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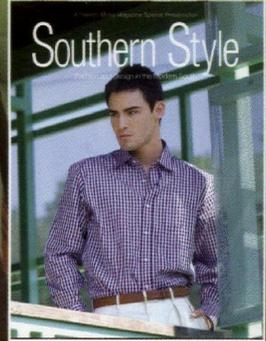
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ALLERGY AND IMMUNOLOGY At Duke, a carefully administered daily exposure to peanuts proved so successful as a therapy for peanut allergies that a group of children is now off treatment and eating peanuts daily

PEDIATRICS Duke doctors and researchers developed the first lifesaving treatment for children with Pompe disease—a breakthrough that inspired the 2010 Hollywood film *Extraordinary Measures*

GASTROENTEROLOGY Duke researchers recently identified the first genetic marker that predicts a patient’s response to hepatitis C therapies—and developed new treatments that dramatically improve the cure rate



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SUPER-DUPER SUMMER ISSUE

We have combined the usual two issues containing the winners of this year's MetroBravo "best of" reader poll, our popular Southern Style special section, our annual summertime analysis of real estate in the region and *Metro's* quarterly medical report into one super-duper summer issue you can savor till September. It's a good idea that works, providing readers with bucketfuls of content to devour in the sizzling seasonal heat.



KINSLEY DEY

Figure Eight Island

We kick off at the exclusive seaside enclave of Figure Eight Island near Wilmington — just an inlet away from Wrightsville Beach — where Design Editor Diane Lea was invited to tour the refurbished beach home of Sally and Gordon Grubb, the creative Raleigh real estate developer who has left a quality imprint on the Raleigh community. Their "cottage" evokes the long-term affection Sally and Gordon carry for this very special beach, where privacy is cherished and the sunsets pervade.

Then we head back to the Triangle where Katie Reeves and her able assistants — including photographer Kinsley Dey and coordinator Maury Poole — produced a fashion photo shoot in the beautiful parklands adjoining our fabulous Museum of Art, now home to a handsome and commodious new gallery structure just opened in April that complements the original building completed in 1982. Summer fun and fashion mix well in this lovely setting.

And while in town, Helen Yoest visits the remarkable gardens of Molly and Richard Rohde on beautiful White Oak Road. The three-acre estate provides the ground for a stunning expanse of greenery and foliage highlighted by a burbling waterway leading to a gazebo on the promontory looking down at the house.

Back to the coast we go for a very timely synopsis of offshore drilling by Editor-at-Large Jim Leutze, former chancellor at UNC-Wilmington and one of the most respected experts on coastal issues. With oil spilling out into the Gulf of Mexico, it is indeed coincidental that the NC Legislative Commission On Offshore Energy Exploration wound up its deliberations as the Gulf disaster intensified.

While revisiting the coast and the Inner Banks, check out Diane Lea's visit to the the historic Grice-Fearing Bed & Breakfast in Elizabeth City and the Scotch Hall Preserve development in Bertie County; enjoy Carroll Leggett's endearing story about the butterfly houses at Wilmington's Airlie Gardens; learn about the 1100-acre Albemarle Plantation in northeastern North Carolina led by Raleigh master developer Steve Stroud; and keep on hand coastal happenings from Nags Head to Bald Head in Coastal Calendar compiled by Lisa Grabowski.

Metro's annual Real Estate Report by Rick Smith delivers an upbeat but mixed outlook, and Rick's Medical Report feature uncovers intriguing accomplishments and future possibilities from the use of video gaming to teach practitioners better methods to treat medical emergencies.

Film Critic Godfrey Cheshire recommends a lavish new film featuring Christians and pagans from antiquity; Louis St. Lewis analyzes the art scene in a down economy; Mike Welton covers news of architecture and architects; and Cyndi Harris presents fashion happenings scheduled during the long, hot summer.

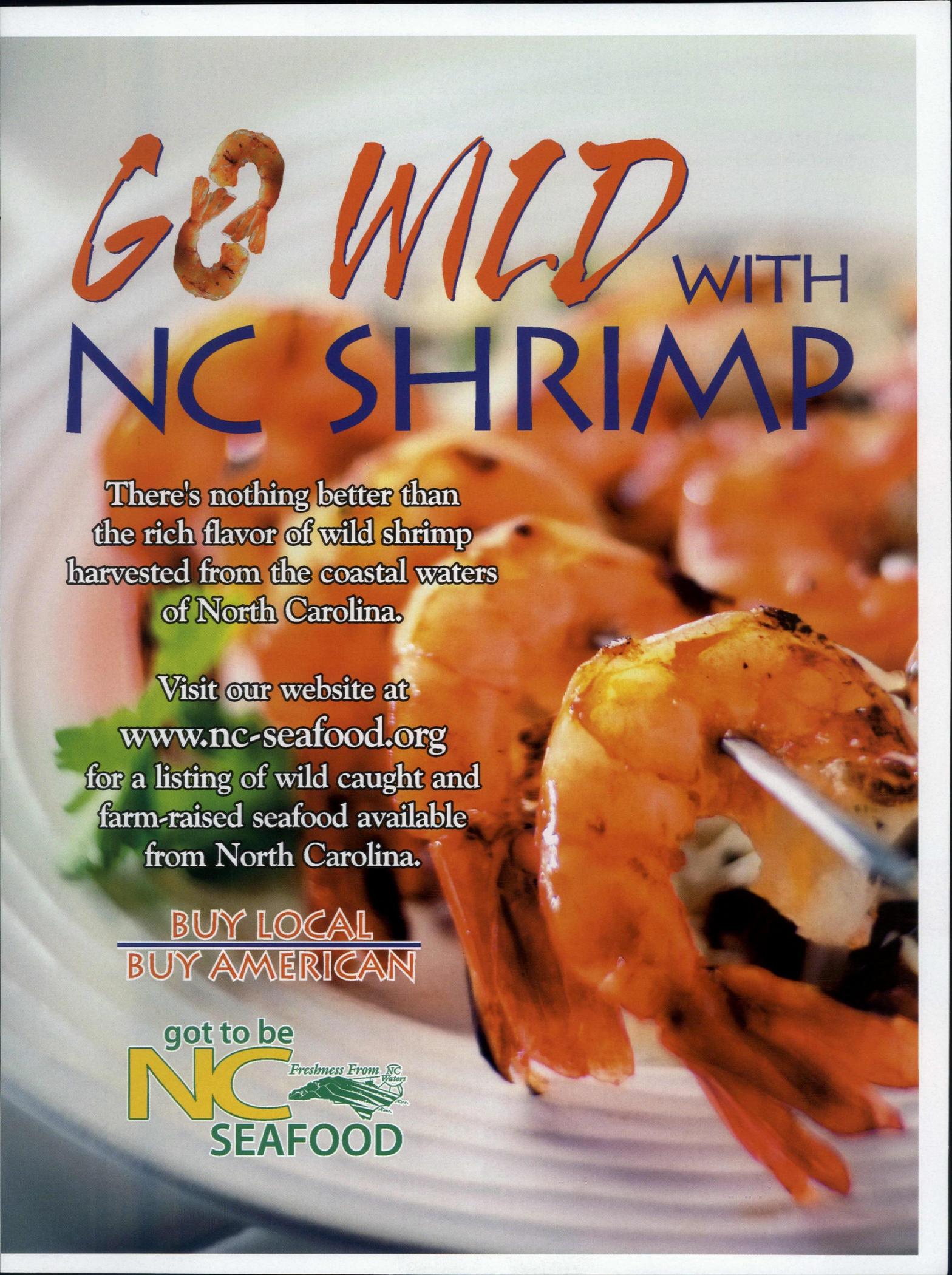
Now let's head to the coolness of the North Carolina mountains where Food Editor Moreton Neal tastes her way through top culinary establishments and visits the Blue Ridge Wine & Food Festival in Blowing Rock for good measure. Wine Critic Barbara Ensrud trumpets the attributes of Riesling and recommends summer cocktail ideas sure to please the palate.

But there is more big news in the food and wine scene. The Angus Barn, the nationally acclaimed steak house that opened in 1960 on Highway 70 near RDU International Airport, is celebrating 50 years as the Beefeater's Haven and the home of one of the most noted wine collections in America. The saga of the Barn, as much a landmark of the region as the historical buildings in the area, lets you know that this is a very special place with a venerated past — and an exciting future since owner Van Eure and husband Steve Thanhauser triumphantly opened The Pavilions at The Angus Barn in 2009. And therein is another story not to be missed.

Now the news readers await with anticipation each year, the winners of the 2010 MetroBravo reader poll awards celebrating the best of everything from the Triangle to the coast. As usual, voting was fierce, and once again former champions were toppled and new winners crowned. Thanks to our readers for your ballots, and special thanks to the people, places and services that make our home so special.

See you in September ... and check out Metro Preview by Mary Ward Boerner, Dan After Dark's musical offerings and the latest in fiction by Art Taylor — all online at www.metroinc.com.

— Bernie Reeves, Editor & Publisher



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PORTS AND JOBS

In his Editor At Large column in the April issue of *Metro* — “Poor Planning Leaves NC Ports Far Behind” — Jim Leutze states Wilmington and Morehead City ports generate 85,000 state jobs.

Where are these jobs, and how many would cease to exist without NC ports?

SA Chalk
Morehead City, NC

MEDIA-DRIVEN MEDIOCRITY

Just thinking that in his May 2010 *My Usual Charming Self* (“Net Loss of Knowledge Now the Norm”), Bernie Reeves sums up what people are waking up to these days — what sensibilities, history, morality and standards we grew up with and pledged allegiance to are fragmenting and disappearing, just as fast as we can delete it.

The people who are running academia are dropouts. Faux educators are promoting teaching just 50 years of history. No more the likes of George Washington cutting down the cherry tree and, heaven forbid, kids celebrating Halloween. An afterthought anyway, as kids view sub-human TV shows and are served up a steady diet of violent video games featuring tattooed and shaven-headed actors and avatars in gang-like, street-walking garb.

There is a stunning lack of deference to peace and quiet as folks in high-pitched cell phone and Bluetooth conversations appear to have conversations with themselves and/or non-human customer service. Amplified

boom systems and non-muffled cars rule the streets. And restaurant music makes one want to run out in the piney woods.

TV is forcing one to seriously want to take up hobbies of yore. As Reeves muses, the rampant and repugnant use of media-driven mediocrity, making falsehood and innuendo everybody's baby, is twisting up folklore into agenda-shaped pretzeled opinion until people have no idea what to think. Fact is, a lot people could care less. Some of us did start thinking about things seriously in 2008, though, as even the smartest of us got hornswoggled in operation GROPE, the Greatest Robbery of the People Ever on Wall Street.

As we realized, the US has lost control of its higher ups, as well as its borders. We no longer know what the shape of the United States of America is; how we can collectively reclaim the sanity of principled thinking in order to grow together and prosper again? Anti-Obamites seem short on citing the specifics as to what the so-called “left”-handed devil of modern Socialism is really up to, and thus, the flavor of this thought-provoking article was lost with Reeves' final caveat, welcoming readers “to the Age of Obama” as his sum total of whom to blame for what is to come.

A simple, TRY DOING THE RIGHT THING PEOPLE, no matter what persuasion you think you are, would do.

Kris Christensen
Raleigh

Bernie Reeves
Editor and Publisher

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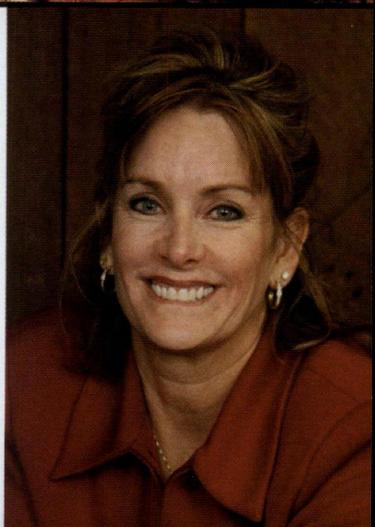
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**44 MetroBravo
Winners**



SECRETS OF STATE

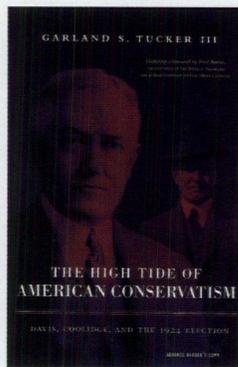
Raleigh Author Applauded For Groundbreaking New Book On Presidential Politics

Garland Tucker, in his new book *The High Tide of American Conservatism*, clears the political smoke to locate the moment when both Republican and Democratic presidential candidates were both conservatives. The year was 1924 and the contestants were Calvin Coolidge for the GOP and John W. Davis for the Democrats. As Fred Barnes, executive editor of *The Weekly Standard* and a regular contributor to Fox News puts it in the book's Foreword: "The nomination of Davis proved to be the last hurrah of Democratic conservative. ... The 1924 election realigned the parties, though few other than Tucker have noted this."

Tucker, a Raleigh investment banker with an MBA from Harvard, came to admire Davis in his undergraduate years at Washington and Lee University, where

Davis graduated and went to law school. Davis practiced law in his home state of West Virginia before election to Congress followed by a stint as Solicitor General of the United States. Later, he was tapped to serve as ambassador to the United Kingdom during the dizzying years following World War I as the US emerged as a player in European and world events.

Coolidge grew up in rural Vermont and climbed through local and state offices to the governorship of Vermont, followed by



the office of vice president under Warren Harding, who died in office elevating Coolidge to the presidency in 1923. Coolidge and Davis were nominated at their respective Party conven-

tions to set up the contest that ended an era and ushered in the future shape of American politics.

Tucker takes readers into fascinating detail of the political background leading up to and including the decade of the Roaring '20s and the 1924 election. The characters that shaped the nation then resonate today, including Teddy Roosevelt, William Jennings Bryan, Robert La Follette and lesser-known players who made significant contributions to the American political pastiche. And Davis and Coolidge on their own personify values so longed for today. Readers will discover why Ronald Reagan admired Coolidge and learn why Davis is a hero worthy of recognition.

Most refreshing is Tucker's insights the so-called presidential scholars ensconced in their ivied splendor missed completely. The book is not only informative and entertaining, but it also breaks new ground to divulge America's authentic political heritage.

The hardback final version is due out this September from Emerald Book Company — 800-932-5420. **MM**

Raleigh-Born John Jeffries Honored

Raleigh-born John C. Jeffries Jr., David and Mary Harrison Distinguished Professor of Law, University of Virginia School of Law — where he also served as dean — has been inducted into the American Academy of Arts and Sciences along with 229 leaders in the sciences, social sciences, the humanities, the arts, business and public affairs. The new Fellows and Foreign Honorary Members join one of the nation's oldest honorary societies. A center for independent policy research, the Academy is celebrating the 230th anniversary of its founding this year.

Jeffries, who graduated from Raleigh's Needham B. Broughton High School before going on to Yale and UVA School of Law, is the author of *Lewis F. Powell, Jr.: A Biography* about former US Supreme Court Justice Lewis Powell. Jeffries also served as co-chairman of the War Powers Commission. **MM**

Raleigh Surgeon Publishes Biography

There is pleasing comfort for the reader in the narrative of a useful and accomplished life. Dr. George Edwards, now retired from a distinguished career as an or-



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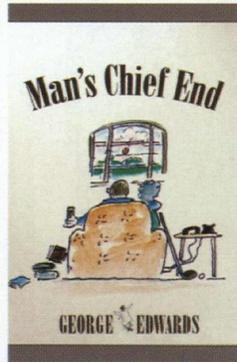
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thopaedic surgeon, felt the muse and has put to paper *Man's Chief End*, a worthy chronicle of early life in Eastern North Carolina and his ensuing professional practice in Raleigh.

Delightfully illustrated by the Right Rev. Robert W. Estill, a former bishop of the Episcopal Diocese of North Carolina, *Man's Chief End* is a saga of Tar Heel life, with an early interval in Chattanooga, TN — where Edwards graduated from the McCallie School and where he met his future wife Kathy. It was at McCallie that Edwards read in study hall the inscription: "Man's Chief End Is To Glorify God And To Enjoy Him Forever," the epigram that influenced his life.

Edwards, referred to as Eddy in the third person narrative style of the book — his nickname as a child — joined the long line of family members to enroll at Davidson College where he sought a degree that would set him up for work in the family wholesale grocery business. Realizing he really wanted to be a doctor, he enrolled at UNC-Chapel Hill and gained the prerequisites for acceptance to medical school.

Edwards sets scenes in the context of national and world events and intersperses internal dialogue that captures the era of his life. Readers are immersed in atmospheric details now gone, concerning school life,



in its often chaotic manner.

Later anecdotes carry the reader into Raleigh's Central Prison — where Edwards treated inmates — and onto the playing fields of NC State University where his roles as team physician took the author up close and personal with legendary football coaches Lou Holtz and Joe Paterno, as well as athletes, including basketball star David Thompson. And along the way, readers

train and automobile travel, courting rituals, pre-technological business environments and the evolution of medical practice. Lessons are often learned the hard way as the cycle of a life unfolds

meet unforgettable characters, such as the eclectic and truly unique orthopedist Gus Harer, a memory well-worth reviving.

The book's guileless specificity, unvarnished narrative — and ability to evoke the Everyman in us all — is a worthy, readable and enjoyable contribution to the canon of autobiography.

Nicely produced by Chapel Hill Press, *Man's Chief End* is available at Quail Ridge Books in Raleigh and via Amazon.com. 

Steve Forbes Keynote Speaker For Heritage Dinner

Former presidential candidate Steve Forbes, chairman and CEO of Forbes Media, is the keynote speaker July 21 for a panel discussion and dinner hosted by The North Carolina Committee for Heritage, part of the The Heritage Foundation think tank in Washington, DC. The panel, entitled *Bankrupting Our Children's Future: Why Spending and Entitlement Reform Is Vital*, will feature Heritage experts Alison Fraser and JD Foster, in addition to John Hood, president and chairman of the John Locke Foundation.

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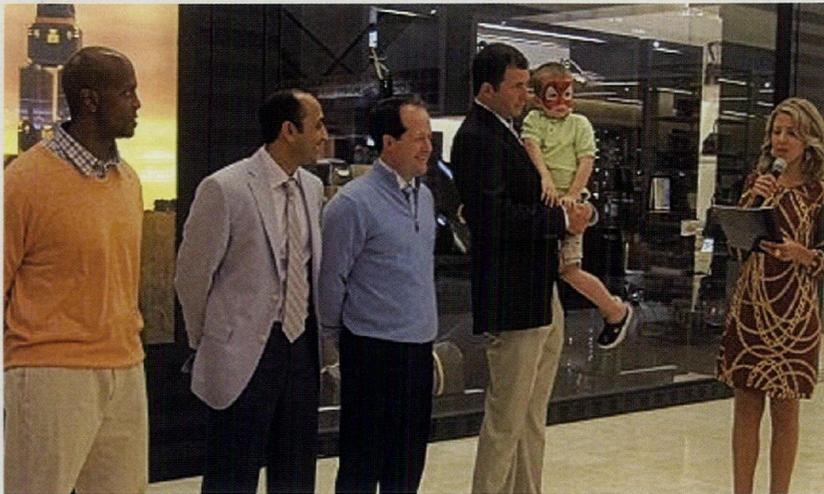
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Saks Recognizes Dads

Cara Fratto introduces the winners of the first annual Father's Day Honors, sponsored by Saks Fifth Avenue Men's Collection — in partnership with *Metro Magazine* and The V Foundation — to celebrate the 100th anniversary of Father's Day. The winners — John Hanlon, Clay Jackson, Richard Noble and Ritesh Patel — were chosen by a committee at Saks Fifth Avenue for embodying the principles of fatherhood. Each father was outfitted in the Saks Fifth Avenue Men's Collection. Saks also donated 10% of their Men's Collection sales during the June 4-6 event to The V Foundation for Cancer Research. For more information, visit www.saksfathersday.com/raleigh. **MM**

The panel will address President Barack Obama's spending agenda that is projected to double the national debt in 10 years and leave trillion-dollar deficits that can lead to a long-term budget crisis driven by entitlement spending. Fraser, Foster and Hood will lay out the fiscal path the nation is on and the choices to be made to be better economic stewards for younger generations.



Forbes

The panel discussion begins at 4:30 p.m. at the Washington Duke Inn & Golf Club in Durham, followed by a reception at 6 p.m. and dinner at 7 p.m. with Forbes. Registration costs range from \$20 for students; \$45 for Heritage members; and \$75 for non-members. Tables are available for \$850 for 10 guests.

To register or to learn more, go to www.myheritage.org/committees/north-carolina or call 202-608-1524. **MM**



EYES ONLY

Action for Children North Carolina presented the 5th annual NC Children's Lifetime Legacy Award to the 11 Junior Leagues across the state during a luncheon at the Carolina Club in the George Watts Hill Alumni Center on the campus of UNC-Chapel Hill. The keynote speaker was US Sen. Kay Hagan, a member of the Junior League of Greensboro.

Since 1930, the Junior League of Raleigh has contributed more than 1 million volunteer hours and over \$4.2 million to community projects and programs focusing on education, health, women's and children's services. The Junior League of Orange/Durham counties has a current focus of Helping Children Develop to their full potential.

...

Duke Realty Corporation has received The TOBY Award in the Corporate Headquarters category on the local and regional levels sponsored by the Building Owners and Managers Association (BOMA) for its Lenovo building located in Morrisville's Perimeter Park. The project will compete internationally at the BOMA international conference in Long Beach, CA, June 27-29.

...

Frank Harmon Architect PA, based in Raleigh, has placed 13th on *Architect* magazine's 2010 list of the top firms in the nation, moving up from 26th held last year. The firm is the only one in North Carolina to make the "Architect 50" this year. The Freelon Group in Durham placed 60th, and Little in Charlotte placed 71st. To view the entire 2010 Architect 50 list, go online to www.architectmagazine.com. For more information on Frank Harmon Architect PA, visit www.frankharmon.com.

...

The Midtown Emerging Artists Series in North Hills runs until Aug. 27 with area bands, singers and performers at the fountain adjacent to CAPTRUST Tower at North Hills. This after-work spot will have free, live music and beverages. For more, contact Angela Slater at 919-833-7755, e-mail aslater@kanerealtycorp.com or visit www.northhills-raleigh.com.

...

Shawn Gracey has been appointed general manager of The Carolina Inn on the campus of The University of North Carolina at Chapel Hill. Prior to joining The Carolina Inn, he was general manager at Hotel Icon, a boutique property located in downtown Houston, operated by Destination Hotels & Resorts.

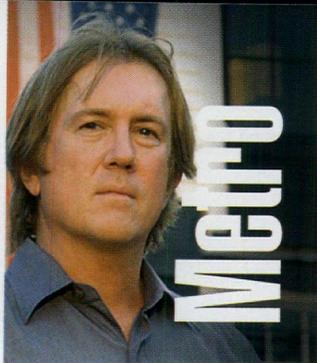
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The producers of the documentary *Landscapes of the Heart: The Elizabeth Spencer Story* are the recipient of a \$5000 grant from the North Carolina Humanities Council for completion of the final filming this summer. In addition, the Mississippi Arts Council has awarded the project \$5000 for completion of an audio recording of Elizabeth Spencer narrating her award-winning memoir also titled *Landscapes of the Heart*.

Spencer, 88, resides in Chapel Hill. Project Director is Sharon Swanson, a Chapel Hill-based freelance writer. Filmmaker is Kevin McCarthy, a Dartmouth professor, who resides in Danville, VT.

For further information, contact Sharon Swanson at sharon_swanson@earthlink.net or 919 942-3205

Savor Charlotte



Cheshire on Film

by Godfrey Cheshire

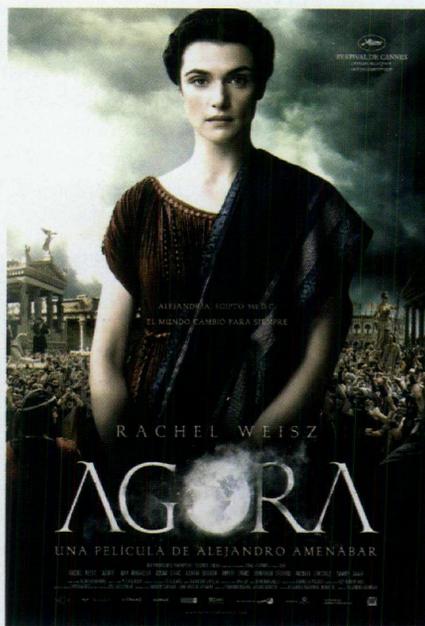
CHRISTIANS AND PAGANS CLASH IN LAVISH NEW FILM

To me, the darkest date in the entire sweep of Western civilization is 529 AD, the year the Emperor Justinian ordered the closing of Plato's Academy in Athens. The shutdown of the 1000-year-old Academy marked the final triumph of Christian orthodoxy over Greek rationality and open inquiry, ushering in the symbolic beginning of the Dark Ages, from which it would take Europe nearly another millennium to emerge.

Besides Athens, the other great center of classical learning was Alexandria, in Egypt, which offers its own event evoking the onset of the Dark Ages. The burning of that city's great Library by Christian mobs is, however, a modern fiction. Alexandria had several libraries and one was apparently burned — perhaps accidentally — by Julius Caesar's forces in the first century BC. There were other fires in other libraries thereafter. But if no huge, Christian-caused conflagration ever reduced Alexandria's cultural inheritance to ashes in a single frenzy of anti-intellectualism, this mythical event does comprise an apt symbol for the intolerance that brought the progress of classical learning to a screeching halt in the first centuries of the Christian era.

The makers of the new film *Agora* find another, more historically sound symbol of that transition in the story of the most famous female intellectual of antiquity. Hypatia, a Neo-Platonist philosopher, mathematician and astronomer, lived, studied and taught in Alexandria in the late 4th and early 5th centuries AD. Little is known about her life, and none of her writings survive, but her death is infamous: she was accosted by a Christian mob in the street and literally torn to pieces. (The movie's depiction of this is, thankfully, less gruesome than what history records.)

From the Renaissance (when Raphael included her in his *School of Athens* painting) through the Romantic era and down to our own time, Hypatia has been an icon to various feminists and free-thinkers. *Agora* is, to my knowledge, the first movie about her, and it is a fascinating, oddly timely testament to her as both teacher and symbol.



Ever since the success of Ridley Scott's *Gladiator* in 2000 gave filmmakers permission to return to classical subjects, the newly revived genre has mainly been used for mythic heroics and spectacle. *Agora* is something different. A Spanish production directed by the Chilean-born Alejandro Amenábar (*The Others*, *The Sea Inside*), the film features an international, English-speaking cast and cost \$75 million to make. That budget gives you an idea of the production's scale, which encompasses a sumptuous, CGI-assisted evocation of ancient Alexandria constructed on the island of Malta.

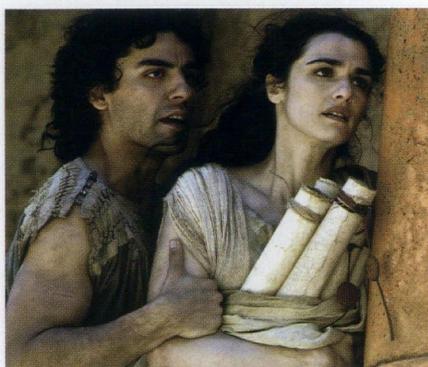
Rather amazingly given its huge cost, *Agora* is not an epic of swordplay but a drama of history and ideas. And if its Spanish origins suggest the possibility of an anti-clerical agenda, the film is no example of simplistic Christianity-bashing. Rather, it offers the most complex view of early Christianity — a roiling stew of contending forces and personalities, some malevolent, others benign — that I've ever seen in a movie.

The film's effort to trace a historical transition is aided by the fact that it occurs in two sections. In the first, which takes place in the last years of the 4th century, Hypatia (played with poised elegance by Rachel Weisz) teaches astronomy and related subjects in the library of the temple of Serapis. Paganism and classical learning are still alive and well, though threatened. Christians riot in the streets and eventually invade the Serapeum and destroy its contents. (This is not the mythical burning of the Royal Library but is similar enough to conflate the myth and a reasonable conjecture about actual events.)

In the story's second section, in 415 AD, Christianity's triumph is complete; it is the rigidly enforced official religion of the Roman Empire, which rules Alexandria. Pagan teachings are outlawed. Hypatia must confine her scientific researches to the privacy of her home. Her former students are now mostly Christians, and it is in depicting the differences that separate them that the film demonstrates its grasp of nuance and engrossing distinctions: The men range from Orestes (Oscar Isaac), a student once in love with Hypatia who becomes her protector as Prefect of Alexandria, to Synesius (Rupert Evans), an early Christian who became the influential Bishop of Cyrene and maintained a long correspondence with his former teacher,

though he never persuaded her to convert.

In stark contrast to these moderate Christians is Cyril (Sammy Samir), the Bishop of Alexandria (and later, Saint Cyril) who instigated the massacre and expulsion of the city's Jews and consolidated his own power through a series of bloody wars. While non-believers were inevitable targets of his regime, the greatest number of casualties surely was other Christians, as different factions waged pitched battles and innumerable strains of belief were labeled heresies and their adherents put to the sword.



The film's depiction of these predations inevitably brings to mind other, more recent phenomena. The rampaging, dark-clad Christian mobs — especially in their violent hatred of a learned woman like Hypatia — look like an ancient version of the Taliban. And the way Synesius' plain-spoken faith becomes an overarching system that ruthlessly suppresses all disagreement recalls the triumph of communism after the Russian Revolution. Indeed, while "totalitarianism" is commonly associated with the 20th century, it's arguable that Christianity-as-state-power was the West's first totalitarian ideological system and forged the template for all that followed.

Against these provocative resonances, the film's account of ancient philosophy is rather curious. We get no sense of the glories of Neo-Platonic philosophy (a modern term for the synthesis of Platonism, Aristoteleanism, Stoicism and Neo-Pythagoreanism initiated by Plotinus in the 2nd century) or philosophy as a way of life aimed at the "cure of the soul." Rather, *Agora* presents Hypatia as an early scientist, a kind of proto-Kepler on the verge of over-

throwing the old Ptolemaic cosmology with a heliocentric system.

Historically, this is not at all implausible (heliocentrism was bruited in the ancient world) and it's something that modern viewers can readily grasp. (The movie that brings alive the spiritual dimension of ancient philosophy will have to wait.) But mostly, like the imagined burning of the Royal Library, it provides an apt symbol for a central consequence of the Christian conquest: the proscription of free intellectual inquiry, a turn that would allow state-sanctioned superstition to override empirical knowledge for centuries to come.

There is another side to the coin, of course. An additional male in Hypatia's circle, this one fictional, is a young slave named Davus (played by actor Max Minghella, whose face strikingly recalls Egyptian funerary portraits of this era). Like Orestes, he is in love with Hypatia, absorbs her teachings and later becomes a Christian. His presence in *Agora* reminds us that, while slaves could come into contact with sophisticated teachings in the ancient world, the philosophical life was generally reserved for the educated elite. Christianity, speaking the language of myth and emotion rather than rationality, reached people of all classes and backgrounds, which helped it overthrow not only paganism's tribally based old religions, but also its learned philosophical schools.

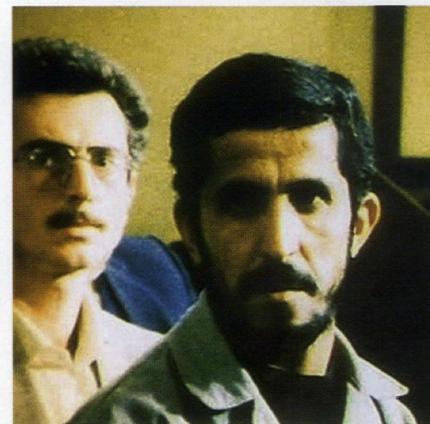
In Athens in the following century, the Academy's closing prompted its few remaining philosophers to decamp to Persia, and Europe entered a long intellectual decline. In Alexandria, somewhat contrary to *Agora's* implication, things were not quite so dire. Though forced underground, the ancient teachings remained alive and helped spark the brilliant civilizational efflorescence of Islam that began in the 7th century and continued through the 12th, when the teachings of Aristotle returned to Europe via Moorish Spain, lighting the educational path that would lead to the Renaissance.

That part of the story is well enough known to be taken for granted. Less obvious, perhaps, is that the era of *Agora* was the last time in the West when religion, philosophy and science were part of the

same cultural discourse and spoke a common language any educated person could understand. Thereafter they became wholly separate intellectual empires ruled over by magisterial authorities speaking increasingly arcane jargons — a cultural dissociation that surely underlies many of the current age's discontents.

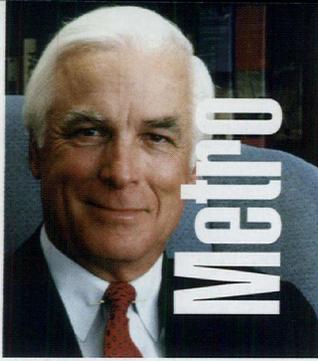
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I've been writing intensively about foreign films for over three decades, but few struck me with the revelatory power of Abbas Kiarostami's *Close Up*, a 1990 film that I first saw in 1992 when *Film Comment* asked me to write about the new wave of post-revolutionary Iranian films just then reaching the West.



The movie, a quasi-documentary about a poor man who is arrested for impersonating the film director Mohsen Makhmalbaf to a cinephile middle-class family in Tehran, is an endlessly fascinating, witty and multi-leveled inquiry into the power of cinema in a movie-mad culture like Iran. When, in 1999, I named it the best film of the 1990s from anywhere in the world, the opinion may have seemed eccentric, but lately it has come to seem almost orthodox; critics now deem *Close Up* an unqualified masterpiece.

Happily, the film has just been issued on a Criterion DVD that boasts a quality worthy of its importance. The two-disc package includes an exemplary transfer, new subtitles, three additional films (including Kiarostami's wonderful and hard to see first feature, *The Traveler*), and an essay by yours truly. I urge you to add it to your summer queue. **MM**



Editor-at-Large

by Jim Leutze

GULF SPILL COINCIDES WITH NC OFFSHORE DRILLING REPORT

What a difference a day or a week or a month makes. In my case it was the difference between the day we finished the report to the General Assembly by the Legislative Commission on Offshore Energy Exploration and the day the Deepwater Horizon burned and collapsed in the Gulf of Mexico. The Commission, which I co-chaired with Dr. Doug Rader, had been gathering information and hearing testimony for 12 months and was prepared to submit its report on May 1. Then all hell broke loose. Eleven people dead, a burning oil rig and a spill of unknown size bubbling up 5000 feet under water.

Our report included lots of information and raised numerous questions. For instance:

How much oil was actually off our coast? What financial share would North Carolina get from the lease sales? (The federal government has to be ordered by Congress to share the revenues.)

Once you drilled, where would the oil come on shore — Morehead City or Wilmington or maybe Norfolk, VA?

How much oil and natural gas was out there?

Then there were things we were quite certain about. For instance — there is plenty of wind energy to be harvested.

However, the important factor that the Deepwater Horizon situation brought into focus was that we'd been given a lot of false, or at least newly questionable, information. The Minerals Management Service had assured us that offshore drilling was safe. The representatives of the Petroleum Institute had told us that deep water drilling was as sophisticated as space exploration. We were shown diagrams of undersea drilling techniques that allowed precise direction and control. Our fears of a spill were calmed by assurances, almost patronizing, that the oil companies knew what they were doing. All North Carolina needed to do was get out of the way and watch the oil and the money flow in. (In hindsight, that final assurance



should have given us real pause.)

That was then — now it was time to submit our support and “something else” had happened in the Gulf of Mexico. Doug and I consulted and decided to put a cover letter on the report. The letter said, in part:

This event, the full consequences of which are still unknown, immediately rendered outdated important elements of this report. Some of the factual information we were provided — the technological sophistication of drilling, the fail safe functions built in, etc. — proved unduly optimistic...

One incident does not, of course, undermine the whole concept of offshore drilling, but it is certainly a wake-up call and a reminder of the risks involved. It also re-emphasizes the importance of incorporating offshore drilling into a state energy policy. The risks and the rewards are hard to balance, absent a comprehensive understanding of the state's energy needs and plans to meet them.

That last sentence was important. The state has no energy plan. In fact, a couple of weeks before we concluded our report, John Morrison, assistant secretary of commerce for energy, had abruptly left his post. Morrison had also testified before our Commission and had delivered, in my mind, one of our most thoughtful and reassuring reports. He implied that North Carolina was actively developing an energy plan and an energy policy that would help guide the state's decisions over the coming

years. His report was fact-filled and encouraging because of the vision he was clearly bringing to the task. Obviously, he was pointing toward a future in which North Carolina would increasingly seek to utilize renewable energy.

Morrison's departure highlights the fact that North Carolina is heading down the energy road without a map. How can we decide whether we want to take the risk of offshore drilling if we don't know how much oil we'll be needing in 2030 (which is when the oil off our shore would be added to the national, not North Carolina, supply)? What energy sources, oil, gas, coal, nuclear, solar, wind, battery, etc., and in which proportions will we need? And let me quickly say that the right answer is not “as much of everything we can get.” Conservation should play a very big role. So, in order to plan nationally (no pun intended) we need to have estimates of how much of what kind of energy, combined with what conservation measures can be put in place to meet the state's needs 20, 30 and 50 years from now. And by the way, in 50 years most experts estimate that the world will be almost out of oil, so we better be thinking about it.

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Quick notes on the Gulf spill reaching us:

Experts with whom I've talked think that it is unlikely that North Carolina will get a large amount of oil drifting up from the Gulf. Conversely, I and others think we will see some. Next, when the concern over the Gulf spill fades — and it will — we will see a renewed push to have drilling off North Carolina. When that happens, bear in mind that the oil off North Carolina is in 5000-plus feet of water, close to the potentially unstable edge of the Continental Shelf. Finally, on June 17, the governor appointed Jennifer Bumgarner as Morrison's replacement. Her primary task, I hope, will be to pull together our best minds, and those with practical experience, to begin fashioning a state energy policy. **MM**

A Raleigh Metro Magazine Special Presentation

Southern Style

Fashion and Design in the Modern South



Endless Summer Hot Sun, Cool Fashion

By Katie Reeves

Photography by Kinsley Dey

It's so easy to give up on fashion in July and August — it's just too hot to care.

After July 4th, I usually cope with the steamy, relentless 90 degree days by exploring all the yummy looks coming out for fall, day dreaming about cashmere sweaters, boots and jeans — and wish-casting the abundant amounts of snow that will surely come this winter.

But this summer I have decided to embrace the smoldering days to follow. It is going to be tropical, stormy, and endless.

A Day at the Park

We all know that the NC Museum of Art is our state's most illustrious treasure, but have you been to the Museum Park? The backyard of this home of priceless art is a treasure in itself — where art meets nature and provides a perfect place to hike, have a picnic, read a book or attend a concert.

You can dress up or dress down at the Park — just choose your fabric wisely. While seersucker is always a show-stealer in the sultry South, linen is the best fabric in hot weather. Cotton is king, but only in light colors. Jeans only after sunset, unless they are white, should be a summer rule.

Let your strappy sandals steal the show in the evening, take your hiking boots for the trails, and by all means go barefoot in the park as you frolic through the grass.

Feel the heat, but stay cool this summer with the right fashion choices.

— Katie Reeves



Malene Birger Dress — Fleur
Bracelet — Fleur
Sam Edelman Sandals — Main & Taylor

ON THE COVER:

Bugatachi Shirt — Saks Fifth Avenue
House of Carrington Shorts — McKenzie Tribe
Martin Dingman Belt — Liles Clothing Studio
Sandals — Saks Fifth Avenue



Coppley Suit — Liles Clothing Studio
Marin Dingman Belt — Liles Clothing Studio
Zagna Sport Shirt — Saks Fifth Avenue
Cape Cod Collection Loafers — Varsity Men's Wear



Collared Shirt — Saks Fifth Avenue
Seer Sucker Shorts — Saks Fifth Avenue

Thread Social Seer Sucker Dress — Beanie + Cecil



Striped T-shirt — Saks Fifth Avenue
Salt a Ire Shorts — Liles Clothing Studio



Thread Social Top and Shorts — Beanie + Cecil
Silver Earrings — Monkee's of Raleigh

SOUTHERN STYLE



Collared Greens Shirt — McKenzie Tribe
Seer Sucker Pant — Saks Fifth Avenue
Diesel Shoe — Saks Fifth Avenue



Phillip Lim Vest — Vermillion
Privey Premium Jean — Scout & Molly's
Cynthia Vincent Shoe — Monkee's of Raleigh
Earrings — Vermillion

Rebecca Taylor Top — Gena Chandler
JBrand Jeans — Gena Chandler
Jean Michel Cazabat Shoes — Fleur
Earrings — Vermillion

FASHION NEWS

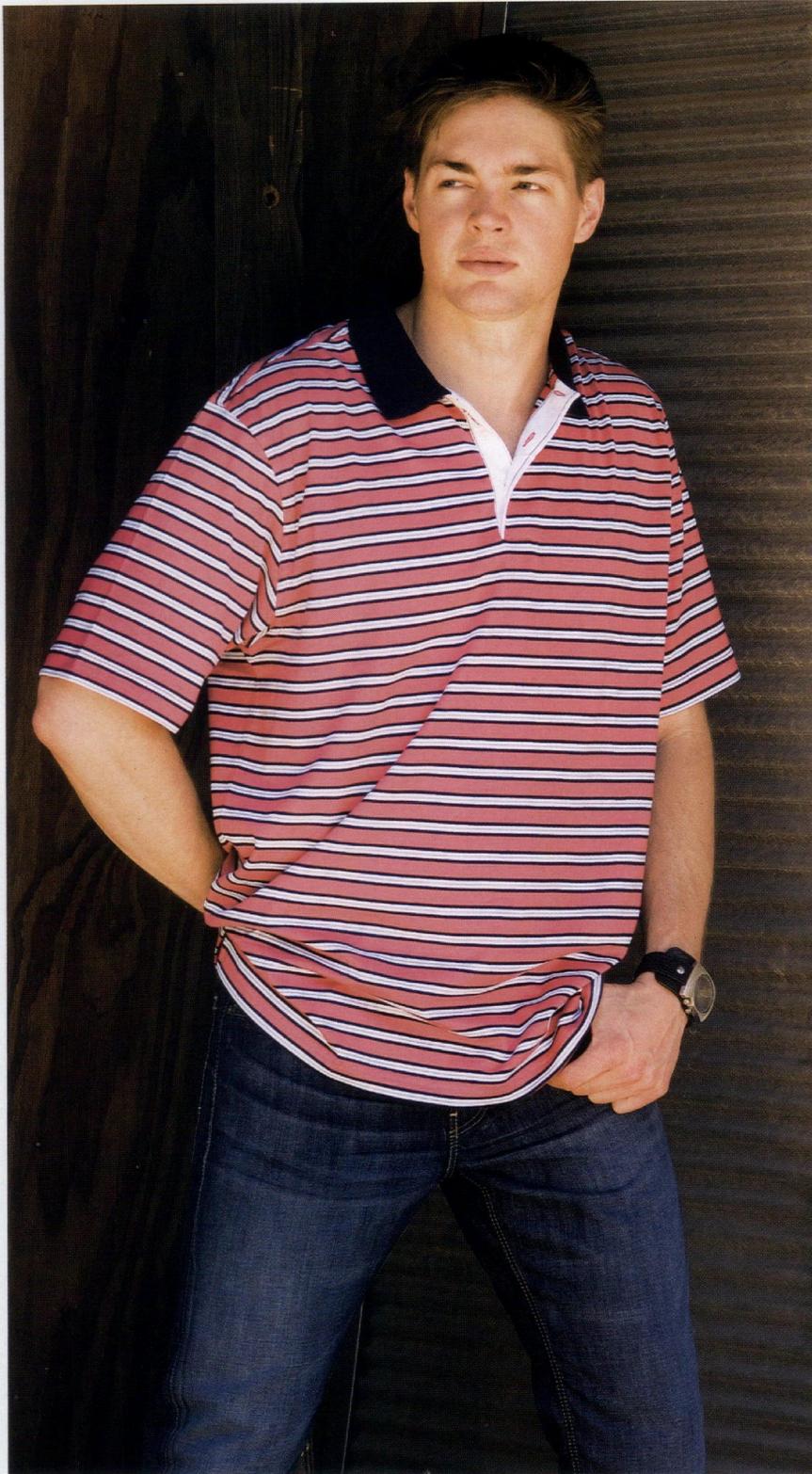
By Cyndi Harris

Monkee's of Chapel Hill will host a Soles 4 Souls event June 21-July 11. Bring in a gently used pair of shoes (women, men, children) and receive an additional 10 percent off already marked down merchandise; savings of 35-50 percent. www.soles4souls.org. Call 919-967-6830

Hertzberg Furs is holding its annual Vault Clearance Sale. Save hundreds on one-of-a-kind new furs. Layaway is available. Hurry in for best selection. Sale ends Aug. 15. Fur storage, cleaning and repairs services are also available. Call 919-782-2165 or hertzbergfurs.com.

Fine Feathers will host a Marisa Baratelli Special Occasion show July 13th-17th with hundreds of choices for styles and colors. In Aug., 4-7, there will be an ALTA MODA show featuring classic dresses (with sleeves) and suits, as well as an EMMELLE Show of comfortable, basic sportswear separates — Aug. 24-28. Still in the planning stages, a special occasion extravaganza hosting designers and collections. Call 877-942-3151 for dates.

Available in July 2010, **Benefit Cosmetics** introduces The POREfessional Pro Balm to instantly minimize the appearance of pores. Available at Belk Department Store and Sephora.



Bobby Jones Shirt — Varsity Men's Wear
 7 for All Mankind Jeans — Saks Fifth Avenue
 Cape Cod Collection Loafers — Varsity Men's Wear

It's All About The View

Gordon and Sally Grubb's Home on Figure Eight Island Blends Artistry and Comfort

By Diane Lea

“We bought this house for the view,” says Raleigh developer Gordon Grubb. The Raleigh real estate developer and his wife Sally made the decision four years ago while looking for a vacation home on Figure Eight Island. The views from the upper-level deck of their newly refurbished sound-side home are indeed spectacular. From the home's upper deck it is possible to look north and see Wrightsville Beach across the aqua waters of the Intracoastal Waterway meandering alongside peaceful marshes.

“You should see the sunsets,” exclaims Grubb.

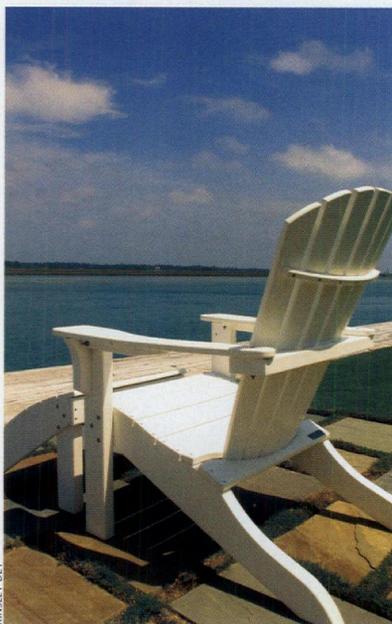
The Grubbs are Figure Eight veterans. “Sally's family must have been one of the first to build on Figure Eight Island during its development in the '60s,” says Grubb. “Their house is on the south end of the island and the family still spends summers there — only now the family includes Sally's parents, their seven children, their children's spouses, and 20 grandchildren!”

Grubb's family's beach house was on the north end and was sold after Gordon's mother, Rochelle, passed away a few years ago. “Sally and I didn't meet as a result of our families both owning Figure Eight houses, but we did get engaged here, so it has special meaning for us.”

Gordon and Sally and their three children had enjoyed owning a condo behind Figure Eight. They loved the convenience of having their boat and kayaks nearby; when they began looking for a larger house, they wanted a boat dock as well as a view. That meant sound-side living. The house they chose had been a rental for several years and needed freshening. Grubb approached the home's architect, Cothran Harris of Wilmington, to consult on the renovation and up-fit. “We had a good structure and a classic Shingle-style beach house to work with,” adds Grubb.

The home radiates warmth and comfort and a floor plan that accommodates the Grubb children, daughters Stuart and Darden and son Robert. The main-level entrance opens through a game room flanked by bookcases to a full-length covered deck overlooking the cleverly designed infinity edge pool. A blond-finish game table is surrounded by chairs covered in camel-colored leather. A striped sisal rug and comfortable chairs in a lime and blue color scheme invite bare feet and casual living. The bookcases are filled with baskets of perfect pairs of cockle shells

collected on Figure Eight's pristine beach by Grubb's late father. The children's bedrooms are on either side of the game room. The girls share a bath and their sun-filled rooms are made even brighter by bold colors and fabrics. Lime green walls with pink-patterned fabric for Stuart, and a lilac and orange color scheme for her younger sister. Son Robert's room features navy blue ticking and a fine impressionist painting by a family member who taught at the Rhode Island School of Design.



VIEWS EVERYWHERE

Ascending the stairs to the home's main living area is a treat. A large window at the landing fills the staircase with light that shimmers on a metal sculpture of hanging fish by artist Michael Van Hout. The home's wonderful view is again the focal point in this

soothing great room, which blends beautifully with the subtle and sophisticated décor throughout the rest of the house.

Raleigh's Martha Dunnagan of Dunnagan Design consulted on the home's décor. A sitting area before the fireplace is set with two cushiony arm chairs in a distinctive fabric striped with delicious tones of chocolate, lime, peach and a deep winey grape. A wing chair set casually facing the pair is upholstered in a soft white with a wine-colored Matisse-like pattern. Nicely sculpted white rattan lounge chairs are back-to-back with the formal seat-

Photography by Kinsley Dey



Top: Splendid views of Wrightsville Beach and the serene Intra-coastal Waterway are key to the home's appeal.

Right: Bursts of color accent the girls' rooms on the main level.

ing arrangement before the fireplace and display a burst of lime green in a sensuous chrysanthemum pattern. Two oriental antiqued chests and a tall rustic side piece set with a watermelon lamp add a touch of the Orient to the room, as does the elaborate Balinese fire screen. These pieces are the legacy of Grubb's mother who was a noted designer. In a sentimental aside, Grubb states that the house was originally built and shared by two families, one of whom was a Grubb family friend.

"My mother helped prepare this house when it was featured in *Metropolitan Home*," he says.

Adjacent to the main living area is the Grubbs' master bedroom, a private retreat in soft tones of gray and brown with textures and patterns, again reminiscent of the main room's Oriental undertones. A lovely linen coverlet on the bed plays well with an armoire and bedside tables in a dark finish set with narrow bands of bamboo. Floor-to-ceiling draperies on two sides of the room draw upon the free-form



Matisse-like pattern of the wing chair found in the main living area. An interesting accent to this serene space is the tub-shaped reading chair covered in an Op-Art fabric in shades of charcoal.

STARTING FROM SCRATCH

Though the home was structurally sound with wonderful polished pine floors and skillfully wrought moldings and wainscot, there were the usual up-fits needed

after enduring 15 years of rambunctious beach-goers.

"We redid the bathrooms and gutted the kitchen and started from scratch," says Grubb.

The result is a finely finished and functional space that fits well into the open floor plan of the main living area. The simple but well-crafted kitchen cabinetry is painted to match the glossy white moldings and paneled wainscot that appear



KINSLEY DEY



MICHAEL ZIRKLE PHOTOGRAPHY

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Reconfiguring the kitchen and squaring a bank of columns added refined design to the great room with dining room.

throughout the house. A two-tiered island wraps around the kitchen on two-sides, topped with marble in tones of gray and white with flecks of wine. Tall dark rattan chairs provide island counter comfort for morning coffee. The tiled kitchen backsplash is in an interesting woven pattern in tones of pale caramel.

The dining area is a bit of space out of time — like being aboard a ship. The views from the narrow table, set with glass bowls of candles, are both toward Wrightsville Beach and the Intracoastal Waterway. Open work shield back chairs give airiness to the borrowed landscape of water, marsh and sand. The home's fine views were once filtered through multi-paned windows, but no more. Grubb worked with his architect and contractor David Jones to design a largely open window-and-door style with only the barest suggestion of mullions.

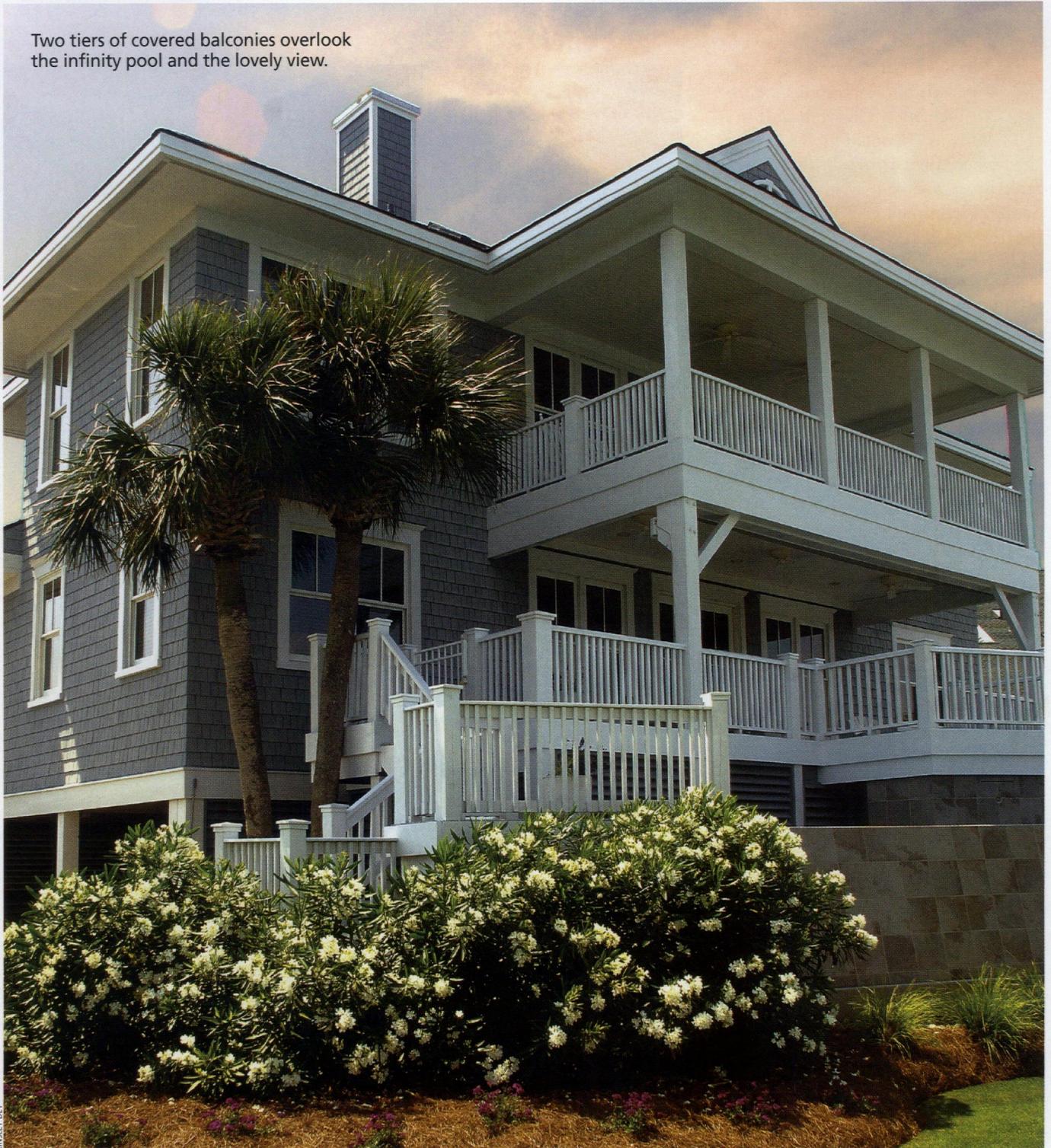
Though there was much accomplished in the interior renovation, the restructuring and replanting of the house's exterior was equally extensive. To shield the front of the house from the cul-de-sac, Classic Landscapes of Wilmington created a maritime forest with lush vegetation set in a

graceful hillock. At the rear of the house, slate pavers border the dock and provide a place for benches for viewing the family's Grady White boat and a kayak or two. Grubb went to considerable effort to re-sheath the infinity pool in a soft gray marble tile, which looks more in keeping with

the gray shingled house. He and his team also concealed a hot tub and louvered the garage area for a more unified look.

Standing on the dock as the afternoon wanes and the sun begins to set across the sound and the marshes, it is clear this home is all about the view. ▣

Two tiers of covered balconies overlook the infinity pool and the lovely view.



At Ease With History

Elizabeth City's Grice-Fearing House

By Diane Lea

Elizabeth City is proud of its appellation, "Metropolis of the Albemarle." The handsome river town (population 18,000) is sited where the narrows of the Pasquotank River open up to the Albemarle Sound. Established in 1793 as Redding, the town's location ensured access to trade with the ports of Norfolk, New England, New York, Charleston and the West Indies. But it was the coming of the Great Dismal Swamp Canal in 1805 that sparked Elizabeth City's first period of commercial and residential growth. According to historian Thomas R. Butchko, author of *On the Shores of the Pasquotank: The Architectural Heritage of Elizabeth City and Pasquotank, North Carolina*, by 1830 the old port of Edenton was casting jealous eyes at Elizabeth City's shipyards, fisheries, tanneries, sawmills and other manufacturing businesses that attracted a flourishing population of merchants, artisans and navigators.

Through all of the ebb and flow of Elizabeth City's history, The Grice-Fearing House — at 200 S. Road St. — has been witness to the community's transition from fishing and industries related to forest products to a more diverse economy based on Intracoastal Waterway travel, a major Coast Guard facility, higher education and manufacturing. Now adapted as a bed and breakfast, the Grice-Fearing House was constructed shortly after Pennsylvania transplant Francis Grice purchased the lot in 1798. Grice joined Charles Grice and Company, Elizabeth City's pioneering mercantile establishment. (It is not clear if there was a family connection.) Francis Grice died in 1808 leaving the house to his widow Mary Tisdale Grice, who then married Isaiah Fearing, another successful merchant, and added the Fearing name to the oldest



house in Elizabeth City. Five generations of Fearings were to live in The Grice-Fearing House, and nearly every generation added to the home before it was sold out of the family in 1970.

Georgene and Vidal Falcon purchased the house in 2004 and set about the task of renovating the 200-plus year-old house into a bed and breakfast assisted by architect Jeffrey A. Lees of Baltimore, MD and Corolla, NC. Opened in 2007, The Grice-Fearing House offers guests the choice of two two-room suites (The Grice

and The Fearing), each complete with a Jacuzzi and a private sitting room appointed with television, DVD and CD players, and wi-fi. The Falcons, both accomplished cooks, take great pleasure in serving their guests sumptuous breakfasts on crystal and silver with fine linen in the home's dining room.

Georgene and Vidal both retired with Distinguished Service Awards from the Department of Veteran Affairs in Washington, DC. Their new job was the renovation of The Grice-Fearing House.

Georgene takes visitors through the amazing construction history of the house and its former owners. “The Grice-Fearing House started life as a single-pile, two-story house,” says Georgene, standing in the spacious front hall, which connects the original downstairs room with a 1840s addition. A distinctive staircase to the left has unusual diagonally placed balusters. (Author Thomas Butchko notes that The Grice-Fearing House is one of only two antebellum homes built for merchants with the distinctive side-hall plan.)

In 1840, Isaiah Fearing and his second wife, Submit Woodruff Bartlett, substantially enlarged the house. “The Fearings added two rooms to the rear of the house,” Georgene explains, “added the present roof structure, which allows for a third floor, and erected the two-story front porch.” Also around 1840 a southern wing was added to the house by moving a 1770s period building from a nearby property. “The room was rolled on logs and seamed to the newly expanded house,” says Georgene.

The additions make for a graciously livable floor plan. The home’s parlor, with a replacement mantel thought to be from Louisiana, opens to the dining room, also featuring a replacement mantel. The colors and fabrics of the public rooms are compatible with the periods of the house and the southern wing is now a cozy library sitting room for guests. Shelves from an old pharmacy adapt nicely as bookcases there.

To accommodate their love of cooking, the Falcons remodeled the home’s kitchen at the rear of the house and created brick terraces off the rear elevation. “When the weather is nice,” says Georgene, “we like to serve breakfast outdoors.” Completing the downstairs floor plan is a second wing added in 1885. The Falcons have adapted this space, originally a doctor’s office with a separate door, as their own innkeeper’s quarters.

Each upstairs suite is furnished in soothing colors — a soft green for The Grice Suite, a pale blue for The Fearing. “During the two-year renovation, we became good friends with our architect, Jeffrey Lees,” says Georgene. “His favorite room is The Grice and he often puts us a



Only one of two examples of the distinctive side-hall plan in Elizabeth City’s historic districts, the Grice-Fearing House has been added to by each of its owners. The Falcons have furnished the parlor with period style furnishings and colors. The screen featuring a sailing ship speaks of the City’s importance as a trading port.

visit when he’s working here and in Edenton.” The suites share a tiny balcony overlooking the garden where a complimentary glass of wine can be enjoyed. The third floor, a work-in-progress, is perfect for the Falcon’s sons, ages 25 and 28, who return to visit from their busy lives in Asheville and Richmond, VA.

Georgene and Vidal, architect Jeffrey Lees, and builder Rick Boyd have created a quiet space within the bustle of downtown Elizabeth City. The Falcons’ love of history led them to The Grice-Fearing House and, through the experience of renovating it, to a second career as devoted volunteers. Georgene is completing her term on the Historic Preservation Commission and both Falcons serve as board members on the Elizabeth City Historic Neighborhood Association. Vidal proudly displays the pamphlet *Elizabeth City Historic Walking Tour: Main Street Commercial District*,



which the association has just completed.

Vidal sums up the couple’s experience with The Grice-Fearing House. “We chose to do something to contribute to history, and we chose a town that was just the right size, not as congested as some of the historic towns we visited, but with a good quality of life. For example, The Center, located in the renovated historic Lowry-Chesson Building, and now home to Arts Albemarle, is a pleasant walk from our house as are many of the restaurants and entertainment venues we enjoy. It’s a good retirement.” ▣

Nature and Nature

Merry Hill's Scotch Hall Preserve Development

By Diane Lea



Located in the center of a hundred-mile radius that encompasses the booming Research Triangle, the dramatic Outer Banks and Virginia's populous Tidewater region, the charmingly named community of Merry Hill seems a mere dot on the map of Northeastern North Carolina. This tiny hamlet, located just 20 minutes from the historic towns of Windsor and Edenton and two hours from Raleigh, was once the seat of the 8000-acre Scotch Hall Plantation, the largest antebellum plantation in Bertie County. Today, the privately owned extant plantation house, circa 1838, shares its incomparable setting on the banks of the Albemarle Sound at the confluence of the Roanoke and Chowan Rivers with another Scotch Hall, Scotch

Hall Preserve.

This new Scotch Hall, a 900-acre residential and golf community being touted as the "Jewel of the Inner Banks," adds a new dimension to the area's picturesque landscape of small towns, productive farms and great expanses of blue water. (The Albemarle Sound is the largest body of fresh water east of the Great Lakes.) Today's Scotch Hall Preserve features an award-winning Arnold Palmer Signature Design 18-hole championship golf course with five holes bordering the Albemarle Sound and two holes sited along Salmon Creek, the location of a planned 107-slip state-of-the-art marina. Plans are underway for a Family Club Retreat and a Golf Clubhouse in addition to sites for 400 residences of varying sizes, with views of the

course, preserved coastal wetlands, or of Salmon Creek and Albemarle Sound.

Scotch Hall Preserve is owned by Austria-based Rial Corporation and is developed and marketed by IMI, a leader in recreational and retirement real estate in North America and the Caribbean. Headed by developer-entrepreneur Mike Collins and staffed by an enthusiastic cadre of young sales associates, Scotch Hall Preserve is entering the gradually revitalizing real estate market with a bang. Billed as a family-centric waterfront community at its January 2010 debut at Washington, DC's Live South Real Estate Show, Scotch Hall Preserve could add to its credits *Golf Digest's* designation as Ninth Best New Private Course for 2009. Nick Cassini, director of golf, is a three-time All American who was rated the world's number one amateur in 2001 by *Golf Week* magazine. Cassini sees the course as versatile, challenging and player friendly. "We can alter the pin placements to be more or less difficult, and there are generous landing areas off the tees," says Cassini. When asked how Arnold Palmer was attracted to design the course, Cassini pointed out that the outstanding beauty of the setting on the water and flat topography offered Palmer an inviting blank canvas. There is a concerted effort to fit the course into the natural landscape by sculpting the sand bunkers and using native grasses in areas outside the cart paths.



Andy Hines, director of sales, and Peter Dawyot, marketing manager, also stress the preservation of the landscape as a major selling point. "Out of almost 1000 acres, only 25 percent are home sites," says Hines. "Black Walnut Creek is visible from our sales office, which is

being reconfigured to become part of our Family Club Retreat," says Dawyot. The retreat will include a swimming pool, bathhouse, drink and snack cabana, and event and sports lawn. To make Scotch Hall Preserve totally family friendly, as well as convenient for owners, the Family Club will be ringed with Retreat Cottages. "These cottages, which average about 2600 square feet, will be com-

pletely furnished," says Hines. "Even the towels will be in place when the family walks in." There are plans for a Kid's Adventure Camp and an Outdoor Pursuits Program that will offer residents the chance to get acquainted with outdoor recreational and educational opportunities nearby.

Scotch Hall Preserve's motto is "True Carolina." That sounds about right! ▣

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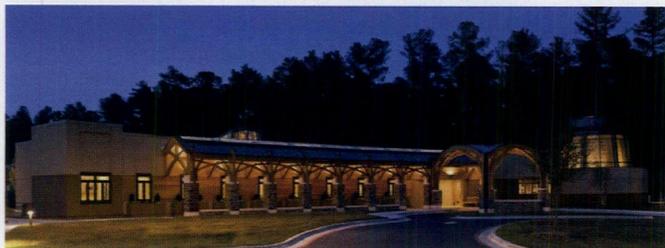
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Form + Function

by J. Michael Welton

AIA NATIONAL AWARD TO DUDA/PAINE

Calling the new **Duke Integrative Medicine** building in Durham by **Duda/Paine Architects** a beautiful project that's both powerful and effective, the **American Institute of Architects (AIA)** has awarded the firm its **National Design Award for Health Care**. The building's a "masterfully executed project where plan, finishes, materials and philosophy seem to find common ground," the AIA said when it made the award.



Duke Integrative Medicine Building by Duda/Paine Architects

Duda/Paine worked closely with its client on concept and design for the 27,000-square-foot building sited next to the 1600-acre Duke Forest. It's designed to be "an holistic endeavor that embraces mind, body and spirit," said **Turan Duda**, design partner in the firm. "Our approach to design unifies theory and practice by focusing on the human experience."

It's the first building on the Duke campus to receive a prestigious award from AIA. It's also the first medical facility in the state to receive **LEED** (Leadership in Energy and Environmental Design) certification for environmental stewardship.

.....

An entry by a team of **Appalachian State University** graduate students led by assistant professor and NC State grad **Chad Everhart** has been selected to compete in next year's **Solar Decathlon 2010** on the Mall in Washington DC.

Out of 45 entries, only 20 made it into the prestigious event.



ASU E3 by Chad Everhart and students at Appalachian State University

It's the world's largest green building competition, and ASU is the sole North Carolina school with a project in the hunt. Their building, known as **ASU E3**, will compete against teams from China, New Zealand, Belgium, Canada and other US universities. Each entry will receive a \$100,000 grant from the **Department of Energy**.

The ASU team designed the E3 as a green alternative to the FEMA trailer — a sustainable 14 foot by 34 foot mobile disaster relief shelter. It's equipped with photovoltaic panels to power the entire building, with solar thermal for hot water. It harnesses rainwater and purifies it for a bath with shower and lavatory. And a composting toilet assures no black water exits the building. It sleeps five, with two bedrooms and a daybed in the living area.

.....

In Raleigh, the **Contemporary Art Museum (CAM)** finally broke ground at 409 W. Martin St. in the downtown warehouse district on May 11. The renovated 20,000-square-foot historic warehouse-turned-museum, designed by **Clearscapes** and **Pugh + Scarpa**, soon will be the only non-collecting museum of contemporary art and design in North Carolina.

"Its location near the city's Convention Center and planned Union Station Transit Center, in addition to its innovative art and design exhibitions, will make the new museum an important cultural destination for our region," **Raleigh's Mayor Charles Meeker** said at the groundbreaking ceremony.

The new museum will house three galleries, as well as dedicated educational spaces. It will host changing exhibitions and the critically acclaimed Design Camp for high school students, while expanding existing, community-wide adult and youth art and design programming.

.....

Frank Harmon Architect PA is rapidly moving up the ladder of the annual **Architect 50** listing from **Hanley Wood's Architect** magazine. The magazine launched its twist on ranking the nation's top firms last year. It's different because it recognizes ecological commitment and design quality as much as profitability when measuring the country's best firms.

In 2009, Harmon's firm was named 26th. This year, they've come in at 13th.

.....

The summer 2010 issue of **Modern** magazine, by **Brant Publications** out of New York, dedicates six pages to a retrospective look at Raleigh's legacy of mid-century moderns designed by **William Deitrick**, **James Fitzgibbon**, **Henry Kamphoefner**, **George Matsumoto**, **Matthew Nowicki**, **Bryan Shawcroft** and **Milton Small**. Also featured is the new **North Carolina Museum of Art** by **Thomas Phifer**. **MM**

Mike Welton also writes a blog on architecture and the people who make it possible at: www.architectsandartisans.com.

The Walk Along the Waterway

Molly And Richard Rohde's White Oak Road Garden

By Helen Yoest

White Oak Road in Raleigh is a Sunday drive destination where you pass lovely homes wending from Lassiter Mill Road to Fairview Road near Five Points.

For the last three years, Richard and Molly Rohde have been building a garden behind their large home on White Oak not copied from a magazine or seen on TV. Rather, this garden is original to the Rohde's style and nicely complements their property.

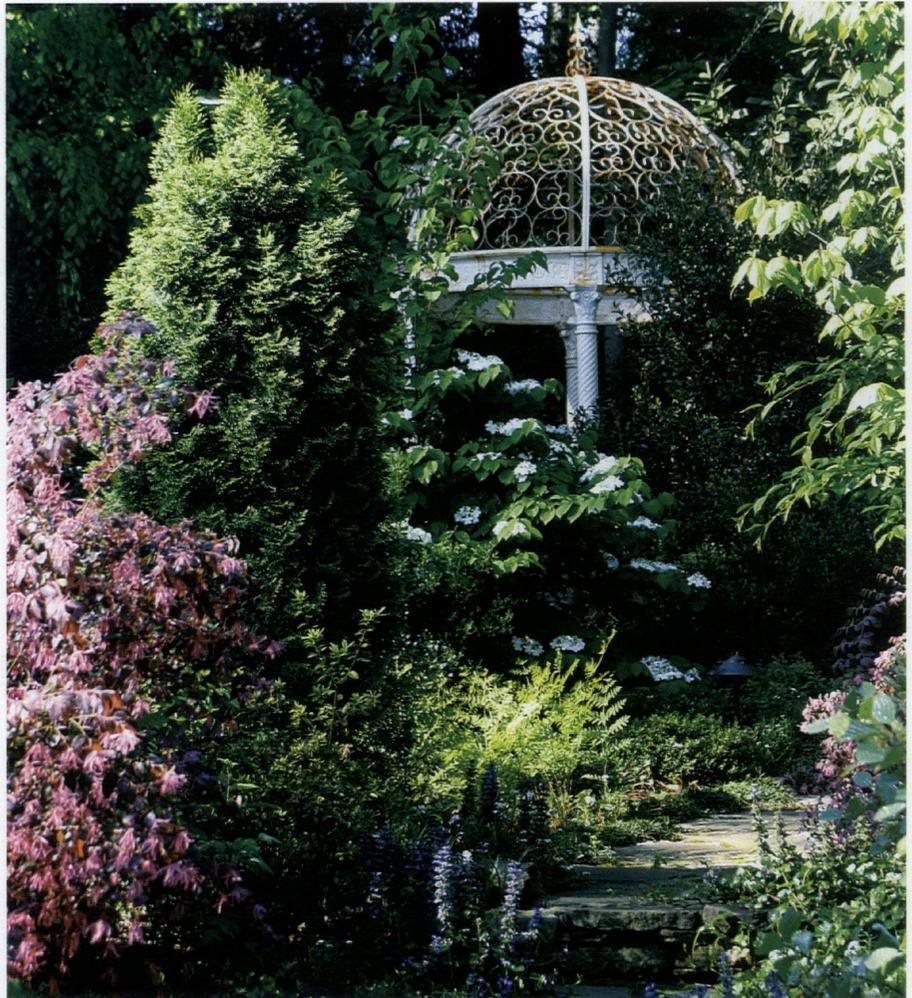
The long driveway is lined in white Azaleas, a springtime display that pleases the senses. The never pruned English boxwoods billow into view, a rare sight to see in their natural state taking on a desirable look of clouds touching the ground.

The main gardens are in the back of this nearly three-acre estate. The lower patio holds a fountain and entrance areas leading into garden rooms. There are more arbors throughout the gardens serving as portals to secret gardens for more discovery and pleasure. At the entrance of one portal are antique gates given to Richard as a special anniversary gift from his wife.

The center view leads the eye up where a rose-covered arbor awaits at the top entrance of the tiered lawn with another fountain ready to greet you. Set within the lawn areas are specimen trees, including towering Asian Fur and the most intriguing Dawn Redwood with a unique history.

Applying original vision, the Rohdes worked out the details of creating a natural walk area with a stream fed from a pond at the top of the garden. As you journey to the water source, other smaller ponds holding Koi and other fish invite you to pause and reflect.

The waterway takes you on a lighted, stone-paved journey to admire and enjoy the unique plants on either side of the walk with the waterway serving as your constant companion.



The walk along the waterway leads to the restful gazebo that offers a lovely view of the gardens.

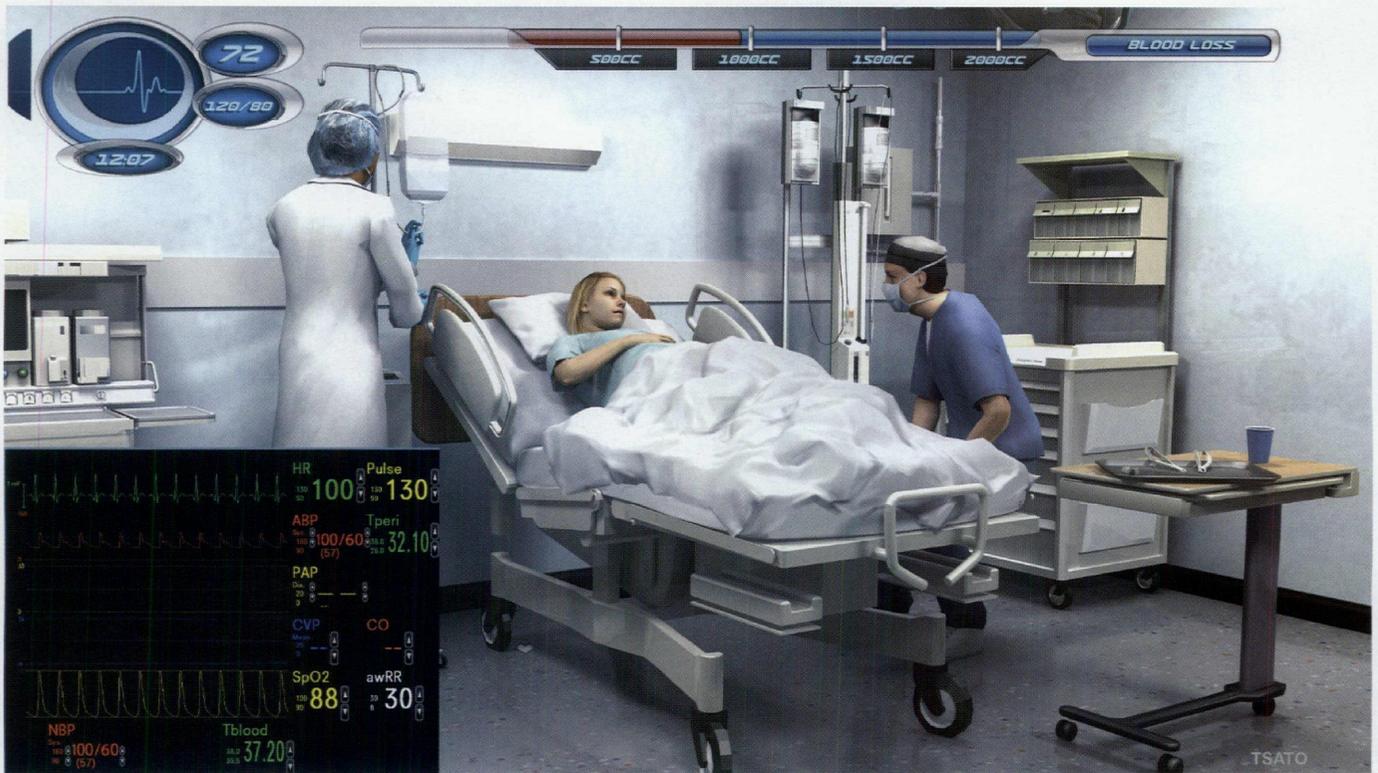
Lined with trees, shrubs, perennials and ground covers, the waterway has points in the path where the stream disappears, covered with a fern or the branching arms of Solomon's Seal. Tucked here and there and at nearly every step, garden joy awaits.

While just over four years old, the plantings are lush and seemingly mature, announcing their intent to stay to provide pleasure along the waterway.

Little Gem Magnolias, Camellias and Peonies dot the path with a weeping Bald

Cypress arching over to the other side. Plantings of Azaleas, Wiegela and Iris add spring color, providing a cool respite from the summer heat. During every month of the year, Molly is able to cut flowers from her garden to make into exquisite floral arrangements.

At the conclusion of the waterway walk, a gazebo awaits — providing a place to reflect and listen to the wildlife. The gazebo is guarded by 19th century, moss-covered stone lions, providing a note that makes this garden sing. ▣



Virtual Heroes Assist Medical Emergencies

by Rick Smith

In his first life, Jerry Heneghan was a Cold War warrior, trained as an Apache combat helicopter pilot to kill Soviet troops attacking through the Fulda Gap into West Germany.

In his second life, Heneghan is seeking to save lives.

Heneghan is the managing director of Raleigh-based Virtual Heroes that works with Duke University to transform how medical students are trained. The firm uses cutting edge video game technology that provides virtual reality and 3-D in a proprietary package known as "HumanSim."

Heneghan and Virtual Heroes are recognized as pacesetters in the emerging field known as "serious games" — video games and interactive tools designed to educate in an immersive, interactive, online environment. Serious games are also called Advanced Learning Technologies, and Heneghan is a big believer in their poten-

tial to educate and train.

"Advanced Learning Technologies, or ALT, leverages simulation learning and digital-games-based learning to accelerate education, increase proficiency and reduce training costs," he said. "Well-designed serious games (computer game technology used for training and education purposes), simulations for learning and virtual worlds, teach by stimulating the imagination, sparking curiosity, fostering discussion and encouraging a spirit of competitive exploration across a variety of domains."

Virtual Heroes made its early claim to fame as the developer of "America's Army," a video game designed in 2002 for the Pentagon to train American soldiers how to fight using simulators and computers rather than live rounds, actual Apaches and real tanks.

A decade later, the company Heneghan

built is part of a much larger company, Applied Research, and is on a broader path. Not only has the company worked with Duke to develop virtual training tools, but it is also developing a space exploration to Mars game for NASA.

Heneghan's latest project recently announced with Duke also involves technology developed by another Triangle firm — Cary-based Epic Games. The Duke-Virtual Heroes project is utilizing the video game engine developed by Epic called Unreal 3, which provides the electronic processing power needed to generate 3-D images in a real-time experience.

Duke earlier chose to work with Virtual Heroes to develop 3DiTeams, a first-person video game for medical education.

The new initiative focuses on health-care team communication training; medical device and pharma product education;

patient education; medical re-certification; clinical trial education; continuing medical education courses; and healthcare quality assurance training.

In announcing the partnership with Virtual Heroes, Duke Assistant Dean for Educational Technology Jeffrey Taekman declared “a shared commitment to advancing and improving medical education and training.”

“The Virtual Heroes team has deep experience, a state-of-the-art HumanSim technology platform, access to all the resources of Applied Research Associates, and an exciting vision for growth,” Taekman explained. “We are pleased to be partnering with them to develop what we believe will be the next generation of sophisticated tools to enhance learning among medical students and help students and trainees hone their clinical skills.”

Having worked with Duke in the past, Heneghan noted that the university offered its own strengths to make the project a potential success.

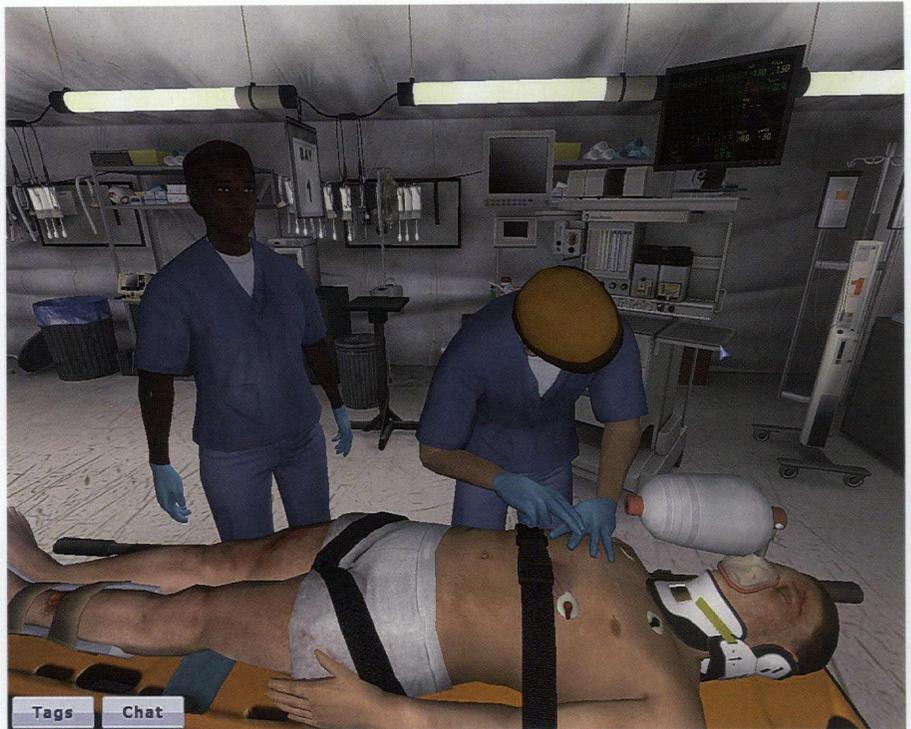
“Duke is bringing many things to this relationship, including their reputation for excellence, the Duke Human Simulation and Patient Safety Center, clinical and regulatory expertise, research expertise, and human factors engineering expertise,” he explained.

In its own ways, Duke has pioneered simulation training with projects dating back several years. Taekman and Heneghan conceived the 3DiTeams project, which is managed by Duke’s own Human Simulation and Patient Safety Center. (Taekman, a medical doctor, is also a professor of anesthesiology.) Duke’s own virtual learning efforts also include a distance education project focused on health care.

At the core of the project is Virtual Heroes’ HumanSim technology. The process combines a scenario, patient, medical devices, psychological models, an injury database and protocols into a virtual interactive world to replicate real-world medical emergencies or procedures.

Just as Heneghan and company helped combat soldiers deal with ambushes and aerial attacks, now they help doctors and emergency technicians learn in advance how to handle medical emergencies.

Tackling life-threatening health issues is not new for Virtual Heroes. The com-

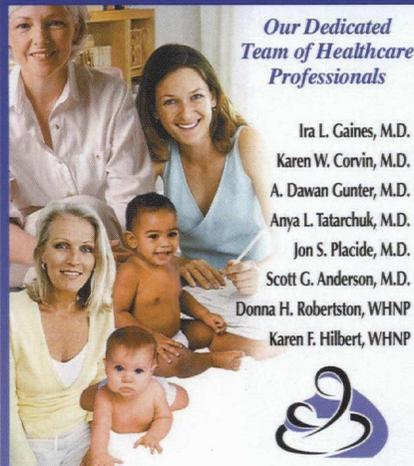


pany also helped create a game, “Re-Mission 2,” for the Lance Armstrong-backed HopeLab.” It has designed programs to help young cancer patients deal with the challenges they are going to face

in combating the disease. Players learn that their mission — to beat the killer in their body — is not impossible.

Virtual Heroes also developed a game for use in Africa to help educate people

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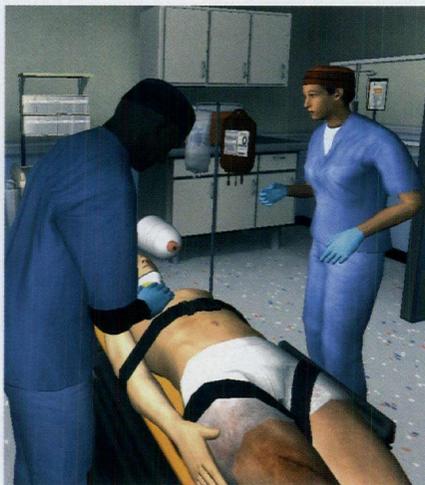
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“Advanced Learning Technologies, or ALT, leverages simulation learning and digital-games-based learning to accelerate education, increase proficiency and reduce training costs.”

— Jerry Heneghan

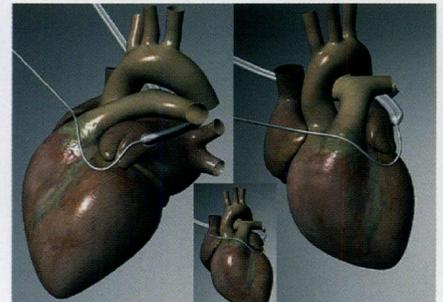
about the danger of AIDS. And in another Duke-related project, Virtual Heroes helped develop a “Virtual Peace” simulation in which students, wearing headsets and connected via laptops, conducted role-playing scenarios focused on peace-keeping missions.



“We’re trying to train people how to collaborate in groups — particularly in internationally sensitive situations,” said Duke Professor Tim Lenoir about “Virtual Peace” at the time of the launch. “The goal is to create an environment where people can practice their negotiation skills — and it’s a whole lot better use of the gaming

engine than shooting ‘em up.”

Heneghan also believes serious games can improve general education: “Long-term competitiveness requires a skilled workforce,” he said at a learning conference. “The ability of our children to compete and prosper in the 21st century continues to decline. Comparing our competence with that of other nations in math, science, computer literacy and engineering — 21st century equivalents of the three R’s — we are becoming less competitive. To compete in a knowledge economy, high-tech industries require these particular skills.”



HUMAN SIM

For more, go to: <http://simcenter.duke.edu/projects> and to the Duke University Human Simulation and Patient Safety Center (www.virtualheroes.com). **MM**



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Triangle Real Estate Market Continues To Show Signs Of Recovery

by Rick Smith

Real estate veterans Smedes York and John Kane look at recent statistics, gauge the state of their own business and that of friends, and say they see some positive signs in the Triangle area market.

With interest rates at record lows, homes are selling. However, the federal tax credits of up to \$8000 for home buyers are over, and the economic recovery limps along. New statistics show North Carolina unemployment remains north of 10 percent and higher than the national average, but at least in the Triangle rates have fallen below recent record highs.



Kane

"I would rather be in this market than about any other," said York, the scion of the York real estate empire that began with the Cameron Village shopping center in 1949. "It's picking up."

"We certainly are better off than six months or a year ago."

Kane, the developer of the "new" North Hills, predicts a continued rebound of the economy. "I think they have stabi-

lized," Kane said of housing sales. "We should see moderate growth in the short term."

But he did add a note of caution: "The recovery will be slow and shallow."

York stressed positives about the Triangle — its high-tech sector, which the North Carolina Technology Association recently reported has produced increased openings for information technology jobs.

The region also continues to recruit new firms, such as mobile technology firm Garmin and smartphone developer Research in Motion. Other companies, such as EMC and Cree, are expanding. These additions have helped offset cutbacks at Nortel and the loss of Sony Ericsson's North American headquarters, which moved to Atlanta.

"The good news," York said, "is that we are growing."

According to the Triangle Multiple Listing Service (MLS), home sales in May jumped 28 percent from a year ago to 2498 units. Of those, 1358 were sold in Wake County, which was a jump of 30 percent.

The average sale price did dip by 1 percent from May 2009 to \$224,473, indicating the continuing pressure on prices. However, prices in Wake County climbed

an average of 1.3 percent to \$245,560.

New listings did decline from March and April, which topped 5000, to 3742. Some 1928 homes were listed in Wake. People were looking in May, with 53,105 showings across the Triangle, a jump of 30 percent from a year earlier.

SALES ACROSS REGION GENERALLY STRONG

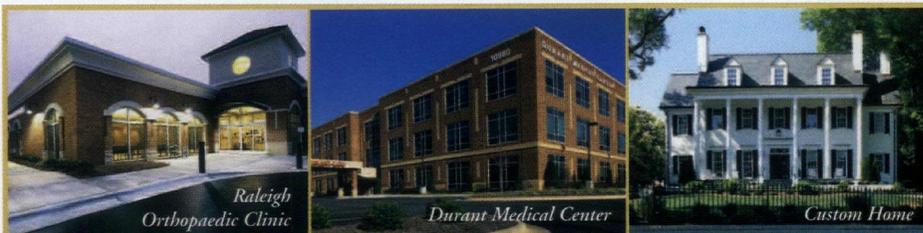
NC Association of Realtors data for Eastern NC showed strong surges in many markets in the spring from a year earlier:

- Fayetteville, up 6 percent
- Goldsboro, up 100 percent (100 total sales)
- Greenville, up 58 percent
- Outer Banks, up 41 percent
- Rocky Mount, up 30 percent
- Wilmington, up 47 percent

Sales did decline 13 percent in Pinehurst.

HELP STILL NEEDED, EXECS SAY

Kane believes the April 30 termination of the federal incentives will hurt sales in months ahead. "Sales for May dropped dramatically after the program ended," Kane said. "They stopped [the program] too soon. The market still needs help."



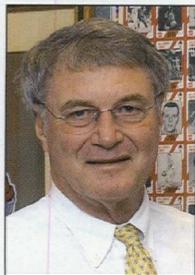
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York concurred.

"That federal program did have an impact," he explained. "The idea was to create some momentum, which it did. But," York added, "you can't expect something like that to continue forever."



York

Congress is discussing extending by three months the deadline for closing of housing contracts that were being processed but were not completed by April 30. And interest rates continue to remain low, although agencies Fannie Mae and Freddie Mac did report a slight increase in early June. "Yes, that is helping," Kane said of the interest rates. "But you must have good credit."

The credit crunch is something that businesses and consumers continue to confront as lenders remain skittish about making deals. York points out that the real estate market has "improved moderately over last year" with the help of interest

rates and incentives. "March was a very good month. April and May were even better."

Statistics from the Triangle MLS for March, April and May compared to a year ago show how the market has exhibited growth:

New Listings:

- March: 5585 (up 28 percent)
- April: 5124 (up 25 percent)
- May: 3742 (up 0.5 percent)

Sales:

- March: 1793 (up 11 percent)
- April: 2266 (up 32 percent)
- May: 2498 (up 28 percent)

Average sales price:

- March: \$221,839 (down 2.4 percent)
- April: \$219,738 (up 5.5 percent)
- May: \$224,473 (down 1 percent)

Sale price percentage of listing price:

- March: 96.4 percent
- April: 96.8 percent
- May: 96.7 percent

Days on market average:

- March: 105 days
- April: 100 days
- May: 101 days

Inventory:

- March: 18,372
- April: 18,319
- May: 18,822

The Triangle MLS calculates the home inventory supply at seven months, down from eight months in May 2009. As the average price figure indicates, Kane and York both said homes under \$300,000 are in highest demand. "Demand is still weak for homes over \$400,000," York added.

A weak spot in the real estate market remains condominium sales, however.

"It will be a while before condos recover," Kane said. He predicted a "slow recovery."

Go to the NC Association of Realtors (www.ncrealtors.org/market_statistics.cfm) and the Triangle MLS website (www.trianglemls.com), for more information and updated statistics and trends. **MM**

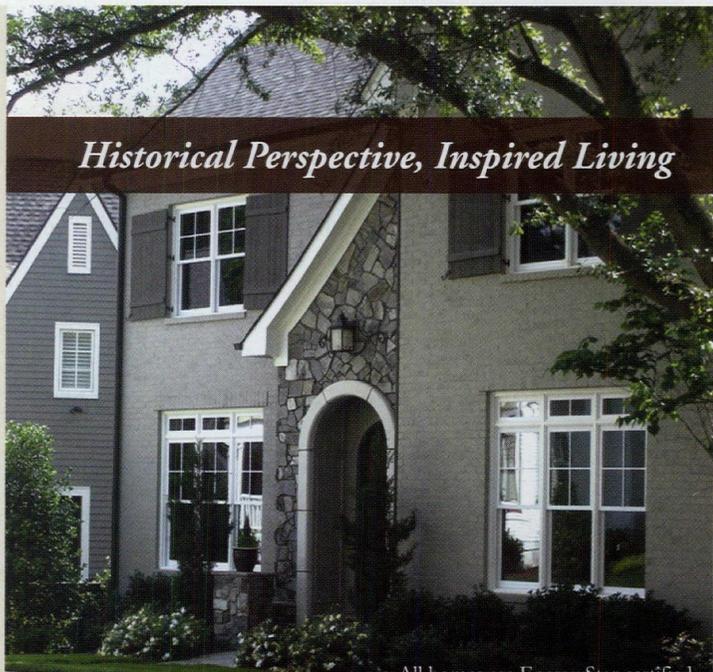


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Master Investor Looks Northeast

Steve Stroud has big plans for second-home community near Edenton on Albemarle Sound

by Jim Hughes

In a career spanning more than four decades, Steve Stroud has built a reputation as one of North Carolina's most astute real estate investors, navigating turbulent markets with a cool hand and a preternatural sense of timing. Over the years, he has successfully uncovered underperforming properties and turned them into money-makers.

So where's the latest play from Raleigh's master investor? Albemarle Plantation, an 1100-acre marina and golf community on the Albemarle Sound near Edenton, NC, in northeastern North Carolina. Last summer, Stroud and two Greenville-based partners — oil man Walter Williams and former state Sen. Tom Taft — purchased the community's amenities, its remaining inventory of roughly 150 home sites, and more than 1500 acres of prime waterfront property for future development.

At first glance, Stroud's move into northeastern North Carolina might seem a curious choice. For years, it was the state's forgotten corner, largely overlooked in the big coastal build-up of the previous decade. It was easy to see why. Getting there was a slow nightmare of two-lane roads and small-town speed traps. No wonder most of the Triangle's second-home buyers headed south to Wilmington and Brunswick County or east to Morehead City and Atlantic Beach.

Today, with the new Highway 64 Bypass from Raleigh to Williamston and the four-lane connector from there to the Virginia line, northeastern North Carolina can compete on equal terms. It's actually faster to get to Edenton than Southport. Suddenly a vacation or retirement home in northeastern North Carolina starts making a lot of sense. And so does Stroud's decision to invest there.

But improved accessibility is just part of the story. When Stroud and his partners came to Albemarle Plantation, they found an established community with a full array of amenities already in place and fully paid for. That's a huge advantage with today's buyers, who are no longer inclined to bet on the come.

The featured amenity is a fully equipped, 212-slip marina that can accommodate boats up to 80 feet in length. It's also home to a Dan Maples signature golf course — one of a handful of North Carolina courses with a four-and-a-half star rating from *Golf Digest* — plus a refurbished clubhouse offering fine and casual dining.

Already 450 families call Albemarle Plantation home, an active bunch who take their leisure time seriously with over 200 member-driven clubs and programs, ranging from canoeing and kayaking to gardening and cooking.

"When you bundle everything we've got here — the location, the amenities and the people — Albemarle Plantation is truly as good as any place on the Carolina coast, and a lot better than most," Stroud said.

"It's also a great value," he said. "You can buy and build here for considerably less than our competitors."

Stroud and his partners have plans to make Albemarle Plantation even more appealing to a new generation of buyers. First up will be a new Wellness Center, with spa treatment facilities, exercise equipment and even a helipad for medical emergencies. By fall, a



new neighborhood will be launched, featuring 30 canal-front home sites priced from \$70,000, with house/lot packages under \$300,000.

Next year, the community will launch the first phase of prime home sites along the Perquimans River, with prices starting around \$500,000. In addition, plans will be unveiled for the Albemarle Plantation Town Center — inspired by the Neo-Traditional design of Seaside, FL — with a blend of commercial, retail and residential properties.

After years of neglect, northeastern North Carolina is finally coming to life. Albemarle Plantation heralds a new chapter for the region, with the potential to spur development of similar communities, creating jobs and increasing the tax base. It won't take long to find out if Stroud's magic touch is once again right on the money. **MM**

M E T R O BRAVO

By Dan Reeves, Maury Poole

Spirited, that's the term that best describes the voting for the winners of the annual MetroBravo Awards.

Readers select carefully in dozens of categories and submit their choices to our team of counters, producing results that range from the obvious to the surprising.

Each year, established previous winners are toppled to be replaced by newcomers that have gone the extra mile to impress readers. This year is no exception, so sit back and examine the results. And if your favorite did not win, make a note to vote next year.

Congratulations to the winners — and thanks to our readers for making the MetroBravo Awards the very best measure of the “best” from the Triangle to the coast.

FOOD & DRINK

RESTAURANT

STANDING OVATION

18 Seaboard, Raleigh

METROBRAVO

Vivace, Raleigh

HONORABLE MENTION

The Angus Barn, Raleigh

Vinnie's Steakhouse & Tavern, Raleigh

NEW RESTAURANT

STANDING OVATION

Busy Bee Café, Raleigh

METROBRAVO

Giorgio Restaurant and Bar, Cary

HONORABLE MENTION

Sauced, Raleigh

ROMANTIC RESTAURANT

STANDING OVATION

Second Empire Restaurant & Tavern, Raleigh

METROBRAVO

Vinnie's Steakhouse & Tavern, Raleigh

HONORABLE MENTION

Bloomsbury Bistro, Raleigh

Midtown Restaurant & Bar 115, Raleigh

RESTAURANT FOR TAKE-OUT

STANDING OVATION

Red Dragon Chinese Restaurant, Raleigh

METROBRAVO

Outback Steakhouse, Triangle-wide

NEW RESTAURANT

BUSY BEE CAFÉ

225 S. Wilmington St.

Raleigh, NC 27601

www.busybeeraleigh.com

Whether you're looking for a warm cup of coffee just before work, in the mood to enjoy a trendy yet affordable lunch menu — or just want to relax outside on a roof-top patio, check out Busy Bee Café on Wilmington Street. Opened just over a year, Busy Bee offers a variety of menu items in different atmospheres, including a downstairs dining room, mezzanine or upstairs bar and patio — better known as The Hive. Famous for their beer selection, they urge you to try a new bottle or drafted beer tapped over the weekend: “They put the BEE in beer.”



KINSLEY DEY

Busy Bee Café

HONORABLE MENTION

Pei Wei, Cary and Raleigh
Pharaoh's, Raleigh

RESTAURANT FOR POWER LUNCH

STANDING OVATION

Winston's Grille, Raleigh

METROBRAVO

18 Seaboard, Raleigh

HONORABLE MENTION

Coquette, Raleigh
Glenwood Grill, Raleigh

RESTAURANT FOR SPECIAL OCCASIONS

STANDING OVATION

The Angus Barn, Raleigh

METROBRAVO

Second Empire Restaurant & Tavern, Raleigh

HONORABLE MENTION

18 Seaboard, Raleigh
Vinnie's Steakhouse & Tavern, Raleigh

PLACE TO TAKE THE KIDS

STANDING OVATION

Chick-fil-A, Triangle-wide

METROBRAVO

Moe's, Triangle-wide

HONORABLE MENTION

Mellow Mushroom, Triangle-wide
Red Robin, Triangle-wide

PLACE TO GO WITH A CROWD

STANDING OVATION

Kanki, Raleigh

METROBRAVO

The Pit, Raleigh

HONORABLE MENTION

Fat Daddy's, Raleigh
Winston's Grille, Raleigh



KINSLEY DEY

HEALTHY LUNCH

STANDING OVATION

The Irregardless Café, Raleigh

METROBRAVO

Sunflowers Café, Raleigh

HONORABLE MENTION

Neomonde Deli, Triangle-wide
Zoës Kitchen, Raleigh

SPECIALTY FOOD STORE

STANDING OVATION

Whole Foods Market, Triangle-wide

METROBRAVO

A Southern Season, Chapel Hill

HONORABLE MENTION

The Fresh Market, Triangle-wide
Trader Joe's, Triangle-wide

BREAKFAST

STANDING OVATION

Brigs Restaurant, Triangle-wide

METROBRAVO

The Flying Biscuit Café, Raleigh

NEW RESTAURANT

GIORGIO

4300 NW Cary Parkway
Cary, NC 27513

www.ghgrestaurants.com/giorgio/index.html



KINSLEY DEY

Specializing in "New Mediterranean" cooking, Giorgio Restaurant in Cary offers cuisine reflecting the fresh and healthy style of the Mediterranean Sea. Sourcing most of their food from local farmers, the menu is changed based on the seasonality of ingredients, categorizing Giorgio as a true "farm to fork" restaurant. Seafood is the focal point, and they cook "A la Plancha," a Spanish cooking method using a hot metal griddle. Enjoy nightly drink specials, live music on the weekends and a recently added tapas menu available in the bar. Private and semi-private lounge available.



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The Irregardless Café

The Irregardless Café is the place to go when a healthy lunch is what your palate desires — or your diet requires. Thirty-five years before “green” was used to describe an all-encompassing lifestyle of things good and healthy, Arthur Gordon’s dream to open a restaurant with the same attitude had come to fruition. A no-brainer for *Metro* foodies, The Irregardless offers an ever-changing menu with delicious blackened shrimp and apple salad to pita bread pocket sandwiches packed with avocado, cucumber, shredded white cheddar cheese, Lemon Tahini and Asian spring mix. Items are created with freshly prepared ingredients from the farmers’ market and other dispensaries of local produce. www.irregardless.com.



Irregardless Café

KINSLEY DEY

Sunflowers Café

Now well into their third decade, Sunflowers is still serving a winning combination of healthy sandwiches, salads and delicious soups. Located at 8 W. Peace St. in front of Seaboard Station, downtowners at work and play flood the restaurant at peak lunch hours for the hometown atmosphere and delectable eats. <http://sunflowersraleigh.com>



Sunflowers Café

KINSLEY DEY

Zoës Kitchen

As with all Mediterranean diets, the basic building blocks are fresh vegetables, cheeses and olive oils with produce and fish. The foundation of Zoës Kitchen is a recipe of fresh ingredients that, if consumed in moderation, constitutes a well-balanced diet. *Metro* readers continue to cheer for Zoës Kitchen year after year for their inexpensive healthy cuisine, great location, friendly staff and fast service. www.zoeskitchen.com.



KINSLEY DEY

HONORABLE MENTION

Big Ed’s City Market Restaurant, Raleigh
Elmo’s Diner, Durham and Carrboro

COASTAL RESTAURANT

STANDING OVATION

Dockside Restaurant & Marina, Wilmington

METROBRAVO

Blue Moon Bistro, Beaufort

HONORABLE MENTION

Jerry’s Food, Wine, & Spirits, Wilmington
Oceanic, Wilmington

OUTDOOR DINING

STANDING OVATION

Vivace, Raleigh

METROBRAVO

Mellow Mushroom, Triangle-wide

HONORABLE MENTION

Lilly’s Pizza, Raleigh
The Weathervane, Chapel Hill

DELI

STANDING OVATION

Village Deli, Triangle-wide

METROBRAVO

Jason’s Deli, Triangle-wide

HONORABLE MENTION

McAlister’s, Triangle-wide
Tropical Smoothie Café, Raleigh

COFFEEHOUSE

STANDING OVATION

Starbucks, Triangle-wide

METROBRAVO

Third Place Coffeehouse, Raleigh

HONORABLE MENTION

Cup A Joe, Raleigh
Helios, Raleigh

SPORTS BAR

STANDING OVATION

Carolina Ale House, Triangle-wide

METROBRAVO

Fox and Hound Pub and Grille, Raleigh

HONORABLE MENTION

Champs, Durham and Raleigh
Tobacco Road Sports Café, Raleigh

PLACE WITH BEST COCKTAIL MENU

STANDING OVATION

Bogart’s American Grill, Raleigh

METROBRAVO

Vivace, Raleigh

HONORABLE MENTION

Sullivan’s Steakhouse, Raleigh
The Umstead Bar, Cary

CATERER

STANDING OVATION

LadyFingers Caterers, Raleigh

METROBRAVO

Catering Works, Raleigh

HONORABLE MENTION

Chef Mario’s Inc., Raleigh
Mitchell’s Catering, Raleigh

CHEF

STANDING OVATION

Jason Smith, 18 Seaboard, Raleigh

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METROBRAVO

John Toler, Bloomsbury Bistro, Raleigh

HONORABLE MENTION

Ashley Christensen, Poole's Diner, Raleigh
Walter Royal, The Angus Barn, Raleigh

WAIT STAFF

STANDING OVATION

Vinnie's Steakhouse & Tavern, Raleigh

METROBRAVO

Winston's Grille, Raleigh

HONORABLE MENTION

Coquette, Raleigh
The Angus Barn, Raleigh

FRENCH CUISINE

STANDING OVATION

Coquette, Raleigh

METROBRAVO

Saint-Jacques French Cuisine, Raleigh

HONORABLE MENTION

Bonne Soirée, Chapel Hill
Provence, Carrboro

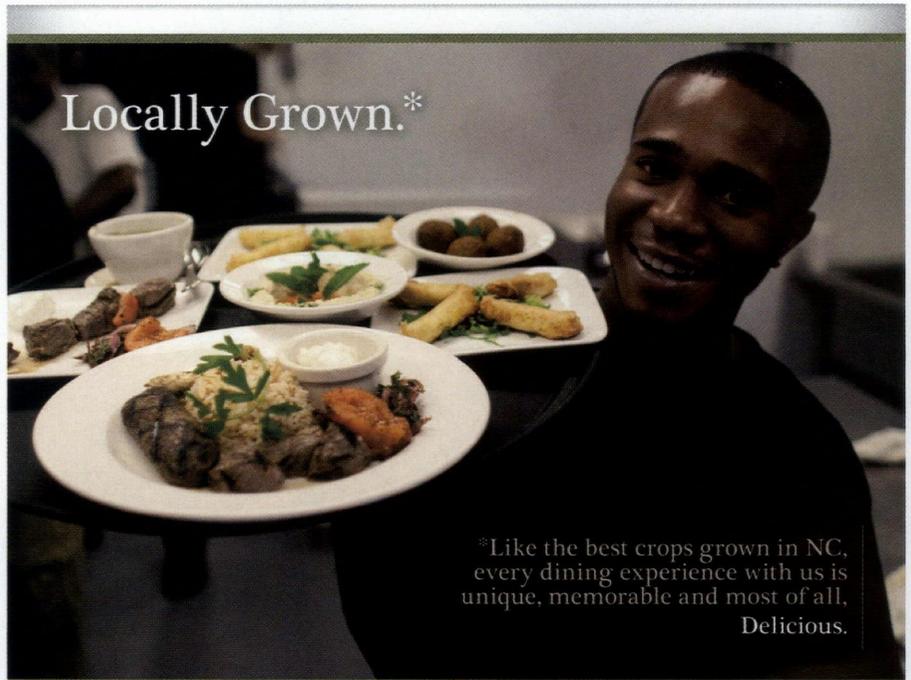
ITALIAN CUISINE

STANDING OVATION

Vivace, Raleigh

METROBRAVO

Casa Carbone Ristorante, Raleigh



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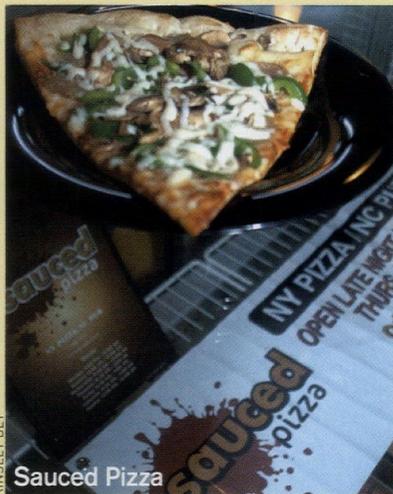


www.empireeats.com

NEW RESTAURANT

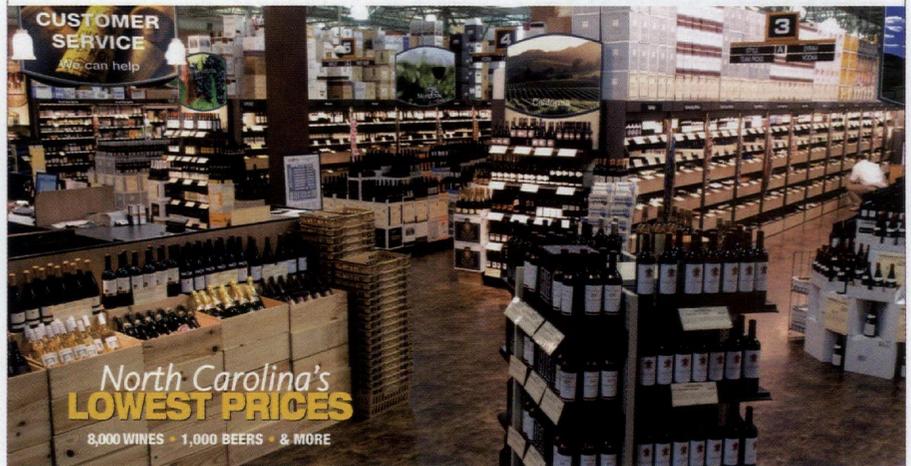
SAUCED

410 Glenwood Ave. #350
Raleigh, NC 27603
www.saucedpizza.com



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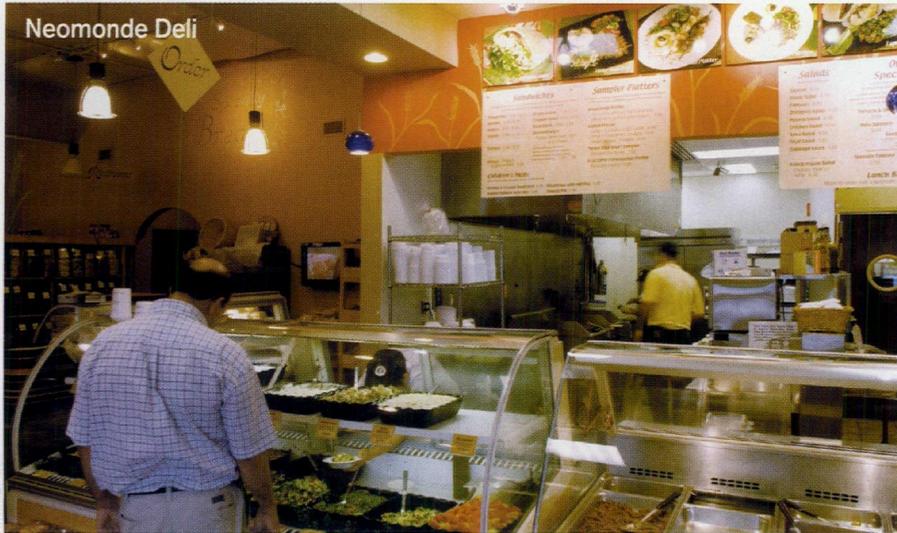
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KINSLEY DEY

HONORABLE MENTION

Café Tiramisu, Raleigh
Piccola Italia, Raleigh

MEXICAN CUISINE

STANDING OVATION

Dos Taquitos Mexican Restaurant, Raleigh

METROBRAVO

El Rodeo Mexican Restaurant, Triangle-wide

HONORABLE MENTION

Jibarra Modern Mexican Tequila Lounge, Raleigh
MEZ, Durham

CHINESE CUISINE

STANDING OVATION

Red Dragon Chinese Restaurant, Raleigh

METROBRAVO

PF Chang's China Bistro, Triangle-wide

HONORABLE MENTION

Neo-China Restaurant, Triangle-wide

SUSHI

STANDING OVATION

Mura Japanese Restaurant, Raleigh

METROBRAVO

Waraji Japanese Restaurant, Raleigh

HONORABLE MENTION

Sushi Blues Café, Raleigh
Sushi-Thai, Cary and Raleigh

APPETIZERS

STANDING OVATION

The Red Room Tapas Lounge, Raleigh

METROBRAVO

The Raleigh Times, Raleigh

HONORABLE MENTION

Humble Pie, Raleigh
Sullivan's Steakhouse, Raleigh

BARBECUE/ RIBS

STANDING OVATION

The Pit, Raleigh

METROBRAVO

Allen & Son, Chapel Hill

HONORABLE MENTION

Cooper's BBQ & Catering, Raleigh
Danny's Bar-B-Que, Triangle-wide

HOT DOG

STANDING OVATION

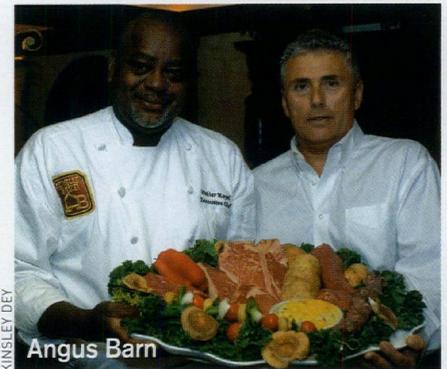
Snoopy's Hot Dogs, Raleigh

METROBRAVO

The Roast Grill, Raleigh

HONORABLE MENTION

Pharaoh's, Raleigh
Char-Grill, Cary and Raleigh



KINSLEY DEY

Angus Barn

HAMBURGER

STANDING OVATION

Five Guys Famous Burgers and Fries,
Triangle-wide

METROBRAVO

Char-Grill, Cary and Raleigh

HONORABLE MENTION

Mojoe's Burger Joint, Raleigh
Red Robin, Triangle-wide

FRENCH FRIES

STANDING OVATION

Five Guys Famous Burgers and Fries,
Triangle-wide

METROBRAVO

Char-Grill, Cary and Raleigh

HONORABLE MENTION

Snoopy's Hot Dogs, Raleigh
McDonald's, Triangle-wide

WINGS

STANDING OVATION

Buffalo Wild Wings, Knightdale and Garner

METROBRAVO

Hooters, Morrisville and Raleigh

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FROM THE TRIANGLE TO THE COAST

BEST EGGS BENEDICT

RALEIGH - DURHAM - CARY - WAKE FOREST

HONORABLE MENTION

Crowley's, Raleigh
High Park Bar and Grill, Raleigh

PIZZA

STANDING OVATION

Mellow Mushroom, Triangle-wide

METROBRAVO

Lilly's Pizza, Raleigh

HONORABLE MENTION

Capital Creations Gourmet Pizza, Raleigh
Piccolo Italia, Raleigh

STEAKS

STANDING OVATION

The Angus Barn, Raleigh

METROBRAVO

Sullivan's Steakhouse, Raleigh

HONORABLE MENTION

Ruth's Chris Steakhouse, Cary
Vinnie's Steakhouse & Tavern, Raleigh

SEAFOOD

STANDING OVATION

42nd Street Oyster Bar, Raleigh

METROBRAVO

Squid's Restaurant and Oyster Bar, Chapel Hill

HONORABLE MENTION

18 Seaboard, Raleigh
Shuckers Oyster Bar & Grill, Wake Forest

OYSTERS

STANDING OVATION

42nd Street Oyster Bar, Raleigh

METROBRAVO

Squid's Restaurant and Oyster Bar, Chapel Hill

HONORABLE MENTION

Shuckers Oyster Bar & Grill, Wake Forest
Tony's Bourbon Street Oyster Bar, Cary

DESSERT

STANDING OVATION

Hayes-Barton Dessertery & Café, Raleigh

METROBRAVO

The Cheesecake Factory, Durham and Raleigh

HONORABLE MENTION

Heregthy Heavenly Delicious, Raleigh
Francesca's Dessert Café, Durham

BRUNCH

STANDING OVATION

Coquette, Raleigh

METROBRAVO

NOFO Café, Raleigh and Wilmington

HONORABLE MENTION

Poole's Diner, Raleigh
Winston's Grille, Raleigh

SMOOTHIES

STANDING OVATION

Tropical Smoothie Café, Raleigh

METROBRAVO

Keva Juice, Raleigh

HONORABLE MENTION

Planet Smoothie, Triangle-wide
Smoothie King, Triangle-wide

EGGS BENEDICT

STANDING OVATION

Brigs Restaurant, Triangle-wide

METROBRAVO

NOFO Café, Raleigh and Wilmington

HONORABLE MENTION

Coquette, Raleigh
Winston's Grille, Raleigh

FRIED CHICKEN

STANDING OVATION

Bojangles' Famous Chicken 'n Biscuits,
Triangle-wide

METROBRAVO

Kentucky Fried Chicken, Triangle-wide

HONORABLE MENTION

Mama Dip's Kitchen, Chapel Hill
Smithfield Chicken 'N Bar-B-Q, Triangle-wide

MARGARITA

STANDING OVATION

Dos Taquitos Mexican Restaurant, Raleigh

METROBRAVO

Mellow Mushroom, Triangle-wide

HONORABLE MENTION

Antina 18, Raleigh
Chili's, Triangle-wide

MARTINI

STANDING OVATION

Sullivan's Steakhouse, Raleigh

METROBRAVO

Vinnie's Steakhouse & Tavern, Raleigh

HONORABLE MENTION

Bogart's American Grill, Raleigh
The Umstead Bar, Cary

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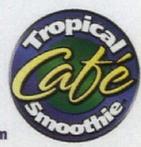
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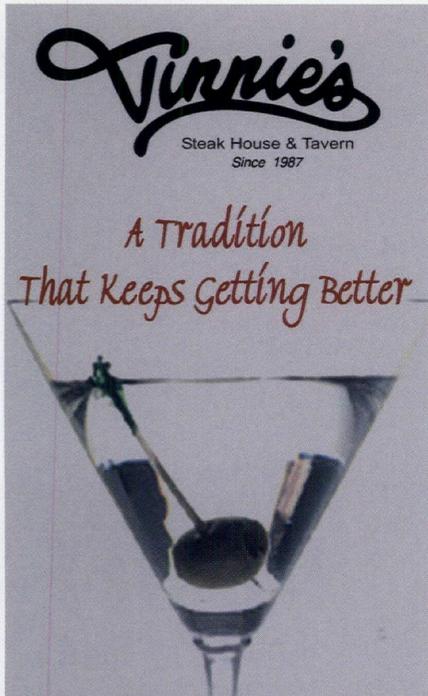
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BLOODY MARY
STANDING OVATION
NOFO Café, Raleigh and Wilmington
METROBRAVO
Herons at The Umstead, Cary
HONORABLE MENTION
Coquette, Raleigh
The Raleigh Times Bar, Raleigh

COSMOPOLITAN
STANDING OVATION
Bogart's American Grill, Raleigh
METROBRAVO
Herons at The Umstead, Cary
HONORABLE MENTION
Vinnie's Steakhouse & Tavern, Raleigh
Sullivan's Steakhouse, Raleigh

BEER
STANDING OVATION
Flying Saucer Draught Emporium, Raleigh
METROBRAVO
Carolina Ale House, Triangle-wide
HONORABLE MENTION
Carolina Brewery, Chapel Hill and Pittsboro
Village Draft House, Raleigh

WINE
STANDING OVATION
Studio 91, Chapel Hill
METROBRAVO
The Angus Barn, Raleigh
HONORABLE MENTION
Sullivan's Steakhouse, Raleigh
Savoy, Raleigh

NC VINEYARD/WINERY
STANDING OVATION
Biltmore Estate, Asheville
METROBRAVO
Childress Vineyards, Lexington
HONORABLE MENTION
Duplin Winery, Rose Hill
Chatham Hill Winery, Cary/Morrisville

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BOTTLED WATER
STANDING OVATION
Deer Park
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STANDING OVATION
Grey Goose

METROBRAVO
Ketel One
HONORABLE MENTION
Absolut
SKYY

BOURBON/WHISKEY
STANDING OVATION
Maker's Mark
METROBRAVO
Jack Daniel's
HONORABLE MENTION
Crown Royal
Jim Beam

GIN
STANDING OVATION
Tanqueray
METROBRAVO
Bombay Sapphire
HONORABLE MENTION
Hendrick's
Beefeater

SCOTCH
STANDING OVATION
Dewar's
METROBRAVO
The Macallan
HONORABLE MENTION
Chivas Regal
The Famous Grouse

RUM
STANDING OVATION
Captain Morgan
METROBRAVO
Bacardi
HONORABLE MENTION
Meyer's
Mount Gay

FASHION/WHERE TO SHOP

MALL
STANDING OVATION
Crabtree Valley Mall, Raleigh
METROBRAVO
The Streets at Southpoint, Durham
HONORABLE MENTION
Cary Towne Center, Cary
Triangle Town Center, Raleigh



SHOPPING CENTER

STANDING OVATION

The Commons at North Hills, Raleigh

METROBRAVO

Cameron Village, Raleigh

HONORABLE MENTION

Brier Creek Commons, Raleigh

Crossroads Plaza, Cary

DEPARTMENT STORE

STANDING OVATION

Hudson Belk, Triangle-wide

METROBRAVO

Macy's, Triangle-wide

HONORABLE MENTION

Nordstrom, Durham

Saks Fifth Avenue, Raleigh

GIFT STORE

STANDING OVATION

Charlotte's, Raleigh

METROBRAVO

Quintessentials, Raleigh

HONORABLE MENTION

Jesters, Chapel Hill

NOFO Café, Raleigh and Wilmington

MEN'S CLOTHING STORE

STANDING OVATION

Varsity Men's Wear, Raleigh

METROBRAVO

Nowell's Clothing, Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide



KINSLEY DEY

Villa Consegra

Liles Clothing Studio, Raleigh

MEN'S SUITS

STANDING OVATION

Brooks Brothers, Raleigh

METROBRAVO

Nowell's Clothing, Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide

Varsity Men's Wear, Raleigh

TIES

STANDING OVATION

Nowell's Clothing, Raleigh

METROBRAVO

Varsity Men's Wear, Raleigh

HONORABLE MENTION

Brooks Brothers, Raleigh

Liles Clothing Studio, Raleigh

MEN'S SHOES

STANDING OVATION

Hudson Belk, Triangle-wide

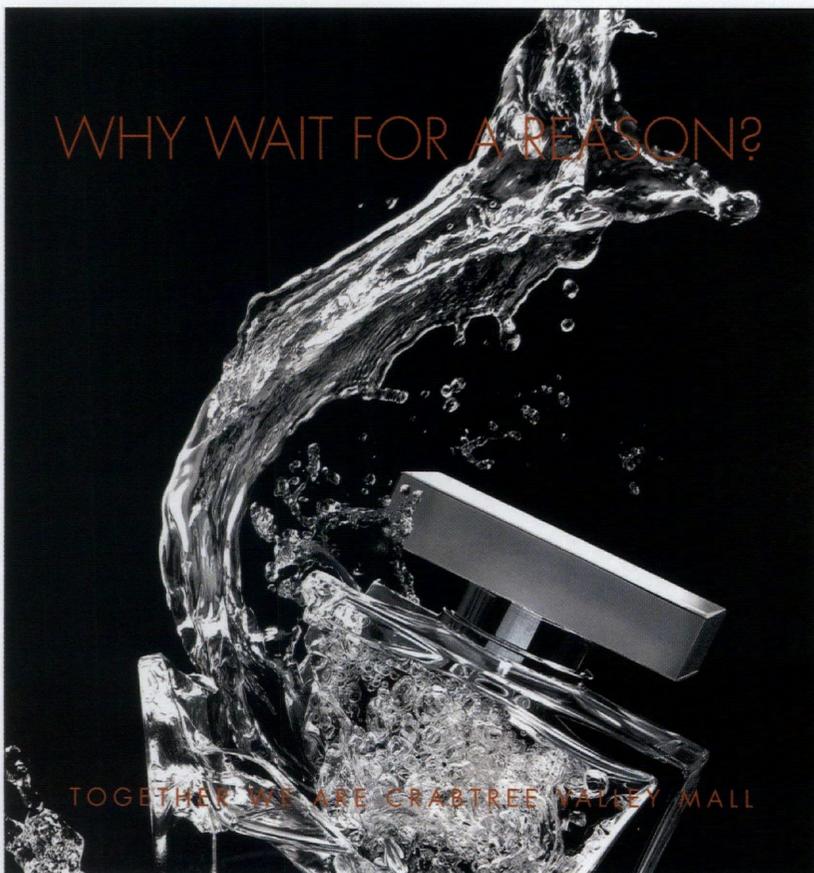
METROBRAVO

Nordstrom, Durham

HONORABLE MENTION

Johnston & Murphy, Raleigh

SRI Shoe Warehouse, Raleigh



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STANDING OVATION

Scout & Molly's, Raleigh and Chapel Hill

METROBRAVO

Vermillion, Raleigh

HONORABLE MENTION

Gena Chandler, Raleigh

Tyler House, Raleigh

EVENING/ COCKTAIL WEAR

STANDING OVATION

Vermillion, Raleigh

METROBRAVO

Cameron Clothing Co., Raleigh

HONORABLE MENTION

Fleur Boutique, Raleigh and Chapel Hill

Saks Fifth Avenue, Raleigh

FUR COAT

STANDING OVATION

Hertzberg Furs, Raleigh

METROBRAVO

Serotta's, Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide

Saks Fifth Avenue, Raleigh

WEDDING DRESS

STANDING OVATION

Traditions by Anna, Raleigh

METROBRAVO

Enchanting Moments, Fuquay-Varina

HONORABLE MENTION

Alexia's Bridal Boutique, Cary

David's Bridal, Raleigh and Durham

WOMEN'S CASUAL CLOTHING

STANDING OVATION

Scout & Molly's, Raleigh and Chapel Hill

METROBRAVO

Uniquities/Uniquities Mix, Raleigh

HONORABLE MENTION

Vermillion, Raleigh

Gena Chandler, Raleigh

DESIGNER JEANS

STANDING OVATION

Uniquities/Uniquities Mix, Raleigh

METROBRAVO

Gena Chandler, Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide

Scout & Molly's, Raleigh and Chapel Hill

WOMEN'S SHOES

STANDING OVATION

Monkee's, Triangle-wide

METROBRAVO

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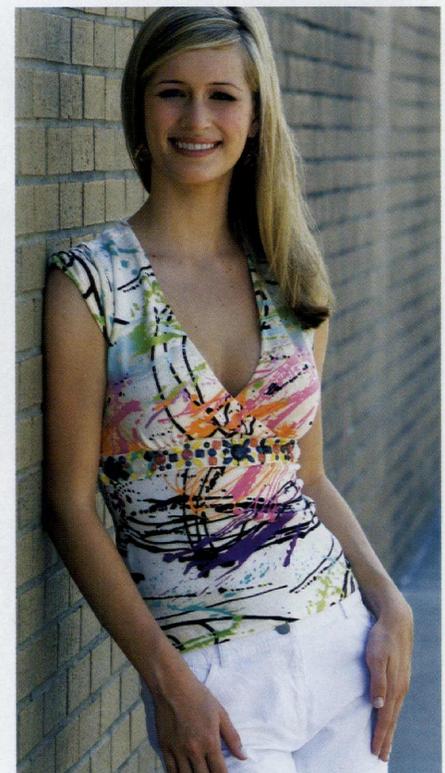
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Elliot Lauren White Side-zip Jean
— Tyler House

HONORABLE MENTION

Nordstrom, Durham
Walk, Raleigh

HANDBAG

STANDING OVATION

Saks Fifth Avenue, Raleigh

METROBRAVO

Coach, Durham and Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide
Vermillion, Raleigh

LINGERIE

STANDING OVATION

Victoria's Secret, Triangle-wide

METROBRAVO

J. Alane's Fine Lingerie, Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide
Saks Fifth Avenue, Raleigh

MATERNITY CLOTHING

STANDING OVATION

Love in Bloom, Raleigh

METROBRAVO

A Pea in a Pod, Triangle-wide

HONORABLE MENTION

Motherhood, Triangle-wide

BATHING SUIT

STANDING OVATION

Hudson Belk, Triangle-wide

METROBRAVO

J.Crew, Triangle-wide

HONORABLE MENTION

Everything But Water, Raleigh and Durham
Land's End at Sears, Triangle-wide

KID'S CLOTHING

STANDING OVATION

Beanie + Cecil Baby, Raleigh

METROBRAVO

Lamb's Ear, Raleigh

HONORABLE MENTION

Shutterbugs Boutique, Raleigh
Target, Triangle-wide

TWEEN'S CLOTHING

STANDING OVATION

Hudson Belk, Triangle-wide

METROBRAVO

Gap, Triangle-wide

HONORABLE MENTION

Justice, Triangle-wide
Nordstrom, Durham

OUTDOOR CLOTHING

STANDING OVATION

Great Outdoor Provision Co., Triangle-wide

METROBRAVO

REI, Triangle-wide

HONORABLE MENTION

Dick's Sporting Goods, Triangle-wide
Orvis, Raleigh

CONSIGNMENT SHOP

STANDING OVATION

Revolver Consignment Boutique, Raleigh

METROBRAVO

Babiology, Raleigh

HONORABLE MENTION

Champagne Taste, Raleigh
Villa Consegnia, Raleigh

MAKE-UP SELECTION

STANDING OVATION

Hudson Belk, Triangle-wide

METROBRAVO

Sephora, Triangle-wide

HONORABLE MENTION

Luxe Apothecary, Raleigh
Ulta, Triangle-wide

DESIGNER JEWELRY

STANDING OVATION

Bailey's Fine Jewelry, Raleigh and Rocky Mount

METROBRAVO

Elaine Miller Collection, Raleigh

HONORABLE MENTION

Charlotte's, Raleigh
Kerry Catherine Jewelry, Raleigh

ESTATE JEWELRY

STANDING OVATION

Elaine Miller Collection, Raleigh

METROBRAVO

Joint Venture Estate Jewelers, Cary and Raleigh

HONORABLE MENTION

Bailey's Fine Jewelry, Raleigh and Rocky Mount
Jolly's Jewelers, Raleigh

WEDDING RINGS

STANDING OVATION

Bailey's Fine Jewelry, Raleigh and Rocky Mount

METROBRAVO

Jolly's Jewelers, Raleigh

HONORABLE MENTION

CMI, Raleigh
Reliable Loan & Jewelry, Raleigh

CONSIGNMENT STORES

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124 Glenwood Ave.

Raleigh, NC 27603

<http://revolverconsignmentboutique.blogspot.com/>

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in the Triangle**

Metro Magazine '10-07, Herald Sun '10-08,
Chapel Hill News '10-06, '04, Indy '06, Citysearch '05

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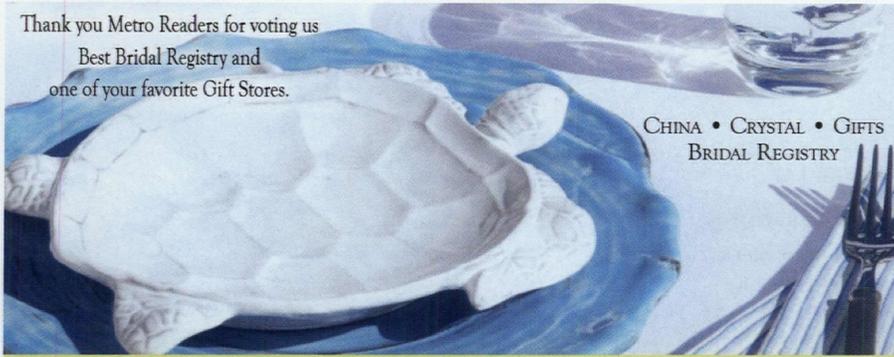
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PEARLS

STANDING OVATION

Bailey's Fine Jewelry, Raleigh and Rocky Mount

METROBRAVO

Jolly's Jewelers, Raleigh

HONORABLE MENTION

Elaine Miller Collection, Raleigh

Johnson's Jewelers of Raleigh, Raleigh

WATCHES

STANDING OVATION

Bailey's Fine Jewelry, Raleigh and Rocky Mount

METROBRAVO

Jolly's Jewelers, Raleigh

HONORABLE MENTION

Johnson's Jewelers of Raleigh, Raleigh

Ross-Simons, Raleigh and Durham

SUNGLASSES

STANDING OVATION

Sunglass Hut, Triangle-wide

METROBRAVO

The Spectacle, Raleigh

HONORABLE MENTION

Macy's, Triangle-wide

Saks Fifth Avenue, Raleigh

PERFUME

STANDING OVATION

Hudson Belk, Triangle-wide

METROBRAVO

Sephora, Triangle-wide

HONORABLE MENTION

Nordstrom, Durham

Saks Fifth Avenue, Raleigh

WEDDING CAKES

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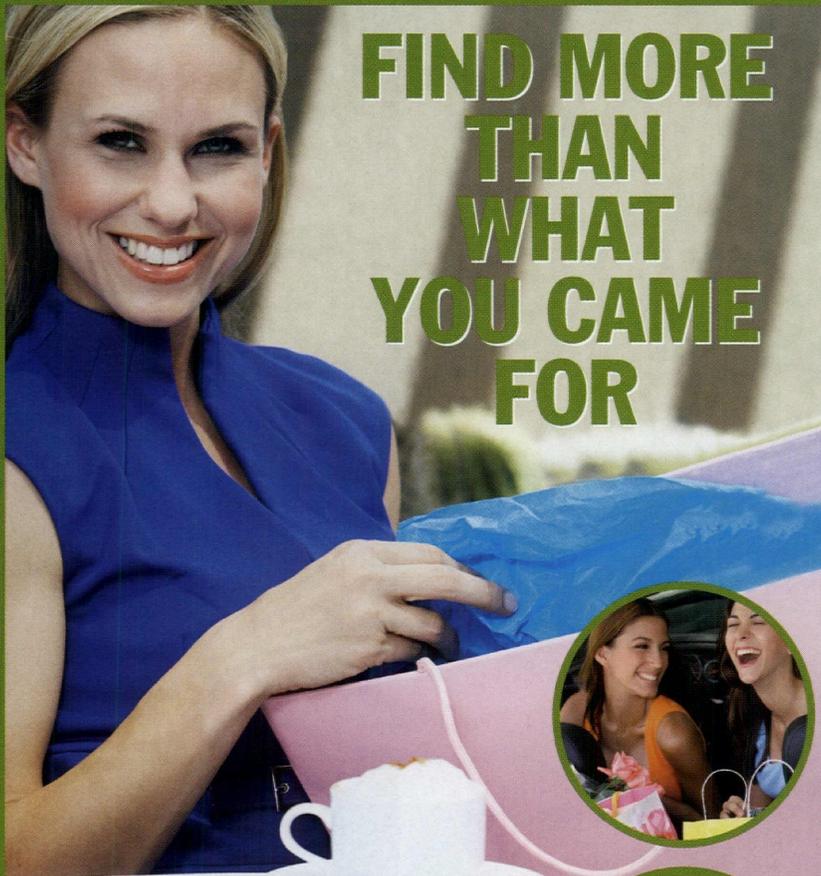
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CLOTHES FOR YOUR DAUGHTER

STANDING OVATION

Gena Chandler, Raleigh

METROBRAVO

Scout & Molly's, Raleigh and Chapel Hill

HONORABLE MENTION

Hudson Belk, Triangle-wide

Justice, Triangle-wide

CLOTHES FOR YOUR MOTHER

STANDING OVATION

Cameron Clothing Co., Raleigh

METROBRAVO

Tyler House, Raleigh

HONORABLE MENTION

Hudson Belk, Triangle-wide

Talbots, Triangle-wide

RETAIL

DRY CLEANER

STANDING OVATION

Brothers Cleaners, Raleigh

METROBRAVO

Medlin-Davis, Cary and Raleigh

HONORABLE MENTION

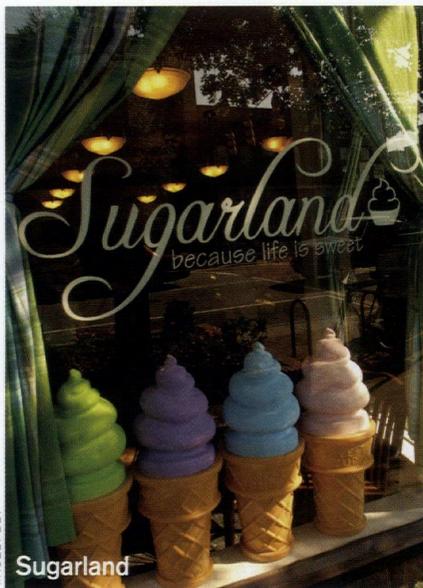
Hilker's Cleaners, Raleigh

Pope's Dry Cleaners, Raleigh

TAILOR

STANDING OVATION

Lee's Tailor Shop, Triangle-wide



KINSLEY DEY

METROBRAVO

Executive Alterations, Durham

HONORABLE MENTION

Luyen Tailor Shop, Raleigh

Shanghai Tailors, Raleigh

DRUG STORE

STANDING OVATION

CVS, Triangle-wide

METROBRAVO

Kerr Drug, Triangle-wide

HONORABLE MENTION

Rite Aid, Triangle-wide

Walgreens, Triangle-wide

PET BOUTIQUE

STANDING OVATION

La Di Dogs Inc., Raleigh

METROBRAVO

Wag Pet Boutique, Raleigh

HONORABLE MENTION

Gourmutt's Bakery, Triangle-wide

Phydeaux, Carrboro

BOOK STORE

STANDING OVATION

Quail Ridge Books, Raleigh

METROBRAVO

Barnes & Noble, Triangle-wide

HONORABLE MENTION

Borders, Triangle-wide

WINE RETAILER

STANDING OVATION

Total Wine & More, Triangle-wide

METROBRAVO

The Wine Merchant, Raleigh and Cary

HONORABLE MENTION

A Southern Season, Chapel Hill

Seaboard Wine Warehouse, Raleigh

WEDDING CAKES

STANDING OVATION

Edible Art, Raleigh

METROBRAVO

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HONORABLE MENTION

Sugarland, Chapel Hill
Sweet Memories, Apex

WEDDING REGISTRY

STANDING OVATION

Quintessentials, Raleigh

METROBRAVO

Hudson Belk, Triangle-wide

HONORABLE MENTION

Bed Bath & Beyond, Cary
Williams-Sonoma, Raleigh and Durham

LINENS

STANDING OVATION

Lavender and Lace, Raleigh

METROBRAVO

Bed Bath & Beyond, Cary

HONORABLE MENTION

Hudson Belk, Triangle-wide
Macy's, Raleigh

GOLF EQUIPMENT

STANDING OVATION

Falls of the Neuse Golf, Raleigh

WEDDING CAKE

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METROBRAVO

Golfsmith, Raleigh and Wake Forest
HONORABLE MENTION
Dick's Sporting Goods, Triangle-wide
Golf Galaxy, Cary and Durham

PICTURE FRAMING

STANDING OVATION

Frameworks, Raleigh

METROBRAVO

Flink's, Raleigh

HONORABLE MENTION

Jerry's Arterama, Raleigh
Michael's, Triangle-wide

PIANO

STANDING OVATION

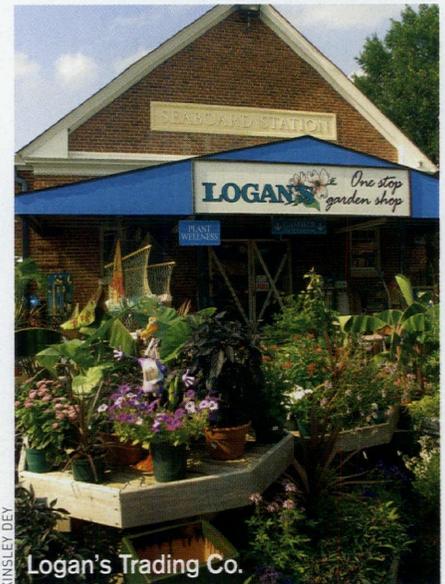
Ruggero Piano, Raleigh

METROBRAVO

Hopper Piano & Organ Co., Raleigh

HONORABLE MENTION

Maus Piano & Organ Co., Raleigh
Piano & Organ Distributors, Durham



KINSLEY DEY

Logan's Trading Co.

STATIONERY

STANDING OVATION

Frances T. King Stationery, Raleigh

METROBRAVO

Taylor's of Raleigh, Raleigh

HONORABLE MENTION

Salutations Fine Stationery and Gifts, Chapel Hill
Purple Puddle Flowers and Gifts, Chapel Hill

CHILDREN'S TOYS

STANDING OVATION

The Learning Express, Cary and Raleigh

METROBRAVO

Target

HONORABLE MENTION

Toys R Us, Cary and Durham

BOAT

STANDING OVATION

Chatlee Boat & Marine, Sanford

METROBRAVO

West Marine, Triangle-wide

HONORABLE MENTION

Marine Max, Wilmington
Morehead Marine, Morehead City

BICYCLES

STANDING OVATION

REI, Triangle-wide

METROBRAVO

Flythe Cyclery, Raleigh

HONORABLE MENTION

The Bicycle Chain, Triangle-wide

SHOE/HANDBAG REPAIR

STANDING OVATION

H&H Shoe Repair, Raleigh

METROBRAVO

Man Mur Shoe Shop, Raleigh

HONORABLE MENTION

Hakky Shoe Repair, Raleigh

North Hills Shoe & Luggage Repair, Raleigh

HOMELIFE

FLORIST

STANDING OVATION

Kelly Odom Flowers, Raleigh

METROBRAVO

Fallon's Creative Flowers, Raleigh

HONORABLE MENTION

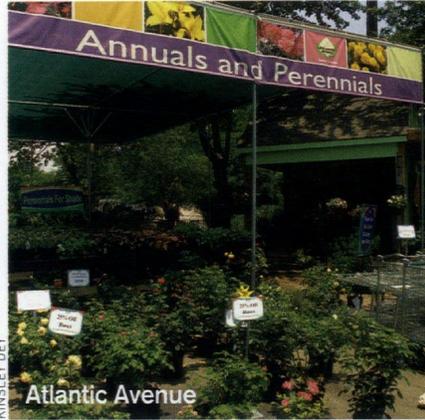
Carlton's Flowers, Raleigh

Watkins Flowers of Distinction, Raleigh

GARDEN CENTER/ NURSERY

STANDING OVATION

Logan's Trading Company, Raleigh



METROBRAVO

Atlantic Avenue Orchid & Garden Center, Raleigh

HONORABLE MENTION

Garden Supply Company, Cary

Homewood Nursery & Garden Center, Raleigh

HOME MEDIA SYSTEM

STANDING OVATION

Audio Advice, Raleigh

METROBRAVO

Best Buy, Triangle-wide

HONORABLE MENTION

Bose, Durham

Neuwave Systems, Raleigh

PLACE TO OWN A SECOND HOME

STANDING OVATION

Wrightsville Beach, NC

METROBRAVO

Atlantic Beach, NC

HONORABLE MENTION

Blowing Rock, NC

Lake Gaston, NC

COASTAL DEVELOPMENT

STANDING OVATION

Figure Eight Island, NC

METROBRAVO

Landfall, Wilmington

HONORABLE MENTION

Bald Head Island, NC

Beacon's Reach, Salter Path



Garden Supply Company

CONTEMPORARY FURNITURE

STANDING OVATION

Nowell's Contemporary and Scandinavian

Furniture, Raleigh

METROBRAVO

Ambiente Furniture, Raleigh

Voted #1 Vein Clinic by Raleigh Metro

IF THESE LEGS COULD TALK

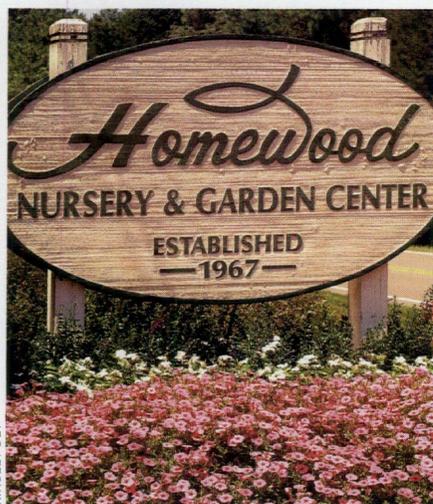
They would shout. They'd giggle and sing and describe a full life that's going pretty well, thank you very much. And taking care of those varicose veins was one of the best things she could've done for them. Because these legs deserve some pool time without the sarong.

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HONORABLE MENTION
ECKO International, Triangle-wide
Rodolfo Gonzales, Raleigh

TRADITIONAL FURNITURE
STANDING OVATION
Ethan Allen, Triangle-wide
METROBRAVO
Green Front Furniture, Raleigh

HONORABLE MENTION
Wayside Furniture House, Raleigh
Whitley Furniture Galleries, Zebulon

BEACH HOUSE FURNITURE
STANDING OVATION
Wicker Gallery, Raleigh
METROBRAVO
McQueen's Interiors, Morehead City
HONORABLE MENTION
ECKO International, Triangle-wide
Shore Décor Furniture, Morehead City

BEDS
STANDING OVATION
Fred's Bed's, Raleigh
METROBRAVO
Ethan Allen, Raleigh and Cary



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HONORABLE MENTION
Green Front Furniture, Raleigh
Havertys, Raleigh and Durham

KITCHEN APPLIANCES
STANDING OVATION
Kitchen & Bath Galleries, Triangle-wide
METROBRAVO
Ferguson Enterprises, Raleigh and Carrboro
HONORABLE MENTION
Jeffreys Appliance Center, Raleigh
Sears, Triangle-wide

LAMPS
STANDING OVATION
Thompson-Lynch Co., Raleigh
METROBRAVO
Peacock Alley, Chapel Hill

HONORABLE MENTION
The Shade Tree, Raleigh
Pottery Barn, Raleigh and Durham

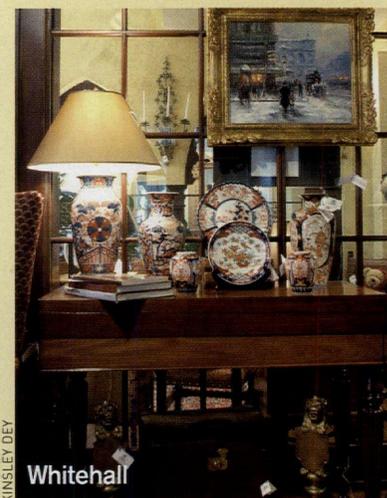
ANTIQUES
STANDING OVATION
Acquisitions Ltd., Raleigh
METROBRAVO
Hunt & Gather, Raleigh
HONORABLE MENTION
Peacock Alley, Chapel Hill
Whitehall at the Villa Antiques, Chapel Hill

ART GALLERY
STANDING OVATION
ArtSource Fine Art Gallery and Framing, Raleigh
METROBRAVO
The Mahler Fine Art, Raleigh
HONORABLE MENTION
Flanders Art Gallery, Raleigh
Somerhill Gallery, Durham

CARPET
STANDING OVATION
Eatmans Carpets & Interiors, Raleigh
METROBRAVO
Bell's Carpet, Raleigh
HONORABLE MENTION
Brentwood Carpets & Flooring, Cary and Raleigh
Capel Rug Outlet, Raleigh

ANTIQUES

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www.whitehallantiques.com



KINSLEY DEY

Whitehall

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ORIENTAL RUG

STANDING OVATION

Capel Rug Outlet, Raleigh

METROBRAVO

Green Front Interiors & Rugs, Raleigh

HONORABLE MENTION

Fargo-Hanna Oriental Rugs of Raleigh, Raleigh
Persian Carpet Inc., Durham

HOME SECURITY SYSTEM

STANDING OVATION

CPI

METROBRAVO

Audio Advice

HONORABLE MENTION

ADT

Brinks

**HEALTH CARE/
WELLNESS/BEAUTY**

HOSPITAL

STANDING OVATION

Rex Hospital, Raleigh

METROBRAVO

Duke University Medical Center, Durham

HONORABLE MENTION

WakeMed Health & Hospitals, Raleigh
Univ. of North Carolina Hospitals, Chapel Hill

EMERGENCY ROOM

STANDING OVATION

WakeMed Health & Hospitals, Raleigh



KINSLEY DEY

Kitchen & Bath Galleries

METROBRAVO

Rex Hospital, Raleigh

HONORABLE MENTION

Duke University Medical Center, Durham
University of North Carolina Hospitals, Chapel Hill

BIRTHING CENTER

STANDING OVATION

Rex Hospital, Raleigh

METROBRAVO

WakeMed Health & Hospitals, Raleigh

HONORABLE MENTION

Duke University Medical Center, Durham
University of North Carolina Hospitals, Chapel Hill

CARDIAC CENTER

STANDING OVATION

WakeMed Health & Hospitals, Raleigh

METROBRAVO

Duke University Medical Center, Durham

HONORABLE MENTION

Rex Hospital, Raleigh

ANTIQUES

HUNT & GATHER ANTIQUES

1910 Bernard St.
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8724 Glenwood Ave.
Raleigh, NC 27617
www.huntandgathernc.com

Open since 2004, Hunt & Gather Antiques hosts over 50 vendors with an eclectic collection of designer brand furniture, lighting and home accessories. The recently opened second location on Glenwood Avenue hosts both vendor and consignment items, as well as designer space for rent and room for community gatherings. Inventory changes daily so check out their regularly updated online gallery (www.huntandgathernc.com), or stop in to see what's new.



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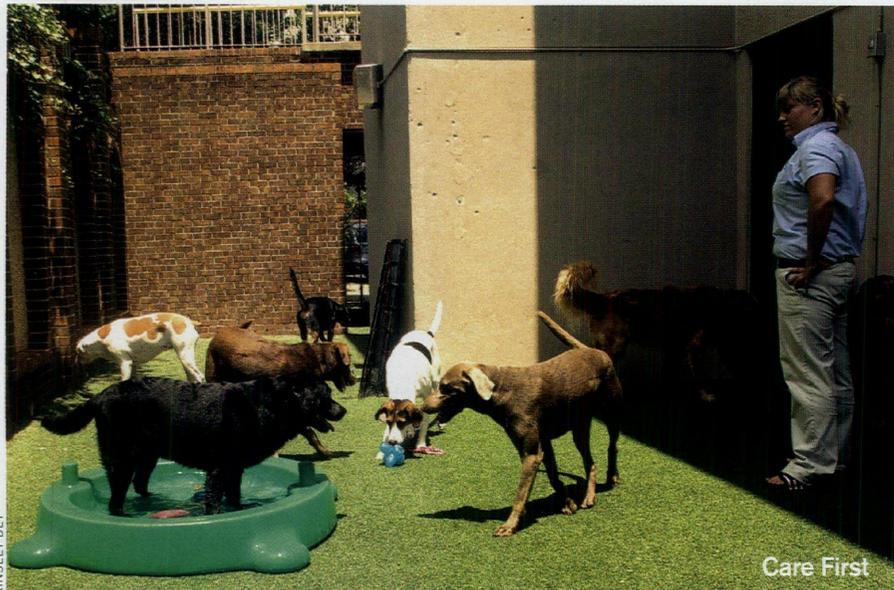
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Chapel Hill

CANCER CARE CENTER

STANDING OVATION

Duke University Medical Center, Durham

METROBRAVO

University of North Carolina Hospitals,
Chapel Hill

HONORABLE MENTION

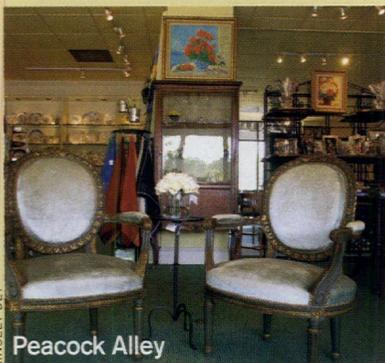
Rex Hospital, Raleigh
WakeMed Health & Hospitals, Raleigh

ANTIQUES

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Chapel Hill, NC 27516
www.peacockalleygifts.com

Peacock Alley in Chapel Hill offers renowned designers, including Simon Pearce Glassware, Lulu DK Matouk Fine Linens, French Guines Hens, Gordonsbury Baby Clothes and Bedding, Diane James Floral Arrangements and other well-known brands. Offering a wide selection of gift alternatives, Peacock Alley can be accessed online (www.peacock-alley.com) or in-store for special occasions, including baby gifts and bridal registry.



KINSLEY DEY

Peacock Alley

EYECARE CENTER

STANDING OVATION

Eye Care Associates, Triangle-wide

METROBRAVO

Duke Eye Center, Durham

HONORABLE MENTION

Kelly Eye Center, Raleigh
LensCrafters, Triangle-wide

PLASTIC SURGERY CENTER

STANDING OVATION

Duke Plastic Surgery, Durham

METROBRAVO

Raleigh Plastic Surgery Center, Raleigh

HONORABLE MENTION

Dr. Glenn Davis, Davis Plastic Surgery, Raleigh
Dr. William Lambeth, Raleigh Plastic Surgery
Center, Raleigh

VEIN CENTER

STANDING OVATION

Vein Clinics of America, Raleigh

METROBRAVO

Raleigh Vein & Laser Center, Raleigh

HONORABLE MENTION

Duke Vein Center, Durham
UNC Vein Clinic, Chapel Hill

VETERINARIAN

STANDING OVATION

Care First Animal Hospital, Raleigh

METROBRAVO

Bowman Animal Hospital, Raleigh

HONORABLE MENTION

Hayes Barton Animal Hospital, Raleigh
Quail Corners Animal Hospital, Raleigh

FACIAL

STANDING OVATION

Skin Sense: A Day Spa, Raleigh and Cary

METROBRAVO

Blue Water Spa, Raleigh

HONORABLE MENTION

Synergy Spa, Raleigh
The Umstead Hotel & Spa, Cary

PLACE FOR MANICURE/PEDICURE

STANDING OVATION

Synergy Spa, Raleigh

METROBRAVO

The Umstead Hotel & Spa, Cary

HONORABLE MENTION

Lee Spa Nails, Triangle-wide
Skin Sense: A Day Spa, Raleigh and Cary

PHYSICAL THERAPY

STANDING OVATION

Sports & More Physical Therapy, Cary

METROBRAVO

Triangle Orthopaedic Associates, Triangle-wide

HONORABLE MENTION

Duke University Physical Therapy, Durham
Raleigh Orthopaedic Clinic, Raleigh and Cary

ACUPUNCTURIST

STANDING OVATION

Dr. Lei Zheng; Eastern Traditions, Raleigh

METROBRAVO

C. Daerr Reid, LAc. MSOM; East Coast
Acupuncture, Raleigh

HONORABLE MENTION

Jill Doan, LAc.; To the Point Acupuncture, Cary
Duke Integrative Medicine, Acupuncture,
Durham

ASSISTED LIVING CENTER

STANDING OVATION

Magnolia Glen, Raleigh

METROBRAVO

The Cypress of Raleigh, Raleigh

HONORABLE MENTION

Carolina Meadows, Chapel Hill
Heritage of Raleigh, Raleigh

HEALTH CLUB

STANDING OVATION

O2 Fitness, Raleigh and Cary

METROBRAVO

Gold's Gym, Triangle-wide

HONORABLE MENTION

Planet Fitness, Raleigh
YMCA, Triangle-wide

SKIN CARE PRODUCTS

STANDING OVATION

Bodylase Skin Spa, Cary

METROBRAVO

Luxe Apothecary, Raleigh

HONORABLE MENTION

Skin Sense: A Day Spa, Raleigh and Cary
Synergy Spa, Raleigh

WELLNESS CENTER

STANDING OVATION

Rex Wellness Center, Raleigh

METROBRAVO

Duke Center for Living, Durham

HONORABLE MENTION

The Center Natural Health Specialists, Raleigh
UNC Wellness Center at Meadmont,
Chapel Hill

DAY SPA

STANDING OVATION

Skin Sense: A Day Spa, Triangle-wide
Synergy Spa, Raleigh

METROBRAVO

The Spa by Mitchell's, Triangle-wide

HONORABLE MENTION

The Umstead Spa, Cary
Douglas Carroll Salon Spa, Triangle-wide

HAIR SALON

STANDING OVATION

Mina's Studio, Chapel Hill

METROBRAVO

Salon Blu, Raleigh

HONORABLE MENTION

Douglas Carroll Salon, Raleigh
Glam Lounge, Raleigh

YOGA STUDIO

STANDING OVATION

Moving Mantra Yoga Studio, Raleigh

METROBRAVO

Gateway Yoga, Raleigh

HONORABLE MENTION

Franklin Street Yoga, Chapel Hill
Open Door Yoga, Raleigh

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SALON FOR SPRAY TAN

STANDING OVATION

Physios Salon, Raleigh

METROBRAVO

Toast Airbrush Arts, Raleigh

HONORABLE MENTION

Planet Beach, Triangle-wide
Skin Sense: A Day Spa, Raleigh and Cary

PROFESSIONAL SERVICES

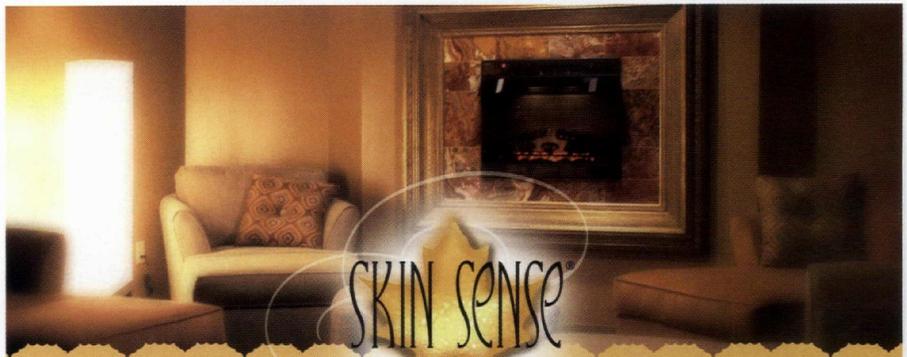
RESIDENTIAL REAL ESTATE COMPANY

STANDING OVATION

Prudential York Simpson Underwood,
Triangle-wide

METROBRAVO

Coldwell Banker Howard Perry and Walston,
Triangle-wide



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STANDING OVATION

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HONORABLE MENTION

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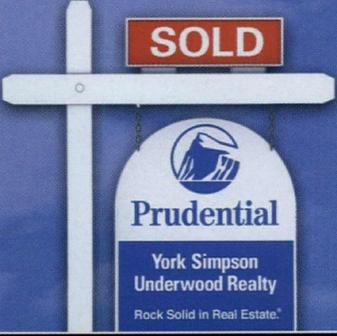
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HONORABLE MENTION

Allen Tate, Triangle-wide
Fonville Morisey, Triangle-wide

COMMERCIAL REAL ESTATE COMPANY

STANDING OVATION

York Properties, Triangle-wide

METROBRAVO

Kane Realty, Raleigh

HONORABLE MENTION

Carolantic Realty, Triangle-wide
Coldwell Banker Howard Perry and Walston,
Triangle-wide

COASTAL REAL ESTATE COMPANY

STANDING OVATION

Intracoastal Realty Corporation, Wrightsville
Beach and surrounding area

METROBRAVO

Prudential Carolinas, Raleigh

HONORABLE MENTION

Cannon & Gruber Realtors, Atlantic Beach
Coldwell Banker Sea Coast Realty, Wilmington

BANK

STANDING OVATION

BB&T, Triangle-wide

METROBRAVO

State Employees' Credit Union, Triangle-wide

HONORABLE MENTION

Bank of America, Triangle-wide
First Citizens, Triangle-wide

BANK FOR A LOAN

STANDING OVATION

State Employees' Credit Union, Triangle-wide

METROBRAVO

BB&T, Triangle-wide

HONORABLE MENTION

First Citizens, Triangle-wide
Wachovia, Triangle-wide

INSURANCE COMPANY

STANDING OVATION

State Farm Insurance, Triangle-wide

METROBRAVO

Farm Bureau, Triangle-wide

HONORABLE MENTION

Allstate, Triangle-wide
Nationwide, Triangle-wide

ACCOUNTING FIRM

STANDING OVATION

Cherry Bekaert & Holland, Raleigh

METROBRAVO

Batchelor Tillery & Roberts LLP, Raleigh

HONORABLE MENTION

Koonce Wooten & Haywood LLP, Raleigh
Maddison, Caison & Ogburn LLP, Raleigh

LAW FIRM FOR

GENERAL

STANDING OVATION

Manning Fulton & Skinner PA, Raleigh
and Wilmington

METROBRAVO

Poyner & Spruill LLP, Raleigh

HONORABLE MENTION

Ragsdale Liggett, Raleigh

McMillan Smith & Plyler, Raleigh

REAL ESTATE

STANDING OVATION

Manning Fulton & Skinner PA, Raleigh
and Wilmington

METROBRAVO

Ragsdale Liggett, Raleigh

HONORABLE MENTION

Kilpatrick Stockton LLP, Raleigh

DIVORCE

STANDING OVATION

Tharrington Smith LLP, Raleigh

METROBRAVO

Wyrick Robbins, Yates & Ponton LLP, Raleigh

HONORABLE MENTION

Nicholls & Crampton PA, Raleigh

CORPORATE

STANDING OVATION

Poyner & Spruill LLP, Raleigh

METROBRAVO

Wyrick Robbins, Yates & Ponton LLP, Raleigh

HONORABLE MENTION

Manning Fulton & Skinner PA, Raleigh
and Wilmington
Williams Mullen PA, Raleigh and Wilmington

CRIMINAL

STANDING OVATION

McMillan Smith & Plyler, Raleigh

METROBRAVO

Tharrington Smith LLP, Raleigh

HONORABLE MENTION

Cheshire Parker Schneider Bryan & Vitale,
Raleigh

TAXES

STANDING OVATION

Poyner & Spruill LLP, Raleigh

METROBRAVO

Bailey & Dixon LLP, Raleigh

HONORABLE MENTION

Wyrick Robbins, Yates & Ponton LLP, Raleigh

RESORT/TRAVEL/HOTEL

AIRLINE

STANDING OVATION

Southwest Airlines

METROBRAVO

American Airlines

HONORABLE MENTION

Delta Airlines

US Airways

CAR RENTAL FIRM

STANDING OVATION

Hertz Rent-A-Car, Triangle-wide

METROBRAVO

Enterprise Rent-A-Car, Triangle-wide

HONORABLE MENTION

Avis Rent-A-Car, Triangle-wide
National Car Rental, Triangle-wide

CITY HOTEL

STANDING OVATION

The Umstead Hotel and Spa, Cary

METROBRAVO

Raleigh Marriott City Center, Raleigh
HONORABLE MENTION
 The Franklin Hotel, Chapel Hill
 The Renaissance at North Hills, Raleigh

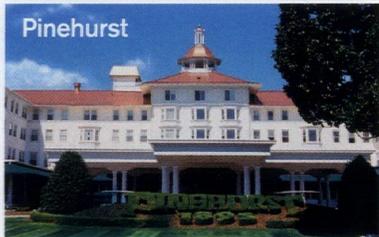
COASTAL HOTEL

STANDING OVATION

Blockade Runner Beach Resort, Wrightsville Beach
 Holiday Inn SunSpree Resort Beach, Wrightsville Beach

METROBRAVO

The Sanderling Resort & Spa, Duck
HONORABLE MENTION
 Sheraton Atlantic Beach Oceanfront Hotel, Atlantic Beach



Pinehurst

HOTEL FOR OUT OF TOWN GUESTS

STANDING OVATION

The Umstead Hotel and Spa, Cary

METROBRAVO

The Renaissance at North Hills, Raleigh

HONORABLE MENTION

The Carolina Inn, Chapel Hill
 Raleigh Marriott City Center, Raleigh

HOTEL FOR MEETINGS/CONVENTIONS

STANDING OVATION

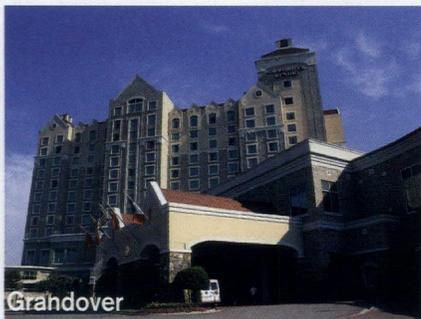
The Umstead Hotel and Spa, Cary

METROBRAVO

The Renaissance at North Hills, Raleigh

HONORABLE MENTION

Raleigh Marriott City Center, Raleigh
 Sheraton Imperial Hotel and Convention Center, Durham



Grandover

NC BEACH RESORT

STANDING OVATION

The Sanderling Resort & Spa, Duck

METROBRAVO

Bald Head Island

HONORABLE MENTION

Holiday Inn SunSpree Resort Beach, Wrightsville Beach
 Shell Island Resort, Wrightsville Beach

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NC MOUNTAIN RESORT

STANDING OVATION

The Grove Park Inn Resort & Spa, Asheville

METROBRAVO

Chetola Resort at Blowing Rock, Blowing Rock

HONORABLE MENTION

Blowing Rock, NC

Linville, NC

GOLF RESORT

STANDING OVATION

Pinehurst Resort, Pinehurst

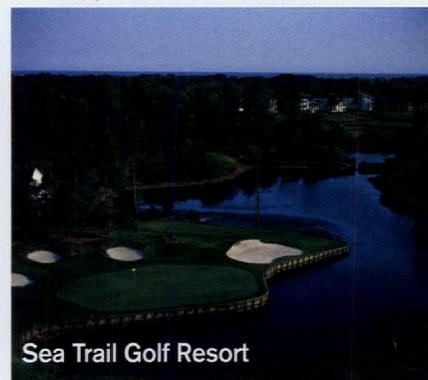
METROBRAVO

Sea Trail Golf Resort, Sunset Beach

HONORABLE MENTION

Grandover Resort, Greensboro

Rumbling Bald Resort, Lake Lure



Sea Trail Golf Resort



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EDUCATION

DAYCARE CENTER

STANDING OVATION

Primrose Schools, Triangle-wide

METROBRAVO

Bright Horizons, Triangle-wide

HONORABLE MENTION

The Goddard School, Triangle-wide

PRIVATE LOWER SCHOOL

STANDING OVATION

Ravenscroft School, Raleigh

METROBRAVO

Saint David's School, Raleigh

Trinity Academy of Raleigh, Raleigh

HONORABLE MENTION

Cary Academy, Cary

PRIVATE HIGH SCHOOL

STANDING OVATION

Ravenscroft School, Raleigh

METROBRAVO

Saint Mary's School, Raleigh

HONORABLE MENTION

Cardinal Gibbons High School, Raleigh

Cary Academy, Cary

PRIVATE COLLEGE

STANDING OVATION

Duke University, Durham

METROBRAVO

Meredith College, Raleigh

HONORABLE MENTION

Peace College, Raleigh

Wake Forest University, Winston-Salem




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PUBLIC COLLEGE

STANDING OVATION

North Carolina State University, Raleigh

METROBRAVO

The University of North Carolina at Chapel Hill, Chapel Hill

HONORABLE MENTION

East Carolina University, Greenville
The University of North Carolina at Wilmington, Wilmington

PARTY SCHOOL

STANDING OVATION

East Carolina University, Greenville

METROBRAVO

North Carolina State University, Raleigh

HONORABLE MENTION

The University of North Carolina at Chapel Hill, Chapel Hill
The University of North Carolina at Wilmington, Wilmington

PEOPLE AND PLACES

REGIONAL TV PERSONALITY

STANDING OVATION

David Crabtree, WRAL-TV5

METROBRAVO

Bill Leslie, WRAL-TV5

HONORABLE MENTION

Greg Fishel, WRAL-TV5
Larry Stogner, ABC 11



NATIONAL TV PERSONALITY Stogner

STANDING OVATION

Diane Sawyer, "ABC World News"

METROBRAVO

Oprah Winfrey

HONORABLE MENTION

Brian Williams, "NBC Nightly News"
Katie Couric, "CBS Evening News"

RADIO PERSONALITY

STANDING OVATION

Bob Dumas, WDCG-FM

METROBRAVO

Rush Limbaugh

HONORABLE MENTION

Bill Jordan, WRAL-FM
Lynda Loveland, WRAL-FM



Leslie

WEATHER PERSONALITY

STANDING OVATION

Greg Fishel, WRAL-TV5

METROBRAVO

Elizabeth Gardner, WRAL-TV5

HONORABLE MENTION

Bill Reh, NBC 17
Mike Maze, WRAL-TV5

TRAFFIC PERSONALITY

STANDING OVATION

Brian Shrader, WRAL-TV5

METROBRAVO

Ambler Rupinta, ABC 11

HONORABLE MENTION

Vanna Fox, WRAL-FM

COLLEGE COACH

STANDING OVATION

Roy Williams, UNC Men's Basketball

METROBRAVO

Mike Krzyzewski, Duke University Men's Basketball

HONORABLE MENTION

Sindecy Lowe, NCSU Men's Basketball
Tom O'Brien, NCSU Men's Football

LOCAL AUTHOR

STANDING OVATION

Nicholas Sparks

METROBRAVO

David Sedaris

HONORABLE MENTION

Lee Smith
Margaret Maron

LOCAL ARTIST

STANDING OVATION

Kyle Highsmith

METROBRAVO

Jason Craighead

HONORABLE MENTION

Bob Rankin
Eric McRay

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MOVIE THEATER

The Rialto Theater

Another Raleigh "landmark," The Rialto Theater at Five Points, has served as an art house cinema playing the latest and best in independent and foreign films for over 30 years. Non-mainstream provocative titles adorn the marquee on Glenwood Avenue giving the neighborhood a metropolitan sparkle.

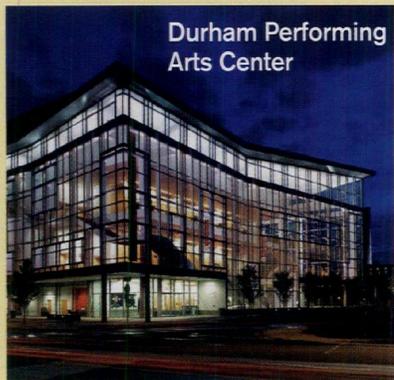


KINSLEY DEY

The screen is three times the size of a multiplex — plus they serve beer and wine. The Rialto gives meaning and a sense of romance and sophistication to "going out for a movie." The 1975 cult classic, *Rocky Horror Picture Show*, plays every Friday at midnight, attracting a colorful crowd dressed as the characters who act out the movie, among other bizarre activities. The Rialto is a venue of cultural significance for the fine films displayed on screen and for its place in our own history. www.therialto.com

Theater Building

The new Durham Performing Arts Center lands the best acts for several reasons. The acoustics, state-of-the-art sound system and spectacular décor attract big names in all mediums of entertainment — and patrons of the arts from all over the state. Broadway shows, high-profile comedy acts and top musical artists played over 150 performances this year alone. Music fans look forward to performances from Ringo Starr, Natalie Merchant and Lyle Lovett, to name just a few. Theater lovers have found a new home at the DPAC, taking in blockbusters including *The Color Purple* and *Beauty and the Beast*. The amazing season ahead includes productions of *The Lion King*, *Billy Elliot*, *Hair* and much more. www.dpacnc.com.



Durham Performing Arts Center

LOCAL POLITICIAN

STANDING OVATION

Charles Meeker

METROBRAVO

Beverly Perdue

HONORABLE MENTION

David Price

Tom Fetzer

FAVORITE SPORTS TEAM

STANDING OVATION

Carolina Hurricanes

METROBRAVO

Carolina Tar Heels

HONORABLE MENTION

Duke Blue Devils

NCSU Wolfpack



PUBLIC MUSEUM

STANDING OVATION

NC Museum of Art, Raleigh

METROBRAVO

NC Museum of Natural Sciences, Raleigh

HONORABLE MENTION

Marbles Kids Museum, Raleigh

NC Museum of Life and Sciences, Durham

HISTORIC SITE

STANDING OVATION

NC Capitol Building, Raleigh

METROBRAVO

Biltmore Estate, Asheville

HONORABLE MENTION

Bentonville Battlefield, Bentonville

Joel Lane Museum House, Raleigh

CHARITY EVENT

STANDING OVATION

Junior League of Raleigh, A Shopping SPREE!

METROBRAVO

Jimmy V Celebrity Golf Classic

HONORABLE MENTION

North State Bank's Summer Salute for Hospice of Wake County

of Wake County

Susan G. Komen Race for the Cure

CULTURAL EVENT

STANDING OVATION

A Christmas Carol, Theatre In The Park, Raleigh

METROBRAVO

Artsposure, Perdue

HONORABLE MENTION

NC Museum of Art, Raleigh

The International Festival of Raleigh, Raleigh

DANCE CLUB

STANDING OVATION

The Longbranch Entertainment Complex, Raleigh

METROBRAVO

Loafers Beach Club, Raleigh

HONORABLE MENTION

Bogart's American Grill, Raleigh

Solas, Raleigh

DANCE STUDIO

STANDING OVATION

CC & Co. Dance Complex, Raleigh

METROBRAVO

North Carolina Dance Institute, Raleigh

HONORABLE MENTION

Ninth Street Dance, Durham

The Raleigh School of Ballet, Raleigh

CLUB TO HEAR LIVE MUSIC

STANDING OVATION

Lincoln Theatre, Raleigh

METROBRAVO

The Pour House, Raleigh

HONORABLE MENTION

Car's Cradle, Chapel Hill

The Big Easy, Raleigh

GOLF COURSE

STANDING OVATION

Lonnie Poole Golf Course, Raleigh

METROBRAVO

UNC Finley Golf Course, Chapel Hill

HONORABLE MENTION

Old Chatham Golf Club, Durham

Pinehurst No. 2, Pinehurst

Mission Valley 66



KINSLEY DEY

MOVIE THEATER

STANDING OVATION

Rialto Theater, Raleigh

METROBRAVO

Regal North Hills Stadium 14, Raleigh

HONORABLE MENTION

IMAX at Marbles Kids Museum, Raleigh
Regal Raleigh Grande Stadium 16, Raleigh

PLACE TO HEAR JAZZ

STANDING OVATION

Amra's, Raleigh

METROBRAVO

The Irregardless Café, Raleigh

HONORABLE MENTION

Bogart's American Grill, Raleigh
The Big Easy, Raleigh

PLACE TO HEAR ROCK

STANDING OVATION

Lincoln Theatre, Raleigh

METROBRAVO

The Pour House, Raleigh

HONORABLE MENTION

Cat's Cradle, Chapel Hill
Time Warner Cable Music Pavilion at
Walnut Creek, Raleigh

SPORTING EVENT

STANDING OVATION

Durham Bulls Baseball, Durham

METROBRAVO

Carolina Hurricanes Hockey, Raleigh

HONORABLE MENTION

Atlantic Coast Conference Basketball
Atlantic Coast Conference Football

LOCAL BAND

STANDING OVATION

The Dune Dogs

METROBRAVO

Old Habits

HONORABLE MENTION

Chatham County Line
The Proclivities

LOCAL MUSICIAN

STANDING OVATION

Jeanne Jolly

METROBRAVO

Chris Boerner

HONORABLE MENTION

Bill Leslie
Tift Merritt

NEW WATERING HOLE

STANDING OVATION

Natty Greene's, Raleigh

METROBRAVO

Cantina 18, Raleigh

HONORABLE MENTION

Buku, Raleigh

THEATER BUILDING

STANDING OVATION

Durham Performing Arts Center, Durham

METROBRAVO

Progress Energy Center for the Performing
Arts, Raleigh



KINSLEY DEY

HONORABLE MENTION

Carolina Theatre, Durham
Thalian Hall, Wilmington

COMMERCIAL BUILDING

STANDING OVATION

CAPTRUST Tower, Raleigh

METROBRAVO

RBC Center, Raleigh

HONORABLE MENTION

American Tobacco Campus, Durham
Raleigh Convention Center, Raleigh

CAMPUS BUILDING

STANDING OVATION

Duke Chapel, Duke University, Durham

METROBRAVO

NCSU Bell Tower, Raleigh

HONORABLE MENTION

The Friday Center, UNC, Chapel Hill
UNC Wilson Library, Chapel Hill

CORPORATE BUILDING

STANDING OVATION

SAS Campus, Cary

Chetola Resort
AT BLOWING ROCK
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MetroBravo 2010

METROBRAVO

Quintiles, Durham
HONORABLE MENTION
 RBC Plaza, Raleigh

OUTDOOR CONCERT VENUE

STANDING OVATION
 Time Warner Cable Music Pavilion at Walnut
 Creek, Raleigh

METROBRAVO

Koka Booth Amphitheatre at Regency Park, Cary
HONORABLE MENTION
 NC Museum of Art, Raleigh

LOCAL SKYSCRAPER

STANDING OVATION
 RBC Plaza, Raleigh
METROBRAVO
 CAPTRUST Tower, Raleigh
HONORABLE MENTION
 University Tower – “The Blue Pickle,” Durham

TECH LIFE

INTERNET SERVICE PROVIDER

STANDING OVATION
 Time Warner Cable/Road Runner, Triangle-wide
METROBRAVO
 AT&T, Triangle-wide
HONORABLE MENTION
 Earthlink, Triangle-wide

CELL PHONE SERVICE

STANDING OVATION
 Verizon, Triangle-wide

METROBRAVO

AT&T, Triangle-wide
HONORABLE MENTION
 Sprint, Triangle-wide

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30% – Yes; 70% – No

ARE YOU ON FACEBOOK?

65% – Yes; 35% – No

AUTOMOTIVE



Lexus RX-400H

STANDING OVATION

Johnson Lexus, Raleigh and Durham

METROBRAVO

Fred Anderson Toyota, Raleigh

HONORABLE MENTION

Capital Ford, Raleigh
 Sir Walter Raleigh Chevrolet, Raleigh

SPORTS UTILITY VEHICLE

STANDING OVATION
 Lexus RX

METROBRAVO

Chevrolet Tahoe
HONORABLE MENTION
 Acura
 Jeep Cherokee

SPORTS CAR

STANDING OVATION

Porsche 911

METROBRAVO

BMW Z

HONORABLE MENTION

Audi R-8
 BMW Mini Cooper

SEDAN

STANDING OVATION

Mercedes

METROBRAVO

BMW

HONORABLE MENTION

Honda Accord
 Lexus

LUXURY CAR

STANDING OVATION

Lexus

METROBRAVO

Mercedes

HONORABLE MENTION

Audi

BMW

HYBRID CAR

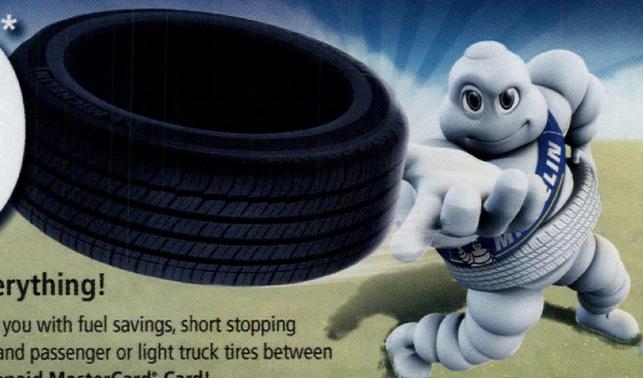
STANDING OVATION

Toyota Prius


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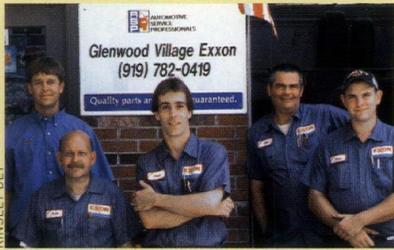
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Glenwood Village Exxon, at the corner of Oberlin Road and Glenwood Avenue — locally owned and operated by Brian Barker — has reached landmark status. Founded in the early 1950s by Avery Upchurch (mayor of Raleigh in the 1980s), and still referred to as Avery's by some older locals, the easily accessible full-service gas station is known for its friendly and knowledgeable staff who bring back that small town feel hard to find in today's world of chain-operated fast food stores that only happen to pump gas. Glenwood Village Exxon offers full-time mechanics, friendly service and special attention to the needs of their customers. *Metro* readers agree!



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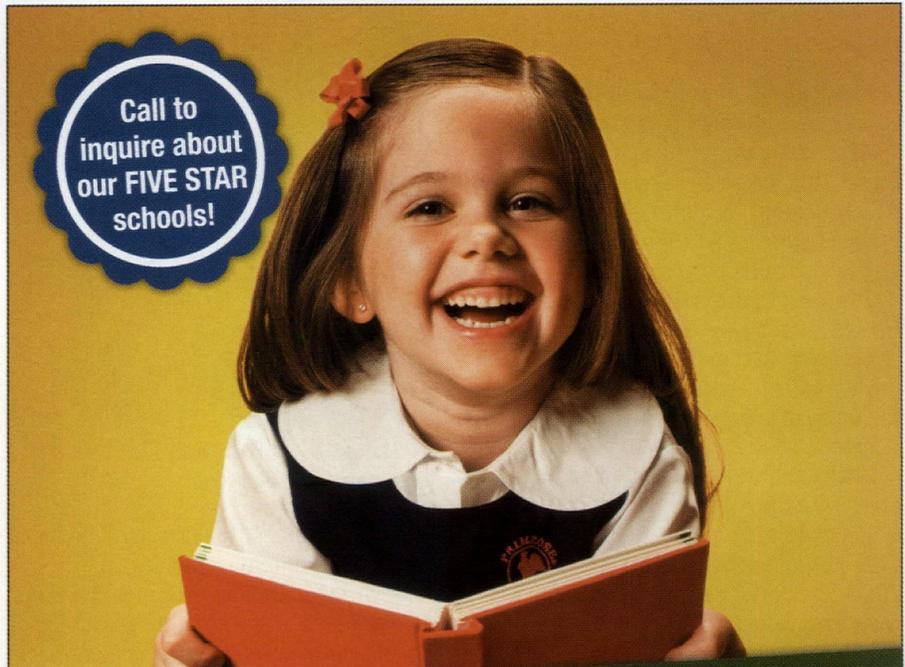
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COASTAL CALENDAR

By Lisa Grabowski

Audubon NC Free Birding Tours. April-September. Tours will run every Friday, 9-11 a.m., featuring a walk along the protected sanctuary that serves as the habitat for beach-nesting birds. Open to public. **Wrightsville Beach.** For more information, visit www.ncaudubon.org.

Summer Concert Series on the Lawn. Every Thursday evening in July and August — 6:30 p.m. to sunset — relax on the south lawn at Currituck Heritage Park and enjoy the musical talents of the local musicians. **Corolla.** Call 252-453-9040.

Duck's Summer Music Series. Tuesday and Thursday evenings. Local music groups perform at the Duck Town Park Gazebo beginning at 6 p.m. **Duck.** Call 252-255-1286 or for more information, visit www.townofduck.com.

Fireworks By The Sea. May 27-Sept. 3. Every Thursday come out for a firework show and live gazebo entertainment featuring bands such as Mojo Collins and Machine Gun, beginning at 6:30 p.m. Additional days include May 28, July 3 and Sept. 3. **Carolina Beach.** Visit www.pleasureislandnc.org.

Sea Turtle Talk. Wednesdays at 7 p.m. Learn about sea turtles nesting and hatching on Wilmington beaches and how to help protect them. Presented by the Pleasure Island Sea Turtle Project at the Carolina Beach State Park. **Wilmington.** Call 910-538-2918 or visit www.seaturtleproject.org.

Whalehead Club Wednesday Wine Festivals. Wednesdays, 3-7 p.m. Enjoy wine tasting, local music and food samplings on the North Lawn of the Whalehead Club at Currituck Heritage Park. Children and leashed pets are welcome. \$20. **Corolla.** Call 252-435-9040 or visit www.whaleheadclub.com.

73rd Anniversary Season of The Lost Colony. May 28-Aug. 20. Experience Pulitzer Prize-winning playwright Paul Green's depiction of the events that led to the disappearance of the English colonists over 400 years ago. **Manteo.** For show dates, call 252-473-3414 or visit www.thelostcolony.org.

"Science by the Sea" Exhibit. All summer through Nov. 14. Showcases the local marine science research community. Features local research vessels and historic equipment, and a glimpse into a full-func-



Carolina Beach Fireworks

tioning laboratory. **Beaufort.** Visit online at www.ncmaritimemuseum.org.

Downtown Sundown Concert Series. Friday nights all summer long until Labor Day starting at 6 p.m. Free music series in downtown. Each week features a different band. Beer, wine and food will be for sale at each concert. **Wilmington.** For a list of bands, call 910-763-7349 or visit online at www.downtownsundown.com.

6th Annual Mayfaire "Music on the Town" Concert Series. Friday evenings in May through Labor Day. Bring lawn chairs, coolers and picnics and enjoy live music. Mayfaire Town Center, **Wilmington.** Visit www.mayfairetown.com.

Airlie Gardens Concert Series. Fridays all summer through October. Enjoy various genres of music, a picnic and favorite beverage on a lawn chair or blanket. Airlie Gardens, **Wilmington.** For musical lineup, call 910-798-7700 or visit online at www.airliegardens.org.

4th Friday Gallery Walk. Every fourth Friday May-November. A self-guided tour through several Wilmington galleries and studios, including events such as opening receptions, artist discussions, live music, wine tasting, food sampling and more. **Wilmington.** Call 910-763-3737.

Cape Fear Contra Dancers. Every second and fourth Tuesday through summer from 7:30-9:30 p.m. Meet at the 5th Avenue United Methodist Church. \$3 donation requested. **Wilmington.** Visit online at www.wilmingtoncontradance.info.

The Star Spangled Revue. All summer through October. The Outer Banks Music Showcase presents a new summer show

that highlights America and the music that has resulted from it. **Kitty Hawk.** For show times, visit online at www.outerbanks-musicshowcase.com.

First Friday. Fridays from 6-8 p.m. Street festival. **Downtown Manteo Waterfront.** For more information, visit www.firstfriday-roanokeisland.com.

Hatteras Heroes. History & Mystery: Thursdays at 7 p.m. Hatteras Realty Avon office hosts historian Danny Couch with his multimedia storytelling presentation. Reservations recommended. **Hatteras Island.** Call 252-995-5466 or for more information, visit www.hatterasrealty.com.

Showcase Magic and Comedy Show. June-August. The Outer Banks Music Showcase will feature illusionists Clive Allen & Tracy. View clips at www.obxtrememagic.com. **Kitty Hawk.** Call 252-261-7505 or visit online at www.outerbanksmusic-showcase.com for exact show times.

Evening Racing at Nor' Banks Sailing in Duck. Sundays. Racing begins half an hour before sunset. All small sailboats are welcome. Charter a boat or bring your own and participate in some casual "beer can" races. **Duck.** Call 252-202-6880 for more information.

Port City Pirates & Ghosts. Through Labor Day. From the creators of the Beaufort Ghost Walk comes a family friendly new event. Tour through actual haunted locations, hear stories of the past, and learn to swordfight, navigate at sea, and fire a cannon while experiencing a real pirate's life. **Beaufort.** Visit www.tourbeaufort.com.

Carolina Beach Film & Fireworks Series. Sundays and Thursdays all summer. Weather permitting, the family-friendly movies will play at Carolina Beach Lake Park on Sundays, and a fireworks display will be on the beach near the boardwalk on Thursdays. Both events are free. **Wilmington.** Call 910-458-8434 or visit online at www.carolinabeachgetaway.com.

Carolina Beach Boardwalk Blast. All summer long enjoy Family Night with bouncy toys, karaoke, and more on Tuesday nights, Wednesday is bingo on the boardwalk and jazz at the lake, and Thursdays feature fireworks and live art and music shows. **Carolina Beach.** Visit online at www.boardwalkmakeover.org.

Beat the Heat. August. Learn Colonial strategies for coping with the heat during a guided tour of the Iredell House. **Edenton.** Call 252-482-2637 or visit online at www.visitedenton.com.

Cinema by the Sea. Alternate Saturdays



from June–Sept. 11. This outdoor film festival is held at the Gallant's Channel. **Beaufort.** Visit online at www.ncmaritime-museum.com for dates and show times, .

Eastern Music Festival. June 26–July 31. A music festival with more than 100 concerts, featuring orchestral concerts, chamber music and recitals featuring country, blues, rock, jazz, gospel and much more. Hosted by internationally known Eastern Music Festival (EMF) and School. Events to be held in various locations. For information, call 336-272-0160 or visit online at www.easternmusicfestival.org.

Avon Art Show. July 22, Aug. 19. Enjoy over 50 local artists showcasing their work at Hatteras Reality. **Avon.** Visit online at www.hatterasreality.com.

Friday Free Flicks. July 9, Aug. 13. On the second Friday of the month, the Emerald Isle Parks and Recreation Community Center plays family-oriented movies. **Emerald Isle.** Call 252-354-6350 for movie title or visit www.emeraldisle-nc.com.

Beach Run Series. July 1, 15 and Aug. 3 at 6:30 p.m. These races include races of one mile, 5K and 10K for all ages. Races begin at the public access from the Atlantic Beach circle. Registration required. **Atlantic Beach.** Call 252-808-3480 or visit www.ccparksrec.com.

Emerald Isle Summer 2 v 2 Beach Volleyball Series. July 10, Aug. 7. Held at the Western Ocean Regional Access. Registration: \$55/team. Pre-registration required. Registration and roster forms can be downloaded at www.emeraldisle-nc.org or picked up at the Emerald Isle Community Center. **Emerald Isle.** Call 252-354-6350 or e-mail bwood@emeraldisle-nc.org.

Beach Jive After Five. July 15, Aug. 19. Live music at the Western Ocean Regional Access (WORA). Bring chairs, blankets and dinner. Admission is free. Sponsored by Emerald Isle Parks and Recreation. **Emerald Isle.** Call 252-354-6350 or visit www.emeraldisle-nc.org.

Morehead City Parks & Recreation Concert Series. July 1–31, Aug. 1–31, Sep. 1–4. Hosted at Jaycee Park, performances start each Saturday evening at 7 p.m. **Morehead.** For the full concert schedule, visit online at www.crystalcoastnc.org.

Fort Macon Summer Concert Series. July 2 & 23, Aug. 6. All concerts are at Fort Macon State Park and are free to the public. **Fort Macon.** Call 252-726-3773 for featured concert information.

The Music Man. July 8–12, 17–19, 24–26.

Presented by the Opera House, the Thalian Hall performs this Broadway classic. For tickets and times, visit online at www.thalianhall.com or call 910-632-2285.

Oakdale Cemetery Historical Tour. July 17, Aug. 21 at 10 a.m. Friends of Oakdale Cemetery will offer a Summer Series of Historical Walking Tours of North Carolina's oldest rural cemetery. **Wilmington.** Call 910-762-5682 or visit online at www.oakdalecemetery.org.



50th Annual Beaufort Old Homes & Gardens Tour. June 25–26. 10 a.m.–5 p.m. enjoy a walking tour of private historic homes, gardens, churches and meeting halls. Music concerts, narrated bus tours and an antique car show also included in this event. \$16 in advance, \$20 day of. **Beaufort.** Visit online at www.beaufort-historicsite.org.

Fiddler on the Roof. June 25–28. Come see this Tony Award-winning classic as presented by the Opera House at Thalian Hall. Visit www.thalianhall.org or call 910-632-2285.

Mark Peyton Art Show. June 25–28. Featuring glass art portraits of historic figures from the 16th century, as well as beach glass chandeliers. This event coincides with Roanoke Island Festival Park's Earth Speaks exhibit. **Manteo.** For more information, call 252-474-1500 or visit www.roanokeisland.com.

3rd Annual Spanish Mackerel Family Fishing Tournament. June 26. At JayCee Park/MHC Docks. All proceeds will benefit Carteret Community College Foundation students. **Morehead City.** For more information, call 252-222-6222 or visit www.carteret.edu/foundation.

Outer Banks Sandsculpture Festival.

June 30–July 2. A three-day benefit event for the prevention of cancer provides fun events, raffles, and entertainment and highlights the art of sandsculptures. **Nags Head.** For more information, call 1-877-FLY-THIS or 252-441-4124 or e-mail events@kittyhawk.com.

38th Annual Cape Fear Blue Marlin Tournament. July 1–3. Welcoming all sponsors, fishermen, participants and spectators. Includes the Captain's Party with open bar, food and live music. Headquarters and weight station will be at Wrightsville Beach Marina. **Wrightsville Beach.** For more information, call 910-256-6666 or visit www.capefearbluemarlintournament.com.

36th Annual Cape Fear 7's Rugby Tournament. July 3–4. Cape Fear 7's is the oldest and largest 7-a-side weekend rugby tournament in the US and attracts over 60 teams. Admission is free. A youth rugby clinic for boys and girls between ages 7–14 will be ongoing throughout the weekend in Ogden Park. **Wilmington.** Call 910-264-5277 or visit www.fearrugby.com.

July 4th Arts & Crafts Show. July 3–4. A juried sale of arts and crafts of coastal artisans held at the Beaufort Historic Site is sponsored by Carteret County Arts & Crafts Coalition. **Beaufort.** For more information, e-mail collier1505@embarqmail.com.

Battleship Blast. July 4. Enjoy a historic fun-filled day at the Battleship *North Carolina* before the fireworks show in downtown. **Wilmington.** Call 910-251-5797 or go to www.battleshipnc.com.

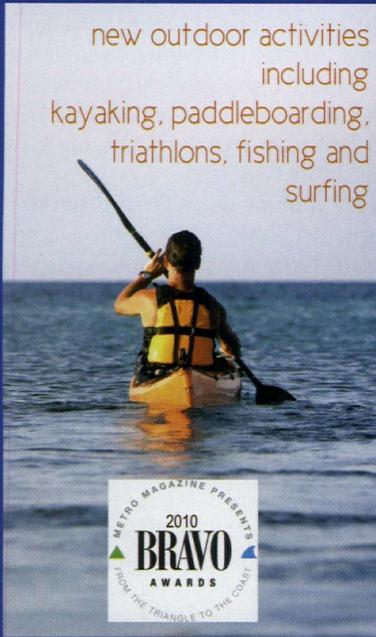
18th Annual Independence Day Festival of Fireworks. July 4. Food, fun and entertainment for the entire family at Currituck Heritage Park, 6–10 p.m. Fireworks will begin at dusk overlooking the Currituck Sound. Admission and parking are free. **Corolla.** Call 252-453-9040.

Atlantic Beach 4th of July Celebration. July 4. The annual Atlantic Beach Independence Day Celebration will feature the Sammy O'Banion and the Night Shift Band with a break to watch the 9 p.m. fireworks show. **Atlantic Beach.** For more information, visit online at www.atlanticbeach-nc.com.

4th of July Parade & Community Picnic. July 4. This waterfront parade begins at 11 a.m. in historic Beaufort with wagons, flags and lemonade stands. **Beaufort.** Visit www.crystalcoastnc.org.

America Celebrates/4th of July Fireworks with the Town of Manteo and East Carolina University. July 4. At 8 p.m. come out for fireworks at Roanoke Island Festival Park's outdoor pavilion. Also includes a

new outdoor activities including kayaking, paddleboarding, triathlons, fishing and surfing




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performance by ECU playing the music of George M. Cohan as the Manteo community celebrates with patriotic songs, barbecues, apple pie and more. **Manteo.** Call 252-475-1500 or visit online at www.roanokeisland.com.

Duck's 6th Annual Fourth of July Parade. July 5. The one-mile parade route beginning at 9 a.m. starts at Scarborough Lane and continues down Ocean Way and then Christopher Drive. An after-event following at the Duck Town Park will feature music by Ruth Wyand & Friends. **Duck.** Call 252-255-1234.



Fort Macon Civil War Reenactment

Wild Horse Days. July 6-8. Hosted by the Corolla Wild Horse Fund, come celebrate the wild mustangs that have roamed the North Carolina coast for nearly 500 years. Enjoy food, music, games, crafts, carriage rides and even meet a gentled mustang.

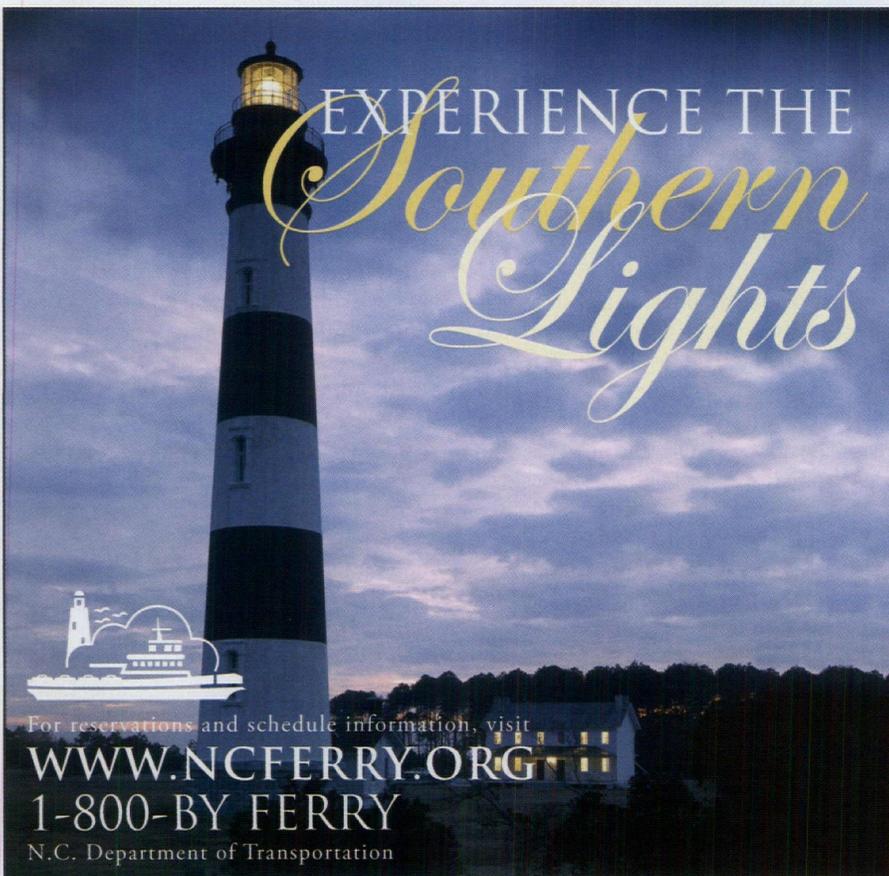
Corolla. Visit www.whaleheadclub.org or call 252-453-8002.

ArtWalk Downtown New Bern. July 9. From 5-8:30 p.m. see the paintings and clay works of artists such as Carol Tokarski, Janet Francoeur, Sara Meadows and Suki Diamond. The theme for this show is "Chickens, Roosters and Chicks, Oh My!"

New Bern. Visit online at www.carolina-creations.com.

28th Annual Tri-Span Race - 5K & 10K Race. July 10. Begin at 7:30 a.m. at the Hilton Inn on Water Street. **Wilmington.** For more details, visit www.trispan.active.com.

Classy-Chassis Car Show & Country Flea Market. July 10. Starting at 9 a.m., cars and trucks 1980 and older compete for awards at Poplar Grove Plantation. Vendors sell handmade crafts, furniture, jewelry and



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used goods. Food is available. Admission is free. Car entry registration \$20. **Wilmington.** Call 910-686-9518 or visit online at www.poplargrove.com.

Summer Party at Beaufort Historic Site. July 10, 7-11 p.m. Celebrate Beaufort's 50th anniversary with food, an open bar, live music and silent auctions with proceeds benefiting the Beaufort Historical Association. Tickets: \$100. **Beaufort.** Call 252-728-5225.

32nd Annual Wright Kite Festival. July 10-11. Enjoy two fun-filled days 10 a.m.-2 p.m., featuring a 100-foot octopus, stunt kite demonstrators, contests and kids' kite-making in celebration of the Wright Brothers' first flight. **Kill Devil Hills.** Visit www.kittyhawk.com.

Edenton Bay Challenge. July 10-11. Tanzers, Windmills, Sunfish, Optimists, Flying Scots and Lasers compete annually in this one-class design race. **Edenton.** Call 252-482-3400 or visit online at www.visit-edenton.com.

CAPE FEAR Blues Festival

Earth & Surf Festival. July 10-11. The 2010 Keep Onslow Beautiful Earth & Surf Fest emphasizes environmental awareness, promoting clean beaches, recycling and more. Includes a surf competition, 5K and 1 mile run, beach clean-up with prizes and displays from a variety of vendors. **North Topsail Island.** Visit online at www.earthandsurffest.com.

Steve Alterman Exhibit Reception. July 11, 2-4 p.m. Come see this award-winning artist and published photographer's latest works, as well as viewing Roanoke Island Festival Park's Earth Speaks exhibitions. On display July 3-27. Call 252-475-1500 or visit online at www.roanokeisland.com.

Barta Boys & Girls Club Billfish Tournament. July 15-17. Headquartered at the Beaufort Town Docks in downtown Beaufort. Legendary outdoorsman Tred Barta holds his 7th Annual Billfish Release Only Tournament, which also includes game fish, tuna, dolphin, wahoo and king mackerel. Includes Captain's Party, dinner, family game night, raffle drawing and silent

auction. All proceeds go to the Boys & Girls Clubs of Coastal Carolina. **Beaufort.** Visit www.bartabillfish.com or call 252-808-2286.

6th Annual Reef/Sweetwater Pro-Am Surf Fest. July 16-18. Three days of surfing with professional and amateur surfers. **Wrightsville Beach.** Call 910-256-3821 or e-mail tony@dwblivesurf.com.

Civil War Reenactment. July 17-18. Performed all day 10 a.m.-4 p.m. by the 1st NC Volunteers. Features flag talks, uniform talks, Civil War dress talks, musket firings, drills and more. **Fort Macon.**

Call 252-726-3775.

31st Annual Historic Beaufort Road Race. July 17. The race is run through the historic areas of Beaufort along the waterfront. Afterward enjoy fishing, kayaking, sailing, shopping and more. Proceeds from the race fund college scholarships for high school seniors across Carteret County. **Beaufort.** Call 252-222-6359 or visit www.beaufortroadrace.com.

People's Choice Exhibit. July 23. Begins at 5:30 p.m. at the Arts Council. Edenton. Call 252-482-8005 or visit www.chowan-arts.org.

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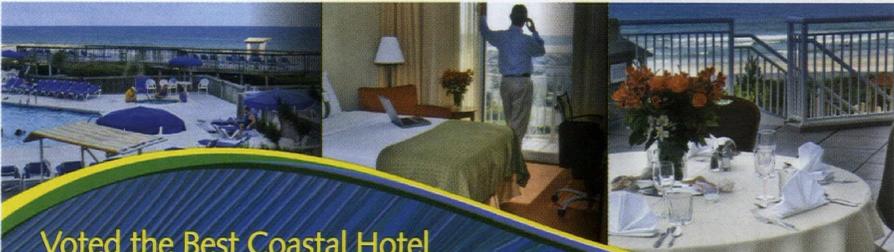


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Cape Fear Blues Cruise. July 23. Three bands, three bars and three decks. enjoy heavy hors d'oeuvres and a sunset cruise along the banks of the beautiful Cape Fear River. **Wilmington.** Call 910-343-1611 for tickets. Visit www.capefearblues.org.

Rodeo in July. July 23-24. The 3rd Annual East Coast Championship Tahoe Pro Rodeo takes place at the Newport Flea Mall including live entertainment. **Newport.** Call 252-223-4019 or www.crystalcoastnc.org.

15th Annual Cape Fear Blues Festival. July 23-25. Located between the beaches of Cape Fear Coast and the historic riverfront of downtown Wilmington. Events include a Blues Cruise, workshops, outdoor concert, live club shows and an all-day blues jam. **Wilmington.** Call 910-350-8822 or visit www.capefearblues.org.

11th Annual CFCC Boat Show. July 24. Presented by the CFCC Boat Building Program. Thousands of visitors gather annually to build their own boats and to see wooden boats, including kayaks, skiffs and boats from the Simmons Sea Skiff Club. Students in CFCC's Boat Building program will exhibit their work and conduct demonstrations. Features the "CFCC Build-A-Boat" event. **Wilmington.** Call 910-362-7151 or visit www.wilmingtondowntown.com.

25th Annual North Carolina Watermelon Festival. July 24. Enjoy food, a watermelon contest, arts and crafts booths, a children's area, live entertainment, a luncheon, an auction, a watermelon-eating and seed-spitting contest, and a scholarship pageant. **Fair Bluff.** Visit www.nc-watermelonfestival.com.



Annual Peach Festival of Knotts Island. July 24-25. Join thousands who come for food, crafts and entertainment to help support the community work of the Ruritan Club. **Knotts Island.** Visit www.knotts-islandonline.com.

Laura Long Concert. July 25 at 4 p.m. The annual concert is performed by a member of the Lost Colony Choir at the Film Theatre at Roanoke Island Festival Park's indoor theater. **Manteo.** Call 252-475-1500 or visit online at www.roanoke-island.com.

Summer Children's Performance Series: Flow Circus. July 27-29. Paul Miller

performs his improvisational juggling, magic and physical comedy show full of laughs and surprises. Suitable for all ages. Morning and evening shows available. Roanoke Island Festival Park. **Manteo.** For show times, call 252-475-1500 or visit www.roanokeisland.com.

NC Ducks Unlimited Band the Billfish Tournament. July 29-31. Event benefits the wetland habitats in North Carolina and waterfowl breeding areas across North America through Ducks Unlimited's Sound CARE program. **Morehead City.** Visit online at www.bandthebillfish.com.

Captain Eddie Haneman Sailfish Tournament. July 29-Aug. 1. A gentleman's tournament to promote inshore fishing. **Wrightsville Beach.** Call 910-540-2464 or visit www.gottaflyguideservice.com.

Opening Night of Oz Party. July 30. Meet the cast and crew while enjoying hors d'oeuvres and drinks after the first performance of *The Wizard of Oz*. \$18. **Manteo.** Call 252-473-3414.

Free Live Jazz Concert. July 30. Come to the City Wine Cellar to enjoy a free concert featuring Jazz with Connected. **Elizabeth City.** Visit www.citywine.blogspot.com.

2nd Annual TJM Celebrity Charity Kayak Fishing Tournament. July 30-31. Open to the public and celebrities. 100 percent of proceeds are to be donated to the Eastern North Carolina Alzheimer's Association. Kayak fishing, silent auctions, raffles and a celebrity autograph session. **Fort Fisher.** Call 910-792-6945 or visit online at www.carolinabeachgetaway.com.

18th Annual Tarpon Tournament. July 30-Aug. 1. Oriental Rotary's tarpon tournament takes place at Whittaker Pointe Marina. Come for a barbecue dinner, raffle and live music. **Oriental.** Call 252-249-0499 or visit www.orientalrotary.org.

National Night Out at the Museum. Aug. 3. From 3-7 p.m. explore the Museum of the

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The Pirates Are Coming. Aug. 6-8. The *Meka II* Pirate Ship is sailing in with rumor that Blackbeard's Crew will try to prevent it from docking. This is a benefit event for North Carolina's oldest lighthouse, Old Baldy. **Bald Head Island.** Visit online at www.oldbaldy.org.

Pirate's Cove Billfish Tournament. Aug. 9-13. Compete in the tournament in its 27th season of fishing, food and friends. Space is limited. **Manteo.** For more information, visit online at www.pcbiggame.com.

Beaufort Pirate Invasion. Aug. 13-14. Authentic Pirate Encampment with dinner served at night by ticket, Pirates Procession along the downtown waterfront to Pollock Street where a battle was held in 1747 with the town militia versus Spanish pirates. At 1:30 p.m. cannons and muskets will be fired to begin the invasion. Afterward, a public trial will be held to replicate the happenings of 1747. An event of the Beaufort Business Association. **Beaufort.** Call 252-728-3988.

Waterside Theatre Festival. Aug. 13-15. Attend three theatrical events: *The Lost Colony*, *Reaching for the Stars*, and *Disney's High School Musical Live*. Ticket price includes premium seating. \$40. **Manteo.** For show times and tickets, visit online at www.thelostcolony.org or call 252-473-3414.

Music in the Park. Aug. 16. Enjoy the sounds of Anthony Horton and Fred Hill and the 007 Band in this blues and rock 'n roll extravaganza from 3-5 p.m. at the Court-house Green. **Edenton.** For more information, visit www.chowanarts.org.

Virginia Dare Faire. Aug. 18. Celebrate the first born child born in America, Virginia Dare's 422nd birthday at Fort Raleigh Historic Site on Roanoke Island. Family-friendly activities featuring arts and crafts, games, entertainment, and free cake and ice cream. Includes *The Lost Colony* Virginia Dare Anniversary Performance. **Manteo.** Visit www.thelostcolony.org or call 252-473-3414.

Free Concert at the Beaufort Waterfront. Aug. 20. Located at the clock beside the Dock House. Sponsored by the Beaufort Business Association. **Beaufort.** Call 252-504-3396 or e-mail patwesson@embarqmail.com.

Bluez & Brewz Festival. Aug 21. Roughly 100 different beers will be available to sam-

ple while enjoying performances by three blues bands. Bring blankets, chairs and dancing shoes. No coolers please. Tickets available at all Outer Banks Brew-Thru locations. A portion of all tickets sold will benefit the March of Dimes. The Promenade. **Kitty Hawk.** Visit online at www.bluezandbrewz.com.



Beaufort Pirate Invasion

Shackleford Wild Horse & Shelling Safari. Aug 27. 8 a.m.-6 p.m. The safari includes a guided tour of Shackleford Island, a trip to one of the best shelling beaches, and self-guided tour of the Maritime Museum. **Beaufort.** For more information, visit www.tourbeaufort.com.

12th Annual Castles & Scoops. Aug. 29. Sand castles and ice cream come together

in a competition to raise money for the Children's Museum. The event takes place on the beach at Holiday Inn SunSpree Resort. **Wrightsville Beach.** For more information, call 910-254-3534 or visit www.playwilmington.org.

Lumina Daze. Aug. 29 at 4 p.m. The home of the Wrightsville Beach Museum is celebrating its 100th birthday. Activities include the nostalgic showing of a silent movie on the beach, Buddy Skipper and the Jetty Jumpers, a cakewalk, face painting and a silent auction and raffle. Blockade Runner, **Wrightsville Beach.** Visit online at www.wbmuseum.com.

Kayak Tour of Zeke's Island. Aug 31. From 8:30-11:30 a.m. travel by kayak to this most unusual lagoon-like island, uninhabited by humans. All equipment will be provided by UNCW's Osher Lifelong Learning Institute. \$59 for members, \$69 non-members. **Wilmington.** Call 910-962-3195.

Kiteboarding Demo Days II. Sept. 4-6. The grand opening of Waves Village Kiteboarding Resort hosts trials of the newest kites and boards and free kiteboarding workshops. From beginners to advanced, come out and sharpen your kiteboarding skills. **Rodanthe.** For more information, go to www.kittyhawk.com.

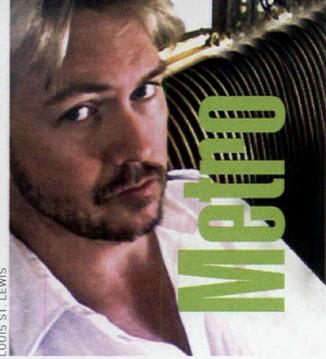
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LOUIS ST. LEWIS

by Louis St. Lewis

Artist-at-Large

ART AND THE ECONOMY

One of my favorite quotes of all time is by the 19th century philosopher and atheist Friedrich Nietzsche, “Life is so meaningless we might as well be extraordinary.” How brilliant is that? It is, after all, a short trip from cradle to the grave and the days afforded to us need to be celebrated and used with gusto. Striving to be extraordinary is, however, not always a recipe for guaranteed success. After all, it is the ordinary that people are comfortable with, the status quo, the accepted dogma.

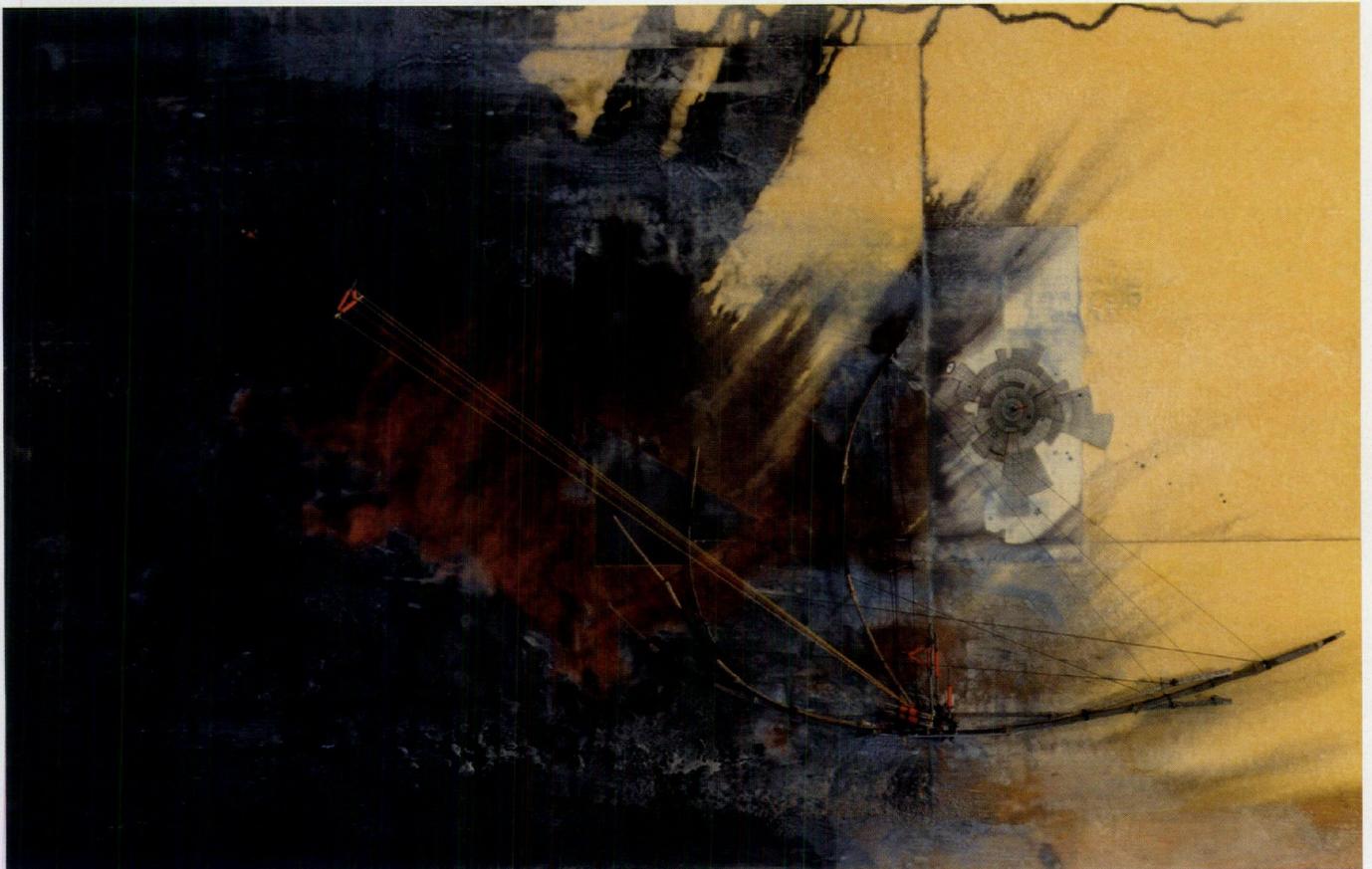
I think that trying to live a life of culture and beauty, kindness and truth becomes more rare each day as our society sinks deeper into a collective miasma of mediocrity. And you know the world of art is suffering big time when even the museums start shutting down — as is the case

of the recent closing of the Fayetteville Museum of Art. Yes, you read that correctly, the actual museum closed up due to lack of funds. Funny how cities are always giving lip service about “cultural attractions” in their efforts to seduce new businesses and residents, but when it comes to supporting the arts, it’s all a shell game. When I read the story online recently, I was not only shocked by the story, but by many of the responses by readers, many of whom gave a “who cares?” or “I visited there in 1988, why should I go back?”. This is sad and seems to be a fairly common sentiment, and obviously Fayetteville seems more than willing to let its museum, which opened in 1972, fade into extinction.

I know that Fort Bragg looms large over the local economy and society. But the goal

should really be for a few more theaters and galleries and a few less strip clubs and tattoo parlors. There was a big stink many years ago about the teaching of poetry at West Point. One Vietnam-era colonel complained that it produced “perfumed princes” who ultimately lost the war. But obviously, if one thinks about it, having the warrior class introduced to the arts only enhances an officer’s moral and intellectual courage, attributes just as valuable as physical courage under fire. There always seems to be plenty of money for war, but always a dearth of money for the things that actually make life meaningful and enriched.

Speaking of the Fayetteville Museum of Art, its director, Tom Grubb, is a talented artist in his own right. He was a recipient of a National Endowment for the Arts



The Path of the Just by Tom Grubb, Mixed Media - Ink, Wax, Parchment Paper, Bamboo

grant in 2003 for his outdoor sculpture *Star Gate*. Several of Grubb's works can be viewed in area galleries, including Broadhurst Gallery in Pinehurst (www.broadhurstgallery.com) and The Mahler gallery in Raleigh (www.themahlerfineart.com). Grubb is a true professional, and I am certain the closing of the museum will open new doors of creative expression for the artist. His work is distinctly modern and abstract full of subtle use of line, form and color.

I always read the obituary and bankruptcy section of the newspaper, just to make sure I'm not in them, so it was equally extraordinary reading the recent news of Durham's Somerhill Gallery filing for bankruptcy after 38 years. The gallery had only in the past couple of years moved from its Chapel Hill location into spanking new digs in Durham with highly polished floors and a close-up view of the Durham County jail. When I read the bankruptcy notice I almost shot my Earl Grey tea out of my nose; it was such a shock. There must be some sort of collective group of obituary readers in the area because my phone started ringing off the



Orion the Hunter by Tom Grubb, Mixed Media - Ink, Wax, Parchment Paper, Bamboo

hook about 30 seconds later with people calling to gossip about the news.

After all, Somerhill has been around since the dawn of the Triangle art scene. I've always been impressed by the sheer number of artists represented by the gallery, including the late Maud Gatewood, but I was even more impressed when I read that the gallery is in debt to the tune of \$927,000! You know you are really good at what you are doing when you can get into that much debt with an art gallery. Just think of all the hard work that Michael

Jackson, Enron and MC Hammer had to do to get in millions of dollars in debt and you start to appreciate the creativity that goes into the process. I'd love to be in a few millions of dollars of debt myself, so if any of you would like to issue me a line of credit, just let me know, I have plenty of extraordinary ideas on how to spend it. I don't think that we should write off Somerhill yet though, after all, this is a Chapter 11 bankruptcy, which means that everyone could wind up doing just great, especially the lawyers. **MM**



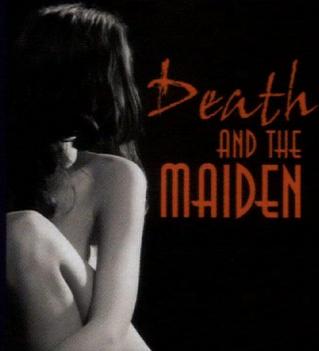
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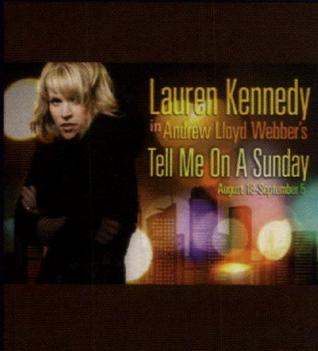
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BUTTERFLY HOUSES GRACE WILMINGTON'S AIRLIE GARDENS

A parking lot is a parking lot, even if it is in the ritzy Mayfaire shopping center in Wilmington. I was making my way to my car when a lovely Monarch butterfly floated gracefully by, darting first one way and then the other as if it had no particular destination in mind and, if it did, was in no hurry to get there. Monarchs are the large orange and black butterflies of our childhood — lovely, as I said, but common — and on any other day this one probably would not even have entered my consciousness.

At that moment, I had other things on my mind. I was in earnest pursuit of a pair of white bucks to wear to the upcoming Tanglewood Steeplechase and had just exhausted my last hope of finding them at Mayfaire's upscale Belk. I was hot and exasperated — folks just don't wear white bucks much anymore and, predictably, hardly anyone sells them. But I did notice the butterfly because on that day butterflies were on my mind.

I had just left Airlie Gardens, a virtual paradise of almost 70 acres owned and operated by New Hanover County and sited on the eastern edge of Wilmington on Bradley Creek. It boasts 100,000 azaleas and some 50,000 camellias in a bucolic setting that includes a lake with a pair of matched white swans, nature trails, spectacular wedding locations, pergola and bridal walks, on-going environmental projects, and awesome, centuries-old oaks draped in Spanish moss. Eighty thousand daffodils greet spring visitors, and the gardens are designed so there is year-round color.

There are many reasons for visiting Airlie, which I consider one of the premier destinations in North Carolina. There are a dozen spots where I would love to spend the day with a good book, a jug of cold sweet tea and a picnic lunch. But on this day, it was butterflies and a promise that brought me to Airlie.

A few years ago, Mary Lou McEachern, the unofficial, non-resident Ambassador Extraordinaire of Kelly, NC, told me that

she had agreed to help build a butterfly house at Airlie in memory of her husband, Sandy, the Wilmington builder who was her soul mate and business partner. Mary Lou is a longtime member of the Cape Fear Garden Club and is devoted to Airlie, the site of many Garden Club and Azalea Festival activities. Mary Lou continues the tradition that she and Sandy started, entertaining the 100-plus Festival "Dixie Bells" in hoop skirts on the manicured grounds of their white stucco Mediterranean-style villa in Wilmington across from Masonboro Island.



I had seen handcrafted "butterfly houses" at the Saturday market — whimsical creations akin to birdhouses that purportedly allow butterflies to slip in with wings folded through thin vertical slots. I have never heard anyone take an oath that butterflies really do inhabit these butterfly houses, but I am willing to accept the assertion on faith and argue over more important things, in my way of thinking, like barbecue.

Mary Lou tried to explain to me what this special butterfly house at Airlie would be like, but honestly, I couldn't grasp it. Regardless, I told her I wanted to be invited to the opening. She remembered, and I received an invitation from the folks at

Airlie. And I won't trade a speckled puppy for my trip to Wilmington and the dedication festivities I was privileged to share with Mary Lou, her daughter Mary Katherine, the Glamorous Greek and a host of Mary Lou's other ever-faithful friends and family, including Henry and Roya Weyerhaeuser.

The Weyerhaeusers, including son Ian, whom Sandy loved like a son and taught to fish and boat, hosted a dinner party at the Olympia restaurant the evening of the dedication. There were a lot of stories about Sandy's exuberant personality and his zest for life, including his love for fireworks and his spectacular Fourth of July waterfront displays in which Ian often was a co-conspirator.

Airlie estate was the home of Mr. and Mrs. Pembroke Jones. Jones was a railroad magnate with tremendous wealth. He and his wife Sarah entertained in the grandest style, allegedly inspiring the phrase, "Keeping up with the Joneses." Mrs. Jones devoted tremendous resources and personal time to creating the perfect environment for entertaining and amusing guests, not only in the Jones' Italianate hunting lodge, but also in venues she created throughout the grounds.

Today, when you enter Airlie by way of the Minnie Evans gate where the renowned naïve artist collected admission and created her mystical drawings, you travel a short way through the forest and then emerge to see a gazebo on the left. Behind the gazebo, discreetly sited among small "tranquility gardens" so as not to be intrusive, sits the new 2400-square-foot butterfly house dedicated to the memory of Hugh Alexander "Sandy" McEachern and in honor of Mary Lou McEachern.

The octagon-shaped facility of metal construction is enclosed with a screen that repels all but about 20 percent of rain water. Double entrances are designed to keep butterflies from hitching a ride out on visitors. Visitors are warned to watch their step because butterflies light at will on the walkway. Upon entering, excited

school children immediately have photos with butterflies perched lightly in their hair and on their shoulders.

Besides enjoying the beauty of the butterflies and the vegetation, visitors, including school children, learn the life cycle of the butterfly and curious facts, including the fact that various butterflies have favorite plants on which they lay their eggs. The Monarch butterfly, for example, favors milkweed. The hatched caterpillars feast on them until mature enough to go in search of a quiet, dark place to enclose themselves in a crystalis (or cocoon). Weeks later they emerge as butterflies so delicate and of such intricate design and color that only heaven could have created them.

I talked with "MJ" Cooper who was visiting the butterfly house. She raises butterflies by planting parsley and fennel that attract the exotic black swallowtail butterfly. They lay their eggs and after tiny caterpillars appear, Ms. Cooper takes them in the house, puts them in an aquarium and provides their favorite veggies. When the caterpillars are mature, they climb out of the aquarium, find a place to create a crys-

tal and then emerge in about 30 days as a butterfly. She photographs them and then releases them into the wild.



Kids will appreciate the fact that butterflies enjoy snacks. They like to drink from wet sand and enjoy a treat of fresh fruit that they find in "pudding stations" in the butterfly house.

A brilliant stainless steel sculpture, by Chapel Hill artist Gary Caldwell, fills the ceiling of the butterfly house, featuring, of course, lots of huge butterflies in flight. Caldwell earlier created a butterfly arbor for the adjacent tranquility garden.

• • • •

I cannot mention the butterfly house without noting that at the other end of the

meadow is the Minnie Evans bottle chapel, designed by Virginia Wright-Frierson, that memorializes Evans and delights with its design and fancy. Some 3000 colored bottles held together by cement catch the light and create a stunning effect. Motifs favored by Evans are incorporated, and for those who love her work, as I do, a visit to the chapel must be viewed as a pilgrimage. It is a prime example of exciting public art.

I don't know who coined the phrase, "butterflies are forever," but between you and me, a butterfly house seems like a fitting, lasting memorial for a loved one. One source said butterflies represent freedom. Another said love. Those who visit the Sandy and Mary Lou McEachern Butterfly House at Airlie Gardens can decide for themselves. I might say they represent the mystery of life, continuity or even immortality. Where else in nature or living-kind is there a creature that does an annual migration — but goes through several life cycles in the process so that the butterfly that leaves on a trip of several thousand miles is not the butterfly that returns? Yet it does return. **MM**

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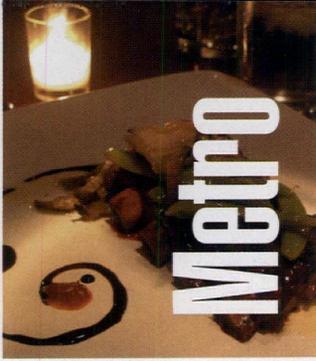


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The Foodiest Towns in the Mountains

CULINARY DELIGHTS OF ASHEVILLE AND BLOWING ROCK

Not too long ago, dining in North Carolina's high country meant visiting a "family-style" restaurant, a tradition that still continues at places like Boone's Dan'l Boone Inn and Dillsboro's Jarrett House. Nowadays there is a cornucopia of fine restaurants in our state's magnificent mountain land, but the fine dining capital of the Appalachians is undoubtedly Asheville.

Traveling west along Interstate 40, the first mountain view at Pisgah National Forest makes my mouth begin to water. In Asheville, my husband and I usually stay uptown within walking distance of favorite haunts — Malaprop's, the most intimate of bookstores, and Downtown Books & News, a treasure trove of previously owned volumes. Besides all the unique bookstores, there are dozens of enticing galleries and antique stores to keep us busy between meals. Yet, gastro-tourists that we are, it's the variety and quality of restaurants that make Thomas Wolfe's hometown such a special draw.

The feasting begins first thing in the morning at one of Asheville's many enticing breakfast venues. Tupelo Honey's fluffy biscuits soaked in old-fashioned milk gravy are better than Grandma ever made, and Early Girl's shrimp and grits rivals the best in the South. Five minutes from downtown, the Moose Café is just the place to begin an exploration of the sprawling Western Carolina Farmers' Market. After a stack of Moosecakes topped with molasses, you can burn off a few calories browsing the market stalls for edible souvenirs — sourwood honey, local apple butter and stone-ground grits, to name just a few of the gastronomic temptations.

Lunchtime brings another dilemma: which eatery to choose? For south-of-the-border heat, try Salsa's Caribbean/Mexican



flavors. For healthy salads and wraps, follow the locals to Laurey's where you can also pick up a cookbook or two by Laurey's mother, Elsie Masterson, late owner of the iconic Blueberry Hill Inn in Vermont. For exceptional farm-to-table cooking with French technique, head to Table. The menu varies daily, but the juicy, rare hamburger — the kind to savor along with your favorite pinot noir — is always available. Currently the hottest table in town, Table's chef/owner, Jacob Sessoms, was nominated for a James Beard Award this year.

For us, the evening meal usually means Vincenzo's, an Italian-American restaurant we find hard to pass up, though this old neighborhood eatery won't appear on any list of the town's trendy restaurants. Maybe it's the aroma of garlic wafting out the door, but I can't walk pass Vincenzo's without going in. The lure of his specialty, eggplant parmigiana, or the ultra-garlicky linguini with fresh clams (one of the best renditions I've tasted) is irresistible. A



Vincenzo's

downstairs table in the bar with jazz played by local musicians makes dinner at Vincenzo's even better.

On the other end of the spectrum, we enjoy The Market Place, the darling of

critics for most of its 30 years in business. Its founding chef, the brilliant Mark Rosenstein, recently retired, but new Chef William Disson, a veteran of Magnolias in Charleston, SC, maintains the spirit of Rosenstein's sophisticated farm-fresh cuisine.

Our most recent trip to Asheville took us to another part of town, toney Biltmore Village. Though I had enjoyed some of the neighborhood's eateries before, most notably Reza's (Mediterranean rim) and Fig Bistro (seasonal French/Italian), this time we discovered another gem, the Red Stag Grill. Located in the Grand Bohemian Hotel across from the gate of the Biltmore House, the grill's specialties include elk tenderloin served with chestnut mashed potatoes, and local mountain



Red Stag Grill

trout with a well-executed root veggie risotto. The antler-bedecked décor of the grill reflects the rest of the hotel, designed by its owner, Richard Kessler, of the delightfully eccentric and luxurious Kessler Collection Hotel chain. The Bohemian fits in so perfectly with its surroundings that it's almost invisible, but inside it's a stunner — think Bavarian hunting lodge on steroids. I fell in love with it at first sight. We stayed the night surrounded by ancient Hindu temple columns, Bohemian teak paneling, bronze boards, heads of exotic wild game, Old World paintings from Kessler's personal art collection, and in the suite, a velvet-curtained Jacuzzi and elegant contemporary furniture. After one night, Drake had to drag me, kicking and screaming, out of the place.

But after good coffee, a fluffy omelet and perfect crispy hash browns at the Corner Kitchen down the block, I began to calm down.



Later, as we drove down the mountain to the familiar rolling hills of the Piedmont, the memory of all the great restaurants we have back in the Triangle came back to me. Suddenly I was happy to be headed home.

BLOWING ROCK

So spoiled am I by the culinary abundance of Asheville (not to mention the Triangle), when invited to be a judge at the Blue Ridge Wine & Food Festival in Blowing Rock, my expectations were not very high. Granted, I'd had some exceptional meals at two dining rooms just outside the town, each with a view as delightful as the food — Gideon Ridge Inn and the Gamekeeper. Even so, how many other notable restaurants could there be in a town of 1500 people?



Now I know: at least 20. That's how many restaurants entered Fire on the Rock, a chef competition modeled on Food Network's popular "Iron Chef," and a featured event at the festival this past April. Do the math: one exceptional restaurant for every 75 people. If this isn't a foodie town, I don't know what is!

The contest begins in February, just as basketball fans in the Metro area are enthralled by our university team rivalries. Blowing Rock's own tournament is held in the kitchen of Crippen's Restaurant. Each evening two chefs create dishes using a secret ingredient revealed at the beginning

of the cook-off. The dishes are then sampled by diners who vote on the qualities of each. The winner then moves on to another round. "This is our version of the NCAA tournament," Jimmy Crippen told me. "The whole town talks of nothing else for two months." Anyone can be a judge. All it takes is a reservation for the Tuesday and Wednesday night cook-offs at Crippen's Restaurant.

When the Blue Ridge Food and Wine Festival rolls around in mid-April, Fire on the Rock madness hits a peak. By then, the contest has narrowed to four chefs. The next phase requires these finalists to work their magic in an ad hoc kitchen in front of a crowd at the Hayes Performing Arts Center.

For the "final four" I joined three other judges (Donna Florio from *Southern Living*, Marcia Langhenry from the *Atlanta Journal-Constitution*, and Jane Garvey from Gayot.com) to taste dishes made by the finalists: Sam Beasley of the Gamekeeper Restaurant, Andrew Long from Storie Street Grille, Jason Jarrell from Rowland's at Westglow Resort and Spa, and Nicole Palazzo of Sorrento's Bistro in Banner Elk, NC. Most dishes were exceptional in all categories — aroma, presentation and taste. In the last round Beasley and a talented crew from the Gamekeeper beat the Rowland's team by a slim margin.

Due to Crippen's dedication and showmanship, as well as the local talent, Fire on the Rock has been such a smash that the exuberant restaurateur has been asked to take the show on the road. Under Crippen's guidance, Asheville will host a similar contest in August, and Highlands plans to follow suit with its own version later this year.

After the final contest, I queried Crippen about similar dining competitions in our neck of the woods. "There aren't any



yet," he said. "But next week I'm headed to the Beaufort Wine and Food Weekend. They asked me to help initiate a contest for next year's festival. They do have some terrific restaurants out there, and it should be a great contest. I think they should call it 'Fire on the Dock.'"

That's one I don't want to miss.

NIBBLES

Our state offers a host of food and wine festivals all year long. Among the events coming up during the next few months are: **Lincolnton Hog Happenin** on June 4; **Burgaw Blueberry Festival** on June 19; **Asheville Wine and Food and Festival** on Aug. 13; **Winterville Watermelon Festival**,

Aug. 26-28; **Pinehurst Wine Fest**, Sept. 2-6; **NC Turkey Festival** in Raeford, Sept. 11; **Charlotte Oktoberfest**, Sept. 25; and **NC Seafood Festival** in Morehead City on Oct. 1.

The pioneering meal take-out business, **EV Southpoint**, will be joining forces with catering enterprise Mark Day Company to offer meals-to-go that can be picked up in several Triangle locations, including BrandyWine Cellars on Fayetteville Road, Durham; The Wine Merchant in Cary and Raleigh; Bella Bean Organics; and Mark Day Company on Highway 86 between Hillsborough and Chapel Hill. The company will deliver at no charge. Order online at www.evsouthpoint.com.

Metro congratulates **Walter Royal**, executive chef of The Angus Barn, for his honorary degree from Johnson & Wales University's Charlotte Campus. Royal was recognized at the May graduation ceremony for his distinguished career with an honorary Doctorate of Culinary Arts.

Sandwich has moved to a new location, 407 W. Franklin St. in Chapel Hill, and is now open for both lunch and dinner.

The former First Citizens Bank building in the Oak Park Shopping Center (6033 Glenwood Ave.) has morphed into **Fresh**, Raleigh's new outlet for Maple View Farm's hormone-free milk and ice cream made at the dairy farm in Orange County.

Jean Martin, owner of **NOFO at the Pig** (2014 Fairview Road, 919-821-1240, www.nofocom.com), has opened the first **Five Points Farmers' Market** in the NOFO parking lot. The market runs from 8 a.m. to noon. NOFO will serve a country breakfast until 10 a.m.

The **Raleigh Downtown Farmers Market** (godowntownraleigh.com/farmers-market) has moved from its former location at Moore Square to City Plaza on Fayetteville Street.

On June 6-7, **Ferrington House** will hold a culinary retreat, "The Farmers'

Market." Executive Chef Colin Bedford will teach a class on seasonal cooking using organic produce from local farms and the Ferrington gardens. The retreat includes an overnight stay at Ferrington Inn, an afternoon tea, wine reception, dinner, breakfast and a full morning of hands-on cooking instruction. Call 919-542-2121 for details and reservations. Check online at www.ferrington.com for information about other events in celebration of Ferrington House's 30th anniversary this summer.

Rob Bland, former chef at Coquette, has resurfaced at **Café Helios**, now undergoing a kitchen renovation. Bland's fans will want to check out the talented chef's First Friday barbecues this summer outside the café at 413 Glenwood Ave.

Saffron, the popular Indian restaurant in Morrisville, opened a second restaurant in Chapel Hill this month at 3140 Environ Way. For reservations, call 919-240-7490 or link to www.saffronnc.com.

Hérons at The Umstead Hotel and Spa will be closed July 5-Sept. 10 for an extensive kitchen renovation. Supervised by Chef Scott Crawford, the new kitchen will be glass-enclosed to shelter diners from kitchen noise while providing a full view of food preparation. During this time, Herons will offer special menus for Umstead guests, including a seasonal buffet for breakfast, lunch and dinner with seating throughout the bar, lounge and terrace.

Downtown Wilmington's iconic **Caffé Phoenix** has moved from its original location at 9 Front St. to a renovated new space nearby at 35 N. Front St.

Kitchen in Chapel Hill, a new restaurant located at 764 Martin Luther King Blvd. in the Midtown Market shopping center, offers a bistro-style menu featuring local ingredients. Chef Dick Barrows' offerings include hot and cold first courses and main dishes, including duck confit, fresh-caught fish from the Carolina coast and bistro steak-frites. Wine and beer are available. Go to www.kitchenchapelhill.com or call 919-537-8167 for more. **MM**

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ANGUS BARN CELEBRATES

The Angus Barn never ceases to amaze. Founded in 1960, way out of Raleigh back then, near the RDU Airport, the big red steak house was considered doomed from the start. Locals asked why people would drive all that way along rural Highway 70 just to eat. Thing is, they did, and after a few months the Barn was feeding customers to its 275-seat capacity 363 days a year. Today, the Barn serves 22,000 steaks a month in double the space that replaced the original structure that burned to the ground in 1964. And Hwy. 70 has become a major artery in the Research Triangle metropolitan area that boasts a population nearing 2 million. RDU Airport has grown since from one runway and 20 flights a day to a major aviation hub.

The Barn just keeps on keeping on as it celebrates 50 years this summer, having served 13 million guests since the barn door was opened. The red and white tablecloths and matching server outfits remain, as does the generosity of spirit customers love — free cheese and relish trays; complimentary apples; large servings; The Angus Barn Store; and truly personal service from the veteran staff. The Wild Turkey Bar & Lounge, opened in 1980 after the passage of liquor-by-the-drink in North Carolina, adds casual dining, and the creation of Wine Cellar private dining amidst the Barn's nationally acclaimed 30,000 bottle collection adds just the right note of classic hospitality.



The awards come in like clockwork. Culinary master Walter Royal recently took home the vaunted Iron Chef title, and *The Wine Spectator* bestowed its coveted Grand Award to the Barn. The restaurant is



Steve Thanhauser and Van Eure

ranked in the nation's top 50 highest dollar volume eateries and is rated consistently as one of the nation's 100 best restaurants.

THE PAVILIONS

In 2008, Barn owner Van Eure and husband Steve Thanhauser acted on an inspiration. Behind the Barn's perch on a hill overlooking Hwy. 70, Van's father Thad Eure, who founded the restaurant with partner Charles Winston (who later sold his interest to Eure), stored antique treasures to furnish his chain of Darryl's restaurants. Amongst old wagon wheels and double-decker buses, the couple uncovered the original paving stones for the City of Raleigh, saved and collected by Thad's father and namesake, who served as North Carolina's Secretary of State for 46 years — instantly recognizable in his red bow-tie and straw hat — and for his self-coined moniker: "the oldest rat in the Democratic barn."

The most exciting discovery was 400-year-old trusses of heart pine used as ammunition sheds in the Civil War that could be used to build what is now The Pavilions, a 350-capacity space with an enclosable patio (accommodating an additional 150 people) that can be instantly

converted to inside space during inclement weather. Set astride a lake, featuring marble pavers leading to the water salvaged from the historic Sir Walter Raleigh Hotel in downtown Raleigh, is an amphitheater for outdoor events. The settings are a favorite for weddings and special events and feature food created by the Barn culinary staff prepped on-site. Nearby are trails and a hiking course laid out by Van and son Chris Thanhauser.

Since I knew Van's dad Thad before he passed away from cancer in 1988 at age 56 — and her mother Alice who died of cancer in 1997 — I think it appropriate to change tense and state personally that I can feel Thad and Alice's pride for Van and Steve's loving creation of The Pavilions using favorite items the founders stored over the years. Thad's graciousness, generosity, hospitality and creativity are carried on with this great addition to the original dream.

I know he is beaming down his trademark smile on The Angus Barn today, laughing a bit about how right he and Charlie Winston were when they set out to beat the odds in 1960. And I know his heart is filled with pride for Van and Steve. Mine is. **MM**

RESTAURANT GUIDE

RALEIGH/CARY

18 SEABOARD — 18 Seaboard Avenue, Suite 100 Raleigh. 861-4318. www.18seaboard.com. Chef-Proprietor Jason Smith welcomes you with sensibly, inventive American Cuisine using North Carolina ingredients. From the downtown views of our open-air mezzanine to the staff's warm hospitality, 18 Seaboard is the place for casual dining or special occasions.

42ND STREET OYSTER BAR — 508 W. Jones St., Raleigh. 831-2811. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Lunch M-F, Dinner seven nights a week.

518 WEST ITALIAN CAFÉ — 518 West Jones Street. Raleigh. 829-2518. www.518west.com. Named "Best Italian Restaurant in the Triangle" five years in a row, 518 West serves Italian and Mediterranean cuisine with a modern, healthy twist.

AN — 2800 Renaissance Park Place, Cary. 677-9229. www.ancuisines.com. Chef Michael Chuong showcases his signature "New World" cuisine, an elegant blend of Southeast Asian flavors and European influences. Voted Best New Restaurant in 2007 by *Metro Magazine* & *Cary Magazine*, Best Appetizers in 2008 by *Metro Magazine*. Lunch Mon-Fri and Dinner Mon-Sat.

THE ANGUS BARN — 9401 Glenwood Avenue. Raleigh. 781-2444. www.angusbarn.com The Angus Barn, a Raleigh landmark offers Angus steaks, seafood, an extensive wine list, experienced and knowledgeable staff and much more in its eclectic barn setting. Since opening in the 1960s, the basic principals — hospitality, attractive atmosphere, and value have remained the same.

BELLA MONICA — 3121-103 Edwards Mill Rd., Raleigh. 881-9778. www.bellamonica.com. Authentic Neapolitan entrées from family recipes. Neighborhood wine bar with all-Italian list. Patio dining. Lunch & Dinner. Closed Sunday. Voted "Best Italian" by *City-Search* & *AOL Cityguide*. *Wine Spectator* Award of Excellence.

BLOOMSBURY BISTRO — 509 W. Whitaker Mill Rd. Ste 101, Raleigh. 834-9011. Sophisticated food and wine in a comfortable neighborhood setting. Featured in *Southern Living*, *Gourmet Magazine* and *USA Today*. Voted Best Restaurant two years running, Best Chef and Best Waitstaff 2006 *MetroBravo!* Awards.

BLUE RIDGE, THE MUSEUM RESTAURANT — 2110 Blue Ridge Rd., Raleigh. 839-6262. Visit Web site online at www.ncartmuseum.org. Offering renowned visual art and culinary masterpieces at the NC Museum of Art. Eclectic fare ranges from salads, sandwiches and entrées at lunch to sumptuous weekend brunches.

BONEFISH GRILL — 4421-112 Six Forks Rd., Raleigh. 782-5127. Specializing in market fresh fish and seafood cooked over a wood-burning grill. Eight or more fresh fish selections daily, paired with original toppings. ½ price appetizers from 9 p.m.-10 p.m. every night. Live music Thursday nights from 9 p.m.-11 p.m. Bar and outdoor patio dining available. Located at North Hills. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-10 p.m.

CAFÉ TIRAMISU — 6196-120 Falls of Neuse Rd., Raleigh. 981-0305. Northern Italian Cuisine: A family owned and operated restaurant originating from an old Raleigh favorite Piccolo Mondo restaurant. Slick and contemporary décor, will give fine dining at its best.

COQUETTE BRASSERIE — 4351-119 The Circle at North

Hills, Raleigh. 789-0606. www.coquetteraleigh.com. Raleigh's first authentic French Brasserie featuring traditional fare, an exclusive French wine list and the best beers and classic French cocktails. Open air restaurant made possible by giant doors that open when the weather is just right. Mon-Thurs: 11 a.m.-10 p.m., Fri-Sat: 11 a.m.-11 p.m., Sun: 10 a.m.-10 p.m.

EL RODEO GRILL — 7420 Six Forks Rd., Raleigh. 919-844-6330. www.elrodeogrill.com. Inspired by the bold flavors of Tex-Mex fare and the vibrate culture of Mexico, enjoy our favorite fajitas and stuffed Chile Rellenos. Or for a higher degree of authenticity, try our Michoacan-style Carnitas and a Mexico-City style Steak Tacos special. Signature margaritas and refreshing beers make for a perfect complement to this twist on traditional Mexican dining.

FIREBIRDS ROCKY MOUNTAIN GRILL — 4350-118 Lassiter at North Hills Ave., Raleigh. 788-8778. A unique style of American cuisine that originated in Aspen Colorado. Open-flame grilled steaks, herb roasted prime rib, fresh seafood, hearty pasta, awesome burgers and giant salads served in a cozy, comfortable setting. Bar and outdoor patio seating available. M - Th: 11 a.m. - 10 p.m., F-Sat: 11 a.m. - 11 p.m., Sun: 11 a.m. - 10 p.m.



THE FLYING BISCUIT CAFÉ — 2016 Clark Ave., Raleigh. 833-6924. Online at www.flyingbiscuit.com and www.raleighbiscuit.com. Serving breakfast all day and hearty entrées, sandwiches and salads for lunch and dinner, this Cameron Village restaurant also boasts a full bar. Open 7 a.m. until 10 p.m. daily.

GLENWOOD GRILL — Oberlin@Glenwood, Raleigh. 919.782.3102. The longtime favorite in the Triangle, five-time *MetroBravo* winner for Power Lunch. Head Chef John Wright continues to discover new takes on Contemporary Southern. Now offering even More for Less: \$50 Dinner for Two, Mon-Thurs. Appetizer or salad to share, two entrées, dessert to share and a bottle of wine. For lunch, Monday-Friday: Two for \$12: Choose appetizer or salad with Main Course. Available for private parties on Sundays. Visit us at glenwood-grill.com.

GLOBE — 510 Glenwood Avenue Suite 103, Raleigh. 836-1811. Chefs Heath Holloman (co-owner) and Gray Modlin present a menu influenced by cuisines from all over the GLOBE, with their own twists. Choose a wine from the comprehensive list or have Henry Burgess (co-owner/sommelier) assist in a selection that will pair well with your food. "GLOBE...come taste a world of difference!"

HERONS — 100 Woodland Pond, Cary. 447-4200. www.héronsrestaurant.com. Now open at The Umstead Hotel and Spa offering modern American cuisine with regional influences and an extensive wine selection. Live music and classic cocktails in the bar.

HOT POINT CAFÉ — 4209-136 Lassiter Mill Rd., Raleigh. 788-8240. A contemporary American café known as

Midtown Raleigh's "neighborhood café" serving traditional breakfast and Mediterranean-influenced lunch and dinner. Famous for their California-style pizzas, sandwiches and house-baked focaccia. Wine and beer served. Outdoor patio dining available. Located at North Hills. M-Th: 7 a.m.-9 p.m., Fri: 7 a.m.-10 p.m., Sat: 8 a.m.-10 p.m., Sun: 8 a.m.-9 p.m.

IRREGARDLESS CAFÉ — 901 West Morgan Street, Raleigh 833-8898, www.irregardless.com. Authentic Raleigh experience since 1975. Award winning, hand-crafted meals which respect the environment. Live music nightly! Casual fine dining with unique wines & beers. Open Lunch, Dinner, Sun. Brunch. Catering available.

JIBARRA RESTAURANT — 327-102 West Davie Street, Raleigh. www.jibarra.net. 755-0556. Housed in historic Depot building in the warehouse district, this upscale Mexican restaurant couples indigenous ingredients with modern techniques and sensibilities elevating timeless recipes. Blending contemporary and Mexican style, the energetic atmosphere is dominated by a sleek tequila tower showcasing an array of premium, 100 percent blue agave spirits. Creative margaritas and an emphasized Spanish and Latin American wine list available.

MEZ — 5410 Page Rd. Durham. 941-1630. Visit online at www.mezdurham.com. North Carolina's first LEED designed restaurant, serving contemporary Mexican cuisine in the heart of the Triangle at Exit 282 off I-40 in the Research Triangle Park

MIDTOWN & BAR 115 — 4421-115 Six Forks Road, Raleigh. 782-WINE. www.midtownandbar115.com. Recognized as one of the "Best Places for a Power Lunch," by *Metro Magazine*, Midtown offers the experience of a New York bistro and bar in the heart of Raleigh's new midtown. Enjoy metropolitan cuisine and distinctive wines served by a professional wait staff. Lunch and Dinner Mon-Sat. Bar 115 open until midnight Thurs-Sat.

THE MINT RESTAURANT — 219 Fayetteville St., Raleigh. 821-0011. www.themintrestaurant.com. Mon.-Thurs. 5-9p.m.; Fri. and Sat. 5-10p.m. The Mint in downtown Raleigh offers contemporary fine southern dining with global influences. Culinary Director Christopher Hylton presents new and exciting culinary combinations paired with The Mint's unflappable service standards.

NOFO MARKET AND CAFE — 2014 Fairview Road, Raleigh. 821-1240. Cafe, bar and deck seating. Award-winning salads, soups, sandwiches and entrées. "Best Brunch," "Best Eggs Benedict," "Best Bloody Mary," *Metro Magazine*. Private dining available in the Balcony at the Pig. Lunch M-F, Brunch Sat & Sun, Dinner Tues-Sat.

THE Q-SHACK — 4120-135 Main at North Hills St., Raleigh. (919) 786-4381. Locally owned and operated, specializing in Western Carolina and Texas-style BBQ, salads and sides made from local, farm-fresh ingredients, 100% locally raised, hormone-free pork, chicken, turkey and beef. Catering and delivery. Outdoor sidewalk seating available. M-Th: 11 a.m.-9 p.m., F-Sat: 11 a.m.-10 p.m., Sun: 12 p.m.-8 p.m.

RUTH'S CHRIS STEAK HOUSE — 4381-100 Lassiter at North Hills Ave, Raleigh. (919) 791-1103. New Orleans-inspired appetizers, aged USDA Prime steaks, fresh seafood, signature side dishes and homemade desserts served with genuine hospitality. Among the most distinctive dining destinations in the area. M-Th: 4 p.m.-10 p.m., F-Sat: 4 p.m.-11 p.m., Sun: 4 p.m.-9 p.m.

SAVOY — 7713-39 Lead Mine Rd., Raleigh 848-3535 www.restaurantsavoy.com. Smoke-free lunch Tu-F, dinner Tu-Sat and Sun Brunch. Chef brothers Peter

Gibson and Marshall Smith make everything in-house, including breads and desserts. The contemporary menu features farmer's market produce and seasonal entrées. Convenient North Raleigh location for business or pleasure! Classic. Simple. Delicious.

SECOND EMPIRE RESTAURANT & TAVERN — 330 Hillsborough St., Raleigh. 829-3663. Visit online at www.secondempire.com. Award winning cuisine in two dining atmospheres. Upstairs enjoy the ultimate dining experience in an elegant yet relaxed atmosphere of charm and grace. Downstairs in the Tavern and Atrium enjoy a lighter fare menu and cozy atmosphere. AAA Four Diamond, DiRoNA Award, *Wine Spectator* Award.

SHERATON RALEIGH HOTEL — The Grove Café - 421 South Salisbury Street, Raleigh. 834-9900. Located on second floor of the Sheraton Raleigh Hotel, serving Breakfast, Lunch, and Dinner in an open atrium atmosphere. The cuisine is American Continental, serving a daily Breakfast & Lunch Buffet, and a complete menu for all day dining. Also enjoy live entertainment on Wednesday nights in The Bar.

SULLIVAN'S STEAKHOUSE — 414 Glenwood Ave., Raleigh. 833-2888. The atmosphere at Sullivan's resembles a 1940s steakhouse, featuring fine steaks and seafood. Enjoy the unparalleled martinis and live jazz played seven nights a week.

TROPICAL SMOOTHIE CAFÉ — 1028 Obertin Rd, Raleigh. 755-2222. www.tropicalsmoothiecafe.com. Tropical Smoothie Café is more than just great tasting smoothies. Keeping in line with the great taste and high quality that Tropical Smoothie is known for, we also offer healthy alternatives to regular fast food. Our gourmet wraps, specialty sandwiches and salads are made with the highest quality Dietz and Watson meats and chesses. Come early to enjoy our breakfast wraps and bagels. Catering is available.

UNO CHICAGO GRILL — 8401 Brier Creek Parkway, Raleigh. 544-6700. Enjoy original Chicago-style deep dish pizza along with a wide selection of appetizers, steaks, pastas, burgers and desserts. Kids Menu. Curbside pick-up. Open daily from 11 a.m.

VINNIE'S STEAKHOUSE AND TAVERN — 7440 Six Forks Rd, Raleigh. 847-7319. Treat yourself to all the luxuries this classic New York style chophouse has to offer. Certified Angus Beef, the freshest seafood available and an extensive selection of wines from around the world.

VIVACE — 4209-115 Lassiter Mill Rd., Raleigh. 787-7747. www.vivaceraaleigh.com. Tuscan-inspired Italian restaurant featuring Chef Jeremy Sabo's signature style in an upbeat, hip environment. Consecutively voted "Top 20 Best Restaurants" in the Triangle. Italian wines and house-made limoncello. Bar and outdoor patio dining available. Located at North Hills. M-Th: 11 a.m.-10 p.m., F-Sat: 11 a.m.-11 p.m., Sun: 11 a.m.-9 p.m.

ZEST CAFÉ & HOME ART — 8831 Six Forks Rd., Raleigh. 848-4792. www.zestcafehometart.com. Offering the freshest, finest food served with a zesty outlook since 1995. Dine in our café or outdoor patio. Enjoy the Home Art selection of fun and whimsical home accessories and gifts. Lunch T-Sat., Dinner W-Sat. and Sun. Brunch.

DURHAM/APEX/MORRISVILLE

CAFÉ PARIZADE — 2200 W. Main St., Durham. 286-9712. Renaissance-inspired murals, colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Lunch M-F 11:30-2:30 p.m., Dinner M-

Th 5:30-10 p.m., F and Sat. 5:30-11 p.m., Sun. 5:30-9 p.m.

SAFFRON INDIAN RESTAURANT — 4121 Davis Drive. Morrisville. 469-5774. www.saffronnc.com. Offering fine dining in an elegantly modern ambience. Ranked best Indian restaurant and top 20 in RTP irrespective of cuisine by *N&O* for three years.

VIN ROUGE — 2010 Hillsborough Rd., Durham. 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Dinner Tues.-Sun. 5:30-11 p.m., Brunch Sun. 10:30-2 p.m.

WATTS GROCERY — 1116 Broad Street, Durham/919.416.5040. With a distinctive take on North Carolina cuisine, Watts Grocery features favorite seasonal and local foods by the forkful. Our menu changes seasonally so please check our website for new items at www.wattsgrocery.com.

CHAPEL HILL/HILLSBOROUGH

BIN 54 — 1201-M Raleigh Rd., Chapel Hill. 969-1155. Chapel Hill's high-end steakhouse has it all: delectable dishes, stellar service and an atmosphere rich in stylish romance.

THE CAROLINA CROSSROADS RESTAURANT — 211 Pittsboro Street, Chapel Hill. 918-2777. Visit Web site online at www.carolinainn.com. The Four Star and Four Diamond Carolina Crossroads Restaurant combines the graceful traditions of the south with Executive Chef Jimmy Reale's progressive new American cuisine. Fine dining menus change seasonally to highlight the best products from local and regional farms.

CROOK'S CORNER — 610 W. Franklin St., Chapel Hill. 929-7643. www.crookscorner.com. "Sacred ground of Southern foodies," *New York Times*. Patio dining, weather permitting. Acclaimed Sunday brunch. Dinner Tues.-Sun. at 5:30 p.m., Sun. Brunch 10:30-2 p.m.



MEZ CONTEMPORARY MEXICAN — 5410 Page Road, Research Triangle Park, Exit 282 off I-40. 941-1630. Visit online at www.mezdurham.com. MEZ is the latest offering from the Chapel Hill Restaurant Group, operators of 411 West, 518 West, Squid's, and Spanky's. Featuring traditional Mexican dishes with a lighter, healthier twist, all made with the freshest ingredients. A beautiful private room upstairs overlooks the RTP and can accommodate up to 100. North Carolina's first LEED designed restaurant.

PENANG - MALAYSIAN, THAI & SUSHI — 431 W. Franklin St, Chapel Hill. 919-933-2288. Online at www.penang-nc.com. Surprising balance of Southeast Asian spices and fruits. Authentic menu based on family recipes, with curries, noodles, soups, and sushi. Attractive, open, atmosphere, vegetarian options and weekly specials. Special sushi offer Tuesday and Thursday nights. 4 ½ stars from CitySearch. Open daily."

SPICE STREET — 201 S. Estes Dr., Chapel Hill. 928-8200. A revolutionary experience in dining entertainment, Spice Street is a culinary experience created to

nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

BEYOND THE TRIANGLE

AQUA — 214 Middle Lane, Beaufort, NC 28516. 252-728-7777. www.aquaexperience.com. "Aqua's urban-chic décor whets the appetite for sophisticated, internationally inspired food... On all counts, Aqua was an exceptional dining experience." Moreton Neal in *Metro Magazine* June 2005. Open for dinner: Tues.-Thurs. 6 p.m., Fri. & Sat. 5:30 p.m.

BEAUFORT GROCERY CO — 117 Queen St., Beaufort. 252-728-3899. www.beaufortgrocery.com. Beaufort's oldest and continuously operating fine dining restaurant since 1991. Specializing in regional cuisine fused with global techniques and influences. Lunch M, W-Sat 11:30-3 p.m.; Dinner M, W-Sat 5:30-9:30 p.m. and Sun brunch at 11:30 a.m. Closed Tues.

BLUE MOON BISTRO — 119 Queen Street, Beaufort. 252-728-5800. Coastal cuisine in a casual historic setting. Offering innovative dishes that bring a welcomed departure from other coastal venues. Chef Swain's eclectic menu includes references from Asia, France and America. For a balanced plate, enjoy a well-matched wine to accompany your entrée. Dinner Tues-Sat.

CAFÉ ZITO — 105 South 11th St., Morehead City. 252-726-6676. www.cafezito.com. Be delighted by the creative cuisine at this neighborhood restaurant. Chef Baptist Knaven offers a tantalizing menu of local favorites influenced by the Mediterranean. Located in a historic downtown home, enjoy dining inside or on the porch.

CHEF & THE FARMER PROGRESSIVE EATERY & WINE SHOP — 120 W. Gordon St., Kinston. 252-208-2433. www.chefandthefarmer.com. A converted mule stable never looked so good. Blending old architecture and contemporary design with local ingredients and urban techniques makes this eatery an epicurean oasis. AAA Rating 4 Diamonds, 4.5 Stars *N & O*, *Wine Spectator* Award of Excellence.

DELUXE — 114 Market Street, Wilmington. 910-251-0333. Offering upscale dining with an emphasis on fresh local ingredients. Largest selection of fine wines in the region and one of Wilmington's superior brunches. Open for dinner and Sunday brunch. *Wine Spectator* Award of Excellence, www.deluxenc.com.

FISHTALES WATERFRONT RESTAURANT — 232 W. Beaufort Rd. Beaufort 252-504-7263. Visit Web site online at www.fishtalesdining.com. Have your Holiday Party on the Waterfront this year! FishTales offers the best food selection, service and a great atmosphere for your special event. We can provide the perfect setting no matter what the occasion. Our facility accommodates parties from 10 to 1000. Call today or come by for a personal tour.

FRONT STREET GRILL AT STILLWATER — 300 Front St., Beaufort. 252-728-4956. Visit Web site online at www.frontstreetgrillatstillwater.com Historic Waterfront Bistro showcasing New World Cuisine. Perennial winner of the prestigious *Wine Spectator* Award of Excellence, serving lunch and dinner daily with inside and outside dining. New floating docks and outside waterfront bar.

SHEPARD'S POINT — 913 Arendell St., Morehead City. 252-727-0815. www.beaufortgrocery.com. Contemporary fine dining in downtown Morehead City focusing on quality, value and service. Featuring seafood, steaks and spirits. Come casual and leave impressed. Dinner M, Th-Sat 5:30-10 p.m.; Sun brunch begins at 11 a.m. Closed Tues.

Cork Report

by Barbara Ensrud

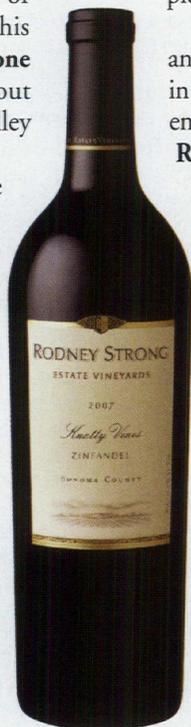


THE TRIUMPH OF RIESLING — EVER A CLASSIC, FINALLY IN FASHION PLUS: SUMMER COCKTAIL IDEAS

“I’ve spent most of my life — at least 35 years — trying to sell Riesling to American wine drinkers. Finally, it’s selling itself.” Those are the words of Stuart Smith, co-owner with his brother Charles, of **Smith-Madrone Vineyards**, a wine estate carved out on Spring Mountain in Napa Valley in 1971.

Smith-Madrone produces one of California’s consistently best Rieslings made from the classic German grape. For decades, American wine consumers nixed Rieslings as “too sweet,” this despite the fact that some gorgeous wines — dry, off-dry, sweet — came out of regions that favored the grape, from the steep hills of the Rhine and Mosel rivers in Germany, Austria and Australia, to cool spots in Washington, Oregon and New York’s Finger Lakes. From the getgo, however, Smith-Madrone produced lovely, fragrant Rieslings, crisp and well-balanced from vineyards 1600 to 1800 feet up from Napa’s valley floor.

It’s taken some two generations to get over the bias, but it’s a new era for this distinctive grape. Today, Rieslings grace most wine lists in the Triangle, especially the profusion of Asian, fusion and other restaurants — **An, J. Betski’s, Lantern, The Mint, Jujube**, to name a few. Rieslings sell extremely well in such places because new wine drinkers aren’t prejudiced to think they should only drink dry wines. Riesling suits a wide variety of foods, from sausages like the succulent fresh brats and other wursts at Betski’s to Asian-spiced shrimp, chicken and duck specialties at Lantern,



An and other establishments. Riesling is also delectable just on its own. I’ve yet to serve a glass of good Riesling that didn’t pleasantly surprise guests.

Smith visited the Triangle recently and we had dinner together at Nana’s in Durham, one of the best meals I’ve enjoyed there. **Smith-Madrone’s 2008 Riesling**, beautifully crisp and fragrant, was superb with Chef Scott Howell’s creamy chicken liver paté — an absolutely luscious match. Riesling’s high acidity has just the right edge to offset the rich creaminess of the paté. With its ripe pear and green apple aromas, its svelte balance, it’s not surprising that in recent years Smith-Madrone Riesling sells out within months of release.

If bone-dry wines are a must for you, by all means look to Alsace Rieslings. A three- or four-year-old Alsace Riesling, such as those from Trimbach, Leon Beyer or Kreydenweiss, can be stunning with all but the spiciest of Indian curries (no vindaloos with these!), and any number of seafood dishes.

Speaking of aging: Well-made Rieslings have an astonishing capacity to improve in bottle, and can age up to 10 years or longer — well-stored, of course, which means a cool, dark spot free from vibration. Never throw away a Riesling you think is too old without tasting it first — it may surprise and delight you.

Here are some Riesling labels to look for from the Triangle to the coast, levels of sweetness noted. Prices are approximate.

DRY, OFF-DRY:

Smith-Madrone 2008, Napa Valley, \$25

Chateau Ste. Michelle Dry Riesling 2008, Washington, \$14

Domaine Kreydenweiss 2007 Riesling, Alsace, \$22-\$31

Trimbach Riesling 2007, Alsace \$17-\$21

Hermann Wiemer 2008 Dry Riesling, \$20

Pierre Sparr 2008, Alsace, \$18

LIGHTLY SWEET BUT CRISP:

Monchhof 2008 Urziger Würzburg Kabinett, Mosel, \$21

Chateau Ste. Michelle ‘Eroica’ Riesling, Washington, \$22

Kerpen Wehlener Sonnenuhr Kabinett, Mosel, \$18

Peter Lehmann Eden Valley Riesling 2008, Barossa Valley, \$15-\$22

Hans Wirsching 2006 Iphofer Kronsberg Riesling Spätlese Trocken, \$19

SUMMER COCKTAILS

It’s hot — it’s steamy — it’s 95 degrees in the shade: the perfect time for refreshing warm-weather cocktails. Every season we get new takes on traditional favorites, but nothing quite relaxes and perks you up at the same time like tropical fruit flavors over ice and spiked with your favorite white alcohol — vodka, rum, gin, tequila. You can make up your own versions (which lots of us do) — or you can grab a copy of the new cocktail book *101 Blender Drinks* by award-winning mixologist Kim Haasarud. The emphasis is on frozen cocktails and fresh fruits.

Summer cocktails are easy. Take that seasonal favorite, the **Arnold Palmer** — half lemonade, half iced tea. Actually, I tend to drink this all the time in summer, but you can give it a little spike. SKYY



Vodka, for instance, suggests a rendition:

- 1.5 oz. SKYY Infusions Citrus Vodka
- ¼ oz Triple Sec
- 1 oz. sweetened iced tea
- ½ oz. fresh lemon juice

Combine SKYY Infusions Citrus, Triple Sec, tea, lemon juice and ice in a cocktail shaker. Shake vigorously and strain into martini glass; garnish with sprigs of fresh mint.

Step up quantities to make a large batch for a poolside party — using 1 1/2 cups vodka, 1 cup each brewed tea and lemonade. Mix well, chill at least two hours in refrigerator, serve over crushed ice garnished with mint.

Another refreshing summer cocktail is a Fourth of July Sparkler.

Fourth of July Sparkler

- 1 oz. 1800 Tequila
- 2 oz. Sparkling Wine
- ½ oz. Raspberry Liqueur
- ½ oz. Soho Lychee Liqueur

Combine tequila, raspberry liqueur and Soho Lychee liqueur in the bottom of a Champagne flute. Top with sparkling wine or Champagne.

Modmix, a line of mixers using organically grown ingredients, can put some real flair in your summer cocktails. How about a Wasabi Bloody Mary for a weekend brunch? Mix two parts **Modmix Wasabi Bloody Mary** with one or two parts vodka. Serve on the rocks in a high ball glass; garnish with any of several garnishes — wedges of lime, pickled asparagus, fresh celery sticks or cocktail shrimp.

Sunset Coolers. Add a little blaze of color to your cocktail with Modmix's Pomegranate mixer — as in the Pomegranate Cosmopolitan: Mix 2 parts Organic Modemix Pomegranate Cosmopolitan with 1-2 parts vodka. Shake over ice and strain into a martini glass; garnish with pomegranate seeds, strips of lemon peel or sprigs of mint.

The versatile Modmix Pomegranate mixer can also be used for Pomegranate margaritas or mimosas.

GRILLIN' REDS

There are some wines you just need to



keep on hand for impromptu summer gatherings. You don't want to be caught short and have to make an extra run to the wine shop when you can just reach into your cache for a good bottle or two — so stock up on a few reds for those spur-of-the-moment “grill-abrations.”

Certain categories of reds will work for almost any sort of grilled meat, from hamburgers to sirloins. Try a mixed case that includes wines such as Zinfandel, Malbec, Syrah/Shiraz, maybe some Cabernet and Merlot. You might consider drawing from

this list of wines I've tasted recently and recommend (\$12-\$25):

Zinfandel 2007: Alderbrook, Rodney Strong Knotty Vines ('08), Ravenswood Lodi, Gnarly Head Lodi, Sausal Mills Reef 2007 Merlot Malbec Reserve, New Zealand
Montepulciano d'Abruzzo 2008 Gran Sasso, Italy
Matchbook Tempranillo 2007, California

Syrah/Shiraz 2007 or 2008: Lindemans Bin 50, Robert Oatley, Jaboulet Crozes-Hermitage Les Jalets, Marquis Phillips McLaren Vale, Qupé, Zaca Mesa

Homegrown Reds. Be sure to include some of the very fine reds from the 2007 vintage in North Carolina vineyards. Some stellar Merlots, Syrahs, Cabernet Francs and red blends were produced from top NC wineries such as **Childress, Hanover Park, McRitchie, RayLen, Raffaldini, Grove, Flint Hill, RagApple Lassie, and Shelton.** More wine shops in the Triangle now sell these wines, and many can also be found at Harris Teeter. **MM**

September is
Ovarian Cancer
Awareness Month

8th Annual
Gail Parkins Memorial
**Ovarian Cancer Walk
& 5k Run**

Sept. 11th

5k Run at 8:30am • Walk at 10:30am
Sanderson High School

Register or donate at www.OvarianAwareness.org
or call Melanie Bacheler at 323-9523 for more information.

Proceeds fund ovarian
cancer research at:



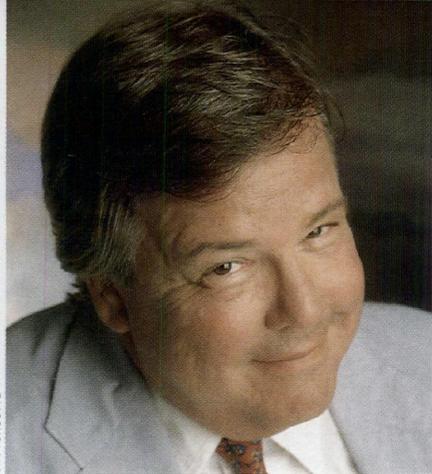
Duke Comprehensive
Cancer Center



Duke Cancer Center
Raleigh

My Usual Charming Self

by Bernie Reeves



JIM TURCOTTE

ANARCHY REINS IN CONSERVATIVE POLITICS

Running for Congress is a learning experience for sure. I was defeated in a run-off for the nomination and that's that — or is it? To state my key issue in the campaign succinctly, the interest payments on the national debt equal the entire defense budget. The US deficit is projected to exceed 120 percent of GDP in 2020 — or earlier. Deficit spending on an acceptable level is a reality in good times, but at this rate the “good faith and credit of the United States”, the perceived asset value that stands behind our debt, is in serious danger. Buyers of US Treasury Bills — the main instrument we use to finance government services — assume we have the resources, even in bad times, to make good on the money we borrow to cover the cost of government.

But what if that faith is shattered as borrowing increases exponentially and tax collections decline due to the increasingly shaky economy? To sell our debt in these conditions will require a large increase in the interest we must pay to attract buyers. That rate will translate into the amount Americans must pay to borrow for personal and business loans (if indeed banks will loan). The already sick economy will decline further, meaning tax collections will continue to decrease.

Then the other foot will fall: massive tax increases on top of the burden already suffocating the alleged “recovery.” High interest rates and excessive taxation will transform the vaunted American economy into Third World levels of inflation and debt. To put this in perspective, the former Comptroller of the Currency estimated it will require an 80 percent increase in the federal income tax to put our financial house in order.

Yet the United States possesses vast

resources and, most importantly, gitty citizens who are willing to face the challenges. This quality resides largely in the small business sector that comprises nearly 90 percent of the economy, the keystone of economic structure ignored by the Obama recovery plan. Sadly, my campaign plank that “Obama bailed out Wall Street and left Main Street holding the bag” is becoming truer every day.

Barack Obama and the majority in Congress are in the sway of theoretical economists who missed the point that the US economy is a small business construct. And start-ups create the only new jobs in the entire economy. But today the majority of the small business sector, from which tax collections and jobs depend, is moribund and teetering on collapse. And home values, the paramount asset of most Americans, remain 40 percent lower than in 2008. This extraordinary reality is indicative of how bad things really are, especially when you consider home values in Raleigh — until 2008 — had risen 10 to 20% every year since World War II.

The recovery has to start with small business vitalization and increased real estate values — and now. But banks are under orders by regulators to increase their assets on hand, restricting the percentage of capital they can lend. Home and second home prices continue to tank as foreclosed properties flood the market driving down values. High property tax valuations are an anchor retarding the sales of existing homes priced over \$400,000. No wonder consumer confidence continues to fall.

What to do? The best hope is to change Congress in November and install representatives who understand the true nature of the economy. The first step is to reduce spending as much as feasible and cut taxes drastically, even if the deficit increases temporarily. This will simulate the consumer sector (80 percent of economic activity in the US), increase revenues and profits and create more taxable wealth that obviates the need for high tax rates. It's called the Laffer Curve and it works. However, if conditions remain as they are, government will increase taxation on ailing businesses and households to finance ever increasing spending. Productivity and investment will decline, suffocat-

ing wealth creation. That in turn reduces significantly the amount of taxable income and wealth.

A new strategy by fresh faces in Washington could turn the economy around and offer hope for the future. But that hope is diminishing as Tea Party activists are more interested in nominating candidates who emphasize religion and abolishing abortion over high taxes and run-away spending — therefore ensuring the nomination of Congressional candidates who will probably lose in November. This new style of conservative politics is anarchic and self-destructive just at the point the Democrat left is vulnerable and primed for defeat.

The result of old-line far right activists high-jacking the authentic Tea Party Movement means the Obama administration will be able to rely on a continued Democrat majority to drive the economy and our well-being as a nation right over the cliff.

NOTES FROM LA-LA LAND

Bashing BP while they are the only ones who can cap the oil spill in the Gulf of Mexico is self-destructive and sadly typical of the vindictive political environment in the US. The time for recrimination and revenge is after the incident is over, not while the company could throw up its hands and walk off the job. The Obama strategy to bring criminal charges against BP personifies the irrational state of affairs in Washington.

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My first thought when the rig blew was the enormous bill to be paid out by BP's insurance companies. Then it emerged that the company is self-insured. Talk about penny-wise and pound foolish. Some geeky financial whiz-kid ran the numbers and said why pay premiums since we are so big and rich we can do it ourselves. Now that decision is keeping BP executives up all night as the spill decimates the company. But the other angle the accounting geek missed is that all the malice heaped on the oil company about pay-outs to victims would be directed against insurance companies and not BP, thus salvaging a large portion of the company's reputation and asset value. **MM**

(Read commentary by Bernie Reeves in his Between Issues column at www.metromag.com.)



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