Education Special Report

Triangle to the Coast From the

Paper Chase

The saga of North Carolina's stolen Bill of Rights

PLUS

Progress Energy building sparks downtown growth

Gift Guide Part 1

Metro Gallery

Cooking with Wine



VEMBER 2004 w.metronc.com



THE NEWEST MUST HAVE JEWELRY ÀNTHONY NÀK™

Trunk Show November 3rd and 4th

Fiskin & Fiskin, Inc.

The Razook Building
The Village of Pinehurst, Pinehurst, NC 28374
(910) 295-1717 • 800-582-2839 • Fax (910) 295-6485
WWW.FISKINANDFISKIN.COM



RAZOK'S

RALEIGH 2104 SMALLWOOD DRIVE 919 833 6121 PINEHURST, NC • GREENWICH, CT

SOME THINGS JUST GO TOCETHER.

Sometimes, we take a lot for granted. Like our dental team.

But, next time you visit your dentist's office, think about what it would be without a team of caring professionals. Like your dentist, of course. And a dental hygienist to help keep your teeth healthy. There are dental

SUL CAROLINA DE LA CAROLINA DEL CAROLINA DEL CAROLINA DE LA CAROLI

MEMBER DENTISTS
OF THE NORTH
CAROLINA DENTAL
SOCIETY

assistants, lab technicians and the administrative staff. This skilled team is so seamless, you probably didn't even think of them as a team at all. Just a group of friendly folks who take good care of you. Next time you visit your dentist, just remember it's a team effort.

LEADING HEALTH CARE'S FIRST TEAM.

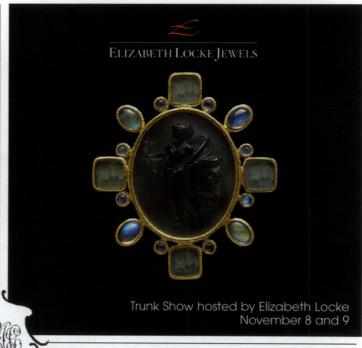


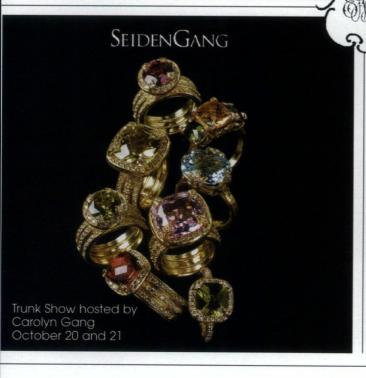
Claime Miller Collection

Introducing Exclusively Internationally Known Jewelry Designers And As Always, Fabulous Estate Jewelry



Trunk Show hosted by Landon Slane December 1 and 2







Claime Miller Collection

The Lassiter at North Hills • 4421-109A Six Forks Rd • Raleigh NC 27609 919.571.8888 Mon-Sat 10:00-6:00

A Passion For Precision.





Get the Triangle's only high-speed wireless Internet service that goes where you go. And be online the moment you buy it. Just plug the PC card or modem into your computer and go. Virtually anywhere in the Triangle.



SIGN UP NOW AND SAVE. Get your first full month of service FREE.

PC card/modem Plans start at

\$49.99 \$34.99 per month

FAKE YOUR INTERNET



866-603-4NWB / Local: 919-463-5800 nextelbroadband.com



Y IT YOURSELF AT A STORE NEAR YOU.

REPRESENTATIVE

556 East Chatham St. Cary, NC 27511 919-462-9394

Carolina Telecom

AUTHORIZED

RY KTEL **TAIL STORES** ssroads Plaza Crossroads Blvd. y, NC 27511 -859-8088 Arboretum at

Weston Pkwy. y, NC 27513 -678-0430

DURHAM RETAIL STORE Streets at Southpoint 6910 Fayetteville Rd. Durham, NC 27713

919-572-0908

AUTHORIZED REPRESENTATIVES

Carolina Telecom 5400 South Miami Blvd., #106 Durham, NC 27526

Team Wireless.com 4600 Chapel Hill Blvd. Oak Creek Village Durham, NC 27707 919-489-2929 4400 Roxboro Rd. Durham, NC 27704 919-479-9988

FUQUAY VARINA AUTHORIZED REPRESENTATIVE Carolina Telecom

Fuquay Varina, NC 27526 919-577-9888

GARNER

NEXTEL RETAIL STORE

White Oak Crossing Shopping Ctr. 166 Shenstone Blvd., 3B Garner, NC 27529 919-329-6314

RALEIGH NEXTEL RETAIL STORES

Triangle Town Center 5959 Triangle Town Blvd. Raleigh, NC 27616 919-792-2480

Brier Creek Commons 8301 Brier Creek Commons Raleigh, NC 27617 919-544-5590

AUTHORIZED REPRESENTATIVES

Cellular Images 900 Spring Forest Rd. Ste. 105 Raleigh, NC 27609 919-954-8060

Wireless Communications 4701 Atlantic Avenue Ste. 119 Raleigh, NC 27604 919-781-2268

Chatterbox Communications 3116 Hillsborough St. 919-833-5566

AC Bailey 4406 Old Wake Forest Rd. Raleigh, NC 27609 **WAKE FOREST** AUTHORIZED REPRESENTATIVE Carolina Telecom

1905 South Main St. Wake Forest, NC 27587 919-562-9020

ed-time offer expires December 31, 2004. Requires new subscription to Lite, Standard, Deluxe or Platinum plan, and purchase of Nextel equipment (modem or PC card/\$49.99). Promotional credit for first full month of service will be applied to first or second month's te. For equipment refund, NWB subscriber agreements provide a 15-day refund policy. For a limited time, customer has 30 days from time of equipment purchase to return equipment if customer cancels service and returns equipment (at customer's expense in like-new too). It is not time to service and may vary by market, including state and federal taxes, a Universal Service Assessment of either 1,097% or 1,25%, in some states a Gross Receipt Recovery Fee of 1,4% to 5%, a TRS charge of approx. 07% and a state-required ee. Offers may not be combined with other offers unless otherwise stated. Nextel reserves the right to extend, modify or terminate this offer without notice. ©2004 Nextel Communications, Inc. NEXTEL, the NEXTEL logo, NEXTEL logo, NEXTEL WIRELESS BROADBAND and the NEXTEL SES BROADBAND and the NEXTEL service marks, and/or registered trademarks owned by Nextel Communications, Inc., Flarion is a trademark of Flarion Technologies, Inc. All other product or service mans are properly of their respective owners. All rights reserved.



The Evolution of the Bungalow & by Preservation Homes

In the wake of the Industrial Revolution of the early 1900s, bungalows became the favorite new architecture of the Arts & Crafts Movement that glorified all things handcrafted. At Preservation Homes, we set out to flatter, and even improve, the intent of

that movement by relating its goals to new bungalow-style homes to fit the needs of today's families. Preservation Homes' bungalow designs are the result of extensive research and design. Like the charming originals, our creativity and diversity of materials are what makes our homes so wildly popular with

area homebuyers. All of our homes feature Hardiplank siding, and some include cedar-shake shingles, brick and even stone. Each one offers Frank Lloyd Wright



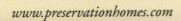
Prairie School Design windows, "rocking chair deep" front porches, custom-made tapered porch columns, authentic Bungalow Brand color schemes, and heavy landscaping,

including sodded yards. Our plans also have modern considerations,

such as spacious state-of-the-art kitchens, luxury baths, and sensible room dimensions, yet they retain the charm and practicality of the homes built almost a century ago. For more information about our nostalgic reproduction homes, call 919-832-7740,

or stop by one of our furnished homes in

Bedford at Falls River in North Raleigh, Bungalow Park in Apex, or Magnolia at Scotts Mill in Apex.



E-MAIL: ADMISSIONS@HSC.EDU • WWW.HSC.EDU/ADMISSIONS

IAMPDEN-SYDNEY COLLEGE, ADMISSIONS OFFICE, P. O. BOX 667, HAMPDEN-SYDNEY, VA 23943-0667 ◆ (800) 755-0733 ◆ (434) 223-6120 ◆ FAX (434) 223-6346

HAMPDEN-SYDNEY COLLEGE











Hampden-Sydney College is a community of friends and scholars. Students and faculty know each other as individuals. trust each other, and care about each other. Our Honor Code permeates life here, reinforcing personal integrity and establishing the mutual trust and respect upon which

HAMPDEN-SYDNEY COLLEGE IS A SELECTIVE PRIVATE LIBERAL ARTS COLLEGE

a community depends.

WWW.HSC.EDU





STOLEN PROPERTY

aleigh was briefly occupied by Sherman's army at the end of his destructive march through the South. The city was spared because Sherman was informed of the assassination of Abraham Lincoln. He left immediately for Washington, leaving his troops here to loot and rob. One Yankee soldier managed to steal North Carolina's copy of the Bill of Rights, one of the original copies circulated for ratification to each of the states.

But that's just the beginning of the story. The exciting events surrounding the stolen Bill are very much in play today. *Metro* senior writer Patrik Jonsson follows the dramatic saga closely in this issue and reminds us the story is far from over.

Education is always news because there are problems, and some bright spots. In this, our annual education special report, Editorat-large and former UNC-Wilmington chancellor Jim Leutze lays out the hard facts facing public education in North Carolina. Senior Editor Rick Smith takes a national look at higher education reporting from the Pope Center conference on higher education held recently in Raleigh. George Leef discusses two useful books that help us understand what is going on inside academe and MetroIndex offers interesting statistical tidbits about how we are faring today.

Progress Energy's decision to plant its flag in downtown Raleigh with a major building project has created seismic waves that are catapulting the center city to a new level of development. But the building itself is quite a story and Design Editor Diane Lea has the fascinating details in an in-depth study of this major new shape on the City's horizon.

Lillington's favorite son Robert Morgan was honored recently and Carroll Leggett has a first-hand report. Jennifer Julian, in what will be her last column, takes on the sinister machinations of email. Art Taylor's New & Noteworthy and Frances Smith's MetroPreview are laden with activities. Louis St. Lewis bounces back from the Coast with news on galleries and artists. Fashionista Molly Fulghum-Heintz covers up for cool weather and Philip Van Vleck discovers a Tar Heel connection in the new book on singer extraordinaire Dinah Washington.

Gourmet editor Moreton Neal (buy her new book for Christmas: *Remembering Bill Neal*) takes a slow boat to the Duck and Dumpling in downtown Raleigh; Fred Benton focuses on holiday specialty foods in Off the Menu while wine editor Barbara Ensrud recommends ideas for cooking with wine for the holiday season.

Our first of two seasonal gift guides offers time-saving ideas and creative ideas. Might I add that a gift subscription to *Metro* is indeed the gift that keeps on giving? Call Cyndi at 919-831-0999 (ext 228) and you will make someone very happy this Christmas.

Next month *Metro* features historic homes ready for Christmas, the best place to have a baby and Part 2 of our annual holiday gift guides.

Stay calm and we'll see you next month.

-Bernie Reeves, Editor & Publisher



BEANIE+CECIL Cameron Village + The Lassiter + Downtown Wilmington

Correspondence

DOLLAR VALUE ON HUMAN LIFE?

In the October issue of Metro magazine, Dr. Robert H. Bilbro asks this very fundamental question: How do we place a dollar value on human life?

The answer is obvious: We can't.

Yet that's exactly what Bilbro and the influential NC Medical Society are trying to do. Along with the insurance industry, they are lobbying furiously for legislation that, among other things, would cap non-economic damages North Carolina victims could receive in a medical malpractice award at \$250,000. They point out that victims still would be able to receive unlimited economic damages, including money for medical bills and lost wages. Well, thank goodness. But when it comes to compensation for the most catastrophic injuries—lost limbs, blindness, disfigurement, paralysis, a lifetime of pain and worse—they have decided that \$250,000 should be plenty.

If that's not an attempt to assign a dollar value to human life, what is?

Bilbro bases much of his argument for this proposal on the notion that our juries are incapable of making such decisions. What an insult to the thousands of hard-working North Carolinians who do their civic duty by sitting on juries each year. Our juries are made up of ordinary people like you and me. It's a system that has served us well for more than 200 years. But if Bilbro and others have their way, it will be tossed out the window.

The medical and insurance industries are spending an enormous amount of time and money trying to scare us into believing there is a medical litigation crisis in our state.

Fortunately for us all, the facts simply do not back that up.

They say North Carolina has experienced a recent explosion of medical malpractice lawsuits. In fact, since the state began tracking such cases, the number has remained flat at about 620 a year.

They say North Carolina has a problem with runaway jury verdicts. In fact, our juries tend to be very conservative and usually side with doctors. Only one in eight malpractice suits ever gets to court. When they do, four of five are won by doctors. In addition, the state Administrative Office of the Courts says the median jury award is \$300,000—not millions, as the medical industry would have us believe.

They contend that doctors are fleeing North Carolina. The truth is that doctors are flocking to our state. Figures from the Sheps Center at UNC-Chapel Hill show the doctor population in North Carolina is growing three times the rate of our general population. And when Modern Physician magazine recently ranked the best places in the country to practice, North Carolina was the only state with three communities in the Top 17.

It's important to point out that some doctors in North Carolina do pay too much for malpractice insurance. Typically, these are OBGYNs, neurosurgeons and emergency room doctors. Obviously, we greatly depend on these doctors in all parts of North Carolina. So we strongly support sensible measures that would help lower those premiums, most notably insurance reforms, litigation reforms and, most important, meaningful patient-safety measures.

Contributing Editors Arch T. Allen Books

Fred Benton Better Living

Bernie Reeves Editor and Publisher **EDITORIAL** Rick Smith Senior Editor Frances Smith Senior Editor

Maudy Benz Gourmet Barbara Ensrud Cork Report

Molly Fulghum Heintz Style

Patrik Jonsson Index

Jennifer Julian I Know How You Feel

Diane Lea Design

Jim Leutze Editor-at-Large

Carroll Leggett Columnist

Moreton Neal Gourmet

Louis St. Lewis Artist-at-Large

Art Taylor Fiction

Philip van Vleck Music and Video

DESIGN

David Gough Art Director Leslie Sapp Graphics Associate

ADVERTISING

Katie Reeves Director of Sales and Market Helen Banzet Regional/National Sales Mg Lee-Ashley Bonfield Sales Representative Elizabeth M. Richards Sales Representative Karla Pyrtle Sales Representative Bess Futrell Sales Associate Mary Younger Sales Assistant

ADMINISTRATION

Cyndi Akers Office Manager Amy L. Hoyes Accounts Receivable and Circulation Suzie Humphrey Editorial Assistant

Sarah Jurek Executive Assistant Jennifer Hadra Intern

Metro Acquisition LLC

1033 Oberlin Road, Suite 100 Raleigh, NC 27605

Mailing address

P.O. Box 6190, Raleigh, NC 27628 Phone: 919-831-0999 Toll-free: 800-567-1841 Fax: 919-831-0222 email@metronc.com

Subscription: \$29 one year

Postmaster send address changes to Metro Acquisiton LLC P.O. Box 6190, Raleigh, NC 27628

Postage paid at Raleigh, NC Published twelve times a year Audit applications submitted BPA worldwide membership applied for

REPRINTS AVAILABLE

Contact Glenn Benton at Cooper-Thomas Printing Company, 919-868-8742.

www.metronc.com

©2004 Metro Acquisition LLC ISSN 1529-4404



Call our subscription hotline: 1.800.567.1841 or visit our website at: www.metronc.com

NAME			
ADDRESS			
CITY		STATE	ZIP
I would like	 □ One-year subscription for \$29 □ Two-year subscription for \$56 □ Three-year subscription for \$83 	☐ Payment is enclosed. Please send check to MetroMagazine PO Box 6190 Raleigh, NC 27690-2806	

Finally, I'd like to mention those who should count most in this debate—the victims. We must not forget that at the center of this issue are innocent people who have been badly harmed by someone else's negligence.

Make no mistake: It happens frequently. There's Norman Tripp, who went in for routine sinus surgery. Instead of injecting his face with a numbing agent, a doctor shot his face full of a toxic cleanser that ate away his flesh. There's Alice Lloyd, whose illness was misdiagnosed at a North Carolina hospital. By the time doctors figured out their mistake, it was too late—both her legs, one of her arms and most of her other hand had to be amputated. There's little Macy Messer, whose jaundice at birth was 100 percent preventable. It wasn't treated, though, and Macy will never walk, talk or live a normal life.

These are real people. Their injuries are real. Who's to say their suffering is worth no more than \$250,000?

We need to make some changes in North Carolina. But denying these people their basic rights is not the place to start.

> Anna Bridgers Coordinator of NC Coalition for Patients' Rights Raleigh

WHY, SPEAKING OF FORGED DOCUMENTS...

Bernie Reeves leaves out the ultimate bizarre twist of the Rathergate story—that to run the National Guard Memo story, CBS put aside a story on the forged Iraq uranium documents, which President Bush cited as a key reason to go to war in his 2003 State of the Union Address. The Washington Post quoted a CIA official saying that many in that agency considered the forgeries "trash."

It is strange that Reeves and so many conservative bloggers are disturbed by Dan Rather citing forged documents, but not the President of the United States doing so. The forged Iraq uranium documents, and the devasting new CIA report on Iraq's alleged WMD, are available on my website, www.outragedmoderates.org. Good luck finding them on any of those ultraconservative blogs.

Thad Anderson (UNC Chapel Hill graduate) Queens, NY

OFFENSIVE KERRY BASHING

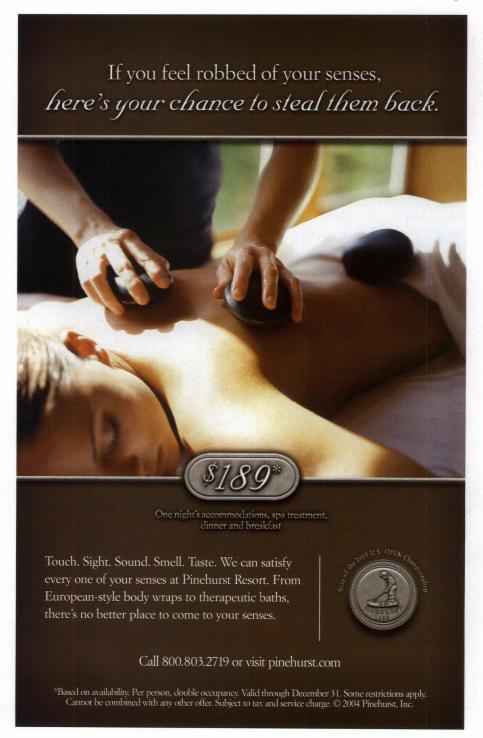
Your two articles, "John Kerry: War Criminal?" and "Kerry-Rather Double-header" were juvenile and offensive to both my wife and I. It also makes no business sense if the polls are right in that Kerry supporters make up roughly half of the population. Please cancel our subscription.

Bob and Beth Dixson Raleigh

BOOK REVIEWER OR EDITORIAL COLUMNIST?

You should be ashamed of yourselves for printing the "John Kerry: War Criminal?" article. If you want Mr. Allen to contribute as an editorial columnist you should do so, but don't try to pawn this stuff off as a book review.

Grady A. Jackson Raleigh



A NAME THAT ECHOES HALFWAY **'ROUND THE WORLD**

Dear Mr. Leggett,

My name is Carroll Gillam Hall. I am the grandson of Carroll Gillam, whom you reference in your October 2004 column. Elizabeth "Sis" Gillam Hall is my mother.

What an absolute delight it was to hear that Granddad had been mentioned in print! It made my month, if not my year. To think again of his smile, his laugh, and how wonderful he was to me and my twin brotherand that I have the honor of carrying his name—was simply magical... particularly these years after his death.

As you can see from my footer, I am living in Vietnam at the moment. A keeneyed friend in Raleigh spotted the name in your column and faxed it to me in Asia. I have sent copies to the entire family. Reading your article so far away from home made me feel as if I were tucked comfortably and safely in bed at Betsy's (Carroll's wife, my grandmother) in Windsor listening to the volunteer firemen's siren blare in the middle of the night.

Having the name Carroll no doubt has its challenges. I am 31, and it has brought me its share of frustration. I do not know another male Carroll my age. But I find that as I get older I enjoy the name more and more. It is a connection to my past, a past of which I am very proud.

And even if I am subjected to the mammography question—I have had the same thing happen to me—it's worth it in the long run. Nothing like shaking up the world a bit. Granddad would agree. I'm certain of it.

On behalf of my family, thank you for the article: a lovely echo from a fading place.

> Carroll Gillam Hall Hanoi, Vietnam

A NAME FROM CHILDREN'S LIPS

To Carroll Leggett:

OK, I give, I give! My mother's "grandmother name" is strange! Other than that, my family is full of traditional names. Harry Walton Whitley, III, my nephew, "gave" my mother the weird grandmother name. She wanted the grandchildren to call her

"Mother" (They call their mothers "Mama."). HWW, III couldn't say "Mother" - it came out "Muzzer." Low and behold, when our son, Wingate Gordon Joyner, III, was born, he couldn't say "Muzzer," only "Munda." Yes, you guessed it— she has two grandmother names! My father, however, is known as Papa (pronounced "Poppa") by one and all. That is pretty traditional, I think.

LOVE the column. Keep 'em coming. Lucille Ann Whitley Joyner (a/k/a LuAnn)

> Hope Plantation Windsor

CORRECTIONS

Capital Bank is listed incorrectly as the Cystic Fibrosis Golf Classic's title sponsor in Metro's October Social Calendar. Capital was the title sponsor in previous years, but there was no title sponsor for the Golf Classic this

The correct name for the chef at Xios (Metro Gourmet, October 2004 issue) is Jason Heisler.

IMAGINE THE FIRST WOMAN PRESIDENT.

THAT'S OUR PLAN.

T SAINT MARY'S SCHOOL, we know that the first woman president will not be educated like everyone else, but in a way that challenges her intellectual development and realizes all of her abilities and aspirations.

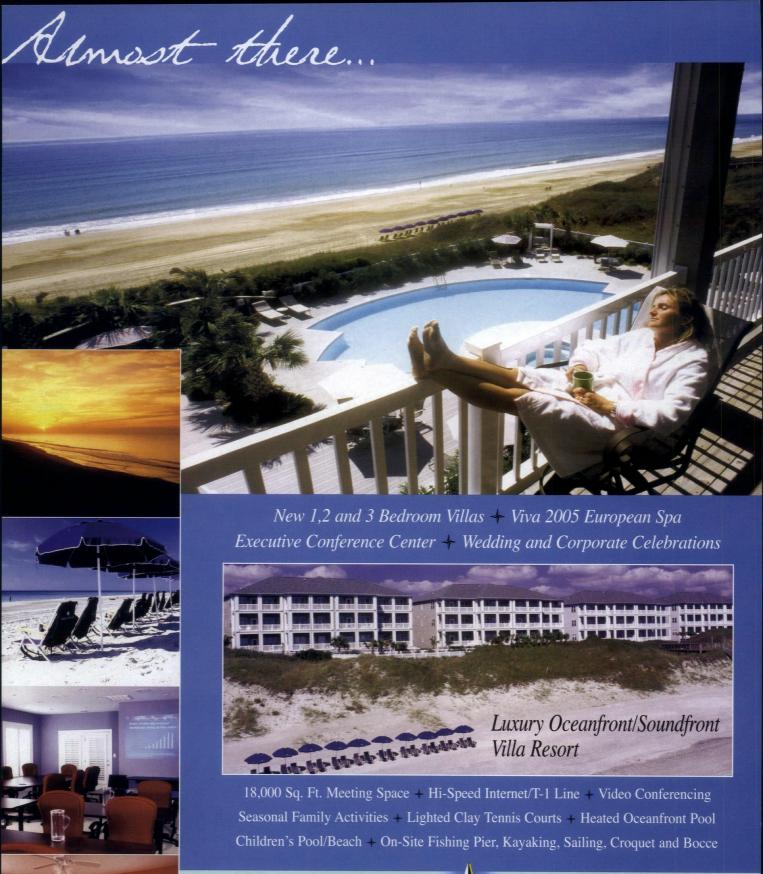
SMS has an educational program that enables each student to create her own four-year academic plan, or MAP (My Achievement Plan). And the COMPASS Curriculum, a unique life-skills program, works in tandem with that personal academic plan to build identity, community, leadership skills, and independence.

Please contact Matthew R. Crane at (919) 424-4001 or MRCrane@saint-marys.edu to find out more about our plan for educating young women. Or join us for our OVERNIGHT/VISITATION DAY, Thursday, November 11 and Friday, November 12. Please call for reservations.

Saint Mary's School, a community dedicated to academic excellence and personal achievement, prepares young women for college and life. Saint Mary's School is an independent, college-preparatory, Episcopal, boarding and day school for young women in grades 9-12 and admits high school girls of any race, color, religion, or national or ethnic origin. Limited financial aid available

SAINT MARY'S SCHOOL

900 Hillsborough Street, Raleigh, NC (919) 424-4000 www.saint-marys.edu

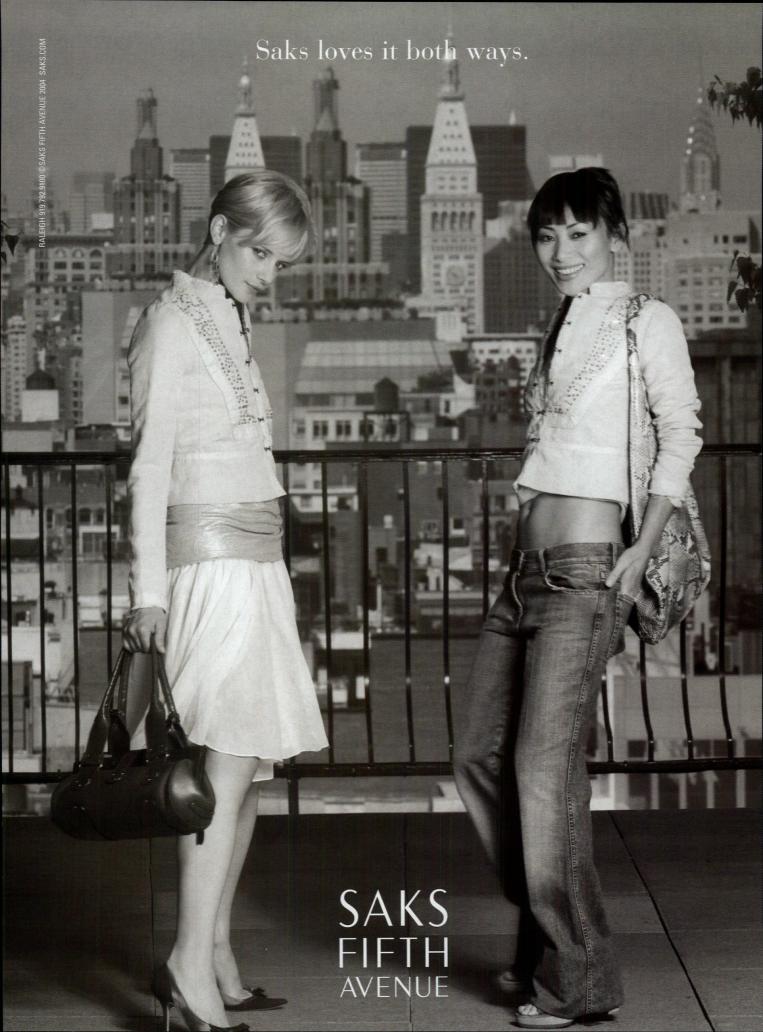


THE OCEAN CLUB

Luxury Oceanfront/Soundfront Villa Resort

Indian Beach, NC (between Atlantic Beach and Emerald Isle)

Reservations: 888.237.2035/247.2035 • www.theoceanclubnc.com





Contents

Volume 5, Number 11 November 2004

Features











Special Report: Education
It's gonna cost you, Freedom on
college campuses, Turning over
the rock on progressive education

24 NC Bill of Rights

Fight over long-lost Bill of Rights reopens old wounds over Civil War loot

52 Design

Progress Energy energizes downtown

70 Artist-at-Large

Autumn at the coast

77 Style

Politics and fashion do mix

82 Gourmet

The return of David Mao



We're dedicated to making your power as reliable as possible.



RELIABLE POWER. AND PEOPLE DEDICATED TO KEEPING IT THAT WAY.



Reliable people means customer service you can count on. That's Progress Energy.



Reliability means improving how we deliver your power. Quickly restoring power after storms. Striving to make our customer service the best it can be. And evaluating and preparing for the energy needs of future generations.

The relentless pursuit of excellence.

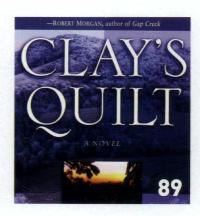
It's what we're all about, progress-energy.com

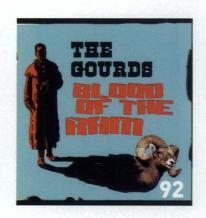


Metro Contents

Departments







- 8 Introduction Stolen property
- 12 Correspondence Editorial columnist, Forged documents, Kerry bashing, Echoing names, new Marlette offering, Art in Cary, James Thomas, Regional Transport Alliance winners
- **19** Secrets of State Robert Ruark, Wilson library 75th anniversary,
- **64 MetroPreview** Preview plans for the holidays
- 74 Between You and Me... Bring me flowers
- 76 I Know How You Feel Jennifer Julian
- **85** Restaurant Guide
- 87 Cork Report Cooking with wine
- 89 Books New and Noteworthy
- 92 PvV Life and music of Dinah Washington
- 95 My Usual Charming Self Airwave pollution



Scared of the Water by Loomis - Photo in exhibition "Twenty-five" at Artspace Galleries

Actual Patient

Photography by Dr. James Sarant.

SARANT DMD



CALL TODAY FOR A COMPLIMENTARY COSMETIC CONSULTATION

(919) 855-8600

SEE OUR BEFORE AND AFTER SLIDESHOW ON THE WEB!

WWW.STRIKINGSMILES.COM

3713 BENSON DRIVE · SUITE 102 · RALEIGH · NORTH CAROLINA · 27609



Robert Ruark Remembered

Southport, NC, born and UNC-Chapel Hill educated Robert Ruark, one of the most prolific and respected writers of the post-World War II period, is enjoying a re-birth with the establishment of the Robert Ruark Society, spearheaded by Chapel Hill residents James Cheatham and Catherine Berryhill Williams

They have joined with UNC campus celebrities Bland Simpson, director of the



Creative Writing Program in the Department of English, and Chuck Stone, who holds the Walter Spearman Chair in the School of Journalism and Mass Communication, to create awareness of Ruark's work, keying off the dona-

tion of his manuscripts, letters, columns, books and magazine articles to UNC's Wilson Library.

According to Cheatham, "Ruark (who died in 1965 at age 49) was one of the 20th century's best writers on hunting, fishing and life in the field, and wrote and had published as many, if not more works than any other UNC grad." These include *The Old Man and the Boy, The Old Man's Boy Grows Old* and politically charged fictional histories *Something of Value* and *Uhuru* about the Mau-Mau rebellion in Kenya, important chronicles of decolonization in Africa in the 1950s. In his recently published biography, *A View from a Tall Hill*, author Terry Weil calls Ruark, "unquestionably the most influential safari writer of the late 20th century."

Simpson, who has published articles and books set in Ruark's early tramping grounds in eastern North Carolina, calls his books, "a portrait of words and a window into my dad's boyhood as well as other families in the region."

Ruark's columns for the Scripps Howard news service and Field and Stream Magazine will be reviewed in the Society's newsletter by Chuck Stone, who feels that Ruark's pieces "have a laconic eloquence, reminiscent of one of Ruark's friends, Ernest Hemingway. He was not only a good writer, but also an explorer

with unquenchable curiosity. I think the values which he reflected in his treatment of people he met around the world are especially valuable today."

The Robert Ruark Society plans to sponsor speakers and seminars and eventually establish a Robert Ruark Scholars Program at UNC. For more information, contact James Cheatham: 10 Meadowmont Circle (or Box 115) Chapel Hill, NC 27517 or via email: jcheatham@prodigy.net.

—Jennifer Hadra

Wilson Library Celebrates 75th Anniversary

The Friends of Wilson Library at the University of North Carolina at Chapel Hill placed programs celebrating Southern culture and the library's history at the top of the agenda for this year's academic calendar in conjunction with the celebration of the library's 75th anniversary on Oct. 21. With the opening of the exhibit "The Louis Round Wilson Library: Celebrating 75 Years of Public Service," tours will run through Feb. 13, and include photographs, artifacts, and period books documenting the information and public services offered in the building throughout



Mocha Rhapsody Art Glass
Pendants by Sea Gull Lighting.®



sea gull lighting

Your local Ferguson Bath, Kitchen and Lighting Gallery will indulge your senses in the latest, most innovative bath, kitchen and lighting products from Sea Gull Lighting.

Our experienced showroom consultants will help you choose the precise products that suit your lifestyle. Call today to learn more about Ferguson and the products and services we are proud to offer.

www.ferguson.com

Raleigh 2700-A Yonkers Road (919) 828-7300

Please call for an appointment.

104 Highway 54, Unit EE (919) 933-6994

NYSE = WOLSELEY ---

© 2004 MarketFocus Communications, Inc

Habitat for Humanity

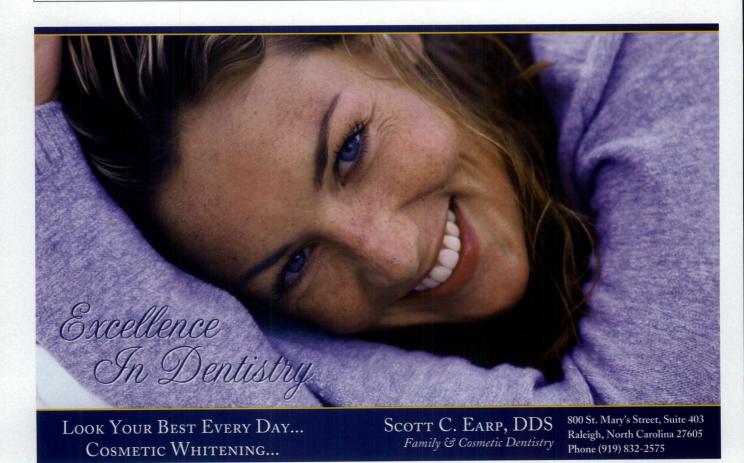
Ring in the Holidays.



DESIGNERS/FINE JEWELERS ... jewelry for your emotions



Registered Jewelers • Certified Gemologist • 6301A Falls of Neuse Rd • Raleigh, North Carolina 27615 • 850-2501 • 877-284-7304



its history.

On November 11 at 5:30 p.m., William R. Ferris, a UNC history professor, will speak at the opening of an exhibit to showcase his work and relationships with figures in Southern music and culture. The exhibit "Ferris in Focus: The Work of William R. Ferris" will be housed in the Manuscripts Department of the library through Dec. 31.

The 13th annual Winter Stories Program for children of all ages will be held on Dec. 9. Following a reception at 5 p.m., library employees will give music and poetry performances for those in attendance.

On Jan. 13 at 5 p.m., "Southern Sources: An Exhibit Celebrating 75 Years of the Southern Historical Collection" will open in the Melba Remig Saltareli Room. Dr. Jacquelyn Hall, director of UNC's Southern Oral History Program and Dr. Julia Cherry Spruill, professor of history, will speak in the Rare Book Reading Room at 5:45 p.m.

The Melba Remig Saltareli Room will also house a reception on April 7, 2005, to open the exhibit "A Talent to Deceive: Mystery and Detective Fiction in the Rare Book Collection." An expert on the genre (to be announced) will speak in the Pleasants Family Assembly Room at 5:45 p.m.

For more information on library events, contact Liza Terll at 919-962-4207 or email liza_terll@unc.edu.

Kudzu Keeps Growing In Marlette Offering

In a town so small that even the Episcopalians handle snakes lives the Reverend Will B. Dunn, a preacher with ambition beyond the sleepy confines of the little burg of Bypass. Celebrity weddings and church softball games against the mighty Catholics are

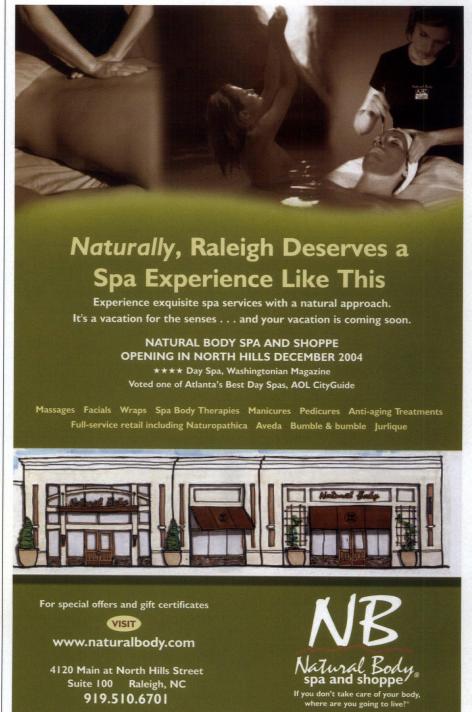


just a few of the madcap encounters readers around the world seek every day in the comic strip *Kudzu*, penned by the irreverent and insightful political cartoonist and novelist Doug Marlette.

Marlette, who lives in Hillsborough, NC, is one of the famous group of Southern cartoonists spawned in the '60s that includes the now deceased Jeff MacNeely, Dwane Powell and John Branch who transformed the art from the obvious to the sublime, resulting in a Pulitzer for Marlette and MacNeely and a special place in the pantheon of modern satirists. And Marlette is now a novelist of substance after the publication of *The Bridge* in 2002; his new novel is in the works and focuses on what

makes us tick as Southerners.

A Town so Backwards, Even Episcopalians Handle Snakes is Marlette's 19th book of cartoons, and follows on the heels of What Would Marlette Drive, a collection centered on his famous depiction of a terrorist driving a Ryder Truck with a nuclear bomb in the back asking "what would Mohammed drive?" keying off the anti-SUV slogan: "What Would Jesus Drive?" Marlette was the object of a fatwa from the Islamic community resulting in death





The plant-grab at JC Raulston Arboretum—A nanosecond after the horn blew, the rush was on for free plants at the JC Raulston Arboretum, Raleigh. The annual free plant distribution event is one of the most popular of the year for members and those who wish to join the Arboretum.

threats and over 40,000 angry emails to his syndicate.

But that's par for the course for the straightforwardly honest and talented Marlette. Whether you already know him or not, go to www.dougmarlette.com to order the new collection or contact Plan Nine Publishing at www.plan9.org. There will be a book signing Sunday 2 pm November 7 at the Regulator Bookshop, 720 9th Street, Durham.

You can hear Marlette interviewed on radio by *Metro* Editor & Publisher Bernie Reeves by

going to www.metronc.com and clicking on *My Usual Charming Self on the Radio.*

Generations Fairs Give Back To the Community

More than \$93,000 was raised for local charities around the state and region this spring, as families, friends and neighbors united at the Southern Assisted Living Association's annual Generations Fairs. Since their inception in 2000, the events have raised more than \$373,000 for local charities, ranging from Boy Scouts to humane societies.

Created by the Southern Assisted Living, Inc. founders, the fairs encourage interaction among generations, specifically the children and grandchildren of residents in the community's facilities.

"The work by Southern Assisted Living with their Generations Fairs exemplifies how assisted living communities can be integral parts of their locations, be they small towns or large cities," Jerry Cooper, executive director of the North Carolina Assisted Living Association, said. "To have raised close to \$375,000 and given it back to their hometowns is a wonderful accomplishment for the residents throughout the Southern Assisted family."

A large contribution is also made by the company from an annual one-day golf tournament hosted by headquarters staff.

Southern Assisted Living, Inc., headquartered in Chapel Hill, is the largest provider of assisted living services and care for Alzheimer's sufferers in the state. The firm has 41 assisted living communities and 24 Discovery Program units for Alzheimer's patients, in the mid-Atlantic region. These facilities are primarily located in North Carolina, including communities in the Triangle and Triad areas.

Annual Art Ball Boosts Public Art in Cary

The Art Ball 2004, an annual black-tie event to raise support and awareness for the commissioning and placement of public art in Cary, will be presented by Cary Visual Art on Saturday, November 13, at the Embassy Suites Hotel in Cary.

The evening will begin with a cocktail reception at 6 p.m. followed by a five-course dinner and music at 7 p.m. After dinner, dancing will continue until midnight with music performed by Target and The Entertainers.

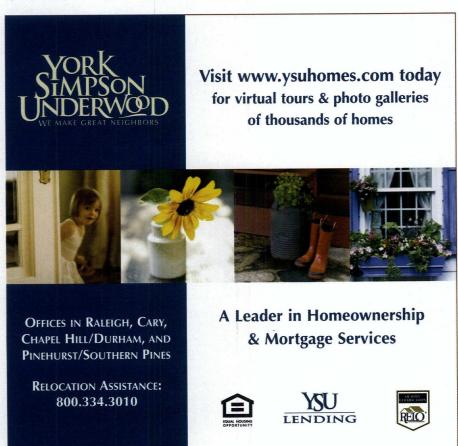
CVA funds the commissioning and placement of art in Cary through partnerships with other nonprofit organizations, local businesses and the Town of Cary. The organization has placed more than 25 public art displays throughout the Cary Community. The two most recent were described in these pages last month: *Balancing Act II*, a 26-foot-tall composition of brightly painted steel installed at the SAS Soccer Park and a 20-foot-tall kidfriendly sculpture erected at Sears Farm Road Park.

For more information about The Art Ball or for directions, contact CVA at 919-531-8149 or cva@caryvisualart.org.

Pembroke's James Thomas Makes Mark In Real Estate

North Carolina native James Thomas—recognized in 1999 by *The Los Angeles Times* as a "shaper of Los Angeles"—continues to increase his presence among the real estate heavyweights in the commercial real estate marketplace.

Thomas, a Lumbee Indian born in Pembroke, took his Thomas Properties Group public in early October. Thomas launched the company in 1996 and owns nearly 54 percent of the new firm's shares. Thomas was also cofounder and managing partner of Maguire Thomas Partners, another real estate develop-



ment firm.

Thomas Properties is actively involved in a variety of residential and commercial real estate ventures covering more than 5 million square feet. The properties are located in the Middle Atlantic, the Southwest and California, according to Hoover's Online, a business information agency. Thomas Properties had revenues of \$46.3 million in 2003.

Thomas grew up in North Carolina through his sophomore year in high school when his family moved to Cleveland, Ohio. He went on to graduate from Baldwin-Wallace College in 1959 and earned his law degree magna cum laude from Cleveland Marshall Law School in 1963. Recently, UNC—Pembroke presented him with an honorary doctorate.

He has been married to Sally Jane Thomas for 47 years. They have two living children—Suzanne Ellen Thomas, who is married to Mark Baer and lived in Raleigh until recently, and Sherrie Ann Pastron, who lives in Los Angeles.

Thomas is actively involved in the arts, serving on the board of governors of the Music Center of Los Angeles County. He served as chairman of the LA 2000 Regional Partnership and is on the board of trustees of I Have a Dream Foundation. Thomas also at one time was co-owner of the NBA Sacramento Kings.

Earlier this year, his firm received gold medal recognition from the US Green Building Council for the Joe Serna Jr.-EPA Headquarters building in Sacramento, CA. —Rick Smith

Transportation Alliance Names Regional Mobility Winners

The Regional Transportation Alliance—a partnership of more than 80 area businesses and 16 Chambers of Commerce in five Triangle area counties—announces its 2004 Regional Mobility Award winners. This year's winners were selected in four categories: Large Project of the Year:

• I-40 westbound widening in Durham County, by NCDOT

Small Project of the Year:

 US 64 corridor signal improvements in Cary & Apex, Wake County, by NCDOT

Alternative Transportation Project of the Year:

 Emergency Ride Home program, by Triangle Transit Authority

Alliance Transportation Champion for 2004:

 Jim Roberson, chair of the Research Triangle Regional Partnership and past president, Research Triangle Foundation.

These award winners, nominated by Alliance members and partners from the public and private sectors, were selected by an Alliance member taskforce.

The Regional Transportation Alliance—the Triangle's business leadership organization for transportation—identifies, facilitates and promotes mobility solutions for the Triangle region in cooperation with its public and private partners.

For more information on the Regional Transportation Alliance, visit www.letsgetmoving.org or call 919-664-7062.

JANE WULLBRANDT



Jolly's

Jewelers and Silversmiths Since 1881

The New North Hills • Six Forks Road • Raleigh 919.832.5571 • 800.210.1881 • www.jollys.com

AT THE MERCY OF CURIOUS HANDS:

Fight over North Carolina's long-lost Bill of Rights Reopens old wounds over Civil War loot

by Patrik Jonsson

s The Confederacy drew its dying breath, General W.T. Sherman's troops, numbering some 65,000, stole into Raleigh, fresh from razing Atlanta and subjugating the rebel South once and for all.

It was the steamy spring of 1865, and panic was barely contained as high-ranking Confederates, including Gov. Zeb Vance, filed north out of the city as Sherman's troops charged in from the south, after negotiating the city's surrender a'few miles out on Old Garner Road. A "young, rash Texan" was hanged after he fired on the charge of Ohio cavalrymen who drove their steeds up Fayetteville Street, hitched them on the Capitol lawn, and jubilantly, perhaps drunkenly, rambled into North Carolina's seat of power in the kind of "smash-and-grab" gambit that characterized Sherman's blistering maneuvers through Dixie.

To be sure, Sherman had assured North Carolinians that their property would be left undisturbed. But at some point during their stay soldiers looted what was left in the disheveled capitol: "The interior of the Capitol presented a scene of utmost confusion," recounted the regimental surgeon. "Bound legislative documents, and maps, lay strewn about the floor of the library. ... the geological collections had been wantonly broken and promiscuously scattered." On the second floor, one soldier found perhaps the ultimate war booty ensconced in a glass case: One of 14 original Bills of Rights, 13 of which were mailed personally by George Washington to the states for ratification in 1789. Looking perhaps for his own gain, but unknowingly making a broader political statement that would reverberate down the centuries, the soldier—whose name is lost to history—rolled it up and stuck it in his knapsack.

In the following days, Sherman's army bivouacked among the demented at Dorothea Dix Hospital west of the city; Lincoln would be assassinated; Lee would surrender at Appomattox; and, near Durham, Gen. Johnston would hand his sword to Sherman at Bennett Place. The capitol that had resisted the Constitution until the Bill of Rights was crafted, finally convincing a recalcitrant James Madison to amend the Founding Document, was again at the center of a maelstrom. New York soldiers cheered at the news of the surrender, and Raleighites, tired of looters from both camps, spat invective at "Tecumseh Billie" and his "bummers."

When Sherman's troops left after three weeks in the capital, the Bill of Rights went with them—the very document that contained the rights that the South charged Lincoln had subdued (to wit, Amendment X): "The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people."

ANTIQUE WORDS, MODERN CLAIMS

In March 2003, almost exactly 138 years after the Fall of Raleigh, the tables were turned—at least for a moment. In a clever sting operation, federal marshals seized the document in Philadelphia, pulling it out of cold storage and shining a bright light on the cloak and dagger world of signatories and famous litanies. The case also became a

flanking exhibition in a corruptive scheme between a business baron and an antiques dealer that, in part, led to the resignation of Conn. Gov. John

Rowland earlier this year. To be sure, the seizure of the People's Bill-It is now ensconced somewhere in the Terry Sanford Federal Courthouse in Raleigh, in custody of US Marshals—is a huge historical story that challenges, at the very least, modern notions of public provenance. Indeed, after North Carolina District Court Judge Terrence Boyle ruled against those who lay private claim on the Billnamely, a famous Nantucket antiques dealer named Wayne Pratt and Connecticut real estate baron Robert Matthews-the case has taken a new twist that harks, again, all the way back to that infamous raid on the

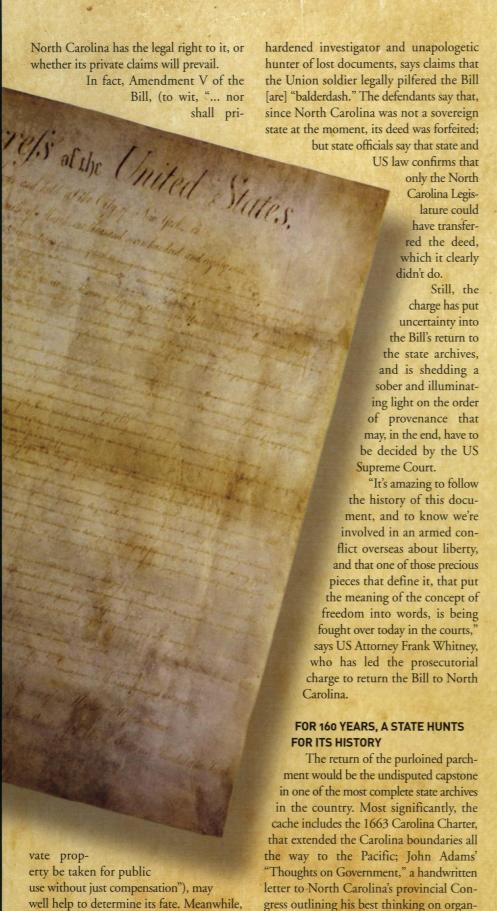
North Carolina capitol.

for the Bill put new focus

Not only does the brawl

on North Carolina's unique role in the document's creation and illustrates how a brash pair of Connecticut Yankees conspired to make millions off the (let's say "historic manuscript" here instead of purloined parchment), but also it brings a complicated legal question to bear: As the victors against a runaway republic, did the Yankees have a right to take it as legal loot? And if so, is it possible that a Yankee could once again usher the Bill out of Raleigh?

As it is, a panel of judges who were set to hear the appeal of Judge Boyle's ruling in Richmond on October 26, 2004, may well have to draw upon the language of the Bill itself to determine whether



izing a state government; a letter written by

North Carolina soldier Isaac T. Avery in his own blood as he lay dying at Gettysburg; and a complete presidential signature collection, from Washington to W. It's a treasure trove of signatures and manuscripts that, if they were for sale, would amount to tens of millions of dollars, rivaling even the worth of the masterwork treasures contained in the North Carolina Museum of Art.

Moreover, if North Carolina succeeds, some legal experts say it could radically change provenance laws regarding Civil War loot, which today is strewn in museums and attics throughout the world.

"Such a precedent may well have far-reaching implications indeed," writes Kansas University law school professor Mike Hoeflich in the *Lawrence Journal-World*. If North Carolina wins, "museums, collectors and dealers around the globe will have to take a close look at their art and documents and decide whether they really do own them."

The Bill's return to its place among the state's unique and valuable collection of Colonial and Antebellum records would also mark the greatest victory in a 160-year gambit by the state to retrieve every squiggle and signature that once belonged to the people.

The state, from as early as 1844, when Gov. John Motley Morehead sent researchers to England to find Colonial records, has successfully collared sheaves of lost scripts. The process was only accelerated by the 1977 case against an eastern North Carolina doctor named B.C. West, who lost in the State Supreme Court his claim to several Colonialera documents, including two indictments signed by William Hooper, who later signed the Declaration of Independence on North Carolina's behalf.

The latest case came this summer when the archives collared from a Graham, NC, manuscript dealer a long-lost letter from Jefferson Davis to the North Carolina governor, affirming a request for arms and cannons to be sent to the Old North State to fight the War of Rebellion.

Indeed, Gov. Morehead was prophetic on several fronts as he ordered the General Assembly to assemble and safeguard the state's written history—an act that sent envoys to the London archives and kept scribes busy copying Colonial documents well into the start of the Civil War.

North Carolina chief archivist Jeff Crow, a

"While another state boasts of being the cradle of Liberty, North Carolina alone can boast of possessing its birthplace," Morehead proclaimed to the General Assembly in November 1844. "It was on her soil, on the 20th of May 1787, that her sons reared the standard of Liberty; boldly declared their independence of the British Crown; and declared themselves a 'free and independent

people, a sovereign and self-governing association.' We are wholly unworthy of such illustrious descent, if we neglect to preserve by all means in our power, the history of the gallant deeds by which they sustained that declaration."

He goes on to say, "These memorials are now scattered over the state, and gradually disappearing; and like the leaves of the Sybil, they rise in value as their numbers decrease."

That inflation is alive and well today and is now central to the Bill of Rights case. While Pratt and Matthews likely knew that they didn't have a realized deed, they took a huge gamble, against the advice of many middlemen, to buy the document.

FOURTEEN PRICELESS ORIGINAL BILLS

"There's a growing market in manuscripts, and they have risen in value much the same way that art has," says Charlene Bangs Bickford, the director of the First Federal Congress Project at George Washington University. "The fact is that this document, at least in this country, is absolutely priceless, but it's also useless in terms of making money off of it. Clearly the people who had it did not steal it, but they did know it was stolen."

Transposed by three Congressional clerks, the 14 original Bills of Rights were masterpieces both of political philosophy and craftsmanship. George Washington, then president, ordered a copy be sent, with a letter from him, to the 13 colonies—with the original staying in Washington. On December 22, 1789, NC ratified the Bill, a month after the second Constitutional Convention ratified the new US Constitution on November 21, 1789, paving the way for a new country. On January 8, 1790, Washington addressed Congress: "I embrace with great satisfaction the opportunity which now presents itself of congratulating you on the present favorable prospects of our public affairs. The recent accession of the important State of North Carolina to the constitution of the United States ... are circumstances auspicious in an eminent degree to our national prosperity."

While they're sometimes called copies, the surviving Bills are in fact all originals. Three remain unaccounted for today, and are believed to have been lost. But for 138 years, North Carolinians kept faith that what once was lost must be found.

"I BELIEVE IT COST ME \$5."

The Ohio soldier who snookered the Bill was most likely a member of the Fifth Ohio Cavalry Regiment, archivists say, though no one is certain who, exactly, it was, or from where he hailed. After his return from the war, he sold it either in Tippecanoe or Troy,

Fueling Growth

Barbara Mulkey | President | Mulkey Engineers & Consultants



"The important connections we've made have helped fuel our company's rapid growth."

Barbara Mulkey knows that nurturing connections leads to profitable business opportunities. Those connections helped grow her business from a home-based operation in 1993 to a multi-million dollar firm today with offices in both Carolinas. The Raleigh Chamber partners with businesses like Barbara's to help facilitate business connections throughout the Triangle. In fact, the Chamber hosts more than 120 networking events each year with this goal in mind.

If fueling growth is important to your company, the Raleigh Chamber is the place to be. Barbara agrees. Read her story online at www.raleighchamber.org/truestories.



Join today by calling 664.7000 or visiting www.raleighchamber.org.

Ohio, to a man named Charles Shotwell, who later allowed the state of Indiana to hang it in the Board of Trades office. "I was living at Troy, Ohio, at the close of the war, thirty-two years ago," Shotwell was quoted as saying in the Indianapolis News edition of May 10, 1897. "I believe it cost me \$5.

"[The soldier] took it from the State House at Raleigh, NC, when that place was pillaged by Sherman's army." In 1897, North Carolina officials were refused their entreaties for its return. In 1925, Shotwell's descendants approached North Carolina officials through an intermediary named Charles Reid. Though it wouldn't be until the 1970s when North Carolina legally established its right to seize lost or stolen documents, Robert B. House, former Historic Commission Secretary, set a precedent: He turned Reid down cold and refused to pay for what he said rightfully belonged to the people. "So long as [the Bill] remains away from official custody of North Carolina it will serve as a memorial of individual theft." House wrote in a letter to Reid in 1925.

Then the Bill disappeared for a lifetime,

even as the "John Hancocks" of famous folks started gaining in value, thanks to a renewed interest in American colonial and Civil War history that has driven North Carolina's collection alone—one of the most complete in the nation—to hundreds of millions of dollars. Some today claim that the Bill is worth well over \$30 million, assuming there is a market value for it. Matthews wants a piece of that pie.

Indeed, it's in this world of cloak and dagger dealings that Matthews and his partner, Wayne Pratt, operated. Pratt, a dealer in fine antiques, specializes in Colonial-era toys, and was formerly a mainstay of PBS' Antiques Roadshow. Though he didn't own it at the time, Pratt laid claim to it as early as 1995, the year a Washington lawyer named John L. Richardson first approached the state archives about selling it, asking over \$1 million. It was a grumpy deliberation, with Richardson threatening Crow, telling him that it might be destroyed or sold overseas, perhaps to a kingdom in the Middle East.

Like Robert House before him, Crow

turned it down. It was mostly but not only on principle. "We don't have that kind of money," Crow says.

In the summer of 2000, Bickford and other curators at the First Federal Congress Project at George Washington University, watched in wonder as two men, a woman, and two armed guards, brought a framed document for assessment— it turns out it was Pratt's contingent, including Attorney Richardson and one of the Shotwell heirs. Though they couldn't verify it 100 percent—they couldn't get access to the backing, where a Colonial shipping tag is placed—but they were sure enough that they felt awful about letting it back out of the building. (Officials at the Project say they didn't contact the FBI because they feared the document would be pushed further underground.)

It is after that assessment that Pratt and Matthews took full control of the document. But the kind of subterfuge that authorities in Connecticut and North Carolina are now discovering about the pair's modus operandi marked that transaction as well. As assistant



Attorneys

Lawyers left to right:

W. Gerald Thornton Chair, Corporate Section 919.510.9264

Samuel T. (Ted) Oliver, Jr. Chair, Real Estate Section 919.510.9256

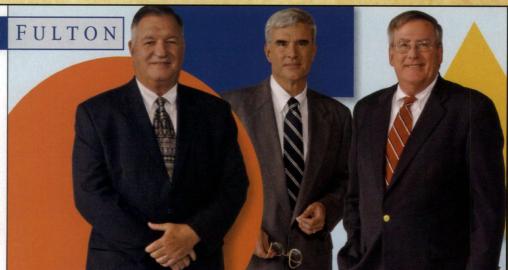
John B. McMillan Chair, Litigation Section 919.510.9248

> 50 YEARS 1954-2004

Manning Fulton & Skinner PA Glenwood Plaza, Suite 500 3605 Glenwood Avenue Raleigh, NC 27612

107-A N. 2nd Street Wilmington, NC 28401

manningfulton.com



To celebrate our 50th anniversary, each Manning Fulton lawyer will donate at least 50 hours of volunteer time to charitable and civic causes in 2005. That's 1,650 hours of benefit our communities can count on.

Thank you for inviting us to be part of your success over the past 50 years — and thank you for being a part of ours. We look forward to a continuing partnership in the next 50.

US Attorney Paul Newby tells it, they duped the Shotwell heirs with a "good cop, bad cop" routine:

"Matthews flew Pratt in his plane to Indianapolis to look at it," says Newby. "The price was \$300,000. What they did is they said, look, Matthews is going to say, 'I'm not interested, I'm outta here,' and Pratt was going to say, 'There went my money man. I don't have \$300,000, maybe I can give you \$200,000.' That's what they did, and it worked exactly like they thought it would."

This summer, Pratt pleaded guilty to his involvement in an illegal real estate deal involving Rowland and Matthews, and has turned government informant in the ongoing investigation into the fallen Governor. Matthews, for his part, is known as a shrewd businessman who is no stranger to lawsuits. He recently won a \$2 million settlement from a huge food conglomerate. Matthews has threatened to sue Pratt, too, saying he had no right to abdicate their supposed deed to the document. In North Carolina's eyes, however, Pratt, in the end, did his "patriotic duty" by surrendering his claim to the Bill; both Gov. Easley and US Attorney Whitney have praised him. Matthews is another story, a social gadfly and powerbroker whose empire is now threatening to crumble.

Matthews "has been the Jay Gatsby of the Rowland era—the flaunter of turn-of-21st-century new wealth built by mingling personal friendships with the lust for money and power and the high life," wrote New Haven Advocate, Conn., reporter Paul Bass recently. "A high school vo-tech grad, Matthews built an empire by buying and selling companies and old buildings. He sweet-talked the bankers (until he stiffed them). He romanced the politicians and government deal-makers." But it's caught up with him now, pleading the Fifth on detailing allegations of funneling tens of thousands of dollars for his good friend, Rowland.

To be sure, Pratt and Matthews do not seem to be famous-document thieves like George Bland Jr., who in the 1990s stole thousands of dollars worth of documents from college archives around the country, including Duke, before getting caught. Still, their involvement gives a glaring peek into the ultra-secretive world of forgers and manuscript mavens, only heightened by their alleged involvement in a dubious real estate

deal that helped fell Rowland. "The manuscript sales business is a business where they maintain a very large degree of confidentiality," says Bickford. "You never say who owns the document or who's trying to sell, and that's the way people who deal in manuscripts stay in business."

A REAL \$4 MILLION CHECK AND A \$15 MILLION CLAIM

In early 2003, Richardson, the Washington lawyer, kept sweeping the waters for buyers. But by this time, the atmosphere had changed. The proprietors of the Bill had grown desperate. The National Constitution Center in Philadelphia was opening at the



"It is interesting to speculate on how long the joy of illegitimate possession can hold out against scruples."

-Robert B. House, former Historic Commission Secretary in a 1925 letter on the lost Bill of Rights

time and a curator received a strange call that wondered, in essence: "How would you like a real Bill of Rights for your collection?" The center began negotiations, but secretly contacted Pennsylvania Governor Ed Rendell, who in turn called Governor Mike Easley in North Carolina. Most likely, it was a former US Attorney in Easley's office who suggested that the FBI should be brought in. The agency responded immediately, and, after a harrowing one-day turn-around on the seizure warrant, an FBI agent, posing as a museum official, met with Richardson, unpacked the Bill from a cardboard box, authenticated it, and handed over a real \$4 million cashier's check, which Richardson, in turn, authenticated. Shortly thereafter, other agents busted into the room and presented the seizure warrant. The government's ruse worked like a charm. "Richardson's basic reaction when the FBI agents came into the room was, 'Take my stuff, just don't take me,'" says Newby. A day later, at a FBI press conference, the document was unveiled to the public for the first time in 138 years.

But since the sting, the legal waters have grown murkier. Last fall, Matthews sued the whole NC contingent of prosecutors, claiming the raid was illegal—though the suit has since been dismissed. In return, prosecutors assembled a grand jury, which reportedly met in Raleigh to consider criminal charges against the pair. Last January, Judge Boyle found for the state at a hearing, but Matthews did not follow his partner's lead in relinquishing his claim. Instead, he dug in, confident he can either get the manuscript back or, better yet, receive an aware of least half its value—some \$15 million, according to his estimate—from the court.

Now it's up to the Fourth Circuit Federal Appeals Court in Richmond to delve into the complicated legal arguments, some that concern the secession and others that touch directly on confusion over Sherman's orders upon sacking Raleigh. (The court is expected to rule on the case by early 2005.) The US Attorney's office has vigorously argued against Matthews' claims, saying not only has it been proven that the secession was illegal, thus leaving North Carolina a sovereign state whose protective laws still covered the document, but even by the rules of war the pilfering of the Bill fell short of the law.

"What the other side is arguing is that it's not a public document protected by state laws in operation in 1865, and even further that since North Carolina seceded from the Union that it no longer had any protections that would've allowed it to maintain that document as its own," says Crow.

The nation's top expert on the rules of war has also strongly disagreed with Matthews' charge. In an affidavit, W. Hays Parks, the special assistant for law of war matters to the Judge Advocate General of the Army, writes: "...the seizure of the North Carolina Bill of Rights was an unauthorized and illegal taking by an individual Union soldier for his private gain [thus] the North Carolina Bill of Rights remained the property of the state of North Carolina."

Curiously, a mention of a "recent" US

Supreme Court decision on the provenance of war loot in the House correspondence of 1925 remains a mystery—US Attorneys working on the case have failed to find mention of such a case in the court's tomes.

Still, there may be some holes in the government's case. To be sure, New York State has recently passed strict laws related to Nazi war loot, stemming from the famous seizure on behalf of a deceased Jewish woman of the Portrait of Wally from a private collection. But legal experts say such provenance laws are not as well established around the country, and the NC Bill of Rights case could redefine lingering ownership questions over war loot. And, to be sure, the US Government, at least in the immediate wake of the Civil War, certainly felt it was privy to the South's riches. As proof, there's the testimony by North Carolina's Civil War treasurer (later governor) Jonathan Worth, who in late 1865 attempted to recover state property which was "scattered from the mountains to the seashore and everywhere smuggled." He didn't get far. In September 1865 he wrote in exasperation: "I failed in Washington to get the Govt. to give up the State property captured after the proclamation by Generals Sherman and Schofield to the army and people of NC that peace existed. This capture was rapacious and illegal, as I think, and consequently impolitic."

THE LEGACY OF 'CURIOUS HANDS'

More personally, the idea that a pair of Yankees should harp on the South's drubbing in the war to glean profit today rubs many North Carolinians the wrong way. "[Matthews is] arguing from a carpetbagger point of view: 'They lost, therefore we can go in and plunder," says North Carolina native Robert Morgan, a Cornell University English professor who last year published Brave Enemies, a fictionalized account of the Battle of Cowpens. "There's a sense of, if they could have carried the Capitol back to Ohio, they would have. My feeling is that to argue that somebody has the right to steal this copy from the Capitol building is still fighting the Civil War. The Bill of Rights is a document that pretty clearly belongs to the people of North Carolina, who paid a greater price in the Revolution than anybody else. It seems like a simple issue to me, but I

know when you get up in front of a court and claim lost property and lost investment," that argument can get muddled.

At a time when the words guaranteeing the personal freedom of human beings are claiming the lives of Americans overseas, the fight over the Bill of Rights has taken on a somber tone. Little of this was apparent in 1865, when the streets rolled up amid fears that Sherman would do to Raleigh what he did to Atlanta. Tar Heel officials, for reasons still unknown, didn't squirrel the Bill away along with boxes of other state documents and 50,000 pounds of bacon that left on a train ahead of Sherman's army, leaving the Bill and many other documents to the mercy of "curious hands," as Philadelphia Inquirer reporter William Anderson witnessed in 1865 after Raleigh fell. The Bill of Rights could not save the union—indeed, it may have served, in the end, only to divide it. And, to be sure, 215 years after the ink dried on its yellowing parchment, the modern union will not dissolve over the Bill's fate. But trust in the public's ability to protect its own original, and world-changing, ideas is surely at stake. MM

Family values, to us, has nothing to do with politics.

It is about creating, growing, and protecting your family's wealth. Making sure your portfolio's asset allocation is in line with your investment goals. Creating diversification to manage risk as best you can. Ensuring your insurance coverage is adequate. Having a plan for distributing your wealth

after your death, and avoiding unnecessary taxes.

It's called Comprehensive Wealth Management, a uniquely customized program for our high net worth clients.

As part of Scott & Stringfellow, a corporate affiliate of BB&T,

we can provide just about any financial resource or service you and your family may need. And that's what we call "value".



Contract of the last	NOT A DEPOSIT NOT FDIC-INSURED	NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY
-	MAY LOSE VALUE	NOT BANK GUARANTEED



2626 Glenwood Ave., Raleigh • 919.782.1447 Member NYSE/SIPC

Looking for a better way to save for college?

North Carolina's 529 plan makes saving for college easier – by offering Participants:

• tax-free growth*

• a broad range of investment choices

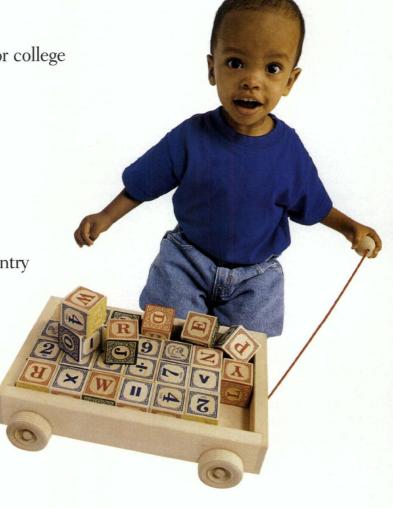
control over account assets

flexible contributions

use at virtually any college in the country

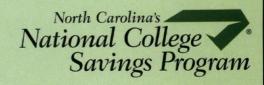
If you are a business owner, consider adding North Carolina's 529 plan to your employee benefits package:

- no employer expense
- no set-up fees
- no governmental reporting
- little administrative effort



Direct enrollment is available through the Program Administrator, College Foundation, Inc. If you desire investment guidance or do not qualify for Direct enrollment, contact your financial advisor about Advisor-sold enrollment.

For Direct enrollment, call 800-600-3453 or download and complete an enrollment agreement online at www.CFNC.org/Savings. Advisor-sold enrollment information is available at www.seligman529.com or by contacting your financial advisor.



Participants who reside in states other than North Carolina should consult with their tax advisors regarding any state tax consequences for participation in

Investment options in either type of enrollment are similar in design, but vary in structure and investment managers. Accounts established through Direct enrollment have lower fees and expenses than those established through Advisor-sold enrollment. An offer of interest in the North Carolina College Savings and Investment Program may only be made by an official Program Description, which contains complete information about fees, expenses and risks. Individuals should read the Program Description carefully before investing.

[©] College Foundation, Inc. 2004

⁵²⁹ plans have significant tax issues and may not be appropriate for all investors. Certain tax benefits are effective through 2010 unless extended or amended by Congress. Non-Qualified Withdrawals are subject to a \$50 fee, and earnings may be subject to a 10% federal tax penalty, a state tax penalty, and ordinary income taxes. Please see the Program Description for details on the tax consequences of Withdrawals other than Qualified Withdrawals. In addition, federal tax law restricts a Participant's ability to move money to other investment options. This information is not tax or investment advice; consult your tax advisor.

Metro Magazine's Annual Education Report



IT'S GONNA COST YOU by Jim Leutze

here has been much discussion recently about the state of the educational enterprise in North Carolina and in the country. Often these discussions focus on the quality of the education: Can kids pass the tests, do they know anything useful when they graduate, are there enough qualified teachers? Another focus is how to "fix" education: to adopt charter schools, to turn schools over to private enterprise, to close the achievement gap, to fund No Child Left Behind or to consider the ever-changing reforms educators call the "flavor of the month." When attention turns to costs, it often dwells only on teacher salaries. But there are a lot more costs-more expensive

costs—that are looming out there.

Before going through a partial list of anticipated needs, let's first take a look at resources. At the root of the problem is that education is receiving a smaller portion of the budget than it did 10 years ago. In the 1990s education (K-12 and higher education) accounted for approximately 68 percent of the state budget; this year the figure is closer to 60 percent. This result is not because our legislators are stingy; it is primarily because health-care costs have soared, now absorbing 23 percent of the

budget. In the 1990s university and community college appropriations amounted to 22 percent of the budget. This year they amounted to 17 percent. In 1990-91 the university share of the budget was 15.8 percent; this year (2004-05) it is 11.8 percent. Obviously the budget itself is larger so the dollars are larger as well, but realize that since 1994 university enrollment alone

has increased by 33,000. That is the equivalent to three UNC-Ws. When I came to UNC-Wilmington as Chancellor in 1992, the state was providing over 50 percent of the education cost. That amount declined about 1 percent per year during my 13year tenure. Is it any wonder that we had to raise tuition to cover the shortfall? The only way to reduce the rate of increase is to increase the amount the state chips in. In my view it would be good public policy, but it is not very likely.

STARTING YOUNG

For K-12 schools there are two large due bills. First there is the Leandro case, in which Judge Howard Manning has ordered

that under the State Constitution each child must have access to equal educational opportunities. Given the gap between the generally poor rural counties (many in the East) and the generally well-to-do urban counties, the cost of meeting the judge's order is going to be high. To put a wellqualified teacher in every class, counter the high teacher turnover, improve low per-

formance and high student drop out will be a daunting and expensive task. How expensive? Experts disagree, but clearly to level the playing field will take hundreds of millions of dollars over many years.

Also looming is the strong possibility that the state will be asked to back a bond issue for K-12 building needs. The state's school population is growing at a rate of 22,000 students per year. There is a demand that class size be cut while schoolvards are already littered with trailers taking the overflow from WW-II era buildings. In 1996 the state was asked for the first time to float a bond issue for local schools. The price tag was \$1.8 billion. This time the cost may be five times that.

> And, oh, the Federal Government has yet to provide full funding for the very expensive No Child Left Behind program. Can you spell "unfunded mandate," children?

COMMUNITY COLLEGES AND UNIVERSITIES

Turning to community colleges, one of the issues is faculty salaries. This year the General Assembly added \$1.2 million to bring the lowest paid faculty up to a minimum, added an additional \$12.8 million for a 2 percent overall boost and pledged over the next five years to bring salaries to the national average. This long

overdue commitment meant that community college teachers, who were 47th in the country and dead last in the Southern Region, got, on average, a 4.5 to 5 percent increase. So this year we are probably closer to 45th in the country and out of the cellar in the Southern Region. Great! And this in a state that wants to lead in biotech and other sophisticated technologies. To follow

through with their pledge, and I sincerely hope they will, is going to cost serious bucks. Each 1 percent raise costs \$6 million; at the end of five years, we will still only be at the national average.

Then there is the matter of higher education facilities. Back in 1998 the University System conducted a facilities analysis by an educational consultant. After studying projected enrollment growth and the condition of current buildings, the consultant settled on \$6.9 billion in needs. Realizing that such a figure might awe voters into paralysis, the University decided to go for a less frightening \$2.5 billion in bonds. The voters overwhelmingly supported the issue, and the bonds, which will mature in 2020, were approved. The community colleges went through a similar, but internal, study and came up with \$1.2 billion in needs and sought \$600 million in bonds. All the buildings paid for by those bonds are completed or in the pipeline.

As the legislative session wound down this year, a number of additional facilities

were proposed on various university campuses. Not being sure where the money was coming from, it was decided to grant the universities nearly \$400 million in bonding authority, but not to require that the state actually issue the bonds. Part of the problem was that the State Treasurer Richard Moore was concerned that the state was getting close to the prudent limit on bonding authority. But then some influential legislators realized that, in view of these concerns, a study of the whole facilities issue would be wise. This time they wanted a broader study to look at university and community college building priorities so that facilities and infrastructure could be matched with work force development needs, demographic changes and programs offered at various universities and community colleges. There was some resistance, but in the end, the Board of Governors was told to fund the study and report back in December 2005.

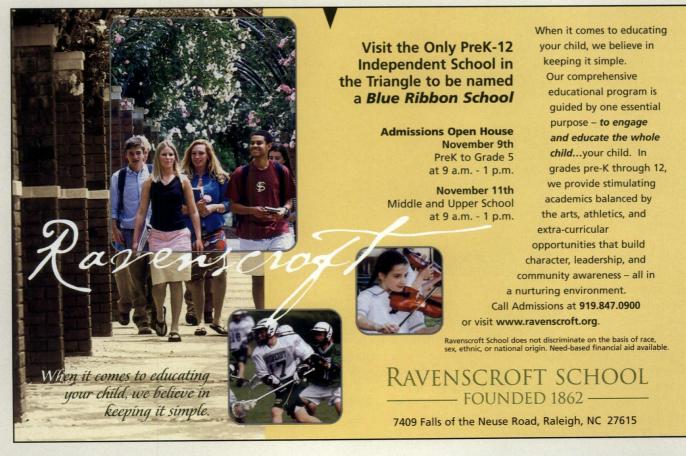
Since the total for the 1998 study was \$6.9 billion for the university and \$1.2 billion for the community colleges for a total

of \$8.1 billion, and the bonds provided \$3.1 billion, you can bet your life that more than \$10 billion in facility and infrastructure needs will be identified in this more comprehensive study.

CHECK PLEASE

So, an incomplete list of educational needs adds up to an initial \$300 million with an untold yearly cost for Leandro; \$6+ billion for public school buildings; millions for No Child Left Behind, \$250 million for community college teachers; and \$10 billion for higher education facilities. Can anyone spell "debt" children? And although no one has implied that raising revenue is an issue in any of these cases, you might also want to brush up on spelling "taxes" or "revenue enhancement" if you wish.

Dr. James Leutze recently retired as Chancellor of UNC-Wilmington. He has produced documentaries on eastern North Carolina conservation and is Chairman of the North Carolina Progress Board.



Pope Center Conference calls for:

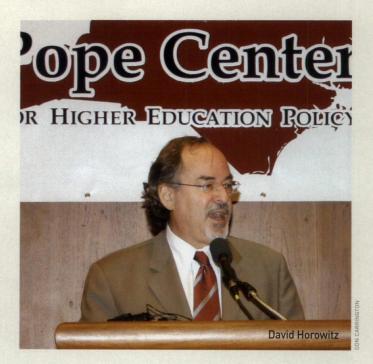
FREEDOM ON COLLEGE CAMPUSES by Rick Smith

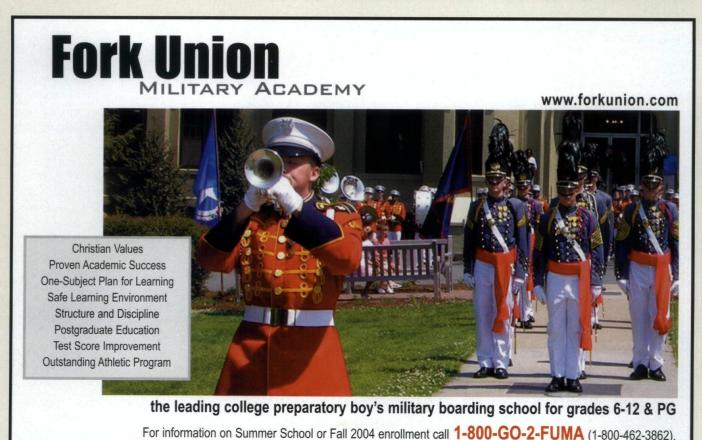
ome of the 200-plus people who attended the "Freedom and the American Campus" program on Oct. 16 may have come expecting to hear gloom and doom about the state of academic freedom, free speech vs. speech codes and rampant liberal faculty indoctrination at universities across the United States.

And while they heard the challenges in chilling detail, they also were told about battles being won against the campus oppression being imposed by radical scholars.

Speaker after speaker—ranging from former self-proclaimed Leftist radical David Horowitz to a former attorney for the American Civil Liberties Union—documented in defiant, determined terms what progress they see being made.

Not all is rosy. George Leef, the executive director of The John William Pope Center for Higher Education Policy, the organization that sponsored the conference, had to beef up security just in case someone threatened Horowitz, who acknowledged he is a "lightning rod" for criticism from the American Left. Some members of the NC State faculty didn't want Horowitz, nor did they want the conference at the McKimmon Center on the NC State campus. Leef kept a close eye on at least one "radical student" from UNC Chapel Hill whom he knew was in the crowd.





OUR BAR IS HIGH OUR SUCCESS IS HIGHER

Hargrave Cadets are proud, selfdisciplined and motivated. Personal integrity and honor have meaning to them. Their mastery of responsibility and duty serves them well in life, far after their collegiate years.

A Hargrave graduate succeeds where others fail, and leads where others follow. It is a solid tradition of the Hargrave's Corps of Cadets. It is a critical distinction of our graduates.

Look around.
Who's leading you today?



A ORE STATE OF THE STATE OF THE

Hargrave Military Academy 800/432-2480 www.hargrave.edu

Grades 7-12, Post-Graduate (PG) & Summer Programs; Christian Values; How to Study Program; 11:1 Student/Teacher Ratio; Scouting, Venturing & USA Swimming.

EL TEATRO ESPA



CHRISTCHURCH SCHOOL

the right fit!

Is your child in the right school environment?

Does he have all the opportunities you want him to have?

Is he reaching his full potential? Is he happy?

Doesn't he deserve more?

An Episcopal college preparatory school in the Diocese of Virginia located on the Rappahannock River. Boys boarding and co-educational day school for grades 8-12 and PG.

804 758 2306 | www.christchurchschool.org | admission@christchurchschool.org

No trouble occurred, and Horowitz delivered an overview of his "Academic Bill of Rights" initiative that he pointed out is winning support in several states and on several major campuses.

"There is manic hostility to ideas they don't want to hear," Horowitz said of his opponents. Saying he won't flinch from the task of academic freedom, he emphasized



Keynote speaker Professor Roger Meiners

that speech codes—implemented by many universities to limit politically incorrect speech—are "the worst attack on academic freedom in the last 50 years."

Horowitz, maintaining that "other than the war on terror, there is no more important battle than for the soul of our educational institutions," handed out copies of his Academic Bill of Rights, which he said he ran by opponents for feedback and additions before publishing:

The central purposes of a University are the pursuit of truth, the discovery of new knowledge through scholarship and research, the study and reasoned criticism of intellectual and cultural traditions, the teaching and general development of students to help them become creative individuals and productive citizens of a pluralistic democracy and the transmission of knowledge and learning to a society at large. Free inquiry and free speech within the academic community are indispensable to the achievement of these goals.

In response, speaker after speaker recounted tales of censorship, intimidation, expulsion, and threats. They also recounted strategies for winning, such as Horowitz's strategy of co-opting some opponents by creating documents that they help to write, and legislative strategies to get state governments—especially conservative elected officials—more involved to ensure an atmosphere of choice. Others talked about how to use the "disinfectant" of public exposure to address indoctrination and political browbeating by professors.

Horowitz stressed that it is essential to rally people to the fight who believe in academic freedom, and he didn't underestimate the odds when opponents face entrenched faculties, faculty committees and career administrators.

"This is a war," he stressed. "It's like Godzilla vs. Bambi. Bambi at least has to have a rocket."

Norman Hurley, an adjunct political sciences professor at UNC Chapel Hill who is conservative and black, warned that liberals won't willingly concede ground. "They literally see this as war. I can attest to this,"

Hurley said, adding that he was once physically threatened at a social event for sharing his conservative views. "The politics of scholarship" as he described it must be fought through the "hiring of ideologically democratic faculty."

A big weapon to use is litigation, said Carol Sobel, the former ACLU attorney who is not a conservative. Sobel described the battle as not philosophical but "a matter of principle." She has spent a "life-long career protecting the First Amendment" and stressed that when all other protests fail—it's time to go to court.

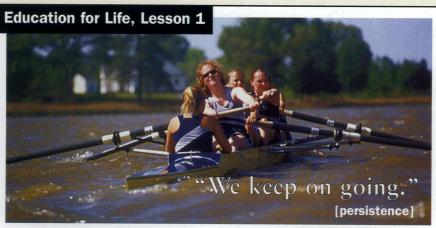
"Campuses just don't want the trouble," she said. "Force them to face exposure—and to pay damages." The threat of a lawsuit can "open awareness and open discussion."

Another weapon discussed is the use of money. Alan Kors, chairman of the Foundation for Individual Rights in Education, or FIRE, called for financial pressure from benefactors and donors to be used as a weapon. He criticized universities in general for not delivering what they promise to students or to donors.

"If you believe in truth in advertising," he said, referring to college administrators, "you would say the following on page one

Speakers at the Pope conference included:

Dr. Jerry Martin, chairman of American Council of Trustees and Alumni; Dr. Alan Kors, University of Pennsylvania; Dr. Christina Jeffrey, University of South Carolina at Spartanburg; Dr. David Beito, The University of Alabama; Dr. Michael Gillespie, Duke University; Dr. James Miller, Smith College; Dr. Michael DeBow, Cumberland School of Law Samford University; Dr. Roger Meiners, University of Texas-Arlington; author and activist David Horowitz; Dr. Norman Hurley, University of North Carolina at Chapel Hill; and attorney Carol Sobel.



The finish line seems miles away on this cold morning. But while muscles scream, minds focus. St. Margaret's students dig down, pull through, and reach their goal.

Today it's just a race. Tomorrow, it may be getting into college, opening a business, or running for office. Teaching girls to persevere is one of the ways we educate young women for life.

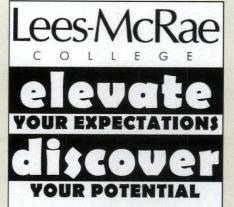
Want to know the others? Contact us for information about our winter overnights.

St. Margaret's School actively seeks and admits qualified students of any race, color, religious affiliation, national or ethnic origin.

St. Margaret's School

Girls' Boarding & Day, Grades 8-12

444 Water Lane • Tappahannock, VA 22560 • (804) 443-3357 • www.sms.org • admit@sms.org

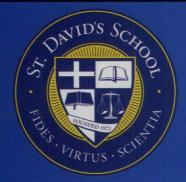


Located in the heart of the Appalachian Mountains in North Carolina, Lees-McRae is a small, private, college dedicated to the liberal arts tradition.

23 academic majors, 20 athletics teams Take advantage of hiking, whitewater activities, mountain biking & snow sports

800.280.4562 www.lmc.edu





A K-12 COLLEGE PREP SCHOOL

- Safe, Nurturing Learning Environment
- Meaningful Chapel Services
- Effective Honor Code
- · High Quality Faculty
- 1 on 1 College Admissions Counseling
- 39 Competitive middle, J.V. and Varsity sports
- Accomplished Fine Arts Program
- Daily P.E. classes K-6

ST. DAVID'S SCHOOL

FORMERLY ST. TIMOTHY'S-HALE • FOUNDED 1972



MISSION

St. David's is an independent Episcopal school that prepares young men and women for college and life by providing challenging opportunities to excel in the vital areas of faith, virtue and knowledge.

Admissions Open Houses October 28, 4 pm December 2, 7 pm January 13, 7 pm

Call our Director of Admissions at (919) 782-3331 for more information



ACADEMICS

With an average classroom size of 14, St. David's combines traditional and innovative curriculum and teaching methods to provide a strong academic foundation for each student. Recent student achievements include perfect scores on the national Latin Exam, 84% of our sophomores, juniors and seniors earning AP college credits, average SAT scores 150 points higher than Wake County schools, and a 100% annual college acceptance rate to schools such as Davidson, Duke, Harvard, Princeton, NC State, UNC-Chapel Hill, Wake Forest, Virginia and Yale.

St. David's School • 3400 White Oak Road • Raleigh, North Carolina 27609 tel 919-782-3331 • www.sdsw.org

CHATHAM HALL



You're Invited to our Open House December 5-6!

- Call 434.432.2941 About Admission Events in North Carolina
- All-girls College Prep Boarding School in Southern Virginia
- 83% Boarding, 75% of Teachers Live on Campus
- Recent Grads to Dartmouth, Georgetown, U.Va., Cornell
- For More Information Including Financial Aid Visit

www.chathamhall.org

They are the first to stand, to raise a hand, to ask, to lead, to suggest a direction or new idea.





Madeira Girls Have Something to Say.

If your daughter is looking for an academic environment where she can really develop her sense of self and her unique abilities, we encourage your family to contact the Admissions Office at 703.556.8273 or visit the Madeira website at www.madeira.org

www.madeira.org to learn more.

THE MADEIRA SCHOOL

The boarding and day school for girls in grades 9-12.

8328 Georgetown Pike McLean, VA 22102 www.madeira.org in your catalog funding proposals to state governments and letters to donors:

This university believes that your children are the racist, sexist, homophobic, Euro centric progeny of an unjust society from which most have received unjust benefits and rewards.

In return for massive taxpayer subsidies and high tuition, we will undertake by coercion and unequal treatment their political reeducation and the undoing of the harm visited on them by America.

"Let them have the guts to say openly what they believe," Kors said, the defiance evident in his voice, "and then let's see who picks up the bills."

For more about FIRE, see: www.thefire.org

For more about Horowitz and the Academic Bill of Rights, see: www.studentsforacademicfreedom.org.

Progressive education:

TURNING OVER THE ROCK by George Leef

he 1983 "A Nation at Risk" report famously stated that "If an unfriendly foreign power had attempted to impose on America the mediocre educational performance that exists today, we might well have viewed it as an act of war." Since then, there has been a great deal of talk about improving the educational system and some legislative developments purporting to "raise standards." On the whole, though, it's hard to perceive any improvement and if Cheri Pierson Yecke is correct in The War Against Excellence, things have gotten worse, particularly at the middle school level.

Yecke, US Department of Education Commissioner for Minnesota, has penned another in the stream of books exposing the deplorable truth about government schools. The education establishment is quite happy

with the fact that about 88 percent of all children attend government schools, and it invests mightily in public relations to keep parents, taxpayers and politicians convinced that "public education" is doing wonderfully, but just needs more money. The War Against Excellence pulls back the curtain to reveal that over the last 20 years or so, middle schools (usually grades 6-8) have been infested with an alarmingly anti-education mindset.

According to the author, five beliefs that "progressive" education theorists embrace have infiltrated the middle schools. (Yecke does not say that these views are confined to middle school—they certainly are not—only that the problem seems worst there.) The five are:

· Belief in the equality of educational outcomes



In school and later in life, St. Catherine's girls inspire others.



ELIZABETH McMILLAN HAGOOD '79, CHAIR OF SOUTH CAROLINA HEALTH & ENVIRONMENTAL CONTROL



K. M. DAVIS '07, STUDENT LEADER

Next overnight Sampler: December 2-3, 2004

Admissions visits may also occur at any other time. Please call to schedule yours.

6001 GROVE AVE RICHMOND, VA 23226 WWW.ST.CATHERINES.ORG 800.648.4082

rine's School welcomes qualified students without regard to race, color, and national or ethnic origin. © 2004 St. Catherine's Sc

- We believe, understand and respect that all **boys** are different, they grow at different rates, have different interests, learn differently and walk different paths.
- We know how to relate to boys and teach them to reach. Reach their potential, their goals, their best.
- We do this by focusing on individual needs, building success, self-confidence and independence.
- The results are **boys** who are independent thinkers, creative problem solvers, self-directed and self-reliant.



• Our **graduates** retain the lessons learned at Blue Ridge as life-forming experiences and carry these with pride to make a difference wherever they go.

BLUE RIDGE SCHOOL

is an all boys college preparatory boarding school grades 9-12 located twenty miles from Charlottesville, home of the University of Virginia. Our campus of one thousand acres lies at the foot of the Blue Ridge Mountains.

TEACHING BOYS TO REACH

St. George, Virginia 22935 www.blueridgeschool.com 434.985.2811

- Belief in questioning the value of individualism
- Belief in the supremacy of the group over the individual
- Belief that advanced students have a duty to help others at the expense of their own needs
- Belief that competition is negative and must be eliminated

If those ideas sound like the fundamental tenets of egalitarianism, that's just what they are. Listen to one of the educational Maoists

whom Yecke quotes, University of Florida professor Paul George, who opines that middle schools should become "the focus of societal experimentation, the vehicle for movement toward increasing justice and equality in the society as a whole." Schools, he writes, "are not about taking each child as far as he or she can go. They're about redistributing the wealth of the future."

The US has always had plenty of educational theorists eager to use government schools as experimental laboratories for their crackpot notions about the reformation of society, but the current crop seems to have been particularly effective in getting theirs implemented. Yecke discusses several distressing manifestations of those egalitarian beliefs.

One is the attack on ability grouping. Schools have customarily followed the practice of putting the brighter students in accelerated classes so they could proceed at a faster pace, and sometimes also grouping the slower students so they could receive special attention. To the egalitarian theorists, naturally, that practice is both educationally bad and morally wrong. They have insisted that schools end ability grouping, and quite a few have done it.

What's so bad about ability grouping? Supposedly, it contributes to "the stratification of society." If gifted kids could be slowed down, the thinking goes, they wouldn't be so successful later in life, thus taking a big step toward one of the favorite egalitarian catch-phrases, "social justice."

THE WAR AGAINST EXCELLENCE

The Rising Tide of Mediocrity in America's Middle Schools



The War Against Excellence by Cheri Pierson Yeck Praeger 2003, 260 pp.

If there were a Hall of Fame for Stupid Ideas, that would have to be one of the first enshrined. Even if you buy into coercive redistribution, why take steps that are calculated to reduce the future output of ideas, inventions, and wealth? The abolition of ability grouping has met with strong resistance from parents of gifted children, who resent having their kids held back so the education theorists can enjoy their utopian daydreams. Unfortunately, when those parents have complained, for the

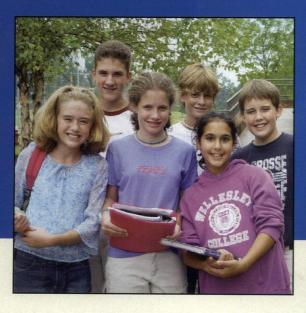
most part they've run into a stone wall—many administrators are infected with the "progressive" disease too.

Another manifestation of rampant egalitarianism is the move toward "cooperative learning." That's another of those warm and fuzzy notions that hides an unpleasant concept, namely that students should work and be graded in groups, rather than individually. Again, this is supposedly necessary to correct an underlying "social injustice."

The obvious problem with cooperative learning is that the smarter kids do most of the work, but must share the credit. To our egalitarian theorists, this approach to education performs the vital task of informing the bright kids that they have to "share" their talents. This alerts them early on that they will be treated as societal resources to be exploited in the future through the income tax.

A particularly disquieting aspect of cooperative learning is that it not only groups students together, but demands that the more gifted students instruct the slower ones. Under the concept of "peer tutoring," students who have already mastered new material are expected to help teach students who haven't. There is that egalitarian "sharing" impulse again. Supposedly, peer tutoring compels gifted students to develop "a sense of responsibility to their classmates." If there aren't any instructional tasks the gifted students can do, they can be required to help the teacher with other tasks. Yecke writes: "(S) tudents who have completed their work

Discover Cary Academy...



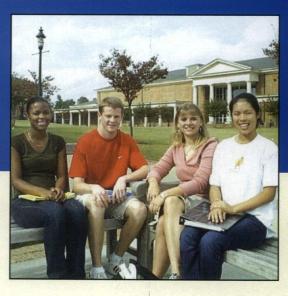
Explore our school community where life-long learning is embraced, lifetime friendships are developed, and teachers are everlasting mentors.

- Middle School Open House October 10, 2004
- Upper School Open House November 7, 2004
- Information Session January 6, 2005



CARY ACADEMY 1500 NORTH HARRISON AVENUE CARY, NORTH CAROLINA 27513 PHONE (919) 677 3873

FAX (919) 677 4002 WWW.CARYACADEMY.ORG ...we'll discover your child.



Cary Academy is an independent, college-preparatory school for grades 6-12, committed to discovery, innovation, collaboration, and excellence.

We invite you to visit our campus conveniently located off I-40 in Cary. Schedule a family tour or attend an Open House or Information Session.

For more information about Cary Academy please call our Admissions Office at 677-3873 or visit our web site at **www.caryacademy.org**

Cary Academy does not discriminate on the basis of race, gender, national and ethnic origin, or religion.

can tutor others or perform clerical duties but they cannot be allowed to work to the extent of their abilities and get ahead of the class." When parents of gifted students complain that school time is largely wasted for their kids, thereby harming them, the educational theorists usually reply that "the research" doesn't show that any educational harm is done to bright kids by holding them

back so they can learn "responsibility" and other egalitarian lessons.

Yecke is rightly concerned about the spread of the egalitarian vision of school, observing that it has been absorbed into the curriculum of many teacher training programs. Young, gullible teachers in training often hear from their professors that these notions are widely accepted and that they

should aspire to become change agents within their schools. The unfortunate truth is that most students who choose to major in education are not particularly bright themselves. The idea that they are doing something really important for society when they downplay academic achievement in favor of nebulous sociological goals is bound to catch on. And how much easier their jobs become when they can brush aside the educational needs of children who are much sharper than they are.

"(S)tudents who have completed their work can tutor others or perform clerical duties— but they cannot be allowed to work to the extent of their abilities and get ahead of the class."

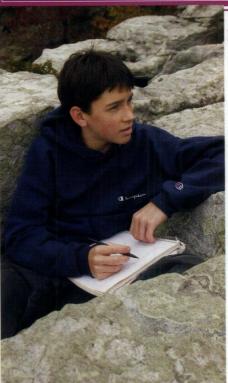
-Cheri Pierson Yeck

What's the prognosis? The author is not optimistic about a quick reversal back to school cultures that emphasized academic achievement first and foremost. Fortunately, parents who can see that their children are being used as the guinea pigs in a big sociological experiment have alternatives. Yecke cites the example of Howard County, Maryland, where the school administration chose to ignore parental protests against "mixed grouping." As a result, the numbers of parents choosing either private schools or homeschooling has risen by 50 percent over the last decade.

Thanks to Dr. Yecke for turning the rock of progressive education theory over so we can see all the creepy things underneath. *The War Against Excellence* should inflame readers who do not agree that the main point of school is to homogenize children and serve as a staging area for the utopian project of curing all of society's imagined ills. The information contained in this book is worth many times its rather lofty price.

EMERSON WALDORF SCHOOL

An Education for the Whole Child... Head, Heart and Hands



Emerson Waldorf School Offers You & Your Child

- New Nursery Program for 3 & 4 Year Olds
- Exciting New Program for Parent-Child (Newborn to 2-Year Olds)
- Exceptional Pre-Kindergarten through High School Experience
- · New High School Facility
- Academics Appropriate to the Chronological and Developmental Stage of Your Child
- Fine Arts and Practical Arts for Every Student
- Individual Attention with Low Student to Teacher Ratios
- Sports Programs and Movement Training
- · Afterschool Care
- · Tuition Assistance

hoto by Nick Graetz

Weekly Campus Tours Are Available

Call or email Amy Weaver to Make Your Reservation By phone, (919) 967-1858 or by email, amy.weaver@emersonwaldorf.org.



Come Visit our 55-Acre Peaceful Wooded Campus, Including Our New Farm property and Woodland Shop 6211 New Jericho Road, Chapel Hill, North Carolina 27516 (919)967-1858 · www.emersonwaldorf.org

Emerson Waldorf School does not discriminate on the basis of race, religion or ethnic origin. Affiliated with the Association of Waldorf Schools of North America.

George C. Leef is the book review editor of *The Freeman*.

Making Your List...

Hard to believe, but it's that time of year again, the time when days get shorter and shopping lists grow longer.

We know December will only get busier for you, with end of year soirees, weekend trips and the arrival of family. To help head off the eminent Holiday stress, Part I of our annual Gift Guide features a selection of gifts perfect for everyone on your list. Metro has taken to the streets of the Triangle (and the occasional website) to help you make your list and get some of your Holiday shopping out of the way.

Go ahead, keep that promise you made last year – get your 'big' shopping finished early. All the more time for merry-making! Happy Shopping. —Allison Preston

Reco art o Thes no

Recover the vanishing art of letter writing.
These vibrant, **two-toned**

note cards with
matching
envelopes from
Les Papiers Jean
Rouget Collection
Duo will surely
make her boycott
email. Each box

contains 25 cards & envelopes and is available in green/yellow, orange/dark orange, lavender/purple, and fuchsia/red color combinations. \$24.50 at Daisy Notes + Paper, Durham, 919.544.8491.



Named after the address of its conception (9 Bond St, New

York), **Bond No. 9** is for the woman who has everything. Each fragrance is chicly named after one of your favorite NYC spots. Pictured is the Eau de New York Fragrance, a blend of Neroli, White Lily & Vetiver.

\$198, Luxe Apothecary, Raleigh, 919.881.7828.



Give her a place to curl up with a good book. This stylish red leather settee will brighten even the darkest of rooms. Its classically modern look will make it a great addition to the bedroom, living area or office. \$695, Home Economics, Raleigh, 919.836.1240.

Trina Turk sable faux stole, \$180 and black jacket, \$286. Available at Beanie + Cecil, Raleigh, 919.821.5455.

When a bulky sweater just won't do, surprise her with this **delicate beaded wrap from Nanette Lepore** found at Scout & Molly's. Home to several of today's top clothing and jewelry designers, you are sure to find something for the fashionista in your life at this Raleigh Boutique. \$189 at Scout & Molly's, Raleigh, 919.848.8732.





From the design capitals of the world, jewelry for sophisticated tastes. Gifts from \$100 for women and men. www.hamiltonhilljewelry.com.

Treat her to a day off at

The Spa at The Grove Park Inn
in picturesque Asheville.
Their exclusive 'Heaven Series'
includes a wide range of
luxurious treatments, such as the
Sanctuary for the Senses body
treatment and the popular Fire,
Rock, Water and Light treatment.
Take advantage of their romantic
couples retreat for New Year's.
To inquire about rates and

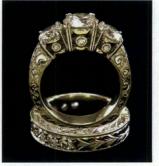
availability, call 877.SPA.0747.



Marc Jacobs has made a name for himself among the handbag elite. Those who know and love these accessories are crazy about his **Stella Bag**. Shown here in black, but other

919.821.5455.

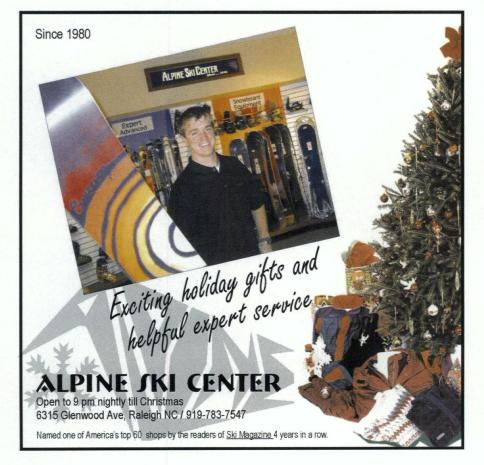




J.M. Edwards Fine
Jewelry and Diamonds
offers the perfect
selection of precision
hand crafted diamond
jewelry. Be tempted by
our extensive selection
of exquisite natural
diamonds;
J.M. Edwards, Cary,
919.460.1048

Gifts for Her

There is nothing like a pair of comfy PJ's after a long day of work. **Bedhead Pajamas** keep her comfortably stylish, even while sleeping. \$122, Lavender and Lace, Raleigh, 919.828.6007.



All that glitters is gold. This season ear wear has reached new lengths and these delicate drop earrings, made of gold-filled curb chain and green quartz, by Raleigh-based

jewelry designer Lucie, are sure to please. \$98, www.luciejewelry.com or 919.834.7609.



Holiday Totes by Jon Hart Design Co. available in small, medium and large at Quintessentials Raleigh, 919.785.0787.

Theory stretch wool tweed blazer with embossed faux leather belt. \$391; Saks Fifth Avenue,



Raleigh, 919.792.9100



As simple as black and white. J Perl earrings available at Ora Designers and Fine Jewelers, Raleigh, 919.850.2501.

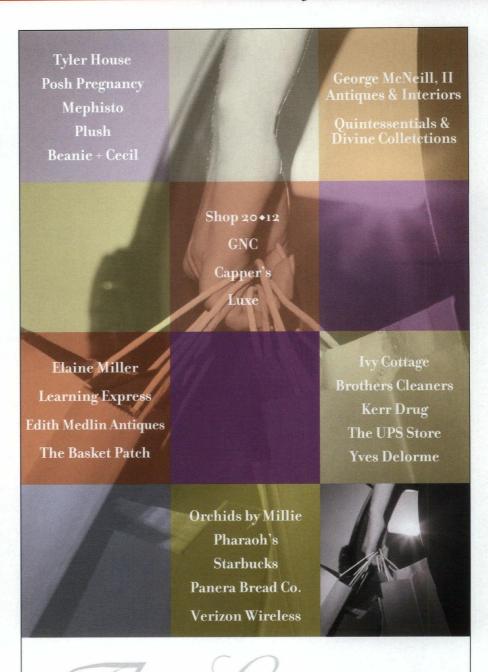
Passport Covers come in a range of sumptuous classic and chic contemporary colors. The ultimate leather accessory. Functional design with timeless elegance. Available at RAZOOK'S, Raleigh 919.833.6121.



chic traveler is a appy traveler. ne Luxe Collection om Hartmann ends charm with nctionality and is ire to please any cationer. Mix nd match texres and sil-

ouettes to eate a col-

ction that reflects her unique style. nis collection is available by special order at ne Globetrotter, Raleigh, 919.828.1226.



The Tassiter the lassiter. it's north hills

Discover the perfect place to shop for all your holiday giving. From jewelry and designer labels to antiques and home accessories. Don't forget your list. The Lassiter. It's North Hills. Grand Illumination with Grant Llewellyn, Nov. 20, 6:30pm

| shop | dine | play | work | meet | live | experience | be |

Just North off I-440 at Six Forks & Lassiter Mill \mid 919.833.7755 \mid kanerealtycorp.com

Combining the elegance and tradition of estate jewelry with vibrant color and delicate detailing. From \$859.00 and up. Elaine Miller Collection, Raleigh, 919.571.8888.

8'-8"



Tiffany's latest design darling. From \$259.00 and up. Temple St. Clair available at Elaine Miller Collection, Raleigh, 919.571.8888.



Fashionable **Fun Watches** with patent leather crocodile band. From \$19.00 and up. Elaine Miller Collection. Raleigh, 919.571.8888.



new









something come see our new stores

Kilwin's - With over 120 different varieties of handmade chocolates and truffles, Kilwin's Chocolates and Ice Cream offers visitors a return to a time when candy and ice cream were made with great care and pride.

Botanica – Offers an array of fresh, interesting and unusual flowers - available by the stem, bunch, or arranged simply in a vase. In addition, the store specializes in beautiful orchids and orchid pots, vases, and decorative art pieces. You can design an arrangement yourself or our experts will do it for you.

William Travis Jewelry – Fuses creativity with reality by incorporating classic, contemporary design with individual style. Our award winning jewelry embodies modern elegance that is practical enough for everyday.

and your old favorites

Peacock Alley – A treasure trove of beautiful accessories and gifts with such names as Herend, Katherine Houston, Mottahedeh, Hadley, and Designers Guild. A charming shop, made even more so by the expert service, personal shopping and gift wrapping.

Fine Feathers — A ladies specialty shop, carries distinctive designers such as Giorgio Armani, Valentino, Escada, Louis Feraud, Burberry, Etro, Agnona and many more. Ladies return faithfully for the personal service and comfortable atmosphere.

In the heart of downtown – FREE PARKING 143 W. Franklin St. - Chapel Hill, NC 27516





He's too manly to admit to having cold hands. One wear and these classically detailed Cashmere Lined Gloves are sure to become his favorite winter accessory. A side vent creates an easy pull-on and off. \$85, Saks Fifth Avenue, Raleigh, 919.792.9100.

The perfect gift for the man on the go. The Art of Shaving's Travel Kit comes complete with a Mach3® compatible razor.

badger brush, pre-shave oil, shaving cream and after-shave balm. Available in Unscented, Sandalwood, Lavender & Lemon. \$200 Available at Luxe Apothecary, Raleigh, 919.881.7828



The Shoo In, Kavu's newest style of sunglasses, is fast, fashionable, and completely functional for water and snow wear. Its clean stainless steel design boasts polarized lenses and a slight wrap to protect eyes from sun and wind. \$69, The Trail Shop, Chapel Hill, 919.929.7626 or www.kavu.com.



Bring out his cultural side by investing in a unique work of art. This **painting, by Linda Ruth Dickinson** is one of the artist's new works being exhibited at Tyndall Galleries. Focusing on North Carolina Artists, Tyndall Galleries is a great place to view and purchase works of art. Shown, Step, acrylic on canvas, dimensions are 30"x40". Tyndall Galleries, Chapel Hill. 919.942.2290.

If his weekly poker night is taking over the dining room table, give him the **World Poker Tour 48" Round Table** by Cosco Home & Office Products. The table comes complete with a bonus pack including a WPT deck of cards and 300 poker chips, instructions on Texas Hold Em and a dealer button to enhance the poker playing experience. The round table has a padded arm bumper for comfort, durable powder coat finish and it folds flat for easy storage. \$99, Select Wal-Mart Stores nationwide.

The Ultimate Sports Watch. The Suunto X6HR offers a multitude of functions – heart rate monitor, altitude, weather and more; \$429. Available at Great Outdoor Provision Co; Falls Village, 919.847.2722 and Cameron Village, 919.833.1741



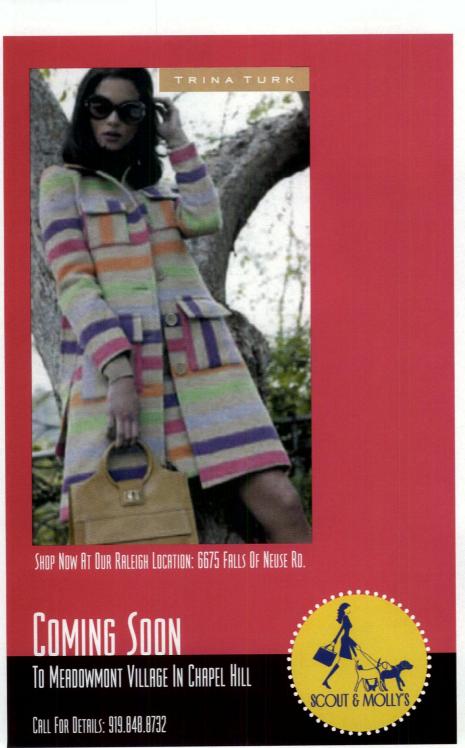


QUINTESSENTIALS
THE LASSITER AT NORTH HILLS, RALEIGH
919.785.0787





Give him the chance to play like the pros will at the 2005 U.S. Open at Pinehurst, complete with private caddie and a personalized locker. **The Pinehurst Championship Package** is the ultimate golf experience, and is available until just weeks before the 105th U.S. Open championship begins. Give him his own Open experience at Pinehurst with a special \$2005 rate from now until May 2005. Call 800.ITS.GOLF for more package details.



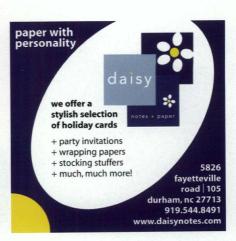


The Séura™ Television Mirror delivers image and sound with a high-end LCD television cleverly incorporated into a beautifully handcrafted mirror. Exclusively at Renaissance Bath Design & Renovation, Raleigh. 919.865.2284





Say goodbye to 1-hour waits and developing costs. Thanks to this handsome **Digital Slide Show Frame**, he'll no longer have to turn digital images into prints. He can display one—or hundreds—of his favorite digital photos on this high-definition 6" LCD screen with automatic slide show feature. No PC or Internet subscription needed: simply insert camera's media card to begin enjoying digital photo slide shows. \$300, Brookstone, Durham 919.806.3066 and Raleigh 919.782.1788.



Save his back with a versatile briefcase on wheels. This Wheel-A-Way Brief with Computer Insert by Tumi blends function with style. Features include a main compartment, divided sections and pockets for everything from cell phones and PDAs to an ID and umbrella.

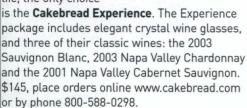
\$395. The Globetrotter. Raleigh.







When only the finest wine will do for your vino-lover in your life, the only choice



Gain instant points with parents and in-laws by giving them a variety of candles from



Paddywax's Linen Collection. These elegant hand-shaped, hand-textured pillars are made in Decatur, Georgia of the highest quality of paraffin available to ensure a clean burning candle with an extremely long lifetime. \$18-\$70, www.kingsroadhome.com

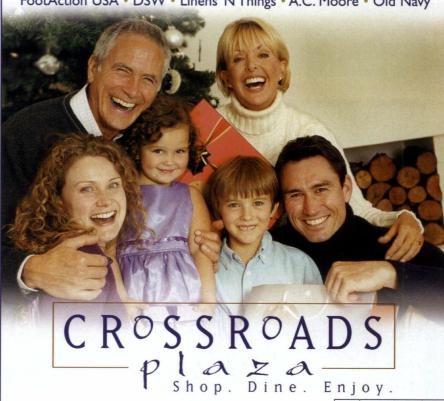




Join us for Free Carriage Rides with Santa and other wonderful holiday promotions.

With over 70 exciting stores, services and restaurants, there is something for everyone.

Best Buy • Stein Mart • Marshalls • REI • Dick's Sporting Goods Office Max • ULTA • Michaels • Bed Bath & Beyond • Toys 'R Us FootAction USA • DSW • Linens 'N Things • A.C. Moore • Old Navy



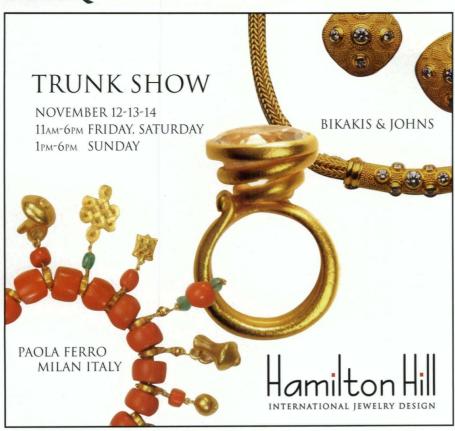
Carriage Rides with Santa are Saturdays, 11/27, 12/4, 12/11, 12/18 from 11am-1pm & 2pm-5pm.

Crossroads Plaza Gift Cards available for sale at the Management Office and Cold Stone Creamery.

www.shopcrossroadsplaza.com

Located on Walnut St., off U.S. 1/64 in Cary





Gregson Street, Durham • 919 683 1474 • Hamiltonhilljewelry.com



If you're heading home for the Holidays, don't arrive without a custom Holiday Housewarming

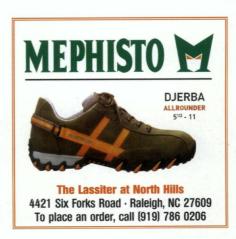
Gift Basket from Nofo. Filled to the brim with edible treats and drinkable delights from the South and beyond, this 'keeper' basket has something tempting for every part of the day. Starting at \$30 NOFO at the Pig, Raleigh, 919.821.1240 and NOFO at the Forum, Wilmington, 910.256.0467.



A one...two...A one, two, three. Hit it! Create the next singing sensation with the American Idol CD & Graphics Karaoke System. They'll have fun for hours wowing stuffed fans. You can record the performance with the built

in video camera. \$100, Select Toys 'R' Us Stores nationwide.

Send a gift subscriptiion to **Metro Magazine**, the Triangle's premiere city/regional magazine. With coverage "from the Triangle to the Coast," Metro is your cure for Bored Life Syndrome. One-year subscription is \$18.00, two-year is \$29.00, and three year is \$36.00. 800.567.1841 or www.metronc.com



his Holiday season, surprise your favorite hostess with these bright placemats and napkins. Shown in Villa Red, a Mediterranean-inspired rint, these settings have narrow trim detail and ontrasted facing. This updated version of the

lassic placemat and hapkin is sure to ecome a holilay favorite. Placemat

512. Napkin \$6. Southern Season, Chapel Hill,

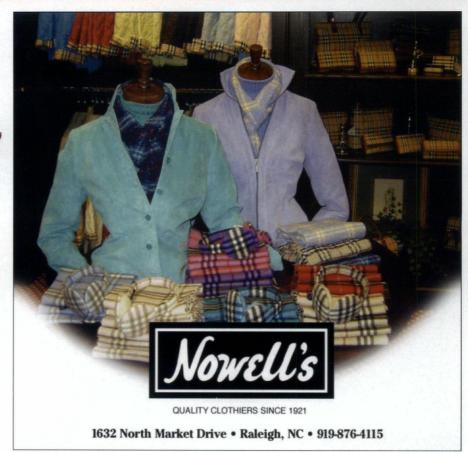
19.929.7133.





Award winning ladies specialty store offering the finest in apparel, accessories and gifts.

ameron Clothing Co., Raleigh, 919.829.1511 or www.cameronclothing.com







SUUNTO REPLACING LUCK.

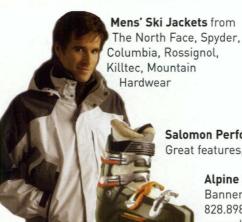
Available at:

GREAT OUTDOOR Provision Co.

The Ultimate Sports Watch. The Suunto X6HR offers a multitude of functions - heart rate monitor, altitude, weather & more. \$429

Cameron Village • Falls Village • Northgate Mall www.greatoutdoorprovision.com





Womens' Board Jackets from Bonfire, Orage, Burton, Oakley, Black Dot, K2, Ride, 686

Salomon Performa 8.0W:

Great features, our best seller

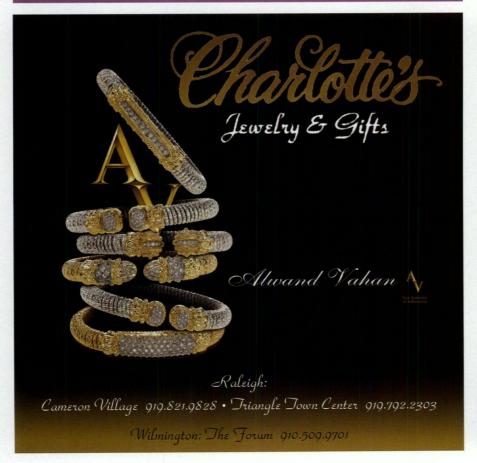
Banner Elk, NC 828.898.9701,

Alpine Ski Center www.alpineskicenter.com





Chic up a friend's guest room with luxe bedding from Dwell Home Furnishings. Their two-toned geometric sheet sets are a minimalists dream. Sheets (fitted & flat), Standard Pillowcases, Shams and Duvet Cover. \$425, Joci, Greenville, 252.321.5624.





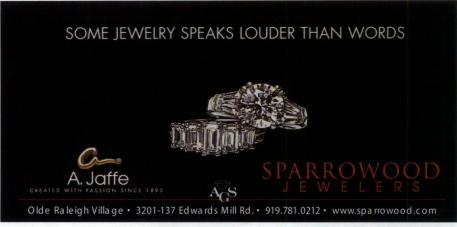
Faberge Martini Set in clear/red mouthblown cased lead crystal includes shaker and two martini glasses. \$500; Saks Fifth Avenue, Raleigh, 919.792.9100

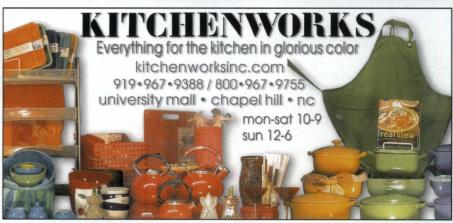




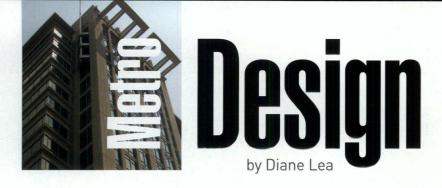
Give him the world. **Jere Wright's stunning Lapis Globe** will be a welcome addition to a desk or bookshelf. Seasoned travelers and dreamers alike will enjoy its bold detail and classic elegance. Products start at \$65. Globe pictured \$160, Bailey's Fine Jewelry, Raleigh, 919.829.7337 and Greenville, 252.353.3434.











Energizing Downtown Raleigh:

PROGRESS ENERGY BUILDING MAKES A STATEMENT

t has been only 18 months since the first shovel broke ground and the construction of Two Progress Plaza began," says Tom Trocheck, Progress Energy's Director of Land Management. The \$100 million, 19-story mixed-use development is Raleigh's first new skyscraper in a decade, following the Two Hanover Square and Wachovia Capitol Center projects in the 1990s. Located on two acres off the Fayetteville Street Mall, the building complex is bordered by East Davie, South Wilmington, East Martin and Blount Streets and adjacent to the current Progress Energy Building. Two Progress Plaza is ideally situated for Downtown's pedestrian traffic (27,000 people work in Raleigh's City Center) and provides 1065 parking spaces as

well. It is an important statement for the City—architecturally successful and of a scale to command attention in the context of the evolving Downtown streetscape. More than the sum of its parts, the completed first phase of Two Progress Plaza symbolizes the combined public, private and business leadership necessary to address the myriad issues of Downtown revitalization.

Trocheck, formerly a long-time resident of Atlanta who grew up watching his almost hometown evolve from a regional financial and cultural center into one of the nation's premier cities, is justifiably proud that his new hometown is beginning a similar, if smaller scale, transition. "Raleigh is one of two state capitals that haven't achieved

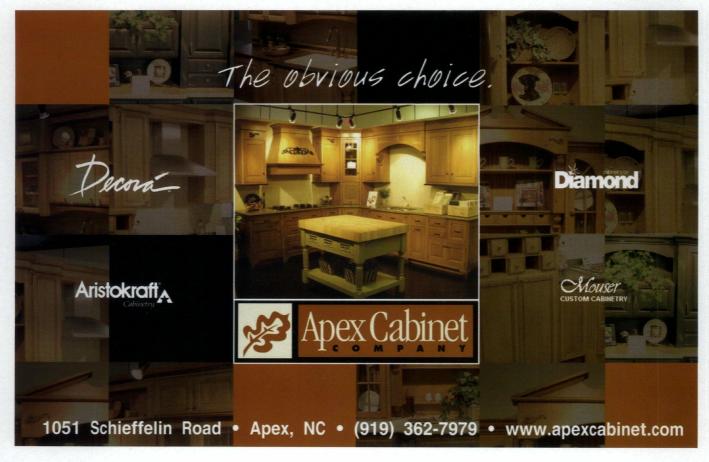


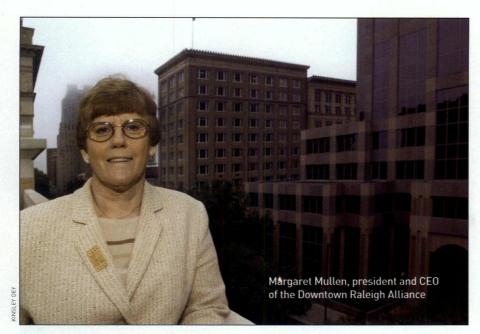
a renaissance in its downtown, and Two Progress Plaza sets the stage for this Downtown to change quickly," says Trocheck. "However, a project like Two Progress Plaza is dependent on other revitalization efforts coming on-line pretty quickly. Otherwise we lose momentum, and the public loses the perception that things are on the upswing." Trocheck is especially eager to see the initiation of planned Fayetteville Street Mall improvements that will include reopening the Mall to vehicular traffic and enhancing building façades along the street. "I feel that Progress Energy stepped up to the plate and recommitted itself to Downtown," says Trocheck. "Now we need to see the City move forward with key elements of the Downtown's Strategic Plan, like finalizing the plans for the new convention center and assisting local developers with several residential projects planned for Downtown."

The new Two Progress Plaza, designed by the Atlanta-based architectural firm Cooper-Carry, is visually striking and pleasingly complex. It epitomizes the concept of the modern skyscraper in the well-articulated



rectilinear forms of its soaring offset central tower, and its primary use of glass and architecturally pre-cast concrete. Yet the building's lower stories, set as flanking wings to the stepped-down tower, resonate nicely as classy renditions of well-detailed period storefronts which draw from Downtown Raleigh's architectural context. Steve Smith,





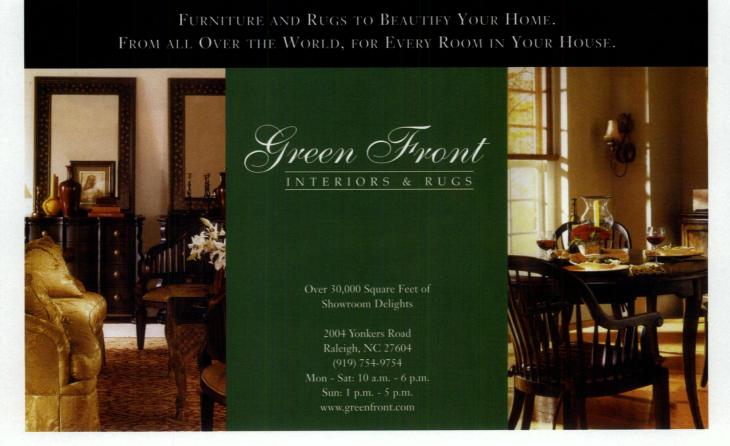
Cooper-Carry's project architect and project manager for Two Progress Plaza, worked with Cooper-Carry partner and president Kevin Cantley to give the 800,000-square-foot structure its distinctive appearance. "We wanted the building to look like it had evolved over time and to blend with what

we felt was Raleigh's eclectic look," says Smith. "We drew on the materials and styles of other older Downtown buildings to achieve the varied look of the street-level storefronts which will accommodate restaurants and retail. We then introduced a stainless steel and metal paneled arcade canopy

at the Wilmington Street corner on which a more modern office tower sits."

SUCCESSFUL COMBINATION

The combining of diverse materials to create a specific appearance and, in some cases, to fool the eye is undoubtedly one of Two Progress Plaza's many strengths. Beige brick inset into red brick columns framing tall banks of window-like openings give the appearance of a commercial building, but actually conceal one of the upper-level parking areas. Another parking level is disguised by white decorative grillwork. "We used a series of black coated cable behind the grillwork to screen the parking and act as a guardrail for people," says Smith. "It reads as a kind of scrim across the opening but allows air to circulate within the parking decks." Other examples of how effectively the architects employed materials and elements of historic designs are found in the specially designed lighting fixtures of matte stainless steel and the patterned transoms of the same material which blend with hefty two-toned concrete columns to give the East Davie façade a decidedly Art Deco look.





Matte stainless steel lighting fixtures give the East Davie façade an Art Deco look.

It is, however, within Two Progress Plaza's main lobby, entered through a classic polished stainless steel revolving door, that the meticulous attention that the Cooper-Carry team paid to the selection and placement of exceptional materials is most obvious. The soothing dark granite that sheaths the interior walls and the carefully inlaid polished granite floors give an air of understated elegance to the building's lobby and reception area. Accenting the splendid materials and geometric quality of the space is an extraordinary construction of honey onyx panels



USTOM BRICK COMPANY, INC.

Showroom/Brick Studio—1613 Old Louisburg Road, Raleigh, NC Mailing address—PO Box 6245, Raleigh, NC 27628

Your hometown, locally-owned brick source...

for all homes

for office buildings

for shopping centers

for churches

for schools

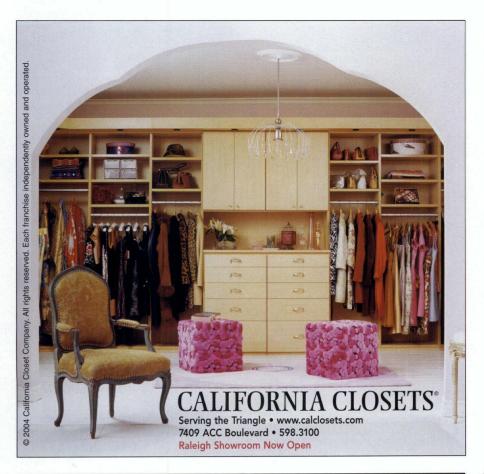
Offering limestone keys, mortars, in addition to the finest brick in the area! Serving you for 42 years.

BRICK STUDIO.

www.custombrick.com

(Brick Studio just off Capital Blvd. inside the beltline at Atlantic Avenue)

919.832.2804



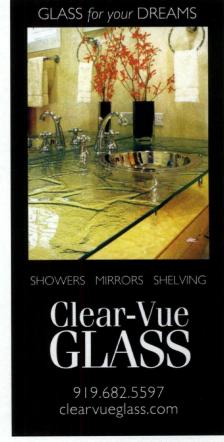
on the east wall. Steve Smith and Cooper-Carry interior designer Lauren Ronat traveled to Italy to select the onyx for the wall. There, in a Forte di Marme stoneyard, they chose the exact cuts to be made from the slabs of onyx that were laid on the ground for their inspection. "We took a 4-by-4-foot piece of plexiglass and fitted it over each slab where we wanted it cut," says Smith. "Then we digitally photographed the cut pieces and placed them on our computer where we arranged them like the pieces of a puzzle." The wall became the artwork for the lobby. "The stone was so lively and active that it would serve as the art for the lobby." Smith explains. "To vary it, we installed a sophisticated lighting system which back-lights the stone and periodically changes its color." The system can be programmed to change the color of the onyx every 24 hours, creating a lovely window dressing for passersby. At the foot of the onyx wall, the lobby seating area offers a view of East Davie Street through large-paned windows and simple, graceful terra cotta leather sofas and club chairs. Bentwood scatter tables in light-toned wood emphasize the connection to the ash can-



MINTABELL DESIGN GROUP

INTERIORS & FURNISHINGS

502 MEADOWMONT VILLAGE CIRCLE
CHAPEL HILL, NC 27517 - 7584
PHONE: 919-933-9800 WWW.MINTABELL.COM





Raleigh Hall of Fame 2005 Nomination Form



Mission: The Raleigh Hall of Fame, Inc. is a nonprofit corporation dedicated to celebrating the proud history of the City of Raleigh by honoring its outstanding citizens and organizations.

To be considered for the Raleigh Hall of Fame, nominees must meet the following criteria:

- 1. Candidate must have made a significant and worthy contribution to Raleigh.
- Candidate may be living or deceased and must have been or is a resident of Raleigh at some point in his/her lifetime.
- 3. Raleigh organizations are also eligible for nomination.
- 4. The enduring value of achievement(s) and lasting importance of contribution(s) should have stood the test of time.
- 5. These achievements/contributions must have occurred ten or more years ago.
- 6. Nominations must be received by November 15, 2004

ubmit a statement to explain the significant and worthy contribution this candidate has made to raleigh. This should be no more than two age, double-spaced. Please include any pertinent biographical information that supports consideration of this candidate. Additional supporting naterial that can be documented and directly attests to the candidate's contributions, achievements and character may be included. Supporting etters of recommendation will be accepted. All material will become the property of the Raleigh Hall of Fame, Inc. and will not be returned.

Nomination of an Individual:	Nomination of an Organization:
ame of Candidate:	Name of Organization:
ate of birth	Date when first organized
living, current address	Contact person
hone number	Address
deceased, date of death	
ist descendants, addresses and phone numbers, if at all ossible (use separate sheet, if necessary)	Phone number
	Nomination submitted by:
lominator to read the following and sign:	Name
	Address
hereby attest, to the best of my ability, the accuracy of the formation included in this nomination.	
ignature/Date	Phonee-mail

Submit 10 copies of the completed nomination form by November 15, 2004 with supporting documentation to:

Raleigh Hall of Fame

4301 City of Oaks Wynd • Raleigh, NC 27612

Attention: Selection Committee

For additional information contact loumitchell@mindspring.com

Living selected nominees will be asked to sign a statement of release of confidentiality to have their name posted ina public place.

tilevered ceiling panel, studded with pinpoints of light, that floats above the lounge.

HIGH TECH INNOVATIONS

Two Progress Plaza succeeds on many levels, according to Margaret Mullen, president and CEO of the Downtown Raleigh Alliance, a non-profit organization that provides one-stop assistance for Downtown information, including advocacy, marketing,

business recruitment and retention, and clean and safe programs. She notes that in addition to its visual appeal, the building employs many innovative and energy-saving construction practices. "They have this cool elevator system," says Mullen. "It has no buttons, and the elevators are all identified with letters. You just punch the floor you want on the information panel and it tells you which letter elevator to go to."

Come and experience the quality and comfort of Natuzzi, the world leader in leather sofas, and find the perfect look for your style of living. You'll find a big selection of beautifully crafted sofas, armchairs and recliners that make it easy to find the perfect fit for you.

NATUZZI

It's how you live



Contemporary or Traditional 3 Seat Sofa

both covered in easy to clean family-friendly leathers, or choose your own color combination. Hundreds of possibilities.

Your Choice \$89900

The Oak Store

5816 Glenwood Ave., Raleigh, NC • Mon-Fri: 10-7 • Sat: 10-6 • Sun: 1-5

781-7221

This technical improvement saved Progress Energy a significant amount of money because they were able to eliminate the need for two of the building's several elevator shafts. Other innovative construction techniques include the use by Birmingham, Alabama-based Brasfield and Gorrie, the General Contractors on the job, of a framework of poured concrete columns instead of a steel frame. This allowed for more muchneeded on-site storage space and was safer for an area with steady pedestrian traffic. Because of the numerous windows, Progress Energy chose a Low-E energy-efficient glass, a new type of fluorescent tube and an automatic lighting control system, all installed by Brady & Anglin, the mechanical, electrical and plumbing engineers of Decatur, Georgia, who also installed a high-efficiency chiller-based air-conditioning system, which initially cost more but uses less energy.

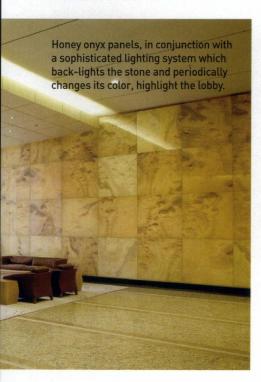
Offering 366,000 square feet of office space, 23,400 square feet of retail, 1065 parking spaces and a planned residential component of 66 condominiums, Two Progress Plaza is an impressive addition to Downtown Raleigh. It is especially important because the principles underlying its siting, design and construction were formulated during the development of the Downtown's Strategic Plan.

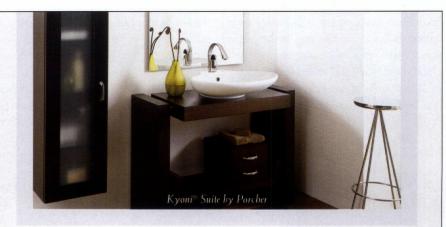
The firm's introduction to Raleigh came





when Progress Energy hired Cooper-Carry to advise the company on how to develop their Raleigh real estate holdings. As a result of that work, Cooper-Carry was among the firms who responded to a Request for Proposal from the City to prepare the Downtown Strategic Plan. Cooper-Carry was selected to prepare the plan, which drew upon considerable community input obtained during a variety of public hearings and educational sessions.





Not Just Another Pretty Place.

You'll have to agree this bath is a pretty place. But there's more here than meets the eye. Behind every Noland showroom display are experienced consultants who really know how to make form and function come together to exceed expectations. So

your bath isn't just a pretty place. But a place that reflects your good taste.

Bath& Idea Center

Visit our showroom at 1117 Capital Boulevard, Raleigh, NC 27603 or call (919) 832-2071. For more information visit our Web site at www.noland.com.



Nobody Knows Baths Better.

Glenwood South Antiques

formerly Craig & Tarlton, Inc.



Raleigh's source for museum-quality American antiques and paintings

124 Glenwood Avenue, Upstairs 828.2559 www.glenwoodsouthantiques.com

Architect Steve Smith credits colleague Rich Flierel with helping to chart the course of the significant planning process that began about three years ago. From the Strategic Plan flowed many of the successful elements of Two Progress Plaza. "We worked hard to prioritize important streets and to determine how new buildings should address them," says Smith. As one example, he points out that Two Progress Plaza is set on the sidewalk on the elevations facing the center of Downtown and Fayetteville Street where denser development is characteristic. But the North Blount Street side tapers down to the proposed residential block, which blends better with the low-rise character of the east elevation. Smith is also pleased that Two Progress Plaza responds to the true nature of

Downtown on the rise

fter decades of efforts, Downtown Raleigh is now reenergizing, thanks to a spate of architecturally diverse and economically important construction initiatives. Local architect Steve Schuster of Clearscapes, one of the firms chosen to design the new Raleigh Convention Center, has made Downtown Raleigh his home, his place of work and his passion since the early '70s. "We've reached the point of critical mass," says Schuster. "Now we have enough on the drawing boards to propel Downtown to where it should be."



North Blount Street

Schuster described some of the developments-on-theboards of the public sector, including the City and State. They include the new Convention Center and its companion Marriott Hotel, funded in part by the City with proceeds from the hotel and meal tax. Like Tom Trocheck, Schuster sees the reworking of the Fayetteville Street Mall and its extension to the BTI performing arts complex as a critically important element. "If convention-goers can walk safely and comfortably to the convention center and, by extension, to other areas offering arts and entertainment, we can achieve the kind of economic revitalization Downtown needs," says Schuster.

Continuing his laundry list of good things happening in the public sector, Schuster cites the City's analysis of how all the City-owned property around the 500,000-square-foot Convention Center should be developed. Since approximately half of Downtown real estate is on the tax records as being publicly owned, this is an important effort. Hunter Interests, an Annapolis, Maryland-based firm, is assisting with the analysis.

Schuster also notes the State's intention to select a design team to revitalize the historic homes on North Blount Street. "Those lovely Victorian homes have been underutilized for decades, but now the State is anticipating a 10-year project to adapt them to a variety of uses, including residential, bed and breakfasts, and mixed use." Of particular interest to Schuster is the projected opening in 2007 of the Triangle Transit Authority with two stops in Downtown, one called Downtown Raleigh in the Warehouse District, and one called Government Center near the trendy revitalized Glenwood South neighborhood.

The last and a critically important thing that must occur to support Progress Energy's commitment to Downtown, is the emergence of a strong residential component Downtown. Margaret Mullen of the Downtown Raleigh Alliance speaks for all stakeholders in the revitalization of Downtown when she says, "Raleigh is one of the fastest growing areas in the country, and we have a dedicated Fortune 250 company putting its money and leadership clout behind Downtown. To ensure a successful renaissance of Downtown Raleigh, we need to create a lot of residential development in the Downtown to complement the retail, restaurants, arts and entertainment opportunities that are already here." Mullen joins colleagues Dan Douglas and Steve Schuster in touting the five new projects currently under construction or in the planning stages, which will add 500 new residential units to Downtown by 2008. However, Mullen continues, "We really need 5000 by 2010-that 500 doesn't make a dent in what is needed. We also need more office users moving back into Downtown, and corporate headquarters committing."

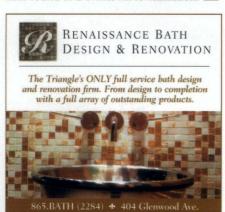
a mixed-use development. "Downtown Raleigh needs a mix of residential, parking, work-space, shopping, dining and entertainment. The Plaza has it all."

Dan Douglas, Director of the Raleigh Urban Design Center, agrees. A function of the City Planning Department, the Center assists developers and designers as well as fosters relationships with professionals as diverse as the North Carolina State University College of Design and private design firms such as the Design Box, a design incubator

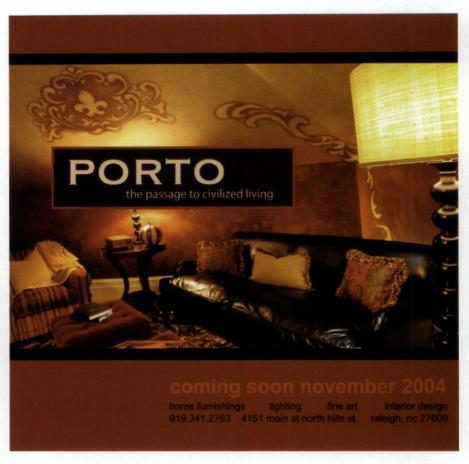


located on Bloodworth Street. Douglas applauds Progress Energy for its leadership in Downtown revitalization as well as for the fine architecture of Two Progress Plaza, which he describes as a successful modern version of an old building. "The building establishes a style and a sense of place that is uniquely Raleigh. That's what is needed," says Douglas.

With Two Progress Plaza, Raleigh's leading corporate citizen has created a new standard for mixed-use development in Downtown. So let's hear it for Progress Energy. It has raised a great building and taken the leadership to encourage and enable the next round of Downtown revitalization.



w.renaissancebathdesign.com



O. FRANKLIN SMITH

Financial Strategies & Planning

An independent fee-only financial planner and strategist dedicated to objective, innovative financial solutions and wealth accumulation. Provides advice, strategy or second opinions in the following eight broad areas:

- Personal goals
- Cash flow management
- Planning for college
- Retirement planning
- Investment managment & analysis
- Insurance needs and risks
- Tax strategies
- Estate planning

No financial products offered or sold.

Consulting = Planning = Investing

4006 Barrett Drive, Raleigh, NC 27609 919.787.8170 or 919.280.2003 919.787.1204 fax

Registered Investment Advisor

You're invited ...

Celebrating 25 years!

of serving patients and families in our community

Please join Reeve Lindbergh (daughter of Anne Morrow and Charles Lindbergh) author of No More Words and Under a Wing at Quail Ridge Books & Music in celebration of Hospice To More More Monde of Wake County's 25th Anniversary.

Sunday, November 14, 2004 at 7:00 PM

Quail Ridge Books & Music

3522 Wade Ave., Raleigh Ridgewood Shopping Center

FOR MORE INFORMATION:

Quail Ridge Books & Music 828-1588 or Hospice of Wake County, Inc. 828-0890 website: hospiceofwake.org



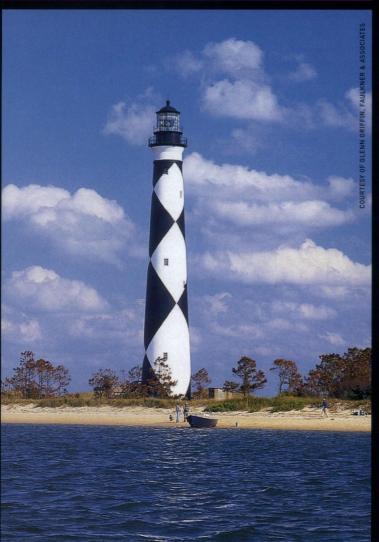
REEVE LINDBERGH

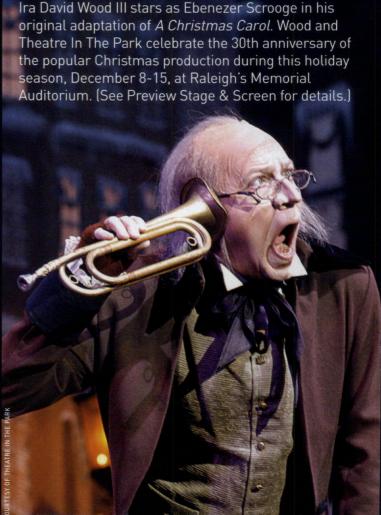


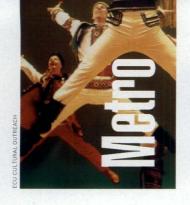
The So Percussion Ensemble, shown here, will be one of the musical groups performing for Milestones 2004, a week-long festival of new, recent and landmark music cosponsored by the Departments of Music at Duke University & UNC-CH. Milestones will be held Nov. 14-21 at various venues on the Duke & UNC campuses. (See Preview Classical for details.)

The Cape Lookout Lighthouse will be open to visitors on Nov. 6 in celebration of the 145th anniversary of the operation of the lighthouse. To climb to the top of the lightnouse, make reservations right away. Transportation is by ocal ferry services from Harkers Island. (See Preview Potpourri for details.)

Openings







Preview

by Frances Smith

Preview Plans for the Holidays

GALLERIES

VISITING GRACE, new paintings by Linda Ruth Dickinson; Tyndall Galleries, University Mall, Chapel Hill; thru Nov. 13. Contact 919-942-2290 or www.tyndallgalleries.com.



Hearing hangs in a new exhibition, "Visiting Grace," by Linda Ruth Dickinson now open at Tyndall Galleries, Chapel Hill

STILL, exhibition featuring works by David Colagiovanni, Christian Karkow, Lia Newman & Nicole Welch; Rebus Works, downtown Raleigh; thru Nov. 13, Gallery Talk: Nov. 13. Contact 919-754-8452 or www.rebusworks.net.

EVENTS AT CEDAR CREEK GALLERY, Creedmoor: Contact 919-528-1041 or www.cedarcreekgallery.com:

- Call of the Wild, craft show featuring garden sculptures, pottery, glass mobiles and more surrounded by exotic plants; thru Nov. 14
- The Well Adorned Tree: handmade ornaments; Nov. 19 – Jan. 7



Market Morning by KK Rice is on view at Gallery A, Raleigh, in an exhibition of watercolor paintings called "Beautiful Women"

GRACE LI WANG EXHIBITIONS:

- Nature: Fields exhibition by Grace Li Wang; Milan Banquet Hall, Raleigh; thru Nov. 22. Contact 919-859-5422 or www.milanbanquethall.com.
- Gallery Holiday Show, works by Grace Li Wang, Mark Gordon and Angela Smith—additional gift items available; Grace Li Wang Art Gallery, Millbrook Lake Center, Raleigh; Nov. 15-Dec. 30. Contact 919-412-6803 or www.GraceLiWang.com



Tutu, 1999, by Elizabeth Brim, sculpted from forged & fabricated steel, is on view at the Gallery of Art & Design at NC State University, Raleigh

BEAUTIFUL WOMEN, watercolors by Karen Kendrick Rice; Gallery A, Raleigh; thru Nov. 30. Contact 919-546-9011.

STEEL MAGNOLIA, exhibition by acclaimed Penland, NC, blacksmith Elizabeth Brim; Gallery of Art & Design, NCSU, Raleigh; thru December 15; Objects & Artists lecture, Dec. 2. Contact 919-515-3503 or www.ncsu.edu/gad.

EVENTS AT ARTSPACE, downtown Raleigh. Contact 919-821-2787 or www.artspacenc.org:

- Artspace Holiday Exhibition, thru Jan.
 21; Hallways and Artists' Studios
- Twenty-five, photographs by John Loomis; Nov. 5-27; Lobby
- Construction, Collages & Color by



Wee Souls, handmade felt, by Rachel Nicholson will be on view Nov. 5-27 in a fiber art exhibition, "Construction, Collages & Color," at Artspace, Raleigh

Rachel Nicholson; Nov 5-27; Upfront Gallery

 Fine Contemporary Craft, national juried exhibition; Nov. 20-Jan. 15 (opening reception: First Friday, Dec. 3) Gallery 1

MUTUAL DEPENDENCE, photographs of interaction between people & animals; Carrboro Branch Library; Nov. 1-Jan. 18 (reception Nov. 7). Contact 919-969-3006.



This landscape by M Charles (Donald Leary), depicting the undisturbed serenity of the Outer Banks in earlier days, hangs in a new exhibition, "M Charles: A Retrospective" in The Gallery at Roanoke Island Festival Park, Manteo.

M. CHARLES: A RETROSPECTIVE, exhibition by well-known Outer Banks artist; The Art Gallery, Roanoke Island, Manteo; Nov. 3-29 (reception Nov. 7). Contact 252-475-1500 or www.roanokeisland.com.

EXHIBIT 20, Reception welcoming new members Lydia Mendise & Karin Winslow; 20 Glenwood south, Raleigh; Nov. 5. Contact 919-831-5454.

POLOROID TRANSFERS AND COLOR PHOTOGRAPHY by Elizabeth Galecke & Anita Cotuna; Studio 610, Raleigh; Nov. 5-Dec.31 (opening reception Nov. 5). Contact 919-821-7939 or www.elizabethgalecke.com.

EVENTS AT CAROLINA CREATIONS, New Bern. Contact 252-633-4369 or www.carolinacreations.com:

- Postcards from Provence & other places, oil paintings by Mary Page Whitley; Nov 5-Jan. 1 (opening reception Nov. 5)
- Hot Tea, a collection of teapots by gallery artists, thru Dec 1

6TH ANNUAL OPEN STUDIO featuring 30 paintings and drawings by Emily E.



This mountainous landscape by Grace Li Wang is part of an exhibition, "Nature: Fields," on view at Milan Banquet Hall, 6715 Hillsborough St., Raleigh

Weinstein for the books *Magic Places* and *Moon, Cat & Dog*; 8 Blue Bottle Lane, Durham; Nov. 6 - 7 & 13 - 14. Contact 919-402-0160 or www.WeinsteinArt.com.

10TH ANNUAL ORANGE COUNTY OPEN STUDIO TOUR; Nov. 6-7 & Nov. 13-14 featuring 70 artists in 60 studios; two concurrent exhibitions, ArtsCenter Carrboro & Hillsborough open two weeks before Tour. Contact 919-933-7880 or www.openstudiotour.com.



This untitled land- & seascape by Maximilien Luce will show in an impressionist exhibition opening on Nov. 12 at Animation & Fine Art, Chapel Hill

IMPRESSIONISM & NEO-IMPRESSIONISM, works from Cezanne, Guillaumin, Laurencin, Luce, Manet, Monet, Pissarro, Renoir, and Sisley; Animation & Fine Art Galleries, University Mall, Chapel Hill; Nov 12-Dec 9. Contact 919-968-8008 or www.animationandfineart.com.

THE GRINCHI - Original Cels & Drawings; Animation & Fine Art Galleries, University Mall, Chapel Hill; Nov. 2 thru Dec. 31. Contact 919-968-8008 or www.animationandfineart.com.



Summer Symphony by Nancy Meadows Taylor will be on view at the Fayetteville Museum of Art in "Capital Art League: Celebrating 25 Years," an exhibition of paintings by League members

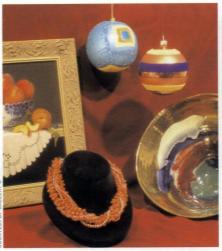
CAPITAL ART LEAGUE: CELEBRATING 25 YEARS, paintings by members of Capital Art League Annette Rogers, Carol Chianese, Anne Jenkins, Ann Salisbury, Judith Collins, Anne Dunning, Lois Underwood, Nancy Taylor; Fayetteville Museum of Art; Nov. 12-Dec. 9 (Premier Party on Nov. 12). Contact 910-787-7486.

ART WALK, downtown Durham's open studio tour of arts spaces; downtown Durham; Nov. 13 & 14. Contact 919-560-2719 or www.durhamarts.org.

EVENTS AT GALLERY C; Raleigh; Contact 919-828-3165:

- 20th Annual Holiday Collection, Nov. 15-Jan. 4
- Amy Kahn Russell, Handcrafted jewelry & Trunk Show, Nov. 30–Dec. 22
- Animation Exhibition of SpongeBob SquarePants & Cinema Art by John Alvin, Nov. 19 – Dec. 31

CHATHAM COUNTY ARTISTS; The ArtsCenter Gallery, Carrboro; Nov. 16-Dec. 13. Contact 919-929-2787 or www.artscenterlive.org.

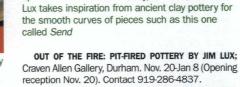


These art treasures will be on exhibition at Gallery C's 20th Annual Holiday Collection opening in Raleigh Nov. 15 and featuring fine art by the gallery's own renowned stable of artists and an array of art objects from around the world

HOLIDAY EXHIBITION, featuring new works by all gallery artists; ArtSource, Raleigh; Nov. 18-Jan 1 (opening reception, Nov. 18). Contact 919-833-0013 or www.artsource-raleigh.com

10TH ANNUAL ART SHOW & SALE sponsored by Artists League of the Sandhills, over 400 paintings; Nov. 19-21, Historic Aberdeen, NC. Contact 910-944-3979 or www.artistleague.org.

ANNUAL CHRISTMAS SHOW; The Garden Gallery, Raleigh; Nov 20 thru Dec. Contact 919-787-2999.



"Out of the Fire: Pit-fired Pottery by Jim Lux" opens at Craven Allen Gallery, Durham, Nov. 20.

RETURN TO TAOS, Nancy Tuttle May Studio's 8th annual studio show, a new collection of mixed media, Southwest painted furniture & holiday gifts; Nancy Tuttle May Studio, Durham; Nov. 21-Jan. 15 (Preview on November 19th). Contact 919-688-8852.

HOLIDAY SHOW, annual 3-week juried show & sale of the Carteret County Arts & Crafts Coalition; The History Place, Morehead City; Nov. 21- Dec. 12. Contact 252-728-7739 or 252-729-1251.

20TH ANNUAL HOLIDAY SHOW featuring works by over 30 artists, original paintings, sculpture, ceramics and more; New Elements Gallery, Wilmington; Nov. 26 thru Jan (opening reception on Nov. 26). Contact 910-343-8997.







METROMAGAZINE NOVEMBER 2004

CLASSICAL

DUKE UNIVERSITY MUSICAL EVENTS, DURHAM. Contact 919-660-3300:

- Jazz master class with Abdullah Ibrahim Jazz Trio;
 Baldwin Auditorium, East Campus; Nov. 4
- Lecture: Music, Liturgy & Ceremonial at Chapelle Royale of Louis XIV & Louis XV presented by Jean-Paul Montagnier; Biddle Music Bldg; Nov. 5
- Duke Symphony Orchestra, Harry Davidson, music director; Baldwin Auditorium: Dec. 1

NC SYMPHONY ORCHESTRA, performances in Meymandi Concert Hall, Raleigh; for tickets or information on concerts in other locations call 919-733-2750:

- Noriko Ogawa, pianist, with Grant Llewellyn, music director; Nov. 5 & 6
- Tchaikovsky Discovers America, Kenneth Raskin, assistant conductor; Nov. 13
- Karen Gomyo, violinist, with William Henry Curry, assoc. conductor, Nov. 19 & 20
- Holiday Pops, featuring NC Master Chorale, with William Henry Curry, assoc. conductor; Nov. 26-28

DURHAM SYMPHONY ORCHESTRA CLASSICAL CONCERT, featuring Winners of Young Artists Competition: Dylan Addis and Hattie Chung; Carolina Theatre, Durham; Nov. 7. Contact 919-560-2736 or www.durhamsymphony.org.

SUSANNE MENTZER GALA CONCERT sponsored by Opera Company of NC; BTI Center, Raleigh; Nov. 12. Contact 919-783-0098.

CHAMBER ORCHESTRA OF THE TRIANGLE CONCERT; Carolina Theatre, Durham; Nov. 14. Contact 919-847-0900.

MILESTONES: A FESTIVAL OF NEW, RECENT AND LANDMARK MUSIC, cosponsored by the Departments of Music at Duke University & UNC-CH. Contact 919-684-4444 or www.duke.edu/music/events:

- Graduate Composers Concert; Nelson Music Room, Duke; Nov. 14
- ETHEL (string quartet); Reynolds Theater (Bryan Center), Duke; Nov. 16
- Photo Album with Music; Person Recital Hall, UNC-CH; Nov. 17
- Contemporary Cabaret Songs; Southgate Dorm, Duke; Nov. 18
- Festival Gala Concert; Hill Hall Auditorium, UNC;
 Nov. 19
- Three Pillars of Life: Honoring the Elders Who Stood Before Us; Djembe & Afro-Cuban Ensembles; Baldwin Auditorium, Duke; Nov. 19
- So Percussion Ensemble Concert; Baldwin Auditorium, Duke; Nov. 21

TASKER POLK, internationally known concert pianist; Orringer Auditorium, Craven Community College, New Bern; Nov. 14. Contact 910-638-4131.

CAROLINA WINDS CONCERT featuring works of Beethoven and Poulenc, American Music Festival chamber music series; The History Place, Morehead City; Nov. 13. Contact 252-728-4488.

LANGLEY WINDS WOODWIND QUINTET, newest components of the US Air Force Heritage Band of America, free concert; Fearrington Barn, Fearrington Village; Nov. 16. Contact 919-542-2121.

30TH ANNIVERSARY VIENNESE BALL featuring Duke Wind Symphony; Durham Armory; Nov. 19; Contact 919-942-2131.

CIOMPI QUARTET with Alan Feinberg, piano; Reynolds Theater (Bryan Center); Duke University, Durham; Nov. 20. Contact 919-684-4444.

ANTARES; Fletcher Opera Theatre, Raleigh; Nov. 21.

Contact 919-821-2030.

AMAHL AND THE NIGHT VISITORS, presented by Long Leaf Opera St. Philip's Episcopal Church, Durham; Dec. 2 – 5. Contact 919-530-7339 or www.longleafopera.org.

RALPH VAUGHN WILLIAMS & WILLIAM WALTON WORKS
PERFORMED BY JONATHAN BAGG; Baldwin Auditorium,
Duke, Durham; Dec. 1. Contact 919-660-3300.

STAGE & SCREEN

PRODUCTIONS BY PLAYMAKERS REPERTORY COMPANY; Center for Dramatic Art, UNC-Chapel Hill. Contact 919-962-PLAY:

- Tragedy of King Richard II, thru Nov. 7
- Not About Heroes, Nov. 24-Dec. 19

LATIN AMERICAN FILM FESTIVAL; various college venues in Triad & Triangle; Nov. 1-14. Contact 919-843-8888 or www.unc.edu/depts/ilas/filmfest.html.

THE PRODUCERS; Memorial Auditorium, Raleigh; Nov. 2-14. Contact 919-857-4565.

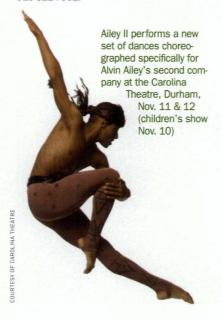


This pubshot of Anthony Hardison, Ron Foreman, Patricia Caple, Mandez Sanders, & Phil Reese is from University Theatre's production of August Wilson's *Ma Rainey's Black Bottom*, continuing Nov. 3-7 at Thompson Theatre, NCSU, Raleigh

MA RAINEY'S BLACK BOTTOM presented by University Theatre; Thompson Theatre, NCSU, Raleigh; Nov. 3-7. Contact 919-515-1100.

VIRSKY UKRAINIAN NATIONAL DANCE COMPANY; Wright Auditorium, ECU, Greenville; Nov. 3. Contact 252-328-4788 or www.ecuarts.com.

THE LITTLE PRINCE; Gaddy-Goodwin Teaching Theatre, Raleigh Little Theatre; Nov. 5-21. Contact 919-821-7961.





Bright colors leap across the stage when the energetic Virsky Ukrainian National Dance Company performs at East Carolina University's Wright Auditorium, Greenville, on November 3

NUTCRACKERS, a Christmas musical, Sudan Shrine Auditorium, New Bern; Nov. 5-7 & 11-13. Contact 252-637-5197 or 252-637-2662.

NIGHT OF DREAMS; Memorial Auditorium, Raleigh; Nov. 5-6. Contact 919-363-1530.

MORNING'S AT SEVEN, Tony award winning play by Paul Osborn that finds humor in family relationships; Cape Fear Regional Theatre, Fayetteville. Nov. 5-21. Call 910-323-4233 or visit www.cfrt.org.

"THE EBONY HORSE" AND "THE FISHERMAN AND THE GENIE" FROM THE ARABIAN NIGHTS; Family Fare Series, Wright Auditorium, ECU, Greenville; Nov. 6. Contact 252-328-4788 or www.ecuarts.com

CAROLINA THEATRE, DURHAM, STAGE SHOWS, Contact 919-560-3030:

- Ailey II; Carolina Theatre, Durham; Nov. 10-12
- Ballet Gran Folklorico De Mexico, all ages; Nov. 13
- Comedy Pet Theatre with Gregory Popovich; Nov. 20



The North Carolina Youth Tap Ensemble, lauded across the nation and abroad, will perform in Wilson's Boykin Center on Nov. 23

NC YOUTH TAP ENSEMBLE; Boykin Center, Wilson; Nov. 13. Contact 252-291-4329.

ELIZABETHAN TYMES: A COUNTRY FAIRE; The Outdoor Pavilion, Roanoke Island, Manteo; Nov. 13 &14. Contact 252-475-1500 or www.roanokeisland.com.

24TH ANNUAL MADRIGAL DINNER, presented by University Theatre; Talley Student Center, NCSU, Raleigh; Nov. 17-22. Contact 919-515-1100.

CHAIN SAW ARTIST, featuring Clyde Jones of Bynum, filmed this past summer in Bynum and Pittsboro; scheduled to air Nov. 18; Discovery Channel.

THE CHILDREN'S HOUR; Thalian Hall, UNC-Wilmington; Nov. 18-23. Contact 910-343-3664 or www.thalianhall.com.

VICTORIA, contemporary comic drama offers gentle look at aging & dementia; Stewart Theatre, NCSU, Raleigh; Nov. 20. Contact 919-515-1100 or www.ncsu.edu/centerstage.

NUTCRACKER presented by Carolina Ballet; Memorial Auditorium, Raleigh; Nov. 26-28 & Dec. 17-26. Contact 919-719-0910.



NCSU Center Stage will present the comic drama *Victoria*, starring Dulcinea Langfelder on Nov. 20 in Stewart Theatre, NCSU campus, Raleigh

A CHRISTMAS CAROL, 30th Anniversary production of Dickens' classic presented by Theatre in the Park, Raleigh; tickets now on sale for performances Dec. 8-15. Contact 919-834-4000 www.theatreinthepark.com.

POP MUSIC

ABDULLAH IBRAHIM JAZZ TRIO; Page Auditorium, Duke U, Durham; Nov. 5. Contact 919-684-4444.

KELLY JOE PHELPS WITH PAUL CURRERI; ArtsCenter, Carrboro; Nov. 5. Contact 919-929-2787 or www.artscenterlive.org.

LIZZ WRIGHT; Stewart Theatre, NCSU, Raleigh; Nov. 5. Contact 919-515-1100 or www.ncsu.edu/centerstage.

EVENTS AT WORLD ARTS FESTIVAL, The ArtsCenter, Carrboro. Contact 919-929-2787 ext. 206 or www.artscenterlive.org:

- Charlotte Blake Alston, Nov. 5
- Femm Nameless, Nov. 12
- Sviraj Balkan Jam, Nov. 20

7TH ANNUAL NORTH CAROLINA SONGWRITERS COM-PETITION; NC Songwriters Co-op, ArtsCenter, Carrboro; Nov. 6. Contact 919-929-2787 or www.ncsongwriters.org.

MONSTERS OF THE MANDOLIN: a Tribute to Jesse McReynolds; Stewart Theatre, NCSU, Raleigh; Nov. 6. Contact 919-5151100 or www.pinecone.org.

CHERISH THE LADIES, Celtic music; Thalian Hall, UNC-Wilmington; Nov. 6. Contact 910-343-3664 or www.thalianhall.com.



Jesse McReynolds will appear in Pine Cone's presentation, "Monsters of the Mandolin: A Tribute to Jesse McReynolds" at Stewart Theatre, NC State campus, Raleigh

Manage your business, not your computers

Information Technology Services & Support for Professional Firms

blockade-runner.com

wrightsville beach, no

- Healthcare
- Legal
- Accounting
- Biotechnology
- Real Estate



Technology Solutions for your Company

For additional information about our services, please contact us at **919-573-6027**. 5001 Weston Parkway, Suite 105 Cary, NC 27513 www.alpheon.com





Vocal/trombonist Toli Almasi Nameless is founder of New York's Afro One World Beat Band, The Fem Nameless. The all-female ensemble is a main attraction in the ArtsCenter's World Arts Festival, Carrboro and will perform on Nov. 12

THE STEVE KIMOCK BAND, innovators in instrument, amplification & speaker design; ArtsCenter, Carrboro; Nov. 13. Contact 919-929-2787 or www.kimock.com.

POP MUSIC AT CAROLINA THEATRE, DURHAM. Contact 919-560-3030.

- · Kem, neo-soul singer; Nov. 13.
- Fourplay, jazz & pop rock; Nov. 15
- Marc Cohn with special guest Vienna Teng; Nov. 18

A TOAST TO OL' BLUE EYES, music in style of Frank



"A Toast to OI' Blue Eyes," a stage show of music made famous by Sinatra will be presented in Clayton by a professional touring group in the 600-seat Clayton Center on Nov. 14.

Sinatra, presented by a professional touring group, Clayton Center, Clayton; Nov. 14. Call 919-553-3152

RONALD BROWN, modern dance; Thalian Hall, UNC-Wilmington; Nov. 19. Contact 910-343-3664 or www.thalianhall.com.

IN THE MOOD, musical variety; Thalian Hall, UNC-Wilmington; Nov. 20. Contact 910-343-3664 or www.thalianhall.com.

DIRTY DOZEN BRASS BAND; Carolina Union, Chapel Hill; Nov. 20. Contact 919-962-1449.

COMEDY PET THEATRE; Thalian Hall, UNC-Wilmington; Nov. 21. Contact 910-343-3664 or www.thalianhall.com.

POTPOURRI

HOSPICE OF WAKE COUNTY OPEN HOUSE; Raleigh; Nov. 4. Contact 919-828-0890.

EVENTS AT THE CUMBERLAND COUNTY LIBRARY Head-

quarters. Contact 910-483-7727 ext. 308:

- The Blue and the Gray: Uniforms and Equipment of the Civil War; Nov. 4
- Celebrating Native American Culture Through Music and Artifacts; Nov. 18
- Author Visit: Bob Carlin, NC's premier clawhammer-style banjoist String Bands in the North Carolina Piedmont; Nov. 30

WAKE COUNTY PARK EVENTS:

- Evening Canoe Float; Lake Crabtree; Nov. 5. 919-460-3390.
- Pecan Pickin'; Oak View Park; Nov. 13. 919-250-1013.
- Moon Walk; American Tobacco Trail; Nov. 27. 919-387-2117.

EVENTS AT EASTERN AGRICULTURAL CENTER, WILLIAMSTON. Contact 252-792-5111:

- 14th Annual Stampede in the Park Rodeo; Nov. 5-6
- Martin County Farm Day; Nov. 13
- NC Barrel Bonanza; Nov. 19-20

DON TROIANI, military artist event sponsored by New Bern Historical Society; New Bern Country Club; Nov. 5. Contact 252-638-8558.

GREAT SALT WATER AMERICAN INDIANS & VETERANS' HONOR POW WOW; Onslow County Fairgrounds, Jacksonville, NC; Nov. 5-7. Call 252-354-5905 or visit www.greatsaltwater.com or www.coastalcarolinaindians.com.

145TH ANNIVERSARY THE CAPE LOOKOUT LIGHTHOUSE open to visitors; reserve your spot for the unforget-table view; Harkers Island; Nov. 6. Call 252-728-5766.

ANNUAL BASS FISHING TOURNAMENT; Pembroke Fishing Center; Nov. 6. Contact 252-482-4621.

NEW HOPE VALLEY RAILWAY CENTENNIAL CELEBRATION, live music, garden railroad, snackbar; Nov 7. Contact 919.362.5416 or www.nhvry.org.

AEFS SPEAKER SERIES, small auditorium, Roanoke Island, Manteo; 252-475-1500 or www.roanokeisland.com

- Bill Holman: The Clean Water Management Trust Fund, Nov. 8
- William R. Stott Jr.: The Wonders of Migration, Nov. 29

21ST ANNUAL DUKE CHILDREN'S BENEFIT HORSE SHOW WITH GRAND PRIX JUMPING; Hunt Horse Complex, NC State Fairgrounds, Raleigh; Nov. 9-14. Contact 919-667-2575.

ANNUAL YWCA ACADEMY OF WOMEN, recognizing & celebrating women; Embassy Suites, Cary; Nov. 9. Contact 919-833-3883 or www.ywcatriangle.org.

FERRIS IN FOCUS: THE WORK OF WILLIAM R. FERRIS, 75th anniversary celebration; Wilson Library, Chapel Hill; Nov. 11. Contact 919-962-4207.

EVENTS AT JERRY'S ARTTARAMA; Raleigh. Contact 919-876-6610 or www.jerrysartevents.com:

- Upper Gallery Artists: School of Communication Arts Students Exhibit, thru Nov. 30
- Tradeshow: The World's Greatest Art Material Techniques Exhibition Ever! Over 65 booths to visit, Nov. 12-14

LANDSCAPES, GENOMICS & TRANSGENIC CONIFER FORESTS: A NICHOLAS ENVIRONMENTAL LEADERSHIP FORUM, hosted by the Nicholas School of the Environment & Earth Sciences at Duke; Nov. 17-19. Contact 919-613-8090 or www.nicholas.duke.edu/genomicsforum.

THIRD ANNUAL GENERAL HENRY HUGH SHELTON LEADERSHIP FORUM, Practical Applications for



Exemplary Leadership, presented by NC State Office of Extension & Engagement & Office of Professional Development; NCSU's McKimmon Center, Raleigh; Nov. 19. Contact 919-515-2261or www.ncsu.edu/sheltonleadership.

MANTEO ROTARY ROCKFISH RODEO, sponsored by the Manteo Rotary; The Outdoor Pavilion, Roanoke Island, Manteo; Nov. 19-20. Contact 252-473-6644 or www.rockfishrodeo.com.

TRYON PALACE SATURDAY SAMPLER: Quilts; New Bern; Nov. 20. Contact 800-767-1560.

ART FOR ANIMALS SILENT AUCTION to benefit Friends for Life at The Haven, hosted by The Gaslight Gallery, downtown Southern Pines; Nov. 19-20. Contact 910-875-6768 or http://thehaven-nc.com.

ROYAL LIPIZZANER STALLIONS; Crystal Coast Civic Center, Morehead City; Nov. 27-28. Contact 252-247-3883.

MUSEUMS

EXHIBITS AND CONCERTS AT NC MUSEUM OF ART, RALEIGH. Contact 919-839-6262:

- Matisse, Picasso and the School of Paris, major exhibition: thru Jan. 16
- Objects of Desire, The Museum Collects, 1994-2004, thru Feb. 27
- Crossing Continents and Exploring Culture, thru Jan. 9
- Mountain Chamber Players, Raleigh Chamber Music Guild; Nov. 7. Contact 919-821-2030
- Puss in Boots, Rags to Riches Theatre for Young Audiences. Nov. 13

ARTISTS' TALKS, PERFORMANCES & more to accompany Ackland exhibition "Five Artists · Five Faiths: Spirituality in Contemporary Art," thru Jan. 16 Ackland Art Museum, Chapel Hill. Call 919-843-3676

- Gallery Talk by Ackland Director Dr. Jerry Bolas; Nov. 3
- Music, dance and narrative presentations by university and area performers; Nov. 18
- Jewish and Buddhist Narratives, Storyteller Louise Omoto Kessel & members of World Religions Storytelling Project; Nov. 18

BOATSHOP BASH, evening social at the museum's Watercraft Center; NC Maritime Museum, Beaufort; Nov. 6. Contact 252-728-7317.

6TH ANNUAL CANSTRUCTION, giant-sized sculptures designed by Triangle-area architectural firms, food donated to Food Bank of NC; Exploris, downtown Raleigh; Nov. 13. Contact 919-857-1085 or www.exploris.org.

MOREHEAD PLANETARIUM & SCIENCE CENTER (ongoing events); UNC-Chapel Hill. Contact 919-549-6863 or www.moreheadplanetarium.org for dates and times:

- Carolina Skies
- Laser Floyd: Dark Side of the Moon
- Magic Tree House Space Mission
- Laser Metallica
- Laser Motown
- Solar System Adventure

PROGRAMS AT NC MUSEUM OF HISTORY, Raleigh. Contact 919-807-7900 or ncmuseumofhistory.org.

- History à la Carte: Serving with Honor; Nov. 10
- Antique Appraisal Fair; Nov. 13
- Music of the Carolinas: One America, PineCone cosponsors; Nov. 14
- Artist at Work: Brenda Silva creates powwow dance regalia: Nov. 19-21
- Ninth Annual American Indian Heritage Celebration; Nov. 20

EXHIBITS & SHOWS AT N.C. MUSEUM OF NATURAL SCIENCES; downtown Raleigh. Contact 919-733-7450 or www.naturalsciences.org.

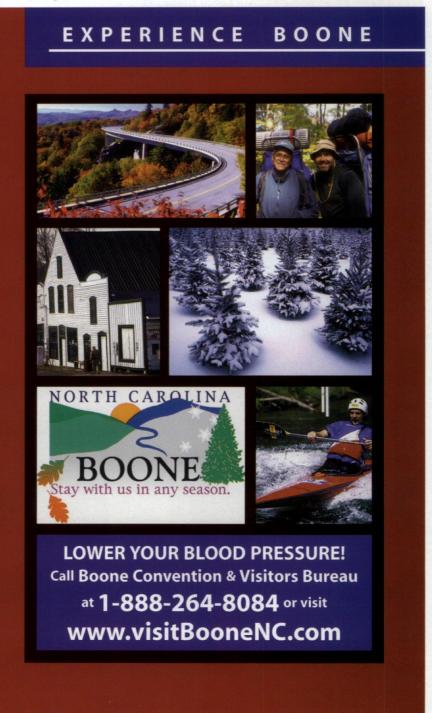
- Treasures Unearthed: North Carolina's Rare Gems & Minerals, thru June 12
- Travelogue, 20 Million Miles to Earth (1957), Nov. 5.
- Fossil Fair, Nov. 6

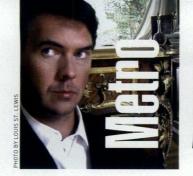
27TH ANNUAL SANTA TRAIN, Museum of Life and Science, Durham; ticket sales begin Nov. 15; rides all weekends in Dec. Call 919-220-5429.

BATTLE PARK: A NATURAL SPACE IN FOUR SEASONS, Chapel Hill photographer Tama Hochbaum documents landscape in UNC-Chapel Hill's Battle Park; Chapel Hill Museum; Nov. 18-Feb. 17. Contact 919-967-1400 or www.chapelhillmuseum.org.

Our thanks to Suzie Humphrey for her assistance with Preview.

EDITOR'S NOTE: Please send events info and color images, slides or photos 6 weeks before publication date. Send to Frances A. Smith, Metro Magazine, 1033 Oberlin Rd. Suite 100, Raleigh, 27605 or email: fsmith5@nc.rr.com.





Artist-at-Large

AUTUMN AT THE COAST ADDS GUSTO

rom what I have seen, people fall into two distinct categories—beach people and mountain people. I easily fall into the beach category. Even though I cannot swim one single stroke, the beauty of the ocean and the roar of the waves form a mesmerizing cocktail to which I am hopelessly addicted.

I recently found myself spending a few days at the lovely oceanfront home of friends on Pine Knoll Shores, an easy just across the bridge.

I wandered past the window of Arts & Things Gallery at 704 Evans St. in Morehead City and was instantly drawn to a series of beautiful stone sculptures by the Shona carvers of Zimbabwe. The works are simultaneously sensual and playful, the surfaces gleaming with the many hours of hand labor and buffed beeswax surfaces. Lou and Porter Wilson, who built the gallery from the ground up, also have



Windward Gallery

three-hour commute from Raleigh. For some reason, the beach energizes me to be up at 6 a.m. and walking on the beach by 6:30, always optimistic about the possibility of finding a Spanish doubloon, or at least a Cartier tank watch. After a long leisurely stroll, it was back to the house for a quick change, a breakfast of Cuba Libre's and then off to discover the art world of neighboring Beaufort and Morehead City,

a lovely collection of artwork ranging from Australia to the Carolinas. One thing that struck me about all of the area's galleries and gallery directors is their independence and willingness to take risks. Arts & Things also has a portion of the building set aside for the sale of fine art supplies as well as some amazing frames at a fraction of what you would pay in the Triangle.

Luckily there is a great feeling of com-

munity here on the coast, and Lou Porter put aside her work at hand to escort me down a bit to 508 Evans St. to meet Nancy Kaszas, manager of Windward Gallery, one of the oldest venues in the area. I was immediately seduced by the technical skills of Travis Seymour, whose old school academic studies lined the 2nd floor exhibition space. Seymour has a natural affinity for the classical, and it would be easy to imagine him studying under the watchful gaze of Jacques Louis David in early 19thcentury Paris. The works are well crafted and amazingly priced for the quality. Her husband Alexander Kaszas had several lush gilded paintings on display as well, betraying his Hungarian heritage; the surfaces gleam with the luster of fine Russian lacquer.

Carteret Contemporary Art, located at 1106 Arendell St. in Morehead City, features both local and international art in an interior that is well lit and spacious. The photo-realism boat scenes by Jack Saylor were stunning and I found myself drawn to the quirky Surrealism of New York artist Amy Ernst, granddaughter of the famed Max Ernst. The gallery, located in an old refurbished home, is owned by gallery director Charles Jones, a gentleman with decades of art experience under his belt.

His lovely wife Lee Dellinger runs Beaufort Fine Art at 121 Turner Street, and as soon as I walked in the door, I fell in love with the virtuosity of Jerry la Point's brushstroke on several canvases. The space lends itself to contemporary artwork, and Lee proved to be a most entertaining and sophisticated hostess. Her enthusiasm about art is infectious, and after hearing the story of how she and her husband met and fell in love because of a Richard Garrison painting, it reminded me just how much the love of art can enhance



Arts and Things gallery

one's life.

While in the same neighborhood, it is always a good idea to check in next door at Tierra Fina, if you have a longing for lush poly-chromed pottery from Spain, Portugal, Mexico or Tunisia. Upstairs I found several pieces of well-crafted artwork as well. Across the street, the Mattie King Davis Art Gallery at 130 Turner Street was built in 1732 and its sunny rooms now showcase selections of area talent, including watercolors and oils of gardens and beaches—predictable but well crafted.

HUNGRY ARTIST

If all of this shopping for art gets you as hungry as it does me, then by all means stay right in the neighborhood and pull up a chair at the fabulous Blue Moon Bistro at 119 Queen Street where I dined on delectable grouper over asparagus and luscious cheese ravioli, washed down with a liberal gulp or two of Piper-Heidsieck Champagne. I have known chef Kyle Swain since his early incarnation as Sous Chef for Chapel Hill's Governors Club many, many moons ago, and it was great to see him in perfect form as always: inventive, creative and the consummate professional. The atmosphere is enhanced by original artwork from the chef's own collection and the mood is part diner-part deco and entirely worth the effort of reserv-



Beaufort Fine Art gallery

ing a table. And if you are in Morehead City for dinner, the intimate Windandsea features Kyle Highsmith paintings on the walls and a loyal and appreciative clientele at table for the fine fare they offer. Now that the crowds of summer have vanished, what could be better than a crisp autumn weekend on the coast, soaking up the cultural and gastronomic arts with equal gusto?





also English, French, & American furniture, silver, and accessories

ANTIQUES & FINE ART

2006 Fairview Road, Five Points Raleigh, NC 27608 (919) 835-2646

Specializing in mid-19th century to mid-20th century ART

&

1920's - 1950's North Carolina ART POTTERY



Appraisal Services Available

REPRESENTING ROBERT F. IRWIN / CELEBRATING HIS NEW BOOK





A BOOK MAKES A LOVELY GIFT...

ROBERT F IRWIN **40 YEARS**

"So what is it that makes me want his paintings on my walls? Maybe it's because Bob is genuine; therefore his art is honest, and there you have it."

-Bernie Reeves, Editor & Publisher, Metro Magazine From the Foreword to Robert F. Irwin: 40 Years, published by Dancingfish Press

RCGallery

323 Blake Street, Raleigh 919.828.6500 www.rcgallery.com



Metro Magazine

Gift Subscription

Give the gift that keeps on giving



Call 919-831-0999 or www.metronc.com

1033 Oberlin Rd Suite 100 Raleigh NC 27605



Matisse Picasso

and the School of Paris

Masterpieces from The Baltimore Museum of Art

October 10, 2004-January 16, 2005

Don't miss your chance to experience more than 70 masterpieces never before seen in North Carolina.

Works by Matisse, Picasso, Van Gogh, Cézanne, Degas, Monet, Miró, and others.

Only at the North Carolina Museum of Art.

Museum of Art

Museum Box Office (919) 715-5923 www.ncartmuseum.org

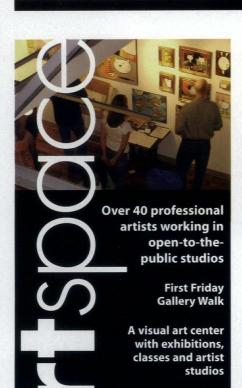


William R. Kenan Ir.

Cemala

The Edward T. Cone Foundation

72



TUE-SAT 10-6 WWW.ARTSPACENC.ORG 201 E DAVIE ST 919.821.2787

RALEIGH'S HISTORIC



Karen Lawrence ~ "Needlepoint Pillows" oil on canvas ~ 30" x 40"

Holiday Show: Nov. 18 - Dec. 30 Works by gallery artists and craftsmen

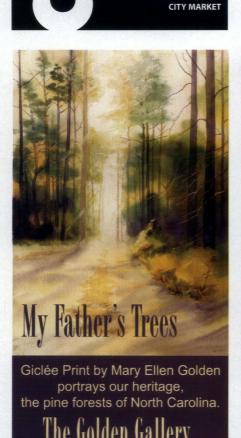
~ Richard Fennell through November 14 ~



Richard Fennell
"Grassy Creek Landscape, Late Afternoon"
oil on canvas ~ 36" x 48"

ATT GALLERY

511 Red Banks Road - Greenville, NC 27858 telephone 252.353.7000 www.city-art-gallery.com



Flance Werks

Gallery and Frame Design

520 Dixie Trail, Raleigh, NC 27607 = 919/781-3118 phone = 919/781-6660 fax

"The art you want, the framing you need."

Louis XIV frame from the ABB MUNN® Collection Voted BEST in Picture Framing in Metro Magazine, Two Years in a Row!

910-762-4651

megolden@bellsouth.net

Between you and me...

BRING ME FLOWERS

rive east from Sanford on 421 and the Paul Green Highway will run you right into the old Harnett County courthouse that now sits stripped and abandoned in what used to be the middle of downtown Lillington. The town has shifted north a few miles to what locals call "Lillington Crossroads," a place that once was home to little more than Robert Johnson's honest-to-god country store—the only place whose chittlins my folks trusted; the county's largest cemetery; and Matthews Oil Company, now empty and in disrepair.

Reigning supreme there now among fast-food restaurants, a Food

Lion, car dealerships and gas stations is the new Harnett County courthouse, a structure of majestic proportions. Once it was sited, businesses and county offices clustered around it, and the axis of the town of Lillington shifted dramatically.

But there is now hope for the old downtown that has sputtered along and seen some landmarks, such as the old Lillington Hotel, disappear. Lillington voters recently passed liquor by the drink—the bootleggers must all be dead—and a new steak house is opening where pharmacist Bill Randall once dispensed medicine. It's comforting to think that folks again may leave this location feeling no pain.

Other eateries are on the way. As Lillington attempts, like Lazarus, to rise from the dead, the marker honoring Revolutionary War hero and town namesake, General Alexander Lillington, that has long stood on the corner where Hwy. 421 jogs left toward the Cape Fear River, no longer stands sentinel alone. It has

company now. A marker of like design now honors Harnett County native and modern-day patriot, Robert Burren Morgan—Clerk of Court, State Senator, Attorney General of North Carolina, and United States Senator—and my boss of 13 years and friend of four decades.

Lillington mayor, Grover Smith, a childhood friend of the Senator and a distinguished educator that many remember as Headmaster at Raleigh's Ravenscroft School, is largely responsible. Grover rallied the troops and worked out details that allowed the "state historical marker" to be erected with the seal of the town of Lillington, thus skirting the rule that one must be dead for 10 years before being so honored.

The mayor orchestrated a program at the Harnett County Library honoring the Senator and an unveiling of the marker that stands just a few hundred yards away. Unfortunately by the time dates had been juggled a number of times, the day of the event found me in Mississippi—a far piece from Lillington.

I called the Senator to tell him, and in turn he asked if I would write something to be read at the event. I demurred. That would be presumptuous, I argued.

At the same time. I recommended that our mutual friend and

At the same time, I recommended that our mutual friend and his former law partner Judge Gerald Arnold, now an executive with Lawyers Mutual Insurance, be the keynote speaker. He predates me with the Senator by many years, just as do people like his former professional associates Peggy Stewart Seifert and Judy Breeden.

"Well, no doubt about it, Gerald is a real orator," he mused. "Yes," I said, and laughed. "And you know what they say about

Southern orators?"

"No. What?"

"They say that between bad oratory and fried food, it is a wonder the South has survived."

This old saw drew a chuckle, and he agreed that Gerald should make comments. Shortly my phone rang. It was Gerald. He started to plead for help, and I laughed and confessed that it was I who had thrown ole Brer Rabbit in the brier patch.

"I suspected you had something to do with it, Leggett," he said in a voice that expressed both amusement and resignation.

"But I want to help by giving you some material—some stories—to use," I said. "Don't you think it would be presumptuous of me to send something to be read?"

"I have to say I do," he answered. Honesty is a primary tenet of our friendship. That settled it for me.

"Please tell people about his long-time connection with the Smithsonian Institution," I said. "That's something even people who know him well generally don't know."

People are awed by the Smithsonian Institution, and for good reason. More people visit it each year than any other museum in the world.

Few people know that Robert Morgan has been involved with the Smithsonian for 25 years or so. When Senator Robert Byrd (D-WV) was Majority Leader of the United States Senate, he appointed then Senator Morgan to the Board of Regents of the Smithsonian, one of the most prestigious appointments in the nation. He soon was appointed to the Oversight and Review Committee and continued to serve until this year. He became good friends with the chairman, Chief Justice Warren Burger, and while a Regent, Robert was appointed to the board of the National Portrait Gallery, a part of the Smithsonian family, and served as Chair. He is still a member of the board.

A lot of folks in Harnett County still remember that when



Bring me all the flowers today
Whether pink, or white, or red,
I would rather have one blossom now
Than a truckload when I am dead!!

—Donna and Paul McLaughlin Portland, Oregon 1970 Robert Morgan broke into politics, he was referred to as "Little Robert" to distinguish him from Judge Robert Morgan, who unlike "Little Robert," was tall and lanky.

Here is a Wendell Ford story relevant to the "Little Robert" appellation. Senator Ford, the colorful former governor from Kentucky, was our neighbor down the hall in DC. One evening during a heated Senate session, he stopped by to visit.

"Senator, what's happening on the floor?" I asked.

"The fur is flying," Senator Ford said.
"Senator Morgan is trying to get recognized to speak, but the presiding officer can't tell that he is standing up."

As a Senator, Robert Morgan was in the company of many famous people. But even though he loves history, he always has been somewhat oblivious to contemporary culture.

Carolyn Bason Long, wife of former Senator Russell Long (D-LA), is from Caswell County and an old friend of the Senator. One day we were in the Senator's dining room when Carolyn came over to the table.

"Roooooooooobert," she said, "Ya'll

come over to my table. I want you to meet someone." We followed her.

"Robert, this is my dear friend Angela Lansbury. Angela, this is my old friend Bob Morgan. He's our senator from North Carolina."

"Pleased to meet you, Ms. Lansbury," Robert said, "And what do YOU do?"

When Catfish Hunter's pitching helped San Francisco win the World Series, he skipped the victory parade and flew home to a fish fry at the American Legion Post in Hertford. It was all over the news, and Catfish was fined, I think.

Then Attorney General Robert Morgan was the speaker at the fish fry. But, as you can imagine, Catfish was the center of attention. The Post Commander brought him over and proudly introduced him. "Robert, I want you to meet Catfish Hunter." I already had pen and paper ready for an autograph.

"Pleased to meet you, Mr. Hunter. And what do you DO?" Robert asked.

Robert Morgan doesn't know much about movie stars and such, but he has gotten to know a few, like Lorne Green from TV's Bonanza and Mary Travers of Peter, Paul, and Mary.

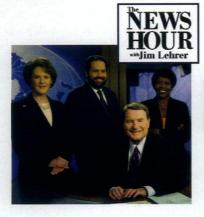
But still they are no big deal... usually that is.

Right after he arrived in Washington, Robert and wife Katie were invited to the White House. As they entered, Robert said, "Now, Katie, there will be a lot of famous people here, so just be cool about it. Don't run over and talk to every movie star you see."

Katie said, "We walked through the door, and Robert looked across the room. 'My Lord, Katie, there is Ginger Rogers,' he said, and he hightailed it across the ballroom to introduce himself and left me standing there with my coat still on my arm."

Robert Morgan has an independent streak and does not suffer fools gladly. He wore his hair rather long for a good while. Apparently it annoyed some folks. One Sunday a little lady tapped him on the shoulder in church, leaned over the pew and hissed into his ear, "When are you going to cut that hair?"

I understand the Senator whispered back, "When I get good and ready, thank you." Between you and me, I think that was a pretty good answer.



Stay informed with
THE NEWSHOUR WITH JIM LEHRER
Weeknights at 6 PM
and

NORTH CAROLINA NOW Weeknights at 7:30 PM and 12:30 AM



ELECTION 2004

As North Carolina votes, you can trust UNC-TV to provide the most in-depth coverage of the candidates and the issues that affect our lives.





KNOW HOW YOU FEEL by Jennifer J

DID YOU GET MY EMAIL?

'll admit it. I don't know how my computer works. I just want it to work.

So it may sound hypocritical for a self-proclaimed technophobe such as myself to depend on this machine to pay bills, write news articles and send email. Who doesn't love the fact that notes to friends in faraway places can be read almost immediately. Or can they?

Don't be mad at that lifelong friend who didn't respond to your latest missive. Maybe your Internet provider thinks you're an "email abuser" and quietly dumped your emails.

Last year, Microsoft tightened its restrictions on outbound email for MSN Hotmail users to 100 messages a day.

An MSN manager said it was an effort to prevent spammers

from using Hotmail to spread spam.

"The higher the limit is, the more likely that the service can be used for spam, so we found that 99 percent of Hotmail users would find this new limit perfectly acceptable," said MSN Manager Lisa Gurry.

Hotmail members noticed the rate changes almost immediately. A window pops up warning users they are exceeding outgoing message limits for a 24-hour period.

Last year, the nation's largest cable

company Comcast sent notices to high-speed internet customers they deemed email "abusers." Just months before, Comcast advertised the service as "unlimited." But Comcast, citing an "acceptable use" policy, is now cracking down on the heaviest users on the premise that their consumption could degrade neighbors' service.

Critics say Comcast is trying to impose limits without telling consumers the service is limited. Who knows how many gigabytes we consume? Comcast customers say when they called to find out what the limits actually were, customer-service representatives couldn't provide an answer.

Many broadband providers are beginning to offer different tiers of service, charging high-volume users more. Some, particularly wireless providers, charge extra for heavy use.

It may be effective to trip up spammers with these limits, but it can also trip up legitimate mailers who may be trying to set up a dinner date with friends.

A Raleigh man emailed me his complaint, and then crossed his fingers I actually got it.

"I do not receive all my messages from Roadrunner. Yet, the sender is not informed with a message saying it did not go through. This has cost me time, money and created great embarrassment, not to mention the emotional strain," he said.

Service providers are required to tell you about those limits. They're usually written into your Service Level Agreement or SLA. That's the thing you agree to when you sign up for service, but never read.

I contacted a number of providers about their traffic limitations. At Earthlink an online a customer-service rep referred me to the SLA. And there it was in plain English, sort of.

"All EarthLink Members receive free Web space for use with their EarthLink Internet access account. Each member's free Web

space is allocated a certain amount of traffic per month (traffic is calculated on a formula multiplying the number of hits that your site receives by the size of your files). If a site exceeds its maximum monthly allotment of traffic, the site will become unavailable until the beginning of the next calendar month."

That's the same language I found in the Comcast acceptable-use policy. How can you comply with limits if you don't know the limits?

I asked a local techie to explain it to

me in terms I could understand.

"Basically it's this simple: email services became a commodity around the year 2000, when Netzero, AOL and others started giving it away. So if you are using a home- or consumer-level service, you are getting email for free, and it is subsidized by your access fees. If you consider email more than a convenience (like a critical business tool) you should explore business-level service. And there, the critical thing is to read the SLA—and ask for references."

That business-level service comes at a price. Most providers charge upward of \$150 a month. My current monthly Internet access fee is \$45.

So if you're mass mailing pictures of your family reunion, call your ISP and ask them about your limits. While you're at it, ask them what a gigabyte really is. They are required to give you an answer, a truthful answer.

Remember the old days? When you actually put pen to paper to write a note? At least you knew, when you ran out of stamps, your message couldn't be delivered.





POLITICS AND FASHION DO MIX

t's difficult to think about fashion when a contentious presidential election has been demanding our attention.

Or has it?

Fashion and politics intersect more often than you realize, and many designers have used their position to make political

and this Be sport at the sport

and social statements. A pioneer in this crossover was Benetton, which sponsored the creation of *Colors* magazine in the early

1990s. The magazine, not dependent on advertising dollars, aimed to shock people into thinking critically and bringing attention to life outside the Western World. It still does this with thematic issues on topics such as Birth, Refugees, Heaven and the current issue on Drugs, that employ unexpected juxtapositions, surprising information and, most importantly, some degree of humor to provoke new ways of viewing a subject (www.colorsmagazine.com).

Designer Kenneth Cole has become



Portable voting booth design by Diane von Furstenberg

known for overlaying his advertising images with strong statements (currently: "Every so often we renew our search for intelligent life... It's called an election"; www.kencole.com). Diane von Furstenberg is one of several designers invited to re-imagine the standard portable voting booth for a recent exhibition at Parsons School of Design in New York; she created a striking black and white "Vote" fabric that wraps



Steve Madden Arrow

the booth, which looks like a briefcase on stilts, from top to bottom (www.parsons.edu). Maybe politics can learn a little from fashion, as its followers look into the



Delman

future with optimism and hope. They are not afraid to let go of tired ideas and embrace new possibilities. At the same time, fashionistas cherish their vintage clas-



samuel-cole

North Raleigh | 240 Newton RD, Suite 1001/, | 919.845.0098

DEFINING TWINKLE:

Twinkle is the look you see in your loved one's eyes as she opens a package from latria Day Spa. Not only can you surprise someone with a gift certificate, but you can also select the perfect candle, lotion or lipstick. Call today to learn about our holiday gifts.



South of I-540, 8020 Creedmoor Rd, Raleigh • 870 1975
Wakefield Crossings Shopping Center, 13200 New Falls of Neuse Rd, Raleigh • 488 7050

It's not the dress, the shoes or the jewels.



It's the hush that falls over the room as you enter, the envy you feel from every woman you pass and the confidence you have knowing tonight all eyes are on you... it's this moment.

Enchanting

occassion attire for all sizes of elegance

By appointment only. Fuquay-Varina, NC 919.552.6393

sics and cleverly mix old with new, inexpensive with top-quality. And when they look in the mirror and see that something isn't working, what do they do? Change.

EAR TO THE GROUND

Well! When discussing politics one must tread lightly. Maybe that's why moccasins are to be found everywhere this season. Steve Madden has a charming moccasin/loafer available in trendy leopard spots or zebra stripes. Another contemporary take on the moccasin comes in gold, while the "Arrow" is a traditional suede version with fringe and beading (www.stevemadden.com). Delman, the venerable shoe company that made a comeback with its ballet

flats a few seasons ago, has a del-

icate ballet-moccasin hybrid in plum suede

thing might be Airplus for Her insoles. A brand of Implus Footcare, headquartered in the Research Triangle, Airplus recently received a big plug from NBC style guru Steven Cojocaru. Apparently, Airplus is the secret weapon of the celebs you see teetering around in those nosebleed heels. Made with a light-

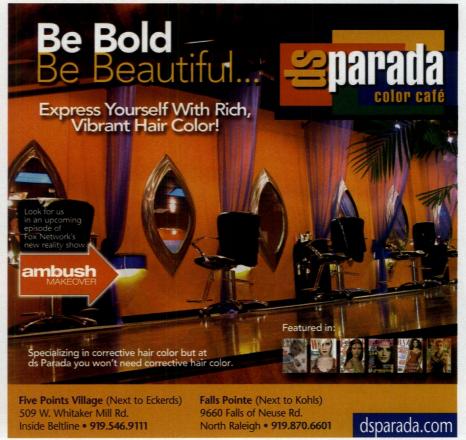
this season (www.saksfifthavenue.com). If

you can't get away with wearing comfy

moccasins most days, then the next best

weight polymer gel and special "shock pod" technology, the Aiplus for Her insoles act as the perfect shock absorber and are guaranteed not to rupture. For wearers of high-heeled sandals or slingbacks, there are Airplus Gel Ball-of-Foot cushions, a smaller version of the insole that pro-

tects the front of the foot at main point of



L.L. Bean

Fitness Fleece

NEWS

November 12- 14; Hamilton Hill Trunk Show with personal appearances by Bikakis & Johns of New York featuring jewels in 22-karat gold and appearance by Paola Ferro of Milan, Italy. Enjoy the opportunity to see new collections, drawings for gift certificates, show and holiday discounts and more; 919.683.1474, www.hamiltonhilljewelry.com

Beanie + Cecil, Cameron Village, invites customers to join the Open House on November 18 from 5pm-8pm. Cocktails and desserts served, live music outside, a visit with Santa and more...919.821.5455. The Lassiter at North Hills location will also host an Open House November 18-20; call for information, 919.789.4885

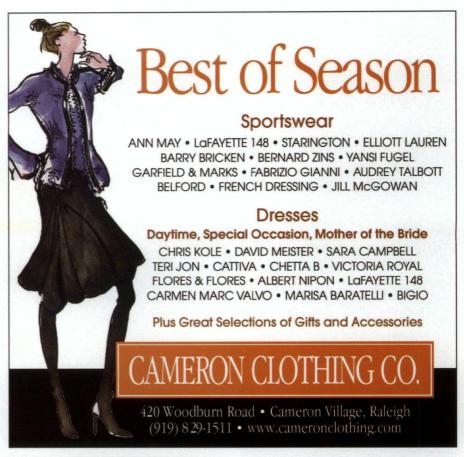
Natural Body Spa and Shoppe announces its opening in North Hills in early December. The full-service day spa will offer massage, body therapies, facials, anti aging treatments, manicure/ pedicure and waxing as well as natural products which are effective, pure and not tested on animals. For information, gift certificates, call 919.510.6701 or www.naturalbody.com

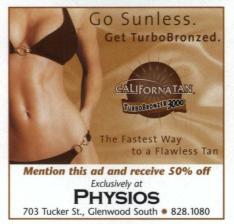
Charlotte's, Cameron Village, announces "Saturdays in a Row" during the month of November. Showings to include: Mollybeads and handbags by Loblollies, Hidalgo Fine Jewelry, and Helga Wagner Pearl Jewelry of Palm Beach. Show specials on selected items—a great time to order just what you want for Christmas: 919.821.9828

Five Points Christmas Fest: Thursday, November 11 from 5-9pm and Friday November 12 from 10am-3pm on Fairview Road. The event includes shopping for accessories, fashion, and beauty, as well as refreshments from local chefs. Vendors to include Beanie + Cecil, Fleur, Lucie Jewelry, Shop 20-12, Monkees Shoes, Hessylida Bags and more... For information, call 919.755.3377

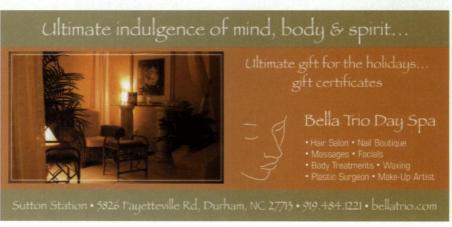
Durham's new stationery store, **daisy notes + paper**, is featured in the November issue of *Lucky* as one of their "Shops We Love". The boutique features quality stationery and paper-related products including invitations, greeting card, gift wrap, etc...

The Orvis Company announces the grand opening of its first North Carolina location in the Triangle Town Commons; November 5-7. The new store will be dedicated to the sporting and country lifestyle and will offer apparel for men and women, home furnishings, gifts, fly-fishing schools, guided trips, free "how to" seminars and more. Grand Opening events will include special sales promotions, giveaways and a Sweepstakes to win nearly \$20,000 in prizes.











AVEDA

lifestyle salon spa

As seen in: O magazine Allure Marie Claire

> Advanced education: London, NY, MN

Are you in touch?



AVEDA

plant & flower essences.

"Voted Best in the Triangle"

MENTION THIS AD & RECEIVE 20% OFF

Cary North Raleigh 859-0888 877-9917

www.vonkekel.com



Camper "Mini"



Camper "Sofia"

impact. According to Steven, Heather Locklear can't get enough of them, and we could all do worse than following in Locklear's footsteps. Available on-line for \$4.99.at www.shopintution.com.



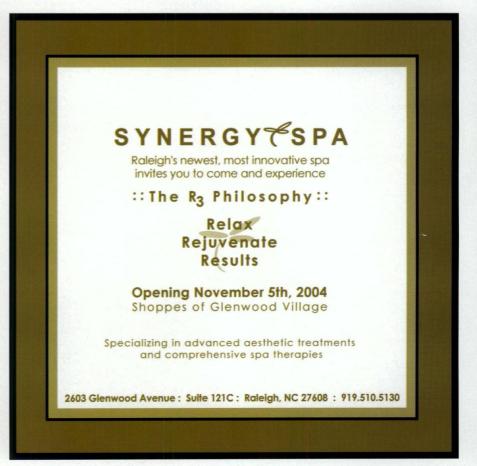
Camper "Fiesta"



Camper "Spiral"

SWEATER WEATHER

When it starts to feel chilly, I always like to have a sweater on standby, preferably something that goes with whatever I might be wearing that gets me warm in a hurry.



Nothing beats fleece for instant coziness. This season's most luxurious standby sweater has to be Hermès lamb's wool sweatshirt—a super-snuggly shearling that will leave no money leftover for firewood (it's available at their London boutique for 2500 pounds). Those of us who like to visit reality occasionally know that a polyester fleece from L.L. Bean sounds less glamorous but serves its purpose equally well. The company's new line of sleek fleeces for women will even catch the eye of those who have historically restricted L.L. Bean fashions to their husbands and/or dogs. The fitted pull-over Fitness Fleece comes in lovely colors, but take advantage of the styling and price (\$19); buy at least one in black—it may be the most versatile piece you've ever owned. Another company taking steps to bring style and comfort closer together is Camper, the Spanish shoe design firm that has taken America by storm. This season's collection for women has sassy lace-up ankle boots and whimsical polka-dot T-straps with an apple-green rubber sole (www.camper.com).

SCENT OF A WOMAN

The fall has brought a bounty of new fragrances for sampling, including an applescented blend from DKNY

called "Be Delicious."
But it is "Curious," a new fragrance for Britney Spears featuring white flowers, vanilla and musk that is selling out across the country. The sense of smell is finally getting its due in

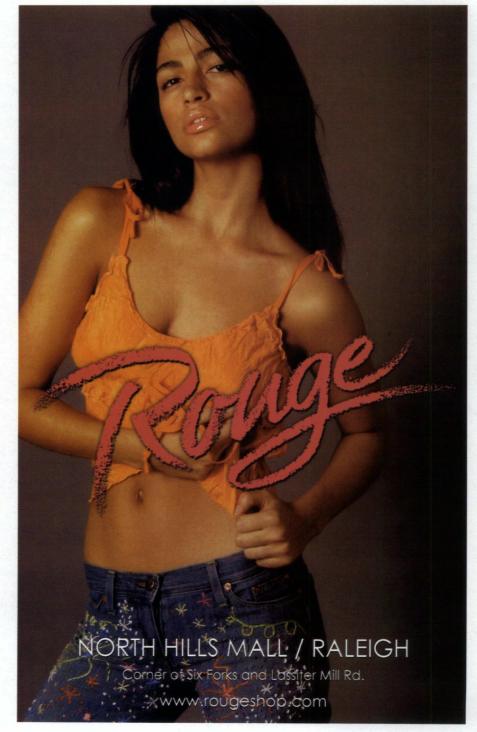


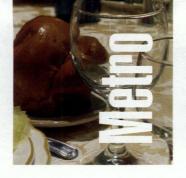
Curious

Be Delicious

scientific circles as well. Last month the Nobel Prize committee awarded the medal in physiology/medicine to two scientists who study the sense of smell. Linda Buck and Richard Axel have advanced the research on how our noses receive and identify smell molecules, a long-time mystery of science.

These two scientists play a role in a recent book by Chandler Burr, The Emperor of Scent, that discusses controversial theories of scent and the role that the big perfumes companies play in scientific research on the subject. One small sniff for man...



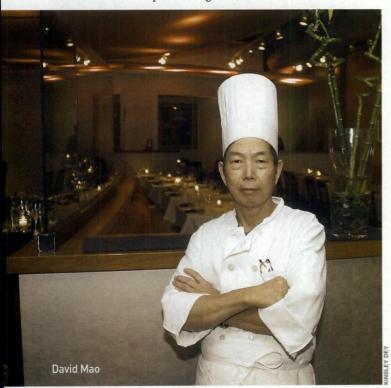


Gournet by Moreton Neal

Downtown Dumplings:

THE RETURN OF DAVID MAO

ow many times have I heard, "Oh we can't have you to dinner because you're a gourmet cook." Even worse, my husband's friends' well-meaning comment along the lines of, "You lucky dog, you're married to a gourmet cook." This particular one guarantees his disappointment with the Harris Teeter roast chicken I schlepped home for supper. Truth be told, we eat takeout more than I should admit—usually Chinese. We both have our favorite main courses: I usually go for the Shrimp with Garlic Sauce, he's a Kung Pao Chicken man. But no matter what else we order, Hot and Sour Soup is a staple. We both are addicted to it, no matter where it comes from. Some interpretations are better than others—a Chapel Hill vegetarian version lacks richness, and



the addition of frozen corn at another local spot is less than inspired. It's worth a drive to Durham for NeoChina's well-balanced, brothy soup, one I consider top of the line; but husband Drake always cites the old Mandarin House's Hot and Sour as the highest standard. Sadly for him and many other devotees, that beloved Cameron Village establishment closed its doors in 2001.

Mandarin House lovers can take heart. The phoenix has risen from the ashes, undergone a major makeover, and landed at downtown Raleigh's Moore Square, a magnet for urbane bistros of all denominations. David Mao, Mandarin's former owner/chef, now

presides over the Duck and Dumpling, which has to be one of the most attractive restaurants in town. At first sight, this new venue gives no hint of its predecessor's history. The essence of contemporary chic—the stunning new space was brilliantly conceived by Ted Van Dyke of New City Design—is owned by Mao's partner Greg Hatem, a former habitué of Mandarin House and one of David Mao's biggest fans.

There's not a single trace of oriental kitsch as you enter this sleek, brushed-steel walled room in which you might anticipate just about any style of cuisine. The visual impression does, however, inspire one basic expectation—quality. Expensive vodkas and various bottles of single malt Scotch perch on the bar, positioned to entice an after-work crowd. A display of wines from several continents reveals the input of a well-schooled wine steward. Drake commented, a little wistfully, that there was not a bottle of Wan Fu in the wine rack, or a dragon in sight. I believe my response was, "Get over it."

In these snazzy surroundings, I would have been content with peanuts and a martini, but when we sat down and opened the menu, "House Special Mandarin Hot and Sour Soup" practically jumped off the page. After the first spoonful, Drake confirmed that it was even better than his memory of the legendary soup at Mandarin House. Only after meeting David Mao did we realize that he was the same chef!

Naturally, we were intrigued that David, retired after 25 years in the business, would re-enter the professional kitchen. "My fingers got itchy after a year," he explained. David learned the trade in his brother's Saigon restaurant, a haunt of American journalists and soldiers in the '60s. One of these soldiers, NC State professor Hal Hopfenbert, encouraged young David to immigrate to North Carolina. Hopfenbert sponsored his first restaurant, the haunt of thousands of Raleigh regulars for a quarter of a century. It was Dr. Hopfenbert who suggested David open a new restaurant, this time reflecting his personal heritage—he was born in China, but grew up in Vietnam. Although manager Gina Fore calls the menu "Asian Fusion," Chinese and Vietnamese dominate with a touch of French flair. David admits that Duck and Dumpling's style is more personal than that of Mandarin House, which mirrored more typical generic Chinese-American menus of the time and appealed to a less knowledgeable clientele. He speculated, "If I had opened a place like this in 1976, we wouldn't have lasted two weeks."

Dumplings are the specialties of the house, and David takes great pride in his. We sampled two kinds. The restaurant's most popular dish, Half-fried Pork Dumplings served with a ginger dipping sauce and a smidgen of tangy Chinese coleslaw, was a delight. A similar pork dumpling encased a surprise inside, a whole shrimp. We resisted other dumpling offerings to save room for Moo Shoo

Duck, David's sumptuous chunky version of the classic, served with house-made paper-thin crepes. Next we tried Filet Mignon Chinois with mesclun greens and seaweed salad. Though billed as "braised," this was actually a stir-fry. The beef was rare, juicy and tender as foie gras; the soy reduction sauce hinting at flavors of fresh orange, garlic and star anise. Other tempting main courses on the menu were Grilled Lemongrass Pork, Ginger Lamb, Kung Pao



Lemongrass Pork

Shrimp, and Poached Sea Scallops. Don't be fooled by the familiar names—David Mao's renditions of classic Chinese restaurant fare are several notches up from the expected. Here the meats are prime, the seafood almost wiggling, the vegetables crispy fresh, and each dish is accompanied by garnishes carefully chosen to complement the other flavors on the plate.

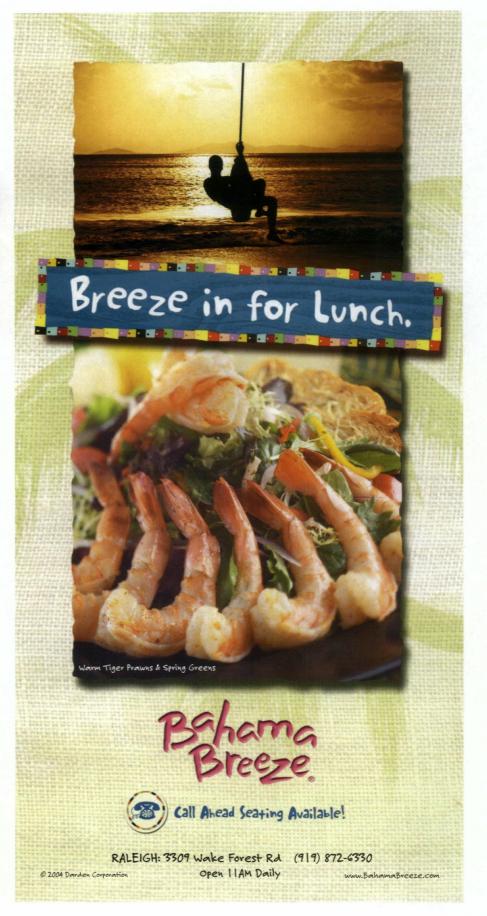
The Duck and Dumpling is a fitting addition to the newly upscale atmosphere of Moore Square. The sophisticated new breed of restaurants there appear to be thriving, thanks in part to visionaries like Greg Hatem of Empire Properties who saw the location's potential even when traditionalists branded the neighborhood "risky." Now local condominium owners—the new city-dwellers of Raleigh—and professionals who work downtown are regulars of D&D and its adjacent eateries. I'm a little envious of folks in that neighborhood. If I lived near the Duck and Dumpling, I'd never be embarrassed to bring home Chinese take-out again.

Or, thanks to David Mao, I can make the very best Hot and Sour Soup at home.

The Duck and Dumpling

Visa, MC, AMEX

Address: 222 S. Blount Street, Raleigh Restaurant Hours: Lunch 11:30-2:30, M-F Dinner 5:30-10:30, Mon-Fri; 5:30-11, Sat. Telephone: 919-838-0085





by Fred Benton

Catering Works to Open Café and Market in Cameron Village

Catering Works, already familiar to many in the Raleigh area, is poised for the November opening of a new retail market and café in Cameron Village. The grand opening will be on November 18. The new market will feature fresh seafood daily, meats, fresh local produce, a variety of Imported and Domestic cheeses and wines, a Deli, a European-style bakery and flowers, along with chef-prepared foods and a salad bar. Owner/president Jill Kucera of Raleigh hopes the shopping experience at the new market and café will be a "fabulous adventure with fabulous cheese" where people can dine in or shop to take home.

Specialty Foods Via the Web

The holidays are upon us-and if you're dreading what my grandmother always called "Fruitcake season"—then dread no more. At the NC State Fair several years ago, I was introduced to the Southern Supreme Old Fashioned Nutty Fruitcake. I loved it! And this from a foodie who hated fruitcake. Well, apparently when Berta Scott sold the results of her heirloom family recipe for fruitcake at a local craft fair the world decided that fruitcake could, indeed, be a treat. A business was born! For the past two years, however, I went to the exhibition hall during the NC State Fair to seek out my favorite fruitcake but to my disappointment Southern Supreme was no longer serving up free samples (they weren't there!). And for the longest time I wrestled with how to get in touch with these folks. A website guided me to the Southern Supreme website—and now, I pass it on to you: sosupreme.com. Their phone number is 336-581-3141.

As Berta Scott and her family established a "cottage industry" to produce fruitcakes as well as other foods, so did Mrs. Hanes and her family. The food? Ultra-crisp and melt-in-your-mouth Moravian cookies. You can visit Mrs. Hanes' Hand-made Moravian Cookies website at hanescookies.com or call 336-764-1402. [Mrs. Hanes' Hand-Made Moravian Cookies was featured recently on the Food Channel's show, Food Finds.]

Other online sources I am happy to recommend for superb foods suitable for both qift-qiving and your own pleasure are:

- Harry and David is no secret to the affluent gift-giver and fruit-lover. Their fruits are truly the BEST! I'm addicted to the huge Royal Riviera pears. Visit harryanddavid.com or call toll-free 877-322-1200.
- England is famous for many foodstuffs such as cheese and that exquisite condiment, clotted cream. Now add luxury chocolates to the list. From the English countryside comes **Aphrodite Handmade Chocolates**. Visit http://www.aphrodite-chocolates.co.uk/.
- Participants of Zagat Survey rated **2nd Avenue Deli** as the best kosher deli in the city.

 Now you can have the best deli cuisine shipped to you or a lucky recipient by visiting 2ndavedeli.com or for mail order only call toll-free 800-692-3354.

Don't-Miss Events for the Foodie

Odd that not too many food events are happening this month or the next but here's two upcoming events for the intrepid foodie:

Go pecan-nutty at **Historic Oak View Plantation's annual Pecan Pickin' Day**,

Saturday, Nov 11, 11 a.m.-1 p.m. It features

Bill Bunn of the NC Pecan Growers

Association, plus the pleasure of picking a free bag of pecans from Oak View's pecan grove. The event is free. Oak View is located on Poole Road, close to I-440, in Raleigh. For more information call 919-250-1013.

...

Enjoy an old-world celebration at the Scandinavian Christmas Fair, Dec. 4, 10 a.m. to 6 p.m., Holshouser Building, NC State Fairgrounds, Raleigh. Admission is \$5 for adults, free for children under 12. It's an event that is certain to get you in the spirit of the season. This year marks the 7th anniversary of the Julmarknad (Christmas Fair in Swedish) and it attracts people from Scandinavia and of Scandinavian descent as well as many Americans who have made this an annual tradition. Several local Scandinavian organizations are represented at the fair, and there are plenty of opportunities to learn a little more about the people and customs of the Scandinavian countries. You might even pick up a few words in a local tongue and develop a taste for that traditional herring! The Scandinavian Christmas Fair is sponsored by SWEA-a Swedish women's organization and Vasa—a Swedish-American organization. The proceeds of this event go toward scholarships and to support local Swedish initiatives." As to food, the Julmarknad features a variety of homemade foods, like Swedish meatballs, salmon and pea soup. Visit the "Coffee Corner" for coffee and wonderful home-baked pastries. Try the traditional spiced wine (glögg), and salty candy. For more information 919-353-1995 or email info@scanfair.org.

Recipe

Duck and Dumpling's Hot and Sour Soup

To 3 cups of rich chicken broth, add 1/4 cup white vinegar, white pepper to taste, 1 cup tofu cut into narrow strips, 1 cup fresh bamboo shoots, sliced, and 3/4 cup each of wood ear mushrooms and lily flower (both available at eastern markets). Simmer for five minutes.

Dissolve 1 tablespoon cornstarch in 2 tablespoons cold water. Whisk the cornstarch solution into the broth. Simmer for a minute or two, still whisking, until the soup thickens slightly.

Beat one egg lightly. Whisk the egg into the soup and simmer about one minute until the egg is cooked. Add a teaspoon of sesame oil. Serve immediately garnished with fresh cilantro.



Chef prepared specials daily. Dine in or take away. Featuring table-top décor and much more. Serving epicurean adventures 7 days a week.

919.719.0328 ~ 2018 Clark Ave., Cameron Village ~ Raleigh, NC

Metro Magazine's Premiere

RESTAURANT GUIDE

RALEIGH/CARY

42nd Street Oyster Bar – 508 West Jones Street, Raleigh (919) 831-2811. A Raleigh tradition since 1931. Serving quality seafood, steaks and pasta in a casual atmosphere. Steamed oysters and clams available. Serving lunch Monday through Friday and dinner seven nights a week.

Bella Monica - 3121-103 Edwards Mill Rd., Olde Raleigh Village Shopping Ctr., Raleigh (919) 881-9778. Family-run Italian restaurant. Delicate, thin-crusted Neapolitan pizza with gourmet toppings. Pork Piccatta, Shrimp Scampi, Portobello Lasagne & Cannoli. Neighborhood bar with all-Italian wine list. Patio dining. Lunch, Dinner, Late Night on weekends. Closed Sunday. "Simply superb-three stars." – News & Observer

Bloomsbury Bistro – 509 West Whitaker Mill Road, Suite 101, Raleigh. (919) 834-9011. Everything you love about fine dining without the hype. Sophisticated food and wine in a comfortable neighborhood setting. Featured in Southern Living, Gourmet Magazine and USA Today.

Bogart's American Grill – 510 Glenwood Avenue, Raleigh (919) 834-1122. Steaks, martinis and impeccable service never go out of style. Rotisserie-grilled items dominate the menu. Sensational steaks, seafood and pastas, homemade desserts and countless specialty martinis. Casual retro ambience. Live music nightly and late night action Fri-Sat. Lunch M-F, Dinner 7 days. Sun. brunch.

Carolina Ale House – 512 Creekside Drive, Raleigh. (919) 835-2222. 4512 Falls of Neuse Road, Raleigh. (919) 431-0001. 2240 Walnut Street, Cary. (919) 854-9444. Carolina Ale House has something for everyone – we serve our awardwinning menu from 11 am until 2 am and give you over 40 TVs for your front row seat to all the sports action. Daily lunch and dinner specials, the coldest \$2 pints in town, Shrimp Special Mondays and 99 cent Kid's Tuesdays, we've got your family covered. So come home to the Carolina Ale House today: great food, sports and fun.

Cuba – 19 West Hargett Street, Raleigh. (919) 890-4500. Enjoy Latin flavors and Spanish wines in a colorful and lively atmosphere. Salsa music adds spice to an already sizzling dining experience.

Enoteca Vin – 410 Glenwood Avenue, Suite 350, Raleigh. (919) 834-3070. Located in Glenwood South's Creamery building, Enoteca Vin's warm urban interior, bar and patio provide a casual but sophisticated environ for serious dinners or spontaneous rendezvouses over wine and cocktails. Metro Best Chef Ashley Christensen proudly accepts the responsibility of supporting our local and organic farmers and purveyors. Our ingredient-driven menu is built around the seasons, with small and large plates, artisan cheeses and cured meats. Our wine list features 55 wines by the glass and received *Wine Spectator's* Best of Award or Excellence in 2004. Serving dinner Tuesday through Sunday, Sunday brunch and late night Fridays and Saturdays. For menus, events and hours please visit www.enotecavin.com.

Est Est Est Trattoria – 19 West Hargett Street, Raleigh. (919) 833-4440. Since 1984, customers have loved their delicious North Italian dishes. Pastas, breads, mozzarella and desserts are made in-house.

Frazier's – 2418 Hillsborough Street, Raleigh. (919) 828-6699. Frazier's has been rated as one of the top ten restaurants in the triangle since opening in 1998. An eclectic, ever changing menu is executed in a newly renovated, very hip but casual atmosphere.



Hi5 – 510 Glenwood Avenue, Raleigh. (919) 834-4335. For food and fans, Hi5 is the place to watch. Over 30 TVs, including 10 plasma screens and a huge projection screen. Full menu with the 20 varieties of wings, pizza, burgers, nachos and more. DJ on Thursday, Friday, Saturday. Open 7 days. 11:30-2 am. www.hi5raleigh.com.

The Irregardless Café – 901 West Morgan Street, Raleigh. (919) 833-8898. Thirty years old and fresh every day! Serving market fresh produce, vegetarian meals with menus changing daily. Live music nightly, catering and more! www.irregardless.com.

Lucky 32 – 832 Spring Forest Road, Raleigh, (919) 876-9932. 7307 Tryon Road, Cary, (919) 233-1632. Seasonal fare with influences of regions across the country. www.lucky32.com.

Maximillians – 8314 Chapel Hill Road, Cary (919) 465-2455. Maximillians, owned and operated by Michael and Gayle Schiffer, features American Fusion cuisine, intimate dining and an extensive wine bar. Voted "Best Fine Dining" in the Cary



News Readers Poll. News and Observer praised food as "inventive fusion cuisine" with 3½ stars. For reservations, (919) 465-2455.

Michael Dean's Wood Oven and Seafood Grill

- 1305 Millbrook Road, Raleigh. (919) 790-9992. Casual American seafood and wood-fired specialties. Menu changes monthly with delicious low-carb options as well. Enjoy the wide drink selection, outdoor patio and live party bands on Friday and Saturday. Where there's smoke, there's fire. Lunch M-F, Dinner 7 days. www.michaeldeans.com

Nana's Chophouse – 328 West Davie Street, Raleigh. (919) 829-1212. Nana's Chophouse is a high energy, contemporary Italian style chophouse infused with Southern American flavors and local ingredients. Nana's features complementary valet parking, live jazz, generous chops, fresh seafood and Scott Howell's signature risottos. Seating in the bar and outdoor patio are first-come-first-serve. Hours of operation are Monday-Thursday 5:00-10:00 pm and Friday and Saturday 5:00-11:00 pm. Call for dinner reservations.

NoFo Market and Café – 2014 Fairview Road, Raleigh (919) 821-1240. 1125 Military Cutoff Road, Wilmington (910) 256-5565. NoFo Market and Café is open for breakfast or brunch, lunch and dinner everyday. Settle inside in our café, sit at the bar, or dine outdoors. Choose from award winning salads, soups, sandwiches and entrees. Don't miss the nightly specials like prime rib, country fried chicken and shrimp and grits. Winner of "Best Salads," Wilmington Magazine, "Best Bloody Mary," Metro Magazine, and "Best Gift Store," Citisearch.

Porter's City Tavern – 2412 Hillsborough Street, Raleigh. (919) 821-2133. Porter's City Tavern was chosen "Best New Restaurant" of 2004 by the readers of *MetroMagazine*. A fresh open floor and sidewalk/patio showcases a diverse menu of steaks, pastas, salads, sandwiches, and fresh fish. The menu is prepared using the freshest local ingredients available.

The Red Room Tapas Lounge – 510 Glenwood Avenue, Raleigh. (919) 835-1322. When you want to paint the town, only one color will do. Serving appetizer-sized, Spanish-style tapas. Bring a group and prepare to share. Wine, sangria and signature red cocktails. DJ-powered lounge music nightly. Open Tuesday – Saturday at 6 pm. www.redroomraleigh.com.

Ruth's Chris Steak House – 2010 Renaissance Park Place, Cary. (919) 677-0033. Home of the Sizzling Steak. Serving generous cuts of cornfed USDA Prime Midwestern beef, custom-aged to the peak of flavor.

Second Empire Restaurant and Tavern – 330
Hillsborough Street, Raleigh. (919) 829-3663.
Two Menus, One Experience! Enjoy the ultimate fine dining experience in the elegant yet relaxed atmosphere of our main dining rooms or a more casual dining experience in our Tavern. Raleigh's own AAA Four Diamond Restaurant!! Wine Spectator Awards of Excellence.

Taverna Agora – 6101 Glenwood Avenue, Raleigh. (919) 881-8333. Candlelit tables enhance the festive mood of this rustic, welcoming restaurant. Meet at the bar for a quiet drink or unwind under the pergola as you contemplate the extensive menu and wine list. Fresh poultry, meats and seafood are always the rule of the kitchen. Open nightly for dinner, Sunday brunch, catering available. Taverna Agora, Absolutely Greek.

Twisted Fork – Triangle Town Center, Raleigh. (919) 792-2535. Play with your food! Twisted Fork offers thousands of possibilities, from fresh soups, hand-tossed salads, build-your-own sandwiches and grilled meats. Dozens of fresh-baked desserts and breads daily. Twisted specialty "drinx" and Market Meals To-Go. Open 7 days, lunch and dinner, www.thetwistedfork.com.

Vinnie's Steakhouse and Tavern – 7440 Six Forks Road, Raleigh (919) 847-7319. Since 1987, Vinnie's has established itself as a culinary icon in the Triangle area. Vinnie's has become known as Uptown Raleigh's very own "Legendary Hangout." Enjoy true New York – Chicago style steakhouse ambience serving the finest steaks, seafood and Italian fare. Vinnie's will make your dining experience a lasting and memorable occasion.



DURHAM

Café Parizade – 2200 West Main Street, Durham. (919) 286-9712. High ceiling with Renaissance-inspired murals, brilliantly colorful surrealist works of art and casually chic crowds feasting on Mediterranean dishes. Serving lunch Monday-Friday 11:30 am – 2:30 pm and dinner Monday – Thursday 5:30 – 10:00 pm, Friday and Saturday 5:30 – 11:00, and Sunday 5:30 – 9:00 pm.

George's Garage – 737 9th Street, Durham. (919) 286-4131. Enjoy our casual upbeat atmosphere with the freshest seafood and authentic sushi bar. After hour celebration and dancing and a fresh togo market and bakery.

Nana's Chophouse – 2514 University Drive, Durham. (919) 493-8545. See Raleigh listing.

Vin Rouge – 2010 Hillsborough Road, Durham. (919) 416-0406. Vin Rouge, a French café and wine bar, treats guests to provincial cooking at its finest in a chic, intimate setting. Serving dinner Tuesday – Sunday, 5:30 – 11:00 pm and Sunday brunch 10:30 am – 2:00 pm.

Verde - 2200 West Main Street, Durham. (919) 286-9755. New American cuisine in a sleek and modern atmosphere.

CHAPEL HILL

La Residence – 202 West Rosemary Street, Chapel Hill. (919) 967-2506. French-inflected, new American cuisine, warm inviting, ambience, superb service, all are combined for your dining pleasure in downtown Chapel Hill. Enclosed heated patio, late night live music.

Pazzo! – Southern Village, 700 Market Street, Chapel Hill. (919) 929-9984. Pazzo's dining room welcomes you with contemporary Italian cuisine in an intimate casual environment. Need a quick bite on the run? Our Gourmet-To-Go offers fresh salads, antipasto, as well as traditional and gourmet pizza.

Spice Street – 201 Estes Drive, Chapel Hill. (919) 928-8200. A revolutionary new concept in dining entertainment, Spice Street is a culinary experience created to nourish the soul and share flavors from around the world. Spice Street celebrates food and life.

Talullas Restaurant – 456 West Franklin Street,
Chapel Hill. (919) 933-1177. The newest addition
to the Restaurant Mecca of West Franklin Street
in Chapel Hill. Talullas is an instant success with its
"ethnic elegance" and "beautifully prepared food."
Its Eastern Mediterranean cuisine is simple, fresh,
and exotic. Tuesday – Sunday 6-10 Dinner, 10-2
Bar/Lounge. www.talullas.com

The Weathervane – 201 South Estes Drive, Chapel Hill. (919) 929-9466. Seasonal menu reflects the good taste that made A Southern Season famous. Memorable patio setting and sophisticated dining rooms. Comfortable bar offers quality pours and live music nightly.

Cork Report by Barbara Ensrud



COOKING WITH WINE WITH ADVICE FROM THE EXPERTS

here is a little magnet on my refrigerator that reads: "I love to cook with wine—sometimes I even put it in the food!" When guests see it, they chuckle, but it's apt because I usually pour my first glass of wine in the evening as I start preparing dinner. I do cook with it, too. Wine with food enhances both—but using wine in food can add a whole new dimension. With the holidays looming, 'tis the season when we're planning meals that are a little more elaborate—and wine can add an extra fillip of flavor to make a dish special.

There are a few myths and misconceptions about cooking with wine, and since I'm not an expert on this aspect of wine, I talked with two of our top Triangle chefs—Ben Barker of Magnolia Grill in Durham, and Brian Stapleton of Crossroads restaurant at the Carolina Inn in Chapel Hill. The conversations were illuminating.

Both Ben and Brian use wine in a variety of ways—for marinating, in sauces, for braising and de-glazing, and in some of the flavored vinegars they keep in their own kitchens.

One common misconception in cooking with wine is that the process concentrates the alcohol in a dish. Actually, the opposite is true: as the heat rises, the alcohol evaporates. Depending on how long you allow it to boil, most or all of it will vaporize. What is left are the basic flavors of the wine, with its fruity or herbal characteristics.

This is the main reason you don't want to use so-called "cooking wines"—those you find in the supermarket, for instance. First, they taste awful because they contain additives or salt that make them deliberately unpalatable to drink. Cooking them down just aggravates the problem and makes them even saltier. If you're going to cook with wine, use real wine—it doesn't have to be expensive by any

means, but it should be decently drinkable on its own—because the flavors in the wine will absorb right into the sauce or dish you're preparing. If it's not fit to drink, it's not fit to use in cooking.

"We use a standard Montepulciano for our basic red," says Ben Barker, referring to Montepulciano d'Abruzzo, a good everyday red from Italy. "It's fruity with-

out being too harsh or tannic. We occasionally use varietals, though I don't use cabernet as much anymore; it's too strong. I still use zinfandel because I often want that berry profile in there, and when it's reduced, it really concentrates that flavor." Chef Ben often uses Sebastiani zinfandel, which has the berry fruit flavor and is not as tannic as more expensive zinfandels.

Often there are recommendations to use in cooking the same wine

you will be drinking with the dish—a fine Bordeaux, for instance, in the sauce for grilled steak, the theory being that the character of the wine will provide a significant link between the dish and what you drink with it. This can work in general, but isn't always such a good idea in practice. It's costly, for one thing. In terms of the sheer quantity needed, restaurants can't afford to use, say, a classified growth such as Château Beychevelle or Margaux. But, hey, even for us at home it's not the best use of an exceptional wine. In order to reduce it down to the right consistency for a sauce, you need to start with at least a cup of wine, maybe two—that's half a bottle, which you will enjoy much more by drinking it rather than tasting it in a dish. Further, in cooking the wine, boiling it, you will necessarily lose some of the nuances of flavor that make it exceptional.

Brian Stapleton's Cumberland Red Wine Sauce

Ingredients

2 cups Red wine, full body

1 cup Port wine

2 ea. Oranges, zest and juice

1 ea. Lemon, zest

2 lbs. Fresh frozen cranberries

1 cup Light Brown sugar

2 ea. Bay leaf

2 tblsp Dijon mustard

to taste Salt and pepper

Procedure

- Using a thick bottom 4 qt sauce pan over medium high heat, add red wine, port wine, orange zest and lemon zest. Bring to simmer and reduce liquid by one-half.
- Add orange juice, cranberries, bay leaf and half of the brown sugar.
- Cover pan, reduce heat to low, simmer slowly for 2.5 hours, stirring occasionally until cranberries break down.
- Once cranberries are broken down, remove from heat, season with Dijon mustard, remaining sugar, salt and pepper.
- · Cool before serving

Optiona

For smooth sauce remove cranberry pulp by straining through a coarse strainer

Courtesy of Brian Stapleton, Executive Chef, Crossroads Restaurant at Carolina Inn

SEBASTIANI

"Bordelais sauce, a red-wine peppercorn sauce, veal-stock based, doesn't necessarily mean using Bordeaux," says Brian Stapleton. "But it does take something bold enough to stand up to the peppercorns." Brian uses mostly California wines in cooking at Crossroads, including moderate style cabernets. "I'm from California," he says. "I know the wines and am comfortable with them."

Let's look at some of the specific uses of wine in cooking.

MARINADES. Wine is often used in marinating foods, especially meats, before cooking. The constituents in red wine, for instance, break down the tough fibers in meat, tenderizing them. But it can be overdone. "With wines for marinades," says Ben Barker, "we've gone more to the Thomas Keller (famed chef at The French Laundry in Napa Valley) profile of cooking the wine-bringing it to a boil, then cooling it before we marinate. He believes, and we've found it to be true, that you get a resounding wine flavor but you don't get the textural breakdown in meat that's already tender, or the discoloration." Red wine will sometimes turn meat into a dull gray instead of a rich, appetizing brown.

"Now sometimes I want that acid breakdown in things like braised short ribs, or venison," he added. "With venison we marinate because today it's farm-raised and milder in flavor. A red wine marinade helps us to capture some of the wildness that isn't there anymore, but we don't leave it so long in the marinade that it 'cooks' the meat or discolors it."

SAUCES. The base for most sauces is

highly reduced stock that takes a long time to prepare-simmering browned meat, bones, or fish with vegetables for many, many hours to reduce the flavors to an intensity of concentration that can be used to build a sauce. At home we don't always have such stocks to work with, so a quicker way to make a sauce base is a mirepoix—1/2 cup each of diced carrots, onions and celery sautéed gently in two tablespoons of butter for half an hour or so until they are lightly caramelized. During the cooking add your herbs of choice for the dish to create an aromatic base for the sauce. Then add one cup of red wine (or white, for fish or chicken breast), bring to a boil and simmer till the liquid is reduced to the desired consistency.

"I always have in my mind's eye the flavor profile of the dish and the wine to be served with it," says Chef Brian. "For a meat or game sauce, if the wine has lots of blackberries in it, [merlot, shiraz, Alexander Valley cabernets] then as you reduce, those blackberries come out more, like a kind of natural seasoning."

And he adds a great tip for home cooks: "If you have a more tannic wine that could

turn a little bitter, counter it by making the mirepoix a little sweeter—use more carrots and less celery, for instance.

DE-GLAZING. Some sauces are made by deglazing the pan after browning meat or fish, or sautéing onions, shallots, mushrooms or vegetables—pouring liquid (wine, bouillon, water, or a mixture thereof) into the hot pan to coagulate the juices and then reducing it to concentrate the flavors and thicken it. Just be sure to use enough wine—at least a cup, maybe two, depending on the number you're cooking for-because it should be reduced down to a third or half cup to make the right consistency for the sauce.

FORTIFIED WINES & WINE VINEGARS. "We use a significant amount of fortified wines in our cooking," says Chef Ben, "a lot of sherry and marsala, madeira, port, both red and white—I like marsala, which has passed into the anti-trendy zone, I think, but it has a nuance that is great for cooking. It's nutty and its sweetness is full and rich without being cloying. One of our duck dishes is finished in a lemon marsala jus [a term frequently seen on menus, referring to a lighter sauce that is thinner in consistency than opaque sauces] and polenta with golden raisins—whenever I use golden raisins I think of marsala, it's like a natural blend."

Both chefs keep bottles of their own hand-made vinegars: red and white wine vinegars, sherry vinegars, cider vinegars flavored with herb like thyme, rosemary, jalapeños for vinaigrettes they use to brighten up sauces as well as for dressing salads, but it will also perk up soups, especially cream soups.

"I usually finish my soups with a little vinegar of some kind," says Chef Brian. "It will accentuate the flavor of the soup, whether it's cream of celery, or mushroom or carrot.

I took this to heart recently when I made a leek and potato puréed soup. I added a dollop or two of rice wine vinegar as I reheated it, which gave it a zing that was absolutely delicious.

Brian urges folks to make their own vinegars. For red wine vinegar, he says, just pour red wine in a nice bottle, add cloves of garlic and put a little vinegar in to get it started. "You can add herbs or hot peppers—they're so cool to make," he says with typical enthusiasm. "It's easy. There are great bottles around so it's decorative and looks great up on a shelf—and by Christmas they're ready to use or give as gifts." MM

Ben Barker's Turkey Gravy

Ingredients

2 tblsp duck fat or peanut oil 1/2 onion, sliced thin bay leaves 1/2 cup sherry vinegar 1&1/2 cups Madeira 1&1/2 quarts roasted chicken stock Roasted garlic cloves (from the turkey) 1 tblsp fresh sage leaves, chopped 1 tblsp fresh thyme leaves, chopped

Procedure

to taste

In a medium saucepan, heat the duck fat or peanut oil over medium heat.

Add the onion and bay leaves; cook until onion is soft and beginning to caramelize.

Salt and pepper

Add the sherry vinegar and Madeira, bring to a simmer and reduce by two-thirds.

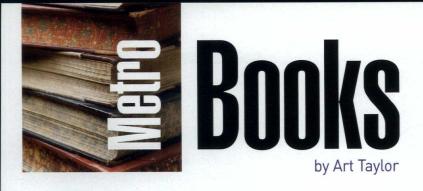
Add the stock, bring to a simmer, and reduce by two-thirds, skimming.

Strain into a clean saucepot and reserve until the turkey is finished.

Roasting

Add as many roasted garlic cloves as you like to the gravy and strain in the juices from the de-glazed roasting pan. Warm over low heat, stir in the herbs, and season, adding a dash of sherry vinegar if necessary to bring into balance. Pass the gravy separately at table.

From Not Afraid of Flavor, by Ben & Karen Barker. Used by permission of the University of North Carolina Press.



BUSY HOLIDAY LITERARY SEASON BEGINS

WORDFEAST

ilmington-based author Ellyn Bache headlines WordFeast, a group reading by regional Jewish writers at Temple Beth Or in Raleigh on Sunday, Nov. 7—the first big event of a busy literary month.

Bache is best known as the author of the novels *Safe Passage*, made into a movie starring Susan Sarandon and Sam Shepard, and *The Activist's Daughter*, a coming-ofage tale set at UNC-Chapel Hill in the early 1960s. But while she's the heavy hitter of the bunch, Bache is also joined by Raleigh writers Scott Davis, Dr. Steve Katz, Maureen Sherbondy, Janet Silber and Courtney Weil. As I have been acquainted in the past with the works of several of these authors, I feel doubly pleased to recommend this event highly.

WordFeast takes place 2:30-4:30 p.m. on the first Sunday in November. Admission is \$4 in advance, \$5 at the door, and the afternoon is a benefit for ROAR (Raleigh Organizing for Action and Results), a grassroots coalition seeking to bring together racially, economically and religiously diverse people to improve life in our area.

For more information, contact Reb

Raachel Jurovics at Temple Beth Or at 919-781-4895, ext. 105.

ARTS & CRAFTS, PART I

While we're on the topic of benefits: Barnes & Noble stores throughout the Triangle are hosting a four-day Bookfair to benefit the North Carolina Museum of Art, from Wednesday, Nov. 10, through Saturday, Nov. 13.

The Bookfair is essentially two-part. First, in order to benefit the museum, customers should pick up a voucher at NCMA and present it at any Triangle Barnes & Noble during those four days; a percentage of your purchase will be donated to the Museum.

Additionally, area stores will present several free events featuring museum staff members. An "Art Roadshow" encourages people to bring in American and European paintings and sculpture (two-work maximum) for examination by curators and conservators on Wednesday, Nov. 10, at the Barnes & Noble in Cary and on Thursday, Nov. 11, at the Streets of Southpoint in Durham (6-9 p.m. each day). Also on Thursday night, the museum's film curator Laura Boyes offers a discussion of "Adapting

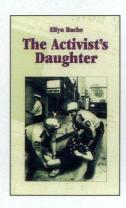
a Book for the Screen"; she'll be joined by authors and screenwriters Max Bain and Ed Buffington at the Barnes & Noble, Brier Creek, from 7:30-9 p.m. that evening. Finally, an event for the kids: On Saturday, Nov. 13, at 11 p.m., the Barnes & Noble on 15-501 in Durham hosts a storybook reading and art activity in conjunction with the Museum's new exhibition, *Matisse, Picasso and the School of Paris*; the workshop is geared toward children aged 4-8.

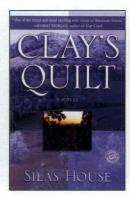
For additional information, contact the individual stores hosting each event: Cary, 919-467-3866; Streets at Southpoint, 919-806-1930; Brier Creek, 919-484-9903; Durham, 919-489-3012.

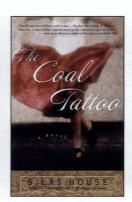
ARTS & CRAFTS, PART II

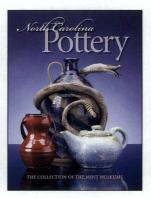
The musicians and craftspeople of North Carolina take center stage in two new books whose authors are visiting the Triangle this month.

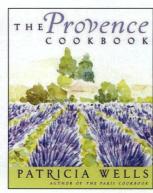
First, banjoist Bob Carlin offers some music and discusses his new study, *String Bands in the North Carolina Piedmont*, on Saturday morning, Nov. 13, at McIntyre's Books at Fearrington Village. The book provides a look at the bands themselves, offering a survey of the piedmont's history











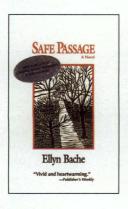
and its contribution to the development of this musical genre.

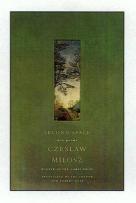
Also, Barbara Stone Perry, curator of decorative arts at the Mint Museum in Charlotte, has produced *North Carolina Pottery*, a catalog with photographs and descriptions of more than 400 works from the Mint's collection, ranging from Seagrove to Pisgah and from legendary artisans to contemporary craftspeople. (The

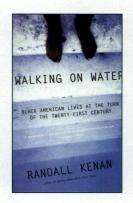
reading takes place on Thursday, Nov. 11, at 8 p.m. in Morton Hall on the UNC-W campus. The reading is free and open to the public; for more information, contact the college's department of creative writing at 910-962-7063.

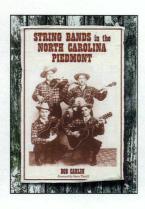
Another noted creative writing department hosts Kenan a week later, when the MFA program at North Carolina State University welcomes him as the guest judge

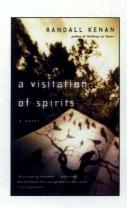
Saturday morning, Nov. 19-20. "Leo Tolstoy: A Preacher at War with Himself and the World"; "Fyodor Dostoevsky: The Burden of Free Will in a Scientific Age"; "Boris Pasternak: Turning Chaos into Beauty"; and "Czeslaw Milosz: Witness to a Century of Madness." (For more information on Milosz, who died in August, I also recommend his latest collection of poems, the posthumously published *Second*











collection, it should be mentioned, actually boasts more than 1600 objects, the most comprehensive gathering in any public institution.) Perry speaks at two bookstores this month: the Barnes & Noble in Cary on Wednesday evening, Nov. 17, and then McIntyre's Books on Thursday evening, Nov. 18.

KENAN AT THE COAST (AND IN THE TRIANGLE)

Gifted author Randall Kenan (a native of Chinquapin, NC) finds his name in the literary news twice this month—once at the coast and then again in Raleigh.

Kenan is the author of the novel A Visitation of Spirits, the short story collection Let the Dead Bury Their Dead, and the recent nonfiction work Walking On Water: Black American Lives at the Turn of the Twenty-First Century. His short story collection garnered numerous honorsincluding a nomination for the Los Angeles Times Book Award and a finalist spot for the National Book Critics Circle Award. These accomplishments have made him this year's choice for UNC-Wilmington's distinguished Katherine Buckner Lecture and Reading Series. (The previous recipient of this honor was Donna Tartt, putting Kenan in very good company.) Kenan's

for the Brenda L. Smart Awards for Fiction. The presentation of the two awards (for the short story and the short-short story) will be made on Thursday, Nov. 18, at 7:30 p.m. in Winston Hall as part of NCSU's Guy Owen-Tom Walters reading series — and a reading by Kenan follows presentations by each of the winners. For more information, visit the NCSU creative writing department's Website at english.chass .ncsu.edu/creativewriting.

BEARING WITNESS

In mid-November, UNC-Chapel Hill's Program in the Humanities and Human Values continues its "Adventures in Ideas" series (already well underway) with a notable literary survey. The title of the seminar in question speaks for itself to some degree—"The Witness of Fiction: History, Literature, and the Search for Faith in Tolstoy, Dostoevsky, Pasternak, and Milosz"—exploring how two 19th-century Russian titans and two 20th-century Nobel laureates confronted "historical currents...and political cataclysms" while also exploring religious doctrine and issues of personal faith. The seminar consists of four lectures presented by Madeline Levine, Kenan Professor of Slavic Languages and Literatures at UNC, on Friday night and

Space.) Tuition for the seminar is \$120, and from my past experiences with the series, it's money well spent. For information or registration, call 919-962-1544 or visit adventures in ideas. unc. edu/.

THE COAL TATTOO TOUR

Among writers visiting the Triangle this month, perhaps the chief highlight is Silas House, author most recently of the novel The Coal Tattoo. House was recently named Kentucky's favorite writer in a statewide poll, but even beyond the Bluegrass State's borders, he's found not-small fame (and a current collector's item is a T-shirt detailing all the stops on his 2004 tour). House previously penned the best-selling novels Clay's Quilt and A Parchment of Leaves, all published by Algonquin Books of Chapel Hill, and his latest offers more of the compelling Appalachian-based storytelling that have made him a favorite with both readers and critics (Publisher's Weekly, for example, has praised his "evocative prose and unforgettable characters"). House will read from The Coal Tattoo at Raleigh's Quail Ridge Books on Thursday evening, Nov. 18; at Durham's Regulator Bookshop on Friday evening, Nov. 19; at Branch's Chapel Hill Bookshop on Saturday afternoon, Nov. 20; and at McIntrye's Books in Fearrington

Village on Sunday afternoon, Nov. 21. That's *four* signings! There's no excuse for you to miss him!

HEAD START ON THE HOLIDAYS

Hard as it may be to believe, the holidays are just around the corner- and Edenton is ahead of the game. On Tuesday, Nov. 16, from 5-7 p.m., the Friends of Shepard-Pruden Memorial Library in Edenton are sponsoring the annual Holiday Book Fair at Wessington House. Regional authors and photographers will sign their books and calendars; Manteo Booksellers will be on-hand with books to sell (or to order), and there will be used books, too; Outer Banks potter Jim Fineman will sell original works; and if that's not enough, the Friends promise complimentary hors d'oeuvres and wine. For more information, contact the library at 252-482-4112.

And since the holidays aren't the same without a holiday feast, don't miss legendary cookbook author Patricia Wells when she returns to the Triangle for more discussion of (and perhaps samples from?) her highly acclaimed *The Provence Cookbook*. Wells visits Raleigh's Quail Ridge Books on Tuesday evening, Nov. 23, and McIntyre's Books in Fearrington Village on Saturday morning, Nov. 27.

BOOKSELLER RECOMMENDATION

As a continuing feature of this column, I'm inviting area booksellers to offer per-

sonal recommendations of noteworthy titles. This month's pick comes from Kate Ragan, events coordinator at Branch's Chapel Hill Bookshop, who has chosen not just a title but a subject—the state's slave narratives—and even better, she's organized an event around it: a discussion led by William L. Andrews, the E. Maynard Adams Profes-

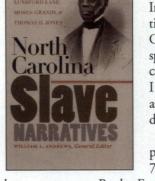
sor of English at UNC-CH, whose recent work includes co-editing the collection North Carolina Slave Narratives, published last year by UNC Press.

"I'm excited about Professor Andrews because I personally (and I suspect many others) never quite realized the rich history of the slave narrative here in North Carolina," said Ragan. "These narratives are about events that took place right where we stand. They are a vital part of the history of our state and this area in particular, and I

don't believe these stories get as much press as they deserve. In addition, the slave narratives that came from North Carolina influenced and inspired the writing and publication of later narratives, and I would say they are included as part of the rich literary tradition of the area."

Andrews' discussion takes place on Tuesday, Nov. 9, at 7:30 p.m. at Branch's

Books. For more information, contact Branch's at 919-968-9110.



• • • Books Make the Best Gifts • • •



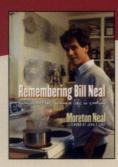
Looking for Longleaf

The Fall and Rise of an American Forest Lawrence S. Earley

"A beautifully researched and comprehensive study of the longleaf pine ecosystem, yet it reads like a history book or a murder mystery or a love story."

—Bailey White

34 illus.

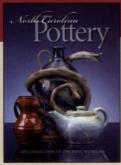


Remembering Bill Neal

Favorite Recipes from a Life in Cooking Moreton Neal Foreword by John T. Edge

Recipes and reminiscences from the business partner and former wife of the young chef who put southern cooking on the culinary map.

150 recipes



North Carolina Pottery

The Collection of The Mint Museums Barbara Stone Perry, Editor

A beautifully illustrated resource for understanding North Carolina's vibrant pottery tradition, from Seagrove to Pisgah.

Published in association with The Mint Museums, Charlotte

384 color / 13 b&w photos



Sweet Stuff

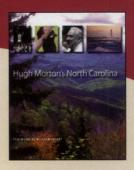
Karen Barker's American Desserts

2004 Outstanding Pastry Chef, James Beard Foundation; 1999 Best Pastry Chef, Bon Appétit

New twists on old favorites for the home cook.

"The best collection of ice creams, cakes and cookies, of pies, pancakes and puddings I've seen since Maida Heatter." —Jean Anderson

56 color photos, 160 recipes



Hugh Morton's North Carolina

Hugh Morton

In this bestselling book, the state's beloved photographer shares more than 250 of his favorite pictures and the stories behind them. "Could there be anyone who loves North Carolina more?" —Raleigh *News & Observer* 126 color / 138 b&w photos

THE UNIVERSITY OF NORTH CAROLINA PRESS at bookstores or 800-848-6224 | www.uncpress.unc.edu



by Philip van Vleck

Dinah Washington

RALEIGH CONNECTIONS TO SINGER BIO

iographer Nadine Cohodas has authored a superb biography of one of America's greatest singers—Dinah Washington. Entitled *Queen: The Life and Music of Dinah Washington* (Pantheon; \$28.50), the book is the product of four years of research and writing and offers an enormously insightful por-

trait of an artist whose career seemed destined for even greater heights at the moment of her untimely death in 1963 from an accidental overdose of barbiturates.

Nadine Cohodas is a veteran biographer who has previously published books on the late Senator Strom Thurmond—Strom Thurmond and the Politics of Southern Change—and the Chess Brothers—Spinning Blues

into Gold: The Chess Brothers and the Legendary Chess Records (A New York Times Notable Book of 2000). Cohodas is also the author of The Band Played Dixie: Race and the Liberal Conscience at Ole Miss, a fine study of institutional change in the era of James Meredith.

Though Cohodas hails from the Upper Peninsula of Michigan and graduated from the University of Michigan, she got her start as a professional writer in North Carolina.

For a short time after graduating from Michigan in 1971, she found work at the New York Times as a copy assistant. Times National Editor Gene Roberts suggested that Cohodas seek work in a smaller mar-

ket, where she would be given more solid writing opportunities. She took his advice and wound up at the *News & Observer* in Raleigh in August 1971.

"I was hired to cover the City Council when Tom Bradshaw was the mayor of Raleigh," Cohodas recalled. "It was a wonderful experience. That was right in the beginning of city planning and concerns over land use

and flood plains. Crabtree Valley Mall had just been built.

"I have to say that when I covered my first city council meeting, people were talking about Fedvul Street, and I couldn't figure out what they were saying," she added with a laugh. "I couldn't find any such street in Raleigh, so I spelled it Fedvul. Then I realized they were saying Fayetteville Street.

"People used to say to me, 'You ain't from here, are ya?' I'd reply, 'That's right."

Cohodas eventually left the *News & Observer* to enter law school at UNC-Chapel Hill. She was graduated and passed the North Carolina State Bar Exam, but she wasn't destined to remain much longer in the Tar Heel State.

"I worked two summers at the *News & Observer* and one summer for the Philadelphia Inquirer," she said. "I was then hired by the *Congressional Quarterly* to cover the Judiciary Committee in Washington,

DC. That was in July 1979."

Covering the Senate Judiciary Committee was the beat that allowed Cohodas to observe Senator Strom Thurmond in action, and this experience proved to be the genesis for her first book.

Cohodas went on to author several other excellent non-fiction works before deciding to pursue her fancy for Dinah Washington and her music.

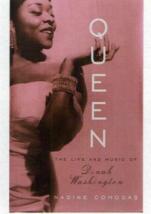
"When I discovered Dinah, by way of her music, as opposed to just knowing she was out there, I realized that she was a wonderful singer," she noted. "It was hard not to be intrigued by what I'd call the flamboyant complications of her personal life.

"I started to do a little research," she continued. "I read the James Haskins book, of course [Queen of the Blues: A Biography of Dinah Washington]. I'm grateful that Haskins deposited all his interview transcripts in the Boston University archives, because he talked to Leonard Feather and Slappy White, and several other people who are no longer with us. It was great to be able to pour over those transcripts."

Asked why Dinah Washington remains a favorite with her, Cohodas said that "Dinah's music touches me in a way that the music of Sarah Vaughan or Ella Fitzgerald doesn't. I think Dinah's been under-appreciated. There has to be room for her."

"It's really about personal preference, I guess," she added. "We don't need another book on Eminem—we don't even need the first book, for that matter. Do we need another look at Mick Jagger just yet? I don't think so."

Cohodas pointed out that Billie Holiday is a deceased singer who's received a huge amount of attention since her passing, yet she wasn't a more impressive vocalist than Washington.



QUICK FIX

Blind Willie McTell:

The Best of Blind Willie McTell

(Yazoo)
Surprisingly clean
r e m a s t e r e d
tracks from one
of the most gifted



bluesmen of the pre-WWI generation. A true gem for fans of traditional blues.

"I don't have a deep understanding of Billie Holiday, aside from the horrible luck of her life and her inability to figure things out so she could have a longer life," Cohodas observed. "The thing about her, however, is that the myth of her life has been wonderful for the legacy of her music. We've seen one reissue after another of her music, while equally good singers don't get the same treatment.

"Once a singer dies, there are no more studio sessions; there are no more live dates. It's up to those who hold your catalog to do something."

Cohodas cited a final rationale for championing Dinah Washington over 40 years after her death.

"Dinah had crossed over to the white audience when she passed away," she explained. "She was very popular in Las Vegas and had a lot of white fans in the jazz clubs, but the core of her audience remained black America. In 1963 a thousand of her African-American fans stood outside in the cold at her funeral at St. Luke's Church in Chicago. But black America had even less power to inform popular culture then than it does today. Dinah being remembered in

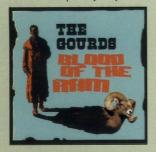
the black community is not going to translate to the life that most white Americans led prior to 1963."

Coinciding with the release of Queen, Verve Records issued a Dinah Washington album, compiled by Nadine Cohodas—who also wrote the liner notes—also titled Queen. The CD features a dozen tracks from Washington's Mercury Records tenure—1946-1961. It's an excellent compilation that doesn't rely on Washington's most widely known sides, such as "What a Difference a Day Makes" or "Evil Gal Blues."

DISCOLOGY

The Gourds: **Blood of the Ram**(Eleven Thirty Records)

This extraordinary musical collective from Austin continues to defy glib descriptions intended to characterize what sort of music they're doing. Guitarist/vocalist Kevin Russell persists in writing amazing songs that either define stream-of-consciousness poetry or permanent brain damage. Take the time



to contemplate the fruits of his labor on the title track—a tune that very nearly invokes the spirit of Waylon Jennings—as well as "Lower 48," where it's noted that, "California likes to kill their gov'ners / In a pool of blood on a super highway." Russell has also written "Cracklins," the only trib-

ute song to fried pork skins that has come to my attention in the past 30 years. Please note Bassist Jimmy Smith's fine song "Illegal Oyster," highlighted by an excellent saw solo, courtesy of guest sawyer Jeff Johnston. What is going on here? I'm not sure, but it sounds like one of the best albums of 2004, and it surely deserves to be in the hands of every rock, country and Americana fan in the world.

Tom Waits: **Real Gone** [Anti]

This may not be the place to start for a Tom Waits novice, but for anyone who's a devoted follower of this singular artist, *Real Gone* is a true slice of the Waitsian consciousness. His gravel cough of a voice remains one of the profound instruments of rock music, and here it's once again exercised in the service of an intriguingly shadowy collection of lyrics. Waits tells a tale

better than most, and that can be verified via "Sins of the Father," "Dead and Lovely," "Circus," "Don't Go into the Barn" and "Make It Rain." For a taste of something even edgier, cue up "Metropolitan Glide" and "Shake It." The album ends on a remarkably contemplative note



with "Day After Tomorrow," a soldier's lament that might have been uttered by any grunt anywhere in the past 2000 years. *Real Gone* is exactly what the title says it is.

Po' Girl:

Vagabond Lullabies

(Nettwerk)

Some of the best roots music we've heard in recent years has come courtesy of our neighbors in the great white North. Po' Girl is a trio of Canadian women who honed their musical skills in various groups before marshalling their resources to create this project. Multi-instrumentalist Trish Klein is also a member of the girl group Be Good Tanyas, while Allison Russell did

two years with the Vancouver Celtic folk band Fear of Drinking. Fiddler Diona Davies was a member of The Red Eye Rounders. When this threesome combines their considerable talents, as we hear on *Vagabond Lullabies*, the outcome is a superb record, filled with original tunes that evoke



modern folk and traditional music in equal measure. From the gentle sway of "Take the Long Way" to the sweet harmonies of "South of Nowhere" to Russell's soulful vocal on "Movin' On," Vagabond Lullabies is a non-stop pleasure that rests gently on the ears.



The Pullen Park Theatre in Raleigh has been officially renamed **The Ira David Wood III Pullen Park Theatre**. The name change was recommended by the Parks & Recreation Advisory Board and unanimously approved by the Raleigh City Council. ••• Zig Zibit

Exhibit Design, a leading manufacturer and designer of trade show booth displays, banner stands and other items, has relocated its headquarters to the Triangle from Boston. The new site is in the Parker Business Center on Capital Blvd in Raleigh. Jim Goodmon, president and CEO of Raleigh-based Capitol Broadcasting Co., has been named the 2004 recipient of the Futrell Award for Excellence in the Field of Communications and Journalism. The award was presented by Duke's DeWitt Wallace Center for Communications and Journalism. ••• The newly renovated Woollen Gymnasium, built in 1937 on the campus of UNC-Chapel Hill, was reopened recently with five members of the undefeated 1957 NCAA men's championship basketball team present for the ceremony-Pete Brennan, Bob Cunningham, Tommy Kearns, Joe Quigg and Lennie Rosenbluth. Abandoned tobacco-curing barns of eastern North Carolina are being dismantled for their wood through a new partnership of an economic-development organization and a family-owned business. (The National Trust for Historic Preservation has not put NC tobacco barns on the list of endangered historic places as it has done for barns in some states.] ••• Harris Teeter food stores has given \$30,000 in money and food for hurricane victims in their storm-damaged region. In addition, H-T has provided over 13,500 gallons of water and 9000 bags of ice FREE throughout the area.

를INDEX

Amount increase in NC education spending since 2000: \$1 billion

Number of new teaching positions created in that time span: 7000

Number of children enrolled in the new More at Four program for "at-risk" four-year-olds: 12,000

Percent increase in spending over the last four years for public transportation, including light rail: 25 percent

Amount spent on new highways and maintenance in 2000: \$2.06 billion

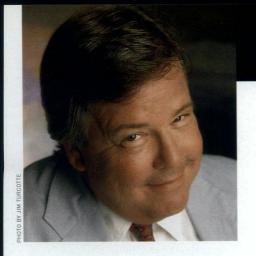
Amount spent on new highways and maintenance in 2004: \$2.45 billion

North Carolina's national ranking for budgetary management: 4

Amount illegally spent by the UNC System's North Carolina School of Arts in Winston-Salem for country club fees and the lease of an Escalade for a school official: \$15,000

Amount illegally spent by NCSA for consulting fees to companies created by school officials to push along a new downtown development, including a Krispy Kreme donut shop: \$67,303

Duke University's Nicholas School of the Environment and Earth Sciences has received a \$1.78 million grant from the National Institutes of Health to launch the Duke Center for Geospatial Medicine. The scientists' initial study will focus on how genetic, environment and social factors combine to cause neural tube defects. ••• Dr. John Borden Graham, 86, whose decades of medical research helped unlock many mysteries of hemophilia and other bleeding disorders, died at his home recently. Graham was alumni distinguished professor emeritus of pathology & laboratory medicine at UNC-Chapel Hill and a Goldsboro native. Dr. Warren A. Nord, recently retired founding director of the Program in the Humanities and Human Values at UNC-Chapel Hill, was honored at a gala celebrating the Program's 25th anniversary at the William and Ida Friday Center for Continuing Education. ••• Winners of the Durham Symphony Orchestra's Young Artists Competition are Dylan Addis and Hattie Chung. They will be featured soloists at the Orchestra's Nov. 7 Classical Concert in the Carolina Theatre, Durham. ••• PlayMakers Repertory Company, Chapel Hill, has installed a new FM technology assisted-listening system to better serve hearing-impaired patrons. Carolina Meadows, a retirement community in Chapel Hill, provided funding for the project. ••• Manning, Fulton & Skinner P.A., a Raleigh-headquartered law firm has opened a second office in Wilmington. Frank Martin, with over 30 years experience, has joined the firm to lead this office and David Martin has transferred to Wilmington from the Raleigh office. ••• The UNC School of Law recently dedicated the Nan Kirby Gressman Art Collection to honor the life of Chapel Hill artist Nan Kirby Gressman, who died on May 10. The ceremony also recognized the gift of 20 of her paintings made by her husband and UNC law professor emeritus Eugene Gressman. ••• Duke University has signed an agreement with the NC Department of Environment and Natural Resources to place 1220 acres of Duke Forest in the Registry of Natural Heritage Areas. Duke agrees to maintain the acreage for the perpetuation of natural processes and rare species populations. *** Pocosin Arts of Columbia, NC, raised \$50,251 at their recent annual benefit, Steamed Blue to Red-Hot. Lively! Hard Crab Dinner & Art Auction. Over \$23,000 was from the auction of 163 pieces of original art donated by 168 state and regional artists. Proceeds benefit Pocosin Arts' craft education program. ••• Geoffrey Brennan, an economist from Australia with research interests in political philosophy and policy analysis, has been named the first Nannerl O. Keohane Distinguished Visiting Professor at UNC-Chapel Hill and Duke University. During its recent 50th anniversary celebration and inaugural Luminary Gala, the Durham Arts Council presented the 2004 Luminary Award to André Leon Talley, a Durham native and Editor-at-Large of Vogue Magazine. The award was created by artist and goldsmith Phillip Dismuke and donated by Jewelsmith. Gold's Gym Athletic Club in Cary introduces on Nov. 1 the first Body Pump class to be offered in the Triangle. The workout is choreographed to music that employs weight-bearing exercises. For more information about Body Pump visit www.bodytrainingsystems.com. ••• Karen Cates, a Chapel Hill native, will return to VilCom and her hometown of Chapel Hill to become President and General Manager of radio station WCHL 1360. Her appointment is effective Nov. 1.



My Usual Charming Self

by Bernie Reeves

AIRWAVE POLLUTION

Pepsi! —then words—then Burger King! then more words and Coming in *Metro!* etc. You would be annoyed and write me a letter pronto. Yet you, and I, put up with it on television. Here you are watching a program and there appears at the corner of your screen a Disney movie mise-en-scene with twinkling graphics and ding-dong noises announcing upcoming programming. Or, and this is a favorite, the appearance of a frog bouncing around the screen pitching you to be the 100th caller so you can receive a free trip to Aruba.

We all understand that advertising is part of the deal. In Metro, we sell ads and write content, but the two are separate, so you can choose between them. And on TV it works the same way, except you can't choose to avoid the ads unless you are fast on the clicker. But you understand the concept: Ads pay for programming on commercial TV and most cable channels. But the TV suits have broken the agreement by inserting ads in the programming as if to say, you dumb lout, we don't care about you anyway and there's nothing you can do about it because it's already happened and like everything else in broadcasting, it's disappeared into the ether. You can can't clip out what just happened and if you try to call us.., well, good luck.

The recent impetigo of little annoying logos in the middle of programs indicates the depth of the contempt television operators have for their viewers. Over the past 20 years, the number of ads per hour has increased from the formerly Federal Communications Commission-mandated eight minutes to over 16. As cable grew to over 80 percent of households, commercial station owners and their networks screamed for deregulation and the opportunity to run more ads, along with the right to run risqué

shows. The result has not been pretty. Parents scramble to click off blatant and gratuitous sex and innuendo. The culmination of this licentiousness on the public airwaves came with the Janet Jackson affair at the 2004 Super Bowl. FCC chairman Michael Powell (yes, son of Colon), who had led the charge to deregulate radio and television, was watching with his family and was not amused. Feeling betrayed for previously allowing new freedoms to broadcasters, Powell came after them with a vengeance born of anger. Fines were imposed across the board for lewd behavior on radio and television. New rules came down as if Pope Powell had become Oliver Cromwell. Even North Carolina Public Television was worried that the documentary on the Impressionist exhibition at the NC Museum of Art now airing would bring fines for showing nudity in art. Chairman Powell, once the friend of deregulation, has made it clear that broadcasters can't be trusted to act responsibly outside FCC surveillance.

This sorry state of affairs, both the blatant disregard for Powell's efforts to give stations more latitude—and his over-reaction today, is a far cry from the atmosphere of decency and public service envisioned by the FCC and the public. The idea was that the US, contrary to the rest of the world, would allow the airwaves, considered a precious public trust, to be licensed to private companies rather than be controlled by the state. Local stations owned the license and were held responsible to broadcast in the public interest. (Networks are not licensed as they are merely program sources.) Television and radio were not treated as the print press, that are unlicensed, unregulated and protected by the First Amendment. Broadcasting is regulated and its content monitored. The pivotal event that changed the old equation

was the vote in the US Congress in 1978 ruling that cable television content would not fall under the jurisdiction of the FCC. As unregulated cable became the kudzu that covered up the essence of broadcasting oversight, and the commercial stations yelped for deregulation as cable programming eroded their audiences, the demeanor of broadcasting passed from concern for the local community and its standards to trying to do anything to keep viewers. The result is not very pretty.

THE PROMISE OF CABLE

Cable television began as CATV (Community Antenna Television) in communities where VHF and UHF television could not reach. A town where signals were blocked by mountains would put up a big dish to capture area stations and run the data by wire to households. The technology progressed and interest grew in communities that did received area signals when microwave towers were erected that could carry programming from far away. Thus the birth of the "super stations," most notably Ted Turner's UHF in Atlanta. As UHF was languishing, Turner saw the chance to extend his reach out of the local market, where it had no network affiliation and hardly made a mark in the VHF-dominated Atlanta market. Later, Microwave towers were replaced with satellite signals creating the environment for the creation of independent cable program sources that did not emanate from an existing television station. Home Box Office was the first and fledgling cable companies in communities that previously could only receive on-air programming had something to sell. And what HBO sold was sex. For the first time Americans could receive uncensored programming, as well as movies and the bonus of no commercial interruption. From the early 1970s to the !990s, cable programming increased in reach from 20 percent of US households to nearly 90 percent today.

With satellite delivery, anything could be sent to the local cable company dish and whisked into awaiting households. Communities mistakenly thought they could control this onslaught. They couldn't. Cable companies are unregulated and if the town doesn't like it, tough. The cable firms simply say other cable firms can compete if they like. We are not a monopoly, they say, and we are not regulated—except for the monthly fees, which have to be reviewed by utility commissions and local governments. Of course, it's not quite as simple as that. There is a must-carry rule requiring cable firms to broadcast local stations in the market. And this does create some stimulation to the broadcasting menu as a little UHF with not much direct reach (you have a UHF antenna?) is provided audience on the cable system. And new cable networks have popped up offering targeted programming-Travel, Cooking, Music, Comedy, Sports (several, with ESPN the most notable), History, Newschannels (Fox, CNN etc), Weather-you know the line-up—and of course movies. And, while you pay for cable and "premium programming" such as HBO and special events, the channels can also sell ads, so you pay twice: cable fees and suffering with incessant advertising volume.

And all of this programming is indeed wonderful in many ways. But most of the cable networks are owned by the same corporations. ESPN is owned by ABC, NBC and others. Sumner Redstone's Viacom owns the USA Network, MTV, Nick at Night and others. HBO owns most of the other movie channels and while there is more programming, it is more and more bland and predictable. The handful of program source owners don't want high quality programming competing with their own content and they own the others anyway. A case in point is the sad demise of the Arts & Entertainment channel. A&E came to cable as the PBS of commercial programming. The content line-up was a steady menu of middle and high brow programming, mostly British stuff that first appeared on PBS or in UK. But it was a pleasing thing that the power of cable brought this specialized programming to subscribers who enjoyed it, just as other viewers enjoyed NASCAR. The neat niche programming on cable was working.

Then, like most things, the suits took over. Look at A&E today. The owners said this format isn't selling enough ads so let's mongrelize and trivialize the programming and make it cheap. So the once venerable A&E is now a series of sorry low-budget crime programs and trashy specials. Growing Up Gotti has replaced Morse, Poirot and Hornblower (although they do turn up at odd times) and the comfort of consistent quality programming is gone. Same with the HBO/Showtime/Movie Channel packages so touted by cable firms. It is wearing and depressing to flip through the 30 or so channels only to see one bad movie after another, only occasionally interspersed with a quality film. No wonder Blockbuster still does a banner business even with dozens of films available on cable TV. Oh, I forgot, Blockbuster is owned by Sumner Redstone too—as is CBS, where Janet Jackson made her debut as a stripper in front of a billion people, and where the disgraced Dan Rather has turned news into an agenda...See what I mean?

NOTES FROM LA-LA LAND

...ACT (American College Testing), the competitor to SAT (Scholastic Aptitude Testing) came out and told the truth recently that high school students are no better prepared for college than they were 10 years ago, saying only 22 percent of the 1.2 million students who take their tests are prepared for college level work. If you dig underneath the propaganda put out by teacher associations and state education officials that things are just rosy, ACT is correct. In North Carolina, after the state ranked 51st (even behind the District of Columbia) in SAT scores in 1990, huge expenditures and a new focus on performance have indeed improved performance, but only over the dismal state of affairs a decade ago. The solution is simple: Start school at 9 a.m. and keep students until 4 p.m. If kids are doing well, they can play sports and attend club meetings. Those behind go straight to tutors who drill lessons into them. And all students will finish their homework during the day. Staggered openings and closing times for schools cre-

ated by the busing schedule must stop. It is an arbitrary and cruel ordeal for parents who may have one child in elementary school that opens at 9 a.m. and closes at 3 p.m., and another in a middle or high school that opens at 7:30 a.m. and lets out before 2 p.m. Kids let out early are roaming the streets and malls for most of the workday. Parents (by the way, in 95 percent of families with school-aged children, both parents work) are left to cope and manage. Evenings are filled with busy work called homework so family life evaporates, especially when sports and dance lessons are involved. As former NC Senator Fern Shubert says, it is child abuse to do what we are doing today to kids in school. We are depriving them of the most valuable thing we can offer them: a complete and valid education.

...Of course, once they get to University, things can get worse. The post-modern radical scholars have stripped what used to be a "liberal arts" education down to a Marxist parody, devoid of the useful information and knowledge we used to prize and pass down the generations. In its place is a politically charged menu of vacant doctrines and useless theories. A college degree on a resume today can be a negative. This was driven home to me as I passed by a segment of CBS 60 Minutes on how many young college graduates are useless in the work force due to "group think," the education theory that took over in the 1970s as part of the shift from actually teaching to teaching kids to think, which led to the end of the core curriculum and ushered in the age of "selfesteem" in the classroom. In the ensuing years, the damage seems permanent as new graduates join a company ready for caring for others and "enabling" the group. Problem is, they are incapable to perform the work. The failure in education goes beyond the scandal of testing. It has altered the child.

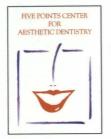
...And sure enough, the numbing failures of education continue in the world of academic plagiarism with the announcement that the venerated legal scholar Laurence Tribe of Harvard has been caught publishing the works of others. He joins a growing list of once respected scholars and writers (Doris Kearns, Stephen Ambrose among others) who demonstrate that the lassitude of Leftist theory in education has eroded standards to a new level of embarrassment.



A beautiful smile is one that is both healthy and attractive. It can be considered the ultimate essential. Today there is technology to solve just about any smile problem. But, to create a smile that is both healthy, attractive and long-lasting, it takes more than just technology.

What is missing? An Accredited Member of the American Academy of Cosmetic Dentistry, **Steven B. Andreaus, DDS** and the **Five Points Center for Aesthetic Dentistry**. Dr. Andreaus brings the eye of a skilled artist and experience of a journeyman to the field of aesthetic and restorative dentistry. He is the *only* dentist in the Triangle to be accredited by the American Academy of Cosmetic Dentistry (AACD), and one of less than 240 accredited cosmetic dentists in the world. Dr. Andreaus and his staff use the latest technology and treatment, while offering every convenience to assure you that your visits with his office are pleasant, unhurried and comfortable.

A beautiful smile is the first thing people notice. If you have always wanted an incredible smile that you can't stop showing others, call the Five Points Center for Aesthetic Dentistry. Allow us to show you how enhancing your smile can help give you the confidence to laugh, talk, and feel great about yourself.



Dr. Steven B. Andreaus, DDS 1637 Glenwood Avenue Raleigh, NC 27608 (919) 546-9011 www.drandreaus.com www.smiledoctor.tv

You deserve it.

Call us or visit our website to request a free information brochure, and consider scheduling a smile analysis today!

Finances are no longer a barrier to a beautiful smile. 0% financing is now available to qualified patients.





it's where to be.

North Hills is breaking new ground. An elegant, first-of-its-kind destination — Raleigh's new Midtown — three city blocks designed for shopping, dining, meeting, working, playing, living, being. With The Lassiter at Six Forks and the Beltline. *Musical Spectacular with NC Theatre Nov.* 18-19, 6:30, 7:30 & 8:30pm Nov. 20, 7:30 & 8:30pm only; and Nov. 21, 6pm.