manufactured by NMT Medical of Boston, which is paying the cost of the trial, Felix said. Some 1600 people will participate in the study over the next two years. The STARFlex device will include the CardioSEAL. Already in use in Europe, the device has been approved by the Food and Drug Administration for use in the trial here. Dr. Anthony Furlan of the Cleveland Clinic is the overall principal investigator.

NMT Medical estimates that worldwide as many as 500,000 peo-

ple a year who have strokes also have a hole in the heart. The hole, found between the left and right sides of the heart, is called patent foramen ovale (PFO). Blood clots can pass through the hole, be passed on to the lungs and then to the brain, causing stroke. Felix estimated that at least 10 percent of the adult population has PFOs. "In victims of stroke, about half of them have PFOs," she added. "That begs the question whether the two are related."



The STARFlex will be inserted through what Felix described as a "closure procedure" as part of a catheterization process. In about an hour, the device will enter through a vein into the right side of the heart through a tube. The tube will be inserted through the hole and the "umbrella" deployed. The two-sided device is opened on both sides of the heart wall, Felix said.

Dr. Walter Tan, MD, a cardiologist who will handle the procedures, describes the test as potentially ending "a helpless and hopeless attitude toward stroke therapy." Tan, an assistant professor in cardiology and radiology at UNC, is optimistic that the cardio seal and other developments have created "cautious optimism" about "preventing recurrent stroke."

Felix sees another benefit to the trial— bringing together neurologists, who deal with strokes, and cardiologists, who work with cardiovascular disease.

"If you have a heart attack, the occurrence of a stroke in one or two years is likely; if you have a stroke, the occurrence of a heart attack in one or two years is likely," she explained. "This study can promote the link between cardiologists and neurologists. It's important for stroke patients and heart disease patients that there is a connection."

(For details about the devices and to see photographs of them, visit: www.nmtmedical.com/products/ci/index.htm MM)



Donation helps with establishment of CARDIOVASCULAR GENOMICS PROFESSORSHIP AT DUKE

Answers to cardiovascular disease are to be found in genomics, the Duke University School of Medicine wants to be at the forefront. A recent donation will help.

Business executive Richard Johnson and his wife Pat Seaton Johnson recently donated \$1.3 million to Duke to establish a professorship in cardiovascular genomics to be named in their honor. Richard Johnson is a 1952 graduate of Duke where he earned a degree in business. The Johnsons live in Palm Beach, FL, where Johnson is president of Johnson Investment Group in West Palm Beach. He has also served as chairman of St. Mary's Hospital there and of Flagler National Bank. His wife is an active volunteer for St. Mary's Hospital and Hospice of Palm Beach County. He is a member of the Duke Medical Center Board of Visitors.

The professorship, which also will receive \$700,000 from the Nicholas Faculty Leadership Initiative at Duke, is an indication of the university's commitment to genomics research.

"Cardiovascular disease is our country's No. 1 killer, and genomic medicine offers the most promise for early intervention and prevention," said R. Sanders Williams, MD, dean of the Duke School of Medicine, when the professorship was announced.

Research in genomics could lead to better identification of potential health risks and preventive treatment through individualized strategic planning.

"Advances in the genomics of heart disease are coming out of Duke on a regular basis," said Marty Fisher, director of communications for the Medical School's development and alumni affairs office. "Many of these are rapidly

being translated to improvements in patient care."

The Johnsons have hosted annual health conferences along with Duke in Palm Beach and travel to Duke regularly for health treatment.

"They are grateful patients," Fisher said. **MM**

STATE OF THE HEART IN NORTH CAROLINA

The death rate of North Carolinians suffering from cardiovascular disease has declined since 1990, but the state still ranks near the bottom of the 50 states and Puerto Rico.

North Carolina ranks 39th in cardiovascular disease mortality, but the death rate has declined 14.5 percent.

The state is 29th in coronary heart disease despite a 26.4 percent drop in the death rate.

North Carolina is 49th in death rate for stroke. The death rate has declined 8 percent.

A variety of factors that contribute to cardiovascular disease are relatively common among North Carolina residents. Some key points:

- 33 percent of adults are overweight
- 29 percent have high cholesterol
- 28 percent are physically inactive
- 27 percent have high blood pressure
- 25 percent are smokers

Source: American Heart Association, Pfizer

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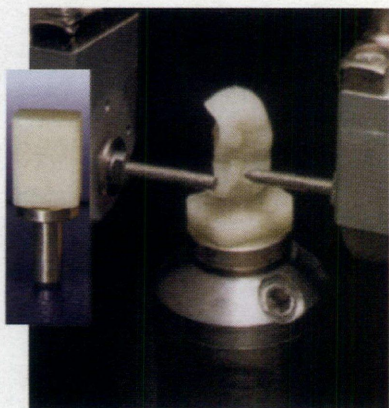

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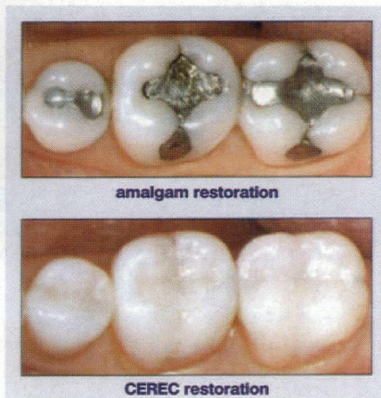


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continued from page 23

Dr. Lance Landvater of Carolina Cardiovascular Associates pointed out that Wake Med has certainly indicated a willingness to invest in the latest technology and treatments. "WakeMed told me that if I wanted a robot, they would buy me one tomorrow," he said, referring to the pioneering heart surgery being done by robot at East Carolina University by Dr. Randy Chitwood.

The robots aren't cheap, either. They cost \$1 million.

Duke study confirms observations

FOR WOMEN, LESS QUALITY OF LIFE AFTER BYPASS

A new study from Duke University Medical Center reports that most women show improvement in their quality of life following heart bypass surgery, but they are more prone than men to face depression and other challenges.

But Dr. Barbara Phillips-Bute, Ph.D., an assistant research professor in the department of anesthesiology who was lead author on the study, is quick to issue a caveat as she discusses the report.

"I would hate for anyone to look at this data and decide not to have this surgery," Phillips-Bute explained. "Most people do experience an improvement in the quality of life—men and women. What we have found is that women don't experience the same degree of improvement, and some are doing worse a year later. But most experience improvement."

The study confirms suspicions of researchers, including Phillips-Bute, who has worked at Duke for the past 12 years, that women appear to have a tougher road to recovery.

"We've been collecting the data for nearly 15 years, and it became clear that the difference in quality of life after surgery was a question that had not been adequately addressed," she said. "We had a good-sized data base, and it was time to answer the question."

Many times, women already face tougher challenges before undergoing surgery, Phillips-Bute added. "They are often compromised beforehand. Women who have heart surgery tend to be older, tend to be less well educated, and they are more depressed before surgery. They are less likely to be married, and they have less social support."

The Duke professor theorizes that one problem women face is the perception that "for a long time, heart disease was thought of as a man's disease." Statistics tell a different story. In 2001, cardiovascular disease was the leading cause of death among women (40.5 percent vs. 21.7 percent for cancer, and more women (498,863) died of heart-related ailments than men (432,245) in 2001, according to the American Heart Association's latest figures.

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Dr. Barbara Phillips-Bute, Ph.D.

To quantify the problem women face, Duke enrolled 280 patients, including 96 women, in the study. A number of tests showed that a year after surgery women lagged in various quality of life measures, ranging from everyday social life to depression and anxiety as well as memory and psychomotor skills.

"Even after you take into account the fact that

women are more compromised in many more ways than men going into cardiac surgery, they still do not do as well in a number of domains," Phillips-Bute explained. "That was unexpected."

Quality of life concerns

The American Heart Association and the American College of Cardiology have issued

guidelines for physicians to follow in discussing the surgery with patients. Quality of life following the procedure is a primary concern.

Challenges resulting from bypass surgery are not rare, given that the procedure is relatively common, especially in the South. AMA statistics show that more than 305,000 people—including 93,000 women—underwent bypass surgery in 2001. Of those patients, 165,000 were age 65 or over. More than one third of the patients (116,000) were from the South.

Alternatives to traditional bypass surgery that are less invasive have been developed, and the increasing popularity of stents for opening clogged arteries is gaining rapidly in popularity. A result is that the number of bypass procedures has, in fact, declined from a peak of more than 600,000 per year in the mid-1990s.

Bypass surgery also remains quite expensive. The average cost is more than \$60,000, and 2.4 percent of patients who undergo the procedure do not survive. Of the six most common heart-related surgeries, not including heart transplants, only heart valve replacement costs more (\$85,000) and has a higher death rate (5.8 percent) than bypass surgery, according to the AMA.

According to Phillips-Bute, women face other challenges in addition to advanced age.

Asked if the fact they often are widows is a contributing factor, Phillips-Bute said, "that is

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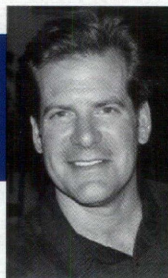
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part of it. I also feel that social support questions are a big piece of this. They don't have someone to look after them like so many of the men do.

"Another factor is that women tend to be the caretakers in their families, and when the caretaker is sick there may not be the social structure in place that they need—one they typically would provide," she explained.

Bypass patients also don't have a social network to call upon for support, unlike groups for women who suffer from breast cancer. Phillips-Bute said that creating similar organizations for women who have bypass surgery "is a great idea. Providing avenues of social support could be critical" to improving quality of life.

Women can help themselves improve life after surgery by preparing in advance, Phillips-Bute added. "We would like to encourage women who are having cardiac issues to think about these quality of life concerns. Who will be taking care of things after they get back home, not only the cooking and cleaning, but the social support?"

"Because improvement in the quality of life is a major reason for having the surgery, we'd like to see both men and women have equal gains."

The study was published in the *Journal Psychosomatic Medicine* with the support of the National Institutes of Health and the AMA. Making up the research team in addition to Phillips-Bute were Joseph Mathew, MD; James Blumenthal, Ph.D.; Kathleen Welsh-Bohmer, Ph.D.; William White; Daniel Mark, MD; Kevin Landolfo, MD, and Mark Newman, MD. They are part of Duke's Neurological Outcome Research Group and the Cardiothoracic Anesthesiology Research Endeavors Group. **MM**

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LEADING CAUSES OF DEATH

Cardiovascular disease is the biggest killer of men and women in the United States.

In 2001, the leading causes of death among men were:

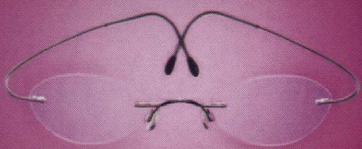
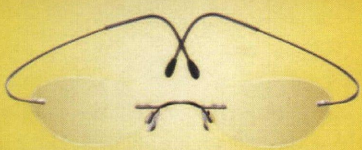
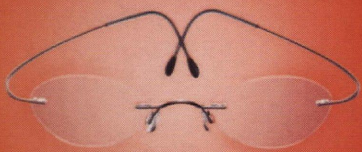
CVD:	432,245
Cancer:	287,075
Accidents:	66,060
Chronic lower respiratory diseases:	59,697
Diabetes:	32,841

In 2001, the leading causes of death among women were:

CVD:	498,863
Cancer:	266,693
Chronic lower respiratory disease:	63,316
Diabetes:	38,531
Alzheimer's:	38,090

Source: Center for Disease Control

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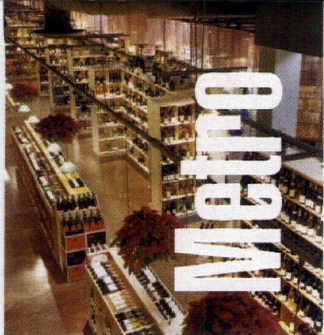
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A New Southern Season

NEW SPACE RETAINS THE SPIRIT

What has 59,000 square feet, 500 kinds of candy bars, 400 varieties of cheese, 20,000 bottles of wine and Chapel Hill's second commercial clock tower?

The answer: A Southern Season, now in Chapel Hill's University Mall at the intersection of Estes Drive and the 15-501 by-pass. One of the Triangle's earliest and most enduring specialty food emporiums, A Southern Season is the brain child of Johnston County

native Michael Barefoot, who still heads the company after 28 years of successful operation. The new A Southern Season was designed, constructed and moved into renovated space in less than 18 months. The grand opening

this past September, attended by North Carolina's first lady, Mary Easley, kicked off a holiday season that more than doubled sales in some of the store's departments.

EFFECTIVE MANAGEMENT

Michael Barefoot credits the feat to effective management of a complex project. Principal architect Fred Stewart of Fredrick Stewart Architecture in Efland, NC, also designed the 1992 renovation of the Eastgate store which expanded the space from 14,000 to 28,000 square feet. In both locations, Stewart worked with Carneal Downey Construction of Raleigh and, in the case of University Mall, the two interfaced with JS Architecture and Brasfield-Gorrie Construction, two Raleigh-based firms already employed by University Mall operator Kane Realty in the overall renovation of

the center. "Fred Stewart's job was to retain the look and the character that our customers loved about the Eastgate store while dealing with twice the amount of interior space for the specialty store and the Weathervane, our adjoining restaurant," says Barefoot. "It was a massive project."

Stewart, another North Carolina native and a '70s era graduate of North Carolina State University's College of Design, has a reputation for combining research with a sensitive ear for client needs and aspirations. His concept for the new store began with Barefoot's enduring business philosophy that every customer and visitor to A Southern Season should leave feeling better than when he walked in. Stewart's challenges included expanding space for eight departments, offer-

ing everything from luxurious candies, a world-wide assortment of coffees and teas, one of the largest selections of wines in the Triangle, international grocery items, delicatessen foods, baked goods, fine housewares, boutique items (such as spices and the "Best of North Carolina," featuring A Southern Season's own and other North Carolina culinary specialties).

In addition, notes Barefoot, A Southern Season can now feature a 48-seat cooking school with a terrace for teaching gourmet grilling, a hearth oven in the deli section, and a fresh and decorator flower market. "Fred interviewed each of our department heads to learn what they needed and wanted for their new spaces," Barefoot said. "He also spent time with me and vice-president Tim Manale



A new item, flowers, both fresh and man-made, adorn the new A Southern Season.

flying around the country for a concentrated look at major cooking schools to figure out how to do ours."

IN AND OUT

The store's exterior, built over a former department store's footprint, resonates with many of the design elements that have become trademarks of A Southern Season: warm toned brick, a defining clock tower, and enticing sheltering entrances to both the store and its restaurant, now situated along University Mall's main Estes Drive façade. The interior Mall entrance showcases the sumptuous candy department that welcomes customers as it did in the former location.

The Weathervane, twice its former size, has interconnecting spaces with views of the L-shaped, covered outdoor dining and bar patios featuring resin-topped tables, some ensconced within the curves of the façade's serpentine wall. Tall heat lamps and ceiling fans extend the patio season. The focal point

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of this pleasant space (part of which was once a parking lot) is the rooster fountain that graced the former Weathervane patio. "The restaurant has its own entrance, which gives it an identity after the store closes," Stewart says. "From that entrance, the guest has a view into both the restaurant's interior spaces and the landscaped outdoor dining areas. The landscaping is the work of Pittsboro garden designer Caroline Siverson of Kinetic Gardening."

Stewart placed the new Weathervane's coffee and wine bar adjacent to the gleaming metal and glass containers that house the coffee and teas at the store's main entrance. "Michael wanted people sitting in the bar area to be able to interact with friends coming into the store," he explained. "The glass wall of the bar has openings so people can converse back and forth. The wall's niches hold fine art and glass which is displayed for purchase."

Of particular interest is Stewart's design for the bar itself. Constructed by Meld USA of Raleigh, the handcrafted concrete bar with inlaid oak panels provides seating for customers and service areas for the wine steward and bartender. The fine details of this feature introduce the customer to those used lavishly throughout the restaurant and store. Other decorative and serviceable built-ins are constructed in the dining rooms and include, in the middle dining room, Stewart designed free-standing banquettes upholstered in a geometric fabric, which also provides cloths for four tables. A tall, gracefully proportioned glass-front wine cabinet covers the entire rear wall in Weathervane's third dining area, the appropriately named Oak Room. "It can accommodate a wedding party of 150 to 175 by opening it up to the adjoining dining patio," said Stewart. Weathervane's total capacity is 392.

A walk with Stewart through the new A Southern Season follows a pedestrian loop that takes us past a series of carefully defined spaces that sparkle with gorgeous merchandise efficiently arrayed on tall stainless steel Metro racks. The wine department, notes one observer, is a veritable library, with light paneled shelves and green-shaded hanging lamps that allow perusing and selecting wine in an efficient but relaxed setting. In the Vietri boutique, a part of the House and Home department, traditional whitewashed cupboards display every line of the popular Italian dinnerware and accessories.

The loop is distinguished by panels of shimmering copper mesh hanging above in formation and swaying with the currents of air and the movements of customers walking below. A stain of subtle autumnal hues applied to the concrete floor throughout the store adds to the palpable sense of warmth and well being. The soothing interplay between the store's décor and its eclectic, functional merchandise is enhanced by a complex combination of dramatic lighting, the result of the collaboration between Stewart and lighting designer Jeff Brown of Carrboro's Colorlume Inc. It incorporates Italian Murano glass fixtures chosen by Stewart for the cafe and bar, traditional hanging lamps for the wine department and discreet fiber optic illumination used within cabinets.

A TEAM EFFORT

When Barefoot brought his staff together for a two-day retreat in anticipation of planning the new store, he found they wanted

Culinary Lessons at A Southern Season (CLASS), the new cooking school, makes use of state-of-the-art audio-visual technology in its chic mezzanine space.





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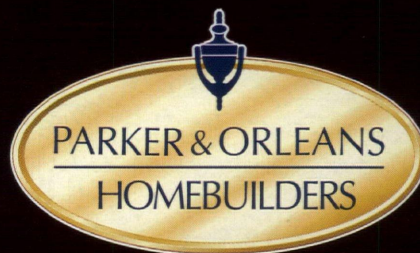
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spaces suitable for a year-round schedule of seminars and demonstrations. "We all agreed on what was important to us and to the success of A Southern Season," says Barefoot. "Product, entertainment, excitement and education. I found that we had 200 teachers in our employ." Urged by the staff to educate customers in subtle enjoyment—including combining chocolate and vinegar—and to showcase a variety of cuisines and cooking techniques, Barefoot and Stewart installed the CLASS Cooking School on the store's mezzanine level. CLASS is an acronym for "Culinary Lessons at A Southern Season." "We wanted the cooking school to be flexible enough for food demonstrations, watching sports or DVDs on our big plasma screens, or meetings," says Barefoot.

Equipped with SubZero and Wolf residential-grade appliances to replicate what many clients may have at home, the cooking school is furnished with granite counters for pastry making, two cook-tops, two refrigerators, a wine cooler and a freezer. Selectively placed mirrors and modern media technology are there to create effective classroom communication. (Stewart collaborated with Frank Konhaus of Kontek Systems in Durham on the state-of-the-art AV system.) Barefoot is also enthusiastic about the 500-square-foot grill terrace, where in the spring staff will teach the nuances of outdoor cooking.

The new A Southern Season is an aesthetic experience. Michael Barefoot and Fred Stewart have created more than an impressive specialty foods store and quality restaurant. The artful and functional design accommodates staff creativity while displaying the quality and appeal of each of the store's 75,000 items. The architect and the businessman have ensured that every customer, visitor and friend leave A Southern Season feeling better than they did when they came in. **MM**

How Do They Do It? —Diane Lea

With the new A Southern Season store already outstripping projections of 12,000 transactions a week and an average weekly volume of \$300,000, Michael Barefoot, founder and president, qualifies as a major entrepreneur. What accounts for the success of the UNC-Chapel Hill grad, whose only experience in business prior to starting one of the Triangle's first gourmet food stores was a college course he dropped? And in a gourmet food store? "After college I had to invent a job for myself," says Barefoot. "I interviewed for some positions here and there and nothing really clicked for me." Every time Barefoot thought about what he really liked to do, it always came back to food. Growing up in rural Johnston County on the family farm, Barefoot was influenced by his father's almost fanatical devotion to freshness and quality in everything he grew or raised. "It might mean going out with a flashlight to pick the corn just before it went into the pot for dinner, but my father was determined that it would be the freshest corn available." Everyone in Barefoot's family seemed to have a specialty they were determined to make the best in its class—his aunt's pound cake, his father's cure on the country hams, a cousin's jams and jellies.

With a slim marketing study and no advertising budget (he figured Chapel Hill had hungry students and was small enough that word of mouth would take the place of buying ads), Barefoot set up shop in 600 square feet in a strip shopping center off 15-501. There he offered tastes

of cheeses and coffees and set for himself the standard that everyone would leave his store feeling better than when they came in. "I wanted each customer to take away something that he needed that day, whether it was conversation, a joke, a free sample or a purchase," says Barefoot.

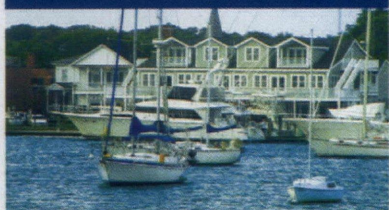
In addition to customer service, Barefoot's other passion was giving each of his department heads free rein with their own profit center. For example, Caroline Cahan oversees coffee and tea. "She has a bottom line to meet and she goes about it in whatever way she sees fit," says Barefoot. "She selects and orders the products, she hires and trains her personnel, she decides how the space is allocated and how it is to look. It is her coffee and tea store."

Barefoot also has allowed his employees to work where they want to, doing what they do best. "Our general manager, Briggs Wesche, doesn't have an MBA, but she is the best COO we could have," says Barefoot. On the other hand, vice-president Tim Manale, does have an MBA. He prefers to spend his time on the floor interacting with customers and helping them select products for every occasion.

Long-time friend and the architect for the new A Southern Season, Fred Stewart, summarizes what may be the secret ingredient in Barefoot's success. "Michael always looks at his store design and product presentation through the eyes of his customers, to achieve an experience that will make them comfortable, yet excited."



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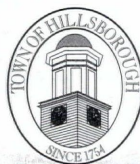
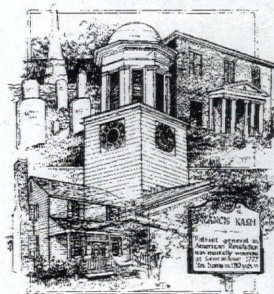
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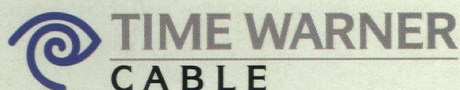
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RESORT/TRAVEL/HOTEL

Golf resort
Resort spa
Airline
City hotel
Hotel for out-of-town guests
Hotel for meetings/conventions

FOOD

Ethnic restaurant
Grocery store
Wine retailer
Restaurant for power lunch
Outdoor dining
Coffee house
Restaurant
New restaurant
New Chef
Chocolate store
Deli
Speciality Food store
Restaurant for Take-out
Japanese restaurant
Waitstaff
Chef
Caterer
Barbecue
Hot dog
Hamburger
Pizza
Steaks

SHOPPING/RETAIL

Mall
Shopping center
Department store
Men's clothing store
Women's clothing store
Place to buy:
Wedding ring
Men's suits
Pearls
CD's/DVD's
Television
Cosmetics
Skin Care Products
Fur Coat
Children's toys
Stationery
Camera
Drug store
Computer
Boat
Designer jewelry
Watch
Shoes

Name:

Address:

City/State/Zip:

Home phone: ()

Work phone: ()

E-mail:

Tell Us Your Favorites

Handbag	Party school
Sunglasses	Private high school
Perfume	Private lower school
Linens	FINANCIAL INSTITUTION
Lingerie	Bank
Bathing suit	Insurance agency
Maternity clothes	OUT IN THE PUBLIC
Kid's clothing	Public museum
Wedding dress	Historic site
Evening/cocktail wear	Charity event
Outdoor clothing	Campus architecture
Golf equipment	Sporting event
Picture framing	Cultural event
Piano	MEDIA
HOME LIFE	Regional TV personality
Florist	National TV personality
Garden center/nursery	Radio personality
Place to own a second home	Weather personality
Residential real estate company	Fiction book
Commercial real estate company	Non-fiction book
Place to buy:	Local author
Indoor lighting	Local artist
Kitchen appliances	Local bookstore
Bed	INDULGENCES
Fabrics	Cigarettes
Contemporary furniture	Cigar
Traditional furniture	Soft drink
Beach house furniture	Beer
Outdoor furniture	Wine
Carpet	Liqueur
Art	Vodka
Oriental rug	Bourbon
Antiques	Gin
HEALTHCARE/WELLNESS	Scotch
Hospital	Rum
Emergency room	Marguerita
Birthing center	Martini
Cardiac center	Bloody Mary
Cancer care center	Cosmopolitan
Eyecare center	Restaurant for beer
Plastic surgery center	Restaurant for wine
Vein clinic	AUTOMOTIVE
Veterinarian	Car dealership
Accupuncturist	Sports utility vehicle
Assisted Living center	Sports car
Health club	Van
Day spa	Truck
Wellness center	Sedan
COMMUNICATIONS/TECHNOLOGY	Luxury car
Internet service provider	Hybrid car
Cell phone service	Dealership for service
EDUCATION	SPORTS
Private college	Favorite sports team
Public college	Golf course

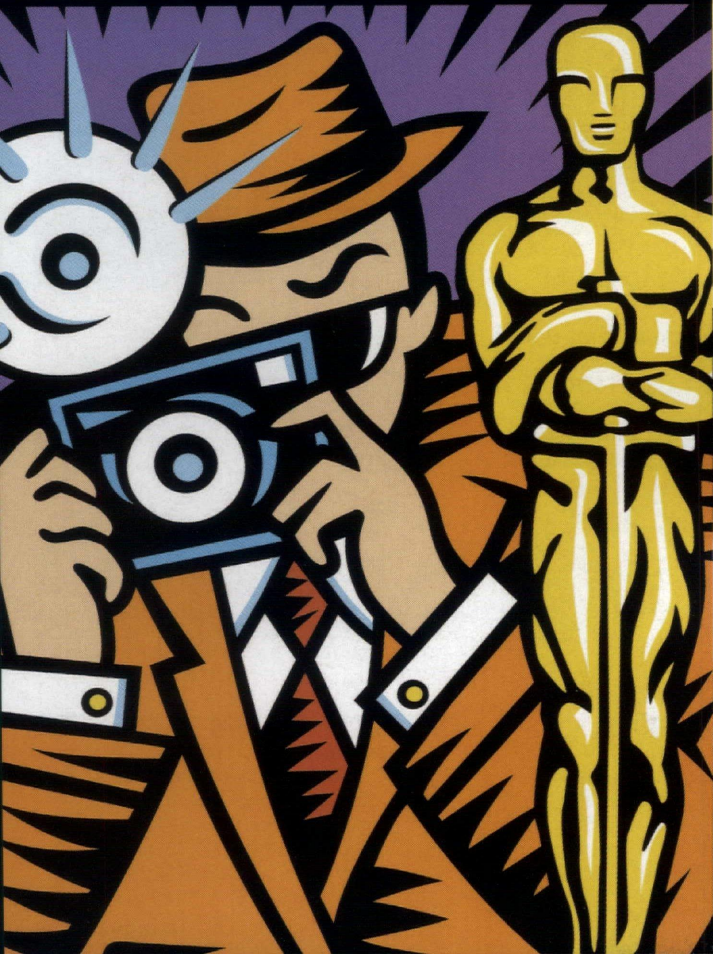


Way: A Tribute to Frank Sinatra will bring back favorites from the repertoire of Ole Blue Eyes when a traveling troupe performs in two regional venues this month. The show will be staged at Carolina Theatre in Durham and at Film Theatre, Roanoke Island Festival Park Manteo. (See Preview for details.)

COURTESY OF CAROLINA THEATRE

Openings

OSCAR NIGHT PARTY AMERICA



A RARE EXHIBITION OF SCRIMSHAW (the art of decorative carving on whale teeth by sailors and other seafarers) from the collection of Scudday Sullivan of Edenton is on view at the NC Maritime Museum in Beaufort. Shown here are a box of dominoes crafted from whale teeth and backed in ebony wood and several designs etched on the teeth of sperm whales. (See Preview for details.)

Oscar Night Party America, (left) one of 46 official parties held across the country—with the Oscar broadcast shown live on the giant screen of IMAX Theatre at Exploris, Raleigh. Guests will proceed down a red carpet, be snapped by paparazzi and enjoy a dinner buffet and cabaret. Copies of the 76 Academy Awards show poster (shown here) will be available. (See preview for details.)

COURTESY OF NC MARITIME MUSEUM





Preview

by Frances Smith

COLD MONTH—WARM HEARTS—HOT EVENTS

IN THE MUSEUMS

AN EXHIBIT OF SCRIMSHAW, decorative carvings on whale teeth from the rare collection of Scudday Sullivan of Edenton; NC Maritime Museum, Beaufort; thru April 18. Call 252-728-7317 or email maritime@ncmail.net.

CAROLINA ON MY MIND: THE JAMES TAYLOR STORY, exhibit featuring awards, photographs, and mementos about the musician's life; Chapel Hill Museum, Chapel Hill; thru June 21. Call 919-967-1400.



Church Gate Station, Bombay India, 1995. From *Migrations: Humanity in Transition*, by Sebastião Salgado at the Ackland Museum in Chapel Hill

MIGRATIONS: HUMANITY IN TRANSITION AND THE CHILDREN, Sebastião Salgado's photographs of humanity in transition; Ackland Art Museum, Chapel Hill, and Center for Documentary Studies at Duke University, Durham. Call Ackland Art Museum at 919-843-1611 or visit www.ackland.org. Call Center for Documentary Studies at 919-660-3663 or visit <http://cds.aas.duke.edu>.

AT NC MUSEUM OF HISTORY: AFRICAN AMERICAN READING ROOM, books for all ages about North Carolina's African American communities, Feb. 1, 7-8, 14-15, 21-22 & 28-29. **AFRICAN AMERICAN HISTORY TOURS**, explore the lives and accomplishments of North Carolina's African Americans, Feb. 7, 14, 21, & 28. **MAKE IT, TAKE IT: VALENTINES**, make a Victorian Valentine for someone, Feb. 14; NC Museum of History, Raleigh. Call 919-715-0200 or visit www.nc-museumofhistory.org for information.

ARTISTS OF SOUTHEASTERN NORTH CAROLINA, ANNUAL JURIED EXHIBITION, Feb. 6-May 2 (Opening reception Feb. 5); **A NATURAL INFLUENCE**, new works by NC Master Potter Ben Owen III; Feb. 6-May 2 (Gallery tour of Owen's pottery & hands-on demonstration of how he creates it, Feb. 7). Louise Wells Cameron Art Museum, Wilmington. Call 910-395-5999 or visit www.cameronartmuseum.org.

CONTRAPTIONS A TO Z, traveling exhibit revealing the clever mechanisms hidden inside everyday devices using each letter of Roman alphabet; Museum of Life and Science, Durham; Feb. 7-May 31. Call 919-220-5429 or visit www.ncmis.org.

WINTER TRAILS: PATSY POND, guided nature hike in the Croatan National Forest to identify trees and birds in winter; North Carolina Maritime Museum, Beaufort; Feb. 18. For reservations, call 252-728-7317.

W. E. B. DUBOIS PHOTOGRAPHS, 45 photographs of African-Americans originally selected by DuBois for display at Paris Exposition Universelle; John Hope Franklin Center, Duke University, Durham; through Feb. 27. Call 919-684-2867.

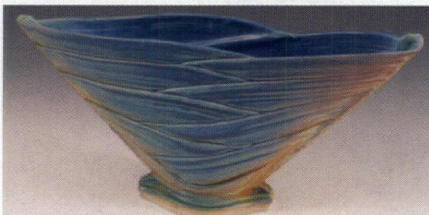
GALLERIES & ART TOURS

JOSEPH CAVE, recent oils; Gallery C, Raleigh; thru Feb. 10. Call 919-828-3165 or 888-278-3973.

COLORS OF MID-WINTER; Nancy Tuttle May Gallery, Durham; thru March 1. Call 919-688-8852 or visit www.nancytuttlemay.com.

NEW VIEWS, current works by gallery members; Exhibit 20, Raleigh; thru Feb. 28. Call 919-831-5454.

COLORFUL ELEGANCE, featuring potter and ceramic artist Doug Dacey; thru Feb. 24; Francisco Gonzales, lino-cuts, collage & mixed media works on paper; Green Tara Gallery, Chapel Hill; thru March 13. Call 919-932-6400 or visit www.greentara.com.



Vase, untitled, by potter Doug Dacey in, "Colorful Elegance," at Green Tara Gallery, Chapel Hill

JURIED EXHIBITION OF WORKS BY MEMBERS OF ARTSPACE ARTISTS ASSOC.; Artspace, Raleigh; thru Feb. 28 (opening reception Feb. 6); Call 919-821-2787 or visit www.artspaceenc.org.

LANDSCAPES IN ART, group exhibition; City Art Gallery, Greenville; Feb. 5-28. Call 252-353-7000 or visit www.city-art-gallery.com.



Self-Drawing: Empty Nest by Andrea Gomez, 2003 New Works Winner, Best in Show in Artspace Artists Association Exhibition at Artspace, Raleigh

FLOWERS, CHOCOLATE & SONG, oils, watercolors, clay floral show with 10 NC artists featuring chocolate desserts and the Barbershop Quartet; Carolina Creations, New Bern; Feb. 6-March 15 (opening reception Feb. 6). Call 252-633-4369 or visit www.carolinacreations.com.

CELEBRATING THE FEMININE DIVINE, Saints & Goddesses, Abstracts & Still Lives, work by Sudie Rakusin; Horace Williams House, Chapel Hill; Feb. 8-March 3 (opening reception Feb. 15). Call 919-942-7816.

POP, BOOM, AND CRASH, the art of the crash by John Mathos; Animation & Fine Art Galleries, Chapel Hill; Feb. 13-March 11. Call 919-968-8008 or visit www.animationandfineart.com.

THROUGH WOMEN'S EYES, BY WOMEN, 20th annual juried art show for women artists; Sheraton Hotel, Chapel Hill; Feb. 20-29. Call 919-968-4610.

FEARRINGTON FOLK ART SHOW, free folk art extravaganza featuring more than 30 Southern folk artists; Fearrington Village; Feb. 21-22. Call 919-542-4000.

THE 26TH ANNUAL RALEIGH FINE ARTS ARTISTS EXHIBITION, Gaddy-Hamrick Art Center, Frankie G. Weems Art Gallery, Meredith College, 3800 Hillsborough Street, Raleigh; February 29-April 4. Juror's Lecture, featuring Jeff Fleming, senior curator at the Des Moines Art Center, Feb. 22 at 2 pm at the NC Museum of Art.



Couleurs Provencale, a sunflower landscape by Jennifer Young at City Art Gallery, Greenville

CLASSICAL CONCERTS

CLASSICAL FAVORITES, North Carolina Symphony—around the region; visit www.ncsymphony.org.

Feb. 3, Sanford, Call 919-775-5031

Feb. 5, Southern Pines, Call 919-733-2750

Feb. 6, Wilmington, Call 800-732-3643

Feb. 7, Fayetteville, Call 910-484-3032

FRANK IOGHA, pianist; Nelson Music Room, East Duke Building, Durham; Feb. 5. Call 919-684-4444.

DUKE CHORALE WITH THE CHAMBER CHOIR OF THE CHORAL SOCIETY OF DURHAM, featuring Handel & Mozart; Duke Chapel, Durham; Feb. 6. Call 919-684-4444.

FREE BRAHMS CONCERT featuring Eric Pritchard, violin, and Frank Iogha and Randall Love, piano; Nelson Music Room, East Duke Building, Durham; Feb. 8. Call 919-684-4444.

FIRST IN FLIGHT...FIRST IN SONG, Susan Dunn and David Heid in conjunction with Defying Gravity Exhibit; Raleigh Chamber Music Guild; NC Museum of Art; Feb. 8. Call 919-715-5923 or visit www.rcmg.org.

NORTH CAROLINA SYMPHONY, performing Mozart, Strauss, and Dvorak—featuring Jessica Jones, soprano; Chapel Hill Bible Church; Feb. 12. Meymandi Concert Hall, BTI Center, Raleigh; Feb. 13-14. Call 919-733-2750 or visit www.ncsymphony.org.

CIOMPI QUARTET, featuring soprano Susan Narucki; Nelson Music Room, East Duke Building, Durham; Feb. 14. Call 919-684-4444.

CHAMBER MUSIC SOCIETY OF LINCOLN CENTER, Hill Hall, UNC-Chapel Hill; Feb. 14. Call 919-962-1039 or visit www.unc.edu/depts/music.

CLASSICS AND POPS—SALUTE TO GERSHWIN, Wilmington Symphony Orchestra with the winners of the Richard R. Deas Student Concerto Competition; UNCW, Kenan Auditorium, Wilmington; Feb. 14. Call 910-791-9262 or visit www.wilmingtonsymphony.org.

6TH ANNUAL ROMANCE IN THE AIR, presented by the NC Master Chorale Chamber Choir; Kenan Recital Hall, Peace College, Raleigh; Feb. 14. Call 919-856-9700 or visit www.ncmasterchorale.org.

AMERICAN SPRING CONCERT, Duke Symphony Orchestra featuring student competition winner Tasha Tanheco; Baldwin Auditorium, Duke University, Durham; Feb. 18. Call 919-684-4444.

DUKE WIND SYMPHONY WINTER CONCERT; Baldwin Auditorium, Duke University, Durham; Feb. 19. Call 919-684-4444.

AN EVENING WITH CAROLINA VOICES, presented by the Opera Company of NC; Carolina Theatre, Durham; Feb. 20. Call 919-783-0098 or visit www.opera-nc.com.

NC SYMPHONY WITH CHORAL SOCIETY OF DURHAM; Duke Chapel, Durham; Feb. 20. Also Meymandi Concert Hall, BTI Center, Raleigh; Feb. 22. Call 919-733-2750 or visit www.ncsymphony.org.

LANGSTON HUGHES CELEBRATION, American Music Festival chamber music series featuring the Mallarme Ensemble Chamber Players; History Place, Morehead; Feb. 21. Call 252-728-4488.

AN EVENING WITH MARVIN HAMLISCH & THE NC SYMPHONY; Meymandi Concert Hall, BTI Center, Raleigh; Feb. 27-29. Call 919-733-2750 or visit www.ncsymphony.org.

CZECH NONET, presented by the Raleigh Chamber Music Guild; Longview Center, downtown Raleigh; Feb. 29. Call 919-821-2030 or visit www.rcmg.org.

ON STAGE & SCREEN

KING LEAR by William Shakespeare, presented by PlayMakers Repertory Company and directed by Mark Wing-Davey; Center for Dramatic Art, Chapel Hill; thru Feb. 8. Call 919-962-PLAY.

BIG RIVER, THE ADVENTURES OF HUCKLEBERRY FINN; Cape Fear Regional Theatre, Fayetteville; thru Feb. 15. Call 910-323-4234 or visit www.cfrt.org.

MY FAIR LADY, presented by NC Theatre; Memorial Auditorium, BTI Center, Raleigh; thru Feb. 8. Call 919-831-6950 or visit www.nctheatre.com.

DANCE 2004, ballet, modern, tap, and jazz performances; McGinnis Theatre, ECU, Greenville; thru Feb. 3. Call 252-328-1192 or visit www.ecuarts.com.

AND A NIGHTINGALE SANG, a play about an English family during WWII; Feb. 5-8, 11-15, 19-22; Big Dawg Studio, Thalian Hall, Wilmington. Call 910-343-3664 or 800-523-2820 or visit www.thalianhall.com.

DEATHTRAP, a thriller by Ira Levin; Thalian Hall, Wilmington; Feb. 5-8; Call 910-343-3664 or 800-523-2820 or visit www.thalianhall.org.

MY WAY: A TRIBUTE TO FRANK SINATRA; Carolina Theatre, Durham; Feb. 6; Call 919-560-3030 or visit www.carolinatheatre.org. Also at the Film Theatre, Roanoke Island Festival Park, Manteo; Feb. 12. Call 252-475-1500 or visit www.roanokeisland.com.

MORNINGS AT SEVEN, a comedy; Raleigh Little Theatre's Sutton Theatre; Feb. 6-22; Call 919-821-3111 or visit raleighlittletheatre.org.

NCSA STUDENT FILM FESTIVAL; the Film Theatre, Roanoke Island Festival Park, Manteo; Feb. 7. Call 252-475-1500 or visit www.roanokeisland.com.

LES MISERABLES; Memorial Auditorium, BTI Center, Raleigh; Feb. 10-15. Call 919-831-6060.

LITTLE WOMEN: THE MUSICAL; Theatre Previews at Duke and the Dept. of Theatre Studies; Reynolds Theatre, Duke University; Feb. 11-29. Call 919-684-4444 or visit www.tickets.duke.edu.

A BALANCHINE CELEBRATION, Carolina Ballet; Fletcher Opera Theatre, BTI Center, Raleigh; Feb. 12-29. Call 919.719.0900 or visit www.carolinaballet.com.

Silver River, Manbites Dog Theatre, Durham; Feb. 12-28. Call 919-682-3343 or visit www.manbites-dogtheater.org.

The Rocker, drama, Theatre in the Park, Raleigh; Feb. 13-29. Call 919-831-6058 or visit www.theatreinthepark.com.

Kiss Me Kate, musical; Broadway at Duke, Page Auditorium, Duke University; Feb. 16. Call 919-684-4444 or visit www.duke.edu/web/duu/broadway/broadwayevents.htm.

Will the Circle Be Unbroken? world premier of interviews with more than 60 people reflecting on death, rebirth, and a hunger for faith; Swain Hall, UNC Chapel Hill; Feb. 18-March 8. Call 919-843-3865.

The Grapes of Wrath; McGinnis Theatre, ECU, Greenville; Feb. 19-24. Call 252-328-6829 or visit www.theatredance.ecu.edu.

GLENN REDMOND, free show by extraordinary performance poet; The Film Theatre, Roanoke Island Festival Park, Manteo; Feb. 19. Call 252-475-1506 or visit www.roanokeisland.com.

THE DIVINERS, brilliant drama, 1930s Indiana, story of a disturbed young man and his friendship with a backsliding preacher; City Stage, Wilmington; Feb. 20-22. Call 910-342-0272 or visit www.level5atcitystage.com.

THE FULL SHEILA—A DANCING PARODY, southern belles put on "The Full Sheila" to win back wayward husbands & crumbling business; Crystal Pool Productions, Studio Theatre, Thalian Hall, Wilmington;



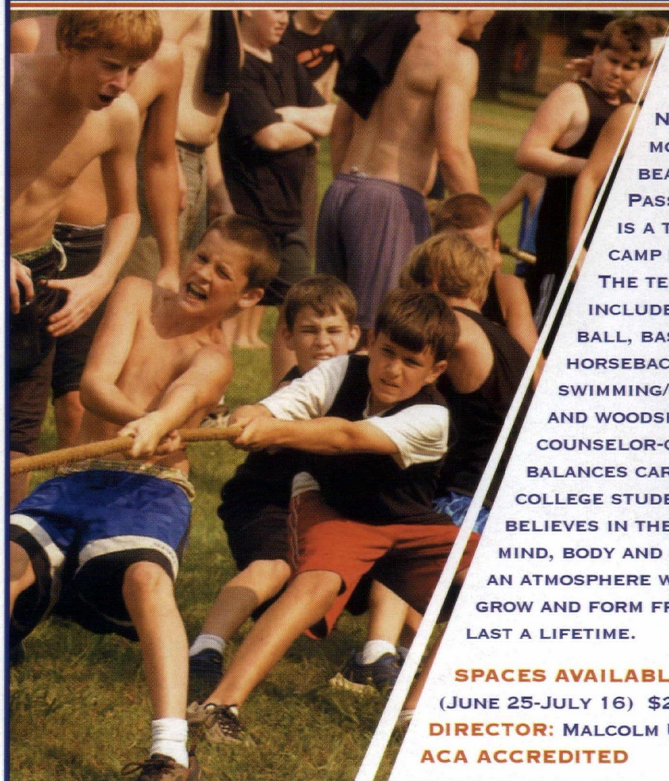
Karen Walsh as Cordelia in PlayMakers production of Shakespeare's *King Lear* in Chapel Hill

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Feb. 26-29. Call 910-343-3664 or 800-523-2820 or visit www.thalianhall.com.

THE FANTASTICKS; Boykin Center, Wilson; Feb. 26. Call 252-291-4329.

THE SUBJECT WAS ROSES; PlayMaker's Repertory Company, UNC-Chapel Hill; Feb. 28-March 21; Call 919-962-play or visit www.playmakersrep.org.

6TH ANNUAL JEWISH FILM FESTIVAL; Carolina Theatre, Durham; Feb. 28-29. Call 919-560-3030 or visit www.carolinatheatre.org.

OSCAR NIGHT PARTY AMERICA, one of 46 official parties held across the country; IMAX Theatre, Exploris, Raleigh; Feb. 29. Call 919-834-4040 or visit www.exploris.org.

POP MUSIC

15TH ANNUAL SUNDAY JAZZ SHOWCASE, two jazz performances; Downtown New Bern; Feb. 1. Call 252-638-2577.

CHUCK DAVIS & THE AFRICAN AMERICAN DANCE ENSEMBLE, an event for all ages; Carolina Theatre, Durham; Feb. 16. Call 919-560-3040 or visit www.carolinatheatre.org.

LES YEUX NOIRS, a seven-piece French ensemble shares the magic and emotion of Gypsy music; Stewart Theatre, N. C. State Campus, Raleigh; Feb. 12. Call 919-515-1100 or visit www.pinecone.org for tickets and information.

KID ROCK, concert promoting his latest self-titled album; RBC Center, Raleigh; Feb. 14. For tickets, visit www.rbccenter.com.

JAZZ UNDER THE STARS IV, featuring the UNC Faculty Jazz Quintet and guests; Morehead Planetarium Star Theater, Chapel Hill; Feb. 22. Call 919-962-1449.

CELEBRATING THE AMERICAN POPULAR SONG, the North Carolina Jazz Repertory Orchestra with featured vocalists Kathy Gelb and Chris Murrell; Hill Hall

Auditorium, Chapel Hill; Feb. 26. Call 919-962-1449.

RICHIE HAVENS, one of the most recognized voices in pop music and an ageless soulful style; Thalian Hall, Wilmington; Feb. 26. Call 910-343-3664.

CAROLINA UNION PERFORMING ARTS SERIES: ROY HARGROVE, this gifted trumpeter/flugelhorn player is one of the most influential of acoustic jazz musicians; Hill Hall Auditorium, Chapel Hill; Feb. 27. Call 919-962-1449 or visit www.performingartsseries.unc.edu.

UNC JAZZ BANDS WITH THE DAVID BERKMAN QUARTET, featuring UNC Jazz Lab Band and UNC Jazz Band; Hill Hall Auditorium, Chapel Hill; Feb. 28. Call 919-962-1449.

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REMEMBERING BURLON CRAIG, exhibit featuring outstanding examples of the potter's work; North Carolina Pottery Center, Seagrove; thru Apr. 3. Call 336-873-8430.

AT TRYON PALACE: NORTH CAROLINA HISTORIC SITES HISTORY BOWL, annual competition for Eastern North Carolina middle school students, Feb. 2; **LANDSCAPE PRUNING: THE WHY, WHEN, AND WHEREFORE**, Dr. Tom Glasgow discussing the importance of pruning trees and shrubs, Feb. 14; **FEBRUARY ONE**, Filmmaker Rebecca Ceresse screens and discusses her documentary about the famous Greensboro sit-in, Feb. 19; Tryon Palace, New Bern. Call 800-767-1560.

A SWEET AFFAIR: CELEBRATION OF CHOCOLATE LOVER'S MONTH, enjoy 19 different kinds of gourmet chocolate; Rosemary House, Pittsboro; Feb. 6, 13, 20, & 27. Call 888-643-2017.

CAROLINA CHOCOLATE FESTIVAL, chocolate, chocolate, and more chocolate benefiting Crystal Coast non-profit organizations; Crystal Coast Civic Center, Morehead City; Feb. 6-7. Call 252-505-2203.

"KIDS DAY" - KIDDING SEASON OPEN BARN, the begin-

ning of the birth year when goats give birth to baby kids; Celebrity Dairy Farm, Siler City; Feb. 7. Call 877-742-5176 or visit www.celebritydairy.com for details.

MEMBERSHIP DRIVE VALENTINE PARTY, enjoy hors d'oeuvres, view the restored buildings, view the art of Madelon Hyman and Sue Pachter, and join the Beaufort Historical Association; Beaufort Historic Site, Beaufort; Feb. 8. Call 252-728-5225 or visit www.historicbeaufort.com.

ROANOKE ISLAND 1862 - A CIVIL WAR LIVING HISTORY WEEKEND, two-day festival commemorating the 142nd anniversary of the Battle of Roanoke Island featuring reenactments, children's activities, and historical presentations; The Outdoor Pavilion, Roanoke Island; Feb. 14 & 15. For information, call 252-475-1506 or visit www.roanokeisland.com.



It's a chocolate lovers' paradise at the Chocolate Festival in Morehead City

PRESERVATION FOUNDATION ANTIQUE SHOW, a wide variety of antiques, lectures, identifications and glass repair; Riverfront Convention Center, New Bern; Feb. 13-15. Call 252-633-6448.

SWEETHEART DANCE, dance the night away with your Valentine; Silver Coast Winery, Ocean Isle Beach; Feb. 14. Call 910-287-2800 for reservations.

EMPTY BOWLS, buy bowls made by local artists and enjoy a soup meal; Crystal Coast Civic Center, Morehead City; Feb. 18. Call 252-393-2085.

HAUT BRION DINNER, join His Royal Highness Prince Robert of Luxembourg and Jean-Phillipe Delmas, estate manager of Domaine Clarence Dillon for a dinner featuring wines from Chateau Haut Brion; Capital City Club, Raleigh; Feb. 10. This is an early feature of **TRIANGLE WINE EXPERIENCE**, three days of food and wine benefiting the Frankie Lemmon School and Developmental Center; at selected venues throughout the Triangle; Feb. 19-21. Call 919-420-0402 or visit www.TriangleWineExperience.com.

HEALTHY HEART, HEALTHY LIFE: A FOCUS ON WOMEN, heart-healthy cooking demonstration, health fair with screenings, panel discussion featuring Duke experts, and Continental breakfast and Mediterranean lunch; Hilton North, Raleigh; Feb. 21. To register, call 888-ASK-DUKE.

24TH ANNUAL NORTH CAROLINA FISHING SHOW, a showcase of North Carolina's coastal way of life, including fresh local seafood and a children's program, New Bern; Feb. 28 & 29. Call 252-633-2288. **MM**

Our thanks to Suzie Humphrey and Bess Futrell for their assistance with Preview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 276005 or email: fsmith5@nc.rr.com.

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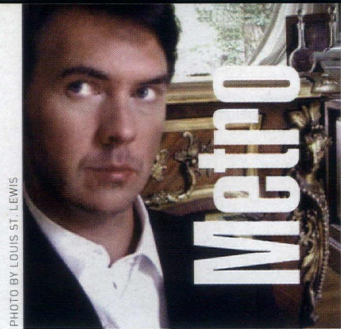


PHOTO BY LOUIS ST. LEWIS

Artist-at-Large

by Louis St. Lewis

Broadhurst Gallery

HONEST ENTHUSIASM AND VERY GOOD ART

I love a road trip. My father was a demolition derby driver during his ill-spent youth, and part of that excitement for reckless driving must have filtered its way down to me, along with his enthusiasm for mint juleps and barbecued pork rinds. Being out and about with the sun on my face and the wind in my hair hurtling down the road a few notches over the posted speed limit is one of those few times when I find the time to philosophize about life and art.

It just so happens that I was roaring down US Hwy 1 South a few weeks ago contemplating the erotic paintings of Picasso, when I noticed to my great surprise that I was going in excess of 80 mph and simultaneously noticed an NC Highway patrolman in the opposite lane. I wisely swerved onto the nearby exit for Pinehurst/Southern Pines and much to my pleasure discovered that I was right there on Midland Rd., home to the Broadhurst Gallery, one of my favorites in the state.

Judy Broadhurst is hands-down one of the nicest gallery directors you will ever meet. She always has a warm smile and a friendly greeting, and her gallery is a gem. There is an honest enthusiasm for life and art that beams from Judy's face, and every gesture seems a celebration. An elegant and stylish woman who cut her teeth in the art world working in some of New York City's finest art venues, she brings a sophisticated eye and an urbane sense of style that is refreshing in the Sandhills.

What I really like about Broadhurst Gallery is the mixture of fine painting and sculpture. The gallery's setting among the towering pines of the area is the perfect backdrop for the large-scale sculptures that show themselves off with such aplomb in Judy's entrance courtyard. I was immediately drawn to the amazing sculptures by young Scott Sides, who is so adept at both metal geometrics and undulating marble forms. Shawn



COURTESY BROADHURST GALLERY

Judy Broadhurst shows one of the gallery's paintings to patrons (top). *Blue Image*, a painting by Bruce Dorfman, is displayed by Judy (right).

Phillip Morin, another sculptor in Judy's stable, proves himself to be a poet of marble with surfaces that ebb and flow like a dance in stone. His *Ezekiel* in limestone and steel would look stunning anywhere and collectors are responding favorably; these works have a fast turn around. Look for this student of Horace Farlowe to have an opening at the gallery on March 28th!

Inside Broadhurst Gallery the environment is no less stunning. Judy has assembled a who's who from the artistic community. The accomplished artworks of Horace Far-



COURTESY BROADHURST GALLERY

lowe, Steve Silverleaf, Sally Sutton, Richard Fennell, Toni Cappel and Gerry Lynch have all found homes here. I turned to my left and found a luminous Wayne Trapp. A glance to my right and I see a Jane Filer hanging on



COURTESY BROADHURST GALLERY

The garden at Broadhurst Gallery.

the wall, which surprised me since they sell so fast nowadays. In the first floor gallery, I was enchanted by the assemblage of paintings of Bruce Dorfman, who reminds me of Rothko in three dimensions. I normally balk at modern landscape paintings in general, but the animated canvases of Joseph Cave capture my attention every time I see them. His

vigorous brushstroke and sophisticated perspectives place his well-crafted canvases head and shoulders above the work of most of the new crop of landscape draftsmen who crank out bland repetitive swampscapes that might look good as corporate wallpaper but offer absolutely no sustenance to the soul. Whether a landscape, still life or European musing, Mr. Cave comes across as an artist worth considering.

Judy Broadhurst also helps to educate and inform the local art community with regular art luncheons featuring different artists and a variety of topics. Judy's son Jason, who shares his mother's acute eye for art and design, often works by her side. It seems obvious that one day he will be a gallery director in his own right since he shows equal enthusiasm for the visual world.

Now that the new highway is going to allow a trip from Raleigh to Pinehurst in about 45 minutes, there is no reason not to make a day-trip to Pinehurst to view great art, do some antique shopping in the nearby village, and treat yourself to the refinements of the area.

PARIS ALEXANDER'S *THE PROPHET*


Since I have been musing on sculptors,

let me state that if you missed Paris Alexander's work recently in "Forecast, New Art for the Millennium" at Raleigh's Artspace, you should feel bad. *The Prophet*, the largest sculpture in the show, harkened back to the wonderfully draped and academic monument sculptures of centuries past. Like a bronze French weeper from a 16th-century tomb, *The Prophet* carried with it a sense of loss, remembrance and resignation. *R. Maplethorpe's arm*, finely crafted from thumb-sized bits of clay with iron stitching, reminded me instantly of the arms from medieval German crucifixes and summoned up visions of persecution and martyrdom.

A self-taught artist with drive and ambition, Alexander repeatedly proves that a self-taught artist with natural talent can trump most MFA students without even breaking a sweat. Perhaps the statements made by NC Museum of Art Director Dr. Larry Wheeler in the literature for the show sum it up best; "The energy of the work lies in both its deceptive fragility and the mystery of what lurks beneath the surface." With an easy-going demeanor and a friendly manner, Paris seems to be hitting his stride and settling into the role of professional artist with great style. **MM**

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SAINTS AND SINNERS AND STROM THURMOND

The recent revelation about the late Senator Strom Thurmond reminded me of what Oscar Wild supposedly said. "Every saint has a past, and every sinner has a future."

No one ever accused Senator Thurmond of being a saint, exactly, but he did have a "past." And by the time of his death, he was something of a political icon and had endeared himself to unlikely folks, including liberal Delaware Senator Joe Biden, whom Thurmond requested to deliver his eulogy. "Perhaps this was Strom's last joke on me," Biden quipped at the funeral service as he reflected on the Senator's choice.

By the time he died at age 100, Thurmond's decades-old image as a hard-line segregationist had become blurred, and he enjoyed significant support from blacks in his home state of South Carolina. It seems that those closest to him, and perhaps who knew him best, were capable of forgiveness when others weren't. Still I was baffled by the picture on national television of an old black man standing respectfully on Thurmond's funeral route in Columbia holding a Confederate flag. I'd love to ask him what message he was attempting to send.

There is an old Turkish proverb that says, "No matter how far you have gone on a wrong track, turn back." Frankly, I don't think it makes much sense to implore people to change their ways and then refuse to forgive them if they do.

It's been my observation—and call me sexist if you like—that women Down East have a greater ability and propensity to forgive the "saint" and see the future in the "sinner" than men folks. Often it's mothers, grandmothers, aunts, women teachers and loving neighbor ladies—black and white—who refuse to give up on kids who sow wild oats and adults who just can't seem to steer a steady course. They don't ration their smiles, their hugs or their words of encouragement. And they give them unconditionally. Their demonstrated faith and prayers sometime work miracles.

Ruth Johnson was a dear black lady from Senator Thurmond's state who helped me in Washington and delighted my friends with her fried chicken and sweet potato

pudding. One day we were riding across the city and passed a park where young men were hanging out, looking aimless and down on their luck. Ruth wondered aloud about them. Hesitantly, I said, "They are male prostitutes, Ruth," expecting her to express outrage. I was surprised when her voice softened and she replied, "Bless their hearts. Poor darlings don't look like they got a place to lay their heads." It was a lesson that I will never forget.



1st Lieutenant Strom Thurmond in the S.C. Defense Force while Circuit Judge, 1938.

If she had been on foot, Ruth probably would have stopped to give them a hug. To her dying day, she clung to the belief that her "sinner" son had a future and defended him, even after he had drained her bank account and left her penniless.

Ruth's sister, Vivadell Holmes, was the immensely popular hostess in the Senators' Dining Room in the US Capitol. When Vivadell decided to marry her long-time friend, a white former policeman, my recollection is that Senator Thurmond was one of the hosts listed on the invitation. I attended the wedding in Crystal City hotel, and the Senator was there and in high spirits.

The late Senator Sam Ervin on one occasion implied that he agreed with Oscar Wild and that he, the hero of Watergate,

had committed some minor transgressions along the way like the rest of us. "However," he said with eyebrows bobbing and a twinkle in his eye, "the statute of limitations has now run out on all my sins."

I expect a lot of Senator Thurmond's friends and supporters felt the same way. And there are few people around now who remember Thurmond as the leader of the Dixiecrats.

I had other occasions to be in the Senator's presence. I wish I could relate them all.

My first recollection is of a fundraiser for my old boss US Senator Robert Morgan from Lillington when he first arrived in the capital. We were hitting up Washington lobbyists, in typical new-Senator-on-the-block fashion, and it was important that some ranking Senators come to spice up the crowd and let the corporate types feel they had gotten their money's worth. Thurmond came and had a great time, in spite of the fact that Morgan was a Democrat and he was a Republican. He was a voracious eater, and literally piled up his plate with the eastern-style BBQ cooked on the spot by some of our friends from Down East—wish I could remember who—at the Potomac Boat Club.

Party labels meant very little to Senator Thurmond, the longest serving Senator in the nation's history. He wore several, including Democrat, States Rights Democratic Party, Dixiecrat and, finally, Republican. He was a farmer, teacher, coach, school superintendent, judge, governor and general.

My late friend Emory Sneed of Wilmington, one of eastern North Carolina's most distinguished citizens, told me this story. Emory graduated from the Wake Forest Law School, then served as Chief Judge of the Army and retired as a general. He went to work for Senator Thurmond on the Judiciary Committee, and Thurmond eventually asked him to serve as his Chief of Staff.

"I told the Senator that I would be honored to," said Emory, "but I was a Democrat. That might be a problem. The Senator didn't blink an eye."

"Well, General, I was one, too," Emory said the Senator replied, "so I certainly can't hold that against you." Emory served the Senator with distinction, later becoming Associate Dean of the University of South Carolina Law School and a member of the Fourth Circuit Court of Appeals. (Note to folks in Wilmington: General Emory Sneed certainly should be included in your "Walk of Fame.")

I worked with Senator Thurmond's wife, Nancy Moore Thurmond, for a year or so in a Washington public relations firm, and I liked her. The story of his marrying this former Miss South Carolina and the considerable age differential does not merit retelling. However, I will tell you from personal observation that she was devoted to him, and he to her. I remember his coming down the hall one morning when he was nearly 80 carrying a heavy typewriter for "Miss Nancy," as he was apt to call her. I offered to take it, but in the most gentlemanly fashion the Senator refused and assured me it was no strain at all.

Nancy Moore Thurmond, though several decades younger than Strom Thurmond, was no gold digger, in my opinion. My mother had a clever way of deflecting

criticism of people she cared for. I remember someone telling her that a young woman in town was about to marry a much older man, expecting to raise Mother's hackles. Instead, she replied quietly, "Better to be an old man's darling than a young man's fool."

Nancy Moore Thurmond, in fact, was "an old man's darling," and although beginning in 1991 she and the Senator lived apart, I understand that she was the dutiful mother of their four children and made sure that the Senator was cared for. The Senator loved these children and was devastated when daughter, Nancy Moore, her mother's namesake, died tragically. Reports are that he also loved Essie Mae Washington-Williams, the daughter he fathered by a black servant when he was 22. He did live long enough to see his namesake begin to carry on his political legacy in South Carolina.

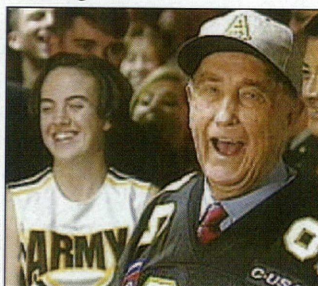
I have often said that I measure people

by the good things they do that they do not have to do. At a time when an invitation from her to almost anyone would have been a command performance, Nancy invited two members of our office support staff to be her guests at the prestigious National Congressional Prayer Breakfast.

One night a group, including Senator Thurmond, Senator Morgan and me, crowded into a cab to make the trip from downtown Washington to Capitol Hill. As we approached the Capitol, a breeze was blowing, and the American flag was waving briskly above the brilliantly lit West front. Senator Thurmond looked up, gazed at the Capitol intently, and

speaking to no one in particular, said, "You know, after all these years in Washington, my heart still beats faster every time I see that sight."

Between you and me, that spoke volumes about the man. **MM**



COURTESY CNN

Thurmond was known for his genteel manners and his charm with young women. At this celebration in 1999, Thurmond shows his appreciation of these college cheerleaders by telling the crowd, "I may be 96 years old, but I still like young women."



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Style

by Molly Fulghum Heintz

Romantic Valentine trifecta

LINGERIE, A MOVIE AND... CHOCOLATE (AND MORE)

As an otherwise romantic Frenchman likes to tell me, Valentine's Day is a purely "commercial American holiday." Indeed, St. Valentine's bones would probably roll over in their reliquaries if he could see what he started. However, displays of affection, commercially induced or not, are almost always a good thing... and so is chocolate.

If you're feeling sassy, you might don a pair of fishnet stockings for a romantic Valentine's evening. If you're feeling classy, you might consider Melonets, the saucy knee-high fishnets that say, "Yes, I'm sexy, but no, I don't do this

for a living." Melonets come with a sporty elastic band in a variety of colors, at www.melonets.com. Valentine's Day may also warrant a new nightie or two. For intimate apparel, branch out from Victoria's Secret and check the selection at Inner Self (at Crabtree Valley Mall or www.inner-self.com). Inner Self carries alluring designs that have va-va-voom but don't suddenly look sordid in the harsh light of morning. Their black silk lace gown with sheer lace between bodice and waistline is \$58, while a charming pair of black silk pajamas, featuring a sleeveless top with deep red embroidery, is only \$68.



For slinkier silk charmeuse, rent some rarely seen romantic flicks, like *Platinum*

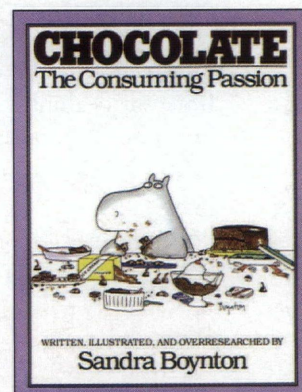


Blonde, with Jean Harlow. Made in 1931 prior to the enforcement of the Hayes Code (the censorship restrictions that had the Ricardos and countless other couples sleeping in twin beds for years after), *Platinum Blonde* is racy and fun, and will make you think twice about just how much your grandmother knows. As one French actress said about the Platinum Blonde star, "Here in France, we spell 'Harlow' with a t." (Get it?)

Chocolate then, with lingerie and a romantic movie, completes the Valentine's trifecta. For something light years beyond the Whitman's Sampler, make haste to Gourmandises de France in Creedmoor Crossings shopping center. Treat yourself and your beloved to a pastry, like a chocolate éclair or a chocolate tart, or surprise your paramour for breakfast on Valentine's morning, a Saturday this year, with a petit pain au chocolat, a.k.a. a chocolate croissant. (The owners are from the European perfume capital of Grasse and could also

probably provide a few pointers on selecting a nice fragrance). For traditional chocolates so good that they will make you weep, log on to the Web site of French chef François Payard, www.payard.com. Made fresh at his Manhattan pastisserie, all types of sublime chocolate confections are available for delivery anywhere in the United States. But beware: they are both addictive and très cher (expensive).

If you are a Valentine's scrooge or simply feeling cynical about love this year, I recommend two books that will help you endure the red and pink tsunami with humor and grace. *Chocolate: the Consuming Passion* is a timeless classic from the cartoonist Sandra Boynton, with many pearls of wisdom, including "chocolate was not meant to be shared," and chocolate profiling (I think I fall under "Gourmoo"). A new book from Sloane Tanen, *Bitter with Baggage Seeks Same: The Life and Times of Some Chickens*, will have you laughing out loud. Tanen



poses chicks in dioramas and gives them very human captions, such as "Anastasia was through making out with Ian. He was never going to change" below a scenario of a princess chick contemplating her frog boyfriend. Photographs of her dioramas have been compiled into this droll little book.

GIN AND SIN

And if you're feeling a few notches below cynical... you might also appreciate a new fragrance about to come to market, Infusion from Bombay Sapphire, the blue-bottled gin. Of course, this raises the chicken-or-the-egg question: was gin invented because someone accidentally drank cologne, or was cologne invented because someone accidentally doused himself in gin? Historically, gin and cologne burst onto the scene at about the same time, the beginning of the 18th century, but not until today have they been reunited. Infusion, available in a \$25 fragrance and a \$19 candle as well as bath products, will be available in duty-free shops early this year. Demeter, the creator



of a tongue-in-cheek fragrance line that features scents from everyday life, already has "Gin and Tonic," (along with "Gasoline" and "Dirt") but Infusion is the gin scent straight up, including essences of Italian juniper, Spanish lemons, and Moroccan coriander, the same ingredients in the Bombay Sapphire recipe. Now you can

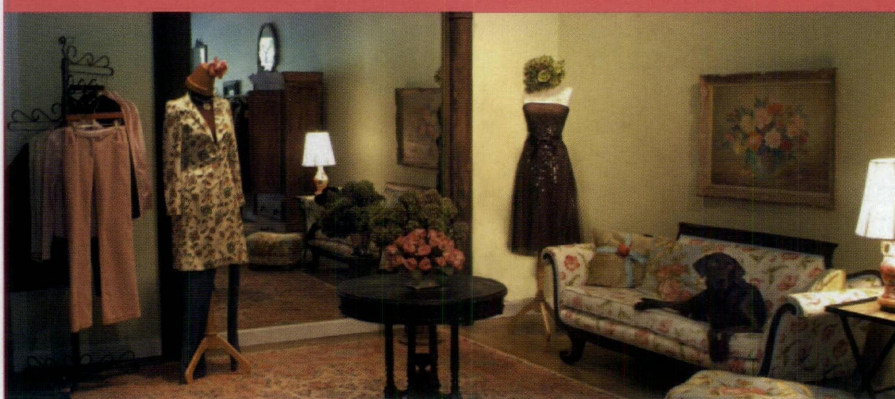


have not only a gimlet eye, but also a gimlet neck, a gimlet wrist...

DOWN THE AISLE

All cynics out there can take a lesson from Miranda, the straight-talking lawyer from *Sex and the City*. She finally fell head-over-heels in love and decided to tie the

SCOUT & MOLLY'S



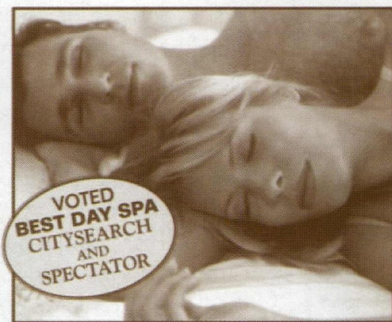
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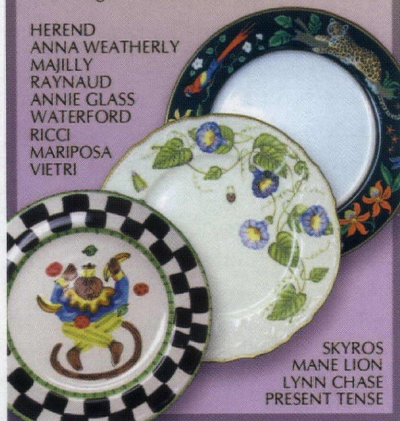
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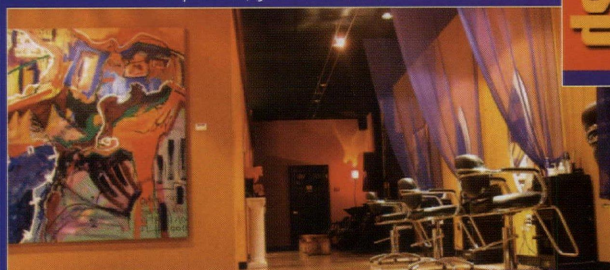
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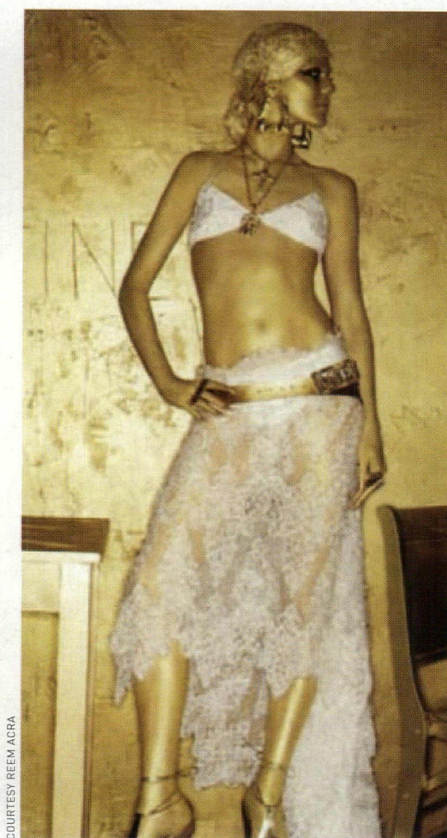
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knot, but adamantly did not want “a circus wedding” and did not want to wear white (as she told the salesperson helping her, “I have a baby; the jig is up”). Saying her vows in an autumnal garden, she looked stunning in a mahogany colored velvet suit. For older brides or those who know the drill, so to speak, it's easier to break away from traditional ideas of what a wedding should be. For first-time, and hopefully last-time, brides, it's a challenge to avoid the cookie-cutter wedding. More designers are allowing brides to give their gowns a distinctive fashionable twist, and that sometimes means deviating from all white. White fur has been a popular detail recently for winter wedding dresses, but this year Vera Wang showed a dress worn with a gorgeous brown mink stole. Many designers of bridal gowns also design eveningwear, and the barriers between the two seem to be slowly breaking down. A strapless satin gown in blush by Michelle Roth, a golden lace confection by Reem Acra... more and more new brides may be tempted to return to the 19th-century tradition of wearing their wedding dresses again to parties during their first years of marriage, as the character May does in Edith Wharton's *The Age of Innocence*.

And remember that in matters of love, sweet little May, just like your grandmother, was not nearly as innocent as she looked. **MM**



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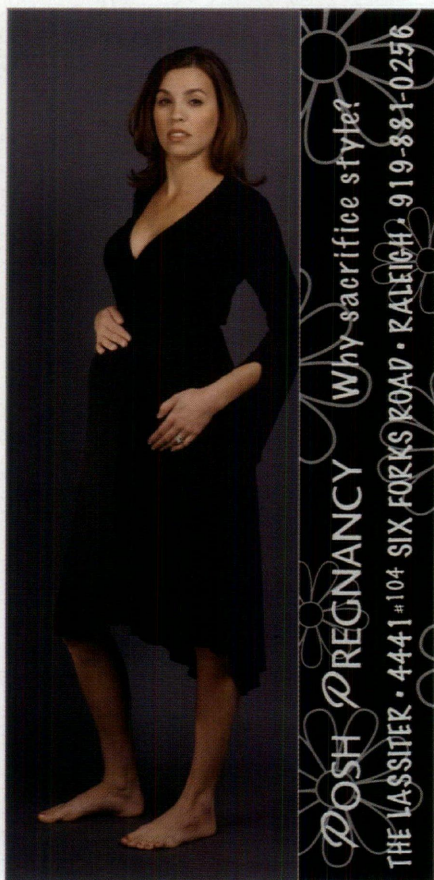
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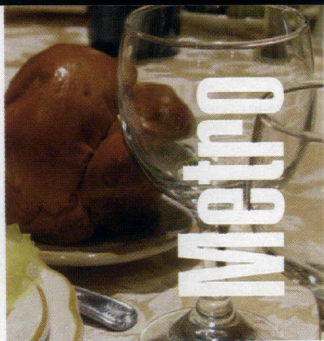
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RALEIGH BISTRO IS FOR LOVERS

Bloomsbury.

The word conjures images of Virginia Woolf and Vanessa Bell, of painted hearths and privately owned literary presses. Right? In England for sure. But in Raleigh at Bloomsbury Bistro—where I recently experienced an opulent four-course meal much like the one that will be offered for Valentine's day this year—the reference is to the city's grand history in a similar era. Bloomsbury Park existed in 1912 at the end of the electric trolley line near the property where the Carolina Country Club was built in 1910. The carousel from Bloomsbury

Park was moved to Pullen Park and operates there today.

Chef-owner John Toler felt a strong desire to create a neighborhood restaurant and named the bistro for the park when it opened nine years near the old Bloomsbury Park.

"It's really mostly the old timers who understand the reference to the Park," Toler said. I had to agree that I'd thought of England immediately but learned my history lesson from the bistro's artful interior. Inside the cozy restaurant, pastel—almost impressionistic—murals of the park depict

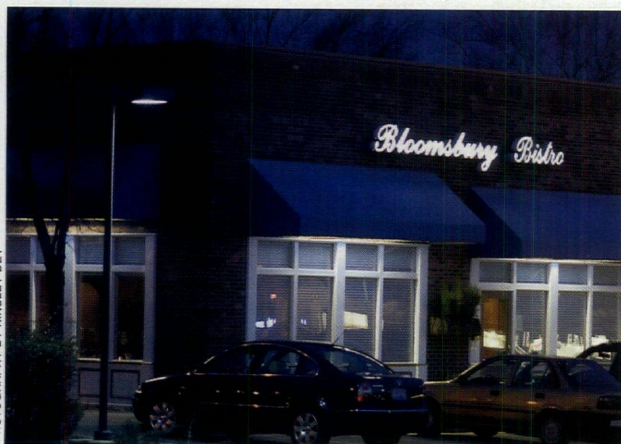
the carousel and the stone work along Glenwood Avenue and the streetcar that ended the line and turned around right beside the bistro. Thus the name: Circle Street. White-painted paneled wainscoting defines cozy seating areas. Near the kitchen there is an enlarged postcard series with photographs of the park.

Toler's sense of historic preservation of Five Points relates directly to his sense of preservation of the dishes he serves and their origins. You'll not find fusion cuisine here. His food is New American, a cuisine that's been around for some time. The name refers



Chef John Toler

PHOTOGRAPHY BY KINSLEY DEY



PHOTOGRAPH BY KINSLEY DEV

to dishes that are true to their cultural origins. "We take the Americas as a melting pot idea and root that in classical French technique preparation," he said. "But we also love working with other cultures, with foreign ingredients. 'The point Toler makes here is that America is the land of immigrants and right now we are melding together quickly, particularly in urban areas. Our food must mirror the conditions of our culture."

It's the biggest night of the year for restaurants and Bloomsbury plans to go all out. This Valentine's Day the prix fix dinner will be top of the line, four courses, similar

to my sample meal, but with pricier ingredients. The cost is \$75 per person. Each person will start with a mixed green salad—expect some exotic addition; we had chestnuts, a Christmas seasonal delight. Second course will be a choice from five appetizers. I suspect that our favorite, fiery Thai beef loin and crunchy noodle stir-fry with cashews, mango and coconut milk-red panang curry broth will make the list. The complexity of flavors and texture won every one of us, including my 15-year-old son. Toler mentioned offering Foie Gras and steak tartar, wonderful old-fashioned favorites. His show-stopping entrées will include lobster, rack of lamb and filet mignon among others. A sparkling rosé wine will be included along with canapés. And their sourdough wheat bread with a lovely hint of sweetness can't be left unmentioned.

Before the dessert sampler you might want to take a breather and image yourself at the park, walking down a long slope toward the carousel in an earlier time when the days lasted longer and relationships were

somehow easier to manage and depend upon. A picnic was a regular occurrence then. Then breathe deep and let the sampler come: baked Alaska, citrus sorbet, gingerbread filled with crème Anglaise, chocolate truffle pudding, hazelnut-crust terrine with raspberry coulis and English toffee crème brûlée. Oh, my sweetheart, you will say, carry me like Cleopatra home on a barge or in a rickshaw or have God himself draw me up to the heavens and ride me home on a cloud.

Chef Toler takes pride in the dining experience of the restaurant. It is quiet and serene—not at all classic bistro dining where open areas and fast service vibrate with activity. He was trained in classical French technique at L'Académie de Cuisine in Washington DC. His mentor was Jeffery Bueben at The Occidental, who now operates Vidalias and Bis in DC. Toler moved to the Triangle and opened Chapel Hill's beloved Mondo Bistro with Rick Robinson where he was sous chef. "That was the most memorable restaurant for me," Toler said. "I took a lot of the dining experience of Mondo and brought it to Bloomsbury. 'Toler also worked in the same location when it was called Five Points Bistro operated by Edwina Shaw and daughter Kelly Mitchell.

Of our entrées the star was my mahi over a sauté of new potatoes and haricots-verts with cracked Maine lobster and tarragon sauce Américaine. All flavors perfectly balanced so that everyone was pilfering family style from my plate. I admired the originality of the Black Pearl salmon in a bowl of potato chowder with spinach gnocchi and chives, a very winter-hearty dish and a wonderful variation on preparation of fish. The pork and the strip steak, ordered by the men, were both hearty entrées with original sauces: Guinness stout bordelaise on the steak and caramelized onion sage stuffing and dried winter fruits with the pork.

So if your heart beats toward dining out on Valentine's day, Bloomsbury is a fine choice to fulfill your desires. In a dining experience that is. **MM**

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Cork Report

by Barbara Ensrud



Italian wines

ITALY STILL THE LAND OF VINES

Oenotria: land of vines. That's what the Greeks called Italy when they first saw it several millennia ago draped in vines from one end to the other.

Italy is still the land of vines, vying with France as the world's top producer of wine. Grapevines blanket its mountainous slopes, its picturesque hills, and its undulating plains; pergolas dripping with grapes adorn households in every village.

Italian wines boast enormous diversity, some that Americans have known for decades, notably Chianti, a wine that has re-invented itself in the last quarter century. Others we have discovered more recently through travel and the flourishing of Italian restaurants here in the U.S. They range from fresh lively whites—Pinot Grigio and Gavi—to bold and fruit-packed reds—Barolo, Brunello, and the SuperTuscans.

Italians, of course, say wine, and mean red. They enjoy white wines, too, before a meal or perhaps (though not always) with the fish course, but reds rule. There are

dozens, in all styles at all price levels: lighter tasty ones that offer great value, such as Valpolicella, Montepulciano d'Abruzzo and simple Chianti, or a step up in the dashing flavors of Dolcetto, Barbera d'Asti, Rosso di Montalcino, Salice Salentino, and onward to the serious reds, traditional (Barolo, Brunello) and new (SuperTuscans), that have winelovers swooning all over the country—and here in the Triangle, too.

The world of Italian wines is a wonder to explore. Here is a brief guide to help you navigate. The focus is mostly on reds. Best vintages: 2001, 2000 (Piedmont), 1999, 1998, 1997, 1996. Recommended producers in italics.

RED WINES

Amarone della Valpolicella, from the Veneto, near Verona. Italy's big gun, often close to 15 percent alcohol or higher. The ripest grapes are left to dry in bins to concentrate sugars, then fermented. Dark and tannic in youth, it can be almost portlike,

though it is dry and very longlived—10 to 15 years at least. Allegrini, Bertani, 'Le Ragose, Masi, Santi, Tommasi \$40-62

Barbaresco, Piedmont. Made from nebbiolo, often thought of as Barolo's younger sibling, matures sooner but it can be as bold; deep violet color, tannic when young but typically evolves into a sleek and berry-scented red with flavors of black raspberries and briarwood. Batasiolo, Clerico, Einaudi, Gaja, Giacosa, Prunotto, Vietti

Barbera d'Alba, Piedmont. Robust, earthy red, berry and dark cherry flavors; can be very longlived, 7 to 10 years or longer, and surprisingly complex. Barbera d'Asti, more vibrant fruit, often tastier, more drinkable sooner and better value. Clerico, Coppo, La Spinetta, Manzone, Michele Chiarlo, Pio Cesare, Prunotto, Vietti \$14-25, single vineyards can be \$45+

Barolo, Piedmont. A tannic bruiser in youth, Barolo's concentrated black fruits evolve into seductive richness with 8 to 10 years in bottle; big vintages and Riservas need longer but reward the wait with velvet texture. Many fine producers include Chiarlo, Clerico, (Gaja \$199-250) Elio Altare, Aldo Conterno, E. Cagno, Luigi Einaudi, Mascarello, Pio Cesare, Prunotto, Villa Lanata, \$40-\$100

Brunello di Montalcino, Tuscany. Brunello's fans verge on the fanatic; they love the succulent core of ripe plum, black cherry and ripe berries, with accents of licorice, vanilla, floral notes and wood. Brunello normale is a bit tannic when released at four years of age, but drinkable though it will improve further. Riservas are bigger, deeper, more concentrated and can age much longer, as they need to do to reach peaks of perfection. Altesino, Banfi, dei Barbi, Col d'Orcia, Frescobaldi Castegiocondo, Il Poggione, La Chiusa, Lisini \$40-100+

Chianti, Tuscany. Best known, most

Ron Francis: Hockey Hero; Wine Collector

Our local Carolina Hurricane hockey hero Ron Francis (with wife Mary Lou, he is honorary co-chair of the 2004 Triangle Wine Experience February 17-19) is a wine collector. I spoke with Ron Francis recently about his love of Italian wines—that is, reds, and learned that he has long been a fan.

His Italian grandfather made wine in Canada where he grew up, and he remembers how it brought the family together at dinnertime. "I had my first glass of wine at about 9," he recalled with a chuckle, "it was 7/8 Sprite and 1/8 red wine." Ron favors the big Italian reds now, many more of which are available in the Triangle since he moved here six years ago. I asked about particular favorites.

"I don't think you can go wrong with Gaja," he said of the famed Piedmont winemaker, Angelo Gaja. "I like Barolo, and the Tuscany reds like Solaia, Sassicaia, Masseto." He was quick to point out that he didn't buy wines to sell or trade. "I like buying wines and sharing them with my friends."

widely available Italian red, and often a great value. Made mostly from sangiovese, with flavors of ripe cherry and blackberry, chestnut, Mediterranean herbs, dark chocolate. Many Riservas rank among Italy's top reds. Numerous producers; among the most reliable: Antinori, Badia a Coltibuono, La Brancaia, Castello di Albola, Felsina, Fontodi, Frescobaldi, Gabbiano Riserva, Isole e Olena, Melini La Selvanella, Querceto, Ruffino, San Felice \$15-25; Riservas \$22-40

Dolcetto, Piedmont. Ripe cherries and red currants laced with darts of tannin that may be a bit off-putting to some; but this juicy little red can be an absolute charmer. Michele Chiarlo, Clerico, Giacosa, Silvio Grasso, Oddero, Prunotto, Stefano Farina, Vietti \$15-22+

Gattinara, Piedmont. Also made from nebbiolo—not as robust as Barolo but sleeker, more elegantly balanced; also long-lived. Dessilani, Travaglini \$29-45

Vino Nobile di Montepulciano, Tuscany. Another lush, dark beauty from the Tuscan hills, made from sangiovese—bigger than Chianti Riserva, less powerful than Brunello but almost as seductive.

Avignonesi, Boscarelli, Dei, Fassati, Ruffino Ludola Nuova \$17-35+

Salice Salentino, Puglia. Earthy, full-bodied reds, with flavors of black cherries and ripe plums—amazing values. Feudo Monaci, Taurino \$9-14

SuperTuscans. A category of its own that emerged in the late '70s by producers in Tuscany seeking to get around then-stringent rules for producing Chianti. The Antinori brothers (Piero and Ludovico), their cousin Marchese Mario Incisa della Rocchetta and eventually scores of Chianti winemakers began making maverick reds—big, concentrated, deeply colored wines based on the best clones of sangiovese, cabernet sauvignon, merlot, or combinations thereof. These are exciting wines that have captivated red wine lovers the world over. Names to look for: Sassicaia, Solaia, Oreno, Ornellaia, Flaccionello, Tignanello, Summus, Luce, Guidalberto, La Pergola Torte, Sammarco \$40-125 and up

WHITE WINES

Italy makes tons of white wines—fresh and dry with bright and lively fruit. Here are a few that I recommend as especially tasty and good value, \$10 to \$20.

Chardonnay. Italy has its own style of Chardonnay, some oaky, rich and expensive. I rather like these fine values: Formentini, Nozzole Le Bruniche, Ruffino Libaio \$11-17

Gavi, Piedmont. Brisk and refreshing, with mineral undertones and accents of pear, citrus and green apples, excellent with fish and shellfish. La Scolca, Michele Chiarlo, Figini \$12-17

Pinot Grigio, northern Italy. Some lesser known but very good ones: Livio Felluga, Lis Neris, Plozner, Santi "Sortesele" \$12-19

Vernaccia di San Gimignano, Tuscany. A softer dry white, with faintly nutty flavors; versatile with light pastas. Falchini, Rocca della Macie, Teruzzi & Puthod \$10-13 **MM**

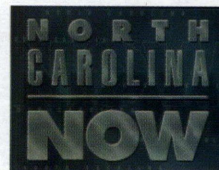


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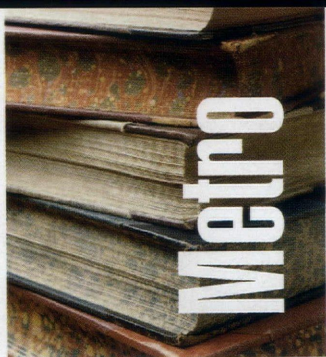
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Books

by Arch T. Allen

Capitalism V. Socialism:

THE EPIC BATTLE OF THE 20TH CENTURY

After centuries of producing for subsistence, people began to produce for profit through trade. The idea of trade in free markets without tariffs and other restrictions was articulated in the 18th century by Adam Smith, who explained that the “invisible hand” of individual self-interest working in free markets would create wealth for individuals and their free-trading nations. Application of Smith’s ideas and the Industrial Revolution made Britain the world’s wealthiest nation in the 19th century.

While the British and other advanced nations began to prosper under the free-market system, Karl Marx condemned it. He called it capitalism because he saw it as permitting the owners of capital to profit by exploiting their workers. To replace capitalism, Marx predicted the inevitability of socialism and, ultimately, stateless communism.

The battle of ideas between capitalism and socialism intensified in the 20th century. By mid-century, socialism seemed set to win, as Marx had predicted. At the end of the century, however, socialism under Marxist-inspired Soviet Communism collapsed. As capitalism circled the globe, a prominent socialist-leaning intellectual proclaimed “the triumph of capitalism.” Among the many chronicles of these events, two recent books bring new insights.

In *The Mind and the Market*, Jerry Muller examines the idea of capitalism. He does not emphasize economics, but, as a historian, explores the cultural, moral and political effects of capitalism. For perspective, Muller notes concerns of Plato and Aristotle about the effects of markets and money on individual virtue and the sense of community. He explores early Jewish and Christian theological thoughts about private property, trade and usury, and he ex-

plains Voltaire’s Enlightenment legitimization of the pursuit and consumption of wealth through markets. Muller then evaluates Adam Smith—first as a moral philosopher, expressing in *The Theory of Moral Sentiments* (1759) moral support for free markets as encouraging cooperation among competing individuals, and also as a classical economist, expounding in *The Wealth of Nations* (1776) the “universal opulence” to be created in free markets. Muller next

explores concerns about the cultural effects of free markets, emphasizing historical context through Edmund Burke’s *Reflections on the Revolution in France* (1790) and Hegel’s synthesis of Adam Smith in *Philosophy of Right* (1820).

The French Revolution and Hegel influenced Marx and his collaborator, Friedrich Engels. With ideas outlined earlier by Engels, they published their *Communist Manifesto* (1848) and famously exhorted workers to unite and revolt against capitalism. Engels called their ideas Marxism, and further elaboration of Marxism followed in Marx’s

Capital (1867). Despite criticisms of Marxism, Muller recognizes its lasting influence, especially with intellectuals longing for revolution. For example, modern-era Marxist Herbert Marcuse influenced the New Left of the 1960s, and together they blamed capitalism for “enslaving” and preventing workers from revolting, thereby justifying the New Left’s revolutionary efforts.

Unlike the anti-capitalist Marcuse, two other 20th-century intellectuals had constructive criticisms of capitalism. British economist John Maynard Keynes sought to explain the world’s Great Depression through a lack of aggregate demand, and his *General Theory of Employment, Interest, and Money* (1936) influenced the US and other nations to intervene in their economies in efforts to create demand. Many

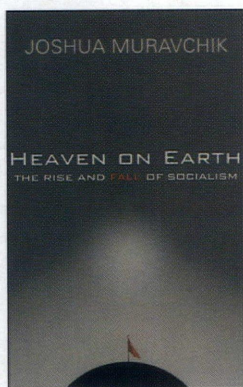
commentators credited Keynes with saving capitalism and called him the leading economist of the 20th century. Competing for that honor was Joseph Schumpeter, an Austrian who ended his career at Harvard. Schumpeter admired capitalism’s dynamic “creative destruction” and saw nothing inevitable about its failure or its succession by socialism. But in *Capitalism, Socialism, and Democracy* (1942), Schumpeter forecast that capitalism’s success in creating wealth would cause cultural and political changes which, when joined with resentment of capitalism by intellectuals, would undermine it and lead to its democratic replacement with socialism.

Soon after Keynes prescribed his interventionist cure for sick capitalism, and Schumpeter predicted socialist succession of a healthy capitalism, Friedrich Hayek warned that both interventionism and socialism threatened the liberty of the individual. One of the greatest defenders of capitalism and severest critics of socialism, Hayek dedicated his portentous *The Road to Serfdom* (1944) to “socialists of all parties.”

REFORMED SOCIALIST

Socialists and socialism are the subjects of Joshua Muravchik’s *Heaven on Earth*. A former socialist, Muravchik is now a resident scholar at a capitalist think tank. From his changed perspective, he brings the rise and fall of socialism to life through the ideas and actions of individual socialists. He traces socialist-like thoughts to Plato and Thomas Moore’s *Utopia* (1516). *Utopia* means “nowhere,” however, and socialism had to find a somewhere. The French Revolution provided the place and the time, and Muravchik finds in it the prototypical socialist construct, proclaiming that revolutionary equality required shared wealth and abolition of private property.

That proclamation inspired Marx and Engels to predict the inevitability of revolutionary socialism. But their prediction was confounded by the success of capitalism and the



Heaven on Earth: The Rise and Fall of Socialism

by Joshua Muravchik
Encounter, 2002,
417 pp.

failure of the workers to revolt. The absence of revolution raised doubts about inevitability and caused a crisis for Marxism, as expressed by Eduard Bernstein in *Evolutionary Socialism* (1899). Confronting the crisis differently, Vladimir Lenin wrote *What Is To Be Done?* (1902), answering that if the workers would not revolt, he would hold a revolution for them.

Lenin held his revolution and seized power in Russia during World War I, and then established Soviet socialism under the Communist Party. Muravchik then explains how Mussolini's socialist origins led to Italian fascism and how Italy joined with Germany under Hitler's National Socialist Party in World War II. Their socialist-fascist axis was aligned against an alliance of capitalist America and Britain on the western front and the Communist Soviet Union on the eastern front. In that wartime mix, Muravchik notes, nationalistic loyalties largely overcame the proclaimed solidarity of international socialism.

Socialism was alive and well at the war's end, however, and in the post-war British elections war leader Winston Churchill's capitalist Conservative Party lost to the socialist Labor Party. Democratic socialism had arrived, and a socialist future was forecast for post-war Europe. Socialism also provided the model for the developing third-world, as socialism's proclaimed success under Soviet Communism was then a widely accepted conventional wisdom. At mid-century, Muravchik calculates that socialism in one form or another enveloped

60 percent of the world's population.

But not America. As the most advanced capitalist economy, America should have been most ready for socialist revolution according to Marxist theory. There were Marxists and socialists here, of course, including in the labor movement. Nevertheless, key American labor union leaders rejected socialism and preferred to benefit their union members through collective bargaining within an expanding capitalist economy. As one observer put it, socialism floundered here "on the reefs of roast beef and apple pie." Among other explanations of the ineffectiveness of socialist efforts here, Muravchik cites *It Didn't Happen Here: Why Socialism Failed in the United States* (2000) by Seymour Martin Lipset and UNC-Chapel Hill professor Gary Marks.

The failure of socialism here helps explain its fall elsewhere. Before socialism's fall, however, government intervention into economic activities here and in Britain led to shortages, strikes, and "stagflation" in the 1970s. In the early 1980s Ronald Reagan and Margaret Thatcher took office and adopted free-market policies for America and Britain, soon followed successfully in West Germany, Japan, Hong Kong and

the Pacific Rim. Those successes affected even Communists, causing Soviet president Mikhail Gorbachev and China's Deng Xiaoping to "repeal communism," as Muravchik puts it, in their economies. Then, coming full circle, Tony Blair, the new Labor leader of Britain, redefined "social democracy," ended his party's core so-

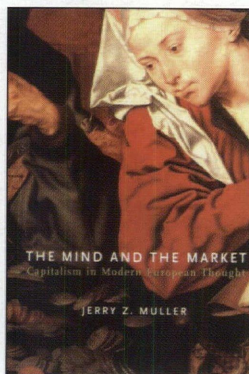
cialist principle of government ownership of the means of production, and turned his party to free markets. Like the American labor leaders who rejected socialism, Blair saw the success of capitalism as a key component of his "third way" to workers' welfare.

AND THE WINNER IS....

In sum, the battle between capitalism and socialism is over—"capitalism has won." So conceded Robert Heilbroner, a prominent pro-socialist intellectual. ("The Triumph of Capitalism," *New Yorker*, 23 January 1989.) Just before Heilbroner's concession, Muller had foreseen capitalism's triumph. ("Capitalism: the Wave of the Future," *Commentary*, December 1988.)

And Muller further articulates his prescience in *The Mind and the Market*. In bringing the idea of capitalism to the present, Muller emphasizes the "Hayekian moment" of current influence of Nobel laureate Friedrich Hayek. (See "MetroBooks," November 2001.) Among other sources on Hayek's influence, Muller cites *The Commanding Heights: The Battle Between Government and the Marketplace That Is Remaking the Modern World* (1998) by Daniel Yergin and Joseph Stanislaw, an excellent account of Hayek's and capitalism's triumph over socialism. (See "MetroBooks," November 2002.)

"The Hayekian stake has been driven ... through the Marxist heart," explains Arnold Beichman, an astute analyst of the competing ideas. ("Out of Gas," *Claremont Review of Books*, Winter 2003.) But critics of capitalism abound and the Marxist heart still beats on life support in academia. For uncovering the false criticisms of capitalism and unplugging the academic life support for Marxism, *The Mind and the Market and Heaven on Earth* are insightful sources. **MM**



The Mind and the Market: Capitalism in Modern European Thought

by Jerry Z. Muller
Alfred A. Knopf, 2002,
487 pp.

NEW AND NOTEWORTHY by Art Taylor

ANTHOLOGIES, NEW RELEASES, WORKSHOPS & SIGNINGS

Lewis Nordan's magical and provocative novel *Wolf Whistle* was recently selected for "Wake Reads Together, 2004," a community reading program organized by the Wake County public library system.

This is the second year the library has hosted the program that encourages readers throughout the county to vote on a single book to read and then delve into that book during

the months leading toward National Library Week in April. According to Susan Brown, a librarian at the Cameron Village Library, an estimated 5000 people read Ray Bradbury's *Fahrenheit 451*, last year's choice, with over 1500 people attending events. She hopes that even more will read this year's pick as the libraries have ordered over 600 extra copies of Nordan's novel to accommodate reader demand; area bookstores have also stocked up their supply.

Published in 1993 by Algonquin Books of Chapel Hill, *Wolf Whistle* was inspired by the 1955 lynching of Emmett Till. This event obsessed Nordan for nearly four decades before he officially set pen to paper to tackle the subject. The resulting novel—whose style might best be described as "magical realism meets the Mississippi Delta"—looks back not just to the pre-Civil Rights era and the legacies of that period, but also to regional themes and literary concerns as old as the Civil War

and Reconstruction. Nordan focuses on race relations, class hierarchy and the roles of women as cornerstones of social order (and an exploration of the anxieties that result when any of these cornerstones begin to shift). His use of local color builds a portrait of region, to be matched with a resentment of how others from outside the South define the same region. Finally, he pairs an idealization of the land with nostalgia for what has been lost and a respect for what has been endured. In short, the book is marvelous—in all senses of that word.

Throughout the next two months—and culminating with a visit to Raleigh by Nordan himself on April 1 (time and place to be determined)—library branches, bookstores and several wide-ranging organizations will host events connected to the novel. Highlights include: author Jim Carrier discussing *A*

host their February altReader Book Club discussion on Friday evening, Feb. 13. The book she's chosen to discuss? *Wolf Whistle*—which may seem an odd coincidence if it weren't for the fact that it's one of Ravenel's own personal favorites. (In fact, she made the choice months before the "Wake Reads Together" selection was announced.) Still, you can't help but appreciate the synchronicity, which provides another fortunate opportunity to gain new perspectives on this important novel.

FRIENDS THROUGH LITERATURE

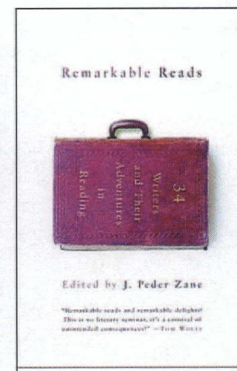
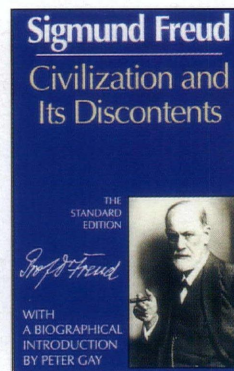
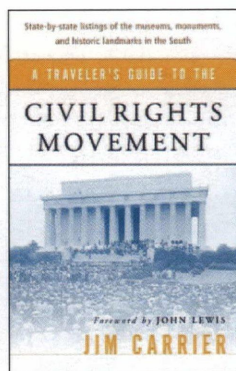
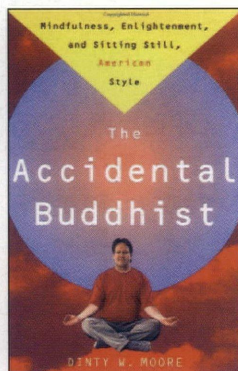
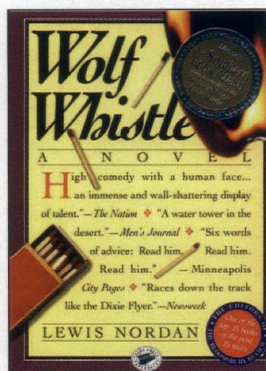
Early February begins the Friends Through Literature lecture series, presented by Hospice of Wake County and co-sponsored by Raleigh's Quail Ridge Books. Novelists Allan Gurganus and Michael Malone kick off the series on Wednesday, Feb. 11, at 11:45 a.m. at the Carolina Country Club on Glenwood Ave.,

literary journal *Arts & Letters*. A professor at Penn State-Altoona, he is currently at work on a nonfiction book, *The Stranger in the House*, about fathers, daughters and adolescence.

Moore's Monday night reading, which takes place in Bryan Auditorium, will be followed by a reception and book signing. Additionally, a question-and-answer session is offered the following afternoon, Tuesday, Feb. 17, in Randall Library Auditorium. For information, contact the UNC-W Department of Creative Writing at 910-962-7063.

HAVEN KIMMEL, AND MORE HAVEN KIMMEL

Last month saw the publication of Durham-based author Haven Kimmel's third book, the novel *Something Rising: Light and Swift* (Free Press). As with her memoir *A Girl Named Zippy* and her debut novel *The Solace*



Traveler's Guide to the Civil Rights Movement at Raleigh's Quail Ridge Books on Saturday afternoon, Feb. 7; the music, poetry and spoken-word program "A Time of Reflection: A Journey in Blues" at Cary's Six String Café on Saturday afternoon, Feb. 14; a screening and panel discussion of the terrific PBS documentary *The Murder of Emmett Till* at the North Carolina Museum of History on Saturday afternoon Feb. 21, co-sponsored by the NC Center for the Book; and a screening of *Exhausted Memories: Joe Holt's Story*, a documentary about efforts to integrate Raleigh's public schools in the mid-1950s, at the Raleigh City Museum on Saturday afternoon, March 13. Each branch of the library will also host a discussion. For complete information, visit the Web site at www.wakegov.com/readstogether/home.htm.

Also of note (and just one county over), Durham's Regulator Bookshop has invited Algonquin Books editor Shannon Ravenel to

Raleigh. Upcoming presenters include popular lecturer Dr. Elliott Engel with the program "Mark Twain and Friends" on March 3, and mystery writers Margaret Maron and Kathy Trochek on March 17.

Admission to each event is \$45 and includes lunch. For more information, call 919-828-0890.

DINTY MOORE, UNCANNED IN WILMINGTON

Dinty W. Moore, author of books including *The Accidental Buddhist* and *The Emperor's Virtual Clothes* and editor of *Sudden Stories: The Mammoth Book of Miniscule Fiction*, will present a reading at UNC-Wilmington on Monday evening, Feb. 16, as part of his stint as a visiting writer at the University.

In addition to his books, Moore also boasts an NEA Fellowship in fiction writing and publication credits ranging from the *New York Times Sunday Magazine* to the Georgia-based

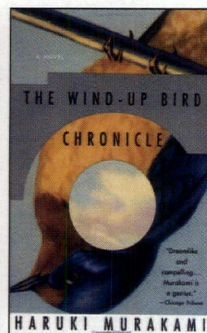
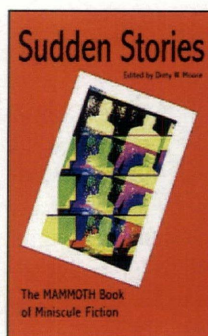
of Leaving Early, the new book returns to Indiana to follow two decades in the life of Cassie Claiborne, the daughter of a ne'er-do-well pool-playing father and a depressed and distant mother. Taking a cue from her father (pardon the pun), Cassie becomes a pool shark herself—though she uses her skills in a more nurturing way, winning money to care for her family and later attempting to make amends with a troubled past.

Kimmel will be making an appearance at Durham's Regulator Bookshop on Monday evening, Feb. 23, in conjunction with a second new publication, an essay included in Peter Manseau and Jeffrey Sharlet's book *Killing the Buddha: A Heretic's Bible* that bills itself as a sort-of road trip in search of religion. Kimmel's contribution is one of the travelogue's 13 essays, including contributions by Francine Prose and Rick Moody and others. Her essay deals with the book of *Revelation*—promising a rollicking time all around!

THE (BLANK) ANTHOLOGY I'VE EVER READ

Between February 2001 and August 2002, J. Peder Zane, book editor at the *Raleigh News and Observer*, presided over an intriguing series of columns in the paper's Sunday edition. The premise was (deceptively) simple: Invite a selection of writers and professors to contribute essays about books that each of them found, in some way, unforgettable—titling the essay, in each case, with an adjective to fill in the blank: "The _____ Book I've Read." To kick things off, Zane himself wrote, "The Hippest Book I Read," discussing Sigmund Freud's *Civilization and Its Discontents*. The final two columns of the series will be published in the *N&O* this month to celebrate the release of *Remarkable Reads: 34 Writers and Their Adventures in Reading* (Norton).

As the new anthology confirms, the responses to Zane's request were eclectic, sometimes quirky, often unexpected and in some cases as memorable as the chosen books themselves. For example, I recall—almost as vividly as the scene itself—Aimee Bender's reactions to a particularly excruciating scene in Haruki Murakami's *Wind-Up Bird Chronicle* (the "most



intuitive" book she's read). H.W. Brands' essay on *The Education of Henry Adams* (the "most incomprehensible") eloquently explains how readers sometimes have to grow into a book, grow up before they can really read and fully understand a work of art. And Doris Betts' comments are both precise and impassioned on the "most unpleasant" book she's read—Bret Easton Ellis' *American Psycho*.

Remarkable Reads, 34 essays in all, includes contributions by Betty Adcock, Frederick Busch, Bebe Moore Campbell, Fred Chappell, Clyde Edgerton, Charles Frazier, Marianne Gingher, Jonathan Lethem, Jill McCorkle, Robert Morgan, Peggy Payne and Lee Smith. And don't miss Zane's reading with Adcock and

Betts at Quail Ridge Books in Raleigh on Wednesday evening, Feb. 18.

FROM READING TO WRITING

Aspiring writers should take note of the NC Writers' Network's upcoming series of four- and six-week courses, beginning in February and March. Each course focuses on a different topic, such as developing good writing habits (taught by Nancy Peacock, Feb. 17-March 23); creating characters (Quinn Dalton, Feb. 19-March 25); revising (Pamela Duncan, Feb. 19-March 25); and editing (Duncan Murrell, March 13-April 3).

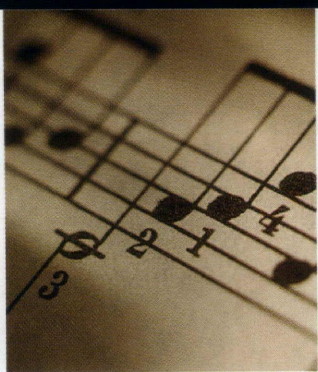
These courses mark a continued shift from the one-day workshops that formerly dominated the Network's offerings. According to NCWN program director Carol Henderson, "Our members have told us they want more in-depth classes and the chance to interact with faculty and other class members over a longer time period," adding that recent multiple-session courses quickly filled up (12 student limit) and received high praise from participants. So act soon!

For information, visit the Network's Web site at www.ncwriters.org or at 919-967-9540.

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PvV

by Philip van Vleck

Southern Culture on the Skids

KUDZU RANCH HOME TO DIRTY ROCK

Rick Miller, Mary Huff and Dave Hartman constitute the reincarnation of Southern Culture on the Skids that occurred in 1992, seven years after Miller founded the band in Chapel Hill. SCOTS has been a Triangle favorite since 1985, but the band has never been tied to their home market. Instead, they took their music on the



road and built a genuine national following that, in terms of longevity, exceeds any fan base ever claimed by a North Carolina rock band (if there is a challenger, it's Corrosion of Conformity).

SCOTS released a new album in late January 2004 titled *Mojo Box* (Yep Roc). The record was recorded entirely in Miller's studio, Kudzu Ranch, which he has been building since 2000 in what was once a huge garage near Mebane, North Carolina.

"I started Southern Culture about 18 years ago," Miller noted. "I think anybody who's been in a band that long would like to have a studio. We've always had to do things on our own. We didn't have a manager 'til we got signed to a major label. We didn't have a booking agent until we were already playing east of the Mississippi almost full-time."

SCOTS may not have invented the do-it-yourself approach to the music business,

but they could certainly write a primer on the subject.

I remember when we got our first advance check from Geffen, and they wanted some demos," Miller said. "I looked at studio prices and thought, well, this money isn't gonna last more than two or three days. Let's just buy an 8-track tape player. So we bought a Tascam -inch 8-track with half the money and picked up a couple of decent microphones and went to work.

"When you make enough records, you start to absorb the process," he continued. "Also, you always think of ways you could tweak your studio work more to your liking. We've always been marching toward autonomy. I thought building a production facility could be the smartest thing we could do for our career. We've spent so much money in studios over the years, with sometimes good results, sometimes not-so-good results.

I figured if we took, like, two recording budgets, we could probably get a studio built that would be good enough for us to make any record we needed to make for the rest of Southern Culture's career."

Miller's notion was eminently sensible. Though still a bit of a work in progress, the studio has already proven to be a fabulous asset. It's also given Miller a useful home for all the random gear—from tube pre-amps to vintage guitars—that he's been collecting for the past 18 years.

"Thanks to Kudzu Ranch, we cut our records in our own studio and then sell the record to a label," Miller explained. "We can cut better deals—like we can get our masters back after a certain number of years—because we paid for it all. The studio also puts us in a better bargaining position, vis-à-vis record labels, because it helps us get a better profit share. It's smarter in an artistic way, too. We're

Videocentric

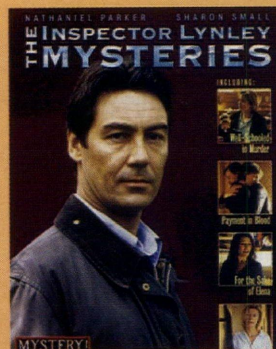
The Inspector Lynley Mysteries.

WGBH Boston Video.

4-DVD set.

This four-program series comes from the PBS Mystery! collection. Inspector Lynley, played by Nathaniel Parker, is an unlikely copper. The eighth Earl of Asherton, graduate of Eton and Oxford, Lynley's background and pedigree hardly suggest he'd wind up at Scotland Yard. Lynley's partner, Sergeant Barbara Havers, played by Sharon Small, is an edgy, working-class cop with a bad attitude about the British nobility.

Thrown together by chance, they've become a formidable murder-solving duo. Based on the novels of Elizabeth George, *The Inspector Lynley Mysteries* are a terrific collection of murder mystery films. Though Lynley is a Scotland Yard Inspector, none of the episodes take place in London. Over the course of four episodes, we're transported from a posh boy's school to an English manor house to the rarified atmosphere of Cambridge University and, finally, to the remote midlands of England. Highly recommended for those who fancy the way the English do murder. **MM**



free to work whenever we want to. I mean, I did some of the best songs on *Mojo Box* in my pajamas. I'd get an idea in the middle of the night, and I could just walk next door to the studio and lay it down on tape. Luckily I wear pajamas," he added with a laugh. No doubt his neighbors would agree.

"Another great thing about having built Kudzu Ranch Studio is that when I'm home and able to schedule time, it's very rewarding to work with other bands who I feel could benefit from this kind of environment," Miller continued. "I mean, look at whom I've been able to work with since I got the studio finished: Trailer Bride, The Woggles, The Forty-Fives, Fleshtones. They all did their latest records here.

"The real kicker about this place is that it sounds good," he added. "I don't know why. I've got my clues, but I'm no acoustic engineer. The space is big. It has a 14-foot ceiling. It's about 1800 square feet. The cinder block walls are reflective and absorbent at the same time. There doesn't seem to be any place in the room where standing waves can create a problem."

In talking with most of the bands that have cut tracks at Kudzu Ranch in the past two years, one thing they agreed about was that Miller's studio has a great natural sound, especially for drums.

"Yeah," Miller said, nodding in agreement. "The key to the studio is that it has a ballsy drum sound. You gotta have that for rock 'n' roll. And I didn't do anything to this building to make that happen. It's just a characteristic of the space. That's why I love it. It's hard to find a good room for drums that doesn't cost an arm and a leg, because it has to do with the size of the room."

Asked how he found his house and the building next door that became Kudzu Ranch Studio, Miller recalled that in 1998 he was in Hillsborough to pay a traffic ticket. He ducked into a realtor's office and explained what sort of property he was looking to acquire.

"The realtor listened to me and then said, 'I've got the perfect place,' and drove me out here. I said, 'Wow, this is it.' It was a house—ranch style—and a big garage next door. The guy who'd owned the place was a mason who built muscle cars as a hobby, so he'd built this big garage next door to his house, complete with these big overhead garage doors. This seemed like a building with the perfect pedigree for recording some garage rock." **MM**

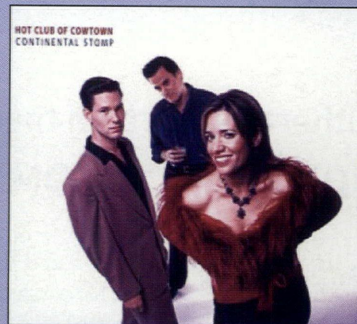
DISCOLOGY

Hot Club of Cowtown:

Continental Stomp
(Hightone)

This is a major thrill. Hot Club of Cowtown recorded live at the Continental Club in Austin. Fiddler Elana Fremerman and guitarist Whit Smith may indeed be channeling the spirits of Stephane Grappelli and Django Reinhardt, but they're also communing with the vibe of Bob Wills, Spade Cooley and The Maddox Family. *Continental Stomp*, produced by the estimable Lloyd Maines, sounds

gorgeous, and the Fremerman-Smith-Erwin trio are absolutely at the top of their form. This album swings like crazy. Check out Fremerman's tour-de-force rendition of "I Can't Give You Anything But Love, Baby," then listen to her world-class fiddle on "Orange Blossom Special." She's an amazing talent.

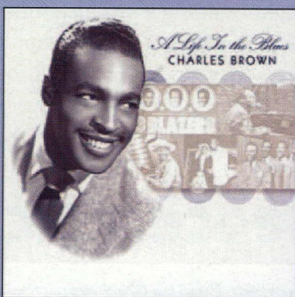


MAJOR BUZZ

Charles Brown:

A Life in the Blues
(Rounder)

Brown was one of the great blues pianists, as well as one of the leading lights of the West Coast blues scene. In addition to his fine touch on the keyboard, Brown was a classy vocalist who was awarded a 1997 National Endowment for the Arts National Heritage Award. This double-CD release features 10 of Brown's coolest tunes, recorded live at the Lone Star Roadhouse. The second disc is actually a DVD of the concert. The two-disc package also includes liner notes that amount to a booklet detailing Brown's life and music career. For any fan of piano blues—and Charles Brown's blues in particular—this is a collectible item.

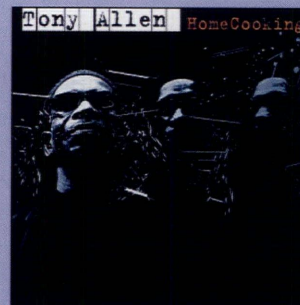


Tony Allen:

HomeCooking
(Narada World)

For those who don't know, Nigerian Tony Allen was Fela Kuti's drummer and unofficial bandleader. Allen is, in other words, about as hip to Kuti's Afrobeat sound as anyone on the planet. *HomeCooking* is just what the title indicates—Allen cooking up some very tasty Afrobeat grooves that frequently merge with hip-hop to create a sort of Afro-hop sound.

The recording work was done in France and England with a mixed group of African and Anglo players and a variety of singers and rappers. The album is outstanding and inventive. Allen's drums are live, too, not sampled, which gives this new Afro-beat trajectory a sweet, organic feel.



continued from page 15

EYES ONLY

Leaders from NC State University, UNC-Chapel Hill, the UNC system, industry & government gathered recently to celebrate the opening of the **Triangle National Lithography Center**, located on NC State's **Centennial Campus**. The center will allow faculty, students & industry, to make

huge advances in **nanofabrication**—the design and manufacture of computer chips and other devices so small they're measured in nanometers—one-billionth of a meter long. ■■■ **UNC-Chapel Hill** is recognizing retiring **Duke University President Nan Keohane** by establishing in her honor the **Nannerl O. Keohane Distinguished Visiting Professorship** at UNC-Chapel Hill and Duke University. UNC graduate **Julian Robertson & wife Josie** of New York gave \$1.5 million, half the funds needed to create the professorship. The William R. Kenan Jr. Charitable Trust will provide the remaining \$1.5 million. ■■■ **Richard Wagoner Jr.**, president and chief executive officer of General Motors, will headline the 2004 Emerging Issues Forum, **Creative Responses to Global Economic Change**, on Feb. 9 & 10 at NC State University's McKimmon Center. The forum will focus on ways to respond to today's more open world markets. ■■■

NC Amateur Sports is initiating a new program, **Lighten Up North Carolina**, a five-month statewide team contest from January 20-June 18 that encourages people to develop healthy lifestyles through increasing regular physical activity and improving nutrition. For more infor-

mation on how to enter, contact 919-361-1133 or visit www.ncsports.org. ■■■ **Evan Rachel Wood**, daughter of Ira David Wood III, has been nominated for her role in **Thirteen** for **best female actor** at the 10th annual **Screen Actors Guild Awards**. Winners of the awards will be announced at the awards ceremony in the Los Angeles Shrine Auditorium, on Sunday, Feb. 22. The program will be aired on TNT at 8 p.m. ■■■ **Scientists at UNC-Chapel Hill** and the **National Institute of Environmental Health Sciences** are developing a new **voluntary DNA registry** to study the link among environmental exposures, genetic susceptibility and human disease. Patient identifiers will be maintained in coded form so patients can be contacted for additional information. ■■■ Three trees at the **J.C. Raulston Arboretum** recently received **Champion Trees Awards** from the City of Raleigh. The trees honored were a Chinese Evergreen Oak, Oglethorpe Oak, and Columnar English Oak. The Arboretum's director, **Dr. Bob Lyons**, accepted the awards at a City Council meeting. ■■■ **Smile makeovers by American Academy of Cosmetic Dentistry Members** are sweeping the country, thanks in part to the success of ABC's hit program **Extreme Makeover**, a program featuring adults who receive cosmetic and personal health treatments to improve their appearance and self-confidence. To find a **cosmetic dentist** near you, access the AACD's patient referral service by calling 800-543-9220 or visiting www.aacd.com. ■■■ **Erika Mangrum**, president of **Iatria Day Spa and Health Centers**, has been recognized as a Wonderful Outstanding Woman by the **ASSISTANCE LEAGUE** of

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EYES ONLY

continued

the Triangle (ALTA). Recipients of the WOW award receive a commemorative necklace that is passed on to each new winner. ■■■ **d.s. Parada Color Café**, a color salon at Five points Village on Whitaker Mill Road in Raleigh, has opened a second color salon at Falls of Neuse and Durant Roads in North Raleigh. ■■■ **Samuel F. Averitt**, NC State

vice provost for information technology, chair of the North Carolina Networking Initiative (NCNI) and alumnus of NC State's College of Engineering, has been selected as one of the **Premier 100 IT Leaders for 2004** by *Computerworld* magazine. ■■■ **Dr. Frederick G. Kilgour**, a distinguished research professor in the **School of Information and Library Science** at UNC- Chapel Hill, received two awards on his recent **90th birthday**. Visiting reps. of OCLC Online Computer Library Center Inc., which Kilgour served as first president, presented a \$100,000 gift to the school in his honor. Kilgour also received the school's Lifetime Achievement Award. ■■■ Research by **NC State University scientists**, along with scientists from the Netherlands and BioResource International, an NC State spin-off company, has shown that an **enzyme can fully degrade the prion**—or protein particle—believed to be responsible for **mad cow** and other related diseases. The research was published in a recent edition of the *Journal of Infectious Diseases*. In January the researchers began a two-year study to test effectiveness of the enzyme on the prions in mice. ■■■ **UNC-Chapel Hill** is one of eight universities nationwide selected by the **Ewing Marion Kauffman Foundation** of Kansas City to receive a **multimillion-dollar grant** establishing **entrepreneurship education** across campus. ■■■ A two-year, **\$500,000 grant** from the U.S. Dept. of Agriculture (USDA) National Research Initiative-Competitive Grants Program to horticulture and food scientists at **NC State University** in cooperation with 10 other Southeastern land-grant universities will help to ensure that **fresh produce**—everything from apples to zucchini in North Carolina, the Southeast and nationwide—**is safe to eat**. ■■■ **George L. McLendon**, Russell Wellman Moore Professor of chemistry and chair of the chemistry department at Princeton University, will become Duke University's next **dean of the faculty of Arts and Sciences**, effective July 1. ■■■ **Dr. Subhashis Ghosal**, assistant professor of statistics at NC State University, has received the **National Science Foundation Faculty Early Career Development Award**. The **\$400,000 five-year grant** is the most prestigious of the foundation's awards and the first for NC State's Department of Statistics in the College of Physical and Mathematical Sciences. ■■■ **Duke University** and the **General Motors Corp.** have reached an agreement on a multi-year, interdisciplinary teaching and research project aimed at furthering worldwide efforts **to develop hydrogen fuel-cell vehicles** by 2010, the university and company have announced. **Duke's Fuqua School of Business** is spearheading the project, with participation from the Pratt School of Engineering and the Terry Sanford Institute of Public Policy. ■■■ The **North Carolina Theatre Conference Inc.**, the service, leadership and advocacy organization for North Carolina's Theatre Community, announces the television debut of a monthly news segment, **Theatre in North Carolina**, produced by NCTC for *North Carolina Weekend* on UNC-TV. *NC Weekend* airs twice weekly. ■■■ The **Foundation of Renewal for Eastern North Carolina** (FoR ENC) has announced a major gift from **Murphy Brown LLC**. The gift will be used to advance an array of projects designed to enhance the economy, the culture, and the lives of the citizens of **Eastern North Carolina**. ■■■ **Governor Jim Blanchard**, Co-Chair of the **US-Canada Partnership for Growth**, former Governor of Michigan and former US Ambassador to Canada, recently addressed a group of representatives from NC-area companies and Canadian-based companies in a seminar on **Doing Business Between the US and Canada**. The event, held by the Wake County Economic Development Program, underscored the importance to North Carolina of the US-Canada trade relationship.

Metro INDEX

Percentage of total shrimp "dumped" in the US by Thailand, Vietnam, Ecuador, Brazil, India and China: **73 percent**

Resulting price-drop in US shrimp prices: **31 percent**

Proposed tariff increase demanded by North Carolina shrimpers to thwart a wave of boat repossessions and fisher bankruptcies: **267 percent**

Number of North Carolinians paying child support today: **1 in 5**

Number of "absentee parents" found by the state in 1993: **104,148**

Number of "absentee parents" located by authorities in 2003: **255,269**

Amount collected in child support from North Carolinians in 2003: **\$535,654,952**

Ranking of North Carolina in amount of tobacco taxes levied per pack of cigarettes: **49**

Amount of money that the Center for Disease Control and Prevention suggests states spend on anti-smoking efforts: **\$45.9 million**

Amount spent by North Carolina: **\$7.9 million**

Percentage of North Carolinians expected to cheat on their taxes this year: **10 percent**

Number of home sales reportedly lost by prolific Greensboro non-profit Project Homestead after the city's News and Record newspaper reported many of the homes were built shoddily: **8**

Amount of money spent by the organization on travel to places like the Caribbean, causing the FBI to investigate: **\$600,000**

Amount of taxpayer monies given to the group to this date: **\$17.4 million**

Number of ID thefts in North Carolina in 2001: **1656**

Number of ID thefts in the state in 2002: **2889**

Average amount of money stolen per identity theft: **\$500**

My Usual Charming Self

by Bernie Reeves



BACK ROOM BOYS WOULD PICK JOHN EDWARDS

It was my opinion six months ago that if presidential candidates were selected the old way by the boys in the back room, they'd point their cigars at the kid from North Carolina as their best bet to make a run against George Bush. They would have seen right off that Gephardt was past his sell-by date, that Lieberman's religion is a handicap in current world politics, that Al Sharpton is a race-baiter, that Dennis Kucinich looks and acts like a high school sophomore, and General Wesley Clark "don't know nothing and can't get that right," as Sam Ervin used to say.

A suspicious person could think Clark entered the race to deflate the former front-runner Howard Dean, who fell on his face in the Iowa caucuses and sealed his ultimate defeat in New Hampshire with a tirade after finishing third. The boys in the back room would never put Dean on the agenda anyway, realizing early on that he exudes an unsettling volatility—not the kind of guy you want near the nuclear trigger.

After Iowa and New Hampshire, John Kerry and Howard Dean are the frontrunners, while Edwards coming in third was a shock to the media, but not to the back room boys. Kerry was able to rally what's left of the post-JFK Democrat core, a mixture of idealistic social activists who cut their teeth on the Great Society and the anti-Vietnam movement. This anachronistic cadre of limousine liberals, Hollywood airheads, most of the mass media, about all of the university establishment, remnants of the Labor vote, black groups (who will fall in line as Sharpton evaporates), and a cross-section of working Americans who hate Republicans for the hell of it, rallied behind Kerry, led by the last link to the New Frontier, the distended Teddy Kennedy.

Although the rankings will shift as the meatier primaries come and go, Kerry is likely to fade in the long run as the factions within the Democrat faithful attack each other and Kerry too. The zany far Left of the party will demand

that the Kerry campaign pull out of Iraq, dismantle the military, curtail economic growth and establish one world government. Moderate Democrats will talk Kerry and vote Bush. The boys in the back room know this. Besides, Kerry looks eerily like Edmund Muskie.

That leaves John Edwards, the back room pick from the beginning. The hyper-ambitious trial lawyer is smart, good-looking and energetic. If we run him against Bush, say the boys, even if he loses, we have put a fresh face on the Party with a candidate who will run until he drops carrying the Democrat agenda with all banners unfurled right up the steps to the convention floor. And hell, he might win. Look at Clinton in '92. He was the 8th man in the Democrat field. He clawed his way to the nomination with pure energy, an unabashedly aw-shucks personality, good looks and near-nuclear energy. Sound like Edwards to you? If he can't gain the nomination, lets put him on the ticket as vice president say the boys. He's the face of the future for the Democrats.

One analysis after Edwards nabbed the red ribbon in Iowa noted that the candidate was very effective one-on-one, a key asset to winning elections. But what caught my attention was the issue Edwards hit upon that appears to have contributed to his showing: predatory lenders. The people in Iowa, and I'd wager across the country, are tired of being kicked around by credit-card companies, banks, retail lenders, utilities, cell-phone providers—just about all the corporate vendors who have taken the attitude that the customer is the victim. Like Iowans, the rest of us are being plucked and bullied by the "suits," aided now with invasive software programs, hired to speed up cash flow on the backs of working people. Voters feel threatened by creditors and service providers, each of whom requires bill payers to submit to their own petty schedule. Edwards should run with this issue... Is the Bush team listening?

NOTES FROM LA-LA LAND

Downtown Gulags

Speaking of the corporate fascism rampant today, don't go to downtown Raleigh until the predations of the parking trolls are curtailed. Even though there is good news that the center-city area will be improved even more with the tearing down of the antiquated Fayetteville Street Mall, the addition of a much-needed convention and hotel complex and other initiatives to keep the heart of the City beating, certain private property owners continue to militarize their petty pieces of turf, risking the results of hard work over many years.

Let me add that I served as chairman of Raleigh's first Downtown Advisory Committee. I was an early advocate for revitalizing the center city, dedicating my time and energy and ink in my publications to the cause over the past 20-plus years.

Now I am not so sure it was worth it after my experience in mid-January when out-of-town visitors accompanied us for birthday celebration to a favorite restaurant of ours that we patronize and promote to others. Our two cars pulled into the restaurant lot near Moore Square as we have done for several years. It was freezing cold as we stepped out into the parking lot where you could barely see newly installed signs demanding payment for parking.

We assumed they were directed at daytime drivers, as is usually the case, and besides you couldn't read them until we confronted a sign marring the restaurant entrance demanding \$3. We saw the sign, couldn't figure out how to pay, entered, dined and the parking was forgotten. In a spacious mood after our meal, the six of us returned to our cars and Wham! Thud! We are confronted with a yellow clamp on the rear left wheel of our guests' car.

I was humiliated, embarrassed and furious that our out-of-town guests, who had been hearing me brag about the progress being made downtown, were the victims. The guest then used

the restaurant phone to call a number written on the back of a tag attached to the clamped wheel. I remained visibly upset and wanted to know from the proprietress how she could allow this to happen. She screamed back that she warned me, and I screamed back that I couldn't figure out how to pay the parking fee since I couldn't read the signs in the dark. Besides, from what I could see, it appeared impossible to pay the fee anyway. Couldn't she have told us we were in danger or done it for us? It's not as if we were avoiding payment. Even biker bars let their patrons know they are about to be towed or clamped. And how come, since it's her restaurant, she is forcing her customers to be inconvenienced by creating a little gulag alongside her eatery. I was not warned of this when we called for reservations, and there was no person taking up money, just signs and a strange machine, barely visible in the night. Once again, the customer, in my case a loyal patron, is the victim.

...

Calling All Cars

Soon a "security" SUV arrived with official verbiage splashed about the door panels operated by a female, who, after threatening to call the police when I opined that she wasn't a real cop at all—just a parking company martinet—put out her hand to collect the \$50 "Immobilization" fee. Out of embarrassment for my City, I felt I should pay the bribe, against the protestations of our guest, and luckily located three \$20 bills to which the rent-a-cop, who has obviously not attended etiquette classes, responded brusquely, "we can't make no change." Infuriated, I asked her: then how do I, or other victims of this outrage, deal with that? Leave the car to be stripped? What if they didn't have the money since you take only cash? Another search discovered a \$10 bill and that part of the ordeal passed. The guest's car was unclamped and the two automobiles of formerly happy birthday dinner-goers backed out of the parking spaces to get as far away from the scene as fast as we could.

But the parking company's little Nazi blocked the exit. So I am back into the fray, knocking on her window feeling like a figure in a Kafka novel until, for reasons still unknown to me, she pulled away in her fake police car, and we were free at last. But none of us is free of the sickening feeling that still lingers over our trip to patronize downtown Raleigh. I returned to the scene and took pictures of the signs, to satisfy myself that any normal human could not have figured out how to pay the \$3 fee in the dark. The signs, that conjure up images of Soviet Bloc border crossings, ask you to put the exact fee into an

automat-looking device using your parking space number—that you can't see well in the dark anyway—using a dangling chunk of metal to shove the bills in the slot. I finally figured out that the parking goons then check the back of the box for cash. If empty, they take control of your private property to hold you hostage to extort \$50.

I now know that the lot is owned by a woman who asked the owners of the restaurant, since their customers use it, to help her defray the cleaning and tax costs of maintaining it for a nominal sum. The owners, I hear, refused and the lot owner did what she had to do. Although I am sympathetic to her need to create revenue to maintain the lot, I am surprised she resorted to a draconian solution. What is shocking, however, is that the owners of the restaurant did not think of their customers first and work out a solution.

It's like I say, the danger to our security and dignity and freedom today is not entirely from the police or government regulation. It's from the petty acts of private firms, whether credit-card usurers or private parking companies. Until downtown Raleigh is cleared of these crude practices, all the progress achieved and underway will be for naught.

What must our guests think of Raleigh?

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Can Yale Dean Rescue Duke From Radicals?

Did a little research (my brother and his daughter are Elis—you know for Eli Yale) and discovered Duke University has hit a home run in the bottom of the 9th by attracting English professor Richard Brodhead, Dean of Yale College, to succeed Nan Keohane as president. Brodhead, who opined that if the new job does not include tickets to Blue Devil basketball games, "I hope someone will tell me right away," was chairman of the Committee on Yale College Education (the Brodhead Report) that calls for a comprehensive overhaul of the undergraduate curriculum.

In another basketball analogy, a Yale faculty member said Brodhead "is to articulation what Michael Jordan was to basketball." And articulation is the centerpiece of the *Brodhead Report*. He told the *Yale Daily News* that the existing set of distributional requirements "is spectacularly vague about the skills it expects students to build strength in." *The Report* revises the Yale course of study to ensure that the 2000 course offerings now available are molded into a "coherent liberal education" by insisting that each undergraduate take "two courses that emphasize writing skills and two courses that stress quantitative reasoning," says a piece in the January-February *Yale*

Alumni Magazine. Another change addresses onerous foreign language requirements that have resulted in students graduating without ever taking an English course. "The idea that the system brings people to Yale and then discourages them from taking English courses is just nuts," said Brodhead.

Brodhead is likely to go nuts when he sees the damage done to higher education in the wake of the Stanley Fish era at Duke. The school, by hiring Brodhead, has seen the error of allowing the post-modern deconstructionists to snatch away its credibility and national reputation. Are UNC and NCSU watching?

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Tony Blair Sets Example

I tuned in the national evening news the night of the New Hampshire primary hoping there would be coverage of the Tony Blair vote of confidence in the UK Parliament. Instead I was confronted with ABC's Peter Jennings stating with a straight face that New Hampshire voters were turning out in record numbers to vote against the war in Iraq. Now wait a minute. Bias is one thing—we have learned to accept it in the national mass media—but blatantly lying and shamelessly misusing the airwaves to advance a point of view indicate how far away from objectivity the network faces will go to run roughshod over ethics to mislead the public. Networks aren't licensed but local stations are. WTVD-TV, the owned and operated ABC affiliate in Durham, needs to be held responsible when license renewal time rolls around.

In a splendid coincidence, as Peter Jennings is shilling for the anti-Bush forces, in the UK Tony Blair has been cleared by the official Hutton Inquiry of wrong-doing emanating from accusations by the state-owned British Broadcasting Company that he "sexed up" intelligence reports to sell the British public on joining the US in the war on Saddam. BBC reporter Andrew Gilligan, the source for the erroneous reports (which also led to the suicide of a public official), has been exposed for what he and the BBC did to damage Blair by abusing the sanctity of the airwaves using false reporting designed to bring down a government.

Blair stood up and fought and won, and in the process sent a message to journalists and news organizations that the people are disgusted with the medium sending its own message by using its power to slant the news to suit its own agenda. I recommend an Inquiry here, perhaps a Congressional Panel, to investigate the ethics of our major news outlets in the US. Peter Jennings can be called first to testify. **MM**

Special Things Happen in Person... Person County, NC, that is!

Feb 1 - 29 – Celebrate Valentine's Day the whole month

For \$39.95 – Dinner for 2 at either Clarksville Station, The Homestead Steakhouse or The Old Country Club Steakhouse and movie tickets with concessions at Palace Pointe... call Party Central at Palace Pointe – 336.598.5050 for tickets

Feb 13 & 14 – Dinner Theatre at the Festival House presenting the much-acclaimed duo show *Love Letters*

Feb 21 – Open Barn at the new Egyptian Arabian Horse Stables – Free Spirit & Equine Center on US 158 East in Timberlake

Feb 24 – Red, Hot & Blue – A show straight from Branson, Missouri featuring a nostalgic musical journey from ragtime to rock & roll – at the Kirby Theatre on Main Street

Feb 29 – The United States Navy Band – performs a Sunday afternoon concert at Person High School. Admission is free, but you must have a ticket (call 336.599.0266 for tickets)

Check the Calendar of Events on our website at visitroxboronc.com for further information on these events, restaurants, and accommodations and on other special attractions.

VISIT US ONLINE AT WWW.VISITROXBORONC.COM

Person County Tourism Development Authority

Post Office Box 1729 • 309 N. Main Street

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