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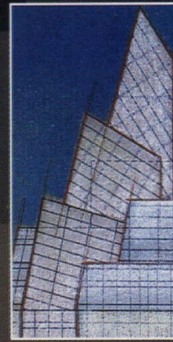
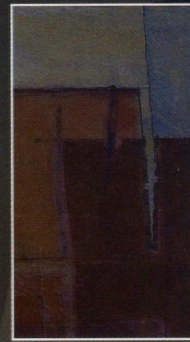
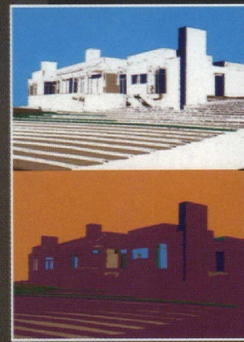
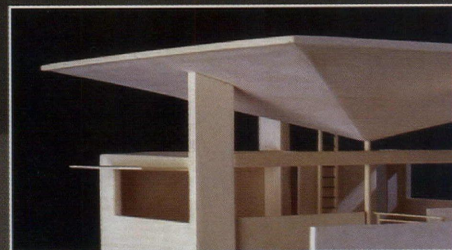
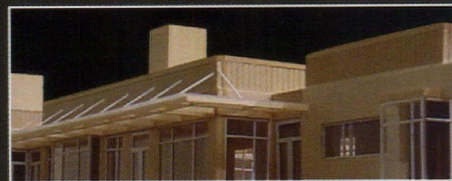
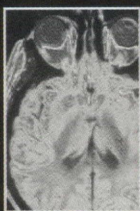
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A photograph of a stone patio and stairs leading to a garden. The patio is made of large, rectangular stone tiles in a mix of light and dark tones. To the left, a set of stone stairs with a dark metal railing leads up. In the background, there is a lush green lawn, trees, and a white house with a porch. The overall scene is a well-maintained outdoor space.

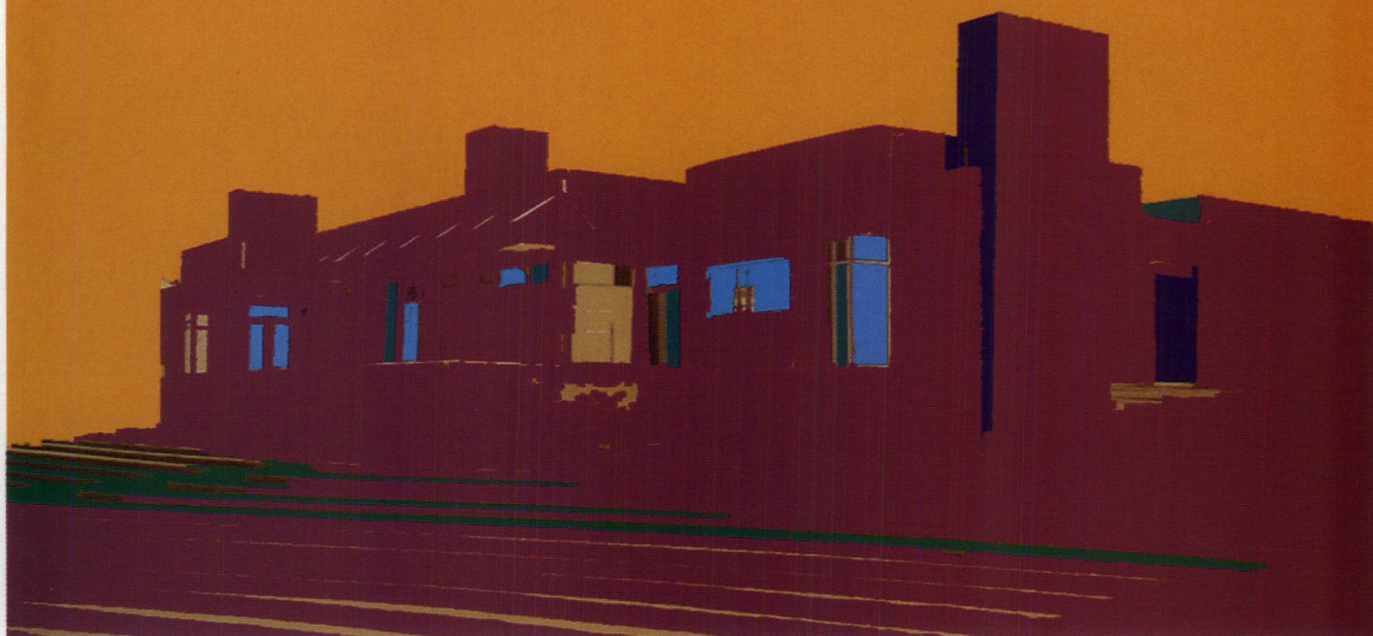
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MAESTRO, IF YOU PLEASE

Like a symphony or a soufflé, the notes and ingredients for an issue of *Metro* somehow interact with an elegance we cannot predict. This March issue too hits just the right chords and proportions—with just a light touch from the chef.

An appetizing addition to our pages is our new MetroGourmet writing team Moreton Neal and Maudy Benz, a duo of accomplished women who brings hands-on culinary experience and literary acumen to the topic of food and wine. Moreton founded La Residence, one of Chapel Hill's landmark haute cuisine restaurants and serves as co-host of WDNC radio's *Food Forum* program and the *Better Living Show*. Maudy Benz, author of the novel *Oh! Jackie* (a *New York Times* "notable book") is an active observer of the cultural scene as a reviewer and bon vivant. Together the M&M team will attack the fine dining scene in the region bringing *Metro* readers the latest from the culinary front—this time a reconnaissance visit to the latest incarnation from the imagination of the legendary George Bakatsias.

Design editor Diane Lea provides us with an inside preview of *Art in Architecture*, now open at the Duke University Museum

of Art, a fascinating exhibition of the works of graduates of the College of Design at North Carolina State University over the past half-century. Call it North Carolina's modern movement and make plans to attend the panel on March 21 where I will join Design School guru Bob Burns and modernist maestro Frank Harmon in a discussion of the influence of modern architecture in North Carolina, hosted by Chapel Hill architect and event organizer Phil Szostak.

Living longer is the demographic phenomenon of the new century. As the baby boomers reach what used to be called retirement age, the necessity to survive an extended life span is foremost in the minds of medical experts. And *Metro* is there to help identify the problems, the people and the procedures that are working together to keep our aging population healthy. In the first of four quarterly special reports on health and medicine, senior editor Rick Smith interviews Dr. Frank Longo, the fascinating man behind the new Stroke Center at UNC Hospital, and investigates the new facilities dedicated to fitness of mind and body popping up around the region.

Arch T. Allen reviews *Red Spy Queen* (published by our very own UNC Press), the story of Elizabeth Bentley, the often contradictory KGB spy who blew the lid off the penetration of the US government by Soviet spies. Allen also offers an obitu-

ary of a Hungarian-American patriot who stood up to Nazis and Communists in his eventful life. Art Taylor, currently serving as president of the board of trustees of the North Carolina Writers Network—the advocacy group for writers statewide—presents his comprehensive New and Noteworthy fiction column with new releases, author signings and the latest look at our robust literary scene.

Music editor Philip Van Vleck catches up with Raleigh jazz stylist Elmer Gibson... fashion editor Molly Heintz is pretty in pink... Rick Smith in after.com discovers a Marine attacking the high-tech biz... Carroll Leggett notes the rise of the oyster on the barbecue beat... Patrik Jonsson's MetroIndex is full of useful tidbits... Preview is filling up with delightful events and My Usual Charming Self remembers Lafayette and the demise of Franco-American heritage.

The once-in-a-lifetime opportunity to make the Atlantic crossing on the QEII's next-to-last voyage is filling up, so act now to assure you are there as the world's top experts on espionage take you on a SpyCruise. See the ad in this issue and call to reserve your cabin before prices go up April 1. Feel free to contact me at 919-831-0999.

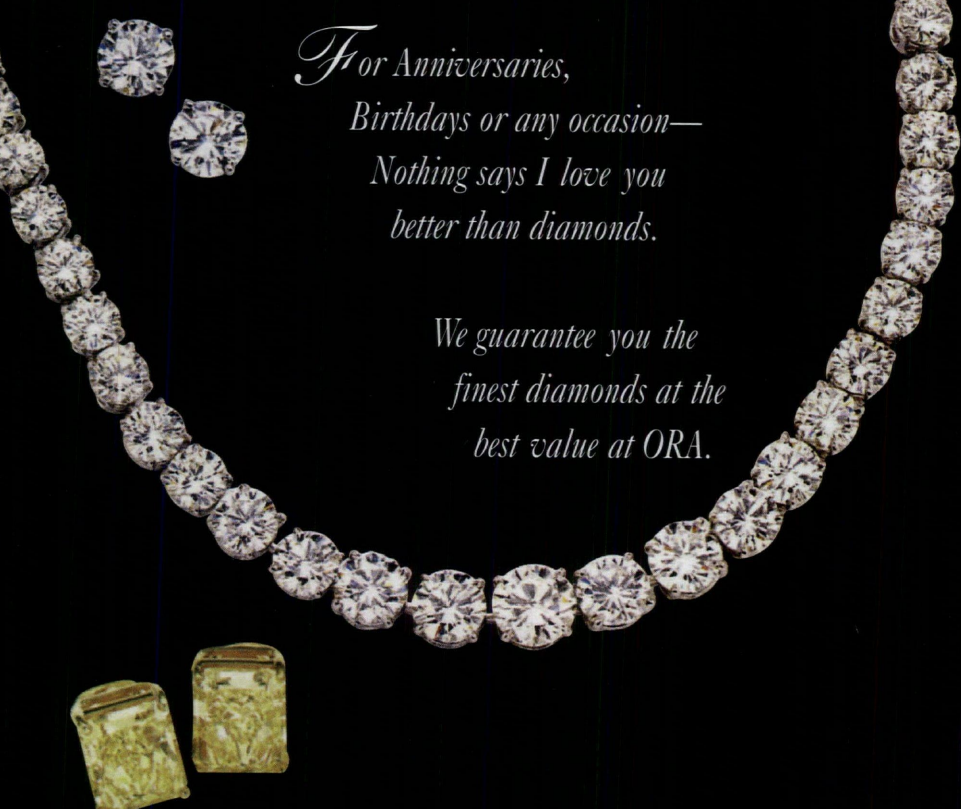
Bon appetit!

—Bernie Reeves, *Editor & Publisher*



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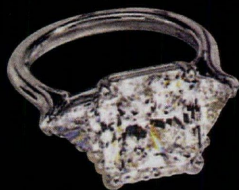
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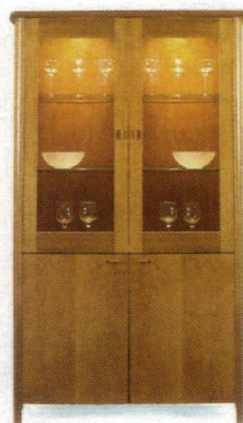
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Correspondence

ROBERT MORGAN REMEMBERS

Carroll Leggett's article about Harnett County's native son Paul Green (Feb. 2003) was great, the best I have read about Paul Green. It was interesting however, that his nephews, and my friends, Danny and Pete Green, say that he, along with his brother and sister, could pick a bale of cotton a day.

That's not the way my mama remembered it. She grew up with Paul in the same neighborhood around Buies Creek. They picked cotton in the same fields. Mama told me many times when I was growing up that "there just wasn't much to Paul Green and he'd never 'mount to nothin.'" We'd be in the fields picking cotton and when the rest of us would look around for him he would be 'piled back' under a tree with his head stuck in a book." Mama was usually right, but she sure was wrong about Paul.

We here in Harnett County are very proud of our native son. Even the US Highway that runs through Buies Creek is named the "Paul Green Highway" in his honor.

*Robert Morgan, Lillington
Former US Senator*

CONSIDERING AMERICAN CONSUMERISM

Our never-ending quest for growth is becoming a global suicide mission. It's fueled by American consumerism, and it's spreading like cancer. It boils down to, we want and expect too much, and we live beyond our means. But we're not just selfish in our wants—we think more people consuming more stuff is better! Supposedly, we're all gonna get rich, consume lots of resources, and technology is going to make it happen.

What's not being considered is the combined impact upon the Earth from billions of people consuming as we do. Multiply one American's consumption level by 6 billion, and you quickly get a resource-depleted and trashed planet.

And that's where unending growth is rapidly taking us. Within 5 to 10 years, oil will reach its peak production, then start declining. When the global demand for oil exceeds supply, prices will increase greatly. Even using the existing oil threatens global warming and climate change. There's talk of technology finding energy replacements for oil, but we're a long way from that, while the need for oil is growing. Our growth is

setting the stage for a large energy crisis.

Then there's water. For years now, the Colorado River hasn't made it to the ocean because of human extraction. Already, excessive growth has people in conflict over water rights and usage for that river. In many places in the U.S., underground water tables are dropping from overuse. Worldwide, over a billion people lack access to clean water and that number is growing dramatically. Expect our water problems to grow with more growth, locally and globally.

The combined impact of the human race is causing the largest mass species extinction in 65 million years. The extinction rate has been growing rapidly for the past 50 years and continues to get worse. Our growth is leaving no room for other species. It's a very poor reflection on us, and adding more people and consumption will only make a bad situation worse, especially growth in high-end consumers.

The precious economy—our lifeblood and god. We worship it and repeat its importance daily. "Growth is economically good

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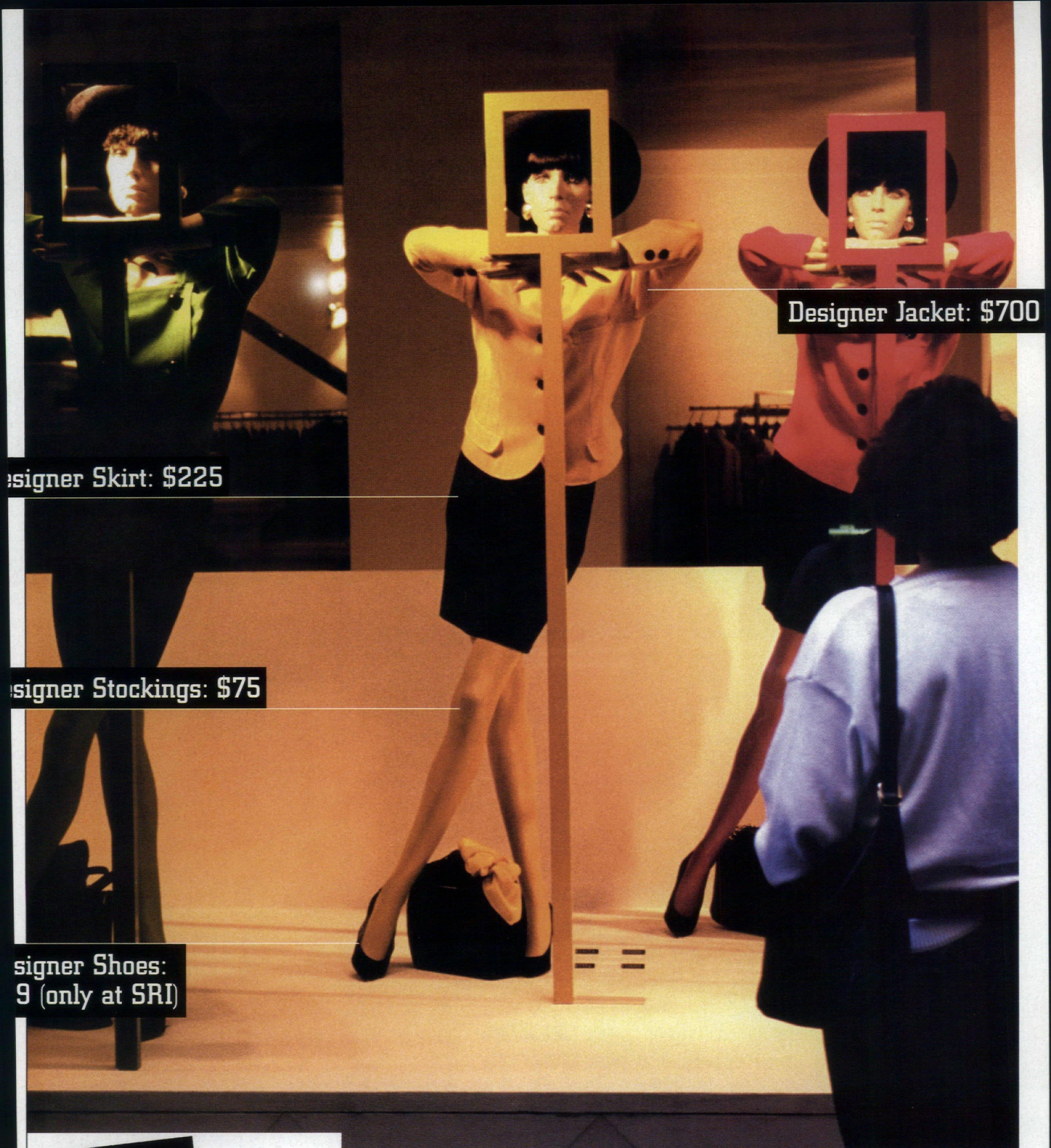
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for our community," is said over and over and over. The pro-growth people have had their way, and look where it's gotten us: personal, business, and government debt are all reaching new heights, and rising. Governments are struggling to maintain existing services, let alone meet the increased needs from growth. More and more taxes are needed to meet ever-growing social needs. More people go without adequate food, shelter and health care. Sure, we consume more than ever, but at a growing, and ultimately destructive, price. More growth will reap more of the same: more debt on all levels, and financially overwhelmed and ineffective governments. Instead of helping communities meet their economic needs, growth results in a net loss.

We used to bring slaves to this country to take advantage of their cheap labor. Now we export our factories to poor countries for a similar reason: very inexpensive labor and few regulations. This way, we can provide inexpensive products for American consumers, and transfer some of the pollution our consumption creates to other countries. Given lax environmental and labor laws abroad, U.S. companies save money and increase their competitiveness in the global market, resulting in economic rewards for shareholders. And of course, we're helping those poor people raise their standard of living by giving them jobs. But what will happen to our cheap products when they demand to get paid as we do? It's in our best interest to keep them poor. Ah, capitalism and the competitive market. It betrays U.S. workers by abandoning them. It takes advantage of poor people, weak environmental laws and cheap

natural resources, all for individual profit. The system only cares about one thing, and it's not what's best for the environment or the majority of the people. Capitalism, as currently practiced, is great for a small percentage of people, but at a growing expense to our communities, our environment, other life, and our future.

New technology will save us, some believe. Don't hold your breath!

Technology can never compensate for Earthly limits. Instead, expect our continued growth to bring more harm than good. We can make a choice to stop our growth, live more lightly upon the Earth and share more equally with one another, or compete our way to a self-destructive end.

Individual efforts to consume less will not have a significant impact on our growth problems. Changes in our laws and social policies are needed to discourage growth in population and high consumption. It will take many people speaking out against growth, demanding change from our elected officials to reduce our combined impact upon the planet. Until then, our problems—on all levels—will get worse. We're growing too big for our own good—locally and globally.

Instead of growing bigger, let's learn to take better care of the people who live here and the land we occupy, and support local business for local needs. Let's place an emphasis on quality, not quantity. At this point in human evolution and development, "more" is not going to be better: for us, for the environment, and for the future of the human race.

*Patrick Bronson
via the Internet*

Bernie Reeves
Editor and Publisher

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Raleigh, NC 27605

Mailing address:
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Phone: 919-831-0999

Toll-free: 800-567-1841

Fax: 919-831-0222

email: metro@metronc.com

Subscription: \$29 one year

Postmaster send address changes to:

MetroMagazine LLC
P.O. Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, N.C.
Published twelve times a year

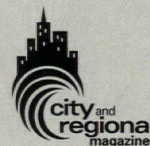
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ISSN 1529-4404



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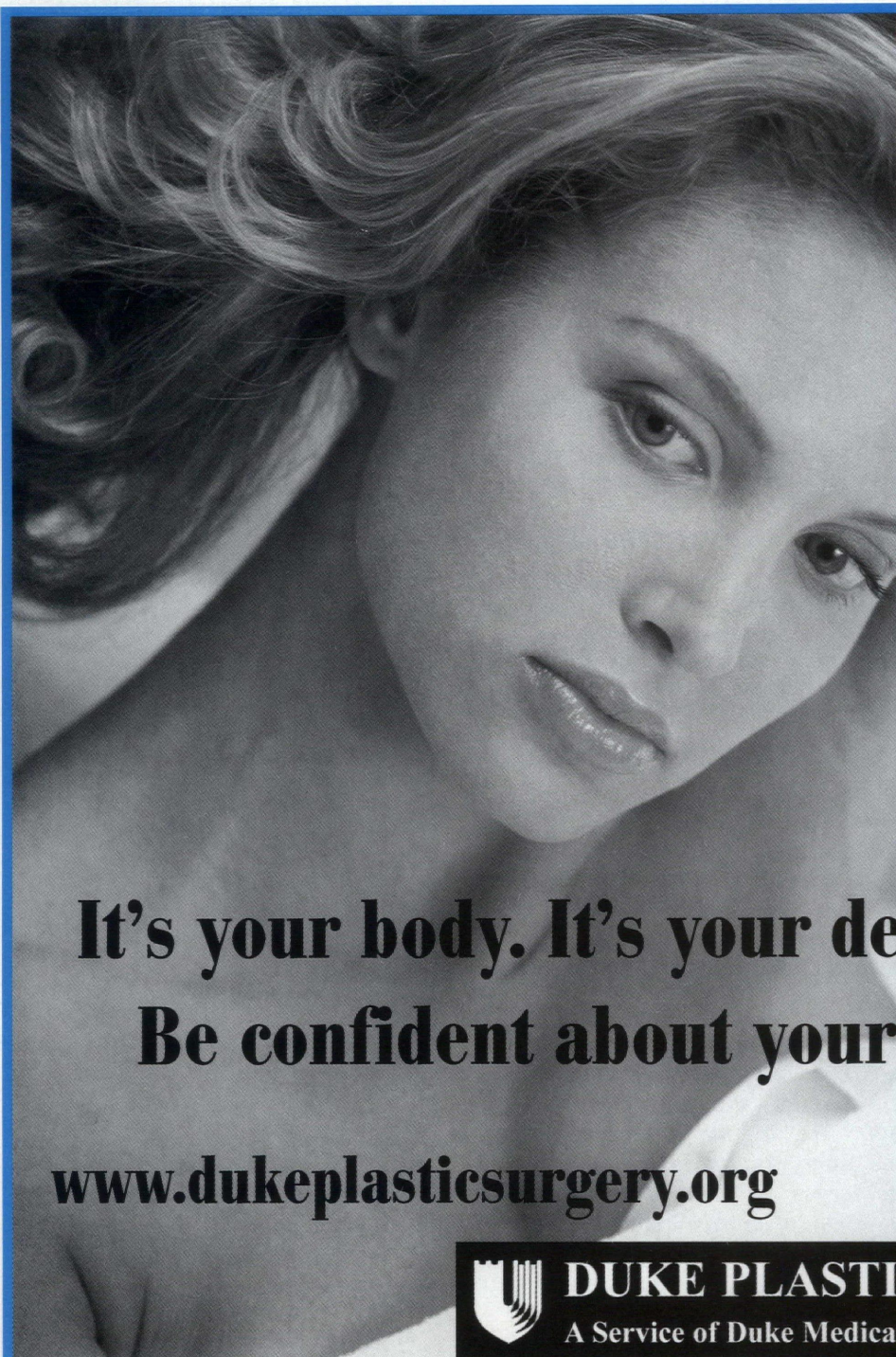
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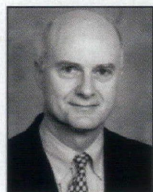
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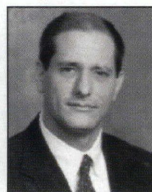
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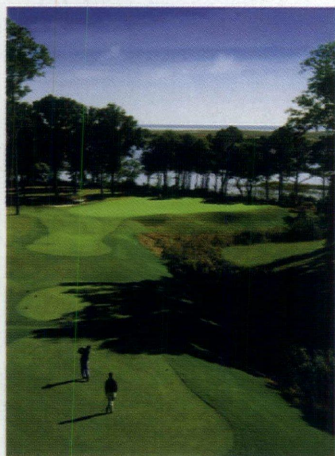


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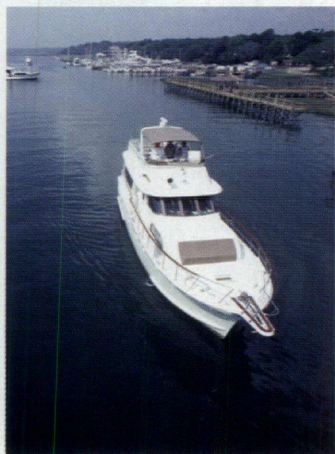
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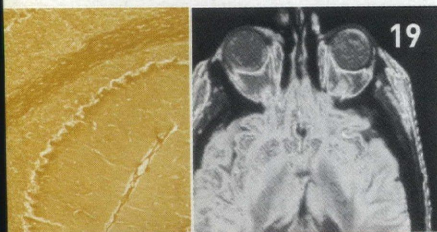
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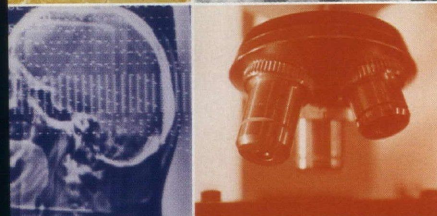
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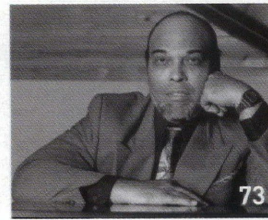
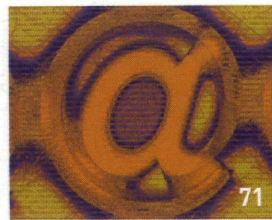
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SECRETS OF STATE

New book of poetry

ARTS PATRON K.D. KENNEDY JR. PUBLISHES *OUR PLACE IN TIME*

K.D. Kennedy Jr. has long been lauded as one of the leading patrons of Raleigh's arts community. He and his wife Sara Lynn have been among the chief supporters of the North Carolina Theatre, and the Kennedy name not only adorns one of the new spaces in the BTI Center for the Performing Arts but has also graced local stages as well: Kennedy's daughter Lauren, for example, is a noted singer and actress, once a favorite in area productions

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Dr. Annie Louise Wilkerson to be honored

RED SWORD BALL SET FOR MARCH 29

Dr. Annie Louise Wilkerson, well known to the Raleigh community for her service to the medical profession, will be honored at the annual Red Sword Ball, a fundraising gala for the American Cancer Society to be held March 29 at the Carolina Country Club. Special guest for the tribute to Dr. Wilkerson is David Hartman, the original host of ABC-TV's *Good Morning America* program. Janet Chesson and Jan Woodard are co-chairs for the 2003 event.

Proceeds from the Red Sword Ball will



finance patient programs, cancer research and education. For more information and to make reservations, contact the American Cancer Society, 919-834-8463.

and currently is appearing on Broadway in *Les Miserables*.

But while the Kennedy name is most linked with Raleigh's theatrical community, K.D. has recently found himself associated with another artistic genre: poetry.

Our Place in Time, Kennedy's 2002 volume of verse, was published by Place in Time Press, in conjunction with Fayetteville's Old

Mountain Press. Sampling a variety of styles, from free verse to tight rhymes, the book ranges from philosophical ruminations to highly personal poems, including many to his family: parents Dorothy and Kenneth D. Kennedy, wife Sara Lynn, daughters Katherine and Lauren, and sons Ken and Michael. Several poems deal with stage life: theater and concerts specifically. Another, "Speechwriter,"



Alice Stubbs and Lou Welch were in the spirit of the annual Mardi Gras Ball, the sumptuous fundraiser for the region's nationally famous Carolina Ballet at the Carolina Country Club February 22. This year's king and queen of Mardi Gras were Mr. and Mrs. Robert B. McGehee. Chairman of the Ball was Mrs. John Franklin Holmes; Co-chairmen-elect were Mrs. James D. Blount Jr. and Mrs. Harrison A. Underwood, III. To be a part of the 2004 ball or to learn more about Carolina Ballet, call 919-719-0800.

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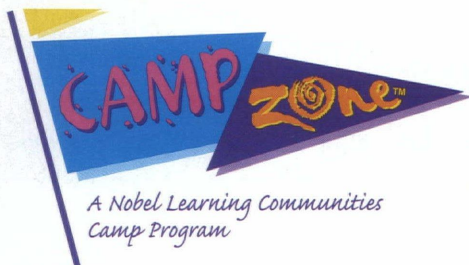
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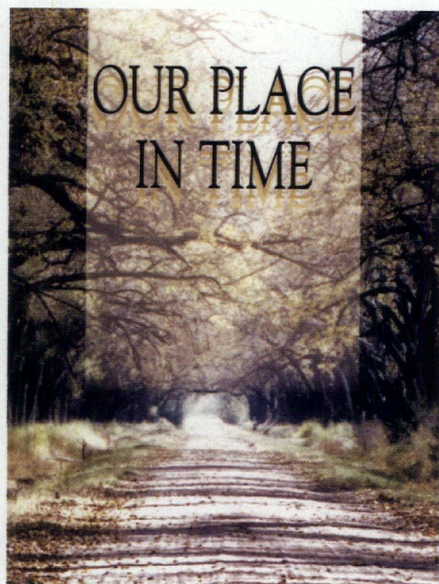
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K.D. Kennedy, Jr.

offers harsh commentary on political scandals. And, at the other extreme, Kennedy is not afraid of humor either; one of the shortest poems in the book is the whimsical "Answerphone Announcement," which offers exactly what it promises.

A native of Wilson, Kennedy earned his bachelor's at Duke University and a master's in electrical engineering at NC State University before embarking on a successful career in the lighting contracting industry.

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FLIGHT SIMULATOR LETS YOU FLY THE WRIGHT FLYER

If you've ever wondered how difficult it was for the Wright Brothers to fly for the first time 100 years ago at Kitty Hawk, Microsoft can help answer that question with the just released version of its "Flight Simulator" software called "A Century of Flight." The program, which runs on PCs, enables users to logon and "fly" some of history's most famous aircraft—including those created by the Wright Brothers.

Other aircraft include the Red Baron's famous red fighter from World War I, Charles

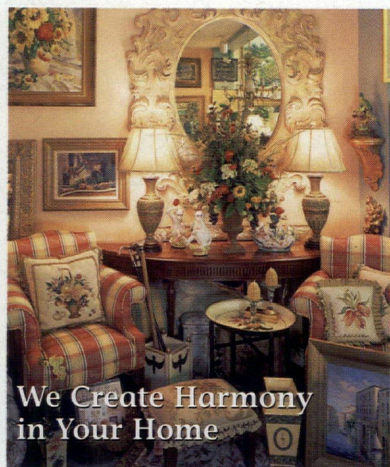
Lindbergh's *Spirit of St. Louis* and the latest commercial aircraft, including the Boeing 777. For details, visit www.microsoft.com.

Showing at Cucalorus Film Festival

AWARD AND SCREENING LAUD CLAUDE HOWELL DOCUMENTARY FILM

The documentary film *Claude Howell: His Life, His Art, His World*, produced by the Louise Wells Cameron Art Museum and directed by then-high school senior Neal Humphrey, recently was awarded first place in the educational documentary category at the North Carolina Museums Council annual conference. Additionally, the film has been accepted into this year's Cucalorus Film Festival, which will be held March 19–23 in Wilmington.

Cameron Art Museum is now showing the documentary, surrounded by many of Howell's



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Director Neal Humphrey, shown here filming shots on Masonboro Island for the Claude Howell documentary

works on display in the Claude Howell Gallery of the museum's Permanent Collection wing. The film will air continuously on a television kiosk in the gallery and also is available for sale for \$16 in the Museum Shop.

The documentary film is about the late Wilmington artist Claude Howell (1915–1997), who spent his entire lifetime observing and chronicling the coastal lifestyle through his painting as well as his writing. His fervent belief that the quality of Wilmington's light

during his lifetime with recently discovered vintage footage of the artist himself. The film also utilizes fragments of the commentaries Howell recorded over 20 years for WHQR Public Radio, as well as interviews with friends, to provide an intimate glimpse into the artist's world.

—Richard Sceiford, *Cameron Art Museum*

continued on page 76

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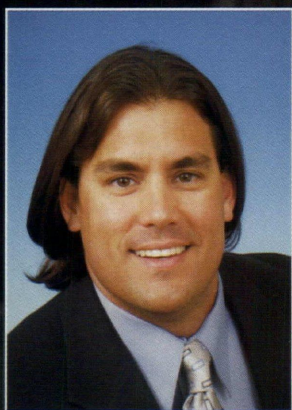
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Striking back at stroke BRAIN WARFARE

by Rick Smith

UNC's expanding Department of Neurology, led by Dr. Frank Longo, targets stroke, Alzheimer's, epilepsy and sleep disorders

Dr. Frank Longo is on the move, striding quickly from one department to another in UNC's rapidly growing Department of Neurology. His blue eyes flash with energy, his 47-year-old runner's trim body sets a pace fast enough to tire the small team walking in his wake. His thick hair is still all jet black, showing no signs of stress or age in a job that would turn many in his position as gray as a Midwest winter's day. Frankly, he doesn't seem to have time to age.

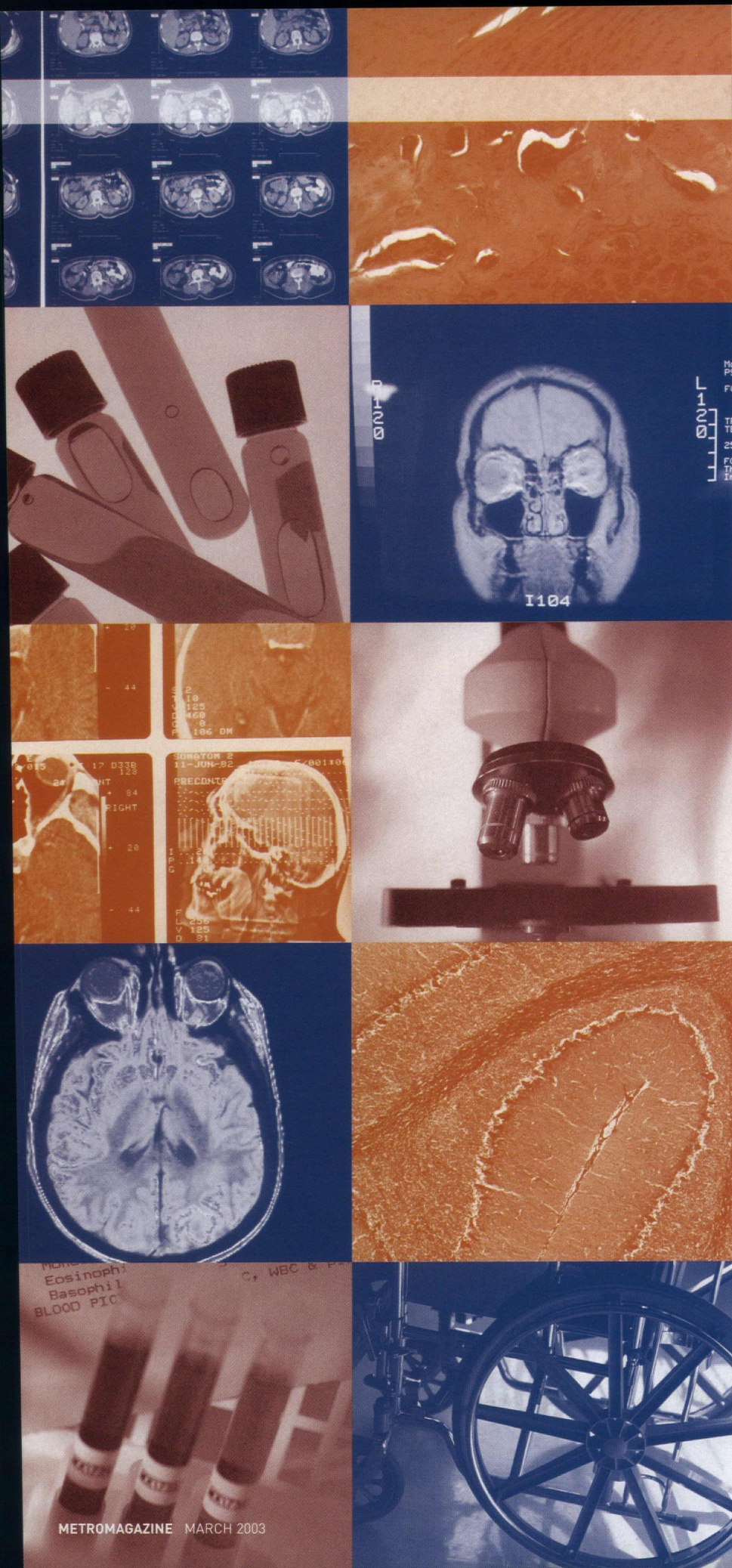
"We live in the stroke belt," he says, referring to the South's unfortunate designation as a region well known for life-ending or lifestyle-changing attacks.

"And North Carolina is the belt buckle," Longo adds, moving his hands inside his white medical jacket to grip his own belt to accent the point. "The fact that this is the stroke belt makes stroke prevention and treatment a high priority.

"To see people walk out of here is the big payoff."

Chair of the UNC department for the past 18 months, Longo is on a mission to help his new home state find ways to prevent and to improve stroke treatment as well as other brain disorders—from sleep to epilepsy, Alzheimer's to multiple sclerosis. Recruited away from the University of California at San Francisco—where he had worked for 17 years—to expand UNC's neurology program, he has presided with great gusto.

"We want to be in the top tier in the



Things are not all
quiet on the sleep front

RESEARCH IS BUZZING AT THE UNC SLEEP DISORDER CENTER

by Rick Smith

While clients sleep, researchers mine reams of data to detect and treat problems that deny patients the rest they need. "I tried nose strips, sleeping in different positions, and all that nonsense; then I decided it was a medical problem," one executive says

The Department of Neurology at UNC School of Medicine has an area within its building with its own special "Quiet" signs.

It's the sleep disorders study center where people—including many business executives—come to discover why they can't sleep, or aren't sleeping as well as they should.

For example, a business executive who agreed to talk with *Metro Magazine* about his sleep problems on the condition he not be identified, went to the center because he couldn't understand what was wrong with him. Normally physically fit, sharp minded and convinced he was a deep sleeper, he found himself constantly tired, taking accidental naps and aching all over.

His declining job performance was putting his career at risk.

"There was an insidious onset of tiredness—extreme tiredness—and diffuse muscle aches," said the businessman. "This was outside of my previous good health.

"I was in danger of losing my job because I would fall asleep during the day, and I wasn't as sharp as I should be, and I was having problems with my memory. I had no clue as to what was wrong."

Sleep never entered his mind as a problem. "If you asked me, I was

country, not because we are competitive but for the benefit of our patients," Longo says. "We want them to know that we have the best vision, the best services. We don't want them to go anywhere else.

"We also are a state-funded institution. We want to provide for our state the best care, the best treatment, the best science."

He also remains a practitioner, complete with a stethoscope hanging out of his coat pocket.

Longo's drive to practice and to lead certainly has impressed those around him.

"I have tremendous respect for him, and I have personally witnessed his abilities," says Dr. Bradley Vaughn, who works for Longo and runs the neurology's cutting-edge sleep and epilepsy centers. "He has an incredible vision and ability to bring together effective individuals. He creates and promotes opportunities in novel areas and has great ability to energize projects and skillfully solve difficult issues.

"He is clearly one of the most effective neurology chairmen in the country."

And UNC, led by Dr. Jeffrey Houpt, the medical school dean, and Eric Munson, the CEO of the UNC Hospitals, is giving him the tools to do the job. Longo is quick to note their support. "The leadership wants this to happen," he says.

Vaughn sees the growth as a collective effort.

"Frank has doubled the size of the neurology department in little over one year and brought in some of the most talented individuals in these subspecialties," Vaughn says. "This alone is a tremendous testimony to Frank, and to the support of Dr. Houpt and Munson. We at UNC and North Carolina as a whole are lucky to have him here."

The administration also made it clear from the start of Longo's tenure that, in an era of tight research budgets and increasing medical costs, Longo and the Department of Neurology would be supported by everyone.

"There will be no turf wars," Vaughn recalls an associate dean telling staff when Longo came on board and the mandate



North Carolina Neurosciences Hospital in the UNC Hospitals complex houses the new stroke unit

BRIAN STRICKLAND / UNC HOSPITALS

"We want to be in the top tier in the country, not because we are competitive but for the benefit of our patients. We want them to know that we have the best vision, the best services. We don't want them to go anywhere else."—Longo

went out to various departments for cooperation. "This is unique," Vaughn says. "Whereas many staffs are competitive, we are cooperative."

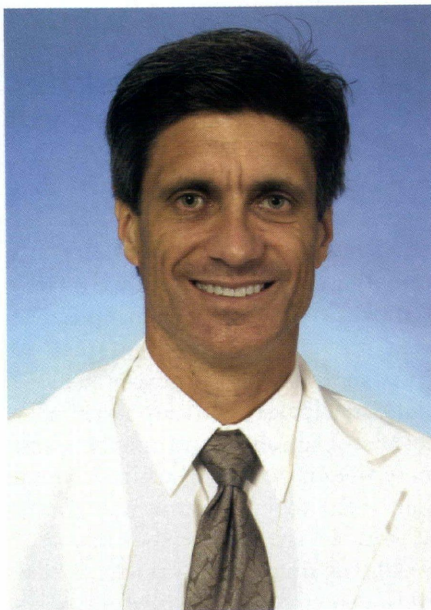
Longo concurs, noting, "There is a very collegial atmosphere here."

UNC also is gearing up to train more neurologists, and Longo is assembling what he calls additional "ward teams." Two residents will be teamed with two interns and between two and four medical students. They will combine to see patients several times a day. The neurology department is also seeking to establish additional fellowships for those neurologists who have finished their residencies and want to focus on training in sub-specialty areas such as stroke, sleep and dementias.

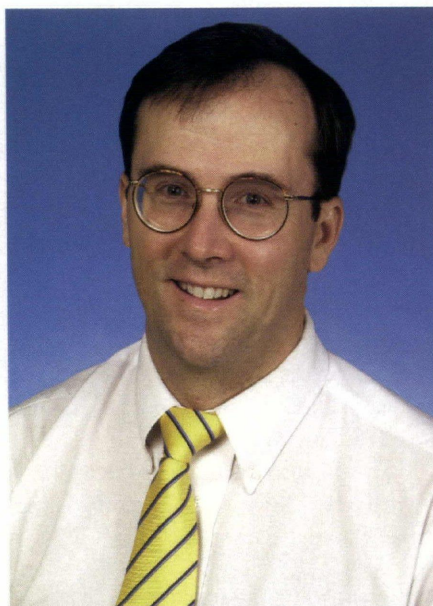
A PLAN TO PREVENT AND TREAT STROKE

Empowered to hire and to expand, he has recruited specialists to man UNC's recently opened stroke center as part of the recently dedicated UNC Neuroscience Center building, just down the street from the main UNC hospital complex. He's beefing up staff for the sleep disorder program and working with other departments at UNC to research cutting-edge biomedical devices.

UNC's commitment can be seen in the fight against stroke. A six-bed stroke unit was dedicated just recently, featuring a staff of neurologists and specially trained nurses who work on a one-to-three patient basis—less than half the normal ratio. Three stroke-trained neurologists who trained at Johns Hopkins, Harvard and the Lahey Clinic already have been hired—Drs. Souvik Sen, Ana Felix and David Huang.



Dr. Frank Longo, head of UNC's Department of Neurology



Dr. Bradley Vaughn, head of UNC's sleep and epilepsy centers

Patients receive intense 24/7 monitoring, and the UNC team is researching not only the means to treat but to prevent stroke.

The stroke center also will work hand-in-hand with other medical disciplines, such as emergency medicine, neuroradiology, neurosurgery, rehabilitation, and cardiology, Longo says. Longo supports a stroke registry that is being established in conjunction with the UNC School of Public Health and other universities. And studies are underway to figure out how

unconscious for eight or nine hours a night. A troubled person with insomnia can't sleep well. I was never troubled by being unable to go to sleep. Sleep was instant, and I thought this was a gift."

His wife talked about his snoring. "I tried nose strips, sleeping in different positions, and all that nonsense; then I decided it was a medical problem," he said. His doctor recommended that he check out UNC's sleep disorder center "on the suspicion I really had a sleep disorder."

Sure enough, he did. The executive was found to be suffering from sleep apnea (Greek word for without breath), a condition that triggered deep snoring, cut off his air supply, and was ruining his sleep even though he felt he was "out" as soon as he hit the pillow. The doctors discovered that the executive was suffering from a combination of both central apnea (originating in the brain) and obstructive (blocked passages).

The doctors decided to treat him with a so-called CPAP machine. Now, he sleeps with the mask-like device. And he's back to his "old self" with heightened energy level, sharper memory—and a lot less weight.

"I understand I will sleep with this seven days a week for the rest of my life," he said, "but I feel like it's a small price to pay."

AFFLICTED IN THE EXECUTIVE SUITE

Dr. Bradley Vaughn, who runs the clinic and is one of a relatively few specialists who focus on sleep disorders, said the executive is far from alone. "We see executives all the time," he explained. "Most of those treated here do quite well. One even took over a company!"

Most of the patients range in age from mid-30s to 50s, and many are executives who "are almost ready to hit a brick wall. They are so tired. They are truly impaired," Vaughn said.

To many of them, a mid-life crisis is sleep related. And Dr. Frank Longo, who runs the UNC Department of Neurology, pointed out: "This is one mid-life crisis that is treatable."

In the clinic at all times, night or

day, people are in bed "sleeping," their bodies wired as if they were on an EKG machine, their every moment recorded on digital cameras.

In this ultra-silent area important research is conducted by the neurology group. Sleep, they say, is a function of the brain, and tens of millions of Americans fight a variety of sleep-related problems. A recent Sleep Foundation survey found that 44 percent of Americans ages 18–29 report sleep problems "a few days a month"; 38 percent of 30–64 year olds and 23 percent of those over 65 also said they had problems.

The more often they had trouble sleeping, the more they encountered daytime drowsiness, insomnia or other problems such as tiredness, stress and emotional duress. The same survey found that people who slept well felt full of energy, relaxed and happy.

Drowsiness also plays a factor in 100,000 auto crashes a year that kill 1550 people, injure 71,000 and cause \$12.5 billion in property damage, according to the National Highway Traffic Safety Administration.

Specific sleep disorders include sleep apnea, narcolepsy, restless legs, periodic limb movements, parasomnias, and jet lag.

A number of studies also have linked sleep, or lack thereof, to other physical ailments such as cardiovascular disease in women and even shortened lifespan. A recent study from the Archives of General Psychiatry, for example, triggered controversy when its survey of 1.1 million Americans claimed that people who slept six or seven hours a night had a lower risk of dying than those who slept nine or 10 hours.

The UNC center stays quite busy, conducting 1000 patient studies a year with its current three units. When the number of units is raised to 16 under planned expansion, the number will hit 4000 per year.

And no one needs to tell Vaughn or staff that sleep is one big problem. The center gets a dozen requests a day for help.

Said Vaughn: "Sleep is as important as eating and drinking water." **MM**

patients can be delivered more quickly to stroke units when an attack is suspected.

"The first three hours are crucial," Longo says. If patients can be treated within three hours of the onset of stroke, permanent damage can often be avoided. "We have to find what causes any delays and address those." He says better training of emergency workers in the field will help in stroke detection and treatment, and he wants to work with other hospitals to spread the knowledge and expertise UNC develops, adding, "This can't be just a few hospitals." He also wants doctors to be more willing to send on patients whom they believe may have stroke symptoms. "Call us," he says, "and send them on."

The neurology department is also studying means of detecting where strokes have struck in the brain and delivering "clot-busting" drugs directly to the spot through the skull. These methods can help prevent damage even if the three-hour time period has passed, he says. New scanning equipment also enables the UNC system to map every blood vessel in the brain in search of clots in a mere 15 minutes.

"In the old days," Longo says, "the process would take hours and required a catheter and dye."

Given stroke's prevalence as a killer in North Carolina (no. 3, behind heart disease and cancer, says the NC Department of Health and Human Resources), Longo also is tackling prevention.

"This is not your standard neurology department," he says. "We want to stop stroke before it even starts."

ATTACKING ALZHEIMER'S

Longo is taking what he describes as a "team approach" to the study, treatment and prevention of neurological disorders. Rather than study afflictions singly, he is directing that work be done collectively and across departmental lines. What one group learns about how sleep could have major impact on preventing stroke, for example.

Alzheimer's research has been an area of special interest to Longo for years. Of particular interest to him are small molecules that might be synthesized in labs and used to prevent the death of neurons in the brain that leave Alzheimer's victims alive but

unknowing.

"Families are desperate for help," says Longo, who works with the Alzheimer's Association of Eastern North Carolina, which is based in Raleigh.

"We have an army of people headed for nursing homes," he warns, saying the number of people at risk runs into the "millions." Especially concerned are the baby boomers who see aging parents afflicted with the incurable disease. Former President Reagan, one of the century's most powerful men and effective leaders, is a poignant example—helpless and living with few, if any, memories. A cure may not be available today, but Longo is convinced that a delay in onset is possible.

"We are putting a lot of time into deterrence," Longo says. "We have recruited two dementia specialists, and our intent is to build an Alzheimer's/dementia program. We are working on ways to prevent the death of those neurons, to delay the onset of Alzheimer's by five years. If we can do that, the patient population will go down by half."

The onset of Alzheimer's often occurs late in life, so pushing back the onset would mean people would at least keep their mental faculties even as they fight the other maladies of age, he says. Memory disorders, such as Alzheimer's, are the focus of the Memory and Cognitive Disorders Program. Longo says the group is reaching out to work with the UNC School of Public Health and the UNC Department of Sports Physiology.

Longo's work received a grant from the Alzheimer's Association while he was at UCSF. At the age of 24, he received first place in a national student forum for neuroscience study. He received his MD from the University of California at San Diego and also a PhD. In addition to his duties as chair of the UNC department, he continues to teach.

Longo, a native of Canada who moved to the United States with his family when he was two, is building the neurology department around several programs in addition to stroke study and treatment. Sleep disorders treatment is led by Vaughn with key help from Dr. O'Neal D'Cruz who focuses on pediatric issues. According to

Longo, more sleep-trained neurologists are on the way. Epilepsy treatment is again led by Vaughn, along with Dr. Albert Hinn and Dr. Michael Tension. The number of epilepsy monitoring stations is to increase to nine from four, and a neurologist trained in epilepsy surgery is being added to the staff.

Leading a writer through a tour of the epilepsy command center, Longo points to the series of monitors, high-powered computers and systems designed to track patients every moment of every day. He and Vaughn talk about the "songs of a seizure"—the seismographic jumps up and down the monitors show as a seizure begins. They talk about the importance of early epilepsy detection in children. "They will be branded as learning disabled," Longo says. He talks about adults who aren't aware they have a problem, that they will "at times stare off into space" never realizing something is wrong.

For people afflicted with epilepsy, Vaughn says, "Life is like watching a jerky movie."

Other points of emphasis for the neurology department include neuromuscular disorders, pain management, HIV neurology (studying the impact of AIDS on the central nervous system, led by Dr. Collin Hall), child neurology, movement disorders, multiple sclerosis, and treatment of people with terminal conditions.

"I WANTED THE DOCTORS TO MAKE HER WALK"

Longo's own vision about career, teamwork and service was shaped from an early age. He recalls wanting to become a doctor quite early in life when he became aware that his younger sister—afflicted with cerebral palsy—was unable to walk.

"My sister Patti is one year younger than me and has severe cerebral palsy," he says. "She is confined to a wheel chair and severely cognitively affected."

"Many of my earliest memories consist of going to the many doctors with Patti and my mother (Lena Longo). I wanted the doctors to make her walk."

"My mother, who is an RN, explained to me that once the brain is damaged, it cannot be repaired. From that point on, I have been determined to contribute at least one of the many pieces of the puzzle that

will allow us some day to cure so called non-curable disorders of the nervous system. Having a sister with a severe neurological disorder and having a mother who had a passion for patient care were clearly big influences for me."

His "please the customer" approach is a lesson he learned long ago from his late father, Dominic.

"I grew up in a business family," he explains. "My father, Dominic, who never finished high school, rose from very humble beginnings and ended up with the largest car dealership in the world. He was a used-car salesman who dreamed of building the world's biggest dealership. That's what he did."

"He originally sold Fords but the Ford dealership he worked for went out of business in 1967," the younger Longo recalls. "His dream was to some day own his own dealership. He applied to Ford to start a dealership, but he was told that someone who hadn't finished high school would not be considered qualified to run a car dealership."

Not to be dissuaded, the elder Longo turned elsewhere.

"At that time Toyota in the United States was just getting started and was looked down upon by successful automotive people," Longo says. Dominic knew the feeling. "After being turned down by Ford, he started a very small Toyota dealership, called Longo Toyota, in El Monte, at that time a rough industrial town just east of Los Angeles."

Within a few years, Dominic's passion to build a successful business and to provide customers with great care, paid huge dividends. "Within a few years Longo Toyota became the largest selling Toyota dealer in the country," his son recalls. "By the late 1970s, Longo Toyota sold more cars per year than any car dealer, including Ford, in the United States and by 1980 in the world."

The secret to success was simple to state but a job to implement.

"The most important ingredient to his success in becoming the largest car dealer in the world was treating customers well and operating at a standard of professionalism that is unfortunately still quite rare in the car industry," Longo says.

His father died in 1985, and the family sold the dealership to auto-racing magnate Roger Penske.

"Roger also had a reputation for treating his customers and employees well," he says. "The original plan was to change the name to Penske Toyota, but the customer loyalty to Longo Toyota was too great. Today, Longo Toyota still flourishes in El Monte but in a new and larger location."

The growth of the elder Longo's business was no excuse for the son to have an easy life, however. The elder Longo's schools of hard knocks and hard work helped drive into the younger Longo's mind a determination to sweat and to serve.

"I worked in every part of the business—a mechanic, in parts, in sales, in finance," Dominic says. "I saw how they must all work together if they are to succeed. It's very hard to do."

The car dealer impact comes through when he describes some of the neurological work being done. "Each part of the brain is taken on a test drive," he says, referring to the intense battery of tests given each patient in the epilepsy center.

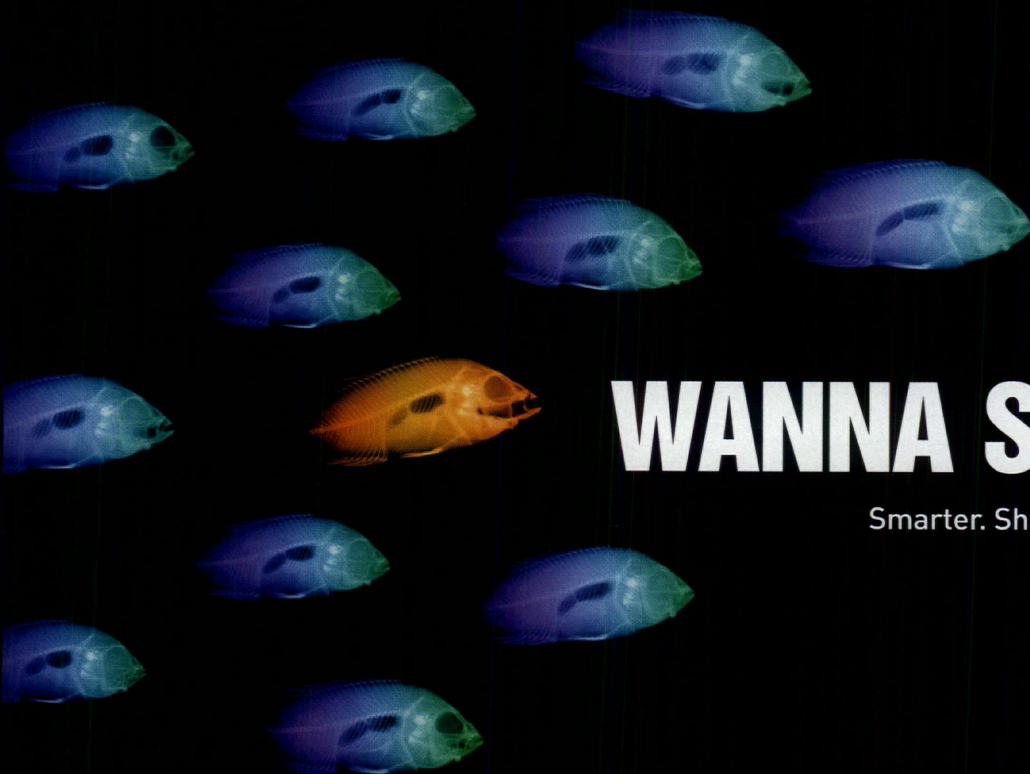
Talking about the neurology department's team approach, he uses a car analogy: "No, you can't run on two wheels." And he's aware of the competition—for patients, for leading-edge research and development and for talented staff.

"In the car business, how many dealers focus on stealing customers from someone else?" he asks rhetorically.

"One of our most important indicators of how we are doing is our medical students," Longo says of the approach and its impact on all involved—students, faculty, staff and patients. "The UNC students recently asked if the neurology department could provide additional lectures and teaching in neurology. Can you believe that? When was the last time students wanted more lectures?"

"We have tried to bring good business practice to medicine. The No. 1 thing is that the patient is your customer. There are many other car dealerships out there, and you must keep your customers happy. It's the same with hospitals," Longo says.

"No. 2, you have to have a vision. All the parts must work together. For all of us to see that we are going to the same place is crucial." **MM**



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Wellness centers

by Rick Smith

KEEPING THE BOOM IN THE BABY BOOMERS

The growing number of fitness and health centers appeal to people of all ages, but the baby boomers especially are signing up. From yoga to T'ai Chi, basketball to swimming, stress classes to nutrition, even weekend executive retreats, wellness programs focus on mental and physical fitness.

As baby boomers continue to age, many are becoming more focused on health and fitness as they haven't been before—or in years.

Golf. Basketball. Yoga. Aerobics. Swimming. Weight training. Even belly dancing.

Across central and eastern North Carolina, more so-called Wellness Centers are springing up to meet a growing demand for these offerings and many more.

Wellness Centers have been around in some cases for nearly two decades. Of course, gyms and health clubs aren't new, either. But the concept of the Wellness Center—a place where people can exercise, take stress management or lifestyle classes, learn varieties of dance under the direction of certified medical personnel—seems to be catching a wave of interest not seen before.

Rex Healthcare is building a new facility in Garner. FirstHealth of Pinehurst has built seven Wellness Centers across southeastern North Carolina. Fayetteville features a mammoth 65,000-square-foot facility. And UNC Healthcare in Chapel Hill just opened its Wellness Center at Meadowmont.

"Ten to 15 years ago, the people you would find in any fitness centers were the 'jocks'—the 8 percent or so of the population who work out no matter what," said John Caliri of FirstHealth of the Carolinas in Pinehurst. "Now, so much of the focus is on a healthy lifestyle that we see a cross section that represents the whole population."

"The boomers," he added, "are the key to our whole industry."

Neil Byrd of Rex Healthcare in Raleigh concurred. "Our focus is on adults, and 55 percent of our participants have never belonged to a health club before," he said.

"The average age is 54.

"A lot of these people are involved in careers and raising families, and they have reached a point in life where they realize it's time to take care of themselves."

Pilates dance classes, which are designed to strengthen abdominal muscles, are red hot, according to Wellness center experts. Yoga, too, is in demand. So are traditional sports. Many of the centers have indoor pools. Some have indoor running tracks. All have a variety of weight machines.

Byrd, who has been in the wellness business for more than 20 years, said people are driven to improve their health. "The industry has shifted from a more cosmetic focus to a health focus," he said. "Most of what we offer now is based on scientific evidence for exercise and prevention. It's based on sound principles and science."

"It's not a fad, either," he added. "I've been in the business for 23 years, and it's still growing."

Caliri, who has worked with FirstHealth for six years, said the boomers understand the importance of exercising in some way. "Their thinking is starting to change, about staying healthy overall," he explained. "Also, they know that if they stay healthy they may not have as many acute problems down the road as they will if they are sedentary."

Based on some of the more popular classes, the boomers are doing everything but just sitting around.

The hottest class at the center in Pinehurst these days may come as a surprise to some—belly dancing. "We have two classes, and they are sold out," Caliri said. "They pay extra to take the classes, too." Several people also are taking drumming classes that combine movement, meditation and breathing to the beat of drums.

Also growing in popularity is T'ai Chi, a self-defense and meditation technique. Like yoga, T'ai Chi combines the mental and physical.

"Many people are moving to the mind-spirit-body aspects of wellness," Caliri said. "People are exercising and also taking classes on how to eat right, how to balance their lives, how to handle stress, how to handle medication. They are focused on the spiritual side, too. It doesn't matter what religion you are. There is some spiritual component in your life."

What follows is a sampling of Wellness Centers in Metro's circulation areas.

FIRSTHEALTH OF THE CAROLINAS

The most extensive series of wellness centers is operated by FirstHealth of the Carolinas in Pinehurst. In addition to its primary facility in Pinehurst, FirstHealth operates facilities in Southern Pines, Troy, Mt. Gilead, Raeford, Rockingham and Pembroke.

The multipurpose facilities include areas for racquetball, basketball, volleyball, fitness classes, yoga, Pilates, even kick boxing.



FirstHealth Center for Health & Fitness—Pinehurst

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Five of the centers—Pinehurst, Southern Pines, Raeford, Rockingham and Pembroke—have indoor pools.

Special classes include lifestyle balance, stress management and nutrition.

Web site: www.firsthealth.org/fitness

REX WELLNESS CENTERS

Rex operates Wellness centers near the hos-

pital in Raleigh and in Cary. A third center will open this fall.

The existing centers have swimming pools, and the Raleigh facility has an indoor track. Both have extensive exercise facilities and gymnasiums.

Classes include stress management, weight management, yoga, Pilates and T'ai Chi.

Web site: www.rexhealthcare.com/centers/wellness/raleigh.htm

WELLNESS CENTER AT MEADOWMONT

UNC Healthcare recently opened its new center, The Wellness Center at Meadowmont, in Chapel Hill.

The 52,000-square-foot building includes an Olympic-size swimming pool, indoor track, aerobics studios, game rooms for basketball and volleyball, plus a wide variety of cardiovascular and strength-training equipment.

In addition, The Wellness Center offers numerous classes and lifestyle education programs covering physiological testing and screening, nutritional evaluations, stress management, and alternative forms of care such as acupuncture and massage therapy.

Stress class, T'ai Chi and pool aerobics also are offered.

Web site: www.uncwellness.com/offers/index.htm

WAKEMED HEALTHWORKS

WakeMed offers a variety of fitness and rehabilitation services through its HealthWorks program. It is only available at WakeMed's primary facility on New Bern Avenue in Raleigh.

The fitness area includes a gymnasium large enough for half-court basketball as well as aerobics. A variety of treadmill and other fitness machines is available. Yoga classes are offered.

Although WakeMed does not have a swimming pool, it does have a therapy pool for water aerobics and therapy.

A special feature is its Healthpark, an area for patient rehabilitation. The indoor facility includes a bank, a store, a putting green and even a boat mounted on springs. The boat is for people who enjoy boating or fishing, but are undergoing rehabilitation and want to adjust to a boat's rocking motion before leaving the hospital.

Web site: www.wakemed.org/cardiac/healthworks.html

DUKE CENTER FOR LIVING

The Duke Diet & Fitness center in Durham offers a variety of exercise and dietary programs. The center specializes in programs for executives who want to learn

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how to lose weight and improve fitness. Among its offerings are one- to three-day programs that include full physical examinations, counseling, fitness, nutrition and stress management evaluations as well as lifestyle assessments.

A three-day program is offered for executive management teams, including a complete full-day physical and a variety of workshops.

The Duke center also has a wide variety of rehabilitation and fitness programs for patients with arthritis, cancer and pulmonary ailments.

Web site: www.dukecenter.org

HEALTHPLEX OF CAPE FEAR VALLEY HEALTH SYSTEM

This 65,000-square-foot facility in Fayetteville features a swimming pool, warm-water therapy pool, full-court basketball floor, walking and running track and more than 100 pieces of cardiovascular and strength equipment.

Classes are offered as well in yoga and T'ai Chi, aerobics, Pilates, healthy cooking, weight management and stress management.

Web site: www.capefearvalley.com/healthplex.htm

ANAHATA HEALING CENTER

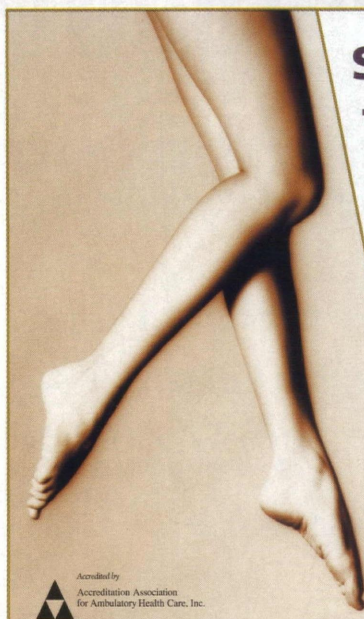
This center, which opened in Cary last summer, focuses on what it calls an "alternative approach to health." The focus is on yoga and T'ai Chi plus acupuncture, massage therapy of different types and other classes, like yoga.

Anahata takes its name from what is described as one of seven "energy centers," or charkas, in the body, the "anahata" being the one closest to the heart.

Web site: www.anahatahealingcenter.com **MM**



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Columbus (NYY)

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Pawtucket (Bos) **Friday Fireworks**

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APRIL						
SUN	MON	TUES	WED	THUR	FRI	SAT
			1	2	3	4
		5	6	7	NOR	NOR
8	9	10	11	12	13	14
NOR	RIC	RIC	IND	IND	LOU	LOU
15	16	17	18	19	20	21
LOU	off	IND	IND	LOU	LOU	LOU
22	23	24	25	26	27	28
LOU	CHA	CHA	NOR	NOR	NOR	RIC
29	30	31				
RIC	CHA	CHA	off			

ROME Games start at 7pm, Sundays at 5pm

HOME Home Day Game - Time as Indicated

ROAD *Road Game*

MAY						
SUN	MON	TUES	WED	THUR	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Durham Bulls Athletic Park Gates open one hour prior to Game Time

★ *Fireworks Night at the DBAP*

SUN	MON	TUES	WED	THUR	FRI	SAT
TOL 1	TOL 2	COL 3	COL 4	COL 5	COL 6	COL 7
COL 8	COL 9	COL 10	off 11	OTT 12	OTT 13	OTT 14
OTT 15	PAW 16	PAW 17	PAW 18	PAW 19	SCR 20	SCR 21
SCR 22	off 23	PAW 24	PAW 25	PAW 26	PAW 27	LOU 28
LOU 29	LOU 30					

INTERNATIONAL LEAGUE KEY

BUF	Buffalo Bisons (Cle)	PAW	Pawtucket Red Sox (Bos)
CHA	Charlotte Knights (WSN)	RIC	Richmond Braves (Atl)
COL	Columbus Clippers (NYT)	ROC	Rochester Red Wings (Min)
IND	Indianapolis Indians (Mil)	SCR	Scranton-WB Red Barons (Ph)
LOU	Louisville Bats (Cin)	SYR	Syracuse SkyChiefs (Tor)
NOR	Norfolk Tides (NYM)	TOL	Toledo Mud Hens (Det)
OTT	Ottawa Lynx (Bal)		

JULY

SUN	MON	TUES	WED	THUR	FRI	SAT
		1 TOL	2 NOR	3 RIC	4 RIC	5 RIC
6 RIC	7 RIC	8 BUF	9 BUF	10 BUF	11 BUF	12 NOR
13 NOR	14 off	15 ALL-STAR BREAK	16 ALL-STAR BREAK	17 BUF	18 BUF	19 BUF
20 BUF	21 OTT	22 OTT	23 OTT	24 OTT	25 IND	26 IND
27	28	29	30	31		

USA Baseball Game.
Games start at 7pm except July 20 at 5pm

AUG/SEPT						
SUN	MON	TUES	WED	THUR	FRI	SAT
					IND	IND
3	4	5	6	7	8	9
IND	TOL	TOL	COL	COL	LOU	LOU
10	11	12	13	14	15	16
LOU	off	RIC	RIC	RIC	RIC	COL
17	18	19	20	21	22	23
COL	CHA	CHA	NOR	NOR	NOR	RIC
24	25	26	27	28	29	30
RIC	CHA	CHA	CHA	CHA	CHA	CHA

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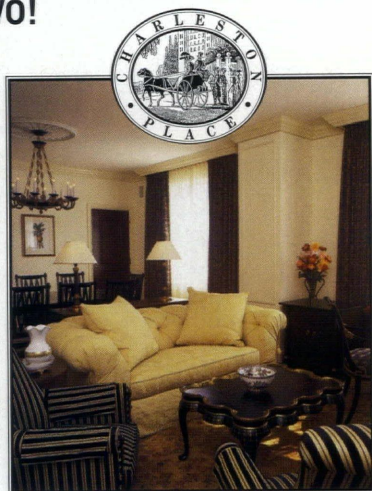
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1. You must complete at least 20 categories for your ballot to count.
2. Ballots must be postmarked by April 20, 2003.
3. Only one ballot per reader, please.

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E-mail:	

ENTRY BALLOT

Tell Us Your Favorite

RESORT/TRAVEL/HOTEL

- Golf resort
- Resort spa
- Airline
- City hotel
- Hotel for out-of-town guests
- Hotel for meetings/conventions

FOOD

- Health food store
- Grocery store
- Wine retailer
- Southern food
- Outdoor dining
- Coffee house
- Restaurant
- New restaurant
- Chinese restaurant
- French restaurant
- Greek restaurant
- Indian restaurant
- Italian restaurant
- Japanese restaurant
- Mexican restaurant
- Seafood restaurant
- Thai restaurant
- Vegetarian restaurant
- Waitstaff
- Chef
- Caterer
- Bagels
- Barbecue
- French fries
- Hot dog
- Hamburger
- Pizza
- Steaks
- Subs

SHOPPING/RETAIL

- Mall
- Shopping center
- Department store
- Men's clothing store
- Women's clothing store

Place to buy:

- Wedding ring
- Designer jewelry
- Watch
- Shoes
- Handbag
- Sunglasses
- Perfume
- Linens
- Wedding presents
- Lingerie

ENTRY BALLOT

Tell Us Your Favorites

Bathing suit	Public college
Maternity clothes	Scenic college campus
Kids clothing	Party school
Wedding dress	Private high school
Evening/cocktail wear	Private lower school
Outdoor clothing	FINANCIAL INSTITUTION
Golf equipment	Bank
Tennis equipment	Financial planner
Picture framing	Insurance agency
Piano	OUT IN THE PUBLIC
HOME LIFE	Public museum
Florist	Historic site
Garden center/nursery	Public gardens
Place to own a second home	Sporting event
Residential real estate company	Cultural event
Commercial real estate company	MEDIA
Home improvement store	Regional TV personality
Place to buy:	National TV personality
Indoor lighting	Radio personality
Hardware	Weather personality
Windows	Fiction book
Kitchen appliances	Non-fiction book
Mattress	Local author
Bed	Chain bookstore
Paint	Local bookstore
Wallpaper	INDULGENCES
Fabrics	Cigarettes
Contemporary furniture	Cigar
Traditional furniture	Soft drink
Beach house furniture	Beer
Outdoor furniture	Wine
Carpet	Liqueur
Art	Vodka
Oriental rug	Bourbon
Antiques	Gin
HEALTHCARE/WELLNESS	Scotch
Hospital	Rum
Emergency room	Marguerita
Birthing center	Martini
Cardiac center	Bloody Mary
Cancer care center	Cosmopolitan
Eyecare center	Beer selection in a restaurant
Plastic surgery center	Wine selection in a restaurant
Vein clinic	AUTOMOTIVE
Lasix eye center	Car dealership
Health club	Sports utility vehicle
Day spa	Sports car
Wellness center	Van
COMMUNICATIONS/TECHNOLOGY	Truck
Internet service provider	Sedan
Computer retailer	SPORTS
EDUCATION	Favorite sports team
Private college	Golf course

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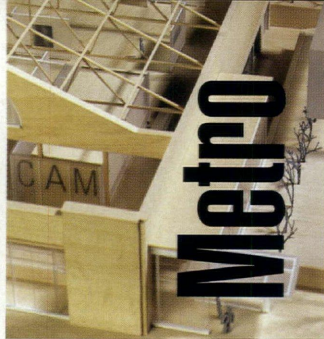


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Design

by Diane Lea

The art of architecture

NORTH CAROLINA ARCHITECTS AND THE MODERN MOVEMENT

It is an acknowledgment of North Carolina's finest—a sophisticated and innovative display of design work by some of the state's most accomplished architects. From February 20 through May 18, the Duke University Museum of Art (DUMA) is featuring models, free-hand sketches, pastels, graphics and watercolors by 21 practicing North Carolina architects in an exhibit entitled, *The North Carolina School: The Art of Architecture*. The exhibition applauds the work of a competitively selected group of architects and highlights North Carolina's role in the growth and flowering of modern architecture. The show is the first of a planned series of events bestowing public recognition to the art of architects, many of whom were imbued with a strong modernist ethic while students at North Carolina State University's innovative College of Design.

Although North Carolina is consistently noted for its diverse writers, painters, crafts persons and performers, even occasionally touted as the State of the Arts, it may be less well known for its landmark work in modern architecture. With this in mind, Chapel Hill architect Phil Szostak, a 1970s graduate of NCSU's College of Design, conceived of *The Art of Architecture* exhibition. It is a visual catalogue of each architect's artistic and architectural skill in transforming a model, a site plan, a design detail into a beautiful and functional modern building or complex of buildings. "I wanted the exhibition to show where the magic of modern architecture comes from," says Szostak, "There is a lot of creative energy involved in getting to the final version of an architectural project, and very few products of that energy get seen outside the architect's office."

Szostak took his idea to Michael Mezzatesta, DUMA's Director, who was immediately sympathetic to the proposal. Mezzatesta had long been impressed with the caliber of architecture in the state and saw the project as an extension of past DUMA exhibits showcasing new artists in



Chapel Hill architect Phil Szostak conceived of the exhibition to "...show where the magic of modern architecture comes from."

a variety of media: painting, paper, sculpture and designed objects. The proposed exhibit was also timely. "We at DUMA are deeply involved in the process of architecture right now as we build our new museum, the Nasher Museum of Art, designed by Rafael Vinoly," says Mezzatesta. Vinoly, whose internationally acclaimed work is solidly within the modernist school, has designed the museum as a series of five pavilions surrounding a 9000-square-foot

Great Hall. The necklace of structures is connected by an innovative freestanding multi-angled glass roof. The 60,000-square-foot structure will be surrounded by a sculpture garden on a nine-acre setting near the Sarah B. Duke Gardens. Mezzatesta notes that he and Anne Schroeder, DUMA's Curator for Research and Exhibitions, see *The Art of Architecture* as providing a framework for understanding modern architecture. "The show is important both artistically and historically."

To help place the exhibition in context, Szostak and the DUMA staff organized opportunities for the public to learn about the rationale for the show through lectures and activities. Perhaps the most comprehensive look at the exhibit's significance will be offered in a panel discussion held at 6 p.m., Thursday, March 20. As speakers for this event, Szostak has tapped NCSU College of Design Professor Robert Burns, FAIA; award-winning Raleigh architect Frank Harmon, FAIA; and *Metro Magazine* editor and publisher Bernie Reeves, whose father, Ralph Reeves of Holloway Reeves Architects, was the principal in one of Raleigh's most prolific mid-to late-20th-century architectural firms.

As part of the effort to bring architects to the forefront of public consciousness, Szostak asked that each exhibitor be represented by a photograph. These portrait quality likenesses are part of the exhibition.

Bob Burns is an architect and educator whose career at the NCSU College of Design began when he was a student of founding dean Henry L. Kamphoefner. (The college is celebrating its 55th anniversary this year.) In 1948, Kamphoefner was recruited to develop the program, which many regard as the first American school of

Clearscapes of Raleigh is represented by Exploris' sophisticated assemblage of shapes and spaces.



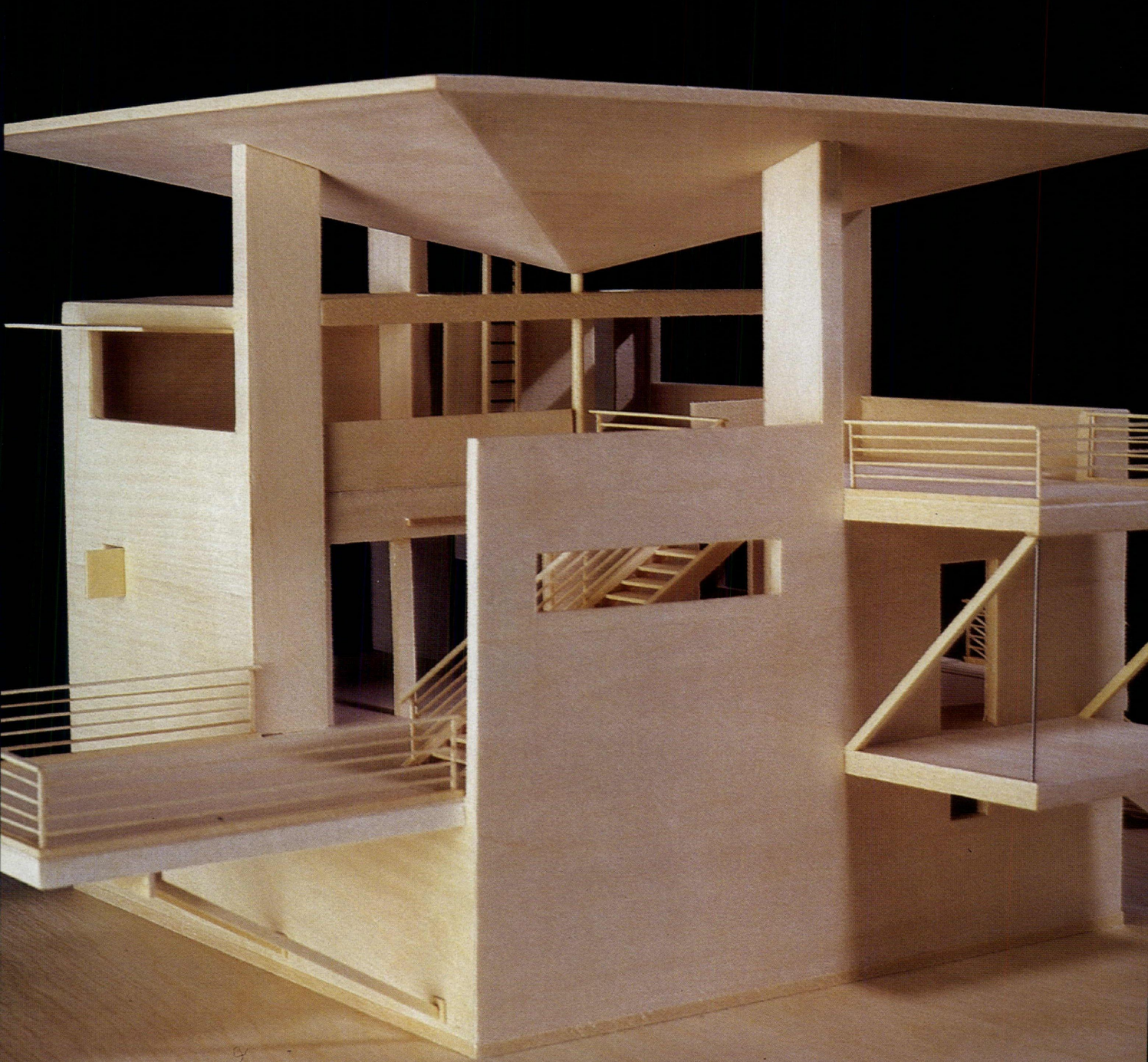
modern design. Burns, who served three terms as head of the architecture department, is currently writing a book on the history of the school of design. "A lot of the impetus for the work in this post-millennium exhibit derives from the tremendous impact that Kamphoefner and the school had on the development of the modern architecture movement," says Burns.

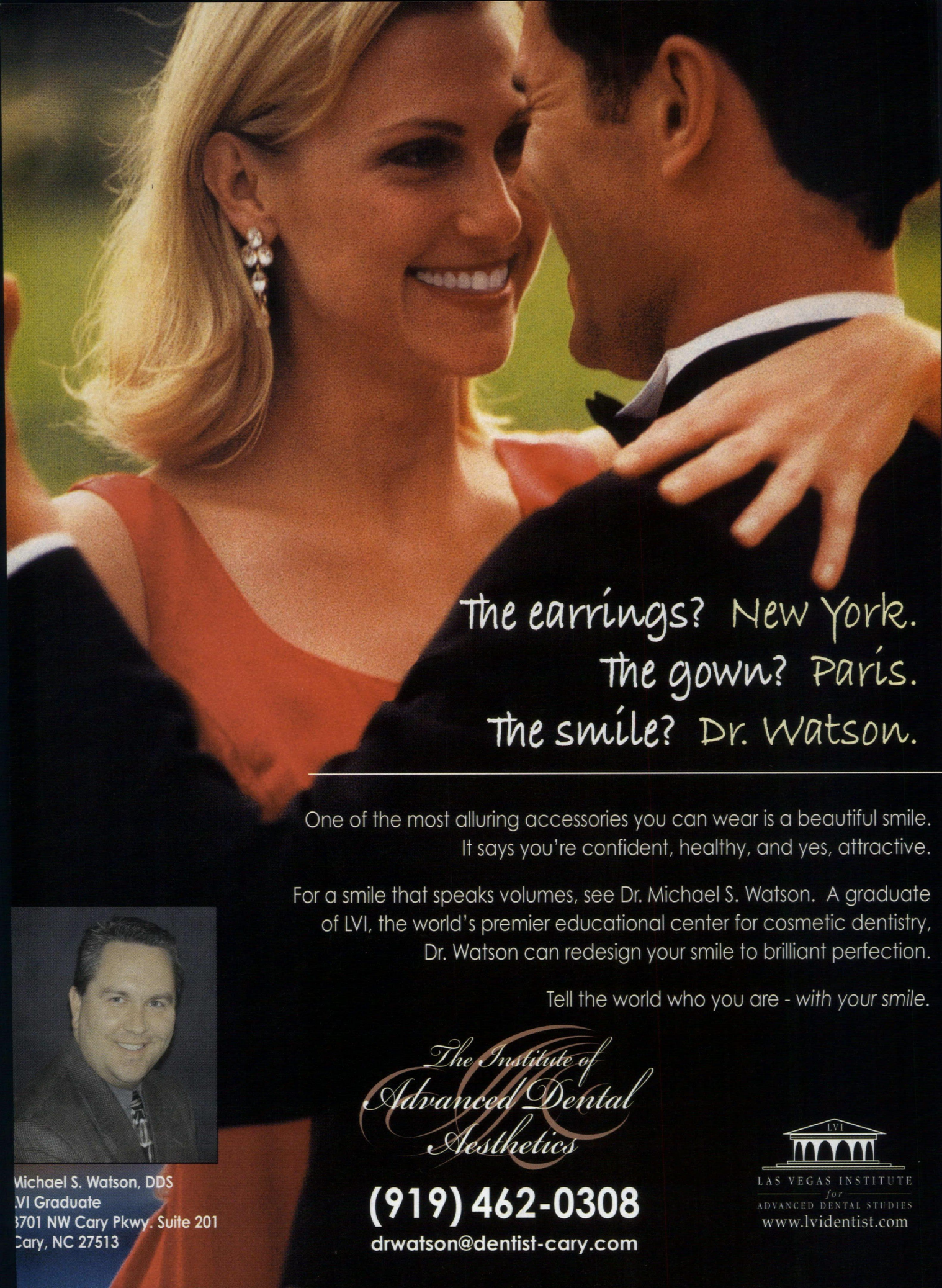
"Kamphoefner really influenced architecture in North Carolina by introducing us to internationally known architects and to the aspects of the modern movement that they represented. He invited architects Frank Lloyd Wright, Buckminster Fuller, Lewis Mumford, Mies van der Rohe, Walter Gropius and Charles Eames to lecture at the school, and he attracted to the faculty an

international cadre of practicing architects whose work stands today as some of the best North Carolina has to offer."

Among the distinguished faculty-designed structures that Burns cites as North Carolina's best is the 1952 Dorton Arena at the North Carolina State Fairgrounds, often described as the State's most significant Modernist building.

The Taylor House by Frank Harmon Architect





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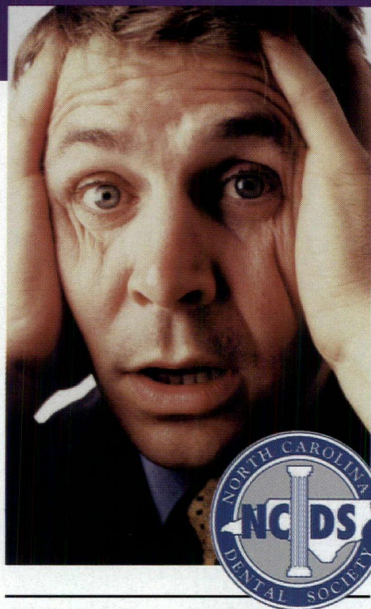
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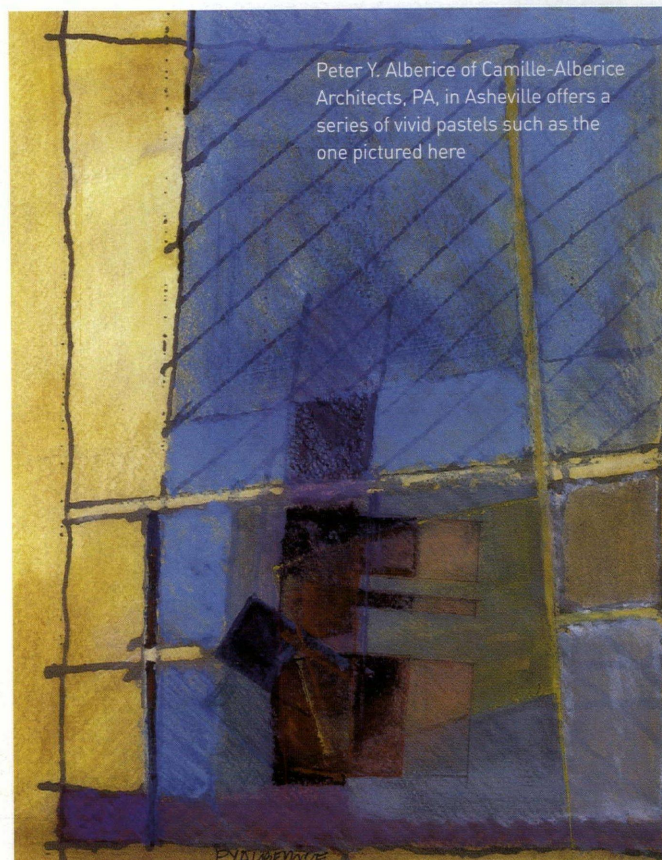
Perched above a rushing stream in the North Carolina mountains is the Phillips House by Raleigh's Kenneth Hobgood of Kenneth Hobgood Architects



Designed by Matthew Nowicki, a Polish architect who became the first head of the school's department of architecture, the Dorton Arena is a classic modernist design. It combines the principles of form following function (the original arena was nicknamed the Cow Palace as it was used to judge livestock) with a love of new technology. The saddle-shaped roof is created by a network of tensile steel cables suspended between two enormous concrete parabolic arches in a glass-walled form that gives a modernistic lightness to the structure. Following Nowicki's tragic death in an airplane crash, William Henry Deitrick, a prominent Raleigh architect, completed the structure.

Several of the other early faculty members are best known for the Raleigh residences they designed, many of

which are still largely intact and appreciated by their owners. The roster of designers includes James Fitzgibbon, whose 1951 Paschal House is decidedly Wrightian in design and integration with its setting; George Matsumoto, whose House and Studio (1952–54) appeared on the cover of *Architectural Record* in 1957; and Eduardo Catalano, whose 1955 Catalano House was called "The House of the Decade" by *House and Home* magazine and praised by Frank Lloyd Wright. Kamp-hoefner's own Wright-inspired home, designed in 1950—where he and his wife lived for nearly 40 years—still holds pride of place on a golf course lot in Raleigh's Country Club Hills neighborhood. A recent modestly scaled addition done by Bob Burns is the only nod to the 21st century the new owners found necessary.



Peter Y. Alberice of Camille-Alberice Architects, PA, in Asheville offers a series of vivid pastels such as the one pictured here

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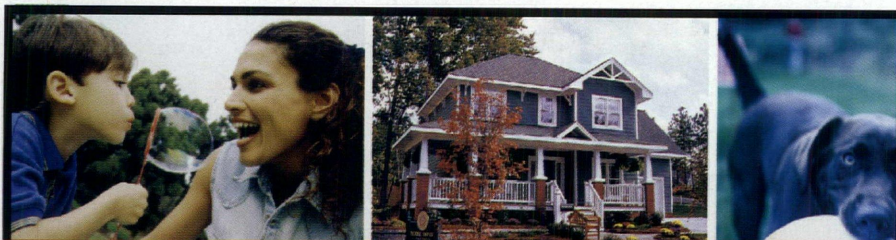
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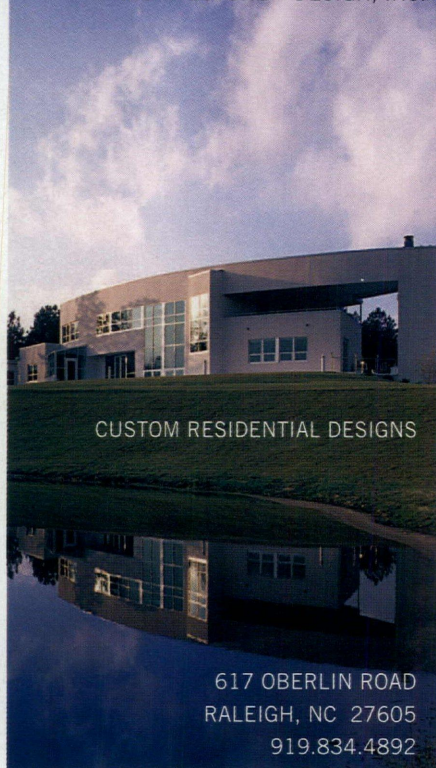
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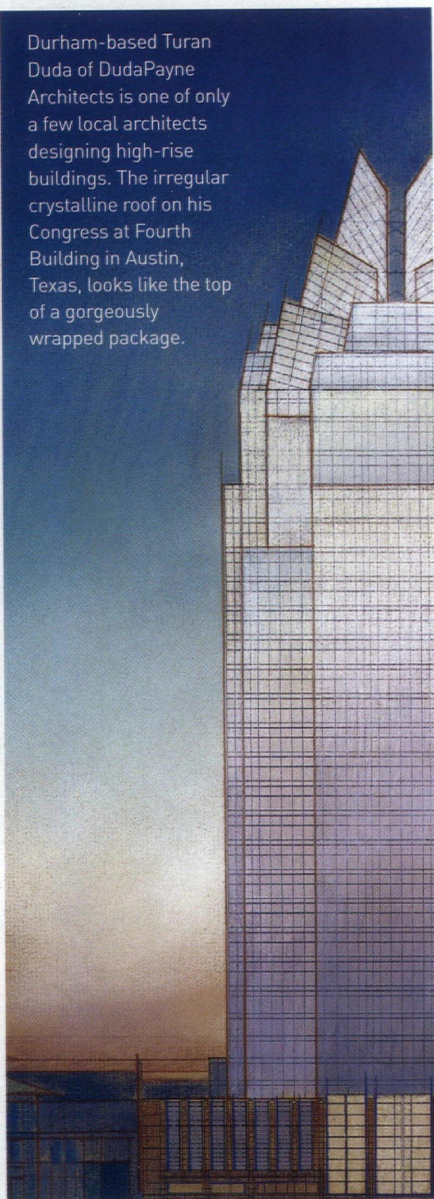
The 21 architects represented in *The Art of Architecture* were selected from a statewide pool of over one hundred entries represented by literally hundreds of photographs submitted for the competition. The exhibit of their work is deftly arranged in the museum's lobby and on the Upper Foyer Gallery and North Wing Gallery of DUMA's Colonial Revival Building on Duke's East Campus quadrangle.

It is an astounding array of work. Dominating the entrance lobby is the sign announcing the exhibit: a full-sized section of a house chalked by hand on a background of deep charcoal grey by Frank Harmon Architect. Szostak saw a similar board used as a working drawing in Harmon's Raleigh office and asked that he create one for the exhibit. Moving to the upper level, the visitor finds monochromatic models of chalk white poster board and muted beige cardboard. Among them are models of an aquatic center cantilevered over Lake Johnson by Dennis Stallings of Durham's Freelon Group. Peter Y. Alberice of Camille-Alberice Architects, PA, in Asheville offers a Cubistic series of pastels in shades of blue and lime green entitled *Torres, Oltremisura and La Machina*. Black and white diagrams and hand-sketched scenes describe a major public space by former NCSU campus architect Edwin F. Harris Jr., FAIA. *Clearscapes of Raleigh* is represented by Exploris' sophisticated assemblage of shapes and spaces. Phillip Shive of Charlotte's Perkins and Will architectural firm, whom Phil Szostak considers his personal mentor, offers hand-drawn black and white sketches, a design in its embryonic stage.

Models that contrast strikingly in scale and geographic location are those of Raleigh architect Kenneth Hobgood of Kenneth Hobgood Architects. An admirer of Le Corbusier and a modernist with a love of old houses, Hobgood is fascinated with the inherent potentials of glass and steel construction. His 800-square-foot glass and steel Phillips House is perched above a rushing stream in the North Carolina mountains. It is as meticulously detailed as Hobgood's model for The Great Egyptian Museum, bordered by a series of crenelated forms and set on level sands within view of the Pyramids.

Durham-based Turan Duda of DudaPayne Architects is one of only a few local architects designing high-rise buildings. His progression of design options for the glass-topped Congress at Fourth Building in

Durham-based Turan Duda of DudaPayne Architects is one of only a few local architects designing high-rise buildings. The irregular crystalline roof on his Congress at Fourth Building in Austin, Texas, looks like the top of a gorgeously wrapped package.

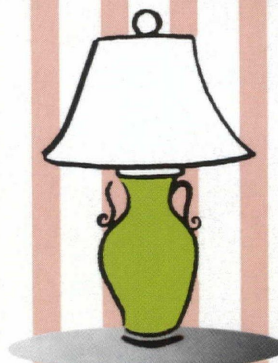


Austin, Texas, includes a tilted and sinuous version of the building. Another version features a crisply vertical rectilinear building with an irregular crystalline roof that looks like the top of a gorgeously wrapped package.

Elements of vitality and playfulness are inherent in most of the exhibit's selections. But they are, perhaps, more deliberately displayed in three projects by Triangle firms.

Peter Gail Borden, of Raleigh's Borden Partnership, teaches architecture at NCSU

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TOP ROW, LEFT TO RIGHT: Philip Szostack, Abie Harris, Wendy Redfield, David Hill, David Wagner, Gail Borden, Georgia Bizios, Jeffrey Lee, Jonathan Wolk **MIDDLE ROW, LEFT TO RIGHT:** Kenneth Hobgood, Mark Reyer, Phil Freelon, Philip Shive, Roger Clark, Turan Duda, Steven Schuster, Cisco Gomes, Dabney Staub **BOTTOM ROW, LEFT TO RIGHT:** Dixon Weinstein Group (Ken Friedlien, Joe Paradis, Kay Snipes, Cornell Anderson, Ellen Weinstein, Dail Dixon, Pearl Goldstein), Lucien Roughton Architects (Charles Nickelson, Lucien Roughton), Frank Harmon Architect (Vincent Petrarca, Frank Harmon, Charles Holden), Cannon Architects (Susan Cannon, Roger Cannon)

***The Art of Architecture* Photographed**

by Diane Lea

"Photography is nothing but editing," says Artie Dixon. "You start with the whole wide world and you choose." It's an apt description of the process Dixon followed in photographing and selecting the signature portraits of the architects featured in DUMA's *The Art of Architecture*. Dixon is a former graphics designer and wife of architect Dail Dixon, a principal in the Chapel Hill firm of Dixon Weinstein Architects, one of the firms featured in the show. For the past fourteen years she has pursued a career in photography, specializing in portraits. "When Phil Szostak asked me to do a portrait of each of the architects as an integral part of

the show, I knew I had to arrive at a group of photographs that worked together," says Dixon. She set out to capture each person's unique quality.

Clearly enamored of her task, Dixon sifts through the pages of contact prints that she did of each individual and makes delighted comments. "Look how handsome he is." "There is such a depth of experience in that face." "This one has a gleeful twinkle in his eyes." The final choice of which portraits would appear in the show was Dixon's. The power of her work and her choices are apparent as exhibit goers and fellow members of the design community are immediately drawn to the row of quadrangular black and white photographs set above an eclectic display of architectural creations. In each portrait of a

single individual, the face is close up and in the middle of the picture. Tops of heads aren't always shown, but each person's face is clear and sharp, as it would be if you were sitting close and focusing on just the architect's expression. Dixon pauses as she looks at a group portrait of the well known firm of Frank Harmon Architect. "I love this one," she says. "They are together, but each is thinking his individual thoughts and that's what makes it so interesting to me."

Phil Szostak sees the portraits as a single object in *The Art of Architecture* exhibit, and he sees Dixon as a designer and exhibitor in her own right. But what she accomplishes for the DUMA show is very important. "Through her work," says Szostak, "we can begin to put



Artie Dixon

the faces of the architects with the buildings they created and that we admire and are such important features of our environment." That, in large part, is what *The Art of Architecture* is all about. **MM**

and maintains a private practice. His model for the cleverly named "The Suburban Anywhere House" is sited on a narrow urban lot where the house derives much-needed privacy from its completely enclosed interior courtyard. A glossy black and white drawing by Borden shows his "Rubberband House," featuring a neatly shuttered rectangular upper story perched on a banded oblong base. The intriguing design appeared in a recent issue of *Architectural Record*.

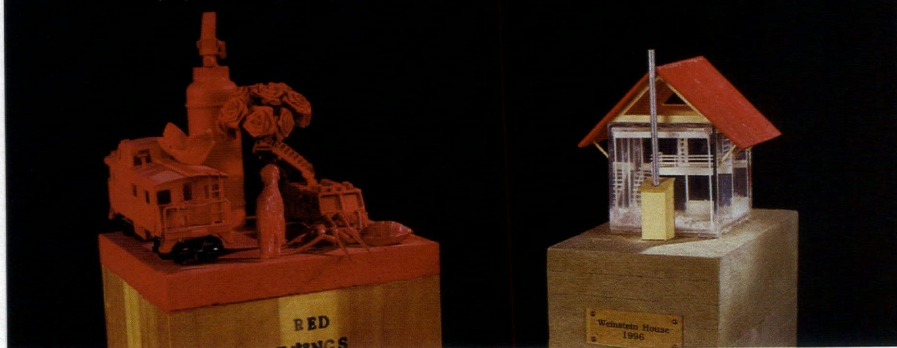
Principals Dale Dixon and Ellen Weinstein, of Chapel Hill's Dixon Weinstein Architects, have contributed an eight-foot pedestal displaying their delightfully detailed bird houses. The team, frequent award-winners in NCAIA competitions, designs miniature houses, each with a garden, as gifts to members of their firm. Each design reflects some aspect of the individual's personality.

Among the youngest exhibitors, Cisco Gomes and wife-partner Dabney Staub submitted clay models that were prepared for a competition to design a Chicago school complex. The series has a child-like naiveté suited to the subject. Another distinctive Gomes and Staub submission is a wooden model with a sequence of design details for the Webb-Dottie House in Chapel Hill.

As Bob Burns reflects on this first-of-its-kind exhibit, he considers four factors that contribute to the sustained and still evolving sense of modern architecture evident in *The Art of Architecture*. First, he says, there was a modern spirit in North Carolina that pre-dated Kamphoefner and the School of Design. As part of the skyscraper movement of the 1930s, the R. J. Reynolds Building in Winston-Salem, the Central Carolina Bank Building in Durham, and the Durham Life Insurance Building (now the Wake County Office Building) in Raleigh created a receptivity to modern architecture.

Progressive governors including Kerr Scott, Luther Hodges (who helped establish the Research Triangle Park) and Terry Sanford recast North Carolina as a state of The New South, favoring new industries and attitudes and supporting higher education as a critical necessity. In addition, many of North Carolina's large institutional

Dale Dixon and Ellen Weinstein, of Chapel Hill's Dixon Weinstein Architects, display their delightfully detailed bird houses



and commercial buildings were modern in concept and technology. Edward Durrell Stone, a New York City architect with a reputation for his modernism, worked in concert with the Raleigh firm of Holloway Reeves to design the North Carolina Legislative Building, the North Carolina Museum of Art and the Duke Music School. North Carolina's flagship firms working in the same mode and with equally impressive commissions included Raleigh's William Deitrick, Asheville's Six Associates, and Northrup and O'Brien in

Winston-Salem. But perhaps most important, Burns credits the NCSU College of Design with championing innovation and maintaining an unwavering dedication to the tenets of Modernism, including its stated goals of good citizenship and social commitment.

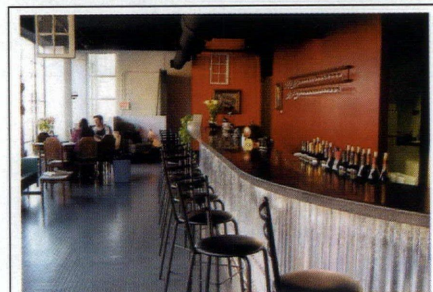
The North Carolina School: The Art of Architecture at the Duke University Museum of Art is a timely and beautifully rendered reminder of North Carolina's enduring tradition of modern architecture and of the architects who design it. [MM]

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PHOTO BY SARA SZOSTAK

This model of "Metro House," designed by Phil Szostak for *Metro Magazine*, is on display in the exhibition **North Carolina School: The Art of Architecture** just opened at Duke University Museum of Art, Durham. At an After Hours Lecture and reception on March 20, speakers Robert Burns, FAIA; Bernie Reeves, editor & publisher, *Metro Magazine*; and Frank Harmon, FAIA, will present **The North Carolina School: A Lecture and Celebration of NC Architecture**. The exhibition, which showcases architects trained at NC State University's College of Design, will be open until May 18. Call 919-684-5135 or visit www.duke.edu/duma.

COURTESY OF NC MUSEUM OF ART



Recently opened at the NC Museum of Art in Raleigh is the exhibition **Augustus Saint-Gaudens: American Sculptor of the Gilded Age**, featuring 71 sculptures, finished works in cast bronze and numerous studies for monuments. *The Puritan* (pictured above), is a rendering that was reworked, reduced and cast in bronze after 1899. It is in the NC Museum of Art's permanent collection. Also featured in the exhibition are Saint-Gaudens' decorative objects, jewelry and coins. Saint-Gaudens (1848–1907), was considered the preeminent American sculptor of his era and is known as the artist who set the standard for public art in this country. The exhibition will continue on view through May 11. For tickets call 919-834-4000 or 919-715-5923.

The 25th annual **Raleigh Fine Arts Society Artists Exhibition** will open on March 9 in the Gaddy-Hamrick Art Center, Frankie G. Weems Art Gallery at Meredith College, Raleigh. Juror Cheryl Brutvan will give a lecture at the NC Museum of Art on March 2 and an opening reception including the awards ceremony will be held in the Frankie G. Weems Art Gallery on March 9. One of last year's winners, *River Jordan* by Virginia Derryberry (pictured at right), is typical of the high quality of work displayed at this event each year. The exhibition will continue on view until April 6.

COURTESY OF LOWER CAPE FEAR HISTORICAL SOCIETY



The newly restored **Murchison House** (above) in Wilmington's historic district will be featured in this year's **Designer Showcase**, presented by the Lower Cape Fear Historical Society. Fourteen designers from the Wilmington area have decorated the rooms. The 6077-square-foot home was built in 1876 by James Walker, a famous Wilmington architect, and it now has been restored by new owners Sherry and Ronald Demas, who will open the house as a bed-and-breakfast next fall. The Murchison house will be open March 21–April 13. For reservations and tickets, call 800-222-4757 or visit www.latimerhouse.org.

COURTESY OF RALEIGH FINE ARTS SOCIETY



Openings

Preview

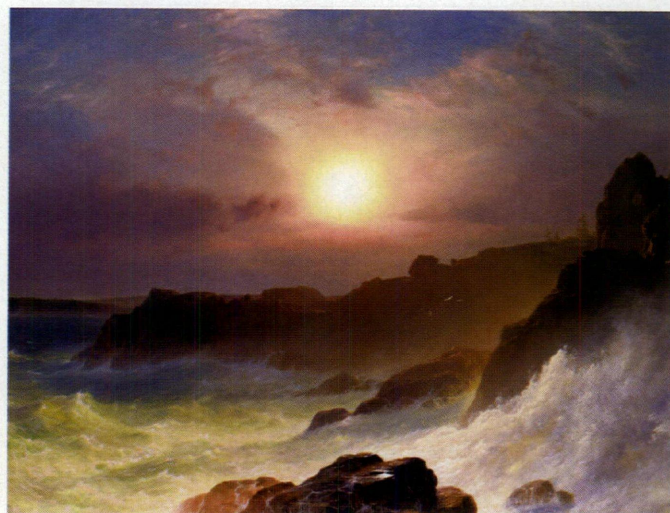
by Frances Smith

EVENTS ARE SPRINGING UP LIKE DAFFODILS



COURTESY OF GREENVILLE MUSEUM OF ART

Carnations, still life by Hobson Pittman at the Greenville Museum of Art



COURTESY NC MUSEUM OF ART

Coast Scene, Mount Desert, Frederic Church painting on view at the North Carolina Museum of Art



COURTESY OF NC MUSEUM OF NATURAL SCIENCES

Model of SuperCroc—110-million-year-old relative of today's crocodile—on display at the NC Museum of Natural Sciences, opening March 15. Paul Sereno, (left) paleontologist who discovered SuperCroc fossils in the Sahara, & Brady Barr, host of National Geographic Channel's Reptile Wild program, stand in the curve of his great body

IN THE MUSEUMS

Hobson Pittman: The Pastel Still Lives, Pennsylvania artist originally from Edgecombe County, NC; Greenville Museum of Art, Greenville; now thru April 20. Call 252-758-1946.

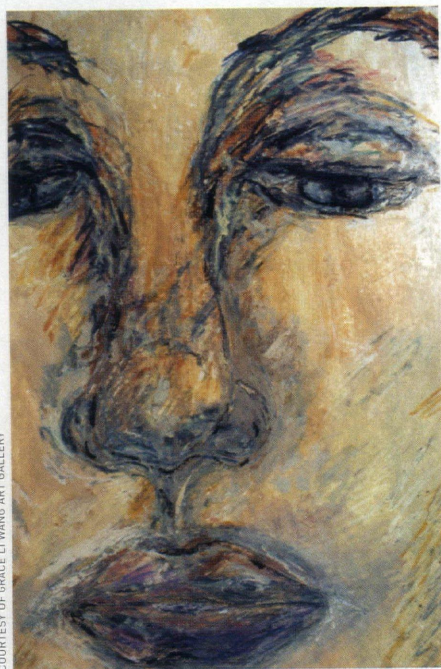
Coast Scene, Mount Desert, great seascape painting by Frederic Church, a showing in preview of summer 2004 Hudson River School Exhibition; NC Museum of Art, Raleigh; now thru Jan. 2004. Call 919-839-6262.

How Big is Big Enough, lecture by Katharine Lee Reid of the

Cleveland Museum of Art; Guild Director's Series, The Ackland Art Museum, Chapel Hill; March 1. Call 919-966-5736.

Community Rallies to Conserve Historic Flags, exposition to celebrate rare & valuable flags; Cape Fear Museum, Wilmington; March 1-31. Call 910-341-4350 or visit www.nhcgov.com/cfm.

North Carolina Furniture, slide talk by Patricia Phillips Marshall in connection with Southern Architecture exhibition; NC Museum of History, Raleigh; March 12. Call 919-715-0200.



COURTESY OF GRACE LI WANG ART GALLERY

Face by Grace Li Wang, on exhibition in "Diverse Portraits" at Grace Li Wang Art Gallery

National Geographic Channel Presents SuperCroc, exhibition of 40-foot-long model of largest crocodile ever discovered & artifacts; NC Museum of Natural Sciences, Raleigh; March 15–May 26. Call 919-733-7450 or visit www.naturalsciences.org.

Tibetan Portrait: Power of Compassion, re-opening as part of museum's permanent collection; Exploris, Raleigh; March 18 opening. Call 919-834-4040 or visit www.exploris.org.

Artist at Work: Benjamin Hobbs, furniture maker from Hertford, NC, demonstration of woodworking skills; NC Museum of History, Raleigh; March 26–30. Call 919-715-0200.

Picture Painter of the Apocalypse, works by Reverend McKendree Robbins Long; Cameron Art Museum, Wilmington; Opening Reception, March 27, on display thru June 29. Call 510-395-5999 or visit www.cameronartmuseum.com.

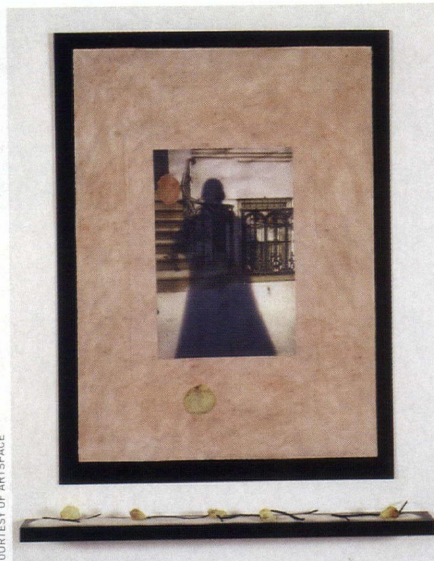
GALLERIES & TOURS

Diverse Portraits, artists Trena McNabb, Meredith Steele, Gary Palmer & Grace Li Wang; Grace Li Wang Art Gallery, Raleigh; now until March 31 (Reception March 2). Call 919-871-5800 or visit www.trianglepr.com/graceliwang.

Jason Louis Arkles, Sculptor, Fine Art Show; Animation & Fine Art Galleries, Chapel Hill; now until March 29. Call 919-968-8008.

Photographs by Peter Filene & Alison S. Overton, Preservation Society of Chapel Hill; Horace Williams House, Chapel Hill; now thru March 5. Call 919-942-7818.

Chuck Jones and Maurice Noble Layout Drawings (Warner Brothers Team) Animation Art



COURTESY OF ARTSPACE

Here and There XXV, Mixed media by Beatrice Schall at Artspace

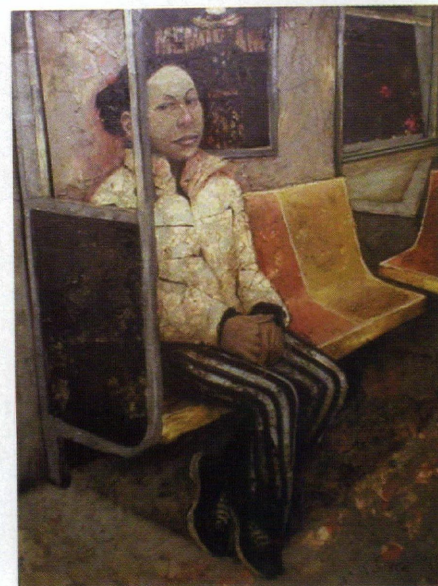
Show; Animation & Fine Art Galleries, Chapel Hill; March 4–April 5. Call 919-968-8008.

New Works, Juried Exhibition of Works by Members of Artspace Artists' Association; Artspace, Raleigh; March 7–April 26 (Opening Reception, March 7). Call 919-821-2787.

Here and There, mixed media exhibition by Beatrice Schall; Artspace, Raleigh; March 7–April 19 (Opening Reception, March 7). Call 919-821-2787.

Oil Landscapes of Spain & France by Victoria Josephson; 5th anniversary, City Art Gallery, Greenville; March 7–April 8 (Opening Reception March 7). Visit www.city-art-gallery.com.

Visual Spirits in Gospel Themes, exhibition with guest Curator Cheryl Sutton; Hayti Heritage



COURTESY OF GALLERY C

Girl in a Puffy Coat, oil and mixed media on canvas by Josh George, on view at Gallery C

Center, Durham; March 9–Apr. 20; Call 919-683-1709 or visit www.hayti.org.

Urban Renewal: Abstracted Landscapes, painter Lisa Creed's works in acrylic; Green Tara Gallery, Chapel Hill; March 10–May 10 (reception, March 15). Call 919-932-6400 or visit www.greentargallery.com.

Chapel Hill/Carrboro 2nd Friday Art Walk, area art exhibit venues; March 14. Call 919-929-2787.

Recent Works on Canvas, Tisha Edwards and Josh George, Gallery C, Raleigh; Reception March 21, Exhibition March 21–April 22. Call 919-828-3165 or visit www.galleryc.net.



COURTESY OF GREEN TARA GALLERY

Downtown by the Tracks, by Lisa Creed, on view at Green Tara Gallery in Chapel Hill



PHOTO BY MARK MANNING

The NC Master Chorale will perform Israel in Egypt in Raleigh

Black and White and Shades of Grey, juried exhibition of black and white in all media; Chowan Arts Council, Edenton; exhibit opening and reception, March 28. Call 252-482-8005.

Owens Auditorium, Sandhills Community College, Southern Pines; March 12. Call 910-295-1466.

The Fable of Old Turtle, with NC Symphony, performance by Native American flutist Keith Bear of the Mandan Tribe in North Dakota,

Jeffrey Pollock, assistant conductor; Meymandi Concert Hall, BTI Center, Raleigh; March 15. Call 919-733-2750.

Israel in Egypt, oratorio by George Frederic Handel, NC Master Chorale with soloists & members of

NC Symphony; Meymandi Concert Hall, BTI Center, Raleigh; March 16. Call 919-856-9700.

Baroque Is Best, Mallarme playing Baroque music; Durham Arts Council Building, Durham; March 16. Call 919-560-2788 or visit www.mallarmemusic.org/.

Duke Faculty Recital, Chamber Works, Geoffrey Burgess, oboe; Elizabeth Field, violin; Peter Bucknell, viola; Stephanie Vial, cello; & Tom Beghin, fortepiano; Nelson Music Room, Duke U., Durham; March 19. Call 919-660-3300.

Duke Chorale Tour Concert, Rodney Wynkoop, director; Baldwin Auditorium, Duke U., Durham; March 20. Call 919-660-3300.

Encounters with the Music of Our Time, Steve Jaffe, Scott Lindroth, & Anthony Kelley, directors; Nelson Music Room, Duke U., Durham, March 22. Call 919-660-3300.

UNC-W Faculty Concert, pianist Andy Whittington; Kenan Auditorium, UNC-W, Wilmington; March 20. Call 800-732-3643 or 910-962-3500 or visit www.uncwil.edu/music/CONCERTS/.

Alisa Weilerstein in Concert, noted cellist; Kenan Auditorium, UNC-W, Wilmington; March 21. Call 910-962-3500 or 800-732-3643.

Invitation to the Dance, concert by Wilmington Symphony Orchestra; Kenan Auditorium, UNC-W, Wilmington; March 22. Call 910-962-3500 or 800-732-3643 or visit www.wilmingtonsymphony.org.

Garrick Ohlsson, piano, with NC Symphony, Jahja Ling, guest conductor; Meymandi Concert Hall, BTI Center, Raleigh; March 27-29. Call 919-733-2750.

Duke Faculty Recital, Randall Love, fortepiano; Nelson Music Room, Duke U., Durham; March 29. Call 919-660-3300.

Organ Recital, Robert Parkins, Duke University Organist; Duke Chapel, Durham; March 30. Call 919-660-3300.

CLASSICAL CONCERTS

Richard Goode, Piano, with North Carolina Symphony; Meymandi Concert Hall, BTI Center, Raleigh; March 4. Call 919-733-2750.

Young Artists Concert, Durham Symphony; Carolina Theatre, Durham; March 4. Call 560-2736 or visit www.durhamsymphony.org.

UNC-W Faculty Recital, Chamber Music Concert, cellist Richard Thomas, pianist Barry Salwen, & violinist Phil Singleton; Kenan Auditorium, UNC-W, Wilmington; March 6. Call 800-732-3643 or 910-962-3500 or visit www.uncwil.edu/music/CONCERTS/.

Christopher O'Riley, piano, with NC Symphony, Grant Llewellyn, conductor; Meymandi Concert Hall, BTI Center, Raleigh; March 7 & 8. Call 919-733-2750.

Classical Concert, Moore County Choral Society; Owens Auditorium, Sandhills Community College, Southern Pines; March 9. Call 910-215-9612 or 910-295-3971.

Classical Concert Series, Stuttgart Chamber Orchestra;



COURTESY OF CAROLINA THEATRE

Mixing it up in The Mikado at Durham's Carolina Theatre

AT THE THEATER

The Fantasticks, Gaddy Goodwin Theatre, Raleigh Little Theatre, Raleigh; now thru March 9. Call 919-821-3111.

Comedy Pet Theatre with Gregory Popovich, 16 trained

animals in a family performance; Carolina Theatre, Durham; March 7. Call 919-560-3030 or visit www.carolinatheatre.org.

Porgy & Bess, Gershwin folk opera in formal concert version; Thalian Hall, Wilmington; March 8. Call 800-523-2820, 910-343-3664 or visit www.thalianhall.com.

The Mikado, Gilbert and Sullivan operetta, presented by Durham Savoyards; Carolina Theatre, Durham; March 14-16. Call 919-560-3040 or visit www.carolinatheatre.org/.

Proof, drama by David Auburn; Cape Fear Regional Theatre, Fayetteville; March 14-30. Call 910-323-4234.

It is Finished, Emmrich Theatre; Rocky Hock Playhouse, Edenton; March 18-April 19; Call 252-482-4621.

The Laramie Project, theatrical telling of true murder story; Thalian Hall, Wilmington; March 19-23; 26-30. Call 910-343-3664 or 800-523-2820 or visit www.operahousetheatre.net.

The Tempest, five actors from London Stage performing Shakespeare; Reynolds Theater, Duke U., Durham; March 21 & 22. Call 919-684-4444 or visit auxweb.duke.edu/boxoffice/Calendar.html.

Third Annual Night at the Theater, presented by Hilltop Home for Handicapped Children; A.J. Fletcher Opera Theater, BTI Center, Raleigh; March 25. Call 919-231-8315.

Transactors Improv. Co., presenting improvised performances; The ArtsCenter, Carrboro; March 29. Call 919-929-2787 or visit www.transactors.org.

Pageant, presented by the Thalian Association; Thalian Hall, Wilmington; March 27-30. Call 800-523-2820, 910-343-3664 or visit www.thalian.org.

POP MUSIC

Djembe Ensemble with Afro-Cuban Ensemble, West African and Afro-Cuban drumming with Milton Cardona; Nelson Music Room, Duke University; March 5. Call 919-660-3300.

Habana Sax, energetic music and dance of Cuba; Thalian Hall, Wilmington; March 6. Call 910-343-3664 or visit www.thalianhall.com.

Jazz at Arlie Gardens, First Friday Jazz Series at Arlie Gardens; 300 Arlie Road, Wilmington; March 7. Call 910-793-7531 or visit www.arliegardens.org.

Music At the Market, Liz Tedesco, classical and new age piano; Fearrington Village, Pittsboro; March 7. Call 919-542-2121.

American Music Festival, Chamber Music Series, guitarist David Burgess, Spanish, Latin & Incan music; NC Maritime Museum, Beaufort; March 8. Call 252-504-3787.

Tunes of Ireland, PineCone cosponsors traditional Irish music; North Carolina Museum of History, Raleigh; March 9. Call 919-733-3076.

Tim McGraw and the Dancehall Doctors; RBC Center, Raleigh; March 9. Call 919-834-4000 or visit www.cc.com.

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Eileen Ivers and her band will perform in March at UNC-Wilmington and NC State, Raleigh

Music at the Market, Scott Sawyer and Moto Nakamura; Fearrington Village, Pittsboro; March 14. Call 919-542-2121.

Philip Hamilton Group, African, Caribbean and Jazz influences; St. Joseph's Performance Hall, Hayti Heritage Center; March 15. Call 919-683-1709 or visit www.hayti.org/Special-Events/Performance_Hall.

Elton John and Billy Joel, RBC Center, Raleigh; March 16. Call 919-834-4000 or visit www.cc.com.

Cool Shooz, Coastal Jazz Society; Joslyn Hall,

Carteret Community College, Morehead City; March 16. Call 252-726-7081.

Irish Fiddler, Eileen Ivers; Kenan Auditorium, UNC-W, Wilmington; March 18. Call 800-732-3643 or 910-962-3500.

Irish Fiddler, Eileen Ivers; Stewart Theatre, NC State, Raleigh; March 19. Call 919-513-3030.

Thursdays on the Terrace Series, Bill and Libby Hicks, traditional string music; UNC-CH James M. Johnston Center for Undergraduate Excellence, Chapel Hill; March 20. Call 919-843-7765 or visit www.unc.edu/depts/jcue.

Music at the Market, Have Folk, Will Swing, Trilogy; Fearrington Village, Pittsboro; March 21. Call 919-542-2121.

Bon Jovi, with the Goo Goo Dolls, RBC Center, Raleigh; March 21. Call 919-834-4000 or visit www.cc.com.

Moscow Nights, Russian Trio, sponsored by Down East FolkArts Society; Joslyn Hall, Carteret Community College, Morehead City; March 24. Call 252-504-2787 or visit www.downeastfolkarts.org.

Arlo Guthrie; Page Auditorium, Bryan Center, Duke University, Durham; March 24. Call 919-660-1750 or visit www.duke.edu/web/duu/onstage/onstageevents.htm.

Thursdays on the Terrace, Triangle Taiko, traditional drum music of Japan; UNC-CH, James M. Johnston Center for Undergraduate

Excellence, Chapel Hill; March 27. Call 919-834-7765 or visit www.unc.edu/depts/jcue.

International Jazz Festival Performance, with Duke Jazz Ensemble; Baldwin Auditorium, Duke University, Durham; March 28. Call 919-684-4444 or visit www.duke.edu/music/.

Johnny Gimble & the Time Jumpers, Texas swing fiddling, Pine Cone; Stewart Theatre, NCSU, Raleigh; March 28. Call 919-515-1100.

Baltimore Consort, traditional ballads & dance tunes; ECU Wright Auditorium, Greenville; April 2. Call 252-328-4788 or 800-ECU-ARTS or visit www.ecu.edu/ecuarts.



COURTESY OF ECU DEPT. OF UNIV. UNIONS

The American Repertory Dance Company will perform at both Duke University and East Carolina University in March

DANCE

Gelede Spectacles, dance, drum & cultural workshops by African American Dance Ensemble; Cameron Art Museum (& other Wilmington venues); March 4-8. Call 510-395-5999 or visit www.cameronartmuseum.com.

Carolina Ballet, performance; UNC-W Kenan Auditorium, Wilmington; March 8. Call 910-962-3500 or 800-732-3643.

The Ends of Things, Lucy Guerin Dance Company of Australia (mature audience); Reynolds Theater, Duke U., Durham; March 18. Call 919-684-4444 or visit www.duke.edu/web/dia.

American Repertory Dance Company, Los Angeles-based company; Reynolds Theatre, Duke U., Durham; March 20. Call 919-684-4444 or visit www.duke.edu/web/dia.

American Repertory Dance Company, ECU S. Rudolph Alexander Performing Arts Series; Wright Auditorium, ECU, Greenville; March 22. Call 252-328-4736 or 800-ECU-ARTS or visit www.ecu.edu/ecuarts.

Pilobolus Too, two-person educational outreach arm of Pilobolus Dance Theater; ArtsCenter, Carrboro; March 21. Call 919-929-2787.

US Army Field Band & Soldiers Chorus, annual Triangle performance; Meymandi Concert Hall, BTI Center, Raleigh; March 31. Call 919-831-6060.

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SPORTS AND RECREATION

Barrel Bonanza Futurity & Derby; Eastern Agricultural Center, Williamston; March 7-9. Call 252-792-5111.

13th Annual Southern Pines Horse Trials, three days of competition for 350 to 400 horses; Carolina Horse Park at Five Points, between Aberdeen & Raeford; March 14-16. Call 910-246-9808.

Old Dominion Arabian Horse Show; Eastern Agricultural Center, Williamston; March 14-16. Call 252-792-5111.

Professional Boxing Series, benefit for James Bonecrusher Smith Foundation; Coast Line Convention Center, Wilmington; March 15. Call 800-222-4757 or visit www.nccoastalevents.com.

Southern Pines Hunter Jumper Classic, five days' competition featuring 250 to 300 horses; Carolina Horse Park at Five Points, between Aberdeen and Raeford; March 20-24. Call 910-246-9808.

Early Bird Fishing Special, \$100 per person; Carolina Beach Marina Boat Docks, Carolina Beach; March 22. (Reservations necessary.) Call 910-458-3474 or visit www.winnerboats.com.

Kitty Hawk Kites Fly Into Spring, competition, games & demonstrations; Jockey's Ridge State Park, Nags Head; March 22 & 23. Call 877-FLY-THIS or 252-441-4124 or visit www.kittyhawkkites.com.

Annual Great Human Race, fundraiser to benefit more than 80 nonprofit organizations; Durham Bulls Athletic Park, Durham; March 22. Call 919-688-8977 or visit www.thevolunteer-center.org.

Hammerheads Professional Soccer, Wilmington Hammerheads vs. Virginia Beach; Legion Sports Complex, Wilmington; March 29. Call 910-796-0076 or visit www.hammerheadssoccer.com.

Fourth Annual Fishing Fools Day; Harris Lake County Park, New Hill; March 29. Call 919-387-4342.

Legends Golf Challenge Celebrity Golf Classic, sports greats presented by Pepsi USA, to benefit Boys & Girls Homes of NC; River Landing Golf Course, Wallace; March 29-April 1. Call 800-222-4757 or visit www.riverlanding.com.

FILMS & FILM FESTIVALS

Reel Evil: Films from the Axis of Evil, Series of films from Iraq, Libya, North Korea, Cuba, Syria and Iran; Griffith Film Theater & Richard White Hall, Duke U., Durham; now thru April 9. Call 919-660-3356 or visit www.duke.edu/web/dia.

Cine Noir: A Festival of Black Films, screening of films by African American filmmakers; various venues, Wilmington; March 6-9. Call 910-250-2681 or visit www.blackartsalliance.org.

Everest, Triangle premiere of film celebrating ascent of world's tallest mountain; IMAX Theatre, Exploris, Raleigh; March 14. Call 919-834-4040 or visit www.exploris.org.

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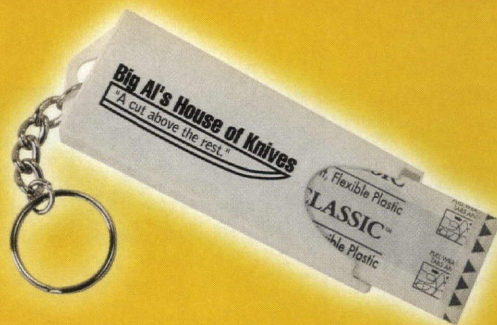
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Cucalorus Festival of Independent Film, showcase of experimental & unseen works; downtown venues, Wilmington; March 19-23. Call 910-343-5995 or visit www.cucalorus.org.

POTPOURRI

Averasboro Battlefield Exhibit, Averasboro Battlefield Commission Inc.; Local & State History Room, Headquarters Library, Cumberland County Public Libraries, Fayetteville; Throughout March & April. Call 910-483-7727.

Sixth Annual Priceless Pieces Past & Present Quilt Extravaganza, features work of local

quilters; Roanoke Island Festival Park, Manteo; March 2-31. Call 252-475-1506 or visit www.roanokeisland.com.

Romantic English Landscape Gardens, Fine Arts Lecture Series: Gardens of the World; Weymouth Center, Southern Pines; March 5 & 6. Call 910-692-6261.

15th annual Coastal Home Show; Crystal Coast Civic Center, Morehead City; March 7-9. Call 252-247-3883.

A Night on the Town, annual Rhapsody in Red, ball and gala to benefit Triangle Area Chapter of American Red Cross; North Ridge Country Club, Raleigh; March 8. Call 919-231-1602, ext. 428.

The Rhythm of Attention, new improvisational quilts by Sherri Wood; at Horace Williams House, Chapel Hill; March 9-April 2. Call 919-942-7818.

Cirque du Soleil's Dralion! Show, circus performance that transcends imagination; under blue-and-yellow Grand Chapiteau at Triangle Town Center (I-540 and Capital Blvd.), Raleigh; March 13-30. Call 800-678-5440 or visit www.cirquedusoleil.com.

Triangle Camellia Society Spring Flower Show; McSwain Center, J.C. Raulston Arboretum, Raleigh; March 15. Call 919-467-6876, 919-828-2443 or 919-782-7544.

Fourth Annual St. Patrick's Day

Parade, downtown Wilmington; March 15. Call 910-686-5498.

12th annual Emerald Isle St. Patrick's Day Festival; Emerald Plantation Shopping Center, Emerald Isle; March 15. Call 252-354-6350 or visit www.emerald-isle-nc.org/race-front.htm.

St. Patrick's Day

Pet Parade; downtown Morehead City; March 15. Call 252-808-2398.

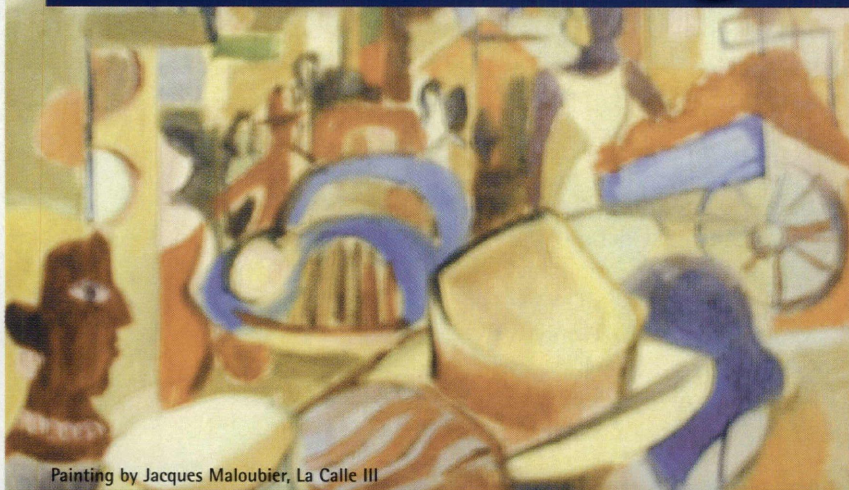
Swansboro Oyster Roast & Pig Out; Swansboro Rotary Civic Center, Swansboro; March 15. Call 910-326-3474.

A Day in the Country, fundraiser for Bellamy Mansion Museum; Pleasant Oaks Plantation, Winnabow; March 15. Call 910-251-3700 ext. 105 or visit www.bellamymansion.org.

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Wilmington's Woman's Club; Cape Fear Community College, Wilmington; March 15 & 16. Call 910-793-8264.

Annual St. Patrick's Day Parade, sponsored by Kelly's Restaurant & Tavern; Beach Road, Nags Head; March 16. Call 252-441-4116 or visit www.kellysrestaurant.com.

African American Historic Downtown Walking Tour, Palace guide to New Bern's important African American Sites; Visitor Center, Tryon Palace, New Bern; March 16. Call 800-767-1560 or 252-514-4900 or visit www.tryonpalace.org.

If Walls Could Talk: Decorating the Walls of American Homes, 1750-1850, 35th annual Tryon Palace Decorative Arts Symposium; Tryon Palace, New Bern; March 16-18. Call 252-328-6142 or 800-767-9111.

Spirit of Hayti Awards Gala, fundraising event sponsored by St. Joseph's Historic Foundation; Civic Center, Downtown Durham; March 20. Call 919-683-1709 or visit www.hayti.org.

Ragan Writers Series, featuring Jim Clark and Sally Buckner, discussing writers in NC Literary Hall of Fame; Weymouth Center, Southern Pines; March 23. Call 910-692-6261.

Toast of the Triangle, benefit for Tammy Lynn Center; Raleigh Civic & Convention Center, Raleigh; March 23. Call 919-832-3909.

A course on works of author Sheri Reynolds, winner of Mary Frances Hobson Award; Chowan College, Murfreesboro; March 24, 31; April 7 & 14. Call 252-398-6330.

Under Foot: Floor Coverings From Tryon Palace Collection; Craven Arts Council & Gallery, New Bern; March 27-May 1. Call 800-767-1560 or 252-514-4900 or visit www.tryonpalace.org.

An Evening of Celtic-Inspired Poetry & Music, Bryn Smith, bagpipe; Writer's Ink Guild, poetry reading & open mike; Headquarters Library, Cumberland County Public Libraries, Fayetteville; March 28. Call 910-483-7727.


Herb & Garden Fair, workshops & classes; Poplar Grove Plantation, Wilmington; March 29. Call 910-686-9518 or visit www.poplargrove.com.

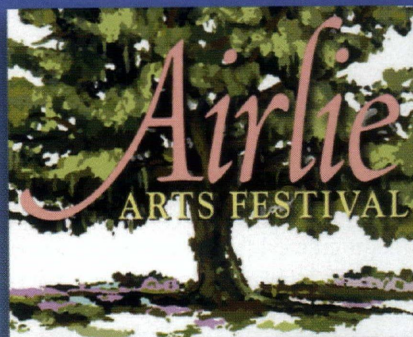
North Carolina Renaissance Faire, Historical Enrichment Society; Village of Yesteryear/Heritage Village, NC State Fairgrounds, Raleigh; March 29 & 30. Call 919-755-8004.

56th Annual NC Azalea Festival, parade, concerts, associated tours & activities; various venues, Wilmington; April 2-6. Call 1-866-266-9690 or visit www.cape-fear.nc.us.

Communication Is an Art, address by Julia Reed, nationally known journalist and commentator, benefit for Greenville Museum of Art; Greenville Hilton, Greenville; April 2. Call 252-758-1946.

Airlie Arts Festival, Juried Arts and Crafts Show; Airlie Gardens, Wilmington; May 1-4. Call 910-793-7531.

EDITORS NOTE: Please send events information and color images, slides or photos six weeks before publication date to Frances A. Smith, Metro Magazine, 5012 Brookhaven Dr., Raleigh, NC 27612 or email fsmith5@nc.rr.com. 



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FELLOWSHIP OF THE OYSTER

THE MOLLUSK REIGNS DOWN EAST

They say it was a bold man what ate the first oyster.

I believe it.

Between you and me, I've been eating oysters since I was a knee child. Mother put them in the oven covered with a wet cloth and roasted them. When their mouths popped open, our mouths popped open, and we got one of the tasty, salty mollusks served on a Saline cracker.

Some people are put off by the plump, slippery, gray, semi-translucent globules, but we relish oysters Down East. Today they are scarce, expensive and a delicacy, so I found it strange that Sam in Charles Dickens' *Pickwick Papers* said, "It's a w(sic)ery remarkable circumstance, sir, that poverty and oysters always seem to go together."

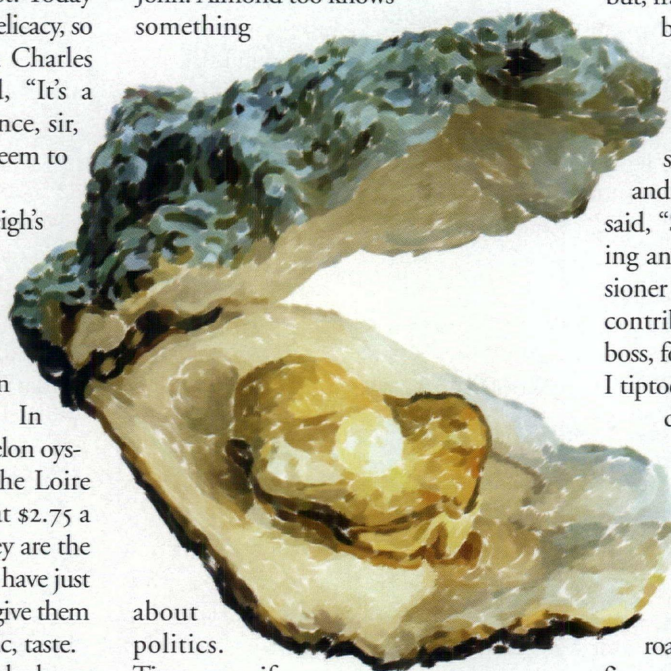
You can't prove it by me. Raleigh's 42nd Street Oyster Bar offers oysters on the half shell for more than a dollar apiece. Recently, I bellied up to the oyster bar at the Old Ebbitt Grill in Washington where a dozen were \$17.95. In Georgetown, small, round, flat Belon oysters—native to the mouth of the Loire River in France—were offered at \$2.75 a piece. That's \$33 a dozen, but they are the world's best, grown in waters that have just the right salinity and nutrients to give them a distinctive briny, almost metallic, taste.

I was introduced to Belons in the luxurious Le Richemond Hotel in Geneva, Switzerland, where I was the guest of a generous client who instructed me to enjoy myself. This Down East boy took him at his word. The oyster bar in the lobby was stocked with Belons. Once, twice, three times or more, I sat there on a high stool under a massive chandelier while a shucker in a spotless white uniform served up the Belons. I dipped them in what the Europeans call Fren'd Mignotte Sauce (that's what we called it in Buies Creek,

too)—a combination of crushed peppercorns, minced shallots and white wine vinegar which, incidentally, is served at the Old Ebbitt Grill.

But there is something to the poverty and oysters thing.

I called 85-year-old Almond Shingleton in Hamstead who my friend John Burney in Wilmington declares knows more about oysters than anybody in the world. I accept that. Anybody who has ever seen the former State Senator and trial lawyer in the courtroom knows better than to argue with John. Almond too knows something



about politics.

Time was if you wanted any votes in his part of Pender County, you had to talk to Almond. May still be that way, for all I know.

Almond said right off, "We ate oysters because we was poor, and there was plenty of them then. We'd be down there a'working and git hungry and go out in the boat and git some oysters. We would lay them out on a board with the mouths (some call the round ends "bills") all a'facing in the same direction. We would gather some corn stalks and ligh'm so the smoke and heat

blowed t'ward the oysters. They'd open right up and have the best flavor you ever tasted."

That was a new one on me. So was "scalding" oysters, Almond's usual way of preparing them. "Just put'm in a tub and cover'm with boiling water and let'm set there like that for eight minutes. They'll be as good as you ever ate."

John Burney said that his late, great friend Senator J.J. "Monk" Harrington of Lewiston "scalded" oysters at his annual deer hunts on the Roanoke River. I went to some of the hunts (never fired a shot) but, frankly, don't remember. I do remember, though, being ushered quietly into the hunting lodge's communal sleeping room after feasting on oysters and venison and hearing tired, sated, soused lawmakers, lobbyists and assorted VIPs snoring. As someone said, "Sounded like the old cow a'bellowing and the calf a'answering." Commissioner of Agriculture Jim Graham always contributed mightily to the din. My old boss, former Senator Robert Morgan, and I tiptoed out and drove back home in the dead of the night to the quiet of our own bedrooms.

Folks from the Wilmington area, particularly, remember Uncle Henry Kirkum's place on Whiskey Creek near Masonboro Inlet. The Kirkum family started roasting oysters early in the 1900s. "The first oyster roast I ever went to was on Whiskey Creek," John Burney said. "Uncle Albert Corbett had the whole family down there. The place had a dirt floor, kerosene lamps and long tables. Everybody stood around and shucked their own. That would have been in the '30s," he remembered.

Albert Corbett, who was married to Burney's mother's sister—nee Barefoot—later bought "Airlie" in Wilmington, and the Corbett family presided over the legendary Pembroke Jones estate for a half century.

Hurricane Hazel took the big building and left the Kirkums only a small clapboard dwelling house where I ate clam fritters and roasted oysters in the '70s. Uncle Henry had a barbecue pit just off the back porch with a big piece of sheet metal over coals. "He put'm on with a shovel and took'm off with a shovel," said Burney. "He would cover them with wet tow sacks, and the heat and steam would make them open up." Like so many Down East institutions, Uncle Henry's is gone.



BLOWING STEAM

The usual way of fixing oysters now is steaming. Folks have figured out dozens of different ways to do it—but none as inventive as the way the Shriners at the New Bern Shrine Temple, one of North Carolina's architectural landmarks, did when John Burney's father, old Judge Burney, was Grand Potentate. "We went to New Bern with daddy one time, and they brought a steam locomotive up there and used the steam from that to cook the oysters," John said, chuckling.

Oyster roasts, it seems, have suddenly become quite fashionable Down East. "Friends of Airlie," who are restoring the gardens and preserving the estate's history, held their "Annual Oyster Roast and Picnic" in October. Butch Williams' Carolina Sunset caterers dumped bushels and bushels of steamed oysters on communal, shuck-your-own-oysters tables and replicated the Pembroke Jones traditional oyster roast menu that also featured crab fritters, barbecue, slaw, baked beans, "Johnny cake" (a hard, salty cracker) and lemon pie.

I renewed my acquaintance with former Wilmington Mayor David Jones; met Henry and Roya Drakhshanpour Weyerhaeuser; visited briefly with State Senate Minority Leader, Patrick Ballantine, a real comer in North Carolina politics; and enjoyed the spirited company of Mary Lou and Sandy McEachern whose daughter Mary Margaret Nunnelee is one of the Port City's brightest young attorneys. Great oys-

ters. Great "fellowship," as we Baptists say.

On the third Thursday in January, the Clinton Rotary Club brought out almost 500 people on a cold, snowy night to eat steamed oysters and socialize at Ronnie Jackson's Clinton Truck and Tractor Company. This event, now in its ninth year, is a benefit for the Rotary International Foundation. Rogers Clark, owner of Sampson-Bladen Oil Company, helped start the gathering, along with William Peterson, George Worley and Stacy Autry.

You probably heard "Clark" and said, "I bet he's from Elizabethtown." You're right, and the brother of venerable Superior Court Judge Giles Clark and retired auto dealers David and Manly Clark. The four brothers ate their share of the tasty Gulf Coast oysters.

This is truly an eastern North Carolina event. Prominent Raleigh attorneys, Harold Berry and Steve Simpson, and insurance executive Michael Warren helped the Sampson County Club finance international exchanges for local youths by shelling out \$35 a piece for tickets. So did 10 members of the Smithfield Rotary Club, including Smith Fried and Mark Halls, brokers with Hilliard-Lyons. This oyster roast raises thousands of dollars for Rotarian causes.

North Carolina Democrats have seized on oyster roasts now as a political thing. In January, a throng gathered under expansive white tents in Rocky Mount at Wordsworth Farm to eat 40 bushels of honest-to-God, North Carolina, Rose Bay oysters—the oysters legends are made of—plus several barbecued pigs and gallons of clam chowder.

"Attorney General Roy Cooper and other state and local elected officials" summoned the crowd. "Bring the family...it's free," the flyer said. A lot of folks did gather their kin and come, including the Mills from Spring Hope. Grand people. They invited me to the town's Pumpkin Festival next fall. I'll be there.

State Senator A.B. Swindell from Nashville rounded up the oysters. The Governor was there and President Pro Tem of the North Carolina Senate, Mark Basnight, as well as his nephew and Outer Banks restaurateur, R.V. Owens. Congressmen Frank Ballance and Bob Etheridge worked the crowd along with other elected officials and some old war-horses such as

former Attorney General Rufus Edmisten (on best behavior, I report—disappointing) and Sonny Boy Joyner from Garysburg.

(I wonder if I should tell them that it was an Illinois Republican, Abraham Lincoln, who popularized oyster roasts as a way to get folks to political rallies? Think I'll keep that to myself.)



FAMILY SECRETS

It's just a short ride from Wordsworth Farm to Greenville and Cliff's, my favorite place to eat steamed oysters. Daphne Richardson owned Cliff's for 31 years. She sold it to Stephen Taubaugh, a delightful fellow who grew up in "the original Washington," married Greenville's Hannah Hill, was a banker, then attended a culinary institute and now obviously is reveling in running his own seafood restaurant and oyster bar. His loyal patrons include New Bern native and former Green Bay linebacker George Koonce, Greenville boat builder Eddie Smith and retired Senator Ed Warren.

I called Daphne. Later I talked to Stephen who told me that on weekends he is featuring North Carolina oysters from Cedar Island and the Newport River. No one says they are cheap at \$23 a peck. But they are a rare treat and worth it.

Daphne and I talked about veteran shucker, Joe Walston. He serves up Cliff's trademark taste treat called a "rooster," dubbed that, I guess, because if you eat one, it will make you crow. Roosters are sort of a dirty trick to play on the uninitiated. Joe puts a huge dollop of super-strong horseradish on a Saltine, conceals it with a couple of raw oysters and douses the oysters with hot sauce. On a dare from friends, the customer eats it in one bite, and then writhes in pain as the horseradish and hot sauce combined deliver a near lethal blow. Each time is like the first for Joe. His robust laughter is a signal that the rooster has crowed again.

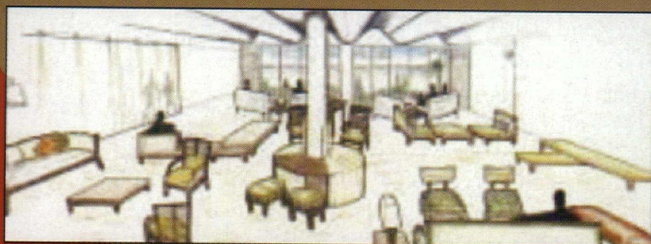
By the way, when Stephen bought Cliff's, he also bought the secret recipe that Daphne kept in her lock box for the hot,

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tomato-based dipping sauce. "She brought it to the closing," Stephen said, noting that Christine Shawky now makes the sauce each day as her mother Margaret Cox did for years before her.

Daphne reminded me of the old saying, "Eat fish, live longer. Eat oysters, love longer."

I can tell you for a fact that Senator Strom Thurmond, who was making babies in his seventies, believes it. I was at a party at Washington, and Thurmond was piling oysters high on his plate. My glamorous Greek friend, Dorothy Pastis, sidled up to him and whispered, "Senator, why are you eating so many oysters?" just to get him going.

"Let me tell you something, young lady," Thurmond began in his thick South Carolina accent, and then delivered a lecture on the aphrodisiacal qualities of oysters. The wily old Senator was still pinching and patting on his 100th birthday, so I put some stock in what he says.

While Strom is an inspiration, the magazine *Louisiana Cookin'* says the greatest lover of all, Casanova, ate 50 raw oysters each morning while bathing with his lover and seduced a vestal virgin (where on earth do you find one of those?) simply by passing a raw oyster from his lips to hers. Now, as boys, Larry Stewart and I would swap bubble gum to gross out our mothers, but the thought of "passing" an oyster from lips to lips grosses me out.

Daphne Richardson told me about the customer who finished his oysters and hurried to the cash register waving his money, saying, "Daphne, check me out quick. Gotta git home. One of these things might start a'working."

Joking aside, science supports the claim that oysters are an aphrodisiac. They are high in phosphorous, iodine and zinc, all of which boost testosterone production. Nuff said. If you want to continue this discussion, call Dr. Ruth. I have told you 'bout all I know.

One last thought. A pessimist looks at an oyster and expects ptomaine poisoning. An optimist looks at an oyster and expects a pearl. Between you and me, I know that one day I will shuck an oyster and find a triple strand from Mikimoto just like they advertise in *Vanity Fair*. **MM**

Tickle me...

PINK—THE IN COLOR FOR SPRING

Pink is the color for spring 2003, and it is here to stay for a few months. Baby, bubble gum, hot, petal... whatever the shade, *la vie* this season will definitely be *en rose*. Universally flattering, pink is easy to integrate into a wardrobe. It looks sharp with

Universally flattering, pink is easy to integrate into a wardrobe. It looks sharp with black, cool and elegant with gray, and stylishly retro with brown. In high summer, nothing looks fresher than pink and white. That's why the late and great fashion editor Diana Vreeland declared that "Pink is the navy blue of India."

black, cool and elegant with gray, and stylishly retro with brown. In high summer, nothing looks fresher than pink and white. That's why the late and great fashion editor Diana Vreeland declared that "Pink is the navy blue of India."



DKNY's trench in "peony" (\$499) is simply irresistible, mixing a feminine color with a strong shape

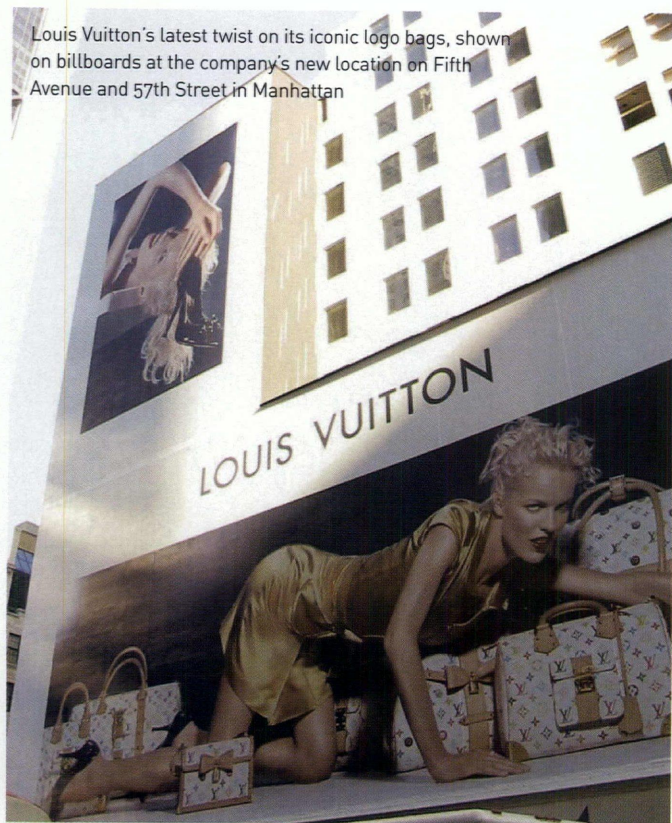
As Mrs. Vreeland would say, "Why don't you...buy a pink coat for spring and twirl around in it?" Marc Jacobs, champion of the retro Sixties vibe, did the perfect spring coat with an A-line silhouette with three-quarter length sleeves. DKNY by Donna Karan has a lovely pink version, and for a lower price (sateen ladycoat \$178), so does Banana Republic (www.bananarepublic.com). Even the men can get in on this trend; in New York, bespoke pink checked dress shirts are being seen on some of the best chests in town.

If pink reminds you too much of tutus (or worse, Lara Flynn Boyle at the Golden Globes), then choose from other vibrant colors on the spring palette. Orange, yellow, green, blue and lilac also make strong showings. All of the above are represented in BCBG's bubbly spring collection, and key pieces are available at Uniquities in Raleigh, Chapel Hill and Wilmington.

MUST-HAVE ACCESSORIES FOR SPRING

Leading the "one can always dream" category is Louis Vuitton's new monogram bag. If you've opened a fashion magazine in the last month, you've seen it: white background, multi-colored "LV"s, tan leather trim, utterly charming...and

Louis Vuitton's latest twist on its iconic logo bags, shown on billboards at the company's new location on Fifth Avenue and 57th Street in Manhattan



painfully expensive (the mini-logo bag, approximately the size of a box of Q-Tips, is \$390). It's the brilliant result of Louis Vuitton designer Marc Jacobs teaming up with Japanese artist Takashi Murakami. But all that doesn't matter because the wait-list for this design in any size is already 10 miles long. If you really NEED one, there are ways. Forget calling the New York boutique; try signing up for one at a far-flung store and ask them to ship it (or go pick it up; the number of the Louis Vuitton on Maui is 808-875-6980, www.vuitton.com).

A little more down to earth are Kate Spade's new bags for spring. Not an avid collector of Kate Spade like some, I for one love her handbags this season, which are bright and whimsical. Certain styles jump off the shelves, and these winners are also the result of a designer/artist collaboration, this time Spade and illustrator Maira

Kalman, best known for her children's books and most recently for her "Newyorkistan" cover for *The New Yorker*. The white-on-black or black-on-white fabric bags have lively line drawings that are set off with vivid red leather straps (tote size about \$175). Selections from the Kate Spade line are available at Beanie + Cecil stores.

I miss North Carolina the most in the spring-time: the



STEPPING OUT? Do it in style with Kate Spade's Maira Kalman line

dogwoods, the sweet smells, even the pollen, but most of all, I miss being able to wear sling-backs in March. Colorful sling-backs and high-heeled strappy sandals (to be worn with cargo pants) are in full force for spring. The wedge is back again this season, but steer clear of the platform version, which is not only treacherous for walking but also impossible for driving. If you lean toward flats, the newest styles have a pointed toe. Any

round-toe styles lingering from fall should be banished to Disneyland, where they will be sent directly to Minnie Mouse's closet. Not only do pointed toes look more grown-up and feminine, they can also function as a weapon. Arm yourself with Nine West's perforated leather flats with a buckle across the toe (www.ninewest.com) or Michael Kors' nubuck spectator pumps (www.saksfifthavenue.com). Both come in the season's best neutral, white—but wear before Easter at your own risk.

FASHION NEWS, GOSSIP AND SORDID RUMORS

Two major events have just happened in New York. The first was Fashion Week, when New York designers show their ready-to-wear collections for next season. The second is the annual Westminster dog show, where dogs from across the country gather to vie for the title "Best in Show." Because it's New York, these two worlds somehow manage to overlap. Each year, the socialite and archaeologist Iris Love launches the Westminster shows with a party at Tavern on the Green for dachshunds, which she breeds, and the people who love them. Counting myself among this number, I wangled an invitation to the soirée, where I expected to see some fine specimens of dachshund and enjoy





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some food and drink with kindred spirits. Already, to say the least, this scenario is unusual, but what if I tell you that the dachshunds at the event were dressed as dinosaurs? As I was finishing a piece of roast beef, what should I see waiting for my scraps but a tiny dachshund-teradactyl! Apparently, dachshund enthusiasts are not the only ones who like to spice up their human-canine celebrations. Some friends who attended an exclusive Havenese Bichon party at Biscuits and Bath said that their event had people-dog ballroom dancing.

Compared to these affairs, the fashion shows in Bryant Park seemed pretty tame, if you'll pardon the pun. However, what did raise hackles at the tents were some new "insider" fashion publications. *The Daily* is a new large-format magazine being published every day of Fashion Week by the sponsoring organization, 7th on Sixth. In



The Daily was created by 7th on Sixth, the organization that supervises New York Fashion Week, to provide editors a fun read while waiting for shows to begin.

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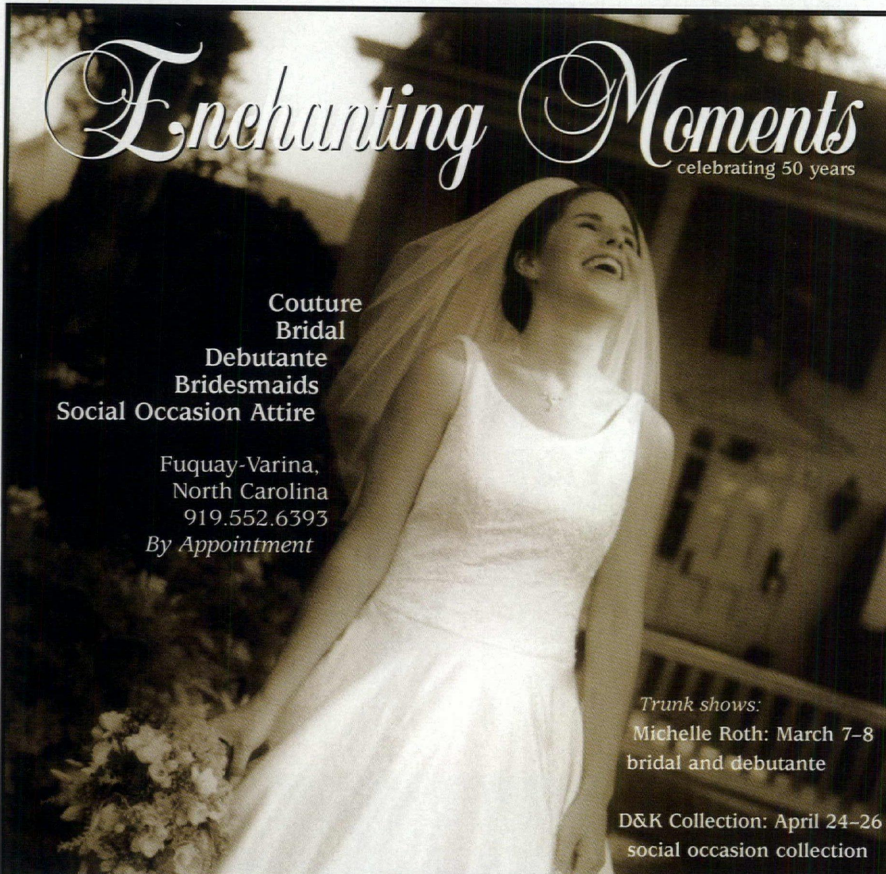
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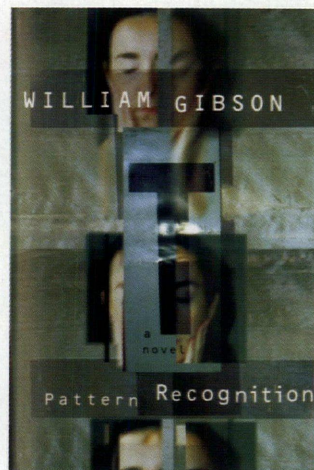
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these pages were the odd piece of fashion trivia, such as that model Angela Lindvall lives on a 90-foot tugboat docked in the Hudson, or that P.Diddy (a.k.a. Puff Daddy, designer of the Sean Jean collection) has his eye on recently-come-into-her-money Athena Onassis (Aristotle's granddaughter). More dirt was dished out by the competing publication, *Us Daily*, which told us what *Vogue* editor-in-chief Anna Wintour eats for breakfast (cappuccino, egg and cheese sandwich) and that Alexander McQueen has recently undergone liposuction. Yawn. The best gossip never makes it into print.

Word on the street is that Glenda Bailey is being reviewed in her position as editor-in-chief of *Harper's Bazaar*. Despite bringing back the old logo and giving the magazine a fresh look with bold photography, ad sales have been dropping. The editor whom Bailey displaced at *Bazaar* two years ago, Kate Betts, is rumored to be in talks to head up a new home/lifestyle publication by Time Inc. Betts crossed Anna Wintour when she defected from *Vogue*, but her bridge couldn't be burnt any crisper than that of Lauren Weisberger, the former assistant to Wintour, who has penned the novel *The Devil Wore Prada*, based on her experiences at the top magazine of the publishing house better known as "Condé Nasty." Weisberger's book will be available



in stores in June. Until then, satisfy your appetite for the trendy with the new novel by William Gibson, *Pattern Recognition*, a captivating thriller about a marketing genius who has a phobia of brand labels and logos. **MM**

Savoring the spice of life

EAST MEETS WEST (& NORTH & SOUTH) AT BAKATSIAS CREATION

Entering Spice Street, located in the old K&W Cafeteria in Chapel Hill's University Mall, I couldn't help but feel a disconnect. "Where on earth am I?" I'm thinking as my eyes dart around this enormous space steeped in vivid colors and unusual textures. There is simply

too much to absorb in a glance. Wherever I turn, there is an exotic object demanding attention. An antique rickshaw and a life-sized statue of Buddha adorn just a couple of the many nooks and crannies of the restaurant. Giant lighted cones, reminiscent of Tibetan temple horns, dwarf

the humans seated under them. Compared to typical Chapel Hill cafés, Spice Street's scale is daunting, even unsettling at first, a bit like spotting a Lincoln Continental among the tiny Renaults in a European village.

Spice Street is no ordinary Triangle restaurant. Even if you

are familiar with the irrepressibly imaginative restaurants created by George Bakatsias, it seems out of this world or, at least, out of this hemisphere. Not since The Columns, Bakatsias' shrine to fine dining in Cary, has the Triangle seen such an extravagant setting, the restaurant as a

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METROGOURMET

place where you can taste ordinary street food from all over the world. The surprising juxtaposition of the beautifully appointed setting and George's version of "peasant food" is part of the fun—Spice Street is destined to become the ultimate "bohemian bourgeois" scene in the Triangle.

Spice Street is the latest in a string of Bakatsias endeavors going back to 1980. The metro area hasn't seen the likes of these flamboyant eateries since the Danziger restaurant dynasty petered out in the late seventies. Like "Papa D" Danziger, George hails from Europe. At 12, he was working in his big Greek family's diner in Burlington. George traces the inspiration for his own restaurants to his first glimpse of fine dining, a solitary dinner at the Ritz in Paris, the highlight of a self-financed trip at the impressionable age of 16. By the time he was 23, "Bakatsias' Fine Cuisine" in Durham established the young restaurateur's reputation as an expert cook and a gracious host with a larger-than-life personality.

After the success of that first restaurant, George's vision grew grander. Bakatsias' Le Nouveau, The Columns, Café Giorgio, and Rouge en Noir opened and closed, mostly victims of the recession of the early '90s. With the encouragement of his landlord Clay Hamner, George opened the ambitious PariZadé in Erwin Square, still one of Durham's most popular eateries. George's Gourmet Garage followed, now a mainstay of Ninth Street's dining scene. In 2002 George added the cozy, Provence-inspired Vin Rouge just across the street from the Garage.

Until the opening of Spice Street, I thought that George had mellowed, slowed his pace a bit and settled into the comfortable niche of provincial

Mediterranean bistro food and the accompanying ambience he does so well. Was I ever wrong!

EXOTIC ALLURE

Six years ago George crossed the Pacific to visit friends. The experience changed his life. "Traveling around Asia was a spiritual awakening, an escape from the madness of my "zorba" lifestyle. I wandered through blocks of spice stands and experienced new tastes. When I got back, I changed the way I thought about food. I want people to enjoy each other's company, friendship and all the tastes in my restaurants. For me, it's not just about filling up stomachs anymore."

Spice Street's spokeswoman, Sharon Van Vechten adds, "George is a collector of ideas. After Asia, he traveled around America checking out food scenes, more to discover what wasn't out there than what was. With the concept of Spice Street, he wants to fill a hole in the market, not just locally but nationally."

Now that Spice Street is open, George can be seen working its exposed kitchen, indefatigable as ever. It is hard to imagine how he has the time to supervise all his restaurants, yet he claims to visit each one daily. When asked what his role is now at Spice Street, he modestly referred to himself as "part-time cook." The actual Chef du Cuisine, Mohammed Veros, a Moroccan expatriate, began his career washing pots in several Chapel Hill restaurant kitchens before leaving for Los Angeles. He worked himself up the ladder to chef at the nationally acclaimed 2424 Pico before George lured him back east. Mohammed mirrors George's soulful attitude toward cooking: "I learned by being exposed to good food. My mama showed me that cooking is all about feeling. I don't measure ingredients, I just know what to do."

The food at Spice Street is Mohammed's and George's individualistic interpretations of Moroccan, Asian and Latin cuisines. The menu is blessedly succinct, with just the barest indication of each dish's place of origin. All the entrées we tried were homey dishes braised with aromatic vegetables and subtle combinations of Northern African spices—cinnamon, saffron, allspice, cardamom. "Beef Short Ribs," "Chicken Tagine," and "Lambshanks" were falling-off-



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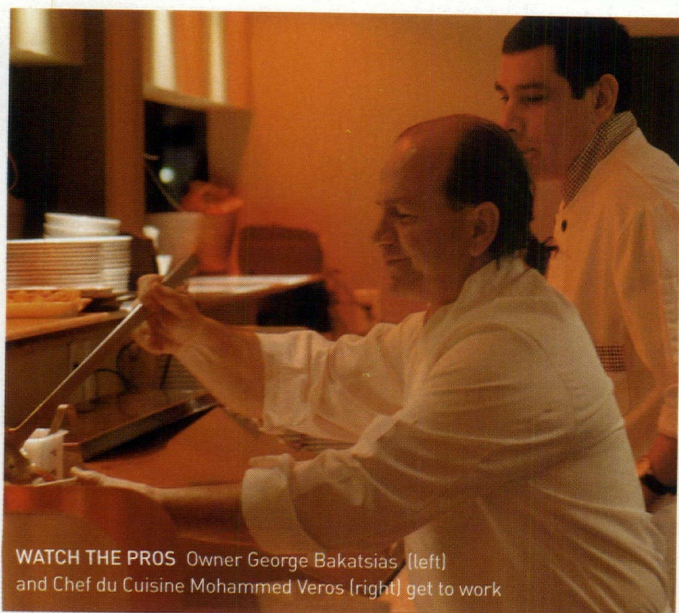
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WATCH THE PROS Owner George Bakatsias (left) and Chef du Cuisine Mohammed Veros (right) get to work

the-bone tender, the flavors perfectly blended. Elegantly presented first courses leaned toward Far Eastern flavors, with the exception of the superb "Yellow Tail Tartar," held together with a luscious guacamole, a nod to Mexico. For dessert we tried the sorbets, among them an intriguing chai-banana combination, as well as the *pièce de résistance*—a decadent chocolate terrine.

George Bakatsias' self-described mission is "to be a host. I want everybody to feel

they are in my home, to be able to relax, talk—to celebrate being alive." George's latest "home" is grand, representing a new aesthetic, bold even for him, but his warm style is evident in every aspect of the place. The graciousness of Spice Street's charming manager, Julian Jahoo, perfectly reflects George's hospitable spirit.

Spice Street is open every day of the week from lunch until late night, a delightful place to, in George's words, "savor the spice of life." **MM**

Off the menu

With all the burger hype that's been in the news, the \$41 burger and so on, the \$20,000 burger deserves mentioning. The annual Build a Better Burger, a national contest sponsored by the American Culinary Association, Sutter Home Winery and the National Cattlemen's Beef Association, was held last fall in Napa Valley, CA. The finalists were chosen and flown out for the cook-off where they prepared their burgers for a panel of distinguished judges. This year's winner of the \$20,000 grand prize was North Carolina-born Annelle Williams, who now lives just above the state line in Virginia. She was born in Moore County and was graduated from the University of North Carolina at Chapel Hill. The winning Williams burger recipe had never been prepared before she was notified she was a finalist. Go to www.buildabetterburger.com for more information on the contest and the winning burger. The \$20,000 burger recipe follows

Vitello Focaccia (makes 6 burgers)

6 tbsp. olive oil	1/8 lb. hard salami, cubed
2 tbsp. balsamic vinegar	1/8 lb. prosciutto, sliced
1 tbsp. Dijon mustard	1 cup grated Parmesan cheese
1 tbsp. mixed dried Italian herbs	2 tbsp. chopped fresh Italian flat-leaf parsley
1 tsp. ground black pepper	
12 medium tomato slices	1 1/2 lb. ground veal
12 medium fresh basil leaves	1 egg, beaten
6 slices fresh mozzarella	2 tbsp. dry white wine
1 small sweet yellow onion, chopped	Italian flat bread, cut into 6 bun-sized pieces, and sliced open
1 1/2 garlic cloves, chopped	1/4 stick butter, melted
1 tbsp. olive oil	

Whisk together the oil, vinegar and mustard. Add herbs and pepper and mix. Pour over tomatoes, basil and mozzarella and set aside.

Sauté onion and garlic in olive oil in small iron skillet on heated grill. Set aside.

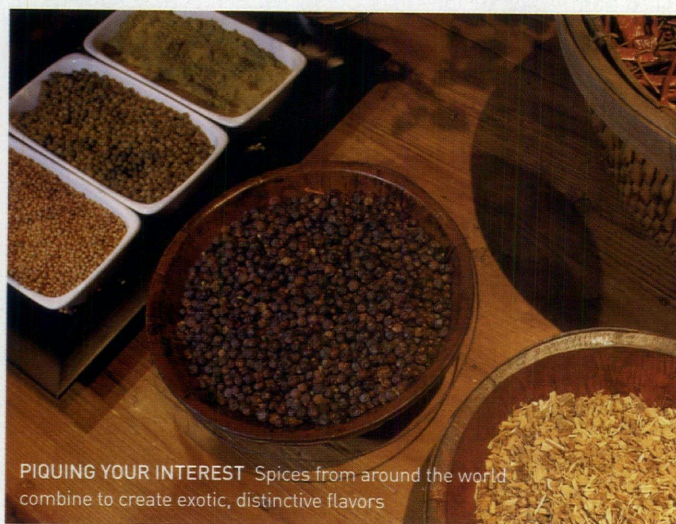
Process salami, prosciutto, Parmesan and parsley in food processor just until coarsely ground. Add onion mixture and salami mixture to ground veal. Add eggs and wine and mix gently with hands to combine. Form into 6 patties, handling as little as possible. Cook on medium grill for 3 minutes on each side, turning only once. Remove from heat and let rest while grilling bread. Butter cut sides of bread and grill, buttered side down, until toasted.

Place a veal patty on bottom piece of flat bread. Remove tomatoes, basil and mozzarella from dressing. Place 2 slices tomato, 2 basil leaves and a slice of mozzarella on each patty. Cover with top piece of flat bread... *buon appetito!*

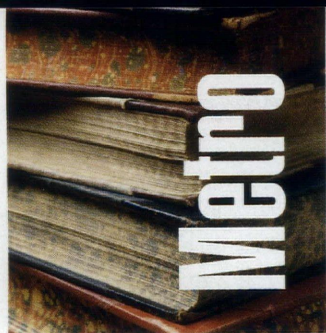
—Becki Williams



SERVICE WITH A SMILE Manager Julian Jahoo perfectly reflects George's hospitable spirit



PIQUING YOUR INTEREST Spices from around the world combine to create exotic, distinctive flavors



Books

by Arch T. Allen

Vassar girl

COMMUNIST SPY

For a half-century after the Red Scare of the 1940s and the resulting McCarthyism of the early 1950s, concerns about past Communist infiltration of American institutions and Soviet espionage were overshadowed by the anti-communism of the American media and academia. They derided concerns over Communist infiltration as searches for Reds under beds, and they dismissed accusations of espionage as witch-hunt fantasies.

Recently, however, scholars have examined newly available evidence of Soviet infiltration and espionage—including American code breaking of secret Soviet cables, espionage archives, and accounts by former Soviet agents—that have documented the reality of Soviet infiltration and espionage. Reds were not only under some American beds, they were in the beds of a number of Americans susceptible of becoming Soviet spies.

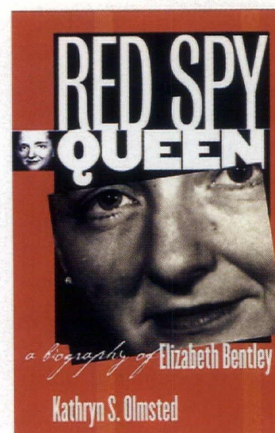
Elizabeth Bentley, a 1930 Vassar graduate, was an American susceptible of becoming a Soviet spy who went to work for the Soviets during the late 1930s and early 1940s. In *Red Spy Queen: A Biography of Elizabeth Bentley*, historian Kathryn Olmsted explains how the Vassar girl became a Soviet spy and how Soviet spies stole the greatest secrets of the time,

most notably the plans for the atomic bomb. This enabled the Soviets to develop and detonate their own in 1949, years sooner than otherwise possible under the Soviet system. The Cold War followed, and Elizabeth Bentley played a significant part in its history. The “Red Spy Queen,” as she came to be known in newspaper headlines, became an informer against her Soviet masters and to personify the McCarthy era she helped precipitate.

Despite the denials of the anti-anticommunists, in the 1930s and 1940s, as one authority states plainly, the Soviets “were running a good many spies in the United States... [W]hile the excesses of McCarthyism may be fairly described as a witch hunt, it was a witch hunt with witches... The ordeal of McCarthyism was only in part about Reds under the bed. It was also about the extraordinary success of the Soviets in penetrating America’s government...” (Thomas Powers, “The Plot Thickens,” *New York Review of Books*, 11 MAY 2000.) Indeed, British historian Christopher Andrew, a leading scholar on the subject (see *MetroMagazine*, “Secrets of State,” January 2003), advises that had President Franklin D. Roosevelt not replaced Soviet sympathizer Henry Wallace with Harry Truman as his vice

presidential pick for the 1944 election, upon Roosevelt’s death in 1945 the United States would have had “a pre-planned [Soviet] KGB-controlled administration with Henry Wallace as president, [Soviet] agent Lauchlin Currie as secretary of state, and [Soviet] agent Harry Dexter White as secretary of treasury.” (See “MetroBooks,” April 2000.) Soviet agent Alger Hiss, a high administration official, would have been in place also, along with other agents.

Elizabeth Bentley informed on those Soviet agents. In 1945, just two weeks after the end of World War II and the American war alliance with the Soviets, she walked unannounced into an FBI office and began to tell her story. For the previous seven years, she had spied for the Soviet Communists. After she was graduated from Vassar, Bentley studied in Italy, had an affair with her academic adviser there, and flirted with fascism. She then settled in New York, and became a Communist. Soviet espionage soon followed, resulting less from ideological commitment to Communism, Olmsted explains, than from Bentley’s love and lust for the Soviet operative who befriended and bedded her. After her Soviet lover’s death, she became an informer less from remorse for betraying America than from fear of assassination by the Soviets.



Red Spy Queen: A Biography of Elizabeth Bentley

by Kathryn S. Olmsted
UNC Press, 2002, 268 pp.

Bentley’s basic accusations about Soviet espionage were correct, Olmsted concludes, and she confirms that those accused by Bentley were actual agents. Bentley embellished some accusations, however, apparently in efforts to ingratiate herself with the FBI and to manipulate it to her advantage. Bentley, it seems, was fully capable of embellishment and manipulation. She was also sexually promiscuous and an alcoholic but was able to outwit her Soviet superiors during her years as a spy. Later, as one of the first of the former spies to become an informer, she dismayed the FBI by her personal behavior, and initially her credibility was suspect.

Another former spy, Whittaker Chambers, soon

followed her as an informer and corroborated much of her story. Separately, the allegation by Chambers that Alger Hiss was a Soviet spy led to the famous Hiss-Chambers libel case and Hiss' subsequent conviction for perjury. Despite his conviction, Hiss always denied being a spy and was able to create a coterie of intellectuals and journalists who maintain his innocence to this day. Yet his denial is unbelievable in light of the newly available evidence. And in *Red Spy Queen*, Olmsted joins other scholars in acknowledging that Hiss was a Soviet spy.

As a sub-theme in *Red Spy Queen*, Olmsted delves into the different historical treatments of the female Bentley and the male Chambers. Beyond gender, however, there were some key differences between the two. For one, Bentley was not an ideological intellectual, either as a spy or as an informer, while Chambers was, initially afraid and anguished that his abandonment of Communism had doomed him to the losing side of history. Besides, Bentley had no corroborating documentation to back up her accusations against her former Soviet bosses but Chambers did, producing his trove of stolen secret documents, the famous "pumpkin papers" hidden on his Maryland farm. Although both Bentley and Chambers testified publicly before congressional investigative committees and captured media attention, Chambers had more public exposure through the Hiss-Chambers libel case and Hiss' perjury trial. Moreover, as Olmsted acknowledges, Bentley's autobiography, *Out of Bondage* (1951), was the unsuccessful effort of a woman's magazine editor to serialize her story, while Chambers' autobiography, *Witness* (1952),

remains acclaimed for its passionate prose.

Regardless of their differences, both Bentley and Chambers were valuable to the Soviets as spies and to us as informers. Through *Red Spy Queen*, we learn and understand more from Bentley's perspective about Communist infiltration and espionage. *Red Spy Queen* confirms recent scholarship that there were indeed Reds under and in American beds from the personal story of how Bentley became a bedded Red and later an informer. In joining other recent scholarship on the subject, *Red Spy Queen* is a good companion to *Whittaker Chambers: A Biography* (1997) by Sam Tanenhaus. Now, both Bentley and Chambers, maligned by many for a half-century, have been validated by history as truthful, though tormented, informers.

Harvey Klehr, one of the leading scholars on the subject of Soviet espionage in the US, credits *Red Spy Queen* as demonstrating that "despite her private demons and flaws, Bentley told the truth about Soviet espionage." We should thank Olmsted for her scholarly account of Bentley's story and the UNC Press for publishing it. *Red Spy Queen* is a good place to begin for readers interested in the Soviet espionage that led to the Red Scare and McCarthyism.



"MetroBooks" readers interested in Soviet infiltration and espionage should watch a one-hour PBS telecast shown in 2002; it is concise and remarkably candid, and includes interviews with Harvey Klehr and John Earl Haynes, two of the leading scholars on the subject.

(*Secrets, Lies, and Atomic Spies*, available on videotape from its producer, WGBH of Boston, at 800-949-8670 or www.pbs.org/wgbh/nova/venona/). Next, readers may wish to turn to the review by Thomas Powers of several recent books on the subject. ("The Plot Thickens," *New York Review of Books*, 11 May 2000, available online at www.nybooks.com.) For a broader and deeper introduction, readers should consult an essay on the historiography of the subject by John Earl Haynes. ("The Cold War Continues: A Traditionalist Looks at Historical Writings on Domestic Communism and Anti-Communism," *The Journal of Cold War Studies*, Winter 2000, available online in another version at www.johnearlhaynes.org.)

Among many recent books on the subject, "MetroBooks" notes a few, as follows:

Yale University Press has published a series including *The Secret World of American Communism* (1995), by Harvey Klehr, John Earl Haynes, and Fredrik Firsov; *The Soviet World of American Communism* (1998), by Klehr, Haynes, and Kyrill Anderson; and *Venona: Decoding Soviet Espionage in America* (1999), by Haynes and Klehr. Based on Soviet archives, including Comintern and CPUSA records, and the Venona files of decoded Soviet cables, these books contain excerpts from actual cables and explanatory commentary by the authors. They show that the CPUSA was not an open and independent organization of American radicals as it pretended to be, but was a secret organization controlled and supported by the Soviet Communists. And they show that the Soviets engaged in espionage

on a major scale—yes, Whittaker Chambers and Elizabeth Bentley were correct about the espionage.

The Venona documents consist of nearly 3000 KGB and other Soviet cables decoded by American and British counterintelligence experts in the late 1940s. As we know now, the Soviets had learned quickly, through a well-placed spy in our counterintelligence operations, that we had broken their code. Although Soviet activities changed soon after their code was broken, the decoded cables were not declassified and released until the late 1990s, a delay criticized by some as politically motivated protection of the reputations of the Roosevelt and Truman administrations.

Aside from the Venona documents, other Soviet archives reveal much more now about Soviet espionage, as detailed extensively in *The Sword and the Shield: The Mitrokhin Archive and the Secret History of the KGB* (1999), by Christopher Andrew (see "MetroBooks," April 2000), and *The Haunted Wood: Soviet Espionage in America—The Stalin Era* (1999), by Allen Weinstein and Alexander Vassiliev. Focusing on a particular part of the espionage, *Bombshell: The Secret Story of America's Unknown Atomic Spy Conspiracy* (1997), by Joseph Albright and Marcia Kunstel, exposes Soviet espionage in the American atomic bomb project by a physicist, Ted Hall, who was suspected but never prosecuted for his spying. (In its account of the Venona code-breaking, *Bombshell* credits North Carolina native Cecil Phillips, recruited for the American counterintelligence effort in 1943 out of his

sophomore year at UNC at Chapel Hill, for assisting Meredith Gardner in breaking the Soviet code.)

These and other recent books have had profound effects. One effect has been confirmation that Julius Rosenberg and Alger Hiss were actual spies, an issue long contested by the anti-anticommunists. Their guilt had been explained earlier based on then-available evidence by Ronald Radosh and Joyce Milton in *The Rosenberg File: A Search for the Truth* (1983) and by Allen Weinstein in *Perjury: The Hiss-Chambers Case* (1978, revised edition 1997). The newly available evidence dispels any doubts except those of the remaining anti-anticommunists.

Other effects have been reaction and revisionism by those

remaining anti-anticommunists. As an example of reaction, the *New York Times*, still in denial about Hiss and disdainful of McCarthyism, editorialized in 1998 against "the rehabilitation of Joseph McCarthy" and denounced unnamed scholars who "armed with audacity and new archival information... would like to rewrite the historical verdict on Senator McCarthy and McCarthyism." If the *Times* meant for those unnamed scholars to include Klehr, Haynes, and Radosh, its denunciation of them was unfair. In their histories of Soviet espionage, they acknowledge that McCarthy exaggerated, distorted, and sometimes falsified evidence. They point out that "precisely because Senator McCarthy was reckless and

made false charges, actual Communists who engaged in and contemplated espionage sought to claim the status of victims."

Revisionism appears in *Many Are the Crimes: McCarthyism in America* (1998), by anti-anticommunist Ellen Schrecker. As Haynes explains, Schrecker claims that the decoded Venona cables convey exaggerations by KGB officers merely trying to impress their Soviet superiors about the importance of their American contacts. For example, she suggests that Harry Dexter White, in a report passed on to the Soviets in a decoded Venona cable, was "merely making small talk." Countering Schrecker and surely confounding the *Times* is Arthur Herman's *Joseph*

McCarthy: Reexamining the Life and Legacy of America's Most Hated Senator (1999), described by Haynes as "the first ever full-scale scholarly defense, albeit qualified, of McCarthy."

Whatever one makes of McCarthy and McCarthyism, "no one can write the history of McCarthyism and the early cold war," Thomas Powers warns, "without taking into account that the hunt for spies was based on the fact that there were spies—lots of them." As Powers points out, about half of the 349 persons given codenames by the KGB in the Venona cables remain unidentified. How would the plot thicken, as Powers wonders, if the Russians ever tell us "who was hiding behind the other half of those 349 cryptonyms." **MM**

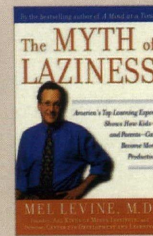
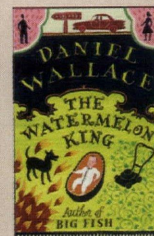
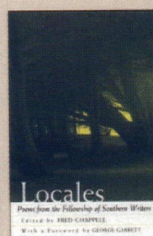
NEW AND NOTEWORTHY

The Fellowship of Southern writers, founded in 1987, represents some of our region's most distinguished voices: novelists, dramatists, nonfiction scribes and, of course, poets. In March, Louisiana State University Press publishes an anthology of 17 of those poets, selected by Fred Chappell, who recently completed his term as North Carolina's own poet laureate.

Locales: Poems from the Fellowship of Southern Authors features several writers with North Carolina connections, including A.R. Ammons, James Applewhite, Robert Morgan and Chappell himself. Among the other poets selected are Wendell Berry, Kelly Cherry, James Dickey, George Garrett, Robert Penn Warren and Charles Wright. And as the title suggests, the volume gives an

emphasis to the role that place plays in the creation of Southern poetry. To this end, Chappell himself describes the volume as a "southern gazette with mountains and valleys, forests and farms, rivers and marshes, graveyards and barrooms."

Place—and specifically our state's Appalachian region—also serves a central role in a recent poetry collection by another of the area's notable poets. Michael Chitwood, whose last volume of poetry was the masterful *The Weave Room*, returns with *Gospel Road Going* (Tryon Publishing Company), which takes readers into the foothills and mountains and introduces us to aspects of a quickly vanishing culture—and other aspects that have already been lost. For a sample of Chitwood's precise language and his earth-



iness of detail, check out the book's opening poem, "The Great Wagon Road, or Why Appalachians Are Mountains And A People," where he begins with a look at his own Scottish ancestors and a recognition of what geography has to offer:

Their only correspondence with me,
son of their children's children's great grandchildren,
is this ditch, these nearly healed wheel cuts,
the line they traced in the earth.

WALLACE'S WATERMELONS Triangle-based writer Daniel Wallace has already earned plenty of fans with his first two books, *Big Fish* and *Ray in Reverse*. The first book even won the attention of Steven Spielberg, who originally optioned it for the big screen. (Tim Burton is now directing.)

For his third book, *The Watermelon King*, Wallace has moved to a New York publisher (Houghton Mifflin), but his concerns haven't traveled far from familiar territory. The

continued next page

New and noteworthy, cont.

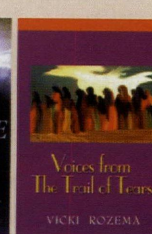
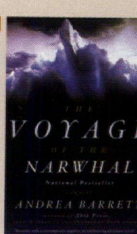
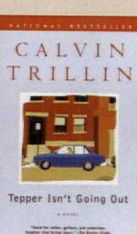
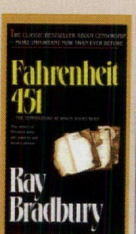
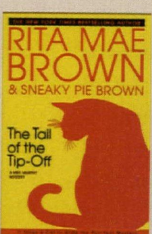
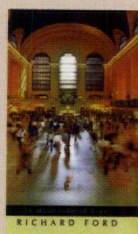
book takes place in Ashland, Alabama, the setting of *Big Fish*, and there's the same mythic quality to the storytelling as Thomas Rider, the main character, returns to Ashland to learn about his parents and about the strange town in which he was born. Ashland, it seems, was once well known for its overflowing supply of watermelons, and Rider's mother played a role in destroying the crop.

Wallace will be giving readings and signings at a couple of Triangle bookstores in March, beginning at Durham's Regulator Bookshop on March 11. Later in the month, catch him at McIntyre's Books at Fearington Village on Saturday morning, March 29.

GET OUT AND DO SOMETHING!

Dr. Mel Levine of the UNC-Chapel Hill Medical School has been busy making the rounds with his new book *The Myth of Laziness: America's Top Learning Expert Shows How Kids—And Parents—Can Become More Productive*. On Tuesday, March 11, Levine travels to the Cary Barnes & Noble to offer help to those lagging behind in the school and workplace.

And if you can't make that event, there are plenty more readings and signings for you to get out and attend. Among the month's highlights are Pulitzer Prize-winning author Richard Ford with *A Multitude of Sins* at the Regulator in Durham on Friday, March 7; Pushcart Prize-winner and Triangle resident Virginia Holman with *Rescuing Patty Hearst: Memories from a Decade Gone Mad* at the Regulator on Wednesday, March 5, Raleigh's Quail Ridge Books on Friday,



March 7, and McIntyre's on Saturday, March 8; and mystery novelist Rita Mae Brown with *The Tail of the Tip-Off* at Quail Ridge Books on Tuesday, March 18.

Celebrating Wake Reads Together, a project to get Wake County readers on the same page, NCSU professor John Kessel leads a discussion of Ray Bradbury's *Fahrenheit 451* on Thursday, March 13, at the Cary Barnes & Noble.

Mid-March will bring author and humorist Calvin Trillin, to UNC-Chapel Hill as the Morgan Writer-in-Residence. In addition to meeting with creative writing and English classes and with local high school students, Trillin will discuss his work in a free public reading on March 19 at 7:30 p.m. in the Carroll Hall auditorium. Well known for his essays and columns in *Time* magazine, *The New Yorker* and *The Nation*, Trillin has also written a number of books, the most recent a humorous novel *Tepper Isn't Going Out* (Random House 2002).

And two benefits are worthy of note. Lee Smith, author of *The Last Girls*, will be the guest of honor at a Hospice Benefit Luncheon on Wednesday, March 12; call 919-828-0890, ext. 238, for reservations. Also, through March 16, the Barnes & Noble Southpointe is collaborating with WRAL-TV5 on a book drive for UNC Children's Hospital's new recreational therapy wing: Just buy a children's book from a special

display in the store, donate it to the new wing and Barnes & Noble will make a comparable donation to the hospital as well.

WRITERS' WEEK IN WILMINGTON

Andrea Barrett, National Book Award-winning author of *Ship Fever*, *Voyage of the Narwhal*, and *Servants of the Map*, will be the keynote speaker for Writers' Week at the University of North Carolina-Wilmington, March 24–28. The week includes workshops each morning, readings and panel discussions each afternoon, and evening readings by noted authors, taking place at various locations on the UNC-W campus.

Barrett's keynote address actually closes the week, at 8 p.m. on Friday, March 28, in Kenan Auditorium. Additional presenters already lined up include UNC-W professors Clyde Edgerton and Philip Gerard, as well as Randall Kenan, Dina Ben-Lev, Lan Samantha Chang, Joel Brouwer, Wendy Rawling and Tim Seibles.

Readings and panel discussions are free and open to the public. For more information, call 910-962-7063.

FIRST-PERSON POINT-OF-VIEW

Finally, a pair of March publications take us back into history—and provide us a first-person point-of-view.

The Library of America's two-volume *Reporting Civil Rights* collects significant American journalism on the Civil

Rights Movement from May 1941's "Call to Negro America" for a march on Washington to Alice Walker's 1973 *New York Times Magazine* article "Staying Home in Mississippi." Among events in focus are the Emmett Till lynching, the Montgomery Bus Boycotts and the assassination of Martin Luther King Jr. Included are noteworthy authors such as Ralph Ellison, Langston Hughes, John Steinbeck, Robert Penn Warren, David Halberstam, Willie Morris, Joan Didion and Tom Wolfe as well as important unknown writers gathered in book form for the first time. Of particular interest to North Carolina is an article about the Woolworth's lunch counter sit-in from *The Register*, the student newspaper from North Carolina A&T, and an article about the broadening sit-in movement and fears of wider unrest by Claude Sitton, a former *New York Times* correspondent who was more recently editor and vice-president at the *News & Observer*.

Along not-dissimilar lines, John F. Blair, Publisher, presents *Voices from The Trail of Tears*, edited by Vicki Rozema, an authority on Cherokee history. Rozema draws on letters, military records, journal excerpts and more first-person accounts of the relocation of an estimated 100,000 Native Americans to west of the Mississippi River in the mid-1800s. The book is part of Blair's "Real Voices, Real History Series." MM

IN MEMORIAM

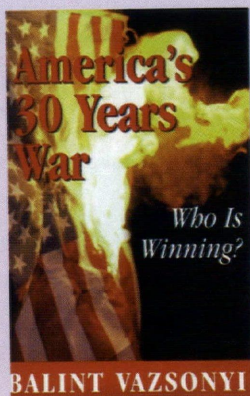
The late Balint Vazsonyi (1936–2003) was a renowned concert pianist. He was also a historian, political philosopher and author. A proud American, he was devoted to this country's ideals of constitutional liberty.

He was not always blessed by American constitutional liberty. A native of Hungary, Vazsonyi had lived under totalitarian rule, first as a boy under the German Nazis and then as a teenager under the Soviet Communists. As a young man, after the Hungarian uprising and its repression by the Soviets, he escaped to America. He later became an American citizen.

Vazsonyi's devotion to American liberty contrasted with his detestation of both the Nazi and the Soviet forms of totalitarianism. He understood that socialism underlay both forms of totalitarianism, and he rejected the Soviet misrepresentation, which somehow fooled many during World War II, that German

National Socialism was really capitalism of a fascist variety. The Soviets and their fellow travelers continued that misrepresentation after the War, when world issues shifted from wartime alliances to Cold War confrontation. But Vazsonyi was not fooled by it. As he succeeded as a concert pianist, he earned a doctorate in history and studied political philosophy. His studies added intellectual understanding to his personal observations.


From his experiences and education, he rejected what he called the Franco-Germanic tradition of political philosophy that inspired the French Revolution and culminated in German Nazism and Soviet-style Communism. He



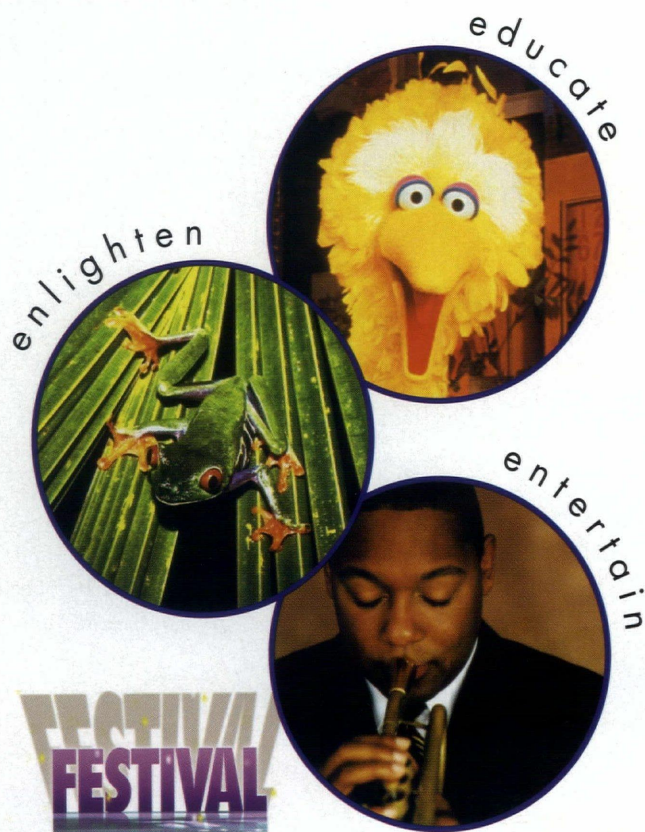
adopted the Anglo-American tradition that evolved from English common law and constitutionalism enshrined in the American Declaration of Independence and the United States Constitution. For Vazsonyi, the Declaration of Independence and the Constitution not only preceded the French Declaration of the Rights of Man chronologically, they always transcended it philosophically. For him, John Locke's empiricism and natural-rights political philosophy, which are reflected in the Anglo-American tradition of limited-government, prevailed over Descartes' rationalism and Rousseau's imagination, which are reflected in the Franco-

Germanic tradition of all-powerful government. And Adam Smith's capitalism, reflecting decentralized actions by many individuals in free-markets, prevailed over Karl Marx's socialism, requiring centralized decisions by a few for the many in a state-controlled economy.

In *America's Thirty Years War—Who Is Winning?* (1998), Vazsonyi contrasted the two traditions of political philosophy in the context of contemporary America. He bluntly attacked the insipid totalitarianism implicit in many big-government programs, and he passionately argued for limited government and American constitutional liberty. To solve problems in contemporary America, he saw no hope from big-government programs and much hope through the exercise of individual liberties.

Now that this renowned pianist's music can no longer be heard live, may his written words resonate in the land that he loved. 

by Arch T. Allen



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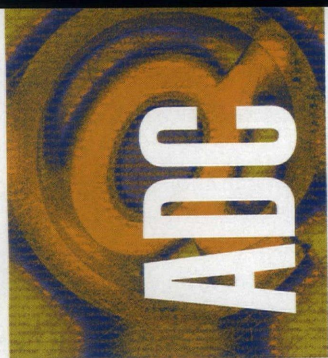
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From USMC to CEO

WALT BOOMER LOVES THE MARINES BUT NOW RUNS A BUSINESS

As CEO of Rogers Corporation, the man who commanded US Marines in the Gulf War now tries to keep up with high-tech. "The most difficult adjustment has simply been to learn about the technology," says the NCSU graduate.

Once a Marine, always a Marine?

"Semper Paratus" said Walter Boomer—with deep enthusiasm. *Semper Fidelis* (always faithful), the Marine motto, is a constant in his thoughts.

"When I see a young Marine, I still get goose bumps," added the Rich Square, NC native who commanded all US Marines in Gulf War I some 12 years ago. "I thank God for how great they were and continue to be."

Boomer was a Marine for 34 years, rose to become Deputy Commandant of the Corps, and then retired in 1993. He pops up on TV now and then to talk about Saddam Hussein and Gulf War II that's headed the world's way. But USMC is not on his business card. He has traded in the general's stars and Marine green for a business suit, left the office at the Corps where he had a view of the Iwo Jima Memorial and runs high-tech Rogers Corporation in Rogers, CT as its chairman and CEO.

"Our company operates—always has—on a first-name, personal basis. No one knows

me as General, and I like it," Boomer said. "I'm delighted to have been one, and I'll always have those memories, but I don't have to be called that now."

Relaxing protocol is part of his transition. He's still the boss, and his instructions have to be made. But Boomer said he made a deliberate choice to put aside the parts of his USMC life that might interfere with his new one.

But Boomer said he made a deliberate choice to put aside the parts of his USMC life that might interfere with his new one.

"To transition to civilian business, you have to want to do this," he explained. "You can't do this on a whim. I work as hard as I have ever worked in my life."

"The second thing is, to some degree you have to close the door on your first career. By that I don't mean that you forget it. Obviously, you miss your friends, but you can't live in the past. You've got to be able to say that was great, I was so lucky to have that career; now I'm devoting myself to the new career."

"You can't keep a foot in both worlds."

But as Boomer said, he also can't entirely forget the Corps.

His employees probably will forgive him if he seems a bit distracted these days.

"People need to keep their focus on war. That it's very brutal, very ugly, and always must be the last resort," he said. "All our victories will not be as bloodless as the first Gulf War."

"I always estimated that 25 percent of the Iraqis in our area fought and 75 percent surrendered. What if it had been the other way around?"

"We were fortunate it was the slam dunk it turned out to be. I certainly never expected that."

And Boomer is quick to defend what was accomplished in 1991. "It was a big deal, a big victory," Boomer said, but he added people should not expect a romp each time America fights. "That would be a tragic lesson to take away from that victory."

He also grows a bit tired of all the second-guessing about the war's end result.

"You can Monday-morning-quarterback as to whether we should have continued the war, gone to Baghdad and removed Saddam, but the United Nations mandate did not call for anything more than what we did."

"With another two or three days, we certainly could have finished off whatever armed forces he had left. That's a given. But I don't think it was appropriate to go to Baghdad."

"That was never in the works. I certainly never talked about that to anyone."

"If the world wants to turn the sky loose again, then they need to understand what they are doing."

HITTING CORPORATE BEACHES

Even if leading a private company isn't as life-threatening as an Iraqi Scud missile, Boomer still has hills to climb. "When you are trying to lead a public company, you are subjected to a lot of pressures," he says. "But I find this to be very interesting and challenging."

Is it easier to deal with corporate budgets and accountants than Pentagon budgets and bean counters? "Not necessarily," he said, chuckling.

At Rogers, he studies engineering diagrams and test results—not maps or logistics. He is in charge of a company that develops and manufactures high-tech materials needed for cell phones, PDAs, laptops and all kinds of cutting-edge equipment.

"The most difficult adjustment has simply been to learn about the technology," Boomer said. "It's a very technical company, and I don't have an engineering background. So I have to work very hard to stay up on the tech side."

"I don't pretend to be an expert there. You can't fool the troops! But I do work at

understanding what we do so I can talk intelligently."

Rather than answering to Norman Schwarzkopf, Boomer has to deal with a board of directors. Instead of training, strategy and casualties, he has to monitor stock price, cash flow and sales. But that's OK, he said. At least he's not running for his life as he did in the closing days of the Vietnam War when, acting as a Covan—or advisor to South Vietnamese forces—his unit was overrun, and he was nearly captured.

"I'm certainly glad I could run better than I can now," he said with a laugh.

"I had always hoped to have a second career, and I am very fortunate to be able to do this," he added. "I'm doing great."

Rogers develops and manufactures what Boomer calls "specialty materials" for communications equipment. But their secret ingredient is not software programming or silicon chips.

"We make the strategic materials for manufacturers of printed circuit boards," he said. "We don't make the circuits but the material from which the boards are comprised. Therein lies our proprietary

knowledge. We match the material needs to those of the manufacturer. Whatever kind of board is needed, we produce."

This seemingly innocuous material is vital. If it's too brittle or too fragile, it will break. If that happens, scratch one PC.

"It's called gasketing," Boomer said with a bit of a chuckle. Once fluent in military-speak for everything from weapons (MLRS, or multiple launch rocket system) to food (MRE, or meals ready to eat), Boomer now easily speaks all things engineering.

"In engineering parlance, the phone doesn't take a compression set. In other words, the material doesn't flatten. It always retains its ability to bounce back."

LEADERSHIP SKILLS THE SAME

Working in private enterprise has required him to call on Marine training in several ways.

"Absolutely, the leadership principles are the same," he said, "and I find myself emphasizing those every day from a managerial aspect. The problems are dealt with the same way as in the Marine Corps. We

need to be very agile and fast in business just like we were in the Marines. You can't take forever making decisions.

"You also have to realize that nothing is risk-free. You have to take a look at everything, and then you go."

Boomer certainly did that in the Gulf. Convinced by his Marines that the original plan was too risky, Boomer persuaded Schwarzkopf to let him re-orient the Corps and attached Army forces further west. The move delayed the ground war but is widely considered to have saved many casualties while also hitting the Iraqis in an unexpected spot.

Boomer also relies on other basic leadership principles as a CEO.

"Some really basic things I preach to people—No. 1, you have to care about your people," he says. "You have to set the example. You have to know your job."

"Communications. You've got to communicate."


"Another key is to surround yourself with people who know what you don't know. They can take pride in helping you learn. Our people take a lot of pride keeping me propped up!"

One downside of his CEO job is that Boomer constantly travels. Rogers has its headquarters in Connecticut, has plants in Chicago and Belgium, is part of a joint venture in Japan, and has offices across Asia.

"There's still a lot of TDY," Boomer says with a laugh. (That's military shorthand for temporary duty.)

Unfortunately, his civilian TDY doesn't bring him home often. One of his daughters, Susan, is a teacher in Watauga County. So he does get home to see her on occasion. Both his parents are dead now, and he sold their "home place," as he calls it. "I don't get back as much as I like to."

But he has fond memories of Rich Square, his family, his education—and the breaks that came his way. Those thoughts help keep him modest.

"From time to time, I think, 'Gosh, you are really a lucky guy,'" Boomer says, "and don't ever forget that." 

(Note: Rick Smith wrote extensively about the Marines and Boomer in the first Gulf War while serving as an editor at The News & Observer.)

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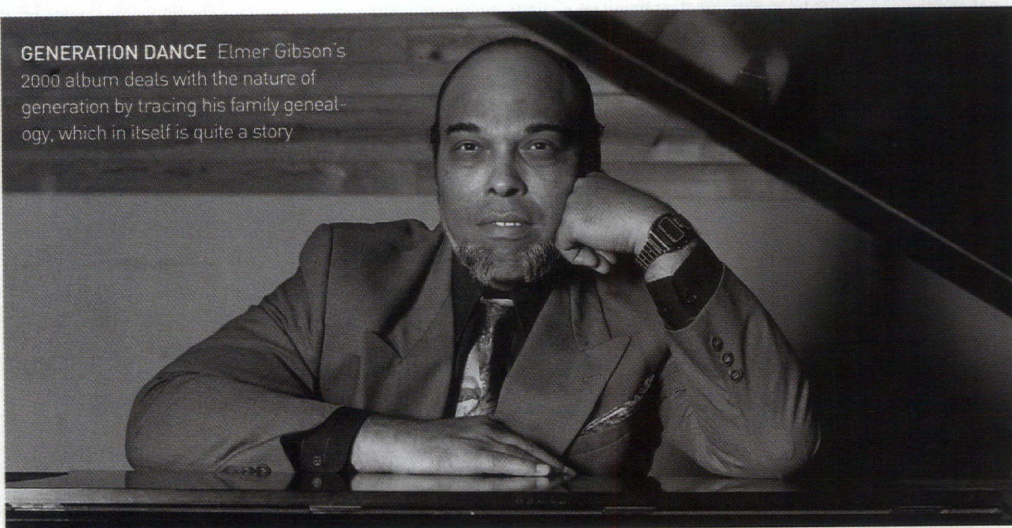
Generations in jazz

ELMER GIBSON DESIGNS FLUID, PENSIVE SOUND

Jazz pianist and composer Elmer Gibson is set to release his album *Generation Dance* in early March. An ambitious project that features vocal music as well as instrumental, *Generation Dance* is finally seeing a concerted marketing effort after a somewhat hesitant release in 2000 never really reached radio or the public.

Generation Dance is a genuine concept album, something we don't see too often in jazz. Gibson brought together three generations of his family in organizing and recording the project, which consists of eight original songs. Gibson's tracing of his family genealogy, which in itself is quite a story, inspired him to write an album that dealt with the nature of generation. Gibson assembled a fine array of guest artists as well, including Maeisha Rashad, Gary Bartz, Norman Connors, Charles Fambrough, Paul Carr, Eddie Henderson, Mamadi Nyasuma, Alvin Terry and Clifford Adams.

The album is straight-ahead post-bop jazz. The opening track, "Generation Dance," is a beautiful composition, highlighted by Rashad's vocals and a series of fluid, pensive solos from Bartz (soprano sax), Henderson (flugelhorn), Carr (tenor sax) and Gibson. "Love & Innocence," another vocal number, and "Sof' Touch" are, like the



GENERATION DANCE Elmer Gibson's 2000 album deals with the nature of generation by tracing his family genealogy, which in itself is quite a story

title track, contemplative numbers, very much in sympathy with the songs, lyrics (all the songs have lyrics printed in the liner, whether they're sung or not). "Jamella," "Kid Stuff," "Vitu Zuri" and "The Price of Freedom" swing, opening the way for the principal soloists to set sail, which they do with verve and terrific feel. The eighth track, "Multiplicity," is a jazz-rap number, with Gibson's son Eldon handling the vocal chores.

Particularly choice tunes from *Generation Dance* include the title track, "Jamella," "The Price of Freedom" and "Kid Stuff."

Gibson has lived in Raleigh since 1976, though he was born in Philadelphia and grew up all over the map. The son of J. Melnese Gibson and US Army Chaplain Elmer Pettiford Gibson, noted civil rights leader

and an officer whose remarkable career accomplishments earned a final resting place in Arlington National Cemetery, Elmer was raised by parents who taught personal integrity by example while encouraging his artistic talents.

"I started taking piano lessons when I was 4," Gibson related. "The first thing I ever played on the piano was 'The Star-Spangled Banner.' I did that when I was 3 years old. Back then they used to play that song every day at 5 p.m. on the radio, and I used to listen to that. I knew my father was in the Army—this was during World War II—and he was stationed in Alaska at the time. I didn't really remember meeting him, but he was coming home on furlough, so I thought I'd learn 'The Star-Spangled Banner' and play it for him when he came home.

"I couldn't really see the keyboard, because I was too short but I picked out the tune by ear and played it for my father when he came home from Alaska. After that my grandmother and mother decided I should have piano lessons, so when I was 4 they sent me to the Hamilton School of Music."

Gibson came to jazz via classical and spiritual music.

"I always liked jazz," he recalled, "but jazz had a lesser position in my Methodist training than did church music or classical music. When I was practicing as a teenager, I'd often wax into some boogie-woogie. My mother would tell me to stop and practice my Chopin or Bach, or whatever I was supposed to be playing.

"I also played the organ for my father in church," he

continued, "and that's where I got my real musical insight. My father taught me about the psychology of music and how to use it in concert with the service to achieve the desired result. So, like my design work, I learned my music as form follows function."

Though Gibson loved music, his music lessons were sporadic, due to the Army lifestyle. He remarked that he probably attended eight different schools before he finished high school. Gibson's next move after high school, however, was back to Philadelphia, where he attended Temple University and played football. That lasted a year. He then enrolled at the Philadelphia Museum College of Art, where he studied industrial design. He also got together a jazz trio and began playing gigs in small venues in and around Philadelphia.

Gibson left the Museum College of Art after a year and worked in architecture, beginning as an office boy and working his way up to detailer.

"I ended up going into commercial interior design," Gibson noted. "I designed stores and offices and banks for about 14–15 years. I worked for Friel Bernheim in Philly. I did one of the first designs for a Godiva Chocolates store, which was built in the Wannamaker Department Store in Philadelphia."

While working as a designer, Gibson continued to play music, in the process getting up with the likes of Stanley Clarke, Grover Washington, Sonny Stitt, Kenny Durham, Dakota Staton, Hubert Laws, Larry Coryell and Sonny Fortune. He joined the Norman Connors Band in 1974 and toured with Connors from '74 through '76. The Connors gig took Gibson all over Europe as well as into the recording stu-

dio (he appeared on three Norman Connors albums). Gibson played the Newport Jazz Festival, the Paris Jazz Festival, the 7th annual Bogart Jazz Festival, the Berkeley Jazz Festival and the Barcelona Jazz Festival.

Gibson moved to Raleigh in 1976 to enroll in the master's program in architecture at the NCSU School of Design. He intended to study architecture, and he did, for a semester, before going back on the road with Norman Connors. When Gibson wasn't on the road, he was working for the architect Norman Benzing doing interior design as well as draftsman and detailing work. Gibson also booked the music at Café Déjà Vu.

Gibson started the nonprofit Preservation Jazz Company in Raleigh in 1978, which sponsored lectures and demonstrations in schools as well as concerts and festivals. He was involved in this company until 1990.

"Our Jazz in the Garden Festival, which we used to do every spring in the Rose Garden Amphitheatre, eventually gave rise to the Artsposure Jazz Festival," Gibson said. "More recently, I was on the board that started the Greater Raleigh Community Music School, which gives music lessons to kids who qualify for the School Lunch Program. The lessons only cost 50 cents, and they lend the kids instruments."

Elmer Gibson still plays solo gigs in the Triangle. Catch him at Bogart's on Sunday evenings and at Sullivan's on Monday evenings. Both restaurants are located in the Glenwood South neighborhood in Raleigh.

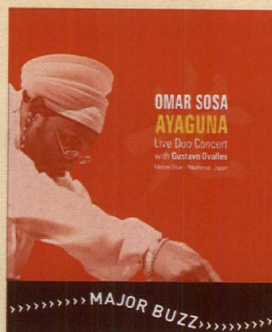
Gibson has been working steadily to prepare *Generation Dance* for release. He's secured distribution from City Hall Records, a US distributor that

handles many jazz releases. With City Hall's reach, the album will surely garner airtime on jazz radio programs,

which should help to kick-start CD sales. In the meantime, *Generation Dance* is available at www.elmergibson.com. **MM**

MUSIC FOR SALE

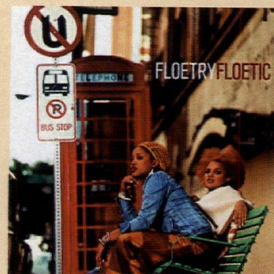
Omar Sosa:
Ayaguna (Otá)



Sosa has, in the last few years, become one of the hottest and most inventive jazz artists currently working in the genre. He's a Cuban-trained pianist of enormous virtuosity, yet he may be even better at composing jazz tunes. He tracked this album live in Japan, accompanied by percussionist Gustavo Ovalles. If the idea of a pianist/percussionist duo seems a bit thin, rest assured, it isn't, if the duo is Sosa and Ovalles. The album is superb, and all the tunes are originals. Sosa plays with a fervor that may seem typically Latin, but when it comes to passionate pianists, he's really a match for American jazz pianist Keith Jarrett (listen to Jarrett's Bremen/Lausanne recordings, if you can find them). Check the energy and agility Sosa brings to "Una Tradición Negra," "Días de Iyawo," "Trip in the White Scarf" and "Toridanzón," abetted note for note by Ovalles-inspired percussion work. Sosa is the most compelling figure in world jazz today, and his star will continue to ascend as American jazz fans clue in to what Europeans have already learned about this extraordinary talent.

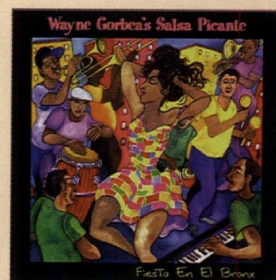
Floetry:
Floetic (Dreamworks)
Floetic is Grammy-nominated this year, and despite the generally out-of-touch nature of these

awards, the nominations—Best R&B Song ("Floetic") and Best Urban/Alternative Performance—are actually pretty hip. Floetry is a London-based duo—Marsha Ambrosius and Natalie Stewart.



They write their own material, and their sound is a very attractive amalgam of urban R&B and rap. Floetry is a good deal less abrasive than Eve and more melodic—R&B-based—than Queen Latifah. The sentiment of many of these songs is really old-school R&B. Stewart's rap interludes feel wholly organic, but this is largely romantic music, making it the diametric opposite of the product currently being peddled by lewdness queens like Missy Elliott. Choice cuts include "Floetic," "Sunshine," "Headache," "If I Was a Bird," and "Hey You."

Wayne Gorbea's Salsa Picante:
Fiesta en el Bronx (Shanachie)



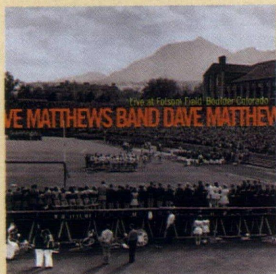
Pianist Gorbea and his band survived the '90s in New York City, when the salsa being played on the radio stations sounded like latino muzak. Giggling in Brooklyn, Queens and New Jersey, Gorbea and Salsa Picante kept the richness and diversity of true salsa alive and cooking. *Fiesta en el Bronx* is the real thing. Gorbea is a salsa dura master, and the

MUSIC FOR SALE, continued

Salsa Picante vibe is pure old school salsa. Every track on this CD is primo salsa-descarga, guaranteed to lure couples onto any dance floor. The Picante horn section features four trombones and a trumpet. That's not trombone overkill; it's just about right to invoke the funk and groove of this wondrous Latin dance music. The title tells the tale—this is the soundtrack for a party. In the midst of the celebration, take a moment to listen to the chops these cats bring to the gig.

Dave Matthews Band:

Live at Folsom Field, Boulder, Colorado (RCA)



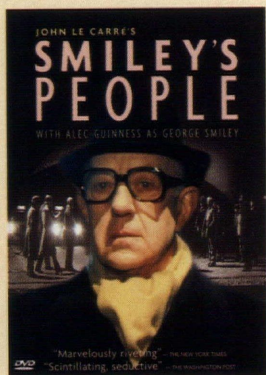
DMB has recorded several live albums, usually to spite bootleggers, and in many ways their peculiar blending of rock and jazz fares better in a live setting than it does in the studio. *Folsom Field* is certainly a vast improvement over the uninspired *Everyday*, which the band cut with producer Glen Ballard and issued in February 2001. *Folsom Field*'s release is a double-CD affair, offering 21 tunes, including "Ants Marching" (as usual), "Recently," "Don't Drink the Water," "Crash into Me," "What Would You Say" and "The Space Between." This would be a good buy for anyone who wants to add another live recording to their copy of DMB's "Live at Red Rocks 8.15.95."

VIDEOCENTRIC

Smiley's People Acorn Media. DVD. 3 discs; 324 mins.

This extraordinary BBC mini-series, based on the John Le Carré novel, is the sequel to the BBC mini-series production of *Tinker, Tailor, Soldier, Spy*, the first of Le Carré's George Smiley trilogy (the others being *The*

Honourable Schoolboy and *Smiley's People*). In *Tinker, Tailor*, we found the enigmatic George Smiley called back from retirement by the British Secret Intelligence Service to find a Soviet mole (deep-cover agent) who was known to be operating at a very high level within the Intelligence Service. Smiley unmasked this mole, but his master, the Soviet superspy Karla, remained Smiley's arch-nemesis. In *Smiley's People*, Smiley, once again in retirement, is handed the opportunity to take down Karla once and for all, if he can deduce the meaning of a deadly chain of events that begins in England with the murder of an old comrade-in-arms. This is a riveting, complex plot, and an absolute must for any fan of spycraft and counter-espionage. The story takes us to England, Germany, France and Switzerland. The plot is slow at first, which mimics Smiley's painstaking search for clues and his ruminations as he begins to divine the shape of his evidence. The viewer must hang in there



and take note of every bit of action and dialogue, particularly during the first four episodes. The payoff comes in the form of a truly elegant exercise in spycraft and a very tidy blackmail scheme. Alec Guinness once again reprises the role of Smiley and he's brilliant. Most of the cast from *Tinker, Tailor* returned for *Smiley's People*, which gives the two mini-series a nice sense of continuity. *Smiley's People* also includes an interview with author John Le Carré (on Disc 1). Order this excellent DVD at www.acornmedia.com or call 888-870-8047. **MM**

Metro INDEX

Chance of a cow in North Carolina having triplets: 1 in 1000

Chance of an NC cow having twins: 1 in 100

Number of students from China studying in North Carolina: 1439

Number of Indian students studying here: 1338

Total number of foreign students in the state: 9000

Cost for a college to keep better track of those students, under new federal law: \$100,000

Number of factory deaths in North Carolina in 2001: 234

Number of such deaths in the state in 2002: 203

Ranking of North Carolina nationally in forest acreage: 4

Worth of North Carolina forest industry last year: \$20 billion

Number of forest workers in the state: 140,000

Percentage of North Carolinians who own their own home: 71.3 percent

Total value of mortgages approved in 2000 in North Carolina: \$1.7 billion

Number of homes being repossessed now in the state: 16,000

Number of North Carolina high schoolers considered "obese": 1 in 4

Number of grade-schoolers considered too fat: 1 in 5

State high school graduation rate in 1990: 66 percent

Graduation rate in 2000: 57 percent

Number of NC teachers hired in 1997 who quit after three years: 8150

Percentage of teachers hired in 1997 who quit the profession after five years: 45 percent

Partial list of words considered banned by new "bias guidelines" for textbooks distributed in the US, including North Carolina: hell (use heck), Middle East (reflects Eurocentric view), Navajo (inauthentic), old (implies helplessness), soul food (ethnic bias), West (Eurocentric), tomboy (sexist), yacht (elitist), ombudsman (sexist), God (no reason given), snowman (replace with snow person), lumberjack (sexist), jungle (replace with rain forest)



continued from page 17

Gen. Hornburg led 4th fighter wing in Gulf War

AIR FORCE'S TOP WAR FIGHTER HAS NC CONNECTIONS

One of the top commanders in the deployment of troops around Iraq has strong roots in North Carolina. Four-star Gen. Hal Hornburg is Commander, Air Combat Command for the US Air Force. That means he's the Air Force's top "war fighter," as the post is described. Based at Langley Air Force Base in Virginia, Hornburg is responsible for organizing, equipping, training and maintaining the USAF for action. The Air Force sent against Baghdad if needed will be one he has helped shape.

Just a decade ago, Hornburg was a colonel in command of the historic 4th Fighter Wing at Seymour Johnson Air Force Base in Goldsboro. The wing had two squadrons equipped with the brand-new F-15E Strike Eagle, and both were shipped to the Gulf with limited experience. But Hornburg, who also inherited command of other fighters at a base in Saudi Arabia and thus led the "Composite 4th Wing," got the F-15Es trained in time to handle a wide variety of missions throughout the war. He flew many missions himself, including one on the opening night of the war—a raid against a crucial command and control center.

"Our job is to be vigilant—global in our focus, destructive if we need to be, compassionate when we can be, and smart enough to know the difference," Hornburg said.

Hornburg, a Vietnam veteran who flew observation planes, was at Goldsboro for just over two years. He was promoted to brigadier general in 1992 and directed air operations over Bosnia. He was promoted to major general in 1994, earned his third star in 1998 and became a full general in 2000. He has recorded more than 4000 flight hours, flying everything from propeller-driven observation planes to F-4 Phantoms, F-15 fighters, the Strike Eagle, F-16s and KC-10 tankers.

—Rick Smith

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Thomas Farr and Gretchen Ewalt of the Raleigh law firm Maupin, Taylor & Ellis have prepared an easy to read and thorough "Employment and Labor Law Resource Guide to North Carolina and Federal Employment Laws" in conjunction with the North Carolina Citizens for Business and Industry. Go to www.nccbi.org for more information. ■■■ **Julia Reed**, nationally known journalist and political commentator will be at the Greenville Hilton in Greenville on April 2 to speak on **Communication is an Art**. The 12-noon event will benefit the **Greenville Museum of Art**. Reed is a senior editor for *Vogue* magazine and a contributing editor for *Newsweek*, the *London Daily Times* and the *New York Times Magazine*. She is writing a book on the South and it's re-emergence as a political force in our country. Tickets are \$30 and \$15. Call the Greenville Museum of Art, 252-758-1946. ■■■ **Bob Ingram**, vice chairman of pharmaceuticals at GSK, will deliver the keynote address for the **Council for Entrepreneurial Development's Venture 2003** conference, April 22-23, at UNC Chapel Hill. The CED event is the state's premier gathering for venture capitalists & entrepreneurs seeking funding for new technology and life science ventures. For details, visit www.cednc.org. ■■■ **Mary Walker**, a long-time executive at IBM who left to launch HomeDirector, is the **new vice president** for business development at the reorganized **MCNC**. Walker, who left



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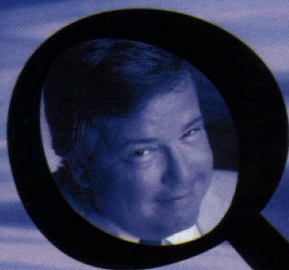
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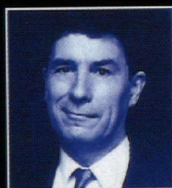
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HomeDirector when the firm acquired another company focused on software and networking for residences, worked briefly for Equitel, a long-distance calling card firm that closed, before joining MCNC. ■■■ **Richard Holcomb**, one of the Triangle's best known entrepreneurs, will soon announce details on his new company. Holcomb's most recent venture was **HAHT Commerce**. ■■■ **Max Wallace**, former CEO of Cogent Neuroscience, has joined the **Emerging Issues Institute** at NC State on a part-time basis. ■■■ **Dr. Morris Weinberger**, of the UNC-Chapel Hill School of Public Health, received the **U.S. Department of Veterans Affairs' 2003 Under Secretary's Award** for Outstanding Achievement in Health Services Research at the national meeting of VA health services research in Washington, DC. ■■■

Williamston is getting a little greener. Several thousand dollars worth of trees and shrubs, donated to the town for spring planting, will be placed around parks, schools and the town hall. The donation is part of **Sustainable Communities Partnership**, an initiative of the NC State University Office of Extension & Engagement, Audubon International, several colleges at NC State, and citizens of Williamston and Martin County. ■■■ **Dr. Joel Schwartz**, a UNC-Chapel Hill adjunct professor of public policy, and **Gene Nichol**, dean of Carolina's School of Law, hope to raise \$25,000 for a group of three to five benches as a memorial on campus to the late **Senator Paul Wellstone**, a two-time Carolina alumnus who died in a plane crash Oct. 25. A potential site for the benches is beside recently renovated

Murphey Hall. ■■■ NC State University Chancellor **Marye Anne Fox** and College of Education Dean **Kathryn Moore** have announced plans for a new center, **The William and Ida Friday Institute for Educational Innovation**, that will house team-oriented, cutting-edge educational research and teacher training. Friends of the Fridays and NC State have made a gift to the college that will lay the groundwork for the building's construction. ■■■ The printed version of the 2002-2004 **North Carolina Touring Artist Directory** with more than 200 North Carolina artists, their photos and contact information is available for \$10. For an order form, logon to www.ncarts.org/arts_tour.cfm or call 919-733-7897. The directory, produced by the NC Arts Council, is a resource for arts presenters, schools, festival & meeting planners, libraries, NC non-profits and others interested in hiring artists. ■■■ The **100th anniversary of the UNC-Chapel Hill arboretum**, developed by **William Chambers Coker**, first UNC professor of botany, in whose honor the arboretum was named, will be celebrated in April with four exhibits on Coker in the University libraries. The libraries have published a biography, **Essays on William Chambers Coker, Passionate Botanist**, by his niece, Mary Coker Joslin of Raleigh. On March 20, Joslin will attend a 5 p.m. reception in Wilson Library to discuss the book and sign copies. ■■■ **Sculley Boatbuilders** is offering tours of its **Sculley 60 Sportfisherman**, with hull design by Donald Blount and Associates. ■■■ In April of 2003 the **NC Maritime Museum** will join with **International Expeditions** for a voyage on the **Amazon River**. For more information, contact JoAnne Powell at the museum at 252-728-7317 or email jo.powell@ncmail.net. ■■■ **Cindy Froggatt**, author of *Work Force Naked: Eight Essential Principles for Peak performance in Vital Workforce*, will be a speaker at **Forum 2003: Emerging Intelligence**, sponsored by the North Carolina Electronics and Information technology Association. NCEITA'S annual tech showcase will be March 24 at the Holiday Inn in RTP and March 25 at the Friday Center at UNC Chapel Hill. ■■■ A **lecture series** designed to give lay audiences first-hand experience with modern medical science begins March 4 at UNC Chapel Hill. Called **Mini-Medical School**, the five-part series includes researchers from the UNC School of Medicine who discuss the latest developments in medical science. Lectures are on Tuesdays from 7-9 p.m. at the university's **William and Ida Friday Center for Continuing Education**. Pre-registration is required and space is limited. Fee for the entire series is \$25. To register, visit www.unchealthcare.org. ■■■

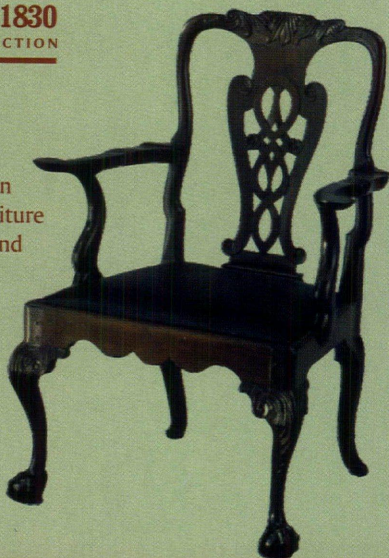


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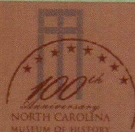
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Chair made in Edenton, N.C., between 1745 and 1763. Sofa, ca. 1815-1825, attributed to the Georgetown, D.C., workshop of William King Jr.

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My Usual Charming Self

by Bernie Reeves



LAFAYETTE, I AM HERE

The Marquis Gilbert de Lafayette is on my mind. While jokes about France are making the rounds, we forget it was the 18-year-old French nobleman who galvanized his country's support to back the newly formed United States in its long revolutionary war against the British. Without Lafayette and the French, we would be members of the British Commonwealth of Nations today.

The vessel of the Marquis' young life was filled with the spirit of the Revolution. He dedicated himself to coming over to fight with General Washington, even using his own great wealth to provision a ship, after naively and narrowly avoiding a plot by US ambassadors in France to hire French mercenary officers to remove General George Washington. Upon his arrival near Charleston, South Carolina, he trekked northward seeking Washington's camp. Relying on his Masonic connections, he befriended the General and became the childless Washington's surrogate son.

He fought bravely and retreated intelligently in battle and acted as ambassador to his friends in the French court, including the fated Louis XVI, feverishly imploring the King to back America. Lafayette was there at Yorktown where Cornwallis, trapped by US land forces and the French fleet, surrendered his forces. Lafayette returned to France a hero and continued to work to cause the final surrender of the British. Later he played a key role in the French Revolution (designing the French Revolution's tricolor flag) until he fell afoul of Robbespierre's Reign of Terror and was imprisoned, released and continued to play a role in French politics until his death. He returned to America for a triumphant tour and remained the most popular character of the new country into the mid-20th century. General John J.

Pershing, arriving in France as head of the American Expeditionary Force in World War I, stated grandly and sincerely: "Lafayette, I am here," recognizing the debt to be repaid to him and France for our independence.

In 1915, a group of American fliers, anxious to help the French fight the Germans before the US entered World War I, set off for France in their jodhpurs and leather flying boots only to discover that the US Constitution prevented them from fight-

General John J. Pershing, arriving in France as head of the American Expeditionary Force in World War I, stated grandly and sincerely: "Lafayette I am here," recognizing the debt to be repaid to him and France for our independence.

ing in the forces of a foreign army. To circumvent this, they were allowed to join briefly the French Foreign Legion and then transfer to a French flying corps where they named their six-man group the Lafayette Escadrille to honor "our marquis," as George Washington affectionately called him. (Four of the original Escadrille were native Tar Heels.)

While training, the French instructors taught their fliers to radio the tower when they were in trouble by saying "help me," which in French is "m'aidez." The Escadrille Americans tortured their French by shouting "mayday," and the term became famous and is used today.

JEALOUSY AND RESENTMENT

By World War II "our marquis" was still remembered and venerated, but the French

were not after the surrender of Paris and the occupation of France by Nazi Germany. The so-called Free French, led by Colonel-in-exile Charles De Gaulle, were tolerated by the British and Americans and given control of France after VE Day. In order not to insult the already injured famous French pride, the post-war French were allowed back into their former colonies, including Indochina, a decision that would create international havoc 20 years later and cause a division in the American political landscape that lingers into the 21st century.

After the war, the Marshall Plan helped to rebuild France, and NATO was formed to protect them and Europe from another German war and from the menacing and threatening Soviet Union that cast its scowl over Europe with nuclear weapons, paranoia and a dedicated policy to force communism over the continent. The French took American money and NATO's protection but, typically, went their own way saying they were members only when it suited them. DeGaulle met with the leader of France's historical enemy, Germany's Konrad Adenauer, and in 1957 signed the Treaty of Rome, the genesis of the European Community, called then the Common Market, for the purposes of fixing agricultural and steel prices. One of the underlying concepts that brought these warring nations together was the historical ideal to re-create the Frankish Kingdom of Charlemagne in 800 when the two countries were under one ruler. The other motivation was undisguised anti-Americanism, to stand up against our power by creating a European trading bloc equal in size to the mighty economic power of the US in the wake of the destruction of Europe after World War II.

The Kingdom of Charlemagne did not happen but the anti-Americanism of EU founders France and Germany continues today taking on even more virulent rhetoric since the disappearance of the threat of the Soviet Union in 1992. Caught in the middle is the UK. Originally left out of the Common Market due to centuries old grudges, but mainly because of its "special relationship" with the US, Britain is now a member of the EU but not "fully integrated," as Prime Minister Tony Blair

refuses to hold a referendum on full union knowing it will fail. This conflict in Britain—whether to maintain the Atlantic Alliance with the US or move ahead to full membership in the EU—is playing out on the world stage today as Blair's government is backing US Iraq policy while Germany and France are leading the EU to the edge of a shooting war with the US and the UK over the issue.

BACK IN THE USSR

The French define the political character of the EU and the Germans its economic realpolitik and together their euro bureaucrats have created another Union of Soviet Socialist Republics, an idealistic socialist construct in which very different nations are to subsume their sovereignty and cultural identity into a theoretical collectivist entity. Like the ad man said, "it looks good, it smells good, but the dog won't eat it." Expect the euro to go the way of the ruble and, after the French president's dressing down of the eastern European states who have sided with America, the dissolution of the EU as a credible body. Sadly, the thought police in Brussels will continue on, forcing uniformity of behavior and obedience to the European central state regulations well into the future after the collapse of EU power.

Which brings us back to France and the legacy of Lafayette, and the American and French revolutions. Lafayette believed in the seismic change in the human condition foreshadowed by our revolution and transported it to France where the French Revolution carried the banner of individual liberty across Europe and beyond. Today, the French nation and its people have abandoned the cause, leaving it to the US to serve as the symbol to the world of the basic values of freedom. Beaten and humiliated over the past two centuries, all that is left to them are jealousy and contempt for their partner in the liberation of mankind—which they exercise at every opportunity, most notably today in the political firestorm over the invasion of Iraq. Perhaps we'd be smarter to go ahead and invade our real enemies in Europe and leave Iraq to its neighbors and create what

Winston Churchill saw coming in 1945: an alliance of English-speaking peoples standing defiantly against the corruption of Europe.

NOTES FROM LA-LA LAND

The headline is going to read: "Golfers attacked by alligators at Kiawah Island" as the toothy reptiles are lounging around the major island golf courses just waiting for a tasty morsel of human flesh. As I predicted, soon you won't be able to make it from your front door to the car without fending off protected species, now enshrined by environmental activists to a status above *Homo sapiens*.

Good news from the *Places Rated Almanac*. The Triangle Metro region is ranked numero uno in US metro areas for education, a key factor in the value of real estate and, admittedly, a big shock to me. Upon further analysis, the rating takes into account universities and private schools and does not rely entirely on the public school system.

Fourth District Congressman David Price, worried that the Iraq situation was taking public attention away from the upcoming US Supreme Court ruling in the University of Michigan affirmative action case, sponsored a panel discussion at Duke recently comprised entirely of pro-affirmative action participants. One panelist, John L. Jackson, a Duke assistant professor of cultural anthropology, feels that the "bold and unabashedly explicit history of racial aggression and oppression in the US... mandates a kind of equally explicit upfront and unembarrassed attempt at redress." Gee, I thought Duke had purged itself of the Stanley Fish-era Marxist revolutionaries with questionable ability to write and think clearly.

The boycott of French products could lead to a return to sanity in the bottled-water craze. Turns out cavities are on the rise among hip water connoisseurs who think tap water is environmentally unsound. But good old piped in water out of the kitchen spout has fluoride. Perrier and the copycat bottled waters do not. **MM**

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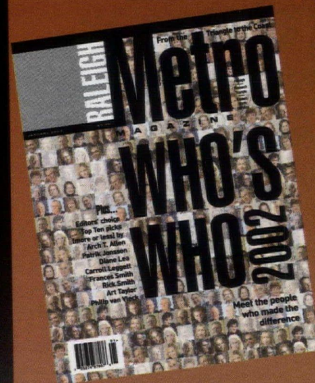
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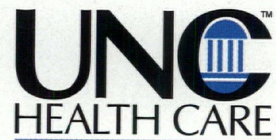
Jane Jernigan
Fayetteville, North Carolina

*First, Jane survived cancer.
Her next challenge:
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