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In my many moons I cannot remember actually longing for the hot sultry summer that settles in on us here in July. After ice storms in winter, followed by incessant rain in the spring, a dose of sweltering heat and suffocating humidity feels good in comparison. And this sizzling midsummer issue of Metro feels good too.

Our annual MetroBravo! reader poll asks you to tell us what you think is the best from the Triangle to the coast. This year we broke the record for responses, indicating several things, including the fact that more folks are staying closer to home and paying more attention to what's right here under their noses. The record balloting also demonstrates increased readership, verifying that the Metro mission to realign our self-image is on target and going strong. We thank you for your ballot and we appreciate your loyalty.

Summertime for Southerners is the season we always remember. While it's our severest test of endurance, the long hot summers are the repository of our happiest memories. Carroll Leggett's Between You and Me in this July issue captures the agony and the ecstasy of coming of age in the not-so-lazy days of summer under the broiling sun in Eastern North Carolina.

Although it sits on higher ground, it gets mighty hot in Chapel Hill in the summer, forcing folks to stay inside and ruminate. Food writer Moreton Neal, a Chapel Hill restaurant pioneer herself, who founded the seminal La Residence, remembers in this issue her deceased husband Bill Neal. He is credited by legendary New York Times food critic Craig Claiborne as the founder of what is loosely called New Southern Cuisine at his Crook's Corner on West Franklin Street in the early '80s. Only in Metro will you learn about the man, his achievements and his legendary temper from the person who knew him best.

The big oak trees that line White Oak Road in Raleigh keep the neighbors cool in the summer. That's especially true of the bungalow-style home where interior designer Debbie Hobgood and husband "A" transformed their charming and unusual abode into an elegant yet comfortable space that blends style, a respect for history and an insightful use of space. Design editor Diane Lea spoke with Debbie Hobgood on site and comes away impressed with the achievement.

There's no hiding place for human anatomy in summer. Style editor Molly Fulgham Heintz knows that gals need to choose wisely when the season demands that less is more. From thongs to contact lenses, allow Molly to help you look your best under the unforgiving summer sun.

Take your Metro wherever you go and consult it regularly to find out the latest in new books in Art Taylor's New & Noteworthy, this month featuring the re-release of a long-forgotten novel by Harnett County's famous son Paul Green. PvV recommends the right music for summer road trips and catches you up with Jimbo Mathus, a founder of Chapel Hill's famous Squirrel Nut Zippers.

Speaking of hot, our Artist-at-Large painter Louis St. Lewis, rolls through the Raleigh gallery and museum scene uncovering the latest from area artists. Rick Smith in After.com notices the war heating up with Baby Bells and Time Warner Cable for internet connectivity, and Frances Smith provides another exhaustive guide to area events for you to partake in these lazy, hazy, crazy days.

In late August we present with the NC Museum of History an event of great significance, "The Raleigh International Spy Conference: Spies, Lies and Treason: The KGB in America." Never before have these very top experts in the field of espionage appeared together and it's happening right here in Raleigh. Mark the dates, August 27-29, and make plans to attend by going to www.raleighspyconference.com or call Vincent Cavallari at the Museum of History: 919-733-3076, Ext. 291.

Don't forget—stay cool.

—Bernie Reeves, Editor & Publisher
TOP SECRET

SUBJECT: SPIES, LIES, & TREASON: THE KGB IN AMERICA
LOCATION: NORTH CAROLINA MUSEUM OF HISTORY
WHEN: AUGUST 28-29, 2003

SITUATION:
Recent intelligence confirms an unprecedented convergence of the world's top-ranking espionage specialists and field operatives in Raleigh, NC. Wiretaps and other surveillance indicate the meeting's purpose is to examine the infamous years of Soviet KGB undercover activity directed against the United States. Co-sponsors are the N.C. Museum of History Associates, the N.C. Museum of History, and Bernie Reeves of Metro Magazine.

KEY FIGURES:
Dr. Christopher Andrew:
Premier scholar and author specializing in espionage during the Cold War. Dr. Andrew is the official historian of the British Security Service (MI5), professor of modern and contemporary history and president of Corpus Christi College, Cambridge University.

Brian Kelley:
The "wrong man" accused in the investigation of FBI turncoat Robert Hanssen.

Keith Melton:
Owner of the world's largest collection of spy paraphernalia and detection devices.

KGB General Oleg Kalugin:
Former chief of Soviet counterintelligence and supervisor of United States double agents, spies, and diplomats.

Hayden Peake:
Curator of Historical Intelligence Collection at CIA.

James Leutze:
Conference chairman. UNC-Wilmington chancellor and military intelligence scholar.

MISSION:
Attend conference and gather intelligence at cocktail reception, book signings, displays of Melton's collection, screenings of espionage films and museum exhibit donated by family of North Carolinian George Watts Hill, a WWII OSS officer.

CONTACT:
Vincent Cavallari, the NC Museum of History Associates, at (919-733-3076, x: 291).

REGISTRATION:
$250 if made before July 1 and $300 after. Registration can also be made through Vincent Cavallari or online in the registration section of the Raleigh Spy Conference website. Use mirror to decode the website below:

website www.raleighspycconference.com
Correspondence

BUTTERBEAN SONG LIVES ON
My friend Ted Philpott of Winston-Salem read my “Mother’s Day and Butterbeans” column [May 2003] and gave me the words to “The Butterbean Song” that he learned as a child. I had never heard it before. It is sung to the tune of “Just a Closer Walk with Thee.”

Butterbean Song
Just a bowl of butterbeans,
Pass the cornbread if you please,
I don’t want no collard greens.
Just a bowl of those good ole butterbeans.

Just a piece of country ham,
Pass the biscuits and the jam,
Pass the collards and the peas.
And a bowl of those good ole butterbeans.

When they lay me down to rest,
Place no rose upon my chest.
Place no blooming evergreens.
Just put a bowl of those good ole butterbeans!

Dick Adams
Griffon

PULITZER SCANDALS: TRUTH LEAKS OUT
I always turn to the back of Metro when I get it to read your column. This month I was well rewarded [My Usual Charming Self, June 2003]. I had forgotten the story of the 2nd 1981 Pulitzer scandal. It was well to remind us. From time-to-time one still hears (or reads) of Lowenstein referred to as gay. Slowly, slowly the truth leaks out. Another example, often on PBS/NPR one hears I. F. Stone talked about in reverent tones. Of course, we know now that he was on Moscow’s payroll. Your magazine is slick, attractive but also has good stuff in it.

Mort Lurie
Raleigh
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Special section...

35 SEARCHING FOR...—Chic shoes? Wine for your next party? A new place to dine out? A great health club? Bookstore? Gift shop? Well then, be sure to check out our annual MetroBraVo! awards featuring this year's best people, places and things from the Triangle to the Coast

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Paper trail leads to lucrative caper surrounding Bill of Rights theft

LOST NC COPY OF BILL OF RIGHTS FOUND, BUT...

Union soldiers may have spared Raleigh's architecture when they sacked the city in 1865, but they made off with more than a few chickens and cases of possum toddy beer.

An Ohio infantryman confiscated what has become the greatest prize from the North Carolina war theater: an original Bill of Rights, signed by John and Samuel Adams.

The soldier sold it for $5 in 1866 making it one in a series of behind-the-scenes sales of the large 1791 parchment, which formally, and with signatories, protects the basic rights of citizens—like the right to bear arms, the right to a free press and the right not to be tried twice for the same crime.

The North Carolina bill—the last of what were once five missing originals to be accounted for—turned up again in Philadelphia on March 18, 2003. An undercover FBI agent, using a fake $4 million check, finagled it from its owner, PBS' Antiques Roadshow personality Wayne Pratt of Nantucket, MA. In late March, it came home again to its Tar Heel subjects for the first time in 138 years.

The case is far from over: North Carolina has laid claim to it. But so has Mr. Pratt, who says that the state hornswoggled him. Now, Pratt, a tall, quiet appraiser known for his penchant for old toys and Colonial furniture, may face criminal charges. Indeed, the case of the missing Bill is emerging as one of the most hotly contested sovereignty cases ever.

Who's laughing now?

DUKE LIBRARY ADDS 55,000 COMIC BOOKS

When boys in the late '50s, Edwin and Terry Murray read and saved comic books about funny animals and superheroes purchased from Durham's Westside Pharmacy. As they grew older, they started mail ordering comics and saving up lunch money to buy new releases on Thursdays. The collection outgrew their bedroom and the wooden storage shelves their father built. Eventually bags and boxes of comics were stored all over the house.

Last year, when they realized it was time to part with their collection, the Murray boys looked for a good, safe location that would appreciate their value. As a result, the Edwin and Terry Murray Collection of Pulp Culture now resides in Duke University's Rare Book, Manuscript, and Special Collections Library. It took one year, and five trips to the Murray's childhood home with a small truck for Duke librarians to pick up more than 55,000 comic books, 500 role-playing and board games, thousands of comic fanzines, science fiction and fantasy fiction materials, comic posters and art.

Tim West, director of collection development for the Special Collections Library, boasts that Duke now owns the largest archival comics collection in the Southeast and one of the largest in the country. "We're interested in documenting popular culture, and comics are an important part of that," said West, pointing out that comics illuminate an era's social and political attitudes. The collection contains Disney comics, romances, Westerns, superheroes, humor and many others. The boys' earliest superhero, animal and Disney comics date back to the 1930s.

What kept Edwin and Terry (now 53 & 50 years old respectively) interested in comics for so many years? For Edwin, it was the stories. "Happy endings helped," Terry said. As they grew older, they became involved in comic fan circles. The collection includes correspondence with other collectors and records of meetings they held about comics. One of their early fanzines, [Comics Review, 1965] contains Stephen King's first published story, "I Was a Teenage Grave Robber."

A sampling of the collection will be housed in the Rare Book Room at Perkins Library for visitors to browse. The rest will be housed off-site, in a temperature- and humidity-controlled storage facility. By fall, the index of the collection will be available online. Students, scholars and the curious will be able to search the collection by title, publisher and decade and then contact the Special Collections Library to view particular comics.
Ironically enough, it's also testing one of the very tenets scratched onto the old parchment: whether the state can take private property for public use.

"The NC Bill of Rights is one of those precious pieces that put the meaning of freedom into words, and the battle over it is being fought today in the courts of eastern North Carolina," says US Attorney Frank Whitney, insisting on the state's right to take it. "It was the property, and always will be the property, of North Carolina."

The Bill surfaced in 1898 and 1925 before disappearing for a lifetime. And then, finally, in 1995, North Carolina archivists were called to Washington to discuss the return of the Bill—but for a price. That's when an implicit threat was made: Buy it, or it goes overseas, to the Middle East. (Extortion may be the charge the feds are mulling against Mr. Pratt, though it's not clear when he actually took possession of the Bill.)

In 2000, the curators at the First Federal Congress Project at George Washington University watched in wonder as two men,
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a woman and two armed guards brought a framed document for assessment. Though they couldn't verify it 100 percent—they couldn't get access to the backing, where a Colonial shipping tag is placed—but they were sure enough that they felt awful about letting the arguably priceless script back out of the building. (Officials at the Project say they didn't contact the FBI because they feared the document would be pushed further underground.)

After nabbing the bill from Pratt's courier in March, the FBI hid it, possibly in a vault in Elizabeth City. A judge of the Eastern North Carolina Federal District Court will ultimately decide whether the state has a right to it—or whether it may have abrogated that right by not forcefully taking possession of the document in the past.

Meanwhile, more friendly tussles are erupting: North Carolina Gov. Mike Easley has already joked with Tennessee Governor Phil Bredesen that the gentleman from the Volunteer State should just keep sipping his moonshine if he thinks Tennessee has any claim on it. (At the time the Bill was written, Tennessee was part of North Carolina).

The case has also given a glimpse into the shadowy, though mostly benign, world of manuscripts and John Hancock's, where sellers are often "three or four layers removed" from the actual owners. But this Bill was one of the biggest whales ever—perhaps worth as much as $30 million.

It's a treasure North Carolina does not want to let go. But the sting to get it back also brings to light the effect of all this on the manuscript world—and North Carolina's role in shaking things up.

The state has been the most aggressive of all in pursuing missing documents, wherever they may be. But that tenacity, put into legal terms in the 1970s in a case involving an Elizabeth City doctor and document collector, has put a chill through the document world. In fact, some dealers won't even handle anything having to do with the Tar Heel state and its written history.

"Ours was a very bold initiative to pursue it, and not many other state archives were willing to do that, because we have collegial relationships with all these autograph dealers and private manuscript collections," says Jeff Crow, a deputy state archivist who sat in on the 1995 negotiations. "There's a lot of ill feeling toward North Carolina because it's being so aggressive in getting public documents back."

If the case goes North Carolina's way, the Bill will soon find its way back behind the thick marble walls of the State Archives on Jones Street. It would rejoin reams of goose-bump-inducing documents: a 1663 Carolina Charter from Charles II, as well as the 1776 document from John Adams entitled "Thoughts on Government," relied on heavily to draft the first state constitution. There's also a 1790 letter from George Washington, welcoming the state to the Union.
Other documents were lost when Raleigh was occupied at the end of the Civil War (including at least one Thomas Jefferson letter), but many were subsequently returned. A valuable ream was found along with a cache of Fresno lighthouse lenses, pilfered from North Carolina and shipped to New York: Union troops in 1861 had used the bills and letters for packing materials to get the valuable glass up North safely. The papers were returned in good shape in 1906.

—Patrik Jonsson

NC State nuclear reactor performs detective work

NCSU REACTOR HELPS SOLVE MYSTERY OF COLUMBIA’S FALL

NC State’s nuclear reactor is being used as a detective to help unravel the mystery shrouded in parts recovered from the destroyed space shuttle Columbia.

NASA contracted with NCSU for the university’s department of nuclear engineering to utilize NCSU’s nuclear reactor to identify some 20 samples of recovered material from the shuttle’s left wing. NASA speculates that a hole developed in the leading edge of the shuttle’s wing through which superheated gases penetrated the wing and did catastrophic damage.

Because the pieces had no distinguishing marks, they can only be identified by being exposed to radiation with the resulting gamma rays offering clues into the makeup of the samples. In turn, those samples may be traced to specific lots of carbon fiber material, says Scott Lassell, manager of nuclear services at NCSU. NASA knows the location where certain lots of fiber material were used and the gamma ray clues could establish where the recovered pieces had been located on the wing.

NCSU points out that Lassell has used the reactor, which was activated in 1972, for detective work before, using similar identification techniques to determine the presence—or lack of—some materials, such as arsenic, for evidence in criminal trials.

118 theaters in 37 states

NEW WEB SITE GIVES SCHEDULE OF YEAR’S OUTDOOR DRAMA

An online “Directory of Outdoor Drama in America” is now available—covering shows at 118 theaters in 37 states, including 10 theaters in the birthplace of outdoor drama, North Carolina. The easily searchable Web site, enhanced for 2003 with new art and updated schedules and information, is located at www.unc.edu/depts/outdoor/dir/

From the Fairbanks Shakespeare Theatre in Alaska to the nation’s oldest outdoor
historical drama, *The Lost Colony* in Manteo, the site offers theater locator maps, plot summaries, performance dates and times, telephone numbers, ticket prices and purchasing options, local tourism information numbers and links to the theaters' own Web sites.

Nearly 200,000 people attended North Carolina's outdoor dramas last year. The dramas employed about 1600 actors, technicians, designers and others and added more than $60 million to the state's tourism industry.

**Pair credited with successful gerrymander challenge**

**TOM ELLIS, TOM FARR LEAVE MAUPIN, TAYLOR & ELLIS**

Conservative guru Tom Ellis, who is credited with engineering over to Ronald Reagan North Carolina's Republican primary vote in 1976—paving the way for Reagan's win in 1980—has left his old firm Maupin, Taylor & Ellis with three other lawyers. The four will join the Raleigh office of Greenville, SC-based Haynsworth, Baldwin, Johnson & Greaves.

Among the group is Tom Farr, who worked with Ellis to challenge in court gerrymandering enacted by the NC Legislature in 2000. Farr and Gretchen Ewalt, another of the four leaving MT&E, recently co-authored an authoritative workplace management guide. The fourth lawyer to leave, Phillip Strach, practices employment law and constitutional litigation.

Ellis transformed elections in the US by establishing the North Carolina Congressional Club to back the candidacy of former US Senator Jesse Helms in 1972. Ellis pioneered the use of television ads in elections, maintaining that the daily press refused to cover conservative campaigns in a fair manner. The strategy was to take the issues straight to the people via the television screen, now the accepted practice of all major campaigns nationwide.

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John Roberts created The Big Bad Show

RALEIGH HIGH SCHOOL GRAD HAS PRODUCED OWN TV SHOW FOR SIX YEARS

John Roberts, a graduate of Enloe High School in Raleigh, says he plans to go to college, but he has already had a major impact on the motion picture industry. He has produced his own TV show for the past six years. "It's The Big Bad Show. I started it in the sixth grade," he said.

Roberts has done three movies that have been shown at the Rialto Theater and Cable companies also are interested in his work. He has just received the equivalent of a national Emmy.

"My parents have been nothing but supportive," he said. "Their opinion matters the most to me." However, his lifelong dream was interrupted when he lost his mother in April after her long battle with cancer. "She's the reason I started doing video," John said. "I think about what she would be proud of now and that's what I try to do. I try to live her legacy out as best I can, which is impossible, but I'm doing the best that I can," he said.

Roberts will attend the North Carolina School of the Arts this fall to study TV production. He hopes to pursue a career in the motion picture industry. [MM]
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WHITE OAK ROAD GINGERBREAD COTTAGE COMES INTO ITS OWN

The tree-canopied streets of Raleigh’s Anderson Heights, near the popular shopping and dining district of Five Points, curve gently past some of the city’s most stylish homes. Developed in the 1920s, the neighborhood has its full complement of handsome stately brick Neo-Georgian residences set amid manicured lawns and lovely gardens. Among these White Oak Road charmers is a distinctive home reminiscent of the delightful cottages found in England’s country villages. Now the home of investment counselor A. L. Hobgood III, and his wife, interior designer Deborah P. Hobgood, this period house has come into its own in the 21st century.

“A bought the house before we were married,” says Deborah Hobgood. “We had been house hunting together, and I guess this house was just waiting for me.” Hobgood recalls that Deborah saw the potential in the house and took it on as her first design project in her new hometown. Deborah, a Lexington, Kentucky, native and her two young daughters, were joining “A,” as he is known, and his two sons in a blended family. “It was probably not the right time to take on a major design project, with a new family and in a new place,” said Deborah, “but I thought we could make this house something special for all of us.”

A Hobgood concurred, and Deborah took on the role of general contractor for the project. “We owe a lot to John C. Williams,” says Hobgood. “He had originally estimated the cost of the renovation for us and when Deborah stepped in, he provided some of the subcontractors she used.”

Known throughout its long history as “Rusticana,” or simply “The Gingerbread House,” because of its unusual rolled roof, stone sheathing and log interiors, the house was built around 1928 for the Errol Mashburn family. According to letters sent to the Tharrington family from whom A Hobgood purchased the home, the Mashburns sold it to Dr. and Mrs. Emmett Rand.

The Rands then swapped it for a house on Jarvis Street, which was owned by the George Ross Pons family. One of the Pons’ children who grew up in the house was Ihrie Pons Carr, the wife of Durham architect George Watts Carr. Mrs. Carr notes that the guesthouse, where Deborah also renovated, was built for her and her son, who was born while his father was serving in the Pacific during World War II.

“There is just so much to this house,” says Deborah. “History and architecture and a beautiful setting. We didn’t want to lose any of that or make it something it wasn’t.”

Deborah and A sorted out issues and wishes for the house, and Deborah arrayed her resources with military precision. “We wanted a lighter, airier feel, with a lot of room for entertaining and a special retreat for us,” she recalls. There were other factors to consider in approaching the renovation. Hurricane Fran had decimated the landscaping, and a huge white oak tree in the front yard was crowding the roof of the house. There was no real garage, and the guesthouse, where Deborah and A lived during the renovation, blew its electrical circuits whenever Deborah plugged in her hairdryer.

Entering the home’s great room today through the arched mahogany door set beneath the sweep of roof line, which descends from the home’s front-facing gable, it is clear that Deborah Hobgood knew just what the house needed. “I chose to color wash and distress the logs and to restore and paint the chinking of the walls a pale neutral color to avoid a cluttered look,” says Deborah. She left the logs of the multi-angled...
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cathedral ceiling their original natural color but cleaned them to obtain the glossy sheen that highlights their intricate pattern. Her addition of a stone mantel shelf to the exposed fireplace, rising to the peak of the room’s cathedral ceiling, accents the roof and the hand-wrought chandelier thought to have been commissioned by another of the home’s owners, the Kirhoffers. Above it she has placed one of two paintings by Tomas Lasansky, an Iowa artist that both Hobgoods admire. The soaring stone fireplace is the perfect foil to the strong design feature created by the living room staircase as it ascends to an open stair landing that forms a bridge connecting the two bedrooms on the upper level. The narrow landing provides room for a daughter’s piano, and Deborah chose a Highland Court chenille damask for the arched goblet pleated window treatment for the landing’s bank of mullioned windows and doors. With her usual eye for the deliciously unexpected, Deborah has hung narrow Italian red painted doors that she purchased in Tampa while attending a wedding there.

Deborah chose tactile S. Harris chenille
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The rich but subtle tones play well with A Hotgood's exquisite oriental rug.
fabrics in warm bronzes and beiges for the cushioned sofa and for the club chair and tall, formal armchairs used throughout the room. The rich but subtle tones play well with A Hobgood's exquisite oriental rug, the mate of which is found in the University of North Carolina President's House in Chapel Hill. Decorative pillows of softly glowing materials were taken from remnants of an old throw from Deborah's family. They pick up the brighter colors of the many books that line the north wall and frame the entry to the home's dining room.

The dining room, which continues the use of neutral colors in its chair and table coverings, and in the room's silk draperies, is lighted naturally through pairs of French doors opening to the newly redesigned terrace. The space is intimate, yet roomy enough for a reproduction sideboard and an elegant antique china cabinet from Deborah's mother. The circular dining table is set beneath a chandelier with craftsman-like details and surrounded by a complement of chairs covered in velvet damask from IDC. "The chairs are Hobgood family Chippendale-style chairs," says Deborah. "I designed the slipcovers to make them feel right in the room. The dining table is covered in fringed burlap." The dining room floors are limestone tiles, as are the kitchen floors—a choice Deborah made when confronted with replacing the compromised wood of the existing floors.

The Hobgood's kitchen is every homeowner's dream. Its spaciousness was achieved by combining smaller existing rooms and installing a tall bay window with a central door that makes for ease of access to the long brick and limestone terrace with its classical fountain. Custom-crafted paneled mahogany cabinets are arranged like pieces of fine furniture, clustered to look like a decorative built-in cupboard or hung on either side of the tiled backdrop of the Viking stove and its burnished, sculptural hood. The stove, an Asko dishwasher and a deep stainless sink with its single Grohe faucet are set in a long mahogany buffet that runs the length of the room's west wall. Fine art, both contemporary and period, is hung on either side of the family dining table, and bright copper containers stacked on the top of
the stainless steel and glass Traulson 48-inch refrigerator are both functional and attractive.

The design focus of the kitchen is two islands. The large center island is the perfect setting for antique wrought iron scales that hold fresh vegetables and fruits. It is lined with tall stools with woven backs of contrasting natural and brown fibers. The second island, separating the kitchen from the family dining area, is equipped with a Sub-Zero icemaker and a Marvel beverage center. The countertops throughout the kitchen are of a beautifully striated granite with hues of brown, cream and green.

Adjoining the kitchen—a major space for entertaining and family dining—is the den, a cozy space that combines the design themes and unifying colors Deborah has introduced in the public rooms. Here, Conrad bamboo shades, lowered to dim the late afternoon summer sun, are hung with fringed draperies of dark chocolate velvet. The same velvet covers the deep chairs and appropriately scaled sofa. Again, a combination of antique and reproduction furnishings, limestone planters and colorful textured pillows reflects Deborah's personal style. Here, too, hangs the second of the Hobgood's Tomas Lasanky paintings.

Situated beyond the kitchen, the home's new first-floor west wing serves multiple purposes by housing the laundry room, powder room and a secondary family entrance. It also provides a logical architectural connection to the parking court and porte cochere. However, the west wing's most amazing element is the well-organized space containing the master bedroom, master bath and two spacious dressing rooms with completely built-in wardrobes.

The master bedroom is arranged as an elegant sitting room. Floor-to-ceiling bookcases and a sofa covered in vertical panels of Highland Court's textured velvet complement an antique commode from Deborah's grandmother and a glittering mirror from a Five Points antique dealer. The bed is layered with pale Osborne and Little linen lined with a contrasting color, and the linen headboard features a hand-painted monogram. A diverse collection of antique prints and modern paintings adorns the walls. Silver-hued trusses found in Pinehurst support the ceiling and lower it for intimacy.
A step up from the bedroom brings us into A's dressing room and wardrobe. It is functional yet beautiful, a creation of handcrafted cabinetry as well as the pleasant interplay of textures and fabrics found in well-tailored clothing. A cleverly designed rack displays a selection of colorful ties, and an antique table and chair provide a place to sit and read or just put on shoes. A long stretch of limestone floored space contains the spacious bathroom for two. Deborah's own dressing area has a pretty curved antique dressing table and two plump cushioned armchairs.

Deborah and A Hobgood are especially pleased with the home's new landscaping plan that provides ample parking, old-fashioned plantings and stone walks for completely dry
Deborah and A Hobgood are especially pleased with the home’s new landscaping plan which provides ample parking, old-fashioned plantings and stone walks for completely dry feet when strolling from the parking court to the rear terrace with its fountain and gas and charcoal barbecues built into the stonework.
feet when strolling from the parking court to the rear terrace with its fountain and gas and charcoal barbecues built into the stonework. "The sculpture of the little girl pouring water into the fountain is said to have been purchased by the original owner," Deborah said. "I knew I wanted to keep her and Linda Harris of Jerry Turner and Associates, our skilled landscape designer, incorporated her into the terrace garden plan. Harris has chosen
some wonderful plants for us, and A and I are able to maintain the garden ourselves.

The Hobgood’s guesthouse is the perfect complement to the period home. A cedar shake roof and mullioned windows with dark green shutters and a boxwood hedge make it seem like an appropriate place for grandmother, and, in fact, Deborah’s mother enjoys staying there when she visits. The main sitting room features refurbished knotty pine walls and a rebuilt stone-sheathed fireplace. Dark green trim around the windows adds to the club room feel, with the color flowing into the adjoining galley kitchen. There, a gleaming bronze sink and faucet accent the mellow pine back-splash and the custom designed and executed cabinetry done by A’s brother Tom Hobgood, a talented furniture maker and craftsman.

“If I had known what we were getting into, I might not have done it,” says Deborah. We are so glad she did.

**Design notebook**

DOMICILE MELDS COLLECTIONS & FURNISHINGS FOR A YOUNG FAMILY’S HOME

Domicile is a distinctive furniture and accessory emporium in Chapel Hill, whose trademark style could be characterized as a casually chic and alluringly exotic melange of beautiful objects and sensuous fabrics. The store also offers skilled interior design advice, as do the Domicile stores in Charlotte, Richmond and opening in November, Arlington, Virginia. When approached by a Durham client to bring the Domicile look into a home with young children and several collectibles from the husband’s native country of Turkey, they did so with élan. Concentrating on the foyer, living room and dining room, the Domicile team used fresh paint, a touch of faux on the living room fireplace and dining room walls, and lush neutral-toned fabrics and distressed wood to accent an enviable collection of oriental rugs. A slipcovered chenille sofa and chair that the designers added in the living room blended beautifully with teak side tables from Domicile and a rustic Indonesian TV armoire that the couple already owned. An antique Chinese console found by the owner during the design project was placed behind the sofa and set with silk and antiqued iron lamps and candlesticks. In the dining room, a teak plank table, sturdy enough to withstand children’s art projects, was surrounded by wicker dining chairs with upholstered seats. Domicile found the dining room’s chandelier through a New York company and completed the room’s décor with their own reclaimed teak sideboard. The result of the refurbishing provides an interesting, inviting and child-friendly home.
MetroBravo! Awards 2003
TASTE, STYLE AND A SENSE OF PLACE

Metro readers have done it again! We like to boast about our readers and their savvy, sophistication and overall intellectual aura. But the truth is that the most amazing thing about Metro readers is their sense of place. And this year's Bravo results say it better than ever.

Can you think of anywhere in the world that enjoys the quality of life that we have in the Triangle and eastern North Carolina?

No.

Metro readers embrace the history and life of our region as if it were family, natives and newcomers alike. How does one resist its charms?

Despite tough economic times, this region has continued to grow and look to the future. We continue to add state-of-the-art medical facilities and research centers, new shopping destinations and top-flight housing, always upgrading as we go. And while we are always setting new standards, we keep a careful eye to preserving our rich heritage.

At the same time we haven't lost the charm of our Southern hospitality that brought so many of us here in the first place—or kept the natives among us from leaving. For example, we have added new mega shopping malls—Triangle Town Center in North Raleigh and The Streets at Southpoint in Durham. But Raleigh remains home to the classic Cameron Village—one of the first shopping centers in the world.

Magnolia Grill and Angus Barn have global reputations for dining. But new classics join the menu of selection for diners, such as Shaba Shabu, Spice Street, Bogart's and EVOO (stands for extra virgin olive oil). They have all opened their doors recently and won the attention of Metro readers.

The fourth annual MetroBravo! Awards, selected by you, the readers of Raleigh Metro Magazine, offer in a single place the guide to the best from the Triangle to the Coast.

This year take pride in the trend toward local and regional businesses and resources. This localism even extends to the choices for radio personalities. Rush Limbaugh, a giant nationally, is out as No. 1. Raleigh's own Bob and Madison at G-105 FM in the Triangle are in.

If you number yourself among the people who think you must jet off to New York to find the best shopping, to California to find the best wine or to the Caribbean to find a resort—think again! Much of the world's best can be found right here. And MetroBravo! Is your guide.

Final Note: A big high-five to the NC State Wolfpack who were chosen as Favorite Sports Team. Of course, we think it is their most significant win of the year. The Heels came in a close second followed by the Canes. It was all very close and the Blue Devils were not far behind the Canes in the balloting.
SHOPPING

The shops are coming! The shops are coming! The landscape of shopping is changing literally before our very eyes. The continued growth and high demographics of the Triangle are giving shoppers more exciting choices and that's reflected in Metro reader's selections for places to browse and buy.

The posh Streets at Southpoint in Durham have edged out Crabtree Valley Mall in a very close race for best mall. Crabtree holds a very firm second place, while Cary Towne Center remains a favorite, coming in third. But it will be interesting to see what happens next year when Triangle Town Center has a full shopping year to lure customers and adds new stores, such as Saks Fifth Avenue.

And while JC Penney is about all that's left at the old North Hills mall location in North Raleigh, the revamped, rebuilt retail center is sure to be a major draw once completed.

Triangle shoppers for men's clothing apparently like to buy "local." Nowell's Clothing in Cameron Village won this category hands down. Jos. Banks, also in Cameron Village and Norman Stockton in Meadowmont were too close to call. They tied in the honorable mention spot.

Beanie + Cecil of Raleigh shares the "Standing Ovation" for Women's clothing with Talbot's, after finishing second to Talbot's a year ago. Beanie + Cecil gets the most credit for raising the bar on fashion in this region, while Talbot's gets the credit for consistency, comfort and maintaining a traditional style of clothing.

MALL

Standing Ovation
The Streets at South Point, Durham

MetroBravo
Crabtree Valley, Raleigh

Honorable Mention
Cary Towne Center, Cary

SHOPPING CENTER

Standing Ovation
Cameron Village, Raleigh

MetroBravo
Lassiter, Raleigh

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WEDDING RINGS

Standing Ovation
Bailey's Fine Jewelry, Raleigh

MetroBravo
Jolly's Jewelers, Raleigh

Honorable Mention
Ora Designers and Fine Jewelers, Raleigh

DESIGNER JEWELRY

Standing Ovation
Ora Designers and Fine Jewelers, Raleigh

MetroBravo
Elaine Miller, Raleigh

Honorable Mention
Jewelsmith, Durham/Bailey's Fine Jewelry, Raleigh

WATCHES

Standing Ovation
Haydon & Company, Raleigh

MetroBravo
Bailey's Fine Jewelry, Raleigh

Honorable Mention
Carlyle & Company

SHOES

Standing Ovation
SRI Shoe Warehouse, Raleigh

MetroBravo
Nordstrom, Durham

Honorable Mention
Main & Taylor Shoe Salon, Raleigh

HANDBAGS

Standing Ovation
Coach

MetroBravo
Nordstrom, Durham

Honorable Mention
Beanie + Cecil, Raleigh

SUNGLASSES

Standing Ovation
Sunglass Hut

MetroBravo
Beanie + Cecil, Raleigh

Honorable Mention
Nordstrom, Durham/
Saks Off Fifth, Morrisville

PERFUME

Standing Ovation
Belk, Triangle-wide

MetroBravo
Luxe, Raleigh
Honorable Mention
Hechts, Triangle-wide

LINENS
Standing Ovation
Lavender and Lace, Raleigh

MetroBravo
Linens 'N Things, Triangle-wide/
Bed, Bath, & Beyond, Triangle-wide

Honorable Mention
Yves Delorme

WEDDING PRESENTS
Standing Ovation
Belk, Triangle-wide

MetroBravo
Quintessentials/Divine Collections, Raleigh

Honorable Mention
Crate & Barrel

LINGERIE
Standing Ovation
Victoria’s Secret

MetroBravo
Crash & Coco, Cary

Honorable Mention
Belk, Triangle-wide

BATHING SUITS
Standing Ovation
Belk, Triangle-wide

MetroBravo
Water Water Everywhere, Raleigh

Honorable Mention
Beanie + Cecil, Raleigh

MATERNITY CLOTHES
Standing Ovation
Cravings, Raleigh

MetroBravo
Pea in a Pod, Raleigh

Honorable Mention
Posh Pregnancy, Raleigh

KID'S CLOTHING
Standing Ovation
Gap Kids

MetroBravo
Target

Honorable Mention
Talbots

WEDDING DRESSES
Standing Ovation
Enchanting Moments, Fuquay-Varina
MetroBravo
Cameron Clothing, Raleigh
Honorable Mention
Traditions, Chapel Hill

EVENING GOWNS
Standing Ovation
Beanie + Cecil, Raleigh

MetroBravo
Razooks, Raleigh/
Cameron Clothing, Raleigh
Honorable Mention
Lord & Taylor

OUTDOOR CLOTHING
Standing Ovation
Great Outdoor Provision Company

MetroBravo
REI
Honorable Mention
Dick's

GOLF EQUIPMENT
Standing Ovation
Carolina Custom Golf, Raleigh

MetroBravo
Dick's
Honorable Mention
Pro Golf, Durham

TENNIS EQUIPMENT
Standing Ovation
Dick's

MetroBravo
Play-It-Again Sports
Honorable Mention
Omega Sports

CHAIN BOOKSTORE
Standing Ovation
Barnes & Noble

MetroBravo
Borders
Honorable Mention
Books-A-Million

LOCAL BOOKSTORE
Standing Ovation
Quail Ridge Books, Raleigh

MetroBravo
The Regulator, Durham
Honorable Mention
McIntyre's, Pittsboro

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WINING, DINING
AND INDULGENCES

New restaurants continue to enrich the choices for Raleigh-East diners, and *Metro* readers give hearty recommendations to Shaba Shabu, Spice Street, Bogart's and EVOO.

Shaba Shabu, Raleigh, offers a mix of Thai and Japanese gourmet choices. Spice Street, George Bakatsias' latest creation, has added plenty of spice to the Triangle dining scene with its remarkable transformation of an old cafeteria in Chapel Hill's University Mall. Bogart's American Grill on Glenwood Ave. in Raleigh has become a hot spot. And EVOO adds a nice Mediterranean variety of selections to the Five Points area in Raleigh.

Metro connoisseurs vaulted traditional powerhouse Magnolia Grill in Durham back to the top spot, followed by the venerable Angus Barn in Raleigh. Ben Barker, chef at Magnolia, again ranks as No. 1 among Metro readers.

If you want to feel “uptown” in “downtown,” go to Glenwood South. With Sullivan's, Bogart's, the Mellow Mushroom and Armadillo Grill. You can have everything from great steaks to martinis to margaritas to beer selection (see categories for each winner).

It is interesting to note our winners for Vegetarian restaurants are not actually “purely” vegetarian. Irregardless and Anotherthyme are actually trying to shed the vegetarian image. Could the protein craze have anything to do with this?

Mix the new restaurants with traditional choices plus the emerging night life in Raleigh, Durham and Chapel Hill, and you have a region that offers all of us a world of taste, excitement and fun.

HEALTH FOOD STORE

**Standing Ovation**
Whole Foods, Triangle-wide

**MetroBravo**
Harmony Farms, Raleigh

**Honorable Mention**
GNC, Triangle-wide

GROCERY STORE

**Standing Ovation**
Harris Teeter, Triangle-wide

**MetroBravo**
Whole Foods, Triangle-wide

**Honorable Mention**
Fresh Market, Triangle-wide

WINE RETAILER

**Standing Ovation**
Wine Merchant, Raleigh

**MetroBravo**
A Southern Season, Chapel Hill

**Honorable Mention**
Seaboard Wine Co, Raleigh
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SOUTHERN FOOD

Standing Ovation
Mama Dips, Chapel Hill

MetroBravo
Big Ed's, Raleigh/Crook's Corner, Chapel Hill

Honorable Mention
Glenwood Grill, Raleigh

OUTDOOR DINING

Standing Ovation
Mellow Mushroom, Raleigh

MetroBravo
Weathervane, Chapel Hill

Honorable Mention
Fosters, Raleigh/Crook's Corner, Chapel Hill

COFFEE HOUSE

Standing Ovation
Starbucks, Triangle-wide

MetroBravo
Third Place, Raleigh

Honorable Mention
Caribou, Triangle-wide

RESTAURANT

Standing Ovation
Magnolia Grill, Durham

MetroBravo
Angus Barn, Raleigh

Honorable Mention
Bloomsbury Bistro, Raleigh

NEW RESTAURANT

Standing Ovation
Shaba Shabu, Raleigh

MetroBravo
Spice Street, Chapel Hill

Honorable Mention
Bogart's, Raleigh/EVOO, Raleigh

CHINESE RESTAURANT

Standing Ovation
Neo China, Raleigh

MetroBravo
PF Chang's, Raleigh

Honorable Mention
Red Dragon, Raleigh

FRENCH RESTAURANT

Standing Ovation
Margaux's, Raleigh

MetroBravo
Jean Claude's, Raleigh/Vin Rouge, Durham
HONORABLE MENTION
La Residence, Chapel Hill

GREEK RESTAURANT

STANDING OVAZION
Spartacus Grill & Restaurant, Cary & Durham

MetroBravo
Taverna Nikkos, Durham

HONORABLE MENTION
Papa's Grill, Durham

INDIAN RESTAURANT

STANDING OVAZION
Sitar India Palace, Raleigh

MetroBravo
India Mahal, Raleigh

HONORABLE MENTION
Royal India, Raleigh

ITALIAN RESTAURANT

STANDING OVAZION
Caffe Luna, Raleigh

MetroBravo
Maggiano's, Durham

HONORABLE MENTION
Casa Carbone, Raleigh

JAPANESE RESTAURANT

STANDING OVAZION
Kanki, Raleigh

MetroBravo
Waraji, Raleigh

HONORABLE MENTION
Sushi Blues, Raleigh

MEXICAN RESTAURANT

STANDING OVAZION
El Rodeo, Triangle-wide

MetroBravo
Los Tres Maguyes, Durham

HONORABLE MENTION
El Dorado, Raleigh

SEAFOOD RESTAURANT

STANDING OVAZION
42nd Street Oyster Bar, Raleigh

MetroBravo
Fins, Raleigh

HONORABLE MENTION
Squids, Chapel Hill

THAI RESTAURANT

STANDING OVAZION
Sushi Thai, Raleigh

MetroBravo
Shaba Shabu, Raleigh

HONORABLE MENTION
Thai Villa, Cary

VEGETARIAN RESTAURANT

STANDING OVAZION
Irregardless, Raleigh

MetroBravo
Anotherthyme, Durham

HONORABLE MENTION
Sweet Tomatoes, Raleigh & Cary

WAITSTAFF

STANDING OVAZION
Angus Barn, Raleigh

MetroBravo
Sullivan's, Raleigh/Michael Dean's, Raleigh

HONORABLE MENTION
Bloomsbury Bistro, Raleigh
### Chef

**Standing Ovation**
Ben Barker, Magnolia Grill, Durham

**MetroBravo**
John Toler, Bloomsbury Bistro, Raleigh

**Honorable Mention**
William D'Avoray, Fins, Raleigh

### Caterer

**Standing Ovation**
Lady Fingers, Raleigh

**MetroBravo**
Mitchell's, Raleigh

**Honorable Mention**
Sister's Catering, Raleigh/
The Catering Co, Chapel Hill

### Bagels

**Standing Ovation**
Bruegger's, Triangle-wide

**MetroBravo**
Panera Bread, Triangle-wide

**Honorable Mention**
Manhattan Bagels, Triangle-wide

### BBQ

**Standing Ovation**
Red, Hot, & Blue, Triangle-wide

**MetroBravo**
Cooper's, Raleigh

**Honorable Mention**
Wilbur's, Goldsboro

### French Fries

**Standing Ovation**
McDonald's, Triangle-wide

**MetroBravo**
Snoopy's, Raleigh

**Honorable Mention**
Bojangles, Raleigh

### Hot Dogs

**Standing Ovation**
Snoopy's, Raleigh

**MetroBravo**
Roast Grill, Raleigh

**Honorable Mention**
Pharaoh's, Raleigh

### Hamburger

**Standing Ovation**
Char Grill, Raleigh

**MetroBravo**
Pharaoh's, Raleigh
Honorable Mention
Fudrucker's, Triangle-wide

PIZZA
Standing Ovation
Lilly's Pizza, Raleigh
MetroBravo
Capital Creations, Raleigh
Honorable Mention
Mellow Mushroom, Raleigh

STEAKS
Standing Ovation
Angus Barn, Raleigh
MetroBravo
Sullivan's, Raleigh
Honorable Mention
Ruth's Chris, Cary

SUBS
Standing Ovation
Quizno's, Triangle-wide
MetroBravo
Jersey Mike's, Triangle-wide
Honorable Mention
Subway, Triangle-wide

CIGARETTES
Standing Ovation
Winston/ Marlboro Lights
MetroBravo
Marlboro Ultra Lights
Honorable Mention
Marlboro

CIGARS
Standing Ovation
Maconundo
MetroBravo
Cohiba

SOFT DRINK
Standing Ovation
Diet Coke
MetroBravo
Coca-Cola
Honorable Mention
Pepsi

BEER
Standing Ovation
Amstel Light
MetroBravo
Michelob Ultra
Honorable Mention
Corona

WINE
Standing Ovation
Toad Hollow
MetroBravo
Wild Horse
Honorable Mention
Robert Mondavi

LIQUEUR
Standing Ovation
Bailey's
MetroBravo
Kahlua
Honorable Mention
Disaronno Amaretto

VODKA
Standing Ovation
Grey Goose
MetroBravo
Absolut
Honorable Mention
Kettle One
Served in fine establishments and questionable joints everywhere.
HOME DÉCOR

Looking to build or buy a new home? Need to do some landscaping and make some home improvements? Take this issue of *Metro* with you and know where to go and what to do when buying a new home, renting or just redecorating. This is good information—especially if you are new to the area.

So whether you are buying or updating, browse the lists of top choices in Home Décor as selected by *Metro* readers. They won't steer you wrong.

**GARDEN CENTER**

**Standing Ovation**
- Logan's Trading Company, Raleigh

**MetroBravo**
- Lassiter Mill Gardens, Raleigh

**Honorable Mention**
- Atlantic Ave. Lawn & Garden Center, Raleigh

**HOME IMPROVEMENT**

**Standing Ovation**
- Lowe's Home Improvement

**MetroBravo WINNER!**
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**AWARDS**

**MetroBravo**
Home Depot

**Honorable Mention**
Burke Brothers Hardware, Raleigh

**INDOOR LIGHTING**

**Standing Ovation**
Lowe's Home Improvement/Home Depot

**MetroBravo**
House of Lights, Raleigh/Thompson Lynch, Raleigh

**Honorable Mention**
Lighting, INC., Raleigh

**HARDWARE**

**Standing Ovation**
Lowe's Home Improvement/Burke Brothers Hardware, Raleigh

**MetroBravo**
Ace Hardware/Brigg's Hardware, Raleigh

**Honorable Mention**
Home Depot/Raleigh Decorative Hardware, Raleigh

**WINDOWS**

**Standing Ovation**
Lowe's Home Improvement

**MetroBravo**
Home Depot

**Honorable Mention**
Pella

**KITCHEN APPLIANCES**

**Standing Ovation**
Sears

**MetroBravo**
Lowe's Home Improvement

**Honorable Mention**
Appliance World, Raleigh

**MATTRESSES**

**Standing Ovation**
The Original Mattress Factory, Triangle-wide

**MetroBravo**
Fred's Beds, Triangle-wide

**Honorable Mention**
Home Comfort, Raleigh and Cary

**BEDS**

**Standing Ovation**
Domicile, Chapel Hill

**MetroBravo**
Fred's Beds, Triangle-wide/Haverty's, Triangle-wide

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Honorable Mention
Furnitureland South, Highpoint

PAINT

**Standing Ovation**
Home Depot/Sherwin Williams

MetroBravo
Wake Paint & Decorating, Raleigh

Honorable Mention
Lowe's Home Improvement

WALLPAPER

**Standing Ovation**
Allen Funk, Raleigh

MetroBravo
Sorrell's Paint & Wallpaper, Cary

Honorable Mention
Home Depot

FABRICS

**Standing Ovation**
Printer's Alley, Raleigh

MetroBravo
Mill Outlet, Raleigh

Honorable Mention
Decorative Fabrics, Raleigh

CONTEMPORARY FURNITURE

**Standing Ovation**
Nowell's Contemporary Furniture, Cary

MetroBravo
Ecko International, Chapel Hill

Honorable Mention
Domicile, Chapel Hill

TRADITIONAL FURNITURE

**Standing Ovation**
Erhan Allen

MetroBravo
Domicile, Chapel Hill

Honorable Mention
Haverty's/Wayside Furniture

BEACH HOUSE FURNITURE

**Standing Ovation**
The Wicker Gallery, Raleigh

MetroBravo
Furnitureland South, Highpoint
Honorable Mention
Ecko International, Chapel Hill

OUTDOOR FURNITURE

Standing Ovation
Summer Classics, Raleigh

MetroBravo
Lowe's Home Improvement

Honorable Mention
Patio Pro, Raleigh

CARPET

Standing Ovation
Eatman's Carpet, Raleigh/
Bell's Carpet, Raleigh

MetroBravo
Lowe's Home Improvement

Honorable Mention
Brentwood Carpets, Raleigh

ART

Standing Ovation
Gallery C, Raleigh

MetroBravo
Litde Art Gallery, Raleigh

Honorable Mention
Artspace, Raleigh/ArtSource, Raleigh

PICTURE FRAMING

Standing Ovation
Framework's, Raleigh

MetroBravo
Michael's

Honorable Mention
Jill Flink, Raleigh

FLORIST

Standing Ovation
Fallons Creative Flowers, Triangle-wide

MetroBravo
Kelly Odom, Raleigh/
Flower Cupboard, Raleigh

Honorable Mention
Cariton's Flowers, Raleigh

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Standing Ovation
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Honorable Mention
Persian Carpet, Durham

ANTIQUES

Standing Ovation
Whitehall Antiques, Chapel Hill

MetroBravo
Boone's Antiques, Wilson/Highsmith Antiques, Raleigh

Honorable Mention
Edith Medlin Antiques, Raleigh/Carolina Antique Mall, Raleigh

PIANO

Standing Ovation
Ruggero, Raleigh

MetroBravo
Hopper Piano Co., Raleigh

Honorable Mention
Maus Piano and Organ Co., Raleigh

COMMERCISE

Just like Metro readers—money has to have somewhere to go. This is where our readers’ savvy really comes into play. Whether you are starting a new business, buying a house, buying insurance or just investing your hard earned money, trust that our readers have picked the best people and companies to use. And not that we need another reason to boast, but with the merger of First Union and Wachovia, North Carolina is now home to two of the world’s largest banks, Wachovia and Bank of America.

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TRAVEL

*Metro* readers are falling more deeply in love with the Tar Heel state based on their choices for golf resorts, resort spas, places to own a second home and historic sites.

Unlike last year, only two out-of-state locations or resorts made the MetroBravo! list.

Top resort spa choice this year is Asheville's Grove Park Inn. Pinehurst Spa is second, followed by The Sanderling on the Outer Banks near Duck.

Pinehurst remains the top choice for golf followed by Kiawah of South Carolina, but Bald Head Island earns Honorable Mention this time over the Greenbrier in West Virginia. The State Capitol and Tryon Palace have won the hearts of readers as the top Historic Sites.

Wrightsville Beach/Cape Fear Coast are the tops when it comes to choosing a place to own a second home. And don't forget to stop at the Dockside at Wrightsville Beach and have a Bloody Mary. According to *Metro* readers, they are the best from the Triangle to the coast! Bald Head Island and Atlantic Beach tied for second. New to the list as Honorable Mention is Figure Eight Island, a private resort just north of Wrightsville Beach.

**GOLF RESORT**

*Standing Ovation*

Pinehurst, North Carolina

**MetroBravo**

Kiawah, South Carolina

*Honorable Mention*

Baldhead Island, North Carolina

**RESORT SPA**

*Standing Ovation*

Grove Park Inn, Asheville

**MetroBravo**

Pinehurst Spa, North Carolina

*Honorable Mention*

The Sanderling, Duck

**AIRLINE**

*Standing Ovation*

American
Wrightsville Beach has been voted “The Best Place to Own a Second Home”

By Metro Magazine

SALES & RENTALS

MetroBravo
Delta
Honorable Mention
Southwest

CITY HOTEL

Standing Ovation
Embassy Suites, Triangle-wide/Siena, Chapel Hill

MetroBravo
Velvet Cloak, Raleigh
Honorable Mention
Carolina Inn, Chapel Hill

HOTEL FOR OUT-OF-TOWN GUESTS

Standing Ovation
Siena, Chapel Hill

MetroBravo
Velvet Cloak, Raleigh/Carolina Inn, Chapel Hill

Honorable Mention
Marriott Crabtree, Raleigh

HOTEL FOR MEETINGS AND CONVENTIONS

Standing Ovation
North Raleigh Hilton, Raleigh

MetroBravo
Sheraton Imperial, Research Triangle Park

Honorable Mention
Washington Duke, Durham

PLACE TO OWN A SECOND HOME

Standing Ovation
Wrightsville Beach, North Carolina

MetroBravo
Atlantic Beach, North Carolina

Honorable Mention
Figure Eight Island, North Carolina

PUBLIC MUSEUM

Standing Ovation
North Carolina Museum of Art, Raleigh

MetroBravo
North Carolina Museum of History, Raleigh

Honorable Mention
Museum of Natural Sciences, Raleigh

JULY 2003 METROMAGAZINE
PERSONALITIES

Rush Limbaugh may be the most listened-to radio personality in the United States, but in the Triangle he no longer rules as the choice of Metro readers. Our readers opted this year for Bob and Madison, the G-105 FM morning team in the Triangle who are well known for their antics, jokes and stunts. Limbaugh fell to second followed by another national personality, Don Imus.

WRAL-TV is No. 1 in the ratings, a fact reflected in our readers’ choices for TV and weather personalities. David Crabtree ranks as top regional TV personality, and his WRAL weather sidekick Greg Fishel checks in as top weather personality. But Dave Osterburg of WNCN, the NBC affiliate in Raleigh, checks in at No. 2 behind
Fishel. And WTVD’s Frances Scott is No. 2 as TV personality. Both Osterburg and Scott are among recently added faces brought in to challenge WRAL’s rating dominance.

Is the strategy paying off? Metro readers are watching.

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MetroBravo
North Carolina Symphony
Honorable Mention
Playmakers

FICTION BOOK

Standing Ovation
Harry Potter
MetroBravo
Lovely Bones
Honorable Mention
Cold Mountain

NON-FICTION BOOK

Standing Ovation
Bush at War
MetroBravo
The Gift of Jimmy V
Honorable Mention
John Adams

LOCAL AUTHOR

Standing Ovation
Kaye Gibbons/Lee Smith
MetroBravo
Clyde Edgerton
Honorable Mention
Doug Marlette

FAVORITE SPORTS TEAM

Standing Ovation
Wolfpack
MetroBravo
Tarheels
Honorable Mention
Hurricanes

EDUCATION

Anyone who has had the chance to tour the college and university campuses in the Triangle knows that the scenery can be breathtaking. Their national standing as institutions for higher learning—forming the core of the Research Triangle’s knowledge base—is matched by the architecture, the gardens, the oaks, the dogwoods.

Metro readers have named UNC...
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Chapel Hill as No. 1 for scenic campus with Duke falling to second. New to the list are Meredith College and NC State.

Duke, NCSU and UNC are moving to enhance their reputations and academic performance with new centers focused on genomic studies. ECU and UNC-W are both becoming very significant universities in the east; keep an eye on those two to join the national ranks of their older brothers and sisters from the Triangle. Metro readers know this—from the Triangle east, education isn't standing still.

PRIVATE COLLEGE

Standing Ovation
Duke University, Durham

MetroBravo
Meredith College, Raleigh

Honorable Mention
Wake Forest University, Winston-Salem

PUBLIC COLLEGE

Standing Ovation
University of North Carolina, Chapel Hill

MetroBravo
North Carolina State University, Raleigh

Honorable Mention
East Carolina University, Greenville

PRIVATE HIGH SCHOOL

Standing Ovation
Ravenscroft, Raleigh

MetroBravo
Saint Mary's, Raleigh

Honorable Mention
Hale High School, Raleigh

PRIVATE LOWER SCHOOL

Standing Ovation
Ravenscroft, Raleigh/ St. Timothy's, Raleigh

MetroBravo
Durham Academy, Durham

Honorable Mention
Cary Academy, Cary

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MEDICAL

One of the statistics cited over and over by people—especially aging baby boomers—as reason for moving to the Triangle and points east is the access to quality health care.

From emergency room care to rehab, heart and cancer research to the latest in LASIK eye care, birthing to health clubs, it's hard to imagine a region in the United States that offers more in terms of choice and quality.

WakeMed and ECU Medical School, for example, are investing millions in new, expanded efforts for cardiac care. And Duke recently announced plans for a new institute to study and treat pediatric brain tumors.

As the boomers age, Raleigh, the Triangle and Down East are the place to be.

HOSPITAL

Standing Ovation
Rex Healthcare

MetroBravo
WakeMed

Honorable Mention
Duke University Medical Center

EMERGENCY ROOM

Standing Ovation
Rex Healthcare

MetroBravo
WakeMed

Honorable Mention
UNC Medical Center
Duke University Medical Center

BIRTHING

Standing Ovation
Rex Healthcare

MetroBravo
WakeMed

Honorable Mention
UNC Medical Center

CARDIAC CARE

Standing Ovation
WakeMed

If you're thinking about getting LASIK, you're probably wondering a few things:
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What should I know about the doctor?
Will it really work as they say?
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CANCER CARE

Standing Ovation
Rex Healthcare

MetroBravo
Duke University Medical Center
Honorable Mention
Rex Healthcare

VEIN CLINIC

Standing Ovation
Cary Skin Center, Apex

MetroBravo
Duke Vein Clinic, Durham
Honorable Mention
Vein Clinic, Durham/Dr. Watters, Executive Surgical Center, Raleigh

EYE CARE CENTER

Standing Ovation
Duke Eye and Ear

MetroBravo
Eye Care Associates, Cary
Honorable Mention
NC Eye and Ear, Durham

PLASTIC SURGERY

Standing Ovation
Duke Plastic and Reconstructive Surgery, Durham

MetroBravo
Raleigh Plastic Surgery, Raleigh
Honorable Mention
Dr. Michael Law, Aesthetic Plastic Surgery, Raleigh

LASIK EYE CENTER

Standing Ovation
Duke Eye Center, Durham

MetroBravo
Dr. Kelly, Raleigh
Honorable Mention
Raleigh Eye Center, Raleigh

HEALTH CLUB

Standing Ovation
Pulse Athletic Club, Raleigh

MetroBravo
YMCA, Triangle-wide
Honorable Mention
Rex Wellness Center

DAY SPA

Standing Ovation
Skin Sense Day Spa, Cary

MetroBravo
Blue Water Spa, Raleigh
Honorable Mention
Iatria, Raleigh

WELLNESS

Standing Ovation
Rex Healthcare

MetroBravo
Duke University Medical Center
Honorable Mention
Vi-Quest, Greenville

TECHNOLOGY

Wired Magazine ranks the Research Triangle as the world's fifth most significant high-tech region in the world and the local techies are moving to broadband—in other words, multimedia access for music and video and the Internet at high speed. Road Runner cable Internet service is Metro readers' choice as best Internet Service Provider, reflecting the move to

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MetroBravo

AOL

Honorable Mention
Earthlink/Mindspring

COMPUTER

Standing Ovation
Dell

MetroBravo

Gateway

Honorable Mention
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Dot Hughes, Raleigh NC

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Craig Q. Adams, DDS; Raleigh NC

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Gail Jones, homemaker & tennis fanatic; Raleigh NC

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The inaugural Wilmington Nautical Festival, a two-day family-oriented event, will quicken the tempo along Wilmington’s scenic riverfront on July 25-27 in celebration of the area’s nautical culture. Activities that showcase the arts, history, culture and the region’s natural assets will be highlighted by tours of the spectacular three-masted sailing ship, the visiting US Coast Guard Barque Eagle, “America’s Tall Ship” (shown right), the USCGC Diligence and the Battleship North Carolina. Other special events will include children’s activities, a visiting pirate ship, parade of sail, Cape Fear Community College wooden boat show, art and museum exhibitions and Cape Fear region foods and music. The annual Cape Fear Blues Festival will run concurrently with this year’s Wilmington Nautical Festival, featuring concerts by local, regional and national artists (www.capefearblues.com). For more information about the Festival, call 910-341-3237 or 910-341-7855 or visit www.nauticalfestival.com. For information on Barque Eagle, visit www.uscg.mil/datasheet/wixtrain.htm.

Ten by Ten Play Festival, an international festival of new, 10-minute plays will be produced at The ArtsCenter, Carrboro, on July 10-13, & 17-20. In this, the Festival’s second year, more than 450 plays from around the world were submitted to a national panel of directors, educators and theater artists who selected 10 plays to showcase in The ArtsCenter main-stage theater. The 10 plays will be presented together as an evening of theater and all 10 shows will run each night with an intermission at the halfway point. The scene shown above is from Miss Kentucky by Allison Williams, one of the productions selected to be shown in Ten-by-Ten.

Guest Directors for Ten by Ten are Thomas King, Carolina Theatre; Taibi Magar, Otterbein College; and Lynden Harris, Theatre Orange. Harris is also artistic director for the Festival. Some of the playwrights can claim national and international awards; others are just beginning their careers. Ten plays, ten actors, ten minutes, ten bucks. The ArtsCenter is located at 300-G East Main St., Carrboro. For more information call 919-929-2787 or visit www.artscenterlive.org.

Two dynamic new productions, DNA: The Secret of Life and Life in the Universe, have opened at the Morehead Planetarium and Science Center in Chapel Hill. DNA: The Secret of Life honors the 50th anniversary of the discovery of DNA’s double helix structure. The film explores the DNA molecule and considers the future of genomic research. Project collaborator was Dr. James Watson, co-discoverer of the DNA structure, Nobel prizewinner and author of a new book, DNA: The Secret of Life.

Life in the Universe, a complement to the DNA film, has just opened in the Planetarium’s Star Theater. This program explores fundamentals of life on Earth from the smallest cellular structures to the largest sea mammals and investigates the possibility of life elsewhere in the universe. Actress Sharon Lawrence, a UNC alumna and Raleigh native, is narrator and recorded her part for the production in Chapel Hill during a visit to North Carolina in late April. (Shown below is a shot of the recording session.) For more information about tickets and show times for these Planetarium events, call 919-843-7995 or visit www.morehead.unc.edu.
AS JULY FLIES BY...

IN THE MUSEUMS


Carolina on My Mind: The James Taylor Story on exhibit; Chapel Hill Museum, Chapel Hill; July-Dec. Call 919-967-1400.


Rachel Carson Reserve Trips, beachcombing & bird watching on the NC National Estuarine Reserve; NC Maritime Museum, Beaufort; July 9, 14, 28. Call 252-728-7317 or visit www.ncmm-friends.org.

Folk Pottery Workshop, Terry Zug discusses acquiring and caring for antiques and other collectibles; Orange County Historical Museum, Hillsborough; July 10. Call 919-732-2201.

Adults Learn to Sail classes, basic sail training; NC Maritime Museum, Beaufort; July 11 & 25. Call 252-252-728-7317 or visit www.ncmm-friends.org.


A Hard Time Living, exhibit focusing on Orange County from 1800-1830 and migration to other areas; Orange County Historical Museum, Hillsborough; July-October. Call 919-732-2201.


AT THE THEATER

American Dance Festival, performance schedule for July (below); at Duke University, Durham, and other venues; for information call 919-684-6402. tickets 919-684-6402 or visit www.americandancefestival.org

Nrityagram Dance Ensemble, classical Indian dance styles with ever-changing modern dance ideals to develop, preserve & popularize Indian dance & martial dance arts; July 1-2, Reynolds Industries Theater, Duke University

Eiko and Koma, fresh choreographic resonance wherever it is performed:
—July 1, 11:30 a.m. GlaxoSmithKline in RTP
—July 5, 8 p.m. Duke’s East Campus
—July 8, 8 p.m. UNC McCorkle Place in Chapel Hill

Paul Taylor Dance Company, a richly diverse repertoire reflecting the cultural heritage of a career spanning five decades; July 3-5; Page Auditorium, Duke University

ADF Faculty Concert, an imaginative array of dance styles & ideas; July 6; Page Auditorium, Duke University
Still Life with Fruit (1855–60), oil on canvas by Severin Roesen from the Collection of NC Museum of Art, on view at Louise Wells Cameron Art Museum.

Shen Wei Dance Arts, premiering the second half of *Rite of Spring*; July 7–9, Reynolds Industries Theatre, Duke University.

Dairakudakan, US premiere of director Maro’s re-staged *Ryuba*, the story of the eternal old woman who lives in everyone’s subconscious, followed by world premiere of dancer Muramatsu’s *Takarajima*; July 10–12, Page Auditorium.

Tribute to Carmen de Lavallade, recognizing the dual role of teachers in passing on dance history & tradition & in guaranteeing the future creativity of the art form; July 13, location TBA.

International Choreographers Commissioning Program; July 14–16, Reynolds Industries Theatre.

Bill T. Jones/Arnie Zane Dance Company, 11-member company fusing dance and theater; July 17–19, Page Auditorium.

**Romeo & Juliet** performed by Loessin Summer Theatre; McGinnis Theatre, ECU, Greenville; July 9–12. Call 252-328-6829.

**The Sound of Music**, Presented by the Opera House Theatre Company; Thalian Hall, Wilmington; July 9–13, 18–20, 25–27. Call 910-762-6234 or visit www.operahousetheatre.net.


**Robin Hood**, Larry Blamire’s humorous retelling of the famous Sherwood Forest tale; Raleigh Little Theatre, Raleigh; July 18 & 25 at 7:30 p.m., July 19 & 20 and 25–27 at 2 p.m., July 23 & 24 at 10 a.m. Call 919-821-3111 or visit raleighlittletheatre.org.

**Short and long-form improvisational theater**; West End Theater, The ArtsCenter, Carrboro; July 19. Call 919-928-9756 or visit www.Transactors.org.

**William Shakespeare’s Measure for Measure**, performed by Triangle teens of the Summer Theatre Conservatory at Burning Coal; Leggett Theatre, Peace College, Raleigh; July 25. Call 919-388-0066.

**Arturo Sandoval** jazz trumpet player extraordinary, will perform with NC Symphony in “Summerfest” at Regency Park, Cary.

**Puss in Boots**, Summer Children’s Performance Series presented by the Tarradiddle Players; The Film Theatre, Roanoke Island Festival Park, Manteo; July 22–25. Call 252-475-1500 or visit www.roanokeisland.com.

**Lost Colony Dance Concert**, an opportunity to join this season’s cast of *The Lost Colony Symphonic Drama*, during their annual Festival Park performance under the stars; The Outdoor Pavilion, Roanoke Island Festival Park, Manteo; July 27. Call 252-475-1500 or visit www.roanokeisland.com.

**CLASSICAL CONCERTS**

NC Symphony’s Summerfest, concerts listed below; Regency Park Amphitheatre, Cary. Call 919-355-7950 or visit www.ncsymphony.org.

**NC Symphony’s Summerfest**

**The Sound of Music** performed by Loessin Summer Theatre; McGinnis Theatre, ECU, Greenville; July 9–12. Call 252-328-6829.


**Puss in Boots**, Summer Children’s Performance Series presented by the Tarradiddle Players; The Film Theatre, Roanoke Island Festival Park, Manteo; July 22–25. Call 252-475-1500 or visit www.roanokeisland.com.

**Lost Colony Dance Concert**, an opportunity to join this season’s cast of *The Lost Colony Symphonic Drama*, during their annual Festival Park performance under the stars; The Outdoor Pavilion, Roanoke Island Festival Park, Manteo; July 27. Call 252-475-1500 or visit www.roanokeisland.com.
919-733-2750 or visit ncsymphony.org.

- Independence Day Concert and Fireworks, Jeffrey Pollock conducting soul-stirring patriotic favorites & an eye-popping fireworks display, July 4.
- 1812 Overture, Celebrations, Vacations & Festivals, William Henry Curry conducting; festive music by Grieg, Saint-Saens, Respighi, & Tchaikovsky, July 5.
- Arturo Sandoval, Jeffrey Pollock conducting, is a jazz trumpeter with spectacular virtuosity, dramatic finesse & fine technique, July 12.


POP MUSIC

Jazz and more, Sunday brunches with local bands; Weaver Street Market, Carrboro; July-Oct. Call 919-929-0010.

Friday on the Front Porch, bluegrass music on the veranda; Carolina Inn, Chapel Hill; July-Sept. Call 919-933-2001.

Thursday After Hours Concerts, local bands performing on front lawn; Weaver Street Market, Carrboro; through Sept 18. Call 919-929-0010.

Matchbox Twenty, Sugar Ray, American Hi-Fi (Fireworks Display); Alltel Pavilion at Walnut Creek; July 5. Call 919-831-6666 or visit www.alltelpavilion.com.

Chicago; Alltel Pavilion at Walnut Creek; July 11. Call 919-831-6666 or visit www.alltelpavilion.com.

Summer Jazz Concert, featuring Benny Green Trio, sponsored by Coastal Jazz Society; Crystal Coast Civic Center, Morehead City; July 12. Call 252-726-7081.

Alabama; Alltel Pavilion at Walnut Creek; July 12. Call 919-831-6666 or visit www.alltelpavilion.com.

The Breeze Band, shag lessons and more; Scoreboard Bar & Grill, Pittsboro; July 13. Call 919-542-0367 or schedule requests at scoreboard@combu.com.

Sons of Steel in a Celebration of Steel, SuperFun for Kids series, calypso, reggae, jazz, & funk; The ArtsCenter, Carrboro; July 16. Call 919-929-2787 or visit www.artscenterlive.org.


An Evening of Gospel Music, Rev. Shirley S. Melvin, MD, Senior Minister at ALIV Ministries Church, long-time gospel artist, presented by 4th Fridays; Cumberland County Public
Willie Marlowe, works on paper; Solo Gallery, Gallery C, Raleigh; July 11-Aug. 28. Call 828-3165 or visit www.GalleryC.net.

The Parking Garage, works by David Koslowski & Children's Summer Camp Art from the DAC School; Art Exhibits Durham Arts Council; July 11-Aug. 10 [Reception July 13]. Call 919-560-2787 or visit www.durhamarts.org/-exhibits_schedule.html.


Boy Chair by John Rosenthal, Valle Crucis, NC, limited edition giclee print, on view at Tyndall Galleries, Chapel Hill.

Wisdom ("Wiz") Kudowor, 2003 Summer Artist in Residence at Artspace, Raleigh;

Boy Chair by John Rosenthal, Valle Crucis, NC, limited edition giclee print, on view at Tyndall Galleries, Chapel Hill.

GALLERIES, EXHIBITIONS & ART TOURS
32 scenes of Raleigh, showcasing 32 Raleigh artists, various mediums; Little Art Gallery and Craft Collection, Cameron Village, Raleigh; thru July 28. Call 919-890-4111.

Andre Masson, Master Artisan, a superb painter working in figurative, surreal and cubist styles; Animation & Fine Art Galleries, University Mall, Chapel Hill; July 1-26. Call 919-968-8008 or visit www.animationandfineart.com.

Coastal Images by Mark Horton; City Art Gallery, Greenville, through July 15th. Call 252-353-7000.

Acrylic paintings by Dalia Rullan Walker; North Carolina Botanical Garden, Chapel Hill; July 1-Aug. 31. 919-962-0522.

Four Photographers: John Rosenthal, Caroline Vaughan, Elizabeth Kunreuther, Melissa Chiti; on exhibition at Tyndall Galleries.

Draped Figuration by Edinam Wisdom Kudowor, 2003 Summer Artist in Residence at Artspace, Raleigh;

Boy Chair by John Rosenthal, Valle Crucis, NC, limited edition giclee print, on view at Tyndall Galleries, Chapel Hill.


First in Flight

Women and Flight, a Smithsonian traveling exhibition, featuring 75 black & white photographs of contemporary women pilots by Carolyn J. Russo, photographer at National...
Air & Space Museum, Washington, DC; Wright Brothers National Memorial, Kill Devil Hills; now through July 27. Call 252-441-6291.

**Fascination With Flight**, North Carolina artists interpret flight as well as other events celebrating flight during an eight-week celebration; Cameron Art Museum, Wilmington; July 18–Sept. 7. Call 910-395-5999 or visit www.cameronartmuseum.com.


**SPORTS & RECREATION**

**Durham Bulls** home games, triple-A baseball; Durham Bulls Athletic Park, Durham; Information 919-687-6500, tickets 919-956-2855 or visit www.durhambulls.com. Durham Bulls vs:
- Toledo Mudhens, July 1
- Buffalo Bisons, July 8–11
- Norfolk Tides, July 12-13
- Indianapolis Indians, July 25–28
- Norfolk Tides, July 29–30

**Fourth of July Offshore Tournament**: Pirates Cove Marina, Manteo; July 5–6 (register July 4). Call 800-422-3610 or visit fishpiratescove.com.

**Carolina Courage** soccer games; SAS Soccer Stadium, Cary. Call 919-573-7626 or visit www.carolinacourage.com. Courage vs:
- Atlanta Beat, July 4
- New York Power, July 12
- San Diego Spirit, July 19
- San Jose CyberRays, July 30

**Hammerheads** professional soccer, Legion Sports Complex, Wilmington; Call 910-796-0076 or visit www.hammerheadssoccer.com. Hammerheads vs:
- Carolina Dynamo, July 5
- Raleigh, July 12
- Reading Rage, July 18
- Northern Virginia, August 2

**Wilmington Sharks** baseball games; Legion Sports Complex, Wilmington; Call 910-343-5621 or visit www.wilmingtonsharks.com. Sharks vs:
- Durham Americans (Boy Scout Day), July 6, July 31
- Gastonia Grizzlies, July 10 & 11
- Wilson Tobs, July 16 & 24
- Fayetteville SwampDogs, July 18 & 26
- Petersburg Generals, July 28
- Edenton Steamers, July 29

**Captain Fannie's Billfish Tournament**: Anchorage Marina, Atlantic Beach; July 10–12 (captain's meeting July 9). Call 252-726-4423.

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Auto Racing; Orange County Speedway, Rougemont. Call 336-364-1222:
- Open Practice, July 10
- Boyd's Automotive of Oxford All Divisions, July 12
- Triad Custom Builders All Divisions, July 19
- All Divisions, July 26

Summer Time Blues Dressage Show; Eastern Agricultural Center, Williamston; July 18. Call 252-792-5111.

24th Annual Historic Beaufort Road Race, divisions for the whole family; downtown Beaufort; July 19. Call 252-222-6359.

Extreme Sports Show & Demo: wave runners, kites, skiers on the waterfront; Crystal Coast Civic Center, Morehead City. Call 252-247-3883.

Port City Diesel Football Game; Legion Sports Complex, Wilmington. Call 910-259-3210 or visit www.portcitydiesel.com. Port City Diesel vs:
- Carolina Grizzlies, July 19
- Goldsboro Bull Dawgs, July 26


Annual Captain Eddie Haneman Sailfish Tournament; Bridge Tender Marina, Wrightsville Beach; July 26. Call 910-256-6550.


Edenton Bay Challenge, open-class small sailboat races; Edenton Yacht Club; July 26-27. Call 800-775-0111.

East Coast Professional Baseball Showcase; UNC-W, Wilmington; July 30-Aug. 2. Call 910-962-3570 or visit www.uncwsports.com

Old Fashioned Fourth of July Celebration, concert by the Village Band, ice cream and lemonade, bring lawn chairs or blanket; Horace Williams House, Chapel Hill; July 4. Call 919-942-7818.

Fourth of July Celebration, Revolutionary War re-enactments (King’s Own Patriots), games, crafts, garden tours, tea for young ladies; Joel Lane Museum House, Raleigh; July 4. Call 919-833-3431.

Carteret County Arts & Crafts Coalition Summer Show, juried art show and sale; Beaufort Historic Site, Beaufort; July 5-6. Call 252-726-3262.

Camp Yesteryear, weeklong day camp for children to explore Colonial Life; Tryon Palace Historic Sites & Gardens; July 7-11. Call 252-636-6606.

Following Their Trail—Orange County Migration, Orange County History Symposium; downtown Hillsborough; July 19-20. Call 919-732-2201.

After Hours Garden Party, Nancy Anderson will talk about propagation methods & getting the most out of plants in the garden; Cumberland
County Public Libraries, Bordeaux Branch; July 22. Call 919-424-4008.

**Crape Myrtle Festival Gala**, fundraiser for HIV/AIDS service organizations with comedian, actress, author, mother Sandra Bernhard performing her one-woman show; Raleigh Memorial Auditorium in the BIT Center for the Performing Arts; July 26. Call 919-621-4455 or visit www.crapemyrtlefest.org.

**Mission: R.E.A.D. Celebration**, celebrate the end of the Summer Reading Club; Cumberland County Public Libraries:
- Headquarters (910-483-7727 ext. 300),
- Cliffdale Regional Branch (910-834-3800) & East Regional Branch (910-485-2955) all on July 31
- Bordeaux Branch (910-424-4008), Hope Mills Branch (910-425-8455), North Regional Branch (910-822-1998) and Spring Lake Branch (910-497-3650) all on Aug. 1.


**North Carolina Watermelon Festival**, music, food, rides, antiques/collectibles/crafts, fireworks, & watermelon; Murfreesboro; July 30-Aug. 2. Call 252-398-5922.


**Share-A-Haircut**, Hair Cuttery, every child's haircut purchased (up to age 18) equals a donated haircut to children in the Wake Department of Social Services for back to school; any Hair Cuttery; Aug. 1-15. Call 919-882-1954.

**Bugfest**, world's buggiest festival, featuring bugs to watch, examine or EAT, including amazing and bizarre live animals such as foot-long Malaysian walking stick & venomous giant South American centipede; NC Museum of Natural Sciences, Raleigh; Aug. 9. Call 919-733-7450.

Our thanks to Suzie Humphrey and Becki Williams for their assistance with Preview.

**Editor's Note**: Please send events information and color images, slides or photos six weeks before publication date to Frances A. Smith, Metro Magazine, 5012 Brookhaven Drive, Raleigh, N.C. 27612 or email fsmith5@nc.rr.com.
OF NOTE OUTSIDE THE REGION

There is No Eye: Photographs and Stories by John Cohen, is a major retrospective of over 120 photographs by jazz musician John Cohen on exhibit at the Weatherspoon Museum in Greensboro now through Aug. 8. The exhibit coincides with the Smithsonian Folkways Recordings release There Is No Eye: Music For Photographs which features music by many of the musicians Cohen photographed, including Bob Dylan, Muddy Waters, Roscoe Holcomb, Woody Guthrie, Bill Monroe and Cohen's own New Lost City Ramblers. The exhibition debuted in Boston in January 2002 and has traveled to Washington, DC, Chicago, Santa Fe and New Haven, CT. It will travel to two other venues: the Ackland Art Museum at UNC, Chapel Hill, and the State University of New York (SUNY) at Purchase. Cohen's portraits illustrate all areas of his work: New York City of the 1950s, the Beats, American traditional music, as well as his travels in Peru and the American South.

Riders in the Sky, the Grammy award-winning western quartet with Ranger Doug, Woody Paul, Too Slim & Joey, will make their annual appearance at Tweetsie Railroad on July 19 & 20 (twice daily, noon & 3 p.m.). Admission to the Riders' concert is included in the regular admission fee. Tweetsie, a narrow-gauge train, named by locals for its "tweet, tweet" whistle, once carried passengers through the Blue Ridge mountains from Boone to Blowing Rock. Now the center of a theme park with entertainment, a musical show, a general store and a frontier town, the little train offers a nostalgic three-mile ride into yesteryear. Tweetsie Railroad is located in the Blue Ridge Mountains on Highway 321 between Boone and Blowing Rock. For information about other guest performers during Tweetsie's 2003 season, call 800-526-5740 or 828-264-9061 or visit www.tweetsie.com.

The 2003 season of the North Carolina Shakespeare Festival will open at the High Point Theatre in High Point on Sept. 5 and run through Oct. 4. Plays to be performed in repertory are A Midsummer Night's Dream and The Merchant of Venice. For tickets call 336-887-3001 or visit www.ncshakes.org.

HAPPY HOLIDAYS FROM THEATRE IN THE PARK

Tickets to the 29th annual hit musical production of A CHRISTMAS CAROL (with Ira David Wood III as Scrooge) go on sale to Season Members only beginning July 1, 2003! Become a Season Member TODAY! 919 - 831 - 6058
I can still remember as a child in the sixth grade from Wadesboro, NC, the first time my class took the two-hour road trip in a broken-down bus to Raleigh to visit the North Carolina Museum of Art. At that time it was located downtown just a block from the Capitol building, and my eyes bugged out in awe at the elegant first-century B.C. marble statue of Bacchus that stood in the foyer near the staircase. The statue had been donated by the Hanes family of Winston-Salem, if memory serves me correctly, and its cool lines and patrician pose made quite an impression. Little wonder then, that on my recent field trip to Raleigh to check out the local art scene, I made the museum my first destination.

The Kress Collection, which forms the hub of the museum holdings, glows with more intensity each year, and is understandably able to hold its head high along with its brethren in other countries. Last year I toured the Hermitage Museum in St. Petersburg, Russia, and wandered the corridors past windows open to the elements, past sleeping women who served as makeshift guards, past Da Vincis and Raphaelas, past wall-sized Matisse and Picassos that made you faint. The rooms were crowded with amazing masterpieces at every turn, yet none were treated as a deity. At one point I was so swept away and so brazen that I even reached up to touch the surface of a portrait of Josephine Bonaparte, just to make certain she was real. Could this happen at the NC Museum? I think not; they would snatch you bald in their germ-free environment. I once became embroiled in a fight with a security guard after touching the buttocks of a Roman statue at a private black-tie party to celebrate an anorexic Giacometti sculpture being donated by Sara Lee to the museum, and I am certain only kind words from Larry Wheeler excused me from years of manual labor in the museum cafe.

Even so, in our state museum, the cool gaze of Canova's Venus enchants, as does the hauteur in the portrait of Louis XIV as a child by Rigaud. I am not as much in love with our contemporary collection; in fact I cringe every time I see that horrid Alex Katz, with those ugly 15-foot-tall women gawking at me...or that downer of a painting by Anselm Kiefer on the back wall. Somebody in the contemporary department needs to stop tracing pale paths in the sand behind better museums if they want to have a truly stellar modern collection.

SAUNTERING AROUND RALEIGH

After a bite of lobster quiche and a few sips of sherry, I sauntered down to Ridgewood Shopping Center and stopped in Gallery C to see what was up. Adam Cave warmly greeted me and showed me around the collection of outsider art on display. Charlene Newsome is a survivor and has a finger on the pulse of the local art market, and I am always amused by the artists in her stable. Matt Cooper, Joel Bergquist and Trisha Edwards always offer interesting images, and the gallery should be a stop on any itinerary to the capital city, but it is about time to get rid of that sea-foam-green color scheme that is starting to appear dated.

If you are looking for the perfect gallery in which to chill out, listen to a fresh new DJ, check out hip art and have a glass of wine or two, then by all means make a beeline to Bickett...
Gallery, located at 209 Bickett Blvd, just off Fairview Rd. Founder Molly Miller will be happy to give you the grand tour of the space, which has an urban feel and recently showcased the amazing works of artist Melissa Reed, who did a stunning job evoking the memory of 9-11 with her new works. Bickett Gallery always has an edgy presence that you will find refreshing.

I zoomed over to Lee Hansley's gallery on Glenwood Ave. and discovered the fantastic over 50 regional artists. I was drawn to one of Andre Leon Gray's amazing assemblage creations featuring elegant voodoo designs, and Jason Craighead's conversations with the 1950s action painters deserve more than a passing glance with their lush, painterly strokes. The gallery takes a MUCH smaller commission than most other sales galleries, so I am certain they will be able to pick and choose from the best of the litter of local artists for their stable.

I sneaked a peek into Raleigh Contemporary Gallery down in Moore Square and assumed I was in the middle of a hanging since so many paintings were crowded onto the floor. I saw some works by Jacob Cooley on display (but then they are everywhere now aren't they?). His languid landscapes have a lovely surface treatment but, in some ways, they appear a little too similar to the works of John Beerman (or is that vice versa?). A little more variety would be appreciated in his offerings, but he has a good thing going at many of the local galleries and I wish him well. Next I peeked into the door of the Wake Visual Arts Exchange, just next door, and gave a quick peek to the delightful show of African masks on display.

Just around the corner, Artspace offers a cornucopia of visual treats. Not only can you savor two galleries of fresh exhibitions, you can chat up artists in their studios and grab great art while the paint is still wet. David Solow is a genius with his show in gallery 1, featuring his amazing depictions of grandeur and decay. After a long gander, I wandered the corridors to check out what was up in individual artists' spaces as well. Max Halperen is always up to something on the second floor with his colorful paintings; Madonna Phillips is one of my favorites, and the entire country is taking note of her amazing talents; she is now in demand at the finest art fairs throughout the year. Paris Alexander, Kyle Highsmith, Dianne Rodwell, and Eric McRay, among others, make Artspace a destination worthy of your time.

Here is what strikes me as remarkable: At the turn of the century, Paris, France, had about the same population as does Raleigh-Durham-Chapel Hill today, but Paris was supporting hordes of artists full time. What has happened? We certainly have the talent, but perhaps it just takes a few more moments of introspection on the part of the patron to turn our budding scene into another oasis on the visual arts landscape...don't ya think?
SUMMERTIME AND THE LIVING IS EASY?

You can bet money on one thing: George Gershwin was not from Down East or he would never have written the classic “Summertime” for his opera Porgy and Bess.

Barning tobacco in 101 degree weather. Trying to sleep when it has “cooled down” to 85 and no breeze is stirring and the fan is just blowing hot air around and air conditioning is just a sweet memory from last Saturday’s visit to the Belk’s store? “Summertime and the living is easy?” George, you must be kidding.

I heard a TV preacher tell his listeners the other night that if they didn’t straighten up they were going to find themselves in the middle of Hell “sizzling like a sausage on an outdoor grill.” Between you and me, I know exactly what he meant. You do, too, if you have ever experienced the dog days of August in the rural east.

Actually, we easterners have a love-hate relationship with summer—that protracted season of hot, humid, generally miserable weather sandwiched neatly between a glorious week in the spring and a pleasant week in the fall. We can’t wait for it to come, complain about it the whole time it is here, and then pine for it when it is gone.

Three easily identified flying objects—gnats, flies and mosquitoes—are sufficient reason to swear off summer.

Gnats are enough to make you cuss. They congregate in unseemly places, and then get in your mouth and eyes and fly straight up your nose. Our neighbor, “Pop” Mason, who retired from Up North to Buies Creek, had never experienced them and called them “damn little flies,” to the consternation of his saintly wife, who would go, “Oh, Dad!” and wave him away each time he let loose an oath. Oddly, we don’t have gnats up here in the Piedmont—at least not that I have seen. I find that peculiar. Wonder if their little ole wings are too weak to fly at this altitude?

As for flies, Ralph Waldo Emerson, said—and don’t ask me why—“Do what we can, summer will have its flies.” Maybe he was being philosophical—making an observation about human nature and spoilers or something. I certainly hope so. I hope Emerson had something more to worry about than the flies on my watermelon.

Then, mosquitoes. We folks Down East have served as a private blood bank for mosquitoes since Adam and Eve. Some enterprising mosquito from a Bertie County swamp infected me with malaria about age five. The old scourge is still around. I suppose, plus exotic viruses that we have accidentally imported and tasked mosquitoes with distributing to the general population.

Those of us from the East know what the phrase “bitter as quinine” means. There must be better treatment for malaria now than the tonic they forced in us to stop the chills and raging fevers.

We folks think we are something—special creations of God. I would argue that we are since we are “of” the East. But to a mosquito—to a mosquito—we are nothing but a pair of ears to buzz in after the lights go out and a tasty midnight snack. You reckon we could ask God to start all over and make mosquitoes vegetarians?

But I am not about to take a totally contrarian view about summer. There were many good things about it when I was growing up. One of those was being able to go barefooted.

I have never checked Blum’s Almanac, which, incidentally, was first published by John Christian Blum just across Tanners Creek from me in Old Salem, so I don’t know whether Blum had an opinion on when it was okay to shed shoes for summer. But my mother did. She was convinced that if you went barefooted before the weather was just right, you would die of a pneumonia, sure as shootin’. About Easter, we would start entreating. Finally some time in late May or early June we would wear her down and once again become the fledglings

John Greenleaf Whittier spoke of so fondly when he said, “Blessings on thee, little man, / Barefoot boy, with cheek of tan!”

Brother Don thinks barefoot season started when school turned out. There is a good reason for that. Feet that had been crimped inside shoes for months would “spread out” when freed of laces, soles and leather constraints. Putting on shoes in the morning to go to school after running about the countryside barefooted might be painful. If you waited until summer to go barefooted, new, back-to-school shoes could be bought in September to accommodate the spraddled feet.

“It was a great thrill,” Don wrote recently from Greenville, “to come home on the last day of school, throw off your shoes and just run. Felt so good, as if I had just been ‘sprung.’”

Going barefooted was not without hazards. Don mentioned several. Stepping on a lit cigarette. Hot cement or asphalt. “Stumping” a toe. Broken glass. Sand spurs—oh, Lord, did they hurt! And then there was something called, “ground itch” that you could pick up—a polite term for hook worms—a nasty parasite that can take you down if it makes its way into the bloodstream through a break in the skin.

Bumblebees were constant threats. Honeybees were double trouble. Both loved clover, and there was clover aplenty in our back yard. Bees, like most of us and God’s other little creatures, want nothing more than to be left alone, but when an unwary barefoot boy comes down hard on them, they inject their fierce stingers and, in doing so, doom themselves to death, they say. I did many a one-legged dance as I gripped my foot in two hands and tried to pull a stinger out. A compress of chewing tobacco fresh from the jaw or snuff from a lip would ease the throbbing.

Don mentioned another hazard of going barefoot—cutting a toe while chopping. Harnett County soil, particularly, was full
of rocks, and the blade of your hoe was apt to glance off a fieldstone and deal a blow to a naked foot. I have a vivid memory of having that happen while weeding peas. I stood wailing with blood oozing from my big toe and making patterns in the dust on my feet, expecting sympathy and instructions to go to the house—blessed relief from a backbreaking, hand-blistering chore. Instead, my stepfather came over, gave my foot a quick look and dismissed my suffering summarily by saying, "Anything to hinder. Anything to hinder."

A major cut could end work for the day so the wound could be soaked in kerosene and wrapped with a bandage. But mine was adjudged a futile attempt to malinger, and I had to continue chopping, bloody toe and all, in the boiling July sun.

I have no idea at this point in life how the Good Lord will choose to take me. In fact, I may already have dodged a few bullets rambling about the world plying my trade in places rife with social foment and political intrigue. But as a child, I knew exactly how I would die.

Lockjaw.

"You'd better not step on a nail or you will get lockjaw and die," my mother warned me time and again. Nice thought, Mother!

Yep, lockjaw. No doubt about it. I would step on a rusty nail that was home to *Clostridium tetani*, and they would infect me with a toxin that would cause my jaws to spasm violently, then slowly lock irrevocably. "Can't pry them open with a crowbar," I remember folks saying.

To this day, I have never known anyone with lockjaw. I am not even sure the disease exists—yet, while growing up, any small, metal-related scratch meant an urgent trip to see Dr. Blackmon and another painful tetanus shot.

Although there is still time, I figure my chances of getting tetanus have diminished greatly. I venture to say, though, when I greet my mother at the Pearlie Gates, her first words will be, "Uh, huh! I told you to watch out for rusty nails." After I have clogged my final, functioning artery by eating one last, sumptuous ham hock, let my epitaph read, "Disappointed that lockjaw didn't kill him."

My cousin Steve Lanier, who was reared in Tarboro and lives in Durham now, says that summer can also be a time for something else—coming of age. Steve, an environmental expert with a Ph.D. and a national reputation, wrote me a delightful letter while sitting on his mother's back porch in Tarboro on Mother's Day. I was there earlier this year when Steve's mother, my Aunt Evelyn Lanier, and I attended the Edgecombe County Cultural Arts Ball together. I will find an excuse to go back when her scuppernongs get ripe this fall.

The Ball was a storybook evening at historic antebellum Coolmore Plantation where General Joseph K. Spiers and his wife Janet opened their home to us, and we dined on shrimp—mounds of them—and filet artfully presented by Alison Thomas of Snow Hill's Scarborough Fare caterers. Co-chairs Bill Bourne, who teaches in the local schools, and Sharon Britt, Rocky Mount attorney, made sure it was a memorable evening. We partied and danced to the music of the "Band of Oz" under a huge canopy decorated by Anne Boone Shelton Urquhart of Speed and Mary Jane Jenkins, Louise Poitras and Rena Harris of Tarboro. The Edgecombe County Cultural Arts Council is doing great work and will miss mainstay, Meade Horne, who is retiring July 1 after making the organization a major force in the county. She deserves a grand send-off.

I don't know why I let you get me off track. We have to get on with Cousin Steve's "coming of age."

Steve wrote, "You may recall that before Granddaddy died, David and I spent a number of summers in Buies Creek."

"That started the year I turned 10, and Daddy was sick. Granddaddy died, David and I spent a day looking for a "city" because they had a swimming pool there and a movie theater that Steve's "coming of age." Steve declared.

I do recall because I spent many hot, summer days playing with these "city cousins" at Papa's farm. To me, Tarboro seemed a million miles away and might as well have been Atlanta or New York. It had to be a "city" because they had a swimming pool there and a movie theater that Steve's father managed. Steve was an inquisitive, eager sort, who wanted to try everything, including helping barn tobacco. The locals, you could tell, weren't too keen on having Mr. Fulton Lanier's uninitiated, city-dwelling grandson under their feet but humored him just the same.

"The first year was spent 'handing,' but the next year I was promoted to driving the mule. I do know the North end of a South-bound mule! Well, one day," said Steve, "Floyd Upchurch (the sharecropper on the farm) was sick, and I got drafted to fill in as a primer."

Primers had the toughest job and worked in the fields in blistering heat, bent double, pulling the leaves from the stalks. At the end of the day, they had to hang the heavy sticks of tobacco in the barns to cure, which required exceptional strength and the ability to balance, spread eagle, high in the barn with legs braced against "tier poles" that were several feet apart.

"I might have picked a few green leaves, and I may have left a few ripe ones, but I was determined to keep up with the men. I quickly learned the art of carrying tobacco between my legs and using both hands to 'pull two rows," Steve said.

"That evening, after almost splitting apart to stretch my legs between tier poles, having a head full of falling sand (from tobacco being passed up higher into the barn to be hung), and rubbing the tobacco gum off my hands and arms with a rotten tomato, we headed to the old house for another dose of peas and corn. The only way that I could tell that it wasn't breakfast, was that we didn't have peas," Steve declared.

"Later Granddaddy and I were sitting on that big, old front porch trying to catch any trace of a cooling breeze." Papa could sit quietly for what seemed like hours, gently rocking, thinking, and tapping the tips of his fingers together. "While sitting there he called me 'Steve' for the first time. I had done what he considered a man's day's work and had successfully graduated from 'boy' to a human being with a name."

Steve has built with his own hands a cabin in the Blue Ridge where he can escape Pop Mason's pesky "damn little flies" and the oppressive heat that deviled us during the day and denied us sleep on summer nights when growing up. Between you and me, I bet he sits quietly on the porch there many an evening, gently rocking and unconsciously tapping the tips of his fingers together like Papa did while savoring the memories of Down East summers, especially the one when, in his mind, he gained Papa's approval and became a man.
A midsummer's makeover

A THING FOR THONGS

Women in my family have never been much for thong sandals; our feet are, as my mother says, “pie-shaped,” meaning that while we have nice short toes, they are all the same length. Rather than tapering down discreetly, our little piggies splay off the sides of thongs and give the impression of one too many toes. For this reason I gave up on that slip of a sandal a long time ago, not to mention that during my few attempts at wearing them, they chafed the space between toe number one and number two.

What puzzles me these days are high-heeled thongs. How do they work from a physics point of view? The higher the heel, the more downward thrust, and doesn't it all come to rest on that little thong between the toes? Regardless of these mundane issues, there are some irresistible thongs for summer, both high and low-heeled, for those of lovely tapered toe. Stuart Weitzman has a snappy version (with a low stacked heel) in hot pink satin with a blue beaded dragonfly slinking up the strap toward the ankle, www.katespade.com; Sigerson Morrison does a fantastic reinvention of the rubber flip-flop with its kitten-heeled rubber thong, which comes in lots of fun colors ($85, so don’t let the tide wash them away), www.saksfifthavenue.com.

I have never owned a pair of Birkenstocks, the suede sandals molded to fit the foot, and until recently, I felt sure I never would. It wasn't that I minded the associations with all things organic or people with foot problems; the traditional Birkenstocks are just plain unattractive, especially when paired with—wince—socks. However, Birkenstock finally got a clue and brought on board Yves Behar, who is not an accessories designer, but an industrial designer. His team has created “The Architect Collection” for Footprints, a sleek new line that may give Aerosoles a run for its money. The new men's collection (available in September) is particularly well done, and, while Manolo-wearing ladies probably will dismiss them, the women's line (now available) has several sculptural designs that the Cooper-Hewitt National Design Museum thought worthy of inclusion in a current exhibition. www.birkenstock.com or www.footprintsarchitect.com.
PRESENTED AT COURT
My first tennis skirt was made of mint-green polyester. It never wrinkled and withstood countless washes, but it might as well have been made of sable for all the heat it retained. Fortunately, fabric technology has zipped forward over the last decade and now synthetic fibers are superfine and woven into breathable fabrics. From Wimbledon to the US Open, the ladies of tennis are looking ultra-stylish in the latest tennis wear from companies like Nike, Puma and Reebok. Justine Henin-Hardenne, 2003 French Open winner, came from behind in style, wearing a pale-blue skirt with white stripes and a white collared top by Adidas.

Today's tennis looks feature mesh inserts, streamlined silhouettes and, where allowed, bold colors and patterns. To see what your favorite player wears, check out www.tennis-warehouse.com. The tennis look is popular off the court as well and complementary to the new mania for miniskirts. For spring/summer, Anna Sui sent a white "tennis dress" down the runway; the mesh top skipped the sports bra and featured two strategically placed pockets instead. Even more fun was her tongue-in-cheek "golf mini-dress" with a tiny putting green and flag stitched onto the skirt. Styling these looks with argyle socks and visors, Sui encapsulated the preppy trend that will morph into a more sophisticated '60s revival look for fall.

HAIR TODAY, GONE TOMORROW?
Summer is the best time of year for experimentation with your appearance. (If something goes awry, you can always take off for an unplanned "vacation.") New products can change the appearance dramatically for a special night out, but then can be easily removed to avoid scaring your children in the morning. One very effective temporary tool is the hairpiece; create a glamorous "I Dream of Jeannie" effect with a long ponytail or add volume to the crown with a smaller fall. The new breed of hair additions is mounted on easy-to-use clips, and the latest synthetic versions match natural hair color better than ever before (and are less expensive than their human-hair counterparts). Most department stores carry better brands in their accessories department, ranging in price from about $25 to $50. For those who want to delve further into the slightly weird world of faux hair, go to www.wigs.net to see Raquel Welch's new line of full wigs and clip-in hairpieces.

THE EYES HAVE IT
When it comes to distinctive features, the eyes are a close second to hair. For a quick change that will cause your best friends to do a double take, try colored contacts, available in prescription or non-prescription. The latest new colored contacts, the "Radiance" line by FreshLook,
Try a pair of FreshLook® Radiance™ disposable contact lenses from CIBA Vision to illuminate your eyes. They feature a pearlescent pattern that adds a shimmer of color, a clear area that allows your natural eye color to show through, and a dark outer ring to give your eyes more definition.

Available Colors: Autumn (bronze), Eden (green), Moonlight (silver) and Sunrise (gold)

Lens Parameters: 8.6 base curve and 14.5 diameter. Prescription range of -6.00 to -8.00.

Quantity: 1 pair (2 lenses).

Replacement Frequency: Every two weeks or as prescribed by your eye doctor.

Shipping: $3.95 for First Class Mail, regardless of how many pairs of contacts you order. We also include a free sample of Bausch & Lomb Renu no-rub contact lens solution, a contact lens case and instructions.

Availability: Usually ships in 2-3 business days.

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Nordstrom Anniversary Sale!
On Friday July 18 at 8 a.m. Nordstrom will begin its biggest event of the year, its Anniversary Sale. Come out to the Streets at Southpoint Nordstrom and enjoy once-a-year savings on new fashions, shoes and accessories for fall until August 4.
The king of Southern cuisine


"In the last 20 years, as Southern food has blossomed into Southern cuisine, historical societies have debated its origins and academic papers have traced its paths. But when chefs and writers consider the source, they point to one person: Chapel Hill's Bill Neal."

—Kathleen Purvis in the Charlotte Observer

On July 17 three of the Triangle's most prestigious chefs, Bill Smith and Ben and Karen Barker, will join two other well-known chef/restaurateurs in New York to cook a grand dinner for the James Beard Foundation. The occasion will honor the memory of author and restaurateur Bill Neal, co-founder of Chapel Hill's Crook's Corner and La Residence. Called "the godfather of Southern cooking" by The Charlotte Observer, Bill was a trendsetter, a driven perfectionist, a seductive charmer, and the possessor of a legendary temper. And, for many years, he was my husband.

Bill Smith, Ben and Karen Barker, Robert Stehling and John Currence have been conferring for months over the menu. Each will contribute his/her version of a Neal recipe. What do these chefs have in common, besides their tremendous talent, their passion for great food and their association with excellent Southern restaurants? Bill Neal, who, in one way or another, inspired the career path of each of them.

More than any other of Bill's protégés, Bill Smith has followed almost literally in Neal's footsteps. Starting in 1977 as a prep cook in the original La Residence location (now Fearrington House), he worked his way up to head chef. In 1991 he moved to Crook's Corner where he now puts his own colorful spin on the primarily Southern menu.

Neal's influence on Smith extended beyond food. "When I started working in Bill's kitchen, I hardly knew a thing about cooking, but I found that the atmosphere there stimulated me," Smith recalls. "Bill thought of the kitchen as a laboratory where creative possibilities were endless. There was a pied piper quality about him that was very attractive. He was a natural leader—you wanted to please him, but also feared banishment if you didn't. In spite of that 'artistic' temperament, I identified with him. Like me, he grew up in a small conventional town but yearned for broader horizons. He pretty much reinvented himself. I learned from him a lot about cooking technique, but also that you don't have to be conventional about anything."

A Chapel Hill native, Ben Barker, who with his wife Karen owns Durham's award-winning Magnolia Grill, took a more formal route to a cooking career. Ben and Karen were both graduated from the Culinary Institute of America where they met and married. Ironically, it was that hard-earned degree that prevented Ben from working with Bill

Called "the godfather of Southern cooking", Bill was a trendsetter, a driven perfectionist, a seductive charmer, and the possessor of a legendary temper.
Neal when he applied for a job at Crooks Corner. Bill turned him down with a typical refractory proclamation, “I would never hire anyone with a culinary degree.” Crooks’s loss was La Residence’s gain. At the time I was managing the restaurant and hired Ben immediately. There he breathed fresh air into the kitchen, and eventually Karen joined him, providing her magic touch to the dessert menu. Ben and Karen still refer to Bill Neal’s *Southern Cooking* and *Biscuits, Spoonbread, and Sweet Potato Pie* often at Magnolia, giving their new cooks copies of Bill’s books “as a way of introducing them to traditional tastes of the South.”

Robert Stehling of Hominy Grill in Charleston and John Currence of City Grocery in Oxford, Mississippi, have been cited by the Beard Foundation as “rising stars of the American restaurant scene.” But back in

### Off the Menu

#### Shepard’s Point Restaurant

**CHARLESTON IN MOREHEAD CITY**

This lovely new restaurant opened in January 2003 with a glittering bar in the back specializing in martini cocktails where you’ll enjoy waiting for a table. Three separate seating areas grant intimacy within a décor that would best be described as Metropolitan-Charleston fusion. Chef Charles Park calls Shepard’s Point’s fare “a high-end combination of seafood and steaks and spirits and coastal continental cuisine.”

“I offer fancy items like seafood sausage with lobster truffle sauce,” he added. “And halibut wrapped in prosciutto with truffle oil as well as squash blossoms stuffed with ricotta and chevre.”

But old stalwarts from the menus of fine restaurants of our happiest childhood dinners out, such as filet mignon (among four steaks offered), lamb chops and asparagus with hollandaise, and scalloped potatoes grace this menu. The most exciting fusion here just might be Park’s blending of old and new trends.

*Address:* 919 Arendell St., Morehead City, NC  
*Telephone number:* 252-727-0815  
Open daily in the summer, Memorial Day to Labor day, seating from 5 p.m. to 10 p.m. In the winter, closed Tuesdays. Beer, wine and all ABC permits. Wine cellar. Specializes in martini cocktails. Sells cigars at the bar. Takes all major credit cards. Smoking permitted in the bar.  
—Maudy Benz

#### Goodfella’s

**GOOD NEW YORK ITALIAN FOOD**

New York-based Goodfella’s Old World Brick Oven Pizza Restaurant & Bar has arrived in Raleigh. Newly opened in Five Points, the new eatery specializes in award-winning pizza, including *Pizza A La Vodka*, wood-fired brick oven steaks, “half-pound pasta dishes” and daily specials.

*Address:* 1626 Glenwood Ave, Raleigh, NC.  
*Telephone number:* 919-755-1007.  
—Becki Williams
the eighties they fit Bill’s idea of the perfect hire—virgin clay ready to be molded in his image. Each began as a dishwasher at Crook’s with no cooking experience whatsoever.

Robert remembers, “Bill included the entire kitchen staff in the process of testing new menu items. He would cook something and ask us all to respond to its taste. Was it exciting to eat? Were the flavors balanced? What could be done to improve it? All of us would discuss the dish, its history and its place in Southern culture.

This way of looking at food was so exciting to me, and I learned so much that I ended up dropping out of UNC. I worked up to line cook, and eventually became kitchen manager when Bill left to write a book. Later I spent years working in different restaurants in New York.

I missed the atmosphere at Crook’s where everyone in the kitchen was encouraged to learn as much as they could. That attitude just doesn’t exist in the competitive atmosphere up north or even here in Charleston.

In Chapel Hill, Bill and Gene Flamer [his partner and still owner of Crook’s] had a strong connection to the community and were committed to their employees, not just their ambitions.”

John’s story mirrors Robert’s: “I gravitated toward restaurant work because it allowed me to keep musicians’ late hours. After a disastrous stint as a busboy, Crook’s repositioned me as dishwasher. Fascinated by the kitchen work, I began helping the prep cooks. Bill recognized my interest, and after a year I became his assistant. It’s true I left Crook’s after an unpleasant scene with Bill over acorn squash soup. And, yes, there was that unfortunate coffee-throwing incident! Bill did have a temper, but he was an artist, a perfectionist and cared tremendously about what he did.

“I owe Bill for teaching me some things that have been vital to the way I run my restaurant in Oxford. Bill used ingredients that had previously had a pedestrian connotation, such as collard greens and black-eyed peas. This was at a time when big chains like McDonald’s were putting little country Mom and Pop places out of business. Real true Southern cooking was becoming almost extinct. Bill raised the question, ‘what is great American cooking?’ and tried to bring it back.”

MANY-SIDED MAN

As for me, during 11 years of marriage and 11 more years of co-parenting our three children, I certainly saw many sides of the man. Our marriage and our post-marital alliance had its downs and some very lovely ups. On the day our divorce was finalized we toasted each other with Moet White Star, our favorite bubbly. Years later, just before his death, Bill insisted on cooking a simple and beautiful midsummer birthday dinner for me: steamed lobster with drawn butter, fresh corn on the cob, and sliced homegrown tomatoes served, of course, with White Star. Bill was like the little girl with the curl in the middle of her forehead. When he was good, he was very, very good, and when he was bad... But the food, the food was always sublime.

With eagerness and a whetted appetite, I look forward to the Beard House dinner. I’ll join Smith, Ben, Karen, Robert, John and many other admirers of Bill Neal in New York this month to celebrate the life and work of the man who, in the words of John T. Edge, director of The Southern Foodways Alliance, “gave Southern food a national platform.” We’ll be toasting him with White Star.

Look for Remembering Bill Neal by Moreton Neal, A Year in the Kitchen: Reflections on a Well-tended Life by Bill Smith and All American Desserts by Karen Barker in bookstores next year.
Releases from Algonquin and Paul Green Foundation

SUMMER READING EXTRAORDINAIRE

One of the highlights of my reading year is the annual publication of New Stories from the South: The Year's Best, edited by Shannon Ravenel and published by Algonquin Books of Chapel Hill, now released in the summer. While I recognize the potentially negative connotations inherent in the terms “summer reading” or “beach reading,” I’ll still claim that these volumes make for fine reading on a summer day down at the coast. I recall with great pleasure reading at the beach last summer Max Steele’s “The Unripe Heart,” Ingrid Hill’s “The More They Stay The Same” and George Singleton’s wonderful “Show-And-Tell” from the 2002 volume. I was particularly excited recently to receive the 2003 edition. The new book, the 18th in the series, promises fine fiction from authors including Dorothy Allison, John Dufresne, Chris Offutt, Mark Winegardner and North Carolina’s own Michael Parker, as well as a preface by humorist Roy Blount Jr.

SPEAKING OF THE COAST...
Manteo Booksellers has a great schedule of readings and signings lined up for the rest of the summer. The store’s Web site at www.manteobooksellers.com is a great resource for books about the Outer Banks.

The Web site provides a full list of upcoming literary events, but a few in particular are worthy of highlighting here. On Wednesday, July 9, for example, coastal Civil War historian Drew Pullen discusses his book The Civil War on Roanoke Island, North Carolina, published late last year by Aerial Perspective with ample photographs and illustrations. Pullen is also the author of The Civil War on Hatteras Island and the forthcoming continuation of the series, The Civil War in New Bern and Fort Macon, all from the same publisher.

Manteo Booksellers is also the place to go for books on another significant slice of North Carolina history: the Wright brothers’ 1903 first flight. As the centennial year proceeds, so do books celebrating the first flight continue to roll off the presses. Recently published was Visions, the official publication of the First Flight Society, with essays ranging in subject from the history of the flight itself (by NPR commentator Noah Adams) to the story of the Wright Brothers National Memorial and a schedule of centennial-year programs. The book also features an introduction by Tom Crouch, a curator at the National Air and Space Museum and co-author of his own history of the Wrights, The Wright Brothers and the Invention of the Aerial Age (discussed in this column back in May).

But Manteo Booksellers makes clear its own preference among the plethora of first flight publications: Chris Kidder’s Aloft at Last: How the Wright Brothers Made History (Nags Head Art. Inc.). In the booksellers’ words: “If you want one Wright Brothers book that gives you all of the story without the fluff and filler, Aloft at Last is the book to get.” Kidder will offer a reading and signing at the store on Wednesday, July 16, at 11 a.m.

GET HER AUTOGRAPH
ON YOUR AUTOGRAPH

Young British author Zadie Smith became an overnight star on both sides of the Atlantic with her debut novel White Teeth, which ultimately earned an enviable number of honors: Guardian First Book Award, Whitbread First Novel Award, Editor’s Choice from the New York Times Book Review and a finalist spot for the National Book Critics Circle Award. Smith’s sophomore novel, The Autograph Man, met with more mixed reviews, but we’re grateful that the paperback publication brings the author to the Triangle for readings and signings. She’ll be at the Bull’s Head Bookshop in Chapel Hill on Wednesday, July 16, at 2:30 p.m., and then at Durham’s Regulator Bookshop that evening at 7 p.m.

But please note: July 16 is the same night that best-selling mystery novelist Kathy Reichs will...
be appearing at the Cameron Village Library in Raleigh, an event hosted by Quail Ridge Books. Reichs' new novel, *Bare Bones* (Scribner), brings forensic anthropologist Tempe Brennan to Charlotte, NC, for some gruesome discoveries—and the promise (as always) of edge-of-your-seat suspense.

Also of note: Late July brings to town an author who has unfortunately been too often pigeonholed as a mystery/suspense novelist but is in fact one of our most gifted and meticulous historical novelists. Sharyn McCrumb's new book, *Ghost Riders*, is set in North Carolina's Appalachian region, both during the Civil War and the modern era. It includes the story of NC Governor Zebulon Vance, a mountain man himself. McCrumb will read from the new book on Sunday, July 27, at McIntyre's Books in Fearrington Village.

**ANOTHER SHADE OF GREEN**

Paul Green needs little introduction to North Carolina readers; even without winning the Pulitzer Prize for *In Abraham's Bosom* (1927), Green's name would live on through the annual productions of his great 1937 symphonic drama *The Lost Colony*. But while Green's legacy as a playwright is secure, perhaps few of us have read (or even heard of) Green's prose work. Entries on Green in the *Encyclopedia of Southern Culture* and Benet's *Reader's Encyclopedia of American Literature* focus almost exclusively on the plays; the former mentions in passing that he also wrote "poems, stories, novels" (though it lists none by name), while the latter offers a cursory list of other publications by date.

So it's perhaps not surprising that neither publication mentions Green's 1935 novel *This Body The Earth*, recently reprinted in a facsimile edition by Trafford Publishing with the support of Chapel Hill's Paul Green Foundation.

The republication of this work is a notable achievement and offers fans of Green the playwright the opportunity to discover Green the novelist—and broadens our understanding of Green's vision of the South and of humanity in general.

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**UNC-TV's answer to "What should we do this weekend?"**

From the mountains to the coast, North Carolina is a state brimming with recreational, cultural, and entertainment opportunities. The biggest challenge is finding out about them all! *North Carolina Weekend* is a new magazine-style program that gives you a fun and exciting look at the great activities and events available each week throughout our great state.

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BELL SOUTH & OTHERS BRACE FOR WAR OVER CONVERGENCE

Research Triangle Park and eastern North Carolina will be a crucial battleground in the struggle for supremacy over communications convergence.

Why? Because two of the pacemakers in new technology—Time Warner and BellSouth—have “footprints,” or coverage areas, that crisscross much of our homeland.

For the past 20 years or so, futurists have talked about the one “box” for all forms of communication, business and entertainment that families and businesses would use someday.

“Convergence” became an over-used buzz word, but the meaning remains clear: one pipe to the house or office bringing in Internet, video-on-demand, telephone service and TV while also providing connectivity out to the world.

Time Warner Cable took a major step toward delivering such a box recently with the launch of its “Digital phone” trial in Portland, Maine. Comcast and Cablevision are working on similar offerings.

Time Warner, which already offers high-speed cable Internet access (Road Runner), recently upgraded many cable systems to support digital video-on-demand and now wants to add the telephony piece through the cable box. And its RTP operation has a well-deserved reputation as being not only one of the most proficient but also most technically astute and fastest growing Time Warner outfits in the country.

Such efforts by the cable giants are a reason why telephone companies such as BellSouth are offering their own high-speed delivering systems—such as a wireless trial in Florida—and upgrading its backbone to support Internet Protocol (IP) services that enable transmission and compression of video, data and audio files.

No one wants to lose the convergence battle—which, for consumers, means a wider variety of choices and the simplicity of one bill.

“This is one of the big fears of the Regional Bell Operating Companies (RBOCs), that cable companies will make a regular push in local telephone markets,” Mark May, an analyst at Kaush Bros., recently told the Cnet news service. “Cox and Comcast have launched local services, and cable operators have made inroads offering telephone service at significant discounts to the RBOCs.”

I recently had a chance to talk with a BellSouth executive who was touting his firm’s network upgrades. BellSouth, he said, is well aware of what’s at stake in the convergence wars.

“Customers can choose one provider, with less complexity and at lower costs,” said Mark Kaish, vice president of data sales product management. Then he rattled off the various forms of high-speed service BellSouth offers. “You also can mix and match service and equipment. We are access agnostic. You can use DSL (Digital Subscriber Line), frame relay, private line; then you can use metro Ethernet to inter-network those sites.”

How serious does BellSouth take the threat? Kaish pointed out that BellSouth recently settled on standards for delivery of ultra-fast fiber services to the home and business with Verizon and SBC (the old Southwest Bell). The idea is to drive the long promised “fiber to the curb” which would act as a counter to the fast cable services.

Improvements in technology, compression and standardization are helping bring down fiber costs, so the Bell companies are getting closer to video and other services that cable has monopolized. (Sprint, which also covers much of eastern NC, also has announced plans to convert to an IP network over the next decade or so.)

BellSouth also is investing heavily, even in a still-dour tech environment, especially for telecommunications firms that overspent on fiber and technology in the ‘90s and are still suffering as a result.

“It’s funny,” Kaish said, responding to a query about reduced capital spending on equipment and networks by telephone companies. “We’re still going to spend $3 billion this year. It’s not like we’re spending nothing. Then I read that one of our competitors is spending $100 million for the year while we’re spending $3 billion.”

Forthcoming decisions by

“Convergence” became an over-used buzz word, but the meaning remains clear: one pipe to the house or office bringing in Internet, video-on-demand, telephone service and TV while also providing connectivity out to the world.

By Rick Smith
Number of tagged stripers released nationwide as part of Anheuser-Busch's "Big Jake" fishing contest: 110
Number of fish released in North Carolina: 5
Prize for fisherman who catches the largest of the released fish, known as "Big Jake": $1 million
Percentage of US soldiers who hail from the South: 42 percent
Percentage of US soldiers who come from the Northeast: 14 percent
Maximum cost for a spot at one of North Carolina's continuing-care retirement communities: $200,000
Ranking of North Carolina among states with serious care problems in retirement homes: 10
Percentage of North Carolina counties experiencing dropping unemployment rates: 80
Percentage of North Carolina counties that have broadband Internet access: 100
Number of teens who dropped out of Robeson County high schools in 2002: 545
Number of those teens who were Lumbee Indians: 261
Ranking of American Indians among ethnic groups when comparing drop-out rates in the state: 1
Number of years the state's drought lasted: 4
Rainfall deficit in Wilmington in 2002: 7.72 inches
Surplus rainfall in Wilmington in 2003: 19.17 inches
Number of North Carolinian couples who marry each year in a religious ceremony: 44,000
Approximate number of couples that marry in civil ceremonies: 23,000
Percentage of seatbelt use in North Carolina in 1993: 64 percent
Percentage of seatbelt use in the state today: 84 percent
Percentage drop in traffic deaths credited to more seat-belt-wearing: 14 percent

"We are so excited about this series of announcements," Kaish said. "We are spending money putting the next-generation network in place.

BellSouth recently wrapped approval to sell long distance in each of the nine states it serves. Its DSL high-speed coverage area tops 76 percent of its customer base—the largest of any RBOC, Kaish noted—and it has some 21,000 fiber "rings" in place around the southeast. Add those facts onto what BellSouth is doing with an IP backbone and fiber, and what you have is a company prepared to fight to keep existing customers while adding new ones.

"We don't want anybody to cannibalize our customer base," Kaish said.

VET SCHOOL STUDENTS GET PALM DEVICES
Students at NC State's College of Veterinary Medicine will be making the rounds and attending class with the latest in wireless hand-held PC devices this fall.

As part of the university's mobile computing initiative, the veterinary school will provide students with Palm Tungsten C hand-holds. The devices include high-speed wireless connectivity based on the Wi-Fi standard, and also are packed with 64 megs of memory, color screen and other features.

"The Tungsten C hand-held has everything we want—color, wireless connectivity and the Palm OS platform," said Dan McWhorter, director of web-based instruction at NCSU. "Not only does it fulfill our needs, the speed and 64 MB of memory are an added bonus."

The hand-holds are equipped to handle Microsoft Word, Excel and PowerPoint documents.
Jimbo Mathus is deep in his blues nowadays. The co-founder of the Squirrel Nut Zippers has moved on to indulge his main musical passion—North Mississippi hill country blues—with his band Knockdown Society. The third Knockdown Society album, Stop and Let the Devil Ride, was ever, is a collection of tunes with more musical breadth and emotional nuance. The album features songs that’ll blow the doors off a juke joint, like “Dope Sniffing Dog” and the title track, but it also includes an awesome slow drag number, “Cheap Champagne,” and several slow-burning blues numbers that are drums and Jimbo on guitar and vocals—augmented by a very short list of friends, including Luther Dickinson, Dave Spencer and Patrick Smith. Stop and Let the Devil Ride is a blues powerhouse, elemental in its impact, timeless in its appeal.

Jimbo comes by his interest in the blues naturally. Born and raised in Clarksdale, Mississippi, he was into the Delta and Mississippi hill country blues at an early age and playing in bands as a teenager. He moved to Chapel Hill at age 23 and was quickly involved in the music scene. He played in the alt. rock band Metal Flake Mother. He went on to co-found—with his wife, Katharine Whalen—the hot jazz group Squirrel Nut Zippers, one of the most popular bands to emerge from the Chapel Hill music scene. Between 1995 and 2000 the band sold 2 million albums and scored a huge radio hit with the single “Hell,” from the album Hot.

Devil is a stronger album than its predecessor, National Antiseptic. Both are filled with the raw power that has long characterized the music of players such as Junior Kimbrough and R.L. Burnside. Devil, how-

released June 17 on the Fast Horse label.

Devil is a stronger album than its predecessor, National Antiseptic. Both are filled with the raw power that has long characterized the music of players such as Junior Kimbrough and R.L. Burnside. Devil, how-

superb (see “Love I Miss Loving” and “Get Back to You”).

Mathus’ feel for this music is flawless. He grew up in northern Mississippi, and he absolutely plays and sings like he did. The album was done with Jimbo’s basic trio—Stu Cole on bass, Nate Stalfa on

While still in the midst of the Zippers’ amazing success, the blues came calling. In 1997 Mathus released a benefit album titled Songs for Rosetta (Mammoth), a tribute to Rosetta Patton, who was Mathus’ nanny when he was growing up. She also happens to be the daugh-
ter of the legendary bluesman Charley Patton. Songs for Rosetta was Mathus' initial Knockdown Society record.

The Zippers had a good go-round. The band had run its course, however, by 2000. Jimbo and Katharine had a daughter, Cecelia, in 2000, and her arrival coincided with the waning of the Zippers.

"We were on the road with Cecelia when she was 6 months old," Jimbo recalled. "That was the Bedlam Ballroom tour. We did that for about three months. When we came off the road, I knew it was over. It was just too hard to tour with the baby. I mean, we had my mother-in-law on the road with us, and we weren't making as much money as we used to, yet we were spending more money than we used to because of a baby and a mother-in-law. There was still a good market for the band—people were still showing up.

"And then, of course, we were getting pounded with freakin' lawsuits," he added, alluding to the less-frequently publicized side of the music biz. "There wasn't any reason to make any money, because we'd probably have to give it to some jerk who was suing us."

There may be some who believe the Zippers ended prematurely, but in retrospect it looks like six years was about the limit for the band. Jimbo certainly isn't interested in revisiting the Zippers.

"I'm at the point now where I love what I'm doing, and Katharine's happy on our farm with the baby," Jimbo said. "I love the music I'm doing; it's real hard to think about doing anything else.

"If Katharine gets antsy somewhere down the road, like five or six years from now, and wants to sing more regularly, we can put something together," he continued. "By then Cecelia will be 7 or 8 years old. Hell, I'll put her in the band then. Right now, however, it's pretty much all about us as a family." [Katharine will be performing this summer at the NC Museum of Art. She's appearing with her jazz Squad August 2 at the Bryan Museum Park Theatre, Raleigh (919-715-5923 for information).]

The Zippers' success placed Jimbo in the enviable position of being able to pursue the music he loves regardless of how well it pays.

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**MUSIC FOR SALE**

Charlie Robison:

**Live**

(Columbia/Lucky Dog)

Anyone who follows country music knows that the current situation in Nashville is that major label artists run the gauntlet from dreck to copycats to the occasional credible artist. Texas-based country music artists are a more consistent and credible lot, and one of the best is Charlie Robison. The older brother of Bruce Robison, who may be the best songwriter in Texas, Charlie isn't half bad himself. This album was recorded in Gruene Hall, New Braunfels, Texas, and features Charlie working with his stellar band, The Enablers. Highlights surely begin with the acerbic relationship tune "You're Not the Best," in which it's noted that: 'A pretty girl, she'll leave ya / She'll leave ya to drown in your own tears / You know, an ugly girl will leave ya, too / But then, who freakin' cares?" Also check out The Wedding Song," which features a couple of women from the audience singing backup (and singing surprisingly well). Love goes very wrong in the tune Loving County, and Robison offers an intriguing perspective on sin and how to get rid of it on "The Preacher." This is a fine country music album, full of songs rich in wit, cynicism and even a bit of tragedy.

The Be Good Tanyas:

Chinatown

(Nettwerk)

The members of Be Good Tanyas—Samantha Parton, Frazey Ford and Trish Klein—got together in Vancouver, British Columbia, around 2000. They released their debut album, Blue Horse, late in 2001. The record attracted a good deal of critical praise, and they've become an item on the folk music circuit. Chinatown takes up where Blue Horse left off. The Tanyas continue to pursue their acoustic music agenda, dividing their repertoire between traditional revivals and original material that falls most readily into the traditional folk category. The first single off the album, It's Not Happening, is a snappy little number with a pleasing bounce to it, featuring a drummer (not typical of BGT). The major draw here is the songwriting of this trio and their harmony singing, which is quite polished and appealing. Recommended to anyone who digs Gillian Welch or Eliza Carthy's album Anglicana.

Pernice Brothers:

Yours, Mine & Ours

(Ashmont Records)

Brothers is no alt.country outfit, however, but rather, a guitar pop band. Anyone who fancied The Connells should get up with Pernice Brothers, because the two groups have a great deal in common. Joe Pernice has a very appealing voice, and the band plays the sort of tight, bright, super-literary guitar rock that was typical of The Connells. Definitive tracks include "Sometimes I Remember" (hear the ghost of English New Wave?), "Blinded by the Stars" and "The Weakest Shade of Blue."

ScoLoHoFo:

Oh!

(Blue Note)

This superb album features four giants of the mainstream jazz scene: John Scofield (guitar), Dave Holland (bass), Joe Lovano (tenor and soprano saxophones) and Al Foster (drums). Each member contributed original compositions to the CD, and the whole thing was recorded live with no overdubs.
The music that I'm doing now is the music that's in my brain," he said. "I've wanted to do this music for 20 years, but I didn't feel like I could, or I didn't know how to go about doing it, or didn't feel like I had the people to help me. I just finally started doing it, just to take it out, you know. That's how Songs for Rosetta happened. Then once I'd gotten past the Zippers, I was able to sit down and concentrate on the blues. I released National Antiseptic in 2001 and that did pretty well.

"The problem with Antiseptic was that it was on Mammoth Records, and at that point with Mammoth unless they sold a half-million copies they were going backwards," he added. "Meanwhile I'm trying to get out there and sell 10,000 records and get something going. I wanted to play with these blues cats, and there's no money in that. Now I'm on a small label, and I've got a publicist who believes in what I'm doing."

Jimbo has also been fortunate enough to be involved with Buddy Guy's most recent recording projects. His contribution to these undertakings, plus his excellent Knockdown Society albums, has considerably enhanced his reputation in the blues world.

"I got up with Buddy Guy through the Zippers, believe it or not," Jimbo explained. "There was an engineer at Kingsway in New Orleans who was friends with Dennis Herring, who's a producer. Herring was gonna produce an album with Buddy Guy—a real down-and-dirty blues album, real elemental. He had the drummer and the bass player, but he was still looking for someone to fill the rhythm guitar chair. So Herring was calling friends in the business, asking who'd be good for this guitar gig. Now, we'd cut Hot with this engineer at Kingsway, and he recommended me to Herring, who'd never even heard of the Zippers. He called me and explained what he was doing. I said, 'I'm your man.' This was the only time I ever did this, but I said to him, 'If you don't hire me, you're screwin' up.' He hired me.

"Well, the result of that was the buddy Guy album Sweet Tea, which earned a Grammy nomination," he continued. "Herring told me he was gonna pitch an acoustic album next for Buddy, and he said he'd bring me back for that one, and he did. We just finished cutting this new Buddy CD at Sweet Tea with Dennis Herring. There's a different rhythm section this time—Jim Keltner and Tony Garnier. Clapton and B.B. King are spotlighted on two songs. The album's called Blues Singer, and it's gonna be a huge record for Buddy."

Guy commented on Jimbo's playing during an interview in Guitar Player magazine. He noted that: "Jimbo is from Clarksdale, Mississippi, and he grew up learning to play just like the old guys. He was the perfect guy for the job because he has this cool quirks in his playing—he sounds like he's always on the edge of a mistake. Love it when someone is a great musician, but they have this natural flaw that threatens to take over, but it doesn't."

That's praise from the master and it's well deserved. Jimbo Mathus may be living in North Carolina with Katharine and Cecelia, but he's also come home to Mississippi and the hill country blues. As Jimbo said, perched on a stool in his home-recording studio: "It's all good."
In a recent study conducted by NC State University, Whole Harvest frying oil reduced the trans fat contents of French fries cooked first in a traditional, hydrogenated cooking oil. Trans fats are found in hydrogenated oils and are associated with elevated cholesterol and heart disease. Renowned heart surgeon Dr. W. Randall Chitwood will head a planned North Carolina Cardiovascular Diseases Institute to be built as a joint venture of East Carolina University and University Health Systems, operators of Pitt County Memorial Hospital. The Institute, to be part of the health-sciences campus at ECU, will include a heart hospital, an adjacent center for cardiovascular education, and research and outpatient facilities. Duke University Divinity School will coordinate a $57 million Lilly Endowment Inc. program on pastoral excellence that involves 47 organizations, Divinity Dean L. Gregory Jones announced recently. Lilly Endowment’s Sustaining Pastoral Excellence (SPE) program funds a wide variety of organizations in projects designed to improve support for clergy engaged in pastoral ministry. Local women business owners, Lana Calloway, president of Exhibit Resources in Raleigh, and Sheila Hale Ogle, CEO of MRPP Inc. in Cary, recently received national awards from the National Association of Women Business Owners. Calloway was named Member of the Year and Hale was recognized as Woman Business Owner of the Year. NC State University has received a $1.5 million grant from the Wachovia Foundation to support programs in two NC State colleges and a planned new visitor center. NC State’s College of Management will receive $1 million for scholarships and fellowships, support for minority students and MBA Program enrichment. The College of Education’s William and Ida Friday Institute for Educational Innovation and proposed E. Carroll Joyner Visitor Center will each receive $250,000. Gov. Mike Easley has announced that Edenton is one of four communities selected to participate in the NC Main Street Program, an initiative for smaller towns that focuses on creating new jobs and investment by helping to revitalize downtown areas. Since 1980, the 46 Main Street communities have realized more than 2400 building renovations and new businesses, creating more than 10,000 jobs and nearly $800 million. The Durham Symphony is auditioning all instruments, especially strings and brass, for the 2003-2004 season, which starts rehearsals Sept. 2. Anyone interested should contact Music Director Alan Neilson at 919-492-8199. The NC Arts Council announces a search for the state’s next Poet Laureate. A selection committee has been assembled to recommend the next candidate to the governor, and NC citizens are also invited to submit their nominations. Deadline for nominations is July 11. Get information for making nominations from Kirsten Mullen, Literature Director, NC Arts Council, Dept. of Cultural Resources, Mail Service Center 4632, Raleigh, NC 27699-4632. William Ivey Long, production designer for The Lost Colony Outdoor Symphonic Drama and world-famous Broadway costume designer, received the Tony Award for Best Costume Design for his work on the Broadway production Hairspray at the recent 57th Annual Tony Awards ceremony. This season Long has designed two new and elegant gowns for the wardrobe of The Lost Colony’s Queen Elizabeth I. Each gown is valued at approximately $25,000. The American Advertising Federation recently honored Cary marketing and design agency r+m creative with a Gold ADDY award during a ceremony in Los Angeles. The award recognized r+m
A costumer puts finishing touches on one of Production Designer William Ivey Long's new costumes for Queen Elizabeth I in *The Lost Colony* creative's brochure for the Pope House Museum fundraising project, designed as part of an effort to preserve North Carolina's only African American historic house museum (see Pope House Museum story in SOS, Metro Magazine, June). ■■■ NC Master Chorale Music Director Alfred E. Sturgis has been named Music Director of the Tar River Philharmonic Orchestra & Chorus in Rocky Mount, effective with the 2003–2004 season. Sturgis, who also serves as Principal Conductor for Carolina Ballet, will conduct two programs with the Tar River Orchestra next year. The first, scheduled for October, will feature the winner of the organization's Young Artist Competition. The second, a choral/orchestral program, will be performed in March 2004. ■■■ The Alice Aycock Poe Center for Health Education in Raleigh broke ground in June on a Learning Playground. Among the unique features the playground will contain are a giant tongue slide, a healthy choices maze, a sun shelter cap, a nutrition climbing wall and an activity tree house with a bone ladder. The playground will be complete and ready for visitors by fall. For more information call 919-231-4006. ■■■ The Triangle edition of *Fifty Plus* magazine has officially changed ownership to Greg and Barbara Petty of Cary. *Fifty Plus* is the award-winning lifestyle publication targeting individuals 50 and over. Linda Scovill and Paul Knechtel, former publishers of the Triangle edition, retain ownership of the corporate name, Fifty Plus Inc., which also includes licensed editions in Wilmington, Fayetteville and Myrtle Beach. ■■■ Community arts programs across North Carolina will share $1.2 million in federal grants. Arts organizations receiving grants in the eastern part of the state include the NC Arts Council of Raleigh, $669,100; the ArtsCenter in Carrboro, $22,000; UNC-Chapel Hill, $85,000; Chapel Hill Public Arts Commission, $10,000; African American Dance Ensemble of Durham, $35,000; and NC Pottery Museum in Seagrove, $25,000.
ME AND THE COLD WAR

My mother plopped me down in front of the TV set in my pajamas to see my great-uncle resign the presidency of the United Nations General Assembly. Sir Leslie Munro also served three times as President of the Security Council in his six years as ambassador to the UN from New Zealand, my mother’s birthplace. She met and married my father from Raleigh during World War II. He joined the 27th regiment of the 25th Army Division immediately after his graduation from the School of Architecture and Engineering at NC State in 1942 and fought in several campaigns in the Pacific. He was in New Zealand for R&R when he met and married my mother.

Her ancestors are the original settlers of New Zealand, English on her mother’s side, Scottish on her father’s. A statue of one of our relatives stands astride Rangitoto Island, the extinct volcano that guards Auckland’s harbor. Farmers and professionals for the most part, New Zealanders lost more men in World War II per capita than any of the Allies. My mother’s father’s effort to remove his daughters to the inland resort of Whangarei to keep them away from the “Yanks” failed. My parents were married in New Zealand in 1944. Mother, “Cam,” as we called her, came to the States in 1946 and I came along in 1947.

It was now 1956 and Sir Leslie called for UN action when the Soviet Union invaded Hungary to put down a revolution that sought to remove the heel of the Soviet jackboot from the artery of democracy. The brave Hungarians were the visible victims of the invisible “Iron Curtain” slammed down by the Soviet Union over Eastern Europe. The savage attack on the Hungarians verified that Churchill’s term for Soviet tyranny in Eastern Europe was accurate. The Iron Curtain was real.

For his stand, Sir Leslie (KCMG, KCVO), a lawyer, newspaper editor and Member of the New Zealand Parliament during his distinguished life, was “disappeared” from the UN’s public information directorate, although his books were widely read, most notably United Nations: Hope for a Divided World. His brave act to defend freedom made it clear to me there actually was a huge nation bent on imprisoning its own citizens and the people and countries of Eastern Europe. It was indeed true that this sinister Soviet regime had designs to spread its brand of tyranny wherever it could, with special emphasis on America, the “main adversary.” This barbarous empire also had nuclear weapons and seemed inclined to use them.

MOLES
In 1963, I was fascinated with the rest of the world to learn that a high ranking British diplomat and spy, who had served as liaison to US intelligence services during World War II—and therefore privy to our deepest secrets, including the atom bomb—appeared before the international media from Moscow in the uniform of a KGB Colonel. Kim Philby, it turned out, had been working as a Soviet agent since his student days at Cambridge in the 1930s. He was part of what British intelligence knew was a ring of five Cambridge “moles” recruited by the KGB. The suave and debonair Philby followed two members of the ring, Guy Burgess and Donald McLean, who had suddenly shown up in Moscow in 1951 with M15 hot on their heels. Philby then was number three.

The fourth Cambridge Mole, as they came to be known in the West, was unearthed in 1978, although MI5 knew his identity earlier. It turned out to be Sir Anthony Blunt, a former M15 agent, Surveyor of the Queen’s Pictures and the head of the London Courtauld Institute of Art. The elegant and acerbic Blunt operated in the inner circles of British life and visited Buckingham Palace regularly in his role as the keeper of the Queen’s magnificent art collection.

The hunt for the Fifth Man occupied the 1980s. Dozens of books, documentaries and articles appeared speculating on his identity. Peter Wright, formerly the science officer for MI5 (Q to you Bond fans) actually accused the director-general of M15 in his book Spycatcher. Banned from publication in the UK, Wright found a publisher in Australia and the book remained on the New York Times bestseller list for 20 weeks. But he and the others who thought they knew the identity of the Fifth Man were wrong.

THE CAMPUS WARS
In 1965 I entered UNC little knowing that our class, the first boomers, would cause havoc. At first it was due to our sheer size. Housing, parking and classroom crowding were problems but Vietnam, the Black Power Movement and labor issues were forming thunderheads that burst over the campus as the year moved on.

I remember very distinctly being told during freshman orientation that the innocence of the Rosenbergs was a given. They were victims of an imperialist and racist America that we should learn to loathe. In English composition class we were asked to write about the music of the day. I wrote a piece about how love seemed to be the main topic of modern pop music. I received a C because I did not write about “protest” songs.

We were warned about a conflict far away that America was fighting that should concern us. The Speaker Ban Law, passed by the North Carolina Legislature, galvanized professors. Under the ban, avowed communists were not allowed to speak on campus.

by Bernie Reeves
At first the demonstrations against Vietnam were quiet affairs. Once a week, peace protestors would gather in front of the Post Office on Franklin Street. By 1967, the crowds were in the thousands. National Guard and Highway Patrol were on campus regularly until it seemed they blended into the landscape. Most of us went about our Arab souk, with vendors selling whales and bongs and beads, I noticed that just before more and more with the anti-war protest. Cars with license plates from Michigan, dudes and gals dressed in the hippie fashion hit me that the campus uprisings look fixed. Film footage of the era years later did it. Some group was organizing all this.

**ULTRA SECRET**

World War II was my favorite subject in college. Not only was it the greatest world event in history, it was a direct product of its widespread impact. Its “big bang” touched and involved everyone and flung people and materiel into nearly every nook and cranny on earth. Not until I happened upon film footage of the era 20 years later did it hit me that the campus uprisings looked fixed. Some group was organizing all this.

Chris Andrew suggested that we invite Christopher Andrew of Corpus Christi College, Cambridge to address our topic of the importance of espionage in World War II (and the modern era as well). Chris had written *Her Majesty’s Secret Service* that year based on recently declassified documents from World War I (they hang on to their secrets over there) and became the first genuine scholar to address espionage as a serious subject. Chris came to Chapel Hill a relatively unknown don and was astounded that over 1000 people showed up for his lecture. Naturally, I was pleased too as the turnout verified my belief that students and citizens alike were interested in the true events surrounding World War II. They were fascinated that espionage played a significant role, requiring that history be rewritten and conclusions modified.

On my first of many trips to visit Chris in Cambridge, he told me there was something interesting going on but he could not tell what it was. It turned out to be collaboration with KGB Colonel Oleg Gordievsky who had worked as a double agent for the British, rising to head of station for the KGB in London. Gordievsky was arrested by the KGB in 1984 and escaped from house arrest in the Soviet Union by a pre-arranged operation designed by Britain’s MI6 in case of his capture.

After his daring escape, Gordievsky lived in disguise outside London in a safe house under 24-hour protection. He read Chris’ book and asked MI6 if he could tell his story with Chris as co-author. In 1990 the most important book to date on KGB activities appeared: *KGB: The Inside Story*. The book identified the elusive Fifth Man (John Cairncross) and catapulted Chris to the highest echelons of intelligence scholarship. (In 2000 Chris co-authored *The Sword and the Shield: The Mitrokhin Archives* with KGB General Vasily Mitrokhin.)

**THE COLD WAR ENDS**

In 1992 the Soviet Union collapsed and for a brief period the KGB archives were opened to researchers. It became clear that Soviet agents had penetrated deeply into the American political system. Then, in 1995, Chris cleared the way for me to attend the Venona Conference, hosted by the NSA and CIA at the National War College located on the grounds of Fort McNair just outside Washington.

Venona was the code name for an operation instituted by the forerunner to the NSA that revealed they had been reading cable traffic from Moscow to American Soviet agents since 1942. Of the more than 200,000 cables, only 10 percent have been decoded, but there is enough information out in the open to end the arguments that raged during the early Cold War. For example, Alger Hiss, Julius and Ethel Rosenberg, Harry Dexter White (assistant Treasury Secretary under FDR), Harry Hopkins (FDR’s White House advisor), Henry Wallace, FDR’s vice-president in his third term, and nearly 400 more Americans working for the US government in the Roosevelt administration have been identified as Soviet agents. If the US had allowed the release of this information in the 1940s and ’50s there
would have been no “McCarthyism.” As the noted historian Arthur Schlesinger Jr. noted after the revelations in Venona, McCarthy, it turns out, was right.

In a related culmination to the end of the Cold War, the International Spy Museum opened in Washington last July. Today, visitors to the museum are required to buy a ticket just to stand in line. In other words, espionage is popular as revelations continue to come out about what actually happened behind the headlines from World War II, through the Cold War, Korea, Vietnam and now Al Queda, the Iraq War and the ever increasing critical role intelligence will continue to play in the 21st century.

RALEIGH INTERNATIONAL SPY CONFERENCE

Now you see my interest in espionage and “active measures” against the US by the KGB. And it should be your interest too if you are at all curious about the events that shape our world today. We now know that history needs to be rewritten to account for the recently declassified revelations of the Ultra Secret and Venona. And while there is a lot we now know since the end of the Cold War, there is much more to come. In 20 years, for example, we will know what is really going on in the war against terrorism. And it is the intelligence community who will stay the course, never to be recognized in their lifetimes for their service in the secret world.

That is why I have organized the first annual Raleigh International Spy Conference that will bring together the top experts in the field. The keynote speaker is the most famous international expert on espionage, Chris Andrew, recently appointed to write the history of Britain’s security services. He has been sworn in as an agent in order to be given full access to all secret files. CIA officer Brian Kelley, the “wrong man” in the Robert Hanssen investigation will be here too, along with Keith Melton who supplied most of the trade-craft equipment on display at the International Spy Museum. Former KGB Major General Oleg Kalugin, who ran operations against the US is coming and will tell us just what the KGB was up to. So is former Member of Parliament Nigel West, the leading expert on Venona and author of 26 books on intelligence. And Hayden Peake, curator of the CIA’s Historical Intelligence Collection will tell you what books to read out of the hundreds available on espionage and the revelations of the last few years. Jim Leutze, who has just retired as chancellor of UNC-Wilmington, will serve as Chairman of the conference.

The conference will be held at the North Carolina Museum of History, August 27-29, and you are going to want to be there. Never have the leading lights in this field been all together at one time and it’s happening right here in Raleigh. Go towww.raleighspyconference.com for information and details or call Vincent Cavallari at the Museum of History: 919-733-0706, ext. 291 or call us here at Metro at 919-831-0999. You will be granted top-secret clearance to participate.

NOTES FROM LA-LA LAND

Talking trash: In a weird confluence of extremism from the far sides of the political spectrum, citizens of Raleigh are being herded into a gulag of misery. The Poliburo we used to call the City Council is being shoved into policies concocted by the City staff apparatchiks—theirselves serving extreme pressure groups—and are instituting a trial garbage pick-up scheme. Citizens are to forego twice-a-week yard collection to once-a-week curbside pick-up after stuffing their trash in special containers provided by Big Brother himself.

It appears that the North Raleigh anti-tax zealots have teamed up with the fanatic environmentalists to screw the taxpayers. One member of the Raleigh Poliburo told me that citizens of North Raleigh would prefer to have their trash picked up once a week curbside in special containers rather than to have the current twice a week residential collection. That is, well, garbage. ... It’s the mean-spirited downtown-hating right-wing rednecks pushing for this while hiding behind the skirts of the bald-faced lie that homeowners desire to haul their trash to the street once a week.

On the obverse side of this imposition on the citizenry are the left-wing eco-nuts who want to punish citizens for being capitalist pig consumers. Remember last year when Mayor Red Charles Meeker floated the idea that more affluent households should pay more taxes since, according to absolutely unreliable data, the rich consume more and therefore create more trash than the poor?

This preposterous political legerdemain is behind the new trash collection proposals. Actually, they are saying that citizens who pay local taxes (especially the elderly who can’t drag their trash themselves) are to be singled out for punishment for not being environmentally politically correct.

The real reason behind this outrage is to hide the scandal that the City’s recycling program is costly and useless. But it makes people feel good that they are helping the environment by dragging their cans and newspapers to the curb every other week to be picked up by an expensive workforce in special trucks that cost several hundred thousand dollars just so it appears that we are an eco-sensitive city. The new collection program is a pilot project but so was busing.

In another melding of citizens on opposite ends of the political spectrum—this time in a noble cause—both right and left showed up at public hearings to protest new FCC regulations allowing further concentration of broadcast media ownership. But to no avail. FCC Chairman Michael Powell, son of Colin, rammed through further deregulation of broadcasting companies, continuing the trend of lower-quality radio and TV while displaying complete contempt for the concept of the need for local ownership of media.

The big guys own the cable networks, most of your local TV and radio stations, and can now control daily newspapers in a community to add to their tasteless grip on American culture. Do like I do and go satellite to avoid the wasteland of local radio before it too falls into the hands of charlatans like CBS-Viacom-USA Network chairman, the crude and despicable Sumner Redstone.
A beautiful smile is one that is both healthy and attractive. It can be considered the ultimate essential. Today there is technology to solve just about any smile problem. But, to create a smile that is both healthy, attractive and long-lasting, it takes more than just technology.

What is missing? An Accredited Member of the American Academy of Cosmetic Dentistry, Steven B. Andreaus, DDS and the Five Points Center for Aesthetic Dentistry. Dr. Andreaus brings the eye of a skilled artist and experience of a journeyman to the field of aesthetic and restorative dentistry. He is the only dentist in the Triangle to be accredited by the American Academy of Cosmetic Dentistry (AACD), one of only four accredited dentists in North Carolina and one of less than 240 accredited cosmetic dentists in the world. Dr. Andreaus and his staff use the latest technology and treatment, while offering every convenience to assure you that your visits with his office are pleasant, unhurried and comfortable.

A beautiful smile is the first thing people notice. If you have always wanted an incredible smile that you can't stop showing others, call the Five Points Center for Aesthetic Dentistry. Allow us to show you how enhancing your smile can help give you the confidence to laugh, talk and feel great about yourself.

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