

From the Triangle to the Coast

RALEIGH

Metro

Raleigh
Research
Triangle
Eastern
North
Carolina

JANUARY 2004

\$3.95

www.metronc.com

M A G A Z I N E

Plus...

**Editors' choice
Top Ten picks by:**

Arch T. Allen

Diane Lea

Carroll Leggett

Frances Smith

Rick Smith

Art Taylor

Philip van Vleck

Molly Fulghum Heintz

Louis St. Lewis

Moreton Neal

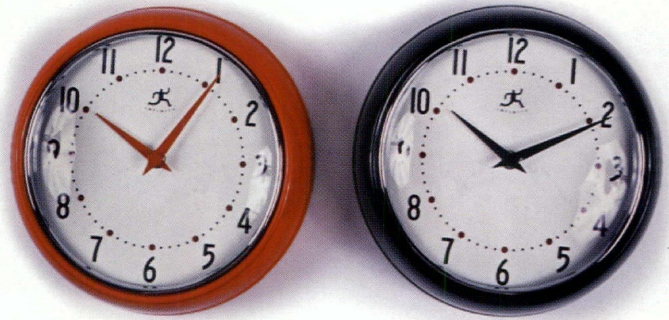
Barbara Ensrud

WHO'S WHO 2003

Meet the **PEOPLE** who made
the **DIFFERENCE**



We're a lot more than just furniture.



We're a whole
store full of
great ideas.



Come
in and
check
us out.



Chapel Hill Hwy 54 just off I-40, exit 273 (919) 493-6311
Raleigh Glenwood Ave just West of Lynn Rd (919) 781-0081
Wilmington 420 South College Rd (910) 452-5442

EKO
INTERNATIONAL

one of "America's 50 BEST
regional theatres..."

-The Drama League of New York

PLAYMAKERS
REPERTORY COMPANY

Treat yourself!

5 Shows for **ONE**
incredible PRICE!

Season Tickets

\$45-\$136

SEASON 2003/2004

A Prayer for Owen Meany

*a play for the stage after the novel by John Irving
adapted by Simon Bent*

October 15 - November 9, 2003

Hobson's Choice

by Harold Brighouse

November 26 - December 21, 2003

King Lear

by William Shakespeare

January 14 - February 8, 2004

The Subject Was Roses

by Frank Gilroy

February 25 - March 21, 2004

Luminosity

by Nick Stafford

April 7 - May 2, 2004

919.962.PLAY (7529)

www.playmakersrep.org

The obvious choice.



Apex Cabinet
C O M P A N Y

Celebrating our
50th Anniversary!

Aristokraft
Cabinetry

Decora

Diamond
cabinetry by

Mouser
CUSTOM CABINETRY

1051 Schieffelin Road • Apex, NC • (919) 362-7979 • www.apexcabinet.com

WHAT WILL THEY SINK OF NEXT?



*The Flight of Fancy™ sink by Kohler® is a great design idea whose time has come.
Available from Ferguson Bath, Kitchen & Lighting Galleries.*

Raleigh, 2700-A Yonkers Road, (919) 828-7300
Apex, 2000 N. Salem Street, (919) 363-0566
Chapel Hill, 104 Highway 54, Unit EE, (919) 933-6994

Please call for an appointment.

 **FERGUSON®**
Bath, Kitchen & Lighting Gallery

THE BOLD LOOK
OF **KOHLER®**

OS
HD
SE

WOLSELEY

Proud Sponsor of
 **Habitat for Humanity®**

© 2000 Kohler Co. All rights reserved.



THE PAST AS PRELUDE

What do we look for in choosing *Metro's* annual Who's Who List? I'd say service without fanfare, people who quietly go about making a difference in the community in a modest and dignified manner, who don't seek credit nor trumpet their accomplishments.

This year's roster of honorees personifies these qualities. They are people you know, or thought you knew, or that you may have heard about as they go about the business of giving of themselves so that we may all live a better life.

Speaking of 2003, our capable writers present highlights of the year past in this special issue. Carroll Leggett presents what topped the agenda Down East; Art Taylor and Arch T. Allen ferret out the best in fiction and non-fiction books; Diane Lea lists the top ten home products; Molly Fulghum-Heintz selects what was in—and what is about to be out in 2004 in the world of fashion; Philip Van Vleck cuts through the abundance of new music from the past year and presents his top picks; and Frances Smith looks back over a year crowded with events around the region.

There's more. Louis St. Lewis selects his favorite people and events in the flourishing art scene; Moreton Neal thinks back over the culinary highlights of the past year; Barbara Ensrud lists the top ten wine selections of 2003; and Patrik Jonsson presents highlights from *MetroIndex*. And I have a few charming things to say in the back of the book.

As I write this I am astonished at the talent gathered in these pages. I thank them all for their creativity and expertise over the past year. I look forward to 2004 with gusto.

And what a year it is working out to be. The entire team—editors, writers, sales director and reps, circulation and office folks, art director and production and Web site designers, accounting folks and our vendors and special contributors to the effort—are mounting another great show for 2004.

It is my distinct honor to serve this great enterprise.

—Bernie Reeves,
Editor & Publisher

METRONC.COM

THE ONLY ADDRESS

YOU NEED TO KNOW

http://

Netscape: Metro Magazine

Back Forward Reload Home Search Netscape Images Print Security Shop Shop


Netster: <http://www.metro.com/metro/subscribe.html> What's Related

WebMail Contact People Yellow Pages Download

Subscribe Now!
Please return soon for more free web services from MetroNC.com!

Metro

From the Triangle to the Coast:



The New Magazine for the New Century

©2000 MetroMagazine, L.L.C.

RESERVE A CHARTER SUBSCRIPTION FOR:

NAME
EMAIL
ADDRESS
CITY
STATE ZIP
DAYTIME PHONE

I would like:

☐ a one-year subscription (12 issues) for \$22.00
☐ a two-year subscription (24 issues) for \$41.00
☐ a three-year subscription (36 issues) for \$59.00

Or call our subscription hotline: 1.800.567.1841

Home Archive Press Release Advertiser Info Advertising Info
Feedback Contact Us MetroMagazine News Editorial Services
©2000 MetroMagazine L.L.C. All rights reserved.

VISIT METRONC.COM TO

- > SEE THE LATEST ISSUE
- > READ BACK ISSUES
- > LINK TO OUR
- ADVERTISER'S WEBSITES**
- < **SUBSCRIBE ONLINE!**

Correspondence

PUBLIC EDUCATION: GIVE EVERY CHILD A CHANCE

It sounds to me like George Leef has not spent much time in an actual classroom (book review in Education: Special Report, *Metro* November 2003). It's not all as cut and dried as he makes it seem. The purpose of public education is to give ALL children an equal opportunity for an education—not just the gifted and talented ones. In order to do that, we must have ways by which all children can express their thoughts and ideas. Not every child can write a great book report. But there are some who understand the book and get a lot out of it, and can put together an incredible piece of art depicting their vision of the book. Should this count for less than a book report? Which one took more intelligence to put together? I think they can both be equally informative. After all, what we're trying to assess is the student's comprehension of the book, not just how well they can write. Everything in life is not written. And also, Leef should check his facts. Under "No Child Left Behind," students can move to different schools if their school does not meet its performance level. Our education system is not perfect, but we are doing the best we can to ensure that every child gets a chance for a successful future.

Jennifer King
Education student and future teacher
From the Internet

YOU'RE SO VAIN, YOU PROBABLY THINK THIS LETTER IS ABOUT YOU

My, how Hal Crowther sputters and foams (Correspondence, *Metro* November 2003), but as a reporter with a decade of experience and numerous awards for controversial news writing, I count his vitriol all in a day's work. I'm

nonetheless flattered to see Crowther has tracked my work so steadfastly (*had I only known*).

During my tenure at *The News of Orange County*, I did indeed write five features about Doug Marlette between March 15, 2000, and September 18, 2002, or two annually. Specifically, my coverage consisted of a standard-issue profile, a feature preceding the release of *The Bridge*, a joint Marlette/Pat Conroy lecture and book signing at UNC, Marlette's induction into the North Carolina Journalism Hall of Fame, and the Southeastern Booksellers' selection of *The Bridge* as the Best Novel of 2002.

This is hardly unusual for a paper with a reporting staff of two, including me. Each carried the requisite news peg; our readership knew Marlette; and he happened to live in the circulation area. At the same time, I wrote feature stories about a number of other writers in our midst, including Tim McLaurin and Crowther's wife, Lee Smith, twice. I followed the same rules of thumb in writing about her.

Likewise, my fellow reporter and his successor profiled Crowther, reviewed his collection of columns upon its release in October 2000 and wrote a second profile during the spring of 2002, when he was nominated for an award. Both reporters also followed each twist of Allan Gurganus' career.

That's just one of the roles of a community newspaper: to follow with an almost religious devotion the people in the community, be they famous cartoonists, or chamber of commerce presidents. Among 1500 stories I wrote for *The News* and its sister publications, five hardly seem noteworthy for coverage of a notable figure such as Marlette.

I stand behind what I wrote about the lynching of Doug Marlette and his foray into

Bernie Reeves
Editor and Publisher

EDITORIAL

Rick Smith Senior Editor
Frances Smith Senior Editor

Contributing Editors

Arch T. Allen Books
Maudy Benz Gourmet
Barbara Ensrud Cork Report
Molly Fulghum Heintz Style
Patrik Jonsson Index
Diane Lea Design
Carroll Leggett Columnist
Moreton Neal Gourmet
Louis St. Lewis Artist-at-Large
Art Taylor Fiction
Philip van Vleck Music and Video

DESIGN

David Gough Art Director
Ben Woodward Graphics Associate

ADVERTISING

Katie Reeves Director of Sales and Marketing
Helen Banzet Regional/National Sales Manager
Lee-Ashley Bonfield Sales Representative
Elizabeth Martin Sales Representative
Jennifer Bringle Special Projects Manager

ADMINISTRATION

Russ Jones Chief Financial Officer
Camden Watts Office Manager
Amy L. Hoyes Accounts Receivable and Circulation Liaison
Suzie Humphrey Editorial Assistant
Bess Futrell Intern

MetroMagazine Holding Company LLC
1033 Oberlin Road, Suite 100
Raleigh, NC 27605

Mailing address
P.O. Box 6190, Raleigh, NC 27628

Phone: 919-831-0999
Toll-free: 800-567-1841
Fax: 919-831-0222
email@metronc.com

Subscription: \$29 one year

Postmaster send address changes to
MetroMagazine Holding Company LLC
P.O. Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC
Published twelve times a year

Audit applications submitted

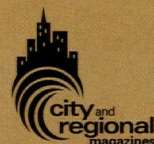
REPRINTS AVAILABLE

Contact Glenn Benton at Cooper-Thomas
Printing Company, 919-868-8742.

www.metronc.com

©2003 MetroMagazine Holding Company LLC

ISSN 1529-4404



Metro

Raleigh ■ Research Triangle ■ Eastern North Carolina

Call our subscription hotline: **1.800.567.1841**
or visit our website at: **www.metronc.com**

SUBSCRIBE TODAY!

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

I would like ☐ One-year subscription for \$29
☐ Two-year subscription for \$56
☐ Three-year subscription for \$83

☐ Payment is enclosed.
Please send check to
MetroMagazine
PO Box 6190
Raleigh, NC 27690-2806

VISA / MASTERCARD / AMERICAN EXPRESS (CIRCLE ONE)

EXP. DATE _____

fiction because it's true. It was also old news to anyone who reads *People*, *The Independent*, the old *Spectator*, *The News and Observer*, *The News and Record*, *The Herald Sun*, *The Chapel Hill Herald* or *SoVo Living*. These magazines and newspapers, along with syndicated columnists Liz Smith and Kathleen Parker, addressed the fatwah long before I put my thumbprint on it.

I was especially surprised to read Crowther's claim that I had failed repeatedly to seek comment on the controversy from the other side. For one thing, as any cursory review of my past reporting would reveal, my article in the October *Metro* is the sole instance in which I wrote about this "teapot tempest." And when I considered breaking the story in *The News of Orange County* back in November 2001, I did, in fact, contact Lee Smith and Allan Gurganus, and received firm refusals to comment. Though numerous sources went on record then, I dropped the story. To the extent that I held back when my reporter's instinct suggested otherwise, I'm happy to have been able to revisit the controversy in the *Metro* profile.

I've no reverence at all for nepotism, and resent having to invoke my own history, but after learning my trade from one of the state's most prolific newspapermen, my father Jim Shumaker, who taught me before I could spell my name how to handle the corner bullies, I'd sooner have my hands amputated than sully that legacy.

*Kristy Shumaker
Hillsborough*

COAST TO COAST

To be honest, this communication is merely a cry on your shoulder. Excuse me for that uninvited presumptuousness!

Two years belatedly, on the Internet I just read your article "Black Board Jungle." (labeled "Evil in the Classroom" on our web site: www.metronc.com). After practically a lifetime of experiences in literacy and fitness education of youth, I sincerely agree. Presently, I am researching even deeper into the reasons for self-defeating adolescent behaviors. Perhaps, in a couple of months or so, you would be kindly willing to talk to me about experiences in your end of the country.

I write occasionally guest columns for the Sports Section of the Los Angeles Times. But the topic of our nation losing its youth keeps returning to me and one day, I will try and write something thorough about it. The other topic is about our nation's losing its urban forest. If these two elements are demolished, what

• TOTALLY CUSTOM "FURNITURE FOR YOUR WALLS" •



WELLINGTON WALLS

*Fine furniture
finish and quality
in a virtually
unlimited number
of configurations.
Libraries, home
entertainment,
home office — even
a wall bed!*

SHOWROOM: 305 N. MAIN ST. HIGH POINT, NC

PHONE: 336-885-3500 TOLL FREE: 866-342-8795

E-MAIL: INFO@WELLINGTONHALLDESIGNS.COM

WEBSITE: WWW.WELLINGTONHALLDESIGNS.COM

WELLINGTON HALL
Custom Crafted For Life

O. FRANKLIN SMITH

Financial Strategies & Planning

An independent fee-only financial planner and strategist dedicated to objective, innovative financial solutions and wealth accumulation. Provides advice, strategy or second opinions in the following eight broad areas:

- Personal goals
- Cash flow management
- Planning for college
- Retirement planning
- Investment management & analysis
- Insurance needs and risks
- Tax strategies
- Estate planning

No financial products offered or sold.

Consulting • Planning • Investing

4006 Barrett Drive, Raleigh, NC 27609

919.787.8170 or 919.280.2003 919.787.1204 fax

Registered Investment Advisor

will be like the future of America?

*Olga Connolly
Long Beach, California*

ROLE OF RELIGION COLUMN BRINGS REBUKES

Founded as a Christian Nation

I must take issue with some of the points made in "Holy, Holy, Holy" by Bernie Reeves in his "My Usual Charming Self" column in the December 2003 issue. I am a fan of your publication, and my disagreement is not with the quality of *Metro*. To the contrary, I eagerly anticipate each month's arrival.

First, Reeves has bought into the distortion often quoted by secularists regarding the separation issue (of church and state). The concept first surfaced in a letter written by Thomas Jefferson to a Baptist minister in Connecticut regarding a local issue and was not a legislative mandate enacted by Congress or the courts.

Secondly, our nation's history is replete with references to God and the Almighty. If you read the Declaration of Independence, we are "endowed by our Creator with certain inalienable rights." A pretty bold statement indeed. The President of our country is sworn

into office every four years with an oath that ends with the words: "So help me God." We have chaplains in our armed forces, and a chaplain that opens each day of the US Senate in prayer. This was by design and not mere coincidence.

Thirdly, James Madison (the author of the US Constitution) in his personal writings reflected that "a republican form of government was created for a moral and religious people and is wholly unsuited for any other." He and the founders recognized that if America's leaders strayed from their Judeo-Christian beginnings and the principles implemented into our unique form of government, then gradual disintegration and anarchy would ensue.

Contrary to your assertions, observant Christians, Jews and Muslims make for good citizens because they have a reverential fear of God and a respect for civil authority.

*Jay Peters
Durham*

Couldn't Disagree More

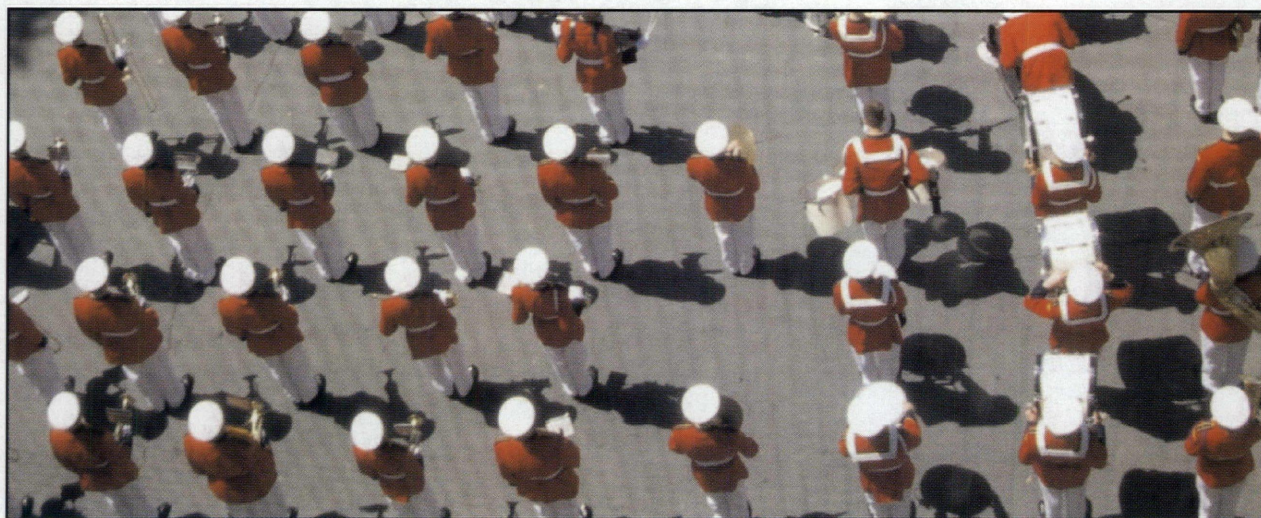
Again I have a disagreement with your statements in your "charming self" column. You opined that the separation of church and state is a positive thing in our society and therefore you think it would be wise to delete

"under God" from our Pledge of Allegiance. I couldn't disagree more. Without a huge amount of reference material, let me say that our founding fathers had no intention of separating church from state. The intention of the "no establishment of religion clause" to which you are referring was to make sure the state did not establish a state denomination such as the Church of England. Consider the following evidence about our being formed as a Christian nation.

James Madison, considered by many to be the main author of our Constitution said, "We have staked the whole future of our new nation, not upon the power of government; far from it. We have staked the future of all our political constitutions upon the capacity of each of ourselves to govern ourselves according to the moral principles of the Ten Commandments." We have all heard Patrick Henry's famous speech about "Give me liberty or give me death." But how many have heard these words in the context he gave them. On March 23, 1775, Patrick Henry said in Richmond, VA, "An appeal to arms and the God of hosts is all that is left us. But we shall not fight our battle alone. There is a just God that presides over the destinies of nations. The battle, sir, is not to the strong alone. Is life so dear or peace so sweet as to be purchased at

FORK UNION MILITARY ACADEMY

BODY • MIND • SPIRIT



**CHRISTIAN VALUES. LEADERSHIP SKILLS. TEAMWORK.
ACADEMIC EXCELLENCE. PRIDE. TRADITION.
ACCEPTING APPLICATIONS FOR JANUARY ENROLLMENT**

**FOR YOUNG MEN IN GRADES 6-12 AND POSTGRADUATE.
TO BEGIN A NEW TRADITION AND LEARN MORE ABOUT OUR PROVEN PROGRAMS
call 1-800-GO-2-FUMA or visit www.forkunion.com**

the price of chains and slavery? Forbid it, almighty God. I know not what course others may take, but as for me, give me liberty, or give me death." Later in 1776 he said, "It cannot be emphasized too strongly or too often that this great Nation was founded not by religionists, but by Christians; not on religion, but on the Gospel of Jesus Christ. For that reason alone, people of other faiths have been afforded freedom of worship here."

What about our early presidents. Listen to George Washington. These were excerpts from his personal prayer book. "Wash away my sins in the immaculate blood of the Lamb. ... Frame me more and more in the likeness of Thy Son, Jesus Christ. ... Bless, O Lord, the whole race of mankind and let the world be filled with the knowledge of Thee and thy Son, Jesus Christ." John Adams, who was also president of the Bible Society, which he considered as important as being President of the USA, said, "Our Constitution was made only for a moral and religious people. It is wholly inadequate to the government of any other."

John Jay, our first Supreme Court justice said, "Providence has given to our people the choice of their rulers, and it is the duty as well as the privilege and interest of our Christian Nation to select and prefer Christians for their rulers." In 1811, a Mr. Ruggles publicly slandered the Bible. He was arrested, and his case went all the way to the Supreme Court. Their verdict was "You have attacked the Bible. In attacking the Bible, you have attacked Jesus Christ. And in attacking Jesus Christ, you have attacked the roots of our nation. Whoever strikes at the root of Christianity manifests itself in the dissolving of our civil government."

Another of the signers of the Declaration of Independence, Samuel Adams, has been called the Father of the American Revolution. His Christian faith guided his political views. His essay, "The Right of the Colonists" was widely circulated in 1772. "The right to freedom being the gift of the Almighty, the rights of the colonists as Christian, may be best understood by reading and carefully studying the institution of The Great Law Giver and Head of the Christian Church, which are to be found clearly written and promulgated in the New Testament." Today the Declaration of Independence would be considered Unconstitutional!

Not only were our Founding Fathers determined that Christianity was the element that would make America great, the individual states wanted to make sure that the Christian faith continued to lead the country. Eleven of the first 13 states had clauses that required political office holders to be Christians. Take

Delaware for example. "Everyone appointed to public office must say, 'I do profess faith in God the Father and in the Lord Jesus Christ, His only Son, and in the Holy Ghost; and in God who blessed forevermore I do acknowledge the Holy Scriptures, both Old and New Testaments, which are given by divine inspiration.'"

What did others say about our being a Christian nation? Alex de Tocqueville was a famous French statesman and scholar. Beginning in 1831 he toured America for years to find the secret of her genius and strength, which was marveled at throughout the world. He published a two part work titled, *Democracy in America* which is still hailed as the most penetrating analysis of the relationship of character to democracy ever written. Here is how de Tocqueville summed up his experience. "In the United States the influence of religion is not confined to the manners, but shapes the intelligence of the people. Christianity therefore reigns without obstacle. ... Further, I have observed that every principle in a moral world is fixed and in force. I sought for the key to the greatness and genius of America in her great harbors; her fertile fields and boundless forests; in her rich mines and vast world commerce; in her universal public school system; in her democratic Congress and in her matchless Constitution. But not until I went into the churches of America and heard her pulpits flame with righteousness did I understand the secret of her genius and power. America is great because America is good; and if America ever ceases to be good, America will cease to be great."

I think we can make the case that God has blessed this country because of its efforts to follow Him. However, in the last 50 years we have actually forbidden His name to be used in school in a worshipful way. That is really interesting in that of the first 108 universities founded in the US, 106 were distinctly Christian. The first was Harvard, founded in 1636 and named after New England Pastor John Harvard. In the original student handbook, rule No.1 was that students seeking entrance had to know Latin and Greek so they could study the Scriptures. Further it said, "Let every student know ... the main end of his life and studies is to know God and Jesus Christ, which is eternal life and therefore to lay Jesus Christ as the only foundation of all sound knowledge and learning." For over 100 years, more than 50 percent of Harvard's graduates were pastors.

Back about 50 years ago, our own Supreme Court made a sharp 180 degree turn. With no historical precedent they began to

uphold the idea that untold damage could be done to American liberty unless the States and courts rejected all reference to the law of God, the principles of the Bible and especially the morality and world view that flow from the Christian Faith. This deviates from the way America was founded and evolved until relatively recently. I could go on and on but in the interest of time, I'll try to bring this together. In the name of political correctness and tolerance, we have not allowed the truth to be taught in our schools and even some of our churches are reticent about telling the truth about our heritage. The Bible tells us the fear of the Lord is the beginning of wisdom. To eliminate any reference to the Bible and our Christian heritage in our schools is stupid.

In summary:

1. We were founded as a Christian Nation.
2. For the first 175 years, our being a Christian Nation led God to bless us.
3. For the past 50 years, we have acted as though we are ashamed to be called a Christian Nation. We have eliminated reference to God in our Public lives. Statistics show our society's morals sagging as a result.
4. I don't advocate preaching Christianity in our schools, but do not eliminate the historical fact that we were formed as a Christian nation.
5. Separation of Church and State is not in the Constitution or the Bill of Rights. The "Separation" clause is referring to the lack of a national denomination such as the Church of England. There was no attempt by our founding fathers to ban religion from public life.

Neal Hunt
Raleigh

BERNIE REEVES RESPONDS

Gee whiz guys, I thought I was being moderate in my views. Over my years as an editor and columnist, I have consistently supported the current existence of religious values in our governmental institutions and schools. To quote myself from the column under discussion: "Religious freedom and values yes; religion in government no." I believe in keeping the balance, the yin and yang of church vs. state. This means the continuance of religious rituals as they are in government, even the return of Christmas celebrations in the schools. But I feel quite strongly that tipping the balance too far either way will lead to the anarchy James Madison so much worried about. If we, for example, go too far and elect office-holders based on their religious beliefs, then this Republic is history. "Render therefore unto Caesar the things which are Caesar's; and unto God the things that are God's." (Matt. 22:21)

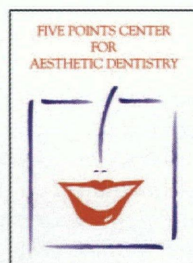
Your smile speaks
VOLUMES
without ever
saying a word.



A beautiful smile is one that is both healthy and attractive. It can be considered the ultimate essential. Today there is technology to solve just about any smile problem. But, to create a smile that is both healthy, attractive and long-lasting, it takes more than just technology.

What is missing? An Accredited Member of the American Academy of Cosmetic Dentistry, **Steven B. Andreus, DDS** and the **Five Points Center for Aesthetic Dentistry**. Dr. Andreus brings the eye of a skilled artist and experience of a journeyman to the field of aesthetic and restorative dentistry. He is the *only* dentist in the Triangle to be accredited by the American Academy of Cosmetic Dentistry (AACD), and one of less than 240 accredited cosmetic dentists in the world. Dr. Andreus and his staff use the latest technology and treatment, while offering every convenience to assure you that your visits with his office are pleasant, unhurried and comfortable.

A beautiful smile is the first thing people notice. If you have always wanted an incredible smile that you can't stop showing others, call the Five Points Center for Aesthetic Dentistry. Allow us to show you how enhancing your smile can help give you the confidence to laugh, talk, and feel great about yourself.



Dr. Steven B. Andreus, DDS

1637 Glenwood Avenue
Raleigh, NC 27608
(919) 546-9011

www.drandreus.com
www.smiledoctor.tv

You deserve it.

Call us or visit our website to request a free information brochure, and consider scheduling a smile analysis today!

Finances are no longer a barrier to a beautiful smile. 0% financing is now available to qualified patients.



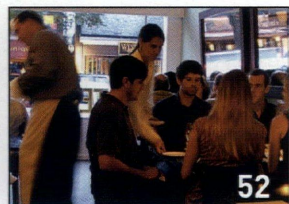
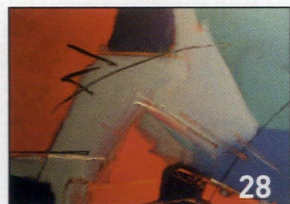
Features

16 **DESIGN**—Top ten picks of new home products for 2003.



28 **ARTIST AT LARGE**—Top ten artists exhibited in 2003.

52 **GOURMET**—Moreton Neal gives his top ten restaurant picks of 2003.

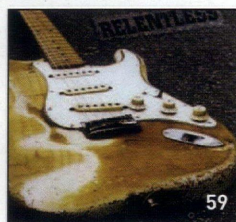
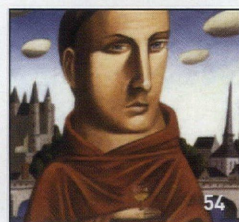
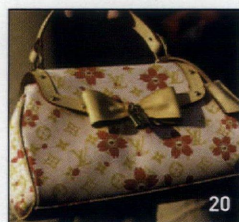


WHO'S WHO 2003

Meet the **PEOPLE** who made the **DIFFERENCE**

31 **WHO'S WHO**—*Metro* presents our annual selection of people who have made a contribution to the quality of our lives from the Triangle to the coast.

Departments



4 **Introduction**
The past as prelude

6 **Correspondence**
Doug Marlette, public education, role of religion

12 **Secrets of State**
Gregory Walcott, Gorsline art legacy, Inner Banks, Visual Art Exchange, book by Adam Smith, Joseph Cave exhibition, NC crafts, Duke DELTA Smart House Project

20 **Style**
Top ten fashion and beauty moments, men's makeup and more

25 **MetroPreview**
Metro reviews the best events of the year

50 **Between you and me...**
Top ten, ag'in

54 **Cork Report**
Meritage wines—it's all in the blend

56 **Books**
Top ten books in 2003 in non-fiction and literary top ten for 2003

59 **PvV**
Top ten albums of the year

62 **Index**
The years best statistics

63 **My Usual Charming Self**
Man of the year

SECRETS OF STATE

Hurray for Hollywood

Bernard Mattox changed his name to Gregory Walcott after leaving Wilson, NC, in 1949 to seek his fame and fortune in Hollywood. And he did, in a quiet professional manner, carving out a first-class acting career, including prominent roles playing alongside screen legends David Niven, Charlton Heston, Richard Widmark, Charles Bronson, Henry Fonda, Dennis



Walcott

Hopper, Tony Curtis, Lee Marvin and dozens of other Hollywood notables. He starred in three films and was a lead in the TV show *The 87th Precinct*. At first to his regret, he starred in *Plan Nine From Outer Space*, consistently named the worst film ever made.

The cult status of the film now pleases the retired actor who has pulled together



newspaper columns he wrote over the years from *Wilson Daily Times* into a new book, *Hollywood Adventures: The Gregory Walcott Story*. Turns out it is interesting reading and includes much about the values he learned growing up in eastern North Carolina along with authentic glimpses of historic Hollywood and the stars that made it go round.

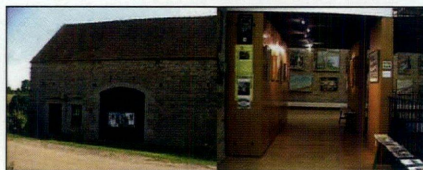
The book is published by the *Wilson Daily Times*.

Gorsline Art Legacy Given To FoR ENC

The Foundation of Renewal for Eastern North Carolina (FoR ENC) has received a gift consisting of the major assets of the estate of the late Douglas Gorsline, American artist and illustrator, and his wife, Sally Marie Gorsline.

Marie Gorsline, a U. S. citizen who

resides in Paris and Bussy-le-Grand, France, has created a charitable remainder trust with FoR ENC serving as trustee and remainder beneficiary. Among the trust assets is the Musee Gorsline in Burgundy, a museum, gallery and performance space to be developed primarily for study and use by students, faculty and constituents of the 36-member institutions of the Higher Education Consortium for Eastern North



Carolina, which is sponsored by FoR ENC. The museum will also encourage residential study with statewide and national institutions and will present exhibits and concerts.

The trust assets, valued at \$5 million, include an extensive collection of the works and copyrights of Douglas Gorsline. Marie Gorsline founded the Musee Gorsline in 1994 to preserve her husband's works and his memory.

Douglas Gorsline (1913-1985) is perhaps best known in the Tar Heel state for illustrating North Carolina novelist Thomas Wolfe's *Look Homeward, Angel*. As the principal illustrator for the publisher Charles Scribner's Sons, Gorsline created commissioned works for leading literary periodicals, as well as for Scribner's publications, including the works of Wolfe, F. Scott Fitzgerald, Ernest Hemingway and Marjorie Kinnan Rawlings. Gorsline's illustrations of Clement Moore's *The Night Before Christmas* stand as a timeless American classic.

For more information on the Musee Gorsline, visit the museum's website at www.musee-gorsline.com.

Auction to Benefit Visual Art Exchange

On New Year's Eve the Visual Art Exchange, an organization that provides support for emerging, established and young artists, held "L'Amore D'Arte/For the Love of the Arts and Romance" to benefit the VAE of Wake County at Exploris in downtown Raleigh. Featured events included silent and live auctions in the main room with Leland Little presiding as auctioneer. Food was catered by Caff  Luna.

To learn more about VAE, visit their downtown Raleigh City Market gallery where monthly exhibits are shown and member artists sell their works. The gallery, which offers training opportunities for artists, soon will offer classes for at-risk students. The Visual Art Exchange is a recipient of the Raleigh Medal of arts award.

New Photographic Book Charts NC State History

NCSU: A Bridge to the Future, a 165-page, full-color publication by a recent North Carolina State University graduate, charts the history of NC State through photographs. The book, written by 2002 meteorology major

Adam B. Smith, contains 300 pictures with captions, including buildings, events and people ranging from an 1887 photo of the "main building"—known today as Holladay Hall—to a rendering of Cen-

Tour Association Views Inner Banks

More than 500 members of the National Tour Association visited NC's Inner Banks during the Association's recent annual convention in Charlotte. The Counties of Camden, Chowan, Gates, Pasquotank and Perquimans received a Matching Funds Grant through the NC Division of Travel, Tourism, Sports and Film Development to organize the tour to explore the attrib-

utes of the historic towns along the Albemarle Sound.

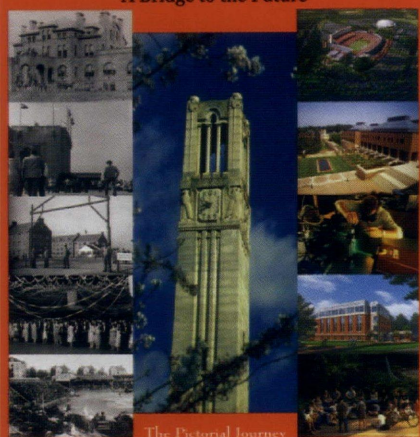
The National Tour Association (NTA) is comprised of professional group-tour operators from the US and Canada. For



more information about North Carolina's Inner Banks, call 252-771-8333.

North Carolina State University

Est. 1887
-A Bridge to the Future-



COURTESY OF ADAM SMITH

Two-Year Celebration Of NC Craft Kicks Off

Governor Mike Easley has proclaimed 2004-2005 as a "Celebration of North Carolina Craft," focusing on Tar Heel craft tradition, artisans and their products.

The observance includes the 75th anniversaries of Penland School of Crafts in Mitchell County and the Southern Highland Craft Guild on the Blue Ridge Parkway, as well as the grand opening of the Core Sound Waterfowl Museum on Harkers Island, the re-opening of Piedmont Craftsmen in Winston-Salem, and special exhibits at the Mint Museum of Craft + Design in Charlotte and other venues.

Craft is big business in North Carolina, providing 6100 jobs and bringing \$538 million into state coffers each year, ranking the state as No. 3 in craft income—behind only California and New York. The state was recently listed among the "Top 10" states for cultural and heritage travel by the Travel Industry Association of America and

Smithsonian magazine.

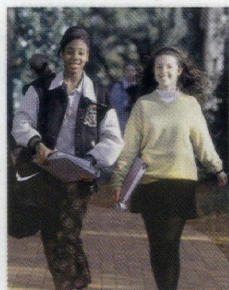
The Celebration of North Carolina Craft is sponsored by the NC Craft Coalition, comprising 19 craft organizations banding together to promote the state as a cultural tourism destination. For more information, visit www.ncarts.org.

Engineering Students To Live and Work In Smart House

In the spring of 2004, Duke's Pratt School of Engineering will break ground on a combination undergraduate research laboratory, residence and engineering outreach project called the DELTA Smart House Project. In a smart house, technology anticipates residents' needs (from security to shower temperature to surround-sound stereo), minimizes waste and enhances quality of life.

Short for Duke Engineering Living Technology Advancement, the DELTA Project will build laboratory and house as one unit with student residents living and working to develop new designs, according

Engaged Learning in a Challenging Academic Program...



100% College Acceptance



Saint Mary's School offers a unique *COMPASS Curriculum* emphasizing leadership, life skills and experiential learning.

- Whole-child approach in academics, athletics, and the arts
- 6 to 1 student/teacher ratio
- Leadership opportunities and friendships with girls from around the world
- Enhanced self-confidence and self esteem in a nurturing, caring, personalized educational program

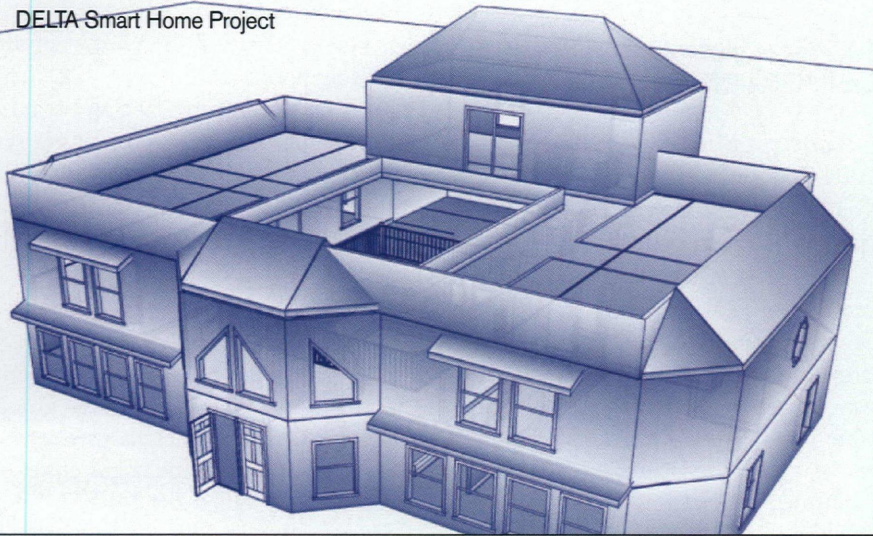
SAINT MARY'S SCHOOL

Scholars • Leaders • Friends

900 Hillsborough Street • Raleigh, NC 27603-1689 • 919.424.4100 • 1.800.948.2557 • www.saint-marys.edu

Saint Mary's School in Raleigh is an independent, Episcopal, all-girls, college preparatory high school for boarding and day students in grades 9-12. Saint Mary's School admits high school girls of any race, color, religion, or national or ethnic origin. Limited financial aid and academic scholarships available.

DELTA Smart Home Project



COURTESY OF DUKE UNIVERSITY

to project leader Mark Younger, a 2003 Pratt engineering graduate. "Built on campus, the house will let students fully experience the successes and pitfalls of the advanced systems they create."

Community Colleges Train Displaced Workers

The issue of job layoffs in North Caro-

lina is a hot topic. And the state's community colleges are at the forefront in the effort to help those workers who have lost their jobs.

According to the Employment Security Commission, since July 2002, at least 78 counties in the state have reported business closings and permanent layoffs, affecting more than 64,000 workers. Many of these workers enroll in community college to

train for another occupation. This has led to a significant enrollment growth at community colleges across the state.

"Developing and training North Carolina's workforce is our mission," said H. Martin Lancaster, President of the North Carolina Community College System. Lancaster said that the closing of the Pillwotex plant in Cabarrus County has been getting a lot of attention, but that "What we are doing to help the Pillwotex workers, we are doing to help other dislocated workers everywhere in North Carolina."

Maureen Little, Charlotte Area Regional Training Director and Stephanie Deese, Director of Workforce Initiatives for the System Office, told the State Board of Community Colleges that advance notice of the layoffs is helping the System to plan strategy with local community colleges, the Employment Security Commission and the North Carolina Department of Commerce.

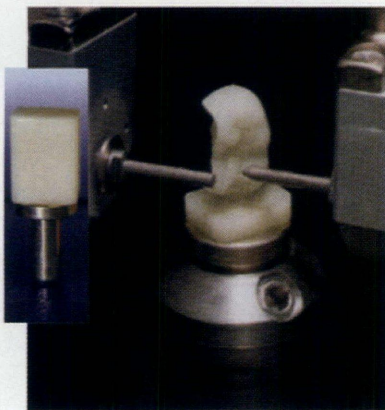
Success stories are numerous. Susan Nance, Tammy White and Carol S. Barnhill are just three of the students who attended Southeastern Community College to study nursing after losing their previous jobs. Nance and White were laid off from Whiteville Apparel. Barnhill was laid off from Anvil Knitwear. All three are now employed as nurses—Nance and White at Columbus County Hospital, Barnhill at the Priority Home Care Agency.

Chris Lawrence was laid off from his job at American Fibers and Yarns in 2002. Today, he owns his own construction business, in partnership with two former Edgecombe Community College classmates. Lawrence, Jeffrey Taylor and Lavell McLurkin completed an eight-week class in Facilities Maintenance, a certificate program at the college. During three weeks of classroom study and another five weeks of hands-on training, the three learned the basics of carpentry, blueprint reading, practical wiring, masonry and safety. After completing the course, the three began their business, TL&M Contractors.

Community college training and assistance will continue leading to better lives for dislocated workers across the state.

continued on page 61

EXCELLENCE in DENTISTRY



Maximum strength, great looks, and a lifetime guarantee make ceramic restoration the best choice for superior cosmetic results... in a single visit.

Using state of the art technology, we re-enamel the tooth during a single appointment for immediate results, using 3-D CEREC technology.



amalgam restoration



CEREC restoration

SCOTT C. EARP, DDS

800 St. Mary's Street, Suite 403
Raleigh, North Carolina 27605
Phone (919) 832-2575

Visit St. Catherine's for a fun sleepover. Stay for a top education.



How do you make sure that boarding at St. Catherine's is everything you hope it is? Come for a visit and meet our boarding students. Hang out. Sleep in a dorm room. Attend some classes. Check out our new Sports and Fitness Center. You'll leave with all you need to know to come back for a longer stay.

NEXT OVERNIGHT SAMPLERS: FEBRUARY 12 & 13 AND APRIL 1 & 2, 2004
— RSVP (800) 648-4982

St. Catherine's
S C H O O L

6001 GROVE AVE. RICHMOND, VA 23226
WWW.ST.CATHERINES.ORG

St. Catherine's School welcomes qualified students without regard to race, color, and national or ethnic origin.

REVOLUTIONARY. SAFE. ACCURATE.

The New Wave of Laser Vision Correction.

Introducing the FDA Approved

WaveScan Guided LASIK

... the fingerprint of your vision.

R. Frank Lowry, Jr., MD
Board Certified Ophthalmologist
Comprehensive Ophthalmology,
specializing in LASIK surgery

Keith L. McCormick, MD
Board Certified Ophthalmologist
Comprehensive Ophthalmology,
specializing in Pediatric Ophthalmology

For laser seminar dates and additional information, contact us at www.lowryeye.com or call us toll free at 1-800-352-8397. Our next seminar date is **January 13, 2004**

Drs. Frank Lowry and Keith McCormick are the first North Carolina physicians certified to perform this new proven technology, VISX WAVEScan™ Guided LASIK. WavePrint™ accurately measures and maps the imperfections of your eyes, providing you with a more precise and detailed analysis of your vision.

Dr. Lowry or Dr. McCormick can precisely personalize your laser vision correction. You get the ultimate in safety and quality of vision.



LOWRY OPHTHALMOLOGY

REFRACTIVE SURGERY CATARACT & LENS IMPLANT SURGERY

General Eye Exams

**Full Optical Shop with
Designer Frames**

www.lowryeye.com • 1422 E. Millbrook Road, Raleigh • 919-876-4064 or 1-800-352-8397

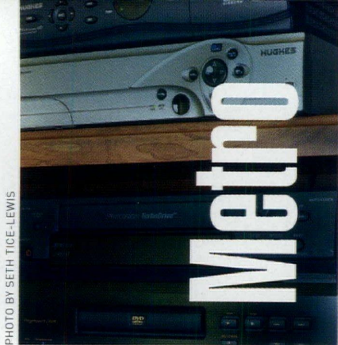


PHOTO BY SETH TICE-LEWIS

Design

by Diane Lea

TOP TEN PICKS OF NEW HOME PRODUCTS FOR 2003

In preparing to showcase my picks of Popular Home Products for the year, I found several sources of information invaluable. Raleigh interior designer Diane Koury of Diane Koury Interior Designs, whose remarkable transformation of a garage into a sophisticated multi-purpose kitchen-sitting room will appear in a later issue of *Metro*, shared her ideas for a choice of equipment and furnishings for a state-of-the-art media center. This handsome and functional room was recently installed in a former storage area in the Wakefield Plantation residence of Crabtree Promenade developer Mark Tipton. Elliott Interiors' Sandra Elliott, a Toronto transplant now residing in Chapel Hill, lauded the texture and feel of the new weather-proof fabrics which allow for a new range of looks for outdoor furnishings, a popular item in our year-round climate. Architect Steve Schuster of Raleigh's Clearscapes was impressed by the colors, textures and finishes of the **concrete table tops** crafted by his sculptor partner Thomas Sayre, whose sculptural installations are featured in the North Carolina Museum of Art's Museum Park.

Fred Stewart of Fredrick Stewart Architecture drew upon his experience in building his own house to cite some energy-efficient home products including the **CONSERV**, a stainless steel, European-style super-insulated refrigerator with slim, elegant proportions. Randy Wolfe of Raleigh's Appliance World, who keeps his showroom well stocked with refrigerators by popular manufacturers **Sub-Zero**, **Dacor**, and **Viking**, noted that stainless steel built-in refrigerators like the Sub Zero 600 Series are best sellers. Stan Stutts of Additions Plus, an area contractor specializing in home remodeling, added his favorite product to our list—wine coolers. Ferguson's Bath and Kitchen Gallery, Raleigh's venerable plumbing (and more) showroom, provided the latest in all-body shower panels and vent-free gas fireplaces. Last, but not least, we turned the pages of recommended trade magazines for a look at what's hot in the home remodeling field, now a \$63 billion industry, and came upon the electronic house. (Stay



Sharp Aquos LCD: Liquid Crystal TV



Samsung widescreen HDTV plasma monitor/TV



PHOTO BY SETH TICE-LEWIS



PHOTO BY SETH TICE-LEWIS



Samsung HomePAD

tuned for more on home trends in our May issue with an emphasis on New Design.)

Now here they are, the Top Ten picks for home products appearing in 2003:

FOR THE MEDIA ROOM

Must haves are comfortable seating (Diane's recliner chairs reflect the colors of East Carolina

University, Mark's alma mater); remote controls for in-wall or ceiling loudspeakers and a lighting system; and the main event, a rear projection TV or one of two flat panel displays, either plasma or LCD screens.

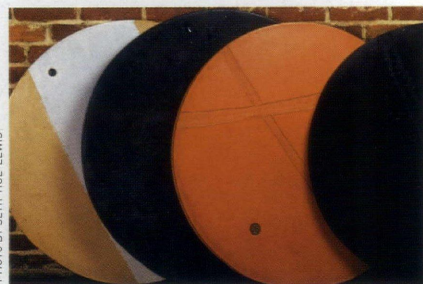
WAVE: NEW DESIGN AND NEW FABRIC

Brown Jordan, the preeminent brand in

luxury leisure furniture, recently unveiled **Wave**, casual furniture with innovative contoured seating surfaces covered in elastomeric indoor-outdoor fabric with a distinctive breathable texture.

TABLE TOP DESIGN AS YOU LIKE IT

Artisan **Thomas Sayre** creates one-of-a-kind tables using iron oxides in the concrete.



COURTESY OF WAYSIDE FURNITURE HOUSE, RALEIGH



B R O K E R A G E • M A N A G E M E N T • I N V E S T M E N T S

SOMETIMES LESS IS MORE

We're serious about making money for our investors, including turning out the lights when they're not needed.

That's because we're focused on adding value for our investors. At Steven D. Bell & Company, we learned a long time ago that money is made not just in savvy deal making, but by managing investment properties the right way. It's smart business.

We bring that management discipline to more than 3,000,000 square feet of commercial space, 16,000 apartment units and senior living communities across the Southeast and Texas. Our size and 28 years of experience in managing and buying real estate produce major benefits for our high net worth clients.

If you're looking for ways to add value to your portfolio, call us. *We'll turn out the lights for you, too.*

STEVEN D. BELL  **& COMPANY**

823 North Elm Street • Suite 200 • Greensboro, North Carolina 27401
(336)272-7196 • www.sdbell.com



His studio is on Martin Street off Nash Square, in Downtown Raleigh.

THE NEXT NEW THING, THE NET FRIDGE

The **Samsung HomePAD Internet refrigerator** lives up to its billing as a communications, entertainment and information center. Along with digital controls and read-outs for its contents, the HomePAD also boasts an LCD display that connects with everything from the Internet to cable TV. (Stay tuned for more about technology in the kitchen. It's not just for the Jettsons anymore.)

WINE COOLERS: BIG ONES, LITTLE ONES

For most of us the International Wine Accessories (IWA) catalogue offering of a **52-Bottle Mini Cellar** with Digital Display looks pretty good. If you're really into wine you might want to visit your Viking dealer to preview the new, elegantly styled **Built-In Full Height Wine Cooler**.

GET THE GLOW: A FULL BODY SHOWER AND A FIREPLACE TOO

One of the Triangle's favorite home products supply centers, Ferguson's Bath and Kitchen Showroom, has added to its fine wares a classy line of vent-free and

Viking Wine Cooler



vent-less gas fireplaces. Featured here are the **Kingman Multi-Sided**, and **Vanguard's LogMate Peninsula** and **See-Thru** fireplaces. Ferguson's **Interactive Shower Panels** by Hansgrohe combine 3- or 2-jet hand-shower elements, single-unit thermostatic control and five BodyJet body-sprays with a height-and-angle adjustable wall-bar. Easy to install, it's a remodeler's dream.

COURTESY OF HANSGRÖHE



Hansgrohe

CUSTOM BRICK COMPANY, INC.

Since 1961

Showroom/Brick Studio at 1613 Old Louisburg Road
just off Capital Boulevard at Atlantic Avenue
Raleigh, NC

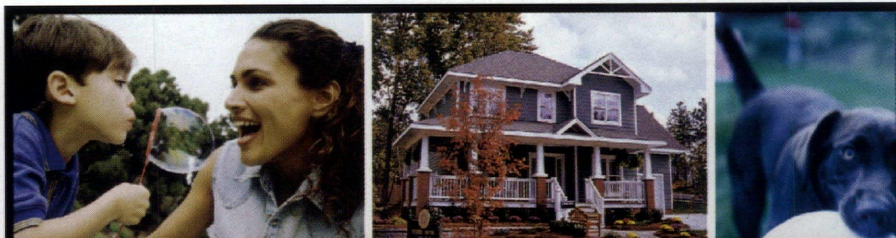
919.832.2804

www.custombrick.com

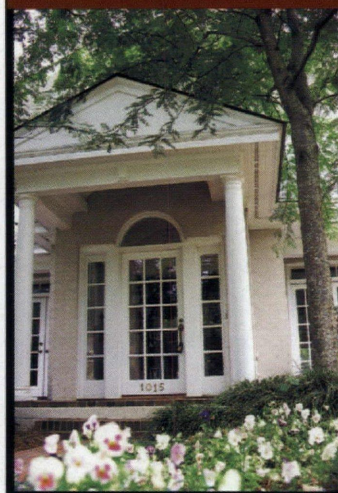
Commercial and Residential

*Widest selection of brick
in eastern North Carolina...
plus limestone keys,
mortar, block, and more!*

BRICKSTUDIO
BORAL BRICKS



Search online for your dream home.
www.ysuhomes.com



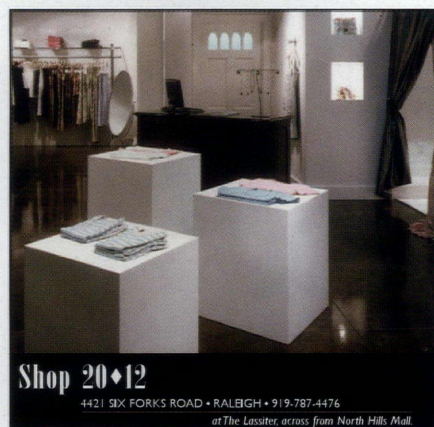
See over 12,000 Triangle listings.
Locate upcoming Open Houses.
Check current mortgage rates.
Take Virtual Tours.

**YORK
 SIMPSON
 UNDERWOOD**
 WE MAKE GREAT NEIGHBORS

EXCLUSIVE AFFILIATE OF
Sotheby's
 INTERNATIONAL REALTY



Relocation Assistance
800-334-3010



fabrics • wallcoverings • furnishings
 TEL 919.264.6191

**DANA ROBERTS
 INTERIORS**

We make it happen!

*Vacation Sales & Rentals
 on Carolina's Crystal Coast*

Cannon & Gruber, REALTORS
 Atlantic Beach, NC
 (800)317-2866
www.cannongruber.com

BEAUTY • STYLE • COMFORT

**The Great
 Couch
 COMPANY**

Downtown Raleigh across from the Second
 Empire Restaurant at 401 Hillsborough St.
919-829-9343

by Molly Fulghum Heintz

TOP 10 FASHION AND BEAUTY MOMENTS OF 2003

Pink

Ruling the spectrum for a good year, pink will be succeeded by another lemonade color, yellow, to be liberally garnished with green.

Polka-dots

The dots of 2003 paved the way for feminine floral prints of spring 2004.

Shiseido Body Creator Aromatic Gel

This concoction caused a stir because it actually appeared to do what it claimed it would—shrink and firm areas with cellulite.

**Miniskirts**

Postage-stamp size minis will be replaced with handkerchief-style hems for spring (yay!).

The Mod Look

Never really taking off in retail, this revival spearheaded by Marc Jacobs sure did look swell on the fashion pages.

Takashi Murakami's handbags for Louis Vuitton

Murakami's colorful, wide-eyed pattern for Louis Vuitton's spring collection had wait-lists overflowing and copycat designers sewing.

Tom Ford leaves as Creative Director of Gucci Group

The designer who turned around the Gucci label and then simultaneously took the reigns of Yves Saint Laurent is now a free agent. No one knows his next step, but this fashion powerhouse is one to watch.

**Animal Prints**

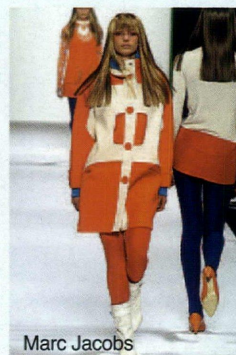
Furry creatures of every stripe got the nod for Fall 2003.

Bangs

The perfect complement to 2003's '60s and '80s inspired fashions, long bangs will continue to frame the most stylish faces.

Metallic Accessories

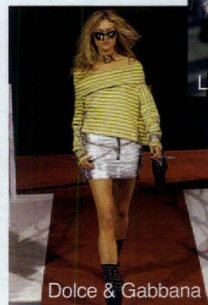
So ubiquitous that we don't even notice them anymore, accessories in gold, silver and bronze were huge in 2003. Toned-down versions have become the new neutral.



Marc Jacobs



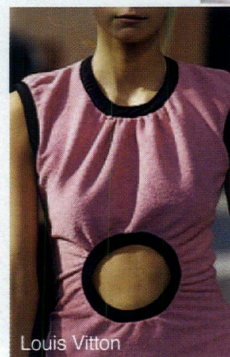
Louis Vitton



Dolce & Gabbana



Louis Vitton



Louis Vitton

HE'S THE PRETTY ONE

by Molly Fulghum Heintz

It started out with the toiletries: the Kiehl's moisturizer for men, the special men's line at the Body Shop. Now the inevitable has happened. The designer Jean Paul Gaultier is introducing face paint for the boys with a line called Tout Beau, along with a skincare line, Tout Propre. Indeed, this is the same designer who is an advocate of skirts for men (his work is currently featured in an exhibit at the Costume Institute of Metropolitan Museum, "Men in Skirts"), but will his He-Man make-up collection meet with popular



Kiehl's

success? The line includes concealer, bronzer, kohl eye pencil and different shades of lip balm, all in boxy black packaging. I think men are entitled to look their



Tout Beau Tout Propre

LAFAYETTE 148 NEW YORK

Spring & Summer TRUNK SHOW

Thursday-Friday
January 22-23, 2004
10AM - 6PM

CAMERON CLOTHING CO.


420 Woodburn Road • Cameron Village • Raleigh
(919) 829-1511 • www.cameronclothing.com

master goldsmiths • original designs



jewelsmith
erwin square durham 286.2990

custom work • remarkable gems



Enchanting Moments

CELEBRATING 50 YEARS OF BEAUTIFUL WOMEN

couture bridal debutante bridesmaids social occasion attire

Fuquay Varina, North Carolina | 919.552.6393 by appointment



Ugg Boot

best, but the idea of my husband pulling up a chair at my vanity table? Not so dandy. However, the line made a strong debut at Macy's New York in November and has been selling out at Sephora stores in Europe.

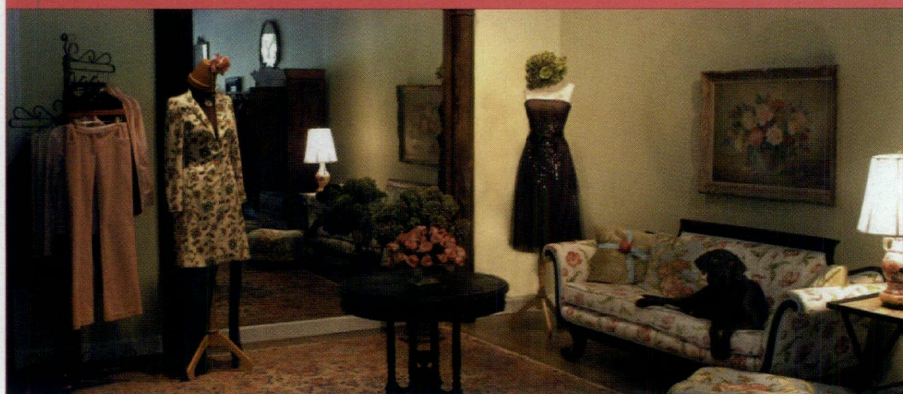
GROTTO CHIC

It's Saturday evening at the Metropolitan Opera: The red-carpeted staircase winds up the atrium under a crystal starburst chandelier; the chimes sound, alerting the audience to take their seats; a young woman waits on the landing, blonde hair flowing... wearing a miniskirt and Ugg shearling boots? The Mozart opera that evening called for no extras in the role of Sherpa, so I can only guess that she was a ticket-holder. Putting aside the issue of dressing for the occasion, it is obvious that the street-wear trend of Ugg boots from Australia has infiltrated all circles, including the dress circle at the opera. The Ugg boot, as its name implies, evokes cave-dwelling at its finest.



Vans by Rebecca Taylor

SCOUT & MOLLY'S



a raleigh boutique



6675 FALLS OF NEUSE RD, SUITE 121 • RALEIGH, NC 27615 • 919.848.8732

PHOTO BY MISSY MCLAMB + STYLING BY LIZ WENGER



The sheepskin booties were originally created for surfers who needed to warm their feet after coming out of the sea. Available in several styles, Uggs are all the rage this season with women who find the winter weather unsuitable for exposed feet. With pants tucked in, lower limbs stay cozy; however, many are wearing their Uggs surfer-style, with (decidedly drafty) short skirts. Order directly from www.uggaus-tralia.com.

For those who like their boards with wheels, designer Rebecca Taylor is creating a limited edition shoe for Vans, the time-honored slip-on of shredders (that's skateboarders to you) in conjunction with a special promotion in the January issue of *Lucky* magazine (www.vans.com). P.S. This

Shalimar



issue of *Lucky* also features Raleigh's own Luxe Apothecary as one of the country's best new boutiques.

SPRING SCENTS, HOLD THE FLOWERS

Designers and beauty companies are gearing up to launch new fragrances for spring. Two of these will be decidedly unfloral, providing an intriguing counterpoint to the very feminine fashions of 2004. Shalimar Light from Guerlain, a summery, citrusy version of the classic perfume, is finally set to appear in America in March after its launch in Europe last year. I picked up a bottle while passing through Charles de Gaulle airport a few months ago and bet that the fresh, updated blend will spawn a new generation of Shalimar devo-

unmistakably
JUDITH RIPKA TWO


J.M. Edwards
Fine Jewelry
1137 Kildaire Farm Road Cary, NC 27511
Phone (919) 460-1048

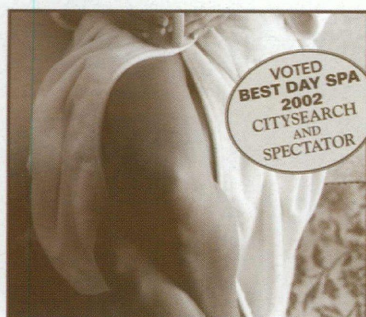
JEWELRY DESIGNS COPYRIGHT © JUDITH RIPKA

HELP US WELCOME *May Brawley Hill*

Noted author, lecturer and expert on gardens will speak to the **Capital City Garden Club**, **10 am, Wednesday, January 21**, to introduce her latest book: *On Foreign Soil: Gardens of Americans Abroad*. The event will be held at the North Carolina Museum of History auditorium, 5 E. Edenton Street in downtown Raleigh.

The non-profit Capital City Garden Club contributes to Raleigh area gardens and spaces. *Raleigh Metro Magazine* is media sponsor for the event.

- Open to the general public
- Only \$35 per person, which includes coffee at 9:30 am
- Call Molly Rohde at 781-3456 for more information



IATRIA

**The Triangle's Largest
Day Spa and Health Center**

Rejuvenating Facials • Glycolic Peels
• Microdermabrasion • Massage • Body Wraps
• Manicures & Pedicures • Body Contouring
Lypassage™ • Waxing and Tinting

**Relaxing Day Spa Packages •
Just For Men Packages • Gift Certificates**

Monthly Specials posted at: www.iatria.com

870 1975

South of I-540
8020 Creedmoor Road
Raleigh

488 7050

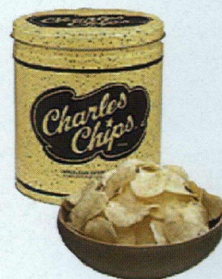
Wakefield Crossings
Shopping Center - 13200
New Falls of Neuse Rd

tees. The most mysterious fragrance coming from a big designer house is Hermès Eau des Merveilleux, or "Water of Wonders." The main ingredient is ambergris, a rare substance regurgitated from sperm whales and made of cuttlefish beaks. Despite its murky origins, ambergris has a lovely warm sweet-salty scent prized by perfumers for centuries. The Hermès fragrance will include bitter orange, Italian lemon, Indonesian pepper, pink pepper, oak, cedar, vetiver and balsam of Peru. While most fragrances use "warm" ingredients like amber as base notes that reveal themselves over the course of hours, Eau des Merveilles will have ambery notes throughout.

AULD LANG SYNE

I thought of this traditional New Year's song (trans. "Old Long Ago") when I received a catalogue from the Vermont Country Store, a family-run business that specializes in the "practical and hard-to-find." The cover of the quirky

little book caught my eye because it featured Fire-King Jadeite glassware—cool, in a retro kind of way. I flipped through the pages and saw things that I have no reason to be nostalgic for but am anyway: Necco Wafers, ribbon candy, Marshmallow Fluff, Ovaltine, Teaberry gum, Lifebuoy soap, Breck shampoo, a manual Olivetti typewriter. I do have reason to pine for Charles Chips because they were delivered to my family in the '70s, but only now do I realize how great looking the beige and brown chip tin is. Currently mine for the buying at www.vermontcountrystore.com. So out that it's in! **MM**



POSH PREGNANCY Why sacrifice style?
THE LASSITER • 4441 104 SIX FORKS ROAD • RALEIGH • 919-881-0256

dsparada
color café

Be Bold, Be Beautiful
Express Yourself with Rich, Vibrant Hair Color

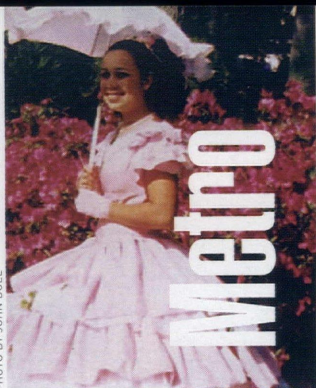
NEW!

Falls Pointe 9660 Falls of Neuse Rd, Suite 151 in Raleigh 919.870.6601	Five Points Village 509 Whitaker Mill Road in Raleigh 919.546.9111
--	--

FEATURED ON:

FEATURED IN:

Make an appointment online today or as always, call for a complimentary color consultation. dsparada.com



Preview

by Frances Smith

TOP TEN EVENTS OF 2003

The year just past was especially rife with pleasurable and informative experiences, so much so that it was most difficult to choose 10 events to showcase here. Many more could have been chosen, but you'll agree that none of those listed below could have been left out. We hope you were present for many of them.

PHOTO BY KENT SMITH



1 THE BOSTON POPS ESPLANADE ORCHESTRA and its popular conductor Keith Lockhart returned for an encore performance at Raleigh's RBC Center in February. Called the 2003 Richard Rodgers Celebration Tour, the music of the Boston Pops brought back the verve and vitality of Rodgers' well-loved songs from Broadway hits.

2 NORTH CAROLINA SCHOOL: THE ART OF ARCHITECTURE opened in late February at the Duke University Museum of Art in Durham. The event, organized by

PHOTO BY PETER HUTSON



PHOTO BY SARA PSZOSTAK



COURTESY OF HISTORIC HOPE PLANTATION



COURTESY OF CAPE FEAR GARDEN CLUB

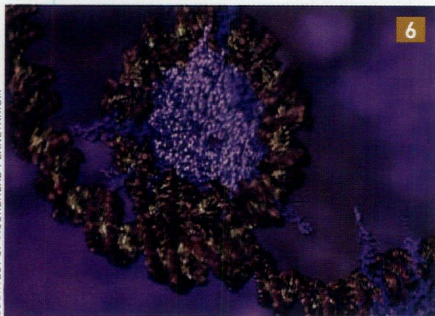


Chapel Hill architect Philip Pszostak, presented an exhibition showcasing architects trained at NC State University's College of Design and a lecture, "The North Carolina School: A Lecture and Celebration of NC Architecture," featuring speeches by Robert Burns, FAIA; Bernie Reeves, editor & publisher of Metro Magazine; and Frank Harmon, FAIA.

3 THE AZALEA GARDEN TOUR, sponsored each year by the Cape Fear Garden Club, celebrated its 50th Anniversary in April during the Wilmington Azalea Festival. Twelve elegant gardens were open to the public, including the 67-acre Airlie Gardens, featuring thousand, of azaleas, camellias, exotic plants and fresh water lakes. Reigning over the Queen's Garden Party was Queen Azalea LVI with more than 100 Azalea Belles in ante-bellum gowns in attendance.

4 THE ANNUAL BROOKHILL STEEPLECHASE, held again on the first Saturday in May at Clayton's Brookhill Farms, brought together more than 40 thoroughbred horses to strut their stuff before 12,000 spectators. In addition to five races, the event featured the annual hat and tailgate contest, children's area and exhibitor booths that included beer tasting, hot tubs and the wares of local craftsmen.

5 HISTORIC HOPE PLANTATION IN WINDSOR celebrated its bicentennial throughout 2003 with a splendid agenda including the black-tie "Hope Ball" in May, a Hope Plantation tradition since 1968. Centerpiece of the yearlong party was "Homecoming at Hope," a June festival that brought together thousands who played a role in the history of the Plantation. Among other highlights were an exhibition, "200 years of Hope," chronicling the history of Hope, and finally a Christmas Open House.



COURTESY OF MOREHEAD PLANETARIUM

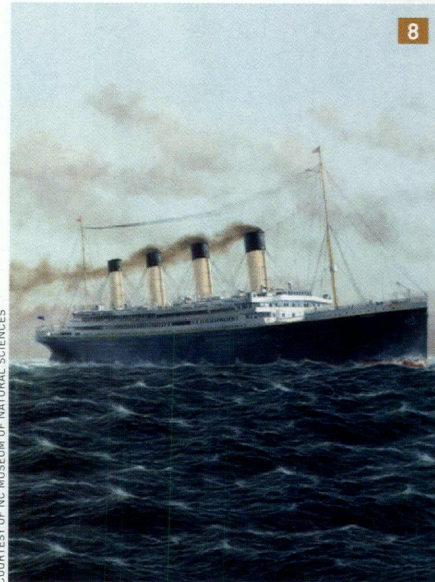
6 DNA: THE SECRET OF LIFE AND LIFE IN THE UNIVERSE, two powerful scientific films, opened in June at the Morehead Planetarium and Science Center in Chapel Hill. *The Secret of Life* honored the 50th anniversary of the discovery of DNA's double helix structure by examining the DNA molecule and exploring the future of genomic research. Complementing this film was *Life in the Universe*, a review of the fundamentals of life on earth and an investigation of the possibility of life elsewhere in the universe. Actress Sharon Lawrence, a UNC alumna and Raleigh native, narrated the film.



COURTESY OF AMERICAN DANCE FESTIVAL

7 THE AMERICAN DANCE FESTIVAL celebrated its 70th Anniversary Season on the campus of Duke University, Durham, in June and July. The 2003 Festival introduced 10 world premieres, three US premieres and featured artists from France, India, Russia, Japan, China, Taiwan and the US. The perennially popular Paul Taylor Dance Company and Pilobolus Dance Theatre were among the dance performers. The Festival was dedicated to the late ADF Co-Director Stephanie Reinhart.

8 TITANIC: THE ARTIFACT EXHIBIT, a 7500-square-foot display of artifacts from *Titanic's* wreck site, opened in August at the NC Museum of Natural Sciences, Raleigh. Karen Kemp, the museum's public relations director says that the exhibit was originally scheduled to close on January 4, but "response has been so positive that we have decided to hold it over until April 18." A visitor wrote in the guest book, "I was so touched by this exhibit. It was so real—I felt the fear, amazement and excitement of being aboard the *Titanic*."



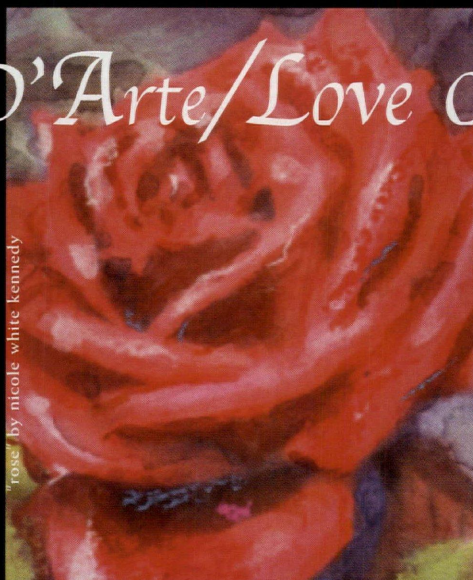
COURTESY OF NC MUSEUM OF NATURAL SCIENCES

9 THE 2003 RALEIGH INTERNATIONAL SPY CONFERENCE, organized by *Metro* Editor and Publisher Bernie Reeves in conjunction with the NC Museum of History and its Associates organization, assembled in late August an unprecedented gathering of top intelligence and espionage experts from Europe and America to discuss revelations of KGB activity in the US during the Cold War. Among the speakers were Dr. Christopher Andrew, Cambridge University scholar and author now engaged in writing the official history of MI5, the British security service; KGB General Oleg Kalugin, former chief of Soviet counterintelligence and

VISUAL ART EXCHANGE PRESENTS THE 20TH ANNUAL ART AUCTION AND FUNDRAISER JANUARY 31, 2004

L'Amore D'Arte/Love of The Arts

THE ONLY ART AUCTION THAT BENEFITS HUNDREDS OF WAKE COUNTY ARTISTS & THE PROGRAMS PROVIDED BY VISUAL ART EXCHANGE



"rose" by nicole white kennedy

A NIGHT OF ROMANCE
MUSIC & THE ARTS
AT EXPLORIS MUSEUM
6:00 - 11:00 PM
SILENT & LIVE
ART AUCTION
RED, WHITE & BLACK TIE
CATERED BY CAFFE LUNA
ADMISSION: \$70
FOR INFORMATION CALL
(919) 828-7834

visual art exchange
association and gallery

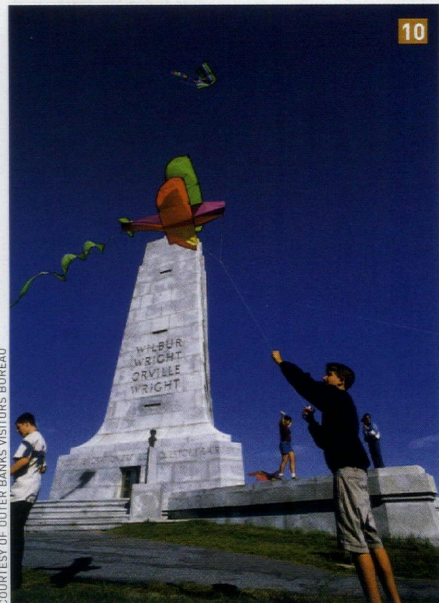
325 Blake Street • Downtown Raleigh, NC 27601 • email: Visartx@aol.com • www.visualartexchange.org

raleigh international spy conference



supervisor of US double agents and spies; CIA officer Brian Kelley, the wrong man in the Robert Hanssen investigation; espionage technology expert Keith Melton; CIA curator Hayden Peake; and Nigel West, former member of the British Parliament and author of 26 books on intelligence and espionage. The 2004 Raleigh International Spy Conference, entitled Spies, Lies and Terrorism, is scheduled for September 1-3. Go to www.raleighspyconference.com for information.

10 THE FIRST FLIGHT CENTENNIAL, held in December at the Wright Brothers National Memorial, Kill Devil Hills, was the crowning event of 2003. The celebration drew thousands to the North Carolina Coast to commemorate the first 100 years of manned flight. The five-day program included exhibits by NASA, the US Air Force, US Coast Guard and the Federal Aviation Administration; air shows put on by a roster of highly trained performers; a cadre of dignitaries; and musicians including the Raleigh Boy Choir, The Beach Boys, Michelle Branch, Aaron Tipin and Lee Greenwood. On the final day, December 17, the celebration focused on "Twelve Seconds That Changed the World," with John Travolta as MC. The Experimental Aircraft Association replicated the Wright brothers' first heavier-than-air powered machine. The original flight began at 10:35 a.m., December 17, 1903, lasted 12 seconds and traveled 120 feet. A 100-plane flyby featured John Travolta flying his Qantas Boeing 707 and retired Brigadier General Chuck Yeager flying over the Wright Brothers' Monument. **MM**



COURTESY OF OUTER BANKS VISITORS BUREAU

W R I G H T S V I L L E B E A C H , N C

Can't Make
it to the
Caribbean?

E-S-C-A-P-E
to the...

Oceanfront at
Wrightsville Beach, N.C.

 **Holiday Inn**
SunSpree® Resort

www.wrightsville.sunspreeresorts.com

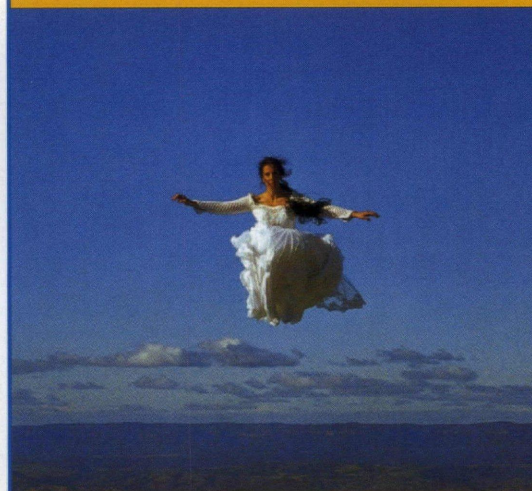
877.330.5050 • 910.256.2231 • fax 910.256.9208

1706 N. Lumina Ave., Wrightsville Beach, NC 28480

DEFYING GRAVITY

Blue Cross and Blue Shield of North Carolina presents

CONTEMPORARY ART AND FLIGHT



A Special Exhibition
of Photography,
Video, Sculpture and
Painting celebrating the
100th anniversary of
the first powered flight.

THROUGH MARCH 7, 2004

presented by:



BlueCross BlueShield
of North Carolina

Rosemary Laing, *flight research #5* (large detail), 1999, North Carolina Museum of Art

NORTH CAROLINA

Museum of Art

ncartmuseum.org/Flight • 2110 Blue Ridge Road, Raleigh, NC • Tickets (919) 715-5923



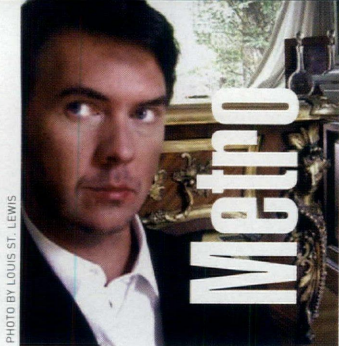


PHOTO BY LOUIS ST. LEWIS

Artist-at-Large

by Louis St. Lewis

TOP TEN ARTISTS EXHIBITED IN 2003

I have a voracious eye. I love to look...at EVERYTHING. It matters not if it is a diamond, a dead deer, or Michael Jackson being hauled off to jail; if it's out there, I'm going to look at it. I'm that person in the limousine in front of you, gawking at a car wreck. I'm the one who sat motionless in front of my television for days on end, my only sustenance a few slices of smoked salmon, from the moment Princess Diana was killed until her interment on that grassy mound at Althorp House.

Needless to say, I've seen a lot of art, both

slivers of salmon, the show was sold out! Everything was gone in those first two hours. Very Impressive. Jane has a confidence that radiates from the paintings and in the simply stunning Tyndall Gallery—how could she go wrong?

REVEREND M. ROBBINS LONG

The Cameron Museum of Art in Wilmington was the perfect backdrop for this ambitious display of wacky paintings based on the *Book of Revelation*. Never shown during his

lifetime, these intense erotic and hypnotic paintings were an embarrassment to his landed-gentry family and simply stacked up in piles to await an uncertain future. The Cameron Museum showed them off in style, and it was good to see there have always been NC artists who bucked the system.

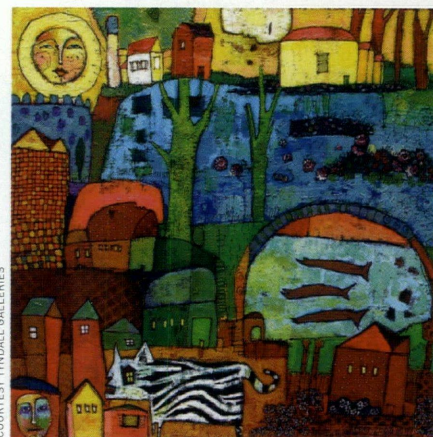
GEORGE BIRLINE

Shortly after Birline's death, the NC Museum of Art opened an exhibition in memory of Birline that ran until August 2003. And this summer Lee Hansley arranged

a wonderful show of Birline's large-scale paintings in the lobby of the BTI Performing Arts Center in Raleigh. George was serious and committed through and through. There could be no better memorial to him than these thoughtful and well-organized exhibits that showed off the depth and breadth of his talents to perfection.

WAYNE TRAP

Wayne received double exposure from both Tyndall Gallery and Pinehurst's Judy Broadhurst Gallery. Wayne is one of the state's treasures. He lives life full throttle, and his paintings and sculpture are to be celebrated. Anyone who has sipped scotch in the back of Wayne's



COURTESY TYNDALL GALLERIES

Watervillet, Jane Flier, acrylic on canvas

burgundy Rolls Royce knows that this man has a sense of style that transcends the mundane. Why isn't he in the NC Museum of Art or the Cameron Museum after such a full life of creativity? Hint: art is politics, and don't let anyone tell you different.

DAVID SOLO

David transformed the main gallery of Raleigh's Artspace into his own quirky world of passing time, decay and remembrance. This artist is one of those few who seemingly have no enemies, and whose imagination is both fertile and entertaining. Part carpenter, part videographer, part image choreographer, David keeps the spectator salivating for more, more, more.

MIA YOON

Sometimes an artist can shout with a whisper, and that is what Mia Yoon does with her well-constructed and stylishly cool sculptures and paintings. Mia is a minimalist who gives maximum pleasure. I only wish that I had enough room in my own home for one of her beautiful and luminous creations. Raleigh's Bickett Gallery showed her off to perfection and should be congratulated for taking the stab at minimalism in a world of "maximalism."

KATHRYN DEMARCO

Ms. DeMarco is a collage artist par excel-



PHOTO BY ALEX HARRIS

Calle Sol and Cuba, Habana Vieja, Looking North from Alberto Rojas's 1951 Plymouth, May 23, 1998, Havana, Cuba, photograph by Alex Harris

good and bad this year. Some of the good is so very good that I become instantly enraptured and faint to the floor in a state of ecstasy. Some of the bad is so very bad it makes last night's sautéed quail race toward my tonsils, and I want nothing more than to gouge out my eyes so I never have to see such horrors again. I have strong opinions. That said, here, kind reader, are my observations on some of the best visual art offerings in our area during 2003.

JANE FLIER

Jane is scorching hot right now. I walked into her opening at Tyndall Gallery in Chapel Hill's University mall and by the time I sipped a few glasses of white burgundy and had a few

lence. The world she constructs is grand, opulent, self-referential and lush. I could stand in Craven Allen Gallery in Durham all day and look at her art. Every inch reveals a new mystery; every slice of the scissors forms edges and lines and colors and textures that would make Matisse laugh from the grave. This lady has only great things in store for her.

ALEX HARRIS

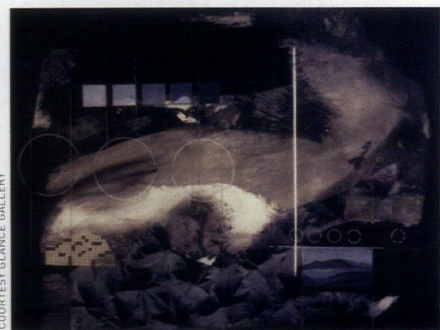
Sometimes lions lie in the brush unnoticed by the passing gazelle. Internationally recognized photographer Alex Harris, whose stunning images have found homes at the Getty, the MOMA, the High Museum and the Met, had local shows at both the John Hope Franklin Center and Duke University's Perkins Library this year. I am in love with the outrageously beautiful images of Cuban cityscapes through the windshields of aging American automobiles. With Chapel Hill's own Ann Stewart now representing the artist both here and abroad, I can only imagine the best is yet to come for this talented photographer.

LYNN BOGGESS

I normally don't like landscapes, but when I saw the overwhelmingly beautiful paintings by Lynn Boggess, I was floored. Water shimmered with hypnotic realism, the trees screamed at the passing of each leaf. I could almost imagine the chirping of crickets as I gazed on these huge canvases. But here is the real question. How has Jane Tyndall managed to develop such a beautiful gallery so quickly?

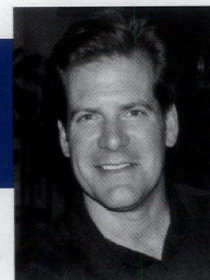
BOB RANKIN

Glance Gallery in downtown Raleigh roared onto the scene this year with an amazing stable, a great space and a young, modern attitude. Veteran artist Bob Rankin showed that time has only purified his amazing eye and that he stands shoulder to shoulder with the best artists in the state. His abstractions are confident, colorful and desirable by collectors. What is there not to love? **MM**



Aspen College by Bob Rankin

Congratulations Dr. Michael Law



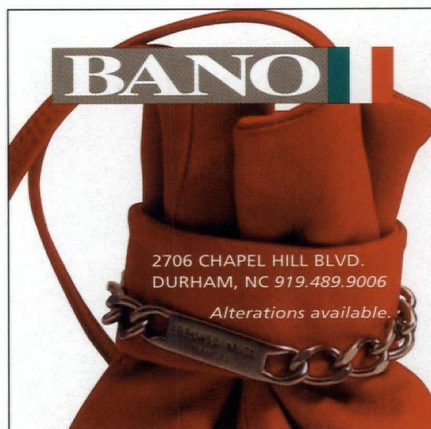
**Voted Best Plastic Surgeon in the
Triangle By Readers of Metro Magazine**

**Dr. Law has returned home to Raleigh
after practicing aesthetic plastic surgery
in Beverly Hills, California.**

- Natural looking plastic surgery of the face and body
- Painless, long lasting no-test collagen
- Lasers for skin tightening and wrinkle removal
- Permanent Lip enhancement and wrinkle removal with fat injections
- Lasers to eliminate rosacea

MichaelLawMD
AESTHETIC PLASTIC SURGERY

919-256-0900
www.michaellawmd.com
10941 Raven Ridge Rd, Suite 103
Raleigh, NC 27614



An Independent Episcopal College Preparatory
School Serving Grades K-12

Winter Open House

Thursday, January 4th
at 7pm

ST. DAVID'S SCHOOL

† FOUNDED IN 1972 †

3400 WHITE OAK ROAD • RALEIGH, NC 27609 • 919-782-3331 • WWW.SDSW.ORG



Ski, shop or just relax
in the winter's beauty!

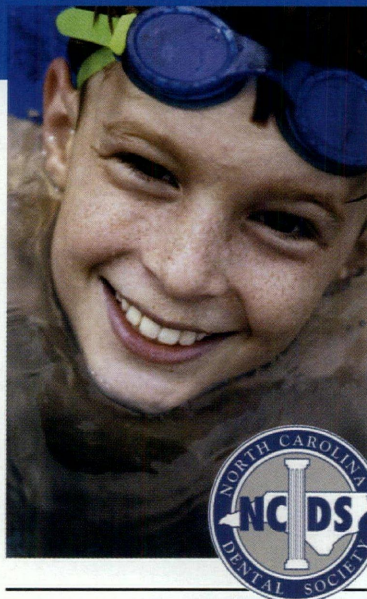


VisitBooneNC.com
888.264.8084

THERE'S NOTHING LIKE IT.

Nothing lights up the day like a child's smile. Yet, across North Carolina, more than 600,000 children suffer so much from untreated dental disease they couldn't smile if they wanted to. For some, the pain is so bad they can't go to school or eat properly. Mostly, they're kids from poorer families who can't get the care they need.

On February 6, North Carolina dentists and other volunteers will



MEMBER DENTISTS OF THE NORTH CAROLINA DENTAL SOCIETY

again team up for "Give Kids A Smile!" day. During this one-day event more than 10,000 underserved youngsters will get the dental attention they deserve. Last year, close to 2,000 volunteer dentists in every county in the state delivered more than \$1 million in free care. "Give Kids A Smile!" is part of national Children's Dental Health Month and just another way North Carolina's dental community shows how much we care.

LEADING HEALTH CARE'S FIRST TEAM.

www.ncdental.org

Metro Magazine's

WHO'S WHO 2003

Meet the **PEOPLE** who made
the **DIFFERENCE** by Rick Smith

Metro Magazine's annual Who's Who selection is based on the belief that the real heroes in our lives often avoid the lime-light. Then again, many public figures perform great service outside their positions. The common denominator then is dignified and effective contributions to the community.

This year's roster runs the gamut from high profile figures you thought you knew to those who quietly go about helping others without public notice. These notables live all across the region, from the Triangle to the coast and the places in between. You see them in the news or simply engaging in the commerce of everyday life. Yet you may not know the contributions they are making to create a better life for us all.

We salute them and all the heroes in our community who give of themselves to help others. —Bernie Reeves

Photography by Kinsley Dey

William Friday**NORTH CAROLINA PATRIOT**

William Friday keeps soldiering on, fighting relentlessly for the University of North Carolina System, for the people of his native state, and against the growing problems associated with big-time athletics on campus. At age 83, he has no plans to fade away.

He continues to maintain a vigorous work schedule, rising at 5:30 a.m. every day, enjoying breakfast with Ida, his wife of more than 61 years, and heading for his office where his work day is dictated by service on a variety of boards, preparing for and hosting *North Carolina People*, his weekly television interview program on North Carolina Public Television, and giving of his time when called upon to bring his esteem to projects that help his fellow citizens.

Retirement? Friday fights as hard today for what he believes in as he did at half his age.

Asked what major goal he has yet to achieve, he said without hesitation that it is providing opportunities for higher education for all who want one.

"A struggle I try to wage all the time is keeping the place open to everybody, and keeping access available, especially to poor people," said Friday, who led the UNC System for 30 years before reaching the mandatory retirement age of 65 in 1985. "We are now doing the wrong thing. Money is playing too much a part," he maintains, referring to the recent tuition hikes at UNC.

Noting that 1 million people live below the poverty line in North Carolina, Friday said university and state leaders must make sure enough funds are available to help the poor receive the education they need. By raising fees, he stressed, "What you do is bar the needy kids who have ability and the will to get in. We can't afford to turn them away in this state.

"In North Carolina, there are thousands of households where people don't make \$14,000 a year. Now, in-state costs for freshmen are \$10,000 a year. Knowing that, you understand why people don't even try any more. ... If you don't educate people, you don't compete in the world."

Friday understands the meaning of being poor. He grew up in Dallas, a small textile town in Gaston County. When the plants closed, his father lost his job—and more. "We lost the land on which we were going to build a home," Friday said. "I became a teenager in the Depression. That was a very hard time. It stays with you."

Aided by a scholarship, Friday first went to Wake Forest then moved on to NC State, got married, joined the Navy, and spent 42 months handling high explosives in Norfolk, VA. "That will make an old man out of you—if you live through it," he said with a laugh.

When Friday left the service, he went to law school at UNC through the GI bill. Friday also

resolved to "give back" to his home state what he could. "You can't go through those things that I did and not be impacted. To go back and see people who are poor, who don't have medicine and are suffering from illiteracy. That's what has motivated me. I've been a very fortunate person."

The establishment of the UNC System rep-



William Friday

resents his greatest achievement. He joined it as an employee in 1948, rose through the ranks and was named interim president of the system in 1956 at the age of 35.

"My life has been the course of the history of the university system since the 1930s," Friday explained. "I first got involved as a student at NC State in 1938. But for the war years (1942-

45), I have been involved with the institution ever since, and I have seen it grow to be the state's primary means of growth and economic development.

"Here is where the ideas are generated. Here is where the energy gets harnessed to do creative things, to give new hope to people who have lost jobs in tobacco and textiles. That's the job

of the university system. To see it move from just three institutions to 16, to see how it has moved—makes me realize how really lucky we are. It is a privilege to be associated with something like that."

Friday is quite protective of it as well, speaking out against attempts by the General Assembly to control curriculum on campus. "I want to keep it free," he said. Friday also wants more civil discourse on campus as well as in politics. "The way people are carved up now—talk show hosts, campaign literature—would you subject your family to that? We have slipped too far down. We've got to stop this ourselves. It's the job of every citizen in the state. It's time for thoughtful people to speak up."

Friday continues to speak up in part through his statewide weekly interview program. This past year his campaign against the over-emphasis of college sports led to a most interesting discussion.

Shortly after Roy Williams was named men's basketball coach at the University of North Carolina at Chapel Hill last year, Friday asked Williams to appear on his show to discuss sports and in particular coaches' salaries. Williams is just one of the high-profile coaches now making millions of dollars a year.

"Salaries of \$2 million—that's 10 times what they pay the chief administrator of the campus," Friday said. "That's completely out of focus. It's just been allowed to happen, and there's no need for it."

Reaction to the Williams interview was so strong that Friday agreed to repeat it. "That show is one of only two we have repeated in 30 years," Friday said.

In December, Friday chaired another meeting of the James L. Knight Foundation, which he co-founded in 1989 in an attempt to bring athletics under control, and called for a ban on mid-week college football games. But Friday feels committees can't do the job alone. He wants the public involved.

"We have turned sports into a religion," Friday said. "We have to put a harness on it."

"It's very important that steps be taken now to do what's necessary to bring intercollegiate sports back to the levels where they should be. We have highly excessive salaries, sports for television five nights a week and examples of academic fraud that ought to worry everybody."

He called graduation rates of athletes an "embarrassment, especially to trustees." And he said the tide is starting to turn. "Something is





Ira David Wood III

going to happen there, without a doubt."

Friday also warned that sports-on-TV has reached the point where reductions will occur. "We're playing college football as often as basketball, and that's called massive saturation. You will pay for that in the end." In his opinion, "We think the bottom is going to drop out (for networks). At the financial levels that exist, they just can't get sponsors."

Friday has received numerous honors and awards for his service. He's been called a "North Carolina patriot" by William Link, who wrote the book: *William Friday: Power, Purpose & American Higher Education*.

But Friday has refused to allow accolades to inflate his ego. That fact is seen in his TV program where the subjects of the interviews are the stars, not him. Governors, business leaders, media professionals, Richard Petty, Billy Graham, a single mother running a group home and so many more have been interviewed. "I am trying to create an archival record of leadership in the state," he said.

"I don't let ego get in the way. I keep focused on the guest and not me. I learn a lot more. It's a new experience every time. It's crammed full of interesting people, and I just let them talk. Let people talk and you will learn things you've never imagined."

Friday also doesn't see hosting the program as onerous. "It's fun to do. When it ceases to be that, then I'll stop," he explained. "It's very energizing—and it keeps me alive."

Ira David Wood III LEADING MAN

When Ira David Wood III talks to people, he doesn't have a raspy voice; his face and hands are not shriveled; he has a hearty laugh and a sense of humor. He doesn't have a pointy jaw, and he's sans the stovepipe hat.

But for several weeks at Christmastime over the past 29 years, Wood morphs himself into one of the most infamous characters of all literature, Ebenezer Scrooge.

"He has become like an old friend," Wood said with a laugh as he talks about the seminal role of his acting career. "But he is not a morose character. He takes pleasure at wrecking Christmas!"

Wood and cast just wrapped up its annual Theater in the Park presentation of Charles Dickens' *A Christmas Carol*. Wood not only plays Scrooge but also directs the performance, just as he has since launching Raleigh's Theater

in the Park. He has transformed the Dickens story into a musical comedy, adapting the script and writing the musical score. And he actually looks forward to the role for reasons beyond the performances. "People have come to depend on the show over the years," he explained. "It's like a catharsis for the soul."

"We vicariously need to get all this frustration out. It's like blowing carbon out of the car. You in the audience make the transformation with him. We have to change. We have to laugh. We have to cry—or the audience won't."

Year after year, Wood receives strong reviews for his performance. The show, performed at the BTI Center's Memorial Auditorium to accommodate the crowds, has become an ingrained Christmas tradition in the region and typically sells out—proof people appreciate the cast's efforts to absorb themselves in their roles. The cast also travels to Columbia, SC, annually for a series of warm-up performances, and in the past has performed in France and the United Kingdom. One of Wood's proudest achievements for the play is that members of the Dickens family have seen the performance and "granted their seal of approval."

Wood's performances reflect his philosophy for success in life: "When work and talent join together, expect a miracle," he says. "Adhere to Spencer Tracy's advice: 'Show up on time. Know your lines. Don't bump into the furniture.'"

As founder and executive director of Theater in the Park, Wood has enthralled audiences with his dramatic roles, including Hamlet, Cyrano de Bergerac, King Lear, Richard, III, John Barrymore and even Sir Walter Raleigh. He heads up an organization that puts on four main-stage productions a year plus classes and workshops. He also has written several award-winning plays, including one of his favorites *Galatea* about the mysterious Anastasia.

Theater in the Park has also served as a launching pad for other acting careers—including those of his daughter, Evan Rachel, and son, Ira David Wood IV.

Evan Rachel received strong reviews for her most recent performance in the Ron Howard movie *The Missing*. She also has starred in the movie *Simone* with Al Pacino plus the sleeper hit *Thirteen*.

Wood laughed as he recalled one visit to see Evan Rachel on the set for *Simone*.

"Dad, have you met Al," she asked Wood. She then introduced him to the legendary star.

Ira David IV is building an acting career and

has appeared recently in episodes of *CSI* on CBS. Wood takes great pride in the achievements of his two children, calling them his proudest achievement.

Other Theatre In The Park alumni include Frankie Muniz, who grew up in Knightdale and played the role of Tiny Tim in *A Christmas Carol* for three years. He now stars in the Fox TV series *Malcolm in the Middle*. Among the other alumni moving up in show business are Broadway star Lauren Kennedy, Rita Glynn, Michael Hall and Patrick Stogner, son of WTVD-TV veteran anchorman Larry Stogner.

"They are an indicator of the caliber of talent Raleigh has," Wood said. "I'm proud of that."

Wood traces his own acting roots to his hometown of Enfield. He is a graduate of the North Carolina School of the Arts and gained experience performing in *The Lost Colony*, Paul Green's long-running outdoor drama.

Over the years he has acted around the world. In 2003, he took on the role of Captain von Trapp, along with the von Trapp's great grandchildren, in the North Carolina Theater's presentation of *The Sound of Music*.

But his primary focus remains Theater in the Park, and Wood has major plans for next season.

"We are fundraising for new drops for our 30th year," Wood said. "We also are inviting our alumni to return. We're hoping to raise \$125,000."

After all these years, he also has not changed his goals. "I hope to put quality into the theater," he explained. "It's the ability to change people's lives on the stage—for the better."

Wood also doesn't plan to have to make any changes late in life as Scrooge did. "To grow older gracefully and wisely," he said when asked about his major goals yet to be achieved. "I am also looking forward to 'auditioning'—for the eventual role of 'Grandfather.'"

C. Colon Willoughby Jr.

MR. DISTRICT ATTORNEY

For more than a year, the quiet and gentlemanly District Attorney for Wake County, C. Colon Willoughby Jr., found himself involved in a public corruption case that was distasteful for many reasons. The alleged lawbreaker was someone he had known for years: Meg Scott Phipps.

"It was very emotionally taxing because I had known Ms. Phipps since law school, and I



WAKE COUNTY COURTHOUSE

316

C. Colon Willoughby Jr.

knew her family," said the man who has been the district attorney for Wake County since 1983. "It was not a pleasant task I had to do."

Working in conjunction with federal investigators, Willoughby brought the former state agriculture secretary up on numerous felony charges related to campaign fundraising and bribery. Phipps, the daughter of former Gov. Bob Scott, was convicted in a Wake County jury trial in October. She later pled guilty to federal charges.

Willoughby, a Democrat like Phipps, challenged her in closing arguments for violating the public trust. "How could you?" he asked. The prosecutor likened the case to Watergate, referring to cover-ups and cajoling aides to lie and mislead on behalf of Phipps.

"In politics, we have always allowed people to make mistakes and have been forgiving so long as people were not enriching themselves," Willoughby said. "When they appear to be enriching themselves, the public takes a different view."

Willoughby is still troubled by the fact that between \$20,000 and \$25,000 received by Phipps remains "unaccounted for."

"Making a mistake with campaign records or making a mistake in carrying out duties is not unforgivable," he said, "but enriching yourself is."

The Phipps case produced plenty of publicity for Willoughby, who was appointed acting district attorney in 1983 by then-Governor Jim Hunt.

"It was a complex case, as most public corruption cases are," Willoughby recalled. "And it was professionally challenging to be involved in an investigation for over a year and to develop a case. ... We worked jointly with federal prosecutors and it worked very well. It was the best joint investigation I've ever been involved in based on the smoothness of how it worked."

Willoughby, who first stood for election in 1986—due to his success in the office as an appointee in streamlining the docket—and has been unbeaten since, doesn't plan to use the Phipps case as a stepping stone to higher office.

"I thought I would be here for one or two terms and then do something else," Willoughby said. "I have really enjoyed the job, and I have enjoyed the challenge professionally, and I've enjoyed the people I've worked with."

Asked about higher ambitions, he said he had "not really" given the idea much thought.

"Folks have talked to me about the possibility of other offices, but I don't think I want to be a judge, and I really like the fact I can have some positive impact in this community."

As for state office, Willoughby didn't seem inclined. "The prospect of running for statewide office and raising huge sums of money is not very attractive," he said. "You never say never, but the idea doesn't hold intrigue. I love what I do; I'm happy."

A graduate of Campbell University Law School, Willoughby earned an undergraduate degree at the University of North Carolina at Chapel Hill and a Masters in business at East Carolina University. He practiced law privately and taught business at Peace College from 1979 until taking the DA's position. He and his wife Tricia have two daughters, Elizabeth and Mary Graham.

"In politics, we have always allowed people to make mistakes and have been forgiving so long as people were not enriching themselves."

—C. Colon Willoughby Jr.

Willoughby said he has seen many changes in crime during his tenure in office, especially the rise of computer crime, identity theft and fraud at major financial institutions. He also has been part of a move to treat drug violators differently.

"We've done a number of programs that are focused on treatment as opposed to punishment," he explained. "We try to deal with first offenders through education and divert them out of the criminal justice systems. For hardcore addicts, we have developed a drug treatment court to try to keep them out of prison. Treatment is expensive, but if we can prevent crimes, we save the over \$200,000 a year that it takes to keep them incarcerated. That's a big cost-savings for us as a society. They also become tax payers as opposed to tax users."

Jim Talton PROBLEM SOLVER AND CONSENSUS BUILDER

Some volunteers seeking to serve might suddenly find other priorities when the organiza-

tion they had been willing to help encounters turbulent times.

Such is not the case with Jim Talton, currently chairman of the board of trustees of East Carolina University. When problems within the administration erupted in 2003 just as he took over as chairman of the board of trustees, Talton waded into the battle.

"We had inklings in the spring that something was wrong," Talton recalled. He was elected chairman in July. "Everything came to fruition in September, and it became clear there needed to be changes."

Led by Talton, the board worked in what he labeled a "collaborative effort" with Molly Broad, president of the University of North Carolina System, to resolve the issue. William Muse, ECU's chancellor, resigned, and other changes were made. Running through Talton's mind was a determination to "try to stabilize the situation and move forward." William Shelton, whom Muse had hired as a vice chancellor, took over.

Talton had served as vice chairman for two years before taking over in what would prove to be a tumultuous year. But he said he had no regrets about taking the non-paid position, pointing out that, "it took me several attempts to get appointed" to the board. He joined the trustees in 1997.

When asked why he was so eager to serve, Talton cited loyalty.

"I graduated from East Carolina (1965 with a degree in accounting). So did my wife (Myrtle, from Raleigh) and daughter (Elizabeth)," said Talton, a native of Wilson. "I owe a lot to the university." Son James III is an investment executive in Raleigh.

A record of loyalty and service fills Talton's resume. He received the Order of the Long Leaf Pine from Gov. Mike Easley in 2003, was the managing partner of KPMG, the accounting firm, in Raleigh before retiring in 1999. From 1986 through his KPMG career and beyond, Talton has worked with the Red Cross, the Boys and Girls Clubs of Wake County, the Chamber of Commerce (including a tour as chairman), and the Research Triangle Regional Partnership. He also participated in the capital campaign for the Food Bank of Eastern North Carolina and is active in "The Fifty Group," an organization of some 125 Triangle business executives.

Talton also established a reputation as a consensus builder following the defeat of a Wake County school bond issue in 1999. He was



Jim Talton

asked to chair a drive to try again in 2001. He reached out to opponents of the previous issue, including the Wake County Taxpayers Association and the John Locke Foundation, for a plan that addressed building needs and concerns about tax rates. "We also asked more than 25 leaders to join in," Talton said. "They worked with us for 14 to 15 months." The bond issue passed.

How does he achieve success? Talton said meeting goals with groups requires the three C's. "To be successful in any endeavor," he explained, "you have to have collaboration, communication and cooperation."

As for his next volunteer project, he has been

deeply involved with a team analyzing the needs of Wake County's operating funds.

Talton also finds time to remain active in for-profit business. His latest private venture is Impact, Design and Build, a homebuilding company based in Cary.

Dr. Danny Bolognesi

A LEADER IN THE FIGHT AGAINST AIDS

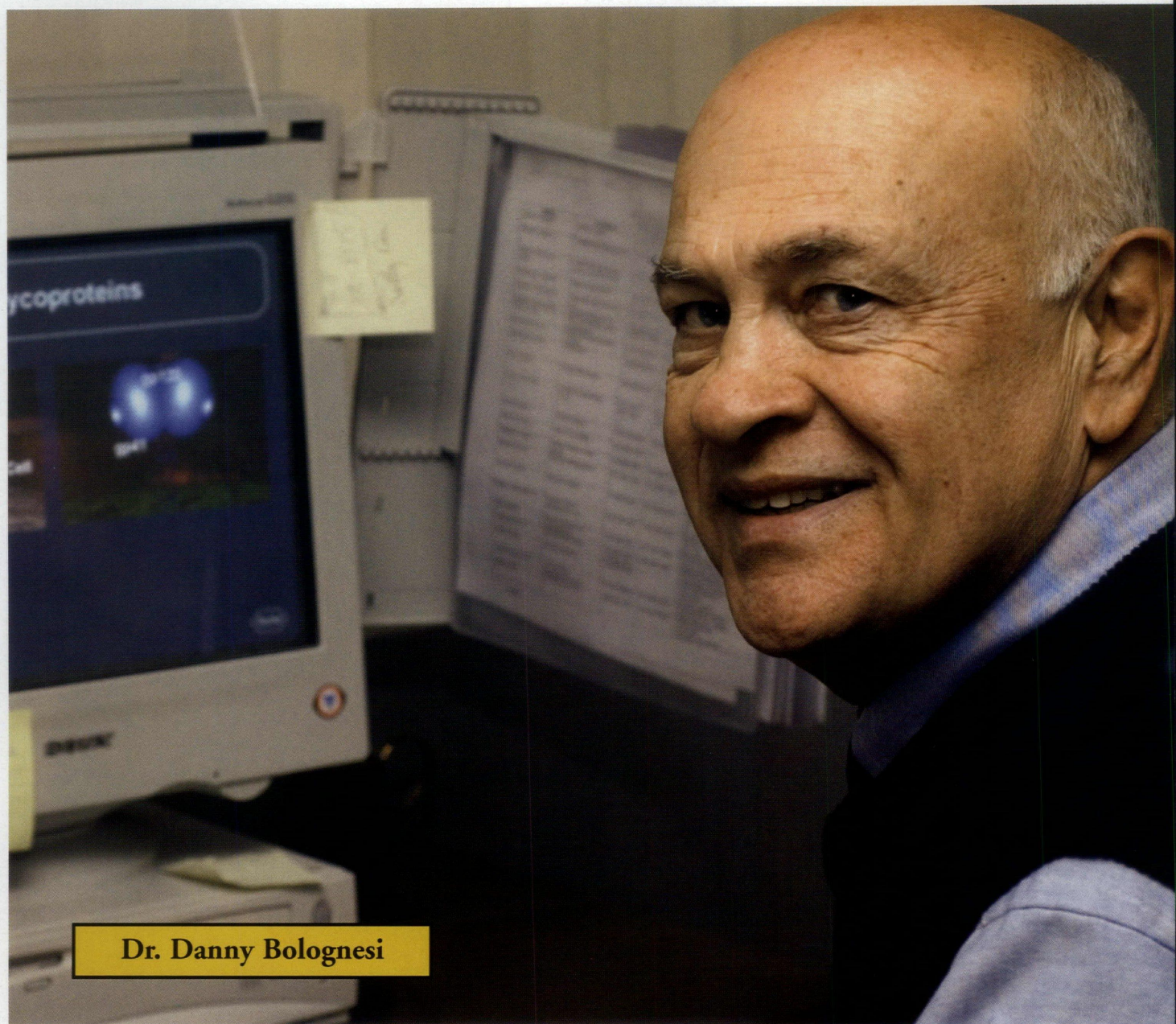
Dr. Danny Bolognesi has been a dedicated soldier in the war against Acquired Immuno-deficiency Syndrome (AIDS) from the time the disease emerged as an incurable global killer some 30 years ago. The numbers alone tell how

daunting the fight has been to discover effective treatments.

More than 3 million people died of AIDS worldwide in 2003, and the epidemic has infected 40 million.

Research by Bolognesi, chief executive officer and chief science officer of area firm Trimeris, and associate Dr. Tom Matthews, led to what promises to be a crucial victory against AIDS. In March of 2003 the FDA approved Trimeris' new drug, Fuzeon. The European Union approved it weeks later.

"It's a feeling that is indescribable because of what the patients are up against and their response to Fuzeon," said Bolognesi. "We now



Dr. Danny Bolognesi

have a large number of patient testimonials that indicate in no uncertain terms that without this drug they would be in a much different situation."

Fuzeon is a new type of AIDS treatment based upon what is called a fusion inhibitor. Drs. Bolognesi and Matthews, who helped discover the first AIDS drug known as AZT while working at Duke University, determined that part of the Human Immunodeficiency Virus (HIV), which causes AIDS, could be used to prevent viral reproduction through viral fusion. The compound they discovered in the early 1990s was known as T-20, now Fuzeon. It is targeted primarily at patients whose drug regimen is no longer effective against HIV.

"If we were out there with a drug that had marginal efficacy or was just a little bit better, then we would not have a good scenario, but that's not the case. This drug [Fuzeon] is a lot better."

—Dr. Danny Bolognesi

"Tom came racing into my office to tell me about the discovery," Bolognesi recalled. "He didn't do that very often. I saw that glint in his eye that said 'I really think we've got something here.'"

The two had no intention of starting a company, Bolognesi said. But they were approached by investors to help launch Trimeris after the T-20 discovery. Trimeris was launched in 1993 and went public in 1997. The two joined the firm as full-time employees in 1999. Bolognesi was named CEO, and Matthews was named senior vice president of research and development as T-20 advanced through clinical trials.

"I will never forget the day we got the envelope with the results from the Phase III trial," Bolognesi said. "We knew Fuzeon had done well, but to see the data—certainly data is what drives approval. To me, that was a bigger day than when the FDA approved it."

Fuzeon is based on a very complex compound, and Trimeris secured a major partner in pharmaceutical giant Roche to help get it to market.

Fuzeon is not a cure, however. Because of its complexity, the treatment is expensive

(\$20,000 a year). It came to market in limited supply and then encountered resistance from patients because it is administered by needle. As a result, Trimeris stock took a substantial hit from investors, but Bolognesi is confident the drug is so effective that patients and doctors will embrace it.

"If we were out there with a drug that had marginal efficacy or was just a little bit better, then we would not have a good scenario," he said. "But that's not the case. This drug is a lot better. ... Now it's the issue of, OK, how do we convince folks to take an injection as opposed to pills."



Chuck Stone

Bolognesi, who holds a doctoral degree in virology from Duke, says getting Fuzeon approved is his top achievement to date. "To make a significant difference in a patient's life, and we have a drug that has done that," he said. Now he is pushing development of other drugs, his unachieved goal to develop a "new para-

digm" in treatment that will defeat viruses despite their ability to mutate. "We'd like to be a player in that."

Bolognesi and his wife Sally have two adult children. He was born in Northern Italy and moved to the US when he was 17. He earned a BS in biology and an MS in microbiology

from Rensselaer Polytechnic Institute. Bolognesi also remains actively involved at Duke. Among positions he held there were director, Center for AIDS Research; co-director, Human Vaccine Institute; vice chairman for research and development, Department of Surgery. He also was James B. Duke professor of surgery.

Chuck Stone

CITIZEN OF THE WORLD

Chuck Stone is 79 going on 25.

Stone, the Walter Spearman Professor of Journalism at the University of North Carolina at Chapel Hill, has lost none of the grit and determination that propelled him to become one of only two black correspondents covering the John F. Kennedy White House. He went on to a prestigious newspaper career beyond the Beltway and has built a distinguished career at UNC since 1991. But he has oh-so-much-more that he wants to do.

For one thing, Stone is fighting the Patriot Act, which was passed in the months following the Sept. 11, 2001, terrorist attacks. Fighting censorship is one of the passions that keeps Stone from thinking about retirement.

"I think it's an egregious exercise in censorship," Stone said. "It exists because of a certain amount of—I hate to use the word—hysteria. I think in times of terrorism, we have to be extra cautious, and I understand the reasons for that, but sometimes we go too far." He is especially concerned about a clause of the act that permits the government "to seize material without a warrant and you can't say anything publicly about it. They warn you about that. If you say anything, you'll be arrested."

Stone pointed to the espionage act of 1917 as an example of legislation that went too far. "The Patriot Act will run its course, too," he said. Stone's faith in the United States remains strong.

"We have what I call a built-in corrective mechanism called democratization," he explained. "When excesses or mistakes occur, it corrects them. Women couldn't vote. Blacks couldn't vote. Indians couldn't vote. Now, they all can vote."

If Stone's past is any indicator, he won't stop speaking out about the Act. He was teaching about censorship five years before he arrived at UNC—when he taught at the University of Delaware and as a visiting professor at Harvard.

Stone, who still teaches a popular graduate course, received UNC's top faculty honor, the



Thomas Jefferson Award, in 2002, the first black professor to be so honored.

A graduate of Wesleyan University with a Master's from the University of Chicago, Stone already has compiled a career most journalists only can dream about. He went to work for a weekly black newspaper in New York in 1958, but his mother had different ideas. "She said I belonged at *The New York Times*," he recalled. "I said, 'Mother, they don't even hire Negro copy boys.'" Seven months later, the editor of the weekly paper resigned, and Stone got the job. "I was writing news stories, columns, editorials—I loved it. I couldn't believe they would pay you to do this."

Stone quickly made his way to the White House beat (he still has a photo on his office wall showing him posing a question to JFK). He covered the Irish conflict and went on to become the first black columnist for the *Philadelphia Daily News* and its first black senior editor. Stone also found time to write three books (one a children's book *Squizzly the Squirrel*, published in 2003) and served as first president of the National Association of Black Journalists. His one unrealized goal, he said, is to become an Ambassador.

"I'm having a good time—I enjoy teaching. I teach young people and I learn from them," said Stone, father of daughters Krishna and Allegra and son Chuck III, a film producer (*Drum Line* and the soon to be released *Mr. 3,000*). He has been married to wife Louise for 45 years. "I like to think of myself as a citizen of the world. Socrates said 'I'm a citizen of the world.' Martin Luther King wrote that letter from the Birmingham jail about being a citizen of the world. That's what I'd like to try to be. I'm not there yet, but I'm striving to do a better job."

Stone has had at least one disappointment in his career. He trained as a navigator and bombardier aboard B-29 bombers in World War II as part of the famous Tuskegee airmen squadron but couldn't fight overseas aboard the huge planes because of segregation, "My mother said, 'I'm so worried you will get killed,'" Stone recalled. He felt differently. "It broke my heart."

Richard Moore

STOCK MARKET CRUSADER

In the wake of the Enron scandal and repeated waves of investigations on Wall Street, North Carolina State Treasurer Richard Moore has been among the most vocal leaders

demanding reform.

Given the fact that he is a former assistant US District Attorney and former head of NC's Department of Crime Control and Public Safety, Moore knows corruption when he sees it.

"It's just like trying to put toothpaste back in the tube," Moore said of the need to clean up the Street before many more investors decide

to flee the public markets. "I don't think [either] can be done, so we'd better be extremely careful and restore the impression that if the small investor loses, the guys at the top lose just as well. We don't have that today."

His reform message was heard quite clearly. In fact, John Reed, the new chairman of the New York Stock Exchange, asked Moore to



Richard Moore

become part of his executive board. He will be the only public official serving.

"I am not leery at all because I am going to be completely open and transparent about what I do, and I am going to stay on them about improving the governance of that organization," said Moore, who was elected State Treasurer of North Carolina in 2000. "This is an honor.

However, it comes with a burden.

"I was asked to join the Board because I was such an outspoken critic both of some NYSE practices and the abuses of the public markets in general. I have committed myself, and I told the chairman that I would not hold my tongue, that I would continue to push from the inside to restore integrity to the public markets.

"We're going to keep pushing them. Quite frankly, they understand they need to be pushed."

Moore is keenly interested in the markets because he is responsible for the investment and management of the state's \$56 billion public-employee pension fund. He will not be paid for the NYSE position, but the state will be reimbursed for his travel expenses.

The task is the latest in a series of high-profile roles for Moore, 43 and married with three children ages 6 to 12. He grew up in Oxford, North Carolina, and was graduated from Wake Forest University and its School of Law. After spending four years in private practice, he became an assistant US Attorney for the Eastern District of North Carolina. Moore launched his political career in 1992, with election to the NC House of Representatives. After losing a race for Congress in 1994, he returned to private practice then took over as secretary of Department of Crime Control and Public Safety in 1995 as part of the Jim Hunt administration.

"I did not anticipate when I became Treasurer three years ago that both my prosecutorial experience and emergency management would be needed in this job," Moore said. The stock market crash in 2000 led to a host of bankruptcies, criminal indictments and more in 2001 through today. The precipitous drops in the market led pension-fund managers such as Moore to demand change. "I personally hope we are near the bottom of the barrel on this stuff."

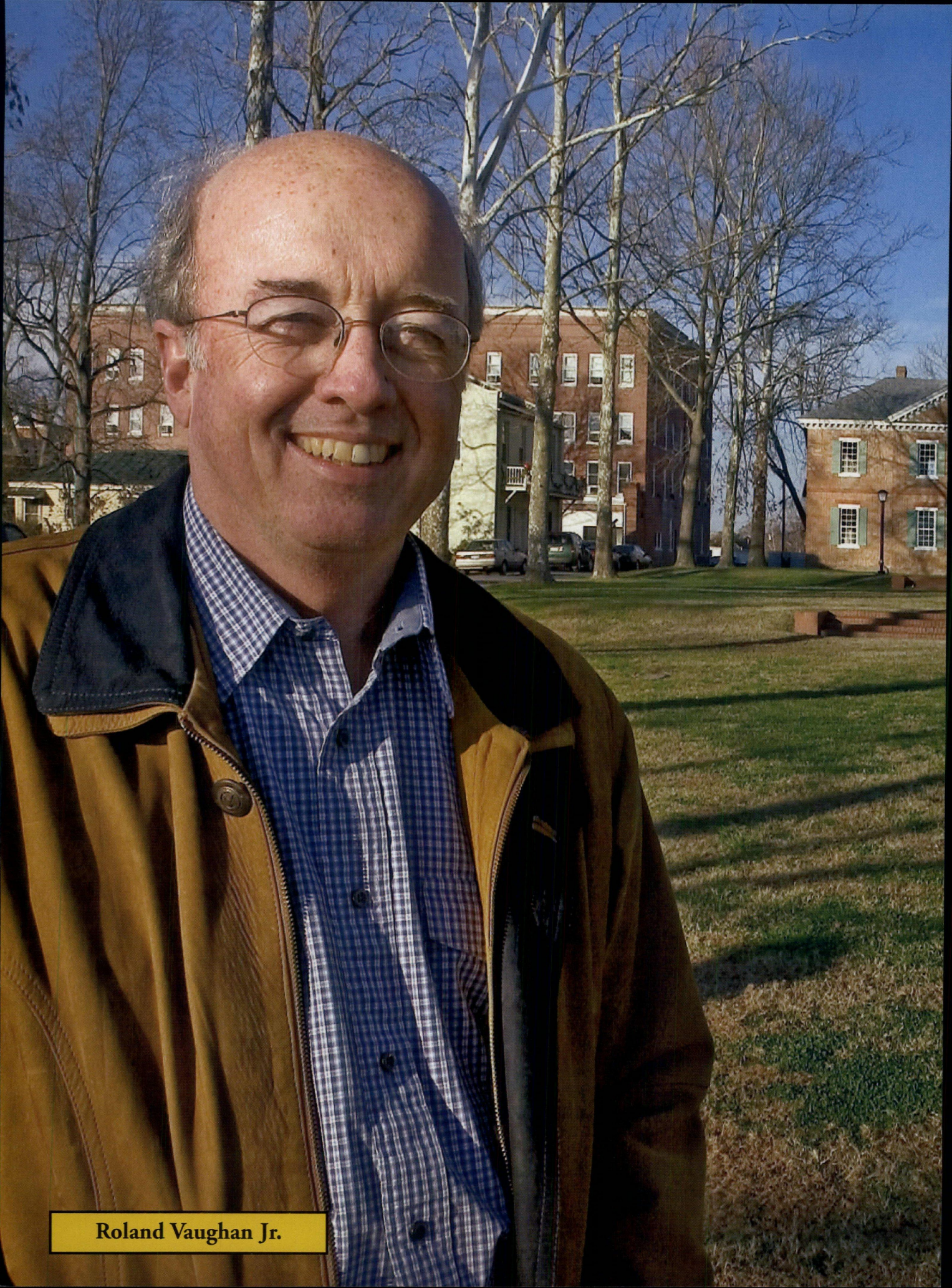
As he begins his NYSE duties, Moore also will be making his mark as an author. He collaborated with Jay Barnes, the author of a history of hurricanes in North Carolina, to write a book about 1999's devastating Hurricane Floyd. Titled *Faces from the Flood: Hurricane Floyd Remembered*, it will be published early in 2004 by the University of North Carolina Press.

"I feel very strongly that this is a project of the heart, not a project of the wallet," he said. "All the rights have been given away. We have set up a legal entity so that all profits are split between the Salvation Army and the Red Cross—North Carolina's great partners during disasters."

Moore counts his blessings that the Hunt administration had the foresight to upgrade communications and response procedures following 1996's Hurricane Fran.

"I know that the advances we made, particularly in communications and advanced logis-





Roland Vaughan Jr.

tical planning, saved hundreds and hundreds of lives," he said. "We had virtually no downtime. We rescued people out of tree tops—more than 1500 people—and those minutes we saved made a lot of difference."

Roland Vaughan Jr. MAYOR IN A MAELSTROM

Hurricane Isabel swept through the historic town of Edenton last September. The Category 2 storm pummeled the city, ripping away 40 percent of its beautiful trees, pushing an 8-foot storm surge through downtown and leaving behind more than \$150 million in damage.

Making matters worse, the town and surrounding Chowan County were left largely on their own. For some reason, National Guard, Federal Emergency Management Agency and other state agencies didn't arrive for four days.

"I don't know what to say about the slow response," said Roland Vaughan Jr., Edenton's mayor and one of the leaders who helped rally the citizens as they waited for outside assistance. "They didn't realize the magnitude of the damage. Once they arrived, it was an eye-opening experience. One FEMA representative told me it appeared as if we had been hit by a Category 4 storm."

Vaughan was left in awe by the event: "I've never seen water that high," he recalled. "Water was literally chest-deep in my house."

But Edenton, population 4500, and the county of 14,000 people had plenty of volunteers from among its own population to launch the recovery operation. Their commitment left Vaughan proud of his fellow citizens.

"It's a hell of a way to have to test to see if the milk of human kindness is still there," he commented, "but I assure you it is—at least in our town. No one forgot to try to reach out and help someone else. The community had a real outpouring of help. The most remarkable thing about the whole experience was the fact that we only lost one life—which is one too many. But considering how many trees fell and the water into homes, it's a miracle we didn't have more deaths."

"Right after the hurricane, we went into emergency operations. We implemented a curfew, and we had to try to restore electricity and water. Both systems went down. Getting power back on for Chowan Hospital and for emergency teams was a top priority."

Vaughan also pitched in to help keep people calm. "Your greatest challenge is to keep cit-

izens from panicking and getting too upset over damages, particularly municipal services. ... The last customers didn't get their power back until the eighth day."

Edenton received help quickly from "strike teams" sent out by utility providers. The town also received a big boost from local companies and loggers who work the Eastern NC forests. "They knew how to cut away those trees," Vaughan said. "By the time the big help arrived from the state and FEMA, we were well underway."

When asked why he pursued the mayor's job, Vaughan reflected on the town's "can do" attitude. "Someone does what I do," he said, "because they love their community and want to give something back." His full-time job is operating CBS International, a commodities brokerage firm. As a native and a businessman with an investment in Edenton, he wants "to be involved in the process, to try to make the town all it can be for all its citizens."

Although still immersed in storm recovery issues, Vaughan continues to work to promote Edenton's image as a tourist attraction and a town eager to seek new business. Sandy Point, a major new development of national significance covering 900 acres, is in the early stages of development 10 miles outside of town. He and others also made a recent trip to Washington, DC, to visit with Senator Elizabeth Dole, seeking dollars for future economic development.

**"Someone does what I
do because they love their
community and want to
give something back."**

—Roland Vaughan Jr.

"In a perverse sort of way, Isabel may help us," Vaughan said. "It could open up avenues of funding that previously weren't available."

Vaughan and his wife Peggy Anne, a Wilmington native who operates Vaughan Jewelry, have vested interests in seeing the town flourish. Harris, their son, is a public relations executive in Raleigh. Daughter Liza is married to builder-developer Joel Williams and also lives in the capital city.

Hurricane Isabel played no favorites in doing its damage. The roof of the building where the Vaughans' businesses are located was blown off, so the mayor and his wife had to

relocate. They also had to remove all the first-floor flooring in their home due to water damage. The Vaughans hope to have their businesses back in the previous location in early 2004.

"I never thought I would live here," said Vaughan, thinking back about growing up in this small isolated community where his father Roland Vaughan Sr. was a family physician for 35 years. The younger Vaughan, a graduate of the University of North Carolina at Chapel Hill, worked as a commodities broker with Merrill Lynch in Wilson but decided to return home when the owner of CBS International decided to retire.

The recovery continues, but the battered and destroyed trees have been removed. Vaughan continues to negotiate with FEMA, seeking federal reimbursements for the cost of the cleanup.

As for Edenton and its people, Vaughan said with pride: "The recovery effort is doing extremely well."

Ann Goodnight LADY WITH A VISION

Ann Goodnight is not someone who enjoys the benefits of the present while forgetting the lessons—and hard work—of the past.

"I know that what we have enjoyed in our lifetimes would not have happened without a lot of vision and a lot of belief in education," said Goodnight, wife of Jim Goodnight, founder, owner and chief executive officer of software giant SAS in Cary.

"The vision," she explained, "is the Research Triangle and our state's insistence on making education a top priority. I just feel like we have got to stay at it more than ever."

Goodnight pointed to SAS as an example. The world's largest privately held software company faces cutthroat, intense competition around the world. That puts pressure on SAS to recruit and retain the best human minds.

"We definitely need a different kind of worker today than we needed in the past," she said.

Her contributions to the community reflect her commitment to education and a vision for the future. The Goodnights and John and Ginger Sall—John co-founded SAS along with Jim Goodnight—teamed up to create Cary Academy, a prestigious private school. Ann serves on 10 area boards, including the boards of Trustees at Wake Education Partnership, North Carolina State University—where she

was graduated with a BA in 1968, and Meredith College—where she began her college career. Ann, a Lillington native, and Jim, from Wilmington, have endowed professorships in the College of Engineering, the College of Humanities and Social Sciences, and the College of Physical and Mathematical Sciences at NCSU.

The Goodnights also are involved in the establishment of The Friday Institute at NCSU, named in honor of William and Ida Friday. "We are very involved in what we think should be the top priorities in North Carolina for our economic transition," Goodnight said.

Her commitment to the future includes the arts as well. She stepped down as chairman of the foundation board for the North Carolina Museum of Art, but not before helping push through the new Museum Park to be created across the more than 150-acre campus in west Raleigh on land originally granted to the Museum but occupied by a prison facility until recently.

"I know that what we have enjoyed in our lifetimes would not have happened without a lot of vision and a lot of belief in education"

—Ann Goodnight.

"The Park makes the Museum unique, not only to expand the facility itself but also to develop a beautiful park with the inclusion of the arts for the broader community," she said. "We also are very excited about the greenway that goes through the property. This will bring cyclists and runners, students from Meredith (which ties in with the greenway) and some day, employees from the SAS campus. This really does create a greater connection for our greater community.

"I just drove by there," Goodnight added about the Park. "It is beautiful. There is a vista now that wasn't there before the demolition of the prison."

Other work beckons, including a determined effort to bring a high-quality hotel to the Triangle. "My project at the moment is building a 5-star hotel," she said. "We'll be breaking ground early in the spring. It's on the fast track. We're looking at completion

within 18 to 24 months."

The hotel, The Umstead, will be built near the SAS campus in Cary at the corner of Westin Parkway and Harrison Avenue. "We hope to really show North Carolina's heritage in this hotel," Goodnight said of the 150-room complex that will include a spa and two restaurants. "We knew we were going to have a hotel, but this was seven years ago. The economy faltered, it was difficult to get financing, and we were never able to land a partner."

But Mrs. Goodnight said she was resolved to get The Umstead built. "That's my project. I'm shepherding it. ... We believe the Triangle needs a first-class hotel." Goodnight adds that she looks forward to having a hotel where visiting executives to SAS can stay.

No matter the subject, it's difficult to talk with Goodnight and not refer to SAS.

She is the company's director of community relations and also takes a very active role in the interior design and selection of artwork for the firm's buildings. The success of SAS stands as one of the Triangle's most outstanding achievements in technology. And she is quite proud of its heritage—but for more than financial reasons.

"Over the 27 years of SAS, a culture has evolved that really does make the folks who work there feel like family," Goodnight said, noting that the company has "never had layoffs" and has "little turnover. ... They are very supportive whenever they learn a colleague has some difficulty. SAS always has been known for its employee benefits, but as people say, 'What you give, you shall receive.' Much of SAS' success is because of their hard work and their dedication."

The success of SAS and giving back to the community are not her proudest achievements, however.

"I definitely think it's my children," she said of daughters Leah and Susan and son James. Leah operates three women's boutiques. Susan is involved in a video production company. James graduates from the University of North Carolina at Chapel Hill in the spring. "They all have their own passions," she said, "and they have developed passions into life's work. That does make one feel satisfied."

William M. Dunlap, MD

A COUNTRY DOCTOR AT HEART

William M. Dunlap, MD had quite a standard to live up to when he launched his med-

ical career nearly 30 years ago. To this day, he still measures his performance against the career of his grandfather.

"Every since I was a little boy, I wanted to be a doctor because of him," said Dunlap, referring to his late grandfather, John Wickliffe. "He was a family doctor in the rural area of



South Carolina.

"I like the description of being an old-time kind of doctor. I think of my grandfather being paid with chickens and eggs. He never sent a bill in his entire career and made house calls on his horse."

Dunlap doesn't make calls on a horse, but

he is determined to maintain old-fashioned patient relationships despite the trend to sterile in-and-out office visits. Patients under his care cannot contain their appreciation of his friendly nature, dedication to their problems and almost super-human energy.

"I like to feel I try to maintain a good rela-

tionship with my patients," he said. "I look at my practice as the ideal way to help people when they have life-threatening illnesses. In spite of all the hassles you get with insurance companies and other third-party organizations, the practice of medicine is still enjoyable to me."

Dunlap is widely recognized in Raleigh for



Ann Goodnight

his efforts, with other caring folks, to launch, build and expand the first hospice in Wake County 25 years ago.

"In 1977, we had our first meeting in the Triangle about forming a hospice," Dunlap recalled. "I didn't even know what a hospice was. I had to look it up in a dictionary."

A specialist in oncology (tumors), Dunlap quickly saw the hospice as an opportunity to help people entering the final stages of fatal illnesses. Hospice of Wake County began caring for patients in 1980 and expanded quickly over the years. "We treated six patients in our first year. Now, the daily average census is 140."

Other similar programs exist in the region, but Dunlap is especially proud of Hospice of Wake County: "What makes us unique is that we have a large number of volunteers who participate in patient care and in office work." He said the group handles 94 percent "of those in Wake County who are in need." Dunlap is a dynamo when it comes to raising funds and exerting his personal energy to advance the cause of Hospice. Many remember him in an apron and chef's hat cooking Brockwurst for the cause.

His contributions have not gone unrecognized. Ten years ago, he received the first annual award for service presented by Hospice of Wake County. It was named in his honor.

He also works closely with the Boys and Girls Club of Wake County, and served as president of the board. Dunlap said that service fits as a nice bookend to his Hospice work.

"I often contrast the two non-profits I work with. One is filled with end-of-life issues, but the other is dealing with young people at the other end of the life cycle. They are just now learning how to become successful contributors to the community.

"I didn't do that on purpose," Dunlap added. "It just seemed to happen to help people at the start and at the finish."

Dunlap grew up in Raleigh and was graduated from Broughton High School. He still lives in the neighborhood—five blocks from his grammar school and 10 blocks from the high school. A desire to stay close to his roots brought him back to Raleigh to practice after he completed his medical training at Duke, the Medical College of Virginia, a two-year stint in the Army Medical Corps, and then two more years training in hematology at MCV. His practice, now with 21 physicians, is evenly divided between internal medicine and oncology. Six of those are



Dr. Billy Dunlap



part of Cary Medical Group. Dunlap's practice was the first to bring a specific focus on tumor and cancer treatment to Raleigh.

"I have seen some amazing advancements in medicine," Dunlap said enthusiastically. "The merger of hematology and oncology in the 1970's, linking blood disease and tumor research, was a crucial advancement."

Inevitably, patients and friends ask him if, or when, we will win the war against cancer.

"The way research has been presented over the years, everybody is expecting a magic bullet to come along and suddenly cure cancer. That's not going to happen. We are seeing gradual changes—small steps forward."

—William M. Dunlap, MD

"The way research has been presented over the years, everybody is expecting a magic bullet to come along and suddenly cure cancer. That's not going to happen," he said. "We are seeing gradual changes—small steps forward. There certainly are numerous cancers that could not be treated successfully 30 years ago when I started that now can be managed more successfully or cured."

He pointed specifically to advances against lymphomas and testicular cancer and "a lot of strides" in breast cancer treatment. "I certainly believe that we may be on the brink of some major discoveries," he said. "We may have a small crack in the door. We don't know what the future is going to bring in the next 30 years."

Now 64, Dunlap, who has never missed a day of work in 30 years, has no plans to retire.

"I expect to go at least until I'm 70."

Dunlap, an avid golfer and known to be quite a chef when he is not practicing medicine, married Shawnee Sundquist two years ago. He has two grown children, son Marshall, an architectural student at North Carolina State University, and daughter Wick Garrard, who lives in Atlanta. He has two step-children, Alley and Nicky, and two grandchildren, Margaret and Caroline. **MM**

TOP TEN, AG'IN

I am looking for a little sympathy. And a little sympathy is about all I'll get.

When *Metro's* "Top Ten" edition rolls around, my colleagues have a pretty easy time of it, I think. Their areas are so neatly defined. So tidy, one might say. So circumscribed, in a way. Top Ten Books. Top Ten Movers and Shakers.

Mais moi? What are my Top Ten things? Between you and me, it's doggone hard to get my arms around them, but I'm going to try. My Top Ten are people who are preserving the culture and the sense of place that years from now will allow folks to say "I'm from Down East," and still have it mean something.

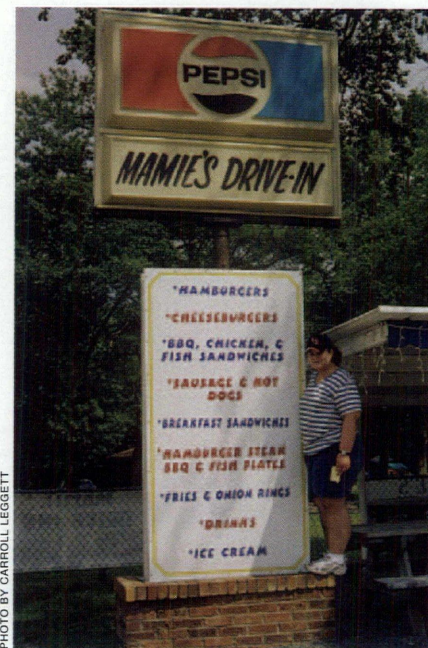
1 MAMIE'S DRIVE-IN (JUICY, HONEST BURGERS)

I'll take you first to Laurel Hill in the Southeast—out of my usual territory. I was on Highway 74 headed to Pembroke, running late and worrying about my sketchy directions. I saw a BP sign coming up on the right, decided I'd stop and ask the way, and whipped into the parking lot just seconds before realizing the station had long since been boarded up. But sitting off to the side directly in front of me was Mamie's Drive-In, or Mamie's and what had once been a drive-in. You know—the place you went after basketball games.

You parked, got out and went up to little window where swarms of bugs battled each other for position in the bright light, leaned over and shouted to the I-don't-take-no-crap-off-nobody lady on the other side—cheeseburger...lettuce, tomato and mayonnaise...French fries and a large Pepsi.

Trouble was, someone had built onto the front of Mamie's and the outside window was now inside, and it really wasn't a drive-in anymore, so I had to go inside to ask directions. That was a stroke of luck. Before I could say a word, I saw two exceeding plump, hand-shaped, all-meat burgers simmering slowly in their own

juices on the grill. Real burgers. Not those flat, frozen, geometrically correct, cardboard-tasting, creations with pock markets on them.



A fellow in a Hawaiian shirt already was eating one with obvious relish. "That burger good?" I asked, trying to sound as local as possible. "You better believe it," he answered, as if he had been hoping I'd ask. "Me and my grandson come all the way over here (I forgot to ask where from) just to git us one. Folks drive from everywhere. Me and the boy like 'em with onions, chili, cole slaw, and mustard—some folks call that a Carolina Burger," he said.

Me? I call that "indigestion."

Time and direction no longer were important. I had to have a cheeseburger, and it met every expectation.

But come to find out, there is no Mamie. Mamie bought the drive-in in the '70s and ran it until Aneissa Locklear and her friend Tammy Murray bought it in the '90s. Aneissa, only 28, drove up while I was there, joined me outside at the picnic tables and gave me the scoop. "We want

it to be a family place where you can come and bring the kids and eat ice cream if you want to," she declared.

Tuesday night is bikers' night. Thursday night is old-car night. And every night is great-burger night. Best burger I've found Down East. Mamie's Drive-In and its juicy, honest burgers head my Top-Ten list.

2 PETE JONES (EASTERN-STYLE BARBEQUE)

I give the second spot to Pete "If it ain't cooked with wood it ain't barbeque" Jones of Ayden whose authentic, eastern-style barbeque earned him a prestigious James Beard Foundation Award for the best locally owned and operated restaurant in the Southeast this year. There was a black-tie dinner for hundreds at the Waldorf Astoria in New York to celebrate.

Pete sort of took the position of the old fellow who was being ridden out of town on a rail. "If it weren't for the honor of the thing," he remarked, "I'd rather walk." Pete sent his grandson, Samuel—my nephew Clay's great buddy—who is carrying on the tradition of non-nonsense, Down East BBQ by helping his granddaddy at the Skylight Inn, to represent him.

3 HAWES BOSTIC AND AUSTIN MCKENNA (DOCUMENTARY ON BARBEQUE)

If it weren't for talented young people like the "Barbeque Boys," as I call them, we might forget how folks like Pete and Wilber Shirley in Goldsboro cook "real" barbeque. Hawes Bostic, with folks in Cumberland and Bladen County, and his associate Austin McKenna have devoted almost two years to filming pit masters like Pete and Wilber for what will be the definitive documentary on barbeque. It's still a work in progress. But by golly, they are going to get there, thanks to the support and generosity of folks like Nick Weaver of Goldsboro's Walnut Creek Farms. Contributions are tax deductible.

4 CAROLINA ORGANIC GROWERS (A DOWN EAST COOPERATIVE)

Somebody has to grow the kind of good food we all love—flavor-packed and nutritious. I give my fourth spot to Carolina Organic Growers, a cooperative with members Down East, who supply fresh greens, heirloom tomatoes, baby patty pan squash, scallions and other vegetables and fruits that make their way to our tables through select markets and restaurants. COG is helping farmers Down East make a decent living from their land and preserve the agrarian lifestyle.

5 LUCKY 32 (RESTAURANTS SERVING LOCALLY GROWN PRODUCE)

At the same time, Dennis Quaintance and Nancy King, owners of Lucky 32 restaurants, are going the extra mile to provide a market for locally grown fruit, vegetables, meat and dairy products and include them on their menus. Their passion for supporting local growers and producers is having a strong positive influence on the restaurant industry. It's not the easiest way to run restaurants or serve good food, but it is their way, and we are thankful for it. I welcome these good friends to my list.

6 SENATOR A.B. SWINDELL (POLITICIAN FOR PEOPLE AND TRADITIONS)

Enough about food. Now to my second great love, politics. I place Senator A. B. Swindell of Nashville on my list for his unapologetic love for politics and his ability to practice this mixed art and science in the style of the great old pols like Tom White, Cousin Wayland and John J. Burney. Eastern North Carolina, with a dwindling number of seats in the legislative halls, needs bold, likeable politicians like A.B., who are firmly connected to people and traditions, to make sure we always have a seat at the table. I wish his daddy, Russell, were here to see him.

7 LAWRENCE DAVENPORT (CHAMPION OF DOWN EAST AGRICULTURE)

Lawrence Davenport of Pictolus probably would never stand still and allow himself to be called a politician, but few people have the political influence that he does or use it more effectively for the commonweal Down East. If agriculture continues to be an economic force and a way of life in eastern North Carolina, it will be due in large part to this Pitt County farmer's

efforts. This Southern Gentleman, who has chaired the Golden LEAF Foundation during its formative years and given generously of his time and personal resources to many good causes, is high on my list.

8 ASHELY FUTRELL & HOOVER ADAMS (RURAL NEWSPAPER OWNERS)


Locally owned newspapers, once a mainstay in the rural South, have all but disappeared. It's something of a tragedy, I believe, because each had its own character and gave voice to issues, triumphs and tragedies, simple accomplishments and individual milestones Down East in its own personal way. At least two such papers remain, *The Washington Daily News* and *The Daily Record* in Dunn. Old-style newspapermen have passed their mantles on to their sons—Ashley Futrell to Brownie at the Washington paper, and Hoover Adams to Bart at *The Daily Record*. Hoover and Ashley are both legends in the industry and have been important players Down East for decades. They and their sons are number eight.

9 DR. WILLIAM SHELTON (BEST 2003 IMPORT)

There is one more person I want to mention—a newcomer to Down East who already has proved he can speak the language and articulate the vision. Dr. William Shelton came to East Carolina University last fall as a Vice Chancellor to spearhead the university's continued growth and development. Within a couple of months he found himself Acting Chancellor and in the thick of things.

This is no ordinary fellow. Bill Shelton may just be the guy who coined the expression "No Fear." He can deliver a stem-winder speech on little or no notice, and his enthusiasm for East Carolina University definitely is infectious. He's a natural-born leader, and we need leaders Down East. He gets a spot on my list as the best 2003 import.

10 ???

There is still one to go but like last year, I will leave number 10 to you. You already are probably saying, "Why in the world didn't he mention..." Email me at cleggett@triad.rr.com and let me know who or what I omitted. It was great fun hearing from you before and, between you and me, I learned a thing or two. 

It's the site to see.



raleigh now!

Where To Go For What To Do

919.645.4400

Sprint event hotline

800.933.2621

press 1 for info & reservations

raleighnow.com

Introducing

your all-in-one, anytime

guide to everything

cultural in the area –

museums, historical sites

and performing arts –

plus special offers.

All on an easy-to-use

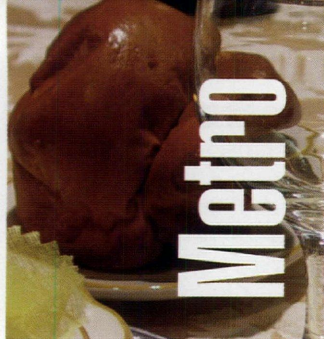
calendar and hotline.

Whatever you're

looking for, we'll give

you the lowdown

on what's going on.



Gourmet

by Moreton Neal

TOP TEN RESTAURANT PICKS OF 2003

North Carolina's food scene is expanding and improving every year. There are now so many appealing restaurants from the Triangle to the coast, it would be mighty presumptuous of me to claim that the following 10 choices are truly the best. So I won't. They are, however, my personal favorites of the year.

Testing and tasting recipes for my own cookbook, I've let 2003 zip by without visiting some of our most highly esteemed eateries. To exclude Magnolia Grill and Nana's from this article is the equivalent of omitting Hanks and Cruise from a Hollywood power list. Chefs Ben and Karen Barker (Magnolia) and Scott Howell (Nana's) remain as vigilant as ever in maintaining their stellar standards according to all reports, and I look forward to confirming those myself as soon as possible.

Another big gap in my dining experience this year has been the ongoing Asian invasion. A decade ago sushi houses and Thai restaurants were mushrooming (no pun intended) in these parts. In the past year or so, eateries from all up and down the eastern side of the Pacific rim have been popping up all over the Triangle. My New Year's resolution is to venture into this exotic territory—our own strip mall Orient.

I know beach lovers will be disappointed not to find their favorites here, with the exception of the perennially lovable El's. Though I've heard great things about Blue Moon, the new Café Atlantique and others, I haven't yet had the pleasure myself, but look forward to extensive Down East dining in 2004.

ALLEN AND SONS BARBECUE, BETWEEN CHAPEL HILL AND HILLSBOROUGH

"When I visit my northern relatives, they won't let me in the door if I don't bring Allen and Sons barbecue. It's the best in North Carolina," claims a friend, a discriminating foodie. My husband, a Lexington-style barbecue fanatic, would debate that statement, but he is wild about the coconut chess pie and the waitresses who have worked at Allen's for

ever. For me, it's the peppery coleslaw and batter-fried catfish. Another friend claims the magic is the hushpuppies, "They have real cornmeal texture unlike the fried cat litter you get at other barbecue joints."

When Allen and Sons burned down a couple of years ago, deprived patrons pitched in and rebuilt it exactly the way it was before, down to the hospital-green paint on the dining room walls. Now, that's a devoted clientele!



PHOTO BY DAVID LEFLER

LANTERN, CHAPEL HILL

Over a year since opening, Chapel Hill's hottest new restaurant has survived the initial burst of curiosity to become a regular nightspot for foodies of all ages in Chapel Hill. Andrea Ruising's "modern Asian" offerings aren't always flawless, but many of her now-trademark dishes cannot be beat. The Salt and Pepper Shrimp is a knockout, and I literally drool over Banana Ice Cream with Caramel Sauce and Salted Peanuts. Lanterns' weakness is its acoustically challenged main dining room. Escape the cacophony in the restaurant's tiny black bar with the deliciously sinful ambience of a speakeasy.

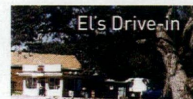
CROOK'S CORNER, CHAPEL HILL

"Eating at Crook's is like coming home," says Chapel Hill author Lee Smith, who dines there regularly, as do hundreds of other locals. Owned for over 20 years by genial Gene Hamer, Crook's is known for more than just its food. "In the Triangle, you have a sense that the South is disappearing before your

eyes," says another habitué. "At Crook's you can still feel it... and eat it. [Chef] Bill Smith always comes out of the kitchen to speak—that kind of hospitality is so essentially Southern." Former chef Bill Neal's famous Shrimp and Grits will always be available, but Bill Smith's cooking now dominates the menu, a link to his mother's and grandmother's kitchen and—thank goodness—quite a far piece from the New South.

EL'S DRIVE-IN, MOREHEAD CITY

The last of a dying breed, El's has been serving hamburgers and shrimp-burgers for half a century in the same location. This may or may not be the best hamburger in North Carolina, but along with El's crunchy fries and a dollar can of ice-cold Bud, it's a gloriously anachronistic experience. At El's, Happy Days are truly here again.



Unfortunately El passed away this year. His son promises to carry on the legacy down to the curb service and the wooden picnic tables, but hurry on over to the drive-in before he changes his mind and this vestige of a simpler era bites the dust.

ENOTECA VIN, RALEIGH

The best wine-by-the-glass list in the Triangle, probably the state, accompanied by chef Andrea Christenson's cleanly articulated food would be enough for me to list it here. The setting is an added bonus: Lewis Cherry's urbanly chic restoration of an old Glenwood Avenue creamery completes this beautiful package, a friendly and sophisticated haven for oenophiles.

THE FAIRVIEW AT THE WASHINGTON DUKE INN, DURHAM

Of all the hotel restaurants in the Triangle, three fall into the category of destinations in their own right. The Crossroads at the Carolina Inn, Il Palio at the Siena, and the Fairview share the same niche—top-notch food by talented and culinarily ambitious chefs. What does the Fairview have that ele-

vates it above the others? One is the professionalism of the wait staff who treat guests with the respectful familiarity of club members. This handsomely appointed restaurant feeds not just the palate and the eye, but also the ear: pianist Paul Holmes plays jazz standards every weeknight, just as he has since the Inn opened more than a decade ago.

FIN'S, RALEIGH

The antithesis of places like Crook's which make an effort to showcase local produce, Chef William Duvries imports most of his ingredients from all over the globe. Whether you label his distinctive cuisine Pacific Rim or Asian/French, Duvries' brilliant combinations of flavors are uniquely satisfying. Fin's beautifully trained wait staff can help you choose the perfect wine for each course and the resulting experience is usually no less than a thrill.

A recent renovation has brought Fin's now-stylish interior up to the level of its meticulously presented food and small, but superb, wine list.

FOSTER'S MARKET, DURHAM

Foster's has been a Durham fixture for over 10 years at its Chapel Hill Boulevard location. Even though it has doubled in size since then, the place's funky, rustic, relaxed spirit still remains, a reflection of owner Sara Foster's creativity and nostalgia for a pre-plastic era. A protégé of Martha Stewart, Sara has recently published a beautiful cookbook, but why make Sara's dishes at home when you can try them at the market? The soups are sublime, the sandwiches sumptuous, and where else can you meet a friend for breakfast and stay until lunch time! Foster's is not just a store, but a hangout. Sara opened another market in Chapel Hill, a little more 'Berkeley coffeehouse' in feeling than its country cousin in Durham, but with the same cozy charm.

Foster's
market

FOUR SQUARE RESTAURANT, DURHAM

While some of our best local chefs bask in the attention of national food media, Shane Ingram, mysteriously, has remained out of the spotlight (although *Metro* did write up the restaurant in 2000). Yet he steadfastly produces some of the finest eats in this area. Four



Four Square

Square is one of the elite dining spots of our region, its food sometimes equaling Virginia's Inn at Little Washington in imagination and delicacy of preparation. This is no coincidence—Ingram trained there. Four Square is not for the budget-minded, but for a special occasion splurge, Four Square is a delight.

PROVENCE, CARRBORO

A recent trip to southern France confirmed to me that one of the best Provencal bistros is right in our back yard. Carrboro's 'Provence' is one of the finest showcases of la cuisine du soleil anywhere. This little bit of Weaver Street sunshine is a bit pricey for a casual drop-in, but if your taste buds long for a worthy successor to La Residence's country French cuisine in the seventies, or Mondo Bistro's in the nineties, Provence est pour vous! **MM**



GREEK INDULGENCE

Enjoy an incredible meal
that is Absolutely Greek.

Savor Appetizers from \$3.95

&

Dinner Entrees from \$9.95

TAVERNA
AGORÁ
Absolutely Greek

Sun-Thurs 4 PM-11 PM • Sat 4 PM-midnight

6101 Glenwood Ave. • 881-8333 • www.tavernaagora.com

Across from Pleasant Valley • Reservations Welcome • All ABC Permits

Cork Report

by Barbara Ensrud



TOP TEN (PLUS) IN WINE VALUES FOR 2003

MERITAGE WINES—IT'S ALL IN THE BLEND

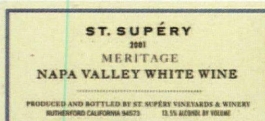
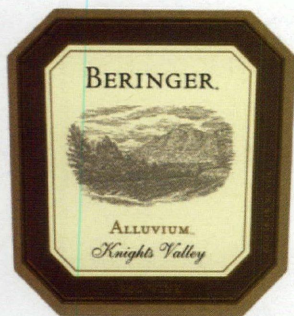
I can remember when blending was a dirty word in California. It was just a stage, though; in the '60s and '70s California winemakers were trying to overcome an image of blended wines as barely a cut above jugs, drinkable but largely without defining character. Back then, a cabernet sauvignon (as well as chardonnay, pinot noir, zinfandel) had to contain only 51 percent cabernet. The law changed in 1983 to require a minimum of 75 percent of the variety named—and for a couple of decades the ideal was 100 percent, a bragging point to distinguish the better wines from cheaper “blended” ones.

What a different story today! Blended reds are the flagship wines for most wineries, given august proprietary names that bespeak grandeur: **Dominus, Insignia, Rubicon, Opus One, Trésor, Maya, Trilogy** and dozens of others. As winemakers looked to increase complexity of flavor and character, especially for reds based on grapes that originated in Bordeaux—cabernet sauvignon, merlot, cabernet franc, petit verdot and malbec—they

looked beyond the constraints of the law. In Bordeaux, after all, these grapes were blended into various mixes that make up some of the world's most complex (and expensive) reds: **Château Lafite-Rothschild, Château Margaux, Haut-Brion.**

But if your wine contained less than 75 percent of any one variety, what to call it? Joseph Phelps came up with a new designation for his best red: **Insignia**. The makeup varies from vintage to vintage; sometimes cabernet sauvignon predominates, sometimes merlot. The term allowed the freedom to select the best lots of wine signaled by the name. Soon more such names began to crop up—**Opus One**, the joint venture between Robert Mondavi and Baron Philippe de Rothschild of Bordeaux, Stag's Leap **Cask 23**, Alexander Valley Vineyards **Cyrus**, Flora Springs **Trilogy**, Justin **Isosceles**, Geyser Peak **Alexander Reserve**. These wines sell for anywhere from \$45 a bottle to \$250 or more.

In 1988 a small group of California wineries formed the **Meritage** (rhymes with “heritage”) Association, establishing Meritage wines as a category unto itself for high-quality red and white wines blended from two or more of the Bordeaux varieties. Today, the group numbers 110 members from 14 states and Canada. **Rockhouse Vineyards** in Tryon became the first North Carolina winery to join the association, and



Barbara Ensrud Recommends...

Top Dozen Wine Values 2003

Barefoot Reserve Pinot Noir 2002	\$15
Ca' del Solo Big House Red 2002	\$10
Castle Rock Pinot Noir 2002.....	\$11
Dallas Conté Chardonnay 2002, Chile.....	\$9
Duboeuf Beaujolais Nouveau 2003	\$7-8
E. Guigal Côtes-du-Rhône 2002	\$11-12
Errazuriz Merlot 2001, Chile	\$10
Glazebrook Sauvignon Blanc 2002, NZ.....	\$13
McMannis Family Merlot 2001	\$9
Meridian Pinot Grigio 2002.....	\$11
Osborne Solaz 2000, Spain	\$8-9
Pellegrini Chardonnay 2002 Unoaked	\$13

Top Ten Values in Bordeaux Blends

Alexander Valley Vyds Cyrus 1999	\$55
Alexander Valley, Sonoma	
Beringer Alluvium Red 1999	\$28-30
Knight's Valley	
Cosentino Meritage 'The Poet' 1999	\$65
Napa Valley	
Dry Creek Vineyard Meritage 1999	\$28
Dry Creek Valley, Sonoma	
Geyser Peak Reserve Alexandre 1999	\$45
Alexander Valley, Sonoma	
Joseph Phelps Insignia 2000, Napa Valley	\$120
Saint Clement Oropas 2000, Napa Valley	\$35
St. Supéry Meritage Red 1999, Napa Valley	\$50
Stelzner Claret 1999, Napa Valley	\$13
Trefethen 'Double T' 2001, Napa Valley	\$20

it continues to grow.

The Meritage label—now trademarked—has gained more recognition in recent years, as the number of producers has grown. You will often see the category on restaurant wine lists, or as designated sections in wine shops. It's worth looking for—not only are these wines well-made, but they tend to be smoother and ready to drink when you buy them, whereas many of the proprietary wines need years of aging to mellow the tannins and become truly enjoyable. The Meritage wines are good values, too, ranging in price from \$25 a bottle to \$45 or \$50.

Not that these wines won't age; well-balanced Bordeaux blends will easily go a decade longer if cabernet sauvignon dominates the blend.

And speaking of cabernet sauvignon, it still is the "king of reds" in California, with some going for pretty regal prices, too. Shafer Hillside Select 1999, 100 percent cabernet sauvignon and a magnificent wine packed with flavors of black currant, black cherry and ripe plums, was released in September 2003 at \$150 a bottle. Other outstanding Cabernets: **Beringer Private Reserve '97, \$100** (very drinkable now and still ageworthy), **Clos du Val Reserve 1999, \$85**, **Chateau Montelena '99, \$110**, **Ridge Monte Bello 2000, \$120**, **Robert Mondavi Reserve '99, \$100**. You can pay even more for certain cult Cabs—would you believe \$650 for Dalla Valle 1999 Maya? Yes, that's *per bottle*.

But wait! There is another group of Bordeaux blends—at very reasonable prices—to look for: **Claret**. Claret is the old Englishman's term for red Bordeaux, and mature red Bordeaux is always implied. Some Californians have taken to calling their ready-to-drink blends Claret. They are some of the best values in reds around: **Stelzner Claret 2000, \$13**. **Francis Coppola Claret 1999, \$18**, and **Newton Claret 2000, \$20**.

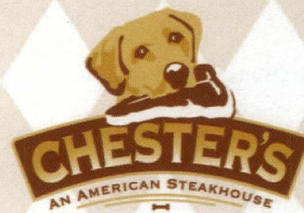
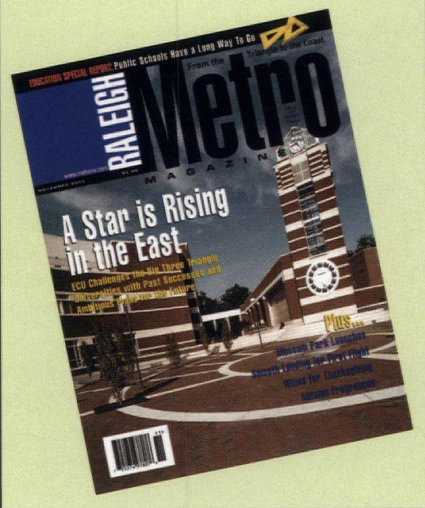
If you spot white wines under the Meritage label, they are also blends of Bordeaux grapes—white varieties grown in Bordeaux such as sauvignon blanc, sémillon and sauvignon vert. Aged in oak or partially barrel-fermented, they have more depth and flavor dimension than most Sauvignons or Fumé Blancs. They gain elegance and complexity with three years or so in bottle. Labels to look for include: Cosentino **'The Novelist' 2001, \$16**, Yorkville Cellars **'Eleanor of Aquitaine' Mendocino, \$17**, St. Supéry Meritage White 2000, \$25. **MM**

CEI

THE LEADER IN DIGITAL OFFICE PRODUCTS

8024 GLENWOOD AVENUE
RALEIGH, NORTH CAROLINA 27612
(919) 781-8885
www.copycei.com

Subscribe to
Metro Magazine
1-800-567-1841
or online at
www.metronc.com



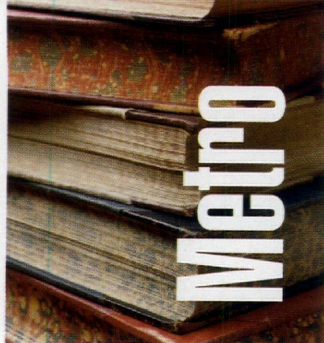
THE BEST OF BREED

"ANGUS" IS JUST
A KIND OF COW.
"PRIME" MEANS JUST
THE BEST BEEF.

SERVING ONLY
PRIME CUTS OF BEEF
& FRESH LOCAL SEAFOOD
LIVE MUSIC EVERY WEEKEND

LUMINA STATION
1900 EASTWOOD ROAD
WILMINGTON, NC 28403
(LOCATION FORMERLY VINNIE'S)

910.256.0995
TUES. - SUN. 5:00 - UNTIL



Books

by Arch T. Allen

Non-Fiction Selections Address Religion, Science, Economics and Academic Revisionists

TOP TEN BOOKS FOR 2003 IN NON-FICTION

As we try to understand and find meaning in the universe, we encounter the ongoing war between science and religion. Yet some scientists, such as John Polkinghorne, a British physicist who became an Anglican priest, have long defended the compatibility of science and religion. And now in **Modern Physics and Ancient Faith** (2003) American physicist Stephen M. Barr explains that the war is not between science and religion but between the philosophy of materialism and religion. Barr argues that advances in modern physics, such as evidence supporting the Big Bang theory, are

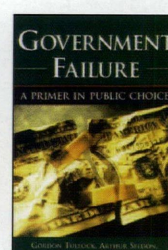
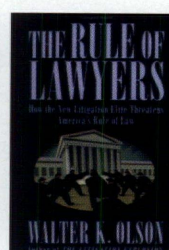
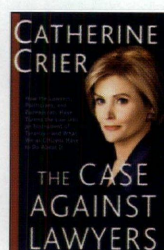
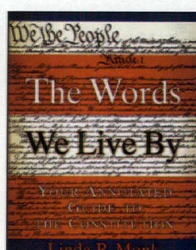
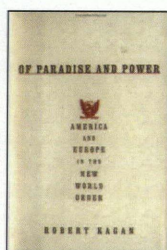
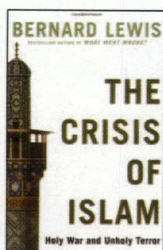
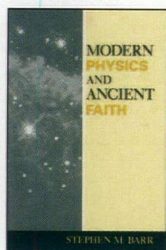
while America exercises "power in an anarchic Hobbesian world" where security and order require military might.

Fundamental to America is our written constitution, the subject of **The Words We Live By: Your Annotated Guide to the Constitution** (2003). Author Linda R. Monk, a Harvard Law School graduate, combines constitutional text with historical explanations and contemporary commentary in an easy-to-read guide to how "we the people" have sought to govern ourselves.

Our self-governance has always involved lawyers, and now lawyers are subject to well-

controlled allocation of resources, some scholars applied economic analyses and developed a school of thought known as public choice. For his pioneering work in this field, James M. Buchanan won the 1986 Nobel Prize in economics. One of Buchanan's fellow pioneers in the study of public choice, Gordon Tullock, and two other scholars, explain public choice and our governing bureaucracies in introductory essays collected in **Government Failure: A Primer in Public Choice** (2002).

In **Free Markets or Bureaucracy? Economic Problem-Solving in the 21st Century**



less compatible with materialism's randomness and more compatible with Judaism and Christianity's God of Design.

Here on Earth another ancient faith poses problems for itself and the modern world. Eminent scholar Bernard Lewis has added **The Crisis of Islam: Holy War and Unholy Terror** (2003) to **What Went Wrong? Western Impact and Middle Eastern Response** (2001) for our better understanding of the conflict between Islamic terrorists and the modern world. In these brief books, Lewis summarizes his astounding knowledge of Islam, the Middle East, and their histories before and in the modern world.

The modern world's War on Terrorism has exposed tensions in the relationship between America and Europe. In **Of Paradise and Power: America and Europe in the New World Order** (2003), Robert Kagan explains the philosophical differences between the European response and American action. Kagan maintains that Europe is turning away from power to a perceived Kantian "perpetual peace"

deserved criticisms for what they have done recently to our legal institutions. Among critical books are **The Case Against Lawyers: How the Lawyers, Politicians, and Bureaucrats Have Turned the Law Into an Instrument of Tyranny** (2002) by Catherine Crier and **The Rule of Lawyers: How the New Litigation Elite Threatens America's Rule of Law** (2003) by Walter K. Olson. The underlying truth is no lawyer joke—a lawyer elite threatens our self-governance.

Lawyers are not the only ones using our legal institutions for their own benefit. Since Lincoln addressed the issue of survival of a government "of the people, by the people, and for the people," many of the people have become rent takers off the government and private providers regulated by the government. Almost a century and a half after Lincoln's address, nearly half of our nation's goods and services are allocated annually through politically controlled institutions rather than voluntary exchanges in free markets. To study the politically

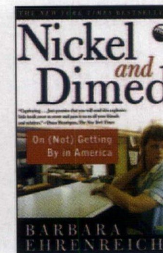
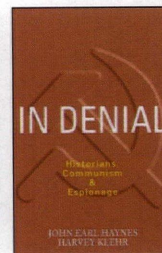
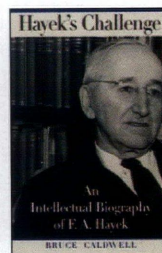
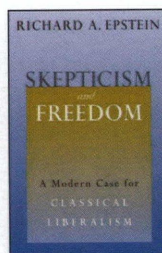
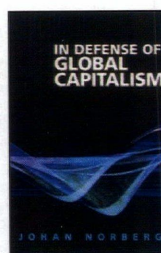
(2003), editor Richard M. Eberling and other essayists address the differences between markets and bureaucracy in several modern contexts. While a classic comparison is between Federal Express and the Postal Service, other examples are also illustrative. For instance, while we buy our food and basic goods in private markets from the likes of Wal-Mart, many experts urge further bureaucratic regulation of the numbers, shapes, sizes, appearances, and locations of such stores, causing interesting contradictions explored in Steven Hayward's essay "The Unheavenly Suburbs: Understanding the Controversy over Urban Sprawl."

While some experts would entrust local land use to bureaucratic rather than free market forces, freer global markets are now producing greater efficiencies, providing lower relative prices for consumers, and creating more wealth for producers than ever before. Despite many opponents of "Wal-Mart" globalization, it has its adherents, including Sweden's Johan Norberg, a former anti-capitalist who created a stir with *In*

Defense of Global Capitalism (2001, English translation 2003).

On the subject of capitalism, of continuing interest here (see "MetroBooks," November 2001 and November 2002), two recent scholarly but readable books merit mention. In *Skepticism and Freedom: A Modern Case for Classical Liberalism* (2003), Richard A. Epstein, a law professor at the University of Chicago, makes the modern case for economic and political liberties under limited government in the tradition of Adam Smith and Friedrich Hayek. In *Hayek's Challenge: An Intellectual Biography* (2003), Bruce J. Caldwell explains Hayek's thoughts on economics, other social sciences, and liberty. Caldwell is an economics professor at UNC-Greensboro and the editor of Hayek's collected works to be published by the University of Chicago Press.

On another subject of continuing interest here, Communist espionage and infiltration of America before and during the Cold War (see "MetroBooks," April 2000, March 2003 and October 2003), the leading American traditional historians on the subject, John Earl Haynes and Harvey Klehr, take the revisionist



historians to task with *In Denial: Historians, Communism & Espionage* (2003). Except for Haynes, Klehr and some other stalwarts, many American academics acquiesce in the revisionists' version that the anticommunists, not the communists, were the real threat to America.

Finally, in another commentary on the state of affairs in academia, I submit a non-recommendation, Barbara Ehrenreich's *Nickel and Dime: On (Not) Getting By in America* (2001). The 2003 summer reading requirement for new undergraduates at UNC-Chapel Hill and at several other college campuses, *Nickel and Dime* stirred controversy at Chapel Hill and raked in book sales and speaking fees nationwide for its socialist author. Educated as a scientist and now profiting as a journalist,

Ehrenreich, who planned the book while enjoying an expensive lunch with her agent, passes it off as a "research" project on the effects of welfare reform "forcing" women into minimum wage jobs. As an impostor, she worked briefly as a waitress, housecleaner, and Wal-Mart clerk, while promising to forego any "Marxist rants" on the job. Instead, she saved them for *Nickel and Dime*, where her purported "research" is replete with such profundities as "classically fascist America," "it's the market, stupid," and "Mao's central instruction . . . in the Little Red Book." Recently defended as "quite compelling" by another university's president in an address at UNC-Chapel Hill, *Nickel and Dime* and such banalities show how academia is shortchanging our students. **MM**

LITERARY TOP TEN FOR 2003

by Art Taylor

With the unending stream of newly published books, the increasingly frenetic schedule of author readings and sightings, and the notable number of other major literary events dotting the calendar, the task of determining what constitutes a "highlight" of 2003 becomes increasingly difficult. Is the latest finely penned novel by such-and-such author of greater note than a visit to North Carolina by another writer uncommon to these parts? Does an annual event still make enough of an impact on the literary landscape to warrant making this list yet again? And what of the myriad books that were not published this year but that still stand tall among my own recent reading?

In short, negotiating this list each year is a compromise between vastly different types of "notables." And surely some great books and great programs are left off—especially given this column's general focus on local and regional titles and on Eastern North Carolina events. That's part of the reason why you won't see Edward Jones' *The Known World* on the list, despite consensus that it's one of the truly great

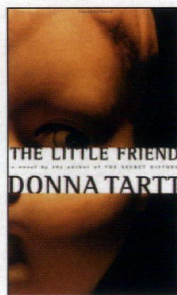
works published in the last year. Plus (I'm embarrassed to admit) I haven't yet had the chance to read it—but will soon.

Still, it's hardly difficult to find some crowd-pleasers to revisit. And so, without any further delay: a very eclectic list of 2003 highlights.

TOP AUTHOR VISITS AND LITERARY EVENTS

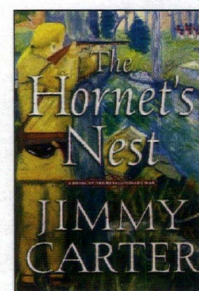
The past year has boasted a number of notable visits by authors whose prominence and personalities make them as important as their publications.

① Early last February, internationally bestselling author Donna Tartt—fresh off the publication of her second novel, *The Little Friend*—visited UNC-Wilmington as part of the Katherine K. Buckner Distinguished Presentation Series. Even though it had been more than a decade since her debut with *The Secret History*, Tartt's fans proved a fervently loyal



bunch: Several in the audience traveled from other states to hear the relatively reclusive writer read from the new novel—and to hear her sing from it too, delivering a ghostly rendering of lyrics from a gospel radio program in the book's prologue. Even without the singing, this rare reading was an unforgettable event on many levels.

② While visits by former president Jimmy Carter are not necessarily rare in North Carolina—over the last few years, he's visited the Triangle for several book tours—his latest book, *The Hornet's Nest*, has broken new ground as the first novel ever penned by a US President. Carter's visit to Durham's Regulator Bookshop in November brought approximately 2100 people to the sidewalks of Ninth Street, and despite signing books for 45 minutes longer than scheduled, he was still unable to inscribe everyone's copy of the novel. In the



end, he talked to the crowd gathered on the street before passing out signed bookplates to those still waiting—his vast audience a testament to his continuing popularity.

3 The week before Carter's appearance in Durham, another notable visitor arrived in Wilmington: Andrei Codrescu, NPR commentator, fiction writer, poet, essayist and more. Codrescu delivered the keynote address for the **North Carolina Writers' Network's Fall Conference**, an annual event which nonetheless deserves top-ten mention not just for this year's keynote speaker but for its consistently high level of presenters—and its commitment to the state's writers, readers and long-term literary heritage.

4 Between January and April, the Wake County Library System hosted its first **Wake Reads Together**, encouraging readers throughout the county to open up the same book—in this case, Ray Bradbury's *Fahrenheit 451*—and to attend programs or group discussions related to the novel. The event was a great success, with bookstores, the media and (of course!) the readers themselves—thousands of them—jumping on the bandwagon in honor of the science fiction classic. Modeled after similar initiatives

FIVE BOOKS ACROSS THE GENRES

While author signings and literary events have filled the calendar, reading is—ultimately—a solitary pleasure, so we'd be remiss not to recommend some actual books here. The following titles span several genres: poetry, journalism, architecture, photography and children's literature.

6 For a nice collection of writings by Southern poets—and a collection with a particular emphasis on place in Southern poetry—we again recommend **Locales: Poems from the Fellowship of Southern Authors**, edited by our state's former poet laureate Fred Chappell. Among the 17 writers featured in the volume are several with North Carolina ties, including A.R. Ammons, James Applewhite, Robert Morgan and Chappell himself.

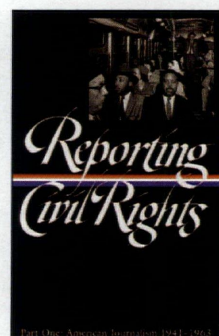
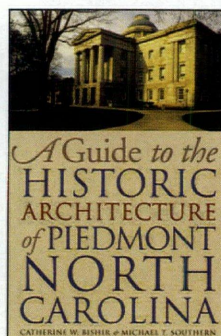
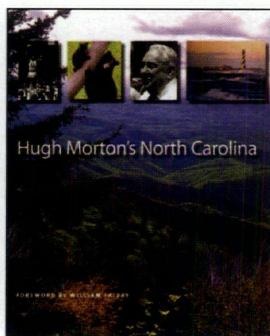
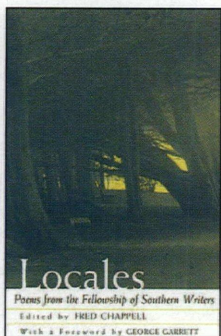
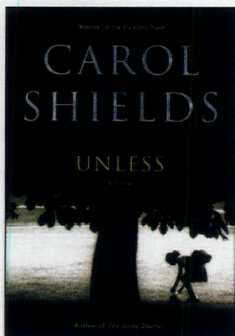
7 A two-volume publication from the Library of America has already proven itself a valuable resource for my own research and writing—and it's interesting reading in its own right. **Reporting Civil Rights**, published last March, gathers significant first-person reportage of the Civil Rights Movement, including Martin Luther King Jr.'s "Letter from Birmingham Jail," Robert Penn Warren's book-

9 Already mentioned in two previous *Metro* articles (but worth mentioning again) is the leading photography book of the season: **Hugh Morton's North Carolina**. Published just in time for the Christmas gift-buying season—and named by a couple of independent booksellers as their top gift recommendation—the book gathers photographs from around the state and from throughout the impressive career of this Wilmington native.

10 And not to leave the young readers out of this Top 10 list: Noted journalist and UNC-Chapel Hill professor Chuck Stone delved into a new genre last year with **Squizzy the Black Squirrel: A Fabulous Fable of Friendship**, illustrated by Appalachian-born artist Jeannie Jackson. The story of a young African American named Marcus and the only black squirrel in the park, *Squizzy* explores themes of racial awareness and acceptance. Children's literature, yes—but also good for all ages.

FINALLY, ONE INDULGENCE

As I mentioned in my introduction above, not all the great books I've read lately were actually published this year. While Chuck Stone's book already rounds out 10 highpoints



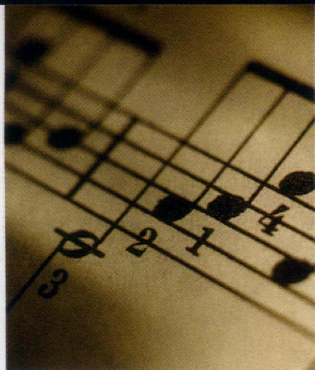
across the country, "Wake Reads Together" proved a remarkable event all around, and this month, the library will announce the title for 2004's program. (I'm personally hoping for Lewis Nordan's *Wolf Whistle*).

5 Another relatively new event that's already becoming a favorite for Eastern North Carolina readers and writers is the annual **Cape Fear Crime Festival**, hosted each October in Wilmington. In addition to celebrating local mystery writers, the event has also attracted nationally known authors to the NC Coast, such as this year's speakers Carolyn Hart and Carole Nelson Douglas. A tradition in the making, the 2003 festival saw attendance jump 30 percent over the previous year—and expect next year's festival to be even stronger.

length **Segregation** (in its entirety) and works by other seminal figures as well as pieces by writers you've never heard of, whose voices nonetheless speak eloquently about some of the most critical events of the 20th century.

8 Documenting a different kind of history, in 2003 Catherine W. Bishir and Michael T. Southern—both associated with the North Carolina State Historic Preservation Office—completed a trilogy of works exploring the state's architectural history. **A Guide to the Historic Architecture of Piedmont North Carolina**, representing 34 counties and more than 2000 sites, now takes its place between volumes devoted to the Eastern and Western ends of the state. A project a quarter-century in the making.

of 2003, I want to add, briefly, a bonus 11th mention—Carol Shields' *Unless*, a 2002 novel that may seem, in many ways, a "little" book: domestic fiction, some might say dismissively (though I'd assure them that they're wrong on that count). Essayistic in its structure, contemporary in its concerns and seemingly held together by only the thread of a plot, this final novel by the late author offers provocative fiction at its finest, challenging (among other things) easy ideas about women and women authors over the last century, about the role of the novel in today's society and about the quest for "goodness" in a world that seems sorely to lack it. Not necessarily a book for everyone, but still highly recommended—this or any year. **MM**



PvV

by Philip van Vleck

TOP TEN ALBUMS OF 2003

This past year was hardly a banner year for record labels. The economy was in the tank for most of the year, plus the fuss over downloading and file swapping continued to generate a good deal of animosity between those who sell music and those who steal music. Caught in the middle of all this were indie musicians who, ignored by commercial radio, remained underpaid and overworked. And yet, despite the supposed gloom that's settled over the recording industry, 2003 was another year of excellent albums.

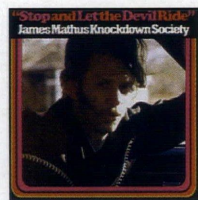
Here's a short list (in no particular order) of superb CDs released in 2003, all of them prime stuff from first track to last.

James Mathus Knockdown Society:

Stop and Let the Devil Ride

(Fast Horse)

Jimbo Mathus, ex-Metal Flake Mother, founder of the Squirrel Nut Zippers, turned to something a good deal more elemental than hot jazz when the Zippers finished.



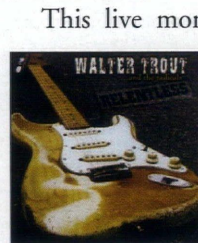
Mathus' feel for the gut-bucket vibe of hill country blues is very real, and he's comfortable enough with the style to write very effectively. Stop and

Let the Devil Ride is earthy, uncompromising blues, in the best tradition of legends like Junior Kimbrough.

Walter Trout:

Relentless

(Ruf Records)



This live monster was recorded in Amsterdam and it's the best blues/rock album of 2003. The fact that Trout isn't an absolute guitar hero in the US is but another indication of

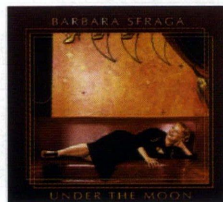
the chronic lameness of American music fans and their increasing cluelessness in the face of a worldwide music scene that's leaving them in the dust. Trout is every bit as powerful a guitarist/vocalist as the late Luther Allison and, like Allison, he's basically forced to make his living in Europe, due to the criminal failure of American blues fans to support their so-called favorite music. *Relentless* is a stunning album. Trout's band is a huge rhythm hammer, pounding beneath Trout's furious lead guitar. This is truly an awesome record.

Barbara Sfraga:

Under the Moon

(A440)

Vocalist Barbara Sfraga has tracked one of the most captivating jazz albums of the year with *Under the Moon*. Her vocal work is consistently inventive and sure, and she demonstrates a distinctive feel for how to unlock a song in a new way. Sfraga benefits from a terrific group of backing musicians, and in particular from her interplay with longtime collaborator Chris Sullivan (bass). Their bass/vocal duet on Bob Dylan's "Every Grain of Sand" is one of the chief highlights of an album filled with special moments. Sfraga's debut for A440 Records is a major-league jazz record.

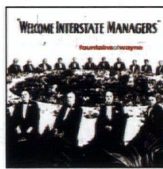


Fountains of Wayne:

Welcome Interstate Managers

(S-Curve/Virgin)

This killer pop rock album is the third release for this New York-based quartet, long lionized for their extraordinary songwriting and their knack for building hook-rich tunes. If you



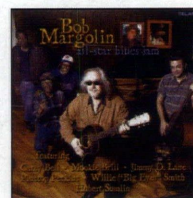
plug-in at a listening station, cue up the first single from the album, "Stacey's Mom," and check out why "Stacey's mom has got it going on." This was the quintessential summer album, full of bright pop songs—the dialectical opposite of rap, rap/metal and Ozzie.

Bob Margolin:

All-Star Blues Jam

(Telarc)

This is the best traditional blues record of 2003. Muddy Waters Band vet (and Greensboro resident) Bob Margolin honed his Chicago blues chops in the shadow of the master, and in the 20 years since Muddy's passing, has done his bit and more to keep the blues alive. For this album Margolin called on Pinetop Perkins, Mookie Brill, Hubert Sumlin, Carey Bell and Willie "Big Eyes" Smith. The tunes they tracked are memorable, beginning with Pinetop's piano/vocal performance on "Sweet (Little) Black Angel," a song he used to play behind Robert Nighthawk. From the acoustic blues "Last Time" to the classic shuffle "One Day You're Gonna Get Lucky," Margolin's guitar work is sublime.

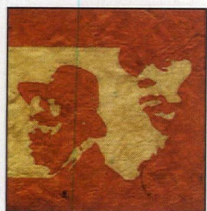


Pape & Cheikh:

Mariama

(RealWorld)

Papa Amadou Fall and Cheikhou Coulibaly created a sensation in Senegal in 2001 with their song "Yatal Gueew" (Widening the Circle), a plea for tolerance and cooperation among Senegal's many ethnic, social and religious groups. Pape and Cheikh are folk artists, and their music will instantly be recognized as such by Westerners, despite the language barrier. Pape is a formidable songwriter, and both are powerful acoustic guitarists. Together they're



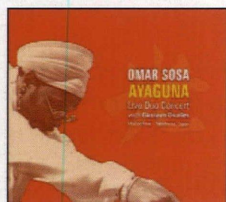
making beautiful, socially resonant music that has garnered major recognition in West Africa and, now, England. The title track tells a tale of sorcery and subsequent tragedy. The arrangement is as delightful as the story is haunting. A stellar debut.

Omar Sosa:

Ayaguna

(Otá)

Pianist and composer Omar Sosa has followed his superb 2002 release *Sentir* (Grammy-nominated for Best Latin Jazz Album) with a live album, recorded in July 2002 in Yokohama, Japan. Sosa was joined by percussionist Gustavo Ovalles. Their collaboration resulted in one of the finest live jazz albums in recent memory. Sosa, a Cuban-trained pianist, plays with an inspired fervor reminiscent of Keith Jarrett's definitive performance on the *Bremen/Lausanne* discs (1973). The entire album is simply transcendent. Sosa is arguably the most dynamic jazz composer outside the US, and *Ayaguna* is his latest proof text.



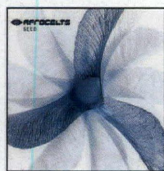
niscent of Keith Jarrett's definitive performance on the *Bremen/Lausanne* discs (1973). The entire album is simply transcendent. Sosa is arguably the most dynamic jazz composer outside the US, and *Ayaguna* is his latest proof text.

Afro Celts:

Seed

(RealWorld)

The Afro Celt Sound System returns after a major hit album *Volume 3: Further in Time* with a new band name—Afro Celts—and a superb follow-up record—



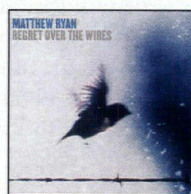
Seed. All 10 songs on the new album are originals, and collectively they exceed whatever expectations *Further in Time* may have fostered. Afro Celts have yet to produce a CD that didn't offer a bomb track for dance fans. *Seed* delivers a trio of tunes destined for dance venues: "The Otherside," a percussion tour-de-force; "Rise Above It," a 10-minute groove, featuring Eileen Ivers, fiddle; and "Green Instrumental," essentially an advanced-thinking-about-bass'n'drums track. With the release of *Seed*, Afro Celts have a definitive album.

Matthew Ryan:

Regret Over the Wires

(Hybrid)

Ryan's last label release, *Concussion*, was a dark, haunting collection of songs, tracked in a truly minimalist fashion. It was one of the most moving and emotionally complex albums to hit the racks in 2001, and it firmly established Ryan as a singer/songwriter of uncharted depth. *Regret Over the Wires* finds Ryan taking a different tack, musically. The tunes on *Regret* are much more fleshed-out in terms of their arrangements. The emotional content of the material on *Regret* is not as harrowing as that on *Concussion*, though it's just as arresting. *Regret Over the Wires* is such a well done, artistically complete record, that it's easy to appreciate it as a watershed project, as an album that synthesizes everything Ryan has tracked up to this point.

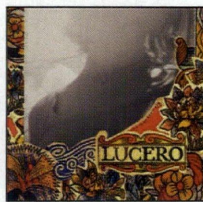


Lucero:

That Much Further West

(Tiger Style Records)

There are folks out there who will tell you that the rise of alt.country music is due, in part, to a listener reaction against grunge rock. That's an interesting observation in light of the title track from Lucero's new album. "That Much Further West," one of the choice cuts on this thoroughly fine record, is nothing if not an auspicious merger of alt.country and grunge rock. The song effortlessly fuses the raw edge of grunge and the subtle, melodic twang of country. *That Much Further West* is the best full-length CD this Memphis-based quartet has yet released, and it's also one of the best rock albums of 2003.



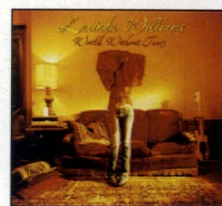
Lucinda Williams:

World Without Tears

(Lost Highway)

This sparse album, tracked in a 1920s mansion in LA, bears a strong resemblance to the introspective work of *Essence*, the record that immediately precedes it. The songs on *World Without Tears* are dark;

darker, as a group, than what we heard on *Essence*. Williams has never minded making her audience uncomfortable, but she's never been this relentless about it until now. This is definitely Williams' most disturbing album to date, but don't back off listening, because it's also a provocative, challenging work.

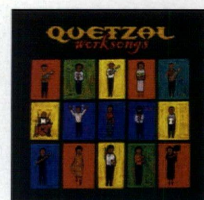


Quetzal:

Worksongs

(Vanguard)

This is the second CD release for this Los Angeles-based sextet. It follows a terrific debut record, *Sing the Real*, which brought Quetzal to the attention of world and Latin music fans beyond their SoCal home turf. The group shares a populist agenda with artists like Lila Downs and, like Los Lobos, began their career by building a major following in the barrios of East LA. Quetzal is not simply a latter-day Los Lobos, however. Their sound is even more rooted in traditional Mexican music, though they're wide open to influences from hard rock to Cuban son.

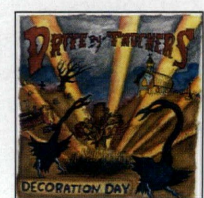


Drive-By Truckers:

Decoration Day

(New West)

This is the follow-up to the Truckers' brilliant *Southern Rock Opera* (2001). *Decoration Day*—alluding to the day Southerners decorate family graves—may not be as wildly ambitious as *Opera*, but it's just as effective at invoking the purest southern goth-rock this side of Tulsa. The tunes are enveloped in darkness from the moment Patterson Hood opens the record singing about incest. This is still the best rock band in the South. If you grew up down here with the rest of us, you know the Truckers' world. Embrace the vibe, have some grits, and, as Jason Isbell cautions, "Don't call what you're wearing an outfit." **MM**



continued from page 14

Joseph Cave Exhibition Opening at Gallery C

A major exhibition of recent oils by Joseph Cave will open on Friday, January 9, at Gallery C in Raleigh. A reception will



COURTESY OF GALLERY C

be held at the Gallery on opening night from 7 to 9 p.m. Cave, who has exhibited many times at Gallery C, is also represented with work at the NC Museum of

Art. He is the father of Adam Cave of Gallery C. The new exhibition will be open until February 10. For more information visit www.galleryc.net.

Bomb Detection Kit Available to Public

Law Enforcement Associates Corporation (OTCBB: LENF) of Youngsville, a surveillance and security technology company, has made available to law enforcement personnel as well as the general public its EDK123 explosives detection kit. This is the first of a series of cost-effective detection and prevention products that the company is producing.

The kit provides a first line of defense in determining the presence of trace nitrate-based explosive residues such as TNT, dynamite, Sentex, RDX and ammonium nitrates. Developed in conjunction with Sirchie Finger Print Laboratories, the world's leading manufacturer of forensic investigation equipment, EDK123 is a simple test that can be deployed without any specialized training and produces

results in seconds.

"EDK123 was designed as a cost-effective tool for the military and other law enforcement personnel for use as a first line of defense against terrorist acts," said Paul Feldman, president of LEA. "However we are offering this product to the general public making it available to crime prevention teams around the globe."

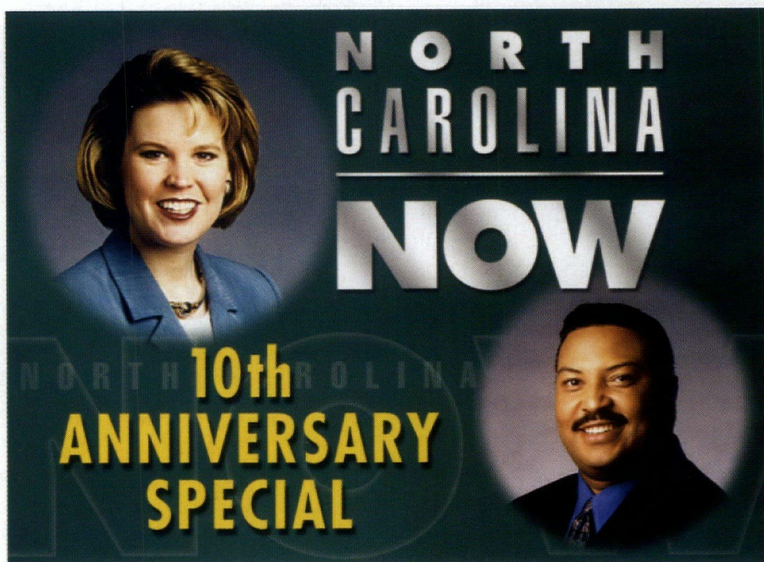
The kit, developed for use at security check points at embassies, nuclear facilities, water treatment plants, oil refineries, military bases and any other place with heightened security risks, is easy to carry—about the size of a pack of gum. To view a video presentation of the EDK123, visit LEA's Website at www.leacorp.com.

Gerhardt Zimmermann Is Conductor Laureate

Gerhardt Zimmermann, who completed his 21-year tenure with the North Carolina Symphony at concert last spring, returns to conduct the orchestra as the organization's first Conductor Laureate. Concerts under his direction will take place

NOW... More Than Ever

North Carolina's only statewide newsmagazine celebrates 10 years of insightful interviews, riveting reports and comprehensive coverage throughout the Tar Heel state. To celebrate this special milestone, hosts Shannon Vickery and Mitch Lewis showcase some of the most remarkable, informative and historic stories that North Carolina Now has presented over the years.



North Carolina Now 10th Anniversary Special
January 20 at 8PM

EYES ONLY

■ ■ ■ **Hugh A. Westbrook**, co-founder and CEO of VITAS Healthcare Corp. of Miami, and his wife, **Carole Shields Westbrook**, have given **\$3 million** to Duke University's Divinity School to enhance the **Duke Institute on Care at the End of Life**. Westbrook, a 1970 Divinity School graduate and pio-

neer in hospice care, helped raise \$13.5 million in gifts to launch the institute in 2000. ■ ■ ■ The **U.S. Department of Homeland Security's** Science and Technology division and the Technical Support Working Group has awarded a contract to **NC State University** for the development of the next generation of **structural fire-fighting personal protective equipment**, to include chemical and biological agent protection. ■ ■ ■ The **US Department of Education** has awarded \$431,500 to The **William and Ida Friday Institute for Educational Innovation** at NC State University to evaluate the Looking at North Carolina Educational Technology (LANCET) project. The project will assess the implementation of the state's IMPACT model and its effects. ■ ■ ■ Researchers at UNC-Chapel Hill's **FPG Child Development Institute** have received \$10 million in new grants from the National Institute for Child Health and Human Development to fund **fragile X syndrome** research, the leading cause of inherited mental retardation. ■ ■ ■ The **Iams Company**, a leading maker of cat and dog food, will open this spring a **magnetic resonance imaging (MRI)** center for pets and domestic animals at NC State's **Centennial Biomedical Campus**. ■ ■ ■ Grammy Award-winning sax superstar **Brandford Marsalis** will visit Duke University, Durham, for a three-day series of events culminating in a **performance** with the **Duke Jazz Ensemble** on Jan. 30 in Duke's Baldwin auditorium. Tickets are \$10 general public, \$5 students & senior citizens. Call 919-684-4444. ■ ■ ■ **Durham Arts Council** and **Durham Art Guild** are accepting **applications** for the **2004/2005 Exhibit Season**. Exhibits will be shown in the Durham Arts Council's three galleries and in the new Gallery at Capital Broadcasting in downtown Durham. Submissions must be in by February 2. Call 919-560-2708. ■ ■ ■ Avid country music fan **Eugene Earle** of Nipomo, CA, has donated his lifelong collection of movie posters, magazines, song folios, cassette tapes, soundies and **60,000 78-rpm records** to the Southern Folklife Collection in Wilson Library at UNC-Chapel Hill. ■ ■ ■ **Walter C. (Tim) West**, who worked in UNC-Chapel Hill's Wilson Library from 1978 to 1994, has returned as the new curator of the manuscripts department and director of the Southern Historical Collection. ■ ■ ■ A coalition of the **NC State University College of Education** has been awarded a **\$525,000 grant** from the U.S. Department of Education to be used in a \$1.06 million project to better prepare teachers to use **technology in the classroom**. ■ ■ ■ The **Duke University Primate Center** has made sufficient progress toward improving its research and educational programs that the University has agreed to commit more than **\$4 million** to maintaining and enhancing the center for the foreseeable future. The center is the world's only research center devoted to prosimians and comprises the **world's largest collection of endangered primates**. ■ ■ ■ The **NC State University Social Work Program** officially became the **Department of Social Work** after recent approval by the university's Board of Trustees. The new department resides in the College of Humanities and Social Sciences.

on January 8 in Chapel Hill Bible Church, on January 8 & 9 and on January 23 & 24 in Meymandi Concert Hall in Raleigh.

Maestro Zimmermann's January 8-10 program includes Beethoven's *Symphony No. 8 in F Major*, Kodály's *Variations on a Hungarian Folksong* ("The Peacock"), and Stravinsky's *Firebird Suite*. On January 23 & 24, Canadian violinist Leila Josefowicz, who appeared in her Great Artists Series recital debut in Raleigh, September 2001, will perform with the Symphony in Shostakovich's *Violin Concerto No. 1* and Glazunov's *Symphony No. 5*.

"The orchestra is looking forward to a warm reunion with Gerhardt," said Scott Freck, General Manager and Vice President for Artistic Operations. "They made wonderful music together for many years, and these concerts will provide them their first opportunity to do so again. ... I expect there will be a good feeling in the hall." MM

Metro INDEX

TOP TEN STATISTICS FOR 2003

Percentage of North Carolinians who own their own home: **71.3 percent**

Number of women at UNC experiencing some form of eating disorder: **1700**

Number of meth labs busted in North Carolina in 2000: **7**

Approximate number of meth labs found in the state for 2003: **200**

Percentage of US soldiers who come from the Northeast: **14 percent**

Percentage of US soldiers who hail from the South: **42 percent**

Cost for a year's membership in Save Our Students (SOS), a North Carolina service for parents that provides a bumper sticker with a 1-800 number to call if motorists see a teenager driving erratically: **\$125**

Average commute for North Carolina workers: **24 minutes**

Cost of Sen. John Edwards' wedding ring when he married his wife, Elizabeth: **\$22**

Cost of her ring: **\$11**

My Usual Charming Self

by Bernie Reeves



MAN OF THE YEAR

The New Year 2004 comes bouncing in with a smile. Saddam is using government issue toilets as he awaits trial, the economy is strong heading into the first quarter and the role of the US as global peacekeeper is established: Libya has said it will lay down its arms, the peace process continues in Israel and China has declared private property exists and will be protected under law, leaving only North Korea and Cuba as the remaining calcified cowpops left over from the Bolshevik-Soviet fiasco.

Things are rosy indeed compared to the agonies that began with the World Trade Center and Pentagon attacks in 2001. Two months later, an American Airlines passenger jet crashed into Queens. As if to challenge America at its weakest moment, North Korea rattled its only asset, nuclear arms, sending panic throughout Asia as ancient enemies Japan and China bristled and prepared for war. If that was not enough to keep the world in a state of panic, India and Pakistan, both possessing nuclear weapons, began massing troops on the Punjab border rekindling the on-and-off dispute created in 1947 with the partition of India after independence from Great Britain. Disasters continued in February 2003 with the explosion of the Space shuttle—like the World Trade Center, a symbol of American ascendancy.

These catastrophes, and the continuous terrorist attacks in the Middle East and Indonesia, occurred in the midst of the dot.com stock market bust that plunged

retirement plans below the water line, decimated corporate profits, raised unemployment and caused worldwide recession. After pacifying Afghanistan, the hotbed of terrorist training, in 2003 the invasion of Iraq was launched, but only after acrimony in the United Nations and dissembling by our alleged allies Germany, France and Canada and our new sometimes friend Russia. With the national mass media refusing to back their own country, the race for Baghdad was the beginning of victory and the end of respect for the so-called “free press,” a sad day for the efficacy of the Republic.

INTERESTING TIMES

As the Chinese say, as an ironical insult, “May you live in interesting times.” And indeed we did. But there is more. As Americans sought spiritual guidance in this perilous period, the mother church of all Christians erupted in an appalling scandal. Parishioners in Roman Catholic dioceses across the country were horrified as they learned that Catholic priests used the power of their holy orders to sexually molest young boys. This plunged the Church into chaos but the Pope, the Vicar of Christ and successor of St. Peter, remained strangely silent. At the same time, the Catholic Church’s first cousin, the American branch of the Church of England, began to disintegrate, laying the groundwork for schism over the election of an openly gay bishop and a movement to bless gay unions.

The institutions of religion were unraveling like the economy and then another

blow was hurled as revelations emerged of massive corruption in corporate America. Beginning with the Enron scandal, company after company—including investment houses that handle the savings of working Americans—admitted shady practices in their public accounting. These sickening events only deflated the markets and company earnings even more.

Things are certainly improved as the New Year dawns, yet there are plenty of “interesting” issues on the national and global plate to deal with in the New Year. The transition of Iraq into a democratic society will continue to be troublesome. American lives will remain at risk, even in the aftermath of the capture of Saddam Hussein. But US commitment is unflagging and we are doing the right thing despite the sniping by terrorists and the *New York Times*. While China is ridding itself of the communist cancer, they still have their eye on repatriating Taiwan (actually the Republic of China), creating a potential super-power confrontation with the US.

Africa continues to collapse under dictators, most notably Zimbabwe under Mugabe. Although carefully pruned from the news in order to keep up the façade of the saintliness of Nelson Mandela, murders of white farmers in South Africa continue. The slab of the continent below North Africa remains very dark indeed as economies, infrastructure and security collapse. The pressure on the US to intervene is strong and will remain on the nation’s global agenda well into the century.

TOP OF THE LIST

I predict the biggest issue the US will confront is the rising arrogance of the European Union. We saw their true colors as they postured during the Iraq war and its prelude, choosing to defy the US rather than make common accord with a dangerous and necessary operation to bring down Saddam. They did the same thing in Bosnia and we stepped in and cleaned up a mess in their own backyard due to their cowardice and ineffectiveness as a political entity, just like we did in 1917 and 1942.

The EU is a construct along the lines of the USSR. It requires disparate peoples and nations to subsume their identity and sovereignty to a higher power in the name of an ideal. This higher power is run by bureaucrats with an agenda to confront the United States in trade, global political influence and military power. This stance was born in 1957 with the Treaty of Rome between De Gaulle of France and Adenauer of West Germany to re-create the union of the Franks and Huns under Charlemagne in 800 AD that laid the groundwork for the Holy Roman Empire. These two leaders personified at that time what we glean from the pompous pronouncements of the EU today: resentment that the upstart United States saved their nations and remained on European soil to keep the peace.

This peace, guaranteed by the establishment of NATO, protected Europe from a revived Germany and a menacing Soviet Union, allowing them an unprecedented period of peace in which they have enjoyed the luxury to run their mouths. Now they go about building the EU with cast-aside Marxist central state theory using a curia of apparatchiks to enforce preposterous trade restrictions and rules as a jackboot to force compliance. As George Bush put it in his eloquent address to the British Foreign Office on his state visit to the UK last November, until 60 years ago Europe was like the Middle East, always at war, until the US stepped in and created order as we are doing in Iraq.

That's why my man of the year from outside the US is British Prime Minister Tony Blair, not just because of his eloquent defense of the war in Iraq and his steadfast and politically dangerous commitment to

the Atlantic Alliance between the UK and America, but for his refusal to drag Britain into the European Union even after calling for entry when he first ran for office.

The good news has been the setbacks recently in EU empire-building. Denmark refused to adopt the Euro, the ruble of the 21st century, and Poland walked out of a meeting when confronted with sleight-of-hand dealings by Brussels that attempted to allow member nations with lesser populations more status. The US is standing firm on trade restrictions imposed by the EU and France and Germany were excluded from the approved list of nations to be selected to bid on the reconstruction of Iraq. But look for the struggle ahead as the EU poseurs seek political, economic and military power fueled by one overriding motive: hatred and jealousy of the United States.

MAN OF THE YEAR

Through these almost Biblical setbacks from 9-11 on, one man has stood strong and led us through to the Promised Land of 2004. President George W. Bush was the right leader at the right time for the United States. With his administration beset by terrorism, disasters, economic and moral collapse, global danger, betrayal by our allies and our own media, he and his team have stayed the course and got us through. This Presidency, whatever you may think of it, has done all you can ask of a man or a nation. It did what it said it would do no matter the nay-saying by the chattering class. And when it seemed the world and his own citizens had lost hope, Bush kept his. The Bush team did not wring its hands after 9-11. It went to work. As of this day there has been no terrorist attack on American soil since the World Trade Center attack. Iraq is liberated and Al-Qaeda is on the run. The economy, under the guidance of Federal Reserve Chairman Allan Greenspan in concert with White House policy, was carefully shepherded through dire straits back to robust health. And just as important, we have confidence that the US will deal with global military and diplomatic emergencies with deft and strength. All through American history somehow the right man is at the helm during passage of our most dangerous shoals.

This time it's an unlikely hero, but a hero nonetheless.

NOTES FROM LA-LA LAND

More really good news. Bjorn Lomborg, the Danish scientist who dared question the junk science used by activist environmentalists in his book *The Skeptical Environmentalist* has survived the usual auto-de-fe by academic tyrants who attempted to discredit his revelations as they did not fit the party-line embraced by green zealots. Lomborg was called before the Danish "science ministry" on alleged evidence that his work was "clearly contrary to the standards of good scientific practice" cooked up by a coterie within the Danish Research Agency that wanted to bring him down in a Stalinesque kangaroo court of his peers. At least this Orwellian ordeal was public. Every day in American universities a professor who dares to question the politically correct status quo is stained by secret tribunals of radical scholars who orchestrate cowardly campaigns of innuendo to prevent dissident professors from getting tenure or advancing their careers.

...

And more good news. Michael Crichton, the physician, historian, writer and filmmaker has publicly pronounced, in a speech in San Francisco, that the environmental radicalism currently dictating US policy is using the same flawed data exposed by Lomborg. In reaction to the truth, Crichton says, the green radicals have transformed conservation into a religion in which belief is based on faith, not facts. Crichton feels strongly that current environmental policy is endangering the well-being of the economy, our lives and the viability of a secure future. And both Crichton and Lomborg point out the futility and waste of most recycling, now forced on the public by well-meaning municipalities with no facts to support the cost. Are we listening in our neck of the woods? No, instead in Raleigh some of us are singled out for the gulag of street-side trash pick-up in a temporary "pilot program" that appears to never end to cover up the truth: Recycling is costing so much they feel the need to punish a segment of the citizenry to save money some other way. **MM**

THINKING BEYOND INK

From creative concept to mail list management and everything in between, we have the ability to provide coordinated print marketing programs.

- Telemarketing
- Order Management
- Desktop Publishing
- Creative Services
- Fulfillment
- Distribution
- Four-Color Sheetfed Presses
- Five, Six & Eight Unit Web Presses
- Full Service Bindery
- In-Line Finishing
- Inkjet Addressing/Mailing Services
- Data Processing/Mail List Management



WHEN YOU'RE THINKING OF MORE THAN
SIMPLE PRINT PRODUCTION, **THINK...**

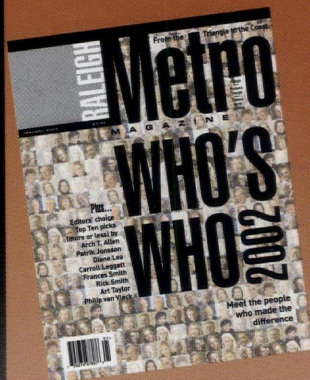


HENRY WURST
INCORPORATED

JESS SUTTON, DIRECTOR OF SALES, SE DIVISION

1-800-597-8831

PROUD
PRINTER OF



Metro

WHAT DOES IT TAKE?

TO CHALLENGE

TO QUESTION

TO ANSWER

TO MOTIVATE

TO LIGHT

TO INSPIRE

ENERGY

TO LIVE, WORK, DREAM, SUCCEED.

We make the kind of energy that lights up the classroom. But we never forget that our most important source of energy comes from within. Generating ideas, a quest for answers, and the relentless determination to improve. Which is why we're always seeking new technologies and energy sources to meet today's and tomorrow's needs.



Progress Energy

www.progress-energy.com